

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
20000000	Meat, NFS	385	63	224	1/1/2005	12/31/2006
20000200	Ground meat, NFS	401	74	238	1/1/2005	12/31/2006
21000100	Beef, NS as to cut, cooked, NS as to fat eaten	385	63	224	1/1/2005	12/31/2006
21000110	Beef, NS as to cut, cooked, lean and fat eaten	385	63	224	1/1/2005	12/31/2006
21000120	Beef, NS as to cut, cooked, lean only eaten	388	66	227	1/1/2005	12/31/2006
21001000	Steak, NS as to type of meat, cooked, NS as to fat eaten	372	50	211	1/1/2005	12/31/2006
21001010	Steak, NS as to type of meat, cooked, lean and fat eaten	372	50	211	1/1/2005	12/31/2006
21001020	Steak, NS as to type of meat, cooked, lean only eaten	378	55	216	1/1/2005	12/31/2006
21003000	Beef, NS as to cut, fried, NS to fat eaten	392	70	231	1/1/2005	12/31/2006
21101000	Beef steak, NS as to cooking method, NS as to fat eaten	372	49	210	1/1/2005	12/31/2006
21101010	Beef steak, NS as to cooking method, lean and fat eaten	372	49	210	1/1/2005	12/31/2006
21101020	Beef steak, NS as to cooking method, lean only eaten	379	57	218	1/1/2005	12/31/2006

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21101110	Beef steak, broiled or baked, NS as to fat eaten	372	49	210	1/1/2005	12/31/2006
21101120	Beef steak, broiled or baked, lean and fat eaten	372	49	210	1/1/2005	12/31/2006
21101130	Beef steak, broiled or baked, lean only eaten	379	57	218	1/1/2005	12/31/2006
21102110	Beef steak, fried, NS as to fat eaten	381	59	220	1/1/2005	12/31/2006
21102120	Beef steak, fried, lean and fat eaten	381	59	220	1/1/2005	12/31/2006
21102130	Beef steak, fried, lean only eaten	379	57	218	1/1/2005	12/31/2006
21103110	Beef steak, breaded or floured, baked or fried, NS as to fat eaten	331	159	245	1/1/2005	12/31/2006
21103120	Beef steak, breaded or floured, baked or fried, lean and fat eaten	331	159	245	1/1/2005	12/31/2006
21103130	Beef steak, breaded or floured, baked or fried, lean only eaten	402	187	294	1/1/2005	12/31/2006
21104110	Beef steak, battered, fried, NS as to fat eaten	306	41	174	1/1/2005	12/31/2006
21104120	Beef steak, battered, fried, lean and fat eaten	306	41	174	1/1/2005	12/31/2006
21104130	Beef steak, battered, fried, lean only eaten	412	44	228	1/1/2005	12/31/2006

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21105110	Beef steak, braised, NS as to fat eaten	377	54	216	1/1/2005	12/31/2006
21105120	Beef steak, braised, lean and fat eaten	379	57	218	1/1/2005	12/31/2006
21105130	Beef steak, braised, lean only eaten	384	61	222	1/1/2005	12/31/2006
21301000	Beef, oxtails, cooked	233	71	152	1/1/2005	12/31/2006
21302000	Beef, neck bones, cooked	372	50	211	1/1/2005	12/31/2006
21304000	Beef, shortribs, cooked, NS as to fat eaten	212	50	131	1/1/2005	12/31/2006
21304110	Beef, shortribs, cooked, lean and fat eaten	212	50	131	1/1/2005	12/31/2006
21304120	Beef, shortribs, cooked, lean only eaten	380	58	219	1/1/2005	12/31/2006
21305000	Beef, cow head, cooked	225	63	144	1/1/2005	12/31/2006
21401000	Beef, roast, roasted, NS as to fat eaten	217	55	136	1/1/2005	12/31/2006
21401110	Beef, roast, roasted, lean and fat eaten	217	55	136	1/1/2005	12/31/2006
21401120	Beef, roast, roasted, lean only eaten	213	51	132	1/1/2005	12/31/2006

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21407000	Beef, pot roast, braised or boiled, NS as to fat eaten	222	60	141	1/1/2005	12/31/2006
21407110	Beef, pot roast, braised or boiled, lean and fat eaten	222	60	141	1/1/2005	12/31/2006
21407120	Beef, pot roast, braised or boiled, lean only eaten	226	64	145	1/1/2005	12/31/2006
21410000	Beef, stew meat, cooked, NS as to fat eaten	381	59	220	1/1/2005	12/31/2006
21410110	Beef, stew meat, cooked, lean and fat eaten	381	59	220	1/1/2005	12/31/2006
21410120	Beef, stew meat, cooked, lean only eaten	387	64	226	1/1/2005	12/31/2006
21417100	Beef brisket, cooked, NS as to fat eaten	226	64	145	1/1/2005	12/31/2006
21417110	Beef brisket, cooked, lean and fat eaten	226	64	145	1/1/2005	12/31/2006
21417120	Beef brisket, cooked, lean only eaten	219	38	128	1/1/2005	12/31/2006
21500100	Ground beef or patty, cooked, NS as to percent lean (formerly NS as to regular, lean, or extra lean)	401	74	238	1/1/2005	12/31/2006
21500110	Ground beef, meatballs, meat only, cooked, NS as to percent lean (formerly NS as to regular, lean, or extra lean)	401	74	238	1/1/2005	12/31/2006
21500200	Ground beef or patty, breaded, cooked	591	204	398	1/1/2005	12/31/2006

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21501000	Ground beef, less than 80% lean, cooked (formerly regular)	400	78	239	1/1/2005	12/31/2006
21501200	Ground beef, 80% - 84% lean, cooked (formerly lean)	397	75	236	1/1/2005	12/31/2006
21501300	Ground beef, 85% - 89% lean, cooked (formerly extra lean)	394	72	233	1/1/2005	12/31/2006
21540100	Ground beef with textured vegetable protein, cooked	435	173	304	1/1/2005	12/31/2006
22000100	Pork, NS as to cut, cooked, NS as to fat eaten	384	62	223	1/1/2005	12/31/2006
22000110	Pork, NS as to cut, cooked, lean and fat eaten	384	62	223	1/1/2005	12/31/2006
22000120	Pork, NS as to cut, cooked, lean only eaten	381	59	220	1/1/2005	12/31/2006
22000200	Pork, NS as to cut, fried, NS as to fat eaten	385	63	224	1/1/2005	12/31/2006
22000210	Pork, NS as to cut, fried, lean and fat eaten	385	63	224	1/1/2005	12/31/2006
22000220	Pork, NS as to cut, fried, lean only eaten	391	68	230	1/1/2005	12/31/2006
22000300	Pork, NS as to cut, breaded or floured, fried, NS as to fat eaten	601	194	398	1/1/2005	12/31/2006
22000310	Pork, NS as to cut, breaded or floured, fried, lean and fat eaten	601	194	398	1/1/2005	12/31/2006

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22000320	Pork, NS as to cut, breaded or floured, fried, lean only eaten	623	202	412	1/1/2005	12/31/2006
22002000	Pork, ground or patty, cooked	395	73	234	1/1/2005	12/31/2006
22002100	Pork, ground or patty, breaded, cooked	582	196	389	1/1/2005	12/31/2006
22101000	Pork chop, NS as to cooking method, NS as to fat eaten	386	63	224	1/1/2005	12/31/2006
22101010	Pork chop, NS as to cooking method, lean and fat eaten	386	63	224	1/1/2005	12/31/2006
22101020	Pork chop, NS as to cooking method, lean only eaten	389	66	228	1/1/2005	12/31/2006
22101100	Pork chop, broiled or baked, NS as to fat eaten	384	62	223	1/1/2005	12/31/2006
22101110	Pork chop, broiled or baked, lean and fat eaten	384	62	223	1/1/2005	12/31/2006
22101120	Pork chop, broiled or baked, lean only eaten	386	64	225	1/1/2005	12/31/2006
22101200	Pork chop, fried, NS as to fat eaten	383	61	222	1/1/2005	12/31/2006
22101210	Pork chop, fried, lean and fat eaten	383	61	222	1/1/2005	12/31/2006
22101220	Pork chop, fried, lean only eaten	388	65	226	1/1/2005	12/31/2006

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22101300	Pork chop, breaded or floured, fried, NS as to fat eaten	601	194	398	1/1/2005	12/31/2006
22101310	Pork chop, breaded or floured, fried, lean and fat eaten	601	194	398	1/1/2005	12/31/2006
22101320	Pork chop, breaded or floured, fried, lean only eaten	623	202	412	1/1/2005	12/31/2006
22101400	Pork chop, battered, fried, NS as to fat eaten	414	74	244	1/1/2005	12/31/2006
22101410	Pork chop, battered, fried, lean and fat eaten	394	74	234	1/1/2005	12/31/2006
22101420	Pork chop, battered, fried, lean only eaten	282	75	178	1/1/2005	12/31/2006
22201000	Pork steak or cutlet, NS as to cooking method, NS as to fat eaten	394	62	228	1/1/2005	12/31/2006
22201010	Pork steak or cutlet, NS as to cooking method, lean and fat eaten	394	62	228	1/1/2005	12/31/2006
22201020	Pork steak or cutlet, NS as to cooking method, lean only eaten	395	73	234	1/1/2005	12/31/2006
22201050	Pork steak or cutlet, battered, fried, NS as to fat eaten	299	85	192	1/1/2005	12/31/2006
22201060	Pork steak or cutlet, battered, fried, lean and fat eaten	299	85	192	1/1/2005	12/31/2006
22201070	Pork steak or cutlet, battered, fried, lean only eaten	289	76	182	1/1/2005	12/31/2006

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22201100	Pork steak or cutlet, broiled or baked, NS as to fat eaten	384	62	223	1/1/2005	12/31/2006
22201110	Pork steak or cutlet, broiled or baked, lean and fat eaten	384	62	223	1/1/2005	12/31/2006
22201120	Pork steak or cutlet, broiled or baked, lean only eaten	391	68	230	1/1/2005	12/31/2006
22201200	Pork steak or cutlet, fried, NS as to fat eaten	384	61	222	1/1/2005	12/31/2006
22201210	Pork steak or cutlet, fried, lean and fat eaten	384	61	222	1/1/2005	12/31/2006
22201220	Pork steak or cutlet, fried, lean only eaten	387	65	226	1/1/2005	12/31/2006
22201300	Pork steak or cutlet, breaded or floured, broiled or baked, NS as to fat eaten	398	99	248	1/1/2005	12/31/2006
22201310	Pork steak or cutlet, breaded or floured, broiled or baked, lean and fat eaten	398	99	248	1/1/2005	12/31/2006
22201320	Pork steak or cutlet, breaded or floured, broiled or baked, lean only eaten	402	103	252	1/1/2005	12/31/2006
22201400	Pork steak or cutlet, breaded or floured, fried, NS as to fat eaten	437	159	298	1/1/2005	12/31/2006
22201410	Pork steak or cutlet, breaded or floured, fried, lean and fat eaten	437	159	298	1/1/2005	12/31/2006
22201420	Pork steak or cutlet, breaded or floured, fried, lean only eaten	450	163	306	1/1/2005	12/31/2006

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22210300	Pork, tenderloin, cooked, NS as to cooking method	379	57	218	1/1/2005	12/31/2006
22210310	Pork, tenderloin, breaded, fried	340	122	231	1/1/2005	12/31/2006
22210350	Pork, tenderloin, braised	372	50	211	1/1/2005	12/31/2006
22210400	Pork, tenderloin, baked	379	57	218	1/1/2005	12/31/2006
22210450	Pork, tenderloin, battered, fried	434	75	254	1/1/2005	12/31/2006
22301000	Ham, fresh, cooked, NS as to fat eaten	222	60	141	1/1/2005	12/31/2006
22301110	Ham, fresh, cooked, lean and fat eaten	222	60	141	1/1/2005	12/31/2006
22301120	Ham, fresh, cooked, lean only eaten	226	64	145	1/1/2005	12/31/2006
22400100	Pork roast, NS as to cut, cooked, NS as to fat eaten	221	59	140	1/1/2005	12/31/2006
22400110	Pork roast, NS as to cut, cooked, lean and fat eaten	290	59	174	1/1/2005	12/31/2006
22400120	Pork roast, NS as to cut, cooked, lean only eaten	289	58	174	1/1/2005	12/31/2006
22401000	Pork roast, loin, cooked, NS as to fat eaten	221	59	140	1/1/2005	12/31/2006

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22401010	Pork roast, loin, cooked, lean and fat eaten	221	59	140	1/1/2005	12/31/2006
22401020	Pork roast, loin, cooked, lean only eaten	220	58	139	1/1/2005	12/31/2006
22402510	Fried pork chunks, Puerto Rican style (Carne de cerdo frita, masitas fritas)	541	124	332	1/1/2005	12/31/2006
22411000	Pork roast, shoulder, cooked, NS as to fat eaten	230	68	149	1/1/2005	12/31/2006
22411010	Pork roast, shoulder, cooked, lean and fat eaten	230	68	149	1/1/2005	12/31/2006
22411020	Pork roast, shoulder, cooked, lean only eaten	237	75	156	1/1/2005	12/31/2006
22701000	Pork, spareribs, cooked, NS as to fat eaten	255	93	174	1/1/2005	12/31/2006
22701010	Pork, spareribs, cooked, lean and fat eaten	255	93	174	1/1/2005	12/31/2006
22701020	Pork, spareribs, cooked, lean only eaten	203	41	122	1/1/2005	12/31/2006
23000100	Lamb, NS as to cut, cooked	394	72	233	1/1/2005	12/31/2006
23101000	Lamb chop, NS as to cut, cooked, NS as to fat eaten	390	68	229	1/1/2005	12/31/2006
23101010	Lamb chop, NS as to cut, cooked, lean and fat eaten	390	68	229	1/1/2005	12/31/2006

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23101020	Lamb chop, NS as to cut, cooked, lean only eaten	403	80	242	1/1/2005	12/31/2006
23104000	Lamb, loin chop, cooked, NS as to fat eaten	392	70	231	1/1/2005	12/31/2006
23104010	Lamb, loin chop, cooked, lean and fat eaten	392	70	231	1/1/2005	12/31/2006
23104020	Lamb, loin chop, cooked, lean only eaten	406	84	245	1/1/2005	12/31/2006
23107000	Lamb, shoulder chop, cooked, NS as to fat eaten	388	66	227	1/1/2005	12/31/2006
23107010	Lamb, shoulder chop, cooked, lean and fat eaten	388	66	227	1/1/2005	12/31/2006
23107020	Lamb, shoulder chop, cooked, lean only eaten	390	68	229	1/1/2005	12/31/2006
23108000	Lamb, shoulder, cooked, NS as to fat eaten	228	66	147	1/1/2005	12/31/2006
23108010	Lamb, shoulder, cooked, lean and fat eaten	228	66	147	1/1/2005	12/31/2006
23108020	Lamb, shoulder, cooked, lean only eaten	230	68	149	1/1/2005	12/31/2006
23110000	Lamb, ribs, cooked, lean only eaten	247	85	166	1/1/2005	12/31/2006
23110010	Lamb, ribs, cooked, NS as to fat eaten	238	76	157	1/1/2005	12/31/2006

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23110050	Lamb, ribs, cooked, lean and fat eaten	238	76	157	1/1/2005	12/31/2006
23111010	Lamb hocks, cooked	394	72	233	1/1/2005	12/31/2006
23120100	Lamb, roast, cooked, NS as to fat eaten	228	66	147	1/1/2005	12/31/2006
23120110	Lamb, roast, cooked, lean and fat eaten	228	66	147	1/1/2005	12/31/2006
23120120	Lamb, roast, cooked, lean only eaten	230	68	149	1/1/2005	12/31/2006
23132000	Lamb, ground or patty, cooked	403	81	242	1/1/2005	12/31/2006
23150100	Goat, boiled	248	86	167	1/1/2005	12/31/2006
23150200	Goat, fried	402	85	244	1/1/2005	12/31/2006
23150250	Goat, baked	248	86	167	1/1/2005	12/31/2006
23150270	Goat head, cooked	255	93	174	1/1/2005	12/31/2006
23150300	Goat ribs, cooked	248	86	167	1/1/2005	12/31/2006
23200100	Veal, NS as to cut, cooked, NS as to fat eaten	409	87	248	1/1/2005	12/31/2006

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23200110	Veal, NS as to cut, cooked, lean and fat eaten	409	87	248	1/1/2005	12/31/2006
23200120	Veal, NS as to cut, cooked, lean only eaten	399	77	238	1/1/2005	12/31/2006
23201010	Veal chop, NS as to cooking method, NS as to fat eaten	410	88	249	1/1/2005	12/31/2006
23201020	Veal chop, NS as to cooking method, lean and fat eaten	415	93	254	1/1/2005	12/31/2006
23201030	Veal chop, NS as to cooking method, lean only eaten	455	134	294	1/1/2005	12/31/2006
23203010	Veal chop, fried, NS as to fat eaten	369	257	313	1/1/2005	12/31/2006
23203030	Veal chop, fried, lean only eaten	371	259	315	1/1/2005	12/31/2006
23203100	Veal chop, broiled, NS as to fat eaten	415	93	254	1/1/2005	12/31/2006
23203110	Veal chop, broiled, lean and fat eaten	415	93	254	1/1/2005	12/31/2006
23203120	Veal chop, broiled, lean only eaten	418	96	257	1/1/2005	12/31/2006
23204010	Veal cutlet or steak, NS as to cooking method, NS as to fat eaten	394	72	233	1/1/2005	12/31/2006
23204020	Veal cutlet or steak, NS as to cooking method, lean and fat eaten	389	67	228	1/1/2005	12/31/2006

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23204030	Veal cutlet or steak, NS as to cooking method, lean only eaten	399	77	238	1/1/2005	12/31/2006
23204200	Veal cutlet or steak, broiled, NS as to fat eaten	390	68	229	1/1/2005	12/31/2006
23204210	Veal cutlet or steak, broiled, lean and fat eaten	390	68	229	1/1/2005	12/31/2006
23204220	Veal cutlet or steak, broiled, lean only eaten	399	77	238	1/1/2005	12/31/2006
23205030	Veal cutlet or steak, fried, lean only eaten	399	77	238	1/1/2005	12/31/2006
23210010	Veal, roasted, NS as to fat eaten	249	87	168	1/1/2005	12/31/2006
23210020	Veal, roasted, lean and fat eaten	249	87	168	1/1/2005	12/31/2006
23210030	Veal, roasted, lean only eaten	258	96	177	1/1/2005	12/31/2006
23220010	Veal, ground or patty, cooked	405	83	244	1/1/2005	12/31/2006
23220020	Mock chicken legs, cooked	572	71	322	1/1/2005	12/31/2006
23220030	Veal patty, breaded, cooked	416	165	290	1/1/2005	12/31/2006
23310000	Rabbit, NS as to domestic or wild, cooked	199	37	118	1/1/2005	12/31/2006

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23311100	Rabbit, domestic, NS as to cooking method	199	37	118	1/1/2005	12/31/2006
23311120	Rabbit, NS as to domestic or wild, breaded, fried	370	93	232	1/1/2005	12/31/2006
23311200	Rabbit, wild, cooked	207	45	126	1/1/2005	12/31/2006
23321000	Venison/deer, NFS	268	52	160	1/1/2005	12/31/2006
23321100	Venison/deer, roasted	268	52	160	1/1/2005	12/31/2006
23321200	Venison/deer steak, cooked, NS as to cooking method	476	57	266	1/1/2005	12/31/2006
23321250	Venison/deer steak, breaded or floured, cooked, NS as to cooking method	223	177	200	1/1/2005	12/31/2006
23322300	Deer chop, cooked	449	54	252	1/1/2005	12/31/2006
23322350	Venison/deer ribs, cooked	268	52	160	1/1/2005	12/31/2006
23322400	Venison/deer, stewed	268	52	160	1/1/2005	12/31/2006
23323100	Moose, cooked	231	69	150	1/1/2005	12/31/2006
23323500	Bear, cooked	233	71	152	1/1/2005	12/31/2006

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23324100	Caribou, cooked	222	60	141	1/1/2005	12/31/2006
23331100	Ground hog, cooked	217	55	136	1/1/2005	12/31/2006
23332100	Opossum, cooked	220	58	139	1/1/2005	12/31/2006
23333100	Squirrel, cooked	281	119	200	1/1/2005	12/31/2006
23334100	Beaver, cooked	221	59	140	1/1/2005	12/31/2006
23335100	Raccoon, cooked	241	79	160	1/1/2005	12/31/2006
23340100	Armadillo, cooked	222	60	141	1/1/2005	12/31/2006
23350100	Ostrich, cooked	402	80	241	1/1/2005	12/31/2006
24100000	Chicken, NS as to part and cooking method, NS as to skin eaten	404	82	243	1/1/2005	12/31/2006
24100010	Chicken, NS as to part and cooking method, skin eaten	404	82	243	1/1/2005	12/31/2006
24100020	Chicken, NS as to part and cooking method, skin not eaten	408	86	247	1/1/2005	12/31/2006
24102000	Chicken, NS as to part, roasted, broiled, or baked, NS as to skin eaten	404	82	243	1/1/2005	12/31/2006

