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ABSTRACT

Krebs-Smith, S.M., P.M. Guenther, A. Cook, F.E. Thompson, J. Cucinelli, and J. Udler. 1997. Foods Commonly Eaten in the United States: Quantities Consumed Per Eating Occasion and in a Day, 1989–91. U.S. Department of Agriculture NFS Report No. 91–3, 260 pp.

This publication contains estimates of food intakes by individuals residing in households in the 48 conterminous states and Washington, D.C. The estimates are based on information provided by 11,488 individuals who provided 3 days of usable dietary intake information in the 1989–91 Continuing Survey of Food Intakes by Individuals, conducted by the U.S. Department of Agriculture. Food intake data for individuals of all ages were collected between April 1989 and March 1992 using a 1-day recall in an in-person interview and a 2-day self-administered record. Food intake estimates are tabulated for individuals by sex and age. For 107 foods and food groups, the percentage of persons using the food in 3 days and the quantities consumed per eating occasion are provided. For 95 foods and food groups, the quantities of foods eaten per individual in a day are presented.

Keywords: Dietary survey, food, food intakes, nutrition survey.

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Contents

	Page
Introduction	1
Methods	2
Data Collection and Processing	2
Analysis	4
Limitations of the Data	6
Tables	
Set 1: Quantities Consumed Per Eating Occasion	8
Set 2: Quantities Consumed in a Day	115
Table Notes	210
Explanation of Symbols Used in Tables	210
Description of Foods in Table Set 1: Quantities Consumed Per Eating Occasion	210
Description of Foods in Table Set 2: Quantities Consumed in a Day	220
Appendix A. CSFII 1989–91 Sample Design and Weighting	226
Appendix B. Statistical Notes	230
Appendix C. Mean Quantities Consumed Per Person Per Day	231
Appendix D. Minimum and Maximum Values of Foods Reported By Subgroups for Which Percentiles Could Not Be Interpolated	239
References	248

List of Tables

	Table Number
Set 1: Quantities Consumed Per Eating Occasion	
Grain-Based Products	
White Bread	1.001
Whole Grain and “Wheat” Bread	1.002
Rolls	1.003
Biscuits	1.004

Tortillas	1.005	12
Quickbreads and Muffins	1.006	13
Doughnuts and Sweet Rolls	1.007	14
Crackers	1.008	15
Cookies	1.009	16
Cake	1.010	17
Pie	1.011	18
Pancakes and Waffles	1.012	19
Cooked Cereal	1.013	20
Oatmeal	1.014	21
Ready-to-Eat Cereal	1.015	22
Corn Flakes	1.016	23
Toasted Oat Rings	1.017	24
Rice	1.018	25
Pasta	1.019	26
Macaroni and Cheese	1.020	27
Spaghetti with Tomato Sauce	1.021	28
Pizza	1.022	29
Vegetables and Vegetable Juices		
Fresh Cucumbers	1.023	30
Total Lettuce	1.024	31
Mixed Lettuce-Based Salad	1.025	32
Cooked Broccoli	1.026	33
Cooked Carrots	1.027	34
Raw Carrots	1.028	35
Raw Tomatoes	1.029	36
Total Tomato Sauce	1.030	37
Cooked String Beans	1.031	38
Coleslaw	1.032	39
Cooked Peas	1.033	40
Cooked Corn	1.034	41
Raw Onions	1.035	42

	Table Number	Page
French-Fried Potatoes	1.036	43
Home-Fried and Hash-Browned Potatoes	1.037	44
Baked Potatoes	1.038	45
Boiled Potatoes	1.039	46
Mashed Potatoes	1.040	47
Cooked Dried Beans and Peas	1.041	48
Baked Beans	1.042	49
Fruits and Fruit Juices		
Fresh Oranges	1.043	50
Orange Juice	1.044	51
Raw Apples	1.045	52
Applesauce and Cooked Apples	1.046	53
Apple Juice	1.047	54
Fresh Bananas	1.048	55
Milk and Milk Products		
Fluid Milk	1.049	56
Whole Milk	1.050	57
Lowfat Milk	1.051	58
Skim Milk	1.052	59
Cheese, Other Than Cottage or Cream	1.053	60
Ice Cream and Ice Milk	1.054	61
Meat, Fish, Poultry, Eggs, and Peanut Butter		
Beef Steaks	1.055	62
Beef Roasts	1.056	63
Ground Beef	1.057	64
Ham	1.058	65
Pork Chops, Steaks, Roasts	1.059	66
Bacon	1.060	67
Pork Breakfast Sausage	1.061	68
Frankfurters and Luncheon Meats	1.062	69

	Table Number	Page
Canned Tuna	1.063	70
Other Finfish	1.064	71
Total Chicken and Turkey	1.065	72
Chicken	1.066	73
Turkey	1.067	74
Boiled, Poached, and Baked Eggs	1.068	75
Fried Eggs	1.069	76
Scrambled Eggs	1.070	77
Peanut Butter	1.071	78
Other Beverages		
Coffee	1.072	79
Coffee, With Caffeine	1.073	80
Coffee, Decaffeinated	1.074	81
Tea	1.075	82
Soft Drinks	1.076	83
Soft Drinks, Not Diet, With Caffeine	1.077	84
Soft Drinks, Not Diet, Caffeine-Free	1.078	85
Soft Drinks, Diet, With Caffeine	1.079	86
Soft Drinks, Diet, Caffeine-Free	1.080	87
Fruit Drinks	1.081	88
Beer	1.082	89
Wine	1.083	90
Soups		
Soups	1.084	91
Chips and Popcorn		
Potato Chips	1.085	92
Corn Chips	1.086	93
Popcorn	1.087	94
Condiments, Gravies, and Fats		
Prepared Mustard	1.088	95

	Table Number	Page
Tomato Catsup	1.089	96
Total Soy-Based Sauces.	1.090	97
Cucumber Pickles.	1.091	98
Fluid Cream	1.092	99
Powdered Cream Substitute	1.093	100
Margarine, All Types.	1.094	101
Margarine, Stick.	1.095	102
Margarine, Soft	1.096	103
Margarine, Spreads.	1.097	104
Butter	1.098	105
Pourable Salad Dressing	1.099	106
Mayonnaise.	1.100	107
Mayonnaise-Type Dressing.	1.101	108
Gravy	1.102	109
Sugars, Candies, and Jellies		
Syrup	1.103	110
Sugar	1.104	111
Candy Containing Chocolate.	1.105	112
Candy Not Containing Chocolate.	1.106	113
Jelly, Jams, Preserves, and Marmalade	1.107	114

Set 2: Quantities Consumed in a Day

Grain-Based Products

Total Yeast Bread	2.001	115
Total White Bread.	2.002	116
Total Whole Grain and "Wheat" Bread.	2.003	117
Biscuits.	2.004	118
Tortillas	2.005	119
Quickbreads and Muffins.	2.006	120
Doughnuts and Sweet Rolls	2.007	121

	Table Number	Page
Crackers.	2.008	122
Cookies	2.009	123
Cake	2.010	124
Pie	2.011	125
Pancakes and Waffles.	2.012	126
Cooked Cereal	2.013	127
Oatmeal.	2.014	128
Ready-to-Eat Cereal	2.015	129
Total Rice.	2.016	130
Total Pasta.	2.017	131
Pizza	2.018	132
Vegetables and Vegetable Juices		
Total Fresh Cucumbers	2.019	133
Total Lettuce	2.020	134
Total Celery.	2.021	135
Total Broccoli.	2.022	136
Total Carrots	2.023	137
Total Tomatoes.	2.024	138
Total Tomato Sauce	2.025	139
Total String Beans.	2.026	140
Total Cabbage	2.027	141
Total Peas.	2.028	142
Total Corn.	2.029	143
Total Onions.	2.030	144
Total Peppers	2.031	145
Total White Potatoes.	2.032	146
Total Dried Beans and Peas.	2.033	147
Fruits and Fruit Juices		
Total Oranges	2.034	148
Total Orange Juice	2.035	149

	Table Number	Page
Total Grapefruit.	2.036	150
Total Lemons.	2.037	151
Total Lemon Juice.	2.038	152
Total Apples.	2.039	153
Total Apple Juice.	2.040	154
Total Peaches	2.041	155
Total Bananas	2.042	156
Total Strawberries.	2.043	157
Total Grapes.	2.044	158
Milk and Milk Products		
Total Milk.	2.045	159
Total Cheese Other Than Cottage or Cream.	2.046	160
Total Cottage Cheese.	2.047	161
Ice Cream and Ice Milk.	2.048	162
Meat, Fish, Poultry, Eggs, and Peanut Butter		
Total Beef.	2.049	163
Total Pork.	2.050	164
Total Bacon.	2.051	165
Pork Breakfast Sausage	2.052	166
Total Frankfurters and Luncheon Meats	2.053	167
Total Finfish	2.054	168
Canned Tuna.	2.055	169
Total Chicken and Turkey	2.056	170
Total Eggs.	2.057	171
Total Peanut Butter	2.058	172
Other Beverages		
Coffee	2.059	173
Coffee, With Caffeine.	2.060	174
Coffee, Decaffeinated.	2.061	175
Tea	2.062	176

	Table Number	Page
Soft Drinks	2.063	177
Soft Drinks, Not Diet, With Caffeine	2.064	178
Soft Drinks, Not Diet, Caffeine-Free	2.065	179
Soft Drinks, Diet, With Caffeine	2.066	180
Soft Drinks, Diet, Caffeine-Free	2.067	181
Fruit Drinks	2.068	182
Beer	2.069	183
Total Wine	2.070	184
Soups		
Soups	2.071	185
Chips and Popcorn		
Potato Chips	2.072	186
Corn Chips	2.073	187
Popcorn	2.074	188
Condiments, Gravies, and Fats		
Total Prepared Mustard	2.075	189
Total Tomato Catsup	2.076	190
Total Soy-Based Sauces	2.077	191
Total Cucumber Pickles	2.078	192
Total Sour Cream	2.079	193
Total Fluid Cream	2.080	194
Powdered Cream Substitute	2.081	195
Total Margarine	2.082	196
Margarine, All Types, Reported Separately	2.083	197
Total Butter	2.084	198
Total Vegetable Oil	2.085	199
Pourable Salad Dressing	2.086	200
Total Mayonnaise and Mayonnaise-Type Dressing	2.087	201
Gravy	2.088	202

	Table Number	Page
Sugars, Candies, and Jellies		
Syrup	2.089	203
Total Sugar.	2.090	204
Total Honey	2.091	205
Candy Containing Chocolate.	2.092	206
Candy Not Containing Chocolate.	2.093	207
Jelly, Jams, Preserves, and Marmalade	2.094	208
Total Artificial Sweetener.	2.095	209

INTRODUCTION

The purpose of this report is to provide estimates of quantities consumed by users of specified foods during an eating occasion and during a day. Unlike traditional published mean intakes (see appendix C), the data in these tables are based on users of the specified food only rather than on all individuals in the survey—both users and nonusers of the food. Estimates provided are (1) means and percentiles of quantities of specified foods consumed during an eating occasion and (2) means and percentiles of quantities consumed during a day. Data such as these are important for many purposes, including development of food guidance programs and education materials, assessments related to food marketing and labeling, food safety exposure assessments, and development of dietary assessment tools. For example, mean and median intakes can be useful in reassessing appropriate serving sizes for dietary guidance, while quantities consumed at the upper percentiles may facilitate risk assessment to dietary contaminants from particular foods.

The data are provided in two sets of tables. Set 1 (tables 1.001 to 1.107) provides estimated amounts of foods consumed by consumers at a single time, while set 2 (tables 2.001 to 2.095) provides estimated amounts of foods consumed by consumers on a single day. For both sets of tables, food intake estimates are tabulated for individuals by sex and age.

The report is a result of a collaborative effort by the National Cancer Institute and the Agricultural Research Service. It is based on data from the 1989–91 Continuing Survey of Food Intakes by Individuals (CSFII) conducted by the U.S. Department of Agriculture (USDA) (Tippett et al. 1995). That survey

provides estimates of food intakes by individuals residing in households in the 48 conterminous States and Washington, D.C. The estimates are based on information provided by 11,488 individuals who provided 3 consecutive days of usable dietary intake information. Food intake data for individuals of all ages were collected between April 1989 and March 1992 using a 1-day recall in an in-person interview and a 2-day self-administered record.

This report is the latest of three reports on the same subject (Pao and Burk 1975 and Pao et al. 1982). The first of these provided data on the amounts consumed in a day and in a meal, and the frequency of consumption, of 49 foods or groups of foods, based on a survey conducted in 1965–66. The second provided similar data on the frequency and quantities of 200 foods eaten over a 3-day period, based on a survey conducted in 1977–78. Both of these reports were limited in their ability to quantify individual foods consumed as ingredients of mixed foods. Nonetheless, these publications have served as the preeminent data of this type for the last two decades.

This report, in addition to providing more recent data, benefits from two important methodological advances which have been instituted since the others were published. First, the mixed foods reported in the survey have been disaggregated via recipe files so that the components of these foods can be placed with similar foods whenever preferable. Second, there have been advances in the statistical analysis methods and software which account for the complex sample and nonresponse adjustments. These advances have resulted in better estimates of the population parameters and their variances. However, because of these methodological differences with previous reports, the results are not directly comparable.

METHODS

Data Collection and Processing

Data collection. National Analysts, a division of Booz, Allen and Hamilton, Inc., conducted the CSFII 1989–91 under contract with the USDA. USDA defined the information to be collected; developed the survey instruments; provided technical information such as food codes and weights of common measures of food; and monitored the contract. National Analysts designed the sample; collected the information; edited, coded, and keyed the data. The design of the CSFII 1989–91 sample is described in appendix A.

Data collection began in April, 1989 and continued through March of 1992. Interviewers visited every address drawn into the sample to determine by visual inspection whether that location was a residential housing unit. To contact individuals living in housing units that met this criterion, interviewers made up to three personal visits plus up to eight telephone calls to each household having a telephone. Households without telephones received a minimum of six personal visits.

At each household, the interviewer attempted a screening interview to determine if the household was eligible to participate in the survey. Interviewers were instructed to attempt screening interviews, if possible, with the household member who was responsible for planning and preparing the family meals (main meal planner/preparer). If the main meal planner/preparer was not available, any knowledgeable member of the household who was 18 years old or older could serve as the screening respondent.

Most households were eligible to participate in the basic survey. However, households with nine or more persons unrelated to the head of the household were considered group quarters and were not eligible. All individuals regularly living in the selected household, except roomers, boarders, and employees, were eligible to participate in the survey; persons who were living away at school, traveling during the survey period, in military barracks, or in institutions were ineligible.

At eligible households, the interviewer provided the household with a letter of introduction and a survey fact sheet and described the survey. Then the interview was administered in person, beginning with the household questionnaire, which included questions about the composition and characteristics of the household and some food-related behaviors.

The household questionnaire was immediately followed by administration of a day-1 dietary recall to the main meal planner/preparer and then to other members of the household. The reference time period for the day-1 dietary recall was from midnight to 11:59 p.m. on the day preceding the interview. The interviewer began by asking each individual to recall the first time the individual ate or drank something and then collected detailed information about foods eaten at that time. Then the interviewer asked about the next time anything was eaten or drunk and continued asking about each successive eating occasion throughout the day. The interviewer probed as necessary to ensure complete descriptions of foods and beverages and amounts consumed.

If a household member was absent at the time of the interview, the main meal planner/preparer was asked to report what that person had eaten. The recall form was left at the household to be reviewed or completed by the absent person. The main meal planner/preparer was also asked to report intake information for any children under the age of 12.

When day-1 recalls had been completed for as many household members as possible, the interviewer explained how to complete the day-2 and day-3 record and helped each household member begin a record of the current day's intake. The interviewer then scheduled a return appointment for 2 to 4 days later. Any absent household member who was unable to complete records for the same days as other household members was asked to complete at least a 1-day record for any day prior to the interviewer's return appointment.

During the return interview, the interviewer reviewed the day-2 and day-3 records for completeness. Monetary incentives were distributed at this time; \$2 per person was paid for each completed 3-day recall-plus-record set, up to a total of \$20 per household.

The format of the food record form was the same as the day 1 recall form. The data collected included detailed descriptions of all foods and beverages consumed, quantities consumed, and the time each eating occasion began.

The interviewers used standard household measuring cups and spoons and a ruler during the interview to help each individual estimate quantities of foods and beverages consumed. The quantity of each food and beverage ingested was reported in common household measures (cups, tablespoons, and teaspoons, or fractions thereof), dimensions, number of units, or weights, as appropriate to the food item. A food instruction booklet, developed by National Analysts based on information provided by USDA, was used by the interviewers to help each individual describe adequately the foods and the amounts eaten. Each household was provided with a set of measuring cups and spoons and a ruler as well as the food instruction

booklet to use while keeping the day-2 and day-3 records. The household kept the cups, spoons, and ruler at the completion of the survey.

Eligible households were to be scheduled for contact in a manner designed to provide representativeness of intake data by day of the week, but fewer interviews were conducted on Sunday than on other days of the week. The day of interview was included as a control variable in weighting the sample.

Food coding. Completed questionnaires were coded by the contractor using food codes, gram weight equivalents of reported measures, and coding guidelines provided by USDA (Tippett et al. 1995). Each food and beverage (except plain drinking water) reported as ingested during the survey period was assigned a code number, and the amount of each food was converted to weight in grams. When a respondent could not estimate the quantity consumed for an item, then default quantities were used. The weight of inedible parts of foods, such as bones, rinds, and seeds was excluded. Items that could not be coded by the contractor using available information were referred to USDA for resolution. New codes and appropriate measures and weights were created by USDA as needed.

Many types of food mixtures, such as soups and fast-food sandwiches, were coded as a single item (see Disaggregation of mixed foods below). However, six common types of food mixtures were routinely coded as separate items on the food record. They were breakfast sandwiches; sandwiches other than fast food or breakfast-type; tacos and similar Mexican items; salads; self-prepared mixtures of yogurt with nuts, candy or other items; and self-prepared mixtures of ice cream, ice milk, or frozen yogurt with toppings or sauces. These foods are considered "reported separately" for the purposes of this report, even though they were consumed in combination with other foods.

Data editing. Data were subjected to computer-assisted cleaning and editing. As a check for reasonableness, individuals' calculated intakes of food energy, protein, fat, carbohydrate, calcium, iron, and vitamin C were compared with the 2nd and 98th percentiles for individuals of the same age group and sex in the NFCS 1987–88 (USDA–HNIS 1993). Also, the weight of each food reported was checked against reasonable maximums established by USDA on a food-group basis. Data that fell outside the limits set as reasonable were verified by checking the original questionnaire and were corrected by USDA if in error. Additional data reviews for reasonableness were performed by USDA staff.

Disaggregation of mixed foods. Many of the foods in the CSFII dataset are mixed foods—that is, foods composed of more than one ingredient, such as sandwiches and soups. For the purposes of this report, many of these mixed foods were disaggregated so that the individual ingredients could be grouped together with similar foods that were reported separately. This is a major methodological advance over previous reports on this topic, providing a more thorough representation of the consumption of many foods, especially for the tables on quantities consumed in a day. The types of mixed foods from which ingredients were extracted are identified in the Table Notes.

Codes representing foods which required disaggregation were processed through a cascaded recipe file which broke each food down into increasingly narrow levels of ingredients. For example, pasta with tomato-meat sauce was first disaggregated to pasta, tomato sauce, and meat, and then to flour, eggs, tomatoes, oregano, and so on. For each table, decisions were made as to which mixed foods would be disaggregated in order

for a particular ingredient to be included, and the level of disaggregation was identified. Weights of foods consumed as ingredients of mixed foods were then combined with weights of foods reported separately in order to complete the data for each table. For example, the weights of the rolls reported as part of hamburger sandwiches were combined with the weights of other rolls reported separately.

Analysis

Selection and grouping of foods for tables. Foods were selected for inclusion in this report based on the percentage of persons reporting them in the survey. The criterion was that a minimum of 7 percent of the population age 2 years and over be users of a food—the percentage determined to provide estimates for most sex and age groups without reservation as to their statistical reliability. (See below for discussion of reporting guidelines.)

Similar foods were grouped together in the same table if their gram weights for a given household measure were approximately the same. So, for example, many kinds of rice are grouped together in one table because the weight per cup is approximately the same for all, while raw tomatoes and tomato sauce are separated into different tables because their weights per 1/2 cup are different. As a result, the gram weight data in the tables, when considered together with the volume/weight equivalents, can be translated into estimates of common measures.

Statistical procedures. Table set 1 provides data on the means and percentiles of quantities consumed during an eating occasion per user of the food. These values represent all relevant reports by each person consuming the food.

Table set 2 provides data on means and percentiles of total quantities consumed by consumers during a single day. The purpose of these tables

is to reveal daily intakes. To maximize the number of individuals included, but not allow frequent consumers more weight than infrequent consumers, only a single day on which the food was reported was included for each individual. If a respondent reported the food on only 1 of 3 days, that day of intake was selected for analysis. If the food was reported on 2 or 3 days, a single day on which the food was consumed was randomly selected.

While some foods may be eaten in discrete common units, it is assumed that the underlying distribution of most food intake data are continuous. Therefore, quantities consumed at various percentiles were estimated using a linear interpolation method.

Appendix B shows the calculations used in deriving the estimates. Estimates of percent of persons using a food at least once in a 3-day period were calculated using SAS, version 6.11 (SAS Institute 1995). Means, standard errors, and quantities consumed at various percentiles were estimated using SUDAAN, version 6.40 (Shah 1995), a statistical software package which incorporates the complex sample design. The weighting factors were used in all analyses. Coefficients of variation (CVs), though not provided in the tables, were generated using SUDAAN and examined, along with relevant sample sizes, to determine whether or not to flag a particular value. See rules used for flagging estimates below.

Reporting guidelines. Data presented in this report follow the guidelines issued in a joint policy statement on variance estimation and statistical reporting standards prepared by a USDA/National Center for Health Statistics Analytic Working Group (Federation of American Societies for Experimental Biology 1995). The average design effect for the CSFII

1989–1991 is approximately 2.3. This relatively high design effect results from the complex sample design of the CSFII and from the procedures used to weight the data, which are described in appendix A. The weighting procedures involved using regression techniques to calibrate the sample to match population characteristics thought to be correlated with eating behavior. The regression techniques also incorporated day of the week and month of the year of intake as control variables. Although this weighting reduces the magnitude of nonresponse bias and adjusts for other vagaries of the sample selection process, it also tends to increase the variance of the estimates.

See appendix B for additional statistical notes.

How to use the data in the tables. The explanations for the symbols used and the sections providing the description of foods in each of the table sets (Table Notes) should be consulted before using any of the tables. They provide details about how to interpret the data and whether all uses of a food, or only a selection, are included.

Table set 1 represents quantities of food eaten during an eating occasion. This information was intended to be useful when considering serving sizes for food guidance, for food labeling purposes, and for development of dietary assessment tools. These tables include foods reported separately and foods eaten as part of mixed foods, but generally only if the ingredient of the mixture would tend to be eaten in an amount equivalent to the portions reported separately. That is, every miscellaneous use of a food was not necessarily included because that would decrease the average portion size.

Table set 2 was designed to address the needs of dietary assessments in the food safety, marketing, nutrition education, and other arenas which consider the amount of food consumed during an entire day. Therefore, these tables include more foods for which every kind of use is

represented because the total consumption of a food is of interest. In summary, table set 1 generally includes foods eaten separately or readily identifiable in mixtures, such as the eggs in potato salad or peanut butter on a sandwich, whereas table set 2 generally includes uses similar to those just mentioned as well as ingredient uses, such as the peanut butter and eggs contained in cookies.

The two sets of main tables present amounts of foods consumed over short periods of time by consumers only during the 3-year period, 1989–1991. Appendix C presents data from the same survey as average amounts consumed per day by the target population, including both consumers and nonconsumers.

The number of persons in the sample, provided on each table, represents both users and non-users of the food. Below that, on table sets 1 and 2, are the estimated percentages of persons using the food at least once in 3 days, on 1 of 3 days, on 2 of 3 days, and on 3 of 3 days. For each group of persons, the latter 3 percentages total to the percentage using the food at least once in 3 days (any differences due to rounding). For example, about 97 percent of all persons over age 2 used total yeast bread (Table 2.001) at least once in 3 days, with 11 percent of persons using it on only 1 of 3 days, 29 percent on 2 of 3 days, and 57 percent on 3 of 3 days.

The quantities consumed per eating occasion (table set 1) and in a day (table set 2) are quantities consumed by users only and are reported in terms of gram weights. The weights can be translated into common household measures using the conversions on the tables and in the Table Notes. For example, it is estimated that among all consumers of white bread age 2

and older the mean quantity consumed during an eating occasion (Table 1.001) is 48 g, or about 2 slices. Coincidentally, that is also the median value, suggesting that half of the population consuming white bread has 48 g or less, while the other half has 48 g or more, at an eating occasion. The conversion of household measures to gram weights are reflective of those used in the 1989–91 survey and do not reflect changes in the market or in methodology since that time.

Appendix C contains estimates of mean quantities of foods consumed per person per day for all individuals, that is, consumers and non-consumers, over all days. These means reflect both the amount and frequency of consumption. Although an individual's usual (that is, long-run average) daily intake cannot be estimated, each of these means is an estimate of the population's (or subpopulation's) mean usual daily intake. For example, the estimated mean usual daily intake of total white bread is 45 g, whereas of total yeast bread it is 59 g. The difference in these values is in part a reflection of the wider variety of breads and range of uses included in total yeast bread and in part a reflection of the greater percentage of persons using total yeast bread than white bread.

Appendix D provides the minimum and maximum values of foods for which percentiles could not be interpolated in table sets 1 and 2 because too many reports were of exactly the same magnitude.

Limitations of the Data

The foods which are represented in the various tables are subject to the following limitations. Respondents frequently were not expected to or could not provide recipes for mixed foods they had eaten, necessitating the use of standard recipes. Therefore, the foods represented in the tables are, in part, based on assumptions about the types and quantities of ingredients consumed as part of mixed foods. In addition, occasionally the ingredients of mixed foods were coded as individual foods to address

unusual ingredient combinations. Therefore, even though a table description may state that the table includes only particular foods if *reported* separately and not as part of mixed foods, this may include some foods which were *consumed* as part of mixed foods. However, it is assumed this would have a minor impact on the results presented here.

Frozen meals were not disaggregated into their component ingredients and so are not represented in the tables. However, other frozen items, such as entree casseroles or frozen vegetables, are included. The components of frozen meals are assumed to represent only a small proportion of the intake of any food.

Many of the tables in set 2 represent the intake of all forms of a particular food, including raw and cooked. Sometimes the gram weight of a particular household measure varies for different forms of the food. For example, one half cup of raw onions weighs 80 grams, while one half cup of cooked onions weighs 108 grams. The gram weights presented in the table will be influenced by the relative contribution of the different forms of the food and do not represent the raw commodity weights.

Finally, the data are subject to the kinds of errors which are common to all food intake data—imprecisions in the quantities reported due to such factors as an inability to estimate portions precisely and imperfect memory. However, the survey procedures were designed to minimize these types of errors.

Table 1.001. White Bread: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	60.4	69.7	67.3	66.0	61.3	63.4	59.8	57.1	50.8	58.0	56.8		
on 1 of 3 days	25.5	25.3	23.5	29.2	27.6	28.8	29.3	25.4	21.9	19.4	21.4		
on 2 of 3 days	20.4	26.9	28.7	22.1	22.7	21.8	19.2	16.9	16.5	15.6	16.7		
on all 3 of 3 days	14.5	17.5	15.1	14.8	11.0	12.8	11.2	14.8	12.4	23.0	18.7		
Quantity consumed per eating occasion (1 slice = 26 g)	← g →												
mean	48	36	44	57	47	60	47	54	43	46	39		
SEM	1	1	1	1	1	2	1	1	1	1	1		
5th percentile	24	17	24	25	24	30	24	24	22	23	20		
10th percentile	25	21	26	37	26	39	25	27	24	26	24		
25th percentile	36	25	37	48	39	48	36	43	31	36	26		
50th percentile	48	32	46	52	50	52	48	50	43	48	40		
75th percentile	52	48	52	64	52	64	52	59	50	52	48		
90th percentile	68	52	53	87	58	96	59	80	52	57	52		
95th percentile	85	52	66	102	78	104	77	94	63	71	54		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.002. Whole Grain and "Wheat" Bread: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	35.9	28.5	26.9	21.7	22.7	34.0	35.0	40.9	38.8	49.9	50.7
on 1 of 3 days	15.6	12.2	11.6	13.0	9.6	16.6	19.0	17.7	16.5	16.5	15.9
on 2 of 3 days	11.1	11.6	7.4	3.8	11.5	10.2	10.3	12.5	11.8	13.7	16.4
on all 3 of 3 days	9.2	4.6	8.0	4.9	1.7 *	7.3	5.7	10.7	10.5	19.8	18.5
Quantity consumed per eating occasion (1 slice = 26 g)	← g →										
mean	46	36	42	52	45	56	45	51	41	46	38
SEM	1	1	1	3	1	1	1	1	1	1	1
5th percentile	24	16 *	24 *	24 *	23 *	25	23	26 *	22	24	23
10th percentile	26	20	26	26 *	26 *	36	26	35	24	26	24
25th percentile	36	26	32	42	40	48	38	45	31	38	26
50th percentile	48	35	46	51	48	52	48	50	43	48	38
75th percentile	52	47	51	52	51	56	52	52	51	52	48
90th percentile	57	51	52	75 *	52 *	97	52	68	52	56	52
95th percentile	72	52 *	52 *	100 *	52 *	103	59	80 *	53	75	52

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.003. Rolls: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	50.8	47.3	58.6	72.2	58.8	57.5	50.1	54.5	43.3	39.2	31.8
on 1 of 3 days	32.6	35.4	37.3	38.9	36.6	32.9	33.7	34.4	28.0	29.5	23.5
on 2 of 3 days	14.3	9.5	17.4	25.2	17.8	18.6	13.9	14.7	12.2	7.0	6.9
on all 3 of 3 days	3.9	2.4	3.9	8.2	4.4	6.0	2.5	5.4	3.2	2.7	1.4
Quantity consumed per eating occasion (1 medium dinner roll = 28 g)	← g →										
mean	57	41	51	63	57	71	53	64	51	56	46
SEM	1	1	1	1	2	2	1	2	1	1	1
5th percentile	28	14 *	28	36	35	36	28	35	27	27 *	27
10th percentile	35	21	35	42	36	43	35	39	34	31	27
25th percentile	43	32	43	43	43	49	43	43	43	42	35
50th percentile	51	42	44	59	52	64	49	56	44	52	43
75th percentile	68	51	56	77	66	85	63	78	59	65	55
90th percentile	86	56	77	86	81	105	80	102	77	85	67
95th percentile	101	59 *	84	108	85	135	85	115	81	89 *	80

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.004. Biscuits: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	12.4	10.2	14.8	10.8	12.8	11.5	11.7	13.9	11.3	16.3	11.6
on 1 of 3 days	9.5	8.4	12.0	9.1	10.3	8.9	9.1	9.3	8.6	10.9	9.2
on 2 of 3 days	2.2	1.5 *	2.5	1.2 *	2.2 *	1.8	2.2	3.1	2.4	3.0	1.7
on all 3 of 3 days	0.7	0.2 *	0.3 *	0.5 *	0.3 *	0.8 *	0.5 *	1.5 *	0.4 *	2.4	0.8 *
Quantity consumed per eating occasion (1 medium = 30 g)	<----- g ----->										
mean	56	35	47	67 *	48	74	50	65	51	62	48
SEM	2	4	3	9 *	4	4	3	7	3	4	4
5th percentile	19	--	12 *	28 *	19 *	29 *	18 *	28 *	14 *	24 *	--
10th percentile	27	19 *	17 *	29 *	22 *	37	28	29 *	17 *	27 *	16 *
25th percentile	30	19 *	30	37 *	29	55	30	38	30	38	29
50th percentile	48	29 *	38	58 *	38	64	38	57	42	59	37
75th percentile	65	33 *	59	65 *	60	87	60	76	62	75	61
90th percentile	96	65 *	63 *	125 *	71 *	125	76	113 *	87 *	109 *	76 *
95th percentile	125	--	83 *	182 *	113 *	145 *	115 *	127 *	117 *	123 *	109 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.005. Tortillas: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	15.5	17.3	22.7	16.9	21.6	20.5	17.9	13.3	11.3	5.3	4.4
on 1 of 3 days	11.6	12.7	17.8	13.5	15.8	14.6	13.9	9.4	8.9	3.5	3.4
on 2 of 3 days	2.7	3.8	3.7	2.0 *	3.6	4.2	2.9	2.6	1.9	0.5 *	0.5 *
on all 3 of 3 days	1.2	0.8 *	1.3 *	1.5 *	2.1 *	1.7	1.0	1.3 *	0.5 *	1.3 *	0.6 *
Quantity consumed per eating occasion (1 7-inch round corn tortilla = 25 g)	<----- g ----->										
mean	54	30	37	56	43	75	48	69	54	63 *	42 *
SEM	3	4	2	8	4	7	2	8	5	11 *	5 *
5th percentile	12	10 *	12 *	--	12 *	20 *	12	8 *	12 *	--	11 *
10th percentile	13	12 *	12	20 *	12 *	26	19	22 *	19 *	24 *	12 *
25th percentile	26	12	19	27	24	36	24	38	30	31 *	13 *
50th percentile	40	24	31	42	32	57	38	56	43	41 *	31
75th percentile	65	37	44	61	58	88	58	88	62	88 *	59 *
90th percentile	104	51 *	70	95 *	81 *	164	88	126 *	115 *	--	87 *
95th percentile	155	108 *	85 *	143 *	103 *	208 *	116	169 *	152 *	--	101 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.006. Quickbreads and Muffins: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	14.8	13.8	11.0	12.1	15.8	8.9	16.1	16.5	17.1	18.5	20.7		
on 1 of 3 days	11.3	12.3	8.5	10.2	12.4	6.9	12.5	13.1	12.3	12.7	14.1		
on 2 of 3 days	2.8	1.5 *	2.2	1.9 *	2.9	1.8	3.0	2.8	3.6	3.6	4.3		
on all 3 of 3 days	0.8	# *	0.3 *	# *	0.4 *	0.3 *	0.6 *	0.6 *	1.2 *	2.3	2.3		
Quantity consumed per eating occasion (1 medium bran muffin = 50 g)	← g →												
mean	80	68	82	106	78	107	75	82	74	80	72		
SEM	3	8	6	12	6	12	6	6	4	5	3		
5th percentile	27	16 *	28 *	37 *	27 *	40 *	28 *	27 *	19 *	19 *	21 *		
10th percentile	34	26 *	41 *	50 *	41 *	46 *	37	32 *	33	28 *	32		
25th percentile	50	45	54	52 *	48	57	47	47	47	47	47		
50th percentile	63	58	64	110	60	70	58	64	57	63	63		
75th percentile	105	84	108	132 *	107	126	84	113	103	104	91		
90th percentile	141	107 *	116 *	189 *	116 *	222 *	121	152 *	139	145 *	116		
95th percentile	182	115 *	151 *	210 *	132 *	226 *	141 *	160 *	153 *	172 *	134 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.007. Doughnuts and Sweet Rolls: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	13.4	10.6	14.7	16.1	15.7	13.9	12.1	15.7	13.1	12.3	11.0		
on 1 of 3 days	10.5	9.4	11.7	12.9	14.4	11.0	9.9	10.9	10.0	8.4	7.8		
on 2 of 3 days	2.2	1.3 *	2.8	3.1	1.1 *	1.8	1.7	3.9	2.0	2.1 *	2.3		
on all 3 of 3 days	0.7	0.0 *	0.3 *	0.1 *	0.2 *	1.1 *	0.4 *	0.8 *	1.0 *	1.9 *	0.9 *		
Quantity consumed per eating occasion (1 medium sweet roll = 55 g)	<----- g ----->												
mean	78	70	70	112	76	96	72	76	72	73	59		
SEM	2	8	4	18	4	5	2	3	5	4	3		
5th percentile	36	15 *	21 *	38 *	39 *	42 *	37 *	31 *	34 *	36 *	30 *		
10th percentile	42	20 *	35 *	42 *	40 *	46	42	41 *	42 *	40 *	35 *		
25th percentile	52	37	45	59	46	55	54	54	49	48	42		
50th percentile	65	57	58	83	67	83	63	68	58	64	54		
75th percentile	88	84	84	130	84	117	83	88	83	84	65		
90th percentile	128	120 *	117 *	218 *	132 *	167	108	119 *	122 *	118 *	83 *		
95th percentile	161	167 *	124 *	251 *	146 *	211 *	120 *	137 *	147 *	120 *	89 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.008. Crackers: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	21.3	26.4	19.0	13.3	15.4	13.9	20.7	19.4	24.6	30.5	32.6		
on 1 of 3 days	15.2	19.3	13.2	12.6	12.5	11.5	14.3	13.6	16.3	22.6	20.8		
on 2 of 3 days	4.7	5.2	5.0	0.2 *	2.9	2.2	4.3	4.7	6.9	6.0	8.5		
on all 3 of 3 days	1.4	1.9 *	0.8 *	0.6 *	# *	0.2 *	2.0	1.1 *	1.4	1.9 *	3.3		
Quantity consumed per eating occasion (4 saltines = 12 g)	← g →												
mean	22	20	24	26	23	27	24	29	19	20	17		
SEM	1	4	2	3	2	2	2	2	1	1	1		
5th percentile	6	5 *	6 *	10 *	6 *	7 *	6	6 *	6 *	5 *	6		
10th percentile	8	6	9	11 *	7 *	11	8	11	6	8	8		
25th percentile	12	9	11	14 *	11	15	12	16	12	12	11		
50th percentile	18	12	18	23	18	24	18	22	16	17	15		
75th percentile	27	18	29	31 *	28	30	26	30	23	23	20		
90th percentile	39	29	47	44 *	38 *	46	43	50	36	34	28		
95th percentile	56	52 *	60 *	49 *	54 *	59 *	58	70 *	45 *	47 *	33		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.009. Cookies: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	31.2	51.8	46.8	35.1	33.2	23.6	26.3	23.4	24.7	33.6	34.1		
on 1 of 3 days	18.5	25.9	24.0	22.9	25.4	15.5	16.5	14.1	15.5	17.8	18.8		
on 2 of 3 days	8.7	16.8	16.2	9.6	6.4	5.1	7.7	5.6	7.3	9.4	9.6		
on all 3 of 3 days	3.9	9.1	6.6	2.6 *	1.4 *	3.1	2.1	3.7	1.9	6.5	5.7		
Quantity consumed per eating occasion (1 medium = 10 g)	← g →												
mean	36	26	33	44	40	50	38	38	31	35	27		
SEM	1	1	1	2	4	3	2	2	2	2	2		
5th percentile	10	10	11	9 *	8 *	12 *	10	10 *	8 *	9 *	8		
10th percentile	13	12	14	13	13	16	11	13	10	14	10		
25th percentile	19	15	20	23	20	25	20	20	16	17	15		
50th percentile	30	22	30	39	33	35	30	32	26	28	24		
75th percentile	44	31	41	55	46	65	50	50	36	45	32		
90th percentile	66	44	58	75	75	109	75	63	60	65	49		
95th percentile	84	51	70	116 *	106 *	132 *	84	79 *	71 *	77 *	59		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.010. Cake: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	18.6	16.5	22.5	26.1	16.4	15.6	17.1	20.2	16.6	20.9	20.5		
on 1 of 3 days	14.2	13.4	17.8	18.2	12.4	12.5	13.3	16.3	12.0	14.8	14.6		
on 2 of 3 days	3.4	2.3	4.0	5.9	2.4 *	2.6	3.4	2.6	3.0	4.6	4.2		
on all 3 of 3 days	1.0	0.8 *	0.7 *	2.0 *	1.6 *	0.5 *	0.4 *	1.2 *	1.5	1.4 *	1.6		
Quantity consumed per eating occasion (1/12 of a frosted cake = 109 g)	← g →												
mean	84	62	83	87	82	101	85	91	82	83	65		
SEM	2	7	5	6	7	6	5	6	5	5	3		
5th percentile	22	16 *	14 *	40 *	19 *	36 *	17 *	20 *	21 *	27 *	15 *		
10th percentile	30	20 *	27	40 *	34 *	40	25	32	31	34 *	25		
25th percentile	42	26	40	52	54	54	41	43	40	41	39		
50th percentile	71	54	67	72	70	82	76	81	77	67	54		
75th percentile	109	89	109	107	90	134	109	113	109	109	79		
90th percentile	145	109 *	145	131 *	121 *	183	136	161	151	142 *	109		
95th percentile	184	121 *	195 *	178 *	175 *	217 *	167 *	203 *	177 *	183 *	147 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.011. Pie: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	10.3	3.7	9.8	7.5	6.9	9.8	7.9	14.9	11.1	14.8	14.6		
on 1 of 3 days	8.1	3.3	7.9	4.7	6.4	8.1	6.3	11.1	9.7	10.4	11.0		
on 2 of 3 days	1.9	0.2 *	1.8	2.6 *	0.5 *	1.6	1.3	3.6	0.8 *	3.7	3.2		
on all 3 of 3 days	0.3	0.3 *	0.1 *	0.3 *	0.0 *	0.1 *	0.4 *	0.1 *	0.5 *	0.8 *	0.5 *		
Quantity consumed per eating occasion (1/8 of a 9-inch cream pie = 144 g)	← g →												
mean	148	124 *	124	171 *	137 *	157	152	153	135	169	144		
SEM	4	9 *	11	9 *	7 *	8	6	10	8	7	6		
5th percentile	49	33 *	--	58 *	72 *	51 *	64 *	47 *	20 *	85 *	59 *		
10th percentile	74	54 *	53 *	91 *	84 *	66 *	86 *	77 *	46 *	96 *	75		
25th percentile	112	98 *	86	117 *	119 *	112	117	114	90	126	116		
50th percentile	144	140 *	114	142 *	132 *	149	148	144	135	150	144		
75th percentile	172	150 *	150	209 *	146 *	183	171	175	162	195	157		
90th percentile	227	151 *	192 *	250 *	179 *	238 *	220 *	268 *	213 *	281 *	199		
95th percentile	284	--	205 *	311 *	202 *	273 *	236 *	296 *	247 *	302 *	247 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.012. Pancakes and Waffles: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	12.8	23.1	21.1	18.9	13.7	11.1	10.3	9.9	8.6	12.2	9.8
on 1 of 3 days	11.0	18.9	17.4	16.2	12.6	9.4	9.0	8.3	8.2	9.8	8.5
on 2 of 3 days	1.6	3.8	3.3	2.1 *	0.7 *	1.5	1.2	1.4 *	0.4 *	1.9 *	1.1 *
on all 3 of 3 days	0.2	0.4 *	0.4 *	0.6 *	0.4 *	0.2 *	0.1 *	0.1 *	0.0 *	0.5 *	0.1 *
Quantity consumed per eating occasion (1 medium pancake or waffle = 40 g)	← g →										
mean	99	60	77	136	84	154	82	135	79	111	85
SEM	5	6	6	18	8	20	6	8	5	6	5
5th percentile	21	14 *	18 *	39 *	24 *	38 *	22 *	52 *	24 *	32 *	21 *
10th percentile	34	19 *	25	53 *	37 *	51 *	31	59 *	28 *	41 *	36 *
25th percentile	42	25	38	69	40	78	40	76	41	73	53
50th percentile	78	42	58	80	72	111	74	117	76	102	77
75th percentile	119	79	84	165	110	163	103	164	107	125	117
90th percentile	164	111 *	151	312 *	153 *	342 *	139	219 *	121 *	163 *	123 *
95th percentile	237	123 *	164 *	--	158 *	468 *	163 *	238 *	148 *	192 *	141 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.013. Cooked Cereal: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	15.2	25.5	19.2	9.2	9.7	8.0	9.4	11.8	14.1	28.9	28.1
on 1 of 3 days	9.1	16.9	10.8	6.1	7.4	5.5	6.9	5.7	8.9	13.3	15.1
on 2 of 3 days	3.7	5.7	6.4	1.4 *	1.6 *	1.4	1.9	3.4	3.5	8.0	7.1
on all 3 of 3 days	2.4	2.9	1.9	1.6 *	0.6 *	1.2 *	0.6 *	2.7	1.7	7.5	6.0
Quantity consumed per eating occasion (1/2 cup oatmeal = 117 g)	← g →										
mean	247	203	235	257 *	251 *	342	228	299	222	257	231
SEM	6	15	19	17 *	17 *	23	12	18	10	11	13
5th percentile	107	60 *	113 *	106 *	117 *	132 *	79 *	121 *	66 *	113 *	95
10th percentile	117	85	120	124 *	121 *	155 *	116	156 *	118	120	116
25th percentile	156	120	159	155	190	202	135	221	155	176	142
50th percentile	233	202	232	234	233	334	229	241	227	234	231
75th percentile	291	241	249	302	293	433	245	363	246	345	246
90th percentile	417	344	404	372 *	365 *	493 *	358	457 *	352	401	350
95th percentile	481	368 *	461 *	478 *	418 *	752 *	473 *	480 *	429 *	478 *	465

