Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014

Food energy																		
				All Individuals [3]						*All Restaurant Consumers* [4]						*Non-consumers* [5]	
Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Total Intake kcal	(SE)	Intake from All Restaurants kcal	(SE)	Percentages from [7] All Restaurants %	(SE)	Total Intake kcal	(SE)	Intake from All Restaurants kcal	(SE)	Percentages from [7] All Restaurants %	(SE)	Total Intake kcal	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	1835	(23.7)	304	(25.1)	17	(1.3)	1998	(57.5)	752	(36.5)	38	(1.6)	1724	(29.4)
20 and over.....	1596	46	(2.4)	2157	(21.0)	473	(31.7)	22	(1.5)	2378	(47.5)	1035	(31.2)	44	(1.5)	1972	(28.9)
2 and over...	2974	44	(1.8)	2053	(17.1)	419	(24.2)	20	(1.2)	2265	(31.1)	951	(28.6)	42	(1.2)	1887	(22.9)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	1938	(46.6)	445	(43.9)	23	(2.2)	2106	(76.5)	897	(56.9)	43	(2.6)	1772	(60.6)
20 and over.....	1622	56	(1.8)	2146	(33.9)	573	(26.7)	27	(1.2)	2242	(49.0)	1025	(35.9)	46	(1.5)	2024	(40.0)
2 and over...	2526	54	(2.2)	2094	(32.7)	541	(26.4)	26	(1.2)	2211	(44.1)	996	(33.8)	45	(1.3)	1955	(40.5)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	1899	(60.4)	432	(33.7)	23	(1.6)	1904	(61.2)	791	(62.8)	42	(2.2)	1892	(71.0)
20 and over.....	1468	66	(1.8)	2136	(26.6)	631	(29.3)	30	(1.3)	2184	(36.6)	963	(31.6)	44	(1.7)	2045	(69.1)
2 and over...	2010	64	(1.7)	2095	(20.8)	597	(22.3)	28	(1.0)	2142	(32.6)	937	(26.2)	44	(1.5)	2012	(53.4)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	1885	(21.1)	388	(18.3)	21	(0.9)	1997	(29.8)	810	(35.7)	41	(1.5)	1782	(28.4)
20 and over.....	5047	57	(1.5)	2141	(18.7)	565	(19.0)	26	(0.8)	2245	(31.7)	995	(16.0)	44	(0.9)	2005	(24.2)
2 and over...	8066	55	(1.3)	2079	(17.2)	522	(15.4)	25	(0.7)	2192	(28.0)	956	(15.4)	44	(0.7)	1944	(20.3)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

