							I	Food	e n	e r g	5 Y						
						-All Indi	viduals	3		F	ull Servi	ce Restai	urant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor		To Inta	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	ervice		otal ake	Intako Full S Resta		Percentag Full Se Restau	ervice	7 To Inta	otal ake
(years)		%	(SE)	kcal	(SE)	kcal	(SE)	%	(SE)	kcal	(SE)	kcal	(SE)	%	(SE)	kcal	(SE)
Under 131% poverty	v •			ı					1							1	
2 - 19 20 and over	1378 1596	7 14	(0.8) (1.7)	1835 2157	(23.7) (21.0)	54 131	(10.9) (18.0)	3 6	(0.6) (0.8)	2332 2359	(182.0) (85.6)	807 937	(95.9) (48.1)	35 40	(2.4) (2.4)	1800 2125	(19.6) (22.9)
2 and over	2974	12	(1.2)	2053	(17.1)	107	(13.4)	5	(0.6)	2353	(67.7)	913	(51.4)	39	(2.1)	2014	(19.0)
131-350% poverty:																	
2 - 19	904	12	(2.3)	1938	(46.6)	89	(17.9)	5	(0.9)	2109	(123.0)	744	(58.3)	35	(1.8)	1914	(51.4)
20 and over	1622	24	(1.5)	2146	(33.9)	213	(14.0)	10	(0.7)	2215	(77.8)	897	(25.7)	40	(1.2)	2125	(35.9)
2 and over	2526	21	(1.6)	2094	(32.7)	182	(14.5)	9	(0.7)	2200	(67.9)	875	(25.3)	40	(1.1)	2067	(36.2)
Over 350% poverty:	:																
2 - 19	542	19	(2.8)	1899	(60.4)	121	(22.8)	6	(1.2)	1835	(93.6)	646	(71.5)	35	(2.6)	1913	(58.4)
20 and over	1468	32	(1.7)	2136	(26.6)	299	(19.8)	14	(0.9)	2201	(67.4)	939	(45.5)	43	(1.7)	2106	(47.6)
2 and over	2010	30	(1.5)	2095	(20.8)	268	(14.1)	13	(0.7)	2161	(58.7)	907	(36.6)	42	(1.4)	2067	(34.3)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	1885	(21.1)	85	(9.4)	4	(0.5)	2029	(74.7)	717	(45.8)	35	(1.5)	1866	(25.1)
20 and over	5047	24	(1.4)	2141	(18.7)	223	(12.9)	10	(0.6)	2234	(47.5)	922	(25.7)	41	(1.2)	2112	(19.4)
2 and over	8066	21	(1.1)	2079	(17.2)	190	(9.8)	9	(0.5)	2207	(41.6)	895	(19.8)	41	(0.9)	2045	(17.4)

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								Ρr	o t e	i n					
				<u> </u>		-All Indi	viduals	3		Full Serv	vice Restaurant	Consumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor			otal ake	Full S	e from ervice urants	Percentage Full Ser Restaur	vice	Total Intake	Intake from Full Service Restaurant	Full Se	ervice	7 To Inta	otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g (SE)	g (Sl	E) %	(SE)	g	(SE)
Under 131% poverty	v:			I					1					I	
2 - 19	1378	7	(0.8)	67.7	(1.68)	3.1*	(1.29)	5*	(1.8)	103.4 (26.51)	46.7*(17.1	7) 45	(5.6)	65.1	(1.35)
20 and over	1596	14	(1.7)	80.5	(1.50)	5.7	(0.59)	7	(0.8)	90.1 (3.56)	40.9 (2.3	1) 45	(2.0)	79.0	(1.60)
2 and over	2974	12	(1.2)	76.4	(1.19)	4.9	(0.68)	6	(0.9)	92.6 (5.07)	42.0 (3.5	4) 45	(2.0)	74.2	(1.28)
131-350% poverty:															
2 - 19	904	12	(2.3)	72.1	(2.15)	3.6	(0.73)	5	(1.0)	76.2 (3.96)	30.3 (1.8	2) 40	(1.7)	71.5	(2.41)
20 and over	1622	24	(1.5)	84.3	(1.40)	9.7	(0.76)	11	(0.9)	88.2 (3.12)	40.8 (2.0	3) 46	(1.5)	83.1	(1.49)
2 and over	2526	21	(1.6)	81.3	(1.47)	8.2	(0.73)	10	(0.9)	86.5 (2.96)	39.3 (1.8	2) 45	(1.4)	79.9	(1.51)
Over 350% poverty:															
2 - 19	542	19	(2.8)	69.7	(2.59)	4.8	(0.95)	7	(1.4)	64.7 (4.12)	25.6 (3.3	3) 40	(3.3)	70.9	(2.64)
20 and over	1468	32	(1.7)	84.9	(1.28)	12.8	(0.95)	15	(1.0)	88.3 (1.51)	40.2 (1.3	5) 46	(1.7)	83.3	(2.00)
2 and over	2010	30	(1.5)	82.2	(1.10)	11.4	(0.72)	14	(0.8)	85.7 (1.51)	38.6 (1.1	3) 45	(1.5)	80.8	(1.56)
All Individuals ⁸ :															
2 - 19	3019	12	(1.0)	69.8	(1.16)	3.7	(0.66)	5	(0.9)	76.4 (6.90)	31.7 (4.1	0) 41	(2.1)	69.0	(1.39)
20 and over	5047	24	(1.4)	83.6	(0.73)	9.8	(0.59)	12	(0.7)	88.9 (1.60)	40.7 (1.2	4) 46	(1.1)	81.9	(0.92)
2 and over	8066	21	(1.1)	80.3	(0.74)	8.4	(0.46)	10	(0.6)	87.2 (1.98)	39.4 (1.2	4) 45	(1.0)	78.4	(0.86)

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						All Indiv	viduals	3		F	ull Servi	ce Restau	rant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor		To Inta		Intake Full Se Restau	ervice	Percentag Full Se Restau	ervice	To Inta	otal ake	Intake Full Se Restau	ervice	Percentag Full Se Restau	ervice	To Inta	tal ike
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Under 131% povert	v •			1					1							1	
2 - 19 20 and over	1378 1596	7 14	(0.8) (1.7)	240 267	(3.1) (3.5)	5 14	(0.8) (2.4)	2 5	(0.3) (0.9)	279 280	(14.2) (10.6)	81 98	(5.6) (8.1)	29 35	(2.2) (2.9)	237 265	(2.8) (3.7)
2 and over	2974	12	(1.2)	258	(2.9)	11	(1.6)	4	(0.6)	280	(8.2)	95	(6.5)	34	(2.4)	256	(3.2)
131-350% poverty:																	
2 - 19	904	12	(2.3)	252	(6.6)	11	(2.4)	4	(0.9)	279	(21.8)	89	(9.7)	32	(2.3)	249	(6.8)
20 and over	1622	24	(1.5)	253	(3.9)	20	(1.3)	8	(0.6)	246	(10.9)	84	(3.4)	34	(1.2)	255	(4.6)
2 and over	2526	21	(1.6)	253	(3.4)	18	(1.5)	7	(0.6)	251	(9.7)	85	(3.6)	34	(1.0)	253	(4.3)
Over 350% poverty:	:																
2 - 19	542	19	(2.8)	251	(7.9)	14	(2.6)	5	(1.1)	239	(9.9)	74	(7.7)	31	(2.6)	254	(7.7)
20 and over	1468	32	(1.7)	245	(3.1)	29	(1.9)	12	(0.7)	239	(6.1)	92	(4.8)	38	(1.5)	247	(5.6)
2 and over	2010	30	(1.5)	246	(2.6)	27	(1.5)	11	(0.6)	239	(5.2)	90	(3.9)	38	(1.2)	249	(4.5)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	246	(2.8)	10	(1.0)	4	(0.4)	260	(8.6)	81	(5.2)	31	(1.6)	245	(3.1)
20 and over	5047	24	(1.4)	253	(2.1)	22	(1.2)	9	(0.5)	249	(4.5)	90	(2.6)	36	(1.0)	254	(2.5)
2 and over	8066	21	(1.1)	251	(2.1)	19	(1.0)	7	(0.4)	250	(4.0)	89	(2.0)	35	(0.7)	252	(2.3)

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						-All Indiv	iduals	3		Fi	ull Servio	ce Restau	rant C	onsumers	4	Non-cons	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta		Intake Full Se Restau	ervice	Percentag Full Se Restau	rvice	To Inta	otal ike	Intake Full Se Restau	rvice	Percentag Full Se Restau	ervice	To Inta	
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Under 131% poverty	.		1						I							1	
2 - 19	. 1378	7	(0.8)	110	(2.4)	2	(0.3)	2	(0.3)	130	(7.7)	31	(3.6)	23	(3.0)	108	(2.5)
20 and over	1596	14	(1.7)	126	(2.7)	5	(1.0)	4	(0.8)	131	(8.4)	34	(4.7)	26	(3.4)	125	(2.8)
2 and over	2974	12	(1.2)	121	(2.5)	4	(0.7)	3	(0.6)	131	(6.7)	33	(4.0)	26	(2.8)	119	(2.6)
131-350% poverty:																	
2 - 19	904	12	(2.3)	118	(4.1)	4	(1.2)	4	(1.0)	132	(13.8)	35	(7.3)	26	(4.0)	116	(4.5)
20 and over	1622	24	(1.5)	114	(3.0)	7	(0.7)	6	(0.6)	111	(9.2)	28	(3.0)	25	(1.4)	115	(2.9)
2 and over	2526	21	(1.6)	115	(2.3)	6	(0.7)	5	(0.6)	114	(8.1)	29	(3.0)	25	(1.4)	115	(2.4)
Over 350% poverty:																	
2 - 19	542	19	(2.8)	119	(4.1)	5	(1.2)	5	(1.1)	110	(5.2)	29	(3.5)	26	(2.6)	121	(4.1)
20 and over	1468	32	(1.7)	101	(1.7)	9	(0.7)	9	(0.6)	93	(2.4)	27	(2.0)	30	(1.7)	104	(3.0)
2 and over	2010	30	(1.5)	104	(1.6)	8	(0.5)	8	(0.4)	95	(2.3)	28	(1.6)	29	(1.3)	108	(2.7)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	114	(1.7)	4	(0.5)	3	(0.4)	121	(5.1)	31	(3.0)	26	(2.0)	113	(1.9)
20 and over	5047	24	(1.4)	111	(1.4)	7	(0.6)	6	(0.5)	105	(3.3)	29	(1.7)	27	(1.2)	114	(1.6)
2 and over	8066	21	(1.1)	112	(1.3)	6	(0.5)	5	(0.4)	107	(3.0)	29	(1.6)	27	(1.0)	114	(1.4)

							D	ieta	r y	f i b	e r						
				<u> </u>		–All Indi	viduals	3	<u> </u>	F	ull Servi	ce Resta	urant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor			otal ake	Full S	e from ervice urants	Percentag Full Se Restau	ervice		otal ake	Full S	e from ervice urants	Percentag Full Se Restau	ervice	Те	otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Under 131% poverty	v•			I					I							1	
2 - 19	1378	7	(0.8)	13.8	(0.42)	0.3	(0.08)	2	(0.6)	15.1	(1.22)	5.0	(0.77)	33	(3.6)	13.7	(0.39)
20 and over	1596	14	(1.7)	15.6	(0.42)	0.9	(0.13)	6	(0.8)	16.4	(0.58)	6.4	(0.56)	39	(2.7)	15.5	(0.49)
2 and over	2974	12	(1.2)	15.0	(0.37)	0.7	(0.08)	5	(0.5)	16.2	(0.55)	6.1	(0.46)	38	(2.3)	14.9	(0.40)
131-350% poverty:																	
2 - 19	904	12	(2.3)	13.9	(0.33)	0.6	(0.11)	4	(0.8)	14.9	(1.01)	5.0	(0.30)	34	(1.9)	13.7	(0.33)
20 and over	1622	24	(1.5)	16.8	(0.39)	1.4	(0.13)	9	(0.8)	16.2	(0.50)	6.1	(0.33)	37	(1.8)	16.9	(0.46)
2 and over	2526	21	(1.6)	16.0	(0.29)	1.2	(0.12)	8	(0.8)	16.0	(0.45)	5.9	(0.30)	37	(1.5)	16.0	(0.33)
Over 350% poverty:	:																
2 - 19	542	19	(2.8)	14.3	(0.44)	0.8	(0.13)	6	(0.9)	13.7	(0.51)	4.2	(0.44)	31	(2.4)	14.4	(0.46)
20 and over	1468	32	(1.7)	18.2	(0.37)	2.2	(0.18)	12	(1.0)	17.7	(0.31)	7.0	(0.39)	39	(2.2)	18.5	(0.56)
2 and over	2010	30	(1.5)	17.5	(0.30)	2.0	(0.14)	11	(0.8)	17.3	(0.27)	6.7	(0.34)	39	(2.0)	17.7	(0.42)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	13.9	(0.19)	0.5	(0.05)	4	(0.4)	14.3	(0.48)	4.7	(0.31)	33	(1.6)	13.9	(0.19)
20 and over	5047	24	(1.4)	17.1	(0.27)	1.6	(0.11)	9	(0.6)	17.1	(0.17)	6.5	(0.26)	38	(1.5)	17.1	(0.34)
2 and over	8066	21	(1.1)	16.3	(0.21)	1.3	(0.08)	8	(0.5)	16.7	(0.18)	6.3	(0.23)	38	(1.3)	16.2	(0.25)