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.014. Oatmeal: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	9.5	15.8	11.5	5.4	4.4	5.0	5.1	7.4	8.3	20.4	19.2		
on 1 of 3 days	5.9	10.1	7.5	3.6	3.5	3.5	3.7	3.3	5.7	11.0	10.9		
on 2 of 3 days	2.2	4.2	3.3	0.3 *	0.7 *	0.9 *	1.0	1.6 *	1.7	4.8	5.2		
on all 3 of 3 days	1.4	1.4 *	0.8 *	1.6 *	0.1 *	0.7 *	0.3 *	2.4	0.9 *	4.7	3.1		
Quantity consumed per eating occasion (1/2 cup = 117 g)	← g →												
mean	246	213	236	236 *	255 *	319	211	296	226	252	239		
SEM	7	19	26	21 *	23 *	31	13	16	12	10	18		
5th percentile	116	91 *	111 *	103 *	114 *	113 *	116 *	159 *	112 *	90 *	116 *		
10th percentile	117	116 *	115 *	139 *	127 *	134 *	116 *	176 *	118 *	119 *	116		
25th percentile	166	118	165	160 *	176 *	171	147	219	156	176	156		
50th percentile	229	179	216	209 *	221 *	243	220	231	218	224	220		
75th percentile	266	231	241	231 *	234 *	412	233	374	231	316	234		
90th percentile	417	333 *	421 *	320 *	350 *	486 *	330 *	458 *	352 *	349 *	355		
95th percentile	457	440 *	450 *	352 *	463 *	656 *	351 *	470 *	--	435 *	451 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.015. Ready-to-Eat Cereal: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	46.8	76.8	76.8	58.6	52.7	34.0	35.7	34.1	39.2	48.1	49.8		
on 1 of 3 days	19.2	25.9	23.9	22.2	24.9	16.2	18.2	14.9	21.2	13.8	18.6		
on 2 of 3 days	15.3	24.1	30.8	20.1	17.9	10.5	12.0	11.3	9.9	14.2	14.8		
on all 3 of 3 days	12.3	26.9	22.1	16.2	9.9	7.2	5.5	7.9	8.1	20.1	16.4		
Quantity consumed per eating occasion (1 cup corn flakes = 25 g)	<----- g ----->												
mean	49	32	41	59	51	71	52	58	44	51	39		
SEM	1	1	1	2	3	3	2	2	2	2	1		
5th percentile	17	11	17	24 *	25 *	25	17	22 *	16	23	15		
10th percentile	22	14	21	27	28	30	25	26	20	25	19		
25th percentile	28	21	28	35	32	43	30	33	25	32	25		
50th percentile	41	28	35	56	42	59	43	50	37	47	34		
75th percentile	58	37	50	73	56	86	60	70	56	59	49		
90th percentile	86	52	69	99	74	113	89	100	80	94	61		
95th percentile	111	66	82	111 *	109 *	155	112	113 *	98	111	76		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.016. Corn Flakes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	11.5	17.0	21.4	12.6	15.6	8.0	6.3	8.0	10.1	12.9	14.8		
on 1 of 3 days	7.1	8.9	10.7	7.8	11.2	4.6	4.2	5.2	8.3	6.2	9.5		
on 2 of 3 days	2.9	4.3	7.0	3.3	2.6 *	2.6	1.8	1.3 *	1.4 *	3.5	3.2		
on all 3 of 3 days	1.6	3.8	3.7	1.6 *	1.8 *	0.8 *	0.3 *	1.4 *	0.5 *	3.2	2.1		
Quantity consumed per eating occasion (1 cup = 25 g)	← g →												
mean	39	30	40	44	44	56	42	43	34	34	31		
SEM	1	2	2	3	3	6	3	3	3	1	2		
5th percentile	17	10 *	17 *	14 *	23 *	25 *	22 *	18 *	12 *	17 *	12 *		
10th percentile	20	12 *	21	18 *	23 *	25 *	23 *	23 *	17 *	22 *	17		
25th percentile	25	21	24	24	31	32	24	27	23	24	23		
50th percentile	35	31	35	35	37	50	34	40	24	28	25		
75th percentile	50	35	48	51	51	70	50	49	37	45	36		
90th percentile	69	39 *	68	71 *	65 *	90 *	70 *	54 *	56 *	49 *	49		
95th percentile	74	50 *	75 *	86 *	69 *	103 *	73 *	68 *	72 *	50 *	53 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.017. Toasted Oat Rings: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	7.7	24.1	13.4	9.4	10.1	4.2	5.5	5.9	6.1	3.6	4.7
on 1 of 3 days	4.6	13.1	8.5	4.6	6.6	1.9	3.4	4.3	4.4	1.5 *	3.1
on 2 of 3 days	2.0	6.9	3.3	2.7 *	2.5 *	2.1	1.8	0.8 *	0.9 *	0.9 *	0.8 *
on all 3 of 3 days	1.0	4.1	1.6	2.2 *	1.0 *	0.2 *	0.3 *	0.8 *	0.7 *	1.3 *	0.8 *
Quantity consumed per eating occasion (1 cup = 28 g)	← g →										
mean	37	27	33	57 *	44 *	49 *	37	48 *	32	30 *	27 *
SEM	1	2	2	5 *	3 *	4 *	2	6 *	2	3 *	2 *
5th percentile	13	7 *	9 *	25 *	25 *	19 *	23 *	19 *	12 *	11 *	11 *
10th percentile	14	12	18 *	26 *	25 *	25 *	25 *	25 *	19 *	17 *	12 *
25th percentile	28	13	25	41 *	27 *	28	26	26 *	23 *	18 *	16
50th percentile	28	28	28	52 *	46 *	42	32	38 *	26 *	27 *	24
75th percentile	48	33	35	65 *	55 *	57	42	59 *	35 *	33 *	33
90th percentile	57	42	54 *	92 *	57 *	75 *	54 *	84 *	41 *	46 *	41 *
95th percentile	74	54 *	59 *	96 *	58 *	83 *	55 *	--	55 *	53 *	49 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.018. Rice: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	31.1	36.0	33.0	31.0	31.0	32.1	33.0	30.6	30.8	27.1	24.5
on 1 of 3 days	22.6	24.8	24.4	25.9	23.0	21.2	25.0	22.0	23.2	20.2	17.2
on 2 of 3 days	6.4	8.2	6.3	3.4	4.9	8.9	5.8	6.2	5.3	5.8	6.3
on all 3 of 3 days	2.1	3.0	2.3	1.7 *	3.2	2.0	2.3	2.4	2.3	1.2 *	1.0 *
Quantity consumed per eating occasion (1/2 cup = 103 g)	← g →										
mean	165	104	130	174	159	218	165	187	150	180	139
SEM	4	8	11	16	12	11	6	11	7	12	6
5th percentile	36	16 *	26	38 *	35 *	51	38	43 *	33	44 *	38 *
10th percentile	51	23	38	59 *	58	67	59	68	44	67	63
25th percentile	89	46	72	85	102	116	97	102	83	101	94
50th percentile	149	95	102	154	165	175	151	168	137	145	122
75th percentile	205	155	173	205	203	290	204	232	204	204	192
90th percentile	307	204	204	315 *	256	407	307	329	244	339	204
95th percentile	390	208 *	355	401 *	292 *	496	373	392 *	333	405 *	292 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.019. Pasta: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	42.0	61.3	48.3	43.7	42.3	43.6	47.7	38.0	36.4	29.3	29.3		
on 1 of 3 days	30.1	37.5	33.4	33.6	29.0	30.1	34.4	27.6	27.3	23.2	24.0		
on 2 of 3 days	10.3	19.0	13.6	9.1	11.2	11.5	11.1	9.3	8.2	5.4	4.7		
on all 3 of 3 days	1.6	4.9	1.3 *	1.0 *	2.1 *	2.0	2.1	1.1 *	0.9 *	0.8 *	0.6 *		
Quantity consumed per eating occasion (1 cup spaghetti = 140 g)	<----- g ----->												
mean	140	79	111	161	135	190	133	175	125	146	126		
SEM	3	4	5	10	9	7	4	11	5	10	7		
5th percentile	30	16	25	46 *	46 *	47	36	37 *	18	35 *	31		
10th percentile	47	24	45	59	55	61	47	51	38	45	37		
25th percentile	70	46	60	81	83	95	69	94	63	71	71		
50th percentile	114	63	95	142	111	152	105	140	106	120	105		
75th percentile	186	105	140	201	163	278	172	240	158	181	144		
90th percentile	280	145	200	282	216	322	276	337	269	280	237		
95th percentile	319	188	210	367 *	279 *	418	313	418 *	280	351 *	280		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.020. Macaroni and Cheese: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	11.8	23.1	13.9	13.3	15.7	12.0	12.8	8.6	8.2	7.6	7.7		
on 1 of 3 days	10.6	20.3	13.0	12.6	14.1	10.7	11.6	7.9	7.0	6.7	6.6		
on 2 of 3 days	1.2	2.6	0.7 *	0.8 *	1.6 *	1.4	1.2	0.7 *	1.2 *	1.0 *	1.0 *		
on all 3 of 3 days	0.0	0.2 *	0.2 *	0.0 *	0.0 *	# *	0.0 *	0.0 *	0.0 *	0.0 *	0.1 *		
Quantity consumed per eating occasion (1 cup = 243 g)	← g →												
mean	295	201	249	391	280	418	277	310	275	276 *	250		
SEM	11	16	15	40	16	32	17	19	25	20 *	17		
5th percentile	81	50 *	83 *	72 *	114 *	96 *	91 *	91 *	55 *	63 *	67 *		
10th percentile	120	59	91	91 *	117 *	121	98	102 *	91 *	78 *	79 *		
25th percentile	121	101	114	182	160	224	117	182	115	126 *	121		
50th percentile	242	136	205	358	240	364	242	241	210	242 *	207		
75th percentile	364	236	345	470	334	486	364	421	364	355 *	293		
90th percentile	486	361	435	668 *	453 *	684	473	476 *	478 *	472 *	375 *		
95th percentile	647	424 *	463 *	723 *	473 *	723 *	508 *	586 *	579 *	482 *	451 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.021. Spaghetti with Tomato Sauce: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	9.1	19.0	14.7	14.2	13.6	7.8	6.7	7.1	6.9	6.0	5.2		
on 1 of 3 days	8.1	15.8	12.0	13.9	12.0	7.3	5.8	5.8	6.7	5.7	5.1		
on 2 of 3 days	0.9	2.9	2.6	0.3 *	1.5 *	0.4 *	0.9 *	1.2 *	0.3 *	0.4 *	0.1 *		
on all 3 of 3 days	0.1	0.4 *	0.1 *	0.1 *	0.1 *	0.1 *	# *	0.1 *	0.0 *	0.0 *	# *		
Quantity consumed per eating occasion (1 cup with 1/2 cup sauce = 262 g)	<----- g ----->												
mean	376	221	335	406	395	487	388	513	348	341 *	364		
SEM	10	16	19	28	22	33	23	31	24	26 *	38		
5th percentile	123	62 *	136 *	192 *	243 *	179 *	115 *	177 *	123 *	--	95 *		
10th percentile	170	68 *	210	229 *	244 *	243 *	169 *	244 *	124 *	164 *	120 *		
25th percentile	244	122	244	241	247	247	245	373 *	230	215 *	232		
50th percentile	365	243	248	383	355	471	365	480	315	272 *	264		
75th percentile	489	247	484	480	459	496	491	728 *	486	457 *	470		
90th percentile	615	358 *	494	510 *	499 *	757 *	641 *	748 *	496 *	488 *	494 *		
95th percentile	741	430 *	505 *	707 *	709 *	993 *	725 *	763 *	608 *	--	--		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.022. Pizza: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	< ----- % ----- >												
at least once in 3 days	23.0	27.4	39.7	40.4	31.4	27.2	24.5	17.7	15.3	7.1	5.4		
on 1 of 3 days	19.3	24.7	33.3	30.7	26.9	21.3	21.4	15.4	13.0	6.4	5.0		
on 2 of 3 days	3.2	2.6	4.6	8.6	3.7	4.8	3.0	2.2	2.2	0.7 *	0.3 *		
on all 3 of 3 days	0.5	0.2 *	1.7	1.0 *	0.8 *	1.2 *	0.1 *	0.0 *	0.1 *	# *	# *		
Quantity consumed per eating occasion (1 slice, thin crust = 71 g)	< ----- g ----- >												
mean	197	99	139	220	173	293	174	271	158	229 *	165		
SEM	7	6	8	19	12	15	6	18	7	17 *	15		
5th percentile	63	30 *	59	60 *	56 *	71	62	72 *	54 *	72 *	64 *		
10th percentile	67	38	63	71	71	81	71	98 *	63 *	85 *	71 *		
25th percentile	94	63	71	113	79	166	108	141	93	156 *	111 *		
50th percentile	158	79	126	170	158	257	153	252	142	232 *	144 *		
75th percentile	252	135	189	284	213	418	213	355	189	305 *	212 *		
90th percentile	378	158	252	441	316	553	294	460 *	252 *	339 *	291 *		
95th percentile	497	195 *	284	567 *	377 *	570	347	517 *	321 *	387 *	309 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.023. Fresh Cucumbers: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	9.5	2.5	5.5	5.5	7.2	7.6	10.7	11.9	15.3	13.2	10.6
on 1 of 3 days	7.3	1.7 *	4.3	5.2	6.2	6.0	7.6	9.8	12.2	9.9	7.3
on 2 of 3 days	1.8	0.7 *	0.8 *	0.2 *	1.0 *	1.3	2.5	2.0	2.7	2.5	2.9
on all 3 of 3 days	0.3	0.1 *	0.3 *	0.1 *	0.0 *	0.3 *	0.6 *	0.1 *	0.4 *	0.8 *	0.4 *
Quantity consumed per eating occasion (1/2 cup = 60 g)	<----- g ----->										
mean	53	38 *	39 *	37 *	102 *	60	48	47	50	58	58
SEM	3	13 *	6 *	8 *	26 *	9	4	5	5	4	5
5th percentile	13	--	7 *	10 *	10 *	12 *	13 *	14 *	10 *	11 *	12 *
10th percentile	14	7 *	7 *	11 *	13 *	14 *	14	14 *	14 *	15 *	14 *
25th percentile	21	15 *	14 *	15 *	25 *	21	22	22	20	27	25
50th percentile	30	21 *	28	21 *	66 *	38	32	29	30	42	35
75th percentile	61	33 *	53 *	41 *	159 *	58	58	51	62	74	79
90th percentile	107	93 *	63 *	75 *	201 *	139 *	98	94 *	100 *	100 *	110 *
95th percentile	179	--	90 *	94 *	--	192 *	134 *	116 *	139 *	155 *	157 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.024. Total Lettuce: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	62.3	38.1	56.3	59.6	63.1	67.2	65.4	70.0	67.6	61.3	57.8		
on 1 of 3 days	32.4	28.7	30.4	30.1	37.7	32.9	32.5	33.8	34.3	33.9	28.9		
on 2 of 3 days	20.8	7.1	18.8	18.6	17.2	23.3	24.7	23.6	23.4	19.0	18.9		
on all 3 of 3 days	9.2	2.3	7.1	11.0	8.3	11.0	8.3	12.6	9.9	8.4	10.0		
Quantity consumed per eating occasion (1 cup = 55 g)	<----- g ----->												
mean	36	16	23	32	30	39	38	42	40	40	37		
SEM	1	2	2	2	2	2	1	1	2	2	1		
5th percentile	8	3 *	7	8 *	7	8	8	8	8	8	8		
10th percentile	8	4	8	9	8	10	8	10	8	9	9		
25th percentile	15	8	10	16	14	17	14	19	17	19	16		
50th percentile	27	9	18	27	21	29	28	36	35	37	32		
75th percentile	51	19	28	44	37	53	55	56	55	55	51		
90th percentile	74	34	48	60	63	77	77	81	74	74	74		
95th percentile	93	47 *	55	74 *	82	107	106	96	108	99	83		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.025. Mixed Lettuce-Based Salad: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	13.4	4.8	11.7	14.7	9.6	11.2	12.3	18.5	17.1	15.4	16.6
on 1 of 3 days	10.2	4.5	8.9	11.2	6.2	9.0	9.3	13.6	13.6	11.6	12.3
on 2 of 3 days	2.4	0.3 *	1.9	2.7 *	3.3	1.8	2.3	3.6	3.0	2.8	3.0
on all 3 of 3 days	0.7	0.0 *	0.9 *	0.8 *	0.1 *	0.4 *	0.7 *	1.3 *	0.5 *	1.0 *	1.3
Quantity consumed per eating occasion (1 cup = 73 g)	← g →										
mean	99	38 *	62	90	93 *	122	103	119	96	101	90
SEM	2	6 *	6	6	7 *	7	4	6	3	4	3
5th percentile	36	14 *	17 *	37 *	39 *	36 *	29 *	53 *	37 *	55 *	33 *
10th percentile	36	15 *	34 *	49 *	52 *	57 *	37	69 *	68	56 *	36
25th percentile	70	17 *	36	55 *	60 *	71	67	71	70	63	66
50th percentile	73	29 *	65	65 *	68	124	91	105	72	83	72
75th percentile	142	57 *	71	115 *	104 *	140	138	139	109	140	106
90th percentile	145	--	97 *	135 *	141 *	150 *	144	175 *	143	145 *	135
95th percentile	172	--	115 *	140 *	171 *	199 *	175 *	200 *	155 *	146 *	141 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.026. Cooked Broccoli: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	10.9	12.5	8.3	7.3	6.7	10.1	11.3	9.6	13.7	12.8	14.8		
on 1 of 3 days	9.2	9.9	7.4	7.1	5.4	8.4	9.9	8.1	11.8	9.7	11.8		
on 2 of 3 days	1.5	1.7 *	0.9 *	0.2 *	1.3 *	1.7	1.2	1.4 *	1.5	2.4	2.6		
on all 3 of 3 days	0.3	0.9 *	0.0 *	0.0 *	0.0 *	# *	0.2 *	0.1 *	0.4 *	0.8 *	0.5 *		
Quantity consumed per eating occasion (1/2 cup = 92 g)	<----- g ----->												
mean	121	90	132	112 *	128 *	123	114	160	123	106	118		
SEM	5	20	29	18 *	12 *	6	6	14	8	6	8		
5th percentile	30	20 *	20 *	28 *	38 *	39 *	30 *	45 *	25 *	37 *	29 *		
10th percentile	39	30 *	24 *	33 *	49 *	53 *	36	73 *	42 *	46 *	39 *		
25th percentile	75	38 *	43	60 *	78 *	74	70	92	77	74	78		
50th percentile	95	74 *	86	92 *	110 *	118	92	143	117	78	97		
75th percentile	156	93 *	183	137 *	155 *	156	156	183	156	155	156		
90th percentile	194	153 *	309 *	170 *	183 *	183 *	184	260 *	184 *	185 *	186 *		
95th percentile	288	--	--	233 *	--	227 *	255 *	312 *	234 *	200 *	243 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.027. Cooked Carrots: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	10.1	9.4	5.3	7.6	6.8	7.8	8.8	10.8	11.4	18.0	16.8
on 1 of 3 days	8.5	8.5	4.8	7.4	6.6	6.4	7.5	8.5	9.6	14.6	13.2
on 2 of 3 days	1.3	0.9 *	0.5 *	0.2 *	0.1 *	1.2 *	1.1	2.2	1.7	1.6 *	2.8
on all 3 of 3 days	0.3	0.0 *	0.0 *	0.0 *	0.1 *	0.2 *	0.2 *	0.1 *	0.2 *	1.7 *	0.8 *
Quantity consumed per eating occasion (1/2 cup = 73 g)	<----- g ----->										
mean	84	44	90 *	114 *	76 *	89	76	104	81	86	80
SEM	6	9	23 *	36 *	18 *	9	8	15	5	8	7
5th percentile	11	--	--	12 *	11 *	12 *	8 *	23 *	18 *	17 *	18 *
10th percentile	18	3 *	16 *	29 *	11 *	20 *	12 *	36 *	28 *	27 *	23
25th percentile	37	12 *	38 *	48 *	18 *	49	28	53	40	48	39
50th percentile	73	37	73	73 *	42 *	73	56	74	74	73	73
75th percentile	111	48 *	112 *	111 *	147 *	123	110	116	110	112	78
90th percentile	152	96 *	--	--	152 *	157 *	146 *	160 *	147 *	148 *	150
95th percentile	197	--	--	--	154 *	207 *	155 *	257 *	154 *	210 *	168 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.028. Raw Carrots: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	10.4	9.0	11.3	5.9	7.2	8.3	12.4	10.6	14.0	8.8	11.2		
on 1 of 3 days	7.9	7.7	8.3	4.2	5.9	5.8	10.0	8.2	10.3	6.9	8.2		
on 2 of 3 days	1.9	1.0 *	2.1	1.3 *	1.2 *	1.8	2.0	1.9	2.6	1.3 *	2.6		
on all 3 of 3 days	0.6	0.4 *	0.9 *	0.4 *	# *	0.7 *	0.5 *	0.6 *	1.1 *	0.6 *	0.5 *		
Quantity consumed per eating occasion (1/2 cup = 64 g)	<----- g ----->												
mean	41	34	38	45 *	47 *	52	37	43	44	34	40		
SEM	2	6	5	8 *	9 *	7	3	6	8	5	4		
5th percentile	7	7 *	3 *	7 *	7 *	7 *	7 *	6 *	4 *	7 *	7 *		
10th percentile	8	7 *	7 *	14 *	8 *	10 *	7	8 *	8 *	9 *	7 *		
25th percentile	14	9 *	9	21 *	14 *	21	14	16	15	14 *	13		
50th percentile	27	27 *	28	33 *	27 *	32	27	27	28	25 *	26		
75th percentile	55	53 *	50	54 *	61 *	57	52	51	50	41 *	57		
90th percentile	79	59 *	92 *	93 *	100 *	133 *	70	99 *	73 *	57 *	80 *		
95th percentile	120	61 *	110 *	117 *	117 *	183 *	98 *	139 *	120 *	61 *	116 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.029. Raw Tomatoes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	34.0	14.9	22.1	27.1	28.4	34.4	34.5	43.0	41.8	42.0	39.7		
on 1 of 3 days	21.4	10.5	14.0	16.5	19.1	24.4	21.5	26.9	24.9	24.3	22.6		
on 2 of 3 days	9.2	3.6	6.1	6.9	6.3	7.1	9.6	12.0	12.9	12.1	12.1		
on all 3 of 3 days	3.5	0.7 *	1.9	3.7	3.0	2.9	3.4	4.1	4.1	5.6	5.0		
Quantity consumed per eating occasion (1/2 cup = 90 g)	<----- g ----->												
mean	54	31	43	46	54	57	52	55	56	61	59		
SEM	1	6	5	4	6	2	2	2	2	3	2		
5th percentile	17	--	11 *	12 *	20 *	18	19	18	20	20 *	20		
10th percentile	20	--	14	20 *	20 *	22	20	20	20	22	22		
25th percentile	30	10	20	21	29	30	30	31	30	37	31		
50th percentile	45	20	34	40	43	44	43	44	45	45	45		
75th percentile	65	31	45	58	61	70	61	68	68	71	74		
90th percentile	101	68 *	90	89 *	120 *	116	90	91	119	120	122		
95th percentile	123	125 *	120 *	111 *	126 *	123	117	123	135	134 *	123		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.030. Total Tomato Sauce: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	65.0	66.2	73.0	77.8	70.7	71.6	68.5	65.0	61.4	48.5	44.6		
on 1 of 3 days	36.0	36.3	36.8	35.8	38.1	36.5	38.4	37.1	35.9	32.0	30.2		
on 2 of 3 days	21.8	24.6	24.1	30.2	25.7	23.7	24.4	21.6	20.9	12.1	11.3		
on all 3 of 3 days	7.2	5.3	12.1	11.7	6.9	11.5	5.7	6.4	4.5	4.4	3.0		
Quantity consumed per eating occasion (1/2 cup = 122 g)	<----- g ----->												
mean	34	23	24	36	31	46	33	46	28	29	25		
SEM	1	2	1	2	3	3	2	3	2	2	2		
5th percentile	1	1	3	2	1	2	1	1	#	#	#		
10th percentile	2	3	5	3	2	3	2	2	1	1	1		
25th percentile	7	8	10	10	9	11	7	7	4	2	2		
50th percentile	18	14	16	21	19	30	18	23	14	14	10		
75th percentile	40	23	30	47	32	56	40	57	32	36	33		
90th percentile	81	58	50	83	73	104	83	120	80	71	63		
95th percentile	122	75	66	123	117	156	120	171	102	116	99		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.031. Cooked String Beans: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	21.6	28.0	23.5	18.7	19.8	17.9	18.3	22.1	22.0	24.3	27.1		
on 1 of 3 days	18.7	23.8	21.2	15.0	16.5	15.9	16.8	20.6	18.8	18.8	21.8		
on 2 of 3 days	2.7	4.2	2.2	3.7	2.8	2.0	1.2	1.4 *	2.8	5.0	4.7		
on all 3 of 3 days	0.2	0.0 *	0.1 *	0.0 *	0.6 *	0.0 *	0.3 *	0.2 *	0.3 *	0.4 *	0.6 *		
Quantity consumed per eating occasion (1/2 cup = 68 g)	← g →												
mean	87	49	72	81	81	108	89	98	89	101	86		
SEM	2	3	4	6	5	6	3	5	3	5	4		
5th percentile	31	10 *	24 *	32 *	32 *	34 *	33	34 *	33 *	31 *	33		
10th percentile	34	17	33	34 *	34 *	47	34	58	34	45	40		
25th percentile	62	33	45	63	65	67	66	65	62	65	62		
50th percentile	67	39	66	66	67	99	67	68	67	93	67		
75th percentile	125	66	67	101	97	132	125	133	126	132	115		
90th percentile	135	69	134	134 *	133 *	170	135	135	135	172	135		
95th percentile	161	124 *	135 *	135 *	135 *	257 *	171	187 *	135 *	202 *	135		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.032. Coleslaw: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	6.5	2.2	3.8	2.5 *	4.0	4.2	5.8	8.7	9.5	10.0	12.1		
on 1 of 3 days	5.5	2.1 *	3.5	2.5 *	3.9	3.5	5.3	6.9	7.8	8.1	10.1		
on 2 of 3 days	0.8	0.2 *	0.3 *	0.0 *	0.2 *	0.7 *	0.5 *	1.6 *	1.5	1.3 *	1.7		
on all 3 of 3 days	0.1	0.0 *	0.0 *	0.0 *	0.0 *	0.0 *	# *	0.2 *	0.3 *	0.6 *	0.3 *		
Quantity consumed per eating occasion (1/2 cup = 92 g)	<----- g ----->												
mean	108	59 *	101 *	96 *	88 *	116 *	108	125	120	106	95		
SEM	4	20 *	34 *	8 *	4 *	9 *	10	10	9	6	5		
5th percentile	20	--	--	27 *	37 *	27 *	22 *	20 *	34 *	31 *	11 *		
10th percentile	41	--	5 *	58 *	42 *	37 *	43 *	39 *	39 *	50 *	22 *		
25th percentile	71	--	12 *	66 *	68 *	80 *	81	65	71	78	61		
50th percentile	92	38 *	69 *	77 *	76 *	88 *	86	88	89	92	91		
75th percentile	133	76 *	87 *	87 *	85 *	156 *	126	159	148	128	92		
90th percentile	176	92 *	158 *	115 *	90 *	177 *	168 *	218 *	174 *	174 *	161 *		
95th percentile	183	141 *	--	153 *	100 *	183 *	180 *	--	183 *	180 *	177 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.033. Cooked Peas: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	11.6	12.0	11.8	8.6	8.7	10.1	9.6	13.4	13.1	15.9	13.8		
on 1 of 3 days	10.3	10.8	10.9	8.3	7.8	8.8	8.6	12.1	11.9	13.5	11.4		
on 2 of 3 days	1.2	1.0 *	0.8 *	0.3 *	0.9 *	1.3	1.0	0.9 *	1.3 *	2.0 *	2.2		
on all 3 of 3 days	0.1	0.2 *	0.1 *	0.0 *	0.0 *	# *	# *	0.4 *	0.0 *	0.4 *	0.2 *		
Quantity consumed per eating occasion (1/2 cup = 80 g)	<----- g ----->												
mean	96	69	79	109 *	78 *	119	90	111	88	105	92		
SEM	3	11	6	14 *	12 *	8	5	5	6	5	6		
5th percentile	20	9 *	10 *	11 *	12 *	25 *	21 *	21 *	21 *	28 *	25 *		
10th percentile	30	11 *	11 *	11 *	14 *	40 *	22	33 *	34 *	42 *	40		
25th percentile	56	29	42	78 *	40 *	78	49	79	59	80	56		
50th percentile	83	42	80	84 *	80 *	113	80	85	80	85	84		
75th percentile	127	77	85	161 *	84 *	169	112	160	85	159	114		
90th percentile	170	126 *	166 *	169 *	162 *	170 *	169	170 *	141 *	170 *	160		
95th percentile	170	203 *	170 *	170 *	166 *	239 *	170 *	202 *	169 *	170 *	169 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.034. Cooked Corn: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	24.2	31.9	34.2	30.1	20.7	22.9	23.3	22.5	21.4	22.8	18.5
on 1 of 3 days	20.8	26.3	30.2	25.9	19.0	20.2	20.2	18.7	18.7	17.0	15.2
on 2 of 3 days	3.2	5.4	3.7	4.0	1.6 *	2.6	2.9	2.9	2.3	5.5	2.8
on all 3 of 3 days	0.3	0.1 *	0.2 *	0.2 *	0.1 *	0.1 *	0.1 *	0.9 *	0.4 *	0.3 *	0.4 *
Quantity consumed per eating occasion (1/2 cup = 82 g)	<----- g ----->										
mean	109	73	87	109	106	135	109	120	105	131	103
SEM	3	4	4	6	9	5	6	6	8	13	10
5th percentile	38	11 *	39	39 *	54 *	41	35	41 *	38 *	41 *	31 *
10th percentile	41	25	41	57	62 *	63	41	55	41	51	33
25th percentile	77	41	76	81	80	82	77	81	77	81	63
50th percentile	82	77	81	82	82	123	82	122	82	101	82
75th percentile	127	82	82	127	123	163	126	160	123	154	123
90th percentile	164	126	127	164	164 *	245	164	169	164	215	165
95th percentile	246	146 *	164	204 *	248 *	254	231	249 *	179 *	254 *	252 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.035. Raw Onions: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using		← ————— % ————— →											
at least once in 3 days	12.2	1.9 *	4.1	6.3	6.1	14.0	12.0	17.8	18.4	18.0	13.9		
on 1 of 3 days	10.2	1.8 *	3.8	4.8	4.9	12.7	10.0	14.1	15.4	14.5	11.0		
on 2 of 3 days	1.8	0.1 *	0.3 *	1.5 *	1.2 *	1.1 *	2.0	3.3	2.7	2.6	2.4		
on all 3 of 3 days	0.2	0.0 *	0.0 *	0.0 *	0.0 *	0.1 *	# *	0.5 *	0.3 *	0.9 *	0.5 *		
Quantity consumed per eating occasion (1/2 cup = 80 g)		← ————— g ————— →											
mean	24	9 *	15 *	22 *	22 *	24	25	27	24	23	21		
SEM	1	1 *	1 *	4 *	6 *	2	2	2	2	2	2		
5th percentile	5	--	3 *	2 *	3 *	5 *	5 *	8 *	4 *	3 *	4 *		
10th percentile	7	--	5 *	2 *	5 *	9	8	9 *	7	7 *	7 *		
25th percentile	10	4 *	7 *	9 *	10 *	14	10	12	10	10	10		
50th percentile	18	8 *	14 *	14 *	15 *	20	18	20	19	18	14		
75th percentile	29	11 *	19 *	28 *	21 *	28	30	35	32	30	23		
90th percentile	42	15 *	21 *	41 *	48 *	39	46	58 *	44	42 *	39 *		
95th percentile	65	18 *	28 *	51 *	53 *	71 *	71 *	69 *	60 *	55 *	63 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.036. French-Fried Potatoes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	27.8	34.5	39.1	39.5	37.7	34.7	27.3	26.5	18.8	15.9	10.2		
on 1 of 3 days	22.2	28.2	30.6	27.9	25.3	27.5	22.4	21.5	16.3	14.2	9.6		
on 2 of 3 days	4.9	5.2	7.2	8.6	11.1	6.4	4.5	4.4	2.4	1.5 *	0.6 *		
on all 3 of 3 days	0.7	1.0 *	1.3 *	3.0	1.4 *	0.8 *	0.4 *	0.7 *	0.1 *	0.2 *	# *		
Quantity consumed per eating occasion (10 medium = 50 g)	← g →												
mean	77	61	67	89	81	92	75	82	69	70	62		
SEM	1	2	3	4	4	3	2	3	3	4	2		
5th percentile	28	20 *	21	40 *	27 *	36	28	26 *	26 *	26 *	27 *		
10th percentile	35	28	27	52	41	56	34	41	28	27 *	27 *		
25th percentile	57	43	51	55	57	57	57	57	57	53	43		
50th percentile	78	57	57	85	85	85	71	80	57	57	57		
75th percentile	93	81	85	112	100	113	85	106	85	85	71		
90th percentile	114	85	110	114	114	114	113	114	100	113 *	113 *		
95th percentile	117	100 *	114	156 *	150 *	171	114	139 *	114 *	114 *	114 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.037. Home-Fried and Hash-Browned Potatoes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	11.9	10.4	17.2	15.5	13.7	12.5	11.2	14.5	10.2	10.1	5.5		
on 1 of 3 days	10.4	9.4	14.8	13.4	12.3	10.5	10.2	12.5	8.8	8.4	4.7		
on 2 of 3 days	1.4	1.0 *	2.3	1.5 *	1.2 *	1.8	1.0	1.9	1.3 *	1.6 *	0.8 *		
on all 3 of 3 days	0.1	0.1 *	0.1 *	0.6 *	0.1 *	0.2 *	0.0 *	0.1 *	0.1 *	0.1 *	0.1 *		
Quantity consumed per eating occasion (1/2 cup hash-browned = 73 g)	<----- g ----->												
mean	147	92	123	202	126	181	121	169	149	156	117		
SEM	6	12	11	30	20	13	8	10	13	13	7		
5th percentile	35	30 *	32 *	45 *	25 *	53 *	29 *	51 *	38 *	35 *	31 *		
10th percentile	48	35 *	39	48 *	35 *	65	48	57 *	50 *	51 *	41 *		
25th percentile	70	49	63	67	63	93	66	96	76	69	67		
50th percentile	113	71	98	134	92	143	96	145	128	145	97		
75th percentile	193	96	145	291	156	232	185	194	177	186	170		
90th percentile	291	153 *	239	388 *	194 *	351	194	290 *	272 *	280 *	192 *		
95th percentile	385	268 *	--	533 *	--	384 *	290 *	311 *	311 *	364 *	226 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.038. Baked Potatoes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	22.8	11.7	13.1	20.9	16.5	21.4	19.9	30.6	28.7	31.3	30.8		
on 1 of 3 days	19.8	11.0	12.1	20.3	14.0	19.3	18.3	27.0	24.1	23.3	24.3		
on 2 of 3 days	2.8	0.6 *	0.7 *	0.5 *	2.5 *	1.8	1.6	3.4	4.3	7.4	5.9		
on all 3 of 3 days	0.2	0.0 *	0.3 *	# *	# *	0.3 *	# *	0.1 *	0.3 *	0.6 *	0.6 *		
Quantity consumed per eating occasion (1 medium, with peel = 122 g)	<----- g ----->												
mean	117	74	100	124	129	136	119	126	111	113	102		
SEM	2	4	5	6	19	6	3	4	3	4	2		
5th percentile	61	32 *	35 *	71 *	70 *	72 *	64 *	83 *	49 *	45 *	59		
10th percentile	70	38 *	65 *	92 *	70 *	92	74	92	73	70	70		
25th percentile	93	47	75	93	92	93	93	93	92	93	92		
50th percentile	97	70	93	98	95	123	98	120	97	97	93		
75th percentile	127	94	105	140	122	155	123	140	123	123	122		
90th percentile	183	97 *	143 *	184 *	164 *	184	183	184	145	174	140		
95th percentile	185	122 *	184 *	206 *	200 *	244 *	197 *	199 *	184 *	184 *	161		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.039. Boiled Potatoes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	8.9	7.7	5.5	8.7	8.0	6.8	6.5	10.4	11.1	14.3	13.2
on 1 of 3 days	7.6	7.4	5.1	8.5	7.6	6.0	5.7	8.9	9.5	10.0	10.2
on 2 of 3 days	1.1	0.3 *	0.3 *	0.2 *	0.4 *	0.7 *	0.9 *	1.4 *	1.5	3.3	2.4
on all 3 of 3 days	0.2	# *	0.0 *	# *	# *	0.2 *	0.0 *	0.1 *	0.1 *	1.0 *	0.7 *
Quantity consumed per eating occasion (1/2 cup = 78 g)	<----- g ----->										
mean	165	86 *	135 *	203 *	163 *	198	148	210	160	179	139
SEM	5	9 *	14 *	33 *	17 *	13	11	17	9	10	10
5th percentile	40	24 *	48 *	42 *	77 *	37 *	51 *	37 *	54 *	63 *	42 *
10th percentile	62	31 *	60 *	66 *	77 *	77 *	61 *	74 *	77 *	77 *	57
25th percentile	92	39 *	77	117 *	88 *	122	78	122	92	114	78
50th percentile	141	77 *	122	153 *	146 *	184	122	180	138	154	117
75th percentile	226	117 *	155	237 *	243 *	244	184	244	214	227	156
90th percentile	307	122 *	213 *	409 *	283 *	344 *	244 *	319 *	313 *	309 *	242
95th percentile	366	157 *	267 *	419 *	309 *	366 *	314 *	488 *	319 *	367 *	278 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.040. Mashed Potatoes: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	20.7	23.7	20.3	26.5	20.8	19.7	17.8	22.4	19.1	22.2	22.1		
on 1 of 3 days	17.5	21.2	17.7	22.7	18.0	16.0	15.4	18.8	16.7	17.1	18.2		
on 2 of 3 days	3.0	2.4	2.6	3.8	2.3 *	3.5	2.1	3.6	2.3	4.4	3.5		
on all 3 of 3 days	0.2	0.0 *	0.0 *	0.0 *	0.5 *	0.2 *	0.3 *	0.1 *	# *	0.7 *	0.3 *		
Quantity consumed per eating occasion (1/2 cup = 105 g)	<----- g ----->												
mean	194	100	182	268	166	262	174	219	177	192	158		
SEM	5	9	19	26	10	12	7	8	9	11	8		
5th percentile	52	13 *	43 *	78 *	93 *	80 *	52	95 *	72 *	53 *	45 *		
10th percentile	82	26	70	88 *	95 *	100	74	99	94	89	70		
25th percentile	104	48	93	147	101	158	95	151	101	102	103		
50th percentile	208	90	105	209	172	209	153	202	156	192	127		
75th percentile	210	102	202	299	198	311	204	210	202	208	204		
90th percentile	333	179	317	514 *	209 *	404	302	377	225	314	223		
95th percentile	403	200 *	--	624 *	224 *	420 *	337	402 *	372 *	378 *	305 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.041. Cooked Dried Beans and Peas: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	10.2	8.6	9.8	4.7	7.9	10.9	8.4	11.4	10.4	15.5	12.3		
on 1 of 3 days	7.7	6.1	7.2	3.0	7.1	8.3	6.6	8.6	9.0	11.3	8.5		
on 2 of 3 days	1.9	2.4	2.5	1.4 *	0.6 *	1.6	1.3	2.4	1.3 *	3.4	3.2		
on all 3 of 3 days	0.5	0.1 *	0.1 *	0.4 *	0.3 *	1.0 *	0.6 *	0.4 *	0.1 *	0.7 *	0.6 *		
Quantity consumed per eating occasion (1/2 cup kidney beans = 86 g)	<----- g ----->												
mean	126	73	99	176 *	104 *	171	108	145	107	137	114		
SEM	4	5	8	19 *	8 *	10	7	10	7	10	7		
5th percentile	30	22 *	43 *	27 *	43 *	52 *	20 *	39 *	22 *	36 *	20 *		
10th percentile	43	35 *	43 *	40 *	49 *	67	38	42 *	40 *	47 *	21		
25th percentile	65	43	64	73 *	63 *	115	57	80	63	69	60		
50th percentile	97	70	86	156 *	83 *	161	87	130	87	114	87		
75th percentile	172	84	101	215 *	129 *	224	157	173	136	173	172		
90th percentile	244	99 *	172 *	345 *	170 *	307	175	239 *	172 *	271 *	229		
95th percentile	323	150 *	200 *	377 *	175 *	346 *	255 *	326 *	214 *	345 *	262 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.042. Baked Beans: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	7.4	6.9	6.6	8.8	9.2	6.3	7.0	11.2	7.6	7.3	5.5		
on 1 of 3 days	6.7	6.5	5.9	8.5	8.9	5.9	6.5	9.7	6.5	5.9	4.6		
on 2 of 3 days	0.7	0.4 *	0.7 *	0.1 *	0.2 *	0.4 *	0.5 *	1.0 *	1.1 *	1.3 *	0.9 *		
on all 3 of 3 days	0.1	# *	0.0 *	0.1 *	0.1 *	0.0 *	0.0 *	0.5 *	0.0 *	0.0 *	0.0 *		
Quantity consumed per eating occasion (1/2 cup = 127 g)	<----- g ----->												
mean	201	123 *	144	265 *	158 *	265	176	250	163	243 *	170		
SEM	8	12 *	12	24 *	20 *	18	13	22	11	17 *	13		
5th percentile	32	19 *	26 *	120 *	--	42 *	51 *	31 *	30 *	31 *	32 *		
10th percentile	62	27 *	59 *	121 *	--	92 *	59 *	75 *	63 *	61 *	52 *		
25th percentile	126	61 *	97	126 *	95 *	124	120	122	125	108	89		
50th percentile	131	97 *	113	236 *	122 *	236	125	234	126	231	144		
75th percentile	244	120 *	132	302 *	221 *	351	209	255	199	275	231		
90th percentile	372	194 *	225 *	471 *	248 *	465 *	359 *	442 *	242 *	427 *	248 *		
95th percentile	480	233 *	240 *	498 *	255 *	488 *	378 *	489 *	260 *	500 *	278 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.043. Fresh Oranges: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	8.1	12.5	10.8	7.4	9.5	4.3	7.9	6.2	7.9	8.8	10.5		
on 1 of 3 days	5.8	10.3	7.5	6.0	7.5	3.4	6.2	4.2	5.7	5.4	5.6		
on 2 of 3 days	1.7	2.1 *	2.4	1.1 *	1.7 *	0.6 *	1.3	0.9 *	1.8	2.2	3.8		
on all 3 of 3 days	0.6	0.1 *	0.9 *	0.2 *	0.2 *	0.3 *	0.5 *	1.1 *	0.4 *	1.2 *	1.2 *		
Quantity consumed per eating occasion (1 medium = 131 g)	← g →												
mean	128	95	117	142 *	138 *	150 *	126	146 *	127	136	127		
SEM	2	7	5	13 *	10 *	8 *	7	7 *	5	9	3		
5th percentile	50	--	47 *	57 *	35 *	76 *	34 *	71 *	55 *	56 *	43 *		
10th percentile	64	46 *	59 *	64 *	62 *	96 *	59 *	91 *	72 *	65 *	74 *		
25th percentile	122	56 *	109	100 *	100 *	118 *	98	124 *	102	107 *	120		
50th percentile	126	93	118	116 *	113 *	126	112	128 *	114	120 *	125		
75th percentile	130	121 *	125	139 *	125 *	165 *	126	141 *	127	147 *	130		
90th percentile	170	128 *	129 *	203 *	200 *	182 *	167 *	182 *	153 *	182 *	157 *		
95th percentile	184	130 *	130 *	--	--	228 *	179 *	203 *	170 *	--	174 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.044. Orange Juice: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	31.1	37.0	33.4	35.0	36.5	29.8	30.1	23.3	26.1	34.5	35.7		
on 1 of 3 days	13.9	17.7	13.4	15.8	21.9	14.1	15.9	10.0	10.7	11.8	11.5		
on 2 of 3 days	9.2	10.5	12.0	9.6	8.9	10.3	8.7	5.8	8.4	9.0	9.0		
on all 3 of 3 days	8.1	8.8	8.0	9.6	5.7	5.4	5.4	7.5	7.0	13.6	15.2		
Quantity consumed per eating occasion (6 fluid ounces = 187 g)	<----- g ----->												
mean	241	194	219	294	264	308	247	237	211	210	198		
SEM	4	5	8	20	13	14	7	6	7	8	5		
5th percentile	124	115 *	124	124 *	124 *	150	124	110 *	115 *	121 *	117		
10th percentile	124	124	124	177	166	186	124	124	124	124	124		
25th percentile	186	140	172	219	187	218	186	186	154	144	124		
50th percentile	246	187	205	249	249	249	249	247	206	201	187		
75th percentile	249	249	249	311	280	372	249	249	249	249	249		
90th percentile	373	249	305	426	375	495	373	332	270	249	249		
95th percentile	490	269 *	373	498 *	487 *	500	497	367 *	348 *	344 *	311		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.045. Raw Apples: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	19.2	25.2	27.9	15.5	14.2	12.9	18.9	20.8	21.4	18.1	19.3
on 1 of 3 days	12.1	18.6	15.7	12.5	9.4	7.4	13.1	11.7	13.3	10.7	11.4
on 2 of 3 days	5.0	5.6	10.3	2.7 *	2.6 *	3.7	3.9	4.8	6.9	4.9	4.6
on all 3 of 3 days	2.2	1.0 *	1.8	0.4 *	2.2 *	1.9	2.0	4.4	1.2 *	2.5	3.3
Quantity consumed per eating occasion (1 medium = 138 g)	← g →										
mean	137	112	131	152	141	156	138	147	139	132	122
SEM	1	5	3	8	4	5	3	4	3	7	5
5th percentile	53	27 *	64 *	104 *	100 *	86 *	69 *	95 *	57 *	23 *	12 *
10th percentile	69	43	68	122 *	117 *	105	85	105 *	104	64 *	34
25th percentile	123	89	122	125	127	126	125	128	121	107	103
50th percentile	138	128	131	131	131	133	138	133	136	130	130
75th percentile	138	133	135	138	136	205	138	137	138	137	136
90th percentile	210	137	138	209 *	187 *	211	210	209 *	209	188 *	209
95th percentile	211	138 *	193 *	--	201 *	212 *	211 *	212 *	210 *	200 *	211 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.046. Applesauce and Cooked Apples: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	7.3	15.7	14.3	7.3	3.4	3.1	4.9	5.7	6.0	9.7	9.8		
on 1 of 3 days	5.8	12.4	10.6	6.4	3.2	2.8	3.8	4.0	5.1	7.7	7.3		
on 2 of 3 days	1.2	2.5	3.4	0.6 *	0.1 *	0.2 *	0.9 *	1.5 *	0.7 *	1.4 *	1.2 *		
on all 3 of 3 days	0.3	0.8 *	0.3 *	0.2 *	0.1 *	0.1 *	0.2 *	0.2 *	0.1 *	0.6 *	1.2 *		
Quantity consumed per eating occasion (1/2 cup = 128 g)	<----- g ----->												
mean	150	123	143	174 *	115 *	229 *	150	179 *	141	141	143		
SEM	5	13	10	17 *	17 *	53 *	13	11 *	12	11	9		
5th percentile	32	11 *	62 *	117 *	48 *	62 *	--	58 *	62 *	33 *	24 *		
10th percentile	61	30 *	63 *	119 *	50 *	115 *	51 *	90 *	68 *	39 *	31 *		
25th percentile	102	64	105	123 *	55 *	124 *	81	125 *	111 *	94 *	84		
50th percentile	127	118	126	127 *	119 *	179 *	126	170 *	124 *	124	126		
75th percentile	190	127	128	232 *	126 *	249 *	236	239 *	162 *	180 *	189		
90th percentile	252	248 *	248 *	254 *	172 *	367 *	251 *	248 *	244 *	248 *	244 *		
95th percentile	255	252 *	254 *	302 *	226 *	--	260 *	254 *	250 *	253 *	253 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.047. Apple Juice: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	7.6	26.5	15.1	8.1	6.8	3.8	7.1	3.4	3.8	5.7	5.3		
on 1 of 3 days	4.7	14.1	8.5	7.1	4.2	2.4	5.1	2.2	2.2	3.0	3.3		
on 2 of 3 days	1.9	7.8	3.9	0.8 *	1.4 *	1.2 *	1.5	1.0 *	1.1 *	2.0 *	1.1 *		
on all 3 of 3 days	1.0	4.5	2.6	0.2 *	1.1 *	0.3 *	0.5 *	0.3 *	0.5 *	0.7 *	0.9 *		
Quantity consumed per eating occasion (6 fluid ounces = 186 g)	← g →												
mean	248	192	245	244 *	273 *	320 *	275	257 *	241 *	290 *	238		
SEM	9	7	14	21 *	16 *	22 *	26	19 *	10 *	34 *	.23		
5th percentile	118	89 *	110 *	43 *	120 *	155 *	96 *	55 *	78 *	85 *	106 *		
10th percentile	122	118	142 *	71 *	165 *	177 *	123 *	105 *	171 *	118 *	119 *		
25th percentile	180	125	182	179 *	202 *	235 *	208	185 *	224 *	180 *	123		
50th percentile	240	179	240	222 *	234 *	243 *	240	216 *	236 *	231 *	210		
75th percentile	247	238	261	275 *	289 *	399 *	247	246 *	245 *	304 *	247		
90th percentile	368	246	355 *	305 *	355 *	472 *	442 *	341 *	305 *	483 *	446 *		
95th percentile	473	265 *	385 *	353 *	366 *	486 *	492 *	369 *	345 *	--	476 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.048. Fresh Bananas: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	22.3	24.0	21.3	18.0	14.9	13.9	17.4	20.6	24.6	38.6	39.3
on 1 of 3 days	13.5	15.7	16.0	11.7	9.5	8.5	11.9	12.5	15.4	18.4	19.8
on 2 of 3 days	6.0	6.7	4.7	5.2	4.5	3.8	3.8	5.1	6.3	11.7	12.4
on all 3 of 3 days	2.8	1.6 *	0.6 *	1.1 *	0.9 *	1.6	1.7	3.0	2.8	8.6	7.1
Quantity consumed per eating occasion (1 medium = 114 g)	← g →										
mean	101	92	104	107	106	114	104	111	100	95	92
SEM	1	3	3	5	3	3	2	3	2	3	2
5th percentile	49	45 *	57 *	47 *	35 *	64 *	47 *	47 *	54 *	38 *	45
10th percentile	57	52	57	51 *	80 *	86	56	64	56	46	56
25th percentile	85	57	89	103	97	111	90	102	85	65	57
50th percentile	114	99	106	108	104	112	114	108	105	111	113
75th percentile	114	109	111	113	111	114	114	113	111	113	114
90th percentile	126	113	114	140 *	116 *	128	126	128	114	127	114
95th percentile	129	123 *	126 *	146 *	126 *	155 *	129 *	130 *	127 *	129 *	125

