

Foods Commonly Eaten in the United States

Quantities Consumed Per Eating Occasion and in a Day, 1994-96

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ABSTRACT

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This report contains estimates of food intakes by individuals residing in households in the entire United States. The estimates were based on information obtained from 14,262 non-breast fed individuals ages 2 and above who provided 2 days of dietary intake information in the 1994-96 Continuing Survey of Food Intakes by Individuals (CSFII 1994-96), conducted by the U.S. Department of Agriculture. Food intake data were collected by in-person interviews from 1994 through 1996.

This report includes 2 sets of tables with food intake estimates tabulated by sex and age. Table Set 1 provides estimates for the percentage of persons who consumed 111 foods and food groups and the quantities consumed per eating occasion. Table Set 2 provides estimates for the quantities of 96 foods and food groups eaten per individual in a day.

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Introduction

The purpose of this report is to provide estimates of quantities consumed by users of specified foods during an eating occasion and during a day. Unlike traditional published mean intakes (see appendix C), the data in these tables are based on users of the specified food only rather than on all individuals in the survey - both users and nonusers of the food. Estimates provided are (1) means and percentiles of quantities consumed during an eating occasion and (2) means and percentiles of quantities consumed during a day.

Data such as these are important for many purposes, including development of food guidance programs and education materials, assessments related to food marketing and labeling, food safety exposure assessments, risk assessments, and development of dietary assessment tools. For example, mean and median intakes, as well as distributions of intakes, can be useful in reassessing appropriate serving sizes for dietary guidance. Quantities consumed at the upper percentiles may facilitate risk assessment related to dietary contaminants from particular foods, while distributions of intake may be more useful for microbial risk assessment.

The data are provided in two sets of tables. Set 1 (tables 1.001 to 1.111) provides estimated amounts of foods consumed by users at a single time, while Set 2 (tables 2.001 to 2.096) provides estimated amounts of foods consumed by users on a single day. For both sets of

tables, food intake estimates are tabulated for individuals by sex and age.

The report is a result of a collaborative effort by The Pennsylvania State University and the Agricultural Research Service. It is based on data from 14,262 individuals ages 2 and over collected in the 1994-96 Continuing Survey of Food Intakes by Individuals (CSFII), conducted by the U.S. Department of Agriculture (USDA 1998). The survey provides estimates of food intakes by individuals residing in households in a nationally representative sample of the United States.

This report is the latest in a series of reports on the same subject (Pao and Burk 1975, Pao et al. 1982, Krebs-Smith et al. 1997). The first of these provided data on the amounts consumed in a day and per eating occasion, as well as the frequency of consumption, of 49 foods or groups of foods, based on a survey conducted in 1965. The second provided similar data on the frequency and quantities of 200 foods eaten over a 3-day period, based on a survey conducted in 1977-78. Both of these reports were limited in the ability to quantify individual foods consumed as ingredients of mixed foods. The third report (Krebs-Smith et al. 1997) provided data based on a survey conducted in 1989-91. That report benefited from two important methodological advances. First, the mixed foods reported in the survey were disaggregated via recipe files so that the components of these foods could be placed with similar foods whenever preferable. Second, there were advances in the statistical analysis methods and software, which account for the complex

sample and non-response adjustments. These advances resulted in better estimates of population parameters and their variances.

This report provides reasonable comparability to the 1989-91 report despite some methodological differences. These differences include a different distribution of sample persons by sex-age categories, specifically young children and the elderly. Other differences are mainly due to improvements in dietary data collection procedures and to modifications and updates to the food databases. Also, this report is based on 2 days of dietary data whereas the previous report was based on 3 days. Although there were no significant changes in the tables or foods included in each table, 4 new tables were added in Set 1 and 1 new table was added in Set 2 to capture the consumption of milk consumed with cereal.

METHODS

Data Collection and Processing

Data Collection. Data were collected from January 1994 to January 1997 by Westat, Inc., Rockville, MD under contract with the USDA. Two 24-hour dietary recalls separated by 3 or more days were completed by 95 percent of the participating sample persons. Details of the design of the CSFII 1994-96 sample and data collection protocols are described elsewhere (Tippett and Cypel, eds. 1998).

Food Coding and Editing. Food survey intake data processing was facilitated by Survey Net, a computer-assisted food coding and data management system tailored specifically to the questions, quality control needs, and data processing needs of the CSFII 1994-96. It contains three central databases:

1. a food coding database containing food descriptions and food measures with corresponding gram weights,
2. a predefined recipe data base
3. the Survey Nutrient Database (not used in analyses of this report)

In preparation for the CSFII 1994-96, the food coding database used for CSFII 1989-91 was expanded and updated to capture important food processing and nutritional information that was to be collected during the food intake interviews. Some expanded food groups were vegetables; infant formulas; baby foods; margarines, spreads, and butters; fast-food sandwiches; and home-prepared soups. Ethnic foods and new foods reported during the course of the survey or during NHANES III were added to all food groups. Another change in the food database that impacts this report was the expansion of the list of food measures and their corresponding weights in grams. These included cubic inch weights of meats, fluid weights of beverages, and dimensions for raw fruits and vegetables.

Food codes in the database of Survey Net were chosen to match the descriptions of the foods eaten by the

sample persons. Once a matching food description was found and selected, Survey Net provided a list of common household measures appropriate for that food. Food descriptions and quantities not present in the food coding database were resolved by ARS.

Survey Net automatically performed gram weight checks of food quantities entered against maximum and minimum values established by ARS for each food. This weight check allowed coders to correct entry errors immediately. Coders recorded any questions regarding their food and quantity selections in a notepad within Survey Net, which coding supervisors then reviewed and answered.

Combination codes. Greater flexibility and specificity in food coding was possible through the use of combination codes. Combinations were often instances of one food being added to another, such as margarine to toast or milk to cereal. Other combinations are foods made up of several components that are relatively easy to describe and quantify separately, such as sandwiches and salads. Still another type of combination is a mixed dish where two or more food codes linked together in a food combination present a more precise picture of what was eaten by the respondent than if a single food code is used, such as coding a frozen meal when the meat or vegetable was not eaten. Foods coded separately but eaten in combination at the same eating occasion were assigned a common sequential combination number and were classified with a categorical combination type. There were 11 combination types: beverage, cereal,

bread/baked product, salad, sandwich, soup, frozen meal, ice cream/frozen yogurt, vegetable, fruit, and other mixture.

The presence of combination codes in the CSFII94-96 data set may be useful in planning analyses, especially those related to salads, sandwiches, or foods combined “at the table” such as cereal and milk or corn chips and salsa. A familiarity with the different ways a food mixture might be reported, recorded, and coded into the food coding database would provide insights into the analysis of food consumption patterns, reported frequencies, and mean intakes of various foods. This report contains four new tables that describe the intake of milk with cereal, generated with the aid of combination codes.

Analysis

Comparability of analysis. A major objective in planning this report was to mirror the analysis conducted with the CSFII 1989-91 data (Krebs-Smith et al. 1997). The same criteria were applied in disaggregating recipes and in selecting and grouping foods. The criteria that a food be reported by at least 7 percent of the population was relaxed slightly in order to provide continuity between the reports. The percentage of individuals reporting a food or food group is presented in the tables. The statistical analyses were conducted using the most current versions of software designed to account for complex sample designs and the sampling weights were applied to produce population estimates as was done in

preparing the 1989-91 report. As noted in the introduction, the difference in the number of days of intakes reported in 1989-91 and in 1994-96 should be considered in comparing percentages of individuals reporting a food between the two reports.

Disaggregation of mixed foods. Many of the foods in the CSFII data set are mixed foods – that is, foods composed of more than one ingredient, such as sandwiches and soups. As in the previous report (Krebs-Smith et al. 1997), mixed foods were disaggregated so that the individual ingredients could be grouped together with similar foods that were reported separately. Therefore, weights of foods consumed as ingredients of mixed foods could be combined with weights of foods reported separately in order to complete the data for each table. This approach provides a more thorough representation of the consumption of many foods especially for the tables on quantities consumed in a day. The types of mixed foods from which ingredients were extracted are identified in the Table Notes section of this report. For example, the definition for Pasta (Table 1.019) includes all pasta whether reported separately or as part of a mixed dish.

Selection and grouping of foods for tables. Foods were selected for inclusion in this report based on the percentage of persons who reported eating them in the survey. The criterion was that a minimum of 7 percent of the population age 2 years and over be users of a food. The percentage was determined to provide estimates for most sex and age groups without reservation as to their

statistical reliability. (See below for discussion of reporting guidelines.)

Four new tables were added to Table Set 1 and include fluid milk with cereal, whole milk with cereal, low fat milk with cereal and skim milk with cereal. There was also one new table added to Table Set 2, fluid milk with cereal. These new tables were included because of the high consumption of these food mixtures.

Similar foods were grouped together in the same table if their gram weights for a given household measure were approximately the same. So, for example, many kinds of rice are grouped together in one table because the weight per cup is approximately the same for all, while raw tomatoes and tomato sauce are separated into different tables because their weights per ½ cup are different. As a result, the gram weight data in the tables, when considered together with the volume/weight equivalents, can be translated into estimates of common measures.

Statistical procedures. Table Set 1 provides data on the means and percentiles consumed during an eating occasion per user of the food. These values represent all relevant reports by each person consuming the food.

Table Set 2 provides data on means and percentiles of total quantities consumed by consumers during a single day. The purpose of these tables is to reveal daily intakes. To maximize the number of individuals included, but not allow frequent consumers more weight than

infrequent consumers, only a single day on which the food was reported was included for each individual. If a respondent reported the food only on 1 of 2 days, that day of intake was selected for analysis. If the food was reported on both days, one of the two days was randomly selected.

While some foods may be eaten in discrete common units, it is assumed that the underlying distributions of most food intake data are continuous. Therefore, quantities consumed at various percentiles were estimated using a linear interpolation method.

Appendix A shows the calculations used in deriving the estimates. Means, standard errors, quantities consumed at various percentiles, and estimates of percent of persons using a food at least once in a 2-day period were calculated using SUDAAN, version 7.5.1 (Shah 1997). SAS, version 6.12 (SAS Institute 1996) was used in preparing the data and controlling the calls to SUDAAN and in the generation of the tables. Coefficients of variation (CVs), though not provided in the tables, were generated using SUDAAN and examined, along with relevant sample sizes, to determine whether or not to flag a particular value. See rules used for flagging estimates below.

Reporting guidelines. Data presented in this report follow the guidelines issued in a joint policy statement on variance estimation and statistical reporting standards prepared by a USDA/National Center for Health Statistics Analytic Working Group (Federation of American Societies for Experimental Biology 1995). The guidelines call for an estimate to be flagged when the reliability of

the estimate might be affected by a small sample size or high variability relative to the mean. The guidelines (listed below) for determining when a small sample size might affect the reliability of an estimate take into account the effect of the sampling method on estimation through a “broadly calculated” design effect. The variance inflation factor (VIF) has been used in this role, where $VIF = 1 + CV^2$, and CV is the coefficient of variation of the full set of sampling weights. For 2-day respondents of CSFII 1994-96, the $VIF = 1.60$.

Asterisks are used in the tables to flag estimates that may tend to be less statistically reliable than those that are not flagged. The rules used for flagging estimates are as follows:

1. An estimated mean is flagged when it is based on a cell size of less than 30 times the average design effect or when its coefficient of variation (CV) is equal to or greater than 30 percent. The CV is the ratio of the estimated standard error of the mean to the estimated mean, expressed as a percentage.
2. An estimated proportion (percent) that falls above 25 percent and below 75 percent is flagged when it is based on a cell size of less than 30 times the average design effect (VIF) or when the CV is equal to or greater than 30 percent.
3. An estimated proportion of 25 percent or lower or 75 percent or higher is flagged when the smaller of np and $n(1 - p)$ is less than 8 times the VIF,

where "n" is the cell size on which the estimate is based and "p" is the proportion expressed as a fraction.

The rules for flagging percentiles follow the rules used with proportions with the exception that the CV of the percentile is not considered. The following table provides the minimum sample sizes for the presentation of the percentiles in these tables without flags:

	Minimum sample size
5th percentile	256
10th percentile	128
25th percentile	52
50th percentile (median)	48
75th percentile	52
90th percentile	128
95th percentile	256

The survey design and operations report (Tippett and Cypel, eds. 1998) provides additional information on the sample design and weighting. Appendix A provides additional statistical notes.

How to use the data in tables. The explanations for the symbols used and the sections providing the description of foods in each of the table sets (Table Notes) should be consulted before using any of the tables. They provide details about how to interpret the data and whether all uses of a food, or only a selection, are included.

Table Set 1 represents quantities of food eaten during an eating occasion. This information was intended to be useful when considering serving sizes for food guidance, for food labeling purposes, and for development of dietary assessment tools. These tables include foods reported separately and foods eaten as part of mixed foods, but generally only if the ingredient of the mixture would tend to be eaten in an amount equivalent to the portions reported separately.

Table Set 2 was designed to address the needs of dietary assessments in the food safety, marketing, nutrition education, and other arenas which consider the amount of food consumed during an entire day. Therefore, these tables include more foods for which every kind of use is represented because the total consumption of a food is of interest. In summary, Table Set 1 generally includes foods eaten separately or readily identifiable in mixtures, such as the eggs in potato salad or peanut butter on a sandwich, whereas Table Set 2 generally includes uses similar to those just mentioned as well as ingredient uses, such as the peanut butter and eggs contained in cookies.

The two main sets of tables present amounts of foods consumed over short periods of time by consumers only during the 3-year period, 1994-1996. Appendix B presents data from the same survey as average amounts consumed per day by the target population, including both consumers and nonconsumers.

The number of persons in the sample, provided on each table, represents both users and non-users of the food.

Below that, on Table Sets 1 and 2, are the estimated percentages of persons using the food at least once in 2 days, on 1 of 2 days, and on 2 of 2 days. For each group of persons, the latter 2 percentages total to the percentage using the food at least once in 2 days (any differences due to rounding). For example, about 93 percent of all persons over age 2 used total yeast bread (Table 2.001) at least once in 2 days, with 28 percent of persons using it on 1 of the 2 days and 65 percent of persons using it on both days.

The quantities consumed per eating occasion (Table Set 1) and in a day (Table Set 2) are quantities consumed by users only and are reported in terms of gram weights. The weights can be translated into common household measures using the conversions on the tables and in the table notes. For example, it is estimated that among all consumers of white bread age 2 and older, the mean quantity consumed during an eating occasion (Table 1.001) is 50 g, or about 2 slices. The median value is estimated to be 46 g, that is, it is estimated that half the population consuming white bread has 46 g or less per eating occasion, while the other half has 46 g or more. The conversion of household measures to gram weights are reflective of those used in the 1994-96 survey and do not reflect changes in the market or in methodology since that time.

Appendix B contains estimates of mean quantities of foods consumed per person per day for all individuals, that is, consumers and nonconsumers, over all days. Although an individual's usual (that is, long-run average) daily intake cannot be estimated, each of these means is an estimate of the population's (or subpopulation's)

mean usual daily intake. For example, the estimated mean usual daily intake of total white bread is 50 g, while that of total yeast bread is 63 g. The difference in these values is in part a reflection of the wider variety of breads and range of uses included in total yeast bread and in part a reflection of the greater percentage of persons using total yeast bread than white bread.

Appendix C provides the minimum and maximum values of foods for which percentiles could not be interpolated in Table Sets 1 and 2 because the sample size was too small or because too many reports were of exactly the same magnitude.

Limitations of the Data

The data, which are represented in the various tables, are subject to the following limitations. Respondents frequently were not expected to or could not provide recipes for mixed foods they had eaten, necessitating the use of standard recipes. Therefore, the foods represented in the tables are, in part, based on assumptions about the types and quantities of ingredients consumed as part of mixed foods. In addition, occasionally the ingredients of mixed foods were coded as individual foods to address unusual ingredient combinations. Therefore, even though a table description may state that the table includes only particular foods if reported separately and not as part of mixed foods, this may include some foods which were consumed as part of mixed foods. However it is assumed this would have a minor impact on the results presented here because of the low frequency of occurrence.

Many of the tables in Set 2 represent the intake of all forms of a particular food, including those that are raw and cooked. Sometimes the gram weight of a particular household measure varies for different forms of the food. For example, one half cup of raw onions weighs 80 grams, while one half cup of cooked onions weighs 108 grams. The gram weights presented will be influenced by the relative contribution of the different forms of the food

and do not represent the raw commodity weights. Finally, the data are subject to the kinds of errors which are common to all food intake data - imprecision in the quantities reported due to such factors as an inability to estimate portions precisely and imperfect memory. However, the survey procedures were designed to minimize these types of errors.

