

Table 3. Nutrient Intakes: Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002

Family income in dollars and age (years)	N	Food energy (kcal)	Protein (g)	Carbo- hydrate (g)	Total sugars (g)	Dietary fiber (g)	Total fat (g)	Saturated fat (g)	Monoun- saturated fat (g)	Polyun- saturated fat (g)	Chole- sterol (mg)
\$0 - \$24,999:											
2 - 5.....	427	1695	57.8	230	126	10.6	62.8	23.2	23.5	10.8	208
6 - 11.....	454	2005	69.5	269	141	11.8	74.7	26.5	28.6	13.5	241
12 - 19.....	906	2291	75.9	311	169	12.7	83.0	28.2	32.3	15.7	264
20 and over.....	1845	2089	76.5	266	130	14.6	76.6	24.6	28.3	15.7	274
2 and over.....	3632	2079	74.5	269	135	13.9	76.3	25.1	28.5	15.2	266
\$25,000 - \$74,999:											
2 - 5.....	283	1630	56.0	228	127	10.4	57.3	21.4	21.4	10.0	178
6 - 11.....	443	1968	65.1	270	143	12.2	72.7	25.5	28.1	13.5	215
12 - 19.....	878	2303	77.5	313	169	13.6	84.5	29.6	32.2	16.2	264
20 and over.....	1858	2288	83.5	282	140	16.1	86.7	28.2	31.9	17.3	298
2 and over.....	3462	2225	79.6	281	143	15.1	83.5	27.8	31.0	16.4	280
\$75,000 and higher:											
2 - 5.....	107	1564	53.9	222	123	10.6	53.7	19.9	19.8	9.7	165
6 - 11.....	191	1998	66.7	281	149	13.0	70.3	25.0	27.2	12.9	197
12 - 19.....	400	2452	85.7	336	179	15.6	85.2	30.0	32.7	15.8	274
20 and over.....	792	2285	87.6	276	130	17.6	87.2	27.5	32.1	18.0	291
2 and over.....	1490	2247	83.8	282	138	16.6	83.8	27.3	31.1	16.8	274
All individuals⁴:											
2 - 5.....	856	1644	56.3	228	126	10.5	58.8	21.8	22.0	10.2	186
6 - 11.....	1136	1986	67.0	272	144	12.3	72.7	25.8	28.0	13.3	219
12 - 19.....	2297	2336	79.4	317	171	13.8	84.1	29.3	32.3	15.9	267
20 and over.....	4744	2216	82.0	275	134	16.0	83.2	26.8	30.6	16.9	287
2 and over.....	9033	2178	78.9	277	139	15.1	81.0	26.7	30.1	16.1	273

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¹ SFA = saturated fatty acid.

² MFA = monounsaturated fatty acid.

³ PFA = polyunsaturated fatty acid.

⁴ "All individuals" includes individuals for whom income was not reported.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

U.S. Department of Agriculture, Agricultural Research Service, Beltsville Human Nutrition Research Center, Food Surveys Research Group (Beltsville, MD), www.ars.usda.gov/ba/bhnrc/fsrg.

Table 3. Nutrient Intakes: Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Vitamin E (alpha-toc) (mg)	Retinol (mcg)	Vitamin A (mcg RAE)	Alpha- carotene (mcg)	Beta- carotene (mcg)	Beta-crypto- xanthin (mcg)	Lycopene (mcg)	Lutein + zeaxanthin (mcg)
\$0 - \$24,999:								
2 - 5.....	4.5	383	506	353	1210	148	3833	737
6 - 11.....	5.4	455	610	322	1628	106	5058	798
12 - 19.....	6.2	372	459	151	896	117	7098	793
20 and over.....	6.2	370	541	332	1801	123	6073	1403
2 and over.....	6.0	379	535	311	1640	123	5955	1232
\$25,000 - \$74,999:								
2 - 5.....	4.2	482	575	235	933	113	5190	576
6 - 11.....	5.3	474	569	216	963	107	6175	699
12 - 19.....	6.4	503	640	311	1395	160	6187	965
20 and over.....	7.2	451	636	396	1943	142	6780	1345
2 and over.....	6.8	460	627	361	1736	139	6572	1201
\$75,000 and higher:								
2 - 5.....	4.5	484	565	193	804	147	2693	684
6 - 11.....	5.5	491	597	#188	1097	131	6276	711
12 - 19.....	7.2	566	679	268	1135	140	7232	842
20 and over.....	8.2	456	686	472	2421	190	6500	1912
2 and over.....	7.6	475	671	405	2050	176	6403	1599
All individuals ⁴ :								
2 - 5.....	4.3	445	545	263	995	134	4079	653
6 - 11.....	5.4	470	586	243	1209	114	5761	736
12 - 19.....	6.6	477	592	247	1165	143	6713	878
20 and over.....	7.1	422	613	394	2008	148	6466	1505
2 and over.....	6.7	434	605	355	1779	144	6299	1313

