

FNDDS 4.1 - Foods Eligible For Sodium Adjustment

6/1/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
20000000	Meat, NFS	385	63	224	1/1/2007	12/31/2008
20000200	Ground meat, NFS	398	74	236	1/1/2007	12/31/2008
21000100	Beef, NS as to cut, cooked, NS as to fat eaten	385	63	224	1/1/2007	12/31/2008
21000110	Beef, NS as to cut, cooked, lean and fat eaten	385	63	224	1/1/2007	12/31/2008
21000120	Beef, NS as to cut, cooked, lean only eaten	388	66	227	1/1/2007	12/31/2008
21001000	Steak, NS as to type of meat, cooked, NS as to fat eaten	372	50	211	1/1/2007	12/31/2008
21001010	Steak, NS as to type of meat, cooked, lean and fat eaten	372	50	211	1/1/2007	12/31/2008
21001020	Steak, NS as to type of meat, cooked, lean only eaten	378	55	217	1/1/2007	12/31/2008
21003000	Beef, NS as to cut, fried, NS to fat eaten	392	70	231	1/1/2007	12/31/2008
21101000	Beef steak, NS as to cooking method, NS as to fat eaten	372	49	211	1/1/2007	12/31/2008
21101010	Beef steak, NS as to cooking method, lean and fat eaten	372	49	211	1/1/2007	12/31/2008
21101020	Beef steak, NS as to cooking method, lean only eaten	379	57	218	1/1/2007	12/31/2008
21101110	Beef steak, broiled or baked, NS as to fat eaten	372	49	211	1/1/2007	12/31/2008

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21101120	Beef steak, broiled or baked, lean and fat eaten	372	49	211	1/1/2007	12/31/2008
21101130	Beef steak, broiled or baked, lean only eaten	379	57	218	1/1/2007	12/31/2008
21102110	Beef steak, fried, NS as to fat eaten	381	59	220	1/1/2007	12/31/2008
21102120	Beef steak, fried, lean and fat eaten	381	59	220	1/1/2007	12/31/2008
21102130	Beef steak, fried, lean only eaten	379	57	218	1/1/2007	12/31/2008
21103110	Beef steak, breaded or floured, baked or fried, NS as to fat eaten	331	159	245	1/1/2007	12/31/2008
21103120	Beef steak, breaded or floured, baked or fried, lean and fat eaten	331	159	245	1/1/2007	12/31/2008
21103130	Beef steak, breaded or floured, baked or fried, lean only eaten	402	187	295	1/1/2007	12/31/2008
21104110	Beef steak, battered, fried, NS as to fat eaten	306	41	174	1/1/2007	12/31/2008
21104120	Beef steak, battered, fried, lean and fat eaten	306	41	174	1/1/2007	12/31/2008
21104130	Beef steak, battered, fried, lean only eaten	412	44	228	1/1/2007	12/31/2008
21105110	Beef steak, braised, NS as to fat eaten	377	54	215	1/1/2007	12/31/2008
21105120	Beef steak, braised, lean and fat eaten	379	57	218	1/1/2007	12/31/2008

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21105130	Beef steak, braised, lean only eaten	384	61	223	1/1/2007	12/31/2008
21301000	Beef, oxtails, cooked	233	71	152	1/1/2007	12/31/2008
21302000	Beef, neck bones, cooked	372	50	211	1/1/2007	12/31/2008
21304000	Beef, shortribs, cooked, NS as to fat eaten	212	50	131	1/1/2007	12/31/2008
21304110	Beef, shortribs, cooked, lean and fat eaten	212	50	131	1/1/2007	12/31/2008
21304120	Beef, shortribs, cooked, lean only eaten	380	58	219	1/1/2007	12/31/2008
21305000	Beef, cow head, cooked	225	63	144	1/1/2007	12/31/2008
21401000	Beef, roast, roasted, NS as to fat eaten	217	55	136	1/1/2007	12/31/2008
21401110	Beef, roast, roasted, lean and fat eaten	217	55	136	1/1/2007	12/31/2008
21401120	Beef, roast, roasted, lean only eaten	213	51	132	1/1/2007	12/31/2008
21407000	Beef, pot roast, braised or boiled, NS as to fat eaten	222	60	141	1/1/2007	12/31/2008
21407110	Beef, pot roast, braised or boiled, lean and fat eaten	222	60	141	1/1/2007	12/31/2008
21407120	Beef, pot roast, braised or boiled, lean only eaten	226	64	145	1/1/2007	12/31/2008

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21410000	Beef, stew meat, cooked, NS as to fat eaten	381	59	220	1/1/2007	12/31/2008
21410110	Beef, stew meat, cooked, lean and fat eaten	381	59	220	1/1/2007	12/31/2008
21410120	Beef, stew meat, cooked, lean only eaten	387	64	226	1/1/2007	12/31/2008
21417100	Beef brisket, cooked, NS as to fat eaten	226	64	145	1/1/2007	12/31/2008
21417110	Beef brisket, cooked, lean and fat eaten	226	64	145	1/1/2007	12/31/2008
21417120	Beef brisket, cooked, lean only eaten	219	38	128	1/1/2007	12/31/2008
21500100	Ground beef or patty, cooked, NS as to percent lean (formerly NS as to regular, lean, or extra lean)	398	74	236	1/1/2007	12/31/2008
21500110	Ground beef, meatballs, meat only, cooked, NS as to percent lean (formerly NS as to regular, lean, or extra lean)	398	74	236	1/1/2007	12/31/2008
21500200	Ground beef or patty, breaded, cooked	591	204	397	1/1/2007	12/31/2008
21501000	Ground beef, less than 80% lean, cooked (formerly regular)	400	78	239	1/1/2007	12/31/2008
21501200	Ground beef, 80% - 84% lean, cooked (formerly lean)	397	75	236	1/1/2007	12/31/2008
21501300	Ground beef, 85% - 89% lean, cooked (formerly extra lean)	394	72	233	1/1/2007	12/31/2008
21540100	Ground beef with textured vegetable protein, cooked	432	173	303	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
22000100	Pork, NS as to cut, cooked, NS as to fat eaten	379	57	218	1/1/2007	12/31/2008
22000110	Pork, NS as to cut, cooked, lean and fat eaten	379	57	218	1/1/2007	12/31/2008
22000120	Pork, NS as to cut, cooked, lean only eaten	377	55	216	1/1/2007	12/31/2008
22000200	Pork, NS as to cut, fried, NS as to fat eaten	385	63	224	1/1/2007	12/31/2008
22000210	Pork, NS as to cut, fried, lean and fat eaten	385	63	224	1/1/2007	12/31/2008
22000220	Pork, NS as to cut, fried, lean only eaten	391	68	229	1/1/2007	12/31/2008
22000300	Pork, NS as to cut, breaded or floured, fried, NS as to fat eaten	601	194	398	1/1/2007	12/31/2008
22000310	Pork, NS as to cut, breaded or floured, fried, lean and fat eaten	601	194	398	1/1/2007	12/31/2008
22000320	Pork, NS as to cut, breaded or floured, fried, lean only eaten	623	202	412	1/1/2007	12/31/2008
22002000	Pork, ground or patty, cooked	395	73	234	1/1/2007	12/31/2008
22002100	Pork, ground or patty, breaded, cooked	582	196	389	1/1/2007	12/31/2008
22101000	Pork chop, NS as to cooking method, NS as to fat eaten	386	63	224	1/1/2007	12/31/2008
22101010	Pork chop, NS as to cooking method, lean and fat eaten	386	63	224	1/1/2007	12/31/2008

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22101020	Pork chop, NS as to cooking method, lean only eaten	389	66	228	1/1/2007	12/31/2008
22101100	Pork chop, broiled or baked, NS as to fat eaten	410	88	249	1/1/2007	12/31/2008
22101110	Pork chop, broiled or baked, lean and fat eaten	410	88	249	1/1/2007	12/31/2008
22101120	Pork chop, broiled or baked, lean only eaten	412	90	251	1/1/2007	12/31/2008
22101200	Pork chop, fried, NS as to fat eaten	383	61	222	1/1/2007	12/31/2008
22101210	Pork chop, fried, lean and fat eaten	383	61	222	1/1/2007	12/31/2008
22101220	Pork chop, fried, lean only eaten	388	65	227	1/1/2007	12/31/2008
22101300	Pork chop, breaded or floured, fried, NS as to fat eaten	601	194	398	1/1/2007	12/31/2008
22101310	Pork chop, breaded or floured, fried, lean and fat eaten	601	194	398	1/1/2007	12/31/2008
22101320	Pork chop, breaded or floured, fried, lean only eaten	623	202	412	1/1/2007	12/31/2008
22101400	Pork chop, battered, fried, NS as to fat eaten	414	74	244	1/1/2007	12/31/2008
22101410	Pork chop, battered, fried, lean and fat eaten	394	74	234	1/1/2007	12/31/2008
22101420	Pork chop, battered, fried, lean only eaten	282	75	178	1/1/2007	12/31/2008

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22201000	Pork steak or cutlet, NS as to cooking method, NS as to fat eaten	394	62	228	1/1/2007	12/31/2008
22201010	Pork steak or cutlet, NS as to cooking method, lean and fat eaten	417	118	268	1/1/2007	12/31/2008
22201020	Pork steak or cutlet, NS as to cooking method, lean only eaten	410	88	249	1/1/2007	12/31/2008
22201050	Pork steak or cutlet, battered, fried, NS as to fat eaten	299	85	192	1/1/2007	12/31/2008
22201060	Pork steak or cutlet, battered, fried, lean and fat eaten	299	85	192	1/1/2007	12/31/2008
22201070	Pork steak or cutlet, battered, fried, lean only eaten	289	76	182	1/1/2007	12/31/2008
22201100	Pork steak or cutlet, broiled or baked, NS as to fat eaten	384	62	223	1/1/2007	12/31/2008
22201110	Pork steak or cutlet, broiled or baked, lean and fat eaten	384	62	223	1/1/2007	12/31/2008
22201120	Pork steak or cutlet, broiled or baked, lean only eaten	391	68	230	1/1/2007	12/31/2008
22201200	Pork steak or cutlet, fried, NS as to fat eaten	384	61	223	1/1/2007	12/31/2008
22201210	Pork steak or cutlet, fried, lean and fat eaten	384	61	223	1/1/2007	12/31/2008
22201220	Pork steak or cutlet, fried, lean only eaten	387	65	226	1/1/2007	12/31/2008
22201300	Pork steak or cutlet, breaded or floured, broiled or baked, NS as to fat eaten	398	99	249	1/1/2007	12/31/2008

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22201310	Pork steak or cutlet, breaded or floured, broiled or baked, lean and fat eaten	398	99	249	1/1/2007	12/31/2008
22201320	Pork steak or cutlet, breaded or floured, broiled or baked, lean only eaten	402	103	253	1/1/2007	12/31/2008
22201400	Pork steak or cutlet, breaded or floured, fried, NS as to fat eaten	437	159	298	1/1/2007	12/31/2008
22201410	Pork steak or cutlet, breaded or floured, fried, lean and fat eaten	437	159	298	1/1/2007	12/31/2008
22201420	Pork steak or cutlet, breaded or floured, fried, lean only eaten	450	163	307	1/1/2007	12/31/2008
22210300	Pork, tenderloin, cooked, NS as to cooking method	457	135	296	1/1/2007	12/31/2008
22210310	Pork, tenderloin, breaded, fried	406	188	297	1/1/2007	12/31/2008
22210350	Pork, tenderloin, braised	372	50	211	1/1/2007	12/31/2008
22210400	Pork, tenderloin, baked	457	135	296	1/1/2007	12/31/2008
22210450	Pork, tenderloin, battered, fried	498	140	319	1/1/2007	12/31/2008
22301000	Ham, fresh, cooked, NS as to fat eaten	222	60	141	1/1/2007	12/31/2008
22301110	Ham, fresh, cooked, lean and fat eaten	222	60	141	1/1/2007	12/31/2008
22301120	Ham, fresh, cooked, lean only eaten	226	64	145	1/1/2007	12/31/2008

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22400100	Pork roast, NS as to cut, cooked, NS as to fat eaten	221	59	140	1/1/2007	12/31/2008
22400110	Pork roast, NS as to cut, cooked, lean and fat eaten	290	59	174	1/1/2007	12/31/2008
22400120	Pork roast, NS as to cut, cooked, lean only eaten	289	58	173	1/1/2007	12/31/2008
22401000	Pork roast, loin, cooked, NS as to fat eaten	221	59	140	1/1/2007	12/31/2008
22401010	Pork roast, loin, cooked, lean and fat eaten	221	59	140	1/1/2007	12/31/2008
22401020	Pork roast, loin, cooked, lean only eaten	220	58	139	1/1/2007	12/31/2008
22402510	Fried pork chunks, Puerto Rican style (Carne de cerdo frita, masitas fritas)	523	105	314	1/1/2007	12/31/2008
22411000	Pork roast, shoulder, cooked, NS as to fat eaten	230	68	149	1/1/2007	12/31/2008
22411010	Pork roast, shoulder, cooked, lean and fat eaten	230	68	149	1/1/2007	12/31/2008
22411020	Pork roast, shoulder, cooked, lean only eaten	237	75	156	1/1/2007	12/31/2008
22701000	Pork, spareribs, cooked, NS as to fat eaten	255	93	174	1/1/2007	12/31/2008
22701010	Pork, spareribs, cooked, lean and fat eaten	255	93	174	1/1/2007	12/31/2008
22701020	Pork, spareribs, cooked, lean only eaten	203	41	122	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
23000100	Lamb, NS as to cut, cooked	394	72	233	1/1/2007	12/31/2008
23101000	Lamb chop, NS as to cut, cooked, NS as to fat eaten	390	68	229	1/1/2007	12/31/2008
23101010	Lamb chop, NS as to cut, cooked, lean and fat eaten	390	68	229	1/1/2007	12/31/2008
23101020	Lamb chop, NS as to cut, cooked, lean only eaten	403	80	241	1/1/2007	12/31/2008
23104000	Lamb, loin chop, cooked, NS as to fat eaten	392	70	231	1/1/2007	12/31/2008
23104010	Lamb, loin chop, cooked, lean and fat eaten	392	70	231	1/1/2007	12/31/2008
23104020	Lamb, loin chop, cooked, lean only eaten	406	84	245	1/1/2007	12/31/2008
23107000	Lamb, shoulder chop, cooked, NS as to fat eaten	388	66	227	1/1/2007	12/31/2008
23107010	Lamb, shoulder chop, cooked, lean and fat eaten	388	66	227	1/1/2007	12/31/2008
23107020	Lamb, shoulder chop, cooked, lean only eaten	390	68	229	1/1/2007	12/31/2008
23108000	Lamb, shoulder, cooked, NS as to fat eaten	228	66	147	1/1/2007	12/31/2008
23108010	Lamb, shoulder, cooked, lean and fat eaten	228	66	147	1/1/2007	12/31/2008
23108020	Lamb, shoulder, cooked, lean only eaten	230	68	149	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
23110000	Lamb, ribs, cooked, lean only eaten	247	85	166	1/1/2007	12/31/2008
23110010	Lamb, ribs, cooked, NS as to fat eaten	238	76	157	1/1/2007	12/31/2008
23110050	Lamb, ribs, cooked, lean and fat eaten	238	76	157	1/1/2007	12/31/2008
23111010	Lamb hocks, cooked	394	72	233	1/1/2007	12/31/2008
23120100	Lamb, roast, cooked, NS as to fat eaten	228	66	147	1/1/2007	12/31/2008
23120110	Lamb, roast, cooked, lean and fat eaten	228	66	147	1/1/2007	12/31/2008
23120120	Lamb, roast, cooked, lean only eaten	230	68	149	1/1/2007	12/31/2008
23132000	Lamb, ground or patty, cooked	403	81	242	1/1/2007	12/31/2008
23150100	Goat, boiled	248	86	167	1/1/2007	12/31/2008
23150200	Goat, fried	402	85	243	1/1/2007	12/31/2008
23150250	Goat, baked	248	86	167	1/1/2007	12/31/2008
23150270	Goat head, cooked	255	93	174	1/1/2007	12/31/2008
23150300	Goat ribs, cooked	248	86	167	1/1/2007	12/31/2008

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23200100	Veal, NS as to cut, cooked, NS as to fat eaten	409	87	248	1/1/2007	12/31/2008
23200110	Veal, NS as to cut, cooked, lean and fat eaten	409	87	248	1/1/2007	12/31/2008
23200120	Veal, NS as to cut, cooked, lean only eaten	411	89	250	1/1/2007	12/31/2008
23201010	Veal chop, NS as to cooking method, NS as to fat eaten	410	88	249	1/1/2007	12/31/2008
23201020	Veal chop, NS as to cooking method, lean and fat eaten	415	93	254	1/1/2007	12/31/2008
23201030	Veal chop, NS as to cooking method, lean only eaten	455	134	295	1/1/2007	12/31/2008
23203010	Veal chop, fried, NS as to fat eaten	369	257	313	1/1/2007	12/31/2008
23203030	Veal chop, fried, lean only eaten	371	259	315	1/1/2007	12/31/2008
23203100	Veal chop, broiled, NS as to fat eaten	415	93	254	1/1/2007	12/31/2008
23203110	Veal chop, broiled, lean and fat eaten	415	93	254	1/1/2007	12/31/2008
23203120	Veal chop, broiled, lean only eaten	418	96	257	1/1/2007	12/31/2008
23204010	Veal cutlet or steak, NS as to cooking method, NS as to fat eaten	394	72	233	1/1/2007	12/31/2008
23204020	Veal cutlet or steak, NS as to cooking method, lean and fat eaten	389	67	228	1/1/2007	12/31/2008

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23204030	Veal cutlet or steak, NS as to cooking method, lean only eaten	399	77	238	1/1/2007	12/31/2008
23204200	Veal cutlet or steak, broiled, NS as to fat eaten	390	68	229	1/1/2007	12/31/2008
23204210	Veal cutlet or steak, broiled, lean and fat eaten	390	68	229	1/1/2007	12/31/2008
23204220	Veal cutlet or steak, broiled, lean only eaten	399	77	238	1/1/2007	12/31/2008
23205030	Veal cutlet or steak, fried, lean only eaten	399	77	238	1/1/2007	12/31/2008
23210010	Veal, roasted, NS as to fat eaten	249	87	168	1/1/2007	12/31/2008
23210020	Veal, roasted, lean and fat eaten	249	87	168	1/1/2007	12/31/2008
23210030	Veal, roasted, lean only eaten	258	96	177	1/1/2007	12/31/2008
23220010	Veal, ground or patty, cooked	405	83	244	1/1/2007	12/31/2008
23220020	Mock chicken legs, cooked	572	71	322	1/1/2007	12/31/2008
23220030	Veal patty, breaded, cooked	416	165	291	1/1/2007	12/31/2008
23310000	Rabbit, NS as to domestic or wild, cooked	199	37	118	1/1/2007	12/31/2008
23311100	Rabbit, domestic, NS as to cooking method	199	37	118	1/1/2007	12/31/2008

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23311120	Rabbit, NS as to domestic or wild, breaded, fried	370	93	231	1/1/2007	12/31/2008
23311200	Rabbit, wild, cooked	207	45	126	1/1/2007	12/31/2008
23321000	Venison/deer, NFS	268	52	160	1/1/2007	12/31/2008
23321100	Venison/deer, roasted	268	52	160	1/1/2007	12/31/2008
23321200	Venison/deer steak, cooked, NS as to cooking method	476	57	266	1/1/2007	12/31/2008
23321250	Venison/deer steak, breaded or floured, cooked, NS as to cooking method	223	177	200	1/1/2007	12/31/2008
23322300	Deer chop, cooked	449	54	251	1/1/2007	12/31/2008
23322350	Venison/deer ribs, cooked	268	52	160	1/1/2007	12/31/2008
23322400	Venison/deer, stewed	268	52	160	1/1/2007	12/31/2008
23323100	Moose, cooked	231	69	150	1/1/2007	12/31/2008
23323500	Bear, cooked	233	71	152	1/1/2007	12/31/2008
23324100	Caribou, cooked	222	60	141	1/1/2007	12/31/2008
23331100	Ground hog, cooked	217	55	136	1/1/2007	12/31/2008

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23332100	Opossum, cooked	220	58	139	1/1/2007	12/31/2008
23333100	Squirrel, cooked	281	119	200	1/1/2007	12/31/2008
23334100	Beaver, cooked	221	59	140	1/1/2007	12/31/2008
23335100	Raccoon, cooked	241	79	160	1/1/2007	12/31/2008
23340100	Armadillo, cooked	222	60	141	1/1/2007	12/31/2008
23350100	Ostrich, cooked	402	80	241	1/1/2007	12/31/2008
24100000	Chicken, NS as to part and cooking method, NS as to skin eaten	404	82	243	1/1/2007	12/31/2008
24100010	Chicken, NS as to part and cooking method, skin eaten	404	82	243	1/1/2007	12/31/2008
24100020	Chicken, NS as to part and cooking method, skin not eaten	408	86	247	1/1/2007	12/31/2008
24102000	Chicken, NS as to part, roasted, broiled, or baked, NS as to skin eaten	404	82	243	1/1/2007	12/31/2008
24102010	Chicken, NS as to part, roasted, broiled, or baked, skin eaten	404	82	243	1/1/2007	12/31/2008
24102020	Chicken, NS as to part, roasted, broiled, or baked, skin not eaten	408	86	247	1/1/2007	12/31/2008
24103000	Chicken, NS as to part, stewed, NS as to skin eaten	389	67	228	1/1/2007	12/31/2008