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24102010	Chicken, NS as to part, roasted, broiled, or baked, skin eaten	404	82	243	1/1/2005	12/31/2006
24102020	Chicken, NS as to part, roasted, broiled, or baked, skin not eaten	408	86	247	1/1/2005	12/31/2006
24103000	Chicken, NS as to part, stewed, NS as to skin eaten	389	67	228	1/1/2005	12/31/2006
24103010	Chicken, NS as to part, stewed, skin eaten	389	67	228	1/1/2005	12/31/2006
24103020	Chicken, NS as to part, stewed, skin not eaten	392	70	231	1/1/2005	12/31/2006
24104000	Chicken, NS as to part, fried, no coating, NS as to skin eaten	532	87	310	1/1/2005	12/31/2006
24104010	Chicken, NS as to part, fried, no coating, skin eaten	532	87	310	1/1/2005	12/31/2006
24104020	Chicken, NS as to part, fried, no coating, skin not eaten	506	89	298	1/1/2005	12/31/2006
24120100	Chicken, breast, NS as to cooking method, NS as to skin eaten	393	71	232	1/1/2005	12/31/2006
24120110	Chicken, breast, NS as to cooking method, skin eaten	393	71	232	1/1/2005	12/31/2006
24120120	Chicken, breast, NS as to cooking method, skin not eaten	396	74	235	1/1/2005	12/31/2006
24122100	Chicken, breast, roasted, broiled, or baked, NS as to skin eaten	393	71	232	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24122110	Chicken, breast, roasted, broiled, or baked, skin eaten	393	71	232	1/1/2005	12/31/2006
24122120	Chicken, breast, roasted, broiled, or baked, skin not eaten	396	74	235	1/1/2005	12/31/2006
24123100	Chicken, breast, stewed, NS as to skin eaten	384	62	223	1/1/2005	12/31/2006
24123110	Chicken, breast, stewed, skin eaten	384	62	223	1/1/2005	12/31/2006
24123120	Chicken, breast, stewed, skin not eaten	385	63	224	1/1/2005	12/31/2006
24124100	Chicken, breast, fried, no coating, NS as to skin eaten	517	77	297	1/1/2005	12/31/2006
24124110	Chicken, breast, fried, no coating, skin eaten	517	77	297	1/1/2005	12/31/2006
24124120	Chicken, breast, fried, no coating, skin not eaten	494	76	285	1/1/2005	12/31/2006
24130200	Chicken, leg (drumstick and thigh), NS as to cooking method, NS as to skin eaten	409	87	248	1/1/2005	12/31/2006
24130210	Chicken, leg (drumstick and thigh), NS as to cooking method, skin eaten	409	87	248	1/1/2005	12/31/2006
24130220	Chicken, leg (drumstick and thigh), NS as to cooking method, skin not eaten	413	91	252	1/1/2005	12/31/2006
24132200	Chicken, leg (drumstick and thigh), roasted, broiled, or baked, NS as to skin eaten	409	87	248	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24132210	Chicken, leg (drumstick and thigh), roasted, broiled, or baked, skin eaten	409	87	248	1/1/2005	12/31/2006
24132220	Chicken, leg (drumstick and thigh), roasted, broiled, or baked, skin not eaten	413	91	252	1/1/2005	12/31/2006
24133200	Chicken, leg (drumstick and thigh), stewed, NS as to skin eaten	395	73	234	1/1/2005	12/31/2006
24133210	Chicken, leg (drumstick and thigh), stewed, skin eaten	395	73	234	1/1/2005	12/31/2006
24133220	Chicken, leg (drumstick and thigh), stewed, skin not eaten	400	78	239	1/1/2005	12/31/2006
24134200	Chicken, leg (drumstick and thigh), fried, no coating, NS as to skin eaten	532	96	314	1/1/2005	12/31/2006
24134210	Chicken, leg (drumstick and thigh), fried, no coating, skin eaten	532	96	314	1/1/2005	12/31/2006
24134220	Chicken, leg (drumstick and thigh), fried, no coating, skin not eaten	511	99	305	1/1/2005	12/31/2006
24140200	Chicken, drumstick, NS as to cooking method, NS as to skin eaten	412	90	251	1/1/2005	12/31/2006
24140210	Chicken, drumstick, NS as to cooking method, skin eaten	412	90	251	1/1/2005	12/31/2006
24140220	Chicken, drumstick, NS as to cooking method, skin not eaten	417	95	256	1/1/2005	12/31/2006
24142200	Chicken, drumstick, roasted, broiled, or baked, NS as to skin eaten	412	90	251	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24142210	Chicken, drumstick, roasted, broiled, or baked, skin eaten	412	90	251	1/1/2005	12/31/2006
24142220	Chicken, drumstick, roasted, broiled, or baked, skin not eaten	417	95	256	1/1/2005	12/31/2006
24143200	Chicken, drumstick, stewed, NS as to skin eaten	398	76	237	1/1/2005	12/31/2006
24143210	Chicken, drumstick, stewed, skin eaten	398	76	237	1/1/2005	12/31/2006
24143220	Chicken, drumstick, stewed, skin not eaten	402	80	241	1/1/2005	12/31/2006
24144200	Chicken, drumstick, fried, no coating, NS as to skin eaten	514	96	305	1/1/2005	12/31/2006
24144210	Chicken, drumstick, fried, no coating, skin eaten	514	96	305	1/1/2005	12/31/2006
24144220	Chicken, drumstick, fried, no coating, skin not eaten	508	100	304	1/1/2005	12/31/2006
24150200	Chicken, thigh, NS as to cooking method, NS as to skin eaten	406	84	245	1/1/2005	12/31/2006
24150210	Chicken, thigh, NS as to cooking method, skin eaten	406	84	245	1/1/2005	12/31/2006
24150220	Chicken, thigh, NS as to cooking method, skin not eaten	410	88	249	1/1/2005	12/31/2006
24152200	Chicken, thigh, roasted, broiled, or baked, NS as to skin eaten	406	84	245	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24152210	Chicken, thigh, roasted, broiled, or baked, skin eaten	406	84	245	1/1/2005	12/31/2006
24152220	Chicken, thigh, roasted, broiled, or baked, skin not eaten	410	88	249	1/1/2005	12/31/2006
24153200	Chicken, thigh, stewed, NS as to skin eaten	393	71	232	1/1/2005	12/31/2006
24153210	Chicken, thigh, stewed, skin eaten	393	71	232	1/1/2005	12/31/2006
24153220	Chicken, thigh, stewed, skin not eaten	397	75	236	1/1/2005	12/31/2006
24154200	Chicken, thigh, fried, no coating, NS as to skin eaten	551	96	324	1/1/2005	12/31/2006
24154210	Chicken, thigh, fried, no coating, skin eaten	551	96	324	1/1/2005	12/31/2006
24154220	Chicken, thigh, fried, no coating, skin not eaten	515	100	308	1/1/2005	12/31/2006
24160100	Chicken, wing, NS as to cooking method, NS as to skin eaten	404	82	243	1/1/2005	12/31/2006
24160110	Chicken, wing, NS as to cooking method, skin eaten	404	82	243	1/1/2005	12/31/2006
24160120	Chicken, wing, NS as to cooking method, skin not eaten	414	92	253	1/1/2005	12/31/2006
24162100	Chicken, wing, roasted, broiled, or baked, NS as to skin eaten	404	82	243	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24162110	Chicken, wing, roasted, broiled, or baked, skin eaten	404	82	243	1/1/2005	12/31/2006
24162120	Chicken, wing, roasted, broiled, or baked, skin not eaten	414	92	253	1/1/2005	12/31/2006
24163100	Chicken, wing, stewed, NS as to skin eaten	389	67	228	1/1/2005	12/31/2006
24163110	Chicken, wing, stewed, skin eaten	389	67	228	1/1/2005	12/31/2006
24163120	Chicken, wing, stewed, skin not eaten	395	73	234	1/1/2005	12/31/2006
24164100	Chicken, wing, fried, no coating, NS as to skin eaten	514	87	300	1/1/2005	12/31/2006
24164110	Chicken, wing, fried, no coating, skin eaten	514	87	300	1/1/2005	12/31/2006
24164120	Chicken, wing, fried, no coating, skin not eaten	497	91	294	1/1/2005	12/31/2006
24170200	Chicken, back	409	87	248	1/1/2005	12/31/2006
24180200	Chicken, neck or ribs	374	52	213	1/1/2005	12/31/2006
24198720	Chicken, ground	404	82	243	1/1/2005	12/31/2006
24201010	Turkey, light meat, cooked, NS as to skin eaten	225	63	144	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24201020	Turkey, light meat, cooked, skin not eaten	226	64	145	1/1/2005	12/31/2006
24201030	Turkey, light meat, cooked, skin eaten	225	63	144	1/1/2005	12/31/2006
24201110	Turkey, light meat, roasted, NS as to skin eaten	225	63	144	1/1/2005	12/31/2006
24201120	Turkey, light meat, roasted, skin not eaten	226	64	145	1/1/2005	12/31/2006
24201130	Turkey, light meat, roasted, skin eaten	225	63	144	1/1/2005	12/31/2006
24201210	Turkey, dark meat, roasted, NS as to skin eaten	238	76	157	1/1/2005	12/31/2006
24201220	Turkey, dark meat, roasted, skin not eaten	241	79	160	1/1/2005	12/31/2006
24201230	Turkey, dark meat, roasted, skin eaten	238	76	157	1/1/2005	12/31/2006
24201310	Turkey, light and dark meat, roasted, NS as to skin eaten	230	68	149	1/1/2005	12/31/2006
24201320	Turkey, light and dark meat, roasted, skin not eaten	232	70	151	1/1/2005	12/31/2006
24201330	Turkey, light and dark meat, roasted, skin eaten	230	68	149	1/1/2005	12/31/2006
24201360	Turkey, light or dark meat, battered, fried, skin not eaten	210	69	140	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24201400	Turkey, light or dark meat, stewed, NS as to skin eaten	274	60	167	1/1/2005	12/31/2006
24201410	Turkey, light or dark meat, stewed, skin not eaten	464	61	262	1/1/2005	12/31/2006
24201420	Turkey light or dark meat, stewed, skin eaten	274	60	167	1/1/2005	12/31/2006
24202000	Turkey, drumstick, cooked, NS as to skin eaten	399	77	238	1/1/2005	12/31/2006
24202010	Turkey, drumstick, cooked, skin not eaten	401	79	240	1/1/2005	12/31/2006
24202020	Turkey, drumstick, cooked, skin eaten	399	77	238	1/1/2005	12/31/2006
24202050	Turkey, drumstick, roasted, NS as to skin eaten	399	77	238	1/1/2005	12/31/2006
24202060	Turkey, drumstick, roasted, skin not eaten	401	79	240	1/1/2005	12/31/2006
24202070	Turkey, drumstick, roasted, skin eaten	399	77	238	1/1/2005	12/31/2006
24202450	Turkey, thigh, cooked, NS as to skin eaten	399	77	238	1/1/2005	12/31/2006
24202460	Turkey, thigh, cooked, skin eaten	399	77	238	1/1/2005	12/31/2006
24202500	Turkey, thigh, cooked, skin not eaten	401	79	240	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24202600	Turkey, neck, cooked	378	56	217	1/1/2005	12/31/2006
24203000	Turkey, wing, cooked, NS as to skin eaten	383	61	222	1/1/2005	12/31/2006
24203010	Turkey, wing, cooked, skin not eaten	400	78	239	1/1/2005	12/31/2006
24203020	Turkey, wing, cooked, skin eaten	383	61	222	1/1/2005	12/31/2006
24205000	Turkey, tail, cooked	384	62	223	1/1/2005	12/31/2006
24205100	Turkey, back, cooked	395	73	234	1/1/2005	12/31/2006
24207000	Turkey, ground	429	107	268	1/1/2005	12/31/2006
24300100	Duck, cooked, NS as to skin eaten	221	59	140	1/1/2005	12/31/2006
24300110	Duck, cooked, skin eaten	221	59	140	1/1/2005	12/31/2006
24300120	Duck, cooked, skin not eaten	227	65	146	1/1/2005	12/31/2006
24301000	Duck, roasted, NS as to skin eaten	221	59	140	1/1/2005	12/31/2006
24301010	Duck, roasted, skin eaten	221	59	140	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24301020	Duck, roasted, skin not eaten	227	65	146	1/1/2005	12/31/2006
24301210	Duck, battered, fried	345	71	208	1/1/2005	12/31/2006
24311010	Goose, wild, roasted	232	70	151	1/1/2005	12/31/2006
24400000	Cornish game hen, cooked, NS as to skin eaten	226	64	145	1/1/2005	12/31/2006
24400010	Cornish game hen, cooked, skin eaten	226	64	145	1/1/2005	12/31/2006
24400020	Cornish game hen, cooked, skin not eaten	225	63	144	1/1/2005	12/31/2006
24401000	Cornish game hen, roasted, NS as to skin eaten	226	64	145	1/1/2005	12/31/2006
24401010	Cornish game hen, roasted, skin eaten	226	64	145	1/1/2005	12/31/2006
24401020	Cornish game hen, roasted, skin not eaten	225	63	144	1/1/2005	12/31/2006
24402100	Dove, cooked, NS as to cooking method	219	57	138	1/1/2005	12/31/2006
24402110	Dove, fried	198	57	128	1/1/2005	12/31/2006
24403100	Quail, cooked	214	52	133	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24404100	Pheasant, cooked	205	43	124	1/1/2005	12/31/2006
25110120	Beef liver, braised	401	79	240	1/1/2005	12/31/2006
25110140	Beef liver, fried	399	77	238	1/1/2005	12/31/2006
25110420	Chicken liver, braised	398	76	237	1/1/2005	12/31/2006
25110450	Chicken liver, fried	623	97	360	1/1/2005	12/31/2006
25120000	Heart, cooked	381	59	220	1/1/2005	12/31/2006
25130000	Kidney, cooked	416	94	255	1/1/2005	12/31/2006
25140110	Sweetbreads, cooked	381	59	220	1/1/2005	12/31/2006
25150000	Brains, cooked	430	108	269	1/1/2005	12/31/2006
25160000	Tongue, cooked	387	65	226	1/1/2005	12/31/2006
25160130	Tongue pot roast, Puerto Rican style (Lengua al caldero)	1247	77	662	1/1/2005	12/31/2006
25170110	Tripe, cooked	441	102	272	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
25170210	Chitterlings, cooked	341	18	180	1/1/2005	12/31/2006
25170310	Hog maws (stomach), cooked	566	54	310	1/1/2005	12/31/2006
25170420	Gizzard, cooked	378	56	217	1/1/2005	12/31/2006
26100110	Fish, NS as to type, cooked, NS as to cooking method	429	107	268	1/1/2005	12/31/2006
26100120	Fish, NS as to type, baked or broiled	366	128	247	1/1/2005	12/31/2006
26100130	Fish, NS as to type, breaded or battered, baked	507	261	384	1/1/2005	12/31/2006
26100140	Fish, NS as to type, floured or breaded, fried	413	171	292	1/1/2005	12/31/2006
26100150	Fish, NS as to type, battered, fried	132	99	116	1/1/2005	12/31/2006
26103110	Barracuda, cooked, NS as to cooking method	434	135	284	1/1/2005	12/31/2006
26103120	Barracuda, baked or broiled	434	135	284	1/1/2005	12/31/2006
26103140	Barracuda, floured or breaded, fried	381	96	238	1/1/2005	12/31/2006
26105110	Carp, cooked, NS as to cooking method	547	185	366	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26105120	Carp, baked or broiled	437	103	270	1/1/2005	12/31/2006
26105140	Carp, floured or breaded, fried	547	185	366	1/1/2005	12/31/2006
26107110	Catfish, cooked, NS as to cooking method	398	147	272	1/1/2005	12/31/2006
26107120	Catfish, baked or broiled	395	97	246	1/1/2005	12/31/2006
26107130	Catfish, breaded or battered, baked	477	230	354	1/1/2005	12/31/2006
26107140	Catfish, floured or breaded, fried	398	147	272	1/1/2005	12/31/2006
26107150	Catfish, battered, fried	106	73	90	1/1/2005	12/31/2006
26109110	Cod, cooked, NS as to cooking method	401	159	280	1/1/2005	12/31/2006
26109120	Cod, baked or broiled	416	118	267	1/1/2005	12/31/2006
26109130	Cod, breaded or battered, baked	495	248	372	1/1/2005	12/31/2006
26109140	Cod, floured or breaded, fried	401	159	280	1/1/2005	12/31/2006
26109150	Cod, battered, fried	125	91	108	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26111110	Croaker, cooked, NS as to cooking method	636	214	425	1/1/2005	12/31/2006
26111120	Croaker, baked or broiled	475	119	297	1/1/2005	12/31/2006
26111130	Croaker, breaded or battered, baked	480	234	357	1/1/2005	12/31/2006
26111140	Croaker, floured or breaded, fried	644	216	430	1/1/2005	12/31/2006
26113110	Eel, cooked, NS as to cooking method	197	56	126	1/1/2005	12/31/2006
26115110	Flounder, cooked, NS as to cooking method	428	130	279	1/1/2005	12/31/2006
26115120	Flounder, baked or broiled	428	130	279	1/1/2005	12/31/2006
26115130	Flounder, breaded or battered, baked	505	258	382	1/1/2005	12/31/2006
26115140	Flounder, floured or breaded, fried	411	168	290	1/1/2005	12/31/2006
26115150	Flounder, battered, fried	130	97	114	1/1/2005	12/31/2006
26117110	Haddock, cooked, NS as to cooking method	412	114	263	1/1/2005	12/31/2006
26117120	Haddock, baked or broiled	412	114	263	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26117130	Haddock, breaded or battered, baked	492	245	368	1/1/2005	12/31/2006
26117140	Haddock, floured or breaded, fried	398	156	277	1/1/2005	12/31/2006
26117150	Haddock, battered, fried	123	89	106	1/1/2005	12/31/2006
26119120	Herring, baked or broiled	493	158	326	1/1/2005	12/31/2006
26119140	Herring, floured or breaded, fried	600	229	414	1/1/2005	12/31/2006
26121110	Mackerel, cooked, NS as to cooking method	425	127	276	1/1/2005	12/31/2006
26121120	Mackerel, baked or broiled	425	127	276	1/1/2005	12/31/2006
26121140	Mackerel, floured or breaded, fried	408	166	287	1/1/2005	12/31/2006
26123110	Mullet, cooked, NS as to cooking method	576	204	390	1/1/2005	12/31/2006
26123120	Mullet, baked or broiled	460	125	292	1/1/2005	12/31/2006
26123140	Mullet, floured or breaded, fried	576	204	390	1/1/2005	12/31/2006
26125110	Ocean perch, cooked, NS as to cooking method	421	123	272	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26125120	Ocean perch, baked or broiled	421	123	272	1/1/2005	12/31/2006
26125130	Ocean perch, breaded or battered, baked	473	217	345	1/1/2005	12/31/2006
26125140	Ocean perch, floured or breaded, fried	405	163	284	1/1/2005	12/31/2006
26125150	Ocean perch, battered, fried	125	92	108	1/1/2005	12/31/2006
26127110	Perch, cooked, NS as to cooking method	621	214	418	1/1/2005	12/31/2006
26127120	Perch, baked or broiled	406	107	256	1/1/2005	12/31/2006
26127130	Perch, breaded or battered, baked	460	204	332	1/1/2005	12/31/2006
26127140	Perch, floured or breaded, fried	621	214	418	1/1/2005	12/31/2006
26127150	Perch, battered, fried	117	83	100	1/1/2005	12/31/2006
26129110	Pike, cooked, NS as to cooking method	371	128	250	1/1/2005	12/31/2006
26129120	Pike, baked or broiled	379	80	230	1/1/2005	12/31/2006
26129140	Pike, floured or breaded, fried	371	128	250	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26129150	Pike, battered, fried	94	61	78	1/1/2005	12/31/2006
26131110	Pompano, cooked, NS as to cooking method	463	125	294	1/1/2005	12/31/2006
26131120	Pompano, baked or broiled	463	125	294	1/1/2005	12/31/2006
26131140	Pompano, floured or breaded, fried	576	204	390	1/1/2005	12/31/2006
26131150	Pompano, battered, fried	116	83	100	1/1/2005	12/31/2006
26133110	Porgy, cooked, NS as to cooking method	630	203	416	1/1/2005	12/31/2006
26133120	Porgy, baked or broiled	456	100	278	1/1/2005	12/31/2006
26133130	Porgy, breaded or battered, baked	666	301	484	1/1/2005	12/31/2006
26133140	Porgy, floured or breaded, fried	630	203	416	1/1/2005	12/31/2006
26133150	Porgy, battered, fried	128	76	102	1/1/2005	12/31/2006
26135110	Ray, cooked, NS as to cooking method	481	144	312	1/1/2005	12/31/2006
26135120	Ray, baked or broiled	481	144	312	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26135140	Ray, floured or breaded, fried	589	218	404	1/1/2005	12/31/2006
26137120	Salmon, baked or broiled	428	118	273	1/1/2005	12/31/2006
26137140	Salmon, floured or breaded, fried	467	176	322	1/1/2005	12/31/2006
26137150	Salmon, battered, fried	118	85	102	1/1/2005	12/31/2006
26141110	Sea bass, cooked, NS as to cooking method	429	119	274	1/1/2005	12/31/2006
26141120	Sea bass, baked or broiled	429	119	274	1/1/2005	12/31/2006
26141130	Sea bass, breaded or battered, baked	466	210	338	1/1/2005	12/31/2006
26141140	Sea bass, floured or breaded, fried	467	177	322	1/1/2005	12/31/2006
26143110	Shark, cooked, NS as to cooking method	426	127	276	1/1/2005	12/31/2006
26143120	Shark, baked or broiled	426	127	276	1/1/2005	12/31/2006
26145110	Smelt, cooked, NS as to cooking method	571	199	385	1/1/2005	12/31/2006
26145120	Smelt, baked or broiled	456	119	288	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26145140	Smelt, floured or breaded, fried	571	199	385	1/1/2005	12/31/2006
26145150	Smelt, battered, fried	133	87	110	1/1/2005	12/31/2006
26147110	Sturgeon, cooked, NS as to cooking method	457	54	256	1/1/2005	12/31/2006
26147140	Sturgeon, floured or breaded, fried	385	143	264	1/1/2005	12/31/2006
26149110	Swordfish, cooked, NS as to cooking method	456	146	301	1/1/2005	12/31/2006
26149120	Swordfish, baked or broiled	456	146	301	1/1/2005	12/31/2006
26149140	Swordfish, floured or breaded, fried	419	177	298	1/1/2005	12/31/2006
26151110	Trout, cooked, NS as to cooking method	389	79	234	1/1/2005	12/31/2006
26151120	Trout, baked or broiled	374	76	225	1/1/2005	12/31/2006
26151130	Trout, breaded or battered, baked	422	155	288	1/1/2005	12/31/2006
26151140	Trout, floured or breaded, fried	452	161	306	1/1/2005	12/31/2006
26151150	Trout, battered, fried	109	74	92	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26153110	Tuna, fresh, cooked, NS as to cooking method	377	78	228	1/1/2005	12/31/2006
26153120	Tuna, fresh, baked or broiled	377	78	228	1/1/2005	12/31/2006
26153140	Tuna, fresh, floured or breaded, fried	369	126	248	1/1/2005	12/31/2006
26157110	Whiting, cooked, NS as to cooking method	417	119	268	1/1/2005	12/31/2006
26157120	Whiting, baked or broiled	417	119	268	1/1/2005	12/31/2006
26157130	Whiting, breaded or battered, baked	496	249	372	1/1/2005	12/31/2006
26157140	Whiting, floured or breaded, fried	402	160	281	1/1/2005	12/31/2006
26157150	Whiting, battered, fried	126	92	109	1/1/2005	12/31/2006
26203110	Frog legs, NS as to cooking method	521	255	388	1/1/2005	12/31/2006
26205110	Octopus, cooked, NS as to cooking method	572	322	447	1/1/2005	12/31/2006
26207110	Roe, shad, cooked	539	150	344	1/1/2005	12/31/2006
26213120	Squid, baked, broiled	397	89	243	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26213140	Squid, breaded, fried	389	138	264	1/1/2005	12/31/2006
26215120	Turtle (terrapin), cooked, NS as to cooking method	448	149	298	1/1/2005	12/31/2006
26301110	Abalone, cooked, NS as to cooking method	685	388	536	1/1/2005	12/31/2006
26301140	Abalone, floured or breaded, fried	620	337	478	1/1/2005	12/31/2006
26301160	Abalone, steamed or poached	1153	512	832	1/1/2005	12/31/2006
26303110	Clams, cooked, NS as to cooking method	400	150	275	1/1/2005	12/31/2006
26303120	Clams, baked or broiled	434	135	284	1/1/2005	12/31/2006
26303140	Clams, floured or breaded, fried	338	150	244	1/1/2005	12/31/2006
26303150	Clams, battered, fried	408	116	262	1/1/2005	12/31/2006
26303160	Clams, steamed or boiled	472	70	271	1/1/2005	12/31/2006
26304150	Conch, battered, fried	167	138	152	1/1/2005	12/31/2006
26305110	Crab, cooked, NS as to cooking method	600	279	440	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26305120	Crab, baked or broiled	556	318	437	1/1/2005	12/31/2006
26305160	Crab, hard shell, steamed	600	279	440	1/1/2005	12/31/2006
26307140	Crab, soft shell, floured or breaded, fried	543	320	432	1/1/2005	12/31/2006
26309140	Crayfish, floured or breaded, fried	337	118	228	1/1/2005	12/31/2006
26309160	Crayfish, boiled or steamed	416	94	255	1/1/2005	12/31/2006
26311110	Lobster, cooked, NS as to cooking method	700	380	540	1/1/2005	12/31/2006
26311120	Lobster, baked or broiled	630	386	508	1/1/2005	12/31/2006
26311130	Lobster, without shell, steamed or boiled	700	380	540	1/1/2005	12/31/2006
26311140	Lobster, floured or breaded, fried	615	374	494	1/1/2005	12/31/2006
26311150	Lobster, battered, fried	385	352	368	1/1/2005	12/31/2006
26311160	Lobster, steamed or boiled	700	380	540	1/1/2005	12/31/2006
26313110	Mussels, cooked, NS as to cooking method	695	401	548	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26313160	Mussels, steamed or poached	1128	486	807	1/1/2005	12/31/2006
26315110	Oysters, cooked, NS as to cooking method	613	368	490	1/1/2005	12/31/2006
26315120	Oysters, baked or broiled	492	254	373	1/1/2005	12/31/2006
26315130	Oysters, steamed	665	264	464	1/1/2005	12/31/2006
26315140	Oysters, floured or breaded, fried	534	292	413	1/1/2005	12/31/2006
26315150	Oysters, battered, fried	541	250	396	1/1/2005	12/31/2006
26317110	Scallops, cooked, NS as to cooking method	487	245	366	1/1/2005	12/31/2006
26317120	Scallops, baked or broiled	538	231	384	1/1/2005	12/31/2006
26317130	Scallops, steamed or boiled	430	185	308	1/1/2005	12/31/2006
26317140	Scallops, floured or breaded, fried	487	245	366	1/1/2005	12/31/2006
26317150	Scallops, battered, fried	498	207	352	1/1/2005	12/31/2006
26319110	Shrimp, cooked, NS as to cooking method	613	172	392	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26319120	Shrimp, baked or broiled	522	215	368	1/1/2005	12/31/2006
26319130	Shrimp, steamed or boiled	589	166	378	1/1/2005	12/31/2006
26319140	Shrimp, floured, breaded, or battered, fried	487	196	342	1/1/2005	12/31/2006
26321160	Snails, steamed or poached	993	350	672	1/1/2005	12/31/2006
27111000	Beef with tomato-based sauce (mixture)	410	155	282	1/1/2005	12/31/2006
27111050	Spaghetti sauce with beef or meat other than lamb or mutton, homemade-style	490	304	397	1/1/2005	12/31/2006
27111100	Beef goulash	225	76	150	1/1/2005	12/31/2006
