

FNDDS 2 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
20000000	Meat, NFS	384	62	223	1/1/2003	12/31/2004
20000200	Ground meat, NFS	398	75	236	1/1/2003	12/31/2004
21000100	Beef, NS as to cut, cooked, NS as to fat eaten	384	62	223	1/1/2003	12/31/2004
21000110	Beef, NS as to cut, cooked, lean and fat eaten	384	62	223	1/1/2003	12/31/2004
21000120	Beef, NS as to cut, cooked, lean only eaten	389	67	228	1/1/2003	12/31/2004
21001000	Steak, NS as to type of meat, cooked, NS as to fat eaten	372	50	211	1/1/2003	12/31/2004
21001010	Steak, NS as to type of meat, cooked, lean and fat eaten	372	50	211	1/1/2003	12/31/2004
21001020	Steak, NS as to type of meat, cooked, lean only eaten	378	55	217	1/1/2003	12/31/2004
21003000	Beef, NS as to cut, fried, NS to fat eaten	391	69	230	1/1/2003	12/31/2004
21101000	Beef steak, NS as to cooking method, NS as to fat eaten	373	50	212	1/1/2003	12/31/2004
21101010	Beef steak, NS as to cooking method, lean and fat eaten	373	50	212	1/1/2003	12/31/2004
21101020	Beef steak, NS as to cooking method, lean only eaten	378	56	217	1/1/2003	12/31/2004

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21101110	Beef steak, broiled or baked, NS as to fat eaten	373	50	212	1/1/2003	12/31/2004
21101120	Beef steak, broiled or baked, lean and fat eaten	373	50	212	1/1/2003	12/31/2004
21101130	Beef steak, broiled or baked, lean only eaten	378	56	217	1/1/2003	12/31/2004
21102110	Beef steak, fried, NS as to fat eaten	389	67	228	1/1/2003	12/31/2004
21102120	Beef steak, fried, lean and fat eaten	389	67	228	1/1/2003	12/31/2004
21102130	Beef steak, fried, lean only eaten	396	74	235	1/1/2003	12/31/2004
21103110	Beef steak, breaded or floured, baked or fried, NS as to fat eaten	337	165	251	1/1/2003	12/31/2004
21103120	Beef steak, breaded or floured, baked or fried, lean and fat eaten	337	165	251	1/1/2003	12/31/2004
21103130	Beef steak, breaded or floured, baked or fried, lean only eaten	343	171	257	1/1/2003	12/31/2004
21104110	Beef steak, battered, fried, NS as to fat eaten	322	146	234	1/1/2003	12/31/2004
21104120	Beef steak, battered, fried, lean and fat eaten	322	146	234	1/1/2003	12/31/2004
21104130	Beef steak, battered, fried, lean only eaten	328	152	240	1/1/2003	12/31/2004

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21105110	Beef steak, braised, NS as to fat eaten	377	54	215	1/1/2003	12/31/2004
21105120	Beef steak, braised, lean and fat eaten	379	57	218	1/1/2003	12/31/2004
21105130	Beef steak, braised, lean only eaten	384	61	223	1/1/2003	12/31/2004
21301000	Beef, oxtails, cooked	233	71	152	1/1/2003	12/31/2004
21302000	Beef, neck bones, cooked	372	50	211	1/1/2003	12/31/2004
21304000	Beef, shortribs, cooked, NS as to fat eaten	212	50	131	1/1/2003	12/31/2004
21304110	Beef, shortribs, cooked, lean and fat eaten	212	50	131	1/1/2003	12/31/2004
21304120	Beef, shortribs, cooked, lean only eaten	380	58	219	1/1/2003	12/31/2004
21305000	Beef, cow head, cooked	224	62	143	1/1/2003	12/31/2004
21401000	Beef, roast, roasted, NS as to fat eaten	217	55	136	1/1/2003	12/31/2004
21401110	Beef, roast, roasted, lean and fat eaten	217	55	136	1/1/2003	12/31/2004
21401120	Beef, roast, roasted, lean only eaten	217	56	137	1/1/2003	12/31/2004

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21407000	Beef, pot roast, braised or boiled, NS as to fat eaten	222	60	141	1/1/2003	12/31/2004
21407110	Beef, pot roast, braised or boiled, lean and fat eaten	222	60	141	1/1/2003	12/31/2004
21407120	Beef, pot roast, braised or boiled, lean only eaten	226	64	145	1/1/2003	12/31/2004
21410000	Beef, stew meat, cooked, NS as to fat eaten	382	60	221	1/1/2003	12/31/2004
21410110	Beef, stew meat, cooked, lean and fat eaten	382	60	221	1/1/2003	12/31/2004
21410120	Beef, stew meat, cooked, lean only eaten	387	64	226	1/1/2003	12/31/2004
21417100	Beef brisket, cooked, NS as to fat eaten	225	63	144	1/1/2003	12/31/2004
21417110	Beef brisket, cooked, lean and fat eaten	225	63	144	1/1/2003	12/31/2004
21417120	Beef brisket, cooked, lean only eaten	232	70	151	1/1/2003	12/31/2004
21500100	Ground beef or patty, cooked, NS as to regular, lean, or extra lean	398	75	236	1/1/2003	12/31/2004
21500110	Ground beef, meatballs, meat only, cooked, NS as to regular, lean, or extra lean	398	75	236	1/1/2003	12/31/2004
21500200	Ground beef or patty, breaded, cooked	591	204	397	1/1/2003	12/31/2004

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21501000	Ground beef, regular, cooked	400	78	239	1/1/2003	12/31/2004
21501200	Ground beef, lean, cooked	397	75	236	1/1/2003	12/31/2004
21501300	Ground beef, extra lean, cooked	394	72	233	1/1/2003	12/31/2004
21540100	Ground beef with textured vegetable protein, cooked	428	170	299	1/1/2003	12/31/2004
22000100	Pork, NS as to cut, cooked, NS as to fat eaten	384	62	223	1/1/2003	12/31/2004
22000110	Pork, NS as to cut, cooked, lean and fat eaten	384	62	223	1/1/2003	12/31/2004
22000120	Pork, NS as to cut, cooked, lean only eaten	381	59	220	1/1/2003	12/31/2004
22000200	Pork, NS as to cut, fried, NS as to fat eaten	385	63	224	1/1/2003	12/31/2004
22000210	Pork, NS as to cut, fried, lean and fat eaten	385	63	224	1/1/2003	12/31/2004
22000220	Pork, NS as to cut, fried, lean only eaten	391	68	229	1/1/2003	12/31/2004
22000300	Pork, NS as to cut, breaded or floured, fried, NS as to fat eaten	601	194	398	1/1/2003	12/31/2004
22000310	Pork, NS as to cut, breaded or floured, fried, lean and fat eaten	601	194	398	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
22000320	Pork, NS as to cut, breaded or floured, fried, lean only eaten	623	202	412	1/1/2003	12/31/2004
22002000	Pork, ground or patty, cooked	395	73	234	1/1/2003	12/31/2004
22002100	Pork, ground or patty, breaded, cooked	582	196	389	1/1/2003	12/31/2004
22101000	Pork chop, NS as to cooking method, NS as to fat eaten	386	63	224	1/1/2003	12/31/2004
22101010	Pork chop, NS as to cooking method, lean and fat eaten	386	63	224	1/1/2003	12/31/2004
22101020	Pork chop, NS as to cooking method, lean only eaten	389	66	228	1/1/2003	12/31/2004
22101100	Pork chop, broiled or baked, NS as to fat eaten	384	62	223	1/1/2003	12/31/2004
22101110	Pork chop, broiled or baked, lean and fat eaten	384	62	223	1/1/2003	12/31/2004
22101120	Pork chop, broiled or baked, lean only eaten	386	64	225	1/1/2003	12/31/2004
22101200	Pork chop, fried, NS as to fat eaten	383	61	222	1/1/2003	12/31/2004
22101210	Pork chop, fried, lean and fat eaten	383	61	222	1/1/2003	12/31/2004
22101220	Pork chop, fried, lean only eaten	388	65	227	1/1/2003	12/31/2004

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22101300	Pork chop, breaded or floured, fried, NS as to fat eaten	601	194	398	1/1/2003	12/31/2004
22101310	Pork chop, breaded or floured, fried, lean and fat eaten	601	194	398	1/1/2003	12/31/2004
22101320	Pork chop, breaded or floured, fried, lean only eaten	623	202	412	1/1/2003	12/31/2004
22101400	Pork chop, battered, fried, NS as to fat eaten	414	73	244	1/1/2003	12/31/2004
22101410	Pork chop, battered, fried, lean and fat eaten	394	74	234	1/1/2003	12/31/2004
22101420	Pork chop, battered, fried, lean only eaten	282	75	178	1/1/2003	12/31/2004
22201000	Pork steak or cutlet, NS as to cooking method, NS as to fat eaten	397	64	230	1/1/2003	12/31/2004
22201010	Pork steak or cutlet, NS as to cooking method, lean and fat eaten	397	64	230	1/1/2003	12/31/2004
22201020	Pork steak or cutlet, NS as to cooking method, lean only eaten	401	78	239	1/1/2003	12/31/2004
22201050	Pork steak or cutlet, battered, fried, NS as to fat eaten	298	85	192	1/1/2003	12/31/2004
22201060	Pork steak or cutlet, battered, fried, lean and fat eaten	299	85	192	1/1/2003	12/31/2004
22201070	Pork steak or cutlet, battered, fried, lean only eaten	331	118	224	1/1/2003	12/31/2004

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22201100	Pork steak or cutlet, broiled or baked, NS as to fat eaten	384	62	223	1/1/2003	12/31/2004
22201110	Pork steak or cutlet, broiled or baked, lean and fat eaten	384	62	223	1/1/2003	12/31/2004
22201120	Pork steak or cutlet, broiled or baked, lean only eaten	391	68	230	1/1/2003	12/31/2004
22201200	Pork steak or cutlet, fried, NS as to fat eaten	384	61	223	1/1/2003	12/31/2004
22201210	Pork steak or cutlet, fried, lean and fat eaten	384	61	223	1/1/2003	12/31/2004
22201220	Pork steak or cutlet, fried, lean only eaten	387	65	226	1/1/2003	12/31/2004
22201300	Pork steak or cutlet, breaded or floured, broiled or baked, NS as to fat eaten	398	99	249	1/1/2003	12/31/2004
22201310	Pork steak or cutlet, breaded or floured, broiled or baked, lean and fat eaten	398	99	249	1/1/2003	12/31/2004
22201320	Pork steak or cutlet, breaded or floured, broiled or baked, lean only eaten	402	103	253	1/1/2003	12/31/2004
22201400	Pork steak or cutlet, breaded or floured, fried, NS as to fat eaten	437	159	298	1/1/2003	12/31/2004
22201410	Pork steak or cutlet, breaded or floured, fried, lean and fat eaten	437	159	298	1/1/2003	12/31/2004
22201420	Pork steak or cutlet, breaded or floured, fried, lean only eaten	450	163	307	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
22210300	Pork, tenderloin, cooked, NS as to cooking method	378	56	217	1/1/2003	12/31/2004
22210310	Pork, tenderloin, breaded, fried	338	120	229	1/1/2003	12/31/2004
22210350	Pork, tenderloin, braised	372	50	211	1/1/2003	12/31/2004
22210400	Pork, tenderloin, baked	377	55	216	1/1/2003	12/31/2004
22210450	Pork, tenderloin, battered, fried	433	74	254	1/1/2003	12/31/2004
22301000	Ham, fresh, cooked, NS as to fat eaten	222	60	141	1/1/2003	12/31/2004
22301110	Ham, fresh, cooked, lean and fat eaten	222	60	141	1/1/2003	12/31/2004
22301120	Ham, fresh, cooked, lean only eaten	226	64	145	1/1/2003	12/31/2004
22400100	Pork roast, NS as to cut, cooked, NS as to fat eaten	221	59	140	1/1/2003	12/31/2004
22400110	Pork roast, NS as to cut, cooked, lean and fat eaten	290	59	174	1/1/2003	12/31/2004
22400120	Pork roast, NS as to cut, cooked, lean only eaten	289	58	173	1/1/2003	12/31/2004
22401000	Pork roast, loin, cooked, NS as to fat eaten	221	59	140	1/1/2003	12/31/2004

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22401010	Pork roast, loin, cooked, lean and fat eaten	221	59	140	1/1/2003	12/31/2004
22401020	Pork roast, loin, cooked, lean only eaten	220	58	139	1/1/2003	12/31/2004
22402510	Fried pork chunks, Puerto Rican style (Carne de cerdo frita, masitas fritas)	491	79	285	1/1/2003	12/31/2004
22411000	Pork roast, shoulder, cooked, NS as to fat eaten	230	68	149	1/1/2003	12/31/2004
22411010	Pork roast, shoulder, cooked, lean and fat eaten	230	68	149	1/1/2003	12/31/2004
22411020	Pork roast, shoulder, cooked, lean only eaten	237	75	156	1/1/2003	12/31/2004
22701000	Pork, spareribs, cooked, NS as to fat eaten	255	93	174	1/1/2003	12/31/2004
22701010	Pork, spareribs, cooked, lean and fat eaten	255	93	174	1/1/2003	12/31/2004
22701020	Pork, spareribs, cooked, lean only eaten	203	41	122	1/1/2003	12/31/2004
23000100	Lamb, NS as to cut, cooked	394	72	233	1/1/2003	12/31/2004
23101000	Lamb chop, NS as to cut, cooked, NS as to fat eaten	390	68	229	1/1/2003	12/31/2004
23101010	Lamb chop, NS as to cut, cooked, lean and fat eaten	390	68	229	1/1/2003	12/31/2004

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23101020	Lamb chop, NS as to cut, cooked, lean only eaten	403	80	241	1/1/2003	12/31/2004
23104000	Lamb, loin chop, cooked, NS as to fat eaten	392	70	231	1/1/2003	12/31/2004
23104010	Lamb, loin chop, cooked, lean and fat eaten	392	70	231	1/1/2003	12/31/2004
23104020	Lamb, loin chop, cooked, lean only eaten	406	84	245	1/1/2003	12/31/2004
23107000	Lamb, shoulder chop, cooked, NS as to fat eaten	388	66	227	1/1/2003	12/31/2004
23107010	Lamb, shoulder chop, cooked, lean and fat eaten	388	66	227	1/1/2003	12/31/2004
23107020	Lamb, shoulder chop, cooked, lean only eaten	390	68	229	1/1/2003	12/31/2004
23108000	Lamb, shoulder, cooked, NS as to fat eaten	228	66	147	1/1/2003	12/31/2004
23108010	Lamb, shoulder, cooked, lean and fat eaten	228	66	147	1/1/2003	12/31/2004
23108020	Lamb, shoulder, cooked, lean only eaten	230	68	149	1/1/2003	12/31/2004
23110000	Lamb, ribs, cooked, lean only eaten	247	85	166	1/1/2003	12/31/2004
23110010	Lamb, ribs, cooked, NS as to fat eaten	238	76	157	1/1/2003	12/31/2004

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23110050	Lamb, ribs, cooked, lean and fat eaten	238	76	157	1/1/2003	12/31/2004
23111010	Lamb hocks, cooked	394	72	233	1/1/2003	12/31/2004
23120100	Lamb, roast, cooked, NS as to fat eaten	228	66	147	1/1/2003	12/31/2004
23120110	Lamb, roast, cooked, lean and fat eaten	228	66	147	1/1/2003	12/31/2004
23120120	Lamb, roast, cooked, lean only eaten	230	68	149	1/1/2003	12/31/2004
23132000	Lamb, ground or patty, cooked	403	81	242	1/1/2003	12/31/2004
23150100	Goat, boiled	248	86	167	1/1/2003	12/31/2004
23150200	Goat, fried	402	85	243	1/1/2003	12/31/2004
23150250	Goat, baked	248	86	167	1/1/2003	12/31/2004
23150270	Goat head, cooked	255	93	174	1/1/2003	12/31/2004
23150300	Goat ribs, cooked	248	86	167	1/1/2003	12/31/2004
23200100	Veal, NS as to cut, cooked, NS as to fat eaten	409	87	248	1/1/2003	12/31/2004

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23200110	Veal, NS as to cut, cooked, lean and fat eaten	409	87	248	1/1/2003	12/31/2004
23200120	Veal, NS as to cut, cooked, lean only eaten	399	77	238	1/1/2003	12/31/2004
23201010	Veal chop, NS as to cooking method, NS as to fat eaten	410	88	249	1/1/2003	12/31/2004
23201020	Veal chop, NS as to cooking method, lean and fat eaten	415	93	254	1/1/2003	12/31/2004
23201030	Veal chop, NS as to cooking method, lean only eaten	455	134	295	1/1/2003	12/31/2004
23203010	Veal chop, fried, NS as to fat eaten	369	257	313	1/1/2003	12/31/2004
23203030	Veal chop, fried, lean only eaten	371	259	315	1/1/2003	12/31/2004
23203100	Veal chop, broiled, NS as to fat eaten	415	93	254	1/1/2003	12/31/2004
23203110	Veal chop, broiled, lean and fat eaten	415	93	254	1/1/2003	12/31/2004
23203120	Veal chop, broiled, lean only eaten	418	96	257	1/1/2003	12/31/2004
23204010	Veal cutlet or steak, NS as to cooking method, NS as to fat eaten	394	72	233	1/1/2003	12/31/2004
23204020	Veal cutlet or steak, NS as to cooking method, lean and fat eaten	389	67	228	1/1/2003	12/31/2004

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23204030	Veal cutlet or steak, NS as to cooking method, lean only eaten	399	77	238	1/1/2003	12/31/2004
23204200	Veal cutlet or steak, broiled, NS as to fat eaten	390	68	229	1/1/2003	12/31/2004
23204210	Veal cutlet or steak, broiled, lean and fat eaten	390	68	229	1/1/2003	12/31/2004
23204220	Veal cutlet or steak, broiled, lean only eaten	399	77	238	1/1/2003	12/31/2004
23205030	Veal cutlet or steak, fried, lean only eaten	399	77	238	1/1/2003	12/31/2004
23210010	Veal, roasted, NS as to fat eaten	249	87	168	1/1/2003	12/31/2004
23210020	Veal, roasted, lean and fat eaten	249	87	168	1/1/2003	12/31/2004
23210030	Veal, roasted, lean only eaten	258	96	177	1/1/2003	12/31/2004
23220010	Veal, ground or patty, cooked	405	83	244	1/1/2003	12/31/2004
23220020	Mock chicken legs, cooked	572	71	322	1/1/2003	12/31/2004
23220030	Veal patty, breaded, cooked	416	165	291	1/1/2003	12/31/2004
23310000	Rabbit, NS as to domestic or wild, cooked	199	37	118	1/1/2003	12/31/2004

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23311100	Rabbit, domestic, NS as to cooking method	199	37	118	1/1/2003	12/31/2004
23311120	Rabbit, NS as to domestic or wild, breaded, fried	369	93	231	1/1/2003	12/31/2004
23311200	Rabbit, wild, cooked	207	45	126	1/1/2003	12/31/2004
23321000	Venison/deer, NFS	268	52	160	1/1/2003	12/31/2004
23321100	Venison/deer, roasted	268	52	160	1/1/2003	12/31/2004
23321200	Venison/deer steak, cooked, NS as to cooking method	476	57	266	1/1/2003	12/31/2004
23321250	Venison/deer steak, breaded or floured, cooked, NS as to cooking method	223	177	200	1/1/2003	12/31/2004
23322300	Deer chop, cooked	448	54	251	1/1/2003	12/31/2004
23322350	Venison/deer ribs, cooked	268	52	160	1/1/2003	12/31/2004
23322400	Venison/deer, stewed	268	52	160	1/1/2003	12/31/2004
23323100	Moose, cooked	231	69	150	1/1/2003	12/31/2004
23323500	Bear, cooked	233	71	152	1/1/2003	12/31/2004

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23324100	Caribou, cooked	222	60	141	1/1/2003	12/31/2004
23331100	Ground hog, cooked	219	57	138	1/1/2003	12/31/2004
23332100	Opossum, cooked	220	58	139	1/1/2003	12/31/2004
23333100	Squirrel, cooked	281	119	200	1/1/2003	12/31/2004
23334100	Beaver, cooked	221	59	140	1/1/2003	12/31/2004
23335100	Raccoon, cooked	241	79	160	1/1/2003	12/31/2004
23340100	Armadillo, cooked	222	60	141	1/1/2003	12/31/2004
23350100	Ostrich, cooked	402	80	241	1/1/2003	12/31/2004
24100000	Chicken, NS as to part and cooking method, NS as to skin eaten	404	82	243	1/1/2003	12/31/2004
24100010	Chicken, NS as to part and cooking method, skin eaten	404	82	243	1/1/2003	12/31/2004
24100020	Chicken, NS as to part and cooking method, skin not eaten	408	86	247	1/1/2003	12/31/2004
24102000	Chicken, NS as to part, roasted, broiled, or baked, NS as to skin eaten	404	82	243	1/1/2003	12/31/2004