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.049. Fluid Milk: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	77.3	96.7	95.3	87.9	79.9	70.3	70.3	69.3	71.0	79.3	78.3		
on 1 of 3 days	14.4	6.8	9.8	11.1	15.5	15.5	18.3	17.6	18.3	11.4	10.8		
on 2 of 3 days	19.2	14.9	20.4	21.9	24.1	22.8	18.9	18.1	16.9	16.7	16.3		
on all 3 of 3 days	43.8	75.0	65.1	54.9	40.3	32.0	33.1	33.7	35.7	51.2	51.2		
Quantity consumed per eating occasion (1 cup lowfat milk = 245 g)	← g →												
mean	223	195	241	301	257	285	204	220	180	198	164		
SEM	3	5	5	8	6	9	5	7	6	7	4		
5th percentile	31	102	121	122	119	30	20	15	15	39	30		
10th percentile	71	122	153	182	153	83	50	38	30	61	51		
25th percentile	138	145	184	240	214	182	122	122	100	122	98		
50th percentile	229	191	239	260	244	245	213	243	180	184	161		
75th percentile	261	241	265	357	285	367	245	282	245	245	242		
90th percentile	367	262	341	486	367	490	343	382	291	327	246		
95th percentile	469	297	392	502	441	575	367	441	408	418	306		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.050. Whole Milk: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	35.3	58.3	54.1	44.8	47.0	32.1	29.1	28.8	26.0	28.1	28.4
on 1 of 3 days	10.9	11.0	12.3	11.1	13.1	10.8	12.6	10.1	11.4	7.5	7.8
on 2 of 3 days	8.7	12.1	14.4	13.8	16.8	8.7	6.5	6.8	3.8	7.4	5.8
on all 3 of 3 days	15.7	35.3	27.4	19.9	17.1	12.6	10.0	12.0	10.9	13.2	14.8
Quantity consumed per eating occasion (1 cup = 244 g)	← g →										
mean	214	200	246	292	251	248	183	195	162	185	154
SEM	4	5	6	17	9	11	8	11	12	11	8
5th percentile	15	112	117	63 *	81 *	14	10	10 *	14 *	12 *	15
10th percentile	35	122	148	175	115	30	17	20	15	30	30
25th percentile	122	150	202	233	208	121	62	61	46	91	67
50th percentile	243	199	238	241	238	238	180	209	122	180	122
75th percentile	244	241	265	353	284	354	242	263	239	244	237
90th percentile	364	247	355	472	365	470	334	383	313	326	272
95th percentile	474	285	387	552 *	446 *	485	421	458 *	443 *	365 *	338

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.051. Lowfat Milk: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	39.0	46.5	49.6	50.5	34.4	35.6	36.3	34.0	35.2	39.4	40.8		
on 1 of 3 days	9.9	6.1	7.6	8.7	10.7	10.6	11.3	11.2	11.7	8.6	8.2		
on 2 of 3 days	10.4	8.2	12.5	15.8	9.0	11.4	11.0	9.4	9.4	7.6	9.7		
on all 3 of 3 days	18.7	32.3	29.4	26.0	14.7	13.5	14.0	13.4	14.1	23.1	22.8		
Quantity consumed per eating occasion (1 cup = 245 g)	← g →												
mean	231	193	238	302	271	305	219	230	181	206	169		
SEM	3	7	7	13	19	11	5	9	7	12	4		
5th percentile	50	107	122	122 *	122 *	84	30	15 *	16	49 *	30		
10th percentile	92	122	146	184	180	122	65	61	31	61	52		
25th percentile	153	139	184	240	214	235	145	122	102	122	116		
50th percentile	245	184	245	245	245	245	243	244	184	195	168		
75th percentile	261	239	262	346	286	367	245	292	245	245	242		
90th percentile	367	276	327	490	367	490	364	369	305	341	245		
95th percentile	489	335	407	490 *	490 *	542	397	430 *	367	452 *	306		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.052. Skim Milk: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	12.3	7.0	7.6	5.7	7.5	9.2	13.6	12.0	19.1	19.5	17.3		
on 1 of 3 days	3.2	2.4	2.4	0.9 *	2.5 *	2.5	4.3	3.4	5.1	3.6	2.7		
on 2 of 3 days	3.6	2.2 *	3.4	1.1 *	2.7 *	3.8	3.4	3.0	6.1	3.8	4.4		
on all 3 of 3 days	5.5	2.5	1.8	3.7	2.4 *	2.9	5.9	5.7	7.8	12.1	10.2		
Quantity consumed per eating occasion (1 cup = 245 g)	<----- g ----->												
mean	216	191 *	226	302 *	257 *	303	201	241	190	197	168		
SEM	5	15 *	17	22 *	16 *	33	9	15	8	12	7		
5th percentile	38	90 *	70 *	127 *	123 *	84 *	24 *	14 *	18 *	38 *	42 *		
10th percentile	73	96 *	122 *	229 *	143 *	118 *	61	106 *	47	66 *	67		
25th percentile	122	125 *	152 *	242 *	214 *	178	122	166	122	122	120		
50th percentile	220	184 *	203	268 *	244 *	245	216	245	201	201	163		
75th percentile	245	245 *	245 *	322 *	306 *	365	245	298	245	245	239		
90th percentile	359	272 *	350 *	367 *	355 *	557 *	306	428 *	262	309 *	245		
95th percentile	418	295 *	408 *	534 *	368 *	631 *	367 *	457 *	306 *	367 *	269 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.053. Cheese, Other Than Cream or Cottage: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	53.4	45.0	54.3	58.8	58.3	64.0	58.2	53.5	50.2	38.4	40.5		
on 1 of 3 days	31.3	26.0	32.7	33.2	32.8	32.5	33.4	30.2	34.1	24.7	28.1		
on 2 of 3 days	16.2	14.3	14.6	18.2	18.7	22.6	19.6	16.9	11.0	10.4	9.4		
on all 3 of 3 days	5.9	4.8	7.0	7.5	6.8	8.9	5.2	6.4	5.2	3.4	3.1		
Quantity consumed per eating occasion (1-1/2 ounces = 43 g)	<----- g ----->												
mean	34	30	29	35	34	38	32	43	32	36	33		
SEM	1	2	1	2	2	1	1	3	2	1	1		
5th percentile	10	7	7	12 *	12	14	10	13	7	10 *	8		
10th percentile	14	10	13	16	14	18	13	21	12	14	12		
25th percentile	21	17	20	21	21	23	21	24	21	21	21		
50th percentile	28	25	27	29	27	30	27	32	28	28	28		
75th percentile	42	40	35	42	36	46	37	49	35	42	42		
90th percentile	57	57	50	56	57	62	57	64	57	62	57		
95th percentile	78	63	57	69 *	85	85	70	85	71	76 *	69		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.054. Ice Cream and Ice Milk: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	20.1	25.6	24.8	20.8	21.2	16.0	17.9	17.6	17.0	26.9	22.7		
on 1 of 3 days	15.6	22.0	20.7	16.4	16.7	12.9	14.8	12.5	13.5	17.2	15.6		
on 2 of 3 days	3.5	3.0	3.6	3.8	4.2	1.9	2.5	3.7	2.8	7.0	5.5		
on all 3 of 3 days	1.0	0.6 *	0.5 *	0.7 *	0.3 *	1.2 *	0.6 *	1.4 *	0.7 *	2.8	1.6		
Quantity consumed per eating occasion (1/2 cup hard ice cream = 67 g)	<----- g ----->												
mean	139	99	140	193	157	185	135	152	115	130	100		
SEM	4	8	9	11	20	11	9	9	5	7	4		
5th percentile	33	9 *	36 *	66 *	66 *	44 *	33 *	46 *	33 *	44 *	33 *		
10th percentile	65	25 *	66	124 *	66 *	65	44	63 *	64	63	33		
25th percentile	66	66	66	133	100	133	66	92	66	66	66		
50th percentile	133	86	133	170	133	167	132	133	100	129	89		
75th percentile	171	132	148	263	196	264	153	198	133	139	133		
90th percentile	265	157 *	263	266 *	266 *	338	262	264 *	197	260	148		
95th percentile	266	198 *	336 *	351 *	311 *	379 *	265 *	301 *	262 *	282 *	199 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.055. Beef Steaks: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	19.1	13.5	14.9	19.9	15.6	22.7	17.9	26.6	20.0	18.7	15.5		
on 1 of 3 days	16.7	12.2	12.4	16.4	14.0	20.4	16.4	22.9	17.8	16.6	12.1		
on 2 of 3 days	2.3	1.3 *	2.5	3.6	1.6 *	2.2	1.3	3.7	2.2	2.0 *	3.1		
on all 3 of 3 days	0.1	# *	# *	0.0 *	0.0 *	0.2 *	0.2 *	0.1 *	0.1 *	0.1 *	0.3 *		
Quantity consumed per eating occasion (1 ounce = 28 g)	<----- g ----->												
mean	139	69	90	146	120	173	139	158	128	152	119		
SEM	3	7	5	10	8	6	6	6	6	10	5		
5th percentile	40	13 *	30 *	55 *	42 *	70 *	38 *	69 *	42 *	36 *	45 *		
10th percentile	56	16 *	44 *	63 *	51 *	82	53	85	64	55 *	54		
25th percentile	85	35	56	88	82	119	85	110	84	86	81		
50th percentile	131	62	80	138	101	159	137	149	119	136	107		
75th percentile	170	85	107	201	147	209	174	192	158	204	159		
90th percentile	225	117 *	153 *	233 *	205 *	271	222	259	210	245 *	198		
95th percentile	270	157 *	183 *	240 *	227 *	306 *	268 *	273 *	222 *	320 *	209 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.056. Beef Roasts: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	11.8	7.5	5.5	13.1	9.9	14.0	9.2	13.6	12.5	17.6	15.2		
on 1 of 3 days	10.0	7.0	5.1	11.9	9.5	12.1	7.9	11.3	9.8	12.6	13.0		
on 2 of 3 days	1.6	0.5 *	0.4 *	1.2 *	0.4 *	1.4	1.2	2.1	2.5	4.4	1.9		
on all 3 of 3 days	0.2	0.0 *	0.0 *	0.0 *	0.0 *	0.4 *	0.1 *	0.2 *	0.2 *	0.6 *	0.3 *		
Quantity consumed per eating occasion (1 ounce = 28 g)	← g →												
mean	104	43 *	89 *	112	100 *	134	101	118	89	106	84		
SEM	4	7 *	8 *	18	20 *	14	8	8	5	8	4		
5th percentile	20	--	21 *	27 *	--	28 *	17 *	12 *	29 *	27 *	26 *		
10th percentile	34	6 *	34 *	28 *	13 *	34 *	34 *	35 *	42 *	36 *	35		
25th percentile	54	14 *	55	55 *	40 *	57	47	67	56	57	49		
50th percentile	84	40 *	80	107 *	84 *	109	82	88	74	88	71		
75th percentile	132	47 *	106	138 *	136 *	159	133	140	106	138	108		
90th percentile	187	82 *	143 *	180 *	--	281 *	178 *	271 *	142 *	183 *	143		
95th percentile	274	106 *	174 *	220 *	--	321 *	211 *	282 *	181 *	217 *	174 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.057. Ground Beef: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	64.6	64.9	77.8	80.7	74.8	73.3	66.6	65.6	56.4	47.1	39.8		
on 1 of 3 days	36.3	37.8	37.8	34.0	38.6	34.0	38.8	39.2	38.1	34.6	28.9		
on 2 of 3 days	21.9	21.9	29.8	31.3	27.5	28.8	22.9	21.5	15.5	10.1	9.0		
on all 3 of 3 days	6.4	5.2	10.3	15.5	8.6	10.4	4.9	4.8	2.8	2.4	2.0		
Quantity consumed per eating occasion (1 ounce = 28 g)	← g →												
mean	65	38	47	68	54	79	58	81	66	85	67		
SEM	1	2	2	4	3	3	2	3	2	4	2		
5th percentile	2	2	2	2	2	4	2	3	2	10	3		
10th percentile	6	3	3	6	5	13	3	9	4	27	15		
25th percentile	31	21	22	31	29	41	27	38	32	42	35		
50th percentile	58	35	41	63	48	71	55	71	58	79	63		
75th percentile	86	52	64	91	76	101	84	111	91	108	88		
90th percentile	122	76	85	126	111	153	112	158	119	167	114		
95th percentile	162	88	110	169	121	175	132	176	159	201	134		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.058. Ham: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	16.4	11.9	14.3	11.6	15.0	20.0	15.7	21.4	13.3	18.4	17.3		
on 1 of 3 days	13.5	10.0	11.5	8.6	11.9	16.5	12.7	17.5	11.5	15.6	14.0		
on 2 of 3 days	2.7	2.0 *	2.7	2.9 *	3.1	3.0	2.7	3.3	1.2 *	2.6	3.0		
on all 3 of 3 days	0.3	0.0 *	0.1 *	0.1 *	0.0 *	0.5 *	0.3 *	0.5 *	0.6 *	0.3 *	0.2 *		
Quantity consumed per eating occasion (1 ounce = 28 g)	← g →												
mean	64	44	49	66	71	72	56	76	56	73	61		
SEM	2	6	7	10	13	5	4	9	6	5	4		
5th percentile	7	2 *	2 *	9 *	13 *	14 *	8 *	6 *	7 *	5 *	3 *		
10th percentile	13	5 *	6 *	10 *	19 *	20	13	13	11 *	13 *	9		
25th percentile	26	18	19	22	34	27	25	27	26	35	34		
50th percentile	50	36	42	51	56	54	43	56	44	56	53		
75th percentile	84	57	63	91	85	85	75	103	69	103	78		
90th percentile	129	88 *	93 *	154 *	143 *	149	122	154	111 *	151 *	113		
95th percentile	168	114 *	137 *	185 *	--	193 *	153 *	200 *	149 *	168 *	149 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.059. Pork Chops, Steaks, Roasts: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	18.5	16.6	17.2	22.9	17.7	20.2	17.7	20.5	18.3	18.4	16.5		
on 1 of 3 days	16.0	15.6	15.7	22.3	15.9	17.2	15.3	16.5	15.2	14.0	14.7		
on 2 of 3 days	2.4	1.1 *	1.4 *	0.6 *	1.8 *	2.9	2.2	4.0	3.0	4.1	1.8		
on all 3 of 3 days	0.1	# *	0.1 *	0.0 *	0.0 *	# *	0.2 *	0.1 *	0.1 *	0.4 *	# *		
Quantity consumed per eating occasion (1 ounce = 28 g)	← g →												
mean	94	50	74	108	89	114	92	123	83	93	74		
SEM	3	4	8	8	10	5	5	10	5	7	3		
5th percentile	8	6 *	6 *	24 *	5 *	11 *	6	27 *	6 *	15 *	16 *		
10th percentile	19	6	8	35 *	13 *	26	13	40	22	30 *	30		
25th percentile	51	18	38	67	52	61	52	67	44	63	50		
50th percentile	84	49	70	91	70	106	83	100	77	79	67		
75th percentile	130	71	90	135	126	167	134	149	105	127	91		
90th percentile	181	87	138	181 *	181 *	200	180	223	153	168 *	123		
95th percentile	213	90 *	156 *	226 *	212 *	232 *	200	293 *	180 *	179 *	138 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.060. Bacon: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	18.7	16.0	15.1	16.2	17.8	20.2	17.1	21.5	19.8	24.5	17.7
on 1 of 3 days	14.8	12.4	13.1	13.3	16.2	15.1	14.2	17.2	16.2	16.2	13.5
on 2 of 3 days	2.9	3.2	1.8	1.9 *	1.2 *	4.1	2.3	3.1	3.2	4.6	2.9
on all 3 of 3 days	1.0	0.4 *	0.3 *	1.0 *	0.5 *	1.1 *	0.5 *	1.2 *	0.5 *	3.7	1.2 *
Quantity consumed per eating occasion (1 strip = 5 g)	<----- g ----->										
mean	22	16	19	28	22	27	20	26	20	22	19
SEM	1	2	1	2	2	1	1	1	1	1	1
5th percentile	8	5 *	8 *	9 *	9 *	8 *	8	10 *	8 *	7 *	7 *
10th percentile	8	6 *	8 *	15 *	16 *	10	8	14	8	11	8
25th percentile	16	8	10	19	16	16	16	16	14	16	10
50th percentile	18	15	16	23	20	23	16	24	16	19	16
75th percentile	24	16	22	31	23	32	24	31	23	24	22
90th percentile	36	28 *	31 *	45 *	31 *	47	32	38	31	32	26
95th percentile	47	32 *	32 *	54 *	44 *	58 *	42	46 *	35 *	44 *	42 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.061. Pork Breakfast Sausage: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	9.6	6.6	9.2	12.8	7.9	11.4	9.1	10.8	7.6	12.5	7.8		
on 1 of 3 days	7.5	5.3	5.9	9.1	4.6	9.8	7.8	8.8	6.0	9.4	6.5		
on 2 of 3 days	1.7	1.3 *	3.2	3.5	3.1	1.0 *	1.1	1.6 *	1.2 *	2.2	1.1 *		
on all 3 of 3 days	0.3	0.0 *	0.1 *	0.2 *	0.3 *	0.6 *	0.1 *	0.4 *	0.4 *	0.9 *	0.2 *		
Quantity consumed per eating occasion (1 ounce = 28 g)	← g →												
mean	45	33 *	48	56	45 *	51	35	44	42	57	38		
SEM	2	4 *	5	3	4 *	5	3	3	3	6	3		
5th percentile	12	5 *	11 *	--	24 *	12 *	6 *	5 *	11 *	11 *	9 *		
10th percentile	13	8 *	14 *	24 *	25 *	13 *	9 *	10 *	12 *	13 *	11 *		
25th percentile	26	13	27	30 *	27 *	26	19	24	25	25	23		
50th percentile	39	28	53	55	40 *	41	27	34	39	43	38		
75th percentile	54	44	56	65 *	57 *	54	47	52	53	72	52		
90th percentile	78	54 *	57 *	81 *	72 *	87 *	56 *	73 *	58 *	101 *	60 *		
95th percentile	99	63 *	78 *	106 *	89 *	98 *	85 *	127 *	86 *	163 *	75 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.062. Frankfurters and Luncheon Meats: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	46.6	55.4	60.0	54.5	47.2	48.3	39.8	49.8	40.5	43.9	37.1
on 1 of 3 days	29.7	36.9	38.6	34.3	28.6	28.7	26.3	29.7	27.7	27.0	25.9
on 2 of 3 days	13.0	14.5	17.6	15.3	15.8	15.3	11.1	14.8	9.5	10.5	8.4
on all 3 of 3 days	3.9	4.0	3.8	4.9	2.9	4.4	2.4	5.4	3.3	6.5	2.8
Quantity consumed per eating occasion (1 ounce = 28 g)	<----- g ----->										
mean	63	47	52	68	54	76	57	80	59	66	57
SEM	1	2	2	3	2	2	2	3	2	3	2
5th percentile	21	16	16	23 *	19 *	28	20	28	18	20	19
10th percentile	28	23	23	28	23	28	28	28	22	28	24
25th percentile	37	28	28	45	28	46	28	48	28	41	28
50th percentile	56	44	45	57	45	69	49	66	50	56	47
75th percentile	84	55	63	90	73	90	78	103	82	89	80
90th percentile	113	82	89	113	90	135	96	137	108	116	111
95th percentile	136	109	99	134 *	113 *	151	113	166	129	140	120

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.063. Canned Tuna: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	14.8	13.1	12.6	10.0	11.3	15.4	17.5	15.2	17.9	12.4	14.3		
on 1 of 3 days	12.4	10.7	10.5	7.8	10.6	13.0	14.7	13.2	14.9	10.5	11.9		
on 2 of 3 days	2.1	2.3	1.9	2.2 *	0.6 *	2.3	2.6	1.3 *	2.5	1.9 *	2.0		
on all 3 of 3 days	0.3	0.1 *	0.2 *	0.0 *	0.1 *	0.2 *	0.2 *	0.7 *	0.5 *	# *	0.4 *		
Quantity consumed per eating occasion (1 ounce = 28 g)	<----- g ----->												
mean	71	46	62	81 *	73	84	70	90	63	74	57		
SEM	2	8	6	13 *	15	5	4	8	3	5	4		
5th percentile	14	9 *	17 *	19 *	14 *	14 *	14 *	18 *	14 *	14 *	13 *		
10th percentile	18	10 *	20 *	19 *	14 *	17	19	27 *	20	18 *	14		
25th percentile	34	21	28	27 *	27	49	35	37	43	29	28		
50th percentile	56	34	56	56	56	72	57	84	56	84	56		
75th percentile	94	51	81	110 *	80	112	94	112	84	97	78		
90th percentile	140	103 *	127 *	167 *	157 *	165	137	162 *	108	135 *	98		
95th percentile	168	153 *	137 *	202 *	194 *	175 *	167 *	205 *	124 *	162 *	112 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.064. Other Finfish: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	18.1	17.6	18.5	12.8	13.5	16.1	16.7	20.0	18.4	23.1	23.7
on 1 of 3 days	16.1	16.2	17.3	11.7	13.2	13.8	14.6	18.1	16.3	20.0	20.2
on 2 of 3 days	1.9	1.4 *	1.2 *	1.1 *	0.4 *	2.2	1.9	1.7 *	2.0	3.0	2.9
on all 3 of 3 days	0.1	0.0 *	0.0 *	0.0 *	0.0 *	0.2 *	0.2 *	0.2 *	0.1 *	0.1 *	0.6 *
Quantity consumed per eating occasion (1 ounce = 28 g)	← g →										
mean	113	55	93	147	105	126	103	143	114	124	114
SEM	4	6	8	24	10	7	6	8	6	8	6
5th percentile	32	17 *	31 *	41 *	35 *	41 *	36 *	44 *	30 *	38 *	37 *
10th percentile	42	19 *	38	49 *	51 *	50	41	56	50	51 *	44
25th percentile	59	31	50	67	66 *	73	52	80	61	64	63
50th percentile	90	44	77	131	85	105	86	126	89	105	87
75th percentile	148	75	113	206	108 *	171	129	175	142	148	142
90th percentile	210	100 *	158	277 *	168 *	213	179	223	223	218 *	218
95th percentile	258	122 *	197 *	346 *	236 *	281 *	255 *	266 *	245 *	299 *	260 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.065. Total Chicken and Turkey: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	67.7	65.6	65.7	61.5	63.9	66.6	71.5	69.3	66.4	67.4	72.4		
on 1 of 3 days	38.0	38.2	37.3	39.7	40.0	39.9	38.7	37.7	37.0	34.1	36.7		
on 2 of 3 days	23.0	19.9	21.7	18.6	19.2	20.6	25.6	24.5	23.8	24.5	26.5		
on all 3 of 3 days	6.8	7.5	6.8	3.2	4.7	6.2	7.2	7.2	5.6	8.7	9.2		
Quantity consumed per eating occasion (1 ounce = 28 g)	<----- g ----->												
mean	82	50	65	94	77	113	74	96	79	84	69		
SEM	2	3	3	4	4	5	2	4	3	5	3		
5th percentile	1	1	3	9	6	2	1	1	3	1	1		
10th percentile	9	3	7	29	16	14	7	9	15	10	8		
25th percentile	42	18	40	57	42	57	37	47	48	42	37		
50th percentile	73	46	62	88	70	92	70	84	73	77	63		
75th percentile	106	76	87	119	95	151	101	135	103	101	91		
90th percentile	159	98	108	154	139	224	139	197	150	158	123		
95th percentile	205	120	139	185	183	277	168	239	176	216	153		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.066. Chicken: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	43.4	42.4	44.8	42.6	45.7	41.5	43.2	45.2	45.8	42.2	41.1		
on 1 of 3 days	33.1	31.8	35.0	35.3	34.7	31.8	32.9	33.8	34.3	32.2	31.1		
on 2 of 3 days	8.7	8.4	8.2	6.7	10.5	8.0	9.0	9.8	9.8	8.3	7.4		
on all 3 of 3 days	1.6	2.2	1.6	0.7 *	0.5 *	1.8	1.3	1.6 *	1.7	1.8 *	2.6		
Quantity consumed per eating occasion (1 ounce = 28 g)	<----- g ----->												
mean	107	69	85	109	95	148	100	131	97	111	88		
SEM	2	3	3	5	4	7	3	5	3	5	4		
5th percentile	36	25 *	31	49 *	41 *	48	39	50	29	40 *	25		
10th percentile	46	29	44	57	46	58	47	64	45	53	39		
25th percentile	68	43	56	76	59	84	70	84	69	77	56		
50th percentile	91	63	79	97	87	125	91	111	87	94	80		
75th percentile	127	85	102	123	115	195	120	159	117	133	104		
90th percentile	188	114	135	172	158	266	160	220	161	190	139		
95th percentile	234	138 *	180	207 *	188 *	307	189	253	181	236 *	177		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.067. Turkey: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	12.5	7.8	10.5	13.6	9.9	13.5	13.8	11.4	11.4	13.3	16.4		
on 1 of 3 days	9.8	7.1	7.2	11.9	8.8	11.5	11.0	7.8	9.3	10.9	11.1		
on 2 of 3 days	2.1	0.7 *	2.7	1.4 *	0.9 *	1.4	2.5	3.2	1.6	1.6 *	3.6		
on all 3 of 3 days	0.6	# *	0.7 *	0.4 *	0.2 *	0.6 *	0.2 *	0.4 *	0.5 *	0.8 *	1.7		
Quantity consumed per eating occasion (1 ounce = 28 g)	<----- g ----->												
mean	81	56 *	62	97	67 *	87	77	99	76	86	85		
SEM	4	5 *	5	14	11 *	5	7	7	8	7	8		
5th percentile	22	14 *	22 *	--	18 *	25 *	19 *	28 *	15 *	22 *	25 *		
10th percentile	28	15 *	27 *	23 *	24 *	28 *	28	39 *	27 *	26 *	28 *		
25th percentile	44	30 *	38	52 *	28 *	47	41	56	35	55	50		
50th percentile	66	55	56	84	50 *	82	59	85	63	64	71		
75th percentile	104	69 *	68	123 *	79 *	123	97	120	96	98	101		
90th percentile	142	99 *	112 *	198 *	133 *	140 *	140	167 *	143 *	138 *	149 *		
95th percentile	200	114 *	123 *	202 *	153 *	166 *	206 *	190 *	200 *	178 *	184 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.068. Boiled, Poached, and Baked Eggs: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	15.5	11.8	12.2	11.4	10.9	14.9	15.6	18.4	18.3	18.2	18.6
on 1 of 3 days	12.3	9.5	11.2	9.5	8.5	11.3	13.0	15.3	14.7	12.1	14.0
on 2 of 3 days	2.5	1.3 *	0.5 *	1.9 *	1.5 *	3.0	2.2	2.8	2.9	4.4	3.5
on all 3 of 3 days	0.7	1.0 *	0.6 *	# *	0.8 *	0.7 *	0.4 *	0.3 *	0.7 *	1.6 *	1.2 *
Quantity consumed per eating occasion (1 large, boiled = 50 g)	← g →										
mean	48	38	40	65	41	54	43	60	40	56	42
SEM	2	2	5	11	7	4	3	5	2	3	3
5th percentile	7	3 *	4 *	--	9 *	8 *	8 *	10 *	6 *	11 *	8 *
10th percentile	11	6 *	6 *	6 *	11 *	16	10	12 *	11	16 *	11
25th percentile	23	17	14	12 *	14 *	25	22	23	17	33	22
50th percentile	44	43	34	46 *	34	43	40	48	34	48	43
75th percentile	58	49	50	97 *	50 *	75	49	87	50	86	50
90th percentile	99	50 *	81 *	139 *	93 *	99	88	103 *	85	99 *	84
95th percentile	100	77 *	95 *	200 *	98 *	122 *	99 *	144 *	96 *	99 *	90 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.069. Fried Eggs: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	16.6	10.6	15.3	12.5	11.5	23.1	15.0	19.8	14.0	23.5	14.0		
on 1 of 3 days	12.4	7.1	12.1	9.5	8.6	17.0	12.0	15.2	10.4	14.0	11.3		
on 2 of 3 days	3.0	2.4	2.3	2.7 *	2.5 *	4.2	2.4	3.1	3.0	5.5	1.9		
on all 3 of 3 days	1.2	1.2 *	0.9 *	0.2 *	0.4 *	1.8	0.7 *	1.6 *	0.6 *	4.1	0.9 *		
Quantity consumed per eating occasion (1 large = 46 g)	<----- g ----->												
mean	68	45	54	82	58	83	63	78	60	69	52		
SEM	1	2	4	5	3	3	2	2	2	3	2		
5th percentile	37	18 *	36 *	35 *	34 *	38	29 *	41 *	36 *	35 *	31 *		
10th percentile	37	27 *	37 *	39 *	35 *	42	36	43	36	36	34		
25th percentile	42	35	38	50	41	58	42	66	40	42	36		
50th percentile	74	42	42	82	43	84	64	85	44	74	43		
75th percentile	86	49	75	88	72	97	86	87	75	84	60		
90th percentile	97	75 *	82 *	118 *	82 *	130	87	96	85	87	82		
95th percentile	113	81 *	85 *	133 *	85 *	131	87 *	109 *	87 *	109 *	85 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.070. Scrambled Eggs: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	17.4	24.2	21.1	15.0	17.1	18.7	16.3	17.8	16.1	16.2	12.7
on 1 of 3 days	13.9	19.2	17.7	12.2	14.5	14.5	13.5	13.5	13.9	10.2	9.8
on 2 of 3 days	2.7	3.4	2.8	2.0 *	2.3 *	3.4	2.4	3.4	1.8	4.1	2.0
on all 3 of 3 days	0.8	1.7 *	0.7 *	0.9 *	0.2 *	0.8 *	0.4 *	1.0 *	0.4 *	2.0 *	0.9 *
Quantity consumed per eating occasion (1 large = 46 g)	<----- g ----->										
mean	76	54	65	95	70	93	71	90	75	80	56
SEM	2	3	3	10	3	4	3	4	3	7	3
5th percentile	33	9 *	38 *	41 *	--	41 *	24 *	38 *	33 *	34 *	31 *
10th percentile	38	21	38	43 *	38 *	46	38	43 *	38	38 *	38
25th percentile	42	38	42	59	43	74	42	77	42	42	38
50th percentile	77	42	67	78	77	85	75	85	77	77	42
75th percentile	85	77	80	97	84	102	85	93	85	85	77
90th percentile	127	85	86	171 *	89 *	143	127	137 *	112	125 *	85
95th percentile	146	94 *	127 *	--	110 *	169 *	137 *	157 *	139 *	179 *	103 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.071. Peanut Butter: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	16.3	39.7	27.9	20.3	14.2	13.1	12.3	12.2	10.7	12.3	15.1
on 1 of 3 days	11.7	28.9	17.6	15.1	10.3	9.6	9.2	8.8	8.2	8.7	11.5
on 2 of 3 days	3.2	7.7	6.4	2.3 *	3.5	2.6	2.8	2.0	1.6	2.5	2.7
on all 3 of 3 days	1.4	3.0	3.9	2.9 *	0.4 *	0.9 *	0.4 *	1.3 *	0.9 *	1.2 *	0.9 *
Quantity consumed per eating occasion (1 tablespoon = 16 g)	<----- g ----->										
mean	27	22	24	36	27	38	27	32	22	30	20
SEM	1	1	1	4	2	3	2	2	2	3	1
5th percentile	5	5 *	5 *	12 *	8 *	10 *	5 *	8 *	2 *	5 *	5 *
10th percentile	11	5	11	13 *	11 *	14	11	13 *	5 *	11 *	5
25th percentile	16	15	16	16	14	16	15	15	11	14	16
50th percentile	23	16	19	31	30	30	19	30	16	26	16
75th percentile	32	29	31	40	31	45	31	35	31	32	29
90th percentile	47	32	32	60 *	43 *	62	44	61 *	43 *	47 *	31
95th percentile	62	53 *	46 *	90 *	60 *	89 *	59 *	63 *	46 *	72 *	34 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.072. Coffee: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	48.0	0.4 *	1.9	7.0	8.1	53.6	46.9	77.3	74.0	82.2	77.2		
on 1 of 3 days	6.4	0.3 *	1.4 *	3.2	3.3	9.6	9.5	7.6	8.0	4.9	5.8		
on 2 of 3 days	7.4	# *	0.1 *	1.7 *	2.9	11.8	8.6	10.6	9.0	7.4	10.0		
on all 3 of 3 days	34.3	0.0 *	0.4 *	2.1 *	2.0 *	32.2	28.9	59.1	56.9	69.9	61.4		
Quantity consumed per eating occasion (8 fluid ounces = 240 g)	← g →												
mean	380	198 *	209 *	299 *	332 *	432	385	413	382	346	313		
SEM	6	78 *	20 *	23 *	35 *	17	11	13	14	8	6		
5th percentile	180	--	34 *	155 *	120 *	198	194	207	179	179	167		
10th percentile	239	--	46 *	234 *	204 *	239	232	238	233	233	214		
25th percentile	239	82 *	166 *	235 *	229 *	240	236	239	237	237	236		
50th percentile	320	103 *	201 *	238 *	237 *	352	317	357	320	297	240		
75th percentile	479	270 *	224 *	263 *	411 *	478	472	477	465	419	358		
90th percentile	598	--	238 *	461 *	528 *	706	627	635	640	504	468		
95th percentile	718	--	281 *	604 *	571 *	956	780	719	748	623	517		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.073. Coffee, With Caffeine: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	41.3	0.3 *	1.8	5.9	8.0	49.9	41.9	68.3	63.9	65.6	58.5		
on 1 of 3 days	6.9	0.3 *	1.3 *	2.9 *	3.4	9.1	8.8	9.7	10.1	5.7	8.1		
on 2 of 3 days	6.9	# *	0.1 *	1.0 *	2.6 *	11.9	8.8	10.3	7.8	7.8	7.2		
on all 3 of 3 days	27.5	0.0 *	0.4 *	1.9 *	2.0 *	28.9	24.3	48.2	46.0	52.1	43.2		
Quantity consumed per eating occasion (8 fluid ounces = 240 g)	<----- g ----->												
mean	391	117 *	205 *	307 *	334 *	438	393	420	389	359	325		
SEM	7	27 *	19 *	28 *	35 *	19	11	15	15	8	7		
5th percentile	179	--	34 *	131 *	--	181	195	196	178	193	161		
10th percentile	239	--	44 *	200 *	201 *	239	232	238	233	234	211		
25th percentile	239	53 *	157 *	235 *	229 *	240	236	239	237	237	236		
50th percentile	320	94 *	199 *	238 *	237 *	353	316	357	320	328	264		
75th percentile	479	110 *	221 *	322 *	419 *	479	473	479	469	478	394		
90th percentile	635	119 *	235 *	472 *	530 *	710	644	656	681	521	477		
95th percentile	733	--	239 *	628 *	571 *	958	807	722	752	619	532		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.074. Coffee, Decaffeinated: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	11.6	0.1 *	0.1 *	1.3 *	0.3 *	6.7	8.4	18.2	19.9	27.1	29.0		
on 1 of 3 days	3.1	0.1 *	# *	0.3 *	0.2 *	2.4	3.1	4.8	5.5	6.3	5.8		
on 2 of 3 days	2.5	0.0 *	0.0 *	0.7 *	0.1 *	1.3	1.9	4.4	5.2	4.8	5.7		
on all 3 of 3 days	6.0	0.0 *	0.1 *	0.4 *	0.0 *	3.0	3.5	9.0	9.1	16.1	17.5		
Quantity consumed per eating occasion (8 fluid ounces = 240 g)	← g →												
mean	328	480 *	278 *	243 *	281 *	386	332	361	338	313	285		
SEM	7	0 *	0 *	16 *	27 *	27	17	14	13	13	7		
5th percentile	178	--	--	--	--	228 *	150 *	200 *	176 *	167 *	159		
10th percentile	233	--	--	--	--	230 *	220 *	226 *	232	219	214		
25th percentile	236	--	--	174 *	--	234	230	234	235	235	234		
50th percentile	252	--	--	202 *	--	291	296	333	282	239	238		
75th percentile	396	--	--	230 *	--	455	389	458	399	356	316		
90th percentile	473	--	--	--	--	586 *	468 *	477 *	475	467	445		
95th percentile	549	--	--	--	--	686 *	532 *	554 *	596 *	479 *	470		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.075. Tea: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	33.7	13.5	18.2	24.7	32.5	33.1	38.3	37.7	43.8	36.6	43.1		
on 1 of 3 days	12.6	6.4	8.7	10.5	16.2	13.8	15.3	11.9	15.1	12.1	11.2		
on 2 of 3 days	9.1	4.3	5.1	4.5	7.9	9.5	11.6	11.0	11.8	7.2	10.8		
on all 3 of 3 days	12.0	2.9	4.5	9.6	8.4	9.9	11.3	14.8	16.9	17.3	21.0		
Quantity consumed per eating occasion (8 fluid ounces = 240 g)	← g →												
mean	351	190	255	449	329	424	335	422	329	334	304		
SEM	7	14	12	46	16	17	9	18	11	16	10		
5th percentile	120	40 *	110 *	--	177 *	122	142	168 *	148	93 *	129		
10th percentile	180	107 *	123	139 *	206	204	207	208	196	167	177		
25th percentile	239	119	198	238	234	239	239	268	236	239	237		
50th percentile	311	180	236	421	288	360	311	367	280	300	240		
75th percentile	429	229	303	479	410	479	404	477	392	406	360		
90th percentile	538	319 *	361	800 *	472	719	479	719	480	510	469		
95th percentile	719	359 *	459 *	847 *	538 *	923	628	783 *	594	578 *	537		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.076. Soft Drinks: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	65.3	48.2	62.5	80.2	78.9	78.1	75.5	66.1	65.3	42.9	38.8		
on 1 of 3 days	22.0	23.4	28.0	19.1	19.7	21.1	23.4	21.6	24.1	19.3	17.3		
on 2 of 3 days	19.6	13.8	22.7	28.0	27.0	20.7	23.0	18.4	17.9	12.0	12.1		
on all 3 of 3 days	23.6	11.0	11.7	33.2	32.2	36.3	29.2	26.0	23.4	11.7	9.4		
Quantity consumed per eating occasion (12 fluid ounces, regular = 369 g)	<----- g ----->												
mean	363	236	305	440	360	426	374	371	337	337	293		
SEM	4	7	7	22	6	8	8	7	5	9	6		
5th percentile	182	110	124	246	220	247	228	205	185	178 *	122		
10th percentile	237	123	182	270	246	302	246	240	239	198	178		
25th percentile	279	180	246	347	310	360	300	309	267	247	240		
50th percentile	360	224	289	372	369	372	360	369	358	355	278		
75th percentile	387	289	370	495	372	479	393	403	372	371	365		
90th percentile	496	371	403	617	453	600	496	495	473	460	372		
95th percentile	582	372	492	744	496	712	596	541	495	496 *	460		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.077. Soft Drinks, Not Diet. With Caffeine: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	42.0	30.1	45.9	64.5	62.5	58.3	46.6	40.9	31.7	18.2	16.6		
on 1 of 3 days	18.4	17.3	26.5	19.9	26.7	20.9	20.9	17.3	14.8	8.3	9.3		
on 2 of 3 days	12.2	8.1	13.0	23.0	17.3	16.1	14.9	10.5	9.1	5.9	4.2		
on all 3 of 3 days	11.4	4.7	6.5	21.5	18.5	21.3	10.8	13.0	7.8	4.1	3.1		
Quantity consumed per eating occasion (12 fluid ounces = 369 g)	← g →												
mean	376	244	307	443	368	439	375	384	353	346	310		
SEM	5	8	9	26	8	9	8	9	7	8	9		
5th percentile	186	121 *	107	239	205	248	186	238	185	187 *	149 *		
10th percentile	247	123	185	246	236	310	247	244	247	240 *	185		
25th percentile	289	186	238	357	310	370	298	325	278	278	243		
50th percentile	372	246	287	372	372	372	371	372	371	369	325		
75th percentile	413	309	371	496	380	495	413	415	372	372	371		
90th percentile	496	371	419	606	489	618	496	495	495	462 *	372		
95th percentile	599	372 *	489	725	496	742	579	549	496	495 *	495 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.078. Soft Drinks, Not Diet, Caffeine-Free: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	18.8	19.7	22.5	31.6	25.4	22.0	20.7	15.7	12.6	11.2	10.9
on 1 of 3 days	12.2	11.8	13.9	18.6	16.8	15.9	14.1	10.2	7.2	7.8	6.5
on 2 of 3 days	4.8	5.5	6.0	10.1	6.4	5.0	4.6	4.3	4.1	2.0 *	3.0
on all 3 of 3 days	1.7	2.4	2.5	3.0	2.3 *	1.1 *	2.0	1.2 *	1.2 *	1.5 *	1.4
Quantity consumed per eating occasion (12 fluid ounces = 369 g)	<----- g ----->										
mean	345	231	298	427	327	408	348	355	326	329	279
SEM	6	14	15	29	12	17	10	16	14	24	15
5th percentile	124	69 *	123 *	233 *	132 *	240 *	181	124 *	150 *	158 *	103 *
10th percentile	185	100 *	139	245 *	163 *	244	229	186 *	183 *	185 *	123 *
25th percentile	248	185	208	308	244	348	248	248	245	193	196
50th percentile	368	240	247	371	371	372	371	371	346	347	244
75th percentile	372	277	371	492	372	445	372	372	372	372	365
90th percentile	494	370 *	395	739 *	416 *	596	469	492 *	454 *	489 *	372 *
95th percentile	602	387 *	486 *	910 *	494 *	874 *	499	557 *	539 *	571 *	486 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.079. Soft Drinks, Diet, With Caffeine: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	15.3	4.8	6.1	8.6	18.4	14.6	22.0	19.3	24.3	10.7	10.6		
on 1 of 3 days	7.9	3.5	4.6	4.8	9.2	6.1	9.5	10.8	13.4	7.3	5.9		
on 2 of 3 days	4.0	1.1 *	1.3 *	3.4	7.0	3.4	5.9	4.1	5.6	2.8	3.5		
on all 3 of 3 days	3.4	0.2 *	0.2 *	0.4 *	2.1 *	5.1	6.6	4.4	5.4	0.6 *	1.1 *		
Quantity consumed per eating occasion (12 fluid ounces = 355 g)	<----- g ----->												
mean	363	227 *	300	357 *	347	424	390	364	341	330	297		
SEM	7	16 *	16	18 *	16	22	13	12	7	10	9		
5th percentile	180	101 *	139 *	213 *	161 *	242 *	229	202 *	188 *	154 *	179 *		
10th percentile	238	116 *	178 *	222 *	191 *	312 *	238	230 *	238	200 *	179 *		
25th percentile	299	179 *	180 *	252 *	267	357	330	329	298	238 *	222		
50th percentile	359	183 *	356 *	358 *	359	359	359	359	358	355	276		
75th percentile	360	283 *	359 *	360 *	360	418	369	382	360	359 *	359		
90th percentile	479	--	360 *	477 *	477 *	633 *	479	478 *	475	423 *	379 *		
95th percentile	553	--	401 *	518 *	510 *	912 *	719	499 *	478 *	463 *	438 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.080. Soft Drinks, Diet, Caffeine-Free: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	9.1	2.9	5.3	4.2	7.5	8.3	11.4	11.0	14.8	9.8	8.7		
on 1 of 3 days	5.5	2.2 *	4.6	0.9 *	5.3	4.9	7.1	6.8	8.3	5.3	4.5		
on 2 of 3 days	2.1	0.3 *	0.6 *	0.7 *	1.7 *	2.7	2.5	2.2	3.4	1.8 *	2.5		
on all 3 of 3 days	1.6	0.4 *	0.1 *	2.6 *	0.4 *	0.6 *	1.9	2.0	3.2	2.7	1.7		
Quantity consumed per eating occasion (12 fluid ounces = 355 g)	← g →												
mean	329	173 *	251 *	370 *	325 *	381	347	340	323	316	285		
SEM	8	17 *	20 *	22 *	34 *	22	12	19	11	25	14		
5th percentile	139	--	80 *	166 *	--	180 *	213 *	159 *	168 *	117 *	112 *		
10th percentile	179	71 *	104 *	272 *	--	231 *	230 *	179 *	216 *	155 *	178 *		
25th percentile	239	118 *	174 *	355 *	238 *	305	248	227	239	228 *	226		
50th percentile	353	160 *	207 *	357 *	357 *	359	358	358	329	295 *	267		
75th percentile	359	195 *	358 *	359 *	360 *	360	360	360	359	358 *	349		
90th percentile	478	237 *	359 *	--	397 *	508 *	478 *	453 *	475 *	419 *	370 *		
95th percentile	480	267 *	--	--	478 *	711 *	480 *	475 *	479 *	458 *	476 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.081. Fruit Drinks: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	24.6	41.6	45.2	32.6	34.2	21.4	24.6	13.4	14.6	16.3	18.4
on 1 of 3 days	13.7	17.7	20.2	18.9	21.0	12.6	15.5	7.8	9.2	9.4	11.1
on 2 of 3 days	6.8	13.8	17.3	7.9	7.9	5.1	4.8	4.7	3.7	3.9	4.5
on all 3 of 3 days	4.1	10.1	7.7	5.8	5.3	3.7	4.2	0.9 *	1.8	3.0	2.8
Quantity consumed per eating occasion (8 fluid ounces = 248 g)	<----- g ----->										
mean	319	229	302	370	329	429	305	385	289	280	256
SEM	6	8	11	12	14	18	7	26	11	12	11
5th percentile	125	124	149	186 *	123 *	238 *	160	122 *	124 *	125 *	97 *
10th percentile	178	125	186	227	186	249	188	162 *	175	126 *	124
25th percentile	240	168	237	250	248	253	248	248	210	218	186
50th percentile	252	231	250	362	307	373	250	360	250	250	248
75th percentile	376	250	375	480	375	496	360	480	316	332	301
90th percentile	500	326	497	501	496	743	494	663 *	496	420 *	375
95th percentile	596	395	501	600 *	558 *	856 *	503	777 *	510 *	496 *	498 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.082. Beer: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	11.1	0.0 *	0.0 *	1.1 *	1.4 *	28.2	9.4	25.4	8.5	10.8	2.8
on 1 of 3 days	5.8	0.0 *	0.0 *	0.8 *	0.4 *	14.4	6.2	11.1	4.3	5.0	2.5
on 2 of 3 days	3.3	0.0 *	0.0 *	0.3 *	0.0 *	8.2	2.3	9.3	3.2	2.8	0.1 *
on all 3 of 3 days	2.0	0.0 *	0.0 *	0.0 *	1.0 *	5.6	0.9	5.0	1.0 *	3.0	0.2 *
Quantity consumed per eating occasion (12 fluid ounces = 360 g)	← g →										
mean	655	--	--	577 *	696 *	782	587	624	470	477	394 *
SEM	25	--	--	77 *	102 *	51	52	39	34	29	81 *
5th percentile	225	--	--	--	36 *	318	159 *	308 *	--	249 *	--
10th percentile	350	--	--	--	117 *	346	229 *	331	209 *	337 *	--
25th percentile	355	--	--	--	361 *	356	341	344	303	353	233 *
50th percentile	465	--	--	588 *	520 *	529	404	445	343	359	325 *
75th percentile	716	--	--	686 *	679 *	871	678	707	654	479	356 *
90th percentile	1075	--	--	707 *	775 *	1449	998 *	1065	707 *	702 *	517 *
95th percentile	1718	--	--	714 *	858 *	2096	1430 *	1384 *	774 *	877 *	--

