

STRAWBERRY LEMONADE

A SWEET AND TANGY SUMMER BEVERAGE TO ACCOMPANY ALL OUTDOOR EVENTS.



Yield: 6 – Serving Size: 12oz. – Prep Time: 15 Minutes



Ingredients:

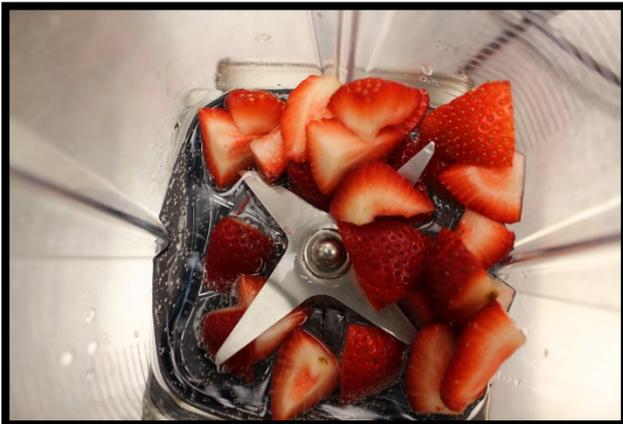
- 1 Each - 12oz. Can Frozen Lemonade
 - 1 Each - 1 Liter Bottle Seltzer Water
 - 8 Each - Large Strawberries, Tops Removed and Quartered
- For Garnish:
- 1 Each - Strawberry, Top Removed and Sliced
 - 4 Each - Fresh Mint Leaves

1) In one pitcher place 1 liter of seltzer water, reserve $\frac{1}{4}$ cup seltzer for blending.





2) Add 12oz. can of frozen lemonade to pitcher of seltzer water. Slowly stir mixture to dissolve lemonade.



3) Place quartered strawberries into blender with the remaining $\frac{1}{4}$ cup of seltzer water. Puree on low/medium until strawberry puree is smooth.

4) Slowly pour strawberry puree into the pitcher, lightly stir. (There may be some froth)



5) Garnish with strawberry slices and mint leaves on serving glasses. Serve and Enjoy!

Equipment Needed: Blender, Pitcher and Glasses, Large Spoon, Knife, Cutting Board, Quarter Measuring Cup,

Calories: 155 – Calories from Fat: 6 – Total Fat: .6g – Saturated Fat: 0g – Trans Fat: 0g – Cholesterol: 0mg – Sodium: 5.5mg – Total Carbohydrate: 39g – Dietary Fiber: 1g – Sugar: 34g – Protein: .4g

