

HARD RED WINTER WHEAT DIET: Lesser Grain Borer, *Rhyzopertha dominica*

Diet Ingredients:

- HR Winter Wheat
- Whole Wheat Flour
- Brewer's Yeast, debittered

Per Quart Jar Culture:

400 g
5 g
5 g

Diet Method:

- Measure HR winter wheat and place into separate quart jars
- Repeat with other ingredients
- Tumble, shake each quart jar to mix ingredients thoroughly
- Close jar with wire mesh lid, filter paper, and canning jar ring
- Store in cool, dry place or freezer until use