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24103010	Chicken, NS as to part, stewed, skin eaten	389	67	228	1/1/2007	12/31/2008
24103020	Chicken, NS as to part, stewed, skin not eaten	392	70	231	1/1/2007	12/31/2008
24104000	Chicken, NS as to part, fried, no coating, NS as to skin eaten	532	87	310	1/1/2007	12/31/2008
24104010	Chicken, NS as to part, fried, no coating, skin eaten	532	87	310	1/1/2007	12/31/2008
24104020	Chicken, NS as to part, fried, no coating, skin not eaten	506	89	297	1/1/2007	12/31/2008
24120100	Chicken, breast, NS as to cooking method, NS as to skin eaten	393	71	232	1/1/2007	12/31/2008
24120110	Chicken, breast, NS as to cooking method, skin eaten	393	71	232	1/1/2007	12/31/2008
24120120	Chicken, breast, NS as to cooking method, skin not eaten	396	74	235	1/1/2007	12/31/2008
24122100	Chicken, breast, roasted, broiled, or baked, NS as to skin eaten	393	71	232	1/1/2007	12/31/2008
24122110	Chicken, breast, roasted, broiled, or baked, skin eaten	393	71	232	1/1/2007	12/31/2008
24122120	Chicken, breast, roasted, broiled, or baked, skin not eaten	396	74	235	1/1/2007	12/31/2008
24123100	Chicken, breast, stewed, NS as to skin eaten	384	62	223	1/1/2007	12/31/2008
24123110	Chicken, breast, stewed, skin eaten	384	62	223	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24123120	Chicken, breast, stewed, skin not eaten	385	63	224	1/1/2007	12/31/2008
24124100	Chicken, breast, fried, no coating, NS as to skin eaten	517	77	297	1/1/2007	12/31/2008
24124110	Chicken, breast, fried, no coating, skin eaten	517	77	297	1/1/2007	12/31/2008
24124120	Chicken, breast, fried, no coating, skin not eaten	553	135	344	1/1/2007	12/31/2008
24130200	Chicken, leg (drumstick and thigh), NS as to cooking method, NS as to skin eaten	409	87	248	1/1/2007	12/31/2008
24130210	Chicken, leg (drumstick and thigh), NS as to cooking method, skin eaten	409	87	248	1/1/2007	12/31/2008
24130220	Chicken, leg (drumstick and thigh), NS as to cooking method, skin not eaten	413	91	252	1/1/2007	12/31/2008
24132200	Chicken, leg (drumstick and thigh), roasted, broiled, or baked, NS as to skin eaten	409	87	248	1/1/2007	12/31/2008
24132210	Chicken, leg (drumstick and thigh), roasted, broiled, or baked, skin eaten	409	87	248	1/1/2007	12/31/2008
24132220	Chicken, leg (drumstick and thigh), roasted, broiled, or baked, skin not eaten	413	91	252	1/1/2007	12/31/2008
24133200	Chicken, leg (drumstick and thigh), stewed, NS as to skin eaten	395	73	234	1/1/2007	12/31/2008
24133210	Chicken, leg (drumstick and thigh), stewed, skin eaten	395	73	234	1/1/2007	12/31/2008
24133220	Chicken, leg (drumstick and thigh), stewed, skin not eaten	400	78	239	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24134200	Chicken, leg (drumstick and thigh), fried, no coating, NS as to skin eaten	532	96	314	1/1/2007	12/31/2008
24134210	Chicken, leg (drumstick and thigh), fried, no coating, skin eaten	532	96	314	1/1/2007	12/31/2008
24134220	Chicken, leg (drumstick and thigh), fried, no coating, skin not eaten	511	99	305	1/1/2007	12/31/2008
24140200	Chicken, drumstick, NS as to cooking method, NS as to skin eaten	412	90	251	1/1/2007	12/31/2008
24140210	Chicken, drumstick, NS as to cooking method, skin eaten	412	90	251	1/1/2007	12/31/2008
24140220	Chicken, drumstick, NS as to cooking method, skin not eaten	417	95	256	1/1/2007	12/31/2008
24142200	Chicken, drumstick, roasted, broiled, or baked, NS as to skin eaten	412	90	251	1/1/2007	12/31/2008
24142210	Chicken, drumstick, roasted, broiled, or baked, skin eaten	412	90	251	1/1/2007	12/31/2008
24142220	Chicken, drumstick, roasted, broiled, or baked, skin not eaten	417	95	256	1/1/2007	12/31/2008
24143200	Chicken, drumstick, stewed, NS as to skin eaten	398	76	237	1/1/2007	12/31/2008
24143210	Chicken, drumstick, stewed, skin eaten	398	76	237	1/1/2007	12/31/2008
24143220	Chicken, drumstick, stewed, skin not eaten	402	80	241	1/1/2007	12/31/2008
24144200	Chicken, drumstick, fried, no coating, NS as to skin eaten	506	95	301	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24144210	Chicken, drumstick, fried, no coating, skin eaten	506	95	301	1/1/2007	12/31/2008
24144220	Chicken, drumstick, fried, no coating, skin not eaten	508	100	304	1/1/2007	12/31/2008
24150200	Chicken, thigh, NS as to cooking method, NS as to skin eaten	406	84	245	1/1/2007	12/31/2008
24150210	Chicken, thigh, NS as to cooking method, skin eaten	406	84	245	1/1/2007	12/31/2008
24150220	Chicken, thigh, NS as to cooking method, skin not eaten	410	88	249	1/1/2007	12/31/2008
24152200	Chicken, thigh, roasted, broiled, or baked, NS as to skin eaten	406	84	245	1/1/2007	12/31/2008
24152210	Chicken, thigh, roasted, broiled, or baked, skin eaten	406	84	245	1/1/2007	12/31/2008
24152220	Chicken, thigh, roasted, broiled, or baked, skin not eaten	410	88	249	1/1/2007	12/31/2008
24153200	Chicken, thigh, stewed, NS as to skin eaten	393	71	232	1/1/2007	12/31/2008
24153210	Chicken, thigh, stewed, skin eaten	393	71	232	1/1/2007	12/31/2008
24153220	Chicken, thigh, stewed, skin not eaten	397	75	236	1/1/2007	12/31/2008
24154200	Chicken, thigh, fried, no coating, NS as to skin eaten	551	96	324	1/1/2007	12/31/2008
24154210	Chicken, thigh, fried, no coating, skin eaten	551	96	324	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24154220	Chicken, thigh, fried, no coating, skin not eaten	515	100	307	1/1/2007	12/31/2008
24160100	Chicken, wing, NS as to cooking method, NS as to skin eaten	404	82	243	1/1/2007	12/31/2008
24160110	Chicken, wing, NS as to cooking method, skin eaten	404	82	243	1/1/2007	12/31/2008
24160120	Chicken, wing, NS as to cooking method, skin not eaten	414	92	253	1/1/2007	12/31/2008
24162100	Chicken, wing, roasted, broiled, or baked, NS as to skin eaten	404	82	243	1/1/2007	12/31/2008
24162110	Chicken, wing, roasted, broiled, or baked, skin eaten	404	82	243	1/1/2007	12/31/2008
24162120	Chicken, wing, roasted, broiled, or baked, skin not eaten	414	92	253	1/1/2007	12/31/2008
24163100	Chicken, wing, stewed, NS as to skin eaten	389	67	228	1/1/2007	12/31/2008
24163110	Chicken, wing, stewed, skin eaten	389	67	228	1/1/2007	12/31/2008
24163120	Chicken, wing, stewed, skin not eaten	395	73	234	1/1/2007	12/31/2008
24164100	Chicken, wing, fried, no coating, NS as to skin eaten	514	87	300	1/1/2007	12/31/2008
24164110	Chicken, wing, fried, no coating, skin eaten	514	87	300	1/1/2007	12/31/2008
24164120	Chicken, wing, fried, no coating, skin not eaten	497	91	294	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24170200	Chicken, back	409	87	248	1/1/2007	12/31/2008
24180200	Chicken, neck or ribs	374	52	213	1/1/2007	12/31/2008
24198720	Chicken, ground	404	82	243	1/1/2007	12/31/2008
24201010	Turkey, light meat, cooked, NS as to skin eaten	225	63	144	1/1/2007	12/31/2008
24201020	Turkey, light meat, cooked, skin not eaten	226	64	145	1/1/2007	12/31/2008
24201030	Turkey, light meat, cooked, skin eaten	225	63	144	1/1/2007	12/31/2008
24201110	Turkey, light meat, roasted, NS as to skin eaten	225	63	144	1/1/2007	12/31/2008
24201120	Turkey, light meat, roasted, skin not eaten	226	64	145	1/1/2007	12/31/2008
24201130	Turkey, light meat, roasted, skin eaten	225	63	144	1/1/2007	12/31/2008
24201210	Turkey, dark meat, roasted, NS as to skin eaten	238	76	157	1/1/2007	12/31/2008
24201220	Turkey, dark meat, roasted, skin not eaten	241	79	160	1/1/2007	12/31/2008
24201230	Turkey, dark meat, roasted, skin eaten	238	76	157	1/1/2007	12/31/2008
24201310	Turkey, light and dark meat, roasted, NS as to skin eaten	230	68	149	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24201320	Turkey, light and dark meat, roasted, skin not eaten	232	70	151	1/1/2007	12/31/2008
24201330	Turkey, light and dark meat, roasted, skin eaten	230	68	149	1/1/2007	12/31/2008
24201360	Turkey, light or dark meat, battered, fried, skin not eaten	210	69	140	1/1/2007	12/31/2008
24201400	Turkey, light or dark meat, stewed, NS as to skin eaten	288	63	176	1/1/2007	12/31/2008
24201410	Turkey, light or dark meat, stewed, skin not eaten	516	68	292	1/1/2007	12/31/2008
24201420	Turkey light or dark meat, stewed, skin eaten	296	65	181	1/1/2007	12/31/2008
24202000	Turkey, drumstick, cooked, NS as to skin eaten	399	77	238	1/1/2007	12/31/2008
24202010	Turkey, drumstick, cooked, skin not eaten	401	79	240	1/1/2007	12/31/2008
24202020	Turkey, drumstick, cooked, skin eaten	399	77	238	1/1/2007	12/31/2008
24202050	Turkey, drumstick, roasted, NS as to skin eaten	399	77	238	1/1/2007	12/31/2008
24202060	Turkey, drumstick, roasted, skin not eaten	401	79	240	1/1/2007	12/31/2008
24202070	Turkey, drumstick, roasted, skin eaten	399	77	238	1/1/2007	12/31/2008
24202450	Turkey, thigh, cooked, NS as to skin eaten	399	77	238	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24202460	Turkey, thigh, cooked, skin eaten	399	77	238	1/1/2007	12/31/2008
24202500	Turkey, thigh, cooked, skin not eaten	401	79	240	1/1/2007	12/31/2008
24202600	Turkey, neck, cooked	378	56	217	1/1/2007	12/31/2008
24203000	Turkey, wing, cooked, NS as to skin eaten	383	61	222	1/1/2007	12/31/2008
24203010	Turkey, wing, cooked, skin not eaten	400	78	239	1/1/2007	12/31/2008
24203020	Turkey, wing, cooked, skin eaten	383	61	222	1/1/2007	12/31/2008
24205000	Turkey, tail, cooked	384	62	223	1/1/2007	12/31/2008
24205100	Turkey, back, cooked	395	73	234	1/1/2007	12/31/2008
24207000	Turkey, ground	429	107	268	1/1/2007	12/31/2008
24300100	Duck, cooked, NS as to skin eaten	221	59	140	1/1/2007	12/31/2008
24300110	Duck, cooked, skin eaten	221	59	140	1/1/2007	12/31/2008
24300120	Duck, cooked, skin not eaten	227	65	146	1/1/2007	12/31/2008
24301000	Duck, roasted, NS as to skin eaten	221	59	140	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24301010	Duck, roasted, skin eaten	221	59	140	1/1/2007	12/31/2008
24301020	Duck, roasted, skin not eaten	227	65	146	1/1/2007	12/31/2008
24301210	Duck, battered, fried	345	71	208	1/1/2007	12/31/2008
24311010	Goose, wild, roasted	232	70	151	1/1/2007	12/31/2008
24400000	Cornish game hen, cooked, NS as to skin eaten	226	64	145	1/1/2007	12/31/2008
24400010	Cornish game hen, cooked, skin eaten	226	64	145	1/1/2007	12/31/2008
24400020	Cornish game hen, cooked, skin not eaten	225	63	144	1/1/2007	12/31/2008
24401000	Cornish game hen, roasted, NS as to skin eaten	226	64	145	1/1/2007	12/31/2008
24401010	Cornish game hen, roasted, skin eaten	226	64	145	1/1/2007	12/31/2008
24401020	Cornish game hen, roasted, skin not eaten	225	63	144	1/1/2007	12/31/2008
24402100	Dove, cooked, NS as to cooking method	219	57	138	1/1/2007	12/31/2008
24402110	Dove, fried	198	57	127	1/1/2007	12/31/2008
24403100	Quail, cooked	214	52	133	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24404100	Pheasant, cooked	205	43	124	1/1/2007	12/31/2008
25110120	Beef liver, braised	401	79	240	1/1/2007	12/31/2008
25110140	Beef liver, fried	399	77	238	1/1/2007	12/31/2008
25110420	Chicken liver, braised	398	76	237	1/1/2007	12/31/2008
25110450	Chicken liver, fried	623	97	360	1/1/2007	12/31/2008
25120000	Heart, cooked	381	59	220	1/1/2007	12/31/2008
25130000	Kidney, cooked	416	94	255	1/1/2007	12/31/2008
25140110	Sweetbreads, cooked	381	59	220	1/1/2007	12/31/2008
25150000	Brains, cooked	430	108	269	1/1/2007	12/31/2008
25160000	Tongue, cooked	387	65	226	1/1/2007	12/31/2008
25160130	Tongue pot roast, Puerto Rican style (Lengua al caldero)	1247	77	662	1/1/2007	12/31/2008
25170110	Tripe, cooked	441	102	272	1/1/2007	12/31/2008
25170210	Chitterlings, cooked	341	18	179	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
25170310	Hog maws (stomach), cooked	566	54	310	1/1/2007	12/31/2008
25170420	Gizzard, cooked	378	56	217	1/1/2007	12/31/2008
26100110	Fish, NS as to type, cooked, NS as to cooking method	429	107	268	1/1/2007	12/31/2008
26100120	Fish, NS as to type, baked or broiled	366	128	247	1/1/2007	12/31/2008
26100130	Fish, NS as to type, breaded or battered, baked	507	261	384	1/1/2007	12/31/2008
26100140	Fish, NS as to type, floured or breaded, fried	413	171	292	1/1/2007	12/31/2008
26100150	Fish, NS as to type, battered, fried	132	99	116	1/1/2007	12/31/2008
26103110	Barracuda, cooked, NS as to cooking method	434	135	285	1/1/2007	12/31/2008
26103120	Barracuda, baked or broiled	434	135	285	1/1/2007	12/31/2008
26103140	Barracuda, floured or breaded, fried	381	96	239	1/1/2007	12/31/2008
26105110	Carp, cooked, NS as to cooking method	472	159	315	1/1/2007	12/31/2008
26105120	Carp, baked or broiled	401	94	247	1/1/2007	12/31/2008
26105140	Carp, floured or breaded, fried	472	159	315	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26107110	Catfish, cooked, NS as to cooking method	397	146	272	1/1/2007	12/31/2008
26107120	Catfish, baked or broiled	395	97	246	1/1/2007	12/31/2008
26107130	Catfish, breaded or battered, baked	477	230	354	1/1/2007	12/31/2008
26107140	Catfish, floured or breaded, fried	397	146	272	1/1/2007	12/31/2008
26107150	Catfish, battered, fried	106	73	89	1/1/2007	12/31/2008
26109110	Cod, cooked, NS as to cooking method	401	158	280	1/1/2007	12/31/2008
26109120	Cod, baked or broiled	416	118	267	1/1/2007	12/31/2008
26109130	Cod, breaded or battered, baked	495	248	371	1/1/2007	12/31/2008
26109140	Cod, floured or breaded, fried	401	158	280	1/1/2007	12/31/2008
26109150	Cod, battered, fried	125	91	108	1/1/2007	12/31/2008
26111110	Croaker, cooked, NS as to cooking method	530	178	354	1/1/2007	12/31/2008
26111120	Croaker, baked or broiled	409	103	256	1/1/2007	12/31/2008
26111130	Croaker, breaded or battered, baked	480	234	357	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26111140	Croaker, floured or breaded, fried	537	180	358	1/1/2007	12/31/2008
26113110	Eel, cooked, NS as to cooking method	182	52	117	1/1/2007	12/31/2008
26115110	Flounder, cooked, NS as to cooking method	428	130	279	1/1/2007	12/31/2008
26115120	Flounder, baked or broiled	428	130	279	1/1/2007	12/31/2008
26115130	Flounder, breaded or battered, baked	505	258	381	1/1/2007	12/31/2008
26115140	Flounder, floured or breaded, fried	392	161	277	1/1/2007	12/31/2008
26115150	Flounder, battered, fried	130	97	113	1/1/2007	12/31/2008
26117110	Haddock, cooked, NS as to cooking method	412	114	263	1/1/2007	12/31/2008
26117120	Haddock, baked or broiled	412	114	263	1/1/2007	12/31/2008
26117130	Haddock, breaded or battered, baked	492	245	369	1/1/2007	12/31/2008
26117140	Haddock, floured or breaded, fried	381	149	265	1/1/2007	12/31/2008
26117150	Haddock, battered, fried	123	89	106	1/1/2007	12/31/2008
26119120	Herring, baked or broiled	450	144	297	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26119140	Herring, floured or breaded, fried	516	196	356	1/1/2007	12/31/2008
26121110	Mackerel, cooked, NS as to cooking method	437	139	288	1/1/2007	12/31/2008
26121120	Mackerel, baked or broiled	437	139	288	1/1/2007	12/31/2008
26121140	Mackerel, floured or breaded, fried	417	175	296	1/1/2007	12/31/2008
26123110	Mullet, cooked, NS as to cooking method	495	175	335	1/1/2007	12/31/2008
26123120	Mullet, baked or broiled	420	114	267	1/1/2007	12/31/2008
26123140	Mullet, floured or breaded, fried	495	175	335	1/1/2007	12/31/2008
26125110	Ocean perch, cooked, NS as to cooking method	421	123	272	1/1/2007	12/31/2008
26125120	Ocean perch, baked or broiled	421	123	272	1/1/2007	12/31/2008
26125130	Ocean perch, breaded or battered, baked	473	217	345	1/1/2007	12/31/2008
26125140	Ocean perch, floured or breaded, fried	387	155	271	1/1/2007	12/31/2008
26125150	Ocean perch, battered, fried	125	92	108	1/1/2007	12/31/2008
26127110	Perch, cooked, NS as to cooking method	524	180	352	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26127120	Perch, baked or broiled	406	107	256	1/1/2007	12/31/2008
26127130	Perch, breaded or battered, baked	460	204	332	1/1/2007	12/31/2008
26127140	Perch, floured or breaded, fried	524	180	352	1/1/2007	12/31/2008
26127150	Perch, battered, fried	117	83	100	1/1/2007	12/31/2008
26129110	Pike, cooked, NS as to cooking method	354	122	238	1/1/2007	12/31/2008
26129120	Pike, baked or broiled	379	80	230	1/1/2007	12/31/2008
26129140	Pike, floured or breaded, fried	354	122	238	1/1/2007	12/31/2008
26129150	Pike, battered, fried	94	61	77	1/1/2007	12/31/2008
26131110	Pompano, cooked, NS as to cooking method	420	114	267	1/1/2007	12/31/2008
26131120	Pompano, baked or broiled	420	114	267	1/1/2007	12/31/2008
26131140	Pompano, floured or breaded, fried	495	175	335	1/1/2007	12/31/2008
26131150	Pompano, battered, fried	116	83	99	1/1/2007	12/31/2008
26133110	Porgy, cooked, NS as to cooking method	525	168	347	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26133120	Porgy, baked or broiled	392	86	239	1/1/2007	12/31/2008
26133130	Porgy, breaded or battered, baked	666	301	483	1/1/2007	12/31/2008
26133140	Porgy, floured or breaded, fried	525	168	347	1/1/2007	12/31/2008
26133150	Porgy, battered, fried	114	67	91	1/1/2007	12/31/2008
26135110	Ray, cooked, NS as to cooking method	436	130	283	1/1/2007	12/31/2008
26135120	Ray, baked or broiled	436	130	283	1/1/2007	12/31/2008
26135140	Ray, floured or breaded, fried	507	187	347	1/1/2007	12/31/2008
26137120	Salmon, baked or broiled	428	118	273	1/1/2007	12/31/2008
26137140	Salmon, floured or breaded, fried	420	158	289	1/1/2007	12/31/2008
26137150	Salmon, battered, fried	118	85	101	1/1/2007	12/31/2008
26141110	Sea bass, cooked, NS as to cooking method	429	119	274	1/1/2007	12/31/2008
26141120	Sea bass, baked or broiled	429	119	274	1/1/2007	12/31/2008
26141130	Sea bass, breaded or battered, baked	466	210	338	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26141140	Sea bass, floured or breaded, fried	421	159	290	1/1/2007	12/31/2008
26143110	Shark, cooked, NS as to cooking method	426	127	276	1/1/2007	12/31/2008
26143120	Shark, baked or broiled	426	127	276	1/1/2007	12/31/2008
26147110	Sturgeon, cooked, NS as to cooking method	457	54	256	1/1/2007	12/31/2008
26147140	Sturgeon, floured or breaded, fried	368	136	252	1/1/2007	12/31/2008
26149110	Swordfish, cooked, NS as to cooking method	456	146	301	1/1/2007	12/31/2008
26149120	Swordfish, baked or broiled	456	146	301	1/1/2007	12/31/2008
26149140	Swordfish, floured or breaded, fried	401	169	285	1/1/2007	12/31/2008
26151110	Trout, cooked, NS as to cooking method	389	79	234	1/1/2007	12/31/2008
26151120	Trout, baked or broiled	374	76	225	1/1/2007	12/31/2008
26151130	Trout, breaded or battered, baked	422	155	288	1/1/2007	12/31/2008
26151140	Trout, floured or breaded, fried	407	144	276	1/1/2007	12/31/2008
26151150	Trout, battered, fried	109	74	91	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26153110	Tuna, fresh, cooked, NS as to cooking method	377	78	227	1/1/2007	12/31/2008
26153120	Tuna, fresh, baked or broiled	377	78	227	1/1/2007	12/31/2008
26153140	Tuna, fresh, floured or breaded, fried	353	120	236	1/1/2007	12/31/2008
26157110	Whiting, cooked, NS as to cooking method	417	119	268	1/1/2007	12/31/2008
26157120	Whiting, baked or broiled	417	119	268	1/1/2007	12/31/2008
26157130	Whiting, breaded or battered, baked	496	249	372	1/1/2007	12/31/2008
26157140	Whiting, floured or breaded, fried	384	152	268	1/1/2007	12/31/2008
26157150	Whiting, battered, fried	126	92	109	1/1/2007	12/31/2008
26158000	Tilapia, cooked, NS as to cooking method	394	96	245	1/1/2007	12/31/2008
26158010	Tilapia, baked or broiled	394	96	245	1/1/2007	12/31/2008
26158020	Tilapia, breaded or battered, baked	450	194	322	1/1/2007	12/31/2008
26158030	Tilapia, floured or breaded, fried	366	134	250	1/1/2007	12/31/2008
26158040	Tilapia, battered, fried	105	72	88	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26203110	Frog legs, NS as to cooking method	521	255	388	1/1/2007	12/31/2008
26205110	Octopus, cooked, NS as to cooking method	571	321	446	1/1/2007	12/31/2008
26207110	Roe, shad, cooked	539	150	344	1/1/2007	12/31/2008
26213120	Squid, baked, broiled	397	89	243	1/1/2007	12/31/2008
26213140	Squid, breaded, fried	388	137	263	1/1/2007	12/31/2008
26215120	Turtle (terrapin), cooked, NS as to cooking method	448	149	298	1/1/2007	12/31/2008
26301110	Abalone, cooked, NS as to cooking method	685	388	536	1/1/2007	12/31/2008
26301140	Abalone, floured or breaded, fried	620	337	478	1/1/2007	12/31/2008
26301160	Abalone, steamed or poached	1153	512	832	1/1/2007	12/31/2008
26303110	Clams, cooked, NS as to cooking method	400	149	275	1/1/2007	12/31/2008
26303120	Clams, baked or broiled	434	135	284	1/1/2007	12/31/2008
26303140	Clams, floured or breaded, fried	338	149	243	1/1/2007	12/31/2008
26303150	Clams, battered, fried	408	116	262	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26303160	Clams, steamed or boiled	472	70	271	1/1/2007	12/31/2008
26305110	Crab, cooked, NS as to cooking method	600	279	439	1/1/2007	12/31/2008
26305120	Crab, baked or broiled	556	318	437	1/1/2007	12/31/2008
26305160	Crab, hard shell, steamed	600	279	439	1/1/2007	12/31/2008
26307140	Crab, soft shell, floured or breaded, fried	541	319	430	1/1/2007	12/31/2008
26309140	Crayfish, floured or breaded, fried	337	118	228	1/1/2007	12/31/2008
26309160	Crayfish, boiled or steamed	416	94	255	1/1/2007	12/31/2008
26311110	Lobster, cooked, NS as to cooking method	700	380	540	1/1/2007	12/31/2008
26311120	Lobster, baked or broiled	630	386	508	1/1/2007	12/31/2008
26311130	Lobster, without shell, steamed or boiled	700	380	540	1/1/2007	12/31/2008
26311140	Lobster, floured or breaded, fried	614	373	494	1/1/2007	12/31/2008
26311150	Lobster, battered, fried	385	352	369	1/1/2007	12/31/2008
26311160	Lobster, steamed or boiled	700	380	540	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26313110	Mussels, cooked, NS as to cooking method	695	401	548	1/1/2007	12/31/2008
26313160	Mussels, steamed or poached	1128	486	807	1/1/2007	12/31/2008
26315110	Oysters, cooked, NS as to cooking method	613	368	490	1/1/2007	12/31/2008
26315120	Oysters, baked or broiled	492	254	373	1/1/2007	12/31/2008
26315130	Oysters, steamed	665	264	464	1/1/2007	12/31/2008
26315140	Oysters, floured or breaded, fried	534	292	413	1/1/2007	12/31/2008
26315150	Oysters, battered, fried	541	250	395	1/1/2007	12/31/2008
26317110	Scallops, cooked, NS as to cooking method	486	244	365	1/1/2007	12/31/2008
26317120	Scallops, baked or broiled	538	231	384	1/1/2007	12/31/2008