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.083. Wine: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	5.8	0.1 *	0.3 *	0.5 *	1.0 *	6.8	7.7	9.8	9.6	7.0	5.9		
on 1 of 3 days	3.8	0.1 *	0.3 *	0.5 *	1.0 *	5.5	5.5	4.9	6.1	3.9	3.1		
on 2 of 3 days	1.2	0.0 *	0.0 *	0.0 *	0.0 *	1.1 *	1.5	2.8	2.1	1.0 *	1.8		
on all 3 of 3 days	0.8	0.0 *	0.0 *	0.0 *	0.0 *	0.3 *	0.7 *	2.1	1.4 *	2.1	1.0 *		
Quantity consumed per eating occasion (5 fluid ounces = 145 g)	<----- g ----->												
mean	197	19 *	5 *	69 *	5 *	231	217	201	192	146 *	164		
SEM	13	0 *	1 *	51 *	3 *	22	16	17	21	22 *	18		
5th percentile	5	--	--	--	--	4 *	--	6 *	29 *	--	13 *		
10th percentile	28	--	--	--	--	77 *	55 *	17 *	52 *	3 *	54 *		
25th percentile	116	--	--	--	--	111 *	142	116	95	49 *	105 *		
50th percentile	172	--	--	--	--	209 *	174	173	168	113 *	149 *		
75th percentile	230	--	--	--	--	245 *	276	231	224	202 *	201 *		
90th percentile	344	--	--	--	--	414 *	348 *	343 *	332 *	284 *	227 *		
95th percentile	457	--	--	--	--	499 *	440 *	455 *	513 *	316 *	239 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.084. Soups: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	28.4	31.5	26.9	18.5	22.2	21.9	26.4	28.7	28.5	41.6	41.2		
on 1 of 3 days	21.2	26.0	22.0	16.5	19.2	16.0	20.0	21.2	20.6	28.8	27.2		
on 2 of 3 days	5.8	5.1	4.4	2.1 *	2.8	4.7	5.1	6.4	7.1	8.5	11.0		
on all 3 of 3 days	1.3	0.4 *	0.5 *	0.0 *	0.2 *	1.2	1.4	1.1 *	0.7 *	4.4	3.1		
Quantity consumed per eating occasion (1 cup, chunky chicken noodle = 240 g)	<----- g ----->												
mean	345	208	320	461	339	410	319	411	338	363	320		
SEM	8	13	26	36	15	23	10	18	9	13	7		
5th percentile	119	47 *	61 *	185 *	111 *	85 *	120	122 *	165 *	121 *	152		
10th percentile	144	62	93	232 *	170 *	167	124	210	235	184	201		
25th percentile	241	120	181	243	240	241	241	246	241	243	241		
50th percentile	301	240	244	475	332	361	246	366	305	360	269		
75th percentile	480	243	481	555	479	497	451	495	422	480	366		
90th percentile	583	361	586	727 *	484 *	722	497	615	499	563	486		
95th percentile	719	481 *	723 *	744 *	561 *	758 *	585	731 *	594 *	674 *	572		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.085. Potato Chips: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	18.7	25.4	25.5	28.1	24.9	23.4	18.8	16.3	13.4	8.0	7.9		
on 1 of 3 days	13.6	18.3	16.7	20.9	17.4	16.0	14.8	10.2	10.9	6.9	6.9		
on 2 of 3 days	4.1	6.1	7.3	5.3	5.1	5.8	3.5	4.9	1.9	0.8 *	0.7 *		
on all 3 of 3 days	1.0	1.0 *	1.6 *	1.9 *	2.4 *	1.6	0.5 *	1.2 *	0.6 *	0.3 *	0.3 *		
Quantity consumed per eating occasion (10 medium = 20 g)	<----- g ----->												
mean	40	26	34	52	41	51	35	50	37	28	29		
SEM	2	4	3	6	4	4	2	5	4	5	6		
5th percentile	10	4 *	9 *	16 *	13 *	15 *	10	8 *	10 *	8 *	7 *		
10th percentile	12	7	12	20 *	15 *	20	12	17 *	10 *	9 *	8 *		
25th percentile	20	10	20	27	24	25	20	20	16	17 *	10		
50th percentile	28	17	26	28	28	40	28	29	21	19 *	20		
75th percentile	43	27	36	57	43	57	41	52	39	28 *	28		
90th percentile	84	67	59	122 *	85 *	99	57	103 *	84 *	40 *	56 *		
95th percentile	111	109 *	85 *	153 *	106 *	128 *	82	111 *	122 *	56 *	85 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.086. Corn Chips: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	13.7	13.0	18.7	23.8	23.3	16.6	14.9	11.7	10.3	4.6	3.4
on 1 of 3 days	10.7	10.0	11.7	18.3	20.0	12.9	12.3	9.2	8.2	4.2	2.9
on 2 of 3 days	2.5	2.6	5.9	4.2	3.2	2.7	2.4	2.3	1.4	0.3 *	0.4 *
on all 3 of 3 days	0.5	0.4 *	1.1 *	1.2 *	0.2 *	1.0 *	0.2 *	0.3 *	0.7 *	0.1 *	0.1 *
Quantity consumed per eating occasion (1 cup = 26 g)	<----- g ----->										
mean	41	23	33	47	48	52	37	45	38	37 *	24 *
SEM	2	3	2	5	6	4	3	6	5	8 *	3 *
5th percentile	8	5 *	8 *	15 *	9 *	13 *	8 *	11 *	6 *	8 *	6 *
10th percentile	13	5 *	13	20 *	16 *	18	10	12 *	7 *	9 *	8 *
25th percentile	19	10	18	25	22	25	14	21	14	13 *	13 *
50th percentile	28	19	25	30	28	39	27	28	25	28 *	18 *
75th percentile	51	26	39	52	56	66	47	53	43	36 *	27 *
90th percentile	84	42 *	53	82 *	80 *	98	76	85 *	69 *	70 *	38 *
95th percentile	113	61 *	77 *	132 *	143 *	114 *	105 *	98 *	117 *	99 *	48 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.087. Popcorn: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	11.4	11.1	13.5	14.9	12.7	9.0	12.9	13.8	12.9	7.8	6.5		
on 1 of 3 days	9.4	10.1	12.6	12.9	11.3	7.1	10.9	10.4	9.7	6.6	4.6		
on 2 of 3 days	1.7	0.5 *	0.9 *	1.8 *	1.4 *	1.9	1.6	2.8	2.8	1.1 *	1.4		
on all 3 of 3 days	0.3	0.4 *	# *	0.2 *	0.0 *	0.0 *	0.4 *	0.6 *	0.3 *	0.2 *	0.5 *		
Quantity consumed per eating occasion (1 cup unbuttered popcorn = 14 g)	← g →												
mean	36	18	27	37	32	48	34	50	38	37	28		
SEM	2	2	2	4	5	6	2	4	3	5	3		
5th percentile	7	4 *	7 *	9 *	4 *	8 *	7 *	16 *	8 *	7 *	7 *		
10th percentile	12	5 *	10 *	14 *	8 *	12 *	11	19 *	14 *	8 *	8 *		
25th percentile	16	7	14	25	14	26	14	27	21	14 *	13 *		
50th percentile	28	14	27	35	25	41	27	41	28	30 *	16		
75th percentile	43	24	28	42	28	69	42	66	44	42 *	28 *		
90th percentile	76	28 *	47 *	55 *	71 *	86 *	71	91 *	71 *	80 *	56 *		
95th percentile	91	41 *	54 *	62 *	91 *	92 *	90 *	98 *	94 *	89 *	73 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.088. Prepared Mustard: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	23.4	16.5	21.8	30.5	27.9	28.7	22.2	27.0	23.8	19.7	14.5		
on 1 of 3 days	18.1	14.3	17.9	20.5	20.6	20.8	17.6	19.5	20.6	15.7	11.8		
on 2 of 3 days	4.4	1.9 *	3.3	8.7	6.2	6.9	3.8	5.9	2.7	3.2	2.2		
on all 3 of 3 days	0.9	0.3 *	0.6 *	1.4 *	1.1 *	1.1 *	0.8 *	1.6 *	0.4 *	0.9 *	0.5 *		
Quantity consumed per eating occasion (1 teaspoon = 5 g)	← g →												
mean	8	7	7	10	8	10	7	11	7	8	7		
SEM	#	2	1	1	1	1	#	1	1	1	1		
5th percentile	2	1 *	1 *	2 *	2 *	3	2	2 *	1 *	1 *	1 *		
10th percentile	2	1 *	2	4	2 *	4	2	3	2	2 *	1 *		
25th percentile	5	2	4	5	5	5	4	5	2	4	5		
50th percentile	5	5	5	7	5	6	5	6	5	5	5		
75th percentile	10	5	7	13	9	10	9	15	8	10	5		
90th percentile	16	11 *	14	16	15 *	16	15	23	15	15 *	15 *		
95th percentile	28	15 *	19 *	26 *	18 *	31	16	30 *	16 *	17 *	16 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.089. Tomato Catsup: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	27.0	40.6	41.4	43.0	38.2	34.6	25.7	22.0	15.4	11.8	8.2
on 1 of 3 days	21.0	30.7	30.1	32.8	28.0	27.7	20.8	16.8	13.0	9.7	6.6
on 2 of 3 days	5.2	8.8	9.9	8.6	8.8	5.9	4.2	4.5	2.3	1.9 *	1.6
on all 3 of 3 days	0.7	1.1 *	1.4 *	1.6 *	1.4 *	1.0 *	0.7 *	0.6 *	0.1 *	0.2 *	# *
Quantity consumed per eating occasion (1 tablespoon = 17 g)	<----- g ----->										
mean	19	16	17	20	18	22	16	23	20	17	14
SEM	1	2	1	1	2	1	1	2	3	2	1
5th percentile	6	2 *	5	5 *	6 *	5	2	4 *	2 *	4 *	4 *
10th percentile	6	3	5	6	6	6	6	6	6	5 *	4 *
25th percentile	7	6	7	11	7	9	7	8	6	7	5
50th percentile	14	9	11	16	13	14	12	17	11	12	9
75th percentile	21	17	17	21	19	34	17	34	17	17	17
90th percentile	34	34	34	34	34	40	34	51	33	34 *	34 *
95th percentile	51	45 *	50	60 *	52 *	64	42	68 *	68 *	34 *	34 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.090. Total Soy-Based Sauces: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	16.2	21.0	20.1	15.7	18.7	18.8	16.9	14.5	15.0	11.0	9.2		
on 1 of 3 days	13.3	16.9	17.1	13.2	14.5	15.3	14.3	11.2	11.9	9.8	8.0		
on 2 of 3 days	2.6	3.5	3.0	2.4 *	4.2	3.2	2.3	3.1	2.9	0.8 *	0.9 *		
on all 3 of 3 days	0.2	0.6 *	0.0 *	0.0 *	0.0 *	0.2 *	0.3 *	0.2 *	0.3 *	0.4 *	0.2 *		
Quantity consumed per eating occasion (1 teaspoon = 5 g)	← g →												
mean	8	4	3	5	10 *	12	10	8	8	8	9		
SEM	1	1	#	1	4 *	2	1	1	1	1	1		
5th percentile	#	# *	--	# *	# *	1 *	# *	1 *	# *	# *	# *		
10th percentile	1	# *	#	1 *	# *	1	1	1 *	1 *	# *	1 *		
25th percentile	1	1	1	1	1	2	1	2	1	2	1		
50th percentile	3	1	1	2	2	7	4	5	4	3	3		
75th percentile	10	4	3	4	5	18	10	11	12	11	11		
90th percentile	24	13 *	9	13 *	26 *	34	26	19 *	18 *	21 *	24 *		
95th percentile	34	22 *	13 *	21 *	68 *	36 *	40 *	29 *	30 *	38 *	30 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.091. Cucumber Pickles: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	24.5	19.8	27.7	30.5	29.1	33.1	23.5	28.2	20.0	15.6	13.5		
on 1 of 3 days	19.7	18.0	23.4	22.7	22.3	25.0	20.3	21.1	16.5	12.7	11.5		
on 2 of 3 days	4.1	1.4 *	4.0	6.6	5.8	7.0	2.7	6.5	2.3	2.5	1.7		
on all 3 of 3 days	0.7	0.4 *	0.3 *	1.2 *	1.1 *	1.1 *	0.5 *	0.6 *	1.2 *	0.4 *	0.2 *		
Quantity consumed per eating occasion (1 medium = 65 g)	<----- g ----->												
mean	22	11	15	21	18	22	20	30	26	35	27		
SEM	1	1	1	3	2	2	2	5	3	7	3		
5th percentile	5	1 *	6 *	6 *	3 *	6	5	6 *	3 *	5 *	5 *		
10th percentile	6	3 *	6	6 *	6	7	6	6	6	6 *	6		
25th percentile	7	6	6	9	6	11	6	12	10	7	10		
50th percentile	13	6	7	14	11	14	13	15	15	15	15		
75th percentile	21	7	15	18	15	22	15	32	28	31	35		
90th percentile	40	27 *	30	29 *	31	31	37	66	62	75 *	61		
95th percentile	73	39 *	57 *	65 *	71 *	61	63	88 *	106 *	132 *	83 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.092. Fluid Cream: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	6.2	0.8 *	0.8 *	2.0 *	3.0	9.3	6.7	10.1	7.2	9.2	6.0
on 1 of 3 days	3.7	0.8 *	0.7 *	1.4 *	3.0	5.6	4.3	5.3	4.0	4.5	2.8
on 2 of 3 days	1.2	0.0 *	0.1 *	0.1 *	# *	2.5	1.3	2.0	1.0 *	2.1 *	0.8 *
on all 3 of 3 days	1.4	0.0 *	0.0 *	0.5 *	0.0 *	1.3	1.0	2.7	2.2	2.6	2.3
Quantity consumed per eating occasion (1 tablespoon = 15 g)	← g →										
mean	32	18 *	34 *	21 *	26 *	35	30	27	29	37	39
SEM	2	0 *	2 *	5 *	12 *	4	4	2	6	9	8
5th percentile	5	--	15 *	--	--	3 *	2 *	--	4 *	6 *	4 *
10th percentile	5	--	16 *	3 *	4 *	8 *	4 *	7 *	5 *	7 *	6 *
25th percentile	13	--	20 *	6 *	5 *	13	10	13	13	10 *	10
50th percentile	23	--	27 *	15 *	15 *	29	20	26	20	15 *	15
75th percentile	30	--	33 *	25 *	--	33	40	36	30	39 *	45
90th percentile	60	--	39 *	30 *	--	63 *	60 *	45 *	60 *	101 *	79 *
95th percentile	78	--	--	--	--	79 *	60 *	60 *	68 *	--	136 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.093. Powdered Cream Substitute: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	6.2	0.3 *	# *	1.2 *	0.3 *	7.9	8.6	8.0	9.4	7.3	9.1		
on 1 of 3 days	2.2	0.3 *	# *	1.2 *	0.3 *	3.6	3.1	3.6	2.6	1.6 *	2.1		
on 2 of 3 days	1.4	0.0 *	0.0 *	0.0 *	0.0 *	1.5	2.9	1.3 *	2.4	1.1 *	1.2 *		
on all 3 of 3 days	2.6	0.0 *	0.0 *	# *	0.0 *	2.8	2.6	3.1	4.3	4.6	5.8		
Quantity consumed per eating occasion (1 teaspoon = 2 g)	<----- g ----->												
mean	5	3 *	3 *	2 *	2 *	4	5	5	4	5 *	5		
SEM	#	1 *	0 *	# *	0 *	1	#	1	1	1 *	1		
5th percentile	1	--	--	--	--	1 *	2 *	2 *	1 *	# *	1 *		
10th percentile	2	--	--	--	--	2 *	2 *	2 *	2 *	1 *	2 *		
25th percentile	2	--	--	--	--	2	2	2	2	2	2		
50th percentile	3	--	--	--	--	3	3	4	2	3	3		
75th percentile	5	--	--	--	--	6	6	6	5	5	4		
90th percentile	8	--	--	--	--	8 *	9 *	8 *	10 *	6 *	6 *		
95th percentile	12	--	--	--	--	12 *	12 *	11 *	12 *	10 *	12 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.094. Margarine, All Types: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	48.9	46.6	45.7	44.3	42.5	43.0	44.8	51.3	52.8	61.3	60.6		
on 1 of 3 days	25.3	25.1	26.8	24.1	29.0	27.4	24.7	25.8	25.8	20.6	22.5		
on 2 of 3 days	14.0	14.7	14.8	11.3	11.4	9.7	13.2	14.4	14.5	19.1	19.4		
on all 3 of 3 days	9.6	6.8	4.1	8.9	2.2 *	6.0	6.9	11.0	12.6	21.6	18.6		
Quantity consumed per eating occasion (1 teaspoon = 5 g)	<----- g ----->												
mean	12	8	11	16	11	16	11	15	10	11	9		
SEM	#	1	1	1	1	1	1	1	#	1	#		
5th percentile	2	1	2	3 *	2 *	4	2	3	2	2	2		
10th percentile	4	2	4	4	5	4	4	4	3	5	3		
25th percentile	5	4	5	7	5	7	5	7	5	5	5		
50th percentile	9	5	9	12	9	13	9	14	8	9	7		
75th percentile	14	10	14	22	14	22	14	21	14	14	11		
90th percentile	28	14	22	31	20	28	28	28	21	24	17		
95th percentile	29	26	28	42 *	28 *	36	29	35	28	28	28		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.095. Margarine, Stick: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	28.5	28.3	25.3	28.1	22.3	26.0	25.8	29.3	29.9	37.6	35.9		
on 1 of 3 days	16.6	16.9	16.1	18.5	16.2	17.9	15.5	16.8	15.5	17.0	16.4		
on 2 of 3 days	7.2	6.9	6.2	5.8	5.1	5.2	7.0	7.5	7.8	9.4	11.1		
on all 3 of 3 days	4.8	4.5	3.0	3.8	1.0 *	3.0	3.3	5.0	6.6	11.2	8.4		
Quantity consumed per eating occasion (1 teaspoon = 5 g)	<----- g ----->												
mean	12	8	10	14	9	15	11	15	11	11	10		
SEM	#	1	1	1	1	1	#	1	1	1	1		
5th percentile	2	2 *	2 *	2 *	2 *	4	2	3 *	2	2 *	2		
10th percentile	4	2	3	3 *	3 *	4	3	4	4	5	3		
25th percentile	5	4	4	5	4	6	5	6	5	5	5		
50th percentile	9	5	7	9	7	12	8	14	9	9	7		
75th percentile	14	9	14	15	14	23	14	21	14	14	12		
90th percentile	28	14	22	28 *	17 *	28	27	28	28	25	19		
95th percentile	28	24 *	28 *	40 *	28 *	35	28	35 *	28	28 *	28		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.096. Margarine, Soft: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	14.0	10.6	14.5	11.9	10.8	12.6	12.7	16.0	16.1	18.5	15.3		
on 1 of 3 days	7.8	4.3	8.4	5.0	6.7	8.6	8.1	9.2	8.8	7.7	7.4		
on 2 of 3 days	4.1	5.2	5.6	4.8	3.4	3.2	3.2	3.3	4.9	5.6	3.8		
on all 3 of 3 days	2.1	1.1 *	0.6 *	2.1 *	0.7 *	0.8 *	1.3	3.6	2.5	5.1	4.1		
Quantity consumed per eating occasion (1 teaspoon = 5 g)	<----- g ----->												
mean	12	10	11	18	10	16	11	15	10	11	9		
SEM	1	2	1	3	1	2	1	1	1	1	1		
5th percentile	2	2 *	3 *	3 *	4 *	4 *	4 *	2 *	2 *	2 *	2 *		
10th percentile	5	2 *	3 *	4 *	4 *	4	4	4 *	3	4 *	4		
25th percentile	5	4	4	9 *	5	8	5	6	4	5	5		
50th percentile	9	7	9	14 *	9	12	9	14	7	8	6		
75th percentile	14	13	13	23 *	14	17	14	21	13	14	12		
90th percentile	28	--	16 *	36 *	18 *	28	21	28 *	19	26 *	14		
95th percentile	28	--	27 *	41 *	20 *	46 *	28 *	33 *	28 *	28 *	19 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.097. Margarine, Spreads: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	10.5	10.0	8.8	8.2	11.5	8.0	10.3	10.5	10.6	13.0	15.5		
on 1 of 3 days	6.6	6.8	6.8	6.5	9.7	5.7	6.9	6.7	6.6	5.4	6.5		
on 2 of 3 days	2.4	2.4	1.8	0.7 *	1.6 *	1.0 *	2.5	2.7	2.2	4.8	4.8		
on all 3 of 3 days	1.4	0.8 *	0.2 *	1.1 *	0.2 *	1.2 *	0.9	1.0 *	1.8	2.8	4.2		
Quantity consumed per eating occasion (1 teaspoon = 5 g)	<----- g ----->												
mean	12	5	12	20 *	14	15	13	15	9	12	9		
SEM	1	1	2	3 *	2	1	2	3	1	1	#		
5th percentile	2	--	5 *	7 *	5 *	2 *	1 *	2 *	2 *	2 *	2 *		
10th percentile	4	2 *	5 *	9 *	5 *	4 *	3	3 *	2 *	5 *	2		
25th percentile	5	2	5	10 *	5 *	6	5	4	5	5	5		
50th percentile	10	5	10	14 *	13 *	10	7	9	7	9	7		
75th percentile	14	6	14	27 *	15 *	29	15	14	10	14	10		
90th percentile	29	9 *	--	29 *	23 *	29 *	27	29 *	15 *	21 *	14		
95th percentile	29	13 *	--	43 *	28 *	35 *	28 *	58 *	28 *	30 *	26 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.098. Butter: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	20.0	16.9	20.7	17.6	17.9	20.7	18.4	23.9	20.1	20.8	20.4		
on 1 of 3 days	12.6	10.5	13.1	13.5	12.2	12.8	11.8	14.7	12.6	13.0	11.7		
on 2 of 3 days	4.9	5.1	6.1	3.4	4.7	5.9	3.8	5.7	4.4	4.0	4.7		
on all 3 of 3 days	2.5	1.3 *	1.5 *	0.7 *	1.0 *	2.1	2.7	3.5	3.2	3.9	4.0		
Quantity consumed per eating occasion (1 teaspoon = 5 g)	<----- g ----->												
mean	13	7	11	15	13	15	12	14	11	15	12		
SEM	#	1	1	2	2	1	1	1	1	3	1		
5th percentile	2	1 *	2 *	4 *	4 *	2 *	2 *	4 *	2 *	3 *	2 *		
10th percentile	5	2 *	4	5 *	4 *	4	3	5	4	4 *	5		
25th percentile	5	5	5	7	5	6	5	7	5	5	5		
50th percentile	9	5	7	14	8	14	9	14	9	9	9		
75th percentile	14	9	14	20	15	14	14	17	14	15	14		
90th percentile	28	14 *	21	28 *	28 *	28	28	28	21	28 *	26		
95th percentile	30	19 *	28 *	28 *	29 *	33 *	28 *	33 *	28 *	44 *	35 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.099. Pourable Salad Dressing: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	31.9	11.7	23.9	27.3	24.1	29.8	33.3	43.2	40.7	36.4	35.6		
on 1 of 3 days	22.0	9.1	17.9	20.1	17.4	20.4	22.7	30.2	26.4	25.9	23.0		
on 2 of 3 days	8.0	2.1 *	5.8	7.1	6.2	8.0	8.7	9.7	11.6	7.5	8.9		
on all 3 of 3 days	1.9	0.6 *	0.3 *	# *	0.5 *	1.4	1.9	3.4	2.7	3.1	3.7		
Quantity consumed per eating occasion (1 tablespoon Italian = 15 g)	<----- g ----->												
mean	35	15	27	36	38	44	34	39	34	35	28		
SEM	1	2	4	3	4	2	1	2	2	2	1		
5th percentile	7	4 *	5 *	9 *	5 *	13	9	6 *	10	10 *	5		
10th percentile	12	5 *	9	15 *	13 *	15	12	14	15	12	13		
25th percentile	16	6	14	18	15	26	16	24	16	16	15		
50th percentile	30	12	16	31	31	32	30	31	29	29	24		
75th percentile	45	15	31	45	46	61	45	47	44	44	31		
90th percentile	62	31 *	47	62 *	77 *	83	62	62	62	62	48		
95th percentile	81	45 *	62 *	62 *	88 *	110	68	86 *	68	71 *	62		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.100. Mayonnaise: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	28.8	18.0	24.0	31.1	32.3	36.8	29.1	33.6	26.7	23.4	24.5		
on 1 of 3 days	20.5	14.7	18.9	19.3	25.5	25.2	20.5	21.7	19.7	17.6	17.6		
on 2 of 3 days	6.6	2.2	4.6	9.9	6.3	9.5	6.4	9.3	5.6	4.1	5.6		
on all 3 of 3 days	1.6	1.1 *	0.5 *	1.9 *	0.5 *	2.0	2.2	2.6	1.4 *	1.7 *	1.3		
Quantity consumed per eating occasion (1 tablespoon = 14 g)	<----- g ----->												
mean	13	11	10	14	11	16	12	15	12	13	12		
SEM	#	1	1	1	1	1	1	1	1	1	1		
5th percentile	3	2 *	2 *	5 *	5 *	5	2	4 *	3 *	2 *	5 *		
10th percentile	5	2 *	5	5 *	5	5	5	5	5	4	5		
25th percentile	7	4	5	9	5	9	5	9	5	7	5		
50th percentile	11	9	9	12	9	14	10	13	10	10	10		
75th percentile	14	13	14	15	13	20	14	19	14	14	14		
90th percentile	28	28 *	16	28 *	19	28	22	28	28	28	26		
95th percentile	28	28 *	23 *	28 *	27 *	28	28	28 *	28 *	28 *	27 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.101. Mayonnaise-Type Dressing: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	10.8	5.6	11.9	15.0	13.7	13.0	12.0	10.6	9.8	8.1	6.7
on 1 of 3 days	8.3	5.1	10.0	10.3	11.3	10.1	9.1	8.0	7.0	6.1	5.3
on 2 of 3 days	2.0	0.5 *	1.4 *	4.1	2.4 *	2.3	2.7	1.9	2.1	1.8 *	1.3
on all 3 of 3 days	0.4	0.1 *	0.5 *	0.7 *	0.0 *	0.6 *	0.2 *	0.7 *	0.7 *	0.3 *	0.1 *
Quantity consumed per eating occasion (1 tablespoon = 15 g)	<----- g ----->										
mean	15	11 *	14	20	12	16	14	17	12	14	11
SEM	1	2 *	2	3	1	1	1	2	1	1	1
5th percentile	3	--	4 *	4 *	3 *	4 *	3 *	3 *	2 *	2 *	--
10th percentile	5	5 *	4 *	4 *	5 *	5	5	4 *	2 *	4 *	2 *
25th percentile	5	5 *	5	8	5	5	5	5	5	9 *	5
50th percentile	13	7 *	12	12	10	13	11	14	12	14 *	12
75th percentile	15	13 *	15	28	15	19	15	17	14	15 *	14
90th percentile	29	24 *	26 *	41 *	20 *	30	29	29 *	15 *	26 *	15 *
95th percentile	39	--	28 *	59 *	25 *	42 *	43 *	38 *	29 *	29 *	23 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.102. Gravy: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	12.0	10.7	10.9	11.3	11.7	12.1	11.8	14.7	9.9	14.1	13.3
on 1 of 3 days	10.7	9.5	9.1	10.7	10.1	10.9	11.0	12.6	9.2	11.0	11.9
on 2 of 3 days	1.3	1.1 *	1.8	0.6 *	1.5 *	1.1 *	0.8 *	2.1	0.7 *	2.9	1.4
on all 3 of 3 days	0.1	0.1 *	# *	0.0 *	0.0 *	0.2 *	# *	0.0 *	# *	0.2 *	0.1 *
Quantity consumed per eating occasion (1/4 cup = 59 g)	<----- g ----->										
mean	78	51	58	99	74	108	73	82	65	87	63
SEM	3	9	7	10	9	11	5	6	7	7	5
5th percentile	15	5 *	15 *	13 *	7 *	15 *	15 *	15 *	15 *	15 *	13 *
10th percentile	15	6 *	15 *	30 *	15 *	24	22	30 *	15 *	15 *	14
25th percentile	30	15	27	55	30	37	30	30	30	30	30
50th percentile	58	30	57	102	57	86	55	59	55	59	55
75th percentile	117	58	60	116	110	120	111	117	59	109	84
90th percentile	126	113 *	114 *	143 *	116 *	224	118	167 *	116 *	172 *	117
95th percentile	234	116 *	117 *	205 *	117 *	232 *	141 *	220 *	142 *	212 *	118 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.103. Syrup: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	←———— % —————→												
at least once in 3 days	11.4	19.9	19.3	19.2	13.3	10.4	8.6	8.7	7.3	10.5	7.2		
on 1 of 3 days	10.0	16.9	16.3	16.6	11.5	9.8	7.7	7.3	6.9	9.1	6.3		
on 2 of 3 days	1.1	2.7	2.5	2.1 *	1.6 *	0.3 *	0.7 *	1.2 *	0.5 *	1.0 *	0.7 *		
on all 3 of 3 days	0.3	0.3 *	0.5 *	0.6 *	0.2 *	0.3 *	0.2 *	0.1 *	0.0 *	0.5 *	0.2 *		
Quantity consumed per eating occasion (1 tablespoon = 20 g)	←———— g —————→												
mean	68	44	49	108	72	87	55	88	56	77	57		
SEM	5	5	4	17	10	10	4	15	4	8	5		
5th percentile	10	4 *	9 *	18 *	13 *	16 *	5 *	16 *	17 *	20 *	12 *		
10th percentile	20	6 *	14	30 *	14 *	20 *	7	20 *	19 *	20 *	17 *		
25th percentile	35	20	20	39	39	39	18	39	39	39	26		
50th percentile	57	39	39	77	60	73	39	72	41	60	41		
75th percentile	79	59	74	123	80	104	71	110	73	100	79		
90th percentile	137	81 *	79	220 *	134 *	152 *	116	160 *	79 *	150 *	104 *		
95th percentile	157	104 *	104 *	257 *	147 *	230 *	137 *	242 *	96 *	162 *	128 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.104. Sugar: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	39.2	29.6	36.4	33.0	35.3	42.5	39.7	43.3	38.7	45.4	39.3		
on 1 of 3 days	14.5	15.3	16.9	14.1	16.4	14.9	15.3	12.8	13.3	13.4	13.1		
on 2 of 3 days	9.8	8.2	12.1	9.6	11.1	11.3	10.4	11.4	6.8	8.6	7.4		
on all 3 of 3 days	14.8	6.1	7.3	9.3	7.7	16.3	14.0	19.0	18.6	23.4	18.8		
Quantity consumed per eating occasion (1 teaspoon granulated = 4 g)	← g →												
mean	15	9	13	21	19	20	16	16	12	12	11		
SEM	1	1	1	3	3	1	1	1	1	1	1		
5th percentile	3	1 *	3	2 *	4 *	4	3	4	2	3	2		
10th percentile	4	2	4	3	4	4	4	4	4	4	3		
25th percentile	5	3	4	6	7	8	5	6	4	5	4		
50th percentile	8	6	9	10	12	11	9	9	8	8	7		
75th percentile	18	11	16	25	25	25	19	20	13	13	11		
90th percentile	34	22	26	61	43	50	41	34	28	23	24		
95th percentile	50	25 *	34	68 *	55 *	67	51	47	39	33	33		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.105. Candy Containing Chocolate: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using		← % →											
at least once in 3 days	12.8	12.7	16.7	17.8	13.0	12.2	15.7	9.7	11.1	9.2	10.0		
on 1 of 3 days	9.3	10.7	12.4	12.2	9.9	9.1	10.7	7.1	9.0	6.5	6.5		
on 2 of 3 days	2.9	1.8 *	3.7	3.7	2.7 *	2.2	4.4	2.2	1.6	2.4	3.3		
on all 3 of 3 days	0.6	0.2 *	0.5 *	2.0 *	0.4 *	0.9 *	0.6 *	0.5 *	0.4 *	0.4 *	0.1 *		
Quantity consumed per eating occasion (1 ounce = 28 g)		← g →											
mean	46	35	41	59	45	54	44	50	50	42	36		
SEM	2	6	4	5	4	3	4	5	3	3	3		
5th percentile	8	6 *	6 *	14 *	9 *	13 *	8 *	--	11 *	12 *	8 *		
10th percentile	14	7 *	13 *	21 *	11 *	21	11	7 *	19 *	15 *	11 *		
25th percentile	23	15	21	36	21	35	20	21	30	27 *	18		
50th percentile	41	29	39	50	41	45	38	43	42	35 *	30		
75th percentile	57	47	53	76	54	57	54	57	57	56 *	49		
90th percentile	85	69 *	78 *	114 *	84 *	90	99	85 *	85 *	63 *	61 *		
95th percentile	113	--	105 *	118 *	96 *	125 *	113 *	113 *	113 *	84 *	71 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.106. Candy Not Containing Chocolate: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	8.3	19.8	17.3	10.3	9.2	5.5	8.1	4.0	6.5	3.8	5.6		
on 1 of 3 days	6.4	12.8	11.5	9.1	6.7	5.2	6.4	3.6	5.5	2.6	3.9		
on 2 of 3 days	1.6	6.7	4.8	1.1 *	2.4 *	0.3 *	1.5	0.3 *	0.5 *	0.5 *	1.1 *		
on all 3 of 3 days	0.3	0.4 *	0.9 *	0.1 *	0.1 *	# *	0.2 *	0.1 *	0.5 *	0.8 *	0.6 *		
Quantity consumed per eating occasion (1 ounce = 28 g)	← g →												
mean	32	34	33	47 *	34 *	34	28	37 *	27	32 *	23		
SEM	2	10	3	7 *	5 *	5	3	8 *	3	5 *	2		
5th percentile	4	4 *	2 *	9 *	4 *	4 *	5 *	5 *	3 *	7 *	5 *		
10th percentile	6	7 *	5	11 *	6 *	6 *	6 *	6 *	5 *	9 *	6 *		
25th percentile	12	14	13	18 *	15 *	10	10	11 *	7	14 *	12 *		
50th percentile	23	21	24	48 *	22 *	28	17	23 *	22	23 *	18		
75th percentile	42	31	50	57 *	37 *	43	39	55 *	36	40 *	34 *		
90th percentile	61	51 *	60	102 *	85 *	62 *	57 *	84 *	57 *	51 *	42 *		
95th percentile	85	66 *	80 *	103 *	96 *	97 *	89 *	85 *	70 *	--	54 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 1.107. Jelly, Jams, Preserves, and Marmalades: Percentage of persons using food in 3 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	20.5	34.0	29.8	16.1	14.5	16.7	16.3	17.4	15.9	27.0	25.6
on 1 of 3 days	13.4	22.4	18.6	10.8	11.3	11.4	12.6	11.6	11.3	13.8	14.3
on 2 of 3 days	4.8	10.4	7.7	3.9	2.8	4.1	2.7	3.6	2.6	7.2	7.1
on all 3 of 3 days	2.2	1.3 *	3.5	1.4 *	0.4 *	1.2 *	1.0	2.2	2.0	5.9	4.3
Quantity consumed per eating occasion (1 tablespoon jam = 20 g)	<----- g ----->										
mean	20	16	20	26	20	27	18	24	18	20	18
SEM	1	1	1	2	2	2	1	2	1	1	1
5th percentile	6	4 *	6 *	--	3 *	6 *	6 *	6 *	4 *	3 *	3 *
10th percentile	6	6	6	8 *	6 *	7	6	7 *	6	6	6
25th percentile	10	6	12	15	11	13	7	13	9	10	7
50th percentile	19	13	19	20	19	19	17	20	13	19	16
75th percentile	27	19	26	37	20	38	20	34	20	21	20
90th percentile	38	36	38	45 *	34 *	56	36	40 *	39	38	35
95th percentile	40	38 *	38 *	56 *	37 *	74 *	39 *	55 *	40 *	40 *	38 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.001. Total Yeast Bread: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	96.9	97.4	98.9 *	98.6 *	96.9	96.9	96.6	97.2	95.2	96.2	96.2		
on 1 of 3 days	11.0	8.8	9.7	11.8	11.1	10.7	15.0	8.0	13.8	7.7	9.2		
on 2 of 3 days	29.2	32.1	30.1	26.7	38.4	26.9	31.4	30.4	29.3	21.0	26.9		
on all 3 of 3 days	56.6	56.5	59.1	60.1	47.3	59.4	50.2	58.8	52.1	67.5	60.2		
Quantity consumed in a day (1 slice = 26 g)	← g →												
mean	72	50	64	90	66	92	66	82	63	76	61		
SEM	1	2	2	4	2	2	1	2	2	3	2		
5th percentile	13	6	15	24	14	14	10	14	11	10	13		
10th percentile	24	13	25	35	24	30	24	26	24	25	24		
25th percentile	43	26	43	51	42	52	43	48	40	48	34		
50th percentile	55	48	52	74	52	78	52	67	52	58	52		
75th percentile	97	64	83	121	89	116	88	107	86	99	80		
90th percentile	134	96	107	165	115	175	121	156	110	146	106		
95th percentile	163	118	126	191	138	213	151	184	134	174	131		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.002. Total White Bread: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	90.1	91.6	94.0	96.0	93.5	91.7	89.1	90.6	86.5	88.5	84.2
on 1 of 3 days	19.6	17.3	15.0	12.3	17.6	17.7	22.5	18.5	23.9	23.7	21.8
on 2 of 3 days	31.8	30.3	33.4	30.7	38.1	30.8	31.5	35.7	31.4	27.4	30.1
on all 3 of 3 days	38.7	44.0	45.6	53.1	37.7	43.2	35.2	36.3	31.2	37.5	32.3
Quantity consumed in a day (1 slice = 26 g)	<----- g ----->										
mean	65	46	61	84	66	80	61	73	58	61	50
SEM	1	2	2	3	2	2	1	3	2	2	1
5th percentile	7	4	9	14	8	8	7	7	6	6	6
10th percentile	14	6	23	26	24	23	17	14	10	9	9
25th percentile	37	24	42	48	43	48	40	40	26	34	24
50th percentile	52	43	52	69	52	61	52	56	52	52	48
75th percentile	86	60	81	114	89	104	80	102	77	81	68
90th percentile	125	95	104	155	117	155	109	155	108	114	96
95th percentile	155	106	125	186	138	184	135	176	130	154	109

