Household Food Consumption Survey 1965-66
Report No. 18

Linda Ingverse

DIETARY LEVELS OF HOUSEHOLDS IN THE UNITED STATES SEASONS AND YEAR 1965-66

U.S. Department of Agriculture
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DIETARY LEVELS OF HOUSEHOLDS IN THE UNITED STATES, SEASONS AND YEAR 1965-66

By Consumer and Food Economics Institute, Agricultural Research Service

HIGHLIGHTS

- In the spring, summer, and fall of 1965 and the winter of 1966, amounts of foods used in households across the country were sufficient, on the average, to provide diets meeting the Recommended Dietary Allowances set in 1963 by the National Academy of Sciences–National Research Council for calories and protein; for the minerals–calcium and iron; and for vitamins–vitamin A value, thiamin, riboflavin, and ascorbic acid.

- Half of the diets in each season met the allowances for all the nutrients studied. These diets were rated "good."

- A significantly larger proportion of diets in the spring (21 percent) supplied less than two-thirds of the recommended allowances for one or more nutrients than in each of the other three seasons (18 percent). These diets were rated "poor." The occurrence of poor diets is not necessarily synonymous with hunger and malnutrition.

- Although ascorbic acid, vitamin A value, and calcium were problem nutrients in every season, diets short by more than one-third of the allowances for ascorbic acid and vitamin A occurred more often in the spring; calcium shortages were more frequent in the summer than in fall or winter.

- At least one-half of the urban and farm diets in the four seasons met the allowances for all seven nutrients studied. The proportion of diets of farm households rated good rose to 60 percent in the summer.

- The incidence of poor diets in urban and farm households was higher in the spring than in the other seasons. Substantially fewer farm diets were rated poor during the survey's summer months.

- Relatively more farm than urban diets were below two-thirds of ascorbic acid and vitamin A value allowances in the spring. In contrast, during the summer urban diets more often supplied less than this proportion of allowances for calcium.

- In the spring when vitamin A value and ascorbic acid were most often short, prices of fresh produce were relatively higher than in the other three seasons. Fresh fruit and vegetables were not yet available from home gardens in most of the country and home-preserved supplies, particularly among the farm households, from the preceding year were depleted.

- Calcium shortages in urban diets during the summer were associated with lower consumption rates for fresh and processed milk and enriched grain products compared with other seasons.

- In each of the four seasons, the money value of food used per person in a week by urban households averaged higher and varied less than for farm households. Farm households used food worth 10 percent more in summer than in spring and 10 percent less in fall than in summer.

- Seasonal variations in amounts of nutrients furnished by a dollar's worth of food were slight in the urban diets. Fall diets in the farm sector furnished larger supplies of most nutrients from a dollar's worth of food than those in other seasons.

INTRODUCTION

This report on the nutritive value of household diets presents averages for households in four urbanization groupings and 12 income levels for the year 1965-66. For the spring, summer, and fall of 1965 and the winter of 1966 averages for households are given in the several urbanizations without income breaks. This is the first time the U.S. Department of Agriculture has obtained data on the seasonal variations in food consumption and the dietary situation from a nationwide sample of households.

This survey, which began in April 1965 and continued through March 1966, is part of the Department's ongoing research program on the food and nutrition of man started around 1900. Information on the kinds and quantities of food people eat as well as the amount of money they spend for food contributes to the knowledge of food habits in the United States. The nutrient content of the food reported as consumed indicates the dietary levels of different groups within the population. Thus, nationwide food consumption surveys supply benchmarks to appraise trends, measure current variations, and identify needs for new changes in policies and new programs that will benefit the consumer. This information serves many needs.

- Congress, the Department of Agriculture, and other Federal agencies use these data to formulate public policies and to develop and administer public programs that relate to the production, marketing, regulation, and distribution of food.

- Research and development laboratories, food manufacturers, and food industries use these data to bring the processing and marketing of food closer to the needs and wants of consumers.

- Nutritionists, home economists, educators, and welfare workers use these data to assess the current nutritive value of diets of the population in the four seasons and to develop guidelines and programs for improving nutrition levels in the United States.

To obtain information on the Nation's dietary situation, the Department has made five nationwide surveys of food consumption over the past 30 years—in 1936, 1942, 1948 (urban only), 1955, and 1965-66. Unlike earlier surveys, data were collected for four seasons in the 1965-66 nationwide survey. Approximately 7,500 housekeeping households of one or more members were interviewed in the spring of 1965 (April-June), and 2,500 households were surveyed in each of the following three seasons: Summer 1965 (July-September), fall 1965 (October-December), and winter 1966 (January-March). Each of these seasonal samples was representative of the universe of housekeeping households but did not involve the same households. When the seasonal averages were combined for the year average, the smaller samples for summer, fall, and winter were given a weight of three.

Accordingly, the data for the year measure the average nutritive value of diets and the proportions of good and poor diets, as defined for this survey. Annual data in this report permit the appraisal and comparison of the dietary situation of population groups by region, urbanization, and income. The distributions of household diets with specified amounts of nutrients and the average quantity and money value per person of major foods (categorized in nutrition groups) can be used to evaluate diets by alternative definitions of quality. Because different households were surveyed in each season, a meaningful annual figure of the percentage of households using foods in a week cannot be devised.

For the individual seasons, this publication contains information on the average nutritive value of diets and diet adequacy. Data on the average quantity and money value per person for major foods and the percentage of households using major foods during a week, classified in nutrition groups, are also presented. No information for households subdivided by income categories is provided for the four seasons. Spring data by income classification for the United States were published in an earlier report (*3*).[1]

Summer, fall, and winter data by income are not being published because the smaller sample sizes used in these seasons yielded unreliable data for some of the income subgroups. However, the data for income groups are available on request from the Consumer and Food Economics Institute, ARS.

Households were selected to represent housekeeping households in each of the four census regions during each of the four seasons. Metropolitan areas, cities of various sizes, rural farm and nonfarm areas in the conterminous United States were surveyed. To permit adequate farm coverage, farm-operator households were oversampled. Persons living on military reservations, in institutions, and in rooming and boarding houses were excluded. A more detailed description of the sample design for the United States and its analysis are presented in Report No. 12 of the Household Food Consumption Survey Series. (*4*)

Experienced interviewers collected the data by personal interview with a knowledgeable household member, usually the homemaker. They used a detailed food list to help the homemaker recall the kinds, quantities, and costs of foods, including alcoholic and other beverages, used at home during the 7 days preceding the interview as well as a count of meals eaten at home and away from home by each household member. Expenditures for meals and snacks away from home paid for by family members were also obtained. In addition to family income, other household data, including the age, education, and employment of the homemaker, were collected for analyses. Households in the spring sample were also asked about the kinds of food that were home produced and home preserved during 1964.

Although consumption of a food by an individual family during a week often differs from the quantity purchased, average consumption for a large number of families tends to equal average purchases. As in earlier USDA surveys, food consumption is measured at the level at which the foods come into the kitchen.

[1] Italic numbers in parentheses refer to List of References, p. 189.

Nutrients in the food reported used during the week were calculated from tables of food composition, mostly those in Agriculture Handbook 8. (*6*) Table 2 in Handbook 8, "Nutrients in the edible portion of one pound of food as purchased," was the principal table used. Estimates of average losses of vitamins during cooking were deducted from food composition values before they were applied to the food quantities. Because of discards of edible food in preparation and as table waste, the calorie and nutrient levels of food actually eaten were probably below the levels calculated.

BASIS FOR EVALUATION OF DIETS

The Recommended Dietary Allowances are daily calorie and nutrient intakes judged by scientists of the Food and Nutrition Board to be adequate for maintaining good nutrition in essentially all healthy persons in the United States under current conditions of living. The allowances provide a margin of sufficiency above average physiological requirements for each nutrient, but not for calories, to cover variations in needs among individuals. The Food and Nutrition Board cautions, "It should not be assumed that food practices are necessarily poor or malnutrition exists because the recommendations are not completely met." There is no way to relate the findings from this food consumption study directly to malnutrition and the health of Americans. Nutritional status of groups or individuals must be judged on the basis of physical, biochemical, and clinical observations.

The Food and Nutrition Board states that the allowances are intended to serve "as guides for the interpretation of food consumption records of groups of people." In the study reported here, they have been considered as reasonable benchmarks to make comparisons among population groups and to indicate trends in dietary quality. Their use has been limited to evaluating diets of groups of persons—those in households, those in income classes, and those in regional and urbanization groups—by season.

In this survey, a diet was rated good if the nutritive value of the total food brought into the kitchen for use by the household during the week equaled or exceeded the total allowance for each of seven nutrients for all persons eating from the household food supply. A diet was rated poor if it supplied less than two-thirds of the allowances for one or more nutrients. Two-thirds of the allowance has been considered in this and other household surveys of the Department as a level below which diets could be nutritionally inadequate for individuals over an extended period of time. Between the households with good and poor diets were those with diets that provided at least two-thirds of the allowances for all seven nutrients and less than the allowance for at least one nutrient. Such diets were labeled "fair."

Detailed information was collected only on food used from the home food supply during the week. In rating diets of households, an adjustment was made for food eaten away from home by comparing the nutritive value of food at home with the proportion of the recommended allowance for household members represented by their meals at home. A rating determined in this way assumes that a meal eaten away had the same average nutritive value as a meal eaten at home. For a detailed explanation of the rating of diets, see Definitions and Explanations, "Household Size in Equivalent Nutrition Units."

As indicated earlier, the nutritive value of the household food supply used in rating diets included not only values of foods eaten by household members but also edible foods that were discarded in the kitchen and at the table. Therefore, this report probably overestimates the number of household diets that met allowances. No information was obtained on how food used during the week was distributed among family members. Unless it was divided according to nutritional need, some members of the family might not have had diets that met allowances even though the household diet was rated good. On the other hand, if the household food supply did not provide the total allowances of the family, some, if not all, members had diets that did not meet allowances.

Usually, if the allowances are not met, the nutrient shortages can be corrected by a better selection of food. For this reason, failure to meet the allowances should not be interpreted as need for indiscriminate fortification of foods with vitamins and minerals or self-prescribed supplementation of individual diets. The seasonal differences in the kinds and quantities of food used and the nutrients supplied by the food point to the need for expanded efforts in consumer education and indicate where improvements can be made to compensate for the seasonal variations in food supplies.

Awareness of foods that make up a good diet, a desire to choose these foods, and sufficient money to buy adequate food must become more widespread if most U.S. households are to have good diets from season to season.

RESULTS

Seasonal Variations for All Households

Dietary Evaluation

Food consumed in U.S. households in the spring, summer, and fall of 1965 and the winter of 1966 was sufficient, on the average, to provide nutrients in quantities that met or exceeded the Recommended Dietary Allowances (RDA). These standards of reference, used for the survey, were set in 1963 by the Food and Nutrition Board of the National Academy of Sciences–National Research Council for calories and protein, for the minerals–calcium and iron; and for vitamins–vitamin A value, thiamin, riboflavin, and ascorbic acid.

Little season-to-season variation occurred in the proportion of diets meeting the RDA for food energy and each of the seven nutrients. Almost nine out of 10 diets throughout the Nation furnished allowances recommended for food energy during the four seasons. One-half of the diets, in each season, met the recommended dietary allowances for all seven of the nutrients studied, other than food energy. About 90 percent or more of all the diets supplied the recommended allowances for protein, iron, thiamin, and riboflavin. For vitamin A value and ascorbic acid, fewer diets met the allowances, ranging from 73 to 79 percent of the RDA among the four seasons. About 70 percent of the diets met the recommendations for calcium in every season.

Another way of evaluating diet quality is by reference to the proportion of the diets falling below recommended levels for one, two, and three or more nutrients. With one exception, there was little variation among the seasons, with an average of about 45 percent of the diets short of the recommendations for one nutrient, 26 percent short for two nutrients, and 29 percent for three or more. The single exception was the greater proportion of diets in the spring than in fall that failed to meet the allowances for three or more nutrients.

Notable seasonal variation in diet quality did appear when the diets were evaluated by the standards of two-thirds of the recommended allowance. The proportion of diets that supplied less than two-thirds of the allowances for one or more nutrients in the spring was significantly larger (21 percent) than in each of the other three seasons (18 percent).

The diets across the country failed most frequently to provide two-thirds of the allowances recommended for ascorbic acid, vitamin A value, and calcium. Although these nutrients were a problem in every season, diets short by more than one-third of the recommendations for ascorbic acid and vitamin A value occurred more often in the spring; calcium shortages were significantly more frequent in the summer than in fall or winter. The proportions of U.S. diets falling below two-thirds of the allowances for these nutrients were:

Season	Diets providing less than two-thirds allowance		
	Calcium	Vitamin A value	Ascorbic acid
	Percent	*Percent*	*Percent*
Spring	7.9	9.5	12.9
Summer	9.2	6.7	8.9
Fall	6.3	6.9	10.7
Winter	7.1	7.8	8.8

In each season, less than 2 percent of the diets failed to meet two-thirds of the 1963 allowances for protein, iron, thiamin, and riboflavin.

Food Sources

The problems with relatively short supplies of particular nutrients in certain seasons can be traced to seasonally low consumption rates for particular foods. Calcium shortages in the summer were associated with relatively low consumption of fresh fluid milk, dark-green and deep-yellow vegetables, and enriched grain products.

In the spring survey period when diets were more frequently short of ascorbic acid and vitamin A value, fruits and vegetables, as a group, were used in smaller quantities per person than in the other seasons. Some of this spring problem arose from lower supplies of home-produced vegetables and fruit, an important source of these nutrients.

Citrus and other vitamin C-rich fruits were consumed in smaller quantities in the spring season than in winter and summer. Consumption of tomatoes had not yet reached its seasonal peak, which comes in summer. Potatoes are another important source of ascorbic acid. In the spring, potato consumption was below the rates of use in winter and fall.

Dark-green and deep-yellow vegetables were major sources of vitamin A in each season. These foods were consumed in relatively small quantities during the spring compared with seasonal highs in the fall.

Nutrient Supplies Related to Money Value

For the country as a whole, there was little seasonal variation in the amounts of nutrients from a dollar's worth of food consumed at home. The quantities of

nutrients that were furnished by a dollar's worth of food for the United States are given in the following tabulation: [2]

Season	Nutrients furnished by a dollar's worth of food								Money value per person per week
	Food energy	Protein	Calcium	Iron	Vitamin A value	Thiamin	Ribo-flavin	Ascorbic acid	
	Cal.	*G.*	*Mg.*	*Mg.*	*I.U.*	*Mg.*	*Mg.*	*Mg.*	*Dol.*
Spring	2,548	84.0	883	15.5	5,817	1.25	1.89	80	8.79
Summer	2,502	81.1	863	15.0	5,960	1.22	1.84	83	8.81
Fall	2,582	85.1	916	15.7	6,344	1.27	1.93	79	8.76
Winter	2,514	83.0	914	15.4	5,831	1.25	1.90	85	8.71

Seasonal Varieties in Urban and Farm Diets

Dietary Evaluation

At least one-half of the urban and farm diets sampled in each of the four seasons met the allowances for all seven nutrients. The proportion of diets of the farm households meeting or surpassing this standard rose to 60 percent during the summer.

More than one-fifth of the urban and farm diets in the spring fell below two-thirds of the allowances for one or more of the nutrients studied--the level at which diets were rated as "poor." The incidence of these poor diets among the urban families was about the same in summer as in spring, but lower in fall or winter. For households in the farm sector, the proportion of diets rated poor was notably highest in the spring. In the summer, however, when fresh produce was more readily available from home gardens, households in this sector had substantially fewer poor diets than in any other season of the survey year. Proportions of urban and farm diets in the four seasons of the year, 1965-66, providing recommended allowances for all of the nutrients and less than two-thirds of the allowances were:

[2] The formula used for calculating nutrients furnished by a dollar's worth of food was as follows:

$$\frac{\text{Amount of nutrient from food used per person}}{\text{Money value of all food per person}} = \text{Amount of nutrient supplied by a dollar's worth of food}$$

Money value of food includes value of food bought, at prices reported by households plus value of food that was home-produced or received as gift or pay, based on local retail prices.

Season	Diets providing--			
	Allowances for 7 nutrients		Less than two-thirds allowances for one or more nutrients	
	Urban	Farm	Urban	Farm
	Percent	*Percent*	*Percent*	*Percent*
Spring	50.2	48.5	20.6	22.8
Summer	49.7	59.7	18.4	13.1
Fall	50.7	52.9	16.8	19.0
Winter	48.9	54.4	16.7	17.8

Some notable variations with season occurred among urban and farm samples in the frequency of diets low in the problem nutrients--ascorbic acid, vitamin A value, and calcium--as well as in the differences between the two urbanizations.

Compared with summer, fall, and winter, a larger proportion of urban diets supplied less than two-thirds of the allowance for ascorbic acid in spring. The incidence of farm diets below the lower level for ascorbic acid was also larger in spring than summer or winter, but was about the same in spring and fall. Moreover, notably fewer farm diets were low in ascorbic acid during the summer than in any other season.

Substantially more urban diets fell short of two-thirds of the recommendations for vitamin A value in the spring than in summer or fall; proportions for winter and spring were about the same. Among the farm households, more diets in the spring than all other seasons were found to be low in vitamin A value.

For both urbanizations, urban and farm, spring appeared to be the season when ascorbic acid and vitamin A value were more likely to be short in the diets. The spring problem with these two nutrients occurred more often among farm than urban diets. In contrast, urban diets were more frequently below two-thirds of calcium allowances in the summer, while the incidence of farm diets with low calcium was not significantly different among the four seasons. The proportions of diets below two-thirds of the allowances for these three nutrients in the urban and farm sectors, by season, were as follows:

Season	Diets providing less than two-thirds allowance					
	Calcium		Vitamin A value		Ascorbic acid	
	Urban	Farm	Urban	Farm	Urban	Farm
	Percent	*Percent*	*Percent*	*Percent*	*Percent*	*Percent*
Spring	8.4	6.8	8.6	11.7	12.0	16.7
Summer	10.1	6.4	5.9	6.1	9.0	7.7
Fall	6.8	5.3	6.4	6.6	9.5	13.7
Winter	7.3	5.1	7.2	8.2	7.4	12.5

Food Sources

Seasonality in supplies of these problem nutrients among urban and farm diets was associated with seasonal differences in the use of foods generally recognized as good sources. In the spring, when vitamin A value and ascorbic acid were more often short, prices of fresh produce were relatively higher than in the other three seasons. Fresh fruits and vegetables were not yet available from home gardens in most of the country, and home-preserved supplies from the preceding year were depleted.

Dark-green and deep-yellow vegetables made their major contribution to vitamin A value in the fall. In that season, about two-thirds of the dark-green and deep-yellow vegetables used by farm households were home produced. Tomatoes and noncitrus fruit supplied more vitamin A to the summer diets of both urbanization groups than during the other three seasons. Farm households produced three-fourths of their tomatoes and two-fifths of their fruit (other than citrus) used at home.

The largest amounts of citrus, per person, were consumed in the winter by both urban and farm households. Summer citrus consumption by both groups was the lowest of the four seasons. However, the large quantities of tomatoes and other fruit used during the summer, particularly in the farm sector, tended to offset the shorter supplies of ascorbic acid from citrus. In every season, urban consumption of citrus averaged higher than farm use.

Calcium shortages in urban diets during the summer were associated with lower consumption rates for fresh and processed milk and enriched grain products compared with other seasons. Farm households used 70 percent more enriched grain products per person than urban households in the summer; in the three remaining seasons, the differential was a little smaller.

Nutrient Supplies Related to Money Value and Food

Regardless of the season, money value of food consumed per person in a week averaged higher for urban than farm households. A dollar's worth of food in farm diets, however, provided larger amounts of most nutrients in each season.

Urban households used about $9.10 of food per person in a week during the spring and fall. In the summer and winter the average was only 20 cents lower. Likewise, there was only slight season-to-season variation in amounts of nutrients furnished by a dollar's worth of food in urban diets. Vitamin A value showed the most seasonal variation, but the maximum seasonal difference was a level only 8 percent higher in fall than in winter. The decline in consumption of dark-green and deep-yellow vegetables from fall to winter was associated with the decrease in vitamin A value furnished by a dollar's worth of food.

In the farm sector one notable seasonal shift in food dollars occurred from spring to summer. The average money value of farm food at home per person in a week increased from $7.98 in spring to $8.80 in summer, about 10 percent. This was largely due to the increased use of fresh and processed vegetables by farm families. The money value of these foods increased from $1.06 per person in spring to $1.52 in summer. Tomatoes accounted for about one-half of this increase. Another seasonal shift in money value of food used by farm families occurred when the average money value of food dropped from $8.80 per person in the summer to $7.88 in the fall. This decrease was due, in large part, to the decline in the money value of all vegetables, which averaged $1.52 in summer and 97 cents in fall.

Diets in the farm sector furnished larger supplies of most nutrients from a dollar's worth of food than in other seasons. The larger supplies of calcium per dollar in the fall came from relatively heavier use of enriched and whole grain products and the seasonal increase in use of dark-green and deep-yellow vegetables. The substantially larger amount of vitamin A per dollar in the fall reflects the higher consumption and lower average price for dark-green and deep-yellow vegetables. About two-thirds of these vegetables came from home production in this season. The larger amounts of ascorbic acid provided per dollar in the summer reflected a substantial increase in the use of tomatoes by farm households, again because of increased home production.

For urban and farm households, the nutrients furnished by a dollar's worth of food are given below:

Season	Nutrients furnished by a dollar's worth of food								Money value per person per week
	Food energy	Protein	Calcium	Iron	Vitamin A value	Thiamin	Ribo-flavin	Ascorbic acid	
	Cal.	*G.*	*Mg.*	*Mg.*	*I.U.*	*Mg.*	*Mg.*	*Mg.*	*Dol.*
Urban									
Spring	2,408	81.3	838	14.8	5,923	1.18	1.82	81	9.10
Summer	2,363	78.7	828	14.3	5,913	1.15	1.78	81	8.88
Fall	2,439	82.0	865	14.9	6,124	1.20	1.85	79	9.06
Winter	2,366	79.9	867	14.6	5,654	1.17	1.82	84	8.90
Farm									
Spring	3,175	97.6	1,058	18.8	5,904	1.55	2.21	79	7.98
Summer	2,971	90.2	969	17.5	6,270	1.47	2.08	91	8.80
Fall	3,219	98.3	1,103	18.8	7,805	1.58	2.26	82	7.88
Winter	3,113	95.2	1,099	18.3	6,939	1.54	2.24	85	8.07

GENERAL NOTES ON USE OF TABLES

The following notes contain information and explanations applicable to several tables. In addition, specific table notes, which appear after the tables, refer to a particular table, group of columns, or a single column of a table. Items to which specific notes refer are marked by the symbol ‡ on the table.

1. "All households" include households not classified by income.

2. Component items may not add to totals because of rounding or because the data for one or more component items are not given.

3. Data refer to food used at home during the week from all sources—purchased, home produced, and received as gift or pay; except in tables for the rural farm category showing data for home-produced food used at home during the week.

4. The asterisk (*) indicates some, but less than 1/2 of the value of 1 in the last digit shown in the column.

5. Cooking losses have been deducted from all vitamin values.

6. Averages per person or per nutrition unit and percentages of households are based on the total count in the cell (tables 3-5, 7-11, and 13-19). See table 1 for weighted proportion of cell counts. Percentages in table 12 are based only on households with diets furnishing less than allowances for one or more nutrients.

7. Data in tables 3, 5, and 13-19 are shown as averages per person. Twenty-one meals from home food supplies were counted as one person. The use of 21-meal-at-home-equivalent-persons adjusts for those family members who may have eaten meals away from home and nonfamily members who may have eaten from household food supplies. See Definitions and Explanations, "Household Size in Equivalent Meals."

8. Nutritive values of diets in table 4 are shown as averages per nutrition unit per day. Also, percentages in tables 7-12 are based on amounts of nutrients per nutrition unit in household diets. Diets of households of different sizes and compositions can be compared when their nutritive values are presented on a nutrition unit basis. See Definitions and Explanations, "Household Size in Equivalent Nutrition Units."

9. Groupings of food in this report, meaningful for nutritional analysis, are not the same as those in Report 12 (3), useful for marketing purposes.

10. Soups and mixtures are shown separately under food groups covering their main ingredients, with one exception. Those mainly meat, poultry, and fish are included in the group, "Other protein food."

11. Plate dinners are not shown separately but are included in totals for food groups covering their main ingredient, with one exception. Those mainly meat, poultry, or fish are included in the group, "Other protein food."

12. Table 19 shows the average money value of food used (21 meals at home) from all sources and the distribution of households having food of specified money value which can be used to indicate variation in total food consumption among households.

13. Data are not necessarily as precise as the amount of detail published may imply. Digits beyond significance are sometimes shown to enable users to regroup data.

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	HOUSEHOLDS		HOUSEHOLD SIZE								
				EQUIVALENT NUTRITION UNITS *							
	ACTUAL NUMBER	WEIGHTED PERCENT *	EQUIVALENT PERSONS *	FOOD ENERGY	PROTEIN	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBOFLAVIN	ASCORBIC ACID
(1)	(2A)	(2B)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
ALL URBANIZATIONS											
ALL HOUSEHOLDS,YEAR-	15,112	100.00	3.27	2.43	2.77	3.65	3.96	2.93	2.50	2.57	3.02
SPRING----------	7,532	25.32	3.29	2.45	2.78	3.67	3.99	2.94	2.48	2.58	3.08
SUMMER----------	2,551	25.07	3.37	2.51	2.85	3.77	4.08	3.01	2.60	2.65	3.11
FALL----------	2,518	24.51	3.24	2.39	2.73	3.57	3.90	2.90	2.48	2.53	2.98
WINTER----------	2,511	25.08	3.19	2.36	2.70	3.56	3.88	2.86	2.46	2.50	2.93
UNDER 1,000-------	674	3.91	2.04	1.36	1.71	2.15	2.31	1.86	1.45	1.52	1.91
1,000-1,999-------	1,293	8.14	2.32	1.59	1.97	2.51	2.65	2.13	1.71	1.75	2.17
2,000-2,999-------	1,322	8.22	2.91	2.09	2.48	3.16	3.35	2.63	2.19	2.24	2.72
3,000-3,999-------	1,489	9.41	3.13	2.29	2.63	3.44	3.71	2.78	2.36	2.42	2.88
4,000-4,999-------	1,454	9.59	3.54	2.61	2.93	3.93	4.25	3.09	2.69	2.74	3.20
5,000-5,999-------	2,121	15.38	3.43	2.54	2.87	3.81	4.15	3.02	2.60	2.67	3.14
6,000-6,999-------	1,503	10.99	3.63	2.72	3.04	4.07	4.43	3.20	2.78	2.86	3.33
7,000-7,999-------	1,213	9.31	3.67	2.77	3.08	4.12	4.53	3.23	2.81	2.90	3.38
8,000-8,999-------	869	6.52	3.54	2.69	3.01	4.01	4.40	3.17	2.74	2.82	3.29
9,000-9,999-------	654	5.07	3.63	2.76	3.09	4.11	4.51	3.26	2.84	2.89	3.34
10,000-14,999------	1,277	10.16	3.61	2.78	3.11	4.12	4.52	3.28	2.85	2.91	3.38
15,000 AND OVER----	425	3.30	3.58	2.74	3.11	4.10	4.51	3.29	2.82	2.88	3.38
URBAN											
ALL HOUSEHOLDS,YEAR-	8,600	100.00	3.17	2.34	2.67	3.53	3.85	2.83	2.41	2.47	2.92
SPRING----------	4,356	25.49	3.16	2.34	2.66	3.54	3.85	2.82	2.37	2.47	2.95
SUMMER----------	1,397	24.53	3.29	2.44	2.77	3.68	4.00	2.93	2.52	2.58	3.03
FALL----------	1,395	24.49	3.15	2.32	2.65	3.47	3.79	2.82	2.40	2.46	2.90
WINTER----------	1,452	25.49	3.07	2.26	2.58	3.42	3.75	2.75	2.35	2.39	2.82
UNDER 1,000-------	263	3.06	1.72	1.09	1.41	1.79	1.95	1.57	1.18	1.25	1.63
1,000-1,999-------	575	6.87	1.97	1.31	1.65	2.13	2.24	1.81	1.43	1.45	1.83
2,000-2,999-------	631	7.51	2.59	1.82	2.19	2.87	3.06	2.35	1.92	1.97	2.42
3,000-3,999-------	728	9.00	2.89	2.08	2.41	3.20	3.46	2.57	2.16	2.21	2.66
4,000-4,999-------	745	8.93	3.41	2.49	2.80	3.77	4.07	2.96	2.57	2.62	3.07
5,000-5,999-------	1,245	15.59	3.30	2.42	2.74	3.64	3.99	2.90	2.48	2.56	3.02
6,000-6,999-------	898	11.17	3.54	2.64	2.96	3.94	4.32	3.11	2.70	2.78	3.24
7,000-7,999-------	806	9.93	3.65	2.74	3.05	4.08	4.50	3.20	2.78	2.87	3.36
8,000-8,999-------	578	7.16	3.47	2.62	2.94	3.91	4.30	3.10	2.67	2.75	3.22
9,000-9,999-------	455	5.62	3.55	2.69	3.02	4.02	4.39	3.18	2.77	2.82	3.27
10,000-14,999------	890	11.44	3.59	2.76	3.10	4.10	4.49	3.27	2.84	2.90	3.36
15,000 AND OVER----	292	3.73	3.47	2.65	3.02	3.95	4.36	3.21	2.73	2.79	3.29

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	HOUSEHOLDS		HOUSEHOLD SIZE								
				EQUIVALENT NUTRITION UNITS ‡							
	ACTUAL NUMBER	WEIGHTED PERCENT ‡	EQUIVALENT PERSONS ‡	FOOD ENERGY	PROTEIN	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBOFLAVIN	ASCORBIC ACID
(1)	(2A)	(2B)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
RURAL NONFARM											
ALL HOUSEHOLDS,YEAR-	2,897	100.00	3.44	2.56	2.91	3.82	4.12	3.07	2.64	2.70	3.17
SPRING----------	1,439	24.75	3.50	2.62	2.97	3.88	4.20	3.11	2.65	2.76	3.26
SUMMER----------	501	25.86	3.43	2.56	2.92	3.80	4.09	3.08	2.66	2.70	3.17
FALL----------	474	24.46	3.35	2.48	2.82	3.69	3.99	2.97	2.55	2.61	3.06
WINTER----------	483	24.93	3.48	2.59	2.94	3.89	4.18	3.11	2.68	2.73	3.18
UNDER 1,000-------	174	5.73	2.10	1.40	1.77	2.19	2.32	1.92	1.48	1.55	1.95
1,000-1,999-------	296	10.96	2.63	1.85	2.28	2.85	3.01	2.44	1.95	2.01	2.51
2,000-2,999-------	257	9.12	3.34	2.43	2.84	3.48	3.63	3.00	2.54	2.59	3.09
3,000-3,999-------	271	9.49	3.45	2.57	2.94	3.74	4.00	3.08	2.64	2.70	3.17
4,000-4,999-------	299	10.97	3.76	2.81	3.13	4.19	4.54	3.27	2.87	2.95	3.42
5,000-5,999-------	400	15.06	3.72	2.80	3.13	4.21	4.57	3.29	2.88	2.94	3.42
6,000-6,999-------	309	11.01	3.85	2.91	3.24	4.38	4.70	3.40	2.98	3.05	3.54
7,000-7,999-------	237	8.51	3.67	2.79	3.09	4.14	4.53	3.24	2.83	2.91	3.38
8,000-8,999-------	148	5.22	3.74	2.84	3.18	4.28	4.66	3.36	2.92	2.98	3.47
9,000-9,999-------	107	4.04	3.90	2.96	3.30	4.42	4.88	3.48	3.08	3.11	3.55
10,000-14,999------	191	7.53	3.60	2.74	3.06	4.07	4.50	3.22	2.77	2.87	3.36
15,000 AND OVER----	60	2.36	3.80	2.92	3.27	4.45	4.86	3.45	2.99	3.06	3.57
RURAL FARM											
ALL HOUSEHOLDS,YEAR-	3,615	100.00	3.86	2.95	3.36	4.34	4.66	3.53	3.05	3.10	3.62
SPRING----------	1,737	25.59	3.99	3.06	3.47	4.48	4.79	3.63	3.10	3.21	3.79
SUMMER----------	653	28.38	3.98	3.04	3.44	4.48	4.80	3.62	3.18	3.20	3.66
FALL----------	649	25.02	3.83	2.93	3.34	4.35	4.68	3.51	3.05	3.07	3.57
WINTER----------	576	21.01	3.60	2.73	3.15	3.99	4.29	3.30	2.82	2.88	3.39
UNDER 1,000-------	237	6.50	3.60	2.66	3.09	3.97	4.20	3.27	2.80	2.82	3.33
1,000-1,999-------	422	11.68	3.49	2.59	3.03	3.81	4.05	3.20	2.71	2.74	3.25
2,000-2,999-------	434	12.84	3.89	2.93	3.38	4.20	4.48	3.55	3.05	3.09	3.66
3,000-3,999-------	490	13.89	4.01	3.07	3.44	4.49	4.81	3.60	3.16	3.22	3.71
4,000-4,999-------	410	11.67	3.82	2.91	3.32	4.36	4.69	3.48	3.01	3.06	3.56
5,000-5,999-------	476	14.28	3.78	2.89	3.29	4.22	4.52	3.46	2.96	3.04	3.52
6,000-6,999-------	296	8.80	3.81	2.93	3.31	4.37	4.73	3.48	3.02	3.07	3.57
7,000-7,999-------	170	5.34	4.17	3.24	3.62	4.84	5.27	3.80	3.32	3.39	3.93
8,000-8,999-------	143	4.27	4.00	3.19	3.58	4.62	4.96	3.74	3.27	3.33	3.84
9,000-9,999-------	92	2.82	4.02	3.15	3.58	4.64	5.04	3.76	3.25	3.30	3.83
10,000-14,999------	196	5.74	4.18	3.25	3.65	4.80	5.21	3.80	3.34	3.40	3.92
15,000 AND OVER----	73	2.17	4.73	3.73	4.15	5.67	6.00	4.32	3.86	3.89	4.44

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 2.--HOUSEHOLD COMPOSITION IN TERMS OF MEALS AT HOME

UNITED STATES

ALL URBANIZATIONS

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	TOTAL ‡	PERCENT OF TOTAL MEALS AT HOME												
		TOTAL 20 YEARS AND OVER	MEN					WOMEN						
			TOTAL	20-34 YEARS	35-54 YEARS	55-74 YEARS	75 YEARS AND OVER	TOTAL ‡	20-34 YEARS		35-54 YEARS		55-74 YEARS	75 YEARS AND OVER
									PREGNANT	OTHER	PREGNANT	OTHER		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
ALL HOUSEHOLDS, YEAR-	100.0	57.9	25.7	6.9	10.8	6.6	1.4	32.2	.5	8.6	.1	12.9	7.9	2.2
SPRING----------	100.0	57.5	25.5	6.9	11.0	6.2	1.4	32.0	.5	8.4	.1	13.2	7.6	2.1
SUMMER----------	100.0	57.3	25.4	7.0	10.5	6.6	1.3	31.9	.6	8.1	*	12.8	8.3	2.0
FALL----------	100.0	58.8	26.1	7.1	10.9	6.6	1.5	32.7	.5	8.9	.1	12.9	8.0	2.3
WINTER----------	100.0	58.0	25.7	6.7	10.9	6.8	1.4	32.3	.4	8.8	.1	12.7	7.8	2.4
UNDER 1,000-------	100.0	70.6	22.0	2.7	6.1	8.1	5.0	48.6	.4	4.6	*	11.2	21.6	10.7
1,000-1,999-------	100.0	69.0	26.0	3.3	5.4	12.2	5.1	43.0	.4	4.4	.0	9.9	20.1	8.1
2,000-2,999-------	100.0	60.7	24.7	4.9	6.2	10.7	2.9	36.0	.5	6.8	*	9.5	15.0	3.9
3,000-3,999-------	100.0	58.8	25.6	7.0	7.4	9.1	2.1	33.2	.6	8.4	*	11.3	11.0	1.8
4,000-4,999-------	100.0	54.2	24.8	8.4	9.6	5.8	1.0	29.4	.7	10.2	.1	10.7	6.2	1.5
5,000-5,999-------	100.0	56.6	26.1	8.1	10.6	6.7	.8	30.5	.6	9.6	.1	12.1	7.0	1.1
6,000-6,999-------	100.0	54.5	25.3	8.0	11.7	5.0	.7	29.2	.6	9.4	*	13.1	4.8	1.2
7,000-7,999-------	100.0	54.0	25.3	7.8	13.2	3.8	.5	28.7	.6	9.4	.2	13.8	3.6	1.1
8,000-8,999-------	100.0	56.1	25.8	7.0	13.6	4.7	.5	30.3	.5	9.3	.1	14.9	4.4	1.1
9,000-9,999-------	100.0	56.4	26.4	7.4	13.5	4.7	.8	30.0	.3	9.0	*	14.9	4.3	1.3
10,000-14,999------	100.0	56.3	26.0	6.2	14.6	4.7	.5	30.3	.5	7.8	.2	16.5	4.4	.9
15,000 AND OVER----	100.0	58.3	25.3	4.5	14.5	4.8	1.5	33.0	.2	6.7	.1	19.1	4.9	1.9

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	TOTAL UNDER 20 YEARS	PERCENT OF TOTAL MEALS AT HOME												
		BOYS 9-19 YEARS				GIRLS 9-19 YEARS					CHILDREN UNDER 9 YEARS			
		9-11	12-14	15-17	18-19	TOTAL ‡	9-11	12-14	15-17	18-19	UNDER 1	1-2	3-5	6-8
	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)	(29)
ALL HOUSEHOLDS, YEAR-	42.1	3.3	3.4	2.6	1.2	10.2	3.0	3.3	2.5	1.3	2.2	4.3	7.1	7.9
SPRING----------	42.5	3.1	3.5	2.7	1.3	10.2	2.8	3.6	2.5	1.1	2.4	4.2	7.1	7.9
SUMMER----------	42.7	3.1	3.8	2.8	1.2	10.1	2.9	3.2	2.4	1.4	2.2	4.3	7.0	8.2
FALL----------	41.2	3.5	3.1	2.3	1.1	9.7	2.9	2.9	2.3	1.4	2.0	4.6	7.3	7.8
WINTER----------	42.0	3.4	3.1	2.4	1.1	10.9	3.3	3.5	2.5	1.4	2.0	4.3	7.0	7.8
UNDER 1,000-------	29.4	2.3	1.2	1.6	1.0	5.8	1.8	2.1	1.3	.7	2.4	3.3	5.7	6.0
1,000-1,999-------	30.9	1.9	2.5	2.0	1.1	7.6	1.9	2.4	1.8	1.3	2.1	3.3	4.8	5.6
2,000-2,999-------	39.3	2.8	3.9	2.6	.8	9.3	2.5	2.9	2.3	1.2	1.8	4.2	6.5	7.5
3,000-3,999-------	41.2	3.2	3.2	2.5	1.4	9.0	2.4	2.9	2.0	1.5	2.6	4.7	7.0	7.7
4,000-4,999-------	45.8	3.3	3.2	2.3	.9	10.5	3.2	3.0	2.5	1.6	3.1	5.6	8.6	8.3
5,000-5,999-------	43.4	3.1	2.7	2.6	1.1	10.1	3.5	3.0	2.4	1.2	2.8	4.8	8.2	8.1
6,000-6,999-------	45.5	3.2	3.7	2.4	1.1	10.7	3.3	3.3	2.8	1.2	2.2	4.7	8.2	9.2
7,000-7,999-------	46.0	3.5	3.4	2.5	1.3	10.7	3.2	3.9	2.3	1.2	2.1	5.3	8.4	8.9
8,000-8,999-------	43.9	4.1	3.5	2.9	1.4	11.1	3.2	4.1	2.6	1.2	2.0	4.3	6.8	7.7
9,000-9,999-------	43.6	3.5	4.0	2.8	1.2	11.2	3.2	3.3	2.5	2.1	1.9	3.9	7.2	8.1
10,000-14,999------	43.7	4.1	4.2	3.2	1.4	11.7	3.5	3.9	3.2	1.1	1.4	3.3	6.0	8.4
15,000 AND OVER----	41.7	3.3	4.5	3.7	1.5	12.0	2.9	4.8	2.9	1.3	1.4	2.6	5.4	7.3

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

TABLE 2.--HOUSEHOLD COMPOSITION IN TERMS OF MEALS AT HOME

UNITED STATES

URBAN

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	TOTAL *	PERCENT OF TOTAL MEALS AT HOME												
		TOTAL 20 YEARS AND OVER	MEN					WOMEN						
			TOTAL	20-34 YEARS	35-54 YEARS	55-74 YEARS	75 YEARS AND OVER	TOTAL *	20-34 YEARS		35-54 YEARS		55-74 YEARS	75 YEARS AND OVER
									PREGNANT	OTHER	PREGNANT	OTHER		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
ALL HOUSEHOLDS, YEAR-	100.0	58.4	25.1	7.2	10.5	6.2	1.2	33.3	.6	9.1	.1	13.1	8.1	2.3
SPRING----------	100.0	58.3	25.0	7.2	10.5	6.0	1.3	33.3	.6	9.0	.1	13.3	7.9	2.3
SUMMER----------	100.0	57.6	24.6	7.3	10.3	6.0	1.0	33.0	.6	8.9	*	13.0	8.2	2.1
FALL----------	100.0	59.2	25.6	7.3	10.6	6.3	1.4	33.6	.5	9.0	.1	13.2	8.2	2.5
WINTER----------	100.0	58.6	25.1	6.9	10.4	6.5	1.3	33.5	.5	9.5	.1	13.1	8.0	2.4
UNDER 1,000-------	100.0	75.1	16.4	1.8	5.1	5.6	3.9	58.7	.6	5.9	.0	12.6	24.2	15.5
1,000-1,999-------	100.0	70.8	22.1	2.8	3.9	10.3	5.2	48.7	.4	4.7	.0	9.6	23.5	10.5
2,000-2,999-------	100.0	63.4	23.5	5.0	4.7	10.4	3.3	39.9	.4	7.8	.1	9.4	16.7	5.3
3,000-3,999-------	100.0	59.4	23.8	7.3	5.5	8.6	2.4	35.6	.5	9.2	*	10.8	12.7	2.3
4,000-4,999-------	100.0	54.4	23.9	8.4	8.7	5.8	.9	30.5	.8	10.6	.1	10.4	6.5	1.9
5,000-5,999-------	100.0	57.5	25.8	8.5	9.6	7.0	.7	31.7	.6	10.0	.1	12.2	7.6	1.2
6,000-6,999-------	100.0	55.0	25.1	8.5	11.1	5.0	.5	29.9	.6	9.7	*	13.1	5.0	1.4
7,000-7,999-------	100.0	54.1	24.9	7.7	13.0	3.5	.6	29.2	.7	9.5	.2	14.0	3.5	1.2
8,000-8,999-------	100.0	56.7	25.9	7.3	13.6	4.5	.4	30.8	.6	9.5	*	15.2	4.4	1.0
9,000-9,999-------	100.0	56.9	26.7	7.7	13.2	5.1	.7	30.2	.3	9.3	*	14.8	4.9	.8
10,000-14,999------	100.0	56.8	26.1	6.2	14.7	4.7	.4	30.7	.6	7.7	.2	16.7	4.6	.9
15,000 AND OVER----	100.0	60.3	26.0	4.9	14.1	5.5	1.5	34.3	.2	7.3	.0	19.3	5.5	2.0

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	TOTAL UNDER 20 YEARS	PERCENT OF TOTAL MEALS AT HOME												
		BOYS 9-19 YEARS				GIRLS 9-19 YEARS					CHILDREN UNDER 9 YEARS			
		9-11	12-14	15-17	18-19	TOTAL *	9-11	12-14	15-17	18-19	UNDER 1	1-2	3-5	6-8
(1)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)	(29)
ALL HOUSEHOLDS, YEAR-	41.6	3.1	3.3	2.4	1.2	9.9	2.9	3.2	2.3	1.4	2.3	4.5	7.2	7.7
SPRING----------	41.7	3.0	3.5	2.4	1.3	9.9	2.7	3.5	2.4	1.1	2.5	4.4	7.2	7.7
SUMMER----------	42.4	3.1	3.5	2.7	1.2	9.5	2.7	3.1	2.1	1.5	2.2	4.6	7.6	8.2
FALL----------	40.8	3.2	3.1	2.0	1.1	9.8	3.2	2.8	2.3	1.4	2.1	4.7	7.1	7.6
WINTER----------	41.4	3.2	3.1	2.3	1.1	10.6	3.1	3.3	2.5	1.5	2.2	4.6	7.0	7.5
UNDER 1,000-------	24.9	1.9	.6	1.0	.9	2.9	1.0	.8	.9	.2	2.5	3.2	6.0	5.7
1,000-1,999-------	29.2	1.7	1.9	1.3	1.0	7.9	1.7	2.4	1.9	1.6	2.9	3.5	4.4	4.6
2,000-2,999-------	36.6	2.5	3.6	2.2	.8	8.2	1.9	2.8	1.8	1.3	1.8	4.3	6.7	6.6
3,000-3,999-------	40.5	3.2	2.8	2.1	1.2	8.4	2.2	2.8	1.9	1.4	2.8	5.0	7.1	7.8
4,000-4,999-------	45.6	3.0	3.2	1.7	.8	10.8	3.4	3.0	2.7	1.6	3.2	6.0	8.7	8.2
5,000-5,999-------	42.5	3.0	2.6	2.1	1.0	9.2	3.1	2.6	2.1	1.3	3.0	4.9	8.6	8.1
6,000-6,999-------	45.0	2.8	3.7	2.2	1.0	10.3	3.2	3.2	2.6	1.3	2.1	4.9	8.6	9.3
7,000-7,999-------	45.9	3.3	3.4	2.5	1.3	10.4	3.2	3.8	2.2	1.1	2.0	5.8	8.6	8.5
8,000-8,999-------	43.3	4.0	3.2	2.8	1.5	10.4	3.1	3.8	2.4	1.2	2.3	4.7	7.0	7.4
9,000-9,999-------	43.1	3.6	4.0	2.9	1.3	10.9	3.3	3.2	2.2	2.1	2.2	4.4	6.8	7.0
10,000-14,999------	43.2	3.7	4.2	3.3	1.6	12.0	3.6	4.0	3.2	1.2	1.4	3.3	5.7	8.1
15,000 AND OVER----	39.6	2.8	3.7	3.8	1.7	11.9	3.1	4.7	2.8	1.3	1.3	2.5	5.3	6.7

* SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	TOTAL *	PERCENT OF TOTAL MEALS AT HOME												
		TOTAL 20 YEARS AND OVER	MEN					WOMEN						
			TOTAL	20-34 YEARS	35-54 YEARS	55-74 YEARS	75 YEARS AND OVER	TOTAL *	20-34 YEARS		35-54 YEARS		55-74 YEARS	75 YEARS AND OVER
									PREGNANT	OTHER	PREGNANT	OTHER		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
ALL HOUSEHOLDS, YEAR-	100.0	56.5	26.3	6.6	11.0	6.9	1.8	30.2	.4	8.0	*	12.1	7.6	2.1
SPRING----------	100.0	55.7	25.9	6.5	11.4	6.5	1.6	29.8	.4	7.8	*	12.7	7.0	1.8
SUMMER----------	100.0	56.8	26.4	6.6	10.4	7.4	2.0	30.4	.7	6.8	.1	12.1	8.8	1.9
FALL----------	100.0	57.9	26.7	7.0	10.9	6.9	1.8	31.2	.4	9.4	.0	11.9	7.5	1.9
WINTER----------	100.0	55.8	26.1	6.4	11.4	6.8	1.6	29.7	.2	8.0	.1	11.5	7.3	2.6
UNDER 1,000-------	100.0	70.9	25.9	2.6	5.4	10.2	7.8	45.0	.2	3.3	.0	9.7	23.0	8.9
1,000-1,999-------	100.0	69.2	29.5	3.5	5.8	14.3	6.0	39.7	.4	3.9	.0	9.5	18.6	7.1
2,000-2,999-------	100.0	57.0	25.5	4.5	7.6	11.1	2.3	31.5	.5	5.7	.0	8.8	14.1	2.3
3,000-3,999-------	100.0	58.3	28.5	6.8	9.5	10.6	1.6	29.8	.6	7.6	.0	12.1	8.4	.9
4,000-4,999-------	100.0	52.9	25.6	9.3	10.0	5.2	1.0	27.3	.4	10.5	.0	10.1	5.5	.8
5,000-5,999-------	100.0	53.7	26.1	7.7	12.0	5.5	.9	27.6	.5	9.4	.1	11.5	5.3	.8
6,000-6,999-------	100.0	52.6	25.1	7.2	12.6	4.4	.9	27.5	.7	9.2	.0	12.8	3.9	.9
7,000-7,999-------	100.0	53.4	26.6	8.4	13.3	4.8	.2	26.8	.4	9.5	.1	12.5	3.8	.6
8,000-8,999-------	100.0	54.0	25.1	6.5	12.5	5.3	.8	28.9	.1	9.3	.1	13.2	4.7	1.5
9,000-9,999-------	100.0	53.7	24.3	6.9	13.7	2.6	1.2	29.4	.3	8.5	.0	15.2	1.9	3.3
10,000-14,999------	100.0	54.9	25.7	5.9	14.4	4.5	.9	29.2	.2	8.7	.0	15.6	3.7	.9
15,000 AND OVER----	100.0	52.3	22.1	3.2	15.7	1.6	1.6	30.2	.2	5.0	.4	19.8	2.8	1.9

	TOTAL UNDER 20 YEARS	PERCENT OF TOTAL MEALS AT HOME												
		BOYS 9-19 YEARS				GIRLS 9-19 YEARS					CHILDREN UNDER 9 YEARS			
		9-11	12-14	15-17	18-19	TOTAL *	9-11	12-14	15-17	18-19	UNDER 1	1-2	3-5	6-8
	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)	(29)
ALL HOUSEHOLDS, YEAR-	43.5	3.6	3.4	2.9	1.0	10.5	3.2	3.4	2.6	1.3	2.1	4.2	7.2	8.6
SPRING----------	44.3	3.3	3.4	3.1	1.3	10.7	3.0	3.8	2.8	1.1	2.4	4.0	7.3	8.7
SUMMER----------	43.2	3.0	4.3	2.9	.9	10.9	3.3	3.2	3.0	1.0	2.3	4.0	6.4	8.4
FALL----------	42.1	3.9	2.7	2.8	.9	8.6	2.1	2.9	2.1	1.6	1.8	4.9	7.9	8.6
WINTER----------	44.2	4.1	3.2	2.5	.9	11.8	4.1	3.8	2.5	1.3	1.9	3.8	7.2	8.7
UNDER 1,000-------	29.0	2.5	1.1	1.6	1.1	6.2	1.7	2.9	.7	.9	2.3	3.5	5.2	5.7
1,000-1,999-------	30.8	2.1	3.0	2.5	1.1	6.0	2.0	1.9	1.4	.8	1.1	3.2	5.1	6.6
2,000-2,999-------	43.0	3.0	4.4	2.9	.7	10.1	3.1	2.5	2.8	1.2	2.0	4.4	6.3	9.3
3,000-3,999-------	41.7	3.1	3.5	2.9	1.8	9.2	2.4	2.7	2.0	1.8	2.5	4.9	6.7	7.1
4,000-4,999-------	47.1	3.9	3.2	3.2	1.1	9.4	2.7	2.9	1.9	1.7	3.1	5.3	9.1	8.9
5,000-5,999-------	46.2	3.4	2.5	3.5	1.2	12.5	4.7	3.6	3.0	1.1	2.5	4.9	7.8	8.0
6,000-6,999-------	47.4	4.1	3.5	2.9	1.2	11.6	3.6	3.7	3.3	.8	2.5	4.6	7.7	9.4
7,000-7,999-------	46.6	3.9	3.2	2.3	.9	11.5	3.3	4.1	2.5	1.6	2.3	4.0	8.3	10.1
8,000-8,999-------	45.9	4.1	4.2	2.6	.7	13.2	3.6	5.2	3.4	1.1	1.3	3.5	7.1	9.2
9,000-9,999-------	46.4	3.2	3.9	2.3	.6	12.2	2.7	3.6	3.7	2.2	.7	2.3	9.0	12.1
10,000-14,999------	45.1	5.4	3.9	2.9	.6	10.2	3.4	3.4	3.0	.4	1.2	3.6	7.7	9.5
15,000 AND OVER----	47.7	5.6	7.4	3.4	.5	11.5	1.9	5.2	3.1	1.3	1.8	2.7	5.9	9.1

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	TOTAL *	PERCENT OF TOTAL MEALS AT HOME												
		TOTAL 20 YEARS AND OVER	MEN					WOMEN						
			TOTAL	20-34 YEARS	35-54 YEARS	55-74 YEARS	75 YEARS AND OVER	TOTAL *	20-34 YEARS		35-54 YEARS		55-74 YEARS	75 YEARS AND OVER
									PREGNANT	OTHER	PREGNANT	OTHER		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
ALL HOUSEHOLDS, YEAR-	100.0	57.9	29.1	5.2	13.4	8.8	1.6	28.8	.4	5.5	.1	13.9	7.4	1.4
SPRING----------	100.0	56.8	28.9	5.4	13.8	8.1	1.6	27.9	.4	5.5	.1	13.6	6.8	1.5
SUMMER----------	100.0	57.0	28.7	5.5	12.8	8.7	1.7	28.3	.4	5.6	*	13.5	7.3	1.5
FALL----------	100.0	57.5	28.3	5.1	13.6	8.3	1.4	29.2	.7	5.5	.1	14.3	7.2	1.3
WINTER----------	100.0	61.1	30.8	4.8	13.6	10.8	1.6	30.3	.4	5.5	.0	14.2	8.8	1.5
UNDER 1,000-------	100.0	58.5	28.6	5.5	10.2	10.7	2.2	29.9	.5	4.0	.1	10.8	11.9	2.1
1,000-1,999-------	100.0	61.9	31.2	4.8	10.0	14.0	2.5	30.7	.2	4.6	.0	12.2	11.3	2.0
2,000-2,999-------	100.0	57.9	28.3	5.5	9.8	11.0	2.1	29.6	.8	5.3	.1	11.9	9.7	1.9
3,000-3,999-------	100.0	56.6	28.6	5.5	13.3	8.5	1.4	28.0	.5	5.6	.0	12.8	7.8	1.1
4,000-4,999-------	100.0	58.3	29.5	5.2	14.9	7.8	1.7	28.8	.3	5.3	.1	15.0	6.7	1.3
5,000-5,999-------	100.0	58.7	29.5	5.2	14.3	8.4	1.6	29.2	.4	5.7	.1	14.4	7.2	1.5
6,000-6,999-------	100.0	57.4	29.1	5.5	14.8	7.6	1.2	28.3	.6	6.4	.0	14.8	6.0	.5
7,000-7,999-------	100.0	55.2	26.8	5.4	16.3	4.4	.7	28.4	.1	7.7	.2	15.9	2.9	1.7
8,000-8,999-------	100.0	56.0	28.1	4.1	18.5	4.5	1.0	27.9	.6	4.1	.1	17.6	4.4	1.2
9,000-9,999-------	100.0	60.5	31.4	4.4	17.1	9.0	1.0	29.1	.6	6.9	.0	14.4	5.8	1.4
10,000-14,999------	100.0	54.5	27.2	5.8	14.1	6.5	.8	27.3	.5	5.9	.1	15.9	3.6	1.2
15,000 AND OVER----	100.0	48.8	24.8	3.5	15.4	4.8	1.0	24.0	.0	3.6	.5	15.0	3.7	1.3

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	TOTAL UNDER 20 YEARS	PERCENT OF TOTAL MEALS AT HOME												
		BOYS 9-19 YEARS				GIRLS 9-19 YEARS					CHILDREN UNDER 9 YEARS			
		9-11	12-14	15-17	18-19	TOTAL *	9-11	12-14	15-17	18-19	UNDER 1	1-2	3-5	6-8
(1)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)	(29)
ALL HOUSEHOLDS, YEAR-	42.1	3.6	4.1	3.6	1.6	11.5	3.1	4.0	3.2	1.1	1.5	3.0	5.7	7.6
SPRING----------	43.2	3.4	4.4	3.7	1.6	11.5	2.9	4.3	3.1	1.1	1.6	3.3	6.1	7.7
SUMMER----------	43.0	3.7	4.4	3.7	1.3	12.3	3.1	4.4	3.5	1.2	1.5	3.2	4.7	8.3
FALL----------	42.4	4.3	4.2	3.4	1.5	11.6	3.3	3.7	3.4	1.2	1.3	2.8	6.3	7.0
WINTER----------	38.9	2.7	3.0	3.6	2.1	10.4	3.2	3.6	2.8	.7	1.3	2.8	5.9	7.2
UNDER 1,000-------	41.5	2.7	2.9	3.5	.9	12.7	3.9	3.8	3.4	1.6	2.1	3.4	6.0	7.5
1,000-1,999-------	38.0	2.4	3.3	3.0	1.5	10.7	2.3	3.6	2.9	1.6	2.0	2.8	5.5	6.8
2,000-2,999-------	42.1	3.2	4.2	3.7	1.5	12.1	3.2	4.6	3.1	1.0	1.3	3.6	5.9	6.7
3,000-3,999-------	43.4	3.7	4.1	3.3	2.1	11.3	3.2	3.9	3.0	1.2	1.4	2.8	6.7	8.0
4,000-4,999-------	41.7	3.4	4.0	3.8	1.2	11.4	3.1	3.8	3.2	1.2	1.5	3.4	6.0	6.9
5,000-5,999-------	41.3	3.2	4.2	3.7	1.0	10.7	2.7	4.1	3.2	.6	1.4	2.9	5.8	8.4
6,000-6,999-------	42.6	3.9	3.8	3.7	1.3	11.7	3.8	3.4	3.8	.7	1.3	3.0	6.3	7.6
7,000-7,999-------	44.8	5.4	4.4	3.4	2.0	12.0	4.0	3.6	3.3	.7	1.9	3.5	4.2	8.2
8,000-8,999-------	44.0	5.6	5.1	4.7	2.8	12.3	2.1	5.5	3.5	1.2	.8	2.4	4.0	6.2
9,000-9,999-------	39.5	4.4	3.5	3.8	2.4	12.1	3.7	3.6	3.3	1.6	.9	1.0	4.4	6.9
10,000-14,999------	45.6	4.6	4.2	4.0	2.1	11.2	2.5	4.5	3.6	.6	1.5	2.5	6.2	9.3
15,000 AND OVER----	51.2	3.6	6.9	4.7	1.7	15.5	4.2	5.7	4.0	1.6	.4	3.8	4.7	9.9

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL URBANIZATIONS											
ALL HOUSEHOLDS,YEAR-	3,177	104.3	150.9	353.8	1,119	19.3	7,500	1.56	2.37	24.8	103
SPRING----------	3,211	105.8	154.3	352.9	1,113	19.5	7,330	1.57	2.38	24.9	101
SUMMER----------	3,152	102.2	149.1	354.7	1,087	18.9	7,510	1.54	2.32	24.5	105
FALL----------	3,227	106.4	153.2	359.1	1,145	19.6	7,930	1.59	2.41	25.5	99
WINTER----------	3,117	102.9	147.1	348.6	1,133	19.1	7,230	1.55	2.35	24.2	105
UNDER 1,000-------	3,094	96.1	136.7	374.2	1,082	19.5	7,260	1.56	2.20	23.2	88
1,000-1,999-------	3,057	96.4	138.0	362.8	1,082	19.4	7,480	1.58	2.24	23.3	90
2,000-2,999-------	3,115	97.6	140.7	369.1	1,060	19.1	7,490	1.58	2.25	23.4	88
3,000-3,999-------	3,095	98.8	144.2	355.5	1,068	19.1	7,370	1.55	2.26	23.7	89
4,000-4,999-------	3,161	102.3	147.3	362.1	1,089	19.3	7,170	1.58	2.30	24.4	95
5,000-5,999-------	3,163	104.3	150.2	353.0	1,097	19.4	7,590	1.56	2.37	24.9	98
6,000-6,999-------	3,193	105.3	153.8	351.4	1,122	19.3	7,330	1.56	2.37	24.9	103
7,000-7,999-------	3,211	107.6	154.4	350.8	1,149	19.2	7,470	1.58	2.43	25.5	106
8,000-8,999-------	3,264	108.5	158.6	353.7	1,161	19.2	7,460	1.57	2.45	25.5	111
9,000-9,999-------	3,215	107.2	155.5	350.6	1,160	19.2	7,260	1.55	2.41	25.2	112
10,000-14,999------	3,254	109.8	158.1	348.1	1,191	19.2	7,890	1.57	2.52	25.9	120
15,000 AND OVER----	3,309	113.5	165.7	337.3	1,183	19.6	8,510	1.57	2.51	26.2	135

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
URBAN											
ALL HOUSEHOLDS, YEAR-	3,070	103.2	147.4	335.0	1,089	18.8	7,570	1.51	2.33	24.5	104
SPRING----------	3,131	105.7	152.0	336.8	1,089	19.2	7,700	1.54	2.37	24.9	105
SUMMER----------	3,001	99.9	143.7	329.8	1,052	18.2	7,510	1.46	2.26	23.9	103
FALL----------	3,146	105.8	150.7	344.3	1,116	19.2	7,900	1.55	2.39	25.3	102
WINTER----------	3,005	101.5	143.3	329.5	1,101	18.5	7,180	1.49	2.31	23.8	107
UNDER 1,000-------	2,754	89.5	126.4	316.9	942	17.8	7,120	1.36	2.04	21.6	88
1,000-1,999-------	2,795	93.6	128.9	320.0	981	18.3	7,340	1.44	2.10	22.6	89
2,000-2,999-------	2,971	97.6	136.8	340.9	1,025	18.6	8,040	1.51	2.24	23.2	96
3,000-3,999-------	2,913	95.9	137.1	327.9	1,020	18.3	7,520	1.46	2.19	23.0	90
4,000-4,999-------	3,023	100.4	141.6	341.4	1,053	18.6	7,440	1.52	2.26	23.8	95
5,000-5,999-------	3,041	102.5	146.1	332.0	1,062	18.9	7,630	1.51	2.32	24.5	97
6,000-6,999-------	3,081	103.4	148.7	335.5	1,089	18.9	7,320	1.50	2.33	24.3	105
7,000-7,999-------	3,153	106.4	152.1	341.9	1,120	19.0	7,500	1.55	2.39	25.3	106
8,000-8,999-------	3,207	107.4	156.7	343.8	1,145	18.9	7,440	1.53	2.41	25.3	110
9,000-9,999-------	3,091	103.9	150.3	333.7	1,119	18.6	7,080	1.50	2.34	24.6	108
10,000-14,999------	3,215	109.6	156.0	342.4	1,188	19.1	7,920	1.55	2.51	25.8	120
15,000 AND OVER----	3,177	110.9	159.7	321.4	1,148	19.1	8,530	1.52	2.45	25.7	136
RURAL NONFARM											
ALL HOUSEHOLDS, YEAR-	3,328	105.2	155.5	382.2	1,168	19.9	7,210	1.64	2.40	25.2	100
SPRING----------	3,308	104.5	156.2	376.2	1,153	19.6	6,490	1.61	2.35	24.6	95
SUMMER----------	3,362	104.5	156.8	389.7	1,136	19.8	7,400	1.64	2.39	25.4	109
FALL----------	3,329	106.7	155.9	379.8	1,195	20.1	7,770	1.63	2.42	26.0	93
WINTER----------	3,311	105.2	153.1	382.7	1,190	20.2	7,210	1.67	2.43	25.0	101
UNDER 1,000-------	3,261	99.9	142.1	401.1	1,202	20.8	7,410	1.68	2.28	24.4	90
1,000-1,999-------	3,183	95.6	140.2	390.4	1,145	20.0	7,510	1.66	2.32	23.6	90
2,000-2,999-------	3,225	95.4	142.3	396.2	1,066	19.6	6,630	1.62	2.19	23.2	77
3,000-3,999-------	3,295	102.0	152.8	384.0	1,132	19.9	6,990	1.63	2.29	24.5	86
4,000-4,999-------	3,322	103.7	153.6	387.6	1,130	20.0	6,480	1.65	2.33	25.1	94
5,000-5,999-------	3,387	107.3	156.8	394.0	1,166	20.3	7,400	1.65	2.45	25.8	100
6,000-6,999-------	3,382	107.9	163.0	377.4	1,182	20.0	7,130	1.65	2.43	26.2	98
7,000-7,999-------	3,298	109.2	157.5	365.9	1,213	19.6	7,210	1.63	2.49	25.7	108
8,000-8,999-------	3,322	109.2	159.4	367.7	1,176	19.5	7,360	1.63	2.50	25.5	112
9,000-9,999-------	3,572	116.9	171.0	396.1	1,282	21.0	7,700	1.70	2.61	26.9	124
10,000-14,999------	3,301	108.2	161.8	356.6	1,187	19.3	7,550	1.59	2.48	25.7	119
15,000 AND OVER----	3,773	124.3	187.2	386.4	1,334	21.5	8,590	1.75	2.77	28.3	138

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
RURAL FARM--ALL FOOD											
ALL HOUSEHOLDS,YEAR-	3,653	111.6	167.8	432.4	1,232	21.5	7,840	1.80	2.57	26.1	99
SPRING----------	3,620	111.3	168.5	421.6	1,206	21.4	6,730	1.77	2.52	25.5	90
SUMMER----------	3,743	113.6	169.0	451.8	1,221	22.0	7,900	1.85	2.62	26.9	115
FALL----------	3,638	111.1	167.9	428.1	1,246	21.2	8,820	1.78	2.56	25.9	93
WINTER----------	3,580	109.5	164.6	423.4	1,264	21.1	7,980	1.77	2.58	25.6	98
UNDER 1,000-------	3,632	105.2	152.1	467.5	1,198	21.3	7,320	1.84	2.45	25.0	83
1,000-1,999-------	3,700	109.0	166.3	448.9	1,289	22.0	7,950	1.87	2.54	25.3	90
2,000-2,999-------	3,496	102.8	154.3	430.4	1,199	20.7	7,130	1.81	2.43	24.4	83
3,000-3,999-------	3,609	106.9	162.1	437.8	1,180	21.2	7,470	1.82	2.53	25.4	90
4,000-4,999-------	3,654	111.1	169.0	431.4	1,214	21.4	7,560	1.79	2.51	26.1	100
5,000-5,999-------	3,579	111.5	167.6	415.2	1,199	21.0	7,830	1.72	2.54	26.0	102
6,000-6,999-------	3,781	118.1	177.1	437.5	1,277	22.2	8,400	1.80	2.68	27.2	109
7,000-7,999-------	3,797	120.5	179.6	433.8	1,344	22.2	8,380	1.83	2.77	27.8	111
8,000-8,999-------	3,958	124.2	186.6	455.9	1,347	23.1	8,270	1.88	2.83	28.2	121
9,000-9,999-------	3,765	119.1	174.1	440.7	1,297	22.4	8,500	1.81	2.71	28.2	127
10,000-14,999------	3,792	121.3	183.3	422.8	1,275	21.9	8,800	1.84	2.79	27.6	122
15,000 AND OVER----	3,637	114.8	179.1	399.8	1,171	20.4	7,850	1.63	2.49	26.0	114
RURAL FARM--HOME-PRODUCED FOOD											
ALL HOUSEHOLDS,YEAR-	759	34.5	46.2	53.5	368	5.3	3,280	.39	.83	6.0	37
SPRING----------	725	33.3	48.3	40.1	334	4.8	2,360	.33	.75	5.3	24
SUMMER----------	804	36.7	45.0	67.4	373	6.2	3,460	.48	.89	6.9	58
FALL----------	729	33.1	42.9	54.6	379	4.8	4,200	.36	.81	5.9	35
WINTER----------	774	34.5	49.2	49.7	393	4.9	3,110	.37	.86	5.8	26
UNDER 1,000-------	864	35.6	49.6	72.2	426	5.6	4,320	.45	.89	6.3	47
1,000-1,999-------	966	39.8	56.6	77.8	489	6.3	4,510	.52	1.01	6.6	49
2,000-2,999-------	795	34.0	47.2	61.2	434	5.0	3,650	.41	.90	5.7	40
3,000-3,999-------	720	32.3	43.6	52.1	389	4.9	3,400	.38	.85	5.6	38
4,000-4,999-------	700	32.4	42.5	49.2	338	4.9	2,850	.37	.76	5.6	35
5,000-5,999-------	672	31.0	41.6	45.4	316	4.8	2,840	.34	.73	5.4	33
6,000-6,999-------	725	33.5	45.0	48.4	305	5.5	3,230	.39	.77	6.2	37
7,000-7,999-------	744	34.7	48.0	44.8	329	5.1	2,780	.38	.78	6.4	30
8,000-8,999-------	803	39.7	49.2	52.2	349	6.2	3,020	.41	.86	7.1	42
9,000-9,999-------	685	32.8	41.1	48.2	284	5.4	3,010	.35	.70	6.0	38
10,000-14,999------	721	36.3	46.6	40.3	312	5.3	2,630	.37	.80	6.7	29
15,000 AND OVER----	614	33.1	37.7	36.3	245	4.9	1,960	.27	.61	5.9	23

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	AVERAGE PER DAY							
	FOOD ENERGY	PROTEIN	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	CAL	G	MG	MG	IU	MG	MG	MG
ALL URBANIZATIONS								
ALL HOUSEHOLDS, YEAR-	4,282	123.4	1,005	15.9	8,390	2.04	3.02	111
SPRING----------	4,319	125.1	996	16.0	8,200	2.09	3.03	108
SUMMER----------	4,237	120.7	972	15.6	8,410	2.00	2.96	114
FALL----------	4,368	126.1	1,038	16.3	8,880	2.07	3.08	108
WINTER----------	4,207	121.7	1,015	15.7	8,070	2.01	3.01	114
UNDER 1,000-------	4,639	114.9	1,025	17.3	7,950	2.20	2.96	94
1,000-1,999-------	4,442	113.0	999	17.0	8,120	2.14	2.97	95
2,000-2,999-------	4,341	114.9	978	16.7	8,290	2.10	2.92	95
3,000-3,999-------	4,237	117.3	970	16.1	8,280	2.05	2.91	97
4,000-4,999-------	4,287	123.4	979	16.0	8,220	2.08	2.97	105
5,000-5,999-------	4,268	124.7	986	16.0	8,600	2.05	3.04	107
6,000-6,999-------	4,257	125.6	1,001	15.8	8,310	2.03	3.01	113
7,000-7,999-------	4,258	128.2	1,024	15.6	8,490	2.06	3.07	115
8,000-8,999-------	4,299	127.7	1,024	15.5	8,330	2.03	3.07	120
9,000-9,999-------	4,229	125.9	1,023	15.5	8,100	1.98	3.02	121
10,000-14,999------	4,232	127.4	1,043	15.4	8,690	1.99	3.13	128
15,000 AND OVER----	4,320	130.6	1,031	15.6	9,250	1.99	3.11	143

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	AVERAGE PER DAY							
	FOOD ENERGY	PROTEIN	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	CAL	G	MG	MG	IU	MG	MG	MG
URBAN								
ALL HOUSEHOLDS, YEAR-	4,158	122.6	977	15.4	8,480	1.98	2.98	113
SPRING----------	4,233	125.4	972	15.7	8,620	2.05	3.03	112
SUMMER----------	4,054	118.7	939	14.9	8,440	1.91	2.89	112
FALL----------	4,275	125.7	1,014	16.0	8,840	2.03	3.06	111
WINTER----------	4,072	120.5	986	15.1	8,020	1.94	2.95	117
UNDER 1,000-------	4,323	109.0	904	15.7	7,790	1.99	2.80	93
1,000-1,999-------	4,210	111.7	907	16.1	7,970	1.98	2.84	96
2,000-2,999-------	4,218	115.5	926	15.7	8,880	2.04	2.93	102
3,000-3,999-------	4,059	114.9	923	15.3	8,470	1.96	2.87	98
4,000-4,999-------	4,146	122.2	952	15.6	8,560	2.01	2.94	105
5,000-5,999-------	4,140	123.2	961	15.7	8,690	2.01	3.00	106
6,000-6,999-------	4,126	123.8	978	15.5	8,330	1.97	2.96	115
7,000-7,999-------	4,196	127.1	1,001	15.4	8,540	2.04	3.04	115
8,000-8,999-------	4,238	126.8	1,014	15.2	8,330	1.99	3.04	119
9,000-9,999-------	4,069	122.2	988	15.0	7,900	1.92	2.94	117
10,000-14,999------	4,175	126.9	1,039	15.2	8,690	1.96	3.11	128
15,000 AND OVER----	4,159	127.5	1,010	15.2	9,240	1.93	3.05	144
RURAL NONFARM								
ALL HOUSEHOLDS, YEAR-	4,470	124.2	1,052	16.6	8,080	2.14	3.05	108
SPRING----------	4,425	123.3	1,039	16.3	7,300	2.12	2.99	102
SUMMER----------	4,507	122.6	1,024	16.6	8,230	2.12	3.04	118
FALL----------	4,501	126.7	1,086	16.8	8,760	2.14	3.10	101
WINTER----------	4,448	124.3	1,063	16.8	8,070	2.17	3.09	110
UNDER 1,000-------	4,876	118.4	1,148	18.8	8,100	2.38	3.08	97
1,000-1,999-------	4,534	110.3	1,059	17.5	8,120	2.24	3.03	95
2,000-2,999-------	4,436	112.3	1,025	18.0	7,390	2.13	2.83	83
3,000-3,999-------	4,422	119.5	1,044	17.2	7,830	2.13	2.92	93
4,000-4,999-------	4,441	124.7	1,014	16.6	7,460	2.16	2.97	104
5,000-5,999-------	4,497	127.6	1,030	16.5	8,380	2.14	3.11	108
6,000-6,999-------	4,473	128.1	1,040	16.4	8,080	2.14	3.07	106
7,000-7,999-------	4,348	129.9	1,077	15.9	8,180	2.11	3.14	118
8,000-8,999-------	4,368	128.3	1,028	15.6	8,190	2.09	3.14	121
9,000-9,999-------	4,710	138.0	1,132	16.8	8,630	2.15	3.28	136
10,000-14,999------	4,340	127.2	1,050	15.4	8,440	2.06	3.11	127
15,000 AND OVER----	4,908	144.1	1,138	16.8	9,460	2.23	3.43	147

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	AVERAGE PER DAY							
	FOOD ENERGY	PROTEIN	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	CAL	G	MG	MG	IU	MG	MG	MG
RURAL FARM--ALL FOOD								
ALL HOUSEHOLDS,YEAR-	4,783	128.3	1,096	17.8	8,580	2.28	3.20	106
SPRING----------	4,730	128.0	1,075	17.8	7,390	2.28	3.13	94
SUMMER----------	4,890	131.1	1,083	18.2	8,680	2.32	3.26	124
FALL----------	4,765	127.6	1,099	17.3	9,630	2.24	3.20	99
WINTER----------	4,715	125.2	1,141	17.7	8,690	2.26	3.22	104
UNDER 1,000-------	4,907	122.3	1,086	18.3	8,060	2.36	3.12	89
1,000-1,999-------	4,982	125.3	1,181	19.0	8,660	2.41	3.24	97
2,000-2,999-------	4,633	118.1	1,109	18.0	7,800	2.30	3.05	88
3,000-3,999-------	4,716	124.4	1,055	17.7	8,310	2.31	3.15	97
4,000-4,999-------	4,792	127.9	1,062	17.4	8,290	2.27	3.14	107
5,000-5,999-------	4,690	128.1	1,075	17.6	8,580	2.20	3.16	109
6,000-6,999-------	4,921	135.9	1,114	17.9	9,210	2.28	3.33	116
7,000-7,999-------	4,890	138.7	1,160	17.6	9,200	2.30	3.42	118
8,000-8,999-------	4,974	138.9	1,168	18.6	8,850	2.30	3.40	127
9,000-9,999-------	4,806	133.6	1,122	17.9	9,070	2.24	3.30	134
10,000-14,999------	4,880	139.3	1,111	17.6	9,680	2.31	3.44	130
15,000 AND OVER----	4,613	130.5	976	16.1	8,590	1.99	3.03	122
RURAL FARM--HOME-PRODUCED FOOD								
ALL HOUSEHOLDS,YEAR-	994	39.6	328	4.4	3,600	.50	1.04	40
SPRING----------	948	38.3	297	4.0	2,600	.43	.94	25
SUMMER----------	1,051	42.4	331	5.2	3,800	.61	1.11	63
FALL----------	955	38.0	334	4.0	4,590	.46	1.01	37
WINTER----------	1,020	39.4	355	4.1	3,380	.47	1.08	28
UNDER 1,000-------	1,167	41.4	386	4.8	4,760	.57	1.14	51
1,000-1,999-------	1,301	45.7	448	5.4	4,910	.67	1.29	53
2,000-2,999-------	1,054	39.1	402	4.4	3,990	.53	1.14	42
3,000-3,999-------	941	37.7	348	4.1	3,790	.48	1.05	41
4,000-4,999-------	918	37.3	296	4.0	3,130	.47	.95	37
5,000-5,999-------	880	35.6	283	4.1	3,110	.43	.91	35
6,000-6,999-------	944	38.6	266	4.4	3,540	.49	.95	39
7,000-7,999-------	959	40.0	284	4.0	3,040	.48	.96	32
8,000-8,999-------	1,009	44.5	303	5.0	3,230	.51	1.04	44
9,000-9,999-------	875	36.8	246	4.3	3,210	.44	.86	40
10,000-14,999------	928	41.7	272	4.2	2,890	.46	.98	31
15,000 AND OVER----	778	37.7	205	3.8	2,150	.33	.75	24

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP

UNITED STATES

ALL URBANIZATIONS

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,177	104.3	150.9	353.8	1,119	19.3	7,500	1.56	2.37	24.8	103
MILK, CREAM, CHEESE	412	21.6	22.6	30.8	682	.3	920	.17	.92	.6	6
MILK	274	15.6	13.8	22.2	528	*	550	.14	.76	.5	5
CREAM, ICE CREAM	69	1.5	4.0	7.0	50	*	160	.01	.07	*	*
CHEESE	59	4.2	4.4	.7	96	.1	180	.01	.08	*	0
SOUP, MIXTURES	9	.3	.4	1.0	8	*	30	.01	.01	.1	*
MEAT, POULTRY, FISH	684	42.5	55.3	1.0	32	5.8	1,080	.33	.52	9.1	1
BEEF	269	18.2	21.2	*	11	2.7	30	.05	.15	3.5	*
BACON, SALT PORK	105	1.2	11.0	.1	2	.2	0	.02	.02	.2	0
OTHER PORK	127	6.6	11.0	*	4	1.0	0	.17	.07	1.3	0
LIVER	4	.6	.1	.1	*	.3	770	*	.09	.3	1
LUNCHMEAT, FRANKFURTERS	78	3.6	6.7	.5	2	.6	80	.05	.07	.8	0
OTHER MEAT	16	1.5	1.1	*	1	.2	*	.01	.02	.4	*
POULTRY	60	7.6	3.0	*	5	.7	180	.02	.10	1.9	*
FISH, SHELLFISH	25	3.2	1.2	.2	8	.2	20	.01	.01	.7	*
OTHER PROTEIN FOOD	172	10.7	10.5	9.2	45	2.0	580	.10	.16	1.5	*
EGGS	72	5.7	5.1	.4	24	1.0	520	.04	.13	*	0
DRY LEGUMES	36	2.2	.4	6.2	13	.7	10	.03	.02	.2	*
NUTS, PEANUT BUTTER	51	2.0	4.5	1.6	6	.2	*	.02	.01	1.1	*
SOUP, MIXTURES	10	.6	.5	.8	2	.1	40	.01	.01	.1	*
ALL VEGETABLES	193	6.2	2.9	38.5	74	2.6	3,280	.21	.17	3.0	44
POTATOES	91	2.0	2.0	16.9	8	.6	*	.07	.03	1.5	11
DARK GREEN	4	.3	.1	.7	15	.2	680	.01	.02	.1	6
DEEP YELLOW	12	.2	*	2.7	5	.1	1,400	.01	.01	.1	2
TOMATOES	22	.7	.2	4.7	7	.4	590	.04	.02	.5	11
OTHER	59	2.6	.5	12.8	37	1.2	470	.08	.08	.7	15
SOUP, MIXTURES	5	.2	.2	.7	1	.1	140	*	*	.1	*
ALL FRUIT	129	1.3	.5	32.4	29	1.0	640	.11	.06	.8	46
CITRUS	39	.6	.1	9.6	15	.2	140	.06	.02	.3	36
OTHER VITAMIN C-RICH	4	.1	*	.9	1	*	170	*	*	*	3
OTHER	86	.7	.3	22.0	12	.7	330	.04	.04	.4	7
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR 1965-1966 BY FOOD GROUP

FOOD GROUP *	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	549	15.9	4.9	108.8	147	5.2	20	.57	.38	4.9	*
FLOUR----------	124	3.4	.5	25.8	39	1.0	*	.12	.09	1.1	0
CEREAL, PASTES----------	172	4.5	1.0	36.3	34	2.1	10	.23	.11	1.7	*
BREAD----------	211	6.9	2.4	39.6	64	1.9	*	.20	.16	1.9	0
OTHER BAKERY PRODUCTS----------	42	1.0	1.0	7.1	8	.3	10	.03	.03	.3	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	266	4.8	8.5	43.3	44	.8	90	.05	.06	.6	*
FLOUR----------	31	.4	.8	5.7	9	.1	*	*	.01	*	*
CEREAL, PASTES----------	16	.4	.1	3.3	1	.1	*	.01	*	.1	*
BREAD----------	18	.6	.1	3.7	5	.1	*	.01	.01	.1	0
OTHER BAKERY PRODUCTS----------	172	2.7	6.3	26.6	23	.4	50	.02	.04	.3	*
SOUP, MIXTURES----------	29	.7	1.1	4.0	6	.1	50	.01	.01	.1	*
FATS, OILS----------	395	.3	44.0	1.1	6	*	810	*	*	*	*
BUTTER----------	56	*	6.4	*	2	.0	260	.00	.00	.0	0
MARGARINE----------	114	.1	12.9	.1	3	.0	530	.00	.00	.0	0
OIL, SALAD DRESSING----------	116	.1	12.7	.9	2	*	20	*	*	*	*
LARD----------	42	*	4.7	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	66	*	7.4	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	326	.8	1.5	80.7	24	.6	60	.02	.02	.2	5
SUGAR, SIRUP, JELLY, CANDY--------	260	.5	1.5	63.6	19	.6	10	.01	.02	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	11	*	*	3.0	4	*	50	*	*	*	4
NO ADDED VITAMIN C----------	55	.3	.1	14.1	1	*	*	*	*	*	*
OTHER FOOD----------	51	.3	.2	8.0	37	.9	20	.01	.06	4.1	0
ALCOHOLIC BEVERAGE----------	26	.1	.0	1.5	2	*	0	*	.01	.2	0
SOME NUTRITIVE VALUE----------	25	.1	.2	6.5	35	.9	20	.01	.04	3.9	0

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP

UNITED STATES

ALL URBANIZATIONS

FOOD GROUP ‡	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIA-MINE	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,211	105.8	154.3	352.9	1,113	19.5	7,330	1.57	2.38	24.9	101
MILK, CREAM, CHEESE	408	21.4	22.3	30.7	673	.3	910	.16	.91	.6	5
MILK	266	15.1	13.2	21.7	514	*	530	.13	.74	.5	5
CREAM, ICE CREAM	73	1.6	4.2	7.4	53	*	170	.02	.08	*	*
CHEESE	61	4.4	4.5	.7	98	.1	180	*	.08	*	0
SOUP, MIXTURES	9	.3	.4	.9	8	*	30	*	.01	*	*
MEAT, POULTRY, FISH	717	44.0	58.2	1.0	33	6.0	1,150	.36	.55	9.3	*
BEEF	275	18.4	21.7	*	11	2.7	30	.05	.15	3.5	*
BACON, SALT PORK	116	1.4	12.1	.2	2	.2	0	.03	.02	.3	0
OTHER PORK	141	7.4	12.1	*	4	1.1	0	.19	.08	1.4	0
LIVER	5	.7	.1	.2	*	.3	840	*	.09	.4	*
LUNCHMEAT, FRANKFURTERS	83	3.8	7.2	.5	2	.6	80	.05	.07	.9	0
OTHER MEAT	14	1.3	1.0	*	*	.2	*	*	.02	.3	*
POULTRY	56	7.3	2.7	*	5	.7	180	.02	.10	1.8	*
FISH, SHELLFISH	27	3.6	1.3	.2	9	.2	20	.01	.02	.8	*
OTHER PROTEIN FOOD	175	11.2	10.5	9.4	47	2.1	610	.10	.17	1.5	*
EGGS	77	6.1	5.4	.4	26	1.1	560	.04	.13	*	0
DRY LEGUMES	38	2.3	.4	6.5	14	.7	10	.03	.02	.2	*
NUTS, PEANUT BUTTER	47	1.9	4.1	1.5	5	.2	*	.02	.01	1.0	*
SOUP, MIXTURES	10	.6	.5	.8	2	*	40	*	*	*	*
ALL VEGETABLES	182	5.8	2.9	36.2	72	2.5	3,120	.20	.16	2.9	42
POTATOES	90	2.0	2.0	16.5	8	.6	*	.07	.03	1.4	10
DARK GREEN	4	.4	*	.7	15	.2	730	.01	.02	*	6
DEEP YELLOW	8	.2	*	1.9	4	*	1,240	*	*	*	1
TOMATOES	20	.7	.2	4.4	6	.4	540	.03	.02	.5	9
OTHER	55	2.4	.4	12.1	37	1.2	480	.07	.07	.7	15
SOUP, MIXTURES	5	.2	.2	.7	1	*	130	*	*	*	*
ALL FRUIT	122	1.3	.4	30.8	29	1.0	540	.10	.06	.7	48
CITRUS	38	.6	.1	9.4	16	.2	140	.06	.02	.3	36
OTHER VITAMIN C-RICH	5	*	*	1.2	2	*	130	*	*	*	6
OTHER	79	.6	.3	20.1	11	.6	270	.03	.04	.4	6
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