Table 1.001. White Bread: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	59.6	66.9	67.1	61.3	57.9	63.0	54.9	59.7	55.3	59.3	54.8		
on 1 of 2 days	37.4	40.8	42.2	35.7	38.8	36.6	37.5	38.1	37.3	32.5	34.6		
on both days	22.2	26.2	24.9	25.6	19.1	26.4	17.4	21.6	18.0	26.8	20.2		
Quantity consumed per eating occasion (1 slice = 26 g)		g											
Mean	50	34	42	56	47	63	47	59	46	51	41		
SEM	1	#	1	1	1	2	1	2	1	1	1		
5th percentile	21	11	20	26	19	26	20	25	20	23	20		
10th percentile	24	16	23	31	24	33	24	30	23	25	23		
25th percentile	33	23	27	42	32	43	32	42	32	35	26		
50th percentile	46	31	40	51	43	52	44	52	44	46	40		
75th percentile	52	46	52	63	52	70	52	62	52	52	50		
90th percentile	78	52	54	86	75	104	65	97	62	78	54		
95th percentile	104	54	70	104	95	138	90	117	85	104	72		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.002. Whole Grain and "Wheat" Bread: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	28.1	24.3	20.5	14.5	17.6	25.3	25.2	32.8	32.3	39.8	43.1		
on 1 of 2 days	19.6	16.8	15.4	9.5	14.0	19.2	19.7	22.3	22.2	23.8	25.9		
on both days	8.5	7.5	5.1	5.0	3.7	6.0	5.5	10.5	10.1	16.0	17.2		
Quantity consumed per eating occasion (1 slice = 28 g)		g											
Mean	50	37	44	60	53	63	48	57	46	48	41		
SEM	1	1	1	2	2	1	1	1	2	1	1		
5th percentile	24	14	23	38 *	25 *	30	24	25	23	24	23		
10th percentile	25	19	24	46 *	27 *	42	26	30	24	25	24		
25th percentile	37	25	27	50	42	50	37	48	28	38	26		
50th percentile	50	34	49	54	52	56	50	52	46	50	42		
75th percentile	56	49	55	65	56	70	55	57	52	55	52		
90th percentile	72	56	56	83 *	72 *	104	61	88	57	63	56		
95th percentile	92	56	63	109 *	89 *	111	76	103	80	75	58		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.003. Rolls: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	48.0	40.0	53.5	61.9	48.8	62.0	46.4	47.9	43.4	37.8	30.6		
on 1 of 2 days	36.9	33.0	41.7	44.5	37.4	43.7	36.7	36.8	35.5	29.3	25.8		
on both days	11.1	7.0	11.9	17.3	11.4	18.3	9.7	11.1	7.9	8.5	4.9		
Quantity consumed per eating occasion (1 dinner roll = 28 g)		g											
Mean	58	39	48	69	51	73	53	65	52	54	43		
SEM	1	1	1	2	1	4	1	1	1	1	1		
5th percentile	27	16	21	36	23	36	27	35	27	27	21		
10th percentile	33	21	28	43	31	43	33	39	30	34	26		
25th percentile	43	27	37	43	43	43	43	43	43	39	34		
50th percentile	48	42	43	63	44	66	46	60	43	43	42		
75th percentile	70	45	53	85	61	86	65	80	61	65	47		
90th percentile	89	56	73	114	79	111	80	99	81	85	65		
95th percentile	110	69	86	135	86	135	90	129	92	94	72		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.004. Biscuits: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	10.9	8.3	9.7	12.2	10.3	11.5	9.4	13.4	11.2	13.0	9.8		
on 1 of 2 days	9.5	7.8	9.2	10.6	9.5	9.8	8.7	11.7	9.1	10.1	8.3		
on both days	1.4	0.5 *	0.6 *	1.6 *	0.8 *	1.7	0.7 *	1.7	2.1	2.9	1.5		
Quantity consumed per eating occasion (1 biscuit = 30 g)		g											
Mean	61	38	48	72	55	73	55	80	56	58	48		
SEM	1	2	3	4	4	3	2	3	2	3	3		
5th percentile	19	8 *	10 *	18 *	17 *	29 *	18 *	21 *	19 *	19 *	15 *		
10th percentile	19	13	15	29 *	18 *	33	19	30	19	26	19		
25th percentile	35	19	19	40	29	49	30	49	31	36	23		
50th percentile	57	30	38	60	43	66	51	61	54	55	38		
75th percentile	76	50	59	94	74	82	68	99	67	70	59		
90th percentile	104	74	85	120 *	100 *	128	91	150	87	98	84		
95th percentile	139	82 *	104 *	136 *	130 *	157 *	119 *	174 *	118 *	123 *	117 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.005. Tortillas: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	15.5	14.6	16.4	22.9	20.1	20.6	20.1	13.4	12.7	4.2	5.4		
on 1 of 2 days	12.5	12.2	13.6	17.7	17.2	15.6	16.1	11.2	10.8	3.3	4.6		
on both days	3.0	2.4	2.9	5.2	2.8	5.0	4.0	2.2	1.9	0.9	0.8 *		
Quantity consumed per eating occasion (1 7-inch round corn tortilla = 25 g)		g											
Mean	60	32	47	76	56	79	53	67	52	47	41		
SEM	1	2	2	5	3	4	2	3	2	4	2		
5th percentile	14	7	12	25 *	19 *	24	19	15 *	13 *	14 *	17 *		
10th percentile	21	12	14	28	22	32	23	23	20	17 *	19 *		
25th percentile	32	17	24	40	33	42	32	35	30	24	26		
50th percentile	48	26	40	63	51	70	48	57	45	43	35		
75th percentile	79	40	56	98	73	96	67	85	66	57	50		
90th percentile	107	54	90	128	92	146	96	123	92	80 *	70 *		
95th percentile	135	77	105	172 *	120 *	170	109	163 *	119 *	89 *	83 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.006. Quickbreads and Muffins: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	12.5	9.6	9.6	11.0	11.0	8.0	11.3	15.7	14.9	17.4	18.3		
on 1 of 2 days	10.9	9.1	8.3	9.9	10.7	7.3	10.2	13.0	13.3	13.8	15.1		
on both days	1.6	0.6 *	1.3	1.0 *	0.3 *	0.7 *	1.1	2.6	1.7	3.6	3.1		
Quantity consumed per eating occasion (1 medium bran muffin = 57 g)		g											
Mean	82	55	67	125	79	93	79	93	72	86	72		
SEM	2	4	5	12	10	7	5	7	4	5	4		
5th percentile	21	10 *	13 *	37 *	11 *	24 *	23 *	28	22 *	21	13		
10th percentile	28	14	26 *	50 *	19 *	44 *	36	39	28	27	21		
25th percentile	52	28	46	57	43	57	57	56	45	48	42		
50th percentile	60	51	57	88	61	71	57	71	57	61	57		
75th percentile	94	63	72	140	98	113	77	113	85	105	90		
90th percentile	142	105	120 *	231 *	143 *	156 *	124	165	114	146	121		
95th percentile	187	123 *	152 *	340 *	173 *	177 *	154 *	241	134 *	233	170		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.007. Doughnuts and Sweet Rolls: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	12.4	11.3	13.4	17.3	13.8	13.3	11.2	13.4	11.0	11.4	10.4		
on 1 of 2 days	11.3	10.7	12.5	15.4	13.1	11.9	10.5	12.1	9.5	10.2	9.1		
on both days	1.1	0.6 *	0.9	1.9	0.7 *	1.4	0.6 *	1.3	1.5	1.2	1.2		
Quantity consumed per eating occasion (1 medium sweet roll = 60 g)		g											
Mean	77	59	69	102	78	94	68	88	72	65	56		
SEM	1	2	2	12	5	5	2	4	4	2	2		
5th percentile	26	21 *	26 *	40 *	23 *	28 *	26 *	30 *	21 *	26 *	16 *		
10th percentile	36	26	36	45 *	28 *	39	36	42	39	32	24		
25th percentile	47	38	47	53	47	55	47	53	50	47	40		
50th percentile	65	52	59	73	60	83	60	75	60	55	55		
75th percentile	93	69	83	120	98	119	82	109	84	82	65		
90th percentile	133	108	109	178 *	148 *	162	117	150	114	109	83		
95th percentile	164	126 *	120 *	253 *	154 *	178 *	130 *	166 *	127 *	120 *	94 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.008. Crackers: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	17.4	25.4	17.2	10.6	14.2	11.9	15.6	16.6	17.5	25.6	25.9		
on 1 of 2 days	14.9	20.8	15.4	9.4	12.0	11.3	13.6	13.9	15.6	19.7	20.9		
on both days	2.5	4.6	1.8	1.2 *	2.2	0.6 *	2.0	2.7	1.9	5.9	5.0		
Quantity consumed per eating occasion (4 saltines = 12 g)		g											
Mean	26	17	26	39	26	36	28	30	24	23	17		
SEM	1	1	2	5	3	3	2	1	1	1	1		
5th percentile	6	6	6 *	5 *	5 *	8 *	6 *	9	6	6	6		
10th percentile	9	6	8	10 *	6 *	11	9	11	8	9	6		
25th percentile	12	11	12	15	12	17	12	16	12	12	11		
50th percentile	18	13	19	30	18	26	23	24	18	18	14		
75th percentile	30	19	29	46	29	40	35	38	29	28	22		
90th percentile	47	28	49	76 *	51 *	74	51	45	44	40	29		
95th percentile	62	32	61 *	97 *	68 *	98 *	71 *	60	55	47	35		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.009. Cookies: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	30.7	51.0	46.7	29.0	31.8	20.8	26.5	27.6	29.0	29.7	32.2		
on 1 of 2 days	23.4	37.9	35.0	21.5	24.6	15.9	21.2	21.6	23.4	20.5	23.5		
on both days	7.3	13.1	11.8	7.4	7.2	4.8	5.2	6.0	5.7	9.2	8.8		
Quantity consumed per eating occasion (1 medium = 10 g)		g											
Mean	40	28	37	53	42	56	39	47	36	40	30		
SEM	1	1	2	3	2	4	2	2	1	2	1		
5th percentile	9	7	9	10 *	8 *	10	9	10	8	10	8		
10th percentile	12	10	11	16	12	16	13	14	12	13	11		
25th percentile	20	15	19	28	24	28	19	25	20	21	16		
50th percentile	31	24	30	44	33	43	30	40	30	32	25		
75th percentile	50	33	43	63	56	66	46	60	44	45	36		
90th percentile	75	48	64	87	76	110	74	79	66	77	57		
95th percentile	96	63	84	116 *	86 *	141	89	99	81	114	65		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.010. Cake: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	16.2	14.6	19.7	15.1	15.5	13.5	14.9	16.5	16.8	19.2	18.3		
on 1 of 2 days	14.7	13.6	18.4	13.8	14.0	12.4	13.3	14.4	15.6	17.3	16.3		
on both days	1.5	1.0	1.3	1.4 *	1.5 *	1.0	1.6	2.2	1.3	2.0	1.9		
Quantity consumed per eating occasion (1/12 of a frosted cake = 109 g)		g											
Mean	92	70	79	99	85	113	94	108	83	85	87		
SEM	3	3	4	9	8	9	7	6	4	4	7		
5th percentile	22	13	22	34 *	22 *	32 *	22 *	24	15	20	18		
10th percentile	28	25	27	40 *	30 *	39	25	37	26	30	24		
25th percentile	41	39	39	40	40	57	40	54	40	41	40		
50th percentile	77	51	57	80	75	84	63	81	65	70	66		
75th percentile	116	91	108	118	109	160	120	122	109	109	108		
90th percentile	181	129	160	185 *	138 *	201	171	216	150	152	158		
95th percentile	217	163	202	259 *	198 *	253 *	228 *	246	204	182	216		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.011. Pie: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.5	2.9	5.6	6.6	4.8	5.8	7.2	11.8	9.9	16.4	13.3		
on 1 of 2 days	7.9	2.8	5.5	6.5	4.7	5.6	6.9	11.1	9.3	14.2	12.1		
on both days	0.5	0.1 *	0.2 *	0.1 *	0.1 *	0.1 *	0.3 *	0.7 *	0.5 *	2.3	1.3		
Quantity consumed per eating occasion (1/8 of a 9-inch cream pie = 144 g)		g											
Mean	150	76	116	188	138 *	161	150	162	151	154	137		
SEM	3	8	8	15	12 *	7	9	6	8	7	5		
5th percentile	52	3 *	40 *	70 *	49 *	55 *	50 *	70 *	50 *	56 *	46 *		
10th percentile	72	8 *	53 *	86 *	73 *	83 *	76 *	91	71	75	70		
25th percentile	102	37	76	116 *	107 *	114	105	119	102	108	98		
50th percentile	143	69	110	144	128	148	146	144	145	144	132		
75th percentile	168	101	148	243 *	154 *	213	175	181	157	170	153		
90th percentile	246	150 *	168 *	309 *	182 *	248 *	224 *	289	254	228	201		
95th percentile	300	196 *	205 *	343 *	190 *	301 *	281 *	305 *	300 *	292 *	258 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.012. Pancakes and Waffles: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	10.3	19.1	21.5	13.5	8.2	8.0	7.4	7.5	8.0	10.8	8.2		
on 1 of 2 days	9.1	15.7	18.2	12.2	7.5	7.4	6.5	6.8	7.0	8.8	7.3		
on both days	1.3	3.4	3.3	1.3 *	0.6 *	0.6 *	0.8 *	0.8 *	1.0	2.0	0.8 *		
Quantity consumed per eating occasion (1 5-inch pancake = 40 g)		g											
Mean	85	49	77	96	74	126	80	117	74	99	68		
SEM	3	1	3	6	5	15	6	8	5	5	4		
5th percentile	21	13	23	31 *	17 *	39 *	18 *	38 *	20 *	37 *	18 *		
10th percentile	35	20	36	40 *	24 *	42 *	29 *	40	33	41	21 *		
25th percentile	42	31	42	74	41	69	40	63	39	61	40		
50th percentile	75	40	74	79	75	107	72	102	63	92	55		
75th percentile	109	63	98	112	89	160	101	148	88	117	79		
90th percentile	158	80	120	164 *	122 *	215 *	123 *	203	130	159	120 *		
95th percentile	205	103	148	205 *	141 *	220 *	165 *	302 *	161 *	195 *	162 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.013. Cooked Cereal: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	10.3	16.8	9.0	5.2	6.0	5.2	7.3	9.7	10.3	20.9	20.2		
on 1 of 2 days	7.9	13.8	7.3	4.3	4.7	4.0	6.4	7.3	8.1	13.1	14.5		
on both days	2.5	3.0	1.7	0.9 *	1.2 *	1.3	0.9	2.4	2.1	7.8	5.7		
Quantity consumed per eating occasion (1/2 cup of oatmeal = 117 g)		g											
Mean	248	211	245	310 *	256 *	313	219	300	243	255	216		
SEM	6	10	14	29 *	31 *	30	11	16	11	8	8		
5th percentile	81	49	58 *	118 *	55 *	93 *	67 *	102 *	73 *	78	101		
10th percentile	117	83	116	119 *	71 *	121 *	92 *	122	116	115	118		
25th percentile	157	118	174	181 *	119 *	177	123	225	157	175	155		
50th percentile	233	208	219	252	236	242	231	246	231	234	228		
75th percentile	291	242	271	426 *	352 *	410	245	409	262	301	242		
90th percentile	455	352	456	480 *	466 *	499 *	350 *	474	448	448	313		
95th percentile	484	453	478 *	559 *	481 *	616 *	415 *	498 *	485 *	478	351		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.014. Oatmeal: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	6.1	10.4	5.7	2.4	2.3	2.7	3.7	6.0	6.2	13.6	12.9		
on 1 of 2 days	4.6	8.7	4.6	1.9	2.0	2.0	3.2	4.3	4.7	8.7	9.3		
on both days	1.5	1.8	1.1	0.5 *	0.4 *	0.7 *	0.5 *	1.7	1.5	4.9	3.6		
Quantity consumed per eating occasion (1/2 cup = 117 g)		g											
Mean	264	221	256	348 *	321 *	360 *	258	332	242	257	224		
SEM	6	9	19	45 *	40 *	42 *	17	16	10	10	10		
5th percentile	116	116 *	112 *	---	---	161 *	84 *	162 *	111 *	92 *	106 *		
10th percentile	117	116	117 *	159 *	153 *	176 *	99 *	175 *	116 *	115	117		
25th percentile	176	118	176	198 *	193 *	230 *	164	229	166	176	159		
50th percentile	232	230	211	309	296	306	232	289	230	229	227		
75th percentile	333	237	304	444 *	387 *	425 *	315	432	262	318	234		
90th percentile	454	350	443 *	---	---	509 *	403 *	466 *	351 *	429	314		
95th percentile	473	445 *	466 *	---	---	673 *	465 *	478 *	447 *	470 *	344 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.015. Ready-to-Eat Cereal: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	40.6	72.9	67.3	45.6	46.3	26.9	34.7	29.8	29.7	44.6	44.0		
on 1 of 2 days	25.1	39.3	38.1	27.8	33.3	18.1	25.0	18.5	20.0	22.2	24.9		
on both days	15.5	33.6	29.3	17.8	13.0	8.8	9.8	11.3	9.6	22.4	19.1		
Quantity consumed per eating occasion (1 cup corn flakes = 25 g)		g											
Mean	54	33	47	72	52	77	55	68	51	53	41		
SEM	1	1	1	3	2	3	1	2	1	1	1		
5th percentile	18	12	19	27	22	27	25	25	19	19	14		
10th percentile	24	14	24	32	26	30	27	29	22	24	19		
25th percentile	30	22	30	45	33	46	34	42	29	30	25		
50th percentile	46	30	41	62	47	65	49	58	47	47	36		
75th percentile	67	40	57	90	61	93	70	85	62	69	51		
90th percentile	93	56	75	123	81	133	86	112	89	90	73		
95th percentile	113	67	92	145	107	157	111	135	104	107	85		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.016. Corn Flakes: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.1	11.2	13.1	10.4	8.7	6.5	5.3	5.9	5.2	12.4	10.4		
on 1 of 2 days	6.6	9.6	11.7	8.3	7.4	5.4	4.9	4.4	4.2	8.5	7.3		
on both days	1.5	1.6	1.5	2.1	1.3 *	1.1	0.3 *	1.5	1.0	3.9	3.1		
Quantity consumed per eating occasion (1 cup = 25 g)		g											
Mean	46	33	42	62	49	73	43	49	40	37	30		
SEM	1	2	2	4	4	6	2	3	3	2	1		
5th percentile	17	12 *	17 *	21 *	18 *	16 *	20 *	24 *	18 *	13 *	10 *		
10th percentile	22	12	22	26 *	22 *	22 *	23 *	24 *	21 *	19	17		
25th percentile	25	21	25	49	32	37	33	31	24	24	23		
50th percentile	37	27	37	55	41	61	37	39	30	31	25		
75th percentile	56	37	53	74	61	83	52	55	47	50	37		
90th percentile	75	51	64	104 *	73 *	133 *	70 *	87 *	70 *	61	42		
95th percentile	100	62 *	80 *	111 *	81 *	142 *	74 *	99 *	84 *	72 *	54 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.017. Toasted Oat Rings: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	6.8	20.6	12.5	7.3	8.1	4.2	5.4	4.8	4.1	4.3	4.9		
on 1 of 2 days	5.4	16.1	10.3	5.9	6.7	3.7	4.3	3.9	3.4	2.9	3.8		
on both days	1.3	4.5	2.2	1.3 *	1.4 *	0.5 *	1.1	0.9	0.8 *	1.4	1.1		
Quantity consumed per eating occasion (1 cup = 30 g)		g											
Mean	42	30	45	62	42	62	42	46	35	36	27		
SEM	1	1	2	5	3	4	2	2	2	3	2		
5th percentile	14	7	14 *	23 *	19 *	26 *	13 *	23 *	12 *	11 *	9 *		
10th percentile	16	14	21	27 *	25 *	29 *	16 *	26 *	15 *	13 *	11 *		
25th percentile	27	19	26	43	28	41	28	34	26	26	21		
50th percentile	38	27	38	56	39	56	41	42	29	29	25		
75th percentile	54	32	56	64	53	69	54	54	45	48	30		
90th percentile	65	53	75	89 *	59 *	96 *	62 *	63 *	57 *	59 *	41 *		
95th percentile	83	60	85 *	114 *	75 *	117 *	65 *	66 *	59 *	71 *	42 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.018. Rice: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	28.0	29.6	24.6	24.2	28.8	30.8	32.1	29.4	28.8	23.1	21.4		
on 1 of 2 days	21.8	22.2	19.6	18.3	23.8	24.1	24.7	22.6	22.2	18.1	16.9		
on both days	6.2	7.4	5.0	5.9	5.0	6.7	7.4	6.8	6.6	5.0	4.5		
Quantity consumed per eating occasion (1/2 cup regular rice = 79 g)		g											
Mean	150	84	124	203	157	199	139	167	130	147	118		
SEM	3	3	6	10	10	9	6	5	4	6	5		
5th percentile	27	18	17	33 *	16 *	41	23	37	31	31	25		
10th percentile	40	24	25	75	36	61	40	53	49	45	37		
25th percentile	76	40	66	114	61	101	77	88	78	76	52		
50th percentile	131	76	112	169	137	158	121	156	118	146	85		
75th percentile	192	114	158	262	229	268	176	220	158	192	157		
90th percentile	312	158	236	362	315	335	249	315	236	305	235		
95th percentile	334	182	311	476 *	379 *	459	315	364	286	316	268		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.019. Pasta: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	36.0	49.4	41.4	33.4	37.8	37.1	37.1	34.3	34.7	27.9	27.9		
on 1 of 2 days	30.8	38.0	34.4	29.2	32.0	31.2	32.6	30.5	30.4	24.2	24.7		
on both days	5.2	11.4	7.0	4.2	5.8	5.9	4.4	3.8	4.3	3.7	3.3		
Quantity consumed per eating occasion (1 cup spaghetti = 140 g)		g											
Mean	162	90	130	203	155	214	155	208	140	167	132		
SEM	3	3	5	9	9	8	6	7	5	7	5		
5th percentile	26	14	17	55 *	27	33	25	33	25	30	30		
10th percentile	43	21	34	70	45	59	49	52	38	49	49		
25th percentile	73	40	64	116	72	108	72	99	70	82	70		
50th percentile	133	70	105	159	128	180	128	166	119	138	104		
75th percentile	210	119	174	279	210	293	210	280	192	233	170		
90th percentile	318	175	255	400	280	420	280	419	279	312	256		
95th percentile	420	233	306	439 *	350	489	372	489	315	358	280		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.020. Macaroni and Cheese: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.5	17.8	13.2	7.5	10.7	7.8	7.8	6.1	6.0	7.1	6.5		
on 1 of 2 days	8.0	16.3	12.8	7.2	10.2	7.3	7.4	5.7	5.6	6.8	6.3		
on both days	0.5	1.5	0.3 *	0.3 *	0.5 *	0.5 *	0.4 *	0.4 *	0.4 *	0.3 *	0.2 *		
Quantity consumed per eating occasion (1 cup = 243 g)		g											
Mean	244	159	217	408	260	301	235	302	210	230	215		
SEM	9	8	13	46	30	19	19	31	12	13	18		
5th percentile	53	30	48 *	110 *	28 *	78 *	61 *	82 *	25 *	53 *	72 *		
10th percentile	81	47	61	183 *	68 *	112 *	85 *	98 *	55 *	76 *	93 *		
25th percentile	121	80	109	191 *	153	186	122	182	115	121	121		
50th percentile	191	120	186	339	201	268	189	218	188	231	191		
75th percentile	324	190	281	482 *	312	377	297	374	243	272	239		
90th percentile	477	286	379	915 *	476 *	485 *	448 *	557 *	373 *	364 *	363 *		
95th percentile	556	427	481 *	949 *	643 *	579 *	483 *	629 *	---	437 *	436 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.021. Spaghetti with Tomato Sauce: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.0	16.8	11.5	10.1	8.5	8.6	7.8	5.5	5.4	5.0	4.5		
on 1 of 2 days	7.6	15.4	11.1	10.0	7.8	8.4	7.6	5.1	5.2	4.9	4.3		
on both days	0.3	1.4	0.4 *	0.1 *	0.6 *	0.2 *	0.2 *	0.4 *	0.2 *	#	0.2 *		
Quantity consumed per eating occasion (1 cup with sauce = 248 g)		g											
Mean	436	242	322	583	479	630	385	543	386	450	379		
SEM	15	11	18	46	51	48	22	59	18	22	33		
5th percentile	122	83	114 *	---	126 *	209 *	123 *	121 *	85 *	139 *	63 *		
10th percentile	124	121	124	---	191 *	245 *	131 *	229 *	115 *	183 *	156 *		
25th percentile	246	124	230	386	237	354	231	340	246	257	209		
50th percentile	371	244	248	480	414	485	367	489	361	374	298		
75th percentile	494	249	419	668	504	745	490	614	478	491	490		
90th percentile	740	399	488	975 *	762 *	1,023 *	561 *	773 *	625 *	742 *	676 *		
95th percentile	983	491	503 *	989 *	1,053 *	1,357 *	722 *	1,223 *	725 *	884 *	751 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.022. Pizza: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	19.9	23.7	32.8	39.6	30.5	23.7	20.2	13.0	14.5	5.3	4.7		
on 1 of 2 days	18.1	21.7	27.5	34.1	27.9	21.8	18.9	12.6	13.9	5.0	4.5		
on both days	1.8	2.1	5.3	5.5	2.6	2.0	1.3	0.4 *	0.6 *	0.3 *	0.2 *		
Quantity consumed per eating occasion (1 slice, thin crust = 71 g)		g											
Mean	169	86	108	205	143	253	150	220	147	187	109		
SEM	5	3	6	13	8	12	6	13	8	18	8		
5th percentile	36	20	32	52	34 *	50	43	69 *	42 *	45 *	30 *		
10th percentile	52	27	44	70	42	71	54	85	52	62 *	31 *		
25th percentile	78	46	63	85	65	150	85	124	76	90	51		
50th percentile	140	76	85	155	121	211	139	189	126	144	84		
75th percentile	214	106	139	254	177	344	189	276	189	228	158		
90th percentile	338	158	195	411	281	488	277	395	280	377 *	189 *		
95th percentile	422	209	252	531	335 *	577	315	504 *	316 *	395 *	212 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.023. Raw Cucumbers: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	10.8	6.4	6.6	6.1	6.8	10.5	10.4	12.5	15.7	14.2	13.2		
on 1 of 2 days	9.5	6.0	5.8	5.3	6.0	9.8	9.4	11.2	13.9	10.7	11.0		
on both days	1.3	0.4 *	0.8 *	0.9 *	0.8 *	0.8 *	1.0	1.3	1.8	3.5	2.1		
Quantity consumed per eating occasion (1/2 cup = 60 g)		g											
Mean	48	32	39	71 *	48	62	45	47	41	51	45		
SEM	3	4	6	22 *	11	12	5	4	3	4	3		
5th percentile	7	3 *	6 *	---	7 *	7 *	12 *	9 *	12 *	11 *	7 *		
10th percentile	14	5 *	7 *	13 *	7 *	13	14	14	14	14	12		
25th percentile	16	7	11	15 *	14 *	20	20	21	15	19	15		
50th percentile	29	15	21	34	27	29	29	29	28	29	29		
75th percentile	54	29	41	84 *	41 *	65	46	55	41	59	57		
90th percentile	100	76 *	97 *	206 *	108 *	200	77	98	92	118	99		
95th percentile	157	131 *	126 *	---	170 *	201 *	124 *	137 *	120 *	150 *	128 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.024. Lettuce: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	53.3	34.0	40.8	56.0	52.3	63.4	57.6	55.5	59.1	48.1	46.1		
on 1 of 2 days	37.7	29.8	32.9	43.1	37.4	40.8	42.8	37.3	40.9	32.0	31.5		
on both days	15.5	4.2	7.9	12.9	15.0	22.5	14.9	18.2	18.2	16.1	14.6		
Quantity consumed per eating occasion (1 cup = 55 g)		g											
Mean	41	17	26	32	34	40	44	48	48	47	42		
SEM	1	1	1	3	2	2	2	2	1	2	2		
5th percentile	7	2	6	8	6	8	7	8	7	7	6		
10th percentile	8	4	7	8	8	8	8	8	8	8	8		
25th percentile	13	7	9	12	10	14	12	14	16	16	15		
50th percentile	27	10	17	18	17	24	27	31	41	41	34		
75th percentile	55	21	34	43	49	54	55	60	66	55	55		
90th percentile	91	41	55	74	81	98	107	108	105	96	82		
95th percentile	110	54	73	104	106	110	138	127	109	110	109		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.025. Mixed Lettuce-Based Salad: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	2.2	2.6	3.2	1.3 *	1.9	1.5	1.7	2.9	2.9	2.0	2.4		
on 1 of 2 days	2.2	2.6	3.2	1.3 *	1.9	1.4	1.7	2.8	2.7	1.8	2.4		
on both days	0.1 *	0.0 *	0.0 *	0.0 *	0.1 *	0.1 *	0.0 *	0.1 *	0.2 *	0.2 *	0.0 *		
Quantity consumed per eating occasion (1 cup = 73 g)		g											
Mean	97	31	71 *	67 *	94 *	126 *	123 *	115 *	103	110 *	83 *		
SEM	6	4	12 *	13 *	20 *	16 *	11 *	13 *	10	16 *	12 *		
5th percentile	11	4 *	13 *	---	2 *	---	26 *	12 *	11 *	14 *	---		
10th percentile	18	4 *	18 *	---	6 *	68 *	39 *	50 *	20 *	21 *	17 *		
25th percentile	55	8 *	31 *	13 *	27 *	71 *	69 *	67 *	58 *	43 *	28 *		
50th percentile	74	28	57	73	67	100	109	101	86	96	71		
75th percentile	123	35 *	75 *	86 *	147 *	151 *	146 *	142 *	138 *	113 *	100 *		
90th percentile	167	62 *	148 *	103 *	153 *	166 *	222 *	214 *	197 *	200 *	147 *		
95th percentile	229	68 *	172 *	108 *	---	197 *	266 *	249 *	233 *	300 *	167 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.026. Cooked Broccoli: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	7.3	7.2	5.6	3.9	5.7	7.6	6.7	7.8	7.6	8.5	10.9		
on 1 of 2 days	6.8	6.7	5.5	3.8	5.6	7.1	6.2	7.4	7.1	7.7	10.2		
on both days	0.5	0.5 *	0.1 *	0.2 *	0.1 *	0.6 *	0.5 *	0.3 *	0.6 *	0.8 *	0.7 *		
Quantity consumed per eating occasion (1/2 cup = 92 g)		g											
Mean	119	61	102	127 *	109 *	152	129	127	114	117	107		
SEM	4	3	16	17 *	14 *	13	13	7	7	7	6		
5th percentile	23	10 *	13 *	---	18 *	33 *	26 *	30 *	22 *	24 *	21 *		
10th percentile	35	19	23 *	48 *	18 *	46 *	37 *	37 *	34 *	33	38		
25th percentile	61	37	39	64 *	44 *	78	75	61	49	52	74		
50th percentile	92	46	73	120	78	139	104	94	92	92	89		
75th percentile	156	78	109	172 *	161 *	225	156	183	156	157	156		
90th percentile	232	117	184 *	184 *	184 *	234 *	216 *	232 *	184 *	233	183		
95th percentile	275	155 *	341 *	222 *	283 *	302 *	242 *	259 *	234 *	241 *	227 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.027. Cooked Carrots: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	5.8	6.0	3.8	2.8	2.1	5.0	5.3	6.7	6.4	9.6	9.0		
on 1 of 2 days	5.4	5.8	3.6	2.8	1.8 *	4.7	4.8	6.5	6.3	8.4	8.3		
on both days	0.4	0.2 *	0.2 *	0.0 *	0.3 *	0.3 *	0.4 *	0.3 *	0.1 *	1.3	0.7 *		
Quantity consumed per eating occasion (1/2 cup = 73 g)		g											
Mean	72	48	46	81 *	75 *	79	69	83	66	78	75		
SEM	2	4	5	16 *	17 *	7	6	7	4	4	4		
5th percentile	13	8 *	8 *	---	3 *	17 *	11 *	18 *	17 *	19 *	19 *		
10th percentile	19	9 *	12 *	---	8 *	24 *	19 *	24 *	18 *	26	26 *		
25th percentile	36	20	25 *	31 *	23 *	38	36	46	28	50	42		
50th percentile	65	39	40	73	58	66	53	73	60	73	66		
75th percentile	78	73	57 *	122 *	88 *	94	78	84	78	100	80		
90th percentile	146	81 *	76 *	156 *	140 *	146 *	134 *	156 *	119 *	146	146 *		
95th percentile	156	112 *	90 *	---	---	160 *	155 *	225 *	154 *	156 *	156 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.028. Raw Carrots: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	14.1	10.4	17.8	9.2	11.9	12.3	15.4	14.4	18.1	13.6	12.7		
on 1 of 2 days	12.2	9.5	15.6	8.4	10.6	10.7	13.3	12.7	16.1	10.7	10.5		
on both days	1.8	0.9	2.2	0.7 *	1.3 *	1.5	2.1	1.7	2.0	2.8	2.3		
Quantity consumed per eating occasion (1/2 cup = 64 g)		g											
Mean	33	27	32	35	32	35	38	35	31	29	27		
SEM	1	2	2	6	4	4	4	2	2	2	1		
5th percentile	5	2 *	4 *	6 *	3 *	6 *	5 *	6 *	5	3 *	6 *		
10th percentile	7	3	7	7 *	5 *	6	6	6	6	6	6		
25th percentile	14	7	10	13	13	13	12	13	14	13	12		
50th percentile	27	20	23	23	24	25	26	27	26	21	21		
75th percentile	40	39	39	35	42	40	48	49	34	30	33		
90th percentile	61	61	61	61 *	73 *	59	70	61	60	60	49		
95th percentile	100	66 *	99 *	96 *	89 *	120 *	100 *	83 *	103	77 *	59 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.029. Raw Tomatoes: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	32.0	14.8	14.0	25.7	23.9	33.1	32.3	38.1	42.4	40.0	41.0		
on 1 of 2 days	25.0	13.9	12.8	22.1	20.1	26.1	26.7	29.9	31.9	26.9	27.9		
on both days	7.0	1.0	1.1	3.7	3.8	6.9	5.5	8.2	10.6	13.1	13.1		
Quantity consumed per eating occasion (1/2 cup = 90 g)		g											
Mean	53	31	42	49	44	57	49	60	53	62	52		
SEM	1	2	4	5	3	2	2	2	1	3	2		
5th percentile	15	5	7 *	15 *	10 *	16	15	17	15	13	14		
10th percentile	20	7	10	18	14	20	19	19	20	19	20		
25th percentile	27	11	19	22	20	30	26	29	29	30	27		
50th percentile	40	22	29	40	40	44	40	45	44	45	41		
75th percentile	61	41	45	60	57	69	61	67	61	76	63		
90th percentile	93	60	83	90	83	99	91	121	92	122	91		
95th percentile	123	91	118 *	119 *	91 *	137	122	136	123	167	121		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.030. Total Tomato Sauce: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	54.3	53.7	62.3	65.7	62.8	60.9	56.3	52.0	49.5	42.3	37.6		
on 1 of 2 days	41.1	41.5	43.6	45.0	46.3	44.5	45.2	39.5	38.1	33.4	31.4		
on both days	13.2	12.2	18.7	20.7	16.6	16.4	11.1	12.5	11.4	8.8	6.2		
Quantity consumed per eating occasion (1/2 cup = 122 g)		g											
Mean	34	20	24	34	35	45	31	45	32	37	32		
SEM	1	1	1	2	5	2	2	3	2	2	2		
5th percentile	1	1	1	2	1	2	1	1	1	1	#		
10th percentile	2	2	2	3	3	4	2	2	1	1	1		
25th percentile	7	5	7	10	7	12	8	7	5	5	3		
50th percentile	17	11	13	19	17	26	18	20	15	21	16		
75th percentile	40	24	26	41	33	52	37	52	39	49	42		
90th percentile	80	50	53	73	78	101	75	119	84	87	81		
95th percentile	124	77	95	111	116	156	115	164	143	122	122		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.031. Cooked String Beans: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	13.2	16.8	12.1	8.3	7.6	10.6	12.5	13.7	13.4	18.3	19.7		
on 1 of 2 days	12.2	15.2	11.1	7.8	7.2	10.1	11.8	12.4	12.5	16.5	17.6		
on both days	1.0	1.6	1.0	0.5 *	0.4 *	0.6 *	0.7 *	1.3	0.9	1.8	2.1		
Quantity consumed per eating occasion (1/2 cup = 68 g)		g											
Mean	90	50	71	85	78	111	89	114	93	99	78		
SEM	2	2	6	9	5	5	6	6	4	4	3		
5th percentile	17	8	8 *	31 *	32 *	24 *	8 *	33 *	17 *	21	16		
10th percentile	31	14	19	32 *	34 *	43	16	49	32	34	26		
25th percentile	52	31	34	65	56	67	45	67	45	62	52		
50th percentile	68	34	67	68	68	117	68	101	68	80	67		
75th percentile	125	67	68	101	101	135	134	135	135	135	100		
90th percentile	136	90	134	135 *	135 *	187	136	202	182	178	135		
95th percentile	202	134	135 *	154 *	135 *	203 *	200 *	236 *	202 *	203	136		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.032. Coleslaw: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	5.0	2.1	1.8	2.6	2.3	3.8	3.7	7.2	7.4	9.8	8.2		
on 1 of 2 days	4.8	2.1	1.8	2.6	2.2	3.7	3.5	6.8	7.1	9.0	7.6		
on both days	0.2	0.0 *	0.0 *	0.0 *	0.1 *	0.1 *	0.1 *	0.5 *	0.3 *	0.7 *	0.5 *		
Quantity consumed per eating occasion (1/2 cup = 92 g)		g											
Mean	102	55 *	80 *	94 *	69 *	116	88	135	101	100	88		
SEM	3	9 *	10 *	14 *	14 *	11	7	7	9	5	5		
5th percentile	18	2 *	---	19 *	---	19 *	12 *	35 *	16 *	14 *	14 *		
10th percentile	32	4 *	11 *	27 *	5 *	39 *	23 *	43 *	33 *	35	21		
25th percentile	55	14 *	34 *	43 *	22 *	61	48	80	45	58	43		
50th percentile	91	41	64	63	64	90	68	115	76	86	90		
75th percentile	134	72 *	86 *	84 *	82 *	144	86	172	129	92	92		
90th percentile	179	86 *	---	150 *	101 *	173 *	136 *	183 *	178 *	166	149		
95th percentile	183	90 *	---	---	131 *	183 *	172 *	242 *	183 *	180 *	170 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.033. Cooked Peas: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	6.1	8.4	6.8	3.6	2.4	4.4	4.9	7.4	6.3	8.4	9.4		
on 1 of 2 days	5.8	7.6	6.5	3.6	2.2	4.0	4.6	7.2	6.0	8.0	8.6		
on both days	0.3	0.8	0.3 *	0.0 *	0.1 *	0.4 *	0.2 *	0.2 *	0.3 *	0.4 *	0.8 *		
Quantity consumed per eating occasion (1/2 cup = 80 g)		g											
Mean	86	48	72	115 *	93 *	109	82	113	79	88	73		
SEM	3	3	9	15 *	17 *	10	9	7	7	7	5		
5th percentile	11	7 *	13 *	---	10 *	20 *	10 *	20 *	6 *	20 *	10 *		
10th percentile	21	10	20 *	34 *	13 *	21 *	15 *	24 *	20 *	21	19		
25th percentile	40	21	40	72 *	61 *	52	40	50	40	53	40		
50th percentile	80	42	54	86	80	85	78	116	80	80	80		
75th percentile	120	59	85	160 *	85 *	160	116	160	85	85	85		
90th percentile	167	85	131 *	170 *	140 *	215 *	167 *	170 *	159 *	160	124		
95th percentile	170	85 *	158 *	---	---	252 *	170 *	223 *	166 *	170 *	159 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.034. Cooked Corn: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	15.1	18.9	22.2	12.8	12.3	12.7	15.3	17.1	13.5	14.2	13.0		
on 1 of 2 days	13.8	17.2	20.0	11.6	11.8	11.8	13.7	15.3	13.2	12.8	11.7		
on both days	1.3	1.7	2.3	1.2 *	0.4 *	1.0	1.6	1.9	0.3 *	1.4	1.3		
Quantity consumed per eating occasion (1/2 cup = 82 g)		g											
Mean	101	68	79	125	100	122	98	133	90	109	83		
SEM	2	3	4	9	6	5	5	6	3	4	5		
5th percentile	20	10	10	39 *	37 *	25 *	20 *	41	20 *	31 *	16 *		
10th percentile	33	15	21	53 *	41 *	41	35	53	23	41	21		
25th percentile	55	41	41	82	67	82	55	82	51	62	41		
50th percentile	82	55	78	106	82	100	82	113	82	86	82		
75th percentile	123	82	85	163	123	164	123	164	112	143	100		
90th percentile	171	123	163	205 *	164 *	215	164	204	164	174	163		
95th percentile	228	164	164	294 *	227 *	256 *	209 *	288	181 *	236 *	199 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.035. Raw Onions: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	14.4	3.9	4.5	11.1	7.9	17.9	14.7	19.6	18.3	19.0	15.6		
on 1 of 2 days	12.8	3.8	4.3	10.6	7.2	15.6	13.8	16.7	16.6	16.3	13.5		
on both days	1.5	0.2 *	0.2 *	0.6 *	0.6 *	2.3	0.8 *	3.0	1.8	2.7	2.1		
Quantity consumed per eating occasion (1/2 cup = 80 g)		g											
Mean	23	9	17	28	23	27	22	26	19	23	19		
SEM	1	2	2	4	4	2	1	1	1	1	1		
5th percentile	3	1 *	---	6 *	3 *	7	3 *	3	3	4	3 *		
10th percentile	7	1 *	4 *	8 *	7 *	10	6	7	5	7	5		
25th percentile	10	2	8	11	10 *	14	10	10	10	10	10		
50th percentile	15	5	13	18	13	20	15	18	14	17	14		
75th percentile	28	9	18	27	23 *	38	28	35	20	28	24		
90th percentile	41	15 *	38 *	67 *	45 *	42	40	53	38	41	38		
95th percentile	60	26 *	40 *	78 *	74 *	64	54 *	75	44	65	40 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.036. French-Fried Potatoes: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	25.5	32.7	33.7	41.7	38.1	35.3	23.9	20.6	16.8	11.2	8.1		
on 1 of 2 days	22.0	28.3	29.3	32.2	32.7	29.6	21.5	18.4	15.4	9.9	7.7		
on both days	3.4	4.4	4.3	9.5	5.4	5.7	2.4	2.2	1.4	1.3	0.5 *		
Quantity consumed per eating occasion (10 medium = 50 g)		g											
Mean	83	52	67	97	81	107	79	89	72	76	58		
SEM	1	1	2	3	4	2	3	2	3	3	3		
5th percentile	28	18	21	42	28	54	28	34	25	28 *	25 *		
10th percentile	35	25	28	53	40	56	35	56	30	34	26 *		
25th percentile	57	34	42	60	57	78	55	57	48	55	36		
50th percentile	70	50	67	99	69	106	68	85	69	69	55		
75th percentile	112	68	85	122	99	123	100	114	100	99	70		
90th percentile	125	70	113	125	122	146	123	123	120	113	99 *		
95th percentile	140	85	124	170	131	171	125	125	124	124 *	100 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.037. Home-Fried and Hash-Browned Potatoes: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.9	9.3	10.1	10.1	6.1	9.5	8.8	11.2	6.4	10.4	7.1		
on 1 of 2 days	8.3	8.6	9.5	9.5	5.7	8.6	8.4	10.4	5.7	9.5	6.9		
on both days	0.6	0.7	0.6 *	0.7 *	0.4 *	0.9	0.4 *	0.8	0.7 *	0.9	0.2 *		
Quantity consumed per eating occasion (1/2 cup hash-browned = 78 g)		g											
Mean	135	85	93	145	138	160	129	174	119	152	110		
SEM	3	5	6	13	13	10	7	10	7	8	9		
5th percentile	36	23 *	30 *	53 *	36 *	48 *	33 *	48 *	36 *	48 *	22 *		
10th percentile	47	30	38	61 *	48 *	53	39	53	48 *	63	35 *		
25th percentile	70	39	47	78	73 *	78	53	76	64	77	62		
50th percentile	105	65	78	110	101	144	104	145	96	131	96		
75th percentile	192	101	127	192	168 *	195	156	232	150	184	145		
90th percentile	284	158	192	279 *	232 *	292	221	310	192 *	285	188 *		
95th percentile	308	193 *	194 *	323 *	306 *	311 *	289 *	366 *	276 *	333 *	276 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.038. Baked Potatoes: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	12.4	7.6	8.2	8.6	8.8	11.4	11.1	13.0	16.5	17.9	18.1		
on 1 of 2 days	11.5	7.5	7.8	8.4	8.5	10.4	10.1	12.3	15.8	16.1	16.0		
on both days	0.9	0.1 *	0.4 *	0.1 *	0.3 *	1.0	1.1	0.7 *	0.7 *	1.8	2.1		
Quantity consumed per eating occasion (1 medium, peel eaten = 122 g)		g											
Mean	120	70	95	152	115	154	126	133	112	115	100		
SEM	2	4	6	15	10	7	5	3	3	3	4		
5th percentile	48	15 *	23 *	52 *	19 *	81 *	50 *	51 *	49	49	36 *		
10th percentile	61	23	43 *	68 *	39 *	95	65	84	62	73	48		
25th percentile	92	40	63	95 *	74	97	95	96	92	96	74		
50th percentile	106	62	93	122	100	142	113	118	97	98	97		
75th percentile	143	93	109	184 *	148	184	148	155	122	124	119		
90th percentile	184	114	158 *	215 *	184 *	236	203	193	171	180	142		
95th percentile	217	147 *	171 *	369 *	194 *	284 *	219 *	223 *	184	188	178 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.039. Boiled Potatoes: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	5.3	4.8	2.7	2.0	3.2	3.9	2.9	6.3	7.0	11.0	10.2		
on 1 of 2 days	5.0	4.6	2.7	1.7 *	3.0	3.7	2.8	6.1	6.7	9.8	9.3		
on both days	0.3	0.1 *	0.1 *	0.3 *	0.2 *	0.3 *	0.1 *	0.2 *	0.3 *	1.3	0.9 *		
Quantity consumed per eating occasion (1/2 cup = 78 g)		g											
Mean	157	81	103 *	250 *	144 *	185	162	209	142	166	131		
SEM	5	9	17 *	40 *	16 *	16	15	12	9	6	5		
5th percentile	34	10 *	---	77 *	39 *	37 *	19 *	57 *	39 *	39 *	45 *		
10th percentile	52	12 *	19 *	78 *	44 *	51 *	25 *	86 *	61 *	60	60		
25th percentile	91	39	46 *	121 *	93 *	113	52 *	141	92	92	78		
50th percentile	123	77	93	216	123	156	127	184	122	125	122		
75th percentile	197	108	141 *	310 *	171 *	264	236 *	250	183	215	156		
90th percentile	308	156 *	184 *	420 *	217 *	359 *	308 *	368 *	251 *	311	214		
95th percentile	368	184 *	227 *	---	---	368 *	360 *	416 *	303 *	368 *	266 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.040. Mashed Potatoes: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	15.0	14.8	13.3	14.6	11.9	14.7	13.5	16.0	14.3	19.7	18.1		
on 1 of 2 days	13.9	13.8	12.8	13.6	11.5	13.8	12.9	14.6	13.4	17.4	16.0		
on both days	1.0	1.0	0.5 *	0.9 *	0.4 *	0.9	0.5 *	1.3	0.8	2.3	2.1		
Quantity consumed per eating occasion (1/2 cup = 105 g)		g											
Mean	188	118	162	245	170	269	167	225	156	173	140		
SEM	3	6	12	16	17	12	5	11	7	6	5		
5th percentile	46	19	18 *	51 *	38 *	63 *	42 *	69	39	39	23		
10th percentile	61	26	44	91 *	62 *	104	68	100	51	70	54		
25th percentile	105	51	90	103	83	139	101	113	99	100	104		
50th percentile	156	101	104	194	117	204	154	186	120	153	105		
75th percentile	207	144	202	293	182	373	202	272	196	203	194		
90th percentile	397	201	299	405 *	283 *	411	216	407	249	307	208		
95th percentile	413	257	354 *	582 *	437 *	484 *	313 *	419	313	370	246		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.041. Cooked Dried Beans and Peas: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.0	8.6	5.9	5.8	5.6	8.0	8.2	10.0	8.4	9.1	8.0		
on 1 of 2 days	6.9	7.3	5.3	5.0	4.8	6.6	7.3	8.9	7.0	7.9	7.1		
on both days	1.1	1.3	0.6 *	0.8 *	0.7 *	1.4	0.9	1.2	1.4	1.2	0.9 *		
Quantity consumed per eating occasion (1/2 cup kidney beans = 86 g)		g											
Mean	133	71	95	144	164 *	173	119	156	109	162	117		
SEM	3	4	11	15	22 *	14	11	7	5	16	6		
5th percentile	22	12 *	3 *	17 *	26 *	23 *	23 *	40 *	21 *	22 *	11 *		
10th percentile	33	22	22 *	42 *	34 *	42	32 *	44	30	46	33 *		
25th percentile	64	33	44	65 *	65 *	81	44	81	64	66	65		
50th percentile	101	53	86	117	139	131	88	130	86	130	108		
75th percentile	173	86	112	194 *	222 *	205	157	183	165	195	162		
90th percentile	259	164	171 *	255 *	279 *	345	214 *	320	176	289	193 *		
95th percentile	345	189 *	176 *	368 *	322 *	439 *	334 *	376 *	242 *	356 *	250 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.042. Baked Beans: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	4.7	3.9	5.2	3.6	4.4	4.5	3.2	5.5	5.1	6.9	5.4		
on 1 of 2 days	4.6	3.8	5.2	3.6	4.3	4.3	3.0	5.4	5.1	6.5	5.3		
on both days	0.1	0.1 *	0.0 *	0.0 *	0.1 *	0.2 *	0.2 *	0.1 *	0.0 *	0.3 *	0.1 *		
Quantity consumed per eating occasion (1/2 cup = 126 g)		g											
Mean	171	103	127	181 *	173 *	230	143	204	150	196	149		
SEM	6	13	13	22 *	16 *	19	21	14	12	14	9		
5th percentile	24	6 *	7 *	35 *	53 *	38 *	---	35 *	25 *	32 *	23 *		
10th percentile	47	13 *	16 *	51 *	63 *	59 *	11 *	69 *	44 *	63 *	49 *		
25th percentile	84	39	59	94 *	126 *	120	59	93	84	120	82		
50th percentile	126	66	126	127	127	173	117	180	123	182	123		
75th percentile	235	117	127	230 *	216 *	257	170	248	170	245	220		
90th percentile	314	223 *	230 *	256 *	251 *	461 *	253 *	369 *	248 *	280 *	248 *		
95th percentile	385	253 *	253 *	---	309 *	487 *	380 *	416 *	295 *	381 *	254 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.043. Raw Oranges: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	7.9	11.1	10.5	4.3	5.4	6.6	6.3	7.4	8.3	8.9	11.2		
on 1 of 2 days	6.4	9.4	9.7	3.7	4.9	4.6	5.5	6.3	6.8	6.2	7.9		
on both days	1.5	1.7	0.8 *	0.7 *	0.5 *	2.1	0.8 *	1.1	1.5	2.7	3.2		
Quantity consumed per eating occasion (1 medium = 131 g)		g											
Mean	132	103	114	187 *	109 *	153	126	148	132	133	129		
SEM	2	5	5	38 *	8 *	8	6	8	5	5	4		
5th percentile	42	23 *	34 *	71 *	31 *	87 *	35 *	46 *	39 *	38 *	51 *		
10th percentile	64	45	49	91 *	39 *	94 *	50 *	66 *	65	48 *	70		
25th percentile	95	59	64	115 *	91 *	118	94	111	108	95	95		
50th percentile	127	94	121	123	120	126	119	123	123	121	123		
75th percentile	131	128	128	151 *	127 *	166	130	176	131	131	129		
90th percentile	183	165	158	310 *	131 *	191 *	183 *	232 *	177	183 *	182		
95th percentile	253	183 *	192 *	---	149 *	262 *	192 *	281 *	190 *	249 *	217 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.044. Orange Juice: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	27.2	34.4	30.9	30.8	29.5	24.3	23.2	24.1	25.2	30.2	31.7		
on 1 of 2 days	17.3	24.7	20.5	21.5	21.5	16.9	17.0	14.5	15.1	13.1	14.5		
on both days	9.9	9.7	10.5	9.3	8.0	7.3	6.1	9.6	10.1	17.1	17.2		
Quantity consumed per eating occasion (6 fluid ounces = 187 g)		g											
Mean	268	190	224	354	305	373	289	285	231	213	196		
SEM	4	4	6	16	11	20	12	10	6	5	5		
5th percentile	124	93	124	124 *	124 *	181	124	124	124	124	124		
10th percentile	124	124	124	187	124	187	156	143	124	124	124		
25th percentile	187	124	156	248	218	249	187	187	166	147	124		
50th percentile	249	186	209	298	249	311	249	249	223	187	187		
75th percentile	311	249	249	430	373	407	311	311	249	249	249		
90th percentile	447	249	332	622	498	552	497	436	312	311	258		
95th percentile	498	333	373	713 *	498 *	739	499	498	436	373	311		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.045. Raw Apples: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	15.6	26.8	21.9	11.7	12.4	12.1	12.9	14.1	16.2	17.6	16.1		
on 1 of 2 days	12.1	20.0	16.9	10.1	10.0	9.5	10.4	10.8	13.0	11.8	12.2		
on both days	3.5	6.7	5.0	1.6 *	2.4	2.6	2.5	3.3	3.3	5.8	3.9		
Quantity consumed per eating occasion (1 medium = 138 g)		g											
Mean	135	106	123	149	129	161	134	145	136	145	128		
SEM	2	2	3	9	5	6	3	3	4	8	3		
5th percentile	46	34	48	64 *	51 *	70 *	42 *	48 *	37	46 *	42 *		
10th percentile	68	53	65	77 *	70 *	105	68	104	68	68	64		
25th percentile	105	69	103	122	104	125	106	121	105	105	104		
50th percentile	134	105	133	129	125	132	134	130	131	128	127		
75th percentile	137	131	136	137	134	208	137	138	137	137	135		
90th percentile	209	137	159	191 *	173 *	212	201	209	209	202	192		
95th percentile	211	159	209	211 *	200 *	263 *	207 *	211 *	211	212 *	202 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.046. Applesauce and Cooked Apples: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	4.6	10.1	9.0	2.3	2.6	1.3	2.4	3.1	3.9	8.1	9.2		
on 1 of 2 days	4.1	8.7	8.5	2.0	2.6	1.2	2.2	2.8	3.5	7.2	7.3		
on both days	0.5	1.4	0.5 *	0.3 *	0.0 *	0.1 *	0.2 *	0.3 *	0.4 *	1.0	1.9		
Quantity consumed per eating occasion (1/2 cup = 128 g)		g											
Mean	134	118	130	153 *	200 *	153 *	155 *	142	125	135	121		
SEM	4	5	7	19 *	47 *	31 *	21 *	12	10	10	7		
5th percentile	31	35 *	48 *	---	---	---	40 *	31 *	16 *	31 *	16 *		
10th percentile	59	58	62 *	---	61 *	---	67 *	38 *	27 *	54 *	31 *		
25th percentile	85	63	82	107 *	86 *	74 *	86 *	81 *	74	73	64		
50th percentile	121	117	118	125	122	115	124	120	118	121	119		
75th percentile	142	127	126	170 *	250 *	183 *	187 *	179 *	139	160	126		
90th percentile	249	183	230 *	---	---	285 *	258 *	244 *	239 *	250 *	249 *		
95th percentile	254	246 *	251 *	---	---	---	327 *	271 *	250 *	254 *	254 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.047. Apple Juice: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	7.0	26.3	12.2	7.8	8.5	4.2	4.7	4.7	3.2	4.8	5.0		
on 1 of 2 days	5.4	16.9	10.1	7.1	6.7	3.1	3.9	4.0	2.9	3.5	4.0		
on both days	1.6	9.5	2.0	0.7 *	1.8	1.1	0.8 *	0.7 *	0.3 *	1.3	1.1		
Quantity consumed per eating occasion (6 fluid ounces = 186 g)		g											
Mean	271	207	223	346	360	345	302	358	259	233	225		
SEM	7	5	10	22	44	20	19	33	21	11	13		
5th percentile	117	103	110 *	77 *	---	162 *	105 *	107 *	47 *	95 *	81 *		
10th percentile	120	118	114	144 *	---	217 *	162 *	173 *	83 *	106 *	92 *		
25th percentile	182	124	130	210 *	190	234	235	220	155	167	131		
50th percentile	242	184	185	292	257	293	246	297	214	233	214		
75th percentile	307	242	246	478 *	425	357	349	449	294	248	240		
90th percentile	481	294	319	493 *	535 *	532 *	456 *	569 *	398 *	344 *	300 *		
95th percentile	525	370	447 *	591 *	659 *	617 *	514 *	672 *	---	---	364 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.048. Raw Bananas: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	20.8	25.0	16.5	10.3	8.4	14.4	18.5	21.9	24.4	36.5	34.0		
on 1 of 2 days	15.2	20.1	14.4	8.4	7.8	10.6	14.6	15.2	18.4	20.3	22.1		
on both days	5.7	4.9	2.1	2.0	0.6 *	3.9	3.9	6.7	6.0	16.2	11.9		
Quantity consumed per eating occasion (1 medium = 118 g)		g											
Mean	111	95	105	122	119	126	112	125	111	105	96		
SEM	1	2	3	6	5	2	2	3	2	2	2		
5th percentile	55	39	30 *	54 *	53 *	88 *	51 *	52	55	55	48		
10th percentile	58	55	53	92 *	66 *	99	62	99	58	57	56		
25th percentile	100	59	90	110	104	113	99	113	101	86	59		
50th percentile	117	101	112	114	110	116	115	116	116	117	107		
75th percentile	118	115	116	122	117	126	117	125	118	118	116		
90th percentile	135	118	130	134 *	130 *	136	131	135	133	127	118		
95th percentile	136	130	134 *	180 *	---	211 *	134 *	223	135	134	131		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.049. Fluid Milk: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	67.8	92.5	89.2	72.3	64.4	58.0	61.3	60.5	60.2	73.9	71.6		
on 1 of 2 days	25.4	17.1	24.5	27.2	32.5	29.5	27.4	24.5	23.9	21.5	22.3		
on both days	42.3	75.4	64.7	45.1	31.8	28.4	33.9	36.0	36.3	52.5	49.3		
Quantity consumed per eating occasion (1 cup lowfat milk = 244 g)		g											
Mean	226	196	241	337	262	291	209	238	169	189	154		
SEM	3	3	4	8	8	9	6	6	5	5	4		
5th percentile	30	90	121	122	103	18	14	21	15	29	15		
10th percentile	61	119	122	181	116	53	42	55	30	46	30		
25th percentile	122	142	181	240	179	161	120	122	81	106	82		
50th percentile	220	182	242	301	237	244	208	240	163	181	133		
75th percentile	274	242	264	405	304	366	259	306	241	244	220		
90th percentile	367	285	361	487	421	490	361	425	286	307	245		
95th percentile	483	330	403	606	490	606	446	481	367	392	296		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.050. Fluid Milk Consumed with Cereal: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	40.0	68.1	64.7	44.4	42.7	26.9	32.4	30.1	30.2	48.1	46.6		
on 1 of 2 days	24.5	36.3	37.4	28.8	30.0	18.6	23.4	17.9	20.3	23.1	24.5		
on both days	15.5	31.8	27.4	15.6	12.7	8.4	9.0	12.2	9.9	25.0	22.1		
Quantity consumed per eating occasion (1 cup lowfat milk = 244 g)		g											
Mean	198	149	202	276	222	275	198	211	166	170	140		
SEM	3	4	5	10	8	12	5	7	5	5	6		
5th percentile	59	57	69	103	81	103	74	61	50	50	31		
10th percentile	81	60	89	110	105	111	108	92	61	61	58		
25th percentile	122	102	116	173	122	174	117	117	119	115	89		
50th percentile	182	122	177	233	217	237	184	184	122	124	121		
75th percentile	240	182	237	355	241	343	238	243	222	234	183		
90th percentile	347	239	326	478	353	465	266	344	245	245	235		
95th percentile	413	244	367	490	445	489	363	460	292	321	245		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.051. Whole Milk: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	25.4	50.0	39.5	30.0	22.4	22.9	22.4	20.3	19.0	22.3	19.7		
on 1 of 2 days	13.5	17.5	18.7	17.2	12.4	14.7	13.8	11.5	11.2	10.5	9.5		
on both days	11.8	32.4	20.8	12.8	10.0	8.2	8.6	8.8	7.8	11.8	10.2		
Quantity consumed per eating occasion (1 cup = 244 g)		g											
Mean	222	202	244	333	258	278	202	223	142	188	137		
SEM	4	3	7	13	7	11	10	15	7	9	8		
5th percentile	15	88	110	97 *	90 *	14	11	13	10	13	10		
10th percentile	30	119	118	175	112	29	15	17	13	27	15		
25th percentile	121	137	181	225	181	122	75	69	29	83	41		
50th percentile	239	189	237	288	229	240	181	238	120	181	118		
75th percentile	272	241	244	416	297	362	256	304	232	240	212		
90th percentile	375	289	349	484	373	481	363	434	266	321	240		
95th percentile	479	340	447	613 *	471 *	582	466	479	341	384	274		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.052. Whole Milk Consumed with Cereal: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	12.1	33.8	26.2	14.8	14.1	7.9	8.7	6.2	6.1	10.1	9.9		
on 1 of 2 days	8.4	19.9	16.9	10.1	9.8	5.9	7.3	4.8	5.3	6.0	6.5		
on both days	3.7	13.9	9.3	4.6	4.3	2.0	1.4	1.5	0.8	4.1	3.3		
Quantity consumed per eating occasion (1 cup = 244 g)		g											
Mean	207	161	212	265	235	272	216	216	183	177	156		
SEM	6	5	11	18	13	16	14	16	10	10	13		
5th percentile	58	57	59	54 *	92 *	58 *	---	---	36 *	47 *	25 *		
10th percentile	81	60	87	97 *	106 *	87 *	93	91 *	63 *	58	49		
25th percentile	122	122	114	161	140	168	109	108	109	116	103		
50th percentile	182	122	182	229	222	226	188	216	137	140	117		
75th percentile	239	207	238	335	240	318	230	239	227	226	219		
90th percentile	350	240	347	431 *	339 *	448 *	345	344 *	242 *	241	236		
95th percentile	435	275	404	464 *	404 *	475 *	437 *	---	332 *	320 *	242 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.053. Lowfat Milk: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	35.0	47.5	52.8	39.6	32.4	29.4	29.4	31.2	27.7	40.2	37.8		
on 1 of 2 days	16.0	15.0	21.5	17.0	19.3	16.4	15.1	15.3	12.6	14.6	16.0		
on both days	19.0	32.4	31.3	22.6	13.1	13.0	14.2	15.8	15.1	25.6	21.8		
Quantity consumed per eating occasion (1 cup = 244 g)		g											
Mean	225	189	238	326	262	298	198	242	159	189	161		
SEM	4	3	4	8	13	15	7	7	5	5	6		
5th percentile	30	76	110	118	80 *	15	14	22	14	29	21		
10th percentile	61	106	120	181	103	58	37	61	23	53	39		
25th percentile	122	122	178	231	176	165	112	122	63	105	83		
50th percentile	219	179	242	299	236	240	183	240	152	181	145		
75th percentile	263	242	258	365	299	364	243	302	236	244	231		
90th percentile	365	272	343	482	390	549	329	436	266	338	246		
95th percentile	482	342	402	586	487 *	648	367	479	344	408	304		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.054. Lowfat Milk Consumed with Cereal: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	20.1	31.5	32.7	24.3	21.1	14.0	15.2	16.1	13.1	26.5	24.4		
on 1 of 2 days	12.8	17.8	19.5	16.7	16.1	10.0	11.1	10.5	8.9	13.6	13.9		
on both days	7.2	13.7	13.1	7.6	5.1	4.1	4.1	5.7	4.2	12.9	10.5		
Quantity consumed per eating occasion (1 cup = 244 g)		g											
Mean	194	136	198	277	227	284	181	212	151	165	134		
SEM	4	4	4	12	12	22	5	10	7	5	5		
5th percentile	58	52	69	97 *	82 *	92 *	74 *	77 *	35 *	49	31		
10th percentile	81	57	94	105	95	101	94	88	52	58	50		
25th percentile	115	90	115	172	115	160	106	114	107	112	79		
50th percentile	182	117	175	231	216	225	166	178	119	122	117		
75th percentile	237	174	235	352	239	313	225	234	182	232	182		
90th percentile	302	227	297	473	365	471	240	327	233	242	228		
95th percentile	417	238	365	487 *	456 *	566 *	264 *	387 *	242 *	306	240		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.055. Skim Milk: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	14.3	7.8	11.1	9.7	13.5	9.3	15.5	15.1	19.2	17.7	21.6		
on 1 of 2 days	6.7	3.5	4.7	4.9	6.7	5.3	8.4	6.9	8.8	6.5	8.0		
on both days	7.6	4.3	6.4	4.8	6.8	3.9	7.1	8.2	10.4	11.2	13.5		
Quantity consumed per eating occasion (1 cup = 245 g)		g											
Mean	226	171	225	375	255	318	235	244	193	186	154		
SEM	5	9	9	38	14	13	11	12	7	9	9		
5th percentile	31	61 *	62 *	119 *	98 *	48 *	29 *	29 *	27	24 *	13		
10th percentile	61	62	122	147 *	122 *	106	70	75	49	41	29		
25th percentile	122	122	162	228	141	222	125	125	122	108	85		
50th percentile	225	163	225	367	245	286	245	245	184	184	141		
75th percentile	275	215	245	453	366	404	276	327	245	245	225		
90th percentile	367	245	357	551 *	425 *	490	367	409	325	306	245		
95th percentile	490	292 *	382 *	731 *	490 *	568 *	490 *	490 *	367	367 *	267		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.056. Skim Milk Consumed with Cereal: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.9	4.9	7.5	6.5	8.3	5.6	9.3	8.7	11.8	12.4	14.2		
on 1 of 2 days	5.8	3.2	5.2	4.7	5.7	4.0	6.8	5.1	7.7	6.3	8.3		
on both days	3.2	1.7	2.3	1.9	2.7	1.6	2.5	3.7	4.1	6.1	5.9		
Quantity consumed per eating occasion (1 cup = 245 g)		g											
Mean	190	131	188	285 *	181	260	207	197	173	174	135		
SEM	4	11	14	23 *	13	12	10	11	7	9	9		
5th percentile	61	31 *	61 *	---	75 *	73 *	74 *	50 *	57 *	61 *	31 *		
10th percentile	81	38 *	78 *	92 *	82 *	107 *	122	90	92	65	61		
25th percentile	122	61	122	150 *	122	184	122	122	122	122	89		
50th percentile	184	122	155	230	160	245	212	184	148	126	122		
75th percentile	245	170	209	365 *	209	308	245	245	245	229	171		
90th percentile	306	233 *	331 *	490 *	242 *	381 *	290	306	245	243	228		
95th percentile	360	245 *	357 *	---	306 *	454 *	345 *	359 *	289 *	325 *	238 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.057. Cheese, Other Than Cream or Cottage: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	51.1	53.2	50.4	61.1	53.9	63.8	52.6	48.3	46.3	40.9	35.4		
on 1 of 2 days	36.8	37.1	37.3	41.1	37.7	43.2	39.1	33.8	35.2	30.6	28.5		
on both days	14.3	16.1	13.1	20.0	16.2	20.6	13.6	14.5	11.2	10.3	6.9		
Quantity consumed per eating occasion (1-1/2 ounces = 43 g)		g											
Mean	32	24	29	38	27	39	30	36	29	33	26		
SEM	1	1	1	2	1	2	1	1	1	2	1		
5th percentile	7	5	7	13	7	11	6	9	6	7	3		
10th percentile	11	7	11	18	12	16	9	14	7	9	6		
25th percentile	20	13	16	21	17	23	17	21	17	17	14		
50th percentile	26	21	24	28	23	30	24	28	24	26	21		
75th percentile	39	28	35	43	31	43	34	43	34	42	34		
90th percentile	57	42	56	63	45	65	56	60	52	59	53		
95th percentile	77	57	68	85	57	101	71	85	68	81	58		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.058. Ice Cream and Ice Milk: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	16.6	18.4	21.1	14.2	15.2	14.7	13.6	18.0	14.2	22.7	18.9		
on 1 of 2 days	14.2	15.6	18.9	12.4	13.7	13.2	12.5	15.3	12.1	17.1	14.2		
on both days	2.4	2.8	2.2	1.8 *	1.4 *	1.5	1.1	2.8	2.1	5.5	4.8		
Quantity consumed per eating occasion (1/2 cup hard ice cream = 66 g)		g											
Mean	151	92	135	221	187	200	136	173	141	138	107		
SEM	4	3	4	12	14	20	6	6	8	5	4		
5th percentile	44	33	51	66 *	39 *	44 *	39 *	63	37 *	42	32		
10th percentile	66	37	66	110 *	64 *	66	66	70	44	66	44		
25th percentile	77	66	86	133	98	131	74	129	66	66	66		
50th percentile	133	66	132	197	142	172	132	133	132	132	100		
75th percentile	198	132	166	266	265	265	152	212	197	197	133		
90th percentile	266	136	199	378 *	368 *	397	224	267	265	264	175		
95th percentile	349	198	263	411 *	397 *	422 *	271 *	332	267 *	266	200		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.059. Beef Steaks: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	12.8	11.1	11.3	9.5	9.4	17.1	11.8	18.3	10.7	13.4	9.5		
on 1 of 2 days	12.1	10.6	10.9	9.2	9.0	16.0	11.1	17.0	10.3	12.2	8.9		
on both days	0.7	0.5 *	0.4 *	0.2 *	0.4 *	1.1	0.7 *	1.2	0.4 *	1.2	0.7 *		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	139	58	87	168	112	202	121	159	117	129	95		
SEM	6	4	9	14	10	20	8	7	6	7	6		
5th percentile	25	6 *	15 *	33 *	14 *	44 *	34 *	36	32 *	37 *	19 *		
10th percentile	38	8	25	58 *	33 *	67	37	60	45	42	30		
25th percentile	67	25	49	81	63	120	57	101	60	65	51		
50th percentile	119	50	63	150	96	173	105	151	106	120	78		
75th percentile	183	80	99	206	153	251	160	202	155	178	130		
90th percentile	256	124	158	270 *	210 *	353	207	265	191	219	165		
95th percentile	319	138 *	205 *	396 *	222 *	500 *	269 *	311	238 *	266 *	185 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.060. Beef Roasts: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	7.4	5.2	4.8	5.1	5.5	6.9	5.8	9.9	9.6	11.7	8.8		
on 1 of 2 days	7.1	5.1	4.7	4.9	5.5	6.6	5.8	8.8	9.3	10.9	8.6		
on both days	0.3	0.1 *	0.2 *	0.2 *	0.0 *	0.3 *	0.0 *	1.1	0.3 *	0.8 *	0.2 *		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	101	49	67	233 *	97 *	132	85	119	74	102	80		
SEM	7	5	7	149 *	16 *	14	8	8	5	6	4		
5th percentile	16	3 *	8 *	11 *	---	23 *	13 *	25 *	12 *	22 *	11 *		
10th percentile	25	8 *	17 *	13 *	14 *	41 *	20 *	35	21	27	24		
25th percentile	45	17	34	39 *	24 *	56	41	63	41	52	41		
50th percentile	76	33	51	84	80	103	78	99	66	80	68		
75th percentile	121	67	83	127 *	131 *	170	113	142	87	135	102		
90th percentile	185	101 *	136 *	136 *	206 *	233 *	134 *	221	134	191	142		
95th percentile	229	140 *	161 *	281 *	267 *	264 *	154 *	259 *	162 *	226 *	170 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.061. Ground Beef. Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	54.0	59.5	63.7	73.4	61.5	65.3	51.5	50.0	44.6	40.7	36.2		
on 1 of 2 days	38.8	45.1	41.9	45.3	41.3	42.4	39.3	37.3	34.4	32.4	30.7		
on both days	15.3	14.4	21.8	28.1	20.2	22.8	12.2	12.7	10.3	8.3	5.5		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	61	31	41	66	52	80	52	82	57	73	62		
SEM	1	1	1	3	3	4	2	3	2	3	3		
5th percentile	1	1	1	1	1	3	1	3	2	3	2		
10th percentile	3	1	2	2	2	6	3	7	3	8	12		
25th percentile	25	10	16	28	23	38	22	40	24	36	31		
50th percentile	52	24	34	58	44	71	45	70	48	68	54		
75th percentile	85	42	59	88	77	102	77	110	84	96	87		
90th percentile	118	68	85	131	101	155	102	169	112	125	113		
95th percentile	158	85	104	168	127	194	122	200	129	176	140		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.062. Ham: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	11.3	6.9	8.5	11.6	9.9	10.8	9.7	13.5	12.2	15.2	14.4		
on 1 of 2 days	10.5	6.4	8.0	11.6	9.1	9.8	9.2	12.7	11.4	14.1	12.9		
on both days	0.8	0.4 *	0.5 *	0.1 *	0.8 *	1.0	0.6 *	0.8	0.8	1.1	1.5		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	56	35	40	68	40	78	47	68	50	56	45		
SEM	2	4	4	7	5	7	4	5	4	3	3		
5th percentile	6	3 *	3 *	9 *	4 *	8 *	6 *	6 *	3 *	6 *	6 *		
10th percentile	9	6	7 *	13 *	6 *	16	9	13	8	11	8		
25th percentile	22	13	13	25	15	27	22	26	19	23	17		
50th percentile	38	26	33	42	31	51	33	42	32	41	38		
75th percentile	71	45	51	90	56	90	60	84	60	77	62		
90th percentile	119	68	91 *	155 *	85 *	167	102	149	106	104	85		
95th percentile	154	85 *	120 *	196 *	97 *	258 *	116 *	185 *	141 *	149 *	107 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.063. Pork Chops, Steaks, Roasts: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	12.6	11.0	10.1	11.6	8.5	12.8	12.5	14.3	13.0	16.4	13.1		
on 1 of 2 days	11.6	10.2	9.3	10.3	7.9	11.9	11.9	13.1	12.0	15.1	12.2		
on both days	0.9	0.8	0.9 *	1.3 *	0.6 *	0.9	0.7 *	1.2	1.0	1.3	0.9		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	83	48	62	100	72	117	71	108	67	89	62		
SEM	3	3	4	8	7	8	4	6	4	3	3		
5th percentile	8	5 *	14 *	16 *	8 *	11 *	7 *	10 *	7 *	10 *	7 *		
10th percentile	17	11	25	20 *	13 *	26	10	20	13	25	9		
25th percentile	37	26	34	50	34	57	34	48	29	46	33		
50th percentile	67	40	56	85	66	100	66	87	55	83	52		
75th percentile	109	63	79	127	89	165	90	159	89	123	83		
90th percentile	167	84	100	170 *	127 *	213	129	196	136	166	115		
95th percentile	202	104 *	129 *	265 *	157 *	251 *	159 *	258 *	168 *	186 *	141 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.064. Bacon: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	14.3	10.4	9.7	14.9	11.1	14.1	12.4	17.5	14.8	20.6	17.4		
on 1 of 2 days	12.3	9.4	8.7	13.0	10.6	12.5	11.1	15.4	12.4	16.0	14.0		
on both days	2.0	1.0	1.0	2.0	0.6 *	1.6	1.3	2.1	2.5	4.7	3.4		
Quantity consumed per eating occasion (1 strip = 5 g)		g											
Mean	20	15	19	25	18	26	18	22	18	19	16		
SEM	#	1	2	2	1	1	1	1	1	1	1		
5th percentile	5	4 *	3 *	8 *	2 *	6 *	4 *	7	5	8	5 *		
10th percentile	8	5	7	10 *	6 *	9	7	8	8	8	8		
25th percentile	12	8	10	15	10	15	10	14	10	10	9		
50th percentile	16	13	16	22	16	23	16	18	16	16	16		
75th percentile	24	20	23	31	23	31	23	27	23	24	17		
90th percentile	34	24	33	45 *	31 *	46	31	36	30	32	24		
95th percentile	42	32 *	39 *	47 *	35 *	48 *	37 *	45	32	39	33 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.065. Pork Breakfast Sausage: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	6.1	5.3	6.0	6.3	3.3	6.6	5.1	6.6	5.8	10.7	5.5		
on 1 of 2 days	5.6	5.1	5.5	6.0	3.1	6.3	4.8	6.0	5.4	8.9	5.1		
on both days	0.5	0.3 *	0.5 *	0.2 *	0.1 *	0.4 *	0.3 *	0.6 *	0.4 *	1.8	0.4 *		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	43	33	32	40 *	40 *	57	37	48	38	48	34		
SEM	2	2	3	4 *	5 *	4	3	4	4	4	3		
5th percentile	13	11 *	12 *	---	14 *	13 *	13 *	13 *	10 *	13 *	9 *		
10th percentile	13	11 *	12 *	---	15 *	19 *	13 *	17 *	11 *	21	11 *		
25th percentile	25	13	13	25 *	26 *	26	24	25	13	27	20		
50th percentile	27	26	27	27	27	49	27	32	26	32	27		
75th percentile	54	39	38	53 *	49 *	54	45	53	47	54	49		
90th percentile	80	54 *	53 *	55 *	69 *	108 *	54 *	78 *	64 *	84	54 *		
95th percentile	108	83 *	73 *	67 *	79 *	157 *	75 *	108 *	85 *	116 *	68 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.066. Frankfurters and Luncheon Meats: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	41.8	51.7	50.9	46.7	38.5	46.2	35.6	44.9	34.3	41.6	33.9		
on 1 of 2 days	32.5	39.1	36.8	36.2	30.3	34.7	29.7	35.8	28.3	30.4	26.9		
on both days	9.3	12.5	14.0	10.5	8.2	11.5	6.0	9.1	6.0	11.2	7.0		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	67	49	57	76	57	88	61	79	59	62	51		
SEM	2	1	2	3	3	6	2	2	2	2	2		
5th percentile	21	14	19	27	15	28	23	24	21	20	14		
10th percentile	28	21	28	33	21	33	28	28	28	27	21		
25th percentile	42	28	36	47	35	56	36	55	35	38	28		
50th percentile	57	47	56	57	56	71	56	63	56	56	46		
75th percentile	84	57	64	102	66	112	71	103	69	83	57		
90th percentile	114	83	107	130	104	159	110	125	104	113	85		