P r o t e i n

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake g	(SE)	Intake from All Restaurants g	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake g	(SE)	Intake from All Restaurants g	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake g	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	67.7	(1.68)	12.9	(1.74)	19	(2.2)	73.8	(4.65)	31.7	(3.40)	43	(2.5)	63.5	(1.77)
20 and over.....	1596	46	(2.4)	80.5	(1.50)	20.0	(1.29)	25	(1.6)	88.6	(2.41)	43.8	(1.47)	49	(1.9)	73.8	(1.90)
2 and over...	2974	44	(1.8)	76.4	(1.19)	17.7	(1.06)	23	(1.3)	84.2	(1.86)	40.2	(1.47)	48	(1.5)	70.2	(1.45)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	72.1	(2.15)	17.6	(2.08)	24	(2.6)	77.0	(4.25)	35.4	(3.17)	46	(3.0)	67.3	(2.56)
20 and over.....	1622	56	(1.8)	84.3	(1.40)	24.7	(1.29)	29	(1.6)	87.4	(2.30)	44.3	(1.72)	51	(1.7)	80.5	(2.12)
2 and over...	2526	54	(2.2)	81.3	(1.47)	23.0	(1.27)	28	(1.5)	85.0	(2.51)	42.3	(1.69)	50	(1.4)	76.9	(2.00)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	69.7	(2.59)	16.0	(1.49)	23	(2.1)	68.3	(2.50)	29.3	(2.68)	43	(2.8)	71.4	(3.70)
20 and over.....	1468	66	(1.8)	84.9	(1.28)	26.5	(1.50)	31	(1.4)	86.2	(1.37)	40.5	(1.78)	47	(2.0)	82.5	(3.03)
2 and over...	2010	64	(1.7)	82.2	(1.10)	24.7	(1.19)	30	(1.1)	83.5	(1.25)	38.8	(1.59)	46	(1.8)	80.0	(2.35)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	69.8	(1.16)	15.4	(0.88)	22	(1.1)	72.9	(1.81)	32.2	(1.94)	44	(1.8)	67.0	(1.20)
20 and over.....	5047	57	(1.5)	83.6	(0.73)	24.1	(0.87)	29	(0.9)	87.1	(1.20)	42.4	(1.02)	49	(1.1)	79.1	(1.35)
2 and over...	8066	55	(1.3)	80.3	(0.74)	22.0	(0.66)	27	(0.7)	84.0	(1.30)	40.3	(0.95)	48	(0.9)	75.7	(1.03)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Carbohydrate: *All Individuals* [3] Total Intake g	(SE)	Intake from All Restaurants g	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake g	(SE)	Intake from All Restaurants g	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake g	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	240	(3.1)	34	(2.6)	14	(1.1)	252	(5.5)	83	(3.6)	33	(1.4)	232	(5.8)
20 and over.....	1596	46	(2.4)	267	(3.5)	51	(3.6)	19	(1.4)	289	(5.6)	111	(3.7)	38	(1.4)	249	(4.3)
2 and over...	2974	44	(1.8)	258	(2.9)	45	(2.8)	17	(1.1)	278	(3.8)	102	(3.1)	37	(1.1)	243	(4.3)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	252	(6.6)	52	(5.3)	21	(2.1)	270	(9.6)	104	(6.5)	39	(2.6)	234	(7.9)
20 and over.....	1622	56	(1.8)	253	(3.9)	59	(2.7)	23	(1.1)	261	(6.3)	106	(3.3)	41	(1.2)	242	(5.0)
2 and over...	2526	54	(2.2)	253	(3.4)	57	(3.1)	23	(1.2)	263	(4.8)	106	(3.5)	40	(1.2)	240	(4.7)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	251	(7.9)	51	(3.7)	20	(1.3)	250	(9.1)	94	(7.2)	37	(2.0)	252	(8.2)
20 and over.....	1468	66	(1.8)	245	(3.1)	65	(3.3)	27	(1.2)	246	(3.0)	100	(3.5)	41	(1.5)	242	(7.2)
2 and over...	2010	64	(1.7)	246	(2.6)	63	(2.5)	26	(1.0)	247	(2.8)	99	(2.8)	40	(1.2)	244	(6.0)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	246	(2.8)	45	(2.2)	18	(0.9)	256	(3.2)	93	(4.1)	36	(1.4)	237	(3.8)
20 and over.....	5047	57	(1.5)	253	(2.1)	59	(2.0)	23	(0.8)	260	(3.1)	104	(1.4)	40	(0.7)	243	(2.5)
2 and over...	8066	55	(1.3)	251	(2.1)	55	(1.7)	22	(0.7)	260	(2.7)	102	(1.6)	39	(0.6)	241	(2.5)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake g	(SE)	Intake from All Restaurants g	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake g	(SE)	Intake from All Restaurants g	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake g	(SE)
Total sugars																	
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	110	(2.4)	11	(1.1)	10	(1.0)	113	(3.1)	28	(1.9)	25	(1.7)	107	(4.7)
20 and over.....	1596	46	(2.4)	126	(2.7)	18	(1.8)	14	(1.3)	135	(3.9)	39	(2.7)	29	(1.8)	118	(3.5)
2 and over...	2974	44	(1.8)	121	(2.5)	16	(1.3)	13	(1.1)	128	(2.8)	36	(2.1)	28	(1.3)	115	(3.5)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	118	(4.1)	19	(2.4)	16	(2.0)	125	(6.3)	38	(4.1)	30	(3.3)	111	(4.4)
20 and over.....	1622	56	(1.8)	114	(3.0)	20	(1.3)	18	(1.2)	119	(4.9)	36	(2.1)	31	(1.6)	108	(2.6)
2 and over...	2526	54	(2.2)	115	(2.3)	20	(1.5)	17	(1.3)	120	(3.7)	37	(2.1)	31	(1.6)	109	(2.3)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	119	(4.1)	21	(2.0)	18	(1.5)	118	(5.6)	39	(3.8)	33	(2.2)	119	(3.8)
20 and over.....	1468	66	(1.8)	101	(1.7)	21	(1.1)	21	(1.0)	100	(1.3)	32	(1.2)	32	(1.1)	103	(4.0)
2 and over...	2010	64	(1.7)	104	(1.6)	21	(0.8)	20	(0.7)	102	(1.4)	33	(0.9)	32	(0.9)	106	(3.6)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	114	(1.7)	16	(1.1)	14	(1.0)	118	(1.9)	34	(2.2)	29	(1.7)	111	(2.4)
20 and over.....	5047	57	(1.5)	111	(1.4)	20	(0.8)	18	(0.7)	114	(1.9)	35	(0.8)	31	(0.7)	109	(1.3)
2 and over...	8066	55	(1.3)	112	(1.3)	19	(0.7)	17	(0.6)	114	(1.7)	35	(0.8)	31	(0.6)	109	(1.4)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Dietary fiber: *All Individuals* [3] Total Intake g	(SE)	*All Individuals* [3] Intake from All Restaurants g	(SE)	*All Individuals* [3] Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake g	(SE)	*All Restaurant Consumers* [4] Intake from All Restaurants g	(SE)	*All Restaurant Consumers* [4] Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake g	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	13.8	(0.42)	2.0	(0.17)	14	(1.2)	13.8	(0.62)	4.9	(0.27)	36	(1.8)	13.8	(0.42)
20 and over.....	1596	46	(2.4)	15.6	(0.42)	3.0	(0.24)	19	(1.7)	16.0	(0.41)	6.6	(0.33)	41	(2.4)	15.3	(0.72)
2 and over...	2974	44	(1.8)	15.0	(0.37)	2.7	(0.17)	18	(1.2)	15.4	(0.33)	6.1	(0.27)	40	(1.8)	14.8	(0.54)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	13.9	(0.33)	2.7	(0.24)	20	(1.8)	13.6	(0.35)	5.5	(0.22)	41	(1.4)	14.1	(0.73)
20 and over.....	1622	56	(1.8)	16.8	(0.39)	3.7	(0.20)	22	(1.3)	15.7	(0.31)	6.5	(0.26)	42	(1.6)	18.1	(0.81)
2 and over...	2526	54	(2.2)	16.0	(0.29)	3.4	(0.17)	21	(1.2)	15.3	(0.27)	6.3	(0.21)	41	(1.2)	17.0	(0.58)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	14.3	(0.44)	2.7	(0.19)	19	(1.3)	14.0	(0.47)	4.9	(0.29)	35	(1.8)	14.7	(0.65)
20 and over.....	1468	66	(1.8)	18.2	(0.37)	4.5	(0.23)	25	(1.1)	17.6	(0.41)	6.9	(0.27)	39	(1.6)	19.4	(0.86)
2 and over...	2010	64	(1.7)	17.5	(0.30)	4.2	(0.19)	24	(0.9)	17.1	(0.35)	6.6	(0.23)	39	(1.4)	18.4	(0.69)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	13.9	(0.19)	2.4	(0.10)	17	(0.6)	13.7	(0.27)	5.1	(0.15)	37	(0.9)	14.1	(0.23)
20 and over.....	5047	57	(1.5)	17.1	(0.27)	3.8	(0.15)	22	(0.8)	16.7	(0.25)	6.7	(0.15)	40	(1.1)	17.5	(0.56)
2 and over...	8066	55	(1.3)	16.3	(0.21)	3.5	(0.12)	21	(0.6)	16.1	(0.18)	6.3	(0.13)	39	(0.8)	16.6	(0.40)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Total Intake g	(SE)	Intake from All Restaurants g	(SE)	Percentages from [7] All Restaurants %	(SE)	Total Intake g	(SE)	Intake from All Restaurants g	(SE)	Percentages from [7] All Restaurants %	(SE)	Total Intake g	(SE)
				Total fat													
				All Individuals [3]						*All Restaurant Consumers* [4]						*Non-consumers* [5]	
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	69.2	(1.47)	13.3	(1.05)	19	(1.4)	79.1	(2.86)	32.8	(1.69)	41	(1.9)	62.5	(1.36)
20 and over.....	1596	46	(2.4)	80.6	(1.01)	20.9	(1.41)	26	(1.7)	91.2	(1.61)	45.6	(1.55)	50	(1.8)	71.7	(2.08)
2 and over...	2974	44	(1.8)	76.9	(0.84)	18.4	(1.02)	24	(1.3)	87.6	(1.11)	41.8	(1.33)	48	(1.4)	68.5	(1.41)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	73.0	(1.89)	18.9	(1.78)	26	(2.2)	80.9	(3.44)	38.1	(2.45)	47	(2.3)	65.3	(2.76)