SPRING 1965 BY FOOD GROUP

FOOD GROUP ‡	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIA-MINE	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	549	15.8	4.9	108.8	146	5.3	20	.58	.38	5.0	*
FLOUR----------	118	3.3	.4	24.6	37	1.0	*	.11	.08	1.0	0
CEREAL, PASTES----------	175	4.6	.9	37.1	35	2.1	*	.23	.11	1.8	*
BREAD----------	211	6.9	2.4	39.7	64	1.9	*	.20	.16	1.9	0
OTHER BAKERY PRODUCTS----------	44	1.1	1.1	7.4	10	.3	*	.03	.03	.3	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	273	4.9	8.7	44.5	46	.8	90	.05	.06	.6	*
FLOUR----------	31	.4	.8	5.8	9	*	*	*	*	*	*
CEREAL, PASTES----------	15	.4	.1	3.2	1	*	*	*	*	*	*
BREAD----------	19	.6	.1	3.9	6	.1	*	.01	*	*	0
OTHER BAKERY PRODUCTS----------	179	2.8	6.6	27.7	24	.5	50	.02	.04	.3	*
SOUP, MIXTURES----------	28	.7	1.1	3.9	6	.1	40	*	.01	.1	*
FATS, OILS----------	399	.3	44.5	1.2	7	*	810	*	*	*	*
BUTTER----------	59	*	6.6	*	2	.0	270	.00	.00	.0	0
MARGARINE----------	113	*	12.7	*	3	.0	520	.00	.00	.0	0
OIL, SALAD DRESSING----------	120	.1	13.1	.9	2	*	20	*	*	*	*
LARD----------	45	*	5.0	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	63	*	7.0	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	333	.8	1.7	82.2	25	.6	60	.01	.02	.2	5
SUGAR, SIRUP, JELLY, CANDY--------	265	.5	1.6	64.7	20	.6	*	.01	.02	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	12	*	*	3.2	4	*	50	*	*	*	4
NO ADDED VITAMIN C----------	55	.3	*	14.3	1	*	*	*	*	*	*
OTHER FOOD----------	53	.3	.2	8.1	37	.9	20	*	.06	4.2	0
ALCOHOLIC BEVERAGE----------	27	.1	.0	1.6	2	*	0	*	.01	.2	0
SOME NUTRITIVE VALUE----------	25	.2	.2	6.5	35	.9	20	*	.05	3.9	0

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP

UNITED STATES

ALL URBANIZATIONS

FOOD GROUP ‡	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,152	102.2	149.1	354.7	1,087	18.9	7,510	1.54	2.32	24.5	105
MILK, CREAM, CHEESE	403	20.9	22.1	30.5	658	.3	900	.16	.89	.6	5
MILK	257	14.6	12.8	20.8	496	*	520	.13	.71	.5	4
CREAM, ICE CREAM	78	1.8	4.5	8.1	57	*	180	.02	.08	*	*
CHEESE	59	4.3	4.3	.7	96	.1	180	.01	.08	*	0
SOUP, MIXTURES	8	.3	.4	.9	8	*	30	.01	.01	.1	*
MEAT, POULTRY, FISH	676	41.6	54.8	1.0	31	5.6	980	.32	.51	8.8	1
BEEF	263	17.9	20.7	*	10	2.7	30	.05	.15	3.4	0
BACON, SALT PORK	113	1.3	11.8	.1	2	.2	0	.03	.02	.2	0
OTHER PORK	119	6.2	10.3	*	4	.9	0	.16	.07	1.2	0
LIVER	4	.5	.1	.1	*	.2	670	*	.07	.3	1
LUNCHMEAT, FRANKFURTERS	83	3.8	7.2	.5	2	.6	80	.05	.07	.9	0
OTHER MEAT	14	1.3	1.0	*	1	.1	*	.01	.02	.3	*
POULTRY	53	7.1	2.5	*	4	.7	180	.02	.10	1.7	*
FISH, SHELLFISH	26	3.4	1.2	.2	8	.2	20	.01	.01	.8	*
OTHER PROTEIN FOOD	163	10.3	9.8	8.7	43	1.9	570	.09	.16	1.4	*
EGGS	71	5.6	5.0	.4	23	1.0	510	.04	.12	*	0
DRY LEGUMES	35	2.1	.4	5.9	12	.6	10	.03	.01	.2	*
NUTS, PEANUT BUTTER	45	1.8	3.9	1.4	5	.2	*	.02	.01	1.0	*
SOUP, MIXTURES	10	.5	.5	.8	1	.1	40	*	.01	.1	*
ALL VEGETABLES	204	6.8	3.3	40.6	76	2.8	2,890	.24	.19	3.2	50
POTATOES	91	1.9	2.2	16.3	8	.6	*	.07	.03	1.4	10
DARK GREEN	3	.3	*	.6	10	.2	510	.01	.02	.1	6
DEEP YELLOW	7	.1	*	1.7	4	.1	990	.01	.01	.1	1
TOMATOES	25	.9	.3	5.5	10	.5	740	.05	.03	.7	15
OTHER	74	3.3	.6	15.9	44	1.4	540	.10	.10	1.0	18
SOUP, MIXTURES	4	.2	.1	.6	1	*	110	*	*	.1	*
ALL FRUIT	123	1.4	.5	31.0	27	1.1	1,230	.10	.07	.9	44
CITRUS	31	.5	.1	7.5	10	.2	110	.05	.01	.2	28
OTHER VITAMIN C-RICH	6	.1	*	1.4	2	.1	490	.01	.01	.1	6
OTHER	87	.9	.3	22.1	14	.8	640	.05	.05	.6	9
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

SUMMER 1965 BY FOOD GROUP

FOOD GROUP #	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	530	15.2	4.8	104.9	142	4.9	20	.55	.37	4.8	*
FLOUR----------	111	3.0	.4	23.2	37	.9	*	.11	.08	1.0	0
CEREAL, PASTES----------	164	4.2	.8	34.7	32	1.8	10	.22	.11	1.7	*
BREAD----------	210	6.9	2.4	39.5	64	1.9	*	.20	.16	1.9	0
OTHER BAKERY PRODUCTS----------	45	1.1	1.1	7.6	9	.3	10	.03	.03	.3	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	269	4.8	8.7	43.7	45	.8	90	.05	.06	.6	*
FLOUR----------	29	.4	.8	5.4	8	.1	*	*	.01	*	0
CEREAL, PASTES----------	15	.4	.1	3.2	1	.1	*	.01	*	.1	*
BREAD----------	17	.6	.1	3.5	5	.1	*	.01	.01	.1	0
OTHER BAKERY PRODUCTS----------	180	2.8	6.6	27.7	25	.5	50	.02	.04	.3	*
SOUP, MIXTURES----------	28	.7	1.1	3.9	5	.1	40	.01	.01	.1	*
FATS, OILS----------	393	.3	43.7	1.2	6	*	770	*	*	*	*
BUTTER----------	52	*	5.9	*	1	.0	240	.00	.00	.0	0
MARGARINE----------	110	.1	12.3	.1	3	.0	500	.00	.00	.0	0
OIL, SALAD DRESSING----------	123	.1	13.5	.9	2	*	20	*	*	*	*
LARD----------	42	*	4.6	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	67	*	7.5	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	341	.7	1.3	85.4	23	.6	50	.01	.02	.1	5
SUGAR, SIRUP, JELLY, CANDY--------	265	.4	1.2	65.5	17	.5	10	.01	.02	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	16	*	*	4.2	5	*	40	*	*	*	5
NO ADDED VITAMIN C----------	61	.3	.1	15.8	1	*	*	*	*	*	*
OTHER FOOD----------	50	.2	.1	7.6	35	.9	20	.01	.06	4.0	0
ALCOHOLIC BEVERAGE----------	27	.1	.0	1.6	2	*	0	*	.01	.2	0
SOME NUTRITIVE VALUE----------	23	.1	.1	6.0	33	.9	20	.01	.04	3.8	0

SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,227	106.4	153.2	359.1	1,145	19.6	7,930	1.59	2.41	25.5	99
MILK, CREAM, CHEESE	420	22.0	23.2	31.2	698	.3	950	.17	.94	.6	6
MILK	288	16.2	14.6	23.2	548	*	590	.14	.79	.5	5
CREAM, ICE CREAM	65	1.5	3.9	6.4	47	*	160	.01	.07	*	*
CHEESE	58	4.1	4.4	.6	95	.1	180	.01	.08	*	0
SOUP, MIXTURES	8	.3	.3	.9	8	*	30	.01	.01	.1	*
MEAT, POULTRY, FISH	691	43.8	55.4	1.0	33	5.9	1,130	.34	.54	9.5	1
BEEF	268	18.3	21.1	*	11	2.7	30	.05	.15	3.5	0
BACON, SALT PORK	99	1.2	10.3	.1	2	.2	0	.02	.01	.2	0
OTHER PORK	129	6.5	11.2	*	4	1.0	0	.17	.07	1.3	0
LIVER	5	.7	.1	.1	*	.3	810	*	.09	.4	1
LUNCHMEAT, FRANKFURTERS	73	3.4	6.3	.4	2	.5	70	.05	.06	.8	0
OTHER MEAT	18	1.7	1.2	*	1	.2	*	.01	.02	.5	*
POULTRY	76	9.0	4.1	*	6	.8	200	.03	.11	2.3	*
FISH, SHELLFISH	24	3.1	1.1	.2	8	.2	20	.01	.01	.7	*
OTHER PROTEIN FOOD	178	10.7	11.3	9.2	45	2.0	570	.10	.16	1.5	*
EGGS	71	5.6	5.0	.4	24	1.0	520	.04	.12	*	0
DRY LEGUMES	34	2.1	.3	5.9	12	.7	10	.03	.02	.2	*
NUTS, PEANUT BUTTER	60	2.2	5.3	1.8	7	.2	*	.03	.01	1.1	*
SOUP, MIXTURES	11	.6	.5	.9	2	.1	40	.01	.01	.1	*
ALL VEGETABLES	195	6.1	2.8	39.3	77	2.6	3,850	.21	.17	3.0	45
POTATOES	92	2.1	1.8	17.3	8	.6	*	.07	.04	1.5	11
DARK GREEN	4	.4	.1	.8	19	.3	820	.01	.02	.1	8
DEEP YELLOW	20	.4	.1	4.6	8	.2	1,940	.01	.01	.1	3
TOMATOES	20	.7	.2	4.3	6	.4	530	.03	.02	.5	9
OTHER	54	2.4	.4	11.6	34	1.1	420	.07	.07	.7	14
SOUP, MIXTURES	5	.2	.2	.7	1	.1	150	*	*	.1	*
ALL FRUIT	134	1.2	.5	34.0	26	.9	400	.11	.06	.7	42
CITRUS	38	.6	.1	9.3	15	.2	140	.06	.02	.3	36
OTHER VITAMIN C-RICH	2	*	*	.4	*	*	50	*	*	*	1
OTHER	94	.6	.3	24.2	12	.7	210	.04	.04	.4	6
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183 FALL 1965 BY FOOD GROUP

FOOD GROUP #	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	565	16.4	4.9	112.1	151	5.4	10	.59	.39	5.1	*
FLOUR----------	140	3.9	.5	29.3	43	1.1	*	.14	.10	1.2	0
CEREAL, PASTES----------	171	4.5	1.0	35.8	34	2.1	10	.22	.11	1.7	*
BREAD----------	215	7.0	2.5	40.4	66	2.0	*	.20	.16	1.9	0
OTHER BAKERY PRODUCTS----------	39	1.0	1.0	6.6	8	.2	*	.03	.02	.2	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	263	4.7	8.4	42.9	43	.8	110	.05	.06	.6	*
FLOUR----------	31	.4	.8	5.7	8	.1	*	*	.01	*	*
CEREAL, PASTES----------	18	.4	.2	3.8	2	.1	*	.01	*	.1	0
BREAD----------	17	.6	.1	3.5	5	.1	*	.01	.01	.1	0
OTHER BAKERY PRODUCTS----------	166	2.6	6.1	25.8	22	.4	40	.02	.03	.3	*
SOUP, MIXTURES----------	31	.8	1.2	4.2	6	.1	70	.01	.01	.1	*
FATS, OILS----------	402	.3	44.8	1.1	6	*	830	*	*	*	*
BUTTER----------	62	.1	7.0	*	2	.0	290	.00	.00	.0	0
MARGARINE----------	115	.1	12.9	.1	3	.0	530	.00	.00	.0	0
OIL, SALAD DRESSING----------	110	.1	12.0	.8	2	*	20	*	*	*	*
LARD----------	48	*	5.3	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	67	*	7.5	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	326	.8	1.8	80.0	26	.7	60	.02	.02	.2	4
SUGAR, SIRUP, JELLY, CANDY--------	268	.6	1.7	65.0	21	.6	10	.01	.02	.2	*
OTHER SWEETS--											
ADDED VITAMIN C----------	8	*	*	2.2	3	*	50	*	*	*	4
NO ADDED VITAMIN C----------	50	.2	.1	12.8	1	*	*	*	*	*	*
OTHER FOOD----------	52	.3	.1	8.3	40	.9	20	.01	.06	4.3	0
ALCOHOLIC BEVERAGE----------	26	.1	.0	1.5	2	*	0	*	.01	.2	0
SOME NUTRITIVE VALUE----------	26	.2	.1	6.8	38	.9	20	.01	.04	4.1	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP

UNITED STATES

ALL URBANIZATIONS

FOOD GROUP *	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,117	102.9	147.1	348.6	1,133	19.1	7,230	1.55	2.35	24.2	105
MILK, CREAM, CHEESE	417	22.2	22.8	31.0	702	.3	930	.17	.95	.6	6
MILK	288	16.4	14.4	23.3	555	*	580	.14	.80	.5	5
CREAM, ICE CREAM	59	1.3	3.5	5.9	43	*	140	.01	.06	*	*
CHEESE	59	4.2	4.4	.6	95	.1	180	.01	.08	*	0
SOUP, MIXTURES	10	.3	.5	1.1	9	*	30	.01	.02	.1	*
MEAT, POULTRY, FISH	652	40.7	52.6	.9	31	5.6	1,050	.31	.50	8.7	1
BEEF	271	18.3	21.4	*	11	2.7	30	.05	.15	3.5	0
BACON, SALT PORK	92	1.1	9.6	.1	2	.2	0	.02	.01	.2	0
OTHER PORK	121	6.1	10.5	*	3	.9	0	.16	.07	1.2	0
LIVER	4	.6	.1	.1	*	.3	760	*	.09	.3	1
LUNCHMEAT, FRANKFURTERS	71	3.3	6.1	.4	2	.5	80	.05	.06	.7	0
OTHER MEAT	16	1.5	1.1	*	1	.2	*	.01	.02	.4	*
POULTRY	54	6.9	2.7	*	4	.6	160	.02	.09	1.7	*
FISH, SHELLFISH	23	2.9	1.1	.2	7	.2	20	.01	.01	.7	*
OTHER PROTEIN FOOD	172	10.7	10.5	9.4	44	2.0	570	.10	.16	1.5	*
EGGS	71	5.6	5.0	.4	23	1.0	510	.04	.12	*	0
DRY LEGUMES	37	2.2	.3	6.4	13	.7	10	.03	.02	.2	*
NUTS, PEANUT BUTTER	52	2.0	4.6	1.6	6	.2	*	.02	.01	1.1	*
SOUP, MIXTURES	10	.6	.5	.9	2	.1	40	.01	.01	.1	*
ALL VEGETABLES	189	6.0	2.7	38.1	70	2.6	3,310	.20	.16	3.0	41
POTATOES	93	2.1	1.8	17.4	8	.6	*	.08	.04	1.5	11
DARK GREEN	4	.3	.1	.6	15	.2	680	.01	.02	.1	6
DEEP YELLOW	13	.2	.1	2.9	6	.1	1,480	.01	.01	.1	2
TOMATOES	21	.7	.2	4.6	6	.4	550	.03	.02	.5	9
OTHER	53	2.3	.4	11.6	34	1.1	440	.06	.07	.7	13
SOUP, MIXTURES	6	.3	.2	.9	2	.1	170	*	*	.1	*
ALL FRUIT	135	1.4	.5	34.0	32	1.0	380	.12	.06	.7	52
CITRUS	49	.8	.2	12.1	22	.3	180	.08	.03	.3	46
OTHER VITAMIN C-RICH	2	*	*	.4	*	*	*	*	*	*	1
OTHER	84	.6	.4	21.5	10	.6	190	.04	.03	.4	5
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

WINTER 1966 BY FOOD GROUP

FOOD GROUP *	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	552	16.0	4.9	109.5	148	5.4	10	.58	.38	4.9	*
FLOUR----------	126	3.5	.5	26.3	40	1.0	*	.12	.09	1.1	0
CEREAL, PASTES----------	180	4.8	1.1	37.6	37	2.2	10	.23	.11	1.7	*
BREAD----------	207	6.8	2.4	39.0	64	1.9	*	.19	.16	1.9	0
OTHER BAKERY PRODUCTS----------	39	1.0	1.0	6.6	7	.2	*	.03	.02	.2	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	257	4.7	8.2	41.9	43	.8	90	.05	.06	.6	*
FLOUR----------	32	.4	.9	5.8	9	.1	*	*	.01	*	0
CEREAL, PASTES----------	15	.4	.1	3.1	1	.1	*	.01	*	.1	0
BREAD----------	19	.6	.1	3.9	5	.1	*	.01	.01	.1	0
OTHER BAKERY PRODUCTS----------	163	2.6	6.0	25.1	21	.4	40	.02	.03	.3	*
SOUP, MIXTURES----------	28	.8	1.0	3.9	6	.1	40	.01	.01	.1	*
FATS, OILS----------	387	.3	43.1	1.1	6	*	820	*	*	*	*
BUTTER----------	54	*	6.1	*	2	.0	250	.00	.00	.0	0
MARGARINE----------	121	.1	13.6	.1	3	.0	550	.00	.00	.0	0
OIL, SALAD DRESSING----------	110	.1	12.1	.8	2	*	20	*	*	*	*
LARD----------	35	*	3.9	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	68	*	7.6	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	304	.8	1.5	74.7	23	.6	60	.02	.02	.2	4
SUGAR, SIRUP, JELLY, CANDY--------	242	.5	1.4	59.1	18	.6	10	.01	.02	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	9	*	*	2.2	3	*	60	*	*	*	4
NO ADDED VITAMIN C----------	53	.3	.1	13.4	1	*	*	*	*	*	*
OTHER FOOD----------	51	.3	.2	8.1	35	.9	20	.01	.05	4.0	0
ALCOHOLIC BEVERAGE----------	25	.1	.0	1.4	2	*	0	*	.01	.2	0
SOME NUTRITIVE VALUE----------	26	.2	.2	6.7	33	.9	20	.01	.04	3.8	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,070	103.2	147.4	335.0	1,089	18.8	7,570	1.51	2.33	24.5	104
MILK, CREAM, CHEESE	410	21.5	22.6	30.6	677	.3	930	.16	.91	.6	6
MILK	270	15.3	13.5	21.9	518	*	550	.14	.74	.5	5
CREAM, ICE CREAM	69	1.5	4.0	7.0	50	*	160	.01	.07	*	*
CHEESE	61	4.4	4.6	.7	99	.1	190	.01	.08	*	0
SOUP, MIXTURES	10	.3	.4	1.1	10	*	30	.01	.02	.1	*
MEAT, POULTRY, FISH	686	43.4	55.1	1.0	32	5.8	1,160	.34	.54	9.3	1
BEEF	278	18.7	22.0	*	11	2.8	30	.05	.15	3.6	*
BACON, SALT PORK	96	1.2	10.0	.1	2	.2	0	.02	.01	.2	0
OTHER PORK	125	6.6	10.7	*	4	1.0	0	.17	.07	1.3	0
LIVER	5	.6	.1	.1	*	.3	840	*	.09	.3	1
LUNCHMEAT, FRANKFURTERS	77	3.5	6.7	.5	2	.6	90	.05	.07	.8	0
OTHER MEAT	19	1.6	1.3	*	1	.2	*	.01	.02	.4	*
POULTRY	60	7.7	3.0	*	5	.7	180	.02	.10	1.9	*
FISH, SHELLFISH	26	3.4	1.2	.2	8	.2	20	.01	.01	.8	*
OTHER PROTEIN FOOD	165	10.3	10.2	8.4	42	1.9	570	.09	.16	1.4	*
EGGS	70	5.6	5.0	.4	23	1.0	510	.04	.12	*	0
DRY LEGUMES	31	1.9	.3	5.4	11	.6	10	.03	.01	.2	*
NUTS, PEANUT BUTTER	48	1.9	4.3	1.5	5	.2	*	.02	.01	1.0	*
SOUP, MIXTURES	11	.6	.5	.9	2	.1	40	.01	.01	.1	*
ALL VEGETABLES	184	5.9	3.0	36.3	71	2.6	3,290	.20	.16	2.9	43
POTATOES	86	1.9	2.0	15.6	8	.6	*	.07	.03	1.4	10
DARK GREEN	4	.4	.1	.7	15	.2	710	.01	.02	.1	7
DEEP YELLOW	11	.2	*	2.5	5	.1	1,370	.01	.01	.1	1
TOMATOES	22	.7	.2	4.7	7	.5	600	.04	.02	.6	10
OTHER	55	2.5	.4	12.0	36	1.1	460	.07	.08	.7	15
SOUP, MIXTURES	6	.3	.2	.8	1	.1	150	*	*	.1	*
ALL FRUIT	131	1.4	.5	33.0	30	1.0	650	.11	.06	.8	49
CITRUS	43	.7	.1	10.4	17	.3	150	.07	.02	.3	40
OTHER VITAMIN C-RICH	3	.1	*	.8	1	*	180	*	*	*	3
OTHER	85	.7	.3	21.8	12	.7	320	.04	.04	.4	6
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	497	14.5	4.7	98.0	126	4.8	10	.53	.35	4.5	*
FLOUR----------	87	2.4	.4	18.1	24	.7	*	.08	.06	.7	0
CEREAL, PASTES----------	158	4.2	.9	33.3	30	2.0	10	.22	.10	1.6	*
BREAD----------	210	6.9	2.4	39.5	64	1.9	*	.20	.16	1.9	0
OTHER BAKERY PRODUCTS----------	42	1.0	1.0	7.1	8	.3	10	.03	.02	.3	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	272	5.0	8.8	44.1	46	.8	100	.05	.06	.6	*
FLOUR----------	29	.4	.8	5.4	9	.1	*	*	.01	*	*
CEREAL, PASTES----------	13	.3	.1	2.7	1	.1	*	.01	*	.1	*
BREAD----------	21	.7	.2	4.4	6	.1	*	.01	.01	.1	0
OTHER BAKERY PRODUCTS----------	177	2.8	6.5	27.3	24	.5	50	.02	.04	.3	*
SOUP, MIXTURES----------	30	.8	1.2	4.2	6	.1	50	.01	.01	.1	*
FATS, OILS----------	368	.3	41.0	1.1	6	*	780	*	*	*	*
BUTTER----------	57	*	6.5	*	2	.0	270	.00	.00	.0	0
MARGARINE----------	109	.1	12.2	.1	3	.0	500	.00	.00	.0	0
OIL, SALAD DRESSING----------	121	.1	13.3	.8	2	*	20	*	*	*	*
LARD----------	22	*	2.4	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	59	*	6.6	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	301	.8	1.5	74.2	22	.5	60	.01	.02	.2	5
SUGAR, SIRUP, JELLY, CANDY--------	231	.5	1.4	56.2	17	.5	10	.01	.02	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	12	*	*	3.2	4	*	50	*	*	*	4
NO ADDED VITAMIN C----------	58	.3	.1	14.8	1	*	*	*	*	*	*
OTHER FOOD----------	56	.3	.1	8.3	35	.9	30	.01	.06	4.2	0
ALCOHOLIC BEVERAGE----------	31	.1	.0	1.8	2	*	0	*	.01	.3	0
SOME NUTRITIVE VALUE----------	25	.1	.1	6.5	33	.9	30	.01	.05	3.9	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP — UNITED STATES — URBAN

FOOD GROUP ‡	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIA-MINE	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,131	105.7	152.0	336.8	1,089	19.2	7,700	1.54	2.37	24.9	105
MILK, CREAM, CHEESE	406	21.4	22.2	30.5	668	.3	910	.16	.90	.6	5
MILK	263	15.0	13.1	21.5	508	*	530	.13	.73	.5	4
CREAM, ICE CREAM	71	1.6	4.1	7.2	52	*	170	.01	.07	*	*
CHEESE	62	4.5	4.6	.7	100	.2	190	*	.08	*	0
SOUP, MIXTURES	9	.3	.4	1.0	9	*	30	*	.01	*	*
MEAT, POULTRY, FISH	727	45.5	58.6	1.0	34	6.2	1,320	.37	.57	9.7	*
BEEF	284	18.9	22.5	*	11	2.8	30	.05	.15	3.6	*
BACON, SALT PORK	107	1.3	11.2	.2	2	.2	0	.03	.02	.2	0
OTHER PORK	142	7.6	12.1	*	4	1.1	0	.20	.08	1.5	0
LIVER	5	.7	.2	.2	*	.3	990	*	.10	.4	*
LUNCHMEAT, FRANKFURTERS	84	3.9	7.3	.5	2	.6	90	.05	.08	.9	0
OTHER MEAT	18	1.6	1.2	*	1	.2	*	*	.02	.4	*
POULTRY	58	7.7	2.8	*	5	.7	180	.02	.10	1.9	*
FISH, SHELLFISH	28	3.7	1.3	.2	8	.2	20	.01	.02	.8	*
OTHER PROTEIN FOOD	168	10.7	10.2	8.6	44	2.0	600	.10	.17	1.4	*
EGGS	75	5.9	5.3	.4	25	1.1	540	.04	.13	*	0
DRY LEGUMES	33	2.0	.4	5.7	12	.6	10	.03	.01	.2	*
NUTS, PEANUT BUTTER	45	1.8	3.9	1.4	5	.2	*	.02	.01	1.0	*
SOUP, MIXTURES	11	.7	.5	.9	2	*	40	*	*	*	*
ALL VEGETABLES	179	5.8	3.0	35.2	72	2.6	3,300	.19	.16	2.8	42
POTATOES	86	1.8	2.1	15.4	7	.6	*	.07	.03	1.3	10
DARK GREEN	4	.4	*	.7	16	.2	780	.01	.02	*	7
DEEP YELLOW	9	.2	*	2.0	5	.1	1,340	*	*	*	1
TOMATOES	21	.7	.2	4.5	7	.4	560	.03	.02	.5	10
OTHER	54	2.4	.4	11.8	36	1.1	480	.07	.07	.7	15
SOUP, MIXTURES	6	.2	.2	.8	1	*	140	*	*	*	*
ALL FRUIT	125	1.3	.4	31.5	30	1.0	570	.11	.06	.7	51
CITRUS	42	.7	.1	10.4	17	.3	150	.07	.02	.3	40
OTHER VITAMIN C-RICH	4	*	*	1.1	2	*	140	*	*	*	5
OTHER	78	.6	.3	20.0	11	.7	270	.03	.04	.4	6
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

SPRING 1965 BY FOOD GROUP

FOOD GROUP ‡	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIA-MINE	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	500	14.6	4.7	98.6	128	4.9	20	.53	.35	4.6	*
FLOUR----------	82	2.2	.3	17.0	23	.7	*	.08	.06	.7	0
CEREAL, PASTES----------	163	4.3	.8	34.5	31	2.0	*	.23	.11	1.7	*
BREAD----------	210	6.9	2.4	39.6	64	1.9	*	.20	.16	1.9	0
OTHER BAKERY PRODUCTS----------	44	1.1	1.1	7.5	10	.3	*	.03	.03	.3	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	283	5.2	9.1	46.0	48	.8	100	.05	.07	.7	*
FLOUR----------	29	.4	.7	5.4	9	*	*	*	*	*	*
CEREAL, PASTES----------	14	.3	.1	2.9	*	*	*	*	*	*	0
BREAD----------	23	.8	.2	4.7	7	.1	*	.01	*	.1	0
OTHER BAKERY PRODUCTS----------	187	2.9	6.9	28.8	26	.5	50	.02	.04	.3	*
SOUP, MIXTURES----------	30	.8	1.2	4.1	6	.1	40	*	.01	.1	*
FATS, OILS----------	376	.3	41.9	1.2	7	*	800	*	*	*	*
BUTTER----------	59	*	6.7	*	2	.0	270	.00	.00	.0	0
MARGARINE----------	110	*	12.4	*	3	.0	510	.00	.00	.0	0
OIL, SALAD DRESSING----------	125	.1	13.8	.9	2	*	20	*	*	*	*
LARD----------	25	*	2.8	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	57	*	6.3	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	309	.8	1.6	75.9	23	.5	60	.01	.02	.1	5
SUGAR, SIRUP, JELLY, CANDY--------	237	.5	1.6	57.4	18	.5	*	.01	.02	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	13	*	*	3.4	4	*	50	*	*	*	5
NO ADDED VITAMIN C----------	59	.3	*	15.1	1	*	*	*	*	*	*
OTHER FOOD----------	58	.3	.1	8.4	36	1.0	30	.01	.06	4.3	0
ALCOHOLIC BEVERAGE----------	33	.1	.0	1.9	3	*	0	*	.01	.3	0
SOME NUTRITIVE VALUE----------	25	.1	.1	6.5	33	1.0	30	.01	.05	4.0	0

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP #	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,001	99.9	143.7	329.8	1,052	18.2	7,510	1.46	2.26	23.9	103
MILK, CREAM, CHEESE	400	20.8	21.9	30.2	652	.3	900	.16	.88	.6	5
MILK	251	14.3	12.5	20.3	485	*	500	.13	.70	.4	4
CREAM, ICE CREAM	78	1.8	4.5	8.2	58	*	180	.02	.08	*	*
CHEESE	61	4.5	4.5	.7	100	.2	180	.01	.08	*	0
SOUP, MIXTURES	10	.3	.4	1.0	9	*	30	.01	.02	.1	1
MEAT, POULTRY, FISH	672	42.1	54.2	1.0	32	5.7	1,020	.32	.51	9.0	1
BEEF	273	18.3	21.6	*	11	2.7	30	.05	.15	3.5	0
BACON, SALT PORK	101	1.2	10.5	.1	2	.2	0	.02	.02	.2	0
OTHER PORK	116	6.1	9.9	*	4	.9	0	.16	.07	1.2	0
LIVER	4	.5	.1	.1	*	.2	700	*	.08	.3	1
LUNCHMEAT, FRANKFURTERS	80	3.7	6.9	.5	2	.6	90	.05	.07	.8	0
OTHER MEAT	18	1.5	1.2	*	1	.2	*	.01	.02	.4	*
POULTRY	54	7.2	2.6	*	4	.7	180	.02	.10	1.7	*
FISH, SHELLFISH	27	3.5	1.3	.2	8	.2	30	.01	.01	.8	*
OTHER PROTEIN FOOD	151	9.6	9.3	7.8	40	1.8	540	.08	.15	1.3	*
EGGS	67	5.3	4.7	.4	22	1.0	490	.04	.12	*	0
DRY LEGUMES	30	1.8	.3	5.1	11	.6	10	.03	.01	.2	*
NUTS, PEANUT BUTTER	41	1.7	3.6	1.3	4	.2	*	.01	.01	.9	*
SOUP, MIXTURES	10	.5	.5	.8	2	.1	40	.01	.01	.1	*
ALL VEGETABLES	189	6.2	3.3	37.1	72	2.6	2,910	.22	.18	3.0	45
POTATOES	86	1.8	2.3	15.1	7	.5	*	.06	.03	1.3	9
DARK GREEN	3	.3	*	.6	11	.2	570	.01	.02	.1	6
DEEP YELLOW	7	.1	*	1.6	4	.1	1,010	.01	.01	.1	1
TOMATOES	25	.9	.3	5.3	9	.5	710	.04	.03	.6	14
OTHER	64	2.9	.5	13.9	39	1.2	500	.09	.09	.8	16
SOUP, MIXTURES	5	.2	.1	.7	1	*	120	*	*	.1	*
ALL FRUIT	124	1.5	.4	31.3	27	1.1	1,210	.11	.07	.9	45
CITRUS	33	.5	.1	8.1	11	.2	120	.05	.02	.2	30
OTHER VITAMIN C-RICH	5	.1	*	1.3	2	.1	480	.01	.01	.1	6
OTHER	85	.8	.3	21.8	14	.8	610	.04	.05	.6	9
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	473	13.7	4.6	93.1	122	4.5	10	.50	.33	4.3	*
FLOUR----------	74	2.0	.3	15.4	23	.6	*	.07	.05	.6	0
CEREAL, PASTES----------	148	3.9	.7	31.4	29	1.7	10	.21	.10	1.6	*
BREAD----------	206	6.7	2.4	38.7	63	1.9	*	.19	.16	1.9	0
OTHER BAKERY PRODUCTS----------	44	1.1	1.1	7.5	8	.3	10	.03	.02	.3	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	274	4.9	8.9	44.3	47	.8	90	.05	.06	.6	*
FLOUR----------	27	.3	.7	5.1	8	.1	*	*	*	*	0
CEREAL, PASTES----------	13	.3	.1	2.7	1	.1	*	.01	*	.1	*
BREAD----------	20	.7	.1	4.2	6	.1	*	.01	.01	.1	0
OTHER BAKERY PRODUCTS----------	183	2.9	6.8	28.2	26	.5	50	.03	.04	.3	*
SOUP, MIXTURES----------	29	.7	1.1	4.1	5	.1	40	.01	.01	.1	*
FATS, OILS----------	358	.3	39.8	1.2	6	*	740	*	*	*	*
BUTTER----------	51	*	5.8	*	1	.0	240	.00	.00	.0	0
MARGARINE----------	104	.1	11.7	.1	3	.0	480	.00	.00	.0	0
OIL, SALAD DRESSING----------	126	.1	13.8	.9	2	*	20	*	*	*	*
LARD----------	17	*	1.9	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	59	*	6.6	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	305	.7	1.2	76.1	21	.5	50	.01	.02	.1	6
SUGAR, SIRUP, JELLY, CANDY--------	224	.4	1.2	55.0	15	.4	10	.01	.01	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	17	*	*	4.5	5	*	40	*	*	*	5
NO ADDED VITAMIN C----------	64	.3	.1	16.6	1	*	*	*	*	*	*
OTHER FOOD----------	55	.2	.1	7.8	33	.9	30	.01	.06	4.0	0
ALCOHOLIC BEVERAGE----------	31	.1	.0	1.8	2	*	0	*	.01	.3	0
SOME NUTRITIVE VALUE----------	23	.1	.1	6.0	31	.9	30	.01	.05	3.8	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,146	105.8	150.7	344.3	1,116	19.2	7,900	1.55	2.39	25.3	102
MILK, CREAM, CHEESE	421	22.0	23.3	31.2	696	.3	950	.17	.94	.6	6
MILK	285	15.9	14.4	23.0	540	*	580	.14	.78	.5	5
CREAM, ICE CREAM	66	1.5	4.0	6.5	48	*	160	.01	.07	*	*
CHEESE	61	4.3	4.6	.6	99	.1	190	.01	.08	*	0
SOUP, MIXTURES	9	.3	.4	1.1	9	.1	30	.01	.01	.1	*
MEAT, POULTRY, FISH	693	44.6	55.3	1.0	33	6.0	1,220	.34	.55	9.7	1
BEEF	278	18.9	21.8	*	11	2.8	30	.05	.15	3.6	0
BACON, SALT PORK	90	1.1	9.5	.1	2	.2	0	.02	.01	.2	0
OTHER PORK	128	6.6	11.0	*	4	1.0	0	.18	.07	1.3	0
LIVER	5	.7	.1	.2	*	.3	890	*	.09	.4	1
LUNCHMEAT, FRANKFURTERS	73	3.4	6.3	.4	2	.5	80	.05	.07	.8	0
OTHER MEAT	20	1.8	1.4	*	1	.2	*	.01	.03	.5	*
POULTRY	75	9.0	4.1	*	6	.8	200	.03	.11	2.3	*
FISH, SHELLFISH	25	3.2	1.2	.3	7	.2	20	.01	.01	.7	*
OTHER PROTEIN FOOD	174	10.4	11.2	8.5	43	1.9	570	.10	.16	1.5	*
EGGS	70	5.5	4.9	.4	23	1.0	510	.04	.12	*	0
DRY LEGUMES	29	1.8	.3	5.1	11	.6	10	.03	.01	.2	*
NUTS, PEANUT BUTTER	60	2.2	5.3	1.8	7	.2	*	.03	.01	1.1	*
SOUP, MIXTURES	12	.6	.6	1.0	2	.1	50	.01	.01	.1	*
ALL VEGETABLES	186	5.9	2.9	37.2	74	2.6	3,700	.20	.16	2.9	44
POTATOES	88	1.9	1.9	16.1	8	.6	*	.07	.03	1.4	10
DARK GREEN	4	.4	.1	.8	17	.3	790	.01	.02	.1	8
DEEP YELLOW	16	.3	.1	3.8	7	.2	1,770	.01	.01	.1	2
TOMATOES	21	.7	.2	4.5	6	.4	560	.03	.02	.5	10
OTHER	52	2.3	.4	11.2	34	1.1	430	.07	.07	.7	14
SOUP, MIXTURES	6	.3	.2	.8	1	.1	150	*	*	.1	*
ALL FRUIT	139	1.3	.5	35.1	28	1.0	420	.11	.06	.7	46
CITRUS	42	.7	.1	10.3	16	.2	160	.07	.02	.3	40
OTHER VITAMIN C-RICH	1	*	*	.3	*	*	60	*	*	*	1
OTHER	95	.6	.4	24.4	12	.7	200	.04	.04	.4	6
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	518	15.2	4.8	102.2	128	5.1	10	.55	.36	4.7	*
FLOUR----------	103	2.9	.4	21.4	24	.8	*	.10	.07	.9	0
CEREAL, PASTES----------	158	4.3	.9	33.1	30	2.0	10	.22	.10	1.6	*
BREAD----------	217	7.1	2.5	40.9	66	2.0	*	.20	.16	2.0	0
OTHER BAKERY PRODUCTS----------	40	1.0	1.0	6.8	8	.2	*	.03	.02	.2	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	267	4.9	8.6	43.4	45	.8	120	.05	.06	.6	*
FLOUR----------	31	.4	.8	5.7	8	.1	*	*	.01	*	*
CEREAL, PASTES----------	13	.3	.1	2.6	1	.1	*	.01	*	.1	0
BREAD----------	20	.7	.1	4.2	6	.1	*	.01	.01	.1	0
OTHER BAKERY PRODUCTS----------	171	2.6	6.3	26.5	23	.5	50	.02	.04	.3	*
SOUP, MIXTURES----------	32	.8	1.3	4.3	6	.1	80	.01	.01	.1	*
FATS, OILS----------	378	.3	42.2	1.0	6	*	820	*	*	*	*
BUTTER----------	65	.1	7.4	*	2	.0	300	.00	.00	.0	0
MARGARINE----------	110	.1	12.3	.1	3	.0	500	.00	.00	.0	0
OIL, SALAD DRESSING----------	117	.1	12.8	.8	2	*	20	*	*	*	*
LARD----------	26	*	2.9	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	61	*	6.8	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	311	.9	1.8	76.0	24	.6	60	.02	.02	.2	4
SUGAR, SIRUP, JELLY, CANDY--------	247	.6	1.8	59.5	20	.5	10	.01	.02	.2	*
OTHER SWEETS--											
ADDED VITAMIN C----------	9	*	*	2.4	3	*	50	*	*	*	3
NO ADDED VITAMIN C----------	55	.3	.1	14.1	1	*	*	*	*	*	*
OTHER FOOD----------	58	.3	.1	8.7	38	1.0	20	.01	.06	4.4	0
ALCOHOLIC BEVERAGE----------	31	.1	.0	1.8	2	*	0	*	.01	.3	0
SOME NUTRITIVE VALUE----------	26	.1	.1	6.9	36	1.0	20	.01	.05	4.1	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,005	101.5	143.3	329.5	1,101	18.5	7,180	1.49	2.31	23.8	107
MILK, CREAM, CHEESE	415	22.0	22.8	30.7	696	.3	940	.17	.94	.6	6
MILK	283	16.0	14.2	22.8	543	*	570	.14	.78	.5	5
CREAM, ICE CREAM	59	1.3	3.5	5.9	43	*	140	.01	.06	*	*
CHEESE	61	4.3	4.6	.7	99	.1	190	.01	.08	*	0
SOUP, MIXTURES	12	.4	.5	1.3	11	*	40	.01	.02	.1	1
MEAT, POULTRY, FISH	651	41.3	52.3	.9	30	5.6	1,080	.31	.51	8.8	1
BEEF	279	18.7	22.1	*	11	2.8	30	.05	.15	3.6	0
BACON, SALT PORK	85	1.0	8.9	.1	2	.1	0	.02	.01	.2	0
OTHER PORK	115	5.9	9.9	*	3	.9	0	.16	.06	1.1	0
LIVER	4	.6	.1	.1	*	.2	780	*	.08	.3	1
LUNCHMEAT, FRANKFURTERS	71	3.3	6.1	.4	2	.5	90	.05	.07	.8	0
OTHER MEAT	19	1.7	1.3	*	1	.2	*	.01	.02	.4	*
POULTRY	54	7.1	2.7	*	4	.6	160	.02	.09	1.7	*
FISH, SHELLFISH	24	3.1	1.1	.1	7	.2	20	.01	.01	.7	*
OTHER PROTEIN FOOD	166	10.3	10.2	8.8	43	1.9	570	.10	.16	1.4	*
EGGS	70	5.5	4.9	.4	23	1.0	500	.04	.12	*	0
DRY LEGUMES	33	2.0	.3	5.8	12	.6	10	.03	.01	.2	*
NUTS, PEANUT BUTTER	49	1.9	4.3	1.5	6	.2	*	.02	.01	1.0	*
SOUP, MIXTURES	11	.6	.5	.9	2	.1	40	.01	.01	.1	*
ALL VEGETABLES	180	5.8	2.7	35.9	68	2.5	3,250	.19	.15	2.8	40
POTATOES	86	1.9	1.8	15.9	8	.6	*	.07	.03	1.4	10
DARK GREEN	4	.4	.1	.7	15	.2	690	.01	.02	.1	6
DEEP YELLOW	11	.2	*	2.5	5	.1	1,370	.01	.01	.1	1
TOMATOES	22	.7	.2	4.7	6	.5	560	.03	.02	.5	9
OTHER	52	2.3	.4	11.2	33	1.1	450	.06	.07	.7	13
SOUP, MIXTURES	7	.3	.2	.9	2	.1	180	*	*	.1	*
ALL FRUIT	136	1.4	.5	34.2	33	1.0	370	.12	.06	.7	55
CITRUS	53	.8	.2	12.9	23	.3	190	.09	.03	.4	49
OTHER VITAMIN C-RICH	1	*	*	.2	*	*	*	*	*	*	*
OTHER	83	.6	.4	21.0	10	.6	180	.04	.03	.4	5
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	498	14.5	4.6	98.4	127	4.9	10	.52	.34	4.4	*
FLOUR----------	91	2.5	.4	18.9	26	.7	*	.09	.06	.8	0
CEREAL, PASTES----------	164	4.3	.9	34.3	31	2.1	10	.22	.10	1.6	*
BREAD----------	206	6.7	2.4	38.7	62	1.9	*	.19	.16	1.9	0
OTHER BAKERY PRODUCTS----------	38	.9	.9	6.5	7	.2	*	.03	.02	.2	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	262	4.9	8.4	42.5	44	.8	100	.05	.06	.7	*
FLOUR----------	29	.3	.8	5.4	9	.1	*	*	.01	*	0
CEREAL, PASTES----------	13	.3	.1	2.6	1	.1	*	.01	*	.1	0
BREAD----------	22	.8	.2	4.6	6	.1	*	.01	.01	.1	0
OTHER BAKERY PRODUCTS----------	166	2.6	6.1	25.6	22	.4	50	.02	.04	.3	*
SOUP, MIXTURES----------	31	.8	1.2	4.3	6	.1	50	.01	.01	.2	*
FATS, OILS----------	361	.3	40.2	1.1	6	*	780	*	*	*	*
BUTTER----------	54	*	6.2	*	2	.0	250	.00	.00	.0	0
MARGARINE----------	110	.1	12.4	.1	3	.0	510	.00	.00	.0	0
OIL, SALAD DRESSING----------	116	.1	12.7	.8	2	*	20	*	*	*	*
LARD----------	19	*	2.1	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	61	*	6.8	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	280	.8	1.4	68.7	20	.5	60	.02	.02	.2	4
SUGAR, SIRUP, JELLY, CANDY--------	217	.5	1.4	52.9	16	.5	10	.01	.02	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	9	*	*	2.3	3	*	60	*	*	*	4
NO ADDED VITAMIN C----------	53	.3	.1	13.5	1	*	*	*	*	*	*
OTHER FOOD----------	55	.3	.1	8.3	33	.9	20	.01	.06	4.1	0
ALCOHOLIC BEVERAGE----------	29	.1	.0	1.6	2	*	0	*	.01	.2	0
SOME NUTRITIVE VALUE----------	26	.1	.1	6.7	31	.9	20	.01	.04	3.9	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP ‡	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,328	105.2	155.5	382.2	1,168	19.9	7,210	1.64	2.40	25.2	100
MILK, CREAM, CHEESE	407	21.6	22.1	30.9	687	.3	900	.16	.93	.6	5
MILK	278	15.9	13.8	22.7	539	.1	560	.14	.77	.5	5
CREAM, ICE CREAM	66	1.5	3.8	6.9	49	*	150	.01	.07	*	*
CHEESE	56	4.0	4.2	.6	92	.1	170	.01	.07	*	0
SOUP, MIXTURES	7	.2	.3	.7	6	*	20	*	.01	*	*
MEAT, POULTRY, FISH	668	40.3	54.5	1.0	31	5.5	890	.33	.49	8.6	1
BEEF	245	17.0	19.1	*	10	2.5	30	.05	.14	3.2	0
BACON, SALT PORK	119	1.4	12.4	.1	2	.2	0	.03	.02	.2	0
OTHER PORK	129	6.4	11.3	*	4	1.0	0	.17	.07	1.2	0
LIVER	4	.6	.1	.1	*	.3	620	*	.08	.3	1
LUNCHMEAT, FRANKFURTERS	82	3.8	7.1	.5	2	.6	60	.05	.07	.8	0
OTHER MEAT	10	1.1	.6	*	1	.1	*	.01	.02	.3	*
POULTRY	57	7.2	2.9	*	5	.7	170	.02	.09	1.8	*
FISH, SHELLFISH	23	3.0	1.1	.2	8	.2	10	.01	.01	.7	*
OTHER PROTEIN FOOD	187	11.5	11.2	10.9	49	2.2	590	.11	.17	1.7	*
EGGS	74	5.8	5.2	.4	24	1.0	530	.04	.13	*	0
DRY LEGUMES	45	2.7	.4	7.8	16	.9	20	.04	.02	.3	*
NUTS, PEANUT BUTTER	57	2.2	5.0	1.7	6	.2	*	.02	.01	1.2	*
SOUP, MIXTURES	10	.6	.5	.8	2	.1	40	.01	.01	.1	*
ALL VEGETABLES	207	6.6	2.9	41.9	76	2.7	3,200	.22	.17	3.2	46
POTATOES	100	2.3	2.0	19.0	9	.7	*	.08	.04	1.7	12
DARK GREEN	3	.3	*	.6	14	.2	610	.01	.02	.1	6
DEEP YELLOW	13	.2	.1	3.1	6	.1	1,420	.01	.01	.1	2
TOMATOES	22	.7	.2	4.7	7	.4	580	.04	.02	.5	10
OTHER	64	2.8	.5	13.9	39	1.3	470	.08	.08	.8	16
SOUP, MIXTURES	5	.2	.1	.6	1	*	130	*	*	.1	*
ALL FRUIT	123	1.2	.4	31.0	27	.9	620	.10	.06	.7	42
CITRUS	33	.5	.1	8.1	13	.2	120	.05	.02	.2	31
OTHER VITAMIN C-RICH	4	.1	*	1.0	2	.1	170	*	*	.1	4
OTHER	85	.7	.3	21.8	12	.7	340	.04	.04	.4	6
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR 1965-1966 BY FOOD GROUP

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	628	18.0	5.3	125.3	184	5.9	20	.65	.44	5.6	*
FLOUR----------	176	4.8	.6	36.8	65	1.4	*	.17	.12	1.5	0
CEREAL, PASTES----------	193	5.0	1.1	40.5	42	2.2	10	.24	.12	1.8	*
BREAD----------	217	7.1	2.6	40.7	67	2.0	*	.20	.17	1.9	0
OTHER BAKERY PRODUCTS----------	43	1.1	1.0	7.2	9	.3	10	.03	.03	.3	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	259	4.6	8.3	42.3	42	.8	80	.05	.06	.6	*
FLOUR----------	33	.4	.9	6.1	9	.1	*	*	.01	*	*
CEREAL, PASTES----------	19	.5	.2	3.8	1	.1	*	.01	*	.1	*
BREAD----------	12	.4	.1	2.5	4	.1	*	.01	*	.1	0
OTHER BAKERY PRODUCTS----------	170	2.6	6.2	26.3	22	.4	40	.02	.03	.3	*
SOUP, MIXTURES----------	26	.7	1.0	3.7	6	.1	40	.01	.01	.1	*
FATS, OILS----------	440	.3	48.9	1.2	7	*	850	*	*	*	*
BUTTER----------	49	*	5.5	*	1	.0	230	.00	.00	.0	0
MARGARINE----------	130	.1	14.7	.1	4	.0	600	.00	.00	.0	0
OIL, SALAD DRESSING----------	109	.1	11.9	.9	2	*	20	*	*	*	*
LARD----------	69	*	7.6	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	83	*	9.3	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	364	.8	1.6	90.1	27	.7	60	.02	.02	.2	5
SUGAR, SIRUP, JELLY, CANDY--------	303	.5	1.5	74.6	22	.7	10	.01	.02	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	10	*	*	2.6	4	*	50	*	*	*	4
NO ADDED VITAMIN C----------	50	.3	.1	12.9	1	*	*	*	*	*	*
OTHER FOOD----------	44	.2	.2	7.7	39	.9	10	.01	.05	4.1	0
ALCOHOLIC BEVERAGE----------	19	.1	.0	1.1	1	*	0	*	.01	.2	0
SOME NUTRITIVE VALUE----------	26	.2	.2	6.6	38	.9	10	.01	.04	4.0	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP ‡	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIA-MINE	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,308	104.5	156.2	376.2	1,153	19.6	6,490	1.61	2.35	24.6	95
MILK, CREAM, CHEESE	406	21.5	21.9	31.0	680	.3	890	.16	.92	.6	5
MILK	267	15.4	13.1	22.0	523	*	530	.14	.75	.5	5
CREAM, ICE CREAM	72	1.6	4.1	7.5	53	*	160	.02	.08	*	*
CHEESE	59	4.3	4.4	.6	97	.1	180	*	.08	*	0
SOUP, MIXTURES	8	.2	.3	.8	7	*	20	*	.01	*	*
MEAT, POULTRY, FISH	680	40.3	55.8	1.1	32	5.5	780	.34	.48	8.4	*
BEEF	248	17.0	19.4	*	10	2.5	30	.05	.14	3.2	0
BACON, SALT PORK	129	1.5	13.5	.2	2	.2	0	.03	.02	.3	0
OTHER PORK	133	6.8	11.5	*	4	1.0	0	.18	.07	1.3	0
LIVER	3	.5	.1	.1	*	.3	530	*	.07	.3	*
LUNCHMEAT, FRANKFURTERS	83	3.8	7.2	.5	2	.6	50	.05	.07	.8	0
OTHER MEAT	7	.8	.4	*	*	*	*	*	.01	.2	*
POULTRY	50	6.6	2.5	*	4	.6	160	.02	.09	1.6	*
FISH, SHELLFISH	26	3.4	1.2	.2	9	.2	10	.01	.02	.7	*
OTHER PROTEIN FOOD	189	11.9	11.1	11.1	51	2.3	620	.11	.18	1.6	*
EGGS	78	6.2	5.5	.4	26	1.1	560	.04	.14	*	0
DRY LEGUMES	47	2.9	.5	8.1	17	.9	20	.04	.02	.3	*
NUTS, PEANUT BUTTER	52	2.1	4.6	1.6	6	.2	*	.02	.01	1.2	*
SOUP, MIXTURES	10	.6	.5	.8	2	*	30	*	*	*	*
ALL VEGETABLES	187	5.8	2.8	37.5	70	2.5	2,730	.19	.15	2.9	41
POTATOES	97	2.2	2.0	18.1	9	.7	*	.08	.04	1.6	12
DARK GREEN	3	.3	*	.5	14	.2	610	*	.02	*	5
DEEP YELLOW	7	.1	*	1.7	4	*	1,040	*	*	*	*
TOMATOES	20	.6	.2	4.3	6	.4	500	.03	.02	.5	9
OTHER	56	2.4	.4	12.3	37	1.1	460	.07	.07	.7	15
SOUP, MIXTURES	4	.2	.1	.6	1	*	110	*	*	*	*
ALL FRUIT	116	1.2	.4	29.2	28	.9	480	.09	.06	.7	43
CITRUS	32	.5	.1	7.8	14	.2	110	.05	.02	.2	30
OTHER VITAMIN C-RICH	6	*	*	1.5	2	.1	100	*	*	*	7
OTHER	78	.6	.3	20.0	12	.6	260	.03	.04	.4	6
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

SPRING 1965 BY FOOD GROUP

FOOD GROUP ‡	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIA-MINE	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	621	17.8	5.3	123.8	177	5.8	20	.64	.43	5.6	*
FLOUR----------	168	4.6	.6	35.1	58	1.4	*	.16	.12	1.5	0
CEREAL, PASTES----------	192	4.9	1.1	40.6	42	2.2	10	.24	.12	1.9	*
BREAD----------	217	7.1	2.5	40.7	67	2.0	*	.20	.17	1.9	0
OTHER BAKERY PRODUCTS----------	45	1.1	1.1	7.5	10	.3	*	.03	.03	.3	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	261	4.6	8.2	42.8	44	.8	80	.05	.06	.6	*
FLOUR----------	34	.5	.8	6.5	10	*	*	*	*	*	*
CEREAL, PASTES----------	18	.5	.2	3.6	1	*	*	.01	*	*	*
BREAD----------	13	.4	.1	2.6	4	*	*	*	*	*	0
OTHER BAKERY PRODUCTS----------	170	2.6	6.1	26.4	23	.4	40	.02	.03	.3	*
SOUP, MIXTURES----------	26	.7	1.0	3.6	5	.1	40	*	*	.1	*
FATS, OILS----------	438	.3	48.8	1.3	7	*	830	*	*	*	*
BUTTER----------	52	*	5.9	*	1	.0	240	.00	.00	.0	0
MARGARINE----------	124	.1	13.9	*	3	.0	570	.00	.00	.0	0
OIL, SALAD DRESSING----------	113	.1	12.3	1.0	2	*	20	*	*	*	*
LARD----------	71	*	7.8	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	79	*	8.8	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	367	.8	1.7	90.8	27	.7	60	.02	.02	.2	5
SUGAR, SIRUP, JELLY, CANDY--------	306	.5	1.7	75.0	22	.7	*	.01	.02	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	11	*	*	3.0	4	*	50	*	*	*	4
NO ADDED VITAMIN C----------	50	.3	*	12.8	1	*	*	*	*	*	*
OTHER FOOD----------	43	.3	.2	7.6	39	.9	10	*	.05	4.1	0
ALCOHOLIC BEVERAGE----------	18	*	.0	1.0	1	*	0	*	*	.2	0
SOME NUTRITIVE VALUE----------	26	.2	.2	6.6	38	.9	10	*	.04	3.9	0

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP # (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,362	104.5	156.8	389.7	1,136	19.8	7,400	1.64	2.39	25.4	109
MILK, CREAM, CHEESE	398	20.9	21.5	30.5	661	.3	870	.16	.89	.6	5
MILK	263	15.0	13.1	21.5	509	.1	530	.13	.73	.5	4
CREAM, ICE CREAM	73	1.7	4.1	7.8	55	*	150	.02	.08	*	*
CHEESE	55	4.0	4.1	.6	91	.1	170	.01	.07	*	0
SOUP, MIXTURES	6	.2	.3	.6	5	*	20	*	.01	*	*
MEAT, POULTRY, FISH	673	39.9	55.3	1.1	30	5.4	910	.33	.49	8.4	*
BEEF	238	16.8	18.4	.0	10	2.5	30	.04	.14	3.2	0
BACON, SALT PORK	135	1.5	14.2	.2	2	.2	0	.03	.02	.3	0
OTHER PORK	123	6.2	10.7	*	4	.9	0	.16	.07	1.2	0
LIVER	3	.5	.1	.1	*	.2	610	*	.06	.2	*
LUNCHMEAT, FRANKFURTERS	93	4.3	8.0	.6	3	.7	80	.06	.08	1.0	0
OTHER MEAT	8	.8	.5	*	*	.1	*	*	.01	.2	*
POULTRY	49	6.7	2.2	*	4	.6	170	.02	.10	1.6	*
FISH, SHELLFISH	24	3.1	1.1	.2	7	.2	20	.01	.01	.7	*
OTHER PROTEIN FOOD	188	11.6	11.2	11.0	49	2.2	610	.11	.17	1.7	*
EGGS	74	5.9	5.3	.4	25	1.1	540	.04	.13	*	0
DRY LEGUMES	45	2.7	.5	7.8	16	.8	20	.04	.02	.2	*
NUTS, PEANUT BUTTER	55	2.2	4.8	1.7	6	.2	*	.02	.01	1.2	*
SOUP, MIXTURES	11	.6	.5	.9	1	.1	40	.01	.01	.1	*
ALL VEGETABLES	226	7.7	3.3	45.4	83	3.0	2,810	.26	.21	3.5	56
POTATOES	97	2.1	2.2	17.8	8	.6	*	.08	.04	1.6	11
DARK GREEN	3	.2	*	.5	9	.1	380	.01	.01	.1	6
DEEP YELLOW	8	.1	*	1.8	3	.1	940	.01	.01	.1	1
TOMATOES	26	1.0	.3	5.7	10	.5	780	.05	.03	.7	16
OTHER	88	4.1	.7	18.9	51	1.6	590	.12	.12	1.1	21
SOUP, MIXTURES	4	.2	.1	.6	1	*	110	*	*	*	*
ALL FRUIT	119	1.4	.4	30.1	26	1.1	1,250	.10	.07	.9	41
CITRUS	27	.4	.1	6.6	9	.2	100	.04	.01	.2	25
OTHER VITAMIN C-RICH	6	.1	*	1.6	3	.1	510	.01	.01	.1	6
OTHER	86	.8	.3	21.9	14	.8	640	.05	.05	.6	9
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	607	17.3	5.3	120.8	175	5.5	20	.62	.43	5.5	*
FLOUR----------	155	4.2	.6	32.4	59	1.3	*	.15	.11	1.3	0
CEREAL, PASTES----------	183	4.6	1.0	38.9	36	1.9	10	.23	.12	1.8	*
BREAD----------	221	7.2	2.6	41.5	69	2.0	*	.21	.17	2.0	0
OTHER BAKERY PRODUCTS----------	47	1.2	1.2	8.0	10	.3	10	.04	.03	.3	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	264	4.6	8.6	42.8	45	.7	80	.04	.06	.6	*
FLOUR----------	32	.4	.8	6.0	9	.1	*	*	.01	*	0
CEREAL, PASTES----------	15	.3	.1	3.1	2	.1	*	.01	*	.1	0
BREAD----------	11	.4	.1	2.3	3	.1	*	.01	*	.1	0
OTHER BAKERY PRODUCTS----------	180	2.7	6.6	27.9	25	.4	40	.02	.04	.3	*
SOUP, MIXTURES----------	26	.7	1.0	3.6	6	.1	30	.01	.01	.1	*
FATS, OILS----------	447	.3	49.7	1.3	7	*	800	*	*	*	*
BUTTER----------	46	*	5.2	*	1	.0	210	.00	.00	.0	0
MARGARINE----------	121	.1	13.6	.1	3	.0	560	.00	.00	.0	0
OIL, SALAD DRESSING----------	124	.1	13.5	1.0	2	*	30	*	*	*	*
LARD----------	68	*	7.6	.0	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	87	*	9.7	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	397	.7	1.4	99.3	26	.7	60	.01	.02	.1	5
SUGAR, SIRUP, JELLY, CANDY--------	327	.4	1.3	81.4	20	.6	10	.01	.02	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	13	*	*	3.5	5	*	50	*	*	*	5
NO ADDED VITAMIN C----------	56	.3	.1	14.4	1	*	*	*	*	*	*
OTHER FOOD----------	43	.2	.1	7.5	36	.9	10	*	.05	4.2	0
ALCOHOLIC BEVERAGE----------	20	.1	.0	1.3	2	*	0	*	.01	.2	0
SOME NUTRITIVE VALUE----------	24	.1	.1	6.2	35	.9	10	*	.04	4.0	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,329	106.7	155.9	379.8	1,195	20.1	7,770	1.63	2.42	26.0	93
MILK, CREAM, CHEESE	415	22.0	22.8	30.9	700	.2	920	.17	.95	.6	5
MILK	290	16.4	14.7	23.3	557	*	590	.14	.80	.5	5
CREAM, ICE CREAM	62	1.4	3.6	6.2	46	*	140	.01	.07	*	*
CHEESE	57	4.0	4.2	.7	92	.1	170	.01	.07	*	0
SOUP, MIXTURES	6	.2	.3	.7	5	*	20	*	.01	*	*
MEAT, POULTRY, FISH	673	41.8	54.4	.9	33	5.6	900	.33	.50	9.2	1
BEEF	244	16.8	19.1	*	10	2.5	30	.04	.14	3.2	0
BACON, SALT PORK	106	1.2	11.1	.1	2	.2	0	.02	.02	.2	0
OTHER PORK	130	6.2	11.5	*	3	.9	0	.16	.07	1.2	0
LIVER	4	.6	.1	.1	*	.3	620	*	.08	.3	1
LUNCHMEAT, FRANKFURTERS	77	3.6	6.6	.5	2	.5	40	.05	.06	.8	0
OTHER MEAT	14	1.7	.8	*	1	.1	*	.01	.02	.6	*
POULTRY	77	9.0	4.2	*	6	.8	200	.02	.11	2.3	*
FISH, SHELLFISH	21	2.6	1.0	.2	9	.2	10	.01	.01	.6	*
OTHER PROTEIN FOOD	187	11.3	11.3	10.8	48	2.2	570	.11	.17	1.6	*
EGGS	72	5.7	5.0	.4	24	1.0	520	.04	.13	*	0
DRY LEGUMES	44	2.7	.4	7.6	15	.8	10	.04	.02	.2	*
NUTS, PEANUT BUTTER	60	2.2	5.3	1.8	7	.2	*	.02	.01	1.2	*
SOUP, MIXTURES	11	.6	.5	.8	2	.1	30	.01	.01	.1	*
ALL VEGETABLES	208	6.4	2.6	42.7	79	2.7	3,970	.21	.17	3.1	46
POTATOES	100	2.3	1.7	19.4	9	.7	*	.08	.04	1.7	13
DARK GREEN	4	.4	.1	.8	21	.2	830	.01	.03	.1	8
DEEP YELLOW	24	.4	.1	5.5	9	.2	2,110	.02	.02	.2	3
TOMATOES	19	.6	.2	4.1	6	.4	490	.03	.02	.5	8
OTHER	56	2.5	.4	12.2	34	1.1	400	.07	.07	.7	13
SOUP, MIXTURES	5	.2	.1	.7	1	*	140	*	*	.1	*
ALL FRUIT	124	1.1	.4	31.5	23	.8	360	.09	.05	.6	35
CITRUS	31	.5	.1	7.5	12	.2	110	.05	.02	.2	29
OTHER VITAMIN C-RICH	2	*	*	.4	*	*	30	*	*	*	1
OTHER	91	.6	.3	23.5	11	.6	220	.04	.04	.4	5
MIXTURES	*	*	*	.1	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	635	18.2	5.1	126.9	194	6.0	10	.65	.44	5.6	*
FLOUR----------	201	5.5	.6	42.1	79	1.6	*	.20	.14	1.8	0
CEREAL, PASTES----------	185	4.9	1.1	38.9	42	2.2	10	.23	.12	1.8	*
BREAD----------	213	6.9	2.5	39.9	66	2.0	*	.20	.16	1.9	0
OTHER BAKERY PRODUCTS----------	36	.9	.9	6.0	7	.2	*	.03	.02	.2	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	262	4.6	8.4	42.8	40	.8	100	.05	.06	.6	*
FLOUR----------	28	.3	.8	5.1	8	.1	*	*	*	*	0
CEREAL, PASTES----------	27	.7	.3	5.4	1	.1	*	.02	*	.1	0
BREAD----------	11	.4	.1	2.2	3	.1	*	.01	*	.1	0
OTHER BAKERY PRODUCTS----------	164	2.5	5.9	25.7	21	.4	40	.02	.03	.3	*
SOUP, MIXTURES----------	32	.7	1.3	4.4	6	.1	60	.01	.01	.1	*
FATS, OILS----------	441	.3	49.1	1.1	7	*	850	*	*	*	*
BUTTER----------	50	*	5.7	*	1	.0	230	.00	.00	.0	0
MARGARINE----------	130	.1	14.6	.1	4	.0	600	.00	.00	.0	0
OIL, SALAD DRESSING----------	98	.1	10.7	.8	2	*	20	*	*	*	*
LARD----------	79	*	8.8	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	84	*	9.3	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	341	.7	1.6	84.2	28	.8	70	.02	.02	.2	5
SUGAR, SIRUP, JELLY, CANDY--------	293	.5	1.5	72.0	23	.8	10	.01	.02	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	7	*	*	1.9	4	*	60	*	*	*	4
NO ADDED VITAMIN C----------	41	.2	*	10.4	1	*	*	*	*	*	*
OTHER FOOD----------	44	.3	.2	8.0	44	1.0	10	.01	.05	4.4	0
ALCOHOLIC BEVERAGE----------	17	.1	.0	1.0	1	*	0	*	.01	.1	0
SOME NUTRITIVE VALUE----------	27	.2	.2	7.0	43	1.0	10	.01	.04	4.3	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP ‡	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,311	105.2	153.1	382.7	1,190	20.2	7,210	1.67	2.43	25.0	101
MILK, CREAM, CHEESE	412	22.2	22.2	31.3	707	.2	900	.17	.96	.6	6
MILK	293	16.8	14.5	24.0	570	.1	580	.15	.82	.5	5
CREAM, ICE CREAM	58	1.3	3.3	5.9	42	*	130	.01	.06	*	*
CHEESE	54	3.8	4.0	.6	89	.1	160	.01	.07	*	0
SOUP, MIXTURES	8	.2	.4	.9	7	*	20	.01	.01	*	*
MEAT, POULTRY, FISH	646	39.3	52.6	.9	31	5.5	960	.32	.50	8.5	1
BEEF	250	17.2	19.5	.0	10	2.6	30	.05	.14	3.3	0
BACON, SALT PORK	103	1.2	10.8	.1	2	.2	0	.02	.01	.2	0
OTHER PORK	129	6.4	11.3	*	4	1.0	0	.17	.07	1.3	0
LIVER	5	.7	.1	.1	*	.4	700	.01	.09	.4	1
LUNCHMEAT, FRANKFURTERS	73	3.3	6.3	.4	2	.5	50	.05	.06	.7	0
OTHER MEAT	11	1.2	.6	*	1	.1	*	.01	.02	.3	*
POULTRY	54	6.6	2.9	*	4	.6	160	.02	.08	1.6	*
FISH, SHELLFISH	21	2.7	1.0	.2	8	.2	10	.01	.01	.6	*
OTHER PROTEIN FOOD	185	11.3	11.2	10.6	47	2.1	570	.11	.17	1.7	*
EGGS	71	5.6	5.0	.4	24	1.0	520	.04	.12	*	0
DRY LEGUMES	43	2.6	.4	7.5	15	.8	10	.04	.02	.2	*
NUTS, PEANUT BUTTER	59	2.3	5.2	1.8	6	.2	*	.02	.01	1.2	*
SOUP, MIXTURES	9	.5	.4	.7	2	.1	40	*	.01	.1	*
ALL VEGETABLES	207	6.3	2.9	41.9	72	2.6	3,340	.21	.16	3.2	43
POTATOES	107	2.5	2.0	20.5	9	.7	*	.09	.04	1.8	13
DARK GREEN	3	.3	*	.5	15	.2	620	.01	.02	.1	5
DEEP YELLOW	15	.3	.1	3.4	6	.1	1,620	.01	.01	.1	2
TOMATOES	21	.7	.2	4.6	6	.4	530	.03	.02	.5	9
OTHER	55	2.4	.4	12.0	35	1.1	410	.06	.06	.7	14
SOUP, MIXTURES	5	.2	.2	.7	1	.1	150	*	*	.1	*
ALL FRUIT	132	1.3	.5	33.2	29	.9	370	.11	.06	.7	47
CITRUS	44	.7	.1	10.7	19	.3	160	.07	.02	.3	40
OTHER VITAMIN C-RICH	3	*	*	.7	*	*	10	*	*	*	1
OTHER	85	.6	.3	21.8	10	.6	200	.03	.03	.4	5
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

WINTER 1966 BY FOOD GROUP

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	652	18.8	5.5	129.7	192	6.3	10	.68	.45	5.7	*
FLOUR----------	183	5.0	.6	38.3	66	1.5	*	.18	.13	1.6	0
CEREAL, PASTES----------	210	5.7	1.3	43.8	50	2.6	10	.27	.13	2.0	*
BREAD----------	216	7.0	2.5	40.5	67	2.0	*	.20	.17	1.9	0
OTHER BAKERY PRODUCTS----------	42	1.1	1.0	7.2	8	.3	*	.03	.02	.3	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	251	4.5	8.1	40.7	41	.8	70	.05	.06	.6	*
FLOUR----------	36	.4	1.0	6.6	10	.1	*	*	.01	*	0
CEREAL, PASTES----------	16	.4	.2	3.2	1	.1	*	.01	*	.1	0
BREAD----------	13	.4	.1	2.7	4	.1	*	.01	*	.1	0
OTHER BAKERY PRODUCTS----------	163	2.6	6.0	25.1	20	.4	30	.02	.03	.3	*
SOUP, MIXTURES----------	22	.7	.8	3.1	5	.1	40	.01	.01	.1	*
FATS, OILS----------	433	.3	48.3	1.2	7	*	910	*	*	*	*
BUTTER----------	47	*	5.3	*	1	.0	220	.00	.00	.0	0
MARGARINE----------	147	.1	16.5	.1	4	.0	670	.00	.00	.0	0
OIL, SALAD DRESSING----------	99	.1	10.8	.9	2	*	20	*	*	*	*
LARD----------	57	.0	6.3	.0	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	83	*	9.3	.2	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	347	.9	1.7	85.5	26	.8	60	.02	.02	.2	4
SUGAR, SIRUP, JELLY, CANDY--------	285	.5	1.6	69.7	22	.7	10	.02	.02	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	8	*	*	2.1	3	*	50	*	*	*	4
NO ADDED VITAMIN C----------	54	.3	.1	13.7	1	*	*	*	*	*	*
OTHER FOOD----------	47	.3	.2	7.7	38	.9	20	.01	.05	3.8	0
ALCOHOLIC BEVERAGE----------	20	.1	.0	.9	1	*	0	*	.01	.1	0
SOME NUTRITIVE VALUE----------	26	.2	.2	6.8	37	.9	20	.01	.04	3.7	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP ALL SOURCES

UNITED STATES

RURAL FARM

FOOD GROUP *	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,653	111.6	167.8	432.4	1,232	21.5	7,840	1.80	2.57	26.1	99
MILK, CREAM, CHEESE	438	22.3	24.7	32.5	712	.2	1,000	.17	.98	.6	6
MILK	301	16.9	15.6	24.0	572	*	630	.15	.82	.5	5
CREAM, ICE CREAM	82	1.7	5.2	7.5	56	*	210	.02	.08	*	*
CHEESE	49	3.5	3.6	.5	80	.1	150	.01	.07	*	0
SOUP, MIXTURES	5	.1	.3	.5	4	*	20	*	.01	*	*
MEAT, POULTRY, FISH	722	42.0	59.7	.9	34	5.8	940	.34	.52	8.9	1
BEEF	269	18.5	21.1	*	11	2.7	30	.05	.15	3.5	0
BACON, SALT PORK	142	1.5	15.0	.2	2	.2	0	.03	.02	.3	0
OTHER PORK	144	7.0	12.6	*	4	1.0	0	.18	.08	1.4	0
LIVER	4	.6	.1	.1	*	.3	650	*	.08	.3	1
LUNCHMEAT, FRANKFURTERS	70	3.2	6.0	.4	2	.5	50	.04	.06	.7	0
OTHER MEAT	8	.9	.5	*	1	.1	*	*	.01	.3	*
POULTRY	62	7.5	3.4	*	5	.7	210	.02	.10	1.8	*
FISH, SHELLFISH	22	2.9	1.0	.1	10	.2	10	.01	.01	.6	*
OTHER PROTEIN FOOD	189	12.0	11.2	10.6	51	2.3	650	.12	.19	1.4	*
EGGS	86	6.8	6.0	.5	28	1.2	620	.05	.15	.1	0
DRY LEGUMES	47	2.9	.4	8.2	16	.9	10	.04	.02	.3	*
NUTS, PEANUT BUTTER	50	1.8	4.5	1.5	5	.2	*	.02	.01	1.0	*
SOUP, MIXTURES	5	.4	.2	.4	1	*	20	*	*	*	*
ALL VEGETABLES	228	7.4	2.5	47.7	84	3.0	3,530	.25	.19	3.5	52
POTATOES	106	2.6	1.5	21.2	10	.7	*	.09	.05	1.9	14
DARK GREEN	3	.3	*	.6	16	.2	660	.01	.02	.1	6
DEEP YELLOW	18	.3	.1	4.2	7	.2	1,690	.01	.01	.1	3
TOMATOES	21	.7	.2	4.5	7	.4	590	.04	.02	.5	11
OTHER	76	3.4	.5	16.8	44	1.4	510	.10	.09	.9	18
SOUP, MIXTURES	3	.1	.1	.4	1	*	80	*	*	*	*
ALL FRUIT	128	1.2	.5	32.4	28	1.0	690	.09	.07	.7	37
CITRUS	26	.4	.1	6.4	11	.2	90	.04	.01	.2	24
OTHER VITAMIN C-RICH	6	.1	*	1.4	2	.1	180	*	.01	.1	5
OTHER	96	.8	.4	24.5	15	.8	420	.04	.05	.5	8
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR 1965-1966 BY FOOD GROUP

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	757	21.2	5.5	152.9	209	6.7	20	.76	.51	6.6	*
FLOUR----------	283	7.9	.9	59.3	92	2.3	*	.28	.20	2.5	0
CEREAL, PASTES----------	233	5.9	1.3	49.3	46	2.4	20	.27	.14	2.1	*
BREAD----------	201	6.5	2.4	37.6	63	1.8	*	.19	.15	1.8	0
OTHER BAKERY PRODUCTS----------	39	1.0	1.0	6.7	8	.2	10	.03	.02	.2	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	232	4.1	6.8	39.2	36	.7	60	.04	.05	.5	*
FLOUR----------	37	.5	.9	6.9	10	.1	*	*	.01	*	*
CEREAL, PASTES----------	33	.8	.2	7.0	2	.1	*	.02	.01	.1	0
BREAD----------	7	.2	.1	1.4	2	*	*	*	*	*	0
OTHER BAKERY PRODUCTS----------	136	2.1	4.8	21.3	17	.3	30	.02	.03	.2	*
SOUP, MIXTURES----------	19	.5	.8	2.6	3	.1	30	*	.01	.1	*
FATS, OILS----------	496	.3	55.2	1.1	7	*	890	*	*	*	*
BUTTER----------	74	.1	8.4	*	2	.0	340	.00	.00	.0	0
MARGARINE----------	115	.1	12.9	.1	3	.0	530	.00	.00	.0	0
OIL, SALAD DRESSING----------	91	.1	9.8	.9	1	*	20	*	*	*	*
LARD----------	145	*	16.0	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	71	*	8.0	.1	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	436	.8	1.6	108.8	30	1.0	40	.02	.03	.2	4
SUGAR, SIRUP, JELLY, CANDY--------	384	.5	1.6	95.4	26	.9	10	.01	.02	.2	*
OTHER SWEETS--											
ADDED VITAMIN C----------	9	*	*	2.3	3	*	30	*	*	*	3
NO ADDED VITAMIN C----------	43	.2	*	11.2	1	*	*	*	*	*	*
OTHER FOOD----------	29	.3	.2	6.3	42	.8	*	.01	.04	3.5	0
ALCOHOLIC BEVERAGE----------	6	*	.0	.4	1	*	0	*	*	.1	0
SOME NUTRITIVE VALUE----------	23	.2	.2	5.9	42	.8	*	.01	.04	3.5	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP ALL SOURCES — UNITED STATES — RURAL FARM

FOOD GROUP ‡	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIA-MINE	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,620	111.3	168.5	421.6	1,206	21.4	6,730	1.77	2.52	25.5	90
MILK, CREAM, CHEESE	433	21.8	24.5	32.0	692	.2	1,000	.17	.95	.6	6
MILK	285	16.0	14.7	22.8	542	*	590	.14	.78	.5	5
CREAM, ICE CREAM	91	1.9	5.8	8.1	61	*	230	.02	.09	*	*
CHEESE	51	3.7	3.8	.5	85	.1	150	*	.07	*	0
SOUP, MIXTURES	5	.1	.2	.5	4	*	10	*	*	*	*
MEAT, POULTRY, FISH	751	43.1	62.4	.9	35	6.0	880	.37	.52	9.0	*
BEEF	280	19.2	21.9	*	11	2.9	30	.05	.16	3.7	0
BACON, SALT PORK	150	1.7	15.8	.2	2	.2	0	.03	.02	.3	0
OTHER PORK	161	8.0	14.0	*	5	1.2	0	.21	.09	1.6	0
LIVER	4	.5	.1	.1	*	.3	600	*	.08	.3	*
LUNCHMEAT, FRANKFURTERS	74	3.4	6.4	.4	2	.5	50	.05	.06	.7	0
OTHER MEAT	5	.5	.3	*	*	*	*	*	*	.1	*
POULTRY	54	6.5	2.9	*	4	.6	190	.02	.09	1.6	*
FISH, SHELLFISH	24	3.2	1.1	.1	10	.2	10	.01	.01	.6	*
OTHER PROTEIN FOOD	197	12.8	11.2	11.7	55	2.6	700	.12	.20	1.4	*
EGGS	91	7.2	6.4	.5	30	1.3	660	.05	.16	*	0
DRY LEGUMES	54	3.3	.5	9.3	19	1.0	20	.05	.03	.3	*
NUTS, PEANUT BUTTER	46	1.8	4.1	1.4	5	.2	*	.02	*	1.0	*
SOUP, MIXTURES	6	.4	.3	.4	*	*	20	*	*	*	*
ALL VEGETABLES	198	6.2	2.4	41.0	73	2.6	2,710	.21	.16	3.1	42
POTATOES	104	2.5	1.6	20.5	9	.7	*	.09	.04	1.8	13
DARK GREEN	3	.3	*	.5	14	.2	650	*	.02	*	5
DEEP YELLOW	8	.2	*	1.9	4	*	1,040	*	*	*	*
TOMATOES	17	.5	.2	3.7	5	.3	420	.03	.02	.4	7
OTHER	63	2.7	.4	14.0	40	1.3	520	.08	.08	.8	16
SOUP, MIXTURES	3	.1	*	.4	*	*	80	*	*	*	*
ALL FRUIT	117	1.1	.4	29.5	28	.9	470	.08	.06	.7	37
CITRUS	24	.4	*	5.9	10	.2	80	.04	.01	.2	22
OTHER VITAMIN C-RICH	8	.1	*	2.0	3	.1	100	*	*	*	8
OTHER	84	.6	.3	21.6	15	.6	290	.03	.04	.4	7
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

SPRING 1965 BY FOOD GROUP

FOOD GROUP ‡	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIA-MINE	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	749	21.0	5.4	151.6	206	6.7	20	.76	.51	6.6	*
FLOUR----------	282	7.8	.9	59.1	90	2.3	*	.28	.19	2.5	0
CEREAL, PASTES----------	232	5.8	1.3	49.2	47	2.4	20	.27	.14	2.1	*
BREAD----------	198	6.4	2.3	37.1	62	1.8	*	.18	.15	1.8	0
OTHER BAKERY PRODUCTS----------	37	.9	.9	6.2	8	.2	*	.03	.02	.2	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	223	3.8	6.9	37.1	38	.6	60	.04	.05	.5	*
FLOUR----------	39	.5	.9	7.3	12	*	*	*	*	*	*
CEREAL, PASTES----------	19	.5	.2	4.0	2	*	*	.01	*	*	0
BREAD----------	7	.2	*	1.4	2	*	*	*	*	*	0
OTHER BAKERY PRODUCTS----------	140	2.2	5.0	21.8	18	.3	30	.02	.03	.2	*
SOUP, MIXTURES----------	18	.4	.7	2.6	3	*	20	*	*	*	*
FATS, OILS----------	480	.3	53.4	1.1	6	*	850	*	*	*	*
BUTTER----------	78	*	8.8	*	2	.0	360	.00	.00	.0	0
MARGARINE----------	102	*	11.5	*	3	.0	470	.00	.00	.0	0
OIL, SALAD DRESSING----------	91	*	9.9	.9	1	*	20	*	*	*	*
LARD----------	141	*	15.6	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	68	*	7.6	.1	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	442	.8	1.6	110.2	30	1.0	40	.02	.02	.2	4
SUGAR, SIRUP, JELLY, CANDY--------	388	.5	1.6	96.3	26	.9	*	.01	.02	.2	*
OTHER SWEETS--											
ADDED VITAMIN C----------	10	*	*	2.6	3	*	30	*	*	*	3
NO ADDED VITAMIN C----------	44	.3	*	11.4	*	*	*	*	*	*	*
OTHER FOOD----------	31	.3	.2	6.4	44	.8	*	*	.05	3.6	0
ALCOHOLIC BEVERAGE----------	7	*	.0	.5	*	*	0	*	*	*	0
SOME NUTRITIVE VALUE----------	24	.2	.2	5.9	43	.8	*	*	.04	3.5	0

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP ALL SOURCES — UNITED STATES — RURAL FARM

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,743	113.6	169.0	451.8	1,221	22.0	7,900	1.85	2.62	26.9	115
MILK, CREAM, CHEESE	437	21.9	24.6	32.9	696	.2	1,000	.17	.95	.6	6
MILK	288	16.2	14.8	22.9	545	*	600	.14	.79	.5	5
CREAM, ICE CREAM	94	1.9	5.8	8.9	63	*	230	.02	.09	*	1
CHEESE	50	3.6	3.7	.5	83	.1	150	.01	.07	*	0
SOUP, MIXTURES	6	.1	.3	.6	5	*	20	*	.01	*	*
MEAT, POULTRY, FISH	713	42.5	58.5	.9	35	5.8	870	.34	.52	8.9	*
BEEF	266	18.6	20.7	*	11	2.8	30	.05	.15	3.5	0
BACON, SALT PORK	141	1.5	14.9	.2	2	.2	0	.03	.02	.3	0
OTHER PORK	135	6.8	11.7	*	4	1.0	0	.17	.07	1.3	0
LIVER	3	.5	.1	.1	*	.3	560	*	.07	.3	*
LUNCHMEAT, FRANKFURTERS	75	3.4	6.5	.5	2	.5	40	.05	.06	.8	0
OTHER MEAT	9	.9	.6	*	1	.1	*	*	.01	.2	*
POULTRY	62	8.0	3.1	*	5	.8	230	.02	.12	1.9	*
FISH, SHELLFISH	22	2.9	1.0	.2	11	.2	10	.01	.01	.6	*
OTHER PROTEIN FOOD	176	11.6	10.5	9.2	47	2.2	650	.11	.18	1.3	*
EGGS	86	6.8	6.0	.5	28	1.2	620	.05	.15	.1	0
DRY LEGUMES	40	2.5	.3	7.0	14	.8	10	.04	.02	.2	*
NUTS, PEANUT BUTTER	45	1.8	3.9	1.4	5	.2	*	.01	.01	1.0	*
SOUP, MIXTURES	5	.5	.1	.3	*	*	10	*	*	*	*
ALL VEGETABLES	262	9.3	3.0	54.5	94	3.5	2,970	.32	.25	4.3	65
POTATOES	112	2.7	1.8	22.0	10	.8	*	.10	.05	1.9	14
DARK GREEN	2	.2	*	.4	7	.1	340	.01	.01	.1	5
DEEP YELLOW	8	.1	*	1.8	4	.1	960	.01	.01	.1	1
TOMATOES	29	1.2	.3	6.4	13	.6	920	.06	.04	.8	20
OTHER	109	5.0	.8	23.7	60	1.9	690	.15	.15	1.4	25
SOUP, MIXTURES	2	.1	.1	.3	*	*	60	*	*	*	*
ALL FRUIT	128	1.5	.6	32.3	28	1.2	1,370	.09	.08	.9	38
CITRUS	21	.3	.1	5.0	7	.1	70	.03	.01	.1	19
OTHER VITAMIN C-RICH	7	.1	*	1.7	3	.1	490	.01	.01	.1	7
OTHER	101	1.0	.5	25.5	19	1.0	810	.05	.06	.7	12
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

SUMMER 1965 BY FOOD GROUP

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	762	21.4	5.6	153.9	206	6.7	20	.76	.52	6.7	*
FLOUR----------	281	7.8	.9	58.8	86	2.3	*	.27	.19	2.5	0
CEREAL, PASTES----------	228	5.7	1.2	48.5	47	2.3	20	.26	.14	2.1	*
BREAD----------	210	6.8	2.5	39.3	66	1.9	*	.20	.16	1.9	0
OTHER BAKERY PRODUCTS----------	43	1.1	1.0	7.3	8	.3	*	.03	.03	.3	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	246	4.2	7.2	41.6	37	.7	70	.04	.05	.5	*
FLOUR----------	36	.4	.9	6.7	10	.1	*	*	.01	*	0
CEREAL, PASTES----------	33	.7	.2	6.9	1	.1	*	.01	*	.1	0
BREAD----------	8	.3	.1	1.7	2	*	*	*	*	*	0
OTHER BAKERY PRODUCTS----------	148	2.3	5.2	23.2	19	.4	30	.02	.03	.2	*
SOUP, MIXTURES----------	22	.5	.9	3.1	4	.1	30	*	.01	.1	*
FATS, OILS----------	516	.3	57.4	1.2	7	*	900	*	*	*	*
BUTTER----------	72	.1	8.1	*	2	.0	330	.00	.00	.0	0
MARGARINE----------	120	.1	13.5	.1	3	.0	550	.00	.00	.0	0
OIL, SALAD DRESSING----------	99	.1	10.7	1.0	2	*	20	*	*	*	*
LARD----------	160	*	17.7	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	66	*	7.4	.1	0	.0	0	.00	.00	.0	0
SUGAR, SWEETS----------	473	.7	1.4	119.2	30	.9	50	.01	.02	.2	5
SUGAR, SIRUP, JELLY, CANDY--------	410	.5	1.3	102.8	24	.9	10	.01	.02	.1	*
OTHER SWEETS--											
ADDED VITAMIN C----------	14	*	*	3.5	4	*	40	*	*	*	4
NO ADDED VITAMIN C----------	50	.2	*	12.9	1	*	*	*	*	*	*
OTHER FOOD----------	30	.2	.2	6.1	41	.8	10	.01	.04	3.5	0
ALCOHOLIC BEVERAGE----------	7	*	.0	.4	1	*	0	*	*	.1	0
SOME NUTRITIVE VALUE----------	22	.2	.2	5.7	40	.8	10	.01	.04	3.5	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP ALL SOURCES