26317130	Scallops, steamed or boiled	430	185	307	1/1/2007	12/31/2008
26317140	Scallops, floured or breaded, fried	486	244	365	1/1/2007	12/31/2008
26317150	Scallops, battered, fried	498	207	352	1/1/2007	12/31/2008
26319110	Shrimp, cooked, NS as to cooking method	613	172	393	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26319120	Shrimp, baked or broiled	517	209	363	1/1/2007	12/31/2008
26319130	Shrimp, steamed or boiled	589	166	377	1/1/2007	12/31/2008
26319140	Shrimp, floured, breaded, or battered, fried	864	184	524	1/1/2007	12/31/2008
27111000	Beef with tomato-based sauce (mixture)	408	155	282	1/1/2007	12/31/2008
27111050	Spaghetti sauce with beef or meat other than lamb or mutton, homemade-style	491	310	401	1/1/2007	12/31/2008
27111100	Beef goulash	225	76	151	1/1/2007	12/31/2008
27111300	Mexican style beef stew, no potatoes, tomato-based sauce (mixture) (Carne guisada sin papas)	721	228	474	1/1/2007	12/31/2008
27111310	Mexican style beef stew, no potatoes, with chili peppers, tomato-based sauce (mixture) (Carne guisada con chile)	543	173	358	1/1/2007	12/31/2008
27111400	Chili con carne, NS as to beans	479	246	363	1/1/2007	12/31/2008
27111410	Chili con carne with beans	479	246	363	1/1/2007	12/31/2008
27111420	Chili con carne without beans	552	237	395	1/1/2007	12/31/2008
27111430	Chili con carne, NS as to beans, with cheese	491	276	383	1/1/2007	12/31/2008
27111440	Chili con carne with beans and cheese	491	276	383	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27111500	Beef sloppy joe (no bun)	615	413	514	1/1/2007	12/31/2008
27112000	Beef with gravy (mixture)	260	60	160	1/1/2007	12/31/2008
27112010	Salisbury steak with gravy (mixture)	811	375	593	1/1/2007	12/31/2008
27113000	Beef with cream or white sauce (mixture)	258	114	186	1/1/2007	12/31/2008
27113100	Beef stroganoff	456	257	357	1/1/2007	12/31/2008
27113300	Swedish meatballs with cream or white sauce (mixture)	478	137	307	1/1/2007	12/31/2008
27115000	Beef with soy-based sauce (mixture)	454	344	399	1/1/2007	12/31/2008
27116100	Beef curry	589	324	457	1/1/2007	12/31/2008
27116300	Beef with sweet and sour sauce (mixture)	509	342	426	1/1/2007	12/31/2008
27116350	Stewed, seasoned, ground beef, Mexican style (Picadillo de carne de rez)	231	53	142	1/1/2007	12/31/2008
27118110	Meatballs, Puerto Rican style (Albondigas guisadas)	794	544	669	1/1/2007	12/31/2008
27118120	Stewed seasoned ground beef, Puerto Rican style (Picadillo guisado, picadillo de carne)	641	307	474	1/1/2007	12/31/2008
27118140	Stuffed pot roast, Puerto Rican style, NFS (assume with gravy and stuffing)	582	225	404	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27118180	Puerto Rican style beef stew, meat with gravy (potatoes reported separately)	436	174	305	1/1/2007	12/31/2008
27120080	Ham stroganoff	702	644	673	1/1/2007	12/31/2008
27120100	Ham or pork with tomato-based sauce (mixture)	929	659	794	1/1/2007	12/31/2008
27120130	Mexican style pork stew, no potatoes, tomato-based sauce (mixture) (cerdo guisado sin papas)	435	131	283	1/1/2007	12/31/2008
27120150	Pork or ham with soy-based sauce (mixture)	1181	891	1036	1/1/2007	12/31/2008
27120160	Pork curry	537	281	409	1/1/2007	12/31/2008
27120210	Frankfurter or hot dog, with chili, no bun	790	606	698	1/1/2007	12/31/2008
27121000	Pork with chili and tomatoes (mixture) (Puerco con chile)	250	161	205	1/1/2007	12/31/2008
27121010	Stewed pork, Puerto Rican style	560	152	356	1/1/2007	12/31/2008
27121410	Chili con carne with beans, made with pork	404	246	325	1/1/2007	12/31/2008
27130040	Spaghetti sauce with lamb or mutton, homemade-style	434	314	374	1/1/2007	12/31/2008
27130050	Lamb or mutton goulash	243	77	160	1/1/2007	12/31/2008
27130100	Lamb curry	210	137	173	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27133010	Stewed goat, Puerto Rican style (Cabrito en fricase, chilindron de chivo)	716	337	527	1/1/2007	12/31/2008
27135020	Veal scallopini	353	280	317	1/1/2007	12/31/2008
27135030	Veal with cream sauce (mixture)	345	66	205	1/1/2007	12/31/2008
27135040	Veal with butter sauce (mixture)	552	198	375	1/1/2007	12/31/2008
27135050	Veal Marsala	199	121	160	1/1/2007	12/31/2008
27135110	Veal parmigiana	434	351	393	1/1/2007	12/31/2008
27136100	Chili con carne with venison/deer and beans	339	247	293	1/1/2007	12/31/2008
27141000	Chicken or turkey cacciatore	250	99	174	1/1/2007	12/31/2008
27141030	Spaghetti sauce with poultry, home-made style	440	319	380	1/1/2007	12/31/2008
27141050	Stewed chicken with tomato-based sauce, Mexican style (mixture) (Pollo guisado con tomate)	266	124	195	1/1/2007	12/31/2008
27141500	Chili con carne with chicken or turkey and beans	372	232	302	1/1/2007	12/31/2008
27142100	Chicken or turkey fricassee	285	207	246	1/1/2007	12/31/2008
27143000	Chicken or turkey with cream sauce (mixture)	268	124	196	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27146050	Chicken wing with hot pepper sauce	203	79	141	1/1/2007	12/31/2008
27146150	Chicken curry	504	248	376	1/1/2007	12/31/2008
27146160	Chicken with mole sauce	244	122	183	1/1/2007	12/31/2008
27146300	Chicken or turkey parmigiana	430	347	389	1/1/2007	12/31/2008
27146400	Chicken kiev	378	148	263	1/1/2007	12/31/2008
27148010	Stuffed chicken, drumstick or breast, Puerto Rican style (Muslo de pollo o pechuga rellena)	822	352	587	1/1/2007	12/31/2008
27150020	Crab, deviled	657	531	594	1/1/2007	12/31/2008
27150030	Crab imperial	421	259	340	1/1/2007	12/31/2008
27150050	Fish timbale or mousse	225	88	157	1/1/2007	12/31/2008
27150060	Lobster newburg	402	247	324	1/1/2007	12/31/2008
27150100	Shrimp curry	525	388	456	1/1/2007	12/31/2008
27150130	Seafood newburg	363	207	285	1/1/2007	12/31/2008
27150140	Clam sauce, white	467	115	291	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27150160	Shrimp with lobster sauce (mixture)	915	617	766	1/1/2007	12/31/2008
27150190	Lobster sauce (broth-based)	865	296	581	1/1/2007	12/31/2008
27150320	Fish curry	303	97	200	1/1/2007	12/31/2008
27151030	Marinated fish (Ceviche)	132	39	86	1/1/2007	12/31/2008
27151040	Crabs in tomato-based sauce, Puerto Rican style (mixture) (Salmorejo de jueyes)	550	198	374	1/1/2007	12/31/2008
27151050	Shrimp in garlic sauce, Puerto Rican style (mixture) (Camarones al ajillo)	530	253	391	1/1/2007	12/31/2008
27160100	Meatballs, NS as to type of meat, with sauce (mixture)	785	125	455	1/1/2007	12/31/2008
27161010	Puerto Rican style meat loaf (Albondigon)	631	64	347	1/1/2007	12/31/2008
27162010	Meat with tomato-based sauce (mixture)	326	260	293	1/1/2007	12/31/2008
27162050	Spaghetti sauce with combination of meats, homemade-style	474	318	396	1/1/2007	12/31/2008
27162060	Spaghetti sauce with meat and vegetables, homemade-style	223	108	165	1/1/2007	12/31/2008
27162500	Stewed, seasoned, ground beef and pork, Mexican style (Picadillo de carne de rez y puerco)	343	49	196	1/1/2007	12/31/2008
27163010	Meat with gravy, NS as to type of meat (mixture)	261	121	191	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27211000	Beef and potatoes, no sauce (mixture)	223	26	124	1/1/2007	12/31/2008
27211100	Beef stew with potatoes, tomato-based sauce (mixture)	196	61	129	1/1/2007	12/31/2008
27211110	Mexican style beef stew with potatoes, tomato-based sauce (mixture) (Carne guisada con papas)	363	115	239	1/1/2007	12/31/2008
27211150	Beef goulash with potatoes	180	62	121	1/1/2007	12/31/2008
27211200	Beef stew with potatoes, gravy	176	31	104	1/1/2007	12/31/2008
27211300	Beef (roast) hash	461	248	354	1/1/2007	12/31/2008
27211500	Beef and potatoes with cheese sauce (mixture)	485	377	431	1/1/2007	12/31/2008
27211550	Stewed, seasoned, ground beef with potatoes, Mexican style (Picadillo de carne de rez con papas)	173	38	105	1/1/2007	12/31/2008
27212000	Beef and noodles, no sauce (mixture)	430	45	238	1/1/2007	12/31/2008
27212050	Beef and macaroni with cheese sauce (mixture)	399	321	360	1/1/2007	12/31/2008
27212120	Chili con carne with beans and macaroni	381	196	288	1/1/2007	12/31/2008
27212150	Beef goulash with noodles	165	46	106	1/1/2007	12/31/2008
27212200	Beef and noodles with gravy (mixture)	310	242	276	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27212300	Beef and noodles with cream or white sauce (mixture)	324	93	208	1/1/2007	12/31/2008
27212350	Beef stroganoff with noodles	314	178	246	1/1/2007	12/31/2008
27213000	Beef and rice, no sauce (mixture)	515	290	402	1/1/2007	12/31/2008
27213100	Beef and rice with tomato-based sauce (mixture)	587	283	435	1/1/2007	12/31/2008
27213120	Porcupine balls with tomato-based sauce (mixture)	563	448	506	1/1/2007	12/31/2008
27213200	Beef and rice with gravy (mixture)	455	388	422	1/1/2007	12/31/2008
27213300	Beef and rice with cream sauce (mixture)	542	211	376	1/1/2007	12/31/2008
27213500	Beef and rice with soy-based sauce (mixture)	429	339	384	1/1/2007	12/31/2008
27213600	Beef and rice with cheese sauce (mixture)	305	52	179	1/1/2007	12/31/2008
27214100	Meat loaf made with beef	414	135	274	1/1/2007	12/31/2008
27214110	Meat loaf made with beef, with tomato-based sauce	450	225	337	1/1/2007	12/31/2008
27214300	Beef wellington	183	67	125	1/1/2007	12/31/2008
27218110	Puerto Rican style stuffed pot roast (larded meat) with potatoes (Carne mechada con papas boliche)	917	422	670	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27218210	Puerto Rican style beef stew with potatoes (Carne guisada con papas)	565	149	357	1/1/2007	12/31/2008
27220080	Ham croquette	861	764	812	1/1/2007	12/31/2008
27220110	Pork and rice with tomato-based sauce (mixture)	456	313	384	1/1/2007	12/31/2008
27220120	Sausage and rice with tomato-based sauce (mixture)	532	365	449	1/1/2007	12/31/2008
27220210	Ham and noodles, no sauce (mixture)	597	486	541	1/1/2007	12/31/2008
27220310	Ham or pork and rice, no sauce (mixture)	599	487	543	1/1/2007	12/31/2008
27220510	Ham or pork and potatoes with gravy (mixture)	313	198	255	1/1/2007	12/31/2008
27221100	Stewed pig's feet, Puerto Rican style (Patitas de cerdo guisadas)	477	169	323	1/1/2007	12/31/2008
27221110	Stuffed pork roast, Puerto Rican style	413	214	313	1/1/2007	12/31/2008
27221150	Mexican style pork stew, with potatoes, tomato-based sauce (mixture) (cerdo guisado con papas)	391	118	254	1/1/2007	12/31/2008
27230010	Lamb or mutton loaf	527	191	359	1/1/2007	12/31/2008
27231000	Lamb or mutton and potatoes with gravy (mixture)	140	25	82	1/1/2007	12/31/2008
27232000	Lamb or mutton and potatoes with tomato-based sauce (mixture)	203	57	130	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27235000	Meat loaf made with venison/deer	400	134	267	1/1/2007	12/31/2008
27235750	Veal and noodles with cream or white sauce (mixture)	330	102	216	1/1/2007	12/31/2008
27236000	Venison/deer and noodles with cream or white sauce (mixture)	317	90	203	1/1/2007	12/31/2008
27241000	Chicken or turkey hash	324	129	226	1/1/2007	12/31/2008
27242000	Chicken or turkey and noodles, no sauce (mixture)	129	28	79	1/1/2007	12/31/2008
27242200	Chicken or turkey and noodles with gravy (mixture)	334	145	239	1/1/2007	12/31/2008
27242300	Chicken or turkey and noodles with cream or white sauce (mixture)	317	59	188	1/1/2007	12/31/2008
27242310	Chicken or turkey and noodles with cheese sauce (mixture)	286	236	261	1/1/2007	12/31/2008
27242500	Chicken or turkey and noodles with soy-based sauce (mixture)	559	471	515	1/1/2007	12/31/2008
27243000	Chicken or turkey and rice, no sauce (mixture)	379	279	329	1/1/2007	12/31/2008
27243300	Chicken or turkey and rice with cream sauce (mixture)	307	167	237	1/1/2007	12/31/2008
27243500	Chicken or turkey and rice with tomato-based sauce (mixture)	565	281	423	1/1/2007	12/31/2008
27246100	Chicken or turkey with dumplings (mixture)	378	100	239	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27246300	Chicken or turkey cake, patty, or croquette	387	193	290	1/1/2007	12/31/2008
27246400	Chicken or turkey souffle	353	149	251	1/1/2007	12/31/2008
27246500	Meat loaf made with chicken or turkey	457	143	300	1/1/2007	12/31/2008
27250020	Clams, stuffed	553	215	384	1/1/2007	12/31/2008
27250060	Gefilte fish	275	49	162	1/1/2007	12/31/2008
27250070	Salmon cake or patty	559	423	491	1/1/2007	12/31/2008
27250080	Salmon loaf	796	503	650	1/1/2007	12/31/2008
27250110	Scallops and noodles with cheese sauce (mixture)	337	231	284	1/1/2007	12/31/2008
27250120	Shrimp and noodles, no sauce (mixture)	388	286	337	1/1/2007	12/31/2008
27250122	Shrimp and noodles with gravy (mixture)	587	327	457	1/1/2007	12/31/2008
27250126	Shrimp and noodles with cream or white sauce (mixture)	482	216	349	1/1/2007	12/31/2008
27250130	Shrimp and noodles with cheese sauce (mixture)	320	214	267	1/1/2007	12/31/2008
27250132	Shrimp and noodles with tomato sauce (mixture)	404	387	395	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27250210	Clam cake or patty	570	319	444	1/1/2007	12/31/2008
27250220	Oyster fritter	696	370	533	1/1/2007	12/31/2008
27250250	Flounder with crab stuffing	441	241	341	1/1/2007	12/31/2008
27250260	Lobster with bread stuffing, baked	618	444	531	1/1/2007	12/31/2008
27250270	Clams Casino	352	209	281	1/1/2007	12/31/2008
27250410	Shrimp with crab stuffing	500	260	380	1/1/2007	12/31/2008
27250450	Shrimp toast, fried	942	277	610	1/1/2007	12/31/2008
27250550	Seafood souffle	443	237	340	1/1/2007	12/31/2008
27250610	Tuna noodle casserole with cream or white sauce	224	196	210	1/1/2007	12/31/2008
27250810	Fish and rice with tomato-based sauce	472	322	397	1/1/2007	12/31/2008
27250820	Fish and rice with cream sauce	312	161	236	1/1/2007	12/31/2008
27251010	Stewed salmon, Puerto Rican style (Salmon guisado)	533	391	462	1/1/2007	12/31/2008
27260010	Meat loaf, NS as to type of meat	415	135	275	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27260050	Meatballs, with breading, NS as to type of meat, with gravy	472	291	381	1/1/2007	12/31/2008
27260080	Meat loaf made with beef and pork	408	132	270	1/1/2007	12/31/2008
27260090	Meat loaf made with beef, veal and pork	408	128	268	1/1/2007	12/31/2008
27260100	Meat loaf made with beef and pork, with tomato-based sauce	449	224	336	1/1/2007	12/31/2008
27260500	Vienna sausages stewed with potatoes, Puerto Rican style (Salchichas guisadas)	490	411	450	1/1/2007	12/31/2008
27260510	Liver dumpling	763	273	518	1/1/2007	12/31/2008
27261000	Breaded brains, Puerto Rican style (Sesos rebosados)	320	82	201	1/1/2007	12/31/2008
27261500	Stewed, seasoned, ground beef and pork, with potatoes, Mexican style (Picadillo de carne de rez y puerco con papas)	193	43	118	1/1/2007	12/31/2008
27311110	Beef, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	281	54	168	1/1/2007	12/31/2008
27311120	Beef, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	284	56	170	1/1/2007	12/31/2008
27311210	Corned beef, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	332	264	298	1/1/2007	12/31/2008
27311220	Corned beef, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	340	286	313	1/1/2007	12/31/2008
27311310	Beef stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	305	235	270	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27311320	Beef stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	222	56	139	1/1/2007	12/31/2008
27311410	Beef stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy	203	49	126	1/1/2007	12/31/2008
27311420	Beef stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy	217	47	132	1/1/2007	12/31/2008
27311510	Shepherd's pie with beef	242	112	177	1/1/2007	12/31/2008
27311600	Beef, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	322	126	224	1/1/2007	12/31/2008
27311605	Beef, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	329	132	231	1/1/2007	12/31/2008
27311625	Beef, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	397	355	376	1/1/2007	12/31/2008
27311630	Beef, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	378	333	356	1/1/2007	12/31/2008
27311635	Beef, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), cheese sauce (mixture)	393	142	267	1/1/2007	12/31/2008
27311640	Beef, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)	382	138	260	1/1/2007	12/31/2008
27311645	Beef, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), soy-based sauce (mixture)	248	208	228	1/1/2007	12/31/2008
27311650	Beef, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), soy-based sauce (mixture)	431	227	329	1/1/2007	12/31/2008
27313010	Beef, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	258	50	154	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27313020	Beef, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	260	51	156	1/1/2007	12/31/2008
27313210	Beef, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	276	113	194	1/1/2007	12/31/2008
27313220	Beef, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	304	120	212	1/1/2007	12/31/2008
27313410	Beef, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	406	316	361	1/1/2007	12/31/2008
27313420	Beef, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	407	318	362	1/1/2007	12/31/2008
27315010	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	259	51	155	1/1/2007	12/31/2008
27315020	Beef, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	262	53	157	1/1/2007	12/31/2008
27315210	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	328	132	230	1/1/2007	12/31/2008
27315220	Beef, rice, and vegetables (excluding carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	320	141	231	1/1/2007	12/31/2008
27315250	Stuffed cabbage rolls with beef and rice	358	180	269	1/1/2007	12/31/2008
27315330	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), cheese sauce (mixture)	247	138	193	1/1/2007	12/31/2008
27315340	Beef, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)	295	140	217	1/1/2007	12/31/2008
27315410	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	433	157	295	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27315420	Beef, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	398	140	269	1/1/2007	12/31/2008
27315510	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), soy-based sauce (mixture)	254	189	222	1/1/2007	12/31/2008
27315520	Beef, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), soy-based sauce (mixture)	269	198	233	1/1/2007	12/31/2008
27317010	Beef pot pie	310	149	229	1/1/2007	12/31/2008
27317100	Beef, dumplings, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	429	317	373	1/1/2007	12/31/2008
27317110	Beef, dumplings, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	490	359	425	1/1/2007	12/31/2008
27319010	Stuffed green pepper, Puerto Rican style (Pimiento relleno)	652	320	486	1/1/2007	12/31/2008
27320020	Ham pot pie	604	421	513	1/1/2007	12/31/2008
27320030	Ham or pork, noodles and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)	727	480	603	1/1/2007	12/31/2008
27320040	Pork, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	366	33	199	1/1/2007	12/31/2008
27320070	Ham or pork, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	701	442	571	1/1/2007	12/31/2008
27320080	Sausage, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	566	492	529	1/1/2007	12/31/2008
27320090	Sausage, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	557	484	521	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27320100	Pork, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	430	202	316	1/1/2007	12/31/2008
27320110	Pork, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	463	238	351	1/1/2007	12/31/2008
27320120	Sausage, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	441	350	396	1/1/2007	12/31/2008
27320130	Sausage, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	441	352	396	1/1/2007	12/31/2008
27320140	Pork, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	417	183	300	1/1/2007	12/31/2008
27320150	Pork, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	441	216	328	1/1/2007	12/31/2008
27320210	Pork, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	367	32	200	1/1/2007	12/31/2008
27320340	Pork, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	314	227	270	1/1/2007	12/31/2008
27320350	Pork, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	329	236	282	1/1/2007	12/31/2008
27320410	Ham, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	453	393	423	1/1/2007	12/31/2008
27320450	Ham, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	676	562	619	1/1/2007	12/31/2008
27330010	Shepherd's pie with lamb	344	266	305	1/1/2007	12/31/2008
27330030	Lamb or mutton stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy	289	122	205	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27330050	Lamb or mutton, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	399	217	308	1/1/2007	12/31/2008
27330060	Lamb or mutton, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	452	181	316	1/1/2007	12/31/2008
27330080	Lamb or mutton, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy	291	97	194	1/1/2007	12/31/2008
27330110	Lamb or mutton stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy	234	123	178	1/1/2007	12/31/2008
27330210	Lamb or mutton stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	287	123	205	1/1/2007	12/31/2008
27330220	Lamb or mutton stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	288	124	206	1/1/2007	12/31/2008
27331150	Veal fricassee, Puerto Rican style (ternera en fricase)	630	307	468	1/1/2007	12/31/2008
27332100	Veal stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	245	69	157	1/1/2007	12/31/2008
27332110	Veal stew with potatoes and vegetables (excluding carrots, broccoli, and/or dark-green leafy), tomato-based sauce	226	60	143	1/1/2007	12/31/2008
27335100	Rabbit stew with potatoes and vegetables	282	19	150	1/1/2007	12/31/2008
27335500	Stewed rabbit, Puerto Rican style (Fricase de conejo)	452	123	288	1/1/2007	12/31/2008
27336100	Venison/deer stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	216	73	145	1/1/2007	12/31/2008
27336150	Venison/deer stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	230	71	150	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27336200	Venison/deer, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	197	39	118	1/1/2007	12/31/2008
27336250	Venison/deer, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	198	34	116	1/1/2007	12/31/2008
