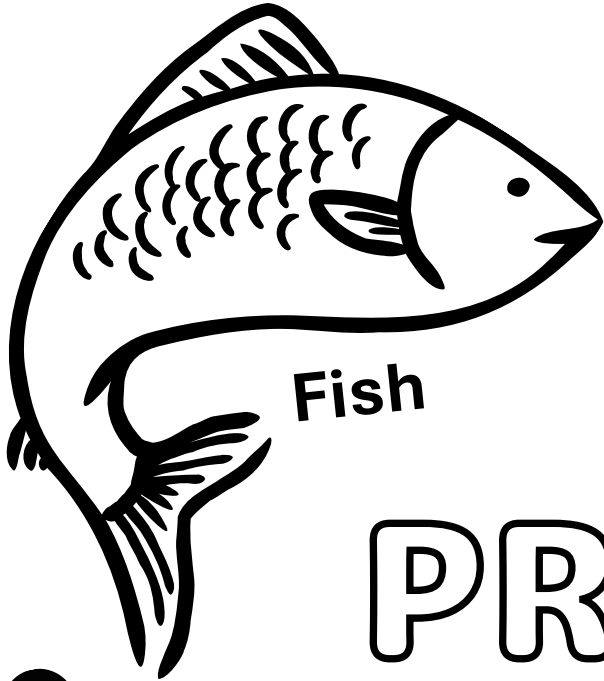


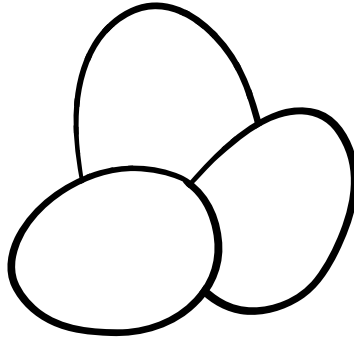


Name: _____

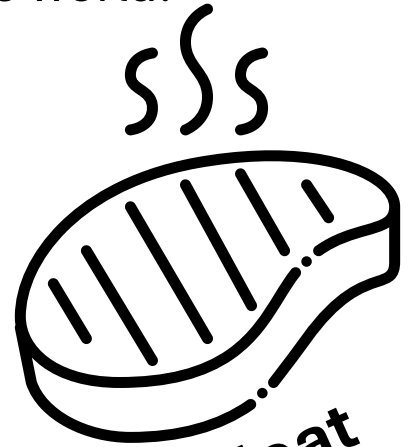
Protein helps us grow and build strong muscles. Color the different sources of protein from around the world.



Fish

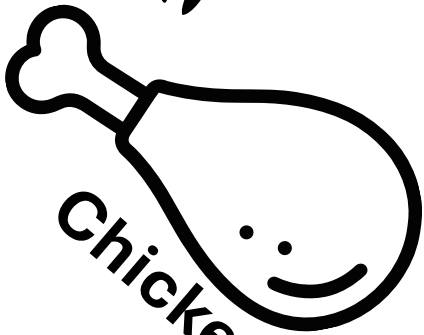


Eggs

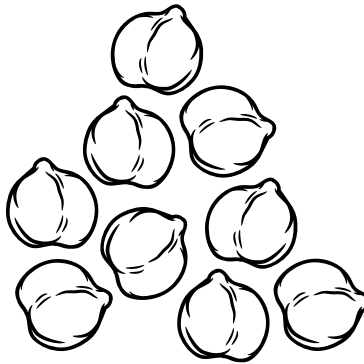


Meat

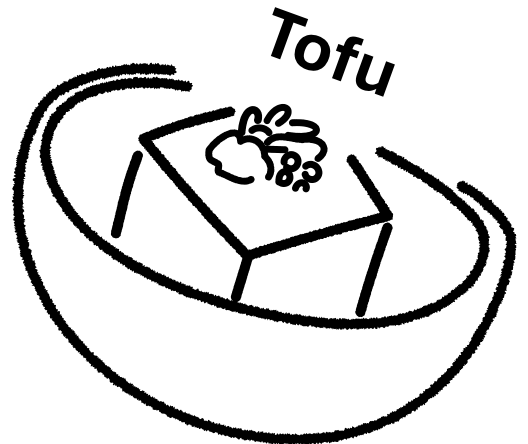
PROTEIN



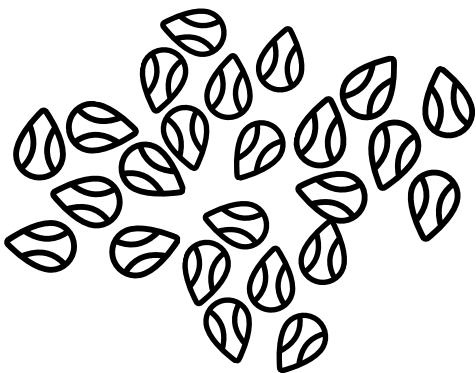
Chicken



Chicpeas



Tofu



Chia Seeds



Almonds