UNITED STATES

RURAL FARM

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,638	111.1	167.9	428.1	1,246	21.2	8,820	1.78	2.56	25.9	93
MILK, CREAM, CHEESE	432	22.2	24.3	31.9	715	.2	990	.18	.98	.6	6
MILK	314	17.5	16.4	24.7	592	*	670	.15	.85	.5	5
CREAM, ICE CREAM	69	1.5	4.3	6.4	48	*	170	.01	.07	*	*
CHEESE	44	3.1	3.3	.4	72	.1	140	*	.06	*	0
SOUP, MIXTURES	5	.1	.2	.5	4	*	10	*	.01	*	*
MEAT, POULTRY, FISH	729	42.3	60.4	.8	35	5.7	1,010	.32	.52	9.2	1
BEEF	264	17.9	20.8	*	10	2.7	30	.05	.14	3.4	0
BACON, SALT PORK	147	1.5	15.6	.1	2	.2	0	.03	.02	.3	0
OTHER PORK	133	6.1	11.8	*	4	.9	0	.16	.07	1.2	0
LIVER	4	.6	.1	.1	*	.3	690	*	.09	.4	1
LUNCHMEAT, FRANKFURTERS	67	3.0	5.8	.4	2	.5	60	.04	.06	.7	0
OTHER MEAT	11	1.2	.6	*	1	.1	*	.01	.02	.4	*
POULTRY	80	9.0	4.7	*	6	.8	230	.02	.11	2.3	0
FISH, SHELLFISH	22	2.9	1.0	.1	11	.2	10	.01	.01	.6	*
OTHER PROTEIN FOOD	195	11.8	12.0	10.7	50	2.3	630	.12	.18	1.4	*
EGGS	82	6.5	5.8	.4	27	1.2	590	.05	.14	*	0
DRY LEGUMES	45	2.8	.4	7.9	16	.9	10	.04	.02	.3	*
NUTS, PEANUT BUTTER	60	2.1	5.5	1.8	6	.2	*	.03	.01	1.0	*
SOUP, MIXTURES	6	.4	.3	.5	1	*	20	*	*	.1	*
ALL VEGETABLES	226	7.0	2.1	47.8	92	2.8	4,840	.24	.19	3.3	52
POTATOES	102	2.5	1.3	20.6	9	.7	*	.09	.04	1.8	14
DARK GREEN	5	.5	.1	.9	28	.3	1,010	.02	.03	.1	10
DEEP YELLOW	36	.6	.1	8.4	13	.3	2,900	.03	.02	.2	5
TOMATOES	17	.6	.2	3.8	5	.3	460	.03	.02	.4	8
OTHER	63	2.7	.4	13.8	36	1.2	390	.07	.07	.7	14
SOUP, MIXTURES	3	.1	.1	.4	1	*	90	*	*	*	*
ALL FRUIT	128	1.1	.4	32.6	23	.9	330	.08	.05	.6	31
CITRUS	27	.4	.1	6.5	11	.2	100	.04	.01	.2	24
OTHER VITAMIN C-RICH	3	*	*	.7	1	*	20	*	*	*	2
OTHER	98	.6	.4	25.3	12	.7	220	.04	.04	.4	6
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FALL 1965 BY FOOD GROUP

FOOD GROUP *	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	766	21.4	5.6	154.9	218	6.8	20	.77	.52	6.7	*
FLOUR----------	282	7.8	.9	59.1	101	2.3	*	.28	.19	2.5	0
CEREAL, PASTES----------	243	6.1	1.3	51.3	47	2.5	10	.28	.15	2.2	*
BREAD----------	200	6.5	2.4	37.6	62	1.8	*	.19	.15	1.8	0
OTHER BAKERY PRODUCTS----------	40	1.0	1.0	6.9	8	.2	10	.03	.02	.3	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	228	4.1	6.4	39.1	34	.7	60	.05	.05	.6	*
FLOUR----------	36	.5	.8	6.9	10	.1	*	*	.01	*	0
CEREAL, PASTES----------	42	1.0	.3	8.9	4	.2	*	.02	.01	.2	0
BREAD----------	5	.2	*	.9	1	*	*	*	*	*	0
OTHER BAKERY PRODUCTS----------	127	2.0	4.5	19.8	16	.3	30	.01	.03	.2	*
SOUP, MIXTURES----------	18	.5	.8	2.5	3	.1	30	.01	.01	.1	*
FATS, OILS----------	490	.3	54.6	1.0	7	*	900	*	*	*	*
BUTTER----------	75	.1	8.5	*	2	.0	350	.00	.00	.0	0
MARGARINE----------	116	.1	13.1	.1	3	.0	530	.00	.00	.0	0
OIL, SALAD DRESSING----------	84	.1	9.1	.8	1	*	20	*	*	*	*
LARD----------	142	*	15.8	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	73	*	8.2	.1	0	.0	*	.00	.00	.0	0
SUGAR, SWEETS----------	417	.8	1.9	103.3	31	1.0	40	.02	.03	.2	3
SUGAR, SIRUP, JELLY, CANDY--------	375	.6	1.8	92.4	29	1.0	10	.02	.03	.2	*
OTHER SWEETS--											
ADDED VITAMIN C----------	4	*	*	1.1	2	*	30	*	*	*	2
NO ADDED VITAMIN C----------	38	.2	*	9.7	1	*	*	*	*	*	*
OTHER FOOD----------	27	.2	.2	6.0	41	.7	*	*	.04	3.3	0
ALCOHOLIC BEVERAGE----------	5	*	.0	.3	*	*	0	*	*	*	0
SOME NUTRITIVE VALUE----------	22	.2	.2	5.7	40	.7	*	*	.03	3.2	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP ALL SOURCES

UNITED STATES

RURAL FARM

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	3,580	109.5	164.6	423.4	1,264	21.1	7,980	1.77	2.58	25.6	98
MILK, CREAM, CHEESE	453	23.7	25.3	33.5	757	.2	1,030	.19	1.05	.7	6
MILK	328	18.5	16.9	26.2	625	*	690	.16	.90	.6	6
CREAM, ICE CREAM	69	1.4	4.5	6.2	47	*	180	.01	.07	*	*
CHEESE	49	3.6	3.6	.5	80	.1	150	.01	.07	*	0
SOUP, MIXTURES	6	.2	.3	.6	5	*	20	*	.01	*	*
MEAT, POULTRY, FISH	685	39.4	56.9	.8	31	5.6	1,060	.32	.50	8.5	1
BEEF	266	18.1	20.9	*	11	2.7	30	.05	.15	3.5	0
BACON, SALT PORK	125	1.3	13.2	.1	2	.2	0	.02	.02	.2	0
OTHER PORK	147	6.7	13.1	*	4	1.0	0	.18	.07	1.3	0
LIVER	5	.8	.1	.2	*	.5	820	.01	.11	.4	1
LUNCHMEAT, FRANKFURTERS	59	2.7	5.1	.3	2	.4	30	.04	.05	.6	0
OTHER MEAT	10	1.1	.6	*	1	.1	*	.01	.01	.4	*
POULTRY	52	6.2	2.8	*	4	.6	170	.01	.08	1.5	*
FISH, SHELLFISH	21	2.7	1.0	.1	8	.2	10	.01	.01	.6	*
OTHER PROTEIN FOOD	189	11.8	11.1	11.1	51	2.4	640	.12	.18	1.4	*
EGGS	83	6.6	5.8	.5	27	1.2	600	.05	.14	.1	0
DRY LEGUMES	49	3.0	.4	8.6	17	1.0	10	.05	.02	.3	*
NUTS, PEANUT BUTTER	50	1.8	4.5	1.5	5	.2	*	.02	.01	.9	*
SOUP, MIXTURES	4	.2	.2	.4	1	*	20	*	*	*	*
ALL VEGETABLES	219	6.7	2.1	46.4	76	2.8	3,830	.22	.17	3.3	44
POTATOES	107	2.6	1.3	21.7	10	.8	*	.09	.05	1.9	14
DARK GREEN	3	.3	.1	.6	17	.2	700	.01	.02	.1	5
DEEP YELLOW	24	.4	.1	5.6	9	.2	2,140	.02	.02	.2	3
TOMATOES	18	.6	.2	4.0	5	.4	490	.03	.02	.5	8
OTHER	63	2.6	.4	14.1	35	1.2	400	.07	.07	.7	13
SOUP, MIXTURES	3	.2	.1	.4	1	*	100	*	*	*	*
ALL FRUIT	142	1.3	.5	36.1	31	1.0	400	.10	.06	.7	43
CITRUS	37	.6	.1	9.2	18	.3	140	.06	.02	.2	35
OTHER VITAMIN C-RICH	5	*	*	1.2	1	*	*	*	*	*	2
OTHER	100	.7	.4	25.7	13	.7	260	.04	.04	.4	6
MIXTURES	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

WINTER 1966 BY FOOD GROUP

FOOD GROUP *	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	746	21.1	5.5	150.6	204	6.6	20	.75	.50	6.4	*
FLOUR----------	290	8.1	.9	60.7	93	2.3	*	.28	.20	2.5	0
CEREAL, PASTES----------	230	5.9	1.5	48.0	43	2.3	20	.26	.13	2.0	*
BREAD----------	191	6.2	2.3	35.8	60	1.8	*	.18	.15	1.7	0
OTHER BAKERY PRODUCTS----------	36	.9	.9	6.1	7	.2	*	.03	.02	.2	*
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	227	4.1	6.4	38.9	34	.7	60	.05	.05	.6	*
FLOUR----------	36	.4	.9	6.8	10	.1	*	*	.01	*	0
CEREAL, PASTES----------	41	1.0	.3	8.7	3	.2	*	.02	.01	.2	0
BREAD----------	8	.3	.1	1.6	2	*	*	*	*	*	0
OTHER BAKERY PRODUCTS----------	125	2.0	4.4	19.4	15	.3	20	.01	.02	.2	*
SOUP, MIXTURES----------	18	.5	.7	2.4	3	.1	30	*	.01	.1	*
FATS, OILS----------	493	.3	54.9	1.1	7	*	910	*	*	*	*
BUTTER----------	71	.1	8.1	*	2	.0	330	.00	.00	.0	0
MARGARINE----------	123	.1	13.9	.1	3	.0	570	.00	.00	.0	0
OIL, SALAD DRESSING----------	86	.1	9.4	.8	1	*	20	*	*	*	*
LARD----------	130	*	14.4	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	82	*	9.2	.1	0	.0	0	.00	.00	.0	0
SUGAR, SWEETS----------	396	.8	1.7	98.2	30	1.0	40	.02	.02	.2	3
SUGAR, SIRUP, JELLY, CANDY--------	350	.5	1.6	86.6	26	1.0	10	.02	.02	.2	*
OTHER SWEETS--											
ADDED VITAMIN C----------	6	*	*	1.5	2	*	30	*	*	*	2
NO ADDED VITAMIN C----------	40	.3	*	10.1	1	*	*	*	*	*	*
OTHER FOOD----------	30	.3	.2	6.7	44	.8	*	.01	.04	3.8	0
ALCOHOLIC BEVERAGE----------	4	*	.0	.3	*	*	0	*	*	*	0
SOME NUTRITIVE VALUE----------	25	.3	.2	6.4	44	.8	*	.01	.04	3.8	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP HOME-PRODUCED

UNITED STATES

RURAL FARM

FOOD GROUP *	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	759	34.5	46.2	53.5	368	5.3	3,290	.39	.83	6.0	37
MILK, CREAM, CHEESE	166	8.5	9.6	11.8	282	*	390	.08	.41	.3	3
MILK	151	8.3	8.3	11.5	276	*	330	.07	.40	.3	3
CREAM, ICE CREAM	13	.1	1.3	.2	5	*	50	*	.01	*	*
CHEESE	1	.1	.1	*	1	*	*	*	*	*	0
SOUP, MIXTURES	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
MEAT, POULTRY, FISH	286	17.8	23.2	.1	11	2.5	440	.13	.21	3.8	*
BEEF	149	10.0	11.7	*	6	1.5	20	.03	.08	1.9	0
BACON, SALT PORK	37	.4	3.9	*	*	.1	0	.01	*	.1	0
OTHER PORK	62	3.1	5.4	*	2	.5	0	.08	.03	.6	0
LIVER	2	.3	.1	.1	*	.2	340	*	.04	.2	*
LUNCHMEAT, FRANKFURTERS	2	.1	.1	*	*	*	10	*	*	*	0
OTHER MEAT	6	.6	.4	*	*	.1	*	*	.01	.2	*
POULTRY	24	2.6	1.5	*	2	.2	80	.01	.04	.7	0
FISH, SHELLFISH	4	.7	.1	*	1	*	*	*	*	.1	0
OTHER PROTEIN FOOD	51	3.7	3.4	1.2	15	.7	300	.03	.07	.1	*
EGGS	41	3.2	2.9	.2	14	.6	300	.02	.07	*	0
DRY LEGUMES	5	.3	*	.9	1	.1	*	.01	*	*	*
NUTS, PEANUT BUTTER	5	.1	.5	.1	*	*	*	*	*	*	*
SOUP, MIXTURES	*	*	*	*	*	*	*	*	*	*	*
ALL VEGETABLES	108	4.0	.5	23.8	49	1.6	1,900	.13	.11	1.7	28
POTATOES	37	1.0	.1	8.4	3	.3	*	.04	.02	.7	6
DARK GREEN	2	.2	*	.4	12	.1	450	.01	.01	.1	4
DEEP YELLOW	10	.2	*	2.4	4	.1	820	.01	.01	.1	1
TOMATOES	8	.4	.1	1.7	4	.2	310	.02	.01	.2	7
OTHER	50	2.2	.3	11.0	26	.9	310	.06	.06	.6	10
SOUP, MIXTURES	*	*	*	*	*	*	10	*	*	*	*
ALL FRUIT	32	.2	.1	8.0	7	.3	180	.01	.02	.1	6
CITRUS	*	*	*	.1	*	*	*	*	*	*	*
OTHER VITAMIN C-RICH	4	*	*	.9	1	*	60	*	*	*	3
OTHER	28	.2	.1	7.1	6	.2	120	.01	.01	.1	3
MIXTURES	0	.0	.0	.0	0	.0	0	.00	.00	.0	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR 1965-1966 BY FOOD GROUP

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	2	.1	*	.4	1	*	*	*	*	*	0
FLOUR----------	1	*	*	.2	1	*	0	*	*	*	0
CEREAL, PASTES----------	1	*	*	.2	*	*	*	*	*	*	0
BREAD----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER BAKERY PRODUCTS----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	8	.2	.1	1.5	*	*	*	*	*	*	*
FLOUR----------	1	*	*	.2	*	*	0	*	*	*	0
CEREAL, PASTES----------	6	.2	.1	1.2	*	*	*	*	*	*	0
BREAD----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER BAKERY PRODUCTS----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
SOUP, MIXTURES----------	1	*	*	.1	*	*	*	*	*	*	*
FATS, OILS----------	83	*	9.2	*	*	*	80	*	*	*	*
BUTTER----------	17	*	2.0	*	*	.0	80	.00	.00	.0	0
MARGARINE----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OIL, SALID DRESSING----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
LARD----------	65	*	7.2	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
SUGAR, SWEETS----------	25	*	*	6.5	2	.1	*	*	*	*	*
SUGAR, SIRUP, JELLY, CANDY--------	25	*	*	6.5	2	.1	*	*	*	*	*
OTHER SWEETS--											
ADDED VITAMIN C----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
NO ADDED VITAMIN C----------	*	*	.0	*	*	.0	*	.00	*	*	*
OTHER FOOD----------	*	*	.0	*	*	*	0	*	*	*	0
ALCOHOLIC BEVERAGE----------	*	*	.0	*	*	*	0	*	*	*	0
SOME NUTRITIVE VALUE----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP HOME-PRODUCED

UNITED STATES

RURAL FARM

FOOD GROUP ‡	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIA-MINE	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	725	33.3	48.3	40.1	334	4.8	2,360	.33	.75	5.3	24
MILK, CREAM, CHEESE	155	7.8	9.2	10.8	258	*	370	.07	.38	.2	2
MILK	137	7.5	7.4	10.5	251	*	300	.07	.36	.2	2
CREAM, ICE CREAM	17	.2	1.7	.3	6	*	70	*	*	*	*
CHEESE	1	.2	*	*	1	*	*	*	*	*	0
SOUP, MIXTURES	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
MEAT, POULTRY, FISH	310	18.7	25.4	.1	12	2.7	400	.15	.21	3.8	*
BEEF	161	10.8	12.7	*	6	1.6	20	.03	.09	2.1	0
BACON, SALT PORK	42	.4	4.4	*	*	*	0	*	*	*	0
OTHER PORK	73	3.6	6.3	*	2	.5	0	.10	.04	.7	0
LIVER	2	.3	*	*	*	.2	300	*	.04	.2	*
LUNCHMEAT, FRANKFURTERS	2	.1	.2	*	*	*	*	*	*	*	0
OTHER MEAT	3	.3	.1	*	*	*	*	*	*	*	*
POULTRY	22	2.2	1.4	*	1	.2	70	*	.03	.6	0
FISH, SHELLFISH	6	1.0	.2	*	1	*	*	*	*	.1	0
OTHER PROTEIN FOOD	53	4.0	3.6	.8	17	.7	340	.03	.08	*	*
EGGS	47	3.7	3.3	.3	16	.7	340	.03	.08	*	0
DRY LEGUMES	3	.2	*	.4	*	*	*	*	*	*	*
NUTS, PEANUT BUTTER	3	*	.3	*	*	*	*	*	*	*	*
SOUP, MIXTURES	*	*	*	*	*	*	*	*	*	*	*
ALL VEGETABLES	58	2.2	.3	13.0	33	1.1	1,080	.07	.06	.9	15
POTATOES	19	.5	*	4.3	2	.2	*	.02	*	.4	3
DARK GREEN	2	.2	*	.3	10	.1	460	*	.01	*	3
DEEP YELLOW	3	*	*	.6	*	*	230	*	*	*	*
TOMATOES	3	.1	*	.6	*	*	120	*	*	.1	2
OTHER	32	1.3	.2	7.1	19	.6	270	.04	.04	.4	6
SOUP, MIXTURES	*	*	*	*	*	*	*	*	*	*	*
ALL FRUIT	27	.2	*	6.8	8	.2	90	*	.02	.1	7
CITRUS	*	*	*	*	*	*	*	*	*	*	*
OTHER VITAMIN C-RICH	5	*	*	1.1	1	*	*	*	*	*	4
OTHER	22	.1	*	5.7	7	.2	80	*	.01	*	2
MIXTURES	0	.0	.0	.0	0	.0	0	.00	.00	.0	0

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

SPRING 1965 BY FOOD GROUP

FOOD GROUP ‡	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIA-MINE	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	8	.2	*	1.7	3	*	*	*	*	*	0
FLOUR----------	4	.1	*	.8	3	*	0	*	*	*	0
CEREAL, PASTES----------	4	*	*	.9	*	*	*	*	*	*	0
BREAD----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER BAKERY PRODUCTS----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5	.1	*	1.1	*	*	*	*	*	*	*
FLOUR----------	*	*	*	.1	*	*	0	*	*	*	0
CEREAL, PASTES----------	4	.1	*	.9	*	*	*	*	*	*	0
BREAD----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER BAKERY PRODUCTS----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
SOUP, MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*
FATS, OILS----------	87	*	9.7	*	*	*	90	*	*	*	*
BUTTER----------	19	*	2.2	*	*	.0	90	.00	.00	.0	0
MARGARINE----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OIL, SALAD DRESSING----------	0	.0	.0	.0	0	.0	0	00	.00	.0	0
LARD----------	67	*	7.5	*	0	.0	0	00	.00	.0	0
VEGETABLE SHORTENING----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
SUGAR, SWEETS----------	23	*	*	5.9	3	.1	*	*	*	*	*
SUGAR, SIRUP, JELLY, CANDY--------	23	*	*	5.8	3	.1	*	*	*	*	*
OTHER SWEETS--											
ADDED VITAMIN C----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
NO ADDED VITAMIN C----------	*	*	.0	*	*	.0	*	.00	*	*	*
OTHER FOOD----------	*	*	.0	*	*	*	0	*	*	*	0
ALCOHOLIC BEVERAGE----------	*	*	.0	*	*	*	0	*	*	*	0
SOME NUTRITIVE VALUE----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

SPRING 1965 BY FOOD GROUP

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP HOME-PRODUCED

UNITED STATES

RURAL FARM

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	804	36.7	45.0	67.4	373	6.2	3,460	.48	.89	6.9	58
MILK, CREAM, CHEESE	155	8.0	9.0	11.0	264	*	370	.07	.38	.2	2
MILK	139	7.7	7.5	10.7	256	*	300	.07	.37	.2	2
CREAM, ICE CREAM	14	.2	1.4	.3	5	*	60	*	.01	*	*
CHEESE	2	.2	.1	*	3	*	10	*	*	*	0
SOUP, MIXTURES	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
MEAT, POULTRY, FISH	270	17.4	21.7	.1	11	2.5	400	.13	.21	3.6	*
BEEF	136	9.4	10.7	*	5	1.4	20	.02	.08	1.8	0
BACON, SALT PORK	37	.4	3.9	*	*	.1	0	.01	*	.1	0
OTHER PORK	57	3.0	4.9	*	2	.5	0	.08	.03	.6	0
LIVER	2	.3	.1	.1	*	.2	280	*	.04	.2	*
LUNCHMEAT, FRANKFURTERS	1	.1	.1	*	*	*	10	*	*	*	0
OTHER MEAT	7	.6	.5	*	*	.1	*	*	.01	.2	*
POULTRY	27	3.1	1.5	*	2	.3	100	.01	.04	.8	0
FISH, SHELLFISH	4	.6	.1	*	1	*	*	*	*	.1	0
OTHER PROTEIN FOOD	56	4.3	3.3	2.2	18	.8	330	.04	.08	.1	*
EGGS	45	3.6	3.2	.2	15	.6	330	.03	.08	*	0
DRY LEGUMES	11	.7	.1	1.9	3	.2	*	.02	.01	.1	*
NUTS, PEANUT BUTTER	1	*	.1	*	*	*	*	*	*	*	*
SOUP, MIXTURES	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
ALL VEGETABLES	160	6.5	.9	35.2	68	2.4	1,840	.22	.18	2.7	47
POTATOES	52	1.4	.1	11.7	5	.4	*	.05	.03	1.0	8
DARK GREEN	2	.1	*	.3	4	.1	200	*	.01	*	4
DEEP YELLOW	4	.1	*	.8	2	*	470	*	*	*	*
TOMATOES	16	.8	.1	3.4	9	.3	620	.04	.03	.5	15
OTHER	87	4.1	.6	18.9	48	1.5	540	.12	.12	1.1	20
SOUP, MIXTURES	*	*	*	*	*	*	10	*	*	*	*
ALL FRUIT	42	.4	.2	10.7	10	.4	440	.02	.03	.2	8
CITRUS	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER VITAMIN C-RICH	4	.1	*	.9	1	*	200	*	*	*	3
OTHER	39	.4	.2	9.8	8	.4	240	.02	.02	.2	5
MIXTURES	0	.0	.0	.0	0	.0	0	.00	.00	.0	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

SUMMER 1965 BY FOOD GROUP

FOOD GROUP #	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
FLOUR----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
CEREAL, PASTES----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
BREAD----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER BAKERY PRODUCTS----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	2	.1	*	.4	*	*	*	*	*	*	*
FLOUR----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
CEREAL, PASTES----------	2	*	*	.4	*	*	0	*	*	*	0
BREAD----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER BAKERY PRODUCTS----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
SOUP, MIXTURES----------	*	*	*	.1	*	*	*	*	*	*	*
FATS, OILS----------	87	*	9.7	*	1	.0	80	.00	.00	.0	0
BUTTER----------	18	*	2.0	*	1	.0	80	.00	.00	.0	0
MARGARINE----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OIL, SALAD DRESSING----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
LARD----------	69	*	7.7	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
SUGAR, SWEETS----------	30	*	*	7.8	2	.1	*	*	*	*	*
SUGAR, SIRUP, JELLY, CANDY--------	30	*	*	7.8	2	.1	*	*	*	*	*
OTHER SWEETS--											
ADDED VITAMIN C----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
NO ADDED VITAMIN C----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER FOOD----------	*	*	.0	*	*	.0	0	*	*	*	0
ALCOHOLIC BEVERAGE----------	*	*	.0	*	*	.0	0	*	*	*	0
SOME NUTRITIVE VALUE----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0

SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP HOME-PRODUCED

UNITED STATES

RURAL FARM

FOOD GROUP *	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	729	33.1	42.9	54.6	379	4.8	4,200	.36	.81	5.9	35
MILK, CREAM, CHEESE	170	8.8	9.8	12.3	294	*	400	.08	.43	.3	3
MILK	161	8.7	8.9	12.2	291	*	360	.08	.42	.3	3
CREAM, ICE CREAM	8	.1	.8	.1	3	*	30	*	*	*	*
CHEESE	*	.1	*	*	*	*	*	*	*	*	0
SOUP, MIXTURES	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
MEAT, POULTRY, FISH	259	16.7	20.8	.1	10	2.3	440	.11	.20	3.6	*
BEEF	145	9.6	11.6	*	6	1.4	20	.03	.08	1.8	0
BACON, SALT PORK	28	.3	3.0	*	*	*	0	.01	*	*	0
OTHER PORK	44	2.1	3.9	*	1	.3	0	.06	.02	.4	0
LIVER	2	.3	.1	.1	*	.2	340	*	.04	.2	*
LUNCHMEAT, FRANKFURTERS	1	.1	.1	*	*	*	*	*	*	*	0
OTHER MEAT	7	.8	.4	*	1	.1	*	*	.01	.3	*
POULTRY	28	3.0	1.7	*	2	.3	90	.01	.04	.7	0
FISH, SHELLFISH	3	.6	.1	*	1	*	*	*	*	.1	0
OTHER PROTEIN FOOD	48	3.2	3.6	.9	13	.6	250	.03	.06	.2	*
EGGS	34	2.7	2.4	.2	11	.5	250	.02	.06	*	0
DRY LEGUMES	2	.1	*	.4	1	*	*	*	*	*	0
NUTS, PEANUT BUTTER	12	.3	1.1	.3	1	.1	*	.01	*	.1	*
SOUP, MIXTURES	*	*	*	*	*	*	*	*	*	*	0
ALL VEGETABLES	114	3.8	.4	25.5	55	1.6	2,970	.13	.11	1.7	29
POTATOES	42	1.2	.1	9.6	4	.3	0	.04	.02	.8	7
DARK GREEN	4	.4	.1	.7	23	.2	790	.01	.03	.1	8
DEEP YELLOW	24	.4	.1	5.7	8	.2	1,760	.02	.02	.1	4
TOMATOES	6	.3	*	1.2	2	.2	220	.01	.01	.2	5
OTHER	38	1.6	.2	8.4	18	.7	200	.04	.03	.4	6
SOUP, MIXTURES	*	*	*	*	*	*	10	*	*	*	*
ALL FRUIT	26	.1	.1	6.7	3	.2	60	.01	.01	.1	3
CITRUS	*	*	*	*	*	*	*	*	*	*	*
OTHER VITAMIN C-RICH	2	*	*	.6	*	*	10	*	*	*	1
OTHER	24	.1	.1	6.2	3	.1	50	.01	.01	.1	1
MIXTURES	0	.0	.0	.0	0	.0	0	.00	.00	.0	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FALL 1965 BY FOOD GROUP

FOOD GROUP *	AVERAGE PER DAY										
	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
FLOUR----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
CEREAL, PASTES----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
BREAD----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER BAKERY PRODUCTS----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	15	.4	.2	3.1	1	.1	*	.01	*	.1	*
FLOUR----------	3	.1	*	.7	*	*	0	*	*	*	0
CEREAL, PASTES----------	10	.3	.1	2.1	*	.1	*	.01	*	*	0
BREAD----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER BAKERY PRODUCTS----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
SOUP, MIXTURES----------	2	*	.1	.2	*	*	*	*	*	*	*
FATS, OILS----------	72	*	8.1	*	*	.0	80	.00	.00	.0	0
BUTTER----------	17	*	2.0	*	*	.0	80	.00	.00	.0	0
MARGARINE----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OIL, SALAD DRESSING----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
LARD----------	55	*	6.1	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
SUGAR, SWEETS----------	23	*	*	5.9	2	.1	*	*	*	*	*
SUGAR, SIRUP, JELLY, CANDY--------	23	*	*	5.9	2	.1	*	*	*	*	*
OTHER SWEETS--											
ADDED VITAMIN C----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
NO ADDED VITAMIN C----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER FOOD----------	*	*	.0	*	*	*	0	.00	*	*	0
ALCOHOLIC BEVERAGE----------	*	*	.0	*	*	*	0	.00	*	*	0
SOME NUTRITIVE VALUE----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 5.--NUTRITIVE VALUE OF DIETS PER PERSON BY FOOD GROUP HOME-PRODUCED

UNITED STATES

RURAL FARM

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS	774	34.5	49.2	49.7	393	4.9	3,110	.37	.86	5.8	26
MILK, CREAM, CHEESE	190	9.9	11.0	13.7	327	*	440	.09	.48	.3	3
MILK	176	9.6	9.6	13.5	322	*	390	.09	.47	.3	3
CREAM, ICE CREAM	13	.1	1.3	.2	5	*	60	*	.01	*	*
CHEESE	1	.1	*	*	1	*	*	*	*	*	0
SOUP, MIXTURES	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
MEAT, POULTRY, FISH	310	18.4	25.6	.2	11	2.7	550	.15	.24	4.0	*
BEEF	156	10.4	12.3	.0	6	1.5	20	.03	.08	2.0	0
BACON, SALT PORK	40	.4	4.2	*	*	.1	0	.01	*	.1	0
OTHER PORK	79	3.6	7.0	*	2	.5	0	.10	.04	.7	0
LIVER	3	.5	.1	.1	*	.3	450	*	.06	.3	*
LUNCHMEAT, FRANKFURTERS	2	.1	.2	*	*	*	20	*	*	*	0
OTHER MEAT	7	.9	.4	*	1	.1	*	*	.01	.3	*
POULTRY	20	2.0	1.2	*	1	.2	60	*	.03	.5	0
FISH, SHELLFISH	3	.5	.1	.0	1	*	*	*	*	.1	0
OTHER PROTEIN FOOD	43	3.0	3.0	.9	13	.6	250	.03	.06	.1	*
EGGS	34	2.7	2.4	.2	11	.5	250	.02	.06	*	0
DRY LEGUMES	3	.2	*	.5	1	.1	*	*	*	*	*
NUTS, PEANUT BUTTER	5	.1	.5	.1	*	*	*	.01	*	*	*
SOUP, MIXTURES	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
ALL VEGETABLES	86	2.8	.3	19.4	34	1.2	1,730	.09	.07	1.3	18
POTATOES	33	.9	*	7.5	3	.3	0	.03	.02	.7	5
DARK GREEN	2	.2	*	.3	10	.1	400	.01	.01	*	3
DEEP YELLOW	13	.2	.1	3.0	4	.1	950	.01	.01	.1	2
TOMATOES	5	.2	*	1.1	2	.2	200	.01	.01	.2	4
OTHER	33	1.3	.2	7.5	15	.6	170	.03	.03	.3	4
SOUP, MIXTURES	*	*	*	*	*	*	10	*	*	*	*
ALL FRUIT	29	.2	.1	7.3	5	.2	70	.01	.01	.1	4
CITRUS	1	*	*	.2	1	*	*	*	*	*	1
OTHER VITAMIN C-RICH	4	*	*	1.0	1	*	*	*	*	*	2
OTHER	24	.1	.1	6.0	4	.1	70	.01	.01	.1	1
MIXTURES	0	.0	.0	.0	0	.0	0	.00	.00	.0	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

WINTER 1966 BY FOOD GROUP

FOOD GROUP * (1)	AVERAGE PER DAY										
	FOOD ENERGY (2)	PROTEIN (3)	FAT (4)	CARBO-HYDRATE (5)	CALCIUM (6)	IRON (7)	VITAMIN A VALUE (8)	THIAMIN (9)	RIBO-FLAVIN (10)	NIACIN (11)	ASCORBIC ACID (12)
	CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
GRAIN, ENRICHED OR WHOLE GRAIN------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
FLOUR----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
CEREAL, PASTES----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
BREAD----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER BAKERY PRODUCTS----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	9	.2	.1	1.9	*	*	0	.01	*	*	0
FLOUR----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
CEREAL, PASTES----------	9	.2	.1	1.9	*	*	0	.01	*	*	0
BREAD----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER BAKERY PRODUCTS----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
SOUP, MIXTURES----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
FATS, OILS----------	83	*	9.2	*	*	.0	60	.00	.00	.0	0
BUTTER----------	13	*	1.5	*	*	.0	60	.00	.00	.0	0
MARGARINE----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OIL, SALAD DRESSING----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
LARD----------	70	*	7.7	*	0	.0	0	.00	.00	.0	0
VEGETABLE SHORTENING----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
SUGAR, SWEETS----------	25	*	*	6.5	3	.1	*	*	*	*	*
SUGAR, SIRUP, JELLY, CANDY--------	25	*	*	6.5	3	.1	*	*	*	*	*
OTHER SWEETS--											
ADDED VITAMIN C----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
NO ADDED VITAMIN C----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0
OTHER FOOD----------	*	*	.0	*	*	.0	0	*	*	*	0
ALCOHOLIC BEVERAGE----------	*	*	.0	*	*	.0	0	*	*	*	0
SOME NUTRITIVE VALUE----------	0	.0	.0	.0	0	.0	0	.00	.00	.0	0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP ‡	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,177	104.3	150.9	353.8	1,119	19.3	7,500	1.56	2.37	24.8	103
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
MILK, CREAM, CHEESE----------	12.9	13.0	20.7	15.0	8.7	61.0	1.4	12.3	10.6	39.0	2.4	5.4
MILK----------	8.2	8.6	14.9	9.1	6.3	47.1	.2	7.4	8.8	32.0	1.9	4.5
CREAM, ICE CREAM----------	2.1	2.2	1.5	2.7	2.0	4.5	.2	2.2	.9	3.1	.2	.4
CHEESE----------	2.2	1.9	4.1	2.9	.2	8.6	.7	2.4	.4	3.4	.1	.0
SOUP, MIXTURES----------	.4	.3	.3	.3	.3	.7	.2	.4	.5	.6	.3	.4
MEAT, POULTRY, FISH----------	33.5	21.5	40.7	36.6	.3	2.9	29.9	14.3	21.4	22.1	36.7	.6
BEEF----------	14.2	8.5	17.5	14.1	*	.9	14.1	.4	3.1	6.3	14.0	*
BACON, SALT PORK----------	2.0	3.3	1.2	7.3	*	.2	.9	.0	1.5	.7	.9	.0
OTHER PORK----------	6.1	4.0	6.3	7.3	*	.3	5.1	.0	11.0	3.0	5.1	.0
LIVER----------	.3	.1	.6	.1	*	*	1.4	10.3	.3	3.6	1.3	.6
LUNCHMEAT, FRANKFURTERS----------	3.1	2.4	3.4	4.5	.1	.2	3.0	1.0	3.2	2.9	3.3	.0
OTHER MEAT----------	1.4	.5	1.4	.7	*	.1	.8	*	.5	.9	1.6	*
POULTRY----------	3.9	1.9	7.3	2.0	*	.4	3.6	2.4	1.2	4.2	7.5	*
FISH, SHELLFISH----------	2.4	.8	3.1	.8	*	.7	.9	.3	.6	.6	3.0	*
OTHER PROTEIN FOOD----------	5.3	5.4	10.3	7.0	2.6	4.0	10.4	7.7	6.4	6.9	6.0	.4
EGGS----------	3.0	2.3	5.5	3.4	.1	2.1	5.3	7.0	2.6	5.3	.2	.0
DRY LEGUMES----------	.5	1.1	2.1	.2	1.7	1.1	3.5	.2	2.1	.7	.8	.2
NUTS, PEANUT BUTTER----------	.9	1.6	1.9	3.0	.4	.5	1.0	*	1.2	.5	4.3	*
SOUP, MIXTURES----------	.6	.3	.6	.3	.2	.1	.4	.5	.3	.3	.4	.1
ALL VEGETABLES----------	11.9	6.1	5.9	1.9	10.9	6.6	13.7	43.8	13.3	7.1	12.1	43.2
POTATOES----------	2.2	2.9	1.9	1.3	4.8	.7	3.2	*	4.6	1.5	5.9	10.3
DARK GREEN----------	.7	.1	.3	*	.2	1.3	1.1	9.1	.7	.8	.3	6.2
DEEP YELLOW----------	.6	.4	.2	*	.8	.5	.6	18.7	.6	.4	.4	1.5
TOMATOES----------	2.2	.7	.7	.2	1.3	.6	2.3	7.9	2.4	1.0	2.2	10.3
OTHER----------	5.9	1.9	2.5	.3	3.6	3.3	6.2	6.3	4.9	3.3	3.0	14.6
SOUP, MIXTURES----------	.4	.2	.2	.1	.2	.1	.3	1.8	.2	.1	.3	.3
ALL FRUIT----------	7.3	4.0	1.3	.3	9.2	2.6	5.2	8.6	6.8	2.7	3.0	45.2
CITRUS----------	2.3	1.2	.6	.1	2.7	1.4	1.3	1.9	4.1	.8	1.1	35.4
OTHER VITAMIN C-RICH----------	.5	.1	.1	*	.2	.1	.3	2.3	.2	.2	.2	3.4
OTHER----------	4.5	2.7	.6	.2	6.2	1.1	3.7	4.4	2.5	1.7	1.8	6.4
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR 1965-1966 BY FOOD GROUP

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	6.7	17.3	15.2	3.2	30.7	13.1	27.3	.2	36.7	16.2	19.9	.4
FLOUR----------	.7	3.9	3.3	.3	7.3	3.5	5.2	*	7.7	3.6	4.3	.0
CEREAL, PASTES----------	2.3	5.4	4.3	.6	10.3	3.1	10.7	.1	14.5	4.7	6.9	.3
BREAD----------	2.9	6.6	6.6	1.6	11.2	5.8	10.0	*	12.6	6.8	7.7	.0
OTHER BAKERY PRODUCTS----------	.8	1.3	1.0	.7	2.0	.8	1.3	.1	1.9	1.1	1.0	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5.5	8.4	4.6	5.6	12.2	4.0	4.1	1.3	3.3	2.6	2.5	.3
FLOUR----------	.4	1.0	.4	.5	1.6	.8	.3	*	.2	.2	.1	*
CEREAL, PASTES----------	.2	.5	.4	.1	.9	.1	.3	*	.5	.1	.3	*
BREAD----------	.4	.6	.6	.1	1.0	.5	.6	*	.7	.3	.4	.0
OTHER BAKERY PRODUCTS----------	3.4	5.4	2.6	4.2	7.5	2.1	2.3	.6	1.4	1.5	1.2	*
SOUP, MIXTURES----------	1.1	.9	.7	.7	1.1	.5	.6	.6	.5	.4	.5	.3
FATS, OILS----------	3.5	12.4	.3	29.2	.3	.6	.2	10.8	.1	.1	*	*
BUTTER----------	1.0	1.8	*	4.2	*	.1	.0	3.5	.0	.0	.0	.0
MARGARINE----------	.8	3.6	.1	8.5	*	.3	.0	7.0	.0	.0	.0	.0
OIL, SALAD DRESSING----------	1.0	3.6	.1	8.4	.2	.1	.2	.3	.1	.1	*	*
LARD----------	.2	1.3	*	3.1	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.4	2.1	*	4.9	.1	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	5.9	10.3	.8	1.0	22.8	2.1	3.2	.8	1.0	.9	.6	4.5
SUGAR, SIRUP, JELLY, CANDY--------	3.0	8.2	.5	1.0	18.0	1.7	3.0	.1	.8	.8	.5	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.4	.4	*	*	.8	.3	.1	.6	.2	*	.1	4.0
NO ADDED VITAMIN C----------	2.6	1.7	.3	*	4.0	.1	.1	*	*	.1	*	.2
OTHER FOOD----------	7.5	1.6	.2	.1	2.3	3.3	4.7	.3	.5	2.4	16.7	.0
ALCOHOLIC BEVERAGE----------	3.6	.8	.1	.0	.4	.2	*	.0	*	.5	.9	.0
SOME NUTRITIVE VALUE----------	3.2	.8	.1	.1	1.8	3.1	4.7	.3	.5	1.9	15.8	.0
NO NUTRITIVE VALUE----------	.8	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 6.--MONEY VALUE AND NUTRIENTS BY FOOD GROUP

UNITED STATES

ALL URBANIZATIONS

FOOD GROUP ‡	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,211	105.8	154.3	352.9	1,113	19.5	7,330	1.57	2.38	24.9	101
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	12.6	12.7	20.2	14.5	8.7	60.4	1.4	12.5	10.3	38.2	2.4	5.3
MILK----------	7.8	8.3	14.3	8.6	6.2	46.1	.3	7.3	8.5	31.0	1.9	4.4
CREAM, ICE CREAM----------	2.2	2.3	1.5	2.7	2.1	4.7	.2	2.3	1.0	3.2	.2	.4
CHEESE----------	2.2	1.9	4.1	2.9	.2	8.8	.8	2.5	.4	3.5	*	.0
SOUP, MIXTURES----------	.4	.3	.3	.2	.3	.7	.2	.4	.5	.6	.2	.4
MEAT, POULTRY, FISH----------	32.7	22.3	41.6	37.7	.3	3.0	30.7	15.7	23.0	23.0	37.5	.7
BEEF----------	13.7	8.6	17.4	14.1	*	1.0	14.1	.4	3.1	6.3	14.1	*
BACON, SALT PORK----------	1.8	3.6	1.3	7.8	*	.2	1.0	.0	1.7	.7	1.0	.0
OTHER PORK----------	6.3	4.4	7.0	7.8	*	.4	5.7	.0	12.3	3.4	5.8	.0
LIVER----------	.3	.1	.6	*	*	*	1.5	11.5	.3	3.9	1.4	.6
LUNCHMEAT, FRANKFURTERS----------	3.2	2.6	3.6	4.7	.1	.2	3.1	1.1	3.4	3.1	3.5	.0
OTHER MEAT----------	1.2	.5	1.3	.6	*	*	.8	*	.4	.8	1.4	*
POULTRY----------	3.7	1.7	6.9	1.8	*	.4	3.5	2.4	1.1	4.2	7.2	*
FISH, SHELLFISH----------	2.5	.9	3.4	.8	*	.8	1.0	.3	.7	.7	3.1	*
OTHER PROTEIN FOOD----------	5.2	5.5	10.6	6.8	2.7	4.2	10.8	8.4	6.4	7.2	5.9	.4
EGGS----------	2.9	2.4	5.8	3.5	.1	2.3	5.6	7.6	2.7	5.6	.2	.0
DRY LEGUMES----------	.6	1.2	2.2	.3	1.9	1.2	3.7	.2	2.2	.7	.9	.2
NUTS, PEANUT BUTTER----------	.8	1.5	1.8	2.6	.4	.5	.9	*	1.0	.4	4.2	*
SOUP, MIXTURES----------	.6	.3	.6	.3	.2	.1	.4	.5	.3	.3	.4	.1
ALL VEGETABLES----------	12.2	5.7	5.5	1.9	10.3	6.4	13.0	42.5	12.4	6.7	11.5	40.9
POTATOES----------	2.5	2.8	1.9	1.3	4.7	.7	3.0	*	4.5	1.4	5.8	10.1
DARK GREEN----------	.7	.1	.3	*	.2	1.4	1.2	10.0	.7	.9	.3	6.0
DEEP YELLOW----------	.5	.3	.2	*	.5	.4	.5	17.0	.4	.3	.3	1.0
TOMATOES----------	2.0	.6	.6	.1	1.2	.6	2.1	7.3	2.1	.9	2.0	9.1
OTHER----------	6.1	1.7	2.3	.3	3.4	3.3	5.9	6.5	4.5	3.1	2.8	14.4
SOUP, MIXTURES----------	.4	.2	.2	.1	.2	.1	.2	1.7	.2	.1	.2	.3
ALL FRUIT----------	7.4	3.8	1.2	.3	8.7	2.6	5.0	7.3	6.4	2.6	2.9	47.0
CITRUS----------	2.4	1.2	.6	*	2.7	1.4	1.2	1.9	4.0	.8	1.1	35.4
OTHER VITAMIN C-RICH----------	.8	.2	*	*	.3	.2	.5	1.8	.2	.3	.3	5.7
OTHER----------	4.2	2.4	.6	.2	5.7	1.0	3.3	3.7	2.2	1.5	1.6	5.9
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

SPRING 1965 BY FOOD GROUP

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	6.7	17.1	15.0	3.2	30.8	13.1	27.0	.2	36.6	16.1	20.0	.5
FLOUR----------	.7	3.7	3.1	.3	7.0	3.3	4.9	*	7.3	3.4	4.1	.0
CEREAL, PASTES----------	2.4	5.5	4.3	.6	10.5	3.1	10.8	.1	14.7	4.8	7.2	.4
BREAD----------	2.9	6.6	6.5	1.6	11.2	5.8	9.9	*	12.5	6.8	7.6	.0
OTHER BAKERY PRODUCTS----------	.8	1.4	1.1	.7	2.1	.9	1.4	.1	2.1	1.2	1.1	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5.6	8.5	4.7	5.7	12.6	4.1	4.1	1.2	3.3	2.7	2.5	.4
FLOUR----------	.4	1.0	.4	.5	1.7	.9	.3	*	.2	.2	.1	*
CEREAL, PASTES----------	.2	.5	.4	*	.9	*	.3	*	.5	.1	.3	*
BREAD----------	.4	.6	.6	*	1.1	.5	.6	*	.7	.3	.4	.0
OTHER BAKERY PRODUCTS----------	3.5	5.6	2.6	4.3	7.8	2.2	2.3	.6	1.4	1.6	1.2	*
SOUP, MIXTURES----------	1.1	.9	.7	.7	1.1	.5	.5	.5	.5	.4	.5	.3
FATS, OILS----------	3.5	12.4	.3	28.8	.3	.6	.2	11.0	*	.1	*	*
BUTTER----------	1.0	1.8	*	4.3	*	.1	.0	3.7	.0	.0	.0	.0
MARGARINE----------	.8	3.5	*	8.2	*	.3	.0	7.1	.0	.0	.0	.0
OIL, SALAD DRESSING----------	1.1	3.7	.1	8.5	.3	.2	.2	.3	*	.1	*	*
LARD----------	.2	1.4	*	3.2	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.4	2.0	*	4.5	*	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	6.2	10.4	.8	1.1	23.3	2.2	3.1	.8	.9	.9	.6	4.8
SUGAR, SIRUP, JELLY, CANDY--------	3.1	8.3	.5	1.0	18.3	1.8	2.9	*	.7	.8	.5	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.4	.4	*	*	.9	.3	.1	.7	.2	*	*	4.3
NO ADDED VITAMIN C----------	2.7	1.7	.3	*	4.0	.1	.1	*	*	*	*	.3
OTHER FOOD----------	7.8	1.6	.3	.1	2.3	3.3	4.8	.3	.6	2.5	16.7	.0
ALCOHOLIC BEVERAGE----------	3.7	.9	.1	.0	.4	.2	*	.0	*	.5	.9	.0
SOME NUTRITIVE VALUE----------	3.3	.8	.1	.1	1.8	3.1	4.7	.3	.6	2.0	15.8	.0
NO NUTRITIVE VALUE----------	.8	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP #	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,152	102.2	149.1	354.7	1,087	18.9	7,510	1.54	2.32	24.5	105
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	12.5	12.8	20.5	14.8	8.6	60.5	1.4	12.0	10.4	38.1	2.4	5.0
MILK----------	7.6	8.1	14.3	8.6	5.9	45.6	.2	6.9	8.4	30.6	1.8	4.1
CREAM, ICE CREAM----------	2.4	2.5	1.7	3.0	2.3	5.3	.2	2.4	1.1	3.6	.2	.5
CHEESE----------	2.2	1.9	4.2	2.9	.2	8.9	.8	2.4	.4	3.4	.1	.0
SOUP, MIXTURES----------	.4	.3	.3	.3	.2	.7	.2	.4	.5	.6	.3	.4
MEAT, POULTRY, FISH----------	32.8	21.4	40.7	36.8	.3	2.9	29.7	13.1	21.0	21.8	36.0	.5
BEEF----------	13.9	8.4	17.6	13.9	*	1.0	14.1	.4	3.1	6.3	13.9	.0
BACON, SALT PORK----------	2.1	3.6	1.3	7.9	*	.2	1.0	.0	1.7	.7	1.0	.0
OTHER PORK----------	5.8	3.8	6.1	6.9	*	.3	4.9	.0	10.5	2.9	4.9	.0
LIVER----------	.3	.1	.5	.1	*	*	1.2	8.9	.2	3.1	1.1	.5
LUNCHMEAT, FRANKFURTERS----------	3.3	2.6	3.7	4.8	.1	.2	3.2	1.1	3.5	3.2	3.5	.0
OTHER MEAT----------	1.2	.5	1.2	.7	*	.1	.8	*	.4	.7	1.3	*
POULTRY----------	3.7	1.7	7.0	1.7	*	.4	3.6	2.4	1.1	4.3	7.0	*
FISH, SHELLFISH----------	2.5	.8	3.3	.8	*	.7	1.0	.3	.6	.6	3.1	*
OTHER PROTEIN FOOD----------	4.9	5.2	10.0	6.6	2.5	3.9	10.1	7.5	6.1	6.8	5.7	.4
EGGS----------	2.7	2.2	5.5	3.3	.1	2.2	5.3	6.8	2.6	5.3	.2	.0
DRY LEGUMES----------	.5	1.1	2.0	.2	1.7	1.1	3.4	.2	2.0	.6	.8	.2
NUTS, PEANUT BUTTER----------	.8	1.4	1.8	2.6	.4	.5	.9	*	1.0	.4	4.1	*
SOUP, MIXTURES----------	.5	.3	.5	.3	.2	.1	.4	.5	.3	.3	.4	.1
ALL VEGETABLES----------	13.2	6.5	6.7	2.2	11.4	7.0	14.7	38.5	15.3	8.1	13.2	47.0
POTATOES----------	2.4	2.9	1.9	1.5	4.6	.7	3.1	*	4.6	1.4	5.8	9.6
DARK GREEN----------	.6	.1	.3	*	.2	.9	.9	6.7	.6	.7	.3	5.5
DEEP YELLOW----------	.4	.2	.1	*	.5	.3	.4	13.1	.4	.2	.3	.9
TOMATOES----------	2.9	.8	.9	.2	1.5	.9	2.7	9.9	3.1	1.4	2.7	13.9
OTHER----------	6.5	2.3	3.3	.4	4.5	4.0	7.3	7.2	6.6	4.3	3.9	16.9
SOUP, MIXTURES----------	.4	.1	.2	.1	.2	.1	.2	1.5	.1	.1	.2	.3
ALL FRUIT----------	7.6	3.9	1.4	.3	8.8	2.5	5.8	16.4	6.6	3.1	3.7	41.3
CITRUS----------	1.8	1.0	.5	.1	2.1	.9	1.0	1.4	3.3	.6	.8	26.8
OTHER VITAMIN C-RICH----------	.8	.2	.1	*	.4	.2	.4	6.5	.4	.3	.4	5.6
OTHER----------	5.1	2.8	.8	.2	6.2	1.3	4.4	8.5	3.0	2.2	2.4	8.9
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	6.5	16.8	14.9	3.2	29.6	13.1	26.2	.2	35.9	16.0	19.6	.4
FLOUR----------	.6	3.5	3.0	.3	6.5	3.4	4.7	*	7.0	3.3	3.9	.0
CEREAL, PASTES----------	2.2	5.2	4.1	.6	9.8	3.0	9.7	.1	14.0	4.7	6.9	.3
BREAD----------	2.9	6.7	6.7	1.6	11.1	5.9	10.2	*	12.7	6.9	7.7	.0
OTHER BAKERY PRODUCTS----------	.8	1.4	1.1	.8	2.1	.8	1.5	.1	2.1	1.1	1.1	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN—	5.3	8.5	4.7	5.8	12.3	4.2	4.1	1.2	3.2	2.6	2.5	.3
FLOUR----------	.4	.9	.4	.5	1.5	.8	.3	*	.1	.2	.1	.0
CEREAL, PASTES----------	.1	.5	.4	.1	.9	.1	.3	*	.5	.1	.2	*
BREAD----------	.3	.5	.6	.1	1.0	.5	.5	*	.6	.3	.3	.0
OTHER BAKERY PRODUCTS----------	3.4	5.7	2.7	4.4	7.8	2.3	2.4	.6	1.5	1.6	1.3	*
SOUP, MIXTURES----------	1.0	.9	.7	.7	1.1	.5	.5	.5	.4	.4	.5	.3
FATS, OILS----------	3.4	12.5	.3	29.3	.3	.6	.2	10.2	.1	.1	*	*
BUTTER----------	.9	1.6	*	3.9	*	.1	.0	3.2	.0	.0	.0	.0
MARGARINE----------	.8	3.5	.1	8.3	*	.3	.0	6.7	.0	.0	.0	.0
OIL, SALAD DRESSING----------	1.1	3.9	.1	9.0	.3	.2	.2	.3	.1	.1	*	*
LARD----------	.2	1.3	*	3.1	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.4	2.1	*	5.0	.1	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	6.3	10.8	.7	.9	24.1	2.1	3.1	.6	.9	.8	.6	5.1
SUGAR, SIRUP, JELLY, CANDY--------	2.8	8.4	.4	.8	18.5	1.5	2.8	.1	.6	.7	.4	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.5	.5	*	*	1.2	.4	.2	.5	.2	.1	.1	4.5
NO ADDED VITAMIN C----------	2.9	1.9	.3	*	4.4	.1	.1	*	*	.1	*	.3
OTHER FOOD----------	7.4	1.6	.2	.1	2.1	3.2	4.7	.3	.5	2.4	16.4	.0
ALCOHOLIC BEVERAGE----------	3.5	.8	.1	.0	.4	.2	*	.0	*	.5	.9	.0
SOME NUTRITIVE VALUE----------	3.1	.7	.1	.1	1.7	3.0	4.7	.3	.5	1.9	15.5	.0
NO NUTRITIVE VALUE----------	.9	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 6.--MONEY VALUE AND NUTRIENTS BY FOOD GROUP

UNITED STATES

ALL URBANIZATIONS

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT		3,227	106.4	153.2	359.1	1,145	19.6	7,930	1.59	2.41	25.5	99
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE	13.1	13.0	20.7	15.2	8.7	61.0	1.3	12.0	10.6	39.2	2.4	5.7
MILK	8.6	8.9	15.2	9.5	6.5	47.9	.2	7.4	9.0	32.7	2.0	4.9
CREAM, ICE CREAM	2.0	2.0	1.4	2.5	1.8	4.1	.2	2.0	.8	2.8	.1	.4
CHEESE	2.1	1.8	3.9	2.9	.2	8.3	.7	2.3	.4	3.2	.1	.0
SOUP, MIXTURES	.4	.3	.3	.2	.3	.7	.2	.3	.4	.5	.2	.4
MEAT, POULTRY, FISH	34.3	21.4	41.1	36.2	.3	2.9	29.9	14.2	21.2	22.3	37.4	.7
BEEF	14.2	8.3	17.2	13.8	*	.9	13.9	.4	3.1	6.2	13.6	.0
BACON, SALT PORK	2.0	3.1	1.1	6.7	*	.1	.8	.0	1.4	.6	.8	.0
OTHER PORK	6.3	4.0	6.1	7.3	*	.3	5.0	.0	10.8	2.9	5.0	.0
LIVER	.3	.1	.6	.1	*	*	1.5	10.2	.3	3.8	1.4	.6
LUNCHMEAT, FRANKFURTERS	3.0	2.3	3.2	4.1	.1	.2	2.7	.9	3.0	2.7	3.0	.0
OTHER MEAT	1.6	.6	1.6	.8	*	.1	.9	*	.5	1.0	1.9	*
POULTRY	4.6	2.3	8.5	2.7	*	.5	4.1	2.5	1.6	4.5	8.9	*
FISH, SHELLFISH	2.3	.7	2.9	.7	.1	.7	.9	.2	.5	.6	2.7	*
OTHER PROTEIN FOOD	5.6	5.5	10.1	7.4	2.6	3.9	10.2	7.2	6.6	6.8	6.0	.4
EGGS	3.1	2.2	5.3	3.3	.1	2.1	5.1	6.5	2.5	5.2	.2	.0
DRY LEGUMES	.5	1.1	1.9	.2	1.7	1.1	3.3	.1	1.9	.6	.8	.1
NUTS, PEANUT BUTTER	1.2	1.9	2.1	3.5	.5	.6	1.2	*	1.7	.6	4.5	*
SOUP, MIXTURES	.6	.3	.6	.4	.3	.2	.5	.5	.4	.3	.4	.1
ALL VEGETABLES	11.1	6.0	5.8	1.8	10.9	6.7	13.4	48.5	13.0	6.9	11.7	45.6
POTATOES	1.9	2.8	1.9	1.2	4.8	.7	3.2	*	4.7	1.5	5.9	11.1
DARK GREEN	.7	.1	.4	*	.2	1.6	1.3	10.3	.8	1.0	.4	7.8
DEEP YELLOW	.8	.6	.3	.1	1.3	.7	.9	24.4	.9	.6	.6	2.8
TOMATOES	1.9	.6	.6	.1	1.2	.5	2.1	6.7	2.1	.9	1.9	9.3
OTHER	5.3	1.7	2.2	.3	3.2	3.0	5.7	5.3	4.3	2.8	2.6	14.3
SOUP, MIXTURES	.4	.2	.2	.1	.2	.1	.3	1.8	.2	.1	.3	.4
ALL FRUIT	6.9	4.2	1.2	.3	9.5	2.3	4.8	5.0	6.7	2.4	2.6	42.8
CITRUS	2.2	1.2	.6	.1	2.6	1.3	1.2	1.8	4.0	.8	1.0	36.1
OTHER VITAMIN C-RICH	.2	*	*	*	.1	*	.1	.7	.1	*	.1	1.0
OTHER	4.5	2.9	.6	.2	6.7	1.0	3.6	2.6	2.6	1.6	1.6	5.7
MIXTURES	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FALL 1965 BY FOOD GROUP

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	6.8	17.5	15.4	3.2	31.2	13.2	27.7	.2	37.2	16.3	19.8	.4
FLOUR----------	.8	4.3	3.6	.3	8.1	3.8	5.8	*	8.6	4.0	4.7	.0
CEREAL, PASTES----------	2.3	5.3	4.3	.7	10.0	3.0	10.7	.1	14.2	4.6	6.5	.3
BREAD----------	3.0	6.7	6.6	1.6	11.3	5.7	10.1	*	12.6	6.8	7.6	.0
OTHER BAKERY PRODUCTS----------	.7	1.2	.9	.6	1.8	.7	1.2	.1	1.8	1.0	.9	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5.4	8.2	4.5	5.5	12.0	3.8	4.1	1.4	3.3	2.5	2.5	.3
FLOUR----------	.4	1.0	.4	.5	1.6	.7	.3	*	.2	.2	.1	*
CEREAL, PASTES----------	.2	.6	.4	.1	1.0	.1	.4	*	.6	.1	.3	.0
BREAD----------	.4	.5	.5	.1	1.0	.5	.6	*	.7	.3	.4	.0
OTHER BAKERY PRODUCTS----------	3.3	5.2	2.4	4.0	7.2	1.9	2.2	.5	1.3	1.4	1.1	*
SOUP, MIXTURES----------	1.1	1.0	.7	.8	1.2	.5	.6	.8	.5	.5	.5	.3
FATS, OILS----------	3.6	12.4	.3	29.2	.3	.6	.2	10.5	.1	.1	*	*
BUTTER----------	1.1	1.9	*	4.6	*	.2	.0	3.6	.0	.0	.0	.0
MARGARINE----------	.8	3.6	.1	8.4	*	.3	.0	6.7	.0	.0	.0	.0
OIL, SALAD DRESSING----------	1.0	3.4	.1	7.8	.2	.1	.2	.2	.1	.1	*	*
LARD----------	.2	1.5	*	3.4	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.4	2.1	*	4.9	.1	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	5.8	10.1	.8	1.2	22.3	2.2	3.4	.7	1.0	1.0	.7	4.1
SUGAR, SIRUP, JELLY, CANDY--------	3.2	8.3	.5	1.1	18.1	1.8	3.2	.1	.9	.9	.6	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.3	.3	*	*	.6	.3	.1	.6	.2	*	*	3.6
NO ADDED VITAMIN C----------	2.3	1.6	.2	*	3.6	.1	.1	*	*	.1	*	.2
OTHER FOOD----------	7.4	1.6	.3	.1	2.3	3.5	4.8	.2	.4	2.3	16.9	.0
ALCOHOLIC BEVERAGE----------	3.5	.8	.1	.0	.4	.2	*	.0	*	.5	.8	.0
SOME NUTRITIVE VALUE----------	3.2	.8	.1	.1	1.9	3.3	4.8	.2	.4	1.9	16.1	.0
NO NUTRITIVE VALUE----------	.7	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,117	102.9	147.1	348.6	1,133	19.1	7,230	1.55	2.35	24.2	105
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	13.2	13.4	21.5	15.5	8.9	62.0	1.4	12.9	11.0	40.5	2.6	5.5
MILK----------	8.7	9.2	15.9	9.8	6.7	49.0	.3	8.0	9.4	33.9	2.1	4.7
CREAM, ICE CREAM----------	1.8	1.9	1.3	2.4	1.7	3.8	.1	2.0	.8	2.6	.1	.3
CHEESE----------	2.2	1.9	4.0	3.0	.2	8.4	.7	2.5	.4	3.3	.1	.0
SOUP, MIXTURES----------	.5	.3	.3	.3	.3	.8	.2	.4	.5	.7	.3	.5
MEAT, POULTRY, FISH----------	34.1	20.9	39.5	35.8	.3	2.7	29.2	14.4	20.1	21.5	36.0	.6
BEEF----------	14.8	8.7	17.7	14.5	*	.9	14.3	.4	3.1	6.3	14.3	.0
BACON, SALT PORK----------	1.9	3.0	1.1	6.6	*	.1	.8	.0	1.3	.6	.8	.0
OTHER PORK----------	6.3	3.9	5.9	7.1	*	.3	4.8	.0	10.4	2.8	4.9	.0
LIVER----------	.4	.1	.6	.1	*	*	1.5	10.5	.3	3.7	1.4	.6
LUNCHMEAT, FRANKFURTERS----------	3.0	2.3	3.2	4.2	.1	.2	2.7	1.1	2.9	2.7	3.1	.0
OTHER MEAT----------	1.6	.5	1.5	.7	*	.1	.9	*	.5	.9	1.7	*
POULTRY----------	3.8	1.7	6.7	1.9	*	.4	3.3	2.2	1.1	3.8	7.0	*
FISH, SHELLFISH----------	2.3	.7	2.9	.7	*	.7	.9	.2	.5	.6	2.8	*
OTHER PROTEIN FOOD----------	5.6	5.5	10.4	7.1	2.7	3.9	10.5	7.9	6.5	6.9	6.2	.4
EGGS----------	3.2	2.3	5.4	3.4	.1	2.1	5.3	7.1	2.6	5.3	.2	.0
DRY LEGUMES----------	.6	1.2	2.2	.2	1.8	1.1	3.7	.2	2.1	.7	.9	.1
NUTS, PEANUT BUTTER----------	1.0	1.7	1.9	3.1	.4	.5	1.0	*	1.3	.5	4.4	*
SOUP, MIXTURES----------	.6	.3	.6	.3	.2	.1	.5	.5	.3	.3	.4	.1
ALL VEGETABLES----------	11.1	6.1	5.8	1.9	10.9	6.2	13.5	45.7	12.7	6.6	12.2	39.3
POTATOES----------	1.9	3.0	2.0	1.2	5.0	.7	3.3	*	4.9	1.5	6.3	10.5
DARK GREEN----------	.7	.1	.3	*	.2	1.3	1.1	9.3	.6	.8	.4	5.5
DEEP YELLOW----------	.6	.4	.2	*	.8	.5	.7	20.4	.6	.4	.4	1.6
TOMATOES----------	1.9	.7	.7	.2	1.3	.5	2.3	7.6	2.2	.9	2.1	8.5
OTHER----------	5.6	1.7	2.3	.3	3.3	3.0	5.8	6.0	4.2	2.8	2.7	12.7
SOUP, MIXTURES----------	.5	.2	.3	.1	.2	.1	.3	2.3	.2	.2	.3	.4
ALL FRUIT----------	7.1	4.3	1.3	.3	9.8	2.8	5.0	5.2	7.6	2.6	3.0	49.6
CITRUS----------	2.9	1.6	.8	.1	3.5	1.9	1.7	2.5	5.3	1.1	1.4	44.0
OTHER VITAMIN C-RICH----------	.2	*	*	*	.1	*	.1	.1	*	*	*	.8
OTHER----------	4.1	2.7	.6	.2	6.2	.9	3.3	2.6	2.3	1.5	1.5	4.8
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	6.9	17.7	15.5	3.3	31.4	13.1	28.1	.2	37.2	16.1	20.1	.4
FLOUR----------	.7	4.0	3.4	.3	7.5	3.6	5.3	*	7.9	3.7	4.5	.0
CEREAL, PASTES----------	2.4	5.8	4.6	.7	10.8	3.2	11.6	.1	14.9	4.7	7.0	.3
BREAD----------	3.0	6.7	6.6	1.6	11.2	5.6	10.0	*	12.5	6.7	7.7	.0
OTHER BAKERY PRODUCTS----------	.7	1.2	.9	.6	1.9	.7	1.2	.1	1.9	1.0	1.0	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5.6	8.2	4.6	5.6	12.0	3.8	4.1	1.2	3.3	2.5	2.6	.3
FLOUR----------	.4	1.0	.3	.6	1.7	.8	.3	*	.2	.2	.1	.0
CEREAL, PASTES----------	.2	.5	.4	.1	.9	.1	.4	*	.6	.1	.3	.0
BREAD----------	.4	.6	.6	.1	1.1	.5	.6	*	.7	.3	.4	.0
OTHER BAKERY PRODUCTS----------	3.4	5.2	2.5	4.1	7.2	1.9	2.2	.6	1.4	1.4	1.2	*
SOUP, MIXTURES----------	1.2	.9	.8	.7	1.1	.5	.6	.6	.5	.5	.6	.2
FATS, OILS----------	3.5	12.4	.3	29.3	.3	.6	.2	11.3	.1	.1	*	*
BUTTER----------	1.0	1.7	*	4.1	*	.1	.0	3.4	.0	.0	.0	.0
MARGARINE----------	.9	3.9	.1	9.2	*	.3	.0	7.6	.0	.0	.0	.0
OIL, SALAD DRESSING----------	1.0	3.5	.1	8.2	.2	.1	.2	.3	.1	.1	*	*
LARD----------	.2	1.1	*	2.6	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.4	2.2	*	5.2	.1	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	5.5	9.8	.8	1.0	21.4	2.0	3.3	.9	1.1	.9	.7	4.0
SUGAR, SIRUP, JELLY, CANDY--------	2.9	7.8	.5	1.0	17.0	1.6	3.1	.1	.9	.8	.6	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.3	.3	*	*	.6	.3	.1	.8	.2	*	*	3.5
NO ADDED VITAMIN C----------	2.3	1.7	.3	.1	3.8	.1	.1	*	*	.1	*	.2
OTHER FOOD----------	7.4	1.6	.3	.1	2.3	3.1	4.7	.3	.5	2.3	16.6	.0
ALCOHOLIC BEVERAGE----------	3.5	.8	.1	.0	.4	.2	*	.0	*	.4	.8	.0
SOME NUTRITIVE VALUE----------	3.1	.8	.2	.1	1.9	2.9	4.7	.3	.4	1.8	15.8	.0
NO NUTRITIVE VALUE----------	.7	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP ‡	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,070	103.2	147.4	335.0	1,089	18.8	7,570	1.51	2.33	24.5	104
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	12.7	13.4	20.9	15.3	9.1	62.2	1.5	12.2	10.9	39.2	2.5	5.3
MILK----------	7.9	8.8	14.8	9.2	6.5	47.6	.2	7.2	9.0	31.9	1.9	4.4
CREAM, ICE CREAM----------	2.1	2.2	1.5	2.7	2.1	4.6	.2	2.1	.9	3.1	.2	.4
CHEESE----------	2.3	2.0	4.2	3.1	.2	9.1	.8	2.5	.4	3.5	.1	.0
SOUP, MIXTURES----------	.4	.3	.3	.3	.3	.9	.3	.4	.6	.7	.3	.5
MEAT, POULTRY, FISH----------	34.1	22.3	42.0	37.4	.3	3.0	31.1	15.3	22.2	23.0	38.0	.6
BEEF----------	14.6	9.1	18.1	14.9	*	1.0	14.8	.4	3.3	6.5	14.5	*
BACON, SALT PORK----------	1.8	3.1	1.1	6.8	*	.2	.9	.0	1.5	.6	.9	.0
OTHER PORK----------	6.1	4.1	6.4	7.3	*	.3	5.2	.0	11.4	3.0	5.2	.0
LIVER----------	.4	.1	.6	.1	*	*	1.4	11.1	.3	3.8	1.4	.6
LUNCHMEAT, FRANKFURTERS----------	3.1	2.5	3.4	4.5	.1	.2	3.1	1.2	3.3	3.0	3.3	.0
OTHER MEAT----------	1.6	.6	1.6	.9	*	.1	1.0	*	.6	1.0	1.7	*
POULTRY----------	4.0	2.0	7.5	2.1	*	.4	3.8	2.4	1.3	4.3	7.8	*
FISH, SHELLFISH----------	2.5	.9	3.3	.8	.1	.7	1.0	.3	.6	.6	3.2	*
OTHER PROTEIN FOOD----------	5.2	5.4	9.9	6.9	2.5	3.9	10.1	7.5	6.2	6.8	5.8	.4
EGGS----------	2.9	2.3	5.4	3.4	.1	2.1	5.3	6.7	2.6	5.3	.2	.0
DRY LEGUMES----------	.5	1.0	1.8	.2	1.6	1.0	3.2	.2	1.8	.6	.7	.1
NUTS, PEANUT BUTTER----------	.9	1.6	1.8	2.9	.4	.5	1.0	*	1.2	.5	4.2	*
SOUP, MIXTURES----------	.6	.4	.6	.4	.3	.2	.5	.5	.4	.3	.4	.1
ALL VEGETABLES----------	11.5	6.0	5.7	2.0	10.8	6.6	13.7	43.4	13.2	7.0	11.7	41.2
POTATOES----------	2.1	2.8	1.8	1.4	4.7	.7	3.0	*	4.4	1.4	5.6	9.3
DARK GREEN----------	.7	.1	.4	*	.2	1.3	1.2	9.4	.7	.9	.4	6.2
DEEP YELLOW----------	.6	.3	.2	*	.7	.5	.6	18.1	.6	.3	.4	1.3
TOMATOES----------	2.1	.7	.7	.2	1.4	.6	2.5	7.9	2.5	1.1	2.3	10.1
OTHER----------	5.6	1.8	2.4	.3	3.6	3.3	6.1	6.1	4.8	3.2	2.9	13.9
SOUP, MIXTURES----------	.4	.2	.2	.1	.2	.1	.3	2.0	.2	.1	.3	.4
ALL FRUIT----------	7.3	4.3	1.3	.3	9.8	2.7	5.4	8.6	7.5	2.8	3.2	47.2
CITRUS----------	2.5	1.4	.6	.1	3.1	1.5	1.4	2.0	4.7	.9	1.2	38.1
OTHER VITAMIN C-RICH----------	.4	.1	.1	*	.2	.1	.2	2.3	.2	.1	.2	2.9
OTHER----------	4.4	2.8	.6	.2	6.5	1.1	3.8	4.2	2.6	1.7	1.8	6.2
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR 1965-1966 BY FOOD GROUP