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								Tot	a l	fat							
						-All Indi	viduals	3		F	ull Servi	ce Resta	urant C	onsumers	4 ——	Von-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor	cent ting ⁶		otal ake	Full S	e from ervice urants	Percentag Full Se Restau	rvice	To Inta	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	ervice		otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Under 131% poverty	v:			I					1						1		
2 - 19	1378	7	(0.8)	69.2	(1.47)	2.2	(0.45)	3	(0.6)	90.6	(6.87)	33.0	(3.77)	36	(3.1)	67.7	(1.43)
20 and over	1596	14	(1.7)	80.6	(1.01)	5.6	(0.72)	7	(0.9)	91.6	(3.95)	39.8	(1.98)	43	(2.6)	78.8	(1.13)
2 and over	2974	12	(1.2)	76.9	(0.84)	4.5	(0.50)	6	(0.6)	91.4	(2.72)	38.6	(1.83)	42	(2.1)	75.0	(0.96)
131-350% poverty:																	
2 - 19	904	12	(2.3)	73.0	(1.89)	3.6	(0.65)	5	(0.9)	78.9	(3.44)	30.2	(1.92)	38	(1.8)	72.2	(2.14)
20 and over	1622	24	(1.5)	84.2	(1.54)	9.1	(0.71)	11	(0.8)	88.2	(3.42)	38.3	(2.29)	43	(2.1)	83.0	(1.71)
2 and over	2526	21	(1.6)	81.4	(1.50)	7.7	(0.65)	9	(0.8)	86.9	(2.73)	37.2	(1.94)	43	(2.0)	80.0	(1.71)
Over 350% poverty:																	
2 - 19	542	19	(2.8)	70.8	(2.71)	5.2	(1.00)	7	(1.4)	71.0	(5.01)	27.9	(3.50)	39	(2.7)	70.8	(2.76)
20 and over	1468	32	(1.7)	83.4	(1.62)	11.8	(0.73)	14	(0.9)	84.0	(2.40)	37.1	(1.20)	44	(1.4)	83.1	(2.22)
2 and over	2010	30	(1.5)	81.2	(1.50)	10.7	(0.53)	13	(0.6)	82.6	(2.28)	36.0	(0.97)	44	(1.2)	80.6	(1.77)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	70.9	(1.19)	3.5	(0.39)	5	(0.6)	77.8	(3.15)	30.0	(2.09)	39	(1.9)	70.0	(1.34)
20 and over	5047	24	(1.4)	82.9	(0.89)	9.2	(0.53)	11	(0.6)	86.7	(2.16)	37.8	(1.09)	44	(1.1)	81.7	(0.94)
2 and over	8066	21	(1.1)	80.0	(0.79)	7.8	(0.41)	10	(0.5)	85.5	(1.89)	36.8	(0.89)	43	(0.9)	78.5	(0.83)

							S	atur	ate	d f	at						
						-All Indi	viduals	3		F	ull Servi	ce Restai	urant C	onsumers	4	Non-con	nsumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor		To Inta	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	ervice		otal ake	Intake Full S Restar		Percentag Full Se Restau	ervice	Т	otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Under 131% poverty	v •			1					1							1	
2 - 19	1378	7	(0.8)	23.6	(0.53)	0.7	(0.16)	3	(0.7)	29.7	(1.87)	10.7	(1.37)	36	(4.1)	23.2	(0.58)
20 and over	1596	14	(1.7)	26.3	(0.49)	1.6	(0.21)	6	(0.7)	28.1	(1.36)	11.4	(0.74)	41	(2.9)	26.0	(0.58)
2 and over	2974	12	(1.2)	25.4	(0.43)	1.3	(0.14)	5	(0.5)	28.4	(0.99)	11.3	(0.60)	40	(2.3)	25.1	(0.49)
131-350% poverty:																	
2 - 19	904	12	(2.3)	25.3	(0.94)	1.2	(0.24)	5	(1.0)	27.4	(1.45)	9.8	(0.97)	36	(2.6)	25.1	(1.07)
20 and over	1622	24	(1.5)	27.2	(0.46)	2.6	(0.19)	10	(0.7)	27.8	(1.27)	11.1	(0.67)	40	(2.2)	27.0	(0.45)
2 and over	2526	21	(1.6)	26.7	(0.46)	2.3	(0.18)	8	(0.7)	27.8	(1.05)	10.9	(0.61)	39	(2.0)	26.5	(0.47)
Over 350% poverty:																	
2 - 19	542	19	(2.8)	25.3	(0.68)	1.6	(0.37)	6	(1.5)	23.8	(1.79)	8.6	(1.23)	36	(3.0)	25.7	(0.80)
20 and over	1468	32	(1.7)	26.7	(0.55)	3.4	(0.22)	13	(0.8)	25.9	(0.90)	10.8	(0.40)	42	(1.6)	27.0	(0.81)
2 and over	2010	30	(1.5)	26.4	(0.50)	3.1	(0.16)	12	(0.6)	25.7	(0.84)	10.5	(0.34)	41	(1.2)	26.7	(0.68)
All Individuals ⁸ :																	
2 - 19	3019	12	(1.0)	24.7	(0.43)	1.1	(0.15)	5	(0.6)	26.3	(1.07)	9.5	(0.74)	36	(2.1)	24.5	(0.56)
20 and over	5047	24	(1.4)	26.7	(0.27)	2.7	(0.16)	10	(0.6)	27.0	(0.78)	11.0	(0.36)	41	(1.2)	26.7	(0.33)
2 and over	8066	21	(1.1)	26.3	(0.24)	2.3	(0.13)	9	(0.5)	26.9	(0.69)	10.8	(0.31)	40	(1.0)	26.1	(0.28)

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						–All Indi	viduals	3		—- <i>F</i>	ull Servi	ce Restai	urant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor		To Inta	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	rvice	To Inta	otal ake	Intake Full S Resta		Percentag Full Se Restau	ervice	7 To Inta	otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Under 131% poverty 2 - 19	y: 1378	7	(0.8)	23.2	(0.54)	0.7	(0.14)	3	(0.6)	30.7	(2.53)	10.7	(1.18)	35	(3.2)	22.6	(0.50)
20 and over	1576	14	(0.8) (1.7)	27.9	(0.34) (0.34)	1.9	(0.14) (0.23)	5 7	(0.0) (0.8)	31.5	(2.33) (1.70)	13.5	(1.16) (0.66)	43	(3.2) (2.3)	27.3	(0.30) (0.37)
			()	,	(010-1)		(0120)		(0.0)		()		(0100)		()		(0.0.1)
2 and over	2974	12	(1.2)	26.3	(0.28)	1.5	(0.15)	6	(0.6)	31.3	(1.11)	13.0	(0.57)	41	(1.9)	25.7	(0.32)
131-350% poverty:								_						• •			
2 - 19	904	12	(2.3)	24.4	· · · ·	1.2	(0.20)	5	(0.8)	26.1	(1.17)	9.9	(0.62)	38	(2.0)	24.2	(0.84)
20 and over	1622	24	(1.5)	29.2	(0.64)	3.1	(0.25)	11	(0.9)	30.1	(1.07)	13.1	(0.81)	43	(2.3)	29.0	(0.77)
2 and over	2526	21	(1.6)	28.0	(0.62)	2.6	(0.23)	9	(0.8)	29.6	(0.87)	12.6	(0.70)	43	(2.1)	27.6	(0.72)
Over 350% poverty:																	
2 - 19	542	19	(2.8)	23.3	(1.08)	1.7	(0.32)	7	(1.4)	23.0	(1.62)	8.9	(1.15)	39	(3.0)	23.4	(1.15)
20 and over	1468	32	(1.7)	29.1	(0.59)	4.0	(0.26)	14	(0.8)	29.2	(0.87)	12.7	(0.49)	43	(1.5)	29.1	(0.75)
2 and over	2010	30	(1.5)	28.1	(0.55)	3.6	(0.19)	13	(0.6)	28.5	(0.82)	12.2	(0.41)	43	(1.2)	28.0	(0.61)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	23.6	(0.48)	1.1	(0.13)	5	(0.5)	25.6	(1.08)	9.7	(0.70)	38	(2.1)	23.4	(0.52)
20 and over	5047	24	(1.4)	28.8	(0.31)	3.1	(0.19)	11	(0.6)	29.9	(0.71)	12.9	(0.39)	43	(1.0)	28.5	(0.31)
2 and over	8066	21	(1.1)	27.6	(0.30)	2.6	(0.14)	10	(0.5)	29.3	(0.62)	12.5	(0.33)	43	(0.9)	27.1	(0.31)

Monounsaturated fat

						Г) I Y	unsa	ιυΓ	alt	a I	aι					
						–All Indi	viduals	3		F	ull Servi	ce Restai	urant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	ervice	To Inta	otal ake	Intako Full S Resta	ervice	Percentag Full Se Restau	ervice	To	otal ake
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)
Under 131% poverty	7•		1	1					1							1	
2 - 19 20 and over	1378 1596	7 14	(0.8) (1.7)	15.7 18.7	(0.45) (0.46)	0.5 1.6	(0.10) (0.23)	3 8	(0.6) (1.2)	20.8 23.3	(1.70) (1.12)	7.8 11.2	(0.94) (0.76)	37 48	(2.8) (3.4)	15.3 17.9	(0.43) (0.45)
2 and over	2974	12	(1.2)	17.7	(0.36)	1.2	(0.16)	7	(0.9)	22.9	(0.90)	10.6	(0.72)	46	(2.9)	17.0	(0.36)
131-350% poverty: 2 - 19 20 and over	904 1622	12 24	(2.3) (1.5)	16.4 19.7	(0.47) (0.49)	0.9 2.5	(0.15) (0.23)	6 12	(0.9) (1.2)	18.0 21.8	(0.94) (1.01)	7.6 10.4	(0.41) (0.74)	42 48	(2.0) (2.8)	16.2 19.1	(0.55) (0.56)
2 and over	2526	21	(1.6)	18.9	(0.39)	2.1	(0.19)	11	(1.1)	21.3	(0.77)	10.0	(0.60)	47	(2.4)	18.3	(0.45)
Over 350% poverty: 2 - 19	542	19	(2.8)	15.4	(1.01)	1.5	(0.27)	10	(1.5)	17.8	(1.56)	7.9	(1.15)	45	(3.6)	14.8	(1.00)
20 and over	1468	32	(1.7)	19.8	(0.48)	3.2	(0.25)	16	(1.2)	20.9	(0.59)	10.0	(0.50)	48	(2.0)	19.3	(0.60)
2 and over	2010	30	(1.5)	19.0	(0.44)	2.9	(0.19)	15	(1.0)	20.6	(0.55)	9.8	(0.45)	48	(1.9)	18.4	(0.51)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	15.8	(0.41)	0.9	(0.09)	6	(0.5)	18.6	(0.87)	7.9	(0.65)	43	(2.2)	15.4	(0.39)
20 and over	5047	24	(1.4)	19.5	(0.31)	2.5	(0.16)	13	(0.7)	21.6	(0.55)	10.3	(0.33)	48	(1.4)	18.8	(0.32)
2 and over	8066	21	(1.1)	18.6	(0.26)	2.1	(0.12)	11	(0.6)	21.2	(0.47)	10.0	(0.26)	47	(1.2)	17.9	(0.26)

