

Cranberry Study

Main Study Question

The objective of this study is to determine the influence of cranberry juice on risk factors for cardiovascular disease (CVD).

Motivation for Research

Previous studies have shown that consumption of a low calorie cranberry beverage imparts a favorable impact on HDL cholesterol, LDL oxidation, and cell adhesion molecules in men. However, these studies were not well controlled. Thus, it is important to confirm these effects in a blinded, placebo-controlled feeding study.

The study ran from the end of September to end of November 2010.