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	6.4	16.2	14.0	3.2	29.3	11.6	25.8	.2	34.8	14.9	18.4	.4
FLOUR----------	.5	2.8	2.3	.2	5.4	2.2	3.7	*	5.6	2.6	3.0	.0
CEREAL, PASTES----------	2.3	5.2	4.1	.6	9.9	2.8	10.5	.1	14.3	4.4	6.6	.3
BREAD----------	2.9	6.8	6.7	1.6	11.8	5.8	10.2	*	13.0	6.8	7.7	.0
OTHER BAKERY PRODUCTS----------	.8	1.4	1.0	.7	2.1	.8	1.4	.1	2.0	1.1	1.0	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5.7	8.9	4.8	5.9	13.2	4.2	4.3	1.3	3.5	2.8	2.7	.3
FLOUR----------	.4	1.0	.3	.5	1.6	.8	.3	*	.2	.2	.1	*
CEREAL, PASTES----------	.1	.4	.3	.1	.8	.1	.3	*	.4	.1	.2	*
BREAD----------	.4	.7	.7	.1	1.3	.6	.7	*	.8	.3	.4	.0
OTHER BAKERY PRODUCTS----------	3.5	5.8	2.7	4.4	8.1	2.2	2.5	.6	1.6	1.6	1.3	*
SOUP, MIXTURES----------	1.2	1.0	.8	.8	1.3	.5	.6	.7	.5	.5	.6	.3
FATS, OILS----------	3.3	12.0	.3	27.8	.3	.6	.2	10.3	.1	.1	*	*
BUTTER----------	1.0	1.9	*	4.4	*	.1	.0	3.5	.0	.0	.0	.0
MARGARINE----------	.8	3.5	.1	8.3	*	.3	.0	6.6	.0	.0	.0	.0
OIL, SALAD DRESSING----------	1.1	3.9	.1	9.0	.3	.2	.2	.3	.1	.1	*	*
LARD----------	.1	.7	*	1.6	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.4	1.9	*	4.5	.1	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	5.8	9.8	.8	1.0	22.1	2.0	2.9	.7	1.0	.9	.6	4.5
SUGAR, SIRUP, JELLY, CANDY--------	2.7	7.5	.5	1.0	16.8	1.6	2.6	.1	.7	.8	.5	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.4	.4	*	*	.9	.3	.1	.6	.2	*	.1	4.0
NO ADDED VITAMIN C----------	2.6	1.9	.3	*	4.4	.1	.1	*	*	.1	*	.2
OTHER FOOD----------	8.0	1.8	.3	.1	2.5	3.2	5.0	.3	.6	2.6	17.2	.0
ALCOHOLIC BEVERAGE----------	4.1	1.0	.1	.0	.5	.2	*	.0	*	.6	1.1	.0
SOME NUTRITIVE VALUE----------	3.1	.8	.1	.1	1.9	3.0	4.9	.3	.6	2.0	16.1	.0
NO NUTRITIVE VALUE----------	.8	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,131	105.7	152.0	336.8	1,089	19.2	7,700	1.54	2.37	24.9	105
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	12.3	13.0	20.2	14.6	9.1	61.3	1.5	11.8	10.5	38.0	2.4	5.1
MILK----------	7.5	8.4	14.1	8.6	6.4	46.6	.3	6.9	8.6	30.7	1.8	4.3
CREAM, ICE CREAM----------	2.1	2.3	1.5	2.7	2.1	4.7	.2	2.1	1.0	3.1	.2	.4
CHEESE----------	2.2	2.0	4.2	3.0	.2	9.1	.8	2.4	.4	3.6	*	.0
SOUP, MIXTURES----------	.4	.3	.3	.3	.3	.8	.3	.4	.5	.6	.3	.4
MEAT, POULTRY, FISH----------	33.4	23.2	43.0	38.6	.3	3.1	32.0	17.1	24.0	24.2	38.9	.7
BEEF----------	14.0	9.1	17.9	14.8	*	1.0	14.6	.4	3.3	6.5	14.4	*
BACON, SALT PORK----------	1.7	3.4	1.2	7.4	*	.2	1.0	.0	1.6	.7	1.0	.0
OTHER PORK----------	6.3	4.5	7.2	7.9	*	.4	5.9	.0	12.9	3.4	5.9	.0
LIVER----------	.4	.2	.7	.1	*	*	1.6	12.8	.4	4.4	1.6	.7
LUNCHMEAT, FRANKFURTERS----------	3.2	2.7	3.7	4.8	.1	.2	3.2	1.2	3.5	3.2	3.6	.0
OTHER MEAT----------	1.4	.6	1.5	.8	*	*	1.0	*	.5	1.0	1.7	*
POULTRY----------	3.8	1.9	7.2	1.9	*	.4	3.7	2.4	1.1	4.3	7.5	*
FISH, SHELLFISH----------	2.6	.9	3.5	.9	*	.7	1.0	.3	.7	.7	3.3	*
OTHER PROTEIN FOOD----------	5.1	5.4	10.1	6.7	2.5	4.1	10.3	7.8	6.2	7.0	5.6	.4
EGGS----------	2.9	2.4	5.6	3.5	.1	2.3	5.5	7.1	2.7	5.5	.2	.0
DRY LEGUMES----------	.5	1.1	1.9	.2	1.7	1.1	3.2	.2	1.9	.6	.7	.2
NUTS, PEANUT BUTTER----------	.8	1.4	1.7	2.6	.4	.5	.9	*	1.0	.4	4.0	*
SOUP, MIXTURES----------	.6	.4	.6	.4	.3	.2	.5	.5	.4	.3	.4	.1
ALL VEGETABLES----------	11.9	5.7	5.4	2.0	10.4	6.6	13.3	42.9	12.5	6.8	11.3	39.7
POTATOES----------	2.3	2.7	1.7	1.3	4.6	.7	2.9	*	4.3	1.3	5.4	9.0
DARK GREEN----------	.7	.1	.4	*	.2	1.4	1.3	10.2	.8	.9	.4	6.3
DEEP YELLOW----------	.5	.3	.2	*	.6	.4	.6	17.4	.5	.3	.3	1.0
TOMATOES----------	2.0	.7	.7	.1	1.3	.6	2.3	7.3	2.3	1.0	2.1	9.2
OTHER----------	5.8	1.7	2.3	.3	3.5	3.3	5.9	6.2	4.6	3.2	2.9	13.8
SOUP, MIXTURES----------	.4	.2	.2	.1	.2	.1	.3	1.8	.2	.1	.3	.4
ALL FRUIT----------	7.4	4.0	1.3	.3	9.3	2.7	5.2	7.4	7.0	2.7	3.0	48.3
CITRUS----------	2.6	1.4	.6	*	3.1	1.6	1.4	2.0	4.6	.9	1.2	37.9
OTHER VITAMIN C-RICH----------	.7	.1	*	*	.3	.2	.4	1.9	.2	.2	.3	4.7
OTHER----------	4.1	2.5	.6	.2	5.9	1.0	3.4	3.5	2.2	1.5	1.6	5.7
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	6.4	16.0	13.8	3.1	29.3	11.7	25.5	.2	34.6	14.9	18.5	.5
FLOUR----------	.5	2.6	2.1	.2	5.1	2.1	3.4	*	5.1	2.4	2.8	.0
CEREAL, PASTES----------	2.3	5.2	4.0	.6	10.2	2.9	10.7	.1	14.6	4.6	6.9	.4
BREAD----------	2.8	6.7	6.5	1.6	11.8	5.9	10.0	*	12.7	6.7	7.6	.0
OTHER BAKERY PRODUCTS----------	.8	1.4	1.1	.7	2.2	.9	1.4	.1	2.1	1.2	1.1	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5.9	9.1	4.9	6.0	13.6	4.4	4.3	1.3	3.5	2.8	2.7	.4
FLOUR----------	.4	.9	.3	.5	1.6	.8	.3	*	.2	.2	.1	*
CEREAL, PASTES----------	.2	.4	.3	*	.9	*	.3	*	.4	*	.2	.0
BREAD----------	.4	.7	.7	.1	1.4	.6	.7	*	.8	.3	.4	.0
OTHER BAKERY PRODUCTS----------	3.7	6.0	2.7	4.5	8.6	2.3	2.5	.7	1.6	1.7	1.3	*
SOUP, MIXTURES----------	1.2	1.0	.7	.8	1.2	.5	.6	.6	.5	.5	.5	.3
FATS, OILS----------	3.4	12.0	.3	27.6	.3	.6	.2	10.4	*	.1	*	*
BUTTER----------	1.0	1.9	*	4.4	*	.2	.0	3.5	.0	.0	.0	.0
MARGARINE----------	.7	3.5	*	8.2	*	.3	.0	6.6	.0	.0	.0	.0
OIL, SALAD DRESSING----------	1.1	4.0	.1	9.1	.3	.2	.2	.3	*	.1	*	*
LARD----------	.1	.8	*	1.8	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.4	1.8	*	4.1	*	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	5.9	9.9	.8	1.1	22.5	2.1	2.8	.8	.9	.9	.6	4.8
SUGAR, SIRUP, JELLY, CANDY--------	2.8	7.6	.5	1.0	17.0	1.7	2.5	*	.7	.8	.5	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.4	.4	*	*	1.0	.3	.1	.7	.2	*	*	4.3
NO ADDED VITAMIN C----------	2.7	1.9	.3	*	4.5	.1	.1	*	*	*	*	.3
OTHER FOOD----------	8.3	1.9	.3	*	2.5	3.3	5.0	.4	.7	2.7	17.1	.0
ALCOHOLIC BEVERAGE----------	4.3	1.1	.1	.0	.6	.2	*	.0	*	.6	1.1	.0
SOME NUTRITIVE VALUE----------	3.1	.8	.1	*	1.9	3.0	5.0	.4	.7	2.0	16.0	.0
NO NUTRITIVE VALUE----------	.9	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,001	99.9	143.7	329.8	1,052	18.2	7,510	1.46	2.26	23.9	103
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
MILK, CREAM, CHEESE----------	12.6	13.3	20.8	15.3	9.2	62.0	1.5	12.0	10.8	38.8	2.5	5.2
MILK----------	7.4	8.4	14.3	8.7	6.2	46.1	.2	6.7	8.7	30.7	1.8	4.2
CREAM, ICE CREAM----------	2.4	2.6	1.8	3.1	2.5	5.5	.2	2.4	1.1	3.7	.2	.5
CHEESE----------	2.3	2.0	4.5	3.1	.2	9.5	.8	2.5	.4	3.7	.1	.0
SOUP, MIXTURES----------	.4	.3	.3	.3	.3	.9	.3	.5	.6	.7	.3	.5
MEAT, POULTRY, FISH----------	33.8	22.4	42.1	37.7	.3	3.0	31.2	13.6	21.9	22.5	37.5	.6
BEEF----------	14.6	9.1	18.3	15.0	*	1.0	15.0	.4	3.3	6.6	14.6	.0
BACON, SALT PORK----------	1.9	3.4	1.2	7.3	*	.2	1.0	.0	1.6	.7	.9	.0
OTHER PORK----------	5.8	3.9	6.1	6.9	*	.3	5.0	.0	10.9	2.9	4.9	.0
LIVER----------	.3	.1	.5	.1	*	*	1.2	9.3	.3	3.3	1.2	.5
LUNCHMEAT, FRANKFURTERS----------	3.2	2.7	3.7	4.8	.1	.2	3.3	1.2	3.5	3.2	3.5	.0
OTHER MEAT----------	1.5	.6	1.5	.9	*	.1	.9	*	.5	.8	1.6	*
POULTRY----------	3.7	1.8	7.2	1.8	*	.4	3.7	2.3	1.1	4.4	7.3	*
FISH, SHELLFISH----------	2.7	.9	3.5	.9	.1	.8	1.1	.4	.7	.7	3.5	*
OTHER PROTEIN FOOD----------	4.8	5.0	9.6	6.4	2.4	3.8	9.7	7.2	5.8	6.6	5.5	.4
EGGS----------	2.7	2.2	5.3	3.3	.1	2.1	5.2	6.5	2.6	5.2	.2	.0
DRY LEGUMES----------	.5	1.0	1.8	.2	1.5	1.0	3.1	.2	1.8	.6	.7	.2
NUTS, PEANUT BUTTER----------	.7	1.4	1.7	2.5	.4	.4	.8	*	.9	.4	3.9	*
SOUP, MIXTURES----------	.5	.3	.5	.3	.3	.1	.4	.5	.4	.3	.4	.1
ALL VEGETABLES----------	12.2	6.3	6.2	2.3	11.2	6.8	14.4	38.8	14.7	7.7	12.5	44.0
POTATOES----------	2.3	2.9	1.8	1.6	4.6	.7	3.0	*	4.4	1.3	5.5	8.9
DARK GREEN----------	.6	.1	.3	*	.2	1.1	1.0	7.6	.7	.8	.3	5.7
DEEP YELLOW----------	.4	.2	.1	*	.5	.3	.5	13.4	.4	.2	.3	.8
TOMATOES----------	2.6	.8	.9	.2	1.6	.9	2.8	9.4	3.1	1.3	2.6	13.1
OTHER----------	5.8	2.1	2.9	.4	4.2	3.7	6.8	6.7	6.1	3.9	3.5	15.2
SOUP, MIXTURES----------	.4	.2	.2	.1	.2	.1	.3	1.6	.2	.1	.2	.3
ALL FRUIT----------	7.7	4.1	1.5	.3	9.5	2.6	6.0	16.1	7.2	3.2	3.8	43.8
CITRUS----------	2.0	1.1	.5	.1	2.5	1.1	1.1	1.5	3.7	.7	.9	29.6
OTHER VITAMIN C-RICH----------	.7	.2	.1	*	.4	.2	.4	6.4	.4	.2	.4	5.5
OTHER----------	5.0	2.8	.8	.2	6.6	1.3	4.5	8.1	3.1	2.2	2.5	8.7
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP ‡	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	6.2	15.8	13.7	3.2	28.2	11.6	24.8	.2	34.3	14.8	18.1	.4
FLOUR----------	.4	2.5	2.0	.2	4.7	2.2	3.3	*	4.9	2.3	2.6	.0
CEREAL, PASTES----------	2.2	4.9	3.9	.5	9.5	2.7	9.6	.1	14.1	4.5	6.6	.3
BREAD----------	2.8	6.9	6.7	1.7	11.7	5.9	10.4	*	13.2	6.9	7.8	.0
OTHER BAKERY PRODUCTS----------	.7	1.5	1.1	.8	2.3	.8	1.5	.1	2.1	1.1	1.0	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5.5	9.1	4.9	6.2	13.4	4.4	4.4	1.2	3.6	2.8	2.7	.3
FLOUR----------	.3	.9	.3	.5	1.5	.8	.3	*	.1	.2	.1	.0
CEREAL, PASTES----------	.1	.4	.3	.1	.8	.1	.3	*	.5	.1	.2	*
BREAD----------	.4	.7	.7	.1	1.3	.6	.6	*	.8	.3	.4	.0
OTHER BAKERY PRODUCTS----------	3.6	6.1	2.9	4.7	8.6	2.4	2.6	.7	1.7	1.8	1.4	*
SOUP, MIXTURES----------	1.0	1.0	.7	.8	1.2	.5	.6	.5	.5	.4	.5	.3
FATS, OILS----------	3.2	11.9	.3	27.7	.4	.6	.2	9.8	.1	.2	*	*
BUTTER----------	.9	1.7	*	4.0	*	.1	.0	3.1	.0	.0	.0	.0
MARGARINE----------	.7	3.5	.1	8.1	*	.3	.0	6.3	.0	.0	.0	.0
OIL, SALAD DRESSING----------	1.1	4.2	.1	9.6	.3	.2	.2	.3	.1	.2	*	*
LARD----------	.1	.6	*	1.3	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.4	2.0	*	4.6	.1	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	6.1	10.2	.7	.8	23.1	2.0	2.7	.6	.9	.8	.5	5.4
SUGAR, SIRUP, JELLY, CANDY--------	2.5	7.5	.4	.8	16.7	1.4	2.5	.1	.6	.7	.4	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.5	.6	*	*	1.4	.5	.2	.5	.3	.1	.1	4.8
NO ADDED VITAMIN C----------	3.1	2.1	.3	*	5.0	.1	.1	*	*	.1	*	.3
OTHER FOOD----------	8.0	1.8	.2	.1	2.4	3.2	5.0	.4	.6	2.7	16.9	.0
ALCOHOLIC BEVERAGE----------	4.2	1.0	.1	.0	.6	.2	*	.0	*	.6	1.1	.0
SOME NUTRITIVE VALUE----------	2.9	.8	.1	.1	1.8	2.9	5.0	.4	.6	2.1	15.7	.0
NO NUTRITIVE VALUE----------	.9	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,146	105.8	150.7	344.3	1,116	19.2	7,900	1.55	2.39	25.3	102
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
MILK, CREAM, CHEESE----------	12.9	13.4	20.8	15.4	9.1	62.4	1.4	12.1	10.9	39.4	2.5	5.5
MILK----------	8.3	9.0	15.1	9.5	6.7	48.4	.2	7.3	9.1	32.5	1.9	4.7
CREAM, ICE CREAM----------	2.0	2.1	1.4	2.6	1.9	4.3	.2	2.0	.9	2.9	.1	.4
CHEESE----------	2.2	1.9	4.0	3.0	.2	8.8	.8	2.4	.4	3.4	.1	.0
SOUP, MIXTURES----------	.4	.3	.3	.2	.3	.8	.3	.4	.5	.6	.3	.4
MEAT, POULTRY, FISH----------	34.6	22.0	42.2	36.7	.3	3.0	31.0	15.4	22.1	23.0	38.3	.7
BEEF----------	14.5	8.8	17.8	14.5	*	1.0	14.6	.4	3.3	6.4	14.2	.0
BACON, SALT PORK----------	1.8	2.9	1.0	6.3	*	.1	.8	.0	1.4	.6	.8	.0
OTHER PORK----------	6.3	4.1	6.3	7.3	*	.3	5.2	.0	11.3	3.0	5.1	.0
LIVER----------	.4	.1	.6	.1	*	*	1.5	11.3	.3	4.0	1.4	.6
LUNCHMEAT, FRANKFURTERS----------	3.0	2.3	3.2	4.2	.1	.2	2.8	1.0	3.0	2.8	3.0	.0
OTHER MEAT----------	1.7	.6	1.7	.9	*	.1	1.0	*	.6	1.1	1.8	*
POULTRY----------	4.5	2.4	8.5	2.7	*	.5	4.2	2.5	1.6	4.6	9.0	*
FISH, SHELLFISH----------	2.4	.8	3.0	.8	.1	.7	.9	.2	.6	.6	2.9	*
OTHER PROTEIN FOOD----------	5.5	5.5	9.8	7.4	2.5	3.9	9.9	7.2	6.4	6.7	6.0	.4
EGGS----------	3.1	2.2	5.2	3.3	.1	2.1	5.1	6.4	2.5	5.1	.2	.0
DRY LEGUMES----------	.4	.9	1.7	.2	1.5	.9	2.9	.1	1.7	.5	.7	.1
NUTS, PEANUT BUTTER----------	1.2	1.9	2.1	3.5	.5	.6	1.2	*	1.7	.6	4.5	*
SOUP, MIXTURES----------	.6	.4	.6	.4	.3	.2	.5	.6	.4	.3	.4	.1
ALL VEGETABLES----------	10.8	5.9	5.6	1.9	10.8	6.6	13.5	46.8	12.9	6.8	11.4	43.4
POTATOES----------	1.9	2.8	1.8	1.3	4.7	.7	3.0	*	4.5	1.4	5.5	9.9
DARK GREEN----------	.7	.1	.4	*	.2	1.5	1.4	10.0	.8	1.0	.4	7.4
DEEP YELLOW----------	.7	.5	.3	*	1.1	.6	.8	22.4	.8	.5	.5	2.2
TOMATOES----------	1.9	.7	.7	.1	1.3	.6	2.3	7.1	2.2	1.0	2.1	9.3
OTHER----------	5.2	1.6	2.2	.3	3.3	3.1	5.7	5.4	4.3	2.9	2.6	14.2
SOUP, MIXTURES----------	.4	.2	.2	.1	.2	.1	.3	1.9	.2	.1	.3	.4
ALL FRUIT----------	7.0	4.4	1.3	.3	10.2	2.5	5.2	5.3	7.3	2.6	2.8	45.3
CITRUS----------	2.4	1.3	.6	.1	3.0	1.4	1.3	2.0	4.6	.9	1.1	38.8
OTHER VITAMIN C-RICH----------	.1	*	*	*	.1	*	.1	.8	.1	*	.1	.9
OTHER----------	4.4	3.0	.6	.2	7.1	1.1	3.8	2.5	2.7	1.6	1.6	5.6
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN	6.6	16.5	14.4	3.2	29.7	11.4	26.4	.2	35.4	15.2	18.4	.4
FLOUR	.6	3.3	2.7	.3	6.2	2.2	4.3	*	6.4	3.0	3.4	.0
CEREAL, PASTES	2.2	5.0	4.0	.6	9.6	2.7	10.6	.1	14.0	4.3	6.2	.3
BREAD	3.0	6.9	6.7	1.7	11.9	5.9	10.3	*	13.1	6.9	7.8	.0
OTHER BAKERY PRODUCTS	.8	1.3	.9	.7	2.0	.7	1.2	.1	1.9	1.0	1.0	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN	5.6	8.5	4.6	5.7	12.6	4.1	4.3	1.6	3.5	2.7	2.6	.3
FLOUR	.4	1.0	.4	.6	1.7	.8	.3	*	.2	.2	.1	*
CEREAL, PASTES	.1	.4	.3	.1	.8	.1	.3	*	.4	.1	.2	.0
BREAD	.4	.6	.7	.1	1.2	.6	.7	*	.8	.3	.4	.0
OTHER BAKERY PRODUCTS	3.4	5.4	2.5	4.2	7.7	2.1	2.4	.6	1.5	1.5	1.2	.1
SOUP, MIXTURES	1.2	1.0	.8	.9	1.3	.5	.6	.9	.5	.5	.6	.3
FATS, OILS	3.4	12.0	.3	28.0	.3	.6	.2	10.4	.1	.1	*	*
BUTTER	1.2	2.1	.1	4.9	*	.2	.0	3.8	.0	.0	.0	.0
MARGARINE	.8	3.5	.1	8.2	*	.3	.0	6.4	.0	.0	.0	.0
OIL, SALAD DRESSING	1.0	3.7	.1	8.5	.2	.1	.2	.2	.1	.1	*	*
LARD	.1	.8	*	1.9	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING	.4	1.9	*	4.5	.1	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS	5.7	9.9	.8	1.2	22.1	2.2	3.1	.7	1.0	1.0	.7	3.9
SUGAR, SIRUP, JELLY, CANDY	2.9	7.8	.6	1.2	17.3	1.8	2.9	.1	.8	.9	.6	.3
OTHER SWEETS--												
ADDED VITAMIN C	.3	.3	*	*	.7	.3	.1	.6	.2	*	*	3.4
NO ADDED VITAMIN C	2.4	1.8	.3	*	4.1	.1	.1	*	*	.1	*	.2
OTHER FOOD	7.9	1.8	.3	.1	2.5	3.4	5.0	.3	.5	2.5	17.4	.0
ALCOHOLIC BEVERAGE	4.1	1.0	.1	.0	.5	.2	*	.0	*	.6	1.0	.0
SOME NUTRITIVE VALUE	3.1	.8	.1	.1	2.0	3.2	5.0	.3	.5	1.9	16.3	.0
NO NUTRITIVE VALUE	.8	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,005	101.5	143.3	329.5	1,101	18.5	7,180	1.49	2.31	23.8	107
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
MILK, CREAM, CHEESE----------	13.0	13.8	21.7	15.9	9.3	63.2	1.5	13.1	11.4	40.8	2.6	5.4
MILK----------	8.4	9.4	15.8	9.9	6.9	49.3	.3	8.0	9.6	33.8	2.1	4.5
CREAM, ICE CREAM----------	1.8	2.0	1.3	2.4	1.8	3.9	.2	2.0	.8	2.7	.1	.3
CHEESE----------	2.3	2.0	4.3	3.2	.2	9.0	.8	2.6	.4	3.6	.1	.0
SOUP, MIXTURES----------	.5	.4	.4	.4	.4	1.0	.2	.5	.6	.8	.3	.5
MEAT, POULTRY, FISH----------	34.6	21.7	40.6	36.5	.3	2.8	30.2	15.0	20.8	22.0	37.1	.6
BEEF----------	15.2	9.3	18.4	15.4	*	1.0	15.0	.4	3.4	6.6	14.9	.0
BACON, SALT PORK----------	1.8	2.8	1.0	6.2	*	.1	.8	.0	1.3	.6	.8	.0
OTHER PORK----------	6.1	3.8	5.8	6.9	*	.3	4.8	.0	10.5	2.8	4.8	.0
LIVER----------	.4	.1	.6	.1	*	*	1.3	10.8	.3	3.7	1.3	.6
LUNCHMEAT, FRANKFURTERS----------	3.0	2.4	3.2	4.3	.1	.2	2.9	1.2	3.1	2.9	3.2	.0
OTHER MEAT----------	1.8	.6	1.6	.9	*	.1	1.0	*	.6	.9	1.8	*
POULTRY----------	3.9	1.8	7.0	1.9	*	.4	3.5	2.3	1.1	4.1	7.3	*
FISH, SHELLFISH----------	2.4	.8	3.0	.8	*	.6	.9	.2	.6	.6	3.0	*
OTHER PROTEIN FOOD----------	5.6	5.5	10.2	7.1	2.7	3.9	10.4	7.9	6.4	6.9	6.0	.4
EGGS----------	3.2	2.3	5.4	3.4	.1	2.1	5.3	7.0	2.6	5.3	.2	.0
DRY LEGUMES----------	.5	1.1	2.0	.2	1.8	1.1	3.4	.2	2.0	.6	.8	.1
NUTS, PEANUT BUTTER----------	.9	1.6	1.8	3.0	.5	.5	1.0	*	1.3	.5	4.3	*
SOUP, MIXTURES----------	.6	.4	.6	.4	.3	.2	.5	.6	.4	.3	.5	.1
ALL VEGETABLES----------	11.0	6.0	5.7	1.9	10.9	6.2	13.6	45.3	12.8	6.6	11.9	37.7
POTATOES----------	1.8	2.9	1.9	1.3	4.8	.7	3.1	*	4.6	1.4	5.8	9.4
DARK GREEN----------	.7	.1	.4	*	.2	1.3	1.2	9.6	.7	.8	.4	5.6
DEEP YELLOW----------	.6	.4	.2	*	.8	.5	.6	19.0	.6	.3	.4	1.4
TOMATOES----------	1.9	.7	.7	.2	1.4	.6	2.5	7.8	2.3	1.0	2.2	8.5
OTHER----------	5.5	1.7	2.3	.3	3.4	3.0	5.9	6.3	4.4	2.9	2.7	12.5
SOUP, MIXTURES----------	.5	.2	.3	.1	.3	.2	.3	2.5	.2	.2	.3	.4
ALL FRUIT----------	7.2	4.5	1.4	.4	10.4	3.0	5.3	5.2	8.3	2.7	3.1	51.2
CITRUS----------	3.1	1.8	.8	.1	3.9	2.1	1.8	2.7	5.9	1.2	1.5	46.1
OTHER VITAMIN C-RICH----------	.1	*	*	*	.1	*	*	*	*	*	*	.4
OTHER----------	4.0	2.7	.6	.3	6.4	.9	3.5	2.4	2.4	1.5	1.5	4.7
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP * (1)	MONEY VALUE (2)	FOOD ENERGY (3)	PROTEIN (4)	FAT (5)	CARBO-HYDRATE (6)	CALCIUM (7)	IRON (8)	VITAMIN A VALUE (9)	THIAMIN (10)	RIBO-FLAVIN (11)	NIACIN (12)	ASCORBIC ACID (13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	6.5	16.6	14.3	3.2	29.9	11.5	26.6	.2	35.2	14.9	18.6	.4
FLOUR----------	.6	3.0	2.5	.3	5.7	2.4	4.0	*	5.9	2.7	3.2	.0
CEREAL, PASTES----------	2.3	5.5	4.3	.6	10.4	2.8	11.2	.1	14.5	4.4	6.5	.3
BREAD----------	2.9	6.8	6.6	1.7	11.7	5.7	10.2	*	12.9	6.8	7.8	.0
OTHER BAKERY PRODUCTS----------	.7	1.3	.9	.7	2.0	.7	1.3	*	1.9	1.0	1.0	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5.8	8.7	4.8	5.8	12.9	4.0	4.3	1.3	3.5	2.7	2.7	.3
FLOUR----------	.4	1.0	.3	.6	1.6	.8	.3	*	.2	.2	.1	.0
CEREAL, PASTES----------	.1	.4	.3	.1	.8	.1	.3	*	.5	.1	.2	.0
BREAD----------	.5	.7	.7	.1	1.4	.6	.7	*	.8	.3	.5	.0
OTHER BAKERY PRODUCTS----------	3.5	5.5	2.6	4.3	7.8	2.0	2.4	.6	1.5	1.5	1.3	*
SOUP, MIXTURES----------	1.3	1.0	.8	.8	1.3	.5	.6	.6	.6	.5	.6	.3
FATS, OILS----------	3.3	12.0	.3	28.1	.3	.6	.2	10.8	.1	.1	*	*
BUTTER----------	1.0	1.8	*	4.3	*	.1	.0	3.5	.0	.0	.0	.0
MARGARINE----------	.8	3.7	.1	8.7	*	.3	.0	7.1	.0	.0	.0	.0
OIL, SALAD DRESSING----------	1.0	3.9	.1	8.9	.2	.1	.2	.3	.1	.1	*	*
LARD----------	.1	.6	*	1.5	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.4	2.0	*	4.7	.1	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	5.3	9.3	.8	1.0	20.8	1.9	3.0	.9	1.1	.8	.7	4.1
SUGAR, SIRUP, JELLY, CANDY--------	2.7	7.2	.5	.9	16.0	1.5	2.7	.1	.8	.7	.6	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.3	.3	*	*	.7	.3	.1	.8	.2	*	*	3.6
NO ADDED VITAMIN C----------	2.3	1.8	.3	.1	4.1	.1	.1	*	*	.1	*	.2
OTHER FOOD----------	7.8	1.8	.3	.1	2.5	3.0	4.9	.3	.5	2.4	17.4	.0
ALCOHOLIC BEVERAGE----------	3.9	1.0	.1	.0	.5	.2	*	.0	*	.5	1.0	.0
SOME NUTRITIVE VALUE----------	3.1	.9	.1	.1	2.0	2.8	4.9	.3	.5	1.9	16.4	.0
NO NUTRITIVE VALUE----------	.7	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP ‡	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,328	105.2	155.5	382.2	1,168	19.9	7,210	1.64	2.40	25.2	100
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	13.1	12.2	20.5	14.2	8.1	58.8	1.3	12.4	10.1	38.7	2.3	5.4
MILK----------	8.6	8.4	15.1	8.9	5.9	46.2	.3	7.7	8.6	32.2	1.9	4.7
CREAM, ICE CREAM----------	2.0	2.0	1.4	2.4	1.8	4.2	.2	2.0	.9	2.9	.2	.4
CHEESE----------	2.1	1.7	3.8	2.7	.2	7.9	.7	2.4	.3	3.1	.1	.0
SOUP, MIXTURES----------	.3	.2	.2	.2	.2	.5	.1	.3	.3	.4	.2	.3
MEAT, POULTRY, FISH----------	31.9	20.1	38.3	35.1	.3	2.7	27.6	12.3	20.0	20.6	34.1	.5
BEEF----------	12.9	7.4	16.1	12.3	*	.8	12.7	.4	2.8	5.7	12.8	.0
BACON, SALT PORK----------	2.2	3.6	1.3	8.0	*	.2	1.0	.0	1.6	.7	1.0	.0
OTHER PORK----------	6.1	3.9	6.1	7.2	*	.3	4.8	.0	10.3	2.9	4.9	.0
LIVER----------	.3	.1	.5	.1	*	*	1.4	8.5	.3	3.2	1.2	.5
LUNCHMEAT, FRANKFURTERS----------	3.4	2.5	3.6	4.5	.1	.2	2.9	.8	3.2	2.9	3.3	.0
OTHER MEAT----------	.9	.3	1.1	.4	*	.1	.6	*	.3	.7	1.3	*
POULTRY----------	3.9	1.7	6.8	1.9	*	.4	3.3	2.4	1.1	3.9	7.0	*
FISH, SHELLFISH----------	2.3	.7	2.8	.7	*	.7	.9	.2	.5	.6	2.6	*
OTHER PROTEIN FOOD----------	5.6	5.6	11.0	7.2	2.8	4.2	11.1	8.2	6.7	7.1	6.6	[illegible]
EGGS----------	3.1	2.2	5.6	3.3	.1	2.1	5.2	7.4	2.5	5.4	.2	.0
DRY LEGUMES----------	.7	1.3	2.6	.3	2.0	1.3	4.3	.2	2.5	.8	1.0	.2
NUTS, PEANUT BUTTER----------	1.1	1.7	2.1	3.2	.5	.5	1.0	*	1.3	.5	4.8	*
SOUP, MIXTURES----------	.6	.3	.6	.3	.2	.1	.4	.5	.3	.3	.4	.1
ALL VEGETABLES----------	12.7	6.2	6.3	1.9	11.0	6.5	13.6	44.3	13.4	7.2	12.7	46.6
POTATOES----------	2.4	3.0	2.2	1.3	5.0	.8	3.4	*	5.0	1.6	6.6	12.1
DARK GREEN----------	.6	.1	.3	*	.2	1.2	.9	8.4	.6	.8	.3	6.0
DEEP YELLOW----------	.6	.4	.2	*	.8	.5	.6	19.6	.6	.4	.4	1.8
TOMATOES----------	2.3	.6	.7	.1	1.2	.6	2.1	8.0	2.2	1.0	2.1	10.5
OTHER----------	6.4	1.9	2.7	.3	3.6	3.4	6.3	6.5	4.9	3.3	3.1	15.8
SOUP, MIXTURES----------	.4	.1	.2	.1	.2	.1	.2	1.8	.1	.1	.2	.3
ALL FRUIT----------	7.2	3.7	1.2	.3	8.1	2.3	4.7	8.6	5.9	2.5	2.8	41.7
CITRUS----------	2.1	1.0	.5	.1	2.1	1.1	1.1	1.7	3.3	.7	.9	31.1
OTHER VITAMIN C-RICH----------	.6	.1	.1	*	.3	.1	.3	2.3	.2	.2	.2	4.1
OTHER----------	4.5	2.6	.6	.2	5.7	1.0	3.4	4.6	2.3	1.7	1.7	6.4
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR 1965-1966 BY FOOD GROUP

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	7.4	18.9	17.1	3.4	32.8	15.8	29.6	.2	39.5	18.2	22.2	.4
FLOUR----------	1.0	5.3	4.6	.4	9.6	5.6	7.2	*	10.5	5.1	6.1	.0
CEREAL, PASTES----------	2.5	5.8	4.8	.7	10.6	3.6	11.1	.1	14.8	5.1	7.3	.3
BREAD----------	3.1	6.5	6.7	1.6	10.6	5.8	10.0	*	12.3	6.9	7.7	.0
OTHER BAKERY PRODUCTS----------	.8	1.3	1.0	.7	1.9	.7	1.3	.1	2.0	1.1	1.1	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5.2	7.8	4.4	5.3	11.1	3.6	3.8	1.2	2.9	2.4	2.3	.3
FLOUR----------	.4	1.0	.4	.5	1.6	.8	.3	*	.2	.2	.1	*
CEREAL, PASTES----------	.2	.6	.4	.1	1.0	.1	.4	*	.7	.1	.3	*
BREAD----------	.3	.4	.4	.1	.6	.3	.4	*	.4	.2	.2	.0
OTHER BAKERY PRODUCTS----------	3.3	5.1	2.5	4.0	6.9	1.9	2.1	.6	1.2	1.4	1.1	*
SOUP, MIXTURES----------	1.0	.8	.7	.7	1.0	.5	.5	.6	.4	.4	.5	.3
FATS, OILS----------	3.7	13.2	.3	31.5	.3	.6	.2	11.7	.1	.1	*	*
BUTTER----------	.9	1.5	*	3.6	*	.1	.0	3.1	.0	.0	.0	.0
MARGARINE----------	.9	3.9	.1	9.4	*	.3	.0	8.3	.0	.0	.0	.0
OIL, SALAD DRESSING----------	1.0	3.3	.1	7.6	.2	.1	.2	.3	.1	.1	*	*
LARD----------	.3	2.1	*	4.9	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.6	2.5	*	6.0	.1	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	6.3	10.9	.7	1.0	23.6	2.3	3.7	.8	1.0	1.0	.6	4.7
SUGAR, SIRUP, JELLY, CANDY--------	3.5	9.1	.5	1.0	19.5	1.9	3.5	.1	.8	.9	.6	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.4	.3	*	*	.7	.3	.1	.7	.2	*	*	4.1
NO ADDED VITAMIN C----------	2.5	1.5	.2	*	3.4	.1	.1	*	*	.1	*	.2
OTHER FOOD----------	6.8	1.3	.2	.1	2.0	3.4	4.5	.2	.4	2.1	16.3	.0
ALCOHOLIC BEVERAGE----------	2.6	.6	.1	.0	.3	.1	*	.0	*	.3	.6	.0
SOME NUTRITIVE VALUE----------	3.4	.8	.2	.1	1.7	3.2	4.5	.2	.4	1.8	15.7	.0
NO NUTRITIVE VALUE----------	.7	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,308	104.5	156.2	376.2	1,153	19.6	6,490	1.61	2.35	24.6	95
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	13.2	12.3	20.6	14.0	8.2	59.0	1.3	13.7	10.1	38.9	2.4	5.5
MILK----------	8.3	8.1	14.7	8.4	5.9	45.4	.3	8.1	8.5	31.8	1.9	4.7
CREAM, ICE CREAM----------	2.3	2.2	1.6	2.6	2.0	4.6	.2	2.5	.9	3.2	.2	.5
CHEESE----------	2.2	1.8	4.1	2.8	.2	8.4	.7	2.8	.4	3.4	*	.0
SOUP, MIXTURES----------	.4	.2	.2	.2	.2	.6	.1	.4	.4	.5	.2	.4
MEAT, POULTRY, FISH----------	30.9	20.6	38.6	35.7	.3	2.8	27.9	12.0	21.0	20.5	34.2	.5
BEEF----------	12.6	7.5	16.2	12.4	*	.9	12.8	.4	2.8	5.8	13.1	.0
BACON, SALT PORK----------	2.1	3.9	1.4	8.6	*	.2	1.1	.0	1.8	.8	1.1	.0
OTHER PORK----------	6.0	4.0	6.5	7.4	*	.3	5.2	.0	11.0	3.1	5.3	.0
LIVER----------	.2	.1	.5	*	*	*	1.3	8.2	.2	2.9	1.1	.5
LUNCHMEAT, FRANKFURTERS----------	3.3	2.5	3.7	4.6	.1	.2	3.0	.7	3.3	2.9	3.4	.0
OTHER MEAT----------	.7	.2	.7	.3	*	*	.5	*	.3	.5	.8	*
POULTRY----------	3.5	1.5	6.3	1.6	*	.4	3.1	2.5	.9	3.8	6.5	*
FISH, SHELLFISH----------	2.5	.8	3.3	.7	*	.8	1.0	.2	.7	.6	2.9	*
OTHER PROTEIN FOOD----------	5.6	5.7	11.4	7.1	3.0	4.4	11.7	9.5	6.9	7.5	6.7	.4
EGGS----------	3.1	2.4	5.9	3.5	.1	2.2	5.6	8.7	2.7	5.8	.2	.0
DRY LEGUMES----------	.7	1.4	2.7	.3	2.2	1.5	4.6	.3	2.6	.9	1.1	.2
NUTS, PEANUT BUTTER----------	1.0	1.6	2.0	2.9	.4	.5	1.0	*	1.1	.5	4.9	*
SOUP, MIXTURES----------	.6	.3	.6	.3	.2	.1	.4	.5	.3	.3	.4	*
ALL VEGETABLES----------	12.7	5.7	5.6	1.8	10.0	6.1	12.7	42.0	12.1	6.6	11.8	42.9
POTATOES----------	2.9	2.9	2.1	1.3	4.8	.7	3.3	*	4.9	1.6	6.4	12.1
DARK GREEN----------	.5	*	.3	*	.1	1.2	1.0	9.4	.5	.7	.3	5.2
DEEP YELLOW----------	.5	.2	.1	*	.4	.3	.4	16.0	.3	.2	.3	.9
TOMATOES----------	2.0	.6	.6	.1	1.1	.5	1.9	7.7	1.9	.9	1.9	9.1
OTHER----------	6.5	1.7	2.3	.3	3.3	3.2	5.8	7.2	4.2	3.0	2.8	15.4
SOUP, MIXTURES----------	.4	.1	.2	*	.2	*	.2	1.7	.1	.1	.2	.3
ALL FRUIT----------	7.4	3.5	1.1	.3	7.8	2.4	4.7	7.4	5.6	2.6	2.7	44.7
CITRUS----------	2.2	1.0	.5	*	2.1	1.2	1.1	1.8	3.3	.7	.9	31.0
OTHER VITAMIN C-RICH----------	.9	.2	*	*	.4	.2	.6	1.6	.3	.3	.3	7.6
OTHER----------	4.4	2.4	.6	.2	5.3	1.0	3.1	4.0	2.1	1.5	1.5	6.1
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	7.4	18.8	17.0	3.4	32.9	15.3	29.6	.3	39.8	18.2	22.6	.4
FLOUR----------	1.0	5.1	4.4	.4	9.3	5.1	6.9	*	10.2	4.9	5.9	.0
CEREAL, PASTES----------	2.6	5.8	4.7	.7	10.8	3.6	11.2	.2	15.0	5.0	7.6	.3
BREAD----------	3.1	6.6	6.8	1.6	10.8	5.8	10.1	*	12.5	7.0	7.9	.0
OTHER BAKERY PRODUCTS----------	.8	1.3	1.1	.7	2.0	.9	1.4	*	2.1	1.2	1.2	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5.3	7.9	4.4	5.3	11.4	3.8	3.8	1.2	3.0	2.5	2.3	.4
FLOUR----------	.4	1.0	.4	.5	1.7	.9	.4	*	.2	.3	.2	*
CEREAL, PASTES----------	.2	.5	.4	.1	1.0	.1	.4	*	.7	.2	.3	*
BREAD----------	.3	.4	.4	*	.7	.3	.4	*	.4	.2	.2	.0
OTHER BAKERY PRODUCTS----------	3.4	5.1	2.5	3.9	7.0	2.0	2.1	.6	1.3	1.5	1.2	*
SOUP, MIXTURES----------	1.0	.8	.6	.7	1.0	.5	.5	.6	.4	.4	.5	.3
FATS, OILS----------	3.8	13.2	.3	31.2	.3	.6	.2	12.8	*	.1	*	*
BUTTER----------	1.0	1.6	*	3.8	*	.1	.0	3.7	.0	.0	.0	.0
MARGARINE----------	.9	3.7	*	8.9	*	.3	.0	8.7	.0	.0	.0	.0
OIL, SALAD DRESSING----------	1.1	3.4	.1	7.9	.3	.2	.2	.4	*	.1	*	*
LARD----------	.3	2.1	*	5.0	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.6	2.4	*	5.6	*	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	6.8	11.1	.8	1.1	24.1	2.3	3.6	.9	1.1	1.0	.7	5.1
SUGAR, SIRUP, JELLY, CANDY--------	3.7	9.3	.5	1.1	19.9	1.9	3.4	.1	.8	.9	.6	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.4	.3	*	*	.8	.3	.1	.7	.2	*	*	4.5
NO ADDED VITAMIN C----------	2.7	1.5	.2	*	3.4	.1	*	*	*	*	*	.3
OTHER FOOD----------	6.9	1.3	.3	.1	2.0	3.4	4.5	.2	.4	2.2	16.6	.0
ALCOHOLIC BEVERAGE----------	2.6	.5	*	.0	.3	.1	*	.0	*	.4	.6	.0
SOME NUTRITIVE VALUE----------	3.6	.8	.2	.1	1.8	3.3	4.5	.2	.4	1.8	16.0	.0
NO NUTRITIVE VALUE----------	.7	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP ‡	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,362	104.5	156.8	389.7	1,136	19.8	7,400	1.64	2.39	25.4	109
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	12.3	11.8	20.0	13.7	7.8	58.1	1.3	11.7	9.6	37.2	2.2	4.7
MILK----------	7.8	7.8	14.3	8.3	5.5	44.8	.3	7.1	8.0	30.5	1.8	4.0
CREAM, ICE CREAM----------	2.2	2.2	1.6	2.6	2.0	4.8	.2	2.1	1.0	3.3	.2	.4
CHEESE----------	2.0	1.6	3.8	2.6	.2	8.0	.7	2.3	.3	3.1	.1	.0
SOUP, MIXTURES----------	.3	.2	.2	.2	.2	.5	.1	.2	.3	.4	.2	.2
MEAT, POULTRY, FISH----------	31.0	20.0	38.2	35.2	.3	2.6	27.4	12.3	20.0	20.6	33.0	.4
BEEF----------	12.2	7.1	16.1	11.7	.0	.9	12.6	.4	2.7	5.7	12.6	.0
BACON, SALT PORK----------	2.5	4.0	1.5	9.1	*	.2	1.1	.0	1.8	.8	1.1	.0
OTHER PORK----------	5.8	3.7	5.9	6.8	*	.3	4.7	.0	9.9	2.8	4.7	.0
LIVER----------	.2	.1	.4	.1	*	*	.9	8.3	.2	2.7	1.0	.4
LUNCHMEAT, FRANKFURTERS----------	3.8	2.8	4.1	5.1	.1	.2	3.4	1.1	3.6	3.4	3.8	.0
OTHER MEAT----------	.6	.2	.8	.3	*	*	.6	*	.2	.6	.9	*
POULTRY----------	3.5	1.5	6.4	1.4	*	.4	3.2	2.3	.9	4.1	6.3	*
FISH, SHELLFISH----------	2.3	.7	2.9	.7	*	.6	.8	.2	.6	.5	2.7	*
OTHER PROTEIN FOOD----------	5.4	5.6	11.1	7.1	2.8	4.3	11.1	8.2	6.8	7.2	6.6	.4
EGGS----------	2.9	2.2	5.6	3.4	.1	2.2	5.3	7.3	2.5	5.4	.2	.0
DRY LEGUMES----------	.7	1.3	2.6	.3	2.0	1.4	4.2	.3	2.5	.8	1.0	.2
NUTS, PEANUT BUTTER----------	1.0	1.6	2.1	3.1	.4	.5	1.0	*	1.3	.5	4.9	*
SOUP, MIXTURES----------	.5	.3	.5	.3	.2	.1	.4	.6	.3	.3	.4	.1
ALL VEGETABLES----------	14.7	6.7	7.4	2.1	11.6	7.3	15.2	37.9	16.0	8.6	13.9	51.1
POTATOES----------	2.6	2.9	2.0	1.4	4.6	.7	3.2	*	4.7	1.5	6.1	10.3
DARK GREEN----------	.6	.1	.2	*	.1	.7	.7	5.2	.5	.5	.3	5.6
DEEP YELLOW----------	.4	.2	.1	*	.5	.3	.4	12.8	.3	.2	.2	.9
TOMATOES----------	3.2	.8	.9	.2	1.5	.9	2.6	10.5	3.1	1.4	2.7	14.6
OTHER----------	7.7	2.6	3.9	.4	4.9	4.5	8.1	8.0	7.4	4.9	4.4	19.5
SOUP, MIXTURES----------	.3	.1	.2	.1	.1	.1	.2	1.5	.1	.1	.2	.2
ALL FRUIT----------	7.5	3.5	1.3	.3	7.7	2.3	5.4	16.8	5.9	3.0	3.4	37.9
CITRUS----------	1.6	.8	.4	.1	1.7	.8	.8	1.3	2.7	.5	.7	23.3
OTHER VITAMIN C-RICH----------	.8	.2	.1	*	.4	.2	.4	6.8	.4	.3	.4	6.0
OTHER----------	5.0	2.6	.8	.2	5.6	1.3	4.1	8.7	2.8	2.2	2.3	8.6
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

SUMMER 1965 BY FOOD GROUP

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	7.1	18.1	16.5	3.4	31.0	15.4	27.9	.3	37.7	17.8	21.5	.4
FLOUR----------	.9	4.6	4.1	.4	8.3	5.2	6.3	*	9.2	4.5	5.3	.0
CEREAL, PASTES----------	2.3	5.4	4.4	.6	10.0	3.2	9.8	.2	13.7	4.9	7.2	.3
BREAD----------	3.0	6.6	6.9	1.7	10.6	6.0	10.3	*	12.5	7.1	7.8	.0
OTHER BAKERY PRODUCTS----------	.9	1.4	1.2	.7	2.1	.9	1.5	.1	2.3	1.3	1.3	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5.1	7.8	4.4	5.5	11.0	3.9	3.7	1.1	2.7	2.4	2.2	.3
FLOUR----------	.4	1.0	.4	.5	1.5	.8	.3	*	.2	.2	.1	.0
CEREAL, PASTES----------	.1	.4	.3	.1	.8	.1	.3	*	.4	.1	.2	.0
BREAD----------	.2	.3	.4	*	.6	.3	.3	*	.4	.2	.2	.0
OTHER BAKERY PRODUCTS----------	3.3	5.4	2.6	4.2	7.2	2.2	2.2	.6	1.3	1.5	1.2	.1
SOUP, MIXTURES----------	1.0	.8	.6	.6	.9	.5	.5	.4	.4	.4	.4	.3
FATS, OILS----------	3.7	13.3	.3	31.7	.3	.6	.2	10.8	.1	.2	*	*
BUTTER----------	.8	1.4	*	3.3	*	.1	.0	2.9	.0	.0	.0	.0
MARGARINE----------	.9	3.6	.1	8.7	*	.3	.0	7.5	.0	.0	.0	.0
OIL, SALAD DRESSING----------	1.1	3.7	.1	8.6	.3	.2	.2	.3	.1	.2	*	*
LARD----------	.3	2.0	*	4.8	.0	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.6	2.6	*	6.2	.1	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	6.5	11.8	.7	.9	25.5	2.3	3.5	.8	.9	.9	.6	4.7
SUGAR, SIRUP, JELLY, CANDY--------	3.3	9.7	.4	.8	20.9	1.7	3.3	.1	.7	.8	.5	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.4	.4	*	*	.9	.4	.1	.7	.2	.1	.1	4.2
NO ADDED VITAMIN C----------	2.7	1.7	.3	*	3.7	.1	.1	*	*	.1	*	.2
OTHER FOOD----------	6.7	1.3	.2	.1	1.9	3.2	4.3	.2	.3	2.1	16.5	.0
ALCOHOLIC BEVERAGE----------	2.5	.6	.1	.0	.3	.1	*	.0	*	.4	.7	.0
SOME NUTRITIVE VALUE----------	3.4	.7	.1	.1	1.6	3.1	4.3	.2	.3	1.7	15.7	.0
NO NUTRITIVE VALUE----------	.8	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,329	106.7	155.9	379.8	1,195	20.1	7,770	1.63	2.42	26.0	93
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	13.5	12.5	20.6	14.6	8.1	58.5	1.2	11.9	10.2	39.1	2.3	5.9
MILK----------	9.2	8.7	15.4	9.4	6.1	46.6	.2	7.6	8.8	33.0	1.9	5.3
CREAM, ICE CREAM----------	2.0	1.9	1.3	2.3	1.6	3.9	.2	1.8	.8	2.7	.1	.4
CHEESE----------	2.1	1.7	3.7	2.7	.2	7.7	.7	2.2	.3	3.1	.1	.0
SOUP, MIXTURES----------	.3	.2	.2	.2	.2	.4	.1	.2	.2	.4	.1	.3
MEAT, POULTRY, FISH----------	33.2	20.2	39.1	34.9	.2	2.8	27.9	11.6	19.9	20.8	35.3	.6
BEEF----------	13.2	7.3	15.8	12.3	*	.8	12.5	.4	2.7	5.6	12.3	.0
BACON, SALT PORK----------	2.2	3.2	1.1	7.1	*	.1	.9	.0	1.4	.6	.9	.0
OTHER PORK----------	6.1	3.9	5.8	7.4	*	.3	4.6	.0	10.0	2.8	4.7	.0
LIVER----------	.3	.1	.6	.1	*	*	1.7	8.0	.3	3.4	1.3	.6
LUNCHMEAT, FRANKFURTERS----------	3.3	2.3	3.3	4.2	.1	.2	2.7	.5	3.0	2.6	2.9	.0
OTHER MEAT----------	1.4	.4	1.6	.5	*	.1	.7	*	.5	.8	2.3	*
POULTRY----------	4.8	2.3	8.5	2.7	*	.5	4.0	2.6	1.5	4.4	8.7	*
FISH, SHELLFISH----------	2.0	.6	2.5	.6	*	.7	.9	.2	.5	.5	2.2	*
OTHER PROTEIN FOOD----------	5.8	5.6	10.6	7.3	2.8	4.0	10.9	7.3	6.8	6.9	6.3	.4
EGGS----------	3.2	2.1	5.3	3.2	.1	2.0	5.0	6.7	2.5	5.2	.2	.0
DRY LEGUMES----------	.7	1.3	2.5	.2	2.0	1.3	4.2	.2	2.4	.8	1.0	.2
NUTS, PEANUT BUTTER----------	1.2	1.8	2.1	3.4	.5	.5	1.1	*	1.5	.5	4.6	*
SOUP, MIXTURES----------	.6	.3	.6	.3	.2	.2	.5	.4	.3	.3	.4	.1
ALL VEGETABLES----------	11.8	6.2	6.0	1.7	11.2	6.6	13.3	51.1	13.1	7.1	12.1	49.4
POTATOES----------	2.1	3.0	2.2	1.1	5.1	.7	3.4	*	5.2	1.7	6.5	13.6
DARK GREEN----------	.7	.1	.4	*	.2	1.8	1.1	10.7	.8	1.1	.4	8.4
DEEP YELLOW----------	1.0	.7	.4	.1	1.4	.7	1.0	27.1	1.1	.7	.6	3.6
TOMATOES----------	1.9	.6	.6	.1	1.1	.5	1.9	6.3	1.9	.8	1.8	9.2
OTHER----------	5.6	1.7	2.3	.2	3.2	2.8	5.6	5.2	4.1	2.7	2.6	14.2
SOUP, MIXTURES----------	.4	.1	.2	.1	.2	.1	.2	1.8	.2	.1	.2	.4
ALL FRUIT----------	6.7	3.7	1.0	.3	8.3	1.9	4.2	4.7	5.5	2.2	2.3	37.8
CITRUS----------	1.8	.9	.4	.1	2.0	1.0	.9	1.4	3.1	.6	.8	30.9
OTHER VITAMIN C-RICH----------	.2	.1	*	*	.1	*	.1	.4	*	*	*	1.0
OTHER----------	4.7	2.7	.6	.2	6.2	.9	3.2	2.8	2.4	1.5	1.5	5.9
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	7.4	19.1	17.1	3.3	33.4	16.2	29.7	.2	40.0	18.2	21.7	.4
FLOUR----------	1.1	6.0	5.2	.4	11.1	6.6	8.1	*	12.1	5.8	6.8	.0
CEREAL, PASTES----------	2.4	5.6	4.6	.7	10.2	3.5	10.8	.1	14.3	4.9	6.8	.4
BREAD----------	3.2	6.4	6.5	1.6	10.5	5.6	9.8	*	12.1	6.8	7.4	.0
OTHER BAKERY PRODUCTS----------	.7	1.1	.8	.6	1.6	.5	1.1	*	1.6	.9	.8	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5.3	7.9	4.3	5.4	11.3	3.3	3.9	1.3	3.1	2.4	2.3	.4
FLOUR----------	.4	.8	.3	.5	1.3	.6	.3	*	.2	.2	.1	.0
CEREAL, PASTES----------	.2	.8	.6	.2	1.4	.1	.6	*	.9	.2	.4	.0
BREAD----------	.3	.3	.3	*	.6	.3	.4	*	.4	.2	.2	.0
OTHER BAKERY PRODUCTS----------	3.3	4.9	2.3	3.8	6.8	1.8	2.1	.5	1.1	1.3	1.0	*
SOUP, MIXTURES----------	1.1	1.0	.7	.8	1.2	.5	.5	.8	.4	.4	.5	.3
FATS, OILS----------	3.8	13.2	.3	31.5	.3	.5	.2	10.9	.1	.1	*	*
BUTTER----------	.9	1.5	*	3.6	*	.1	.0	3.0	.0	.0	.0	.0
MARGARINE----------	1.0	3.9	.1	9.4	*	.3	.0	7.7	.0	.0	.0	.0
OIL, SALAD DRESSING----------	.9	2.9	.1	6.9	.2	.1	.2	.3	.1	.1	*	*
LARD----------	.4	2.4	*	5.6	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.6	2.5	*	6.0	.1	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	5.8	10.2	.7	1.0	22.2	2.3	4.0	.9	1.0	1.0	.6	5.1
SUGAR, SIRUP, JELLY, CANDY--------	3.5	8.8	.5	1.0	19.0	1.9	3.8	.1	.9	.9	.6	.4
OTHER SWEETS--												
ADDED VITAMIN C----------	.3	.2	*	*	.5	.3	.1	.8	.1	*	*	4.5
NO ADDED VITAMIN C----------	2.0	1.2	.2	*	2.7	.1	.1	*	*	*	*	.2
OTHER FOOD----------	6.6	1.3	.2	.1	2.1	3.7	4.8	.2	.3	2.1	17.0	.0
ALCOHOLIC BEVERAGE----------	2.4	.5	.1	.0	.3	.1	*	.0	*	.3	.5	.0
SOME NUTRITIVE VALUE----------	3.5	.8	.2	.1	1.8	3.6	4.7	.2	.3	1.8	16.5	.0
NO NUTRITIVE VALUE----------	.7	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,311	105.2	153.1	382.7	1,190	20.2	7,210	1.67	2.43	25.0	101
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	13.5	12.5	21.1	14.5	8.2	59.4	1.2	12.5	10.2	39.6	2.5	5.5
MILK----------	9.3	8.9	16.0	9.5	6.3	47.9	.3	8.1	8.9	33.7	2.1	4.9
CREAM, ICE CREAM----------	1.8	1.7	1.2	2.2	1.5	3.5	.1	1.8	.7	2.5	.1	.4
CHEESE----------	2.0	1.6	3.6	2.6	.2	7.4	.7	2.3	.3	2.9	.1	.0
SOUP, MIXTURES----------	.4	.2	.2	.2	.2	.5	.2	.3	.3	.5	.2	.3
MEAT, POULTRY, FISH----------	32.8	19.5	37.4	34.3	.2	2.6	27.2	13.2	19.1	20.5	34.0	.6
BEEF----------	13.6	7.5	16.4	12.8	.0	.8	12.7	.4	2.8	5.8	13.1	.0
BACON, SALT PORK----------	2.1	3.1	1.1	7.1	*	.1	.8	.0	1.3	.6	.8	.0
OTHER PORK----------	6.5	3.9	6.1	7.4	*	.3	4.8	.0	10.2	2.9	5.1	.0
LIVER----------	.3	.1	.6	.1	*	*	1.8	9.7	.3	3.8	1.5	.6
LUNCHMEAT, FRANKFURTERS----------	3.1	2.2	3.1	4.1	.1	.2	2.6	.8	2.8	2.5	2.9	.0
OTHER MEAT----------	1.2	.3	1.2	.4	*	.1	.7	*	.4	.9	1.4	*
POULTRY----------	3.7	1.6	6.3	1.9	*	.3	3.0	2.2	1.0	3.5	6.5	*
FISH, SHELLFISH----------	2.3	.6	2.6	.6	*	.7	.9	.2	.4	.5	2.6	*
OTHER PROTEIN FOOD----------	5.8	5.6	10.7	7.3	2.8	3.9	10.6	8.0	6.5	6.8	6.7	.4
EGGS----------	3.3	2.2	5.4	3.3	.1	2.0	5.0	7.2	2.4	5.1	.2	.0
DRY LEGUMES----------	.7	1.3	2.5	.2	1.9	1.2	4.0	.2	2.4	.8	1.0	.2
NUTS, PEANUT BUTTER----------	1.1	1.8	2.2	3.4	.5	.5	1.1	*	1.4	.5	4.9	*
SOUP, MIXTURES----------	.5	.3	.5	.3	.2	.1	.4	.5	.3	.2	.4	.1
ALL VEGETABLES----------	11.3	6.2	6.0	1.9	10.9	6.1	13.1	46.2	12.4	6.6	12.8	42.5
POTATOES----------	2.2	3.2	2.3	1.3	5.4	.8	3.7	*	5.3	1.7	7.1	13.0
DARK GREEN----------	.6	.1	.3	*	.1	1.2	.9	8.6	.5	.7	.3	5.2
DEEP YELLOW----------	.7	.4	.3	*	.9	.5	.7	22.5	.7	.4	.4	2.0
TOMATOES----------	1.9	.6	.6	.1	1.2	.5	2.0	7.3	1.9	.9	2.0	8.5
OTHER----------	5.6	1.7	2.3	.3	3.1	2.9	5.6	5.7	3.8	2.6	2.6	13.4
SOUP, MIXTURES----------	.4	.2	.2	.1	.2	.1	.3	2.1	.2	.1	.3	.4
ALL FRUIT----------	7.0	4.0	1.2	.3	8.7	2.5	4.5	5.1	6.4	2.4	2.7	46.3
CITRUS----------	2.6	1.3	.7	.1	2.8	1.6	1.4	2.2	4.3	.9	1.2	39.9
OTHER VITAMIN C-RICH----------	.3	.1	*	*	.2	*	.1	.1	*	.1	.1	1.4
OTHER----------	4.1	2.6	.5	.2	5.7	.8	3.0	2.8	2.1	1.4	1.5	4.9
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	7.7	19.7	17.9	3.6	33.9	16.1	31.2	.2	40.7	18.6	22.9	.4
FLOUR----------	1.1	5.5	4.8	.4	10.0	5.6	7.3	*	10.7	5.2	6.3	.0
CEREAL, PASTES----------	2.7	6.4	5.4	.9	11.4	4.2	12.7	.1	16.1	5.5	7.8	.4
BREAD----------	3.2	6.5	6.7	1.7	10.6	5.6	9.9	*	12.0	6.8	7.8	.0
OTHER BAKERY PRODUCTS----------	.8	1.3	1.0	.7	1.9	.7	1.3	.1	1.9	1.0	1.1	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	5.2	7.6	4.3	5.3	10.6	3.4	3.7	1.0	3.0	2.4	2.4	.3
FLOUR----------	.5	1.1	.4	.7	1.7	.9	.3	*	.2	.3	.1	.0
CEREAL, PASTES----------	.2	.5	.4	.1	.8	.1	.4	*	.7	.1	.3	.0
BREAD----------	.3	.4	.4	.1	.7	.3	.4	*	.4	.2	.3	.0
OTHER BAKERY PRODUCTS----------	3.3	4.9	2.4	3.9	6.6	1.7	2.1	.5	1.2	1.3	1.2	*
SOUP, MIXTURES----------	1.0	.7	.6	.5	.8	.4	.5	.5	.4	.4	.5	.2
FATS, OILS----------	3.7	13.1	.3	31.5	.3	.6	.2	12.6	.1	.1	*	*
BUTTER----------	.9	1.4	*	3.5	*	.1	.0	3.0	.0	.0	.0	.0
MARGARINE----------	1.1	4.4	.1	10.8	*	.3	.0	9.3	.0	.0	.0	.0
OIL, SALAD DRESSING----------	.9	3.0	.1	7.1	.2	.1	.2	.3	.1	.1	*	*
LARD----------	.3	1.7	.0	4.1	.0	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.6	2.5	*	6.1	*	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	6.1	10.5	.8	1.1	22.3	2.2	3.8	.9	1.1	1.0	.7	4.0
SUGAR, SIRUP, JELLY, CANDY--------	3.4	8.6	.5	1.1	18.2	1.8	3.5	.1	1.0	.9	.6	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.3	.2	*	*	.5	.3	.1	.7	.1	*	*	3.5
NO ADDED VITAMIN C----------	2.4	1.6	.3	.1	3.6	.1	.1	*	*	.1	*	.1
OTHER FOOD----------	6.9	1.4	.3	.1	2.0	3.2	4.4	.3	.4	2.1	15.2	.0
ALCOHOLIC BEVERAGE----------	3.1	.6	.1	.0	.2	.1	*	.0	*	.3	.5	.0
SOME NUTRITIVE VALUE----------	3.2	.8	.2	.1	1.8	3.1	4.4	.3	.4	1.8	14.7	.0
NO NUTRITIVE VALUE----------	.6	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,653	111.6	167.8	432.4	1,232	21.5	7,840	1.80	2.57	26.1	99
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	13.9	12.0	20.0	14.7	7.5	57.8	1.0	12.8	9.7	38.0	2.4	5.8
MILK----------	9.4	8.3	15.2	9.3	5.5	46.4	.2	8.1	8.3	32.0	2.0	5.1
CREAM, ICE CREAM----------	2.5	2.2	1.5	3.1	1.7	4.5	.2	2.7	.9	3.1	.2	.5
CHEESE----------	1.7	1.3	3.2	2.2	.1	6.5	.6	1.9	.3	2.6	.1	.0
SOUP, MIXTURES----------	.2	.1	.1	.2	.1	.4	.1	.2	.2	.3	.1	.2
MEAT, POULTRY, FISH----------	32.3	19.8	37.7	35.6	.2	2.8	27.0	12.0	18.9	20.0	34.3	.6
BEEF----------	14.1	7.4	16.6	12.6	*	.9	12.8	.4	2.7	5.8	13.5	.0
BACON, SALT PORK----------	2.4	3.9	1.3	8.9	*	.2	1.0	.0	1.6	.7	1.1	.0
OTHER PORK----------	6.3	3.9	6.2	7.5	*	.3	4.8	.0	10.0	3.0	5.2	.0
LIVER----------	.3	.1	.5	.1	*	*	1.6	8.3	.3	3.2	1.3	.5
LUNCHMEAT, FRANKFURTERS----------	2.7	1.9	2.9	3.6	.1	.2	2.3	.6	2.5	2.2	2.7	.0
OTHER MEAT----------	.8	.2	.8	.3	*	*	.4	*	.3	.5	1.1	*
POULTRY----------	3.7	1.7	6.7	2.0	*	.4	3.3	2.6	1.0	4.0	7.1	*
FISH, SHELLFISH----------	2.0	.6	2.6	.6	*	.8	.8	.1	.5	.5	2.3	*
OTHER PROTEIN FOOD----------	5.2	5.2	10.8	6.7	2.5	4.1	10.9	8.3	6.5	7.2	5.2	.3
EGGS----------	3.1	2.3	6.1	3.6	.1	2.3	5.6	7.9	2.7	5.8	.2	.0
DRY LEGUMES----------	.7	1.3	2.6	.2	1.9	1.3	4.2	.2	2.5	.8	1.0	.2
NUTS, PEANUT BUTTER----------	1.0	1.4	1.7	2.7	.4	.4	.9	*	1.2	.4	3.8	*
SOUP, MIXTURES----------	.3	.1	.4	.1	.1	.1	.2	.2	.1	.1	.2	.1
ALL VEGETABLES----------	14.1	6.2	6.6	1.5	11.0	6.8	13.8	45.1	13.9	7.6	13.6	51.9
POTATOES----------	2.6	2.9	2.3	.9	4.9	.8	3.5	*	5.2	1.8	7.1	14.1
DARK GREEN----------	.6	.1	.3	*	.1	1.3	.9	8.4	.5	.7	.3	6.1
DEEP YELLOW----------	.7	.5	.3	*	1.0	.6	.7	21.6	.7	.5	.5	2.5
TOMATOES----------	2.6	.6	.7	.1	1.1	.6	1.9	7.5	2.1	1.0	2.0	11.4
OTHER----------	7.4	2.1	3.0	.3	3.9	3.6	6.6	6.5	5.3	3.6	3.5	17.7
SOUP, MIXTURES----------	.2	.1	.1	*	.1	*	.1	1.0	.1	.1	.1	.2
ALL FRUIT----------	7.5	3.5	1.1	.3	7.5	2.2	4.7	8.8	4.9	2.6	2.8	37.2
CITRUS----------	1.6	.7	.4	*	1.5	.9	.8	1.2	2.4	.5	.7	24.2
OTHER VITAMIN C-RICH----------	.7	.2	.1	*	.3	.1	.3	2.2	.2	.2	.2	5.0
OTHER----------	5.2	2.6	.7	.2	5.7	1.2	3.5	5.3	2.4	1.8	1.9	8.0
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	7.5	20.7	19.0	3.3	35.4	16.9	31.3	.3	42.3	20.0	25.5	.3
FLOUR----------	1.5	7.8	7.0	.5	13.7	7.5	10.7	*	15.4	7.6	9.5	.0
CEREAL, PASTES----------	2.5	6.4	5.3	.8	11.4	3.7	11.0	.2	14.9	5.5	8.1	.2
BREAD----------	2.8	5.5	5.9	1.4	8.7	5.1	8.6	*	10.4	6.0	6.9	.0
OTHER BAKERY PRODUCTS----------	.7	1.1	.9	.6	1.5	.6	1.1	.1	1.6	.9	.9	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	4.1	6.3	3.7	4.0	9.1	2.9	3.0	.8	2.4	1.9	2.0	.2
FLOUR----------	.5	1.0	.4	.5	1.6	.9	.3	*	.2	.3	.1	*
CEREAL, PASTES----------	.3	.9	.7	.1	1.6	.2	.6	*	.9	.2	.5	.0
BREAD----------	.1	.2	.2	*	.3	.2	.2	*	.2	.1	.1	.0
OTHER BAKERY PRODUCTS----------	2.5	3.7	1.9	2.9	4.9	1.4	1.6	.4	.8	1.0	.9	*
SOUP, MIXTURES----------	.7	.5	.4	.5	.6	.3	.3	.4	.3	.3	.3	.2
FATS, OILS----------	4.1	13.6	.2	32.9	.3	.5	.1	11.3	.1	.1	*	*
BUTTER----------	1.4	2.0	.1	5.0	*	.2	.0	4.4	.0	.0	.0	.0
MARGARINE----------	.8	3.1	.1	7.7	*	.3	.0	6.7	.0	.0	.0	.0
OIL, SALAD DRESSING----------	.9	2.5	.1	5.9	.2	.1	.1	.2	.1	.1	*	*
LARD----------	.6	4.0	*	9.6	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.5	1.9	*	4.8	*	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	6.6	11.9	.7	1.0	25.2	2.5	4.5	.5	.9	1.0	.7	3.7
SUGAR, SIRUP, JELLY, CANDY--------	4.1	10.5	.5	.9	22.1	2.1	4.3	.1	.8	.9	.6	.4
OTHER SWEETS--												
ADDED VITAMIN C----------	.3	.2	*	*	.5	.2	.1	.4	.1	*	*	3.2
NO ADDED VITAMIN C----------	2.1	1.2	.2	*	2.6	.1	.1	*	*	*	*	.1
OTHER FOOD----------	4.7	.8	.2	.1	1.5	3.4	3.6	.1	.3	1.7	13.6	.0
ALCOHOLIC BEVERAGE----------	.9	.2	*	.0	.1	*	*	.0	*	.1	.2	.0
SOME NUTRITIVE VALUE----------	3.1	.6	.2	.1	1.4	3.4	3.6	.1	.3	1.6	13.3	.0
NO NUTRITIVE VALUE----------	.7	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP * (1)	MONEY VALUE (2)	FOOD ENERGY (3)	PROTEIN (4)	FAT (5)	CARBO-HYDRATE (6)	CALCIUM (7)	IRON (8)	VITAMIN A VALUE (9)	THIAMIN (10)	RIBO-FLAVIN (11)	NIACIN (12)	ASCORBIC ACID (13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,620	111.3	168.5	421.6	1,206	21.4	6,730	1.77	2.52	25.5	90
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	13.9	12.0	19.6	14.6	7.6	57.4	1.0	14.8	9.5	37.5	2.3	6.1
MILK----------	9.0	7.9	14.4	8.7	5.4	44.9	.2	8.8	8.0	31.0	1.9	5.3
CREAM, ICE CREAM----------	2.8	2.5	1.7	3.5	1.9	5.1	.2	3.5	1.0	3.5	.2	.6
CHEESE----------	1.8	1.4	3.4	2.3	.1	7.0	.6	2.3	.3	2.8	*	.0
SOUP, MIXTURES----------	.2	.1	.1	.1	.1	.4	*	.2	.2	.3	.1	.2
MEAT, POULTRY, FISH----------	32.1	20.7	38.7	37.0	.2	2.9	27.9	13.1	21.1	20.6	35.1	.6
BEEF----------	14.1	7.7	17.3	13.0	*	.9	13.3	.5	2.9	6.2	14.3	.0
BACON, SALT PORK----------	2.3	4.1	1.5	9.3	*	.2	1.1	.0	1.8	.8	1.2	.0
OTHER PORK----------	6.6	4.4	7.2	8.3	*	.4	5.6	.0	11.9	3.5	6.2	.0
LIVER----------	.3	.1	.5	*	*	*	1.4	8.9	.2	3.0	1.2	.6
LUNCHMEAT, FRANKFURTERS----------	2.8	2.0	3.1	3.8	.1	.2	2.5	.8	2.7	2.5	2.9	.0
OTHER MEAT----------	.5	.1	.5	.2	*	*	.3	*	.2	.4	.6	*
POULTRY----------	3.3	1.5	5.8	1.7	*	.3	2.9	2.8	.9	3.7	6.3	*
FISH, SHELLFISH----------	2.2	.7	2.9	.6	*	.8	.8	.2	.6	.6	2.4	*
OTHER PROTEIN FOOD----------	5.3	5.5	11.5	6.7	2.8	4.6	11.9	10.3	6.9	7.9	5.4	.3
EGGS----------	3.2	2.5	6.5	3.8	.1	2.5	6.0	9.8	2.9	6.3	.2	.0
DRY LEGUMES----------	.8	1.5	3.0	.3	2.2	1.6	4.9	.2	2.9	1.0	1.2	.2
NUTS, PEANUT BUTTER----------	.9	1.3	1.6	2.4	.3	.4	.8	*	.9	.4	3.7	*
SOUP, MIXTURES----------	.3	.2	.4	.1	*	*	.2	.3	.1	.1	.2	*
ALL VEGETABLES----------	13.3	5.5	5.6	1.4	9.7	6.0	12.2	40.2	11.6	6.4	12.1	46.9
POTATOES----------	3.1	2.9	2.2	1.0	4.9	.8	3.4	*	5.0	1.7	7.0	14.9
DARK GREEN----------	.5	*	.3	*	.1	1.2	1.0	9.7	.5	.7	.2	5.2
DEEP YELLOW----------	.5	.2	.1	*	.4	.3	.4	15.4	.3	.2	.3	1.1
TOMATOES----------	1.7	.5	.5	*	.9	.4	1.5	6.3	1.5	.7	1.5	7.9
OTHER----------	7.2	1.7	2.4	.2	3.3	3.3	5.9	7.7	4.2	3.0	3.0	17.5
SOUP, MIXTURES----------	.2	*	.1	*	*	*	.1	1.2	*	*	.1	.2
ALL FRUIT----------	7.5	3.2	1.0	.2	7.0	2.3	4.3	7.0	4.4	2.4	2.6	41.2
CITRUS----------	1.6	.7	.3	*	1.4	.9	.8	1.2	2.2	.5	.6	24.8
OTHER VITAMIN C-RICH----------	1.1	.2	*	*	.5	.2	.6	1.4	.3	.4	.4	9.0
OTHER----------	4.8	2.3	.6	.2	5.1	1.2	3.0	4.4	1.9	1.6	1.7	7.4
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP ‡	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN	7.7	20.7	18.9	3.2	36.0	17.1	31.4	.4	42.8	20.3	25.8	.4
FLOUR	1.5	7.8	7.0	.5	14.0	7.4	10.7	*	15.6	7.7	9.6	.0
CEREAL, PASTES	2.6	6.4	5.2	.7	11.7	3.9	11.2	.3	15.3	5.6	8.4	.2
BREAD	2.9	5.5	5.8	1.4	8.8	5.1	8.5	*	10.4	6.0	6.9	.0
OTHER BAKERY PRODUCTS	.7	1.0	.8	.6	1.5	.7	1.0	.1	1.5	1.0	.9	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN	4.2	6.2	3.4	4.1	8.8	3.1	2.8	.9	2.2	1.9	1.8	.2
FLOUR	.5	1.1	.4	.5	1.7	1.0	.3	*	.2	.3	.2	*
CEREAL, PASTES	.2	.5	.5	*	1.0	.1	.4	*	.6	.1	.3	.0
BREAD	.1	.2	.2	*	.3	.2	.2	*	.2	*	.1	.0
OTHER BAKERY PRODUCTS	2.6	3.9	2.0	3.0	5.2	1.5	1.6	.5	.9	1.1	.9	*
SOUP, MIXTURES	.7	.5	.4	.4	.6	.3	.3	.4	.3	.2	.3	.2
FATS, OILS	4.2	13.3	.2	31.7	.3	.5	.1	12.6	*	.1	*	*
BUTTER	1.4	2.2	*	5.2	*	.2	.0	5.3	.0	.0	.0	.0
MARGARINE	.7	2.8	*	6.8	*	.2	.0	7.0	.0	.0	.0	.0
OIL, SALAD DRESSING	.9	2.5	*	5.9	.2	.1	.1	.3	*	.1	*	*
LARD	.6	3.9	*	9.3	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING	.5	1.9	*	4.5	*	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS	7.0	12.2	.7	1.0	26.1	2.5	4.4	.6	1.0	1.0	.7	4.3
SUGAR, SIRUP, JELLY, CANDY	4.2	10.7	.5	.9	22.8	2.2	4.3	.1	.8	.9	.6	.5
OTHER SWEETS--												
ADDED VITAMIN C	.4	.3	*	*	.6	.2	*	.5	.1	*	*	3.7
NO ADDED VITAMIN C	2.3	1.2	.2	*	2.7	*	*	*	*	*	*	.1
OTHER FOOD	5.0	.8	.2	.1	1.5	3.6	3.7	.1	.4	1.9	14.0	.0
ALCOHOLIC BEVERAGE	1.0	.2	*	.0	.1	*	*	.0	*	.2	.3	.0
SOME NUTRITIVE VALUE	3.3	.7	.2	.1	1.4	3.6	3.7	.1	.4	1.7	13.7	.0
NO NUTRITIVE VALUE	.7	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT		3,743	113.6	169.0	451.8	1,221	22.0	7,900	1.85	2.62	26.9	115
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE	13.2	11.7	19.2	14.6	7.3	57.0	1.0	12.7	9.2	36.3	2.2	5.0
MILK	8.6	7.7	14.2	8.8	5.1	44.7	.2	7.6	7.7	30.0	1.9	4.2
CREAM, ICE CREAM	2.7	2.5	1.7	3.4	2.0	5.2	.2	3.0	1.0	3.5	.2	.5
CHEESE	1.7	1.3	3.2	2.2	.1	6.8	.6	1.9	.3	2.6	.1	.0
SOUP, MIXTURES	.2	.1	.1	.2	.1	.4	.1	.2	.2	.3	.1	.3
MEAT, POULTRY, FISH	30.4	19.1	37.5	34.6	.2	2.9	26.6	10.9	18.1	19.8	33.1	.4
BEEF	13.3	7.1	16.3	12.3	*	.9	12.5	.4	2.6	5.7	13.2	.0
BACON, SALT PORK	2.3	3.8	1.3	8.8	*	.2	1.0	.0	1.6	.7	1.0	.0
OTHER PORK	5.6	3.6	6.0	6.9	*	.3	4.7	.0	9.4	2.8	4.9	.0
LIVER	.2	.1	.4	.1	*	*	1.3	7.0	.2	2.7	1.1	.4
LUNCHMEAT, FRANKFURTERS	2.7	2.0	3.0	3.8	.1	.2	2.4	.4	2.7	2.3	2.8	.0
OTHER MEAT	.8	.2	.8	.3	*	*	.5	*	.2	.5	.9	*
POULTRY	3.6	1.7	7.0	1.8	*	.4	3.6	2.9	1.0	4.6	7.1	*
FISH, SHELLFISH	1.9	.6	2.5	.6	*	.9	.7	.1	.4	.5	2.2	*
OTHER PROTEIN FOOD	4.4	4.7	10.2	6.2	2.0	3.9	9.8	8.2	5.7	6.9	4.8	.2
EGGS	2.7	2.3	6.0	3.6	.1	2.3	5.5	7.8	2.6	5.7	.2	.0
DRY LEGUMES	.5	1.1	2.2	.2	1.6	1.1	3.4	.2	2.2	.7	.8	.1
NUTS, PEANUT BUTTER	.8	1.2	1.6	2.3	.3	.4	.7	*	.8	.4	3.6	*
SOUP, MIXTURES	.3	.1	.4	.1	.1	*	.1	.2	.1	.1	.1	*
ALL VEGETABLES	17.3	7.0	8.2	1.8	12.1	7.7	15.8	37.6	17.3	9.6	15.9	56.8
POTATOES	2.9	3.0	2.3	1.1	4.9	.8	3.5	*	5.2	1.8	7.2	12.6
DARK GREEN	.6	.1	.2	*	.1	.5	.6	4.3	.3	.4	.2	4.0
DEEP YELLOW	.4	.2	.1	*	.4	.3	.4	12.1	.3	.2	.2	.8
TOMATOES	4.1	.8	1.0	.2	1.4	1.0	2.6	11.7	3.3	1.5	2.9	17.3
OTHER	9.1	2.9	4.4	.5	5.2	4.9	8.6	8.7	8.2	5.6	5.3	21.9
SOUP, MIXTURES	.2	.1	.1	*	.1	*	.1	.8	.1	*	.1	.1
ALL FRUIT	7.9	3.4	1.3	.3	7.1	2.3	5.5	17.4	5.0	3.1	3.4	32.9
CITRUS	1.3	.5	.3	*	1.1	.6	.6	.9	1.8	.4	.5	16.4
OTHER VITAMIN C-RICH	1.0	.2	.1	*	.4	.2	.4	6.2	.4	.3	.4	5.9
OTHER	5.6	2.7	.9	.3	5.6	1.5	4.5	10.2	2.9	2.4	2.5	10.6
MIXTURES	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	7.2	20.4	18.8	3.3	34.1	16.9	30.5	.3	41.2	19.7	25.0	.3
FLOUR----------	1.4	7.5	6.9	.5	13.0	7.0	10.3	*	14.8	7.4	9.1	.0
CEREAL, PASTES----------	2.3	6.1	5.0	.7	10.7	3.8	10.3	.2	14.2	5.3	7.8	.3
BREAD----------	2.8	5.6	6.0	1.5	8.7	5.4	8.8	*	10.5	6.1	7.0	.0
OTHER BAKERY PRODUCTS----------	.7	1.1	.9	.6	1.6	.7	1.2	.1	1.7	1.0	1.0	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	4.1	6.6	3.7	4.3	9.2	3.0	3.0	.9	2.2	1.9	1.9	.2
FLOUR----------	.5	1.0	.4	.5	1.5	.8	.3	*	.1	.2	.1	.0
CEREAL, PASTES----------	.2	.9	.6	.1	1.5	.1	.5	*	.8	.2	.4	.0
BREAD----------	.2	.2	.2	*	.4	.2	.2	*	.2	.1	.1	.0
OTHER BAKERY PRODUCTS----------	2.6	3.9	2.0	3.1	5.1	1.6	1.7	.4	.9	1.1	.9	*
SOUP, MIXTURES----------	.7	.6	.4	.5	.7	.3	.3	.4	.2	.3	.3	.2
FATS, OILS----------	3.9	13.8	.2	34.0	.3	.6	.2	11.4	.1	.1	*	*
BUTTER----------	1.2	1.9	.1	4.8	*	.2	.0	4.2	.0	.0	.0	.0
MARGARINE----------	.8	3.2	.1	8.0	*	.3	.0	6.9	.0	.0	.0	.0
OIL, SALAD DRESSING----------	.9	2.6	.1	6.3	.2	.1	.2	.3	.1	.1	*	*
LARD----------	.6	4.3	*	10.5	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.4	1.8	*	4.4	*	.0	.0	.0	.0	.0	.0	.0
SUGAR, SWEETS----------	6.7	12.6	.6	.8	26.4	2.4	4.1	.6	.8	.9	.6	4.2
SUGAR, SIRUP, JELLY, CANDY--------	4.0	11.0	.4	.8	22.8	2.0	3.9	.1	.7	.8	.5	.4
OTHER SWEETS--												
ADDED VITAMIN C----------	.4	.4	*	*	.8	.4	.1	.5	.1	*	.1	3.7
NO ADDED VITAMIN C----------	2.3	1.3	.2	*	2.9	.1	.1	*	*	*	*	.1
OTHER FOOD----------	5.0	.8	.2	.1	1.4	3.3	3.5	.1	.3	1.7	13.1	.0
ALCOHOLIC BEVERAGE----------	1.1	.2	*	.0	.1	*	*	.0	*	.1	.2	.0
SOME NUTRITIVE VALUE----------	3.1	.6	.2	.1	1.3	3.3	3.5	.1	.3	1.5	12.8	.0
NO NUTRITIVE VALUE----------	.8	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,638	111.1	167.9	428.1	1,246	21.2	8,820	1.78	2.56	25.9	93
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	14.2	11.9	20.0	14.5	7.5	57.4	.9	11.2	9.8	38.4	2.4	6.3
MILK----------	10.2	8.6	15.8	9.8	5.8	47.5	.2	7.6	8.6	33.2	2.1	5.6
CREAM, ICE CREAM----------	2.2	1.9	1.3	2.6	1.5	3.8	.1	2.0	.8	2.7	.1	.4
CHEESE----------	1.6	1.2	2.8	2.0	.1	5.7	.5	1.5	.2	2.3	.1	.0
SOUP, MIXTURES----------	.2	.1	.1	.1	.1	.3	.1	.2	.2	.2	.1	.2
MEAT, POULTRY, FISH----------	34.0	20.0	38.0	36.0	.2	2.8	27.1	11.5	18.2	20.2	35.6	.6
BEEF----------	14.5	7.3	16.1	12.4	*	.8	12.6	.3	2.6	5.7	13.2	.0
BACON, SALT PORK----------	2.7	4.1	1.4	9.3	*	.2	1.0	.0	1.6	.7	1.1	.0
OTHER PORK----------	6.1	3.6	5.5	7.0	*	.3	4.3	.0	9.0	2.7	4.7	.0
LIVER----------	.3	.1	.6	.1	*	*	1.6	7.8	.3	3.4	1.4	.6
LUNCHMEAT, FRANKFURTERS----------	2.7	1.8	2.7	3.5	.1	.1	2.3	.6	2.4	2.3	2.6	.0
OTHER MEAT----------	1.0	.3	1.0	.4	*	.1	.5	*	.4	.7	1.5	*
POULTRY----------	4.6	2.2	8.1	2.8	*	.5	3.9	2.6	1.4	4.3	8.7	.0
FISH, SHELLFISH----------	2.1	.6	2.6	.6	*	.9	.9	.1	.5	.6	2.4	*
OTHER PROTEIN FOOD----------	5.8	5.4	10.6	7.1	2.5	4.0	11.0	7.1	6.9	7.1	5.5	.3
EGGS----------	3.3	2.3	5.9	3.4	.1	2.2	5.5	6.7	2.6	5.6	.2	.0
DRY LEGUMES----------	.7	1.2	2.5	.2	1.8	1.3	4.1	.1	2.2	.8	1.0	.2
NUTS, PEANUT BUTTER----------	1.3	1.7	1.9	3.3	.4	.5	1.1	*	1.8	.5	4.1	.1
SOUP, MIXTURES----------	.3	.2	.4	.2	.1	.1	.2	.2	.2	.1	.2	.1
ALL VEGETABLES----------	12.3	6.2	6.3	1.3	11.2	7.4	13.4	54.9	13.3	7.3	12.8	55.6
POTATOES----------	2.0	2.8	2.2	.8	4.8	.7	3.4	*	5.1	1.7	7.0	14.9
DARK GREEN----------	.8	.1	.4	*	.2	2.2	1.2	11.4	.9	1.3	.5	10.4
DEEP YELLOW----------	1.2	1.0	.5	.1	2.0	1.0	1.3	32.9	1.5	.9	.9	5.7
TOMATOES----------	2.1	.5	.5	.1	.9	.4	1.6	5.2	1.6	.7	1.6	8.9
OTHER----------	6.1	1.7	2.4	.2	3.2	2.9	5.7	4.4	4.1	2.6	2.7	15.5
SOUP, MIXTURES----------	.3	.1	.1	.1	.1	.1	.1	1.0	.1	.1	.1	.2
ALL FRUIT----------	6.9	3.5	.9	.3	7.6	1.9	4.0	3.7	4.8	2.1	2.2	33.7
CITRUS----------	1.6	.7	.4	*	1.5	.9	.8	1.1	2.4	.5	.7	25.7
OTHER VITAMIN C-RICH----------	.3	.1	*	*	.2	*	.1	.2	*	.1	.1	1.7
OTHER----------	5.0	2.7	.6	.2	5.9	.9	3.1	2.4	2.3	1.6	1.5	6.3
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	7.7	21.1	19.2	3.3	36.2	17.5	32.3	.2	43.1	20.4	25.9	.3
FLOUR----------	1.5	7.8	7.0	.5	13.8	8.1	10.8	*	15.5	7.6	9.5	.0
CEREAL, PASTES----------	2.5	6.7	5.5	.8	12.0	3.8	11.6	.2	15.5	5.9	8.5	.2
BREAD----------	2.9	5.5	5.9	1.4	8.8	5.0	8.7	*	10.4	6.0	6.9	.0
OTHER BAKERY PRODUCTS----------	.7	1.1	.9	.6	1.6	.6	1.2	.1	1.7	1.0	1.0	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	4.1	6.3	3.7	3.8	9.1	2.7	3.1	.7	2.6	1.8	2.1	.3
FLOUR----------	.5	1.0	.4	.5	1.6	.8	.3	*	.2	.2	.2	.0
CEREAL, PASTES----------	.3	1.2	.9	.2	2.1	.3	.8	*	1.2	.3	.7	.0
BREAD----------	.1	.1	.1	*	.2	.1	.1	*	.1	.1	.1	.0
OTHER BAKERY PRODUCTS----------	2.5	3.5	1.8	2.7	4.6	1.3	1.5	.3	.8	1.0	.8	*
SOUP, MIXTURES----------	.7	.5	.4	.5	.6	.2	.4	.3	.3	.2	.4	.2
FATS, OILS----------	4.3	13.5	.2	32.5	.2	.5	.1	10.2	.1	.1	*	*
BUTTER----------	1.4	2.1	.1	5.0	*	.2	.0	3.9	.0	.0	.0	.0
MARGARINE----------	.9	3.2	.1	7.8	*	.3	.0	6.0	.0	.0	.0	.0
OIL, SALAD DRESSING----------	.8	2.3	.1	5.4	.2	.1	.1	.2	.1	.1	*	*
LARD----------	.7	3.9	*	9.4	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.5	2.0	*	4.9	*	.0	.0	*	.0	.0	.0	.0
SUGAR, SWEETS----------	6.4	11.5	.7	1.1	24.1	2.5	4.7	.4	1.0	1.1	.8	2.9
SUGAR, SIRUP, JELLY, CANDY--------	4.4	10.3	.5	1.1	21.6	2.3	4.6	.1	1.0	1.0	.7	.4
OTHER SWEETS--												
ADDED VITAMIN C----------	.2	.1	*	*	.3	.2	*	.3	.1	*	*	2.4
NO ADDED VITAMIN C----------	1.8	1.0	.2	*	2.3	.1	.1	*	*	*	*	*
OTHER FOOD----------	4.3	.8	.2	.1	1.4	3.3	3.4	*	.2	1.5	12.7	.0
ALCOHOLIC BEVERAGE----------	.7	.1	*	.0	.1	*	*	.0	*	.1	.2	.0
SOME NUTRITIVE VALUE----------	2.9	.6	.2	.1	1.3	3.2	3.4	*	.2	1.4	12.5	.0
NO NUTRITIVE VALUE----------	.7	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		3,580	109.5	164.6	423.4	1,264	21.1	7,980	1.77	2.58	25.6	98
PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME												
MILK, CREAM, CHEESE----------	14.6	12.7	21.7	15.4	7.9	59.9	1.1	12.9	10.6	40.5	2.6	6.3
MILK----------	10.2	9.2	16.9	10.3	6.2	49.5	.2	8.6	9.3	34.9	2.2	5.7
CREAM, ICE CREAM----------	2.2	1.9	1.3	2.7	1.5	3.7	.1	2.3	.8	2.6	.1	.4
CHEESE----------	1.8	1.4	3.3	2.2	.1	6.3	.6	1.8	.3	2.6	.1	.0
SOUP, MIXTURES----------	.3	.2	.2	.2	.1	.4	.1	.2	.2	.3	.2	.3
MEAT, POULTRY, FISH----------	33.6	19.1	36.0	34.6	.2	2.4	26.4	13.3	18.0	19.4	33.3	.8
BEEF----------	14.9	7.4	16.5	12.7	*	.8	12.7	.4	2.7	5.7	13.5	.0
BACON, SALT PORK----------	2.4	3.5	1.2	8.0	*	.1	.9	.0	1.4	.6	.9	.0
OTHER PORK----------	7.2	4.1	6.1	8.0	*	.3	4.7	.0	9.9	2.9	5.1	.0
LIVER----------	.4	.1	.7	.1	*	*	2.2	10.2	.3	4.2	1.7	.7
LUNCHMEAT, FRANKFURTERS----------	2.5	1.6	2.4	3.1	.1	.1	2.0	.4	2.1	1.8	2.3	.0
OTHER MEAT----------	1.0	.3	1.0	.3	*	.1	.5	*	.3	.6	1.4	*
POULTRY----------	3.3	1.5	5.6	1.7	*	.3	2.7	2.1	.8	3.2	6.0	*
FISH, SHELLFISH----------	1.9	.6	2.4	.6	*	.7	.7	.1	.5	.5	2.3	*
OTHER PROTEIN FOOD----------	5.7	5.3	10.8	6.7	2.6	4.1	11.3	8.0	6.8	7.1	5.3	.3
EGGS----------	3.5	2.3	6.0	3.6	.1	2.2	5.6	7.5	2.6	5.6	.2	.0
DRY LEGUMES----------	.7	1.4	2.8	.3	2.0	1.4	4.6	.2	2.6	.9	1.1	.2
NUTS, PEANUT BUTTER----------	1.1	1.4	1.6	2.7	.4	.4	.9	*	1.3	.4	3.7	*
SOUP, MIXTURES----------	.2	.1	.2	.1	.1	.1	.2	.2	.1	.1	.1	.1
ALL VEGETABLES----------	12.0	6.1	6.1	1.3	11.0	6.0	13.3	48.0	12.5	6.5	13.0	45.1
POTATOES----------	2.2	3.0	2.4	.8	5.1	.8	3.6	*	5.4	1.8	7.4	14.6
DARK GREEN----------	.6	.1	.3	*	.1	1.3	.9	8.7	.5	.7	.3	5.4
DEEP YELLOW----------	.9	.7	.4	.1	1.3	.7	1.0	26.8	1.0	.6	.6	3.5
TOMATOES----------	1.8	.5	.5	.1	.9	.4	1.8	6.1	1.7	.7	1.8	8.3
OTHER----------	6.3	1.8	2.4	.2	3.3	2.7	5.8	5.0	3.9	2.5	2.7	13.1
SOUP, MIXTURES----------	.3	.1	.1	.1	.1	.1	.2	1.3	.1	.1	.2	.2
ALL FRUIT----------	7.8	4.0	1.2	.3	8.5	2.5	4.5	5.0	5.7	2.5	2.8	44.2
CITRUS----------	2.3	1.0	.6	.1	2.2	1.4	1.2	1.7	3.5	.8	1.0	35.4
OTHER VITAMIN C-RICH----------	.4	.1	*	*	.3	*	.1	*	*	.1	.1	2.2
OTHER----------	5.1	2.8	.6	.2	6.1	1.0	3.2	3.3	2.2	1.6	1.7	6.5
MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	7.5	20.8	19.3	3.3	35.6	16.1	31.3	.2	42.2	19.4	25.2	.1
FLOUR----------	1.5	8.1	7.4	.5	14.3	7.4	11.1	*	16.0	7.7	9.9	.0
CEREAL, PASTES----------	2.5	6.4	5.4	.9	11.3	3.4	10.8	.2	14.7	5.2	7.8	.1
BREAD----------	2.9	5.3	5.7	1.4	8.5	4.7	8.3	*	10.0	5.7	6.7	.0
OTHER BAKERY PRODUCTS----------	.6	1.0	.8	.5	1.4	.6	1.0	*	1.5	.8	.9	.1
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	4.1	6.3	3.8	3.9	9.2	2.7	3.3	.7	2.7	1.8	2.3	.2
FLOUR----------	.5	1.0	.4	.6	1.6	.8	.3	*	.2	.3	.1	.0
CEREAL, PASTES----------	.3	1.2	.9	.2	2.0	.2	.8	*	1.3	.3	.7	.0
BREAD----------	.2	.2	.2	*	.4	.2	.2	*	.2	.1	.1	.0
OTHER BAKERY PRODUCTS----------	2.4	3.5	1.8	2.7	4.6	1.1	1.6	.3	.8	.9	.9	*
SOUP, MIXTURES----------	.7	.5	.4	.4	.6	.3	.3	.4	.2	.2	.4	.2
FATS, OILS----------	4.2	13.8	.2	33.4	.2	.5	.1	11.4	.1	.1	*	*
BUTTER----------	1.4	2.0	.1	4.9	*	.2	.0	4.1	.0	.0	.0	.0
MARGARINE----------	.9	3.4	.1	8.4	*	.3	.0	7.1	.0	.0	.0	.0
OIL, SALAD DRESSING----------	.8	2.4	.1	5.7	.2	.1	.1	.2	.1	.1	*	*
LARD----------	.6	3.6	*	8.8	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.6	2.3	*	5.6	*	.0	.0	.0	.0	.0	.0	.0
SUGAR, SWEETS----------	6.1	11.1	.7	1.0	23.2	2.4	4.9	.5	1.0	1.0	.7	3.0
SUGAR, SIRUP, JELLY, CANDY--------	4.1	9.8	.5	1.0	20.5	2.1	4.8	.1	1.0	.9	.7	.4
OTHER SWEETS--												
ADDED VITAMIN C----------	.2	.2	*	*	.3	.2	.1	.4	.1	*	*	2.5
NO ADDED VITAMIN C----------	1.8	1.1	.2	*	2.4	.1	.1	*	*	*	*	.1
OTHER FOOD----------	4.4	.8	.2	.1	1.6	3.5	3.9	*	.4	1.7	14.8	.0
ALCOHOLIC BEVERAGE----------	.6	.1	*	.0	.1	*	*	.0	*	.1	.1	.0
SOME NUTRITIVE VALUE----------	3.2	.7	.2	.1	1.5	3.4	3.9	*	.4	1.6	14.7	.0
NO NUTRITIVE VALUE----------	.6	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		759	34.5	46.2	53.5	368	5.3	3,290	.39	.83	6.0	37
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
MILK, CREAM, CHEESE----------	5.5	4.5	7.7	5.7	2.7	22.9	*	5.0	4.2	15.9	1.0	2.7
MILK----------	4.9	4.1	7.4	4.9	2.7	22.4	*	4.3	4.1	15.6	1.0	2.6
CREAM, ICE CREAM----------	.5	.4	.1	.8	.1	.4	*	.7	.1	.3	*	.1
CHEESE----------	.1	*	.1	*	*	.1	*	*	*	.1	*	.0
SOUP, MIXTURES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
MEAT, POULTRY, FISH----------	14.3	7.8	15.9	13.8	*	.9	11.8	5.6	7.3	8.3	14.4	.3
BEEF----------	8.1	4.1	9.0	7.0	*	.5	6.9	.2	1.5	3.1	7.4	.0
BACON, SALT PORK----------	.6	1.0	.3	2.3	*	*	.2	.0	.4	.2	.3	.0
OTHER PORK----------	2.8	1.7	2.8	3.2	*	.1	2.1	.0	4.5	1.3	2.4	.0
LIVER----------	.2	.1	.3	*	*	*	.9	4.3	.1	1.7	.7	.3
LUNCHMEAT, FRANKFURTERS----------	.1	*	.1	.1	*	*	.1	.1	.1	.1	.1	.0
OTHER MEAT----------	.6	.2	.6	.2	*	*	.3	*	.2	.4	.8	*
POULTRY----------	1.4	.7	2.3	.9	*	.1	1.2	1.0	.3	1.4	2.5	.0
FISH, SHELLFISH----------	.6	.1	.6	.1	*	.1	.1	*	.2	.1	.3	.0
OTHER PROTEIN FOOD----------	1.7	1.4	3.3	2.0	.3	1.2	3.2	3.8	1.9	2.9	.4	*
EGGS----------	1.5	1.1	2.9	1.7	.1	1.1	2.7	3.8	1.3	2.8	.1	.0
DRY LEGUMES----------	.1	.1	.3	*	.2	.1	.4	*	.3	.1	.1	*
NUTS, PEANUT BUTTER----------	.1	.1	.1	.3	*	*	.1	*	.3	*	.2	*
SOUP, MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*
ALL VEGETABLES----------	8.0	2.9	3.5	.3	5.5	4.0	7.5	24.2	7.4	4.3	6.5	28.4
POTATOES----------	1.0	1.0	.9	*	1.9	.3	1.4	*	2.1	.7	2.8	5.9
DARK GREEN----------	.4	.1	.2	*	.1	.9	.6	5.8	.4	.5	.2	4.4
DEEP YELLOW----------	.4	.3	.2	*	.6	.3	.4	10.5	.4	.3	.2	1.5
TOMATOES----------	1.5	.2	.3	*	.4	.3	.9	3.9	1.1	.5	1.0	6.8
OTHER----------	4.7	1.4	1.9	.2	2.5	2.1	4.2	4.0	3.4	2.3	2.3	9.8
SOUP, MIXTURES----------	*	*	*	*	*	*	*	.1	*	*	*	*
ALL FRUIT----------	2.3	.9	.2	.1	1.9	.5	1.2	2.3	.7	.7	.6	5.6
CITRUS----------	*	*	*	*	*	*	*	*	*	*	*	.2
OTHER VITAMIN C-RICH----------	.4	.1	*	*	.2	.1	.2	.8	.1	.1	.1	2.8
OTHER----------	1.8	.8	.2	.1	1.6	.5	1.0	1.5	.6	.5	.4	2.6
MIXTURES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	*	.1	*	*	.1	.1	.1	*	.1	.1	.1	.0
FLOUR----------	*	*	*	*	.1	.1	*	.0	.1	*	*	.0
CEREAL, PASTES----------	*	*	*	*	.1	*	*	*	.1	*	*	.0
BREAD----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER BAKERY PRODUCTS----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	.1	.2	.2	.1	.4	*	.2	*	.2	.1	.1	*
FLOUR----------	*	*	*	*	*	*	*	.0	*	*	*	.0
CEREAL, PASTES----------	*	.2	.1	*	.3	*	.1	*	.2	.1	.1	.0
BREAD----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER BAKERY PRODUCTS----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
SOUP, MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*
FATS, OILS----------	.6	2.3	*	5.5	*	*	*	1.0	*	*	*	*
BUTTER----------	.3	.5	*	1.2	*	*	.0	1.0	.0	.0	.0	.0
MARGARINE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OIL, SALID DRESSING----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
LARD----------	.3	1.8	*	4.3	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
SUGAR, SWEETS----------	.8	.7	*	*	1.5	.2	.6	*	.1	.1	.1	.3
SUGAR, SIRUP, JELLY, CANDY--------	.8	.7	*	*	1.5	.2	.6	*	.1	.1	.1	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
NO ADDED VITAMIN C----------	*	*	*	.0	*	*	.0	*	.0	*	*	*
OTHER FOOD----------	*	*	*	.0	*	*	*	.0	*	*	*	.0
ALCOHOLIC BEVERAGE----------	*	*	*	.0	*	*	*	.0	*	*	*	.0
SOME NUTRITIVE VALUE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
NO NUTRITIVE VALUE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		725	33.3	48.3	40.1	334	4.8	2,360	.33	.75	5.3	24
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
MILK, CREAM, CHEESE----------	5.2	5.9	7.0	6.1	3.6	21.3	*	5.5	3.9	14.9	.9	2.7
MILK----------	4.5	5.2	6.7	5.0	3.5	20.8	*	4.5	3.8	14.4	.9	2.6
CREAM, ICE CREAM----------	.6	.6	.2	1.1	*	.5	*	1.0	*	.3	*	*
CHEESE----------	*	*	.2	*	*	*	*	*	*	.1	*	.0
SOUP, MIXTURES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
MEAT, POULTRY, FISH----------	14.5	11.8	16.8	17.0	*	1.0	12.4	5.9	8.3	8.4	15.0	.3
BEEF----------	8.4	6.1	9.7	8.5	*	.5	7.5	.3	1.6	3.5	8.1	.0
BACON, SALT PORK----------	.6	1.6	.4	3.0	*	*	.3	.0	.5	.2	.3	.0
OTHER PORK----------	3.1	2.8	3.3	4.2	*	.2	2.5	.0	5.4	1.6	2.8	.0
LIVER----------	.1	*	.2	*	*	*	.7	4.5	.1	1.5	.6	.3
LUNCHMEAT, FRANKFURTERS----------	*	*	*	.1	*	*	*	*	*	*	*	.0
OTHER MEAT----------	.3	.1	.3	*	*	*	.1	*	.1	.2	.3	*
POULTRY----------	1.2	.8	2.0	.9	*	.1	1.0	1.0	.3	1.1	2.2	.0
FISH, SHELLFISH----------	.8	.2	.9	.1	*	.1	.2	*	.2	.2	.4	.0
OTHER PROTEIN FOOD----------	1.8	2.0	3.6	2.4	.3	1.4	3.4	5.1	1.8	3.3	.2	*
EGGS----------	1.6	1.8	3.4	2.2	*	1.3	3.1	5.1	1.5	3.3	.1	.0
DRY LEGUMES----------	*	*	.1	*	.1	*	.2	*	.1	*	*	*
NUTS, PEANUT BUTTER----------	.1	.1	*	.2	*	*	*	*	.1	*	*	*
SOUP, MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*
ALL VEGETABLES----------	5.6	2.2	2.0	.2	4.3	2.7	4.9	16.1	4.0	2.5	3.6	16.7
POTATOES----------	.7	.7	.5	*	1.4	.1	.7	*	1.1	.4	1.5	3.3
DARK GREEN----------	.3	*	.2	*	.1	.9	.6	6.8	.3	.5	.2	3.4
DEEP YELLOW----------	.1	.1	*	*	.2	*	.1	3.4	*	*	*	.4
TOMATOES----------	.5	.1	.1	*	.2	*	.4	1.7	.4	.2	.4	2.4
OTHER----------	3.9	1.2	1.2	.1	2.4	1.6	3.0	4.1	2.1	1.5	1.5	7.2
SOUP, MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*
ALL FRUIT----------	2.2	1.0	.2	*	2.3	.7	1.1	1.3	.5	.6	.6	7.2
CITRUS----------	*	*	*	*	*	*	*	*	*	*	*	.1
OTHER VITAMIN C-RICH----------	.6	.2	*	*	.4	.1	.3	.1	.1	.2	.2	4.9
OTHER----------	1.6	.8	.1	*	1.9	.5	.8	1.2	.4	.4	.4	2.2
MIXTURES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	*	.3	.2	*	.6	.3	.3	*	.4	.2	.3	.0
FLOUR----------	*	.2	*	*	.3	.2	.2	.0	.2	.1	.1	.0
CEREAL, PASTES----------	*	.2	*	*	.3	*	.1	*	.2	*	.1	.0
BREAD----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER BAKERY PRODUCTS----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	*	.2	.1	*	.4	*	.1	*	.2	*	*	*
FLOUR----------	*	*	*	*	*	*	*	.0	*	*	*	.0
CEREAL, PASTES----------	*	.2	.1	*	.3	*	*	*	.2	*	*	.0
BREAD----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER BAKERY PRODUCTS----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
SOUP, MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*
FATS, OILS----------	.7	3.3	*	6.5	*	*	*	1.3	*	*	*	*
BUTTER----------	.4	.7	*	1.5	*	*	.0	1.3	.0	.0	.0	.0
MARGARINE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OIL, SALAD DRESSING----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
LARD----------	.3	2.6	*	5.0	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
SUGAR, SWEETS----------	.7	.9	*	*	2.0	.2	.6	*	*	.1	*	.3
SUGAR, SIRUP, JELLY, CANDY--------	.7	.9	*	*	1.9	.2	.6	*	*	.1	*	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
NO ADDED VITAMIN C----------	*	*	*	.0	*	*	.0	*	.0	*	*	*
OTHER FOOD----------	*	*	*	.0	*	*	*	.0	*	*	*	.0
ALCOHOLIC BEVERAGE----------	*	*	*	.0	*	*	*	.0	*	*	*	.0
SOME NUTRITIVE VALUE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
NO NUTRITIVE VALUE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		804	36.7	45.0	67.4	373	6.2	3,460	.48	.89	6.9	58
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
MILK, CREAM, CHEESE----------	5.1	4.2	7.1	5.4	2.4	21.6	*	4.6	3.8	14.6	.9	2.1
MILK----------	4.5	3.7	6.7	4.4	2.4	21.0	*	3.8	3.7	14.2	.9	2.1
CREAM, ICE CREAM----------	.5	.4	.1	.8	.1	.4	*	.7	.1	.3	*	.1
CHEESE----------	.1	.1	.2	.1	*	.2	*	.1	*	.2	*	.0
SOUP, MIXTURES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
MEAT, POULTRY, FISH----------	13.0	7.2	15.3	12.8	*	.9	11.2	5.1	6.8	8.0	13.5	.2
BEEF----------	7.1	3.6	8.3	6.3	*	.4	6.3	.2	1.3	2.9	6.7	.0
BACON, SALT PORK----------	.6	1.0	.3	2.3	*	*	.2	.0	.4	.2	.3	.0
OTHER PORK----------	2.5	1.5	2.7	2.9	*	.1	2.1	.0	4.2	1.2	2.2	.0
LIVER----------	.1	.1	.2	*	*	*	.8	3.6	.1	1.5	.6	.2
LUNCHMEAT, FRANKFURTERS----------	*	*	*	.1	*	*	.1	.1	*	.1	.1	.0
OTHER MEAT----------	.6	.2	.6	.3	*	*	.3	*	.2	.3	.7	*
POULTRY----------	1.5	.7	2.7	.9	*	.2	1.4	1.2	.4	1.7	2.8	.0
FISH, SHELLFISH----------	.5	.1	.5	.1	*	.1	.1	*	.1	.1	.2	.0
OTHER PROTEIN FOOD----------	1.6	1.5	3.8	2.0	.5	1.4	3.8	4.1	2.2	3.2	.3	*
EGGS----------	1.4	1.2	3.1	1.9	.1	1.2	2.9	4.1	1.4	3.0	.1	.0
DRY LEGUMES----------	.1	.3	.6	*	.4	.2	.9	*	.8	.2	.2	*
NUTS, PEANUT BUTTER----------	*	*	*	*	*	*	*	*	*	*	*	*
SOUP, MIXTURES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
ALL VEGETABLES----------	12.3	4.3	5.7	.5	7.8	5.6	10.7	23.2	12.0	6.9	10.0	40.7
POTATOES----------	1.4	1.4	1.3	.1	2.6	.4	1.9	*	2.8	1.0	3.8	7.2
DARK GREEN----------	.4	*	.1	*	.1	.4	.4	2.5	.2	.3	.1	3.1
DEEP YELLOW----------	.2	.1	.1	*	.2	.2	.2	6.0	.2	.1	.1	.4
TOMATOES----------	3.1	.4	.7	.1	.7	.7	1.6	7.9	2.2	1.1	1.8	12.9
OTHER----------	7.1	2.3	3.6	.4	4.2	3.9	6.7	6.8	6.5	4.5	4.2	17.1
SOUP, MIXTURES----------	*	*	*	*	*	*	*	.1	*	*	*	*
ALL FRUIT----------	3.0	1.1	.4	.1	2.4	.8	1.8	5.6	1.3	1.0	.8	7.0
CITRUS----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER VITAMIN C-RICH----------	.5	.1	*	*	.2	.1	.2	2.5	.2	.1	.2	2.7
OTHER----------	2.5	1.0	.3	.1	2.2	.7	1.6	3.1	1.1	.9	.7	4.2
MIXTURES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
FLOUR----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
CEREAL, PASTES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
BREAD----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER BAKERY PRODUCTS----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	*	.1	*	*	.1	*	*	*	.1	*	*	*
FLOUR----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
CEREAL, PASTES----------	*	*	*	*	.1	*	*	.0	.1	*	*	.0
BREAD----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER BAKERY PRODUCTS----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
SOUP, MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	*
FATS, OILS----------	.6	2.3	*	5.8	*	*	.0	1.1	.0	.0	.0	.0
BUTTER----------	.3	.5	*	1.2	*	*	.0	1.1	.0	.0	.0	.0
MARGARINE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OIL, SALAD DRESSING----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
LARD----------	.3	1.9	*	4.5	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
SUGAR, SWEETS----------	.8	.8	*	*	1.7	.2	.6	*	.1	.1	.1	.3
SUGAR, SIRUP, JELLY, CANDY--------	.8	.8	*	*	1.7	.2	.6	*	.1	.1	.1	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
NO ADDED VITAMIN C----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER FOOD----------	*	*	*	.0	*	*	.0	.0	*	*	*	.0
ALCOHOLIC BEVERAGE----------	*	*	*	.0	*	*	.0	.0	*	*	*	.0
SOME NUTRITIVE VALUE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
NO NUTRITIVE VALUE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		729	33.1	42.9	54.6	379	4.8	4,200	.36	.81	5.9	35
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
MILK, CREAM, CHEESE----------	5.7	4.7	8.0	5.8	2.9	23.6	*	4.5	4.4	16.7	1.1	3.0
MILK----------	5.4	4.4	7.8	5.3	2.8	23.3	*	4.1	4.3	16.5	1.1	3.0
CREAM, ICE CREAM----------	.3	.2	.1	.5	*	.2	*	.4	*	.2	*	*
CHEESE----------	*	*	.1	*	*	*	*	*	*	*	*	.0
SOUP, MIXTURES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
MEAT, POULTRY, FISH----------	14.1	7.1	15.1	12.4	*	.8	11.1	5.0	5.9	7.8	14.0	.3
BEEF----------	8.4	4.0	8.7	6.9	*	.4	6.8	.2	1.4	3.0	7.1	.0
BACON, SALT PORK----------	.5	.8	.2	1.8	*	*	.2	.0	.3	.1	.2	.0
OTHER PORK----------	2.1	1.2	1.9	2.3	*	.1	1.5	.0	3.2	.9	1.6	.0
LIVER----------	.2	.1	.3	*	*	*	.8	3.8	.1	1.7	.7	.3
LUNCHMEAT, FRANKFURTERS----------	*	*	.1	.1	*	*	.1	*	*	.1	.1	.0
OTHER MEAT----------	.7	.2	.7	.3	*	*	.3	*	.2	.4	1.2	*
POULTRY----------	1.6	.8	2.7	1.0	*	.1	1.3	1.0	.4	1.5	2.9	.0
FISH, SHELLFISH----------	.5	.1	.5	.1	*	.1	.1	*	.1	.1	.3	.0
OTHER PROTEIN FOOD----------	1.7	1.3	2.9	2.1	.2	1.1	2.8	2.8	1.9	2.5	.7	*
EGGS----------	1.4	.9	2.4	1.4	*	.9	2.3	2.8	1.1	2.3	.1	.0
DRY LEGUMES----------	*	.1	.1	*	.1	*	.2	*	.1	*	*	.0
NUTS, PEANUT BUTTER----------	.3	.3	.3	.7	.1	.1	.2	*	.7	.1	.5	*
SOUP, MIXTURES----------	*	*	*	*	*	*	*	*	*	*	*	.0
ALL VEGETABLES----------	7.0	3.1	3.4	.3	6.0	4.4	7.4	33.7	7.3	4.1	6.4	31.0
POTATOES----------	.8	1.2	1.1	*	2.2	.3	1.6	.0	2.4	.8	3.2	7.2
DARK GREEN----------	.6	.1	.3	*	.2	1.8	.9	8.9	.7	1.0	.4	8.4
DEEP YELLOW----------	.7	.7	.4	.1	1.3	.6	.9	20.0	1.0	.6	.5	3.9
TOMATOES----------	1.2	.2	.2	*	.3	.2	.7	2.5	.8	.3	.7	4.9
OTHER----------	3.6	1.0	1.4	.1	2.0	1.5	3.4	2.2	2.4	1.4	1.5	6.5
SOUP, MIXTURES----------	*	*	*	*	*	*	*	.1	*	*	*	*
ALL FRUIT----------	1.7	.7	.1	.1	1.6	.3	.7	.7	.5	.4	.3	3.0
CITRUS----------	*	*	*	*	*	*	*	*	*	*	*	*
OTHER VITAMIN C-RICH----------	.2	.1	*	*	.1	*	.1	.1	*	.1	*	1.4
OTHER----------	1.5	.7	.1	.1	1.4	.2	.6	.6	.5	.4	.3	1.6
MIXTURES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP * (1)	MONEY VALUE (2)	FOOD ENERGY (3)	PROTEIN (4)	FAT (5)	CARBO-HYDRATE (6)	CALCIUM (7)	IRON (8)	VITAMIN A VALUE (9)	THIAMIN (10)	RIBO-FLAVIN (11)	NIACIN (12)	ASCORBIC ACID (13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
FLOUR----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
CEREAL, PASTES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
BREAD----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER BAKERY PRODUCTS----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	.1	.4	.3	.1	.7	.1	.3	*	.4	.1	.2	*
FLOUR----------	*	.1	.1	*	.2	*	*	.0	*	*	*	.0
CEREAL, PASTES----------	.1	.3	.2	.1	.5	*	.3	*	.4	.1	.2	.0
BREAD----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER BAKERY PRODUCTS----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
SOUP, MIXTURES----------	.1	*	*	*	.1	*	*	*	*	*	*	*
FATS, OILS----------	.6	2.0	*	4.8	*	*	.0	.9	.0	.0	.0	.0
BUTTER----------	.3	.5	*	1.2	*	*	.0	.9	.0	.0	.0	.0
MARGARINE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OIL, SALAD DRESSING----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
LARD----------	.3	1.5	*	3.6	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
SUGAR, SWEETS----------	.7	.6	*	*	1.4	.1	.5	*	.1	.1	.1	.3
SUGAR, SIRUP, JELLY, CANDY--------	.7	.6	*	*	1.4	.1	.5	*	.1	.1	.1	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
NO ADDED VITAMIN C----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER FOOD----------	*	*	*	.0	*	*	*	.0	.0	*	*	.0
ALCOHOLIC BEVERAGE----------	*	*	*	.0	*	*	*	.0	.0	*	*	.0
SOME NUTRITIVE VALUE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
NO NUTRITIVE VALUE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