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⁴ "All individuals" includes individuals for whom income was not reported.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

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Table 3. Nutrient Intakes: Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Thiamin (mg)	Ribo- flavin (mg)	Niacin (mg)	Vit. B6 (mg)	Folic acid (mcg)	Food folate (mcg)	Folate (mcg DFE)	Vit. B12 (mcg)	Vit. C (mg)	Vit. K (mcg)
\$0 - \$24,999:										
2 - 5.....	1.31	1.94	15.8	1.43	198	135	471	4.51	97.7	37.4
6 - 11.....	1.52	2.13	19.3	1.54	221	147	522	5.00	79.7	46.4
12 - 19.....	1.55	1.95	21.4	1.68	218	160	530	4.79	86.0	51.6
20 and over.....	1.51	1.96	21.3	1.72	187	197	515	4.79	86.0	84.2
2 and over.....	1.50	1.97	20.7	1.68	195	184	514	4.79	86.2	73.9
\$25,000 - \$74,999:										
2 - 5.....	1.27	2.05	15.3	1.40	209	134	489	4.76	82.3	32.6
6 - 11.....	1.50	2.09	19.1	1.54	227	139	525	4.86	74.1	43.3
12 - 19.....	1.70	2.29	22.4	1.85	258	167	605	5.55	92.9	58.4
20 and over.....	1.62	2.25	22.9	1.90	194	223	553	5.77	92.9	82.6
2 and over.....	1.60	2.23	22.1	1.83	205	204	553	5.61	90.6	73.6
\$75,000 and higher:										
2 - 5.....	1.28	2.03	14.9	1.37	203	128	474	4.66	77.5	32.0
6 - 11.....	1.56	2.16	19.0	1.53	238	149	554	4.77	85.6	39.8
12 - 19.....	1.87	2.57	24.6	2.02	269	183	640	6.24	91.7	51.1
20 and over.....	1.79	2.42	24.9	2.07	212	249	609	6.00	109.0	111.2
2 and over.....	1.75	2.40	23.8	1.98	222	225	602	5.85	103.1	92.8
All individuals ⁴ :										
2 - 5.....	1.29	2.01	15.4	1.41	204	133	480	4.65	87.5	34.0
6 - 11.....	1.52	2.12	19.2	1.54	233	144	540	4.87	79.3	43.4
12 - 19.....	1.70	2.25	22.7	1.86	247	170	589	5.51	90.9	54.5
20 and over.....	1.62	2.20	22.9	1.88	197	221	555	5.48	94.3	90.2
2 and over.....	1.60	2.19	22.1	1.82	206	203	554	5.39	92.2	78.5

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Table 3. Nutrient Intakes: Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Calcium (mg)	Phosphorus (mg)	Magnesium (mg)	Iron (mg)	Zinc (mg)	Copper (mg)	Sodium [†] (mg)	Potassium (mg)	Selenium (mcg)
\$0 - \$24,999:									
2 - 5.....	877	1072	195	12.5	9.0	0.9	2554	2127	72.3
6 - 11.....	963	1218	215	14.3	10.5	1.0	3056	2196	91.1
12 - 19.....	841	1235	231	15.0	11.6	1.1	3295	2259	96.3
20 and over.....	768	1221	251	14.4	11.0	1.2	3179	2466	100.3
2 and over.....	802	1213	242	14.4	10.9	1.2	3140	2395	97.1
\$25,000 - \$74,999:									
2 - 5.....	998	1120	198	12.3	9.4	0.8	2371	2054	72.2
6 - 11.....	930	1176	214	14.3	10.3	1.0	3031	2112	83.1
12 - 19.....	1041	1364	247	16.3	12.3	1.2	3430	2422	98.6
20 and over.....	892	1374	286	15.5	12.4	1.4	3451	2796	110.3
2 and over.....	918	1341	270	15.3	12.0	1.3	3352	2651	104.4
\$75,000 and higher:									
2 - 5.....	983	1110	202	11.8	8.7	0.8	2165	2058	69.4
6 - 11.....	1008	1263	226	14.2	10.5	1.0	3124	2231	87.5
12 - 19.....	1149	1504	277	18.5	13.9	1.3	3574	2683	112.5
20 and over.....	938	1443	313	17.0	12.9	1.5	3727	3042	116.9
2 and over.....	975	1419	295	16.7	12.6	1.4	3578	2873	111.4
All individuals⁴:									
2 - 5.....	954	1102	198	12.3	9.1	0.8	2399	2087	71.7
6 - 11.....	958	1212	218	14.3	10.5	1.0	3065	2172	86.9
12 - 19.....	1005	1362	251	16.4	12.5	1.2	3416	2450	101.7
20 and over.....	859	1336	281	15.6	12.0	1.3	3418	2745	108.2
2 and over.....	891	1315	267	15.4	11.8	1.3	3329	2621	103.5