95th percentile	140	112	114	157	114	218	114	169	114	127	113		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.067. Canned Tuna: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	7.8	6.6	5.4	5.1	7.5	6.7	8.2	8.5	10.0	8.4	9.5		
on 1 of 2 days	7.4	6.2	5.3	4.7	7.0	6.4	7.8	8.1	9.8	7.8	9.0		
on both days	0.4	0.4 *	0.2 *	0.4 *	0.5 *	0.3 *	0.4 *	0.4 *	0.3 *	0.6 *	0.5 *		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	65	38	57	84 *	64	84	60	69	60	63	65		
SEM	2	3	8	12 *	6	7	5	4	4	5	4		
5th percentile	14	7 *	14 *	---	14 *	15 *	14 *	14 *	13 *	10 *	12 *		
10th percentile	18	8	20 *	18 *	18 *	27 *	14 *	27	15	17 *	23		
25th percentile	32	15	26	49 *	28 *	49	34	37	28	35	42		
50th percentile	56	29	49	74	56	57	56	56	56	56	56		
75th percentile	80	55	59	97 *	77 *	113	74	82	74	77	83		
90th percentile	124	73	99 *	162 *	105 *	160 *	105 *	124	112	114 *	112		
95th percentile	161	85 *	157 *	---	156 *	168 *	142 *	168 *	141 *	150 *	153 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.068. Other Finfish: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	10.1	7.7	7.8	7.1	5.7	9.6	8.6	12.3	10.8	15.0	14.4		
on 1 of 2 days	9.3	7.4	7.3	6.4	5.3	9.3	7.9	11.2	9.9	13.9	13.1		
on both days	0.7	0.3 *	0.6 *	0.7 *	0.4 *	0.4 *	0.7 *	1.1	0.9	1.1	1.3		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	110	64	93	119 *	89 *	117	111	130	107	111	108		
SEM	2	4	8	11 *	13 *	8	10	7	9	6	6		
5th percentile	28	8 *	17 *	40 *	20 *	37 *	26 *	29 *	29 *	37 *	33 *		
10th percentile	40	16	31 *	50 *	26 *	47	36 *	47	42	45	42		
25th percentile	57	33	50	64 *	47 *	68	50	75	51	57	57		
50th percentile	90	58	77	89	67	100	85	110	85	90	90		
75th percentile	131	77	119	170 *	124 *	138	129	153	123	133	130		
90th percentile	203	124	171 *	185 *	164 *	205	209 *	243	174	220	200		
95th percentile	259	128 *	232 *	249 *	199 *	256 *	289 *	287 *	244 *	261 *	229 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.069. Total Chicken and Turkey: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	57.3	63.8	53.8	58.4	54.1	57.3	57.8	56.8	58.7	53.8	57.8		
on 1 of 2 days	41.9	46.7	42.3	45.5	40.1	40.6	42.0	39.0	42.7	40.0	43.3		
on both days	15.4	17.1	11.5	12.8	14.0	16.7	15.8	17.8	16.0	13.8	14.5		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	85	46	62	100	71	112	78	111	80	87	71		
SEM	1	1	2	4	2	4	2	4	2	3	2		
5th percentile	6	1	3	#	3	10	5	12	8	5	6		
10th percentile	17	7	13	11	15	27	15	25	20	15	16		
25th percentile	43	23	35	45	42	60	42	63	42	45	39		
50th percentile	73	43	55	85	62	92	69	92	74	78	64		
75th percentile	105	60	82	138	94	141	100	138	102	105	92		
90th percentile	162	84	110	197	128	195	140	203	147	166	122		
95th percentile	203	102	140	255	157	253	194	256	178	204	155		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.070. Chicken: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	35.9	44.6	36.0	34.3	36.1	37.1	35.5	34.5	36.0	32.1	34.0		
on 1 of 2 days	30.8	37.0	32.0	29.7	30.3	30.9	30.9	29.0	31.1	28.0	29.7		
on both days	5.1	7.6	4.1	4.7	5.8	6.2	4.5	5.5	4.8	4.1	4.3		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	95	52	70	117	80	122	92	124	87	99	79		
SEM	1	1	3	5	3	3	3	4	2	3	2		
5th percentile	28	17	22	38 *	33 *	45	34	45	22	33	29		
10th percentile	39	23	30	45	39	58	41	57	35	44	34		
25th percentile	55	33	44	65	52	83	58	80	56	62	51		
50th percentile	85	46	57	95	72	100	84	101	83	86	78		
75th percentile	111	63	89	142	95	151	107	151	102	117	94		
90th percentile	170	87	117	210	132	206	159	212	148	171	125		
95th percentile	204	103	150	269 *	158 *	248	192	261	174	200	154		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.071. Turkey: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	7.0	5.1	5.7	8.2	5.8	6.8	5.6	8.5	8.8	7.7	7.2		
on 1 of 2 days	6.5	4.8	5.6	8.0	5.5	6.0	5.1	7.4	8.2	7.3	7.0		
on both days	0.5	0.3 *	0.1 *	0.1 *	0.3 *	0.8	0.5 *	1.0	0.6 *	0.5 *	0.2 *		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	92	63	66	117	60 *	131	76	115	81	80	77		
SEM	5	7	5	14	9 *	21	6	12	8	7	7		
5th percentile	14	11 *	11 *	24 *	9 *	14 *	13 *	22 *	14 *	11 *	12 *		
10th percentile	22	13 *	14 *	27 *	15 *	20 *	16 *	28	25	22 *	21 *		
25th percentile	41	26	28	45	30 *	45	37	51	34	34	34		
50th percentile	59	45	55	84	47	83	56	76	56	63	57		
75th percentile	111	83	89	169	69 *	134	85	127	111	102	84		
90th percentile	188	134 *	141 *	255 *	134 *	298 *	138 *	203	152	151 *	137 *		
95th percentile	268	139 *	153 *	291 *	162 *	556 *	203 *	276 *	203 *	203 *	220 *		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.072. Boiled, Poached, and Baked Eggs: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	11.0	8.0	8.2	5.0	7.7	9.4	10.4	12.0	14.2	15.7	16.1		
on 1 of 2 days	9.9	7.5	7.7	4.5	6.9	8.5	9.4	10.7	13.5	13.4	14.0		
on both days	1.0	0.5 *	0.5 *	0.5 *	0.8 *	0.8	1.0	1.2	0.6 *	2.3	2.1		
Quantity consumed per eating occasion (1 large, boiled = 50 g)		g											
Mean	42	36	34	44 *	45	50	39	45	38	45	39		
SEM	1	3	3	9 *	7	4	3	3	2	3	2		
5th percentile	6	3 *	4 *	6 *	4 *	9 *	6 *	5 *	6 *	5 *	4 *		
10th percentile	8	6	6 *	8 *	8 *	12	9	8	9	8	8		
25th percentile	17	12	12	14 *	17 *	25	17	22	17	19	17		
50th percentile	34	32	26	31	28	35	33	36	33	38	37		
75th percentile	50	49	48	49 *	76 *	61	45	64	50	57	50		
90th percentile	87	57	66 *	103 *	96 *	98	79	94	80	99	82		
95th percentile	99	99 *	83 *	127 *	106 *	116 *	97 *	99 *	87 *	99 *	94 *		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.073. Fried Eggs: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	16.9	17.3	14.0	14.9	13.5	15.2	14.6	20.9	17.5	24.6	18.3		
on 1 of 2 days	14.0	14.2	11.5	12.4	12.1	12.4	12.6	16.8	15.2	19.4	14.2		
on both days	2.9	3.0	2.5	2.4	1.5 *	2.8	2.0	4.1	2.3	5.2	4.0		
Quantity consumed per eating occasion (1 large = 46 g)		g											
Mean	68	48	58	83	59	86	61	83	60	70	56		
SEM	1	1	2	5	3	2	3	2	2	2	2		
5th percentile	34	22	28 *	38 *	35 *	39	21 *	38	33	38	33		
10th percentile	38	33	36	38 *	37 *	43	34	40	38	39	38		
25th percentile	43	38	39	45	38	66	40	66	39	43	41		
50th percentile	75	43	43	75	43	82	58	79	47	75	43		
75th percentile	87	54	76	89	76	87	79	87	77	87	75		
90th percentile	98	78	87	130 *	87 *	130	89	130	89	97	87		
95th percentile	130	87	91 *	153 *	89 *	173	100 *	131	98	111	92		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.074. Scrambled Eggs: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	9.2	10.4	7.1	8.9	6.9	10.7	7.8	11.1	8.0	12.0	9.3		
on 1 of 2 days	8.4	9.3	6.9	8.0	6.1	9.8	7.0	10.2	7.3	10.6	8.1		
on both days	0.9	1.1	0.2 *	0.9 *	0.7 *	1.0	0.8 *	0.9	0.7 *	1.4	1.2		
Quantity consumed per eating occasion (1 large = 60 g)		g											
Mean	76	59	72	103	66	89	74	83	66	73	64		
SEM	2	4	5	9	4	4	3	3	3	4	5		
5th percentile	24	17 *	26 *	28 *	24 *	28 *	23 *	29 *	21 *	30 *	19 *		
10th percentile	33	24	38 *	34 *	33 *	33	38	38	24	33	28 *		
25th percentile	44	38	42	68	46 *	51	43	55	40	46	40		
50th percentile	77	44	67	91	70	80	77	85	64	76	60		
75th percentile	89	77	85	128	82 *	107	87	91	85	85	83		
90th percentile	127	101	120 *	182 *	91 *	148	110	128	111	106	93 *		
95th percentile	149	131 *	154 *	227 *	97 *	183 *	147 *	147 *	121 *	128 *	132 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.075. Peanut Butter. Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	11.4	29.8	24.0	11.4	9.8	8.3	7.8	7.9	6.3	10.3	10.3		
on 1 of 2 days	9.2	22.7	19.9	8.8	7.8	7.0	6.4	6.0	6.0	7.8	8.5		
on both days	2.1	7.1	4.1	2.6	2.0	1.3	1.4	1.9	0.3 *	2.5	1.8		
Quantity consumed per eating occasion (1 tablespoon = 16 g)		g											
Mean	27	19	24	42	26	46	23	35	20	25	16		
SEM	1	1	1	3	3	3	2	2	2	2	1		
5th percentile	5	5	5	11 *	3 *	11 *	4 *	8 *	3 *	4 *	2 *		
10th percentile	8	5	7	15 *	6 *	13	6 *	11	4 *	5	4		
25th percentile	16	12	14	16	14	21	12	15	12	15	8		
50th percentile	18	16	19	30	21	32	16	30	15	16	15		
75th percentile	32	27	31	46	31	59	29	45	27	31	16		
90th percentile	47	32	38	88 *	38 *	90	41 *	62	31 *	45	29		
95th percentile	64	35	47	112 *	48 *	123 *	51 *	84 *	35 *	60 *	32 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.076. Coffee: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	45.4	0.9	1.8	7.5	5.1	45.8	43.6	72.5	71.0	80.8	76.6		
on 1 of 2 days	11.0	0.9	1.4	4.5	4.1	15.9	14.7	14.1	14.1	11.6	12.2		
on both days	34.5	0.0 *	0.4 *	3.0	1.0 *	29.8	28.9	58.4	56.9	69.2	64.4		
Quantity consumed per eating occasion (8 fluid ounces = 237 g)		g											
Mean	463	79 *	198 *	326 *	346 *	536	476	536	458	408	359		
SEM	10	12 *	24 *	28 *	37 *	21	19	18	15	11	12		
5th percentile	178	---	---	123 *	96 *	195	177	184	178	175	178		
10th percentile	218	---	76 *	215 *	121 *	229	179	237	219	209	207		
25th percentile	237	30 *	108 *	236 *	202 *	238	235	268	238	237	237		
50th percentile	355	52	169	244	238	391	329	403	355	316	273		
75th percentile	476	104 *	238 *	355 *	439 *	552	476	590	477	474	414		
90th percentile	799	119 *	297 *	463 *	594 *	931	815	947	787	710	592		
95th percentile	1,066	119 *	---	474 *	---	1,369	1,179	1,267	1,066	918	714		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.077. Coffee, with Caffeine: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	40.8	0.9	1.5	7.3	4.7	44.4	41.8	67.7	62.5	66.9	60.9		
on 1 of 2 days	11.6	0.9	1.1	4.3	3.9	15.8	15.2	16.2	14.3	15.2	12.9		
on both days	29.3	0.0 *	0.4 *	3.0	0.9 *	28.6	26.6	51.5	48.2	51.7	48.0		
Quantity consumed per eating occasion (8 fluid ounces = 237 g)		g											
Mean	469	80 *	193 *	327 *	355 *	535	476	536	451	423	370		
SEM	10	12 *	28 *	29 *	40 *	22	19	18	15	12	14		
5th percentile	178	---	---	123 *	95 *	179	177	178	177	177	177		
10th percentile	217	---	69 *	213 *	117 *	229	179	237	217	207	207		
25th percentile	237	30 *	102 *	236 *	200 *	238	233	254	237	237	237		
50th percentile	355	54	145	238	238	395	317	403	355	317	296		
75th percentile	477	106 *	227 *	355 *	450 *	551	474	590	505	474	467		
90th percentile	829	119 *	310 *	464 *	595 *	931	824	947	775	710	592		
95th percentile	1,130	119 *	---	474 *	---	1,361	1,178	1,257	1,063	936	755		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.078. Coffee, Decaffeinated: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.8	#	0.3 *	0.2 *	0.5 *	3.0	4.8	12.6	15.5	24.0	25.9		
on 1 of 2 days	4.2	#	0.3 *	0.2 *	0.5 *	1.9	3.5	6.6	7.4	8.5	10.5		
on both days	4.6	0.0 *	0.0 *	0.0 *	0.0 *	1.1	1.4	6.0	8.1	15.5	15.4		
Quantity consumed per eating occasion (8 fluid ounces = 237 g)		g											
Mean	360	59 *	227 *	296 *	237 *	382 *	380	417	393	334	310		
SEM	12	0 *	29 *	0 *	#	40 *	41	22	29	15	13		
5th percentile	134	---	---	---	---	131 *	118 *	133 *	133	150	125		
10th percentile	178	---	---	---	---	192 *	166 *	177	178	179	178		
25th percentile	237	---	---	---	---	237 *	226	224	232	237	237		
50th percentile	253	---	---	---	---	289	252	304	294	238	238		
75th percentile	427	---	---	---	---	376 *	462	477	474	385	355		
90th percentile	592	---	---	---	---	579 *	683 *	701	577	571	474		
95th percentile	714	---	---	---	---	837 *	892 *	966 *	930	701	684		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.079. Tea: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	31.8	13.2	15.0	21.6	26.1	31.9	38.4	35.8	42.4	32.2	40.1		
on 1 of 2 days	17.2	9.8	10.1	16.0	17.4	17.8	22.6	18.5	20.8	13.6	15.3		
on both days	14.6	3.4	4.9	5.6	8.6	14.1	15.8	17.3	21.6	18.6	24.8		
Quantity consumed per eating occasion (8 fluid ounces = 237 g)		g											
Mean	397	198	247	498	361	533	391	440	375	355	310		
SEM	10	7	9	43	40	25	11	20	13	12	10		
5th percentile	118	61	65 *	116 *	106 *	171	144	140	105	125	133		
10th percentile	177	83	117	211	158	236	186	187	173	172	172		
25th percentile	237	121	181	237	221	321	236	237	236	237	225		
50th percentile	323	177	234	370	293	450	318	354	296	295	237		
75th percentile	474	236	295	539	412	621	474	474	450	420	354		
90th percentile	709	305	383	952	553	894	678	741	630	559	472		
95th percentile	930	372	450 *	1,350 *	702 *	1,061	927	947	848	700	608		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.080. Soft Drinks: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	66.3	52.5	62.0	83.8	78.3	81.0	74.2	68.6	64.7	43.2	38.9		
on 1 of 2 days	29.9	33.6	35.9	30.7	32.9	30.2	31.5	31.5	28.2	22.6	21.2		
on both days	36.4	18.9	26.1	53.0	45.4	50.8	42.7	37.1	36.5	20.6	17.7		
Quantity consumed per eating occasion (12 fluid ounces regular = 369 g)		g											
Mean	423	224	329	523	411	527	445	441	373	350	317		
SEM	6	5	6	20	10	13	10	9	5	6	5		
5th percentile	184	92	132	248	199	309	238	231	186	179	125		
10th percentile	237	122	183	310	247	340	248	248	238	186	180		
25th percentile	310	147	245	370	312	370	335	355	300	248	240		
50th percentile	370	186	322	429	372	416	372	371	359	360	332		
75th percentile	459	269	372	577	454	578	478	475	372	372	368		
90th percentile	648	368	491	825	596	824	653	654	496	477	432		
95th percentile	861	372	614	991	759	991	917	927	653	613	494		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.081. Soft Drinks, Not Diet, With Caffeine: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	41.2	30.8	39.6	70.0	60.4	61.9	44.5	38.7	29.4	19.0	13.7		
on 1 of 2 days	22.9	22.9	28.2	34.1	32.2	29.4	23.8	22.3	16.7	12.3	9.0		
on both days	18.3	7.9	11.4	35.9	28.1	32.5	20.7	16.4	12.7	6.7	4.7		
Quantity consumed per eating occasion (12 fluid ounces = 369 g)		g											
Mean	442	225	327	537	423	534	440	465	375	366	347		
SEM	7	6	7	22	11	15	12	13	9	8	10		
5th percentile	185	84	118	243	186	310	179	239	169	185	185 *		
10th percentile	247	116	166	318	247	346	228	278	247	246	186		
25th percentile	331	124	247	372	337	372	340	369	280	296	247		
50th percentile	372	186	323	433	371	433	372	372	371	371	363		
75th percentile	495	268	372	581	471	577	455	495	372	372	372		
90th percentile	680	371	493	830	600	863	662	670	495	493	493		
95th percentile	926	393	554	1,052	800	991	924	985	651	613	496 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.082. Soft Drinks, Not Diet, Caffeine-Free: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	21.3	25.5	30.0	32.1	28.2	23.6	22.5	18.5	16.1	10.7	11.2		
on 1 of 2 days	16.8	21.2	22.9	22.5	23.5	19.8	17.7	13.8	12.8	7.8	8.6		
on both days	4.6	4.3	7.2	9.6	4.7	3.8	4.7	4.7	3.3	2.9	2.6		
Quantity consumed per eating occasion (12 fluid ounces = 369 g)		g											
Mean	389	231	328	488	391	486	414	398	344	311	293		
SEM	6	7	8	18	13	20	15	16	11	9	9		
5th percentile	151	92	123	236 *	184 *	244	183	183	113	145 *	122 *		
10th percentile	184	123	180	305	245	278	228	218	184	182	170		
25th percentile	246	151	245	368	306	368	301	308	244	222	210		
50th percentile	368	190	314	370	368	369	368	368	367	318	305		
75th percentile	372	277	369	491	430	492	489	372	369	369	368		
90th percentile	614	368	491	741	556	738	568	589	490	372	370		
95th percentile	739	370	614	982 *	675 *	989	743	739	613	491 *	422 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.083. Soft Drinks, Diet, With Caffeine: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	12.6	4.0	5.7	4.3	8.8	12.4	17.3	16.1	21.3	11.4	10.4		
on 1 of 2 days	7.6	3.3	4.4	3.4	5.4	6.7	10.1	9.1	12.3	7.6	7.1		
on both days	5.0	0.7	1.4	0.8 *	3.4	5.6	7.1	7.1	8.9	3.7	3.3		
Quantity consumed per eating occasion (12 fluid ounces = 355 g)		g											
Mean	420	217	297	445 *	367	511	474	442	391	357	301		
SEM	8	11	19	33 *	16	30	21	15	11	10	11		
5th percentile	179	86 *	66 *	266 *	198 *	237 *	231 *	240 *	239	179 *	105 *		
10th percentile	239	99 *	141 *	307 *	226 *	299	298	299	267	237	128		
25th percentile	352	149	180	357 *	299	359	358	355	328	292	210		
50th percentile	359	179	272	359	358	360	359	359	359	358	329		
75th percentile	420	239	355	525 *	360	536	479	478	360	359	359		
90th percentile	660	357 *	390 *	658 *	453 *	903	714	701	513	475	360		
95th percentile	870	360 *	478 *	703 *	699 *	1,084 *	958 *	891 *	700	599 *	478 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.084. Soft Drinks, Diet, Caffeine-Free: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.1	3.2	5.1	4.4	4.6	5.0	9.6	11.5	13.8	9.2	9.2		
on 1 of 2 days	5.7	2.8	4.4	3.9	4.3	3.7	6.9	8.0	8.8	5.7	5.5		
on both days	2.4	0.4 *	0.7 *	0.5 *	0.3 *	1.2	2.8	3.5	5.0	3.5	3.8		
Quantity consumed per eating occasion (12 fluid ounces = 355 g)		g											
Mean	368	191	301	368 *	306 *	456	398	381	382	344	301		
SEM	8	10	20	27 *	22 *	37	18	20	13	18	9		
5th percentile	133	87 *	117 *	169 *	---	185 *	194 *	115 *	174 *	121 *	120 *		
10th percentile	180	102 *	120 *	221 *	---	240 *	237	226	232	179	178		
25th percentile	259	119	180	296 *	202 *	355	299	299	296	237	214		
50th percentile	355	178	257	355	355	358	355	355	355	354	335		
75th percentile	360	214	355	355 *	356 *	461	360	360	360	359	358		
90th percentile	526	342 *	465 *	483 *	360 *	658 *	538	475	523	474	360		
95th percentile	707	359 *	539 *	599 *	447 *	982 *	749 *	756 *	710 *	545 *	430 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.085. Fruit Drinks: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	28.3	52.0	52.0	42.0	41.1	25.1	24.9	21.0	17.7	14.7	16.1		
on 1 of 2 days	19.8	30.5	32.8	27.2	29.2	19.4	19.1	16.6	13.9	9.2	10.2		
on both days	8.5	21.5	19.2	14.8	11.9	5.7	5.9	4.3	3.8	5.5	5.9		
Quantity consumed per eating occasion (8 fluid ounces = 248 g)		g											
Mean	373	235	290	489	386	512	394	467	321	323	256		
SEM	8	5	5	19	19	24	19	37	18	23	9		
5th percentile	124	95	125	216	185	187	165	150	123	113 *	122 *		
10th percentile	180	122	169	240	187	236	196	235	125	126	125		
25th percentile	240	166	209	264	248	309	248	249	191	190	186		
50th percentile	287	219	250	412	311	459	320	372	250	249	247		
75th percentile	477	250	339	549	476	561	486	498	372	371	295		
90th percentile	620	372	478	820	595	947	683	743	498	493	372		
95th percentile	925	478	515	993	803	1,005	948	1,169	618	843 *	435 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.086. Beer: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	10.9	0.0 *	0.1 *	3.4	1.8 *	28.7	9.2	22.5	6.5	11.3	2.4		
on 1 of 2 days	7.5	0.0 *	0.1 *	2.3	1.8 *	19.3	7.3	14.5	5.0	6.4	1.9		
on both days	3.4	0.0 *	0.0 *	1.1 *	0.0 *	9.4	1.9	8.0	1.4	4.9	0.4 *		
Quantity consumed per eating occasion (12 fluid ounces = 360 g)		g											
Mean	885	---	15 *	1,382 *	579 *	1,021	741	868	633	719	461 *		
SEM	32	---	0 *	348 *	161 *	55	63	45	64	65	43 *		
5th percentile	315	---	---	---	---	324	153 *	342	156 *	250 *	149 *		
10th percentile	360	---	---	---	183 *	331	240	345	326 *	333	200 *		
25th percentile	360	---	---	---	231 *	353	360	356	340	344	330 *		
50th percentile	677	---	---	769	310	704	523	662	357	441	345		
75th percentile	1,069	---	---	1,258 *	583 *	1,183	889	947	703	718	399 *		
90th percentile	1,794	---	---	3,791 *	711 *	2,133	1,385	1,686	1,372 *	1,344	794 *		
95th percentile	2,371	---	---	---	---	2,779	1,900 *	2,144	1,727 *	1,952 *	1,045 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.087. Wine: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	5.3	0.0 *	0.0 *	0.3 *	0.4 *	4.9	6.1	8.6	9.4	9.5	6.8		
on 1 of 2 days	3.7	0.0 *	0.0 *	0.3 *	0.4 *	4.0	4.7	6.2	6.8	6.3	3.1		
on both days	1.6	0.0 *	0.0 *	0.0 *	0.0 *	0.9	1.5	2.4	2.6	3.2	3.7		
Quantity consumed per eating occasion (3 1/2 fluid ounces = 103 g)		g											
Mean	240	---	---	154 *	291 *	279	264	243	234	210	188		
SEM	8	---	---	2 *	59 *	22	20	12	14	16	17		
5th percentile	59	---	---	---	---	92 *	85 *	75 *	45 *	34 *	---		
10th percentile	99	---	---	---	---	111 *	111 *	91	101	82 *	46 *		
25th percentile	141	---	---	---	---	165	152	129	126	114	103		
50th percentile	197	---	---	---	---	216	225	196	186	177	143		
75th percentile	296	---	---	---	---	312	329	317	288	231	221		
90th percentile	465	---	---	---	---	472 *	429 *	452	453	344 *	332 *		
95th percentile	518	---	---	---	---	584 *	546 *	471 *	471 *	491 *	406 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.088. Soups: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	22.1	23.7	17.6	17.2	17.2	18.5	21.4	22.7	22.9	30.2	31.3		
on 1 of 2 days	18.3	19.5	15.3	15.3	15.0	15.6	17.4	17.9	19.8	23.6	25.1		
on both days	3.8	4.2	2.3	1.9	2.1	2.9	4.0	4.8	3.1	6.5	6.2		
Quantity consumed per eating occasion (1 cup, chunky chicken noodle = 240 g)		g											
Mean	369	238	314	462	384	450	362	403	346	391	329		
SEM	5	8	18	27	23	18	11	13	11	9	7		
5th percentile	118	74	61 *	148 *	120 *	177	118	161	117	168	77		
10th percentile	165	105	120	217 *	122	237	184	228	152	230	164		
25th percentile	241	121	227	290	241	247	244	244	241	244	241		
50th percentile	358	238	247	461	364	422	358	361	348	361	303		
75th percentile	482	301	427	541	483	524	479	484	480	482	426		
90th percentile	593	414	492	723 *	599	749	512	608	499	596	487		
95th percentile	723	481	584 *	933 *	722 *	930	619	754	593	722	585		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.089. Potato Chips: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	17.1	23.8	25.0	20.2	20.7	20.1	16.0	16.9	14.8	8.8	6.7		
on 1 of 2 days	14.7	20.4	20.9	16.8	18.2	17.3	14.4	14.6	12.2	7.7	5.8		
on both days	2.4	3.4	4.1	3.5	2.5	2.8	1.6	2.3	2.6	1.2	0.9		
Quantity consumed per eating occasion (10 chips = 14 g)		g											
Mean	39	24	29	52	37	57	38	43	35	29	22		
SEM	1	1	2	5	3	5	3	3	3	3	2		
5th percentile	8	6	7	10 *	9 *	14	10 *	10	8 *	7 *	4 *		
10th percentile	10	8	10	18	14	20	10	14	10	9	6 *		
25th percentile	20	10	14	27	20	25	19	20	14	15	10		
50th percentile	27	19	20	38	28	39	23	28	21	20	19		
75th percentile	40	27	30	57	40	57	40	44	36	29	25		
90th percentile	80	40	54	108	68	110	79	84	72	56	41 *		
95th percentile	111	57	79	122 *	96 *	166	109 *	117	110 *	70 *	56 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.090. Corn Chips: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	16.0	19.6	25.6	26.9	25.1	16.2	17.9	12.8	12.0	4.8	5.3		
on 1 of 2 days	14.0	17.3	21.6	24.7	19.9	13.8	16.1	11.3	11.0	4.3	4.7		
on both days	2.0	2.3	3.9	2.2	5.2	2.4	1.8	1.5	1.0	0.5 *	0.6 *		
Quantity consumed per eating occasion (1 cup = 26 g)		g											
Mean	42	29	33	58	44	61	35	47	33	30	21		
SEM	1	2	2	5	3	5	2	4	2	3	2		
5th percentile	8	6	5	13 *	7 *	13 *	7 *	11 *	7 *	7 *	5 *		
10th percentile	11	9	9	17	13	18	9	13	9	11 *	7 *		
25th percentile	18	13	18	26	26	26	17	21	18	14	11		
50th percentile	28	18	26	39	30	43	26	31	26	25	17		
75th percentile	52	32	36	64	52	70	43	52	39	35	26		
90th percentile	80	59	56	104	85	111	67	80	64	52 *	39 *		
95th percentile	109	75	77	151 *	108 *	167 *	84 *	107 *	70 *	62 *	46 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.091. Popcorn: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	9.5	11.6	12.7	7.8	10.5	8.1	9.7	9.6	10.9	6.1	7.6		
on 1 of 2 days	8.7	10.9	11.3	7.4	9.6	7.6	9.0	9.0	10.0	5.6	6.9		
on both days	0.7	0.7	1.4	0.4 *	0.9 *	0.5 *	0.7 *	0.6 *	1.0	0.5 *	0.8 *		
Quantity consumed per eating occasion (1 cup unbuttered popcorn = 11 g)		g											
Mean	41	20	31	54	37	63	35	50	39	52	34		
SEM	1	1	2	5	4	6	2	4	3	4	3		
5th percentile	7	4 *	6 *	10 *	6 *	11 *	6 *	8 *	6 *	12 *	7 *		
10th percentile	11	6	11	14 *	8 *	15 *	10	13	11	15 *	9 *		
25th percentile	18	9	14	22	17	28	18	22	17	28	15		
50th percentile	29	14	23	51	28	42	28	39	30	43	24		
75th percentile	53	28	36	70	44	84	42	66	44	63	44		
90th percentile	87	33	57	86 *	74 *	99 *	66	87	85	88 *	74 *		
95th percentile	99	43 *	74 *	108 *	93 *	150 *	85 *	102 *	101 *	135 *	84 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.092. Prepared Mustard: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	22.2	16.6	21.0	27.8	20.6	29.7	21.6	25.5	18.3	19.9	15.5		
on 1 of 2 days	18.9	14.7	17.6	23.1	18.5	24.5	18.9	21.3	16.3	16.4	13.7		
on both days	3.3	1.9	3.4	4.7	2.2	5.2	2.7	4.2	2.0	3.4	1.8		
Quantity consumed per eating occasion (1 teaspoon = 5 g)		g											
Mean	8	4	6	11	7	10	7	10	6	7	5		
SEM	#	#	#	1	1	1	#	1	#	#	#		
5th percentile	1	1	1	3 *	1 *	3	1	2	1	1	1 *		
10th percentile	2	1	2	3	2	4	2	3	2	2	1		
25th percentile	4	2	3	5	4	5	4	5	3	3	3		
50th percentile	5	3	5	8	5	7	5	6	5	5	5		
75th percentile	9	5	5	10	8	10	9	10	6	6	5		
90th percentile	16	5	10	21	15	16	16	16	16	16	9		
95th percentile	21	8	16	29 *	16 *	31	16	30	16	16	15 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.093. Tomato Catsup: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	26.5	40.1	39.6	42.4	38.6	35.8	22.6	21.0	14.9	13.3	9.0		
on 1 of 2 days	22.3	32.3	32.3	32.0	32.6	29.8	20.6	18.1	13.7	11.7	8.1		
on both days	4.1	7.8	7.4	10.4	6.1	6.0	2.0	2.9	1.2	1.6	0.9		
Quantity consumed per eating occasion (1 tablespoon = 15 g)		g											
Mean	18	13	16	27	19	22	17	20	15	15	13		
SEM	#	1	1	2	1	1	1	1	1	1	2		
5th percentile	3	2	3	4	4	5	2	4	2 *	2 *	1 *		
10th percentile	5	3	5	6	5	5	5	5	5	3	2 *		
25th percentile	7	5	6	12	7	12	6	10	5	5	5		
50th percentile	15	8	12	16	15	15	15	15	10	10	7		
75th percentile	22	15	17	32	24	30	19	28	15	15	15		
90th percentile	37	30	29	59	41	44	30	37	28	30	25 *		
95th percentile	58	31	45	72	54	59	40	49	40 *	41 *	33 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.094. Total Soy-Based Sauces: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	15.8	15.4	13.6	17.5	14.0	19.0	20.3	15.3	14.9	10.5	10.7		
on 1 of 2 days	14.3	14.2	12.7	16.9	12.1	16.5	17.9	14.3	13.7	9.9	10.1		
on both days	1.5	1.2	0.9	0.6 *	1.9	2.5	2.4	1.0	1.2	0.6 *	0.6 *		
Quantity consumed per eating occasion (1 teaspoon = 5 g)		g											
Mean	10	3	6	10	7	16	10	11	10	9	7		
SEM	#	#	1	2	1	2	1	1	1	1	1		
5th percentile	#	#	#	#	#	#	#	1 *	#	#	#		
10th percentile	1	#	#	1 *	#	1	1	1	1	1	#		
25th percentile	2	1	1	2	1	3	2	3	2	2	1		
50th percentile	4	1	3	3	3	8	5	6	5	4	3		
75th percentile	14	3	7	11	10	20	14	16	15	13	10		
90th percentile	26	6	15	27 *	20 *	41	25	25	25	20	21		
95th percentile	38	11	22 *	45 *	30 *	64	37	31 *	33 *	29 *	30 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.095. Cucumber Pickles: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	20.7	16.1	20.0	25.8	23.5	30.8	20.8	22.0	16.5	13.4	12.0		
on 1 of 2 days	18.5	15.4	17.8	22.3	22.2	26.5	18.8	19.2	14.7	12.1	11.3		
on both days	2.2	0.7	2.2	3.5	1.3 *	4.3	2.0	2.8	1.7	1.3	0.7 *		
Quantity consumed per eating occasion (1 medium = 65 g)		g											
Mean	21	14	22	19	25	20	19	25	22	23	27		
SEM	1	2	3	1	4	1	1	2	2	3	4		
5th percentile	5	2	4	5 *	3 *	5	5	5	5	5 *	3 *		
10th percentile	5	3	5	6	5	6	5	6	5	5	5		
25th percentile	9	4	6	11	8	11	7	12	11	11	9		
50th percentile	14	6	12	14	12	14	12	16	15	15	15		
75th percentile	24	14	23	22	21	19	18	29	29	24	30		
90th percentile	40	32	57	32	65	35	37	48	39	49	63		
95th percentile	65	47	69	42 *	130 *	62	56	65	68	65 *	66 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.096. Fluid Cream: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	6.5	1.0	0.7 *	0.8 *	1.3 *	8.1	7.1	10.2	8.2	11.1	8.7		
on 1 of 2 days	4.2	0.9	0.6 *	0.5 *	1.3 *	5.7	4.0	6.5	5.2	6.9	6.0		
on both days	2.3	#	0.1 *	0.3 *	0.0 *	2.4	3.0	3.7	3.0	4.2	2.7		
Quantity consumed per eating occasion (1 tablespoon = 15 g)		g											
Mean	32	33 *	29 *	30 *	47 *	38	31	31	28	36	25		
SEM	2	9 *	7 *	10 *	17 *	4	3	3	4	4	2		
5th percentile	5	---	---	---	---	8 *	5 *	5 *	5 *	4 *	4 *		
10th percentile	8	---	8 *	---	---	10 *	8 *	7	7	5	5 *		
25th percentile	15	15 *	15 *	---	9 *	15	15	14	14	11	10		
50th percentile	22	15	17	---	15	30	22	24	15	18	15		
75th percentile	38	23 *	28 *	---	69 *	60	41	30	30	30	28		
90th percentile	60	60 *	59 *	---	---	60 *	60 *	50	45	94	47 *		
95th percentile	90	---	---	---	---	90 *	65 *	90 *	60 *	159 *	76 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.097. Powdered Cream Substitute: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	7.2	0.1 *	0.4 *	1.3 *	0.6 *	6.2	9.1	12.5	12.8	8.9	9.5		
on 1 of 2 days	3.6	0.1 *	0.3 *	1.2 *	0.4 *	4.1	4.9	6.4	5.9	3.2	3.8		
on both days	3.5	0.0 *	0.1 *	0.1 *	0.2 *	2.1	4.2	6.1	6.9	5.7	5.7		
Quantity consumed per eating occasion (1 teaspoon = 2 g)		g											
Mean	6	1 *	4 *	4 *	7 *	5	7	8	5	3	3		
SEM	#	0 *	1 *	1 *	2 *	1	1	1	1	#	#		
5th percentile	1	---	---	---	---	1 *	1 *	1 *	1 *	1 *	1 *		
10th percentile	2	---	---	---	---	2 *	2	1	2	1	1		
25th percentile	2	---	---	3 *	---	2	2	2	2	2	2		
50th percentile	4	---	---	3	---	3	4	4	4	2	3		
75th percentile	6	---	---	5 *	---	6	7	7	6	4	4		
90th percentile	11	---	---	---	---	9 *	16	15	9	6	6		
95th percentile	16	---	---	---	---	13 *	20 *	22 *	14 *	9 *	7 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.098. Margarine, All Types, Reported Separately: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	32.7	32.7	34.3	26.7	25.4	23.6	29.1	32.4	38.7	44.7	44.7		
on 1 of 2 days	22.8	23.3	26.3	21.3	19.5	19.5	21.7	22.0	26.1	24.3	24.9		
on both days	9.9	9.3	8.0	5.5	5.9	4.1	7.4	10.4	12.6	20.5	19.8		
Quantity consumed per eating occasion (1 teaspoon = 5 g)		g											
Mean	10	6	8	14	9	14	9	12	9	9	8		
SEM	#	#	#	1	1	1	#	#	#	#	#		
5th percentile	1	1	1	2 *	2 *	2	1	2	1	2	2		
10th percentile	2	1	2	4	2	5	2	3	2	2	2		
25th percentile	5	2	4	5	5	5	5	5	5	5	4		
50th percentile	7	5	5	10	7	10	7	9	7	7	5		
75th percentile	14	7	10	19	13	14	12	14	12	11	10		
90th percentile	19	12	14	29	14	28	15	28	17	17	14		
95th percentile	29	14	20	37 *	21 *	38	21	29	28	22	19		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.099. Margarine, Stick: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	12.1	12.4	13.5	9.4	8.4	8.0	10.5	12.2	13.1	18.6	18.3		
on 1 of 2 days	9.7	10.3	11.2	8.2	7.5	7.2	8.6	9.9	10.7	12.5	12.6		
on both days	2.4	2.2	2.3	1.3 *	0.9 *	0.8 *	1.9	2.3	2.4	6.1	5.7		
Quantity consumed per eating occasion (1 teaspoon = 5 g)		g											
Mean	10	6	7	13	11	15	9	12	9	9	7		
SEM	#	#	1	2	2	2	1	1	1	1	#		
5th percentile	1	1	1 *	1 *	1 *	3 *	1 *	2 *	1 *	2	2		
10th percentile	2	1	2	2 *	2 *	5	2	4	2	2	2		
25th percentile	5	2	4	4	4	5	5	5	4	5	4		
50th percentile	7	5	5	9	7	9	7	9	7	7	5		
75th percentile	14	7	7	15	13	14	11	14	12	12	9		
90th percentile	19	14	14	28 *	19 *	29	18	28	14	16	14		
95th percentile	28	14	20 *	29 *	29 *	40 *	21 *	29 *	28 *	28	14		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.100. Margarine, Soft: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	17.8	19.3	18.1	15.2	16.2	13.4	15.9	18.4	21.5	23.0	20.1		
on 1 of 2 days	13.3	14.5	14.4	13.3	12.2	11.4	12.7	14.0	14.6	15.1	12.8		
on both days	4.5	4.7	3.7	2.0	4.0	2.1	3.3	4.4	6.9	8.0	7.4		
Quantity consumed per eating occasion (1 teaspoon = 5 g)		g											
Mean	10	6	8	15	8	14	9	12	9	10	7		
SEM	#	#	1	1	1	1	#	1	1	1	#		
5th percentile	1	1	1	4 *	2 *	2 *	1 *	2	1	2	1		
10th percentile	2	1	2	4 *	2 *	5	2	2	2	2	2		
25th percentile	5	2	5	6	4	5	4	5	4	5	4		
50th percentile	7	5	5	10	6	10	7	9	6	7	5		
75th percentile	14	7	10	20	11	14	12	14	14	12	10		
90th percentile	19	12	14	28 *	14 *	28	14	28	19	18	14		
95th percentile	29	14	20	38 *	17 *	34 *	21 *	29	28	28	19		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.101. Margarine, Imitation: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	5.3	3.8	4.5	3.3	2.3	3.2	4.2	5.5	7.1	9.0	10.8		
on 1 of 2 days	4.0	3.0	3.9	2.5	2.0	2.7	3.5	4.1	5.3	5.8	6.5		
on both days	1.4	0.7	0.6 *	0.8 *	0.3 *	0.5 *	0.7 *	1.4	1.8	3.2	4.3		
Quantity consumed per eating occasion (1 teaspoon = 5 g)		g											
Mean	10	5	7	18 *	8 *	13	9	13	8	9	9		
SEM	1	1	1	5 *	2 *	2	1	2	1	1	2		
5th percentile	2	1 *	1 *	---	---	2 *	---	2 *	2 *	2 *	1 *		
10th percentile	2	2 *	2 *	3 *	2 *	2 *	1 *	3 *	2 *	2	2		
25th percentile	5	2	3	4 *	4 *	4 *	5	4	5	5	4		
50th percentile	6	3	5	9	5	9	5	10	5	7	5		
75th percentile	11	5	10	28 *	12 *	15 *	14	14	10	10	10		
90th percentile	19	7 *	13 *	38 *	15 *	27 *	15 *	27 *	14 *	15	15		
95th percentile	29	12 *	15 *	---	---	39 *	28 *	29 *	14 *	21 *	29 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.102. Butter: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	14.6	13.0	13.6	11.2	10.7	15.0	12.5	17.1	15.6	19.6	16.4		
on 1 of 2 days	11.6	10.7	11.1	10.2	9.3	12.8	10.7	12.8	12.0	13.6	11.6		
on both days	3.0	2.4	2.5	0.9 *	1.4 *	2.3	1.8	4.3	3.6	6.0	4.8		
Quantity consumed per eating occasion (1 teaspoon = 5 g)		g											
Mean	11	6	9	14	9	17	10	12	10	11	8		
SEM	1	1	1	2	1	2	1	1	1	1	1		
5th percentile	2	1 *	---	---	2 *	3 *	2 *	2	2 *	2	1 *		
10th percentile	2	2	2	4 *	3 *	4	2	3	2	3	2		
25th percentile	5	2	4	5	5	6	5	5	5	5	4		
50th percentile	7	5	7	8	5	14	7	9	7	9	5		
75th percentile	14	8	14	14	13	21	14	14	13	14	9		
90th percentile	21	14	14	28 *	15 *	38	16	23	15	21	14		
95th percentile	28	15 *	19 *	49 *	---	45 *	28 *	36	27 *	28	20 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.103. Pourable Salad Dressing: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	21.3	9.4	12.4	12.4	15.3	21.4	21.7	26.0	29.7	28.0	24.3		
on 1 of 2 days	17.9	8.9	11.1	11.5	14.0	19.0	18.7	21.6	24.0	20.9	19.5		
on both days	3.3	0.5 *	1.3	0.9 *	1.4 *	2.4	3.0	4.3	5.7	7.0	4.8		
Quantity consumed per eating occasion (1 tablespoon Italian = 15 g)		g											
Mean	37	16	27	43	37	45	38	42	35	33	29		
SEM	1	1	3	3	4	2	2	2	1	1	1		
5th percentile	5	2 *	5 *	5 *	4 *	8	5	13	6	7	6		
10th percentile	11	3	5	12 *	7 *	15	9	15	14	11	11		
25th percentile	16	5	15	29	15	28	16	28	17	16	15		
50th percentile	31	14	24	36	30	31	31	31	31	29	29		
75th percentile	47	21	31	60	58	59	51	58	45	44	33		
90th percentile	62	31	56	64 *	67 *	83	65	73	62	60	58		
95th percentile	88	44 *	62 *	86 *	82 *	111	89	92	78	63	62		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.104. Mayonnaise: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	22.7	14.0	15.9	31.2	23.9	33.4	22.8	26.4	20.6	15.5	14.0		
on 1 of 2 days	18.8	12.3	13.8	26.3	20.1	25.4	19.7	21.9	17.4	12.4	12.0		
on both days	3.9	1.7	2.1	4.9	3.8	8.1	3.1	4.5	3.2	3.1	2.0		
Quantity consumed per eating occasion (1 tablespoon = 14 g)		g											
Mean	12	8	9	16	10	13	11	13	11	11	11		
SEM	#	#	#	1	#	#	1	#	1	1	1		
5th percentile	2	1	2 *	4 *	2 *	5	2	2	2	2 *	1 *		
10th percentile	5	2	2	4	4	5	5	4	3	3	2		
25th percentile	6	3	5	9	5	9	5	9	5	4	4		
50th percentile	10	5	9	14	10	13	9	12	9	9	8		
75th percentile	14	11	13	21	13	14	14	14	14	14	13		
90th percentile	22	14	14	28	15	26	16	26	18	24	24		
95th percentile	28	14	20 *	28 *	18 *	27	26	28	26	27 *	28 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.105. Mayonnaise-Type Dressing: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.0	6.9	8.6	8.1	8.6	9.7	8.5	8.6	7.6	5.9	5.0		
on 1 of 2 days	6.9	6.2	7.5	6.9	7.5	8.3	8.1	7.1	6.5	5.0	4.1		
on both days	1.0	0.8	1.1	1.1 *	1.1 *	1.5	0.4 *	1.5	1.2	1.0	0.9 *		
Quantity consumed per eating occasion (1 tablespoon = 15 g)		g											
Mean	12	7	10	18	11	16	10	14	12	11	9		
SEM	#	#	1	3	1	1	1	1	1	1	1		
5th percentile	2	1 *	2 *	2 *	---	4 *	2 *	2 *	2 *	2 *	2 *		
10th percentile	3	2	2	3 *	3 *	5	3 *	3	4	3 *	2 *		
25th percentile	5	2	4	5	4	9	5	4	4	4	4		
50th percentile	10	5	9	13	9	15	9	13	10	10	7		
75th percentile	15	9	15	28	15	19	15	15	15	15	15		
90th percentile	26	15	15	29 *	18 *	29	15 *	29	25	23 *	15 *		
95th percentile	29	15 *	23 *	40 *	24 *	29 *	23 *	36 *	29 *	27 *	17 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.106. Gravy: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	9.4	7.5	8.1	8.8	8.2	9.5	8.0	11.5	8.5	13.9	10.8		
on 1 of 2 days	8.8	7.1	7.9	8.4	7.8	8.8	7.6	10.6	7.9	12.3	10.4		
on both days	0.6	0.4 *	0.2 *	0.4 *	0.4 *	0.6 *	0.4 *	0.9	0.6 *	1.6	0.4 *		
Quantity consumed per eating occasion (1/4 cup = 58 g)		g											
Mean	76	33	65	100	79	98	66	90	68	76	58		
SEM	4	2	10	9	14	8	8	7	7	4	4		
5th percentile	13	4 *	5 *	28 *	15 *	15 *	5 *	15 *	7 *	13 *	13 *		
10th percentile	14	10	13 *	29 *	15 *	29	11 *	27	11	15	14		
25th percentile	29	14	29	36	29	54	24	30	29	29	29		
50th percentile	58	29	52	71	57	73	44	59	58	58	45		
75th percentile	116	46	77	119	116	117	79	117	82	109	68		
90th percentile	152	59	116 *	207 *	168 *	176	121 *	198	144	136	118		
95th percentile	222	79 *	172 *	237 *	224 *	235 *	204 *	234 *	197 *	208 *	119 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.107. Syrup: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.8	15.7	19.7	12.3	7.6	7.5	5.7	7.1	6.1	8.4	5.8		
on 1 of 2 days	7.8	13.4	16.8	10.9	7.0	7.1	4.8	6.1	5.2	7.3	5.6		
on both days	1.1	2.3	2.9	1.4 *	0.6 *	0.4 *	0.9	1.0	0.8	1.1	0.2 *		
Quantity consumed per eating occasion (1 tablespoon = 20 g)		g											
Mean	71	40	56	93	93	120	61	75	56	68	53		
SEM	5	4	4	7	17	29	4	5	4	6	6		
5th percentile	13	5	7	19 *	16 *	20 *	15 *	13 *	14 *	7 *	8 *		
10th percentile	18	6	13	20 *	20 *	23 *	17 *	20 *	16 *	13	14 *		
25th percentile	30	18	20	40	31	61	33	39	20	35	20		
50th percentile	59	30	40	72	60	78	60	65	38	54	40		
75th percentile	79	51	71	104	98	149	78	81	72	79	65		
90th percentile	136	78	103	171 *	186 *	---	100 *	130 *	114 *	134	86 *		
95th percentile	162	82	124	---	267 *	---	121 *	147 *	134 *	158 *	114 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.108. Sugar: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	38.1	26.4	26.6	31.0	30.6	43.0	42.8	45.2	41.6	40.3	35.3		
on 1 of 2 days	19.5	20.3	19.2	22.1	22.1	21.2	22.0	18.4	18.1	15.7	14.6		
on both days	18.7	6.1	7.4	8.9	8.5	21.8	20.8	26.8	23.6	24.6	20.7		
Quantity consumed per eating occasion (1 teaspoon granulated = 4 g)		g											
Mean	14	8	10	21	17	19	15	14	12	12	10		
SEM	#	#	#	2	2	1	1	1	1	1	1		
5th percentile	2	1	2	3 *	4 *	4	3	3	2	2	2		
10th percentile	4	2	4	4	4	4	4	4	4	3	2		
25th percentile	6	4	4	8	7	8	6	6	5	4	4		
50th percentile	10	6	8	14	12	15	11	10	8	8	8		
75th percentile	18	10	13	25	19	24	18	18	15	13	12		
90th percentile	27	14	19	40	29	35	29	26	24	24	20		
95th percentile	36	18	25	73 *	43 *	47	38	34	26	30	24		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.109. Candy Containing Chocolate: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	15.8	16.9	23.8	19.5	18.4	15.3	14.9	14.1	16.4	11.0	9.8		
on 1 of 2 days	13.5	14.4	20.8	16.7	16.3	13.3	12.8	11.6	14.6	8.6	8.4		
on both days	2.2	2.6	3.0	2.9	2.1	2.1	2.1	2.5	1.8	2.5	1.4		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	44	28	36	60	43	48	46	55	41	43	35		
SEM	1	3	2	5	2	3	6	7	2	4	3		
5th percentile	7	5	7	11 *	9 *	9 *	7 *	10 *	8	9 *	6 *		
10th percentile	10	6	9	22	11	11	10	14	11	11	9		
25th percentile	20	10	15	36	21	26	20	27	20	19	15		
50th percentile	37	19	28	51	41	44	34	44	29	34	27		
75th percentile	57	36	51	64	57	57	53	57	46	54	41		
90th percentile	79	54	60	103	69	83	84	85	83	67	59		
95th percentile	109	65	90	113 *	99 *	106 *	128 *	131 *	110	129 *	82 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.110. Candy Not Containing Chocolate: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	11.0	22.9	28.2	14.1	18.3	5.4	8.1	6.4	8.8	6.2	5.9		
on 1 of 2 days	9.2	18.2	23.1	11.1	16.4	5.1	7.1	5.5	7.3	4.9	5.1		
on both days	1.7	4.7	5.1	3.0	1.9	0.4 *	1.0	0.9	1.5	1.2	0.8 *		
Quantity consumed per eating occasion (1 ounce = 28 g)		g											
Mean	33	24	27	49	33	46	32	39	34	37	23		
SEM	1	1	2	6	4	6	4	5	4	7	2		
5th percentile	3	4	3	3 *	3 *	5 *	4 *	4 *	5 *	3 *	3 *		
10th percentile	6	6	5	6 *	5	6 *	5 *	5 *	6	4 *	3 *		
25th percentile	11	12	12	15	14	12	8	10	10	6	7		
50th percentile	21	19	18	32	22	28	18	26	21	16	13		
75th percentile	41	28	29	57	42	46	45	53	43	43	28		
90th percentile	68	45	59	116 *	82	84 *	71 *	80 *	76	78 *	58 *		
95th percentile	102	58	72	156 *	103 *	115 *	125 *	115 *	102 *	136 *	68 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 1.111. Jelly, Jams, Preserves, and Marmalade: Percentage of persons using food in 2 days and quantities consumed per eating occasion.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	17.3	27.0	21.8	13.4	13.7	11.5	14.1	15.3	16.6	25.2	24.0		
on 1 of 2 days	13.6	22.0	18.1	10.5	11.5	9.6	11.2	12.0	14.0	17.9	16.0		
on both days	3.7	5.0	3.7	2.9	2.3	1.9	3.0	3.2	2.6	7.4	8.0		
Quantity consumed per eating occasion (1 tablespoon jam = 21 g)		g											
Mean	20	16	19	36	20	34	18	22	16	18	14		
SEM	1	1	1	4	2	3	2	1	1	1	1		
5th percentile	3	3	5	6 *	4 *	5 *	3 *	3	3	3	3		
10th percentile	6	3	6	10 *	5 *	6	6	6	6	6	4		
25th percentile	7	6	9	16	9	12	6	12	7	7	6		
50th percentile	14	12	18	19	16	19	13	18	12	13	12		
75th percentile	20	19	19	38	24	39	20	25	19	20	19		
90th percentile	38	35	36	75 *	38 *	77	37	39	29	38	27		
95th percentile	56	37	39	79 *	43 *	102 *	41 *	55	39	40	36		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.001. Total Yeast Bread: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	92.9	92.1	94.7	93.2	90.4	94.9	90.8	93.4	91.8	94.4	93.3		
on 1 of 2 days	28.0	30.5	28.1	27.8	32.9	26.7	34.8	25.5	26.0	21.4	24.2		
on both days	65.0	61.5	66.7	65.4	57.5	68.3	56.1	67.9	65.8	73.0	69.1		
Quantity consumed in a day (1 slice = 26 g)		g											
Mean	79	51	65	95	68	110	71	91	71	80	63		
SEM	2	1	2	3	2	9	1	3	1	2	1		
5th percentile	13	8	11	18	9	20	10	15	15	17	12		
10th percentile	24	15	23	33	20	35	22	28	24	26	23		
25th percentile	43	26	40	52	42	52	43	50	43	46	34		
50th percentile	62	48	54	86	55	89	56	75	57	69	52		
75th percentile	102	67	87	123	90	135	95	114	94	104	83		
90th percentile	145	95	114	183	124	190	132	164	123	143	110		
95th percentile	181	108	141	213	148	253	155	199	153	175	135		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.002. Total White Bread: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	86.1	86.5	89.9	90.7	85.8	89.6	83.3	86.3	83.3	85.2	81.9		
on 1 of 2 days	35.6	37.9	33.5	33.3	38.6	33.9	39.7	34.8	33.9	32.9	36.5		
on both days	50.5	48.6	56.4	57.5	47.3	55.7	43.6	51.5	49.4	52.3	45.4		
Quantity consumed in a day (1 slice = 26 g)		g											
Mean	70	45	61	88	62	93	65	81	61	68	51		
SEM	1	1	1	2	2	2	2	3	1	2	1		
5th percentile	8	4	8	11	6	12	8	9	7	7	5		
10th percentile	16	9	17	24	15	26	16	18	16	13	10		
25th percentile	36	23	36	46	36	46	39	43	34	32	24		
50th percentile	53	43	52	75	52	79	52	64	52	52	47		
75th percentile	93	58	83	114	86	124	86	104	82	93	70		
90th percentile	135	86	110	174	114	176	127	153	111	133	98		
95th percentile	170	102	138	213	141	221	144	189	136	166	115		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.003. Total Whole Grain and "Wheat" Bread: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	32.6	26.2	24.3	20.0	21.2	31.4	30.5	36.7	38.0	42.9	45.8		
on 1 of 2 days	22.3	17.9	18.1	14.3	15.6	23.6	23.3	24.5	24.9	25.6	26.8		
on both days	10.2	8.4	6.2	5.7	5.7	7.9	7.2	12.2	13.1	17.3	19.1		
Quantity consumed in a day (1 slice = 28 g)		g											
Mean	61	43	52	73	58	74	57	70	56	66	52		
SEM	1	1	2	4	3	3	2	2	2	1	2		
5th percentile	24	12	20	32 *	24 *	27	23	24	23	24	23		
10th percentile	25	18	24	38 *	27	35	25	28	25	26	24		
25th percentile	42	25	27	49	46	49	39	49	31	46	27		
50th percentile	52	39	50	55	54	56	52	55	50	52	49		
75th percentile	72	56	56	97	58	94	64	84	63	82	56		
90th percentile	105	73	84	115 *	95	122	91	113	96	108	92		
95th percentile	128	99	111	143 *	109 *	156	109	158	106	130	105		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.004. Biscuits: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	10.9	8.3	9.7	12.2	10.3	11.5	9.4	13.4	11.2	13.0	9.8		
on 1 of 2 days	9.5	7.8	9.2	10.6	9.5	9.8	8.7	11.7	9.1	10.1	8.3		
on both days	1.4	0.5 *	0.6 *	1.6 *	0.8 *	1.7	0.7 *	1.7	2.1	2.9	1.5		
Quantity consumed in a day (1 biscuit = 30 g)		g											
Mean	64	39	49	71	59	78	57	83	59	62	53		
SEM	1	2	3	4	6	3	3	3	2	3	4		
5th percentile	19	7 *	12 *	17 *	17 *	29 *	18 *	21 *	19 *	19 *	15 *		
10th percentile	19	11	19	28 *	18 *	30	19	30	19	19	19		
25th percentile	37	19	19	39	29	44	30	49	30	37	28		
50th percentile	57	30	38	59	38	67	50	66	57	57	38		
75th percentile	77	50	60	90	75	89	74	102	67	75	66		
90th percentile	118	77	92	118 *	100 *	150	97	153	98	108	93		
95th percentile	152	92 *	110 *	136 *	132 *	162 *	122 *	195 *	145 *	125 *	128 *		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.005. Tortillas: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	15.5	14.6	16.4	22.9	20.1	20.6	20.1	13.4	12.7	4.2	5.4		
on 1 of 2 days	12.5	12.2	13.6	17.7	17.2	15.6	16.1	11.2	10.8	3.3	4.6		
on both days	3.0	2.4	2.9	5.2	2.8	5.0	4.0	2.2	1.9	0.9	0.8 *		
Quantity consumed in a day (1 7-inch round corn tortilla = 25 g)		g											
Mean	68	36	52	87	59	94	61	75	57	56	44		
SEM	2	3	3	7	3	4	2	4	3	4	3		
5th percentile	14	7	13	24 *	19 *	24	15	15 *	13 *	14 *	17 *		
10th percentile	21	11	14	27	22	32	23	24	22	17 *	20 *		
25th percentile	33	18	24	40	33	43	33	38	31	25	26		
50th percentile	50	26	43	68	50	75	48	57	45	43	38		
75th percentile	86	43	67	108	78	111	75	92	71	67	51		
90th percentile	133	67	100	184	103	179	114	143	97	117 *	80 *		
95th percentile	177	88	145	225 *	129 *	226	135	191 *	126 *	146 *	100 *		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.006. Quickbreads and Muffins: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	12.5	9.6	9.6	11.0	11.0	8.0	11.3	15.7	14.9	17.4	18.3		
on 1 of 2 days	10.9	9.1	8.3	9.9	10.7	7.3	10.2	13.0	13.3	13.8	15.1		
on both days	1.6	0.6 *	1.3	1.0 *	0.3 *	0.7 *	1.1	2.6	1.7	3.6	3.1		
Quantity consumed in a day (1 medium bran muffin = 57 g)		g											
Mean	87	59	71	137	82	101	82	102	74	93	78		
SEM	3	4	5	13	10	8	5	8	4	7	4		
5th percentile	21	10 *	13 *	37 *	11 *	24 *	23 *	28	20 *	21	12		
10th percentile	28	15	26 *	45 *	19 *	42 *	36	41	28	28	21		
25th percentile	55	28	48	63	44	57	56	56	45	49	44		
50th percentile	63	54	57	111	62	71	57	71	57	61	60		
75th percentile	112	70	85	168	107	114	85	116	89	113	100		
90th percentile	157	112	120 *	291 *	149 *	171 *	140	171	114	168	128		
95th percentile	220	126 *	152 *	352 *	177 *	237 *	178 *	241	139 *	243	193		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.007. Doughnuts and Sweet Rolls: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	12.4	11.3	13.4	17.3	13.8	13.3	11.2	13.4	11.0	11.4	10.4		
on 1 of 2 days	11.3	10.7	12.5	15.4	13.1	11.9	10.5	12.1	9.5	10.2	9.1		
on both days	1.1	0.6 *	0.9	1.9	0.7 *	1.4	0.6 *	1.3	1.5	1.2	1.2		
Quantity consumed in a day (1 medium sweet roll = 60 g)		g											
Mean	83	63	73	109	90	102	74	93	75	72	58		
SEM	2	4	3	12	8	6	3	3	4	3	2		
5th percentile	26	22 *	26 *	40 *	23 *	28 *	26 *	30 *	21 *	26 *	16 *		
10th percentile	37	26	36	44 *	28 *	40	37	41	36	32	25		
25th percentile	49	38	47	53	47	59	47	54	52	46	41		
50th percentile	65	53	59	74	64	83	62	74	60	59	55		
75th percentile	101	71	83	120	113	121	84	117	86	83	71		
90th percentile	146	109	119	266 *	150 *	174	133	163	118	117	85		
95th percentile	180	126 *	153 *	280 *	179 *	244 *	160 *	198 *	144 *	158 *	111 *		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.008. Crackers: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	17.4	25.4	17.2	10.6	14.2	11.9	15.6	16.6	17.5	25.6	25.9		
on 1 of 2 days	14.9	20.8	15.4	9.4	12.0	11.3	13.6	13.9	15.6	19.7	20.9		
on both days	2.5	4.6	1.8	1.2 *	2.2	0.6 *	2.0	2.7	1.9	5.9	5.0		
Quantity consumed in a day (4 saltines = 12 g)		g											
Mean	28	20	28	43	30	39	29	32	25	24	19		
SEM	1	1	2	6	3	3	2	2	1	1	1		
5th percentile	6	6	6 *	4 *	5 *	9 *	6 *	8	6	6	6		
10th percentile	9	6	9	8 *	6 *	11	9	11	8	9	6		
25th percentile	12	10	12	14	12	17	12	17	12	12	12		
50th percentile	20	13	20	32	18	28	24	24	18	18	15		
75th percentile	32	24	31	47	38	47	35	40	30	29	23		
90th percentile	53	35	52	89 *	59 *	83	57	53	48	43	31		
95th percentile	74	48	61 *	117 *	77 *	100 *	73 *	79	59	57	42		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.009. Cookies: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	30.7	51.0	46.7	29.0	31.8	20.8	26.5	27.6	29.0	29.7	32.2		
on 1 of 2 days	23.4	37.9	35.0	21.5	24.6	15.9	21.2	21.6	23.4	20.5	23.5		
on both days	7.3	13.1	11.8	7.4	7.2	4.8	5.2	6.0	5.7	9.2	8.8		
Quantity consumed in a day (1 medium = 10 g)		g											
Mean	45	33	42	59	46	63	43	51	39	45	32		
SEM	1	1	2	4	2	4	2	2	2	2	1		
5th percentile	9	6	7	10 *	8 *	10	9	10	8	9	8		
10th percentile	11	10	10	15	10	14	11	15	11	12	10		
25th percentile	20	15	19	29	23	28	20	26	20	21	16		
50th percentile	32	28	32	47	39	50	30	42	31	32	28		
75th percentile	57	41	50	72	60	77	55	64	49	57	43		
90th percentile	84	60	78	112	86	126	83	92	73	96	63		
95th percentile	114	81	100	132 *	109 *	163	112	128	90	119	74		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.010. Cake: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	16.2	14.6	19.7	15.1	15.5	13.5	14.9	16.5	16.8	19.2	18.3		
on 1 of 2 days	14.7	13.6	18.4	13.8	14.0	12.4	13.3	14.4	15.6	17.3	16.3		
on both days	1.5	1.0	1.3	1.4 *	1.5 *	1.0	1.6	2.2	1.3	2.0	1.9		
Quantity consumed in a day (1/12 of a frosted cake = 109 g)		g											
Mean	100	73	85	109	92	123	103	122	91	90	95		
SEM	3	3	6	10	8	9	8	7	5	4	7		
5th percentile	22	15	20	37 *	22 *	31 *	22 *	25	15	20	15		
10th percentile	28	25	27	40 *	29 *	39	25	36	25	29	24		
25th percentile	40	39	39	44	40	58	40	53	40	41	40		
50th percentile	80	53	57	80	76	103	80	88	73	71	66		
75th percentile	122	102	109	150	114	172	131	149	121	117	109		
90th percentile	194	142	161	189 *	162 *	221	215	229	177	162	176		
95th percentile	251	169	203	283 *	218 *	316 *	254 *	321	216	217	281		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.011. Pie: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.5	2.9	5.6	6.6	4.8	5.8	7.2	11.8	9.9	16.4	13.3		
on 1 of 2 days	7.9	2.8	5.5	6.5	4.7	5.6	6.9	11.1	9.3	14.2	12.1		
on both days	0.5	0.1 *	0.2 *	0.1 *	0.1 *	0.1 *	0.3 *	0.7 *	0.5 *	2.3	1.3		
Quantity consumed in a day (1/8 of a 9-inch cream pie = 144 g)		g											
Mean	162	80	132	194	164 *	176	158	177	158	168	148		
SEM	4	10	14	17	17 *	10	10	8	9	7	5		
5th percentile	51	3 *	40 *	70 *	49 *	55 *	50 *	76 *	47 *	56 *	43 *		
10th percentile	72	8 *	53 *	86 *	73 *	83 *	76 *	93	68	75	70		
25th percentile	108	38	76	116 *	107 *	115	108	120	111	113	100		
50th percentile	144	69	110	144	129	149	148	149	146	147	143		
75th percentile	189	101	151	269 *	160 *	219	184	217	168	195	158		
90th percentile	288	150 *	202 *	326 *	273 *	297 *	271 *	300	258	289	236		
95th percentile	336	206 *	276 *	357 *	352 *	330 *	361 *	328 *	307 *	350 *	303 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.012. Pancakes and Waffles: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	10.3	19.1	21.5	13.5	8.2	8.0	7.4	7.5	8.0	10.8	8.2		
on 1 of 2 days	9.1	15.7	18.2	12.2	7.5	7.4	6.5	6.8	7.0	8.8	7.3		
on both days	1.3	3.4	3.3	1.3 *	0.6 *	0.6 *	0.8 *	0.8 *	1.0	2.0	0.8 *		
Quantity consumed in a day (1 5-inch pancake = 40 g)		g											
Mean	86	50	77	97	76	127	80	114	74	100	69		
SEM	3	2	3	7	6	15	6	7	5	6	4		
5th percentile	21	13	21	29 *	17 *	38 *	17 *	38 *	20 *	34 *	18 *		
10th percentile	34	20	34	40 *	24 *	42 *	29 *	40	30	40	21 *		
25th percentile	42	32	41	64	41	74	40	63	39	57	39		
50th percentile	75	40	72	80	75	107	73	91	63	90	55		
75th percentile	109	67	101	112	93	160	99	151	88	120	79		
90th percentile	158	81	120	163 *	138 *	215 *	126 *	196	131	159	126 *		
95th percentile	205	106	148	205 *	143 *	220 *	165 *	276 *	162 *	195 *	162 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.013. Cooked Cereal: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	10.3	16.8	9.0	5.2	6.0	5.2	7.3	9.7	10.3	20.9	20.2		
on 1 of 2 days	7.9	13.8	7.3	4.3	4.7	4.0	6.4	7.3	8.1	13.1	14.5		
on both days	2.5	3.0	1.7	0.9 *	1.2 *	1.3	0.9	2.4	2.1	7.8	5.7		
Quantity consumed in a day (1/2 cup oatmeal = 117 g)		g											
Mean	252	212	250	313 *	263 *	321	223	301	243	259	220		
SEM	6	10	16	31 *	32 *	32	11	17	11	8	8		
5th percentile	80	52	60 *	118 *	91 *	93 *	50 *	88 *	59 *	78	80		
10th percentile	117	81	117	119 *	117 *	120 *	88 *	119	116	117	113		
25th percentile	156	117	167	180 *	120 *	177	122	227	157	175	156		
50th percentile	233	215	215	246	236	242	204	245	231	235	228		
75th percentile	293	242	317	415 *	352 *	375	248	426	259	313	246		
90th percentile	458	353	459	493 *	472 *	498 *	361 *	472	445	454	330		
95th percentile	488	459	489 *	604 *	489 *	671 *	428 *	498 *	485 *	487	424		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.014. Oatmeal: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	6.1	10.4	5.7	2.4	2.3	2.7	3.7	6.0	6.2	13.6	12.9		
on 1 of 2 days	4.6	8.7	4.6	1.9	2.0	2.0	3.2	4.3	4.7	8.7	9.3		
on both days	1.5	1.8	1.1	0.5 *	0.4 *	0.7 *	0.5 *	1.7	1.5	4.9	3.6		
Quantity consumed in a day (1/2 cup = 117 g)		g											
Mean	267	225	265	364 *	326 *	379 *	263	320	242	255	228		
SEM	6	10	20	51 *	39 *	48 *	18	15	10	10	10		
5th percentile	116	116 *	114 *	---	---	165 *	84 *	102 *	76 *	90 *	98 *		
10th percentile	117	116	117 *	159 *	---	176 *	97 *	175 *	116 *	115	116		
25th percentile	176	117	176	198 *	193 *	230 *	164	229	166	175	161		
50th percentile	232	231	200	328	310	317	217	267	230	229	228		
75th percentile	345	236	337	428 *	387 *	449 *	321	416	253	312	234		
90th percentile	456	352	441 *	566 *	---	485 *	418 *	459 *	369 *	404	324		
95th percentile	469	448 *	490 *	---	---	919 *	472 *	473 *	436 *	470 *	353 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.015. Ready-to-Eat Cereal: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	40.6	72.9	67.3	45.6	46.3	26.9	34.7	29.8	29.7	44.6	44.0		
on 1 of 2 days	25.1	39.3	38.1	27.8	33.3	18.1	25.0	18.5	20.0	22.2	24.9		
on both days	15.5	33.6	29.3	17.8	13.0	8.8	9.8	11.3	9.6	22.4	19.1		
Quantity consumed in a day (1 cup corn flakes = 25 g)		g											
Mean	56	36	50	77	55	78	58	72	53	55	42		
SEM	1	1	1	4	2	3	2	2	2	2	1		
5th percentile	16	10	16	26	21	26	24	24	18	19	14		
10th percentile	23	14	23	30	26	30	27	28	22	23	18		
25th percentile	30	21	29	45	32	46	33	40	29	29	25		
50th percentile	48	30	42	62	50	65	51	57	49	47	37		
75th percentile	70	42	61	89	63	97	73	90	62	70	54		
90th percentile	104	61	85	125	86	140	94	120	93	97	79		
95th percentile	122	82	111	165	112	166	119	150	111	112	90		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.016. Total Rice: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	31.1	32.7	28.0	26.4	31.9	33.1	35.0	32.3	32.2	27.6	25.4		
on 1 of 2 days	23.9	24.5	22.1	19.3	25.6	25.7	26.8	24.4	24.4	21.4	19.3		
on both days	7.3	8.2	5.9	7.1	6.3	7.5	8.2	7.9	7.8	6.3	6.1		
Quantity consumed in a day (1/2 cup regular rice = 79 g)		g											
Mean	152	86	124	207	156	209	139	176	129	138	113		
SEM	4	4	6	20	9	11	7	7	5	9	6		
5th percentile	13	9	12	20 *	11 *	22	12	18	7	8	9		
10th percentile	24	18	22	39	17	40	21	32	19	18	13		
25th percentile	58	39	51	78	51	82	58	75	59	49	39		
50th percentile	117	76	99	156	118	156	115	153	109	104	78		
75th percentile	183	111	156	239	229	297	161	234	156	162	156		
90th percentile	312	159	245	462	341	416	312	328	236	311	241		
95th percentile	397	206	312	621 *	464 *	610	345	461	313	319	313		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.017. Total Pasta: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	45.6	61.2	50.3	43.3	47.3	45.6	47.2	43.5	42.1	38.2	40.9		
on 1 of 2 days	36.5	43.4	39.7	37.5	36.4	35.5	38.6	35.0	34.6	31.6	33.8		
on both days	9.2	17.8	10.6	5.8	11.0	10.1	8.6	8.4	7.4	6.6	7.1		
Quantity consumed in a day (1 cup spaghetti = 140 g)		g											
Mean	148	89	126	193	140	202	139	181	130	139	111		
SEM	3	3	4	9	7	9	6	7	5	7	4		
5th percentile	13	9	16	22	19	21	10	13	12	6	4		
10th percentile	23	16	23	40	30	34	23	25	23	17	16		
25th percentile	53	33	50	99	67	78	55	68	52	44	39		
50th percentile	112	70	99	155	116	147	105	139	106	99	84		
75th percentile	203	128	165	265	185	280	186	269	171	189	151		
90th percentile	318	189	259	398	278	418	278	417	277	296	256		
95th percentile	417	240	314	466	341	522	387	509	320	388	280		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.018. Pizza: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	19.9	23.7	32.8	39.6	30.5	23.7	20.2	13.0	14.5	5.3	4.7		
on 1 of 2 days	18.1	21.7	27.5	34.1	27.9	21.8	18.9	12.6	13.9	5.0	4.5		
on both days	1.8	2.1	5.3	5.5	2.6	2.0	1.3	0.4 *	0.6 *	0.3 *	0.2 *		
Quantity consumed in a day (1 slice, thin crust = 71 g)		g											
Mean	175	92	115	220	148	264	151	220	149	188	108		
SEM	5	4	6	13	8	13	6	13	9	18	8		
5th percentile	34	19	30	49	34 *	46	42	65 *	40 *	45 *	30 *		
10th percentile	51	27	41	64	40	68	54	87	51	62 *	31 *		
25th percentile	77	45	63	83	65	152	85	125	76	89	48		
50th percentile	142	76	86	158	124	213	142	187	138	147	84		
75th percentile	216	118	142	283	202	354	186	276	189	228	158		
90th percentile	351	166	213	440	284	508	278	397	280	377 *	189 *		
95th percentile	455	231	269	562	338 *	601	315	504 *	316 *	395 *	212 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.019. Total Raw Cucumbers: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	12.1	6.9	8.0	7.3	8.4	12.0	11.6	14.2	17.0	15.2	14.3		
on 1 of 2 days	10.6	6.5	7.2	6.4	7.5	11.2	10.3	12.3	15.1	11.7	12.2		
on both days	1.4	0.4 *	0.8 *	1.0 *	0.9 *	0.8 *	1.3	1.8	1.9	3.5	2.2		
Quantity consumed in a day (1/2 cup = 60 g)		g											
Mean	46	33	35	61 *	44	58	44	45	41	51	45		
SEM	3	5	6	21 *	10	11	5	4	3	4	4		
5th percentile	5	3 *	2 *	4 *	2 *	7 *	7 *	4 *	7	7 *	7 *		
10th percentile	7	4	3 *	7 *	5 *	8	9	7	11	13	7		
25th percentile	15	7	7	14 *	13	15	15	15	14	15	15		
50th percentile	29	14	15	23	21	29	29	29	27	29	28		
75th percentile	50	28	37	58 *	36	58	45	56	43	57	56		
90th percentile	100	80	87 *	256 *	109 *	187	70	98	89	116	99		
95th percentile	164	124 *	120 *	---	188 *	200 *	145 *	133 *	134	157 *	143 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.020. Total Lettuce: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	53.3	34.0	40.8	56.2	52.3	63.4	57.8	55.5	59.1	48.1	46.1		
on 1 of 2 days	37.8	29.8	32.9	43.4	37.4	40.8	42.9	37.3	40.9	32.0	31.5		
on both days	15.5	4.2	7.9	12.9	15.0	22.5	14.9	18.2	18.3	16.2	14.6		
Quantity consumed in a day (1 cup = 55 g)		g											
Mean	46	19	29	37	37	45	48	55	55	52	47		
SEM	1	1	1	3	3	2	2	3	2	2	2		
5th percentile	7	2	6	7	6	8	7	8	7	7	6		
10th percentile	8	4	7	8	7	8	8	8	8	8	8		
25th percentile	12	7	9	12	9	14	11	14	14	15	14		
50th percentile	27	10	18	21	16	22	27	31	51	43	40		
75th percentile	55	27	39	47	54	55	63	82	81	75	55		
90th percentile	109	54	58	81	100	109	109	111	110	109	108		
95th percentile	137	55	81	122	115	142	162	165	142	120	113		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.021. Total Celery: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	42.9	35.8	35.3	33.2	38.4	40.8	43.5	49.1	45.9	48.8	51.0		
on 1 of 2 days	34.2	30.5	29.6	28.1	32.1	33.8	35.7	38.8	35.6	34.7	36.7		
on both days	8.7	5.3	5.7	5.1	6.3	7.0	7.8	10.3	10.3	14.1	14.3		
Quantity consumed in a day (1/2 cup = 60 g)		g											
Mean	14	7	9	15	12	17	13	17	14	18	14		
SEM	#	#	1	1	1	1	1	1	#	1	1		
5th percentile	1	#	#	1 *	1	1	1	1	1	1	1		
10th percentile	2	1	1	2	1	2	1	2	2	2	1		
25th percentile	4	2	2	4	3	4	3	5	4	5	4		
50th percentile	9	4	4	9	8	10	8	12	9	11	10		
75th percentile	18	9	11	22	14	20	18	22	17	21	17		
90th percentile	32	15	23	33	30	39	30	40	31	38	30		
95th percentile	45	24	32	46 *	40	51	45	52	43	55	43		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.022. Total Broccoli: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	14.0	11.0	10.3	7.7	10.1	12.1	15.0	15.3	18.4	15.4	19.5		
on 1 of 2 days	12.7	10.2	9.7	7.6	9.4	10.5	13.5	14.3	16.7	13.5	17.1		
on both days	1.4	0.8	0.6 *	0.2 *	0.6 *	1.7	1.6	1.0	1.7	2.0	2.4		
Quantity consumed in a day (1/2 cup = 92 g)		g											
Mean	81	49	67	82	82	114	77	90	65	82	78		
SEM	2	3	9	10	10	10	6	5	5	5	4		
5th percentile	8	4 *	5 *	---	6 *	11 *	8 *	11 *	6	10 *	9		
10th percentile	12	9	10	10 *	15 *	21	12	17	8	12	16		
25th percentile	25	19	16	21	26	39	25	32	22	26	29		
50th percentile	56	38	39	62	72	90	50	68	41	52	71		
75th percentile	110	72	84	135	95	155	98	131	88	111	92		
90th percentile	183	92	177	182 *	183 *	233	159	183	154	183	155		
95th percentile	232	147 *	197 *	183 *	183 *	273 *	191 *	231 *	172	231 *	186		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.023. Total Carrots: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	50.6	45.2	46.1	38.3	40.6	48.5	49.7	54.3	55.9	59.0	60.2		
on 1 of 2 days	37.6	35.6	35.3	31.8	34.0	37.3	37.0	37.7	40.9	39.3	42.6		
on both days	13.1	9.6	10.8	6.5	6.6	11.2	12.8	16.6	15.0	19.7	17.5		
Quantity consumed in a day (1/2 cup, raw = 64 g)		g											
Mean	30	19	23	30	27	32	32	34	29	34	30		
SEM	1	1	1	4	3	2	2	2	1	1	1		
5th percentile	1	#	1	1	1	1	1	2	1	1	1		
10th percentile	2	1	1	2	2	2	2	3	3	3	3		
25th percentile	6	3	4	5	5	5	6	8	7	7	7		