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24102010	Chicken, NS as to part, roasted, broiled, or baked, skin eaten	404	82	243	1/1/2003	12/31/2004
24102020	Chicken, NS as to part, roasted, broiled, or baked, skin not eaten	408	86	247	1/1/2003	12/31/2004
24103000	Chicken, NS as to part, stewed, NS as to skin eaten	389	67	228	1/1/2003	12/31/2004
24103010	Chicken, NS as to part, stewed, skin eaten	389	67	228	1/1/2003	12/31/2004
24103020	Chicken, NS as to part, stewed, skin not eaten	392	70	231	1/1/2003	12/31/2004
24104000	Chicken, NS as to part, fried, no coating, NS as to skin eaten	420	87	253	1/1/2003	12/31/2004
24104010	Chicken, NS as to part, fried, no coating, skin eaten	420	87	253	1/1/2003	12/31/2004
24104020	Chicken, NS as to part, fried, no coating, skin not eaten	428	89	259	1/1/2003	12/31/2004
24120100	Chicken, breast, NS as to cooking method, NS as to skin eaten	393	71	232	1/1/2003	12/31/2004
24120110	Chicken, breast, NS as to cooking method, skin eaten	393	71	232	1/1/2003	12/31/2004
24120120	Chicken, breast, NS as to cooking method, skin not eaten	396	74	235	1/1/2003	12/31/2004
24122100	Chicken, breast, roasted, broiled, or baked, NS as to skin eaten	393	71	232	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24122110	Chicken, breast, roasted, broiled, or baked, skin eaten	393	71	232	1/1/2003	12/31/2004
24122120	Chicken, breast, roasted, broiled, or baked, skin not eaten	396	74	235	1/1/2003	12/31/2004
24123100	Chicken, breast, stewed, NS as to skin eaten	384	62	223	1/1/2003	12/31/2004
24123110	Chicken, breast, stewed, skin eaten	384	62	223	1/1/2003	12/31/2004
24123120	Chicken, breast, stewed, skin not eaten	385	63	224	1/1/2003	12/31/2004
24124100	Chicken, breast, fried, no coating, NS as to skin eaten	430	77	253	1/1/2003	12/31/2004
24124110	Chicken, breast, fried, no coating, skin eaten	430	77	253	1/1/2003	12/31/2004
24124120	Chicken, breast, fried, no coating, skin not eaten	411	76	243	1/1/2003	12/31/2004
24130200	Chicken, leg (drumstick and thigh), NS as to cooking method, NS as to skin eaten	409	87	248	1/1/2003	12/31/2004
24130210	Chicken, leg (drumstick and thigh), NS as to cooking method, skin eaten	409	87	248	1/1/2003	12/31/2004
24130220	Chicken, leg (drumstick and thigh), NS as to cooking method, skin not eaten	413	91	252	1/1/2003	12/31/2004
24132200	Chicken, leg (drumstick and thigh), roasted, broiled, or baked, NS as to skin eaten	409	87	248	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24132210	Chicken, leg (drumstick and thigh), roasted, broiled, or baked, skin eaten	409	87	248	1/1/2003	12/31/2004
24132220	Chicken, leg (drumstick and thigh), roasted, broiled, or baked, skin not eaten	413	91	252	1/1/2003	12/31/2004
24133200	Chicken, leg (drumstick and thigh), stewed, NS as to skin eaten	395	73	234	1/1/2003	12/31/2004
24133210	Chicken, leg (drumstick and thigh), stewed, skin eaten	395	73	234	1/1/2003	12/31/2004
24133220	Chicken, leg (drumstick and thigh), stewed, skin not eaten	400	78	239	1/1/2003	12/31/2004
24134200	Chicken, leg (drumstick and thigh), fried, no coating, NS as to skin eaten	422	96	259	1/1/2003	12/31/2004
24134210	Chicken, leg (drumstick and thigh), fried, no coating, skin eaten	422	96	259	1/1/2003	12/31/2004
24134220	Chicken, leg (drumstick and thigh), fried, no coating, skin not eaten	424	99	261	1/1/2003	12/31/2004
24140200	Chicken, drumstick, NS as to cooking method, NS as to skin eaten	412	90	251	1/1/2003	12/31/2004
24140210	Chicken, drumstick, NS as to cooking method, skin eaten	412	90	251	1/1/2003	12/31/2004
24140220	Chicken, drumstick, NS as to cooking method, skin not eaten	417	95	256	1/1/2003	12/31/2004
24142200	Chicken, drumstick, roasted, broiled, or baked, NS as to skin eaten	412	90	251	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24142210	Chicken, drumstick, roasted, broiled, or baked, skin eaten	412	90	251	1/1/2003	12/31/2004
24142220	Chicken, drumstick, roasted, broiled, or baked, skin not eaten	417	95	256	1/1/2003	12/31/2004
24143200	Chicken, drumstick, stewed, NS as to skin eaten	398	76	237	1/1/2003	12/31/2004
24143210	Chicken, drumstick, stewed, skin eaten	398	76	237	1/1/2003	12/31/2004
24143220	Chicken, drumstick, stewed, skin not eaten	402	80	241	1/1/2003	12/31/2004
24144200	Chicken, drumstick, fried, no coating, NS as to skin eaten	431	96	263	1/1/2003	12/31/2004
24144210	Chicken, drumstick, fried, no coating, skin eaten	431	96	263	1/1/2003	12/31/2004
24144220	Chicken, drumstick, fried, no coating, skin not eaten	427	100	263	1/1/2003	12/31/2004
24150200	Chicken, thigh, NS as to cooking method, NS as to skin eaten	406	84	245	1/1/2003	12/31/2004
24150210	Chicken, thigh, NS as to cooking method, skin eaten	406	84	245	1/1/2003	12/31/2004
24150220	Chicken, thigh, NS as to cooking method, skin not eaten	410	88	249	1/1/2003	12/31/2004
24152200	Chicken, thigh, roasted, broiled, or baked, NS as to skin eaten	406	84	245	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24152210	Chicken, thigh, roasted, broiled, or baked, skin eaten	406	84	245	1/1/2003	12/31/2004
24152220	Chicken, thigh, roasted, broiled, or baked, skin not eaten	410	88	249	1/1/2003	12/31/2004
24153200	Chicken, thigh, stewed, NS as to skin eaten	393	71	232	1/1/2003	12/31/2004
24153210	Chicken, thigh, stewed, skin eaten	393	71	232	1/1/2003	12/31/2004
24153220	Chicken, thigh, stewed, skin not eaten	397	75	236	1/1/2003	12/31/2004
24154200	Chicken, thigh, fried, no coating, NS as to skin eaten	460	96	278	1/1/2003	12/31/2004
24154210	Chicken, thigh, fried, no coating, skin eaten	460	96	278	1/1/2003	12/31/2004
24154220	Chicken, thigh, fried, no coating, skin not eaten	432	99	266	1/1/2003	12/31/2004
24160100	Chicken, wing, NS as to cooking method, NS as to skin eaten	404	82	243	1/1/2003	12/31/2004
24160110	Chicken, wing, NS as to cooking method, skin eaten	404	82	243	1/1/2003	12/31/2004
24160120	Chicken, wing, NS as to cooking method, skin not eaten	414	92	253	1/1/2003	12/31/2004
24162100	Chicken, wing, roasted, broiled, or baked, NS as to skin eaten	404	82	243	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24162110	Chicken, wing, roasted, broiled, or baked, skin eaten	404	82	243	1/1/2003	12/31/2004
24162120	Chicken, wing, roasted, broiled, or baked, skin not eaten	414	92	253	1/1/2003	12/31/2004
24163100	Chicken, wing, stewed, NS as to skin eaten	389	67	228	1/1/2003	12/31/2004
24163110	Chicken, wing, stewed, skin eaten	389	67	228	1/1/2003	12/31/2004
24163120	Chicken, wing, stewed, skin not eaten	395	73	234	1/1/2003	12/31/2004
24164100	Chicken, wing, fried, no coating, NS as to skin eaten	429	87	258	1/1/2003	12/31/2004
24164110	Chicken, wing, fried, no coating, skin eaten	429	87	258	1/1/2003	12/31/2004
24164120	Chicken, wing, fried, no coating, skin not eaten	416	91	254	1/1/2003	12/31/2004
24170200	Chicken, back	409	87	248	1/1/2003	12/31/2004
24180200	Chicken, neck or ribs	374	52	213	1/1/2003	12/31/2004
24198720	Chicken, ground	404	82	243	1/1/2003	12/31/2004
24201010	Turkey, light meat, cooked, NS as to skin eaten	225	63	144	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24201020	Turkey, light meat, cooked, skin not eaten	226	64	145	1/1/2003	12/31/2004
24201030	Turkey, light meat, cooked, skin eaten	225	63	144	1/1/2003	12/31/2004
24201110	Turkey, light meat, roasted, NS as to skin eaten	225	63	144	1/1/2003	12/31/2004
24201120	Turkey, light meat, roasted, skin not eaten	226	64	145	1/1/2003	12/31/2004
24201130	Turkey, light meat, roasted, skin eaten	225	63	144	1/1/2003	12/31/2004
24201210	Turkey, dark meat, roasted, NS as to skin eaten	238	76	157	1/1/2003	12/31/2004
24201220	Turkey, dark meat, roasted, skin not eaten	241	79	160	1/1/2003	12/31/2004
24201230	Turkey, dark meat, roasted, skin eaten	238	76	157	1/1/2003	12/31/2004
24201310	Turkey, light and dark meat, roasted, NS as to skin eaten	230	68	149	1/1/2003	12/31/2004
24201320	Turkey, light and dark meat, roasted, skin not eaten	232	70	151	1/1/2003	12/31/2004
24201330	Turkey, light and dark meat, roasted, skin eaten	230	68	149	1/1/2003	12/31/2004
24201360	Turkey, light or dark meat, battered, fried, skin not eaten	210	69	140	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24201400	Turkey, light or dark meat, stewed, NS as to skin eaten	274	60	167	1/1/2003	12/31/2004
24201410	Turkey, light or dark meat, stewed, skin not eaten	464	61	262	1/1/2003	12/31/2004
24201420	Turkey light or dark meat, stewed, skin eaten	274	60	167	1/1/2003	12/31/2004
24202000	Turkey, drumstick, cooked, NS as to skin eaten	399	77	238	1/1/2003	12/31/2004
24202010	Turkey, drumstick, cooked, skin not eaten	401	79	240	1/1/2003	12/31/2004
24202020	Turkey, drumstick, cooked, skin eaten	399	77	238	1/1/2003	12/31/2004
24202050	Turkey, drumstick, roasted, NS as to skin eaten	399	77	238	1/1/2003	12/31/2004
24202060	Turkey, drumstick, roasted, skin not eaten	401	79	240	1/1/2003	12/31/2004
24202070	Turkey, drumstick, roasted, skin eaten	399	77	238	1/1/2003	12/31/2004
24202450	Turkey, thigh, cooked, NS as to skin eaten	399	77	238	1/1/2003	12/31/2004
24202460	Turkey, thigh, cooked, skin eaten	399	77	238	1/1/2003	12/31/2004
24202500	Turkey, thigh, cooked, skin not eaten	401	79	240	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24202600	Turkey, neck, cooked	378	56	217	1/1/2003	12/31/2004
24203000	Turkey, wing, cooked, NS as to skin eaten	383	61	222	1/1/2003	12/31/2004
24203010	Turkey, wing, cooked, skin not eaten	400	78	239	1/1/2003	12/31/2004
24203020	Turkey, wing, cooked, skin eaten	383	61	222	1/1/2003	12/31/2004
24205000	Turkey, tail, cooked	384	62	223	1/1/2003	12/31/2004
24205100	Turkey, back, cooked	395	73	234	1/1/2003	12/31/2004
24207000	Turkey, ground	429	107	268	1/1/2003	12/31/2004
24300100	Duck, cooked, NS as to skin eaten	221	59	140	1/1/2003	12/31/2004
24300110	Duck, cooked, skin eaten	221	59	140	1/1/2003	12/31/2004
24300120	Duck, cooked, skin not eaten	227	65	146	1/1/2003	12/31/2004
24301000	Duck, roasted, NS as to skin eaten	221	59	140	1/1/2003	12/31/2004
24301010	Duck, roasted, skin eaten	221	59	140	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24301020	Duck, roasted, skin not eaten	227	65	146	1/1/2003	12/31/2004
24301210	Duck, battered, fried	345	71	208	1/1/2003	12/31/2004
24311010	Goose, wild, roasted	232	70	151	1/1/2003	12/31/2004
24400000	Cornish game hen, cooked, NS as to skin eaten	226	64	145	1/1/2003	12/31/2004
24400010	Cornish game hen, cooked, skin eaten	226	64	145	1/1/2003	12/31/2004
24400020	Cornish game hen, cooked, skin not eaten	225	63	144	1/1/2003	12/31/2004
24401000	Cornish game hen, roasted, NS as to skin eaten	226	64	145	1/1/2003	12/31/2004
24401010	Cornish game hen, roasted, skin eaten	226	64	145	1/1/2003	12/31/2004
24401020	Cornish game hen, roasted, skin not eaten	225	63	144	1/1/2003	12/31/2004
24402100	Dove, cooked, NS as to cooking method	219	57	138	1/1/2003	12/31/2004
24402110	Dove, fried	198	57	127	1/1/2003	12/31/2004
24403100	Quail, cooked	214	52	133	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
24404100	Pheasant, cooked	205	43	124	1/1/2003	12/31/2004
25110120	Beef liver, braised	401	79	240	1/1/2003	12/31/2004
25110140	Beef liver, fried	399	77	238	1/1/2003	12/31/2004
25110420	Chicken liver, braised	398	76	237	1/1/2003	12/31/2004
25110450	Chicken liver, fried	623	97	360	1/1/2003	12/31/2004
25120000	Heart, cooked	381	59	220	1/1/2003	12/31/2004
25130000	Kidney, cooked	416	94	255	1/1/2003	12/31/2004
25140110	Sweetbreads, cooked	381	59	220	1/1/2003	12/31/2004
25150000	Brains, cooked	430	108	269	1/1/2003	12/31/2004
25160000	Tongue, cooked	387	65	226	1/1/2003	12/31/2004
25160130	Tongue pot roast, Puerto Rican style (Lengua al caldero)	1245	74	660	1/1/2003	12/31/2004
25170110	Tripe, cooked	441	102	272	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
25170210	Chitterlings, cooked	341	18	179	1/1/2003	12/31/2004
25170310	Hog maws (stomach), cooked	566	54	310	1/1/2003	12/31/2004
25170420	Gizzard, cooked	378	56	217	1/1/2003	12/31/2004
26100110	Fish, NS as to type, cooked, NS as to cooking method	426	104	265	1/1/2003	12/31/2004
26100120	Fish, NS as to type, baked or broiled	356	117	236	1/1/2003	12/31/2004
26100130	Fish, NS as to type, breaded or battered, baked	479	232	355	1/1/2003	12/31/2004
26100140	Fish, NS as to type, floured or breaded, fried	411	169	290	1/1/2003	12/31/2004
26100150	Fish, NS as to type, battered, fried	130	97	113	1/1/2003	12/31/2004
26103110	Barracuda, cooked, NS as to cooking method	423	125	274	1/1/2003	12/31/2004
26103120	Barracuda, baked or broiled	423	125	274	1/1/2003	12/31/2004
26103140	Barracuda, floured or breaded, fried	381	96	239	1/1/2003	12/31/2004
26105110	Carp, cooked, NS as to cooking method	547	185	366	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26105120	Carp, baked or broiled	570	100	335	1/1/2003	12/31/2004
26105140	Carp, floured or breaded, fried	547	185	366	1/1/2003	12/31/2004
26107110	Catfish, cooked, NS as to cooking method	398	147	272	1/1/2003	12/31/2004
26107120	Catfish, baked or broiled	385	86	235	1/1/2003	12/31/2004
26107130	Catfish, breaded or battered, baked	451	204	328	1/1/2003	12/31/2004
26107140	Catfish, floured or breaded, fried	398	147	272	1/1/2003	12/31/2004
26107150	Catfish, battered, fried	106	73	89	1/1/2003	12/31/2004
26109110	Cod, cooked, NS as to cooking method	401	159	280	1/1/2003	12/31/2004
26109120	Cod, baked or broiled	406	107	256	1/1/2003	12/31/2004
26109130	Cod, breaded or battered, baked	469	221	345	1/1/2003	12/31/2004
26109140	Cod, floured or breaded, fried	401	159	280	1/1/2003	12/31/2004
26109150	Cod, battered, fried	125	91	108	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26111110	Croaker, cooked, NS as to cooking method	636	214	425	1/1/2003	12/31/2004
26111120	Croaker, baked or broiled	707	122	415	1/1/2003	12/31/2004
26111130	Croaker, breaded or battered, baked	454	207	331	1/1/2003	12/31/2004
26111140	Croaker, floured or breaded, fried	644	216	430	1/1/2003	12/31/2004
26113110	Eel, cooked, NS as to cooking method	197	56	127	1/1/2003	12/31/2004
26115110	Flounder, cooked, NS as to cooking method	417	119	268	1/1/2003	12/31/2004
26115120	Flounder, baked or broiled	417	119	268	1/1/2003	12/31/2004
26115130	Flounder, breaded or battered, baked	478	231	355	1/1/2003	12/31/2004
26115140	Flounder, floured or breaded, fried	411	168	290	1/1/2003	12/31/2004
26115150	Flounder, battered, fried	130	96	113	1/1/2003	12/31/2004
26117110	Haddock, cooked, NS as to cooking method	402	104	253	1/1/2003	12/31/2004
26117120	Haddock, baked or broiled	402	104	253	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26117130	Haddock, breaded or battered, baked	466	219	342	1/1/2003	12/31/2004
26117140	Haddock, floured or breaded, fried	398	156	277	1/1/2003	12/31/2004
26117150	Haddock, battered, fried	123	88	105	1/1/2003	12/31/2004
26119120	Herring, baked or broiled	582	151	366	1/1/2003	12/31/2004
26119140	Herring, floured or breaded, fried	600	229	414	1/1/2003	12/31/2004
26121110	Mackerel, cooked, NS as to cooking method	414	116	265	1/1/2003	12/31/2004
26121120	Mackerel, baked or broiled	414	116	265	1/1/2003	12/31/2004
26121140	Mackerel, floured or breaded, fried	408	166	287	1/1/2003	12/31/2004
26123110	Mullet, cooked, NS as to cooking method	576	204	390	1/1/2003	12/31/2004
26123120	Mullet, baked or broiled	608	122	365	1/1/2003	12/31/2004
26123140	Mullet, floured or breaded, fried	576	204	390	1/1/2003	12/31/2004
26125110	Ocean perch, cooked, NS as to cooking method	410	112	261	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26125120	Ocean perch, baked or broiled	410	112	261	1/1/2003	12/31/2004
26125130	Ocean perch, breaded or battered, baked	460	203	331	1/1/2003	12/31/2004
26125140	Ocean perch, floured or breaded, fried	405	163	284	1/1/2003	12/31/2004
26125150	Ocean perch, battered, fried	124	91	108	1/1/2003	12/31/2004
26127110	Perch, cooked, NS as to cooking method	621	214	418	1/1/2003	12/31/2004
26127120	Perch, baked or broiled	395	97	246	1/1/2003	12/31/2004
26127130	Perch, breaded or battered, baked	446	190	318	1/1/2003	12/31/2004
26127140	Perch, floured or breaded, fried	621	214	418	1/1/2003	12/31/2004
26127150	Perch, battered, fried	117	83	100	1/1/2003	12/31/2004
26129110	Pike, cooked, NS as to cooking method	371	128	250	1/1/2003	12/31/2004
26129120	Pike, baked or broiled	368	70	219	1/1/2003	12/31/2004
26129140	Pike, floured or breaded, fried	371	128	250	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26129150	Pike, battered, fried	94	61	77	1/1/2003	12/31/2004
26131110	Pompano, cooked, NS as to cooking method	611	123	367	1/1/2003	12/31/2004
26131120	Pompano, baked or broiled	611	123	367	1/1/2003	12/31/2004
26131140	Pompano, floured or breaded, fried	576	204	390	1/1/2003	12/31/2004
26131150	Pompano, battered, fried	116	83	99	1/1/2003	12/31/2004
26133110	Porgy, cooked, NS as to cooking method	630	203	416	1/1/2003	12/31/2004
26133120	Porgy, baked or broiled	689	103	396	1/1/2003	12/31/2004
26133130	Porgy, breaded or battered, baked	628	262	445	1/1/2003	12/31/2004
26133140	Porgy, floured or breaded, fried	630	203	416	1/1/2003	12/31/2004
26133150	Porgy, battered, fried	128	76	102	1/1/2003	12/31/2004
26135110	Ray, cooked, NS as to cooking method	468	132	300	1/1/2003	12/31/2004
26135120	Ray, baked or broiled	468	132	300	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26135140	Ray, floured or breaded, fried	589	218	403	1/1/2003	12/31/2004
26137120	Salmon, baked or broiled	467	110	288	1/1/2003	12/31/2004
26137140	Salmon, floured or breaded, fried	467	176	321	1/1/2003	12/31/2004
26137150	Salmon, battered, fried	118	84	101	1/1/2003	12/31/2004
26141110	Sea bass, cooked, NS as to cooking method	468	111	289	1/1/2003	12/31/2004
26141120	Sea bass, baked or broiled	468	111	289	1/1/2003	12/31/2004
26141130	Sea bass, breaded or battered, baked	452	196	324	1/1/2003	12/31/2004
26141140	Sea bass, floured or breaded, fried	467	177	322	1/1/2003	12/31/2004
26143110	Shark, cooked, NS as to cooking method	415	117	266	1/1/2003	12/31/2004
26143120	Shark, baked or broiled	415	117	266	1/1/2003	12/31/2004
26145110	Smelt, cooked, NS as to cooking method	571	199	385	1/1/2003	12/31/2004
26145120	Smelt, baked or broiled	605	117	361	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26145140	Smelt, floured or breaded, fried	571	199	385	1/1/2003	12/31/2004
26145150	Smelt, battered, fried	133	87	110	1/1/2003	12/31/2004
26147110	Sturgeon, cooked, NS as to cooking method	457	54	256	1/1/2003	12/31/2004
26147140	Sturgeon, floured or breaded, fried	385	143	264	1/1/2003	12/31/2004
26149110	Swordfish, cooked, NS as to cooking method	494	137	316	1/1/2003	12/31/2004
26149120	Swordfish, baked or broiled	494	137	316	1/1/2003	12/31/2004
26149140	Swordfish, floured or breaded, fried	419	177	298	1/1/2003	12/31/2004
26151110	Trout, cooked, NS as to cooking method	428	71	250	1/1/2003	12/31/2004
26151120	Trout, baked or broiled	364	65	214	1/1/2003	12/31/2004
26151130	Trout, breaded or battered, baked	422	155	288	1/1/2003	12/31/2004
26151140	Trout, floured or breaded, fried	452	161	306	1/1/2003	12/31/2004
26151150	Trout, battered, fried	108	74	91	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26153110	Tuna, fresh, cooked, NS as to cooking method	366	67	217	1/1/2003	12/31/2004
26153120	Tuna, fresh, baked or broiled	366	67	217	1/1/2003	12/31/2004
26153140	Tuna, fresh, floured or breaded, fried	369	126	248	1/1/2003	12/31/2004
26157110	Whiting, cooked, NS as to cooking method	407	108	258	1/1/2003	12/31/2004
26157120	Whiting, baked or broiled	407	108	258	1/1/2003	12/31/2004
26157130	Whiting, breaded or battered, baked	470	222	346	1/1/2003	12/31/2004
26157140	Whiting, floured or breaded, fried	402	160	281	1/1/2003	12/31/2004
26157150	Whiting, battered, fried	126	92	109	1/1/2003	12/31/2004
26203110	Frog legs, NS as to cooking method	521	255	388	1/1/2003	12/31/2004
26205110	Octopus, cooked, NS as to cooking method	572	322	447	1/1/2003	12/31/2004
26207110	Roe, shad, cooked	525	136	330	1/1/2003	12/31/2004
26213120	Squid, baked, broiled	386	78	232	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26213140	Squid, breaded, fried	389	138	263	1/1/2003	12/31/2004
26215120	Turtle (terrapin), cooked, NS as to cooking method	427	128	277	1/1/2003	12/31/2004
26301110	Abalone, cooked, NS as to cooking method	674	377	526	1/1/2003	12/31/2004
26301140	Abalone, floured or breaded, fried	620	337	478	1/1/2003	12/31/2004
26301160	Abalone, steamed or poached	1153	512	832	1/1/2003	12/31/2004
26303110	Clams, cooked, NS as to cooking method	400	150	275	1/1/2003	12/31/2004
26303120	Clams, baked or broiled	413	114	263	1/1/2003	12/31/2004
26303140	Clams, floured or breaded, fried	338	150	244	1/1/2003	12/31/2004
26303150	Clams, battered, fried	408	116	262	1/1/2003	12/31/2004
26303160	Clams, steamed or boiled	472	70	271	1/1/2003	12/31/2004
26304150	Conch, battered, fried	166	138	152	1/1/2003	12/31/2004
26305110	Crab, cooked, NS as to cooking method	600	279	439	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26305120	Crab, baked or broiled	539	301	420	1/1/2003	12/31/2004
26305160	Crab, hard shell, steamed	600	279	439	1/1/2003	12/31/2004
26307140	Crab, soft shell, floured or breaded, fried	543	320	432	1/1/2003	12/31/2004
26309140	Crayfish, floured or breaded, fried	337	118	228	1/1/2003	12/31/2004
26309160	Crayfish, boiled or steamed	416	94	255	1/1/2003	12/31/2004
26311110	Lobster, cooked, NS as to cooking method	700	380	540	1/1/2003	12/31/2004
26311120	Lobster, baked or broiled	630	386	508	1/1/2003	12/31/2004
26311130	Lobster, without shell, steamed or boiled	700	380	540	1/1/2003	12/31/2004
26311140	Lobster, floured or breaded, fried	615	374	494	1/1/2003	12/31/2004
26311150	Lobster, battered, fried	385	352	369	1/1/2003	12/31/2004
26311160	Lobster, steamed or boiled	700	380	540	1/1/2003	12/31/2004
26313110	Mussels, cooked, NS as to cooking method	674	380	527	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26313160	Mussels, steamed or poached	1128	486	807	1/1/2003	12/31/2004
26315110	Oysters, cooked, NS as to cooking method	595	350	473	1/1/2003	12/31/2004
26315120	Oysters, baked or broiled	475	237	356	1/1/2003	12/31/2004
26315130	Oysters, steamed	665	264	464	1/1/2003	12/31/2004
26315140	Oysters, floured or breaded, fried	534	292	413	1/1/2003	12/31/2004
26315150	Oysters, battered, fried	541	250	395	1/1/2003	12/31/2004
26317110	Scallops, cooked, NS as to cooking method	487	245	366	1/1/2003	12/31/2004
26317120	Scallops, baked or broiled	527	220	374	1/1/2003	12/31/2004
26317130	Scallops, steamed or boiled	422	176	299	1/1/2003	12/31/2004
26317140	Scallops, floured or breaded, fried	487	245	366	1/1/2003	12/31/2004
26317150	Scallops, battered, fried	498	207	352	1/1/2003	12/31/2004
26319110	Shrimp, cooked, NS as to cooking method	613	172	393	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
26319120	Shrimp, baked or broiled	512	204	358	1/1/2003	12/31/2004
26319130	Shrimp, steamed or boiled	589	166	377	1/1/2003	12/31/2004
26319140	Shrimp, floured, breaded, or battered, fried	487	196	341	1/1/2003	12/31/2004
26321160	Snails, steamed or poached	993	350	672	1/1/2003	12/31/2004
27111000	Beef with tomato-based sauce (mixture)	403	150	276	1/1/2003	12/31/2004
27111050	Spaghetti sauce with beef or meat other than lamb or mutton, homemade-style	489	304	396	1/1/2003	12/31/2004
27111100	Beef goulash	225	76	151	1/1/2003	12/31/2004
27111300	Mexican style beef stew, no potatoes, tomato-based sauce (mixture) (Carne guisada sin papas)	720	227	474	1/1/2003	12/31/2004
27111310	Mexican style beef stew, no potatoes, with chili peppers, tomato-based sauce (mixture) (Carne guisada con chile)	542	173	357	1/1/2003	12/31/2004
27111400	Chili con carne, NS as to beans	502	269	386	1/1/2003	12/31/2004
27111410	Chili con carne with beans	502	269	386	1/1/2003	12/31/2004
27111420	Chili con carne without beans	552	237	395	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27111430	Chili con carne, NS as to beans, with cheese	511	297	404	1/1/2003	12/31/2004
27111440	Chili con carne with beans and cheese	511	297	404	1/1/2003	12/31/2004