27111300	Mexican style beef stew, no potatoes, tomato-based sauce (mixture) (Carne guisada sin papas)	721	228	474	1/1/2005	12/31/2006
27111310	Mexican style beef stew, no potatoes, with chili peppers, tomato-based sauce (mixture) (Carne guisada con chile)	543	173	358	1/1/2005	12/31/2006
27111400	Chili con carne, NS as to beans	480	246	363	1/1/2005	12/31/2006
27111410	Chili con carne with beans	480	246	363	1/1/2005	12/31/2006
27111420	Chili con carne without beans	553	237	395	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27111430	Chili con carne, NS as to beans, with cheese	491	276	384	1/1/2005	12/31/2006
27111440	Chili con carne with beans and cheese	491	276	384	1/1/2005	12/31/2006
27111500	Beef sloppy joe (no bun)	617	411	514	1/1/2005	12/31/2006
27112000	Beef with gravy (mixture)	260	60	160	1/1/2005	12/31/2006
27112010	Salisbury steak with gravy (mixture)	812	375	594	1/1/2005	12/31/2006
27113000	Beef with cream or white sauce (mixture)	256	112	184	1/1/2005	12/31/2006
27113100	Beef stroganoff	451	252	352	1/1/2005	12/31/2006
27113300	Swedish meatballs with cream or white sauce (mixture)	477	137	307	1/1/2005	12/31/2006
27115000	Beef with soy-based sauce (mixture)	454	344	399	1/1/2005	12/31/2006
27116100	Beef curry	589	321	455	1/1/2005	12/31/2006
27116300	Beef with sweet and sour sauce (mixture)	509	342	426	1/1/2005	12/31/2006
27116350	Stewed, seasoned, ground beef, Mexican style (Picadillo de carne de rez)	231	53	142	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27118110	Meatballs, Puerto Rican style (Albondigas guisadas)	796	543	670	1/1/2005	12/31/2006
27118120	Stewed seasoned ground beef, Puerto Rican style (Picadillo guisado, picadillo de carne)	641	305	473	1/1/2005	12/31/2006
27118140	Stuffed pot roast, Puerto Rican style, NFS (assume with gravy and stuffing)	582	225	404	1/1/2005	12/31/2006
27118180	Puerto Rican style beef stew, meat with gravy (potatoes reported separately)	435	172	304	1/1/2005	12/31/2006
27120080	Ham stroganoff	696	638	667	1/1/2005	12/31/2006
27120100	Ham or pork with tomato-based sauce (mixture)	928	659	794	1/1/2005	12/31/2006
27120130	Mexican style pork stew, no potatoes, tomato-based sauce (mixture) (cerdo guisado sin papas)	434	129	282	1/1/2005	12/31/2006
27120150	Pork or ham with soy-based sauce (mixture)	1180	890	1035	1/1/2005	12/31/2006
27121000	Pork with chili and tomatoes (mixture) (Puerco con chile)	250	161	206	1/1/2005	12/31/2006
27121010	Stewed pork, Puerto Rican style	558	150	354	1/1/2005	12/31/2006
27121410	Chili con carne with beans, made with pork	404	246	325	1/1/2005	12/31/2006
27130040	Spaghetti sauce with lamb or mutton, homemade-style	431	308	370	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27130050	Lamb or mutton goulash	259	93	176	1/1/2005	12/31/2006
27130100	Lamb curry	210	137	174	1/1/2005	12/31/2006
27133010	Stewed goat, Puerto Rican style (Cabrito en fricase, chilindron de chivo)	716	337	526	1/1/2005	12/31/2006
27135020	Veal scallopini	353	280	316	1/1/2005	12/31/2006
27135030	Veal with cream sauce (mixture)	343	64	204	1/1/2005	12/31/2006
27135040	Veal with butter sauce (mixture)	552	198	375	1/1/2005	12/31/2006
27135050	Veal Marsala	199	121	160	1/1/2005	12/31/2006
27135110	Veal parmigiana	434	351	392	1/1/2005	12/31/2006
27136100	Chili con carne with venison/deer and beans	339	247	293	1/1/2005	12/31/2006
27141000	Chicken or turkey cacciatore	250	99	174	1/1/2005	12/31/2006
27141030	Spaghetti sauce with poultry, home-made style	437	313	375	1/1/2005	12/31/2006
27141050	Stewed chicken with tomato-based sauce, Mexican style (mixture) (Pollo guisado con tomate)	266	124	195	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27141500	Chili con carne with chicken or turkey and beans	372	232	302	1/1/2005	12/31/2006
27142100	Chicken or turkey fricassee	285	207	246	1/1/2005	12/31/2006
27143000	Chicken or turkey with cream sauce (mixture)	266	122	194	1/1/2005	12/31/2006
27146050	Chicken wing with hot pepper sauce	203	79	141	1/1/2005	12/31/2006
27146150	Chicken curry	503	244	374	1/1/2005	12/31/2006
27146300	Chicken or turkey parmigiana	430	347	388	1/1/2005	12/31/2006
27146400	Chicken kiev	378	148	263	1/1/2005	12/31/2006
27148010	Stuffed chicken, drumstick or breast, Puerto Rican style (Muslo de pollo o pechuga rellena)	793	323	558	1/1/2005	12/31/2006
27150020	Crab, deviled	657	531	594	1/1/2005	12/31/2006
27150030	Crab imperial	420	258	339	1/1/2005	12/31/2006
27150050	Fish timbale or mousse	225	88	156	1/1/2005	12/31/2006
27150060	Lobster newburg	402	247	324	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27150100	Shrimp, curried	523	386	454	1/1/2005	12/31/2006
27150130	Seafood newburg	363	207	285	1/1/2005	12/31/2006
27150140	Clam sauce, white	467	115	291	1/1/2005	12/31/2006
27150160	Shrimp with lobster sauce (mixture)	915	617	766	1/1/2005	12/31/2006
27150190	Lobster sauce (broth-based)	865	296	580	1/1/2005	12/31/2006
27151030	Marinated fish (Ceviche)	130	37	84	1/1/2005	12/31/2006
27151040	Crabs in tomato-based sauce, Puerto Rican style (mixture) (Salmorejo de jueyes)	550	198	374	1/1/2005	12/31/2006
27151050	Shrimp in garlic sauce, Puerto Rican style (mixture) (Camarones al ajillo)	530	253	392	1/1/2005	12/31/2006
27160100	Meatballs, NS as to type of meat, with sauce (mixture)	787	125	456	1/1/2005	12/31/2006
27161010	Puerto Rican style meat loaf (Albondigon)	630	63	346	1/1/2005	12/31/2006
27162010	Meat with tomato-based sauce (mixture)	326	258	292	1/1/2005	12/31/2006
27162050	Spaghetti sauce with combination of meats, homemade-style	472	311	392	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27162060	Spaghetti sauce with meat and vegetables, homemade-style	223	108	166	1/1/2005	12/31/2006
27162500	Stewed, seasoned, ground beef and pork, Mexican style (Picadillo de carne de rez y puerco)	343	48	196	1/1/2005	12/31/2006
27163010	Meat with gravy, NS as to type of meat (mixture)	261	121	191	1/1/2005	12/31/2006
27211000	Beef and potatoes, no sauce (mixture)	223	26	124	1/1/2005	12/31/2006
27211100	Beef stew with potatoes, tomato-based sauce (mixture)	196	61	128	1/1/2005	12/31/2006
27211110	Mexican style beef stew with potatoes, tomato-based sauce (mixture) (Carne guisada con papas)	363	115	239	1/1/2005	12/31/2006
27211150	Beef goulash with potatoes	180	62	121	1/1/2005	12/31/2006
27211200	Beef stew with potatoes, gravy	176	31	104	1/1/2005	12/31/2006
27211300	Beef (roast) hash	461	248	354	1/1/2005	12/31/2006
27211500	Beef and potatoes with cheese sauce (mixture)	486	377	432	1/1/2005	12/31/2006
27211550	Stewed, seasoned, ground beef with potatoes, Mexican style (Picadillo de carne de rez con papas)	173	38	106	1/1/2005	12/31/2006
27212000	Beef and noodles, no sauce (mixture)	430	45	238	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27212050	Beef and macaroni with cheese sauce (mixture)	399	321	360	1/1/2005	12/31/2006
27212120	Chili con carne with beans and macaroni	382	196	289	1/1/2005	12/31/2006
27212150	Beef goulash with noodles	165	46	106	1/1/2005	12/31/2006
27212200	Beef and noodles with gravy (mixture)	310	242	276	1/1/2005	12/31/2006
27212300	Beef and noodles with cream or white sauce (mixture)	322	91	206	1/1/2005	12/31/2006
27212350	Beef stroganoff with noodles	310	174	242	1/1/2005	12/31/2006
27213000	Beef and rice, no sauce (mixture)	516	290	403	1/1/2005	12/31/2006
27213100	Beef and rice with tomato-based sauce (mixture)	591	279	435	1/1/2005	12/31/2006
27213120	Porcupine balls with tomato-based sauce (mixture)	564	448	506	1/1/2005	12/31/2006
27213200	Beef and rice with gravy (mixture)	456	388	422	1/1/2005	12/31/2006
27213300	Beef and rice with cream sauce (mixture)	542	210	376	1/1/2005	12/31/2006
27213500	Beef and rice with soy-based sauce (mixture)	430	339	384	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27213600	Beef and rice with cheese sauce (mixture)	306	230	268	1/1/2005	12/31/2006
27214100	Meat loaf made with beef	414	135	274	1/1/2005	12/31/2006
27214110	Meat loaf made with beef, with tomato-based sauce	450	225	338	1/1/2005	12/31/2006
27214300	Beef wellington	183	67	125	1/1/2005	12/31/2006
27218110	Puerto Rican style stuffed pot roast (larded meat) with potatoes (Carne mechada con papas boliche)	917	422	670	1/1/2005	12/31/2006
27218210	Puerto Rican style beef stew with potatoes (Carne guisada con papas)	564	148	356	1/1/2005	12/31/2006
27220080	Ham croquette	859	763	811	1/1/2005	12/31/2006
27220110	Pork and rice with tomato-based sauce (mixture)	455	310	382	1/1/2005	12/31/2006
27220120	Sausage and rice with tomato-based sauce (mixture)	426	258	342	1/1/2005	12/31/2006
27220210	Ham and noodles, no sauce (mixture)	597	486	542	1/1/2005	12/31/2006
27220310	Ham or pork and rice, no sauce (mixture)	599	487	543	1/1/2005	12/31/2006
27220510	Ham or pork and potatoes with gravy (mixture)	312	198	255	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27221100	Stewed pig's feet, Puerto Rican style (Patitas de cerdo guisadas)	477	169	323	1/1/2005	12/31/2006
27221110	Stuffed pork roast, Puerto Rican style	413	214	314	1/1/2005	12/31/2006
27221150	Mexican style pork stew, with potatoes, tomato-based sauce (mixture) (cerdo guisado con papas)	390	117	254	1/1/2005	12/31/2006
27230010	Lamb or mutton loaf	526	190	358	1/1/2005	12/31/2006
27231000	Lamb or mutton and potatoes with gravy (mixture)	140	25	82	1/1/2005	12/31/2006
27232000	Lamb or mutton and potatoes with tomato-based sauce (mixture)	203	57	130	1/1/2005	12/31/2006
27235000	Meat loaf made with venison/deer	399	134	266	1/1/2005	12/31/2006
27235750	Veal and noodles with cream or white sauce (mixture)	329	101	215	1/1/2005	12/31/2006
27236000	Venison/deer and noodles with cream or white sauce (mixture)	315	88	202	1/1/2005	12/31/2006
27241000	Chicken or turkey hash	324	129	226	1/1/2005	12/31/2006
27242000	Chicken or turkey and noodles, no sauce (mixture)	129	28	78	1/1/2005	12/31/2006
27242200	Chicken or turkey and noodles with gravy (mixture)	334	145	240	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27242300	Chicken or turkey and noodles with cream or white sauce (mixture)	315	58	186	1/1/2005	12/31/2006
27242310	Chicken or turkey and noodles with cheese sauce (mixture)	218	167	192	1/1/2005	12/31/2006
27243000	Chicken or turkey and rice, no sauce (mixture)	379	279	329	1/1/2005	12/31/2006
27243300	Chicken or turkey and rice with cream sauce (mixture)	306	166	236	1/1/2005	12/31/2006
27243500	Chicken or turkey and rice with tomato-based sauce (mixture)	561	268	414	1/1/2005	12/31/2006
27246100	Chicken or turkey with dumplings (mixture)	377	99	238	1/1/2005	12/31/2006
27246300	Chicken or turkey cake, patty, or croquette	385	191	288	1/1/2005	12/31/2006
27246400	Chicken or turkey souffle	352	147	250	1/1/2005	12/31/2006
27246500	Meat loaf made with chicken or turkey	457	143	300	1/1/2005	12/31/2006
27250020	Clams, stuffed	553	215	384	1/1/2005	12/31/2006
27250060	Gefilte fish	275	49	162	1/1/2005	12/31/2006
27250070	Salmon cake or patty	559	423	491	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27250080	Salmon loaf	795	502	648	1/1/2005	12/31/2006
27250110	Scallops and noodles with cheese sauce (mixture)	336	230	283	1/1/2005	12/31/2006
27250130	Shrimp and noodles with cheese sauce (mixture)	319	213	266	1/1/2005	12/31/2006
27250210	Clam cake or patty	570	319	444	1/1/2005	12/31/2006
27250220	Oyster fritter	696	370	533	1/1/2005	12/31/2006
27250250	Flounder with crab stuffing	441	241	341	1/1/2005	12/31/2006
27250260	Lobster with bread stuffing, baked	618	444	531	1/1/2005	12/31/2006
27250270	Clams Casino	352	209	280	1/1/2005	12/31/2006
27250410	Shrimp with crab stuffing	500	260	380	1/1/2005	12/31/2006
27250450	Shrimp toast, fried	932	274	603	1/1/2005	12/31/2006
27250500	Kamaboko (Japanese fish cake)	846	61	454	1/1/2005	12/31/2006
27250510	Fish cake (Kamaboko) tempura	872	60	466	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27250520	Seafood restructured	846	61	454	1/1/2005	12/31/2006
27250550	Seafood souffle	441	236	338	1/1/2005	12/31/2006
27250610	Tuna noodle casserole with cream or white sauce	223	195	209	1/1/2005	12/31/2006
27250810	Fish and rice with tomato-based sauce	471	321	396	1/1/2005	12/31/2006
27250820	Fish and rice with cream sauce	310	159	234	1/1/2005	12/31/2006
27251010	Stewed salmon, Puerto Rican style (Salmon guisado)	533	391	462	1/1/2005	12/31/2006
27260010	Meat loaf, NS as to type of meat	414	135	274	1/1/2005	12/31/2006
27260050	Meatballs, with breading, NS as to type of meat, with gravy	472	291	382	1/1/2005	12/31/2006
27260080	Meat loaf made with beef and pork	407	131	269	1/1/2005	12/31/2006
27260090	Meat loaf made with beef, veal and pork	408	128	268	1/1/2005	12/31/2006
27260100	Meat loaf made with beef and pork, with tomato-based sauce	448	223	336	1/1/2005	12/31/2006
27260500	Vienna sausages stewed with potatoes, Puerto Rican style (Salchichas guisadas)	488	410	449	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27260510	Liver dumpling	763	273	518	1/1/2005	12/31/2006
27261000	Breaded brains, Puerto Rican style (Sesos rebosados)	319	81	200	1/1/2005	12/31/2006
27261500	Stewed, seasoned, ground beef and pork, with potatoes, Mexican style (Picadillo de carne de rez y puerco con papas)	193	42	118	1/1/2005	12/31/2006
27311110	Beef, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	276	47	162	1/1/2005	12/31/2006
27311120	Beef, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	278	48	163	1/1/2005	12/31/2006
27311210	Corned beef, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	324	256	290	1/1/2005	12/31/2006
27311220	Corned beef, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	332	277	304	1/1/2005	12/31/2006
27311310	Beef stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	314	244	279	1/1/2005	12/31/2006
27311320	Beef stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	218	53	136	1/1/2005	12/31/2006
27311410	Beef stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy	200	46	123	1/1/2005	12/31/2006
27311420	Beef stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy	214	43	128	1/1/2005	12/31/2006
27311510	Shepherd's pie with beef	242	111	176	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27313010	Beef, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	253	43	148	1/1/2005	12/31/2006
27313020	Beef, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	255	45	150	1/1/2005	12/31/2006
27313210	Beef, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	268	104	186	1/1/2005	12/31/2006
27313220	Beef, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	295	110	202	1/1/2005	12/31/2006
27313410	Beef, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	403	312	358	1/1/2005	12/31/2006
27313420	Beef, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	405	314	360	1/1/2005	12/31/2006
27315010	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	252	42	147	1/1/2005	12/31/2006
27315020	Beef, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	255	43	149	1/1/2005	12/31/2006
27315210	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	268	103	186	1/1/2005	12/31/2006
27315220	Beef, rice, and vegetables (excluding carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	263	110	186	1/1/2005	12/31/2006
27315250	Stuffed cabbage rolls with beef and rice	359	180	270	1/1/2005	12/31/2006
27315410	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	434	157	296	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27315420	Beef, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	399	140	270	1/1/2005	12/31/2006
27315510	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), soy-based sauce (mixture)	254	189	222	1/1/2005	12/31/2006
27315520	Beef, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), soy-based sauce (mixture)	269	198	234	1/1/2005	12/31/2006
27317010	Beef pot pie	310	149	230	1/1/2005	12/31/2006
27317100	Beef, dumplings, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	429	317	373	1/1/2005	12/31/2006
27317110	Beef, dumplings, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	491	359	425	1/1/2005	12/31/2006
27319010	Stuffed green pepper, Puerto Rican style (Pimiento relleno)	652	320	486	1/1/2005	12/31/2006
27320020	Ham pot pie	604	421	512	1/1/2005	12/31/2006
27320030	Ham or pork, noodles and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)	718	471	594	1/1/2005	12/31/2006
27320040	Pork, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	366	33	200	1/1/2005	12/31/2006
27320070	Ham or pork, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	700	441	570	1/1/2005	12/31/2006
27320080	Sausage, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	567	491	529	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27320090	Sausage, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	558	484	521	1/1/2005	12/31/2006
27320100	Pork, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	429	196	312	1/1/2005	12/31/2006
27320110	Pork, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	456	227	342	1/1/2005	12/31/2006
27320120	Sausage, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	440	350	395	1/1/2005	12/31/2006
27320130	Sausage, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	441	352	396	1/1/2005	12/31/2006
27320140	Pork, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	417	183	300	1/1/2005	12/31/2006
27320150	Pork, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	434	209	322	1/1/2005	12/31/2006
27320210	Pork, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	367	32	200	1/1/2005	12/31/2006
27320340	Pork, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	310	222	266	1/1/2005	12/31/2006
27320350	Pork, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	325	230	278	1/1/2005	12/31/2006
27320410	Ham, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	451	391	421	1/1/2005	12/31/2006
27320450	Ham, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	675	560	618	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27330010	Shepherd's pie with lamb	344	266	305	1/1/2005	12/31/2006
27330030	Lamb or mutton stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy	289	122	206	1/1/2005	12/31/2006
27330050	Lamb or mutton, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	399	217	308	1/1/2005	12/31/2006
27330060	Lamb or mutton, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	451	180	316	1/1/2005	12/31/2006
27330080	Lamb or mutton, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy	291	97	194	1/1/2005	12/31/2006
27330110	Lamb or mutton stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy	234	123	178	1/1/2005	12/31/2006
27330210	Lamb or mutton stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	284	119	202	1/1/2005	12/31/2006
27330220	Lamb or mutton stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	285	120	202	1/1/2005	12/31/2006
27331150	Veal fricassee, Puerto Rican style (ternera en fricase)	630	305	468	1/1/2005	12/31/2006
27332100	Veal stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	242	65	154	1/1/2005	12/31/2006
27332110	Veal stew with potatoes and vegetables (excluding carrots, broccoli, and/or dark-green leafy), tomato-based sauce	222	57	140	1/1/2005	12/31/2006
27335100	Rabbit stew with potatoes and vegetables	282	19	150	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27335500	Stewed rabbit, Puerto Rican style (Fricase de conejo)	451	121	286	1/1/2005	12/31/2006
27336100	Venison/deer stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	216	73	144	1/1/2005	12/31/2006
27336150	Venison/deer stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	230	71	150	1/1/2005	12/31/2006
27336200	Venison/deer, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	190	30	110	1/1/2005	12/31/2006
27336250	Venison/deer, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	191	25	108	1/1/2005	12/31/2006
27336300	Venison/deer, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	224	125	174	1/1/2005	12/31/2006
27336310	Venison/deer, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	230	129	180	1/1/2005	12/31/2006
27341010	Chicken or turkey, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	244	52	148	1/1/2005	12/31/2006
27341020	Chicken or turkey, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	274	82	178	1/1/2005	12/31/2006
27341310	Chicken or turkey stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy	197	35	116	1/1/2005	12/31/2006
27341320	Chicken or turkey stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy	200	42	121	1/1/2005	12/31/2006
27341510	Chicken or turkey stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	243	81	162	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27341520	Chicken or turkey stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	245	88	166	1/1/2005	12/31/2006
27343010	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	217	85	151	1/1/2005	12/31/2006
27343020	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	257	128	192	1/1/2005	12/31/2006
27343410	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	224	127	176	1/1/2005	12/31/2006
27343420	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	324	224	274	1/1/2005	12/31/2006
27343510	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	191	84	138	1/1/2005	12/31/2006
27343520	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	250	143	196	1/1/2005	12/31/2006
27343910	Chicken or turkey chow mein or chop suey with noodles	479	358	418	1/1/2005	12/31/2006
27343950	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), cheese sauce (mixture)	300	151	226	1/1/2005	12/31/2006
27343960	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)	314	157	236	1/1/2005	12/31/2006
27345010	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	216	34	125	1/1/2005	12/31/2006
27345020	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	181	22	102	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27345210	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	258	144	201	1/1/2005	12/31/2006
27345220	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	316	196	256	1/1/2005	12/31/2006
27345440	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), cheese sauce (mixture)	190	138	164	1/1/2005	12/31/2006
27345450	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)	246	176	211	1/1/2005	12/31/2006
27345510	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	188	63	126	1/1/2005	12/31/2006
27345520	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	216	96	156	1/1/2005	12/31/2006
27347100	Chicken or turkey pot pie	262	112	187	1/1/2005	12/31/2006
27347200	Chicken or turkey, stuffing, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	354	237	296	1/1/2005	12/31/2006
27347220	Chicken or turkey, stuffing, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	371	236	304	1/1/2005	12/31/2006
27347230	Chicken or turkey, stuffing, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	457	341	399	1/1/2005	12/31/2006
27347240	Chicken or turkey, dumplings, and vegetables (including carrots, broccoli, and/or dark green leafy), gravy (mixture)	286	167	226	1/1/2005	12/31/2006
27347250	Chicken or turkey, dumplings, and vegetables (excluding carrots, broccoli, and dark green leafy), gravy (mixture)	348	293	320	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27348100	Chicken fricassee, Puerto Rican style (Fricase de pollo)	607	307	457	1/1/2005	12/31/2006
27350020	Paella with seafood	529	191	360	1/1/2005	12/31/2006