[†]Sodium estimate adjusted for salt used in food preparation. Details available at: www.ars.usda.gov/ba/bhnrc/fsrg.

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Table 3. Nutrient Intakes: Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	SFA ¹ 4:0 (g)	SFA 6:0 (g)	SFA 8:0 (g)	SFA 10:0 (g)	SFA 12:0 (g)	SFA 14:0 (g)	SFA 16:0 (g)	SFA 18:0 (g)
\$0 - \$24,999:								
2 - 5.....	0.56	0.37	0.32	0.46	0.63	2.27	12.31	5.70
6 - 11.....	0.62	0.36	0.29	0.46	0.62	2.37	14.30	6.81
12 - 19.....	0.58	0.31	0.24	0.42	0.64	2.33	15.41	7.46
20 and over.....	0.48	0.27	0.22	0.38	0.64	2.03	13.51	6.41
2 and over.....	0.51	0.29	0.23	0.40	0.64	2.11	13.73	6.52
\$25,000 - \$74,999:								
2 - 5.....	0.59	0.36	0.28	0.46	0.63	2.12	11.12	5.21
6 - 11.....	0.59	0.32	0.25	0.45	0.68	2.24	13.69	6.56
12 - 19.....	0.72	0.39	0.29	0.54	0.77	2.66	15.79	7.56
20 and over.....	0.61	0.32	0.26	0.48	0.82	2.44	15.22	7.25
2 and over.....	0.62	0.33	0.27	0.48	0.79	2.43	14.92	7.11
\$75,000 and higher:								
2 - 5.....	0.59	0.35	0.26	0.45	0.61	2.00	10.22	4.73
6 - 11.....	0.65	0.34	0.25	0.48	0.68	2.26	13.15	6.37
12 - 19.....	0.76	0.40	0.30	0.55	0.88	2.76	15.82	7.62
20 and over.....	0.59	0.30	0.24	0.45	0.75	2.29	14.98	7.08
2 and over.....	0.62	0.32	0.25	0.47	0.76	2.33	14.70	6.97
All individuals ⁴ :								
2 - 5.....	0.58	0.36	0.29	0.46	0.62	2.16	11.41	5.31
6 - 11.....	0.61	0.34	0.26	0.46	0.68	2.30	13.77	6.60
12 - 19.....	0.69	0.37	0.28	0.51	0.75	2.58	15.67	7.54
20 and over.....	0.56	0.30	0.24	0.44	0.74	2.26	14.54	6.90
2 and over.....	0.58	0.31	0.25	0.45	0.73	2.29	14.43	6.86