27111500	Beef sloppy joe (no bun)	609	399	504	1/1/2003	12/31/2004
27112000	Beef with gravy (mixture)	259	59	159	1/1/2003	12/31/2004
27112010	Salisbury steak with gravy (mixture)	810	375	593	1/1/2003	12/31/2004
27113000	Beef with cream or white sauce (mixture)	236	91	164	1/1/2003	12/31/2004
27113100	Beef stroganoff	451	252	351	1/1/2003	12/31/2004
27113300	Swedish meatballs with cream or white sauce (mixture)	502	161	331	1/1/2003	12/31/2004
27115000	Beef with soy-based sauce (mixture)	454	344	399	1/1/2003	12/31/2004
27116100	Beef curry	551	283	417	1/1/2003	12/31/2004
27116300	Beef with sweet and sour sauce (mixture)	530	363	446	1/1/2003	12/31/2004
27116350	Stewed, seasoned, ground beef, Mexican style (Picadillo de carne de rez)	231	52	142	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27118110	Meatballs, Puerto Rican style (Albondigas)	796	543	669	1/1/2003	12/31/2004
27118120	Stewed seasoned ground beef, Puerto Rican style (Picadillo guisado, picadillo de carne)	914	571	743	1/1/2003	12/31/2004
27118140	Stuffed pot roast, Puerto Rican style, NFS (assume with gravy and stuffing)	651	252	451	1/1/2003	12/31/2004
27118180	Puerto Rican style beef stew, meat with gravy (potatoes reported separately)	237	77	157	1/1/2003	12/31/2004
27120080	Ham stroganoff	708	649	679	1/1/2003	12/31/2004
27120100	Ham or pork with tomato-based sauce (mixture)	941	672	806	1/1/2003	12/31/2004
27120130	Mexican style pork stew, no potatoes, tomato-based sauce (mixture) (cerdo guisado sin papas)	434	129	281	1/1/2003	12/31/2004
27120150	Pork or ham with soy-based sauce (mixture)	1196	906	1051	1/1/2003	12/31/2004
27121000	Pork with chili and tomatoes (mixture) (Puerco con chile)	250	161	205	1/1/2003	12/31/2004
27121010	Stewed pork, Puerto Rican style	615	208	411	1/1/2003	12/31/2004
27121410	Chili con carne with beans, made with pork	427	269	348	1/1/2003	12/31/2004
27130040	Spaghetti sauce with lamb or mutton, homemade-style	430	307	369	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27130050	Lamb or mutton goulash	258	93	176	1/1/2003	12/31/2004
27130100	Lamb curry	210	137	173	1/1/2003	12/31/2004
27133010	Stewed goat, Puerto Rican style (Cabrito en fricase, chilindron de chivo)	716	337	526	1/1/2003	12/31/2004
27135020	Veal scallopini	317	244	281	1/1/2003	12/31/2004
27135030	Veal with cream sauce (mixture)	337	59	198	1/1/2003	12/31/2004
27135040	Veal with butter sauce (mixture)	552	198	375	1/1/2003	12/31/2004
27135050	Veal Marsala	199	121	160	1/1/2003	12/31/2004
27135110	Veal parmigiana	434	351	393	1/1/2003	12/31/2004
27136100	Chili con carne with venison/deer and beans	362	270	316	1/1/2003	12/31/2004
27141000	Chicken or turkey cacciatore	245	94	170	1/1/2003	12/31/2004
27141030	Spaghetti sauce with poultry, home-made style	436	313	375	1/1/2003	12/31/2004
27141050	Stewed chicken with tomato-based sauce, Mexican style (mixture) (Pollo guisado con tomate)	265	123	194	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27141500	Chili con carne with chicken or turkey and beans	395	255	325	1/1/2003	12/31/2004
27142100	Chicken or turkey fricassee	284	207	246	1/1/2003	12/31/2004
27143000	Chicken or turkey with cream sauce (mixture)	246	101	174	1/1/2003	12/31/2004
27146050	Chicken wing with hot pepper sauce	203	79	141	1/1/2003	12/31/2004
27146150	Chicken curry	484	226	355	1/1/2003	12/31/2004
27146300	Chicken or turkey parmigiana	430	347	389	1/1/2003	12/31/2004
27146400	Chicken kiev	378	148	263	1/1/2003	12/31/2004
27148010	Stuffed chicken, drumstick or breast, Puerto Rican style (Muslo de pollo o pechuga rellena)	782	312	547	1/1/2003	12/31/2004
27150020	Crab, deviled	630	504	567	1/1/2003	12/31/2004
27150030	Crab imperial	403	241	322	1/1/2003	12/31/2004
27150050	Fish timbale or mousse	225	88	156	1/1/2003	12/31/2004
27150060	Lobster newburg	402	247	324	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27150100	Shrimp, curried	508	371	440	1/1/2003	12/31/2004
27150130	Seafood newburg	363	207	285	1/1/2003	12/31/2004
27150140	Clam sauce, white	431	79	255	1/1/2003	12/31/2004
27150160	Shrimp with lobster sauce (mixture)	915	617	766	1/1/2003	12/31/2004
27150190	Lobster sauce (broth-based)	865	296	580	1/1/2003	12/31/2004
27151030	Marinated fish (Ceviche)	130	36	83	1/1/2003	12/31/2004
27151040	Crabs in tomato-based sauce, Puerto Rican style (mixture) (Salmorejo de jueyes)	613	221	417	1/1/2003	12/31/2004
27151050	Shrimp in garlic sauce, Puerto Rican style (mixture) (Camarones al ajillo)	491	214	352	1/1/2003	12/31/2004
27160100	Meatballs, NS as to type of meat, with sauce (mixture)	858	197	528	1/1/2003	12/31/2004
27161010	Puerto Rican style meat loaf (Albondigon)	630	63	347	1/1/2003	12/31/2004
27162010	Meat with tomato-based sauce (mixture)	365	298	331	1/1/2003	12/31/2004
27162050	Spaghetti sauce with combination of meats, homemade-style	472	311	391	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27162060	Spaghetti sauce with meat and vegetables, homemade-style	221	101	161	1/1/2003	12/31/2004
27162500	Stewed, seasoned, ground beef and pork, Mexican style (Picadillo de carne de rez y puerco)	344	49	196	1/1/2003	12/31/2004
27163010	Meat with gravy, NS as to type of meat (mixture)	261	120	190	1/1/2003	12/31/2004
27211000	Beef and potatoes, no sauce (mixture)	223	26	124	1/1/2003	12/31/2004
27211100	Beef stew with potatoes, tomato-based sauce (mixture)	196	60	128	1/1/2003	12/31/2004
27211110	Mexican style beef stew with potatoes, tomato-based sauce (mixture) (Carne guisada con papas)	363	115	239	1/1/2003	12/31/2004
27211150	Beef goulash with potatoes	179	62	120	1/1/2003	12/31/2004
27211200	Beef stew with potatoes, gravy	176	31	103	1/1/2003	12/31/2004
27211300	Beef (roast) hash	460	247	354	1/1/2003	12/31/2004
27211500	Beef and potatoes with cheese sauce (mixture)	485	377	431	1/1/2003	12/31/2004
27211550	Stewed, seasoned, ground beef with potatoes, Mexican style (Picadillo de carne de rez con papas)	172	38	105	1/1/2003	12/31/2004
27212000	Beef and noodles, no sauce (mixture)	427	42	234	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27212050	Beef and macaroni with cheese sauce (mixture)	398	314	356	1/1/2003	12/31/2004
27212120	Chili con carne with beans and macaroni	399	214	307	1/1/2003	12/31/2004
27212150	Beef goulash with noodles	165	46	105	1/1/2003	12/31/2004
27212200	Beef and noodles with gravy (mixture)	311	243	277	1/1/2003	12/31/2004
27212300	Beef and noodles with cream or white sauce (mixture)	307	75	191	1/1/2003	12/31/2004
27212350	Beef stroganoff with noodles	310	174	242	1/1/2003	12/31/2004
27213000	Beef and rice, no sauce (mixture)	510	284	397	1/1/2003	12/31/2004
27213100	Beef and rice with tomato-based sauce (mixture)	342	31	186	1/1/2003	12/31/2004
27213120	Porcupine balls with tomato-based sauce (mixture)	563	448	505	1/1/2003	12/31/2004
27213200	Beef and rice with gravy (mixture)	455	388	422	1/1/2003	12/31/2004
27213300	Beef and rice with cream sauce (mixture)	541	210	376	1/1/2003	12/31/2004
27213500	Beef and rice with soy-based sauce (mixture)	428	338	383	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27214100	Meat loaf made with beef	414	134	274	1/1/2003	12/31/2004
27214110	Meat loaf made with beef, with tomato-based sauce	450	225	337	1/1/2003	12/31/2004
27214300	Beef wellington	184	67	126	1/1/2003	12/31/2004
27218110	Puerto Rican style stuffed pot roast (larded meat) (Carne mechada con papas boliche)	916	421	668	1/1/2003	12/31/2004
27218210	Puerto-Rican style beef stew (Carne guisada con papas)	598	181	390	1/1/2003	12/31/2004
27220080	Ham croquette	858	761	809	1/1/2003	12/31/2004
27220110	Pork and rice with tomato-based sauce (mixture)	455	310	383	1/1/2003	12/31/2004
27220120	Sausage and rice with tomato-based sauce (mixture)	426	258	342	1/1/2003	12/31/2004
27220210	Ham and noodles, no sauce (mixture)	606	495	551	1/1/2003	12/31/2004
27220310	Ham or pork and rice, no sauce (mixture)	608	497	552	1/1/2003	12/31/2004
27220510	Ham or pork and potatoes with gravy (mixture)	319	204	261	1/1/2003	12/31/2004
27221100	Stewed pig's feet, Puerto Rican style (Patitas de cerdo guisadas)	475	167	321	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27221110	Pork roast, stuffed, Puerto Rican style	413	214	313	1/1/2003	12/31/2004
27221150	Mexican style pork stew, with potatoes, tomato-based sauce (mixture) (cerdo guisado con papas)	390	116	253	1/1/2003	12/31/2004
27230010	Lamb or mutton loaf	526	190	358	1/1/2003	12/31/2004
27231000	Lamb or mutton and potatoes with gravy (mixture)	139	24	82	1/1/2003	12/31/2004
27232000	Lamb or mutton and potatoes with tomato-based sauce (mixture)	200	54	127	1/1/2003	12/31/2004
27235000	Meat loaf made with venison/deer	399	134	266	1/1/2003	12/31/2004
27235750	Veal and noodles with cream or white sauce (mixture)	313	84	199	1/1/2003	12/31/2004
27236000	Venison/deer and noodles with cream or white sauce (mixture)	299	72	186	1/1/2003	12/31/2004
27241000	Chicken or turkey hash	324	129	226	1/1/2003	12/31/2004
27242000	Chicken or turkey and noodles, no sauce (mixture)	129	28	79	1/1/2003	12/31/2004
27242200	Chicken or turkey and noodles with gravy (mixture)	451	263	357	1/1/2003	12/31/2004
27242300	Chicken or turkey and noodles with cream or white sauce (mixture)	309	51	180	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27242310	Chicken or turkey and noodles with cheese sauce (mixture)	211	160	185	1/1/2003	12/31/2004
27243000	Chicken or turkey and rice, no sauce (mixture)	362	262	312	1/1/2003	12/31/2004
27243300	Chicken or turkey and rice with cream sauce (mixture)	292	152	222	1/1/2003	12/31/2004
27243500	Chicken or turkey and rice with tomato-based sauce (mixture)	328	36	182	1/1/2003	12/31/2004
27246100	Chicken or turkey with dumplings (mixture)	377	99	238	1/1/2003	12/31/2004
27246300	Chicken or turkey cake, patty, or croquette	365	171	268	1/1/2003	12/31/2004
27246400	Chicken or turkey souffle	330	126	228	1/1/2003	12/31/2004
27246500	Meat loaf made with chicken or turkey	457	143	300	1/1/2003	12/31/2004
27250020	Clams, stuffed	517	178	348	1/1/2003	12/31/2004
27250060	Gefilte fish	275	49	162	1/1/2003	12/31/2004
27250070	Salmon cake or patty	559	422	491	1/1/2003	12/31/2004
27250080	Salmon loaf	780	487	633	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27250110	Scallops and noodles with cheese sauce (mixture)	325	219	272	1/1/2003	12/31/2004
27250130	Shrimp and noodles with cheese sauce (mixture)	308	202	255	1/1/2003	12/31/2004
27250210	Clam cake or patty	563	312	438	1/1/2003	12/31/2004
27250220	Oyster fritter	690	363	527	1/1/2003	12/31/2004
27250250	Flounder with crab stuffing	430	230	330	1/1/2003	12/31/2004
27250260	Lobster with bread stuffing, baked	618	444	531	1/1/2003	12/31/2004
27250270	Clams Casino	342	199	271	1/1/2003	12/31/2004
27250410	Shrimp with crab stuffing	491	252	371	1/1/2003	12/31/2004
27250450	Shrimp toast, fried	932	274	603	1/1/2003	12/31/2004
27250500	Kamaboko (Japanese fish cake)	845	61	453	1/1/2003	12/31/2004
27250510	Fish cake (Kamaboko) tempura	872	59	465	1/1/2003	12/31/2004
27250520	Seafood restructured	845	61	453	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27250550	Seafood souffle	420	214	317	1/1/2003	12/31/2004
27250610	Tuna noodle casserole with cream or white sauce	207	179	193	1/1/2003	12/31/2004
27250810	Fish and rice with tomato-based sauce	469	319	394	1/1/2003	12/31/2004
27250820	Fish and rice with cream sauce	294	143	219	1/1/2003	12/31/2004
27251010	Stewed salmon, Puerto Rican style (Salmon guisado)	533	391	462	1/1/2003	12/31/2004
27260010	Meat loaf, NS as to type of meat	414	134	274	1/1/2003	12/31/2004
27260050	Meatballs, with breading, NS as to type of meat, with gravy	472	291	381	1/1/2003	12/31/2004
27260080	Meat loaf made with beef and pork	407	131	269	1/1/2003	12/31/2004
27260090	Meat loaf made with beef, veal and pork	408	128	268	1/1/2003	12/31/2004
27260100	Meat loaf made with beef and pork, with tomato-based sauce	448	223	336	1/1/2003	12/31/2004
27260500	Vienna sausages stewed with potatoes, Puerto Rican style (Salchichas guisadas)	530	452	491	1/1/2003	12/31/2004
27260510	Liver dumpling	728	238	483	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27261000	Breaded brains, Puerto Rican style (Sesos rebosados)	329	78	204	1/1/2003	12/31/2004
27261500	Stewed, seasoned, ground beef and pork, with potatoes, Mexican style (Picadillo de carne de rez y puerco con papas)	192	42	117	1/1/2003	12/31/2004
27311110	Beef, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	274	45	160	1/1/2003	12/31/2004
27311120	Beef, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	276	46	161	1/1/2003	12/31/2004
27311210	Corned beef, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	324	256	290	1/1/2003	12/31/2004
27311220	Corned beef, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	332	277	304	1/1/2003	12/31/2004
27311310	Beef stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	314	243	278	1/1/2003	12/31/2004
27311320	Beef stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	217	51	134	1/1/2003	12/31/2004
27311410	Beef stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy	200	45	122	1/1/2003	12/31/2004
27311420	Beef stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy	213	43	128	1/1/2003	12/31/2004
27311510	Shepherd's pie with beef	240	109	174	1/1/2003	12/31/2004
27313010	Beef, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	251	42	147	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27313020	Beef, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	253	43	148	1/1/2003	12/31/2004
27313210	Beef, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	267	102	184	1/1/2003	12/31/2004
27313220	Beef, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	294	108	201	1/1/2003	12/31/2004
27313410	Beef, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	403	312	358	1/1/2003	12/31/2004
27313420	Beef, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	404	314	359	1/1/2003	12/31/2004
27315010	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	251	41	146	1/1/2003	12/31/2004
27315020	Beef, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	253	42	147	1/1/2003	12/31/2004
27315210	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	267	101	184	1/1/2003	12/31/2004
27315220	Beef, rice, and vegetables (excluding carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	261	108	185	1/1/2003	12/31/2004
27315250	Stuffed cabbage rolls with beef and rice	358	180	269	1/1/2003	12/31/2004
27315410	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	432	157	295	1/1/2003	12/31/2004
27315420	Beef, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	398	140	269	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27315510	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), soy-based sauce (mixture)	254	189	222	1/1/2003	12/31/2004
27315520	Beef, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), soy-based sauce (mixture)	269	198	233	1/1/2003	12/31/2004
27317010	Beef pot pie	398	237	317	1/1/2003	12/31/2004
27317100	Beef, dumplings, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	429	317	373	1/1/2003	12/31/2004
27317110	Beef, dumplings, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	490	359	425	1/1/2003	12/31/2004
27319010	Stuffed green pepper, Puerto Rican style (Pimiento relleno)	652	320	486	1/1/2003	12/31/2004
27320020	Ham pot pie	613	430	522	1/1/2003	12/31/2004
27320030	Ham or pork, noodles and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)	715	468	592	1/1/2003	12/31/2004
27320040	Pork, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	364	31	197	1/1/2003	12/31/2004
27320070	Ham or pork, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	693	434	564	1/1/2003	12/31/2004
27320080	Sausage, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	567	491	529	1/1/2003	12/31/2004
27320090	Sausage, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	558	484	521	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27320100	Pork, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	427	195	311	1/1/2003	12/31/2004
27320110	Pork, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	454	226	340	1/1/2003	12/31/2004
27320120	Sausage, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	557	467	512	1/1/2003	12/31/2004
27320130	Sausage, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	556	467	512	1/1/2003	12/31/2004
27320140	Pork, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	415	181	298	1/1/2003	12/31/2004
27320150	Pork, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	432	207	320	1/1/2003	12/31/2004
27320210	Pork, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	365	30	198	1/1/2003	12/31/2004
27320340	Pork, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	308	220	264	1/1/2003	12/31/2004
27320350	Pork, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	323	228	275	1/1/2003	12/31/2004
27320410	Ham, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	445	384	415	1/1/2003	12/31/2004
27320450	Ham, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	666	551	609	1/1/2003	12/31/2004
27330010	Shepherd's pie with lamb	333	255	294	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27330030	Lamb or mutton stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy	289	122	205	1/1/2003	12/31/2004
27330050	Lamb or mutton, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	396	214	305	1/1/2003	12/31/2004
27330060	Lamb or mutton, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	448	176	312	1/1/2003	12/31/2004
27330080	Lamb or mutton, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy	290	96	193	1/1/2003	12/31/2004
27330110	Lamb or mutton stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy	234	123	178	1/1/2003	12/31/2004
27330210	Lamb or mutton stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	284	119	202	1/1/2003	12/31/2004
27330220	Lamb or mutton stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	285	120	203	1/1/2003	12/31/2004
27331150	Veal fricassee, Puerto Rican style (ternera en fricase)	630	305	467	1/1/2003	12/31/2004
27332100	Veal stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	240	63	152	1/1/2003	12/31/2004
27332110	Veal stew with potatoes and vegetables (excluding carrots, broccoli, and/or dark-green leafy), tomato-based sauce	220	55	138	1/1/2003	12/31/2004
27335100	Rabbit stew with potatoes and vegetables	281	18	149	1/1/2003	12/31/2004
27335500	Stewed rabbit, Puerto Rican style (Fricase de conejo)	451	121	286	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27336100	Venison/deer stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	215	72	143	1/1/2003	12/31/2004
27336150	Venison/deer stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	228	69	149	1/1/2003	12/31/2004
27336200	Venison/deer, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	189	30	109	1/1/2003	12/31/2004
27336250	Venison/deer, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	191	24	107	1/1/2003	12/31/2004
27336300	Venison/deer, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	223	124	174	1/1/2003	12/31/2004
27336310	Venison/deer, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	230	128	179	1/1/2003	12/31/2004
27341010	Chicken or turkey, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	244	52	148	1/1/2003	12/31/2004
27341020	Chicken or turkey, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	274	82	178	1/1/2003	12/31/2004
27341310	Chicken or turkey stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy	197	34	115	1/1/2003	12/31/2004
27341320	Chicken or turkey stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy	199	42	121	1/1/2003	12/31/2004
27341510	Chicken or turkey stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce	238	76	157	1/1/2003	12/31/2004
27341520	Chicken or turkey stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce	240	83	161	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27343010	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	217	85	151	1/1/2003	12/31/2004
27343020	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	257	128	193	1/1/2003	12/31/2004
27343410	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	315	218	267	1/1/2003	12/31/2004
27343420	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	419	318	368	1/1/2003	12/31/2004
27343510	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	241	134	187	1/1/2003	12/31/2004
27343520	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	300	193	247	1/1/2003	12/31/2004
27343910	Chicken or turkey chow mein or chop suey with noodles	479	358	418	1/1/2003	12/31/2004
27343950	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), cheese sauce (mixture)	295	146	221	1/1/2003	12/31/2004
27343960	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)	308	152	230	1/1/2003	12/31/2004
27345010	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	216	34	125	1/1/2003	12/31/2004
27345020	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)	181	22	102	1/1/2003	12/31/2004
27345210	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	257	144	200	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27345220	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	315	195	255	1/1/2003	12/31/2004
27345440	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), cheese sauce (mixture)	185	133	159	1/1/2003	12/31/2004
27345450	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)	239	169	204	1/1/2003	12/31/2004
27345510	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)	187	62	125	1/1/2003	12/31/2004
27345520	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)	215	95	155	1/1/2003	12/31/2004
27347100	Chicken or turkey pot pie	259	109	184	1/1/2003	12/31/2004
27347200	Chicken or turkey, stuffing, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)	340	222	281	1/1/2003	12/31/2004
27347220	Chicken or turkey, stuffing, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)	358	223	291	1/1/2003	12/31/2004
27347230	Chicken or turkey, stuffing, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)	446	330	388	1/1/2003	12/31/2004
27347240	Chicken or turkey, dumplings, and vegetables (including carrots, broccoli, and/or dark green leafy), gravy (mixture)	286	166	226	1/1/2003	12/31/2004
27347250	Chicken or turkey, dumplings, and vegetables (excluding carrots, broccoli, and dark green leafy), gravy (mixture)	348	293	321	1/1/2003	12/31/2004
27348100	Chicken fricassee, Puerto Rican style (Fricase de pollo)	607	307	457	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27350020	Paella with seafood	529	191	360	1/1/2003	12/31/2004
27350030	Seafood stew with potatoes and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-base sauce	394	186	290	1/1/2003	12/31/2004
27350040	Shad creole, with rice	313	181	247	1/1/2003	12/31/2004
27350050	Shrimp chow mein or chop suey with noodles	579	451	515	1/1/2003	12/31/2004
27350070	Tuna pot pie	241	203	222	1/1/2003	12/31/2004
27350110	Bouillabaisse	249	183	216	1/1/2003	12/31/2004
27350200	Oyster pie	322	109	215	1/1/2003	12/31/2004
27350310	Seafood stew with potatoes and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-base sauce	403	192	297	1/1/2003	12/31/2004
27351020	Codfish salad, Puerto Rican style (Gazpacho de bacalao)	378	219	298	1/1/2003	12/31/2004
27351050	Codfish salad, Puerto Rican style (Ensalada de bacalao)	266	174	220	1/1/2003	12/31/2004
27360000	Stew, NFS	209	52	130	1/1/2003	12/31/2004
27360010	Goulash, NFS	150	52	101	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27360050	Meat pie, NFS	449	288	368	1/1/2003	12/31/2004
27360090	Paella, NFS	604	257	431	1/1/2003	12/31/2004
27360100	Brunswick stew	222	159	191	1/1/2003	12/31/2004
27361010	Stewed variety meats, Puerto Rican style (mostly liver) (Gandinga)	336	40	188	1/1/2003	12/31/2004
27362000	Stewed tripe, Puerto Rican style, with potatoes (Mondongo)	559	223	391	1/1/2003	12/31/2004
27363000	Gumbo with rice (New Orleans type with shellfish, pork, and/or poultry, tomatoes, okra, rice)	372	217	294	1/1/2003	12/31/2004
27363100	Jambalaya with meat and rice	196	105	150	1/1/2003	12/31/2004