50th percentile	16	9	12	14	15	17	18	19	18	19	15		
75th percentile	38	25	29	39	33	40	40	46	36	48	38		
90th percentile	73	56	59	68	64	73	75	78	66	87	71		
95th percentile	103	71	73	83	96	119	112	114	100	114	103		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.024. Total Tomatoes: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	85.9	85.7	87.2	90.3	88.9	89.9	87.3	85.0	83.9	79.5	79.6		
on 1 of 2 days	39.9	40.7	38.3	32.0	40.7	35.8	43.7	40.5	41.4	39.4	42.9		
on both days	46.0	44.9	48.8	58.2	48.2	54.1	43.5	44.5	42.5	40.0	36.6		
Quantity consumed in a day (1/2 cup = 90 g)		g											
Mean	67	38	44	72	56	82	64	83	66	78	67		
SEM	1	2	1	4	4	3	2	3	2	3	3		
5th percentile	2	1	2	2	2	3	2	2	1	2	2		
10th percentile	4	3	4	6	4	7	5	6	4	4	5		
25th percentile	17	7	11	19	14	21	20	22	20	20	19		
50th percentile	41	21	26	46	33	52	41	52	42	45	45		
75th percentile	89	51	54	92	71	108	83	109	90	100	91		
90th percentile	157	88	102	155	126	191	153	197	156	182	152		
95th percentile	217	124	148	216	170	270	193	275	209	247	201		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.025. Total Tomato Sauce: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	54.3	53.7	62.3	65.7	62.8	60.9	56.3	52.0	49.5	42.3	37.6		
on 1 of 2 days	41.1	41.5	43.6	45.0	46.3	44.5	45.2	39.5	38.1	33.4	31.4		
on both days	13.2	12.2	18.7	20.7	16.6	16.4	11.1	12.5	11.4	8.8	6.2		
Quantity consumed in a day (1/2 cup = 122 g)		g											
Mean	39	23	26	42	40	50	35	52	33	42	35		
SEM	1	1	2	4	6	3	2	4	2	3	2		
5th percentile	1	1	1	1	1	2	1	1	1	1	#		
10th percentile	2	1	2	2	2	3	2	2	1	1	1		
25th percentile	6	4	6	9	7	10	7	6	4	4	2		
50th percentile	18	12	13	21	18	26	18	19	14	20	15		
75th percentile	43	26	27	46	41	58	39	53	40	53	47		
90th percentile	97	61	63	95	84	120	82	145	92	101	96		
95th percentile	154	82	115	154	155	209	139	232	154	157	151		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.026. Total String Beans: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	22.4	23.5	19.8	12.2	12.7	17.8	20.8	24.5	25.2	30.8	35.1		
on 1 of 2 days	20.0	20.2	18.3	11.5	12.0	16.6	19.0	20.9	22.6	26.3	30.6		
on both days	2.4	3.3	1.5	0.6 *	0.7 *	1.2	1.9	3.6	2.6	4.5	4.5		
Quantity consumed in a day (1/2 cup = 68 g)		g											
Mean	62	37	49	65	48	82	62	71	60	69	53		
SEM	1	2	5	8	5	4	4	5	3	3	2		
5th percentile	1	1	1	6 *	#	2	2	1	1	1	1		
10th percentile	3	3	3	11 *	1 *	6	4	2	3	3	2		
25th percentile	17	9	11	29	8	23	14	17	17	17	15		
50th percentile	45	34	34	67	44	68	45	62	41	62	39		
75th percentile	79	62	67	68	68	126	74	123	82	104	68		
90th percentile	135	68	68	134 *	117 *	172	135	136	135	135	124		
95th percentile	186	112	134	135 *	134 *	215	201	201	186	185	135		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.027. Total Cabbage: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	16.0	9.8	10.1	7.6	10.1	16.1	14.3	20.2	21.3	21.6	21.2		
on 1 of 2 days	14.4	9.0	9.5	7.3	9.0	15.0	13.3	17.7	19.0	18.8	18.6		
on both days	1.6	0.8	0.7 *	0.3 *	1.1 *	1.1	1.0	2.5	2.3	2.8	2.6		
Quantity consumed in a day (1/2 cup = 75 g)		g											
Mean	62	33	41	75	31	73	45	74	59	77	67		
SEM	3	3	6	17	5	9	4	5	4	5	4		
5th percentile	1	#	1 *	2 *	1 *	2 *	1 *	1	1	1	1		
10th percentile	2	#	2	3 *	2 *	3	1	1	2	3	1		
25th percentile	9	2	6	10 *	6	11	5	8	9	21	12		
50th percentile	35	10	25	37	18	38	27	45	33	61	60		
75th percentile	75	41	60	68 *	44	115	61	122	75	92	84		
90th percentile	149	110	101	253 *	64 *	184	112	154	149	179	149		
95th percentile	223	150 *	149 *	298 *	82 *	286 *	159 *	273	182	281	196		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.028. Total Peas: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	20.1	20.8	16.7	14.2	12.4	17.4	18.7	22.8	21.4	26.9	28.2		
on 1 of 2 days	18.0	19.1	15.1	13.2	11.8	16.1	17.0	20.2	19.0	23.0	24.3		
on both days	2.1	1.7	1.6	1.0 *	0.6 *	1.4	1.7	2.6	2.4	3.9	4.0		
Quantity consumed in a day (1/2 cup = 80 g)		g											
Mean	45	30	41	56	35	49	41	59	42	50	40		
SEM	2	2	4	7	5	5	4	4	3	3	2		
5th percentile	3	3	2 *	6 *	1 *	6 *	3	4	3	3	2		
10th percentile	7	4	6	9 *	2 *	8	6	8	6	7	5		
25th percentile	14	9	14	17	11	16	10	15	13	16	13		
50th percentile	28	19	26	40	23	33	27	34	25	34	26		
75th percentile	57	40	48	79	37	59	50	80	60	74	57		
90th percentile	96	76	85	138 *	80 *	102	96	159	85	105	84		
95th percentile	158	85	121 *	167 *	96 *	168 *	128	170	120	140	119		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.029. Total Corn: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	24.1	26.3	29.4	17.3	17.7	19.3	24.1	27.1	24.9	26.5	27.2		
on 1 of 2 days	21.6	22.9	26.5	15.8	16.8	18.0	21.3	23.1	23.1	23.2	23.8		
on both days	2.5	3.4	2.8	1.5 *	0.9 *	1.3	2.8	3.9	1.8	3.3	3.4		
Quantity consumed in a day (1/2 cup = 82 g)		g											
Mean	77	54	66	109	78	93	79	101	64	77	55		
SEM	2	2	4	11	5	4	4	6	2	4	3		
5th percentile	8	5	8	10 *	8 *	9	7	15	9	7	8		
10th percentile	14	7	10	14 *	16	15	10	19	14	14	13		
25th percentile	25	14	25	48	40	30	25	30	23	25	19		
50th percentile	56	41	51	82	79	82	75	82	45	55	33		
75th percentile	100	82	82	123	100	121	100	156	87	103	82		
90th percentile	164	102	163	191 *	163	164	164	189	124	164	113		
95th percentile	199	163	164	329 *	172 *	245	199	252	164	198	163		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.030. Total Onions: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	92.5	92.1	93.3	94.5	95.0	95.7	93.4	91.6	91.4	88.8	88.0		
on 1 of 2 days	31.0	33.7	30.1	26.3	29.5	26.1	32.5	29.2	34.5	32.7	36.2		
on both days	61.5	58.4	63.2	68.1	65.6	69.6	60.9	62.4	56.8	56.1	51.8		
Quantity consumed in a day (1/2 cup, cooked = 105 g)		g											
Mean	16	5	8	16	13	22	15	20	16	19	14		
SEM	#	#	#	1	1	1	1	1	1	1	1		
5th percentile	#	#	#	#	#	#	#	#	#	#	#		
10th percentile	#	#	#	#	#	1	#	1	#	#	#		
25th percentile	2	#	1	2	1	3	2	3	2	2	2		
50th percentile	7	2	3	6	5	12	7	11	8	10	8		
75th percentile	20	7	9	20	15	30	19	28	20	27	19		
90th percentile	40	14	20	43	33	52	37	49	38	45	35		
95th percentile	57	20	31	65	47	76	52	73	54	65	51		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.031. Total Peppers: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	44.8	27.8	31.7	39.6	39.4	52.5	51.4	51.2	49.0	40.5	41.5		
on 1 of 2 days	34.4	24.3	26.4	32.6	31.0	38.8	38.2	37.7	36.4	30.9	34.0		
on both days	10.5	3.5	5.3	7.0	8.4	13.7	13.3	13.5	12.6	9.6	7.5		
Quantity consumed in a day (1/2 cup, raw = 74 g)		g											
Mean	16	5	8	13	8	23	14	17	17	16	14		
SEM	1	#	1	1	2	2	1	1	2	2	2		
5th percentile	#	#	#	#	#	#	#	#	#	#	#		
10th percentile	#	#	#	#	#	#	#	#	#	#	#		
25th percentile	#	#	#	#	#	2	1	#	#	#	#		
50th percentile	5	1	2	4	2	9	5	6	5	3	2		
75th percentile	18	6	8	15	8	28	17	20	19	19	14		
90th percentile	44	14	26	35	23	74	38	44	45	45	40		
95th percentile	74	22	42	55	35	90	57	75	69	70	71		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.032. Total White Potatoes: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	71.3	72.1	72.5	76.0	70.6	74.6	68.0	70.7	69.4	72.7	69.4		
on 1 of 2 days	44.8	44.1	44.9	46.6	44.7	45.6	46.5	42.3	46.0	42.0	43.0		
on both days	26.6	28.0	27.5	29.4	25.9	29.0	21.5	28.4	23.5	30.7	26.5		
Quantity consumed in a day (1/2 cup = 78 g)		g											
Mean	103	59	72	118	94	135	93	126	92	118	91		
SEM	1	2	2	6	6	4	3	4	3	3	2		
5th percentile	12	7	8	18	13	14	11	13	9	13	9		
10th percentile	17	9	12	22	20	26	15	20	15	20	15		
25th percentile	40	21	25	49	39	59	38	50	38	50	39		
50th percentile	84	46	59	94	72	104	78	97	81	97	85		
75th percentile	132	80	97	153	108	170	127	171	125	169	123		
90th percentile	210	119	157	238	176	290	185	274	183	240	177		
95th percentile	279	168	185	343	251	357	228	341	236	281	213		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.033. Total Dried Beans and Peas: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	29.5	24.4	24.2	27.3	28.4	30.8	32.0	33.8	30.0	31.2	25.9		
on 1 of 2 days	24.6	21.4	21.1	22.1	23.9	24.5	27.4	28.2	25.3	25.3	22.0		
on both days	4.8	3.0	3.1	5.2	4.5	6.4	4.6	5.6	4.7	5.9	3.9		
Quantity consumed in a day (1/2 cup kidney beans = 86 g)		g											
Mean	96	58	75	117	90	118	81	117	82	113	84		
SEM	2	4	4	8	7	6	5	5	3	6	3		
5th percentile	8	5	4	10 *	7 *	9	8	13	8	12	4		
10th percentile	14	9	10	16	12	18	11	21	12	22	9		
25th percentile	34	22	26	34	37	43	30	47	31	54	29		
50th percentile	68	43	58	71	68	92	61	98	65	87	67		
75th percentile	131	69	98	170	131	163	111	161	109	138	118		
90th percentile	197	126	161	223	174	262	168	238	167	233	170		
95th percentile	263	170	193	374 *	241 *	344	212	323	236	302	201		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.034. Total Oranges: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	44.3	63.5	61.4	49.0	51.1	37.5	38.5	38.4	38.4	41.9	45.7		
on 1 of 2 days	26.6	34.7	35.6	31.2	35.1	24.2	26.9	23.3	23.5	18.9	21.6		
on both days	17.7	28.8	25.8	17.9	16.0	13.3	11.6	15.0	14.9	23.0	24.1		
Quantity consumed in a day (1 medium = 131 g)		g											
Mean	171	107	122	218	172	249	175	190	160	161	145		
SEM	5	4	6	23	14	18	10	12	8	8	6		
5th percentile	5	3	3	5	4	7	4	5	5	10	5		
10th percentile	7	5	5	7	5	10	7	10	12	27	23		
25th percentile	36	18	12	29	21	71	36	53	53	53	53		
50th percentile	124	62	64	124	86	184	129	130	130	128	124		
75th percentile	249	157	187	261	249	372	249	249	248	248	187		
90th percentile	373	249	310	498	497	498	373	398	310	308	252		
95th percentile	498	323	439	752	498	744	498	516	373	373	372		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.035. Total Orange Juice: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	30.5	47.8	46.7	37.2	39.2	25.6	26.7	24.5	23.6	25.8	28.6		
on 1 of 2 days	20.3	30.7	30.7	25.4	29.0	18.8	20.2	15.6	15.1	12.8	15.7		
on both days	10.2	17.1	15.9	11.8	10.2	6.7	6.5	8.9	8.5	12.9	12.8		
Quantity consumed in a day (6 fluid ounces = 187 g)		g											
Mean	200	114	132	245	187	299	210	235	199	204	171		
SEM	6	5	7	24	12	19	12	19	13	8	6		
5th percentile	9	7	3	12	7	12	9	9	8	12	7		
10th percentile	14	11	12	17	13	26	16	17	17	35	17		
25th percentile	32	17	17	34	18	85	39	50	102	124	124		
50th percentile	186	52	51	173	124	249	187	187	187	187	156		
75th percentile	249	187	221	372	249	373	249	311	249	249	249		
90th percentile	441	249	311	498	498	498	488	498	311	372	262		
95th percentile	498	361	496	817	498	746	498	631	498	469	373		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.036. Total Grapefruit: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	7.1	4.9	5.0	4.1	3.8	3.5	6.9	6.7	9.3	13.6	13.8		
on 1 of 2 days	5.4	4.1	4.3	3.2	3.1	2.9	5.7	4.7	7.8	9.4	8.8		
on both days	1.7	0.8	0.7 *	0.9 *	0.7 *	0.7 *	1.2	2.0	1.4	4.3	5.0		
Quantity consumed in a day (1/2 medium = 128 g)		g											
Mean	129	24	41 *	154 *	118 *	185 *	91	209	142	132	127		
SEM	9	4	14 *	38 *	23 *	79 *	18	24	13	8	6		
5th percentile	#	#	#	1 *	---	#	#	1 *	#	1 *	#		
10th percentile	1	#	#	1 *	1 *	1 *	#	1 *	1	5	6		
25th percentile	10	3	6	4 *	9 *	2	6	62	29	57	52		
50th percentile	120	6	10	33	78	9	29	159	125	126	126		
75th percentile	183	27	17	295 *	166 *	195	161	249	196	163	163		
90th percentile	271	70 *	126 *	368 *	311 *	422 *	250 *	346 *	312	254	247		
95th percentile	362	121 *	193 *	445 *	---	703 *	313 *	667 *	349 *	302 *	273 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.037. Total Lemons: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	54.7	36.2	39.5	51.3	51.5	59.9	54.7	63.3	60.8	56.3	57.6		
on 1 of 2 days	37.2	28.8	31.0	36.2	35.8	39.0	39.4	41.1	39.5	36.0	36.4		
on both days	17.6	7.4	8.5	15.1	15.6	20.9	15.3	22.3	21.3	20.3	21.3		
Quantity consumed in a day (1 fluid ounce juice = 30 g)		g											
Mean	6	4	5	7	8	7	7	6	5	5	3		
SEM	#	#	1	1	2	1	1	1	1	1	#		
5th percentile	#	#	#	#	#	#	#	#	#	#	#		
10th percentile	#	#	#	#	#	#	#	#	#	#	#		
25th percentile	#	#	#	#	#	#	#	#	#	#	#		
50th percentile	#	#	#	#	#	#	#	#	#	#	#		
75th percentile	2	1	1	1	1	1	3	2	2	2	3		
90th percentile	14	14	15	25	26	19	22	14	10	10	8		
95th percentile	34	27	38	43	49	50	43	29	27	24	17		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.038. Total Lemon Juice: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	52.8	35.2	38.2	49.8	49.7	58.0	52.5	61.0	58.6	54.5	55.4		
on 1 of 2 days	36.9	28.2	30.3	36.4	34.9	38.8	38.7	41.1	39.0	35.5	37.3		
on both days	15.9	7.0	7.8	13.4	14.8	19.1	13.8	19.9	19.6	19.0	18.1		
Quantity consumed in a day (1 fluid ounce juice = 30 g)		g											
Mean	5	3	5	8	7	7	6	5	4	4	3		
SEM	#	1	1	1	1	1	1	1	1	1	#		
5th percentile	#	#	#	#	#	#	#	#	#	#	#		
10th percentile	#	#	#	#	#	#	#	#	#	#	#		
25th percentile	#	#	#	#	#	#	#	#	#	#	#		
50th percentile	#	#	#	#	#	#	#	#	#	#	#		
75th percentile	1	1	1	1	1	1	2	1	1	1	2		
90th percentile	11	14	15	26	18	13	16	11	8	7	7		
95th percentile	33	27	32	52	48	46	41	27	26	23	17		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.039. Total Apples: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	35.9	62.9	53.0	30.6	31.7	25.4	31.4	31.1	32.4	39.4	39.8		
on 1 of 2 days	25.6	33.9	36.5	23.6	23.7	19.9	24.5	22.9	24.3	26.5	27.8		
on both days	10.2	28.9	16.5	6.9	8.1	5.5	6.9	8.1	8.1	12.9	12.0		
Quantity consumed in a day (1 medium = 138 g)		g											
Mean	148	185	136	178	192	175	135	156	117	135	113		
SEM	3	6	6	13	24	10	8	10	6	6	5		
5th percentile	2	3	2	1 *	1 *	2	1	3	2	2	2		
10th percentile	5	10	3	2	2	7	3	9	4	7	6		
25th percentile	41	69	42	37	32	45	33	50	32	44	30		
50th percentile	124	138	114	130	125	137	108	128	105	121	105		
75th percentile	205	248	180	245	248	223	161	210	137	186	137		
90th percentile	310	372	270	431	463	374	275	372	221	261	247		
95th percentile	457	507	398	492 *	709 *	568	372	496	276	367	287		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.040. Total Apple Juice: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	12.8	38.8	21.8	12.1	13.0	8.0	11.5	9.7	7.7	9.6	10.0		
on 1 of 2 days	9.8	24.3	17.6	10.7	10.0	6.4	9.2	8.2	6.3	7.1	7.3		
on both days	3.0	14.5	4.2	1.4 *	3.1	1.6	2.2	1.5	1.4	2.4	2.7		
Quantity consumed in a day (6 fluid ounces = 186 g)		g											
Mean	207	223	178	290	265	278	181	238	139	152	137		
SEM	6	7	12	25	34	25	23	27	16	15	9		
5th percentile	8	21	21	2 *	7 *	20 *	2 *	5 *	2 *	1 *	4 *		
10th percentile	21	43	32	34 *	36 *	30 *	15	13	7	14	13		
25th percentile	53	100	66	118	109	102	44	49	28	32	28		
50th percentile	150	186	124	248	188	248	102	153	76	115	95		
75th percentile	250	263	248	433	363	372	248	372	226	241	211		
90th percentile	496	476	371	620 *	496 *	616 *	380	615	302	372	262		
95th percentile	618	599	496	666 *	620 *	744 *	529 *	671 *	427 *	496 *	319 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.041. Total Peaches: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	9.0	10.5	11.7	5.9	8.6	4.5	6.9	7.3	9.3	15.4	15.5		
on 1 of 2 days	7.8	9.0	9.5	5.6	7.3	4.3	6.6	6.5	8.4	12.4	13.0		
on both days	1.1	1.5	2.1	0.4 *	1.3 *	0.2 *	0.4 *	0.7 *	1.0	3.0	2.5		
Quantity consumed in a day (1 medium = 98 g)		g											
Mean	79	52	49	89 *	79	101	87	97	85	86	74		
SEM	3	3	3	18 *	13	9	8	8	6	6	4		
5th percentile	11	10 *	8 *	10 *	11 *	18 *	7 *	12 *	10 *	15 *	15 *		
10th percentile	19	13	12	21 *	18 *	27 *	14 *	20 *	15	24	22		
25th percentile	30	22	22	28 *	24	48	39	47	39	41	38		
50th percentile	60	40	32	63	53	89	80	85	65	61	60		
75th percentile	98	62	62	94 *	97	146	117	120	100	109	97		
90th percentile	156	101	98	143 *	149 *	205 *	158 *	190 *	160	157	124		
95th percentile	193	133 *	127 *	281 *	166 *	229 *	200 *	207 *	196 *	194 *	157 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.042. Total Bananas: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	24.2	28.1	21.3	14.6	12.4	16.8	21.3	24.5	28.1	40.3	38.2		
on 1 of 2 days	17.8	22.3	18.7	11.9	11.7	12.6	16.8	17.1	21.9	22.3	24.6		
on both days	6.4	5.8	2.6	2.7	0.7 *	4.2	4.5	7.5	6.2	18.0	13.6		
Quantity consumed in a day (1 medium = 118 g)		g											
Mean	106	91	94	110	94	124	104	127	109	102	93		
SEM	2	2	5	13	7	6	2	5	3	2	2		
5th percentile	11	6	#	5 *	1 *	14	14	17	13	20	12		
10th percentile	24	17	6	18 *	14 *	24	37	46	35	40	29		
25th percentile	59	58	41	43	35	101	86	113	96	58	57		
50th percentile	117	98	102	112	108	115	117	116	116	114	100		
75th percentile	118	116	115	119	115	120	118	134	118	117	116		
90th percentile	136	134	134	200 *	133 *	210	133	219	136	136	134		
95th percentile	234	140	179	249 *	184 *	236	151	235	223	167	140		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.043. Total Strawberries: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	13.3	16.3	14.6	8.6	13.7	9.2	14.9	11.5	17.0	12.0	14.8		
on 1 of 2 days	11.3	13.1	12.8	7.9	13.0	7.8	12.5	10.2	14.3	9.9	11.7		
on both days	2.0	3.2	1.8	0.7 *	0.7 *	1.4	2.4	1.3	2.7	2.1	3.1		
Quantity consumed in a day (1/2 cup = 83 g)		g											
Mean	44	26	34	45	41	45	48	52	46	51	46		
SEM	2	3	4	10	6	7	6	4	4	6	5		
5th percentile	#	#	#	#	#	#	#	1 *	#	1 *	1 *		
10th percentile	1	#	#	#	#	2	2	4	3	2	2		
25th percentile	6	3	2	2	2	10	8	10	8	8	8		
50th percentile	17	7	13	12	13	17	16	35	26	35	28		
75th percentile	60	30	45	61	67	56	60	71	60	72	70		
90th percentile	114	72	73	136 *	119 *	113	120	128	102	136	110		
95th percentile	154	110	120 *	161 *	161 *	151 *	192 *	180 *	149	160 *	150 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.044. Total Grapes: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	43.4	61.8	60.5	36.0	42.2	33.3	37.2	41.2	40.4	48.8	49.9		
on 1 of 2 days	31.1	38.8	43.6	26.1	33.4	27.0	27.2	29.9	29.8	31.0	32.4		
on both days	12.3	23.0	16.9	9.9	8.8	6.4	10.0	11.2	10.5	17.7	17.5		
Quantity consumed in a day (1/2 cup = 80 g)		g											
Mean	42	60	45	41	41	51	39	42	38	34	29		
SEM	2	4	3	9	5	6	3	4	4	3	3		
5th percentile	1	1	1	1	#	1	1	1	1	1	1		
10th percentile	2	2	2	2	2	2	2	2	2	2	2		
25th percentile	4	5	4	3	3	3	4	4	4	4	4		
50th percentile	9	14	10	10	9	9	9	9	9	9	9		
75th percentile	37	78	48	31	40	36	36	35	30	24	26		
90th percentile	125	168	125	105	130	149	120	107	128	78	80		
95th percentile	196	250	223	160	187	253	167	187	182	159	150		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.045. Total Milk: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	97.9	99.8 *	99.8 *	98.6 *	97.8	97.5	96.7	97.0	97.6	98.1	98.3		
on 1 of 2 days	11.5	3.6	3.8	8.8	16.5	15.5	14.9	11.9	12.6	8.1	10.6		
on both days	86.4	96.2	96.0	89.8	81.3	82.0	81.8	85.1	85.0	90.0	87.7		
Quantity consumed in a day (1 cup lowfat milk = 244 g)		g											
Mean	288	395	422	457	294	280	225	266	205	281	227		
SEM	4	8	11	22	12	14	7	10	8	8	7		
5th percentile	4	21	14	5	3	3	3	4	3	11	5		
10th percentile	10	68	62	13	5	6	7	8	9	22	15		
25th percentile	52	191	229	75	48	32	34	37	30	78	53		
50th percentile	216	354	372	369	243	162	144	165	122	227	158		
75th percentile	426	539	601	642	390	411	328	383	299	403	341		
90th percentile	671	756	823	998	689	687	528	653	523	615	521		
95th percentile	854	930	961	1,356	979	974	706	870	671	779	629		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.046. Fluid Milk Consumed with Cereal: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	40.0	68.1	64.7	44.4	42.7	26.9	32.4	30.1	30.2	48.1	46.6		
on 1 of 2 days	24.5	36.3	37.4	28.8	30.0	18.6	23.4	17.9	20.3	23.1	24.5		
on both days	15.5	31.8	27.4	15.6	12.7	8.4	9.0	12.2	9.9	25.0	22.1		
Quantity consumed in a day (1 cup lowfat milk = 244 g)		g											
Mean	205	158	213	292	230	280	206	214	170	173	142		
SEM	4	5	6	13	7	13	7	7	6	5	6		
5th percentile	59	57	58	94	80	87	61	57	49	49	30		
10th percentile	81	59	102	103	90	102	94	81	60	60	51		
25th percentile	117	112	113	174	122	165	111	112	108	98	81		
50th percentile	177	119	178	224	221	220	184	184	122	122	117		
75th percentile	244	216	234	352	242	337	240	242	213	229	183		
90th percentile	350	241	354	486	364	464	316	352	245	245	244		
95th percentile	453	321	458	673	461	489	367	455	348	357	245		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.047. Total Cheese Other than Cream or Cottage: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	75.9	82.9	84.8	86.5	83.1	83.9	79.0	71.4	70.9	59.7	56.6		
on 1 of 2 days	40.2	39.9	41.6	34.5	39.0	39.5	42.7	40.3	42.4	37.4	39.7		
on both days	35.7	42.9	43.2	52.0	44.2	44.4	36.3	31.1	28.5	22.4	16.9		
Quantity consumed in a day (1-1/2 ounces = 43 g)		g											
Mean	37	23	29	49	34	53	34	39	29	32	26		
SEM	1	1	1	2	2	3	1	2	1	1	1		
5th percentile	1	1	1	6	1	4	1	1	1	1	1		
10th percentile	4	2	4	9	6	9	5	4	4	3	2		
25th percentile	13	7	11	21	14	22	13	15	12	12	8		
50th percentile	26	16	21	35	26	37	26	28	23	24	21		
75th percentile	47	32	39	59	47	63	42	51	41	42	36		
90th percentile	77	54	63	96	71	113	69	84	61	66	57		
95th percentile	105	70	81	132	99	147	97	108	85	91	68		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.048. Total Cottage Cheese: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	9.0	7.8	7.5	6.9	8.0	8.5	8.0	8.9	11.0	10.1	12.2		
on 1 of 2 days	8.3	7.4	7.2	6.8	7.5	8.2	7.2	8.5	10.4	8.6	10.3		
on both days	0.7	0.4 *	0.3 *	0.1 *	0.6 *	0.3 *	0.8 *	0.4 *	0.6 *	1.5	1.9		
Quantity consumed in a day (1/2 cup = 105 g)		g											
Mean	75	44	51	89	81	76	66	91	73	95	83		
SEM	4	5	7	17	20	10	7	7	7	9	4		
5th percentile	5	#	3 *	1 *	10 *	1 *	3 *	7 *	6 *	13 *	7 *		
10th percentile	12	1	6 *	13 *	14 *	10	8 *	19	11	19	14		
25th percentile	26	9	20	34 *	31	26	23	32	26	27	30		
50th percentile	50	26	32	51	45	49	38	61	51	70	66		
75th percentile	105	59	61	116 *	93	90	90	112	104	111	108		
90th percentile	206	106	108 *	213 *	151 *	153	120 *	210	209	208	170		
95th percentile	225	122 *	177 *	226 *	280 *	218 *	209 *	222 *	214 *	226 *	217 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.049. Ice Cream and Ice Milk: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	16.6	18.4	21.1	14.2	15.2	14.7	13.6	18.0	14.2	22.7	18.9		
on 1 of 2 days	14.2	15.6	18.9	12.4	13.7	13.2	12.5	15.3	12.1	17.1	14.2		
on both days	2.4	2.8	2.2	1.8 *	1.4 *	1.5	1.1	2.8	2.1	5.5	4.8		
Quantity consumed in a day (1/2 cup hard ice cream = 67 g)		g											
Mean	157	96	140	229	206	202	138	184	145	144	112		
SEM	4	4	5	13	20	20	7	8	8	5	5		
5th percentile	44	33	51	63 *	39 *	44 *	39 *	64	43 *	33	30		
10th percentile	66	35	66	66 *	58 *	66	66	69	50	66	43		
25th percentile	74	61	83	132	98	132	68	131	66	66	66		
50th percentile	132	66	132	198	134	172	132	133	132	132	100		
75th percentile	199	132	171	293	265	265	163	264	197	198	133		
90th percentile	266	175	248	385 *	363 *	398	251	304	265	265	198		
95th percentile	370	199	265	477 *	398 *	422 *	297 *	396	275 *	293	232		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.050. Total Beef: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	74.0	76.3	79.3	83.8	77.0	82.0	69.8	74.3	68.0	69.0	63.7		
on 1 of 2 days	42.9	46.3	44.4	42.2	44.2	41.1	42.7	40.1	44.1	42.1	44.8		
on both days	31.1	30.0	34.9	41.6	32.8	40.9	27.2	34.3	24.0	26.9	18.9		
Quantity consumed in a day (1 ounce = 28 g)		g											
Mean	90	43	60	112	77	127	79	117	78	95	73		
SEM	2	2	2	9	4	5	3	3	2	3	2		
5th percentile	3	2	3	4	4	6	3	5	3	3	1		
10th percentile	7	3	4	7	6	13	6	12	6	11	3		
25th percentile	30	13	21	29	26	55	30	45	29	41	32		
50th percentile	71	32	46	83	63	99	63	91	67	82	63		
75th percentile	120	61	84	154	108	175	110	163	105	124	100		
90th percentile	198	92	128	224	163	276	168	246	167	206	146		
95th percentile	258	120	165	305	222	342	214	309	203	258	179		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.051. Total Pork: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	50.3	43.9	47.3	59.2	47.5	56.2	48.1	52.6	47.3	54.1	45.7		
on 1 of 2 days	37.6	34.3	34.5	42.1	35.0	42.4	37.3	39.9	36.0	37.6	33.2		
on both days	12.7	9.6	12.8	17.1	12.5	13.7	10.8	12.7	11.3	16.4	12.5		
Quantity consumed in a day (1 ounce = 28 g)		g											
Mean	50	27	34	50	36	63	42	68	47	63	45		
SEM	1	2	2	4	3	4	2	4	2	3	2		
5th percentile	4	2	3	4	2	5	4	5	4	7	3		
10th percentile	5	3	4	5	4	8	6	9	6	10	7		
25th percentile	12	5	7	12	10	15	10	16	12	17	13		
50th percentile	26	13	18	24	18	32	24	37	26	41	29		
75th percentile	64	36	42	55	49	78	58	86	57	90	65		
90th percentile	122	70	83	124	99	167	101	172	115	140	97		
95th percentile	172	93	119	182	118	232	128	240	166	180	120		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.052. Total Bacon: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	15.7	10.8	10.6	15.5	13.3	15.3	13.9	18.7	16.3	22.8	19.2		
on 1 of 2 days	13.5	9.7	9.7	13.6	12.6	13.3	12.3	16.5	13.7	18.0	15.8		
on both days	2.1	1.0	0.9 *	2.0	0.7 *	2.0	1.6	2.2	2.6	4.8	3.5		
Quantity consumed in a day (1 strip = 5 g)		g											
Mean	19	15	18	25	17	25	17	22	17	18	15		
SEM	#	1	2	2	2	1	1	1	1	1	1		
5th percentile	2	4 *	2 *	8 *	1 *	2 *	2 *	4	3	2	1		
10th percentile	5	5	4	10 *	2 *	5	5	6	5	5	5		
25th percentile	10	8	8	15	9	12	9	11	10	10	8		
50th percentile	16	12	15	20	16	20	15	16	16	16	15		
75th percentile	24	20	23	33	23	31	23	30	23	24	18		
90th percentile	36	25	33	45 *	32 *	47	32	40	31	32	27		
95th percentile	47	35 *	40 *	47 *	37 *	54 *	36 *	47	37	39	33		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.053. Pork Breakfast Sausage: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	6.1	5.3	6.0	6.3	3.3	6.6	5.1	6.6	5.8	10.7	5.5		
on 1 of 2 days	5.6	5.1	5.5	6.0	3.1	6.3	4.8	6.0	5.4	8.9	5.1		
on both days	0.5	0.3 *	0.5 *	0.2 *	0.1 *	0.4 *	0.3 *	0.6 *	0.4 *	1.8	0.4 *		
Quantity consumed in a day (1 ounce = 28 g)		g											
Mean	44	33	32	40 *	42 *	59	39	49	39	51	34		
SEM	2	2	3	4 *	5 *	5	4	4	4	4	3		
5th percentile	13	11 *	12 *	---	14 *	13 *	13 *	13 *	10 *	12 *	9 *		
10th percentile	13	11 *	12 *	---	15 *	19 *	13 *	18 *	11 *	21	10 *		
25th percentile	25	13	13	25 *	26 *	26	24	26	13	26	17		
50th percentile	27	26	26	27	27	49	27	37	26	33	26		
75th percentile	54	39	38	53 *	53 *	54	51	53	48	54	53		
90th percentile	80	54 *	53 *	55 *	78 *	113 *	55 *	80 *	64 *	84	54 *		
95th percentile	109	83 *	73 *	67 *	84 *	167 *	75 *	108 *	85 *	116 *	68 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.054. Total Frankfurters and Luncheon Meats: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	50.7	60.5	62.7	61.0	49.2	57.9	45.6	51.8	42.5	45.0	36.6		
on 1 of 2 days	37.3	42.5	41.0	41.6	35.3	40.9	36.3	39.4	33.9	32.3	28.9		
on both days	13.4	17.9	21.7	19.3	13.9	16.9	9.3	12.4	8.5	12.7	7.6		
Quantity consumed in a day (1 ounce = 28 g)		g											
Mean	63	47	51	68	52	85	52	82	53	65	51		
SEM	2	1	2	5	3	11	2	2	2	2	2		
5th percentile	4	2	3	4	3	6	4	8	4	13	8		
10th percentile	7	4	4	6	6	10	6	15	7	18	14		
25th percentile	28	21	17	21	18	28	19	38	26	28	27		
50th percentile	56	42	45	56	46	57	55	57	48	56	45		
75th percentile	84	57	63	92	66	110	64	112	57	84	57		
90th percentile	114	105	114	140	112	168	112	168	113	114	85		
95th percentile	169	114	126	174	126	227	114	210	135	170	114		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.055. Total Finfish: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	20.3	14.9	14.9	13.9	15.2	19.6	20.0	22.9	24.1	27.3	25.0		
on 1 of 2 days	18.1	13.9	13.6	12.5	13.5	18.4	17.8	20.0	21.6	23.7	20.8		
on both days	2.2	0.9	1.3	1.3 *	1.7 *	1.1	2.2	2.9	2.5	3.6	4.2		
Quantity consumed in a day (1 ounce = 28 g)		g											
Mean	85	50	72	104	69	95	74	102	78	93	93		
SEM	2	3	6	10	7	5	5	6	5	4	5		
5th percentile	1	4	3 *	#	4 *	#	2	1	#	7	3		
10th percentile	11	8	14	#	9 *	7	7	14	5	21	21		
25th percentile	38	21	28	49	28	49	28	48	31	49	48		
50th percentile	67	43	57	82	57	77	56	85	57	78	76		
75th percentile	113	68	85	170	85	126	95	126	104	121	121		
90th percentile	170	99	155	181 *	160 *	185	147	199	142	183	165		
95th percentile	222	125	203 *	246 *	177 *	237	187	281	180	248	227		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.056. Canned Tuna: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	7.8	6.6	5.4	5.1	7.5	6.7	8.2	8.5	10.0	8.4	9.5		
on 1 of 2 days	7.4	6.2	5.3	4.7	7.0	6.4	7.8	8.1	9.8	7.8	9.0		
on both days	0.4	0.4 *	0.2 *	0.4 *	0.5 *	0.3 *	0.4 *	0.4 *	0.3 *	0.6 *	0.5 *		
Quantity consumed in a day (1 ounce = 28 g)		g											
Mean	66	37	58	98 *	64	84	61	72	60	64	67		
SEM	2	3	8	16 *	6	7	5	4	4	5	4		
5th percentile	14	5 *	14 *	---	14 *	15 *	14 *	14 *	13 *	12 *	12 *		
10th percentile	18	8	20 *	18 *	18 *	27 *	14 *	27	15	17 *	23		
25th percentile	32	14	28	49 *	28 *	49	34	37	28	37	42		
50th percentile	56	29	49	84	56	57	56	57	56	56	57		
75th percentile	84	56	60	162 *	77 *	113	74	96	74	81	85		
90th percentile	131	73	99 *	170 *	105 *	160 *	110 *	127	112	114 *	112		
95th percentile	167	85 *	157 *	186 *	156 *	168 *	142 *	168 *	144 *	150 *	153 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.057. Total Chicken and Turkey: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	57.3	63.8	53.8	58.4	54.1	57.3	57.8	56.8	58.7	53.8	57.8		
on 1 of 2 days	41.9	46.7	42.3	45.5	40.1	40.6	42.0	39.0	42.7	40.0	43.3		
on both days	15.4	17.1	11.5	12.8	14.0	16.7	15.8	17.8	16.0	13.8	14.5		
Quantity consumed in a day (1 ounce = 28 g)		g											
Mean	96	51	70	116	84	131	88	122	87	96	78		
SEM	2	1	3	5	3	6	3	4	2	3	2		
5th percentile	2	#	#	#	1	9	1	10	6	2	5		
10th percentile	13	4	11	6	13	22	12	21	16	12	12		
25th percentile	43	22	35	47	42	63	42	65	44	46	39		
50th percentile	80	44	55	92	73	100	80	97	80	83	69		
75th percentile	121	67	96	164	109	169	108	159	113	122	100		
90th percentile	194	100	138	255	162	246	185	232	161	197	152		
95th percentile	244	130	169	324	214	320	242	296	194	241	190		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.058. Total Eggs: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	88.6	87.3	88.6	88.1	88.8	87.6	86.9	90.5	89.4	91.0	89.2		
on 1 of 2 days	35.0	38.9	37.0	34.2	39.7	32.2	40.8	29.4	36.1	31.5	31.1		
on both days	53.6	48.4	51.6	53.9	49.0	55.4	46.1	61.2	53.2	59.5	58.1		
Quantity consumed in a day (1 large, boiled = 50 g)		g											
Mean	26	19	19	29	19	31	22	32	22	33	26		
SEM	#	1	1	2	2	2	1	1	1	1	1		
5th percentile	#	#	#	1	#	#	#	#	#	#	#		
10th percentile	1	#	#	1	#	1	1	1	#	1	1		
25th percentile	2	1	2	2	1	2	1	2	1	3	2		
50th percentile	7	4	5	7	5	8	6	11	7	12	10		
75th percentile	39	33	22	34	24	45	31	51	37	55	43		
90th percentile	83	52	64	89	68	88	75	91	76	90	76		
95th percentile	98	77	87	128	87	120	90	119	91	106	91		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.059. Total Peanut Butter: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	24.8	39.6	38.1	25.4	21.3	24.3	20.4	22.4	20.9	24.1	19.9		
on 1 of 2 days	20.0	29.9	29.7	19.8	17.0	20.9	16.9	17.8	18.6	17.5	16.4		
on both days	4.7	9.7	8.4	5.6	4.3	3.3	3.5	4.6	2.4	6.6	3.5		
Quantity consumed in a day (1 tablespoon = 16 g)		g											
Mean	24	19	20	25	18	33	19	34	20	25	16		
SEM	1	1	1	2	2	3	2	2	2	1	1		
5th percentile	2	3	3	3 *	2 *	2	2	3	2	2	2		
10th percentile	3	3	4	6	3	3	3	5	3	3	3		
25th percentile	8	8	8	11	7	11	6	11	6	9	5		
50th percentile	16	16	16	15	12	16	12	20	11	16	12		
75th percentile	32	25	28	30	23	32	19	41	22	32	16		
90th percentile	49	34	36	48	32	73	39	73	42	63	33		
95th percentile	73	48	57	82 *	48 *	126	50	109	69	78	48		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.060. Coffee: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	45.4	0.9	1.8	7.5	5.1	45.8	43.6	72.5	71.0	80.8	76.6		
on 1 of 2 days	11.0	0.9	1.4	4.5	4.1	15.9	14.7	14.1	14.1	11.6	12.2		
on both days	34.5	0.0 *	0.4 *	3.0	1.0 *	29.8	28.9	58.4	56.9	69.2	64.4		
Quantity consumed in a day (8 fluid ounces = 237 g)		g											
Mean	616	79 *	187 *	318 *	370 *	689	580	762	592	589	497		
SEM	14	12 *	21 *	29 *	49 *	40	23	24	15	17	20		
5th percentile	177	---	---	104 *	107 *	179	177	209	177	178	177		
10th percentile	237	---	---	171 *	121 *	198	209	221	212	237	210		
25th percentile	238	30 *	103 *	236 *	196 *	238	234	306	238	238	235		
50th percentile	474	52	161	237	238	474	473	477	460	467	448		
75th percentile	710	104 *	238 *	336 *	372 *	710	677	927	710	710	593		
90th percentile	1,167	119 *	---	431 *	---	1,179	1,093	1,421	1,146	1,066	929		
95th percentile	1,595	119 *	---	471 *	---	1,895	1,489	2,126	1,408	1,421	1,172		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.061. Coffee, With Caffeine: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	40.8	0.9	1.5	7.3	4.7	44.4	41.8	67.7	62.5	66.9	60.9		
on 1 of 2 days	11.6	0.9	1.1	4.3	3.9	15.8	15.2	16.2	14.3	15.2	12.9		
on both days	29.3	0.0 *	0.4 *	3.0	0.9 *	28.6	26.6	51.5	48.2	51.7	48.0		
Quantity consumed in a day (8 fluid ounces = 237 g)		g											
Mean	615	80 *	237 *	351 *	389 *	677	586	751	573	583	507		
SEM	13	12 *	69 *	39 *	52 *	32	28	23	19	15	22		
5th percentile	177	---	---	102 *	---	181	119	208	177	177	177		
10th percentile	237	---	---	162 *	119 *	199	179	221	215	237	212		
25th percentile	238	30 *	101 *	236 *	197 *	241	226	322	236	238	233		
50th percentile	474	54	119	238	238	474	473	476	455	466	415		
75th percentile	710	106 *	227 *	366 *	513 *	710	685	925	710	710	596		
90th percentile	1,167	119 *	334 *	465 *	---	1,161	1,145	1,421	1,076	1,042	935		
95th percentile	1,633	119 *	---	821 *	---	1,843	1,647	2,133	1,386	1,400	1,184		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.062. Coffee, Decaffeinated: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.8	#	0.3 *	0.2 *	0.5 *	3.0	4.8	12.6	15.5	24.0	25.9		
on 1 of 2 days	4.2	#	0.3 *	0.2 *	0.5 *	1.9	3.5	6.6	7.4	8.5	10.5		
on both days	4.6	0.0 *	0.0 *	0.0 *	0.0 *	1.1	1.4	6.0	8.1	15.5	15.4		
Quantity consumed in a day (8 fluid ounces = 237 g)		g											
Mean	450	59 *	227 *	296 *	237 *	451 *	444	529	481	459	378		
SEM	16	0 *	29 *	0 *	#	57 *	39	32	34	24	15		
5th percentile	128	---	---	---	---	140 *	118 *	121 *	145	130	119		
10th percentile	178	---	---	---	---	192 *	178 *	177	177	179	178		
25th percentile	231	---	---	---	---	237 *	219	218	228	237	229		
50th percentile	354	---	---	---	---	307	303	357	348	355	238		
75th percentile	476	---	---	---	---	476 *	479	593	490	572	464		
90th percentile	888	---	---	---	---	794 *	891 *	1,051	900	781	710		
95th percentile	1,053	---	---	---	---	1,101 *	1,000 *	1,419 *	1,068	951	774		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.063. Tea: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	31.8	13.2	15.0	21.6	26.1	31.9	38.4	35.8	42.4	32.2	40.1		
on 1 of 2 days	17.2	9.8	10.1	16.0	17.4	17.8	22.6	18.5	20.8	13.6	15.3		
on both days	14.6	3.4	4.9	5.6	8.6	14.1	15.8	17.3	21.6	18.6	24.8		
Quantity consumed in a day (8 fluid ounces = 237 g)		g											
Mean	507	236	307	604	424	667	485	569	498	468	430		
SEM	9	11	25	56	45	27	18	22	18	18	17		
5th percentile	118	63	65 *	116 *	109 *	171	163	140	118	89	143		
10th percentile	177	91	117	202	158	236	195	198	175	175	177		
25th percentile	236	121	176	297	236	333	236	238	236	236	236		
50th percentile	357	195	233	434	326	473	380	441	355	354	325		
75th percentile	592	245	354	680	463	870	591	684	579	591	474		
90th percentile	947	410	532	1,123	695	1,232	938	1,119	946	927	767		
95th percentile	1,339	481	663 *	1,373 *	906 *	1,681	1,152	1,460	1,413	1,127	1,051		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.064. Soft Drinks: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	66.3	52.5	62.0	83.8	78.3	81.0	74.2	68.6	64.7	43.2	38.9		
on 1 of 2 days	29.9	33.6	35.9	30.7	32.9	30.2	31.5	31.5	28.2	22.6	21.2		
on both days	36.4	18.9	26.1	53.0	45.4	50.8	42.7	37.1	36.5	20.6	17.7		
Quantity consumed in a day (12 fluid ounces, regular = 369 g)		g											
Mean	609	278	446	814	590	804	630	642	529	451	377		
SEM	10	7	11	29	23	22	20	18	13	14	9		
5th percentile	184	92	124	247	186	309	238	239	186	178	126		
10th percentile	240	122	184	355	247	360	248	301	240	185	180		
25th percentile	358	150	247	371	368	371	368	368	337	248	245		
50th percentile	372	246	370	680	372	619	479	488	371	368	358		
75th percentile	741	368	558	991	740	990	740	742	719	490	372		
90th percentile	1,115	493	743	1,603	1,108	1,484	1,115	1,115	989	743	613		
95th percentile	1,486	620	990	1,916	1,475	1,964	1,557	1,485	1,116	1,065	736		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.065. Soft Drinks, Not Diet, With Caffeine: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	41.2	30.8	39.6	70.0	60.4	61.9	44.5	38.7	29.4	19.0	13.7		
on 1 of 2 days	22.9	22.9	28.2	34.1	32.2	29.4	23.8	22.3	16.7	12.3	9.0		
on both days	18.3	7.9	11.4	35.9	28.1	32.5	20.7	16.4	12.7	6.7	4.7		
Quantity consumed in a day (12 fluid ounces = 369 g)		g											
Mean	602	266	406	787	587	752	595	636	481	441	399		
SEM	8	8	12	29	26	21	21	25	14	17	20		
5th percentile	185	86	114	233	155	306	168	247	185	185	162 *		
10th percentile	246	111	185	324	209	368	230	303	246	246	179		
25th percentile	369	138	226	370	369	371	369	370	294	300	247		
50th percentile	372	246	370	575	372	617	371	398	371	370	370		
75th percentile	742	371	493	984	742	989	741	742	618	372	385		
90th percentile	1,114	440	742	1,553	1,108	1,363	1,110	1,115	800	740	546		
95th percentile	1,487	496	864	1,979	1,443	1,732	1,585	1,485	992	1,033	742 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.066. Soft Drinks, Not Diet, Caffeine-Free: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	21.3	25.5	30.0	32.1	28.2	23.6	22.5	18.5	16.1	10.7	11.2		
on 1 of 2 days	16.8	21.2	22.9	22.5	23.5	19.8	17.7	13.8	12.8	7.8	8.6		
on both days	4.6	4.3	7.2	9.6	4.7	3.8	4.7	4.7	3.3	2.9	2.6		
Quantity consumed in a day (12 fluid ounces = 369 g)		g											
Mean	457	264	388	595	464	570	471	490	403	364	330		
SEM	7	11	12	23	16	24	15	22	16	15	12		
5th percentile	137	92	123	244 *	186 *	244	183	183	127	141 *	123 *		
10th percentile	184	122	184	312	245	276	208	215	184	184	183		
25th percentile	248	147	245	368	353	368	338	366	246	232	234		
50th percentile	368	246	368	491	368	370	368	368	368	366	354		
75th percentile	493	367	484	737	496	737	492	525	392	370	368		
90th percentile	742	430	734	985	815	983	739	858	720	679	491		
95th percentile	985	542	742	1,160 *	982 *	1,208	985	1,106	836	738 *	612 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.067. Soft Drinks, Diet, With Caffeine: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	12.6	4.0	5.7	4.3	8.8	12.4	17.3	16.1	21.3	11.4	10.4		
on 1 of 2 days	7.6	3.3	4.4	3.4	5.4	6.7	10.1	9.1	12.3	7.6	7.1		
on both days	5.0	0.7	1.4	0.8 *	3.4	5.6	7.1	7.1	8.9	3.7	3.3		
Quantity consumed in a day (12 fluid ounces = 355 g)		g											
Mean	578	228	385	638 *	470	773	616	638	557	436	356		
SEM	16	14	36	74 *	30	50	29	26	26	16	16		
5th percentile	179	91 *	66 *	323 *	151 *	232 *	213 *	238 *	198	179 *	93 *		
10th percentile	238	98 *	145 *	355 *	202 *	299	314	310	268	237	132		
25th percentile	355	122	187	357 *	355	357	357	356	355	297	237		
50th percentile	359	179	312	393	358	450	474	360	359	357	356		
75th percentile	716	266	476	719 *	598	935	718	719	715	477	359		
90th percentile	1,076	358 *	679 *	1,069 *	762 *	1,575	1,070	1,181	1,015	717	612		
95th percentile	1,430	431 *	717 *	1,475 *	954 *	2,029 *	1,295 *	1,438 *	1,303	951 *	718 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.068. Soft Drinks, Diet, Caffeine-Free: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.1	3.2	5.1	4.4	4.6	5.0	9.6	11.5	13.8	9.2	9.2		
on 1 of 2 days	5.7	2.8	4.4	3.9	4.3	3.7	6.9	8.0	8.8	5.7	5.5		
on both days	2.4	0.4 *	0.7 *	0.5 *	0.3 *	1.2	2.8	3.5	5.0	3.5	3.8		
Quantity consumed in a day (12 fluid ounces = 355 g)		g											
Mean	491	216	328	412 *	341 *	665	542	524	523	458	365		
SEM	17	13	22	44 *	38 *	69	36	25	32	30	17		
5th percentile	149	87 *	117 *	133 *	---	179 *	194 *	117 *	180 *	140 *	119 *		
10th percentile	180	101 *	122 *	159 *	---	266 *	237	218	219	178	178		
25th percentile	297	119	194	288 *	202 *	355	309	355	336	238	237		
50th percentile	359	178	313	355	355	396	357	359	358	355	355		
75th percentile	650	224	358	360 *	356 *	710	710	710	695	705	360		
90th percentile	930	359 *	533 *	698 *	475 *	1,305 *	1,028	957	973	766	710		
95th percentile	1,140	479 *	628 *	906 *	628 *	1,839 *	1,408 *	1,074 *	1,207 *	1,074 *	718 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.069. Fruit Drinks: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	28.3	52.0	52.0	42.0	41.1	25.1	24.9	21.0	17.7	14.7	16.1		
on 1 of 2 days	19.8	30.5	32.8	27.2	29.2	19.4	19.1	16.6	13.9	9.2	10.2		
on both days	8.5	21.5	19.2	14.8	11.9	5.7	5.9	4.3	3.8	5.5	5.9		
Quantity consumed in a day (8 fluid ounces = 248 g)		g											
Mean	466	325	375	675	483	624	465	529	400	406	319		
SEM	12	8	9	43	32	46	20	39	32	29	23		
5th percentile	124	95	125	186	182	186	166	142	123	123 *	122 *		
10th percentile	184	122	186	236	187	237	227	238	125	126	126		
25th percentile	247	186	240	309	248	314	248	250	195	189	187		
50th percentile	360	249	261	480	372	494	371	374	251	253	248		
75th percentile	500	427	490	750	507	743	506	550	482	494	371		
90th percentile	934	613	691	1,124	932	1,081	941	984	751	747	602		
95th percentile	1,130	749	755	1,815	1,210	1,501	1,001	1,487	1,013	973 *	737 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.070. Beer: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	10.9	0.0 *	0.1 *	3.4	1.8 *	28.7	9.2	22.5	6.5	11.3	2.4		
on 1 of 2 days	7.5	0.0 *	0.1 *	2.3	1.8 *	19.3	7.3	14.5	5.0	6.4	1.9		
on both days	3.4	0.0 *	0.0 *	1.1 *	0.0 *	9.4	1.9	8.0	1.4	4.9	0.4 *		
Quantity consumed in a day (12 fluid ounces = 360 g)		g											
Mean	1,035	---	15 *	1,434 *	657 *	1,216	863	993	740	863	473 *		
SEM	35	---	0 *	337 *	176 *	60	63	60	79	68	43 *		
5th percentile	331	---	---	---	---	308	164 *	307	156 *	275 *	149 *		
10th percentile	336	---	---	---	---	321	249	318	332 *	333	200 *		
25th percentile	352	---	---	---	---	357	334	350	342	345	260 *		
50th percentile	720	---	---	638	---	717	720	704	360	522	311		
75th percentile	1,077	---	---	1,795 *	583 *	1,421	980	1,054	876	1,002	399 *		
90th percentile	2,131	---	---	3,791 *	1,322 *	2,512	1,596	1,826	1,500 *	1,437	833 *		
95th percentile	2,804	---	---	---	---	3,413	2,159 *	2,389	1,895 *	2,069 *	1,082 *		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.071. Total Wine: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.9	1.9	2.3	3.1	3.6	9.3	11.6	11.9	13.3	12.7	9.7		
on 1 of 2 days	7.0	1.8	2.2	3.1	3.5	7.7	9.5	9.3	10.0	9.0	5.7		
on both days	2.0	#	0.1 *	0.0 *	0.2 *	1.6	2.1	2.6	3.3	3.7	4.0		
Quantity consumed in a day (3 1/2 fluid ounces = 103 g)		g											
Mean	153	4 *	6 *	27 *	38 *	148	154	194	179	164	139		
SEM	8	#	1 *	10 *	17 *	18	16	16	16	13	18		
5th percentile	2	#	---	2 *	2 *	2 *	2 *	2 *	2 *	2 *	1 *		
10th percentile	3	#	#	2 *	2 *	4	3	4	5	5	2 *		
25th percentile	9	1 *	1 *	3 *	3 *	7	7	22	24	30	15		
50th percentile	118	2	3	9	7	61	58	176	135	143	118		
75th percentile	236	5 *	7 *	23 *	13 *	221	228	309	227	236	176		
90th percentile	354	9 *	17 *	50 *	43 *	352	393	431	413	314	315 *		
95th percentile	472	10 *	19 *	144 *	244 *	472 *	545 *	466 *	470 *	437 *	382 *		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.072. Soups: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	22.1	23.7	17.6	17.2	17.2	18.5	21.4	22.7	22.9	30.2	31.3		
on 1 of 2 days	18.3	19.5	15.3	15.3	15.0	15.6	17.4	17.9	19.8	23.6	25.1		
on both days	3.8	4.2	2.3	1.9	2.1	2.9	4.0	4.8	3.1	6.5	6.2		
Quantity consumed in a day (1 cup chunky chicken noodle = 240 g)		g											
Mean	398	259	337	507	413	502	406	420	357	416	354		
SEM	7	10	21	32	26	20	18	15	11	11	9		
5th percentile	117	63	60 *	137 *	120 *	172	118	123	117	159	69		
10th percentile	170	116	119	194 *	153	237	192	229	143	210	177		
25th percentile	241	121	229	308	241	246	243	243	241	243	240		
50th percentile	361	240	247	479	368	467	361	365	360	365	345		
75th percentile	483	348	468	600	492	598	486	492	480	488	476		
90th percentile	697	480	583	737 *	722	962	635	721	569	721	496		
95th percentile	898	505	722 *	1,099 *	966 *	1,179	742	956	619	938	715		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.073. Potato Chips: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	17.1	23.8	25.0	20.2	20.7	20.1	16.0	16.9	14.8	8.8	6.7		
on 1 of 2 days	14.7	20.4	20.9	16.8	18.2	17.3	14.4	14.6	12.2	7.7	5.8		
on both days	2.4	3.4	4.1	3.5	2.5	2.8	1.6	2.3	2.6	1.2	0.9		
Quantity consumed in a day (10 chips = 14 g)		g											
Mean	41	25	31	55	39	60	40	46	36	30	24		
SEM	1	2	2	4	3	5	3	4	3	3	3		
5th percentile	8	6	7	10 *	8 *	14	10 *	10	8 *	7 *	4 *		
10th percentile	10	7	10	19	11	20	10	14	10	9	6 *		
25th percentile	20	10	14	27	20	25	20	19	14	16	10		
50th percentile	27	20	20	40	28	39	26	28	21	20	19		
75th percentile	43	28	34	57	44	70	49	52	37	30	26		
90th percentile	84	44	56	112	78	113	80	84	76	56	41 *		
95th percentile	113	59	94	162 *	101 *	160	109 *	142	113 *	70 *	61 *		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.074. Corn Chips: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	16.0	19.6	25.6	26.9	25.1	16.2	17.9	12.8	12.0	4.8	5.3		
on 1 of 2 days	14.0	17.3	21.6	24.7	19.9	13.8	16.1	11.3	11.0	4.3	4.7		
on both days	2.0	2.3	3.9	2.2	5.2	2.4	1.8	1.5	1.0	0.5 *	0.6 *		
Quantity consumed in a day (1 cup = 26 g)		g											
Mean	46	30	36	61	53	70	38	49	35	32	22		
SEM	2	2	2	5	5	8	2	4	2	3	2		
5th percentile	7	5	5	13 *	7 *	14 *	7 *	11 *	6 *	7 *	5 *		
10th percentile	11	8	9	17	13	19	9	13	9	11 *	6 *		
25th percentile	18	13	18	27	26	26	18	21	17	14	11		
50th percentile	28	22	27	42	31	50	26	32	26	25	18		
75th percentile	52	33	38	70	52	78	48	54	44	35	27		
90th percentile	91	61	57	106	111	160	76	84	68	56 *	40 *		
95th percentile	140	76	98	180 *	143 *	200 *	104 *	112 *	90 *	77 *	48 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.075. Popcorn: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	9.5	11.6	12.7	7.8	10.5	8.1	9.7	9.6	10.9	6.1	7.6		
on 1 of 2 days	8.7	10.9	11.3	7.4	9.6	7.6	9.0	9.0	10.0	5.6	6.9		
on both days	0.7	0.7	1.4	0.4 *	0.9 *	0.5 *	0.7 *	0.6 *	1.0	0.5 *	0.8 *		
Quantity consumed in a day (1 cup unbuttered = 11 g)		g											
Mean	43	21	32	54	37	64	36	54	40	52	35		
SEM	1	2	3	5	4	6	2	6	3	4	3		
5th percentile	7	4 *	6 *	9 *	6 *	11 *	6 *	8 *	6 *	12 *	7 *		
10th percentile	11	6	9	12 *	8 *	14 *	10	13	11	15 *	9 *		
25th percentile	18	8	14	22	17	27	18	22	18	28	16		
50th percentile	29	14	22	46	28	42	28	38	29	43	25		
75th percentile	55	28	36	75	44	85	44	70	46	61	45		
90th percentile	87	37	66	87 *	74 *	114 *	76	93	87	88 *	75 *		
95th percentile	106	44 *	84 *	111 *	87 *	169 *	87 *	105 *	106 *	121 *	85 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.076. Total Prepared Mustard: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using	%												
at least once in 2 days	24.7	18.4	22.1	29.8	23.6	31.8	24.2	28.1	21.5	22.7	19.5		
on 1 of 2 days	20.9	16.2	18.3	24.6	21.3	26.2	21.3	23.0	18.9	18.5	16.3		
on both days	3.8	2.2	3.8	5.2	2.2	5.6	2.9	5.1	2.6	4.1	3.2		
Quantity consumed in a day (1 teaspoon = 5 g)	g												
Mean	8	4	6	12	7	11	7	10	6	6	4		
SEM	#	#	#	1	1	1	#	1	#	#	#		
5th percentile	#	#	1	1 *	#	1	1	#	#	#	#		
10th percentile	1	1	1	3	1	2	1	1	#	1	#		
25th percentile	3	2	3	5	3	5	3	5	3	3	1		
50th percentile	5	3	5	8	5	6	5	5	5	5	4		
75th percentile	10	5	5	16	8	10	9	10	5	6	5		
90th percentile	16	5	10	31	16	21	16	16	16	16	9		
95th percentile	28	10	16	31 *	16 *	31	16	31	16	16	15		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.077. Total Tomato Catsup: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	27.8	40.9	40.3	42.8	39.2	37.1	24.1	23.0	16.8	15.2	10.6		
on 1 of 2 days	23.4	33.0	32.6	31.7	32.8	30.6	21.9	19.6	15.4	13.1	9.5		
on both days	4.5	7.9	7.7	11.0	6.4	6.5	2.2	3.4	1.4	2.2	1.1		
Quantity consumed in a day (1 tablespoon = 15 g)		g											
Mean	21	14	17	31	21	25	18	22	16	16	14		
SEM	#	1	1	2	1	1	1	1	1	1	2		
5th percentile	2	2	2	4	4	5	2	4	2	2 *	1 *		
10th percentile	5	2	5	5	5	5	5	5	4	2	2		
25th percentile	6	5	6	12	7	12	7	7	5	5	5		
50th percentile	15	10	13	15	15	15	15	15	12	12	8		
75th percentile	29	15	20	45	28	30	22	29	15	22	15		
90th percentile	45	30	37	74	45	60	34	52	30	33	29		
95th percentile	60	44	48	108	59	70	57	58	47	48 *	48 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.078. Total Soy-Based Sauces: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using	%												
at least once in 2 days	15.8	15.4	13.6	17.5	14.0	19.0	20.3	15.3	14.9	10.5	10.7		
on 1 of 2 days	14.3	14.2	12.7	16.9	12.1	16.5	17.9	14.3	13.7	9.9	10.1		
on both days	1.5	1.2	0.9	0.6 *	1.9	2.5	2.4	1.0	1.2	0.6 *	0.6 *		
Quantity consumed in a day (1 teaspoon = 5 g)	g												
Mean	11	3	7	10	8	17	11	11	11	10	8		
SEM	#	#	1	2	1	2	1	1	1	1	1		
5th percentile	#	#	#	#	#	#	#	1 *	#	#	#		
10th percentile	1	#	#	1 *	#	1	1	1	1	1	#		
25th percentile	2	1	1	2	1	3	2	3	2	2	1		
50th percentile	5	1	3	3	3	8	5	6	5	4	3		
75th percentile	14	3	7	12	10	24	15	16	16	16	11		
90th percentile	29	7	16	26 *	23 *	43	24	25	27	26	24		
95th percentile	40	12	31 *	46 *	30 *	66	38	37 *	34 *	34 *	32 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.079. Total Cucumber Pickles: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	32.7	22.9	27.7	33.8	36.2	40.8	32.8	37.6	31.7	27.8	26.7		
on 1 of 2 days	27.8	21.1	23.5	27.9	32.2	33.7	28.4	30.8	27.3	22.6	23.7		
on both days	4.9	1.7	4.2	5.9	4.0	7.1	4.4	6.7	4.4	5.2	3.0		
Quantity consumed in a day (1 medium = 65 g)		g											
Mean	18	12	20	20	20	19	15	21	16	17	17		
SEM	1	1	3	1	3	1	1	1	1	1	2		
5th percentile	1	1	1	2 *	1 *	1	1	1	1	1	1		
10th percentile	3	1	3	3	3	3	3	3	2	1	1		
25th percentile	5	3	5	9	6	9	5	8	5	5	4		
50th percentile	12	5	10	14	12	14	10	14	11	10	10		
75th percentile	19	12	18	24	20	20	16	24	18	18	18		
90th percentile	36	28	37	40	43	35	34	37	36	39	35		
95th percentile	60	49	67	64 *	71 *	60	45	56	64	53	57		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.080. Total Sour Cream: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	17.6	16.5	18.8	13.8	21.2	18.5	19.5	16.7	20.7	12.0	13.8		
on 1 of 2 days	15.6	15.1	17.1	12.5	18.0	16.2	16.8	14.8	19.1	10.0	12.1		
on both days	2.0	1.5	1.7	1.3 *	3.2	2.4	2.7	1.9	1.6	2.0	1.7		
Quantity consumed in a day (1 tablespoon = 14 g)		g											
Mean	18	6	11	18	17	30	18	18	17	19	12		
SEM	1	1	2	3	3	4	1	2	2	2	2		
5th percentile	#	#	#	#	#	#	#	#	#	#	#		
10th percentile	#	#	#	#	#	#	#	#	#	#	#		
25th percentile	1	#	#	#	#	1	2	2	1	1	1		
50th percentile	6	#	1	6	3	6	8	8	6	11	4		
75th percentile	26	3	7	28	14	32	29	20	26	28	14		
90th percentile	54	27	29	55 *	47	75	57	51	47	48	29		
95th percentile	69	29	50	71 *	75 *	114	65	64	58	61 *	43 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.081. Total Fluid Cream: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	59.2	60.3	61.2	66.5	59.1	66.7	57.6	58.1	55.0	55.7	51.1		
on 1 of 2 days	39.4	40.8	41.2	45.0	40.2	41.1	38.7	40.0	37.3	34.8	36.3		
on both days	19.8	19.5	19.9	21.5	18.9	25.6	18.9	18.2	17.6	20.9	14.8		
Quantity consumed in a day (1 tablespoon = 15 g)		g											
Mean	15	9	13	14	15	16	13	19	16	22	16		
SEM	#	1	1	1	2	1	1	1	1	1	1		
5th percentile	1	#	1	1	1	1	#	1	#	1	#		
10th percentile	1	1	1	1	1	1	1	1	1	1	1		
25th percentile	1	1	1	1	1	2	1	2	1	2	1		
50th percentile	3	2	3	3	2	4	3	5	4	10	8		
75th percentile	19	12	16	10	15	20	18	29	17	29	22		
90th percentile	44	26	32	44	45	46	36	59	41	47	36		
95th percentile	60	32	47	73	63	62	49	68	59	76	58		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.082. Powdered Cream Substitute: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	7.2	0.1 *	0.4 *	1.3 *	0.6 *	6.2	9.1	12.5	12.8	8.9	9.5		
on 1 of 2 days	3.6	0.1 *	0.3 *	1.2 *	0.4 *	4.1	4.9	6.4	5.9	3.2	3.8		
on both days	3.5	0.0 *	0.1 *	0.1 *	0.2 *	2.1	4.2	6.1	6.9	5.7	5.7		
Quantity consumed in a day (1 teaspoon = 2 g)		g											
Mean	7	1 *	4 *	4 *	7 *	6	9	9	6	5	5		
SEM	#	0 *	1 *	1 *	2 *	1	1	1	1	#	#		
5th percentile	1	---	---	---	---	2 *	1 *	1 *	1 *	1 *	1 *		
10th percentile	2	---	---	---	---	2 *	1	2	2	1	1		
25th percentile	2	---	---	3 *	---	2	2	2	2	1	2		
50th percentile	4	---	---	3	---	4	5	4	4	3	3		
75th percentile	8	---	---	5 *	---	6	9	10	6	6	6		
90th percentile	15	---	---	---	---	12 *	17	24	12	12	8		
95th percentile	23	---	---	---	---	21 *	23 *	31 *	17 *	12 *	12 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.083. Total Margarine: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	76.9	74.4	76.2	73.0	75.2	72.4	73.0	78.8	81.1	84.7	83.5		
on 1 of 2 days	40.9	40.8	41.5	45.8	44.5	44.1	41.5	40.1	42.5	31.2	34.6		
on both days	36.0	33.6	34.7	27.2	30.7	28.3	31.6	38.7	38.7	53.5	48.9		
Quantity consumed in a day (1 teaspoon = 5 g)		g											
Mean	11	7	9	14	9	13	10	14	11	12	10		
SEM	#	#	#	1	1	1	#	1	#	#	#		
5th percentile	1	#	1	1	1	1	1	1	1	1	1		
10th percentile	1	1	1	2	1	1	1	2	1	2	1		
25th percentile	3	2	2	4	3	5	3	5	3	5	4		
50th percentile	7	5	6	9	6	9	6	9	7	9	7		
75th percentile	14	9	11	18	13	16	13	18	14	16	13		
90th percentile	25	16	20	33	19	29	22	29	24	26	22		
95th percentile	33	21	28	49	27	42	27	41	31	34	29		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.084. Margarine, All Types, Reported Separately: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	32.7	32.7	34.3	26.7	25.4	23.6	29.1	32.4	38.7	44.7	44.7		
on 1 of 2 days	22.8	23.3	26.3	21.3	19.5	19.5	21.7	22.0	26.1	24.3	24.9		
on both days	9.9	9.3	8.0	5.5	5.9	4.1	7.4	10.4	12.6	20.5	19.8		
Quantity consumed in a day (1 teaspoon = 5 g)		g											
Mean	11	7	9	16	10	16	10	14	10	12	10		
SEM	#	#	#	1	1	1	#	1	#	1	1		
5th percentile	1	1	1	2 *	2 *	2	1	2	1	2	1		
10th percentile	2	1	2	4	2	5	2	2	2	2	2		
25th percentile	5	2	5	5	5	5	5	5	5	5	5		
50th percentile	7	5	5	11	7	10	7	10	7	8	5		
75th percentile	14	9	10	21	14	15	14	19	14	14	12		
90th percentile	26	14	18	29	19	29	17	29	19	26	17		
95th percentile	29	19	28	43 *	25 *	43	29	39	28	29	29		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.085. Total Butter: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	39.5	42.8	39.7	34.2	34.8	38.3	38.6	41.5	40.2	43.3	40.8		
on 1 of 2 days	30.1	31.6	31.2	28.3	28.7	30.1	30.1	30.2	30.3	29.9	29.7		
on both days	9.4	11.2	8.5	5.8	6.1	8.2	8.5	11.2	9.9	13.4	11.1		
Quantity consumed in a day (1 teaspoon = 5 g)		g											
Mean	10	6	8	13	8	14	8	10	8	10	8		
SEM	#	#	#	1	1	3	#	1	#	1	1		
5th percentile	1	#	#	1 *	1 *	1	1	1	#	1	#		
10th percentile	1	1	1	1	1	1	1	1	1	1	1		
25th percentile	2	1	2	3	2	3	2	3	2	2	2		
50th percentile	5	3	5	9	5	7	5	6	5	6	5		
75th percentile	12	7	10	15	10	16	11	14	11	14	10		
90th percentile	21	14	16	28	16	32	17	22	19	21	18		
95th percentile	29	19	25	38 *	23 *	50	24	30	27	31	24		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.086. Total Vegetable Oil: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	98.8	99.6 *	99.8 *	99.5 *	99.2 *	99.0	98.9	98.6	98.6	97.4	97.2		
on 1 of 2 days	11.2	6.5	4.2	7.6	12.9	10.9	12.4	11.5	12.9	13.0	16.6		
on both days	87.6	93.0	95.6	91.8	86.3	88.1	86.5	87.2	85.7	84.4	80.6		
Quantity consumed in a day (1 teaspoon = 5 g)		g											
Mean	19	12	16	26	18	27	17	22	17	16	13		
SEM	#	#	#	1	1	1	1	1	#	#	#		
5th percentile	1	1	1	1	1	2	1	1	1	#	1		
10th percentile	2	1	2	3	2	3	2	2	2	2	1		
25th percentile	6	4	6	8	6	9	6	8	5	5	4		
50th percentile	14	8	12	20	13	21	13	17	13	12	9		
75th percentile	26	16	22	35	26	38	23	30	24	23	17		
90th percentile	42	26	35	56	40	58	39	47	38	34	29		
95th percentile	55	33	42	72	50	73	49	61	49	46	38		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.087. Pourable Salad Dressing: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	21.3	9.4	12.4	12.4	15.3	21.4	21.7	26.0	29.7	28.0	24.3		
on 1 of 2 days	17.9	8.9	11.1	11.5	14.0	19.0	18.7	21.6	24.0	20.9	19.5		
on both days	3.3	0.5 *	1.3	0.9 *	1.4 *	2.4	3.0	4.3	5.7	7.0	4.8		
Quantity consumed in a day (1 tablespoon Italian = 15 g)		g											
Mean	39	17	29	45	38	47	40	44	37	34	31		
SEM	1	2	3	4	4	2	2	2	1	1	1		
5th percentile	5	2 *	5 *	5 *	5 *	8	5	13	6	5	6		
10th percentile	10	3	5	11 *	5 *	15	8	15	11	11	11		
25th percentile	16	5	15	29	15	29	16	29	16	15	15		
50th percentile	31	14	29	39	31	31	31	31	31	29	29		
75th percentile	56	23	31	61	59	60	58	59	49	47	41		
90th percentile	66	32	59	79 *	74 *	88	78	83	65	62	59		
95th percentile	90	46 *	62 *	106 *	82 *	113	93	112	87	72	64		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.088. Total Mayonnaise and Mayonnaise-Type Dressing: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	44.7	29.6	33.4	44.0	42.7	51.2	45.2	51.7	47.8	43.5	43.4		
on 1 of 2 days	32.8	24.3	27.0	33.7	30.4	35.5	36.4	35.7	34.8	30.1	30.3		
on both days	11.9	5.4	6.4	10.3	12.4	15.7	8.8	16.0	13.0	13.4	13.1		
Quantity consumed in a day (1 tablespoon mayonnaise = 14 g)		g											
Mean	16	9	12	21	13	19	14	19	16	17	15		
SEM	#	#	#	1	1	1	#	1	#	1	1		
5th percentile	2	1	2	4	2	4	3	3	2	2	2		
10th percentile	5	2	3	5	4	5	5	5	4	4	4		
25th percentile	7	3	5	10	6	9	6	9	6	7	5		
50th percentile	14	7	10	15	11	14	12	14	14	14	13		
75th percentile	19	14	15	27	16	25	16	27	20	22	19		
90th percentile	30	16	23	41	27	35	28	36	31	34	30		
95th percentile	42	23	29	54	32	54	37	51	41	48	41		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.089. Gravy: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	9.4	7.5	8.1	8.8	8.2	9.5	8.0	11.5	8.5	13.9	10.8		
on 1 of 2 days	8.8	7.1	7.9	8.4	7.8	8.8	7.6	10.6	7.9	12.3	10.4		
on both days	0.6	0.4 *	0.2 *	0.4 *	0.4 *	0.6 *	0.4 *	0.9	0.6 *	1.6	0.4 *		
Quantity consumed in a day (1/4 cup = 58 g)		g											
Mean	80	34	67	105	90	108	68	97	69	81	60		
SEM	4	2	10	10	22	12	8	9	7	4	4		
5th percentile	13	4 *	5 *	28 *	15 *	15 *	5 *	15 *	7 *	14 *	13 *		
10th percentile	14	9	11 *	29 *	15 *	29	11 *	27	11	15	14		
25th percentile	29	14	29	36	29	54	26	30	29	29	29		
50th percentile	58	29	52	72	52	75	40	59	58	58	46		
75th percentile	116	46	78	134	116	117	87	117	89	109	74		
90th percentile	169	59	118 *	227 *	168 *	185	156 *	226	144	166	117		
95th percentile	231	79 *	177 *	237 *	224 *	262 *	204 *	237 *	197 *	223 *	160 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.090. Syrup: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	8.8	15.7	19.7	12.3	7.6	7.5	5.7	7.1	6.1	8.4	5.8		
on 1 of 2 days	7.8	13.4	16.8	10.9	7.0	7.1	4.8	6.1	5.2	7.3	5.6		
on both days	1.1	2.3	2.9	1.4 *	0.6 *	0.4 *	0.9	1.0	0.8	1.1	0.2 *		
Quantity consumed in a day (1 tablespoon = 20 g)		g											
Mean	71	41	56	93	91	121	62	76	59	69	52		
SEM	5	4	4	7	17	28	4	5	5	6	6		
5th percentile	11	4	7	16 *	16 *	20 *	6 *	13 *	14 *	7 *	8 *		
10th percentile	16	6	13	20 *	20 *	30 *	15 *	19 *	16 *	13	14 *		
25th percentile	35	16	20	40	31	61	33	39	20	35	20		
50th percentile	59	31	40	67	61	78	59	72	38	44	39		
75th percentile	79	46	72	104	84	149	78	82	73	80	64		
90th percentile	137	77	103	171 *	155 *	---	101 *	130 *	122 *	137	78 *		
95th percentile	162	82	128	---	267 *	---	121 *	147 *	142 *	158 *	114 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.091. Total Sugar: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	99.5	99.8 *	100.0 *	99.9 *	99.9 *	99.3 *	99.5 *	99.7 *	99.5 *	99.3 *	99.1		
on 1 of 2 days	5.0	1.9	1.8	2.9	5.1	5.7	6.7	5.3	5.2	4.8	7.0		
on both days	94.5	97.9	98.2	97.0	94.8	93.6	92.8	94.3	94.3	94.4	92.1		
Quantity consumed in a day (1 teaspoon granulated = 4 g)		g											
Mean	45	39	54	74	51	52	41	45	33	37	30		
SEM	1	1	1	3	3	2	2	1	1	1	1		
5th percentile	1	4	6	3	1	1	1	1	1	2	1		
10th percentile	4	7	12	6	3	3	3	3	3	3	2		
25th percentile	13	16	24	24	16	13	12	12	11	12	9		
50th percentile	31	31	43	57	39	35	29	31	24	28	22		
75th percentile	59	54	72	103	69	73	54	60	45	52	41		
90th percentile	99	80	107	152	112	119	92	101	74	82	64		
95th percentile	133	108	134	192	147	165	126	129	97	107	81		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.092. Total Honey: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	22.2	28.3	28.8	22.8	21.6	16.3	21.8	21.3	21.3	22.6	23.9		
on 1 of 2 days	17.4	22.8	23.8	17.6	18.2	13.6	17.7	15.7	17.2	15.1	16.6		
on both days	4.8	5.5	5.1	5.1	3.3	2.8	4.1	5.6	4.0	7.5	7.3		
Quantity consumed in a day (1 tablespoon = 21 g)		g											
Mean	5	3	3	5	2	6	5	9 *	5	5	5		
SEM	#	#	#	1	#	1	1	3 *	1	#	1		
5th percentile	#	#	#	#	#	#	#	#	#	#	#		
10th percentile	#	#	#	#	#	#	#	#	#	#	#		
25th percentile	#	#	#	#	#	#	#	1	#	#	#		
50th percentile	1	1	1	1	1	1	1	1	1	1	1		
75th percentile	3	2	2	3	2	4	4	5	4	4	3		
90th percentile	14	5	5	7	6	14	15	21	15	14	14		
95th percentile	21	11	10	34 *	7 *	22 *	24	28	21	21	28		