20 and over.....	1622	56	(1.8)	84.2	(1.54)	25.0	(1.35)	30	(1.6)	88.6	(2.12)	44.8	(2.13)	51	(2.0)	78.6	(2.40)
2 and over...	2526	54	(2.2)	81.4	(1.50)	23.5	(1.10)	29	(1.3)	86.9	(1.94)	43.3	(1.78)	50	(1.6)	75.0	(2.25)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	70.8	(2.71)	18.5	(1.64)	26	(2.1)	72.3	(2.98)	33.8	(2.91)	47	(2.3)	69.1	(4.16)
20 and over.....	1468	66	(1.8)	83.4	(1.62)	26.4	(1.23)	32	(1.4)	85.4	(2.13)	40.3	(1.36)	47	(2.0)	79.5	(3.44)
2 and over...	2010	64	(1.7)	81.2	(1.50)	25.0	(0.97)	31	(1.2)	83.4	(2.07)	39.4	(1.20)	47	(1.7)	77.2	(2.78)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	70.9	(1.19)	16.7	(0.78)	24	(1.0)	77.3	(1.70)	34.9	(1.54)	45	(1.4)	65.1	(1.60)
20 and over.....	5047	57	(1.5)	82.9	(0.89)	24.3	(0.81)	29	(0.9)	87.8	(1.48)	42.7	(0.85)	49	(1.0)	76.4	(1.55)
2 and over...	8066	55	(1.3)	80.0	(0.79)	22.4	(0.65)	28	(0.8)	85.6	(1.28)	41.1	(0.79)	48	(0.8)	73.3	(1.29)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake g	(SE)	*All Individuals* [3] Intake from All Restaurants g	(SE)	*All Individuals* [3] Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake g	(SE)	*All Restaurant Consumers* [4] Intake from All Restaurants g	(SE)	*All Restaurant Consumers* [4] Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake g	(SE)
Saturated fat																	
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	23.6	(0.53)	4.4	(0.34)	18	(1.4)	26.3	(0.85)	10.8	(0.57)	41	(2.1)	21.9	(0.69)
20 and over.....	1596	46	(2.4)	26.3	(0.49)	6.8	(0.46)	26	(1.6)	29.5	(0.50)	14.9	(0.51)	51	(1.7)	23.6	(0.95)
2 and over...	2974	44	(1.8)	25.4	(0.43)	6.0	(0.33)	24	(1.2)	28.5	(0.34)	13.7	(0.45)	48	(1.4)	23.0	(0.70)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	25.3	(0.94)	6.2	(0.51)	25	(1.9)	28.3	(1.29)	12.6	(0.54)	44	(2.1)	22.4	(1.18)
20 and over.....	1622	56	(1.8)	27.2	(0.46)	7.9	(0.45)	29	(1.5)	28.7	(0.77)	14.2	(0.74)	49	(2.1)	25.3	(0.57)
2 and over...	2526	54	(2.2)	26.7	(0.46)	7.5	(0.35)	28	(1.3)	28.6	(0.70)	13.8	(0.61)	48	(1.6)	24.5	(0.63)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	25.3	(0.68)	6.1	(0.56)	24	(2.2)	25.1	(0.92)	11.2	(0.89)	45	(2.3)	25.6	(1.42)
20 and over.....	1468	66	(1.8)	26.7	(0.55)	8.4	(0.40)	31	(1.4)	27.2	(0.76)	12.8	(0.45)	47	(2.0)	25.6	(1.26)
2 and over...	2010	64	(1.7)	26.4	(0.50)	8.0	(0.34)	30	(1.3)	26.9	(0.70)	12.6	(0.41)	47	(1.7)	25.6	(1.14)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	24.7	(0.43)	5.5	(0.21)	22	(0.9)	26.6	(0.44)	11.5	(0.33)	43	(1.3)	23.1	(0.69)
20 and over.....	5047	57	(1.5)	26.7	(0.27)	7.8	(0.25)	29	(0.9)	28.2	(0.47)	13.7	(0.25)	48	(1.0)	24.8	(0.60)
2 and over...	8066	55	(1.3)	26.3	(0.24)	7.2	(0.20)	27	(0.7)	27.9	(0.39)	13.2	(0.22)	47	(0.8)	24.3	(0.54)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake g	(SE)	*All Individuals* [3] Intake from All Restaurants g	(SE)	*All Individuals* [3] Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake g	(SE)	*All Restaurant Consumers* [4] Intake from All Restaurants g	(SE)	*All Restaurant Consumers* [4] Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake g	(SE)
Monounsaturated fat																	
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	23.2	(0.54)	4.4	(0.36)	19	(1.4)	26.5	(1.04)	10.9	(0.58)	41	(1.9)	20.9	(0.43)
20 and over.....	1596	46	(2.4)	27.9	(0.34)	7.1	(0.46)	25	(1.6)	31.6	(0.66)	15.5	(0.49)	49	(1.7)	24.7	(0.67)
2 and over...	2974	44	(1.8)	26.3	(0.28)	6.2	(0.33)	24	(1.2)	30.1	(0.45)	14.1	(0.43)	47	(1.3)	23.4	(0.48)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	24.4	(0.75)	6.2	(0.56)	25	(2.1)	26.7	(1.26)	12.5	(0.84)	47	(2.3)	22.2	(1.27)
20 and over.....	1622	56	(1.8)	29.2	(0.64)	8.5	(0.50)	29	(1.7)	30.3	(0.72)	15.3	(0.76)	50	(2.1)	27.9	(1.21)
2 and over...	2526	54	(2.2)	28.0	(0.62)	7.9	(0.41)	28	(1.5)	29.5	(0.71)	14.6	(0.66)	50	(1.7)	26.3	(1.04)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	23.3	(1.08)	6.0	(0.52)	26	(2.0)	23.7	(0.95)	10.9	(0.96)	46	(2.4)	22.8	(1.71)
20 and over.....	1468	66	(1.8)	29.1	(0.59)	8.9	(0.41)	31	(1.4)	29.7	(0.78)	13.6	(0.45)	46	(2.0)	28.1	(1.23)
2 and over...	2010	64	(1.7)	28.1	(0.55)	8.4	(0.32)	30	(1.1)	28.8	(0.76)	13.2	(0.40)	46	(1.7)	27.0	(0.97)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	23.6	(0.48)	5.5	(0.27)	23	(1.0)	25.6	(0.62)	11.4	(0.53)	45	(1.4)	21.8	(0.64)
20 and over.....	5047	57	(1.5)	28.8	(0.31)	8.2	(0.29)	29	(0.9)	30.3	(0.52)	14.5	(0.30)	48	(1.0)	26.8	(0.59)
2 and over...	8066	55	(1.3)	27.6	(0.30)	7.6	(0.24)	27	(0.8)	29.3	(0.47)	13.8	(0.29)	47	(0.9)	25.4	(0.50)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake g	(SE)	Intake from All Restaurants g	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake g	(SE)	Intake from All Restaurants g	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake g	(SE)
Polyunsaturated fat																	
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	15.7	(0.45)	3.2	(0.26)	20	(1.4)	18.8	(0.82)	7.9	(0.44)	42	(2.0)	13.6	(0.44)
20 and over.....	1596	46	(2.4)	18.7	(0.46)	5.0	(0.39)	27	(2.0)	21.4	(0.67)	11.0	(0.55)	51	(2.4)	16.3	(0.53)
2 and over...	2974	44	(1.8)	17.7	(0.36)	4.4	(0.28)	25	(1.5)	20.6	(0.47)	10.0	(0.41)	49	(1.8)	15.4	(0.40)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	16.4	(0.47)	4.6	(0.59)	28	(3.0)	18.2	(0.99)	9.3	(0.96)	51	(3.0)	14.5	(0.55)
20 and over.....	1622	56	(1.8)	19.7	(0.49)	6.2	(0.33)	31	(1.7)	21.1	(0.66)	11.1	(0.53)	53	(2.2)	18.0	(0.63)
2 and over...	2526	54	(2.2)	18.9	(0.39)	5.8	(0.27)	31	(1.5)	20.5	(0.48)	10.7	(0.43)	52	(1.9)	17.0	(0.53)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	15.4	(1.01)	4.6	(0.50)	30	(2.1)	16.4	(1.15)	8.4	(0.97)	51	(2.6)	14.1	(1.15)
20 and over.....	1468	66	(1.8)	19.8	(0.48)	6.5	(0.35)	33	(1.7)	20.4	(0.55)	10.0	(0.43)	49	(2.1)	18.6	(0.87)
2 and over...	2010	64	(1.7)	19.0	(0.44)	6.2	(0.28)	32	(1.3)	19.8	(0.56)	9.7	(0.38)	49	(1.8)	17.6	(0.63)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	15.8	(0.41)	4.1	(0.26)	26	(1.3)	17.8	(0.62)	8.5	(0.55)	48	(1.8)	13.9	(0.42)
20 and over.....	5047	57	(1.5)	19.5	(0.31)	6.0	(0.22)	31	(1.0)	20.9	(0.44)	10.5	(0.27)	50	(1.2)	17.6	(0.35)
2 and over...	8066	55	(1.3)	18.6	(0.26)	5.5	(0.17)	30	(0.8)	20.3	(0.37)	10.1	(0.24)	50	(1.0)	16.6	(0.25)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Cholesterol																		
				All Individuals [3]						*All Restaurant Consumers* [4]						*Non-consumers* [5]	
Family income as % of Federal poverty threshold and age	Sample Size	Percent Reporting [6]		Total Intake		Intake from All Restaurants		Percentages from [7] All Restaurants		Total Intake		Intake from All Restaurants		Percentages from [7] All Restaurants		Total Intake	
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	224	(7.6)	40	(5.8)	18	(2.3)	250	(21.1)	99	(12.2)	40	(2.8)	206	(8.2)
20 and over.....	1596	46	(2.4)	292	(6.7)	70	(4.8)	24	(1.7)	310	(7.0)	152	(5.5)	49	(1.7)	277	(12.5)
2 and over...	2974	44	(1.8)	270	(4.7)	60	(3.6)	22	(1.5)	292	(6.6)	136	(5.1)	47	(1.4)	253	(10.1)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	233	(8.5)	55	(7.8)	24	(3.1)	250	(17.0)	112	(12.5)	45	(3.9)	216	(14.1)
20 and over.....	1622	56	(1.8)	303	(8.0)	93	(6.1)	31	(1.6)	329	(11.0)	167	(8.9)	51	(1.8)	269	(10.3)