27410210	Beef and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), no sauce (mixture)	418	162	290	1/1/2003	12/31/2004
27410220	Beef and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)	400	152	276	1/1/2003	12/31/2004
27410250	Beef shish kabob with vegetables, excluding potatoes	282	27	155	1/1/2003	12/31/2004
27411100	Beef with vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-based sauce (mixture)	328	46	187	1/1/2003	12/31/2004
27411120	Swiss steak	248	78	163	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27411150	Beef rolls, stuffed with vegetables or meat mixture, tomato-based sauce	362	162	262	1/1/2003	12/31/2004
27411200	Beef with vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), tomato-based sauce (mixture)	364	252	308	1/1/2003	12/31/2004
27415200	Beef and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce (mixture)	360	212	286	1/1/2003	12/31/2004
27416200	Beef, ground, with egg and onion (mixture)	746	73	409	1/1/2003	12/31/2004
27416450	Beef and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), gravy (mixture)	360	36	198	1/1/2003	12/31/2004
27418110	Seasoned shredded soup meat (Ropa vieja, sopa de carne ripiada)	235	48	142	1/1/2003	12/31/2004
27418210	Puerto-Rican style beef stew (Carne a la Judia)	554	137	346	1/1/2003	12/31/2004
27418410	Beef steak with onions, Puerto Rican style (mixture) (Biftec encebollado)	1001	47	524	1/1/2003	12/31/2004
27420060	Pork and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), no sauce (mixture)	287	47	167	1/1/2003	12/31/2004
27420110	Pork and vegetables, Hawaiian style (mixture)	189	21	105	1/1/2003	12/31/2004
27420120	Pork and watercress with soy-based sauce (mixture)	400	192	296	1/1/2003	12/31/2004
27420200	Pork hash, Hawaiian style-ground pork, vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce	498	148	323	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27420250	Ham and vegetables (including carrots, broccoli, and/or dark- green leafy (no potatoes)), no sauce (mixture)	739	614	677	1/1/2003	12/31/2004
27420270	Ham and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)	722	596	659	1/1/2003	12/31/2004
27420350	Pork and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)	230	48	139	1/1/2003	12/31/2004
27420370	Pork, tofu, and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce (mixture)	604	553	578	1/1/2003	12/31/2004
27420400	Pork and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-based sauce (mixture)	268	81	175	1/1/2003	12/31/2004
27420410	Pork and vegetables (excluding carrots, broccoli, and dark- green leafy (no potatoes)), tomato-based sauce (mixture)	263	73	168	1/1/2003	12/31/2004
27420500	Pork and vegetables (including carrots, broccoli, and/or dark-green leafy), soy-based sauce (mixture)	343	210	276	1/1/2003	12/31/2004
27420510	Pork and vegetables (excluding carrots, broccoli, and dark- green leafy), soy-based sauce (mixture)	361	213	287	1/1/2003	12/31/2004
27421010	Stuffed christophine, Puerto Rican style (Chayote relleno)	398	221	309	1/1/2003	12/31/2004
27422010	Pork chop stewed with vegetables, Puerto Rican style (mixture) (Chuletas a la jardinera)	425	142	283	1/1/2003	12/31/2004
27430400	Lamb or mutton stew with vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), gravy	376	184	280	1/1/2003	12/31/2004
27430410	Lamb or mutton stew with vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), gravy	377	185	281	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27430500	Veal goulash with vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), tomato-base sauce	228	80	154	1/1/2003	12/31/2004
27430510	Veal goulash with vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-base sauce	241	87	164	1/1/2003	12/31/2004
27430580	Veal with vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), cream or white sauce	200	127	164	1/1/2003	12/31/2004
27430590	Veal with vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), cream or white sauce	225	136	181	1/1/2003	12/31/2004
27430610	Lamb shish kabob with vegetables, excluding potatoes	292	37	164	1/1/2003	12/31/2004
27440110	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), no sauce (mixture)	254	75	164	1/1/2003	12/31/2004
27440120	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)	251	73	162	1/1/2003	12/31/2004
27441120	Chicken or turkey creole, without rice	238	158	198	1/1/2003	12/31/2004
27442110	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), gravy (mixture)	301	44	172	1/1/2003	12/31/2004
27442120	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), gravy (mixture)	286	37	161	1/1/2003	12/31/2004
27445110	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), soy-based sauce (mixture)	380	308	344	1/1/2003	12/31/2004
27445120	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce (mixture)	480	383	431	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27446350	Oriental chicken or turkey garden salad (chicken and/or turkey, lettuce, fruit, nuts), no dressing	72	50	61	1/1/2003	12/31/2004
27446400	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), cheese sauce (mixture)	478	162	320	1/1/2003	12/31/2004
27446410	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), cheese sauce (mixture)	392	133	263	1/1/2003	12/31/2004
27448010	Chicken or turkey fricassee, no potatoes, Puerto Rican style, NFS (assume with sauce)	430	241	336	1/1/2003	12/31/2004
27448020	Chicken or turkey fricassee, with sauce, no potatoes, Puerto Rican style (potatoes reported separately)	283	170	226	1/1/2003	12/31/2004
27448030	Chicken or turkey fricassee, no sauce, no potatoes, Puerto Rican style (sauce and potatoes reported separately)	482	64	273	1/1/2003	12/31/2004
27450040	Shrimp chow mein or chop suey, no noodles	480	451	466	1/1/2003	12/31/2004
27450150	Fish, tofu, and vegetables, tempura, Hawaiian style (mixture)	385	118	252	1/1/2003	12/31/2004
27450250	Oysters Rockefeller	497	334	416	1/1/2003	12/31/2004
27450410	Shrimp and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), soy-based sauce (mixture)	388	149	268	1/1/2003	12/31/2004
27450420	Shrimp and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), soy-based sauce (mixture)	405	151	278	1/1/2003	12/31/2004
27450700	Fish and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-based sauce (mixture)	414	174	294	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
27450710	Fish and vegetables (excluding carrots, broccoli, and dark- green leafy (no potatoes)), tomato-based sauce (mixture)	413	174	293	1/1/2003	12/31/2004
27451010	Fish a la creole, Puerto Rican style (Pescado frito con mojo)	678	191	435	1/1/2003	12/31/2004
27451030	Lobster creole, Puerto Rican style (Langosta a la criolla)	661	352	507	1/1/2003	12/31/2004
27451070	Codfish salad, Puerto Rican style (Serenata)	418	100	259	1/1/2003	12/31/2004
27460100	Lau lau (pork and fish wrapped in taro or spinach leaves)	811	88	449	1/1/2003	12/31/2004
27460710	Livers, chicken, chopped, with eggs and onion (mixture)	1049	55	552	1/1/2003	12/31/2004
27463000	Stewed gizzards, Puerto Rican style (Mollejitas guisadas)	378	144	261	1/1/2003	12/31/2004
27464000	Gumbo, no rice (New Orleans type with shellfish, pork, and/or poultry, tomatoes, okra)	417	243	330	1/1/2003	12/31/2004
31102000	Egg, whole, cooked, NS as to cooking method	358	205	281	1/1/2003	12/31/2004
31103000	Egg, whole, boiled	278	124	201	1/1/2003	12/31/2004
31104000	Egg, whole, poached	294	140	217	1/1/2003	12/31/2004
31105000	Egg, whole, fried	518	185	352	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
31105010	Egg, whole, fried without fat	507	159	333	1/1/2003	12/31/2004
31106000	Egg, whole, baked, NS as to fat added in cooking	361	205	283	1/1/2003	12/31/2004
31106010	Egg, whole, baked, fat not added in cooking	327	156	241	1/1/2003	12/31/2004
31106020	Egg, whole, baked, fat added in cooking	361	205	283	1/1/2003	12/31/2004
31109010	Egg, white only, cooked	320	166	243	1/1/2003	12/31/2004
31111010	Egg, yolk only, cooked	202	48	125	1/1/2003	12/31/2004
31201000	Duck egg, cooked	300	146	223	1/1/2003	12/31/2004
31202000	Goose egg, cooked	292	138	215	1/1/2003	12/31/2004
32101000	Egg, creamed	320	252	286	1/1/2003	12/31/2004
32102000	Egg, deviled	302	161	232	1/1/2003	12/31/2004
32103000	Egg salad	362	254	308	1/1/2003	12/31/2004
32104100	Egg, scrambled, made from dry eggs	382	194	288	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
32104900	Egg omelet or scrambled egg, NS as to fat added in cooking	399	149	274	1/1/2003	12/31/2004
32104950	Egg omelet or scrambled egg, fat not added in cooking	363	122	243	1/1/2003	12/31/2004
32105000	Egg omelet or scrambled egg, fat added in cooking	374	142	258	1/1/2003	12/31/2004
32105010	Egg omelet or scrambled egg, with cheese	548	353	450	1/1/2003	12/31/2004
32105020	Egg omelet or scrambled egg, with fish	409	209	309	1/1/2003	12/31/2004
32105030	Egg omelet or scrambled egg, with ham or bacon	637	470	554	1/1/2003	12/31/2004
32105040	Egg omelet or scrambled egg, with dark-green vegetables	318	127	223	1/1/2003	12/31/2004
32105050	Egg omelet or scrambled egg, with vegetables other than dark-green vegetables	342	152	247	1/1/2003	12/31/2004
32105060	Egg omelet or scrambled egg, with peppers, onion, and ham	460	290	375	1/1/2003	12/31/2004
32105070	Egg omelet or scrambled egg, with mushrooms	396	211	304	1/1/2003	12/31/2004
32105080	Egg omelet or scrambled egg, with cheese and ham or bacon	654	487	571	1/1/2003	12/31/2004
32105085	Egg omelet or scrambled egg, with cheese, ham or bacon, and tomatoes	505	376	441	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
32105100	Egg omelet or scrambled egg, with potatoes and/or onions (Tortilla Espanola, traditional style Spanish omelet)	128	88	108	1/1/2003	12/31/2004
32105110	Egg omelet or scrambled egg, with beef	354	127	240	1/1/2003	12/31/2004
32105120	Egg omelet or scrambled egg, with sausage and mushrooms	432	239	336	1/1/2003	12/31/2004
32105121	Egg omelet or scrambled egg, with sausage and cheese	436	375	405	1/1/2003	12/31/2004
32105122	Egg omelet or scrambled egg, with sausage	398	340	369	1/1/2003	12/31/2004
32105125	Egg omelet or scrambled egg, with hot dogs	544	488	516	1/1/2003	12/31/2004
32105130	Egg omelet or scrambled egg, with onions, peppers, tomatoes, and mushrooms	210	101	156	1/1/2003	12/31/2004
32105150	Egg omelet or scrambled egg, with chili, cheese, tomatoes, and beans	428	259	344	1/1/2003	12/31/2004
32105160	Egg omelet or scrambled egg, with chorizo	534	340	437	1/1/2003	12/31/2004
32105170	Egg omelet or scrambled egg with chicken	286	118	202	1/1/2003	12/31/2004
32105190	Egg casserole with bread, cheese, milk and meat	518	491	504	1/1/2003	12/31/2004
32105310	Ripe plantain omelet, Puerto Rican style (Tortilla de amarillo)	429	68	249	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
32105330	Scrambled eggs with jerked beef, Puerto Rican style (Revoltillo de tasajo)	1545	1314	1430	1/1/2003	12/31/2004
32110100	Eggs a la Malaguena, Puerto Rican style (Huevos a la Malaguena)	724	394	559	1/1/2003	12/31/2004
33201010	Scrambled egg, made from cholesterol-free frozen mixture	408	197	302	1/1/2003	12/31/2004
33201110	Scrambled egg, made from cholesterol-free frozen mixture with cheese	495	301	398	1/1/2003	12/31/2004
33201500	Scrambled egg, made from cholesterol-free frozen mixture with vegetables	353	157	255	1/1/2003	12/31/2004
33202010	Scrambled egg, made from frozen mixture	332	146	239	1/1/2003	12/31/2004
33301010	Scrambled egg, made from packaged liquid mixture	384	180	282	1/1/2003	12/31/2004
41101000	Beans, dry, cooked, NS as to type and as to fat added in cooking	196	3	100	1/1/2003	12/31/2004
41101010	Beans, dry, cooked, NS as to type, fat added in cooking	196	3	100	1/1/2003	12/31/2004
41101020	Beans, dry, cooked, NS as to type, fat not added in cooking	235	4	119	1/1/2003	12/31/2004
41101100	White beans, dry, cooked, NS as to fat added in cooking	198	6	102	1/1/2003	12/31/2004
41101110	White beans, dry, cooked, fat added in cooking	198	6	102	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41101120	White beans, dry, cooked, fat not added in cooking	237	6	122	1/1/2003	12/31/2004
41102000	Black, brown, or Bayo beans, dry, cooked, NS as to fat added in cooking	234	3	118	1/1/2003	12/31/2004
41102010	Black, brown, or Bayo beans, dry, cooked, fat added in cooking	196	3	99	1/1/2003	12/31/2004
41102020	Black, brown, or Bayo beans, dry, cooked, fat not added in cooking	212	3	108	1/1/2003	12/31/2004
41102200	Fava beans, cooked, NS as to fat added in cooking	236	5	120	1/1/2003	12/31/2004
41102210	Fava beans, cooked, fat added in cooking	236	5	120	1/1/2003	12/31/2004
41102220	Fava beans, cooked, fat not added in cooking	236	5	121	1/1/2003	12/31/2004
41103000	Lima beans, dry, cooked, NS as to fat added in cooking	195	2	98	1/1/2003	12/31/2004
41103010	Lima beans, dry, cooked, fat added in cooking	195	2	98	1/1/2003	12/31/2004
41103020	Lima beans, dry, cooked, fat not added in cooking	233	2	118	1/1/2003	12/31/2004
41103050	Pink beans, dry, cooked, NS as to fat added in cooking	195	2	98	1/1/2003	12/31/2004
41103060	Pink beans, dry, cooked, fat not added in cooking	195	2	98	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41103070	Pink beans, dry, cooked, fat added in cooking	195	2	98	1/1/2003	12/31/2004
41104000	Pinto, calico, or red Mexican beans, dry, cooked, NS as to fat added in cooking	198	5	101	1/1/2003	12/31/2004
41104010	Pinto, calico, or red Mexican beans, dry, cooked, fat added in cooking	198	5	101	1/1/2003	12/31/2004
41104020	Pinto, calico, or red Mexican beans, dry, cooked, fat not added in cooking	215	5	110	1/1/2003	12/31/2004
41106000	Red kidney beans, dry, cooked, NS as to fat added in cooking	195	2	98	1/1/2003	12/31/2004
41106010	Red kidney beans, dry, cooked, fat added in cooking	195	2	98	1/1/2003	12/31/2004
41106020	Red kidney beans, dry, cooked, fat not added in cooking	233	2	118	1/1/2003	12/31/2004
41107000	Soybeans, cooked, fat not added in cooking	232	1	117	1/1/2003	12/31/2004
41108000	Mung beans, fat not added in cooking	231	6	118	1/1/2003	12/31/2004
41108010	Mung beans, fat added in cooking	214	5	110	1/1/2003	12/31/2004
41108020	Mung beans, NS as to fat added in cooking	214	5	110	1/1/2003	12/31/2004
41201010	Baked beans, NFS	446	265	355	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41204020	Boston baked beans	454	93	273	1/1/2003	12/31/2004
41205010	Refried beans	281	155	218	1/1/2003	12/31/2004
41205020	Refried beans with cheese	299	179	239	1/1/2003	12/31/2004
41205030	Refried beans with meat	423	279	351	1/1/2003	12/31/2004
41205050	Bean dip, made with refried beans	1168	5	586	1/1/2003	12/31/2004
41205100	Black bean sauce	964	624	794	1/1/2003	12/31/2004
41207030	Beans, dry, cooked with ground beef	466	395	431	1/1/2003	12/31/2004
41208100	Beans, dry, cooked with pork	400	167	284	1/1/2003	12/31/2004
41209000	Falafil	466	152	309	1/1/2003	12/31/2004
41210000	Bean cake	187	1	94	1/1/2003	12/31/2004
41210090	Stewed beans with pork, tomatoes, and chili peppers, Mexican style (Frijoles a la charra)	297	160	229	1/1/2003	12/31/2004
41210100	Stewed dry red beans, Puerto Rican style (Habichuelas coloradas guisadas)	522	185	354	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41210110	Stewed dry lima beans, Puerto Rican style	251	66	159	1/1/2003	12/31/2004
41210120	Stewed white beans, Puerto Rican style	664	64	364	1/1/2003	12/31/2004
41210150	Stewed pink beans with viandas, ham, Puerto Rican style	262	79	170	1/1/2003	12/31/2004
41210160	Stewed pink beans with pig's feet, Puerto Rican style	327	103	215	1/1/2003	12/31/2004
41210170	Stewed red beans with pig's feet, Puerto Rican style	327	103	215	1/1/2003	12/31/2004
41210180	Stewed white beans with pig's feet, Puerto Rican style	328	104	216	1/1/2003	12/31/2004
41210190	Stewed red beans with pig's feet and potatoes, Puerto Rican style	328	104	216	1/1/2003	12/31/2004
41210200	Black beans, Cuban style (Habichuelas negras guisadas a la Cubana)	413	11	212	1/1/2003	12/31/2004
41301000	Cowpeas, dry, cooked, NS as to fat added in cooking	235	4	119	1/1/2003	12/31/2004
41301010	Cowpeas, dry, cooked, fat added in cooking	235	4	119	1/1/2003	12/31/2004
41301020	Cowpeas, dry, cooked, fat not added in cooking	235	4	120	1/1/2003	12/31/2004
41302000	Chickpeas, dry, cooked, NS as to fat added in cooking	242	11	127	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41302010	Chickpeas, dry, cooked, fat added in cooking	242	11	127	1/1/2003	12/31/2004
41302020	Chickpeas, dry, cooked, fat not added in cooking	242	12	127	1/1/2003	12/31/2004
41303010	Green or yellow split peas, dry, cooked, fat added in cooking	222	2	112	1/1/2003	12/31/2004
41303020	Green or yellow split peas, dry, cooked, NS as to fat added in cooking	222	2	112	1/1/2003	12/31/2004
41303500	Stewed green peas, Puerto Rican style (Habichuelas del pais)	216	60	138	1/1/2003	12/31/2004
41303550	Stewed green peas with pig's feet and potatoes, Puerto Rican style	328	104	216	1/1/2003	12/31/2004
41304030	Peas, dry, cooked with pork	346	116	231	1/1/2003	12/31/2004
41304130	Cowpeas, dry, cooked with pork	728	402	565	1/1/2003	12/31/2004
41304980	Lentils, dry, cooked, NS as to fat added in cooking	220	2	111	1/1/2003	12/31/2004
41304990	Lentils, dry, cooked, fat added in cooking	220	2	111	1/1/2003	12/31/2004
41305000	Lentils, dry, cooked, fat not added in cooking	233	2	118	1/1/2003	12/31/2004
41310100	Stewed pigeon peas, Puerto Rican style (Gandules guisados, Gandur, Gandules)	383	90	236	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
41310150	Stewed chickpeas, Puerto Rican style	266	72	169	1/1/2003	12/31/2004
41310160	Stewed chickpeas, with potatoes, Puerto Rican style	411	86	249	1/1/2003	12/31/2004
41310210	Stewed chickpeas with Spanish sausages, Puerto Rican style (Garbanzos guisados con chorizos)	344	168	256	1/1/2003	12/31/2004
41310220	Fried chickpeas, Puerto Rican style (Garbanzos fritos)	438	257	347	1/1/2003	12/31/2004
41310310	Stewed cowpeas, Puerto Rican style	233	6	120	1/1/2003	12/31/2004
56101000	Macaroni, cooked, NS as to fat added in cooking	232	1	117	1/1/2003	12/31/2004
56101010	Macaroni, cooked, fat not added in cooking	232	1	117	1/1/2003	12/31/2004
56101030	Macaroni, cooked, fat added in cooking	201	1	101	1/1/2003	12/31/2004
56102000	Macaroni, whole wheat, cooked, NS as to fat added in cooking	234	3	119	1/1/2003	12/31/2004
56102010	Macaroni, whole wheat, cooked, fat not added in cooking	234	3	119	1/1/2003	12/31/2004
56102020	Macaroni, whole wheat, cooked, fat added in cooking	203	3	103	1/1/2003	12/31/2004
56103000	Macaroni, cooked, spinach, NS as to fat added in cooking	234	8	121	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56103010	Macaroni, cooked, spinach, fat not added in cooking	234	8	121	1/1/2003	12/31/2004
56103020	Macaroni, cooked, spinach, fat added in cooking	226	8	117	1/1/2003	12/31/2004
56104000	Macaroni, cooked, vegetable, NS as to fat added in cooking	99	6	52	1/1/2003	12/31/2004
56104010	Macaroni, cooked, vegetable, fat not added in cooking	99	6	52	1/1/2003	12/31/2004
56104020	Macaroni, cooked, vegetable, fat added in cooking	95	6	51	1/1/2003	12/31/2004
56112000	Noodles, cooked, NS as to fat added in cooking	236	5	121	1/1/2003	12/31/2004
56112010	Noodles, cooked, fat not added in cooking	236	5	121	1/1/2003	12/31/2004
56112030	Noodles, cooked, fat added in cooking	181	5	93	1/1/2003	12/31/2004
56113000	Noodles, cooked, whole wheat, NS as to fat added in cooking	158	13	85	1/1/2003	12/31/2004
56113010	Noodles, cooked, whole wheat, fat not added in cooking	234	3	119	1/1/2003	12/31/2004
56113990	Noodles, cooked, spinach, NS as to fat added in cooking	243	12	128	1/1/2003	12/31/2004
56114000	Noodles, cooked, spinach, fat not added in cooking	195	7	101	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56114020	Noodles, cooked, spinach, fat added in cooking	187	12	100	1/1/2003	12/31/2004
56130000	Spaghetti, cooked, NS as to fat added in cooking	232	1	117	1/1/2003	12/31/2004
56130010	Spaghetti, cooked, fat not added in cooking	232	1	117	1/1/2003	12/31/2004
56131000	Spaghetti, cooked, fat added in cooking	201	1	101	1/1/2003	12/31/2004
56132000	Spaghetti, cooked, high protein type (assume no fat added)	232	1	117	1/1/2003	12/31/2004
56132990	Spaghetti, cooked, whole wheat, NS as to fat added in cooking	234	3	119	1/1/2003	12/31/2004
56133000	Spaghetti, cooked, whole wheat, fat not added in cooking	234	3	119	1/1/2003	12/31/2004
56133010	Spaghetti, cooked, whole wheat, fat added in cooking	203	3	103	1/1/2003	12/31/2004
56200300	Cereal, cooked, NFS	119	3	61	1/1/2003	12/31/2004
56200390	Barley, cooked, NS as to fat added in cooking	187	3	95	1/1/2003	12/31/2004
56200400	Barley, cooked, fat not added in cooking	187	3	95	1/1/2003	12/31/2004
56200490	Buckwheat groats, cooked, NS as to fat added in cooking	150	4	77	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56200500	Buckwheat groats, cooked, fat not added in cooking	150	4	77	1/1/2003	12/31/2004
56200510	Buckwheat groats, cooked, fat added in cooking	173	34	103	1/1/2003	12/31/2004
56200990	Grits, cooked, corn or hominy, NS as to regular, quick or instant, NS as to fat added in cooking	131	2	67	1/1/2003	12/31/2004
56201000	Grits, cooked, corn or hominy, NS as to regular, quick, or instant, fat not added in cooking	131	2	67	1/1/2003	12/31/2004
56201010	Grits, cooked, corn or hominy, regular, fat not added in cooking	131	2	67	1/1/2003	12/31/2004
56201020	Grits, cooked, corn or hominy, regular, fat added in cooking	153	29	91	1/1/2003	12/31/2004
56201030	Grits, cooked, corn or hominy, regular, NS as to fat added in cooking	131	2	67	1/1/2003	12/31/2004
56201040	Grits, cooked, corn or hominy, NS as to regular, quick, or instant, fat added in cooking	153	29	91	1/1/2003	12/31/2004
56201060	Grits, cooked, corn or hominy, with cheese, NS as to regular, quick, or instant, NS as to fat added in cooking	266	150	208	1/1/2003	12/31/2004
56201061	Grits, cooked, corn or hominy, with cheese, NS as to regular, quick, or instant, fat not added in cooking	266	150	208	1/1/2003	12/31/2004
56201062	Grits, cooked, corn or hominy, with cheese, NS as to regular, quick, or instant, fat added in cooking	281	169	225	1/1/2003	12/31/2004
56201070	Grits, cooked, corn or hominy, with cheese, regular, NS as to fat added in cooking	351	256	304	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56201071	Grits, cooked, corn or hominy, with cheese, regular, fat not added in cooking	351	256	304	1/1/2003	12/31/2004
56201072	Grits, cooked, corn or hominy, with cheese, regular, fat added in cooking	359	266	313	1/1/2003	12/31/2004
56201080	Grits, cooked, corn or hominy, with cheese, quick, NS as to fat added in cooking	351	256	304	1/1/2003	12/31/2004
56201081	Grits, cooked, corn or hominy, with cheese, quick, fat not added in cooking	351	256	304	1/1/2003	12/31/2004
56201082	Grits, cooked, corn or hominy, with cheese, quick, fat added in cooking	359	266	313	1/1/2003	12/31/2004
56201110	Grits, cooked, corn or hominy, quick, fat not added in cooking	168	2	85	1/1/2003	12/31/2004
56201120	Grits, cooked, corn or hominy, quick, fat added in cooking	195	36	115	1/1/2003	12/31/2004
56201130	Grits, cooked, corn or hominy, quick, NS as to fat added in cooking	169	2	85	1/1/2003	12/31/2004
56201300	Grits, cooked, corn or hominy, NS as to regular, quick, or instant, NS as to fat added in cooking, made with milk	169	44	106	1/1/2003	12/31/2004
56201510	Cornmeal mush, made with water	218	4	111	1/1/2003	12/31/2004
56201520	Cornmeal mush, fried	302	6	154	1/1/2003	12/31/2004
56201530	Cornmeal mush, made with milk	216	56	136	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56201540	Cornmeal, made with evaporated milk and sugar, Puerto Rican Style (Harina de maize con leche)	132	43	88	1/1/2003	12/31/2004
56201550	Cornmeal dumpling	348	140	244	1/1/2003	12/31/2004
56201560	Cornmeal sticks, boiled	125	10	68	1/1/2003	12/31/2004
56201600	Cornmeal, lime-treated, cooked (Masa harina)	279	6	142	1/1/2003	12/31/2004
56201990	Millet, cooked, NS as to fat added in cooking	168	2	85	1/1/2003	12/31/2004