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Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.093. Candy Containing Chocolate: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	15.8	16.9	23.8	19.5	18.4	15.3	14.9	14.1	16.4	11.0	9.8		
on 1 of 2 days	13.5	14.4	20.8	16.7	16.3	13.3	12.8	11.6	14.6	8.6	8.4		
on both days	2.2	2.6	3.0	2.9	2.1	2.1	2.1	2.5	1.8	2.5	1.4		
Quantity consumed in a day (1 ounce = 28 g)		g											
Mean	48	31	40	65	48	52	52	59	44	48	36		
SEM	2	3	2	6	2	3	6	7	3	5	3		
5th percentile	7	5	7	11 *	9 *	9 *	7 *	10 *	7	9 *	5 *		
10th percentile	10	6	8	20	11	11	10	14	10	11	8		
25th percentile	20	10	17	40	23	27	21	25	17	20	15		
50th percentile	40	21	28	53	41	45	36	44	32	36	27		
75th percentile	57	40	56	77	57	57	57	65	52	56	43		
90th percentile	90	58	79	115	94	85	93	106	87	90	62		
95th percentile	126	83	113	153 *	116 *	110 *	170 *	133 *	132	159 *	87 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.094. Candy Not Containing Chocolate: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	11.0	22.9	28.2	14.1	18.3	5.4	8.1	6.4	8.8	6.2	5.9		
on 1 of 2 days	9.2	18.2	23.1	11.1	16.4	5.1	7.1	5.5	7.3	4.9	5.1		
on both days	1.7	4.7	5.1	3.0	1.9	0.4 *	1.0	0.9	1.5	1.2	0.8 *		
Quantity consumed in a day (1 ounce = 28 g)		g											
Mean	36	27	32	52	37	52	35	42	38	39	24		
SEM	2	1	2	7	4	7	5	5	6	7	3		
5th percentile	4	4	3	3 *	4 *	5 *	5 *	4 *	6 *	3 *	3 *		
10th percentile	6	6	5	8 *	6	6 *	5 *	5 *	6	4 *	3 *		
25th percentile	12	13	14	15	14	12	9	12	10	6	6		
50th percentile	21	20	21	29	22	28	18	26	23	21	12		
75th percentile	46	30	43	62	51	55	50	53	44	37	29		
90th percentile	83	52	65	116 *	85	103 *	82 *	112 *	79	92 *	60 *		
95th percentile	114	74	85	179 *	111 *	138 *	112 *	124 *	116 *	136 *	82 *		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.095. Jelly, Jams, Preserves, and Marmalade: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	17.3	27.0	21.8	13.4	13.7	11.5	14.1	15.3	16.6	25.2	24.0		
on 1 of 2 days	13.6	22.0	18.1	10.5	11.5	9.6	11.2	12.0	14.0	17.9	16.0		
on both days	3.7	5.0	3.7	2.9	2.3	1.9	3.0	3.2	2.6	7.4	8.0		
Quantity consumed in a day (1 tablespoon jam = 21 g)		g											
Mean	21	17	20	43	21	36	18	23	16	19	15		
SEM	1	1	1	8	2	3	1	1	1	1	1		
5th percentile	3	3	5	6 *	4 *	5 *	3 *	3	3	3	3		
10th percentile	6	3	6	6 *	5 *	7	6	6	6	6	4		
25th percentile	7	6	9	15	9	12	6	12	6	6	6		
50th percentile	14	14	18	20	18	19	13	18	12	13	12		
75th percentile	20	19	19	40	20	40	20	27	19	20	19		
90th percentile	39	37	38	77 *	38 *	78	37	40	33	38	28		
95th percentile	63	38	45	119 *	48 *	104 *	47 *	73	39	40	37		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Table 2.096. Total Artificial Sweetener: Percentage of persons using food in 2 days and quantities consumed in a day.

