**NDB No. 03964**
**Baby food, fortified cereal bar, fruit filling**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 14.00 | | 0 | FLC | 4 | | 2.66 | | |
| Energy | kcal | 344 | | 0 | NC | 4 | | 65 | | |
| Energy | kJ | 1439 | | 0 | NC | 4 | | 273 | | |
| Protein | g | 5.43 | | 0 | FLC | 4 | | 1.03 | | |
| Total lipid (fat) | g | 5.30 | | 0 | FLC | 4 | | 1.01 | | |
| Ash | g | 6.64 | | 0 | FLC | 4 | | 1.26 | | |
| Carbohydrate, by difference | g | 68.63 | | 0 | FLC | 4 | | 13.04 | | |
| Fiber, total dietary | g | 1.7 | | 0 | FLC | 4 | | 0.3 | | |
| Sugars, total | g | 42.00 | | 0 | FLC | 4 | | 7.98 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 1053 | | 0 | MC | 9 | | 200 | | |
| Iron, Fe | mg | 13.16 | | 0 | MC | 9 | | 2.50 | | |
| Magnesium, Mg | mg | 19 | | 0 | FLC | 4 | | 4 | | |
| Phosphorus, P | mg | 247 | | 0 | FLC | 4 | | 47 | | |
| Potassium, K | mg | 180 | | 0 | FLC | 4 | | 34 | | |
| Sodium, Na | mg | 250 | | 0 | LC | 8 | | 48 | | |
| Zinc, Zn | mg | 0.59 | | 0 | FLC | 4 | | 0.11 | | |
| Copper, Cu | mg | 0.082 | | 0 | FLC | 4 | | 0.016 | | |
| Manganese, Mn | mg | 0.461 | | 0 | FLC | 4 | | 0.088 | | |
| Selenium, Se | µg | 14.1 | | 0 | FLC | 4 | | 2.7 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 2.4 | | 0 | FLC | 4 | | 0.5 | | |
| Thiamin | mg | 0.921 | | 0 | MC | 9 | | 0.175 | | |
| Riboflavin | mg | 1.053 | | 0 | MC | 9 | | 0.200 | | |
| Niacin | mg | 11.842 | | 0 | MC | 9 | | 2.250 | | |
| Pantothenic acid | mg | 0.345 | | 0 | FLC | 4 | | 0.065 | | |
| Vitamin B-6 | mg | 1.105 | | 0 | MC | 9 | | 0.210 | | |
| Folate, total | µg | 65 | | 0 | FLC | 4 | | 12 | | |
| Folic acid | µg | 48 | | 0 | FLC | 4 | | 9 | | |
| Folate, food | µg | 17 | | 0 | FLC | 4 | | 3 | | |
| Folate, DFE | mcg_DFE | 98 | | 0 | NC | 4 | | 19 | | |
| Choline, total | mg | 13.9 | | 0 | FLC | 4 | | 2.6 | | |
| Betaine | mg | 0.1 | | 0 | FLC | 4 | | 0.0 | | |
| Vitamin B-12 | µg | 0.19 | | 0 | FLC | 4 | | 0.04 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 14 | | 0 | NC | 4 | | 3 | | |
| Retinol | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Carotene, beta | µg | 166 | | 0 | FLC | 4 | | 31 | | |
| Carotene, alpha | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Vitamin A, IU | IU | 277 | | 0 | FLC | 4 | | 53 | | |
| Lycopene | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 33 | | 0 | FLC | 4 | | 6 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.90 | | 0 | FLC | 4 | | 0.17 | | |
| Vitamin E, added | mg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Tocopherol, beta | mg | 0.01 | | 0 | FLC | 4 | | 0.00 | | |
| Tocopherol, gamma | mg | 1.40 | | 0 | FLC | 4 | | 0.27 | | |
| Tocopherol, delta | mg | 0.05 | | 0 | FLC | 4 | | 0.01 | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | AS | 1 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.0 | | 0 | FLC | 4 | | 0.0 | | |
| Vitamin D | IU | 0 | | 0 | FLC | 4 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 4.1 | | 0 | FLC | 4 | | 0.8 | | |
| Dihydrophylloquinone | µg | 0.0 | | 0 | FLC | 4 | | 0.0 | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03964**
**Baby food, fortified cereal bar, fruit filling**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.453 | | 0 | FLC | 4 | | 0.086 | | |
| 4:0....g | 0.001 | | 0 | FLC | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 10:0....g | 0.001 | | 0 | FLC | 4 | | 0.000 | | |
| 12:0....g | 0.001 | | 0 | FLC | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.004 | | 0 | FLC | 4 | | 0.001 | | |
| 15:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 16:0....g | 0.288 | | 0 | FLC | 4 | | 0.055 | | |
| 17:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 18:0....g | 0.110 | | 0 | FLC | 4 | | 0.021 | | |
| 20:0....g | 0.031 | | 0 | FLC | 4 | | 0.006 | | |
| 22:0....g | 0.016 | | 0 | FLC | 4 | | 0.003 | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 3.107 | | 0 | FLC | 4 | | 0.590 | | |
| 14:1....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 15:1....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 16:1 undifferentiated....g | 0.012 | | 0 | FLC | 4 | | 0.002 | | |
| 17:1....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 18:1 undifferentiated....g | 3.032 | | 0 | FLC | 4 | | 0.576 | | |
| 20:1....g | 0.063 | | 0 | FLC | 4 | | 0.012 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.541 | | 0 | FLC | 4 | | 0.293 | | |
| 18:2 undifferentiated....g | 1.083 | | 0 | FLC | 4 | | 0.206 | | |
| 18:3 undifferentiated....g | 0.458 | | 0 | FLC | 4 | | 0.087 | | |
| 18:4....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:3 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Fatty acids, total trans....g | 0.019 | | 0 | FLC | 4 | | 0.004 | | |
| Cholesterol....mg | 1 | | 0 | FLC | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLC | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLC | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLC | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 19g: 1 bar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 42150**
**Babyfood, apple yogurt dessert, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 77.90 | | 0 | | 4 | | 11.69 | 88.03 | 88.03 |
| Energy....kcal | 96 | | 0 | NC | 4 | | 14 | 108 | 108 |
| Energy....kJ | 400 | | 0 | NC | 4 | | 60 | 452 | 452 |
| Protein....g | 0.80 | | 0 | | 5 | | 0.12 | 0.90 | 0.90 |
| Total lipid (fat)....g | 1.60 | | 0 | | 5 | | 0.24 | 1.81 | 1.81 |
| Ash....g | 0.20 | | 0 | O | 4 | | 0.03 | 0.23 | 0.23 |
| Carbohydrate, by difference....g | 19.50 | | 0 | | 9 | | 2.93 | 22.04 | 22.04 |
| Fiber, total dietary....g | 0.5 | | 0 | | 4 | | 0.1 | 0.6 | 0.6 |
| Sugars, total....g | 12.02 | | 0 | NR | 4 | | 1.80 | 13.58 | 13.58 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 6 | | 0 | | 5 | | 1 | 7 | 7 |
| Iron, Fe....mg | 0.00 | | 0 | | 5 | | 0.00 | 0.00 | 0.00 |
| Magnesium, Mg....mg | 15 | | 0 | | 4 | | 2 | 17 | 17 |
| Phosphorus, P....mg | 31 | | 0 | | 4 | | 5 | 35 | 35 |
| Potassium, K....mg | 70 | | 0 | | 5 | | 11 | 79 | 79 |
| Sodium, Na....mg | 20 | | 0 | | 5 | | 3 | 23 | 23 |
| Zinc, Zn....mg | 0.28 | | 0 | | 4 | | 0.04 | 0.32 | 0.32 |
| Copper, Cu....mg | 0.050 | | 0 | | 4 | | 0.008 | 0.057 | 0.057 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.7 | | 0 | FLM | 4 | | 0.1 | 0.8 | 0.8 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 35.1 | | 0 | | 5 | | 5.3 | 39.7 | 39.7 |
| Thiamin....mg | 1.560 | | 0 | | 5 | | 0.234 | 1.763 | 1.763 |
| Riboflavin....mg | 0.050 | | 0 | | 5 | | 0.008 | 0.057 | 0.057 |
| Niacin....mg | 0.000 | | 0 | | 5 | | 0.000 | 0.000 | 0.000 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.020 | | 0 | | 4 | | 0.003 | 0.023 | 0.023 |
| Folate, total....µg | 9 | | 0 | | 4 | | 1 | 10 | 10 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 9 | | 0 | | 4 | | 1 | 10 | 10 |
| Folate, DFE....mcg_DFE | 9 | | 0 | NC | 4 | | 1 | 10 | 10 |
| Choline, total....mg | 5.4 | | 0 | FLM | 4 | | 0.8 | 6.1 | 6.1 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.50 | | 0 | | 4 | | 0.08 | 0.57 | 0.57 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 3 | | 0 | NC | 4 | | 0 | 4 | 4 |
| Retinol....µg | 2 | | 0 | FLA | 4 | | 0 | 3 | 3 |
| Carotene, beta....µg | 7 | | 0 | FLA | 4 | | 1 | 8 | 8 |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 5 | | 0 | FLA | 4 | | 1 | 6 | 6 |
| Vitamin A, IU....IU | 24 | | 0 | NC | 4 | | 4 | 27 | 27 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 7 | | 0 | FLA | 4 | | 1 | 8 | 8 |
| Vitamin E (alpha-tocopherol)....mg | 0.02 | | 0 | FLA | 4 | | 0.00 | 0.02 | 0.02 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.2 | | 0 | FLA | 4 | | 0.0 | 0.3 | 0.3 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 42150**
**Babyfood, apple yogurt dessert, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.034 | | 0 | | 4 | | 0.155 | 1.168 | 1.168 |
| 4:0....g | 0.049 | | 0 | | 4 | | 0.007 | 0.055 | 0.055 |
| 6:0....g | 0.035 | | 0 | | 4 | | 0.005 | 0.040 | 0.040 |
| 8:0....g | 0.020 | | 0 | | 4 | | 0.003 | 0.023 | 0.023 |
| 10:0....g | 0.044 | | 0 | | 4 | | 0.007 | 0.050 | 0.050 |
| 12:0....g | 0.054 | | 0 | | 4 | | 0.008 | 0.061 | 0.061 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.167 | | 0 | | 4 | | 0.025 | 0.189 | 0.189 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.438 | | 0 | | 4 | | 0.066 | 0.495 | 0.495 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.158 | | 0 | | 4 | | 0.024 | 0.179 | 0.179 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.438 | | 0 | | 4 | | 0.066 | 0.495 | 0.495 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.035 | | 0 | | 4 | | 0.005 | 0.040 | 0.040 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.364 | | 0 | | 4 | | 0.055 | 0.411 | 0.411 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.044 | | 0 | | 4 | | 0.007 | 0.050 | 0.050 |
| 18:2 undifferentiated....g | 0.030 | | 0 | | 4 | | 0.005 | 0.034 | 0.034 |
| 18:3 undifferentiated....g | 0.015 | | 0 | | 4 | | 0.002 | 0.017 | 0.017 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 6 | | 0 | | 4 | | 1 | 7 | 7 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03167**
**Babyfood, apple-banana juice**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.10 | | 0 | MA | 12 | | 27.18 | 114.10 | 108.88 |
| Energy....kcal | 51 | | 0 | NC | 4 | | 16 | 67 | 64 |
| Energy....kJ | 213 | | 0 | NC | 4 | | 66 | 279 | 266 |
| Protein....g | 0.20 | | 0 | MA | 12 | | 0.06 | 0.26 | 0.25 |
| Total lipid (fat)....g | 0.10 | | 0 | MA | 12 | | 0.03 | 0.13 | 0.13 |
| Ash....g | 0.26 | | 0 | MA | 12 | | 0.08 | 0.34 | 0.33 |
| Carbohydrate, by difference....g | 12.30 | | 0 | MC | 9 | | 3.84 | 16.11 | 15.38 |
| Fiber, total dietary....g | 0.2 | | 0 | MA | 12 | | 0.1 | 0.3 | 0.3 |
| Sugars, total....g | 11.00 | | 0 | FLA | 4 | | 3.43 | 14.40 | 13.74 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 7 | | 0 | MA | 12 | | 2 | 9 | 9 |
| Iron, Fe....mg | 0.20 | | 0 | MA | 12 | | 0.06 | 0.26 | 0.25 |
| Magnesium, Mg....mg | 6 | | 0 | MA | 12 | | 2 | 8 | 8 |
| Phosphorus, P....mg | 8 | | 0 | MA | 12 | | 2 | 10 | 10 |
| Potassium, K....mg | 123 | | 0 | MA | 12 | | 38 | 161 | 154 |
| Sodium, Na....mg | 4 | | 0 | MA | 12 | | 1 | 5 | 5 |
| Zinc, Zn....mg | 0.04 | | 0 | MA | 12 | | 0.01 | 0.05 | 0.05 |
| Copper, Cu....mg | 0.020 | | 0 | MA | 12 | | 0.006 | 0.026 | 0.025 |
| Manganese, Mn....mg | 0.080 | | 0 | MA | 12 | | 0.025 | 0.105 | 0.100 |
| Selenium, Se....µg | 0.3 | | 0 | FLM | 4 | | 0.1 | 0.4 | 0.4 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 27.9 | | 0 | MA | 12 | | 8.7 | 36.5 | 34.9 |
| Thiamin....mg | 0.010 | | 0 | MA | 12 | | 0.003 | 0.013 | 0.013 |
| Riboflavin....mg | 0.010 | | 0 | MA | 12 | | 0.003 | 0.013 | 0.013 |
| Niacin....mg | 0.140 | | 0 | MA | 12 | | 0.044 | 0.183 | 0.175 |
| Pantothenic acid....mg | 0.125 | | 0 | BFSN | 4 | | 0.039 | 0.164 | 0.156 |
| Vitamin B-6....mg | 0.060 | | 0 | MA | 12 | | 0.019 | 0.079 | 0.075 |
| Folate, total....µg | 1 | | 0 | BFFN | 4 | | 0 | 1 | 1 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 1 | | 0 | BFFN | 4 | | 0 | 1 | 1 |
| Folate, DFE....mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 1 | 1 |
| Choline, total....mg | 2.3 | | 0 | FLA | 4 | | 0.7 | 3.1 | 2.9 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 1 | 1 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 4 | | 0 | BNA | 4 | | 1 | 5 | 5 |
| Carotene, alpha....µg | 3 | | 0 | BNA | 4 | | 1 | 5 | 4 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 9 | | 0 | MA | 12 | | 3 | 12 | 11 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 16 | | 0 | FLA | 4 | | 5 | 22 | 21 |
| Vitamin E (alpha-tocopherol)....mg | 0.02 | | 0 | FLA | 4 | | 0.00 | 0.02 | 0.02 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03167**
**Babyfood, apple-banana juice**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.018 | | 0 | BFFN | 4 | | 0.006 | 0.024 | 0.023 |
| 4:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | BFFN | 4 | | 0.000 | 0.001 | 0.001 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.015 | | 0 | BFFN | 4 | | 0.005 | 0.020 | 0.019 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | BFFN | 4 | | 0.001 | 0.003 | 0.003 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.004 | | 0 | BFFN | 4 | | 0.001 | 0.005 | 0.005 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.004 | | 0 | BFFN | 4 | | 0.001 | 0.005 | 0.005 |
| 20:1....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.034 | | 0 | BFFN | 4 | | 0.011 | 0.045 | 0.043 |
| 18:2 undifferentiated....g | 0.028 | | 0 | BFFN | 4 | | 0.009 | 0.037 | 0.035 |
| 18:3 undifferentiated....g | 0.006 | | 0 | BFFN | 4 | | 0.002 | 0.008 | 0.008 |
| 18:4....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MA | 12 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 131g: 1 bottle Earth's Best (4.2 fl oz)

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03169**
**Babyfood, apple-cranberry juice**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.30 | | 0 | MA | 12 | | 27.55 | | |
| Energy....kcal | 46 | | 0 | NC | 4 | | 14 | | |
| Energy....kJ | 193 | | 0 | NC | 4 | | 60 | | |
| Protein....g | 0.00 | | 0 | MA | 12 | | 0.00 | | |
| Total lipid (fat)....g | 0.02 | | 0 | MA | 12 | | 0.01 | | |
| Ash....g | 0.19 | | 0 | MA | 12 | | 0.06 | | |
| Carbohydrate, by difference....g | 11.49 | | 0 | NC | 4 | | 3.58 | | |
| Fiber, total dietary....g | 0.0 | | 0 | MA | 12 | | 0.0 | | |
| Sugars, total....g | 6.88 | | 0 | FLA | 4 | | 2.15 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 6 | | 0 | MA | 12 | | 2 | | |
| Iron, Fe....mg | 0.22 | | 0 | MA | 12 | | 0.07 | | |
| Magnesium, Mg....mg | 3 | | 0 | MA | 12 | | 1 | | |
| Phosphorus, P....mg | 7 | | 0 | MA | 12 | | 2 | | |
| Potassium, K....mg | 97 | | 0 | MA | 12 | | 30 | | |
| Sodium, Na....mg | 5 | | 0 | MA | 12 | | 2 | | |
| Zinc, Zn....mg | 0.05 | | 0 | LC | 8 | | 0.02 | | |
| Copper, Cu....mg | 0.010 | | 0 | MA | 12 | | 0.003 | | |
| Manganese, Mn....mg | 0.160 | | 0 | MA | 12 | | 0.050 | | |
| Selenium, Se....µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 27.9 | | 0 | MA | 12 | | 8.7 | | |
| Thiamin....mg | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Riboflavin....mg | 0.020 | | 0 | MA | 12 | | 0.006 | | |
| Niacin....mg | 0.070 | | 0 | MA | 12 | | 0.022 | | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.030 | | 0 | MA | 12 | | 0.009 | | |
| Folate, total....µg | 0 | | 0 | FLM | 4 | | 0 | | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food....µg | 0 | | 0 | FLM | 4 | | 0 | | |
| Folate, DFE....mcg_DFE | 0 | | 0 | NC | 4 | | 0 | | |
| Choline, total....mg | 3.4 | | 0 | FLA | 4 | | 1.0 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | FLM | 4 | | 0.00 | | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | | |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Carotene, beta....µg | 17 | | 0 | FLA | 4 | | 5 | | |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin A, IU....IU | 28 | | 0 | NC | 4 | | 9 | | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 49 | | 0 | FLA | 4 | | 15 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.56 | | 0 | FLA | 4 | | 0.17 | | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone)....µg | 2.4 | | 0 | FLA | 4 | | 0.7 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03169**
**Babyfood, apple-cranberry juice**

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated | g | 0.007 | | 0 | FLM | 4 | | 0.002 | | |
| 4:0 | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 6:0 | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 8:0 | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 10:0 | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 12:0 | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 13:0 | g | | | | | | | | | |
| 14:0 | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 15:0 | g | | | | | | | | | |
| 16:0 | g | 0.006 | | 0 | FLM | 4 | | 0.002 | | |
| 17:0 | g | | | | | | | | | |
| 18:0 | g | 0.001 | | 0 | FLM | 4 | | 0.000 | | |
| 20:0 | g | | | | | | | | | |
| 22:0 | g | | | | | | | | | |
| 24:0 | g | | | | | | | | | |
| Fatty acids, total monounsaturated | g | 0.001 | | 0 | FLM | 4 | | 0.000 | | |
| 14:1 | g | | | | | | | | | |
| 15:1 | g | | | | | | | | | |
| 16:1 undifferentiated | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 17:1 | g | | | | | | | | | |
| 18:1 undifferentiated | g | 0.001 | | 0 | FLM | 4 | | 0.000 | | |
| 20:1 | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:1 undifferentiated | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 24:1 c | g | | | | | | | | | |
| Fatty acids, total polyunsaturated | g | 0.012 | | 0 | FLM | 4 | | 0.004 | | |
| 18:2 undifferentiated | g | 0.010 | | 0 | FLM | 4 | | 0.003 | | |
| 18:3 undifferentiated | g | 0.002 | | 0 | FLM | 4 | | 0.001 | | |
| 18:4 | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c | g | | | | | | | | | |
| 20:3 undifferentiated | g | | | | | | | | | |
| 20:4 undifferentiated | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:5 n-3 (EPA) | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA) | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA) | g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans | g | | | | | | | | | |
| Cholesterol | mg | 0 | | 0 | Z | 7 | | 0 | | |
| Phytosterols | mg | | | | | | | | | |
| **Others:** | | | | | | | | | | |
| Alcohol, ethyl | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine | mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine | mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03289**
**Babyfood, apples with ham, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 85.30 | | 0 | MA | 12 | | 12.80 | 96.39 | 96.39 |
| Energy....kcal | 62 | | 0 | MC | 9 | | 9 | 70 | 70 |
| Energy....kJ | 259 | | 0 | | 9 | | 39 | 293 | 293 |
| Protein....g | 2.60 | | 0 | MA | 12 | | 0.39 | 2.94 | 2.94 |
| Total lipid (fat)....g | 0.90 | | 0 | MA | 12 | | 0.14 | 1.02 | 1.02 |
| Ash....g | 0.30 | | 0 | MA | 12 | | 0.05 | 0.34 | 0.34 |
| Carbohydrate, by difference....g | 10.90 | | 0 | MC | 9 | | 1.64 | 12.32 | 12.32 |
| Fiber, total dietary....g | 1.8 | | 0 | MA | 12 | | 0.3 | 2.0 | 2.0 |
| Sugars, total....g | 7.98 | | 0 | FLA | 4 | | 1.20 | 9.01 | 9.01 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 4 | | 0 | MA | 12 | | 1 | 5 | 5 |
| Iron, Fe....mg | 0.30 | | 0 | MA | 12 | | 0.05 | 0.34 | 0.34 |
| Magnesium, Mg....mg | 7 | | 0 | MA | 12 | | 1 | 8 | 8 |
| Phosphorus, P....mg | 34 | | 0 | MA | 12 | | 5 | 38 | 38 |
| Potassium, K....mg | 120 | | 0 | MA | 12 | | 18 | 136 | 136 |
| Sodium, Na....mg | 9 | | 0 | MA | 12 | | 1 | 10 | 10 |
| Zinc, Zn....mg | 0.40 | | 0 | MA | 12 | | 0.06 | 0.45 | 0.45 |
| Copper, Cu....mg | 0.040 | | 0 | MA | 12 | | 0.006 | 0.045 | 0.045 |
| Manganese, Mn....mg | 0.020 | | 0 | MA | 12 | | 0.003 | 0.023 | 0.023 |
| Selenium, Se....µg | 4.6 | | 0 | FLM | 4 | | 0.7 | 5.2 | 5.2 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.1 | | 0 | MA | 12 | | 0.0 | 0.1 | 0.1 |
| Thiamin....mg | 0.060 | | 0 | MA | 12 | | 0.009 | 0.068 | 0.068 |
| Riboflavin....mg | 0.060 | | 0 | MA | 12 | | 0.009 | 0.068 | 0.068 |
| Niacin....mg | 0.730 | | 0 | MA | 12 | | 0.110 | 0.825 | 0.825 |
| Pantothenic acid....mg | 0.097 | | 0 | FLM | 4 | | 0.015 | 0.110 | 0.110 |
| Vitamin B-6....mg | 0.070 | | 0 | MA | 12 | | 0.011 | 0.079 | 0.079 |
| Folate, total....µg | 2 | | 0 | FLM | 4 | | 0 | 2 | 2 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 2 | | 0 | FLM | 4 | | 0 | 2 | 2 |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 0 | 2 | 2 |
| Choline, total....mg | 11.8 | | 0 | FLA | 4 | | 1.8 | 13.4 | 13.4 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.02 | | 0 | FLM | 4 | | 0.00 | 0.02 | 0.02 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 3 | | 0 | BNA | 4 | | 0 | 3 | 3 |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 2 | | 0 | BNA | 4 | | 0 | 2 | 2 |
| Vitamin A, IU....IU | 6 | | 0 | MA | 12 | | 1 | 7 | 7 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 14 | | 0 | FLA | 4 | | 2 | 16 | 16 |
| Vitamin E (alpha-tocopherol)....mg | 0.07 | | 0 | FLA | 4 | | 0.01 | 0.07 | 0.07 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.1 | | 0 | FLA | 4 | | 0.0 | 0.1 | 0.1 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 3 | | 0 | FLA | 4 | | 0 | 3 | 3 |
| Vitamin K (phylloquinone)....µg | 0.5 | | 0 | FLA | 4 | | 0.1 | 0.5 | 0.5 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03289**
**Babyfood, apples with ham, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.250 | | 0 | FLM | 4 | | 0.038 | 0.283 | 0.283 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.002 | | 0 | FLM | 4 | | 0.000 | 0.002 | 0.002 |
| 12:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.001 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.012 | | 0 | MA | 12 | | 0.002 | 0.014 | 0.014 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.162 | | 0 | FLM | 4 | | 0.024 | 0.183 | 0.183 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.079 | | 0 | FLM | 4 | | 0.012 | 0.089 | 0.089 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.360 | | 0 | FLM | 4 | | 0.054 | 0.407 | 0.407 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.028 | | 0 | MA | 12 | | 0.004 | 0.032 | 0.032 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.346 | | 0 | MA | 12 | | 0.052 | 0.391 | 0.391 |
| 20:1....g | 0.004 | | 0 | FLM | 4 | | 0.001 | 0.005 | 0.005 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.111 | | 0 | FLM | 4 | | 0.017 | 0.125 | 0.125 |
| 18:2 undifferentiated....g | 0.100 | | 0 | MA | 12 | | 0.015 | 0.113 | 0.113 |
| 18:3 undifferentiated....g | 0.006 | | 0 | MA | 12 | | 0.001 | 0.007 | 0.007 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.005 | | 0 | FLM | 4 | | 0.001 | 0.006 | 0.006 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 8 | | 0 | MA | 12 | | 1 | 9 | 9 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03115**
**Babyfood, apples, dices, toddler**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | |
| Water....g | 87.50 | | 0 | MA | 12 | | 24.81 | | |
| Energy....kcal | 51 | | 0 | MC | 9 | | 14 | | |
| Energy....kJ | 213 | | 0 | | 9 | | 60 | | |
| Protein....g | 0.20 | | 0 | MA | 12 | | 0.06 | | |
| Total lipid (fat)....g | 0.10 | | 0 | MA | 12 | | 0.03 | | |
| Ash....g | 0.13 | | 0 | MA | 12 | | 0.04 | | |
| Carbohydrate, by difference....g | 12.10 | | 0 | MC | 9 | | 3.43 | | |
| Fiber, total dietary....g | 0.9 | | 0 | MA | 12 | | 0.3 | | |
| Sugars, total....g | 10.83 | | 0 | BFSN | 4 | | 3.07 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 10 | | 0 | MA | 12 | | 3 | | |
| Iron, Fe....mg | 0.20 | | 0 | MA | 12 | | 0.06 | | |
| Magnesium, Mg....mg | 6 | | 0 | MA | 12 | | 2 | | |
| Phosphorus, P....mg | 13 | | 0 | MA | 12 | | 4 | | |
| Potassium, K....mg | 50 | | 0 | MA | 12 | | 14 | | |
| Sodium, Na....mg | 6 | | 0 | LC | 8 | | 2 | | |
| Zinc, Zn....mg | 0.04 | | 0 | MA | 12 | | 0.01 | | |
| Copper, Cu....mg | 0.020 | | 0 | MA | 12 | | 0.006 | | |
| Manganese, Mn....mg | 0.040 | | 0 | MA | 12 | | 0.011 | | |
| Selenium, Se....µg | 0.3 | | 0 | BFZN | 4 | | 0.1 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 31.3 | | 0 | MA | 12 | | 8.9 | | |
| Thiamin....mg | 0.010 | | 0 | MA | 12 | | 0.003 | | |
| Riboflavin....mg | 0.020 | | 0 | MA | 12 | | 0.006 | | |
| Niacin....mg | 0.080 | | 0 | MA | 12 | | 0.023 | | |
| Pantothenic acid....mg | 0.039 | | 0 | FLM | 4 | | 0.011 | | |
| Vitamin B-6....mg | 0.050 | | 0 | MA | 12 | | 0.014 | | |
| Folate, total....µg | 1 | | 0 | FLM | 4 | | 0 | | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food....µg | 1 | | 0 | FLM | 4 | | 0 | | |
| Folate, DFE....mcg_DFE | 1 | | 0 | NC | 4 | | 0 | | |
| Choline, total....mg | 3.4 | | 0 | FLA | 4 | | 1.0 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 0 | | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, beta....µg | 14 | | 0 | BFSN | 4 | | 4 | | |
| Carotene, alpha....µg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Cryptoxanthin, beta....µg | 10 | | 0 | BFSN | 4 | | 3 | | |
| Vitamin A, IU....IU | 31 | | 0 | NC | 4 | | 9 | | |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 19 | | 0 | BFSN | 4 | | 5 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.23 | | 0 | BFSN | 4 | | 0.06 | | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone)....µg | 0.6 | | 0 | BFSN | 4 | | 0.2 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03115**
**Babyfood, apples, dices, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.020 | | 0 | FLM | 4 | | 0.006 | | |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 12:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.014 | | 0 | FLM | 4 | | 0.004 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.003 | | 0 | FLM | 4 | | 0.001 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.004 | | 0 | FLM | 4 | | 0.001 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.004 | | 0 | FLM | 4 | | 0.001 | | |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.030 | | 0 | FLM | 4 | | 0.009 | | |
| 18:2 undifferentiated....g | 0.025 | | 0 | FLM | 4 | | 0.007 | | |
| 18:3 undifferentiated....g | 0.005 | | 0 | FLM | 4 | | 0.001 | | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MA | 12 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 42284**
**Babyfood, baked product, finger snacks cereal**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 3.70 | | 0 | MA | 12 | | 0.06 | | |
| Energy | kcal | 421 | | 0 | NC | 4 | | 7 | | |
| Energy | kJ | 1763 | | 0 | NC | 4 | | 30 | | |
| Protein | g | 6.40 | | 0 | MA | 12 | | 0.11 | | |
| Total lipid (fat) | g | 9.90 | | 0 | MA | 12 | | 0.17 | | |
| Ash | g | 3.32 | | 0 | MA | 12 | | 0.06 | | |
| Carbohydrate, by difference | g | 76.68 | | 0 | NC | 4 | | 1.30 | | |
| Fiber, total dietary | g | 2.3 | | 0 | MA | 12 | | 0.0 | | |
| Sugars, total | g | 28.00 | | 0 | MA | 12 | | 0.48 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 400 | | 0 | MA | 12 | | 7 | | |
| Iron, Fe | mg | 22.50 | | 0 | MA | 12 | | 0.38 | | |
| Magnesium, Mg | mg | 27 | | 0 | MA | 12 | | 0 | | |
| Phosphorus, P | mg | 709 | | 0 | MA | 12 | | 12 | | |
| Potassium, K | mg | 114 | | 0 | MA | 12 | | 2 | | |
| Sodium, Na | mg | 324 | | 0 | MA | 12 | | 6 | | |
| Zinc, Zn | mg | 4.00 | | 0 | MA | 12 | | 0.07 | | |
| Copper, Cu | mg | 0.220 | | 0 | MA | 12 | | 0.004 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 37.5 | | 0 | BFZN | 4 | | 0.6 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 10.0 | | 0 | | 4 | | 0.2 | | |
| Thiamin | mg | 1.400 | | 0 | MA | 12 | | 0.024 | | |
| Riboflavin | mg | 1.600 | | 0 | MA | 12 | | 0.027 | | |
| Niacin | mg | 11.250 | | 0 | MA | 12 | | 0.191 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.050 | | 0 | MA | 12 | | 0.001 | | |
| Folate, total | µg | 114 | | 0 | O | 4 | | 2 | | |
| Folic acid | µg | 95 | | 0 | O | 4 | | 2 | | |
| Folate, food | µg | 18 | | 0 | O | 4 | | 0 | | |
| Folate, DFE | mcg_DFE | 180 | | 0 | NC | 4 | | 3 | | |
| Choline, total | mg | 22.9 | | 0 | FLM | 4 | | 0.4 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 7 | | 0.00 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 0 | | 0 | NC | 4 | | 0 | | |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, beta | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin A, IU | IU | 0 | | 0 | NC | 4 | | 0 | | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 11 | | 0 | FLA | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 3.90 | | 0 | BNA | 4 | | 0.07 | | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 15.0 | | 0 | FLA | 4 | | 0.3 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 42284**
**Babyfood, baked product, finger snacks cereal**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.646 | | 0 | NC | 4 | | 0.028 | | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 12:0....g | 0.041 | | 0 | | 4 | | 0.001 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.020 | | 0 | | 4 | | 0.000 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.484 | | 0 | | 4 | | 0.025 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.102 | | 0 | | 4 | | 0.002 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 3.130 | | 0 | NC | 4 | | 0.053 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.020 | | 0 | | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 3.110 | | 0 | | 4 | | 0.053 | | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 3.638 | | 0 | NC | 4 | | 0.062 | | |
| 18:2 undifferentiated....g | 3.476 | | 0 | | 4 | | 0.059 | | |
| 18:3 undifferentiated....g | 0.163 | | 0 | | 4 | | 0.003 | | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 1.7g: 1 cookie

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43550**
**Babyfood, banana apple dessert, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 83.10 | | 0 | | 1 | | 12.47 | 93.90 | 93.90 |
| Energy....kcal | 68 | | 0 | NC | 4 | | 10 | 77 | 77 |
| Energy....kJ | 285 | | 0 | NC | 4 | | 43 | 322 | 322 |
| Protein....g | 0.30 | | 0 | | 1 | | 0.05 | 0.34 | 0.34 |
| Total lipid (fat)....g | 0.20 | | 0 | | 1 | | 0.03 | 0.23 | 0.23 |
| Ash....g | 0.29 | | 0 | FLA | 4 | | 0.04 | 0.33 | 0.33 |
| Carbohydrate, by difference....g | 16.30 | | 0 | NC | 4 | | 2.45 | 18.42 | 18.42 |
| Fiber, total dietary....g | 1.0 | | 0 | | 1 | | 0.2 | 1.1 | 1.1 |
| Sugars, total....g | 14.66 | | 0 | FLA | 4 | | 2.20 | 16.57 | 16.57 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 3 | | 0 | | 1 | | 0 | 3 | 3 |
| Iron, Fe....mg | 0.10 | | 0 | | 1 | | 0.02 | 0.11 | 0.11 |
| Magnesium, Mg....mg | 8 | | 0 | | 4 | | 1 | 9 | 9 |
| Phosphorus, P....mg | 9 | | 0 | | 1 | | 1 | 10 | 10 |
| Potassium, K....mg | 71 | | 0 | | 1 | | 11 | 80 | 80 |
| Sodium, Na....mg | 7 | | 0 | | 1 | | 1 | 8 | 8 |
| Zinc, Zn....mg | 0.05 | | 0 | | 4 | | 0.01 | 0.06 | 0.06 |
| Copper, Cu....mg | 0.030 | | 0 | | 4 | | 0.005 | 0.034 | 0.034 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.6 | | 0 | BFZN | 4 | | 0.1 | 0.7 | 0.7 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 12.3 | | 0 | | 1 | | 1.8 | 13.9 | 13.9 |
| Thiamin....mg | 0.020 | | 0 | | 1 | | 0.003 | 0.023 | 0.023 |
| Riboflavin....mg | 0.020 | | 0 | | 1 | | 0.003 | 0.023 | 0.023 |
| Niacin....mg | 0.130 | | 0 | | 1 | | 0.020 | 0.147 | 0.147 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.060 | | 0 | | 1 | | 0.009 | 0.068 | 0.068 |
| Folate, total....µg | 4 | | 0 | | 4 | | 1 | 5 | 5 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 4 | | 0 | | 4 | | 1 | 5 | 5 |
| Folate, DFE....mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 5 | 5 |
| Choline, total....mg | 2.1 | | 0 | FLA | 4 | | 0.3 | 2.4 | 2.4 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 0 | 2 | 2 |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 12 | | 0 | BNA | 4 | | 2 | 14 | 14 |
| Carotene, alpha....µg | 8 | | 0 | BNA | 4 | | 1 | 9 | 9 |
| Cryptoxanthin, beta....µg | 3 | | 0 | BNA | 4 | | 0 | 3 | 3 |
| Vitamin A, IU....IU | 30 | | 0 | NC | 4 | | 5 | 34 | 34 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 10 | | 0 | FLA | 4 | | 2 | 12 | 12 |
| Vitamin E (alpha-tocopherol)....mg | 0.02 | | 0 | FLA | 4 | | 0.00 | 0.02 | 0.02 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.1 | | 0 | FLA | 4 | | 0.0 | 0.1 | 0.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 43550**
**Babyfood, banana apple dessert, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.058 | | 0 | | 4 | | 0.009 | 0.066 | 0.066 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.042 | | 0 | | 4 | | 0.006 | 0.047 | 0.047 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.003 | | 0 | | 4 | | 0.000 | 0.003 | 0.003 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.018 | | 0 | | 4 | | 0.003 | 0.020 | 0.020 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.003 | | 0 | | 4 | | 0.000 | 0.003 | 0.003 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.015 | | 0 | | 4 | | 0.002 | 0.017 | 0.017 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.047 | | 0 | | 4 | | 0.007 | 0.053 | 0.053 |
| 18:2 undifferentiated....g | 0.035 | | 0 | | 4 | | 0.005 | 0.040 | 0.040 |
| 18:3 undifferentiated....g | 0.012 | | 0 | | 4 | | 0.002 | 0.014 | 0.014 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 42119**
**Babyfood, banana juice with low fat yogurt**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 78.50 | | 0 | | 5 | | 24.73 | 98.91 | |
| Energy | kcal | 89 | | 0 | | 4 | | 28 | 112 | |
| Energy | kJ | 372 | | 0 | | 4 | | 117 | 469 | |
| Protein | g | 2.50 | | 0 | | 5 | | 0.79 | 3.15 | |
| Total lipid (fat) | g | 0.80 | | 0 | | 5 | | 0.25 | 1.01 | |
| Ash | g | 0.66 | | 0 | T | 4 | | 0.21 | 0.83 | |
| Carbohydrate, by difference | g | 17.54 | | 0 | NC | 4 | | 5.53 | 22.10 | |
| Fiber, total dietary | g | 0.4 | | 0 | | 4 | | 0.1 | 0.5 | |
| Sugars, total | g | 13.28 | | 0 | FLA | 4 | | 4.18 | 16.73 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 79 | | 0 | | 5 | | 25 | 100 | |
| Iron, Fe | mg | 0.20 | | 0 | | 5 | | 0.06 | 0.25 | |
| Magnesium, Mg | mg | 10 | | 0 | | 4 | | 3 | 13 | |
| Phosphorus, P | mg | 65 | | 0 | | 5 | | 20 | 82 | |
| Potassium, K | mg | 160 | | 0 | | 5 | | 50 | 202 | |
| Sodium, Na | mg | 37 | | 0 | | 5 | | 12 | 47 | |
| Zinc, Zn | mg | 0.14 | | 0 | | 4 | | 0.04 | 0.18 | |
| Copper, Cu | mg | 0.030 | | 0 | | 4 | | 0.009 | 0.038 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 1.6 | | 0 | FLM | 4 | | 0.5 | 2.0 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 33.9 | | 0 | | 5 | | 10.7 | 42.7 | |
| Thiamin | mg | 0.030 | | 0 | | 5 | | 0.009 | 0.038 | |
| Riboflavin | mg | 0.100 | | 0 | | 5 | | 0.032 | 0.126 | |
| Niacin | mg | 0.270 | | 0 | | 5 | | 0.085 | 0.340 | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.120 | | 0 | | 5 | | 0.038 | 0.151 | |
| Folate, total | µg | 6 | | 0 | | 4 | | 2 | 8 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 6 | | 0 | | 4 | | 2 | 8 | |
| Folate, DFE | mcg_DFE | 6 | | 0 | NC | 4 | | 2 | 8 | |
| Choline, total | mg | 11.4 | | 0 | FLM | 4 | | 3.6 | 14.3 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.43 | | 0 | | 4 | | 0.14 | 0.54 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 6 | | 0 | NC | 4 | | 2 | 7 | |
| Retinol | µg | 5 | | 0 | BNA | 4 | | 2 | 6 | |
| Carotene, beta | µg | 5 | | 0 | BNA | 4 | | 2 | 6 | |
| Carotene, alpha | µg | 3 | | 0 | BNA | 4 | | 1 | 4 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU | IU | 28 | | 0 | NC | 4 | | 9 | 35 | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 16 | | 0 | FLA | 4 | | 5 | 20 | |
| Vitamin E (alpha-tocopherol) | mg | 0.05 | | 0 | NR | 4 | | 0.02 | 0.06 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | |
| Vitamin D | IU | 1 | | 0 | FLA | 4 | | 0 | 1 | |
| Vitamin K (phylloquinone) | µg | 0.4 | | 0 | FLA | 4 | | 0.1 | 0.4 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 42119**
**Babyfood, banana juice with low fat yogurt**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.517 | | 0 | | 4 | | 0.163 | 0.651 | |
| 4:0....g | 0.025 | | 0 | | 4 | | 0.008 | 0.032 | |
| 6:0....g | 0.017 | | 0 | | 4 | | 0.005 | 0.021 | |
| 8:0....g | 0.010 | | 0 | | 4 | | 0.003 | 0.013 | |
| 10:0....g | 0.022 | | 0 | | 4 | | 0.007 | 0.028 | |
| 12:0....g | 0.027 | | 0 | | 4 | | 0.009 | 0.034 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.084 | | 0 | | 4 | | 0.026 | 0.106 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.219 | | 0 | | 4 | | 0.069 | 0.276 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.079 | | 0 | | 4 | | 0.025 | 0.100 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.219 | | 0 | | 4 | | 0.069 | 0.276 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.017 | | 0 | | 4 | | 0.005 | 0.021 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.182 | | 0 | | 4 | | 0.057 | 0.229 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.022 | | 0 | | 4 | | 0.007 | 0.028 | |
| 18:2 undifferentiated....g | 0.015 | | 0 | | 4 | | 0.005 | 0.019 | |
| 18:3 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.002 | 0.009 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 3 | | 0 | | 4 | | 1 | 4 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.5g: 1 fl oz