Polyunsaturated fat

								Chol	e s t	e r o	1						
						-All Indiv	iduals [‡]	3	<u> </u>	Fi	ull Servi	ce Restai	ırant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor		To Inta		Intake Full Se Restau	rvice	Percentag Full Se Restau	rvice	To Inta	otal ake	Intake Full Se Restau	ervice	Percentag Full Se Restau	ervice	7 To Inta	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% poverty	v:			I					I							I	
2 - 19	1378	7	(0.8)	224	(7.6)	10*	(4.4)	5*	(1.9)	361*	(110.9)	153*	(59.8)	42	(4.4)	214	(6.8)
20 and over	1596	14	(1.7)	292	(6.7)	24	(3.0)	8	(1.1)	338	(16.5)	169	(13.6)	50	(3.4)	285	(7.2)
2 and over	2974	12	(1.2)	270	(4.7)	19	(2.5)	7	(1.0)	342	(18.0)	166	(12.7)	48	(2.7)	260	(6.3)
131-350% poverty:																	
2 - 19	904	12	(2.3)	233	(8.5)	14	(3.2)	6	(1.4)	259	(26.2)	118	(14.9)	45	(2.7)	229	(9.8)
20 and over	1622	24	(1.5)	303	(8.0)	44	(4.3)	14	(1.2)	361	(21.4)	184	(15.5)	51	(2.3)	284	(7.3)
2 and over	2526	21	(1.6)	285	(7.6)	36	(3.9)	13	(1.1)	346	(19.2)	174	(14.0)	50	(2.2)	269	(6.7)
Over 350% poverty:																	
2 - 19	542	19	(2.8)	211	(9.1)	17	(4.0)	8	(1.8)	222	(27.8)	89	(15.1)	40	(4.4)	209	(9.5)
20 and over	1468	32	(1.7)	285	(8.1)	50	(4.4)	18	(1.4)	306	(12.1)	159	(7.9)	52	(1.4)	276	(10.8)
2 and over	2010	30	(1.5)	272	(6.8)	45	(3.6)	16	(1.2)	297	(10.6)	151	(7.3)	51	(1.3)	262	(8.5)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	224	(5.3)	13	(2.6)	6	(1.1)	262	(37.2)	113	(17.1)	43	(1.8)	219	(5.1)
20 and over	5047	24	(1.4)	293	(4.2)	41	(2.3)	14	(0.8)	328	(10.2)	167	(6.6)	51	(1.1)	282	(5.3)
2 and over	8066	21	(1.1)	276	(3.7)	34	(1.9)	12	(0.6)	319	(10.9)	160	(6.8)	50	(1.0)	265	(3.9)

Chalastaral

							Vit	a m i	n A	(R	A E)					
						-All Indiv	viduals	3		F	ull Servi	ce Resta	urant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor			otal ake	Intake Full Se Restau	ervice	Percentag Full Se Restau	ervice	To Inta	otal ake	Intako Full S Resta		Percentag Full Se Restau	ervice	To	otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Under 131% poverty	v:			I					1							1	
2 - 19	1378	7	(0.8)	537	(18.5)	12	(2.5)	2	(0.5)	534	(32.8)	171	(21.7)	32	(3.2)	537	(19.0)
20 and over	1596	14	(1.7)	573	(23.7)	37	(6.8)	7	(1.1)	666	(63.5)	267	(36.0)	40	(4.2)	558	(25.3)
2 and over	2974	12	(1.2)	561	(19.0)	29	(4.6)	5	(0.8)	641	(51.2)	249	(29.2)	39	(3.5)	551	(20.6)
131-350% poverty:																	
2 - 19	904	12	(2.3)	625	(22.6)	20	(4.0)	3	(0.7)	689	(33.0)	170	(17.7)	25	(2.3)	616	(26.2)
20 and over	1622	24	(1.5)	648	(26.2)	60	(7.9)	9	(1.1)	656	(42.0)	252	(32.5)	38	(3.3)	646	(27.1)
2 and over	2526	21	(1.6)	642	(22.7)	50	(6.8)	8	(1.0)	661	(37.0)	241	(27.9)	36	(2.8)	638	(23.4)
Over 350% poverty:	:																
2 - 19	542	19	(2.8)	640	(20.2)	32	(7.0)	5	(1.1)	580	(44.4)	169	(27.8)	29	(3.1)	654	(29.8)
20 and over	1468	32	(1.7)	661	(17.1)	70	(5.4)	11	(0.8)	608	(16.7)	221	(9.4)	36	(1.7)	686	(23.5)
2 and over	2010	30	(1.5)	657	(13.3)	64	(4.4)	10	(0.6)	605	(15.0)	215	(8.5)	36	(1.5)	679	(17.0)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	598	(14.6)	20	(2.1)	3	(0.4)	601	(22.1)	167	(11.3)	28	(1.7)	597	(17.5)
20 and over	5047	24	(1.4)	637	(12.2)	58	(3.3)	9	(0.5)	637	(22.6)	238	(15.2)	37	(1.5)	637	(14.2)
2 and over	8066	21	(1.1)	627	(11.5)	48	(2.6)	8	(0.4)	633	(20.2)	229	(13.1)	36	(1.2)	626	(13.8)

							В	eta	car	ote	n e						
						–All Indi	viduals	3		F	ull Servi	ce Resta	urant C	onsumers	4	Non-con	nsumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor		To Inta		Full S	e from ervice urants	Percentag Full Se Restau	rvice		otal ake	Full S	e from ervice urants	Percentag Full So Restau	ervice	Т	otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Under 131% poverty	17 •			l					1							I	
2 - 19 20 and over	1378 1596	7 14	(0.8) (1.7)	1071 1727	· /	41* 124	(14.4) (23.8)	4* 7	(1.4) (1.4)		(227.3) (377.1)		(164.7) (210.0)	53 45	(10.4) (7.3)	1064 1691	(84.4) (119.5)
2 and over	2974	12	(1.2)	1515	(84.7)	97	(16.2)	6	(1.1)	1799	(320.3)	831	(170.3)	46	(6.7)	1477	(95.4)
131-350% poverty: 2 - 19	904	12	(2.3)	1341	` '	68	(16.8)	5	(1.4)		(199.5)		(131.7)	40	(8.3)		(238.8)
20 and over	1622	24	(1.5)	2316	(158.2)	236	(38.8)	10	(1.6)	2333	(152.6)	996	(141.8)	43	(6.1)	2311	(198.3)
2 and over	2526	21	(1.6)	2074	(140.1)	195	(31.0)	9	(1.4)	2206	(150.6)	936	(129.9)	42	(5.8)	2040	(163.0)
Over 350% poverty:																	
2 - 19	542	19	(2.8)	1592	(169.0)	139*	' (44.1)	9	(2.6)	1622*	^{\$} (519.7)	742°	^k (248.2)	46	(7.7)	1585	(207.2)
20 and over	1468	32	(1.7)	2507	(145.7)	320	(39.8)	13	(1.6)	2129	(144.9)	1004	(99.6)	47	(5.1)	2684	(177.7)
2 and over	2010	30	(1.5)	2347	(122.2)	288	(32.7)	12	(1.3)	2072	(127.8)	975	(92.4)	47	(4.8)	2462	(155.4)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	1303	(97.0)	75	(12.7)	6	(1.1)	1438	(221.6)	634	(112.5)	44	(5.3)	1285	(105.2)
20 and over	5047	24	(1.4)	2271	(89.2)	239	(30.1)	11	(1.3)	2192	(112.2)	987	(108.0)	45	(4.2)	2296	(102.3)
2 and over	8066	21	(1.1)	2037	(80.3)	199	(21.6)	10	(1.1)	2091	(102.0)	939	(91.7)	45	(3.9)	2023	(92.6)

Beta carotene

							Lус	ор	ene					
					-All Indi	viduals	3	<u> </u>	Full Servio	ce Restaurant C	onsumers 4 –		Non-consu	ımers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor		Total Intake	Full S	e from ervice urants	Percentage Full Ser Restaur	vice	Total Intake	Intake from Full Service Restaurants	Percentages Full Serv Restaura	ice	7 Tota Intak	
(years)		%	(SE)	μg (SE)	μg	(SE)	%	(SE)	μg (SE)	μg (SE)	% (SE)	μg	(SE)
Under 131% poverty	v•			I				I					1	
2 - 19 20 and over	,. 1378 1596	7 14	(0.8) (1.7)	3997 (264.1) 4533 (289.5)	184 355	(35.2) (70.9)	5 8	(0.7) (1.6)	4541 (627.0) 5428 (817.9)	2723 (422.4) 2534 (573.9)		6.1) 0.4)	3958 (2 4387 (2	,
2 and over	2974	12	(1.2)	4360 (244.0)	300	(46.8)	7	(1.1)	5263 (691.3)	2569 (488.6)	,	9.1)	4241 (2	
131-350% poverty:														
2 - 19	904	12	(2.3)	4372 (392.5)	318*	(124.2)	7*	(2.6)	5234 (962.2)	2660*(872.1)		9.2)	4255 (4	,
20 and over	1622	24	(1.5)	4893 (255.7)	680	(102.3)	14	(2.2)	5309 (389.6)	2867 (414.1)	54 (7.4)	4764 (3	32.0)
2 and over	2526	21	(1.6)	4764 (232.7)	590	(92.7)	12	(2.0)	5298 (427.8)	2838 (387.5)	54 (6.4)	4624 (2	.92.8)
Over 350% poverty:														
2 - 19	542	19	(2.8)	3874 (361.2)	310	(70.7)	8	(2.2)	4145 (438.2)	1660 (393.4)	40 (1	0.9)	3812 (3	;75.7)
20 and over	1468	32	(1.7)	5598 (209.4)	930	(105.0)	17	(1.9)	6182 (502.6)	2919 (319.4)	47 (5.2)	5326 (2	.60.8)
2 and over	2010	30	(1.5)	5296 (194.1)	821	(81.7)	16	(1.5)	5956 (453.5)	2780 (288.8)	47 (4.8)	5020 (2	216.7)
All Individuals 8:														
2 - 19	3019	12	(1.0)	4126 (210.2)	256	(47.1)	6	(1.1)	4491 (341.4)	2169 (364.3)	48 (6.6)	4078 (2	26.0)
20 and over	5047	24	(1.4)	5021 (136.4)	676	(55.6)	13	(1.1)	5677 (262.9)	2791 (252.3)		3.8)	4811 (1	66.3)
2 and over	8066	21	(1.1)	4805 (121.3)	574	(44.1)	12	(0.9)	5518 (235.8)	2707 (229.7)	49 (3.5)	4612 (1	43.3)

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							Th i	i a m	i n					
					All Ind	ividuals	3		Full Servic	e Restaurant C	onsumers	4	Non-cons	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		Total Intake	l Full	ke from Service aurants	Percentage Full Ser Restaur	vice	Total Intake	Intake from Full Service Restaurants	Percentag Full Se Restau	ervice	7 To Inta	
(years)		%	(SE)	mg	(SE) mg	(SE)	%	(SE)	mg (SE)	mg (SE)	%	(SE)	mg	(SE)
Under 131% povert 2 - 19 20 and over	y: 1378 1596	7 14	(0.8) (1.7)	1.47 (0. 1.59 (0.	,	(0.008)	2 5	(0.5) (0.8)	1.63 (0.113) 1.65 (0.047)	0.53 (0.064) 0.61 (0.037)	33 37	(2.7) (2.7)	1.46 1.58	· /
2 and over	2974	12	(1.2)	1.55 (0.		(0.009)	4	(0.6)	1.64 (0.042)	0.59 (0.035)	36	(2.2)	1.54 (
131-350% poverty:														
2 - 19	904	12	(2.3)	1.63 (0.	.046) 0.06	(0.014)	4	(0.9)	1.67 (0.106)	0.50 (0.042)	30	(1.7)	1.62	(0.052)
20 and over	1622	24	(1.5)	1.63 (0.	.033) 0.15	(0.011)	9	(0.7)	1.61 (0.042)	0.61 (0.032)	38	(1.9)	1.64 ((0.044)
2 and over	2526	21	(1.6)	1.63 (0.	.031) 0.12	(0.011)	8	(0.7)	1.62 (0.043)	0.60 (0.029)	37	(1.7)	1.63	(0.039)
Over 350% poverty:	:													
2 - 19	542	19	(2.8)	1.59 (0.	.056) 0.08	(0.015)	5	(1.0)	1.44 (0.120)	0.41 (0.061)	29	(3.7)	1.63	(0.059)
20 and over	1468	32	(1.7)	1.65 (0.	.018) 0.19	(0.013)	12	(0.7)	1.58 (0.035)	0.61 (0.025)	39	(1.5)	1.68	(0.037)
2 and over	2010	30	(1.5)	1.64 (0.	.019) 0.17	(0.011)	11	(0.6)	1.56 (0.030)	0.59 (0.021)	38	(1.4)	1.67	(0.032)
All Individuals 8:														
2 - 19	3019	12	(1.0)	1.56 (0.	.027) 0.06	(0.007)	4	(0.5)	1.56 (0.077)	0.47 (0.035)	30	(1.6)	1.56	(0.033)
20 and over	5047	24	(1.4)	1.62 (0.		(0.008)		(0.5)	1.60 (0.017)	0.61 (0.016)	38	(1.0)	1.63	(0.025)
2 and over	8066	21	(1.1)	1.61 (0.	.018) 0.12	(0.007)	8	(0.4)	1.60 (0.017)	0.59 (0.014)	37	(0.9)	1.61	(0.023)