27350030	Seafood stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-base sauce	394	186	290	1/1/2005	12/31/2006
27350040	Shad creole, with rice	324	192	258	1/1/2005	12/31/2006
27350050	Shrimp chow mein or chop suey with noodles	579	451	515	1/1/2005	12/31/2006
27350070	Tuna pot pie	254	216	235	1/1/2005	12/31/2006
27350110	Bouillabaisse	249	183	216	1/1/2005	12/31/2006
27350200	Oyster pie	331	118	224	1/1/2005	12/31/2006
27350310	Seafood stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-base sauce	403	192	298	1/1/2005	12/31/2006
27351020	Codfish salad, Puerto Rican style (Gazpacho de bacalao)	378	219	298	1/1/2005	12/31/2006
27351050	Codfish salad, Puerto Rican style (Ensalada de bacalao)	266	174	220	1/1/2005	12/31/2006
27360000	Stew, NFS	211	54	132	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27360010	Goulash, NFS	150	53	102	1/1/2005	12/31/2006
27360050	Meat pie, NFS	383	222	302	1/1/2005	12/31/2006
27360090	Paella, NFS	604	257	430	1/1/2005	12/31/2006
27360100	Brunswick stew	222	160	191	1/1/2005	12/31/2006
27361010	Stewed variety meats, Puerto Rican style (mostly liver) (Gandinga)	338	42	190	1/1/2005	12/31/2006
27362000	Stewed tripe, Puerto Rican style, with potatoes (Mondongo)	562	225	394	1/1/2005	12/31/2006
27363000	Gumbo with rice (New Orleans type with shellfish, pork, and/or poultry, tomatoes, okra, rice)	376	221	298	1/1/2005	12/31/2006
27363100	Jambalaya with meat and rice	200	109	154	1/1/2005	12/31/2006
27410210	Beef and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), no sauce (mixture)	425	167	296	1/1/2005	12/31/2006
27410220	Beef and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)	407	157	282	1/1/2005	12/31/2006
27410250	Beef shish kabob with vegetables, excluding potatoes	277	22	150	1/1/2005	12/31/2006
27411100	Beef with vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-based sauce (mixture)	331	49	190	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27411120	Swiss steak	252	82	167	1/1/2005	12/31/2006
27411150	Beef rolls, stuffed with vegetables or meat mixture, tomato-based sauce	363	163	263	1/1/2005	12/31/2006
27411200	Beef with vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), tomato-based sauce (mixture)	365	252	308	1/1/2005	12/31/2006
27415200	Beef and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce (mixture)	360	212	286	1/1/2005	12/31/2006
27416200	Beef, ground, with egg and onion (mixture)	749	72	410	1/1/2005	12/31/2006
27416450	Beef and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), gravy (mixture)	361	37	199	1/1/2005	12/31/2006
27418110	Seasoned shredded soup meat (Ropa vieja, sopa de carne ripiada)	235	48	142	1/1/2005	12/31/2006
27418210	Puerto Rican style beef stew with vegetables, excluding potatoes (Carne a la Judia)	571	155	363	1/1/2005	12/31/2006
27418410	Beef steak with onions, Puerto Rican style (mixture) (Biftec encebollado)	1002	48	525	1/1/2005	12/31/2006
27420060	Pork and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), no sauce (mixture)	287	47	167	1/1/2005	12/31/2006
27420110	Pork and vegetables, Hawaiian style (mixture)	189	22	106	1/1/2005	12/31/2006
27420120	Pork and watercress with soy-based sauce (mixture)	400	192	296	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27420200	Pork hash, Hawaiian style-ground pork, vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce	498	148	323	1/1/2005	12/31/2006
27420250	Ham and vegetables (including carrots, broccoli, and/or dark- green leafy (no potatoes)), no sauce (mixture)	749	624	686	1/1/2005	12/31/2006
27420270	Ham and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)	732	606	669	1/1/2005	12/31/2006
27420350	Pork and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)	230	48	139	1/1/2005	12/31/2006
27420370	Pork, tofu, and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce (mixture)	604	553	578	1/1/2005	12/31/2006
27420400	Pork and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-based sauce (mixture)	267	81	174	1/1/2005	12/31/2006
27420410	Pork and vegetables (excluding carrots, broccoli, and dark- green leafy (no potatoes)), tomato-based sauce (mixture)	263	72	168	1/1/2005	12/31/2006
27420500	Pork and vegetables (including carrots, broccoli, and/or dark-green leafy), soy-based sauce (mixture)	343	211	277	1/1/2005	12/31/2006
27420510	Pork and vegetables (excluding carrots, broccoli, and dark- green leafy), soy-based sauce (mixture)	361	213	287	1/1/2005	12/31/2006
27421010	Stuffed christophine, Puerto Rican style (Chayote relleno)	313	128	220	1/1/2005	12/31/2006
27422010	Pork chop stewed with vegetables, Puerto Rican style (mixture) (Chuletas a la jardinera)	430	147	288	1/1/2005	12/31/2006
27430400	Lamb or mutton stew with vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), gravy	376	184	280	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27430410	Lamb or mutton stew with vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), gravy	377	185	281	1/1/2005	12/31/2006
27430500	Veal goulash with vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), tomato-base sauce	229	80	154	1/1/2005	12/31/2006
27430510	Veal goulash with vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-base sauce	241	87	164	1/1/2005	12/31/2006
27430580	Veal with vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), cream or white sauce	200	127	164	1/1/2005	12/31/2006
27430590	Veal with vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), cream or white sauce	224	136	180	1/1/2005	12/31/2006
27430610	Lamb shish kabob with vegetables, excluding potatoes	292	37	164	1/1/2005	12/31/2006
27440110	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), no sauce (mixture)	259	79	169	1/1/2005	12/31/2006
27440120	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)	255	78	166	1/1/2005	12/31/2006
27441120	Chicken or turkey creole, without rice	243	163	203	1/1/2005	12/31/2006
27442110	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), gravy (mixture)	302	44	173	1/1/2005	12/31/2006
27442120	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), gravy (mixture)	286	38	162	1/1/2005	12/31/2006
27445110	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), soy-based sauce (mixture)	380	308	344	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27445120	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce (mixture)	480	383	432	1/1/2005	12/31/2006
27446350	Oriental chicken or turkey garden salad (chicken and/or turkey, lettuce, fruit, nuts), no dressing	72	50	61	1/1/2005	12/31/2006
27446400	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), cheese sauce (mixture)	487	172	330	1/1/2005	12/31/2006
27446410	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), cheese sauce (mixture)	398	139	268	1/1/2005	12/31/2006
27448020	Chicken or turkey fricassee, with sauce, no potatoes, Puerto Rican style (potatoes reported separately)	484	296	390	1/1/2005	12/31/2006
27448030	Chicken or turkey fricassee, no sauce, no potatoes, Puerto Rican style (sauce and potatoes reported separately)	482	64	273	1/1/2005	12/31/2006
27450040	Shrimp chow mein or chop suey, no noodles	480	451	466	1/1/2005	12/31/2006
27450150	Fish, tofu, and vegetables, tempura, Hawaiian style (mixture)	385	118	252	1/1/2005	12/31/2006
27450250	Oysters Rockefeller	497	334	416	1/1/2005	12/31/2006
27450410	Shrimp and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), soy-based sauce (mixture)	391	152	272	1/1/2005	12/31/2006
27450420	Shrimp and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce (mixture)	409	155	282	1/1/2005	12/31/2006
27450700	Fish and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-based sauce (mixture)	420	180	300	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27450710	Fish and vegetables (excluding carrots, broccoli, and dark- green leafy (no potatoes)), tomato-based sauce (mixture)	418	180	299	1/1/2005	12/31/2006
27451010	Fried fish with sauce, Puerto Rican style (Pescado frito con mojo)	678	192	435	1/1/2005	12/31/2006
27451030	Lobster with sauce, Puerto Rican style (Langosta a la criolla)	661	352	506	1/1/2005	12/31/2006
27451070	Codfish salad, Puerto Rican style (Serenata)	418	100	259	1/1/2005	12/31/2006
27460100	Lau lau (pork and fish wrapped in taro or spinach leaves)	822	99	460	1/1/2005	12/31/2006
27460710	Livers, chicken, chopped, with eggs and onion (mixture)	1049	56	552	1/1/2005	12/31/2006
27463000	Stewed gizzards, Puerto Rican style (Mollejitas guisadas)	409	174	292	1/1/2005	12/31/2006
27464000	Gumbo, no rice (New Orleans type with shellfish, pork, and/or poultry, tomatoes, okra)	421	247	334	1/1/2005	12/31/2006
31102000	Egg, whole, cooked, NS as to cooking method	358	205	282	1/1/2005	12/31/2006
31103000	Egg, whole, boiled	278	124	201	1/1/2005	12/31/2006
31104000	Egg, whole, poached	294	140	217	1/1/2005	12/31/2006
31105000	Egg, whole, fried	533	200	366	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
31105010	Egg, whole, fried without fat	507	159	333	1/1/2005	12/31/2006
31106000	Egg, whole, baked, NS as to fat added in cooking	388	232	310	1/1/2005	12/31/2006
31106010	Egg, whole, baked, fat not added in cooking	327	156	242	1/1/2005	12/31/2006
31106020	Egg, whole, baked, fat added in cooking	388	232	310	1/1/2005	12/31/2006
31109010	Egg, white only, cooked	320	166	243	1/1/2005	12/31/2006
31111010	Egg, yolk only, cooked	202	48	125	1/1/2005	12/31/2006
31201000	Duck egg, cooked	300	146	223	1/1/2005	12/31/2006
31202000	Goose egg, cooked	292	138	215	1/1/2005	12/31/2006
32101000	Egg, creamed	320	252	286	1/1/2005	12/31/2006
32102000	Egg, deviled	302	161	232	1/1/2005	12/31/2006
32103000	Egg salad	362	254	308	1/1/2005	12/31/2006
32104100	Egg, scrambled, made from dry eggs	424	235	330	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
32104900	Egg omelet or scrambled egg, NS as to fat added in cooking	410	160	285	1/1/2005	12/31/2006
32104950	Egg omelet or scrambled egg, fat not added in cooking	363	122	242	1/1/2005	12/31/2006
32105000	Egg omelet or scrambled egg, fat added in cooking	384	152	268	1/1/2005	12/31/2006
32105010	Egg omelet or scrambled egg, with cheese	556	362	459	1/1/2005	12/31/2006
32105020	Egg omelet or scrambled egg, with fish	418	218	318	1/1/2005	12/31/2006
32105030	Egg omelet or scrambled egg, with ham or bacon	645	478	562	1/1/2005	12/31/2006
32105040	Egg omelet or scrambled egg, with dark-green vegetables	326	136	231	1/1/2005	12/31/2006
32105050	Egg omelet or scrambled egg, with vegetables other than dark-green vegetables	351	160	256	1/1/2005	12/31/2006
32105060	Egg omelet or scrambled egg, with peppers, onion, and ham	468	298	383	1/1/2005	12/31/2006
32105070	Egg omelet or scrambled egg, with mushrooms	404	220	312	1/1/2005	12/31/2006
32105080	Egg omelet or scrambled egg, with cheese and ham or bacon	661	495	578	1/1/2005	12/31/2006
32105085	Egg omelet or scrambled egg, with cheese, ham or bacon, and tomatoes	511	382	446	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
32105100	Egg omelet or scrambled egg, with potatoes and/or onions (Tortilla Espanola, traditional style Spanish omelet)	137	96	116	1/1/2005	12/31/2006
32105110	Egg omelet or scrambled egg, with beef	362	135	248	1/1/2005	12/31/2006
32105120	Egg omelet or scrambled egg, with sausage and mushrooms	441	247	344	1/1/2005	12/31/2006
32105121	Egg omelet or scrambled egg, with sausage and cheese	447	387	417	1/1/2005	12/31/2006
32105122	Egg omelet or scrambled egg, with sausage	409	351	380	1/1/2005	12/31/2006
32105125	Egg omelet or scrambled egg, with hot dogs	500	445	472	1/1/2005	12/31/2006
32105130	Egg omelet or scrambled egg, with onions, peppers, tomatoes, and mushrooms	230	121	176	1/1/2005	12/31/2006
32105150	Egg omelet or scrambled egg, with chili, cheese, tomatoes, and beans	431	262	346	1/1/2005	12/31/2006
32105160	Egg omelet or scrambled egg, with chorizo	542	349	446	1/1/2005	12/31/2006
32105170	Egg omelet or scrambled egg with chicken	294	125	210	1/1/2005	12/31/2006
32105190	Egg casserole with bread, cheese, milk and meat	518	491	504	1/1/2005	12/31/2006
32105310	Ripe plantain omelet, Puerto Rican style (Tortilla de amarillo)	429	68	248	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
32105330	Scrambled eggs with jerked beef, Puerto Rican style (Revoltillo de tasajo)	1545	1314	1430	1/1/2005	12/31/2006
32110100	Eggs a la Malaguena, Puerto Rican style (Huevos a la Malaguena)	724	394	559	1/1/2005	12/31/2006
33201010	Scrambled egg, made from cholesterol-free frozen mixture	417	206	312	1/1/2005	12/31/2006
33201110	Scrambled egg, made from cholesterol-free frozen mixture with cheese	503	309	406	1/1/2005	12/31/2006
33201500	Scrambled egg, made from cholesterol-free frozen mixture with vegetables	361	166	264	1/1/2005	12/31/2006
33202010	Scrambled egg, made from frozen mixture	340	155	248	1/1/2005	12/31/2006
33301010	Scrambled egg, made from packaged liquid mixture	393	189	291	1/1/2005	12/31/2006
41101000	Beans, dry, cooked, NS as to type and as to fat added in cooking	196	3	100	1/1/2005	12/31/2006
41101010	Beans, dry, cooked, NS as to type, fat added in cooking	196	3	100	1/1/2005	12/31/2006
41101020	Beans, dry, cooked, NS as to type, fat not added in cooking	235	4	120	1/1/2005	12/31/2006
41101100	White beans, dry, cooked, NS as to fat added in cooking	198	6	102	1/1/2005	12/31/2006
41101110	White beans, dry, cooked, fat added in cooking	198	6	102	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41101120	White beans, dry, cooked, fat not added in cooking	237	6	122	1/1/2005	12/31/2006
41102000	Black, brown, or Bayo beans, dry, cooked, NS as to fat added in cooking	235	4	120	1/1/2005	12/31/2006
41102010	Black, brown, or Bayo beans, dry, cooked, fat added in cooking	197	4	100	1/1/2005	12/31/2006
41102020	Black, brown, or Bayo beans, dry, cooked, fat not added in cooking	214	4	109	1/1/2005	12/31/2006
41102200	Fava beans, cooked, NS as to fat added in cooking	236	5	120	1/1/2005	12/31/2006
41102210	Fava beans, cooked, fat added in cooking	236	5	120	1/1/2005	12/31/2006
41102220	Fava beans, cooked, fat not added in cooking	236	5	120	1/1/2005	12/31/2006
41103000	Lima beans, dry, cooked, NS as to fat added in cooking	195	2	98	1/1/2005	12/31/2006
41103010	Lima beans, dry, cooked, fat added in cooking	195	2	98	1/1/2005	12/31/2006
41103020	Lima beans, dry, cooked, fat not added in cooking	233	2	118	1/1/2005	12/31/2006
41103050	Pink beans, dry, cooked, NS as to fat added in cooking	195	2	98	1/1/2005	12/31/2006
41103060	Pink beans, dry, cooked, fat not added in cooking	195	2	98	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41103070	Pink beans, dry, cooked, fat added in cooking	195	2	98	1/1/2005	12/31/2006
41104000	Pinto, calico, or red Mexican beans, dry, cooked, NS as to fat added in cooking	199	6	102	1/1/2005	12/31/2006
41104010	Pinto, calico, or red Mexican beans, dry, cooked, fat added in cooking	199	6	102	1/1/2005	12/31/2006
41104020	Pinto, calico, or red Mexican beans, dry, cooked, fat not added in cooking	216	6	111	1/1/2005	12/31/2006
41106000	Red kidney beans, dry, cooked, NS as to fat added in cooking	195	2	98	1/1/2005	12/31/2006
41106010	Red kidney beans, dry, cooked, fat added in cooking	195	2	98	1/1/2005	12/31/2006
41106020	Red kidney beans, dry, cooked, fat not added in cooking	233	2	118	1/1/2005	12/31/2006
41107000	Soybeans, cooked, fat not added in cooking	232	1	116	1/1/2005	12/31/2006
41108000	Mung beans, fat not added in cooking	232	7	120	1/1/2005	12/31/2006
41108010	Mung beans, fat added in cooking	215	7	111	1/1/2005	12/31/2006
41108020	Mung beans, NS as to fat added in cooking	215	7	111	1/1/2005	12/31/2006
41201010	Baked beans, NFS	446	265	356	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41204020	Boston baked beans	455	93	274	1/1/2005	12/31/2006
41205010	Refried beans	281	155	218	1/1/2005	12/31/2006
41205020	Refried beans with cheese	299	179	239	1/1/2005	12/31/2006
41205030	Refried beans with meat	423	279	351	1/1/2005	12/31/2006
41205050	Bean dip, made with refried beans	1168	6	587	1/1/2005	12/31/2006
41205100	Black bean sauce	751	410	580	1/1/2005	12/31/2006
41207030	Beans, dry, cooked with ground beef	467	396	432	1/1/2005	12/31/2006
41208100	Beans, dry, cooked with pork	401	168	284	1/1/2005	12/31/2006
41209000	Falafil	467	152	310	1/1/2005	12/31/2006
41210000	Bean cake	187	1	94	1/1/2005	12/31/2006
41210090	Stewed beans with pork, tomatoes, and chili peppers, Mexican style (Frijoles a la charra)	298	161	230	1/1/2005	12/31/2006
41210100	Stewed red beans, Puerto Rican style (Habichuelas coloradas guisadas)	255	79	167	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41210110	Stewed dry lima beans, Puerto Rican style	253	68	160	1/1/2005	12/31/2006
41210120	Stewed white beans, Puerto Rican style	670	32	351	1/1/2005	12/31/2006
41210150	Stewed pink beans with white potatoes and ham, Puerto Rican style	244	61	152	1/1/2005	12/31/2006
41210160	Stewed pink beans with pig's feet, Puerto Rican style	302	77	190	1/1/2005	12/31/2006
41210170	Stewed red beans with pig's feet, Puerto Rican style	302	78	190	1/1/2005	12/31/2006
41210180	Stewed white beans with pig's feet, Puerto Rican style	302	78	190	1/1/2005	12/31/2006
41210190	Stewed red beans with pig's feet and potatoes, Puerto Rican style	303	78	190	1/1/2005	12/31/2006
41210200	Black beans, Cuban style (Habichuelas negras guisadas a la Cubana)	414	12	213	1/1/2005	12/31/2006
41301000	Cowpeas, dry, cooked, NS as to fat added in cooking	235	4	120	1/1/2005	12/31/2006
41301010	Cowpeas, dry, cooked, fat added in cooking	235	4	120	1/1/2005	12/31/2006
41301020	Cowpeas, dry, cooked, fat not added in cooking	235	4	120	1/1/2005	12/31/2006
41302000	Chickpeas, dry, cooked, NS as to fat added in cooking	243	12	128	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41302010	Chickpeas, dry, cooked, fat added in cooking	243	12	128	1/1/2005	12/31/2006
41302020	Chickpeas, dry, cooked, fat not added in cooking	243	13	128	1/1/2005	12/31/2006
41303010	Green or yellow split peas, dry, cooked, fat added in cooking	222	2	112	1/1/2005	12/31/2006
41303020	Green or yellow split peas, dry, cooked, NS as to fat added in cooking	222	2	112	1/1/2005	12/31/2006
41303500	Stewed green peas, Puerto Rican style	203	47	125	1/1/2005	12/31/2006
41303550	Stewed green peas with pig's feet and potatoes, Puerto Rican style	303	79	191	1/1/2005	12/31/2006
41304030	Peas, dry, cooked with pork	346	116	231	1/1/2005	12/31/2006
41304130	Cowpeas, dry, cooked with pork	728	402	565	1/1/2005	12/31/2006
41304980	Lentils, dry, cooked, NS as to fat added in cooking	220	2	111	1/1/2005	12/31/2006
41304990	Lentils, dry, cooked, fat added in cooking	220	2	111	1/1/2005	12/31/2006
41305000	Lentils, dry, cooked, fat not added in cooking	233	2	118	1/1/2005	12/31/2006
41310100	Stewed pigeon peas, Puerto Rican style (Gandules guisados, Gandur, Gandules)	339	43	191	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41310150	Stewed chickpeas, Puerto Rican style	266	72	169	1/1/2005	12/31/2006
41310160	Stewed chickpeas, with potatoes, Puerto Rican style	408	94	251	1/1/2005	12/31/2006
41310210	Stewed chickpeas with Spanish sausages, Puerto Rican style (Garbanzos guisados con chorizos)	343	168	256	1/1/2005	12/31/2006
41310220	Fried chickpeas with bacon, Puerto Rican style (Garbanzos fritos con tocineta)	439	258	348	1/1/2005	12/31/2006
41310310	Stewed blackeye peas or cowpeas, Puerto Rican style	235	8	122	1/1/2005	12/31/2006
56101000	Macaroni, cooked, NS as to fat added in cooking	232	1	116	1/1/2005	12/31/2006
56101010	Macaroni, cooked, fat not added in cooking	232	1	116	1/1/2005	12/31/2006
56101030	Macaroni, cooked, fat added in cooking	201	1	101	1/1/2005	12/31/2006
56102000	Macaroni, whole wheat, cooked, NS as to fat added in cooking	234	3	118	1/1/2005	12/31/2006
56102010	Macaroni, whole wheat, cooked, fat not added in cooking	234	3	118	1/1/2005	12/31/2006
56102020	Macaroni, whole wheat, cooked, fat added in cooking	203	3	103	1/1/2005	12/31/2006
56103000	Macaroni, cooked, spinach, NS as to fat added in cooking	235	9	122	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56103010	Macaroni, cooked, spinach, fat not added in cooking	235	9	122	1/1/2005	12/31/2006
56103020	Macaroni, cooked, spinach, fat added in cooking	227	9	118	1/1/2005	12/31/2006
56104000	Macaroni, cooked, vegetable, NS as to fat added in cooking	99	6	52	1/1/2005	12/31/2006
56104010	Macaroni, cooked, vegetable, fat not added in cooking	99	6	52	1/1/2005	12/31/2006
56104020	Macaroni, cooked, vegetable, fat added in cooking	95	6	50	1/1/2005	12/31/2006
56112000	Noodles, cooked, NS as to fat added in cooking	236	5	120	1/1/2005	12/31/2006
56112010	Noodles, cooked, fat not added in cooking	236	5	120	1/1/2005	12/31/2006
56112030	Noodles, cooked, fat added in cooking	181	5	93	1/1/2005	12/31/2006
56113000	Noodles, cooked, whole wheat, NS as to fat added in cooking	160	14	87	1/1/2005	12/31/2006
56113010	Noodles, cooked, whole wheat, fat not added in cooking	234	3	118	1/1/2005	12/31/2006
56113990	Noodles, cooked, spinach, NS as to fat added in cooking	243	12	128	1/1/2005	12/31/2006
56114000	Noodles, cooked, spinach, fat not added in cooking	196	9	102	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56114020	Noodles, cooked, spinach, fat added in cooking	187	12	100	1/1/2005	12/31/2006
56130000	Spaghetti, cooked, NS as to fat added in cooking	232	1	116	1/1/2005	12/31/2006
56130010	Spaghetti, cooked, fat not added in cooking	232	1	116	1/1/2005	12/31/2006
56131000	Spaghetti, cooked, fat added in cooking	201	1	101	1/1/2005	12/31/2006
56132000	Spaghetti, cooked, high protein type (assume no fat added)	232	1	116	1/1/2005	12/31/2006
56132990	Spaghetti, cooked, whole wheat, NS as to fat added in cooking	234	3	118	1/1/2005	12/31/2006
56133000	Spaghetti, cooked, whole wheat, fat not added in cooking	234	3	118	1/1/2005	12/31/2006
56133010	Spaghetti, cooked, whole wheat, fat added in cooking	203	3	103	1/1/2005	12/31/2006
56200300	Cereal, cooked, NFS	120	4	62	1/1/2005	12/31/2006
56200390	Barley, cooked, NS as to fat added in cooking	187	3	95	1/1/2005	12/31/2006
56200400	Barley, cooked, fat not added in cooking	187	3	95	1/1/2005	12/31/2006
56200490	Buckwheat groats, cooked, NS as to fat added in cooking	150	4	77	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56200500	Buckwheat groats, cooked, fat not added in cooking	150	4	77	1/1/2005	12/31/2006
56200510	Buckwheat groats, cooked, fat added in cooking	186	47	116	1/1/2005	12/31/2006
56200990	Grits, cooked, corn or hominy, NS as to regular, quick or instant, NS as to fat added in cooking	133	4	68	1/1/2005	12/31/2006
56201000	Grits, cooked, corn or hominy, NS as to regular, quick, or instant, fat not added in cooking	134	4	69	1/1/2005	12/31/2006
56201010	Grits, cooked, corn or hominy, regular, fat not added in cooking	133	4	68	1/1/2005	12/31/2006
56201020	Grits, cooked, corn or hominy, regular, fat added in cooking	167	42	104	1/1/2005	12/31/2006
56201030	Grits, cooked, corn or hominy, regular, NS as to fat added in cooking	134	4	69	1/1/2005	12/31/2006
56201040	Grits, cooked, corn or hominy, NS as to regular, quick, or instant, fat added in cooking	167	42	104	1/1/2005	12/31/2006
56201060	Grits, cooked, corn or hominy, with cheese, NS as to regular, quick, or instant, NS as to fat added in cooking	268	152	210	1/1/2005	12/31/2006