56202000	Millet, cooked, fat not added in cooking	168	2	85	1/1/2003	12/31/2004
56202100	Millet, cooked, fat added in cooking	193	35	114	1/1/2003	12/31/2004
56202960	Oatmeal, cooked, NS as to regular, quick or instant; NS as to fat added in cooking	119	3	61	1/1/2003	12/31/2004
56202970	Oatmeal, cooked, quick (1 or 3 minutes), NS as to fat added in cooking	119	3	61	1/1/2003	12/31/2004
56202980	Oatmeal, cooked, regular, NS as to fat added in cooking	119	3	61	1/1/2003	12/31/2004
56203000	Oatmeal, cooked, NS as to regular, quick or instant, fat not added in cooking	119	3	61	1/1/2003	12/31/2004
56203010	Oatmeal, cooked, regular, fat not added in cooking	119	3	61	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56203020	Oatmeal, cooked, quick (1 or 3 minutes), fat not added in cooking	119	3	61	1/1/2003	12/31/2004
56203040	Oatmeal, cooked, NS as to regular, quick, or instant, fat added in cooking	138	26	82	1/1/2003	12/31/2004
56203050	Oatmeal, cooked, regular, fat added in cooking	138	26	82	1/1/2003	12/31/2004
56203060	Oatmeal, cooked, quick (1 or 3 minutes), fat added in cooking	138	26	82	1/1/2003	12/31/2004
56203110	Oatmeal with maple flavor, cooked	120	4	62	1/1/2003	12/31/2004
56203200	Oatmeal with fruit, cooked	111	3	57	1/1/2003	12/31/2004
56203210	Oatmeal, NS as to regular, quick, or instant, made with milk, fat not added in cooking	142	37	89	1/1/2003	12/31/2004
56203220	Oatmeal, NS as to regular, quick, or instant, made with milk, fat added in cooking	159	57	108	1/1/2003	12/31/2004
56203230	Oatmeal, NS as to regular, quick, or instant, made with milk, NS as to fat added in cooking	142	37	89	1/1/2003	12/31/2004
56203540	Oatmeal, made with evaporated milk and sugar, Puerto Rican style	167	54	110	1/1/2003	12/31/2004
56203600	Oatmeal, multigrain, cooked, NS as to fat added in cooking	71	2	37	1/1/2003	12/31/2004
56203610	Oatmeal, multigrain, cooked, fat not added in cooking	71	2	37	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56203620	Oatmeal, multigrain, cooked, fat added in cooking	90	23	57	1/1/2003	12/31/2004
56204980	Rice, white, cooked, converted, NS as to fat added in cooking	331	2	167	1/1/2003	12/31/2004
56204990	Rice, white, cooked, regular, NS as to fat added in cooking	365	1	183	1/1/2003	12/31/2004
56205000	Rice, cooked, NFS	368	8	188	1/1/2003	12/31/2004
56205010	Rice, white, cooked, regular, fat not added in cooking	365	1	183	1/1/2003	12/31/2004
56205020	Rice, white, cooked, instant, NS as to fat added in cooking	353	4	179	1/1/2003	12/31/2004
56205030	Rice, white, cooked, instant, fat not added in cooking	353	4	179	1/1/2003	12/31/2004
56205040	Rice, white, cooked, converted, fat not added in cooking	331	2	167	1/1/2003	12/31/2004
56205050	Rice, cream of, cooked, fat not added in cooking	155	1	78	1/1/2003	12/31/2004
56205060	Rice, cooked, with milk	360	43	201	1/1/2003	12/31/2004
56205070	Rice, sweet (rice, cooked, with honey)	343	1	172	1/1/2003	12/31/2004
56205080	Rice, creamed, made with milk and sugar, Puerto Rican style	150	48	99	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56205090	Rice, cream of, cooked, fat added in cooking	193	25	109	1/1/2003	12/31/2004
56205110	Rice, brown, cooked, regular, fat not added in cooking	301	5	153	1/1/2003	12/31/2004
56205120	Rice, brown, cooked, regular, NS as to fat added in cooking	301	5	153	1/1/2003	12/31/2004
56205210	Rice, wild, 100%, cooked, fat not added in cooking	354	3	179	1/1/2003	12/31/2004
56205300	Rice, white and wild, cooked, fat not added in cooking	501	3	252	1/1/2003	12/31/2004
56205310	Rice, brown and wild, cooked, fat not added in cooking	501	4	252	1/1/2003	12/31/2004
56205320	Rice, white and wild, cooked, fat added in cooking	507	19	263	1/1/2003	12/31/2004
56205330	Rice, white and wild, cooked, NS as to fat added in cooking	507	19	263	1/1/2003	12/31/2004
56205340	Rice, brown and wild, cooked, fat added in cooking	507	20	264	1/1/2003	12/31/2004
56205350	Rice, brown and wild, cooked, NS as to fat added in cooking	507	20	264	1/1/2003	12/31/2004
56205400	Rice, cooked, NS as to type, fat added in cooking	374	20	197	1/1/2003	12/31/2004
56205410	Rice, white, cooked with (fat) oil, Puerto Rican style (Arroz blanco)	472	4	238	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56205420	Rice, white, cooked, regular, fat added in cooking	374	20	197	1/1/2003	12/31/2004
56205430	Rice, white, cooked, instant, fat added in cooking	361	22	192	1/1/2003	12/31/2004
56205440	Rice, white, cooked, converted, fat added in cooking	340	19	179	1/1/2003	12/31/2004
56205510	Rice, brown, cooked, regular, fat added in cooking	309	20	165	1/1/2003	12/31/2004
56205530	Rice, brown, cooked, instant, NS as to fat added in cooking	301	5	153	1/1/2003	12/31/2004
56205540	Rice, brown, cooked, instant, fat not added in cooking	301	5	153	1/1/2003	12/31/2004
56205550	Rice, brown, cooked, instant, fat added in cooking	309	20	165	1/1/2003	12/31/2004
56206970	Wheat, cream of, cooked, quick, NS as to fat added in cooking	179	50	114	1/1/2003	12/31/2004
56206980	Wheat, cream of, cooked, regular, NS as to fat added in cooking	132	3	68	1/1/2003	12/31/2004
56206990	Wheat, cream of, cooked, NS as to regular, quick, or instant, NS as to fat added in cooking	179	50	114	1/1/2003	12/31/2004
56207000	Wheat, cream of, cooked, NS as to regular, quick, or instant, fat not added in cooking	179	50	114	1/1/2003	12/31/2004
56207010	Wheat, cream of, cooked, regular, fat not added in cooking	132	3	68	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56207020	Wheat, cream of, cooked, quick, fat not added in cooking	179	50	114	1/1/2003	12/31/2004
56207030	Wheat, cream of, cooked, instant, fat not added in cooking	159	4	82	1/1/2003	12/31/2004
56207040	Wheat, cream of, cooked, made with milk	142	45	94	1/1/2003	12/31/2004
56207050	Wheat, cream of, cooked, made with milk and sugar, Puerto Rican style	154	50	102	1/1/2003	12/31/2004
56207060	Wheat, cream of, cooked, instant, fat added in cooking	183	35	109	1/1/2003	12/31/2004
56207070	Wheat, cream of, cooked, instant, NS as to fat added in cooking	159	4	82	1/1/2003	12/31/2004
56207080	Wheat, cream of, cooked, NS as to regular, quick, or instant, fat added in cooking	199	74	137	1/1/2003	12/31/2004
56207100	Wheat, rolled, cooked, fat not added in cooking	129	2	66	1/1/2003	12/31/2004
56207110	Bulgur, cooked or canned, fat not added in cooking	219	5	112	1/1/2003	12/31/2004
56207120	Bulgur, cooked or canned, fat added in cooking	247	47	147	1/1/2003	12/31/2004
56207130	Bulgur, cooked or canned, NS as to fat added in cooking	219	5	112	1/1/2003	12/31/2004
56207140	Wheat, rolled, cooked, NS as to fat added in cooking	130	2	66	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56207150	Couscous, plain, cooked, fat not added in cooking	189	5	97	1/1/2003	12/31/2004
56207160	Couscous, plain, cooked, NS as to fat added in cooking	189	5	97	1/1/2003	12/31/2004
56207180	Couscous, plain, cooked, fat added in cooking	216	42	129	1/1/2003	12/31/2004
56207190	Whole wheat cereal, cooked, NS as to fat added in cooking	130	2	66	1/1/2003	12/31/2004
56207200	Whole wheat cereal, cooked, fat not added in cooking	130	2	66	1/1/2003	12/31/2004
56207210	Whole wheat cereal, cooked, fat added in cooking	151	28	90	1/1/2003	12/31/2004
56207220	Wheat, cream of, cooked, regular, fat added in cooking	154	29	92	1/1/2003	12/31/2004
56207230	Wheat, cream of, cooked, quick, fat added in cooking	199	74	137	1/1/2003	12/31/2004
56207290	Wheat hearts, cooked, NS as to fat added in cooking	130	2	66	1/1/2003	12/31/2004
56207300	Whole wheat cereal, wheat and barley, cooked, fat not added in cooking	81	5	43	1/1/2003	12/31/2004
56207310	Wheat hearts, cooked, fat not added in cooking	130	2	66	1/1/2003	12/31/2004
56207330	Whole wheat cereal, wheat and barley, cooked, fat added in cooking	108	35	72	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
56207340	Whole wheat cereal, wheat and barley, cooked, NS as to fat added in cooking	81	5	43	1/1/2003	12/31/2004
56207350	Wheat cereal, chocolate flavored, cooked, made with milk	367	44	205	1/1/2003	12/31/2004
56207360	Wheat cereal, chocolate flavored, cooked, fat not added in cooking	336	3	169	1/1/2003	12/31/2004
56207370	Wheat cereal, chocolate flavored, cooked, NS as to fat added in cooking	336	3	169	1/1/2003	12/31/2004
56208500	Oat bran cereal, cooked, fat not added in cooking	130	3	66	1/1/2003	12/31/2004
56208510	Oat bran cereal, cooked, fat added in cooking	151	29	90	1/1/2003	12/31/2004
56208520	Oat bran cereal, cooked, NS as to fat added in cooking	130	3	66	1/1/2003	12/31/2004
56208530	Oat bran cereal, cooked, made with milk, fat not added in cooking	167	44	105	1/1/2003	12/31/2004
56208540	Oat bran cereal, cooked, made with milk, fat added in cooking	187	67	127	1/1/2003	12/31/2004
56208550	Oat bran cereal, cooked, made with milk, NS as to fat added in cooking	167	44	105	1/1/2003	12/31/2004
56209000	Rye, cream of, cooked	139	2	70	1/1/2003	12/31/2004
58402020	Beef dumpling soup	593	547	570	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
58402030	Beef rice soup	407	238	322	1/1/2003	12/31/2004
58402100	Beef noodle soup, home recipe	380	40	210	1/1/2003	12/31/2004
58403040	Chicken noodle soup, home recipe	331	35	183	1/1/2003	12/31/2004
58403100	Noodle and potato soup, Puerto Rican style	179	5	92	1/1/2003	12/31/2004
58404100	Rice and potato soup, Puerto Rican style	310	76	193	1/1/2003	12/31/2004
58406020	Turkey noodle soup, home recipe	378	37	208	1/1/2003	12/31/2004
58409000	Noodle soup, with fish ball, shrimp, and dark green leafy vegetable	336	268	302	1/1/2003	12/31/2004
58410100	Rice soup, made with tea	202	5	104	1/1/2003	12/31/2004
58421000	Sopa seca (dry soup), Mexican style, NFS	411	264	337	1/1/2003	12/31/2004
58421010	Sopa Seca de Fideo, Mexican style, made with dry noodles	422	271	347	1/1/2003	12/31/2004
58421060	Sopa seca de arroz (dry rice soup), Mexican style	400	257	328	1/1/2003	12/31/2004
58421080	Sopa de tortilla, Mexican style tortilla soup	200	136	168	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
58450300	Noodle soup, made with milk	238	41	140	1/1/2003	12/31/2004
71000100	White potato, NFS	254	24	139	1/1/2003	12/31/2004
71101000	White potato, baked, peel not eaten	287	5	146	1/1/2003	12/31/2004
71101100	White potato, baked, peel eaten, NS as to fat added in cooking	235	27	131	1/1/2003	12/31/2004
71101110	White potato, baked, peel eaten, fat not added in cooking	277	10	143	1/1/2003	12/31/2004
71101120	White potato, baked, peel eaten, fat added in cooking	235	27	131	1/1/2003	12/31/2004
71101150	White potato skins, with adhering flesh, baked	377	14	195	1/1/2003	12/31/2004
71103000	White potato, boiled, without peel, NS as to fat added in cooking	238	23	130	1/1/2003	12/31/2004
71103010	White potato, boiled, without peel, fat not added in cooking	242	5	124	1/1/2003	12/31/2004
71103020	White potato, boiled, without peel, fat added in cooking	254	24	139	1/1/2003	12/31/2004
71103100	White potato, boiled, with peel, NS as to fat added in cooking	237	22	129	1/1/2003	12/31/2004
71103110	White potato, boiled, with peel, fat not added in cooking	241	4	123	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71103120	White potato, boiled, with peel, fat added in cooking	253	23	138	1/1/2003	12/31/2004
71104000	White potato, roasted, NS as to fat added in cooking	101	7	54	1/1/2003	12/31/2004
71104010	White potato, roasted, fat not added in cooking	108	7	58	1/1/2003	12/31/2004
71104020	White potato, roasted, fat added in cooking	101	7	54	1/1/2003	12/31/2004
71106000	Stewed potatoes, Puerto Rican style (Papas guisadas)	363	137	250	1/1/2003	12/31/2004
71106010	Potato only from Puerto Rican mixed dishes, gravy and other components reported separately	242	5	124	1/1/2003	12/31/2004
71301000	White potato, cooked, with sauce, NS as to sauce	338	37	187	1/1/2003	12/31/2004
71301020	White potato, cooked, with cheese	321	82	202	1/1/2003	12/31/2004
71301120	White potato, cooked, with ham and cheese	413	194	303	1/1/2003	12/31/2004
71305010	White potato, scalloped	296	34	165	1/1/2003	12/31/2004
71305110	White potato, scalloped, with ham	409	174	291	1/1/2003	12/31/2004
71401000	White potato, french fries, NS as to from fresh or frozen	300	242	271	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71403000	White potato, home fries	309	5	157	1/1/2003	12/31/2004
71403500	White potato, home fries, with green or red peppers and onions	246	6	126	1/1/2003	12/31/2004
71405000	White potato, hash brown, NS as to from fresh, frozen, or dry mix	577	342	459	1/1/2003	12/31/2004
71405010	White potato, hash brown, from fresh	577	342	459	1/1/2003	12/31/2004
71405020	White potato, hash brown, from frozen	271	34	152	1/1/2003	12/31/2004
71405030	White potato, hash brown, from dry mix	271	34	152	1/1/2003	12/31/2004
71410000	White potato skins, with adhering flesh, fried	723	29	376	1/1/2003	12/31/2004
71410500	White potato skins, with adhering flesh, fried, with cheese	698	160	429	1/1/2003	12/31/2004
71501000	White potato, mashed, NFS	231	39	135	1/1/2003	12/31/2004
71501010	White potato, from fresh, mashed, made with milk	238	9	123	1/1/2003	12/31/2004
71501015	White potato, from fresh, mashed, made with milk, sour cream and/or cream cheese	253	41	147	1/1/2003	12/31/2004
71501020	White potato, from fresh, mashed, made with milk and fat	253	33	143	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71501025	White potato, from fresh, mashed, made with milk, sour cream and/or cream cheese and fat	272	71	172	1/1/2003	12/31/2004
71501030	White potato, from fresh, mashed, made with fat	280	31	156	1/1/2003	12/31/2004
71501040	White potato, from dry, mashed, made with milk and fat	168	58	113	1/1/2003	12/31/2004
71501050	White potato, from fresh, mashed, made with milk, fat and cheese	320	115	218	1/1/2003	12/31/2004
71501055	White potato, from fresh, mashed, made with sour cream and/or cream cheese and fat	279	72	175	1/1/2003	12/31/2004
71501070	White potato, from dry, mashed, made with milk, fat, egg and cheese	452	266	359	1/1/2003	12/31/2004
71501080	White potato, from fresh, mashed, not made with milk or fat	242	5	124	1/1/2003	12/31/2004
71501090	White potato, from dry, mashed, made with milk, no fat	141	24	82	1/1/2003	12/31/2004
71501300	White potato, from dry, mashed, NS as to milk or fat	326	68	197	1/1/2003	12/31/2004
71501310	White potato, from fresh, mashed, NS as to milk or fat	392	69	231	1/1/2003	12/31/2004
71507000	White potato, stuffed, baked, peel not eaten, NS as to topping	240	34	137	1/1/2003	12/31/2004
71507010	White potato, stuffed, baked, peel not eaten, stuffed with sour cream	227	35	131	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71507020	White potato, stuffed, baked, peel not eaten, stuffed with cheese	465	241	353	1/1/2003	12/31/2004
71507030	White potato, stuffed, baked, peel not eaten, stuffed with chili	371	186	278	1/1/2003	12/31/2004
71507040	White potato, stuffed, baked, peel not eaten, stuffed with broccoli and cheese sauce	266	75	171	1/1/2003	12/31/2004
71507050	White potato, stuffed, baked, peel not eaten, stuffed with meat in cream sauce	348	99	224	1/1/2003	12/31/2004
71507100	White potato, stuffed, baked, peel not eaten, stuffed with chicken, broccoli and cheese sauce	224	75	149	1/1/2003	12/31/2004
71508000	White potato, stuffed, baked, peel eaten, NS as to topping	191	33	112	1/1/2003	12/31/2004
71508010	White potato, stuffed, baked, peel eaten, stuffed with sour cream	191	33	112	1/1/2003	12/31/2004
71508020	White potato, stuffed, baked, peel eaten, stuffed with cheese	376	197	287	1/1/2003	12/31/2004
71508030	White potato, stuffed, baked, peel eaten, stuffed with chili	311	158	234	1/1/2003	12/31/2004
71508040	White potato, stuffed, baked, peel eaten, stuffed with broccoli and cheese sauce	223	66	145	1/1/2003	12/31/2004
71508050	White potato, stuffed, baked, peel eaten, stuffed with meat in cream sauce	292	87	189	1/1/2003	12/31/2004
71508060	White potato, stuffed, baked, peel eaten, stuffed with bacon and cheese	434	260	347	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71508070	White potato, stuffed, baked, peel not eaten, stuffed with bacon and cheese	534	318	426	1/1/2003	12/31/2004
71508100	White potato, stuffed, baked, peel eaten, stuffed with chicken, broccoli and cheese sauce	195	68	132	1/1/2003	12/31/2004
71701000	Potato pancake	407	29	218	1/1/2003	12/31/2004
71702000	Potato pudding	334	212	273	1/1/2003	12/31/2004
71703000	Stewed potatoes, Mexican style (Papas guisadas)	457	5	231	1/1/2003	12/31/2004
71703040	Stewed potatoes with tomatoes, Mexican style (Papas guisadas con tomate)	221	5	113	1/1/2003	12/31/2004
71704000	Stewed potatoes with tomatoes	208	5	106	1/1/2003	12/31/2004
71801100	Potato and cheese soup	137	54	96	1/1/2003	12/31/2004
71802010	Macaroni and potato soup	240	21	131	1/1/2003	12/31/2004
71803010	Potato chowder	210	87	149	1/1/2003	12/31/2004
71901110	Fried green plantain, Puerto Rican style (Tostones)	2844	6	1425	1/1/2003	12/31/2004
71905010	Ripe plantain, boiled	245	5	125	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71910110	Green banana, cooked (in salt water)	232	1	117	1/1/2003	12/31/2004
71910310	Pickled green bananas, Puerto Rican style (Guineos verdes en escabeche)	192	2	97	1/1/2003	12/31/2004
71930090	Cassava (yuca blanca), cooked, NS as to fat added in cooking	205	28	117	1/1/2003	12/31/2004
71930100	Cassava (yuca blanca), cooked, fat not added in cooking	195	13	104	1/1/2003	12/31/2004
71930120	Cassava (yuca blanca), cooked, fat added in cooking	205	28	117	1/1/2003	12/31/2004
71930200	Casabe, cassava bread	1187	27	607	1/1/2003	12/31/2004
71931010	Cassava with creole sauce, Puerto Rican style (Yuca al mojo)	254	128	191	1/1/2003	12/31/2004
71950010	Tannier, cooked	502	14	258	1/1/2003	12/31/2004
71961010	Celeriac, cooked	349	100	224	1/1/2003	12/31/2004
71962010	Dasheen, boiled	489	14	252	1/1/2003	12/31/2004
71962020	Dasheen, fried	359	18	189	1/1/2003	12/31/2004
71962040	Taro, baked	475	14	245	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
71970110	Starchy vegetables, Puerto Rican style, NFS (viandas)	246	11	128	1/1/2003	12/31/2004
71970120	Starchy vegetables, Puerto Rican style, including green or ripe plantains, tannier, yam, white sweetpotato (viandas)	246	11	128	1/1/2003	12/31/2004
71970130	Starchy vegetables, Puerto Rican style, including yam, white sweetpotato, tannier, no plantain (viandas)	247	13	130	1/1/2003	12/31/2004
72101200	Beet greens, cooked, NS as to fat added in cooking	501	254	378	1/1/2003	12/31/2004
72101210	Beet greens, cooked, fat not added in cooking	496	241	369	1/1/2003	12/31/2004
72101220	Beet greens, cooked, fat added in cooking	501	254	378	1/1/2003	12/31/2004
72104200	Chard, cooked, NS as to fat added in cooking	396	191	294	1/1/2003	12/31/2004
72104210	Chard, cooked, fat not added in cooking	389	179	284	1/1/2003	12/31/2004
72104220	Chard, cooked, fat added in cooking	396	191	294	1/1/2003	12/31/2004
72107200	Collards, cooked, NS as to form, NS as to fat added in cooking	269	31	150	1/1/2003	12/31/2004
72107201	Collards, cooked, from fresh, NS as to fat added in cooking	269	31	150	1/1/2003	12/31/2004
72107202	Collards, cooked, from frozen, NS as to fat added in cooking	278	66	172	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72107210	Collards, cooked, NS as to form, fat not added in cooking	283	16	150	1/1/2003	12/31/2004
72107211	Collards, cooked, from fresh, fat not added in cooking	283	16	150	1/1/2003	12/31/2004
72107212	Collards, cooked, from frozen, fat not added in cooking	267	50	159	1/1/2003	12/31/2004
72107220	Collards, cooked, NS as to form, fat added in cooking	269	31	150	1/1/2003	12/31/2004
72107221	Collards, cooked, from fresh, fat added in cooking	221	31	126	1/1/2003	12/31/2004
72107222	Collards, cooked, from frozen, fat added in cooking	278	66	172	1/1/2003	12/31/2004
72110200	Cress, cooked, NS as to form, NS as to fat added in cooking	294	30	162	1/1/2003	12/31/2004
72110201	Cress, cooked, from fresh, NS as to fat added in cooking	294	30	162	1/1/2003	12/31/2004
72110210	Cress, cooked, NS as to form, fat not added in cooking	282	8	145	1/1/2003	12/31/2004
72110211	Cress, cooked, from fresh, fat not added in cooking	282	8	145	1/1/2003	12/31/2004
72110220	Cress, cooked, NS as to form, fat added in cooking	294	30	162	1/1/2003	12/31/2004
72110221	Cress, cooked, from fresh, fat added in cooking	294	30	162	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72113200	Dandelion greens, cooked, NS as to fat added in cooking	406	70	238	1/1/2003	12/31/2004
72113210	Dandelion greens, cooked, fat not added in cooking	395	44	219	1/1/2003	12/31/2004
72113220	Dandelion greens, cooked, fat added in cooking	406	70	238	1/1/2003	12/31/2004
72116200	Escarole, cooked, NS as to fat added in cooking	585	72	328	1/1/2003	12/31/2004
72116210	Escarole, cooked, fat not added in cooking	506	27	266	1/1/2003	12/31/2004
72116220	Escarole, cooked, fat added in cooking	585	72	328	1/1/2003	12/31/2004
72116230	Escarole, creamed	486	193	339	1/1/2003	12/31/2004
72118200	Greens, cooked, NS as to form, NS as to fat added in cooking	273	41	157	1/1/2003	12/31/2004
72118201	Greens, cooked, from fresh, NS as to fat added in cooking	273	41	157	1/1/2003	12/31/2004
72118202	Greens, cooked, from frozen, NS as to fat added in cooking	278	46	162	1/1/2003	12/31/2004
72118210	Greens, cooked, NS as to form, fat not added in cooking	261	22	142	1/1/2003	12/31/2004
72118211	Greens, cooked, from fresh, fat not added in cooking	261	22	142	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72118212	Greens, cooked, from frozen, fat not added in cooking	267	28	147	1/1/2003	12/31/2004
72118220	Greens, cooked, NS as to form, fat added in cooking	273	41	157	1/1/2003	12/31/2004
72118221	Greens, cooked, from fresh, fat added in cooking	273	41	157	1/1/2003	12/31/2004
72118222	Greens, cooked, from frozen, fat added in cooking	278	46	162	1/1/2003	12/31/2004
72119200	Kale, cooked, NS as to form, NS as to fat added in cooking	319	45	182	1/1/2003	12/31/2004
72119201	Kale, cooked, from fresh, NS as to fat added in cooking	251	45	148	1/1/2003	12/31/2004
72119202	Kale, cooked, from frozen, NS as to fat added in cooking	311	37	174	1/1/2003	12/31/2004
72119210	Kale, cooked, NS as to form, fat not added in cooking	307	23	165	1/1/2003	12/31/2004
72119211	Kale, cooked, from fresh, fat not added in cooking	307	23	165	1/1/2003	12/31/2004
72119212	Kale, cooked, from frozen, fat not added in cooking	299	15	157	1/1/2003	12/31/2004
72119220	Kale, cooked, NS as to form, fat added in cooking	251	45	148	1/1/2003	12/31/2004
72119221	Kale, cooked, from fresh, fat added in cooking	251	45	148	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72119222	Kale, cooked, from frozen, fat added in cooking	311	37	174	1/1/2003	12/31/2004
72120200	Lambsquarter, cooked, NS as to fat added in cooking	245	45	145	1/1/2003	12/31/2004
72120210	Lambsquarter, cooked, fat not added in cooking	234	29	132	1/1/2003	12/31/2004
72120220	Lambsquarter, cooked, fat added in cooking	245	45	145	1/1/2003	12/31/2004
72121210	Mustard cabbage, cooked, fat not added in cooking	251	34	143	1/1/2003	12/31/2004
72122200	Mustard greens, cooked, NS as to form, NS as to fat added in cooking	292	37	164	1/1/2003	12/31/2004
72122201	Mustard greens, cooked, from fresh, NS as to fat added in cooking	292	37	164	1/1/2003	12/31/2004
72122202	Mustard greens, cooked, from frozen, NS as to fat added in cooking	283	44	163	1/1/2003	12/31/2004
72122210	Mustard greens, cooked, NS as to form, fat not added in cooking	280	16	148	1/1/2003	12/31/2004
72122211	Mustard greens, cooked, from fresh, fat not added in cooking	280	16	148	1/1/2003	12/31/2004
72122212	Mustard greens, cooked, from frozen, fat not added in cooking	271	25	148	1/1/2003	12/31/2004
72122220	Mustard greens, cooked, NS as to form, fat added in cooking	292	37	164	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72122221	Mustard greens, cooked, from fresh, fat added in cooking	292	37	164	1/1/2003	12/31/2004