FOOD GROUP ‡	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
		CAL	G	G	G	MG	MG	IU	MG	MG	MG	MG
ALL FOOD GROUPS, AVERAGE AMOUNT-----		774	34.5	49.2	49.7	393	4.9	3,110	.37	.86	5.8	26
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
MILK, CREAM, CHEESE----------	6.1	5.3	9.0	6.7	3.2	25.9	*	5.6	4.9	18.5	1.2	3.1
MILK----------	5.5	4.9	8.8	5.8	3.2	25.5	*	4.9	4.9	18.1	1.2	3.1
CREAM, ICE CREAM----------	.5	.4	.1	.8	*	.4	*	.7	.1	.3	*	.1
CHEESE----------	*	*	.1	*	*	*	*	*	*	.1	*	.0
SOUP, MIXTURES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
MEAT, POULTRY, FISH----------	16.3	8.7	16.8	15.5	*	.9	13.0	6.9	8.4	9.2	15.6	.4
BEEF----------	9.0	4.4	9.5	7.5	.0	.5	7.3	.2	1.5	3.3	7.8	.0
BACON, SALT PORK----------	.7	1.1	.3	2.6	*	*	.3	.0	.4	.2	.3	.0
OTHER PORK----------	3.9	2.2	3.3	4.3	*	.2	2.6	.0	5.5	1.6	2.8	.0
LIVER----------	.2	.1	.4	.1	*	*	1.4	5.7	.2	2.5	1.1	.4
LUNCHMEAT, FRANKFURTERS----------	.1	.1	.1	.1	*	*	.1	.2	.1	.2	.1	.0
OTHER MEAT----------	.8	.2	.8	.2	*	*	.4	*	.3	.5	1.2	*
POULTRY----------	1.1	.6	1.8	.8	*	.1	.9	.8	.3	1.0	2.0	.0
FISH, SHELLFISH----------	.4	.1	.4	.1	.0	.1	.1	*	.1	.1	.3	.0
OTHER PROTEIN FOOD----------	1.6	1.2	2.8	1.8	.2	1.0	2.7	3.1	1.6	2.4	.3	*
EGGS----------	1.4	1.0	2.5	1.5	*	.9	2.3	3.1	1.1	2.3	.1	.0
DRY LEGUMES----------	.1	.1	.2	*	.1	.1	.3	*	.2	.1	.1	*
NUTS, PEANUT BUTTER----------	.2	.1	.1	.3	*	*	.1	*	.3	*	.1	*
SOUP, MIXTURES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
ALL VEGETABLES----------	5.4	2.4	2.6	.2	4.6	2.7	5.9	21.7	5.2	2.8	5.0	18.3
POTATOES----------	.7	.9	.8	*	1.8	.2	1.2	.0	1.9	.6	2.6	5.4
DARK GREEN----------	.3	.1	.2	*	.1	.8	.5	5.0	.3	.4	.2	3.1
DEEP YELLOW----------	.4	.4	.2	*	.7	.3	.5	11.9	.5	.3	.3	1.9
TOMATOES----------	.7	.1	.2	*	.2	.1	.7	2.5	.7	.3	.7	3.8
OTHER----------	3.2	.9	1.2	.1	1.8	1.2	3.0	2.2	1.8	1.1	1.3	4.1
SOUP, MIXTURES----------	*	*	*	*	*	*	*	.1	*	*	*	*
ALL FRUIT----------	1.9	.8	.1	.1	1.7	.4	.8	.9	.5	.5	.4	4.4
CITRUS----------	.1	*	*	*	.1	.1	*	*	.1	*	*	.9
OTHER VITAMIN C-RICH----------	.3	.1	*	*	.2	*	.1	*	*	.1	.1	1.9
OTHER----------	1.5	.7	.1	.1	1.4	.3	.6	.9	.3	.4	.3	1.5
MIXTURES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

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FOOD GROUP *	MONEY VALUE	FOOD ENERGY	PROTEIN	FAT	CARBO-HYDRATE	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	NIACIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	PERCENT OF MONEY VALUE AND NUTRIENTS FROM TOTAL FOOD AT HOME											
GRAIN, ENRICHED OR WHOLE GRAIN------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
FLOUR----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
CEREAL, PASTES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
BREAD----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER BAKERY PRODUCTS----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
GRAIN, NOT ENRICHED OR WHOLE GRAIN--	.1	.3	.2	.1	.4	*	.2	.0	.4	.1	.2	.0
FLOUR----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
CEREAL, PASTES----------	.1	.3	.2	.1	.4	*	.2	.0	.4	.1	.2	.0
BREAD----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER BAKERY PRODUCTS----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
SOUP, MIXTURES----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
FATS, OILS----------	.6	2.3	*	5.6	*	*	.0	.8	.0	.0	.0	.0
BUTTER----------	.3	.4	*	.9	*	*	.0	.8	.0	.0	.0	.0
MARGARINE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OIL, SALAD DRESSING----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
LARD----------	.3	1.9	*	4.7	*	.0	.0	.0	.0	.0	.0	.0
VEGETABLE SHORTENING----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
SUGAR, SWEETS----------	.8	.7	*	*	1.5	.2	.6	*	.1	.1	.1	.3
SUGAR, SIRUP, JELLY, CANDY--------	.8	.7	*	*	1.5	.2	.6	*	.1	.1	.1	.3
OTHER SWEETS--												
ADDED VITAMIN C----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
NO ADDED VITAMIN C----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
OTHER FOOD----------	*	*	*	.0	*	*	.0	.0	*	*	*	.0
ALCOHOLIC BEVERAGE----------	*	*	*	.0	*	*	.0	.0	*	*	*	.0
SOME NUTRITIVE VALUE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
NO NUTRITIVE VALUE----------	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY *													
	FOOD ENERGY, IN CALORIES							PROTEIN, IN GRAMS						
	ALL HOUSE-HOLDS	UNDER 1,933	1,933-2,899	2,900-3,899	3,900-4,899	4,900-5,899	5,900 AND OVER	ALL HOUSE-HOLDS	UNDER 46.7	46.7-69.9	70.0-99.9	100.0-119.9	120.0-149.9	150.0 AND OVER
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
ALL URBANIZATIONS														
ALL HOUSEHOLDS, YEAR-	100.0	1.3	10.4	27.6	28.3	16.1	16.2	100.0	.8	4.5	21.9	22.5	26.4	23.7
SPRING----------	100.0	1.4	10.2	26.1	27.5	17.2	17.5	100.0	.9	4.4	20.6	22.2	26.1	25.9
SUMMER----------	100.0	1.8	12.4	26.6	27.3	14.6	17.3	100.0	.8	5.3	24.0	22.1	25.2	22.6
FALL----------	100.0	.8	9.4	28.0	28.0	16.9	17.0	100.0	.8	3.2	20.8	23.0	26.9	25.2
WINTER----------	100.0	1.3	9.5	29.8	30.3	15.8	13.3	100.0	.7	4.8	22.4	23.2	27.7	21.3
UNDER 1,000-------	100.0	4.2	12.6	20.9	18.3	16.5	27.3	100.0	4.5	12.9	25.7	17.6	19.2	20.0
1,000-1,999-------	100.0	2.9	10.7	26.1	22.3	15.4	22.5	100.0	2.4	10.6	28.8	19.2	17.5	21.4
2,000-2,999-------	100.0	2.9	11.3	23.5	23.1	18.7	20.5	100.0	2.6	8.8	25.8	20.1	21.2	21.3
3,000-3,999-------	100.0	.9	13.1	27.0	27.4	14.5	16.9	100.0	.8	5.2	26.7	22.6	23.9	20.8
4,000-4,999-------	100.0	.9	10.7	26.2	29.0	15.7	17.4	100.0	.2	3.2	22.5	22.1	26.5	25.5
5,000-5,999-------	100.0	.9	10.7	28.0	27.7	17.3	15.4	100.0	.3	3.4	21.9	22.1	27.6	24.8
6,000-6,999-------	100.0	.4	10.6	28.8	30.7	15.0	14.4	100.0	.1	2.2	20.8	25.1	26.0	25.8
7,000-7,999-------	100.0	1.0	7.8	30.3	30.9	16.0	13.9	100.0	.0	2.4	18.2	23.8	28.7	27.0
8,000-8,999-------	100.0	.7	9.2	28.2	31.2	17.0	13.8	100.0	.1	2.6	18.2	22.5	31.4	25.3
9,000-9,999-------	100.0	.0	9.6	32.4	30.2	14.8	13.0	100.0	.0	2.1	20.6	23.8	31.1	22.5
10,000-14,999------	100.0	.1	8.0	28.7	35.3	16.7	11.2	100.0	.0	1.6	16.0	25.8	32.9	23.7
15,000 AND OVER----	100.0	1.7	7.3	29.1	30.4	17.5	14.0	100.0	.0	1.6	18.2	21.5	30.4	28.3
URBAN														
ALL HOUSEHOLDS, YEAR-	100.0	1.6	11.6	29.1	28.3	15.5	14.0	100.0	.9	4.6	22.2	22.7	26.8	23.0
SPRING----------	100.0	1.7	11.0	27.4	27.6	16.5	15.6	100.0	.9	4.3	20.7	21.8	26.1	25.9
SUMMER----------	100.0	2.2	14.2	27.6	27.6	14.4	13.8	100.0	.9	5.6	24.1	22.2	26.0	21.1
FALL----------	100.0	.8	10.4	29.9	28.0	15.6	15.3	100.0	.8	2.8	21.2	23.7	27.6	23.9
WINTER----------	100.0	1.4	10.6	31.6	29.8	15.2	11.4	100.0	.6	5.3	23.0	22.9	27.3	20.8
UNDER 1,000-------	100.0	6.5	14.2	21.7	18.9	15.8	22.9	100.0	6.0	16.0	23.5	19.2	19.3	15.8
1,000-1,999-------	100.0	3.8	13.7	27.3	22.6	13.7	18.6	100.0	3.0	11.4	31.5	17.9	16.2	20.3
2,000-2,999-------	100.0	3.5	13.2	24.0	21.2	19.3	18.7	100.0	2.6	8.8	26.9	19.2	21.0	21.5
3,000-3,999-------	100.0	1.4	14.4	28.5	27.6	13.6	14.5	100.0	1.1	4.9	28.1	22.4	24.0	19.7
4,000-4,999-------	100.0	1.3	11.7	27.1	28.4	15.9	15.6	100.0	.4	3.5	22.1	21.4	26.4	26.2
5,000-5,999-------	100.0	1.1	12.3	30.2	26.1	16.6	13.7	100.0	.2	4.1	23.3	21.6	26.5	24.4
6,000-6,999-------	100.0	.8	12.5	30.7	29.3	14.2	12.6	100.0	.4	2.6	21.1	24.7	27.5	23.8
7,000-7,999-------	100.0	1.1	7.9	32.4	30.8	15.3	12.6	100.0	.0	2.5	17.2	25.6	28.9	25.8
8,000-8,999-------	100.0	.9	9.3	28.4	32.2	17.1	12.1	100.0	.1	2.9	17.4	23.0	31.4	25.3
9,000-9,999-------	100.0	.0	11.5	35.1	29.8	12.2	11.5	100.0	.0	1.9	22.5	26.2	29.4	20.0
10,000-14,999------	100.0	.2	9.1	28.9	35.6	16.7	9.6	100.0	.0	1.8	16.6	25.7	33.4	22.6
15,000 AND OVER----	100.0	1.5	8.8	30.2	31.5	16.3	11.7	100.0	.0	2.0	19.4	22.0	30.7	25.8

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY *													
	FOOD ENERGY, IN CALORIES							PROTEIN, IN GRAMS						
	ALL HOUSE-HOLDS	UNDER 1,933	1,933-2,899	2,900-3,899	3,900-4,899	4,900-5,899	5,900 AND OVER	ALL HOUSE-HOLDS	UNDER 46.7	46.7-69.9	70.0-99.9	100.0-119.9	120.0-149.9	150.0 AND OVER
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
RURAL NONFARM														
ALL HOUSEHOLDS, YEAR-	100.0	.9	8.0	25.5	28.6	17.1	20.0	100.0	.8	4.3	22.0	22.9	25.5	24.6
SPRING----------	100.0	.6	8.6	23.9	27.8	18.2	20.7	100.0	.5	4.4	21.4	23.4	25.6	24.7
SUMMER----------	100.0	.8	9.2	26.6	26.8	13.8	23.0	100.0	.4	4.8	25.4	22.4	23.4	23.8
FALL----------	100.0	.6	7.4	24.9	27.4	19.8	19.8	100.0	1.0	4.4	20.7	21.1	24.4	28.3
WINTER----------	100.0	1.0	6.6	26.7	32.6	16.7	16.4	100.0	1.0	3.3	20.7	24.8	28.4	21.7
UNDER 1,000-------	100.0	1.2	11.4	21.8	17.1	17.4	31.0	100.0	2.5	9.8	31.3	14.8	17.7	23.7
1,000-1,999-------	100.0	1.7	6.0	27.5	22.6	16.7	25.6	100.0	2.2	10.2	26.1	22.2	19.0	20.4
2,000-2,999-------	100.0	2.2	8.4	23.2	27.0	16.9	22.2	100.0	3.0	9.4	25.0	22.4	20.6	19.5
3,000-3,999-------	100.0	.2	12.9	25.4	25.7	15.7	20.2	100.0	.2	6.7	24.5	23.7	23.5	21.4
4,000-4,999-------	100.0	.5	9.7	25.5	30.7	14.1	19.5	100.0	.0	2.5	25.1	23.3	25.5	23.6
5,000-5,999-------	100.0	.5	6.8	24.0	31.4	19.1	18.3	100.0	.4	1.8	18.7	23.6	30.3	25.2
6,000-6,999-------	100.0	.2	5.8	25.7	36.4	15.4	16.4	100.0	.0	1.2	20.7	27.8	20.2	30.0
7,000-7,999-------	100.0	1.5	8.5	24.5	32.0	17.2	16.2	100.0	.0	2.4	21.5	19.0	27.7	29.4
8,000-8,999-------	100.0	.0	9.3	29.1	28.9	16.6	16.0	100.0	.0	1.4	21.9	21.5	32.0	23.3
9,000-9,999-------	100.0	.0	2.6	23.8	31.8	23.8	17.9	100.0	.0	1.7	13.9	14.8	39.0	30.5
10,000-14,999------	100.0	.0	4.9	29.2	34.2	16.4	15.4	100.0	.0	.9	13.8	28.4	30.8	26.0
15,000 AND OVER----	100.0	2.3	1.5	26.2	23.8	21.5	24.6	100.0	.0	.0	12.4	18.5	28.5	40.8
RURAL FARM														
ALL HOUSEHOLDS, YEAR-	100.0	.7	5.5	18.6	27.3	20.2	27.8	100.0	.7	3.8	18.0	20.2	27.7	29.5
SPRING----------	100.0	.7	6.2	19.2	26.4	20.3	27.2	100.0	.8	4.5	16.0	21.1	27.5	30.1
SUMMER----------	100.0	1.3	5.4	17.2	26.0	19.2	31.1	100.0	.9	2.9	18.8	20.1	24.5	32.7
FALL----------	100.0	.1	5.0	18.1	29.5	21.7	25.5	100.0	.5	4.2	15.9	21.3	29.9	28.1
WINTER----------	100.0	.7	5.4	20.2	27.5	19.8	26.6	100.0	.3	4.0	21.8	18.3	29.6	25.8
UNDER 1,000-------	100.0	2.0	8.5	14.1	20.1	17.8	37.6	100.0	2.8	7.1	18.5	18.2	24.0	29.4
1,000-1,999-------	100.0	1.3	7.5	13.0	19.2	21.7	37.4	100.0	.5	7.0	22.3	16.4	21.2	32.6
2,000-2,999-------	100.0	1.1	6.1	21.1	24.3	18.9	28.4	100.0	1.6	7.3	20.8	20.3	24.6	25.5
3,000-3,999-------	100.0	.1	4.4	19.5	31.1	18.8	26.2	100.0	.7	4.0	22.4	21.4	24.6	27.0
4,000-4,999-------	100.0	.1	5.4	19.9	27.4	20.9	26.4	100.0	.0	2.8	16.7	23.3	31.0	26.2
5,000-5,999-------	100.0	1.2	5.3	17.0	33.2	19.2	24.1	100.0	1.0	1.5	16.2	23.2	29.6	28.4
6,000-6,999-------	100.0	.0	6.3	16.8	22.8	25.4	28.7	100.0	.5	1.9	14.7	17.8	31.3	33.8
7,000-7,999-------	100.0	.0	2.3	21.0	26.1	24.9	25.8	100.0	.0	.0	17.7	15.1	30.3	36.8
8,000-8,999-------	100.0	.0	6.3	19.6	24.8	15.6	33.6	100.0	.0	2.7	13.2	19.4	28.7	35.9
9,000-9,999-------	100.0	.0	4.7	21.5	32.4	21.6	19.8	100.0	.0	6.6	13.4	20.6	26.0	33.5
10,000-14,999------	100.0	.0	2.7	20.6	32.4	18.9	25.3	100.0	.0	1.4	13.6	16.6	33.7	34.6
15,000 AND OVER----	100.0	2.0	3.0	21.2	36.9	23.5	13.3	100.0	.0	2.3	15.5	25.0	33.6	23.8

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY *													
	CALCIUM, IN MILLIGRAMS							IRON, IN MILLIGRAMS						
	ALL HOUSE-HOLDS	UNDER 533	533-799	800-999	1000-1199	1200-1399	1400 AND OVER	ALL HOUSE-HOLDS	UNDER 6.7	6.7-9.9	10.0-13.9	14.0-17.9	18.0-21.9	22.0 AND OVER
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
ALL URBANIZATIONS														
ALL HOUSEHOLDS, YEAR-	100.0	7.7	22.9	21.1	18.4	12.1	18.1	100.0	1.4	8.5	27.8	27.5	16.6	18.4
SPRING----------	100.0	7.9	22.5	20.7	18.3	12.2	18.5	100.0	1.6	8.0	26.0	27.9	16.9	19.6
SUMMER----------	100.0	9.2	23.3	20.6	18.0	11.4	17.5	100.0	1.6	9.5	29.1	26.9	15.6	17.2
FALL----------	100.0	6.3	22.7	20.9	18.8	12.6	18.6	100.0	1.0	7.9	26.3	27.6	18.1	19.2
WINTER----------	100.0	7.1	22.6	21.8	18.4	12.1	17.8	100.0	1.2	8.0	29.8	27.7	16.0	17.5
UNDER 1,000-------	100.0	15.5	25.5	13.4	13.9	8.4	23.4	100.0	5.2	10.5	23.0	21.1	13.7	26.7
1,000-1,999-------	100.0	12.8	24.3	17.8	14.5	8.3	22.3	100.0	2.5	9.3	22.9	23.6	16.1	25.6
2,000-2,999-------	100.0	12.2	24.1	18.7	15.7	9.7	19.5	100.0	2.3	9.1	22.9	25.3	16.9	23.6
3,000-3,999-------	100.0	9.3	27.9	16.6	17.1	10.6	18.4	100.0	1.4	9.8	26.1	27.3	15.6	19.8
4,000-4,999-------	100.0	7.3	23.5	20.5	19.4	12.0	17.3	100.0	.9	6.8	28.8	26.8	18.1	18.4
5,000-5,999-------	100.0	6.6	23.2	22.6	18.0	12.6	17.0	100.0	1.1	9.2	25.8	27.8	16.8	19.4
6,000-6,999-------	100.0	5.2	23.3	23.7	19.2	12.3	16.3	100.0	1.0	8.6	28.0	29.7	15.9	16.7
7,000-7,999-------	100.0	5.0	20.5	21.6	21.1	15.0	16.8	100.0	.8	7.1	28.9	31.3	17.7	14.2
8,000-8,999-------	100.0	6.0	20.4	22.2	21.0	14.4	16.0	100.0	.6	7.2	32.6	27.7	16.7	15.2
9,000-9,999-------	100.0	4.1	23.9	22.1	18.7	13.5	17.7	100.0	.0	6.4	33.7	29.0	17.0	13.9
10,000-14,999------	100.0	3.8	17.8	24.7	22.0	14.0	17.6	100.0	.4	6.8	32.8	31.0	15.4	13.5
15,000 AND OVER----	100.0	4.4	20.4	24.5	19.4	13.1	18.5	100.0	.0	8.4	32.0	25.7	17.9	16.0
URBAN														
ALL HOUSEHOLDS, YEAR-	100.0	8.1	24.0	21.7	18.5	11.8	15.8	100.0	1.5	9.3	29.2	27.5	16.0	16.6
SPRING----------	100.0	8.4	23.6	21.1	18.7	11.6	16.7	100.0	1.8	8.5	26.6	28.4	16.4	18.2
SUMMER----------	100.0	10.1	23.8	21.8	18.3	11.6	14.3	100.0	2.0	11.4	30.0	26.4	15.2	14.7
FALL----------	100.0	6.8	24.2	21.8	18.6	12.2	16.4	100.0	.9	8.5	27.7	27.8	17.2	18.0
WINTER----------	100.0	7.3	24.4	22.1	18.6	11.9	15.8	100.0	1.2	9.1	32.2	26.9	15.5	15.4
UNDER 1,000-------	100.0	18.0	29.8	12.2	14.0	9.1	16.8	100.0	6.9	13.2	26.6	18.3	13.2	21.9
1,000-1,999-------	100.0	16.1	26.3	18.8	13.6	8.4	16.7	100.0	3.2	10.8	27.8	22.3	13.5	22.5
2,000-2,999-------	100.0	13.7	26.5	18.6	16.9	9.0	15.4	100.0	2.4	10.7	24.4	25.0	17.2	20.1
3,000-3,999-------	100.0	11.2	28.7	16.4	17.5	9.7	16.5	100.0	1.6	10.4	27.2	29.1	15.3	16.5
4,000-4,999-------	100.0	7.1	24.8	20.9	19.6	12.3	15.2	100.0	1.2	7.3	28.9	27.1	18.8	16.8
5,000-5,999-------	100.0	7.3	24.4	23.0	17.4	12.5	15.5	100.0	1.1	10.8	26.5	27.2	15.9	18.5
6,000-6,999-------	100.0	5.6	24.7	24.5	19.4	11.7	14.3	100.0	1.3	9.2	28.5	28.9	16.0	16.2
7,000-7,999-------	100.0	5.5	22.2	22.8	20.1	14.5	15.0	100.0	.9	7.8	29.4	31.5	16.8	13.6
8,000-8,999-------	100.0	6.4	21.0	21.1	22.4	14.9	14.2	100.0	.6	7.3	33.0	27.9	16.4	14.7
9,000-9,999-------	100.0	4.1	26.1	23.3	18.0	12.9	15.6	100.0	.0	7.7	36.3	26.9	16.8	12.3
10,000-14,999------	100.0	3.7	18.5	25.1	23.1	12.2	17.4	100.0	.5	7.5	33.8	30.7	14.1	13.5
15,000 AND OVER----	100.0	5.1	21.6	25.5	17.8	12.3	17.7	100.0	.0	8.4	33.8	26.3	17.1	14.3

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY ‡													
	CALCIUM, IN MILLIGRAMS							IRON, IN MILLIGRAMS						
	ALL HOUSE-HOLDS	UNDER 533	533-799	800-999	1000-1199	1200-1399	1400 AND OVER	ALL HOUSE-HOLDS	UNDER 6.7	6.7-9.9	10.0-13.9	14.0-17.9	18.0-21.9	22.0 AND OVER
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
RURAL NONFARM														
ALL HOUSEHOLDS, YEAR-	100.0	6.5	20.7	19.9	18.2	12.4	22.4	100.0	1.1	6.6	25.7	28.2	17.0	21.5
SPRING----------	100.0	6.5	20.4	20.2	17.7	13.7	21.5	100.0	.8	7.9	25.2	27.4	17.3	21.5
SUMMER----------	100.0	6.8	23.6	18.8	16.8	10.4	23.8	100.0	.6	6.0	29.0	28.2	15.4	21.0
FALL----------	100.0	5.3	20.3	18.8	19.4	13.1	23.2	100.0	1.3	6.8	24.1	27.4	19.1	21.3
WINTER----------	100.0	7.0	18.6	22.0	18.8	12.6	20.9	100.0	1.6	5.7	24.2	29.8	16.4	22.2
UNDER 1,000-------	100.0	12.7	21.2	15.5	13.0	7.0	30.7	100.0	3.2	6.3	20.6	25.9	12.0	32.0
1,000-1,999-------	100.0	7.9	23.8	17.7	15.1	6.5	29.1	100.0	1.7	7.8	15.5	27.0	19.7	28.3
2,000-2,999-------	100.0	11.2	20.2	19.7	14.1	11.1	23.9	100.0	2.4	6.8	18.9	27.4	14.9	29.6
3,000-3,999-------	100.0	5.3	28.5	16.6	16.0	12.4	21.0	100.0	1.2	10.4	25.6	21.2	15.5	26.2
4,000-4,999-------	100.0	8.2	21.6	19.8	19.2	10.4	20.8	100.0	.5	6.5	30.4	26.8	14.7	21.2
5,000-5,999-------	100.0	4.9	20.6	22.0	20.3	12.7	19.5	100.0	1.1	5.1	25.6	28.5	18.5	21.2
6,000-6,999-------	100.0	4.8	20.9	22.2	18.8	13.5	19.8	100.0	.2	8.1	27.8	32.9	15.0	16.0
7,000-7,999-------	100.0	4.0	16.0	17.5	24.5	16.6	21.3	100.0	.9	5.0	28.0	32.0	19.6	14.7
8,000-8,999-------	100.0	5.1	18.4	27.1	16.6	12.5	20.1	100.0	.0	7.6	33.0	27.1	17.3	14.9
9,000-9,999-------	100.0	3.6	17.1	17.5	21.5	15.2	25.1	100.0	.0	1.3	25.1	38.6	16.2	18.8
10,000-14,999------	100.0	4.6	15.3	23.9	17.4	21.2	17.8	100.0	.2	4.8	30.6	33.0	19.3	12.0
15,000 AND OVER----	100.0	.0	16.2	19.3	24.6	16.9	23.1	100.0	.0	10.0	23.0	22.3	20.0	24.6
RURAL FARM														
ALL HOUSEHOLDS, YEAR-	100.0	5.9	17.7	18.0	17.6	13.3	27.5	100.0	.8	4.7	20.4	26.1	21.3	26.8
SPRING----------	100.0	6.8	18.3	17.7	16.6	12.8	27.8	100.0	1.0	4.2	20.7	24.7	20.4	28.9
SUMMER----------	100.0	6.4	18.5	16.6	19.4	12.6	26.4	100.0	.6	4.9	20.0	26.1	20.6	28.0
FALL----------	100.0	5.3	16.5	19.3	18.6	14.7	25.5	100.0	.7	6.0	19.6	26.4	23.1	24.2
WINTER----------	100.0	5.1	17.3	18.3	15.0	13.1	31.2	100.0	.8	3.7	21.2	27.4	21.3	25.5
UNDER 1,000-------	100.0	11.2	16.9	12.9	16.1	9.5	33.4	100.0	2.9	9.9	12.0	19.3	21.6	34.2
1,000-1,999-------	100.0	8.2	13.3	12.2	17.8	14.0	34.5	100.0	1.4	4.7	16.6	20.4	20.8	36.0
2,000-2,999-------	100.0	6.1	19.8	16.6	12.3	9.9	35.1	100.0	1.3	3.9	23.7	21.2	19.7	30.1
3,000-3,999-------	100.0	6.6	20.1	18.1	17.4	12.3	25.4	100.0	.4	4.4	19.0	29.9	18.8	27.5
4,000-4,999-------	100.0	4.2	20.9	19.1	18.1	14.8	22.9	100.0	.2	4.1	22.6	25.7	24.9	22.5
5,000-5,999-------	100.0	5.9	19.5	19.7	16.7	13.2	25.1	100.0	.7	5.6	17.0	32.6	20.7	23.3
6,000-6,999-------	100.0	3.8	14.7	20.4	19.6	14.4	27.1	100.0	.7	4.6	20.3	26.4	19.7	28.4
7,000-7,999-------	100.0	3.5	12.0	19.9	21.7	15.1	27.9	100.0	.0	3.2	25.8	23.1	24.6	23.1
8,000-8,999-------	100.0	3.6	18.1	18.7	16.2	14.2	29.0	100.0	.0	4.2	21.8	25.1	21.2	27.6
9,000-9,999-------	100.0	6.8	14.7	18.2	17.1	17.4	25.7	100.0	.0	5.9	20.7	23.8	26.7	22.7
10,000-14,999------	100.0	3.9	16.5	21.0	17.9	18.2	22.5	100.0	.0	3.5	21.3	27.8	25.9	21.3
15,000 AND OVER----	100.0	7.7	15.9	25.1	26.2	10.8	14.2	100.0	.0	2.3	33.3	29.7	23.3	11.5

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY *													
	VITAMIN A VALUE, IN INTERNATIONAL UNITS							THIAMIN, IN MILLIGRAMS						
	ALL HOUSE-HOLDS	UNDER 3,333	3,333-4,999	5,000-7,499	7,500-9,999	10,000-14,999	15,000 AND OVER	ALL HOUSE-HOLDS	UNDER 0.80	0.80-1.19	1.20-1.79	1.80-2.39	2.40-2.79	2.80 AND OVER
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
ALL URBANIZATIONS														
ALL HOUSEHOLDS, YEAR-	100.0	7.7	15.8	27.9	20.2	17.5	10.9	100.0	1.5	7.3	29.7	31.3	12.5	17.6
SPRING----------	100.0	9.5	16.3	28.2	18.9	16.3	10.8	100.0	1.3	6.7	27.9	31.9	13.3	18.9
SUMMER----------	100.0	6.7	14.7	27.6	20.4	19.9	10.7	100.0	1.9	8.5	31.1	29.7	11.1	17.7
FALL----------	100.0	6.9	15.0	26.7	20.6	19.0	11.7	100.0	1.5	6.8	28.5	32.2	12.9	18.0
WINTER----------	100.0	7.8	17.4	29.1	20.7	15.1	9.9	100.0	1.2	7.2	31.4	31.6	12.7	15.8
UNDER 1,000-------	100.0	22.0	18.4	20.1	12.4	16.2	10.8	100.0	4.9	11.1	23.0	24.4	13.0	23.5
1,000-1,999-------	100.0	17.3	16.3	23.7	14.7	13.8	14.2	100.0	3.2	9.7	26.9	25.4	12.6	22.1
2,000-2,999-------	100.0	12.4	17.9	24.6	15.3	17.8	12.2	100.0	2.0	8.0	28.7	26.7	13.8	20.9
3,000-3,999-------	100.0	10.1	16.1	27.6	18.7	16.2	11.3	100.0	.8	9.2	31.4	27.2	12.8	18.6
4,000-4,999-------	100.0	6.9	16.5	29.1	20.5	15.8	11.2	100.0	1.2	6.8	27.8	31.8	12.9	19.6
5,000-5,999-------	100.0	6.4	15.4	28.3	20.3	17.7	12.1	100.0	1.1	7.5	29.8	30.4	12.7	18.4
6,000-6,999-------	100.0	4.2	17.2	28.2	23.3	18.0	9.2	100.0	.6	5.7	29.9	36.1	12.8	14.9
7,000-7,999-------	100.0	4.8	14.5	30.1	21.9	18.8	9.9	100.0	1.3	5.4	28.0	35.7	12.8	16.7
8,000-8,999-------	100.0	4.0	15.8	31.8	20.7	16.3	11.4	100.0	1.2	6.0	30.3	33.0	13.1	16.3
9,000-9,999-------	100.0	4.7	13.8	30.9	23.0	19.7	8.0	100.0	.6	5.9	35.4	31.9	11.3	14.8
10,000-14,999------	100.0	2.7	13.5	31.7	24.7	17.8	9.7	100.0	.7	5.8	31.3	36.9	12.0	13.3
15,000 AND OVER----	100.0	2.4	11.0	26.4	21.2	27.1	11.9	100.0	.4	6.8	33.9	34.8	8.7	15.4
URBAN														
ALL HOUSEHOLDS, YEAR-	100.0	7.0	15.8	27.8	20.5	17.9	11.0	100.0	1.7	8.2	31.2	31.4	11.8	15.6
SPRING----------	100.0	8.6	15.7	27.5	18.8	17.5	11.8	100.0	1.6	7.3	29.1	32.0	12.9	17.1
SUMMER----------	100.0	5.9	14.5	27.7	20.7	20.2	10.9	100.0	2.2	9.7	32.6	30.1	10.7	14.7
FALL----------	100.0	6.4	15.1	26.6	21.1	19.6	11.4	100.0	1.8	7.3	29.5	32.6	11.7	17.0
WINTER----------	100.0	7.2	17.6	29.3	21.3	14.4	10.2	100.0	1.3	8.5	33.7	31.2	12.1	13.5
UNDER 1,000-------	100.0	25.4	16.0	19.1	11.0	18.0	10.5	100.0	6.2	14.2	23.9	24.4	14.2	17.0
1,000-1,999-------	100.0	17.2	17.3	24.0	14.2	13.2	14.1	100.0	4.8	11.1	31.0	24.1	11.5	17.6
2,000-2,999-------	100.0	11.3	17.5	22.1	15.6	19.8	13.6	100.0	2.5	9.4	30.2	25.9	12.8	19.2
3,000-3,999-------	100.0	8.6	16.7	27.8	18.2	16.9	11.9	100.0	.9	10.9	32.8	26.2	12.7	16.4
4,000-4,999-------	100.0	5.8	14.8	29.2	20.1	17.2	12.8	100.0	1.4	7.4	29.4	31.2	12.8	18.0
5,000-5,999-------	100.0	6.6	15.9	26.5	20.3	18.1	12.4	100.0	1.2	8.8	30.6	30.6	11.4	17.3
6,000-6,999-------	100.0	4.1	17.0	28.1	23.6	18.4	8.8	100.0	.9	6.9	30.3	36.6	12.0	13.4
7,000-7,999-------	100.0	4.0	15.3	29.9	22.0	18.8	10.1	100.0	1.5	5.5	28.9	35.5	12.4	16.0
8,000-8,999-------	100.0	3.7	15.3	32.5	22.2	14.4	11.9	100.0	1.5	5.9	31.1	33.7	12.4	15.3
9,000-9,999-------	100.0	4.8	14.3	32.2	23.3	17.8	7.7	100.0	.8	7.0	37.7	31.7	11.0	11.9
10,000-14,999------	100.0	2.9	13.4	32.1	24.3	17.5	10.1	100.0	.6	6.7	32.3	36.4	11.7	12.3
15,000 AND OVER----	100.0	2.4	11.7	25.2	23.2	25.2	12.5	100.0	.5	7.4	35.0	37.7	7.5	12.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY *													
	VITAMIN A VALUE, IN INTERNATIONAL UNITS							THIAMIN, IN MILLIGRAMS						
	ALL HOUSE-HOLDS	UNDER 3,333	3,333-4,999	5,000-7,499	7,500-9,999	10,000-14,999	15,000 AND OVER	ALL HOUSE-HOLDS	UNDER 0.80	0.80-1.19	1.20-1.79	1.80-2.39	2.40-2.79	2.80 AND OVER
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
RURAL NONFARM														
ALL HOUSEHOLDS, YEAR-	100.0	9.6	16.3	28.6	19.2	16.6	9.8	100.0	.9	5.9	27.5	31.2	13.7	20.9
SPRING----------	100.0	11.7	17.3	30.1	19.2	13.3	8.5	100.0	.7	6.0	25.8	31.7	13.9	21.9
SUMMER----------	100.0	9.0	15.2	28.3	19.6	18.0	10.0	100.0	.8	6.2	30.2	29.0	12.0	22.0
FALL----------	100.0	8.4	15.4	27.2	19.0	17.9	12.0	100.0	.8	6.0	27.6	31.2	15.2	19.0
WINTER----------	100.0	9.4	17.2	29.0	19.0	17.0	8.4	100.0	1.2	5.0	26.3	32.9	13.9	20.7
UNDER 1,000-------	100.0	18.7	21.8	20.9	13.0	14.6	11.0	100.0	3.8	7.0	23.7	24.4	11.4	29.7
1,000-1,999-------	100.0	18.4	14.1	23.0	16.4	14.2	13.9	100.0	.9	8.9	21.3	28.0	14.4	26.5
2,000-2,999-------	100.0	14.8	18.9	29.6	13.5	14.3	9.0	100.0	1.0	6.2	28.4	26.8	16.1	21.5
3,000-3,999-------	100.0	14.1	15.3	28.3	18.5	13.8	10.0	100.0	.8	6.3	31.7	28.7	12.2	20.3
4,000-4,999-------	100.0	10.1	20.3	29.4	20.2	12.2	7.7	100.0	.5	6.3	26.6	32.2	12.6	21.8
5,000-5,999-------	100.0	5.9	14.6	33.0	19.9	15.7	10.9	100.0	.9	4.3	29.1	29.8	15.3	20.7
6,000-6,999-------	100.0	5.3	17.6	28.8	23.2	16.3	8.8	100.0	.2	2.6	30.3	35.6	14.3	17.0
7,000-7,999-------	100.0	7.3	12.2	32.2	21.7	17.9	8.8	100.0	.6	5.8	25.2	37.3	13.6	17.5
8,000-8,999-------	100.0	4.8	17.4	30.9	15.3	22.9	8.6	100.0	.0	7.3	27.8	32.0	14.9	18.1
9,000-9,999-------	100.0	4.9	12.6	25.1	22.9	26.4	8.0	100.0	.0	1.7	28.7	33.7	10.3	25.6
10,000-14,999------	100.0	2.1	15.2	30.8	26.0	18.1	7.7	100.0	.7	2.6	28.9	39.7	13.0	14.9
15,000 AND OVER----	100.0	2.3	6.9	33.1	11.5	35.4	10.8	100.0	.0	4.6	30.0	21.5	12.3	31.5
RURAL FARM														
ALL HOUSEHOLDS, YEAR-	100.0	8.1	15.2	26.4	20.3	18.5	11.6	100.0	.7	4.1	21.1	30.7	15.2	28.2
SPRING----------	100.0	11.7	18.5	28.9	18.8	14.5	7.8	100.0	.8	3.3	20.6	32.0	15.4	27.9
SUMMER----------	100.0	6.1	14.2	23.8	21.1	23.6	11.2	100.0	.6	5.5	20.0	29.0	12.3	32.7
FALL----------	100.0	6.6	12.2	26.4	21.4	17.7	15.8	100.0	.6	4.4	20.5	31.2	17.9	25.2
WINTER----------	100.0	8.2	15.9	26.8	19.8	17.4	12.0	100.0	1.0	3.0	23.4	30.8	15.6	26.1
UNDER 1,000-------	100.0	14.9	19.8	23.1	18.4	11.9	12.1	100.0	1.7	8.8	15.6	25.1	12.2	36.8
1,000-1,999-------	100.0	14.3	18.1	24.6	11.5	16.7	14.7	100.0	1.3	3.7	19.8	25.7	13.3	36.2
2,000-2,999-------	100.0	12.7	17.3	27.3	17.7	14.2	10.9	100.0	.9	4.0	19.1	31.3	14.4	30.5
3,000-3,999-------	100.0	11.0	14.2	24.3	22.9	17.7	9.9	100.0	.2	3.2	20.4	31.1	14.7	30.6
4,000-4,999-------	100.0	4.9	17.0	27.0	24.9	16.6	9.5	100.0	1.1	3.7	18.6	35.6	15.0	25.9
5,000-5,999-------	100.0	5.1	11.9	31.5	21.8	19.0	10.7	100.0	1.3	5.0	22.8	30.9	16.9	23.1
6,000-6,999-------	100.0	2.8	17.3	26.0	18.7	19.8	15.5	100.0	.0	4.5	20.4	32.1	17.3	25.7
7,000-7,999-------	100.0	6.5	13.5	21.1	21.9	23.8	13.1	100.0	.0	2.6	23.1	28.8	17.1	28.6
8,000-8,999-------	100.0	6.0	18.6	22.3	18.4	22.5	12.2	100.0	.0	1.6	28.0	26.3	17.1	27.0
9,000-9,999-------	100.0	1.6	11.0	35.9	17.6	23.1	10.8	100.0	.0	6.6	21.5	28.5	23.4	19.9
10,000-14,999------	100.0	2.8	6.1	26.4	27.5	24.3	12.7	100.0	.0	3.3	22.5	31.2	14.1	28.9
15,000 AND OVER----	100.0	5.0	14.8	22.4	24.1	29.3	4.5	100.0	.7	6.3	27.9	37.0	16.0	12.3

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY *													
	RIBOFLAVIN, IN MILLIGRAMS							ASCORBIC ACID, IN MILLIGRAMS						
	ALL HOUSE-HOLDS	UNDER 1.13	1.13-1.69	1.70-2.49	2.50-2.89	2.90-3.29	3.30 AND OVER	ALL HOUSE-HOLDS	UNDER 47	47-69	70-89	90-129	130-169	170 AND OVER
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
ALL URBANIZATIONS														
ALL HOUSEHOLDS, YEAR-	100.0	.9	5.0	24.9	17.2	15.5	36.5	100.0	10.3	14.6	14.0	25.7	16.0	19.3
SPRING----------	100.0	.9	5.1	19.4	15.1	15.1	44.2	100.0	12.9	14.1	13.8	24.0	16.2	19.0
SUMMER----------	100.0	1.3	5.1	25.7	16.5	15.4	35.8	100.0	8.9	13.5	14.0	26.7	17.0	19.9
FALL----------	100.0	.8	4.1	24.1	18.4	15.4	37.4	100.0	10.7	16.2	15.1	25.9	15.1	17.0
WINTER----------	100.0	.7	4.9	25.9	17.9	16.0	34.5	100.0	8.8	14.7	13.3	26.4	15.6	21.1
UNDER 1,000-------	100.0	4.6	10.9	25.3	10.2	13.9	35.1	100.0	26.0	17.4	13.0	16.7	11.1	16.0
1,000-1,999-------	100.0	2.2	8.7	26.9	13.5	12.7	35.9	100.0	20.0	18.4	15.0	20.4	10.8	15.6
2,000-2,999-------	100.0	2.1	8.3	25.0	15.2	11.1	38.3	100.0	18.0	16.8	14.5	22.4	13.2	15.2
3,000-3,999-------	100.0	1.0	6.1	27.6	17.4	14.0	33.8	100.0	15.5	19.3	13.9	24.6	13.2	13.6
4,000-4,999-------	100.0	.5	4.6	25.9	17.3	14.6	37.0	100.0	10.4	16.2	16.9	25.4	13.3	17.8
5,000-5,999-------	100.0	.7	3.9	26.0	17.0	15.4	36.9	100.0	9.3	15.7	15.3	26.4	15.6	17.8
6,000-6,999-------	100.0	.2	3.5	25.2	18.7	17.4	34.9	100.0	6.8	14.4	15.7	27.3	17.0	18.8
7,000-7,999-------	100.0	.4	3.6	22.8	16.7	18.2	38.1	100.0	5.5	12.8	14.8	29.5	18.5	19.0
8,000-8,999-------	100.0	.3	3.1	22.4	18.6	20.1	35.5	100.0	5.1	11.4	13.6	30.4	17.5	22.1
9,000-9,999-------	100.0	.1	3.2	25.1	20.2	17.2	34.1	100.0	6.6	13.2	9.0	27.6	20.5	23.1
10,000-14,999------	100.0	.2	1.9	21.8	19.9	17.3	38.9	100.0	3.7	9.7	10.6	28.9	22.0	25.1
15,000 AND OVER----	100.0	.0	3.2	21.2	17.8	16.2	41.4	100.0	1.2	6.8	10.9	29.1	20.3	31.7
URBAN														
ALL HOUSEHOLDS, YEAR-	100.0	1.0	5.5	25.2	17.9	15.5	35.0	100.0	9.4	14.0	14.0	26.1	16.2	20.2
SPRING----------	100.0	1.0	5.5	19.9	15.0	15.1	43.7	100.0	12.0	13.0	13.2	24.3	17.2	20.4
SUMMER----------	100.0	1.6	5.7	26.4	17.1	15.3	33.7	100.0	9.0	13.3	14.8	26.9	16.9	19.1
FALL----------	100.0	.9	3.8	24.4	19.0	15.6	36.1	100.0	9.5	15.0	14.8	27.0	15.2	18.6
WINTER----------	100.0	.7	5.8	26.0	19.1	15.9	32.4	100.0	7.4	14.8	13.3	26.3	15.5	22.8
UNDER 1,000-------	100.0	5.9	13.4	26.6	8.9	13.6	31.4	100.0	25.2	16.2	13.6	18.0	10.0	17.0
1,000-1,999-------	100.0	2.8	11.2	27.9	14.6	12.2	31.2	100.0	19.2	19.3	17.1	17.8	9.4	17.2
2,000-2,999-------	100.0	2.0	9.6	24.8	16.5	10.5	36.6	100.0	16.1	15.8	15.0	21.3	14.3	17.4
3,000-3,999-------	100.0	1.4	6.6	26.4	19.3	13.0	33.1	100.0	14.6	19.4	13.4	24.9	13.7	14.0
4,000-4,999-------	100.0	.7	4.5	26.4	16.9	14.1	37.6	100.0	10.3	14.6	16.8	25.9	13.9	18.4
5,000-5,999-------	100.0	.7	4.8	26.3	16.2	17.1	35.0	100.0	10.0	15.1	15.4	26.4	15.0	18.1
6,000-6,999-------	100.0	.3	4.2	26.3	18.6	17.2	33.4	100.0	6.9	13.3	15.1	27.6	16.4	20.6
7,000-7,999-------	100.0	.6	3.9	24.3	17.2	17.3	36.9	100.0	4.9	13.7	14.8	29.4	18.2	19.0
8,000-8,999-------	100.0	.3	3.6	22.3	18.7	20.1	35.0	100.0	4.4	11.2	13.7	31.2	18.3	21.4
9,000-9,999-------	100.0	.1	3.5	27.1	22.3	14.5	32.5	100.0	6.3	12.9	10.1	28.4	20.8	21.2
10,000-14,999------	100.0	.1	2.0	22.1	20.8	17.4	37.8	100.0	3.6	9.3	10.7	29.1	21.7	25.7
15,000 AND OVER----	100.0	.0	3.4	22.0	18.5	17.7	38.5	100.0	1.2	7.4	8.3	29.8	21.5	31.8

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY *													
	RIBOFLAVIN, IN MILLIGRAMS							ASCORBIC ACID, IN MILLIGRAMS						
	ALL HOUSE-HOLDS	UNDER 1.13	1.13-1.69	1.70-2.49	2.50-2.89	2.90-3.29	3.30 AND OVER	ALL HOUSE-HOLDS	UNDER 47	47-69	70-89	90-129	130-169	170 AND OVER
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
RURAL NONFARM														
ALL HOUSEHOLDS, YEAR-	100.0	.7	3.9	25.5	16.0	15.7	38.3	100.0	12.3	16.3	13.9	24.9	15.5	17.3
SPRING----------	100.0	.7	4.9	18.9	16.1	15.4	44.0	100.0	14.8	16.6	14.8	23.2	13.8	16.7
SUMMER----------	100.0	.6	3.8	26.2	15.6	15.8	38.1	100.0	9.0	14.8	12.0	26.6	17.0	20.8
FALL----------	100.0	.6	4.0	24.8	17.1	14.6	38.8	100.0	13.5	18.9	15.6	22.8	15.4	13.7
WINTER----------	100.0	.8	2.4	26.6	14.9	16.6	38.7	100.0	12.0	14.9	13.1	26.7	15.8	17.6
UNDER 1,000-------	100.0	3.5	7.0	25.6	12.0	14.9	37.0	100.0	26.5	21.1	11.1	13.6	12.6	14.9
1,000-1,999-------	100.0	1.3	5.2	27.3	12.7	13.6	39.9	100.0	21.5	16.0	11.3	25.0	12.9	13.2
2,000-2,999-------	100.0	2.4	6.2	27.5	12.9	12.1	39.0	100.0	21.6	18.9	13.0	24.2	11.2	11.3
3,000-3,999-------	100.0	.4	5.6	32.0	13.2	16.1	32.9	100.0	18.0	20.2	14.5	23.3	11.7	12.2
4,000-4,999-------	100.0	.0	5.7	26.4	18.5	15.2	34.2	100.0	11.1	19.8	17.4	23.8	10.9	17.0
5,000-5,999-------	100.0	.5	1.4	27.0	19.4	11.0	40.7	100.0	6.6	18.4	14.6	25.8	17.0	17.6
6,000-6,999-------	100.0	.0	2.2	23.6	19.4	18.0	36.7	100.0	6.8	17.0	18.2	26.3	17.9	13.7
7,000-7,999-------	100.0	.0	3.6	19.6	15.4	22.0	39.4	100.0	7.5	9.6	14.9	30.1	19.6	18.3
8,000-8,999-------	100.0	.0	1.0	24.3	18.8	20.8	35.1	100.0	7.9	11.8	13.2	27.1	15.3	24.7
9,000-9,999-------	100.0	.0	1.7	19.3	12.6	27.4	39.0	100.0	7.5	15.2	4.0	24.2	18.0	30.9
10,000-14,999------	100.0	.7	1.7	22.4	16.1	17.6	41.4	100.0	5.0	10.8	10.1	28.0	23.4	22.7
15,000 AND OVER----	100.0	.0	2.3	17.7	14.6	9.2	56.2	100.0	.0	3.8	20.8	26.9	15.3	33.1
RURAL FARM														
ALL HOUSEHOLDS, YEAR-	100.0	.8	4.2	18.5	14.9	15.0	46.6	100.0	12.5	15.3	14.7	25.8	15.9	15.8
SPRING----------	100.0	1.0	4.0	16.8	13.0	13.6	51.6	100.0	16.7	17.7	16.0	23.9	13.6	12.2
SUMMER----------	100.0	1.1	3.5	18.2	13.4	15.2	48.7	100.0	7.7	12.0	12.3	25.2	18.6	24.1
FALL----------	100.0	.4	4.5	16.5	16.2	15.6	46.7	100.0	13.7	17.9	15.5	26.8	14.0	12.3
WINTER----------	100.0	.9	3.6	21.9	15.3	13.8	44.5	100.0	12.5	13.6	15.3	27.7	17.6	13.4
UNDER 1,000-------	100.0	1.9	9.5	17.1	10.9	12.3	48.4	100.0	27.6	11.0	15.8	19.9	11.4	14.3
1,000-1,999-------	100.0	1.6	5.6	17.7	9.5	12.8	52.7	100.0	19.7	19.3	14.3	20.8	12.1	13.8
2,000-2,999-------	100.0	1.4	5.5	20.4	13.2	11.7	47.7	100.0	20.3	17.1	15.4	24.4	11.2	11.6
3,000-3,999-------	100.0	.1	3.4	24.6	14.5	15.8	41.5	100.0	14.2	16.5	15.1	25.4	13.8	15.1
4,000-4,999-------	100.0	.0	3.3	21.2	16.1	17.6	41.9	100.0	8.4	16.4	15.3	27.0	18.3	14.5
5,000-5,999-------	100.0	1.1	3.8	18.7	18.2	13.1	45.3	100.0	9.4	13.4	15.6	28.8	17.7	15.1
6,000-6,999-------	100.0	1.0	2.5	14.8	16.4	17.4	48.0	100.0	6.6	15.0	12.9	25.3	21.6	18.6
7,000-7,999-------	100.0	.0	1.5	14.0	14.0	15.6	55.0	100.0	8.9	14.4	13.5	26.8	15.1	21.5
8,000-8,999-------	100.0	.0	2.4	17.4	16.9	15.0	48.3	100.0	6.9	13.6	12.2	30.1	15.8	21.5
9,000-9,999-------	100.0	.5	3.5	15.2	13.7	22.9	44.1	100.0	5.2	8.8	9.8	28.5	24.7	23.1
10,000-14,999------	100.0	.0	2.6	13.2	19.3	15.0	49.9	100.0	2.8	11.2	13.3	29.4	20.0	23.3
15,000 AND OVER----	100.0	.0	7.0	21.6	17.9	18.3	35.3	100.0	5.7	8.5	19.4	24.8	17.8	23.8

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY							
	ANY NUTRIENT (OF 7)	PROTEIN	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
LESS THAN RECOMMENDED ALLOWANCE (1963)								
ALL HOUSEHOLDS, YEAR-	49.7	5.3	30.6	9.9	23.5	8.8	5.9	24.9
SPRING----------	50.5	5.3	30.4	9.6	25.8	8.0	6.0	27.0
SUMMER----------	49.1	6.1	32.5	11.1	21.4	10.4	6.4	22.4
FALL----------	49.3	4.0	29.0	8.9	21.9	8.3	4.9	26.9
WINTER----------	50.0	5.5	29.7	9.2	25.2	8.4	5.6	23.5
UNDER 1,000-------	64.0	17.4	41.0	15.7	40.4	16.0	15.5	43.4
1,000-1,999-------	61.6	13.0	37.1	11.8	33.6	12.9	10.9	38.4
2,000-2,999-------	59.4	11.4	36.3	11.4	30.3	10.0	10.4	34.8
3,000-3,999-------	58.5	6.0	37.2	11.2	26.2	10.0	7.1	34.8
4,000-4,999-------	51.8	3.4	30.8	7.7	23.4	8.0	5.1	26.6
5,000-5,999-------	49.1	3.7	29.8	10.3	21.8	8.6	4.6	25.0
6,000-6,999-------	46.9	2.3	28.5	9.6	21.4	6.3	3.7	21.2
7,000-7,999-------	41.6	2.4	25.5	7.9	19.3	6.7	4.0	18.3
8,000-8,999-------	43.7	2.7	26.4	7.8	19.8	7.2	3.4	16.5
9,000-9,999-------	42.7	2.1	28.0	6.4	18.5	6.5	3.3	19.8
10,000-14,999------	38.3	1.6	21.6	7.2	16.2	6.5	2.1	13.4
15,000 AND OVER----	36.7	1.6	24.8	8.4	13.4	7.2	3.2	8.0
LESS THAN TWO-THIRDS RECOMMENDED ALLOWANCE (1963)								
ALL HOUSEHOLDS, YEAR-	18.6	.8	7.7	1.4	7.7	1.5	.9	10.3
SPRING----------	21.0	.9	7.9	1.6	9.5	1.3	.9	12.9
SUMMER----------	17.9	.8	9.2	1.6	6.7	1.9	1.3	8.9
FALL----------	17.5	.8	6.3	1.0	6.9	1.5	.8	10.7
WINTER----------	17.7	.7	7.1	1.2	7.8	1.2	.7	8.8
UNDER 1,000-------	36.2	4.5	15.5	5.2	22.0	4.9	4.6	26.0
1,000-1,999-------	33.0	2.4	12.8	2.5	17.3	3.2	2.2	20.0
2,000-2,999-------	28.7	2.6	12.2	2.3	12.4	2.0	2.1	18.0
3,000-3,999-------	25.4	.8	9.3	1.4	10.1	.8	1.0	15.5
4,000-4,999-------	18.7	.2	7.3	.9	6.9	1.2	.5	10.4
5,000-5,999-------	17.2	.3	6.6	1.1	6.4	1.1	.7	9.3
6,000-6,999-------	13.3	.1	5.2	1.0	4.2	.6	.2	6.8
7,000-7,999-------	12.0	.0	5.0	.8	4.8	1.3	.4	5.5
8,000-8,999-------	11.9	.1	6.0	.6	4.0	1.2	.3	5.1
9,000-9,999-------	12.8	.0	4.1	.0	4.7	.6	.1	6.6
10,000-14,999------	9.1	.0	3.8	.4	2.7	.7	.2	3.7
15,000 AND OVER----	6.4	.0	4.4	.0	2.4	.4	.0	1.2

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY							
	ANY NUTRIENT (OF 7)	PROTEIN	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
LESS THAN RECOMMENDED ALLOWANCE (1963)								
ALL HOUSEHOLDS, YEAR-	50.1	5.5	32.1	10.8	22.8	9.9	6.5	23.4
SPRING----------	49.8	5.2	32.0	10.3	24.3	8.9	6.5	25.0
SUMMER----------	50.3	6.5	33.9	13.4	20.4	11.9	7.3	22.3
FALL----------	49.3	3.6	31.0	9.4	21.5	9.1	4.7	24.5
WINTER----------	51.1	5.9	31.7	10.3	24.8	9.8	6.5	22.2
UNDER 1,000-------	64.5	22.0	47.8	20.1	41.4	20.4	19.3	41.4
1,000-1,999-------	65.3	14.4	42.4	14.0	34.5	15.9	14.0	38.5
2,000-2,999-------	59.2	11.4	40.2	13.1	28.8	11.9	11.6	31.9
3,000-3,999-------	59.7	6.0	39.9	12.0	25.3	11.8	8.0	34.0
4,000-4,999-------	50.9	3.9	31.9	8.5	20.6	8.8	5.2	24.9
5,000-5,999-------	50.1	4.3	31.7	11.9	22.5	10.0	5.5	25.1
6,000-6,999-------	47.8	3.0	30.3	10.5	21.1	7.8	4.5	20.2
7,000-7,999-------	43.3	2.5	27.7	8.7	19.3	7.0	4.5	18.6
8,000-8,999-------	43.7	3.0	27.4	7.9	19.0	7.4	3.9	15.6
9,000-9,999-------	45.3	1.9	30.2	7.7	19.1	7.8	3.6	19.2
10,000-14,999------	39.1	1.8	22.2	8.0	16.3	7.3	2.1	12.9
15,000 AND OVER----	39.2	2.0	26.7	8.4	14.1	7.9	3.4	8.6
LESS THAN TWO-THIRDS RECOMMENDED ALLOWANCE (1963)								
ALL HOUSEHOLDS, YEAR-	18.1	.9	8.1	1.5	7.0	1.7	1.0	9.4
SPRING----------	20.6	.9	8.4	1.8	8.6	1.6	1.0	12.0
SUMMER----------	18.4	.9	10.1	2.0	5.9	2.2	1.6	9.0
FALL----------	16.8	.8	6.8	.9	6.4	1.8	.9	9.5
WINTER----------	16.7	.6	7.3	1.2	7.2	1.3	.7	7.4
UNDER 1,000-------	37.5	6.0	18.0	6.9	25.4	6.2	5.9	25.2
1,000-1,999-------	34.1	3.0	16.1	3.2	17.2	4.8	2.8	19.2
2,000-2,999-------	27.9	2.6	13.7	2.4	11.3	2.5	2.0	16.1
3,000-3,999-------	25.6	1.1	11.2	1.6	8.6	.9	1.4	14.6
4,000-4,999-------	18.0	.4	7.1	1.2	5.8	1.4	.7	10.3
5,000-5,999-------	18.7	.2	7.3	1.1	6.6	1.2	.7	10.0
6,000-6,999-------	13.3	.4	5.6	1.3	4.1	.9	.3	6.9
7,000-7,999-------	11.6	.0	5.5	.9	4.0	1.5	.6	4.9
8,000-8,999-------	12.1	.1	6.4	.6	3.7	1.5	.3	4.4
9,000-9,999-------	12.8	.0	4.1	.0	4.8	.8	.1	6.3
10,000-14,999------	8.9	.0	3.7	.5	2.9	.6	.1	3.6
15,000 AND OVER----	7.0	.0	5.1	.0	2.4	.5	.0	1.2

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY							
	ANY NUTRIENT (OF 7)	PROTEIN	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
LESS THAN RECOMMENDED ALLOWANCE (1963)								
ALL HOUSEHOLDS, YEAR-	49.6	5.1	27.2	7.7	25.9	6.8	4.6	28.6
SPRING----------	52.2	4.9	26.9	8.7	29.0	6.7	5.6	31.4
SUMMER----------	48.3	5.2	30.4	6.6	24.2	7.0	4.4	23.8
FALL----------	50.0	5.4	25.6	8.1	23.8	6.8	4.6	32.4
WINTER----------	47.8	4.3	25.6	7.3	26.6	6.2	3.2	26.9
UNDER 1,000-------	64.9	12.3	33.9	9.5	40.5	10.8	10.5	47.6
1,000-1,999-------	57.3	12.4	31.7	9.5	32.5	9.8	6.5	37.5
2,000-2,999-------	62.2	12.4	31.4	9.2	33.7	7.2	8.6	40.5
3,000-3,999-------	59.1	6.9	33.8	11.6	29.4	7.1	6.0	38.2
4,000-4,999-------	55.4	2.5	29.8	7.0	30.4	6.8	5.7	30.9
5,000-5,999-------	47.3	2.2	25.5	6.2	20.5	5.2	1.9	25.0
6,000-6,999-------	45.8	1.2	25.7	8.3	22.9	2.8	2.2	23.8
7,000-7,999-------	36.7	2.4	20.0	5.9	19.5	6.4	3.6	17.1
8,000-8,999-------	44.4	1.4	23.5	7.6	22.2	7.3	1.0	19.7
9,000-9,999-------	33.6	1.7	20.7	1.3	17.5	1.7	1.7	22.7
10,000-14,999------	35.7	.9	19.9	5.0	17.3	3.3	2.4	15.8
15,000 AND OVER----	24.6	.0	16.2	10.0	9.2	4.6	2.3	3.8
LESS THAN TWO-THIRDS RECOMMENDED ALLOWANCE (1963)								
ALL HOUSEHOLDS, YEAR-	20.0	.8	6.5	1.1	9.6	.9	.7	12.3
SPRING----------	21.8	.5	6.5	.8	11.7	.7	.7	14.8
SUMMER----------	17.8	.4	6.8	.6	9.0	.8	.6	9.0
FALL----------	19.4	1.0	5.3	1.3	8.4	.8	.6	13.5
WINTER----------	20.9	1.0	7.0	1.6	9.4	1.2	.8	12.0
UNDER 1,000-------	35.1	2.5	12.7	3.2	18.7	3.8	3.5	26.5
1,000-1,999-------	33.1	2.2	7.9	1.7	18.4	.9	1.3	21.5
2,000-2,999-------	32.0	3.0	11.2	2.4	14.8	1.0	2.4	21.6
3,000-3,999-------	26.0	.2	5.3	1.2	14.1	.8	.4	18.0
4,000-4,999-------	21.7	.0	8.2	.5	10.1	.5	.0	11.1
5,000-5,999-------	13.4	.4	4.9	1.1	5.9	.9	.5	6.6
6,000-6,999-------	13.5	.0	4.8	.2	5.3	.2	.0	6.8
7,000-7,999-------	12.8	.0	4.0	.9	7.3	.6	.0	7.5
8,000-8,999-------	11.1	.0	5.1	.0	4.8	.0	.0	7.9
9,000-9,999-------	13.0	.0	3.6	.0	4.9	.0	.0	7.5
10,000-14,999------	10.1	.0	4.6	.2	2.1	.7	.7	5.0
15,000 AND OVER----	2.3	.0	.0	.0	2.3	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF HOUSEHOLD DIETS WITH SPECIFIED AMOUNTS OF NUTRIENT PER NUTRITION UNIT PER DAY							
	ANY NUTRIENT (OF 7)	PROTEIN	CALCIUM	IRON	VITAMIN A VALUE	THIAMIN	RIBO-FLAVIN	ASCORBIC ACID
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
LESS THAN RECOMMENDED ALLOWANCE (1963)								
ALL HOUSEHOLDS, YEAR-	46.0	4.5	23.6	5.5	23.3	4.8	5.0	27.8
SPRING----------	51.5	5.3	25.1	5.2	30.2	4.1	5.0	34.4
SUMMER----------	40.3	3.8	24.9	5.5	20.3	6.1	4.6	19.7
FALL----------	47.1	4.7	21.8	6.7	18.8	5.0	4.9	31.6
WINTER----------	45.6	4.3	22.4	4.5	24.1	4.0	4.5	26.1
UNDER 1,000-------	57.9	9.9	28.1	12.8	34.7	10.5	11.4	38.6
1,000-1,999-------	52.4	7.5	21.5	6.1	32.4	5.0	7.2	39.0
2,000-2,999-------	53.2	8.9	25.9	5.2	30.0	4.9	6.9	37.4
3,000-3,999-------	48.5	4.7	26.7	4.8	25.2	3.4	3.5	30.7
4,000-4,999-------	45.8	2.8	25.1	4.3	21.9	4.8	3.3	24.8
5,000-5,999-------	43.6	2.5	25.4	6.3	17.0	6.3	4.9	22.8
6,000-6,999-------	39.4	2.4	18.5	5.3	20.1	4.5	3.5	21.6
7,000-7,999-------	36.9	.0	15.5	3.2	20.0	2.6	1.5	23.3
8,000-8,999-------	40.8	2.7	21.7	4.2	24.6	1.6	2.4	20.5
9,000-9,999-------	33.3	6.6	21.5	5.9	12.6	6.6	4.0	14.0
10,000-14,999------	33.6	1.4	20.4	3.5	8.9	3.3	2.6	14.0
15,000 AND OVER----	38.6	2.3	23.6	2.3	19.8	7.0	7.0	14.2
LESS THAN TWO-THIRDS RECOMMENDED ALLOWANCE (1963)								
ALL HOUSEHOLDS, YEAR-	18.1	.7	5.9	.8	8.1	.7	.8	12.5
SPRING----------	22.8	.8	6.8	1.0	11.7	.8	1.0	16.7
SUMMER----------	13.1	.9	6.4	.6	6.1	.6	1.1	7.7
FALL----------	19.0	.5	5.3	.7	6.6	.6	.4	13.7
WINTER----------	17.8	.3	5.1	.8	8.2	1.0	.9	12.5
UNDER 1,000-------	32.8	2.8	11.2	2.9	14.9	1.7	1.9	27.6
1,000-1,999-------	25.4	.5	8.2	1.4	14.3	1.3	1.6	19.7
2,000-2,999-------	24.9	1.6	6.1	1.3	12.7	.9	1.4	20.3
3,000-3,999-------	22.2	.7	6.6	.4	11.0	.2	.1	14.2
4,000-4,999-------	14.2	.0	4.2	.2	4.9	1.1	.0	8.4
5,000-5,999-------	15.6	1.0	5.9	.7	5.1	1.3	1.1	9.4
6,000-6,999-------	10.7	.5	3.8	.7	2.8	.0	1.0	6.6
7,000-7,999-------	13.4	.0	3.5	.0	6.5	.0	.0	8.9
8,000-8,999-------	11.6	.0	3.6	.0	6.0	.0	.0	6.9
9,000-9,999-------	10.6	.0	6.8	.0	1.6	.0	.5	5.2
10,000-14,999------	7.7	.0	3.9	.0	2.8	.0	.0	2.8
15,000 AND OVER----	10.9	.0	7.7	.0	5.0	.7	.0	5.7

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 12.--HOUSEHOLD DIETS BY NUMBER OF NUTRIENTS BELOW RECOMMENDED ALLOWANCE (1963) UNITED STATES BY URBANIZATION