56201061	Grits, cooked, corn or hominy, with cheese, NS as to regular, quick, or instant, fat not added in cooking	268	152	210	1/1/2005	12/31/2006
56201062	Grits, cooked, corn or hominy, with cheese, NS as to regular, quick, or instant, fat added in cooking	294	181	238	1/1/2005	12/31/2006
56201070	Grits, cooked, corn or hominy, with cheese, regular, NS as to fat added in cooking	353	257	305	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56201071	Grits, cooked, corn or hominy, with cheese, regular, fat not added in cooking	353	257	305	1/1/2005	12/31/2006
56201072	Grits, cooked, corn or hominy, with cheese, regular, fat added in cooking	368	274	321	1/1/2005	12/31/2006
56201080	Grits, cooked, corn or hominy, with cheese, quick, NS as to fat added in cooking	353	257	305	1/1/2005	12/31/2006
56201081	Grits, cooked, corn or hominy, with cheese, quick, fat not added in cooking	353	257	305	1/1/2005	12/31/2006
56201082	Grits, cooked, corn or hominy, with cheese, quick, fat added in cooking	368	274	321	1/1/2005	12/31/2006
56201110	Grits, cooked, corn or hominy, quick, fat not added in cooking	170	4	87	1/1/2005	12/31/2006
56201120	Grits, cooked, corn or hominy, quick, fat added in cooking	212	53	132	1/1/2005	12/31/2006
56201130	Grits, cooked, corn or hominy, quick, NS as to fat added in cooking	171	4	88	1/1/2005	12/31/2006
56201300	Grits, cooked, corn or hominy, NS as to regular, quick, or instant, NS as to fat added in cooking, made with milk	169	44	106	1/1/2005	12/31/2006
56201510	Cornmeal mush, made with water	221	7	114	1/1/2005	12/31/2006
56201520	Cornmeal mush, fried	306	10	158	1/1/2005	12/31/2006
56201530	Cornmeal mush, made with milk	217	57	137	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56201540	Cornmeal, made with milk and sugar, Puerto Rican Style (Harina de maiz)	153	40	96	1/1/2005	12/31/2006
56201550	Cornmeal dumpling	356	148	252	1/1/2005	12/31/2006
56201560	Cornmeal sticks, boiled	126	11	68	1/1/2005	12/31/2006
56201600	Cornmeal, lime-treated, cooked (Masa harina)	281	8	144	1/1/2005	12/31/2006
56201990	Millet, cooked, NS as to fat added in cooking	168	2	85	1/1/2005	12/31/2006
56202000	Millet, cooked, fat not added in cooking	168	2	85	1/1/2005	12/31/2006
56202100	Millet, cooked, fat added in cooking	208	50	129	1/1/2005	12/31/2006
56202960	Oatmeal, cooked, NS as to regular, quick or instant; NS as to fat added in cooking	121	5	63	1/1/2005	12/31/2006
56202970	Oatmeal, cooked, quick (1 or 3 minutes), NS as to fat added in cooking	121	5	63	1/1/2005	12/31/2006
56202980	Oatmeal, cooked, regular, NS as to fat added in cooking	121	5	63	1/1/2005	12/31/2006
56203000	Oatmeal, cooked, NS as to regular, quick or instant, fat not added in cooking	121	5	63	1/1/2005	12/31/2006
56203010	Oatmeal, cooked, regular, fat not added in cooking	121	5	63	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56203020	Oatmeal, cooked, quick (1 or 3 minutes), fat not added in cooking	121	5	63	1/1/2005	12/31/2006
56203040	Oatmeal, cooked, NS as to regular, quick, or instant, fat added in cooking	151	39	95	1/1/2005	12/31/2006
56203050	Oatmeal, cooked, regular, fat added in cooking	151	39	95	1/1/2005	12/31/2006
56203060	Oatmeal, cooked, quick (1 or 3 minutes), fat added in cooking	151	39	95	1/1/2005	12/31/2006
56203110	Oatmeal with maple flavor, cooked	120	4	62	1/1/2005	12/31/2006
56203200	Oatmeal with fruit, cooked	112	4	58	1/1/2005	12/31/2006
56203210	Oatmeal, NS as to regular, quick, or instant, made with milk, fat not added in cooking	142	37	90	1/1/2005	12/31/2006
56203220	Oatmeal, NS as to regular, quick, or instant, made with milk, fat added in cooking	169	67	118	1/1/2005	12/31/2006
56203230	Oatmeal, NS as to regular, quick, or instant, made with milk, NS as to fat added in cooking	142	37	90	1/1/2005	12/31/2006
56203540	Oatmeal, made with milk and sugar, Puerto Rican style	235	36	136	1/1/2005	12/31/2006
56203600	Oatmeal, multigrain, cooked, NS as to fat added in cooking	73	4	38	1/1/2005	12/31/2006
56203610	Oatmeal, multigrain, cooked, fat not added in cooking	73	4	38	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56203620	Oatmeal, multigrain, cooked, fat added in cooking	101	34	68	1/1/2005	12/31/2006
56204980	Rice, white, cooked, converted, NS as to fat added in cooking	331	2	166	1/1/2005	12/31/2006
56204990	Rice, white, cooked, regular, NS as to fat added in cooking	365	1	183	1/1/2005	12/31/2006
56205000	Rice, cooked, NFS	371	11	191	1/1/2005	12/31/2006
56205010	Rice, white, cooked, regular, fat not added in cooking	365	1	183	1/1/2005	12/31/2006
56205020	Rice, white, cooked, instant, NS as to fat added in cooking	353	4	178	1/1/2005	12/31/2006
56205030	Rice, white, cooked, instant, fat not added in cooking	353	4	178	1/1/2005	12/31/2006
56205040	Rice, white, cooked, converted, fat not added in cooking	331	2	166	1/1/2005	12/31/2006
56205050	Rice, cream of, cooked, fat not added in cooking	155	1	78	1/1/2005	12/31/2006
56205060	Rice, cooked, with milk	360	43	202	1/1/2005	12/31/2006
56205070	Rice, sweet (rice, cooked, with honey)	343	1	172	1/1/2005	12/31/2006
56205080	Rice, creamed, made with milk and sugar, Puerto Rican style	123	20	72	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56205090	Rice, cream of, cooked, fat added in cooking	203	36	120	1/1/2005	12/31/2006
56205110	Rice, brown, cooked, regular, fat not added in cooking	301	5	153	1/1/2005	12/31/2006
56205120	Rice, brown, cooked, regular, NS as to fat added in cooking	301	5	153	1/1/2005	12/31/2006
56205210	Rice, wild, 100%, cooked, fat not added in cooking	354	3	178	1/1/2005	12/31/2006
56205300	Rice, white and wild, cooked, fat not added in cooking	503	5	254	1/1/2005	12/31/2006
56205310	Rice, brown and wild, cooked, fat not added in cooking	503	6	254	1/1/2005	12/31/2006
56205320	Rice, white and wild, cooked, fat added in cooking	516	29	272	1/1/2005	12/31/2006
56205330	Rice, white and wild, cooked, NS as to fat added in cooking	516	29	272	1/1/2005	12/31/2006
56205340	Rice, brown and wild, cooked, fat added in cooking	516	29	272	1/1/2005	12/31/2006
56205350	Rice, brown and wild, cooked, NS as to fat added in cooking	516	29	272	1/1/2005	12/31/2006
56205400	Rice, cooked, NS as to type, fat added in cooking	382	28	205	1/1/2005	12/31/2006
56205410	Rice, white, cooked with (fat) oil, Puerto Rican style (Arroz blanco)	507	5	256	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56205420	Rice, white, cooked, regular, fat added in cooking	382	28	205	1/1/2005	12/31/2006
56205430	Rice, white, cooked, instant, fat added in cooking	369	30	200	1/1/2005	12/31/2006
56205440	Rice, white, cooked, converted, fat added in cooking	347	27	187	1/1/2005	12/31/2006
56205510	Rice, brown, cooked, regular, fat added in cooking	316	27	172	1/1/2005	12/31/2006
56205530	Rice, brown, cooked, instant, NS as to fat added in cooking	301	5	153	1/1/2005	12/31/2006
56205540	Rice, brown, cooked, instant, fat not added in cooking	301	5	153	1/1/2005	12/31/2006
56205550	Rice, brown, cooked, instant, fat added in cooking	316	27	172	1/1/2005	12/31/2006
56206970	Wheat, cream of, cooked, quick, NS as to fat added in cooking	181	52	116	1/1/2005	12/31/2006
56206980	Wheat, cream of, cooked, regular, NS as to fat added in cooking	134	5	70	1/1/2005	12/31/2006
56206990	Wheat, cream of, cooked, NS as to regular, quick, or instant, NS as to fat added in cooking	181	52	116	1/1/2005	12/31/2006
56207000	Wheat, cream of, cooked, NS as to regular, quick, or instant, fat not added in cooking	181	52	116	1/1/2005	12/31/2006
56207010	Wheat, cream of, cooked, regular, fat not added in cooking	134	5	70	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56207020	Wheat, cream of, cooked, quick, fat not added in cooking	181	52	116	1/1/2005	12/31/2006
56207030	Wheat, cream of, cooked, instant, fat not added in cooking	161	6	84	1/1/2005	12/31/2006
56207040	Wheat, cream of, cooked, made with milk	142	45	94	1/1/2005	12/31/2006
56207050	Wheat, cream of, cooked, made with milk and sugar, Puerto Rican style	142	37	90	1/1/2005	12/31/2006
56207060	Wheat, cream of, cooked, instant, fat added in cooking	198	51	124	1/1/2005	12/31/2006
56207070	Wheat, cream of, cooked, instant, NS as to fat added in cooking	161	6	84	1/1/2005	12/31/2006
56207080	Wheat, cream of, cooked, NS as to regular, quick, or instant, fat added in cooking	212	88	150	1/1/2005	12/31/2006
56207100	Wheat, rolled, cooked, fat not added in cooking	132	4	68	1/1/2005	12/31/2006
56207110	Bulgur, cooked or canned, fat not added in cooking	219	5	112	1/1/2005	12/31/2006
56207120	Bulgur, cooked or canned, fat added in cooking	266	66	166	1/1/2005	12/31/2006
56207130	Bulgur, cooked or canned, NS as to fat added in cooking	219	5	112	1/1/2005	12/31/2006
56207140	Wheat, rolled, cooked, NS as to fat added in cooking	132	4	68	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56207150	Couscous, plain, cooked, fat not added in cooking	189	5	97	1/1/2005	12/31/2006
56207160	Couscous, plain, cooked, NS as to fat added in cooking	189	5	97	1/1/2005	12/31/2006
56207180	Couscous, plain, cooked, fat added in cooking	232	58	145	1/1/2005	12/31/2006
56207190	Whole wheat cereal, cooked, NS as to fat added in cooking	132	4	68	1/1/2005	12/31/2006
56207200	Whole wheat cereal, cooked, fat not added in cooking	132	4	68	1/1/2005	12/31/2006
56207210	Whole wheat cereal, cooked, fat added in cooking	165	42	104	1/1/2005	12/31/2006
56207220	Wheat, cream of, cooked, regular, fat added in cooking	168	43	106	1/1/2005	12/31/2006
56207230	Wheat, cream of, cooked, quick, fat added in cooking	212	88	150	1/1/2005	12/31/2006
56207290	Wheat hearts, cooked, NS as to fat added in cooking	132	4	68	1/1/2005	12/31/2006
56207300	Whole wheat cereal, wheat and barley, cooked, fat not added in cooking	82	7	44	1/1/2005	12/31/2006
56207310	Wheat hearts, cooked, fat not added in cooking	132	4	68	1/1/2005	12/31/2006
56207330	Whole wheat cereal, wheat and barley, cooked, fat added in cooking	123	51	87	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56207340	Whole wheat cereal, wheat and barley, cooked, NS as to fat added in cooking	82	7	44	1/1/2005	12/31/2006
56207350	Wheat cereal, chocolate flavored, cooked, made with milk	367	43	205	1/1/2005	12/31/2006
56207360	Wheat cereal, chocolate flavored, cooked, fat not added in cooking	338	5	172	1/1/2005	12/31/2006
56207370	Wheat cereal, chocolate flavored, cooked, NS as to fat added in cooking	338	5	172	1/1/2005	12/31/2006
56208500	Oat bran cereal, cooked, fat not added in cooking	132	5	68	1/1/2005	12/31/2006
56208510	Oat bran cereal, cooked, fat added in cooking	165	42	104	1/1/2005	12/31/2006
56208520	Oat bran cereal, cooked, NS as to fat added in cooking	132	5	68	1/1/2005	12/31/2006
56208530	Oat bran cereal, cooked, made with milk, fat not added in cooking	167	44	106	1/1/2005	12/31/2006
56208540	Oat bran cereal, cooked, made with milk, fat added in cooking	198	79	138	1/1/2005	12/31/2006
56208550	Oat bran cereal, cooked, made with milk, NS as to fat added in cooking	167	44	106	1/1/2005	12/31/2006
56209000	Rye, cream of, cooked	140	3	72	1/1/2005	12/31/2006
58402020	Beef dumpling soup	364	318	341	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
58402030	Beef rice soup	407	238	322	1/1/2005	12/31/2006
58402100	Beef noodle soup, home recipe	381	41	211	1/1/2005	12/31/2006
58403040	Chicken noodle soup, home recipe	332	36	184	1/1/2005	12/31/2006
58403100	Noodle and potato soup, Puerto Rican style	180	6	93	1/1/2005	12/31/2006
58404100	Rice and potato soup, Puerto Rican style	268	34	151	1/1/2005	12/31/2006
58406020	Turkey noodle soup, home recipe	379	39	209	1/1/2005	12/31/2006
58409000	Noodle soup, with fish ball, shrimp, and dark green leafy vegetable	336	268	302	1/1/2005	12/31/2006
58410100	Rice soup, made with tea	202	5	104	1/1/2005	12/31/2006
58421000	Sopa seca (dry soup), Mexican style, NFS	411	264	338	1/1/2005	12/31/2006
58421010	Sopa Seca de Fideo, Mexican style, made with dry noodles	423	271	347	1/1/2005	12/31/2006
58421060	Sopa seca de arroz (dry rice soup), Mexican style	400	257	328	1/1/2005	12/31/2006
58421080	Sopa de tortilla, Mexican style tortilla soup	200	135	168	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
58450300	Noodle soup, made with milk	238	41	140	1/1/2005	12/31/2006
71000100	White potato, NFS	263	33	148	1/1/2005	12/31/2006
71101000	White potato, baked, peel not eaten	287	5	146	1/1/2005	12/31/2006
71101100	White potato, baked, peel eaten, NS as to fat added in cooking	236	28	132	1/1/2005	12/31/2006
71101110	White potato, baked, peel eaten, fat not added in cooking	277	10	144	1/1/2005	12/31/2006
71101120	White potato, baked, peel eaten, fat added in cooking	236	28	132	1/1/2005	12/31/2006
71101150	White potato skins, with adhering flesh, baked	377	14	196	1/1/2005	12/31/2006
71103000	White potato, boiled, without peel, NS as to fat added in cooking	239	24	132	1/1/2005	12/31/2006
71103010	White potato, boiled, without peel, fat not added in cooking	242	5	124	1/1/2005	12/31/2006
71103020	White potato, boiled, without peel, fat added in cooking	255	25	140	1/1/2005	12/31/2006
71103100	White potato, boiled, with peel, NS as to fat added in cooking	238	23	130	1/1/2005	12/31/2006
71103110	White potato, boiled, with peel, fat not added in cooking	241	4	122	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71103120	White potato, boiled, with peel, fat added in cooking	254	24	139	1/1/2005	12/31/2006
71104000	White potato, roasted, NS as to fat added in cooking	101	7	54	1/1/2005	12/31/2006
71104010	White potato, roasted, fat not added in cooking	108	7	58	1/1/2005	12/31/2006
71104020	White potato, roasted, fat added in cooking	101	7	54	1/1/2005	12/31/2006
71106000	Stewed potatoes, Puerto Rican style (Papas guisadas)	284	57	170	1/1/2005	12/31/2006
71106010	Potato only from Puerto Rican mixed dishes, gravy and other components reported separately	242	5	124	1/1/2005	12/31/2006
71301000	White potato, cooked, with sauce, NS as to sauce	345	44	194	1/1/2005	12/31/2006
71301020	White potato, cooked, with cheese	322	83	202	1/1/2005	12/31/2006
71301120	White potato, cooked, with ham and cheese	414	195	304	1/1/2005	12/31/2006
71305010	White potato, scalloped	303	41	172	1/1/2005	12/31/2006
71305110	White potato, scalloped, with ham	416	180	298	1/1/2005	12/31/2006
71401000	White potato, french fries, NS as to from fresh or frozen	300	242	271	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71403000	White potato, home fries	310	5	158	1/1/2005	12/31/2006
71403500	White potato, home fries, with green or red peppers and onions	246	6	126	1/1/2005	12/31/2006
71405000	White potato, hash brown, NS as to from fresh, frozen, or dry mix	577	342	460	1/1/2005	12/31/2006
71405010	White potato, hash brown, from fresh	577	342	460	1/1/2005	12/31/2006
71405030	White potato, hash brown, from dry mix	271	34	152	1/1/2005	12/31/2006
71410000	White potato skins, with adhering flesh, fried	723	29	376	1/1/2005	12/31/2006
71410500	White potato skins, with adhering flesh, fried, with cheese	698	160	429	1/1/2005	12/31/2006
71501000	White potato, mashed, NFS	233	40	136	1/1/2005	12/31/2006
71501010	White potato, from fresh, mashed, made with milk	238	9	124	1/1/2005	12/31/2006
71501015	White potato, from fresh, mashed, made with milk, sour cream and/or cream cheese	253	41	147	1/1/2005	12/31/2006
71501020	White potato, from fresh, mashed, made with milk and fat	253	34	144	1/1/2005	12/31/2006
71501025	White potato, from fresh, mashed, made with milk, sour cream and/or cream cheese and fat	274	73	174	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71501030	White potato, from fresh, mashed, made with fat	281	33	157	1/1/2005	12/31/2006
71501040	White potato, from dry, mashed, made with milk and fat	170	60	115	1/1/2005	12/31/2006
71501050	White potato, from fresh, mashed, made with milk, fat and cheese	321	116	218	1/1/2005	12/31/2006
71501055	White potato, from fresh, mashed, made with sour cream and/or cream cheese and fat	280	74	177	1/1/2005	12/31/2006
71501070	White potato, from dry, mashed, made with milk, fat, egg and cheese	454	268	361	1/1/2005	12/31/2006
71501080	White potato, from fresh, mashed, not made with milk or fat	242	5	124	1/1/2005	12/31/2006
71501090	White potato, from dry, mashed, made with milk, no fat	141	25	83	1/1/2005	12/31/2006
71501300	White potato, from dry, mashed, NS as to milk or fat	280	60	170	1/1/2005	12/31/2006
71501310	White potato, from fresh, mashed, NS as to milk or fat	394	71	232	1/1/2005	12/31/2006
71507000	White potato, stuffed, baked, peel not eaten, NS as to topping	227	36	132	1/1/2005	12/31/2006
71507010	White potato, stuffed, baked, peel not eaten, stuffed with sour cream	227	36	132	1/1/2005	12/31/2006
71507020	White potato, stuffed, baked, peel not eaten, stuffed with cheese	466	242	354	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71507030	White potato, stuffed, baked, peel not eaten, stuffed with chili	371	187	279	1/1/2005	12/31/2006
71507040	White potato, stuffed, baked, peel not eaten, stuffed with broccoli and cheese sauce	267	75	171	1/1/2005	12/31/2006
71507050	White potato, stuffed, baked, peel not eaten, stuffed with meat in cream sauce	348	100	224	1/1/2005	12/31/2006
71507100	White potato, stuffed, baked, peel not eaten, stuffed with chicken, broccoli and cheese sauce	224	76	150	1/1/2005	12/31/2006
71508000	White potato, stuffed, baked, peel eaten, NS as to topping	191	34	112	1/1/2005	12/31/2006
71508010	White potato, stuffed, baked, peel eaten, stuffed with sour cream	191	34	112	1/1/2005	12/31/2006
71508020	White potato, stuffed, baked, peel eaten, stuffed with cheese	434	267	350	1/1/2005	12/31/2006
71508030	White potato, stuffed, baked, peel eaten, stuffed with chili	311	159	235	1/1/2005	12/31/2006
71508040	White potato, stuffed, baked, peel eaten, stuffed with broccoli and cheese sauce	224	66	145	1/1/2005	12/31/2006
71508050	White potato, stuffed, baked, peel eaten, stuffed with meat in cream sauce	293	87	190	1/1/2005	12/31/2006
71508060	White potato, stuffed, baked, peel eaten, stuffed with bacon and cheese	434	261	348	1/1/2005	12/31/2006
71508070	White potato, stuffed, baked, peel not eaten, stuffed with bacon and cheese	534	319	426	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71508100	White potato, stuffed, baked, peel eaten, stuffed with chicken, broccoli and cheese sauce	196	68	132	1/1/2005	12/31/2006
71701000	Potato pancake	466	92	279	1/1/2005	12/31/2006
71702000	Potato pudding	344	222	283	1/1/2005	12/31/2006
71703000	Stewed potatoes, Mexican style (Papas guisadas)	458	5	232	1/1/2005	12/31/2006
71703040	Stewed potatoes with tomatoes, Mexican style (Papas guisadas con tomate)	222	5	114	1/1/2005	12/31/2006
71704000	Stewed potatoes with tomatoes	208	5	106	1/1/2005	12/31/2006
71801100	Potato and cheese soup	138	56	97	1/1/2005	12/31/2006
71802010	Macaroni and potato soup	242	24	133	1/1/2005	12/31/2006
71803010	Potato chowder	213	89	151	1/1/2005	12/31/2006
71901110	Fried green plantain, Puerto Rican style	2845	7	1426	1/1/2005	12/31/2006
71905010	Ripe plantain, boiled	245	5	125	1/1/2005	12/31/2006
71910110	Green banana, cooked (in salt water)	232	1	116	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71910310	Pickled green bananas, Puerto Rican style (Guineos verdes en escabeche)	192	3	98	1/1/2005	12/31/2006
71930090	Cassava (yuca blanca), cooked, NS as to fat added in cooking	209	31	120	1/1/2005	12/31/2006
71930100	Cassava (yuca blanca), cooked, fat not added in cooking	195	13	104	1/1/2005	12/31/2006
71930120	Cassava (yuca blanca), cooked, fat added in cooking	209	31	120	1/1/2005	12/31/2006
71930200	Casabe, cassava bread	1187	27	607	1/1/2005	12/31/2006
71931010	Cassava with creole sauce, Puerto Rican style (Yuca al mojo)	255	128	192	1/1/2005	12/31/2006
71950010	Tannier, cooked	502	14	258	1/1/2005	12/31/2006
71961010	Celeriac, cooked	349	100	224	1/1/2005	12/31/2006
71962010	Dasheen, boiled	489	14	252	1/1/2005	12/31/2006
71962020	Dasheen, fried	360	19	190	1/1/2005	12/31/2006
71962040	Taro, baked	475	14	244	1/1/2005	12/31/2006
71970110	Starchy vegetables, Puerto Rican style, NFS (viandas hervidas)	246	11	128	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71970120	Starchy vegetables, Puerto Rican style, including tannier, white sweetpotato and yam, with green or ripe plantains (viandas hervidas)	246	11	128	1/1/2005	12/31/2006
71970130	Starchy vegetables, Puerto Rican style, including tannier, white sweetpotato and yam, no plantain (viandas hervidas)	247	13	130	1/1/2005	12/31/2006
72101200	Beet greens, cooked, NS as to fat added in cooking	505	259	382	1/1/2005	12/31/2006
72101210	Beet greens, cooked, fat not added in cooking	496	241	368	1/1/2005	12/31/2006
72101220	Beet greens, cooked, fat added in cooking	505	259	382	1/1/2005	12/31/2006
72104200	Chard, cooked, NS as to fat added in cooking	400	195	298	1/1/2005	12/31/2006
72104210	Chard, cooked, fat not added in cooking	389	179	284	1/1/2005	12/31/2006
72104220	Chard, cooked, fat added in cooking	400	195	298	1/1/2005	12/31/2006
72107200	Collards, cooked, NS as to form, NS as to fat added in cooking	272	35	154	1/1/2005	12/31/2006
72107201	Collards, cooked, from fresh, NS as to fat added in cooking	272	35	154	1/1/2005	12/31/2006
72107202	Collards, cooked, from frozen, NS as to fat added in cooking	281	70	176	1/1/2005	12/31/2006
72107210	Collards, cooked, NS as to form, fat not added in cooking	283	16	150	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72107211	Collards, cooked, from fresh, fat not added in cooking	283	16	150	1/1/2005	12/31/2006
72107212	Collards, cooked, from frozen, fat not added in cooking	267	50	158	1/1/2005	12/31/2006
72107220	Collards, cooked, NS as to form, fat added in cooking	272	35	154	1/1/2005	12/31/2006
72107221	Collards, cooked, from fresh, fat added in cooking	225	35	130	1/1/2005	12/31/2006
72107222	Collards, cooked, from frozen, fat added in cooking	281	70	176	1/1/2005	12/31/2006
72110200	Cress, cooked, NS as to form, NS as to fat added in cooking	299	35	167	1/1/2005	12/31/2006
72110201	Cress, cooked, from fresh, NS as to fat added in cooking	299	35	167	1/1/2005	12/31/2006
72110210	Cress, cooked, NS as to form, fat not added in cooking	282	8	145	1/1/2005	12/31/2006
72110211	Cress, cooked, from fresh, fat not added in cooking	282	8	145	1/1/2005	12/31/2006
72110220	Cress, cooked, NS as to form, fat added in cooking	299	35	167	1/1/2005	12/31/2006
72110221	Cress, cooked, from fresh, fat added in cooking	299	35	167	1/1/2005	12/31/2006
72113200	Dandelion greens, cooked, NS as to fat added in cooking	412	76	244	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72113210	Dandelion greens, cooked, fat not added in cooking	395	44	220	1/1/2005	12/31/2006
72113220	Dandelion greens, cooked, fat added in cooking	412	76	244	1/1/2005	12/31/2006
72116200	Escarole, cooked, NS as to fat added in cooking	594	81	338	1/1/2005	12/31/2006
72116210	Escarole, cooked, fat not added in cooking	506	27	266	1/1/2005	12/31/2006
72116220	Escarole, cooked, fat added in cooking	594	81	338	1/1/2005	12/31/2006
72116230	Escarole, creamed	486	193	340	1/1/2005	12/31/2006
72118200	Greens, cooked, NS as to form, NS as to fat added in cooking	277	45	161	1/1/2005	12/31/2006
72118201	Greens, cooked, from fresh, NS as to fat added in cooking	277	45	161	1/1/2005	12/31/2006
72118202	Greens, cooked, from frozen, NS as to fat added in cooking	282	51	166	1/1/2005	12/31/2006