							Ribe	ofla	vi	n						
					–All Indi	viduals	3		F	ull Servi	ce Resta	urant C	Consumers	4	Non-cor	nsumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor		Total Intake	Full S	e from Service urants	Percentag Full Se Restau	rvice		otal ake	Full S	e from Service Jurants	Percentag Full Se Restau	ervice	Т	otal ake
(years)		%	(SE)	mg (SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	v:							I							1	
2 - 19	-	7	(0.8)	1.82 (0.036)	0.04	(0.011)	2	(0.6)	2.05	(0.194)	0.65	(0.125)	32	(3.8)	1.81	(0.042)
20 and over	1596	14	(1.7)	2.06 (0.055)		(0.011)	5	(0.7)		(0.112)		(0.041)	34	(1.8)		(0.065)
2 and over	2974	12	(1.2)	1.99 (0.040)	0.09	(0.011)	4	(0.5)	2.23	(0.087)	0.74	(0.042)	33	(1.7)	1.95	(0.044)
131-350% poverty:																
2 - 19	904	12	(2.3)	2.13 (0.073)	0.06	(0.015)	3	(0.8)	2.12	(0.122)	0.53	(0.055)	25	(2.4)	2.13	(0.088)
20 and over	1622	24	(1.5)	2.18 (0.047)	0.17	(0.014)	8	(0.6)	2.29	(0.093)	0.71	(0.043)	31	(2.2)	2.14	(0.058)
2 and over	2526	21	(1.6)	2.17 (0.049)	0.14	(0.014)	7	(0.7)	2.26	(0.080)	0.69	(0.041)	30	(1.9)	2.14	(0.055)
Over 350% poverty:	:															
2 - 19		19	(2.8)	2.06 (0.072)	0.09	(0.016)	4	(0.9)	1.87	(0.134)	0.48	(0.050)	26	(2.1)	2.11	(0.087)
20 and over	1468	32	(1.7)	2.25 (0.043)	0.23	(0.015)	10	(0.6)		(0.057)	0.72	(0.021)	33	(1.1)	2.28	(0.066)
2 and over	2010	30	(1.5)	2.22 (0.035)	0.20	(0.012)	9	(0.5)	2.15	(0.053)	0.69	(0.017)	32	(0.9)	2.25	(0.050)
All Individuals 8:																
2 - 19	3019	12	(1.0)	2.00 (0.040)	0.06	(0.008)	3	(0.5)	1.98	(0.109)	0.53	(0.046)	27	(1.5)	2.00	(0.053)
20 and over	5047	24	(1.4)	2.18 (0.028)		(0.010)	8	(0.4)		(0.053)		(0.020)	32	(0.9)		(0.035)
2 and over	8066	21	(1.1)	2.13 (0.029)	0.15	(0.008)	7	(0.4)	2.21	(0.047)	0.70	(0.019)	31	(0.8)	2.11	(0.035)

								N	iaci	i n							
						-All Indiv	viduals	3		F	ull Servi	ce Restai	ırant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		Tc Inta	otal ake	Intake Full S Resta	ervice	Percentag Full Se Restau	rvice	To Int	otal ake	Intake Full S Restau	ervice	Percentag Full Se Restau	ervice	То	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% poverty	v•			I					1							1	
2 - 19	1378	7	(0.8)	21.5	(0.64)	0.9*	(0.38)	4*	(1.7)	31.4	(7.79)	13.7*	(5.19)	44	(6.0)	20.7	(0.63)
20 and over	1596	14	(1.7)	25.9	(0.54)	1.6	(0.21)	6	(0.8)	28.2	(1.54)	11.7	(0.71)	42	(2.3)	25.6	(0.61)
2 and over	2974	12	(1.2)	24.5	(0.43)	1.4	(0.24)	6	(1.0)	28.8	(1.83)	12.1	(1.37)	42	(2.7)	23.9	(0.44)
131-350% poverty:																	
2 - 19	904	12	(2.3)	23.3	(0.78)	1.0	(0.21)	4	(1.0)	22.7	(1.18)	8.4	(0.62)	37	(1.5)	23.4	(0.87)
20 and over	1622	24	(1.5)	27.0	(0.71)	2.7	(0.23)	10	(0.9)	28.5	(1.18)	11.6	(0.63)	41	(2.4)	26.6	(0.81)
2 and over	2526	21	(1.6)	26.1	(0.70)	2.3	(0.22)	9	(0.9)	27.7	(1.10)	11.1	(0.56)	40	(2.1)	25.7	(0.78)
Over 350% poverty:	:																
2 - 19	542	19	(2.8)	21.8	(1.16)	1.3	(0.26)	6	(1.2)	19.5	(1.52)	7.1	(1.02)	36	(3.9)	22.3	(1.15)
20 and over	1468	32	(1.7)	26.3	(0.28)	3.7	(0.26)	14	(1.0)	27.3	(0.67)	11.7	(0.46)	43	(1.7)	25.8	(0.41)
2 and over	2010	30	(1.5)	25.5	(0.33)	3.3	(0.21)	13	(0.8)	26.5	(0.61)	11.2	(0.43)	42	(1.5)	25.1	(0.38)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	22.2	(0.45)	1.1	(0.19)	5	(0.9)	23.1	(2.11)	8.9	(1.24)	39	(2.3)	22.1	(0.48)
20 and over	5047	24	(1.4)	26.5	(0.24)	2.8	(0.15)	11	(0.6)	27.9	(0.52)	11.7	(0.36)	42	(1.0)	26.0	(0.28)
2 and over	8066	21	(1.1)	25.4	(0.24)	2.4	(0.13)	9	(0.5)	27.3	(0.60)	11.3	(0.37)	41	(0.9)	24.9	(0.28)

DATA SOURCE: What We Eat in America, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.

							Vita	тiı	n B6					
					— All Indi	viduals	3		Full Servio	ce Restaurant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		Total Intake	Intako Full S Resta		Percentage Full Ser Restaur	vice	Total Intake	Intake from Full Service Restaurants	Percentag Full Se Restau	rvice	7 To Inta	otal ake
(years)		%	(SE)	mg (S	E) mg	(SE)	%	(SE)	mg (SE)	mg (SE)	%	(SE)	mg	(SE)
Under 131% povert	v:							1					1	
2 - 19	1378	7	(0.8)	1.73 (0.00	3) 0.07*	(0.032)	4*	(1.8)	2.45 (0.670)	1.02*(0.449)	42	(7.1)	1.68	(0.059)
20 and over	1596	14	(1.7)	2.13 (0.08	0) 0.13	(0.015)	6	(0.8)	2.27 (0.129)	0.91 (0.050)	40	(1.9)	2.10	(0.094)
2 and over	2974	12	(1.2)	2.00 (0.06	2) 0.11	(0.019)	5	(1.0)	2.31 (0.176)	0.93 (0.111)	41	(2.5)	1.96	(0.068)
131-350% poverty:														
2 - 19	904	12	(2.3)	1.89 (0.08	1) 0.07	(0.014)	4	(0.8)	1.82 (0.105)	0.58 (0.040)	32	(1.5)	1.90	(0.088)
20 and over	1622	24	(1.5)	2.25 (0.07	9) 0.22	(0.018)	10	(1.0)	2.39 (0.132)	0.91 (0.052)	38	(2.7)	2.20	(0.104)
2 and over	2526	21	(1.6)	2.16 (0.07	4) 0.18	(0.017)	8	(1.0)	2.31 (0.116)	0.86 (0.046)	37	(2.3)	2.12	(0.091)
Over 350% poverty	:													
2 - 19	542	19	(2.8)	1.82 (0.10	5) 0.09	(0.017)	5	(1.0)	1.54 (0.119)	0.49 (0.065)	32	(3.0)	1.89	(0.113)
20 and over	1468	32	(1.7)	2.20 (0.03	2) 0.30	(0.024)	14	(1.1)	2.26 (0.070)	0.95 (0.040)	42	(2.1)	2.17	(0.032)
2 and over	2010	30	(1.5)	2.13 (0.02	9) 0.27	(0.020)	12	(0.9)	2.18 (0.059)	0.90 (0.040)	41	(2.0)	2.11	(0.028)
All Individuals 8:														
2 - 19	3019	12	(1.0)	1.81 (0.03	9) 0.08	(0.015)	4	(0.8)	1.83 (0.185)	0.64 (0.104)	35	(2.4)	1.81	(0.043)
20 and over	5047	24	(1.4)	2.20 (0.03	0) 0.23	(0.014)	10	(0.7)	2.31 (0.051)	0.93 (0.029)	40	(1.0)	2.16	(0.042)
2 and over	8066	21	(1.1)	2.11 (0.02	8) 0.19	(0.010)	9	(0.5)	2.25 (0.058)	0.89 (0.031)	40	(0.9)	2.07	(0.036)

							F	olat	t e (DF	E)						
						-All Indiv	viduals	3		F	ull Servi	ce Resta	urant C	onsumers	4	Non-con	nsumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor			otal ake	Intake Full Se Restau	ervice	Percentag Full Se Restau	ervice		otal ake	Intako Full S Resta		Percentag Full Se Restau	ervice	Т	otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Under 131% poverty	v:			I					1							1	
2 - 19	1378	7	(0.8)	496	(16.1)	11	(2.0)	2	(0.4)	524	(33.5)	162	(16.6)	31	(3.0)	494	(16.4)
20 and over	1596	14	(1.7)	526	(19.4)	25	(2.8)	5	(0.6)	526	(28.3)	176	(10.9)	33	(1.8)	526	(21.7)
2 and over	2974	12	(1.2)	517	(16.5)	20	(1.9)	4	(0.4)	526	(24.6)	173	(9.9)	33	(1.6)	515	(18.1)
131-350% poverty:																	
2 - 19	904	12	(2.3)	521	(30.2)	19	(4.4)	4	(0.9)	553	(49.1)	156	(15.3)	28	(2.0)	517	(32.8)
20 and over	1622	24	(1.5)	522	(16.9)	41	(3.0)	8	(0.7)	503	(11.3)	174	(7.5)	35	(1.1)	528	(22.0)
2 and over	2526	21	(1.6)	522	(16.8)	36	(3.3)	7	(0.7)	510	(12.3)	171	(7.5)	34	(1.0)	525	(21.5)
Over 350% poverty:	:																
2 - 19	542	19	(2.8)	497	(14.9)	27	(5.5)	5	(1.2)	456	(38.3)	142	(18.3)	31	(4.3)	506	(21.7)
20 and over	1468	32	(1.7)	536	(8.2)	60	(4.4)	11	(0.8)	512	(13.8)	189	(9.6)	37	(1.6)	546	(15.0)
2 and over	2010	30	(1.5)	529	(6.6)	54	(3.3)	10	(0.7)	506	(12.4)	184	(8.5)	36	(1.4)	538	(10.8)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	510	(12.7)	18	(1.9)	4	(0.4)	506	(23.8)	154	(9.2)	30	(1.9)	511	(14.9)
20 and over	5047	24	(1.4)	528	(8.7)	44	(2.7)	8	(0.5)	513	(10.1)	182	(6.2)	35	(1.0)	533	(11.8)
2 and over	8066	21	(1.1)	524	(8.0)	38	(2.1)	7	(0.4)	512	(9.6)	178	(5.6)	35	(0.9)	527	(10.7)