2 and over...	2526	54	(2.2)	285	(7.6)	84	(5.7)	29	(1.5)	311	(11.2)	154	(8.0)	50	(1.5)	255	(9.6)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	211	(9.1)	53	(6.1)	25	(2.5)	214	(15.3)	97	(11.0)	45	(2.9)	207	(11.8)
20 and over.....	1468	66	(1.8)	285	(8.1)	95	(6.1)	33	(1.9)	294	(8.5)	145	(7.4)	49	(2.2)	269	(15.2)
2 and over...	2010	64	(1.7)	272	(6.8)	87	(5.1)	32	(1.7)	282	(7.2)	137	(6.6)	49	(2.0)	255	(12.1)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	224	(5.3)	49	(3.5)	22	(1.3)	237	(10.5)	103	(7.8)	43	(2.0)	212	(6.2)
20 and over.....	5047	57	(1.5)	293	(4.2)	87	(3.1)	30	(1.0)	309	(5.8)	153	(4.7)	50	(1.2)	272	(7.9)
2 and over...	8066	55	(1.3)	276	(3.7)	78	(2.5)	28	(0.8)	294	(5.8)	142	(4.3)	48	(0.8)	256	(5.7)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake µg	(SE)	Intake from All Restaurants µg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake µg	(SE)	Intake from All Restaurants µg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake µg	(SE)
Vitamin A (RAE)																	
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	537	(18.5)	51	(5.8)	10	(1.1)	497	(20.2)	127	(11.2)	26	(2.2)	563	(23.7)
20 and over.....	1596	46	(2.4)	573	(23.7)	101	(8.3)	18	(1.6)	575	(35.4)	221	(14.4)	38	(2.3)	572	(25.3)
2 and over...	2974	44	(1.8)	561	(19.0)	85	(6.3)	15	(1.2)	552	(25.5)	193	(11.7)	35	(1.8)	569	(22.0)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	625	(22.6)	80	(7.5)	13	(1.5)	622	(37.6)	160	(8.9)	26	(2.1)	628	(37.3)
20 and over.....	1622	56	(1.8)	648	(26.2)	121	(10.4)	19	(1.4)	602	(29.1)	217	(17.2)	36	(2.0)	706	(35.4)
2 and over...	2526	54	(2.2)	642	(22.7)	111	(8.1)	17	(1.2)	607	(22.3)	204	(13.5)	34	(1.5)	685	(30.3)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	640	(20.2)	90	(10.0)	14	(1.6)	610	(29.0)	165	(16.4)	27	(2.9)	677	(36.0)
20 and over.....	1468	66	(1.8)	661	(17.1)	140	(7.6)	21	(1.2)	627	(14.0)	213	(9.4)	34	(1.7)	726	(40.4)
2 and over...	2010	64	(1.7)	657	(13.3)	131	(7.2)	20	(1.1)	625	(12.7)	206	(8.8)	33	(1.5)	715	(31.7)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	598	(14.6)	72	(3.9)	12	(0.7)	573	(13.1)	151	(5.8)	26	(1.1)	620	(22.3)
20 and over.....	5047	57	(1.5)	637	(12.2)	122	(3.9)	19	(0.6)	615	(14.4)	215	(7.9)	35	(1.0)	666	(19.5)
2 and over...	8066	55	(1.3)	627	(11.5)	110	(2.8)	18	(0.5)	606	(11.5)	202	(6.2)	33	(0.8)	653	(18.5)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Beta carotene: *All Individuals* [3] Total Intake µg	(SE)	Intake from All Restaurants µg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake µg	(SE)	Intake from All Restaurants µg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake µg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	1071	(79.3)	121	(22.6)	11	(2.4)	1032	(98.2)	298	(45.6)	29	(4.4)	1098	(95.1)
20 and over.....	1596	46	(2.4)	1727	(100.9)	270	(29.7)	16	(2.3)	1578	(177.2)	591	(65.5)	37	(4.2)	1852	(182.6)
2 and over...	2974	44	(1.8)	1515	(84.7)	222	(20.6)	15	(1.9)	1416	(128.2)	504	(46.6)	36	(3.7)	1593	(130.9)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	1341	(222.4)	142	(19.1)	11	(2.4)	1170	(224.3)	286	(35.1)	24	(2.7)	1510	(346.2)
20 and over.....	1622	56	(1.8)	2316	(158.2)	373	(46.2)	16	(2.0)	1851	(61.1)	669	(75.5)	36	(4.3)	2905	(328.8)
2 and over...	2526	54	(2.2)	2074	(140.1)	316	(36.4)	15	(1.7)	1696	(61.9)	582	(61.4)	34	(3.7)	2524	(260.9)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	1592	(169.0)	240	(49.4)	15	(2.6)	1634	(288.2)	439	(87.2)	27	(5.2)	1542	(282.3)
20 and over.....	1468	66	(1.8)	2507	(145.7)	516	(41.6)	21	(1.6)	2252	(110.7)	788	(63.5)	35	(2.4)	2991	(298.3)
2 and over...	2010	64	(1.7)	2347	(122.2)	468	(35.9)	20	(1.4)	2159	(98.6)	735	(57.0)	34	(2.4)	2674	(233.3)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	1303	(97.0)	159	(15.5)	12	(1.5)	1237	(115.6)	332	(28.8)	27	(2.6)	1364	(145.5)
20 and over.....	5047	57	(1.5)	2271	(89.2)	402	(32.7)	18	(1.4)	2026	(63.3)	708	(54.4)	35	(2.4)	2594	(145.6)
2 and over...	8066	55	(1.3)	2037	(80.3)	343	(23.7)	17	(1.2)	1859	(50.6)	628	(42.1)	34	(2.3)	2253	(125.4)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Lycopene: *All Individuals* [3] Total Intake µg	(SE)	Intake from All Restaurants µg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake µg	(SE)	Intake from All Restaurants µg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake µg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	3997	(264.1)	833	(89.1)	21	(2.1)	4146	(204.2)	2056	(176.7)	50	(3.4)	3896	(411.2)
20 and over.....	1596	46	(2.4)	4533	(289.5)	1264	(123.1)	28	(2.8)	5064	(396.8)	2763	(241.4)	55	(5.2)	4086	(411.8)
2 and over...	2974	44	(1.8)	4360	(244.0)	1124	(87.6)	26	(2.0)	4791	(275.6)	2553	(181.1)	53	(3.8)	4021	(334.7)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	4372	(392.5)	1048	(171.0)	24	(3.6)	4243	(516.5)	2111	(271.2)	50	(6.8)	4500	(656.4)
20 and over.....	1622	56	(1.8)	4893	(255.7)	1524	(144.9)	31	(3.0)	4969	(248.4)	2729	(233.4)	55	(3.7)	4798	(428.8)
2 and over...	2526	54	(2.2)	4764	(232.7)	1406	(136.1)	30	(2.9)	4804	(232.0)	2589	(208.2)	54	(3.8)	4717	(375.5)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	3874	(361.2)	918	(76.0)	24	(2.4)	4615	(747.9)	1680	(161.8)	36	(6.7)	2982	(552.8)
20 and over.....	1468	66	(1.8)	5598	(209.4)	1721	(112.2)	31	(2.0)	5477	(290.8)	2625	(184.6)	48	(3.5)	5829	(623.7)
2 and over...	2010	64	(1.7)	5296	(194.1)	1580	(97.7)	30	(1.7)	5347	(294.1)	2483	(169.7)	46	(3.1)	5207	(449.9)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	4126	(210.2)	929	(75.8)	23	(1.6)	4350	(248.3)	1939	(144.1)	45	(3.1)	3920	(306.3)
20 and over.....	5047	57	(1.5)	5021	(136.4)	1506	(83.9)	30	(1.7)	5173	(142.1)	2652	(144.6)	51	(2.7)	4820	(278.7)
2 and over...	8066	55	(1.3)	4805	(121.3)	1366	(67.7)	28	(1.3)	4999	(110.0)	2501	(123.0)	50	(2.3)	4571	(236.6)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Thiamin: *All Individuals* [3] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	1.47	(0.032)	0.22	(0.020)	15	(1.3)	1.50	(0.047)	0.55	(0.031)	37	(1.8)	1.45	(0.036)
20 and over.....	1596	46	(2.4)	1.59	(0.028)	0.35	(0.024)	22	(1.7)	1.73	(0.052)	0.77	(0.026)	45	(2.1)	1.46	(0.037)
2 and over...	2974	44	(1.8)	1.55	(0.022)	0.31	(0.018)	20	(1.2)	1.66	(0.033)	0.71	(0.023)	43	(1.6)	1.46	(0.030)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	1.63	(0.046)	0.34	(0.034)	21	(2.0)	1.68	(0.070)	0.68	(0.045)	40	(2.3)	1.58	(0.100)
20 and over.....	1622	56	(1.8)	1.63	(0.033)	0.42	(0.025)	26	(1.6)	1.64	(0.034)	0.75	(0.037)	46	(1.8)	1.63	(0.067)
2 and over...	2526	54	(2.2)	1.63	(0.031)	0.40	(0.024)	24	(1.4)	1.65	(0.033)	0.73	(0.036)	45	(1.6)	1.61	(0.064)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	1.59	(0.056)	0.27	(0.013)	17	(1.0)	1.58	(0.095)	0.50	(0.029)	32	(2.5)	1.62	(0.072)
20 and over.....	1468	66	(1.8)	1.65	(0.018)	0.45	(0.024)	27	(1.3)	1.63	(0.025)	0.69	(0.025)	42	(1.7)	1.67	(0.056)
2 and over...	2010	64	(1.7)	1.64	(0.019)	0.42	(0.019)	26	(1.1)	1.62	(0.027)	0.66	(0.022)	40	(1.4)	1.66	(0.049)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	1.56	(0.027)	0.28	(0.013)	18	(0.8)	1.59	(0.039)	0.58	(0.025)	37	(1.5)	1.54	(0.036)
20 and over.....	5047	57	(1.5)	1.62	(0.018)	0.41	(0.015)	25	(0.9)	1.65	(0.022)	0.72	(0.013)	44	(0.8)	1.58	(0.031)
2 and over...	8066	55	(1.3)	1.61	(0.018)	0.38	(0.011)	24	(0.7)	1.64	(0.020)	0.69	(0.013)	42	(0.6)	1.57	(0.027)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