Statistic	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Percent of persons using		%											
at least once in 2 days	26.3	9.0	12.1	12.0	15.6	18.1	31.4	31.1	42.7	36.1	38.2		
on 1 of 2 days	12.2	7.4	8.8	10.0	10.4	8.8	14.7	13.2	16.1	13.9	15.6		
on both days	14.1	1.6	3.2	2.1	5.2	9.3	16.7	17.9	26.6	22.2	22.6		
Quantity consumed in a day (1 teaspoon = 3 g)		g											
Mean	2	#	1	1	1	2	2	2	2	2	1		
SEM	#	#	#	#	#	#	#	#	#	#	#		
5th percentile	#	#	#	#	#	#	#	#	#	#	#		
10th percentile	#	#	#	#	#	#	#	#	#	#	#		
25th percentile	1	#	#	#	#	1	1	1	1	#	#		
50th percentile	1	#	1	1	1	1	1	1	1	1	1		
75th percentile	2	1	1	1	1	2	2	2	2	2	2		
90th percentile	4	1	1	3 *	2 *	4	3	4	4	3	3		
95th percentile	4	1 *	2 *	5 *	2 *	4	4	6	5	5	4		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a percentage that is greater than 0 but less than 0.05 or a mean, SEM, or percentile that is greater than 0 but less than 0.5.