Folate (DFE)

								C h	o l i	n e							
						-All Indiv	iduals	3		F	ull Servi	ce Restai	urant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta		Intake Full Se Restau	ervice	Percentag Full Se Restau	rvice	To Inta	otal ake	Intake Full S Restar		Percentag Full Se Restau	ervice	To Inta	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert 2 - 19 20 and over	y: 1378 1596	7 14	(0.8) (1.7)	248 327	(5.9) (6.4)	9* 23	(3.2) (2.6)	3* 7	(1.3) (0.9)	349 362	(83.6) (14.1)	127* 166	(42.5) (8.7)	36 46	(4.1) (2.8)	240 321	(5.5) (7.6)
2 and over	2974	12	(1.2)	301	(4.9)	18	(2.2)	6	(0.8)	359	(14.1)	158	(8.3)	44	(2.1)	294	(6.5)
131-350% poverty: 2 - 19 20 and over	904 1622	12 24	(2.3) (1.5)	269 343	(7.2) (7.1)	13 43	(2.4) (3.9)	5 12	(0.9) (1.1)	281 388	(21.1) (16.4)	105 180	(9.5) (10.8)	37 46	(2.1) (2.0)	268 330	(8.0) (7.2)
2 and over	2526	21	(1.6)	325	(6.9)	35	(3.5)	11	(1.0)	373	(15.0)	169	(9.6)	45	(1.8)	313	(6.6)
Over 350% poverty: 2 - 19 20 and over 2 and over	542 1468 2010	19 32 30	(2.8) (1.7) (1.5)	251 343 327	(9.9) (6.5) (4.9)	16 55 48	(3.2) (4.2) (3.4)	6 16 15	(1.3) (1.2) (1.0)	246 371 357	(20.9) (10.2) (9.1)	83 173 163	(11.3) (5.7) (5.4)	34 47 46	(3.4) (1.6) (1.5)	252 330 314	(11.5) (8.4) (6.2)
All Individuals 8: 2 - 19 20 and over 2 and over	3019 5047 8066	12 24 21	(1.0)(1.4)(1.1)	256 339 319	(3.8) (3.9) (3.5)	12 42 35	(1.8) (2.3) (1.7)	5 12 11	(0.7) (0.7) (0.5)	278 375 362	(27.8) (7.8) (7.5)	100 174 164	(11.2) (4.6) (3.9)	36 46 45	(1.5) (1.2) (1.1)	253 327 307	(4.4) (4.4) (3.6)

						1	V i t a 🛛	m i n	B 1 2				
					——All Ind	ividuals	3		Full Servic	ce Restaurant C	onsumers	4	Non-consumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor		Total Intake	Full	ke from Service aurants	Percentage Full Ser Restaur	vice	Total Intake	Intake from Full Service Restaurants	Percentag Full Se Restau	ervice	7 Total Intake
(years)		%	(SE)	μg (SE) µg	g (SE)	%	(SE)	μg (SE)	μg (SE)	%	(SE)	μg (SE)
Under 131% poverty	v:		1					1					I
2 - 19	1378	7	(0.8)	4.48 (0.1	27) 0.09	(0.018)	2	(0.4)	4.43 (0.328)	1.30 (0.166)	29	(3.7)	4.48 (0.142)
20 and over	1596	14	(1.7)	4.82 (0.1		(0.055)	7	(1.1)	6.09 (0.498)	2.26 (0.286)	37	(4.3)	4.61 (0.142)
2 and over	2974	12	(1.2)	4.71 (0.1	05) 0.24	• (0.040)	5	(0.9)	5.78 (0.414)	2.08 (0.248)	36	(3.9)	4.57 (0.105)
131-350% poverty:													
2 - 19	904	12	(2.3)	5.00 (0.2	71) 0.16	(0.035)	3	(0.8)	5.16 (0.371)	1.36 (0.206)	26	(3.5)	4.98 (0.293)
20 and over	1622	24	(1.5)	5.11 (0.2	21) 0.58	(0.092)	11	(1.7)	5.78 (0.379)	2.43 (0.351)	42	(5.0)	4.90 (0.232)
2 and over	2526	21	(1.6)	5.08 (0.2	17) 0.47	(0.076)	9	(1.5)	5.69 (0.350)	2.27 (0.308)	40	(4.3)	4.92 (0.230)
Over 350% poverty:	:												
2 - 19	542	19	(2.8)	4.88 (0.3	27) 0.20	(0.038)	4	(0.9)	3.66 (0.323)	1.07 (0.144)	29	(3.2)	5.16 (0.328)
20 and over	1468	32	(1.7)	4.88 (0.1	17) 0.63	(0.062)	13	(1.2)	5.08 (0.175)	1.99 (0.117)	39	(2.3)	4.79 (0.134)
2 and over	2010	30	(1.5)	4.88 (0.1	07) 0.56	(0.051)	11	(1.0)	4.92 (0.154)	1.88 (0.108)	38	(2.0)	4.86 (0.111)
All Individuals 8:													
2 - 19	3019	12	(1.0)	4.78 (0.1	04) 0.14	(0.017)	3	(0.4)	4.33 (0.286)	1.20 (0.094)	28	(1.9)	4.84 (0.124)
20 and over	5047	24	(1.4)	4.95 (0.0		(0.031)	11	(0.6)	5.47 (0.147)	2.18 (0.129)	40	(1.6)	4.78 (0.110)
2 and over	8066	21	(1.1)	4.91 (0.0	67) 0.43	(0.026)	9	(0.5)	5.32 (0.145)	2.05 (0.113)	39	(1.4)	4.80 (0.098)

Vitamin B12

								Vita	a m i	n (2						
						–All Indi	viduals	3		F	Full Servi	ce Restai	ırant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake	Intako Full S Resta		Percentag Full Se Restau	rvice		otal take	Intake Full S Resta	ervice	Percentag Full Se Restau	rvice	To	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert 2 - 19	y: 1378	7	(0.8)	73.0	(3.05)	1.0	(0.29)	1	(0.4)	80.4	(9.08)	15.3	(3.25)	19	(4.5)	72.4	(2.95)
20 and over	1596	14	(1.7)	75.5	(3.81)	3.0	(0.50)	4	(0.7)	81.2	(12.53)	21.4	(3.76)	26	(5.1)	74.6	(3.89)
2 and over	2974	12	(1.2)	74.7	(2.60)	2.4	(0.33)	3	(0.4)	81.0	(10.09)	20.3	(3.24)	25	(4.4)	73.9	(2.63)
131-350% poverty:																	
2 - 19	904	12	(2.3)	69.7	(3.29)	2.0	(0.42)	3	(0.6)	71.2	()	16.6	(2.61)	23	(4.2)	69.5	(3.70)
20 and over	1622	24	(1.5)	80.8	(2.31)	6.4	(0.82)	8	(1.0)	85.5	(8.66)	26.8	(3.17)	31	(3.4)	79.3	(2.66)
2 and over	2526	21	(1.6)	78.0	(2.13)	5.3	(0.73)	7	(0.9)	83.5	(7.59)	25.4	(2.85)	30	(2.9)	76.6	(2.57)
Over 350% poverty:																	
2 - 19	542	19	(2.8)	75.7	(3.82)		(1.14)	4*	(1.5)	86.8	· ,	17.2	(4.43)	20	(5.2)	73.1	(4.51)
20 and over	1468	32	(1.7)	79.3	(2.40)	8.4	(1.02)	11	(1.2)	76.4	(4.08)	26.2	(2.22)	34	(2.7)	80.7	(2.58)
2 and over	2010	30	(1.5)	78.7	(2.49)	7.5	(0.93)	9	(1.1)	77.6	(3.39)	25.2	(2.17)	33	(2.6)	79.2	(2.79)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	72.9	(1.78)	2.0	(0.31)	3	(0.4)	79.0	(16.9	(2.52)	21	(3.3)	72.1	(1.73)
20 and over	5047	24	(1.4)	79.1	(1.67)	6.3	(0.42)	8	(0.5)	80.2	(3.87)	25.8	(1.24)	32	(1.5)	78.7	(1.72)
2 and over	8066	21	(1.1)	77.6	(1.25)	5.2	(0.33)	7	(0.4)	80.0	(3.19)	24.6	(1.35)	31	(1.3)	76.9	(1.39)

								Vita	a m i	n D)						
						-All Indi	viduals	3		—F	ull Servi	ce Resta	urant C	onsumers 4	·	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		To Int	otal ake	Intako Full S Resta		Percentag Full Se Restau	rvice	Te	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	rvice	7 To Inta	otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Under 131% poverty	v:			I					1							I	
2 - 19	1378	7	(0.8)	5.0	(0.13)	#		1*	(0.1)	4.6	(0.64)	0.5	(0.10)	12*	(2.7)	5.0	(0.13)
20 and over	1596	14	(1.7)	4.4	(0.13)	0.2	(0.05)	6	(1.2)	5.4	(0.55)	1.8	(0.37)	33	(5.8)	4.3	(0.16)
2 and over	2974	12	(1.2)	4.6	(0.10)	0.2	(0.04)	4	(0.8)	5.3	(0.47)	1.5	(0.31)	29	(5.2)	4.5	(0.11)
131-350% poverty:																	
2 - 19	904	12	(2.3)	5.5	(0.28)	0.1	(0.03)	2	(0.6)	6.0	(0.48)	1.0	(0.20)	16	(3.1)	5.5	(0.33)
20 and over	1622	24	(1.5)	4.7	(0.30)	0.3	(0.04)	6	(1.0)	4.0	(0.17)	1.1	(0.15)	27	(3.3)	4.9	(0.41)
2 and over	2526	21	(1.6)	4.9	(0.24)	0.2	(0.03)	5	(0.7)	4.3	(0.14)	1.1	(0.14)	25	(2.6)	5.0	(0.30)
Over 350% poverty:																	
2 - 19	542	19	(2.8)	5.3	(0.30)	0.2	(0.04)	4	(0.9)	4.7	(0.45)	1.0	(0.23)	22	(3.9)	5.4	(0.35)
20 and over	1468	32	(1.7)	5.0	(0.23)	0.5	(0.07)	11	(1.3)	5.1	(0.37)	1.7	(0.22)	33	(3.6)	5.0	(0.25)
2 and over	2010	30	(1.5)	5.1	(0.19)	0.5	(0.06)	9	(1.1)	5.0	(0.33)	1.6	(0.19)	32	(3.2)	5.1	(0.21)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	5.3	(0.10)	0.1	(0.02)	2	(0.3)	5.1	(0.42)	0.9	(0.13)	17	(2.2)	5.3	(0.13)
20 and over	5047	24	(1.4)	4.7	(0.16)	0.4	(0.04)	8	(0.7)	4.8	(0.23)	1.5	(0.15)	32	(2.1)	4.7	(0.20)
2 and over	8066	21	(1.1)	4.9	(0.12)	0.3	(0.03)	б	(0.5)	4.8	(0.21)	1.4	(0.13)	30	(1.9)	4.9	(0.15)

Vitamin E (alphatocopherol)