R i b o f l a v i n

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	1.82	(0.036)	0.23	(0.024)	12	(1.3)	1.85	(0.067)	0.56	(0.039)	30	(2.0)	1.81	(0.044)
20 and over.....	1596	46	(2.4)	2.06	(0.055)	0.37	(0.023)	18	(1.3)	2.21	(0.087)	0.81	(0.027)	37	(1.6)	1.94	(0.059)
2 and over...	2974	44	(1.8)	1.99	(0.040)	0.32	(0.017)	16	(0.9)	2.10	(0.066)	0.73	(0.024)	35	(1.2)	1.89	(0.041)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	2.13	(0.073)	0.38	(0.036)	18	(1.9)	2.14	(0.095)	0.77	(0.069)	36	(3.3)	2.11	(0.144)
20 and over.....	1622	56	(1.8)	2.18	(0.047)	0.47	(0.029)	21	(1.4)	2.22	(0.073)	0.84	(0.039)	38	(1.8)	2.12	(0.083)
2 and over...	2526	54	(2.2)	2.17	(0.049)	0.45	(0.027)	21	(1.4)	2.20	(0.065)	0.82	(0.037)	37	(1.4)	2.12	(0.079)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	2.06	(0.072)	0.35	(0.031)	17	(1.7)	1.99	(0.068)	0.65	(0.051)	33	(2.5)	2.16	(0.091)
20 and over.....	1468	66	(1.8)	2.25	(0.043)	0.55	(0.032)	25	(1.3)	2.24	(0.050)	0.84	(0.037)	38	(1.8)	2.28	(0.070)
2 and over...	2010	64	(1.7)	2.22	(0.035)	0.52	(0.028)	23	(1.2)	2.20	(0.038)	0.81	(0.032)	37	(1.6)	2.25	(0.061)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	2.00	(0.040)	0.31	(0.017)	16	(0.8)	1.99	(0.036)	0.66	(0.033)	33	(1.6)	2.00	(0.062)
20 and over.....	5047	57	(1.5)	2.18	(0.028)	0.47	(0.016)	22	(0.7)	2.23	(0.044)	0.83	(0.016)	37	(0.9)	2.10	(0.033)
2 and over...	8066	55	(1.3)	2.13	(0.029)	0.43	(0.014)	20	(0.6)	2.18	(0.039)	0.80	(0.014)	36	(0.7)	2.07	(0.034)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

N i a c i n

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	21.5	(0.64)	4.0	(0.54)	19	(2.1)	23.8	(1.34)	9.9	(1.02)	42	(2.3)	19.9	(0.51)
20 and over.....	1596	46	(2.4)	25.9	(0.54)	6.0	(0.42)	23	(1.7)	30.0	(1.13)	13.1	(0.52)	44	(2.0)	22.5	(0.45)
2 and over...	2974	44	(1.8)	24.5	(0.43)	5.4	(0.35)	22	(1.4)	28.1	(0.84)	12.2	(0.53)	43	(1.7)	21.6	(0.36)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	23.3	(0.78)	5.8	(0.69)	25	(2.7)	24.6	(1.40)	11.6	(1.38)	47	(3.8)	22.0	(1.39)
20 and over.....	1622	56	(1.8)	27.0	(0.71)	7.3	(0.39)	27	(1.6)	28.6	(0.98)	13.1	(0.56)	46	(2.1)	25.1	(1.04)
2 and over...	2526	54	(2.2)	26.1	(0.70)	6.9	(0.41)	27	(1.6)	27.7	(0.95)	12.8	(0.65)	46	(1.8)	24.2	(1.04)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	21.8	(1.16)	5.1	(0.63)	24	(2.0)	22.1	(1.44)	9.4	(1.37)	43	(4.0)	21.5	(1.03)
20 and over.....	1468	66	(1.8)	26.3	(0.28)	7.9	(0.41)	30	(1.5)	26.7	(0.43)	12.1	(0.49)	45	(2.1)	25.4	(0.82)
2 and over...	2010	64	(1.7)	25.5	(0.33)	7.4	(0.32)	29	(1.2)	26.0	(0.48)	11.7	(0.48)	45	(1.8)	24.5	(0.67)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	22.2	(0.45)	4.9	(0.38)	22	(1.4)	23.5	(0.78)	10.3	(0.87)	44	(2.4)	21.1	(0.46)
20 and over.....	5047	57	(1.5)	26.5	(0.24)	7.2	(0.23)	27	(0.9)	28.0	(0.46)	12.6	(0.26)	45	(1.1)	24.5	(0.33)
2 and over...	8066	55	(1.3)	25.4	(0.24)	6.6	(0.20)	26	(0.8)	27.0	(0.50)	12.1	(0.31)	45	(0.9)	23.5	(0.26)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake mg	(SE)
Vitamin B6																	
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	1.73	(0.063)	0.24	(0.040)	14	(2.0)	1.78	(0.109)	0.58	(0.082)	33	(3.2)	1.70	(0.060)
20 and over.....	1596	46	(2.4)	2.13	(0.080)	0.38	(0.027)	18	(1.5)	2.36	(0.151)	0.82	(0.038)	35	(2.2)	1.93	(0.059)
2 and over...	2974	44	(1.8)	2.00	(0.062)	0.33	(0.025)	17	(1.3)	2.19	(0.115)	0.75	(0.043)	34	(2.0)	1.85	(0.053)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	1.89	(0.081)	0.36	(0.054)	19	(2.9)	1.89	(0.119)	0.73	(0.127)	39	(5.2)	1.89	(0.142)
20 and over.....	1622	56	(1.8)	2.25	(0.079)	0.47	(0.028)	21	(1.8)	2.33	(0.117)	0.85	(0.038)	37	(2.9)	2.15	(0.088)
2 and over...	2526	54	(2.2)	2.16	(0.074)	0.45	(0.027)	21	(1.6)	2.23	(0.099)	0.82	(0.046)	37	(2.4)	2.08	(0.086)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	1.82	(0.105)	0.33	(0.047)	18	(2.1)	1.73	(0.106)	0.61	(0.097)	35	(4.2)	1.93	(0.135)
20 and over.....	1468	66	(1.8)	2.20	(0.032)	0.55	(0.033)	25	(1.5)	2.17	(0.059)	0.84	(0.042)	39	(2.3)	2.24	(0.072)
2 and over...	2010	64	(1.7)	2.13	(0.029)	0.51	(0.027)	24	(1.2)	2.11	(0.050)	0.81	(0.040)	38	(2.1)	2.18	(0.059)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	1.81	(0.039)	0.30	(0.029)	17	(1.4)	1.80	(0.063)	0.64	(0.068)	35	(2.8)	1.83	(0.050)
20 and over.....	5047	57	(1.5)	2.20	(0.030)	0.48	(0.017)	22	(0.9)	2.26	(0.052)	0.84	(0.022)	37	(1.5)	2.12	(0.035)
2 and over...	8066	55	(1.3)	2.11	(0.028)	0.44	(0.014)	21	(0.7)	2.16	(0.050)	0.80	(0.025)	37	(1.2)	2.04	(0.026)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake µg	(SE)	*All Individuals* [3] Intake from All Restaurants µg	(SE)	*All Individuals* [3] Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake µg	(SE)	*All Restaurant Consumers* [4] Intake from All Restaurants µg	(SE)	*All Restaurant Consumers* [4] Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake µg	(SE)
Folate (DFE)																	
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	496	(16.1)	68	(5.9)	14	(1.2)	491	(14.9)	169	(8.6)	34	(1.9)	499	(20.3)
20 and over.....	1596	46	(2.4)	526	(19.4)	107	(8.2)	20	(1.9)	563	(24.8)	233	(12.3)	41	(2.4)	495	(24.8)
2 and over...	2974	44	(1.8)	517	(16.5)	94	(6.0)	18	(1.4)	542	(17.6)	214	(9.5)	39	(2.0)	497	(21.0)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	521	(30.2)	90	(8.8)	17	(1.8)	536	(30.8)	182	(7.3)	34	(1.8)	506	(48.9)
20 and over.....	1622	56	(1.8)	522	(16.9)	121	(6.1)	23	(1.5)	514	(12.0)	217	(8.8)	42	(1.8)	532	(30.2)
2 and over...	2526	54	(2.2)	522	(16.8)	114	(5.7)	22	(1.4)	519	(12.0)	209	(7.5)	40	(1.5)	525	(29.4)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	497	(14.9)	83	(6.1)	17	(1.3)	490	(29.1)	152	(10.3)	31	(2.7)	506	(29.1)
20 and over.....	1468	66	(1.8)	536	(8.2)	136	(7.5)	25	(1.4)	522	(12.8)	208	(9.6)	40	(2.1)	562	(18.2)
2 and over...	2010	64	(1.7)	529	(6.6)	127	(5.8)	24	(1.1)	517	(11.8)	199	(8.1)	39	(1.7)	550	(15.8)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	510	(12.7)	81	(3.7)	16	(0.7)	507	(14.1)	170	(5.5)	33	(1.2)	513	(16.3)
20 and over.....	5047	57	(1.5)	528	(8.7)	122	(5.0)	23	(0.9)	530	(6.7)	216	(5.8)	41	(1.1)	525	(14.0)
2 and over...	8066	55	(1.3)	524	(8.0)	112	(3.7)	21	(0.7)	525	(6.2)	206	(4.5)	39	(0.8)	522	(12.1)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Choline: *All Individuals* [3] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	248	(5.9)	38	(4.6)	15	(1.7)	263	(16.0)	94	(8.5)	36	(2.1)	238	(7.0)
20 and over.....	1596	46	(2.4)	327	(6.4)	68	(4.4)	21	(1.6)	339	(9.9)	148	(4.0)	44	(1.7)	317	(9.1)
2 and over...	2974	44	(1.8)	301	(4.9)	58	(3.4)	19	(1.3)	316	(7.5)	132	(4.1)	42	(1.3)	289	(8.1)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	269	(7.2)	56	(7.4)	21	(2.8)	277	(14.2)	113	(11.9)	41	(3.7)	262	(13.4)
20 and over.....	1622	56	(1.8)	343	(7.1)	91	(5.8)	27	(1.6)	356	(10.1)	163	(8.1)	46	(1.7)	328	(11.2)
2 and over...	2526	54	(2.2)	325	(6.9)	82	(5.4)	25	(1.5)	338	(10.3)	152	(7.1)	45	(1.4)	310	(10.6)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	251	(9.9)	51	(5.3)	20	(2.0)	244	(11.4)	94	(9.5)	39	(2.7)	259	(14.4)
20 and over.....	1468	66	(1.8)	343	(6.5)	101	(5.8)	30	(1.5)	346	(7.3)	154	(6.7)	45	(2.0)	336	(11.7)
2 and over...	2010	64	(1.7)	327	(4.9)	92	(4.8)	28	(1.3)	331	(5.3)	145	(6.0)	44	(1.8)	320	(9.1)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	256	(3.8)	48	(3.0)	19	(1.0)	261	(7.3)	101	(6.6)	39	(1.8)	251	(4.8)
20 and over.....	5047	57	(1.5)	339	(3.9)	88	(3.1)	26	(0.9)	348	(5.2)	155	(3.7)	45	(1.1)	326	(6.4)
2 and over...	8066	55	(1.3)	319	(3.5)	78	(2.4)	25	(0.8)	330	(4.9)	144	(3.3)	44	(0.9)	305	(4.9)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Vitamin B12 — *All Individuals* [3]: Total Intake µg	(SE)	Intake from All Restaurants µg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4]: Total Intake µg	(SE)	Intake from All Restaurants µg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5]: Total Intake µg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	4.48	(0.127)	0.54	(0.049)	12	(1.2)	4.42	(0.172)	1.34	(0.074)	30	(2.2)	4.51	(0.150)
20 and over.....	1596	46	(2.4)	4.82	(0.141)	1.01	(0.075)	21	(1.6)	5.60	(0.302)	2.21	(0.090)	39	(2.3)	4.16	(0.143)
2 and over...	2974	44	(1.8)	4.71	(0.105)	0.86	(0.058)	18	(1.2)	5.25	(0.228)	1.95	(0.078)	37	(1.8)	4.28	(0.119)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	5.00	(0.271)	0.82	(0.084)	16	(1.7)	4.95	(0.366)	1.65	(0.254)	33	(4.3)	5.04	(0.409)
20 and over.....	1622	56	(1.8)	5.11	(0.221)	1.29	(0.118)	25	(2.3)	5.52	(0.316)	2.31	(0.186)	42	(2.9)	4.58	(0.261)
2 and over...	2526	54	(2.2)	5.08	(0.217)	1.17	(0.101)	23	(2.0)	5.39	(0.289)	2.16	(0.177)	40	(2.3)	4.71	(0.279)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	4.88	(0.327)	0.99	(0.212)	20	(3.5)	4.72	(0.434)	1.81	(0.428)	38	(6.1)	5.07	(0.264)
20 and over.....	1468	66	(1.8)	4.88	(0.117)	1.25	(0.083)	26	(1.5)	4.79	(0.193)	1.90	(0.104)	40	(2.4)	5.04	(0.167)
2 and over...	2010	64	(1.7)	4.88	(0.107)	1.20	(0.068)	25	(1.2)	4.78	(0.178)	1.89	(0.104)	39	(2.0)	5.05	(0.134)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	4.78	(0.104)	0.76	(0.072)	16	(1.4)	4.69	(0.175)	1.58	(0.160)	34	(2.8)	4.87	(0.166)
20 and over.....	5047	57	(1.5)	4.95	(0.075)	1.19	(0.048)	24	(0.9)	5.20	(0.104)	2.09	(0.072)	40	(1.3)	4.62	(0.135)
2 and over...	8066	55	(1.3)	4.91	(0.067)	1.08	(0.040)	22	(0.8)	5.09	(0.100)	1.98	(0.069)	39	(1.0)	4.69	(0.125)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