--- Indicates a percentile that could not be estimated.

Note: See "Table notes."

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

TABLE NOTES

Explanation of Symbols Used in Tables

Asterisks are used in the tables to identify estimates that may tend to be less statistically reliable than those that are not flagged. However, all the data in the tables should be able to be used to assess the order of magnitude of a given foods' intake. The rules used for flagging estimates are described in the Methods section.

Dashes denote either that the value could not be calculated because too few persons consumed the food or the percentile could not be interpolated because too many reports were exactly the same magnitude. Minimum and/or maximum values are reported in appendix C. Zeroes in tables represent true zeroes; values which are greater than zero but which round to 0 or 0.0 are noted with a pound sign (#).

SEM refers to the standard error of the mean. See the Methods section and Appendix A for additional notes.

Description of Foods in Table Set 1: Quantities Consumed Per Eating Occasion

1.001 White Bread

Includes all plain and toasted white breads including French, Italian, sourdough, raisin, cheese, and cinnamon, and bread that was not identified as to type. Excluded are rolls, bagels, English muffins, flat breads, hard bread sticks, breadcrumbs and croutons. Bread used in sandwiches was included, but bread eaten as

part of other types of mixtures such as stewed tomatoes and meatloaf were not. A slice of white bread weighs 26 g, and a slice of white toast weighs 23 g.

1.002 Whole Grain and "Wheat" Bread

Includes breads made with any whole grain flours such as plain and toasted whole and cracked wheat, rye, pumpernickel and bran yeast breads, except rolls, bagels, English muffins, and flat breads. Whole grain and so-called "wheat" breads eaten as part of sandwiches are included, but bread eaten as part of other types of mixtures such as stewed tomatoes and meatloaf were not. A slice of whole wheat bread weighs 28 g, and a slice of whole wheat toast weighs 25 g.

1.003 Rolls

Includes all hard, soft, French, Italian, Vienna rolls whether made primarily from white, whole wheat, rye, or other flour. Hamburger and frankfurter rolls eaten as part of sandwiches are included here as well. One dinner roll weighs 28 g; one medium hamburger roll weighs 43 g.

1.004 Biscuits

Includes all biscuits reported separately or as part of a sandwich. One medium biscuit made from scratch or biscuit mix weighs 30g; one regular biscuit made from refrigerator dough weighs 19 g.

1.005 Tortillas

Includes all tortillas reported separately or as part of a burrito, enchilada, taco, or other food. Excludes tortilla chips. One 7-inch round tortilla made from flour weighs 33 g; one 7-inch round tortilla made from corn weighs 25 g; and one 6-1/2 inch corn taco shell weighs 21 g.

1.006 Quickbreads and Muffins

Includes cornbread, fruit breads, pumpkin breads, zucchini breads, non-yeast coffee cakes, and all kinds of muffins. Excludes other cornmeal products such as cornbread stuffing, cornbread coating on frankfurters (corn dogs), hush puppies, and spoon bread. One wedge of cornbread from home recipe (1/12 of an 8-inch round) weighs 52 g; one medium bran muffin weighs 57 g.

1.007 Doughnuts and Sweet Rolls

Includes all varieties of doughnuts, sweet rolls and yeast-raised coffee cakes, except Danish pastries. One medium cake doughnut (3-1/4 inches in diameter) weighs 47 g; one medium glazed doughnut (3-1/4 inches in diameter) weighs 60 g; one medium sweet roll weighs 60 g.

1.008 Crackers

Includes all kinds of crackers reported separately, except sandwich-type crackers and sweet crackers. Four saltine crackers weigh 12 g.

1.009 Cookies

Includes all varieties of cookies, except brownies. Also includes sweet crackers such as graham crackers and animal crackers. One medium cookie weighs 10 g.

1.010 Cake

Includes all kinds of cakes and cupcakes, except coffeecake and cheesecake. One-twelfth of a 2-layer 8- or 9-inch frosted cake weighs 109 g, and one frosted cupcake (2-1/2 inches) weighs 36 g.

1.011 Pie

Includes all kinds of pies, but not turnovers, fritters, dumplings, strudels, or crisps. Excludes pie reported as part of frozen meals. One-eighth of a 2-crust, 9-inch fruit pie weighs 150 g; 1/8 of a 9-inch cream pie weighs 144 g.

1.012 Pancakes and Waffles

Includes pancakes and waffles reported separately or as part of a frozen meal, but not blintzes, crepes, or potato pancakes. One 5-inch pancake weighs 40 g; one 4-inch round waffle weighs 39 g.

1.013 Cooked Cereal

Includes oatmeal, grits, cream of wheat, cream of rice, cornmeal mush, and other cooked breakfast cereals. Includes weight of milk or sugar if reported collectively. The weights of 1/2 cup of cooked cereal are as follows: oatmeal, 117 g; grits, 121 g; cream of wheat, 125 g.

1.014 Oatmeal

Includes oatmeal eaten as hot cereal; excludes oatmeal consumed as ingredient of other food such as cookies.

1.015 Ready-to-Eat Cereal

Includes all kinds of ready-to-eat cereal reported separately, whether or not pre-sweetened. Also includes dry baby cereals, which are often re-hydrated before serving. Weight of additional sugar, if any, and milk is not included. One cup of toasted oat rings (*Cheerios*®) weighs 30 g; 1 cup of corn flakes weighs 25 g; and 1 cup of raisin bran weighs 55-61 g.

1.016 Corn Flakes

Includes plain, frosted and flavored corn flakes. One cup

of plain corn flakes weighs 25 g; and 1 cup of frosted or flavored corn flakes weighs 40 g.

1.017 Toasted Oat Rings

Includes plain, frosted and flavored oat rings. One cup of plain, frosted or flavored oat rings weighs 30 g.

1.018 Rice

Includes cooked white and brown rice reported separately or as an ingredient in fried rice, Spanish rice, pilaf, and other mixed foods which are mostly rice; weight of other ingredients not included. Excludes cream of rice, wild rice, and rice in puddings and soups. One-half cup of cooked, regular white rice, no fat added in cooking, weighs 79 g.

1.019 Pasta

Includes all spaghetti, macaroni, noodles, and other pasta, whether reported separately or as part of mixed dishes, such as spaghetti with tomato sauce. Includes only the weight of the pasta and not the other ingredients. Excludes noodles in pasta salads, puddings, and soup. One cup of cooked pasta weighs 140 g.

1.020 Macaroni and Cheese

Includes macaroni and cheese and that with beef, tomatoes, and/or other ingredients added. One cup of cooked macaroni and cheese weighs 243 g.

1.021 Spaghetti with Tomato Sauce

Includes spaghetti with tomato sauce and meat/meatballs and/or cheese. One cup of cooked spaghetti with sauce weighs 248 g.

1.022 Pizza

Includes all kinds of pizza, French bread pizza, pizza turnovers and calzone. One slice (1/8) of a 12-inch thin crust pizza with meat weighs 71 g.

1.023 Raw Cucumbers

Includes plain cucumbers and cucumbers with sour cream or vinegar and oil dressing. Represents the weight of the cucumbers only, and not the dressing. Does not include cucumbers reported as part of other mixed salad. One-half cup of sliced cucumbers weighs 60 g.

1.024 Total Lettuce

Includes all plain lettuce, Boston lettuce, and Romaine reported separately or as part of a mixed salad or sandwich. One cup of lettuce weighs 55 g, one medium leaf weighs 8 g.

1.025 Mixed Lettuce-Based Salad

Includes only salad made of lettuce mixed with other vegetables. One cup of lettuce salad with tomatoes and carrots weighs 73 g.

1.026 Cooked Broccoli

Includes cooked broccoli reported separately and not as part of a casserole or other mixture. One-half cup of cooked, chopped broccoli weighs 92 g.

1.027 Cooked Carrots

Includes cooked carrots, reported separately and not as part of a casserole or other mixture. One-half cup of sliced cooked carrots weighs 73 g.

1.028 Raw Carrots

Includes only raw carrots reported separately. One-half cup of raw chopped carrots weighs 64 g and one medium carrot weighs 61 g.

1.029 Raw Tomatoes

Includes all raw tomatoes reported separately. One-half cup of sliced or chopped raw tomatoes weighs 90 g; one medium tomato weighs 123 g.

1.030 Total Tomato Sauce

Includes all tomato sauce, whether reported separately or as part of mixed food. Does not include the weight of meat in sauce. One-half cup of sauce weighs 122 g.

1.031 Cooked String Beans

Includes cooked string beans reported separately and not as part of a mixture. One-half cup of cooked string beans weighs 68 g.

1.032 Coleslaw

Includes all reports of coleslaw. One-half cup of coleslaw weighs 92 g.

1.033 Cooked Peas

Includes cooked green peas reported separately. One-half cup of cooked green peas from fresh or frozen weighs 80 g.

1.034 Cooked Corn

Includes cooked corn reported separately or as part of corn and peppers or creamed corn. One-half cup of corn weighs 82 g; the edible portion of one medium ear of fresh cooked corn weighs 100 g.

1.035 Raw Onions

Includes raw mature onions reported separately. One medium slice of raw onion weighs 14 g, and one-half cup, chopped weighs 80 g.

1.036 French-Fried Potatoes

Includes all French fried potatoes, whether made from frozen or fresh potatoes, except those reported as part of a frozen meal. Ten medium French fries weigh 50 g.

1.037 Home-Fried and Hash-Browned Potatoes

Includes all home-fried and hash-browned potatoes and potato-puffs reported separately. One-half cup of home fries weighs 97 g and ½ cup of hash-browned potatoes weighs 78 g.

1.038 Baked Potatoes

Includes all baked potatoes; weight of added ingredients not included. One medium baked potato, peel eaten weighs 122 g.

1.039 Boiled Potatoes

Includes all boiled potatoes reported separately. One-half cup of boiled potatoes weighs 78 g.

1.040 Mashed Potatoes

Includes all mashed potatoes reported separately. One-half cup of mashed potatoes made with milk and fat weighs 105 g.

1.041 Cooked Dried Beans and Peas

Includes all cooked dried beans reported separately, such as kidney beans and lentils, with and without added fat. One-half cup of cooked kidney beans without fat

weighs 86 g; ½ cup of cooked white beans with fat weighs 90 g.

1.042 Baked Beans

Includes all baked beans, with and without pork added, reported separately. One-half cup of baked beans weighs 126 g.

1.043 Raw Oranges

Includes raw oranges reported separately. Excludes tangerines, mandarin oranges, canned oranges, and oranges which were reported as part of a salad. One medium raw orange weighs 131 g.

1.044 Orange Juice

Includes all fresh, canned, and frozen orange juice reported separately, except juice that is not reconstituted. Six fluid ounces of orange juice weighs 187 g.

1.045 Raw Apples

Includes raw apples reported separately. Excludes apples, which were part of a salad. One medium raw apple weighs 138 g.

1.046 Applesauce and Cooked Apples

Includes applesauce and cooked apples reported separately. Excludes, for example, cooked apples eaten as part of a pie. One-half cup of applesauce weighs 128 g.

1.047 Apple Juice

Includes all apple juice and cider reported separately and not as part of a juice blend. Six fluid ounces of apple juice weighs 186 g.

1.048 Raw Bananas

Includes only raw bananas reported separately. One medium banana weighs 118 g.

1.049 Fluid Milk

Includes all fluid, reconstituted dry, and reconstituted evaporated, cow's milk reported separately. Excludes chocolate milk and other milk-flavored beverages. One cup of fluid milk weighs 244-245 g.

1.050 Fluid Milk Consumed with Cereal

Includes all fluid, reconstituted dry and reconstituted evaporated cows' milk eaten in combination with all types of cereal.

1.051 Whole Milk

Includes all fluid, and reconstituted dry, whole (3-1/2 – 4 percent fat) cow's milk reported separately. One cup of whole milk weighs 244 g.

1.052 Whole Milk Consumed with Cereal

Includes whole milk eaten in combination with all types of cereal. One cup of fluid whole milk weighs 244 g.

1.053 Lowfat Milk

Includes all fluid and reconstituted dry, 1-2% fat cow's milk reported separately. One cup of 1% or 2% fat milk weighs 244 g.

1.054 Lowfat Milk Consumed with Cereal

Includes all fluid and reconstituted dry, 1-2% fat cow's milk eaten in combination with all types of cereal. One cup of 1-2% fat milk weighs 244 g.

1.055 Skim Milk

Includes all fluid, and reconstituted dry, skim or .5% fat and lower cow's milk reported separately. One cup of skim milk weighs 245 g.

1.056 Skim Milk Consumed with Cereal

Includes all fluid, reconstituted dry, skim or .5% fat and lower cow's milk eaten in combination with all types of cereal. One cup of skim milk weighs 245 g.

1.057 Cheese, Other Than Cream or Cottage

Includes all cheese, other than cream or cottage regardless of fat content, reported separately or as part of a sandwich. Excludes cheese consumed as part of other mixtures. One and a half ounces of cheese weighs 43 g.

1.058 Ice Cream and Ice Milk

Includes all flavors of hard and soft ice cream and ice milk reported separately. Excludes sherbet, frozen yogurt, and all novelties and cones. One-half cup of hard ice cream weighs 66 g and ½ cup of soft ice cream weighs 86 g.

1.059 Beef Steaks

Includes all beef steak reported separately. Excludes beef steaks reported as part of a sandwich. One ounce of cooked beef weighs 28 g.

1.060 Beef Roasts

Includes all roast beef reported separately. Excludes beef roasts reported as part of a sandwich. One ounce of cooked beef weighs 28 g.

1.061 Ground Beef

Includes all ground beef reported separately or as part of a sandwich or other main dish type mixture (weight of other ingredients not included). Once cooked, a 4-ounce patty (1/4 pound raw) weighs 85 g.

1.062 Ham

Includes all cured ham and Canadian bacon, except luncheon meats, reported separately or as part of a sandwich or other main dish type mixture (weight of other ingredients not included). One ounce of cooked ham weighs 28 g.

1.063 Pork Chops, Steaks, Roasts

Includes all uncured pork chops, steaks, and roasts, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). Excludes ground pork and pork contained in sausages. One ounce of cooked pork roast weighs 28 g, and 1 medium cooked pork chop (lean edible portion) weighs 79 g.

1.064 Bacon

Includes all bacon (except "Canadian bacon") whether made from pork or other meat reported separately or as part of a sandwich (weight of other ingredients not included) or frozen meal (e.g., as a side item or in a sandwich, not as part of a mixed dish). Excludes bacon in other types of mixed food. One thin strip of cooked bacon weighs 5 g.

1.065 Pork Breakfast Sausage

Includes all pork breakfast sausage, whether reported

separately or as part of a frozen meal or sandwich (weight of other ingredients not included). One medium cooked sausage link weighs 13 g.

1.066 Frankfurters and Luncheon Meats

Includes all frankfurters and luncheon meats, whether reported separately or as part of sandwich (weight of other ingredients not included). One cooked frankfurter weighs 57 g, and one ounce of luncheon meat weighs 28 g.

1.067 Canned Tuna

Includes all canned tuna, whether reported separately or as part of sandwich or other mixed food (weight of other ingredients not included). One-half of a 6.5-ounce can of tuna, water pack, drained, weighs 83 g.

1.068 Other Finfish

Includes all finfish, except canned, dried and raw, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). One ounce of cooked fish weighs 28 g.

1.069 Total Chicken and Turkey

Includes all chicken and turkey, except frankfurters and luncheon meats, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). One ounce of cooked chicken or turkey weighs 28 g.

1.070 Chicken

Includes all chicken, except frankfurters and luncheon meats, whether reported separately or as part of a sandwich (weight of other ingredients not included). One

ounce of cooked chicken weighs 28 g.

1.071 Turkey

Includes all turkey, except frankfurters and luncheon meats, whether reported separately or as part of a sandwich (weight of other ingredients not included). One ounce of cooked turkey weighs 28 g.

1.072 Boiled, Poached, and Baked Eggs

Includes all boiled and poached eggs, whether reported separately or as part of a sandwich or other mixed food in which the egg is visible (eggs in breads, salad dressing, eggnog, custard, and puddings are excluded). The weight of other ingredients is not included. One large boiled egg weighs 50 g.

1.073 Fried Eggs

Includes all fried eggs, whether reported separately or as part of a sandwich (weight of other ingredients is not included). One large fried egg weighs 46 g.

1.074 Scrambled Eggs

Includes all eggs from scrambled eggs, omelets, and sandwiches (weight of other ingredients not included). One large scrambled egg, no fat added in cooking, weighs 60 g.

1.075 Peanut Butter

Includes peanut butter reported separately or on a sandwich. One tablespoon of peanut butter weighs 16 g.

1.076 Coffee

Includes liquid coffees, whether regular or decaffeinated.

Excludes coffee made with liqueurs, chicory and other cereal-based hot beverages, and presweetened instant coffees. Includes only the weight of the coffee (not any sweetener, cream or milk). One 8-fluid-ounce cup of coffee weighs 237 g.

1.077 Coffee, with Caffeine

Includes all regular coffee and coffee not specified as to decaffeinated or regular. Excludes coffee made with liqueurs, and presweetened instant coffees. Includes only the weight of the coffee (not any sweetener, cream, or milk). One 8-fluid-ounce cup of coffee weighs 237 g.

1.078 Coffee, Decaffeinated

Includes all decaffeinated coffee; excludes chicory and other cereal-based hot beverages. Excludes coffee made with liqueurs, and presweetened instant coffees. Includes only the weight of the coffee (not any sweetener, cream, or milk). One 8-fluid-ounce cup of coffee weighs 237 g.

1.079 Tea

Includes all teas, whether made from green or black leaves or from herbs. Includes only the weight of the tea (not any sweetener, lemon juice, cream, or milk). One 8-fluid-ounce cup of tea weighs 237 g.

1.080 Soft Drinks

Includes all carbonated soft drinks, whether sweetened or not and whether caffeine-free or not. One 12-fluid-ounce can of soft drink weighs 355-369 g.

1.081 Soft Drinks, Not Diet, With Caffeine

Includes all caffeine-containing, regularly sweetened carbonated soft drinks. In addition to colas, this includes

Dr. Pepper and Mountain Dew. One 12-fluid-ounce can weighs 369 g.

1.082 Soft Drinks, Not Diet, Caffeine-Free

Includes all caffeine-free, regularly sweetened carbonated soft drinks. One 12-fluid-ounce can weighs 369 g.

1.083 Soft Drinks, Diet, With Caffeine

Includes all caffeine-containing, carbonated diet soft drinks. One 12-fluid-ounce can weighs 355 g.

1.084 Soft Drinks, Diet, Caffeine-Free

Includes all caffeine-free, carbonated diet soft drinks. One 12-fluid-ounce can weighs 355 g.

1.085 Fruit Drinks

Includes all non-carbonated fruit-flavored drinks. Excludes 100 percent fruit juice. Eight fluid ounces weighs 248 g.

1.086 Beer

Includes all alcohol-containing beer reported separately. Excludes beer used in food preparation. One 12-fluid-ounce can of beer weighs 360 g.

1.087 Wine

Includes all wine, whether reported separately or as part of a wine beverage. Excludes wine used in food preparation. One 3 ½-fluid-ounce glass of wine weighs 103 g.

1.088 Soups

Includes all soups reported separately; excludes fruit

soups, soups reported as undiluted, and those consumed as an ingredient in another food, such as a casserole. One cup of beef broth or chunky chicken noodle soup weighs 240 g; one cup of cream of chicken soup weighs 245 g.

1.089 Potato Chips

Excludes potato sticks and chips used in casseroles. Ten potato chips, regular cut, weigh 14 g.

1.090 Corn Chips

Includes all cornmeal-based salty snacks. Includes corn tortilla chips, but excludes taco shells. One cup of corn chips weighs 26 g.

1.091 Popcorn

Includes all popcorn, except caramel coated. Weight of oil used in cooking and added butter included. One cup of popped in oil, unbuttered popcorn weighs 11 g.

1.092 Prepared Mustard

Includes all prepared mustard, whether reported separately or as part of a sandwich, but not as part of other mixtures. One teaspoon of mustard weighs 5 g.

1.093 Tomato Catsup

Included all tomato catsup, whether reported separately or as part of a sandwich, but not as part of other mixtures. One tablespoon of catsup weighs 15 g.

1.094 Total Soy-Based Sauces

Includes all soy and Worcestershire sauces reported separately or as an ingredient of another food. One teaspoon of soy sauce weighs 5 g.

1.095 Cucumber Pickles

Includes all pickles, whether reported separately or as part of a sandwich. One medium dill pickle weighs 65 g, and four thin slices weigh 24 g.

1.096 Fluid Cream

Includes all fluid cream reported separately. Does not include whipped cream. One tablespoon of cream weighs 15 g.

1.097 Powdered Cream Substitute

Includes all powdered cream substitute reported separately. Does not include powdered dessert topping. One packet of powdered cream substitute weighs 3 g; one teaspoon weighs 2 g.

1.098 Margarine, All Types

Includes all margarines (stick, tub or soft, imitation, and liquid) and margarine/butter blends reported separately. Excludes margarine consumed as an ingredient of another food. One teaspoon of margarine weighs 5 g.

1.099 Margarine, Stick

Includes all stick margarines that are 60 percent fat or greater by weight, and margarines not specified as to type, reported separately. Excludes margarine consumed as an ingredient of another food. One teaspoon of margarine weighs 5 g.

1.100 Margarine, Soft

Includes all soft margarines that are 60 percent fat or greater by weight reported separately. Excludes soft margarine consumed as an ingredient of another food. One teaspoon of soft margarine weighs 5 g.

1.101 Margarine, Imitation

Includes diet margarines and margarines that are only 40 percent fat by weight. Excludes margarine spreads consumed as an ingredient of another food and margarine/butter blends. One teaspoon of margarine spread weighs 5 g.

1.102 Butter

Includes only butter reported separately. Excludes butter consumed as an ingredient of another food, whipped butter and butter in margarine/butter blends. One teaspoon weighs 5 g.

1.103 Pourable Salad Dressing

Includes all pourable salad dressings reported separately or as part of a mixture such as a salad. One tablespoon of Italian dressing weighs 15 g.

1.104 Mayonnaise

Includes only regular mayonnaise reported separately or as part of a sandwich. One tablespoon of mayonnaise weighs 14 g.

1.105 Mayonnaise-Type Dressing

Includes mayonnaise-type salad dressing reported separately or as part of a sandwich. Excludes reduced fat-varieties. One tablespoon of mayonnaise-type dressing weighs 15 g.

1.106 Gravy

Includes gravy reported separately, on meat, or on a roast beef or turkey sandwich with gravy. Excludes gravies consumed as part of casseroles, milk gravy, and other sauces. One-fourth cup of beef gravy weighs 58 g.

1.107 Syrup

Includes maple, corn, cane, and fruit syrups, as well as buttered and corn and maple syrup blends reported separately. Excludes ice cream toppings and reduced-calorie syrups. One tablespoon of maple syrup weighs 20 g.

1.108 Sugar

Includes white, brown sugar, confectioner's, and raw sugar reported separately or in coffee or tea. One teaspoon of granulated white sugar weighs 4 g.

1.109 Candy Containing Chocolate

Includes plain milk chocolate, chocolate candy bars, and all chocolate-flavored or chocolate-covered candy reported separately. One ounce of candy weighs 28 g.

1.110 Candy Not Containing Chocolate

Includes all candy other than chocolate, such as hard candy, gumdrops, caramel, and licorice. One ounce of candy weighs 28 g.

1.111 Jelly, Jams, Preserves, and Marmalade

Includes all jelly, jams, preserves, and marmalade. One tablespoon of jelly weighs 19 g, and one tablespoon of jam weighs 21 g.

Description of Foods in Table Set 2: Quantities Consumed in A day**2.001 Total Yeast Bread**

Includes all foods included below in Total White Bread and Total Whole Grain and "Wheat" Bread. Does not

include yeasted sweet rolls, doughnuts, or pizza crust. A slice of white bread weighs 26 g, and a slice of white toast weighs 23 g.