						–All Indi	viduals	3		F	ull Servi	ce Restau	urant C	onsumers	4	Non-cor	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake	Intake Full S Resta	ervice	Percentag Full Se Restau	rvice	7 To Inta	otal ake	Intako Full S Resta		Percentag Full Se Restau	rvice	T	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% poverty	y:															I	
2 - 19	1378	7	(0.8)	7.0	(0.26)	0.2	(0.05)	3	(0.6)	8.8	(0.79)	3.2	(0.41)	36	(2.8)	6.8	(0.26)
20 and over	1596	14	(1.7)	8.4	(0.28)	0.5	(0.07)	6	(0.8)	9.7	(1.28)	3.8	(0.26)	39	(4.0)	8.2	(0.32)
2 and over	2974	12	(1.2)	7.9	(0.21)	0.4	(0.05)	5	(0.6)	9.5	(1.02)	3.7	(0.22)	38	(3.5)	7.7	(0.25)
131-350% poverty:																	
2 - 19	904	12	(2.3)	7.6	(0.69)	0.4	(0.06)	5	(0.9)	8.0	(0.46)	3.0	(0.16)	38	(1.9)	7.6	(0.79)
20 and over	1622	24	(1.5)	9.6	(0.37)	0.9	(0.08)	9	(1.0)	10.2	(0.56)	3.8	(0.24)	37	(3.2)	9.4	(0.44)
2 and over	2526	21	(1.6)	9.1	(0.32)	0.8	(0.07)	8	(1.0)	9.9	(0.49)	3.7	(0.20)	37	(2.9)	8.9	(0.36)
Over 350% poverty:																	
2 - 19	542	19	(2.8)	7.2	(0.32)	0.5	(0.09)	7	(1.2)	7.6	(0.71)	2.7	(0.36)	36	(4.1)	7.2	(0.32)
20 and over	1468	32	(1.7)	9.9	(0.16)	1.3	(0.09)	13	(0.8)	10.2	(0.19)	4.0	(0.21)	39	(2.4)	9.8	(0.24)
2 and over	2010	30	(1.5)	9.5	(0.13)	1.1	(0.07)	12	(0.7)	9.9	(0.23)	3.8	(0.19)	39	(2.1)	9.3	(0.18)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	7.2	(0.29)	0.3	(0.04)	5	(0.5)	8.0	(0.40)	2.9	(0.20)	37	(2.0)	7.1	(0.32)
20 and over	5047	24	(1.4)	9.4	(0.18)	0.9	(0.05)	10	(0.5)	10.1	(0.21)	3.9	(0.13)	38	(1.4)	9.2	(0.21)
2 and over	8066	21	(1.1)	8.9	(0.16)	0.8	(0.04)	9	(0.4)	9.9	(0.22)	3.7	(0.11)	38	(1.2)	8.6	(0.20)

								Vita	a m i	n K					
				<u> </u>		–All Indi	viduals	3	<u></u>	Full Servic	e Restaurant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	rvice	Total Intake	Intake from Full Service Restaurants	Percentag Full Se Restau	ervice	7 To Inta	
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg (SE)	μg (SE)	%	(SE)	μg	(SE)
Under 131% povert 2 - 19 20 and over	1378	7 14	(0.8) (1.7)	66.2 102.3	(3.29) (5.53)	2.4 10.7	(0.62) (1.91)	4 10	(0.9) (1.8)	82.0 (8.28) 140.7 (21.75)	36.0 (6.84) 76.0 (17.02)	44 54	(5.5) (4.4)	65.1 96.1	(3.32) (5.92)
2 and over	2974	12	(1.2)	90.7	(3.97)	8.0	(1.27)	9	(1.4)	129.8 (17.38)	68.5 (13.80)	53	(4.2)	85.5	(4.15)
131-350% poverty: 2 - 19 20 and over	904 1622	12 24	(2.3) (1.5)	72.7 120.0	(5.64) (7.04)	4.3 15.9	(0.72) (2.06)	6 13	(1.2) (1.6)	75.9 (5.91) 125.5 (8.74)	35.8 (4.93) 67.1 (7.74)	47 53	(4.6) (3.4)	72.2 118.4	(6.17) (8.70)
2 and over	2526	21	(1.6)	108.3	(5.47)	13.0	(1.61)	12	(1.4)	118.4 (7.01)	62.6 (6.50)	53	(3.1)	105.6	(6.38)
Over 350% poverty 2 - 19 20 and over 2 and over	542	19 32 30	(2.8) (1.7) (1.5)	79.2 136.4 126.4	(6.63) (4.26) (4.15)	8.9 24.4 21.7	(2.34) (2.85) (2.26)	11 18 17	(2.8) (2.1) (1.8)	97.7 (20.42) 141.3 (9.38) 136.5 (8.44)	47.6 (11.03) 76.6 (6.55) 73.4 (5.86)	49 54 54	(6.6) (3.7) (3.4)	75.0 134.2 122.2	(8.23) (5.61) (5.20)
All Individuals ⁸ : 2 - 19 20 and over 2 and over	3019 5047 8066	12 24 21	(1.0) (1.4) (1.1)	72.2 123.0 110.7	(3.02) (3.16) (2.76)	5.0 17.6 14.6	(0.65) (1.96) (1.42)	7 14 13	(0.8) (1.5) (1.2)	88.1 (9.43) 138.2 (8.02) 131.5 (6.81)	42.1 (6.40) 72.8 (6.18) 68.7 (5.38)	48 53 52	(4.4) (2.6) (2.4)	70.1 118.2 105.2	(3.27) (3.50) (3.02)

								C a	lci	u m							
					<u></u>	-All Indi	viduals	3		F	ull Servi	ce Restai	urant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake	Intake Full S Resta		Percentag Full Se Restau	ervice	7 To Inta	otal ake		e from ervice urants	Percentag Full Se Restau	ervice	To	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert 2 - 19 20 and over	y: 1378 1596	7 14	(0.8) (1.7)	954 937	(23.8) (21.0)	21 42	(5.1) (4.9)	2 5	(0.5) (0.5)	1040 1021	(56.0) (47.4)	310 301	(50.1) (24.9)	30 29	(4.6) (1.8)	947 923	(25.8) (24.5)
2 and over	2974	12	(1.2)	942	(18.6)	35	(3.1)	4	(0.3)	1025	(41.1)	303	(21.1)	30	(1.7)	932	(21.3)
131-350% poverty: 2 - 19 20 and over	904 1622	12 24	(2.3) (1.5)	1029 968	(34.1) (16.4)	35 63	(7.1) (4.1)	3 7	(0.7) (0.4)	1139 915	(65.2) (31.8)	292 267	(21.8) (13.0)	26 29	(1.9) (1.4)	1014 985	(38.8) (18.5)
2 and over	2526	21	(1.6)	983	(15.4)	56	(4.3)	6	(0.5)	947	(24.6)	271	(13.5)	29	(1.3)	993	(17.9)
Over 350% poverty: 2 - 19 20 and over 2 and over	542 1468 2010	19 32 30	(2.8) (1.7) (1.5)	1099 983 1003	(45.6) (23.6) (23.3)	50 91 83	(11.3) (6.3) (4.2)	5 9 8	(1.1) (0.6) (0.4)	990 948 953	(57.9) (23.6) (22.7)	268 284 283	(34.3) (13.5) (10.2)	27 30 30	(2.8) (1.3) (1.0)	1124 999 1024	(51.5) (37.9) (35.1)
All Individuals ⁸ : 2 - 19 20 and over 2 and over	3019 5047 8066	12 24 21	(1.0) (1.4) (1.1)	1020 965 978	(19.2) (11.8) (11.2)	33 68 60	(4.3) (3.9) (3.2)	3 7 6	(0.4) (0.4) (0.3)	1040 952 964	(44.4) (15.7) (15.0)	280 281 281	(21.2) (7.0) (6.6)	27 29 29	(1.7) (0.7) (0.6)	1017 969 982	(23.6) (15.4) (14.6)

DATA SOURCE: What We Eat in America, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.

								Phos	ph	oru	S						
						-All Indi	viduals	3		F	ull Servi	ce Resta	urant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor		To Int	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	rvice	To Inta	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	ervice	Te	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	v:			I					1							1	
2 - 19	1378	7	(0.8)	1215	(20.1)	41	(11.7)	3	(1.0)	1581	(191.7)	610	(135.0)	39	(4.4)	1189	(23.7)
20 and over	1596	14	(1.7)	1339	(20.1)	83	(9.6)	6	(0.7)	1495	(46.6)	593	(24.2)	40	(1.6)	1314	(22.1)
2 and over	2974	12	(1.2)	1299	(16.3)	70	(8.3)	5	(0.6)	1511	(43.4)	596	(32.0)	39	(1.6)	1271	(18.2)
131-350% poverty:																	
2 - 19	904	12	(2.3)	1305	(30.7)	59	(11.3)	5	(0.9)	1447	(80.2)	496	(26.9)	34	(1.8)	1285	(35.6)
20 and over	1622	24	(1.5)	1413	(25.2)	139	(10.5)	10	(0.8)	1449	(48.0)	585	(22.8)	40	(1.4)	1401	(24.8)
2 and over	2526	21	(1.6)	1386	(21.7)	119	(10.4)	9	(0.8)	1449	(44.1)	573	(21.1)	40	(1.2)	1369	(21.7)
Over 350% poverty:	:																
2 - 19	542	19	(2.8)	1315	(48.1)	77	(15.0)	6	(1.2)	1214	(66.8)	410	(46.1)	34	(2.6)	1338	(51.3)
20 and over	1468	32	(1.7)	1432	(20.6)	186	(12.0)	13	(0.8)	1454	(31.6)	583	(16.6)	40	(1.4)	1421	(36.6)
2 and over	2010	30	(1.5)	1411	(18.5)	166	(9.0)	12	(0.6)	1428	(28.2)	563	(13.3)	39	(1.2)	1404	(30.1)
All Individuals ⁸ :																	
2 - 19	3019	12	(1.0)	1272	(15.9)	57	(7.7)	4	(0.6)	1360	(69.7)	481	(39.1)	35	(1.6)	1261	(22.0)
20 and over	5047	24	(1.4)	1399	(11.9)	142	(7.8)	10	(0.5)	1461	(25.3)	585	(11.8)	40	(0.9)	1380	(16.9)
2 and over	8066	21	(1.1)	1369	(11.0)	121	(6.2)	9	(0.4)	1447	(26.3)	571	(11.4)	39	(0.7)	1348	(14.9)

								Mag	nes	iun	n						
						-All Indiv	viduals	3		F	ull Servi	ce Resta	urant C	Consumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor		To Inta		Intake Full Se Restau	ervice	Percentag Full Se Restau	ervice	To Int	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	ervice	1 ⁷ To Inta	
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	v•			l					1							1	
2 - 19		7	(0.8)	226	(4.5)	6	(1.7)	3	(0.7)	277	(30.3)	91	(19.2)	33	(4.0)	222	(4.8)
20 and over	1596	14	(1.7)	281	(4.8)	14	(1.5)	5	(0.6)	306	(13.9)	102	(4.9)	33	(1.5)	276	(5.5)
2 and over	2974	12	(1.2)	263	(4.3)	12	(1.2)	4	(0.5)	300	(9.9)	100	(4.4)	33	(1.5)	258	(4.9)
131-350% poverty:																	
2 - 19	904	12	(2.3)	239	(6.4)	10	(1.7)	4	(0.7)	264	(14.6)	81	(4.3)	31	(2.0)	236	(6.7)
20 and over	1622	24	(1.5)	303	(6.0)	24	(2.2)	8	(0.8)	298	(7.2)	102	(4.4)	34	(1.6)	305	(7.8)
2 and over	2526	21	(1.6)	288	(5.6)	21	(2.0)	7	(0.7)	293	(6.5)	99	(4.0)	34	(1.3)	286	(6.9)
Over 350% poverty	:																
2 - 19		19	(2.8)	243	(7.6)	13	(2.0)	5	(0.9)	232	(10.4)	67	(5.8)	29	(1.8)	246	(8.1)
20 and over	1468	32	(1.7)	323	(5.1)	36	(2.5)	11	(0.7)	328	(7.9)	114	(4.5)	35	(1.4)	320	(8.1)
2 and over	2010	30	(1.5)	309	(3.8)	32	(2.0)	10	(0.6)	317	(7.1)	109	(4.0)	34	(1.2)	305	(5.8)
All Individuals ⁸ :																	
2 - 19	3019	12	(1.0)	235	(3.1)	9	(1.1)	4	(0.5)	250	(9.4)	77	(5.6)	31	(1.5)	233	(3.8)
20 and over		24	(1.4)	305	(3.4)	26	(1.6)	9	(0.5)	316	(4.0)	108	(2.4)	34	(0.8)	302	(4.2)
2 and over	8066	21	(1.1)	288	(3.1)	22	(1.2)	8	(0.4)	307	(3.7)	104	(1.8)	34	(0.7)	283	(3.7)