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Table 3. Nutrient Intakes: Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	MFA ² 16:1 (g)	MFA 18:1 (g)	MFA 20:1 (g)	MFA 22:1 (g)	PFA ³ 18:2 (g)	PFA 18:3 (g)	PFA 18:4 (g)	PFA 20:4 (g)	PFA 20:5 (g)	PFA 22:5 (g)	PFA 22:6 (g)
\$0 - \$24,999:											
2 - 5.....	0.97	22.07	0.13	0.03	9.41	1.01	#*	0.08	#0.02	0.01	0.04
6 - 11.....	1.17	26.70	0.16	0.02	11.92	1.17	#*	0.10	0.01	0.01	0.03
12 - 19.....	1.35	30.15	0.19	0.03	13.73	1.35	*	0.12	0.02	0.01	0.04
20 and over.....	1.24	26.44	0.20	0.04	13.79	1.40	0.01	0.13	0.04	0.02	0.08
2 and over.....	1.23	26.61	0.19	0.03	13.33	1.34	*	0.13	0.03	0.02	0.07
\$25,000 - \$74,999:											
2 - 5.....	0.80	20.13	0.12	0.02	8.89	0.88	#*	0.06	0.01	0.01	0.02
6 - 11.....	1.11	26.40	0.16	0.02	11.95	1.15	#*	0.08	#0.01	0.01	0.03
12 - 19.....	1.33	30.05	0.19	0.03	14.28	1.41	*	0.11	0.01	0.01	0.04
20 and over.....	1.38	29.76	0.22	0.04	15.24	1.55	0.01	0.13	0.04	0.02	0.08
2 and over.....	1.32	28.97	0.20	0.04	14.49	1.46	*	0.12	0.04	0.01	0.06
\$75,000 and higher:											
2 - 5.....	0.70	18.71	0.12	0.02	8.57	0.84	#*	0.05	#0.02	0.01	#0.04
6 - 11.....	1.01	25.60	0.17	0.02	11.51	1.05	#*	0.08	0.02	0.01	0.04
12 - 19.....	1.31	30.61	0.19	0.03	13.87	1.40	#*	0.11	0.02	0.01	0.04
20 and over.....	1.37	29.86	0.26	#0.11	15.82	1.61	0.01	0.14	0.06	0.02	0.10
2 and over.....	1.30	29.05	0.24	#0.09	14.82	1.49	0.01	0.13	0.05	0.02	0.08
All individuals⁴:											
2 - 5.....	0.85	20.67	0.13	0.02	9.00	0.92	#*	0.06	0.02	0.01	0.03
6 - 11.....	1.11	26.29	0.16	0.02	11.77	1.13	*	0.09	0.02	0.01	0.03
12 - 19.....	1.33	30.20	0.19	0.03	13.93	1.38	*	0.12	0.02	0.01	0.04
20 and over.....	1.33	28.57	0.22	0.06	14.86	1.51	0.01	0.13	0.05	0.02	0.08
2 and over.....	1.28	28.12	0.21	0.05	14.15	1.43	*	0.12	0.04	0.02	0.07

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Table 3. Nutrient Intakes: Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Caffeine (mg)	Theo- bromine (mg)	Alcohol (g)
\$0 - \$24,999:			
2 - 5.....	20.1	57.4	#0.1
6 - 11.....	29.8	69.6	#*
12 - 19.....	71.3	53.0	#3.3
20 and over.....	144.7	34.0	8.7
2 and over.....	117.5	41.0	6.7
\$25,000 - \$74,999:			
2 - 5.....	12.6	51.2	#*
6 - 11.....	25.0	65.8	#*
12 - 19.....	55.9	62.2	1.0
20 and over.....	191.7	48.2	12.7
2 and over.....	151.3	51.6	9.5
\$75,000 and higher:			
2 - 5.....	5.1	50.7	#*
6 - 11.....	18.8	62.4	#*
12 - 19.....	61.7	67.4	#4.0
20 and over.....	205.1	49.0	13.0
2 and over.....	159.2	52.8	10.0
All individuals ⁴ :			
2 - 5.....	13.7	54.9	#*
6 - 11.....	24.6	67.5	#*
12 - 19.....	61.8	61.0	2.7
20 and over.....	179.4	44.0	11.5
2 and over.....	142.1	48.8	8.8

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Table 3se. Nutrient Intakes: Standard Error of the Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002