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.003. Total Whole Grain and "Wheat" Bread: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	38.7	30.9	29.8	24.0	24.6	36.7	38.6	45.0	42.0	52.2	52.5		
on 1 of 3 days	16.9	12.9	14.3	14.8	10.4	17.8	20.0	20.8	16.9	17.0	15.6		
on 2 of 3 days	11.9	13.2	7.5	4.3	11.6	10.3	12.2	12.5	13.3	14.4	17.3		
on all 3 of 3 days	10.0	4.9	8.0	4.9	2.6 *	8.6	6.3	11.7	11.8	20.8	19.6		
Quantity consumed in a day (1 slice = 26 g)	<----- g ----->												
mean	56	41	52	62	52	67	53	64	51	62	50		
SEM	1	2	2	4	2	2	1	3	1	2	1		
5th percentile	23	13 *	23 *	24 *	23 *	25	23	25	21	23	23		
10th percentile	26	17	24	25 *	26 *	26	26	27	23	25	23		
25th percentile	38	25	35	43	37	47	38	46	28	46	26		
50th percentile	51	36	50	50	49	51	50	51	48	51	50		
75th percentile	58	51	52	72	51	88	52	78	56	77	52		
90th percentile	101	66	78	104 *	90 *	113	97	104	92	102	80		
95th percentile	109	77 *	100 *	129 *	99 *	153	104	121	100	123	101		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.004. Biscuits: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	12.4	10.2	14.8	10.8	12.8	11.5	11.7	13.9	11.3	16.3	11.6
on 1 of 3 days	9.5	8.4	12.0	9.1	10.3	8.9	9.1	9.3	8.6	10.9	9.2
on 2 of 3 days	2.2	1.5 *	2.5	1.2 *	2.2 *	1.8	2.2	3.1	2.4	3.0	1.7
on all 3 of 3 days	0.7	0.2 *	0.3 *	0.5 *	0.3 *	0.8 *	0.5 *	1.5 *	0.4 *	2.4	0.8 *
Quantity consumed in a day (1 medium = 30 g)	<----- g ----->										
mean	58	35	48	69 *	49	76	51	70	53	68	51
SEM	2	4	3	10 *	4	5	3	8	4	4	4
5th percentile	19	--	12 *	28 *	19 *	29 *	15 *	28 *	14 *	20 *	--
10th percentile	28	15 *	16 *	29 *	19 *	32	28	29 *	17 *	27 *	19 *
25th percentile	30	18 *	29	37 *	29	56	30	36	30	37	29
50th percentile	56	30 *	38	57 *	38	64	38	58	38	60	37
75th percentile	65	35 *	59	66 *	61	88	62	75	62	75	62
90th percentile	114	64 *	63 *	124 *	74 *	124	85	125 *	100 *	120 *	87 *
95th percentile	126	--	87 *	188 *	113 *	147 *	122 *	155 *	127 *	141 *	113 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.005. Tortillas: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	15.5	17.3	22.7	16.9	21.6	20.5	17.9	13.3	11.3	5.3	4.4		
on 1 of 3 days	11.6	12.7	17.8	13.5	15.8	14.6	13.9	9.4	8.9	3.5	3.4		
on 2 of 3 days	2.7	3.8	3.7	2.0 *	3.6	4.2	2.9	2.6	1.9	0.5 *	0.5 *		
on all 3 of 3 days	1.2	0.8 *	1.3 *	1.5 *	2.1 *	1.7	1.0	1.3 *	0.5 *	1.3 *	0.6 *		
Quantity consumed in a day (1 7-inch round corn tortilla = 25 g)	<----- g ----->												
mean	60	32	41	57	48	87	52	81	57	89 *	49 *		
SEM	3	4	3	7	4	7	2	8	6	16 *	6 *		
5th percentile	12	10 *	12 *	--	12 *	20 *	12	8 *	12 *	--	11 *		
10th percentile	13	12 *	12	20 *	12 *	25	17	22 *	18 *	24 *	12 *		
25th percentile	26	12	17	26	24	36	24	39	30	29 *	13 *		
50th percentile	42	23	31	42	33	61	38	61	42	74 *	33		
75th percentile	71	41	49	61	58	103	59	114	61	154 *	68 *		
90th percentile	124	70 *	82	116 *	96 *	188	103	155 *	124 *	156 *	100 *		
95th percentile	167	106 *	102 *	157 *	112 *	252 *	135	234 *	155 *	199 *	104 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.006. Quickbreads and Muffins: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	14.8	13.8	11.0	12.1	15.8	8.9	16.1	16.5	17.1	18.5	20.7
on 1 of 3 days	11.3	12.3	8.5	10.2	12.4	6.9	12.5	13.1	12.3	12.7	14.1
on 2 of 3 days	2.8	1.5 *	2.2	1.9 *	2.9	1.8	3.0	2.8	3.6	3.6	4.3
on all 3 of 3 days	0.8	# *	0.3 *	# *	0.4 *	0.3 *	0.6 *	0.6 *	1.2 *	2.3	2.3
Quantity consumed in a day (1 medium bran muffin = 50 g)	<----- g ----->										
mean	86	78	85	106	80	107	81	86	81	89	80
SEM	3	8	6	12	5	12	6	7	6	5	3
5th percentile	22	16 *	28 *	32 *	27 *	37 *	21 *	25 *	18 *	17 *	18 *
10th percentile	33	26 *	42 *	50 *	37 *	46 *	32	32 *	32	32 *	32
25th percentile	50	51	51	53 *	48	57	47	47	46	50	49
50th percentile	64	60	63	104	64	66	60	64	58	70	66
75th percentile	112	103	111	115 *	109	132	99	105	110	124	104
90th percentile	156	146 *	126 *	189 *	117 *	221 *	140	153 *	154	164 *	128
95th percentile	204	167 *	196 *	210 *	144 *	227 *	170 *	173 *	200 *	181 *	165 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.007. Doughnuts and Sweet Rolls: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	13.4	10.6	14.7	16.1	15.7	13.9	12.1	15.7	13.1	12.3	11.0		
on 1 of 3 days	10.5	9.4	11.7	12.9	14.4	11.0	9.9	10.9	10.0	8.4	7.8		
on 2 of 3 days	2.2	1.3 *	2.8	3.1	1.1 *	1.8	1.7	3.9	2.0	2.1 *	2.3		
on all 3 of 3 days	0.7	0.0 *	0.3 *	0.1 *	0.2 *	1.1 *	0.4 *	0.8 *	1.0 *	1.9 *	0.9 *		
Quantity consumed in a day (1 medium sweet roll = 55 g)	← g →												
mean	81	75	71	118	82	99	74	78	74	78	61		
SEM	2	9	4	18	5	6	3	5	5	5	3		
5th percentile	28	19 *	21 *	38 *	39 *	41 *	32 *	23 *	33 *	34 *	27 *		
10th percentile	41	25 *	35 *	42 *	40 *	42	42	36 *	42 *	42 *	38 *		
25th percentile	53	37	45	55	46	55	54	49	48	54	42		
50th percentile	64	56	57	84	71	83	64	63	57	72	54		
75th percentile	101	113	89	178	108	119	84	97	90	89	74		
90th percentile	138	159 *	118 *	243 *	141 *	169	114	134 *	128 *	118 *	84 *		
95th percentile	171	176 *	132 *	257 *	150 *	215 *	125 *	167 *	150 *	165 *	104 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.008. Crackers: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	21.3	26.4	19.0	13.3	15.4	13.9	20.7	19.4	24.6	30.5	32.6		
on 1 of 3 days	15.2	19.3	13.2	12.6	12.5	11.5	14.3	13.6	16.3	22.6	20.8		
on 2 of 3 days	4.7	5.2	5.0	0.2 *	2.9	2.2	4.3	4.7	6.9	6.0	8.5		
on all 3 of 3 days	1.4	1.9 *	0.8 *	0.6 *	# *	0.2 *	2.0	1.1 *	1.4	1.9 *	3.3		
Quantity consumed in a day (4 saltines = 12 g)	<----- g ----->												
mean	23	22	25	26	25	28	24	30	21	21	17		
SEM	1	4	3	3	3	2	2	2	1	1	1		
5th percentile	6	5 *	4 *	10 *	5 *	5 *	6	6 *	6 *	5 *	4		
10th percentile	7	6	8	11 *	7 *	9	8	10	6	6	6		
25th percentile	12	10	11	14 *	11	13	12	16	12	11	11		
50th percentile	18	12	18	23	22	24	18	22	18	18	15		
75th percentile	30	23	29	31 *	29	33	29	32	24	24	23		
90th percentile	44	43	47	44 *	46 *	48	49	55	40	35	29		
95th percentile	58	60 *	81 *	49 *	55 *	61 *	59	76 *	57 *	53 *	33		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.009. Cookies: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	31.2	51.8	46.8	35.1	33.2	23.6	26.3	23.4	24.7	33.6	34.1		
on 1 of 3 days	18.5	25.9	24.0	22.9	25.4	15.5	16.5	14.1	15.5	17.8	18.8		
on 2 of 3 days	8.7	16.8	16.2	9.6	6.4	5.1	7.7	5.6	7.3	9.4	9.6		
on all 3 of 3 days	3.9	9.1	6.6	2.6 *	1.4 *	3.1	2.1	3.7	1.9	6.5	5.7		
Quantity consumed in a day (1 medium = 10 g)	← g →												
mean	42	28	40	49	42	60	44	46	38	42	30		
SEM	1	1	2	3	4	5	3	3	4	3	2		
5th percentile	10	8	10	9 *	8 *	12 *	10	9 *	8 *	9 *	7		
10th percentile	11	10	14	12	13	17	11	13	10	13	9		
25th percentile	20	14	20	22	20	26	19	20	16	19	15		
50th percentile	30	22	30	41	34	40	31	36	27	30	26		
75th percentile	50	36	46	62	52	79	50	56	44	49	34		
90th percentile	80	48	79	90	79	131	91	80	66	81	57		
95th percentile	116	57	109	125 *	111 *	162 *	120	110 *	95 *	117 *	65		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.010. Cake: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	18.6	16.5	22.5	26.1	16.4	15.6	17.1	20.2	16.6	20.9	20.5		
on 1 of 3 days	14.2	13.4	17.8	18.2	12.4	12.5	13.3	16.3	12.0	14.8	14.6		
on 2 of 3 days	3.4	2.3	4.0	5.9	2.4 *	2.6	3.4	2.6	3.0	4.6	4.2		
on all 3 of 3 days	1.0	0.8 *	0.7 *	2.0 *	1.6 *	0.5 *	0.4 *	1.2 *	1.5	1.4 *	1.6		
Quantity consumed in a day (1/12 of a frosted cake = 109 g)	← g →												
mean	89	63	88	96	81	103	92	95	92	92	70		
SEM	3	6	5	9	7	7	6	6	6	7	3		
5th percentile	20	14 *	14 *	37 *	18 *	39 *	17 *	20 *	15 *	27 *	14 *		
10th percentile	28	20 *	27	40 *	28 *	40	25	34	26	34 *	24		
25th percentile	42	31	40	48	48	55	40	53	40	45	39		
50th percentile	76	54	67	79	76	80	80	81	79	75	55		
75th percentile	109	89	114	109	91	136	121	113	109	113	85		
90th percentile	161	109 *	161	181 *	122 *	189	158	161	184	174 *	124		
95th percentile	218	129 *	208 *	218 *	168 *	227 *	218 *	215 *	218 *	188 *	172 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.011. Pie: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	10.3	3.7	9.8	7.5	6.9	9.8	7.9	14.9	11.1	14.8	14.6		
on 1 of 3 days	8.1	3.3	7.9	4.7	6.4	8.1	6.3	11.1	9.7	10.4	11.0		
on 2 of 3 days	1.9	0.2 *	1.8	2.6 *	0.5 *	1.6	1.3	3.6	0.8 *	3.7	3.2		
on all 3 of 3 days	0.3	0.3 *	0.1 *	0.3 *	0.0 *	0.1 *	0.4 *	0.1 *	0.5 *	0.8 *	0.5 *		
Quantity consumed in a day (1/8 of a 9-inch cream pie = 144 g)	<----- g ----->												
mean	160	124 *	127	196 *	139 *	173	165	161	144	183	160		
SEM	5	9 *	12	16 *	7 *	11	9	10	8	10	8		
5th percentile	49	33 *	--	85 *	73 *	52 *	46 *	47 *	20 *	91 *	59 *		
10th percentile	74	54 *	50 *	94 *	86 *	66 *	85 *	78 *	46 *	99 *	75		
25th percentile	114	98 *	88	138 *	118 *	113	118	114	96	132	119		
50th percentile	148	140 *	114	153 *	136 *	148	148	147	144	150	148		
75th percentile	188	150 *	150	230 *	147 *	196	184	183	186	198	192		
90th percentile	274	151 *	192 *	296 *	180 *	286 *	253 *	284 *	222 *	301 *	294		
95th percentile	305	--	229 *	340 *	216 *	363 *	302 *	300 *	288 *	370 *	305 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.012. Pancakes and Waffles: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	12.8	23.1	21.1	18.9	13.7	11.1	10.3	9.9	8.6	12.2	9.8
on 1 of 3 days	11.0	18.9	17.4	16.2	12.6	9.4	9.0	8.3	8.2	9.8	8.5
on 2 of 3 days	1.6	3.8	3.3	2.1 *	0.7 *	1.5	1.2	1.4 *	0.4 *	1.9 *	1.1 *
on all 3 of 3 days	0.2	0.4 *	0.4 *	0.6 *	0.4 *	0.2 *	0.1 *	0.1 *	0.0 *	0.5 *	0.1 *
Quantity consumed in a day (1 medium pancake or waffle = 40 g)	← g →										
mean	99	60	78	134	86	150	81	137	79	113	85
SEM	5	7	7	17	9	18	6	8	5	7	5
5th percentile	21	14 *	17 *	39 *	24 *	36 *	22 *	52 *	24 *	31 *	21 *
10th percentile	35	19 *	25	53 *	37 *	39 *	31	59 *	27 *	41 *	36 *
25th percentile	42	29	38	69	40	76	40	76	41	73	53
50th percentile	78	40	58	79	76	111	74	118	77	102	78
75th percentile	119	79	84	165	111	163	100	164	108	125	116
90th percentile	164	122 *	158	311 *	154 *	240 *	135	219 *	122 *	164 *	123 *
95th percentile	231	144 *	164 *	--	159 *	463 *	162 *	236 *	149 *	193 *	149 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.013. Cooked Cereal: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	15.2	25.5	19.2	9.2	9.7	8.0	9.4	11.8	14.1	28.9	28.1		
on 1 of 3 days	9.1	16.9	10.8	6.1	7.4	5.5	6.9	5.7	8.9	13.3	15.1		
on 2 of 3 days	3.7	5.7	6.4	1.4 *	1.6 *	1.4	1.9	3.4	3.5	8.0	7.1		
on all 3 of 3 days	2.4	2.9	1.9	1.6 *	0.6 *	1.2 *	0.6 *	2.7	1.7	7.5	6.0		
Quantity consumed in a day (1/2 cup oatmeal = 117 g)	← g →												
mean	249	207	235	257 *	254 *	339	227	296	225	257	237		
SEM	6	15	18	16 *	18 *	23	12	17	11	10	14		
5th percentile	105	60 *	111 *	112 *	120 *	117 *	71 *	121 *	61 *	100 *	93		
10th percentile	117	82	120	124 *	121 *	149 *	112	137 *	116	116	116		
25th percentile	156	117	161	155	181	183	123	223	156	176	134		
50th percentile	233	224	222	234	233	324	227	240	228	232	230		
75th percentile	254	242	249	285	249	478	243	363	245	344	243		
90th percentile	458	353	375	363 *	365 *	500 *	358	462 *	358	425	369		
95th percentile	484	431 *	437 *	478 *	475 *	661 *	480 *	487 *	451 *	486 *	489		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.014. Oatmeal: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	9.5	15.8	11.5	5.4	4.4	5.0	5.1	7.4	8.3	20.4	19.2		
on 1 of 3 days	5.9	10.1	7.5	3.6	3.5	3.5	3.7	3.3	5.7	11.0	10.9		
on 2 of 3 days	2.2	4.2	3.3	0.3 *	0.7 *	0.9 *	1.0	1.6 *	1.7	4.8	5.2		
on all 3 of 3 days	1.4	1.4 *	0.8 *	1.6 *	0.1 *	0.7 *	0.3 *	2.4	0.9 *	4.7	3.1		
Quantity consumed in a day (1/2 cup = 117 g)	← g →												
mean	246	212	238	235 *	251 *	323	210	305	222	254	236		
SEM	7	18	26	21 *	23 *	32	14	21	13	12	17		
5th percentile	116	94 *	109 *	86 *	114 *	113 *	107 *	160 *	78 *	91 *	107 *		
10th percentile	117	116 *	113 *	137 *	127 *	134 *	110 *	177 *	109 *	115 *	116		
25th percentile	160	117	164	159 *	176 *	171	120	213	156	176	156		
50th percentile	227	177	193	199 *	220 *	312	213	229	219	210	194		
75th percentile	244	231	243	230 *	232 *	352	232	422	231	299	230		
90th percentile	434	337 *	394 *	320 *	342 *	486 *	333 *	460 *	352 *	375 *	361		
95th percentile	459	442 *	439 *	352 *	457 *	656 *	351 *	486 *	--	429 *	455 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.015. Ready-to-Eat Cereal: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	46.8	76.8	76.8	58.6	52.7	34.0	35.7	34.1	39.2	48.1	49.8
on 1 of 3 days	19.2	25.9	23.9	22.2	24.9	16.2	18.2	14.9	21.2	13.8	18.6
on 2 of 3 days	15.3	24.1	30.8	20.1	17.9	10.5	12.0	11.3	9.9	14.2	14.8
on all 3 of 3 days	12.3	26.9	22.1	16.2	9.9	7.2	5.5	7.9	8.1	20.1	16.4
Quantity consumed in a day (1 cup corn flakes = 25 g)	← g →										
mean	50	34	42	63	53	73	53	58	45	51	40
SEM	1	2	1	3	3	4	2	3	2	2	1
5th percentile	14	8	14	24 *	24 *	25	16	22 *	12	22	14
10th percentile	21	13	19	26	27	28	23	25	19	25	18
25th percentile	28	20	27	35	31	43	28	33	25	28	25
50th percentile	41	28	35	56	41	57	42	50	35	44	35
75th percentile	58	38	56	74	57	86	61	74	56	57	50
90th percentile	88	57	70	106	84	113	104	111	84	97	71
95th percentile	112	69	86	117 *	112 *	165	116	114 *	107	111	85

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.016. Total Rice: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	32.4	37.5	33.5	31.2	31.9	32.7	34.5	31.5	32.2	30.4	27.4		
on 1 of 3 days	23.5	25.7	24.6	26.0	23.4	21.4	26.0	22.6	24.2	23.0	19.0		
on 2 of 3 days	6.7	8.5	6.7	3.5	5.3	8.8	6.2	6.4	5.7	5.7	7.3		
on all 3 of 3 days	2.3	3.3	2.3	1.8 *	3.2	2.5	2.3	2.4	2.3	1.7 *	1.2 *		
Quantity consumed in a day (1/2 cup = 103 g)	<----- g ----->												
mean	166	102	132	179	161	222	166	199	146	168	130		
SEM	5	7	11	18	13	13	7	12	7	12	7		
5th percentile	23	8 *	25	37 *	26 *	39	23	38 *	27	18 *	18 *		
10th percentile	38	19	35	57 *	38	51	44	60	37	27	23		
25th percentile	81	38	68	82	100	102	87	102	76	72	79		
50th percentile	146	94	102	149	161	176	152	173	123	136	106		
75th percentile	203	156	174	233	202	287	204	267	202	204	191		
90th percentile	326	202	205	360 *	279	406	337	384	236	348	204		
95th percentile	406	233 *	387	405 *	305 *	548	382	498 *	371	397 *	292 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.017. Total Pasta: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	52.5	70.8	56.9	49.3	53.1	52.2	56.4	49.0	49.2	44.3	45.1		
on 1 of 3 days	34.2	38.1	36.2	36.3	32.9	32.9	35.9	32.9	35.3	31.4	30.9		
on 2 of 3 days	15.3	24.9	17.1	11.6	17.2	16.1	17.1	13.7	12.6	10.6	11.7		
on all 3 of 3 days	3.0	7.8	3.6	1.3 *	3.0	3.2	3.4	2.5	1.4 *	2.3	2.5		
Quantity consumed in a day (1 cup spaghetti = 140 g)	<----- g ----->												
mean	125	79	104	159	121	176	123	154	106	110	88		
SEM	3	4	8	10	8	9	4	9	4	7	5		
5th percentile	9	11	9	18 *	18 *	18	12	18	5	1	1		
10th percentile	18	17	18	33	21	30	19	30	18	7	9		
25th percentile	47	31	47	70	52	73	48	59	39	30	23		
50th percentile	95	61	90	121	100	134	95	121	86	79	71		
75th percentile	160	104	139	221	151	276	159	210	142	142	123		
90th percentile	278	160	198	306	242	368	271	303	234	250	179		
95th percentile	318	201	263	417 *	278 *	440	313	413	279	291	278		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.018. Pizza: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	23.0	27.4	39.7	40.4	31.4	27.2	24.5	17.7	15.3	7.1	5.4		
on 1 of 3 days	19.3	24.7	33.3	30.7	26.9	21.3	21.4	15.4	13.0	6.4	5.0		
on 2 of 3 days	3.2	2.6	4.6	8.6	3.7	4.8	3.0	2.2	2.2	0.7 *	0.3 *		
on all 3 of 3 days	0.5	0.2 *	1.7	1.0 *	0.8 *	1.2 *	0.1 *	0.0 *	0.1 *	# *	# *		
Quantity consumed in a day (1 slice, thin crust = 71 g)	← g →												
mean	203	102	142	227	178	310	178	274	162	218 *	166		
SEM	8	6	7	18	13	20	8	18	7	19 *	15		
5th percentile	63	26 *	60	60 *	56 *	71	61	70 *	53 *	66 *	64 *		
10th percentile	64	38	63	71	71	80	71	97 *	63 *	84 *	71 *		
25th percentile	93	63	71	112	79	158	105	142	91	125 *	112 *		
50th percentile	158	80	126	179	158	264	157	252	149	194 *	144 *		
75th percentile	259	142	189	287	229	423	221	355	196	305 *	212 *		
90th percentile	392	183	252	442	318	560	315	472 *	280 *	339 *	291 *		
95th percentile	500	202 *	284	577 *	385 *	631	377	521 *	331 *	387 *	309 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.019. Total Fresh Cucumbers: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	11.3	4.4	5.9	7.1	8.0	9.8	12.6	14.7	17.8	14.7	12.4		
on 1 of 3 days	8.8	3.7	4.7	6.7	6.8	7.5	8.9	12.1	14.1	11.2	8.8		
on 2 of 3 days	2.2	0.7 *	0.9 *	0.3 *	1.2 *	2.0	3.2	2.4	3.3	2.6	3.0		
on all 3 of 3 days	0.4	0.1 *	0.3 *	0.1 *	0.0 *	0.3 *	0.6 *	0.2 *	0.4 *	0.8 *	0.6 *		
Quantity consumed in a day (1/2 cup = 60 g)	← g →												
mean	47	23 *	40 *	32 *	79 *	50	44	43	45	55	51		
SEM	3	9 *	5 *	5 *	22 *	11	4	5	5	4	4		
5th percentile	3	1 *	7 *	5 *	5 *	3 *	3 *	4 *	3 *	5 *	4 *		
10th percentile	7	1 *	7 *	6 *	8 *	5 *	6	8 *	6	12 *	8 *		
25th percentile	14	1 *	14	11 *	17 *	14	14	14	14	26	19		
50th percentile	30	7 *	28	19 *	54 *	22	29	30	28	31	29		
75th percentile	59	21 *	59	41 *	91 *	49	54	49	56	70	59		
90th percentile	100	70 *	76 *	60 *	188 *	99 *	98	94 *	100	102 *	110 *		
95th percentile	150	97 *	86 *	87 *	--	169 *	139 *	146 *	136 *	154 *	133 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.020. Total Lettuce: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	62.3	38.1	56.3	59.6	63.1	67.2	65.4	70.0	67.6	61.3	57.8		
on 1 of 3 days	32.4	28.7	30.4	30.1	37.7	32.9	32.4	33.8	34.3	33.9	28.9		
on 2 of 3 days	20.8	7.1	18.8	18.6	17.2	23.3	24.7	23.6	23.4	19.0	18.8		
on all 3 of 3 days	9.2	2.3	7.1	11.0	8.3	11.0	8.3	12.6	9.9	8.4	10.1		
Quantity consumed in a day (1 cup = 55 g)	← g →												
mean	39	16	24	35	33	41	41	48	44	43	40		
SEM	1	2	2	3	3	2	2	2	2	2	2		
5th percentile	7	3 *	5	7 *	5	8	7	7	7	4	5		
10th percentile	8	4	7	8	8	9	8	8	8	8	8		
25th percentile	14	8	9	15	10	16	13	16	14	16	14		
50th percentile	27	9	19	25	19	25	27	37	34	37	37		
75th percentile	55	19	36	48	48	55	55	72	55	56	55		
90th percentile	82	36	54	73	73	96	104	109	92	82	81		
95th percentile	110	52 *	63	96 *	105	111	110	120	114	110	109		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.021. Total Celery: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	50.0	40.2	41.9	41.6	42.1	47.2	50.9	56.3	54.1	59.0	58.4
on 1 of 3 days	31.2	30.6	26.8	29.1	31.3	31.0	31.9	34.7	30.2	33.2	31.7
on 2 of 3 days	14.4	7.3	12.3	11.3	8.4	12.6	15.1	15.4	19.4	18.9	18.1
on all 3 of 3 days	4.4	2.4	2.8	1.2 *	2.4 *	3.7	4.0	6.2	4.5	6.9	8.6
Quantity consumed in a day (1/2 cup = 60 g)	<----- g ----->										
mean	15	9	11	13	14	18	15	20	16	15	14
SEM	#	1	1	1	1	1	1	2	1	1	1
5th percentile	1	1 *	1	1 *	1 *	1	1	1	1	1	1
10th percentile	2	1	2	2	1	2	2	2	2	1	1
25th percentile	5	3	4	5	5	6	5	5	5	4	4
50th percentile	10	5	7	9	10	12	11	11	9	10	8
75th percentile	18	11	14	15	16	23	19	20	19	19	15
90th percentile	34	20	23	28	30	38	36	45	30	33	32
95th percentile	48	30 *	35	35 *	40 *	55	48	72	43	47	47

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.022. Total Broccoli: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	16.6	15.1	11.1	8.4	10.1	15.2	18.6	15.6	22.5	19.5	22.8
on 1 of 3 days	13.0	10.9	9.8	8.0	8.3	11.6	15.6	12.3	17.0	13.3	16.4
on 2 of 3 days	3.1	3.3	1.3 *	0.5 *	1.8 *	3.4	2.8	2.9	4.2	4.8	5.0
on all 3 of 3 days	0.5	0.9 *	# *	0.0 *	0.0 *	0.2 *	0.2 *	0.4 *	1.3 *	1.4 *	1.4
Quantity consumed in a day (1/2 cup = 92 g)	<----- g ----->										
mean	91	76	103	103 *	92 *	94	87	111	85	82	92
SEM	4	17	26	15 *	12 *	6	5	11	6	7	6
5th percentile	11	10 *	10 *	29 *	18 *	11 *	13 *	10 *	10 *	12 *	12 *
10th percentile	18	10 *	12 *	31 *	20 *	24	20	13 *	13	20 *	21
25th percentile	36	21	24	58 *	39 *	44	30	27	23	46	42
50th percentile	77	45	75	91 *	78 *	77	71	87	76	77	77
75th percentile	137	91	154	129 *	149 *	144	122	153	124	96	134
90th percentile	183	155 *	306 *	156 *	156 *	156	156	233 *	170	151 *	183
95th percentile	233	178 *	310 *	230 *	206 *	193 *	232 *	304 *	183 *	169 *	233 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.023. Total Carrots: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	56.1	52.0	50.9	43.2	46.8	47.4	56.7	59.9	62.4	66.1	71.2		
on 1 of 3 days	31.2	35.8	30.6	27.4	29.9	27.7	33.8	31.9	32.2	30.4	31.9		
on 2 of 3 days	17.8	14.0	15.4	12.4	13.9	13.6	17.7	19.0	22.0	22.2	25.4		
on all 3 of 3 days	7.1	2.2 *	4.8	3.4	3.0	6.1	5.2	9.0	8.3	13.5	13.9		
Quantity consumed in a day (1/2 cup = 64 g)	<----- g ----->												
mean	32	19	24	41	29	38	31	38	34	35	31		
SEM	1	2	2	9	4	4	2	4	3	3	2		
5th percentile	3	1	2	3 *	3 *	3	3	3	2	3	3		
10th percentile	4	3	3	5	4	5	5	5	4	5	4		
25th percentile	7	5	6	7	6	9	7	7	7	7	7		
50th percentile	15	10	14	16	16	17	15	16	15	17	15		
75th percentile	36	25	28	51	33	42	33	37	39	39	37		
90th percentile	74	39	59	73	64	84	72	79	88	78	76		
95th percentile	122	60	77	149 *	126 *	145	110	145	119	131	116		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.024. Total Tomatoes: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	90.3	86.4	91.9	95.5	90.4	93.5	92.4	92.6	89.1	86.2	80.9		
on 1 of 3 days	24.4	26.4	20.8	24.8	20.2	22.1	24.0	25.3	27.3	27.6	27.1		
on 2 of 3 days	35.4	36.3	34.5	34.5	41.0	34.8	38.9	34.4	36.1	32.4	29.7		
on all 3 of 3 days	30.5	23.7	36.6	36.3	29.2	36.7	29.5	32.9	25.7	26.2	24.1		
Quantity consumed in a day (1/2 cup = 90 g)	<----- g ----->												
mean	70	42	55	72	66	83	68	90	65	71	68		
SEM	2	3	3	5	6	4	3	5	3	4	3		
5th percentile	1	1	2	4	2	1	1	3	1	1	1		
10th percentile	4	3	4	7	4	5	4	8	3	4	4		
25th percentile	16	6	12	14	12	20	17	23	20	22	18		
50th percentile	44	24	35	45	39	49	44	54	40	45	40		
75th percentile	94	60	76	109	87	111	92	121	91	94	93		
90th percentile	176	107	132	184	188	212	169	212	158	181	169		
95th percentile	230	138	170	224	210	269	209	292	209	234	224		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.025. Total Tomato Sauce: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	65.0	66.2	73.0	77.8	70.7	71.6	68.5	65.0	61.4	48.5	44.6		
on 1 of 3 days	36.0	36.3	36.8	35.8	38.1	36.5	38.4	37.1	35.9	32.0	30.2		
on 2 of 3 days	21.8	24.6	24.1	30.2	25.7	23.7	24.4	21.6	20.9	12.1	11.3		
on all 3 of 3 days	7.2	5.3	12.1	11.7	6.9	11.5	5.7	6.4	4.5	4.4	3.0		
Quantity consumed in a day (1/2 cup = 122 g)	← g →												
mean	37	25	27	41	38	51	36	50	29	33	27		
SEM	1	3	2	4	4	3	2	4	2	3	2		
5th percentile	1	#	1	1	1	1	#	1	#	#	#		
10th percentile	1	1	3	2	2	2	1	1	1	1	#		
25th percentile	5	6	9	7	8	7	4	5	3	2	2		
50th percentile	18	13	17	21	19	28	18	23	13	12	8		
75th percentile	42	23	31	42	39	63	41	59	34	38	33		
90th percentile	95	64	56	106	105	122	92	144	85	87	76		
95th percentile	155	102	94	187	138	205	132	196	105	154	122		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.026. Total String Beans. Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	31.6	34.7	31.4	25.0	27.7	26.5	27.7	31.5	32.4	39.4	44.2		
on 1 of 3 days	25.1	27.8	24.2	20.3	21.6	22.1	23.7	25.8	26.4	28.2	31.6		
on 2 of 3 days	5.8	6.6	6.9	4.7	5.5	4.2	3.5	5.3	5.5	8.9	10.8		
on all 3 of 3 days	0.7	0.3 *	0.3 *	0.0 *	0.6 *	0.3 *	0.5 *	0.4 *	0.5 *	2.3	1.8		
Quantity consumed in a day (1/2 cup = 68 g)	<----- g ----->												
mean	64	44	54	61	61	77	63	73	66	67	58		
SEM	2	3	4	6	5	6	4	4	3	6	3		
5th percentile	1	1 *	1	2 *	1 *	1	1	1 *	1	1 *	1		
10th percentile	1	2	1	2 *	3 *	2	1	2	2	1	1		
25th percentile	17	17	17	33	32	17	9	24	17	3	4		
50th percentile	66	34	57	67	64	67	67	66	65	58	59		
75th percentile	93	66	67	67	67	124	89	124	101	124	87		
90th percentile	134	67	129	134 *	134 *	134	133	134	134	134	131		
95th percentile	134	126 *	134	134 *	134 *	201	135	186 *	134	186 *	134		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.027. Total Cabbage: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	19.4	12.3	13.2	12.0	13.3	15.9	19.5	21.7	22.6	28.9	30.8		
on 1 of 3 days	15.8	10.2	11.7	9.9	11.9	13.1	16.9	16.9	17.9	22.0	23.4		
on 2 of 3 days	3.1	2.2 *	1.5 *	1.8 *	1.1 *	2.6	2.0	4.1	4.1	5.1	6.1		
on all 3 of 3 days	0.6	0.0 *	0.0 *	0.3 *	0.2 *	0.2 *	0.6 *	0.6 *	0.7 *	1.9 *	1.4		
Quantity consumed in a day (1/2 cup = 75 g)	<----- g ----->												
mean	61	35	35	68	86	64	51	68	78	66	59		
SEM	3	8	8	8	23	6	5	5	9	5	4		
5th percentile	1	# *	# *	1 *	1 *	1 *	1 *	1 *	1 *	# *	#		
10th percentile	1	# *	1 *	3 *	1 *	1	1	2	1	1	1		
25th percentile	4	2	2	29	5	4	3	8	8	2	2		
50th percentile	44	7	8	57	52	35	29	53	58	57	48		
75th percentile	86	60	50	75	135	85	67	111	114	113	77		
90th percentile	149	86 *	115 *	141 *	149 *	148	140	164	162	149	149		
95th percentile	209	114 *	146 *	179 *	228 *	219 *	169 *	217 *	282 *	167 *	208		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.028. Total Peas: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	29.7	31.5	31.8	23.1	24.4	25.7	27.2	29.9	30.6	36.6	38.5		
on 1 of 3 days	23.6	27.2	24.6	18.2	20.7	21.4	22.4	23.3	24.9	26.7	27.1		
on 2 of 3 days	5.3	3.8	6.8	3.8	3.7	3.6	4.4	5.0	5.2	7.5	9.7		
on all 3 of 3 days	0.9	0.5 *	0.4 *	1.2 *	0.0 *	0.8 *	0.4 *	1.7 *	0.5 *	2.5	1.7		
Quantity consumed in a day (1/2 cup = 80 g)	← g →												
mean	52	36	39	55	46	68	47	63	52	59	44		
SEM	2	5	4	7	7	5	4	5	3	4	3		
5th percentile	2	3 *	2 *	3 *	3 *	3	2	3 *	3	2 *	2		
10th percentile	4	4	4	5 *	9 *	6	4	6	6	3	2		
25th percentile	13	8	8	11	16	15	14	17	17	15	10		
50th percentile	30	17	17	33	27	41	28	36	35	33	22		
75th percentile	80	42	56	80	57	87	69	84	80	84	76		
90th percentile	127	79	85	159 *	125 *	169	97	161	95	159	118		
95th percentile	169	119 *	158 *	168 *	158 *	186	159	169 *	146	169 *	159		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.029. Total Corn: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	32.8	41.1	42.9	34.5	27.5	31.1	31.5	28.4	29.0	34.4	32.4		
on 1 of 3 days	26.4	32.9	35.9	29.0	24.7	25.4	25.9	23.3	24.1	23.3	23.2		
on 2 of 3 days	5.7	7.7	6.6	5.3	2.5 *	5.0	5.3	4.2	4.4	9.9	7.4		
on all 3 of 3 days	0.7	0.5 *	0.4 *	0.3 *	0.3 *	0.7 *	0.3 *	1.0 *	0.6 *	1.2 *	1.9		
Quantity consumed in a day (1/2 cup = 82 g)	<----- g ----->												
mean	86	62	76	101	87	110	84	104	77	98	63		
SEM	3	4	4	6	9	6	4	7	3	11	4		
5th percentile	9	8 *	7	13 *	3 *	10	14	15 *	6	7 *	3		
10th percentile	15	13	13	25	14	15	19	25	19	15	10		
25th percentile	38	25	38	61	51	43	38	54	38	31	22		
50th percentile	81	54	81	82	81	82	80	82	76	78	50		
75th percentile	122	82	82	127	82	161	115	153	82	126	82		
90th percentile	163	126	153	163	161	228	159	163	153	165	127		
95th percentile	229	137 *	163	216 *	241 *	254	210	252 *	163	252 *	163		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.030. Total Onions: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	94.6	93.4	95.9	96.9	95.1	96.8	95.2	96.1	93.1	91.8	90.4		
on 1 of 3 days	18.6	20.4	14.2	15.6	17.5	14.3	17.7	18.4	21.5	21.1	27.4		
on 2 of 3 days	36.3	32.9	37.7	37.2	35.3	37.2	36.1	36.2	38.1	36.5	33.9		
on all 3 of 3 days	39.8	40.1	43.9	44.1	42.3	45.3	41.3	41.5	33.5	34.1	29.1		
Quantity consumed in a day (1/2 cup, cooked = 105 g)	<----- g ----->												
mean	14	7	9	13	12	19	13	18	15	18	14		
SEM	#	#	1	1	1	1	1	1	1	1	1		
5th percentile	#	#	#	#	#	#	#	#	#	#	#		
10th percentile	#	#	#	#	#	1	#	#	#	#	#		
25th percentile	1	1	1	2	2	2	1	2	1	1	1		
50th percentile	6	4	4	7	6	9	6	9	7	7	5		
75th percentile	19	10	13	18	17	25	18	27	18	23	17		
90th percentile	38	17	24	33	33	52	33	49	38	49	35		
95th percentile	55	20	35	47	41	74	50	65	55	74	57		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.031. Total Peppers: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using		← % →											
at least once in 3 days	46.4	36.9	42.5	41.6	42.8	53.1	47.8	49.6	52.5	41.4	41.2		
on 1 of 3 days	30.9	25.7	30.7	30.7	31.9	34.8	30.9	31.9	33.4	26.0	26.8		
on 2 of 3 days	12.3	9.5	9.6	10.0	9.4	13.6	12.5	14.2	15.5	12.3	11.9		
on all 3 of 3 days	3.2	1.8 *	2.2	0.8 *	1.4 *	4.6	4.4	3.5	3.5	3.1	2.5		
Quantity consumed in a day (1/2 cup = 75 g)		← g →											
mean	11	5	7	10	7	16	11	13	11	15	11		
SEM	1	1	1	2	1	2	1	1	1	3	2		
5th percentile	#	# *	#	# *	# *	#	#	#	#	# *	#		
10th percentile	#	#	#	#	#	#	#	#	#	#	#		
25th percentile	#	#	#	#	#	#	#	#	#	#	#		
50th percentile	3	1	1	1	1	4	3	3	3	1	1		
75th percentile	11	6	10	10	10	19	12	16	10	13	8		
90th percentile	34	13	17	33	15	43	27	36	34	37	30		
95th percentile	52	19 *	31	51 *	34 *	74	45	58	52	84 *	49		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.032. Total White Potatoes: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	79.8	81.7	80.6	85.3	82.6	79.8	75.9	82.1	78.1	81.1	78.8		
on 1 of 3 days	32.8	37.1	28.9	32.0	35.4	30.9	36.1	29.8	36.4	29.9	31.6		
on 2 of 3 days	30.4	30.8	33.2	28.3	27.2	31.0	27.7	34.8	28.5	31.5	30.8		
on all 3 of 3 days	16.6	13.8	18.5	25.0	20.0	17.9	12.0	17.5	13.2	19.8	16.4		
Quantity consumed in a day (1/2 cup = 78 g)	← g →												
mean	108	63	84	133	99	134	98	129	106	128	93		
SEM	2	3	4	9	7	4	3	5	3	6	3		
5th percentile	14	10	12	25	18	18	12	18	16	15	10		
10th percentile	21	13	17	25	25	26	18	27	25	22	17		
25th percentile	46	25	30	52	43	53	42	53	53	54	42		
50th percentile	89	51	68	104	79	104	84	118	92	97	85		
75th percentile	143	81	107	170	127	176	130	175	140	165	121		
90th percentile	212	121	168	252	173	260	187	257	194	254	170		
95th percentile	279	164	212	344	254	339	242	316	254	347	217		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.033. Total Dried Beans and Peas: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	29.9	25.2	27.8	29.7	27.8	32.5	28.2	33.4	29.8	35.5	27.6		
on 1 of 3 days	22.2	20.4	20.8	23.5	20.7	23.0	21.1	23.4	23.6	25.7	19.5		
on 2 of 3 days	6.6	4.5	6.5	4.7	6.1	7.9	5.9	7.9	5.9	8.5	6.5		
on all 3 of 3 days	1.2	0.3 *	0.5 *	1.5 *	1.0 *	1.7	1.3	2.1	0.3 *	1.3 *	1.6		
Quantity consumed in a day (1/2 cup kidney beans = 86 g)	← g →												
mean	107	60	83	111	75	137	95	135	88	127	101		
SEM	3	4	5	12	5	8	4	10	5	7	5		
5th percentile	13	14 *	16	10 *	8 *	16	8	10 *	13	19 *	8		
10th percentile	24	16	25	24	21	27	23	27	25	32	21		
25th percentile	49	29	35	53	35	60	40	64	52	60	53		
50th percentile	84	48	65	84	64	109	69	119	67	105	82		
75th percentile	131	68	108	128	98	181	129	173	120	159	131		
90th percentile	205	116	162	240	134	271	174	240	165	257	191		
95th percentile	273	134 *	192	322 *	174 *	331	256	344 *	205	344 *	259		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.034. Total Oranges: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	44.7	58.9	53.9	52.2	48.1	40.8	43.8	32.5	37.2	47.1	48.8		
on 1 of 3 days	20.2	27.3	24.8	25.8	25.3	19.6	22.4	14.6	16.8	17.5	14.3		
on 2 of 3 days	12.5	15.6	16.5	12.3	10.1	13.8	12.3	8.3	10.6	11.9	14.1		
on all 3 of 3 days	11.9	16.0	12.6	14.1	12.7	7.4	9.1	9.7	9.8	17.7	20.3		
Quantity consumed in a day (1 medium = 131 g)	← g →												
mean	205	160	174	228	230	264	217	206	187	196	173		
SEM	5	9	12	25	14	14	8	8	9	14	6		
5th percentile	5	3	3	4 *	5 *	7	5	6 *	5	4 *	5		
10th percentile	9	5	5	5	9	15	12	12	10	9	15		
25th percentile	124	66	52	56	129	139	124	129	124	124	124		
50th percentile	187	131	169	205	246	249	187	187	185	186	184		
75th percentile	249	246	249	259	249	310	249	249	248	249	248		
90th percentile	373	250	313	494	497	497	383	372	311	328	254		
95th percentile	498	372	496	623 *	498 *	621	498	402 *	470	486 *	362		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.035. Total Orange Juice: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	39.6	53.6	48.6	48.3	44.9	37.2	38.3	28.7	31.1	41.0	41.0		
on 1 of 3 days	18.1	26.1	22.4	23.2	23.9	17.4	19.7	13.3	13.4	15.2	13.1		
on 2 of 3 days	10.9	12.1	15.3	11.4	8.9	13.0	10.5	7.0	9.3	10.1	10.4		
on all 3 of 3 days	10.7	15.4	10.9	13.8	12.1	6.8	8.2	8.4	8.4	15.8	17.5		
Quantity consumed in a day (6 fluid ounces = 187 g)	<----- g ----->												
mean	215	168	175	247	227	281	233	212	192	200	184		
SEM	5	11	13	26	13	21	9	9	9	13	7		
5th percentile	5	3	2	5 *	5 *	6	5	5 *	6	6 *	5		
10th percentile	7	5	5	6	6	15	12	10	11	15	26		
25th percentile	124	62	12	59	124	186	124	124	124	124	124		
50th percentile	187	184	186	229	248	249	246	221	186	186	186		
75th percentile	249	249	249	249	249	372	249	249	249	249	248		
90th percentile	377	255	372	498	428	497	493	362	311	372	249		
95th percentile	498	462	498	747 *	498 *	620	502	431 *	475	436 *	373		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.036. Total Grapefruit: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	10.2	8.2	7.5	7.4	7.3	8.0	9.1	10.7	11.4	17.6	15.5		
on 1 of 3 days	6.2	6.4	5.6	5.5	5.4	4.4	6.0	6.6	7.6	7.7	7.5		
on 2 of 3 days	2.3	1.7 *	1.3 *	1.3 *	0.4 *	2.4	2.3	2.7	2.5	3.9	3.9		
on all 3 of 3 days	1.6	0.0 *	0.6 *	0.6 *	1.5 *	1.2 *	0.8 *	1.4 *	1.3 *	6.1	4.1		
Quantity consumed in a day (1/2 medium = 128 g)	<----- g ----->												
mean	151	42 *	58	198 *	90 *	196	133	180	156	199 *	151		
SEM	14	10 *	15	100 *	20 *	36	18	21	15	75 *	15		
5th percentile	1	1 *	4 *	1 *	9 *	1 *	4 *	6 *	1 *	1 *	1 *		
10th percentile	7	3 *	7 *	3 *	13 *	1 *	6 *	14 *	2 *	6 *	5		
25th percentile	16	6 *	12 *	15 *	16 *	16	16	78 *	57	87	58		
50th percentile	125	16 *	16 *	20 *	65 *	97	115	154	134	126	125		
75th percentile	185	49 *	124 *	252 *	127 *	255	185	249 *	230	153	185		
90th percentile	310	125 *	166 *	532 *	247 *	500 *	312 *	330 *	309 *	246 *	272		
95th percentile	484	170 *	169 *	673 *	251 *	616 *	370 *	384 *	337 *	389 *	417 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.037. Total Lemons: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	61.4	40.9	51.1	57.5	60.3	62.4	62.3	71.8	64.7	64.7	67.6		
on 1 of 3 days	33.2	30.7	30.3	31.5	37.7	32.6	33.8	34.2	34.2	34.3	32.4		
on 2 of 3 days	19.2	7.4	14.7	19.3	19.4	19.5	18.7	25.7	20.0	21.0	22.5		
on all 3 of 3 days	9.1	2.8	6.1	6.8	3.2	10.3	9.7	11.9	10.6	9.4	12.6		
Quantity consumed in a day (1 fluid ounce juice = 31 g)	← g →												
mean	4	3	4	5	7	4	5	3	2	3	4		
SEM	#	1	1	1	2	1	1	1	#	#	1		
5th percentile	#	# *	#	# *	# *	#	#	#	#	#	#		
10th percentile	#	#	#	#	#	#	#	#	#	#	#		
25th percentile	#	#	#	#	#	#	#	#	#	#	#		
50th percentile	#	#	#	#	#	#	#	#	#	#	#		
75th percentile	1	1	2	1	1	1	1	1	1	2	2		
90th percentile	7	3	12	13	10	5	15	5	4	5	6		
95th percentile	26	20 *	27	25 *	53 *	18	28	12	10	12	10		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.038. Total Lemon Juice: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	59.6	40.5	50.0	55.5	59.3	60.5	60.2	69.9	62.1	62.2	65.4		
on 1 of 3 days	33.4	30.8	30.0	31.6	37.9	33.6	34.1	35.1	33.9	33.8	32.9		
on 2 of 3 days	18.6	7.5	14.2	18.7	18.7	19.2	18.5	24.2	19.2	19.9	22.1		
on all 3 of 3 days	7.5	2.2	5.8	5.2	2.7 *	7.7	7.6	10.6	9.0	8.5	10.5		
Quantity consumed in a day (1 fluid ounce juice = 31 g)	<----- g ----->												
mean	4	3	5	4	6 *	4	5	3	3	3	4		
SEM	#	1	1	1	2 *	1	1	#	1	1	1		
5th percentile	#	# *	#	# *	# *	#	#	#	#	#	#		
10th percentile	#	#	#	#	#	#	#	#	#	#	#		
25th percentile	#	#	#	#	#	#	#	#	#	#	#		
50th percentile	#	#	#	#	#	#	#	#	#	#	#		
75th percentile	1	1	2	1	1	1	1	1	1	2	1		
90th percentile	7	3	14	11	10	5	23	6	5	6	5		
95th percentile	27	23 *	28	26 *	43 *	23	34	11	12	12	10		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.039. Total Apples: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	40.0	60.2	57.3	37.7	28.3	28.6	35.6	38.1	37.8	43.6	46.1		
on 1 of 3 days	22.3	30.6	26.8	25.3	17.6	17.8	21.4	21.7	21.0	22.1	25.2		
on 2 of 3 days	10.9	15.3	20.0	9.7	4.8	7.3	9.1	9.6	11.6	12.7	11.5		
on all 3 of 3 days	6.7	14.3	10.5	2.7 *	5.8	3.5	5.1	6.8	5.2	8.8	9.4		
Quantity consumed in a day (1 medium = 138 g)	← g →												
mean	143	164	169	154	125	152	146	139	123	137	106		
SEM	4	10	12	17	11	8	10	8	6	12	6		
5th percentile	6	5	5	5 *	1 *	7	7	5 *	6	5 *	4		
10th percentile	13	13	13	12	7	13	13	13	13	13	10		
25th percentile	48	67	75	42	39	45	53	38	46	48	31		
50th percentile	137	129	137	137	131	134	134	135	136	112	86		
75th percentile	186	230	212	208	146	208	186	212	138	160	138		
90th percentile	275	366	370	340	248	264	248	271	244	246	212		
95th percentile	384	451	497	495 *	281 *	418	381	386 *	308	358 *	299		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.040. Total Apple Juice: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	13.3	34.5	22.2	14.7	11.1	8.7	13.3	7.2	8.8	10.6	13.1
on 1 of 3 days	8.5	17.5	13.4	12.4	7.8	5.6	9.8	5.4	4.6	5.6	8.7
on 2 of 3 days	3.2	10.9	5.8	1.5 *	2.2 *	2.7	2.5	1.3 *	2.3	3.2	2.2
on all 3 of 3 days	1.7	6.1	3.1	0.8 *	1.1 *	0.4 *	1.0	0.5 *	1.9	1.9 *	2.2
Quantity consumed in a day (6 fluid ounces = 186 g)	← g →										
mean	169	184	186	190	170	175	194	133	119	166	113
SEM	9	13	15	41	26	29	24	20	18	29	16
5th percentile	5	10 *	8 *	9 *	8 *	7 *	7 *	3 *	2 *	1 *	1 *
10th percentile	10	13	11	11 *	11 *	12 *	11	5 *	4 *	2 *	2 *
25th percentile	20	70	31	13	13 *	20	21	11 *	13	10	10
50th percentile	124	145	173	118	241	62	157	42 *	42	88	41
75th percentile	248	248	248	269	248 *	248	248	248 *	207	248	186
90th percentile	372	329	372	496 *	268 *	413 *	378	248 *	244 *	496 *	286 *
95th percentile	496	471 *	372 *	496 *	328 *	470 *	553 *	304 *	372 *	496 *	447 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.041. Total Peaches: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	13.5	15.9	21.9	12.4	12.6	6.6	8.6	11.9	12.5	21.6	22.0
on 1 of 3 days	10.3	13.4	18.0	10.9	10.6	5.5	6.7	9.5	8.4	14.8	14.4
on 2 of 3 days	2.6	2.2 *	3.4	1.5 *	1.4 *	1.0 *	1.5	1.7 *	3.3	5.2	6.5
on all 3 of 3 days	0.6	0.4 *	0.5 *	0.0 *	0.6 *	0.1 *	0.4 *	0.7 *	0.9 *	1.6 *	1.0 *
Quantity consumed in a day (1 medium = 98 g)	← g →										
mean	80	50	72	82	67	87	74	103	92	87	79
SEM	3	5	9	12	8	9	6	10	5	6	5
5th percentile	12	5 *	15 *	20 *	10 *	5 *	11 *	26 *	20 *	19 *	4 *
10th percentile	20	7 *	20	20 *	13 *	24 *	17 *	41 *	26 *	26 *	19
25th percentile	39	24	24	40	20	41	31	58	51	49	36
50th percentile	62	47	49	62	62	77	56	94	79	76	62
75th percentile	98	61	95	89	90	98	98	123	104	119	98
90th percentile	157	98 *	164	172 *	99 *	154 *	126 *	189 *	173 *	161 *	155
95th percentile	195	99 *	180 *	180 *	151 *	203 *	182 *	221 *	187 *	192 *	192 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.042. Total Bananas: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	28.6	32.0	29.8	23.7	21.1	18.7	23.9	26.0	31.2	44.8	45.2
on 1 of 3 days	17.1	18.4	21.8	15.4	14.6	11.8	16.5	15.4	18.8	18.9	22.5
on 2 of 3 days	8.1	11.8	6.0	7.2	4.7	4.8	5.6	7.5	9.4	15.2	14.0
on all 3 of 3 days	3.4	1.8 *	2.0	1.1 *	1.9 *	2.0	1.9	3.1	3.0	10.7	8.7
Quantity consumed in a day (1 medium = 114 g)	← g →										
mean	87	71	76	86	82	97	91	93	86	92	86
SEM	2	4	5	8	7	5	5	6	3	5	3
5th percentile	5	6 *	# *	# *	# *	13 *	5	8 *	10	20 *	13
10th percentile	19	11	#	10 *	1 *	19	14	23	21	29	25
25th percentile	45	27	20	37	39	54	44	52	55	55	57
50th percentile	113	57	87	93	93	106	113	95	110	91	90
75th percentile	114	102	114	107	107	112	114	109	113	112	114
90th percentile	128	111	114	139 *	118 *	127	130	123	114	130	114
95th percentile	150	121 *	131 *	157 *	125 *	205 *	207	137 *	127	173 *	129