72118210	Greens, cooked, NS as to form, fat not added in cooking	261	22	142	1/1/2005	12/31/2006
72118211	Greens, cooked, from fresh, fat not added in cooking	261	22	142	1/1/2005	12/31/2006
72118212	Greens, cooked, from frozen, fat not added in cooking	267	28	148	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72118220	Greens, cooked, NS as to form, fat added in cooking	277	45	161	1/1/2005	12/31/2006
72118221	Greens, cooked, from fresh, fat added in cooking	277	45	161	1/1/2005	12/31/2006
72118222	Greens, cooked, from frozen, fat added in cooking	282	51	166	1/1/2005	12/31/2006
72119200	Kale, cooked, NS as to form, NS as to fat added in cooking	324	50	187	1/1/2005	12/31/2006
72119201	Kale, cooked, from fresh, NS as to fat added in cooking	256	50	153	1/1/2005	12/31/2006
72119202	Kale, cooked, from frozen, NS as to fat added in cooking	316	42	179	1/1/2005	12/31/2006
72119210	Kale, cooked, NS as to form, fat not added in cooking	307	23	165	1/1/2005	12/31/2006
72119211	Kale, cooked, from fresh, fat not added in cooking	307	23	165	1/1/2005	12/31/2006
72119212	Kale, cooked, from frozen, fat not added in cooking	299	15	157	1/1/2005	12/31/2006
72119220	Kale, cooked, NS as to form, fat added in cooking	256	50	153	1/1/2005	12/31/2006
72119221	Kale, cooked, from fresh, fat added in cooking	256	50	153	1/1/2005	12/31/2006
72119222	Kale, cooked, from frozen, fat added in cooking	316	42	179	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72120200	Lambsquarter, cooked, NS as to fat added in cooking	249	49	149	1/1/2005	12/31/2006
72120210	Lambsquarter, cooked, fat not added in cooking	234	29	132	1/1/2005	12/31/2006
72120220	Lambsquarter, cooked, fat added in cooking	249	49	149	1/1/2005	12/31/2006
72121210	Mustard cabbage, cooked, fat not added in cooking	251	34	142	1/1/2005	12/31/2006
72122200	Mustard greens, cooked, NS as to form, NS as to fat added in cooking	296	41	168	1/1/2005	12/31/2006
72122201	Mustard greens, cooked, from fresh, NS as to fat added in cooking	296	41	168	1/1/2005	12/31/2006
72122202	Mustard greens, cooked, from frozen, NS as to fat added in cooking	287	49	168	1/1/2005	12/31/2006
72122210	Mustard greens, cooked, NS as to form, fat not added in cooking	280	16	148	1/1/2005	12/31/2006
72122211	Mustard greens, cooked, from fresh, fat not added in cooking	280	16	148	1/1/2005	12/31/2006
72122212	Mustard greens, cooked, from frozen, fat not added in cooking	271	25	148	1/1/2005	12/31/2006
72122220	Mustard greens, cooked, NS as to form, fat added in cooking	296	41	168	1/1/2005	12/31/2006
72122221	Mustard greens, cooked, from fresh, fat added in cooking	296	41	168	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72122222	Mustard greens, cooked, from frozen, fat added in cooking	287	49	168	1/1/2005	12/31/2006
72123000	Poke greens, cooked, NS as to fat added in cooking	257	40	148	1/1/2005	12/31/2006
72123010	Poke greens, cooked, fat not added in cooking	242	18	130	1/1/2005	12/31/2006
72123020	Poke greens, cooked, fat added in cooking	257	40	148	1/1/2005	12/31/2006
72125200	Spinach, cooked, NS as to form, NS as to fat added in cooking	288	89	188	1/1/2005	12/31/2006
72125201	Spinach, cooked, from fresh, NS as to fat added in cooking	288	89	188	1/1/2005	12/31/2006
72125202	Spinach, cooked, from frozen, NS as to fat added in cooking	303	114	208	1/1/2005	12/31/2006
72125210	Spinach, cooked, NS as to form, fat not added in cooking	275	70	172	1/1/2005	12/31/2006
72125211	Spinach, cooked, from fresh, fat not added in cooking	275	70	172	1/1/2005	12/31/2006
72125212	Spinach, cooked, from frozen, fat not added in cooking	291	97	194	1/1/2005	12/31/2006
72125220	Spinach, cooked, NS as to form, fat added in cooking	288	89	188	1/1/2005	12/31/2006
72125221	Spinach, cooked, from fresh, fat added in cooking	288	89	188	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72125222	Spinach, cooked, from frozen, fat added in cooking	303	114	208	1/1/2005	12/31/2006
72125240	Spinach souffle	188	128	158	1/1/2005	12/31/2006
72125260	Spinach and cheese casserole	574	545	560	1/1/2005	12/31/2006
72125500	Spinach and chickpeas, fat added	251	208	230	1/1/2005	12/31/2006
72126000	Taro leaves, cooked, fat not added in cooking	289	4	146	1/1/2005	12/31/2006
72127000	Thistle leaves, cooked, fat not added in cooking	282	8	145	1/1/2005	12/31/2006
72128200	Turnip greens, cooked, NS as to form, NS as to fat added in cooking	301	53	177	1/1/2005	12/31/2006
72128201	Turnip greens, cooked, from fresh, NS as to fat added in cooking	301	53	177	1/1/2005	12/31/2006
72128202	Turnip greens, cooked, from frozen, NS as to fat added in cooking	256	37	146	1/1/2005	12/31/2006
72128210	Turnip greens, cooked, NS as to form, fat not added in cooking	285	29	157	1/1/2005	12/31/2006
72128211	Turnip greens, cooked, from fresh, fat not added in cooking	285	29	157	1/1/2005	12/31/2006
72128212	Turnip greens, cooked, from frozen, fat not added in cooking	240	15	128	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72128220	Turnip greens, cooked, NS as to form, fat added in cooking	301	53	177	1/1/2005	12/31/2006
72128221	Turnip greens, cooked, from fresh, fat added in cooking	301	53	177	1/1/2005	12/31/2006
72128222	Turnip greens, cooked, from frozen, fat added in cooking	256	37	146	1/1/2005	12/31/2006
72128400	Turnip greens with roots, cooked, NS as to form, NS as to fat added in cooking	249	40	144	1/1/2005	12/31/2006
72128401	Turnip greens with roots, cooked, from fresh, NS as to fat added in cooking	284	46	165	1/1/2005	12/31/2006
72128402	Turnip greens with roots, cooked, from frozen, NS as to fat added in cooking	249	40	144	1/1/2005	12/31/2006
72128410	Turnip greens with roots, cooked, NS as to form, fat not added in cooking	234	19	126	1/1/2005	12/31/2006
72128411	Turnip greens with roots, cooked, from fresh, fat not added in cooking	269	22	146	1/1/2005	12/31/2006
72128412	Turnip greens with roots, cooked, from frozen, fat not added in cooking	234	19	126	1/1/2005	12/31/2006
72128420	Turnip greens with roots, cooked, NS as to form, fat added in cooking	249	40	144	1/1/2005	12/31/2006
72128421	Turnip greens with roots, cooked, from fresh, fat added in cooking	284	46	165	1/1/2005	12/31/2006
72128422	Turnip greens with roots, cooked, from frozen, fat added in cooking	249	40	144	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72130200	Watercress, cooked, fat not added in cooking	312	41	176	1/1/2005	12/31/2006
72132200	Bitter melon leaves, horseradish leaves, jute leaves, or radish leaves, cooked, fat not added in cooking	599	11	305	1/1/2005	12/31/2006
72133200	Sweetpotato leaves, squash leaves, pumpkin leaves, chrysanthemum leaves, bean leaves, or swamp cabbage, cooked, fat not added in cooking	498	29	264	1/1/2005	12/31/2006
72201200	Broccoli, cooked, NS as to form, NS as to fat added in cooking	293	63	178	1/1/2005	12/31/2006
72201201	Broccoli, cooked, from fresh, NS as to fat added in cooking	293	63	178	1/1/2005	12/31/2006
72201202	Broccoli, cooked, from frozen, NS as to fat added in cooking	233	37	135	1/1/2005	12/31/2006
72201210	Broccoli, cooked, NS as to form, fat not added in cooking	278	41	160	1/1/2005	12/31/2006
72201211	Broccoli, cooked, from fresh, fat not added in cooking	278	41	160	1/1/2005	12/31/2006
72201212	Broccoli, cooked, from frozen, fat not added in cooking	219	18	118	1/1/2005	12/31/2006
72201220	Broccoli, cooked, NS as to form, fat added in cooking	293	63	178	1/1/2005	12/31/2006
72201221	Broccoli, cooked, from fresh, fat added in cooking	293	63	178	1/1/2005	12/31/2006
72201222	Broccoli, cooked, from frozen, fat added in cooking	233	37	135	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72202010	Broccoli casserole (broccoli, noodles, and cream sauce)	293	56	174	1/1/2005	12/31/2006
72202020	Broccoli casserole (broccoli, rice, cheese, and mushroom sauce)	374	302	338	1/1/2005	12/31/2006
72202030	Broccoli, batter-dipped and fried	160	80	120	1/1/2005	12/31/2006
72302000	Broccoli soup	346	83	214	1/1/2005	12/31/2006
72305000	Escarole soup	348	318	333	1/1/2005	12/31/2006
72306000	Watercress broth with shrimp	239	88	164	1/1/2005	12/31/2006
72307000	Spinach soup	316	260	288	1/1/2005	12/31/2006
72308500	Dark-green leafy vegetable soup, meatless, Oriental style	83	9	46	1/1/2005	12/31/2006
73102200	Carrots, cooked, NS as to form, NS as to fat added in cooking	310	80	195	1/1/2005	12/31/2006
73102201	Carrots, cooked, from fresh, NS as to fat added in cooking	310	80	195	1/1/2005	12/31/2006
73102202	Carrots, cooked, from frozen, NS as to fat added in cooking	327	82	204	1/1/2005	12/31/2006
73102210	Carrots, cooked, NS as to form, fat not added in cooking	296	58	177	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73102211	Carrots, cooked, from fresh, fat not added in cooking	296	58	177	1/1/2005	12/31/2006
73102212	Carrots, cooked, from frozen, fat not added in cooking	312	59	186	1/1/2005	12/31/2006
73102220	Carrots, cooked, NS as to form, fat added in cooking	310	80	195	1/1/2005	12/31/2006
73102221	Carrots, cooked, from fresh, fat added in cooking	310	80	195	1/1/2005	12/31/2006
73102222	Carrots, cooked, from frozen, fat added in cooking	327	82	204	1/1/2005	12/31/2006
73102240	Carrots, cooked, NS as to form, glazed	172	124	148	1/1/2005	12/31/2006
73102241	Carrots, cooked, from fresh, glazed	172	124	148	1/1/2005	12/31/2006
73102242	Carrots, cooked, from frozen, glazed	173	124	148	1/1/2005	12/31/2006
73102243	Carrots, cooked, from canned, glazed	331	283	307	1/1/2005	12/31/2006
73111200	Peas and carrots, cooked, NS as to form, NS as to fat added in cooking	313	89	201	1/1/2005	12/31/2006
73111201	Peas and carrots, cooked, from fresh, NS as to fat added in cooking	273	47	160	1/1/2005	12/31/2006
73111202	Peas and carrots, cooked, from frozen, NS as to fat added in cooking	313	89	201	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73111210	Peas and carrots, cooked, NS as to form, fat not added in cooking	299	68	184	1/1/2005	12/31/2006
73111211	Peas and carrots, cooked, from fresh, fat not added in cooking	258	25	142	1/1/2005	12/31/2006
73111212	Peas and carrots, cooked, from frozen, fat not added in cooking	299	68	184	1/1/2005	12/31/2006
73111220	Peas and carrots, cooked, NS as to form, fat added in cooking	313	89	201	1/1/2005	12/31/2006
73111221	Peas and carrots, cooked, from fresh, fat added in cooking	273	47	160	1/1/2005	12/31/2006
73111222	Peas and carrots, cooked, from frozen, fat added in cooking	313	89	201	1/1/2005	12/31/2006
73111400	Carrots in tomato sauce	159	100	130	1/1/2005	12/31/2006
73201000	Pumpkin, cooked, NS as to form, NS as to fat added in cooking	168	20	94	1/1/2005	12/31/2006
73201001	Pumpkin, cooked, from fresh, NS as to fat added in cooking	164	16	90	1/1/2005	12/31/2006
73201002	Pumpkin, cooked, from frozen, NS as to fat added in cooking	164	16	90	1/1/2005	12/31/2006
73201010	Pumpkin, cooked, NS as to form, fat not added in cooking	152	1	76	1/1/2005	12/31/2006
73201011	Pumpkin, cooked, from fresh, fat not added in cooking	152	1	76	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73201012	Pumpkin, cooked, from frozen, fat not added in cooking	152	1	76	1/1/2005	12/31/2006
73201020	Pumpkin, cooked, NS as to form, fat added in cooking	168	20	94	1/1/2005	12/31/2006
73201021	Pumpkin, cooked, from fresh, fat added in cooking	164	16	90	1/1/2005	12/31/2006
73201022	Pumpkin, cooked, from frozen, fat added in cooking	164	16	90	1/1/2005	12/31/2006
73210010	Calabaza (Spanish pumpkin), cooked	156	5	80	1/1/2005	12/31/2006
73210110	Pumpkin fritters, Puerto Rican style	269	1	135	1/1/2005	12/31/2006
73211110	Sweetpotato and pumpkin casserole, Puerto Rican style	211	74	142	1/1/2005	12/31/2006
73301000	Squash, winter type, mashed, NS as to fat or sugar added in cooking	193	16	104	1/1/2005	12/31/2006
73301010	Squash, winter type, mashed, no fat or sugar added in cooking	182	1	92	1/1/2005	12/31/2006
73301020	Squash, winter type, mashed, fat added in cooking, no sugar added in cooking	237	16	126	1/1/2005	12/31/2006
73301030	Squash, winter type, mashed, fat and sugar added in cooking	183	17	100	1/1/2005	12/31/2006
73303000	Squash, winter type, baked, NS as to fat or sugar added in cooking	183	17	100	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73303010	Squash, winter type, baked, no fat or sugar added in cooking	182	1	92	1/1/2005	12/31/2006
73303020	Squash, winter type, baked, fat added in cooking, no sugar added in cooking	193	16	104	1/1/2005	12/31/2006
73303030	Squash, winter type, baked, fat and sugar added in cooking	183	17	100	1/1/2005	12/31/2006
73303040	Squash, winter type, baked, no fat added in cooking, sugar added in cooking	172	3	88	1/1/2005	12/31/2006
73304010	Squash fritter or cake	332	168	250	1/1/2005	12/31/2006
73305010	Squash, winter, baked with cheese	300	162	231	1/1/2005	12/31/2006
73305020	Squash, winter, souffle	166	29	98	1/1/2005	12/31/2006
73402000	Sweetpotato, baked, peel eaten, NS as to fat added in cooking	301	56	178	1/1/2005	12/31/2006
73402010	Sweetpotato, baked, peel eaten, fat not added in cooking	285	33	159	1/1/2005	12/31/2006
73402020	Sweetpotato, baked, peel eaten, fat added in cooking	301	56	178	1/1/2005	12/31/2006
73403000	Sweetpotato, baked, peel not eaten, NS as to fat added in cooking	376	66	221	1/1/2005	12/31/2006
73403010	Sweetpotato, baked, peel not eaten, fat not added in cooking	359	36	198	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73403020	Sweetpotato, baked, peel not eaten, fat added in cooking	376	66	221	1/1/2005	12/31/2006
73405000	Sweetpotato, boiled, without peel, NS as to fat added in cooking	287	50	168	1/1/2005	12/31/2006
73405010	Sweetpotato, boiled, without peel, fat not added in cooking	272	27	150	1/1/2005	12/31/2006
73405020	Sweetpotato, boiled, without peel, fat added in cooking	287	50	168	1/1/2005	12/31/2006
73405100	Sweetpotato, boiled, with peel, NS as to fat added in cooking	287	50	168	1/1/2005	12/31/2006
73405110	Sweetpotato, boiled, with peel, fat not added in cooking	272	27	150	1/1/2005	12/31/2006
73405120	Sweetpotato, boiled, with peel, fat added in cooking	287	50	168	1/1/2005	12/31/2006
73406000	Sweetpotato, candied	254	80	167	1/1/2005	12/31/2006
73409000	Sweetpotato, casserole or mashed	251	52	152	1/1/2005	12/31/2006
73410110	Sweetpotato, fried	332	33	182	1/1/2005	12/31/2006
73421000	Sweetpotato, yellow, Puerto Rican, cooked	272	27	150	1/1/2005	12/31/2006
74201001	Tomatoes, cooked, from fresh, NS as to method	165	11	88	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
74202050	Tomatoes, red, NS as to form, fried	176	73	124	1/1/2005	12/31/2006
74202051	Tomatoes, red, from fresh, fried	176	73	124	1/1/2005	12/31/2006
74203010	Tomatoes, NS as to form, scalloped	520	255	388	1/1/2005	12/31/2006
74203011	Tomatoes, from fresh, scalloped	400	133	266	1/1/2005	12/31/2006
74204011	Tomatoes, from fresh, stewed	264	75	170	1/1/2005	12/31/2006
74205010	Tomatoes, green, cooked, NS as to form	215	92	154	1/1/2005	12/31/2006
74205011	Tomatoes, green, cooked, from fresh	215	92	154	1/1/2005	12/31/2006
74404020	Spaghetti sauce with vegetables, homemade-style	155	114	134	1/1/2005	12/31/2006
74502010	Tomato and lima beans, cooked, fat not added cooking	181	91	136	1/1/2005	12/31/2006
74504000	Tomato and okra, cooked, NS as to fat added in cooking	195	105	150	1/1/2005	12/31/2006
74504010	Tomato and okra, cooked, fat not added in cooking	181	88	134	1/1/2005	12/31/2006
74504020	Tomato and okra, cooked, fat added in cooking	195	105	150	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
74504100	Tomato and onion, cooked, NS as to fat added in cooking	181	25	103	1/1/2005	12/31/2006
74504110	Tomato and onion, cooked, fat not added in cooking	168	9	88	1/1/2005	12/31/2006
74504120	Tomato and onion, cooked, fat added in cooking	181	25	103	1/1/2005	12/31/2006
74504150	Tomato and celery, cooked, fat not added in cooking	174	134	154	1/1/2005	12/31/2006
74505000	Tomato with corn and okra, cooked, NS as to fat added in cooking	212	80	146	1/1/2005	12/31/2006
74505010	Tomato with corn and okra, cooked, fat not added in cooking	211	149	180	1/1/2005	12/31/2006
74505020	Tomato with corn and okra, cooked, fat added in cooking	212	80	146	1/1/2005	12/31/2006
74506000	Tomato and cucumber salad made with tomato, cucumber, oil, and vinegar	213	3	108	1/1/2005	12/31/2006
75200100	Vegetables, NS as to type, cooked, NS as to fat added in cooking	252	54	153	1/1/2005	12/31/2006
75200110	Vegetables, NS as to type, cooked, fat not added in cooking	266	35	150	1/1/2005	12/31/2006
75200120	Vegetables, NS as to type, cooked, fat added in cooking	252	54	153	1/1/2005	12/31/2006
75201000	Artichoke, globe (French), cooked, NS as to form, NS as to fat added in cooking	294	80	187	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75201001	Artichoke, globe (French), cooked, from fresh, NS as to fat added in cooking	294	80	187	1/1/2005	12/31/2006
75201002	Artichoke, globe (French), cooked, from frozen, NS as to fat added in cooking	287	73	180	1/1/2005	12/31/2006
75201010	Artichoke, globe (French), cooked, NS as to form, fat not added in cooking	280	60	170	1/1/2005	12/31/2006
75201011	Artichoke, globe (French), cooked, from fresh, fat not added in cooking	280	60	170	1/1/2005	12/31/2006
75201012	Artichoke, globe (French), cooked, from frozen, fat not added in cooking	273	53	163	1/1/2005	12/31/2006
75201020	Artichoke, globe (French), cooked, NS as to form, fat added in cooking	294	80	187	1/1/2005	12/31/2006
75201021	Artichoke, globe (French), cooked, from fresh, fat added in cooking	294	80	187	1/1/2005	12/31/2006
75201022	Artichoke, globe (French), cooked, from frozen, fat added in cooking	287	73	180	1/1/2005	12/31/2006
75202000	Asparagus, cooked, NS as to form, NS as to fat added in cooking	234	34	134	1/1/2005	12/31/2006
75202001	Asparagus, cooked, from fresh, NS as to fat added in cooking	234	34	134	1/1/2005	12/31/2006
75202002	Asparagus, cooked, from frozen, NS as to fat added in cooking	329	33	181	1/1/2005	12/31/2006
75202010	Asparagus, cooked, NS as to form, fat not added in cooking	220	14	117	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75202011	Asparagus, cooked, from fresh, fat not added in cooking	220	14	117	1/1/2005	12/31/2006
75202012	Asparagus, cooked, from frozen, fat not added in cooking	311	3	157	1/1/2005	12/31/2006
75202020	Asparagus, cooked, NS as to form, fat added in cooking	234	34	134	1/1/2005	12/31/2006
75202021	Asparagus, cooked, from fresh, fat added in cooking	234	34	134	1/1/2005	12/31/2006
75202022	Asparagus, cooked, from frozen, fat added in cooking	223	23	123	1/1/2005	12/31/2006
75203000	Bamboo shoots, cooked, fat not added in cooking	242	4	123	1/1/2005	12/31/2006
75203020	Bamboo shoots, cooked, fat added in cooking	354	37	196	1/1/2005	12/31/2006
75204000	Beans, lima, immature, cooked, NS as to form, NS as to fat added in cooking	250	38	144	1/1/2005	12/31/2006
75204001	Beans, lima, immature, cooked, from fresh, NS as to fat added in cooking	250	38	144	1/1/2005	12/31/2006
75204002	Beans, lima, immature, cooked, from frozen, NS as to fat added in cooking	274	68	171	1/1/2005	12/31/2006
75204010	Beans, lima, immature, cooked, NS as to form, fat not added in cooking	235	17	126	1/1/2005	12/31/2006
75204011	Beans, lima, immature, cooked, from fresh, fat not added in cooking	235	17	126	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75204012	Beans, lima, immature, cooked, from frozen, fat not added in cooking	260	48	154	1/1/2005	12/31/2006
75204020	Beans, lima, immature, cooked, NS as to form, fat added in cooking	250	38	144	1/1/2005	12/31/2006
75204021	Beans, lima, immature, cooked, from fresh, fat added in cooking	250	38	144	1/1/2005	12/31/2006
75204022	Beans, lima, immature, cooked, from frozen, fat added in cooking	274	68	171	1/1/2005	12/31/2006
75204980	Beans, string, cooked, NS as to form, NS as to color, fat added in cooking	314	30	172	1/1/2005	12/31/2006
75204981	Beans, string, cooked, from fresh, NS as to color, fat added in cooking	314	30	172	1/1/2005	12/31/2006
75204982	Beans, string, cooked, from frozen, NS as to color, fat added in cooking	292	28	160	1/1/2005	12/31/2006
75204990	Beans, string, cooked, NS as to form, NS as to color, fat not added in cooking	296	1	148	1/1/2005	12/31/2006
75204991	Beans, string, cooked, from fresh, NS as to color, fat not added in cooking	296	1	148	1/1/2005	12/31/2006
75204992	Beans, string, cooked, from frozen, NS as to color, fat not added in cooking	275	1	138	1/1/2005	12/31/2006
75205000	Beans, string, cooked, NS as to form, NS as to color, NS as to fat added in cooking	314	30	172	1/1/2005	12/31/2006
75205001	Beans, string, cooked, from fresh, NS as to color, NS as to fat added in cooking	314	30	172	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75205002	Beans, string, cooked, from frozen, NS as to color, NS as to fat added in cooking	292	28	160	1/1/2005	12/31/2006
75205010	Beans, string, green, cooked, NS as to form, NS as to fat added in cooking	314	30	172	1/1/2005	12/31/2006
75205011	Beans, string, green, cooked, from fresh, NS as to fat added in cooking	314	30	172	1/1/2005	12/31/2006
75205012	Beans, string, green, cooked, from frozen, NS as to fat added in cooking	292	28	160	1/1/2005	12/31/2006
75205020	Beans, string, green, cooked, NS as to form, fat not added in cooking	296	1	148	1/1/2005	12/31/2006
75205021	Beans, string, green, cooked, from fresh, fat not added in cooking	296	1	148	1/1/2005	12/31/2006
75205022	Beans, string, green, cooked, from frozen, fat not added in cooking	275	1	138	1/1/2005	12/31/2006
75205030	Beans, string, green, cooked, NS as to form, fat added in cooking	314	30	172	1/1/2005	12/31/2006
75205031	Beans, string, green, cooked, from fresh, fat added in cooking	314	30	172	1/1/2005	12/31/2006
75205032	Beans, string, green, cooked, from frozen, fat added in cooking	292	28	160	1/1/2005	12/31/2006
75206000	Beans, string, yellow, cooked, NS as to form, NS as to fat added in cooking	316	32	174	1/1/2005	12/31/2006
75206001	Beans, string, yellow, cooked, from fresh, NS as to fat added in cooking	316	32	174	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75206002	Beans, string, yellow, cooked, from frozen, NS as to fat added in cooking	300	36	168	1/1/2005	12/31/2006
75206010	Beans, string, yellow, cooked, NS as to form, fat not added in cooking	298	3	150	1/1/2005	12/31/2006
75206011	Beans, string, yellow, cooked, from fresh, fat not added in cooking	298	3	150	1/1/2005	12/31/2006
75206012	Beans, string, yellow, cooked, from frozen, fat not added in cooking	283	9	146	1/1/2005	12/31/2006
75206020	Beans, string, yellow, cooked, NS as to form, fat added in cooking	316	32	174	1/1/2005	12/31/2006
75206021	Beans, string, yellow, cooked, from fresh, fat added in cooking	316	32	174	1/1/2005	12/31/2006
75206022	Beans, string, yellow, cooked, from frozen, fat added in cooking	300	36	168	1/1/2005	12/31/2006
75207000	Bean sprouts, cooked, NS as to form, NS as to fat added in cooking	286	43	164	1/1/2005	12/31/2006
75207001	Bean sprouts, cooked, from fresh, NS as to fat added in cooking	286	43	164	1/1/2005	12/31/2006
75207010	Bean sprouts, cooked, NS as to form, fat not added in cooking	264	10	137	1/1/2005	12/31/2006
75207011	Bean sprouts, cooked, from fresh, fat not added in cooking	264	10	137	1/1/2005	12/31/2006