Measure 2 = 126g: 1 bottle NFS

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43546**
**Babyfood, banana no tapioca, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 76.70 | | 0 | | 5 | | 11.51 | 86.67 | 54.46 |
| Energy....kcal | 91 | | 0 | NC | 4 | | 14 | 103 | 65 |
| Energy....kJ | 381 | | 0 | NC | 4 | | 57 | 431 | 271 |
| Protein....g | 1.00 | | 0 | | 5 | | 0.15 | 1.13 | 0.71 |
| Total lipid (fat)....g | 0.20 | | 0 | | 5 | | 0.03 | 0.23 | 0.14 |
| Ash....g | 0.76 | | 0 | BFSN | 4 | | 0.11 | 0.86 | 0.54 |
| Carbohydrate, by difference....g | 21.34 | | 0 | NC | 4 | | 3.20 | 24.11 | 15.15 |
| Fiber, total dietary....g | 1.6 | | 0 | | 4 | | 0.2 | 1.8 | 1.1 |
| Sugars, total....g | 11.36 | | 0 | BFSN | 4 | | 1.70 | 12.84 | 8.07 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 4 | | 0 | | 5 | | 1 | 5 | 3 |
| Iron, Fe....mg | 0.30 | | 0 | | 5 | | 0.05 | 0.34 | 0.21 |
| Magnesium, Mg....mg | 26 | | 0 | | 4 | | 4 | 29 | 18 |
| Phosphorus, P....mg | 20 | | 0 | | 5 | | 3 | 23 | 14 |
| Potassium, K....mg | 290 | | 0 | | 5 | | 44 | 328 | 206 |
| Sodium, Na....mg | 2 | | 0 | LC | 8 | | 0 | 3 | 2 |
| Zinc, Zn....mg | 0.05 | | 0 | | 5 | | 0.01 | 0.06 | 0.04 |
| Copper, Cu....mg | 0.040 | | 0 | | 5 | | 0.006 | 0.045 | 0.028 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.1 | | 0 | BFFN | 4 | | 0.2 | 1.2 | 0.8 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 21.9 | | 0 | | 5 | | 3.3 | 24.7 | 15.5 |
| Thiamin....mg | 0.020 | | 0 | | 5 | | 0.003 | 0.023 | 0.014 |
| Riboflavin....mg | 0.060 | | 0 | | 5 | | 0.009 | 0.068 | 0.043 |
| Niacin....mg | 0.540 | | 0 | | 5 | | 0.081 | 0.610 | 0.383 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.260 | | 0 | | 5 | | 0.039 | 0.294 | 0.185 |
| Folate, total....µg | 17 | | 0 | | 4 | | 3 | 19 | 12 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 17 | | 0 | | 4 | | 3 | 19 | 12 |
| Folate, DFE....mcg_DFE | 17 | | 0 | NC | 4 | | 3 | 19 | 12 |
| Choline, total....mg | 4.1 | | 0 | FLA | 4 | | 0.6 | 4.6 | 2.9 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 2 | | 0 | BNA | 4 | | 0 | 2 | 1 |
| Carotene, alpha....µg | 2 | | 0 | BNA | 4 | | 0 | 2 | 1 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 5 | | 0 | NC | 4 | | 1 | 6 | 4 |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 20 | | 0 | BFSN | 4 | | 3 | 23 | 14 |
| Vitamin E (alpha-tocopherol)....mg | 0.25 | | 0 | NR | 4 | | 0.04 | 0.28 | 0.17 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.5 | | 0 | BFSN | 4 | | 0.1 | 0.6 | 0.3 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 43546**
**Babyfood, banana no tapioca, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.072 | | 0 | | 4 | | 0.011 | 0.081 | 0.051 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.051 | | 0 | | 4 | | 0.008 | 0.058 | 0.036 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.003 | | 0 | | 4 | | 0.000 | 0.003 | 0.002 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.028 | | 0 | | 4 | | 0.004 | 0.032 | 0.020 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | 0.003 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.023 | | 0 | | 4 | | 0.003 | 0.026 | 0.016 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.041 | | 0 | | 4 | | 0.006 | 0.046 | 0.029 |
| 18:2 undifferentiated....g | 0.028 | | 0 | | 4 | | 0.004 | 0.032 | 0.020 |
| 18:3 undifferentiated....g | 0.013 | | 0 | | 4 | | 0.002 | 0.015 | 0.009 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 71g: 1 jar Beech-Nut Baby's First (2.5 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03301**
**Babyfood, beverage, GERBER GRADUATE FRUIT SPLASHERS**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 92.50 | | 0 | NR | 4 | | 104.53 | 209.98 | |
| Energy | kcal | 31 | | 0 | NR | 4 | | 35 | 70 | |
| Energy | kJ | 130 | | 0 | NR | 4 | | 147 | 295 | |
| Protein (N x 6.25) | g | 0.00 | | 1 | LC | 8 | | 0.00 | 0.00 | |
| Total lipid (fat) | g | 0.00 | | 1 | LC | 8 | | 0.00 | 0.00 | |
| Ash | g | 0.15 | | 0 | FLC | 4 | | 0.17 | 0.34 | |
| Carbohydrate, by difference | g | 7.40 | | 0 | NR | 4 | | 8.36 | 16.80 | |
| Fiber, total dietary | g | 0.0 | | 0 | FLC | 4 | | 0.1 | 0.1 | |
| Sugars, total | g | 6.12 | | 0 | NR | 4 | | 6.92 | 13.89 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 71 | | 1 | LC | 8 | | 80 | 160 | |
| Iron, Fe | mg | 0.00 | | 1 | LC | 8 | | 0.00 | 0.00 | |
| Magnesium, Mg | mg | 3 | | 0 | FLC | 4 | | 4 | 7 | |
| Phosphorus, P | mg | 3 | | 0 | FLC | 4 | | 3 | 6 | |
| Potassium, K | mg | 22 | | 1 | LC | 8 | | 25 | 50 | |
| Sodium, Na | mg | 11 | | 1 | LC | 8 | | 12 | 25 | |
| Zinc, Zn | mg | 0.71 | | 1 | LC | 8 | | 0.80 | 1.60 | |
| Copper, Cu | mg | 0.014 | | 0 | FLC | 4 | | 0.016 | 0.033 | |
| Manganese, Mn | mg | 0.087 | | 0 | FLC | 4 | | 0.098 | 0.197 | |
| Selenium, Se | µg | 0.1 | | 0 | FLC | 4 | | 0.1 | 0.1 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 35.3 | | 1 | LC | 8 | | 39.9 | 80.1 | |
| Thiamin | mg | 0.007 | | 0 | FLC | 4 | | 0.008 | 0.016 | |
| Riboflavin | mg | 0.013 | | 0 | FLC | 4 | | 0.015 | 0.030 | |
| Niacin | mg | 0.060 | | 0 | FLC | 4 | | 0.068 | 0.136 | |
| Pantothenic acid | mg | 0.220 | | 1 | LC | 8 | | 0.249 | 0.500 | |
| Vitamin B-6 | mg | 0.022 | | 0 | FLC | 4 | | 0.025 | 0.051 | |
| Folate, total | µg | 1 | | 0 | FLC | 4 | | 1 | 1 | |
| Folic acid | µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Folate, food | µg | 1 | | 0 | FLC | 4 | | 1 | 1 | |
| Folate, DFE | mcg_DFE | 1 | | 0 | NC | 4 | | 1 | 1 | |
| Choline, total | mg | 1.4 | | 0 | FLC | 4 | | 1.5 | 3.1 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | FLC | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | FLC | 4 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Retinol | µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Carotene, beta | µg | 2 | | 0 | FLC | 4 | | 2 | 5 | |
| Carotene, alpha | µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Vitamin A, IU | IU | 4 | | 0 | NC | 4 | | 4 | 8 | |
| Lycopene | µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 34 | | 0 | FLC | 4 | | 39 | 78 | |
| Vitamin E (alpha-tocopherol) | mg | 0.00 | | 0 | FLC | 4 | | 0.00 | 0.00 | |
| Vitamin E, added | mg | 0.00 | | 0 | FLC | 4 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLC | 4 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Vitamin K (phylloquinone) | µg | 0.2 | | 0 | FLC | 4 | | 0.2 | 0.4 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03301**
**Babyfood, beverage, GERBER GRADUATE FRUIT SPLASHERS**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.000 | | 1 | LC | 8 | | 0.000 | 0.000 | |
| 4:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | FLC | 4 | | 0.001 | 0.001 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.013 | | 0 | FLC | 4 | | 0.015 | 0.029 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | FLC | 4 | | 0.002 | 0.004 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.002 | | 0 | FLC | 4 | | 0.002 | 0.005 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.002 | | 0 | FLC | 4 | | 0.002 | 0.005 | |
| 20:1....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.015 | | 0 | FLC | 4 | | 0.017 | 0.034 | |
| 18:2 undifferentiated....g | 0.012 | | 0 | FLC | 4 | | 0.013 | 0.026 | |
| 18:3 undifferentiated....g | 0.003 | | 0 | FLC | 4 | | 0.004 | 0.007 | |
| 18:4....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | 0.000 | | 1 | LC | 8 | | 0.000 | 0.000 | |
| Cholesterol....mg | 0 | | 1 | LC | 8 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | | | | | | | | | |
| Threonine....g | 0.002 | | 0 | FLC | 4 | | 0.003 | 0.006 | |
| Isoleucine....g | 0.001 | | 0 | FLC | 4 | | 0.001 | 0.002 | |
| Leucine....g | 0.002 | | 0 | FLC | 4 | | 0.002 | 0.004 | |
| Lysine....g | 0.002 | | 0 | FLC | 4 | | 0.002 | 0.004 | |
| Methionine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| Cystine....g | | | | | | | | | |
| Phenylalanine....g | 0.002 | | 0 | FLC | 4 | | 0.002 | 0.004 | |
| Tyrosine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.001 | |
| Valine....g | 0.002 | | 0 | FLC | 4 | | 0.002 | 0.004 | |
| Arginine....g | 0.007 | | 0 | FLC | 4 | | 0.008 | 0.016 | |
| Histidine....g | 0.001 | | 0 | FLC | 4 | | 0.001 | 0.002 | |
| Alanine....g | 0.013 | | 0 | FLC | 4 | | 0.015 | 0.030 | |
| Aspartic acid....g | 0.003 | | 0 | FLC | 4 | | 0.004 | 0.008 | |
| Glutamic acid....g | 0.017 | | 0 | FLC | 4 | | 0.019 | 0.038 | |
| Glycine....g | 0.002 | | 0 | FLC | 4 | | 0.002 | 0.004 | |
| Proline....g | 0.002 | | 0 | FLC | 4 | | 0.003 | 0.005 | |
| Serine....g | 0.002 | | 0 | FLC | 4 | | 0.002 | 0.004 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLC | 4 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLC | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03301**
**Babyfood, beverage, GERBER GRADUATE FRUIT SPLASHERS**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 113g: 4 oz

Measure 2 = 227g: 8 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03290**
**Babyfood, carrots and beef, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.30 | | 0 | MA | 12 | | 13.10 | 98.65 | 98.65 |
| Energy....kcal | 59 | | 0 | MC | 9 | | 9 | 67 | 67 |
| Energy....kJ | 247 | | 0 | | 9 | | 37 | 279 | 279 |
| Protein....g | 3.40 | | 0 | MA | 12 | | 0.51 | 3.84 | 3.84 |
| Total lipid (fat)....g | 2.50 | | 0 | MA | 12 | | 0.38 | 2.83 | 2.83 |
| Ash....g | 0.70 | | 0 | MA | 12 | | 0.11 | 0.79 | 0.79 |
| Carbohydrate, by difference....g | 5.70 | | 0 | MC | 9 | | 0.86 | 6.44 | 6.44 |
| Fiber, total dietary....g | 2.6 | | 0 | MA | 12 | | 0.4 | 2.9 | 2.9 |
| Sugars, total....g | 2.04 | | 0 | FLA | 4 | | 0.31 | 2.31 | 2.31 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 22 | | 0 | MA | 12 | | 3 | 25 | 25 |
| Iron, Fe....mg | 0.50 | | 0 | MA | 12 | | 0.08 | 0.57 | 0.57 |
| Magnesium, Mg....mg | 13 | | 0 | MA | 12 | | 2 | 15 | 15 |
| Phosphorus, P....mg | 45 | | 0 | MA | 12 | | 7 | 51 | 51 |
| Potassium, K....mg | 226 | | 0 | MA | 12 | | 34 | 255 | 255 |
| Sodium, Na....mg | 69 | | 0 | LC | 8 | | 10 | 78 | 78 |
| Zinc, Zn....mg | 0.80 | | 0 | MA | 12 | | 0.12 | 0.90 | 0.90 |
| Copper, Cu....mg | 0.054 | | 0 | MA | 12 | | 0.008 | 0.061 | 0.061 |
| Manganese, Mn....mg | 0.140 | | 0 | MA | 12 | | 0.021 | 0.158 | 0.158 |
| Selenium, Se....µg | 2.8 | | 0 | FLM | 4 | | 0.4 | 3.2 | 3.2 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.8 | | 0 | MA | 12 | | 0.1 | 0.9 | 0.9 |
| Thiamin....mg | 0.020 | | 0 | MA | 12 | | 0.003 | 0.023 | 0.023 |
| Riboflavin....mg | 0.060 | | 0 | MA | 12 | | 0.009 | 0.068 | 0.068 |
| Niacin....mg | 0.930 | | 0 | MA | 12 | | 0.140 | 1.051 | 1.051 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.100 | | 0 | MA | 12 | | 0.015 | 0.113 | 0.113 |
| Folate, total....µg | 17 | | 0 | FLM | 4 | | 3 | 19 | 19 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 17 | | 0 | FLM | 4 | | 3 | 19 | 19 |
| Folate, DFE....mcg_DFE | 17 | | 0 | NC | 4 | | 3 | 19 | 19 |
| Choline, total....mg | 15.9 | | 0 | FLA | 4 | | 2.4 | 18.0 | 18.0 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.30 | | 0 | FLM | 4 | | 0.05 | 0.34 | 0.34 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 723 | | 0 | NC | 4 | | 108 | 817 | 817 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 6813 | | 0 | BNA | 4 | | 1022 | 7699 | 7699 |
| Carotene, alpha....µg | 3716 | | 0 | BNA | 4 | | 557 | 4199 | 4199 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 14452 | | 0 | MA | 12 | | 2168 | 16331 | 16331 |
| Lycopene....µg | 1 | | 0 | FLA | 4 | | 0 | 1 | 1 |
| Lutein + zeaxanthin....µg | 139 | | 0 | FLA | 4 | | 21 | 157 | 157 |
| Vitamin E (alpha-tocopherol)....mg | 0.65 | | 0 | NR | 4 | | 0.10 | 0.73 | 0.73 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 1 | | 0 | FLA | 4 | | 0 | 1 | 1 |
| Vitamin K (phylloquinone)....µg | 7.4 | | 0 | FLA | 4 | | 1.1 | 8.4 | 8.4 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03290**
**Babyfood, carrots and beef, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.960 | | 0 | FLM | 4 | | 0.144 | 1.085 | 1.085 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.002 | | 0 | FLM | 4 | | 0.000 | 0.002 | 0.002 |
| 12:0....g | 0.002 | | 0 | FLM | 4 | | 0.000 | 0.002 | 0.002 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.068 | | 0 | FLM | 4 | | 0.010 | 0.077 | 0.077 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.546 | | 0 | FLM | 4 | | 0.082 | 0.617 | 0.617 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.285 | | 0 | FLM | 4 | | 0.043 | 0.322 | 0.322 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.060 | | 0 | FLM | 4 | | 0.159 | 1.198 | 1.198 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.090 | | 0 | FLM | 4 | | 0.014 | 0.102 | 0.102 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.923 | | 0 | FLM | 4 | | 0.138 | 1.043 | 1.043 |
| 20:1....g | 0.002 | | 0 | FLM | 4 | | 0.000 | 0.002 | 0.002 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.130 | | 0 | FLM | 4 | | 0.020 | 0.147 | 0.147 |
| 18:2 undifferentiated....g | 0.067 | | 0 | FLM | 4 | | 0.010 | 0.076 | 0.076 |
| 18:3 undifferentiated....g | 0.010 | | 0 | FLM | 4 | | 0.002 | 0.011 | 0.011 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.009 | | 0 | FLM | 4 | | 0.001 | 0.010 | 0.010 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 8 | | 0 | FLM | 4 | | 1 | 9 | 9 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 42316**
**Babyfood, carrots, toddler**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 93.50 | | 0 | T | 4 | | 26.51 | | |
| Energy | kcal | 26 | | 0 | NC | 4 | | 7 | | |
| Energy | kJ | 109 | | 0 | NC | 4 | | 31 | | |
| Protein | g | 0.60 | | 0 | T | 4 | | 0.17 | | |
| Total lipid (fat) | g | 0.30 | | 0 | T | 4 | | 0.09 | | |
| Ash | g | 0.37 | | 0 | T | 4 | | 0.10 | | |
| Carbohydrate, by difference | g | 5.23 | | 0 | NC | 4 | | 1.48 | | |
| Fiber, total dietary | g | 2.3 | | 0 | T | 4 | | 0.7 | | |
| Sugars, total | g | 2.50 | | 0 | T | 4 | | 0.71 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 19 | | 0 | | 5 | | 5 | | |
| Iron, Fe | mg | 0.20 | | 0 | | 5 | | 0.06 | | |
| Magnesium, Mg | mg | 6 | | 0 | | 4 | | 2 | | |
| Phosphorus, P | mg | 21 | | 0 | | 5 | | 6 | | |
| Potassium, K | mg | 129 | | 0 | | 5 | | 37 | | |
| Sodium, Na | mg | 48 | | 0 | LC | 8 | | 14 | | |
| Zinc, Zn | mg | 0.20 | | 0 | | 4 | | 0.06 | | |
| Copper, Cu | mg | 0.081 | | 0 | | 4 | | 0.023 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.8 | | 0 | BFZN | 4 | | 0.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.7 | | 0 | | 5 | | 0.2 | | |
| Thiamin | mg | 0.020 | | 0 | | 5 | | 0.006 | | |
| Riboflavin | mg | 0.030 | | 0 | | 5 | | 0.009 | | |
| Niacin | mg | 0.250 | | 0 | | 5 | | 0.071 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.050 | | 0 | | 5 | | 0.014 | | |
| Folate, total | µg | 7 | | 0 | | 5 | | 2 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 7 | | 0 | | 5 | | 2 | | |
| Folate, DFE | mcg_DFE | 7 | | 0 | NC | 4 | | 2 | | |
| Choline, total | mg | 5.0 | | 0 | NR | 4 | | 1.4 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 7 | | 0.00 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 736 | | 0 | NC | 4 | | 209 | | |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, beta | µg | 7156 | | 0 | BNA | 4 | | 2029 | | |
| Carotene, alpha | µg | 3340 | | 0 | BNA | 4 | | 947 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Vitamin A, IU | IU | 14710 | | 0 | NC | 4 | | 4170 | | |
| Lycopene | µg | 1 | | 0 | BFSN | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 167 | | 0 | BFSN | 4 | | 47 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.59 | | 0 | BFSN | 4 | | 0.17 | | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 7.9 | | 0 | BFSN | 4 | | 2.2 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 42316**
**Babyfood, carrots, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated.....g | 0.052 | | 0 | NC | 4 | | 0.015 | | |
| 4:0.....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 6:0.....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 8:0.....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 10:0.....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 12:0.....g | 0.003 | | 0 | | 4 | | 0.001 | | |
| 13:0.....g | | | | | | | | | |
| 14:0.....g | 0.003 | | 0 | | 4 | | 0.001 | | |
| 15:0.....g | | | | | | | | | |
| 16:0.....g | 0.043 | | 0 | | 4 | | 0.012 | | |
| 17:0.....g | | | | | | | | | |
| 18:0.....g | 0.003 | | 0 | | 4 | | 0.001 | | |
| 20:0.....g | | | | | | | | | |
| 22:0.....g | | | | | | | | | |
| 24:0.....g | | | | | | | | | |
| Fatty acids, total monounsaturated.....g | 0.012 | | 0 | NC | 4 | | 0.004 | | |
| 14:1.....g | | | | | | | | | |
| 15:1.....g | | | | | | | | | |
| 16:1 undifferentiated.....g | 0.003 | | 0 | | 4 | | 0.001 | | |
| 17:1.....g | | | | | | | | | |
| 18:1 undifferentiated.....g | 0.009 | | 0 | | 4 | | 0.003 | | |
| 20:1.....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:1 undifferentiated.....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 24:1 c.....g | | | | | | | | | |
| Fatty acids, total polyunsaturated.....g | 0.148 | | 0 | NC | 4 | | 0.042 | | |
| 18:2 undifferentiated.....g | 0.130 | | 0 | | 4 | | 0.037 | | |
| 18:3 undifferentiated.....g | 0.019 | | 0 | | 4 | | 0.005 | | |
| 18:4.....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:2 n-6 c,c.....g | | | | | | | | | |
| 20:3 undifferentiated.....g | | | | | | | | | |
| 20:4 undifferentiated.....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:5 n-3 (EPA).....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:5 n-3 (DPA).....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:6 n-3 (DHA).....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| Fatty acids, total trans.....g | | | | | | | | | |
| Cholesterol.....mg | 0 | | 0 | | 7 | | 0 | | |
| Phytosterols.....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine.....mg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Theobromine.....mg | 0 | | 0 | BFSN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03181**
**Babyfood, cereal, barley, dry**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 6.80 | 0.200 | 22 | | 1 | | 0.16 | 1.02 | |
| Energy....kcal | 365 | | 0 | NC | 4 | | 9 | 55 | |
| Energy....kJ | 1527 | | 0 | | 4 | | 37 | 229 | |
| Protein (N x 5.83)....g | 11.10 | 0.100 | 23 | | 1 | | 0.27 | 1.67 | |
| Total lipid (fat)....g | 3.40 | 0.100 | 23 | | 1 | | 0.08 | 0.51 | |
| Ash....g | 3.40 | 0.100 | 22 | | 1 | | 0.08 | 0.51 | |
| Carbohydrate, by difference....g | 75.30 | | 0 | NC | 4 | | 1.81 | 11.30 | |
| Fiber, total dietary....g | 8.2 | | 0 | | 4 | | 0.2 | 1.2 | |
| Sugars, total....g | 3.10 | | 0 | T | 4 | | 0.07 | 0.47 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 795 | 8.000 | 19 | | 1 | | 19 | 119 | |
| Iron, Fe....mg | 47.50 | | 0 | | 1 | | 1.14 | 7.13 | |
| Magnesium, Mg....mg | 115 | 5.000 | 3 | | 1 | | 3 | 17 | |
| Phosphorus, P....mg | 439 | 3.000 | 6 | | 1 | | 11 | 66 | |
| Potassium, K....mg | 395 | | 16 | | 1 | | 9 | 59 | |
| Sodium, Na....mg | 12 | | 0 | LC | 8 | | 0 | 2 | |
| Zinc, Zn....mg | 3.13 | 0.185 | 3 | | 1 | | 0.08 | 0.47 | |
| Copper, Cu....mg | 0.467 | | 5 | | 1 | | 0.011 | 0.070 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 30.2 | 4.400 | 3 | A | 1 | | 0.7 | 4.5 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 2.2 | | 15 | | 1 | | 0.1 | 0.3 | |
| Thiamin....mg | 2.737 | | 18 | | 1 | | 0.066 | 0.411 | |
| Riboflavin....mg | 2.699 | 0.100 | 17 | | 1 | | 0.065 | 0.405 | |
| Niacin....mg | 35.988 | 1.784 | 17 | | 1 | | 0.864 | 5.398 | |
| Pantothenic acid....mg | 0.527 | | 0 | | 4 | | 0.013 | 0.079 | |
| Vitamin B-6....mg | 0.374 | | 5 | | 1 | | 0.009 | 0.056 | |
| Folate, total....µg | 29 | 2.800 | 6 | | 1 | | 1 | 4 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 29 | 2.800 | 6 | | 1 | | 1 | 4 | |
| Folate, DFE....mcg_DFE | 29 | | 0 | NC | 4 | | 1 | 4 | |
| Choline, total....mg | 45.4 | | 0 | FLA | 4 | | 1.1 | 6.8 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Carotene, alpha....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 0 | | 0 | NR | 4 | | 0 | 0 | |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 170 | | 0 | BFSN | 4 | | 4 | 25 | |
| Vitamin E (alpha-tocopherol)....mg | 5.00 | | 0 | T | 4 | | 0.12 | 0.75 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 2.3 | | 0 | BFSN | 4 | | 0.1 | 0.3 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03181**
**Babyfood, cereal, barley, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.418 | | 0 | | 4 | | 0.010 | 0.063 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.003 | | 0 | | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.274 | | 0 | | 4 | | 0.007 | 0.041 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.129 | | 0 | | 4 | | 0.003 | 0.019 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.666 | | 0 | | 4 | | 0.016 | 0.100 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.100 | | 0 | | 4 | | 0.002 | 0.015 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.558 | | 0 | | 4 | | 0.013 | 0.084 | |
| 20:1....g | 0.002 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.759 | | 0 | | 4 | | 0.042 | 0.264 | |
| 18:2 undifferentiated....g | 1.612 | | 0 | | 4 | | 0.039 | 0.242 | |
| 18:3 undifferentiated....g | 0.144 | | 0 | | 4 | | 0.003 | 0.022 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.136 | | 0 | | 1 | | 0.003 | 0.020 | |
| Threonine....g | 0.375 | | 0 | | 1 | | 0.009 | 0.056 | |
| Isoleucine....g | 0.419 | | 0 | | 1 | | 0.010 | 0.063 | |
| Leucine....g | 0.810 | | 0 | | 1 | | 0.019 | 0.122 | |
| Lysine....g | 0.365 | | 0 | | 1 | | 0.009 | 0.055 | |
| Methionine....g | 0.208 | | 0 | | 1 | | 0.005 | 0.031 | |
| Cystine....g | 0.264 | | 0 | | 1 | | 0.006 | 0.040 | |
| Phenylalanine....g | 0.657 | | 0 | | 1 | | 0.016 | 0.099 | |
| Tyrosine....g | 0.409 | | 0 | | 1 | | 0.010 | 0.061 | |
| Valine....g | 0.592 | | 0 | | 1 | | 0.014 | 0.089 | |
| Arginine....g | 0.566 | | 0 | | 1 | | 0.014 | 0.085 | |
| Histidine....g | 0.250 | | 0 | | 1 | | 0.006 | 0.038 | |
| Alanine....g | 0.422 | | 0 | | 1 | | 0.010 | 0.063 | |
| Aspartic acid....g | 0.640 | | 0 | | 1 | | 0.015 | 0.096 | |
| Glutamic acid....g | 3.184 | | 0 | | 1 | | 0.076 | 0.478 | |
| Glycine....g | 0.422 | | 0 | | 1 | | 0.010 | 0.063 | |
| Proline....g | 1.445 | | 0 | | 1 | | 0.035 | 0.217 | |
| Serine....g | 0.478 | | 0 | | 1 | | 0.011 | 0.072 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03181**
**Babyfood, cereal, barley, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 2.4g: 1 tbsp

Measure 2 = 15.0g: .5 oz

**Calories Factors: Protein** 3.55 **Fat** 8.37 **Carbohydrate** 3.95

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03681**
**Babyfood, cereal, barley, prepared with whole milk**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 82.19 | | 0 | RPA | 1 | | 23.30 | | |
| Energy | kcal | 84 | | 0 | NC | 4 | | 24 | | |
| Energy | kJ | 352 | | 0 | NC | 4 | | 100 | | |
| Protein (N x 0) | g | 3.73 | | 0 | RPA | 1 | | 1.06 | | |
| Total lipid (fat) | g | 3.26 | | 0 | RPI | 6 | | 0.92 | | |
| Ash | g | 0.87 | | 0 | RPA | 1 | | 0.25 | | |
| Carbohydrate, by difference | g | 9.94 | | 0 | RPI | 6 | | 2.82 | | |
| Fiber, total dietary | g | 0.6 | | 0 | RPI | 6 | | 0.2 | | |
| Sugars, total | g | 5.10 | | 0 | RPI | 6 | | 1.45 | | |
| Sucrose | g | 0.00 | | 0 | RPA | 1 | | 0.00 | | |
| Glucose (dextrose) | g | 0.00 | | 0 | RPA | 1 | | 0.00 | | |
| Fructose | g | 0.00 | | 0 | RPA | 1 | | 0.00 | | |
| Lactose | g | 4.68 | | 0 | RPA | 1 | | 1.33 | | |
| Maltose | g | 0.00 | | 0 | RPA | 1 | | 0.00 | | |
| Galactose | g | 0.00 | | 0 | RPA | 1 | | 0.00 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 162 | | 0 | RPA | 1 | | 46 | | |
| Iron, Fe | mg | 3.49 | | 0 | RPA | 1 | | 0.99 | | |
| Magnesium, Mg | mg | 18 | | 0 | RPA | 1 | | 5 | | |
| Phosphorus, P | mg | 110 | | 0 | RPA | 1 | | 31 | | |
| Potassium, K | mg | 151 | | 0 | RPA | 1 | | 43 | | |
| Sodium, Na | mg | 43 | | 0 | RPA | 1 | | 12 | | |
| Zinc, Zn | mg | 0.57 | | 0 | RPA | 1 | | 0.16 | | |
| Copper, Cu | mg | 0.057 | | 0 | RPA | 1 | | 0.016 | | |
| Manganese, Mn | mg | 0.004 | | 0 | RPA | 1 | | 0.001 | | |
| Selenium, Se | µg | 5.6 | | 0 | RPA | 1 | | 1.6 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.2 | | 0 | RPA | 1 | | 0.0 | | |
| Thiamin | mg | 0.242 | | 0 | RPA | 1 | | 0.069 | | |
| Riboflavin | mg | 0.353 | | 0 | RPA | 1 | | 0.100 | | |
| Niacin | mg | 2.707 | | 0 | RPA | 1 | | 0.768 | | |
| Pantothenic acid | mg | 0.384 | | 0 | RPI | 6 | | 0.109 | | |
| Vitamin B-6 | mg | 0.060 | | 0 | RPA | 1 | | 0.017 | | |
| Folate, total | µg | 7 | | 0 | RPA | 1 | | 2 | | |
| Folic acid | µg | 0 | | 0 | RPI | 6 | | 0 | | |
| Folate, food | µg | 7 | | 0 | RPA | 1 | | 2 | | |
| Folate, DFE | mcg_DFE | 7 | | 0 | NC | 4 | | 2 | | |
| Choline, total | mg | 16.6 | | 0 | RPI | 6 | | 4.7 | | |
| Betaine | mg | 0.6 | | 0 | RPA | 1 | | 0.2 | | |
| Vitamin B-12 | µg | 0.42 | | 0 | RPI | 6 | | 0.12 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | RPI | 6 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 43 | | 0 | RPI | 6 | | 12 | | |
| Retinol | µg | 42 | | 0 | RPI | 6 | | 12 | | |
| Carotene, beta | µg | 6 | | 0 | RPI | 6 | | 2 | | |
| Carotene, alpha | µg | 0 | | 0 | RPI | 6 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | RPI | 6 | | 0 | | |
| Vitamin A, IU | IU | 150 | | 0 | RPI | 6 | | 43 | | |
| Lycopene | µg | 0 | | 0 | RPI | 6 | | 0 | | |
| Lutein + zeaxanthin | µg | 12 | | 0 | RPI | 6 | | 4 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.43 | | 0 | RPI | 6 | | 0.12 | | |
| Vitamin E, added | mg | 0.00 | | 0 | RPI | 6 | | 0.00 | | |
| Tocopherol, beta | mg | 0.00 | | 0 | RPA | 1 | | 0.00 | | |
| Tocopherol, gamma | mg | 0.00 | | 0 | RPA | 1 | | 0.00 | | |
| Tocopherol, delta | mg | 0.00 | | 0 | RPA | 1 | | 0.00 | | |
| Vitamin D (D2 + D3) | µg | 1.2 | | 0 | RPI | 6 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03681**
**Babyfood, cereal, barley, prepared with whole milk**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 1.2 | | 0 | RPA | 1 | | 0.3 | | |
| Vitamin D....IU | 47 | | 0 | RPA | 1 | | 13 | | |
| Vitamin K (phylloquinone)....µg | 0.4 | | 0 | RPI | 6 | | 0.1 | | |
| Dihydrophylloquinone....µg | 0.0 | | 0 | RPA | 1 | | 0.0 | | |
| Menaquinone-4....µg | 0.9 | | 0 | RPA | 1 | | 0.2 | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.760 | | 0 | RPI | 6 | | 0.499 | | |
| 4:0....g | 0.069 | | 0 | RPI | 6 | | 0.020 | | |
| 6:0....g | 0.069 | | 0 | RPI | 6 | | 0.020 | | |
| 8:0....g | 0.069 | | 0 | RPI | 6 | | 0.020 | | |
| 10:0....g | 0.069 | | 0 | RPI | 6 | | 0.020 | | |
| 12:0....g | 0.071 | | 0 | RPI | 6 | | 0.020 | | |
| 13:0....g | 0.000 | | 0 | RPA | 1 | | 0.000 | | |
| 14:0....g | 0.275 | | 0 | RPI | 6 | | 0.078 | | |
| 15:0....g | 0.000 | | 0 | RPA | 1 | | 0.000 | | |
| 16:0....g | 0.788 | | 0 | RPI | 6 | | 0.224 | | |
| 17:0....g | 0.000 | | 0 | RPA | 1 | | 0.000 | | |
| 18:0....g | 0.348 | | 0 | RPI | 6 | | 0.099 | | |
| 20:0....g | 0.000 | | 0 | RPA | 1 | | 0.000 | | |
| 22:0....g | 0.000 | | 0 | RPA | 1 | | 0.000 | | |
| 24:0....g | 0.000 | | 0 | RPA | 1 | | 0.000 | | |
| Fatty acids, total monounsaturated....g | 0.802 | | 0 | RPI | 6 | | 0.227 | | |
| 14:1....g | 0.000 | | 0 | RPA | 1 | | 0.000 | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.007 | | 0 | RPI | 6 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.794 | | 0 | RPI | 6 | | 0.225 | | |
| 20:1....g | 0.000 | | 0 | RPI | 6 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | RPI | 6 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.309 | | 0 | RPI | 6 | | 0.088 | | |
| 18:2 undifferentiated....g | 0.229 | | 0 | RPI | 6 | | 0.065 | | |
| 18:3 undifferentiated....g | 0.080 | | 0 | RPI | 6 | | 0.023 | | |
| 18:4....g | 0.000 | | 0 | RPI | 6 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | RPI | 6 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | RPI | 6 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | RPI | 6 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | RPI | 6 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 10 | | 0 | RPI | 6 | | 3 | | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.060 | | 0 | | 1 | | 0.017 | | |
| Threonine....g | 0.157 | | 0 | RPA | 1 | | 0.045 | | |
| Isoleucine....g | 0.180 | | 0 | RPA | 1 | | 0.051 | | |
| Leucine....g | 0.300 | | 0 | RPA | 1 | | 0.085 | | |
| Lysine....g | 0.154 | | 0 | RPA | 1 | | 0.044 | | |
| Methionine....g | 0.083 | | 0 | RPA | 1 | | 0.024 | | |
| Cystine....g | 0.034 | | 0 | RPA | 1 | | 0.010 | | |
| Phenylalanine....g | 0.181 | | 0 | RPA | 1 | | 0.051 | | |
| Tyrosine....g | 0.167 | | 0 | RPA | 1 | | 0.047 | | |
| Valine....g | 0.218 | | 0 | RPA | 1 | | 0.062 | | |
| Arginine....g | 0.109 | | 0 | RPA | 1 | | 0.031 | | |
| Histidine....g | 0.086 | | 0 | RPA | 1 | | 0.024 | | |
| Alanine....g | 0.124 | | 0 | RPA | 1 | | 0.035 | | |
| Aspartic acid....g | 0.262 | | 0 | RPA | 1 | | 0.074 | | |
| Glutamic acid....g | 0.820 | | 0 | RPA | 1 | | 0.233 | | |
| Glycine....g | 0.099 | | 0 | RPA | 1 | | 0.028 | | |
| Proline....g | 0.415 | | 0 | RPA | 1 | | 0.118 | | |
| Serine....g | 0.132 | | 0 | RPA | 1 | | 0.037 | | |
| Hydroxyproline....g | | | | | | | | | |

**NDB No. 03681**
**Babyfood, cereal, barley, prepared with whole milk**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | RPI | 6 | | 0.0 | | |
| Caffeine.....mg | 0 | | 0 | RPI | 6 | | 0 | | |
| Theobromine.....mg | 0 | | 0 | RPI | 6 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 42285**
**Babyfood, cereal, brown rice, dry, instant**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 1.00 | | 0 | NC | 4 | | 0.04 | | |
| Energy | kcal | 404 | | 0 | NC | 4 | | 15 | | |
| Energy | kJ | 1692 | | 0 | NC | 4 | | 63 | | |
| Protein | g | 8.70 | | 0 | FLA | 4 | | 0.32 | | |
| Total lipid (fat) | g | 3.00 | | 0 | FLA | 4 | | 0.11 | | |
| Ash | g | 1.65 | | 0 | FLA | 4 | | 0.06 | | |
| Carbohydrate, by difference | g | 85.65 | | 0 | FLA | 4 | | 3.17 | | |
| Fiber, total dietary | g | 6.5 | | 0 | FLA | 4 | | 0.2 | | |
| Sugars, total | g | 0.92 | | 0 | FLA | 4 | | 0.03 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 55 | | 0 | FLA | 4 | | 2 | | |
| Iron, Fe | mg | 47.60 | | 0 | NR | 4 | | 1.76 | | |
| Magnesium, Mg | mg | 28 | | 0 | FLA | 4 | | 1 | | |
| Phosphorus, P | mg | 272 | | 0 | FLA | 4 | | 10 | | |
| Potassium, K | mg | 386 | | 0 | FLA | 4 | | 14 | | |
| Sodium, Na | mg | 9 | | 0 | LC | 8 | | 0 | | |
| Zinc, Zn | mg | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Copper, Cu | mg | 0.368 | | 0 | NR | 4 | | 0.014 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 23.4 | | 0 | BFZN | 4 | | 0.9 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Thiamin | mg | 0.930 | | 0 | FLA | 4 | | 0.034 | | |
| Riboflavin | mg | 0.170 | | 0 | FLA | 4 | | 0.006 | | |
| Niacin | mg | 16.000 | | 0 | FLA | 4 | | 0.592 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.980 | | 0 | FLA | 4 | | 0.036 | | |
| Folate, total | µg | 15 | | 0 | FLA | 4 | | 1 | | |
| Folic acid | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Folate, food | µg | 15 | | 0 | FLA | 4 | | 1 | | |
| Folate, DFE | mcg_DFE | 15 | | 0 | NC | 4 | | 1 | | |
| Choline, total | mg | 33.1 | | 0 | FLA | 4 | | 1.2 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 0 | | 0 | NC | 4 | | 0 | | |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Carotene, beta | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin A, IU | IU | 0 | | 0 | NC | 4 | | 0 | | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 1.29 | | 0 | FLA | 4 | | 0.05 | | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 2.0 | | 0 | FLA | 4 | | 0.1 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 42285**
**Babyfood, cereal, brown rice, dry, instant**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 0.600 | | 0 | NR | 4 | | 0.022 | | |
| 4:0....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 12:0....g | 0.003 | | 0 | NR | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.011 | | 0 | NR | 4 | | 0.000 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.512 | | 0 | NR | 4 | | 0.019 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.053 | | 0 | NR | 4 | | 0.002 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.080 | | 0 | NR | 4 | | 0.040 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.010 | | 0 | NR | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.075 | | 0 | NR | 4 | | 0.040 | | |
| 20:1....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.070 | | 0 | NR | 4 | | 0.040 | | |
| 18:2 undifferentiated....g | 1.027 | | 0 | NR | 4 | | 0.038 | | |
| 18:3 undifferentiated....g | 0.045 | | 0 | NR | 4 | | 0.002 | | |
| 18:4....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 3.7g: 1 tbsp

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03201**
**Babyfood, cereal, egg yolks and bacon, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 85.90 | 0.100 | 19 | | 1 | | 24.35 | 146.03 | |
| Energy | kcal | 79 | | 0 | NC | 4 | | 22 | 134 | |
| Energy | kJ | 331 | | | | 4 | | 94 | 562 | |
| Protein (N x 6.03) | g | 2.50 | 0.000 | 16 | | 1 | | 0.71 | 4.25 | |
| Total lipid (fat) | g | 5.00 | 0.000 | 16 | | 1 | | 1.42 | 8.50 | |
| Ash | g | 0.40 | 0.000 | 16 | | 1 | | 0.11 | 0.68 | |
| Carbohydrate, by difference | g | 6.20 | | 0 | NC | 4 | | 1.76 | 10.54 | |
| Fiber, total dietary | g | 0.9 | | 0 | | 4 | | 0.3 | 1.5 | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 28 | 4.000 | 17 | | 1 | | 8 | 48 | |
| Iron, Fe | mg | 0.47 | | 17 | | 1 | | 0.13 | 0.80 | |
| Magnesium, Mg | mg | 5 | | 1 | | 1 | | 1 | 9 | |
| Phosphorus, P | mg | 50 | | 0 | | 4 | | 14 | 85 | |
| Potassium, K | mg | 35 | 1.000 | 13 | | 1 | | 10 | 60 | |
| Sodium, Na | mg | 48 | 2.000 | 13 | | 1 | | 14 | 82 | |
| Zinc, Zn | mg | 0.27 | | 1 | | 1 | | 0.08 | 0.46 | |
| Copper, Cu | mg | 0.020 | | 1 | | 1 | | 0.006 | 0.034 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | | | | | | | | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.9 | 0.000 | 15 | | 1 | | 0.3 | 1.5 | |
| Thiamin | mg | 0.050 | 0.000 | 16 | | 1 | | 0.014 | 0.085 | |
| Riboflavin | mg | 0.077 | 0.000 | 16 | | 1 | | 0.022 | 0.131 | |
| Niacin | mg | 0.266 | 0.008 | 16 | | 1 | | 0.075 | 0.452 | |
| Pantothenic acid | mg | 1.105 | | 0 | | 4 | | 0.313 | 1.879 | |
| Vitamin B-6 | mg | 0.026 | | 0 | | 4 | | 0.007 | 0.044 | |
| Folate, total | µg | 4 | 0.100 | 3 | | 1 | | 1 | 7 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 4 | 0.100 | 3 | | 1 | | 1 | 7 | |
| Folate, DFE | mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 7 | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.09 | | 0 | | 4 | | 0.03 | 0.15 | |
| Vitamin A, RAE | mcg_RAE | 28 | | 0 | NC | 4 | | 8 | 48 | |
| Retinol | µg | 28 | | 0 | NC | 4 | | 8 | 48 | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | 94 | 13.000 | 13 | | 1 | | 27 | 160 | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |
| Fatty acids, total saturated | g | 1.640 | | 0 | | 4 | | 0.465 | 2.788 | |
| 4:0 | g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |

