

**NHANES 2003-2004 Individual Foods File Variable List
DR1IFF_C and DR2IFF_C Variables by Position**

| Day 1 Item Name DR1IFF_C | Day 2 Item Name DR2IFF_C | SAS[®] Label |
|-------------------------------------|-------------------------------------|----------------------------------|
| SEQN | SEQN | Respondent sequence number |
| WTDRD1 | WTDRD1 | Dietary Day One Sample Weight |
| WTDR2D | WTDR2D | Dietary Two-Day Sample Weight |
| DR1ILINE | DR2ILINE | Food/individual component number |
| DR1DRSTZ | DR2DRSTZ | Dietary recall status |
| DR1EXMER | DR2EXMER | Interviewer ID code |
| DRABF | DRABF | Breast-fed infant (either day) |
| DRDINT | DRDINT | Number of days of intake |
| DR1DAY | DR2DAY | Intake day of week |
| DR1LANG | DR2LANG | Language SP/proxy used mostly |
| DR1CCMNM | DR2CCMNM | Combination food number |
| DR1CCMTX | DR2CCMTX | Combination food type |
| DR1_020 | DR2_020 | Time of eating occasion (HH:MM) |
| DR1_030Z | DR2_030Z | Name of eating occasion |
| DR1FS | DR2FS | Source of food |
| DR1_040Z | DR2_040Z | Was this food eaten at home? |
| DR1IFDCD | DR2IFDCD | USDA food code |
| DR1MC | DR2MC | Modification code |
| DR1IGRMS | DR2IGRMS | Grams |
| DR1IKCAL | DR2IKCAL | Energy (kcal) |
| DR1IPROT | DR2IPROT | Protein (gm) |

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| DR1ICARB | DR2ICARB | Carbohydrate (gm) |
| DR1ISUGR | DR2ISUGR | Total sugars (gm) |
| DR1IFIBE | DR2IFIBE | Dietary fiber (gm) |
| DR1ITFAT | DR2ITFAT | Total fat (gm) |
| DR1ISFAT | DR2ISFAT | Total saturated fatty acids (gm) |
| DR1IMFAT | DR2IMFAT | Total monounsaturated fatty acids (gm) |
| DR1IPFAT | DR2IPFAT | Total polyunsaturated fatty acids (gm) |
| DR1ICHOL | DR2ICHOL | Cholesterol (mg) |
| DR1IATOC | DR2IATOC | Vitamin E as alpha-tocopherol (mg) |
| DR1IATOA | DR2IATOA | Added alpha-tocopherol (mg) |
| DR1IRET | DR2IRET | Retinol (mcg) |
| DR1IVARA | DR2IVARA | Vitamin A, RAE (mcg) |
| DR1IACAR | DR2IACAR | Alpha-carotene (mcg) |
| DR1IBCAR | DR2IBCAR | Beta-carotene (mcg) |
| DR1ICRYP | DR2ICRYP | Beta-cryptoxanthin (mcg) |
| DR1ILYCO | DR2ILYCO | Lycopene (mcg) |
| DR1ILZ | DR2ILZ | Lutein + zeaxanthin (mcg) |
| DR1IVB1 | DR2IVB1 | Thiamin (vitamin B1) (mg) |
| DR1IVB2 | DR2IVB2 | Riboflavin (vitamin B2) (mg) |
| DR1INIAC | DR2INIAC | Niacin (mg) |
| DR1IVB6 | DR2IVB6 | Vitamin B6 (mg) |

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| DR1IFOLA | DR2IFOLA | Total folate (mcg) |
| DR1IFA | DR2IFA | Folic acid (mcg) |
| DR1IFF | DR2IFF | Food folate (mcg) |
| DR1IFDFE | DR2IFDFE | Folate, DFE (mcg) |
| DR1IVB12 | DR2IVB12 | Vitamin B12 (mcg) |
| DR1IB12A | DR2IB12A | Added vitamin B12 (mcg) |
| DR1IVC | DR2IVC | Vitamin C (mg) |
| DR1IVK | DR2IVK | Vitamin K (mcg) |
| DR1ICALC | DR2ICALC | Calcium (mg) |
| DR1IPHOS | DR2IPHOS | Phosphorus (mg) |
| DR1IMAGN | DR2IMAGN | Magnesium (mg) |
| DR1IIRON | DR2IIRON | Iron (mg) |
| DR1IZINC | DR2IZINC | Zinc (mg) |
| DR1ICOPP | DR2ICOPP | Copper (mg) |
| DR1ISODI | DR2ISODI | Sodium (mg) |
| DR1IPOTA | DR2IPOTA | Potassium (mg) |
| DR1ISELE | DR2ISELE | Selenium (mcg) |
| DR1ICAFF | DR2ICAFF | Caffeine (mg) |
| DR1ITHEO | DR2ITHEO | Theobromine (mg) |
| DR1IALCO | DR2IALCO | Alcohol (gm) |
| DR1IMOIS | DR2IMOIS | Moisture (gm) |

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| DR1IS040 | DR2IS040 | SFA 4:0 (Butanoic) (gm) |
| DR1IS060 | DR2IS060 | SFA 6:0 (Hexanoic) (gm) |
| DR1IS080 | DR2IS080 | SFA 8:0 (Octanoic) (gm) |
| DR1IS100 | DR2IS100 | SFA 10:0 (Decanoic) (gm) |
| DR1IS120 | DR2IS120 | SFA 12:0 (Dodecanoic) (gm) |
| DR1IS140 | DR2IS140 | SFA 14:0 (Tetradecanoic) (gm) |
| DR1IS160 | DR2IS160 | SFA 16:0 (Hexadecanoic) (gm) |
| DR1IS180 | DR2IS180 | SFA 18:0 (Octadecanoic) (gm) |
| DR1IM161 | DR2IM161 | MFA 16:1 (Hexadecenoic) (gm) |
| DR1IM181 | DR2IM181 | MFA 18:1 (Octadecenoic) (gm) |
| DR1IM201 | DR2IM201 | MFA 20:1 (Eicosenoic) (gm) |
| DR1IM221 | DR2IM221 | MFA 22:1 (Docosenoic) (gm) |
| DR1IP182 | DR2IP182 | PFA 18:2 (Octadecadienoic) (gm) |
| DR1IP183 | DR2IP183 | PFA 18:3 (Octadecatrienoic) (gm) |
| DR1IP184 | DR2IP184 | PFA 18:4 (Octadecatetraenoic) (gm) |
| DR1IP204 | DR2IP204 | PFA 20:4 (Eicosatetraenoic) (gm) |
| DR1IP205 | DR2IP205 | PFA 20:5 (Eicosapentaenoic) (gm) |
| DR1IP225 | DR2IP225 | PFA 22:5 (Docosapentaenoic) (gm) |
| DR1IP226 | DR2IP226 | PFA 22:6 (Docosahexaenoic) (gm) |