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.043. Total Strawberries: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	9.9	10.9	10.9	6.2	10.1	5.8	11.3	9.7	12.1	9.2	12.3		
on 1 of 3 days	6.8	9.0	8.5	4.8	7.5	4.1	7.5	7.2	7.5	4.8	8.3		
on 2 of 3 days	2.1	1.7 *	2.4	0.3 *	2.0 *	1.7	2.2	2.0	3.1	2.4	2.0		
on all 3 of 3 days	1.0	0.3 *	0.0 *	1.1 *	0.6 *	0.1 *	1.6	0.5 *	1.5	2.0 *	2.1		
Quantity consumed in a day (1/2 cup = 83 g)	<----- g ----->												
mean	55	32 *	39	44 *	60 *	57	44	68	62	79	64		
SEM	4	11 *	11	12 *	15 *	12	7	15	12	10	7		
5th percentile	1	# *	# *	--	--	1 *	2 *	--	5 *	3 *	5 *		
10th percentile	5	1 *	# *	--	1 *	2 *	6 *	3 *	7 *	7 *	7 *		
25th percentile	9	6	7	3 *	8 *	6	10	10 *	10	13	10		
50th percentile	14	10	10	36 *	20 *	14	14	16 *	20	52	26		
75th percentile	75	14	30	53 *	96 *	75	57	108 *	80	118	96		
90th percentile	151	85 *	81 *	96 *	146 *	147 *	119 *	212 *	152 *	188 *	171 *		
95th percentile	221	146 *	156 *	166 *	186 *	209 *	170 *	262 *	269 *	224 *	222 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.044. Total Grapes: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	42.5	60.0	62.8	41.9	36.8	33.5	36.8	37.4	36.8	47.6	48.4
on 1 of 3 days	24.2	30.8	33.3	29.9	24.3	21.3	22.9	21.8	22.1	20.7	22.7
on 2 of 3 days	12.1	20.4	21.1	8.4	10.0	7.3	10.1	10.4	8.4	15.2	16.0
on all 3 of 3 days	6.2	8.9	8.5	3.6	2.4 *	4.9	3.8	5.3	6.2	11.7	9.8
Quantity consumed in a day (1/2 cup = 80 g)	← g →										
mean	39	43	34	35	43	45	46	32	41	38	33
SEM	2	10	4	6	6	5	4	3	5	4	3
5th percentile	1	#	#	# *	# *	1	#	1 *	1	1	1
10th percentile	2	2	1	2	2	3	2	2	2	2	2
25th percentile	5	4	5	5	6	7	5	5	5	6	5
50th percentile	11	8	10	11	11	16	11	10	10	11	10
75th percentile	31	24	25	25	48	33	44	24	39	34	26
90th percentile	121	113	92	96	102	159	152	78	122	102	88
95th percentile	184	186	155	160 *	224 *	244	246	152 *	187	162	159

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.045. Total Milk: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	99.9	100.0 *	100.0 *	100.0 *	100.0 *	99.8 *	99.9 *	99.8 *	99.6 *	99.9 *	99.9 *		
on 1 of 3 days	1.1	0.3 *	0.1 *	1.2 *	0.7 *	1.4	1.8	1.0 *	1.7	0.8 *	1.0 *		
on 2 of 3 days	6.0	0.8 *	1.6	2.8 *	6.9	8.1	8.2	7.9	9.4	3.4	3.7		
on all 3 of 3 days	92.7	98.9 *	98.2	96.0	92.5	90.3	89.9	90.9	88.6	95.6	95.2		
Quantity consumed in a day (1 cup lowfat milk = 245 g)	← g →												
mean	312	429	480	509	337	313	232	264	222	295	252		
SEM	6	18	16	30	19	19	8	12	8	12	9		
5th percentile	10	50	30	28	11	7	7	9	6	13	14		
10th percentile	22	115	91	51	20	15	14	17	15	30	26		
25th percentile	63	232	264	153	64	48	36	47	45	88	71		
50th percentile	245	395	474	463	274	193	133	168	136	223	194		
75th percentile	485	611	651	754	525	452	348	376	313	428	361		
90th percentile	728	771	849	1026	726	756	560	653	549	656	538		
95th percentile	890	945	1019	1325	833	997	747	791	676	825	714		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.046. Total Cheese Other than Cream or Cottage: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	←————— % —————→												
at least once in 3 days	77.3	79.3	84.4	86.6	87.8	84.8	82.0	75.4	73.3	57.2	58.1		
on 1 of 3 days	29.7	26.2	26.5	26.0	29.5	26.4	31.1	32.5	34.6	31.2	30.7		
on 2 of 3 days	29.9	38.6	34.7	32.4	36.7	33.5	32.1	26.6	25.3	19.0	20.7		
on all 3 of 3 days	17.7	14.6	23.2	28.2	21.7	25.0	18.7	16.3	13.4	7.1	6.8		
Quantity consumed in a day (1-1/2 ounces = 43 g)	←————— g —————→												
mean	37	26	30	40	36	48	35	43	32	36	28		
SEM	1	2	1	2	2	2	1	2	1	1	1		
5th percentile	2	1	3	3	3	5	2	2	1	1	1		
10th percentile	5	3	5	6	7	12	6	5	5	3	3		
25th percentile	15	9	12	18	18	23	15	21	14	14	11		
50th percentile	28	21	24	30	28	35	27	29	25	28	23		
75th percentile	47	34	40	56	48	63	42	56	40	43	40		
90th percentile	78	59	59	84	69	95	72	88	68	72	58		
95th percentile	102	79	79	112	86	121	105	120	90	99	78		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.047. Total Cottage Cheese: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	7.1	3.7	4.1	5.3	1.7 *	4.6	6.2	8.7	9.5	11.3	14.7
on 1 of 3 days	5.5	2.1 *	3.6	4.9	1.3 *	4.1	4.6	6.8	7.3	8.7	10.3
on 2 of 3 days	1.3	1.6 *	0.5 *	0.3 *	0.3 *	0.5 *	1.0	1.8 *	2.0	1.9 *	3.4
on all 3 of 3 days	0.3	0.0 *	0.0 *	0.1 *	0.1 *	0.1 *	0.7 *	0.1 *	0.2 *	0.7 *	1.1 *
Quantity consumed in a day (1/2 cup = 105 g)	<----- g ----->										
mean	90	58 *	65 *	52 *	140 *	87	97	97	97	90	92
SEM	4	9 *	14 *	13 *	25 *	10	11	13	12	6	8
5th percentile	12	13 *	2 *	7 *	--	14 *	9 *	13 *	12 *	14 *	14 *
10th percentile	14	14 *	7 *	9 *	14 *	19 *	14 *	14 *	13 *	25 *	24
25th percentile	28	19 *	8 *	12 *	56 *	35 *	30	26	27	35	43
50th percentile	70	50 *	51 *	28 *	106 *	47	70	71	97	104	75
75th percentile	113	69 *	105 *	85 *	195 *	111 *	112	111	113	105	113
90th percentile	199	106 *	111 *	109 *	219 *	181 *	212 *	192 *	212 *	170 *	195
95th percentile	225	125 *	173 *	123 *	223 *	219 *	222 *	235 *	226 *	204 *	225 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.048. Ice Cream and Ice Milk: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	20.1	25.6	24.8	20.8	21.2	16.0	17.9	17.6	17.0	26.9	22.7		
on 1 of 3 days	15.6	22.0	20.7	16.4	16.7	12.9	14.8	12.5	13.5	17.2	15.6		
on 2 of 3 days	3.5	3.0	3.6	3.8	4.2	1.9	2.5	3.7	2.8	7.0	5.5		
on all 3 of 3 days	1.0	0.6 *	0.5 *	0.7 *	0.3 *	1.2 *	0.6 *	1.4 *	0.7 *	2.8	1.6		
Quantity consumed in a day (1/2 cup hard ice cream = 67 g)	← g →												
mean	143	99	142	207	162	189	138	160	116	132	105		
SEM	4	8	9	16	19	11	10	11	5	8	5		
5th percentile	33	9 *	36 *	66 *	48 *	33 *	33 *	46 *	33 *	37 *	33 *		
10th percentile	59	25 *	66	105 *	66 *	55	44	59 *	62	63	33		
25th percentile	66	66	66	133	91	132	66	66	66	66	66		
50th percentile	133	86	132	198	133	165	132	132	100	130	89		
75th percentile	178	132	155	264	198	263	162	199	133	135	133		
90th percentile	264	154 *	264	297 *	332 *	337	263	274 *	198	262	170		
95th percentile	336	198 *	341 *	367 *	341 *	392 *	265 *	380 *	263 *	335 *	261 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.049. Total Beef: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	83.7	84.3	87.6	92.7	85.1	89.2	83.2	85.9	79.8	78.8	70.9
on 1 of 3 days	30.4	32.3	27.8	24.5	25.5	24.3	33.4	30.6	34.7	34.2	34.9
on 2 of 3 days	34.8	36.9	35.2	35.0	39.5	39.8	34.1	35.5	33.3	31.4	26.0
on all 3 of 3 days	18.5	15.1	24.7	33.2	20.1	25.0	15.7	19.7	11.9	13.2	10.0
Quantity consumed in a day (1 ounce = 28 g)	← g →										
mean	92	49	64	92	83	125	83	115	83	108	84
SEM	2	3	3	5	6	5	3	4	2	4	3
5th percentile	6	3	5	7	6	10	4	8	5	7	5
10th percentile	11	6	7	10	12	20	7	19	11	18	12
25th percentile	35	18	30	35	34	56	33	54	37	49	38
50th percentile	75	37	55	81	67	96	72	97	78	84	74
75th percentile	123	68	84	137	101	169	116	155	114	149	113
90th percentile	190	106	123	188	174	255	171	235	158	230	164
95th percentile	245	119	156	236	241	329	208	286	201	286	194

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.050. Total Pork: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	63.3	55.8	66.5	70.9	62.5	69.8	61.9	68.7	59.0	60.9	54.3
on 1 of 3 days	35.3	32.5	37.6	36.2	30.7	34.9	36.9	37.6	35.3	31.2	35.1
on 2 of 3 days	21.1	19.5	22.8	27.1	23.9	26.5	19.4	22.3	18.1	19.0	13.4
on all 3 of 3 days	6.9	3.8	6.1	7.6	7.9	8.4	5.6	8.8	5.5	10.7	5.9
Quantity consumed in a day (1 ounce = 28 g)	<----- g ----->										
mean	52	31	42	58	50	61	48	62	43	60	50
SEM	1	2	4	4	5	3	2	5	3	3	2
5th percentile	4	3	4	4	4	5	3	5	3	5	4
10th percentile	6	4	4	6	8	8	6	8	5	8	6
25th percentile	12	8	8	14	14	16	9	16	11	16	15
50th percentile	26	15	18	35	26	32	24	32	22	36	32
75th percentile	70	48	56	85	67	84	62	80	57	88	73
90th percentile	127	84	101	135	112	160	126	140	105	143	108
95th percentile	180	102	143	175	147	212	175	214	158	169	140

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.051. Total Bacon: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	22.0	17.0	16.4	19.2	20.0	23.5	20.9	26.5	23.1	29.3	21.9		
on 1 of 3 days	17.2	12.8	13.9	14.8	18.2	17.4	17.1	20.6	18.6	19.7	16.9		
on 2 of 3 days	3.8	3.8	2.2	3.3	1.3 *	5.0	3.3	4.6	4.0	5.9	3.8		
on all 3 of 3 days	1.0	0.4 *	0.3 *	1.1 *	0.5 *	1.1 *	0.5 *	1.3 *	0.5 *	3.7	1.2 *		
Quantity consumed in a day (1 strip = 5 g)	<----- g ----->												
mean	20	16	18	29	20	24	17	22	17	19	17		
SEM	1	2	1	4	2	1	1	1	1	1	1		
5th percentile	1	2 *	4 *	4 *	2 *	3	1	2 *	1 *	1 *	1 *		
10th percentile	4	5 *	7	6 *	4 *	5	1	4	3	3	3		
25th percentile	10	8	10	15	16	12	8	14	8	11	8		
50th percentile	16	12	16	23	16	19	16	20	15	16	16		
75th percentile	24	16	22	29	23	32	22	30	23	24	23		
90th percentile	32	26 *	30	61 *	31 *	46	32	33	31	32	24		
95th percentile	47	35 *	31 *	75 *	42 *	57	39	44 *	39 *	42 *	33 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.052. Pork Breakfast Sausage: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	9.6	6.6	9.2	12.8	7.9	11.4	9.1	10.8	7.6	12.5	7.8
on 1 of 3 days	7.5	5.3	5.9	9.1	4.6	9.8	7.8	8.8	6.0	9.4	6.5
on 2 of 3 days	1.7	1.3 *	3.2	3.5	3.1	1.0 *	1.1	1.6 *	1.2 *	2.2	1.1 *
on all 3 of 3 days	0.3	0.0 *	0.1 *	0.2 *	0.3 *	0.6 *	0.1 *	0.4 *	0.4 *	0.9 *	0.2 *
Quantity consumed in a day (1 ounce = 28 g)	← g →										
mean	47	35 *	48	62	51 *	53	36	44	43	56	41
SEM	3	4 *	5	6	8 *	5	3	3	3	6	4
5th percentile	12	5 *	11 *	--	16 *	12 *	6 *	5 *	11 *	11 *	9 *
10th percentile	13	11 *	14 *	24 *	25 *	13 *	9 *	10 *	12 *	13 *	11 *
25th percentile	26	13	26	30 *	27 *	26	21	24	24	25	23
50th percentile	39	33	47	55	43 *	41	27	36	40	43	35
75th percentile	54	44	54	84 *	65 *	54	47	52	53	67	54
90th percentile	87	54 *	80 *	88 *	87 *	88 *	57 *	77 *	57 *	89 *	77 *
95th percentile	105	63 *	88 *	111 *	95 *	105 *	87 *	120 *	86 *	163 *	91 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.053. Total Frankfurters and Luncheon Meats: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	55.3	62.3	71.6	66.3	61.0	58.9	52.4	56.5	45.8	47.4	40.0		
on 1 of 3 days	32.6	39.5	40.1	34.9	35.7	31.4	34.1	30.5	27.7	28.7	27.6		
on 2 of 3 days	17.2	17.8	24.8	23.4	19.8	19.9	14.8	19.3	13.8	12.1	9.3		
on all 3 of 3 days	5.5	5.1	6.7	8.0	5.5	7.6	3.5	6.6	4.2	6.6	3.1		
Quantity consumed in a day (1 ounce = 28 g)	← g →												
mean	56	42	45	58	44	67	46	75	55	65	57		
SEM	1	2	2	4	3	2	2	4	3	3	2		
5th percentile	5	3	4	4	4	6	4	7	6	9	6		
10th percentile	7	5	5	7	6	10	6	10	8	14	14		
25th percentile	23	22	15	19	14	28	13	28	26	28	28		
50th percentile	45	44	45	45	36	56	41	56	45	55	45		
75th percentile	84	52	57	85	67	89	59	103	75	90	82		
90th percentile	113	83	90	123	91	134	99	165	113	133	113		
95th percentile	144	112	113	164	113	180	114	204	145	168	139		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.054. Total Finfish: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	32.4	30.0	29.5	21.9	26.0	31.6	32.8	35.0	35.6	36.4	37.4
on 1 of 3 days	25.5	24.7	22.9	17.1	24.7	24.7	24.9	28.6	27.2	28.3	28.7
on 2 of 3 days	6.1	5.1	6.0	4.7	1.0 *	6.6	7.2	5.1	7.4	7.4	6.7
on all 3 of 3 days	0.8	0.2 *	0.5 *	0.1 *	0.3 *	0.3 *	0.7 *	1.3 *	1.0 *	0.7 *	2.0
Quantity consumed in a day (1 ounce = 28 g)	← g →										
mean	95	53	85	120	89	105	88	118	90	105	93
SEM	3	5	6	19	9	6	5	6	5	6	5
5th percentile	14	8 *	18 *	12 *	14 *	14	14	20 *	10	18 *	17
10th percentile	24	13	26	24 *	26 *	27	24	29	24	24	22
25th percentile	48	24	42	51	48	55	43	56	51	52	48
50th percentile	77	39	68	90	74	84	70	97	69	86	77
75th percentile	124	70	110	161	103	146	112	157	112	134	115
90th percentile	184	99	160	245 *	172 *	201	171	213	173	195	177
95th percentile	240	153 *	198 *	346 *	257 *	251	224	266 *	224	254 *	240

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.055. Canned Tuna: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	14.8	13.1	12.6	10.0	11.3	15.4	17.5	15.2	17.9	12.4	14.3		
on 1 of 3 days	12.4	10.7	10.5	7.8	10.6	13.0	14.7	13.2	14.9	10.5	11.9		
on 2 of 3 days	2.1	2.3	1.9	2.2 *	0.6 *	2.3	2.6	1.3 *	2.5	1.9 *	2.0		
on all 3 of 3 days	0.3	0.1 *	0.2 *	0.0 *	0.1 *	0.2 *	0.2 *	0.7 *	0.5 *	# *	0.4 *		
Quantity consumed in a day (1 ounce = 28 g)	<----- g ----->												
mean	72	48	65	81 *	74	85	72	90	65	75	57		
SEM	3	8	8	13 *	15	5	4	8	4	6	4		
5th percentile	14	9 *	13 *	20 *	14 *	14 *	14 *	18 *	14 *	14 *	13 *		
10th percentile	18	10 *	20 *	25 *	14 *	17	19	27 *	20	18 *	14		
25th percentile	31	16	28	27 *	27	49	34	37	44	29	27		
50th percentile	56	31	56	56 *	56	71	58	84	56	79	56		
75th percentile	96	56	82	95 *	82	112	96	112	84	98	79		
90th percentile	152	110 *	129 *	167 *	157 *	167	140	162 *	110	152 *	110		
95th percentile	168	154 *	154 *	202 *	209 *	181 *	167 *	205 *	160 *	167 *	112 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.056. Total Chicken and Turkey: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	67.7	65.6	65.7	61.5	63.9	66.6	71.5	69.3	66.4	67.4	72.4		
on 1 of 3 days	38.0	38.2	37.3	39.7	40.0	39.9	38.7	37.7	37.0	34.1	36.7		
on 2 of 3 days	23.0	19.9	21.7	18.6	19.2	20.6	25.6	24.5	23.8	24.5	26.5		
on all 3 of 3 days	6.8	7.5	6.8	3.2	4.7	6.2	7.2	7.2	5.6	8.7	9.2		
Quantity consumed in a day (1 ounce = 28 g)	← g →												
mean	91	52	70	108	84	125	79	114	87	93	74		
SEM	2	3	4	6	5	6	3	5	4	5	3		
5th percentile	1	1	1	1	1	1	1	#	1	1	1		
10th percentile	6	1	4	21	6	9	6	1	10	3	6		
25th percentile	36	9	31	57	37	55	32	48	42	29	28		
50th percentile	80	48	67	94	74	103	74	94	80	83	69		
75th percentile	123	78	95	139	109	177	113	167	117	124	101		
90th percentile	193	105	129	203	187	249	156	246	168	194	141		
95th percentile	240	138	160	268	234	305	203	292	203	252	183		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.057. Total Eggs: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	95.3	96.1	96.7	95.4	97.1	94.2	94.6	95.7	96.0	94.4	95.0		
on 1 of 3 days	14.9	13.0	11.7	13.2	17.3	15.8	15.3	15.5	15.1	13.5	16.5		
on 2 of 3 days	31.5	34.9	28.3	36.0	34.6	29.4	35.2	30.0	37.0	21.3	28.0		
on all 3 of 3 days	48.9	48.2	56.7	46.3	45.2	49.0	44.0	50.2	43.9	59.6	50.5		
Quantity consumed in a day (1 large, boiled = 50 g)	<----- g ----->												
mean	27	20	24	33	21	37	24	34	22	32	22		
SEM	1	2	2	4	2	2	1	2	1	2	1		
5th percentile	#	#	#	#	#	1	#	#	#	1	#		
10th percentile	1	1	1	1	1	1	1	1	1	1	1		
25th percentile	2	2	2	3	2	3	2	2	2	3	2		
50th percentile	9	6	8	10	7	13	8	10	8	12	7		
75th percentile	41	33	38	45	22	63	38	53	33	48	38		
90th percentile	87	56	77	90	78	107	77	94	74	88	65		
95th percentile	102	85	96	115	97	133	91	129	88	103	88		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.058. Total Peanut Butter: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	21.4	42.2	33.3	26.0	21.4	18.0	18.3	18.9	16.0	15.0	18.1		
on 1 of 3 days	14.7	29.0	20.7	18.5	15.6	12.5	12.8	13.3	11.5	9.5	13.0		
on 2 of 3 days	4.9	10.1	8.0	4.5	5.1	4.1	4.8	3.2	3.4	3.9	3.9		
on all 3 of 3 days	1.8	3.1	4.6	3.1	0.7 *	1.4	0.7 *	2.4	1.2 *	1.6 *	1.2 *		
Quantity consumed in a day (1 tablespoon = 16 g)	<----- g ----->												
mean	24	21	22	31	21	31	22	24	19	27	18		
SEM	1	1	2	3	2	3	2	2	1	2	1		
5th percentile	3	5 *	3	5 *	3 *	5 *	3 *	4 *	2 *	5 *	3 *		
10th percentile	5	5	5	6 *	4 *	6	4	5 *	3	6 *	5		
25th percentile	11	14	11	13	9	14	9	9	6	11	8		
50th percentile	16	16	15	25	16	30	16	15	14	16	15		
75th percentile	32	30	32	32	31	35	31	31	30	32	27		
90th percentile	48	36	46	61 *	32 *	59	46	47 *	48	47 *	31		
95th percentile	62	51 *	48	84 *	44 *	75 *	61 *	57 *	48 *	64 *	32 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.059. Coffee: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	48.0	0.4 *	1.9	7.0	8.1	53.6	46.9	77.3	74.0	82.2	77.2		
on 1 of 3 days	6.4	0.3 *	1.4 *	3.2	3.3	9.6	9.5	7.6	8.0	4.9	5.8		
on 2 of 3 days	7.4	# *	0.1 *	1.7 *	2.9	11.8	8.6	10.6	9.0	7.4	10.0		
on all 3 of 3 days	34.3	0.0 *	0.4 *	2.1 *	2.0 *	32.2	28.9	59.1	56.9	69.9	61.4		
Quantity consumed in a day (8 fluid ounces = 240 g)	← g →												
mean	586	223 *	226 *	303 *	318 *	591	562	725	606	579	477		
SEM	16	88 *	26 *	25 *	18 *	29	28	44	34	26	16		
5th percentile	177	--	43 *	118 *	89 *	178	170	240	210	177	170		
10th percentile	240	--	62 *	181 *	126 *	234	214	240	215	222	213		
25th percentile	240	82 *	138 *	194 *	161 *	238	227	240	231	234	225		
50th percentile	460	103 *	202 *	216 *	220 *	442	430	464	466	444	451		
75th percentile	690	189 *	226 *	238 *	381 *	692	662	896	707	695	538		
90th percentile	1056	430 *	240 *	433 *	444 *	956	1031	1351	1157	1043	886		
95th percentile	1421	--	377 *	636 *	465 *	1526	1437	1918	1383	1400	1045		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.060. Coffee, With Caffeine: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	41.3	0.3 *	1.8	5.9	8.0	49.9	41.9	68.3	63.9	65.6	58.5
on 1 of 3 days	6.9	0.3 *	1.3 *	2.9 *	3.4	9.1	8.8	9.7	10.1	5.7	8.1
on 2 of 3 days	6.9	# *	0.1 *	1.0 *	2.6 *	11.9	8.8	10.3	7.8	7.8	7.2
on all 3 of 3 days	27.5	0.0 *	0.4 *	1.9 *	2.0 *	28.9	24.3	48.2	46.0	52.1	43.2
Quantity consumed in a day (8 fluid ounces = 240 g)	<----- g ----->										
mean	590	149 *	215 *	337 *	401 *	604	572	693	609	591	481
SEM	17	58 *	18 *	31 *	86 *	34	31	38	39	28	16
5th percentile	175	--	41 *	108 *	--	156	173	180	176	220	166
10th percentile	240	--	67 *	181 *	173 *	234	187	240	214	224	212
25th percentile	240	53 *	118 *	196 *	197 *	238	212	240	230	235	226
50th percentile	460	94 *	199 *	220 *	228 *	445	426	462	462	447	453
75th percentile	695	110 *	221 *	389 *	376 *	696	669	812	712	707	610
90th percentile	1144	119 *	235 *	625 *	--	983	1086	1362	1133	1112	904
95th percentile	1434	--	239 *	703 *	--	1431	1628	1668	1415	1382	954

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.061. Coffee, Decaffeinated: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	11.6	0.1 *	0.1 *	1.3 *	0.3 *	6.7	8.4	18.2	19.9	27.1	29.0
on 1 of 3 days	3.1	0.1 *	# *	0.3 *	0.2 *	2.4	3.1	4.8	5.5	6.3	5.8
on 2 of 3 days	2.5	0.0 *	0.0 *	0.7 *	0.1 *	1.3	1.9	4.4	5.2	4.8	5.7
on all 3 of 3 days	6.0	0.0 *	0.1 *	0.4 *	0.0 *	3.0	3.5	9.0	9.1	16.1	17.5
Quantity consumed in a day (8 fluid ounces = 240 g)	<----- g ----->										
mean	461	480 *	480 *	263 *	403 *	467	453	545	440	495	402
SEM	13	0 *	0 *	40 *	108 *	37	32	66	26	29	19
5th percentile	211	--	--	--	--	--	180 *	183 *	178 *	181 *	210
10th percentile	215	--	--	--	--	--	215 *	193 *	213	189	214
25th percentile	226	--	--	141 *	--	--	231	224	225	213	224
50th percentile	359	--	--	183 *	--	424	368	429	333	403	250
75th percentile	476	--	--	225 *	--	478	468	662	466	593	458
90th percentile	718	--	--	--	--	694 *	691 *	920 *	814	933	703
95th percentile	949	--	--	--	--	820 *	884 *	1051 *	950 *	1171 *	719

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.062. Tea: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	33.7	13.5	18.2	24.7	32.5	33.1	38.3	37.7	43.8	36.6	43.1		
on 1 of 3 days	12.6	6.4	8.7	10.5	16.2	13.8	15.3	11.9	15.1	12.1	11.2		
on 2 of 3 days	9.1	4.3	5.1	4.5	7.9	9.5	11.6	11.0	11.8	7.2	10.8		
on all 3 of 3 days	12.0	2.9	4.5	9.6	8.4	9.9	11.3	14.8	16.9	17.3	21.0		
Quantity consumed in a day (8 fluid ounces = 240 g)	← g →												
mean	471	250	285	507	397	584	466	583	465	431	411		
SEM	12	23	17	46	28	27	24	33	26	24	16		
5th percentile	119	76 *	109 *	--	187 *	149	150	145 *	120	75 *	88		
10th percentile	180	113 *	119	147 *	211	218	213	210	209	166	178		
25th percentile	239	149	193	239	239	320	239	238	232	232	238		
50th percentile	359	213	229	422	359	454	359	459	359	359	306		
75th percentile	512	287	359	570	462	718	536	719	480	479	473		
90th percentile	958	459 *	476	939 *	624	1091	900	1078	958	720	719		
95th percentile	1127	538 *	479 *	1292 *	735 *	1303	1077	1438 *	1112	939 *	958		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.063. Soft Drinks: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	65.3	48.2	62.5	80.2	78.9	78.1	75.5	66.1	65.3	42.9	38.8		
on 1 of 3 days	22.0	23.4	28.0	19.1	19.7	21.1	23.4	21.6	24.1	19.3	17.3		
on 2 of 3 days	19.6	13.8	22.7	28.0	27.0	20.7	23.0	18.4	17.9	12.0	12.1		
on all 3 of 3 days	23.6	11.0	11.7	33.2	32.2	36.3	29.2	26.0	23.4	11.7	9.4		
Quantity consumed in a day (12 fluid ounces, regular = 369 g)	<----- g ----->												
mean	513	299	382	622	510	648	541	549	462	387	379		
SEM	9	14	15	33	15	23	17	25	13	13	19		
5th percentile	184	111	124	243	223	243	218	199	180	168 *	121		
10th percentile	238	123	185	247	247	334	246	241	237	185	179		
25th percentile	309	185	242	369	359	369	356	357	290	244	226		
50th percentile	372	247	359	493	372	494	371	372	371	366	319		
75th percentile	709	369	372	743	706	744	717	719	551	411	372		
90th percentile	958	494	738	1113	744	1108	974	989	743	667	717		
95th percentile	1115	732	856	1440	972	1478	1187	1221	1021	742 *	744		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.064. Soft Drinks, Not Diet, With Caffeine: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	42.0	30.1	45.9	64.5	62.5	58.3	46.6	40.9	31.7	18.2	16.6		
on 1 of 3 days	18.4	17.3	26.5	19.9	26.7	20.9	20.9	17.3	14.8	8.3	9.3		
on 2 of 3 days	12.2	8.1	13.0	23.0	17.3	16.1	14.9	10.5	9.1	5.9	4.2		
on all 3 of 3 days	11.4	4.7	6.5	21.5	18.5	21.3	10.8	13.0	7.8	4.1	3.1		
Quantity consumed in a day (12 fluid ounces = 369 g)	<----- g ----->												
mean	498	281	363	567	500	627	492	515	479	374	359		
SEM	9	12	15	31	20	22	13	22	24	11	12		
5th percentile	185	102 *	99	202	188	241	185	191	185	187 *	119 *		
10th percentile	246	114	185	227	211	329	246	220	218	201 *	185		
25th percentile	310	185	203	369	364	370	309	350	253	242	244		
50th percentile	371	247	293	372	372	493	371	372	371	369	369		
75th percentile	558	346	371	741	557	743	588	636	496	371	372		
90th percentile	922	441	561	990	743	1096	744	744	934	486 *	493		
95th percentile	1114	485 *	744	1287	970	1363	1112	1112	1116	651 *	742 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.065. Soft Drinks, Not Diet, Caffeine-Free: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	18.8	19.7	22.5	31.6	25.4	22.0	20.7	15.7	12.6	11.2	10.9		
on 1 of 3 days	12.2	11.8	13.9	18.6	16.8	15.9	14.1	10.2	7.2	7.8	6.5		
on 2 of 3 days	4.8	5.5	6.0	10.1	6.4	5.0	4.6	4.3	4.1	2.0 *	3.0		
on all 3 of 3 days	1.7	2.4	2.5	3.0	2.3 *	1.1 *	2.0	1.2 *	1.2 *	1.5 *	1.4		
Quantity consumed in a day (12 fluid ounces = 369 g)	← g →												
mean	399	266	326	552	351	470	418	392	383	348	313		
SEM	9	22	17	38	16	24	16	17	23	24	25		
5th percentile	124	67 *	123 *	229 *	129 *	240 *	181	163 *	163 *	158 *	104 *		
10th percentile	185	89 *	124	242 *	162 *	243	228	219 *	183 *	185 *	123 *		
25th percentile	244	185	241	369	242	369	247	245	243	193	213		
50th percentile	371	242	247	372	362	371	370	370	371	371	244		
75th percentile	492	288	372	736	369	495	488	482	372	372	369		
90th percentile	742	372 *	490	971 *	495 *	744	742	552 *	699 *	495 *	494 *		
95th percentile	865	682 *	729 *	1167 *	736 *	968 *	857	737 *	734 *	655 *	709 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.066. Soft Drinks, Diet, With Caffeine: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	15.3	4.8	6.1	8.6	18.4	14.6	22.0	19.3	24.3	10.7	10.6		
on 1 of 3 days	7.9	3.5	4.6	4.8	9.2	6.1	9.5	10.8	13.4	7.3	5.9		
on 2 of 3 days	4.0	1.1 *	1.3 *	3.4	7.0	3.4	5.9	4.1	5.6	2.8	3.5		
on all 3 of 3 days	3.4	0.2 *	0.2 *	0.4 *	2.1 *	5.1	6.6	4.4	5.4	0.6 *	1.1 *		
Quantity consumed in a day (12 fluid ounces = 355 g)	← g →												
mean	484	247 *	336	444 *	403	603	550	502	445	388	371		
SEM	14	23 *	20	45 *	29	42	30	39	20	25	21		
5th percentile	179	83 *	144 *	140 *	161 *	332 *	197	207 *	180 *	154 *	178 *		
10th percentile	238	95 *	178 *	175 *	191 *	344 *	239	225 *	238	200 *	179 *		
25th percentile	355	129 *	230 *	260 *	279	357	348	355	294	238 *	211		
50th percentile	359	185 *	358 *	357 *	357	426	359	358	357	356	356		
75th percentile	479	297 *	359 *	367 *	360	718	715	462	461	427 *	374		
90th percentile	839	349 *	429 *	768 *	717 *	985 *	1076	863 *	719	712 *	652 *		
95th percentile	1077	421 *	479 *	1008 *	821 *	1349 *	1194	1078 *	956 *	717 *	715 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.067. Soft Drinks, Diet, Caffeine-free: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	←————— % —————→												
at least once in 3 days	9.1	2.9	5.3	4.2	7.5	8.3	11.4	11.0	14.8	9.8	8.7		
on 1 of 3 days	5.5	2.2 *	4.6	0.9 *	5.3	4.9	7.1	6.8	8.3	5.3	4.5		
on 2 of 3 days	2.1	0.3 *	0.6 *	0.7 *	1.7 *	2.7	2.5	2.2	3.4	1.8 *	2.5		
on all 3 of 3 days	1.6	0.4 *	0.1 *	2.6 *	0.4 *	0.6 *	1.9	2.0	3.2	2.7	1.7		
Quantity consumed in a day (12 fluid ounces = 355 g)	←————— g —————→												
mean	400	208 *	270 *	556 *	399 *	469	402	447	390	361	353		
SEM	12	34 *	22 *	86 *	45 *	35	14	61	18	34	35		
5th percentile	178	--	93 *	166 *	--	185 *	183 *	140 *	178 *	113 *	102 *		
10th percentile	179	66 *	123 *	257 *	--	209 *	199 *	175 *	237 *	138 *	177 *		
25th percentile	239	118 *	154 *	356 *	239 *	356	283	224	239	197 *	192		
50th percentile	356	160 *	216 *	359 *	358 *	358	357	356	356	330 *	254		
75th percentile	474	232 *	356 *	715 *	470 *	479	360	458	475	359 *	360		
90th percentile	716	342 *	360 *	865 *	679 *	884 *	711 *	717 *	685 *	485 *	555 *		
95th percentile	876	403 *	451 *	1037 *	714 *	1039 *	720 *	1161 *	719 *	690 *	729 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.068. Fruit Drinks: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	24.6	41.6	45.2	32.6	34.2	21.4	24.6	13.4	14.6	16.3	18.4
on 1 of 3 days	13.7	17.7	20.2	18.9	21.0	12.6	15.5	7.8	9.2	9.4	11.1
on 2 of 3 days	6.8	13.8	17.3	7.9	7.9	5.1	4.8	4.7	3.7	3.9	4.5
on all 3 of 3 days	4.1	10.1	7.7	5.8	5.3	3.7	4.2	0.9 *	1.8	3.0	2.8
Quantity consumed in a day (8 fluid ounces = 248 g)	<----- g ----->										
mean	379	296	350	456	374	511	362	466	327	335	307
SEM	8	16	12	28	22	29	14	37	22	21	16
5th percentile	125	118	125	183 *	123 *	229 *	126	122 *	121 *	125 *	124 *
10th percentile	180	124	188	187	186	248	187	134 *	169	126 *	125
25th percentile	247	175	247	248	247	253	247	248	236	242	188
50th percentile	253	249	250	374	301	469	250	371	250	250	250
75th percentile	495	375	495	500	495	625	494	506	373	375	375
90th percentile	696	501	501	750	562	960	596	974 *	500	501 *	503
95th percentile	948	627	750	1056 *	785 *	995 *	751	1114 *	629 *	732 *	683 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.069. Beer: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	11.1	0.0 *	0.0 *	1.1 *	1.4 *	28.2	9.4	25.4	8.5	10.8	2.8		
on 1 of 3 days	5.8	0.0 *	0.0 *	0.8 *	0.4 *	14.4	6.2	11.1	4.3	5.0	2.5		
on 2 of 3 days	3.3	0.0 *	0.0 *	0.3 *	0.0 *	8.2	2.3	9.3	3.2	2.8	0.1 *		
on all 3 of 3 days	2.0	0.0 *	0.0 *	0.0 *	1.0 *	5.6	0.9	5.0	1.0 *	3.0	0.2 *		
Quantity consumed in a day (12 fluid ounces = 360 g)	← g →												
mean	799	--	--	712 *	1140 *	963	680	778	551	567	419 *		
SEM	30	--	--	216 *	263 *	60	57	64	42	40	84 *		
5th percentile	222	--	--	--	36 *	303	152 *	300 *	--	231 *	--		
10th percentile	304	--	--	--	117 *	312	226 *	308	184 *	303 *	--		
25th percentile	329	--	--	--	374 *	339	324	330	260	324	226 *		
50th percentile	478	--	--	--	1097 *	657	447	459	352	357	323 *		
75th percentile	941	--	--	742 *	1274 *	1062	719	718	691	647	407 *		
90th percentile	1710	--	--	1174 *	1380 *	2030	1334 *	1430	875 *	732 *	638 *		
95th percentile	2116	--	--	1318 *	1416 *	2823	1570 *	2049 *	1136 *	1056 *	--		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.070. Total Wine: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	10.4	5.2	3.9	3.2	3.4	11.5	12.4	15.7	15.0	12.3	10.7
on 1 of 3 days	7.4	4.9	3.4	3.1	2.4 *	9.3	9.6	8.8	10.0	7.4	6.8
on 2 of 3 days	2.0	0.3 *	0.5 *	# *	1.0 *	1.7	1.9	4.5	3.3	2.3	2.2
on all 3 of 3 days	1.0	0.0 *	0.0 *	0.0 *	0.0 *	0.5 *	0.9	2.3	1.7	2.6	1.8
Quantity consumed in a day (5 fluid ounces = 145 g)	← g →										
mean	118	4 *	6 *	18 *	20 *	140	138	135	135	107	100
SEM	8	1 *	1 *	9 *	10 *	15	15	15	17	19	14
5th percentile	2	1 *	1 *	--	2 *	2 *	2 *	2 *	2 *	3 *	1 *
10th percentile	2	1 *	1 *	2 *	2 *	4 *	2	4 *	3 *	6 *	2 *
25th percentile	7	1 *	2 *	3 *	3 *	7	6	8	9	13	7
50th percentile	39	2 *	6 *	7 *	9 *	92	108	81	77	45	81
75th percentile	177	4 *	8 *	16 *	16 *	206	224	215	179	145	157
90th percentile	296	7 *	9 *	23 *	18 *	328 *	323	304 *	308 *	264 *	219 *
95th percentile	416	14 *	10 *	42 *	26 *	414 *	373 *	499 *	501 *	414 *	228 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.071. Soups: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	28.4	31.5	26.9	18.5	22.2	21.9	26.4	28.7	28.5	41.6	41.2		
on 1 of 3 days	21.2	26.0	22.0	16.5	19.2	16.0	20.0	21.2	20.6	28.8	27.2		
on 2 of 3 days	5.8	5.1	4.4	2.1 *	2.8	4.7	5.1	6.4	7.1	8.5	11.0		
on all 3 of 3 days	1.3	0.4 *	0.5 *	0.0 *	0.2 *	1.2	1.4	1.1 *	0.7 *	4.4	3.1		
Quantity consumed in a day (1 cup, chunky chicken noodle = 240 g)	← g →												
mean	363	217	334	470	345	445	325	427	361	381	346		
SEM	8	13	26	36	15	29	11	20	13	14	9		
5th percentile	119	47 *	61 *	185 *	110 *	85 *	120	121 *	142 *	120 *	137		
10th percentile	140	62	79	231 *	174 *	186	123	189	234	180	217		
25th percentile	240	120	221	241	240	241	240	243	241	241	241		
50th percentile	299	240	244	476	346	361	244	366	305	361	291		
75th percentile	482	243	482	610	480	540	476	509	480	485	479		
90th percentile	602	363	601	730 *	486 *	731	498	722	584	611	497		
95th percentile	731	482 *	726 *	961 *	573 *	962 *	613	810 *	722 *	730 *	653		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.072. Potato Chips: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	18.7	25.4	25.5	28.1	24.9	23.4	18.8	16.3	13.4	8.0	7.9		
on 1 of 3 days	13.6	18.3	16.7	20.9	17.4	16.0	14.8	10.2	10.9	6.9	6.9		
on 2 of 3 days	4.1	6.1	7.3	5.3	5.1	5.8	3.5	4.9	1.9	0.8 *	0.7 *		
on all 3 of 3 days	1.0	1.0 *	1.6 *	1.9 *	2.4 *	1.6	0.5 *	1.2 *	0.6 *	0.3 *	0.3 *		
Quantity consumed in a day (10 medium = 20 g)	<----- g ----->												
mean	43	27	35	57	45	54	38	52	37	28	29		
SEM	2	4	3	7	4	4	2	7	4	5	6		
5th percentile	9	4 *	9 *	19 *	13 *	14 *	9	8 *	9 *	8 *	7 *		
10th percentile	11	7	11	20 *	15 *	20	12	17 *	10 *	9 *	8 *		
25th percentile	20	9	20	27	20	26	20	19	18	17 *	10		
50th percentile	28	15	26	28	28	40	28	28	20	19 *	19		
75th percentile	49	27	30	58	51	57	43	50	37	28 *	28		
90th percentile	85	85	57	141 *	101 *	102	60	104 *	85 *	36 *	56 *		
95th percentile	113	109 *	99 *	--	113 *	169 *	84	176 *	122 *	56 *	85 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.073. Corn Chips: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	13.7	13.0	18.7	23.8	23.3	16.6	14.9	11.7	10.3	4.6	3.4		
on 1 of 3 days	10.7	10.0	11.7	18.3	20.0	12.9	12.3	9.2	8.2	4.2	2.9		
on 2 of 3 days	2.5	2.6	5.9	4.2	3.2	2.7	2.4	2.3	1.4	0.3 *	0.4 *		
on all 3 of 3 days	0.5	0.4 *	1.1 *	1.2 *	0.2 *	1.0 *	0.2 *	0.3 *	0.7 *	0.1 *	0.1 *		
Quantity consumed in a day (1 cup =26 g)	← g →												
mean	42	24	35	43	46	54	39	50	38	37 *	24 *		
SEM	2	3	3	4	6	5	3	9	5	7 *	3 *		
5th percentile	8	4 *	6 *	13 *	8 *	12 *	7 *	11 *	6 *	8 *	6 *		
10th percentile	12	5 *	13	15 *	14 *	16	9	12 *	7 *	9 *	8 *		
25th percentile	18	9	17	24	21	26	13	21	13	13 *	12 *		
50th percentile	28	18	25	28	28	41	26	28	26	28 *	18 *		
75th percentile	52	27	41	51	52	57	52	54	44	36 *	27 *		
90th percentile	85	54 *	71	81 *	83 *	104	75	85 *	69 *	65 *	38 *		
95th percentile	112	64 *	86 *	85 *	128 *	159 *	109 *	181 *	114 *	99 *	48 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.074. Popcorn: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	11.4	11.1	13.5	14.9	12.7	9.0	12.9	13.8	12.9	7.8	6.5		
on 1 of 3 days	9.4	10.1	12.6	12.9	11.3	7.1	10.9	10.4	9.7	6.6	4.6		
on 2 of 3 days	1.7	0.5 *	0.9 *	1.8 *	1.4 *	1.9	1.6	2.8	2.8	1.1 *	1.4		
on all 3 of 3 days	0.3	0.4 *	# *	0.2 *	0.0 *	0.0 *	0.4 *	0.6 *	0.3 *	0.2 *	0.5 *		
Quantity consumed in a day (1 cup unbuttered = 14 g)	<----- g ----->												
mean	37	18	29	38	33	49	35	51	39	34	29		
SEM	2	2	3	4	5	5	2	4	3	5	3		
5th percentile	7	4 *	7 *	9 *	4 *	8 *	7 *	16 *	8 *	7 *	7 *		
10th percentile	12	6 *	9 *	13 *	10 *	13 *	11	18 *	14 *	8 *	8 *		
25th percentile	16	8	14	25	14	27	14	27	20	14 *	13 *		
50th percentile	28	14	27	35	25	40	27	41	28	26 *	17		
75th percentile	43	26	28	42	34	70	42	72	45	41 *	28 *		
90th percentile	83	28 *	54 *	54 *	79 *	86 *	74	91 *	72 *	68 *	56 *		
95th percentile	90	41 *	75 *	85 *	91 *	96 *	90 *	99 *	88 *	80 *	73 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.075. Total Prepared Mustard: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	25.3	18.9	23.3	31.9	30.8	30.4	24.4	29.9	24.7	21.3	16.5		
on 1 of 3 days	19.3	16.1	19.0	21.6	22.3	22.0	18.4	21.8	21.1	16.3	13.1		
on 2 of 3 days	5.0	2.4	3.7	8.8	7.2	7.0	5.1	6.5	3.1	4.1	2.8		
on all 3 of 3 days	1.0	0.3 *	0.6 *	1.5 *	1.3 *	1.4	0.9	1.6 *	0.4 *	0.9 *	0.6 *		
Quantity consumed in a day (1 teaspoon = 5 g)	<----- g ----->												
mean	8	6	7	10	8	10	7	10	7	7	6		
SEM	#	2	1	1	1	1	#	1	1	1	1		
5th percentile	1	# *	1 *	2 *	1 *	1	#	1 *	1 *	1 *	# *		
10th percentile	1	1 *	1	2	2	2	1	2	1	2 *	1		
25th percentile	5	1	4	5	4	5	3	5	2	3	2		
50th percentile	5	4	5	8	5	5	5	5	5	5	5		
75th percentile	10	5	8	15	9	10	8	14	8	10	5		
90th percentile	15	10 *	15	16	15	19	15	23	15	15 *	15		
95th percentile	28	15 *	16 *	25 *	19 *	31	16	30 *	16 *	16 *	16 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.076. Total Tomato Catsup: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	29.1	41.7	43.0	44.8	39.6	36.6	27.7	24.6	18.6	13.6	10.4
on 1 of 3 days	22.3	31.7	31.4	34.4	28.2	28.5	22.1	17.9	15.5	10.9	8.1
on 2 of 3 days	6.0	8.9	10.1	8.5	10.0	7.0	4.9	6.1	3.0	2.5	2.1
on all 3 of 3 days	0.8	1.1 *	1.5 *	1.9 *	1.4 *	1.1 *	0.7 *	0.7 *	0.1 *	0.3 *	0.2 *
Quantity consumed in a day (1 tablespoon = 17-g)	<----- g ----->										
mean	20	16	18	20	20	25	17	22	19	19	13
SEM	1	2	2	1	2	2	1	2	2	2	1
5th percentile	3	2 *	6	4 *	5 *	5	3	1 *	1 *	6 *	# *
10th percentile	6	3	6	5	5	6	6	4	3	6 *	3 *
25th percentile	7	6	7	8	7	8	7	7	6	7	5
50th percentile	14	9	11	15	13	17	13	14	11	12	7
75th percentile	24	17	17	22	26	34	17	34	17	19	17
90th percentile	34	34	45	34	34	52	34	51	33	34 *	34 *
95th percentile	68	58 *	63	62 *	68 *	68	50	52 *	68 *	52 *	34 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.077. Total Soy-Based Sauces: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	16.2	21.0	20.1	15.7	18.7	18.8	16.9	14.5	15.0	11.0	9.2		
on 1 of 3 days	13.3	16.9	17.1	13.2	14.5	15.3	14.3	11.2	11.9	9.8	8.0		
on 2 of 3 days	2.6	3.5	3.0	2.4 *	4.2	3.2	2.3	3.1	2.9	0.8 *	0.9 *		
on all 3 of 3 days	0.2	0.6 *	0.0 *	0.0 *	0.0 *	0.2 *	0.3 *	0.2 *	0.3 *	0.4 *	0.2 *		
Quantity consumed in a day (1 teaspoon = 5 g)	← g →												
mean	9	4	3	5	11 *	12	10	9	9	8	9		
SEM	1	1	1	1	5 *	2	1	1	1	1	1		
5th percentile	#	# *	--	# *	# *	# *	# *	1 *	# *	# *	# *		
10th percentile	1	# *	#	1 *	# *	1	1	1 *	# *	# *	1 *		
25th percentile	1	1	1	1	1	2	1	2	1	2	1		
50th percentile	3	1	1	2	2	5	4	5	4	3	3		
75th percentile	10	4	3	4	5	18	11	13	12	11	11		
90th percentile	25	13 *	9	13 *	28 *	34	26	26 *	25 *	21 *	26 *		
95th percentile	34	18 *	12 *	21 *	72 *	39 *	37 *	34 *	33 *	38 *	32 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.078. Total Cucumber Pickles: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	38.1	29.0	39.6	39.1	40.9	46.4	37.9	41.5	37.1	29.9	30.6		
on 1 of 3 days	28.2	24.5	32.6	26.9	29.2	33.4	30.2	27.3	26.3	21.9	22.1		
on 2 of 3 days	8.1	3.3	6.1	10.8	9.4	10.7	6.4	11.6	8.3	6.8	6.8		
on all 3 of 3 days	1.8	1.2 *	0.9 *	1.5 *	2.3 *	2.2	1.3	2.7	2.6	1.3 *	1.7		
Quantity consumed in a day (1 medium = 65 g)	← g →												
mean	18	9	13	19	19	20	15	24	17	22	15		
SEM	1	1	1	2	4	2	1	4	2	4	1		
5th percentile	1	# *	1	1 *	1 *	1	1	1	1	1 *	1		
10th percentile	2	1	1	3	2	3	3	2	2	1	1		
25th percentile	6	3	6	6	6	6	6	6	5	3	3		
50th percentile	11	7	7	13	7	13	10	13	12	8	6		
75th percentile	16	8	14	15	15	20	15	24	18	18	15		
90th percentile	32	19	26	31	27	35	30	47	35	48	31		
95th percentile	64	34 *	39	64 *	42 *	65	42	105	62	76 *	63		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.079. Total Sour Cream: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	← % →										
at least once in 3 days	12.9	9.1	11.5	11.4	12.8	13.3	16.0	14.8	15.1	8.3	10.8
on 1 of 3 days	11.0	7.8	8.9	10.5	10.2	11.3	13.3	12.9	13.3	6.4	9.5
on 2 of 3 days	1.9	1.1 *	2.6	0.8 *	2.1 *	1.6	2.7	1.9	1.7	1.9 *	1.3
on all 3 of 3 days	0.1	0.1 *	# *	0.0 *	0.5 *	0.3 *	0.1 *	0.0 *	0.1 *	0.0 *	0.1 *
Quantity consumed in a day (1 tablespoon = 14 g)	← g →										
mean	24	9	15	31 *	23	33	23	26	27	18	20
SEM	1	2	3	9 *	5	2	2	5	5	2	2
5th percentile	#	# *	# *	# *	--	# *	# *	# *	# *	# *	# *
10th percentile	#	# *	# *	# *	# *	1	#	# *	# *	# *	1 *
25th percentile	2	#	#	# *	1	9	3	3	5	1 *	4
50th percentile	14	1	7	15 *	9	29	14	14	14	12 *	14
75th percentile	29	14	28	30 *	29	44	29	29	29	29 *	29
90th percentile	57	29 *	29 *	108 *	58 *	69	56	58 *	56 *	30 *	45 *
95th percentile	76	33 *	48 *	113 *	59 *	86 *	57 *	84 *	114 *	51 *	53 *

