BRAN DIET: Wheat Bran Diet

Note: Excellent diet for rearing several species of Pyralid moths

Ingredients:

Red, flaky wheat bran (food grade)
Honey, warm
Glycerine, warm
Water, distilled, warm
Vanderzant's Vitamins (1 % Solution)
Brewer's Yeast, debittered
3 gallons (ca. 2.5 Kg)
900 ml
800 ml
10 ml
100 gm

Method:

- NOTE: Diet mixes best if liquid ingredients are warm
- Measure, Sterilize Wheat Bran (from 50# bag stored in freezer)
 - Put 3 full gallons (ca. 2.6 Kg) wheat bran into large paper bag
 - Autoclave for 30 min at 121°C and 15 PSI
 - Set aside and allow to cool to room temperature or warmer
- In water-bath on hotplate: Heat honey, glycerine, and water
- Empty bag of bran into large mixing pan
 - o Break up clumps
- In large blender: Blend all remaining ingredients for ca. 1 minute
 - o Pour over bran in mixing pan in circular motion
 - Allow liquid to sink into bran
- · Mix thoroughly by hand
- Scoop diet into large plastic bags (double-bagged)
- Close with double twist tie
 - o Bag: 20" X 24", 1 mil poly bag (ULINE #S-6316) or equivalent
- Store in freezer

Notes:

- One 50# bag will make about six batches
- Each batch yields 11-12 gallon-size culture jars
- Each culture jar contains ca. 500 gm diet