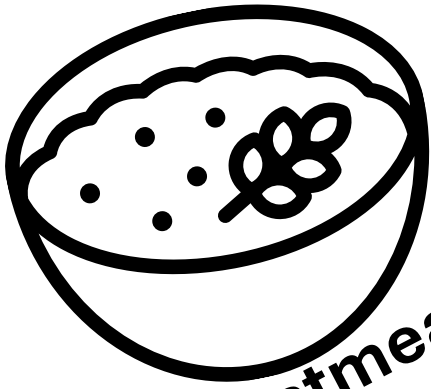


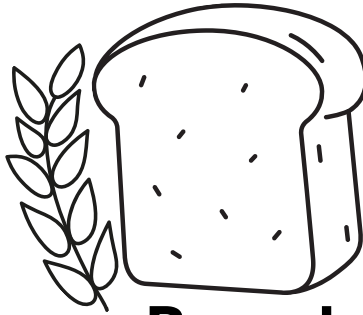


Name: _____

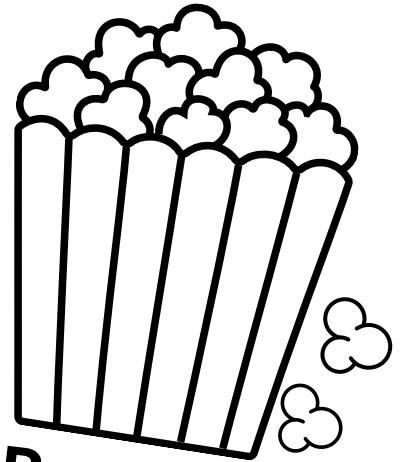
Grains give us energy. They also contain fiber which helps our body to digest food. Color the different grains from around the world.



Oatmeal



Bread



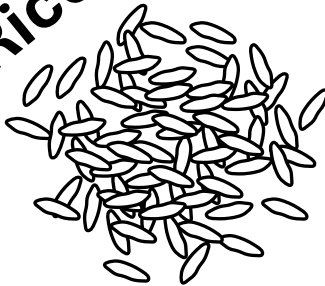
Popcorn

GRAINS

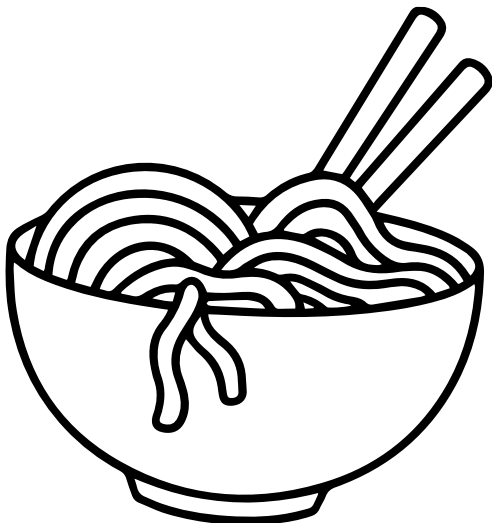
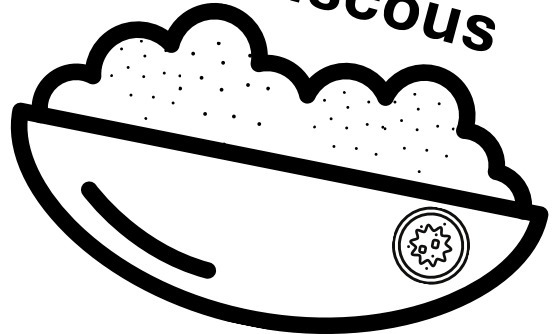


Wheat

Rice



Couscous



Noodles



Tortillas