**NDB No. 03201**
**Babyfood, cereal, egg yolks and bacon, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| 6:0 ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0 ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0 ... g | 0.005 | | 0 | | 4 | | 0.001 | 0.009 | |
| 12:0 ... g | 0.004 | | 0 | | 4 | | 0.001 | 0.007 | |
| 13:0 ... g | | | | | | | | | |
| 14:0 ... g | 0.042 | | 0 | | 4 | | 0.012 | 0.071 | |
| 15:0 ... g | | | | | | | | | |
| 16:0 ... g | 1.104 | | 0 | | 4 | | 0.313 | 1.877 | |
| 17:0 ... g | | | | | | | | | |
| 18:0 ... g | 0.483 | | 0 | | 4 | | 0.137 | 0.821 | |
| 20:0 ... g | | | | | | | | | |
| 22:0 ... g | | | | | | | | | |
| 24:0 ... g | | | | | | | | | |
| Fatty acids, total monounsaturated ... g | 2.207 | | 0 | | 4 | | 0.626 | 3.752 | |
| 14:1 ... g | | | | | | | | | |
| 15:1 ... g | | | | | | | | | |
| 16:1 undifferentiated ... g | 0.168 | | 0 | | 4 | | 0.048 | 0.286 | |
| 17:1 ... g | | | | | | | | | |
| 18:1 undifferentiated ... g | 2.038 | | 0 | | 4 | | 0.578 | 3.465 | |
| 20:1 ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c ... g | | | | | | | | | |
| Fatty acids, total polyunsaturated ... g | 0.641 | | 0 | | 4 | | 0.182 | 1.090 | |
| 18:2 undifferentiated ... g | 0.546 | | 0 | | 4 | | 0.155 | 0.928 | |
| 18:3 undifferentiated ... g | 0.051 | | 0 | | 4 | | 0.014 | 0.087 | |
| 18:4 ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c ... g | | | | | | | | | |
| 20:3 undifferentiated ... g | | | | | | | | | |
| 20:4 undifferentiated ... g | 0.025 | | 0 | | 4 | | 0.007 | 0.043 | |
| 20:5 n-3 (EPA) ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA) ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA) ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans ... g | | | | | | | | | |
| Cholesterol ... mg | 94 | | 0 | | 4 | | 27 | 160 | |
| Phytosterols ... mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl ... g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine ... mg | | | | | | | | | |
| Theobromine ... mg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 4.2 **Fat** 8.8 **Carbohydrate** 3.9

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03682**
**Babyfood, cereal, high protein, prepared with whole milk**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 74.50 | | 0 | | 1 | | 21.12 | | |
| Energy | kcal | 111 | | 0 | NC | 4 | | 31 | | |
| Energy | kJ | 464 | | | | 4 | | 132 | | |
| Protein (N x 0) | g | 8.70 | | 0 | | 1 | | 2.47 | | |
| Total lipid (fat) | g | 3.80 | | 0 | | 1 | | 1.08 | | |
| Ash | g | 1.50 | | 0 | | 1 | | 0.43 | | |
| Carbohydrate, by difference | g | 11.60 | | 0 | NC | 4 | | 3.29 | | |
| Fiber, total dietary | g | | | | | | | | | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 218 | | 0 | | 1 | | 62 | | |
| Iron, Fe | mg | 12.14 | | 0 | | 1 | | 3.44 | | |
| Magnesium, Mg | mg | 48 | | 0 | | 1 | | 14 | | |
| Phosphorus, P | mg | 177 | | 0 | | 1 | | 50 | | |
| Potassium, K | mg | 349 | | 0 | | 1 | | 99 | | |
| Sodium, Na | mg | 49 | | 0 | | 1 | | 14 | | |
| Zinc, Zn | mg | 1.04 | | 0 | | 1 | | 0.30 | | |
| Copper, Cu | mg | 0.217 | | 0 | | 4 | | 0.062 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | | | | | | | | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | | | | | | | | | |
| Thiamin | mg | 0.470 | | 0 | | 1 | | 0.133 | | |
| Riboflavin | mg | 0.579 | | 0 | | 1 | | 0.164 | | |
| Niacin | mg | 5.668 | | 0 | | 1 | | 1.607 | | |
| Pantothenic acid | mg | 0.465 | | 0 | | 4 | | 0.132 | | |
| Vitamin B-6 | mg | 0.113 | | 0 | | 1 | | 0.032 | | |
| Folate, total | µg | 35 | | 0 | | 1 | | 10 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 35 | | 0 | | 1 | | 10 | | |
| Folate, DFE | mcg_DFE | 35 | | 0 | NC | 4 | | 10 | | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.30 | | 0 | | 4 | | 0.09 | | |
| Vitamin A, RAE | mcg_RAE | | | | | | | | | |
| Retinol | µg | | | | | | | | | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | 105 | | 0 | | 4 | | 30 | | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | | |
| Tryptophan | g | 0.129 | | 0 | | 1 | | 0.037 | | |
| Threonine | g | 0.364 | | 0 | | 1 | | 0.103 | | |

**NDB No. 03682**
**Babyfood, cereal, high protein, prepared with whole milk**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Isoleucine.....g | 0.454 | | 0 | | 1 | | 0.129 | | |
| Leucine.....g | 0.752 | | 0 | | 1 | | 0.213 | | |
| Lysine.....g | 0.607 | | 0 | | 1 | | 0.172 | | |
| Methionine.....g | 0.169 | | 0 | | 1 | | 0.048 | | |
| Cystine.....g | 0.144 | | 0 | | 1 | | 0.041 | | |
| Phenylalanine.....g | 0.443 | | 0 | | 1 | | 0.126 | | |
| Tyrosine.....g | 0.363 | | 0 | | 1 | | 0.103 | | |
| Valine.....g | 0.488 | | 0 | | 1 | | 0.138 | | |
| Arginine.....g | 0.558 | | 0 | | 1 | | 0.158 | | |
| Histidine.....g | 0.241 | | 0 | | 1 | | 0.068 | | |
| Alanine.....g | 0.364 | | 0 | | 1 | | 0.103 | | |
| Aspartic acid.....g | 0.934 | | 0 | | 1 | | 0.265 | | |
| Glutamic acid.....g | 1.791 | | 0 | | 1 | | 0.508 | | |
| Glycine.....g | 0.333 | | 0 | | 1 | | 0.094 | | |
| Proline.....g | 0.608 | | 0 | | 1 | | 0.172 | | |
| Serine.....g | 0.465 | | 0 | | 1 | | 0.132 | | |
| Hydroxyproline.....g | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03211**
**Babyfood, cereal, high protein, with apple and orange, dry**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 5.30 | | 1 | | 1 | | 0.13 | 0.75 | |
| Energy ... kcal | 374 | | 0 | NC | 4 | | 9 | 53 | |
| Energy ... kJ | 1565 | | | | 4 | | 38 | 222 | |
| Protein (N x 5.85) ... g | 25.40 | | 4 | | 1 | | 0.61 | 3.61 | |
| Total lipid (fat) ... g | 6.50 | | 4 | | 1 | | 0.16 | 0.92 | |
| Ash ... g | 5.20 | | 1 | | 1 | | 0.12 | 0.74 | |
| Carbohydrate, by difference ... g | 57.60 | | 0 | NC | 4 | | 1.38 | 8.18 | |
| Fiber, total dietary ... g | 7.1 | | 0 | | 4 | | 0.2 | 1.0 | |
| Sugars, total ... g | | | | | | | | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 751 | | 3 | | 1 | | 18 | 107 | |
| Iron, Fe ... mg | 47.50 | | 0 | | 1 | | 1.14 | 6.75 | |
| Magnesium, Mg ... mg | 159 | | 1 | | 1 | | 4 | 23 | |
| Phosphorus, P ... mg | 539 | | 1 | | 1 | | 13 | 77 | |
| Potassium, K ... mg | 1330 | | 1 | | 1 | | 32 | 189 | |
| Sodium, Na ... mg | 104 | | 2 | | 1 | | 2 | 15 | |
| Zinc, Zn ... mg | 2.70 | | 1 | | 1 | | 0.06 | 0.38 | |
| Copper, Cu ... mg | 0.964 | | 0 | | 4 | | 0.023 | 0.137 | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 28.3 | | 0 | BFZN | 4 | | 0.7 | 4.0 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 3.1 | | 3 | | 1 | | 0.1 | 0.4 | |
| Thiamin ... mg | 3.790 | 0.210 | 5 | | 1 | | 0.091 | 0.538 | |
| Riboflavin ... mg | 4.330 | 0.268 | 5 | | 1 | | 0.104 | 0.615 | |
| Niacin ... mg | 23.830 | 1.288 | 5 | | 1 | | 0.572 | 3.384 | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.351 | | 3 | | 1 | | 0.008 | 0.050 | |
| Folate, total ... µg | 190 | | 0 | | 4 | | 5 | 27 | |
| Folic acid ... µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food ... µg | 190 | | 0 | | 4 | | 5 | 27 | |
| Folate, DFE ... mcg_DFE | 190 | | 0 | NC | 4 | | 5 | 27 | |
| Choline, total ... mg | | | | | | | | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.30 | | 2 | | 1 | | 0.01 | 0.04 | |
| Vitamin A, RAE ... mcg_RAE | 3 | | 0 | NC | 4 | | 0 | 0 | |
| Retinol ... µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta ... µg | | | | | | | | | |
| Carotene, alpha ... µg | | | | | | | | | |
| Cryptoxanthin, beta ... µg | | | | | | | | | |
| Vitamin A, IU ... IU | 54 | 17.000 | 4 | | 1 | | 1 | 8 | |
| Lycopene ... µg | | | | | | | | | |
| Lutein + zeaxanthin ... µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) ... mg | | | | | | | | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | | | | | | | | | |
| Vitamin K (phylloquinone) ... µg | | | | | | | | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated ... g | 0.960 | | 0 | | 4 | | 0.023 | 0.136 | |
| 4:0 ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |

**NDB No. 03211**

**Babyfood, cereal, high protein, with apple and orange, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| 6:0 ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0 ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0 ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0 ... g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0 ... g | | | | | | | | | |
| 14:0 ... g | 0.013 | | 0 | | 4 | | 0.000 | 0.002 | |
| 15:0 ... g | | | | | | | | | |
| 16:0 ... g | 0.716 | | 0 | | 4 | | 0.017 | 0.102 | |
| 17:0 ... g | | | | | | | | | |
| 18:0 ... g | 0.220 | | 0 | | 4 | | 0.005 | 0.031 | |
| 20:0 ... g | | | | | | | | | |
| 22:0 ... g | | | | | | | | | |
| 24:0 ... g | | | | | | | | | |
| Fatty acids, total monounsaturated ... g | 1.231 | | 0 | | 4 | | 0.030 | 0.175 | |
| 14:1 ... g | | | | | | | | | |
| 15:1 ... g | | | | | | | | | |
| 16:1 undifferentiated ... g | 0.019 | | 0 | | 4 | | 0.000 | 0.003 | |
| 17:1 ... g | | | | | | | | | |
| 18:1 undifferentiated ... g | 1.207 | | 0 | | 4 | | 0.029 | 0.171 | |
| 20:1 ... g | 0.003 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c ... g | | | | | | | | | |
| Fatty acids, total polyunsaturated ... g | 3.429 | | 0 | | 4 | | 0.082 | 0.487 | |
| 18:2 undifferentiated ... g | 3.022 | | 0 | | 4 | | 0.073 | 0.429 | |
| 18:3 undifferentiated ... g | 0.403 | | 0 | | 4 | | 0.010 | 0.057 | |
| 18:4 ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c ... g | | | | | | | | | |
| 20:3 undifferentiated ... g | | | | | | | | | |
| 20:4 undifferentiated ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA) ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA) ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA) ... g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans ... g | | | | | | | | | |
| Cholesterol ... mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols ... mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl ... g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine ... mg | | | | | | | | | |
| Theobromine ... mg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 2.4g: 1 tbsp

Measure 2 = 14.2g: .5 oz

**Calories Factors: Protein** 3.5 **Fat** 8.4 **Carbohydrate** 4

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03711**

**Babyfood, cereal, high protein, with apple and orange, prepared with whole milk**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 74.40 | | 0 | | 1 | | 21.09 | | |
| Energy | kcal | 112 | | 0 | NC | 4 | | 32 | | |
| Energy | kJ | 469 | | | | 4 | | 133 | | |
| Protein (N x 0) | g | 6.90 | | 0 | | 1 | | 1.96 | | |
| Total lipid (fat) | g | 3.90 | | 0 | | 1 | | 1.11 | | |
| Ash | g | 1.50 | | 0 | | 1 | | 0.43 | | |
| Carbohydrate, by difference | g | 13.40 | | 0 | NC | 4 | | 3.80 | | |
| Fiber, total dietary | g | | | | | | | | | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 223 | | 0 | | 1 | | 63 | | |
| Iron, Fe | mg | 14.42 | | 0 | | 1 | | 4.09 | | |
| Magnesium, Mg | mg | 37 | | 0 | | 1 | | 10 | | |
| Phosphorus, P | mg | 166 | | 0 | | 1 | | 47 | | |
| Potassium, K | mg | 346 | | 0 | | 1 | | 98 | | |
| Sodium, Na | mg | 58 | | 0 | | 1 | | 16 | | |
| Zinc, Zn | mg | 0.76 | | 0 | | 1 | | 0.22 | | |
| Copper, Cu | mg | 0.166 | | 0 | | 4 | | 0.047 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | | | | | | | | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | | | | | | | | | |
| Thiamin | mg | 0.655 | | 0 | | 1 | | 0.186 | | |
| Riboflavin | mg | 0.847 | | 0 | | 1 | | 0.240 | | |
| Niacin | mg | 3.987 | | 0 | | 1 | | 1.130 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.092 | | 0 | | 1 | | 0.026 | | |
| Folate, total | µg | 28 | | 0 | | 4 | | 8 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 28 | | 0 | | 4 | | 8 | | |
| Folate, DFE | mcg_DFE | 28 | | 0 | NC | 4 | | 8 | | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.35 | | 0 | | 1 | | 0.10 | | |
| Vitamin A, RAE | mcg_RAE | | | | | | | | | |
| Retinol | µg | | | | | | | | | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | | | | | | | | | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03711**

**Babyfood, cereal, high protein, with apple and orange, prepared with whole milk**

**Common Measures:**

Measure 1 = 28.35g: 1 oz

| **Calories Factors: Protein** | **Fat** | **Carbohydrate** |
|---|---|---|

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03185**
**Babyfood, cereal, mixed, dry**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 6.70 | 0.200 | 22 | | 1 | | 0.17 | 1.01 | |
| Energy....kcal | 379 | | 0 | NC | 4 | | 9 | 57 | |
| Energy....kJ | 1587 | | 0 | NC | 4 | | 40 | 238 | |
| Protein (N x 5.9)....g | 12.20 | 0.100 | 23 | | 1 | | 0.31 | 1.83 | |
| Total lipid (fat)....g | 4.40 | 0.100 | 23 | | 1 | | 0.11 | 0.66 | |
| Ash....g | 3.30 | 0.100 | 22 | | 1 | | 0.08 | 0.50 | |
| Carbohydrate, by difference....g | 73.40 | | 0 | NC | 4 | | 1.84 | 11.01 | |
| Fiber, total dietary....g | 7.5 | | 0 | | 4 | | 0.2 | 1.1 | |
| Sugars, total....g | 0.87 | | 0 | FLA | 4 | | 0.02 | 0.13 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 733 | | 14 | | 1 | | 18 | 110 | |
| Iron, Fe....mg | 47.50 | | 0 | | 1 | | 1.19 | 7.13 | |
| Magnesium, Mg....mg | 100 | 4.000 | 3 | | 1 | | 3 | 15 | |
| Phosphorus, P....mg | 392 | 8.000 | 15 | | 1 | | 10 | 59 | |
| Potassium, K....mg | 437 | 11.000 | 15 | | 1 | | 11 | 66 | |
| Sodium, Na....mg | 3 | | 0 | LC | 8 | | 0 | 0 | |
| Zinc, Zn....mg | 2.40 | 0.173 | 3 | | 1 | | 0.06 | 0.36 | |
| Copper, Cu....mg | 0.334 | | 5 | | 1 | | 0.008 | 0.050 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 25.9 | 3.500 | 4 | A | 1 | | 0.6 | 3.9 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 2.3 | | 15 | | 1 | | 0.1 | 0.3 | |
| Thiamin....mg | 2.438 | | 19 | | 1 | | 0.061 | 0.366 | |
| Riboflavin....mg | 2.717 | 0.127 | 18 | | 1 | | 0.068 | 0.408 | |
| Niacin....mg | 34.714 | 1.840 | 18 | | 1 | | 0.868 | 5.207 | |
| Pantothenic acid....mg | 1.074 | | 0 | | 4 | | 0.027 | 0.161 | |
| Vitamin B-6....mg | 0.189 | | 5 | | 1 | | 0.005 | 0.028 | |
| Folate, total....µg | 43 | 2.400 | 6 | | 1 | | 1 | 6 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 43 | 2.400 | 6 | | 1 | | 1 | 6 | |
| Folate, DFE....mcg_DFE | 43 | | 0 | NC | 4 | | 1 | 6 | |
| Choline, total....mg | 23.2 | | 0 | FLA | 4 | | 0.6 | 3.5 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 0 | |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 9 | | 0 | BNA | 4 | | 0 | 1 | |
| Carotene, alpha....µg | 6 | | 0 | BNA | 4 | | 0 | 1 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 20 | | 0 | | 4 | | 1 | 3 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 148 | | 0 | O | 4 | | 4 | 22 | |
| Vitamin E (alpha-tocopherol)....mg | 3.68 | | 0 | BNA | 4 | | 0.09 | 0.55 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | 0.21 | | 0 | BNA | 4 | | 0.01 | 0.03 | |
| Tocopherol, gamma....mg | 0.00 | | 0 | BNA | 4 | | 0.00 | 0.00 | |
| Tocopherol, delta....mg | 0.26 | | 0 | BNA | 4 | | 0.01 | 0.04 | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 1.5 | | 0 | FLA | 4 | | 0.0 | 0.2 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03185**
**Babyfood, cereal, mixed, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.769 | | 0 | | 4 | | 0.019 | 0.115 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.006 | | 0 | | 4 | | 0.000 | 0.001 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.009 | | 0 | | 4 | | 0.000 | 0.001 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.007 | | 0 | | 4 | | 0.000 | 0.001 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.654 | | 0 | | 4 | | 0.016 | 0.098 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.046 | | 0 | | 4 | | 0.001 | 0.007 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.206 | | 0 | | 4 | | 0.030 | 0.181 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.010 | | 0 | | 4 | | 0.000 | 0.002 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.192 | | 0 | | 4 | | 0.030 | 0.179 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.697 | | 0 | | 4 | | 0.042 | 0.255 | |
| 18:2 undifferentiated....g | 1.616 | | 0 | | 4 | | 0.040 | 0.242 | |
| 18:3 undifferentiated....g | 0.040 | | 0 | | 4 | | 0.001 | 0.006 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.158 | | 0 | | 1 | | 0.004 | 0.024 | |
| Threonine....g | 0.400 | | 0 | | 1 | | 0.010 | 0.060 | |
| Isoleucine....g | 0.477 | | 0 | | 1 | | 0.012 | 0.072 | |
| Leucine....g | 1.041 | | 0 | | 1 | | 0.026 | 0.156 | |
| Lysine....g | 0.404 | | 0 | | 1 | | 0.010 | 0.061 | |
| Methionine....g | 0.240 | | 0 | | 1 | | 0.006 | 0.036 | |
| Cystine....g | 0.346 | | 0 | | 1 | | 0.009 | 0.052 | |
| Phenylalanine....g | 0.672 | | 0 | | 1 | | 0.017 | 0.101 | |
| Tyrosine....g | 0.491 | | 0 | | 1 | | 0.012 | 0.074 | |
| Valine....g | 0.653 | | 0 | | 1 | | 0.016 | 0.098 | |
| Arginine....g | 0.703 | | 0 | | 1 | | 0.018 | 0.105 | |
| Histidine....g | 0.286 | | 0 | | 1 | | 0.007 | 0.043 | |
| Alanine....g | 0.583 | | 0 | | 1 | | 0.015 | 0.087 | |
| Aspartic acid....g | 0.726 | | 0 | | 1 | | 0.018 | 0.109 | |
| Glutamic acid....g | 3.184 | | 0 | | 1 | | 0.080 | 0.478 | |
| Glycine....g | 0.551 | | 0 | | 1 | | 0.014 | 0.083 | |
| Proline....g | 1.047 | | 0 | | 1 | | 0.026 | 0.157 | |
| Serine....g | 0.570 | | 0 | | 1 | | 0.014 | 0.086 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03185**
**Babyfood, cereal, mixed, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

**Calories Factors: Protein** 3.4 **Fat** 8.4 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03685**
**Babyfood, cereal, mixed, prepared with whole milk (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 79.21 | | 0 | RA | 4 | | 22.46 | | |
| Energy | kcal | 96 | | 0 | NC | 4 | | 27 | | |
| Energy | kJ | 402 | | 0 | NC | 4 | | 114 | | |
| Protein (N x 0) | g | 4.14 | | 0 | RA | 4 | | 1.17 | | |
| Total lipid (fat) | g | 3.38 | | 0 | RA | 4 | | 0.96 | | |
| Ash | g | 0.96 | | 0 | RA | 4 | | 0.27 | | |
| Carbohydrate, by difference | g | 12.30 | | 0 | RA | 4 | | 3.49 | | |
| Fiber, total dietary | g | 0.8 | | 0 | RA | 4 | | 0.2 | | |
| Sugars, total | g | 4.78 | | 0 | RA | 4 | | 1.35 | | |
| Sucrose | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Glucose (dextrose) | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Fructose | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Lactose | g | 4.50 | | 0 | RA | 4 | | 1.28 | | |
| Maltose | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Galactose | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 220 | | 0 | RA | 4 | | 62 | | |
| Iron, Fe | mg | 10.43 | | 0 | RA | 4 | | 2.96 | | |
| Magnesium, Mg | mg | 20 | | 0 | RA | 4 | | 6 | | |
| Phosphorus, P | mg | 118 | | 0 | RA | 4 | | 33 | | |
| Potassium, K | mg | 166 | | 0 | RA | 4 | | 47 | | |
| Sodium, Na | mg | 42 | | 0 | RA | 4 | | 12 | | |
| Zinc, Zn | mg | 0.59 | | 0 | RA | 4 | | 0.17 | | |
| Copper, Cu | mg | 0.059 | | 0 | RA | 4 | | 0.017 | | |
| Manganese, Mn | mg | 0.004 | | 0 | RA | 4 | | 0.001 | | |
| Selenium, Se | µg | 6.1 | | 0 | RA | 4 | | 1.7 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.3 | | 0 | RA | 4 | | 0.1 | | |
| Thiamin | mg | 0.308 | | 0 | RA | 4 | | 0.087 | | |
| Riboflavin | mg | 0.448 | | 0 | RA | 4 | | 0.127 | | |
| Niacin | mg | 3.880 | | 0 | RA | 4 | | 1.100 | | |
| Pantothenic acid | mg | 0.450 | | 0 | RA | 4 | | 0.127 | | |
| Vitamin B-6 | mg | 0.053 | | 0 | RA | 4 | | 0.015 | | |
| Folate, total | µg | 9 | | 0 | RA | 4 | | 3 | | |
| Folic acid | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Folate, food | µg | 9 | | 0 | RA | 4 | | 3 | | |
| Folate, DFE | mcg_DFE | 9 | | 0 | NC | 4 | | 3 | | |
| Choline, total | mg | 15.3 | | 0 | RA | 4 | | 4.3 | | |
| Betaine | mg | 0.5 | | 0 | RA | 4 | | 0.2 | | |
| Vitamin B-12 | µg | 0.40 | | 0 | RA | 4 | | 0.11 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 41 | | 0 | RA | 4 | | 12 | | |
| Retinol | µg | 40 | | 0 | RA | 4 | | 11 | | |
| Carotene, beta | µg | 7 | | 0 | RA | 4 | | 2 | | |
| Carotene, alpha | µg | 1 | | 0 | RA | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Vitamin A, IU | IU | 146 | | 0 | RA | 4 | | 41 | | |
| Lycopene | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 16 | | 0 | RA | 4 | | 5 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.47 | | 0 | RA | 4 | | 0.13 | | |
| Vitamin E, added | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, beta | mg | 0.02 | | 0 | RA | 4 | | 0.01 | | |
| Tocopherol, gamma | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, delta | mg | 0.03 | | 0 | RA | 4 | | 0.01 | | |
| Vitamin D (D2 + D3) | µg | 1.1 | | 0 | RA | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03685**
**Babyfood, cereal, mixed, prepared with whole milk (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 1.1 | | 0 | RA | 4 | | 0.3 | | |
| Vitamin D....IU | 45 | | 0 | RA | 4 | | 13 | | |
| Vitamin K (phylloquinone)....µg | 0.4 | | 0 | RA | 4 | | 0.1 | | |
| Dihydrophylloquinone....µg | 0.0 | | 0 | RA | 4 | | 0.0 | | |
| Menaquinone-4....µg | 0.8 | | 0 | RA | 4 | | 0.2 | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.745 | | 0 | RA | 4 | | 0.495 | | |
| 4:0....g | 0.066 | | 0 | RA | 4 | | 0.019 | | |
| 6:0....g | 0.066 | | 0 | RA | 4 | | 0.019 | | |
| 8:0....g | 0.067 | | 0 | RA | 4 | | 0.019 | | |
| 10:0....g | 0.066 | | 0 | RA | 4 | | 0.019 | | |
| 12:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 13:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 14:0....g | 0.265 | | 0 | RA | 4 | | 0.075 | | |
| 15:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 16:0....g | 0.810 | | 0 | RA | 4 | | 0.230 | | |
| 17:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 18:0....g | 0.330 | | 0 | RA | 4 | | 0.094 | | |
| 20:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 24:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| Fatty acids, total monounsaturated....g | 0.855 | | 0 | RA | 4 | | 0.243 | | |
| 14:1....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | RA | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.854 | | 0 | RA | 4 | | 0.242 | | |
| 20:1....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.359 | | 0 | RA | 4 | | 0.102 | | |
| 18:2 undifferentiated....g | 0.284 | | 0 | RA | 4 | | 0.080 | | |
| 18:3 undifferentiated....g | 0.071 | | 0 | RA | 4 | | 0.020 | | |
| 18:4....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 9 | | 0 | RA | 4 | | 3 | | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.064 | | 0 | | 1 | | 0.018 | | |
| Threonine....g | 0.190 | | 0 | | 1 | | 0.054 | | |
| Isoleucine....g | 0.244 | | 0 | | 1 | | 0.069 | | |
| Leucine....g | 0.440 | | 0 | | 1 | | 0.125 | | |
| Lysine....g | 0.166 | | 0 | RA | 4 | | 0.047 | | |
| Methionine....g | 0.091 | | 0 | RA | 4 | | 0.026 | | |
| Cystine....g | 0.052 | | 0 | RA | 4 | | 0.015 | | |
| Phenylalanine....g | 0.202 | | 0 | RA | 4 | | 0.057 | | |
| Tyrosine....g | 0.186 | | 0 | RA | 4 | | 0.053 | | |
| Valine....g | 0.239 | | 0 | RA | 4 | | 0.068 | | |
| Arginine....g | 0.142 | | 0 | RA | 4 | | 0.040 | | |
| Histidine....g | 0.097 | | 0 | RA | 4 | | 0.027 | | |
| Alanine....g | 0.153 | | 0 | RA | 4 | | 0.043 | | |
| Aspartic acid....g | 0.286 | | 0 | RA | 4 | | 0.081 | | |
| Glutamic acid....g | 1.099 | | 0 | | 1 | | 0.312 | | |
| Glycine....g | 0.126 | | 0 | RA | 4 | | 0.036 | | |
| Proline....g | 0.412 | | 0 | RA | 4 | | 0.117 | | |
| Serine....g | 0.155 | | 0 | RA | 4 | | 0.044 | | |
| Hydroxyproline....g | | | | | | | | | |

**NDB No. 03685**
**Babyfood, cereal, mixed, prepared with whole milk (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | RA | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | RA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | RA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Footnotes:**

1 Prepared with 1/4 cup dry cereal and 1/2 cup whole milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03188**

**Babyfood, cereal, mixed, with applesauce and bananas, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 79.60 | 0.200 | 5 | | 1 | | 22.57 | 135.32 | |
| Energy....kcal | 83 | | 0 | NC | 4 | | 24 | 141 | |
| Energy....kJ | 347 | | 0 | | 4 | | 98 | 590 | |
| Protein (N x 6.1)....g | 1.20 | 0.000 | 6 | | 1 | | 0.34 | 2.04 | |
| Total lipid (fat)....g | 0.40 | 0.000 | 5 | | 1 | | 0.11 | 0.68 | |
| Ash....g | 0.40 | 0.000 | 5 | | 1 | | 0.11 | 0.68 | |
| Carbohydrate, by difference....g | 18.40 | | 0 | NC | 4 | | 5.22 | 31.28 | |
| Fiber, total dietary....g | 1.2 | | 0 | | 4 | | 0.3 | 2.0 | |
| Sugars, total....g | 7.79 | | 0 | T | 4 | | 2.21 | 13.24 | |
| Sucrose....g | 1.52 | | 0 | T | 4 | | 0.43 | 2.59 | |
| Glucose (dextrose)....g | 3.17 | | 0 | T | 4 | | 0.90 | 5.40 | |
| Fructose....g | 3.08 | | 0 | T | 4 | | 0.87 | 5.24 | |
| Lactose....g | 0.00 | | 0 | T | 4 | | 0.00 | 0.00 | |
| Maltose....g | 0.01 | | 0 | T | 4 | | 0.00 | 0.02 | |
| Galactose....g | 0.00 | | 0 | T | 4 | | 0.00 | 0.00 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 4 | 0.000 | 5 | | 1 | | 1 | 7 | |
| Iron, Fe....mg | 5.61 | 0.130 | 5 | | 1 | | 1.59 | 9.54 | |
| Magnesium, Mg....mg | 7 | | 1 | | 1 | | 2 | 12 | |
| Phosphorus, P....mg | 29 | | 1 | | 1 | | 8 | 49 | |
| Potassium, K....mg | 32 | | 1 | | 1 | | 9 | 54 | |
| Sodium, Na....mg | 3 | | 0 | LC | 8 | | 1 | 5 | |
| Zinc, Zn....mg | 0.22 | | 1 | | 1 | | 0.06 | 0.37 | |
| Copper, Cu....mg | 0.055 | | 0 | | 4 | | 0.016 | 0.094 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 2.6 | | 0 | FLM | 4 | | 0.7 | 4.4 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 9.1 | | 1 | | 1 | | 2.6 | 15.5 | |
| Thiamin....mg | 0.285 | | 0 | | 1 | | 0.081 | 0.485 | |
| Riboflavin....mg | 0.356 | | 0 | | 1 | | 0.101 | 0.605 | |
| Niacin....mg | 4.039 | | 0 | | 1 | | 1.145 | 6.866 | |
| Pantothenic acid....mg | 0.195 | | 0 | | 4 | | 0.055 | 0.332 | |
| Vitamin B-6....mg | 0.139 | | 0 | | 1 | | 0.039 | 0.236 | |
| Folate, total....µg | 4 | | 0 | | 1 | | 1 | 6 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 4 | | 0 | | 1 | | 1 | 6 | |
| Folate, DFE....mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 6 | |
| Choline, total....mg | 3.5 | | 0 | FLA | 4 | | 1.0 | 6.0 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 2 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | 8 | | 0 | T | 4 | | 2 | 14 | |
| Carotene, alpha....µg | 1 | | 0 | T | 4 | | 0 | 1 | |
| Cryptoxanthin, beta....µg | 6 | | 0 | T | 4 | | 2 | 11 | |
| Vitamin A, IU....IU | 19 | | 0 | NC | 4 | | 5 | 33 | |
| Lycopene....µg | 0 | | 0 | T | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 10 | | 0 | T | 4 | | 3 | 16 | |
| Vitamin E (alpha-tocopherol)....mg | 0.03 | | 0 | T | 4 | | 0.01 | 0.05 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03188**

**Babyfood, cereal, mixed, with applesauce and bananas, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 0.3 | | 0 | T | 4 | | 0.1 | 0.5 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.072 | | 0 | | 4 | | 0.020 | 0.122 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.060 | | 0 | | 4 | | 0.017 | 0.102 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.007 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.108 | | 0 | | 4 | | 0.031 | 0.184 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.106 | | 0 | | 4 | | 0.030 | 0.180 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.152 | | 0 | | 4 | | 0.043 | 0.258 | |
| 18:2 undifferentiated....g | 0.145 | | 0 | | 4 | | 0.041 | 0.247 | |
| 18:3 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.007 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.013 | | 0 | | 1 | | 0.004 | 0.022 | |
| Threonine....g | 0.034 | | 0 | | 1 | | 0.010 | 0.058 | |
| Isoleucine....g | 0.043 | | 0 | | 1 | | 0.012 | 0.073 | |
| Leucine....g | 0.086 | | 0 | | 1 | | 0.024 | 0.146 | |
| Lysine....g | 0.035 | | 0 | | 1 | | 0.010 | 0.060 | |
| Methionine....g | 0.024 | | 0 | | 1 | | 0.007 | 0.041 | |
| Cystine....g | 0.026 | | 0 | | 1 | | 0.007 | 0.044 | |
| Phenylalanine....g | 0.062 | | 0 | | 1 | | 0.018 | 0.105 | |
| Tyrosine....g | 0.043 | | 0 | | 1 | | 0.012 | 0.073 | |
| Valine....g | 0.058 | | 0 | | 1 | | 0.016 | 0.099 | |
| Arginine....g | 0.065 | | 0 | | 1 | | 0.018 | 0.111 | |
| Histidine....g | 0.027 | | 0 | | 1 | | 0.008 | 0.046 | |
| Alanine....g | 0.046 | | 0 | | 1 | | 0.013 | 0.078 | |
| Aspartic acid....g | 0.081 | | 0 | | 1 | | 0.023 | 0.138 | |
| Glutamic acid....g | 0.302 | | 0 | | 1 | | 0.086 | 0.513 | |
| Glycine....g | 0.051 | | 0 | | 1 | | 0.014 | 0.087 | |
| Proline....g | 0.084 | | 0 | | 1 | | 0.024 | 0.143 | |
| Serine....g | 0.050 | | 0 | | 1 | | 0.014 | 0.085 | |
| Hydroxyproline....g | | | | | | | | | |

**NDB No. 03188**

**Babyfood, cereal, mixed, with applesauce and bananas, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | T | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | T | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 3.4 **Fat** 8.4 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03187**

**Babyfood, cereal, mixed, with applesauce and bananas, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 80.00 | 0.100 | 27 | | 1 | | 22.68 | 90.40 | |
| Energy | kcal | 82 | | 0 | NC | 4 | | 23 | 93 | |
| Energy | kJ | 343 | | 0 | NC | 4 | | 97 | 388 | |
| Protein (N x 6.1) | g | 1.20 | 0.000 | 27 | | 1 | | 0.34 | 1.36 | |
| Total lipid (fat) | g | 0.50 | 0.000 | 27 | | 1 | | 0.14 | 0.57 | |
| Ash | g | 0.30 | 0.000 | 23 | | 1 | | 0.09 | 0.34 | |
| Carbohydrate, by difference | g | 18.00 | | 0 | NC | 4 | | 5.10 | 20.34 | |
| Fiber, total dietary | g | 1.2 | | 0 | | 4 | | 0.3 | 1.4 | |
| Sugars, total | g | 7.79 | | 0 | T | 4 | | 2.21 | 8.80 | |
| Sucrose | g | 1.52 | | 0 | T | 4 | | 0.43 | 1.72 | |
| Glucose (dextrose) | g | 3.17 | | 0 | T | 4 | | 0.90 | 3.59 | |
| Fructose | g | 3.09 | | 0 | T | 4 | | 0.88 | 3.49 | |
| Lactose | g | 0.00 | | 0 | T | 4 | | 0.00 | 0.00 | |
| Maltose | g | 0.00 | | 0 | T | 4 | | 0.00 | 0.00 | |
| Galactose | g | 0.00 | | 0 | T | 4 | | 0.00 | 0.00 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 6 | 0.000 | 23 | | 1 | | 2 | 7 | |
| Iron, Fe | mg | 6.62 | 0.620 | 23 | | 1 | | 1.88 | 7.48 | |
| Magnesium, Mg | mg | 8 | | 1 | | 1 | | 2 | 9 | |
| Phosphorus, P | mg | 23 | | 2 | | 1 | | 7 | 26 | |
| Potassium, K | mg | 41 | | 14 | | 1 | | 12 | 46 | |
| Sodium, Na | mg | 3 | | 0 | LC | 8 | | 1 | 4 | |
| Zinc, Zn | mg | 0.19 | | 1 | | 1 | | 0.05 | 0.21 | |
| Copper, Cu | mg | 0.054 | | 0 | | 4 | | 0.015 | 0.061 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 2.6 | | 0 | FLM | 4 | | 0.7 | 2.9 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 25.5 | 3.300 | 22 | | 1 | | 7.2 | 28.8 | |
| Thiamin | mg | 0.280 | | 18 | | 1 | | 0.079 | 0.316 | |
| Riboflavin | mg | 0.350 | | 18 | | 1 | | 0.099 | 0.396 | |
| Niacin | mg | 3.963 | | 18 | | 1 | | 1.124 | 4.478 | |
| Pantothenic acid | mg | 0.195 | | 0 | | 4 | | 0.055 | 0.220 | |
| Vitamin B-6 | mg | 0.137 | | 3 | | 1 | | 0.039 | 0.155 | |
| Folate, total | µg | 4 | 0.100 | 9 | | 1 | | 1 | 4 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 4 | | 0 | NR | 4 | | 1 | 4 | |
| Folate, DFE | mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 4 | |
| Choline, total | mg | 3.5 | | 0 | FLA | 4 | | 1.0 | 4.0 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 1 | |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta | µg | 8 | | 0 | T | 4 | | 2 | 9 | |
| Carotene, alpha | µg | 1 | | 0 | T | 4 | | 0 | 1 | |
| Cryptoxanthin, beta | µg | 5 | | 0 | T | 4 | | 2 | 6 | |
| Vitamin A, IU | IU | 18 | 2.000 | 23 | | 1 | | 5 | 20 | |
| Lycopene | µg | 0 | | 0 | T | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 10 | | 0 | T | 4 | | 3 | 11 | |
| Vitamin E (alpha-tocopherol) | mg | 0.03 | | 0 | T | 4 | | 0.01 | 0.03 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03187**

**Babyfood, cereal, mixed, with applesauce and bananas, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 0.3 | | 0 | T | 4 | | 0.1 | 0.3 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.090 | | 0 | | 4 | | 0.026 | 0.102 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.076 | | 0 | | 4 | | 0.022 | 0.086 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.005 | | 0 | | 4 | | 0.001 | 0.006 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.135 | | 0 | | 4 | | 0.038 | 0.153 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.133 | | 0 | | 4 | | 0.038 | 0.150 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.191 | | 0 | | 4 | | 0.054 | 0.216 | |
| 18:2 undifferentiated....g | 0.181 | | 0 | | 4 | | 0.051 | 0.205 | |
| 18:3 undifferentiated....g | 0.005 | | 0 | | 4 | | 0.001 | 0.006 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.013 | | 0 | | 1 | | 0.004 | 0.015 | |
| Threonine....g | 0.035 | | 0 | | 1 | | 0.010 | 0.040 | |
| Isoleucine....g | 0.044 | | 0 | | 1 | | 0.012 | 0.050 | |
| Leucine....g | 0.088 | | 0 | | 1 | | 0.025 | 0.099 | |
| Lysine....g | 0.036 | | 0 | | 1 | | 0.010 | 0.041 | |
| Methionine....g | 0.025 | | 0 | | 1 | | 0.007 | 0.028 | |
| Cystine....g | 0.027 | | 0 | | 1 | | 0.008 | 0.031 | |
| Phenylalanine....g | 0.063 | | 0 | | 1 | | 0.018 | 0.071 | |
| Tyrosine....g | 0.044 | | 0 | | 1 | | 0.012 | 0.050 | |
| Valine....g | 0.059 | | 0 | | 1 | | 0.017 | 0.067 | |
| Arginine....g | 0.067 | | 0 | | 1 | | 0.019 | 0.076 | |
| Histidine....g | 0.028 | | 0 | | 1 | | 0.008 | 0.032 | |
| Alanine....g | 0.047 | | 0 | | 1 | | 0.013 | 0.053 | |
| Aspartic acid....g | 0.083 | | 0 | | 1 | | 0.024 | 0.094 | |
| Glutamic acid....g | 0.310 | | 0 | | 1 | | 0.088 | 0.350 | |
| Glycine....g | 0.052 | | 0 | | 1 | | 0.015 | 0.059 | |
| Proline....g | 0.086 | | 0 | | 1 | | 0.024 | 0.097 | |
| Serine....g | 0.051 | | 0 | | 1 | | 0.014 | 0.058 | |
| Hydroxyproline....g | | | | | | | | | |