2.002 Total White Bread

Includes all white yeast breads, rolls, English muffins, bagels, and flat bread, whether reported separately or as an ingredient in another food. A slice of white bread weighs 26 g, and a slice of white toast weighs 23 g.

2.003 Total Whole Grain and “Wheat” Bread

Includes all whole wheat, cracked wheat, rye, so called “wheat”, pumpernickel, and other yeast breads containing some whole grain fours, whether reported separately or as an ingredient in another food. A slice of whole wheat bread weighs 28 g, and a slice of whole wheat toast weighs 25 g.

2.004 Biscuits

See description for table 1.004.

2.005 Tortillas

See description for table 1.005.

2.006 Quickbreads and Muffins

See description for table 1.006.

2.007 Doughnuts and Sweet Rolls

See description for table 1.007.

2.008 Crackers

See description for table 1.008.

2.009 Cookies

See description for table 1.009.

2.010 Cake

See description for table 1.010.

2.011 Pie

See description for table 1.011.

2.012 Pancakes and Waffles

See description for table 1.012.

2.013 Cooked Cereal

See description for table 1.013.

2.014 Oatmeal

See description for table 1.014.

2.015 Ready-to-Eat Cereal

See description for table 1.015.

2.016 Total Rice

Includes cooked white and brown rice, whether reported separately or as part of a food mixture such as a casserole or soup. Does not include wild rice or rice contained in cereals, candies, and baked goods. One cup of cooked, regular white rice, no fat added, weighs 79 g.

2.017 Total Pasta

Includes spaghetti, macaroni, and other pasta whether reported separately or as part of a food mixture (such as spaghetti with meat sauce or macaroni and cheese). One cup of cooked pasta weighs 140 g.

2.018 Pizza

See description for table 1.022.

2.019 Total Raw Cucumbers

Includes raw cucumbers, whether reported separately or as part of a food mixture such as a salad. Excludes pickles. One-half cup of sliced cucumbers weighs 60 g.

2.020 Total Lettuce

Includes lettuce, whether reported separately or as part of a food mixture such as a salad, sandwich, or other mixed food. One cup of lettuce weighs 55 g.

2.021 Total Celery

Includes raw and cooked celery, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of raw diced celery weighs 60 g.

2.022 Total Broccoli

Includes raw and cooked broccoli, whether reported separately or as part of a food mixture such as a salad or casserole. One-half cup of cooked, chopped broccoli weighs 92 g.

2.023 Total Carrots

Includes raw and cooked carrots, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of raw carrots weighs 64 g; one-half cup of cooked carrots weighs 73 g.

2.024 Total Tomatoes

Includes raw and cooked tomatoes and juices reported separately; as part of a food mixture such as a soup, salad or casserole; and as part of vegetable juices,

tomato catsup, sauce, and salsa. One-half cup of raw tomatoes weighs 90 g.

2.025 Total Tomato Sauce

Includes tomato sauce from all sources. Does not include the weight of meat in sauce. One-half cup of tomato sauce weighs 122 g.

2.026 Total String Beans

Includes all string beans, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of cooked string beans weighs 68 g.

2.027 Total Cabbage

Includes raw and cooked cabbage and sauerkraut, whether reported separately or as part of a food mixture such as coleslaw or soup. One-half cup of cooked cabbage weighs 75 g.

2.028 Total Peas

Includes all green peas, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of cooked green peas from fresh or frozen weighs 80 g.

2.029 Total Corn

Includes all corn, whether reported separately or as part of a food mixture. One-half cup of cooked whole kernel corn weighs 82 g.

2.030 Total Onions

Includes young and mature, raw and cooked onions, whether reported separately or as part of a food mixture

such as a sandwich, salad, or soup. One-half cup of raw onions weighs 80 g, and one-half cup of cooked onions weighs 105 g.

2.031 Total Peppers

Includes raw and cooked hot and sweet peppers, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of chopped raw peppers weighs 74 g; one-half cup of cooked peppers weighs 68 g.

2.032 Total White Potatoes

Includes cooked white potatoes, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of boiled potatoes weighs 78 g.

2.033 Total Dried Beans and Peas

Includes cooked dried beans and peas, whether reported separately or as part of a food mixture such as a salad or soup. One-half cup of cooked kidney beans without fat weighs 86 g; one-half cup cooked white beans with fat weighs 90 g.

2.034 Total Oranges

Includes all oranges and orange juice, whether reported separately or as part of a food mixture such as a salad or marmalade. One medium raw orange weighs 131 g.

2.035 Total Orange Juice

Includes all raw, canned and frozen orange juice, reported separately or as part of a food mixture. Six fluid ounces of orange juice weighs 187 g.

2.036 Total Grapefruit

Includes all grapefruit and grapefruit juice, whether reported separately or as part of a food mixture such as a salad. One-half of a medium raw grapefruit weighs 128 g, and 6 fluid ounces of unsweetened grapefruit juice weighs 185 g.

2.037 Total Lemons

Includes all lemons and all fresh, bottled, and frozen lemon juice reported separately or as part of a food mixture. One fluid ounce of lemon juice weighs 30 g.

2.038 Total Lemon Juice

Includes all fresh, bottled and frozen lemon juice, reported separately or as part of a food mixture. One fluid ounce of lemon juice weighs 30 g.

2.039 Total Apples

Includes all apples, raw, cooked, and dried, and apple juices whether reported separately or as part of a food mixture such as a salad or pie. One medium raw apple weighs 138 g, and one-half cup of applesauce weighs 128 g.

2.040 Total Apple Juice

Includes all apple juice and cider reported separately or as part of a juice blend or other food mixture. Six fluid ounces of apple juice weighs 186 g.

2.041 Total Peaches

Includes all peaches, raw, cooked, dried, and in nectar, whether reported separately or as part of a food mixture such as a pie or preserves. One medium raw peach weighs 98 g.

2.042 Total Bananas

Includes all bananas, raw and cooked, whether reported separately or as part of a food mixture such as a bread, pie, or fruit salad. One medium raw banana weighs 118 g.

2.043 Total Strawberries

Includes all strawberries, whether reported separately or as part of a food mixture such as a salad, pie, ice cream or preserves. One-half cup of sliced raw strawberries weighs 83 g.

2.044 Total Grapes

Includes all grapes, raisins, and grape juice whether reported separately or as part of a food mixture such as a salad or preserves. One-half cup of seedless grapes weighs 80 g.

2.045 Total Milk

Includes all cows' milk reported separately or as an ingredient in another food including all milk in ice creams, pudding, yogurt, creams, and processed foods except cheese and margarine. Also includes reconstituted weight of dried and evaporated milk. One cup of fluid whole milk weighs 244 g.

2.046 Fluid Milk Consumed with Cereal

See description for table 1.050

2.047 Total Cheese Other than Cream or Cottage

Includes all cheeses, other than cream or cottage, which are reported separately or as part of a sandwich or other mixed food. Excludes cream cheese or cottage cheese. One and a half ounces of cheese weighs 43 g.

2.048 Total Cottage Cheese

Includes all cottage cheese, whether reported separately or as an ingredient in a mixed food. One-half cup of cottage cheese weighs 105 g.

2.049 Ice Cream and Ice Milk

See description for table 1.058.

2.050 Total Beef

Includes all beef, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). Excludes veal, organ meats, frankfurters and luncheon meat. One ounce of cooked beef weighs 28 g.

2.051 Total Pork

Includes all pork, whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). Excludes organ meats, frankfurters and luncheon meats, and sausages made from a mixture of pork and some other meat. One ounce of cooked pork weighs 28 g.

2.052 Total Bacon

Includes all bacon (except "Canadian bacon"), whether reported separately or as part of a sandwich or other mixed food. One thin strip of cooked bacon weighs 5 g.

2.053 Pork Breakfast Sausage

See description for table 1.065.

2.054 Total Frankfurters and Luncheon Meats

Includes all frankfurters, luncheon meats whether reported separately or as part of a sandwich or other

food mixture (weight of other ingredients not included). One frankfurter weighs 57 g, and one ounce of luncheon meat weighs 28 g.

2.055 Total Finfish

Includes all finfish (fresh, frozen, canned, dried, and raw) whether reported separately or as part of a sandwich or other mixed food (weight of other ingredients not included). One ounce of cooked fish weighs 28 g.

2.056 Canned Tuna

See description for table 1.067.

2.057 Total Chicken and Turkey

See description for table 1.069.

2.058 Total Eggs

Includes all eggs, whether reported separately or as part of bread, mayonnaise, or other multi-ingredient food or mixture. One large boiled egg weighs 50 g.

2.059 Total Peanut Butter

Includes all peanut butter, whether reported separately or as part of a sandwich, cookie, or other mixed food. One tablespoon of peanut butter weighs 16 g.

2.060 Coffee

See description for table 1.076.

2.061 Coffee, With Caffeine

See description for table 1.077.

2.062 Coffee, Decaffeinated

See description for table 1.078.

2.063 Tea

See description for table 1.079.

2.064 Soft Drinks

See description for table 1.080.

2.065 Soft Drinks, Not Diet, With Caffeine

See description for table 1.081.

2.066 Soft Drinks, Not Diet, Caffeine-Free

See description for table 1.082.

2.067 Soft Drinks, Diet, With Caffeine

See description for table 1.083.

2.068 Soft Drinks, Diet, Caffeine-Free

See description for table 1.084.

2.069 Fruit Drinks

See description for table 1.085.

2.070 Beer

See description for table 1.086.

2.071 Total Wine

Includes all wine, whether reported separately or as part of a wine beverage. Also includes wine used in food preparation (the alcohol content of wines is reduced when heated). One 3 ½-fluid-ounce glass of wine weighs 103 g.

2.072 Soups

See description for table 1.088.

2.073 Potato Chips

See description for table 1.089.

2.074 Corn Chips

See description for table 1.090.

2.075 Popcorn

See description for table 1.091.

2.076 Total Prepared Mustard

Includes prepared mustard from all sources. One teaspoon of mustard weighs 5 g.

2.077 Total Tomato Catsup

Includes tomato catsup from all sources. One tablespoon of tomato catsup weighs 15 g.

2.078 Total Soy-Based Sauces

See description for table 1.094.

2.079 Total Cucumber Pickles

Includes all cucumber pickles and relish whether reported separately or as part of sandwich, salad dressing, or other food. One medium pickle weighs 65 g, and four slices weigh 24 g.

2.080 Total Sour Cream

Includes all sour cream regardless of fat content whether reported separately or as in ingredient in another food. One tablespoon of sour cream weighs 14 g.

2.081 Total Fluid Cream

Includes all fluid cream whether reported separately or as an ingredient in another food; also includes whipped

cream. One tablespoon of cream weighs 15 g.

2.082 Powdered Cream Substitute

See description for table 1.097.

2.083 Total Margarine

Includes all margarine, whether reported separately or as an ingredient in another food. One teaspoon of margarine weighs 5 g.

2.084 Margarine, All Types, Reported Separately

See description for table 1.098.

2.085 Total Butter

Includes all butter (including light), whether reported separately or as an ingredient in another food. Excludes anhydrous butter oil, butter replacements, and low calorie vegetable oil-butter spreads. One teaspoon weighs 5 g.

2.086 Total Vegetable Oil

Includes all vegetable oils, whether reported separately or as an ingredient in another food. Excludes oils used in the production of margarine. One teaspoon of vegetable oil weighs 5 g.

2.087 Pourable Salad Dressing

See description for table 1.103.

2.088 Total Mayonnaise and Mayonnaise-Type Dressing

Includes all mayonnaise, mayonnaise-type dressing, and imitation mayonnaise whether reported separately or as part of a mixed food. One tablespoon of mayonnaise weighs 14 g.

2.089 Gravy

See description for table 1.106.

2.090 Syrup

See description for table 1.107.

2.091 Total Sugar

Includes all white, brown, confectioner's and raw sugar, whether reported separately or as an ingredient in another food. One teaspoon of white sugar weighs 4 g.

2.092 Total Honey

Includes all honey whether reported separately or as an ingredient in another food. One tablespoon of honey weighs 21 g.

2.093 Candy Containing Chocolate

See description for table 1.109.

2.094 Candy Not Containing Chocolate

See description for table 1.110.

2.095 Jelly, Jams, Preserves, and Marmalade

See description for table 1.111.

2.096 Total Artificial Sweetener

Includes all artificial sweeteners, whether reported separately or contained in another food such as diet soda. One teaspoon of powdered sweetener weighs 3 g.

APPENDIX A: STATISTICAL NOTES

1. Sample size is the number of individuals in the sample for the particular age-sex category; sampling weights were not applied.
2. Percentage of persons using each food is a weighted estimate of the percentage of persons in the population who used the food at least once in 2 days.
3. Eating occasions are delineated by the time the eating occasion began rather than the name of the eating occasion. If more than one mention of a food was made for an eating occasion (such as milk as a beverage and milk on cereal), the amounts were summed and the total was the amount consumed for that eating occasion.
4. Mean quantity consumed per eating occasion =

$$\frac{\sum_{i \in U} w_i \left(\frac{\text{total quantity consumed per occasion by } i\text{th individual}}{\# \text{ eating occasions on which food eaten by } i\text{th individual}} \right)}{\sum_{i \in U} w_i}$$

where U is the set of individuals using the food and w_i is the sampling weight for the i th individual.

5. Percentiles of quantities consumed per eating occasion were based on a weighted array of mean quantities consumed per occasion for each user of the food.

6. Mean quantities consumed in a day =

$$\frac{\sum_{i \in U} W_i (\text{total quantity consumed on a single day by } i\text{th individual})}{\sum_{i \in U} W_i}$$

where U is the set of individuals using the food and w_i is the sampling weight for the i th individual and

the value on a single day = total quantity consumed on that day if consumed on only one day, or total quantity consumed on a randomly selected consumption day if consumed on more than one day.

7. Percentiles of quantities consumed in a day were based on a weighted array of mean quantities consumed per day for each user of the food.

APPENDIX B. MEAN QUANTITIES CONSUMED PER PERSON PER DAY

The tables in this appendix provide estimates of mean quantities of foods consumed per person per day for all individuals, that is, consumers and non-consumers, over both days. These means reflect both the amount and frequency of consumption and represent the population's usual daily intake of the tabulated foods during the 3-year period, 1994-96.

Zeros in table represent true zeroes; values that are greater than zero but which round to 0 or 0.0 are noted with a pound sign (#).

Mean quantities consumed per person per day =

$$\frac{\sum_j W_j \cdot (\text{total quantity consumed over two days by } j\text{th individual}) / 2}{\sum_j W_j}$$

where w_j is the sampling weight for the j th individual over all individuals, not just users of the food.

Appendix Table B. Mean quantities consumed per person per day

Food (corresponding table)	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Grain-based products													
White Bread (1.001)	26	20	25	31	22	36	20	31	21	29	20		
Whole Grain and "Wheat" Bread (1.002)	11	7	7	7	6	12	8	15	12	18	16		
Rolls (1.003)	20	10	18	32	17	37	17	22	14	14	9		
Biscuits (1.004, 2.004)	4	2	3	5	3	5	3	6	4	5	3		
Tortillas (1.005, 2.005)	7	3	5	12	7	13	8	6	4	1	1		
Quickbreads and Muffins (1.006, 2.006)	6	3	4	8	5	4	5	9	6	9	8		
Doughnuts and Sweet Rolls (1.007, 2.007)	6	4	5	10	6	7	4	7	5	5	3		
Crackers (1.008, 2.008)	3	3	3	3	3	2	3	3	2	4	3		
Cookies (1.009, 2.009)	8	11	12	11	9	8	7	9	7	9	7		
Cake (1.010, 2.010)	9	6	9	9	8	9	8	11	8	10	9		
Pie (1.011, 2.011)	7	1	4	7	4	5	6	11	8	16	11		
Pancakes and Waffles (1.012, 2.012)	5	6	9	7	3	5	3	5	3	6	3		
Cooked Cereal (1.013, 2.013)	16	21	14	10	9	10	9	19	15	37	29		
Oatmeal (1.014, 2.014)	10	14	9	5*	4	6	6	13	9	24	18		
Ready-to-Eat Cereal (1.015, 2.015)	16	19	25	25	16	14	13	14	11	18	13		
Corn Flakes (1.016)	2	2	3	4	2	3	1	2	1	3	2		
Toasted Oat Rings (1.017)	2	4	3	3	2	1	1	1	1	1	1		
Rice (1.018)	31	18	20	38	29	45	32	38	27	25	18		
Pasta (1.019)	35	29	33	40	36	49	34	42	29	28	22		
Macaroni and Cheese (1.020)	11	16	15	17	15	13	10	10	7	9	7		
Spaghetti with Tomato Sauce (1.021)	19	23	20	30	22	29	16	16	11	12	9		
Pizza (1.022, 2.018)	19	12	22	49	24	34	16	15	11	5	3		
Total Yeast Bread (2.001)	63	40	54	75	52	88	52	76	57	69	52		
Total White Bread (2.002)	50	32	45	66	44	72	42	58	42	49	35		
Total Whole Grain and "Wheat" Bread (2.003)	13	7	8	10	8	15	11	18	15	20	17		
Total Rice (2.016)	31	19	21	39	30	45	33	39	27	26	19		
Total Pasta (2.017)	41	35	39	48	43	57	39	47	32	32	26		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Appendix Table B. Mean quantities consumed per person per day -- continued

Food (corresponding table)	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Vegetables and vegetable juices		g											
Raw Cucumbers (1.023)	3	1	2	3 *	2 *	3	3	3	4	5	4		
Lettuce (1.024)	16	4	7	14	13	21	17	21	21	17	14		
Mixed Lettuce-Based Salad (1.025)	1	#	1	#	1 *	1 *	1	2	2	1	1		
Cooked Broccoli (1.026)	5	2	3	3	3	6	5	5	5	6	6		
Cooked Carrots (1.027)	2	2	1	1	1 *	2	2	3	2	4	4		
Raw Carrots (1.028)	3	2	4	2	2	3	4	3	3	3	2		
Raw Tomatoes (1.029)	12	3	4	8	7	13	10	16	16	19	16		
Total Tomato Sauce (1.030, 2.025)	13	7	11	17	15	19	11	16	11	10	7		
Cooked String Beans (1.031)	7	5	5	4	3	7	6	9	7	10	9		
Coleslaw (1.032)	3	1 *	1	1 *	1 *	2	2	5	4	5	4		
Cooked Peas (1.033)	3	2	3	2	1 *	3	2	4	3	4	4		
Cooked Corn (1.034)	9	7	10	9	6	8	8	13	6	9	6		
Raw Onions (1.035)	2	#	#	2	1	3	2	3	2	3	2		
French-Fried Potatoes (1.036)	13	10	14	27	19	23	11	11	7	5	3		
Home-Fried and Hash-Browned Potatoes (1.037)	7	5	5	8	5	8	6	11	4	9	4		
Baked Potatoes (1.038)	8	3	4	7	5	10	8	9	10	12	10		
Boiled Potatoes (1.039)	5	2	1	3 *	2	4	2	7	5	11	8		
Mashed Potatoes (1.040)	15	10	11	20	12	21	12	20	12	20	15		
Cooked Dried Beans and Peas (1.041)	7	4	3	5	5	9	6	10	6	9	6		
Baked Beans (1.042)	4	2	3	3	4	5	2	6	4	7	4		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a value greater than 0 but less than 0.5.

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Appendix Table B. Mean quantities consumed per person per day -- continued

Food (corresponding table)	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Vegetables and vegetable juices - continued													
Total Raw Cucumbers (2.019)	3	1	2	3 *	2 *	4	3	4	4	5	4		
Total Lettuce (2.020)	16	4	7	14	13	21	17	21	21	17	15		
Total Celery (2.021)	4	1	2	3	3	4	4	5	4	5	4		
Total Broccoli (2.022)	6	3	4	3	4	8	7	7	7	7	8		
Total Carrots (2.023)	10	5	7	7	6	10	11	12	10	14	12		
Total Tomatoes (2.024)	45	25	31	52	39	61	42	56	43	49	39		
Total String Beans (2.026)	8	5	5	4	3	8	7	10	8	12	10		
Total Cabbage (2.027)	5	2	2	3 *	2	6	3	8	7	10	8		
Total Peas (2.028)	5	3	4	4	2	5	4	7	5	7	6		
Total Corn (2.029)	10	8	11	10	7	10	11	16	8	12	8		
Total Onions (2.030)	12	4	6	13	9	18	12	16	12	13	10		
Total Peppers (2.031)	4	1	2	3	2	8	5	6	5	4	3		
Total White Potatoes (2.032)	51	30	36	68	45	71	42	63	43	61	44		
Total Dried Beans and Peas (2.033)	17	8	10	19	15	23	15	24	15	21	13		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.
 Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Appendix Table B. Mean quantities consumed per person per day -- continued

Food (corresponding table)	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Fruits and fruit juices													
Raw Oranges (1.043)	7	7	7	5	4	7	5	7	7	9	10		
Orange Juice (1.044)	55	50	54	78	66	66	47	51	46	54	50		
Raw Apples (1.045)	14	19	18	11	10	13	11	14	14	19	14		
Applesauce and Cooked Apples (1.046)	4	7	7	2 *	3 *	1	2	3	3	6	7		
Apple Juice (1.047)	14	53	19	16	21	10	10	11	5	8	7		
Raw Bananas (1.048)	16	15	11	9	6	13	13	20	18	29	23		
Total Oranges (2.034)	53	49	53	74	59	63	45	51	44	54	51		
Total Orange Juice (2.035)	42	37	42	64	51	51	36	40	32	41	37		
Total Grapefruit (2.036)	6	1	1 *	5 *	4 *	4 *	4	9	8	12	12		
Total Lemons (2.037)	2	1	1	3	3	3	2	3	2	2	1		
Total Lemon Juice (2.038)	2	1	1	3	2	2	2	2	2	2	1		
Total Apples (2.039)	35	88	49	33	38	28	27	32	25	37	31		
Total Apple Juice (2.040)	17	62	24	20	25	13	13	14	6	10	9		
Total Peaches (2.041)	4	3	4	3	4	2	3	4	4	8	7		
Total Bananas (2.042)	16	16	12	10	6	13	13	21	19	30	24		
Total Strawberries (2.043)	3	2	3	2	3	2	4	3	4	4	4		
Total Grapes (2.044)	12	27	17	9	13	10	9	11	9	12	10		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Appendix Table B. Mean quantities consumed per person per day -- continued

Food (corresponding table)	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Milk and Milk products		g											
Fluid Milk (1.049)	182	313	303	299	178	162	131	164	112	174	140		
Fluid Milk Consumed with Cereal (1.050, 2.046)	57	80	100	90	63	49	43	46	34	65	49		
Whole Milk (1.051)	57	147	104	97	58	53	40	42	25	45	29		
Whole Milk Consumed with Cereal (1.052)	17	41	40	27	22	13	12	8	6	13	10		
Lowfat Milk (1.053)	88	142	160	158	83	80	56	80	47	88	68		
Lowfat Milk Consumed with Cereal (1.054)	28	33	49	49	31	26	18	25	14	34	24		
Skim Milk (1.055)	34	18	32	41	35	27	34	41	39	40	41		
Skim Milk Consumed with Cereal (1.056)	12	5	10	12	10	10	13	12	14	17	14		
Cheese, Other Than Cream or Cottage (1.057)	13	10	11	19	11	21	12	13	10	9	6		
Ice Cream and Ice Milk (1.058, 2.049)	15	10	17	18	17	17	10	19	12	21	13		
Total Milk (2.045)	271	386	413	425	262	256	206	257	191	269	216		
Total Cheese Other than Cream or Cottage (2.047)	21	15	19	35	22	34	20	21	15	14	9		
Total Cottage Cheese (2.048)	4	2	2	3	4 *	3	3	5	4	6	6		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Appendix Table B. Mean quantities consumed per person per day -- continued

Food (corresponding table)	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Meat, fish, poultry, eggs, and peanut butter													
Beef Steaks (1.059)	10	3	5	8	6	19	8	16	6	9	5		
Beef Roasts (1.060)	4	1	2	6*	3	5	3	7	4	6	4		
Ground Beef (1.061)	25	13	21	43	25	42	19	29	18	19	14		
Ham (1.062)	4	1	2	4	2	5	2	5	3	5	4		
Pork Chops, Steaks, Roasts (1.063)	6	3	3	7	3	8	5	9	5	8	5		
Bacon (1.064)	2	1	1	2	1	2	1	2	2	2	2		
Pork Breakfast Sausage (1.065, 2.053)	1	1	1	1	1	2	1	2	1	3	1		
Frankfurters and Luncheon Meats (1.066)	19	17	20	24	15	30	14	24	13	18	11		
Canned Tuna (1.067, 2.056)	3	1	2	3	3	3	3	3	3	3	3		
Other Finfish (1.068)	6	3	4	5	3	6	5	9	6	9	9		
Total Chicken and Turkey (1.069, 2.057)	35	21	23	41	28	48	33	46	33	32	29		
Chicken (1.070)	21	14	15	24	18	28	20	26	19	19	16		
Turkey (1.071)	4	2	2	5	2	6	2	6	4	3	3		
Boiled, Poached, and Baked Eggs (1.072)	3	2	2	1*	2	3	2	3	3	4	4		
Fried Eggs (1.073)	7	5	5	7	4	8	5	10	6	10	6		
Scrambled Eggs (1.074)	4	3	3	5	3	6	3	5	3	5	3		
Peanut Butter (1.075)	2	4	4	3	2	2	1	2	1	2	1		
Total Beef (2.050)	48	23	35	70	42	80	38	64	36	45	30		
Total Pork (2.051)	16	8	10	20	11	23	13	23	13	22	13		
Total Bacon (2.052)	2	1	1	2	1	2	1	2	2	3	2		
Total Frankfurters and Luncheon Meats (2.054)	20	19	21	28	16	32	15	26	14	19	11		
Total Finfish (2.055)	10	4	6	8	6	10	8	13	10	14	13		
Total Eggs (2.058)	19	13	13	20	14	22	15	25	16	26	18		
Total Peanut Butter (2.059)	4	5	5	5	2	5	2	5	2	4	2		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Appendix Table B. Mean quantities consumed per person per day -- continued

Food (corresponding table)	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Other beverages													
Coffee (1.076, 2.060)	255	#	3 *	17	11	271	221	507	401	449	361		
Coffee, with Caffeine (1.077, 2.061)	224	#	2 *	17	10	261	207	458	340	356	280		
Coffee, Decaffeinated (1.078, 2.062)	31	#	#	#	1 *	10	13	49	62	92	81		
Tea (1.079, 2.063)	123	20	31	83	73	161	136	163	166	124	146		
Soft Drinks (1.080, 2.064)	333	100	203	592	387	555	391	357	283	150	112		
Soft Drinks, Not Diet, With Caffeine (1.081, 2.065)	193	51	107	440	271	381	208	185	107	60	40		
Soft Drinks, Not Diet, Caffeine-Free (1.082, 2.066)	60	39	73	126	77	79	65	57	40	26	23		
Soft Drinks, Diet, With Caffeine (1.083, 2.067)	54	5	14	16	30	74	85	76	86	34	25		
Soft Drinks, Diet, Caffeine-Free (1.084, 2.068)	26	4	10	10	9	21	34	38	50	31	24		
Fruit Drinks (1.085, 2.069)	87	124	136	194	130	101	73	67	45	41	34		
Beer (1.086, 2.070)	78	0	#	40 *	6 *	246	48	160	29	74	7		
Wine (1.087)	9	0	0	#	1 *	8	10	15	16	15	11		
Total Wine (2.071)	9	#	#	#	1 *	8	11	15	16	15	11		
Soups (1.088, 2.072)	52	37	33	51	40	55	52	58	47	77	66		
Chips and popcorn													
Potato Chips (1.089, 2.073)	4	3	5	7	4	7	3	4	3	2	1		
Corn Chips (1.090, 2.074)	4	3	5	9	8	6	4	3	2	1	1		
Popcorn (1.091, 2.075)	2	1	2	2	2	3	2	3	2	2	1		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a value greater than 0 but less than 0.5.

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Appendix Table B. Mean quantities consumed per person per day -- continued

Food (corresponding table)	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Condiments, gravies, and fats													
Prepared Mustard (1.092)	1	#	1	2	1	2	1	2	1	1	#		
Tomato Catsup (1.093)	3	3	4	8	5	5	2	2	1	1	1		
Total Soy-Based Sauces (1.094, 2.078)	1	#	#	1	1	2	1	1	1	1	#		
Cucumber Pickles (1.095)	3	1	3	3	3	4	2	3	2	2	2		
Fluid Cream (1.096)	2	#	#	#	#	2	2	3	2	3	2		
Powdered Cream Substitute (1.097, 2.082)	#	#	#	#	#	#	1	1	1	#	#		
Margarine, All Types, Reported Separately (1.098, 2.084)	2	1	2	2	2	2	2	3	3	4	3		
Margarine, Stick (1.099)	1	#	1	1	1	1	1	1	1	1	1		
Margarine, Soft (1.100)	1	1	1	1	1	1	1	2	2	2	1		
Margarine, Imitation (1.101)	#	#	#	#	#	#	#	1	#	1	1		
Butter (1.102)	1	1	1	1	1	2	1	1	1	2	1		
Pourable Salad Dressing (1.103, 2.087)	5	1	2	3	3	6	5	7	7	6	4		
Mayonnaise (1.104)	2	1	1	3	1	3	2	2	1	1	1		
Mayonnaise-Type Dressing (1.105)	1	#	1	1	1	1	#	1	1	#	#		
Gravy (1.106, 2.089)	4	1	3	5	4 *	5	3	6	3	6	3		
Total Prepared Mustard (2.076)	1	#	1	2	1	2	1	2	1	1	1		
Total Tomato Catsup (2.077)	3	4	4	9	5	6	2	3	1	1	1		
Total Soy-Based Sauces (2.078)	1	#	#	1	1	2	1	1	1	1	#		
Total Cucumber Pickles (2.079)	3	1	3	4	4	5	3	5	3	3	3		
Total Sour Cream (2.080)	2	1	1	1	2	3	2	2	2	1	1		
Total Fluid Cream (2.081)	6	3	5	6	5	8	5	8	6	9	6		
Total Margarine (2.083)	6	4	5	7	5	7	5	8	6	9	7		
Total Butter (2.085)	2	2	2	3	2	3	2	3	2	3	2		
Total Vegetable Oil (2.086)	18	11	15	25	17	25	16	21	16	15	11		
Total Mayonnaise and Mayonnaise-Type Dressing (2.088)	5	2	2	6	4	7	4	7	5	5	4		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a value greater than 0 but less than 0.5.

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

Appendix Table B. Mean quantities consumed per person per day -- continued

Food (corresponding table)	All individuals age 2 and over	Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females	Males	Females
Number in sample	14,262	2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
Sugars, candies, and jellies		g											
Syrup (1.107, 2.090)	3	4	6	6	4	5 *	2	3	2	3	2		
Sugar (1.108)	6	2	2	5	4	9	6	8	6	6	4		
Candy Containing Chocolate (1.109, 2.093)	4	3	5	7	5	5	4	5	4	3	2		
Candy Not Containing Chocolate (1.110, 2.094)	2	4	5	5	4	2	2	2	2	1	1		
Jelly, Jams, Preserves, and Marmalade (1.111, 2.095)	2	3	3	3	2	2	2	2	2	3	2		
Total Sugar (2.091)	44	39	54	74	50	53	41	44	33	36	29		
Total Honey (2.092)	1	#	#	1	#	1	1	1	1	1	1		
Total Artificial Sweetener (2.096)	#	#	#	#	#	#	#	1	1	1	#		

* Indicates a statistic that is potentially unreliable because of small sample size or large coefficient of variation.

Indicates a value greater than 0 but less than 0.5.

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

APPENDIX C.

MINIMUM AND MAXIMUM VALUES OF FOODS REPORTED BY SUBGROUPS FOR WHICH PERCENTILES COULD NOT BE ESTIMATED BECAUSE OF TOO FEW REPORTS OVERALL OR TOO MANY REPORTS OF EXACTLY THE SAME MAGNITUDE

Appendix Table C. Minimum and maximum quantities of food reported by subgroups for which percentiles could not be estimated because of too few reports overall or too many reports of exactly the same magnitude

Food (corresponding table)		Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample		2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
		g											
Oatmeal (1.014)	minimum	---	---	117	147	---	---	---	---	---	---		
	maximum	---	---	585	478	---	---	---	---	---	---		
Macaroni and Cheese (1.020)	minimum	---	---	---	---	---	---	---	5	---	---		
	maximum	---	---	---	---	---	---	---	486	---	---		
Spaghetti with Tomato Sauce (1.021)	minimum	---	---	248	---	---	---	---	---	---	---		
	maximum	---	---	2,356	---	---	---	---	---	---	---		
Raw Cucumbers (1.023)	minimum	---	---	7	---	---	---	---	---	---	---		
	maximum	---	---	280	---	---	---	---	---	---	---		
Mixed Lettuce-Based Salad (1.025)	minimum	---	---	9	2	55	---	---	---	---	14		
	maximum	---	---	146	261	438	---	---	---	---	330		
Cooked Broccoli (1.026)	minimum	---	---	34	---	---	---	---	---	---	---		
	maximum	---	---	312	---	---	---	---	---	---	---		
Cooked Carrots (1.027)	minimum	---	---	8	3	---	---	---	---	---	---		
	maximum	---	---	185	175	---	---	---	---	---	---		
Coleslaw (1.032)	minimum	---	4	12	4	---	---	---	---	---	---		
	maximum	---	184	276	184	---	---	---	---	---	---		
Cooked Peas (1.033)	minimum	---	---	21	10	---	---	---	---	---	---		
	maximum	---	---	240	340	---	---	---	---	---	---		

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Appendix Table C. Minimum and maximum quantities of food reported by subgroups for which percentiles could not be estimated because of too few reports overall or too many reports of exactly the same magnitude

Food (corresponding table)		Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample		2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
		g											
Raw Onions (1.035)	minimum	---	2	---	---	---	---	---	---	---	---		
	maximum	---	115	---	---	---	---	---	---	---	---		
Boiled Potatoes (1.039)	minimum	---	10	77	39	---	---	---	---	---	---		
	maximum	---	294	567	311	---	---	---	---	---	---		
Baked Beans (1.042)	minimum	---	---	24	---	---	5	---	---	---	---		
	maximum	---	---	381	---	---	605	---	---	---	---		
Raw Oranges (1.043)	minimum	---	---	66	---	---	---	---	---	---	---		
	maximum	---	---	786	---	---	---	---	---	---	---		
Applesauce and Cooked Apples (1.046)	minimum	---	---	64	61	32	---	---	---	---	---		
	maximum	---	---	255	510	510	---	---	---	---	---		
Apple Juice (1.047)	minimum	---	---	---	124	---	---	---	19	16	---		
	maximum	---	---	---	1,488	---	---	---	496	496	---		
Raw Bananas (1.048)	minimum	---	---	---	13	---	---	---	---	---	---		
	maximum	---	---	---	236	---	---	---	---	---	---		
Whole Milk Consumed with Cereal (1.052)	minimum	---	---	---	---	---	61	61	---	---	---		
	maximum	---	---	---	---	---	610	488	---	---	---		

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Food (corresponding table)		Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample		2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
		g											
Skim Milk Consumed with Cereal (1.056)	minimum	---	---	61	---	---	---	---	---	---	---		
	maximum	---	---	613	---	---	---	---	---	---	---		
Beef Roasts (1.060)	minimum	---	---	---	9	---	---	---	---	---	---		
	maximum	---	---	---	320	---	---	---	---	---	---		
Pork Breakfast Sausage (1.065)	minimum	---	---	13	---	---	---	---	---	---	---		
	maximum	---	---	170	---	---	---	---	---	---	---		
Canned Tuna (1.067)	minimum	---	---	14	---	---	---	---	---	---	---		
	maximum	---	---	170	---	---	---	---	---	---	---		
Coffee (1.076)	minimum	30	59	---	89	---	---	---	---	---	---		
	maximum	237	498	---	947	---	---	---	---	---	---		
Coffee, with Caffeine (1.077)	minimum	30	59	---	89	---	---	---	---	---	---		
	maximum	237	498	---	947	---	---	---	---	---	---		
Coffee, Decaffeinated (1.078)	minimum	59	118	296	237	---	---	---	---	---	---		
	maximum	59	298	296	238	---	---	---	---	---	---		
Soft Drinks, Diet, Caffeine-Free (1.084)	minimum	---	---	---	118	---	---	---	---	---	---		
	maximum	---	---	---	720	---	---	---	---	---	---		

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Appendix Table C. Minimum and maximum quantities of food reported by subgroups for which percentiles could not be estimated because of too few reports overall or too many reports of exactly the same magnitude

Food (corresponding table)		Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample		2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
		g											
Beer (1.086)	minimum	---	15	360	180	---	---	---	---	---	---		
	maximum	---	15	4,560	2,160	---	---	---	---	---	---		
Wine (1.087)	minimum	---	---	151	157	---	---	---	---	---	15		
	maximum	---	---	157	386	---	---	---	---	---	944		
Fluid Cream (1.096)	minimum	5	5	5	1	---	---	---	---	---	---		
	maximum	182	71	76	121	---	---	---	---	---	---		
Powdered Cream Substitute (1.097)	minimum	1	2	2	3	---	---	---	---	---	---		
	maximum	1	7	6	12	---	---	---	---	---	---		
Margarine, Imitation (1.101)	minimum	---	---	2	1	---	1	---	---	---	---		
	maximum	---	---	40	15	---	44	---	---	---	---		
Butter (1.102)	minimum	---	1	1	1	---	---	---	---	---	---		
	maximum	---	85	114	28	---	---	---	---	---	---		
Mayonnaise-Type Dressing (1.105)	minimum	---	---	---	2	---	---	---	---	---	---		
	maximum	---	---	---	30	---	---	---	---	---	---		
Syrup (1.107)	minimum	---	---	7	---	7	---	---	---	---	---		
	maximum	---	---	315	---	315	---	---	---	---	---		

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Appendix Table C. Minimum and maximum quantities of food reported by subgroups for which percentiles could not be estimated because of too few reports overall or too many reports of exactly the same magnitude

Food (corresponding table)		Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample		2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
		g											
Oatmeal (2.014)	minimum	---	---	117	177	---	---	---	---	---	---		
	maximum	---	---	702	478	---	---	---	---	---	---		
Total Raw Cucumbers (2.019)	minimum	---	---	2	---	---	---	---	---	---	---		
	maximum	---	---	280	---	---	---	---	---	---	---		
Total Broccoli (2.022)	minimum	---	---	8	---	---	---	---	---	---	---		
	maximum	---	---	310	---	---	---	---	---	---	---		
Total Grapefruit (2.036)	minimum	---	---	---	0	---	---	---	---	---	---		
	maximum	---	---	---	371	---	---	---	---	---	---		
Pork Breakfast Sausage (2.053)	minimum	---	---	13	---	---	---	---	---	---	---		
	maximum	---	---	170	---	---	---	---	---	---	---		
Canned Tuna (2.056)	minimum	---	---	14	---	---	---	---	---	---	---		
	maximum	---	---	208	---	---	---	---	---	---	---		
Coffee (2.060)	minimum	30	59	---	79	---	---	---	---	---	---		
	maximum	237	355	---	947	---	---	---	---	---	---		
Coffee, With Caffeine (2.061)	minimum	30	59	---	118	---	---	---	---	---	---		
	maximum	237	1,138	---	947	---	---	---	---	---	---		

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

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Food (corresponding table)		Age (years) and sex											
		2-5		6-11		12-19		20-39		40-59		60 and older	
		Males and females	Males and females	Males	Females	Males	Females	Males	Females	Males	Females		
Number in sample		2,109	1,432	696	702	1,543	1,449	1,663	1,694	1,545	1,429		
		g											
Coffee, Decaffeinated (2.062)	minimum	59	118	296	237	---	---	---	---	---	---		
	maximum	59	298	296	238	---	---	---	---	---	---		
Soft Drinks, Diet, Caffeine-Free (2.068)	minimum	---	---	---	118	---	---	---	---	---	---		
	maximum	---	---	---	1,080	---	---	---	---	---	---		
Beer (2.070)	minimum	---	15	360	360	---	---	---	---	---	---		
	maximum	---	15	4,560	2,160	---	---	---	---	---	---		
Total Wine (2.071)	minimum	---	0	---	---	---	---	---	---	---	---		
	maximum	---	36	---	---	---	---	---	---	---	---		
Powdered Cream Substitute (2.082)	minimum	1	2	2	3	---	---	---	---	---	---		
	maximum	1	6	6	12	---	---	---	---	---	---		
Syrup (2.090)	minimum	---	---	7	---	7	---	---	---	---	---		
	maximum	---	---	315	---	315	---	---	---	---	---		

Source: USDA's Continuing Survey of Food Intakes by Individuals, 1994-96, 2 days.

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