				Vitamin C													
				All Individuals [3]						*All Restaurant Consumers* [4]						*Non-consumers* [5]	
Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	Total Intake mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	73.0	(3.05)	6.2	(1.41)	8	(1.9)	67.7	(3.89)	15.2	(3.09)	22	(4.2)	76.5	(3.29)
20 and over.....	1596	46	(2.4)	75.5	(3.81)	8.6	(0.81)	11	(1.1)	78.4	(5.92)	18.8	(1.40)	24	(1.6)	73.1	(4.72)
2 and over...	2974	44	(1.8)	74.7	(2.60)	7.8	(0.76)	10	(1.0)	75.2	(4.20)	17.7	(1.39)	24	(1.7)	74.3	(3.47)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	69.7	(3.29)	6.2	(0.90)	9	(1.5)	65.3	(4.02)	12.4	(1.51)	19	(2.5)	74.0	(6.46)
20 and over.....	1622	56	(1.8)	80.8	(2.31)	11.5	(0.81)	14	(1.0)	74.4	(3.65)	20.6	(1.24)	28	(1.6)	88.8	(3.71)
2 and over...	2526	54	(2.2)	78.0	(2.13)	10.2	(0.75)	13	(1.0)	72.3	(3.36)	18.7	(1.10)	26	(1.5)	84.8	(4.00)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	75.7	(3.82)	6.6	(1.09)	9	(1.4)	71.5	(2.88)	12.1	(1.67)	17	(2.2)	80.7	(6.60)
20 and over.....	1468	66	(1.8)	79.3	(2.40)	13.9	(1.20)	18	(1.4)	77.1	(2.87)	21.2	(1.46)	28	(1.8)	83.6	(2.57)
2 and over...	2010	64	(1.7)	78.7	(2.49)	12.6	(1.05)	16	(1.2)	76.3	(2.58)	19.9	(1.35)	26	(1.7)	82.9	(3.32)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	72.9	(1.78)	6.3	(0.53)	9	(0.7)	68.2	(2.22)	13.2	(1.09)	19	(1.3)	77.1	(2.28)
20 and over.....	5047	57	(1.5)	79.1	(1.67)	11.7	(0.55)	15	(0.6)	76.8	(2.23)	20.6	(0.72)	27	(0.6)	82.1	(2.07)
2 and over...	8066	55	(1.3)	77.6	(1.25)	10.4	(0.46)	13	(0.5)	75.0	(1.79)	19.0	(0.68)	25	(0.6)	80.8	(1.61)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

				Vitamin D													
				All Individuals [3]						*All Restaurant Consumers* [4]						*Non-consumers* [5]	
Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Total Intake µg	(SE)	Intake from All Restaurants µg	(SE)	Percentages from [7] All Restaurants %	(SE)	Total Intake µg	(SE)	Intake from All Restaurants µg	(SE)	Percentages from [7] All Restaurants %	(SE)	Total Intake µg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	5.0	(0.13)	0.2	(0.04)	5	(0.8)	4.4	(0.21)	0.6	(0.08)	14	(2.1)	5.4	(0.14)
20 and over.....	1596	46	(2.4)	4.4	(0.13)	0.6	(0.07)	14	(1.6)	4.5	(0.27)	1.3	(0.13)	30	(2.6)	4.4	(0.19)
2 and over...	2974	44	(1.8)	4.6	(0.10)	0.5	(0.05)	11	(1.1)	4.4	(0.20)	1.1	(0.10)	25	(2.0)	4.7	(0.14)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	5.5	(0.28)	0.4	(0.04)	7	(1.0)	5.1	(0.41)	0.8	(0.10)	15	(2.1)	5.9	(0.39)
20 and over.....	1622	56	(1.8)	4.7	(0.30)	0.6	(0.05)	13	(1.5)	4.3	(0.24)	1.1	(0.09)	25	(2.2)	5.2	(0.55)
2 and over...	2526	54	(2.2)	4.9	(0.24)	0.5	(0.04)	11	(1.2)	4.5	(0.19)	1.0	(0.08)	22	(1.7)	5.4	(0.44)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	5.3	(0.30)	0.5	(0.05)	9	(1.0)	4.6	(0.29)	0.9	(0.10)	20	(1.9)	6.1	(0.42)
20 and over.....	1468	66	(1.8)	5.0	(0.23)	0.9	(0.09)	19	(1.9)	4.8	(0.28)	1.4	(0.13)	30	(2.8)	5.4	(0.31)
2 and over...	2010	64	(1.7)	5.1	(0.19)	0.9	(0.08)	17	(1.7)	4.8	(0.23)	1.4	(0.11)	29	(2.5)	5.6	(0.26)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	5.3	(0.10)	0.4	(0.03)	7	(0.5)	4.7	(0.15)	0.8	(0.06)	16	(1.2)	5.8	(0.17)
20 and over.....	5047	57	(1.5)	4.7	(0.16)	0.7	(0.05)	16	(1.0)	4.6	(0.18)	1.3	(0.08)	28	(1.5)	4.9	(0.26)
2 and over...	8066	55	(1.3)	4.9	(0.12)	0.6	(0.04)	13	(0.8)	4.6	(0.15)	1.2	(0.07)	26	(1.2)	5.2	(0.20)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Vitamin E (alphatocopherol)																			
				All Individuals [3]						*All Restaurant Consumers* [4]						*Non-consumers* [5]	
Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	Total Intake mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	7.0	(0.26)	1.0	(0.10)	15	(1.4)	7.4	(0.42)	2.6	(0.20)	35	(2.3)	6.7	(0.30)
20 and over.....	1596	46	(2.4)	8.4	(0.28)	1.6	(0.12)	19	(1.8)	9.0	(0.44)	3.5	(0.17)	39	(2.4)	7.8	(0.37)
2 and over...	2974	44	(1.8)	7.9	(0.21)	1.4	(0.09)	18	(1.4)	8.5	(0.31)	3.2	(0.14)	38	(2.1)	7.4	(0.31)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	7.6	(0.69)	1.4	(0.17)	19	(2.9)	7.4	(0.34)	2.9	(0.26)	39	(3.5)	7.9	(1.48)
20 and over.....	1622	56	(1.8)	9.6	(0.37)	2.0	(0.12)	21	(1.6)	9.4	(0.38)	3.6	(0.16)	38	(2.1)	9.8	(0.60)
2 and over...	2526	54	(2.2)	9.1	(0.32)	1.9	(0.11)	21	(1.6)	9.0	(0.30)	3.5	(0.15)	38	(1.8)	9.3	(0.60)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	7.2	(0.32)	1.5	(0.12)	20	(1.7)	7.4	(0.25)	2.7	(0.23)	36	(2.7)	7.1	(0.51)
20 and over.....	1468	66	(1.8)	9.9	(0.16)	2.4	(0.12)	24	(1.0)	9.9	(0.19)	3.7	(0.13)	37	(1.7)	10.0	(0.37)
2 and over...	2010	64	(1.7)	9.5	(0.13)	2.2	(0.09)	24	(0.9)	9.5	(0.18)	3.5	(0.11)	37	(1.4)	9.4	(0.25)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	7.2	(0.29)	1.3	(0.08)	18	(1.2)	7.3	(0.18)	2.7	(0.16)	37	(2.0)	7.1	(0.54)
20 and over.....	5047	57	(1.5)	9.4	(0.18)	2.0	(0.07)	22	(0.7)	9.6	(0.20)	3.6	(0.07)	38	(1.0)	9.2	(0.24)
2 and over...	8066	55	(1.3)	8.9	(0.16)	1.9	(0.06)	21	(0.7)	9.1	(0.17)	3.4	(0.07)	38	(0.8)	8.6	(0.27)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake µg	(SE)	Intake from All Restaurants µg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake µg	(SE)	Intake from All Restaurants µg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake µg	(SE)
Vitamin K																	
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	66.2	(3.29)	11.2	(1.19)	17	(2.0)	70.2	(4.09)	27.6	(2.05)	39	(3.4)	63.5	(4.04)
20 and over.....	1596	46	(2.4)	102.3	(5.53)	23.9	(2.51)	23	(2.7)	105.4	(11.12)	52.2	(5.18)	50	(3.7)	99.8	(8.97)
2 and over...	2974	44	(1.8)	90.7	(3.97)	19.8	(1.76)	22	(2.2)	94.9	(7.62)	44.9	(3.88)	47	(3.2)	87.3	(6.14)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	72.7	(5.64)	14.9	(1.95)	21	(3.1)	68.2	(4.40)	30.0	(3.52)	44	(3.3)	77.1	(9.93)
20 and over.....	1622	56	(1.8)	120.0	(7.04)	29.5	(2.70)	25	(2.1)	108.7	(4.66)	52.8	(4.51)	49	(2.7)	134.4	(12.88)
2 and over...	2526	54	(2.2)	108.3	(5.47)	25.9	(2.05)	24	(1.9)	99.5	(3.58)	47.7	(3.61)	48	(2.3)	118.7	(10.32)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	79.2	(6.63)	18.0	(3.24)	23	(3.4)	80.0	(7.80)	33.0	(5.36)	41	(6.3)	78.3	(9.47)
20 and over.....	1468	66	(1.8)	136.4	(4.26)	40.1	(3.34)	29	(2.5)	130.1	(3.88)	61.2	(4.84)	47	(3.7)	148.5	(8.63)
2 and over...	2010	64	(1.7)	126.4	(4.15)	36.3	(2.61)	29	(2.1)	122.6	(3.82)	57.0	(4.07)	46	(3.4)	133.2	(7.21)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	72.2	(3.02)	14.6	(1.06)	20	(1.5)	73.8	(3.69)	30.4	(2.23)	41	(3.2)	70.8	(4.46)
20 and over.....	5047	57	(1.5)	123.0	(3.16)	31.8	(2.40)	26	(1.8)	119.6	(2.92)	56.0	(3.69)	47	(2.5)	127.5	(5.17)
2 and over...	8066	55	(1.3)	110.7	(2.76)	27.6	(1.76)	25	(1.5)	109.9	(2.56)	50.6	(2.97)	46	(2.2)	111.8	(4.43)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Calcium																			
				All Individuals [3]						*All Restaurant Consumers* [4]						*Non-consumers* [5]	
Family income as % of Federal poverty threshold and age	Sample Size	Percent Reporting [6]		Total Intake		Intake from All Restaurants		Percentages from [7] All Restaurants		Total Intake		Intake from All Restaurants		Percentages from [7] All Restaurants		Total Intake	
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	954	(23.8)	127	(11.9)	13	(1.3)	963	(27.7)	314	(17.7)	33	(2.1)	948	(32.7)
20 and over.....	1596	46	(2.4)	937	(21.0)	190	(13.1)	20	(1.4)	1014	(28.1)	414	(17.4)	41	(1.8)	873	(31.0)
2 and over...	2974	44	(1.8)	942	(18.6)	169	(9.7)	18	(1.0)	999	(19.6)	385	(14.0)	39	(1.3)	898	(25.7)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	1029	(34.1)	172	(15.3)	17	(1.4)	1080	(55.7)	347	(15.5)	32	(1.9)	979	(34.0)
20 and over.....	1622	56	(1.8)	968	(16.4)	214	(12.5)	22	(1.3)	978	(28.1)	384	(20.0)	39	(1.5)	955	(19.5)
2 and over...	2526	54	(2.2)	983	(15.4)	204	(10.0)	21	(1.1)	1001	(21.0)	375	(16.4)	37	(1.2)	962	(22.4)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	1099	(45.6)	182	(15.2)	17	(1.5)	1058	(46.8)	332	(26.5)	31	(2.0)	1147	(55.6)
20 and over.....	1468	66	(1.8)	983	(23.6)	241	(14.9)	24	(1.3)	977	(24.4)	367	(18.7)	38	(1.8)	995	(48.1)
2 and over...	2010	64	(1.7)	1003	(23.3)	230	(12.3)	23	(1.1)	989	(21.4)	362	(16.2)	37	(1.5)	1028	(48.0)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	1020	(19.2)	158	(7.7)	16	(0.7)	1029	(22.4)	331	(10.5)	32	(1.0)	1012	(24.7)
20 and over.....	5047	57	(1.5)	965	(11.8)	217	(8.7)	22	(0.8)	987	(13.6)	382	(9.3)	39	(0.9)	937	(21.2)
2 and over...	8066	55	(1.3)	978	(11.2)	203	(6.9)	21	(0.6)	996	(10.0)	371	(7.6)	37	(0.7)	957	(20.9)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