**NDB No. 03187**

**Babyfood, cereal, mixed, with applesauce and bananas, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine.....mg | 0 | | 0 | T | 4 | | 0 | 0 | |
| Theobromine.....mg | 0 | | 0 | T | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 3.4 **Fat** 8.4 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03186**
**Babyfood, cereal, mixed, with bananas, dry**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 4.50 | 0.200 | 6 | | 1 | | 0.11 | 0.68 | |
| Energy | kcal | 391 | | 0 | NC | 4 | | 10 | 59 | |
| Energy | kJ | 1636 | | 0 | | 4 | | 41 | 245 | |
| Protein (N x 6.1) | g | 10.70 | 0.100 | 7 | | 1 | | 0.27 | 1.61 | |
| Total lipid (fat) | g | 4.60 | 0.000 | 7 | | 1 | | 0.12 | 0.69 | |
| Ash | g | 3.10 | 0.200 | 6 | | 1 | | 0.08 | 0.47 | |
| Carbohydrate, by difference | g | 77.10 | | 0 | NC | 4 | | 1.93 | 11.57 | |
| Fiber, total dietary | g | 7.8 | | 0 | | 4 | | 0.2 | 1.2 | |
| Sugars, total | g | 6.68 | | 0 | FLA | 4 | | 0.17 | 1.00 | |
| Sucrose | g | 1.82 | | 0 | FLA | 4 | | 0.05 | 0.27 | |
| Glucose (dextrose) | g | 2.44 | | 0 | FLA | 4 | | 0.06 | 0.37 | |
| Fructose | g | 2.36 | | 0 | FLA | 4 | | 0.06 | 0.35 | |
| Lactose | g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Maltose | g | 0.01 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Galactose | g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 696 | | 1 | | 1 | | 17 | 104 | |
| Iron, Fe | mg | 47.50 | | 0 | | 5 | | 1.19 | 7.13 | |
| Magnesium, Mg | mg | 90 | | 2 | | 1 | | 2 | 14 | |
| Phosphorus, P | mg | 367 | | 2 | | 1 | | 9 | 55 | |
| Potassium, K | mg | 668 | | 2 | | 1 | | 17 | 100 | |
| Sodium, Na | mg | 0 | | 0 | LC | 8 | | 0 | 0 | |
| Zinc, Zn | mg | 1.40 | | 2 | | 1 | | 0.04 | 0.21 | |
| Copper, Cu | mg | 0.256 | | 0 | | 4 | | 0.006 | 0.038 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 20.0 | | 2 | A | 1 | | 0.5 | 3.0 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 3.6 | 0.500 | 5 | | 1 | | 0.1 | 0.5 | |
| Thiamin | mg | 3.780 | | 1 | | 1 | | 0.095 | 0.567 | |
| Riboflavin | mg | 3.560 | 0.110 | 4 | | 1 | | 0.089 | 0.534 | |
| Niacin | mg | 20.560 | 0.390 | 4 | | 1 | | 0.514 | 3.084 | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.408 | 0.031 | 6 | | 1 | | 0.010 | 0.061 | |
| Folate, total | µg | 17 | | 0 | | 4 | | 0 | 3 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 17 | | 0 | | 4 | | 0 | 3 | |
| Folate, DFE | mcg_DFE | 17 | | 0 | NC | 4 | | 0 | 3 | |
| Choline, total | mg | 28.6 | | 0 | FLA | 4 | | 0.7 | 4.3 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.24 | | 2 | | 1 | | 0.01 | 0.04 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 6 | | 0 | NC | 4 | | 0 | 1 | |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta | µg | 51 | | 0 | BNA | 4 | | 1 | 8 | |
| Carotene, alpha | µg | 49 | | 0 | BNA | 4 | | 1 | 7 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU | IU | 125 | 33.000 | 5 | | 1 | | 3 | 19 | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 96 | | 0 | FLA | 4 | | 2 | 14 | |
| Vitamin E (alpha-tocopherol) | mg | 0.51 | | 0 | FLA | 4 | | 0.01 | 0.08 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Tocopherol, gamma | mg | 0.01 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Tocopherol, delta | mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03186**
**Babyfood, cereal, mixed, with bananas, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 3.5 | | 0 | FLA | 4 | | 0.1 | 0.5 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.846 | | 0 | | 4 | | 0.021 | 0.127 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.006 | | 0 | | 4 | | 0.000 | 0.001 | |
| 10:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.010 | | 0 | | 4 | | 0.000 | 0.002 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.008 | | 0 | | 4 | | 0.000 | 0.001 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.706 | | 0 | | 4 | | 0.018 | 0.106 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.049 | | 0 | | 4 | | 0.001 | 0.007 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.223 | | 0 | | 4 | | 0.031 | 0.183 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.015 | | 0 | | 4 | | 0.000 | 0.002 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.203 | | 0 | | 4 | | 0.030 | 0.180 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.734 | | 0 | | 4 | | 0.043 | 0.260 | |
| 18:2 undifferentiated....g | 1.639 | | 0 | | 4 | | 0.041 | 0.246 | |
| 18:3 undifferentiated....g | 0.054 | | 0 | | 4 | | 0.001 | 0.008 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.126 | | 0 | | 1 | | 0.003 | 0.019 | |
| Threonine....g | 0.363 | | 0 | | 1 | | 0.009 | 0.054 | |
| Isoleucine....g | 0.430 | | 0 | | 1 | | 0.011 | 0.065 | |
| Leucine....g | 0.956 | | 0 | | 1 | | 0.024 | 0.143 | |
| Lysine....g | 0.460 | | 0 | | 1 | | 0.012 | 0.069 | |
| Methionine....g | 0.218 | | 0 | | 1 | | 0.005 | 0.033 | |
| Cystine....g | 0.205 | | 0 | | 1 | | 0.005 | 0.031 | |
| Phenylalanine....g | 0.546 | | 0 | | 1 | | 0.014 | 0.082 | |
| Tyrosine....g | 0.439 | | 0 | | 1 | | 0.011 | 0.066 | |
| Valine....g | 0.604 | | 0 | | 1 | | 0.015 | 0.091 | |
| Arginine....g | 0.505 | | 0 | | 1 | | 0.013 | 0.076 | |
| Histidine....g | 0.319 | | 0 | | 1 | | 0.008 | 0.048 | |
| Alanine....g | 0.437 | | 0 | | 1 | | 0.011 | 0.066 | |
| Aspartic acid....g | 0.783 | | 0 | | 1 | | 0.020 | 0.117 | |
| Glutamic acid....g | 2.478 | | 0 | | 1 | | 0.062 | 0.372 | |
| Glycine....g | 0.369 | | 0 | | 1 | | 0.009 | 0.055 | |
| Proline....g | 0.863 | | 0 | | 1 | | 0.022 | 0.129 | |
| Serine....g | 0.505 | | 0 | | 1 | | 0.013 | 0.076 | |
| Hydroxyproline....g | | | | | | | | | |

**NDB No. 03186**
**Babyfood, cereal, mixed, with bananas, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

**Calories Factors: Protein** 3.4 **Fat** 8.4 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03686**

**Babyfood, cereal, mixed, with bananas, prepared with whole milk**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 81.81 | | 0 | RA | 4 | | 23.19 | | |
| Energy | kcal | 86 | | 0 | NC | 4 | | 24 | | |
| Energy | kJ | 362 | | 0 | NC | 4 | | 102 | | |
| Protein (N x 0) | g | 3.82 | | 0 | RA | 4 | | 1.08 | | |
| Total lipid (fat) | g | 3.46 | | 0 | RA | 4 | | 0.98 | | |
| Ash | g | 0.92 | | 0 | RA | 4 | | 0.26 | | |
| Carbohydrate, by difference | g | 10.00 | | 0 | RA | 4 | | 2.83 | | |
| Fiber, total dietary | g | 0.4 | | 0 | RA | 4 | | 0.1 | | |
| Sugars, total | g | 5.90 | | 0 | RA | 4 | | 1.67 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 153 | | 0 | RA | 4 | | 43 | | |
| Iron, Fe | mg | 3.63 | | 0 | RA | 4 | | 1.03 | | |
| Magnesium, Mg | mg | 18 | | 0 | RA | 4 | | 5 | | |
| Phosphorus, P | mg | 111 | | 0 | RA | 4 | | 32 | | |
| Potassium, K | mg | 178 | | 0 | RA | 4 | | 50 | | |
| Sodium, Na | mg | 48 | | 0 | RA | 4 | | 14 | | |
| Zinc, Zn | mg | 0.49 | | 0 | RA | 4 | | 0.14 | | |
| Copper, Cu | mg | 0.053 | | 0 | RA | 4 | | 0.015 | | |
| Manganese, Mn | mg | 0.004 | | 0 | RA | 4 | | 0.001 | | |
| Selenium, Se | µg | 4.9 | | 0 | RA | 4 | | 1.4 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.4 | | 0 | RA | 4 | | 0.1 | | |
| Thiamin | mg | 0.315 | | 0 | RA | 4 | | 0.089 | | |
| Riboflavin | mg | 0.437 | | 0 | RA | 4 | | 0.124 | | |
| Niacin | mg | 1.605 | | 0 | RA | 4 | | 0.455 | | |
| Pantothenic acid | mg | 0.345 | | 0 | RA | 4 | | 0.098 | | |
| Vitamin B-6 | mg | 0.065 | | 0 | RA | 4 | | 0.018 | | |
| Folate, total | µg | 6 | | 0 | RA | 4 | | 2 | | |
| Folic acid | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Folate, food | µg | 6 | | 0 | RA | 4 | | 2 | | |
| Folate, DFE | mcg_DFE | 6 | | 0 | NC | 4 | | 2 | | |
| Choline, total | mg | 15.4 | | 0 | RA | 4 | | 4.4 | | |
| Betaine | mg | 0.6 | | 0 | RA | 4 | | 0.2 | | |
| Vitamin B-12 | µg | 0.43 | | 0 | RA | 4 | | 0.12 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 43 | | 0 | RA | 4 | | 12 | | |
| Retinol | µg | 42 | | 0 | RA | 4 | | 12 | | |
| Carotene, beta | µg | 8 | | 0 | RA | 4 | | 2 | | |
| Carotene, alpha | µg | 2 | | 0 | RA | 4 | | 1 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Vitamin A, IU | IU | 155 | | 0 | RA | 4 | | 44 | | |
| Lycopene | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 12 | | 0 | RA | 4 | | 3 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.44 | | 0 | RA | 4 | | 0.13 | | |
| Vitamin E, added | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, beta | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, gamma | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, delta | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Vitamin D (D2 + D3) | µg | 1.2 | | 0 | RA | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 1.2 | | 0 | RA | 4 | | 0.3 | | |
| Vitamin D | IU | 47 | | 0 | RA | 4 | | 13 | | |
| Vitamin K (phylloquinone) | µg | 0.5 | | 0 | RA | 4 | | 0.1 | | |
| Dihydrophylloquinone | µg | 0.0 | | 0 | RA | 4 | | 0.0 | | |
| Menaquinone-4 | µg | 0.9 | | 0 | RA | 4 | | 0.2 | | |

**Lipids:**

**NDB No. 03686**

**Babyfood, cereal, mixed, with bananas, prepared with whole milk**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.808 | | 0 | RA | 4 | | 0.513 | | |
| 4:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 6:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 8:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 10:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 12:0....g | 0.072 | | 0 | RA | 4 | | 0.020 | | |
| 13:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 14:0....g | 0.276 | | 0 | RA | 4 | | 0.078 | | |
| 15:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 16:0....g | 0.840 | | 0 | RA | 4 | | 0.238 | | |
| 17:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 18:0....g | 0.344 | | 0 | RA | 4 | | 0.098 | | |
| 20:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 24:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| Fatty acids, total monounsaturated....g | 0.859 | | 0 | RA | 4 | | 0.243 | | |
| 14:1....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.003 | | 0 | RA | 4 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.856 | | 0 | RA | 4 | | 0.243 | | |
| 20:1....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.342 | | 0 | RA | 4 | | 0.097 | | |
| 18:2 undifferentiated....g | 0.260 | | 0 | RA | 4 | | 0.074 | | |
| 18:3 undifferentiated....g | 0.081 | | 0 | RA | 4 | | 0.023 | | |
| 18:4....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 10 | | 0 | RA | 4 | | 3 | | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.080 | | 0 | RA | 4 | | 0.023 | | |
| Threonine....g | 0.161 | | 0 | RA | 4 | | 0.046 | | |
| Isoleucine....g | 0.187 | | 0 | RA | 4 | | 0.053 | | |
| Leucine....g | 0.314 | | 0 | RA | 4 | | 0.089 | | |
| Lysine....g | 0.169 | | 0 | RA | 4 | | 0.048 | | |
| Methionine....g | 0.088 | | 0 | RA | 4 | | 0.025 | | |
| Cystine....g | 0.036 | | 0 | RA | 4 | | 0.010 | | |
| Phenylalanine....g | 0.180 | | 0 | RA | 4 | | 0.051 | | |
| Tyrosine....g | 0.175 | | 0 | RA | 4 | | 0.050 | | |
| Valine....g | 0.227 | | 0 | RA | 4 | | 0.064 | | |
| Arginine....g | 0.122 | | 0 | RA | 4 | | 0.034 | | |
| Histidine....g | 0.095 | | 0 | RA | 4 | | 0.027 | | |
| Alanine....g | 0.130 | | 0 | RA | 4 | | 0.037 | | |
| Aspartic acid....g | 0.289 | | 0 | RA | 4 | | 0.082 | | |
| Glutamic acid....g | 0.783 | | 0 | RA | 4 | | 0.222 | | |
| Glycine....g | 0.106 | | 0 | RA | 4 | | 0.030 | | |
| Proline....g | 0.370 | | 0 | RA | 4 | | 0.105 | | |
| Serine....g | 0.141 | | 0 | RA | 4 | | 0.040 | | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | RA | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | RA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | RA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03686**

**Babyfood, cereal, mixed, with bananas, prepared with whole milk**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03704**
**Babyfood, cereal, mixed, with honey, prepared with whole milk**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 74.20 | | 0 | | 1 | | 21.04 | | |
| Energy | kcal | 115 | | 0 | NC | 4 | | 33 | | |
| Energy | kJ | 481 | | | | 4 | | 136 | | |
| Protein (N x 0) | g | 5.00 | | 0 | | 1 | | 1.42 | | |
| Total lipid (fat) | g | 3.60 | | 0 | | 1 | | 1.02 | | |
| Ash | g | 1.20 | | 0 | | 1 | | 0.34 | | |
| Carbohydrate, by difference | g | 15.90 | | 0 | NC | 4 | | 4.51 | | |
| Fiber, total dietary | g | | | | | | | | | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 294 | | 0 | | 1 | | 83 | | |
| Iron, Fe | mg | 11.27 | | 0 | | 1 | | 3.20 | | |
| Magnesium, Mg | mg | 28 | | 0 | | 4 | | 8 | | |
| Phosphorus, P | mg | 184 | | 0 | | 1 | | 52 | | |
| Potassium, K | mg | 171 | | 0 | | 1 | | 48 | | |
| Sodium, Na | mg | 48 | | 0 | | 1 | | 14 | | |
| Zinc, Zn | mg | 0.72 | | 0 | | 4 | | 0.20 | | |
| Copper, Cu | mg | 0.064 | | 0 | | 4 | | 0.018 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | | | | | | | | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | | | | | | | | | |
| Thiamin | mg | 0.447 | | 0 | | 1 | | 0.127 | | |
| Riboflavin | mg | 0.583 | | 0 | | 1 | | 0.165 | | |
| Niacin | mg | 6.260 | | 0 | | 1 | | 1.775 | | |
| Pantothenic acid | mg | 0.443 | | 0 | | 4 | | 0.126 | | |
| Vitamin B-6 | mg | 0.067 | | 0 | | 4 | | 0.019 | | |
| Folate, total | µg | 11 | | 0 | | 4 | | 3 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 11 | | 0 | | 4 | | 3 | | |
| Folate, DFE | mcg_DFE | 11 | | 0 | NC | 4 | | 3 | | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.30 | | 0 | | 4 | | 0.09 | | |
| Vitamin A, RAE | mcg_RAE | | | | | | | | | |
| Retinol | µg | | | | | | | | | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | | | | | | | | | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03704**

**Babyfood, cereal, mixed, with honey, prepared with whole milk**

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03189**
**Babyfood, cereal, oatmeal, dry**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 5.90 | 0.305 | 25 | JA | 6 | | 0.19 | 0.88 | 0.72 |
| Energy | kcal | 399 | | 0 | NC | 4 | | 13 | 60 | 49 |
| Energy | kJ | 1670 | | 0 | NC | 4 | | 53 | 251 | 204 |
| Protein (N x 5.83) | g | 13.07 | 0.533 | 11 | JA | 6 | | 0.42 | 1.96 | 1.59 |
| Total lipid (fat) | g | 8.00 | 0.200 | 11 | JA | 6 | | 0.26 | 1.20 | 0.98 |
| Ash | g | 3.38 | 0.185 | 10 | JA | 6 | | 0.11 | 0.51 | 0.41 |
| Carbohydrate, by difference | g | 69.65 | | 0 | NC | 4 | | 2.23 | 10.45 | 8.50 |
| Fiber, total dietary | g | 9.0 | | 1 | A | 1 | | 0.3 | 1.3 | 1.1 |
| Sugars, total | g | 3.84 | | 1 | A | 1 | | 0.12 | 0.58 | 0.47 |
| Sucrose | g | 0.98 | | 1 | A | 1 | | 0.03 | 0.15 | 0.12 |
| Glucose (dextrose) | g | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Fructose | g | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Lactose | g | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 2.86 | | 1 | A | 1 | | 0.09 | 0.43 | 0.35 |
| Galactose | g | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Starch | g | 53.23 | | 1 | A | 1 | | 1.70 | 7.98 | 6.49 |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 707 | 26.500 | 16 | JA | 6 | | 23 | 106 | 86 |
| Iron, Fe | mg | 51.25 | | 1 | JA | 6 | | 1.64 | 7.69 | 6.25 |
| Magnesium, Mg | mg | 138 | 7.500 | 4 | JA | 6 | | 4 | 21 | 17 |
| Phosphorus, P | mg | 610 | 110.500 | 16 | JA | 6 | | 20 | 91 | 74 |
| Potassium, K | mg | 420 | 50.000 | 3 | JA | 6 | | 13 | 63 | 51 |
| Sodium, Na | mg | 4 | | 0 | LC | 8 | | 0 | 1 | 1 |
| Zinc, Zn | mg | 5.39 | 1.706 | 19 | JA | 6 | | 0.17 | 0.81 | 0.66 |
| Copper, Cu | mg | 0.458 | 0.069 | 21 | JA | 6 | | 0.015 | 0.069 | 0.056 |
| Manganese, Mn | mg | 3.400 | | 1 | A | 1 | | 0.109 | 0.510 | 0.415 |
| Selenium, Se | µg | 29.6 | 6.800 | 5 | A | 1 | | 0.9 | 4.4 | 3.6 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.0 | | 1 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Thiamin | mg | 2.805 | 0.085 | 20 | JA | 6 | | 0.090 | 0.421 | 0.342 |
| Riboflavin | mg | 3.313 | 0.706 | 19 | JA | 6 | | 0.106 | 0.497 | 0.404 |
| Niacin | mg | 28.434 | 7.535 | 18 | JA | 6 | | 0.910 | 4.265 | 3.469 |
| Pantothenic acid | mg | 0.482 | | 1 | A | 1 | | 0.015 | 0.072 | 0.059 |
| Vitamin B-6 | mg | 0.563 | 0.410 | 6 | JA | 6 | | 0.018 | 0.084 | 0.069 |
| Folate, total | µg | 35 | 2.700 | 6 | | 1 | | 1 | 5 | 4 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 35 | 2.700 | 6 | | 1 | | 1 | 5 | 4 |
| Folate, DFE | mcg_DFE | 35 | | 0 | NC | 4 | | 1 | 5 | 4 |
| Choline, total | mg | 32.1 | | 0 | AS | 1 | | 1.0 | 4.8 | 3.9 |
| Betaine | mg | 20.5 | | 1 | A | 1 | | 0.7 | 3.1 | 2.5 |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Carotene, alpha | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Lycopene | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 185 | | 0 | BFSN | 4 | | 6 | 28 | 23 |
| Vitamin E (alpha-tocopherol) | mg | 4.95 | | 1 | A | 1 | | 0.16 | 0.74 | 0.60 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | 0.05 | | 1 | A | 1 | | 0.00 | 0.01 | 0.01 |
| Tocopherol, gamma | mg | 1.69 | | 1 | A | 1 | | 0.05 | 0.25 | 0.21 |
| Tocopherol, delta | mg | 1.79 | | 1 | A | 1 | | 0.06 | 0.27 | 0.22 |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03189**
**Babyfood, cereal, oatmeal, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 4.1 | | 1 | A | 1 | | 0.1 | 0.6 | 0.5 |
| Dihydrophylloquinone....µg | 0.0 | | 1 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4....µg | 0.0 | | 1 | A | 1 | | 0.0 | 0.0 | 0.0 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.370 | | 0 | NC | 4 | | 0.044 | 0.205 | 0.167 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.020 | | 1 | A | 1 | | 0.001 | 0.003 | 0.002 |
| 15:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:0....g | 1.250 | | 1 | A | 1 | | 0.040 | 0.188 | 0.153 |
| 17:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:0....g | 0.100 | | 1 | A | 1 | | 0.003 | 0.015 | 0.012 |
| 20:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated....g | 2.570 | | 0 | NC | 4 | | 0.082 | 0.385 | 0.314 |
| 14:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:1 undifferentiated....g | 0.020 | | 1 | A | 1 | | 0.001 | 0.003 | 0.002 |
| 17:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:1 undifferentiated....g | 2.440 | | 1 | A | 1 | | 0.078 | 0.366 | 0.298 |
| 20:1....g | 0.060 | | 1 | A | 1 | | 0.002 | 0.009 | 0.007 |
| 22:1 undifferentiated....g | 0.050 | | 1 | A | 1 | | 0.002 | 0.008 | 0.006 |
| 24:1 c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated....g | 2.470 | | 0 | NC | 4 | | 0.079 | 0.370 | 0.301 |
| 18:2 undifferentiated....g | 2.350 | | 1 | A | 1 | | 0.075 | 0.352 | 0.287 |
| 18:3 undifferentiated....g | 0.100 | | 1 | A | 1 | | 0.003 | 0.015 | 0.012 |
| 18:4....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated....g | 0.010 | | 1 | A | 1 | | 0.000 | 0.001 | 0.001 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 3.2g: 1 tbsp

Measure 2 = 15.0g: .5 oz

Measure 3 = 12.2g: .25 cup

**Calories Factors: Protein** 3.46 **Fat** 8.37 **Carbohydrate** 4.12

**NDB No. 03189**
**Babyfood, cereal, oatmeal, dry**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03689**
**Babyfood, cereal, oatmeal, prepared with whole milk**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 74.50 | | 0 | | 1 | | 21.12 | | |
| Energy | kcal | 116 | | 0 | NC | 4 | | 33 | | |
| Energy | kJ | 485 | | 0 | | 4 | | 138 | | |
| Protein (N x 0) | g | 5.00 | | 0 | | 1 | | 1.42 | | |
| Total lipid (fat) | g | 4.10 | | 0 | | 1 | | 1.16 | | |
| Ash | g | 1.10 | | 0 | | 1 | | 0.31 | | |
| Carbohydrate, by difference | g | 15.30 | | 0 | NC | 4 | | 4.34 | | |
| Fiber, total dietary | g | 1.1 | | 0 | | 4 | | 0.3 | | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 220 | | 0 | | 1 | | 62 | | |
| Iron, Fe | mg | 12.14 | | 0 | | 1 | | 3.44 | | |
| Magnesium, Mg | mg | 35 | | 0 | | 1 | | 10 | | |
| Phosphorus, P | mg | 160 | | 0 | | 1 | | 45 | | |
| Potassium, K | mg | 204 | | 0 | | 1 | | 58 | | |
| Sodium, Na | mg | 46 | | 0 | | 1 | | 13 | | |
| Zinc, Zn | mg | 0.92 | | 0 | | 1 | | 0.26 | | |
| Copper, Cu | mg | 0.094 | | 0 | | 4 | | 0.027 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | | | | | | | | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.3 | | 0 | | 4 | | 0.4 | | |
| Thiamin | mg | 0.506 | | 0 | | 1 | | 0.143 | | |
| Riboflavin | mg | 0.563 | | 0 | | 1 | | 0.160 | | |
| Niacin | mg | 5.981 | | 0 | | 1 | | 1.696 | | |
| Pantothenic acid | mg | 0.514 | | 0 | | 4 | | 0.146 | | |
| Vitamin B-6 | mg | 0.060 | | 0 | | 1 | | 0.017 | | |
| Folate, total | µg | 10 | | 0 | | 1 | | 3 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 10 | | 0 | | 1 | | 3 | | |
| Folate, DFE | mcg_DFE | 10 | | 0 | NC | 4 | | 3 | | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.30 | | 0 | | 4 | | 0.09 | | |
| Vitamin A, RAE | mcg_RAE | 22 | | 0 | NC | 4 | | 6 | | |
| Retinol | µg | 19 | | 0 | NC | 4 | | 5 | | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | 105 | | 0 | | 4 | | 30 | | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |
| Fatty acids, total saturated | g | 2.258 | | 0 | | 4 | | 0.640 | | |
| Fatty acids, total monounsaturated | g | | | | | | | | | |

**NDB No. 03689**
**Babyfood, cereal, oatmeal, prepared with whole milk**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total polyunsaturated.....g | | | | | | | | | |
| Fatty acids, total trans.....g | | | | | | | | | |
| Cholesterol.....mg | 11 | | 0 | | 4 | | 3 | | |
| Phytosterols.....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan.....g | 0.067 | | 0 | | 1 | | 0.019 | | |
| Threonine.....g | 0.201 | | 0 | | 1 | | 0.057 | | |
| Isoleucine.....g | 0.256 | | 0 | | 1 | | 0.073 | | |
| Leucine.....g | 0.445 | | 0 | | 1 | | 0.126 | | |
| Lysine.....g | 0.311 | | 0 | | 1 | | 0.088 | | |
| Methionine.....g | 0.112 | | 0 | | 1 | | 0.032 | | |
| Cystine.....g | 0.104 | | 0 | | 1 | | 0.029 | | |
| Phenylalanine.....g | 0.222 | | 0 | | 1 | | 0.063 | | |
| Tyrosine.....g | 0.223 | | 0 | | 1 | | 0.063 | | |
| Valine.....g | 0.310 | | 0 | | 1 | | 0.088 | | |
| Arginine.....g | 0.269 | | 0 | | 1 | | 0.076 | | |
| Histidine.....g | 0.113 | | 0 | | 1 | | 0.032 | | |
| Alanine.....g | 0.203 | | 0 | | 1 | | 0.058 | | |
| Aspartic acid.....g | 0.398 | | 0 | | 1 | | 0.113 | | |
| Glutamic acid.....g | 1.102 | | 0 | | 1 | | 0.312 | | |
| Glycine.....g | 0.177 | | 0 | | 1 | | 0.050 | | |
| Proline.....g | 0.381 | | 0 | | 1 | | 0.108 | | |
| Serine.....g | 0.261 | | 0 | | 1 | | 0.074 | | |
| Hydroxyproline.....g | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03192**

**Babyfood, cereal, oatmeal, with applesauce and bananas, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.80 | 0.400 | 6 | | 1 | | 23.19 | 139.06 | |
| Energy....kcal | 75 | | 0 | NC | 4 | | 21 | 128 | |
| Energy....kJ | 314 | | 0 | | 4 | | 89 | 533 | |
| Protein (N x 6.04)....g | 1.30 | 0.000 | 6 | | 1 | | 0.37 | 2.21 | |
| Total lipid (fat)....g | 0.70 | 0.100 | 6 | | 1 | | 0.20 | 1.19 | |
| Ash....g | 0.40 | 0.000 | 6 | | 1 | | 0.11 | 0.68 | |
| Carbohydrate, by difference....g | 15.70 | | 0 | NC | 4 | | 4.45 | 26.69 | |
| Fiber, total dietary....g | 0.8 | | 0 | | 4 | | 0.2 | 1.4 | |
| Sugars, total....g | 9.48 | | 0 | FLA | 4 | | 2.69 | 16.11 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 6 | 1.000 | 7 | | 1 | | 2 | 10 | |
| Iron, Fe....mg | 7.50 | | 0 | O | 4 | | 2.13 | 12.75 | |
| Magnesium, Mg....mg | 11 | | 1 | | 1 | | 3 | 19 | |
| Phosphorus, P....mg | 41 | | 1 | | 1 | | 12 | 70 | |
| Potassium, K....mg | 48 | | 1 | | 1 | | 14 | 82 | |
| Sodium, Na....mg | 3 | | 0 | LC | 8 | | 1 | 6 | |
| Zinc, Zn....mg | 7.50 | | 0 | O | 4 | | 2.13 | 12.75 | |
| Copper, Cu....mg | 0.075 | | 0 | | 1 | | 0.021 | 0.128 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 3.0 | | 1 | A | 1 | | 0.9 | 5.1 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 24.5 | | 0 | O | 4 | | 6.9 | 41.7 | |
| Thiamin....mg | 0.250 | | 0 | O | 4 | | 0.071 | 0.425 | |
| Riboflavin....mg | 0.484 | | 1 | | 1 | | 0.137 | 0.823 | |
| Niacin....mg | 5.600 | | 0 | O | 4 | | 1.588 | 9.520 | |
| Pantothenic acid....mg | 0.227 | | 0 | | 4 | | 0.064 | 0.386 | |
| Vitamin B-6....mg | 0.240 | | 1 | | 1 | | 0.068 | 0.408 | |
| Folate, total....µg | 4 | | 0 | | 1 | | 1 | 6 | |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Folate, food....µg | 4 | | 0 | | 1 | | 1 | 6 | |
| Folate, DFE....mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 6 | |
| Choline, total....mg | 4.1 | | 0 | FLA | 4 | | 1.2 | 7.0 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 2 | |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 12 | | 0 | BNA | 4 | | 3 | 20 | |
| Carotene, alpha....µg | 7 | | 0 | BNA | 4 | | 2 | 11 | |
| Cryptoxanthin, beta....µg | 4 | | 0 | BNA | 4 | | 1 | 6 | |
| Vitamin A, IU....IU | 28 | | 0 | NC | 4 | | 8 | 48 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 17 | | 0 | FLA | 4 | | 5 | 29 | |
| Vitamin E (alpha-tocopherol)....mg | 0.10 | | 0 | FLA | 4 | | 0.03 | 0.17 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 0.6 | | 0 | FLA | 4 | | 0.2 | 0.9 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03192**

**Babyfood, cereal, oatmeal, with applesauce and bananas, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.126 | | 0 | | 4 | | 0.036 | 0.214 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.106 | | 0 | | 4 | | 0.030 | 0.180 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.007 | | 0 | | 4 | | 0.002 | 0.012 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.216 | | 0 | | 4 | | 0.061 | 0.367 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.215 | | 0 | | 4 | | 0.061 | 0.366 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.253 | | 0 | | 4 | | 0.072 | 0.430 | |
| 18:2 undifferentiated....g | 0.242 | | 0 | | 4 | | 0.069 | 0.411 | |
| 18:3 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.017 | | 0 | | 1 | | 0.005 | 0.029 | |
| Threonine....g | 0.046 | | 0 | | 1 | | 0.013 | 0.078 | |
| Isoleucine....g | 0.049 | | 0 | | 1 | | 0.014 | 0.083 | |
| Leucine....g | 0.100 | | 0 | | 1 | | 0.028 | 0.170 | |
| Lysine....g | 0.054 | | 0 | | 1 | | 0.015 | 0.092 | |
| Methionine....g | 0.031 | | 0 | | 1 | | 0.009 | 0.053 | |
| Cystine....g | 0.030 | | 0 | | 1 | | 0.009 | 0.051 | |
| Phenylalanine....g | 0.067 | | 0 | | 1 | | 0.019 | 0.114 | |
| Tyrosine....g | 0.052 | | 0 | | 1 | | 0.015 | 0.088 | |
| Valine....g | 0.069 | | 0 | | 1 | | 0.020 | 0.117 | |
| Arginine....g | 0.094 | | 0 | | 1 | | 0.027 | 0.160 | |
| Histidine....g | 0.034 | | 0 | | 1 | | 0.010 | 0.058 | |
| Alanine....g | 0.060 | | 0 | | 1 | | 0.017 | 0.102 | |
| Aspartic acid....g | 0.113 | | 0 | | 1 | | 0.032 | 0.192 | |
| Glutamic acid....g | 0.291 | | 0 | | 1 | | 0.082 | 0.495 | |
| Glycine....g | 0.071 | | 0 | | 1 | | 0.020 | 0.121 | |
| Proline....g | 0.065 | | 0 | | 1 | | 0.018 | 0.111 | |
| Serine....g | 0.063 | | 0 | | 1 | | 0.018 | 0.107 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03192**

**Babyfood, cereal, oatmeal, with applesauce and bananas, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 3.5 **Fat** 8.4 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03191**

**Babyfood, cereal, oatmeal, with applesauce and bananas, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 82.20 | 0.300 | 37 | | 1 | | 23.30 | 92.89 | |
| Energy....kcal | 74 | | 0 | NC | 4 | | 21 | 83 | |
| Energy....kJ | 308 | | 0 | NC | 4 | | 87 | 348 | |
| Protein (N x 6.04)....g | 1.30 | 0.000 | 25 | | 1 | | 0.37 | 1.47 | |
| Total lipid (fat)....g | 0.70 | 0.000 | 25 | | 1 | | 0.20 | 0.79 | |
| Ash....g | 0.40 | 0.000 | 25 | | 1 | | 0.11 | 0.45 | |
| Carbohydrate, by difference....g | 15.40 | | 0 | NC | 4 | | 4.37 | 17.40 | |
| Fiber, total dietary....g | 0.8 | | 0 | | 4 | | 0.2 | 0.9 | |
| Sugars, total....g | 10.49 | | 0 | FLA | 4 | | 2.97 | 11.85 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 9 | 1.000 | 18 | | 1 | | 3 | 10 | |
| Iron, Fe....mg | 5.65 | 0.180 | 18 | | 1 | | 1.60 | 6.38 | |
| Magnesium, Mg....mg | 11 | | 1 | | 1 | | 3 | 12 | |
| Phosphorus, P....mg | 41 | | 1 | | 1 | | 12 | 46 | |
| Potassium, K....mg | 47 | | 14 | | 1 | | 13 | 53 | |
| Sodium, Na....mg | 3 | | 0 | LC | 8 | | 1 | 4 | |
| Zinc, Zn....mg | 0.35 | 0.010 | 4 | | 1 | | 0.10 | 0.40 | |
| Copper, Cu....mg | 0.073 | 0.005 | 3 | | 1 | | 0.021 | 0.082 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 3.0 | | 1 | A | 1 | | 0.9 | 3.4 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 21.8 | 3.000 | 4 | | 1 | | 6.2 | 24.6 | |
| Thiamin....mg | 0.420 | 0.023 | 20 | | 1 | | 0.119 | 0.475 | |
| Riboflavin....mg | 0.365 | 0.009 | 20 | | 1 | | 0.103 | 0.412 | |
| Niacin....mg | 5.042 | 0.075 | 20 | | 1 | | 1.429 | 5.697 | |
| Pantothenic acid....mg | 0.227 | | 0 | | 4 | | 0.064 | 0.257 | |
| Vitamin B-6....mg | 0.200 | 0.017 | 3 | | 1 | | 0.057 | 0.226 | |
| Folate, total....µg | 4 | 0.100 | 9 | | 1 | | 1 | 4 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 4 | 0.100 | 9 | | 1 | | 1 | 4 | |
| Folate, DFE....mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 4 | |
| Choline, total....mg | 4.1 | | 0 | FLA | 4 | | 1.2 | 4.6 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 0 | 2 | |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 13 | | 0 | BNA | 4 | | 4 | 15 | |
| Carotene, alpha....µg | 2 | | 0 | BNA | 4 | | 1 | 2 | |
| Cryptoxanthin, beta....µg | 8 | | 0 | BNA | 4 | | 2 | 9 | |
| Vitamin A, IU....IU | 30 | 7.000 | 18 | | 1 | | 9 | 34 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 90 | | 0 | FLA | 4 | | 26 | 102 | |
| Vitamin E (alpha-tocopherol)....mg | 0.16 | | 0 | FLA | 4 | | 0.05 | 0.19 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 2.2 | | 0 | FLA | 4 | | 0.6 | 2.4 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03191**

**Babyfood, cereal, oatmeal, with applesauce and bananas, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.125 | | 0 | | 4 | | 0.035 | 0.141 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.002 | | 0 | | 4 | | 0.001 | 0.002 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.105 | | 0 | | 4 | | 0.030 | 0.119 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.007 | | 0 | | 4 | | 0.002 | 0.008 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.216 | | 0 | | 4 | | 0.061 | 0.244 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.215 | | 0 | | 4 | | 0.061 | 0.243 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.253 | | 0 | | 4 | | 0.072 | 0.286 | |
| 18:2 undifferentiated....g | 0.242 | | 0 | | 4 | | 0.069 | 0.273 | |
| 18:3 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.001 | 0.002 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.017 | | 0 | | 1 | | 0.005 | 0.019 | |
| Threonine....g | 0.046 | | 0 | | 1 | | 0.013 | 0.052 | |
| Isoleucine....g | 0.049 | | 0 | | 1 | | 0.014 | 0.055 | |
| Leucine....g | 0.099 | | 0 | | 1 | | 0.028 | 0.112 | |
| Lysine....g | 0.053 | | 0 | | 1 | | 0.015 | 0.060 | |
| Methionine....g | 0.030 | | 0 | | 1 | | 0.009 | 0.034 | |
| Cystine....g | 0.029 | | 0 | | 1 | | 0.008 | 0.033 | |
| Phenylalanine....g | 0.066 | | 0 | | 1 | | 0.019 | 0.075 | |
| Tyrosine....g | 0.052 | | 0 | | 1 | | 0.015 | 0.059 | |
| Valine....g | 0.068 | | 0 | | 1 | | 0.019 | 0.077 | |
| Arginine....g | 0.093 | | 0 | | 1 | | 0.026 | 0.105 | |
| Histidine....g | 0.034 | | 0 | | 1 | | 0.010 | 0.038 | |
| Alanine....g | 0.059 | | 0 | | 1 | | 0.017 | 0.067 | |
| Aspartic acid....g | 0.111 | | 0 | | 1 | | 0.031 | 0.125 | |
| Glutamic acid....g | 0.287 | | 0 | | 1 | | 0.081 | 0.324 | |
| Glycine....g | 0.070 | | 0 | | 1 | | 0.020 | 0.079 | |
| Proline....g | 0.064 | | 0 | | 1 | | 0.018 | 0.072 | |
| Serine....g | 0.062 | | 0 | | 1 | | 0.018 | 0.070 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03191**

**Babyfood, cereal, oatmeal, with applesauce and bananas, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 3.5 **Fat** 8.4 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03190**
**Babyfood, cereal, oatmeal, with bananas, dry**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 4.70 | | 1 | | 1 | | 0.12 | 0.71 | |
| Energy....kcal | 393 | | 0 | NC | 4 | | 10 | 59 | |
| Energy....kJ | 1644 | | 0 | | 4 | | 41 | 247 | |
| Protein (N x 6.04)....g | 12.00 | | 5 | | 1 | | 0.30 | 1.80 | |
| Total lipid (fat)....g | 6.00 | | 5 | | 1 | | 0.15 | 0.90 | |
| Ash....g | 3.90 | | 1 | | 1 | | 0.10 | 0.59 | |
| Carbohydrate, by difference....g | 73.40 | | 0 | NC | 4 | | 1.84 | 11.01 | |
| Fiber, total dietary....g | 5.2 | | 0 | | 4 | | 0.1 | 0.8 | |
| Sugars, total....g | 13.75 | | 0 | FLA | 4 | | 0.34 | 2.06 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 651 | | 1 | | 1 | | 16 | 98 | |
| Iron, Fe....mg | 47.50 | | 0 | | 5 | | 1.19 | 7.13 | |
| Magnesium, Mg....mg | 118 | | 2 | | 1 | | 3 | 18 | |
| Phosphorus, P....mg | 444 | | 2 | | 1 | | 11 | 67 | |
| Potassium, K....mg | 731 | | 2 | | 1 | | 18 | 110 | |
| Sodium, Na....mg | 6 | | 0 | LC | 8 | | 0 | 1 | |
| Zinc, Zn....mg | 1.90 | | 2 | | 1 | | 0.05 | 0.29 | |
| Copper, Cu....mg | 0.391 | | 0 | | 4 | | 0.010 | 0.059 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 20.5 | | 2 | A | 1 | | 0.5 | 3.1 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 4.7 | | 5 | | 1 | | 0.1 | 0.7 | |
| Thiamin....mg | 3.600 | 0.305 | 4 | | 1 | | 0.090 | 0.540 | |
| Riboflavin....mg | 3.710 | 0.040 | 4 | | 1 | | 0.093 | 0.557 | |
| Niacin....mg | 20.110 | 0.330 | 4 | | 1 | | 0.503 | 3.017 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.423 | | 5 | | 1 | | 0.011 | 0.063 | |
| Folate, total....µg | 19 | | 0 | | 4 | | 0 | 3 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 19 | | 0 | | 4 | | 0 | 3 | |
| Folate, DFE....mcg_DFE | 19 | | 0 | NC | 4 | | 0 | 3 | |
| Choline, total....mg | 28.7 | | 0 | FLA | 4 | | 0.7 | 4.3 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.22 | | 2 | | 1 | | 0.01 | 0.03 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 3 | | 0 | NC | 4 | | 0 | 1 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | 28 | | 0 | BNA | 4 | | 1 | 4 | |
| Carotene, alpha....µg | 27 | | 0 | BNA | 4 | | 1 | 4 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 69 | 24.000 | 5 | | 1 | | 2 | 10 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 157 | | 0 | FLA | 4 | | 4 | 24 | |
| Vitamin E (alpha-tocopherol)....mg | 5.00 | | 0 | NR | 4 | | 0.13 | 0.75 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 3.0 | | 0 | FLA | 4 | | 0.1 | 0.4 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03190**
**Babyfood, cereal, oatmeal, with bananas, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.267 | | 0 | | 4 | | 0.032 | 0.190 | |
| 4:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.004 | | 0 | | 4 | | 0.000 | 0.001 | |
| 12:0....g | 0.015 | | 0 | | 4 | | 0.000 | 0.002 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.018 | | 0 | | 4 | | 0.000 | 0.003 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.972 | | 0 | | 4 | | 0.024 | 0.146 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.097 | | 0 | | 4 | | 0.002 | 0.015 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.429 | | 0 | | 4 | | 0.036 | 0.214 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.039 | | 0 | | 4 | | 0.001 | 0.006 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.384 | | 0 | | 4 | | 0.035 | 0.208 | |
| 20:1....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 2.186 | | 0 | | 4 | | 0.055 | 0.328 | |
| 18:2 undifferentiated....g | 1.970 | | 0 | | 4 | | 0.049 | 0.296 | |
| 18:3 undifferentiated....g | 0.166 | | 0 | | 4 | | 0.004 | 0.025 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.157 | | 0 | | 1 | | 0.004 | 0.024 | |
| Threonine....g | 0.417 | | 0 | | 1 | | 0.010 | 0.063 | |
| Isoleucine....g | 0.501 | | 0 | | 1 | | 0.013 | 0.075 | |
| Leucine....g | 0.978 | | 0 | | 1 | | 0.024 | 0.147 | |
| Lysine....g | 0.558 | | 0 | | 1 | | 0.014 | 0.084 | |
| Methionine....g | 0.266 | | 0 | | 1 | | 0.007 | 0.040 | |
| Cystine....g | 0.272 | | 0 | | 1 | | 0.007 | 0.041 | |
| Phenylalanine....g | 0.624 | | 0 | | 1 | | 0.016 | 0.094 | |
| Tyrosine....g | 0.497 | | 0 | | 1 | | 0.012 | 0.075 | |
| Valine....g | 0.699 | | 0 | | 1 | | 0.017 | 0.105 | |
| Arginine....g | 0.711 | | 0 | | 1 | | 0.018 | 0.107 | |
| Histidine....g | 0.362 | | 0 | | 1 | | 0.009 | 0.054 | |
| Alanine....g | 0.491 | | 0 | | 1 | | 0.012 | 0.074 | |
| Aspartic acid....g | 0.986 | | 0 | | 1 | | 0.025 | 0.148 | |
| Glutamic acid....g | 2.603 | | 0 | | 1 | | 0.065 | 0.390 | |
| Glycine....g | 0.505 | | 0 | | 1 | | 0.013 | 0.076 | |
| Proline....g | 0.807 | | 0 | | 1 | | 0.020 | 0.121 | |
| Serine....g | 0.582 | | 0 | | 1 | | 0.015 | 0.087 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03190**
**Babyfood, cereal, oatmeal, with bananas, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