72122222	Mustard greens, cooked, from frozen, fat added in cooking	283	44	163	1/1/2003	12/31/2004
72123000	Poke greens, cooked, NS as to fat added in cooking	253	36	145	1/1/2003	12/31/2004
72123010	Poke greens, cooked, fat not added in cooking	242	18	130	1/1/2003	12/31/2004
72123020	Poke greens, cooked, fat added in cooking	253	36	145	1/1/2003	12/31/2004
72125200	Spinach, cooked, NS as to form, NS as to fat added in cooking	285	85	185	1/1/2003	12/31/2004
72125201	Spinach, cooked, from fresh, NS as to fat added in cooking	285	85	185	1/1/2003	12/31/2004
72125202	Spinach, cooked, from frozen, NS as to fat added in cooking	300	110	205	1/1/2003	12/31/2004
72125210	Spinach, cooked, NS as to form, fat not added in cooking	275	70	173	1/1/2003	12/31/2004
72125211	Spinach, cooked, from fresh, fat not added in cooking	275	70	173	1/1/2003	12/31/2004
72125212	Spinach, cooked, from frozen, fat not added in cooking	291	97	194	1/1/2003	12/31/2004
72125220	Spinach, cooked, NS as to form, fat added in cooking	285	85	185	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72125221	Spinach, cooked, from fresh, fat added in cooking	285	85	185	1/1/2003	12/31/2004
72125222	Spinach, cooked, from frozen, fat added in cooking	300	110	205	1/1/2003	12/31/2004
72125240	Spinach souffle	170	109	140	1/1/2003	12/31/2004
72125260	Spinach and cheese casserole	574	545	560	1/1/2003	12/31/2004
72125500	Spinach and chickpeas, fat added	229	187	208	1/1/2003	12/31/2004
72126000	Taro leaves, cooked, fat not added in cooking	289	4	146	1/1/2003	12/31/2004
72127000	Thistle leaves, cooked, fat not added in cooking	282	8	145	1/1/2003	12/31/2004
72128200	Turnip greens, cooked, NS as to form, NS as to fat added in cooking	297	49	173	1/1/2003	12/31/2004
72128201	Turnip greens, cooked, from fresh, NS as to fat added in cooking	297	49	173	1/1/2003	12/31/2004
72128202	Turnip greens, cooked, from frozen, NS as to fat added in cooking	252	33	142	1/1/2003	12/31/2004
72128210	Turnip greens, cooked, NS as to form, fat not added in cooking	285	29	157	1/1/2003	12/31/2004
72128211	Turnip greens, cooked, from fresh, fat not added in cooking	285	29	157	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72128212	Turnip greens, cooked, from frozen, fat not added in cooking	240	15	128	1/1/2003	12/31/2004
72128220	Turnip greens, cooked, NS as to form, fat added in cooking	297	49	173	1/1/2003	12/31/2004
72128221	Turnip greens, cooked, from fresh, fat added in cooking	297	49	173	1/1/2003	12/31/2004
72128222	Turnip greens, cooked, from frozen, fat added in cooking	252	33	142	1/1/2003	12/31/2004
72128400	Turnip greens with roots, cooked, NS as to form, NS as to fat added in cooking	241	32	137	1/1/2003	12/31/2004
72128401	Turnip greens with roots, cooked, from fresh, NS as to fat added in cooking	280	41	161	1/1/2003	12/31/2004
72128402	Turnip greens with roots, cooked, from frozen, NS as to fat added in cooking	241	32	137	1/1/2003	12/31/2004
72128410	Turnip greens with roots, cooked, NS as to form, fat not added in cooking	230	15	123	1/1/2003	12/31/2004
72128411	Turnip greens with roots, cooked, from fresh, fat not added in cooking	269	22	145	1/1/2003	12/31/2004
72128412	Turnip greens with roots, cooked, from frozen, fat not added in cooking	230	15	123	1/1/2003	12/31/2004
72128420	Turnip greens with roots, cooked, NS as to form, fat added in cooking	241	32	137	1/1/2003	12/31/2004
72128421	Turnip greens with roots, cooked, from fresh, fat added in cooking	280	41	161	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72128422	Turnip greens with roots, cooked, from frozen, fat added in cooking	241	32	137	1/1/2003	12/31/2004
72130200	Watercress, cooked, fat not added in cooking	312	41	177	1/1/2003	12/31/2004
72132200	Bitter melon leaves, horseradish leaves, jute leaves, or radish leaves, cooked, fat not added in cooking	599	11	305	1/1/2003	12/31/2004
72133200	Sweetpotato leaves, squash leaves, pumpkin leaves, chrysanthemum leaves, bean leaves, or swamp cabbage, cooked, fat not added in cooking	498	29	263	1/1/2003	12/31/2004
72201200	Broccoli, cooked, NS as to form, NS as to fat added in cooking	289	59	174	1/1/2003	12/31/2004
72201201	Broccoli, cooked, from fresh, NS as to fat added in cooking	289	59	174	1/1/2003	12/31/2004
72201202	Broccoli, cooked, from frozen, NS as to fat added in cooking	229	33	131	1/1/2003	12/31/2004
72201210	Broccoli, cooked, NS as to form, fat not added in cooking	278	41	159	1/1/2003	12/31/2004
72201211	Broccoli, cooked, from fresh, fat not added in cooking	278	41	159	1/1/2003	12/31/2004
72201212	Broccoli, cooked, from frozen, fat not added in cooking	219	18	118	1/1/2003	12/31/2004
72201220	Broccoli, cooked, NS as to form, fat added in cooking	289	59	174	1/1/2003	12/31/2004
72201221	Broccoli, cooked, from fresh, fat added in cooking	289	59	174	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
72201222	Broccoli, cooked, from frozen, fat added in cooking	229	33	131	1/1/2003	12/31/2004
72202010	Broccoli casserole (broccoli, noodles, and cream sauce)	282	44	163	1/1/2003	12/31/2004
72202020	Broccoli casserole (broccoli, rice, cheese, and mushroom sauce)	366	294	330	1/1/2003	12/31/2004
72202030	Broccoli, batter-dipped and fried	160	80	120	1/1/2003	12/31/2004
72302000	Broccoli soup	333	71	202	1/1/2003	12/31/2004
72305000	Escarole soup	348	318	333	1/1/2003	12/31/2004
72306000	Watercress broth with shrimp	238	87	163	1/1/2003	12/31/2004
72307000	Spinach soup	316	260	288	1/1/2003	12/31/2004
72308500	Dark-green leafy vegetable soup, meatless, Oriental style	82	8	45	1/1/2003	12/31/2004
73102200	Carrots, cooked, NS as to form, NS as to fat added in cooking	306	76	191	1/1/2003	12/31/2004
73102201	Carrots, cooked, from fresh, NS as to fat added in cooking	306	76	191	1/1/2003	12/31/2004
73102202	Carrots, cooked, from frozen, NS as to fat added in cooking	322	78	200	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73102210	Carrots, cooked, NS as to form, fat not added in cooking	296	58	177	1/1/2003	12/31/2004
73102211	Carrots, cooked, from fresh, fat not added in cooking	296	58	177	1/1/2003	12/31/2004
73102212	Carrots, cooked, from frozen, fat not added in cooking	312	59	185	1/1/2003	12/31/2004
73102220	Carrots, cooked, NS as to form, fat added in cooking	306	76	191	1/1/2003	12/31/2004
73102221	Carrots, cooked, from fresh, fat added in cooking	306	76	191	1/1/2003	12/31/2004
73102222	Carrots, cooked, from frozen, fat added in cooking	322	78	200	1/1/2003	12/31/2004
73102240	Carrots, cooked, NS as to form, glazed	160	112	136	1/1/2003	12/31/2004
73102241	Carrots, cooked, from fresh, glazed	160	112	136	1/1/2003	12/31/2004
73102242	Carrots, cooked, from frozen, glazed	161	112	137	1/1/2003	12/31/2004
73102243	Carrots, cooked, from canned, glazed	320	271	295	1/1/2003	12/31/2004
73111200	Peas and carrots, cooked, NS as to form, NS as to fat added in cooking	309	85	197	1/1/2003	12/31/2004
73111201	Peas and carrots, cooked, from fresh, NS as to fat added in cooking	269	43	156	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73111202	Peas and carrots, cooked, from frozen, NS as to fat added in cooking	309	85	197	1/1/2003	12/31/2004
73111210	Peas and carrots, cooked, NS as to form, fat not added in cooking	299	68	183	1/1/2003	12/31/2004
73111211	Peas and carrots, cooked, from fresh, fat not added in cooking	258	25	141	1/1/2003	12/31/2004
73111212	Peas and carrots, cooked, from frozen, fat not added in cooking	299	68	183	1/1/2003	12/31/2004
73111220	Peas and carrots, cooked, NS as to form, fat added in cooking	309	85	197	1/1/2003	12/31/2004
73111221	Peas and carrots, cooked, from fresh, fat added in cooking	269	43	156	1/1/2003	12/31/2004
73111222	Peas and carrots, cooked, from frozen, fat added in cooking	309	85	197	1/1/2003	12/31/2004
73111400	Carrots in tomato sauce	159	99	129	1/1/2003	12/31/2004
73201000	Pumpkin, cooked, NS as to form, NS as to fat added in cooking	166	17	91	1/1/2003	12/31/2004
73201001	Pumpkin, cooked, from fresh, NS as to fat added in cooking	162	13	87	1/1/2003	12/31/2004
73201002	Pumpkin, cooked, from frozen, NS as to fat added in cooking	162	13	87	1/1/2003	12/31/2004
73201010	Pumpkin, cooked, NS as to form, fat not added in cooking	152	1	77	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73201011	Pumpkin, cooked, from fresh, fat not added in cooking	152	1	77	1/1/2003	12/31/2004
73201012	Pumpkin, cooked, from frozen, fat not added in cooking	152	1	77	1/1/2003	12/31/2004
73201020	Pumpkin, cooked, NS as to form, fat added in cooking	166	17	91	1/1/2003	12/31/2004
73201021	Pumpkin, cooked, from fresh, fat added in cooking	162	13	87	1/1/2003	12/31/2004
73201022	Pumpkin, cooked, from frozen, fat added in cooking	162	13	87	1/1/2003	12/31/2004
73210010	Calabaza (Spanish pumpkin), cooked	156	5	81	1/1/2003	12/31/2004
73210110	Pumpkin fritters, Puerto Rican style	269	1	135	1/1/2003	12/31/2004
73211110	Sweetpotato and pumpkin casserole, Puerto Rican style	201	65	133	1/1/2003	12/31/2004
73301000	Squash, winter type, mashed, NS as to fat or sugar added in cooking	192	16	104	1/1/2003	12/31/2004
73301010	Squash, winter type, mashed, no fat or sugar added in cooking	182	1	91	1/1/2003	12/31/2004
73301020	Squash, winter type, mashed, fat added in cooking, no sugar added in cooking	236	16	126	1/1/2003	12/31/2004
73301030	Squash, winter type, mashed, fat and sugar added in cooking	183	17	100	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73303000	Squash, winter type, baked, NS as to fat or sugar added in cooking	183	17	100	1/1/2003	12/31/2004
73303010	Squash, winter type, baked, no fat or sugar added in cooking	182	1	91	1/1/2003	12/31/2004
73303020	Squash, winter type, baked, fat added in cooking, no sugar added in cooking	192	16	104	1/1/2003	12/31/2004
73303030	Squash, winter type, baked, fat and sugar added in cooking	183	17	100	1/1/2003	12/31/2004
73303040	Squash, winter type, baked, no fat added in cooking, sugar added in cooking	173	3	88	1/1/2003	12/31/2004
73304010	Squash fritter or cake	331	167	249	1/1/2003	12/31/2004
73305010	Squash, winter, baked with cheese	297	159	228	1/1/2003	12/31/2004
73305020	Squash, winter, souffle	166	29	98	1/1/2003	12/31/2004
73402000	Sweetpotato, baked, peel eaten, NS as to fat added in cooking	297	52	175	1/1/2003	12/31/2004
73402010	Sweetpotato, baked, peel eaten, fat not added in cooking	285	33	159	1/1/2003	12/31/2004
73402020	Sweetpotato, baked, peel eaten, fat added in cooking	297	52	175	1/1/2003	12/31/2004
73403000	Sweetpotato, baked, peel not eaten, NS as to fat added in cooking	371	60	216	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
73403010	Sweetpotato, baked, peel not eaten, fat not added in cooking	359	36	198	1/1/2003	12/31/2004
73403020	Sweetpotato, baked, peel not eaten, fat added in cooking	371	60	216	1/1/2003	12/31/2004
73405000	Sweetpotato, boiled, without peel, NS as to fat added in cooking	283	46	165	1/1/2003	12/31/2004
73405010	Sweetpotato, boiled, without peel, fat not added in cooking	272	27	149	1/1/2003	12/31/2004
73405020	Sweetpotato, boiled, without peel, fat added in cooking	283	46	165	1/1/2003	12/31/2004
73405100	Sweetpotato, boiled, with peel, NS as to fat added in cooking	283	46	165	1/1/2003	12/31/2004
73405110	Sweetpotato, boiled, with peel, fat not added in cooking	272	27	149	1/1/2003	12/31/2004
73405120	Sweetpotato, boiled, with peel, fat added in cooking	283	46	165	1/1/2003	12/31/2004
73406000	Sweetpotato, candied	249	74	162	1/1/2003	12/31/2004
73409000	Sweetpotato, casserole or mashed	244	45	144	1/1/2003	12/31/2004
73410110	Sweetpotato, fried	331	33	182	1/1/2003	12/31/2004
73421000	Sweetpotato, yellow, Puerto Rican, cooked	272	27	149	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
74201001	Tomatoes, cooked, from fresh, NS as to method	165	11	88	1/1/2003	12/31/2004
74202050	Tomatoes, red, NS as to form, fried	177	74	125	1/1/2003	12/31/2004
74202051	Tomatoes, red, from fresh, fried	177	74	125	1/1/2003	12/31/2004
74203010	Tomatoes, NS as to form, scalloped	498	231	365	1/1/2003	12/31/2004
74203011	Tomatoes, from fresh, scalloped	391	124	257	1/1/2003	12/31/2004
74204011	Tomatoes, from fresh, stewed	261	71	166	1/1/2003	12/31/2004
74205010	Tomatoes, green, cooked, NS as to form	217	92	155	1/1/2003	12/31/2004
74205011	Tomatoes, green, cooked, from fresh	217	92	155	1/1/2003	12/31/2004
74404020	Spaghetti sauce with vegetables, homemade-style	147	105	126	1/1/2003	12/31/2004
74502010	Tomato and lima beans, cooked, fat not added cooking	172	82	127	1/1/2003	12/31/2004
74504000	Tomato and okra, cooked, NS as to fat added in cooking	183	92	138	1/1/2003	12/31/2004
74504010	Tomato and okra, cooked, fat not added in cooking	172	79	126	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
74504020	Tomato and okra, cooked, fat added in cooking	183	92	138	1/1/2003	12/31/2004
74504100	Tomato and onion, cooked, NS as to fat added in cooking	178	22	100	1/1/2003	12/31/2004
74504110	Tomato and onion, cooked, fat not added in cooking	168	9	89	1/1/2003	12/31/2004
74504120	Tomato and onion, cooked, fat added in cooking	178	22	100	1/1/2003	12/31/2004
74504150	Tomato and celery, cooked, fat not added in cooking	162	122	142	1/1/2003	12/31/2004
74505000	Tomato with corn and okra, cooked, NS as to fat added in cooking	208	76	142	1/1/2003	12/31/2004
74505010	Tomato with corn and okra, cooked, fat not added in cooking	180	118	149	1/1/2003	12/31/2004
74505020	Tomato with corn and okra, cooked, fat added in cooking	208	76	142	1/1/2003	12/31/2004
74506000	Tomato and cucumber salad made with tomato, cucumber, oil, and vinegar	213	3	108	1/1/2003	12/31/2004
75200100	Vegetables, NS as to type, cooked, NS as to fat added in cooking	249	51	150	1/1/2003	12/31/2004
75200110	Vegetables, NS as to type, cooked, fat not added in cooking	266	35	150	1/1/2003	12/31/2004
75200120	Vegetables, NS as to type, cooked, fat added in cooking	249	51	150	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75201000	Artichoke, globe (French), cooked, NS as to form, NS as to fat added in cooking	324	110	217	1/1/2003	12/31/2004
75201001	Artichoke, globe (French), cooked, from fresh, NS as to fat added in cooking	324	110	217	1/1/2003	12/31/2004
75201002	Artichoke, globe (French), cooked, from frozen, NS as to fat added in cooking	283	69	176	1/1/2003	12/31/2004
75201010	Artichoke, globe (French), cooked, NS as to form, fat not added in cooking	315	95	205	1/1/2003	12/31/2004
75201011	Artichoke, globe (French), cooked, from fresh, fat not added in cooking	315	95	205	1/1/2003	12/31/2004
75201012	Artichoke, globe (French), cooked, from frozen, fat not added in cooking	273	53	163	1/1/2003	12/31/2004
75201020	Artichoke, globe (French), cooked, NS as to form, fat added in cooking	324	110	217	1/1/2003	12/31/2004
75201021	Artichoke, globe (French), cooked, from fresh, fat added in cooking	324	110	217	1/1/2003	12/31/2004
75201022	Artichoke, globe (French), cooked, from frozen, fat added in cooking	283	69	176	1/1/2003	12/31/2004
75202000	Asparagus, cooked, NS as to form, NS as to fat added in cooking	231	30	130	1/1/2003	12/31/2004
75202001	Asparagus, cooked, from fresh, NS as to fat added in cooking	231	30	130	1/1/2003	12/31/2004
75202002	Asparagus, cooked, from frozen, NS as to fat added in cooking	323	28	175	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75202010	Asparagus, cooked, NS as to form, fat not added in cooking	220	14	117	1/1/2003	12/31/2004
75202011	Asparagus, cooked, from fresh, fat not added in cooking	220	14	117	1/1/2003	12/31/2004
75202012	Asparagus, cooked, from frozen, fat not added in cooking	311	3	157	1/1/2003	12/31/2004
75202020	Asparagus, cooked, NS as to form, fat added in cooking	231	30	130	1/1/2003	12/31/2004
75202021	Asparagus, cooked, from fresh, fat added in cooking	231	30	130	1/1/2003	12/31/2004
75202022	Asparagus, cooked, from frozen, fat added in cooking	220	20	120	1/1/2003	12/31/2004
75203000	Bamboo shoots, cooked, fat not added in cooking	242	4	123	1/1/2003	12/31/2004
75203020	Bamboo shoots, cooked, fat added in cooking	348	32	190	1/1/2003	12/31/2004
75204000	Beans, lima, immature, cooked, NS as to form, NS as to fat added in cooking	246	34	140	1/1/2003	12/31/2004
75204001	Beans, lima, immature, cooked, from fresh, NS as to fat added in cooking	246	34	140	1/1/2003	12/31/2004
75204002	Beans, lima, immature, cooked, from frozen, NS as to fat added in cooking	270	64	167	1/1/2003	12/31/2004
75204010	Beans, lima, immature, cooked, NS as to form, fat not added in cooking	235	17	126	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75204011	Beans, lima, immature, cooked, from fresh, fat not added in cooking	235	17	126	1/1/2003	12/31/2004
75204012	Beans, lima, immature, cooked, from frozen, fat not added in cooking	260	48	154	1/1/2003	12/31/2004
75204020	Beans, lima, immature, cooked, NS as to form, fat added in cooking	246	34	140	1/1/2003	12/31/2004
75204021	Beans, lima, immature, cooked, from fresh, fat added in cooking	246	34	140	1/1/2003	12/31/2004
75204022	Beans, lima, immature, cooked, from frozen, fat added in cooking	270	64	167	1/1/2003	12/31/2004
75204980	Beans, string, cooked, NS as to form, NS as to color, fat added in cooking	309	25	167	1/1/2003	12/31/2004
75204981	Beans, string, cooked, from fresh, NS as to color, fat added in cooking	309	25	167	1/1/2003	12/31/2004
75204982	Beans, string, cooked, from frozen, NS as to color, fat added in cooking	295	31	163	1/1/2003	12/31/2004
75204990	Beans, string, cooked, NS as to form, NS as to color, fat not added in cooking	296	1	149	1/1/2003	12/31/2004
75204991	Beans, string, cooked, from fresh, NS as to color, fat not added in cooking	296	1	149	1/1/2003	12/31/2004
75204992	Beans, string, cooked, from frozen, NS as to color, fat not added in cooking	283	9	146	1/1/2003	12/31/2004
75205000	Beans, string, cooked, NS as to form, NS as to color, NS as to fat added in cooking	309	25	167	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75205001	Beans, string, cooked, from fresh, NS as to color, NS as to fat added in cooking	309	25	167	1/1/2003	12/31/2004
75205002	Beans, string, cooked, from frozen, NS as to color, NS as to fat added in cooking	295	31	163	1/1/2003	12/31/2004
75205010	Beans, string, green, cooked, NS as to form, NS as to fat added in cooking	309	25	167	1/1/2003	12/31/2004
75205011	Beans, string, green, cooked, from fresh, NS as to fat added in cooking	309	25	167	1/1/2003	12/31/2004
75205012	Beans, string, green, cooked, from frozen, NS as to fat added in cooking	295	31	163	1/1/2003	12/31/2004
75205020	Beans, string, green, cooked, NS as to form, fat not added in cooking	296	1	149	1/1/2003	12/31/2004
75205021	Beans, string, green, cooked, from fresh, fat not added in cooking	296	1	149	1/1/2003	12/31/2004
75205022	Beans, string, green, cooked, from frozen, fat not added in cooking	283	9	146	1/1/2003	12/31/2004
75205030	Beans, string, green, cooked, NS as to form, fat added in cooking	309	25	167	1/1/2003	12/31/2004
75205031	Beans, string, green, cooked, from fresh, fat added in cooking	309	25	167	1/1/2003	12/31/2004
75205032	Beans, string, green, cooked, from frozen, fat added in cooking	295	31	163	1/1/2003	12/31/2004
75206000	Beans, string, yellow, cooked, NS as to form, NS as to fat added in cooking	311	27	169	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75206001	Beans, string, yellow, cooked, from fresh, NS as to fat added in cooking	311	27	169	1/1/2003	12/31/2004
75206002	Beans, string, yellow, cooked, from frozen, NS as to fat added in cooking	295	31	163	1/1/2003	12/31/2004
75206010	Beans, string, yellow, cooked, NS as to form, fat not added in cooking	298	3	151	1/1/2003	12/31/2004
75206011	Beans, string, yellow, cooked, from fresh, fat not added in cooking	298	3	151	1/1/2003	12/31/2004
75206012	Beans, string, yellow, cooked, from frozen, fat not added in cooking	283	9	146	1/1/2003	12/31/2004
75206020	Beans, string, yellow, cooked, NS as to form, fat added in cooking	311	27	169	1/1/2003	12/31/2004
75206021	Beans, string, yellow, cooked, from fresh, fat added in cooking	311	27	169	1/1/2003	12/31/2004
75206022	Beans, string, yellow, cooked, from frozen, fat added in cooking	295	31	163	1/1/2003	12/31/2004
75207000	Bean sprouts, cooked, NS as to form, NS as to fat added in cooking	280	37	158	1/1/2003	12/31/2004
75207001	Bean sprouts, cooked, from fresh, NS as to fat added in cooking	280	37	158	1/1/2003	12/31/2004
75207010	Bean sprouts, cooked, NS as to form, fat not added in cooking	264	10	137	1/1/2003	12/31/2004
75207011	Bean sprouts, cooked, from fresh, fat not added in cooking	264	10	137	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75207020	Bean sprouts, cooked, NS as to form, fat added in cooking	280	37	158	1/1/2003	12/31/2004
75207021	Bean sprouts, cooked, from fresh, fat added in cooking	240	37	138	1/1/2003	12/31/2004
75208000	Beets, cooked, NS as to form, NS as to fat added in cooking	304	93	198	1/1/2003	12/31/2004
75208001	Beets, cooked, from fresh, NS as to fat added in cooking	304	93	198	1/1/2003	12/31/2004
75208002	Beets, cooked, from frozen, NS as to fat added in cooking	304	93	198	1/1/2003	12/31/2004
75208010	Beets, cooked, NS as to form, fat not added in cooking	294	77	186	1/1/2003	12/31/2004
75208011	Beets, cooked, from fresh, fat not added in cooking	294	77	186	1/1/2003	12/31/2004
75208012	Beets, cooked, from frozen, fat not added in cooking	294	77	186	1/1/2003	12/31/2004
75208020	Beets, cooked, NS as to form, fat added in cooking	304	93	198	1/1/2003	12/31/2004
75208021	Beets, cooked, from fresh, fat added in cooking	304	93	198	1/1/2003	12/31/2004
75208022	Beets, cooked, from frozen, fat added in cooking	304	93	198	1/1/2003	12/31/2004
75208290	Bitter melon, cooked, NS as to fat added in cooking	239	30	134	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75208300	Bitter melon, cooked, fat not added in cooking	237	6	122	1/1/2003	12/31/2004
75208310	Bitter melon, cooked, fat added in cooking	239	30	134	1/1/2003	12/31/2004
75208500	Breadfruit, cooked, fat not added in cooking	260	2	131	1/1/2003	12/31/2004
75208700	Broccoflower, cooked, NS as to fat added in cooking	274	43	159	1/1/2003	12/31/2004
75208710	Broccoflower, cooked, fat not added in cooking	261	23	142	1/1/2003	12/31/2004
75208720	Broccoflower, cooked, fat added in cooking	274	43	159	1/1/2003	12/31/2004
75209000	Brussels sprouts, cooked, NS as to form, NS as to fat added in cooking	269	40	154	1/1/2003	12/31/2004
75209001	Brussels sprouts, cooked, from fresh, NS as to fat added in cooking	269	40	154	1/1/2003	12/31/2004
75209002	Brussels sprouts, cooked, from frozen, NS as to fat added in cooking	265	34	150	1/1/2003	12/31/2004
75209010	Brussels sprouts, cooked, NS as to form, fat not added in cooking	258	21	139	1/1/2003	12/31/2004
75209011	Brussels sprouts, cooked, from fresh, fat not added in cooking	258	21	139	1/1/2003	12/31/2004
75209012	Brussels sprouts, cooked, from frozen, fat not added in cooking	253	15	134	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75209020	Brussels sprouts, cooked, NS as to form, fat added in cooking	269	40	154	1/1/2003	12/31/2004
75209021	Brussels sprouts, cooked, from fresh, fat added in cooking	269	40	154	1/1/2003	12/31/2004
75209022	Brussels sprouts, cooked, from frozen, fat added in cooking	265	34	150	1/1/2003	12/31/2004
75209500	Burdock, cooked, fat not added in cooking	235	4	120	1/1/2003	12/31/2004
75210000	Cabbage, Chinese, cooked, NS as to fat added in cooking	350	49	200	1/1/2003	12/31/2004
75210010	Cabbage, Chinese, cooked, fat not added in cooking	252	21	137	1/1/2003	12/31/2004
75210020	Cabbage, Chinese, cooked, fat added in cooking	350	49	200	1/1/2003	12/31/2004
75211010	Cabbage, green, cooked, NS as to fat added in cooking	276	28	152	1/1/2003	12/31/2004
75211020	Cabbage, green, cooked, fat not added in cooking	239	8	124	1/1/2003	12/31/2004
75211030	Cabbage, green, cooked, fat added in cooking	276	28	152	1/1/2003	12/31/2004
75212000	Cabbage, red, cooked, NS as to fat added in cooking	252	28	140	1/1/2003	12/31/2004