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF DIETS SHORT IN --							
	1 OR MORE *	1	2	3	4	5	6	7
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
ALL URBANIZATIONS								
ALL HOUSEHOLDS, YEAR-	100.0	45.2	25.7	12.9	6.9	3.6	2.7	3.0
SPRING----------	100.0	43.9	25.9	13.9	6.0	3.9	3.2	3.1
SUMMER----------	100.0	44.5	25.4	12.2	6.7	4.6	2.9	3.7
FALL----------	100.0	45.9	26.8	12.8	6.9	2.8	2.2	2.6
WINTER----------	100.0	46.4	24.4	13.4	7.6	3.3	2.5	2.5
UNDER 1,000-------	100.0	30.1	23.5	15.2	9.6	4.6	6.8	10.2
1,000-1,999-------	100.0	36.7	26.3	13.2	8.9	4.3	3.9	6.7
2,000-2,999-------	100.0	40.7	24.1	14.3	7.2	5.1	3.6	5.1
3,000-3,999-------	100.0	41.3	27.2	13.2	8.4	4.4	3.1	2.5
4,000-4,999-------	100.0	44.6	31.8	12.0	4.9	2.8	2.1	1.8
5,000-5,999-------	100.0	46.2	25.1	13.8	7.3	3.6	1.8	2.2
6,000-6,999-------	100.0	48.7	25.3	13.2	7.4	2.6	1.7	1.1
7,000-7,999-------	100.0	50.0	25.9	11.3	4.5	3.7	1.8	2.8
8,000-8,999-------	100.0	52.5	24.9	11.3	5.3	2.0	3.4	.5
9,000-9,999-------	100.0	48.4	23.4	17.3	4.7	4.8	1.1	.2
10,000-14,999------	100.0	57.3	23.1	11.4	3.3	1.9	2.1	.9
15,000 AND OVER----	100.0	59.1	21.7	7.8	4.8	3.8	1.5	1.2
URBAN								
ALL HOUSEHOLDS, YEAR-	100.0	45.3	24.8	12.6	7.4	3.6	2.9	3.4
SPRING----------	100.0	44.1	25.3	13.5	5.9	4.1	3.5	3.4
SUMMER----------	100.0	44.3	24.1	11.7	7.8	4.7	2.8	4.6
FALL----------	100.0	46.2	26.3	13.2	7.0	2.3	2.3	2.6
WINTER----------	100.0	46.6	23.5	12.9	8.2	3.4	2.7	2.7
UNDER 1,000-------	100.0	23.6	21.4	17.0	11.6	5.3	8.2	12.9
1,000-1,999-------	100.0	36.0	24.5	13.2	9.6	4.6	5.0	7.2
2,000-2,999-------	100.0	41.3	21.8	13.3	8.1	4.9	4.2	6.4
3,000-3,999-------	100.0	40.9	26.9	13.7	8.6	3.7	3.2	3.1
4,000-4,999-------	100.0	46.7	29.2	11.5	5.9	1.9	2.2	2.6
5,000-5,999-------	100.0	43.4	25.0	14.2	8.5	4.3	2.1	2.5
6,000-6,999-------	100.0	47.4	26.2	12.2	8.8	2.4	1.5	1.4
7,000-7,999-------	100.0	50.0	25.7	11.0	5.2	3.5	1.6	3.0
8,000-8,999-------	100.0	53.3	24.1	10.7	5.4	2.4	3.6	.6
9,000-9,999-------	100.0	50.7	21.5	15.6	5.1	5.9	1.2	.0
10,000-14,999------	100.0	57.4	23.3	11.0	3.2	2.4	1.7	1.1
15,000 AND OVER----	100.0	58.7	22.6	8.5	4.3	3.0	1.7	1.3

* SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	PERCENT OF DIETS SHORT IN --							
	1 OR MORE *	1	2	3	4	5	6	7
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
RURAL NONFARM								
ALL HOUSEHOLDS, YEAR-	100.0	44.2	27.9	13.7	6.0	3.6	2.4	2.2
SPRING----------	100.0	43.7	26.8	14.8	6.4	3.2	2.7	2.5
SUMMER----------	100.0	44.6	28.9	13.2	4.1	4.5	3.3	1.2
FALL----------	100.0	43.9	28.7	11.8	7.6	3.8	1.7	2.5
WINTER----------	100.0	44.6	26.8	15.6	6.1	3.0	1.7	2.2
UNDER 1,000-------	100.0	37.6	26.3	13.2	7.8	3.4	5.4	6.3
1,000-1,999-------	100.0	37.3	29.5	12.4	8.7	3.8	1.7	6.6
2,000-2,999-------	100.0	39.0	28.8	16.0	5.1	5.8	2.9	2.6
3,000-3,999-------	100.0	42.7	25.2	12.0	9.4	6.8	2.9	1.0
4,000-4,999-------	100.0	39.4	37.3	12.8	3.3	4.8	2.4	.0
5,000-5,999-------	100.0	52.9	26.2	13.2	4.1	1.3	.8	1.5
6,000-6,999-------	100.0	51.8	23.0	16.5	3.6	2.9	2.2	.0
7,000-7,999-------	100.0	50.0	25.6	12.8	1.7	4.7	2.9	2.3
8,000-8,999-------	100.0	50.0	28.1	12.5	6.3	.8	2.3	.0
9,000-9,999-------	100.0	34.7	36.0	26.7	1.3	.0	.0	1.3
10,000-14,999------	100.0	55.4	23.0	14.2	3.4	.0	4.1	.0
15,000 AND OVER----	100.0	62.5	15.6	3.1	9.4	9.4	.0	.0
RURAL FARM								
ALL HOUSEHOLDS, YEAR-	100.0	47.5	27.3	12.7	4.2	3.5	2.3	2.4
SPRING----------	100.0	43.2	28.8	15.1	5.2	3.5	2.0	2.3
SUMMER----------	100.0	46.0	27.6	14.3	2.9	3.7	2.3	3.3
FALL----------	100.0	51.0	25.4	11.8	3.8	3.5	2.6	1.9
WINTER----------	100.0	51.1	26.7	10.3	4.5	2.7	3.0	1.8
UNDER 1,000-------	100.0	40.7	25.6	12.1	4.8	4.8	3.6	8.5
1,000-1,999-------	100.0	40.1	28.3	16.6	4.4	4.5	2.9	3.2
2,000-2,999-------	100.0	41.4	26.1	16.3	6.8	4.5	1.9	3.0
3,000-3,999-------	100.0	40.3	37.0	12.9	3.4	3.1	2.2	1.2
4,000-4,999-------	100.0	46.6	32.2	13.4	3.0	3.1	.3	1.4
5,000-5,999-------	100.0	54.9	21.7	11.4	4.0	3.4	2.4	2.3
6,000-6,999-------	100.0	55.4	22.2	10.6	3.1	4.5	3.0	1.2
7,000-7,999-------	100.0	50.5	32.7	9.4	2.6	4.8	.0	.0
8,000-8,999-------	100.0	50.8	25.3	18.0	.0	.0	5.9	.0
9,000-9,999-------	100.0	53.1	12.0	16.4	12.4	.0	4.5	1.5
10,000-14,999------	100.0	65.7	19.0	7.2	5.8	.0	2.2	.0
15,000 AND OVER----	100.0	57.7	22.1	7.2	2.1	5.1	1.7	4.1

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	TOTAL (MILK EQUIV-ALENT) *	MILK (FRESH, PROCESSED) TOTAL (EQUIV-ALENT) *	COMMER-CIALLY CANNED	DRY	CREAM, ICE CREAM	CHEESE	SOUP, MIX-TURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
QUANTITY PER PERSON PER WEEK (QUARTS IN COLS. 2-3, POUNDS IN COLS. 4-8)							
ALL HOUSEHOLDS, YEAR-	4.134	3.202	.201	.035	.572	.342	.099
SPRING----------	4.076	3.120	.197	.041	.599	.357	.097
SUMMER----------	3.983	3.010	.190	.035	.653	.346	.098
FALL----------	4.232	3.327	.208	.030	.540	.328	.093
WINTER----------	4.256	3.368	.210	.033	.490	.335	.110
UNDER 1,000-------	3.470	2.864	.347	.098	.370	.236	.038
1,000-1,999-------	3.553	2.894	.367	.079	.413	.238	.084
2,000-2,999-------	3.557	2.843	.344	.071	.422	.263	.065
3,000-3,999-------	3.706	2.949	.282	.035	.436	.271	.093
4,000-4,999-------	3.884	3.035	.260	.029	.506	.283	.119
5,000-5,999-------	4.076	3.158	.208	.032	.531	.336	.110
6,000-6,999-------	4.220	3.235	.159	.022	.617	.358	.077
7,000-7,999-------	4.413	3.443	.154	.022	.611	.351	.099
8,000-8,999-------	4.483	3.393	.106	.022	.664	.423	.098
9,000-9,999-------	4.452	3.402	.128	.021	.615	.379	.126
10,000-14,999------	4.705	3.552	.095	.028	.747	.425	.120
15,000 AND OVER----	4.567	3.378	.066	.018	.833	.474	.118
MONEY VALUE PER PERSON PER WEEK (DOLLARS)							
ALL HOUSEHOLDS, YEAR-	1.127	.717	.034	.015	.184	.191	.035
SPRING----------	1.108	.686	.034	.016	.195	.193	.034
SUMMER----------	1.104	.672	.033	.014	.209	.190	.034
FALL----------	1.147	.753	.035	.012	.174	.186	.033
WINTER----------	1.153	.760	.036	.019	.159	.195	.040
UNDER 1,000-------	.836	.585	.063	.033	.111	.127	.013
1,000-1,999-------	.889	.608	.065	.029	.126	.126	.030
2,000-2,999-------	.899	.601	.059	.025	.133	.144	.021
3,000-3,999-------	.968	.654	.048	.014	.134	.146	.034
4,000-4,999-------	1.039	.691	.043	.027	.151	.159	.038
5,000-5,999-------	1.094	.709	.034	.013	.162	.187	.036
6,000-6,999-------	1.154	.733	.026	.009	.196	.195	.030
7,000-7,999-------	1.213	.776	.027	.010	.201	.199	.036
8,000-8,999-------	1.254	.759	.018	.010	.224	.237	.034
9,000-9,999-------	1.234	.765	.021	.007	.208	.215	.046
10,000-14,999------	1.351	.816	.016	.013	.248	.242	.045
15,000 AND OVER----	1.434	.793	.012	.009	.307	.290	.044
PERCENT OF HOUSEHOLDS USING IN A WEEK							
ALL HOUSEHOLDS							
SPRING----------	99.6	98.5	28.5	10.7	69.9	79.6	20.1
SUMMER----------	99.3	98.3	28.0	10.1	72.1	78.0	17.7
FALL----------	99.5	98.6	30.0	8.8	65.7	79.2	20.7
WINTER----------	99.7	98.7	29.2	9.7	62.6	80.5	22.9

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	TOTAL (MILK EQUIV-ALENT) *	MILK (FRESH, PROCESSED) TOTAL (EQUIV-ALENT) *	COMMER-CIALLY CANNED	DRY	CREAM, ICE CREAM	CHEESE	SOUP, MIX-TURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
			QUANTITY PER PERSON PER WEEK (QUARTS IN COLS. 2-3, POUNDS IN COLS. 4-8)				
ALL HOUSEHOLDS,YEAR-	4.104	3.147	.179	.031	.573	.355	.111
SPRING----------	4.046	3.080	.184	.034	.589	.367	.105
SUMMER----------	3.947	2.942	.159	.034	.657	.361	.112
FALL----------	4.214	3.277	.188	.026	.551	.341	.106
WINTER----------	4.217	3.297	.186	.029	.491	.349	.119
UNDER 1,000-------	3.195	2.512	.333	.055	.414	.292	.058
1,000-1,999-------	3.334	2.589	.392	.063	.439	.269	.147
2,000-2,999-------	3.578	2.842	.311	.084	.404	.285	.075
3,000-3,999-------	3.661	2.890	.266	.036	.388	.296	.109
4,000-4,999-------	3.840	2.977	.246	.028	.493	.294	.128
5,000-5,999-------	3.998	3.087	.200	.031	.512	.337	.127
6,000-6,999-------	4.145	3.151	.142	.017	.613	.370	.075
7,000-7,999-------	4.298	3.337	.141	.020	.605	.339	.094
8,000-8,999-------	4.445	3.360	.104	.021	.642	.411	.111
9,000-9,999-------	4.326	3.299	.125	.016	.597	.369	.124
10,000-14,999------	4.701	3.535	.082	.028	.752	.426	.129
15,000 AND OVER----	4.424	3.250	.056	.017	.795	.473	.120
			MONEY VALUE PER PERSON PER WEEK (DOLLARS)				
ALL HOUSEHOLDS,YEAR-	1.139	.710	.030	.012	.187	.203	.040
SPRING----------	1.118	.684	.031	.013	.194	.203	.037
SUMMER----------	1.115	.662	.027	.014	.213	.201	.039
FALL----------	1.164	.749	.031	.011	.179	.198	.039
WINTER----------	1.161	.747	.031	.011	.161	.209	.044
UNDER 1,000-------	.843	.554	.060	.019	.118	.151	.020
1,000-1,999-------	.868	.545	.068	.023	.130	.144	.050
2,000-2,999-------	.901	.593	.051	.028	.125	.159	.024
3,000-3,999-------	.967	.644	.045	.014	.120	.161	.042
4,000-4,999-------	1.018	.662	.040	.012	.144	.170	.042
5,000-5,999-------	1.088	.695	.032	.013	.158	.192	.042
6,000-6,999-------	1.155	.720	.023	.007	.201	.205	.030
7,000-7,999-------	1.195	.757	.024	.009	.203	.198	.037
8,000-8,999-------	1.265	.767	.017	.009	.219	.240	.039
9,000-9,999-------	1.206	.750	.021	.005	.198	.214	.044
10,000-14,999------	1.363	.818	.014	.012	.252	.246	.048
15,000 AND OVER----	1.395	.760	.011	.008	.298	.291	.046
			PERCENT OF HOUSEHOLDS USING IN A WEEK				
ALL HOUSEHOLDS							
SPRING----------	99.5	98.3	26.6	9.6	69.8	80.7	21.1
SUMMER----------	99.3	98.2	24.3	8.6	72.9	80.2	19.1
FALL----------	99.6	98.7	28.2	7.8	67.3	80.9	22.6
WINTER----------	99.7	98.9	26.9	8.5	64.1	82.5	24.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	TOTAL (MILK EQUIVALENT) ‡	MILK (FRESH, PROCESSED) TOTAL (EQUIVALENT) ‡	COMMERCIALLY CANNED	DRY	CREAM, ICE CREAM	CHEESE	SOUP, MIXTURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
QUANTITY PER PERSON PER WEEK (QUARTS IN COLS. 2-3, POUNDS IN COLS. 4-8)							
ALL HOUSEHOLDS, YEAR-	4.160	3.273	.260	.045	.549	.323	.080
SPRING----------	4.119	3.176	.237	.059	.594	.346	.085
SUMMER----------	4.001	3.089	.272	.041	.612	.321	.071
FALL----------	4.244	3.380	.257	.038	.511	.316	.070
WINTER----------	4.283	3.458	.273	.044	.476	.307	.094
UNDER 1,000-------	3.604	3.083	.380	.160	.254	.190	.016
1,000-1,999-------	3.603	3.050	.362	.107	.351	.200	.021
2,000-2,999-------	3.363	2.675	.458	.062	.434	.233	.061
3,000-3,999-------	3.715	2.964	.342	.037	.478	.244	.074
4,000-4,999-------	3.895	3.082	.297	.035	.500	.255	.118
5,000-5,999-------	4.219	3.276	.234	.034	.558	.338	.079
6,000-6,999-------	4.353	3.393	.205	.029	.612	.332	.080
7,000-7,999-------	4.681	3.700	.187	.027	.611	.385	.103
8,000-8,999-------	4.497	3.399	.102	.027	.686	.480	.054
9,000-9,999-------	4.875	3.743	.151	.036	.642	.419	.149
10,000-14,999------	4.678	3.573	.135	.028	.698	.425	.091
15,000 AND OVER----	5.198	3.899	.112	.017	.938	.521	.108
MONEY VALUE PER PERSON PER WEEK (DOLLARS)							
ALL HOUSEHOLDS, YEAR-	1.092	.720	.045	.024	.170	.174	.027
SPRING----------	1.080	.682	.041	.023	.189	.181	.029
SUMMER----------	1.053	.670	.048	.016	.186	.173	.024
FALL----------	1.106	.753	.044	.015	.160	.172	.022
WINTER----------	1.129	.780	.046	.040	.147	.169	.033
UNDER 1,000-------	.757	.563	.070	.053	.076	.113	.005
1,000-1,999-------	.852	.626	.064	.039	.110	.106	.010
2,000-2,999-------	.844	.562	.082	.025	.136	.126	.019
3,000-3,999-------	.943	.644	.061	.016	.141	.133	.024
4,000-4,999-------	1.064	.737	.050	.063	.152	.139	.035
5,000-5,999-------	1.101	.733	.040	.014	.165	.179	.024
6,000-6,999-------	1.138	.752	.034	.013	.180	.173	.032
7,000-7,999-------	1.250	.825	.033	.012	.188	.204	.032
8,000-8,999-------	1.199	.717	.017	.013	.226	.238	.018
9,000-9,999-------	1.315	.823	.025	.013	.210	.225	.056
10,000-14,999------	1.295	.801	.023	.015	.226	.235	.034
15,000 AND OVER----	1.652	.949	.019	.008	.339	.328	.036
PERCENT OF HOUSEHOLDS USING IN A WEEK							
ALL HOUSEHOLDS							
SPRING----------	99.8	98.9	33.6	13.9	69.6	78.2	18.3
SUMMER----------	99.4	98.4	37.9	14.6	69.5	73.7	15.2
FALL----------	99.4	98.3	35.0	11.2	61.2	77.2	16.5
WINTER----------	99.8	98.1	35.8	13.0	58.6	77.4	21.3

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	TOTAL (MILK EQUIV-ALENT) *	MILK (FRESH, PROCESSED) TOTAL (EQUIV-ALENT) *	COMMER-CIALLY CANNED	DRY	CREAM, ICE CREAM	CHEESE	SOUP, MIX-TURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
			QUANTITY PER PERSON PER WEEK (QUARTS IN COLS. 2-3, POUNDS IN COLS. 4-8)				
ALL HOUSEHOLDS, YEAR-	4.325	3.483	.204	.035	.644	.286	.060
SPRING----------	4.205	3.302	.187	.035	.703	.307	.059
SUMMER----------	4.225	3.320	.192	.027	.741	.293	.057
FALL----------	4.350	3.610	.230	.043	.542	.248	.054
WINTER----------	4.605	3.809	.215	.036	.549	.296	.073
UNDER 1,000------	3.909	3.332	.314	.083	.494	.185	.034
1,000-1,999------	4.249	3.622	.288	.061	.481	.229	.018
2,000-2,999------	3.927	3.248	.220	.032	.477	.238	.024
3,000-3,999------	3.924	3.233	.236	.029	.595	.201	.051
4,000-4,999------	4.188	3.319	.230	.017	.628	.293	.051
5,000-5,999------	4.339	3.446	.189	.028	.628	.319	.059
6,000-6,999------	4.577	3.591	.155	.045	.690	.336	.080
7,000-7,999------	5.078	4.001	.213	.025	.729	.395	.165
8,000-8,999------	5.048	3.918	.155	.028	.933	.376	.073
9,000-9,999------	4.672	3.620	.070	.029	.846	.361	.061
10,000-14,999----	4.900	3.802	.166	.028	.877	.404	.083
15,000 AND OVER--	4.469	3.454	.045	.036	1.027	.325	.126
			MONEY VALUE PER PERSON PER WEEK (DOLLARS)				
ALL HOUSEHOLDS, YEAR-	1.139	.770	.036	.013	.208	.142	.019
SPRING----------	1.108	.716	.033	.013	.227	.146	.019
SUMMER----------	1.161	.760	.034	.011	.238	.146	.016
FALL----------	1.119	.798	.041	.015	.175	.126	.019
WINTER----------	1.176	.824	.038	.015	.182	.148	.023
UNDER 1,000------	.978	.712	.054	.030	.162	.091	.013
1,000-1,999------	1.074	.796	.052	.021	.158	.113	.006
2,000-2,999------	1.021	.729	.039	.012	.165	.119	.008
3,000-3,999------	1.035	.731	.041	.010	.192	.096	.016
4,000-4,999------	1.112	.755	.039	.007	.194	.146	.018
5,000-5,999------	1.141	.770	.032	.011	.194	.161	.016
6,000-6,999------	1.210	.798	.027	.019	.216	.170	.026
7,000-7,999------	1.337	.873	.041	.011	.228	.191	.046
8,000-8,999------	1.327	.822	.025	.011	.302	.178	.026
9,000-9,999------	1.362	.766	.014	.011	.391	.184	.020
10,000-14,999----	1.350	.845	.028	.012	.279	.197	.029
15,000 AND OVER--	1.260	.728	.008	.015	.337	.155	.040
			PERCENT OF HOUSEHOLDS USING IN A WEEK				
ALL HOUSEHOLDS							
SPRING----------	99.6	98.9	29.7	11.0	72.7	71.6	15.3
SUMMER----------	99.6	99.0	30.3	9.2	73.6	71.7	12.3
FALL----------	99.3	99.1	31.7	10.4	65.3	67.6	15.8
WINTER----------	99.2	98.7	29.8	11.3	59.6	67.6	16.1

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	TOTAL (MILK EQUIV-ALENT) *	MILK (FRESH, PROCESSED) TOTAL (EQUIV-ALENT) *	COMMER-CIALLY CANNED	DRY	CREAM, ICE CREAM	CHEESE	SOUP, MIX-TURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
			QUANTITY PER PERSON PER WEEK (QUARTS IN COLS. 2-3, POUNDS IN COLS. 4-8)				
ALL HOUSEHOLDS, YEAR-	1.726	1.690	.000	.000	.077	.015	.000
SPRING----------	1.575	1.533	.000	.000	.095	.019	.000
SUMMER----------	1.613	1.565	.000	.000	.085	.023	.000
FALL----------	1.801	1.782	.000	.000	.046	.006	.000
WINTER----------	2.003	1.971	.000	.000	.078	.009	.000
UNDER 1,000-------	1.913	1.860	.000	.000	.113	.025	.000
1,000-1,999-------	2.265	2.209	.000	.000	.105	.036	.000
2,000-2,999-------	2.096	2.044	.000	.000	.114	.026	.000
3,000-3,999-------	1.844	1.796	.000	.000	.114	.015	.000
4,000-4,999-------	1.580	1.562	.000	.000	.043	.007	.000
5,000-5,999-------	1.480	1.440	.000	.000	.043	.018	.000
6,000-6,999-------	1.352	1.334	.000	.000	.045	.004	.000
7,000-7,999-------	1.600	1.582	.000	.000	.047	.004	.000
8,000-8,999-------	1.576	1.558	.000	.000	.046	.007	.000
9,000-9,999-------	1.180	1.150	.000	.000	.084	.002	.000
10,000-14,999------	1.511	1.486	.000	.000	.077	.002	.000
15,000 AND OVER----	1.140	1.097	.000	.000	.096	.004	.000
			MONEY VALUE PER PERSON PER WEEK (DOLLARS)				
ALL HOUSEHOLDS, YEAR-	.448	.403	.000	.000	.040	.006	.000
SPRING----------	.412	.358	.000	.000	.048	.007	.000
SUMMER----------	.451	.398	.000	.000	.045	.009	.000
FALL----------	.449	.423	.000	.000	.024	.002	.000
WINTER----------	.490	.445	.000	.000	.042	.003	.000
UNDER 1,000-------	.515	.450	.000	.000	.057	.009	.000
1,000-1,999-------	.597	.533	.000	.000	.051	.013	.000
2,000-2,999-------	.557	.488	.000	.000	.061	.009	.000
3,000-3,999-------	.501	.435	.000	.000	.060	.005	.000
4,000-4,999-------	.399	.375	.000	.000	.022	.002	.000
5,000-5,999-------	.373	.342	.000	.000	.022	.009	.000
6,000-6,999-------	.341	.316	.000	.000	.024	.001	.000
7,000-7,999-------	.395	.368	.000	.000	.026	.001	.000
8,000-8,999-------	.382	.355	.000	.000	.025	.002	.000
9,000-9,999-------	.331	.280	.000	.000	.050	.001	.000
10,000-14,999------	.392	.350	.000	.000	.041	.001	.000
15,000 AND OVER----	.305	.257	.000	.000	.047	.001	.000
			PERCENT OF HOUSEHOLDS USING IN A WEEK				
ALL HOUSEHOLDS							
SPRING----------	38.6	38.0	.0	.0	10.6	2.8	.0
SUMMER----------	37.9	37.5	.0	.0	9.4	2.7	.0
FALL----------	36.4	36.0	.0	.0	6.9	.9	.0
WINTER----------	37.2	36.3	.0	.0	8.5	1.5	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 14.—MEAT, POULTRY, FISH; OTHER PROTEIN FOOD

UNITED STATES

ALL URBANIZATIONS

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	MEAT, POULTRY, FISH									OTHER PROTEIN FOOD				
	TOTAL	BEEF	BACON, SALT PORK	OTHER PORK	LIVER	LUNCH MEAT, FRANK-FURTERS	OTHER MEAT ‡	POULTRY	FISH SHELL-FISH	TOTAL ‡	EGGS (FRESH EQUIV-ALENT) ‡	DRY LEGUMES (DRY WEIGHT)	NUTS (SHELLED WEIGHT), PEANUT BUTTER	SOUP, MIX-TURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS IN COLS. 2-10 AND 13-15, DOZENS IN COL. 12)														
ALL HOUSEHOLDS, YEAR-	4.402	1.626	.242	.740	.048	.401	.143	.879	.323	**	.528	.157	.131	.106
SPRING----------	4.583	1.650	.267	.829	.052	.431	.129	.855	.369	**	.559	.166	.123	.107
SUMMER----------	4.332	1.595	.259	.698	.040	.428	.126	.841	.345	**	.515	.149	.118	.095
FALL----------	4.520	1.628	.227	.739	.051	.377	.171	1.026	.301	**	.520	.150	.153	.114
WINTER----------	4.172	1.633	.212	.691	.050	.365	.150	.798	.274	**	.514	.162	.133	.110
UNDER 1,000-------	3.786	1.071	.298	.586	.035	.340	.072	1.056	.330	**	.575	.271	.099	.044
1,000-1,999-------	3.894	1.141	.295	.676	.049	.335	.105	.953	.341	**	.570	.286	.092	.048
2,000-2,999-------	4.002	1.195	.284	.706	.065	.339	.112	.947	.355	**	.529	.268	.112	.065
3,000-3,999-------	4.099	1.362	.255	.704	.053	.391	.119	.877	.337	**	.550	.223	.118	.092
4,000-4,999-------	4.217	1.462	.250	.700	.045	.441	.117	.903	.299	**	.538	.208	.131	.100
5,000-5,999-------	4.414	1.620	.233	.748	.058	.448	.132	.871	.305	**	.539	.147	.132	.119
6,000-6,999-------	4.467	1.734	.232	.771	.042	.439	.136	.826	.287	**	.529	.126	.142	.116
7,000-7,999-------	4.594	1.789	.208	.816	.041	.427	.158	.830	.324	**	.506	.101	.140	.130
8,000-8,999-------	4.639	1.887	.242	.776	.042	.408	.152	.807	.324	**	.523	.109	.149	.106
9,000-9,999-------	4.542	1.802	.228	.733	.039	.430	.160	.825	.324	**	.495	.116	.135	.144
10,000-14,999------	4.703	1.923	.215	.726	.053	.361	.192	.880	.353	**	.478	.077	.150	.123
15,000 AND OVER----	5.120	2.098	.254	.781	.043	.303	.269	.964	.408	**	.525	.086	.154	.111
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS, YEAR-	2.933	1.240	.171	.538	.029	.274	.122	.346	.212	.467	.263	.048	.083	.049
SPRING----------	2.878	1.205	.160	.550	.030	.279	.105	.327	.223	.458	.258	.050	.075	.051
SUMMER----------	2.887	1.227	.185	.508	.026	.290	.109	.323	.220	.430	.241	.047	.072	.044
FALL----------	2.999	1.243	.171	.548	.030	.264	.137	.404	.201	.492	.273	.044	.103	.051
WINTER----------	2.973	1.289	.170	.547	.032	.263	.138	.330	.204	.491	.282	.049	.084	.049
UNDER 1,000-------	1.976	.684	.178	.335	.018	.198	.048	.351	.164	.415	.261	.064	.059	.023
1,000-1,999-------	2.155	.755	.177	.418	.026	.207	.069	.335	.169	.431	.263	.068	.057	.023
2,000-2,999-------	2.270	.798	.171	.450	.035	.210	.076	.341	.190	.424	.250	.065	.068	.030
3,000-3,999-------	2.419	.931	.163	.461	.029	.243	.089	.316	.187	.446	.258	.061	.067	.037
4,000-4,999-------	2.588	1.034	.172	.470	.026	.283	.086	.339	.178	.462	.257	.058	.080	.045
5,000-5,999-------	2.879	1.184	.168	.536	.032	.305	.111	.341	.202	.468	.265	.047	.080	.052
6,000-6,999-------	3.028	1.309	.172	.579	.027	.303	.112	.331	.195	.472	.264	.042	.091	.053
7,000-7,999-------	3.219	1.402	.159	.625	.027	.310	.139	.334	.223	.480	.263	.036	.089	.065
8,000-8,999-------	3.326	1.516	.176	.614	.028	.291	.146	.329	.226	.477	.268	.039	.098	.046
9,000-9,999-------	3.213	1.425	.178	.565	.029	.307	.140	.337	.234	.492	.262	.041	.085	.059
10,000-14,999------	3.502	1.611	.171	.581	.035	.273	.178	.385	.268	.481	.257	.032	.100	.060
15,000 AND OVER----	4.185	1.975	.202	.659	.031	.231	.280	.445	.363	.530	.294	.039	.116	.056
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	99.5	92.5	65.7	73.9	13.0	72.1	18.3	67.4	59.3	98.7	96.9	48.1	53.2	25.5
SUMMER----------	99.8	93.4	64.6	68.5	11.6	73.8	18.6	70.8	58.0	98.8	97.5	43.8	55.3	22.1
FALL----------	99.7	93.4	61.6	71.2	12.2	71.0	21.2	70.4	54.8	99.2	97.1	44.0	60.7	27.2
WINTER----------	99.9	94.2	59.3	68.1	13.7	71.1	21.3	65.1	55.6	99.2	97.9	44.8	59.0	26.5

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

TABLE 14.--MEAT, POULTRY, FISH, OTHER PROTEIN FOOD

UNITED STATES

URBAN

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	MEAT, POULTRY, FISH									OTHER PROTEIN FOOD				
	TOTAL	BEEF	BACON, SALT PORK	OTHER PORK	LIVER	LUNCH MEAT, FRANK-FURTERS	OTHER MEAT *	POULTRY	FISH SHELL-FISH	TOTAL *	EGGS (FRESH EQUIV-ALENT) *	DRY LEGUMES (DRY WEIGHT)	NUTS (SHELLED WEIGHT), PEANUT BUTTER	SOUP, MIX-TURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS IN COLS. 2-10 AND 13-15, DOZENS IN COL. 12)														
ALL HOUSEHOLDS, YEAR-	4.458	1.669	.222	.738	.050	.395	.163	.891	.329	**	.513	.137	.126	.115
SPRING----------	4.698	1.693	.249	.845	.058	.433	.159	.893	.367	**	.543	.144	.118	.113
SUMMER----------	4.352	1.635	.233	.688	.042	.409	.148	.841	.355	**	.487	.130	.108	.101
FALL----------	4.571	1.679	.209	.750	.053	.371	.178	1.022	.308	**	.509	.129	.153	.123
WINTER----------	4.208	1.669	.197	.668	.048	.364	.166	.813	.283	**	.505	.147	.125	.121
UNDER 1,000-------	3.773	1.129	.277	.553	.045	.318	.085	1.075	.292	**	.546	.199	.090	.063
1,000-1,999-------	4.028	1.248	.240	.675	.046	.343	.119	.982	.375	**	.558	.256	.086	.057
2,000-2,999-------	4.097	1.286	.244	.710	.076	.349	.148	.932	.351	**	.530	.251	.115	.083
3,000-3,999-------	4.059	1.378	.227	.688	.053	.370	.144	.867	.332	**	.540	.194	.111	.109
4,000-4,999-------	4.251	1.441	.236	.706	.049	.442	.116	.952	.310	**	.523	.199	.122	.101
5,000-5,999-------	4.465	1.634	.222	.754	.059	.440	.146	.889	.320	**	.520	.141	.120	.130
6,000-6,999-------	4.449	1.750	.207	.755	.044	.429	.147	.821	.294	**	.514	.114	.128	.126
7,000-7,999-------	4.618	1.801	.197	.812	.043	.417	.182	.831	.334	**	.495	.095	.135	.127
8,000-8,999-------	4.671	1.887	.231	.767	.039	.399	.174	.841	.332	**	.501	.100	.146	.101
9,000-9,999-------	4.444	1.739	.215	.707	.038	.414	.181	.843	.307	**	.474	.107	.130	.143
10,000-14,999-------	4.704	1.922	.208	.712	.055	.355	.195	.909	.348	**	.472	.071	.146	.127
15,000 AND OVER----	5.114	2.073	.242	.764	.050	.289	.283	.999	.413	**	.499	.069	.148	.098
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS, YEAR-	3.063	1.311	.163	.551	.032	.278	.144	.358	.226	.470	.265	.043	.080	.052
SPRING----------	3.040	1.277	.154	.575	.034	.287	.130	.348	.234	.463	.260	.045	.073	.055
SUMMER----------	3.001	1.301	.171	.513	.028	.284	.136	.333	.237	.423	.239	.042	.065	.047
FALL----------	3.134	1.313	.165	.572	.033	.269	.152	.412	.219	.501	.277	.040	.104	.055
WINTER----------	3.082	1.353	.164	.546	.033	.270	.158	.344	.213	.494	.285	.046	.080	.054
UNDER 1,000-------	2.043	.733	.172	.323	.024	.191	.063	.367	.169	.415	.263	.050	.055	.034
1,000-1,999-------	2.310	.842	.160	.430	.026	.219	.079	.357	.196	.451	.271	.064	.056	.029
2,000-2,999-------	2.424	.875	.163	.471	.041	.225	.101	.344	.205	.449	.263	.062	.068	.040
3,000-3,999-------	2.480	.976	.154	.456	.031	.236	.111	.320	.195	.462	.264	.057	.064	.043
4,000-4,999-------	2.617	1.030	.159	.466	.030	.288	.091	.360	.193	.459	.257	.056	.073	.046
5,000-5,999-------	2.972	1.223	.163	.551	.033	.304	.127	.356	.215	.464	.265	.045	.072	.057
6,000-6,999-------	3.091	1.354	.161	.580	.029	.304	.123	.334	.207	.467	.264	.040	.085	.057
7,000-7,999-------	3.289	1.430	.152	.632	.029	.311	.166	.337	.231	.476	.265	.034	.088	.061
8,000-8,999-------	3.413	1.560	.167	.620	.027	.290	.170	.346	.233	.474	.267	.034	.095	.045
9,000-9,999-------	3.189	1.404	.169	.553	.030	.301	.165	.341	.227	.475	.257	.035	.080	.057
10,000-14,999-------	3.556	1.638	.165	.584	.038	.272	.189	.398	.271	.486	.259	.031	.099	.061
15,000 AND OVER----	4.232	2.012	.194	.645	.037	.222	.295	.464	.363	.514	.285	.034	.113	.052
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	99.6	93.8	64.1	73.8	13.9	71.2	21.4	68.3	60.4	98.6	96.8	44.6	51.0	26.4
SUMMER----------	99.8	94.5	62.3	68.7	12.5	73.2	22.2	71.8	61.1	98.5	97.3	41.3	52.2	22.9
FALL----------	99.7	94.6	61.5	72.2	12.3	72.1	23.5	70.5	58.5	99.3	97.3	41.5	59.0	29.2
WINTER----------	100.0	95.2	58.1	68.0	13.6	71.0	24.0	66.3	56.8	99.0	97.9	41.7	56.6	27.8

* SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	MEAT, POULTRY, FISH									OTHER PROTEIN FOOD				
	TOTAL	BEEF	BACON, SALT PORK	OTHER PORK	LIVER	LUNCH MEAT, FRANK-FURTERS	OTHER MEAT *	POULTRY	FISH SHELL-FISH	TOTAL *	EGGS (FRESH EQUIV-ALENT) *	DRY LEGUMES (DRY WEIGHT)	NUTS (SHELLED WEIGHT), PEANUT BUTTER	SOUP, MIX-TURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS IN COLS. 2-10 AND 13-15, DOZENS IN COL. 12)														
ALL HOUSEHOLDS, YEAR-	4.227	1.501	.272	.725	.043	.430	.106	.840	.310	**	.543	.196	.147	.101
SPRING----------	4.258	1.508	.296	.760	.039	.437	.071	.774	.374	**	.573	.206	.137	.107
SUMMER----------	4.214	1.471	.310	.700	.035	.492	.078	.796	.333	**	.551	.194	.146	.097
FALL----------	4.370	1.492	.244	.714	.046	.404	.163	1.029	.277	**	.526	.194	.153	.104
WINTER----------	4.076	1.536	.237	.728	.053	.381	.116	.773	.252	**	.521	.190	.152	.095
UNDER 1,000-------	3.710	.966	.323	.554	.025	.396	.038	1.058	.350	**	.603	.386	.106	.031
1,000-1,999-------	3.619	.968	.333	.619	.060	.336	.089	.911	.304	**	.566	.295	.096	.039
2,000-2,999-------	3.844	1.016	.326	.674	.053	.335	.066	.992	.382	**	.513	.306	.106	.046
3,000-3,999-------	4.111	1.315	.275	.712	.043	.457	.071	.893	.344	**	.551	.279	.135	.073
4,000-4,999-------	4.060	1.460	.269	.644	.039	.452	.131	.796	.269	**	.549	.227	.150	.113
5,000-5,999-------	4.236	1.531	.245	.720	.059	.477	.108	.828	.267	**	.570	.162	.165	.104
6,000-6,999-------	4.427	1.653	.281	.808	.034	.478	.109	.796	.268	**	.535	.148	.179	.102
7,000-7,999-------	4.476	1.722	.229	.808	.031	.470	.086	.823	.308	**	.515	.109	.152	.147
8,000-8,999-------	4.430	1.824	.272	.787	.053	.437	.090	.662	.305	**	.561	.134	.161	.133
9,000-9,999-------	4.866	1.977	.270	.822	.043	.491	.097	.782	.384	**	.536	.144	.145	.163
10,000-14,999------	4.597	1.859	.235	.750	.041	.383	.187	.760	.381	**	.472	.096	.170	.120
15,000 AND OVER----	5.248	2.098	.288	.918	.021	.355	.270	.875	.423	**	.598	.151	.182	.181
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS, YEAR-	2.661	1.074	.185	.508	.023	.281	.079	.322	.189	.470	.259	.057	.090	.046
SPRING----------	2.532	1.029	.169	.488	.020	.272	.057	.290	.206	.455	.251	.060	.079	.049
SUMMER----------	2.649	1.048	.215	.499	.020	.323	.052	.298	.195	.460	.248	.061	.089	.043
FALL----------	2.721	1.079	.176	.503	.025	.266	.113	.396	.162	.478	.263	.053	.099	.048
WINTER----------	2.744	1.139	.179	.542	.029	.260	.097	.309	.190	.489	.274	.055	.092	.044
UNDER 1,000-------	1.861	.603	.191	.307	.012	.230	.022	.340	.156	.433	.266	.086	.059	.018
1,000-1,999-------	1.914	.609	.188	.377	.030	.203	.053	.315	.139	.407	.255	.069	.057	.019
2,000-2,999-------	2.036	.642	.179	.402	.027	.198	.047	.355	.186	.400	.232	.074	.068	.020
3,000-3,999-------	2.314	.832	.172	.467	.021	.277	.048	.318	.180	.432	.251	.070	.072	.030
4,000-4,999-------	2.507	1.019	.194	.458	.020	.287	.085	.300	.145	.479	.257	.064	.093	.050
5,000-5,999-------	2.648	1.053	.174	.497	.033	.319	.084	.311	.175	.490	.270	.053	.101	.046
6,000-6,999-------	2.867	1.186	.193	.585	.018	.313	.089	.316	.167	.480	.260	.047	.107	.047
7,000-7,999-------	3.010	1.308	.173	.595	.019	.320	.060	.326	.209	.493	.256	.043	.090	.079
8,000-8,999-------	3.039	1.353	.201	.589	.031	.298	.080	.273	.214	.487	.269	.052	.102	.048
9,000-9,999-------	3.312	1.477	.208	.612	.023	.333	.061	.333	.265	.556	.277	.064	.097	.070
10,000-14,999------	3.297	1.488	.186	.564	.020	.280	.143	.346	.268	.468	.244	.038	.104	.065
15,000 AND OVER----	4.271	1.855	.229	.801	.018	.273	.279	.408	.410	.617	.339	.059	.129	.080
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	99.2	89.7	69.4	74.0	10.6	75.1	11.5	65.0	57.5	98.8	96.7	55.2	58.9	25.1
SUMMER----------	100.0	91.6	69.9	68.9	9.6	75.4	10.8	67.9	51.7	99.6	98.0	50.1	63.3	22.2
FALL----------	99.6	91.1	59.9	69.6	11.8	69.0	16.0	70.9	45.1	98.9	96.4	48.9	64.8	23.8
WINTER----------	99.6	92.3	62.3	68.7	13.9	73.3	15.1	62.9	52.6	99.6	97.7	51.6	65.8	25.5

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 14.--MEAT, POULTRY, FISH, OTHER PROTEIN FOOD ALL SOURCES

UNITED STATES

RURAL FARM

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	MEAT, POULTRY, FISH									OTHER PROTEIN FOOD				
	TOTAL	BEEF	BACON, SALT PORK	OTHER PORK	LIVER	LUNCH MEAT, FRANK-FURTERS	OTHER MEAT *	POULTRY	FISH SHELL-FISH	TOTAL *	EGGS (FRESH EQUIV-ALENT) *	DRY LEGUMES (DRY WEIGHT)	NUTS (SHELLED WEIGHT), PEANUT BUTTER	SOUP, MIX-TURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS IN COLS. 2-10 AND 13-15, DOZENS IN COL. 12)														
ALL HOUSEHOLDS,YEAR-	4.490	1.658	.322	.803	.046	.362	.091	.896	.312	**	.626	.205	.129	.049
SPRING----------	4.612	1.730	.343	.911	.042	.386	.052	.783	.364	**	.662	.236	.120	.053
SUMMER----------	4.529	1.648	.320	.773	.039	.389	.085	.975	.300	**	.630	.176	.117	.039
FALL----------	4.553	1.614	.333	.724	.048	.348	.123	1.055	.308	**	.604	.197	.151	.061
WINTER----------	4.185	1.632	.285	.801	.059	.306	.110	.729	.265	**	.601	.217	.128	.042
UNDER 1,000-------	3.973	1.130	.300	.734	.030	.282	.109	1.001	.387	**	.595	.226	.110	.020
1,000-1,999-------	4.151	1.215	.396	.839	.027	.306	.094	.958	.315	**	.630	.377	.099	.037
2,000-2,999-------	3.957	1.217	.358	.762	.043	.302	.061	.906	.309	**	.562	.254	.112	.031
3,000-3,999-------	4.284	1.385	.362	.776	.069	.356	.095	.895	.345	**	.595	.246	.113	.043
4,000-4,999-------	4.523	1.640	.298	.851	.030	.390	.072	.916	.326	**	.617	.206	.127	.046
5,000-5,999-------	4.590	1.835	.302	.789	.045	.410	.069	.842	.298	**	.610	.148	.137	.057
6,000-6,999-------	4.919	1.914	.337	.808	.056	.369	.123	1.027	.286	**	.697	.170	.145	.054
7,000-7,999-------	4.791	1.925	.305	.940	.055	.378	.108	.847	.233	**	.634	.157	.159	.100
8,000-8,999-------	5.023	2.160	.296	.880	.038	.419	.058	.905	.268	**	.693	.147	.152	.080
9,000-9,999-------	4.726	2.107	.259	.767	.045	.417	.086	.688	.357	**	.679	.126	.167	.066
10,000-14,999------	5.157	2.227	.278	.899	.062	.379	.143	.831	.338	**	.638	.109	.152	.046
15,000 AND OVER----	4.781	2.466	.303	.551	.011	.329	.072	.760	.289	**	.674	.110	.150	.060
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS,YEAR-	2.653	1.158	.198	.515	.024	.220	.065	.306	.167	.428	.257	.054	.083	.023
SPRING----------	2.560	1.128	.182	.528	.021	.223	.036	.267	.176	.423	.254	.062	.074	.025
SUMMER----------	2.678	1.171	.204	.492	.022	.236	.067	.320	.165	.390	.242	.047	.072	.023
FALL----------	2.676	1.138	.210	.476	.026	.214	.079	.363	.169	.453	.262	.052	.102	.026
WINTER----------	2.712	1.204	.194	.583	.030	.199	.082	.266	.155	.458	.280	.058	.088	.016
UNDER 1,000-------	2.039	.724	.166	.420	.012	.153	.065	.331	.169	.381	.245	.054	.069	.008
1,000-1,999-------	2.241	.827	.212	.487	.013	.169	.076	.305	.152	.421	.257	.083	.058	.017
2,000-2,999-------	2.140	.830	.187	.468	.021	.170	.034	.295	.135	.373	.230	.059	.069	.011
3,000-3,999-------	2.338	.921	.195	.472	.035	.202	.061	.290	.161	.398	.243	.061	.071	.019
4,000-4,999-------	2.651	1.111	.193	.548	.016	.231	.057	.319	.177	.417	.253	.054	.085	.018
5,000-5,999-------	2.807	1.283	.199	.528	.023	.261	.048	.296	.168	.423	.254	.046	.084	.028
6,000-6,999-------	2.970	1.321	.225	.541	.032	.235	.090	.354	.171	.488	.292	.048	.095	.029
7,000-7,999-------	3.075	1.396	.209	.659	.032	.251	.072	.307	.149	.479	.264	.050	.103	.051
8,000-8,999-------	3.157	1.521	.212	.611	.019	.271	.047	.314	.162	.484	.269	.051	.112	.045
9,000-9,999-------	3.140	1.563	.185	.551	.024	.273	.061	.276	.207	.481	.287	.039	.113	.035
10,000-14,999------	3.354	1.635	.205	.592	.038	.247	.107	.313	.216	.458	.270	.042	.105	.022
15,000 AND OVER----	3.211	1.844	.230	.371	.006	.209	.065	.282	.204	.470	.274	.037	.104	.034
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	99.4	88.9	71.1	74.5	11.5	71.1	8.4	65.6	53.6	99.3	98.0	62.3	57.4	16.8
SUMMER----------	99.7	89.3	67.7	64.8	10.9	73.9	11.0	70.7	49.9	98.7	98.4	45.9	58.1	13.2
FALL----------	99.7	88.5	69.1	66.9	13.0	66.8	15.1	66.6	49.9	99.4	97.6	53.7	64.4	17.1
WINTER----------	100.0	88.1	62.2	65.9	13.2	61.4	12.4	58.2	52.1	99.8	98.5	56.9	60.9	14.3

* SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

TABLE 14.--MEAT, POULTRY, FISH, OTHER PROTEIN FOOD HOME-PRODUCED

UNITED STATES

RURAL FARM

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	MEAT, POULTRY, FISH									OTHER PROTEIN FOOD				
	TOTAL	BEEF	BACON, SALT PORK	OTHER PORK	LIVER	LUNCH MEAT, FRANK-FURTERS	OTHER MEAT *	POULTRY	FISH SHELL-FISH	TOTAL *	EGGS (FRESH EQUIV-ALENT) *	DRY LEGUMES (DRY WEIGHT)	NUTS (SHELLED WEIGHT), PEANUT BUTTER	SOUP, MIX-TURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS IN COLS. 2-10 AND 13-15, DOZENS IN COL. 12)														
ALL HOUSEHOLDS, YEAR-	1.863	.911	.082	.359	.024	.007	.066	.317	.096	**	.298	.023	.011	.001
SPRING----------	1.971	.988	.096	.416	.021	.009	.029	.266	.147	**	.342	.012	.007	.002
SUMMER----------	1.822	.838	.083	.339	.022	.005	.065	.380	.090	**	.331	.048	.002	.000
FALL----------	1.750	.882	.062	.257	.023	.005	.089	.357	.075	**	.250	.010	.027	*
WINTER----------	1.923	.954	.089	.440	.034	.012	.087	.241	.065	**	.248	.015	.012	.000
UNDER 1,000-------	1.753	.577	.109	.330	.007	.000	.093	.476	.162	**	.375	.021	.009	.000
1,000-1,999-------	1.762	.649	.131	.440	.016	*	.078	.350	.096	**	.417	.108	.008	.000
2,000-2,999-------	1.606	.674	.067	.350	.022	.006	.052	.349	.086	**	.315	.012	.007	.001
3,000-3,999-------	1.593	.709	.070	.277	.031	.004	.065	.313	.125	**	.293	.017	.018	.001
4,000-4,999-------	1.765	.845	.070	.341	.012	.001	.054	.348	.093	**	.285	.016	.014	.001
5,000-5,999-------	1.761	.919	.073	.325	.024	.009	.041	.293	.077	**	.247	.011	.008	.001
6,000-6,999-------	2.002	.994	.101	.410	.036	.009	.082	.284	.087	**	.281	.019	.012	.000
7,000-7,999-------	2.102	1.063	.104	.492	.030	.015	.090	.281	.027	**	.214	.009	.014	.000
8,000-8,999-------	2.404	1.383	.071	.416	.023	.003	.036	.366	.105	**	.344	.005	.006	.000
9,000-9,999-------	2.020	1.229	.075	.323	.022	.020	.043	.193	.115	**	.257	.007	.012	.000
10,000-14,999------	2.296	1.359	.068	.422	.041	.003	.089	.176	.139	**	.201	.007	.017	.000
15,000 AND OVER----	2.150	1.622	.030	.161	.006	.000	.039	.210	.081	**	.182	.008	.007	.000
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS, YEAR-	1.172	.667	.048	.232	.013	.006	.048	.112	.046	.137	.119	.006	.011	*
SPRING----------	1.157	.670	.047	.245	.011	.007	.021	.094	.064	.143	.130	.004	.008	.001
SUMMER----------	1.139	.627	.051	.220	.013	.004	.054	.128	.044	.137	.124	.010	.003	.000
FALL----------	1.110	.664	.037	.167	.014	.004	.056	.128	.041	.134	.106	.003	.024	*
WINTER----------	1.320	.727	.058	.317	.017	.010	.066	.091	.032	.131	.113	.005	.012	.000
UNDER 1,000-------	.977	.422	.057	.190	.004	.000	.057	.171	.077	.170	.153	.005	.012	.000
1,000-1,999-------	1.075	.488	.069	.281	.008	*	.066	.119	.043	.200	.170	.023	.007	.000
2,000-2,999-------	.945	.485	.037	.221	.010	.005	.029	.119	.039	.137	.126	.003	.008	*
3,000-3,999-------	.948	.504	.037	.179	.018	.003	.043	.108	.056	.141	.119	.005	.017	*
4,000-4,999-------	1.092	.605	.041	.226	.007	.001	.044	.122	.046	.136	.114	.004	.018	*
5,000-5,999-------	1.099	.659	.041	.211	.012	.007	.030	.103	.035	.112	.099	.004	.009	.001
6,000-6,999-------	1.275	.720	.062	.264	.020	.007	.058	.103	.041	.133	.115	.006	.012	.000
7,000-7,999-------	1.402	.791	.070	.336	.019	.014	.062	.099	.012	.100	.086	.003	.011	.000
8,000-8,999-------	1.568	1.015	.049	.278	.012	.003	.029	.130	.052	.141	.131	.003	.007	.000
9,000-9,999-------	1.416	.961	.056	.222	.012	.015	.034	.068	.047	.124	.114	.002	.008	.000
10,000-14,999------	1.558	1.004	.043	.273	.025	.002	.069	.065	.077	.096	.079	.004	.012	.000
15,000 AND OVER----	1.483	1.186	.022	.101	.003	.000	.032	.085	.053	.082	.071	.002	.010	.000
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	66.1	41.4	17.7	27.8	5.3	1.6	4.3	20.9	12.8	51.9	47.8	3.7	5.4	.4
SUMMER----------	62.9	39.8	15.9	24.8	5.3	.9	7.1	24.6	7.8	52.4	48.5	5.2	2.5	.0
FALL----------	62.1	41.5	12.0	19.7	6.2	1.3	8.9	25.3	7.8	46.9	40.0	3.4	9.9	.2
WINTER----------	63.4	42.3	17.2	27.7	7.8	2.0	9.5	18.3	5.4	44.1	37.5	5.0	8.3	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ALL VEGETABLES						POTATOES *					
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL (FRESH EQUIV-ALENT) *	CANNED		FROZEN		DRIED
		COMMER-CIAL	HOME	COMMER-CIAL	HOME			COMMER-CIAL	HOME	COMMER-CIAL	HOME	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
QUANTITY PER PERSON PER WEEK (POUNDS)												
ALL HOUSEHOLDS, YEAR-	5.671	1.147	.158	.230	.072	.013	1.944	.009	*	.050	*	.010
SPRING----------	5.353	1.152	.159	.241	.065	.014	1.901	.009	*	.052	*	.010
SUMMER----------	6.423	.946	.095	.195	.042	.013	1.891	.009	.000	.052	*	.011
FALL----------	5.565	1.179	.193	.227	.092	.011	1.984	.009	.000	.043	.000	.009
WINTER----------	5.315	1.323	.189	.260	.092	.012	2.005	.009	.000	.051	*	.009
UNDER 1,000-------	5.796	.861	.378	.080	.069	.006	1.740	.003	.000	.007	.000	.005
1,000-1,999-------	5.560	.882	.344	.088	.076	.006	1.665	.004	*	.019	.001	.004
2,000-2,999-------	5.243	.934	.240	.129	.087	.010	1.698	.004	.000	.024	.001	.008
3,000-3,999-------	5.391	1.062	.207	.154	.080	.010	1.837	.008	.000	.027	.001	.008
4,000-4,999-------	5.654	1.159	.191	.171	.093	.010	1.992	.010	.000	.036	*	.008
5,000-5,999-------	5.680	1.183	.152	.201	.074	.012	1.997	.008	.000	.048	*	.008
6,000-6,999-------	5.759	1.227	.133	.218	.087	.013	2.085	.006	.000	.052	.000	.011
7,000-7,999-------	5.699	1.245	.111	.285	.057	.015	2.061	.012	.000	.067	.000	.011
8,000-8,999-------	5.792	1.191	.110	.305	.065	.016	2.077	.010	.000	.075	.000	.014
9,000-9,999-------	5.665	1.233	.078	.294	.062	.015	2.048	.009	.000	.062	.000	.013
10,000-14,999------	5.836	1.186	.094	.363	.050	.017	1.962	.015	.000	.075	.001	.013
15,000 AND OVER----	6.111	1.302	.037	.456	.037	.021	1.732	.018	.000	.100	.000	.015
MONEY VALUE PER PERSON PER WEEK (DOLLARS)												
ALL HOUSEHOLDS, YEAR-	1.047	.248	.034	.079	.024	.012	.194	.002	*	.013	*	.007
SPRING----------	1.070	.249	.035	.082	.022	.012	.221	.002	*	.013	*	.007
SUMMER----------	1.163	.205	.021	.066	.014	.013	.212	.002	.000	.014	*	.008
FALL----------	.976	.251	.041	.079	.032	.011	.171	.002	.000	.011	.000	.006
WINTER----------	.970	.289	.039	.090	.031	.011	.168	.002	.000	.013	*	.007
UNDER 1,000-------	.969	.181	.079	.028	.023	.005	.158	*	.000	.002	.000	.004
1,000-1,999-------	.938	.190	.072	.030	.025	.007	.149	.001	*	.005	*	.003
2,000-2,999-------	.904	.193	.053	.042	.030	.008	.160	.001	.000	.006	*	.005
3,000-3,999-------	.929	.224	.043	.053	.027	.008	.168	.002	.000	.007	*	.006
4,000-4,999-------	.984	.243	.042	.057	.031	.009	.189	.002	.000	.009	*	.006
5,000-5,999-------	1.013	.255	.033	.065	.026	.012	.190	.002	.000	.011	*	.006
6,000-6,999-------	1.056	.267	.029	.074	.029	.012	.205	.001	.000	.013	.000	.007
7,000-7,999-------	1.076	.272	.023	.096	.019	.013	.212	.003	.000	.016	.000	.008
8,000-8,999-------	1.119	.260	.025	.105	.023	.016	.222	.003	.000	.020	.000	.010
9,000-9,999-------	1.103	.265	.018	.101	.021	.014	.211	.002	.000	.016	.000	.009
10,000-14,999------	1.184	.265	.020	.130	.017	.017	.217	.003	.000	.021	*	.010
15,000 AND OVER----	1.359	.300	.011	.174	.012	.022	.203	.004	.000	.028	.000	.011
PERCENT OF HOUSEHOLDS USING IN A WEEK												
ALL HOUSEHOLDS												
SPRING----------	99.5	88.5	14.1	41.2	8.6	12.5	89.6	2.7	*	11.7	.1	5.8
SUMMER----------	99.7	84.7	12.3	38.1	5.3	11.9	90.0	2.2	.0	11.7	.1	5.7
FALL----------	99.5	86.4	17.7	41.7	10.5	12.1	91.1	2.1	.0	11.1	.0	5.1
WINTER----------	99.7	90.9	16.0	44.4	10.8	12.8	93.1	2.7	.0	11.3	*	5.7

* SEE SPECIFIC TABLE NOTES, PAGE 18 YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	DARK GREEN *					DEEP YELLOW *					TOMATOES *		
	TOTAL *	CANNED		FROZEN		TOTAL *	CANNED		FROZEN		TOTAL *	CANNED	
		COMMER-CIAL	HOME	COMMER-CIAL	HOME		COMMER-CIAL	HOME	COMMER-CIAL	HOME		COMMER-CIAL	HOME
(1)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)
QUANTITY PER PERSON PER WEEK (POUNDS)													
ALL HOUSEHOLDS, YEAR-	.219	.032	.003	.037	.004	.324	.046	.003	.007	.002	.864	.412	.058
SPRING----------	.218	.034	.002	.039	.004	.259	.046	.003	.008	.002	.759	.407	.055
SUMMER----------	.190	.023	.002	.030	.001	.219	.041	.001	.005	.001	1.193	.370	.028
FALL----------	.257	.031	.002	.037	.003	.491	.056	.005	.008	.002	.757	.408	.070
WINTER----------	.213	.039	.004	.041	.006	.339	.042	.003	.008	.002	.733	.463	.079
UNDER 1,000------	.352	.040	.015	.017	.006	.381	.025	.006	.003	.002	.747	.240	.105
1,000-1,999------	.323	.042	.007	.012	.005	.365	.031	.009	.002	.002	.823	.264	.122
2,000-2,999------	.278	.033	.007	.020	.003	.376	.038	.003	.006	.001	.724	.333	.066
3,000-3,999------	.256	.031	.003	.028	.003	.344	.048	.002	.002	.003	.736	.334	.076
4,000-4,999------	.235	.031	.003	.028	.002	.317	.044	.005	.004	.003	.834	.408	.060
5,000-5,999------	.211	.034	.001	.033	.004	.317	.058	.002	.006	.002	.862	.416	.059
6,000-6,999------	.177	.029	.003	.033	.004	.313	.049	.001	.006	.001	.879	.437	.055
7,000-7,999------	.185	.031	.001	.048	.004	.310	.051	.003	.009	.001	.903	.457	.050
8,000-8,999------	.192	.030	*	.047	.002	.292	.046	.002	.010	.001	.930	.454	.050
9,000-9,999------	.212	.034	.001	.046	.005	.285	.058	.001	.008	.001	.845	.438	.025
10,000-14,999----	.168	.026	.001	.049	.003	.312	.042	.004	.014	.002	.983	.476	.042
15,000 AND OVER--	.227	.027	*	.082	.003	.354	.047	.000	.015	.002	1.095	.572	.007
MONEY VALUE PER PERSON PER WEEK (DOLLARS)													
ALL HOUSEHOLDS, YEAR-	.058	.007	.001	.013	.001	.051	.010	.001	.002	.001	.191	.082	.010
SPRING----------	.058	.008	.001	.014	.001	.044	.011	.001	.002	.001	.175	.081	.010
SUMMER----------	.054	.006	*	.010	*	.037	.009	*	.002	*	.253	.074	.005
FALL----------	.064	.006	.001	.013	.001	.069	.012	.001	.002	.001	.169	.080	.012
WINTER----------	.058	.008	.001	.015	.002	.053	.010	.001	.003	.001	.162	.093	.013
UNDER 1,000------	.072	.007	.004	.005	.002	.051	.006	.001	.001	*	.153	.046	.018
1,000-1,999------	.074	.008	.002	.004	.001	.050	.007	.002	.001	.001	.174	.053	.021
2,000-2,999------	.061	.006	.002	.007	.001	.055	.008	.001	.002	*	.156	.067	.011
3,000-3,999------	.059	.006	.001	.010	.001	.052	.011	*	.001	.001	.155	.066	.013
4,000-4,999------	.056	.006	*	.010	.001	.048	.010	.001	.001	.001	.180	.082	.010
5,000-5,999------	.055	.007	.001	.011	.002	.050	.012	*	.002	.001	.186	.084	.010
6,000-6,999------	.052	.007	.001	.012	.001	.049	.011	*	.002	*	.194	.087	.009
7,000-7,999------	.053	.006	*	.017	.001	.049	.011	.001	.003	*	.203	.092	.008
8,000-8,999------	.055	.006	*	.018	.001	.048	.011	*	.003	*	.206	.090	.009
9,000-9,999------	.062	.007	*	.016	.002	.047	.012	*	.002	*	.196	.087	.005
10,000-14,999----	.057	.006	*	.018	.001	.051	.009	.001	.004	*	.228	.096	.007
15,000 AND OVER--	.082	.008	*	.031	.001	.065	.012	.000	.005	.001	.254	.113	.002
PERCENT OF HOUSEHOLDS USING IN A WEEK													
ALL HOUSEHOLDS													
SPRING----------	47.9	9.8	.6	12.5	1.3	53.2	11.6	.5	2.7	.5	84.1	68.1	6.0
SUMMER----------	48.4	8.0	.4	10.9	.6	47.1	10.2	.2	2.0	.2	90.9	67.8	3.9
FALL----------	48.3	7.9	.5	12.6	1.0	62.7	12.1	.7	2.6	.5	81.7	67.4	7.5
WINTER----------	45.9	10.2	.8	13.8	1.8	58.9	10.5	.6	2.9	.6	83.7	71.5	8.5

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	OTHER *						SOUP, MIXTURES					
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL *	CANNED		FROZEN		DRIED
		COMMER-CIAL	HOME	COMMER-CIAL	HOME			COMMER-CIAL	HOME	COMMER-CIAL	HOME	
(1)	(27)	(28)	(29)	(30)	(31)	(32)	(33)	(34)	(35)	(36)	(37)	(38)
QUANTITY PER PERSON PER WEEK (POUNDS)												
ALL HOUSEHOLDS,YEAR-	2.521	.545	.094	.134	.064	.001	.117	.104	.001	.003	.001	.001
SPRING----------	2.430	.559	.098	.139	.056	.001	.110	.096	*	.004	*	.002
SUMMER----------	3.185	.417	.064	.105	.038	.001	.097	.085	*	.003	*	.001
FALL----------	2.248	.568	.113	.136	.084	*	.121	.107	.003	.002	*	.001
WINTER----------	2.186	.641	.101	.158	.080	.001	.139	.128	.001	.002	.002	.001
UNDER 1,000-------	2.588	.463	.248	.054	.058	*	.097	.091	.004	*	.001	*
1,000-1,999-------	2.394	.445	.205	.054	.066	.001	.099	.095	.001	.001	*	*
2,000-2,999-------	2.267	.446	.159	.080	.080	*	.091	.079	.006	*	.001	.001
3,000-3,999-------	2.295	.536	.126	.096	.071	.001	.112	.104	.001	.001	*	.001
4,000-4,999-------	2.437	.562	.123	.100	.084	.001	.114	.105	*	.002	*	.001
5,000-5,999-------	2.472	.556	.090	.110	.066	.001	.122	.110	*	.003	*	.002
6,000-6,999-------	2.514	.580	.072	.124	.075	.001	.141	.127	.002	.003	.004	.001
7,000-7,999-------	2.536	.585	.056	.158	.051	.001	.122	.109	.001	.003	.000	.002
8,000-8,999-------	2.591	.538	.058	.167	.062	.001	.130	.113	.000	.005	.000	.002
9,000-9,999-------	2.564	.602	.049	.173	.055	*	.110	.092	.002	.006	.000	.002
10,000-14,999------	2.757	.529	.047	.221	.043	.001	.114	.098	.000	.004	*	.002
15,000 AND OVER----	3.036	.549	.029	.256	.031	.003	.101	.090	.000	.003	.000	.002
MONEY VALUE PER PERSON PER WEEK (DOLLARS)												
ALL HOUSEHOLDS,YEAR-	.518	.119	.023	.049	.022	.001	.036	.028	*	.002	*	.002
SPRING----------	.535	.121	.024	.050	.019	.001	.035	.027	*	.002	*	.003
SUMMER----------	.575	.091	.016	.038	.013	.002	.031	.023	*	.002	*	.002
FALL----------	.467	.123	.027	.051	.029	.001	.036	.028	.001	.001	*	.002
WINTER----------	.489	.142	.024	.058	.028	.001	.040	.033	*	.002	*	.002
UNDER 1,000-------	.510	.097	.055	.020	.020	*	.026	.024	.001	*	*	*
1,000-1,999-------	.463	.094	.047	.019	.023	.001	.028	.026	*	.001	*	*
2,000-2,999-------	.447	.091	.038	.028	.028	.001	.025	.020	.001	*	*	.001
3,000-3,999-------	.462	.112	.030	.034	.024	.001	.032	.027	*	.001	*	.001
4,000-4,999-------	.475	.116	.030	.035	.028	.001	.035	.028	*	.002	*	.002
5,000-5,999-------	.495	.120	.022	.038	.023	.002	.037	.030	*	.002	*	.002
6,000-6,999-------	.513	.126	.018	.045	.026	.001	.042	.035	.001	.002	.001	.002
7,000-7,999-------	.520	.130	.014	.058	.018	.001	.038	.029	*	.002	.000	.003
8,000-8,999-------	.547	.120	.015	.061	.022	.001	.042	.030	.000	.004	.000	.003
9,000-9,999-------	.550	.131	.012	.063	.019	.001	.036	.025	.001	.004	.000	.003
10,000-14,999------	.592	.123	.012	.083	.015	.001	.037	.026	.000	.003	*	.003
15,000 AND OVER----	.723	.139	.009	.107	.011	.004	.033	.025	.000	.002	.000	.004
PERCENT OF HOUSEHOLDS USING IN A WEEK												
ALL HOUSEHOLDS												
SPRING----------	97.9	68.1	11.4	30.9	8.0	3.0	27.8	23.3	.1	1.2	.1	3.0
SUMMER----------	98.5	57.4	10.2	26.2	5.0	3.6	25.8	21.4	.1	1.3	*	2.5
FALL----------	97.7	66.9	13.9	31.7	10.0	3.5	29.5	25.8	.3	1.4	*	2.9
WINTER----------	98.3	71.1	12.1	33.2	10.1	3.3	34.1	29.8	.1	1.1	.1	3.4

* SEE SPECIFIC TABLE NOTES, PAGE 183 YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ALL VEGETABLES						POTATOES *					
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL (FRESH EQUIVALENT) *	CANNED		FROZEN		DRIED
		COMMERCIAL	HOME	COMMERCIAL	HOME			COMMERCIAL	HOME	COMMERCIAL	HOME	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
QUANTITY PER PERSON PER WEEK (POUNDS)												
ALL HOUSEHOLDS,YEAR-	5.442	1.227	.057	.265	.028	.014	1.809	.010	.000	.054	.000	.010
SPRING----------	5.315	1.240	.052	.272	.027	.015	1.784	.010	.000	.056	.000	.011
SUMMER----------	5.899	1.033	.034	.225	.017	.016	1.761	.011	.000	.059	.000	.012
FALL----------	5.414	1.258	.067	.266	.032	.012	1.861	.007	.000	.051	.000	.009
WINTER----------	5.130	1.382	.077	.299	.035	.012	1.834	.011	.000	.049	.000	.009
UNDER 1,000-------	5.065	1.130	.106	.134	.037	.008	1.351	.004	.000	.009	.000	.006
1,000-1,999-------	5.079	1.159	.109	.137	.019	.010	1.510	.006	.000	.028	.000	.007
2,000-2,999-------	5.081	1.124	.063	.184	.018	.010	1.596	.006	.000	.031	.000	.008
3,000-3,999-------	5.094	1.154	.067	.208	.024	.012	1.672	.007	.000	.033	.000	.009
4,000-4,999-------	5.363	1.269	.063	.199	.027	.012	1.765	.010	.000	.035	.000	.010
5,000-5,999-------	5.353	1.234	.073	.229	.031	.012	1.808	.010	.000	.053	.000	.009
6,000-6,999-------	5.529	1.298	.050	.236	.036	.011	1.940	.007	.000	.054	.000	.008
7,000-7,999-------	5.492	1.243	.050	.298	.025	.016	1.951	.012	.000	.066	.000	.012
8,000-8,999-------	5.656	1.236	.058	.329	.023	.015	1.998	.013	.000	.079	.000	.012
9,000-9,999-------	5.401	1.203	.036	.286	.040	.017	1.896	.010	.000	.050	.000	.014
10,000-14,999------	5.731	1.204	.043	.375	.027	.017	1.895	.011	.000	.075	.000	.014
15,000 AND OVER----	5.998	1.293	.020	.455	.017	.023	1.640	.022	.000	.102	.000	.016
MONEY VALUE PER PERSON PER WEEK (DOLLARS)												
ALL HOUSEHOLDS,YEAR-	1.032	.267	.013	.092	.010	.013	.188	.002	.000	.014	.000	.007
SPRING----------	1.082	.271	.012	.093	.009	.014	.213	.002	.000	.015	.000	.008
SUMMER----------	1.081	.224	.008	.076	.006	.015	.203	.002	.000	.016	.000	.009
FALL----------	.981	.269	.015	.093	.011	.012	.170	.002	.000	.013	.000	.006
WINTER----------	.979	.306	.016	.105	.012	.011	.163	.002	.000	.012	.000	.006
UNDER 1,000-------	.862	.236	.021	.048	.012	.007	.128	*	.000	.002	.000	.005
1,000-1,999-------	.893	.251	.023	.046	.007	.011	.149	.002	.000	.007	.000	.005
2,000-2,999-------	.894	.236	.014	.061	.006	.009	.160	.001	.000	.007	.000	.005
3,000-3,999-------	.888	.244	.014	.070	.009	.010	.156	.001	.000	.009	.000	.006
4,000-4,999-------	.948	.267	.015	.067	.009	.011	.173	.002	.000	.009	.000	.007
5,000-5,999-------	.984	.267	.016	.074	.011	.013	.181	.002	.000	.013	.000	.007
6,000-6,999-------	1.023	.283	.011	.080	.013	.010	.195	.002	.000	.014	.000	.006
7,000-7,999-------	1.050	.278	.011	.100	.009	.015	.202	.003	.000	.016	.000	.009
8,000-8,999-------	1.099	.271	.013	.114	.008	.016	.217	.003	.000	.021	.000	.010
9,000-9,999-------	1.068	.263	.009	.100	.013	.015	.202	.002	.000	.013	.000	.009
10,000-14,999------	1.187	.270	.009	.135	.009	.017	.215	.002	.000	.021	.000	.010
15,000 AND OVER----	1.352	.299	.006	.176	.006	.022	.201	.004	.000	.029	.000	.011
PERCENT OF HOUSEHOLDS USING IN A WEEK												
ALL HOUSEHOLDS												
SPRING----------	99.5	89.8	6.8	44.6	3.8	13.9	88.7	2.9	.0	12.4	.0	6.1
SUMMER----------	99.6	87.6	5.7	44.3	2.4	14.0	90.0	2.4	.0	13.5	.0	6.4
FALL----------	99.5	88.9	8.5	47.7	5.2	14.1	90.8	2.0	.0	12.6	.0	5.6
WINTER----------	99.7	92.1	9.0	48.5	4.8	13.4	92.7	3.2	.0	11.2	.0	5.9

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	DARK GREEN *					DEEP YELLOW *					TOMATOES *		
	TOTAL *	CANNED		FROZEN		TOTAL *	CANNED		FROZEN		TOTAL *	CANNED	
		COMMER-CIAL	HOME	COMMER-CIAL	HOME		COMMER-CIAL	HOME	COMMER-CIAL	HOME		COMMER-CIAL	HOME
(1)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)
QUANTITY PER PERSON PER WEEK (POUNDS)													
ALL HOUSEHOLDS,YEAR-	.231	.035	.001	.045	.002	.309	.049	.001	.009	.001	.842	.442	.023
SPRING----------	.239	.039	*	.047	.002	.278	.049	.001	.010	.001	.774	.435	.019
SUMMER----------	.201	.024	*	.037	.001	.220	.043	.000	.006	.000	1.095	.405	.013
FALL----------	.259	.035	.001	.044	.002	.435	.061	.001	.009	*	.766	.446	.026
WINTER----------	.225	.041	.002	.050	.004	.307	.041	*	.011	.001	.728	.484	.034
UNDER 1,000-------	.379	.064	.004	.024	.007	.301	.021	.000	.005	.000	.628	.314	.043
1,000-1,999-------	.310	.062	*	.021	*	.316	.044	.003	.002	.000	.696	.333	.046
2,000-2,999-------	.320	.047	.002	.033	.002	.351	.041	.000	.008	.000	.725	.400	.026
3,000-3,999-------	.279	.039	.000	.040	.001	.354	.050	*	.003	.001	.696	.371	.027
4,000-4,999-------	.276	.030	.003	.036	*	.313	.049	.002	.006	.001	.803	.449	.016
5,000-5,999-------	.244	.036	.001	.041	.004	.306	.063	.000	.008	*	.836	.435	.034
6,000-6,999-------	.188	.033	.001	.037	.001	.294	.048	.000	.007	*	.851	.460	.021
7,000-7,999-------	.187	.028	*	.051	.003	.307	.054	.001	.010	.001	.863	.454	.019
8,000-8,999-------	.200	.031	*	.056	.001	.294	.048	.000	.013	.000	.883	.455	.023
9,000-9,999-------	.223	.034	.000	.049	.005	.259	.058	.000	.007	.001	.816	.424	.011
10,000-14,999------	.176	.027	.001	.053	.002	.294	.035	.001	.015	.001	.981	.490	.017
15,000 AND OVER----	.220	.023	.000	.080	*	.352	.049	.000	.015	.001	1.083	.584	.005
MONEY VALUE PER PERSON PER WEEK (DOLLARS)													
ALL HOUSEHOLDS,YEAR-	.062	.008	*	.016	.001	.050	.011	*	.003	*	.189	.088	.004
SPRING----------	.066	.009	*	.017	.001	.047	.011	*	.003	*	.184	.086	.004
SUMMER----------	.056	.006	*	.013	*	.037	.010	.000	.002	.000	.233	.079	.002
FALL----------	.066	.007	.001	.016	.001	.063	.013	*	.003	*	.174	.087	.004
WINTER----------	.063	.009	*	.018	.001	.050	.010	*	.004	*	.165	.097	.006
UNDER 1,000-------	.074	.012	.001	.008	.002	.041	.005	.000	.001	.000	.128	.058	.007
1,000-1,999-------	.072	.013	*	.007	*	.049	.011	*	.001	.000	.149	.065	.008
2,000-2,999-------	.072	.009	.001	.012	.001	.053	.009	.000	.002	.000	.159	.081	.005
3,000-3,999-------	.066	.008	.000	.014	.001	.054	.012	*	.001	*	.150	.073	.005
4,000-4,999-------	.067	.006	*	.012	*	.047	.012	*	.002	*	.173	.088	.003
5,000-5,999-------	.063	.008	.001	.014	.002	.049	.013	.000	.002	*	.182	.086	.006
6,000-6,999-------	.054	.008	*	.013	*	.048	.011	.000	.002	*	.190	.090	.004
7,000-7,999-------	.054	.006	*	.017	.001	.049	.012	*	.003	*	.202	.093	.003
8,000-8,999-------	.059	.007	*	.021	*	.048	.011	.000	.004	.000	.197	.090	.004
9,000-9,999-------	.063	.007	.000	.017	.002	.044	.013	.000	.002	*	.193	.086	.002
10,000-14,999------	.059	.007	*	.019	.001	.049	.008	*	.005	*	.233	.099	.003
15,000 AND OVER----	.081	.008	.000	.031	*	.065	.013	.000	.006	*	.254	.113	.001
PERCENT OF HOUSEHOLDS USING IN A WEEK													
ALL HOUSEHOLDS													
SPRING----------	51.2	10.8	.2	14.3	.6	55.1	11.9	.1	3.4	.2	84.8	68.5	2.6
SUMMER----------	51.3	8.3	.1	13.6	.4	49.0	10.6	.0	2.6	.0	90.3	69.6	1.9
FALL----------	51.6	8.5	.3	14.3	.8	62.2	12.8	.3	2.9	.2	82.4	69.4	3.0
WINTER----------	49.0	10.6	.4	15.8	1.2	58.1	10.3	.1	3.9	.2	83.9	72.4	4.1

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	OTHER *						SOUP, MIXTURES					
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL *	CANNED		FROZEN		DRIED
		COMMER-CIAL	HOME	COMMER-CIAL	HOME			COMMER-CIAL	HOME	COMMER-CIAL	HOME	
(1)	(27)	(28)	(29)	(30)	(31)	(32)	(33)	(34)	(35)	(36)	(37)	(38)
QUANTITY PER PERSON PER WEEK (POUNDS)												
ALL HOUSEHOLDS,YEAR-	2.456	.578	.033	.155	.025	.001	.126	.114	*	.003	*	.002
SPRING----------	2.453	.601	.032	.155	.024	.001	.122	.106	*	.004	*	.002
SUMMER----------	2.897	.459	.021	.120	.016	.001	.104	.092	.000	.002	.000	.002
FALL----------	2.277	.593	.037	.158	.028	.001	.127	.116	.001	.003	.000	.002
WINTER----------	2.182	.664	.041	.186	.030	.001	.149	.140	.000	.003	.000	.002
UNDER 1,000-------	2.393	.612	.060	.094	.026	.001	.119	.115	.000	.001	.003	.001
1,000-1,999-------	2.277	.595	.059	.085	.019	.001	.122	.118	.001	.001	.000	*
2,000-2,999-------	2.215	.528	.034	.113	.015	.001	.110	.101	.000	*	.001	.001
3,000-3,999-------	2.172	.570	.039	.131	.023	.001	.124	.117	.000	.001	.000	.001
4,000-4,999-------	2.334	.612	.042	.120	.023	.001	.130	.120	.000	.002	.000	.001
5,000-5,999-------	2.342	.578	.038	.124	.026	.001	.123	.112	.000	.002	.000	.002
6,000-6,999-------	2.438	.613	.028	.136	.035	.001	.146	.138	.000	.003	.000	.001
7,000-7,999-------	2.463	.578	.028	.167	.021	*	.132	.118	.002	.003	.000	.003
8,000-8,999-------	2.549	.566	.035	.175	.022	.001	.140	.122	.000	.005	.000	.002
9,000-9,999-------	2.473	.574	.023	.176	.034	.001	.121	.103	.002	.004	.000	.003
10,000-14,999------	2.746	.538	.024	.227	.023	.001	.119	.103	.000	.004	.000	.002
15,000 AND OVER----	3.041	.529	.015	.255	.015	.004	.100	.086	.000	.003	.000	.002
MONEY VALUE PER PERSON PER WEEK (DOLLARS)												
ALL HOUSEHOLDS,YEAR-	.504	.129	.008	.057	.009	.001	.038	.030	*	.002	*	.003
SPRING----------	.532	.132	.008	.056	.008	.001	.039	.029	*	.003	*	.003
SUMMER----------	.518	.102	.006	.044	.005	.001	.034	.025	.000	.002	.000	.002
FALL----------	.469	.130	.009	.060	.010	.001	.038	.030	*	.002	.000	.003
WINTER----------	.494	.151	.010	.069	.011	.001	.043	.037	.000	.002	.000	.002
UNDER 1,000-------	.458	.129	.013	.036	.009	*	.033	.031	.000	.001	.001	*
1,000-1,999-------	.439	.128	.014	.030	.007	.001	.035	.033	*	.001	.000	*
2,000-2,999-------	.420	.110	.009	.039	.005	.001	.030	.025	.000	*	*	.001
3,000-3,999-------	.428	.122	.009	.046	.008	.001	.034	.029	.000	.001	.000	.001
4,000-4,999-------	.447	.127	.011	.043	.008	.001	.041	.032	.000	.002	.000	.002
5,000-5,999-------	.471	.128	.009	.043	.010	.001	.037	.030	.000	.002	.000	.003
6,000-6,999-------	.493	.136	.007	.049	.012	.001	.043	.037	.000	.002	.000	.002
7,000-7,999-------	.501	.132	.007	.061	.008	.001	.043	.032	*	.002	.000	.004
8,000-8,999-------	.534	.128	.009	.063	.008	.001	.045	.032	.000	.004	.000	.004
9,000-9,999-------	.527	.128	.006	.065	.011	.001	.039	.027	.001	.003	.000	.004
10,000-14,999------	.592	.126	.006	.087	.008	.001	.039	.028	.000	.003	.000	.003
15,000 AND OVER----	.720	.138	.005	.108	.005	.004	.032	.024	.000	.002	.000	.003
PERCENT OF HOUSEHOLDS USING IN A WEEK												
ALL HOUSEHOLDS												
SPRING----------	97.9	70.8	5.1	33.7	3.5	3.5	29.3	24.4	*	1.3	*	3.4
SUMMER----------	98.6	62.5	4.4	30.0	2.2	4.4	27.3	22.6	.0	1.1	.0	2.9
FALL----------	97.9	69.8	6.5	36.7	4.8	4.2	31.2	27.4	.1	1.4	.0	3.2
WINTER----------	98.7	73.3	6.9	36.7	4.3	3.7	35.3	31.3	.0	1.0	.0	3.5

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ALL VEGETABLES						POTATOES *					
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL (FRESH EQUIV-ALENT) *	CANNED		FROZEN		DRIED
		COMMER-CIAL	HOME	COMMER-CIAL	HOME			COMMER-CIAL	HOME	COMMER-CIAL	HOME	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
QUANTITY PER PERSON PER WEEK (POUNDS)												
ALL HOUSEHOLDS,YEAR-	5.981	1.072	.287	.177	.125	.011	2.176	.009	.000	.046	.001	.009
SPRING----------	5.362	1.026	.315	.196	.104	.012	2.086	.008	.000	.049	.001	.009
SUMMER----------	7.106	.870	.147	.157	.054	.009	2.045	.009	.000	.046	.001	.007
FALL----------	5.777	1.121	.383	.163	.169	.011	2.224	.013	.000	.028	.000	.010
WINTER----------	5.644	1.277	.313	.194	.177	.012	2.356	.006	.000	.059	.000	.010
UNDER 1,000-------	6.190	.755	.577	.038	.057	.005	1.980	.003	.000	.003	.000	.005
1,000-1,999-------	5.745	.656	.467	.043	.077	.002	1.636	.002	.000	.012	.000	.002
2,000-2,999-------	5.150	.769	.346	.062	.133	.012	1.716	*	.000	.017	.000	.011
3,000-3,999-------	5.792	1.063	.336	.083	.123	.007	2.097	.014	.000	.022	.002	.006
4,000-4,999-------	5.980	1.042	.338	.135	.174	.005	2.365	.011	.000	.041	.000	.003
5,000-5,999-------	6.277	1.152	.255	.154	.132	.010	2.415	.005	.000	.043	.001	.008
6,000-6,999-------	6.105	1.135	.254	.193	.160	.019	2.397	.004	.000	.051	.000	.018
7,000-7,999-------	6.213	1.324	.227	.269	.111	.011	2.328	.013	.000	.074	.000	.007
8,000-8,999-------	5.892	1.121	.191	.248	.145	.022	2.209	.003	.000	.067	.000	.019
9,000-9,999-------	6.343	1.433	.131	.337	.079	.011	2.453	.008	.000	.108	.000	.010
10,000-14,999------	5.973	1.172	.238	.352	.094	.015	2.103	.036	.000	.077	.003	.011
15,000 AND OVER----	6.284	1.429	.041	.488	.048	.019	1.825	.007	.000	.090	.000	.013
MONEY VALUE PER PERSON PER WEEK (DOLLARS)												
ALL HOUSEHOLDS,YEAR-	1.057	.226	.061	.060	.042	.010	.204	.002	.000	.011	*	.006
SPRING----------	1.043	.216	.068	.067	.035	.009	.236	.002	.000	.012	*	.006
SUMMER----------	1.262	.186	.033	.054	.018	.009	.221	.002	.000	.012	*	.005
FALL----------	.964	.236	.080	.057	.057	.010	.176	.002	.000	.007	.000	.007
WINTER----------	.948	.268	.064	.063	.060	.012	.180	.002	.000	.014	.000	.007
UNDER 1,000-------	1.033	.161	.117	.013	.020	.004	.174	*	.000	.001	.000	.004
1,000-1,999-------	.933	.141	.096	.015	.026	.002	.130	.001	.000	.003	.000	.002
2,000-2,999-------	.871	.155	.076	.019	.046	.009	.150	*	.000	.004	.000	.007
3,000-3,999-------	.979	.222	.069	.030	.041	.006	.186	.004	.000	.006	.001	.004
4,000-4,999-------	1.009	.216	.073	.044	.058	.004	.218	.003	.000	.010	.000	.002
5,000-5,999-------	1.052	.246	.056	.050	.045	.011	.210	.001	.000	.010	*	.005
6,000-6,999-------	1.098	.243	.054	.067	.052	.016	.231	.001	.000	.012	.000	.012
7,000-7,999-------	1.144	.266	.045	.093	.037	.009	.240	.003	.000	.020	.000	.004
8,000-8,999-------	1.136	.241	.043	.086	.052	.018	.232	.001	.000	.017	.000	.014
9,000-9,999-------	1.193	.291	.030	.113	.027	.010	.238	.003	.000	.028	.000	.008
10,000-14,999------	1.153	.257	.048	.121	.032	.017	.224	.005	.000	.021	.001	.009
15,000 AND OVER----	1.407	.332	.013	.181	.015	.024	.193	.003	.000	.024	.000	.011
PERCENT OF HOUSEHOLDS USING IN A WEEK												
ALL HOUSEHOLDS												
SPRING----------	99.4	86.7	27.0	35.6	15.8	9.7	91.8	2.4	.0	11.1	.2	5.4
SUMMER----------	99.8	80.2	21.6	27.5	8.6	7.4	89.0	2.0	.0	8.6	.2	4.6
FALL----------	99.4	81.6	34.6	30.6	16.5	8.0	92.2	2.3	.0	8.2	.0	4.6
WINTER----------	99.8	90.1	27.5	37.3	21.9	12.4	94.6	1.7	.0	12.6	.0	5.6