27336300	Venison/deer, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	260	151	206	1/1/2007	12/31/2008
27336310	Venison/deer, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	265	154	209	1/1/2007	12/31/2008
27341000	Chicken or turkey, potatoes, corn, and cheese, with gravy	461	349	405	1/1/2007	12/31/2008
27341010	Chicken or turkey, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	247	56	151	1/1/2007	12/31/2008
27341020	Chicken or turkey, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	282	91	187	1/1/2007	12/31/2008
27341025	Chicken or turkey, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	354	129	241	1/1/2007	12/31/2008
27341030	Chicken or turkey, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	344	132	238	1/1/2007	12/31/2008
27341045	Chicken or turkey, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), cheese sauce (mixture)	351	143	247	1/1/2007	12/31/2008
27341050	Chicken or turkey, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)	342	138	240	1/1/2007	12/31/2008
27341055	Chicken or turkey, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	289	108	198	1/1/2007	12/31/2008
27341060	Chicken or turkey, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	282	105	193	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27341310	Chicken or turkey stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy	197	35	116	1/1/2007	12/31/2008
27341320	Chicken or turkey stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy	200	42	121	1/1/2007	12/31/2008
27341510	Chicken or turkey stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	243	81	162	1/1/2007	12/31/2008
27341520	Chicken or turkey stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	244	87	166	1/1/2007	12/31/2008
27343010	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	223	92	158	1/1/2007	12/31/2008
27343020	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	271	143	207	1/1/2007	12/31/2008
27343410	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	224	127	175	1/1/2007	12/31/2008
27343420	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	324	224	274	1/1/2007	12/31/2008
27343510	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	191	84	137	1/1/2007	12/31/2008
27343520	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	290	184	237	1/1/2007	12/31/2008
27343910	Chicken or turkey chow mein or chop suey with noodles	479	358	418	1/1/2007	12/31/2008
27343950	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), cheese sauce (mixture)	302	153	228	1/1/2007	12/31/2008
27343960	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)	316	159	238	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27345010	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	224	44	134	1/1/2007	12/31/2008
27345020	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	189	31	110	1/1/2007	12/31/2008
27345210	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	261	148	205	1/1/2007	12/31/2008
27345220	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	326	206	266	1/1/2007	12/31/2008
27345230	Chicken or turkey, rice, corn, and cheese, with gravy	600	476	538	1/1/2007	12/31/2008
27345440	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), cheese sauce (mixture)	222	170	196	1/1/2007	12/31/2008
27345450	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)	289	219	254	1/1/2007	12/31/2008
27345510	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	192	67	130	1/1/2007	12/31/2008
27345520	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	226	107	167	1/1/2007	12/31/2008
27347200	Chicken or turkey, stuffing, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	354	237	295	1/1/2007	12/31/2008
27347220	Chicken or turkey, stuffing, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	371	237	304	1/1/2007	12/31/2008
27347230	Chicken or turkey, stuffing, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	457	341	399	1/1/2007	12/31/2008
27347240	Chicken or turkey, dumplings, and vegetables (including carrots, broccoli, and/or dark green leafy), gravy (mixture)	291	173	232	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27347250	Chicken or turkey, dumplings, and vegetables (excluding carrots, broccoli, and dark green leafy), gravy (mixture)	353	237	295	1/1/2007	12/31/2008
27348100	Chicken fricassee, Puerto Rican style (Fricase de pollo)	607	308	458	1/1/2007	12/31/2008
27350020	Paella with seafood	529	191	360	1/1/2007	12/31/2008
27350030	Seafood stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-base sauce	397	189	293	1/1/2007	12/31/2008
27350040	Shad creole, with rice	324	192	258	1/1/2007	12/31/2008
27350050	Shrimp chow mein or chop suey with noodles	579	451	515	1/1/2007	12/31/2008
27350070	Tuna pot pie	254	216	235	1/1/2007	12/31/2008
27350110	Bouillabaisse	249	183	216	1/1/2007	12/31/2008
27350200	Oyster pie	332	119	226	1/1/2007	12/31/2008
27350310	Seafood stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-base sauce	403	192	298	1/1/2007	12/31/2008
27351020	Codfish salad, Puerto Rican style (Gazpacho de bacalao)	378	219	298	1/1/2007	12/31/2008
27351050	Codfish salad, Puerto Rican style (Ensalada de bacalao)	266	174	220	1/1/2007	12/31/2008
27351060	Shrimp and pasta garden salad (shrimp, pasta salad, tomato and/or carrots, other vegetables), no dressing	242	165	203	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27360000	Stew, NFS	213	56	135	1/1/2007	12/31/2008
27360010	Goulash, NFS	150	53	101	1/1/2007	12/31/2008
27360050	Meat pie, NFS	383	222	303	1/1/2007	12/31/2008
27360090	Paella, NFS	604	257	431	1/1/2007	12/31/2008
27360100	Brunswick stew	222	159	190	1/1/2007	12/31/2008
27361010	Stewed variety meats, Puerto Rican style (mostly liver) (Gandinga)	338	42	190	1/1/2007	12/31/2008
27362000	Stewed tripe, Puerto Rican style, with potatoes (Mondongo)	562	225	393	1/1/2007	12/31/2008
27363000	Gumbo with rice (New Orleans type with shellfish, pork, and/or poultry, tomatoes, okra, rice)	376	221	299	1/1/2007	12/31/2008
27363100	Jambalaya with meat and rice	200	109	155	1/1/2007	12/31/2008
27410210	Beef and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), no sauce (mixture)	424	167	296	1/1/2007	12/31/2008
27410220	Beef and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)	406	157	281	1/1/2007	12/31/2008
27410250	Beef shish kabob with vegetables, excluding potatoes	277	22	150	1/1/2007	12/31/2008
27411100	Beef with vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-based sauce (mixture)	469	138	304	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27411120	Swiss steak	252	82	167	1/1/2007	12/31/2008
27411150	Beef rolls, stuffed with vegetables or meat mixture, tomato-based sauce	363	163	263	1/1/2007	12/31/2008
27411200	Beef with vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), tomato-based sauce (mixture)	375	266	320	1/1/2007	12/31/2008
27415200	Beef and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce (mixture)	360	212	286	1/1/2007	12/31/2008
27416200	Beef, ground, with egg and onion (mixture)	746	72	409	1/1/2007	12/31/2008
27416450	Beef and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), gravy (mixture)	358	201	280	1/1/2007	12/31/2008
27418110	Seasoned shredded soup meat (Ropa vieja, sopa de carne ripiada)	235	48	142	1/1/2007	12/31/2008
27418210	Puerto Rican style beef stew with vegetables, excluding potatoes (Carne a la Judia)	582	167	374	1/1/2007	12/31/2008
27418410	Beef steak with onions, Puerto Rican style (mixture) (Biftec encebollado)	1002	48	525	1/1/2007	12/31/2008
27420060	Pork and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), no sauce (mixture)	297	60	178	1/1/2007	12/31/2008
27420110	Pork and vegetables, Hawaiian style (mixture)	189	22	105	1/1/2007	12/31/2008
27420120	Pork and watercress with soy-based sauce (mixture)	400	192	296	1/1/2007	12/31/2008
27420200	Pork hash, Hawaiian style-ground pork, vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce	492	146	319	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27420250	Ham and vegetables (including carrots, broccoli, and/or dark- green leafy (no potatoes)), no sauce (mixture)	751	626	689	1/1/2007	12/31/2008
27420270	Ham and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)	733	608	671	1/1/2007	12/31/2008
27420350	Pork and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)	230	48	139	1/1/2007	12/31/2008
27420370	Pork, tofu, and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce (mixture)	604	553	579	1/1/2007	12/31/2008
27420400	Pork and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-based sauce (mixture)	269	83	176	1/1/2007	12/31/2008
27420410	Pork and vegetables (excluding carrots, broccoli, and dark- green leafy (no potatoes)), tomato-based sauce (mixture)	265	75	170	1/1/2007	12/31/2008
27420450	Sausage and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-based sauce (mixture)	493	358	426	1/1/2007	12/31/2008
27420460	Sausage and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), tomato-based sauce (mixture)	531	381	456	1/1/2007	12/31/2008
27420500	Pork and vegetables (including carrots, broccoli, and/or dark-green leafy), soy-based sauce (mixture)	343	211	277	1/1/2007	12/31/2008
27420510	Pork and vegetables (excluding carrots, broccoli, and dark- green leafy), soy-based sauce (mixture)	362	213	288	1/1/2007	12/31/2008
27420520	Pork shish kabob with vegetables, excluding potatoes	287	32	160	1/1/2007	12/31/2008
27421010	Stuffed christophine, Puerto Rican style (Chayote relleno)	313	128	221	1/1/2007	12/31/2008
27422010	Pork chop stewed with vegetables, Puerto Rican style (mixture) (Chuletas a la jardinera)	430	147	288	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27430400	Lamb or mutton stew with vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), gravy	376	184	280	1/1/2007	12/31/2008
27430410	Lamb or mutton stew with vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), gravy	377	185	281	1/1/2007	12/31/2008
27430500	Veal goulash with vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), tomato-base sauce	229	80	154	1/1/2007	12/31/2008
27430510	Veal goulash with vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-base sauce	241	87	164	1/1/2007	12/31/2008
27430580	Veal with vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), cream or white sauce	200	127	164	1/1/2007	12/31/2008
27430590	Veal with vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), cream or white sauce	224	136	180	1/1/2007	12/31/2008
27430610	Lamb shish kabob with vegetables, excluding potatoes	292	37	165	1/1/2007	12/31/2008
27440110	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), no sauce (mixture)	256	79	167	1/1/2007	12/31/2008
27440120	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)	252	77	165	1/1/2007	12/31/2008
27441120	Chicken or turkey creole, without rice	268	188	228	1/1/2007	12/31/2008
27442110	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), gravy (mixture)	309	54	181	1/1/2007	12/31/2008
27442120	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), gravy (mixture)	293	47	170	1/1/2007	12/31/2008
27445110	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), soy-based sauce (mixture)	380	308	344	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27445120	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce (mixture)	480	383	431	1/1/2007	12/31/2008
27445125	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-based sauce (mixture)	451	193	322	1/1/2007	12/31/2008
27445130	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), tomato-based sauce (mixture)	321	161	241	1/1/2007	12/31/2008
27446315	Chicken or turkey garden salad with bacon (chicken and/or turkey, bacon, cheese, lettuce and/or greens, tomato and/or carrots, other vegetables), no dressing	246	146	196	1/1/2007	12/31/2008
27446350	Oriental chicken or turkey garden salad (chicken and/or turkey, lettuce, fruit, nuts), no dressing	72	50	61	1/1/2007	12/31/2008
27446400	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), cheese sauce (mixture)	536	221	378	1/1/2007	12/31/2008
27446410	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), cheese sauce (mixture)	438	180	309	1/1/2007	12/31/2008
27448020	Chicken or turkey fricassee, with sauce, no potatoes, Puerto Rican style (potatoes reported separately)	484	298	391	1/1/2007	12/31/2008
27448030	Chicken or turkey fricassee, no sauce, no potatoes, Puerto Rican style (sauce and potatoes reported separately)	482	64	273	1/1/2007	12/31/2008
27450040	Shrimp chow mein or chop suey, no noodles	480	451	466	1/1/2007	12/31/2008
27450150	Fish, tofu, and vegetables, tempura, Hawaiian style (mixture)	390	120	255	1/1/2007	12/31/2008
27450250	Oysters Rockefeller	497	334	416	1/1/2007	12/31/2008
27450400	Shrimp and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), no sauce (mixture)	391	218	304	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27450405	Shrimp and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)	436	104	270	1/1/2007	12/31/2008
27450410	Shrimp and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), soy-based sauce (mixture)	412	137	274	1/1/2007	12/31/2008
27450420	Shrimp and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce (mixture)	431	138	285	1/1/2007	12/31/2008
27450430	Shrimp shish kabob with vegetables, excluding potatoes	515	108	311	1/1/2007	12/31/2008
27450450	Shrimp creole, no rice	461	208	334	1/1/2007	12/31/2008
27450700	Fish and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-based sauce (mixture)	422	183	302	1/1/2007	12/31/2008
27450710	Fish and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), tomato-based sauce (mixture)	420	184	302	1/1/2007	12/31/2008
27450760	Fish shish kabob with vegetables, excluding potatoes	298	54	176	1/1/2007	12/31/2008
27451010	Fried fish with sauce, Puerto Rican style (Pescado frito con mojo)	678	192	435	1/1/2007	12/31/2008
27451030	Lobster with sauce, Puerto Rican style (Langosta a la criolla)	661	352	507	1/1/2007	12/31/2008
27451070	Codfish salad, Puerto Rican style (Serenata)	418	100	259	1/1/2007	12/31/2008
27460100	Lau lau (pork and fish wrapped in taro or spinach leaves)	823	100	462	1/1/2007	12/31/2008
27460710	Livers, chicken, chopped, with eggs and onion (mixture)	1049	56	552	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27463000	Stewed gizzards, Puerto Rican style (Mollejitas guisadas)	409	174	291	1/1/2007	12/31/2008
27464000	Gumbo, no rice (New Orleans type with shellfish, pork, and/or poultry, tomatoes, okra)	421	247	334	1/1/2007	12/31/2008
31102000	Egg, whole, cooked, NS as to cooking method	358	205	281	1/1/2007	12/31/2008
31103000	Egg, whole, boiled	278	124	201	1/1/2007	12/31/2008
31104000	Egg, whole, poached	294	140	217	1/1/2007	12/31/2008
31105000	Egg, whole, fried	378	213	295	1/1/2007	12/31/2008
31105010	Egg, whole, fried without fat	334	159	247	1/1/2007	12/31/2008
31106000	Egg, whole, baked, NS as to fat added in cooking	369	208	289	1/1/2007	12/31/2008
31106010	Egg, whole, baked, fat not added in cooking	327	156	241	1/1/2007	12/31/2008
31106020	Egg, whole, baked, fat added in cooking	369	208	289	1/1/2007	12/31/2008
31109010	Egg, white only, cooked, fat not added in cooking	320	166	243	1/1/2007	12/31/2008
31111010	Egg, yolk only, cooked, fat not added in cooking	202	48	125	1/1/2007	12/31/2008
31201000	Duck egg, cooked	300	146	223	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
31202000	Goose egg, cooked	292	138	215	1/1/2007	12/31/2008
32101000	Egg, creamed	320	252	286	1/1/2007	12/31/2008
32102000	Egg, deviled	302	161	232	1/1/2007	12/31/2008
32103000	Egg salad	362	254	308	1/1/2007	12/31/2008
32104100	Egg, scrambled, made from dry eggs	311	235	273	1/1/2007	12/31/2008
32104900	Egg omelet or scrambled egg, NS as to fat added in cooking	305	177	241	1/1/2007	12/31/2008
32104950	Egg omelet or scrambled egg, fat not added in cooking	268	134	201	1/1/2007	12/31/2008
32105000	Egg omelet or scrambled egg, fat added in cooking	305	177	241	1/1/2007	12/31/2008
32105010	Egg omelet or scrambled egg, with cheese	508	402	455	1/1/2007	12/31/2008
32105020	Egg omelet or scrambled egg, with fish	353	244	299	1/1/2007	12/31/2008
32105030	Egg omelet or scrambled egg, with ham or bacon	610	520	565	1/1/2007	12/31/2008
32105040	Egg omelet or scrambled egg, with dark-green vegetables	258	155	207	1/1/2007	12/31/2008
32105045	Egg omelet or scrambled egg, with cheese and dark-green vegetables	322	234	278	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
32105050	Egg omelet or scrambled egg, with vegetables other than dark-green	267	170	218	1/1/2007	12/31/2008
32105055	Egg omelet or scrambled egg, with cheese and vegetables other than dark-green	326	242	284	1/1/2007	12/31/2008
32105060	Egg omelet or scrambled egg, with ham or bacon and vegetables other than dark-green	419	328	373	1/1/2007	12/31/2008
32105080	Egg omelet or scrambled egg, with ham or bacon and cheese	631	541	586	1/1/2007	12/31/2008
32105085	Egg omelet or scrambled egg, with ham or bacon, cheese, and tomatoes	586	502	544	1/1/2007	12/31/2008
32105100	Egg omelet or scrambled egg, with potatoes and/or onions (Tortilla Espanola, traditional style Spanish omelet)	332	99	216	1/1/2007	12/31/2008
32105110	Egg omelet or scrambled egg, with beef	299	146	222	1/1/2007	12/31/2008
32105120	Egg omelet or scrambled egg, with sausage and mushrooms	405	307	356	1/1/2007	12/31/2008
32105121	Egg omelet or scrambled egg, with sausage and cheese	443	353	398	1/1/2007	12/31/2008
32105122	Egg omelet or scrambled egg, with sausage	458	366	412	1/1/2007	12/31/2008
32105125	Egg omelet or scrambled egg, with hot dogs	578	489	533	1/1/2007	12/31/2008
32105130	Egg omelet or scrambled egg, Spanish omelet, made with onions, peppers, tomatoes, and mushrooms	147	86	117	1/1/2007	12/31/2008
32105150	Egg omelet or scrambled egg, with cheese, beans, tomatoes, and chili sauce	383	292	337	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
32105160	Egg omelet or scrambled egg, with chorizo	626	536	581	1/1/2007	12/31/2008
32105170	Egg omelet or scrambled egg, with chicken or turkey	233	142	187	1/1/2007	12/31/2008
32105190	Egg casserole with bread, cheese, milk and meat	537	511	524	1/1/2007	12/31/2008
32105310	Ripe plantain omelet, Puerto Rican style (Tortilla de amarillo)	429	68	249	1/1/2007	12/31/2008
32105330	Scrambled eggs with jerked beef, Puerto Rican style (Revoltillo de tasajo)	1545	1314	1430	1/1/2007	12/31/2008
32110100	Eggs a la Malaguena, Puerto Rican style (Huevos a la Malaguena)	731	406	569	1/1/2007	12/31/2008
33201010	Scrambled egg, made from cholesterol-free frozen mixture	337	225	281	1/1/2007	12/31/2008
33201110	Scrambled egg, made from cholesterol-free frozen mixture with cheese	434	332	383	1/1/2007	12/31/2008
33201500	Scrambled egg, made from cholesterol-free frozen mixture with vegetables	361	166	264	1/1/2007	12/31/2008
33202010	Scrambled egg, made from frozen mixture	310	155	232	1/1/2007	12/31/2008
33301010	Scrambled egg, made from packaged liquid mixture	333	225	279	1/1/2007	12/31/2008
41101000	Beans, dry, coobked, NS as to type and as to fat added in cooking	196	3	100	1/1/2007	12/31/2008
41101010	Beans, dry, cooked, NS as to type, fat added in cooking	196	3	100	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41101020	Beans, dry, cooked, NS as to type, fat not added in cooking	235	4	119	1/1/2007	12/31/2008
41101100	White beans, dry, cooked, NS as to fat added in cooking	198	6	102	1/1/2007	12/31/2008
41101110	White beans, dry, cooked, fat added in cooking	198	6	102	1/1/2007	12/31/2008
41101120	White beans, dry, cooked, fat not added in cooking	237	6	122	1/1/2007	12/31/2008
41102000	Black, brown, or Bayo beans, dry, cooked, NS as to fat added in cooking	235	4	120	1/1/2007	12/31/2008
41102010	Black, brown, or Bayo beans, dry, cooked, fat added in cooking	197	4	100	1/1/2007	12/31/2008
41102020	Black, brown, or Bayo beans, dry, cooked, fat not added in cooking	214	4	109	1/1/2007	12/31/2008
41102200	Fava beans, cooked, NS as to fat added in cooking	236	5	120	1/1/2007	12/31/2008
41102210	Fava beans, cooked, fat added in cooking	236	5	120	1/1/2007	12/31/2008
41102220	Fava beans, cooked, fat not added in cooking	236	5	121	1/1/2007	12/31/2008
41103000	Lima beans, dry, cooked, NS as to fat added in cooking	195	2	98	1/1/2007	12/31/2008
41103010	Lima beans, dry, cooked, fat added in cooking	195	2	98	1/1/2007	12/31/2008
41103020	Lima beans, dry, cooked, fat not added in cooking	233	2	118	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41103050	Pink beans, dry, cooked, NS as to fat added in cooking	195	2	98	1/1/2007	12/31/2008
41103060	Pink beans, dry, cooked, fat not added in cooking	195	2	98	1/1/2007	12/31/2008
41103070	Pink beans, dry, cooked, fat added in cooking	195	2	98	1/1/2007	12/31/2008
41104000	Pinto, calico, or red Mexican beans, dry, cooked, NS as to fat added in cooking	199	6	102	1/1/2007	12/31/2008
41104010	Pinto, calico, or red Mexican beans, dry, cooked, fat added in cooking	199	6	102	1/1/2007	12/31/2008
41104020	Pinto, calico, or red Mexican beans, dry, cooked, fat not added in cooking	216	6	111	1/1/2007	12/31/2008
41106000	Red kidney beans, dry, cooked, NS as to fat added in cooking	195	2	98	1/1/2007	12/31/2008
41106010	Red kidney beans, dry, cooked, fat added in cooking	195	2	98	1/1/2007	12/31/2008
41106020	Red kidney beans, dry, cooked, fat not added in cooking	233	2	118	1/1/2007	12/31/2008
41107000	Soybeans, cooked, fat not added in cooking	232	1	117	1/1/2007	12/31/2008
41108000	Mung beans, fat not added in cooking	232	7	120	1/1/2007	12/31/2008
41108010	Mung beans, fat added in cooking	215	7	111	1/1/2007	12/31/2008
41108020	Mung beans, NS as to fat added in cooking	215	7	111	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41201010	Baked beans, NFS	446	265	356	1/1/2007	12/31/2008
41202500	Beans and tomatoes, NS as to fat added in cooking	301	230	265	1/1/2007	12/31/2008
41202505	Beans and tomatoes, fat not added in cooking	287	214	250	1/1/2007	12/31/2008
41202510	Beans and tomatoes, fat added in cooking	301	230	265	1/1/2007	12/31/2008
41204020	Boston baked beans	455	93	274	1/1/2007	12/31/2008
41205010	Refried beans	358	232	295	1/1/2007	12/31/2008
41205020	Refried beans with cheese	372	252	312	1/1/2007	12/31/2008