Family income in dollars and age (years)	N	Food energy (kcal)	Protein (g)	Carbo- hydrate (g)	Total sugars (g)	Dietary fiber (g)	Total fat (g)	Saturated fat (g)	Monoun- saturated fat (g)	Polyun- saturated fat (g)	Chole- sterol (mg)
\$0 - \$24,999:											
2 - 5.....	427	50.8	1.97	7.3	4.7	0.45	2.16	0.76	0.85	0.47	11.4
6 - 11.....	454	60.3	1.97	10.7	6.4	0.59	1.89	0.69	0.87	0.41	14.2
12 - 19.....	906	56.8	2.69	8.5	8.2	0.62	3.07	1.35	1.01	0.65	11.1
20 and over.....	1845	29.6	1.33	3.8	2.7	0.38	1.44	0.51	0.56	0.46	6.7
2 and over.....	3632	24.9	1.15	3.4	2.6	0.36	1.08	0.39	0.44	0.33	5.3
\$25,000 - \$74,999:											
2 - 5.....	283	32.6	1.17	6.4	4.0	0.28	1.31	0.60	0.56	0.28	6.0
6 - 11.....	443	48.3	1.49	7.8	5.2	0.42	1.88	0.73	0.75	0.54	11.1
12 - 19.....	878	44.4	1.46	6.8	5.7	0.48	1.91	0.67	0.79	0.52	10.0
20 and over.....	1858	27.3	1.39	4.8	3.4	0.37	1.22	0.51	0.47	0.28	7.4
2 and over.....	3462	22.4	1.19	3.8	2.7	0.31	0.95	0.38	0.35	0.22	6.1
\$75,000 and higher:											
2 - 5.....	107	54.5	1.71	9.5	5.6	0.47	2.08	0.83	0.79	0.69	9.0
6 - 11.....	191	56.8	2.27	8.4	4.7	0.63	2.28	0.74	0.89	0.65	7.9
12 - 19.....	400	83.1	3.08	11.9	8.9	0.67	3.71	1.39	1.56	0.69	16.0
20 and over.....	792	45.6	2.08	5.6	3.8	0.36	1.59	0.66	0.72	0.41	9.9
2 and over.....	1490	33.4	1.36	4.9	3.5	0.36	0.92	0.48	0.37	0.29	7.1
All individuals⁴:											
2 - 5.....	856	21.1	0.67	4.0	3.1	0.24	0.69	0.28	0.29	0.23	4.5
6 - 11.....	1136	31.7	1.10	5.0	3.5	0.23	1.13	0.35	0.40	0.40	8.7
12 - 19.....	2297	27.8	1.09	4.1	3.6	0.35	1.66	0.65	0.62	0.38	7.2
20 and over.....	4744	21.3	0.91	3.0	2.1	0.31	0.76	0.32	0.32	0.21	3.7
2 and over.....	9033	16.1	0.76	2.1	1.4	0.28	0.54	0.25	0.22	0.13	2.7

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³PFA = polyunsaturated fatty acid.

⁴"All individuals" includes individuals for whom income was not reported.

SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

U.S. Department of Agriculture, Agricultural Research Service, Beltsville Human Nutrition Research Center, Food Surveys Research Group (Beltsville, MD), www.ars.usda.gov/bahnrc/fsrg.

Table 3se. Nutrient Intakes: Standard Error of the Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Vitamin E (alpha-toc) (mg)	Retinol (mcg)	Vitamin A (mcg RAE)	Alpha- carotene (mcg)	Beta- carotene (mcg)	Beta-crypto- xanthin (mcg)	Lycopene (mcg)	Lutein + zeaxanthin (mcg)
\$0 - \$24,999:								
2 - 5.....	0.19	15.2	30.6	83.9	210.1	20.7	350.8	65.8
6 - 11.....	0.22	29.8	56.0	61.8	404.3	12.6	540.6	58.1
12 - 19.....	0.21	27.7	33.6	31.9	84.6	15.7	548.5	50.8
20 and over.....	0.16	24.5	27.9	23.7	104.3	9.0	491.6	136.1
2 and over.....	0.14	17.0	20.7	24.9	88.9	8.0	350.9	106.0
\$25,000 - \$74,999:								
2 - 5.....	0.12	40.9	37.0	53.6	161.9	11.0	627.1	42.9
6 - 11.....	0.24	26.7	31.1	30.8	99.6	16.6	702.0	76.4
12 - 19.....	0.26	22.7	24.6	83.1	229.2	16.3	983.1	161.3
20 and over.....	0.18	23.8	33.4	39.5	135.0	10.9	642.0	79.8
2 and over.....	0.14	19.3	28.6	35.3	117.4	9.4	512.7	64.9
\$75,000 and higher:								
2 - 5.....	0.39	37.8	31.6	44.5	112.1	26.1	330.4	99.0
6 - 11.....	0.38	22.2	18.9	68.0	176.1	16.6	905.2	66.4
12 - 19.....	0.51	38.1	44.2	51.4	119.6	10.5	812.6	62.7
20 and over.....	0.28	20.1	29.5	68.9	239.1	14.3	536.6	202.6
2 and over.....	0.23	17.0	23.2	52.5	189.6	10.7	465.3	150.9
All individuals ⁴ :								
2 - 5.....	0.11	19.2	16.2	27.7	89.3	12.2	342.5	45.7
6 - 11.....	0.17	13.6	19.3	24.7	146.5	10.8	532.8	49.9
12 - 19.....	0.15	17.0	18.2	39.2	102.5	9.7	448.6	72.7
20 and over.....	0.15	14.3	19.4	23.5	98.5	6.8	316.8	91.6
2 and over.....	0.12	11.3	16.4	21.6	84.4	6.2	230.9	73.1