* SEE SPECIFIC TABLE NOTES, PAGE 183 YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	DARK GREEN *					DEEP YELLOW *					TOMATOES *		
	TOTAL *	CANNED		FROZEN		TOTAL *	CANNED		FROZEN		TOTAL *	CANNED	
		COMMER-CIAL	HOME	COMMER-CIAL	HOME		COMMER-CIAL	HOME	COMMER-CIAL	HOME		COMMER-CIAL	HOME
(1)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)
QUANTITY PER PERSON PER WEEK (POUNDS)													
ALL HOUSEHOLDS, YEAR-	.193	.027	.005	.023	.006	.338	.046	.007	.003	.004	.891	.375	.106
SPRING----------	.175	.024	.005	.023	.008	.217	.041	.007	.003	.003	.752	.367	.117
SUMMER----------	.172	.023	.005	.019	.002	.213	.043	.001	.002	.001	1.309	.329	.033
FALL----------	.243	.024	.003	.026	.006	.557	.052	.012	.006	.005	.739	.358	.142
WINTER----------	.184	.038	.007	.025	.007	.378	.047	.007	.001	.005	.744	.444	.137
UNDER 1,000-------	.343	.022	.029	.013	.003	.424	.036	.013	.000	.001	.846	.178	.149
1,000-1,999-------	.373	.027	.013	.004	.009	.359	.018	.013	.002	.001	.954	.205	.181
2,000-2,999-------	.233	.013	.012	.002	.005	.372	.041	.005	.002	.001	.664	.275	.072
3,000-3,999-------	.221	.020	.007	.010	.005	.324	.054	.005	*	.005	.763	.298	.120
4,000-4,999-------	.169	.037	*	.018	.003	.313	.039	.009	.003	.008	.855	.353	.120
5,000-5,999-------	.135	.032	.002	.017	.003	.316	.051	.005	.001	.004	.897	.400	.089
6,000-6,999-------	.139	.019	.007	.028	.011	.345	.051	.003	.003	.002	.899	.413	.103
7,000-7,999-------	.169	.042	.000	.045	.009	.302	.046	.007	.005	.002	1.043	.496	.120
8,000-8,999-------	.163	.027	*	.022	.003	.282	.038	.006	.001	.000	1.005	.466	.100
9,000-9,999-------	.157	.034	.002	.037	.005	.368	.062	.000	.011	.000	.930	.512	.039
10,000-14,999------	.134	.021	.001	.041	.008	.357	.071	.019	.010	.006	.974	.439	.120
15,000 AND OVER----	.282	.048	.002	.110	.015	.351	.042	.000	.005	.002	1.089	.557	.000
MONEY VALUE PER PERSON PER WEEK (DOLLARS)													
ALL HOUSEHOLDS, YEAR-	.050	.005	.001	.009	.002	.051	.010	.001	.001	.001	.188	.076	.018
SPRING----------	.043	.005	.002	.009	.003	.038	.009	.002	.001	.001	.165	.074	.020
SUMMER----------	.052	.005	.001	.007	.001	.034	.009	*	.001	*	.270	.069	.006
FALL----------	.060	.004	*	.010	.002	.078	.011	.002	.002	.001	.154	.070	.024
WINTER----------	.047	.007	.001	.009	.002	.055	.010	.001	*	.002	.158	.091	.023
UNDER 1,000-------	.072	.004	.007	.004	.001	.056	.009	.002	.000	*	.169	.036	.025
1,000-1,999-------	.084	.005	.004	.002	.002	.046	.003	.002	.001	*	.198	.044	.032
2,000-2,999-------	.048	.002	.002	.001	.001	.054	.009	.001	.001	*	.138	.054	.012
3,000-3,999-------	.049	.004	.002	.004	.002	.051	.012	.001	*	.002	.152	.059	.020
4,000-4,999-------	.038	.007	*	.007	.001	.047	.007	.001	.001	.003	.184	.074	.021
5,000-5,999-------	.038	.007	*	.007	.001	.049	.011	.001	*	.001	.190	.084	.015
6,000-6,999-------	.045	.004	.002	.011	.004	.051	.010	.001	.001	.001	.191	.085	.017
7,000-7,999-------	.050	.007	.000	.016	.003	.049	.011	.001	.001	*	.210	.092	.019
8,000-8,999-------	.042	.005	*	.008	.001	.044	.009	.001	*	.000	.218	.095	.018
9,000-9,999-------	.057	.007	*	.013	.002	.057	.010	.000	.004	.000	.205	.099	.007
10,000-14,999------	.050	.006	.001	.016	.002	.058	.015	.003	.003	.001	.207	.090	.020
15,000 AND OVER----	.098	.013	.001	.040	.004	.060	.010	.000	.002	.001	.259	.118	.000
PERCENT OF HOUSEHOLDS USING IN A WEEK													
ALL HOUSEHOLDS													
SPRING----------	40.5	7.4	1.4	9.0	2.5	49.4	11.4	1.4	1.3	.8	82.8	67.8	12.3
SUMMER----------	43.7	8.0	1.2	6.2	.8	43.3	10.2	.2	.8	.2	92.2	65.5	5.4
FALL----------	40.9	7.0	.6	10.3	1.5	61.4	11.0	1.7	2.1	.8	80.2	63.3	15.6
WINTER----------	38.9	9.5	1.2	9.9	2.9	60.7	11.6	1.4	.2	1.2	83.6	71.4	16.1

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	OTHER *						SOUP, MIXTURES					
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL *	CANNED		FROZEN		DRIED
		COMMER-CIAL	HOME	COMMER-CIAL	HOME			COMMER-CIAL	HOME	COMMER-CIAL	HOME	
(1)	(27)	(28)	(29)	(30)	(31)	(32)	(33)	(34)	(35)	(36)	(37)	(38)
QUANTITY PER PERSON PER WEEK (POUNDS)												
ALL HOUSEHOLDS,YEAR-	2.586	.525	.166	.103	.110	.001	.107	.091	.003	.003	.002	.001
SPRING----------	2.352	.504	.184	.116	.086	.001	.093	.082	*	.004	*	.001
SUMMER----------	3.586	.386	.106	.086	.050	.001	.093	.080	.001	.004	.000	.001
FALL----------	2.173	.579	.218	.101	.156	*	.120	.094	.008	.001	.000	.001
WINTER----------	2.188	.636	.159	.106	.154	*	.124	.106	.002	.002	.007	.002
UNDER 1,000-------	2.609	.427	.374	.022	.051	.000	.101	.089	.012	.000	.000	.000
1,000-1,999-------	2.397	.322	.260	.025	.067	.000	.082	.081	.000	.000	.001	*
2,000-2,999-------	2.229	.388	.238	.041	.128	*	.077	.053	.018	.000	.000	.001
3,000-3,999-------	2.459	.583	.204	.050	.107	.001	.103	.095	.000	.001	.000	.001
4,000-4,999-------	2.505	.518	.210	.071	.161	.001	.090	.083	.000	.003	.000	.001
5,000-5,999-------	2.681	.547	.159	.087	.119	.002	.132	.118	.000	.005	.000	.001
6,000-6,999-------	2.598	.534	.133	.107	.124	.001	.143	.114	.008	.005	.014	.001
7,000-7,999-------	2.741	.636	.100	.145	.098	.001	.096	.090	.000	.001	.000	.001
8,000-8,999-------	2.608	.492	.086	.155	.142	*	.107	.095	.000	.004	.000	.002
9,000-9,999-------	2.795	.764	.090	.169	.074	*	.073	.054	.000	.011	.000	*
10,000-14,999------	2.700	.525	.099	.219	.078	.001	.098	.081	.000	.006	.000	.002
15,000 AND OVER----	3.043	.670	.039	.282	.029	.001	.111	.106	.000	.002	.000	.004
MONEY VALUE PER PERSON PER WEEK (DOLLARS)												
ALL HOUSEHOLDS,YEAR-	.531	.109	.040	.037	.038	.001	.032	.025	.001	.002	*	.002
SPRING----------	.531	.103	.044	.043	.030	.001	.029	.023	*	.002	*	.002
SUMMER----------	.655	.079	.026	.031	.017	.003	.030	.022	*	.003	.000	.001
FALL----------	.460	.122	.052	.036	.054	.001	.036	.026	.002	.001	.000	.001
WINTER----------	.472	.131	.038	.038	.053	.001	.036	.027	.001	.002	.002	.003
UNDER 1,000-------	.535	.090	.079	.008	.018	.000	.025	.022	.003	.000	.000	.000
1,000-1,999-------	.453	.066	.058	.010	.023	.000	.022	.022	.000	.000	*	*
2,000-2,999-------	.458	.076	.056	.014	.045	*	.022	.014	.005	.000	.000	.003
3,000-3,999-------	.510	.116	.047	.020	.037	*	.032	.028	.000	*	.000	.001
4,000-4,999-------	.496	.103	.051	.025	.054	*	.026	.022	.000	.002	.000	.001
5,000-5,999-------	.526	.110	.039	.031	.041	.004	.040	.033	.000	.003	.000	.001
6,000-6,999-------	.537	.111	.033	.039	.042	.001	.045	.033	.002	.004	.004	.002
7,000-7,999-------	.567	.129	.024	.054	.034	.001	.028	.024	.000	.001	.000	.002
8,000-8,999-------	.565	.108	.024	.058	.051	.001	.035	.024	.000	.003	.000	.003
9,000-9,999-------	.608	.156	.023	.061	.025	*	.028	.017	.000	.007	.000	*
10,000-14,999------	.581	.120	.024	.077	.028	.002	.033	.021	.000	.004	.000	.004
15,000 AND OVER----	.758	.159	.012	.114	.010	.003	.038	.029	.000	.002	.000	.007
PERCENT OF HOUSEHOLDS USING IN A WEEK												
ALL HOUSEHOLDS												
SPRING----------	97.6	64.0	22.0	25.9	14.7	1.8	25.3	21.6	.1	1.2	.1	2.2
SUMMER----------	98.4	49.9	18.4	20.4	8.0	1.6	25.0	20.4	.2	1.8	.0	1.8
FALL----------	97.0	64.1	26.8	21.9	15.8	2.1	27.0	23.6	.6	1.5	.0	2.1
WINTER----------	97.7	68.7	19.7	26.7	20.5	2.5	32.9	27.3	.2	1.4	.2	3.7

* SEE SPECIFIC TABLE NOTES, PAGE 183 YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ALL VEGETABLES						POTATOES *					
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL (FRESH EQUIVALENT) *	CANNED		FROZEN		DRIED
		COMMERCIAL	HOME	COMMERCIAL	HOME			COMMERCIAL	HOME	COMMERCIAL	HOME	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
QUANTITY PER PERSON PER WEEK (POUNDS)												
ALL HOUSEHOLDS, YEAR-	6.755	.657	.663	.086	.306	.008	2.408	.004	*	.023	.002	.007
SPRING----------	5.670	.770	.613	.112	.284	.012	2.339	.004	*	.026	.001	.010
SUMMER----------	8.639	.464	.441	.063	.203	.008	2.496	.002	.000	.019	.003	.007
FALL----------	6.250	.638	.738	.074	.390	.003	2.328	.006	.000	.020	.000	.002
WINTER----------	6.044	.814	.964	.100	.385	.011	2.469	.004	.000	.028	.002	.010
UNDER 1,000-------	6.883	.381	.678	.028	.176	.003	2.258	.000	.000	.009	.000	.002
1,000-1,999-------	6.871	.455	.893	.026	.288	.004	2.332	.001	*	.006	.008	.003
2,000-2,999-------	6.191	.478	.781	.038	.289	.004	2.107	.003	.000	.008	.004	.003
3,000-3,999-------	6.053	.560	.665	.031	.278	.008	2.120	.001	.000	.008	.001	.005
4,000-4,999-------	6.746	.721	.655	.081	.312	.014	2.414	.005	.000	.022	.001	.011
5,000-5,999-------	6.816	.748	.600	.081	.312	.012	2.362	.005	.000	.019	.000	.010
6,000-6,999-------	7.159	.722	.653	.095	.404	.011	2.503	.004	.000	.028	.000	.011
7,000-7,999-------	6.707	.848	.601	.135	.364	.013	2.644	.013	.000	.043	.000	.012
8,000-8,999-------	7.599	.771	.607	.169	.406	.008	2.808	.004	.000	.049	.000	.006
9,000-9,999-------	7.277	.758	.640	.216	.395	.009	2.890	.009	.000	.052	.000	.008
10,000-14,999------	7.296	.900	.456	.190	.306	.013	2.661	.009	.000	.056	.000	.011
15,000 AND OVER----	7.147	.988	.258	.365	.294	.005	2.743	.003	.000	.110	.000	.003
MONEY VALUE PER PERSON PER WEEK (DOLLARS)												
ALL HOUSEHOLDS, YEAR-	1.155	.140	.144	.027	.103	.007	.212	.001	*	.006	*	.004
SPRING----------	1.057	.161	.139	.036	.091	.008	.246	.001	*	.007	*	.006
SUMMER----------	1.523	.104	.099	.021	.069	.008	.256	.001	.000	.005	.001	.005
FALL----------	.970	.134	.157	.022	.134	.004	.154	.001	.000	.004	.000	.002
WINTER----------	.968	.173	.203	.030	.129	.007	.175	.001	.000	.007	*	.005
UNDER 1,000-------	1.118	.081	.153	.007	.060	.003	.203	.000	.000	.002	.000	.001
1,000-1,999-------	1.123	.098	.193	.008	.093	.004	.199	*	*	.002	.002	.002
2,000-2,999-------	1.024	.097	.173	.012	.096	.002	.180	.001	.000	.002	.001	.002
3,000-3,999-------	1.030	.122	.140	.009	.091	.007	.191	*	.000	.002	*	.004
4,000-4,999-------	1.168	.155	.146	.023	.105	.007	.217	.001	.000	.005	*	.005
5,000-5,999-------	1.169	.160	.132	.025	.106	.009	.202	.001	.000	.004	.000	.005
6,000-6,999-------	1.276	.153	.142	.033	.136	.008	.223	.001	.000	.008	.000	.007
7,000-7,999-------	1.179	.180	.128	.041	.122	.011	.233	.002	.000	.010	.000	.008
8,000-8,999-------	1.377	.165	.130	.059	.141	.007	.262	.001	.000	.015	.000	.005
9,000-9,999-------	1.301	.163	.133	.066	.142	.007	.265	.002	.000	.014	.000	.006
10,000-14,999------	1.253	.190	.096	.060	.101	.012	.230	.002	.000	.014	.000	.007
15,000 AND OVER----	1.292	.207	.065	.118	.098	.007	.260	.001	.000	.026	.000	.002
PERCENT OF HOUSEHOLDS USING IN A WEEK												
ALL HOUSEHOLDS												
SPRING----------	99.6	80.5	48.5	23.3	35.9	7.7	91.9	1.5	.1	5.4	.1	4.2
SUMMER----------	99.7	72.0	46.0	13.8	23.4	7.0	93.2	1.1	.0	4.4	.1	2.7
FALL----------	99.5	77.0	56.7	17.0	46.4	5.5	91.3	1.8	.0	4.4	.0	1.7
WINTER----------	99.7	76.5	61.0	21.4	44.0	5.9	91.7	.9	.0	6.4	.3	3.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	DARK GREEN *					DEEP YELLOW *					TOMATOES *		
	TOTAL *	CANNED		FROZEN		TOTAL *	CANNED		FROZEN		TOTAL *	CANNED	
		COMMERCIAL	HOME	COMMERCIAL	HOME		COMMERCIAL	HOME	COMMERCIAL	HOME		COMMERCIAL	HOME
(1)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)
QUANTITY PER PERSON PER WEEK (POUNDS)													
ALL HOUSEHOLDS,YEAR-	.199	.018	.011	.009	.009	.426	.030	.012	.003	.010	.978	.252	.217
SPRING----------	.177	.025	.008	.015	.012	.222	.033	.012	.004	.009	.641	.287	.182
SUMMER----------	.152	.013	.006	.003	.004	.225	.026	.010	.005	.009	1.647	.210	.129
FALL----------	.279	.009	.008	.006	.006	.786	.032	.009	.001	.012	.729	.231	.245
WINTER----------	.198	.025	.025	.011	.018	.544	.028	.019	.002	.011	.747	.296	.362
UNDER 1,000-------	.300	.014	.013	.005	.012	.498	.014	.008	.001	.006	.853	.171	.176
1,000-1,999-------	.233	.007	.018	.003	.011	.568	.020	.018	.001	.015	.938	.164	.246
2,000-2,999-------	.197	.020	.017	.003	.006	.501	.018	.010	.003	.010	.864	.175	.228
3,000-3,999-------	.215	.016	.009	.002	.006	.339	.020	.006	.001	.013	.892	.219	.236
4,000-4,999-------	.156	.014	.012	.005	.010	.368	.027	.017	.001	.008	1.002	.289	.178
5,000-5,999-------	.165	.013	.002	.008	.011	.439	.038	.014	.002	.008	1.001	.276	.201
6,000-6,999-------	.208	.018	.016	.013	.016	.411	.049	.010	.00[illegible]	.013	1.148	.253	.266
7,000-7,999-------	.245	.016	.011	.017	.004	.399	.025	.021	.002	.011	.888	.315	.241
8,000-8,999-------	.184	.025	.004	.019	.016	.309	.042	.012	.000	.018	1.389	.368	.270
9,000-9,999-------	.283	.035	.003	.027	.010	.357	.039	.028	.009	.006	.952	.305	.236
10,000-14,999------	.169	.035	.013	.025	.011	.461	.059	.009	.003	.005	1.048	.352	.180
15,000 AND OVER----	.136	.004	.000	.009	.000	.402	.035	.000	.050	.006	1.273	.448	.067
MONEY VALUE PER PERSON PER WEEK (DOLLARS)													
ALL HOUSEHOLDS,YEAR-	.049	.004	.002	.003	.003	.059	.006	.002	.001	.003	.211	.053	.037
SPRING----------	.039	.005	.002	.006	.004	.038	.007	.003	.001	.003	.137	.058	.034
SUMMER----------	.049	.003	.002	.001	.001	.039	.007	.002	.002	.003	.365	.047	.022
FALL----------	.061	.002	.002	.002	.002	.092	.005	.002	*	.004	.163	.049	.041
WINTER----------	.045	.006	.005	.004	.007	.074	.006	.004	.001	.003	.142	.059	.058
UNDER 1,000-------	.066	.002	.006	.001	.004	.063	.004	.001	*	.002	.184	.035	.030
1,000-1,999-------	.053	.001	.003	.001	.003	.067	.004	.004	*	.004	.203	.036	.043
2,000-2,999-------	.043	.003	.004	.001	.002	.065	.004	.002	.001	.003	.185	.036	.039
3,000-3,999-------	.047	.003	.001	.001	.002	.046	.005	.001	*	.004	.190	.047	.039
4,000-4,999-------	.038	.003	.002	.002	.003	.053	.006	.003	*	.003	.221	.061	.031
5,000-5,999-------	.044	.003	.001	.003	.004	.061	.008	.003	*	.003	.220	.059	.035
6,000-6,999-------	.058	.005	.004	.005	.005	.060	.010	.002	*	.004	.253	.055	.045
7,000-7,999-------	.068	.004	.002	.006	.001	.059	.006	.004	.001	.004	.185	.062	.039
8,000-8,999-------	.051	.005	.001	.006	.006	.050	.010	.002	.000	.006	.302	.076	.046
9,000-9,999-------	.066	.008	.001	.008	.003	.054	.008	.006	.002	.002	.203	.059	.041
10,000-14,999------	.046	.007	.002	.008	.004	.068	.012	.002	.001	.002	.225	.068	.030
15,000 AND OVER----	.035	.001	.000	.003	.000	.073	.007	.000	.018	.002	.245	.090	.014
PERCENT OF HOUSEHOLDS USING IN A WEEK													
ALL HOUSEHOLDS													
SPRING----------	37.2	7.5	1.6	5.8	4.0	46.6	8.9	2.1	1.0	2.4	80.8	64.4	22.2
SUMMER----------	37.1	5.7	1.3	1.1	1.8	42.2	7.0	2.1	.5	2.3	92.5	58.4	17.8
FALL----------	39.0	3.7	1.8	2.5	2.3	73.2	8.4	2.1	.5	2.3	80.7	60.8	26.6
WINTER----------	35.6	7.8	3.7	4.2	5.5	62.6	6.9	3.4	.8	2.7	81.2	59.9	34.6

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	OTHER *						SOUP, MIXTURES					
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL *	CANNED		FROZEN		DRIED
		COMMER-CIAL	HOME	COMMER-CIAL	HOME			COMMER-CIAL	HOME	COMMER-CIAL	HOME	
(1)	(27)	(28)	(29)	(30)	(31)	(32)	(33)	(34)	(35)	(36)	(37)	(38)
QUANTITY PER PERSON PER WEEK (POUNDS)												
ALL HOUSEHOLDS,YEAR-	2.910	.298	.419	.050	.275	.001	.065	.055	.003	.001	.002	*
SPRING----------	2.488	.367	.409	.064	.250	.001	.063	.054	.003	.002	.002	.001
SUMMER----------	4.324	.171	.293	.035	.183	.001	.051	.042	.002	.001	.002	*
FALL----------	2.224	.301	.470	.045	.355	*	.072	.058	.006	.002	.003	*
WINTER----------	2.235	.391	.556	.058	.343	*	.081	.070	.003	.001	.002	.000
UNDER 1,000-------	3.046	.150	.482	.013	.155	.001	.033	.033	.000	.000	.000	.000
1,000-1,999-------	2.829	.214	.609	.015	.244	*	.058	.050	.001	.001	.001	.001
2,000-2,999-------	2.591	.223	.523	.023	.259	*	.044	.039	.003	.001	.002	*
3,000-3,999-------	2.578	.245	.409	.020	.248	.001	.067	.059	.005	.000	.003	*
4,000-4,999-------	2.999	.326	.445	.054	.280	.002	.073	.060	.002	.000	.002	*
5,000-5,999-------	3.047	.360	.378	.051	.279	.001	.071	.056	.005	.001	.005	*
6,000-6,999-------	3.119	.351	.354	.048	.368	*	.062	.046	.007	.005	.000	*
7,000-7,999-------	2.786	.423	.327	.069	.344	.001	.063	.057	.001	.003	.000	*
8,000-8,999-------	3.201	.276	.321	.094	.369	*	.066	.056	.000	.008	.000	.001
9,000-9,999-------	3.133	.299	.349	.127	.372	*	.097	.071	.024	*	.000	.001
10,000-14,999------	3.230	.379	.254	.106	.268	*	.082	.066	.000	.000	.006	.001
15,000 AND OVER----	2.931	.412	.191	.193	.266	.001	.092	.088	.000	.003	.000	.001
MONEY VALUE PER PERSON PER WEEK (DOLLARS)												
ALL HOUSEHOLDS,YEAR-	.605	.062	.101	.016	.094	.001	.019	.015	.001	.001	.001	.001
SPRING----------	.577	.076	.100	.021	.082	.001	.019	.014	.001	.001	.001	.001
SUMMER----------	.800	.036	.072	.013	.064	.001	.015	.012	.001	.001	*	*
FALL----------	.480	.061	.111	.015	.126	.001	.020	.015	.001	.001	.001	.001
WINTER----------	.509	.083	.135	.018	.117	.001	.022	.019	.001	.001	*	.000
UNDER 1,000-------	.592	.030	.116	.004	.054	*	.010	.010	.000	.000	.000	.000
1,000-1,999-------	.583	.043	.143	.005	.082	.001	.017	.014	.001	*	*	.001
2,000-2,999-------	.540	.043	.127	.007	.088	*	.012	.010	.001	.001	*	*
3,000-3,999-------	.536	.050	.097	.006	.084	.001	.020	.017	.001	.000	.001	*
4,000-4,999-------	.619	.068	.108	.016	.096	.001	.020	.016	.001	.000	*	.001
5,000-5,999-------	.623	.074	.092	.017	.097	.002	.019	.014	.001	.001	.001	.001
6,000-6,999-------	.663	.070	.088	.016	.125	.001	.018	.012	.002	.003	.000	*
7,000-7,999-------	.615	.091	.082	.022	.116	.001	.018	.015	.001	.002	.000	.001
8,000-8,999-------	.692	.059	.081	.033	.128	*	.020	.014	.000	.005	.000	.001
9,000-9,999-------	.684	.067	.079	.042	.135	*	.028	.020	.006	*	.000	.001
10,000-14,999------	.658	.083	.062	.037	.091	.001	.026	.018	.000	.000	.002	.002
15,000 AND OVER----	.652	.085	.051	.068	.092	.001	.027	.022	.000	.002	.000	.003
PERCENT OF HOUSEHOLDS USING IN A WEEK												
ALL HOUSEHOLDS												
SPRING----------	98.0	53.1	43.7	16.7	34.6	1.6	19.6	16.4	.4	.8	.4	1.7
SUMMER----------	98.7	33.0	38.6	9.8	21.8	2.8	14.3	12.5	.1	.7	.3	.8
FALL----------	97.3	43.9	48.1	12.8	45.9	2.0	19.6	16.1	1.0	.5	.5	1.5
WINTER----------	96.4	51.7	50.2	15.3	42.1	2.2	21.4	19.5	.3	.5	.3	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ALL VEGETABLES						POTATOES *					
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL (FRESH EQUIV-ALENT) *	CANNED		FROZEN		DRIED
		COMMER-CIAL	HOME	COMMER-CIAL	HOME			COMMER-CIAL	HOME	COMMER-CIAL	HOME	
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
QUANTITY PER PERSON PER WEEK (POUNDS)												
ALL HOUSEHOLDS, YEAR-	3.635	.000	.620	.000	.296	*	.935	.000	*	.000	.002	*
SPRING----------	2.003	.000	.601	.000	.274	*	.478	.000	*	.000	.001	*
SUMMER----------	6.102	.000	.351	.000	.199	*	1.306	.000	.000	.000	.003	.000
FALL----------	3.324	.000	.715	.000	.381	*	1.065	.000	.000	.000	.000	.000
WINTER----------	2.550	.000	.926	.000	.362	.000	.835	.000	.000	.000	.002	.000
UNDER 1,000-------	4.999	.000	.629	.000	.174	*	1.367	.000	.000	.000	.000	.000
1,000-1,999-------	4.855	.000	.869	.000	.277	.001	1.487	.000	*	.000	.008	.001
2,000-2,999-------	3.903	.000	.746	.000	.281	.000	1.142	.000	.000	.000	.004	.000
3,000-3,999-------	3.487	.000	.630	.000	.272	.000	.881	.000	.000	.000	.001	.000
4,000-4,999-------	3.552	.000	.624	.000	.301	.000	.843	.000	.000	.000	.001	.000
5,000-5,999-------	3.229	.000	.564	.000	.300	*	.702	.000	.000	.000	.000	.000
6,000-6,999-------	3.570	.000	.576	.000	.393	.000	.768	.000	.000	.000	.000	.000
7,000-7,999-------	2.896	.000	.516	.000	.347	.000	.777	.000	.000	.000	.000	.000
8,000-8,999-------	3.833	.000	.508	.000	.400	.000	.942	.000	.000	.000	.000	.000
9,000-9,999-------	3.125	.000	.594	.000	.380	.000	.728	.000	.000	.000	.000	.000
10,000-14,999------	2.908	.000	.416	.000	.288	.000	.700	.000	.000	.000	.000	.000
15,000 AND OVER----	2.483	.000	.244	.000	.285	.000	.600	.000	.000	.000	.000	.000
MONEY VALUE PER PERSON PER WEEK (DOLLARS)												
ALL HOUSEHOLDS, YEAR-	.656	.000	.137	.000	.099	*	.079	.000	*	.000	*	*
SPRING----------	.448	.000	.136	.000	.088	*	.059	.000	*	.000	*	*
SUMMER----------	1.084	.000	.085	.000	.068	.001	.124	.000	.000	.000	.001	.000
FALL----------	.547	.000	.152	.000	.132	*	.064	.000	.000	.000	.000	.000
WINTER----------	.436	.000	.195	.000	.121	.000	.057	.000	.000	.000	*	.000
UNDER 1,000-------	.831	.000	.146	.000	.059	.001	.121	.000	.000	.000	.000	.000
1,000-1,999-------	.825	.000	.189	.000	.090	.001	.129	.000	*	.000	.002	.001
2,000-2,999-------	.678	.000	.166	.000	.093	.000	.094	.000	.000	.000	.001	.000
3,000-3,999-------	.638	.000	.135	.000	.089	.000	.078	.000	.000	.000	*	.000
4,000-4,999-------	.654	.000	.140	.000	.101	.000	.070	.000	.000	.000	*	.000
5,000-5,999-------	.605	.000	.126	.000	.102	.001	.057	.000	.000	.000	.000	.000
6,000-6,999-------	.694	.000	.129	.000	.132	.000	.067	.000	.000	.000	.000	.000
7,000-7,999-------	.549	.000	.114	.000	.117	.000	.062	.000	.000	.000	.000	.000
8,000-8,999-------	.721	.000	.114	.000	.139	.000	.080	.000	.000	.000	.000	.000
9,000-9,999-------	.598	.000	.125	.000	.136	.000	.058	.000	.000	.000	.000	.000
10,000-14,999------	.519	.000	.089	.000	.097	.000	.054	.000	.000	.000	.000	.000
15,000 AND OVER----	.504	.000	.062	.000	.095	.000	.068	.000	.000	.000	.000	.000
PERCENT OF HOUSEHOLDS USING IN A WEEK												
ALL HOUSEHOLDS												
SPRING----------	76.2	.0	47.0	.0	34.8	.2	18.4	.0	.1	.0	.1	.1
SUMMER----------	90.2	.0	41.9	.0	23.1	.2	52.3	.0	.0	.0	.1	.0
FALL----------	85.2	.0	54.7	.0	45.2	.3	42.7	.0	.0	.0	.0	.0
WINTER----------	78.4	.0	58.7	.0	41.9	.0	33.6	.0	.0	.0	.3	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	DARK GREEN *					DEEP YELLOW *					TOMATOES *		
	TOTAL *	CANNED		FROZEN		TOTAL *	CANNED		FROZEN		TOTAL *	CANNED	
		COMMER-CIAL	HOME	COMMER-CIAL	HOME		COMMER-CIAL	HOME	COMMER-CIAL	HOME		COMMER-CIAL	HOME
(1)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)
QUANTITY PER PERSON PER WEEK (POUNDS)													
ALL HOUSEHOLDS,YEAR-	.138	.000	.010	.000	.009	.224	.000	.012	.000	.009	.579	.000	.186
SPRING----------	.111	.000	.008	.000	.011	.056	.000	.011	.000	.008	.209	.000	.179
SUMMER----------	.114	.000	.006	.000	.004	.117	.000	.010	.000	.007	1.204	.000	.048
FALL----------	.218	.000	.008	.000	.006	.499	.000	.008	.000	.012	.409	.000	.229
WINTER----------	.111	.000	.023	.000	.018	.262	.000	.018	.000	.009	.362	.000	.345
UNDER 1,000-------	.243	.000	.013	.000	.011	.382	.000	.003	.000	.006	.590	.000	.138
1,000-1,999-------	.163	.000	.018	.000	.011	.382	.000	.018	.000	.008	.677	.000	.228
2,000-2,999-------	.139	.000	.017	.000	.006	.320	.000	.010	.000	.010	.570	.000	.211
3,000-3,999-------	.164	.000	.009	.000	.006	.187	.000	.006	.000	.013	.560	.000	.208
4,000-4,999-------	.093	.000	.008	.000	.010	.190	.000	.017	.000	.008	.602	.000	.161
5,000-5,999-------	.118	.000	.002	.000	.011	.195	.000	.013	.000	.007	.561	.000	.172
6,000-6,999-------	.153	.000	.016	.000	.016	.170	.000	.009	.000	.012	.708	.000	.199
7,000-7,999-------	.173	.000	.011	.000	.004	.172	.000	.020	.000	.009	.420	.000	.165
8,000-8,999-------	.131	.000	.004	.000	.016	.124	.000	.012	.000	.018	.819	.000	.182
9,000-9,999-------	.195	.000	.003	.000	.010	.157	.000	.028	.000	.006	.478	.000	.197
10,000-14,999------	.090	.000	.013	.000	.011	.140	.000	.009	.000	.004	.495	.000	.160
15,000 AND OVER----	.054	.000	.000	.000	.000	.131	.000	.000	.000	.006	.446	.000	.067
MONEY VALUE PER PERSON PER WEEK (DOLLARS)													
ALL HOUSEHOLDS,YEAR-	.034	.000	.002	.000	.003	.029	.000	.002	.000	.003	.126	.000	.032
SPRING----------	.021	.000	.002	.000	.004	.011	.000	.002	.000	.002	.040	.000	.033
SUMMER----------	.039	.000	.002	.000	.001	.019	.000	.002	.000	.002	.276	.000	.011
FALL----------	.047	.000	.002	.000	.002	.058	.000	.001	.000	.003	.092	.000	.038
WINTER----------	.025	.000	.005	.000	.007	.034	.000	.003	.000	.003	.059	.000	.056
UNDER 1,000-------	.055	.000	.006	.000	.003	.046	.000	*	.000	.002	.130	.000	.025
1,000-1,999-------	.039	.000	.003	.000	.003	.047	.000	.004	.000	.002	.147	.000	.040
2,000-2,999-------	.030	.000	.004	.000	.002	.040	.000	.002	.000	.003	.121	.000	.036
3,000-3,999-------	.035	.000	.001	.000	.002	.024	.000	.001	.000	.004	.118	.000	.035
4,000-4,999-------	.024	.000	.002	.000	.003	.027	.000	.003	.000	.003	.133	.000	.029
5,000-5,999-------	.030	.000	.001	.000	.004	.026	.000	.002	.000	.002	.122	.000	.031
6,000-6,999-------	.042	.000	.004	.000	.005	.023	.000	.002	.000	.004	.155	.000	.035
7,000-7,999-------	.049	.000	.002	.000	.001	.025	.000	.004	.000	.003	.089	.000	.028
8,000-8,999-------	.036	.000	.001	.000	.006	.021	.000	.002	.000	.006	.182	.000	.032
9,000-9,999-------	.043	.000	.001	.000	.003	.022	.000	.006	.000	.002	.101	.000	.035
10,000-14,999------	.025	.000	.002	.000	.004	.020	.000	.002	.000	.002	.107	.000	.027
15,000 AND OVER----	.015	.000	.000	.000	.000	.019	.000	.000	.000	.002	.109	.000	.014
PERCENT OF HOUSEHOLDS USING IN A WEEK													
ALL HOUSEHOLDS													
SPRING----------	18.2	.0	1.6	.0	3.8	8.1	.0	2.0	.0	2.2	24.6	.0	21.7
SUMMER----------	26.0	.0	1.3	.0	1.8	19.9	.0	2.1	.0	2.1	64.1	.0	10.4
FALL----------	25.7	.0	1.8	.0	2.3	38.9	.0	1.8	.0	2.2	39.8	.0	25.6
WINTER----------	16.2	.0	3.5	.0	5.5	21.0	.0	3.2	.0	2.2	35.1	.0	33.4

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	OTHER *						SOUP, MIXTURES					
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL *	CANNED		FROZEN		DRIED
		COMMER-CIAL	HOME	COMMER-CIAL	HOME			COMMER-CIAL	HOME	COMMER-CIAL	HOME	
(1)	(27)	(28)	(29)	(30)	(31)	(32)	(33)	(34)	(35)	(36)	(37)	(38)
QUANTITY PER PERSON PER WEEK (POUNDS)												
ALL HOUSEHOLDS, YEAR-	1.753	.000	.409	.000	.267	*	.008	.000	.003	.000	.002	.000
SPRING----------	1.146	.000	.400	.000	.243	.000	.006	.000	.003	.000	.002	.000
SUMMER----------	3.358	.000	.284	.000	.183	*	.007	.000	.002	.000	.002	.000
FALL----------	1.124	.000	.463	.000	.348	*	.009	.000	.006	.000	.001	.000
WINTER----------	.972	.000	.537	.000	.322	.000	.009	.000	.003	.000	.002	.000
UNDER 1,000-------	2.419	.000	.475	.000	.153	.000	.000	.000	.000	.000	.000	.000
1,000-1,999-------	2.146	.000	.603	.000	.239	*	.007	.000	.001	.000	.001	.000
2,000-2,999-------	1.729	.000	.505	.000	.250	.000	.004	.000	.003	.000	.002	.000
3,000-3,999-------	1.694	.000	.403	.000	.242	.000	.008	.000	.005	.000	.003	.000
4,000-4,999-------	1.811	.000	.435	.000	.270	.000	.011	.000	.002	.000	.001	.000
5,000-5,999-------	1.641	.000	.372	.000	.271	*	.011	.000	.005	.000	.001	.000
6,000-6,999-------	1.763	.000	.345	.000	.359	.000	.009	.000	.007	.000	.000	.000
7,000-7,999-------	1.350	.000	.319	.000	.330	.000	.003	.000	.001	.000	.000	.000
8,000-8,999-------	1.816	.000	.310	.000	.366	.000	.001	.000	.000	.000	.000	.000
9,000-9,999-------	1.544	.000	.341	.000	.357	.000	.024	.000	.024	.000	.000	.000
10,000-14,999------	1.470	.000	.234	.000	.261	.000	.014	.000	.000	.000	.006	.000
15,000 AND OVER----	1.251	.000	.177	.000	.258	.000	.000	.000	.000	.000	.000	.000
MONEY VALUE PER PERSON PER WEEK (DOLLARS)												
ALL HOUSEHOLDS, YEAR-	.386	.000	.099	.000	.092	*	.002	.000	.001	.000	*	.000
SPRING----------	.314	.000	.098	.000	.079	.000	.002	.000	.001	.000	.001	.000
SUMMER----------	.624	.000	.070	.000	.063	.001	.002	.000	.001	.000	*	.000
FALL----------	.284	.000	.109	.000	.124	*	.002	.000	.001	.000	*	.000
WINTER----------	.258	.000	.131	.000	.110	.000	.002	.000	.001	.000	*	.000
UNDER 1,000-------	.479	.000	.114	.000	.053	.000	.000	.000	.000	.000	.000	.000
1,000-1,999-------	.460	.000	.142	.000	.080	*	.002	.000	.001	.000	*	.000
2,000-2,999-------	.392	.000	.123	.000	.086	.000	.001	.000	.001	.000	*	.000
3,000-3,999-------	.381	.000	.096	.000	.082	.000	.002	.000	.001	.000	.001	.000
4,000-4,999-------	.397	.000	.106	.000	.093	.000	.003	.000	.001	.000	*	.000
5,000-5,999-------	.366	.000	.091	.000	.094	.001	.003	.000	.001	.000	*	.000
6,000-6,999-------	.405	.000	.086	.000	.122	.000	.003	.000	.002	.000	.000	.000
7,000-7,999-------	.323	.000	.080	.000	.111	.000	.001	.000	.001	.000	.000	.000
8,000-8,999-------	.402	.000	.078	.000	.127	.000	*	.000	.000	.000	.000	.000
9,000-9,999-------	.367	.000	.077	.000	.130	.000	.006	.000	.006	.000	.000	.000
10,000-14,999------	.309	.000	.058	.000	.089	.000	.004	.000	.000	.000	.002	.000
15,000 AND OVER----	.293	.000	.048	.000	.089	.000	.000	.000	.000	.000	.000	.000
PERCENT OF HOUSEHOLDS USING IN A WEEK												
ALL HOUSEHOLDS												
SPRING----------	71.3	.0	42.1	.0	33.6	.0	1.0	.0	.4	.0	.3	.0
SUMMER----------	87.3	.0	37.8	.0	21.7	.2	.9	.0	.1	.0	.3	.0
FALL----------	76.2	.0	46.3	.0	44.8	.1	1.8	.0	1.0	.0	.3	.0
WINTER----------	69.4	.0	48.1	.0	40.1	.0	1.0	.0	.3	.0	.3	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ALL FRUIT						CITRUS					OTHER VITAMIN-C RICH *		
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL (JUICE EQUIV-ALENT) *	CANNED		FROZEN		TOTAL *	FROZEN	
		COMMER-CIAL	HOME	COMMER-CIAL	HOME			COMMER-CIAL	HOME	COMMER-CIAL	HOME		COMMER-CIAL	HOME
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
						QUANTITY PER PERSON PER WEEK (POUNDS)								
ALL HOUSEHOLDS,YEAR-	3.997	.888	.089	.147	.033	.032	1.228	.278	*	.125	*	.211	.008	.009
SPRING----------	3.733	.909	.106	.141	.036	.029	1.216	.268	*	.114	*	.250	.011	.011
SUMMER----------	4.726	.774	.053	.133	.027	.021	.991	.293	*	.115	*	.481	.007	.005
FALL----------	3.729	.933	.094	.151	.031	.041	1.220	.266	.000	.130	*	.064	.006	.007
WINTER----------	3.782	.941	.103	.163	.037	.037	1.510	.286	.000	.141	*	.030	.008	.011
UNDER 1,000-------	3.583	.650	.198	.054	.029	.030	.688	.234	.000	.047	.000	.174	.002	.006
1,000-1,999-------	3.607	.691	.197	.050	.052	.027	.783	.270	.000	.043	.000	.172	.002	.014
2,000-2,999-------	3.409	.739	.127	.079	.038	.029	.895	.244	*	.069	*	.117	.004	.013
3,000-3,999-------	3.467	.760	.098	.075	.029	.029	.876	.236	.000	.065	*	.165	.005	.006
4,000-4,999-------	3.701	.845	.121	.089	.041	.025	.959	.277	*	.076	*	.157	.006	.011
5,000-5,999-------	3.723	.877	.077	.118	.030	.032	1.096	.283	.000	.097	*	.173	.011	.006
6,000-6,999-------	3.951	.892	.080	.151	.031	.034	1.251	.269	.000	.129	*	.215	.009	.008
7,000-7,999-------	4.213	.959	.065	.161	.035	.028	1.329	.311	*	.138	.000	.206	.008	.011
8,000-8,999-------	4.240	.947	.060	.210	.040	.028	1.473	.295	*	.175	.000	.226	.013	.009
9,000-9,999-------	4.415	1.063	.054	.210	.028	.044	1.501	.273	.000	.181	.000	.238	.010	.008
10,000-14,999------	4.653	.998	.047	.258	.024	.037	1.698	.274	.000	.220	.001	.299	.011	.006
15,000 AND OVER----	5.458	1.238	.024	.302	.025	.033	2.108	.390	.000	.252	.000	.468	.005	.002
						MONEY VALUE PER PERSON PER WEEK (DOLLARS)								
ALL HOUSEHOLDS,YEAR-	.639	.169	.020	.063	.013	.012	.205	.043	*	.053	*	.041	.004	.004
SPRING----------	.653	.181	.024	.063	.014	.011	.214	.045	*	.052	*	.067	.005	.005
SUMMER----------	.673	.142	.013	.057	.011	.008	.161	.043	*	.049	*	.066	.003	.002
FALL----------	.605	.172	.021	.063	.013	.016	.193	.040	.000	.053	*	.014	.003	.003
WINTER----------	.623	.181	.023	.068	.014	.015	.254	.042	.000	.058	*	.013	.004	.005
UNDER 1,000-------	.528	.124	.045	.025	.010	.013	.127	.035	.000	.022	.000	.035	.001	.003
1,000-1,999-------	.523	.133	.044	.022	.022	.010	.147	.042	.000	.019	.000	.034	.001	.006
2,000-2,999-------	.498	.138	.028	.035	.015	.010	.156	.037	*	.031	*	.025	.001	.006
3,000-3,999-------	.513	.143	.022	.033	.011	.011	.148	.035	.000	.028	*	.031	.002	.003
4,000-4,999-------	.564	.159	.028	.038	.017	.010	.165	.041	*	.032	*	.033	.003	.005
5,000-5,999-------	.595	.169	.018	.050	.012	.012	.183	.043	.000	.041	*	.035	.005	.003
6,000-6,999-------	.644	.170	.018	.064	.012	.014	.205	.042	.000	.053	*	.041	.004	.004
7,000-7,999-------	.668	.178	.014	.068	.014	.010	.217	.048	*	.057	.000	.041	.004	.005
8,000-8,999-------	.709	.187	.014	.088	.016	.011	.240	.047	*	.073	.000	.045	.006	.004
9,000-9,999-------	.732	.201	.013	.090	.011	.016	.241	.039	.000	.077	.000	.045	.005	.004
10,000-14,999------	.797	.188	.010	.112	.009	.015	.278	.042	.000	.096	*	.057	.005	.003
15,000 AND OVER----	.950	.246	.006	.125	.009	.016	.356	.066	.000	.105	.000	.076	.002	.001
						PERCENT OF HOUSEHOLDS USING IN A WEEK								
ALL HOUSEHOLDS														
SPRING----------	95.8	68.1	9.5	29.5	4.7	12.4	74.2	26.2	*	25.8	.1	27.3	3.5	1.8
SUMMER----------	96.1	61.9	6.0	29.9	4.0	9.5	68.5	27.6	*	27.0	*	32.2	2.0	1.2
FALL----------	97.5	67.8	9.6	30.3	4.6	14.9	73.4	24.8	.0	27.9	*	7.4	2.2	1.2
WINTER----------	97.1	71.0	9.9	31.3	5.3	15.3	82.3	25.4	.0	28.7	*	6.7	2.6	2.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	OTHER						MIX-TURES
	TOTAL *	CANNED		FROZEN		DRIED	
		COMMER-CIAL	HOME	COMMER-CIAL	HOME		
(1)	(16)	(17)	(18)	(19)	(20)	(21)	(22)
				QUANTITY PER PERSON PER WEEK (POUNDS)			
ALL HOUSEHOLDS, YEAR-	2.515	.607	.088	.014	.024	.032	.002
SPRING----------	2.184	.638	.104	.016	.025	.029	.002
SUMMER----------	3.383	.479	.053	.011	.021	.021	.002
FALL----------	2.448	.665	.093	.015	.024	.041	.002
WINTER----------	2.013	.652	.103	.015	.026	.037	.002
UNDER 1,000-------	2.605	.416	.198	.004	.023	.030	*
1,000-1,999-------	2.474	.420	.195	.005	.039	.027	.001
2,000-2,999-------	2.277	.494	.126	.006	.025	.029	*
3,000-3,999-------	2.291	.521	.098	.005	.022	.029	.003
4,000-4,999-------	2.459	.564	.119	.008	.029	.025	.003
5,000-5,999-------	2.352	.590	.077	.010	.023	.032	.003
6,000-6,999-------	2.444	.620	.079	.014	.022	.034	.002
7,000-7,999-------	2.648	.645	.064	.016	.024	.028	.003
8,000-8,999-------	2.628	.649	.059	.022	.031	.028	.003
9,000-9,999-------	2.751	.787	.054	.019	.020	.044	.003
10,000-14,999------	2.779	.723	.047	.026	.017	.037	.001
15,000 AND OVER----	2.981	.846	.024	.045	.022	.033	.001
				MONEY VALUE PER PERSON PER WEEK (DOLLARS)			
ALL HOUSEHOLDS, YEAR-	.392	.125	.020	.006	.009	.012	.001
SPRING----------	.371	.136	.023	.007	.009	.011	.001
SUMMER----------	.445	.098	.012	.005	.008	.008	.001
FALL----------	.397	.131	.020	.006	.010	.016	.001
WINTER----------	.354	.138	.023	.006	.009	.015	.001
UNDER 1,000-------	.366	.088	.045	.002	.008	.013	*
1,000-1,999-------	.342	.091	.043	.002	.015	.010	*
2,000-2,999-------	.317	.100	.027	.002	.008	.010	*
3,000-3,999-------	.332	.107	.022	.002	.008	.011	.001
4,000-4,999-------	.364	.116	.028	.004	.011	.010	.001
5,000-5,999-------	.375	.125	.017	.004	.009	.012	.001
6,000-6,999-------	.397	.127	.017	.006	.008	.014	.001
7,000-7,999-------	.409	.129	.014	.007	.009	.010	.001
8,000-8,999-------	.422	.139	.014	.009	.012	.011	.001
9,000-9,999-------	.444	.161	.013	.008	.008	.016	.001
10,000-14,999------	.462	.145	.010	.011	.006	.015	.001
15,000 AND OVER----	.518	.180	.006	.018	.008	.016	*
				PERCENT OF HOUSEHOLDS USING IN A WEEK			
ALL HOUSEHOLDS							
SPRING----------	90.3	60.6	9.4	4.6	3.5	12.4	1.4
SUMMER----------	92.2	51.3	6.0	3.7	3.1	9.5	1.1
FALL----------	94.0	59.7	9.6	4.4	3.7	14.9	.9
WINTER----------	91.7	62.9	9.9	4.2	3.9	15.3	1.6

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ALL FRUIT						CITRUS					OTHER VITAMIN-C RICH *		
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL (JUICE EQUIVALENT) *	CANNED		FROZEN		TOTAL *	FROZEN	
		COMMERCIAL	HOME	COMMERCIAL	HOME			COMMERCIAL	HOME	COMMERCIAL	HOME		COMMERCIAL	HOME
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS)														
ALL HOUSEHOLDS, YEAR-	4.036	.947	.041	.163	.014	.032	1.345	.291	*	.139	*	.201	.008	.003
SPRING----------	3.851	.968	.050	.160	.017	.028	1.338	.282	*	.131	*	.238	.011	.005
SUMMER----------	4.592	.840	.019	.144	.009	.023	1.079	.315	.000	.124	*	.468	.007	.002
FALL----------	3.832	1.001	.045	.175	.014	.044	1.355	.275	.000	.151	.000	.070	.007	.003
WINTER----------	3.854	.983	.051	.176	.014	.035	1.616	.292	.000	.153	*	.018	.007	.003
UNDER 1,000-------	3.325	.794	.094	.074	.005	.029	.932	.261	.000	.069	.000	.142	.001	.002
1,000-1,999-------	3.465	.856	.080	.066	.006	.032	.996	.329	.000	.057	.000	.122	.002	.001
2,000-2,999-------	3.561	.883	.039	.108	.013	.033	1.135	.280	.000	.094	.000	.125	.004	.007
3,000-3,999-------	3.474	.854	.046	.085	.007	.032	.968	.240	.000	.072	.000	.148	.006	.002
4,000-4,999-------	3.767	.900	.052	.085	.008	.026	1.004	.291	.000	.074	.001	.145	.004	.002
5,000-5,999-------	3.688	.902	.031	.122	.014	.032	1.141	.281	.000	.101	*	.158	.011	.002
6,000-6,999-------	4.005	.907	.048	.162	.015	.035	1.359	.266	.000	.138	*	.188	.009	.005
7,000-7,999-------	4.242	.968	.039	.168	.018	.026	1.362	.313	*	.146	.000	.195	.005	.003
8,000-8,999-------	4.090	.985	.043	.212	.022	.025	1.523	.309	.000	.178	.000	.194	.014	.005
9,000-9,999-------	4.248	1.075	.043	.212	.022	.047	1.508	.283	.000	.187	.000	.208	.007	.005
10,000-14,999------	4.584	1.009	.028	.272	.014	.035	1.737	.276	.000	.234	.001	.300	.012	.004
15,000 AND OVER----	5.605	1.258	.015	.320	.018	.030	2.171	.428	.000	.259	.000	.520	.007	.001
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS, YEAR-	.657	.179	.009	.070	.005	.013	.225	.044	*	.060	*	.037	.004	.002
SPRING----------	.676	.191	.012	.072	.007	.011	.237	.046	*	.059	*	.062	.005	.002
SUMMER----------	.681	.151	.004	.062	.004	.008	.174	.046	.000	.054	*	.061	.003	.001
FALL----------	.632	.183	.010	.073	.006	.017	.216	.041	.000	.063	.000	.013	.003	.001
WINTER----------	.637	.190	.011	.074	.005	.014	.274	.042	.000	.064	*	.008	.003	.002
UNDER 1,000-------	.542	.149	.020	.035	.002	.015	.173	.038	.000	.033	.000	.020	*	.001
1,000-1,999-------	.519	.160	.018	.029	.003	.013	.179	.051	.000	.026	.000	.020	.001	.001
2,000-2,999-------	.538	.162	.009	.047	.005	.011	.196	.042	.000	.042	.000	.023	.002	.003
3,000-3,999-------	.533	.160	.011	.037	.003	.012	.165	.033	.000	.032	.000	.024	.003	.001
4,000-4,999-------	.555	.167	.012	.038	.003	.010	.177	.043	.000	.032	*	.026	.002	.001
5,000-5,999-------	.591	.171	.007	.052	.005	.013	.192	.041	.000	.043	*	.030	.005	.001
6,000-6,999-------	.659	.172	.011	.069	.006	.014	.224	.040	.000	.058	*	.037	.005	.002
7,000-7,999-------	.667	.179	.009	.070	.007	.010	.222	.048	*	.061	.000	.035	.003	.001
8,000-8,999-------	.702	.190	.009	.087	.008	.011	.248	.048	.000	.074	.000	.037	.006	.002
9,000-9,999-------	.729	.203	.009	.094	.008	.017	.244	.040	.000	.082	.000	.040	.004	.002
10,000-14,999------	.804	.189	.006	.120	.005	.014	.284	.042	.000	.104	*	.056	.006	.002
15,000 AND OVER----	.977	.251	.004	.135	.006	.014	.371	.072	.000	.110	.000	.076	.003	*
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	95.9	69.7	5.5	31.9	2.2	12.0	77.4	26.6	*	28.1	*	26.8	3.6	.9
SUMMER----------	96.5	64.4	2.8	31.8	2.0	9.8	72.2	29.1	.0	28.7	.1	33.1	2.0	.6
FALL----------	98.1	71.5	5.4	34.5	2.2	15.5	77.8	25.3	.0	32.0	.0	7.0	2.2	.5
WINTER----------	97.2	72.2	6.5	32.9	2.3	14.5	84.6	24.7	.0	30.4	.1	4.8	2.3	.8

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	OTHER						MIX-TURES
	TOTAL *	CANNED		FROZEN		DRIED	
		COMMER-CIAL	HOME	COMMER-CIAL	HOME		
(1)	(16)	(17)	(18)	(19)	(20)	(21)	(22)
				QUANTITY PER PERSON PER WEEK (POUNDS)			
ALL HOUSEHOLDS, YEAR-	2.460	.653	.041	.016	.010	.032	.002
SPRING----------	2.204	.683	.049	.018	.012	.028	.003
SUMMER----------	3.191	.522	.019	.013	.006	.023	.003
FALL----------	2.441	.724	.045	.017	.012	.044	.001
WINTER----------	1.989	.688	.051	.015	.011	.035	.002
UNDER 1,000-------	2.103	.532	.094	.005	.003	.029	*
1,000-1,999-------	2.140	.526	.080	.007	.004	.032	.001
2,000-2,999-------	2.184	.601	.038	.009	.006	.033	.001
3,000-3,999-------	2.213	.612	.046	.006	.005	.032	.003
4,000-4,999-------	2.469	.605	.051	.008	.005	.026	.003
5,000-5,999-------	2.284	.618	.031	.010	.011	.032	.003
6,000-6,999-------	2.397	.639	.048	.014	.010	.035	.002
7,000-7,999-------	2.679	.652	.038	.017	.015	.026	.003
8,000-8,999-------	2.471	.671	.042	.020	.017	.025	.003
9,000-9,999-------	2.656	.790	.043	.018	.016	.047	.003
10,000-14,999------	2.729	.732	.028	.026	.010	.035	.001
15,000 AND OVER----	3.023	.828	.014	.054	.017	.030	.000
				MONEY VALUE PER PERSON PER WEEK (DOLLARS)			
ALL HOUSEHOLDS, YEAR-	.394	.134	.009	.007	.004	.013	.001
SPRING----------	.375	.144	.012	.007	.004	.011	.001
SUMMER----------	.445	.105	.004	.005	.002	.008	.001
FALL----------	.402	.142	.010	.007	.005	.017	*
WINTER----------	.354	.146	.011	.006	.004	.014	.001
UNDER 1,000-------	.350	.111	.020	.002	.001	.015	*
1,000-1,999-------	.319	.108	.018	.002	.002	.013	*
2,000-2,999-------	.318	.119	.009	.004	.002	.011	*
3,000-3,999-------	.343	.126	.011	.003	.002	.012	.001
4,000-4,999-------	.352	.122	.012	.004	.002	.010	.001
5,000-5,999-------	.368	.129	.007	.004	.004	.013	.001
6,000-6,999-------	.397	.132	.011	.006	.004	.014	.001
7,000-7,999-------	.410	.130	.009	.007	.006	.010	.001
8,000-8,999-------	.416	.141	.009	.008	.006	.011	.001
9,000-9,999-------	.444	.162	.009	.008	.006	.017	.001
10,000-14,999------	.464	.147	.006	.011	.003	.014	*
15,000 AND OVER----	.529	.178	.004	.023	.006	.014	.000
				PERCENT OF HOUSEHOLDS USING IN A WEEK			
ALL HOUSEHOLDS							
SPRING----------	90.2	62.1	5.4	4.8	1.6	12.0	1.5
SUMMER----------	92.4	53.3	2.7	3.9	1.4	9.8	1.3
FALL----------	95.1	63.3	5.4	4.9	1.8	15.5	.6
WINTER----------	91.6	64.1	6.5	4.5	1.8	14.5	1.5

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ALL FRUIT						CITRUS					OTHER VITAMIN-C RICH *		
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL (JUICE EQUIVALENT) *	CANNED		FROZEN		TOTAL *	FROZEN	
		COMMERCIAL	HOME	COMMERCIAL	HOME			COMMERCIAL	HOME	COMMERCIAL	HOME		COMMERCIAL	HOME
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS)														
ALL HOUSEHOLDS, YEAR-	3.860	.801	.148	.119	.053	.029	1.033	.257	.000	.099	*	.223	.008	.015
SPRING----------	3.501	.825	.181	.107	.054	.029	.975	.246	.000	.083	*	.270	.010	.018
SUMMER----------	4.818	.677	.094	.120	.044	.015	.867	.250	.000	.106	.000	.505	.006	.008
FALL----------	3.501	.821	.161	.103	.052	.032	.970	.246	.000	.087	.000	.050	.006	.011
WINTER----------	3.578	.886	.158	.144	.063	.040	1.318	.284	.000	.119	.000	.050	.011	.022
UNDER 1,000-------	3.900	.571	.225	.047	.032	.032	.529	.211	.000	.039	.000	.251	.004	.003
1,000-1,999-------	3.720	.560	.266	.033	.070	.026	.615	.218	.000	.030	.000	.169	.002	.022
2,000-2,999-------	3.248	.612	.168	.031	.047	.023	.587	.216	.000	.029	.000	.101	.002	.016
3,000-3,999-------	3.284	.646	.137	.063	.045	.016	.755	.228	.000	.056	.000	.179	.004	.006
4,000-4,999-------	3.423	.772	.217	.095	.090	.021	.905	.266	.000	.079	.000	.146	.008	.024
5,000-5,999-------	3.701	.858	.150	.114	.046	.029	1.040	.301	.000	.093	.000	.192	.011	.010
6,000-6,999-------	3.700	.866	.127	.134	.049	.030	1.011	.275	.000	.112	*	.277	.008	.012
7,000-7,999-------	4.102	.958	.117	.143	.065	.033	1.263	.314	.000	.115	.000	.224	.018	.031
8,000-8,999-------	4.538	.824	.074	.221	.070	.033	1.392	.242	.000	.178	.000	.293	.012	.014
9,000-9,999-------	4.837	1.059	.056	.213	.019	.035	1.527	.246	.000	.169	.000	.341	.021	.007
10,000-14,999------	4.895	.978	.085	.211	.040	.047	1.601	.254	.000	.175	.000	.301	.007	.012
15,000 AND OVER----	5.148	1.248	.004	.258	.022	.043	2.057	.241	.000	.242	.000	.316	.000	.003
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS, YEAR-	.597	.157	.033	.049	.022	.011	.172	.041	.000	.041	*	.047	.004	.007
SPRING----------	.608	.170	.040	.047	.021	.011	.176	.043	.000	.038	*	.074	.004	.008
SUMMER----------	.644	.130	.023	.048	.018	.006	.141	.039	.000	.042	.000	.073	.003	.004
FALL----------	.550	.159	.036	.042	.024	.013	.151	.040	.000	.034	.000	.014	.003	.006
WINTER----------	.584	.170	.035	.059	.024	.015	.218	.043	.000	.049	.000	.023	.005	.011
UNDER 1,000-------	.541	.115	.052	.022	.011	.011	.101	.035	.000	.018	.000	.057	.002	.001
1,000-1,999-------	.515	.117	.059	.015	.031	.010	.129	.034	.000	.014	.000	.034	.001	.011
2,000-2,999-------	.432	.119	.036	.016	.018	.009	.109	.034	.000	.015	.000	.021	.001	.008
3,000-3,999-------	.468	.124	.032	.026	.017	.006	.127	.038	.000	.023	.000	.039	.002	.003
4,000-4,999-------	.560	.149	.051	.038	.038	.007	.149	.038	.000	.031	.000	.037	.003	.011
5,000-5,999-------	.596	.172	.035	.047	.019	.010	.173	.051	.000	.038	.000	.044	.005	.005
6,000-6,999-------	.595	.168	.028	.055	.020	.013	.158	.046	.000	.045	*	.049	.004	.006
7,000-7,999-------	.666	.178	.023	.061	.028	.012	.207	.050	.000	.048	.000	.057	.008	.015
8,000-8,999-------	.710	.178	.019	.097	.029	.012	.225	.039	.000	.079	.000	.065	.006	.006
9,000-9,999-------	.710	.203	.014	.081	.009	.013	.237	.038	.000	.063	.000	.059	.007	.003
10,000-14,999------	.762	.184	.017	.087	.015	.020	.262	.040	.000	.072	.000	.058	.003	.006
15,000 AND OVER----	.901	.250	.001	.098	.010	.024	.334	.040	.000	.092	.000	.082	.000	.001
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	95.4	65.1	15.5	24.7	8.1	13.2	67.7	25.4	.0	21.1	.1	28.2	3.4	2.8
SUMMER----------	95.0	58.5	10.2	27.7	7.0	8.2	62.1	24.4	.0	25.1	.0	29.5	2.0	2.0
FALL----------	96.4	59.9	16.2	20.7	8.0	12.7	63.5	23.6	.0	18.4	.0	7.6	2.1	2.1
WINTER----------	96.9	70.0	14.1	27.7	10.6	17.8	77.8	28.4	.0	25.1	.0	11.2	3.5	4.3

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	OTHER						MIX-TURES
	TOTAL *	CANNED		FROZEN		DRIED	
		COMMER-CIAL	HOME	COMMER-CIAL	HOME		
(1)	(16)	(17)	(18)	(19)	(20)	(21)	(22)
	QUANTITY PER PERSON PER WEEK (POUNDS)						
ALL HOUSEHOLDS, YEAR-	2.536	.542	.147	.011	.039	.029	.003
SPRING----------	2.134	.577	.181	.014	.036	.029	.002
SUMMER----------	3.553	.425	.093	.008	.037	.015	.001
FALL----------	2.422	.571	.158	.010	.041	.032	.004
WINTER----------	2.003	.599	.158	.013	.041	.040	.003
UNDER 1,000-------	3.042	.360	.225	.004	.029	.032	.000
1,000-1,999-------	2.771	.341	.262	.001	.048	.026	.001
2,000-2,999-------	2.403	.396	.168	*	.031	.023	.001
3,000-3,999-------	2.224	.414	.137	.002	.039	.016	.004
4,000-4,999-------	2.275	.504	.214	.008	.067	.021	.002
5,000-5,999-------	2.386	.553	.150	.009	.037	.029	.004
6,000-6,999-------	2.448	.589	.124	.015	.037	.030	.002
7,000-7,999-------	2.527	.641	.117	.009	.034	.033	.003
8,000-8,999-------	2.938	.577	.074	.031	.056	.033	.005
9,000-9,999-------	2.901	.811	.056	.024	.012	.035	.002
10,000-14,999------	2.894	.719	.085	.030	.028	.047	.003
15,000 AND OVER----	2.813	1.003	.004	.015	.019	.043	.004
	MONEY VALUE PER PERSON PER WEEK (DOLLARS)						
ALL HOUSEHOLDS, YEAR-	.378	.115	.033	.005	.015	.011	.001
SPRING----------	.357	.126	.040	.005	.013	.011	.001
SUMMER----------	.430	.090	.023	.003	.015	.006	.001
FALL----------	.383	.117	.035	.004	.018	.013	.001
WINTER----------	.342	.126	.035	.005	.014	.015	.001
UNDER 1,000-------	.383	.080	.052	.001	.009	.011	.000
1,000-1,999-------	.352	.082	.058	*	.020	.010	*
2,000-2,999-------	.301	.085	.036	*	.010	.009	*
3,000-3,999-------	.300	.085	.032	.001	.014	.006	.001
4,000-4,999-------	.373	.110	.050	.003	.026	.007	.001
5,000-5,999-------	.379	.120	.035	.004	.014	.010	.001
6,000-6,999-------	.388	.121	.027	.006	.015	.013	.001
7,000-7,999-------	.402	.127	.023	.004	.013	.012	.001
8,000-8,999-------	.420	.137	.019	.013	.023	.012	.001
9,000-9,999-------	.413	.164	.014	.011	.006	.013	.001
10,000-14,999------	.441	.143	.017	.012	.009	.020	.001
15,000 AND OVER----	.484	.208	.001	.006	.008	.024	.001
	PERCENT OF HOUSEHOLDS USING IN A WEEK						
ALL HOUSEHOLDS							
SPRING----------	90.1	58.2	15.4	4.0	6.3	13.2	1.2
SUMMER----------	91.2	48.7	10.2	3.2	5.4	8.2	1.0
FALL----------	91.4	52.3	16.0	3.0	6.8	12.7	1.9
WINTER----------	92.1	62.3	14.1	3.5	7.5	17.8	1.9

* SEE SPECIFIC TABLE NOTES, PAGE 183

ALL SOURCES

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ALL FRUIT						CITRUS					OTHER VITAMIN-C RICH *		
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL (JUICE EQUIVALENT) *	CANNED		FROZEN		TOTAL *	FROZEN	
		COMMERCIAL	HOME	COMMERCIAL	HOME			COMMERCIAL	HOME	COMMERCIAL	HOME		COMMERCIAL	HOME
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS)														
ALL HOUSEHOLDS, YEAR-	4.116	.630	.329	.089	.139	.034	.802	.229	*	.073	.001	.257	.006	.036
SPRING----------	3.268	.649	.357	.089	.147	.032	.735	.208	.001	.065	.001	.304	.011	.042
SUMMER----------	5.553	.538	.210	.080	.118	.028	.649	.239	*	.069	.000	.508	.003	.024
FALL----------	3.539	.680	.325	.089	.111	.038	.812	.248	.000	.075	.001	.060	.005	.028
WINTER----------	3.848	.677	.473	.102	.193	.042	1.107	.218	.000	.087	.000	.068	.005	.056
UNDER 1,000-------	3.610	.441	.414	.015	.085	.030	.377	.209	.000	.010	.000	.100	.003	.023
1,000-1,999-------	3.836	.428	.448	.032	.181	.014	.440	.187	.000	.023	.000	.370	.003	.038
2,000-2,999-------	3.120	.400	.423	.062	.129	.024	.561	.147	.002	.056	.002	.123	.005	.030
3,000-3,999-------	3.851	.517	.287	.056	.107	.038	.660	.233	.000	.050	*	.226	.002	.033
4,000-4,999-------	4.200	.676	.312	.099	.122	.041	.800	.209	*	.082	.000	.291	.008	.039
5,000-5,999-------	4.187	.682	.285	.091	.135	.037	.833	.240	.000	.069	.000	.263	.010	.033
6,000-6,999-------	4.467	.807	.279	.095	.152	.033	.987	.290	.000	.082	.000	.283	.004	.041
7,000-7,999-------	4.280	.808	.254	.139	.183	.036	1.088	.277	.000	.103	.000	.324	.002	.053
8,000-8,999-------	5.385	.877	.280	.129	.202	.043	1.000	.284	.003	.099	.000	.453	.006	.053
9,000-9,999-------	5.465	.831	.269	.149	.199	.038	1.218	.230	.000	.121	.000	.268	.019	.059
10,000-14,999------	4.953	.870	.250	.177	.150	.048	1.376	.310	.000	.141	.004	.272	.016	.027
15,000 AND OVER----	4.398	.914	.229	.198	.130	.044	1.361	.352	.000	.179	.000	.243	.003	.026
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS, YEAR-	.619	.119	.073	.037	.054	.013	.134	.036	*	.031	*	.061	.003	.017
SPRING----------	.600	.128	.079	.039	.053	.012	.130	.033	*	.029	*	.090	.004	.017
SUMMER----------	.692	.104	.049	.035	.046	.010	.114	.040	*	.031	.000	.086	.001	.011
FALL----------	.542	.116	.071	.036	.047	.015	.122	.036	.000	.030	*	.024	.002	.014
WINTER----------	.633	.131	.104	.041	.074	.015	.185	.032	.000	.034	.000	.033	.002	.028
UNDER 1,000-------	.464	.075	.095	.006	.030	.012	.063	.028	.000	.004	.000	.030	.001	.010
1,000-1,999-------	.558	.078	.096	.013	.068	.005	.076	.028	.000	.010	.000	.082	.001	.017
2,000-2,999-------	.478	.076	.091	.026	.047	.010	.090	.023	*	.023	.001	.039	.002	.014
3,000-3,999-------	.510	.096	.061	.024	.044	.012	.107	.035	.000	.021	*	.054	.001	.015
4,000-4,999-------	.645	.131	.070	.041	.048	.015	.133	.033	*	.033	.000	.078	.004	.018
5,000-5,999-------	.635	.131	.064	.039	.052	.014	.139	.036	.000	.030	.000	.059	.004	.015
6,000-6,999-------	.677	.146	.060	.041	.059	.012	.172	.045	.000	.036	.000	.057	.002	.019
7,000-7,999-------	.697	.152	.060	.059	.073	.011	.193	.046	.000	.048	.000	.077	.001	.025
8,000-8,999-------	.811	.174	.069	.055	.084	.018	.177	.053	.001	.042	.000	.094	.002	.024
9,000-9,999-------	.891	.154	.074	.065	.064	.012	.202	.033	.000	.051	.000	.070	.007	.028
10,000-14,999------	.807	.169	.056	.073	.054	.021	.226	.049	.000	.058	.001	.065	.007	.013
15,000 AND OVER----	.728	.167	.051	.080	.053	.016	.207	.057	.000	.076	.000	.056	.001	.012
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	95.6	61.2	32.4	20.8	19.1	14.2	61.5	24.2	.2	17.0	.1	29.2	3.3	7.5
SUMMER----------	96.5	50.2	23.7	18.8	13.3	10.6	55.3	24.3	.2	16.9	.0	32.8	1.3	4.4
FALL----------	95.3	57.4	31.3	19.9	17.9	17.6	62.0	23.3	.0	18.0	.1	10.4	1.8	6.1
WINTER----------	96.4	58.1	38.3	24.4	22.8	15.1	70.6	21.9	.0	21.8	.0	12.3	2.0	9.2

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	OTHER						MIX-TURES
	TOTAL *	CANNED		FROZEN		DRIED	
		COMMER-CIAL	HOME	COMMER-CIAL	HOME		
(1)	(16)	(17)	(18)	(19)	(20)	(21)	(22)
			QUANTITY PER PERSON PER WEEK (POUNDS)				
ALL HOUSEHOLDS,YEAR-	2.967	.399	.326	.010	.102	.034	.001
SPRING----------	2.147	.438	.351	.013	.104	.032	.001
SUMMER----------	4.438	.298	.209	.008	.094	.028	*
FALL----------	2.596	.432	.324	.009	.082	.038	.001
WINTER----------	2.351	.455	.471	.010	.136	.042	.002
UNDER 1,000-------	3.017	.230	.413	.002	.062	.030	.002
1,000-1,999-------	2.921	.240	.445	.007	.143	.014	.001
2,000-2,999-------	2.388	.250	.417	.002	.096	.024	*
3,000-3,999-------	2.861	.280	.284	.004	.074	.038	.004
4,000-4,999-------	3.046	.465	.312	.010	.083	.041	.001
5,000-5,999-------	2.958	.442	.282	.012	.102	.037	.001
6,000-6,999-------	3.051	.516	.278	.009	.111	.033	*
7,000-7,999-------	2.742	.530	.247	.035	.130	.036	.001
8,000-8,999-------	3.845	.593	.276	.024	.149	.043	.000
9,000-9,999-------	3.849	.601	.269	.009	.139	.038	.000
10,000-14,999------	3.243	.559	.249	.020	.118	.048	.001
15,000 AND OVER----	2.963	.562	.229	.016	.103	.044	.000
			MONEY VALUE PER PERSON PER WEEK (DOLLARS)				
ALL HOUSEHOLDS,YEAR-	.423	.082	.072	.004	.037	.013	*
SPRING----------	.380	.094	.077	.005	.036	.012	*
SUMMER----------	.492	.064	.049	.003	.035	.010	*
FALL----------	.395	.080	.070	.004	.033	.015	*
WINTER----------	.414	.097	.103	.004	.046	.015	.001
UNDER 1,000-------	.371	.046	.095	.001	.020	.012	.001
1,000-1,999-------	.400	.049	.095	.002	.051	.005	*
2,000-2,999-------	.349	.052	.089	.001	.033	.010	*
3,000-3,999-------	.348	.060	.060	.002	.029	.012	.001
4,000-4,999-------	.434	.097	.070	.004	.030	.015	*
5,000-5,999-------	.438	.095	.063	.005	.037	.014	*
6,000-6,999-------	.447	.100	.060	.003	.040	.012	*
7,000-7,999-------	.427	.106	.058	.011	.048	.011	*
8,000-8,999-------	.540	.121	.068	.011	.060	.018	.000
9,000-9,999-------	.619	.122	.074	.007	.055	.012	.000
10,000-14,999------	.515	.120	.056	.008	.041	.021	*
15,000 AND OVER----	.465	.110	.051	.003	.041	.016	.000
			PERCENT OF HOUSEHOLDS USING IN A WEEK				
ALL HOUSEHOLDS							
SPRING----------	91.5	52.9	32.3	4.4	14.7	14.2	1.0
SUMMER----------	93.2	40.6	23.7	2.6	10.9	10.6	.2
FALL----------	93.0	48.1	31.3	3.9	13.9	17.6	.5
WINTER----------	91.8	49.2	38.1	2.8	17.8	15.1	.9

* SEE SPECIFIC TABLE NOTES, PAGE 183

HOME-PRODUCED

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ALL FRUIT						CITRUS					OTHER VITAMIN-C RICH *		
	TOTAL *	CANNED		FROZEN		DRIED	TOTAL (JUICE EQUIV-ALENT) *	CANNED		FROZEN		TOTAL *	FROZEN	
		COMMER-CIAL	HOME	COMMER-CIAL	HOME			COMMER-CIAL	HOME	COMMER-CIAL	HOME		COMMER-CIAL	HOME
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS)														
ALL HOUSEHOLDS, YEAR-	1.060	.000	.245	.000	.112	.002	.006	.000	*	.000	*	.120	.000	.032
SPRING----------	.666	.000	.283	.000	.123	*	.004	.000	.001	.000	.001	.135	.000	.035
SUMMER----------	2.046	.000	.160	.000	.096	.003	.000	.000	.000	.000	.000	.214	.000	.022
FALL----------	.685	.000	.229	.000	.090	*	.001	.000	.000	.000	.001	.043	.000	.026
WINTER----------	.595	.000	.341	.000	.149	.003	.025	.000	.000	.000	.000	.056	.000	.052
UNDER 1,000-------	1.586	.000	.292	.000	.076	.018	.000	.000	.000	.000	.000	.052	.000	.016
1,000-1,999-------	1.595	.000	.349	.000	.156	.000	.000	.000	.000	.000	.000	.260	.000	.036
2,000-2,999-------	.940	.000	.313	.000	.092	.001	.029	.000	.001	.000	.002	.082	.000	.029
3,000-3,999-------	1.134	.000	.206	.000	.098	.003	.000	.000	.000	.000	.000	.155	.000	.031
4,000-4,999-------	1.134	.000	.250	.000	.087	.000	*	.000	*	.000	.000	.127	.000	.028
5,000-5,999-------	.890	.000	.214	.000	.113	*	*	.000	.000	.000	.000	.097	.000	.029
6,000-6,999-------	.841	.000	.214	.000	.130	.000	.001	.000	.000	.000	.000	.095	.000	.038
7,000-7,999-------	.557	.000	.196	.000	.126	.000	.000	.000	.000	.000	.000	.063	.000	.047
8,000-8,999-------	1.285	.000	.197	.000	.174	.003	.000	.000	.000	.000	.000	.128	.000	.051
9,000-9,999-------	1.455	.000	.195	.000	.152	.000	.063	.000	.000	.000	.000	.102	.000	.057
10,000-14,999------	.813	.000	.161	.000	.111	.000	.007	.000	.000	.000	.004	.092	.000	.025
15,000 AND OVER----	.548	.000	.168	.000	.121	.000	.000	.000	.000	.000	.000	.058	.000	.023
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS, YEAR-	.185	.000	.055	.000	.044	.001	.001	.000	*	.000	*	.036	.000	.015
SPRING----------	.174	.000	.062	.000	.045	*	.001	.000	*	.000	*	.048	.000	.014
SUMMER----------	.260	.000	.038	.000	.037	.001	.000	.000	.000	.000	.000	.044	.000	.010
FALL----------	.137	.000	.052	.000	.039	*	*	.000	.000	.000	*	.019	.000	.013
WINTER----------	.151	.000	.075	.000	.061	.001	.005	.000	.000	.000	.000	.028	.000	.026
UNDER 1,000-------	.223	.000	.070	.000	.027	.008	.000	.000	.000	.000	.000	.018	.000	.008
1,000-1,999-------	.272	.000	.076	.000	.058	.000	.000	.000	.000	.000	.000	.061	.000	.016
2,000-2,999-------	.179	.000	.069	.000	.035	.001	.006	.000	*	.000	.001	.028	.000	.013
3,000-3,999-------	.165	.000	.044	.000	.041	.001	.000	.000	.000	.000	.000	.042	.000	.014
4,000-4,999-------	.184	.000	.057	.000	.035	.000	*	.000	*	.000	.000	.040	.000	.013
5,000-5,999-------	.164	.000	.048	.000	.044	*	*	.000	.000	.000	.000	.030	.000	.013
6,000-6,999-------	.170	.000	.048	.000	.051	.000	.001	.000	.000	.000	.000	.032	.000	.018
7,000-7,999-------	.136	.000	.047	.000	.051	.000	.000	.000	.000	.000	.000	.027	.000	.022
8,000-8,999-------	.200	.000	.049	.000	.071	.001	.000	.000	.000	.000	.000	.042	.000	.023
9,000-9,999-------	.279	.000	.051	.000	.065	.000	.014	.000	.000	.000	.000	.043	.000	.027
10,000-14,999------	.166	.000	.037	.000	.042	.000	.002	.000	.000	.000	.001	.032	.000	.012
15,000 AND OVER----	.142	.000	.038	.000	.051	.000	.000	.000	.000	.000	.000	.021	.000	.011
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	48.5	.0	26.7	.0	16.6	.2	.6	.0	.1	.0	.1	13.0	.0	6.3
SUMMER----------	57.6	.0	18.9	.0	10.9	.3	.0	.0	.0	.0	.0	11.8	.0	4.0
FALL----------	44.0	.0	24.7	.0	15.2	.1	.1	.0	.0	.0	.1	7.0	.0	5.3
WINTER----------	43.9	.0	31.7	.0	19.5	.5	.8	.0	.0	.0	.0	8.9	.0	8.4

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	OTHER						MIX-TURES
	TOTAL *	CANNED		FROZEN		DRIED	
		COMMER-CIAL	HOME	COMMER-CIAL	HOME		
(1)	(16)	(17)	(18)	(19)	(20)	(21)	(22)
			QUANTITY PER PERSON PER WEEK (POUNDS)				
ALL HOUSEHOLDS, YEAR-	.929	.000	.243	.000	.079	.002	.000
SPRING----------	.525	.000	.278	.000	.087	*	.000
SUMMER----------	1.833	.000	.160	.000	.074	.003	.000
FALL----------	.642	.000	.228	.000	.063	*	.000
WINTER----------	.489	.000	.339	.000	.097	.003	.000
UNDER 1,000-------	1.534	.000	.290	.000	.059	.018	.000
1,000-1,999-------	1.335	.000	.345	.000	.120	.000	.000
2,000-2,999-------	.802	.000	.310	.000	.062	.001	.000
3,000-3,999-------	.979	.000	.203	.000	.067	.003	.000
4,000-4,999-------	1.006	.000	.250	.000	.059	.000	.000
5,000-5,999-------	.794	.000	.211	.000	.084	*	.000
6,000-6,999-------	.743	.000	.213	.000	.092	.000	.000
7,000-7,999-------	.494	.000	.190	.000	.079	.000	.000
8,000-8,999-------	1.157	.000	.197	.000	.123	.003	.000
9,000-9,999-------	1.231	.000	.195	.000	.095	.000	.000
10,000-14,999------	.710	.000	.161	.000	.082	.000	.000
15,000 AND OVER----	.491	.000	.168	.000	.098	.000	.000
			MONEY VALUE PER PERSON PER WEEK (DOLLARS)				
ALL HOUSEHOLDS, YEAR-	.148	.000	.054	.000	.029	.001	.000
SPRING----------	.125	.000	.061	.000	.031	*	.000
SUMMER----------	.216	.000	.038	.000	.027	.001	.000
FALL----------	.118	.000	.051	.000	.025	*	.000
WINTER----------	.118	.000	.074	.000	.035	.001	.000
UNDER 1,000-------	.205	.000	.070	.000	.019	.008	.000
1,000-1,999-------	.211	.000	.075	.000	.042	.000	.000
2,000-2,999-------	.145	.000	.068	.000	.021	.001	.000
3,000-3,999-------	.124	.000	.043	.000	.027	.001	.000
4,000-4,999-------	.143	.000	.057	.000	.022	.000	.000
5,000-5,999-------	.133	.000	.047	.000	.031	*	.000
6,000-6,999-------	.138	.000	.048	.000	.033	.000	.000
7,000-7,999-------	.109	.000	.045	.000	.029	.000	.000
8,000-8,999-------	.159	.000	.049	.000	.048	.001	.000
9,000-9,999-------	.222	.000	.051	.000	.038	.000	.000
10,000-14,999------	.132	.000	.037	.000	.030	.000	.000
15,000 AND OVER----	.121	.000	.038	.000	.040	.000	.000
			PERCENT OF HOUSEHOLDS USING IN A WEEK				
ALL HOUSEHOLDS							
SPRING----------	43.7	.0	26.6	.0	12.7	.2	.0
SUMMER----------	54.7	.0	18.9	.0	8.4	.3	.0
FALL----------	41.2	.0	24.7	.0	11.4	.1	.0
WINTER----------	40.4	.0	31.7	.0	14.1	.5	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ENRICHED, WHOLE GRAIN					NOT ENRICHED OR WHOLE GRAIN					
	TOTAL (FLOUR EQUIV-ALENT) ‡	FLOUR	CEREAL, PASTES	BREAD	OTHER BAKERY PROD-UCTS	TOTAL (FLOUR EQUIV-ALENT) ‡	FLOUR	CEREAL, PASTES	BREAD	OTHER BAKERY PROD-UCTS	SOUP, MIX-TURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
QUANTITY PER PERSON PER WEEK (POUNDS)											
ALL HOUSEHOLDS, YEAR-	2.086	.528	.720	1.210	.203	.554	.113	.073	.108	.652	.259
SPRING----------	2.085	.504	.734	1.211	.215	.568	.116	.071	.114	.681	.253
SUMMER----------	2.000	.475	.685	1.205	.215	.549	.108	.068	.102	.680	.236
FALL----------	2.157	.598	.714	1.233	.190	.551	.114	.083	.100	.631	.280
WINTER----------	2.107	.538	.750	1.190	.192	.549	.115	.070	.114	.614	.269
UNDER 1,000-------	2.805	1.026	1.055	1.045	.158	.570	.073	.226	.053	.491	.170
1,000-1,999-------	2.702	.923	1.090	.998	.154	.458	.100	.098	.054	.483	.174
2,000-2,999-------	2.648	.861	1.018	1.138	.156	.506	.109	.115	.067	.506	.204
3,000-3,999-------	2.387	.724	.836	1.218	.175	.491	.094	.095	.065	.508	.231
4,000-4,999-------	2.330	.631	.818	1.275	.203	.521	.123	.085	.071	.563	.259
5,000-5,999-------	2.064	.495	.672	1.290	.226	.536	.108	.063	.098	.625	.275
6,000-6,999-------	1.958	.448	.644	1.252	.209	.558	.117	.061	.114	.704	.251
7,000-7,999-------	1.881	.386	.627	1.274	.193	.591	.122	.058	.126	.739	.297
8,000-8,999-------	1.840	.382	.568	1.272	.230	.588	.118	.055	.126	.751	.303
9,000-9,999-------	1.813	.348	.591	1.243	.228	.611	.143	.062	.149	.742	.287
10,000-14,999------	1.714	.298	.594	1.171	.222	.626	.125	.045	.154	.816	.298
15,000 AND OVER----	1.508	.244	.501	1.038	.257	.674	.100	.042	.182	.869	.305
MONEY VALUE PER PERSON PER WEEK (DOLLARS)											
ALL HOUSEHOLDS, YEAR-	.590	.061	.204	.258	.067	.480	.035	.014	.033	.300	.096
SPRING----------	.593	.058	.209	.254	.071	.493	.035	.015	.033	.312	.096
SUMMER----------	.573	.056	.196	.254	.067	.468	.033	.013	.031	.301	.088
FALL----------	.598	.068	.201	.264	.066	.475	.034	.015	.032	.292	.100
WINTER----------	.598	.064	.210	.260	.064	.484	.037	.014	.036	.293	.102
UNDER 1,000-------	.568	.105	.204	.218	.041	.314	.022	.025	.016	.198	.054
1,000-1,999-------	.569	.098	.213	.213	.044	.305	.026	.015	.016	.190	.056
2,000-2,999-------	.582	.094	.211	.233	.044	.341	.031	.017	.019	.208	.066
3,000-3,999-------	.581	.081	.199	.249	.052	.363	.028	.016	.019	.218	.080
4,000-4,999-------	.603	.071	.211	.259	.062	.406	.035	.016	.022	.241	.091
5,000-5,999-------	.596	.059	.201	.272	.064	.458	.034	.013	.030	.281	.098
6,000-6,999-------	.590	.054	.199	.266	.071	.498	.037	.013	.034	.320	.092
7,000-7,999-------	.594	.048	.206	.270	.069	.560	.039	.016	.038	.353	.111
8,000-8,999-------	.608	.048	.201	.274	.085	.569	.039	.012	.039	.357	.121
9,000-9,999-------	.596	.043	.199	.272	.081	.583	.042	.014	.045	.362	.118
10,000-14,999------	.602	.040	.214	.263	.085	.630	.041	.012	.047	.401	.124
15,000 AND OVER----	.577	.032	.196	.245	.104	.680	.033	.010	.061	.451	.123
PERCENT OF HOUSEHOLDS USING IN A WEEK											
ALL HOUSEHOLDS											
SPRING----------	99.4	69.0	91.6	93.7	47.9	93.7	25.6	22.7	24.8	86.7	44.2
SUMMER----------	99.5	69.7	90.1	94.3	45.6	92.4	24.6	19.2	23.6	86.1	39.8
FALL----------	99.4	72.5	91.6	94.1	46.0	94.2	24.4	21.8	24.4	86.5	45.9
WINTER----------	99.8	72.2	92.0	94.1	44.4	94.8	26.3	23.0	24.9	88.1	47.3