Ι	r	0	n

						-All Indi	viduals	3	<u> </u>	F	ull Servie	ce Restai	urant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor		To Inta	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	ervice	To	otal ake	Intako Full S Resta		Percentag Full Se Restau	ervice	To Inta	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	v •		1						1						1		
2 - 19	1378	7	(0.8)	13.6	(0.31)	0.3	(0.06)	2	(0.4)	15.8	(1.10)	4.7	(0.55)	30	(2.9)	13.4	(0.30)
20 and over		14	(1.7)	14.4	(0.33)	0.8	(0.13)	- 6	(0.9)	15.5	(0.84)	5.8	(0.46)	37	(2.1)	14.2	(0.39)
2 and over	2974	12	(1.2)	14.1	(0.30)	0.7	(0.09)	5	(0.7)	15.6	(0.80)	5.6	(0.43)	36	(2.0)	13.9	(0.35)
2 und 0 (01	2771	12	(1.2)	11	(0.50)	0.7	(0.07)	5	(0.7)	10.0	(0.00)	5.0	(0.15)	50	(2.0)	15.7	(0.55)
131-350% poverty:																	
2 - 19	904	12	(2.3)	14.3	(0.62)	0.5	(0.10)	3	(0.7)	14.5	(0.92)	3.9	(0.35)	27	(1.8)	14.3	(0.68)
20 and over	1622	24	(1.5)	14.8	(0.37)	1.2	(0.09)	8	(0.7)	14.1	(0.28)	5.2	(0.22)	37	(1.3)	15.0	(0.50)
2 and over	2526	21	(1.6)	14.6	(0.37)	1.0	(0.09)	7	(0.7)	14.1	(0.30)	5.0	(0.20)	36	(1.2)	14.8	(0.48)
Over 350% poverty:	•																
2 - 19	542	19	(2.8)	13.8	(0.43)	0.6	(0.12)	5	(0.9)	12.1	(0.82)	3.4	(0.42)	28	(3.5)	14.1	(0.44)
20 and over	1468	32	(1.7)	14.4	(0.15)	1.7	(0.13)	12	(0.8)	14.1	(0.29)	5.4	(0.21)	38	(1.6)	14.6	(0.28)
2 and over	2010	30	(1.5)	14.3	(0.12)	1.5	(0.10)	11	(0.7)	13.9	(0.27)	5.2	(0.17)	37	(1.3)	14.5	(0.18)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	13.9	(0.23)	0.5	(0.05)	3	(0.4)	13.8	(0.52)	3.9	(0.28)	28	(1.8)	13.9	(0.28)
20 and over	5047	24	(1.4)	14.5	(0.14)	1.3	(0.08)	9	(0.6)	14.3	(0.25)	5.4	(0.16)	38	(0.8)	14.6	(0.22)
2 and over	8066	21	(1.1)	14.4	(0.14)	1.1	(0.06)	8	(0.4)	14.2	(0.24)	5.2	(0.13)	36	(0.7)	14.4	(0.22)
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						-All Indi	viduals	3	<u></u>	F	ull Servio	ce Resta	urant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Pero Repor		To Inta	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	ervice	To Int	otal ake		e from ervice urants	Percentag Full Se Restau	ervice	7 To Inta	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	v:		1						1							1	
2 - 19	1378	7	(0.8)	9.7	(0.24)	0.3	(0.07)	3	(0.7)	11.3	(1.16)	4.1	(0.72)	36	(3.5)	9.6	(0.25)
20 and over	1596	14	(1.7)	10.8	(0.28)	0.7	(0.08)	6	(0.7)	11.4	(0.41)	4.8	(0.33)	42	(2.1)	10.7	(0.31)
2 and over	2974	12	(1.2)	10.4	(0.23)	0.5	(0.06)	5	(0.6)	11.4	(0.39)	4.6	(0.29)	41	(1.8)	10.3	(0.26)
131-350% poverty:																	
2 - 19	904	12	(2.3)	10.4	(0.46)	0.4	(0.08)	4	(0.8)	10.4	(0.74)	3.2	(0.34)	31	(2.2)	10.5	(0.52)
20 and over	1622	24	(1.5)	11.4	(0.19)	1.2	(0.11)	10	(0.9)	11.8	(0.36)	5.0	(0.33)	43	(2.5)	11.3	(0.28)
2 and over	2526	21	(1.6)	11.2	(0.23)	1.0	(0.10)	9	(0.9)	11.6	(0.33)	4.8	(0.28)	41	(2.1)	11.1	(0.31)
Over 350% poverty:	:																
2 - 19	542	19	(2.8)	10.2	(0.39)	0.5	(0.11)	5	(1.1)	8.9	(0.54)	2.8	(0.37)	31	(3.7)	10.5	(0.47)
20 and over	1468	32	(1.7)	11.3	(0.18)	1.5	(0.13)	13	(1.1)	11.4	(0.22)	4.7	(0.22)	42	(1.8)	11.2	(0.26)
2 and over	2010	30	(1.5)	11.1	(0.13)	1.3	(0.10)	12	(0.8)	11.1	(0.19)	4.5	(0.18)	41	(1.5)	11.0	(0.18)
All Individuals 8:																	
2 - 19	3019	12	(1.0)	10.1	(0.16)	0.4	(0.05)	4	(0.5)	9.8	(0.48)	3.2	(0.25)	33	(1.8)	10.1	(0.22)
20 and over	5047	24	(1.4)	11.2	(0.09)	1.2	(0.08)	10	(0.7)	11.5	(0.18)	4.8	(0.18)	42	(1.2)	11.1	(0.12)
2 and over	8066	21	(1.1)	10.9	(0.09)	1.0	(0.06)	9	(0.6)	11.3	(0.17)	4.6	(0.15)	41	(1.0)	10.8	(0.13)

								Сс	o p p	e r							
						-All Indi	viduals	3		F	ull Servi	ce Resta	urant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		To Int	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	rvice	Te	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	ervice	To	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert 2 - 19 20 and over	y: 1378 1596	7 14	(0.8) (1.7)	0.9 1.1	(0.02) (0.02)	# 0.1	(0.01)	2 5	(0.5) (0.7)	1.0 1.2	(0.07) (0.05)	0.3 0.4	(0.04) (0.02)	30 35	(2.9) (1.8)	0.9 1.1	(0.02) (0.03)
2 and over	2974	12	(1.2)	1.0	(0.02)	#		5	(0.5)	1.2	(0.04)	0.4	(0.02)	35	(1.7)	1.0	(0.02)
131-350% poverty: 2 - 19 20 and over	904 1622	12 24	(2.3) (1.5)	0.9 1.2	(0.03) (0.03)	# 0.1	(0.01)	4 9	(0.7) (1.1)	1.1 1.3	(0.08) (0.05)	0.3 0.5	(0.03) (0.04)	30 38	(2.4) (2.8)	0.9 1.2	(0.03) (0.04)
2 and over	2526	21	(1.6)	1.2	(0.03)	0.1	(0.01)	8	(1.0)	1.2	(0.04)	0.5	(0.03)	37	(2.3)	1.1	(0.03)
Over 350% poverty: 2 - 19 20 and over 2 and over	542 1468 2010	19 32 30	(2.8) (1.7) (1.5)	1.0 1.3 1.3	(0.03) (0.03) (0.02)	0.1 0.1 0.1	(0.01) (0.01) (0.01)	5 11 10	(1.1) (0.7) (0.6)	1.0 1.3 1.3	(0.04) (0.02) (0.02)	0.3 0.5 0.4	(0.04) (0.02) (0.01)	30 35 35	(3.5) (1.3) (1.0)	1.0 1.3 1.3	(0.04) (0.04) (0.02)
All Individuals 8: 2 - 19 20 and over	3019 5047 8066	12 24 21	(1.0) (1.4) (1.1)	0.9 1.2 1.2	(0.01) (0.01) (0.01)	# 0.1 0.1	(0.01) (#)	4 9 8	(0.4) (0.5) (0.4)	1.0 1.3 1.2	(0.03) (0.01) (0.01)	0.3 0.5 0.4	(0.02) (0.02) (0.01)	31 36 35	(2.1) (1.2) (1.0)	0.9 1.2 1.1	(0.01) (0.02) (0.01)

DATA SOURCE: What We Eat in America, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.

								Sel	e n i	u m							
						–All Indi	viduals	3		F	ull Servi	ce Restai	ırant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake	Intake Full S Resta	ervice	Percentag Full Se Restau	rvice	To Inta	otal ake	Intake Full S Restar	ervice	Percentag Full Se Restau	rvice	n ⁷ To Inta	otal ake
(years)		%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)	μg	(SE)	%	(SE)	μg	(SE)
Under 131% povert	v:			1					I							1	
2 - 19	1378	7	(0.8)	95.6	(1.73)	4.1*	(1.44)	4*	(1.5)	138.0	(29.03)	60.6*	(18.40)	44	(5.1)	92.6	(1.75)
20 and over	1596	14	(1.7)	113.3	(1.63)	8.0	· /	7	(0.8)	122.8	(5.69)		(3.15)	46	(2.4)	111.8	(1.60)
2 and over	2974	12	(1.2)	107.6	(1.08)	6.7	(0.89)	6	(0.8)	125.7	(6.03)	57.5	(4.34)	46	(2.2)	105.2	(1.17)
131-350% poverty:																	
2 - 19	904	12	(2.3)	101.9	(2.35)	5.2	(1.16)	5	(1.1)	109.7	(7.50)	43.1	(3.73)	39	(2.5)	100.9	(2.50)
20 and over	1622	24	(1.5)	116.8	(2.49)	13.9	(1.06)	12	(0.9)	122.2	(4.66)	58.4	(2.69)	48	(1.5)	115.1	(2.50)
2 and over	2526	21	(1.6)	113.1	(2.39)	11.7	(1.08)	10	(0.9)	120.4	(4.56)	56.2	(2.52)	47	(1.5)	111.2	(2.33)
Over 350% poverty:	:																
2 - 19	542	19	(2.8)	95.0	(2.99)	7.0	(1.35)	7	(1.4)	89.7	(5.91)	37.3	(4.88)	42	(3.7)	96.2	(3.34)
20 and over	1468	32	(1.7)	119.6	(1.61)	18.4	(1.35)	15	(1.0)	124.1	(2.24)	57.8	(1.92)	47	(1.7)	117.5	(2.30)
2 and over	2010	30	(1.5)	115.3	(1.44)	16.4	(1.09)	14	(0.9)	120.3	(2.01)	55.5	(1.68)	46	(1.6)	113.2	(1.79)
All Individuals ⁸ :																	
2 - 19	3019	12	(1.0)	97.7	(1.25)	5.2	(0.80)	5	(0.8)	106.3	(8.13)	44.3	(4.45)	42	(2.1)	96.6	(1.55)
20 and over	5047	24	(1.4)	117.0	(1.03)	14.1	(0.81)	12	(0.7)	124.5	(2.44)	58.1	(1.70)	47	(1.2)	114.6	(0.98)
2 and over	8066	21	(1.1)	112.3	(0.99)	11.9	(0.65)	11	(0.6)	122.0	(2.72)	56.3	(1.67)	46	(1.1)	109.7	(0.89)

								Pot	ass	ium						
				<u> </u>		–All Indi	viduals	3		Full S	ervice Resta	urant C	onsumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake	Full S	e from ervice urants	Percentag Full Se Restau	rvice	Total Intake	Full	ke from Service aurants	Percentag Full Se Restau	ervice	7 To Inta	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg (Sl	E) mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert 2 - 19 20 and over 2 and over	y: 1378 1596 2974	7 14 12	(0.8) (1.7)	2084 2456 2336	(36.5) (40.0)	61 148 119	(17.4) (15.7)	3 6 5	(0.8) (0.7)	2618 (307. 2723 (104. 2704 (73.	8) 1052	. ,	34 39 38	(4.3) (1.7)	2046 2413 2288	(36.9) (42.4)
2 and over	2974	12	(1.2)	2350	(34.2)	119	(12.2)	5	(0.5)	2704 (73.	J) 1024	(35.2)	50	(1.6)	2200	(36.5)
131-350% poverty: 2 - 19 20 and over	904 1622	12 24	(2.3) (1.5)	2211 2654	(54.9) (36.1)	91 251	(16.4) (19.1)	4 9	(0.7) (0.8)	2335 (118. 2759 (60.	,	· · ·	32 38	(1.5) (1.6)	2194 2622	(63.0) (44.9)
2 and over	2526	21	(1.6)	2544	(36.2)	211	(18.3)	8	(0.7)	2698 (58.	9) 1016	(34.6)	38	(1.4)	2504	(42.8)
Over 350% poverty 2 - 19 20 and over	542 1468	19 32	(2.8) (1.7)	2232 2784	(72.1) (45.4)	122 343	(20.2) (24.3)	5 12	(1.0) (0.8)	2077 (107. 2778 (52.	5) 1077	(33.5)	31 39	(1.9) (1.6)	2268 2786	(81.3) (62.0)
2 and over	2010	30	(1.5)	2687	(39.5)	304	(19.6)	11	(0.7)	2700 (50.	5) 1030	(32.8)	38	(1.4)	2681	(50.5)
All Individuals ⁸ : 2 - 19 20 and over 2 and over	3019 5047 8066	12 24 21	(1.0) (1.4) (1.1)	2163 2658 2538	(28.0) (30.9) (28.7)	87 259 217	(11.0) (15.9) (11.8)	4 10 9	(0.5) (0.6) (0.5)	2261 (117. 2774 (32. 2705 (31.	4) 1068	(24.2)	33 39 38	(1.4) (1.0) (0.8)	2150 2620 2493	(33.8) (37.0) (32.9)