75207020	Bean sprouts, cooked, NS as to form, fat added in cooking	286	43	164	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75207021	Bean sprouts, cooked, from fresh, fat added in cooking	246	43	144	1/1/2005	12/31/2006
75208000	Beets, cooked, NS as to form, NS as to fat added in cooking	308	96	202	1/1/2005	12/31/2006
75208001	Beets, cooked, from fresh, NS as to fat added in cooking	308	96	202	1/1/2005	12/31/2006
75208002	Beets, cooked, from frozen, NS as to fat added in cooking	308	96	202	1/1/2005	12/31/2006
75208010	Beets, cooked, NS as to form, fat not added in cooking	294	77	186	1/1/2005	12/31/2006
75208011	Beets, cooked, from fresh, fat not added in cooking	294	77	186	1/1/2005	12/31/2006
75208012	Beets, cooked, from frozen, fat not added in cooking	294	77	186	1/1/2005	12/31/2006
75208020	Beets, cooked, NS as to form, fat added in cooking	308	96	202	1/1/2005	12/31/2006
75208021	Beets, cooked, from fresh, fat added in cooking	308	96	202	1/1/2005	12/31/2006
75208022	Beets, cooked, from frozen, fat added in cooking	308	96	202	1/1/2005	12/31/2006
75208290	Bitter melon, cooked, NS as to fat added in cooking	244	35	140	1/1/2005	12/31/2006
75208300	Bitter melon, cooked, fat not added in cooking	237	6	122	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75208310	Bitter melon, cooked, fat added in cooking	244	35	140	1/1/2005	12/31/2006
75208500	Breadfruit, cooked, fat not added in cooking	260	2	131	1/1/2005	12/31/2006
75208700	Broccoflower, cooked, NS as to fat added in cooking	278	48	163	1/1/2005	12/31/2006
75208710	Broccoflower, cooked, fat not added in cooking	261	23	142	1/1/2005	12/31/2006
75208720	Broccoflower, cooked, fat added in cooking	278	48	163	1/1/2005	12/31/2006
75209000	Brussels sprouts, cooked, NS as to form, NS as to fat added in cooking	274	44	159	1/1/2005	12/31/2006
75209001	Brussels sprouts, cooked, from fresh, NS as to fat added in cooking	274	44	159	1/1/2005	12/31/2006
75209002	Brussels sprouts, cooked, from frozen, NS as to fat added in cooking	269	38	154	1/1/2005	12/31/2006
75209010	Brussels sprouts, cooked, NS as to form, fat not added in cooking	258	21	140	1/1/2005	12/31/2006
75209011	Brussels sprouts, cooked, from fresh, fat not added in cooking	258	21	140	1/1/2005	12/31/2006
75209012	Brussels sprouts, cooked, from frozen, fat not added in cooking	253	15	134	1/1/2005	12/31/2006
75209020	Brussels sprouts, cooked, NS as to form, fat added in cooking	274	44	159	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75209021	Brussels sprouts, cooked, from fresh, fat added in cooking	274	44	159	1/1/2005	12/31/2006
75209022	Brussels sprouts, cooked, from frozen, fat added in cooking	269	38	154	1/1/2005	12/31/2006
75209500	Burdock, cooked, fat not added in cooking	235	4	120	1/1/2005	12/31/2006
75210000	Cabbage, Chinese, cooked, NS as to fat added in cooking	355	55	205	1/1/2005	12/31/2006
75210010	Cabbage, Chinese, cooked, fat not added in cooking	252	21	136	1/1/2005	12/31/2006
75210020	Cabbage, Chinese, cooked, fat added in cooking	355	55	205	1/1/2005	12/31/2006
75211010	Cabbage, green, cooked, NS as to fat added in cooking	281	32	156	1/1/2005	12/31/2006
75211020	Cabbage, green, cooked, fat not added in cooking	239	8	124	1/1/2005	12/31/2006
75211030	Cabbage, green, cooked, fat added in cooking	281	32	156	1/1/2005	12/31/2006
75212000	Cabbage, red, cooked, NS as to fat added in cooking	275	51	163	1/1/2005	12/31/2006
75212010	Cabbage, red, cooked, fat not added in cooking	259	28	144	1/1/2005	12/31/2006
75212020	Cabbage, red, cooked, fat added in cooking	275	51	163	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75213000	Cabbage, savoy, cooked, NS as to fat added in cooking	535	75	305	1/1/2005	12/31/2006
75213010	Cabbage, savoy, cooked, fat not added in cooking	258	27	142	1/1/2005	12/31/2006
75213020	Cabbage, savoy, cooked, fat added in cooking	282	51	166	1/1/2005	12/31/2006
75213100	Cactus, cooked, NS as to fat added in cooking	284	44	164	1/1/2005	12/31/2006
75213110	Cactus, cooked, fat not added in cooking	268	20	144	1/1/2005	12/31/2006
75213120	Cactus, cooked, fat added in cooking	284	44	164	1/1/2005	12/31/2006
75214000	Cauliflower, cooked, NS as to form, NS as to fat added in cooking	300	42	171	1/1/2005	12/31/2006
75214001	Cauliflower, cooked, from fresh, NS as to fat added in cooking	295	44	170	1/1/2005	12/31/2006
75214002	Cauliflower, cooked, from frozen, NS as to fat added in cooking	238	38	138	1/1/2005	12/31/2006
75214010	Cauliflower, cooked, NS as to form, fat not added in cooking	284	16	150	1/1/2005	12/31/2006
75214011	Cauliflower, cooked, from fresh, fat not added in cooking	313	15	164	1/1/2005	12/31/2006
75214012	Cauliflower, cooked, from frozen, fat not added in cooking	224	18	121	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75214020	Cauliflower, cooked, NS as to form, fat added in cooking	300	42	171	1/1/2005	12/31/2006
75214021	Cauliflower, cooked, from fresh, fat added in cooking	295	44	170	1/1/2005	12/31/2006
75214022	Cauliflower, cooked, from frozen, fat added in cooking	238	38	138	1/1/2005	12/31/2006
75215000	Celery, cooked, NS as to fat added in cooking	311	113	212	1/1/2005	12/31/2006
75215010	Celery, cooked, fat not added in cooking	296	91	194	1/1/2005	12/31/2006
75215020	Celery, cooked, fat added in cooking	311	113	212	1/1/2005	12/31/2006
75215100	Fennel bulb, cooked, NS as to fat added in cooking	311	112	212	1/1/2005	12/31/2006
75215110	Fennel bulb, cooked, fat not added in cooking	296	91	194	1/1/2005	12/31/2006
75215120	Fennel bulb, cooked, fat added in cooking	311	112	212	1/1/2005	12/31/2006
75215510	Christophine, cooked, fat not added in cooking	256	2	129	1/1/2005	12/31/2006
75216000	Corn, cooked, NS as to form, NS as to color, NS as to fat added in cooking	241	22	132	1/1/2005	12/31/2006
75216001	Corn, cooked, from fresh, NS as to color, NS as to fat added in cooking	241	22	132	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75216002	Corn, cooked, from frozen, NS as to color, NS as to fat added in cooking	242	23	132	1/1/2005	12/31/2006
75216010	Corn, cooked, NS as to form, NS as to color, fat not added in cooking	226	0	113	1/1/2005	12/31/2006
75216011	Corn, cooked, from fresh, NS as to color, fat not added in cooking	226	0	113	1/1/2005	12/31/2006
75216012	Corn, cooked, from frozen, NS as to color, fat not added in cooking	227	1	114	1/1/2005	12/31/2006
75216020	Corn, cooked, NS as to form, NS as to color, fat added in cooking	241	22	132	1/1/2005	12/31/2006
75216021	Corn, cooked, from fresh, NS as to color, fat added in cooking	241	22	132	1/1/2005	12/31/2006
75216022	Corn, cooked, from frozen, NS as to color, fat added in cooking	242	23	132	1/1/2005	12/31/2006
75216100	Corn, yellow, cooked, NS as to form, NS as to fat added in cooking	241	22	132	1/1/2005	12/31/2006
75216101	Corn, yellow, cooked, from fresh, NS as to fat added in cooking	241	22	132	1/1/2005	12/31/2006
75216102	Corn, yellow, cooked, from frozen, NS as to fat added in cooking	242	23	132	1/1/2005	12/31/2006
75216110	Corn, yellow, cooked, NS as to form, fat not added in cooking	226	0	113	1/1/2005	12/31/2006
75216111	Corn, yellow, cooked, from fresh, fat not added in cooking	226	0	113	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75216112	Corn, yellow, cooked, from frozen, fat not added in cooking	227	1	114	1/1/2005	12/31/2006
75216120	Corn, yellow, cooked, NS as to form, fat added in cooking	241	22	132	1/1/2005	12/31/2006
75216121	Corn, yellow, cooked, from fresh, fat added in cooking	241	22	132	1/1/2005	12/31/2006
75216122	Corn, yellow, cooked, from frozen, fat added in cooking	242	23	132	1/1/2005	12/31/2006
75216160	Corn, yellow and white, cooked, NS as to form, NS as to fat added in cooking	250	31	140	1/1/2005	12/31/2006
75216161	Corn, yellow and white, cooked, from fresh, NS as to fat added in cooking	250	31	140	1/1/2005	12/31/2006
75216162	Corn, yellow and white, cooked, from frozen, NS as to fat added in cooking	244	25	134	1/1/2005	12/31/2006
75216170	Corn, yellow and white, cooked, NS as to form, fat not added in cooking	234	8	121	1/1/2005	12/31/2006
75216171	Corn, yellow and white, cooked, from fresh, fat not added in cooking	234	8	121	1/1/2005	12/31/2006
75216172	Corn, yellow and white, cooked, from frozen, fat not added in cooking	229	3	116	1/1/2005	12/31/2006
75216180	Corn, yellow and white, cooked, NS as to form, fat added in cooking	250	31	140	1/1/2005	12/31/2006
75216181	Corn, yellow and white, cooked, from fresh, fat added in cooking	250	31	140	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75216182	Corn, yellow and white, cooked, from frozen, fat added in cooking	244	25	134	1/1/2005	12/31/2006
75216200	Corn, white, cooked, NS as to form, NS as to fat added in cooking	258	39	148	1/1/2005	12/31/2006
75216201	Corn, white, cooked, from fresh, NS as to fat added in cooking	258	39	148	1/1/2005	12/31/2006
75216202	Corn, white, cooked, from frozen, NS as to fat added in cooking	246	27	136	1/1/2005	12/31/2006
75216210	Corn, white, cooked, NS as to form, fat not added in cooking	242	17	130	1/1/2005	12/31/2006
75216211	Corn, white, cooked, from fresh, fat not added in cooking	242	17	130	1/1/2005	12/31/2006
75216212	Corn, white, cooked, from frozen, fat not added in cooking	231	5	118	1/1/2005	12/31/2006
75216220	Corn, white, cooked, NS as to form, fat added in cooking	258	39	148	1/1/2005	12/31/2006
75216221	Corn, white, cooked, from fresh, fat added in cooking	258	39	148	1/1/2005	12/31/2006
75216222	Corn, white, cooked, from frozen, fat added in cooking	246	27	136	1/1/2005	12/31/2006
75216700	Cucumber, cooked, NS as to fat added in cooking	249	36	142	1/1/2005	12/31/2006
75216710	Cucumber, cooked, fat not added in cooking	277	2	140	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75216720	Cucumber, cooked, fat added in cooking	249	36	142	1/1/2005	12/31/2006
75217000	Eggplant, cooked, NS as to fat added in cooking	494	38	266	1/1/2005	12/31/2006
75217010	Eggplant, cooked, fat not added in cooking	232	1	116	1/1/2005	12/31/2006
75217020	Eggplant, cooked, fat added in cooking	494	38	266	1/1/2005	12/31/2006
75217300	Flowers or blossoms of sesbania, squash, or lily, fat not added in cooking	237	6	122	1/1/2005	12/31/2006
75217490	Hominy, cooked, NS as to fat added in cooking	570	242	406	1/1/2005	12/31/2006
75217520	Hominy, cooked, fat added in cooking	570	242	406	1/1/2005	12/31/2006
75218010	Kohlrabi, cooked, fat not added in cooking	254	21	138	1/1/2005	12/31/2006
75218400	Leek, cooked, NS as to fat added in cooking	289	57	173	1/1/2005	12/31/2006
75218500	Lotus root, cooked, fat not added in cooking	276	45	160	1/1/2005	12/31/2006
75219000	Mushrooms, cooked, NS as to form, NS as to fat added in cooking	255	25	140	1/1/2005	12/31/2006
75219001	Mushrooms, cooked, from fresh, NS as to fat added in cooking	255	25	140	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75219002	Mushrooms, cooked, from frozen, NS as to fat added in cooking	255	25	140	1/1/2005	12/31/2006
75219010	Mushrooms, cooked, NS as to form, fat not added in cooking	239	2	120	1/1/2005	12/31/2006
75219011	Mushrooms, cooked, from fresh, fat not added in cooking	239	2	120	1/1/2005	12/31/2006
75219012	Mushrooms, cooked, from frozen, fat not added in cooking	239	2	120	1/1/2005	12/31/2006
75219020	Mushrooms, cooked, NS as to form, fat added in cooking	255	25	140	1/1/2005	12/31/2006
75219021	Mushrooms, cooked, from fresh, fat added in cooking	255	25	140	1/1/2005	12/31/2006
75219022	Mushrooms, cooked, from frozen, fat added in cooking	255	25	140	1/1/2005	12/31/2006
75220000	Okra, cooked, NS as to form, NS as to fat added in cooking	235	26	130	1/1/2005	12/31/2006
75220001	Okra, cooked, from fresh, NS as to fat added in cooking	253	29	141	1/1/2005	12/31/2006
75220002	Okra, cooked, from frozen, NS as to fat added in cooking	268	23	146	1/1/2005	12/31/2006
75220010	Okra, cooked, NS as to form, fat not added in cooking	219	4	112	1/1/2005	12/31/2006
75220011	Okra, cooked, from fresh, fat not added in cooking	237	6	122	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75220012	Okra, cooked, from frozen, fat not added in cooking	254	3	128	1/1/2005	12/31/2006
75220020	Okra, cooked, NS as to form, fat added in cooking	235	26	130	1/1/2005	12/31/2006
75220021	Okra, cooked, from fresh, fat added in cooking	309	29	169	1/1/2005	12/31/2006
75220022	Okra, cooked, from frozen, fat added in cooking	268	23	146	1/1/2005	12/31/2006
75220050	Lettuce, cooked, fat not added in cooking	241	10	126	1/1/2005	12/31/2006
75220100	Luffa (Chinese okra), cooked, fat not added in cooking	237	6	122	1/1/2005	12/31/2006
75221000	Onions, mature, cooked, NS as to form, NS as to fat added in cooking	193	20	106	1/1/2005	12/31/2006
75221001	Onions, mature, cooked, from fresh, NS as to fat added in cooking	193	20	106	1/1/2005	12/31/2006
75221002	Onions, mature, cooked, from frozen, NS as to fat added in cooking	187	26	106	1/1/2005	12/31/2006
75221010	Onions, mature, cooked, NS as to form, fat not added in cooking	179	3	91	1/1/2005	12/31/2006
75221011	Onions, mature, cooked, from fresh, fat not added in cooking	179	3	91	1/1/2005	12/31/2006
75221012	Onions, mature, cooked, from frozen, fat not added in cooking	175	10	92	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75221020	Onions, mature, cooked or sauteed, NS as to form, fat added in cooking	193	20	106	1/1/2005	12/31/2006
75221021	Onions, mature, cooked or sauteed, from fresh, fat added in cooking	193	20	106	1/1/2005	12/31/2006
75221022	Onions, mature, cooked or sauteed, from frozen, fat added in cooking	187	26	106	1/1/2005	12/31/2006
75221030	Onions, pearl, cooked, NS as to form	278	3	140	1/1/2005	12/31/2006
75221031	Onions, pearl, cooked, from fresh	179	3	91	1/1/2005	12/31/2006
75221032	Onions, pearl, cooked, from frozen	184	8	96	1/1/2005	12/31/2006
75221040	Onion, young green, cooked, NS as to form, NS as to fat added in cooking	146	53	100	1/1/2005	12/31/2006
75221041	Onion, young green, cooked, from fresh, NS as to fat added in cooking	146	53	100	1/1/2005	12/31/2006
75221050	Onions, young green, cooked, NS as to form, fat not added in cooking	162	16	89	1/1/2005	12/31/2006
75221051	Onions, young green, cooked, from fresh, fat not added in cooking	162	16	89	1/1/2005	12/31/2006
75221060	Onion, young green, cooked, NS as to form, fat added in cooking	146	53	100	1/1/2005	12/31/2006
75221061	Onion, young green, cooked, from fresh, fat added in cooking	146	53	100	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75222000	Parsnips, cooked, NS as to fat added in cooking	249	33	141	1/1/2005	12/31/2006
75222010	Parsnips, cooked, fat not added in cooking	241	10	126	1/1/2005	12/31/2006
75222020	Parsnips, cooked, fat added in cooking	249	33	141	1/1/2005	12/31/2006
75223000	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, NS as to form, NS as to fat added in cooking	244	26	135	1/1/2005	12/31/2006
75223001	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from fresh, NS as to fat added in cooking	244	26	135	1/1/2005	12/31/2006
75223002	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from frozen, NS as to fat added in cooking	238	26	132	1/1/2005	12/31/2006
75223010	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, NS as to form, fat not added in cooking	228	4	116	1/1/2005	12/31/2006
75223011	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from fresh, fat not added in cooking	228	4	116	1/1/2005	12/31/2006
75223012	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from frozen, fat not added in cooking	223	5	114	1/1/2005	12/31/2006
75223020	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, NS as to form, fat added in cooking	244	26	135	1/1/2005	12/31/2006
75223021	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from fresh, fat added in cooking	244	26	135	1/1/2005	12/31/2006
75223022	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from frozen, fat added in cooking	238	26	132	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75224010	Peas, green, cooked, NS as to form, NS as to fat added in cooking	250	26	138	1/1/2005	12/31/2006
75224011	Peas, green, cooked, from fresh, NS as to fat added in cooking	250	26	138	1/1/2005	12/31/2006
75224012	Peas, green, cooked, from frozen, NS as to fat added in cooking	317	93	205	1/1/2005	12/31/2006
75224020	Peas, green, cooked, NS as to form, fat not added in cooking	234	3	118	1/1/2005	12/31/2006
75224021	Peas, green, cooked, from fresh, fat not added in cooking	234	3	118	1/1/2005	12/31/2006
75224022	Peas, green, cooked, from frozen, fat not added in cooking	303	72	188	1/1/2005	12/31/2006
75224030	Peas, green, cooked, NS as to form, fat added in cooking	250	26	138	1/1/2005	12/31/2006
75224031	Peas, green, cooked, from fresh, fat added in cooking	250	26	138	1/1/2005	12/31/2006
75224032	Peas, green, cooked, from frozen, fat added in cooking	317	93	205	1/1/2005	12/31/2006
75225010	Pigeon peas, cooked, NS as to form, fat not added in cooking	247	5	126	1/1/2005	12/31/2006
75225011	Pigeon peas, cooked, from fresh, fat not added in cooking	247	5	126	1/1/2005	12/31/2006
75226000	Peppers, green, cooked, NS as to fat added in cooking	248	29	138	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75226010	Peppers, green, cooked, fat not added in cooking	233	2	118	1/1/2005	12/31/2006
75226020	Peppers, green, cooked, fat added in cooking	248	29	138	1/1/2005	12/31/2006
75226050	Peppers, red, cooked, fat not added in cooking	233	2	118	1/1/2005	12/31/2006
75226060	Peppers, red, cooked, fat added in cooking	248	29	138	1/1/2005	12/31/2006
75227100	Radish, Japanese (daikon), cooked, fat not added in cooking	267	21	144	1/1/2005	12/31/2006
75227110	Radish, Japanese (daikon), cooked, fat added in cooking	261	37	149	1/1/2005	12/31/2006
75228000	Rutabaga, cooked, NS as to fat added in cooking	261	41	151	1/1/2005	12/31/2006
75228010	Rutabaga, cooked, fat not added in cooking	251	20	136	1/1/2005	12/31/2006
75228020	Rutabaga, cooked, fat added in cooking	261	41	151	1/1/2005	12/31/2006
75229010	Salsify (vegetable oyster), cooked, fat not added in cooking	247	16	132	1/1/2005	12/31/2006
75231000	Snowpea (pea pod), cooked, NS as to form, NS as to fat added in cooking	251	27	139	1/1/2005	12/31/2006
75231001	Snowpea (pea pod), cooked, from fresh, NS as to fat added in cooking	251	27	139	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75231002	Snowpea (pea pod), cooked, from frozen, NS as to fat added in cooking	252	28	140	1/1/2005	12/31/2006
75231010	Snowpea (pea pod), cooked, NS as to form, fat not added in cooking	235	4	120	1/1/2005	12/31/2006
75231011	Snowpea (pea pod), cooked, from fresh, fat not added in cooking	235	4	120	1/1/2005	12/31/2006
75231012	Snowpea (pea pod), cooked, from frozen, fat not added in cooking	236	5	120	1/1/2005	12/31/2006
75231020	Snowpea (pea pod), cooked, NS as to form, fat added in cooking	251	27	139	1/1/2005	12/31/2006
75231021	Snowpea (pea pod), cooked, from fresh, fat added in cooking	251	27	139	1/1/2005	12/31/2006
75231022	Snowpea (pea pod), cooked, from frozen, fat added in cooking	252	28	140	1/1/2005	12/31/2006
75233000	Squash, summer, cooked, NS as to form, NS as to fat added in cooking	271	21	146	1/1/2005	12/31/2006
75233001	Squash, summer, cooked, from fresh, NS as to fat added in cooking	271	21	146	1/1/2005	12/31/2006
75233002	Squash, summer, cooked, from frozen, NS as to fat added in cooking	195	21	108	1/1/2005	12/31/2006
75233010	Squash, summer, cooked, NS as to form, fat not added in cooking	283	1	142	1/1/2005	12/31/2006
75233011	Squash, summer, cooked, from fresh, fat not added in cooking	283	1	142	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75233012	Squash, summer, cooked, from frozen, fat not added in cooking	182	4	93	1/1/2005	12/31/2006
75233020	Squash, summer, cooked, NS as to form, fat added in cooking	271	21	146	1/1/2005	12/31/2006
75233021	Squash, summer, cooked, from fresh, fat added in cooking	271	21	146	1/1/2005	12/31/2006
75233022	Squash, summer, cooked, from frozen, fat added in cooking	195	21	108	1/1/2005	12/31/2006
75233200	Squash, spaghetti, cooked, NS as to fat added in cooking	210	41	126	1/1/2005	12/31/2006
75233210	Squash, spaghetti, cooked, fat added in cooking	222	41	132	1/1/2005	12/31/2006
75233220	Squash, spaghetti, cooked, fat not added in cooking	205	18	112	1/1/2005	12/31/2006
75233510	Sequin (Portuguese squash), cooked, fat not added in cooking	232	1	116	1/1/2005	12/31/2006
75234000	Turnip, cooked, NS as to form, NS as to fat added in cooking	269	39	154	1/1/2005	12/31/2006
75234001	Turnip, cooked, from fresh, NS as to fat added in cooking	269	39	154	1/1/2005	12/31/2006
75234002	Turnip, cooked, from frozen, NS as to fat added in cooking	288	58	173	1/1/2005	12/31/2006
75234010	Turnip, cooked, NS as to form, fat not added in cooking	253	16	134	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75234011	Turnip, cooked, from fresh, fat not added in cooking	253	16	134	1/1/2005	12/31/2006
75234012	Turnip, cooked, from frozen, fat not added in cooking	273	36	154	1/1/2005	12/31/2006
75234020	Turnip, cooked, NS as to form, fat added in cooking	269	39	154	1/1/2005	12/31/2006
75234021	Turnip, cooked, from fresh, fat added in cooking	269	39	154	1/1/2005	12/31/2006
75234022	Turnip, cooked, from frozen, fat added in cooking	288	58	173	1/1/2005	12/31/2006
75235750	Winter melon, cooked	338	107	222	1/1/2005	12/31/2006
75301100	Beans, lima and corn (succotash), cooked, NS as to fat added in cooking	231	65	148	1/1/2005	12/31/2006
75301110	Beans, lima and corn (succotash), cooked, fat not added in cooking	271	45	158	1/1/2005	12/31/2006
75301120	Beans, lima and corn (succotash), cooked, fat added in cooking	231	65	148	1/1/2005	12/31/2006
75302010	Beans, green string, with tomatoes, cooked, fat not added in cooking	245	189	217	1/1/2005	12/31/2006
75302020	Beans, green string, with onions, cooked, fat not added in cooking	231	1	116	1/1/2005	12/31/2006
75302030	Beans, green string, with chickpeas, cooked, fat not added in cooking	197	4	100	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75302040	Beans, green string, with almonds, cooked, fat not added in cooking	198	7	102	1/1/2005	12/31/2006
75302050	Beans, green, and potatoes, cooked, fat not added in cooking	242	3	122	1/1/2005	12/31/2006
75302070	Beans, green, with spaetzle, cooked, fat not added in cooking	233	2	118	1/1/2005	12/31/2006
75302200	Beans, green string, with onions, NS as to fat added in cooking	332	24	178	1/1/2005	12/31/2006
75302210	Beans, green string, with onions, fat added in cooking	332	24	178	1/1/2005	12/31/2006
75302500	Beans, green, and potatoes, cooked, NS as to fat added in cooking	287	29	158	1/1/2005	12/31/2006
75302510	Beans, green, and potatoes, cooked, fat added in cooking	287	29	158	1/1/2005	12/31/2006
75303000	Corn with peppers, red or green, cooked, NS as to fat added in cooking	248	20	134	1/1/2005	12/31/2006
75303010	Corn with peppers, red or green, cooked, fat not added in cooking	234	0	117	1/1/2005	12/31/2006
75303020	Corn with peppers, red or green, cooked, fat added in cooking	248	20	134	1/1/2005	12/31/2006
75306010	Eggplant in tomato sauce, cooked, fat not added in cooking	504	294	399	1/1/2005	12/31/2006
75307000	Green peppers and onions, cooked, fat added in cooking	232	24	128	1/1/2005	12/31/2006