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.080. Total Fluid Cream: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	65.6	70.6	69.4	67.2	71.3	70.0	67.2	65.4	59.8	57.9	57.2		
on 1 of 3 days	34.6	38.4	39.3	30.4	37.8	35.4	34.6	34.7	34.9	27.4	30.8		
on 2 of 3 days	21.3	22.1	21.0	27.2	23.5	21.5	23.7	20.0	16.8	21.0	18.9		
on all 3 of 3 days	9.8	10.1	9.1	9.6	10.0	13.1	8.9	10.6	8.1	9.5	7.5		
Quantity consumed in a day (1 tablespoon = 15 g)	<----- g ----->												
mean	14	9	13	13	10	17	13	16	12	19	14		
SEM	1	1	2	2	2	1	1	1	1	2	1		
5th percentile	1	1	1	1	1	1	1	1	1	1	1		
10th percentile	1	1	1	1	1	1	1	1	1	1	1		
25th percentile	2	2	2	2	2	2	2	2	2	2	2		
50th percentile	4	3	3	3	3	3	3	5	4	10	5		
75th percentile	15	15	15	11	12	14	15	20	15	29	16		
90th percentile	38	29	33	44	29	48	35	45	30	46	30		
95th percentile	59	30	56	58	36	65	60	60	46	61	57		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.081. Powdered Cream Substitute: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	6.2	0.3 *	# *	1.2 *	0.3 *	7.9	8.6	8.0	9.4	7.3	9.1		
on 1 of 3 days	2.2	0.3 *	# *	1.2 *	0.3 *	3.6	3.1	3.6	2.6	1.6 *	2.1		
on 2 of 3 days	1.4	0.0 *	0.0 *	0.0 *	0.0 *	1.5	2.9	1.3 *	2.4	1.1 *	1.2 *		
on all 3 of 3 days	2.6	0.0 *	0.0 *	# *	0.0 *	2.8	2.6	3.1	4.3	4.6	5.8		
Quantity consumed in a day (1 teaspoon = 2 g)	<----- g ----->												
mean	6	3 *	3 *	2 *	2 *	5	5	7	6	6 *	6		
SEM	#	1 *	0 *	# *	0 *	1	#	1	1	1 *	1		
5th percentile	1	--	--	--	--	2 *	2 *	2 *	1 *	# *	1 *		
10th percentile	2	--	--	--	--	2 *	2 *	2 *	2 *	1 *	2 *		
25th percentile	2	--	--	--	--	2	2	2	2	2	2		
50th percentile	4	--	--	--	--	4	4	5	4	4	3		
75th percentile	6	--	--	--	--	6	6	8	6	6	6		
90th percentile	12	--	--	--	--	12 *	12 *	12 *	17 *	10 *	12 *		
95th percentile	16	--	--	--	--	13 *	14 *	17 *	18 *	12 *	18 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.082. Total Margarine: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	90.9	93.7	94.0	89.5	84.8	89.8	89.1	92.3	89.8	92.7	94.4		
on 1 of 3 days	23.4	27.7	26.1	26.1	24.2	23.7	26.7	23.6	21.2	14.9	17.9		
on 2 of 3 days	31.8	29.3	35.9	28.9	30.8	32.8	32.0	31.3	32.9	27.1	32.1		
on all 3 of 3 days	35.8	36.8	31.9	34.5	29.8	33.3	30.4	37.4	35.6	50.7	44.3		
Quantity consumed in a day (1 teaspoon = 5 g)	← g →												
mean	12	8	9	14	9	14	11	15	10	14	11		
SEM	#	1	1	2	1	1	#	1	#	1	#		
5th percentile	1	#	1	1	1	1	1	1	1	1	1		
10th percentile	2	1	1	2	1	2	2	2	2	2	2		
25th percentile	4	2	2	4	3	4	4	4	4	5	4		
50th percentile	7	5	6	9	6	9	7	9	7	10	7		
75th percentile	15	10	13	17	12	19	14	20	14	17	14		
90th percentile	28	16	22	32	19	32	26	34	22	32	23		
95th percentile	35	27	29	54	23	42	33	46	29	39	31		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.083. Margarine, All Types Reported Separately: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	48.9	46.6	45.7	44.3	42.5	43.0	44.8	51.3	52.8	61.3	60.6		
on 1 of 3 days	25.3	25.1	26.8	24.1	29.0	27.4	24.7	25.8	25.8	20.6	22.5		
on 2 of 3 days	14.0	14.7	14.8	11.3	11.4	9.7	13.2	14.4	14.5	19.1	19.4		
on all 3 of 3 days	9.6	6.8	4.1	8.9	2.2 *	6.0	6.9	11.0	12.6	21.6	18.6		
Quantity consumed in a day (1 teaspoon = 5 g)	<----- g ----->												
mean	14	9	13	18	12	18	13	17	12	15	12		
SEM	#	1	1	3	1	1	1	1	#	1	1		
5th percentile	2	2	2	2 *	2 *	4	2	2	2	2	2		
10th percentile	5	2	3	4	3	4	4	4	5	5	2		
25th percentile	5	4	4	5	4	7	5	7	5	5	5		
50th percentile	9	5	9	14	9	14	9	14	9	9	9		
75th percentile	14	10	14	28	14	28	14	27	14	17	14		
90th percentile	28	14	28	43	28	36	29	33	28	28	28		
95th percentile	43	28	29	57 *	29 *	57	36	52	29	49	33		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.084. Total Butter: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	42.2	47.2	45.1	34.3	33.5	39.6	42.2	45.1	44.3	42.7	44.1		
on 1 of 3 days	24.8	28.9	26.2	22.9	22.0	23.1	26.3	24.3	25.5	23.9	24.1		
on 2 of 3 days	11.9	13.0	13.4	9.8	9.4	12.0	10.8	14.2	11.6	10.6	13.1		
on all 3 of 3 days	5.5	5.3	5.5	1.6 *	2.1 *	4.5	5.1	6.6	7.2	8.3	7.0		
Quantity consumed in a day (1 teaspoon = 5 g)	<----- g ----->												
mean	9	4	7	11	10	12	8	12	8	10	7		
SEM	#	#	1	2	2	1	1	1	1	1	1		
5th percentile	#	# *	#	# *	# *	#	#	#	#	# *	#		
10th percentile	#	#	#	1	1	1	1	1	#	1	#		
25th percentile	1	1	1	2	2	3	1	2	1	1	1		
50th percentile	5	2	4	5	5	7	4	6	5	5	3		
75th percentile	10	5	9	14	11	14	9	14	10	13	10		
90th percentile	22	9	16	28	28	28	16	28	19	28	15		
95th percentile	28	14 *	28	28 *	37 *	32	28	42	28	29 *	28		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.085. Total Vegetable Oil: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex									
		2-5	6-11	12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Percent of persons using	<----- % ----->										
at least once in 3 days	97.5	97.6	99.5 *	99.2 *	98.8 *	98.7	97.9	97.3	97.1	94.9	93.9
on 1 of 3 days	8.9	8.1	3.8	5.1	5.6	7.1	9.1	8.0	12.8	12.2	15.3
on 2 of 3 days	26.4	27.6	23.5	19.4	27.0	28.7	26.9	25.6	26.5	30.0	25.3
on all 3 of 3 days	62.3	61.9	72.2	74.7	66.2	62.9	62.0	63.7	57.9	52.8	53.3
Quantity consumed in a day (1 teaspoon = 5 g)	<----- g ----->										
mean	12	7	9	14	12	16	12	16	12	11	10
SEM	#	1	#	1	1	1	#	1	#	1	#
5th percentile	#	#	#	#	1	1	1	1	#	1	#
10th percentile	1	#	1	1	1	2	1	2	1	1	1
25th percentile	3	1	2	4	3	4	3	5	3	3	2
50th percentile	8	4	7	9	7	11	8	12	8	7	6
75th percentile	16	9	13	20	14	21	16	24	16	15	13
90th percentile	28	15	19	33	28	34	26	37	28	27	22
95th percentile	37	24	25	39	40	48	33	46	34	36	30

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.086. Pourable Salad Dressing: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	31.9	11.7	23.9	27.3	24.1	29.8	33.3	43.2	40.7	36.4	35.6		
on 1 of 3 days	22.0	9.1	17.9	20.1	17.4	20.4	22.7	30.2	26.4	25.9	23.0		
on 2 of 3 days	8.0	2.1 *	5.8	7.1	6.2	8.0	8.7	9.7	11.6	7.5	8.9		
on all 3 of 3 days	1.9	0.6 *	0.3 *	# *	0.5 *	1.4	1.9	3.4	2.7	3.1	3.7		
Quantity consumed in a day (1 tablespoon Italian = 15 g)	<----- g ----->												
mean	36	15	27	38	39	45	35	42	35	36	31		
SEM	1	2	4	3	4	2	2	2	2	3	1		
5th percentile	5	4 *	5 *	8 *	5 *	11	6	5 *	5	9 *	5		
10th percentile	11	5 *	8	15 *	12 *	15	12	13	10	15	13		
25th percentile	15	5	14	29	15	29	15	27	15	15	15		
50th percentile	31	13	15	31	29	31	29	31	30	29	29		
75th percentile	47	15	31	52	59	61	46	59	46	46	31		
90th percentile	62	31 *	47	62 *	78 *	81	62	76	62	62	59		
95th percentile	88	45 *	62 *	75 *	110 *	117	83	92 *	78	91 *	62		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.087. Total Mayonnaise and Mayonnaise-Type Dressing: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	54.1	35.2	45.3	50.8	55.6	58.5	55.2	58.9	56.9	56.0	56.8		
on 1 of 3 days	32.1	23.7	29.4	27.4	34.3	35.5	32.7	31.7	32.8	34.8	32.3		
on 2 of 3 days	16.6	10.2	12.6	18.6	18.3	15.4	17.4	19.2	18.2	16.3	18.6		
on all 3 of 3 days	5.4	1.3 *	3.4	4.8	3.0	7.6	5.1	8.0	6.0	4.9	5.9		
Quantity consumed in a day: (1 tablespoon mayonnaise = 14 g)	<----- g ----->												
mean	16	12	13	19	12	20	15	19	16	17	14		
SEM	#	2	1	2	1	1	1	1	1	1	#		
5th percentile	3	1 *	3	5 *	5 *	5	3	5	2	3	3		
10th percentile	5	2	5	5	5	5	5	5	5	5	5		
25th percentile	8	4	5	9	5	9	7	9	8	9	5		
50th percentile	14	8	10	14	10	14	13	14	14	14	12		
75th percentile	19	14	15	28	15	28	16	24	19	22	16		
90th percentile	31	28	27	40	27	38	31	37	30	31	28		
95th percentile	41	38 *	29	55 *	29 *	55	41	55	35	40	37		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.088. Gravy: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	12.0	10.7	10.9	11.3	11.7	12.1	11.8	14.7	9.9	14.1	13.3		
on 1 of 3 days	10.7	9.5	9.1	10.7	10.1	10.9	11.0	12.6	9.2	11.0	11.9		
on 2 of 3 days	1.3	1.1 *	1.8	0.6 *	1.5 *	1.1 *	0.8 *	2.1	0.7 *	2.9	1.4		
on all 3 of 3 days	0.1	0.1 *	# *	0.0 *	0.0 *	0.2 *	# *	0.0 *	# *	0.2 *	0.1 *		
Quantity consumed in a day (1/4 cup = 59 g)	← g →												
mean	79	51	58	102	76	110	73	82	66	89	65		
SEM	3	9	7	12	9	11	5	6	7	8	5		
5th percentile	15	5 *	15 *	13 *	7 *	15 *	15 *	15 *	15 *	15 *	13 *		
10th percentile	15	6 *	15 *	30 *	15 *	23	22	30 *	15 *	15 *	14		
25th percentile	30	15	30	47	30	30	30	30	30	30	30		
50th percentile	58	30	52	98	59	78	56	58	54	59	55		
75th percentile	117	58	59	114	111	162	111	117	59	115	90		
90th percentile	133	113 *	114 *	120 *	116 *	225	118	168 *	117 *	190 *	118		
95th percentile	234	116 *	117 *	215 *	118 *	232 *	138 *	210 *	169 *	218 *	128 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.089. Syrup: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	11.4	19.9	19.3	19.2	13.3	10.4	8.6	8.7	7.3	10.5	7.2		
on 1 of 3 days	10.0	16.9	16.3	16.6	11.5	9.8	7.7	7.3	6.9	9.1	6.3		
on 2 of 3 days	1.1	2.7	2.5	2.1 *	1.6 *	0.3 *	0.7 *	1.2 *	0.5 *	1.0 *	0.7 *		
on all 3 of 3 days	0.3	0.3 *	0.5 *	0.6 *	0.2 *	0.3 *	0.2 *	0.1 *	0.0 *	0.5 *	0.2 *		
Quantity consumed in a day (1 tablespoon = 20 g)	<----- g ----->												
mean	68	45	51	107	73	87	55	91	57	78	57		
SEM	5	5	4	18	9	10	4	17	4	8	5		
5th percentile	12	4 *	7 *	18 *	14 *	17 *	5 *	15 *	14 *	16 *	11 *		
10th percentile	20	6 *	13	32 *	14 *	19 *	8	20 *	19 *	20 *	20 *		
25th percentile	39	20	20	39	39	39	20	39	39	39	24		
50th percentile	59	39	39	72	60	73	39	72	41	59	41		
75th percentile	79	56	71	120	79	104	71	118	68	89	79		
90th percentile	130	81 *	80	220 *	136 *	152 *	116	160 *	79 *	151 *	104 *		
95th percentile	157	103 *	104 *	257 *	148 *	232 *	138 *	--	97 *	162 *	131 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.090. Total Sugar: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	99.8	99.9 *	100.0 *	100.0 *	100.0 *	99.7 *	99.8 *	100.0 *	99.5 *	99.9 *	99.8 *		
on 1 of 3 days	1.1	0.4 *	0.3 *	0.3 *	0.9 *	1.6	1.3	1.5 *	1.4 *	0.8 *	0.9 *		
on 2 of 3 days	6.3	3.8	2.6	2.4 *	5.8	7.2	9.0	7.4	8.1	4.7	6.1		
on all 3 of 3 days	92.4	95.7	97.1	97.3 *	93.2	90.9	89.6	91.0	90.0	94.4	92.8		
Quantity consumed in a day (1 teaspoon granulated = 4 g)	<----- g ----->												
mean	36	30	44	56	39	41	34	36	28	32	26		
SEM	1	2	2	4	3	2	1	2	1	1	1		
5th percentile	1	2	3	3	2	1	1	1	1	2	1		
10th percentile	3	4	6	6	3	3	3	3	2	4	2		
25th percentile	9	12	17	16	11	9	7	8	6	10	7		
50th percentile	25	23	36	39	26	27	23	25	18	23	19		
75th percentile	50	41	62	77	56	59	49	51	38	44	37		
90th percentile	82	62	85	125	95	95	81	83	65	69	58		
95th percentile	108	85	108	167	121	123	105	112	90	85	72		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.091. Total Honey: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	14.5	24.6	18.4	17.2	12.9	11.3	13.3	11.6	13.5	16.8	13.1		
on 1 of 3 days	8.9	16.5	11.0	10.5	8.8	6.8	9.7	7.0	8.5	7.2	6.8		
on 2 of 3 days	3.5	5.3	5.3	6.2	3.1	2.1	2.5	2.5	3.1	4.8	3.9		
on all 3 of 3 days	2.1	2.9	2.1	0.5 *	1.0 *	2.5	1.1	2.1	1.9	4.8	2.5		
Quantity consumed in a day (1 tablespoon = 21 g)	<----- g ----->												
mean	8	3	5 *	10 *	6 *	10	8	9	9	12	10		
SEM	1	#	2 *	3 *	2 *	2	1	2	1	3	2		
5th percentile	#	# *	# *	# *	# *	# *	# *	# *	# *	# *	# *		
10th percentile	#	# *	#	# *	# *	# *	#	# *	# *	# *	# *		
25th percentile	#	#	#	#	#	1	#	#	1	#	#		
50th percentile	1	#	1	1	1	3	1	2	2	2	2		
75th percentile	7	3	2	7	4	14	8	8	11	13	10		
90th percentile	21	7 *	7	41 *	25 *	27 *	21	20 *	21 *	42 *	21 *		
95th percentile	42	13 *	14 *	53 *	31 *	42 *	41 *	38 *	42 *	52 *	42 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.092. Candy Containing Chocolate: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	12.8	12.7	16.7	17.8	13.0	12.2	15.7	9.7	11.1	9.2	10.0		
on 1 of 3 days	9.3	10.7	12.4	12.2	9.9	9.1	10.7	7.1	9.0	6.5	6.5		
on 2 of 3 days	2.9	1.8 *	3.7	3.7	2.7 *	2.2	4.4	2.2	1.6	2.4	3.3		
on all 3 of 3 days	0.6	0.2 *	0.5 *	2.0 *	0.4 *	0.9 *	0.6 *	0.5 *	0.4 *	0.4 *	0.1 *		
Quantity consumed in a day (1 ounce = 28 g)	<----- g ----->												
mean	48	36	41	61	52	58	46	50	53	44	37		
SEM	2	6	4	5	6	4	4	5	3	4	3		
5th percentile	7	5 *	6 *	15 *	9 *	8 *	7 *	--	11 *	11 *	8 *		
10th percentile	11	7 *	9 *	20 *	11 *	16	10	7 *	19 *	14 *	10 *		
25th percentile	22	14	21	40	21	33	16	18	30	26 *	15		
50th percentile	42	29	36	52	41	47	42	42	42	39 *	34		
75th percentile	57	46	53	77	57	75	57	57	57	56 *	47		
90th percentile	92	71 *	82 *	114 *	95 *	120	92	85 *	91 *	74 *	58 *		
95th percentile	113	95 *	105 *	118 *	124 *	136 *	113 *	117 *	114 *	88 *	88 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.093. Candy Not Containing Chocolate: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	← % →												
at least once in 3 days	8.3	19.8	17.3	10.3	9.2	5.5	8.1	4.0	6.5	3.8	5.6		
on 1 of 3 days	6.4	12.8	11.5	9.1	6.7	5.2	6.4	3.6	5.5	2.6	3.9		
on 2 of 3 days	1.6	6.7	4.8	1.1 *	2.4 *	0.3 *	1.5	0.3 *	0.5 *	0.5 *	1.1 *		
on all 3 of 3 days	0.3	0.4 *	0.9 *	0.1 *	0.1 *	# *	0.2 *	0.1 *	0.5 *	0.8 *	0.6 *		
Quantity consumed in a day (1 ounce = 28 g)	← g →												
mean	34	36	35	48 *	37 *	36	30	36 *	27	32 *	24		
SEM	2	10	4	8 *	6 *	5	3	8 *	4	5 *	3		
5th percentile	4	3 *	2 *	9 *	4 *	4 *	5 *	5 *	3 *	6 *	4 *		
10th percentile	6	7 *	4	11 *	7 *	6 *	5 *	8 *	5 *	8 *	4 *		
25th percentile	11	12	12	19 *	15 *	10	10	10 *	8	12 *	11 *		
50th percentile	24	22	25	46 *	26 *	30	17	23 *	23	25 *	18		
75th percentile	45	32	54	57 *	45 *	52	42	55 *	30	36 *	35 *		
90th percentile	70	61 *	78	99 *	62 *	70 *	60 *	84 *	57 *	50 *	42 *		
95th percentile	87	89 *	87 *	103 *	113 *	97 *	88 *	85 *	71 *	--	57 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.094. Jelly, Jams, Preserves, and Marmalade: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	20.5	34.0	29.8	16.1	14.5	16.7	16.3	17.4	15.9	27.0	25.6		
on 1 of 3 days	13.4	22.4	18.6	10.8	11.3	11.4	12.6	11.6	11.3	13.8	14.3		
on 2 of 3 days	4.8	10.4	7.7	3.9	2.8	4.1	2.7	3.6	2.6	7.2	7.1		
on all 3 of 3 days	2.2	1.3 *	3.5	1.4 *	0.4 *	1.2 *	1.0	2.2	2.0	5.9	4.3		
Quantity consumed in a day (1 tablespoon jam = 20 g)	<----- g ----->												
mean	21	17	22	27	21	29	19	23	18	21	18		
SEM	1	1	2	2	2	2	1	2	1	1	1		
5th percentile	6	3 *	6 *	6 *	3 *	6 *	6 *	6 *	3 *	3 *	3 *		
10th percentile	6	6	6	8 *	6 *	6	6	6 *	6	6	6		
25th percentile	9	6	12	19	9	13	7	13	9	12	6		
50th percentile	19	18	19	19	19	19	19	19	13	19	14		
75th percentile	28	19	35	38	27	38	24	38	20	20	20		
90th percentile	39	38	38	40 *	35 *	56	37	39 *	38	38	37		
95th percentile	45	38 *	40 *	55 *	39 *	75 *	39 *	54 *	40 *	40 *	40 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Table 2.095. Total Artificial Sweetener: Percentage of persons using food in 3 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
Percent of persons using	<----- % ----->												
at least once in 3 days	26.8	9.8	13.7	13.5	26.8	21.9	32.5	29.5	41.9	31.8	32.3		
on 1 of 3 days	10.0	6.0	10.0	7.0	12.8	8.0	11.6	9.5	13.1	8.8	11.0		
on 2 of 3 days	6.6	1.7 *	2.6	4.3	7.8	4.4	7.8	7.0	9.9	10.2	8.5		
on all 3 of 3 days	10.2	2.0 *	1.1 *	2.2 *	6.2	9.5	13.0	13.0	18.9	12.8	12.9		
Quantity consumed in a day (1 teaspoon = 3 g)	<----- g ----->												
mean	1	#	1	1	1	2	2	2	1	1	1		
SEM	#	#	#	#	#	#	#	#	#	#	#		
5th percentile	#	# *	# *	# *	# *	# *	#	# *	#	# *	#		
10th percentile	#	# *	# *	# *	# *	#	#	#	#	#	#		
25th percentile	#	# *	#	# *	#	1	1	1	#	#	#		
50th percentile	1	# *	1	1 *	1	1	1	1	1	1	1		
75th percentile	1	1 *	1	1 *	1	1	2	2	2	1	1		
90th percentile	3	1 *	1 *	2 *	2 *	3	3	4	3	3	3		
95th percentile	4	1 *	2 *	2 *	2 *	5 *	3	5 *	4	5 *	4		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Note: See table notes.

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

TABLE NOTES

Explanation of Symbols Used in Tables

Asterisks are used in the tables to identify estimates that may tend to be less statistically reliable than those that are not flagged. However, all the data in the tables should be able to be used to assess the order of magnitude of a given foods' intake. The rules used for flagging estimates are as follows:

- (1) An estimated mean is flagged when it is based on a cell size--the number of persons using the food--of less than 69 (that is, a cell size of less than 30 times the average design effect of 2.3) or when its coefficient of variation (CV) is equal to or greater than 30 percent.
- (2) Estimated medians are flagged when the cell size--the number of persons using the food--is less than 69; 25th and 75th percentiles when the cell size is less than 74; estimated 10th and 90th percentiles when the cell size is less than 184; and estimated 5th and 95th percentiles when the cell size is less than 368.
- (3) Estimated percentages of the population which are between 3 and 97 percent (that is, $3 \text{ percent} \leq p \leq 97 \text{ percent}$) are never flagged in this report because the sample size for the total population and for each sex-age group is sufficient. Estimated percentages at the tails of the distribution are flagged when the minimum

of np and $n(1-p)$ is less than 8 times the broadly calculated design effect. That is, a value is flagged when it is smaller than the larger of $18.4/p$ and $18.4/1-p$.

Dashes denote either that the value could not be calculated because too few persons consumed the food or the percentile could not be interpolated because too many reports were of exactly the same magnitude. In the latter case, minimum and/or maximum values are reported in appendix D. Zeroes in tables represent true zeroes; values which are greater than zero but which round to 0 or 0.0 are noted with a pound sign (#).

SEM refers to the standard error of the mean. See Methods section and Appendices A and B for additional notes.

Description of Foods in Table Set 1: Quantities Consumed Per Eating Occasion

1.001 White Bread

Includes all plain and toasted white breads including French, Italian, sourdough, raisin, cheese, and cinnamon, and bread that was not identified as to type. Excluded are rolls, bagels, English muffins, flat breads, hard bread sticks, breads crumbs and croutons. Bread used in sandwiches was included, but bread eaten as part of other types of mixtures such as stewed tomatoes and meatloaf were not. A slice of white bread weighs 26 g, and a slice of white toast weighs 24 g.

1.002 Whole Grain and "Wheat" Bread

Includes breads made with any whole grain flours such as plain and toasted whole and cracked wheat, rye,

pumpnickel and bran yeast breads, except rolls, bagels, English muffins, and flat breads. Whole grain and so-called “wheat” breads eaten as part of sandwiches are included, but bread eaten as part of other types of mixtures such as stewed tomatoes and meatloaf were not. A slice of whole wheat bread weighs 26 g, and a slice of whole wheat toast weighs 24 g.

1.003 Rolls

Includes all hard, soft, French, Italian, Vienna rolls whether made primarily from white, whole wheat, rye, or other flour. Hamburger and frankfurter rolls eaten as part of sandwiches are included here as well. One medium dinner roll weighs 28 g; one medium hamburger roll weighs 43 g.

1.004 Biscuits

Includes all biscuits reported separately or as part of a sandwich. One medium biscuit made from scratch or biscuit mix weighs 30 g; one medium biscuit made from refrigerator dough weighs 19 g.

1.005 Tortillas

Includes all tortillas reported separately or as part of a burrito, enchilada, taco, or other food. Excludes tortilla chips. One 7-inch round tortilla weighs 40 g made from flour and 25 g made from corn.

1.006 Quickbreads and Muffins

Includes cornbread, fruit breads, pumpkin breads, zucchini breads, non-yeast coffee cakes, and all kinds of muffins. Excludes other cornmeal products such as cornbread stuffing, cornbread coating on frankfurters (corn dogs), hush puppies, and spoonbread. One wedge

of cornbread (1/12 of an 8-inch round) weighs 53 g; one medium bran muffin weighs 50 g.

1.007 Doughnuts and Sweet Rolls

Includes all varieties of doughnuts, sweet rolls and yeast-raised coffee cakes, except Danish pastries. One medium cake doughnut (3-1/4 inches in diameter) weighs 42 g; one medium glazed doughnut (3-1/4 inches in diameter) weighs 60 g; one medium sweet roll weighs 55 g.

1.008 Crackers

Includes all kinds of crackers reported separately, except sandwich-type crackers and sweet crackers. Four saltine crackers weigh 12 g.

1.009 Cookies

Includes all varieties of cookies, except brownies. Also includes sweet crackers such as graham crackers and animal crackers. One medium cookie weighs 10 g.

1.010 Cake

Includes all kinds of cakes and cupcakes, except coffeecake and cheesecake. One-twelfth of a 2-layer 8- or 9-inch frosted cake weighs 109 g, and one frosted cupcake (2-1/2 inches) weighs 35 g.

1.011 Pie

Includes all kinds of pies, but not turnovers, fritters, dumplings, strudels, or crisps. Excludes pies reported as part of frozen meals. One-eighth of a 2-crust, 9-inch fruit pie weighs 150 g; 1/8 of a 9-inch cream pie weighs 144 g.

1.012 Pancakes and Waffles

Includes pancakes and waffles reported separately or as part of a frozen meal, but not blintzes, crepes, or potato

pancakes. One medium (5-inch diameter) pancake or 1 medium (4-inch round) waffle weighs 40 g.

1.013 Cooked Cereal

Includes oatmeal, grits, cream of wheat, cream of rice, cornmeal mush, and other cooked breakfast cereals.

Includes weight of milk or sugar if reported collectively. The weights of 1/2 cup of cooked cereal are as follows: oatmeal, 117 g; grits, 121 g; cream of wheat, 125 g.

1.014 Oatmeal

Includes oatmeal eaten as a hot cereal; excludes oatmeal consumed as ingredient of other food such as cookies.

1.015 Ready-to-Eat Cereal

Includes all kinds of ready-to-eat cereal reported separately, whether or not pre-sweetened. Also includes dry baby cereals, which are often rehydrated before serving. Weight of additional sugar, if any, and milk is not included. One cup of toasted oat rings weighs 28 g; 1 cup of corn flakes weighs 25 g; and 1 cup of raisin bran weighs 56 g.

1.016 Corn Flakes

1.017 Toasted Oat Rings

1.018 Rice

Includes cooked white and brown rice reported separately or as an ingredient in fried rice, Spanish rice, pilaf, and other mixed foods which are mostly rice; weight of other ingredients not included. Excludes cream of rice, wild rice, and rice in puddings and soups. One-half cup of cooked white rice weighs 103 g.

1.019 Pasta

Includes all spaghetti, macaroni, noodles, and other pasta, whether reported separately or as part of mixed dishes, such as spaghetti with tomato sauce. Includes only the weight of the pasta and not the other ingredients. Excludes noodles in pasta salads, puddings, and soup. One cup of cooked spaghetti weighs 140 g.

1.020 Macaroni and Cheese

Includes plain macaroni and cheese and that with beef, tomatoes, and/or other ingredients added. One cup of cooked plain macaroni and cheese weighs 243 g.

1.021 Spaghetti with Tomato Sauce

Includes spaghetti with tomato sauce and meat and/or cheese. One cup of cooked spaghetti with 1/2 cup of sauce weighs 262 g.

1.022 Pizza

Includes all kinds of pizza, French bread pizza, pizza turnovers and calzone. One slice (1/8) of a 12-inch thin crust pizza with meat weighs 71 g.

1.023 Fresh Cucumbers

Includes plain cucumbers and cucumbers with sour cream or vinegar and oil dressing. Represents the weight of the cucumbers only, and not the dressing. Does not include cucumbers reported as part of other mixed salad. One-half cup of sliced cucumbers weighs 60 g.

1.024 Total Lettuce

Includes all plain lettuce, Boston lettuce, and Romaine lettuce reported separately or as part of a mixed salad or

sandwich or other mixed food. One cup of lettuce weighs 55 g, one medium leaf weighs 8 g.

1.025 Mixed Lettuce-Based Salad

Includes only salad made of lettuce mixed with other vegetables. One cup of lettuce salad with tomatoes and carrots weighs 73 g.

1.026 Cooked Broccoli

Includes cooked broccoli reported separately and not as part of a casserole or other mixture. One-half cup of cooked broccoli weighs 92 g.

1.027 Cooked Carrots

Includes cooked carrots, reported separately and not as part of a casserole or other mixture. One-half cup of sliced cooked carrots weighs 73 g.

1.028 Raw Carrots

Includes only raw carrots reported separately. Does not include the weight of meat in sauce. One-half cup of fresh chopped carrots weighs 64 g and one medium carrot weighs 61 g.

1.029 Raw Tomatoes

Includes all raw tomatoes reported separately. One-half cup of sliced or chopped raw tomatoes weighs 90 g; one medium tomato weighs 123 g.

1.030 Total Tomato Sauce

Includes all tomato sauce, whether reported separately or as part of a mixed food. Does not include the weight of meat in sauce. One-half cup of sauce weighs 122 g.

1.031 Cooked String Beans

Includes cooked string beans reported separately and not as part of a mixture. One-half cup of cooked string beans weighs 68 g.

1.032 Coleslaw

Includes all reports of coleslaw. One-half cup of coleslaw weighs 92 g.

1.033 Cooked Peas

Includes cooked green peas reported separately. One-half cup of cooked green peas weighs 80 g.

1.034 Cooked Corn

Includes cooked corn reported separately or as part of corn and peppers or creamed corn. One-half cup of corn weighs 82 g; the edible portion of one medium ear of fresh cooked corn weighs 77 g.

1.035 Raw Onions

Includes raw mature onions reported separately. One medium slice of a fresh onion weighs 14 g, and one-half cup, chopped, weighs 80 g.

1.036 French-Fried Potatoes

Includes all French fried potatoes, whether made from frozen or fresh potatoes, except those reported as part of a frozen meal. Ten medium French fries weighs 50 g.

1.037 Home-Fried and Hash-Browned Potatoes

Includes all home-fried and hash-browned potatoes and potato-puffs reported separately. One-half cup of home fries weighs 97 g and 1/2 cup of hash-browned potatoes weighs 73 g.

1.038 Baked Potatoes

Includes all baked potatoes; weight of added ingredients not included. One medium baked potato with peel weighs 122 g.

1.039 Boiled Potatoes

Includes all boiled potatoes reported separately. One-half cup of boiled potatoes weighs 78 g.

1.040 Mashed Potatoes

Includes all mashed potatoes reported separately. One-half cup of mashed potatoes made with milk and fat weighs 105 g.

1.041 Cooked Dried Beans and Peas

Includes all cooked dried beans reported separately, such as kidney beans and lentils, with and without added fat. One-half cup of cooked kidney beans without fat weighs 86 g; 1/2 cup of cooked white beans with fat weight 90 g.

1.042 Baked Beans

Includes all baked beans, with and without pork added, reported separately. One-half cup of baked beans weighs 127 g.

1.043 Fresh Oranges

Includes fresh oranges reported separately. Excludes tangerines, mandarin oranges, canned oranges, and oranges which were reported as part of a salad. One medium fresh orange weighs 131 g.

1.044 Orange Juice

Includes all fresh, canned, and frozen orange juice reported separately, except unreconstituted. Six fluid ounces of orange juice weighs 187 g.

1.045 Raw Apples

Includes raw apples reported separately. Excludes apples which were part of a salad. One medium raw apple weighs 138 g.

1.046 Applesauce and Cooked Apples

Includes applesauce and cooked apples reported separately. Excludes, for example, cooked apples eaten as part of a pie. One-half cup of applesauce weighs 128 g.

1.047 Apple Juice

Includes all apple juice and cider reported separately and not as part of a juice blend. Six fluid ounces of apple juice weighs 186 g.

1.048 Fresh Bananas

Includes only fresh bananas reported separately. One medium banana weighs 114 g.

1.049 Fluid Milk

Includes all fluid, reconstituted dry, and reconstituted evaporated, cow's milk reported separately. Also includes milk not specified as to fat level. Excludes chocolate milk and other milk-flavored beverages.

1.050 Whole Milk

Includes all fluid, and reconstituted dry, whole (3-1/2 - 4 percent fat) cow's milk reported separately. One cup of whole milk weighs 244 g.

1.051 Lowfat Milk

Includes all fluid and reconstituted dry, 1-2% fat cow's milk reported separately. One cup of 1% or 2% fat milk weighs 245 g.

1.052 Skim Milk

Includes all fluid, and reconstituted dry, skim (less than .5 percent fat) cow's milk reported separately. One cup of skim milk weighs 245 g.

1.053 Cheese, Other Than Cream or Cottage

Includes all cheeses, other than cream or cottage regardless of fat content, reported separately or as part of a sandwich. Excludes cheese consumed as part of other mixture. One and a half ounces of cheese weighs 43 g.

1.054 Ice Cream and Ice Milk

Includes all flavors of hard and soft ice cream and ice milk reported separately. Excludes sherbet, frozen yogurt, and all novelties and cones. One-half cup of hard ice cream weighs 67 g and 1/2 cup of soft ice cream weighs 87 g.

1.055 Beef Steaks

Includes all beef steak reported separately. Excludes beef steaks reported as part of a sandwich. One ounce of cooked beef weighs 28 g.

1.056 Beef Roasts

Includes all roast beef reported separately. Excludes beef roasts reported as part of a sandwich. One ounce of cooked beef weighs 28 g.

1.057 Ground Beef

Includes all ground beef reported separately or as part of a sandwich or other main dish type mixture (weight of other ingredients not included). One cooked 3-ounce patty (1/4 pound raw) weighs 85 g.

1.058 Ham

Includes all cured ham and Canadian bacon, except luncheon meats, reported separately or as part of a sandwich or other main dish type mixture (weight of other ingredients not included). One ounce of cooked ham weighs 28 g.

1.059 Pork Chops, Steaks, Roasts

Includes all uncured pork chops, steaks, and roasts, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). Excludes ground pork and pork contained in sausages. One ounce of cooked pork roast weighs 28 g and 1 medium cooked pork chop (lean edible portion) weighs 67 g.

1.060 Bacon

Includes all bacon (except "Canadian bacon") whether made from pork or other meat, reported separately or as part of a sandwich (weight of other ingredients not included) or frozen meal (eg, as a side item or in a sandwich, not as part of a mixed dish). Excludes bacon in other types of mixed food. One thin strip of cooked bacon weighs 5 g.

1.061 Pork Breakfast Sausage

Includes all pork breakfast sausage, whether reported separately or as part of a frozen meal or sandwich (weight of other ingredients not included). One medium cooked sausage link weighs 13 g.

1.062 Frankfurters and Luncheon Meats

Includes all frankfurters and luncheon meats, whether reported separately or as part of a sandwich (weight of other ingredients not included). One medium cooked frankfurter weighs 45 g and one ounce of luncheon meat weighs 28 g.

1.063 Canned Tuna

Includes all canned tuna, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). One-half of a 6.5-ounce can, waterpack, drained, weighs 84 g.

1.064 Other Finfish

Includes all finfish, except canned, dried and raw, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). One ounce of cooked fish weighs 28 g.

1.065 Total Chicken and Turkey

Includes all chicken and turkey, except frankfurters and luncheon meats, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). One ounce of cooked chicken or turkey weighs 28 g.

1.066 Chicken

Includes all chicken, except frankfurters and luncheon meats, whether reported separately or as part of a sandwich (weight of other ingredients not included). One ounce of cooked chicken weighs 28 g. and the edible portion of one medium cooked drumstick weighs 49 g.

1.067 Turkey

Includes all turkey, except frankfurters and luncheon meats, whether reported separately or as part of a sandwich (weight of other ingredients not included). One ounce of cooked turkey weighs 28 g.

1.068 Boiled, Poached, and Baked Eggs

Includes all boiled and poached eggs, whether reported separately or as part of a sandwich or other mixed food in which the egg would be visible (that is, excludes eggs in breads, salad dressings, eggnog, custards, and puddings). Weight of other ingredients not included. One large boiled egg weighs 50 g.

1.069 Fried Eggs

Includes all fried eggs, whether reported separately or as part of a sandwich (weight of other ingredients not included). One large fried egg weighs 46 g.

1.070 Scrambled Eggs

Includes all eggs from scrambled eggs and omelets (weight of other ingredients not included). One large scrambled egg weighs 46 g.

1.071 Peanut Butter

Includes peanut butter reported separately or on a sandwich. One tablespoon of peanut butter weighs 16 g.

1.072 Coffee

Includes liquid coffees, whether regular or decaffeinated. Excludes coffee made with liqueurs, chicory and other cereal-based hot beverages, and presweetened instant coffees. Includes only the weight of the coffee (not any sweetener, cream, or milk). One 8-fluid-ounce cup of coffee weighs 240 g.

1.073 Coffee, With Caffeine

Includes all regular coffee and coffee not specified as to decaffeinated or regular. Excludes coffee made with liqueurs, and presweetened instant coffees. Includes only the weight of the coffee (not any sweetener, cream, or milk).

1.074 Coffee, Decaffeinated

Includes all decaffeinated coffee; excludes chicory and other cereal-based hot beverages. Excludes coffee made with liqueurs, and presweetened instant coffees. Includes only the weight of the coffee (not any sweetener, cream, or milk).

1.075 Tea

Includes all teas, whether made from green or black leaves or from herbs. Includes only the weight of the tea (not any sweetener, lemon juice, cream, or milk). One 8-fluid-ounce cup of tea weighs 240 g.

1.076 Soft Drinks

Includes all carbonated soft drinks, whether sweetened or not and whether caffeine-free or not. One 12-fluid-ounce can weighs 355-369 g.

1.077 Soft Drinks, Not Diet, With Caffeine

Includes all caffeine-containing, regularly sweetened carbonated soft drinks. In addition to colas, this includes Dr. Pepper and Mountain Dew. One 12-fluid-ounce can weighs 369 g.

1.078 Soft Drinks, Not Diet, Caffeine-Free

Includes all caffeine-free, regularly sweetened carbonated soft drinks. One 12-fluid-ounce can weighs 369 g.

1.079 Soft Drinks, Diet, With Caffeine

Includes all caffeine-containing, carbonated diet soft drinks. One 12-fluid-ounce can weighs 355 g.

1.080 Soft Drinks, Diet, Caffeine-Free

Includes all caffeine-free, carbonated diet soft drinks. One 12-fluid-ounce can weighs 355 g.

1.081 Fruit Drinks

Includes all non-carbonated fruit-flavored drinks. Excludes 100 percent fruit juice. Eight fluid ounces weigh 248 g.

1.082 Beer

Includes all alcohol-containing beer and ale reported separately. Excludes beer used in food preparation. One 12-fluid-ounce can of beer weighs 360 g.

1.083 Wine

Includes all wine, whether reported separately or as part of a wine beverage. Excludes wine used in food preparation. One 5-fluid-ounce glass of wine weighs 145 g.

1.084 Soups

Includes all soups reported separately; excludes fruit soups, soups reported as undiluted, and those consumed as an ingredient in another food, such as a casserole. One cup of beef broth or chunky chicken noodle soup weighs 240 g; one cup of cream of chicken soup weighs 248 g.

1.085 Potato Chips

Excludes potato sticks and chips used in casseroles. Ten medium potato chips, regular cut, weigh 20 g.

1.086 Corn Chips

Includes all cornmeal-based salty snacks. Includes corn tortilla chips, but excludes taco shells. One cup of corn chips weighs 26 g.

1.087 Popcorn

Includes all popcorn, except caramel coated. Weight of oil used in cooking and added butter included. One cup of popped, unbuttered popcorn weighs 14 g.

1.088 Prepared Mustard

Includes all prepared mustard, whether reported separately or as part of a sandwich, but not as part of other mixtures. One teaspoon of mustard weighs 5 g.

1.089 Tomato Catsup

Includes all tomato catsup, whether reported separately or as part of a sandwich, but not as part of other mixtures. One tablespoon of tomato catsup weighs 17 g.

1.090 Total Soy-Based Sauces

Includes all soy and worcestershire sauces reported separately or as an ingredient of another food. One teaspoon of soy sauce weighs 5 g.

1.091 Cucumber Pickles

Includes all pickles, whether reported separately or as part of a sandwich. One medium dill pickle weighs 65 g and four thin slices weigh 24 g.

1.092 Fluid Cream

Includes all fluid cream reported separately. Does not include whipped cream. One tablespoon of cream weighs 15 g.

1.093 Powdered Cream Substitute

Includes all powdered cream substitute reported separately. Does not include powdered dessert topping. One packet of powdered cream substitute weighs 3 g; one teaspoon weighs 2 g.

1.094 Margarine, All Types

Includes all margarines and margarine/butter blends reported separately. Excludes margarine consumed as an ingredient of another food. One teaspoon of margarine weighs 5 g.

1.095 Margarine, Stick

Includes all stick margarines, and margarines not specified as to type, reported separately. Excludes margarine consumed as ingredient of another food. One teaspoon of margarine weighs 5 g.

1.096 Margarine, Soft

Includes all soft margarines reported separately. Excludes soft margarine consumed as an ingredient of another food. One teaspoon of soft margarine weighs 5 g.

1.097 Margarine Spreads

Includes diet margarines and margarines that are only 40 percent fat by weight. Excludes margarine spreads consumed as an ingredient of another food and margarine/butter blends. One teaspoon of margarine spread weighs 5 g.

1.098 Butter

Includes only butter reported separately. Excludes butter consumed as an ingredient of another food, whipped butter and butter in margarine/butter blends. One teaspoon weighs 5 g.

1.099 Pourable Salad Dressing

Includes all pourable salad dressings reported separately or as part of a mixture such as a salad. One tablespoon of Italian dressing weighs 15 g.

1.100 Mayonnaise

Includes only regular mayonnaise reported separately or as part of a sandwich. One tablespoon of mayonnaise weighs 14 g.

1.101 Mayonnaise-Type Dressing

Includes mayonnaise-type salad dressing reported separately or as part of a sandwich. Excludes reduced fat-varieties. One tablespoon of mayonnaise-type dressing weighs 15 g.

1.102 Gravy

Includes gravy reported separately, on meat, or on a roast beef or turkey sandwich with gravy. Excludes gravies consumed as part of casseroles, milk gravy, and other sauces. One-fourth cup of gravy weighs 59 g.