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								So	diu	m					
						-All Indi	viduals	3		Full Servic	ce Restaurant C	Consumers	4	Non-con	sumers ⁵
Family income as % of poverty level and age	Sample Size	Perc Repor		To Inta	otal ake		e from ervice urants	Percentage Full Ser Restaur	vice	Total Intake	Intake from Full Service Restaurants	Percentag Full Se Restau	ervice	To Inta	otal ake
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg (SE)	mg (SE)	%	(SE)	mg	(SE)
Under 131% poverty	v:			I					1						
2 - 19	1378	7	(0.8)	2971	(46.2)	118	(31.3)	4	(1.0)	4000 (515.7)	1751 (346.5)	44	(3.7)	2897	(47.1)
20 and over	1596	14	(1.7)	3465	(45.3)	254	(28.8)	7	(0.8)	3908 (142.8)	1813 (61.7)	46	(1.9)	3393	(42.3)
2 and over	2974	12	(1.2)	3306	(34.4)	210	(24.0)	6	(0.7)	3925 (126.3)	1801 (83.6)	46	(1.8)	3224	(31.4)
131-350% poverty:															
2 - 19	904	12	(2.3)	3124	(51.5)	167	(33.6)	5	(1.1)	3353 (218.8)	1395 (94.8)	42	(1.6)	3093	(62.0)
20 and over	1622	24	(1.5)	3534	(54.4)	415	(30.4)	12	(0.8)	3739 (121.1)	1752 (73.2)	47	(1.6)	3471	(48.1)
2 and over	2526	21	(1.6)	3433	(48.6)	354	(30.8)	10	(0.8)	3684 (110.7)	1701 (66.8)	46	(1.5)	3367	(44.2)
Over 350% poverty:															
2 - 19	542	19	(2.8)	3029	(112.9)	228	(39.5)	8	(1.3)	3017 (152.4)	1219 (132.6)	40	(3.2)	3031	(119.8)
20 and over	1468	32	(1.7)	3593	(49.0)	594	(43.7)	17	(1.2)	3775 (64.0)	1866 (64.8)	49	(1.7)	3508	(73.0)
2 and over	2010	30	(1.5)	3494	(50.6)	530	(34.1)	15	(1.0)	3692 (63.3)	1794 (56.9)	49	(1.5)	3412	(63.1)
All Individuals 8:															
2 - 19	3019	12	(1.0)	3034	(39.7)	165	(21.3)	5	(0.7)	3324 (176.2)	1397 (110.1)	42	(1.8)	2995	(38.5)
20 and over	5047	24	(1.4)	3529	(30.1)	441	(28.5)	12	(0.8)	3784 (50.6)	1819 (46.4)	48	(1.3)	3447	(31.4)
2 and over	8066	21	(1.1)	3409	(27.7)	374	(21.8)	11	(0.6)	3722 (55.9)	1762 (41.9)	47	(1.1)	3325	(25.0)

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		Caffeine															
						-All Individuals ³				F	ull Servi	ce Resta	onsumers ⁴	·	Non-consumers ⁵		
Family income as % of poverty level and age	Sample Size	Percent Reporting ⁶		Total Intake		Intake from Full Service Restaurants		Percentages from ⁷ Full Service Restaurants		Total Intake		Intake from Full Service Restaurants		Percentages from ⁷ Full Service Restaurants		7 Total Intake	
(years)		%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)	mg	(SE)	%	(SE)	mg	(SE)
Under 131% povert	v:			I					1							1	
2 - 19	1378	7	(0.8)	25.7	(3.50)	0.8*	(0.26)	3*	(0.9)	38.6	(10.48)	11.4*	(4.18)	30*	(9.8)	24.8	(3.41)
20 and over	1596	14	(1.7)	158.5	. ,	6.6	(1.89)	4*	(1.3)		(23.71)		(10.74)	30	(4.0)	159.0	· /
2 and over	2974	12	(1.2)	115.6	(15.50)	4.7	(1.28)	4	(1.2)	133.6	(21.38)	40.4	(9.07)	30	(3.9)	113.2	(17.10)
131-350% poverty:																	
2 - 19	904	12	(2.3)	30.4	(3.25)	1.6*	(0.50)	5*	(1.8)	27.1	(3.50)	13.6	(3.11)	50	(8.6)	30.8	(3.68)
20 and over	1622	24	(1.5)	155.6	(8.99)	8.0	(0.88)	5	(0.5)	186.9	(15.54)	33.6	(3.67)	18	(2.3)	145.9	(8.25)
2 and over	2526	21	(1.6)	124.6	(8.26)	6.4	(0.74)	5	(0.5)	164.1	(15.07)	30.7	(2.92)	19	(2.3)	114.2	(7.56)
Over 350% poverty:	:																
2 - 19	542	19	(2.8)	28.7	(4.48)	1.8*	(0.81)	6*	(2.5)	45.1*	*(26.18)	9.5*	(3.98)	21*	(9.1)	24.9	(3.01)
20 and over	1468	32	(1.7)	177.4	(6.31)	13.1	(1.80)	7	(1.0)	181.8	(8.05)	41.1	(5.97)	23	(3.3)	175.3	(7.65)
2 and over	2010	30	(1.5)	151.3	(7.15)	11.1	(1.64)	7	(1.0)	166.7	(7.57)	37.6	(5.63)	23	(3.2)	144.9	(8.46)
All Individuals ⁸ :																	
2 - 19	3019	12	(1.0)	28.3	(2.35)	1.3	(0.27)	5	(0.9)	36.1	(10.67)	11.2	(2.07)	31	(7.7)	27.3	(2.06)
20 and over	5047	24	(1.4)	165.0	(6.40)	9.3	(1.13)	6	(0.7)	178.2	(9.60)	38.6	(4.07)	22	(2.2)	160.8	(6.93)
2 and over	8066	21	(1.1)	132.0	(6.00)	7.4	(0.91)	6	(0.7)	159.1	(9.90)	34.9	(3.77)	22	(2.2)	124.7	(6.37)

DATA SOURCE: What We Eat in America, NHANES 2013-2014, individuals 2 years and over (excluding breast-fed children), day 1. Available: www.ars.usda.gov/nea/bhnrc/fsrg.

		Alcohol																
					All Individuals 3					Full Service Restaurant Consumers 4						- Non-consumers ⁵		
Family income as % of poverty level and age	Sample Size	Percent Reporting ⁶		Total Intake		Full S	Intake from Full Service Restaurants		Percentages from ⁷ Full Service Restaurants		Total Intake		Intake from Full Service Restaurants		Percentages from ⁷ Full Service Restaurants		Total Intake	
(years)		%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	g	(SE)	%	(SE)	g	(SE)	
Under 131% povert 2 - 19 20 and over	y: 1378 1596	7 14	(0.8) (1.7)	 9.4	(1.18)	 0.6*	(0.20)	 6*	(2.3)	 11.4	(1.91)	 4.0*	^k (1.35)	 35*	[*] (10.8)	9.0	(1.30)	
2 and over	2974	12	(1.2)															
131-350% poverty: 2 - 19 20 and over	904 1622	12 24	(2.3) (1.5)	 9.5	(1.12)	 1.9	(0.49)	20	(4.2)	 15.1	(2.60)	 8.0	(1.86)	 53	(7.1)	7.7	(0.94)	
2 and over	2526	21	(1.6)															
Over 350% poverty 2 - 19 20 and over 2 and over	542 1468	19 32 30	(2.8) (1.7) (1.5)	 13.7 	(1.19)	3.8	(0.74)	 28 	(4.6)	 22.9 	(4.10)	 11.9 	(2.46)	 52 	(6.0)	 9.4 	(0.99)	
All Individuals ⁸ : 2 - 19 20 and over 2 and over	3019 5047 8066	12 24 21	(1.0) (1.4) (1.1)	 11.0 	(0.84)	2.2	(0.38)	 20 	(2.8)	 18.5 	(2.39)	 9.3 	(1.46)	 50 	(4.0)	 8.6 	(0.63)	

Symbol Legend

* Indicates an estimate that may be less statistically reliable than estimates that are not flagged. The rules for flagging estimated means and percentages are as follows:

Mean: An estimated mean is flagged when the relative standard error is greater than 30 percent.

Percent reporting: An estimated percentage between 25 and 75 percent is flagged when based on a sample size of less than 30 times the variance inflation factor (VIF), where the VIF represents a broadly calculated average design effect, or when the relative standard error is greater than 30 percent. An estimated percentage less than or equal to 25 or greater than or equal to 75 is flagged when the smaller of np and n(1-p) is less than 8 times the VIF, where n is the sample size and p is the percentage expressed as a fraction. The VIF used in this table is 1.98.

Nutrient ratios expressed as percentages: An estimated ratio between 25 and 75 percent is flagged when based on a sample size n^* of less than 30 times the variance inflation factor (VIF), where the VIF represents a broadly calculated average design effect and n^* is the number of individuals in the sample reporting non-zero intake of the respective nutrient from any source. An estimated ratio less than or equal to 25 percent or greater than or equal to 75 percent, is flagged when the smaller of n^*p and n^* (1-*p*) is less than 8 times the VIF, where *p* is the percentage expressed as a fraction. Additionally, an estimated ratio is flagged when either the relative standard error or p/(1-p) times the relative standard error is greater than 30 percent.

Indicates a non-zero value too small to report.

-- Estimated mean not presented where sample size is less than 30 times the variance inflation factor (VIF), i.e., sample size less than 59 for VIF = 1.98.

Footnotes

- ¹ Respondents were asked the source of each food and beverage where it was obtained. **Full Service Restaurants** include source coded as: "Restaurant with waiter/waitress", "Bar/tavern/lounge", or "Restaurant no additional information".
- ² The ratio of family income to poverty expressed as a percentage. The Department of Health and Human Services' poverty guidelines were used as the poverty measure to calculate the ratio, <u>http://aspe.hhs.gov/poverty/</u>.
- ³ All Individuals include both individuals who reported and individuals who did not report at least one food/beverage item from Full Service Restaurants.
- ⁴ Full Service Restaurant Consumers include individuals who reported at least one food or beverage item from Full Service Restaurants.
- ⁵ Non-consumers include individuals who did not report any food or beverage item from Full Service Restaurants.
- ⁶ The weighted percentage of respondents in the income/age group who reported at least one food/beverage item from Full Service Restaurants.
- ⁷ Percentages are estimated as a ratio of total nutrient intake from Full Service Restaurants to total daily nutrient intake from all sources.
- ⁸ Includes persons of all income levels or with unknown family income.

Abbreviations

SE = standard error; RAE = retinol activity equivalents; DFE = dietary folate equivalents.

Notes Applicable to All Tables in Series: What We Eat in America, NHANES 2013-2014

Sample weights designed for dietary analysis were used to allow estimates representative of the U.S. population for the years of collection.

The statistics in this table are estimated from Day 1 dietary recall interviews conducted in the *What We Eat in America*, National Health and Nutrition Examination Survey (NHANES) 2013-2014. The 24-hour dietary recalls were conducted in-person, by trained interviewers, using the USDA 5-step Automated Multiple-Pass Method. Food intakes were coded and nutrient values were determined using the USDA Food and Nutrient Database for Dietary Studies 2013-2014 www.ars.usda.gov/nea/bhnrc/fsrg.

Intakes of nutrients and other dietary components are based on the consumption of food and beverages, including water, and do not include intake from supplements or medications.

The table includes data from individuals 2 years and over. Breast-fed children were excluded because breast milk was not quantified in dietary recall interviews.

Although alchohol data are collected for all individuals, estimates are not presented for age groups under 20 years due to extreme variability and/or inadequate sample size.

Suggested Citation

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