

RICE BRAN DIET or Tribolium Diet: *Tribolium* spp. (flour beetles) and
cigarette beetle, *Lasioderma serricorne*

<u>Ingredients:</u>	<u>Per Quart Jar</u>	<u>10 Jars</u>	<u>20 Jars</u>
• Rice Bran	175 g	1,750 g	3,500 g
• Whole, Wheat Flour	62.5 g	625 g	1,250 g
• Brewer's Yeast (de-bittered)	12.5 g	125 g	250 g

Method:

- Measure and mix all ingredients thoroughly
 - Measure ingredients separately and place into an appropriate size plastic bag
 - Use 20" x 24" 1-mil poly bag (ULINE #S-6316) or equivalent for a 20 jar batch
 - Move and shake bag to thoroughly mix diet
- Place about 250 g diet in one-quart wide mouth canning jar
- Close with canning jar ring with wire mesh and filter paper inserts
- Store in freezer