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75311000	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, NS as to form, NS as to fat added in cooking	252	54	153	1/1/2005	12/31/2006
75311002	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, from frozen, NS as to fat added in cooking	252	54	153	1/1/2005	12/31/2006
75311010	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, NS as to form, fat not added in cooking	238	35	136	1/1/2005	12/31/2006
75311012	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, from frozen, fat not added in cooking	238	35	136	1/1/2005	12/31/2006
75311020	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, NS as to form, fat added in cooking	252	54	153	1/1/2005	12/31/2006
75311022	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, from frozen, fat added in cooking	252	54	153	1/1/2005	12/31/2006
75315000	Peas and corn, cooked, NS as to fat added in cooking	232	24	128	1/1/2005	12/31/2006
75315010	Peas and corn, cooked, fat not added in cooking	216	1	108	1/1/2005	12/31/2006
75315020	Peas and corn, cooked, fat added in cooking	232	24	128	1/1/2005	12/31/2006
75315100	Peas and onions, cooked, NS as to fat added in cooking	327	56	192	1/1/2005	12/31/2006
75315110	Peas and onions, cooked, fat not added in cooking	315	37	176	1/1/2005	12/31/2006
75315120	Peas and onions, cooked, fat added in cooking	285	56	170	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75315210	Peas with mushrooms, cooked, fat not added in cooking	290	58	174	1/1/2005	12/31/2006
75315250	Cowpeas with snap beans, cooked, fat not added in cooking	235	4	120	1/1/2005	12/31/2006
75315300	Peas and potatoes, cooked, fat not added in cooking	236	4	120	1/1/2005	12/31/2006
75316000	Squash, summer, and onions, cooked, fat not added in cooking	151	2	76	1/1/2005	12/31/2006
75316010	Zucchini with tomato sauce, cooked, fat not added in cooking	200	59	130	1/1/2005	12/31/2006
75316020	Squash, summer, and onions, cooked, fat added in cooking	166	21	94	1/1/2005	12/31/2006
75316050	Ratatouille	205	35	120	1/1/2005	12/31/2006
75317000	Vegetables, stew type (including potatoes, carrots, onions, celery) cooked, NS as to fat added in cooking	282	66	174	1/1/2005	12/31/2006
75317010	Vegetables, stew type (including potatoes, carrots, onions, celery) cooked, fat added in cooking	282	66	174	1/1/2005	12/31/2006
75340000	Vegetable combinations, Oriental style, (broccoli, green pepper, water chestnut, etc) cooked, NS as to fat added in cooking	255	31	143	1/1/2005	12/31/2006
75340010	Vegetable combinations, Oriental style, (broccoli, green pepper, water chestnuts, etc), cooked, fat not added in cooking	238	7	122	1/1/2005	12/31/2006
75340020	Vegetable combinations, Oriental style, (broccoli, green pepper, water chestnuts, etc), cooked, fat added in cooking	255	31	143	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75340100	Vegetable combinations (broccoli, carrots, corn, cauliflower, etc.), cooked, NS as to fat added in cooking	272	48	160	1/1/2005	12/31/2006
75340110	Vegetable combinations (broccoli, carrots, corn, cauliflower, etc.), cooked, fat not added in cooking	255	24	140	1/1/2005	12/31/2006
75340120	Vegetable combinations (broccoli, carrots, corn, cauliflower, etc.), cooked, fat added in cooking	272	48	160	1/1/2005	12/31/2006
75340130	Vegetable combination (green beans, broccoli, onions, mushrooms), cooked, NS as to fat added in cooking	255	31	143	1/1/2005	12/31/2006
75340140	Vegetable combination (green beans, broccoli, onions, mushrooms), cooked, fat not added in cooking	237	6	122	1/1/2005	12/31/2006
75340150	Vegetable combination (green beans, broccoli, onions, mushrooms), cooked, fat added in cooking	255	31	143	1/1/2005	12/31/2006
75340160	Vegetable and pasta combinations with cream or cheese sauce (broccoli, pasta, carrots, corn, zucchini, peppers, cauliflower, peas, etc.), cooked	407	390	398	1/1/2005	12/31/2006
75340300	Pinacbet (eggplant with tomatoes, bitter melon, etc.)	46	6	26	1/1/2005	12/31/2006
75400500	Artichokes, stuffed	396	244	320	1/1/2005	12/31/2006
75405010	Beets with Harvard sauce	250	91	170	1/1/2005	12/31/2006
75407010	Cabbage, creamed	305	165	235	1/1/2005	12/31/2006
75410010	Celery, creamed	336	211	274	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75410530	Chiles rellenos, filled with meat and cheese (stuffed chili peppers)	348	121	234	1/1/2005	12/31/2006
75411010	Corn, scalloped or pudding	320	65	192	1/1/2005	12/31/2006
75411020	Corn fritter	521	342	432	1/1/2005	12/31/2006
75412010	Eggplant, batter-dipped, fried	62	29	46	1/1/2005	12/31/2006
75412030	Eggplant dip	219	25	122	1/1/2005	12/31/2006
75413010	Kohlrabi, creamed	297	165	231	1/1/2005	12/31/2006
75414020	Mushrooms, stuffed	622	515	568	1/1/2005	12/31/2006
75416010	Parsnips, creamed	286	163	224	1/1/2005	12/31/2006
75418060	Squash, summer, souffle	264	112	188	1/1/2005	12/31/2006
75418220	Creamed christophine, Puerto Rican style (Chayote a la crema)	289	73	181	1/1/2005	12/31/2006
75440400	Vegetables, dipped in chick-pea flour batter, (pakora), fried	1104	9	556	1/1/2005	12/31/2006
75440500	Vegetable combinations (including carrots, broccoli, and/or dark-green leafy), cooked, with cheese sauce	724	98	411	1/1/2005	12/31/2006

## FNDDS 3 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75440510	Vegetable combinations (excluding carrots, broccoli, and dark-green leafy), cooked, with cheese sauce	753	93	423	1/1/2005	12/31/2006
75450500	Vegetable combination (including carrots, broccoli, and/or dark-green leafy), cooked, with cream sauce	326	181	254	1/1/2005	12/31/2006
75450510	Vegetable combination (excluding carrots, broccoli, and dark-green leafy), cooked, with cream sauce	341	192	266	1/1/2005	12/31/2006
75460700	Vegetable combinations (including carrots, broccoli, and/or dark-green leafy), cooked, with pasta	530	33	282	1/1/2005	12/31/2006