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Table 3se. Nutrient Intakes: Standard Error of the Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Thiamin (mg)	Ribo- flavin (mg)	Niacin (mg)	Vit. B6 (mg)	Folic acid (mcg)	Food folate (mcg)	Folate (mcg DFE)	Vit. B12 (mcg)	Vit. C (mg)	Vit. K (mcg)
\$0 - \$24,999:										
2 - 5.....	0.040	0.063	0.63	0.057	15.8	6.8	28.9	0.172	6.53	3.43
6 - 11.....	0.044	0.070	0.66	0.066	8.1	6.7	18.1	0.255	4.31	3.30
12 - 19.....	0.054	0.077	0.57	0.066	7.8	7.8	18.6	0.168	6.86	2.71
20 and over.....	0.031	0.043	0.55	0.052	6.6	5.3	14.5	0.279	3.56	6.61
2 and over.....	0.026	0.041	0.47	0.047	5.5	4.9	12.5	0.195	2.90	5.24
\$25,000 - \$74,999:										
2 - 5.....	0.040	0.093	0.46	0.061	16.0	5.8	31.4	0.253	3.13	2.64
6 - 11.....	0.043	0.065	0.57	0.057	10.2	5.0	18.5	0.171	5.64	3.99
12 - 19.....	0.052	0.056	0.58	0.059	15.0	5.8	27.6	0.134	5.41	6.80
20 and over.....	0.040	0.053	0.46	0.050	7.8	4.6	16.1	0.304	4.97	3.98
2 and over.....	0.034	0.044	0.39	0.043	6.6	4.2	14.0	0.240	4.20	3.20
\$75,000 and higher:										
2 - 5.....	0.044	0.090	0.50	0.068	13.7	6.0	23.6	0.262	9.87	4.11
6 - 11.....	0.072	0.071	0.99	0.069	16.4	5.5	30.5	0.169	4.98	3.60
12 - 19.....	0.064	0.107	0.90	0.092	15.1	5.9	29.4	0.284	4.11	1.91
20 and over.....	0.053	0.069	0.71	0.054	11.3	6.9	21.0	0.285	4.37	10.82
2 and over.....	0.045	0.057	0.53	0.042	8.8	5.4	16.5	0.199	3.33	7.93
All individuals ⁴ :										
2 - 5.....	0.020	0.042	0.33	0.034	9.8	3.2	17.8	0.128	4.49	2.05
6 - 11.....	0.033	0.043	0.44	0.038	11.0	4.2	21.7	0.108	3.97	2.46
12 - 19.....	0.030	0.050	0.35	0.045	7.8	4.9	16.5	0.111	3.53	3.36
20 and over.....	0.032	0.043	0.41	0.042	5.1	4.1	11.8	0.170	3.24	4.34
2 and over.....	0.028	0.038	0.35	0.037	4.6	4.0	10.9	0.126	2.76	3.41

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SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

U.S. Department of Agriculture, Agricultural Research Service, Beltsville Human Nutrition Research Center, Food Surveys Research Group (Beltsville, MD), www.ars.usda.gov/ba/bhnrc/fsrg.