41205030	Refried beans with meat	485	342	413	1/1/2007	12/31/2008
41205050	Bean dip, made with refried beans	1168	6	587	1/1/2007	12/31/2008
41205100	Black bean sauce	750	409	580	1/1/2007	12/31/2008
41207030	Beans, dry, cooked with ground beef	466	396	431	1/1/2007	12/31/2008
41208100	Beans, dry, cooked with pork	508	438	473	1/1/2007	12/31/2008
41209000	Falafil	467	152	310	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41210000	Bean cake	187	2	94	1/1/2007	12/31/2008
41210090	Stewed beans with pork, tomatoes, and chili peppers, Mexican style (Frijoles a la charra)	298	161	230	1/1/2007	12/31/2008
41210100	Stewed red beans, Puerto Rican style (Habichuelas coloradas guisadas)	256	80	168	1/1/2007	12/31/2008
41210110	Stewed dry lima beans, Puerto Rican style	254	69	161	1/1/2007	12/31/2008
41210120	Stewed white beans, Puerto Rican style	670	32	351	1/1/2007	12/31/2008
41210150	Stewed pink beans with white potatoes and ham, Puerto Rican style	244	61	152	1/1/2007	12/31/2008
41210160	Stewed pink beans with pig's feet, Puerto Rican style	303	79	191	1/1/2007	12/31/2008
41210170	Stewed red beans with pig's feet, Puerto Rican style	303	79	191	1/1/2007	12/31/2008
41210180	Stewed white beans with pig's feet, Puerto Rican style	303	79	191	1/1/2007	12/31/2008
41210190	Stewed red beans with pig's feet and potatoes, Puerto Rican style	303	79	191	1/1/2007	12/31/2008
41210200	Black beans, Cuban style (Habichuelas negras guisadas a la Cubana)	414	12	213	1/1/2007	12/31/2008
41301000	Cowpeas, dry, cooked, NS as to fat added in cooking	235	4	119	1/1/2007	12/31/2008
41301010	Cowpeas, dry, cooked, fat added in cooking	235	4	119	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41301020	Cowpeas, dry, cooked, fat not added in cooking	235	4	120	1/1/2007	12/31/2008
41302000	Chickpeas, dry, cooked, NS as to fat added in cooking	243	12	128	1/1/2007	12/31/2008
41302010	Chickpeas, dry, cooked, fat added in cooking	243	12	128	1/1/2007	12/31/2008
41302020	Chickpeas, dry, cooked, fat not added in cooking	243	13	128	1/1/2007	12/31/2008
41303010	Green or yellow split peas, dry, cooked, fat added in cooking	222	2	112	1/1/2007	12/31/2008
41303020	Green or yellow split peas, dry, cooked, NS as to fat added in cooking	222	2	112	1/1/2007	12/31/2008
41303500	Stewed green peas, Puerto Rican style	204	48	126	1/1/2007	12/31/2008
41303550	Stewed green peas with pig's feet and potatoes, Puerto Rican style	304	80	192	1/1/2007	12/31/2008
41304030	Peas, dry, cooked with pork	346	116	231	1/1/2007	12/31/2008
41304130	Cowpeas, dry, cooked with pork	728	402	565	1/1/2007	12/31/2008
41304980	Lentils, dry, cooked, NS as to fat added in cooking	220	2	111	1/1/2007	12/31/2008
41304990	Lentils, dry, cooked, fat added in cooking	220	2	111	1/1/2007	12/31/2008
41305000	Lentils, dry, cooked, fat not added in cooking	233	2	118	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41310100	Stewed pigeon peas, Puerto Rican style (Gandules guisados, Gandur, Gandules)	339	43	191	1/1/2007	12/31/2008
41310150	Stewed chickpeas, Puerto Rican style	267	73	170	1/1/2007	12/31/2008
41310160	Stewed chickpeas, with potatoes, Puerto Rican style	409	95	252	1/1/2007	12/31/2008
41310210	Stewed chickpeas with Spanish sausages, Puerto Rican style (Garbanzos guisados con chorizos)	344	170	257	1/1/2007	12/31/2008
41310220	Fried chickpeas with bacon, Puerto Rican style (Garbanzos fritos con tocineta)	439	258	348	1/1/2007	12/31/2008
41310310	Stewed blackeye peas or cowpeas, Puerto Rican style	235	8	121	1/1/2007	12/31/2008
56101000	Macaroni, cooked, NS as to fat added in cooking	232	1	117	1/1/2007	12/31/2008
56101010	Macaroni, cooked, fat not added in cooking	232	1	117	1/1/2007	12/31/2008
56101030	Macaroni, cooked, fat added in cooking	201	1	101	1/1/2007	12/31/2008
56102000	Macaroni, whole wheat, cooked, NS as to fat added in cooking	234	3	119	1/1/2007	12/31/2008
56102010	Macaroni, whole wheat, cooked, fat not added in cooking	234	3	119	1/1/2007	12/31/2008
56102020	Macaroni, whole wheat, cooked, fat added in cooking	203	3	103	1/1/2007	12/31/2008
56103000	Macaroni, cooked, spinach, NS as to fat added in cooking	235	9	122	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56103010	Macaroni, cooked, spinach, fat not added in cooking	235	9	122	1/1/2007	12/31/2008
56103020	Macaroni, cooked, spinach, fat added in cooking	227	9	118	1/1/2007	12/31/2008
56104000	Macaroni, cooked, vegetable, NS as to fat added in cooking	99	6	52	1/1/2007	12/31/2008
56104010	Macaroni, cooked, vegetable, fat not added in cooking	99	6	52	1/1/2007	12/31/2008
56104020	Macaroni, cooked, vegetable, fat added in cooking	95	6	51	1/1/2007	12/31/2008
56112000	Noodles, cooked, NS as to fat added in cooking	236	5	121	1/1/2007	12/31/2008
56112010	Noodles, cooked, fat not added in cooking	236	5	121	1/1/2007	12/31/2008
56112030	Noodles, cooked, fat added in cooking	181	5	93	1/1/2007	12/31/2008
56113000	Noodles, cooked, whole wheat, NS as to fat added in cooking	160	14	87	1/1/2007	12/31/2008
56113010	Noodles, cooked, whole wheat, fat not added in cooking	234	3	119	1/1/2007	12/31/2008
56113990	Noodles, cooked, spinach, NS as to fat added in cooking	243	12	128	1/1/2007	12/31/2008
56114000	Noodles, cooked, spinach, fat not added in cooking	196	9	102	1/1/2007	12/31/2008
56114020	Noodles, cooked, spinach, fat added in cooking	187	12	100	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56130000	Spaghetti, cooked, NS as to fat added in cooking	232	1	117	1/1/2007	12/31/2008
56130010	Spaghetti, cooked, fat not added in cooking	232	1	117	1/1/2007	12/31/2008
56131000	Spaghetti, cooked, fat added in cooking	201	1	101	1/1/2007	12/31/2008
56132000	Spaghetti, cooked, high protein type (assume no fat added)	232	1	117	1/1/2007	12/31/2008
56132990	Spaghetti, cooked, whole wheat, NS as to fat added in cooking	234	3	119	1/1/2007	12/31/2008
56133000	Spaghetti, cooked, whole wheat, fat not added in cooking	234	3	119	1/1/2007	12/31/2008
56133010	Spaghetti, cooked, whole wheat, fat added in cooking	203	3	103	1/1/2007	12/31/2008
56200300	Cereal, cooked, NFS	120	4	62	1/1/2007	12/31/2008
56200390	Barley, cooked, NS as to fat added in cooking	187	3	95	1/1/2007	12/31/2008
56200400	Barley, cooked, fat not added in cooking	187	3	95	1/1/2007	12/31/2008
56200490	Buckwheat groats, cooked, NS as to fat added in cooking	150	4	77	1/1/2007	12/31/2008
56200500	Buckwheat groats, cooked, fat not added in cooking	150	4	77	1/1/2007	12/31/2008
56200510	Buckwheat groats, cooked, fat added in cooking	186	47	117	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56200990	Grits, cooked, corn or hominy, NS as to regular, quick or instant, NS as to fat added in cooking	133	4	69	1/1/2007	12/31/2008
56201000	Grits, cooked, corn or hominy, NS as to regular, quick, or instant, fat not added in cooking	134	4	69	1/1/2007	12/31/2008
56201010	Grits, cooked, corn or hominy, regular, fat not added in cooking	133	4	69	1/1/2007	12/31/2008
56201020	Grits, cooked, corn or hominy, regular, fat added in cooking	167	42	104	1/1/2007	12/31/2008
56201030	Grits, cooked, corn or hominy, regular, NS as to fat added in cooking	134	4	69	1/1/2007	12/31/2008
56201040	Grits, cooked, corn or hominy, NS as to regular, quick, or instant, fat added in cooking	167	42	104	1/1/2007	12/31/2008
56201060	Grits, cooked, corn or hominy, with cheese, NS as to regular, quick, or instant, NS as to fat added in cooking	270	153	212	1/1/2007	12/31/2008
56201061	Grits, cooked, corn or hominy, with cheese, NS as to regular, quick, or instant, fat not added in cooking	269	153	211	1/1/2007	12/31/2008
56201062	Grits, cooked, corn or hominy, with cheese, NS as to regular, quick, or instant, fat added in cooking	295	183	239	1/1/2007	12/31/2008
56201070	Grits, cooked, corn or hominy, with cheese, regular, NS as to fat added in cooking	355	260	308	1/1/2007	12/31/2008
56201071	Grits, cooked, corn or hominy, with cheese, regular, fat not added in cooking	355	260	308	1/1/2007	12/31/2008
56201072	Grits, cooked, corn or hominy, with cheese, regular, fat added in cooking	370	277	323	1/1/2007	12/31/2008
56201080	Grits, cooked, corn or hominy, with cheese, quick, NS as to fat added in cooking	355	260	308	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56201081	Grits, cooked, corn or hominy, with cheese, quick, fat not added in cooking	355	260	308	1/1/2007	12/31/2008
56201082	Grits, cooked, corn or hominy, with cheese, quick, fat added in cooking	370	277	323	1/1/2007	12/31/2008
56201110	Grits, cooked, corn or hominy, quick, fat not added in cooking	170	4	87	1/1/2007	12/31/2008
56201120	Grits, cooked, corn or hominy, quick, fat added in cooking	212	53	132	1/1/2007	12/31/2008
56201130	Grits, cooked, corn or hominy, quick, NS as to fat added in cooking	171	4	87	1/1/2007	12/31/2008
56201300	Grits, cooked, corn or hominy, NS as to regular, quick, or instant, NS as to fat added in cooking, made with milk	172	47	110	1/1/2007	12/31/2008
56201510	Cornmeal mush, made with water	221	7	114	1/1/2007	12/31/2008
56201520	Cornmeal mush, fried	306	10	158	1/1/2007	12/31/2008
56201530	Cornmeal mush, made with milk	221	61	141	1/1/2007	12/31/2008
56201540	Cornmeal, made with milk and sugar, Puerto Rican Style (Harina de maiz)	156	44	100	1/1/2007	12/31/2008
56201550	Cornmeal dumpling	357	149	253	1/1/2007	12/31/2008
56201560	Cornmeal sticks, boiled	126	11	68	1/1/2007	12/31/2008
56201600	Cornmeal, lime-treated, cooked (Masa harina)	281	8	144	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56201990	Millet, cooked, NS as to fat added in cooking	168	2	85	1/1/2007	12/31/2008
56202000	Millet, cooked, fat not added in cooking	168	2	85	1/1/2007	12/31/2008
56202100	Millet, cooked, fat added in cooking	208	50	129	1/1/2007	12/31/2008
56202960	Oatmeal, cooked, NS as to regular, quick or instant; NS as to fat added in cooking	121	5	63	1/1/2007	12/31/2008
56202970	Oatmeal, cooked, quick (1 or 3 minutes), NS as to fat added in cooking	121	5	63	1/1/2007	12/31/2008
56202980	Oatmeal, cooked, regular, NS as to fat added in cooking	121	5	63	1/1/2007	12/31/2008
56203000	Oatmeal, cooked, NS as to regular, quick or instant, fat not added in cooking	121	5	63	1/1/2007	12/31/2008
56203010	Oatmeal, cooked, regular, fat not added in cooking	121	5	63	1/1/2007	12/31/2008
56203020	Oatmeal, cooked, quick (1 or 3 minutes), fat not added in cooking	121	5	63	1/1/2007	12/31/2008
56203040	Oatmeal, cooked, NS as to regular, quick, or instant, fat added in cooking	151	39	95	1/1/2007	12/31/2008
56203050	Oatmeal, cooked, regular, fat added in cooking	151	39	95	1/1/2007	12/31/2008
56203060	Oatmeal, cooked, quick (1 or 3 minutes), fat added in cooking	151	39	95	1/1/2007	12/31/2008
56203110	Oatmeal with maple flavor, cooked	120	4	62	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56203200	Oatmeal with fruit, cooked	112	4	58	1/1/2007	12/31/2008
56203210	Oatmeal, NS as to regular, quick, or instant, made with milk, fat not added in cooking	145	40	93	1/1/2007	12/31/2008
56203220	Oatmeal, NS as to regular, quick, or instant, made with milk, fat added in cooking	171	70	121	1/1/2007	12/31/2008
56203230	Oatmeal, NS as to regular, quick, or instant, made with milk, NS as to fat added in cooking	145	40	93	1/1/2007	12/31/2008
56203540	Oatmeal, made with milk and sugar, Puerto Rican style	238	38	138	1/1/2007	12/31/2008
56203600	Oatmeal, multigrain, cooked, NS as to fat added in cooking	73	4	39	1/1/2007	12/31/2008
56203610	Oatmeal, multigrain, cooked, fat not added in cooking	73	4	39	1/1/2007	12/31/2008
56203620	Oatmeal, multigrain, cooked, fat added in cooking	101	34	68	1/1/2007	12/31/2008
56204980	Rice, white, cooked, converted, NS as to fat added in cooking	331	2	167	1/1/2007	12/31/2008
56204990	Rice, white, cooked, regular, NS as to fat added in cooking	365	1	183	1/1/2007	12/31/2008
56205000	Rice, cooked, NFS	371	11	191	1/1/2007	12/31/2008
56205010	Rice, white, cooked, regular, fat not added in cooking	365	1	183	1/1/2007	12/31/2008
56205020	Rice, white, cooked, instant, NS as to fat added in cooking	353	4	179	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56205030	Rice, white, cooked, instant, fat not added in cooking	353	4	179	1/1/2007	12/31/2008
56205040	Rice, white, cooked, converted, fat not added in cooking	331	2	167	1/1/2007	12/31/2008
56205050	Rice, cream of, cooked, fat not added in cooking	155	1	78	1/1/2007	12/31/2008
56205060	Rice, cooked, with milk	363	46	204	1/1/2007	12/31/2008
56205070	Rice, sweet (rice, cooked, with honey)	343	1	172	1/1/2007	12/31/2008
56205080	Rice, creamed, made with milk and sugar, Puerto Rican style	125	22	73	1/1/2007	12/31/2008
56205090	Rice, cream of, cooked, fat added in cooking	203	36	120	1/1/2007	12/31/2008
56205110	Rice, brown, cooked, regular, fat not added in cooking	301	5	153	1/1/2007	12/31/2008
56205120	Rice, brown, cooked, regular, NS as to fat added in cooking	301	5	153	1/1/2007	12/31/2008
56205210	Rice, wild, 100%, cooked, fat not added in cooking	354	3	179	1/1/2007	12/31/2008
56205300	Rice, white and wild, cooked, fat not added in cooking	503	5	254	1/1/2007	12/31/2008
56205310	Rice, brown and wild, cooked, fat not added in cooking	503	6	254	1/1/2007	12/31/2008
56205320	Rice, white and wild, cooked, fat added in cooking	516	29	272	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56205330	Rice, white and wild, cooked, NS as to fat added in cooking	516	29	272	1/1/2007	12/31/2008
56205340	Rice, brown and wild, cooked, fat added in cooking	516	29	273	1/1/2007	12/31/2008
56205350	Rice, brown and wild, cooked, NS as to fat added in cooking	516	29	273	1/1/2007	12/31/2008
56205400	Rice, cooked, NS as to type, fat added in cooking	382	28	205	1/1/2007	12/31/2008
56205410	Rice, white, cooked with (fat) oil, Puerto Rican style (Arroz blanco)	507	5	256	1/1/2007	12/31/2008
56205420	Rice, white, cooked, regular, fat added in cooking	382	28	205	1/1/2007	12/31/2008
56205430	Rice, white, cooked, instant, fat added in cooking	369	30	200	1/1/2007	12/31/2008
56205440	Rice, white, cooked, converted, fat added in cooking	347	27	187	1/1/2007	12/31/2008
56205510	Rice, brown, cooked, regular, fat added in cooking	316	27	172	1/1/2007	12/31/2008
56205530	Rice, brown, cooked, instant, NS as to fat added in cooking	301	5	153	1/1/2007	12/31/2008
56205540	Rice, brown, cooked, instant, fat not added in cooking	301	5	153	1/1/2007	12/31/2008
56205550	Rice, brown, cooked, instant, fat added in cooking	316	27	172	1/1/2007	12/31/2008
56206970	Wheat, cream of, cooked, quick, NS as to fat added in cooking	148	19	84	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56206980	Wheat, cream of, cooked, regular, NS as to fat added in cooking	134	5	70	1/1/2007	12/31/2008
56206990	Wheat, cream of, cooked, NS as to regular, quick, or instant, NS as to fat added in cooking	148	19	84	1/1/2007	12/31/2008
56207000	Wheat, cream of, cooked, NS as to regular, quick, or instant, fat not added in cooking	148	19	84	1/1/2007	12/31/2008
56207010	Wheat, cream of, cooked, regular, fat not added in cooking	134	5	70	1/1/2007	12/31/2008
56207020	Wheat, cream of, cooked, quick, fat not added in cooking	148	19	84	1/1/2007	12/31/2008
56207030	Wheat, cream of, cooked, instant, fat not added in cooking	161	6	83	1/1/2007	12/31/2008
56207040	Wheat, cream of, cooked, made with milk	146	49	97	1/1/2007	12/31/2008
56207050	Wheat, cream of, cooked, made with milk and sugar, Puerto Rican style	145	40	92	1/1/2007	12/31/2008
56207060	Wheat, cream of, cooked, instant, fat added in cooking	198	51	125	1/1/2007	12/31/2008
56207070	Wheat, cream of, cooked, instant, NS as to fat added in cooking	161	6	83	1/1/2007	12/31/2008
56207080	Wheat, cream of, cooked, NS as to regular, quick, or instant, fat added in cooking	181	57	119	1/1/2007	12/31/2008
56207100	Wheat, rolled, cooked, fat not added in cooking	132	4	68	1/1/2007	12/31/2008
56207110	Bulgur, cooked or canned, fat not added in cooking	219	5	112	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56207120	Bulgur, cooked or canned, fat added in cooking	266	66	166	1/1/2007	12/31/2008
56207130	Bulgur, cooked or canned, NS as to fat added in cooking	219	5	112	1/1/2007	12/31/2008
56207140	Wheat, rolled, cooked, NS as to fat added in cooking	132	4	68	1/1/2007	12/31/2008
56207150	Couscous, plain, cooked, fat not added in cooking	189	5	97	1/1/2007	12/31/2008
56207160	Couscous, plain, cooked, NS as to fat added in cooking	189	5	97	1/1/2007	12/31/2008
56207180	Couscous, plain, cooked, fat added in cooking	232	58	145	1/1/2007	12/31/2008
56207190	Whole wheat cereal, cooked, NS as to fat added in cooking	132	4	68	1/1/2007	12/31/2008
56207200	Whole wheat cereal, cooked, fat not added in cooking	132	4	68	1/1/2007	12/31/2008
56207210	Whole wheat cereal, cooked, fat added in cooking	165	42	103	1/1/2007	12/31/2008
56207220	Wheat, cream of, cooked, regular, fat added in cooking	168	43	106	1/1/2007	12/31/2008
56207230	Wheat, cream of, cooked, quick, fat added in cooking	181	57	119	1/1/2007	12/31/2008
56207290	Wheat hearts, cooked, NS as to fat added in cooking	132	4	68	1/1/2007	12/31/2008
56207300	Whole wheat cereal, wheat and barley, cooked, fat not added in cooking	82	7	45	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56207310	Wheat hearts, cooked, fat not added in cooking	132	4	68	1/1/2007	12/31/2008
56207330	Whole wheat cereal, wheat and barley, cooked, fat added in cooking	123	51	87	1/1/2007	12/31/2008
56207340	Whole wheat cereal, wheat and barley, cooked, NS as to fat added in cooking	82	7	45	1/1/2007	12/31/2008
56207350	Wheat cereal, chocolate flavored, cooked, made with milk	371	46	208	1/1/2007	12/31/2008
56207360	Wheat cereal, chocolate flavored, cooked, fat not added in cooking	338	5	171	1/1/2007	12/31/2008
56207370	Wheat cereal, chocolate flavored, cooked, NS as to fat added in cooking	338	5	171	1/1/2007	12/31/2008
56208500	Oat bran cereal, cooked, fat not added in cooking	132	5	68	1/1/2007	12/31/2008
56208510	Oat bran cereal, cooked, fat added in cooking	165	42	104	1/1/2007	12/31/2008
56208520	Oat bran cereal, cooked, NS as to fat added in cooking	132	5	68	1/1/2007	12/31/2008
56208530	Oat bran cereal, cooked, made with milk, fat not added in cooking	171	47	109	1/1/2007	12/31/2008
56208540	Oat bran cereal, cooked, made with milk, fat added in cooking	202	82	142	1/1/2007	12/31/2008
56208550	Oat bran cereal, cooked, made with milk, NS as to fat added in cooking	171	47	109	1/1/2007	12/31/2008
56209000	Rye, cream of, cooked	140	3	71	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
58160200	Rice with vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce, NS as to fat added in cooking	319	274	297	1/1/2007	12/31/2008
58160202	Rice with vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce, fat not added in cooking	255	5	130	1/1/2007	12/31/2008
58160205	Rice with vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce, NS as to fat added in cooking	277	34	155	1/1/2007	12/31/2008
58160207	Rice with vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce, fat not added in cooking	258	9	134	1/1/2007	12/31/2008
58160209	Rice with vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce, fat added in cooking	277	34	155	1/1/2007	12/31/2008
58160290	Rice with corn, NS as to fat added in cooking	292	28	160	1/1/2007	12/31/2008
58160292	Rice with corn, fat not added in cooking	272	1	137	1/1/2007	12/31/2008
58160294	Rice with corn, fat added in cooking	292	28	160	1/1/2007	12/31/2008
58160302	Rice with peas, fat not added in cooking	275	2	138	1/1/2007	12/31/2008
58160304	Rice with peas, fat added in cooking	294	29	161	1/1/2007	12/31/2008
58160310	Rice with peas and carrots, NS as to fat added in cooking	310	45	177	1/1/2007	12/31/2008
58160312	Rice with peas and carrots, fat not added in cooking	291	18	154	1/1/2007	12/31/2008
58160314	Rice with peas and carrots, fat added in cooking	310	45	177	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
58160320	Rice with tomatoes, NS as to fat added in cooking	265	29	147	1/1/2007	12/31/2008
58160322	Rice with tomatoes, fat not added in cooking	247	4	126	1/1/2007	12/31/2008
58160324	Rice with tomatoes, fat added in cooking	265	29	147	1/1/2007	12/31/2008
58161120	Brown rice casserole with cheese	411	128	269	1/1/2007	12/31/2008
58161320	Rice, brown, with beans	286	51	168	1/1/2007	12/31/2008
58161325	Rice, brown, with beans and tomatoes	297	72	185	1/1/2007	12/31/2008
58161400	Rice, brown, with vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce, NS as to fat added in cooking	240	29	134	1/1/2007	12/31/2008
58161402	Rice, brown, with vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce, fat not added in cooking	223	8	115	1/1/2007	12/31/2008
58161404	Rice, brown, with vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce, fat added in cooking	240	29	134	1/1/2007	12/31/2008
58161405	Rice, brown, with vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce, NS as to fat added in cooking	242	32	137	1/1/2007	12/31/2008
58161407	Rice, brown, with vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce, fat not added in cooking	226	11	118	1/1/2007	12/31/2008
58161409	Rice, brown, with vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce, fat added in cooking	242	32	137	1/1/2007	12/31/2008
58161420	Rice, brown, with corn, NS as to fat added in cooking	253	27	140	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
58161422	Rice, brown, with corn, fat not added in cooking	236	4	120	1/1/2007	12/31/2008
58161424	Rice, brown, with corn, fat added in cooking	253	27	140	1/1/2007	12/31/2008
58161430	Rice, brown, with peas, NS as to fat added in cooking	269	42	156	1/1/2007	12/31/2008
58161432	Rice, brown, with peas, fat not added in cooking	136	19	78	1/1/2007	12/31/2008
58161434	Rice, brown, with peas, fat added in cooking	269	42	156	1/1/2007	12/31/2008
58161440	Rice, brown, with peas and carrots, NS as to fat added in cooking	268	41	155	1/1/2007	12/31/2008
58161442	Rice, brown, with peas and carrots, fat not added in cooking	251	19	135	1/1/2007	12/31/2008
58161444	Rice, brown, with peas and carrots, fat added in cooking	268	41	155	1/1/2007	12/31/2008