75212010	Cabbage, red, cooked, fat not added in cooking	239	8	124	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75212020	Cabbage, red, cooked, fat added in cooking	252	28	140	1/1/2003	12/31/2004
75213000	Cabbage, savoy, cooked, NS as to fat added in cooking	527	66	296	1/1/2003	12/31/2004
75213010	Cabbage, savoy, cooked, fat not added in cooking	258	27	142	1/1/2003	12/31/2004
75213020	Cabbage, savoy, cooked, fat added in cooking	278	46	162	1/1/2003	12/31/2004
75213100	Cactus, cooked, NS as to fat added in cooking	280	40	160	1/1/2003	12/31/2004
75213110	Cactus, cooked, fat not added in cooking	268	20	144	1/1/2003	12/31/2004
75213120	Cactus, cooked, fat added in cooking	280	40	160	1/1/2003	12/31/2004
75214000	Cauliflower, cooked, NS as to form, NS as to fat added in cooking	296	37	166	1/1/2003	12/31/2004
75214001	Cauliflower, cooked, from fresh, NS as to fat added in cooking	289	38	164	1/1/2003	12/31/2004
75214002	Cauliflower, cooked, from frozen, NS as to fat added in cooking	234	34	134	1/1/2003	12/31/2004
75214010	Cauliflower, cooked, NS as to form, fat not added in cooking	284	16	150	1/1/2003	12/31/2004
75214011	Cauliflower, cooked, from fresh, fat not added in cooking	313	15	164	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75214012	Cauliflower, cooked, from frozen, fat not added in cooking	224	18	121	1/1/2003	12/31/2004
75214020	Cauliflower, cooked, NS as to form, fat added in cooking	296	37	166	1/1/2003	12/31/2004
75214021	Cauliflower, cooked, from fresh, fat added in cooking	289	38	164	1/1/2003	12/31/2004
75214022	Cauliflower, cooked, from frozen, fat added in cooking	234	34	134	1/1/2003	12/31/2004
75215000	Celery, cooked, NS as to fat added in cooking	307	108	208	1/1/2003	12/31/2004
75215010	Celery, cooked, fat not added in cooking	296	91	194	1/1/2003	12/31/2004
75215020	Celery, cooked, fat added in cooking	307	108	208	1/1/2003	12/31/2004
75215100	Fennel bulb, cooked, NS as to fat added in cooking	307	108	208	1/1/2003	12/31/2004
75215110	Fennel bulb, cooked, fat not added in cooking	296	91	194	1/1/2003	12/31/2004
75215120	Fennel bulb, cooked, fat added in cooking	307	108	208	1/1/2003	12/31/2004
75215510	Christophine, cooked, fat not added in cooking	256	2	129	1/1/2003	12/31/2004
75216000	Corn, cooked, NS as to form, NS as to color, NS as to fat added in cooking	254	35	144	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75216001	Corn, cooked, from fresh, NS as to color, NS as to fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216002	Corn, cooked, from frozen, NS as to color, NS as to fat added in cooking	238	19	129	1/1/2003	12/31/2004
75216010	Corn, cooked, NS as to form, NS as to color, fat not added in cooking	242	17	130	1/1/2003	12/31/2004
75216011	Corn, cooked, from fresh, NS as to color, fat not added in cooking	242	17	130	1/1/2003	12/31/2004
75216012	Corn, cooked, from frozen, NS as to color, fat not added in cooking	227	1	114	1/1/2003	12/31/2004
75216020	Corn, cooked, NS as to form, NS as to color, fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216021	Corn, cooked, from fresh, NS as to color, fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216022	Corn, cooked, from frozen, NS as to color, fat added in cooking	238	19	129	1/1/2003	12/31/2004
75216100	Corn, yellow, cooked, NS as to form, NS as to fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216101	Corn, yellow, cooked, from fresh, NS as to fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216102	Corn, yellow, cooked, from frozen, NS as to fat added in cooking	238	19	129	1/1/2003	12/31/2004
75216110	Corn, yellow, cooked, NS as to form, fat not added in cooking	242	17	130	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75216111	Corn, yellow, cooked, from fresh, fat not added in cooking	242	17	130	1/1/2003	12/31/2004
75216112	Corn, yellow, cooked, from frozen, fat not added in cooking	227	1	114	1/1/2003	12/31/2004
75216120	Corn, yellow, cooked, NS as to form, fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216121	Corn, yellow, cooked, from fresh, fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216122	Corn, yellow, cooked, from frozen, fat added in cooking	238	19	129	1/1/2003	12/31/2004
75216160	Corn, yellow and white, cooked, NS as to form, NS as to fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216161	Corn, yellow and white, cooked, from fresh, NS as to fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216162	Corn, yellow and white, cooked, from frozen, NS as to fat added in cooking	240	21	131	1/1/2003	12/31/2004
75216170	Corn, yellow and white, cooked, NS as to form, fat not added in cooking	242	17	130	1/1/2003	12/31/2004
75216171	Corn, yellow and white, cooked, from fresh, fat not added in cooking	242	17	130	1/1/2003	12/31/2004
75216172	Corn, yellow and white, cooked, from frozen, fat not added in cooking	229	3	116	1/1/2003	12/31/2004
75216180	Corn, yellow and white, cooked, NS as to form, fat added in cooking	254	35	144	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75216181	Corn, yellow and white, cooked, from fresh, fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216182	Corn, yellow and white, cooked, from frozen, fat added in cooking	240	21	131	1/1/2003	12/31/2004
75216200	Corn, white, cooked, NS as to form, NS as to fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216201	Corn, white, cooked, from fresh, NS as to fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216202	Corn, white, cooked, from frozen, NS as to fat added in cooking	242	23	133	1/1/2003	12/31/2004
75216210	Corn, white, cooked, NS as to form, fat not added in cooking	242	17	130	1/1/2003	12/31/2004
75216211	Corn, white, cooked, from fresh, fat not added in cooking	242	17	130	1/1/2003	12/31/2004
75216212	Corn, white, cooked, from frozen, fat not added in cooking	231	5	118	1/1/2003	12/31/2004
75216220	Corn, white, cooked, NS as to form, fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216221	Corn, white, cooked, from fresh, fat added in cooking	254	35	144	1/1/2003	12/31/2004
75216222	Corn, white, cooked, from frozen, fat added in cooking	242	23	133	1/1/2003	12/31/2004
75216700	Cucumber, cooked, NS as to fat added in cooking	243	30	136	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75216710	Cucumber, cooked, fat not added in cooking	277	2	140	1/1/2003	12/31/2004
75216720	Cucumber, cooked, fat added in cooking	243	30	136	1/1/2003	12/31/2004
75217000	Eggplant, cooked, NS as to fat added in cooking	488	31	260	1/1/2003	12/31/2004
75217010	Eggplant, cooked, fat not added in cooking	232	1	117	1/1/2003	12/31/2004
75217020	Eggplant, cooked, fat added in cooking	488	31	260	1/1/2003	12/31/2004
75217300	Flowers or blossoms of sesbania, squash, or lily, fat not added in cooking	237	6	122	1/1/2003	12/31/2004
75217490	Hominy, cooked, NS as to fat added in cooking	562	234	398	1/1/2003	12/31/2004
75217520	Hominy, cooked, fat added in cooking	562	234	398	1/1/2003	12/31/2004
75218010	Kohlrabi, cooked, fat not added in cooking	254	21	138	1/1/2003	12/31/2004
75218400	Leek, cooked, NS as to fat added in cooking	282	50	166	1/1/2003	12/31/2004
75218500	Lotus root, cooked, fat not added in cooking	276	45	160	1/1/2003	12/31/2004
75219000	Mushrooms, cooked, NS as to form, NS as to fat added in cooking	251	21	136	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75219001	Mushrooms, cooked, from fresh, NS as to fat added in cooking	251	21	136	1/1/2003	12/31/2004
75219002	Mushrooms, cooked, from frozen, NS as to fat added in cooking	251	21	136	1/1/2003	12/31/2004
75219010	Mushrooms, cooked, NS as to form, fat not added in cooking	239	2	121	1/1/2003	12/31/2004
75219011	Mushrooms, cooked, from fresh, fat not added in cooking	239	2	121	1/1/2003	12/31/2004
75219012	Mushrooms, cooked, from frozen, fat not added in cooking	239	2	121	1/1/2003	12/31/2004
75219020	Mushrooms, cooked, NS as to form, fat added in cooking	251	21	136	1/1/2003	12/31/2004
75219021	Mushrooms, cooked, from fresh, fat added in cooking	251	21	136	1/1/2003	12/31/2004
75219022	Mushrooms, cooked, from frozen, fat added in cooking	251	21	136	1/1/2003	12/31/2004
75220000	Okra, cooked, NS as to form, NS as to fat added in cooking	231	22	126	1/1/2003	12/31/2004
75220001	Okra, cooked, from fresh, NS as to fat added in cooking	249	24	137	1/1/2003	12/31/2004
75220002	Okra, cooked, from frozen, NS as to fat added in cooking	264	19	142	1/1/2003	12/31/2004
75220010	Okra, cooked, NS as to form, fat not added in cooking	219	4	112	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75220011	Okra, cooked, from fresh, fat not added in cooking	237	6	122	1/1/2003	12/31/2004
75220012	Okra, cooked, from frozen, fat not added in cooking	254	3	129	1/1/2003	12/31/2004
75220020	Okra, cooked, NS as to form, fat added in cooking	231	22	126	1/1/2003	12/31/2004
75220021	Okra, cooked, from fresh, fat added in cooking	305	24	165	1/1/2003	12/31/2004
75220022	Okra, cooked, from frozen, fat added in cooking	264	19	142	1/1/2003	12/31/2004
75220050	Lettuce, cooked, fat not added in cooking	241	10	126	1/1/2003	12/31/2004
75220100	Luffa (Chinese okra), cooked, fat not added in cooking	237	6	122	1/1/2003	12/31/2004
75221000	Onions, mature, cooked, NS as to form, NS as to fat added in cooking	190	17	103	1/1/2003	12/31/2004
75221001	Onions, mature, cooked, from fresh, NS as to fat added in cooking	190	17	103	1/1/2003	12/31/2004
75221002	Onions, mature, cooked, from frozen, NS as to fat added in cooking	185	23	104	1/1/2003	12/31/2004
75221010	Onions, mature, cooked, NS as to form, fat not added in cooking	179	3	91	1/1/2003	12/31/2004
75221011	Onions, mature, cooked, from fresh, fat not added in cooking	179	3	91	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75221012	Onions, mature, cooked, from frozen, fat not added in cooking	175	10	92	1/1/2003	12/31/2004
75221020	Onions, mature, cooked or sauteed, NS as to form, fat added in cooking	190	17	103	1/1/2003	12/31/2004
75221021	Onions, mature, cooked or sauteed, from fresh, fat added in cooking	190	17	103	1/1/2003	12/31/2004
75221022	Onions, mature, cooked or sauteed, from frozen, fat added in cooking	185	23	104	1/1/2003	12/31/2004
75221030	Onions, pearl, cooked, NS as to form	278	3	140	1/1/2003	12/31/2004
75221031	Onions, pearl, cooked, from fresh	179	3	91	1/1/2003	12/31/2004
75221032	Onions, pearl, cooked, from frozen	184	8	96	1/1/2003	12/31/2004
75221040	Onion, young green, cooked, NS as to form, NS as to fat added in cooking	139	46	93	1/1/2003	12/31/2004
75221041	Onion, young green, cooked, from fresh, NS as to fat added in cooking	139	46	93	1/1/2003	12/31/2004
75221050	Onions, young green, cooked, NS as to form, fat not added in cooking	162	16	89	1/1/2003	12/31/2004
75221051	Onions, young green, cooked, from fresh, fat not added in cooking	162	16	89	1/1/2003	12/31/2004
75221060	Onion, young green, cooked, NS as to form, fat added in cooking	139	46	93	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75221061	Onion, young green, cooked, from fresh, fat added in cooking	139	46	93	1/1/2003	12/31/2004
75222000	Parsnips, cooked, NS as to fat added in cooking	245	29	137	1/1/2003	12/31/2004
75222010	Parsnips, cooked, fat not added in cooking	241	10	126	1/1/2003	12/31/2004
75222020	Parsnips, cooked, fat added in cooking	245	29	137	1/1/2003	12/31/2004
75223000	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, NS as to form, NS as to fat added in cooking	240	22	131	1/1/2003	12/31/2004
75223001	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from fresh, NS as to fat added in cooking	240	22	131	1/1/2003	12/31/2004
75223002	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from frozen, NS as to fat added in cooking	234	22	128	1/1/2003	12/31/2004
75223010	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, NS as to form, fat not added in cooking	228	4	116	1/1/2003	12/31/2004
75223011	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from fresh, fat not added in cooking	228	4	116	1/1/2003	12/31/2004
75223012	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from frozen, fat not added in cooking	223	5	114	1/1/2003	12/31/2004
75223020	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, NS as to form, fat added in cooking	240	22	131	1/1/2003	12/31/2004
75223021	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from fresh, fat added in cooking	240	22	131	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75223022	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from frozen, fat added in cooking	234	22	128	1/1/2003	12/31/2004
75224010	Peas, green, cooked, NS as to form, NS as to fat added in cooking	246	22	134	1/1/2003	12/31/2004
75224011	Peas, green, cooked, from fresh, NS as to fat added in cooking	246	22	134	1/1/2003	12/31/2004
75224012	Peas, green, cooked, from frozen, NS as to fat added in cooking	313	89	201	1/1/2003	12/31/2004
75224020	Peas, green, cooked, NS as to form, fat not added in cooking	234	3	119	1/1/2003	12/31/2004
75224021	Peas, green, cooked, from fresh, fat not added in cooking	234	3	119	1/1/2003	12/31/2004
75224022	Peas, green, cooked, from frozen, fat not added in cooking	303	72	187	1/1/2003	12/31/2004
75224030	Peas, green, cooked, NS as to form, fat added in cooking	246	22	134	1/1/2003	12/31/2004
75224031	Peas, green, cooked, from fresh, fat added in cooking	246	22	134	1/1/2003	12/31/2004
75224032	Peas, green, cooked, from frozen, fat added in cooking	313	89	201	1/1/2003	12/31/2004
75225010	Pigeon peas, cooked, NS as to form, fat not added in cooking	247	5	126	1/1/2003	12/31/2004
75225011	Pigeon peas, cooked, from fresh, fat not added in cooking	247	5	126	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75226000	Peppers, green, cooked, NS as to fat added in cooking	243	24	133	1/1/2003	12/31/2004
75226010	Peppers, green, cooked, fat not added in cooking	233	2	118	1/1/2003	12/31/2004
75226020	Peppers, green, cooked, fat added in cooking	243	24	133	1/1/2003	12/31/2004
75226050	Peppers, red, cooked, fat not added in cooking	233	2	118	1/1/2003	12/31/2004
75226060	Peppers, red, cooked, fat added in cooking	243	24	133	1/1/2003	12/31/2004
75227100	Radish, Japanese (daikon), cooked, fat not added in cooking	267	21	144	1/1/2003	12/31/2004
75227110	Radish, Japanese (daikon), cooked, fat added in cooking	257	33	145	1/1/2003	12/31/2004
75228000	Rutabaga, cooked, NS as to fat added in cooking	257	37	147	1/1/2003	12/31/2004
75228010	Rutabaga, cooked, fat not added in cooking	251	20	136	1/1/2003	12/31/2004
75228020	Rutabaga, cooked, fat added in cooking	257	37	147	1/1/2003	12/31/2004
75229010	Salsify (vegetable oyster), cooked, fat not added in cooking	247	16	132	1/1/2003	12/31/2004
75231000	Snowpea (pea pod), cooked, NS as to form, NS as to fat added in cooking	247	23	135	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75231001	Snowpea (pea pod), cooked, from fresh, NS as to fat added in cooking	247	23	135	1/1/2003	12/31/2004
75231002	Snowpea (pea pod), cooked, from frozen, NS as to fat added in cooking	248	24	136	1/1/2003	12/31/2004
75231010	Snowpea (pea pod), cooked, NS as to form, fat not added in cooking	235	4	120	1/1/2003	12/31/2004
75231011	Snowpea (pea pod), cooked, from fresh, fat not added in cooking	235	4	120	1/1/2003	12/31/2004
75231012	Snowpea (pea pod), cooked, from frozen, fat not added in cooking	236	5	121	1/1/2003	12/31/2004
75231020	Snowpea (pea pod), cooked, NS as to form, fat added in cooking	247	23	135	1/1/2003	12/31/2004
75231021	Snowpea (pea pod), cooked, from fresh, fat added in cooking	247	23	135	1/1/2003	12/31/2004
75231022	Snowpea (pea pod), cooked, from frozen, fat added in cooking	248	24	136	1/1/2003	12/31/2004
75233000	Squash, summer, cooked, NS as to form, NS as to fat added in cooking	268	18	143	1/1/2003	12/31/2004
75233001	Squash, summer, cooked, from fresh, NS as to fat added in cooking	268	18	143	1/1/2003	12/31/2004
75233002	Squash, summer, cooked, from frozen, NS as to fat added in cooking	192	18	105	1/1/2003	12/31/2004
75233010	Squash, summer, cooked, NS as to form, fat not added in cooking	283	1	142	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75233011	Squash, summer, cooked, from fresh, fat not added in cooking	283	1	142	1/1/2003	12/31/2004
75233012	Squash, summer, cooked, from frozen, fat not added in cooking	182	4	93	1/1/2003	12/31/2004
75233020	Squash, summer, cooked, NS as to form, fat added in cooking	268	18	143	1/1/2003	12/31/2004
75233021	Squash, summer, cooked, from fresh, fat added in cooking	268	18	143	1/1/2003	12/31/2004
75233022	Squash, summer, cooked, from frozen, fat added in cooking	192	18	105	1/1/2003	12/31/2004
75233200	Squash, spaghetti, cooked, NS as to fat added in cooking	206	37	121	1/1/2003	12/31/2004
75233210	Squash, spaghetti, cooked, fat added in cooking	218	37	127	1/1/2003	12/31/2004
75233220	Squash, spaghetti, cooked, fat not added in cooking	205	18	111	1/1/2003	12/31/2004
75233510	Sequin (Portuguese squash), cooked, fat not added in cooking	232	1	117	1/1/2003	12/31/2004
75234000	Turnip, cooked, NS as to form, NS as to fat added in cooking	265	35	150	1/1/2003	12/31/2004
75234001	Turnip, cooked, from fresh, NS as to fat added in cooking	265	35	150	1/1/2003	12/31/2004
75234002	Turnip, cooked, from frozen, NS as to fat added in cooking	284	54	169	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75234010	Turnip, cooked, NS as to form, fat not added in cooking	253	16	134	1/1/2003	12/31/2004
75234011	Turnip, cooked, from fresh, fat not added in cooking	253	16	134	1/1/2003	12/31/2004
75234012	Turnip, cooked, from frozen, fat not added in cooking	273	36	154	1/1/2003	12/31/2004
75234020	Turnip, cooked, NS as to form, fat added in cooking	265	35	150	1/1/2003	12/31/2004
75234021	Turnip, cooked, from fresh, fat added in cooking	265	35	150	1/1/2003	12/31/2004
75234022	Turnip, cooked, from frozen, fat added in cooking	284	54	169	1/1/2003	12/31/2004
75235750	Winter melon, cooked	338	107	222	1/1/2003	12/31/2004
75301100	Beans, lima and corn (succotash), cooked, NS as to fat added in cooking	227	61	144	1/1/2003	12/31/2004
75301110	Beans, lima and corn (succotash), cooked, fat not added in cooking	271	45	158	1/1/2003	12/31/2004
75301120	Beans, lima and corn (succotash), cooked, fat added in cooking	227	61	144	1/1/2003	12/31/2004
75302010	Beans, green string, with tomatoes, cooked, fat not added in cooking	245	189	217	1/1/2003	12/31/2004
75302020	Beans, green string, with onions, cooked, fat not added in cooking	237	8	122	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75302030	Beans, green string, with chickpeas, cooked, fat not added in cooking	203	10	106	1/1/2003	12/31/2004
75302040	Beans, green string, with almonds, cooked, fat not added in cooking	198	7	103	1/1/2003	12/31/2004
75302050	Beans, green, and potatoes, cooked, fat not added in cooking	242	3	122	1/1/2003	12/31/2004
75302070	Beans, green, with spaetzel, cooked, fat not added in cooking	233	2	117	1/1/2003	12/31/2004
75302200	Beans, green string, with onions, NS as to fat added in cooking	328	20	174	1/1/2003	12/31/2004
75302210	Beans, green string, with onions, fat added in cooking	328	20	174	1/1/2003	12/31/2004
75302500	Beans, green, and potatoes, cooked, NS as to fat added in cooking	283	24	154	1/1/2003	12/31/2004
75302510	Beans, green, and potatoes, cooked, fat added in cooking	283	24	154	1/1/2003	12/31/2004
75303000	Corn with peppers, red or green, cooked, NS as to fat added in cooking	260	32	146	1/1/2003	12/31/2004
75303010	Corn with peppers, red or green, cooked, fat not added in cooking	250	16	133	1/1/2003	12/31/2004
75303020	Corn with peppers, red or green, cooked, fat added in cooking	260	32	146	1/1/2003	12/31/2004
75306010	Eggplant in tomato sauce, cooked, fat not added in cooking	504	294	399	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75307000	Green peppers and onions, cooked, fat added in cooking	228	20	124	1/1/2003	12/31/2004
75311000	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, NS as to form, NS as to fat added in cooking	249	51	150	1/1/2003	12/31/2004
75311002	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, from frozen, NS as to fat added in cooking	249	51	150	1/1/2003	12/31/2004
75311010	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, NS as to form, fat not added in cooking	238	35	137	1/1/2003	12/31/2004
75311012	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, from frozen, fat not added in cooking	238	35	137	1/1/2003	12/31/2004
75311020	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, NS as to form, fat added in cooking	249	51	150	1/1/2003	12/31/2004
75311022	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, from frozen, fat added in cooking	249	51	150	1/1/2003	12/31/2004
75315000	Peas and corn, cooked, NS as to fat added in cooking	236	28	132	1/1/2003	12/31/2004
75315010	Peas and corn, cooked, fat not added in cooking	224	10	117	1/1/2003	12/31/2004
75315020	Peas and corn, cooked, fat added in cooking	236	28	132	1/1/2003	12/31/2004
75315100	Peas and onions, cooked, NS as to fat added in cooking	323	53	188	1/1/2003	12/31/2004
75315110	Peas and onions, cooked, fat not added in cooking	315	37	176	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75315120	Peas and onions, cooked, fat added in cooking	282	53	167	1/1/2003	12/31/2004
75315210	Peas with mushrooms, cooked, fat not added in cooking	290	58	174	1/1/2003	12/31/2004
75315250	Cowpeas with snap beans, cooked, fat not added in cooking	235	4	119	1/1/2003	12/31/2004
75315300	Peas and potatoes, cooked, fat not added in cooking	236	4	120	1/1/2003	12/31/2004
75316000	Squash, summer, and onions, cooked, fat not added in cooking	151	2	76	1/1/2003	12/31/2004
75316010	Zucchini with tomato sauce, cooked, fat not added in cooking	194	53	124	1/1/2003	12/31/2004
75316020	Squash, summer, and onions, cooked, fat added in cooking	163	17	90	1/1/2003	12/31/2004
75316050	Ratatouille	201	32	117	1/1/2003	12/31/2004
75317000	Vegetables, stew type (including potatoes, carrots, onions, celery) cooked, NS as to fat added in cooking	278	61	170	1/1/2003	12/31/2004
75317010	Vegetables, stew type (including potatoes, carrots, onions, celery) cooked, fat added in cooking	278	61	170	1/1/2003	12/31/2004
75340000	Vegetable combinations, Oriental style, (broccoli, green pepper, water chestnut, etc) cooked, NS as to fat added in cooking	251	27	139	1/1/2003	12/31/2004
75340010	Vegetable combinations, Oriental style, (broccoli, green pepper, water chestnuts, etc), cooked, fat not added in cooking	238	7	122	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75340020	Vegetable combinations, Oriental style, (broccoli, green pepper, water chestnuts, etc), cooked, fat added in cooking	251	27	139	1/1/2003	12/31/2004
75340100	Vegetable combinations (broccoli, carrots, corn, cauliflower, etc.), cooked, NS as to fat added in cooking	268	44	156	1/1/2003	12/31/2004
75340110	Vegetable combinations (broccoli, carrots, corn, cauliflower, etc.), cooked, fat not added in cooking	255	24	140	1/1/2003	12/31/2004
75340120	Vegetable combinations (broccoli, carrots, corn, cauliflower, etc.), cooked, fat added in cooking	268	44	156	1/1/2003	12/31/2004
75340130	Vegetable combination (green beans, broccoli, onions, mushrooms), cooked, NS as to fat added in cooking	253	30	142	1/1/2003	12/31/2004
75340140	Vegetable combination (green beans, broccoli, onions, mushrooms), cooked, fat not added in cooking	240	9	125	1/1/2003	12/31/2004
75340150	Vegetable combination (green beans, broccoli, onions, mushrooms), cooked, fat added in cooking	253	30	142	1/1/2003	12/31/2004
75340160	Vegetable and pasta combinations with cream or cheese sauce (broccoli, pasta, carrots, corn, zucchini, peppers, cauliflower, peas, etc.), cooked	393	376	385	1/1/2003	12/31/2004
75340300	Pinacbet (eggplant with tomatoes, bitter melon, etc.)	46	6	26	1/1/2003	12/31/2004
75400500	Artichokes, stuffed	413	261	337	1/1/2003	12/31/2004
75405010	Beets with Harvard sauce	239	80	160	1/1/2003	12/31/2004
75407010	Cabbage, creamed	305	165	235	1/1/2003	12/31/2004

