**Survey-SR - List of Nutrients/Food Components (Unit)**

Food energy (kcal)
Protein (g)
Carbohydrate, by difference (g)
Fat, total (g)
Alcohol (g)

Sugars, total (g)
Dietary fiber, total (g)
Water (moisture) (g)

Saturated fatty acids, total (g)
Monounsaturated fatty acids, total (g)
Polyunsaturated fatty acids, total (g)
Cholesterol (mg)

Individual fatty acids (undifferentiated):
- 4:0 (g)
- 6:0 (g)
- 8:0 (g)
- 10:0 (g)
- 12:0 (g)
- 14:0 (g)
- 16:0 (g)
- 18:0 (g)
- 16:1 (g)
- 18:1 (g)
- 20:1 (g)
- 22:1 (g)
- 18:2 (g)
- 18:3 (g)
- 18:4 (g)
- 20:4 (g)
- 20:5 n-3 (g)
- 22:5 n-3 (g)
- 22:6 n-3 (g)

Vitamin A as retinol activity equivalents (µg)
Retinol (µg)
Carotenoids:
- Carotene, alpha (µg)
- Carotene, beta (µg)
- Cryptoxanthin, beta (µg)
- Lycopene (µg)
- Lutein + zeaxanthin (µg)

Vitamin E as alpha-tocopherol (mg)
- Added vitamin E (mg)

Vitamin D (µg)
Vitamin K as phylloquinone (µg)
Vitamin C (mg)
Thiamin (mg)
Riboflavin (mg)
Niacin (mg)
Vitamin B-6 (mg)
Folate, total (µg)
Folate as dietary folate equivalents (µg)
- Folic acid (µg)
- Food folate (µg)

Vitamin B-12 (µg)
- Added vitamin B-12 (µg)

Choline, total (mg)

Calcium (mg)
Iron (mg)
Magnesium (mg)
Phosphorus (mg)
Potassium (mg)
Sodium (mg)
Zinc (mg)
Copper (mg)
Selenium (µg)

Caffeine (mg)
Theobromine (mg)