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ENRICHED, WHOLE GRAIN					NOT ENRICHED OR WHOLE GRAIN					
	TOTAL (FLOUR EQUIV-ALENT) ‡	FLOUR	CEREAL, PASTES	BREAD	OTHER BAKERY PROD-UCTS	TOTAL (FLOUR EQUIV-ALENT) ‡	FLOUR	CEREAL, PASTES	BREAD	OTHER BAKERY PROD-UCTS	SOUP, MIX-TURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
QUANTITY PER PERSON PER WEEK (POUNDS)											
ALL HOUSEHOLDS, YEAR-	1.862	.371	.659	1.203	.202	.561	.108	.060	.128	.673	.280
SPRING----------	1.873	.348	.680	1.207	.218	.586	.109	.065	.136	.712	.272
SUMMER----------	1.754	.315	.618	1.181	.209	.556	.101	.059	.123	.696	.254
FALL----------	1.948	.436	.657	1.247	.196	.550	.115	.059	.121	.651	.297
WINTER----------	1.879	.387	.682	1.179	.186	.552	.108	.059	.133	.629	.297
UNDER 1,000-------	2.170	.539	.891	1.065	.170	.486	.071	.107	.075	.532	.222
1,000-1,999-------	2.144	.533	.894	1.042	.158	.461	.092	.061	.087	.524	.205
2,000-2,999-------	2.214	.536	.842	1.228	.178	.541	.097	.106	.092	.551	.251
3,000-3,999-------	2.077	.473	.762	1.246	.176	.468	.079	.076	.077	.504	.251
4,000-4,999-------	2.135	.464	.811	1.252	.191	.528	.127	.083	.085	.543	.286
5,000-5,999-------	1.880	.367	.644	1.244	.229	.534	.099	.056	.113	.612	.290
6,000-6,999-------	1.777	.338	.600	1.218	.200	.574	.106	.060	.129	.735	.271
7,000-7,999-------	1.812	.339	.616	1.260	.187	.596	.121	.055	.148	.744	.308
8,000-8,999-------	1.748	.311	.557	1.270	.215	.591	.113	.048	.139	.773	.304
9,000-9,999-------	1.700	.297	.588	1.178	.193	.597	.123	.057	.160	.746	.278
10,000-14,999------	1.669	.255	.593	1.168	.224	.633	.126	.039	.166	.837	.300
15,000 AND OVER----	1.397	.202	.459	1.016	.237	.649	.088	.035	.187	.848	.300
MONEY VALUE PER PERSON PER WEEK (DOLLARS)											
ALL HOUSEHOLDS, YEAR-	.578	.046	.203	.260	.069	.512	.034	.013	.039	.318	.105
SPRING----------	.585	.044	.209	.257	.075	.533	.034	.015	.040	.337	.106
SUMMER----------	.552	.039	.195	.252	.066	.492	.031	.013	.037	.315	.093
FALL----------	.595	.053	.202	.269	.070	.507	.035	.012	.038	.312	.107
WINTER----------	.580	.049	.206	.261	.064	.514	.034	.013	.042	.309	.114
UNDER 1,000-------	.556	.065	.217	.229	.045	.370	.024	.016	.024	.235	.070
1,000-1,999-------	.544	.060	.209	.226	.049	.344	.025	.013	.025	.213	.066
2,000-2,999-------	.583	.065	.215	.252	.051	.389	.028	.017	.026	.234	.084
3,000-3,999-------	.570	.058	.202	.255	.055	.379	.025	.014	.024	.224	.089
4,000-4,999-------	.586	.055	.216	.257	.059	.416	.035	.016	.026	.239	.099
5,000-5,999-------	.572	.046	.197	.266	.063	.471	.032	.013	.035	.284	.105
6,000-6,999-------	.576	.043	.197	.264	.072	.532	.034	.013	.040	.343	.101
7,000-7,999-------	.588	.043	.208	.268	.069	.577	.038	.016	.045	.362	.114
8,000-8,999-------	.602	.042	.200	.277	.083	.590	.037	.011	.043	.375	.123
9,000-9,999-------	.568	.038	.197	.263	.070	.577	.034	.013	.048	.366	.114
10,000-14,999------	.600	.036	.214	.264	.086	.650	.041	.011	.051	.417	.124
15,000 AND OVER----	.548	.027	.181	.239	.100	.668	.029	.009	.061	.445	.123
PERCENT OF HOUSEHOLDS USING IN A WEEK											
ALL HOUSEHOLDS											
SPRING----------	99.3	63.2	90.8	93.4	48.3	94.1	23.7	21.0	28.0	87.0	46.3
SUMMER----------	99.4	64.4	89.7	93.9	44.5	93.3	23.1	18.0	26.6	87.0	42.5
FALL----------	99.3	67.4	91.5	94.2	46.7	94.3	24.2	20.0	28.3	86.8	47.8
WINTER----------	99.7	67.0	91.8	93.5	44.1	94.7	24.4	20.8	28.0	88.3	50.0

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ENRICHED, WHOLE GRAIN					NOT ENRICHED OR WHOLE GRAIN					
	TOTAL (FLOUR EQUIVALENT) ‡	FLOUR	CEREAL, PASTES	BREAD	OTHER BAKERY PRODUCTS	TOTAL (FLOUR EQUIVALENT) ‡	FLOUR	CEREAL, PASTES	BREAD	OTHER BAKERY PRODUCTS	SOUP, MIXTURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
QUANTITY PER PERSON PER WEEK (POUNDS)											
ALL HOUSEHOLDS, YEAR-	2.429	.756	.809	1.243	.210	.544	.121	.084	.071	.637	.232
SPRING----------	2.397	.719	.806	1.244	.219	.548	.130	.081	.076	.643	.233
SUMMER----------	2.330	.665	.771	1.268	.236	.531	.119	.066	.066	.677	.211
FALL----------	2.471	.864	.778	1.221	.172	.556	.103	.118	.065	.618	.268
WINTER----------	2.522	.784	.880	1.239	.209	.540	.132	.073	.078	.606	.216
UNDER 1,000-------	3.207	1.287	1.176	1.082	.150	.559	.067	.217	.036	.493	.146
1,000-1,999-------	3.182	1.206	1.305	.972	.149	.438	.106	.098	.025	.473	.148
2,000-2,999-------	3.071	1.179	1.191	1.044	.135	.452	.127	.102	.038	.460	.152
3,000-3,999-------	2.655	1.024	.808	1.208	.176	.545	.121	.124	.052	.517	.211
4,000-4,999-------	2.573	.827	.807	1.353	.223	.522	.117	.087	.051	.624	.223
5,000-5,999-------	2.413	.708	.727	1.425	.222	.548	.122	.071	.070	.680	.253
6,000-6,999-------	2.299	.646	.722	1.342	.222	.519	.136	.059	.088	.638	.204
7,000-7,999-------	1.988	.448	.646	1.313	.203	.574	.114	.063	.066	.735	.273
8,000-8,999-------	1.998	.513	.579	1.230	.291	.582	.116	.073	.094	.687	.327
9,000-9,999-------	2.098	.446	.574	1.459	.354	.663	.202	.075	.117	.754	.331
10,000-14,999------	1.738	.348	.594	1.128	.217	.621	.116	.064	.114	.778	.315
15,000 AND OVER----	1.787	.273	.662	1.089	.342	.806	.136	.062	.194	1.006	.372
MONEY VALUE PER PERSON PER WEEK (DOLLARS)											
ALL HOUSEHOLDS, YEAR-	.617	.084	.207	.259	.066	.436	.037	.015	.022	.275	.085
SPRING----------	.608	.078	.209	.255	.066	.432	.037	.017	.022	.275	.081
SUMMER----------	.609	.079	.196	.260	.073	.439	.036	.011	.020	.285	.086
FALL----------	.605	.093	.197	.259	.056	.433	.032	.019	.021	.267	.093
WINTER----------	.644	.089	.225	.264	.067	.439	.042	.014	.024	.273	.082
UNDER 1,000-------	.568	.126	.185	.219	.037	.276	.017	.027	.010	.178	.045
1,000-1,999-------	.602	.128	.226	.207	.041	.274	.024	.014	.007	.180	.047
2,000-2,999-------	.579	.126	.204	.212	.036	.287	.035	.015	.012	.178	.047
3,000-3,999-------	.590	.111	.184	.248	.048	.349	.034	.018	.014	.214	.069
4,000-4,999-------	.636	.092	.204	.271	.069	.406	.035	.015	.017	.257	.081
5,000-5,999-------	.655	.082	.216	.291	.067	.445	.039	.015	.022	.285	.084
6,000-6,999-------	.619	.073	.205	.273	.068	.425	.042	.012	.023	.273	.072
7,000-7,999-------	.603	.054	.203	.278	.068	.519	.038	.017	.020	.334	.107
8,000-8,999-------	.613	.060	.200	.260	.093	.523	.039	.015	.029	.310	.124
9,000-9,999-------	.683	.053	.200	.306	.124	.620	.067	.016	.034	.363	.140
10,000-14,999------	.602	.046	.217	.255	.083	.597	.040	.015	.035	.365	.141
15,000 AND OVER----	.697	.038	.262	.269	.127	.795	.045	.015	.073	.514	.145
PERCENT OF HOUSEHOLDS USING IN A WEEK											
ALL HOUSEHOLDS											
SPRING----------	99.7	81.1	93.1	94.6	48.0	92.7	28.8	25.9	19.0	86.7	41.1
SUMMER----------	99.8	78.8	90.0	95.6	48.9	90.0	26.7	20.0	17.8	84.0	34.7
FALL----------	99.8	82.7	90.5	93.9	43.5	94.5	23.4	24.1	16.7	86.9	43.2
WINTER----------	100.0	83.4	91.9	96.3	45.8	95.7	30.4	27.5	18.2	88.8	42.2

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965 (1)	ENRICHED, WHOLE GRAIN: TOTAL (FLOUR EQUIVALENT) * (2)	FLOUR (3)	CEREAL, PASTES (4)	BREAD (5)	OTHER BAKERY PRODUCTS (6)	NOT ENRICHED OR WHOLE GRAIN: TOTAL (FLOUR EQUIVALENT) * (7)	FLOUR (8)	CEREAL, PASTES (9)	BREAD (10)	OTHER BAKERY PRODUCTS (11)	SOUP, MIXTURES (12)
QUANTITY PER PERSON PER WEEK (POUNDS)											
ALL HOUSEHOLDS, YEAR-	3.000	1.215	.986	1.152	.191	.524	.136	.149	.041	.511	.166
SPRING----------	2.972	1.210	.982	1.137	.178	.473	.145	.091	.042	.527	.156
SUMMER----------	3.012	1.204	.966	1.205	.208	.541	.132	.143	.049	.556	.170
FALL----------	3.039	1.211	1.027	1.149	.197	.541	.136	.189	.027	.480	.166
WINTER----------	2.969	1.243	.968	1.096	.177	.544	.133	.184	.047	.462	.173
UNDER 1,000-------	3.630	1.755	1.235	.922	.144	.806	.088	.551	.030	.381	.086
1,000-1,999-------	3.486	1.619	1.232	.905	.152	.503	.118	.237	.014	.351	.127
2,000-2,999-------	3.575	1.545	1.391	.964	.111	.476	.115	.182	.022	.419	.118
3,000-3,999-------	3.427	1.373	1.300	1.091	.170	.487	.113	.128	.030	.511	.173
4,000-4,999-------	2.967	1.224	.917	1.172	.219	.459	.120	.101	.035	.503	.180
5,000-5,999-------	2.646	1.022	.760	1.244	.210	.521	.150	.107	.037	.544	.191
6,000-6,999-------	2.715	.950	.849	1.273	.264	.547	.166	.083	.044	.618	.222
7,000-7,999-------	2.586	.927	.718	1.321	.264	.589	.185	.092	.052	.680	.222
8,000-8,999-------	2.646	.957	.697	1.484	.199	.557	.198	.086	.057	.670	.183
9,000-9,999-------	2.543	.835	.757	1.359	.240	.605	.217	.098	.104	.609	.221
10,000-14,999-------	2.480	.905	.608	1.429	.211	.496	.154	.073	.087	.567	.176
15,000 AND OVER----	2.148	.746	.558	1.178	.252	.577	.139	.089	.069	.705	.144
MONEY VALUE PER PERSON PER WEEK (DOLLARS)											
ALL HOUSEHOLDS, YEAR-	.614	.122	.203	.233	.056	.337	.041	.021	.012	.207	.056
SPRING----------	.610	.119	.207	.229	.055	.333	.042	.015	.012	.210	.054
SUMMER----------	.630	.123	.202	.243	.061	.358	.041	.018	.014	.227	.058
FALL----------	.607	.121	.200	.229	.056	.322	.038	.026	.008	.195	.055
WINTER----------	.606	.124	.200	.231	.052	.329	.041	.027	.015	.190	.056
UNDER 1,000-------	.600	.165	.211	.186	.038	.248	.027	.046	.007	.141	.029
1,000-1,999-------	.572	.160	.193	.180	.038	.241	.036	.030	.004	.130	.040
2,000-2,999-------	.590	.150	.211	.196	.033	.259	.031	.026	.006	.162	.035
3,000-3,999-------	.619	.134	.220	.219	.046	.310	.033	.019	.008	.195	.055
4,000-4,999-------	.617	.122	.196	.236	.062	.327	.037	.015	.011	.202	.062
5,000-5,999-------	.615	.106	.192	.254	.063	.363	.042	.016	.012	.225	.068
6,000-6,999-------	.642	.104	.206	.262	.070	.404	.048	.016	.013	.251	.075
7,000-7,999-------	.647	.097	.189	.271	.089	.462	.053	.018	.017	.292	.081
8,000-8,999-------	.682	.105	.215	.296	.066	.434	.064	.015	.017	.270	.067
9,000-9,999-------	.682	.088	.234	.279	.081	.489	.073	.023	.031	.280	.083
10,000-14,999-------	.644	.093	.200	.285	.065	.393	.048	.014	.026	.246	.058
15,000 AND OVER----	.588	.075	.175	.248	.091	.455	.045	.015	.018	.328	.049
PERCENT OF HOUSEHOLDS USING IN A WEEK											
ALL HOUSEHOLDS											
SPRING----------	99.8	89.3	95.2	92.9	42.7	92.3	35.9	29.9	10.6	83.8	31.3
SUMMER----------	99.8	89.9	94.6	93.9	44.4	91.9	31.6	28.2	14.1	84.2	30.1
FALL----------	100.0	91.3	95.8	94.5	47.7	91.9	30.8	34.0	9.3	82.0	33.9
WINTER----------	100.0	91.8	94.3	92.4	41.8	91.9	33.7	33.4	12.0	82.4	33.9

* SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	ENRICHED, WHOLE GRAIN					NOT ENRICHED OR WHOLE GRAIN					
	TOTAL (FLOUR EQUIVALENT) *	FLOUR	CEREAL, PASTES	BREAD	OTHER BAKERY PRODUCTS	TOTAL (FLOUR EQUIVALENT) *	FLOUR	CEREAL, PASTES	BREAD	OTHER BAKERY PRODUCTS	SOUP, MIXTURES
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
QUANTITY PER PERSON PER WEEK (POUNDS)											
ALL HOUSEHOLDS, YEAR-	.009	.005	.005	.000	.000	.031	.004	.026	.000	.000	.004
SPRING----------	.035	.017	.017	.000	.000	.022	.003	.019	.000	.000	.002
SUMMER----------	.000	.000	.000	.000	.000	.008	.000	.007	.000	.000	.003
FALL----------	.000	.000	.000	.000	.000	.060	.014	.045	.000	.000	.010
WINTER----------	.000	.000	.000	.000	.000	.039	.000	.039	.000	.000	.000
UNDER 1,000-------	.020	.013	.006	.000	.000	.056	.000	.056	.000	.000	.000
1,000-1,999-------	.021	.017	.004	.000	.000	.064	.005	.059	.000	.000	.001
2,000-2,999-------	.015	.003	.012	.000	.000	.069	.000	.068	.000	.000	.006
3,000-3,999-------	.019	.008	.011	.000	.000	.039	.008	.030	.000	.000	.005
4,000-4,999-------	.009	.006	.003	.000	.000	.013	.000	.011	.000	.000	.008
5,000-5,999-------	.000	.000	.000	.000	.000	.020	.011	.008	.000	.000	.004
6,000-6,999-------	*	*	.000	.000	.000	.005	.000	.004	.000	.000	.002
7,000-7,999-------	.000	.000	.000	.000	.000	.032	.017	.014	.000	.000	.005
8,000-8,999-------	.000	.000	.000	.000	.000	.010	.006	.004	.000	.000	.000
9,000-9,999-------	.000	.000	.000	.000	.000	.003	.000	.003	.000	.000	.000
10,000-14,999------	.000	.000	.000	.000	.000	.003	.000	.002	.000	.000	.008
15,000 AND OVER----	.013	.000	.013	.000	.000	.000	.000	.000	.000	.000	.000
MONEY VALUE PER PERSON PER WEEK (DOLLARS)											
ALL HOUSEHOLDS, YEAR-	.001	.001	.001	.000	.000	.005	*	.003	.000	.000	.002
SPRING----------	.004	.002	.002	.000	.000	.004	*	.003	.000	.000	.001
SUMMER----------	.000	.000	.000	.000	.000	.002	.000	.001	.000	.000	.001
FALL----------	.000	.000	.000	.000	.000	.010	.002	.005	.000	.000	.004
WINTER----------	.000	.000	.000	.000	.000	.006	.000	.006	.000	.000	.000
UNDER 1,000-------	.002	.001	.001	.000	.000	.007	.000	.007	.000	.000	.000
1,000-1,999-------	.002	.002	*	.000	.000	.008	.001	.007	.000	.000	*
2,000-2,999-------	.002	*	.001	.000	.000	.012	.000	.010	.000	.000	.002
3,000-3,999-------	.002	.001	.001	.000	.000	.007	.001	.004	.000	.000	.002
4,000-4,999-------	.001	.001	*	.000	.000	.005	.000	.001	.000	.000	.003
5,000-5,999-------	.000	.000	.000	.000	.000	.004	.001	.001	.000	.000	.002
6,000-6,999-------	*	*	.000	.000	.000	.002	.000	.001	.000	.000	.001
7,000-7,999-------	.000	.000	.000	.000	.000	.006	.002	.002	.000	.000	.002
8,000-8,999-------	.000	.000	.000	.000	.000	.001	.001	*	.000	.000	.000
9,000-9,999-------	.000	.000	.000	.000	.000	*	.000	*	.000	.000	.000
10,000-14,999------	.000	.000	.000	.000	.000	.004	.000	*	.000	.000	.003
15,000 AND OVER----	.002	.000	.002	.000	.000	.000	.000	.000	.000	.000	.000
PERCENT OF HOUSEHOLDS USING IN A WEEK											
ALL HOUSEHOLDS											
SPRING----------	1.4	.6	1.0	.0	.0	2.7	.2	2.4	.0	.0	.3
SUMMER----------	.0	.0	.0	.0	.0	2.2	.0	1.6	.0	.0	.6
FALL----------	.0	.0	.0	.0	.0	5.1	.6	3.4	.0	.0	1.5
WINTER----------	.0	.0	.0	.0	.0	3.1	.0	3.1	.0	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 18.--FATS, OILS; SUGAR, SWEETS; OTHER FOOD — UNITED STATES — ALL URBANIZATIONS

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	FATS, OILS						SUGAR, SWEETS				OTHER FOOD			
	TOTAL	BUTTER	MARGARINE	OIL, SALAD DRESSING	LARD	VEGETABLE SHORTENING	TOTAL (SUGAR EQUIVALENT) *	SUGAR, SIRUP, JELLY, CANDY	OTHER SWEETS (SUGAR EQUIVALENT) * VIT. C ADDED	OTHER SWEETS (SUGAR EQUIVALENT) * NO VIT. C ADDED	TOTAL *	ALCOHOLIC BEVERAGE	SOME NUTRITIVE VALUE *	NO NUTRITIVE VALUE *
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS)														
ALL HOUSEHOLDS, YEAR-	.819	.122	.245	.259	.073	.120	1.347	1.105	.043	.199	**	.643	.294	**
SPRING----------	.830	.126	.242	.270	.078	.114	1.372	1.124	.048	.201	**	.678	.298	**
SUMMER----------	.816	.111	.235	.276	.071	.122	1.411	1.127	.063	.221	**	.666	.281	**
FALL----------	.827	.134	.247	.243	.081	.122	1.347	1.135	.030	.183	**	.634	.307	**
WINTER----------	.801	.115	.258	.245	.060	.122	1.254	1.035	.029	.190	**	.589	.291	**
UNDER 1,000-------	.859	.084	.243	.173	.260	.099	1.382	1.244	.020	.118	**	.271	.300	**
1,000-1,999-------	.847	.092	.240	.176	.228	.111	1.385	1.229	.023	.134	**	.156	.284	**
2,000-2,999-------	.856	.097	.254	.201	.182	.122	1.442	1.263	.029	.151	**	.290	.261	**
3,000-3,999-------	.854	.092	.266	.229	.140	.126	1.400	1.202	.028	.170	**	.362	.267	**
4,000-4,999-------	.838	.084	.264	.244	.093	.154	1.400	1.167	.038	.196	**	.411	.275	**
5,000-5,999-------	.815	.116	.256	.260	.046	.138	1.397	1.159	.043	.195	**	.613	.294	**
6,000-6,999-------	.815	.128	.247	.277	.035	.129	1.341	1.085	.046	.210	**	.721	.300	**
7,000-7,999-------	.777	.138	.233	.270	.022	.115	1.324	1.051	.052	.221	**	.861	.306	**
8,000-8,999-------	.799	.141	.246	.287	.020	.104	1.363	1.068	.052	.243	**	.896	.309	**
9,000-9,999-------	.813	.136	.234	.299	.026	.118	1.283	1.009	.048	.227	**	.766	.305	**
10,000-14,999------	.786	.151	.231	.303	.014	.086	1.248	.960	.060	.228	**	.993	.318	**
15,000 AND OVER----	.799	.204	.185	.327	.009	.074	1.177	.883	.048	.247	**	1.009	.304	**
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS, YEAR-	.305	.089	.071	.091	.015	.038	.521	.263	.034	.224	.657	.311	.276	.069
SPRING----------	.309	.091	.069	.096	.016	.037	.543	.269	.038	.236	.684	.326	.286	.072
SUMMER----------	.295	.081	.066	.095	.015	.038	.550	.250	.042	.257	.655	.309	.268	.077
FALL----------	.313	.098	.072	.086	.017	.039	.504	.277	.028	.199	.645	.302	.279	.065
WINTER----------	.301	.086	.076	.087	.013	.039	.482	.255	.028	.199	.641	.308	.272	.061
UNDER 1,000-------	.265	.059	.067	.053	.056	.029	.416	.253	.020	.143	.492	.138	.285	.069
1,000-1,999-------	.273	.067	.066	.059	.047	.034	.416	.244	.018	.154	.421	.067	.282	.072
2,000-2,999-------	.284	.070	.070	.067	.038	.039	.447	.250	.023	.174	.440	.131	.254	.054
3,000-3,999-------	.277	.067	.072	.073	.029	.036	.472	.250	.025	.198	.455	.137	.266	.052
4,000-4,999-------	.280	.061	.072	.081	.020	.047	.515	.258	.034	.223	.450	.142	.254	.053
5,000-5,999-------	.299	.085	.072	.088	.010	.044	.521	.271	.034	.216	.579	.236	.278	.065
6,000-6,999-------	.310	.094	.070	.097	.008	.041	.536	.264	.036	.235	.606	.268	.276	.062
7,000-7,999-------	.308	.101	.068	.097	.005	.037	.553	.265	.041	.247	.707	.363	.277	.067
8,000-8,999-------	.320	.103	.074	.104	.004	.035	.604	.294	.041	.270	.753	.394	.286	.073
9,000-9,999-------	.326	.100	.070	.111	.006	.038	.557	.263	.040	.253	.749	.383	.288	.077
10,000-14,999------	.335	.112	.073	.116	.003	.031	.562	.270	.043	.249	.994	.621	.285	.088
15,000 AND OVER----	.375	.152	.062	.130	.002	.028	.582	.271	.041	.271	1.371	.975	.283	.113
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	98.8	45.0	71.5	79.5	14.5	40.3	97.9	96.3	21.7	78.3	97.9	31.9	96.1	41.9
SUMMER----------	98.7	41.5	73.6	80.8	13.4	42.4	97.9	95.5	27.6	81.4	97.0	32.3	94.9	41.1
FALL----------	99.3	46.9	73.3	77.0	14.8	42.6	97.5	95.9	16.5	71.8	98.5	31.9	97.0	40.2
WINTER----------	99.2	44.0	76.6	78.1	12.6	43.5	98.4	97.2	16.1	74.6	98.1	30.9	97.0	36.3

* SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

TABLE 18.--FATS, OILS, SUGAR, SWEETS, OTHER FOOD — UNITED STATES — URBAN

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	FATS, OILS						SUGAR, SWEETS				OTHER FOOD			
	TOTAL	BUTTER	MARGARINE	OIL, SALAD DRESSING	LARD	VEGETABLE SHORTENING	TOTAL (SUGAR EQUIVALENT) *	SUGAR, SIRUP, JELLY, CANDY	OTHER SWEETS (SUGAR EQUIVALENT) * VIT. C ADDED	OTHER SWEETS (SUGAR EQUIVALENT) * NO VIT. C ADDED	TOTAL *	ALCOHOLIC BEVERAGE	SOME NUTRITIVE VALUE *	NO NUTRITIVE VALUE *
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS)														
ALL HOUSEHOLDS, YEAR-	.770	.124	.233	.267	.037	.109	1.235	.980	.046	.210	**	.764	.294	**
SPRING----------	.788	.127	.236	.279	.044	.103	1.264	1.001	.050	.213	**	.814	.298	**
SUMMER----------	.753	.111	.223	.280	.030	.110	1.254	.953	.068	.233	**	.776	.277	**
FALL----------	.786	.141	.235	.255	.044	.111	1.274	1.041	.033	.200	**	.767	.308	**
WINTER----------	.751	.117	.237	.255	.032	.110	1.149	.927	.030	.192	**	.698	.292	**
UNDER 1,000-------	.738	.066	.265	.191	.099	.117	1.124	.968	.026	.130	**	.471	.285	**
1,000-1,999-------	.744	.088	.247	.195	.093	.121	1.174	1.001	.026	.147	**	.233	.287	**
2,000-2,999-------	.809	.105	.253	.234	.096	.121	1.277	1.064	.039	.174	**	.432	.269	**
3,000-3,999-------	.784	.090	.266	.238	.090	.100	1.259	1.053	.030	.176	**	.475	.265	**
4,000-4,999-------	.772	.081	.240	.243	.068	.140	1.282	1.043	.043	.196	**	.476	.267	**
5,000-5,999-------	.763	.115	.232	.262	.031	.122	1.264	1.016	.045	.203	**	.755	.291	**
6,000-6,999-------	.766	.134	.229	.269	.020	.113	1.247	.989	.047	.211	**	.833	.296	**
7,000-7,999-------	.759	.140	.224	.274	.012	.109	1.270	.986	.056	.228	**	.936	.300	**
8,000-8,999-------	.773	.152	.238	.280	.010	.094	1.307	1.002	.055	.250	**	.974	.308	**
9,000-9,999-------	.787	.132	.219	.305	.020	.110	1.201	.937	.043	.221	**	.769	.304	**
10,000-14,999------	.753	.145	.220	.306	.006	.076	1.193	.899	.058	.236	**	1.083	.323	**
15,000 AND OVER----	.744	.190	.173	.314	.007	.061	1.098	.796	.048	.253	**	.993	.294	**
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS, YEAR-	.299	.092	.068	.096	.008	.035	.517	.245	.036	.236	.720	.371	.275	.073
SPRING----------	.306	.092	.068	.102	.009	.034	.538	.251	.039	.248	.760	.395	.286	.079
SUMMER----------	.283	.082	.063	.097	.007	.035	.543	.225	.045	.273	.712	.370	.261	.080
FALL----------	.312	.104	.070	.093	.009	.035	.513	.266	.030	.217	.716	.368	.280	.068
WINTER----------	.295	.088	.072	.092	.007	.035	.471	.238	.029	.203	.690	.350	.274	.066
UNDER 1,000-------	.238	.049	.074	.060	.020	.035	.386	.215	.022	.149	.619	.257	.296	.066
1,000-1,999-------	.256	.065	.068	.065	.020	.037	.393	.205	.021	.167	.463	.080	.298	.086
2,000-2,999-------	.284	.076	.071	.080	.020	.037	.457	.227	.029	.202	.515	.197	.263	.055
3,000-3,999-------	.265	.066	.072	.077	.019	.030	.462	.227	.027	.208	.493	.173	.263	.058
4,000-4,999-------	.266	.060	.067	.081	.015	.042	.499	.236	.038	.226	.471	.170	.248	.054
5,000-5,999-------	.289	.085	.066	.091	.007	.039	.501	.242	.034	.225	.633	.288	.277	.068
6,000-6,999-------	.304	.099	.066	.098	.005	.036	.526	.248	.038	.240	.653	.316	.271	.066
7,000-7,999-------	.308	.104	.066	.100	.003	.035	.546	.250	.042	.254	.742	.399	.274	.069
8,000-8,999-------	.321	.111	.073	.103	.002	.032	.605	.289	.044	.273	.793	.434	.283	.076
9,000-9,999-------	.318	.098	.066	.114	.005	.036	.543	.257	.038	.248	.758	.402	.279	.077
10,000-14,999------	.325	.108	.069	.119	.001	.027	.561	.262	.042	.257	1.058	.678	.287	.093
15,000 AND OVER----	.355	.144	.060	.126	.002	.024	.580	.260	.041	.279	1.260	.859	.275	.126
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	98.7	46.9	70.2	80.7	9.5	37.9	97.4	95.2	22.5	77.8	97.6	36.3	95.4	42.4
SUMMER----------	98.0	44.1	72.4	82.0	7.1	41.2	97.4	94.2	28.4	82.4	96.7	36.2	94.2	40.2
FALL----------	99.1	50.3	71.8	79.2	9.5	40.5	96.8	94.8	17.6	73.2	98.3	36.6	96.3	40.4
WINTER----------	99.2	46.6	74.7	79.6	8.7	40.2	98.1	96.6	16.9	75.0	98.0	34.9	96.7	37.4

* SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

TABLE 18.--FATS, OILS, SUGAR, SWEETS, OTHER FOOD

UNITED STATES

RURAL NONFARM

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	FATS, OILS						SUGAR, SWEETS				OTHER FOOD			
	TOTAL	BUTTER	MARGARINE	OIL, SALAD DRESSING	LARD	VEGETABLE SHORTENING	TOTAL (SUGAR EQUIVALENT) *	SUGAR, SIRUP, JELLY, CANDY	OTHER SWEETS (SUGAR EQUIVALENT) * VIT. C ADDED	OTHER SWEETS (SUGAR EQUIVALENT) * NO VIT. C ADDED	TOTAL *	ALCOHOLIC BEVERAGE	SOME NUTRITIVE VALUE *	NO NUTRITIVE VALUE *
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS)														
ALL HOUSEHOLDS, YEAR-	.901	.105	.279	.250	.117	.149	1.511	1.291	.037	.182	**	.452	.302	**
SPRING----------	.902	.112	.265	.262	.121	.142	1.520	1.298	.043	.179	**	.452	.303	**
SUMMER----------	.913	.100	.260	.281	.117	.155	1.645	1.390	.052	.203	**	.530	.298	**
FALL----------	.897	.108	.279	.224	.135	.150	1.430	1.256	.025	.148	**	.416	.321	**
WINTER----------	.893	.102	.314	.230	.097	.150	1.442	1.217	.027	.197	**	.407	.289	**
UNDER 1,000-------	.955	.096	.234	.157	.386	.082	1.439	1.308	.016	.115	**	.132	.338	**
1,000-1,999-------	.909	.078	.238	.154	.335	.105	1.511	1.376	.015	.120	**	.078	.293	**
2,000-2,999-------	.909	.071	.270	.162	.267	.138	1.650	1.509	.017	.124	**	.110	.258	**
3,000-3,999-------	.963	.076	.292	.224	.188	.183	1.554	1.367	.026	.161	**	.224	.281	**
4,000-4,999-------	.926	.073	.303	.253	.109	.188	1.520	1.288	.029	.202	**	.351	.290	**
5,000-5,999-------	.917	.102	.318	.262	.058	.177	1.650	1.435	.038	.178	**	.341	.304	**
6,000-6,999-------	.910	.105	.291	.303	.048	.164	1.476	1.218	.046	.212	**	.515	.315	**
7,000-7,999-------	.799	.122	.255	.259	.031	.132	1.414	1.170	.042	.202	**	.724	.326	**
8,000-8,999-------	.831	.093	.273	.314	.025	.125	1.428	1.167	.038	.223	**	.722	.317	**
9,000-9,999-------	.882	.138	.282	.288	.029	.144	1.472	1.151	.060	.261	**	.834	.310	**
10,000-14,999------	.873	.164	.266	.292	.024	.127	1.371	1.096	.070	.204	**	.745	.305	**
15,000 AND OVER----	.970	.248	.222	.391	.005	.105	1.370	1.079	.046	.245	**	1.278	.348	**
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS, YEAR-	.310	.075	.079	.084	.025	.048	.525	.289	.031	.205	.563	.219	.285	.059
SPRING----------	.312	.079	.075	.088	.024	.046	.553	.299	.036	.218	.561	.210	.293	.059
SUMMER----------	.313	.071	.073	.095	.025	.049	.556	.285	.037	.234	.573	.215	.288	.070
FALL----------	.309	.077	.080	.075	.030	.048	.479	.288	.026	.165	.542	.195	.289	.059
WINTER----------	.308	.074	.088	.077	.022	.048	.511	.284	.025	.202	.575	.256	.271	.048
UNDER 1,000-------	.289	.064	.065	.047	.088	.025	.411	.253	.013	.145	.420	.047	.295	.078
1,000-1,999-------	.277	.057	.067	.052	.069	.033	.421	.267	.015	.139	.394	.061	.273	.059
2,000-2,999-------	.279	.051	.075	.051	.056	.046	.430	.270	.017	.143	.359	.050	.252	.058
3,000-3,999-------	.292	.056	.077	.069	.039	.051	.485	.274	.022	.189	.426	.101	.285	.041
4,000-4,999-------	.296	.052	.080	.082	.023	.058	.536	.282	.028	.226	.427	.111	.264	.052
5,000-5,999-------	.316	.073	.089	.085	.013	.056	.562	.331	.035	.196	.479	.138	.284	.057
6,000-6,999-------	.317	.074	.081	.097	.011	.053	.552	.288	.035	.228	.515	.171	.292	.053
7,000-7,999-------	.299	.087	.074	.088	.007	.042	.569	.299	.039	.231	.630	.286	.284	.060
8,000-8,999-------	.296	.066	.080	.107	.005	.039	.582	.285	.029	.268	.664	.298	.300	.067
9,000-9,999-------	.347	.102	.084	.107	.007	.047	.599	.265	.048	.287	.749	.355	.315	.079
10,000-14,999------	.362	.119	.084	.106	.006	.047	.564	.288	.050	.226	.820	.470	.284	.066
15,000 AND OVER----	.450	.182	.071	.157	.001	.039	.604	.297	.043	.264	2.090	1.686	.331	.073
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	99.1	39.1	76.6	77.5	21.8	47.9	99.0	98.6	20.4	79.5	98.6	23.5	98.0	40.4
SUMMER----------	98.6	33.9	77.8	79.2	21.4	46.9	99.2	98.2	25.7	78.8	97.6	25.9	96.2	42.5
FALL----------	99.8	37.8	77.8	72.8	22.6	48.3	98.9	98.1	15.0	67.5	98.7	23.6	98.5	39.9
WINTER----------	99.2	36.6	83.4	75.6	17.8	53.4	99.2	98.3	15.1	75.2	98.1	23.4	97.5	34.2

* SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	FATS, OILS						SUGAR, SWEETS				OTHER FOOD			
	TOTAL	BUTTER	MARGARINE	OIL, SALAD DRESSING	LARD	VEGETABLE SHORTENING	TOTAL (SUGAR EQUIVALENT) *	SUGAR, SIRUP, JELLY, CANDY	OTHER SWEETS (SUGAR EQUIVALENT) * VIT. C ADDED	OTHER SWEETS (SUGAR EQUIVALENT) * NO VIT. C ADDED	TOTAL *	ALCOHOLIC BEVERAGE	SOME NUTRITIVE VALUE *	NO NUTRITIVE VALUE *
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS)														
ALL HOUSEHOLDS, YEAR-	.993	.160	.246	.213	.248	.126	1.829	1.640	.033	.156	**	.161	.271	**
SPRING----------	.963	.168	.219	.214	.241	.120	1.854	1.657	.040	.158	**	.202	.278	**
SUMMER----------	1.036	.155	.257	.235	.273	.116	1.982	1.751	.052	.178	**	.188	.269	**
FALL----------	.981	.161	.249	.197	.244	.130	1.750	1.598	.015	.137	**	.131	.251	**
WINTER----------	.985	.154	.264	.199	.223	.145	1.668	1.505	.019	.143	**	.104	.288	**
UNDER 1,000-------	.977	.106	.203	.160	.419	.087	1.930	1.824	.012	.094	**	.035	.264	**
1,000-1,999-------	1.061	.144	.215	.170	.445	.088	1.837	1.685	.031	.121	**	.079	.251	**
2,000-2,999-------	.941	.124	.219	.150	.361	.087	1.684	1.558	.012	.113	**	.087	.232	**
3,000-3,999-------	.974	.137	.211	.192	.300	.135	1.797	1.618	.024	.155	**	.071	.246	**
4,000-4,999-------	1.039	.140	.301	.221	.234	.144	1.892	1.690	.031	.170	**	.120	.287	**
5,000-5,999-------	.974	.178	.255	.230	.161	.150	1.813	1.599	.039	.174	**	.170	.284	**
6,000-6,999-------	1.005	.159	.264	.256	.162	.164	1.942	1.718	.031	.193	**	.231	.277	**
7,000-7,999-------	.991	.175	.270	.254	.153	.139	1.851	1.610	.044	.197	**	.230	.317	**
8,000-8,999-------	1.081	.182	.267	.289	.161	.183	2.010	1.736	.063	.211	**	.376	.296	**
9,000-9,999-------	.960	.187	.272	.240	.124	.136	1.901	1.679	.068	.153	**	.332	.314	**
10,000-14,999------	1.029	.207	.294	.294	.121	.113	1.785	1.560	.056	.169	**	.328	.278	**
15,000 AND OVER----	1.005	.255	.244	.302	.056	.149	1.665	1.468	.044	.153	**	.326	.290	**
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS, YEAR-	.337	.112	.066	.070	.051	.038	.538	.340	.025	.173	.386	.072	.256	.058
SPRING----------	.332	.116	.060	.070	.051	.036	.555	.338	.032	.186	.397	.082	.263	.052
SUMMER----------	.340	.107	.067	.077	.054	.035	.587	.348	.035	.204	.437	.095	.270	.073
FALL----------	.335	.114	.068	.063	.051	.039	.501	.344	.014	.143	.338	.053	.230	.055
WINTER----------	.343	.110	.072	.068	.048	.044	.491	.328	.018	.145	.356	.050	.258	.048
UNDER 1,000-------	.283	.073	.051	.047	.087	.024	.502	.352	.028	.121	.308	.014	.238	.056
1,000-1,999-------	.323	.101	.056	.053	.089	.026	.487	.324	.016	.147	.338	.035	.244	.059
2,000-2,999-------	.293	.088	.056	.047	.074	.027	.443	.306	.010	.127	.295	.031	.220	.044
3,000-3,999-------	.310	.096	.056	.060	.061	.038	.498	.314	.017	.166	.318	.031	.240	.048
4,000-4,999-------	.338	.098	.078	.069	.049	.044	.556	.345	.025	.186	.373	.044	.271	.057
5,000-5,999-------	.348	.126	.068	.074	.034	.046	.573	.347	.028	.199	.388	.068	.263	.057
6,000-6,999-------	.360	.111	.072	.091	.034	.052	.595	.368	.023	.205	.436	.106	.269	.062
7,000-7,999-------	.356	.122	.074	.085	.032	.044	.600	.357	.032	.211	.488	.108	.303	.077
8,000-8,999-------	.393	.126	.073	.105	.034	.055	.682	.416	.043	.223	.483	.144	.283	.056
9,000-9,999-------	.367	.134	.077	.086	.026	.044	.603	.386	.049	.169	.555	.151	.316	.087
10,000-14,999------	.399	.144	.090	.101	.027	.036	.562	.339	.042	.181	.503	.163	.261	.080
15,000 AND OVER----	.400	.176	.071	.104	.012	.038	.538	.337	.033	.167	.515	.220	.232	.063
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	99.4	45.9	67.3	73.8	45.4	38.6	99.8	99.4	17.8	80.1	98.8	13.3	98.0	40.9
SUMMER----------	99.4	42.7	69.3	74.2	48.5	37.6	99.1	98.9	25.6	80.1	98.3	16.5	97.5	44.9
FALL----------	99.4	44.9	72.5	68.6	44.9	43.6	99.5	99.2	10.6	72.9	99.4	11.0	98.8	40.3
WINTER----------	99.5	41.3	71.8	69.6	42.8	45.1	99.4	99.4	10.1	65.6	98.8	9.2	98.1	31.8

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	FATS, OILS						SUGAR, SWEETS				OTHER FOOD			
	TOTAL	BUTTER	MARGARINE	OIL, SALAD DRESSING	LARD	VEGETABLE SHORTENING	TOTAL (SUGAR EQUIVALENT) *	SUGAR, SIRUP, JELLY, CANDY	OTHER SWEETS (SUGAR EQUIVALENT) * VIT. C ADDED	OTHER SWEETS (SUGAR EQUIVALENT) * NO VIT. C ADDED	TOTAL *	ALCOHOLIC BEVERAGE	SOME NUTRITIVE VALUE *	NO NUTRITIVE VALUE *
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
QUANTITY PER PERSON PER WEEK (POUNDS)														
ALL HOUSEHOLDS, YEAR-	.149	.037	.000	.000	.112	.000	.148	.148	.000	*	**	.001	.000	**
SPRING----------	.158	.042	.000	.000	.115	.000	.134	.133	.000	*	**	.001	.000	**
SUMMER----------	.158	.039	.000	.000	.119	.000	.175	.175	.000	.000	**	*	.000	**
FALL----------	.132	.038	.000	.000	.094	.000	.133	.133	.000	.000	**	.003	.000	**
WINTER----------	.147	.028	.000	.000	.119	.000	.146	.146	.000	.000	**	.001	.000	**
UNDER 1,000-------	.206	.042	.000	.000	.164	.000	.219	.219	.000	.000	**	.000	.000	**
1,000-1,999-------	.245	.077	.000	.000	.167	.000	.179	.179	.000	.000	**	.000	.000	**
2,000-2,999-------	.193	.053	.000	.000	.141	.000	.146	.146	.000	.000	**	.001	.000	**
3,000-3,999-------	.156	.040	.000	.000	.116	.000	.128	.127	.000	.001	**	.002	.000	**
4,000-4,999-------	.142	.038	.000	.000	.104	.000	.131	.131	.000	*	**	.000	.000	**
5,000-5,999-------	.130	.042	.000	.000	.088	.000	.135	.135	.000	.000	**	.002	.000	**
6,000-6,999-------	.124	.026	.000	.000	.097	.000	.170	.170	.000	*	**	.008	.000	**
7,000-7,999-------	.126	.020	.000	.000	.106	.000	.131	.131	.000	.000	**	.001	.000	**
8,000-8,999-------	.122	.014	.000	.000	.107	.000	.182	.181	.000	.000	**	.000	.000	**
9,000-9,999-------	.072	.018	.000	.000	.054	.000	.181	.181	.000	.000	**	.000	.000	**
10,000-14,999-------	.081	.007	.000	.000	.074	.000	.106	.106	.000	.000	**	.000	.000	**
15,000 AND OVER----	.039	.010	.000	.000	.029	.000	.126	.126	.000	.000	**	.001	.000	**
MONEY VALUE PER PERSON PER WEEK (DOLLARS)														
ALL HOUSEHOLDS, YEAR-	.051	.027	.000	.000	.024	.000	.062	.062	.000	*	.001	.001	.000	.000
SPRING----------	.057	.030	.000	.000	.026	.000	.053	.052	.000	.001	.001	*	.000	.000
SUMMER----------	.051	.027	.000	.000	.024	.000	.073	.073	.000	.000	*	*	.000	.000
FALL----------	.047	.027	.000	.000	.020	.000	.058	.058	.000	.000	.003	.003	.000	.000
WINTER----------	.047	.021	.000	.000	.026	.000	.062	.062	.000	.000	.001	.001	.000	.000
UNDER 1,000-------	.065	.030	.000	.000	.036	.000	.087	.087	.000	.000	.000	.000	.000	.000
1,000-1,999-------	.091	.055	.000	.000	.036	.000	.074	.074	.000	.000	.000	.000	.000	.000
2,000-2,999-------	.069	.038	.000	.000	.030	.000	.058	.058	.000	.000	.001	.001	.000	.000
3,000-3,999-------	.053	.028	.000	.000	.025	.000	.053	.052	.000	.001	.002	.002	.000	.000
4,000-4,999-------	.049	.027	.000	.000	.022	.000	.055	.055	.000	*	*	.000	.000	.000
5,000-5,999-------	.049	.030	.000	.000	.019	.000	.057	.057	.000	.000	.002	.001	.000	.000
6,000-6,999-------	.040	.019	.000	.000	.021	.000	.071	.071	.000	.001	.007	.006	.000	.000
7,000-7,999-------	.037	.014	.000	.000	.022	.000	.055	.055	.000	.000	.001	.001	.000	.000
8,000-8,999-------	.033	.010	.000	.000	.022	.000	.080	.078	.000	.000	*	.000	.000	.000
9,000-9,999-------	.024	.013	.000	.000	.011	.000	.075	.075	.000	.000	.000	.000	.000	.000
10,000-14,999-------	.021	.005	.000	.000	.016	.000	.046	.046	.000	.000	.000	.000	.000	.000
15,000 AND OVER----	.013	.007	.000	.000	.006	.000	.060	.060	.000	.000	.001	.001	.000	.000
PERCENT OF HOUSEHOLDS USING IN A WEEK														
ALL HOUSEHOLDS														
SPRING----------	29.9	11.3	.0	.0	24.2	.0	40.2	40.2	.0	.2	.4	.2	.0	.0
SUMMER----------	31.1	11.8	.0	.0	24.6	.0	49.9	49.9	.0	.0	.2	.2	.0	.0
FALL----------	25.8	9.9	.0	.0	20.2	.0	44.6	44.6	.0	.0	.6	.5	.0	.0
WINTER----------	29.5	9.0	.0	.0	24.8	.0	41.9	41.9	.0	.0	.4	.2	.0	.0

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 19.--MONEY VALUE OF ALL FOOD AT HOME PER PERSON PER WEEK

UNITED STATES

ALL URBANIZATIONS

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965 *	AVERAGE (DOLLARS) *	PERCENT OF HOUSEHOLDS USING FOOD WORTH										
		ALL	UNDER $2.00	$2.00-$3.99	$4.00-$5.99	$6.00-$7.99	$8.00-$9.99	$10.00-$11.99	$12.00-$13.99	$14.00-$15.99	$16.00-$17.99	$18.00 AND OVER
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
ALL HOUSEHOLDS, YEAR-	8.77	100.0	.3	3.3	13.5	23.5	23.0	15.3	9.0	5.1	2.9	4.3
SPRING----------	8.79	100.0	.3	3.8	13.6	22.7	22.5	14.8	8.7	5.7	3.1	4.5
SUMMER----------	8.81	100.0	.5	3.5	13.0	23.2	23.0	14.5	8.6	5.1	3.0	5.5
FALL----------	8.76	100.0	.1	3.0	13.9	23.4	21.9	17.1	9.4	5.1	2.9	3.1
WINTER----------	8.71	100.0	.2	2.8	13.4	24.9	24.2	14.7	9.1	4.3	2.4	4.0
UNDER 1,000-------	6.78	100.0	2.3	12.3	26.3	23.7	15.4	10.5	4.9	1.8	1.0	1.8
1,000-1,999-------	6.92	100.0	1.1	9.8	26.1	23.8	18.8	9.1	5.4	2.8	1.7	1.3
2,000-2,999-------	7.09	100.0	1.1	9.3	19.0	24.2	19.3	13.3	6.8	2.3	1.8	2.7
3,000-3,999-------	7.42	100.0	.2	5.0	20.4	28.4	21.2	12.3	5.2	2.4	2.2	2.6
4,000-4,999-------	7.89	100.0	.1	2.1	18.2	29.6	20.4	13.7	7.5	4.2	1.7	2.2
5,000-5,999-------	8.50	100.0	.0	1.5	14.3	25.7	24.2	14.2	7.8	5.0	3.5	3.8
6,000-6,999-------	8.89	100.0	.0	1.1	9.4	25.7	28.2	15.3	9.2	5.5	2.1	3.5
7,000-7,999-------	9.38	100.0	.0	.7	8.2	22.9	24.7	19.0	10.9	5.2	2.8	5.8
8,000-8,999-------	9.74	100.0	.0	.6	6.7	21.6	24.9	19.5	9.9	5.4	4.5	6.7
9,000-9,999-------	9.58	100.0	.0	.1	6.2	23.9	27.9	14.7	10.5	9.2	2.3	5.3
10,000-14,999------	10.44	100.0	.0	.3	3.5	14.4	27.0	22.2	13.7	8.2	4.3	6.4
15,000 AND OVER----	12.04	100.0	.0	.2	5.5	8.5	17.5	18.8	15.0	11.0	9.7	13.8

YEAR BY SEASON 1965-1966 AND BY INCOME

* SEE SPECIFIC TABLE NOTES, PAGE 183

TABLE 19.--MONEY VALUE OF ALL FOOD AT HOME PER PERSON PER WEEK — UNITED STATES — URBAN

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	AVERAGE (DOLLARS) *	PERCENT OF HOUSEHOLDS USING FOOD WORTH										
		ALL	UNDER $2.00	$2.00-$3.99	$4.00-$5.99	$6.00-$7.99	$8.00-$9.99	$10.00-$11.99	$12.00-$13.99	$14.00-$15.99	$16.00-$17.99	$18.00 AND OVER
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
ALL HOUSEHOLDS,YEAR-	8.99	100.0	.2	3.0	12.6	22.7	22.8	15.9	9.5	5.5	3.0	4.8
SPRING----------	9.10	100.0	.3	3.5	12.6	21.3	22.7	15.3	9.5	6.6	3.2	5.1
SUMMER----------	8.88	100.0	.4	3.6	13.0	22.2	22.8	15.0	9.0	5.4	2.9	5.6
FALL----------	9.06	100.0	.0	2.6	12.4	22.5	22.0	18.1	9.9	5.7	3.2	3.5
WINTER----------	8.90	100.0	.0	2.5	12.4	24.7	23.8	15.0	9.6	4.3	2.9	4.9
UNDER 1,000-------	6.87	100.0	2.0	13.8	28.0	20.7	14.8	10.2	7.1	.4	.4	2.6
1,000-1,999-------	7.04	100.0	.6	10.6	26.2	23.0	18.4	9.4	5.8	3.3	1.3	1.4
2,000-2,999-------	7.43	100.0	.2	8.9	18.6	23.2	18.9	14.8	7.3	2.6	2.0	3.5
3,000-3,999-------	7.50	100.0	.3	4.1	20.7	27.3	22.6	12.1	4.8	2.6	2.5	3.0
4,000-4,999-------	7.84	100.0	.1	2.9	16.7	30.5	19.0	14.4	8.7	3.6	1.9	2.3
5,000-5,999-------	8.56	100.0	.0	2.0	14.5	24.4	22.5	15.2	7.8	5.5	4.1	4.0
6,000-6,999-------	8.98	100.0	.0	1.0	8.8	25.3	27.7	15.7	9.0	6.1	2.3	4.1
7,000-7,999-------	9.44	100.0	.0	.6	7.2	23.6	24.7	19.0	10.5	5.7	2.6	6.0
8,000-8,999-------	9.87	100.0	.0	.4	6.5	20.6	23.9	20.4	10.7	5.4	4.9	7.2
9,000-9,999-------	9.43	100.0	.0	.1	6.0	24.4	28.3	14.8	11.0	8.8	1.9	4.7
10,000-14,999------	10.59	100.0	.0	.2	3.1	13.6	27.0	22.7	13.9	8.2	4.4	6.9
15,000 AND OVER----	11.88	100.0	.0	.0	4.9	8.1	18.0	18.3	15.7	12.0	8.8	14.1

* SEE SPECIFIC TABLE NOTES, PAGE 183

YEAR BY SEASON 1965-1966 AND BY INCOME

TABLE 19.--MONEY VALUE OF ALL FOOD AT HOME PER PERSON PER WEEK

UNITED STATES

RURAL NONFARM

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	AVERAGE (DOLLARS) *	PERCENT OF HOUSEHOLDS USING FOOD WORTH										
		ALL	UNDER $2.00	$2.00-$3.99	$4.00-$5.99	$6.00-$7.99	$8.00-$9.99	$10.00-$11.99	$12.00-$13.99	$14.00-$15.99	$16.00-$17.99	$18.00 AND OVER
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
ALL HOUSEHOLDS, YEAR-	8.34	100.0	.6	3.9	15.9	25.3	23.2	13.6	7.9	3.9	2.5	3.3
SPRING----------	8.18	100.0	.4	4.9	16.5	25.7	21.7	13.7	6.6	3.7	3.2	3.4
SUMMER----------	8.60	100.0	1.0	3.2	13.4	25.8	23.6	12.8	7.8	4.0	3.4	5.2
FALL----------	8.21	100.0	.4	3.8	17.5	25.5	21.7	14.3	8.7	3.6	2.5	1.9
WINTER----------	8.36	100.0	.6	3.5	16.5	24.2	25.9	13.2	8.3	4.3	1.0	2.2
UNDER 1,000-------	6.59	100.0	3.2	9.5	26.0	28.2	14.9	10.7	1.9	3.8	1.9	.0
1,000-1,999-------	6.59	100.0	2.0	8.8	28.0	24.9	18.8	7.8	4.7	1.8	2.3	1.0
2,000-2,999-------	6.52	100.0	2.8	9.8	21.1	26.0	19.7	10.0	6.0	1.4	1.4	2.0
3,000-3,999-------	7.28	100.0	.0	7.4	20.3	30.1	18.3	12.6	6.1	1.9	1.7	1.6
4,000-4,999-------	7.92	100.0	.0	.8	22.5	27.4	23.8	11.1	5.1	5.6	1.0	2.7
5,000-5,999-------	8.34	100.0	.0	.5	14.2	28.3	28.7	12.1	8.0	3.0	2.5	2.7
6,000-6,999-------	8.61	100.0	.0	1.2	11.4	27.4	30.0	13.9	9.2	4.0	1.3	1.9
7,000-7,999-------	9.18	100.0	.0	1.3	10.9	21.4	23.6	18.9	12.6	3.2	3.2	4.8
8,000-8,999-------	9.25	100.0	.0	1.4	7.3	25.7	29.9	15.6	6.6	5.2	2.4	5.8
9,000-9,999-------	10.09	100.0	.0	.0	7.1	21.1	27.4	13.9	7.6	10.8	4.0	8.0
10,000-14,999------	9.94	100.0	.0	1.0	5.1	17.6	26.2	20.5	12.5	8.4	4.1	4.6
15,000 AND OVER----	13.48	100.0	.0	.8	7.0	6.9	13.9	20.8	14.6	6.2	15.4	14.6

YEAR BY SEASON 1965-1966 AND BY INCOME

* SEE SPECIFIC TABLE NOTES, PAGE 183

SEASON AND MONEY INCOME AFTER TAXES, 1964-1965	AVERAGE (DOLLARS) ‡	PERCENT OF HOUSEHOLDS USING FOOD WORTH										
		ALL	UNDER $2.00	$2.00-$3.99	$4.00-$5.99	$6.00-$7.99	$8.00-$9.99	$10.00-$11.99	$12.00-$13.99	$14.00-$15.99	$16.00-$17.99	$18.00 AND OVER
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
ALL HOUSEHOLDS, YEAR-	8.21	100.0	.6	4.5	14.0	26.7	23.0	15.2	7.4	4.4	2.0	2.1
SPRING----------	7.98	100.0	.9	4.9	15.1	26.3	24.1	13.3	8.0	3.5	1.9	2.1
SUMMER----------	8.80	100.0	.4	3.7	12.6	24.5	23.1	14.5	7.8	5.8	3.2	4.2
FALL----------	7.88	100.0	.7	5.0	16.2	26.0	22.0	16.7	7.3	3.9	1.2	.9
WINTER----------	8.07	100.0	.3	4.5	11.7	31.3	22.8	16.8	6.1	4.1	1.6	.7
UNDER 1,000-------	6.93	100.0	1.2	13.3	18.5	24.4	20.3	11.7	3.6	2.5	1.0	3.3
1,000-1,999-------	7.38	100.0	1.1	8.8	18.0	25.1	21.8	12.8	5.8	3.0	2.4	1.2
2,000-2,999-------	6.92	100.0	2.3	10.5	16.1	25.7	21.6	12.5	6.4	2.6	2.0	.3
3,000-3,999-------	7.37	100.0	.5	5.4	19.3	31.7	19.0	12.9	5.7	2.3	1.0	2.1
4,000-4,999-------	8.20	100.0	.0	1.3	15.7	30.5	21.2	18.7	5.3	3.9	2.3	1.0
5,000-5,999-------	8.46	100.0	.4	1.4	11.2	32.0	26.5	12.3	7.3	5.8	1.1	2.1
6,000-6,999-------	9.06	100.0	.0	1.8	9.4	24.9	25.4	17.5	10.9	5.2	2.9	1.9
7,000-7,999-------	9.32	100.0	.0	.0	12.2	18.9	28.3	17.8	7.9	6.1	3.2	5.3
8,000-8,999-------	9.83	100.0	.0	.0	7.2	23.3	22.2	21.5	9.5	7.3	5.7	3.1
9,000-9,999-------	9.87	100.0	.0	.5	3.8	27.7	23.5	17.0	13.9	7.8	1.5	4.2
10,000-14,999------	9.72	100.0	.0	.3	5.8	18.6	28.3	19.7	14.4	7.1	3.6	2.1
15,000 AND OVER----	9.46	100.0	.0	.8	12.7	21.5	23.5	19.7	4.4	10.8	2.6	4.1

‡ SEE SPECIFIC TABLE NOTES, PAGE 183

SPECIFIC TABLE NOTES

Table 1.–Number of Households and Household Size

Col. No.	Heading	Notes
2B	Weighted percent	Weights were used to compensate for the spring sample being 3 times the size of the samples for each of the other seasons. Expanded samples of farm households also required compensatory weights: 0.25 and 0.24 for North Central spring and summer, respectively; 0.18 and 0.16 for South fall and winter, respectively; and 0.20 for all other region-seasons. Percents were computed from weighted counts. For more details, see HFCS 1965-66 Report 12, Sample Analysis (*4*).
	Household size in:	
3	Equivalent persons.	21 meals from home food supplies are equivalent to "one person."
4-11	Equivalent nutrition units:	Household size in adult-male equivalent units (to permit comparison of diets of households of different sizes and composition). For each nutrient the number of such units was calculated using the 1963 Recommended Dietary Allowances to relate the needs of persons of different age and sex to those of the 20-35-year-old man.

Table 2.–Household Composition in Terms of Meals at Home

Col. No.	Heading	Notes
2	Total	Includes refreshments to guests (equated to a meal basis) not included in other columns.
	Percent of total meals at home in a week:	
9	Women, total	Includes nursing mothers, not shown separately.
21	Girls 9-19, total	Includes pregnant and nursing mothers, not shown separately.

Table 5.–Nutritive Value of Diets Per Person by Food Group

Col. No.	Heading	Notes
1	Food group	See notes for tables 13-18 for some, but not necessarily all, items included in food groups.

Table 6.–Money Value and Nutrients by Food Group

Col. No.	Heading	Notes
1	Food group	See notes for tables 13-18 for some, but not necessarily all, items included in food groups.

Tables 7-10.–Percent of Household Diets With Specified Amounts of Nutrient per Nutrition Unit per Day

Col. No.	Heading	Notes
	Title	The amount in the first interval specified is less than two-thirds of the Recommended Dietary Allowance (1963) for the 25-year-old-man. The amount in the second interval is from two-thirds of the allowance up to the allowance.

Table 12.–Household Diets by Number of Nutrients Below Recommended Allowance (1963)

Col. No.	Heading	Notes
	Percent of diets short in–	
2	1 or more	Percent of diets not meeting allowances for 1 or more nutrients = 100.0. The percent of all diets short in specified numbers of nutrients can be computed by multiplying percents in col. 3-9 by percent of households with less than allowance for one or more nutrients in table 11, col. 2.

Table 13.—Milk, Cream, Cheese

Col. No.	Heading	Notes
2-3 . . .	Total (milk equivalent)	Quantity of whole fluid milk to which dairy products (except butter) are equivalent in calcium.
	Milk (fresh, processed)	
3	Total (equivalent) .	Includes fresh fluid milk, not shown separately.

Table 14.—Meat, Poultry, Fish; Other Protein Food

Col. No.	Heading	Notes
8	Other meat	Includes veal, lamb, game, and variety meat.
	Other protein food:	
11.	Total	**Indicates data are not available. Total for money value includes plate dinners mostly meat, poultry, fish, other protein foods not shown separately.
12.	Eggs (fresh equivalent)	Includes in-shell equivalent of liquid (yolks, whites, mixed yolks and whites) and processed eggs.

Table 15.—Vegetables (Fresh, Processed)

Col. No.	Heading	Notes
	Vegetable juice is included in this table.	
2,8,14, 19,24, 27. . . .	Total	Includes fresh produce and small amounts of foods prepared at home prior to the survey week, not shown separately.
	All vegetables:	
2	Total	Sum of unconverted quantities of all components.
8-13 . . .	Potatoes	Includes potato chips, sticks, salad, and soup.
8	Total (fresh equivalent)	Weight of fresh potatoes with skins plus pared and processed potatoes converted to equivalent weight of fresh potatoes with skin.
14-18 . .	Dark green.	Includes spinach, kale, collards, mustard greens, broccoli, peppers, and other dark-green vegetables rich in vitamins A and C.
19-23 . .	Deep yellow.	Includes sweetpotatoes, carrots, pumpkin, winter squash, and other deep-yellow, vitamin A-rich vegetables.
24-26 . .	Tomatoes	Includes tomato paste, sauce, catsup, soup, and relish.
27-32 . .	Other.	Includes olives, pickles, relishes not tomato.
33.	Soup, mixtures: Total.	Includes ready-to-eat mixtures not shown separately.

Table 16.—Fruit (Fresh, Processed)

Col. No.	Heading	Notes
	Fruit juice is included in this table.	
2,8,13, 16. . . .	Total	Includes fresh fruit and small amounts of food prepared at home prior to the survey week not shown separately.
	All fruit:	
2	Total	Sum of unconverted quantities of all components.
	Citrus:	
8	Total (juice equivalent)	Weight of single-strength juice plus equivalent juice of fresh citrus fruit and concentrated citrus juice.

Col. No.	Heading	Notes
13-15	Other vitamin C rich	Includes cantaloup, papaya, strawberries, and other vitamin C-rich fruits. Excludes melons other than cantaloups and berries other than strawberries.

Table 17.—Grain Products

Col. No.	Heading	Notes
2,7	Total (flour equivalent)	Weight of flour, cereals, meals, and pastes plus dry weight of flour, cereals, meals, and pastes in prepared products and bakery products.

Table 18.—Fats, Oils; Sugars, Sweets; Other Food

Col. No.	Heading	Notes
	Sugar, sweets:	
8	Total (sugar equivalent)	Weight of sugar, sirup, jelly, and candy plus sugar equivalent of soft drinks, ades and punches, beverage and dessert powders, and prepared desserts.
10,11	Other sweets (sugar equivalent)	Includes sugar equivalent weight of soft drinks, ades, and punches; beverage and dessert powder; and prepared desserts.
	Other food:	
12,15	Total	**Indicates data are not available.
14	Some nutritive value	Includes yeast, baking powder, coffee, coffee substitute, tea, cocoa, baking chocolate, chocolate sirup.
15	No nutritive value	Includes vinegar, salt, artificial sweeteners, meat extracts, soya sauce, meat tenderizer, vanilla, other flavorings, pepper, spices, herbs, soda, cream of tartar, similar products.

All households.—All households classified by income plus some households not classified by income. Households not classified were those with persons living together but not drawing from a common fund for major expense items, such as food and housing, at the time of the survey or for the year 1964, and households in which respondents were either unable or unwilling to give information about income.

All sources.—Includes food used during the week from the following sources: (1) Bought with cash, credit, food stamps, coupons, or food vouchers; (2) home produced; (3) federally donated; and (4) received as gift or pay; that is, food received as gift from person outside of the household, as payment for services rendered, or received from a private or public welfare agency.

All urbanizations.—Includes all households in the urban, rural nonfarm, and rural farm urbanization categories. See "Urbanization."

Citrus juice equivalent.—Includes weight of single-strength citrus and blended citrus juice plus juice weight of fresh citrus fruit and commercially frozen or canned concentrated citrus fruit juices converted to their equivalent single-strength juice weight. Source of most factors: "Conversion Factors for Agricultural Commodities"(5).

Dietary quality.—An assessment of the nutritive value of foods used at home in relation to the Recommended Dietary Allowances of household members adjusted for the number of meals eaten away from home. A diet was termed good when its nutritive value equaled or exceeded the recommended allowance for each of the seven nutrients for all persons eating in the household. When a diet supplied less than two-thirds of the recommended allowance for one or more nutrients, it was rated poor. Between the households with good and poor diets were those that provided less than the allowance for at least one nutrient but at least two-thirds of the allowance for all seven nutrients. Such diets were sometimes labeled fair. See "Household Size in Equivalent Nutrition Units," and "Recommended Dietary Allowances."

Eggs, fresh equivalent.—Includes dozens of fresh eggs plus frozen, dried, or liquid eggs without shell, whether the whole egg, whites, or yolks only, converted to equivalent amounts of whole eggs in shell on a weight basis. Source of most factors: "Conversion Factors for Agricultural Commodities"(5).

Farm.—See "Urbanization."

Flour equivalent.—The product weight of flour, meal, cereals, and pastes, plus the weight of the dry flour, meal, cereals, and pastes in prepared flour mixes, bakery products, and other mixtures of which the predominant ingredients were from grain. The flour equivalent of the mixed foods ranged from 20-60 percent of the product weight. Source of most factors: "Conversion Factors for Agricultural Commodities"(5).

Food at home.—Food and beverages (alcoholic and nonalcoholic) used during the 7 days before the date of the survey interview, whether bought or received without direct expenditure. Included were food and beverages (1) eaten at home, (2) carried from home in packed meals, (3) thrown away, and (4) fed to pets. Excluded from food at home were (1) commercial pet food and household food fed to animals raised for commercial purposes and (2) food that was given away for use outside the home, such as food sent to sons in the military service, gifts of food donated to a church supper, and food given to household help to take home.

Food used at home was classified as fresh, canned commercially or at home, frozen commercially or at home, and dried or dehydrated. Generally, the food used at home was classified in the form brought into the kitchen. Homemade mixtures used during the survey week were recorded (1) as ingredients if prepared during the survey week or (2) as the product if prepared before the survey week.

Home-canned food.—A product canned at home before the survey week whether home processed by the respondent or by someone else who gave or sold the canned food to the respondent. Homemade jelly, marmalade, pickles, catsup, relish, and nut butter were considered home canned.

Home-frozen food.—A product frozen at home before the survey week whether home processed by the respondent or by someone else who gave or sold the frozen food to the respondent. To be considered home frozen, a food was frozen and stored in a separate freezer—a home freezer, a combination freezer-refrigerator with freezer sealed off, or a locker in a plant for storing frozen food.

Home-produced food.—Food raised for home use and food obtained by hunting, fishing, and gathering from the wild. Home-canned, home-frozen, and home-baked foods were not included unless the major ingredient was home produced.

Household.—A family or a group of unrelated persons who lived together, and their guests, boarders, and hired help. Included were persons who usually lived there but were away from home temporarily—on vacation, at school, or on a business trip, for example. Food information was not taken from a household unless at least one person had 10 or more meals from the household food supply during the 7 days preceding the interview.

Household size in equivalent meals at home (persons).—The number of 21-meal-at-home-equivalent persons in the household. All meals eaten at home during the week by family members, guests, boarders, or household help were added together and divided by 21. In counting the meals from household food supplies the following procedures were used: (1) When a household member's

morning, noon, or evening meals at home and away did not add to seven, skipped meals were assumed to be at home or away in the same proportion as reported meals. (2) Meals by members in addition to three a day and refreshments and snacks were counted as a part of the three meals. (3) Refreshments served to guests (not full meals) were counted as one-fourth or one-half meal depending on the number of items served. (4) Food carried from home supplemented by only beverage from other sources was counted as a home meal. (5) Food carried from home, supplemented by other food, was counted as one-half meal.

Household size in equivalent nutrition units.—The number of adult-male equivalent persons in the household, calculated separately for food energy and each nutrient based on the relative needs of household members. The need of the man, 25 years old as indicated by the Recommended Dietary Allowance (1963), was assumed to be 1.0 nutrition unit. Needs of other persons in equivalent nutrition units were calculated by dividing their allowances by the allowance for the man. For example:

Household member	Daily recommended allowance for—		Equivalent nutrition units	
	Food energy	Calcium	Food energy	Calcium
	Cal.	*G.*		
Man, age 25	2,900	0.8	1.00	1.00
Woman, age 25	2,100	.8	.72	1.00
Boy, age 9	2,400	1.1	.83	1.38
Girl, age 2	1,300	.8	.45	1.00

The size of the household in equivalent nutrition units was then determined, taking into account the number of meals each person had at home. An example of the calculations for food energy and calcium for one household follows:

Persons served	Meals at home during week	Equivalent nutrition units		Meals X nutrition units	
		Food energy	Calcium	Food energy	Calcium
Household meals:					
Man, age 25	14	1.00	1.00	14.00	14.00
Woman, age 25	18	.72	1.00	12.96	18.00
Boy, age 9	18	.83	1.38	14.94	24.84
Girl, age 2	21	.45	1.00	9.45	21.00
Guest meals, female, age 75	1	.48	1.00	.48	1.00
Total for the week	72	--	--	51.83	78.84

For this household, the size in equivalent nutrition units for food energy is 2.47 (51.83÷21) and for calcium, 3.75 (78.84÷21). The household size in 21-meal-at-home equivalent persons is 3.43 (72÷21).

If standards of dietary quality other than Recommended Dietary Allowances set in 1963 by the Food and Nutrition Board are used, the household size in nutrition units and all tables on a nutrition unit basis should be recomputed.

Milk equivalent.—Quantity of whole fluid milk to which dairy products (except butter) are equivalent in calcium content. Chief source of data on the calcium content of the various dairy products: "Composition of Foods"(*6*).

Money income.—Respondent's estimate of 1964 money income (after deduction of State and Federal income taxes) for spring and summer and 1965 money income for fall and winter within one of the income classes grouped by $1,000 increments up to $12,000 and by broader income ranges above $12,000 up to $25,000 or more. Income was counted for all persons living in the household who drew from a common fund for the major items of expense, such as food and housing, whether or not they ate at home during the week. Included were unmarried sons and daughters of any age living at home; persons usually a part of the family who were temporarily away from home—at school, at work, in the hospital, or on vacation; and other persons related or unrelated living with the family who drew from a common family fund for major items of expense. Income from sons and daughters quartered on military installations was not included.

Money value of food used at home.—Expenditures for bought food and money value of home-produced food and food received free of cost that was used during the survey week. Expenditures for bought food were based on prices reported as paid regardless of the time of purchase. Sales tax was excluded. Bought food with no price reported, home-produced food, and food received as a gift or instead of pay were valued using prices reported as paid for similar items by other families in the same region and urbanization. Federally donated foods were valued using average retail prices in the United States reported by the Bureau of Labor Statistics for use in its food price index.

Nutrition unit.—See "Household Size in Equivalent Nutrition Units" and "Nutritive Value of Diets Per Nutrition Unit."

Nutritive value of diets.—Nutritive values of all foods and beverages including alcoholic beverages and baking powder used. Nutritive content of food was calculated mainly from data on nutrients in the edible portion of one pound of food as purchased—table 2, "Composition of Foods" (*6*). Homemakers provided descriptive information with regard to kind, process, inedible parts, and enrichment and fortification for matching foods used with corresponding items in composition tables.

Before the food composition values were applied to the food quantities, estimated average losses in cooking for vitamin A value, thiamin, riboflavin, niacin, and ascorbic acid were deducted. Cooking losses were estimated from "Procedures for Calculating Nutritive Values of Home-Prepared Foods" (*1*) and unpublished data.

The data include nutritive values of any edible food brought into the kitchen for household use but lost or discarded in storage, in preparation for cooking, and as plate or table waste. Therefore, the amounts of nutrients given in tables of this report are undoubtedly larger than amounts in the food actually eaten. Minerals in water and minerals and vitamins from concentrates taken by individuals were not included.

Nutritive value of diets per nutrition unit.—Nutritive value of food used at home divided by the household size in nutrition units and by seven. See "Household Size in Equivalent Nutrition Units." When content of diets is presented on a unit-of-nutrient-need basis, diets of groups of households of varying size and composition can be compared and such households can be arrayed by the level of the nutrient content of their diets.

An adjustment for meals eaten away from home by family members was made through use of the number of meals at home only in the divisor. This adjustment assumes that an average meal away from home is equal nutritionally to a meal at home. Between-meal food eaten away from home is not included.

Nutritive value of diets per person.—Nutritive value of food used at home divided by the number of 21-meal-at-home-equivalent persons in the household. See "Household Size in Equivalent Meals at Home (Persons)." Nutrient content of diets is presented per 21-meal-at-home-equivalent person to adjust for various sizes of households. An adjustment for meals eaten away from home by family members was made through use of the number of meals at home only in the divisor. This adjustment assumes that an average meal away from home is equal nutritionally to a meal at home. Between-meal food eaten away from home is not included.

Averages per person are generally satisfactory for comparisons among large population groups similar in composition by age and sex. For groups dissimilar in composition, comparisons may be misleading because the food needs of groups of households may differ.

Person.—One person equals 21 meals at home. See "Household Size in Equivalent Meals at Home (Persons)." Average quantities and money value of food used per person by groups of households are per 21-meal-at-home-equivalent person.

Potato, fresh equivalent.—Weight of fresh whole potatoes plus weight of fresh pared, canned, frozen, and dried potatoes, and potato chips, soup, and salad converted to equivalent weight of fresh potatoes with skin. Source of most factors: "Conversion Factors for Agricultural Commodities" (*5*).

Recommended Dietary Allowances.—Daily allowances for food energy and seven nutrients recommended by the Food and Nutrition Board, National Academy of Sciences-National Research Council, as normally desirable goals in planning practical dietaries (*2*).

The recommended allowances are judgments of nutrition experts who consider them, except for calories, well above minimal requirements but not necessarily optimal levels of intake. The margin over minimal requirements varies widely among nutrients. Two-thirds of the allowance has been considered in this and other household surveys of the Department as a level below which diets could be nutritionally inadequate for some individuals over an extended period of time. Height, weight, and other variables affect the nutrient requirements of an individual. Although the allowances do not constitute a precise tool for rating diets of persons or households individually, they do provide a satisfactory yardstick for evaluating diets of population groups. They also provide a tool for calculating nutrition units of households, which in turn permit comparison of nutrient content of food of households and groups of households dissimilar in composition.

Rural farm.—See "Urbanization."

Rural nonfarm.—See "Urbanization."

Sample design and analysis.—See HFCS 1965-66 Report 12 (*4,pp. 209-213*).

Seasons.—Spring: April, May, and June 1965
Summer: July, August, and September 1965
Fall: October, November, and December 1965
Winter: January, February, and March 1966

Sugar equivalent.—Weight of sugar, sirup, jellies, and candies plus approximate sugar content by weight for selected foods high in sugar—liquid soft drinks; fruit ades, punches, drinks, nectars; dry pudding mixes; ready-to-eat gelatin dessert; and cake icing.

Survey week.—The continuous 7-day period just before the interview during which the reported food was used. An interview that occurred on Monday morning after breakfast, for example, covered the period from Monday morning a week earlier after breakfast to the interview time.

Urban.—See "Urbanization."

Urbanization.—Distinction between urban and rural households was based on the size of place in which the dwelling was located. Within the rural category, distinction between farm and nonfarm households was based on the presence of a farm operator. Definitions are those used by the Department of Commerce for the Population Census (1950) and the Agriculture Census (1964).

All households: Composite or urban, rural nonfarm, and rural farm households appropriately weighted.

Urban: Households in places with at least 2,500 inhabitants and in closely settled fringe areas surrounding cities of 50.000 or more inhabitants.

Rural nonfarm: Households outside of urban places without a farm operator.

Rural Farm: Households outside of urban places with a farm operator.

A farm operator was a person who at the time of the interview made decisions and controlled the operation of property consisting of (1) 10 or more acres yielding sales of at least $50 in 1964 or (2) fewer than 10 acres yielding sales of at least $250 in 1964 or (3) land expected to yield sales in 1965 meeting either of those specifications. The farm operator performed the labor himself or directly supervised it. He was an individual operator or had one or more partners and either owned or rented the property by cash or cropping arrangements. The operator's dwelling unit did not have to be located on the farm property.

Weights.—Data for the year in this report are compensated for the spring sample being three times the size of the samples for each of the other seasons. Expanded samples of farm households also required compensatory weights: 0.25 and 0.24 for North Central spring and summer, respectively; 0.18 and 0.16 for South fall and winter, respectively; and 0.20 for all other region-seasons.

Year.— See 'Seasons."

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1963. Composition of Foods--Raw, Processed, Prepared. U.S. Dept. Agr., Agr. Handb. 8 (rev.), 190 pp.

SURVEY REGIONS

Classification of conterminous States as defined by the 1960 Census follows:

Northeast

Connecticut
Maine
Massachusetts
New Hampshire
New Jersey
New York
Pennsylvania
Rhode Island
Vermont

North Central

Illinois
Indiana
Iowa
Kansas
Michigan
Minnesota
Missouri
Nebraska
North Dakota
Ohio
South Dakota
Wisconsin

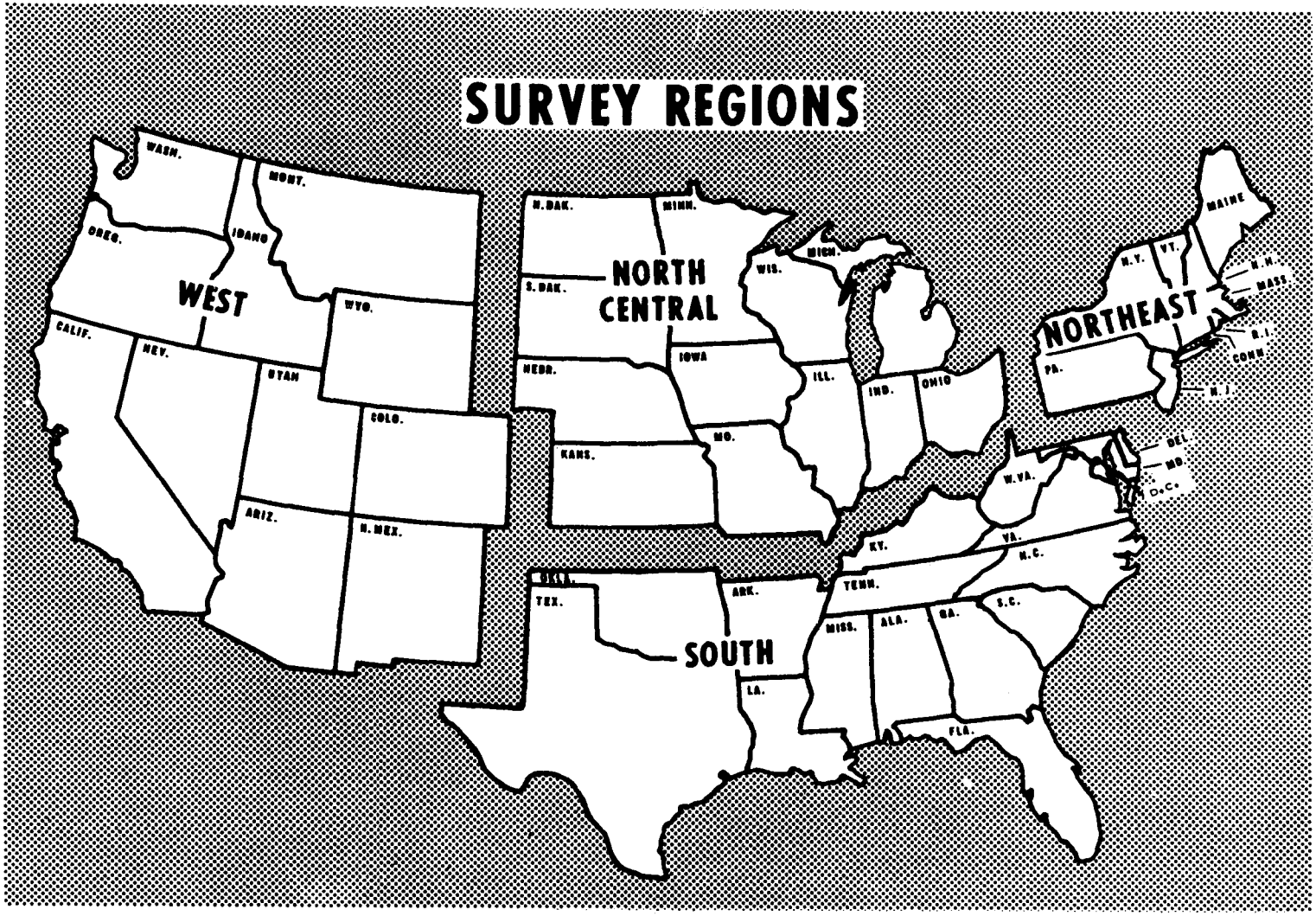
South

Alabama
Arkansas
Delaware
District of Columbia
Florida
Georgia
Kentucky
Louisiana
Maryland
Mississippi
North Carolina
Oklahoma
South Carolina
Tennessee
Texas
Virginia
West Virginia

West

Arizona
California
Colorado
Idaho
Montana
Nevada
New Mexico
Oregon
Utah
Washington
Wyoming

Alaska and Hawaii are not included in this study.



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This is the last of 18 publications based on the 1965-66 Nationwide Food Consumption Survey conducted by the Agricultural Research Service, U.S. Department of Agriculture. Because this survey was the first to encompass a nationwide sample of households in each season of the year, Report 18 provides benchmark findings that will be useful in making comparisons with future surveys spanning a full year.

Other reports will not be published but will be available in machine copy form or in microfilm (from typed manuscripts). They are:

1. Dietary Levels of Households in the Four Regions of the United States, Seasons and Year 1965-66. Tables are numbered as in Report 18. A full set of tables or specified individual tables will be available.
2. Household Production and Preservation of Food for Home Use in the United States, by Region, 1964. A summary of data obtained from survey households for food produced or preserved in the year before the survey.

You may obtain information and charges for these unpublished reports by writing to:

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Agricultural Research Service
United States Department of Agriculture
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Household Food Consumption Survey, 1965-66

1. Food Consumption of Households in the United States, Spring 1965
2. Food Consumption of Households in the Northeast, Spring 1965
3. Food Consumption of Households in the North Central, Spring 1965
4. Food Consumption of Households in the South, Spring 1965
5. Food Consumption of Households in the West, Spring 1965
6. Dietary Levels of Households in the United States, Spring 1965
7. Dietary Levels of Households in the Northeast, Spring 1965
8. Dietary Levels of Households in the North Central Region, Spring 1965
9. Dietary Levels of Households in the South, Spring 1965
10. Dietary Levels of Households in the West, Spring 1965
11. Food and Nutrient Intake of Individuals in the United States, Spring 1965
12. Food Consumption of Households in the United States, Seasons and Year 1965-66
13. Food Consumption of Households in the Northeast, Seasons and Year 1965-66
14. Food Consumption of Households in the North Central Region, Seasons and Year 1965-66
15. Food Consumption of Households in the South, Seasons and Year 1965-66
16. Food Consumption of Households in the West, Seasons and Year 1965-66
17. Food Consumption of Households by Money Value of Food and Quality of Diet—United States, North, South
18. Dietary Levels of Households in the United States, Seasons and Year 1965-66