58161450	Rice, brown, with tomatoes, NS as to fat added in cooking	233	28	130	1/1/2007	12/31/2008
58161452	Rice, brown, with tomatoes, fat not added in cooking	217	7	112	1/1/2007	12/31/2008
58161454	Rice, brown, with tomatoes, fat added in cooking	233	28	130	1/1/2007	12/31/2008
58402020	Beef dumpling soup	364	318	341	1/1/2007	12/31/2008
58402030	Beef rice soup	407	238	322	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
58402100	Beef noodle soup, home recipe	381	41	211	1/1/2007	12/31/2008
58403040	Chicken noodle soup, home recipe	332	36	184	1/1/2007	12/31/2008
58403100	Noodle and potato soup, Puerto Rican style	180	6	93	1/1/2007	12/31/2008
58404100	Rice and potato soup, Puerto Rican style	268	34	151	1/1/2007	12/31/2008
58406020	Turkey noodle soup, home recipe	379	39	209	1/1/2007	12/31/2008
58409000	Noodle soup, with fish ball, shrimp, and dark green leafy vegetable	336	268	302	1/1/2007	12/31/2008
58410100	Rice soup, made with tea	202	6	104	1/1/2007	12/31/2008
58421000	Sopa seca (dry soup), Mexican style, NFS	413	268	340	1/1/2007	12/31/2008
58421010	Sopa Seca de Fideo, Mexican style, made with dry noodles	424	275	350	1/1/2007	12/31/2008
58421060	Sopa seca de arroz (dry rice soup), Mexican style	402	261	331	1/1/2007	12/31/2008
58421080	Sopa de tortilla, Mexican style tortilla soup	200	135	168	1/1/2007	12/31/2008
58450300	Noodle soup, made with milk	241	44	142	1/1/2007	12/31/2008
71000100	White potato, NFS	263	33	148	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71101000	White potato, baked, peel not eaten	287	5	146	1/1/2007	12/31/2008
71101100	White potato, baked, peel eaten, NS as to fat added in cooking	236	28	132	1/1/2007	12/31/2008
71101110	White potato, baked, peel eaten, fat not added in cooking	277	10	143	1/1/2007	12/31/2008
71101120	White potato, baked, peel eaten, fat added in cooking	236	28	132	1/1/2007	12/31/2008
71101150	White potato skins, with adhering flesh, baked	377	14	195	1/1/2007	12/31/2008
71103000	White potato, boiled, without peel, NS as to fat added in cooking	239	24	131	1/1/2007	12/31/2008
71103010	White potato, boiled, without peel, fat not added in cooking	242	5	124	1/1/2007	12/31/2008
71103020	White potato, boiled, without peel, fat added in cooking	255	25	140	1/1/2007	12/31/2008
71103100	White potato, boiled with peel, peel not eaten, NS as to fat added in cooking	238	23	130	1/1/2007	12/31/2008
71103110	White potato, boiled with peel, peel not eaten, fat not added in cooking	241	4	123	1/1/2007	12/31/2008
71103120	White potato, boiled with peel, peel not eaten, fat added in cooking	254	24	139	1/1/2007	12/31/2008
71104000	White potato, roasted, NS as to fat added in cooking	101	7	54	1/1/2007	12/31/2008
71104010	White potato, roasted, fat not added in cooking	108	7	58	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71104020	White potato, roasted, fat added in cooking	101	7	54	1/1/2007	12/31/2008
71106000	Stewed potatoes, Puerto Rican style (Papas guisadas)	284	57	171	1/1/2007	12/31/2008
71106010	Potato only from Puerto Rican mixed dishes, gravy and other components reported separately	242	5	124	1/1/2007	12/31/2008
71301000	White potato, cooked, with sauce, NS as to sauce	347	45	196	1/1/2007	12/31/2008
71301020	White potato, cooked, with cheese	323	84	204	1/1/2007	12/31/2008
71301120	White potato, cooked, with ham and cheese	415	195	305	1/1/2007	12/31/2008
71305010	White potato, scalloped	304	42	173	1/1/2007	12/31/2008
71305110	White potato, scalloped, with ham	417	181	299	1/1/2007	12/31/2008
71401000	White potato, french fries, NS as to from fresh or frozen	300	242	271	1/1/2007	12/31/2008
71401010	White potato, french fries, from fresh, deep fried	244	12	128	1/1/2007	12/31/2008
71403000	White potato, home fries	310	5	157	1/1/2007	12/31/2008
71403500	White potato, home fries, with green or red peppers and onions	246	6	126	1/1/2007	12/31/2008
71405000	White potato, hash brown, NS as to from fresh, frozen, or dry mix	577	342	459	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71405010	White potato, hash brown, from fresh	577	342	459	1/1/2007	12/31/2008
71405030	White potato, hash brown, from dry mix	271	34	152	1/1/2007	12/31/2008
71410000	White potato skins, with adhering flesh, fried	723	29	376	1/1/2007	12/31/2008
71410500	White potato skins, with adhering flesh, fried, with cheese	698	160	429	1/1/2007	12/31/2008
71501000	White potato, mashed, NFS	216	46	131	1/1/2007	12/31/2008
71501010	White potato, from fresh, mashed, made with milk	238	10	124	1/1/2007	12/31/2008
71501015	White potato, from fresh, mashed, made with milk, and sour cream and/or cream cheese	258	47	152	1/1/2007	12/31/2008
71501020	White potato, from fresh, mashed, made with milk and fat	254	34	144	1/1/2007	12/31/2008
71501025	White potato, from fresh, mashed, made with milk, and sour cream and/or cream cheese and fat	279	78	178	1/1/2007	12/31/2008
71501030	White potato, from fresh, mashed, made with fat	281	33	157	1/1/2007	12/31/2008
71501040	White potato, from dry, mashed, made with milk and fat	171	61	116	1/1/2007	12/31/2008
71501050	White potato, from fresh, mashed, made with milk, fat and cheese	321	117	219	1/1/2007	12/31/2008
71501055	White potato, from fresh, mashed, made with sour cream and/or cream cheese and fat	285	79	182	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71501070	White potato, from dry, mashed, made with milk, fat, egg and cheese	454	268	361	1/1/2007	12/31/2008
71501080	White potato, from fresh, mashed, not made with milk or fat	242	5	124	1/1/2007	12/31/2008
71501090	White potato, from dry, mashed, made with milk, no fat	142	26	84	1/1/2007	12/31/2008
71501300	White potato, from dry, mashed, NS as to milk or fat	280	61	171	1/1/2007	12/31/2008
71501310	White potato, from fresh, mashed, NS as to milk or fat	395	72	234	1/1/2007	12/31/2008
71507000	White potato, stuffed, baked, peel not eaten, NS as to topping	235	44	140	1/1/2007	12/31/2008
71507010	White potato, stuffed, baked, peel not eaten, stuffed with sour cream	235	44	140	1/1/2007	12/31/2008
71507020	White potato, stuffed, baked, peel not eaten, stuffed with cheese	529	324	426	1/1/2007	12/31/2008
71507030	White potato, stuffed, baked, peel not eaten, stuffed with chili	371	187	279	1/1/2007	12/31/2008
71507040	White potato, stuffed, baked, peel not eaten, stuffed with broccoli and cheese sauce	267	75	171	1/1/2007	12/31/2008
71507050	White potato, stuffed, baked, peel not eaten, stuffed with meat in cream sauce	350	102	226	1/1/2007	12/31/2008
71507100	White potato, stuffed, baked, peel not eaten, stuffed with chicken, broccoli and cheese sauce	224	76	150	1/1/2007	12/31/2008
71508000	White potato, stuffed, baked, peel eaten, NS as to topping	198	41	119	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71508010	White potato, stuffed, baked, peel eaten, stuffed with sour cream	198	41	119	1/1/2007	12/31/2008
71508020	White potato, stuffed, baked, peel eaten, stuffed with cheese	434	267	350	1/1/2007	12/31/2008
71508030	White potato, stuffed, baked, peel eaten, stuffed with chili	311	159	235	1/1/2007	12/31/2008
71508040	White potato, stuffed, baked, peel eaten, stuffed with broccoli and cheese sauce	224	66	145	1/1/2007	12/31/2008
71508050	White potato, stuffed, baked, peel eaten, stuffed with meat in cream sauce	294	89	191	1/1/2007	12/31/2008
71508060	White potato, stuffed, baked, peel eaten, stuffed with bacon and cheese	486	324	405	1/1/2007	12/31/2008
71508070	White potato, stuffed, baked, peel not eaten, stuffed with bacon and cheese	590	392	491	1/1/2007	12/31/2008
71508100	White potato, stuffed, baked, peel eaten, stuffed with chicken, broccoli and cheese sauce	196	68	132	1/1/2007	12/31/2008
71701000	Potato pancake	405	29	217	1/1/2007	12/31/2008
71702000	Potato pudding	344	223	284	1/1/2007	12/31/2008
71703000	Stewed potatoes, Mexican style (Papas guisadas)	458	5	231	1/1/2007	12/31/2008
71703040	Stewed potatoes with tomatoes, Mexican style (Papas guisadas con tomate)	222	5	114	1/1/2007	12/31/2008
71704000	Stewed potatoes with tomatoes	208	5	107	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71801100	Potato and cheese soup	140	58	99	1/1/2007	12/31/2008
71802010	Macaroni and potato soup	243	25	134	1/1/2007	12/31/2008
71803010	Potato chowder	215	91	153	1/1/2007	12/31/2008
71901110	Fried green plantain, Puerto Rican style	2845	7	1426	1/1/2007	12/31/2008
71905010	Ripe plantain, boiled	245	5	125	1/1/2007	12/31/2008
71910110	Green banana, cooked (in salt water)	232	1	117	1/1/2007	12/31/2008
71910310	Pickled green bananas, Puerto Rican style (Guineos verdes en escabeche)	192	3	97	1/1/2007	12/31/2008
71930090	Cassava (yuca blanca), cooked, NS as to fat added in cooking	209	31	120	1/1/2007	12/31/2008
71930100	Cassava (yuca blanca), cooked, fat not added in cooking	195	13	104	1/1/2007	12/31/2008
71930120	Cassava (yuca blanca), cooked, fat added in cooking	209	31	120	1/1/2007	12/31/2008
71930200	Casabe, cassava bread	1187	27	607	1/1/2007	12/31/2008
71931010	Cassava with creole sauce, Puerto Rican style (Yuca al mojo)	255	128	192	1/1/2007	12/31/2008
71950010	Tannier, cooked	502	14	258	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71961010	Celeriac, cooked	349	100	224	1/1/2007	12/31/2008
71962010	Dasheen, boiled	489	14	252	1/1/2007	12/31/2008
71962020	Dasheen, fried	360	19	189	1/1/2007	12/31/2008
71962040	Taro, baked	475	14	245	1/1/2007	12/31/2008
71970110	Starchy vegetables, Puerto Rican style, NFS (viandas hervidas)	246	11	128	1/1/2007	12/31/2008
71970120	Starchy vegetables, Puerto Rican style, including tannier, white sweetpotato and yam, with green or ripe plantains (viandas hervidas)	246	11	128	1/1/2007	12/31/2008
71970130	Starchy vegetables, Puerto Rican style, including tannier, white sweetpotato and yam, no plantain (viandas hervidas)	247	13	130	1/1/2007	12/31/2008
72101200	Beet greens, cooked, NS as to fat added in cooking	505	259	382	1/1/2007	12/31/2008
72101210	Beet greens, cooked, fat not added in cooking	496	241	369	1/1/2007	12/31/2008
72101220	Beet greens, cooked, fat added in cooking	505	259	382	1/1/2007	12/31/2008
72104200	Chard, cooked, NS as to fat added in cooking	400	195	298	1/1/2007	12/31/2008
72104210	Chard, cooked, fat not added in cooking	389	179	284	1/1/2007	12/31/2008
72104220	Chard, cooked, fat added in cooking	400	195	298	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72107200	Collards, cooked, NS as to form, NS as to fat added in cooking	272	35	153	1/1/2007	12/31/2008
72107201	Collards, cooked, from fresh, NS as to fat added in cooking	272	35	153	1/1/2007	12/31/2008
72107202	Collards, cooked, from frozen, NS as to fat added in cooking	281	70	176	1/1/2007	12/31/2008
72107210	Collards, cooked, NS as to form, fat not added in cooking	283	16	150	1/1/2007	12/31/2008
72107211	Collards, cooked, from fresh, fat not added in cooking	283	16	150	1/1/2007	12/31/2008
72107212	Collards, cooked, from frozen, fat not added in cooking	267	50	159	1/1/2007	12/31/2008
72107220	Collards, cooked, NS as to form, fat added in cooking	272	35	153	1/1/2007	12/31/2008
72107221	Collards, cooked, from fresh, fat added in cooking	225	35	130	1/1/2007	12/31/2008
72107222	Collards, cooked, from frozen, fat added in cooking	281	70	176	1/1/2007	12/31/2008
72110200	Cress, cooked, NS as to form, NS as to fat added in cooking	299	35	167	1/1/2007	12/31/2008
72110201	Cress, cooked, from fresh, NS as to fat added in cooking	299	35	167	1/1/2007	12/31/2008
72110210	Cress, cooked, NS as to form, fat not added in cooking	282	8	145	1/1/2007	12/31/2008
72110211	Cress, cooked, from fresh, fat not added in cooking	282	8	145	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72110220	Cress, cooked, NS as to form, fat added in cooking	299	35	167	1/1/2007	12/31/2008
72110221	Cress, cooked, from fresh, fat added in cooking	299	35	167	1/1/2007	12/31/2008
72113200	Dandelion greens, cooked, NS as to fat added in cooking	412	76	244	1/1/2007	12/31/2008
72113210	Dandelion greens, cooked, fat not added in cooking	395	44	219	1/1/2007	12/31/2008
72113220	Dandelion greens, cooked, fat added in cooking	412	76	244	1/1/2007	12/31/2008
72116200	Escarole, cooked, NS as to fat added in cooking	594	81	338	1/1/2007	12/31/2008
72116210	Escarole, cooked, fat not added in cooking	506	27	266	1/1/2007	12/31/2008
72116220	Escarole, cooked, fat added in cooking	594	81	338	1/1/2007	12/31/2008
72116230	Escarole, creamed	486	193	339	1/1/2007	12/31/2008
72118200	Greens, cooked, NS as to form, NS as to fat added in cooking	277	45	161	1/1/2007	12/31/2008
72118201	Greens, cooked, from fresh, NS as to fat added in cooking	277	45	161	1/1/2007	12/31/2008
72118202	Greens, cooked, from frozen, NS as to fat added in cooking	282	51	167	1/1/2007	12/31/2008
72118210	Greens, cooked, NS as to form, fat not added in cooking	261	22	142	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72118211	Greens, cooked, from fresh, fat not added in cooking	261	22	142	1/1/2007	12/31/2008
72118212	Greens, cooked, from frozen, fat not added in cooking	267	28	147	1/1/2007	12/31/2008
72118220	Greens, cooked, NS as to form, fat added in cooking	277	45	161	1/1/2007	12/31/2008
72118221	Greens, cooked, from fresh, fat added in cooking	277	45	161	1/1/2007	12/31/2008
72118222	Greens, cooked, from frozen, fat added in cooking	282	51	167	1/1/2007	12/31/2008
72119200	Kale, cooked, NS as to form, NS as to fat added in cooking	324	50	187	1/1/2007	12/31/2008
72119201	Kale, cooked, from fresh, NS as to fat added in cooking	256	50	153	1/1/2007	12/31/2008
72119202	Kale, cooked, from frozen, NS as to fat added in cooking	316	42	179	1/1/2007	12/31/2008
72119210	Kale, cooked, NS as to form, fat not added in cooking	307	23	165	1/1/2007	12/31/2008
72119211	Kale, cooked, from fresh, fat not added in cooking	307	23	165	1/1/2007	12/31/2008
72119212	Kale, cooked, from frozen, fat not added in cooking	299	15	157	1/1/2007	12/31/2008
72119220	Kale, cooked, NS as to form, fat added in cooking	256	50	153	1/1/2007	12/31/2008
72119221	Kale, cooked, from fresh, fat added in cooking	256	50	153	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72119222	Kale, cooked, from frozen, fat added in cooking	316	42	179	1/1/2007	12/31/2008
72120200	Lambquarter, cooked, NS as to fat added in cooking	249	49	149	1/1/2007	12/31/2008
72120210	Lambquarter, cooked, fat not added in cooking	234	29	132	1/1/2007	12/31/2008
72120220	Lambquarter, cooked, fat added in cooking	249	49	149	1/1/2007	12/31/2008
72121210	Mustard cabbage, cooked, fat not added in cooking	251	34	143	1/1/2007	12/31/2008
72122200	Mustard greens, cooked, NS as to form, NS as to fat added in cooking	296	41	169	1/1/2007	12/31/2008
72122201	Mustard greens, cooked, from fresh, NS as to fat added in cooking	296	41	169	1/1/2007	12/31/2008
72122202	Mustard greens, cooked, from frozen, NS as to fat added in cooking	287	49	168	1/1/2007	12/31/2008
72122210	Mustard greens, cooked, NS as to form, fat not added in cooking	280	16	148	1/1/2007	12/31/2008
72122211	Mustard greens, cooked, from fresh, fat not added in cooking	280	16	148	1/1/2007	12/31/2008
72122212	Mustard greens, cooked, from frozen, fat not added in cooking	271	25	148	1/1/2007	12/31/2008
72122220	Mustard greens, cooked, NS as to form, fat added in cooking	296	41	169	1/1/2007	12/31/2008
72122221	Mustard greens, cooked, from fresh, fat added in cooking	296	41	169	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72122222	Mustard greens, cooked, from frozen, fat added in cooking	287	49	168	1/1/2007	12/31/2008
72123000	Poke greens, cooked, NS as to fat added in cooking	257	40	149	1/1/2007	12/31/2008
72123010	Poke greens, cooked, fat not added in cooking	242	18	130	1/1/2007	12/31/2008
72123020	Poke greens, cooked, fat added in cooking	257	40	149	1/1/2007	12/31/2008
72125200	Spinach, cooked, NS as to form, NS as to fat added in cooking	288	89	188	1/1/2007	12/31/2008
72125201	Spinach, cooked, from fresh, NS as to fat added in cooking	288	89	188	1/1/2007	12/31/2008
72125202	Spinach, cooked, from frozen, NS as to fat added in cooking	303	114	209	1/1/2007	12/31/2008
72125210	Spinach, cooked, NS as to form, fat not added in cooking	275	70	173	1/1/2007	12/31/2008
72125211	Spinach, cooked, from fresh, fat not added in cooking	275	70	173	1/1/2007	12/31/2008
72125212	Spinach, cooked, from frozen, fat not added in cooking	291	97	194	1/1/2007	12/31/2008
72125220	Spinach, cooked, NS as to form, fat added in cooking	288	89	188	1/1/2007	12/31/2008
72125221	Spinach, cooked, from fresh, fat added in cooking	288	89	188	1/1/2007	12/31/2008
72125222	Spinach, cooked, from frozen, fat added in cooking	303	114	209	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72125240	Spinach souffle	189	129	159	1/1/2007	12/31/2008
72125260	Spinach and cheese casserole	551	523	537	1/1/2007	12/31/2008
72125500	Spinach and chickpeas, fat added	251	208	230	1/1/2007	12/31/2008
72126000	Taro leaves, cooked, fat not added in cooking	289	4	146	1/1/2007	12/31/2008
72127000	Thistle leaves, cooked, fat not added in cooking	282	8	145	1/1/2007	12/31/2008
72128200	Turnip greens, cooked, NS as to form, NS as to fat added in cooking	301	53	177	1/1/2007	12/31/2008
72128201	Turnip greens, cooked, from fresh, NS as to fat added in cooking	301	53	177	1/1/2007	12/31/2008
72128202	Turnip greens, cooked, from frozen, NS as to fat added in cooking	256	37	146	1/1/2007	12/31/2008
72128210	Turnip greens, cooked, NS as to form, fat not added in cooking	285	29	157	1/1/2007	12/31/2008
72128211	Turnip greens, cooked, from fresh, fat not added in cooking	285	29	157	1/1/2007	12/31/2008
72128212	Turnip greens, cooked, from frozen, fat not added in cooking	240	15	128	1/1/2007	12/31/2008
72128220	Turnip greens, cooked, NS as to form, fat added in cooking	301	53	177	1/1/2007	12/31/2008
72128221	Turnip greens, cooked, from fresh, fat added in cooking	301	53	177	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72128222	Turnip greens, cooked, from frozen, fat added in cooking	256	37	146	1/1/2007	12/31/2008
72128400	Turnip greens with roots, cooked, NS as to form, NS as to fat added in cooking	249	40	144	1/1/2007	12/31/2008
72128401	Turnip greens with roots, cooked, from fresh, NS as to fat added in cooking	284	46	165	1/1/2007	12/31/2008
72128402	Turnip greens with roots, cooked, from frozen, NS as to fat added in cooking	249	40	144	1/1/2007	12/31/2008
72128410	Turnip greens with roots, cooked, NS as to form, fat not added in cooking	234	19	127	1/1/2007	12/31/2008
72128411	Turnip greens with roots, cooked, from fresh, fat not added in cooking	269	22	145	1/1/2007	12/31/2008
72128412	Turnip greens with roots, cooked, from frozen, fat not added in cooking	234	19	127	1/1/2007	12/31/2008
72128420	Turnip greens with roots, cooked, NS as to form, fat added in cooking	249	40	144	1/1/2007	12/31/2008
72128421	Turnip greens with roots, cooked, from fresh, fat added in cooking	284	46	165	1/1/2007	12/31/2008
72128422	Turnip greens with roots, cooked, from frozen, fat added in cooking	249	40	144	1/1/2007	12/31/2008
72130200	Watercress, cooked, fat not added in cooking	312	41	177	1/1/2007	12/31/2008
72132200	Bitter melon leaves, horseradish leaves, jute leaves, or radish leaves, cooked, fat not added in cooking	599	11	305	1/1/2007	12/31/2008
72133200	Sweetpotato leaves, squash leaves, pumpkin leaves, chrysanthemum leaves, bean leaves, or swamp cabbage, cooked, fat not added in cooking	498	29	263	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72201200	Broccoli, cooked, NS as to form, NS as to fat added in cooking	293	63	178	1/1/2007	12/31/2008
72201201	Broccoli, cooked, from fresh, NS as to fat added in cooking	293	63	178	1/1/2007	12/31/2008
72201202	Broccoli, cooked, from frozen, NS as to fat added in cooking	233	37	135	1/1/2007	12/31/2008
72201210	Broccoli, cooked, NS as to form, fat not added in cooking	278	41	159	1/1/2007	12/31/2008
72201211	Broccoli, cooked, from fresh, fat not added in cooking	278	41	159	1/1/2007	12/31/2008
72201212	Broccoli, cooked, from frozen, fat not added in cooking	219	18	118	1/1/2007	12/31/2008
72201220	Broccoli, cooked, NS as to form, fat added in cooking	293	63	178	1/1/2007	12/31/2008
72201221	Broccoli, cooked, from fresh, fat added in cooking	293	63	178	1/1/2007	12/31/2008
72201222	Broccoli, cooked, from frozen, fat added in cooking	233	37	135	1/1/2007	12/31/2008
72202010	Broccoli casserole (broccoli, noodles, and cream sauce)	298	60	179	1/1/2007	12/31/2008
72202020	Broccoli casserole (broccoli, rice, cheese, and mushroom sauce)	376	304	340	1/1/2007	12/31/2008
72202030	Broccoli, batter-dipped and fried	160	80	120	1/1/2007	12/31/2008
72302000	Broccoli soup	306	44	175	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72305000	Escarole soup	348	318	333	1/1/2007	12/31/2008
72306000	Watercress broth with shrimp	239	88	164	1/1/2007	12/31/2008
72307000	Spinach soup	316	260	288	1/1/2007	12/31/2008
72308500	Dark-green leafy vegetable soup, meatless, Oriental style	83	9	46	1/1/2007	12/31/2008
73102200	Carrots, cooked, NS as to form, NS as to fat added in cooking	310	80	195	1/1/2007	12/31/2008
73102201	Carrots, cooked, from fresh, NS as to fat added in cooking	310	80	195	1/1/2007	12/31/2008
73102202	Carrots, cooked, from frozen, NS as to fat added in cooking	327	82	204	1/1/2007	12/31/2008
73102210	Carrots, cooked, NS as to form, fat not added in cooking	296	58	177	1/1/2007	12/31/2008
73102211	Carrots, cooked, from fresh, fat not added in cooking	296	58	177	1/1/2007	12/31/2008
73102212	Carrots, cooked, from frozen, fat not added in cooking	312	59	185	1/1/2007	12/31/2008
73102220	Carrots, cooked, NS as to form, fat added in cooking	310	80	195	1/1/2007	12/31/2008
73102221	Carrots, cooked, from fresh, fat added in cooking	310	80	195	1/1/2007	12/31/2008
73102222	Carrots, cooked, from frozen, fat added in cooking	327	82	204	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73102240	Carrots, cooked, NS as to form, glazed	172	124	148	1/1/2007	12/31/2008
73102241	Carrots, cooked, from fresh, glazed	172	124	148	1/1/2007	12/31/2008
73102242	Carrots, cooked, from frozen, glazed	173	124	149	1/1/2007	12/31/2008