**Calories Factors: Protein** 3.5 **Fat** 8.4 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03690**

**Babyfood, cereal, oatmeal, with bananas, prepared with whole milk**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.81 | | 0 | RA | 4 | | 23.19 | | |
| Energy....kcal | 86 | | 0 | NC | 4 | | 24 | | |
| Energy....kJ | 362 | | 0 | NC | 4 | | 102 | | |
| Protein (N x 0)....g | 3.82 | | 0 | RA | 4 | | 1.08 | | |
| Total lipid (fat)....g | 3.46 | | 0 | RA | 4 | | 0.98 | | |
| Ash....g | 0.92 | | 0 | RA | 4 | | 0.26 | | |
| Carbohydrate, by difference....g | 10.00 | | 0 | RA | 4 | | 2.83 | | |
| Fiber, total dietary....g | 0.4 | | 0 | RA | 4 | | 0.1 | | |
| Sugars, total....g | 5.90 | | 0 | RA | 4 | | 1.67 | | |
| Sucrose....g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Glucose (dextrose)....g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Fructose....g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Lactose....g | 4.67 | | 0 | RA | 4 | | 1.32 | | |
| Maltose....g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Galactose....g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 153 | | 0 | RA | 4 | | 43 | | |
| Iron, Fe....mg | 3.63 | | 0 | RA | 4 | | 1.03 | | |
| Magnesium, Mg....mg | 18 | | 0 | RA | 4 | | 5 | | |
| Phosphorus, P....mg | 111 | | 0 | RA | 4 | | 32 | | |
| Potassium, K....mg | 178 | | 0 | RA | 4 | | 50 | | |
| Sodium, Na....mg | 48 | | 0 | RA | 4 | | 14 | | |
| Zinc, Zn....mg | 0.49 | | 0 | RA | 4 | | 0.14 | | |
| Copper, Cu....mg | 0.053 | | 0 | RA | 4 | | 0.015 | | |
| Manganese, Mn....mg | 0.004 | | 0 | RA | 4 | | 0.001 | | |
| Selenium, Se....µg | 4.9 | | 0 | RA | 4 | | 1.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.4 | | 0 | RA | 4 | | 0.1 | | |
| Thiamin....mg | 0.315 | | 0 | RA | 4 | | 0.089 | | |
| Riboflavin....mg | 0.437 | | 0 | RA | 4 | | 0.124 | | |
| Niacin....mg | 1.605 | | 0 | RA | 4 | | 0.455 | | |
| Pantothenic acid....mg | 0.345 | | 0 | RA | 4 | | 0.098 | | |
| Vitamin B-6....mg | 0.104 | | 0 | | 1 | | 0.029 | | |
| Folate, total....µg | 6 | | 0 | RA | 4 | | 2 | | |
| Folic acid....µg | 0 | | 0 | RA | 4 | | 0 | | |
| Folate, food....µg | 6 | | 0 | RA | 4 | | 2 | | |
| Folate, DFE....mcg_DFE | 6 | | 0 | NC | 4 | | 2 | | |
| Choline, total....mg | 15.4 | | 0 | RA | 4 | | 4.4 | | |
| Betaine....mg | 0.6 | | 0 | RA | 4 | | 0.2 | | |
| Vitamin B-12....µg | 0.43 | | 0 | RA | 4 | | 0.12 | | |
| Vitamin B-12, added....µg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Vitamin A, RAE....mcg_RAE | 43 | | 0 | RA | 4 | | 12 | | |
| Retinol....µg | 42 | | 0 | RA | 4 | | 12 | | |
| Carotene, beta....µg | 8 | | 0 | RA | 4 | | 2 | | |
| Carotene, alpha....µg | 2 | | 0 | RA | 4 | | 1 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | RA | 4 | | 0 | | |
| Vitamin A, IU....IU | 155 | | 0 | RA | 4 | | 44 | | |
| Lycopene....µg | 0 | | 0 | RA | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 12 | | 0 | RA | 4 | | 3 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.44 | | 0 | RA | 4 | | 0.13 | | |
| Vitamin E, added....mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, beta....mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, gamma....mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, delta....mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Vitamin D (D2 + D3)....µg | 1.2 | | 0 | RA | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03690**

**Babyfood, cereal, oatmeal, with bananas, prepared with whole milk**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 1.2 | | 0 | RA | 4 | | 0.3 | | |
| Vitamin D....IU | 47 | | 0 | RA | 4 | | 13 | | |
| Vitamin K (phylloquinone)....µg | 0.5 | | 0 | RA | 4 | | 0.1 | | |
| Dihydrophylloquinone....µg | 0.0 | | 0 | RA | 4 | | 0.0 | | |
| Menaquinone-4....µg | 0.9 | | 0 | RA | 4 | | 0.2 | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.820 | | 0 | RA | 4 | | 0.516 | | |
| 4:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 6:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 8:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 10:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 12:0....g | 0.072 | | 0 | RA | 4 | | 0.020 | | |
| 13:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 14:0....g | 0.276 | | 0 | RA | 4 | | 0.078 | | |
| 15:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 16:0....g | 0.840 | | 0 | RA | 4 | | 0.238 | | |
| 17:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 18:0....g | 0.344 | | 0 | RA | 4 | | 0.098 | | |
| 20:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 24:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| Fatty acids, total monounsaturated....g | 0.859 | | 0 | RA | 4 | | 0.244 | | |
| 14:1....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.003 | | 0 | RA | 4 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.856 | | 0 | RA | 4 | | 0.243 | | |
| 20:1....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.345 | | 0 | RA | 4 | | 0.098 | | |
| 18:2 undifferentiated....g | 0.260 | | 0 | RA | 4 | | 0.074 | | |
| 18:3 undifferentiated....g | 0.081 | | 0 | RA | 4 | | 0.023 | | |
| 18:4....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 10 | | 0 | RA | 4 | | 3 | | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.080 | | 0 | RA | 4 | | 0.023 | | |
| Threonine....g | 0.161 | | 0 | RA | 4 | | 0.046 | | |
| Isoleucine....g | 0.187 | | 0 | RA | 4 | | 0.053 | | |
| Leucine....g | 0.314 | | 0 | RA | 4 | | 0.089 | | |
| Lysine....g | 0.309 | | 0 | | 1 | | 0.088 | | |
| Methionine....g | 0.088 | | 0 | RA | 4 | | 0.025 | | |
| Cystine....g | 0.036 | | 0 | RA | 4 | | 0.010 | | |
| Phenylalanine....g | 0.180 | | 0 | RA | 4 | | 0.051 | | |
| Tyrosine....g | 0.214 | | 0 | | 1 | | 0.061 | | |
| Valine....g | 0.227 | | 0 | RA | 4 | | 0.064 | | |
| Arginine....g | 0.122 | | 0 | RA | 4 | | 0.034 | | |
| Histidine....g | 0.095 | | 0 | RA | 4 | | 0.027 | | |
| Alanine....g | 0.130 | | 0 | RA | 4 | | 0.037 | | |
| Aspartic acid....g | 0.289 | | 0 | RA | 4 | | 0.082 | | |
| Glutamic acid....g | 0.783 | | 0 | RA | 4 | | 0.222 | | |
| Glycine....g | 0.106 | | 0 | RA | 4 | | 0.030 | | |
| Proline....g | 0.370 | | 0 | RA | 4 | | 0.105 | | |
| Serine....g | 0.141 | | 0 | RA | 4 | | 0.040 | | |
| Hydroxyproline....g | | | | | | | | | |

**NDB No. 03690**

**Babyfood, cereal, oatmeal, with bananas, prepared with whole milk**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | RA | 4 | | 0.0 | | |
| Caffeine.....mg | 0 | | 0 | RA | 4 | | 0 | | |
| Theobromine.....mg | 0 | | 0 | RA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03193**
**Babyfood, cereal, oatmeal, with honey, dry**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 5.80 | 0.300 | 13 | | 1 | | 0.14 | 0.82 | |
| Energy | kcal | 391 | | 0 | NC | 4 | | 9 | 56 | |
| Energy | kJ | 1636 | | | | 4 | | 39 | 232 | |
| Protein (N x 5.83) | g | 13.50 | 0.100 | 13 | | 1 | | 0.32 | 1.92 | |
| Total lipid (fat) | g | 7.00 | 0.100 | 13 | | 1 | | 0.17 | 0.99 | |
| Ash | g | 4.40 | 0.100 | 13 | | 1 | | 0.11 | 0.62 | |
| Carbohydrate, by difference | g | 69.30 | | 0 | NC | 4 | | 1.66 | 9.84 | |
| Fiber, total dietary | g | | | | | | | | | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 1154 | 13.000 | 13 | | 1 | | 28 | 164 | |
| Iron, Fe | mg | 67.23 | 1.130 | 13 | | 1 | | 1.61 | 9.55 | |
| Magnesium, Mg | mg | 146 | | 0 | | 4 | | 4 | 21 | |
| Phosphorus, P | mg | 733 | 29.000 | 14 | | 1 | | 18 | 104 | |
| Potassium, K | mg | 259 | 8.000 | 13 | | 1 | | 6 | 37 | |
| Sodium, Na | mg | 47 | 2.000 | 13 | | 1 | | 1 | 7 | |
| Zinc, Zn | mg | 3.70 | | 0 | | 4 | | 0.09 | 0.53 | |
| Copper, Cu | mg | 0.529 | | 0 | | 4 | | 0.013 | 0.075 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 36.4 | | 0 | BFZN | 4 | | 0.9 | 5.2 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.0 | | 13 | | 1 | | 0.0 | 0.0 | |
| Thiamin | mg | 2.771 | 0.061 | 13 | | 1 | | 0.067 | 0.393 | |
| Riboflavin | mg | 2.842 | 0.030 | 13 | | 1 | | 0.068 | 0.404 | |
| Niacin | mg | 36.292 | 0.808 | 13 | | 1 | | 0.871 | 5.153 | |
| Pantothenic acid | mg | 1.540 | | 0 | | 4 | | 0.037 | 0.219 | |
| Vitamin B-6 | mg | 0.154 | | 0 | | 4 | | 0.004 | 0.022 | |
| Folate, total | µg | 35 | | 0 | | 4 | | 1 | 5 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 35 | | 0 | | 4 | | 1 | 5 | |
| Folate, DFE | mcg_DFE | 35 | | 0 | NC | 4 | | 1 | 5 | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 0 | |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | 23 | 2.000 | 13 | | 1 | | 1 | 3 | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03193**

**Babyfood, cereal, oatmeal, with honey, dry**

**Common Measures:**

Measure 1 = 2.4g: 1 tbsp

Measure 2 = 14.2g: .5 oz

**Calories Factors: Protein** 3.5 **Fat** 8.4 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03693**

**Babyfood, cereal, oatmeal, with honey, prepared with whole milk**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 74.50 | | 0 | | 1 | | 21.12 | | |
| Energy | kcal | 115 | | 0 | NC | 4 | | 33 | | |
| Energy | kJ | 481 | | | | 4 | | 136 | | |
| Protein (N x 0) | g | 5.00 | | 0 | | 1 | | 1.42 | | |
| Total lipid (fat) | g | 3.90 | | 0 | | 1 | | 1.11 | | |
| Ash | g | 1.30 | | 0 | | 1 | | 0.37 | | |
| Carbohydrate, by difference | g | 15.30 | | 0 | NC | 4 | | 4.34 | | |
| Fiber, total dietary | g | | | | | | | | | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 289 | | 0 | | 1 | | 82 | | |
| Iron, Fe | mg | 11.09 | | 0 | | 1 | | 3.14 | | |
| Magnesium, Mg | mg | 35 | | 0 | | 4 | | 10 | | |
| Phosphorus, P | mg | 198 | | 0 | | 1 | | 56 | | |
| Potassium, K | mg | 170 | | 0 | | 1 | | 48 | | |
| Sodium, Na | mg | 49 | | 0 | | 1 | | 14 | | |
| Zinc, Zn | mg | 0.93 | | 0 | | 4 | | 0.26 | | |
| Copper, Cu | mg | 0.095 | | 0 | | 4 | | 0.027 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | | | | | | | | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | | | | | | | | | |
| Thiamin | mg | 0.487 | | 0 | | 1 | | 0.138 | | |
| Riboflavin | mg | 0.602 | | 0 | | 1 | | 0.171 | | |
| Niacin | mg | 6.034 | | 0 | | 1 | | 1.711 | | |
| Pantothenic acid | mg | 0.514 | | 0 | | 4 | | 0.146 | | |
| Vitamin B-6 | mg | 0.060 | | 0 | | 4 | | 0.017 | | |
| Folate, total | µg | 10 | | 0 | | 4 | | 3 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 10 | | 0 | | 4 | | 3 | | |
| Folate, DFE | mcg_DFE | 10 | | 0 | NC | 4 | | 3 | | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.30 | | 0 | | 4 | | 0.09 | | |
| Vitamin A, RAE | mcg_RAE | | | | | | | | | |
| Retinol | µg | | | | | | | | | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | | | | | | | | | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03693**

**Babyfood, cereal, oatmeal, with honey, prepared with whole milk**

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03194**
**Babyfood, cereal, rice, dry**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 6.70 | 0.100 | 37 | | 1 | | 0.17 | 1.01 | |
| Energy....kcal | 391 | | 0 | NC | 4 | | 10 | 59 | |
| Energy....kJ | 1637 | | 0 | NC | 4 | | 41 | 246 | |
| Protein (N x 5.95)....g | 7.10 | 0.300 | 23 | | 1 | | 0.18 | 1.07 | |
| Total lipid (fat)....g | 4.90 | 0.500 | 23 | | 1 | | 0.12 | 0.74 | |
| Ash....g | 3.60 | 0.400 | 22 | | 1 | | 0.09 | 0.54 | |
| Carbohydrate, by difference....g | 77.70 | | 0 | NC | 4 | | 1.94 | 11.66 | |
| Fiber, total dietary....g | 0.5 | | 0 | | 4 | | 0.0 | 0.1 | |
| Sugars, total....g | 0.12 | | 0 | BFSN | 4 | | 0.00 | 0.02 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 850 | | 18 | | 1 | | 21 | 128 | |
| Iron, Fe....mg | 47.50 | | 0 | | 5 | | 1.19 | 7.13 | |
| Magnesium, Mg....mg | 206 | 11.000 | 3 | | 1 | | 5 | 31 | |
| Phosphorus, P....mg | 590 | 4.000 | 18 | | 1 | | 15 | 89 | |
| Potassium, K....mg | 385 | | 16 | | 1 | | 10 | 58 | |
| Sodium, Na....mg | 6 | | 0 | LC | 8 | | 0 | 1 | |
| Zinc, Zn....mg | 1.98 | 0.048 | 18 | | 1 | | 0.05 | 0.30 | |
| Copper, Cu....mg | 0.331 | | 20 | | 1 | | 0.008 | 0.050 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 11.6 | 1.400 | 4 | A | 1 | | 0.3 | 1.7 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 2.4 | | 15 | | 1 | | 0.1 | 0.4 | |
| Thiamin....mg | 2.645 | | 22 | | 1 | | 0.066 | 0.397 | |
| Riboflavin....mg | 2.221 | 0.082 | 21 | | 1 | | 0.056 | 0.333 | |
| Niacin....mg | 31.243 | | 0 | | 1 | | 0.781 | 4.686 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.479 | | 5 | | 1 | | 0.012 | 0.072 | |
| Folate, total....µg | 24 | 0.800 | 6 | | 1 | | 1 | 4 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 24 | 0.800 | 6 | | 1 | | 1 | 4 | |
| Folate, DFE....mcg_DFE | 24 | | 0 | NC | 4 | | 1 | 4 | |
| Choline, total....mg | 18.0 | | 0 | FLA | 4 | | 0.5 | 2.7 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Carotene, alpha....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol)....mg | 5.00 | | 0 | NR | 4 | | 0.13 | 0.75 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 0.0 | | 0 | BFSN | 4 | | 0.0 | 0.0 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03194**
**Babyfood, cereal, rice, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.919 | | 0 | | 4 | | 0.023 | 0.138 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.013 | | 0 | | 4 | | 0.000 | 0.002 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.767 | | 0 | | 4 | | 0.019 | 0.115 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.126 | | 0 | | 4 | | 0.003 | 0.019 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.260 | | 0 | | 4 | | 0.032 | 0.189 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.027 | | 0 | | 4 | | 0.001 | 0.004 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.229 | | 0 | | 4 | | 0.031 | 0.184 | |
| 20:1....g | 0.002 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 2.016 | | 0 | | 4 | | 0.050 | 0.302 | |
| 18:2 undifferentiated....g | 1.799 | | 0 | | 4 | | 0.045 | 0.270 | |
| 18:3 undifferentiated....g | 0.215 | | 0 | | 4 | | 0.005 | 0.032 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.094 | | 0 | | 1 | | 0.002 | 0.014 | |
| Threonine....g | 0.316 | | 0 | | 1 | | 0.008 | 0.047 | |
| Isoleucine....g | 0.290 | | 0 | | 1 | | 0.007 | 0.044 | |
| Leucine....g | 0.559 | | 0 | | 1 | | 0.014 | 0.084 | |
| Lysine....g | 0.304 | | 0 | | 1 | | 0.008 | 0.046 | |
| Methionine....g | 0.185 | | 0 | | 1 | | 0.005 | 0.028 | |
| Cystine....g | 0.169 | | 0 | | 1 | | 0.004 | 0.025 | |
| Phenylalanine....g | 0.364 | | 0 | | 1 | | 0.009 | 0.055 | |
| Tyrosine....g | 0.324 | | 0 | | 1 | | 0.008 | 0.049 | |
| Valine....g | 0.446 | | 0 | | 1 | | 0.011 | 0.067 | |
| Arginine....g | 0.646 | | 0 | | 1 | | 0.016 | 0.097 | |
| Histidine....g | 0.193 | | 0 | | 1 | | 0.005 | 0.029 | |
| Alanine....g | 0.425 | | 0 | | 1 | | 0.011 | 0.064 | |
| Aspartic acid....g | 0.696 | | 0 | | 1 | | 0.017 | 0.104 | |
| Glutamic acid....g | 1.291 | | 0 | | 1 | | 0.032 | 0.194 | |
| Glycine....g | 0.366 | | 0 | | 1 | | 0.009 | 0.055 | |
| Proline....g | 0.316 | | 0 | | 1 | | 0.008 | 0.047 | |
| Serine....g | 0.342 | | 0 | | 1 | | 0.009 | 0.051 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03194**
**Babyfood, cereal, rice, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

**Calories Factors: Protein** 3.82 **Fat** 8.37 **Carbohydrate** 4.16

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03694**
**Babyfood, cereal, rice, prepared with whole milk**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 81.96 | | 0 | RA | 4 | | 23.23 | | |
| Energy | kcal | 85 | | 0 | NC | 4 | | 24 | | |
| Energy | kJ | 357 | | 0 | NC | 4 | | 101 | | |
| Protein (N x 0) | g | 3.45 | | 0 | RA | 4 | | 0.98 | | |
| Total lipid (fat) | g | 3.38 | | 0 | RA | 4 | | 0.96 | | |
| Ash | g | 0.89 | | 0 | RA | 4 | | 0.25 | | |
| Carbohydrate, by difference | g | 10.31 | | 0 | RA | 4 | | 2.92 | | |
| Fiber, total dietary | g | 0.0 | | 0 | RA | 4 | | 0.0 | | |
| Sugars, total | g | 4.87 | | 0 | RA | 4 | | 1.38 | | |
| Sucrose | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Glucose (dextrose) | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Fructose | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Lactose | g | 4.67 | | 0 | RA | 4 | | 1.32 | | |
| Maltose | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Galactose | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 168 | | 0 | RA | 4 | | 48 | | |
| Iron, Fe | mg | 3.63 | | 0 | RA | 4 | | 1.03 | | |
| Magnesium, Mg | mg | 25 | | 0 | RA | 4 | | 7 | | |
| Phosphorus, P | mg | 122 | | 0 | RA | 4 | | 35 | | |
| Potassium, K | mg | 151 | | 0 | RA | 4 | | 43 | | |
| Sodium, Na | mg | 42 | | 0 | RA | 4 | | 12 | | |
| Zinc, Zn | mg | 0.49 | | 0 | RA | 4 | | 0.14 | | |
| Copper, Cu | mg | 0.048 | | 0 | RA | 4 | | 0.014 | | |
| Manganese, Mn | mg | 0.004 | | 0 | RA | 4 | | 0.001 | | |
| Selenium, Se | µg | 4.3 | | 0 | RA | 4 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.2 | | 0 | RA | 4 | | 0.1 | | |
| Thiamin | mg | 0.243 | | 0 | RA | 4 | | 0.069 | | |
| Riboflavin | mg | 0.324 | | 0 | RA | 4 | | 0.092 | | |
| Niacin | mg | 2.449 | | 0 | RA | 4 | | 0.694 | | |
| Pantothenic acid | mg | 0.345 | | 0 | RA | 4 | | 0.098 | | |
| Vitamin B-6 | mg | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| Folate, total | µg | 6 | | 0 | RA | 4 | | 2 | | |
| Folic acid | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Folate, food | µg | 6 | | 0 | RA | 4 | | 2 | | |
| Folate, DFE | mcg_DFE | 6 | | 0 | NC | 4 | | 2 | | |
| Choline, total | mg | 14.6 | | 0 | RA | 4 | | 4.1 | | |
| Betaine | mg | 0.6 | | 0 | RA | 4 | | 0.2 | | |
| Vitamin B-12 | µg | 0.41 | | 0 | RA | 4 | | 0.12 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 42 | | 0 | NC | 4 | | 12 | | |
| Retinol | µg | 42 | | 0 | RA | 4 | | 12 | | |
| Carotene, beta | µg | 6 | | 0 | RA | 4 | | 2 | | |
| Carotene, alpha | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Vitamin A, IU | IU | 150 | | 0 | RA | 4 | | 42 | | |
| Lycopene | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.44 | | 0 | RA | 4 | | 0.13 | | |
| Vitamin E, added | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, beta | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, gamma | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, delta | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Vitamin D (D2 + D3) | µg | 1.2 | | 0 | RA | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03694**
**Babyfood, cereal, rice, prepared with whole milk**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 1.2 | | 0 | RA | 4 | | 0.3 | | |
| Vitamin D....IU | 47 | | 0 | RA | 4 | | 13 | | |
| Vitamin K (phylloquinone)....µg | 0.2 | | 0 | RA | 4 | | 0.1 | | |
| Dihydrophylloquinone....µg | 0.0 | | 0 | RA | 4 | | 0.0 | | |
| Menaquinone-4....µg | 0.9 | | 0 | RA | 4 | | 0.2 | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.793 | | 0 | RA | 4 | | 0.508 | | |
| 4:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 6:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 8:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 10:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 12:0....g | 0.071 | | 0 | RA | 4 | | 0.020 | | |
| 13:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 14:0....g | 0.275 | | 0 | RA | 4 | | 0.078 | | |
| 15:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 16:0....g | 0.824 | | 0 | RA | 4 | | 0.234 | | |
| 17:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 18:0....g | 0.347 | | 0 | RA | 4 | | 0.098 | | |
| 20:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 24:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| Fatty acids, total monounsaturated....g | 0.846 | | 0 | RA | 4 | | 0.240 | | |
| 14:1....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 0 | RA | 4 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.844 | | 0 | RA | 4 | | 0.239 | | |
| 20:1....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.333 | | 0 | RA | 4 | | 0.094 | | |
| 18:2 undifferentiated....g | 0.247 | | 0 | RA | 4 | | 0.070 | | |
| 18:3 undifferentiated....g | 0.085 | | 0 | RA | 4 | | 0.024 | | |
| 18:4....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 10 | | 0 | RA | 4 | | 3 | | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.075 | | 0 | RA | 4 | | 0.021 | | |
| Threonine....g | 0.153 | | 0 | RA | 4 | | 0.043 | | |
| Isoleucine....g | 0.171 | | 0 | RA | 4 | | 0.049 | | |
| Leucine....g | 0.282 | | 0 | RA | 4 | | 0.080 | | |
| Lysine....g | 0.150 | | 0 | RA | 4 | | 0.042 | | |
| Methionine....g | 0.082 | | 0 | RA | 4 | | 0.023 | | |
| Cystine....g | 0.028 | | 0 | RA | 4 | | 0.008 | | |
| Phenylalanine....g | 0.160 | | 0 | RA | 4 | | 0.045 | | |
| Tyrosine....g | 0.162 | | 0 | RA | 4 | | 0.046 | | |
| Valine....g | 0.208 | | 0 | RA | 4 | | 0.059 | | |
| Arginine....g | 0.117 | | 0 | RA | 4 | | 0.033 | | |
| Histidine....g | 0.082 | | 0 | RA | 4 | | 0.023 | | |
| Alanine....g | 0.125 | | 0 | RA | 4 | | 0.035 | | |
| Aspartic acid....g | 0.267 | | 0 | RA | 4 | | 0.076 | | |
| Glutamic acid....g | 0.684 | | 0 | RA | 4 | | 0.194 | | |
| Glycine....g | 0.095 | | 0 | RA | 4 | | 0.027 | | |
| Proline....g | 0.333 | | 0 | RA | 4 | | 0.094 | | |
| Serine....g | 0.122 | | 0 | RA | 4 | | 0.035 | | |
| Hydroxyproline....g | | | | | | | | | |

**NDB No. 03694**
**Babyfood, cereal, rice, prepared with whole milk**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | RA | 4 | | 0.0 | | |
| Caffeine.....mg | 0 | | 0 | RA | 4 | | 0 | | |
| Theobromine.....mg | 0 | | 0 | RA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03195**

**Babyfood, cereal, rice, with applesauce and bananas, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 81.00 | 0.800 | 24 | | 1 | | 12.96 | 22.96 | 91.53 |
| Energy | kcal | 80 | | 0 | NC | 4 | | 13 | 23 | 90 |
| Energy | kJ | 334 | | 0 | NC | 4 | | 53 | 95 | 377 |
| Protein (N x 6) | g | 1.20 | 0.000 | 23 | | 1 | | 0.19 | 0.34 | 1.36 |
| Total lipid (fat) | g | 0.40 | 0.100 | 23 | | 1 | | 0.06 | 0.11 | 0.45 |
| Ash | g | 0.30 | 0.000 | 23 | | 1 | | 0.05 | 0.09 | 0.34 |
| Carbohydrate, by difference | g | 17.10 | | 0 | NC | 4 | | 2.74 | 4.85 | 19.32 |
| Fiber, total dietary | g | 1.0 | | 0 | | 4 | | 0.2 | 0.3 | 1.1 |
| Sugars, total | g | 2.24 | | 0 | FLA | 4 | | 0.36 | 0.64 | 2.53 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 17 | 0.000 | 19 | | 1 | | 3 | 5 | 19 |
| Iron, Fe | mg | 6.73 | 0.620 | 19 | | 1 | | 1.08 | 1.91 | 7.60 |
| Magnesium, Mg | mg | 3 | | 1 | | 1 | | 0 | 1 | 3 |
| Phosphorus, P | mg | 12 | | 1 | | 1 | | 2 | 3 | 14 |
| Potassium, K | mg | 28 | | 14 | | 1 | | 4 | 8 | 32 |
| Sodium, Na | mg | 4 | | 0 | LC | 8 | | 1 | 1 | 5 |
| Zinc, Zn | mg | 0.08 | | 1 | | 1 | | 0.01 | 0.02 | 0.09 |
| Copper, Cu | mg | 0.051 | | 0 | | 4 | | 0.008 | 0.014 | 0.058 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 2.1 | | 1 | A | 1 | | 0.3 | 0.6 | 2.4 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 31.6 | 1.000 | 19 | | 1 | | 5.1 | 9.0 | 35.7 |
| Thiamin | mg | 0.260 | | 18 | | 1 | | 0.042 | 0.074 | 0.294 |
| Riboflavin | mg | 0.422 | | 18 | | 1 | | 0.068 | 0.120 | 0.477 |
| Niacin | mg | 4.017 | | 18 | | 1 | | 0.643 | 1.139 | 4.539 |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.234 | | 4 | | 1 | | 0.037 | 0.066 | 0.264 |
| Folate, total | µg | 3 | 0.200 | 6 | | 1 | | 0 | 1 | 3 |
| Folic acid | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food | µg | 1 | | 0 | FLA | 4 | | 0 | 0 | 1 |
| Folate, DFE | mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 0 | 1 |
| Choline, total | mg | 1.9 | | 0 | FLA | 4 | | 0.3 | 0.5 | 2.2 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 0 | 1 |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 9 | | 0 | BNA | 4 | | 1 | 3 | 10 |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 7 | | 0 | BNA | 4 | | 1 | 2 | 8 |
| Vitamin A, IU | IU | 21 | 5.000 | 19 | | 1 | | 3 | 6 | 24 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 4 | | 0 | FLA | 4 | | 1 | 1 | 4 |
| Vitamin E (alpha-tocopherol) | mg | 0.04 | | 0 | FLA | 4 | | 0.01 | 0.01 | 0.04 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 0.2 | | 0 | FLA | 4 | | 0.0 | 0.1 | 0.3 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03195**

**Babyfood, cereal, rice, with applesauce and bananas, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.114 | | 0 | | 4 | | 0.018 | 0.032 | 0.129 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.002 | | 0 | | 4 | | 0.000 | 0.001 | 0.002 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.096 | | 0 | | 4 | | 0.015 | 0.027 | 0.108 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.007 | | 0 | | 4 | | 0.001 | 0.002 | 0.008 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.104 | | 0 | | 4 | | 0.017 | 0.029 | 0.118 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.003 | | 0 | | 4 | | 0.000 | 0.001 | 0.003 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.101 | | 0 | | 4 | | 0.016 | 0.029 | 0.114 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.102 | | 0 | | 4 | | 0.016 | 0.029 | 0.115 |
| 18:2 undifferentiated....g | 0.082 | | 0 | | 4 | | 0.013 | 0.023 | 0.093 |
| 18:3 undifferentiated....g | 0.021 | | 0 | | 4 | | 0.003 | 0.006 | 0.024 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.012 | | 0 | | 1 | | 0.002 | 0.003 | 0.014 |
| Threonine....g | 0.040 | | 0 | | 1 | | 0.006 | 0.011 | 0.045 |
| Isoleucine....g | 0.048 | | 0 | | 1 | | 0.008 | 0.014 | 0.054 |
| Leucine....g | 0.116 | | 0 | | 1 | | 0.019 | 0.033 | 0.131 |
| Lysine....g | 0.068 | | 0 | | 1 | | 0.011 | 0.019 | 0.077 |
| Methionine....g | 0.020 | | 0 | | 1 | | 0.003 | 0.006 | 0.023 |
| Cystine....g | 0.014 | | 0 | | 1 | | 0.002 | 0.004 | 0.016 |
| Phenylalanine....g | 0.058 | | 0 | | 1 | | 0.009 | 0.016 | 0.066 |
| Tyrosine....g | 0.056 | | 0 | | 1 | | 0.009 | 0.016 | 0.063 |
| Valine....g | 0.068 | | 0 | | 1 | | 0.011 | 0.019 | 0.077 |
| Arginine....g | 0.040 | | 0 | | 1 | | 0.006 | 0.011 | 0.045 |
| Histidine....g | 0.032 | | 0 | | 1 | | 0.005 | 0.009 | 0.036 |
| Alanine....g | 0.056 | | 0 | | 1 | | 0.009 | 0.016 | 0.063 |
| Aspartic acid....g | 0.076 | | 0 | | 1 | | 0.012 | 0.022 | 0.086 |
| Glutamic acid....g | 0.236 | | 0 | | 1 | | 0.038 | 0.067 | 0.267 |
| Glycine....g | 0.028 | | 0 | | 1 | | 0.004 | 0.008 | 0.032 |
| Proline....g | 0.104 | | 0 | | 1 | | 0.017 | 0.029 | 0.118 |
| Serine....g | 0.052 | | 0 | | 1 | | 0.008 | 0.015 | 0.059 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03195**

**Babyfood, cereal, rice, with applesauce and bananas, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** 3.8 **Fat** 8.4 **Carbohydrate** 4.2

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03212**
**Babyfood, cereal, rice, with bananas, dry**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 4.70 | | 1 | | 1 | | 0.12 | 0.71 | |
| Energy....kcal | 404 | | 0 | NC | 4 | | 10 | 61 | |
| Energy....kJ | 1690 | | 0 | | 4 | | 42 | 254 | |
| Protein (N x 6)....g | 8.70 | | 4 | | 1 | | 0.22 | 1.31 | |
| Total lipid (fat)....g | 4.20 | | 4 | | 1 | | 0.11 | 0.63 | |
| Ash....g | 2.50 | | 1 | | 1 | | 0.06 | 0.38 | |
| Carbohydrate, by difference....g | 79.90 | | 0 | NC | 4 | | 2.00 | 11.99 | |
| Fiber, total dietary....g | 1.0 | | 0 | | 4 | | 0.0 | 0.2 | |
| Sugars, total....g | 16.70 | | 0 | T | 4 | | 0.42 | 2.51 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 691 | | 1 | | 1 | | 17 | 104 | |
| Iron, Fe....mg | 47.50 | | 0 | | 1 | | 1.19 | 7.13 | |
| Magnesium, Mg....mg | 141 | | 1 | | 1 | | 4 | 21 | |
| Phosphorus, P....mg | 410 | | 1 | | 1 | | 10 | 62 | |
| Potassium, K....mg | 769 | | 1 | | 1 | | 19 | 115 | |
| Sodium, Na....mg | 0 | | 0 | LC | 8 | | 0 | 0 | |
| Zinc, Zn....mg | 1.50 | | 1 | | 1 | | 0.04 | 0.23 | |
| Copper, Cu....mg | 0.254 | | 0 | | 4 | | 0.006 | 0.038 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 11.6 | | 0 | CAZN | 4 | | 0.3 | 1.7 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 2.0 | | 2 | | 1 | | 0.1 | 0.3 | |
| Thiamin....mg | 3.970 | 0.335 | 4 | | 1 | | 0.099 | 0.596 | |
| Riboflavin....mg | 3.800 | 0.110 | 4 | | 1 | | 0.095 | 0.570 | |
| Niacin....mg | 23.320 | 0.500 | 4 | | 1 | | 0.583 | 3.498 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.686 | 0.037 | 3 | | 1 | | 0.017 | 0.103 | |
| Folate, total....µg | 12 | | 0 | | 4 | | 0 | 2 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 12 | | 0 | | 4 | | 0 | 2 | |
| Folate, DFE....mcg_DFE | 12 | | 0 | NC | 4 | | 0 | 2 | |
| Choline, total....mg | 25.8 | | 0 | FLA | 4 | | 0.6 | 3.9 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.21 | | 2 | | 1 | | 0.01 | 0.03 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 0 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | 12 | | 0 | BNA | 4 | | 0 | 2 | |
| Carotene, alpha....µg | 11 | | 0 | BNA | 4 | | 0 | 2 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 29 | 22.000 | 4 | | 1 | | 1 | 4 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 39 | | 0 | FLA | 4 | | 1 | 6 | |
| Vitamin E (alpha-tocopherol)....mg | 0.37 | | 0 | FLA | 4 | | 0.01 | 0.06 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 3.8 | | 0 | FLA | 4 | | 0.1 | 0.6 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03212**
**Babyfood, cereal, rice, with bananas, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.978 | | 0 | | 4 | | 0.024 | 0.147 | |
| 4:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.002 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.002 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.018 | | 0 | | 4 | | 0.000 | 0.003 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.790 | | 0 | | 4 | | 0.020 | 0.119 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.098 | | 0 | | 4 | | 0.002 | 0.015 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.986 | | 0 | | 4 | | 0.025 | 0.148 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.026 | | 0 | | 4 | | 0.001 | 0.004 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.955 | | 0 | | 4 | | 0.024 | 0.143 | |
| 20:1....g | 0.002 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.503 | | 0 | | 4 | | 0.038 | 0.225 | |
| 18:2 undifferentiated....g | 1.288 | | 0 | | 4 | | 0.032 | 0.193 | |
| 18:3 undifferentiated....g | 0.214 | | 0 | | 4 | | 0.005 | 0.032 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.154 | | 0 | | 1 | | 0.004 | 0.023 | |
| Threonine....g | 0.444 | | 0 | | 1 | | 0.011 | 0.067 | |
| Isoleucine....g | 0.464 | | 0 | | 1 | | 0.012 | 0.070 | |
| Leucine....g | 0.821 | | 0 | | 1 | | 0.021 | 0.123 | |
| Lysine....g | 0.452 | | 0 | | 1 | | 0.011 | 0.068 | |
| Methionine....g | 0.229 | | 0 | | 1 | | 0.006 | 0.034 | |
| Cystine....g | 0.184 | | 0 | | 1 | | 0.005 | 0.028 | |
| Phenylalanine....g | 0.400 | | 0 | | 1 | | 0.010 | 0.060 | |
| Tyrosine....g | 0.368 | | 0 | | 1 | | 0.009 | 0.055 | |
| Valine....g | 0.547 | | 0 | | 1 | | 0.014 | 0.082 | |
| Arginine....g | 0.603 | | 0 | | 1 | | 0.015 | 0.090 | |
| Histidine....g | 0.273 | | 0 | | 1 | | 0.007 | 0.041 | |
| Alanine....g | 0.496 | | 0 | | 1 | | 0.012 | 0.074 | |
| Aspartic acid....g | 0.857 | | 0 | | 1 | | 0.021 | 0.129 | |
| Glutamic acid....g | 1.523 | | 0 | | 1 | | 0.038 | 0.228 | |
| Glycine....g | 0.364 | | 0 | | 1 | | 0.009 | 0.055 | |
| Proline....g | 0.418 | | 0 | | 1 | | 0.010 | 0.063 | |
| Serine....g | 0.467 | | 0 | | 1 | | 0.012 | 0.070 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03212**
**Babyfood, cereal, rice, with bananas, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

**Calories Factors: Protein** 3.8 **Fat** 8.4 **Carbohydrate** 4.2

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03712**
**Babyfood, cereal, rice, with bananas, prepared with whole milk**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 81.81 | | 0 | RA | 4 | | 23.19 | | |
| Energy | kcal | 86 | | 0 | NC | 4 | | 24 | | |
| Energy | kJ | 360 | | 0 | NC | 4 | | 102 | | |
| Protein (N x 0) | g | 3.57 | | 0 | RA | 4 | | 1.01 | | |
| Total lipid (fat) | g | 3.32 | | 0 | RA | 4 | | 0.94 | | |
| Ash | g | 0.81 | | 0 | RA | 4 | | 0.23 | | |
| Carbohydrate, by difference | g | 10.49 | | 0 | RA | 4 | | 2.97 | | |
| Fiber, total dietary | g | 0.1 | | 0 | RA | 4 | | 0.0 | | |
| Sugars, total | g | 6.13 | | 0 | RA | 4 | | 1.74 | | |
| Sucrose | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Glucose (dextrose) | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Fructose | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Lactose | g | 4.67 | | 0 | RA | 4 | | 1.32 | | |
| Maltose | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Galactose | g | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 156 | | 0 | RA | 4 | | 44 | | |
| Iron, Fe | mg | 3.63 | | 0 | RA | 4 | | 1.03 | | |
| Magnesium, Mg | mg | 20 | | 0 | RA | 4 | | 6 | | |
| Phosphorus, P | mg | 109 | | 0 | RA | 4 | | 31 | | |
| Potassium, K | mg | 180 | | 0 | RA | 4 | | 51 | | |
| Sodium, Na | mg | 47 | | 0 | RA | 4 | | 13 | | |
| Zinc, Zn | mg | 0.46 | | 0 | RA | 4 | | 0.13 | | |
| Copper, Cu | mg | 0.042 | | 0 | RA | 4 | | 0.012 | | |
| Manganese, Mn | mg | 0.004 | | 0 | RA | 4 | | 0.001 | | |
| Selenium, Se | µg | 4.3 | | 0 | RA | 4 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.2 | | 0 | RA | 4 | | 0.0 | | |
| Thiamin | mg | 0.684 | | 0 | | 1 | | 0.194 | | |
| Riboflavin | mg | 0.444 | | 0 | RA | 4 | | 0.126 | | |
| Niacin | mg | 1.849 | | 0 | RA | 4 | | 0.524 | | |
| Pantothenic acid | mg | 0.345 | | 0 | RA | 4 | | 0.098 | | |
| Vitamin B-6 | mg | 0.085 | | 0 | RA | 4 | | 0.024 | | |
| Folate, total | µg | 6 | | 0 | RA | 4 | | 2 | | |
| Folic acid | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Folate, food | µg | 6 | | 0 | RA | 4 | | 2 | | |
| Folate, DFE | mcg_DFE | 6 | | 0 | NC | 4 | | 2 | | |
| Choline, total | mg | 15.2 | | 0 | RA | 4 | | 4.3 | | |
| Betaine | mg | 0.6 | | 0 | RA | 4 | | 0.2 | | |
| Vitamin B-12 | µg | 0.43 | | 0 | RA | 4 | | 0.12 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 43 | | 0 | RA | 4 | | 12 | | |
| Retinol | µg | 42 | | 0 | RA | 4 | | 12 | | |
| Carotene, beta | µg | 7 | | 0 | RA | 4 | | 2 | | |
| Carotene, alpha | µg | 1 | | 0 | RA | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Vitamin A, IU | IU | 152 | | 0 | RA | 4 | | 43 | | |
| Lycopene | µg | 0 | | 0 | RA | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 3 | | 0 | RA | 4 | | 1 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.09 | | 0 | RA | 4 | | 0.03 | | |
| Vitamin E, added | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, beta | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, gamma | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Tocopherol, delta | mg | 0.00 | | 0 | RA | 4 | | 0.00 | | |
| Vitamin D (D2 + D3) | µg | 1.2 | | 0 | RA | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03712**