Table 3se. Nutrient Intakes: Standard Error of the Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Calcium (mg)	Phosphorus (mg)	Magnesium (mg)	Iron (mg)	Zinc (mg)	Copper (mg)	Sodium [†] (mg)	Potassium (mg)	Selenium (mcg)
\$0 - \$24,999:									
2 - 5.....	32.8	32.3	6.9	0.53	0.34	0.03	87.4	90.4	2.44
6 - 11.....	37.7	39.3	8.9	0.40	0.35	0.06	97.9	99.4	3.90
12 - 19.....	50.4	46.1	8.4	0.44	0.37	0.04	119.2	85.2	3.84
20 and over.....	21.4	21.4	4.2	0.34	0.25	0.05	49.3	46.8	1.59
2 and over.....	20.6	19.6	4.2	0.30	0.22	0.03	44.0	49.8	1.40
\$25,000 - \$74,999:									
2 - 5.....	57.0	41.5	5.8	0.58	0.25	0.02	60.2	44.0	2.15
6 - 11.....	29.0	29.3	6.4	0.47	0.38	0.03	67.8	70.0	2.10
12 - 19.....	31.9	29.1	5.5	0.58	0.32	0.04	69.4	50.8	2.17
20 and over.....	23.7	23.8	5.7	0.40	0.27	0.04	46.9	54.0	2.66
2 and over.....	18.7	19.9	4.9	0.35	0.22	0.03	36.2	46.7	2.17
\$75,000 and higher:									
2 - 5.....	71.5	45.8	8.5	0.51	0.49	0.04	84.5	73.5	2.00
6 - 11.....	43.5	38.1	9.3	0.44	0.40	0.04	141.8	59.1	3.95
12 - 19.....	55.7	56.8	11.4	0.68	0.65	0.05	128.4	108.0	4.01
20 and over.....	29.3	33.3	6.3	0.51	0.38	0.03	84.2	49.1	2.41
2 and over.....	23.2	25.7	5.2	0.38	0.27	0.02	53.3	41.5	1.65
All individuals⁴:									
2 - 5.....	32.6	18.8	3.6	0.31	0.17	0.02	34.9	40.5	0.93
6 - 11.....	19.4	20.1	4.2	0.27	0.21	0.02	64.4	53.0	2.35
12 - 19.....	27.9	24.6	4.9	0.28	0.21	0.02	60.2	48.4	1.58
20 and over.....	17.7	17.0	4.5	0.28	0.16	0.03	35.8	41.1	1.64
2 and over.....	15.3	15.2	4.2	0.24	0.14	0.02	28.5	40.7	1.39

[†]Sodium estimate adjusted for salt used in food preparation. Details available at: www.ars.usda.gov/ba/bhnrc/fsrg.

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SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

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Table 3se. Nutrient Intakes: Standard Error of the Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	SFA ¹ 4:0 (g)	SFA 6:0 (g)	SFA 8:0 (g)	SFA 10:0 (g)	SFA 12:0 (g)	SFA 14:0 (g)	SFA 16:0 (g)	SFA 18:0 (g)
\$0 - \$24,999:								
2 - 5.....	0.029	0.020	0.018	0.022	0.042	0.090	0.426	0.195
6 - 11.....	0.029	0.017	0.013	0.019	0.029	0.081	0.358	0.203
12 - 19.....	0.061	0.034	0.027	0.044	0.062	0.178	0.634	0.293
20 and over.....	0.022	0.012	0.009	0.015	0.036	0.064	0.263	0.127
2 and over.....	0.019	0.012	0.008	0.013	0.024	0.054	0.209	0.096
\$25,000 - \$74,999:								
2 - 5.....	0.034	0.022	0.017	0.028	0.052	0.095	0.262	0.146
6 - 11.....	0.026	0.012	0.012	0.018	0.054	0.077	0.391	0.189
12 - 19.....	0.029	0.018	0.016	0.030	0.034	0.089	0.344	0.176
20 and over.....	0.023	0.012	0.008	0.015	0.031	0.068	0.257	0.125
2 and over.....	0.018	0.009	0.006	0.010	0.021	0.051	0.200	0.092
\$75,000 and higher:								
2 - 5.....	0.035	0.021	0.020	0.028	0.049	0.117	0.406	0.203
6 - 11.....	0.037	0.020	0.016	0.024	0.073	0.085	0.405	0.236
12 - 19.....	0.039	0.021	0.026	0.036	0.127	0.152	0.684	0.361
20 and over.....	0.030	0.015	0.010	0.020	0.037	0.092	0.332	0.161
2 and over.....	0.023	0.012	0.009	0.016	0.037	0.071	0.232	0.115
All individuals⁴:								
2 - 5.....	0.016	0.011	0.007	0.012	0.023	0.046	0.145	0.079
6 - 11.....	0.016	0.010	0.011	0.014	0.039	0.046	0.197	0.074
12 - 19.....	0.027	0.016	0.013	0.021	0.041	0.083	0.320	0.160
20 and over.....	0.013	0.007	0.005	0.009	0.017	0.042	0.163	0.077
2 and over.....	0.011	0.006	0.005	0.008	0.014	0.035	0.129	0.058

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SOURCE: What We Eat in America, NHANES, 2001-2002, individuals 2 years and over (excluding breast-fed children), MEC sampling weights.