73102243	Carrots, cooked, from canned, glazed	331	283	307	1/1/2007	12/31/2008
73111200	Peas and carrots, cooked, NS as to form, NS as to fat added in cooking	313	89	201	1/1/2007	12/31/2008
73111201	Peas and carrots, cooked, from fresh, NS as to fat added in cooking	273	47	160	1/1/2007	12/31/2008
73111202	Peas and carrots, cooked, from frozen, NS as to fat added in cooking	313	89	201	1/1/2007	12/31/2008
73111210	Peas and carrots, cooked, NS as to form, fat not added in cooking	299	68	183	1/1/2007	12/31/2008
73111211	Peas and carrots, cooked, from fresh, fat not added in cooking	258	25	141	1/1/2007	12/31/2008
73111212	Peas and carrots, cooked, from frozen, fat not added in cooking	299	68	183	1/1/2007	12/31/2008
73111220	Peas and carrots, cooked, NS as to form, fat added in cooking	313	89	201	1/1/2007	12/31/2008
73111221	Peas and carrots, cooked, from fresh, fat added in cooking	273	47	160	1/1/2007	12/31/2008
73111222	Peas and carrots, cooked, from frozen, fat added in cooking	313	89	201	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73111400	Carrots in tomato sauce	159	100	130	1/1/2007	12/31/2008
73201000	Pumpkin, cooked, NS as to form, NS as to fat added in cooking	168	20	94	1/1/2007	12/31/2008
73201001	Pumpkin, cooked, from fresh, NS as to fat added in cooking	164	16	90	1/1/2007	12/31/2008
73201002	Pumpkin, cooked, from frozen, NS as to fat added in cooking	164	16	90	1/1/2007	12/31/2008
73201010	Pumpkin, cooked, NS as to form, fat not added in cooking	152	1	77	1/1/2007	12/31/2008
73201011	Pumpkin, cooked, from fresh, fat not added in cooking	152	1	77	1/1/2007	12/31/2008
73201012	Pumpkin, cooked, from frozen, fat not added in cooking	152	1	77	1/1/2007	12/31/2008
73201020	Pumpkin, cooked, NS as to form, fat added in cooking	168	20	94	1/1/2007	12/31/2008
73201021	Pumpkin, cooked, from fresh, fat added in cooking	164	16	90	1/1/2007	12/31/2008
73201022	Pumpkin, cooked, from frozen, fat added in cooking	164	16	90	1/1/2007	12/31/2008
73210010	Calabaza (Spanish pumpkin), cooked	156	5	81	1/1/2007	12/31/2008
73210110	Pumpkin fritters, Puerto Rican style	269	1	135	1/1/2007	12/31/2008
73211110	Sweetpotato and pumpkin casserole, Puerto Rican style	211	75	143	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73301000	Squash, winter type, mashed, NS as to fat or sugar added in cooking	193	16	105	1/1/2007	12/31/2008
73301010	Squash, winter type, mashed, no fat or sugar added in cooking	182	1	91	1/1/2007	12/31/2008
73301020	Squash, winter type, mashed, fat added in cooking, no sugar added in cooking	237	16	127	1/1/2007	12/31/2008
73301030	Squash, winter type, mashed, fat and sugar added in cooking	183	17	100	1/1/2007	12/31/2008
73303000	Squash, winter type, baked, NS as to fat or sugar added in cooking	183	17	100	1/1/2007	12/31/2008
73303010	Squash, winter type, baked, no fat or sugar added in cooking	182	1	91	1/1/2007	12/31/2008
73303020	Squash, winter type, baked, fat added in cooking, no sugar added in cooking	193	16	105	1/1/2007	12/31/2008
73303030	Squash, winter type, baked, fat and sugar added in cooking	183	17	100	1/1/2007	12/31/2008
73303040	Squash, winter type, baked, no fat added in cooking, sugar added in cooking	172	3	87	1/1/2007	12/31/2008
73304010	Squash fritter or cake	332	168	250	1/1/2007	12/31/2008
73305010	Squash, winter, baked with cheese	300	162	231	1/1/2007	12/31/2008
73305020	Squash, winter, souffle	166	29	98	1/1/2007	12/31/2008
73402000	Sweetpotato, baked, peel eaten, NS as to fat added in cooking	301	56	179	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73402010	Sweetpotato, baked, peel eaten, fat not added in cooking	285	33	159	1/1/2007	12/31/2008
73402020	Sweetpotato, baked, peel eaten, fat added in cooking	301	56	179	1/1/2007	12/31/2008
73403000	Sweetpotato, baked, peel not eaten, NS as to fat added in cooking	376	66	221	1/1/2007	12/31/2008
73403010	Sweetpotato, baked, peel not eaten, fat not added in cooking	359	36	198	1/1/2007	12/31/2008
73403020	Sweetpotato, baked, peel not eaten, fat added in cooking	376	66	221	1/1/2007	12/31/2008
73405000	Sweetpotato, boiled, without peel, NS as to fat added in cooking	287	50	169	1/1/2007	12/31/2008
73405010	Sweetpotato, boiled, without peel, fat not added in cooking	272	27	149	1/1/2007	12/31/2008
73405020	Sweetpotato, boiled, without peel, fat added in cooking	287	50	169	1/1/2007	12/31/2008
73405100	Sweetpotato, boiled with peel, peel not eaten, NS as to fat added in cooking	287	50	169	1/1/2007	12/31/2008
73405110	Sweetpotato, boiled with peel, peel not eaten, fat not added in cooking	272	27	149	1/1/2007	12/31/2008
73405120	Sweetpotato, boiled with peel, peel not eaten, fat added in cooking	287	50	169	1/1/2007	12/31/2008
73406000	Sweetpotato, candied	254	80	167	1/1/2007	12/31/2008
73409000	Sweetpotato, casserole or mashed	251	53	152	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73410110	Sweetpotato, fried	332	33	182	1/1/2007	12/31/2008
73421000	Sweetpotato, yellow, Puerto Rican, cooked	272	27	149	1/1/2007	12/31/2008
74201001	Tomatoes, cooked, from fresh, NS as to method	165	11	88	1/1/2007	12/31/2008
74202050	Tomatoes, red, NS as to form, fried	177	74	125	1/1/2007	12/31/2008
74202051	Tomatoes, red, from fresh, fried	177	74	125	1/1/2007	12/31/2008
74203010	Tomatoes, NS as to form, scalloped	520	255	387	1/1/2007	12/31/2008
74203011	Tomatoes, from fresh, scalloped	400	133	267	1/1/2007	12/31/2008
74204011	Tomatoes, from fresh, stewed	264	75	169	1/1/2007	12/31/2008
74205010	Tomatoes, green, cooked, NS as to form	216	92	154	1/1/2007	12/31/2008
74205011	Tomatoes, green, cooked, from fresh	216	92	154	1/1/2007	12/31/2008
74404020	Spaghetti sauce with vegetables, homemade-style	155	114	135	1/1/2007	12/31/2008
74502010	Tomato and lima beans, cooked, fat not added cooking	181	91	136	1/1/2007	12/31/2008
74504000	Tomato and okra, cooked, NS as to fat added in cooking	195	105	150	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
74504010	Tomato and okra, cooked, fat not added in cooking	181	88	134	1/1/2007	12/31/2008
74504020	Tomato and okra, cooked, fat added in cooking	195	105	150	1/1/2007	12/31/2008
74504100	Tomato and onion, cooked, NS as to fat added in cooking	181	25	103	1/1/2007	12/31/2008
74504110	Tomato and onion, cooked, fat not added in cooking	168	9	89	1/1/2007	12/31/2008
74504120	Tomato and onion, cooked, fat added in cooking	181	25	103	1/1/2007	12/31/2008
74504150	Tomato and celery, cooked, fat not added in cooking	174	134	154	1/1/2007	12/31/2008
74505000	Tomato with corn and okra, cooked, NS as to fat added in cooking	213	81	147	1/1/2007	12/31/2008
74505010	Tomato with corn and okra, cooked, fat not added in cooking	211	149	180	1/1/2007	12/31/2008
74505020	Tomato with corn and okra, cooked, fat added in cooking	213	81	147	1/1/2007	12/31/2008
74506000	Tomato and cucumber salad made with tomato, cucumber, oil, and vinegar	213	3	108	1/1/2007	12/31/2008
75200100	Vegetables, NS as to type, cooked, NS as to fat added in cooking	252	54	153	1/1/2007	12/31/2008
75200110	Vegetables, NS as to type, cooked, fat not added in cooking	266	35	150	1/1/2007	12/31/2008
75200120	Vegetables, NS as to type, cooked, fat added in cooking	252	54	153	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75201000	Artichoke, globe (French), cooked, NS as to form, NS as to fat added in cooking	294	80	187	1/1/2007	12/31/2008
75201001	Artichoke, globe (French), cooked, from fresh, NS as to fat added in cooking	294	80	187	1/1/2007	12/31/2008
75201002	Artichoke, globe (French), cooked, from frozen, NS as to fat added in cooking	287	73	180	1/1/2007	12/31/2008
75201010	Artichoke, globe (French), cooked, NS as to form, fat not added in cooking	280	60	170	1/1/2007	12/31/2008
75201011	Artichoke, globe (French), cooked, from fresh, fat not added in cooking	280	60	170	1/1/2007	12/31/2008
75201012	Artichoke, globe (French), cooked, from frozen, fat not added in cooking	273	53	163	1/1/2007	12/31/2008
75201020	Artichoke, globe (French), cooked, NS as to form, fat added in cooking	294	80	187	1/1/2007	12/31/2008
75201021	Artichoke, globe (French), cooked, from fresh, fat added in cooking	294	80	187	1/1/2007	12/31/2008
75201022	Artichoke, globe (French), cooked, from frozen, fat added in cooking	287	73	180	1/1/2007	12/31/2008
75202000	Asparagus, cooked, NS as to form, NS as to fat added in cooking	234	34	134	1/1/2007	12/31/2008
75202001	Asparagus, cooked, from fresh, NS as to fat added in cooking	234	34	134	1/1/2007	12/31/2008
75202002	Asparagus, cooked, from frozen, NS as to fat added in cooking	329	33	181	1/1/2007	12/31/2008
75202010	Asparagus, cooked, NS as to form, fat not added in cooking	220	14	117	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75202011	Asparagus, cooked, from fresh, fat not added in cooking	220	14	117	1/1/2007	12/31/2008
75202012	Asparagus, cooked, from frozen, fat not added in cooking	311	3	157	1/1/2007	12/31/2008
75202020	Asparagus, cooked, NS as to form, fat added in cooking	234	34	134	1/1/2007	12/31/2008
75202021	Asparagus, cooked, from fresh, fat added in cooking	234	34	134	1/1/2007	12/31/2008
75202022	Asparagus, cooked, from frozen, fat added in cooking	223	23	123	1/1/2007	12/31/2008
75203000	Bamboo shoots, cooked, fat not added in cooking	242	4	123	1/1/2007	12/31/2008
75203020	Bamboo shoots, cooked, fat added in cooking	354	37	195	1/1/2007	12/31/2008
75204000	Beans, lima, immature, cooked, NS as to form, NS as to fat added in cooking	250	38	144	1/1/2007	12/31/2008
75204001	Beans, lima, immature, cooked, from fresh, NS as to fat added in cooking	250	38	144	1/1/2007	12/31/2008
75204002	Beans, lima, immature, cooked, from frozen, NS as to fat added in cooking	274	68	171	1/1/2007	12/31/2008
75204010	Beans, lima, immature, cooked, NS as to form, fat not added in cooking	235	17	126	1/1/2007	12/31/2008
75204011	Beans, lima, immature, cooked, from fresh, fat not added in cooking	235	17	126	1/1/2007	12/31/2008
75204012	Beans, lima, immature, cooked, from frozen, fat not added in cooking	260	48	154	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75204020	Beans, lima, immature, cooked, NS as to form, fat added in cooking	250	38	144	1/1/2007	12/31/2008
75204021	Beans, lima, immature, cooked, from fresh, fat added in cooking	250	38	144	1/1/2007	12/31/2008
75204022	Beans, lima, immature, cooked, from frozen, fat added in cooking	274	68	171	1/1/2007	12/31/2008
75204980	Beans, string, cooked, NS as to form, NS as to color, fat added in cooking	314	30	172	1/1/2007	12/31/2008
75204981	Beans, string, cooked, from fresh, NS as to color, fat added in cooking	314	30	172	1/1/2007	12/31/2008
75204982	Beans, string, cooked, from frozen, NS as to color, fat added in cooking	292	28	160	1/1/2007	12/31/2008
75204990	Beans, string, cooked, NS as to form, NS as to color, fat not added in cooking	296	1	149	1/1/2007	12/31/2008
75204991	Beans, string, cooked, from fresh, NS as to color, fat not added in cooking	296	1	149	1/1/2007	12/31/2008
75204992	Beans, string, cooked, from frozen, NS as to color, fat not added in cooking	275	1	138	1/1/2007	12/31/2008
75205000	Beans, string, cooked, NS as to form, NS as to color, NS as to fat added in cooking	314	30	172	1/1/2007	12/31/2008
75205001	Beans, string, cooked, from fresh, NS as to color, NS as to fat added in cooking	314	30	172	1/1/2007	12/31/2008
75205002	Beans, string, cooked, from frozen, NS as to color, NS as to fat added in cooking	292	28	160	1/1/2007	12/31/2008
75205010	Beans, string, green, cooked, NS as to form, NS as to fat added in cooking	314	30	172	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75205011	Beans, string, green, cooked, from fresh, NS as to fat added in cooking	314	30	172	1/1/2007	12/31/2008
75205012	Beans, string, green, cooked, from frozen, NS as to fat added in cooking	292	28	160	1/1/2007	12/31/2008
75205020	Beans, string, green, cooked, NS as to form, fat not added in cooking	296	1	149	1/1/2007	12/31/2008
75205021	Beans, string, green, cooked, from fresh, fat not added in cooking	296	1	149	1/1/2007	12/31/2008
75205022	Beans, string, green, cooked, from frozen, fat not added in cooking	275	1	138	1/1/2007	12/31/2008
75205030	Beans, string, green, cooked, NS as to form, fat added in cooking	314	30	172	1/1/2007	12/31/2008
75205031	Beans, string, green, cooked, from fresh, fat added in cooking	314	30	172	1/1/2007	12/31/2008
75205032	Beans, string, green, cooked, from frozen, fat added in cooking	292	28	160	1/1/2007	12/31/2008
75206000	Beans, string, yellow, cooked, NS as to form, NS as to fat added in cooking	316	32	174	1/1/2007	12/31/2008
75206001	Beans, string, yellow, cooked, from fresh, NS as to fat added in cooking	316	32	174	1/1/2007	12/31/2008
75206002	Beans, string, yellow, cooked, from frozen, NS as to fat added in cooking	300	36	168	1/1/2007	12/31/2008
75206010	Beans, string, yellow, cooked, NS as to form, fat not added in cooking	298	3	151	1/1/2007	12/31/2008
75206011	Beans, string, yellow, cooked, from fresh, fat not added in cooking	298	3	151	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75206012	Beans, string, yellow, cooked, from frozen, fat not added in cooking	283	9	146	1/1/2007	12/31/2008
75206020	Beans, string, yellow, cooked, NS as to form, fat added in cooking	316	32	174	1/1/2007	12/31/2008
75206021	Beans, string, yellow, cooked, from fresh, fat added in cooking	316	32	174	1/1/2007	12/31/2008
75206022	Beans, string, yellow, cooked, from frozen, fat added in cooking	300	36	168	1/1/2007	12/31/2008
75207000	Bean sprouts, cooked, NS as to form, NS as to fat added in cooking	286	43	164	1/1/2007	12/31/2008
75207001	Bean sprouts, cooked, from fresh, NS as to fat added in cooking	286	43	164	1/1/2007	12/31/2008
75207010	Bean sprouts, cooked, NS as to form, fat not added in cooking	264	10	137	1/1/2007	12/31/2008
75207011	Bean sprouts, cooked, from fresh, fat not added in cooking	264	10	137	1/1/2007	12/31/2008
75207020	Bean sprouts, cooked, NS as to form, fat added in cooking	286	43	164	1/1/2007	12/31/2008
75207021	Bean sprouts, cooked, from fresh, fat added in cooking	246	43	144	1/1/2007	12/31/2008
75208000	Beets, cooked, NS as to form, NS as to fat added in cooking	308	96	202	1/1/2007	12/31/2008
75208001	Beets, cooked, from fresh, NS as to fat added in cooking	308	96	202	1/1/2007	12/31/2008
75208002	Beets, cooked, from frozen, NS as to fat added in cooking	308	96	202	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75208010	Beets, cooked, NS as to form, fat not added in cooking	294	77	186	1/1/2007	12/31/2008
75208011	Beets, cooked, from fresh, fat not added in cooking	294	77	186	1/1/2007	12/31/2008
75208012	Beets, cooked, from frozen, fat not added in cooking	294	77	186	1/1/2007	12/31/2008
75208020	Beets, cooked, NS as to form, fat added in cooking	308	96	202	1/1/2007	12/31/2008
75208021	Beets, cooked, from fresh, fat added in cooking	308	96	202	1/1/2007	12/31/2008
75208022	Beets, cooked, from frozen, fat added in cooking	308	96	202	1/1/2007	12/31/2008
75208290	Bitter melon, cooked, NS as to fat added in cooking	244	35	140	1/1/2007	12/31/2008
75208300	Bitter melon, cooked, fat not added in cooking	237	6	122	1/1/2007	12/31/2008
75208310	Bitter melon, cooked, fat added in cooking	244	35	140	1/1/2007	12/31/2008
75208500	Breadfruit, cooked, fat not added in cooking	260	2	131	1/1/2007	12/31/2008
75208700	Broccoflower, cooked, NS as to fat added in cooking	278	48	163	1/1/2007	12/31/2008
75208710	Broccoflower, cooked, fat not added in cooking	261	23	142	1/1/2007	12/31/2008
75208720	Broccoflower, cooked, fat added in cooking	278	48	163	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75209000	Brussels sprouts, cooked, NS as to form, NS as to fat added in cooking	274	44	159	1/1/2007	12/31/2008
75209001	Brussels sprouts, cooked, from fresh, NS as to fat added in cooking	274	44	159	1/1/2007	12/31/2008
75209002	Brussels sprouts, cooked, from frozen, NS as to fat added in cooking	269	38	154	1/1/2007	12/31/2008
75209010	Brussels sprouts, cooked, NS as to form, fat not added in cooking	258	21	139	1/1/2007	12/31/2008
75209011	Brussels sprouts, cooked, from fresh, fat not added in cooking	258	21	139	1/1/2007	12/31/2008
75209012	Brussels sprouts, cooked, from frozen, fat not added in cooking	253	15	134	1/1/2007	12/31/2008
75209020	Brussels sprouts, cooked, NS as to form, fat added in cooking	274	44	159	1/1/2007	12/31/2008
75209021	Brussels sprouts, cooked, from fresh, fat added in cooking	274	44	159	1/1/2007	12/31/2008
75209022	Brussels sprouts, cooked, from frozen, fat added in cooking	269	38	154	1/1/2007	12/31/2008
75209500	Burdock, cooked, fat not added in cooking	235	4	120	1/1/2007	12/31/2008
75210000	Cabbage, Chinese, cooked, NS as to fat added in cooking	355	55	205	1/1/2007	12/31/2008
75210010	Cabbage, Chinese, cooked, fat not added in cooking	252	21	137	1/1/2007	12/31/2008
75210020	Cabbage, Chinese, cooked, fat added in cooking	355	55	205	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75211010	Cabbage, green, cooked, NS as to fat added in cooking	281	32	156	1/1/2007	12/31/2008
75211020	Cabbage, green, cooked, fat not added in cooking	239	8	124	1/1/2007	12/31/2008
75211030	Cabbage, green, cooked, fat added in cooking	281	32	156	1/1/2007	12/31/2008
75212000	Cabbage, red, cooked, NS as to fat added in cooking	275	51	163	1/1/2007	12/31/2008
75212010	Cabbage, red, cooked, fat not added in cooking	259	28	143	1/1/2007	12/31/2008
75212020	Cabbage, red, cooked, fat added in cooking	275	51	163	1/1/2007	12/31/2008
75213000	Cabbage, savoy, cooked, NS as to fat added in cooking	535	75	305	1/1/2007	12/31/2008
75213010	Cabbage, savoy, cooked, fat not added in cooking	258	27	142	1/1/2007	12/31/2008
75213020	Cabbage, savoy, cooked, fat added in cooking	282	51	166	1/1/2007	12/31/2008
75213100	Cactus, cooked, NS as to fat added in cooking	284	44	164	1/1/2007	12/31/2008
75213110	Cactus, cooked, fat not added in cooking	268	20	144	1/1/2007	12/31/2008
75213120	Cactus, cooked, fat added in cooking	284	44	164	1/1/2007	12/31/2008
75214000	Cauliflower, cooked, NS as to form, NS as to fat added in cooking	300	42	171	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75214001	Cauliflower, cooked, from fresh, NS as to fat added in cooking	295	44	169	1/1/2007	12/31/2008
75214002	Cauliflower, cooked, from frozen, NS as to fat added in cooking	238	38	138	1/1/2007	12/31/2008
75214010	Cauliflower, cooked, NS as to form, fat not added in cooking	284	16	150	1/1/2007	12/31/2008
75214011	Cauliflower, cooked, from fresh, fat not added in cooking	313	15	164	1/1/2007	12/31/2008
75214012	Cauliflower, cooked, from frozen, fat not added in cooking	224	18	121	1/1/2007	12/31/2008
75214020	Cauliflower, cooked, NS as to form, fat added in cooking	300	42	171	1/1/2007	12/31/2008
75214021	Cauliflower, cooked, from fresh, fat added in cooking	295	44	169	1/1/2007	12/31/2008
75214022	Cauliflower, cooked, from frozen, fat added in cooking	238	38	138	1/1/2007	12/31/2008
75215000	Celery, cooked, NS as to fat added in cooking	311	113	212	1/1/2007	12/31/2008
75215010	Celery, cooked, fat not added in cooking	296	91	194	1/1/2007	12/31/2008
75215020	Celery, cooked, fat added in cooking	311	113	212	1/1/2007	12/31/2008
75215100	Fennel bulb, cooked, NS as to fat added in cooking	311	112	212	1/1/2007	12/31/2008
75215110	Fennel bulb, cooked, fat not added in cooking	296	91	194	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75215120	Fennel bulb, cooked, fat added in cooking	311	112	212	1/1/2007	12/31/2008
75215510	Christophine, cooked, fat not added in cooking	256	2	129	1/1/2007	12/31/2008
75216000	Corn, cooked, NS as to form, NS as to color, NS as to fat added in cooking	242	23	133	1/1/2007	12/31/2008
75216001	Corn, cooked, from fresh, NS as to color, NS as to fat added in cooking	242	23	133	1/1/2007	12/31/2008
75216002	Corn, cooked, from frozen, NS as to color, NS as to fat added in cooking	242	23	133	1/1/2007	12/31/2008
75216010	Corn, cooked, NS as to form, NS as to color, fat not added in cooking	227	1	114	1/1/2007	12/31/2008
75216011	Corn, cooked, from fresh, NS as to color, fat not added in cooking	227	1	114	1/1/2007	12/31/2008
75216012	Corn, cooked, from frozen, NS as to color, fat not added in cooking	227	1	114	1/1/2007	12/31/2008
75216020	Corn, cooked, NS as to form, NS as to color, fat added in cooking	242	23	133	1/1/2007	12/31/2008
75216021	Corn, cooked, from fresh, NS as to color, fat added in cooking	242	23	133	1/1/2007	12/31/2008
75216022	Corn, cooked, from frozen, NS as to color, fat added in cooking	242	23	133	1/1/2007	12/31/2008
75216100	Corn, yellow, cooked, NS as to form, NS as to fat added in cooking	242	23	133	1/1/2007	12/31/2008
75216101	Corn, yellow, cooked, from fresh, NS as to fat added in cooking	242	23	133	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75216102	Corn, yellow, cooked, from frozen, NS as to fat added in cooking	242	23	133	1/1/2007	12/31/2008
75216110	Corn, yellow, cooked, NS as to form, fat not added in cooking	227	1	114	1/1/2007	12/31/2008
75216111	Corn, yellow, cooked, from fresh, fat not added in cooking	227	1	114	1/1/2007	12/31/2008
75216112	Corn, yellow, cooked, from frozen, fat not added in cooking	227	1	114	1/1/2007	12/31/2008
75216120	Corn, yellow, cooked, NS as to form, fat added in cooking	242	23	133	1/1/2007	12/31/2008
75216121	Corn, yellow, cooked, from fresh, fat added in cooking	242	23	133	1/1/2007	12/31/2008
75216122	Corn, yellow, cooked, from frozen, fat added in cooking	242	23	133	1/1/2007	12/31/2008
75216160	Corn, yellow and white, cooked, NS as to form, NS as to fat added in cooking	248	25	137	1/1/2007	12/31/2008
75216161	Corn, yellow and white, cooked, from fresh, NS as to fat added in cooking	248	25	137	1/1/2007	12/31/2008
75216162	Corn, yellow and white, cooked, from frozen, NS as to fat added in cooking	244	25	135	1/1/2007	12/31/2008
75216170	Corn, yellow and white, cooked, NS as to form, fat not added in cooking	232	2	117	1/1/2007	12/31/2008
75216171	Corn, yellow and white, cooked, from fresh, fat not added in cooking	232	2	117	1/1/2007	12/31/2008