P h o s p h o r u s

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	1215	(20.1)	201	(20.9)	17	(1.7)	1297	(48.5)	497	(36.3)	38	(2.2)	1160	(29.6)
20 and over.....	1596	46	(2.4)	1339	(20.1)	306	(19.7)	23	(1.5)	1462	(33.0)	669	(19.8)	46	(1.7)	1236	(30.3)
2 and over...	2974	44	(1.8)	1299	(16.3)	272	(15.4)	21	(1.2)	1413	(22.7)	618	(19.1)	44	(1.3)	1209	(25.1)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	1305	(30.7)	284	(25.7)	22	(1.9)	1384	(60.6)	571	(29.7)	41	(2.3)	1226	(36.4)
20 and over.....	1622	56	(1.8)	1413	(25.2)	369	(19.6)	26	(1.4)	1445	(37.9)	660	(26.8)	46	(1.6)	1371	(30.9)
2 and over...	2526	54	(2.2)	1386	(21.7)	348	(17.7)	25	(1.3)	1432	(35.1)	640	(23.4)	45	(1.3)	1332	(29.3)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	1315	(48.1)	269	(19.4)	20	(1.7)	1271	(44.8)	492	(34.9)	39	(2.3)	1368	(67.4)
20 and over.....	1468	66	(1.8)	1432	(20.6)	405	(20.8)	28	(1.2)	1439	(23.8)	618	(23.6)	43	(1.8)	1418	(51.3)
2 and over...	2010	64	(1.7)	1411	(18.5)	381	(17.0)	27	(1.0)	1414	(21.3)	599	(21.1)	42	(1.5)	1407	(43.0)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	1272	(15.9)	249	(10.2)	20	(0.7)	1313	(19.9)	519	(20.1)	40	(1.4)	1235	(23.8)
20 and over.....	5047	57	(1.5)	1399	(11.9)	364	(12.6)	26	(0.8)	1445	(18.0)	641	(12.3)	44	(0.9)	1339	(24.3)
2 and over...	8066	55	(1.3)	1369	(11.0)	336	(9.8)	25	(0.6)	1417	(16.2)	615	(11.5)	43	(0.7)	1310	(20.6)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Magnesium																	
				All Individuals [3]						*All Restaurant Consumers* [4]						*Non-consumers* [5]	
Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	Total Intake mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	226	(4.5)	30	(3.1)	13	(1.3)	229	(8.7)	73	(5.1)	32	(1.9)	223	(6.0)
20 and over.....	1596	46	(2.4)	281	(4.8)	47	(3.1)	17	(1.3)	294	(9.3)	103	(3.4)	35	(1.5)	270	(5.5)
2 and over...	2974	44	(1.8)	263	(4.3)	42	(2.3)	16	(1.0)	274	(6.4)	94	(3.0)	34	(1.2)	254	(5.1)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	239	(6.4)	43	(4.5)	18	(1.9)	243	(8.8)	86	(5.8)	35	(2.3)	236	(12.7)
20 and over.....	1622	56	(1.8)	303	(6.0)	60	(3.2)	20	(1.2)	290	(5.5)	107	(4.3)	37	(1.5)	320	(12.4)
2 and over...	2526	54	(2.2)	288	(5.6)	56	(2.9)	19	(1.1)	279	(5.4)	102	(3.6)	37	(1.2)	297	(10.9)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	243	(7.6)	41	(2.9)	17	(1.3)	235	(6.1)	75	(4.9)	32	(2.1)	253	(12.1)
20 and over.....	1468	66	(1.8)	323	(5.1)	75	(3.5)	23	(0.9)	319	(6.2)	114	(4.1)	36	(1.5)	329	(12.6)
2 and over...	2010	64	(1.7)	309	(3.8)	69	(2.9)	22	(0.8)	307	(5.1)	108	(3.7)	35	(1.4)	312	(9.3)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	235	(3.1)	37	(1.7)	16	(0.7)	235	(3.4)	77	(3.3)	33	(1.3)	235	(4.9)
20 and over.....	5047	57	(1.5)	305	(3.4)	62	(2.4)	20	(0.7)	305	(4.8)	109	(2.2)	36	(0.8)	306	(6.0)
2 and over...	8066	55	(1.3)	288	(3.1)	56	(1.8)	19	(0.6)	290	(4.1)	102	(1.9)	35	(0.7)	286	(4.6)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Iron: *All Individuals* [3] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	13.6	(0.31)	1.8	(0.15)	13	(1.1)	13.7	(0.40)	4.4	(0.20)	33	(1.6)	13.5	(0.38)
20 and over.....	1596	46	(2.4)	14.4	(0.33)	2.9	(0.21)	20	(1.6)	15.4	(0.46)	6.3	(0.24)	41	(2.2)	13.5	(0.44)
2 and over...	2974	44	(1.8)	14.1	(0.30)	2.5	(0.16)	18	(1.3)	14.9	(0.33)	5.7	(0.21)	39	(1.8)	13.5	(0.37)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	14.3	(0.62)	2.6	(0.23)	18	(1.8)	14.3	(0.47)	5.2	(0.27)	36	(2.3)	14.3	(1.28)
20 and over.....	1622	56	(1.8)	14.8	(0.37)	3.4	(0.19)	23	(1.5)	14.4	(0.28)	6.1	(0.27)	43	(1.7)	15.2	(0.72)
2 and over...	2526	54	(2.2)	14.6	(0.37)	3.2	(0.18)	22	(1.4)	14.4	(0.25)	5.9	(0.25)	41	(1.6)	15.0	(0.75)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	13.8	(0.43)	2.4	(0.17)	17	(1.3)	13.4	(0.61)	4.3	(0.29)	32	(2.4)	14.2	(0.79)
20 and over.....	1468	66	(1.8)	14.4	(0.15)	3.7	(0.20)	26	(1.2)	14.1	(0.25)	5.7	(0.23)	40	(1.8)	15.0	(0.46)
2 and over...	2010	64	(1.7)	14.3	(0.12)	3.5	(0.15)	24	(1.0)	14.0	(0.24)	5.5	(0.18)	39	(1.5)	14.8	(0.40)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	13.9	(0.23)	2.2	(0.10)	16	(0.8)	13.8	(0.21)	4.6	(0.17)	34	(1.3)	14.0	(0.35)
20 and over.....	5047	57	(1.5)	14.5	(0.14)	3.4	(0.12)	23	(0.8)	14.6	(0.11)	5.9	(0.11)	41	(0.8)	14.5	(0.31)
2 and over...	8066	55	(1.3)	14.4	(0.14)	3.1	(0.09)	21	(0.7)	14.4	(0.10)	5.7	(0.10)	39	(0.7)	14.4	(0.28)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	Zinc: *All Individuals* [3] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	9.7	(0.24)	1.4	(0.13)	14	(1.4)	9.6	(0.34)	3.4	(0.21)	36	(2.1)	9.8	(0.30)
20 and over.....	1596	46	(2.4)	10.8	(0.28)	2.3	(0.16)	22	(1.6)	11.6	(0.38)	5.1	(0.17)	44	(2.2)	10.1	(0.32)
2 and over...	2974	44	(1.8)	10.4	(0.23)	2.0	(0.12)	19	(1.2)	11.0	(0.28)	4.6	(0.15)	42	(1.7)	10.0	(0.28)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	10.4	(0.46)	2.0	(0.15)	19	(1.8)	10.5	(0.51)	3.9	(0.25)	38	(2.7)	10.4	(0.95)
20 and over.....	1622	56	(1.8)	11.4	(0.19)	3.0	(0.18)	26	(1.6)	11.6	(0.18)	5.4	(0.24)	46	(1.9)	11.3	(0.40)
2 and over...	2526	54	(2.2)	11.2	(0.23)	2.7	(0.15)	24	(1.5)	11.3	(0.19)	5.0	(0.20)	44	(1.5)	11.0	(0.50)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	10.2	(0.39)	1.8	(0.22)	18	(2.3)	9.7	(0.34)	3.3	(0.35)	34	(3.2)	10.8	(0.59)
20 and over.....	1468	66	(1.8)	11.3	(0.18)	3.1	(0.19)	27	(1.4)	11.2	(0.22)	4.7	(0.23)	42	(2.0)	11.4	(0.37)
2 and over...	2010	64	(1.7)	11.1	(0.13)	2.9	(0.15)	26	(1.2)	11.0	(0.18)	4.5	(0.19)	41	(1.7)	11.2	(0.31)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	10.1	(0.16)	1.7	(0.08)	17	(0.8)	9.9	(0.19)	3.5	(0.15)	36	(1.5)	10.3	(0.34)
20 and over.....	5047	57	(1.5)	11.2	(0.09)	2.8	(0.11)	25	(1.0)	11.4	(0.11)	5.0	(0.13)	44	(1.1)	10.9	(0.20)
2 and over...	8066	55	(1.3)	10.9	(0.09)	2.6	(0.08)	23	(0.8)	11.1	(0.10)	4.7	(0.10)	42	(0.8)	10.8	(0.21)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	All Individuals [3] Total Intake mg	(SE)	All Individuals [3] Intake from All Restaurants mg	(SE)	All Individuals [3] Percentages from [7] All Restaurants %	(SE)	All Restaurant Consumers [4] Total Intake mg	(SE)	All Restaurant Consumers [4] Intake from All Restaurants mg	(SE)	All Restaurant Consumers [4] Percentages from [7] All Restaurants %	(SE)	Non-consumers [5] Total Intake mg	(SE)
Copper																	
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	0.9	(0.02)	0.1	(0.01)	13	(1.2)	0.9	(0.04)	0.3	(0.02)	32	(1.8)	0.9	(0.03)
20 and over.....	1596	46	(2.4)	1.1	(0.02)	0.2	(0.01)	17	(1.3)	1.2	(0.03)	0.4	(0.01)	36	(1.7)	1.1	(0.03)
2 and over...	2974	44	(1.8)	1.0	(0.02)	0.2	(0.01)	16	(1.1)	1.1	(0.03)	0.4	(0.01)	35	(1.5)	1.0	(0.02)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	0.9	(0.03)	0.2	(0.02)	18	(1.9)	0.9	(0.03)	0.3	(0.02)	36	(2.1)	0.9	(0.06)
20 and over.....	1622	56	(1.8)	1.2	(0.03)	0.3	(0.02)	20	(1.6)	1.2	(0.03)	0.5	(0.03)	38	(2.0)	1.3	(0.06)
2 and over...	2526	54	(2.2)	1.2	(0.03)	0.2	(0.02)	20	(1.4)	1.1	(0.02)	0.4	(0.02)	38	(1.6)	1.2	(0.05)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	1.0	(0.03)	0.2	(0.02)	17	(1.6)	1.0	(0.03)	0.3	(0.02)	32	(2.3)	1.0	(0.05)
20 and over.....	1468	66	(1.8)	1.3	(0.03)	0.3	(0.02)	22	(0.9)	1.3	(0.02)	0.4	(0.02)	34	(1.4)	1.4	(0.06)
2 and over...	2010	64	(1.7)	1.3	(0.02)	0.3	(0.01)	21	(0.8)	1.2	(0.01)	0.4	(0.01)	34	(1.3)	1.3	(0.04)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	0.9	(0.01)	0.1	(0.01)	16	(0.7)	0.9	(0.01)	0.3	(0.01)	33	(1.2)	0.9	(0.02)
20 and over.....	5047	57	(1.5)	1.2	(0.01)	0.2	(0.01)	20	(0.7)	1.2	(0.01)	0.4	(0.01)	36	(0.9)	1.2	(0.03)
2 and over...	8066	55	(1.3)	1.2	(0.01)	0.2	(0.01)	19	(0.6)	1.2	(0.01)	0.4	(0.01)	35	(0.8)	1.2	(0.02)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Selenium																			
				All Individuals [3]						*All Restaurant Consumers* [4]						*Non-consumers* [5]	
Family income as % of Federal poverty threshold and age	Sample Size	Percent Reporting [6]		Total Intake		Intake from All Restaurants		Percentages from [7] All Restaurants		Total Intake		Intake from All Restaurants		Percentages from [7] All Restaurants		Total Intake	
(years)		%	(SE)	µg	(SE)	µg	(SE)	%	(SE)	µg	(SE)	µg	(SE)	%	(SE)	µg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	95.6	(1.73)	18.2	(2.24)	19	(2.1)	103.1	(5.48)	45.0	(4.20)	44	(2.5)	90.6	(2.22)
20 and over.....	1596	46	(2.4)	113.3	(1.63)	28.3	(1.93)	25	(1.7)	122.9	(2.86)	61.9	(2.07)	50	(1.9)	105.3	(2.25)
2 and over...	2974	44	(1.8)	107.6	(1.08)	25.1	(1.51)	23	(1.4)	117.0	(1.91)	56.9	(1.89)	49	(1.5)	100.2	(1.55)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	101.9	(2.35)	24.9	(2.87)	24	(2.6)	109.2	(4.59)	50.2	(3.73)	46	(2.6)	94.7	(3.51)
20 and over.....	1622	56	(1.8)	116.8	(2.49)	35.5	(1.95)	30	(1.6)	122.1	(3.39)	63.5	(2.57)	52	(2.0)	110.0	(2.86)
2 and over...	2526	54	(2.2)	113.1	(2.39)	32.9	(1.91)	29	(1.6)	119.2	(3.41)	60.5	(2.41)	51	(1.6)	105.8	(2.69)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	95.0	(2.99)	22.1	(1.87)	23	(2.0)	93.6	(2.72)	40.4	(3.49)	43	(2.8)	96.7	(5.30)
20 and over.....	1468	66	(1.8)	119.6	(1.61)	37.9	(2.20)	32	(1.5)	121.6	(1.87)	57.9	(2.69)	48	(2.1)	115.8	(3.43)
2 and over...	2010	64	(1.7)	115.3	(1.44)	35.1	(1.78)	30	(1.3)	117.4	(1.65)	55.2	(2.41)	47	(1.9)	111.6	(2.91)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	97.7	(1.25)	21.7	(1.18)	22	(1.1)	101.9	(1.92)	45.3	(2.47)	44	(1.7)	93.9	(1.78)
20 and over.....	5047	57	(1.5)	117.0	(1.03)	34.4	(1.31)	29	(1.1)	122.2	(1.80)	60.6	(1.55)	50	(1.3)	110.1	(1.15)
2 and over...	8066	55	(1.3)	112.3	(0.99)	31.3	(0.98)	28	(0.8)	117.9	(1.76)	57.4	(1.37)	49	(1.1)	105.6	(0.92)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake mg	(SE)
Potassium																	
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	2084	(36.5)	295	(32.3)	14	(1.5)	2119	(78.2)	728	(55.1)	34	(2.2)	2061	(51.5)
20 and over.....	1596	46	(2.4)	2456	(40.0)	484	(32.0)	20	(1.4)	2605	(73.4)	1058	(32.1)	41	(1.5)	2331	(49.4)
2 and over...	2974	44	(1.8)	2336	(34.2)	423	(24.4)	18	(1.1)	2461	(51.0)	960	(30.2)	39	(1.2)	2238	(45.6)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	2211	(54.9)	415	(45.9)	19	(2.2)	2215	(88.7)	836	(69.5)	38	(2.8)	2207	(90.2)
20 and over.....	1622	56	(1.8)	2654	(36.1)	613	(31.6)	23	(1.2)	2642	(45.1)	1098	(39.9)	42	(1.4)	2670	(58.0)
2 and over...	2526	54	(2.2)	2544	(36.2)	564	(30.4)	22	(1.2)	2545	(48.8)	1038	(37.2)	41	(1.2)	2543	(52.2)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	2232	(72.1)	414	(30.1)	19	(1.3)	2156	(58.4)	757	(61.0)	35	(2.3)	2323	(103.1)
20 and over.....	1468	66	(1.8)	2784	(45.4)	720	(39.7)	26	(1.2)	2750	(47.7)	1099	(45.9)	40	(1.8)	2849	(93.6)
2 and over...	2010	64	(1.7)	2687	(39.5)	667	(32.9)	25	(1.0)	2660	(40.4)	1048	(43.0)	39	(1.6)	2734	(78.1)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	2163	(28.0)	368	(19.9)	17	(0.8)	2159	(39.7)	769	(41.0)	36	(1.5)	2168	(36.4)
20 and over.....	5047	57	(1.5)	2658	(30.9)	618	(24.5)	23	(0.8)	2694	(36.7)	1088	(24.5)	40	(1.0)	2610	(44.6)
2 and over...	8066	55	(1.3)	2538	(28.7)	557	(19.5)	22	(0.6)	2580	(34.7)	1020	(23.0)	40	(0.8)	2487	(34.3)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