**Babyfood, cereal, rice, with bananas, prepared with whole milk**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 1.2 | | 0 | RA | 4 | | 0.3 | | |
| Vitamin D....IU | 47 | | 0 | RA | 4 | | 13 | | |
| Vitamin K (phylloquinone)....µg | 0.5 | | 0 | RA | 4 | | 0.1 | | |
| Dihydrophylloquinone....µg | 0.0 | | 0 | RA | 4 | | 0.0 | | |
| Menaquinone-4....µg | 0.9 | | 0 | RA | 4 | | 0.2 | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.798 | | 0 | RA | 4 | | 0.510 | | |
| 4:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 6:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 8:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 10:0....g | 0.069 | | 0 | RA | 4 | | 0.020 | | |
| 12:0....g | 0.071 | | 0 | RA | 4 | | 0.020 | | |
| 13:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 14:0....g | 0.276 | | 0 | RA | 4 | | 0.078 | | |
| 15:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 16:0....g | 0.826 | | 0 | RA | 4 | | 0.234 | | |
| 17:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 18:0....g | 0.345 | | 0 | RA | 4 | | 0.098 | | |
| 20:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 24:0....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| Fatty acids, total monounsaturated....g | 0.826 | | 0 | RA | 4 | | 0.234 | | |
| 14:1....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 0 | RA | 4 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.823 | | 0 | RA | 4 | | 0.233 | | |
| 20:1....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.294 | | 0 | RA | 4 | | 0.083 | | |
| 18:2 undifferentiated....g | 0.209 | | 0 | RA | 4 | | 0.059 | | |
| 18:3 undifferentiated....g | 0.085 | | 0 | RA | 4 | | 0.024 | | |
| 18:4....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | RA | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 10 | | 0 | RA | 4 | | 3 | | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.079 | | 0 | RA | 4 | | 0.022 | | |
| Threonine....g | 0.163 | | 0 | RA | 4 | | 0.046 | | |
| Isoleucine....g | 0.184 | | 0 | RA | 4 | | 0.052 | | |
| Leucine....g | 0.302 | | 0 | RA | 4 | | 0.086 | | |
| Lysine....g | 0.161 | | 0 | RA | 4 | | 0.046 | | |
| Methionine....g | 0.085 | | 0 | RA | 4 | | 0.024 | | |
| Cystine....g | 0.029 | | 0 | RA | 4 | | 0.008 | | |
| Phenylalanine....g | 0.163 | | 0 | RA | 4 | | 0.046 | | |
| Tyrosine....g | 0.165 | | 0 | RA | 4 | | 0.047 | | |
| Valine....g | 0.215 | | 0 | RA | 4 | | 0.061 | | |
| Arginine....g | 0.113 | | 0 | RA | 4 | | 0.032 | | |
| Histidine....g | 0.088 | | 0 | RA | 4 | | 0.025 | | |
| Alanine....g | 0.131 | | 0 | RA | 4 | | 0.037 | | |
| Aspartic acid....g | 0.280 | | 0 | RA | 4 | | 0.079 | | |
| Glutamic acid....g | 0.702 | | 0 | RA | 4 | | 0.199 | | |
| Glycine....g | 0.095 | | 0 | RA | 4 | | 0.027 | | |
| Proline....g | 0.341 | | 0 | RA | 4 | | 0.097 | | |
| Serine....g | 0.132 | | 0 | RA | 4 | | 0.037 | | |
| Hydroxyproline....g | | | | | | | | | |

**NDB No. 03712**

**Babyfood, cereal, rice, with bananas, prepared with whole milk**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | RA | 4 | | 0.0 | | |
| Caffeine.....mg | 0 | | 0 | RA | 4 | | 0 | | |
| Theobromine.....mg | 0 | | 0 | RA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03696**
**Babyfood, cereal, rice, with honey, prepared with whole milk**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 74.40 | | 0 | | 1 | | 21.09 | | |
| Energy | kcal | 115 | | 0 | NC | 4 | | 33 | | |
| Energy | kJ | 481 | | | | 4 | | 136 | | |
| Protein (N x 0) | g | 3.90 | | 0 | | 1 | | 1.11 | | |
| Total lipid (fat) | g | 3.30 | | 0 | | 1 | | 0.94 | | |
| Ash | g | 1.30 | | 0 | | 1 | | 0.37 | | |
| Carbohydrate, by difference | g | 17.10 | | 0 | NC | 4 | | 4.85 | | |
| Fiber, total dietary | g | | | | | | | | | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 291 | | 0 | | 1 | | 82 | | |
| Iron, Fe | mg | 10.81 | | 0 | | 1 | | 3.06 | | |
| Magnesium, Mg | mg | 45 | | 0 | | 4 | | 13 | | |
| Phosphorus, P | mg | 181 | | 0 | | 1 | | 51 | | |
| Potassium, K | mg | 141 | | 0 | | 1 | | 40 | | |
| Sodium, Na | mg | 49 | | 0 | | 1 | | 14 | | |
| Zinc, Zn | mg | 0.65 | | 0 | | 4 | | 0.18 | | |
| Copper, Cu | mg | 0.063 | | 0 | | 4 | | 0.018 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | | | | | | | | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.0 | | 0 | | 1 | | 0.0 | | |
| Thiamin | mg | 0.476 | | 0 | | 1 | | 0.135 | | |
| Riboflavin | mg | 0.608 | | 0 | | 1 | | 0.172 | | |
| Niacin | mg | 6.083 | | 0 | | 1 | | 1.725 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.115 | | 0 | | 4 | | 0.033 | | |
| Folate, total | µg | 8 | | 0 | | 4 | | 2 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 8 | | 0 | | 4 | | 2 | | |
| Folate, DFE | mcg_DFE | 8 | | 0 | NC | 4 | | 2 | | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.30 | | 0 | | 4 | | 0.09 | | |
| Vitamin A, RAE | mcg_RAE | 21 | | 0 | NC | 4 | | 6 | | |
| Retinol | µg | 19 | | 0 | NR | 4 | | 5 | | |
| Carotene, beta | µg | 27 | | 0 | NR | 4 | | 8 | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | 108 | | 0 | NC | 4 | | 31 | | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03696**

**Babyfood, cereal, rice, with honey, prepared with whole milk**

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03210**
**Babyfood, cereal, rice, with mixed fruit, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 80.40 | | 0 | | 1 | | 12.06 | 22.79 | 136.68 |
| Energy....kcal | 82 | | 0 | NC | 4 | | 12 | 23 | 139 |
| Energy....kJ | 343 | | 0 | NC | 4 | | 51 | 97 | 583 |
| Protein (N x 6)....g | 0.90 | | 0 | | 1 | | 0.14 | 0.26 | 1.53 |
| Total lipid (fat)....g | 0.20 | 0.000 | 6 | | 1 | | 0.03 | 0.06 | 0.34 |
| Ash....g | 0.40 | 0.000 | 6 | | 1 | | 0.06 | 0.11 | 0.68 |
| Carbohydrate, by difference....g | 18.30 | | 0 | NC | 4 | | 2.75 | 5.19 | 31.11 |
| Fiber, total dietary....g | 0.6 | | 0 | | 4 | | 0.1 | 0.2 | 1.0 |
| Sugars, total....g | 10.50 | | 0 | O | 4 | | 1.58 | 2.98 | 17.85 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 16 | | 0 | | 1 | | 2 | 5 | 27 |
| Iron, Fe....mg | 2.60 | | 0 | | 5 | | 0.39 | 0.74 | 4.42 |
| Magnesium, Mg....mg | 5 | | 1 | | 1 | | 1 | 1 | 9 |
| Phosphorus, P....mg | 21 | | 0 | | 1 | | 3 | 6 | 36 |
| Potassium, K....mg | 50 | | 0 | | 1 | | 8 | 14 | 85 |
| Sodium, Na....mg | 10 | | 0 | | 1 | | 2 | 3 | 17 |
| Zinc, Zn....mg | 0.14 | | 0 | | 1 | | 0.02 | 0.04 | 0.24 |
| Copper, Cu....mg | 0.025 | | 0 | | 4 | | 0.004 | 0.007 | 0.043 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 2.1 | | 0 | BFZN | 4 | | 0.3 | 0.6 | 3.6 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 9.3 | | 0 | | 1 | | 1.4 | 2.6 | 15.8 |
| Thiamin....mg | 0.130 | | 0 | | 1 | | 0.020 | 0.037 | 0.221 |
| Riboflavin....mg | 0.160 | | 0 | | 1 | | 0.024 | 0.045 | 0.272 |
| Niacin....mg | 2.120 | | 0 | | 1 | | 0.318 | 0.601 | 3.604 |
| Pantothenic acid....mg | 0.272 | | 0 | | 4 | | 0.041 | 0.077 | 0.462 |
| Vitamin B-6....mg | 0.110 | | 0 | | 1 | | 0.017 | 0.031 | 0.187 |
| Folate, total....µg | 1 | | 0 | | 4 | | 0 | 0 | 2 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 1 | | 0 | | 4 | | 0 | 0 | 2 |
| Folate, DFE....mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 0 | 2 |
| Choline, total....mg | 6.4 | | 0 | NR | 4 | | 1.0 | 1.8 | 11.0 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.02 | | 0 | | 4 | | 0.00 | 0.01 | 0.03 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 0 | 1 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 7 | | 0 | BNA | 4 | | 1 | 2 | 11 |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 5 | | 0 | BNA | 4 | | 1 | 1 | 8 |
| Vitamin A, IU....IU | 15 | 2.000 | 5 | | 1 | | 2 | 4 | 26 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 4 | | 0 | FLA | 4 | | 1 | 1 | 6 |
| Vitamin E (alpha-tocopherol)....mg | 0.04 | | 0 | FLA | 4 | | 0.01 | 0.01 | 0.06 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.2 | | 0 | FLA | 4 | | 0.0 | 0.1 | 0.4 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03210**
**Babyfood, cereal, rice, with mixed fruit, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.060 | | 0 | | 4 | | 0.009 | 0.017 | 0.102 |
| 4:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 6:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.003 | | 0 | | 4 | | 0.000 | 0.001 | 0.005 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.042 | | 0 | | 4 | | 0.006 | 0.012 | 0.071 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.006 | | 0 | | 4 | | 0.001 | 0.002 | 0.010 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.040 | | 0 | | 4 | | 0.006 | 0.011 | 0.068 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.041 | | 0 | | 4 | | 0.006 | 0.012 | 0.070 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.050 | | 0 | | 4 | | 0.008 | 0.014 | 0.085 |
| 18:2 undifferentiated....g | 0.042 | | 0 | | 4 | | 0.006 | 0.012 | 0.071 |
| 18:3 undifferentiated....g | 0.009 | | 0 | | 4 | | 0.001 | 0.003 | 0.015 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.014 | | 0 | FLA | 4 | | 0.002 | 0.004 | 0.024 |
| Threonine....g | 0.041 | | 0 | FLA | 4 | | 0.006 | 0.012 | 0.069 |
| Isoleucine....g | 0.047 | | 0 | FLA | 4 | | 0.007 | 0.013 | 0.080 |
| Leucine....g | 0.094 | | 0 | FLA | 4 | | 0.014 | 0.027 | 0.159 |
| Lysine....g | 0.042 | | 0 | FLA | 4 | | 0.006 | 0.012 | 0.071 |
| Methionine....g | 0.027 | | 0 | FLA | 4 | | 0.004 | 0.008 | 0.046 |
| Cystine....g | 0.021 | | 0 | FLA | 4 | | 0.003 | 0.006 | 0.035 |
| Phenylalanine....g | 0.060 | | 0 | FLA | 4 | | 0.009 | 0.017 | 0.103 |
| Tyrosine....g | 0.059 | | 0 | FLA | 4 | | 0.009 | 0.017 | 0.101 |
| Valine....g | 0.067 | | 0 | FLA | 4 | | 0.010 | 0.019 | 0.114 |
| Arginine....g | 0.097 | | 0 | FLA | 4 | | 0.015 | 0.028 | 0.166 |
| Histidine....g | 0.028 | | 0 | FLA | 4 | | 0.004 | 0.008 | 0.048 |
| Alanine....g | 0.063 | | 0 | FLA | 4 | | 0.010 | 0.018 | 0.108 |
| Aspartic acid....g | 0.111 | | 0 | FLA | 4 | | 0.017 | 0.031 | 0.189 |
| Glutamic acid....g | 0.209 | | 0 | FLA | 4 | | 0.031 | 0.059 | 0.355 |
| Glycine....g | 0.052 | | 0 | FLA | 4 | | 0.008 | 0.015 | 0.088 |
| Proline....g | 0.053 | | 0 | FLA | 4 | | 0.008 | 0.015 | 0.091 |
| Serine....g | 0.060 | | 0 | FLA | 4 | | 0.009 | 0.017 | 0.101 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03210**
**Babyfood, cereal, rice, with mixed fruit, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Calories Factors: Protein** 3.8 **Fat** 8.4 **Carbohydrate** 4.2

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03184**
**Babyfood, cereal, whole wheat, with apples, dry**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 1.70 | | 0 | MA | 12 | | 0.26 | | |
| Energy | kcal | 402 | | 0 | NC | 4 | | 60 | | |
| Energy | kJ | 1682 | | 0 | NC | 4 | | 252 | | |
| Protein | g | 12.60 | | 0 | MA | 12 | | 1.89 | | |
| Total lipid (fat) | g | 4.80 | | 0 | MA | 12 | | 0.72 | | |
| Ash | g | 3.70 | | 0 | MA | 12 | | 0.56 | | |
| Carbohydrate, by difference | g | 77.10 | | 0 | MC | 9 | | 11.57 | | |
| Fiber, total dietary | g | 12.2 | | 0 | MA | 12 | | 1.8 | | |
| Sugars, total | g | 22.20 | | 0 | MA | 12 | | 3.33 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 600 | | 0 | MA | 12 | | 90 | | |
| Iron, Fe | mg | 45.00 | | 0 | MA | 12 | | 6.75 | | |
| Magnesium, Mg | mg | 140 | | 0 | MA | 12 | | 21 | | |
| Phosphorus, P | mg | 500 | | 0 | MA | 12 | | 75 | | |
| Potassium, K | mg | 516 | | 0 | MA | 12 | | 77 | | |
| Sodium, Na | mg | 25 | | 0 | MA | 12 | | 4 | | |
| Zinc, Zn | mg | 2.60 | | 0 | MA | 12 | | 0.39 | | |
| Copper, Cu | mg | 0.620 | | 0 | MA | 12 | | 0.093 | | |
| Manganese, Mn | mg | 2.520 | | 0 | MA | 12 | | 0.378 | | |
| Selenium, Se | µg | 64.7 | | 0 | FLM | 4 | | 9.7 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 58.3 | | 0 | ML | 5 | | 8.7 | | |
| Thiamin | mg | 1.500 | | 0 | ML | 5 | | 0.225 | | |
| Riboflavin | mg | 1.800 | | 0 | ML | 5 | | 0.270 | | |
| Niacin | mg | 13.330 | | 0 | ML | 5 | | 2.000 | | |
| Pantothenic acid | mg | 0.953 | | 0 | FLM | 4 | | 0.143 | | |
| Vitamin B-6 | mg | 0.300 | | 0 | MA | 12 | | 0.045 | | |
| Folate, total | µg | 20 | | 0 | FLM | 4 | | 3 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 20 | | 0 | FLM | 4 | | 3 | | |
| Folate, DFE | mcg_DFE | 20 | | 0 | NC | 4 | | 3 | | |
| Choline, total | mg | 42.1 | | 0 | FLA | 4 | | 6.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 1 | | 0 | NC | 4 | | 0 | | |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Carotene, beta | µg | 10 | | 0 | FLA | 4 | | 1 | | |
| Carotene, alpha | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 4 | | 0 | FLA | 4 | | 1 | | |
| Vitamin A, IU | IU | 20 | | 0 | NC | 4 | | 3 | | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 203 | | 0 | FLA | 4 | | 30 | | |
| Vitamin E (alpha-tocopherol) | mg | 1.13 | | 0 | FLA | 4 | | 0.17 | | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 8.3 | | 0 | FLA | 4 | | 1.2 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03184**
**Babyfood, cereal, whole wheat, with apples, dry**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 0.639 | | 0 | FLM | 4 | | 0.096 | | |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 8:0....g | 0.016 | | 0 | FLM | 4 | | 0.002 | | |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 12:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.005 | | 0 | FLM | 4 | | 0.001 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.497 | | 0 | FLM | 4 | | 0.075 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.087 | | 0 | FLM | 4 | | 0.013 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.277 | | 0 | FLM | 4 | | 0.192 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.021 | | 0 | FLM | 4 | | 0.003 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.216 | | 0 | FLM | 4 | | 0.182 | | |
| 20:1....g | 0.026 | | 0 | FLM | 4 | | 0.004 | | |
| 22:1 undifferentiated....g | 0.009 | | 0 | FLM | 4 | | 0.001 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.866 | | 0 | FLM | 4 | | 0.280 | | |
| 18:2 undifferentiated....g | 1.606 | | 0 | FLM | 4 | | 0.241 | | |
| 18:3 undifferentiated....g | 0.257 | | 0 | FLM | 4 | | 0.039 | | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.002 | | 0 | FLM | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: .5 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03198**
**Babyfood, cereal, with egg yolks, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.70 | 0.100 | 7 | | 1 | | 25.15 | 150.79 | |
| Energy | kcal | 52 | | 0 | NC | 4 | | 15 | 88 | |
| Energy | kJ | 218 | | | | 4 | | 62 | 370 | |
| Protein (N x 6.03) | g | 1.90 | 0.000 | 7 | | 1 | | 0.54 | 3.23 | |
| Total lipid (fat) | g | 1.80 | 0.000 | 7 | | 1 | | 0.51 | 3.06 | |
| Ash | g | 0.40 | 0.000 | 7 | | 1 | | 0.11 | 0.68 | |
| Carbohydrate, by difference | g | 7.10 | | 0 | NC | 4 | | 2.01 | 12.07 | |
| Fiber, total dietary | g | 0.9 | | 0 | | 4 | | 0.3 | 1.5 | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 24 | 0.000 | 7 | | 1 | | 7 | 41 | |
| Iron, Fe | mg | 0.51 | 0.070 | 7 | | 1 | | 0.14 | 0.87 | |
| Magnesium, Mg | mg | 3 | | 1 | | 1 | | 1 | 5 | |
| Phosphorus, P | mg | 40 | | 1 | | 1 | | 11 | 68 | |
| Potassium, K | mg | 35 | | 1 | | 1 | | 10 | 60 | |
| Sodium, Na | mg | 33 | | 0 | | 1 | | 9 | 56 | |
| Zinc, Zn | mg | 0.29 | | 1 | | 1 | | 0.08 | 0.49 | |
| Copper, Cu | mg | 0.022 | | 0 | | 1 | | 0.006 | 0.037 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | | | | | | | | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.7 | 0.200 | 7 | | 1 | | 0.2 | 1.2 | |
| Thiamin | mg | 0.008 | 0.000 | 7 | | 1 | | 0.002 | 0.014 | |
| Riboflavin | mg | 0.045 | 0.000 | 7 | | 1 | | 0.013 | 0.077 | |
| Niacin | mg | 0.048 | 0.000 | 7 | | 1 | | 0.014 | 0.082 | |
| Pantothenic acid | mg | 0.878 | | 0 | | 4 | | 0.249 | 1.493 | |
| Vitamin B-6 | mg | 0.020 | 0.000 | 7 | | 1 | | 0.006 | 0.034 | |
| Folate, total | µg | 3 | | 0 | | 1 | | 1 | 6 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 3 | | 0 | | 1 | | 1 | 6 | |
| Folate, DFE | mcg_DFE | 3 | | 0 | NC | 4 | | 1 | 6 | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.06 | | 1 | | 1 | | 0.02 | 0.10 | |
| Vitamin A, RAE | mcg_RAE | 41 | | 0 | NC | 4 | | 11 | 69 | |
| Retinol | µg | 40 | | 0 | NC | 4 | | 11 | 68 | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | 144 | 17.000 | 6 | | 1 | | 41 | 245 | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |
| Fatty acids, total saturated | g | 0.610 | | 2 | | 1 | | 0.173 | 1.037 | |
| 4:0 | g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |

**NDB No. 03198**
**Babyfood, cereal, with egg yolks, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| 6:0 ... g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 8:0 ... g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 10:0 ... g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 12:0 ... g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 13:0 ... g | | | | | | | | | |
| 14:0 ... g | 0.010 | | 2 | | 1 | | 0.003 | 0.017 | |
| 15:0 ... g | | | | | | | | | |
| 16:0 ... g | 0.440 | | 2 | | 1 | | 0.125 | 0.748 | |
| 17:0 ... g | | | | | | | | | |
| 18:0 ... g | 0.150 | | 2 | | 1 | | 0.043 | 0.255 | |
| 20:0 ... g | | | | | | | | | |
| 22:0 ... g | | | | | | | | | |
| 24:0 ... g | | | | | | | | | |
| Fatty acids, total monounsaturated ... g | 0.790 | | 2 | | 1 | | 0.224 | 1.343 | |
| 14:1 ... g | | | | | | | | | |
| 15:1 ... g | | | | | | | | | |
| 16:1 undifferentiated ... g | 0.050 | | 2 | | 1 | | 0.014 | 0.085 | |
| 17:1 ... g | | | | | | | | | |
| 18:1 undifferentiated ... g | 0.740 | | 2 | | 1 | | 0.210 | 1.258 | |
| 20:1 ... g | 0.000 | | 2 | | 1 | | 0.000 | 0.000 | |
| 22:1 undifferentiated ... g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 24:1 c ... g | | | | | | | | | |
| Fatty acids, total polyunsaturated ... g | 0.300 | | 2 | | 1 | | 0.085 | 0.510 | |
| 18:2 undifferentiated ... g | 0.260 | | 2 | | 1 | | 0.074 | 0.442 | |
| 18:3 undifferentiated ... g | 0.010 | | 2 | | 1 | | 0.003 | 0.017 | |
| 18:4 ... g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c ... g | | | | | | | | | |
| 20:3 undifferentiated ... g | | | | | | | | | |
| 20:4 undifferentiated ... g | 0.030 | | 2 | | 1 | | 0.009 | 0.051 | |
| 20:5 n-3 (EPA) ... g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA) ... g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA) ... g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| Fatty acids, total trans ... g | | | | | | | | | |
| Cholesterol ... mg | 63 | | 0 | | 1 | | 18 | 107 | |
| Phytosterols ... mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan ... g | 0.027 | | 0 | | 1 | | 0.008 | 0.046 | |
| Threonine ... g | 0.082 | | 0 | | 1 | | 0.023 | 0.139 | |
| Isoleucine ... g | 0.100 | | 0 | | 1 | | 0.028 | 0.170 | |
| Leucine ... g | 0.172 | | 0 | | 1 | | 0.049 | 0.292 | |
| Lysine ... g | 0.127 | | 0 | | 1 | | 0.036 | 0.216 | |
| Methionine ... g | 0.051 | | 0 | | 1 | | 0.014 | 0.087 | |
| Cystine ... g | 0.028 | | 0 | | 1 | | 0.008 | 0.048 | |
| Phenylalanine ... g | 0.092 | | 0 | | 1 | | 0.026 | 0.156 | |
| Tyrosine ... g | 0.084 | | 0 | | 1 | | 0.024 | 0.143 | |
| Valine ... g | 0.122 | | 0 | | 1 | | 0.035 | 0.207 | |
| Arginine ... g | 0.104 | | 0 | | 1 | | 0.029 | 0.177 | |
| Histidine ... g | 0.045 | | 0 | | 1 | | 0.013 | 0.077 | |
| Alanine ... g | 0.084 | | 0 | | 1 | | 0.024 | 0.143 | |
| Aspartic acid ... g | 0.149 | | 0 | | 1 | | 0.042 | 0.253 | |
| Glutamic acid ... g | 0.421 | | 0 | | 1 | | 0.119 | 0.716 | |
| Glycine ... g | 0.056 | | 0 | | 1 | | 0.016 | 0.095 | |
| Proline ... g | 0.161 | | 0 | | 1 | | 0.046 | 0.274 | |
| Serine ... g | 0.118 | | 0 | | 1 | | 0.033 | 0.201 | |
| Hydroxyproline ... g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl ... g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine ... mg | | | | | | | | | |
| Theobromine ... mg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03198**

**Babyfood, cereal, with egg yolks, junior**

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 4.2 **Fat** 8.8 **Carbohydrate** 3.9

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03197**
**Babyfood, cereal, with egg yolks, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.80 | 0.100 | 14 | | 1 | | 25.17 | 100.34 | |
| Energy | kcal | 51 | | 0 | NC | 4 | | 14 | 58 | |
| Energy | kJ | 213 | | | | 4 | | 60 | 241 | |
| Protein (N x 6.03) | g | 1.90 | 0.000 | 11 | | 1 | | 0.54 | 2.15 | |
| Total lipid (fat) | g | 1.80 | 0.000 | 9 | | 1 | | 0.51 | 2.03 | |
| Ash | g | 0.50 | 0.000 | 7 | | 1 | | 0.14 | 0.57 | |
| Carbohydrate, by difference | g | 7.00 | | 0 | NC | 4 | | 1.98 | 7.91 | |
| Fiber, total dietary | g | 0.9 | | 0 | | 4 | | 0.3 | 1.0 | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 24 | 0.000 | 7 | | 1 | | 7 | 27 | |
| Iron, Fe | mg | 0.47 | 0.050 | 12 | | 1 | | 0.13 | 0.53 | |
| Magnesium, Mg | mg | 3 | | 1 | | 1 | | 1 | 3 | |
| Phosphorus, P | mg | 40 | | 1 | | 1 | | 11 | 45 | |
| Potassium, K | mg | 39 | | 1 | | 1 | | 11 | 44 | |
| Sodium, Na | mg | 33 | | 1 | | 1 | | 9 | 37 | |
| Zinc, Zn | mg | 0.29 | 0.014 | 4 | | 1 | | 0.08 | 0.32 | |
| Copper, Cu | mg | 0.022 | 0.003 | 3 | | 1 | | 0.006 | 0.025 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | | | | | | | | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.7 | 0.200 | 7 | | 1 | | 0.2 | 0.8 | |
| Thiamin | mg | 0.009 | 0.000 | 8 | | 1 | | 0.003 | 0.010 | |
| Riboflavin | mg | 0.044 | 0.000 | 7 | | 1 | | 0.012 | 0.050 | |
| Niacin | mg | 0.049 | 0.000 | 7 | | 1 | | 0.014 | 0.055 | |
| Pantothenic acid | mg | 0.878 | | 0 | | 4 | | 0.249 | 0.992 | |
| Vitamin B-6 | mg | 0.021 | 0.000 | 7 | | 1 | | 0.006 | 0.024 | |
| Folate, total | µg | 3 | 0.400 | 3 | | 1 | | 1 | 4 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 3 | 0.400 | 3 | | 1 | | 1 | 4 | |
| Folate, DFE | mcg_DFE | 3 | | 0 | NC | 4 | | 1 | 4 | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.07 | | 1 | | 1 | | 0.02 | 0.08 | |
| Vitamin A, RAE | mcg_RAE | 40 | | 0 | NC | 4 | | 11 | 45 | |
| Retinol | µg | 39 | | 0 | NC | 4 | | 11 | 44 | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | 141 | 19.000 | 6 | | 1 | | 40 | 159 | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |
| Fatty acids, total saturated | g | 0.610 | | 2 | | 1 | | 0.173 | 0.689 | |
| 4:0 | g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |

**NDB No. 03197**
**Babyfood, cereal, with egg yolks, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| 6:0 g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 8:0 g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 10:0 g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 12:0 g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 13:0 g | | | | | | | | | |
| 14:0 g | 0.010 | | 2 | | 1 | | 0.003 | 0.011 | |
| 15:0 g | | | | | | | | | |
| 16:0 g | 0.440 | | 2 | | 1 | | 0.125 | 0.497 | |
| 17:0 g | | | | | | | | | |
| 18:0 g | 0.150 | | 2 | | 1 | | 0.043 | 0.170 | |
| 20:0 g | | | | | | | | | |
| 22:0 g | | | | | | | | | |
| 24:0 g | | | | | | | | | |
| Fatty acids, total monounsaturated g | 0.790 | | 2 | | 1 | | 0.224 | 0.893 | |
| 14:1 g | | | | | | | | | |
| 15:1 g | | | | | | | | | |
| 16:1 undifferentiated g | 0.050 | | 2 | | 1 | | 0.014 | 0.057 | |
| 17:1 g | | | | | | | | | |
| 18:1 undifferentiated g | 0.730 | | 2 | | 1 | | 0.207 | 0.825 | |
| 20:1 g | 0.000 | | 2 | | 1 | | 0.000 | 0.000 | |
| 22:1 undifferentiated g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 24:1 c g | | | | | | | | | |
| Fatty acids, total polyunsaturated g | 0.300 | | 2 | | 1 | | 0.085 | 0.339 | |
| 18:2 undifferentiated g | 0.260 | | 2 | | 1 | | 0.074 | 0.294 | |
| 18:3 undifferentiated g | 0.010 | | 2 | | 1 | | 0.003 | 0.011 | |
| 18:4 g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c g | | | | | | | | | |
| 20:3 undifferentiated g | | | | | | | | | |
| 20:4 undifferentiated g | 0.030 | | 2 | | 1 | | 0.009 | 0.034 | |
| 20:5 n-3 (EPA) g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA) g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA) g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| Fatty acids, total trans g | | | | | | | | | |
| Cholesterol mg | 63 | | 1 | | 1 | | 18 | 72 | |
| Phytosterols mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan g | 0.027 | | 0 | | 1 | | 0.008 | 0.031 | |
| Threonine g | 0.082 | | 0 | | 1 | | 0.023 | 0.093 | |
| Isoleucine g | 0.100 | | 0 | | 1 | | 0.028 | 0.113 | |
| Leucine g | 0.172 | | 0 | | 1 | | 0.049 | 0.194 | |
| Lysine g | 0.127 | | 0 | | 1 | | 0.036 | 0.144 | |
| Methionine g | 0.051 | | 0 | | 1 | | 0.014 | 0.058 | |
| Cystine g | 0.028 | | 0 | | 1 | | 0.008 | 0.032 | |
| Phenylalanine g | 0.092 | | 0 | | 1 | | 0.026 | 0.104 | |
| Tyrosine g | 0.084 | | 0 | | 1 | | 0.024 | 0.095 | |
| Valine g | 0.122 | | 0 | | 1 | | 0.035 | 0.138 | |
| Arginine g | 0.104 | | 0 | | 1 | | 0.029 | 0.118 | |
| Histidine g | 0.045 | | 0 | | 1 | | 0.013 | 0.051 | |
| Alanine g | 0.084 | | 0 | | 1 | | 0.024 | 0.095 | |
| Aspartic acid g | 0.149 | | 0 | | 1 | | 0.042 | 0.168 | |
| Glutamic acid g | 0.421 | | 0 | | 1 | | 0.119 | 0.476 | |
| Glycine g | 0.056 | | 0 | | 1 | | 0.016 | 0.063 | |
| Proline g | 0.161 | | 0 | | 1 | | 0.046 | 0.182 | |
| Serine g | 0.118 | | 0 | | 1 | | 0.033 | 0.133 | |
| Hydroxyproline g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine mg | | | | | | | | | |
| Theobromine mg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03197**

**Babyfood, cereal, with egg yolks, strained**

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 4.2 **Fat** 8.8 **Carbohydrate** 3.9

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03199**
**Babyfood, cereal, with eggs, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.20 | 0.100 | 4 | | 1 | | 24.72 | 98.54 | |
| Energy....kcal | 58 | | 0 | | 4 | | 16 | 66 | |
| Energy....kJ | 243 | | | | 4 | | 69 | 274 | |
| Protein (N x 6.03)....g | 2.20 | | 0 | | 4 | | 0.62 | 2.49 | |
| Total lipid (fat)....g | 1.50 | | 1 | | 1 | | 0.43 | 1.70 | |
| Ash....g | 0.60 | | 0 | | 4 | | 0.17 | 0.68 | |
| Carbohydrate, by difference....g | 8.00 | | 0 | | 4 | | 2.27 | 9.04 | |
| Fiber, total dietary....g | | | | | | | | | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 27 | | 0 | | 4 | | 8 | 31 | |
| Iron, Fe....mg | 0.54 | | 0 | | 4 | | 0.15 | 0.61 | |
| Magnesium, Mg....mg | 3 | | 0 | | 4 | | 1 | 3 | |
| Phosphorus, P....mg | 46 | | 0 | | 4 | | 13 | 52 | |
| Potassium, K....mg | 44 | | 0 | | 4 | | 12 | 50 | |
| Sodium, Na....mg | 38 | | 0 | | 4 | | 11 | 43 | |
| Zinc, Zn....mg | 0.33 | | 0 | | 4 | | 0.09 | 0.37 | |
| Copper, Cu....mg | 0.025 | | 0 | | 4 | | 0.007 | 0.028 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | | | | | | | | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.8 | | 0 | | 4 | | 0.2 | 0.9 | |
| Thiamin....mg | 0.010 | | 0 | | 4 | | 0.003 | 0.011 | |
| Riboflavin....mg | 0.050 | | 0 | | 4 | | 0.014 | 0.057 | |
| Niacin....mg | 0.056 | | 0 | | 4 | | 0.016 | 0.063 | |
| Pantothenic acid....mg | 1.003 | | 0 | | 4 | | 0.284 | 1.133 | |
| Vitamin B-6....mg | 0.024 | | 0 | | 4 | | 0.007 | 0.027 | |
| Folate, total....µg | 9 | 0.200 | 3 | | 1 | | 3 | 11 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 9 | 0.200 | 3 | | 1 | | 3 | 11 | |
| Folate, DFE....mcg_DFE | 9 | | 0 | NC | 4 | | 3 | 11 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.08 | | 0 | | 4 | | 0.02 | 0.09 | |
| Vitamin A, RAE....mcg_RAE | | | | | | | | | |
| Retinol....µg | | | | | | | | | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 161 | | 0 | | 4 | | 46 | 182 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.490 | | 1 | | 1 | | 0.139 | 0.554 | |
| 4:0....g | | | | | | | | | |

**NDB No. 03199**
**Babyfood, cereal, with eggs, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| 6:0....g | | | | | | | | | |
| 8:0....g | | | | | | | | | |
| 10:0....g | | | | | | | | | |
| 12:0....g | | | | | | | | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.010 | | 1 | | 1 | | 0.003 | 0.011 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.350 | | 1 | | 1 | | 0.099 | 0.396 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.120 | | 1 | | 1 | | 0.034 | 0.136 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.610 | | 1 | | 1 | | 0.173 | 0.689 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.040 | | 1 | | 1 | | 0.011 | 0.045 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.570 | | 1 | | 1 | | 0.162 | 0.644 | |
| 20:1....g | 0.000 | | 1 | | 1 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | | | | | | | | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.330 | | 1 | | 1 | | 0.094 | 0.373 | |
| 18:2 undifferentiated....g | 0.290 | | 1 | | 1 | | 0.082 | 0.328 | |
| 18:3 undifferentiated....g | 0.020 | | 1 | | 1 | | 0.006 | 0.023 | |
| 18:4....g | | | | | | | | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.020 | | 1 | | 1 | | 0.006 | 0.023 | |
| 20:5 n-3 (EPA)....g | | | | | | | | | |
| 22:5 n-3 (DPA)....g | | | | | | | | | |
| 22:6 n-3 (DHA)....g | | | | | | | | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 51 | | 1 | | 1 | | 15 | 58 | |
| Phytosterols....mg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 4.2 **Fat** 8.8 **Carbohydrate** 3.9

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03222**
**Babyfood, cherry cobbler, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | |
| Water....g | 79.80 | | 0 | MA | 12 | | 22.62 | | |
| Energy....kcal | 78 | | 0 | MC | 9 | | 22 | | |
| Energy....kJ | 326 | | 0 | | 9 | | 93 | | |
| Protein....g | 0.30 | | 0 | MA | 12 | | 0.09 | | |
| Total lipid (fat)....g | 0.10 | | 0 | MA | 12 | | 0.03 | | |
| Ash....g | 0.19 | | 0 | MA | 12 | | 0.05 | | |
| Carbohydrate, by difference....g | 19.20 | | 0 | MC | 9 | | 5.44 | | |
| Fiber, total dietary....g | 0.2 | | 0 | MA | 12 | | 0.1 | | |
| Sugars, total....g | 10.39 | | 0 | O | 4 | | 2.94 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 5 | | 0 | MA | 12 | | 1 | | |
| Iron, Fe....mg | 0.10 | | 0 | MA | 12 | | 0.03 | | |
| Magnesium, Mg....mg | 2 | | 0 | MA | 12 | | 1 | | |
| Phosphorus, P....mg | 6 | | 0 | MA | 12 | | 2 | | |
| Potassium, K....mg | 45 | | 0 | MA | 12 | | 13 | | |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Zinc, Zn....mg | 0.05 | | 0 | MA | 12 | | 0.01 | | |
| Copper, Cu....mg | 0.010 | | 0 | MA | 12 | | 0.003 | | |
| Manganese, Mn....mg | 0.020 | | 0 | MA | 12 | | 0.006 | | |
| Selenium, Se....µg | 0.9 | | 0 | FLM | 4 | | 0.3 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 9.3 | | 0 | MA | 12 | | 2.6 | | |
| Thiamin....mg | 0.010 | | 0 | MA | 12 | | 0.003 | | |
| Riboflavin....mg | 0.010 | | 0 | MA | 12 | | 0.003 | | |
| Niacin....mg | 0.060 | | 0 | MA | 12 | | 0.017 | | |
| Pantothenic acid....mg | 0.043 | | 0 | FLM | 4 | | 0.012 | | |
| Vitamin B-6....mg | 0.020 | | 0 | MA | 12 | | 0.006 | | |
| Folate, total....µg | 2 | | 0 | FLM | 4 | | 1 | | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food....µg | 2 | | 0 | T | 4 | | 1 | | |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 1 | | |
| Choline, total....mg | 1.5 | | 0 | FLA | 4 | | 0.4 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 0 | | |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Carotene, beta....µg | 19 | | 0 | BNA | 4 | | 5 | | |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Vitamin A, IU....IU | 31 | | 0 | MA | 12 | | 9 | | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 20 | | 0 | FLA | 4 | | 6 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.03 | | 0 | FLA | 4 | | 0.01 | | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone)....µg | 0.5 | | 0 | FLA | 4 | | 0.1 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03222**
**Babyfood, cherry cobbler, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.020 | | 0 | FLM | 4 | | 0.006 | | |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 12:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.014 | | 0 | FLM | 4 | | 0.004 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.005 | | 0 | FLM | 4 | | 0.001 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.020 | | 0 | FLM | 4 | | 0.006 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.024 | | 0 | FLM | 4 | | 0.007 | | |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.030 | | 0 | FLM | 4 | | 0.009 | | |
| 18:2 undifferentiated....g | 0.014 | | 0 | FLM | 4 | | 0.004 | | |
| 18:3 undifferentiated....g | 0.013 | | 0 | FLM | 4 | | 0.004 | | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MA | 12 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03206**
**Babyfood, cookie, baby, fruit**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 5.70 | | 0 | MA | 12 | | 0.46 | | |
| Energy | kcal | 435 | | 0 | MC | 9 | | 35 | | |
| Energy | kJ | 1820 | | 1 | | 9 | | 146 | | |
| Protein | g | 6.80 | | 1 | MA | 12 | | 0.54 | | |
| Total lipid (fat) | g | 12.60 | | 1 | MA | 12 | | 1.01 | | |
| Ash | g | 1.20 | | 0 | NC | 4 | | 0.10 | | |
| Carbohydrate, by difference | g | 73.70 | | 0 | MC | 9 | | 5.90 | | |
| Fiber, total dietary | g | 3.4 | | 0 | MA | 12 | | 0.3 | | |
| Sugars, total | g | 24.20 | | 0 | MA | 12 | | 1.94 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 83 | | 0 | MA | 12 | | 7 | | |
| Iron, Fe | mg | 2.90 | | 0 | MA | 12 | | 0.23 | | |
| Magnesium, Mg | mg | 30 | | 0 | MA | 12 | | 2 | | |
| Phosphorus, P | mg | 189 | | 0 | MA | 12 | | 15 | | |
| Potassium, K | mg | 425 | | 0 | MA | 12 | | 34 | | |
| Sodium, Na | mg | 9 | | 0 | MA | 12 | | 1 | | |
| Zinc, Zn | mg | 0.80 | | 0 | MA | 12 | | 0.06 | | |
| Copper, Cu | mg | 0.040 | | 0 | MA | 12 | | 0.003 | | |
| Manganese, Mn | mg | 0.220 | | 0 | MA | 12 | | 0.018 | | |
| Selenium, Se | µg | 20.5 | | 0 | BFZN | 4 | | 1.6 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.5 | | 0 | MA | 12 | | 0.1 | | |
| Thiamin | mg | 0.440 | | 0 | MA | 12 | | 0.035 | | |
| Riboflavin | mg | 0.420 | | 0 | MA | 12 | | 0.034 | | |
| Niacin | mg | 3.600 | | 0 | MA | 12 | | 0.288 | | |
| Pantothenic acid | mg | 0.389 | | 0 | FLM | 4 | | 0.031 | | |
| Vitamin B-6 | mg | 0.210 | | 0 | MA | 12 | | 0.017 | | |
| Folate, total | µg | 110 | | 0 | FLA | 4 | | 9 | | |
| Folic acid | µg | 82 | | 0 | FLA | 4 | | 7 | | |
| Folate, food | µg | 28 | | 0 | FLA | 4 | | 2 | | |
| Folate, DFE | mcg_DFE | 167 | | 0 | NC | 4 | | 13 | | |
| Choline, total | mg | 12.0 | | 0 | FLA | 4 | | 1.0 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.22 | | 0 | FLM | 4 | | 0.02 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 117 | | 0 | NC | 4 | | 9 | | |
| Retinol | µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Carotene, beta | µg | 1002 | | 0 | BNA | 4 | | 80 | | |
| Carotene, alpha | µg | 810 | | 0 | BNA | 4 | | 65 | | |
| Cryptoxanthin, beta | µg | 2 | | 0 | BNA | 4 | | 0 | | |
| Vitamin A, IU | IU | 2348 | | 0 | NC | 4 | | 188 | | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 175 | | 0 | FLA | 4 | | 14 | | |
| Vitamin E (alpha-tocopherol) | mg | 1.48 | | 0 | FLA | 4 | | 0.12 | | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 3.2 | | 0 | FLA | 4 | | 0.3 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03206**
**Babyfood, cookie, baby, fruit**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.700 | | 0 | MA | 12 | | 0.216 | | |
| 4:0....g | 0.015 | | 0 | FLM | 4 | | 0.001 | | |
| 6:0....g | 0.009 | | 0 | FLM | 4 | | 0.001 | | |
| 8:0....g | 0.005 | | 0 | FLM | 4 | | 0.000 | | |
| 10:0....g | 0.012 | | 0 | FLM | 4 | | 0.001 | | |
| 12:0....g | 0.013 | | 0 | FLM | 4 | | 0.001 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.061 | | 0 | FLM | 4 | | 0.005 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.738 | | 0 | FLM | 4 | | 0.139 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.840 | | 0 | FLM | 4 | | 0.067 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 4.865 | | 0 | FLM | 4 | | 0.389 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.051 | | 0 | FLM | 4 | | 0.004 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 4.798 | | 0 | FLM | 4 | | 0.384 | | |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 4.334 | | 0 | FLM | 4 | | 0.347 | | |
| 18:2 undifferentiated....g | 4.020 | | 0 | FLM | 4 | | 0.322 | | |
| 18:3 undifferentiated....g | 0.300 | | 0 | FLM | 4 | | 0.024 | | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | FLM | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.0g: 1 cookie