75216172	Corn, yellow and white, cooked, from frozen, fat not added in cooking	229	3	116	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75216180	Corn, yellow and white, cooked, NS as to form, fat added in cooking	248	25	137	1/1/2007	12/31/2008
75216181	Corn, yellow and white, cooked, from fresh, fat added in cooking	248	25	137	1/1/2007	12/31/2008
75216182	Corn, yellow and white, cooked, from frozen, fat added in cooking	244	25	135	1/1/2007	12/31/2008
75216200	Corn, white, cooked, NS as to form, NS as to fat added in cooking	255	26	140	1/1/2007	12/31/2008
75216201	Corn, white, cooked, from fresh, NS as to fat added in cooking	255	26	140	1/1/2007	12/31/2008
75216202	Corn, white, cooked, from frozen, NS as to fat added in cooking	246	27	137	1/1/2007	12/31/2008
75216210	Corn, white, cooked, NS as to form, fat not added in cooking	239	3	121	1/1/2007	12/31/2008
75216211	Corn, white, cooked, from fresh, fat not added in cooking	239	3	121	1/1/2007	12/31/2008
75216212	Corn, white, cooked, from frozen, fat not added in cooking	231	5	118	1/1/2007	12/31/2008
75216220	Corn, white, cooked, NS as to form, fat added in cooking	255	26	140	1/1/2007	12/31/2008
75216221	Corn, white, cooked, from fresh, fat added in cooking	255	26	140	1/1/2007	12/31/2008
75216222	Corn, white, cooked, from frozen, fat added in cooking	246	27	137	1/1/2007	12/31/2008
75216700	Cucumber, cooked, NS as to fat added in cooking	249	36	143	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75216710	Cucumber, cooked, fat not added in cooking	277	2	140	1/1/2007	12/31/2008
75216720	Cucumber, cooked, fat added in cooking	249	36	143	1/1/2007	12/31/2008
75217000	Eggplant, cooked, NS as to fat added in cooking	494	38	266	1/1/2007	12/31/2008
75217010	Eggplant, cooked, fat not added in cooking	232	1	117	1/1/2007	12/31/2008
75217020	Eggplant, cooked, fat added in cooking	494	38	266	1/1/2007	12/31/2008
75217300	Flowers or blossoms of sesbania, squash, or lily, fat not added in cooking	237	6	122	1/1/2007	12/31/2008
75217490	Hominy, cooked, NS as to fat added in cooking	570	242	406	1/1/2007	12/31/2008
75217520	Hominy, cooked, fat added in cooking	570	242	406	1/1/2007	12/31/2008
75218010	Kohlrabi, cooked, fat not added in cooking	254	21	138	1/1/2007	12/31/2008
75218400	Leek, cooked, NS as to fat added in cooking	289	57	173	1/1/2007	12/31/2008
75218500	Lotus root, cooked, fat not added in cooking	276	45	160	1/1/2007	12/31/2008
75219000	Mushrooms, cooked, NS as to form, NS as to fat added in cooking	255	25	140	1/1/2007	12/31/2008
75219001	Mushrooms, cooked, from fresh, NS as to fat added in cooking	255	25	140	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75219002	Mushrooms, cooked, from frozen, NS as to fat added in cooking	255	25	140	1/1/2007	12/31/2008
75219010	Mushrooms, cooked, NS as to form, fat not added in cooking	239	2	121	1/1/2007	12/31/2008
75219011	Mushrooms, cooked, from fresh, fat not added in cooking	239	2	121	1/1/2007	12/31/2008
75219012	Mushrooms, cooked, from frozen, fat not added in cooking	239	2	121	1/1/2007	12/31/2008
75219020	Mushrooms, cooked, NS as to form, fat added in cooking	255	25	140	1/1/2007	12/31/2008
75219021	Mushrooms, cooked, from fresh, fat added in cooking	255	25	140	1/1/2007	12/31/2008
75219022	Mushrooms, cooked, from frozen, fat added in cooking	255	25	140	1/1/2007	12/31/2008
75220000	Okra, cooked, NS as to form, NS as to fat added in cooking	235	26	130	1/1/2007	12/31/2008
75220001	Okra, cooked, from fresh, NS as to fat added in cooking	253	29	141	1/1/2007	12/31/2008
75220002	Okra, cooked, from frozen, NS as to fat added in cooking	268	23	145	1/1/2007	12/31/2008
75220010	Okra, cooked, NS as to form, fat not added in cooking	219	4	112	1/1/2007	12/31/2008
75220011	Okra, cooked, from fresh, fat not added in cooking	237	6	122	1/1/2007	12/31/2008
75220012	Okra, cooked, from frozen, fat not added in cooking	254	3	129	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75220020	Okra, cooked, NS as to form, fat added in cooking	235	26	130	1/1/2007	12/31/2008
75220021	Okra, cooked, from fresh, fat added in cooking	309	29	169	1/1/2007	12/31/2008
75220022	Okra, cooked, from frozen, fat added in cooking	268	23	145	1/1/2007	12/31/2008
75220050	Lettuce, cooked, fat not added in cooking	241	10	126	1/1/2007	12/31/2008
75220100	Luffa (Chinese okra), cooked, fat not added in cooking	237	6	122	1/1/2007	12/31/2008
75221000	Onions, mature, cooked, NS as to form, NS as to fat added in cooking	193	20	107	1/1/2007	12/31/2008
75221001	Onions, mature, cooked, from fresh, NS as to fat added in cooking	193	20	107	1/1/2007	12/31/2008
75221002	Onions, mature, cooked, from frozen, NS as to fat added in cooking	187	26	107	1/1/2007	12/31/2008
75221010	Onions, mature, cooked, NS as to form, fat not added in cooking	179	3	91	1/1/2007	12/31/2008
75221011	Onions, mature, cooked, from fresh, fat not added in cooking	179	3	91	1/1/2007	12/31/2008
75221012	Onions, mature, cooked, from frozen, fat not added in cooking	175	10	92	1/1/2007	12/31/2008
75221020	Onions, mature, cooked or sauteed, NS as to form, fat added in cooking	193	20	107	1/1/2007	12/31/2008
75221021	Onions, mature, cooked or sauteed, from fresh, fat added in cooking	193	20	107	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75221022	Onions, mature, cooked or sauteed, from frozen, fat added in cooking	187	26	107	1/1/2007	12/31/2008
75221030	Onions, pearl, cooked, NS as to form	278	3	140	1/1/2007	12/31/2008
75221031	Onions, pearl, cooked, from fresh	179	3	91	1/1/2007	12/31/2008
75221032	Onions, pearl, cooked, from frozen	184	8	96	1/1/2007	12/31/2008
75221040	Onion, young green, cooked, NS as to form, NS as to fat added in cooking	146	53	100	1/1/2007	12/31/2008
75221041	Onion, young green, cooked, from fresh, NS as to fat added in cooking	146	53	100	1/1/2007	12/31/2008
75221050	Onions, young green, cooked, NS as to form, fat not added in cooking	162	16	89	1/1/2007	12/31/2008
75221051	Onions, young green, cooked, from fresh, fat not added in cooking	162	16	89	1/1/2007	12/31/2008
75221060	Onion, young green, cooked, NS as to form, fat added in cooking	146	53	100	1/1/2007	12/31/2008
75221061	Onion, young green, cooked, from fresh, fat added in cooking	146	53	100	1/1/2007	12/31/2008
75222000	Parsnips, cooked, NS as to fat added in cooking	249	33	141	1/1/2007	12/31/2008
75222010	Parsnips, cooked, fat not added in cooking	241	10	126	1/1/2007	12/31/2008
75222020	Parsnips, cooked, fat added in cooking	249	33	141	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75223000	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, NS as to form, NS as to fat added in cooking	244	26	135	1/1/2007	12/31/2008
75223001	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from fresh, NS as to fat added in cooking	244	26	135	1/1/2007	12/31/2008
75223002	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from frozen, NS as to fat added in cooking	238	26	132	1/1/2007	12/31/2008
75223010	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, NS as to form, fat not added in cooking	228	4	116	1/1/2007	12/31/2008
75223011	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from fresh, fat not added in cooking	228	4	116	1/1/2007	12/31/2008
75223012	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from frozen, fat not added in cooking	223	5	114	1/1/2007	12/31/2008
75223020	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, NS as to form, fat added in cooking	244	26	135	1/1/2007	12/31/2008
75223021	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from fresh, fat added in cooking	244	26	135	1/1/2007	12/31/2008
75223022	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from frozen, fat added in cooking	238	26	132	1/1/2007	12/31/2008
75224010	Peas, green, cooked, NS as to form, NS as to fat added in cooking	250	26	138	1/1/2007	12/31/2008
75224011	Peas, green, cooked, from fresh, NS as to fat added in cooking	250	26	138	1/1/2007	12/31/2008
75224012	Peas, green, cooked, from frozen, NS as to fat added in cooking	317	93	205	1/1/2007	12/31/2008
75224020	Peas, green, cooked, NS as to form, fat not added in cooking	234	3	119	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75224021	Peas, green, cooked, from fresh, fat not added in cooking	234	3	119	1/1/2007	12/31/2008
75224022	Peas, green, cooked, from frozen, fat not added in cooking	303	72	187	1/1/2007	12/31/2008
75224030	Peas, green, cooked, NS as to form, fat added in cooking	250	26	138	1/1/2007	12/31/2008
75224031	Peas, green, cooked, from fresh, fat added in cooking	250	26	138	1/1/2007	12/31/2008
75224032	Peas, green, cooked, from frozen, fat added in cooking	317	93	205	1/1/2007	12/31/2008
75225010	Pigeon peas, cooked, NS as to form, fat not added in cooking	247	5	126	1/1/2007	12/31/2008
75225011	Pigeon peas, cooked, from fresh, fat not added in cooking	247	5	126	1/1/2007	12/31/2008
75226000	Peppers, green, cooked, NS as to fat added in cooking	248	29	138	1/1/2007	12/31/2008
75226010	Peppers, green, cooked, fat not added in cooking	233	2	118	1/1/2007	12/31/2008
75226020	Peppers, green, cooked, fat added in cooking	248	29	138	1/1/2007	12/31/2008
75226050	Peppers, red, cooked, fat not added in cooking	233	2	118	1/1/2007	12/31/2008
75226060	Peppers, red, cooked, fat added in cooking	248	29	138	1/1/2007	12/31/2008
75227100	Radish, Japanese (daikon), cooked, fat not added in cooking	267	21	144	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75227110	Radish, Japanese (daikon), cooked, fat added in cooking	261	37	149	1/1/2007	12/31/2008
75228000	Rutabaga, cooked, NS as to fat added in cooking	261	41	151	1/1/2007	12/31/2008
75228010	Rutabaga, cooked, fat not added in cooking	251	20	136	1/1/2007	12/31/2008
75228020	Rutabaga, cooked, fat added in cooking	261	41	151	1/1/2007	12/31/2008
75229010	Salsify (vegetable oyster), cooked, fat not added in cooking	247	16	132	1/1/2007	12/31/2008
75231000	Snowpea (pea pod), cooked, NS as to form, NS as to fat added in cooking	251	27	139	1/1/2007	12/31/2008
75231001	Snowpea (pea pod), cooked, from fresh, NS as to fat added in cooking	251	27	139	1/1/2007	12/31/2008
75231002	Snowpea (pea pod), cooked, from frozen, NS as to fat added in cooking	252	28	140	1/1/2007	12/31/2008
75231010	Snowpea (pea pod), cooked, NS as to form, fat not added in cooking	235	4	120	1/1/2007	12/31/2008
75231011	Snowpea (pea pod), cooked, from fresh, fat not added in cooking	235	4	120	1/1/2007	12/31/2008
75231012	Snowpea (pea pod), cooked, from frozen, fat not added in cooking	236	5	121	1/1/2007	12/31/2008
75231020	Snowpea (pea pod), cooked, NS as to form, fat added in cooking	251	27	139	1/1/2007	12/31/2008
75231021	Snowpea (pea pod), cooked, from fresh, fat added in cooking	251	27	139	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75231022	Snowpea (pea pod), cooked, from frozen, fat added in cooking	252	28	140	1/1/2007	12/31/2008
75233000	Squash, summer, cooked, NS as to form, NS as to fat added in cooking	271	21	146	1/1/2007	12/31/2008
75233001	Squash, summer, cooked, from fresh, NS as to fat added in cooking	271	21	146	1/1/2007	12/31/2008
75233002	Squash, summer, cooked, from frozen, NS as to fat added in cooking	195	21	108	1/1/2007	12/31/2008
75233010	Squash, summer, cooked, NS as to form, fat not added in cooking	283	1	142	1/1/2007	12/31/2008
75233011	Squash, summer, cooked, from fresh, fat not added in cooking	283	1	142	1/1/2007	12/31/2008
75233012	Squash, summer, cooked, from frozen, fat not added in cooking	182	4	93	1/1/2007	12/31/2008
75233020	Squash, summer, cooked, NS as to form, fat added in cooking	271	21	146	1/1/2007	12/31/2008
75233021	Squash, summer, cooked, from fresh, fat added in cooking	271	21	146	1/1/2007	12/31/2008
75233022	Squash, summer, cooked, from frozen, fat added in cooking	195	21	108	1/1/2007	12/31/2008
75233200	Squash, spaghetti, cooked, NS as to fat added in cooking	210	41	125	1/1/2007	12/31/2008
75233210	Squash, spaghetti, cooked, fat added in cooking	222	41	131	1/1/2007	12/31/2008
75233220	Squash, spaghetti, cooked, fat not added in cooking	205	18	111	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75233510	Sequin (Portuguese squash), cooked, fat not added in cooking	232	1	117	1/1/2007	12/31/2008
75234000	Turnip, cooked, NS as to form, NS as to fat added in cooking	269	39	154	1/1/2007	12/31/2008
75234001	Turnip, cooked, from fresh, NS as to fat added in cooking	269	39	154	1/1/2007	12/31/2008
75234002	Turnip, cooked, from frozen, NS as to fat added in cooking	288	58	173	1/1/2007	12/31/2008
75234010	Turnip, cooked, NS as to form, fat not added in cooking	253	16	134	1/1/2007	12/31/2008
75234011	Turnip, cooked, from fresh, fat not added in cooking	253	16	134	1/1/2007	12/31/2008
75234012	Turnip, cooked, from frozen, fat not added in cooking	273	36	154	1/1/2007	12/31/2008
75234020	Turnip, cooked, NS as to form, fat added in cooking	269	39	154	1/1/2007	12/31/2008
75234021	Turnip, cooked, from fresh, fat added in cooking	269	39	154	1/1/2007	12/31/2008
75234022	Turnip, cooked, from frozen, fat added in cooking	288	58	173	1/1/2007	12/31/2008
75235750	Winter melon, cooked	338	107	222	1/1/2007	12/31/2008
75301100	Beans, lima and corn (succotash), cooked, NS as to fat added in cooking	231	65	148	1/1/2007	12/31/2008
75301110	Beans, lima and corn (succotash), cooked, fat not added in cooking	271	45	158	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75301120	Beans, lima and corn (succotash), cooked, fat added in cooking	231	65	148	1/1/2007	12/31/2008
75302010	Beans, string, green, with tomatoes, cooked, fat not added in cooking	250	195	222	1/1/2007	12/31/2008
75302020	Beans, string, green, with onions, cooked, fat not added in cooking	231	1	116	1/1/2007	12/31/2008
75302030	Beans, string, green, with chickpeas, cooked, fat not added in cooking	197	4	100	1/1/2007	12/31/2008
75302040	Beans, string, green, with almonds, cooked, fat not added in cooking	198	7	103	1/1/2007	12/31/2008
75302045	Beans, string, green, with almonds, cooked, fat added in cooking	219	34	127	1/1/2007	12/31/2008
75302050	Beans, string, green, and potatoes, cooked, fat not added in cooking	242	3	122	1/1/2007	12/31/2008
75302070	Beans, string, green, with spaetzel, cooked, fat not added in cooking	233	2	117	1/1/2007	12/31/2008
75302200	Beans, string, green, with onions, NS as to fat added in cooking	332	24	178	1/1/2007	12/31/2008
75302210	Beans, string, green, with onions, fat added in cooking	332	24	178	1/1/2007	12/31/2008
75302500	Beans, string, green, and potatoes, cooked, NS as to fat added in cooking	287	29	158	1/1/2007	12/31/2008
75302510	Beans, string, green, and potatoes, cooked, fat added in cooking	287	29	158	1/1/2007	12/31/2008
75303000	Corn with peppers, red or green, cooked, NS as to fat added in cooking	249	21	135	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75303010	Corn with peppers, red or green, cooked, fat not added in cooking	235	1	118	1/1/2007	12/31/2008
75303020	Corn with peppers, red or green, cooked, fat added in cooking	249	21	135	1/1/2007	12/31/2008
75306010	Eggplant in tomato sauce, cooked, fat not added in cooking	505	300	403	1/1/2007	12/31/2008
75307000	Green peppers and onions, cooked, fat added in cooking	232	24	128	1/1/2007	12/31/2008
75311000	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, NS as to form, NS as to fat added in cooking	252	54	153	1/1/2007	12/31/2008
75311002	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, from frozen, NS as to fat added in cooking	252	54	153	1/1/2007	12/31/2008
75311010	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, NS as to form, fat not added in cooking	238	35	137	1/1/2007	12/31/2008
75311012	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, from frozen, fat not added in cooking	238	35	137	1/1/2007	12/31/2008
75311020	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, NS as to form, fat added in cooking	252	54	153	1/1/2007	12/31/2008
75311022	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, from frozen, fat added in cooking	252	54	153	1/1/2007	12/31/2008
75315000	Peas and corn, cooked, NS as to fat added in cooking	232	25	128	1/1/2007	12/31/2008
75315010	Peas and corn, cooked, fat not added in cooking	216	2	109	1/1/2007	12/31/2008
75315020	Peas and corn, cooked, fat added in cooking	232	25	128	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75315100	Peas and onions, cooked, NS as to fat added in cooking	327	56	192	1/1/2007	12/31/2008
75315110	Peas and onions, cooked, fat not added in cooking	315	37	176	1/1/2007	12/31/2008
75315120	Peas and onions, cooked, fat added in cooking	285	56	171	1/1/2007	12/31/2008
75315200	Peas with mushrooms, cooked, NS as to fat added in cooking	225	84	154	1/1/2007	12/31/2008
75315210	Peas with mushrooms, cooked, fat not added in cooking	290	58	174	1/1/2007	12/31/2008
75315215	Peas with mushrooms, cooked, fat added in cooking	225	84	154	1/1/2007	12/31/2008
75315250	Cowpeas with snap beans, cooked, fat not added in cooking	235	4	119	1/1/2007	12/31/2008
75315300	Peas and potatoes, cooked, fat not added in cooking	236	4	120	1/1/2007	12/31/2008
75315305	Peas and potatoes, cooked, NS as to fat added in cooking	256	31	144	1/1/2007	12/31/2008
75315310	Peas and potatoes, cooked, fat added in cooking	256	31	144	1/1/2007	12/31/2008
75316000	Squash, summer, and onions, cooked, fat not added in cooking	151	2	76	1/1/2007	12/31/2008
75316010	Zucchini with tomato sauce, cooked, fat not added in cooking	357	220	288	1/1/2007	12/31/2008
75316020	Squash, summer, and onions, cooked, fat added in cooking	166	21	94	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75316050	Ratatouille	205	35	120	1/1/2007	12/31/2008
75317000	Vegetables, stew type (including potatoes, carrots, onions, celery) cooked, NS as to fat added in cooking	282	66	174	1/1/2007	12/31/2008
75317010	Vegetables, stew type (including potatoes, carrots, onions, celery) cooked, fat added in cooking	282	66	174	1/1/2007	12/31/2008
75340000	Vegetable combinations, Oriental style, (broccoli, green pepper, water chestnut, etc) cooked, NS as to fat added in cooking	255	31	143	1/1/2007	12/31/2008
75340010	Vegetable combinations, Oriental style, (broccoli, green pepper, water chestnuts, etc), cooked, fat not added in cooking	238	7	122	1/1/2007	12/31/2008
75340020	Vegetable combinations, Oriental style, (broccoli, green pepper, water chestnuts, etc), cooked, fat added in cooking	255	31	143	1/1/2007	12/31/2008
75340100	Vegetable combinations (broccoli, carrots, corn, cauliflower, etc.), cooked, NS as to fat added in cooking	272	48	160	1/1/2007	12/31/2008
75340110	Vegetable combinations (broccoli, carrots, corn, cauliflower, etc.), cooked, fat not added in cooking	255	24	140	1/1/2007	12/31/2008
75340120	Vegetable combinations (broccoli, carrots, corn, cauliflower, etc.), cooked, fat added in cooking	272	48	160	1/1/2007	12/31/2008
75340130	Vegetable combination (green beans, broccoli, onions, mushrooms), cooked, NS as to fat added in cooking	255	31	143	1/1/2007	12/31/2008
75340140	Vegetable combination (green beans, broccoli, onions, mushrooms), cooked, fat not added in cooking	237	6	122	1/1/2007	12/31/2008
75340150	Vegetable combination (green beans, broccoli, onions, mushrooms), cooked, fat added in cooking	255	31	143	1/1/2007	12/31/2008
75340160	Vegetable and pasta combinations with cream or cheese sauce (broccoli, pasta, carrots, corn, zucchini, peppers, cauliflower, peas, etc.), cooked	397	380	389	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75340300	Pinacbet (eggplant with tomatoes, bitter melon, etc.)	46	6	26	1/1/2007	12/31/2008
75400500	Artichokes, stuffed	396	244	320	1/1/2007	12/31/2008
75405010	Beets with Harvard sauce	250	92	171	1/1/2007	12/31/2008
75407010	Cabbage, creamed	305	165	235	1/1/2007	12/31/2008
75409020	Cauliflower, batter-dipped, fried	184	85	135	1/1/2007	12/31/2008
75410010	Celery, creamed	336	211	273	1/1/2007	12/31/2008
75410530	Chiles rellenos, filled with meat and cheese (stuffed chili peppers)	348	121	234	1/1/2007	12/31/2008
75410550	Jalapeno pepper, stuffed with cheese, breaded or battered, fried	467	296	381	1/1/2007	12/31/2008
75411010	Corn, scalloped or pudding	320	66	193	1/1/2007	12/31/2008
75411020	Corn fritter	521	342	432	1/1/2007	12/31/2008
75412010	Eggplant, batter-dipped, fried	62	29	46	1/1/2007	12/31/2008
75412030	Eggplant dip	219	25	122	1/1/2007	12/31/2008
75413010	Kohlrabi, creamed	297	165	231	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75414020	Mushrooms, stuffed	622	515	569	1/1/2007	12/31/2008
75416010	Parsnips, creamed	286	163	225	1/1/2007	12/31/2008
75417030	Peas, cooked, NS as to form, with tomato sauce	288	235	262	1/1/2007	12/31/2008
75417031	Peas, cooked, from fresh, with tomato sauce	288	235	262	1/1/2007	12/31/2008
75417032	Peas, cooked, from frozen, with tomato sauce	327	273	300	1/1/2007	12/31/2008
75417033	Peas, cooked, from canned, with tomato sauce	443	391	417	1/1/2007	12/31/2008
75418060	Squash, summer, souffle	265	113	189	1/1/2007	12/31/2008
75418220	Creamed christophine, Puerto Rican style (Chayote a la crema)	291	75	183	1/1/2007	12/31/2008
75440310	Vegetable combinations (excluding carrots, broccoli, and dark-green leafy), cooked, with tomato sauce	322	185	254	1/1/2007	12/31/2008
75440400	Vegetables, dipped in chick-pea flour batter, (pakora), fried	1104	9	556	1/1/2007	12/31/2008
75440500	Vegetable combinations (including carrots, broccoli, and/or dark-green leafy), cooked, with cheese sauce	752	122	437	1/1/2007	12/31/2008
75440510	Vegetable combinations (excluding carrots, broccoli, and dark-green leafy), cooked, with cheese sauce	782	119	451	1/1/2007	12/31/2008
75440600	Vegetable curry	266	197	232	1/1/2007	12/31/2008

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75450500	Vegetable combination (including carrots, broccoli, and/or dark-green leafy), cooked, with cream sauce	326	181	253	1/1/2007	12/31/2008
75450510	Vegetable combination (excluding carrots, broccoli, and dark-green leafy), cooked, with cream sauce	341	192	267	1/1/2007	12/31/2008
75460700	Vegetable combinations (including carrots, broccoli, and/or dark-green leafy), cooked, with pasta	532	32	282	1/1/2007	12/31/2008