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Table 3se. Nutrient Intakes: Standard Error of the Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	MFA ² 16:1 (g)	MFA 18:1 (g)	MFA 20:1 (g)	MFA 22:1 (g)	PFA ³ 18:2 (g)	PFA 18:3 (g)	PFA 18:4 (g)	PFA 20:4 (g)	PFA 20:5 (g)	PFA 22:5 (g)	PFA 22:6 (g)
\$0 - \$24,999:											
2 - 5.....	0.059	0.794	0.009	0.004	0.422	0.044	0.002	0.006	0.008	0.002	0.012
6 - 11.....	0.042	0.810	0.008	0.002	0.364	0.030	*	0.007	0.002	0.001	0.003
12 - 19.....	0.044	0.940	0.009	0.006	0.573	0.071	*	0.006	0.002	0.001	0.005
20 and over.....	0.028	0.535	0.008	0.004	0.406	0.040	0.001	0.005	0.006	0.002	0.009
2 and over.....	0.024	0.416	0.006	0.003	0.288	0.031	0.001	0.004	0.004	0.002	0.007
\$25,000 - \$74,999:											
2 - 5.....	0.031	0.529	0.006	0.002	0.242	0.030	*	0.003	0.002	0.001	0.003
6 - 11.....	0.038	0.694	0.010	0.003	0.452	0.063	0.001	0.004	0.005	0.001	0.007
12 - 19.....	0.038	0.727	0.007	0.002	0.476	0.047	*	0.005	0.002	0.001	0.003
20 and over.....	0.024	0.431	0.009	0.005	0.244	0.032	0.001	0.003	0.005	0.001	0.006
2 and over.....	0.019	0.320	0.007	0.004	0.187	0.027	0.001	0.003	0.004	0.001	0.005
\$75,000 and higher:											
2 - 5.....	0.048	0.742	0.011	0.003	0.645	0.044	0.001	0.006	0.008	0.002	0.011
6 - 11.....	0.027	0.849	0.018	0.005	0.618	0.058	0.001	0.005	0.006	0.001	0.010
12 - 19.....	0.062	1.464	0.012	0.005	0.598	0.070	0.001	0.007	0.003	0.001	0.005
20 and over.....	0.042	0.709	0.036	0.054	0.384	0.039	0.001	0.006	0.010	0.002	0.009
2 and over.....	0.029	0.377	0.027	0.040	0.280	0.029	0.001	0.004	0.008	0.002	0.007
All individuals⁴:											
2 - 5.....	0.026	0.278	0.005	0.002	0.208	0.020	0.001	0.004	0.004	0.001	0.005
6 - 11.....	0.023	0.369	0.005	0.002	0.348	0.032	*	0.004	0.003	*	0.005
12 - 19.....	0.025	0.577	0.004	0.002	0.327	0.043	*	0.003	0.002	0.001	0.003
20 and over.....	0.017	0.310	0.012	0.014	0.189	0.020	*	0.002	0.004	0.001	0.005
2 and over.....	0.013	0.210	0.009	0.011	0.118	0.014	*	0.001	0.003	0.001	0.004

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Table 3se. Nutrient Intakes: Standard Error of the Mean Amount Consumed per Individual, by Family Income (in Dollars) and Age, One Day, 2001-2002 -- continued

Family income in dollars and age (years)	Caffeine (mg)	Theo- bromine (mg)	Alcohol (g)
\$0 - \$24,999:			
2 - 5.....	5.13	5.09	0.05
6 - 11.....	2.89	8.02	0.01
12 - 19.....	9.09	5.73	1.43
20 and over.....	6.98	2.60	1.42
2 and over.....	4.98	2.31	1.14
\$25,000 - \$74,999:			
2 - 5.....	3.02	7.34	0.01
6 - 11.....	3.02	6.49	*
12 - 19.....	2.96	9.21	0.19
20 and over.....	10.69	5.38	1.34
2 and over.....	8.71	4.42	1.08
\$75,000 and higher:			
2 - 5.....	1.18	7.14	*
6 - 11.....	2.85	7.75	0.02
12 - 19.....	7.67	9.34	1.24
20 and over.....	9.44	4.85	1.67
2 and over.....	7.35	4.09	1.26
All individuals ⁴ :			
2 - 5.....	2.55	4.75	0.02
6 - 11.....	2.05	4.24	0.01
12 - 19.....	3.92	5.75	0.60
20 and over.....	7.30	2.64	0.93
2 and over.....	5.96	2.34	0.79

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