1.103 Syrup

Includes maple, corn, cane, and fruit syrups, as well as buttered and corn and maple syrup blends reported separately. Excludes ice cream toppings and reduced-calorie syrups. One tablespoon of maple syrup weighs 20 g.

1.104 Sugar

Includes white, brown sugar, confectioner's, and raw sugar reported separately or in coffee or tea. One teaspoon of granulated white sugar weighs 4 g.

1.105 Candy Containing Chocolate

Includes plain milk chocolate, chocolate candy bars, and all chocolate-flavored or chocolate-covered candy reported separately. One ounce of candy weighs 28 g.

1.106 Candy Not Containing Chocolate

Includes all candy other than chocolate, such as hard candy, gumdrops, caramel, and licorice. One ounce of candy weighs 28 g.

1.107 Jelly, Jams, Preserves, and Marmalade

Includes all jelly, jams, preserves, and marmalade. One tablespoon of jelly weighs 19 g, and one tablespoon of jam weighs 20 g.

Description of Foods in Table Set 2: Quantities Consumed in A Day

2.001 Total Yeast Bread

Includes all foods included below in Total White Bread and Total Whole Grain and “Wheat” Bread. Does not include yeasted sweet rolls, doughnuts, or pizza crust. A slice of white or whole wheat bread weighs 26 g, and a slice of toast weighs 24 g.

2.002 Total White Bread

Includes all white yeast breads, rolls, English muffins, bagels, and flat bread, whether reported separately or as an ingredient in another food. A slice of white wheat bread weighs 26 g, and a slice of white toast weighs 24 g.

2.003 Total Whole Grain and “Wheat” Bread

Includes all whole wheat, cracked wheat, rye, so called “wheat,” pumpernickel, and other yeast breads containing some whole grain flours, whether reported separately or as an ingredient in another food. A slice of whole wheat bread weighs 26 g, and a slice of whole wheat toast weighs 24 g.

2.004 Biscuits

See description for table 1.004.

2.005 Tortillas

See description for table 1.005.

2.006 Quickbreads and Muffins

See description for table 1.006.

2.007 Doughnuts and Sweet Rolls

See description for table 1.007.

2.008 Crackers

See description for table 1.008.

2.009 Cookies

See description for table 1.009.

2.010 Cake

See description for table 1.010.

2.011 Pie

See description for table 1.011.

2.012 Pancakes and Waffles

See description for table 1.012.

2.013 Cooked Cereal

See description for table 1.013.

2.014 Oatmeal

See description for table 1.014.

2.015 Ready-to-Eat Cereal

See description for table 1.015.

2.016 Total Rice

Includes cooked white and brown rices, whether reported separately or as part of a food mixture such as a casserole or soup. Does not include wild rice or rice contained in cereals, candies and baked goods. One-half cup of cooked white rice weighs 103 g.

2.017 Total Pasta

Includes spaghetti, macaroni, and other pasta whether reported separately or as part of a food mixture (such as spaghetti with meat sauce or macaroni and cheese). One-half cup of cooked pasta weighs 140 g.

2.018 Pizza

See description for table 1.022.

2.019 Total Fresh Cucumbers

Includes fresh cucumbers, whether reported separately or as part of a food mixture such as a salad. Excludes pickles. One-half cup of cucumbers weighs 60 g.

2.020 Total Lettuce

Includes lettuce, whether reported separately or as part of a food mixture such as a salad or sandwich. One cup of lettuce weighs 55 g.

2.021 Total Celery

Includes raw and cooked celery, whether reported separately or as part of a food mixture such as salad or soup. One-half cup of raw diced celery weighs 60 g.

2.022 Total Broccoli

Includes raw and cooked broccoli, whether reported separately or as part of a food mixture such as a salad or casserole. One-half cup of cooked broccoli weighs 92 g.

2.023 Total Carrots

Includes raw and cooked carrots, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of raw carrots weighs 64 g, and one-half cup of cooked carrots weighs 73 g.

2.024 Total Tomatoes

Includes raw and cooked tomatoes and juices reported separately; as part of a food mixture such as a soup, salad or casserole; and as part of vegetable juices, tomato catsup, sauce, and salsa. One-half cup of raw tomatoes weighs 90 g.

2.025 Total Tomato Sauce

Includes tomato sauce from all sources. Does not include the weight of meat in sauce. One-half cup of sauce weighs 122 g.

2.026 Total String Beans

Includes all string beans, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of cooked string beans weighs 68 g.

2.027 Total Cabbage

Includes raw and cooked cabbage and sauerkraut, whether reported separately or as part of a food mixture such as coleslaw or soup. One-half cup of cooked cabbage weighs 75 g.

2.028 Total Peas

Includes all green peas, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of cooked green peas weighs 80 g.

2.029 Total Corn

Includes all corn, whether reported separately or as part of a food mixture. One-half cup of cooked whole kernel corn weighs 82 g.

2.030 Total Onions

Includes young and mature, raw and cooked onions, whether reported separately or as part of a food mixture such as a sandwich, salad, or soup. One-half cup of raw onions weighs 80 g, and one-half cup of cooked onions weighs 105 g.

2.031 Total Peppers

Includes raw and cooked hot and sweet peppers, whether reported separately or as part of a food mixture

such as a salad or soup. One-half cup of chopped raw peppers weighs 75 g.

2.032 Total White Potatoes

Includes cooked white potatoes, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of boiled potatoes weighs 78 g.

2.033 Total Dried Beans and Peas

Includes cooked dried beans and peas, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of cooked kidney beans without fat weighs 86 g; 1/2 cup cooked white beans with fat weighs 90 g.

2.034 Total Oranges

Includes all oranges and orange juice, whether reported separately or as part of a food mixture such as a salad or marmalade. One medium fresh orange weighs 131 g.

2.035 Total Orange Juice

Includes all fresh, canned and frozen orange juice, reported separately or as part of a food mixture. Six fluid ounces of orange juice weighs 187 g.

2.036 Total Grapefruit

Includes all grapefruit and grapefruit juice, whether reported separately or as part of a food mixture such as a salad. One-half of a medium fresh grapefruit weighs 128 g, and 6 fluid ounces of unsweetened grapefruit juice weighs 185 g.

2.037 Total Lemons

Includes all lemons and all fresh, bottled, and frozen lemon juice reported separately or as part of a food mixture. One fluid ounce of lemon juice weighs 31 g.

2.038 Total Lemon Juice

Includes all fresh, bottled and frozen lemon juice, reported separately or as part of a food mixture. One fluid ounce of lemon juice weighs 31 g.

2.039 Total Apples

Includes all apples, raw, cooked, and dried, and apple juices whether reported separately or as part of a food mixture such as a salad or pie. One medium raw apple weighs 138 g, and 1/2 cup of applesauce weighs 128 g.

2.040 Total Apple Juice

Includes all apple juice and cider reported separately or as part of a juice blend or other food mixture. Six fluid ounces of apple juice weighs 186 g.

2.041 Total Peaches

Includes all peaches, raw, cooked, dried, and in nectar, whether reported separately or as part of a food mixture such as a pie or preserves. One medium fresh peach weighs 98 g.

2.042 Total Bananas

Includes all bananas, raw and cooked, whether reported separately or as part of a food mixture such as a bread, pie, or fruit salad. One medium fresh banana weighs 114 g.

2.043 Total Strawberries

Includes all strawberries, whether reported separately or as part of a food mixture such as a salad, pie or preserves. One-half cup of sliced fresh strawberries weighs 83 g.

2.044 Total Grapes

Includes all grapes, raisins, and grape juice whether reported separately or as part of a food mixture such as

a salad or preserves. One-half cup of grapes weighs 80 g.

2.045 Total Milk

Includes all cow's milk reported separately or as an ingredient in another food, including all milk in ice creams, pudding, yogurt, creams, and processed foods except cheeses and margarine. Also includes reconstituted weight of dried and evaporated milk.

2.046 Total Cheese Other than Cream or Cottage

Includes all cheeses, other than cream or cottage, which are reported separately or as part of a sandwich or other mixed food. Excludes cream cheese or cottage cheese. One and a half ounces of cheese weighs 43 g.

2.047 Total Cottage Cheese

Includes all cottage cheese, whether reported separately or as an ingredient in a mixed food. One-half cup of cottage cheese weighs 105 g.

2.048 Ice Cream and Ice Milk

See description for table 1.054.

2.049 Total Beef

Includes all beef, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). Excludes veal, organ meats, frankfurters and luncheon meats. One ounce of cooked beef weighs 28 g.

2.050 Total Pork

Includes all pork, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). Excludes organ meats, frankfurters and luncheon meats, and sausages made

from a mixture of pork and some other meat. One ounce of cooked pork weighs 28 g.

2.051 Total Bacon

Includes all bacon (except "Canadian bacon"), whether reported separately or as part of a sandwich or other mixed food. One thin strip of cooked bacon weighs 5 g.

2.052 Pork Breakfast Sausage

See description for table 1.061.

2.053 Total Frankfurters and Luncheon Meats

Includes all frankfurters and luncheon meats, whether reported separately or as part of a sandwich or other food mixture (weight of other ingredients not included). One medium frankfurter weighs 45 g, and one ounce of luncheon meat weighs 28 g.

2.054 Total Finfish

Includes all finfish (fresh, frozen, canned, dried, and raw) whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). One ounce of cooked fish weighs 28 g.

2.055 Canned Tuna

See description for table 1.063.

2.056 Total Chicken and Turkey

See description for table 1.065.

2.057 Total Eggs

Includes all eggs, whether reported separately or as part of bread, mayonnaise, or other multi-ingredient food or mixture. One large boiled egg weighs 50 g.

2.058 Total Peanut Butter

Includes all peanut butter, whether reported separately or as part of a sandwich, cookie, or other mixed food. One tablespoon of peanut butter weighs 16 g.

2.059 Coffee

See description for table 1.072.

2.060 Coffee, With Caffeine

See description for table 1.073.

2.061 Coffee, Decaffeinated

See description for table 1.074.

2.062 Tea

See description for table 1.075.

2.063 Soft Drinks

See description for table 1.076.

2.064 Soft Drinks, Not Diet, With Caffeine

See description for table 1.077.

2.065 Soft Drinks, Not Diet, Caffeine-Free

See description for table 1.078.

2.066 Soft Drinks, Diet, With Caffeine

See description for table 1.079.

2.067 Soft Drinks, Diet, Caffeine-Free

See description for table 1.080.

2.068 Fruit Drinks

See description for table 1.081.

2.069 Beer

See description for table 1.082.

2.070 Total Wine

Includes all wine, whether reported separately or as part of a wine beverage. Also includes wine used in food preparation (the alcohol content of wines is reduced

when heated). One 5 fluid ounce glass of wine weighs 145 g.

2.071 Soups

See description for table 1.084.

2.072 Potato Chips

See description for table 1.085.

2.073 Corn Chips

See description for table 1.086.

2.074 Popcorn

See description for table 1.087.

2.075 Total Prepared Mustard

Includes prepared mustard from all sources. One teaspoon of mustard weighs 5 g.

2.076 Total Tomato Catsup

Includes tomato catsup from all sources. One tablespoon of tomato catsup weighs 17 g.

2.077 Total Soy-Based Sauces

See description for table 1.090.

2.078 Total Cucumber Pickles

Includes all cucumber pickles and relish whether reported separately or as part of sandwich, salad dressing, or other food. One medium pickle weighs 65 g. and four thin slices weigh 24 g.

2.079 Total Sour Cream

Includes all sour cream regardless of fat content whether reported separately or as an ingredient in another food. One tablespoon of sour cream weighs 14 g.

- 2.080 Total Fluid Cream**
Includes all fluid cream whether reported separately or as an ingredient in another food; also includes whipped cream. One tablespoon of cream weighs 15 g.
- 2.081 Powdered Cream Substitute**
See description for table 1.093.
- 2.082 Total Margarine**
Includes all margarine, whether reported separately or as an ingredient in another food. One teaspoon of margarine weighs 5 g.
- 2.083 Margarine, All Types, Reported Separately**
See description for table 1.094.
- 2.084 Total Butter**
Includes all butter, whether reported separately or as an ingredient in another food. Excludes anhydrous butter oil, butter replacements, and low calorie vegetable oil-butter spreads. One teaspoon weighs 5 g.
- 2.085 Total Vegetable Oil**
Includes all vegetable oils, whether reported separately or as an ingredient in another food. Excludes oils used in the production of margarines. One teaspoon of vegetable oil weighs 5 g.
- 2.086 Pourable Salad Dressing**
See description for table 1.099.
- 2.087 Total Mayonnaise and Mayonnaise-Type Dressing**
Includes all mayonnaise, mayonnaise-type dressing, and imitation mayonnaise whether reported separately or as part of a mixed food. One tablespoon of mayonnaise weighs 14 g.
- 2.088 Gravy**
See description for table 1.102.
- 2.089 Syrup**
See description for table 1.103.
- 2.090 Total Sugar**
Includes all white, brown, confectioner's and raw sugar, whether reported separately or as an ingredient in another food. One teaspoon of white sugar weighs 4 g.
- 2.091 Total Honey**
Includes all honey whether reported separately or as an ingredient in another food. One tablespoon of honey weighs 21 g.
- 2.092 Candy Containing Chocolate**
See description for table 1.105.
- 2.093 Candy Not Containing Chocolate**
See description for table 1.106.
- 2.094 Jelly, Jams, Preserves, and Marmalade**
See description for table 1.107.
- 2.095 Total Artificial Sweetener**
Includes all artificial sweetener, whether reported separately or contained in another food such as diet soda. One teaspoon of powdered sweetener weighs 3 g.

APPENDIX A. CSFII 1989-91 SAMPLE DESIGN AND WEIGHTING

Sample Design

The 1989-91 CSFII included two independent samples of housing units. In the "basic" or all-income sample, individuals in all households in the conterminous 48 States and Washington, DC, were eligible to be interviewed. In the low-income sample, eligibility was limited to individuals in households having gross income for the previous month at or below 130 percent of the Federal poverty thresholds. The two samples (basic and low income) were combined during the weighting process.

Both the basic and low-income samples were derived from the contractor's master sample, which was in existence before the award of the contract for the survey. This master sample is a stratified clustered sample of 240 census-defined areas designed to serve as the first stage for multistage national probability samples of households. The sampling frame was organized using estimates of the U.S. population in 1980. Adjustments were made at the time of the survey to reflect the current population. The stratification plan took into account geographic location, degree of urbanization, and socioeconomic considerations. Each successive sampling stage selected increasingly smaller, more specific locations.

The 48 States and Washington, DC, were grouped into the 9 census geographic divisions. Then all land areas within the divisions were divided into three urbanization classifications:

central city, suburban, and nonmetropolitan. Thus all cities and counties in the conterminous United States were classified into one of 27 superstrata. There was no geographic area in the 48 States that was not included in one of the superstrata.

The 27 superstrata were further divided into smaller geographic pieces. The stratification process resulted in a total of 60 strata--17 central city, 28 suburban, and 15 nonmetropolitan--which corresponded to the geographic distribution, urbanization, and density of the population within the conterminous United States as reported by the Bureau of the Census. The average size of these strata was approximately 4 million persons.

Counties, cities, and parts of cities within each stratum were grouped together into smaller, relatively homogeneous units called primary sampling units (PSU's) based on political, economic, and demographic characteristics and geographical proximity. The master sample was selected in four independent replications. Each replication consisted of the selection of one PSU from each of the 60 strata with probability proportional to the PSU's projected 1985 population. The CSFII sample required 120 PSU's, so two replicates of the master sample were used for the CSFII. The two PSU's were selected from each stratum with replacement; that is, the selection of a PSU did not preclude its selection as the second PSU. Seven of the PSU's were selected for both replicates, leaving 113 unique PSU selections for the CSFII. The selection of PSU's in independent replicates allows straightforward variance estimation. Since, by design, two independent PSU selections were made from each of the 60

strata, 60 nominal degrees of freedom (one from each stratum PSU pair) should have been available for variance estimation. However, only 119 PSU's were represented by respondents, reducing the nominal degrees of freedom to 59. (For further discussion of this topic see Kott (1994)).

Each selected PSU was divided geographically along census boundaries into smaller clusters known as area segments, containing a minimum of 75 housing units. These segments usually consisted of one or more city blocks in urban areas and part of a census enumeration district elsewhere. Each year, a total of 260 basic area segments and 500 low-income area segments were drawn into the sample. Selections were made using a systematic selection with a random start. Separate draws were made for each of the two samples (basic and low income) in each year. The possibility for overlap in area segments between the samples existed, but in practice, no area segments were selected for both samples.

To increase the probability of locating low-income households within each PSU, disproportionate sampling was applied to the low-income area segments. Each of the 500 segments was assigned to 1 of 3 poverty strata according to the proportions of the population in the segment having an income at or below 125 percent of the poverty thresholds. This poverty cutoff was the closest published figure to the 130-percent target sought for the CSFII. A higher sampling rate was used to select area segments in strata containing larger poverty populations.

The number of household interviews targeted for completion each year in the basic survey was 1,500, with approximately

375 to be taken in each of the 4 quarters of the year. The number of low-income household interviews targeted for completion in each year was 750, of which approximately 188 were to be completed each quarter. Because the targeted number of completed household interviews would be extremely low on a quarterly basis if all the segments were activated each quarter, half of the areas were fielded in each quarter. All the area segments were randomly assigned, on a systematic basis, to one of two subsets. One subset of area segments was assigned to quarters 1 and 3, and the other subset to quarters 2 and 4.

The basic and low-income area segments were prelisted to identify the existing housing units within the area boundaries at the time of each survey. The prelisted number of housing units in the area, together with census information, served as the basis for determining the number of housing units to be selected into the sample from that area. To complete the targeted 2,250 household interviews each year, a larger number of sample housing units had to be identified for contact to account for vacant housing units, eligibility requirements in the low-income survey, and nonresponse.

Once the total sample size was chosen for a quarter for the basic survey, the sample was allocated to the area segments in such a way that, within rounding error, all households in the area segments assigned to that quarter had the same total probability of selection. For the low-income survey, the sample for each quarter was allocated to segments in such a way that the designed differential area segment sampling rates were preserved.

For each segment, the sample housing units assigned to a given quarter were selected systematically with a random start. If additional household units were identified in the field at the time of the interviewer's visit, the housing units were brought into the sample using the half-open interval method. That is, any unlisted housing units occurring after a sample housing unit, but before the next listed unit, were added to the sample and identified for screening and, potentially, interview.

Eligible households were to be scheduled for contact in a manner designed to provide representativeness of intake data by day of the week. But fewer interviews were conducted on Sunday, so percentages of acceptable dietary forms collected were lower for Saturday (day-1 recall), Sunday (day-2 record), and Monday (day-3 record). The day of interview was included as a control variable in weighting the sample as described below.

The number of households participating in the CSFII 1989-91 was 6,718, and the number of individuals providing 3 days of usable dietary intake information was 11,912. This number excludes 64 breast-fed infants and children living in the participating households. As with any survey, not all households or individuals drawn into the sample participated. The overall analytic day-1 response rate in the CSFII 1989-91 for the combined sample was 58 percent; the 3-day rate was 45 percent.

Weighting

The CSFII weighting was done in two phases, the first by National Analysts and the second by statisticians at Iowa State University under a cooperative agreement with USDA. In the first phase, a fundamental sampling weight (that is, the inverse of the probability of selection) was computed for each responding household. This fundamental sampling weight was then adjusted to account for nonresponse at the area segment level. These first-phase computations were made separately for households in each of the two original samples (basic and low-income).

The second-phase computations used the weights produced in the first phase as the starting point of a reweighting process that combined the two original samples (basic and low income) into a single sample. Further adjustments for survey nonresponse were made by using regression techniques to calibrate the sample to match population characteristics known to be correlated with eating behavior (USDHHS and USDA 1989, Bryant et al. 1989, Davis 1982, Morgan 1986) and to equalize intakes over the 12 quarters of the 3-year period and the 7 days of the week. The result of the second-phase computations are final weights that allow the use of the combined (basic and low-income) sample.

Sixteen characteristics were used in the weight construction. Fourteen of these were demographic characteristics: geographic division; degree of urbanization; household income as a percentage of the Federal poverty thresholds; Food Stamp Program participation; home ownership; race, ethnicity, and

age of individual; employment status for the previous week (for children, employment status of the female head); household with a child age 6 or less; household with a child age 7 to 17; exactly one adult in household; exactly two adults in household; female-head age 40 or younger with no children age 17 or younger. In addition, the quarter (3-month period) of interview and the day of the week for which food intake was reported by the respondent were used as the 15th and 16th characteristics. The population totals for the characteristics, obtained from the March supplements to the 1989, 1990, and 1991 Current Population Survey, were used as controls in determining the weights.

The 16 characteristics were converted to variables that could be used in a regression analysis. Weights were constructed separately for each of three groups defined by sex and age: men age 20 and over, women age 20 and over, and persons less than 20 years old. In all, there were 54 control variables for men, 54 for women, and 53 for persons less than 20 years old. (The characteristic "female head less than 40 years old with no children age 17 or younger" was not used in constructing weights for persons under age 20.) A weight was constructed for each individual using a program discussed by Huang and Fuller (1978). Additional information on the procedures used to weight the data is available in the data documentation (1996) and in a paper by Fuller et al. (1993).

APPENDIX B: STATISTICAL NOTES

1. Sample size is the number of individuals in the sample for the particular sex-age category; sample weights were not applied.
2. Percentage of persons using each food is a weighted estimate of the percentage of persons in the population who used the food at least once in three days.
3. Eating occasions are delineated based on the *time* the eating occasion began rather than the *name* of the eating occasion. If more than one mention of a food was made for an eating occasion (such as milk as a beverage and milk on cereal), the amounts were summed and the total was the amount consumed for that eating occasion.

4. Mean quantity consumed per eating occasion =

$$\frac{\sum \left(\frac{\text{total quantity consumed by } i\text{th individual}}{\# \text{ eating occasions on which food eaten by } i\text{th individual}} \right)}{\text{number of individuals using food}}$$

5. Percentiles of quantities consumed per eating occasion were based on an array of mean quantities consumed per eating occasion for each user of the food.
6. Mean quantities consumed in a day =

$$\frac{\sum (\text{value on a single day for } i\text{th individual})}{\text{Number of individuals using food}}$$

where value on a single day = total quantity consumed on that day if consumed on only one day, or total quantity consumed on a randomly selected consumption day if consumed on more than one day

7. Percentiles of quantities consumed in a day were based on an array of quantities consumed on a single day for each user of the food.

APPENDIX C. MEAN QUANTITIES CONSUMED PER PERSON PER DAY

The tables in this appendix provide estimates of mean quantities of foods consumed per person per day for all individuals, that is, consumers and non-consumers, over all days. These means reflect both the amount and frequency of consumption and represent the population's usual daily intake of the tabulated foods during the 3-year period, 1989-91.

Zeroes in table represent true zeroes; values which are greater than zero but which round to 0 or 0.0 are noted with a pound sign (#).

Mean quantities consumed per person per day =

$$\frac{\sum(\text{values for all three days for } i\text{th individual})/3}{\text{Number of individuals}}$$

Appendix Table C. Mean quantities consumed per person per day

Food (corresponding table)	Age (years) and sex										
	All	2-5	6-11	12-19		20-39		40-59		60 and older	
	individuals age 2 and older	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
Grain-based products	-----g----->										
White Bread (1.001)	22	20	24	28	21	28	19	25	17	26	19
Whole Grain and "Wheat" Bread (1.002)	12	7	9	8	7	14	10	16	12	21	18
Rolls (1.003)	15	9	15	27	18	23	13	18	11	10	7
Biscuits (1.004; 2.004)	3	1	3	3	3	4	3	5	3	6	3
Tortillas (1.005; 2.005)	5	3	4	6	5	9	4	5	3	2	1
Quickbreads and Muffins (1.006; 2.006)	6	4	4	5	5	4	6	6	6	8	8
Doughnuts and Sweet Rolls (1.007; 2.007)	5	3	4	7	5	6	4	6	4	5	3
Crackers (1.008; 2.008)	2	2	2	1	1	2	2	3	2	3	3
Cookies (1.009; 2.009)	7	9	10	8	6	7	6	6	5	7	6
Cake (1.010; 2.010)	7	4	8	11	6	7	7	8	7	9	6
Pie (1.011; 2.011)	7	2	5	7	4	6	5	10	6	12	10
Pancakes and Waffles (1.012; 2.012)	5	6	6	11	4	7	3	5	2	6	3
Cooked Cereal (1.013; 2.013)	20	25	24	11	11	14	9	20	15	46	37
Oatmeal (1.014; 2.014)	12	16	13	7	5	8	5	13	8	30	25
Ready-to-Eat Cereal (1.015; 2.015)	14	17	21	23	16	14	11	12	10	18	13
Corn Flakes (1.016)	2	3	5	3	3	2	1	2	1	3	2
Toasted Oat Rings (1.017)	1	4	2	3	2	1	1	1	1	1	1
Rice (1.018)	25	18	20	23	25	38	26	29	22	23	16
Pasta (1.019)	27	26	25	31	27	38	29	29	19	19	15
Macaroni and Cheese (1.020)	13	17	12	19	17	18	13	10	8	8	8
Spaghetti with Tomato Sauce (1.021)	13	17	20	20	20	14	10	15	9	7	7
Pizza (1.022; 2.018)	19	10	23	37	22	36	17	18	9	6	3
Total Yeast Bread (2.001)	59	41	54	76	54	76	51	69	49	65	50
Total White Bread (2.002)	45	33	45	68	46	61	40	51	35	42	31
Total Whole Grain and "Wheat" Bread (2.003)	14	8	9	8	8	15	12	18	14	23	19
Total Rice (2.016)	26	18	20	23	25	38	26	29	22	23	17
Total Pasta (2.017)	31	29	30	33	31	44	33	33	23	23	18

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix Table C. Mean quantities consumed per person per day--continued

Food (corresponding table)	Age (years) and sex										
	All individuals age 2 and older	2-5		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
	-----g----->										
Vegetables and vegetable juices											
Fresh Cucumbers (1.023)	2	#	1	1	3	2	2	2	3	3	3
Total Lettuce (1.024)	14	3	8	12	11	17	15	19	17	15	13
Mixed Lettuce-Based Salad (1.025)	6	1	4	6	4	6	6	10	7	7	7
Cooked Broccoli (1.026)	5	4	4	3	4	5	5	6	7	6	7
Cooked Carrots (1.027)	3	2	2	3	2	3	3	5	4	7	6
Raw Carrots (1.028)	2	1	2	2	2	2	2	2	4	1	2
Raw Tomatoes (1.029)	10	2	5	7	8	10	9	13	14	16	15
Total Tomato Sauce (1.030; 2.025)	13	9	11	19	13	20	13	17	9	7	5
Cooked String Beans (1.031)	7	5	6	6	6	7	6	8	8	11	10
Coleslaw (1.032)	3	1	1	1	1	2	2	4	5	5	5
Cooked Peas (1.033)	4	3	3	3	3	5	3	6	4	7	5
Cooked Corn (1.034)	10	9	12	13	8	12	10	11	9	13	8
Raw Onions (1.035)	1	#	#	1	1	1	1	2	2	2	1
French-Fried Potatoes (1.036)	9	9	11	17	15	14	8	9	5	4	2
Home-Fried and Hash-Browned Potatoes (1.037)	7	4	9	13	7	9	5	10	6	7	3
Baked Potatoes (1.038)	10	3	5	9	8	11	8	15	13	15	13
Boiled Potatoes (1.039)	6	2	3	6	5	5	4	8	7	13	8
Mashed Potatoes (1.040)	16	9	14	27	14	21	12	19	13	19	14
Cooked Dried Beans and Peas (1.041)	6	3	4	5	4	9	4	8	4	11	7
Baked Beans (1.042)	6	3	4	9	5	6	5	13	5	7	4
Total Fresh Cucumbers (2.019)	2	#	1	1	3	2	3	3	3	3	3
Total Lettuce (2.020)	14	3	7	12	11	16	15	19	16	14	13
Total Celery (2.021)	4	2	2	2	3	4	4	5	4	5	4
Total Broccoli (2.022)	6	5	4	3	4	6	6	7	8	7	9
Total Carrots (2.023)	10	5	7	8	6	10	9	12	12	14	14
Total Tomatoes (2.024)	46	25	38	51	45	62	43	57	42	45	37

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix Table C. Mean quantities consumed per person per day--continued

Food (corresponding table)	All individuals age 2 and older	Age (years) and sex									
		2-5 Males and females	6-11 Males and females	12-19		20-39		40-59		60 and older	
				Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
-----g-----											
Vegetables and vegetable juices continued											
Total String Beans (2.026)	8	6	7	6	7	8	7	9	8	12	11
Total Cabbage (2.027)	5	2	2	4	4	4	4	6	7	9	8
Total Peas (2.028)	6	4	5	5	5	7	5	8	6	9	8
Total Corn (2.029)	12	10	13	14	9	13	11	12	10	15	10
Total Onions (2.030)	10	5	7	10	9	14	10	13	10	12	8
Total Peppers (2.031)	3	1	1	2	1	4	2	3	3	3	2
Total White Potatoes (2.032)	53	29	44	73	51	67	42	67	48	64	45
Total Dried Beans and Peas (2.033)	14	6	10	16	9	20	12	21	11	21	13
Fruits and fruit juices											
Fresh Oranges (1.043)	5	5	6	4	5	3	5	5	5	6	7
Orange Juice (1.044)	49	49	49	65	53	55	46	36	37	55	52
Raw Apples (1.045)	14	13	20	10	11	12	13	19	15	13	14
Applesauce and Cooked Apples (1.046)	5	9	10	5	2	3	3	5	3	6	6
Apple Juice (1.047)	11	37	23	10	11	7	9	4	5	10	7
Fresh Bananas (1.048)	12	11	10	10	8	8	9	12	13	23	21
Total Oranges (2.034)	57	61	59	74	64	62	56	43	44	64	62
Total Orange Juice (2.035)	53	57	54	72	59	60	52	39	40	59	55
Total Grapefruit (2.036)	9	1	2	6	6	8	6	11	9	26	14
Total Lemons (2.037)	1	#	2	1	2	1	2	1	1	1	1
Total Lemon Juice (2.038)	1	#	2	1	2	1	2	1	1	1	1
Total Apples (2.039)	32	62	55	27	24	24	28	30	25	33	30
Total Apple Juice (2.040)	12	40	24	11	11	7	11	5	6	11	8
Total Peaches (2.041)	5	3	6	4	3	2	3	5	5	9	8
Total Bananas (2.042)	13	12	10	11	9	9	10	13	14	25	23
Total Strawberries (2.043)	3	2	2	2	2	1	3	3	4	4	4
Total Grapes (2.044)	9	16	12	7	7	8	9	7	8	10	9

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix Table C. Mean quantities consumed per person per day--continued

Food (corresponding table)	Age (years) and sex												
	All individuals age 2 and older	2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
-----g----->													
Milk and milk products													
Fluid Milk (1.049)	217	353	363	368	243	218	154	159	140	196	165		
Whole Milk (1.050)	82	171	169	144	122	77	47	56	36	55	48		
Lowfat Milk (1.051)	102	156	167	191	94	107	76	71	60	91	82		
Skim Milk (1.052)	29	17	16	22	18	28	29	29	42	45	33		
Cheese, Other Than Cottage or Cream (1.053)	11	8	9	13	12	16	11	13	9	7	6		
Ice Cream and Ice Milk (1.054; 2.048)	12	10	14	18	13	13	10	13	8	17	11		
Total Milk (2.045)	310	432	466	503	340	316	236	261	221	292	244		
Total Cheese, Not Cottage or Cream (2.046)	18	14	17	24	21	28	18	20	13	10	9		
Total Cottage Cheese (2.047)	3	1	1	1	1	2	3	3	4	5	6		
Meat, fish poultry, eggs, and peanut butter													
Beef Steaks (1.055)	10	3	5	12	7	15	9	16	10	11	8		
Beef Roasts (1.056)	5	1	2	5	3	7	4	7	5	9	5		
Ground Beef (1.057)	24	14	22	37	25	37	21	28	18	19	12		
Ham (1.058)	4	2	3	3	4	6	4	7	3	6	4		
Pork Chops, Steaks, Roasts (1.059)	7	3	5	8	6	9	6	10	6	7	5		
Bacon (1.060)	2	1	1	2	1	2	1	2	2	3	1		
Pork Breakfast Sausage (1.061; 2.052)	2	1	2	3	2	2	1	2	1	3	1		
Frankfurters and Luncheon Meats (1.062)	15	13	16	20	13	20	11	22	12	16	10		
Canned Tuna (1.063; 2.055)	4	3	3	3	3	5	5	5	5	4	3		
Other Finfish (1.064)	8	4	6	7	5	8	7	11	8	11	11		
Total Chicken and Turkey (1.065; 2.056)	31	18	24	30	26	40	30	39	30	33	29		
Chicken (1.066)	20	13	16	20	18	27	19	26	20	20	16		
Turkey (1.067)	4	2	3	5	3	5	4	6	4	5	6		
Boiled, Poached, and Baked Eggs (1.068)	3	2	2	3	2	4	3	5	3	5	4		
Fried Eggs (1.069)	5	2	3	4	3	8	4	7	4	9	3		
Scrambled Eggs (1.070)	6	6	6	6	5	7	5	7	5	6	3		

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix Table C. Mean quantities consumed per person per day--continued

Food (corresponding table)	All individuals age 2 and older	Age (years) and sex									
		2-5 Males and females	6-11 Males and females	12-19		20-39		40-59		60 and older	
				Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
←-----g-----→											
Meat, fish poultry, eggs, and peanut butter continued											
Peanut Butter (1.071)	2	4	4	4	2	2	1	2	1	2	1
Total Beef (2.049)	48	26	37	63	43	74	42	61	40	49	32
Total Pork (2.050)	18	8	14	21	17	24	15	25	14	21	13
Total Bacon (2.051)	2	1	1	2	1	2	1	3	2	3	2
Total Frankfurters and Luncheon Meats (2.053)	16	13	17	21	14	22	12	23	12	16	10
Total Finfish (2.054)	13	6	10	10	8	14	12	17	14	16	15
Total Eggs (2.057)	20	15	17	22	15	26	17	26	17	26	15
Total Peanut Butter (2.058)	2	4	4	4	2	3	2	2	1	2	1
Other beverages											
Coffee (1.072; 2.059)	253	#	2	15	23	265	224	505	423	456	343
Coffee, With Caffeine (1.073; 2.060)	215	#	2	13	23	248	199	429	362	354	257
Coffee, Decaffeinated (1.074; 2.061)	41	#	#	2	1	22	26	78	67	109	96
Tea (1.075; 2.062)	114	20	33	90	85	134	123	158	154	121	139
Soft Drinks (1.076; 2.063)	244	86	143	389	312	392	302	266	214	106	94
Soft Drinks, Not Diet, With Caffeine (1.077; 2.064)	139	48	91	261	210	263	149	145	89	44	35
Soft Drinks, Not Diet, Caffeine-Free (1.078; 2.065)	38	30	37	92	47	48	44	30	25	20	19
Soft Drinks, Diet, With Caffeine (1.079; 2.066)	47	6	9	18	42	59	83	63	67	20	21
Soft Drinks, Diet, Caffeine-Free (1.080; 2.067)	21	3	6	19	13	21	26	28	33	22	19
Fruit Drinks (1.081; 2.068)	53	78	95	87	73	59	49	31	25	33	30
Beer (1.082; 2.069)	51	0	0	3	14	155	30	125	25	41	4
Wine (1.083)	6	#	#	#	#	7	8	13	11	8	5
Total Wine (2.070)	6	#	#	#	#	7	8	14	11	9	6
Soups											
Soups (1.084; 2.071)	45	27	36	32	29	44	38	53	44	76	67

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix Table C. Mean quantities consumed per person per day--continued

Food (corresponding table)	All individuals age 2 and older	Age (years) and sex									
		2-5 Males and females	6-11 Males and females	12-19		20-39		40-59		60 and older	
				Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
-----g----->											
Chips and popcorn											
Potato Chips (1.085; 2.072)	4	3	4	6	5	6	3	4	2	1	1
Corn Chips (1.086; 2.073)	2	1	3	5	5	4	2	2	2	1	#
Popcorn (1.087; 2.074)	2	1	1	2	2	2	2	3	2	1	1
Condiments, gravies and fats											
Prepared Mustard (1.088)	1	#	1	1	1	1	1	1	1	1	#
Tomato Catsup (1.089)	2	3	3	4	3	3	2	2	1	1	#
Total Soy-Based Sauces (1.090; 2.077)	1	#	#	#	1	1	1	1	1	#	#
Cucumber Pickles (1.091)	2	1	2	3	3	3	2	4	2	2	2
Fluid Cream (1.092)	1	#	#	#	#	2	1	2	1	3	2
Powdered Cream Substitute (1.093; 2.081)	#	#	#	#	#	#	#	#	#	#	#
Margarine, All Types (1.094; 2.082)	4	2	3	5	2	4	3	5	4	6	5
Margarine, Stick (1.095; 2.083)	2	1	1	2	1	2	2	3	2	3	3
Margarine, Soft (1.096)	1	1	1	2	1	1	1	2	1	2	1
Margarine Spreads (1.097)	1	#	#	1	1	1	1	1	1	1	1
Butter (1.098)	2	1	1	1	1	2	1	2	1	2	2
Pourable Salad Dressing (1.099; 2.086)	5	1	3	4	4	6	5	8	7	6	5
Mayonnaise (1.100)	2	1	1	2	2	3	2	3	2	1	1
Mayonnaise-Type Dressing (1.101)	1	#	1	1	1	1	1	1	1	1	#
Gravy (1.102; 2.088)	4	2	2	4	3	5	3	5	2	5	3
Total Prepared Mustard (2.075)	1	#	1	1	1	1	1	1	1	1	#
Total Tomato Catsup (2.076)	2	3	3	4	3	4	2	2	1	1	1
Total Cucumber Pickles (2.078)	3	1	2	3	3	4	2	4	3	3	2
Total Sour Cream (2.079)	1	#	1	1	1	2	1	1	1	1	1
Total Fluid Cream (2.080)	5	3	4	5	4	7	5	6	5	7	5
Total Margarine (2.082)	8	5	6	10	6	9	7	10	7	11	8

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix Table C. Mean quantities consumed per person per day--continued

Food (corresponding table)	All individuals age 2 and older	Age (years) and sex									
		2-5 Males and females	6-11 Males and females	12-19		20-39		40-59		60 and older	
				Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	11,488	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
<-----g----->											
Condiments, gravies and fats continued											
Total Butter (2.084)	2	1	2	2	2	2	2	3	2	3	2
Total Vegetable Oil (2.085)	10	5	8	13	10	14	10	14	10	9	8
Total Mayonnaise/Mayonnaise-Type Dressing (2.087)	5	2	3	5	4	6	4	6	5	5	4
Sugars, candies and jellies											
Syrup (1.103; 2.089)	3	3	4	9	4	3	2	3	1	3	2
Sugar (1.104)	6	2	4	6	5	8	6	8	5	7	4
Candy Containing Chocolate (1.105; 2.092)	3	2	3	5	3	3	3	2	3	2	2
Candy Not Containing Chocolate (1.106; 2.093)	1	3	3	2	2	1	1	1	1	1	1
Jelly, Jams, Preserves, and Marmalade (1.107; 2.094)	2	3	3	2	1	2	1	2	1	3	2
Total Sugar (2.090)	35	31	44	57	38	40	33	35	26	32	26
Total Honey (2.091)	1	#	#	1	#	1	#	1	1	1	1
Total Artificial Sweetener (2.095)	#	#	#	#	#	#	#	#	#	#	#

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

APPENDIX D. MINIMUM AND MAXIMUM VALUES OF FOODS REPORTED BY SUBGROUPS FOR WHICH PERCENTILES COULD NOT BE INTERPOLATED

The tables in this appendix provide minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude. Values are provided only for those foods and subgroups for which percentiles could not be interpolated, corresponding to tables in both table sets 1 and 2.

Zeroes in table represent true zeroes; values which are greater than zero but which round to 0 or 0.0 are noted with a pound sign (#).

Appendix D. Minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude

Food (corresponding table)	Age (years) and sex											
	2-5		6-11		12-19		20-39		40-59		60 and older	
	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
<-----g----->												
Quantities consumed per eating occasion												
Biscuits (1.004)	minimum	10									14	
	maximum	95									252	
Tortillas (1.005)	minimum			11							12	
	maximum			246							156	
Pie (1.011)	minimum	32	25									
	maximum	189	360									
Pancakes and Waffles (1.012)	minimum			21								
	maximum			360								
Oatmeal (1.014)	minimum								29			
	maximum								468			
Toasted Oat Rings (1.017)	minimum							7				
	maximum							112				
Spaghetti with Tomato Sauce (1.021)	minimum									124	28	
	maximum									744	992	
Fresh Cucumbers (1.023)	minimum	7			7							
	maximum	158			201							
Mixed Lettuce-Based Salad (1.025)	minimum	9										
	maximum	73										

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix D. Minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude--continued

Food (corresponding table)	Age (years) and sex											
	2-5		6-11		12-19		20-39		40-59		60 and older	
	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
-----g----->												
Cooked Broccoli (1.026)	minimum .. 10	10	20									
	maximum 368	368	312									
Cooked Carrots (1.027)	minimum ... 3	4	6									
	maximum 146	228	456									
Raw Tomatoes (1.029)	minimum ... 3											
	maximum 246											
Coleslaw (1.032)	minimum .. 12	4			12							
	maximum 276	552			276							
Raw Onions.(1.035)	minimum ... 3											
	maximum . 40											
Home-Fried and Hash-Browned Potatoes (1.037)	minimum	6	24									
	maximum	388	388									
Mashed Potatoes (1.040)	minimum	13										
	maximum	630										
Baked Beans (1.042)	minimum	16										
	maximum	506										
Fresh Oranges (1.043)	minimum .. 33	9		9		48						
	maximum 368	262		262		262						

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix D. Minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude--continued

Food (corresponding table)	Age (years) and sex											
	2-5		6-11		12-19		20-39		40-59		60 and older	
	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
<-----g----->												
Raw Apples (1.045)	minimum		4									
	maximum		276									
Applesauce and Cooked Apples (1.046)	minimum				16	5						
	maximum				765	510						
Apple Juice (1.047)	minimum									62		
	maximum									744		
Beef Roasts (1.056)	minimum	5			9							
	maximum	142			280							
Ham (1.058)	minimum				2							
	maximum				216							
Pork Breakfast Sausage (1.061)	minimum			13								
	maximum			191								
Turkey (1.067)	minimum			14								
	maximum			286								
Boiled, Poached, and Baked Eggs (1.068)	minimum			3								
	maximum			322								
Scrambled Eggs (1.070)	minimum			18	4							
	maximum			274	259							

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix D. Minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude--continued

Food (corresponding table)	Age (years) and sex											
	2-5		6-11		12-19		20-39		40-59		60 and older	
	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
-----g----->												
Coffee (1.072)	minimum 5											
	maximum . . 480											
Coffee, With Caffeine (1.073)	minimum 5			120								
	maximum . . 360			600								
Coffee, Decaffeinated (1.074)	minimum . . 480	240	160	240								
	maximum . . 480	300	320	360								
Tea (1.075)	minimum		44									
	maximum		2868									
Soft Drinks, Diet, With Caffeine (1.079)	minimum . . . 96											
	maximum . . 360											
Soft Drinks, Diet, Caffeine-Free (1.080)	minimum . . . 60	60	120	120								
	maximum . . 360	474	566	720								
Beer (1.082)	minimum		360					180			120	
	maximum		1860					2160			1440	
Wine (1.083)	minimum 7	4	23	3		5				2		
	maximum . . . 29	7	232	29		894				464		
Total Soy-Based Sauces (1.090)	minimum	#										
	maximum	30										

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix D. Minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude--continued

Food (corresponding table)	Age (years) and sex											
	2-5		6-11		12-19		20-39		40-59		60 and older	
	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
-----g----->												
Fluid Cream (1.092)	minimum . . . 15	15	3	4			5		3			
	maximum . . . 23	61	61	60			67		161			
Powdered Cream Substitute (1.093)	minimum . . . 2	3	2	2								
	maximum . . . 4	3	4	2								
Margarine, Soft (1.096)	minimum . . . 1											
	maximum . . . 28											
Margarine Spreads (1.097)	minimum . . . 1	1										
	maximum . . . 58	29										
Mayonnaise-Type Dressing (1.101)	minimum . . . 2									1		
	maximum . . . 29									44		
Candy Containing Chocolate (1.105)	minimum . . . 3						2					
	maximum . . . 104						454					
Candy Not Containing Chocolate (1.106)	minimum									6		
	maximum									112		
Jelly, Jams, Preserves, and Marmalade (1.107)	minimum		6									
	maximum		91									
Quantities consumed in a day												
Biscuits (2.004)	minimum . . . 10									14		
	maximum . . . 95									315		

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix D. Minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude--continued

Food (corresponding table)	Age (years) and sex									
	<u>2-5</u>	<u>6-11</u>	<u>12-19</u>		<u>20-39</u>		<u>40-59</u>		<u>60 and older</u>	
	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
-----g----->										
Tortillas (2.005)	minimum		11						12	
	maximum		271						312	
Pie (2.011)	minimum	32	25							
	maximum	189	408							
Pancakes and Waffles (2.012)	minimum		21							
	maximum		330							
Oatmeal (2.014)	minimum								29	
	maximum								468	
Total Fresh Cucumbers (2.019)	minimum				1					
	maximum				280					
Total Strawberries (2.043)	minimum		#	#				#		
	maximum		218	418				380		
Total Cottage Cheese (2.047)	minimum				14					
	maximum				763					
Pork Breakfast Sausage (2.052)	minimum		13							
	maximum		191							
Coffee (2.059)	minimum	5								
	maximum	720								

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix D. Minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude--continued

Food (corresponding table)	Age (years) and sex											
	2-5		6-11		12-19		20-39		40-59		60 and older	
	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453		
←-----g----->												
Coffee, With Caffeine (2.060)	minimum	5		120								
	maximum	720		1080								
Coffee, Decaffeinated (2.061)	minimum	480	480	120	240	240						
	maximum	480	480	480	720	2400						
Tea (2.062)	minimum			44								
	maximum			2868								
Soft Drinks, Diet, Caffeine-Free (2.067)	minimum	60		120								
	maximum	720		1440								
Beer (2.069)	minimum			360				180		120		
	maximum			1920				2880		1440		
Total Wine (2.070)	minimum			1								
	maximum			232								
Potato Chips (2.072)	minimum			9								
	maximum			227								
Total Soy-Based Sauces (2.077)	minimum		#									
	maximum		30									
Total Sour Cream (2.079)	minimum					#						
	maximum					113						

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

Appendix D. Minimum and maximum values of foods reported by subgroups for which percentiles could not be interpolated because too many reports were of exactly the same magnitude--continued

Food (corresponding table)	Age (years) and sex									
	2-5	6-11	12-19		20-39		40-59		60 and older	
	Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	845	1,172	618	672	1,503	2,042	991	1,305	887	1,453
-----g----->										
Powdered Cream Substitute (2.081)	minimum	2	3	2	2					
	maximum	4	3	4	2					
Syrup (2.089)	minimum							3		
	maximum							315		
Candy Containing Chocolate (2.092)	minimum							2		
	maximum							454		
Candy Not Containing Chocolate (2.093)	minimum									5
	maximum									112

Source: USDA Continuing Survey of Food Intakes by Individuals, 1989-91, 3 days.

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