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Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75410010	Celery, creamed	336	211	273	1/1/2003	12/31/2004
75410530	Chiles rellenos, filled with meat and cheese (stuffed chili peppers)	301	87	194	1/1/2003	12/31/2004
75411010	Corn, scalloped or pudding	311	56	184	1/1/2003	12/31/2004
75411020	Corn fritter	475	296	386	1/1/2003	12/31/2004
75412010	Eggplant, batter-dipped, fried	62	29	45	1/1/2003	12/31/2004
75412030	Eggplant dip	219	25	122	1/1/2003	12/31/2004
75413010	Kohlrabi, creamed	297	165	231	1/1/2003	12/31/2004
75414020	Mushrooms, stuffed	592	485	539	1/1/2003	12/31/2004
75416010	Parsnips, creamed	286	163	225	1/1/2003	12/31/2004
75418060	Squash, summer, souffle	243	90	167	1/1/2003	12/31/2004
75418220	Creamed christophine, Puerto Rican style (Chayote a la crema)	281	65	173	1/1/2003	12/31/2004
75440400	Vegetables, dipped in chick-pea flour batter, (pakora), fried	1103	9	556	1/1/2003	12/31/2004

FNDDS 2 - Foods Eligible For Sodium Adjustment

6/5/2012

Food code	Main food description	SodiumDefault	SodiumNoSalt	SodiumComb	Start date	End date
75440500	Vegetable combinations (including carrots, broccoli, and/or dark-green leafy), cooked, with cheese sauce	722	95	408	1/1/2003	12/31/2004
75440510	Vegetable combinations (excluding carrots, broccoli, and dark-green leafy), cooked, with cheese sauce	750	90	420	1/1/2003	12/31/2004
75450500	Vegetable combination (including carrots, broccoli, and/or dark-green leafy), cooked, with cream sauce	326	181	254	1/1/2003	12/31/2004
75450510	Vegetable combination (excluding carrots, broccoli, and dark-green leafy), cooked, with cream sauce	342	193	268	1/1/2003	12/31/2004
75460700	Vegetable combinations (including carrots, broccoli, and/or dark-green leafy), cooked, with pasta	530	33	282	1/1/2003	12/31/2004