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03213**
**Babyfood, cookies**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 5.90 | 0.700 | 7 | | 1 | | 1.67 | 0.38 | |
| Energy | kcal | 433 | | 0 | NC | 4 | | 123 | 28 | |
| Energy | kJ | 1812 | | 0 | NC | 4 | | 514 | 118 | |
| Protein (N x 5.7) | g | 11.80 | 0.200 | 11 | | 1 | | 3.35 | 0.77 | |
| Total lipid (fat) | g | 13.20 | 0.300 | 8 | | 1 | | 3.74 | 0.86 | |
| Ash | g | 2.00 | 0.200 | 7 | | 1 | | 0.57 | 0.13 | |
| Carbohydrate, by difference | g | 67.10 | | 0 | NC | 4 | | 19.02 | 4.36 | |
| Fiber, total dietary | g | 0.2 | | 0 | | 4 | | 0.1 | 0.0 | |
| Sugars, total | g | 24.20 | | 0 | FLA | 4 | | 6.86 | 1.57 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 101 | 4.000 | 11 | | 1 | | 29 | 7 | |
| Iron, Fe | mg | 4.18 | 0.600 | 5 | | 1 | | 1.19 | 0.27 | |
| Magnesium, Mg | mg | 49 | | 2 | | 1 | | 14 | 3 | |
| Phosphorus, P | mg | 179 | | 2 | | 1 | | 51 | 12 | |
| Potassium, K | mg | 501 | | 2 | | 1 | | 142 | 33 | |
| Sodium, Na | mg | 357 | | 0 | LC | 8 | | 101 | 23 | |
| Zinc, Zn | mg | 1.10 | | 2 | | 1 | | 0.31 | 0.07 | |
| Copper, Cu | mg | 0.074 | | 0 | | 4 | | 0.021 | 0.005 | |
| Manganese, Mn | mg | 0.348 | | 0 | FLA | 4 | | 0.099 | 0.023 | |
| Selenium, Se | µg | 17.2 | | 0 | BFZN | 4 | | 4.9 | 1.1 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 7.0 | 0.000 | 4 | | 1 | | 2.0 | 0.5 | |
| Thiamin | mg | 1.459 | 0.000 | 4 | | 1 | | 0.414 | 0.095 | |
| Riboflavin | mg | 3.229 | 0.000 | 4 | | 1 | | 0.915 | 0.210 | |
| Niacin | mg | 15.966 | 0.797 | 5 | | 1 | | 4.526 | 1.038 | |
| Pantothenic acid | mg | 0.529 | | 0 | | 4 | | 0.150 | 0.034 | |
| Vitamin B-6 | mg | 5.899 | 0.286 | 11 | | 1 | | 1.672 | 0.383 | |
| Folate, total | µg | 93 | | 0 | FLA | 4 | | 26 | 6 | |
| Folic acid | µg | 74 | | 0 | FLA | 4 | | 21 | 5 | |
| Folate, food | µg | 19 | | 0 | FLA | 4 | | 5 | 1 | |
| Folate, DFE | mcg_DFE | 145 | | 0 | NC | 4 | | 41 | 9 | |
| Choline, total | mg | 28.3 | | 0 | FLA | 4 | | 8.0 | 1.8 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.46 | | 0 | FLA | 4 | | 0.13 | 0.03 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 6 | | 0 | NC | 4 | | 2 | 0 | |
| Retinol | µg | 6 | | 0 | BNA | 4 | | 2 | 0 | |
| Carotene, beta | µg | 1 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU | IU | 23 | | 0 | NC | 4 | | 7 | 1 | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 9 | | 0 | FLA | 4 | | 2 | 1 | |
| Vitamin E (alpha-tocopherol) | mg | 0.46 | | 0 | NR | 4 | | 0.13 | 0.03 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.2 | | 0 | AS | 1 | | 0.4 | 0.1 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 1.2 | | 0 | FLA | 4 | | 0.4 | 0.1 | |
| Vitamin D | IU | 50 | | 0 | FLA | 4 | | 14 | 3 | |
| Vitamin K (phylloquinone) | µg | 1.1 | | 0 | FLA | 4 | | 0.3 | 0.1 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03213**
**Babyfood, cookies**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.352 | | 0 | FLA | 4 | | 0.667 | 0.153 | |
| 4:0....g | 0.081 | | 0 | FLA | 4 | | 0.023 | 0.005 | |
| 6:0....g | 0.022 | | 0 | FLA | 4 | | 0.006 | 0.001 | |
| 8:0....g | 0.025 | | 0 | FLA | 4 | | 0.007 | 0.002 | |
| 10:0....g | 0.055 | | 0 | FLA | 4 | | 0.016 | 0.004 | |
| 12:0....g | 0.057 | | 0 | FLA | 4 | | 0.016 | 0.004 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.267 | | 0 | FLA | 4 | | 0.076 | 0.017 | |
| 15:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 16:0....g | 1.142 | | 0 | FLA | 4 | | 0.324 | 0.074 | |
| 17:0....g | 0.003 | | 0 | FLA | 4 | | 0.001 | 0.000 | |
| 18:0....g | 0.595 | | 0 | FLA | 4 | | 0.169 | 0.039 | |
| 20:0....g | 0.027 | | 0 | FLA | 4 | | 0.008 | 0.002 | |
| 22:0....g | 0.077 | | 0 | FLA | 4 | | 0.022 | 0.005 | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 5.990 | | 0 | FLA | 4 | | 1.698 | 0.389 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.119 | | 0 | FLA | 4 | | 0.034 | 0.008 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 5.851 | | 0 | FLA | 4 | | 1.659 | 0.380 | |
| 20:1....g | 0.019 | | 0 | FLA | 4 | | 0.005 | 0.001 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 2.878 | | 0 | FLA | 4 | | 0.816 | 0.187 | |
| 18:2 undifferentiated....g | 2.847 | | 0 | FLA | 4 | | 0.807 | 0.185 | |
| 18:3 undifferentiated....g | 0.031 | | 0 | FLA | 4 | | 0.009 | 0.002 | |
| 18:4....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | 0.020 | | 0 | FLA | 4 | | 0.006 | 0.001 | |
| Cholesterol....mg | 12 | | 0 | FLA | 4 | | 3 | 1 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 6.5g: 1 cookie

**Calories Factors: Protein** 4 **Fat** 8.4 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03214**
**Babyfood, cookies, arrowroot**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 5.60 | 0.900 | 4 | | 1 | | 1.59 | 0.28 | |
| Energy | kcal | 442 | | 0 | NC | 4 | | 125 | 22 | |
| Energy | kJ | 1849 | | 0 | NC | 4 | | 524 | 92 | |
| Protein (N x 5.75) | g | 7.60 | | 1 | | 1 | | 2.15 | 0.38 | |
| Total lipid (fat) | g | 14.30 | 0.000 | 4 | | 1 | | 4.05 | 0.72 | |
| Ash | g | 1.40 | | 1 | | 1 | | 0.40 | 0.07 | |
| Carbohydrate, by difference | g | 71.10 | | 0 | NC | 4 | | 20.16 | 3.56 | |
| Fiber, total dietary | g | 0.2 | | 0 | | 4 | | 0.1 | 0.0 | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 32 | | 1 | | 1 | | 9 | 2 | |
| Iron, Fe | mg | 3.00 | | 1 | | 1 | | 0.85 | 0.15 | |
| Magnesium, Mg | mg | 22 | | 1 | | 1 | | 6 | 1 | |
| Phosphorus, P | mg | 116 | | 1 | | 1 | | 33 | 6 | |
| Potassium, K | mg | 156 | | 1 | | 1 | | 44 | 8 | |
| Sodium, Na | mg | 319 | | 0 | LC | 8 | | 91 | 16 | |
| Zinc, Zn | mg | 0.53 | | 1 | | 1 | | 0.15 | 0.03 | |
| Copper, Cu | mg | 0.074 | | 0 | | 4 | | 0.021 | 0.004 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 17.2 | | 0 | FLM | 4 | | 4.9 | 0.9 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 5.5 | | 1 | | 1 | | 1.6 | 0.3 | |
| Thiamin | mg | 0.499 | | 1 | | 1 | | 0.141 | 0.025 | |
| Riboflavin | mg | 0.429 | | 1 | | 1 | | 0.122 | 0.021 | |
| Niacin | mg | 5.739 | | 1 | | 1 | | 1.627 | 0.287 | |
| Pantothenic acid | mg | 0.531 | | 0 | | 4 | | 0.151 | 0.027 | |
| Vitamin B-6 | mg | 0.040 | | 1 | | 1 | | 0.011 | 0.002 | |
| Folate, total | µg | 35 | | 0 | FLM | 4 | | 10 | 2 | |
| Folic acid | µg | 25 | | 0 | NC | 4 | | 7 | 1 | |
| Folate, food | µg | 10 | | 0 | | 4 | | 3 | 1 | |
| Folate, DFE | mcg_DFE | 53 | | 0 | NC | 4 | | 15 | 3 | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.07 | | 1 | | 1 | | 0.02 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 0 | | 0 | FLM | 4 | | 0 | 0 | |
| Retinol | µg | | | | | | | | | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | 0 | | 0 | | 4 | | 0 | 0 | |
| Lycopene | µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol) | mg | 3.86 | | 0 | FLC | 4 | | 1.09 | 0.19 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLC | 4 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Vitamin K (phylloquinone) | µg | 0.5 | | 0 | FLC | 4 | | 0.1 | 0.0 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |
| Fatty acids, total saturated | g | 1.048 | | 0 | FLC | 4 | | 0.297 | 0.052 | |
| 4:0 | g | 0.003 | | 0 | FLC | 4 | | 0.001 | 0.000 | |

**NDB No. 03214**
**Babyfood, cookies, arrowroot**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| 6:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.001 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.001 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.001 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.011 | | 0 | FLC | 4 | | 0.003 | 0.001 | |
| 15:0....g | 0.075 | | 0 | FLC | 4 | | 0.021 | 0.004 | |
| 16:0....g | 0.447 | | 0 | FLC | 4 | | 0.127 | 0.022 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.415 | | 0 | FLC | 4 | | 0.118 | 0.021 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | 0.094 | | 0 | FLC | 4 | | 0.027 | 0.005 | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 7.922 | | 0 | FLC | 4 | | 2.246 | 0.396 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.011 | | 0 | FLC | 4 | | 0.003 | 0.001 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 7.821 | | 0 | FLC | 4 | | 2.217 | 0.391 | |
| 20:1....g | 0.091 | | 0 | FLC | 4 | | 0.026 | 0.005 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.591 | | 0 | FLC | 4 | | 0.168 | 0.030 | |
| 18:2 undifferentiated....g | 0.560 | | 0 | FLC | 4 | | 0.159 | 0.028 | |
| 18:3 undifferentiated....g | 0.032 | | 0 | FLC | 4 | | 0.009 | 0.002 | |
| 18:4....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 5.0g: 1 cookie

**Calories Factors: Protein** 4 **Fat** 8.4 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03934**
**Babyfood, corn and sweet potatoes, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 82.62 | | 0 | FLC | 4 | | 23.42 | | |
| Energy....kcal | 68 | | 0 | FLC | 4 | | 19 | | |
| Energy....kJ | 287 | | 0 | FLC | 4 | | 81 | | |
| Protein....g | 1.26 | | 0 | FLC | 4 | | 0.36 | | |
| Total lipid (fat)....g | 0.28 | | 0 | FLC | 4 | | 0.08 | | |
| Ash....g | 0.61 | | 0 | FLC | 4 | | 0.17 | | |
| Carbohydrate, by difference....g | 15.23 | | 0 | FLC | 4 | | 4.32 | | |
| Fiber, total dietary....g | 1.8 | | 0 | FLC | 4 | | 0.5 | | |
| Sugars, total....g | 4.00 | | 0 | FLC | 4 | | 1.13 | | |
| Sucrose....g | 0.60 | | 0 | FLC | 4 | | 0.17 | | |
| Glucose (dextrose)....g | 0.05 | | 0 | FLC | 4 | | 0.01 | | |
| Fructose....g | 0.05 | | 0 | FLC | 4 | | 0.01 | | |
| Lactose....g | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Maltose....g | 0.03 | | 0 | FLC | 4 | | 0.01 | | |
| Galactose....g | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 18 | | 0 | FLC | 4 | | 5 | | |
| Iron, Fe....mg | 0.31 | | 0 | FLC | 4 | | 0.09 | | |
| Magnesium, Mg....mg | 10 | | 0 | FLC | 4 | | 3 | | |
| Phosphorus, P....mg | 29 | | 0 | FLC | 4 | | 8 | | |
| Potassium, K....mg | 154 | | 0 | FLC | 4 | | 44 | | |
| Sodium, Na....mg | 14 | | 0 | LC | 8 | | 4 | | |
| Zinc, Zn....mg | 0.19 | | 0 | FLC | 4 | | 0.05 | | |
| Copper, Cu....mg | 0.051 | | 0 | FLC | 4 | | 0.015 | | |
| Manganese, Mn....mg | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Selenium, Se....µg | 1.1 | | 0 | FLC | 4 | | 0.3 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 5.0 | | 0 | FLC | 4 | | 1.4 | | |
| Thiamin....mg | 0.018 | | 0 | FLC | 4 | | 0.005 | | |
| Riboflavin....mg | 0.041 | | 0 | FLC | 4 | | 0.012 | | |
| Niacin....mg | 0.444 | | 0 | FLC | 4 | | 0.126 | | |
| Pantothenic acid....mg | 0.323 | | 0 | FLC | 4 | | 0.092 | | |
| Vitamin B-6....mg | 0.060 | | 0 | FLC | 4 | | 0.017 | | |
| Folate, total....µg | 14 | | 0 | FLC | 4 | | 4 | | |
| Folic acid....µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Folate, food....µg | 14 | | 0 | FLC | 4 | | 4 | | |
| Folate, DFE....mcg_DFE | 14 | | 0 | NC | 4 | | 4 | | |
| Choline, total....mg | 10.2 | | 0 | FLM | 4 | | 2.9 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.01 | | 0 | FLC | 4 | | 0.00 | | |
| Vitamin B-12, added....µg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Vitamin A, RAE....mcg_RAE | 126 | | 0 | NC | 4 | | 36 | | |
| Retinol....µg | 1 | | 0 | FLC | 4 | | 0 | | |
| Carotene, beta....µg | 1488 | | 0 | FLC | 4 | | 422 | | |
| Carotene, alpha....µg | 12 | | 0 | FLC | 4 | | 3 | | |
| Cryptoxanthin, beta....µg | 3 | | 0 | FLC | 4 | | 1 | | |
| Vitamin A, IU....IU | 2496 | | 0 | NC | 4 | | 708 | | |
| Lycopene....µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 215 | | 0 | FLC | 4 | | 61 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.51 | | 0 | NR | 4 | | 0.14 | | |
| Vitamin E, added....mg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03934**
**Babyfood, corn and sweet potatoes, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone)....µg | 0.6 | | 0 | FLC | 4 | | 0.2 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.053 | | 0 | FLC | 4 | | 0.015 | | |
| 4:0....g | 0.001 | | 0 | FLC | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 10:0....g | 0.001 | | 0 | FLC | 4 | | 0.000 | | |
| 12:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.002 | | 0 | FLC | 4 | | 0.001 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.045 | | 0 | FLC | 4 | | 0.013 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.005 | | 0 | FLC | 4 | | 0.001 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.071 | | 0 | FLC | 4 | | 0.020 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | FLC | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.071 | | 0 | FLC | 4 | | 0.020 | | |
| 20:1....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.123 | | 0 | FLC | 4 | | 0.035 | | |
| 18:2 undifferentiated....g | 0.117 | | 0 | FLC | 4 | | 0.033 | | |
| 18:3 undifferentiated....g | 0.006 | | 0 | FLC | 4 | | 0.002 | | |
| 18:4....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | FLC | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.017 | | 0 | FLC | 4 | | 0.005 | | |
| Threonine....g | 0.052 | | 0 | FLC | 4 | | 0.015 | | |
| Isoleucine....g | 0.059 | | 0 | FLC | 4 | | 0.017 | | |
| Leucine....g | 0.114 | | 0 | FLC | 4 | | 0.032 | | |
| Lysine....g | 0.066 | | 0 | FLC | 4 | | 0.019 | | |
| Methionine....g | 0.033 | | 0 | FLC | 4 | | 0.009 | | |
| Cystine....g | 0.017 | | 0 | FLC | 4 | | 0.005 | | |
| Phenylalanine....g | 0.053 | | 0 | FLC | 4 | | 0.015 | | |
| Tyrosine....g | 0.056 | | 0 | FLC | 4 | | 0.016 | | |
| Valine....g | 0.074 | | 0 | FLC | 4 | | 0.021 | | |
| Arginine....g | 0.057 | | 0 | FLC | 4 | | 0.016 | | |
| Histidine....g | 0.038 | | 0 | FLC | 4 | | 0.011 | | |
| Alanine....g | 0.065 | | 0 | FLC | 4 | | 0.019 | | |
| Aspartic acid....g | 0.135 | | 0 | FLC | 4 | | 0.038 | | |
| Glutamic acid....g | 0.210 | | 0 | FLC | 4 | | 0.060 | | |
| Glycine....g | 0.041 | | 0 | FLC | 4 | | 0.012 | | |
| Proline....g | 0.118 | | 0 | FLC | 4 | | 0.033 | | |
| Serine....g | 0.057 | | 0 | FLC | 4 | | 0.016 | | |
| Hydroxyproline....g | | | | | | | | | |

**NDB No. 03934**
**Babyfood, corn and sweet potatoes, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | FLC | 4 | | 0.0 | | |
| Caffeine.....mg | 0 | | 0 | FLC | 4 | | 0 | | |
| Theobromine.....mg | 0 | | 0 | FLC | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03209**
**Babyfood, crackers, vegetable**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 2.00 | | 0 | MA | 12 | | 0.01 | | |
| Energy....kcal | 477 | | 0 | NC | 4 | | 3 | | |
| Energy....kJ | 1997 | | 0 | NC | 4 | | 14 | | |
| Protein....g | 8.40 | | 0 | MA | 12 | | 0.06 | | |
| Total lipid (fat)....g | 19.60 | | 0 | MA | 12 | | 0.14 | | |
| Ash....g | 3.15 | | 0 | MA | 12 | | 0.02 | | |
| Carbohydrate, by difference....g | 66.85 | | 0 | NC | 4 | | 0.47 | | |
| Fiber, total dietary....g | 4.0 | | 0 | MA | 12 | | 0.0 | | |
| Sugars, total....g | 13.00 | | 0 | MA | 12 | | 0.09 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 41 | | 0 | MA | 12 | | 0 | | |
| Iron, Fe....mg | 4.20 | | 0 | MA | 12 | | 0.03 | | |
| Magnesium, Mg....mg | 37 | | 0 | MA | 12 | | 0 | | |
| Phosphorus, P....mg | 198 | | 0 | MA | 12 | | 1 | | |
| Potassium, K....mg | 245 | | 0 | MA | 12 | | 2 | | |
| Sodium, Na....mg | 571 | | 0 | LC | 8 | | 4 | | |
| Zinc, Zn....mg | 0.90 | | 0 | MA | 12 | | 0.01 | | |
| Copper, Cu....mg | 0.130 | | 0 | MA | 12 | | 0.001 | | |
| Manganese, Mn....mg | 0.770 | | 0 | MA | 12 | | 0.005 | | |
| Selenium, Se....µg | 13.7 | | 0 | FLM | 4 | | 0.1 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 50.5 | | 0 | FLM | 4 | | 0.4 | | |
| Thiamin....mg | 0.350 | | 0 | MA | 12 | | 0.002 | | |
| Riboflavin....mg | 0.330 | | 0 | MA | 12 | | 0.002 | | |
| Niacin....mg | 4.050 | | 0 | MA | 12 | | 0.028 | | |
| Pantothenic acid....mg | 0.466 | | 0 | FLM | 4 | | 0.003 | | |
| Vitamin B-6....mg | 0.120 | | 0 | MA | 12 | | 0.001 | | |
| Folate, total....µg | 86 | | 0 | FLA | 4 | | 1 | | |
| Folic acid....µg | 70 | | 0 | FLA | 4 | | 0 | | |
| Folate, food....µg | 16 | | 0 | FLA | 4 | | 0 | | |
| Folate, DFE....mcg_DFE | 135 | | 0 | NC | 4 | | 1 | | |
| Choline, total....mg | 10.4 | | 0 | FLA | 4 | | 0.1 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Vitamin B-12, added....µg | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Vitamin A, RAE....mcg_RAE | 179 | | 0 | NC | 4 | | 1 | | |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Carotene, beta....µg | 1760 | | 0 | FLA | 4 | | 12 | | |
| Carotene, alpha....µg | 739 | | 0 | FLA | 4 | | 5 | | |
| Cryptoxanthin, beta....µg | 27 | | 0 | FLA | 4 | | 0 | | |
| Vitamin A, IU....IU | 3571 | | 0 | NC | 4 | | 25 | | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 65 | | 0 | FLA | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 8.05 | | 0 | FLA | 4 | | 0.06 | | |
| Vitamin E, added....mg | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Tocopherol, beta....mg | 0.04 | | 0 | FLA | 4 | | 0.00 | | |
| Tocopherol, gamma....mg | 0.25 | | 0 | FLA | 4 | | 0.00 | | |
| Tocopherol, delta....mg | 0.01 | | 0 | FLA | 4 | | 0.00 | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin K (phylloquinone)....µg | 7.1 | | 0 | FLA | 4 | | 0.0 | | |
| Dihydrophylloquinone....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03209**
**Babyfood, crackers, vegetable**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.966 | | 0 | FLA | 4 | | 0.014 | | |
| 4:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 12:0....g | 0.001 | | 0 | FLA | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.011 | | 0 | FLA | 4 | | 0.000 | | |
| 15:0....g | 0.150 | | 0 | FLA | 4 | | 0.001 | | |
| 16:0....g | 0.800 | | 0 | FLA | 4 | | 0.006 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.816 | | 0 | FLA | 4 | | 0.006 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | 0.188 | | 0 | FLA | 4 | | 0.001 | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 15.779 | | 0 | FLA | 4 | | 0.110 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.019 | | 0 | FLA | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 15.579 | | 0 | FLA | 4 | | 0.109 | | |
| 20:1....g | 0.181 | | 0 | FLA | 4 | | 0.001 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.022 | | 0 | FLA | 4 | | 0.007 | | |
| 18:2 undifferentiated....g | 0.966 | | 0 | FLA | 4 | | 0.007 | | |
| 18:3 undifferentiated....g | 0.056 | | 0 | FLA | 4 | | 0.000 | | |
| 18:4....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 0.7g: 1 cracker

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43004**
**Babyfood, dessert, banana pudding, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 83.50 | | 0 | | 1 | | 12.53 | 94.36 | 94.36 |
| Energy....kcal | 68 | | 0 | NC | 4 | | 10 | 77 | 77 |
| Energy....kJ | 284 | | 0 | NC | 4 | | 43 | 320 | 320 |
| Protein....g | 1.00 | | 0 | | 1 | | 0.15 | 1.13 | 1.13 |
| Total lipid (fat)....g | 0.80 | | 0 | | 1 | | 0.12 | 0.90 | 0.90 |
| Ash....g | 0.56 | | 0 | T | 4 | | 0.08 | 0.63 | 0.63 |
| Carbohydrate, by difference....g | 14.14 | | 0 | NC | 4 | | 2.12 | 15.98 | 15.98 |
| Fiber, total dietary....g | 0.8 | | 0 | | 4 | | 0.1 | 0.9 | 0.9 |
| Sugars, total....g | 10.55 | | 0 | O | 4 | | 1.58 | 11.92 | 11.92 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 11 | | 0 | | 1 | | 2 | 12 | 12 |
| Iron, Fe....mg | 0.30 | | 0 | | 1 | | 0.05 | 0.34 | 0.34 |
| Magnesium, Mg....mg | 5 | | 0 | | 4 | | 1 | 6 | 6 |
| Phosphorus, P....mg | 34 | | 0 | | 1 | | 5 | 38 | 38 |
| Potassium, K....mg | 90 | | 0 | | 1 | | 14 | 102 | 102 |
| Sodium, Na....mg | 54 | | 0 | LC | 8 | | 8 | 61 | 61 |
| Zinc, Zn....mg | 0.12 | | 0 | | 1 | | 0.02 | 0.14 | 0.14 |
| Copper, Cu....mg | 0.040 | | 0 | | 1 | | 0.006 | 0.045 | 0.045 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.1 | | 0 | FLM | 4 | | 0.2 | 1.2 | 1.2 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 12.0 | | 0 | | 1 | | 1.8 | 13.6 | 13.6 |
| Thiamin....mg | 0.010 | | 0 | | 1 | | 0.002 | 0.011 | 0.011 |
| Riboflavin....mg | 0.060 | | 0 | | 1 | | 0.009 | 0.068 | 0.068 |
| Niacin....mg | 0.160 | | 0 | | 1 | | 0.024 | 0.181 | 0.181 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.130 | | 0 | | 1 | | 0.020 | 0.147 | 0.147 |
| Folate, total....µg | 6 | | 0 | | 4 | | 1 | 7 | 7 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 6 | | 0 | | 4 | | 1 | 7 | 7 |
| Folate, DFE....mcg_DFE | 6 | | 0 | NC | 4 | | 1 | 7 | 7 |
| Choline, total....mg | 10.7 | | 0 | NR | 4 | | 1.6 | 12.1 | 12.1 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.01 | | 0 | | 4 | | 0.00 | 0.01 | 0.01 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 1 | 1 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 8 | | 0 | BNA | 4 | | 1 | 9 | 9 |
| Carotene, alpha....µg | 7 | | 0 | BNA | 4 | | 1 | 8 | 8 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 19 | | 0 | NC | 4 | | 3 | 21 | 21 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 19 | | 0 | FLA | 4 | | 3 | 22 | 22 |
| Vitamin E (alpha-tocopherol)....mg | 0.07 | | 0 | NR | 4 | | 0.01 | 0.08 | 0.08 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.1 | | 0 | FLA | 4 | | 0.0 | 0.1 | 0.1 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.1 | | 0 | FLA | 4 | | 0.0 | 0.1 | 0.1 |
| Vitamin D....IU | 5 | | 0 | FLA | 4 | | 1 | 5 | 5 |
| Vitamin K (phylloquinone)....µg | 0.2 | | 0 | FLA | 4 | | 0.0 | 0.2 | 0.2 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 43004**
**Babyfood, dessert, banana pudding, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.264 | | 0 | | 4 | | 0.040 | 0.298 | 0.298 |
| 4:0....g | 0.002 | | 0 | | 4 | | 0.000 | 0.002 | 0.002 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 10:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.006 | | 0 | | 4 | | 0.001 | 0.007 | 0.007 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.183 | | 0 | | 4 | | 0.027 | 0.207 | 0.207 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.058 | | 0 | | 4 | | 0.009 | 0.066 | 0.066 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.277 | | 0 | | 4 | | 0.042 | 0.313 | 0.313 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.024 | | 0 | | 4 | | 0.004 | 0.027 | 0.027 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.250 | | 0 | | 4 | | 0.038 | 0.283 | 0.283 |
| 20:1....g | 0.002 | | 0 | | 4 | | 0.000 | 0.002 | 0.002 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.111 | | 0 | | 4 | | 0.017 | 0.125 | 0.125 |
| 18:2 undifferentiated....g | 0.090 | | 0 | | 4 | | 0.014 | 0.102 | 0.102 |
| 18:3 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.001 | 0.009 | 0.009 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.010 | | 0 | | 4 | | 0.002 | 0.011 | 0.011 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.003 | | 0 | | 4 | | 0.000 | 0.003 | 0.003 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 29 | | 0 | | 4 | | 4 | 33 | 33 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43539**
**Babyfood, dessert, banana yogurt, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 80.70 | | 0 | | 4 | | 12.11 | 91.19 | 91.19 |
| Energy....kcal | 78 | | 0 | NC | 4 | | 12 | 89 | 89 |
| Energy....kJ | 328 | | 0 | NC | 4 | | 49 | 371 | 371 |
| Protein....g | 1.10 | | 0 | | 4 | | 0.17 | 1.24 | 1.24 |
| Total lipid (fat)....g | 0.52 | | 0 | T | 4 | | 0.08 | 0.59 | 0.59 |
| Ash....g | 0.33 | | 0 | T | 4 | | 0.05 | 0.37 | 0.37 |
| Carbohydrate, by difference....g | 17.35 | | 0 | NC | 4 | | 2.60 | 19.61 | 19.61 |
| Fiber, total dietary....g | 0.5 | | 0 | T | 4 | | 0.1 | 0.6 | 0.6 |
| Sugars, total....g | 3.95 | | 0 | O | 4 | | 0.59 | 4.46 | 4.46 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 30 | | 0 | T | 4 | | 5 | 34 | 34 |
| Iron, Fe....mg | 0.14 | | 0 | | 4 | | 0.02 | 0.16 | 0.16 |
| Magnesium, Mg....mg | 10 | | 0 | T | 4 | | 1 | 11 | 11 |
| Phosphorus, P....mg | 28 | | 0 | T | 4 | | 4 | 32 | 32 |
| Potassium, K....mg | 100 | | 0 | T | 4 | | 15 | 113 | 113 |
| Sodium, Na....mg | 14 | | 0 | T | 4 | | 2 | 16 | 16 |
| Zinc, Zn....mg | 0.26 | | 0 | | 4 | | 0.04 | 0.29 | 0.29 |
| Copper, Cu....mg | 0.020 | | 0 | T | 4 | | 0.003 | 0.023 | 0.023 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.9 | | 0 | FLM | 4 | | 0.1 | 1.0 | 1.0 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 13.9 | | 0 | T | 4 | | 2.1 | 15.7 | 15.7 |
| Thiamin....mg | 0.010 | | 0 | | 4 | | 0.002 | 0.011 | 0.011 |
| Riboflavin....mg | 0.040 | | 0 | T | 4 | | 0.006 | 0.045 | 0.045 |
| Niacin....mg | 0.190 | | 0 | T | 4 | | 0.029 | 0.215 | 0.215 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.080 | | 0 | T | 4 | | 0.012 | 0.090 | 0.090 |
| Folate, total....µg | 7 | | 0 | | 4 | | 1 | 8 | 8 |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 7 | | 0 | | 4 | | 1 | 8 | 8 |
| Folate, DFE....mcg_DFE | 7 | | 0 | NC | 4 | | 1 | 8 | 8 |
| Choline, total....mg | 4.7 | | 0 | FLA | 4 | | 0.7 | 5.3 | 5.3 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.13 | | 0 | | 4 | | 0.02 | 0.15 | 0.15 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 3 | | 0 | NC | 4 | | 0 | 4 | 4 |
| Retinol....µg | 3 | | 0 | BNA | 4 | | 0 | 3 | 3 |
| Carotene, beta....µg | 4 | | 0 | BNA | 4 | | 1 | 5 | 5 |
| Carotene, alpha....µg | 4 | | 0 | BNA | 4 | | 1 | 4 | 4 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 20 | | 0 | NC | 4 | | 3 | 22 | 22 |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 4 | | 0 | BFSN | 4 | | 1 | 4 | 4 |
| Vitamin E (alpha-tocopherol)....mg | 0.02 | | 0 | BFSN | 4 | | 0.00 | 0.03 | 0.03 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.1 | | 0 | BFSN | 4 | | 0.0 | 0.1 | 0.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 43539**
**Babyfood, dessert, banana yogurt, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.370 | | 0 | | 5 | | 0.056 | 0.418 | 0.418 |
| 4:0....g | 0.120 | | 0 | | 4 | | 0.018 | 0.136 | 0.136 |
| 6:0....g | 0.008 | | 0 | | 4 | | 0.001 | 0.009 | 0.009 |
| 8:0....g | 0.005 | | 0 | | 4 | | 0.001 | 0.006 | 0.006 |
| 10:0....g | 0.010 | | 0 | | 4 | | 0.002 | 0.011 | 0.011 |
| 12:0....g | 0.013 | | 0 | | 4 | | 0.002 | 0.015 | 0.015 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.041 | | 0 | | 4 | | 0.006 | 0.046 | 0.046 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.134 | | 0 | | 4 | | 0.020 | 0.151 | 0.151 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.039 | | 0 | | 4 | | 0.006 | 0.044 | 0.044 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.120 | | 0 | | 4 | | 0.018 | 0.136 | 0.136 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.010 | | 0 | | 4 | | 0.002 | 0.011 | 0.011 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.093 | | 0 | | 4 | | 0.014 | 0.105 | 0.105 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.030 | | 0 | | 4 | | 0.005 | 0.034 | 0.034 |
| 18:2 undifferentiated....g | 0.021 | | 0 | | 4 | | 0.003 | 0.024 | 0.024 |
| 18:3 undifferentiated....g | 0.010 | | 0 | | 4 | | 0.002 | 0.011 | 0.011 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | | 4 | | 0 | 1 | 1 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43537**
**Babyfood, dessert, blueberry yogurt, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 81.40 | | 0 | | 1 | | 12.21 | 91.98 | 91.98 |
| Energy | kcal | 77 | | 0 | NC | 4 | | 11 | 86 | 86 |
| Energy | kJ | 320 | | 0 | NC | 4 | | 48 | 362 | 362 |
| Protein | g | 0.50 | | 0 | | 1 | | 0.08 | 0.57 | 0.57 |
| Total lipid (fat) | g | 0.70 | | 0 | | 1 | | 0.11 | 0.79 | 0.79 |
| Ash | g | 0.35 | | 0 | FLA | 4 | | 0.05 | 0.39 | 0.39 |
| Carbohydrate, by difference | g | 17.05 | | 0 | NC | 4 | | 2.56 | 19.27 | 19.27 |
| Fiber, total dietary | g | 0.4 | | 0 | | 4 | | 0.1 | 0.5 | 0.5 |
| Sugars, total | g | 13.62 | | 0 | FLA | 4 | | 2.04 | 15.39 | 15.39 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 25 | | 0 | | 1 | | 4 | 28 | 28 |
| Iron, Fe | mg | 0.20 | | 0 | | 1 | | 0.03 | 0.23 | 0.23 |
| Magnesium, Mg | mg | 13 | | 0 | | 4 | | 2 | 15 | 15 |
| Phosphorus, P | mg | 109 | | 0 | | 4 | | 16 | 123 | 123 |
| Potassium, K | mg | 62 | | 0 | | 4 | | 9 | 70 | 70 |
| Sodium, Na | mg | 14 | | 0 | | 1 | | 2 | 16 | 16 |
| Zinc, Zn | mg | 0.14 | | 0 | | 4 | | 0.02 | 0.16 | 0.16 |
| Copper, Cu | mg | 0.030 | | 0 | | 4 | | 0.005 | 0.034 | 0.034 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.8 | | 0 | BFZN | 4 | | 0.1 | 0.9 | 0.9 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 12.4 | | 0 | | 1 | | 1.9 | 14.0 | 14.0 |
| Thiamin | mg | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| Riboflavin | mg | 0.040 | | 0 | | 1 | | 0.006 | 0.045 | 0.045 |
| Niacin | mg | 0.140 | | 0 | | 1 | | 0.021 | 0.158 | 0.158 |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.400 | | 0 | | 4 | | 0.060 | 0.452 | 0.452 |
| Folate, total | µg | 8 | | 0 | | 4 | | 1 | 9 | 9 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 8 | | 0 | | 4 | | 1 | 9 | 9 |
| Folate, DFE | mcg_DFE | 8 | | 0 | NC | 4 | | 1 | 9 | 9 |
| Choline, total | mg | 5.5 | | 0 | FLA | 4 | | 0.8 | 6.2 | 6.2 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.43 | | 0 | | 4 | | 0.06 | 0.49 | 0.49 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 3 | | 0 | NC | 4 | | 0 | 3 | 3 |
| Retinol | µg | 1 | | 0 | FLA | 4 | | 0 | 1 | 1 |
| Carotene, beta | µg | 23 | | 0 | FLA | 4 | | 3 | 25 | 25 |
| Carotene, alpha | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 41 | | 0 | NC | 4 | | 6 | 46 | 46 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 64 | | 0 | FLA | 4 | | 10 | 73 | 73 |
| Vitamin E (alpha-tocopherol) | mg | 0.40 | | 0 | FLA | 4 | | 0.06 | 0.45 | 0.45 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D | IU | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 13.3 | | 0 | FLA | 4 | | 2.0 | 15.0 | 15.0 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 43537**
**Babyfood, dessert, blueberry yogurt, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.452 | | 0 | | 4 | | 0.068 | 0.511 | 0.511 |
| 4:0....g | 0.022 | | 0 | | 4 | | 0.003 | 0.025 | 0.025 |
| 6:0....g | 0.015 | | 0 | | 4 | | 0.002 | 0.017 | 0.017 |
| 8:0....g | 0.009 | | 0 | | 4 | | 0.001 | 0.010 | 0.010 |
| 10:0....g | 0.019 | | 0 | | 4 | | 0.003 | 0.021 | 0.021 |
| 12:0....g | 0.024 | | 0 | | 4 | | 0.004 | 0.027 | 0.027 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.073 | | 0 | | 4 | | 0.011 | 0.082 | 0.082 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.192 | | 0 | | 4 | | 0.029 | 0.217 | 0.217 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.069 | | 0 | | 4 | | 0.010 | 0.078 | 0.078 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.192 | | 0 | | 4 | | 0.029 | 0.217 | 0.217 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.015 | | 0 | | 4 | | 0.002 | 0.017 | 0.017 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.159 | | 0 | | 4 | | 0.024 | 0.180 | 0.180 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.019 | | 0 | | 4 | | 0.003 | 0.021 | 0.021 |
| 18:2 undifferentiated....g | 0.013 | | 0 | | 4 | | 0.002 | 0.015 | 0.015 |
| 18:3 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.001 | 0.008 | 0.008 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | | 4 | | 1 | 5 | 5 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Heinz Strained-2 (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03225**
**Babyfood, dessert, cherry vanilla pudding, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 81.00 | | 1 | | 1 | | 22.96 | 137.70 | |
| Energy | kcal | 69 | | 0 | NC | 4 | | 20 | 117 | |
| Energy | kJ | 289 | | 0 | | 4 | | 82 | 491 | |
| Protein (N x 6.25) | g | 0.20 | | 3 | | 1 | | 0.06 | 0.34 | |
| Total lipid (fat) | g | 0.20 | | 3 | | 1 | | 0.06 | 0.34 | |
| Ash | g | 0.20 | 0.000 | 5 | | 1 | | 0.06 | 0.34 | |
| Carbohydrate, by difference | g | 18.40 | | 0 | NC | 4 | | 5.22 | 31.28 | |
| Fiber, total dietary | g | 0.3 | | 0 | | 4 | | 0.1 | 0.5 | |
| Sugars, total | g | 16.98 | | 0 | O | 4 | | 4.81 | 28.87 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 5 | | 6 | | 1 | | 1 | 9 | |
| Iron, Fe | mg | 0.17 | | 6 | | 1 | | 0.05 | 0.29 | |
| Magnesium, Mg | mg | 2 | | 1 | | 1 | | 1 | 3 | |
| Phosphorus, P | mg | 7 | | 1 | | 1 | | 2 | 12 | |
| Potassium, K | mg | 33 | | 1 | | 1 | | 9 | 56 | |
| Sodium, Na | mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Zinc, Zn | mg | 0.03 | | 1 | | 1 | | 0.01 | 0.05 | |
| Copper, Cu | mg | 0.051 | | 0 | | 4 | | 0.014 | 0.087 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.6 | | 0 | FLM | 4 | | 0.2 | 1.0 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.1 | | 6 | | 1 | | 0.3 | 1.9 | |
| Thiamin | mg | 0.007 | | 6 | | 1 | | 0.002 | 0.012 | |
| Riboflavin | mg | 0.011 | | 6 | | 1 | | 0.003 | 0.019 | |
| Niacin | mg | 0.038 | | 6 | | 1 | | 0.011 | 0.065 | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.012 | | 6 | | 1 | | 0.003 | 0.020 | |
| Folate, total | µg | 0 | | 0 | | 1 | | 0 | 1 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 0 | | 0 | | 1 | | 0 | 1 | |
| Folate, DFE | mcg_DFE | 0 | | 0 | NC | 4 | | 0 | 1 | |
| Choline, total | mg | 4.7 | | 0 | FLA | 4 | | 1.3 | 8.0 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.01 | | 0 | | 4 | | 0.00 | 0.02 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 18 | | 0 | NC | 4 | | 5 | 30 | |
| Retinol | µg | 6 | | 0 | BNA | 4 | | 2 | 9 | |
| Carotene, beta | µg | 145 | | 0 | BNA | 4 | | 41 | 247 | |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU | IU | 261 | | 0 | NC | 4 | | 74 | 443 | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 9 | | 0 | FLA | 4 | | 3 | 15 | |
| Vitamin E (alpha-tocopherol) | mg | 0.01 | | 0 | FLA | 4 | | 0.00 | 0.02 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | |
| Vitamin D | IU | 1 | | 0 | FLA | 4 | | 0 | 1 | |
| Vitamin K (phylloquinone) | µg | 0.2 | | 0 | FLA | 4 | | 0.1 | 0.4 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03225**
**Babyfood, dessert, cherry vanilla pudding, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.058 | | 0 | | 4 | | 0.016 | 0.099 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.041 | | 0 | | 4 | | 0.012 | 0.070 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.014 | | 0 | | 4 | | 0.004 | 0.024 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.070 | | 0 | | 4 | | 0.020 | 0.119 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.007 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.065 | | 0 | | 4 | | 0.018 | 0.111 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.036 | | 0 | | 4 | | 0.010 | 0.061 | |
| 18:2 undifferentiated....g | 0.025 | | 0 | | 4 | | 0.007 | 0.043 | |
| 18:3 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.002 | 0.014 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 10 | | 0 | | 4 | | 3 | 17 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 4.3 **Fat** 8.9 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03224**
**Babyfood, dessert, cherry vanilla pudding, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.50 | 0.200 | 4 | | 1 | | 23.11 | 92.10 | |
| Energy....kcal | 68 | | 0 | NC | 4 | | 19 | 77 | |
| Energy....kJ | 285 | | 0 | | 4 | | 81 | 321 | |
| Protein (N x 6.25)....g | 0.20 | | 4 | | 1 | | 0.06 | 0.23 | |
| Total lipid (fat)....g | 0.30 | | 4 | | 1 | | 0.09 | 0.34 | |
| Ash....g | 0.20 | 0.000 | 5 | | 1 | | 0.06 | 0.23 | |
| Carbohydrate, by difference....g | 17.80 | | 0 | NC | 4 | | 5.05 | 20.11 | |
| Fiber, total dietary....g | 0.3 | | 0 | | 4 | | 0.1 | 0.3 | |
| Sugars, total....g | 9.15 | | 0 | O | 4 | | 2.59 | 10.34 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 5 | 1.000 | 5 | | 1 | | 1 | 6 | |
| Iron, Fe....mg | 0.19 | 0.030 | 6 | | 1 | | 0.05 | 0.21 | |
| Magnesium, Mg....mg | 2 | | 1 | | 1 | | 1 | 2 | |
| Phosphorus, P....mg | 7 | | 1 | | 1 | | 2 | 8 | |
| Potassium, K....mg | 34 | | 1 | | 1 | | 10 | 38 | |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Zinc, Zn....mg | 0.04 | | 1 | | 1 | | 0.01 | 0.05 | |
| Copper, Cu....mg | 0.050 | | 0 | | 4 | | 0.014 | 0.057 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.6 | | 0 | FLM | 4 | | 0.2 | 0.7 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 1.1 | 0.000 | 6 | | 1 | | 0.3 | 1.2 | |
| Thiamin....mg | 0.008 | 0.000 | 5 | | 1 | | 0.002 | 0.009 | |
| Riboflavin....mg | 0.011 | 0.000 | 5 | | 1 | | 0.003 | 0.012 | |
| Niacin....mg | 0.038 | 0.000 | 6 | | 1 | | 0.011 | 0.043 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.011 | 0.000 | 6 | | 1 | | 0.003 | 0.012 | |
| Folate, total....µg | 0 | | 3 | | 1 | | 0 | 0 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 0 | | 3 | | 1 | | 0 | 0 | |
| Folate, DFE....mcg_DFE | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Choline, total....mg | 4.7 | | 0 | FLA | 4 | | 1.3 | 5.3 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.01 | | 0 | | 4 | | 0.00 | 0.01 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 18 | | 0 | NC | 4 | | 5 | 20 | |
| Retinol....µg | 6 | | 0 | BNA | 4 | | 2 | 6 | |
| Carotene, beta....µg | 145 | | 0 | BNA | 4 | | 41 | 164 | |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 261 | | 0 | NC | 4 | | 74 | 294 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 9 | | 0 | FLA | 4 | | 3 | 10 | |
| Vitamin E (alpha-tocopherol)....mg | 0.01 | | 0 | FLA | 4 | | 0.00 | 0.02 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | |
| Vitamin D....IU | 1 | | 0 | FLA | 4 | | 0 | 1 | |
| Vitamin K (phylloquinone)....µg | 0.2 | | 0 | FLA | 4 | | 0.1 | 0.3 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03224**
**Babyfood, dessert, cherry vanilla pudding, strained**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 0.087 | | 0 | | 4 | | 0.025 | 0.098 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.002 | | 0 | | 4 | | 0.001 | 0.002 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.062 | | 0 | | 4 | | 0.018 | 0.070 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.021 | | 0 | | 4 | | 0.006 | 0.024 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.105 | | 0 | | 4 | | 0.030 | 0.119 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.002 | 0.008 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.098 | | 0 | | 4 | | 0.028 | 0.111 | |
| 20:1....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.053 | | 0 | | 4 | | 0.015 | 0.060 | |
| 18:2 undifferentiated....g | 0.037 | | 0 | | 4 | | 0.010 | 0.042 | |
| 18:3 undifferentiated....g | 0.012 | | 0 | | 4 | | 0.003 | 0.014 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.003 | | 0 | | 4 | | 0.001 | 0.003 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 10 | | 0 | | 4 | | 3 | 11 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 4.3 **Fat** 8.9 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03246**
**Babyfood, dessert, custard pudding, vanilla, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 79.31 | | 0 | MA | 12 | | 181.62 | 11.10 | 22.48 |
| Energy....kcal | 86 | | 0 | NC | 4 | | 197 | 12 | 24 |
| Energy....kJ | 360 | | 0 | | 9 | | 824 | 50 | 102 |
| Protein....g | 1.76 | | 0 | MA | 12 | | 4.03 | 0.25 | 0.50 |
| Total lipid (fat)....g | 0.98 | | 0 | MA | 12 | | 2.24 | 0.14 | 0.28 |
| Ash....g | 0.37 | | 0 | MA | 12 | | 0.85 | 0.05 | 0.10 |
| Carbohydrate, by difference....g | 17.58 | | 0 | NC | 4 | | 40.26 | 2.46 | 4.98 |
| Fiber, total dietary....g | 0.2 | | 0 | MA | 12 | | 0.5 | 0.0 | 0.1 |
| Sugars, total....g | 12.20 | | 0 | O | 4 | | 27.94 | 1.71 | 3.46 |
| Sucrose....g | 9.34 | | 0 | MA | 12 | | 21.39 | 1.31 | 2.65 |
| Glucose (dextrose)....g | 0.26 | | 0 | MA | 12 | | 0.60 | 0.04 | 0.07 |
| Fructose....g | 0.26 | | 0 | MA | 12 | | 0.60 | 0.04 | 0.07 |
| Lactose....g | 1.70 | | 0 | MA | 12 | | 3.89 | 0.24 | 0.48 |
| Maltose....g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Galactose....g | 0.00 | | 0 | FLA | 4 | | 0.01 | 0.00 | 0.00 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 54 | | 0 | MA | 12 | | 124 | 8 | 15 |
| Iron, Fe....mg | 0.22 | | 0 | MA | 12 | | 0.50 | 0.03 | 0.06 |
| Magnesium, Mg....mg | 5 | | 0 | MA | 12 | | 11 | 1 | 1 |
| Phosphorus, P....mg | 55 | | 0 | MA | 12 | | 126 | 8 | 16 |
| Potassium, K....mg | 68 | | 0 | MA | 12 | | 156 | 10 | 19 |
| Sodium, Na....mg | 26 | | 0 | MA | 12 | | 60 | 4 | 7 |
| Zinc, Zn....mg | 0.30 | | 0 | MA | 12 | | 0.69 | 0.04 | 0.09 |
| Copper, Cu....mg | 0.010 | | 0 | MA | 12 | | 0.023 | 0.001 | 0.003 |
| Manganese, Mn....mg | 0.010 | | 0 | MA | 12 | | 0.023 | 0.001 | 0.003 |
| Selenium, Se....µg | 2.4 | | 0 | FLM | 4 | | 5.5 | 0.3 | 0.7 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.4 | | 0 | FLM | 4 | | 0.9 | 0.1 | 0.1 |
| Thiamin....mg | 0.012 | | 0 | MA | 12 | | 0.027 | 0.002 | 0.003 |
| Riboflavin....mg | 0.054 | | 0 | MA | 12 | | 0.124 | 0.008 | 0.015 |
| Niacin....mg | 0.076 | | 0 | MA | 12 | | 0.174 | 0.011 | 0.022 |
| Pantothenic acid....mg | 0.232 | | 0 | FLM | 4 | | 0.531 | 0.032 | 0.066 |
| Vitamin B-6....mg | 0.030 | | 0 | MA | 12 | | 0.069 | 0.004 | 0.009 |
| Folate, total....µg | 6 | | 0 | FLM | 4 | | 14 | 1 | 2 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 6 | | 0 | FLM | 4 | | 14 | 1 | 2 |
| Folate, DFE....mcg_DFE | 6 | | 0 | NC | 4 | | 14 | 1 | 2 |
| Choline, total....mg | 29.9 | | 0 | FLA | 4 | | 68.4 | 4.2 | 8.5 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.23 | | 0 | FLM | 4 | | 0.53 | 0.03 | 0.07 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 13 | | 0 | NC | 4 | | 30 | 2 | 4 |
| Retinol....µg | 13 | | 0 | BNA | 4 | | 30 | 2 | 4 |
| Carotene, beta....µg | 1 | | 0 | BNA | 4 | | 3 | 0 | 0 |
| Carotene, alpha....µg | 1 | | 0 | BNA | 4 | | 1 | 0 | 0 |
| Cryptoxanthin, beta....µg | 1 | | 0 | BNA | 4 | | 1 | 0 | 0 |
| Vitamin A, IU....IU | 47 | | 0 | MA | 12 | | 108 | 7 | 13 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 39 | | 0 | FLA | 4 | | 89 | 5 | 11 |
| Vitamin E (alpha-tocopherol)....mg | 0.09 | | 0 | FLA | 4 | | 0.21 | 0.01 | 0.03 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.5 | | 0 | FLA | 4 | | 1.1 | 0.1 | 0.1 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03246**
**Babyfood, dessert, custard pudding, vanilla, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.5 | | 0 | FLA | 4 | | 1.1 | 0.1 | 0.1 |
| Vitamin D....IU | 19 | | 0 | FLA | 4 | | 44 | 3 | 6 |
| Vitamin K (phylloquinone)....µg | 0.0 | | 0 | FLA | 4 | | 0.1 | 0.0 | 0.0 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.325 | | 0 | FLM | 4 | | 0.744 | 0.046 | 0.092 |
| 4:0....g | 0.003 | | 0 | FLM | 4 | | 0.007 | 0.000 | 0.001 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.001 | | 0 | FLM | 4 | | 0.002 | 0.000 | 0.000 |
| 10:0....g | 0.002 | | 0 | FLM | 4 | | 0.005 | 0.000 | 0.001 |
| 12:0....g | 0.001 | | 0 | FLM | 4 | | 0.002 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.009 | | 0 | FLM | 4 | | 0.021 | 0.001 | 0.003 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.222 | | 0 | FLM | 4 | | 0.508 | 0.031 | 0.063 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.078 | | 0 | FLM | 4 | | 0.179 | 0.011 | 0.022 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.364 | | 0 | FLM | 4 | | 0.834 | 0.051 | 0.103 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.030 | | 0 | FLM | 4 | | 0.069 | 0.004 | 0.009 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.331 | | 0 | FLM | 4 | | 0.758 | 0.046 | 0.094 |
| 20:1....g | 0.003 | | 0 | FLM | 4 | | 0.007 | 0.000 | 0.001 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.128 | | 0 | FLM | 4 | | 0.293 | 0.018 | 0.036 |
| 18:2 undifferentiated....g | 0.108 | | 0 | FLM | 4 | | 0.247 | 0.015 | 0.031 |
| 18:3 undifferentiated....g | 0.004 | | 0 | FLM | 4 | | 0.009 | 0.001 | 0.001 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.013 | | 0 | FLM | 4 | | 0.030 | 0.002 | 0.004 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.003 | | 0 | FLM | 4 | | 0.007 | 0.000 | 0.001 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 38 | | 0 | FLM | 4 | | 87 | 5 | 11 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 229g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03246**

