MILK AND DAIRY

Milk
- Milk, whole
- Milk, reduced fat
- Milk, lowfat
- Milk, nonfat

Flavored Milk
- Flavored milk, whole
- Flavored milk, reduced fat
- Flavored milk, lowfat
- Flavored milk, nonfat

Dairy Drinks and Substitutes
- Milk shakes and other dairy drinks
- Milk substitutes

Cheese
- Cheese
- Cottage/ricotta cheese

Yogurt
- Yogurt, regular
- Yogurt, Greek

PROTEIN FOODS

Meats
- Beef, excludes ground
- Ground beef
- Pork
- Lamb, goat, game
- Liver and organ meats

Poultry
- Chicken, whole pieces
- Chicken patties, nuggets and tenders
- Turkey, duck, other poultry

Seafood
- Fish
- Shellfish

Eggs
- Eggs and omelets

Cured Meats/Poultry
- Cold cuts and cured meats
- Bacon
- Frankfurters
- Sausages

Plant-based Protein Foods
- Beans, peas, legumes
- Nuts and seeds
- Processed soy products

MIXED DISHES

Mixed Dishes – Meat, Poultry, Seafood
- Meat mixed dishes
- Poultry mixed dishes
- Seafood mixed dishes

Mixed Dishes – Bean/Vegetable-based
- Bean, pea, legume dishes
- Vegetable dishes

Mixed Dishes – Grain-based
- Rice mixed dishes
- Pasta mixed dishes, excludes macaroni & cheese
- Macaroni and cheese
- Turnovers and other grain-based items

Mixed Dishes – Asian
- Fried rice and lo/chow mein
- Stir-fry and soy-based sauce mixtures
- Egg rolls, dumplings, sushi

Mixed Dishes – Mexican
- Burritos and tacos
- Nachos
- Other Mexican mixed dishes

Mixed Dishes – Pizza
- Pizza

Mixed Dishes – Sandwiches (single code)
- Burgers
- Frankfurter sandwiches
- Chicken/turkey sandwiches
- Egg/breakfast sandwiches
- Other sandwiches
- Cheese sandwiches
- Peanut butter and jelly sandwiches
- Seafood sandwiches

Mixed Dishes – Soups
- Soups

GRAINS

Cooked Grains
- Rice
- Pasta, noodles, cooked grains

Breads, Rolls, Tortillas
- Yeast breads
- Rolls and buns
- Bagels and English muffins
- Tortillas

Quick Breads and Bread Products
- Biscuits, muffins, quick breads
- Pancakes, waffles, French toast

Ready-to-Eat Cereals
- RTE cereal, higher sugar (>21.2g/100g)
- RTE cereal, lower sugar (≤21.2g/100g)

Cooked Cereals
- Oatmeal
- Grits and other cooked cereals

SNACKS AND SWEETS

Savory Snacks
- Potato chips
- Tortilla, corn, other chips
- Popcorn
- Pretzels/snack mix

Crackers
- Crackers, excludes saltines
- Saltine crackers

Snack/Meal Bars
- Cereal bars
- Nutrition bars

Sweet Bakery Products
- Cakes and pies
- Cookies and brownies
- Doughnuts, sweet rolls, pastries

Candy
- Candy containing chocolate
- Candy not containing chocolate

Other Desserts
- Ice cream and frozen dairy desserts
- Pudding
- Gelatins, ices, sorbets
FRUIT
Fruits
- Apple
- Bananas
- Grapes
- Peaches and nectarines
- Strawberries
- Blueberries and other berries
- Citrus fruits
- Melons
- Dried fruits
- Other fruits and fruit salads
- Pears
- Pineapple
- Mango and papaya

VEGETABLES
Vegetables, excluding potatoes
- Tomatoes
- Carrots
- Other red and orange vegetables
- Broccoli
- Spinach
- Lettuce and lettuce salads
- Other dark green vegetables
- String beans
- Cabbage
- Onions
- Corn
- Other starchy vegetables
- Other vegetables and combinations
- Fried vegetables
- Coleslaw, non-lettuce salads
- Vegetables on a sandwich

White Potatoes
- White potatoes, baked or boiled
- French fries and other fried white potatoes
- Mashed potatoes and potato mixtures

BEVERAGES
100% Juice
- Citrus juice
- Apple juice
- Other fruit juice
- Vegetable juice

Diet Beverages
- Diet soft drinks
- Diet sport and energy drinks
- Other diet drinks

Sweetened Beverages
- Soft drinks
- Fruit drinks
- Sport and energy drinks
- Nutritional beverages
- Smoothies and grain drinks

Coffee and Tea
- Coffee
- Tea

ALCOHOLIC BEVERAGES
Alcoholic Beverages
- Beer
- Wine
- Liquor and cocktails

WATER
Plain Water
- Tap water
- Bottled water

Flavored or Enhanced Water
- Flavored or carbonated water
- Enhanced or fortified water

FATS AND OILS
Fats and Oils
- Butter and animal fats
- Margarine
- Cream cheese, sour cream, whipped cream
- Cream and cream substitutes
- Mayonnaise
- Salad dressings and vegetable oils

CONDIMENTS AND SAUCES
Condiments and Sauces
- Tomato-based condiments
- Soy-based condiments
- Mustard and other condiments
- Olives, pickles, pickled vegetables
- Pasta sauces, tomato-based
- Dips, gravies, other sauces

SUGARS
Sugars
- Sugars and honey
- Sugar substitutes
- Jams, syrups, toppings

BABY FOODS AND FORMULAS
Baby Foods
- Baby food: cereals
- Baby food: fruit
- Baby food: vegetables
- Baby food: meat and dinners
- Baby food: yogurt
- Baby food: snacks and sweets

Baby Beverages
- Baby juice
- Baby water

Infant Formulas
- Formula, ready-to-feed
- Formula, prepared from powder
- Formula, prepared from concentrate

Human Milk
- Human milk

OTHER
Other
- Protein and nutritional powders
- Not included in a food category

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