S o d i u m

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake mg	(SE)	Intake from All Restaurants mg	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	2971	(46.2)	583	(55.6)	20	(1.7)	3306	(112.4)	1439	(91.0)	44	(1.9)	2744	(58.6)
20 and over.....	1596	46	(2.4)	3465	(45.3)	905	(63.7)	26	(1.7)	3826	(88.7)	1979	(68.0)	52	(2.0)	3162	(81.6)
2 and over...	2974	44	(1.8)	3306	(34.4)	801	(48.9)	24	(1.4)	3671	(49.7)	1819	(61.2)	50	(1.7)	3018	(53.0)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	3124	(51.5)	817	(77.7)	26	(2.3)	3367	(124.2)	1646	(107.7)	49	(2.1)	2885	(76.1)
20 and over.....	1622	56	(1.8)	3534	(54.4)	1085	(55.2)	31	(1.5)	3694	(75.0)	1942	(70.4)	53	(1.6)	3332	(60.3)
2 and over...	2526	54	(2.2)	3433	(48.6)	1019	(53.0)	30	(1.4)	3620	(78.2)	1875	(69.2)	52	(1.4)	3210	(55.8)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	3029	(112.9)	757	(57.4)	25	(1.6)	3074	(133.1)	1386	(128.2)	45	(2.6)	2974	(133.1)
20 and over.....	1468	66	(1.8)	3593	(49.0)	1197	(65.6)	33	(1.7)	3718	(66.6)	1827	(76.9)	49	(2.0)	3355	(76.4)
2 and over...	2010	64	(1.7)	3494	(50.6)	1120	(51.2)	32	(1.4)	3621	(74.9)	1761	(69.5)	49	(1.8)	3272	(59.7)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	3034	(39.7)	713	(36.1)	23	(1.0)	3230	(76.4)	1488	(79.0)	46	(1.5)	2854	(31.6)
20 and over.....	5047	57	(1.5)	3529	(30.1)	1075	(43.1)	30	(1.1)	3728	(47.4)	1893	(45.1)	51	(1.2)	3267	(39.3)
2 and over...	8066	55	(1.3)	3409	(27.7)	987	(33.6)	29	(0.9)	3623	(51.5)	1807	(43.1)	50	(1.0)	3153	(26.8)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

Family income as % of Federal poverty threshold and age (years)	Sample Size	Caffeine: Percent Reporting [6] %	(SE)	All Individuals [3]: Total Intake mg	(SE)	All Individuals [3]: Intake from All Restaurants mg	(SE)	All Individuals [3]: Percentages from [7] All Restaurants %	(SE)	All Restaurant Consumers [4]: Total Intake mg	(SE)	All Restaurant Consumers [4]: Intake from All Restaurants mg	(SE)	All Restaurant Consumers [4]: Percentages from [7] All Restaurants %	(SE)	Non-consumers [5]: Total Intake mg	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	25.7	(3.50)	4.4	(0.85)	17	(3.1)	31.7	(3.60)	10.8	(1.87)	34	(4.7)	21.6	(5.06)
20 and over.....	1596	46	(2.4)	158.5	(19.83)	22.9	(3.40)	14	(2.5)	153.5	(12.98)	50.2	(6.79)	33	(3.5)	162.7	(27.70)
2 and over...	2974	44	(1.8)	115.6	(15.50)	16.9	(2.40)	15	(2.4)	117.3	(10.78)	38.5	(5.25)	33	(3.1)	114.2	(21.11)
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	30.4	(3.25)	8.0	(1.30)	26	(2.7)	35.6	(4.04)	16.1	(3.04)	45	(4.8)	25.2	(5.02)
20 and over.....	1622	56	(1.8)	155.6	(8.99)	27.1	(2.54)	17	(1.5)	166.9	(11.65)	48.5	(4.11)	29	(3.0)	141.3	(11.42)
2 and over...	2526	54	(2.2)	124.6	(8.26)	22.3	(2.10)	18	(1.3)	137.1	(9.94)	41.1	(3.20)	30	(2.7)	109.6	(10.52)
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	28.7	(4.48)	8.5	(0.72)	30	(5.7)	38.5	(7.09)	15.6	(1.11)	41	(8.9)	16.9	(4.42)
20 and over.....	1468	66	(1.8)	177.4	(6.31)	39.2	(3.39)	22	(1.7)	179.3	(7.51)	59.9	(4.88)	33	(2.5)	173.6	(7.79)
2 and over...	2010	64	(1.7)	151.3	(7.15)	33.9	(2.91)	22	(1.7)	158.1	(7.73)	53.2	(4.40)	34	(2.5)	139.4	(8.90)
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	28.3	(2.35)	6.8	(0.54)	24	(2.3)	35.6	(3.04)	14.1	(1.19)	40	(3.9)	21.6	(2.51)
20 and over.....	5047	57	(1.5)	165.0	(6.40)	30.1	(1.99)	18	(1.2)	171.2	(8.58)	53.0	(3.02)	31	(2.1)	157.0	(9.19)
2 and over...	8066	55	(1.3)	132.0	(6.00)	24.4	(1.59)	19	(1.2)	142.5	(7.76)	44.8	(2.56)	31	(2.0)	119.4	(8.14)

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Table 56. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants [1], by Family Income (as % of Federal Poverty Threshold [2]) and Age, in the United States, 2013-2014 *(continued)*

A l c o h o l

Family income as % of Federal poverty threshold and age (years)	Sample Size	Percent Reporting [6] %	(SE)	*All Individuals* [3] Total Intake g	(SE)	Intake from All Restaurants g	(SE)	Percentages from [7] All Restaurants %	(SE)	*All Restaurant Consumers* [4] Total Intake g	(SE)	Intake from All Restaurants g	(SE)	Percentages from [7] All Restaurants %	(SE)	*Non-consumers* [5] Total Intake g	(SE)
Under 131% poverty:																	
2 - 19.....	1378	41	(2.1)	--		--		--		--		--		--		--	
20 and over.....	1596	46	(2.4)	9.4	(1.18)	0.8	(0.20)	8*	(2.6)	10.2	(1.72)	1.7	(0.45)	16*	(5.3)	8.6	(1.00)
2 and over...	2974	44	(1.8)	--		--		--		--		--		--		--	
131-350% poverty:																	
2 - 19.....	904	50	(4.1)	--		--		--		--		--		--		--	
20 and over.....	1622	56	(1.8)	9.5	(1.12)	2.0	(0.49)	21	(4.1)	10.7	(1.75)	3.5	(0.87)	33	(5.8)	8.0	(1.04)
2 and over...	2526	54	(2.2)	--		--		--		--		--		--		--	
Over 350% poverty:																	
2 - 19.....	542	55	(3.1)	--		--		--		--		--		--		--	
20 and over.....	1468	66	(1.8)	13.7	(1.19)	4.2	(0.63)	30	(4.0)	16.1	(1.92)	6.3	(1.00)	39	(4.4)	9.2	(1.31)
2 and over...	2010	64	(1.7)	--		--		--		--		--		--		--	
All Individuals [8]:																	
2 - 19.....	3019	48	(1.3)	--		--		--		--		--		--		--	
20 and over.....	5047	57	(1.5)	11.0	(0.84)	2.5	(0.33)	22	(2.4)	12.9	(1.22)	4.3	(0.54)	34	(3.2)	8.5	(0.59)
2 and over...	8066	55	(1.3)	--		--		--		--		--		--		--	

DATA SOURCE: ***What We Eat in America*, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.**

Symbol Legend

* Indicates an estimate that may be less statistically reliable than estimates that are not flagged. The rules for flagging estimated means and percentages are as follows:

Mean: An estimated mean is flagged when the relative standard error is greater than 30 percent.

Percent reporting: An estimated percentage between 25 and 75 percent is flagged when based on a sample size of less than 30 times the variance inflation factor (VIF), where the VIF represents a broadly calculated average design effect, or when the relative standard error is greater than 30 percent. An estimated percentage less than or equal to 25 or greater than or equal to 75 is flagged when the smaller of np and $n(1-p)$ is less than 8 times the VIF, where n is the sample size and p is the percentage expressed as a fraction. The VIF used in this table is 1.98.

Nutrient ratios expressed as percentages: An estimated ratio between 25 and 75 percent is flagged when based on a sample size n^* of less than 30 times the variance inflation factor (VIF), where the VIF represents a broadly calculated average design effect and n^* is the number of individuals in the sample reporting non-zero intake of the respective nutrient from any source. An estimated ratio less than or equal to 25 percent or greater than or equal to 75 percent, is flagged when the smaller of n^*p and $n^*(1-p)$ is less than 8 times the VIF, where p is the percentage expressed as a fraction. Additionally, an estimated ratio is flagged when either the relative standard error or $p/(1-p)$ times the relative standard error is greater than 30 percent.

\# Indicates a non-zero value too small to report.

-- Estimated mean not presented where sample size is less than 30 times the variance inflation factor (VIF), i.e., sample size less than 59 for VIF = 1.98.

Footnotes

[1] Respondents were asked the source of each food and beverage - where it was obtained. **All Restaurants** include source coded as:"Restaurant with waiter/waitress", "Bar/tavern/lounge", "Restaurant no additional information", "Cafeteria NOT in a K-12 school", "Restaurant fast food/pizza", "Sport, recreation, or entertainment facility", or "Street vendor, vending truck".

[2] Percent of poverty level is based on family income, family size and composition using U.S. Census Bureau poverty thresholds. The lowest poverty threshold category is related to Federal Nutrition Assistance Programs, www.fns.usda.gov.

[3] **All Individuals** include both individuals who reported and individuals who did not report at least one food/beverage item from All Restaurants.

[4] **All Restaurant Consumers** include individuals who reported at least one food or beverage item from All Restaurants.

[5] **Non-consumers** include individuals who did not report any food or beverage item from All Restaurants.

[6] The weighted percentage of respondents in the income/age group who reported at least one food/beverage item from All Restaurants.

[7] Percentages are estimated as a ratio of total nutrient intake from All Restaurants to total daily nutrient intake from all sources.

[8] Includes persons of all income levels or with unknown family income.

Abbreviations

SE = standard error; RAE = retinol activity equivalents; DFE = dietary folate equivalents.

Notes Applicable to All Tables in Series: *What We Eat in America,* NHANES 2013-2014

Sample weights designed for dietary analysis were used to allow estimates representative of the U. S. population for the years of collection.

The statistics in this table are estimated from Day 1 dietary recall interviews conducted in the *What We Eat in America*, National Health and Nutrition Examination Survey (NHANES) 2013-2014. The 24-hour dietary recalls were conducted in-person, by trained interviewers, using the USDA 5-step Automated Multiple-Pass Method. Food intakes were coded and nutrient values were determined using the USDA Food and Nutrient Database for Dietary Studies 2013-2014 www.ars.usda.gov/nea/bhnrc/fsrg.

Intakes of nutrients and other dietary components are based on the consumption of food and beverages, including water, and do not include intake from supplements or medications.

The table includes data from individuals 2 years and over. Breast-fed children were excluded because breast milk was not quantified in dietary recall interviews.

Although alchohol data are collected for all individuals, estimates are not presented for age groups under 20 years due to extreme variability and/or inadequate sample size.

Suggested Citation

U.S. Department of Agriculture, Agricultural Research Service. 2016. All Restaurants: Percent Reporting, Mean Amounts, and Percent of Selected Nutrients from Foods Obtained from All Restaurants, by Family Income (as % of Federal Poverty Threshold) and Age, *What We Eat in America*, NHANES 2013-2014. Available: www.ars.usda.gov/nea/bhnrc/fsrg.