**Babyfood, dessert, custard pudding, vanilla, junior**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03245**
**Babyfood, dessert, custard pudding, vanilla, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 79.90 | 0.100 | 19 | | 1 | | 182.97 | 11.19 | 22.65 |
| Energy....kcal | 85 | | 0 | NC | 4 | | 195 | 12 | 24 |
| Energy....kJ | 356 | | 0 | NC | 4 | | 814 | 50 | 101 |
| Protein (N x 6.33)....g | 1.60 | | 14 | | 1 | | 3.66 | 0.22 | 0.45 |
| Total lipid (fat)....g | 2.00 | 0.200 | 16 | | 1 | | 4.58 | 0.28 | 0.57 |
| Ash....g | 0.50 | 0.000 | 37 | | 1 | | 1.15 | 0.07 | 0.14 |
| Carbohydrate, by difference....g | 16.00 | | 0 | NC | 4 | | 36.64 | 2.24 | 4.54 |
| Fiber, total dietary....g | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | 0.0 |
| Sugars, total....g | 11.50 | | 0 | O | 4 | | 26.34 | 1.61 | 3.26 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 55 | 1.000 | 36 | | 1 | | 126 | 8 | 16 |
| Iron, Fe....mg | 0.24 | 0.010 | 36 | | 1 | | 0.55 | 0.03 | 0.07 |
| Magnesium, Mg....mg | 5 | | 2 | | 1 | | 11 | 1 | 1 |
| Phosphorus, P....mg | 45 | | 2 | | 1 | | 103 | 6 | 13 |
| Potassium, K....mg | 66 | | 15 | | 1 | | 151 | 9 | 19 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.28 | | 1 | | 1 | | 0.64 | 0.04 | 0.08 |
| Copper, Cu....mg | 0.050 | | 1 | | 1 | | 0.115 | 0.007 | 0.014 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 2.4 | | 0 | FLM | 4 | | 5.5 | 0.3 | 0.7 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.8 | 0.000 | 33 | | 1 | | 1.8 | 0.1 | 0.2 |
| Thiamin....mg | 0.012 | 0.000 | 36 | | 1 | | 0.027 | 0.002 | 0.003 |
| Riboflavin....mg | 0.080 | 0.004 | 36 | | 1 | | 0.183 | 0.011 | 0.023 |
| Niacin....mg | 0.040 | | 11 | | 1 | | 0.092 | 0.006 | 0.011 |
| Pantothenic acid....mg | 0.250 | | 4 | | 1 | | 0.573 | 0.035 | 0.071 |
| Vitamin B-6....mg | 0.020 | 0.000 | 18 | | 1 | | 0.046 | 0.003 | 0.006 |
| Folate, total....µg | 6 | 0.200 | 3 | | 1 | | 14 | 1 | 2 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 6 | 0.200 | 3 | | 1 | | 14 | 1 | 2 |
| Folate, DFE....mcg_DFE | 6 | | 0 | NC | 4 | | 14 | 1 | 2 |
| Choline, total....mg | 29.9 | | 0 | FLA | 4 | | 68.4 | 4.2 | 8.5 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.01 | | 0 | | 4 | | 0.02 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 18 | | 0 | NC | 4 | | 41 | 3 | 5 |
| Retinol....µg | 18 | | 0 | BNA | 4 | | 41 | 3 | 5 |
| Carotene, beta....µg | 2 | | 0 | BNA | 4 | | 4 | 0 | 1 |
| Carotene, alpha....µg | 1 | | 0 | BNA | 4 | | 2 | 0 | 0 |
| Cryptoxanthin, beta....µg | 1 | | 0 | BNA | 4 | | 2 | 0 | 0 |
| Vitamin A, IU....IU | 64 | | 7 | | 1 | | 147 | 9 | 18 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 39 | | 0 | FLA | 4 | | 89 | 5 | 11 |
| Vitamin E (alpha-tocopherol)....mg | 0.23 | | 0 | NR | 4 | | 0.53 | 0.03 | 0.07 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.5 | | 0 | FLA | 4 | | 1.2 | 0.1 | 0.1 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.5 | | 0 | FLA | 4 | | 1.2 | 0.1 | 0.1 |
| Vitamin D....IU | 21 | | 0 | FLA | 4 | | 48 | 3 | 6 |
| Vitamin K (phylloquinone)....µg | 0.0 | | 0 | FLA | 4 | | 0.1 | 0.0 | 0.0 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03245**

**Babyfood, dessert, custard pudding, vanilla, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.010 | | 2 | | 1 | | 2.313 | 0.141 | 0.286 |
| 4:0....g | 0.050 | | 2 | | 1 | | 0.115 | 0.007 | 0.014 |
| 6:0....g | 0.020 | | 2 | | 1 | | 0.046 | 0.003 | 0.006 |
| 8:0....g | 0.010 | | 2 | | 1 | | 0.023 | 0.001 | 0.003 |
| 10:0....g | 0.030 | | 2 | | 1 | | 0.069 | 0.004 | 0.009 |
| 12:0....g | 0.040 | | 2 | | 1 | | 0.092 | 0.006 | 0.011 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.110 | | 2 | | 1 | | 0.252 | 0.015 | 0.031 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.520 | | 2 | | 1 | | 1.191 | 0.073 | 0.147 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.190 | | 2 | | 1 | | 0.435 | 0.027 | 0.054 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.680 | | 2 | | 1 | | 1.557 | 0.095 | 0.193 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.050 | | 2 | | 1 | | 0.115 | 0.007 | 0.014 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.620 | | 2 | | 1 | | 1.420 | 0.087 | 0.176 |
| 20:1....g | 0.000 | | 2 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.160 | | 2 | | 1 | | 0.366 | 0.022 | 0.045 |
| 18:2 undifferentiated....g | 0.130 | | 2 | | 1 | | 0.298 | 0.018 | 0.037 |
| 18:3 undifferentiated....g | 0.010 | | 2 | | 1 | | 0.023 | 0.001 | 0.003 |
| 18:4....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.020 | | 2 | | 1 | | 0.046 | 0.003 | 0.006 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 8 | | 0 | | 4 | | 18 | 1 | 2 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | | | | | | | | | |
| Threonine....g | 0.059 | | 0 | | 1 | | 0.135 | 0.008 | 0.017 |
| Isoleucine....g | 0.075 | | 0 | | 1 | | 0.172 | 0.011 | 0.021 |
| Leucine....g | 0.059 | | 0 | | 1 | | 0.135 | 0.008 | 0.017 |
| Lysine....g | 0.114 | | 0 | | 1 | | 0.261 | 0.016 | 0.032 |
| Methionine....g | 0.046 | | 0 | | 1 | | 0.105 | 0.006 | 0.013 |
| Cystine....g | | | | | | | | | |
| Phenylalanine....g | 0.073 | | 0 | | 1 | | 0.167 | 0.010 | 0.021 |
| Tyrosine....g | 0.059 | | 0 | | 1 | | 0.135 | 0.008 | 0.017 |
| Valine....g | 0.088 | | 0 | | 1 | | 0.202 | 0.012 | 0.025 |
| Arginine....g | 0.062 | | 0 | | 1 | | 0.142 | 0.009 | 0.018 |
| Histidine....g | 0.041 | | 0 | | 1 | | 0.094 | 0.006 | 0.012 |
| Alanine....g | 0.050 | | 0 | | 1 | | 0.115 | 0.007 | 0.014 |
| Aspartic acid....g | 0.130 | | 0 | | 1 | | 0.298 | 0.018 | 0.037 |
| Glutamic acid....g | 0.291 | | 0 | | 1 | | 0.666 | 0.041 | 0.082 |
| Glycine....g | 0.033 | | 0 | | 1 | | 0.076 | 0.005 | 0.009 |
| Proline....g | 0.098 | | 0 | | 1 | | 0.224 | 0.014 | 0.028 |
| Serine....g | 0.082 | | 0 | | 1 | | 0.188 | 0.011 | 0.023 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03245**

**Babyfood, dessert, custard pudding, vanilla, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 229g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 4.3 **Fat** 8.9 **Carbohydrate** 3.8

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03221**
**Babyfood, dessert, dutch apple, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | |
| Water....g | 80.32 | | 0 | MA | 12 | | 22.77 | 136.54 | |
| Energy....kcal | 79 | | 0 | NC | 4 | | 22 | 134 | |
| Energy....kJ | 331 | | 0 | MC | 9 | | 94 | 562 | |
| Protein....g | 0.20 | | 0 | MA | 12 | | 0.06 | 0.34 | |
| Total lipid (fat)....g | 0.16 | | 0 | MA | 12 | | 0.05 | 0.27 | |
| Ash....g | 0.14 | | 0 | MA | 12 | | 0.04 | 0.24 | |
| Carbohydrate, by difference....g | 19.29 | | 0 | O | 4 | | 5.47 | 32.79 | |
| Fiber, total dietary....g | 1.4 | | 0 | MA | 12 | | 0.4 | 2.4 | |
| Sugars, total....g | 17.89 | | 0 | O | 4 | | 5.07 | 30.41 | |
| Sucrose....g | 8.80 | | 0 | MA | 12 | | 2.49 | 14.96 | |
| Glucose (dextrose)....g | 2.10 | | 0 | MA | 12 | | 0.60 | 3.57 | |
| Fructose....g | 5.30 | | 0 | MA | 12 | | 1.50 | 9.01 | |
| Lactose....g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | |
| Maltose....g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | |
| Galactose....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 3 | | 0 | MA | 12 | | 1 | 5 | |
| Iron, Fe....mg | 0.11 | | 0 | MA | 12 | | 0.03 | 0.19 | |
| Magnesium, Mg....mg | 4 | | 0 | MA | 12 | | 1 | 7 | |
| Phosphorus, P....mg | 7 | | 0 | MA | 12 | | 2 | 12 | |
| Potassium, K....mg | 67 | | 0 | MA | 12 | | 19 | 114 | |
| Sodium, Na....mg | 3 | | 0 | MA | 12 | | 1 | 5 | |
| Zinc, Zn....mg | 0.03 | | 0 | FLM | 4 | | 0.01 | 0.05 | |
| Copper, Cu....mg | 0.030 | | 0 | FLM | 4 | | 0.009 | 0.051 | |
| Manganese, Mn....mg | 0.020 | | 0 | MA | 12 | | 0.006 | 0.034 | |
| Selenium, Se....µg | 0.2 | | 0 | FLM | 4 | | 0.1 | 0.3 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 18.0 | | 0 | MA | 12 | | 5.1 | 30.6 | |
| Thiamin....mg | 0.010 | | 0 | MA | 12 | | 0.003 | 0.017 | |
| Riboflavin....mg | 0.012 | | 0 | MA | 12 | | 0.003 | 0.020 | |
| Niacin....mg | 0.048 | | 0 | MA | 12 | | 0.014 | 0.082 | |
| Pantothenic acid....mg | 0.017 | | 0 | FLM | 4 | | 0.005 | 0.029 | |
| Vitamin B-6....mg | 0.017 | | 0 | FLM | 4 | | 0.005 | 0.029 | |
| Folate, total....µg | 0 | | 0 | FLM | 4 | | 0 | 0 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 0 | | 0 | T | 4 | | 0 | 0 | |
| Folate, DFE....mcg_DFE | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Choline, total....mg | 2.5 | | 0 | FLA | 4 | | 0.7 | 4.2 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | FLM | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 2 | |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 8 | | 0 | BNA | 4 | | 2 | 13 | |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 6 | | 0 | BNA | 4 | | 2 | 10 | |
| Vitamin A, IU....IU | 18 | | 0 | MA | 12 | | 5 | 31 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 11 | | 0 | FLA | 4 | | 3 | 19 | |
| Vitamin E (alpha-tocopherol)....mg | 0.04 | | 0 | FLA | 4 | | 0.01 | 0.06 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03221**
**Babyfood, dessert, dutch apple, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol).....µg | | | | | | | | | |
| Vitamin D.....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone).....µg | 0.5 | | 0 | FLA | 4 | | 0.1 | 0.8 | |
| Dihydrophylloquinone.....µg | | | | | | | | | |
| Menaquinone-4.....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated.....g | 0.025 | | 0 | FLM | 4 | | 0.007 | 0.043 | |
| 4:0.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 6:0.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 8:0.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 10:0.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 12:0.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 13:0.....g | | | | | | | | | |
| 14:0.....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.002 | |
| 15:0.....g | | | | | | | | | |
| 16:0.....g | 0.021 | | 0 | FLM | 4 | | 0.006 | 0.036 | |
| 17:0.....g | | | | | | | | | |
| 18:0.....g | 0.003 | | 0 | FLM | 4 | | 0.001 | 0.005 | |
| 20:0.....g | | | | | | | | | |
| 22:0.....g | | | | | | | | | |
| 24:0.....g | | | | | | | | | |
| Fatty acids, total monounsaturated.....g | 0.006 | | 0 | FLM | 4 | | 0.002 | 0.010 | |
| 14:1.....g | | | | | | | | | |
| 15:1.....g | | | | | | | | | |
| 16:1 undifferentiated.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 17:1.....g | | | | | | | | | |
| 18:1 undifferentiated.....g | 0.006 | | 0 | FLM | 4 | | 0.002 | 0.010 | |
| 20:1.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 24:1 c.....g | | | | | | | | | |
| Fatty acids, total polyunsaturated.....g | 0.045 | | 0 | FLM | 4 | | 0.013 | 0.077 | |
| 18:2 undifferentiated.....g | 0.038 | | 0 | FLM | 4 | | 0.011 | 0.065 | |
| 18:3 undifferentiated.....g | 0.008 | | 0 | FLM | 4 | | 0.002 | 0.014 | |
| 18:4.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c.....g | | | | | | | | | |
| 20:3 undifferentiated.....g | | | | | | | | | |
| 20:4 undifferentiated.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA).....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA).....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA).....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans.....g | | | | | | | | | |
| Cholesterol.....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Phytosterols.....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan.....g | 0.002 | | 0 | FLA | 4 | | 0.001 | 0.004 | |
| Threonine.....g | 0.007 | | 0 | FLA | 4 | | 0.002 | 0.012 | |
| Isoleucine.....g | 0.008 | | 0 | FLA | 4 | | 0.002 | 0.013 | |
| Leucine.....g | 0.012 | | 0 | FLA | 4 | | 0.003 | 0.021 | |
| Lysine.....g | 0.013 | | 0 | FLA | 4 | | 0.004 | 0.022 | |
| Methionine.....g | 0.002 | | 0 | FLA | 4 | | 0.001 | 0.004 | |
| Cystine.....g | 0.003 | | 0 | FLA | 4 | | 0.001 | 0.005 | |
| Phenylalanine.....g | 0.006 | | 0 | FLA | 4 | | 0.002 | 0.010 | |
| Tyrosine.....g | 0.004 | | 0 | FLA | 4 | | 0.001 | 0.006 | |
| Valine.....g | 0.009 | | 0 | FLA | 4 | | 0.003 | 0.016 | |
| Arginine.....g | 0.006 | | 0 | FLA | 4 | | 0.002 | 0.011 | |
| Histidine.....g | 0.003 | | 0 | FLA | 4 | | 0.001 | 0.005 | |
| Alanine.....g | 0.007 | | 0 | FLA | 4 | | 0.002 | 0.012 | |
| Aspartic acid.....g | 0.035 | | 0 | FLA | 4 | | 0.010 | 0.060 | |
| Glutamic acid.....g | 0.021 | | 0 | FLA | 4 | | 0.006 | 0.035 | |
| Glycine.....g | 0.008 | | 0 | FLA | 4 | | 0.002 | 0.013 | |
| Proline.....g | 0.007 | | 0 | FLA | 4 | | 0.002 | 0.012 | |
| Serine.....g | 0.008 | | 0 | FLA | 4 | | 0.002 | 0.013 | |
| Hydroxyproline.....g | | | | | | | | | |

**NDB No. 03221**
**Babyfood, dessert, dutch apple, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Caffeine.....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine.....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03220**
**Babyfood, dessert, dutch apple, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 79.50 | | 0 | T | 4 | | 22.54 | 89.84 | |
| Energy....kcal | 75 | | 0 | NC | 4 | | 21 | 85 | |
| Energy....kJ | 314 | | 0 | NC | 4 | | 89 | 355 | |
| Protein (N x 6.25)....g | 0.20 | | 0 | T | 4 | | 0.06 | 0.23 | |
| Total lipid (fat)....g | 0.40 | | 0 | T | 4 | | 0.11 | 0.45 | |
| Ash....g | 0.16 | | 0 | T | 4 | | 0.05 | 0.18 | |
| Carbohydrate, by difference....g | 19.74 | | 0 | NC | 4 | | 5.60 | 22.31 | |
| Fiber, total dietary....g | 1.4 | | 0 | T | 4 | | 0.4 | 1.6 | |
| Sugars, total....g | 17.89 | | 0 | O | 4 | | 5.07 | 20.22 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 5 | | 1 | | 1 | | 1 | 6 | |
| Iron, Fe....mg | 0.20 | | 1 | | 1 | | 0.06 | 0.23 | |
| Magnesium, Mg....mg | 2 | | 2 | | 1 | | 1 | 2 | |
| Phosphorus, P....mg | 3 | | 2 | | 1 | | 1 | 3 | |
| Potassium, K....mg | 33 | | 2 | | 1 | | 9 | 37 | |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Zinc, Zn....mg | 0.01 | | 2 | | 1 | | 0.00 | 0.01 | |
| Copper, Cu....mg | 0.059 | | 0 | | 4 | | 0.017 | 0.067 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.2 | | 0 | FLM | 4 | | 0.1 | 0.2 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 21.4 | | 1 | | 1 | | 6.1 | 24.2 | |
| Thiamin....mg | 0.011 | | 1 | | 1 | | 0.003 | 0.012 | |
| Riboflavin....mg | 0.013 | | 1 | | 1 | | 0.004 | 0.015 | |
| Niacin....mg | 0.048 | | 1 | | 1 | | 0.014 | 0.054 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.011 | | 1 | | 1 | | 0.003 | 0.012 | |
| Folate, total....µg | 1 | 0.100 | 6 | | 1 | | 0 | 1 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 1 | | 0 | NR | 4 | | 0 | 1 | |
| Folate, DFE....mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 1 | |
| Choline, total....mg | 2.5 | | 0 | FLA | 4 | | 0.7 | 2.8 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 1 | 3 | |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 21 | | 0 | BNA | 4 | | 6 | 24 | |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 16 | | 0 | BNA | 4 | | 5 | 18 | |
| Vitamin A, IU....IU | 49 | | 0 | NC | 4 | | 14 | 55 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 15 | | 0 | FLA | 4 | | 4 | 17 | |
| Vitamin E (alpha-tocopherol)....mg | 0.04 | | 0 | FLA | 4 | | 0.01 | 0.04 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 0.5 | | 0 | FLA | 4 | | 0.1 | 0.5 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03220**
**Babyfood, dessert, dutch apple, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.190 | | 0 | NC | 4 | | 0.054 | 0.215 | |
| 4:0....g | 0.014 | | 2 | | 1 | | 0.004 | 0.016 | |
| 6:0....g | 0.003 | | 2 | | 1 | | 0.001 | 0.004 | |
| 8:0....g | 0.003 | | 2 | | 1 | | 0.001 | 0.004 | |
| 10:0....g | 0.010 | | 2 | | 1 | | 0.003 | 0.012 | |
| 12:0....g | 0.010 | | 2 | | 1 | | 0.003 | 0.012 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.031 | | 2 | | 1 | | 0.009 | 0.035 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.086 | | 2 | | 1 | | 0.025 | 0.098 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.031 | | 2 | | 1 | | 0.009 | 0.035 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.080 | | 0 | NC | 4 | | 0.023 | 0.090 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.007 | | 2 | | 1 | | 0.002 | 0.008 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.073 | | 2 | | 1 | | 0.021 | 0.082 | |
| 20:1....g | 0.000 | | 2 | | 1 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.010 | | 0 | NC | 4 | | 0.003 | 0.012 | |
| 18:2 undifferentiated....g | 0.007 | | 2 | | 1 | | 0.002 | 0.008 | |
| 18:3 undifferentiated....g | 0.003 | | 2 | | 1 | | 0.001 | 0.004 | |
| 18:4....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 2 | | 1 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 3.4 **Fat** 8.4 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03236**

**Babyfood, dessert, fruit dessert, without ascorbic acid, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 82.20 | | 14 | | 1 | | 12.33 | 23.30 | 139.74 |
| Energy....kcal | 63 | | 0 | NC | 4 | | 9 | 18 | 107 |
| Energy....kJ | 264 | | 0 | | 4 | | 40 | 75 | 448 |
| Protein (N x 6.25)....g | 0.30 | 0.000 | 15 | | 1 | | 0.05 | 0.09 | 0.51 |
| Total lipid (fat)....g | 0.00 | | 15 | | 1 | | 0.00 | 0.00 | 0.00 |
| Ash....g | 0.30 | 0.000 | 42 | | 1 | | 0.05 | 0.09 | 0.51 |
| Carbohydrate, by difference....g | 17.20 | | 0 | NC | 4 | | 2.58 | 4.88 | 29.24 |
| Fiber, total dietary....g | 0.6 | | 0 | | 4 | | 0.1 | 0.2 | 1.0 |
| Sugars, total....g | 12.00 | | 0 | O | 4 | | 1.80 | 3.40 | 20.40 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 9 | 2.000 | 7 | | 1 | | 1 | 3 | 15 |
| Iron, Fe....mg | 0.21 | 0.040 | 7 | | 1 | | 0.03 | 0.06 | 0.36 |
| Magnesium, Mg....mg | 5 | | 1 | | 1 | | 1 | 1 | 9 |
| Phosphorus, P....mg | 8 | | 1 | | 1 | | 1 | 2 | 14 |
| Potassium, K....mg | 95 | | 14 | | 1 | | 14 | 27 | 162 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.05 | | 1 | | 1 | | 0.01 | 0.01 | 0.09 |
| Copper, Cu....mg | 0.030 | | 1 | | 1 | | 0.005 | 0.009 | 0.051 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | FLM | 4 | | 0.1 | 0.1 | 0.7 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 3.0 | | 2 | | 1 | | 0.5 | 0.9 | 5.1 |
| Thiamin....mg | 0.021 | 0.000 | 11 | | 1 | | 0.003 | 0.006 | 0.036 |
| Riboflavin....mg | 0.012 | 0.000 | 11 | | 1 | | 0.002 | 0.003 | 0.020 |
| Niacin....mg | 0.144 | 0.007 | 10 | | 1 | | 0.022 | 0.041 | 0.245 |
| Pantothenic acid....mg | 0.100 | | 0 | | 4 | | 0.015 | 0.028 | 0.170 |
| Vitamin B-6....mg | 0.033 | | 2 | | 1 | | 0.005 | 0.009 | 0.056 |
| Folate, total....µg | 4 | | 0 | | 1 | | 1 | 1 | 6 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 4 | | 0 | NR | 4 | | 1 | 1 | 6 |
| Folate, DFE....mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 1 | 6 |
| Choline, total....mg | 4.5 | | 0 | FLA | 4 | | 0.7 | 1.3 | 7.7 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 7 | | 0 | NC | 4 | | 1 | 2 | 11 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 64 | | 0 | FLA | 4 | | 10 | 18 | 110 |
| Carotene, alpha....µg | 2 | | 0 | FLA | 4 | | 0 | 1 | 4 |
| Cryptoxanthin, beta....µg | 27 | | 0 | FLA | 4 | | 4 | 8 | 46 |
| Vitamin A, IU....IU | 132 | | 0 | NC | 4 | | 20 | 37 | 224 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 43 | | 0 | FLA | 4 | | 6 | 12 | 74 |
| Vitamin E (alpha-tocopherol)....mg | 0.29 | | 0 | FLA | 4 | | 0.04 | 0.08 | 0.49 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 1.5 | | 0 | FLA | 4 | | 0.2 | 0.4 | 2.6 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03236**

**Babyfood, dessert, fruit dessert, without ascorbic acid, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Calories Factors: Protein** 3.4 **Fat** 8.4 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03235**

**Babyfood, dessert, fruit dessert, without ascorbic acid, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 83.40 | 0.400 | 17 | | 1 | | 12.51 | 23.64 | 94.24 |
| Energy....kcal | 59 | | 0 | NC | 4 | | 9 | 17 | 67 |
| Energy....kJ | 247 | | 0 | | 4 | | 37 | 70 | 279 |
| Protein (N x 6.25)....g | 0.30 | 0.000 | 15 | | 1 | | 0.05 | 0.09 | 0.34 |
| Total lipid (fat)....g | 0.00 | | 15 | | 1 | | 0.00 | 0.00 | 0.00 |
| Ash....g | 0.30 | 0.000 | 42 | | 1 | | 0.05 | 0.09 | 0.34 |
| Carbohydrate, by difference....g | 16.00 | | 0 | NC | 4 | | 2.40 | 4.54 | 18.08 |
| Fiber, total dietary....g | 0.6 | | 0 | | 4 | | 0.1 | 0.2 | 0.7 |
| Sugars, total....g | 12.60 | | 0 | O | 4 | | 1.89 | 3.57 | 14.24 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 9 | 2.000 | 7 | | 1 | | 1 | 3 | 10 |
| Iron, Fe....mg | 0.22 | 0.010 | 35 | | 1 | | 0.03 | 0.06 | 0.25 |
| Magnesium, Mg....mg | 5 | | 1 | | 1 | | 1 | 1 | 6 |
| Phosphorus, P....mg | 7 | | 1 | | 1 | | 1 | 2 | 8 |
| Potassium, K....mg | 94 | | 14 | | 1 | | 14 | 27 | 106 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.04 | | 1 | | 1 | | 0.01 | 0.01 | 0.05 |
| Copper, Cu....mg | 0.030 | | 1 | | 1 | | 0.005 | 0.009 | 0.034 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | FLM | 4 | | 0.1 | 0.1 | 0.5 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 2.5 | 0.200 | 29 | | 1 | | 0.4 | 0.7 | 2.8 |
| Thiamin....mg | 0.016 | 0.000 | 38 | | 1 | | 0.002 | 0.005 | 0.018 |
| Riboflavin....mg | 0.009 | 0.000 | 38 | | 1 | | 0.001 | 0.003 | 0.010 |
| Niacin....mg | 0.143 | 0.007 | 10 | | 1 | | 0.021 | 0.041 | 0.162 |
| Pantothenic acid....mg | 0.104 | | 0 | | 4 | | 0.016 | 0.029 | 0.118 |
| Vitamin B-6....mg | 0.037 | 0.000 | 29 | | 1 | | 0.006 | 0.010 | 0.042 |
| Folate, total....µg | 3 | 0.200 | 9 | | 1 | | 0 | 1 | 4 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 3 | 0.200 | 9 | | 1 | | 0 | 1 | 4 |
| Folate, DFE....mcg_DFE | 3 | | 0 | NC | 4 | | 0 | 1 | 4 |
| Choline, total....mg | 4.5 | | 0 | FLA | 4 | | 0.7 | 1.3 | 5.1 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 7 | | 0 | NC | 4 | | 1 | 2 | 7 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 64 | | 0 | FLA | 4 | | 10 | 18 | 73 |
| Carotene, alpha....µg | 2 | | 0 | FLA | 4 | | 0 | 1 | 3 |
| Cryptoxanthin, beta....µg | 27 | | 0 | FLA | 4 | | 4 | 8 | 31 |
| Vitamin A, IU....IU | 132 | | 0 | NC | 4 | | 20 | 37 | 149 |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 43 | | 0 | FLA | 4 | | 6 | 12 | 49 |
| Vitamin E (alpha-tocopherol)....mg | 0.29 | | 0 | FLA | 4 | | 0.04 | 0.08 | 0.32 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma....mg | 0.01 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.01 |
| Tocopherol, delta....mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 1.5 | | 0 | FLA | 4 | | 0.2 | 0.4 | 1.7 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03235**

**Babyfood, dessert, fruit dessert, without ascorbic acid, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated.....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 4:0.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0.....g | | | | | | | | | |
| 14:0.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0.....g | | | | | | | | | |
| 16:0.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:0.....g | | | | | | | | | |
| 18:0.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:0.....g | | | | | | | | | |
| 22:0.....g | | | | | | | | | |
| 24:0.....g | | | | | | | | | |
| Fatty acids, total monounsaturated.....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 14:1.....g | | | | | | | | | |
| 15:1.....g | | | | | | | | | |
| 16:1 undifferentiated.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1.....g | | | | | | | | | |
| 18:1 undifferentiated.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:1.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c.....g | | | | | | | | | |
| Fatty acids, total polyunsaturated.....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 18:2 undifferentiated.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:3 undifferentiated.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c.....g | | | | | | | | | |
| 20:3 undifferentiated.....g | | | | | | | | | |
| 20:4 undifferentiated.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA).....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA).....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA).....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans.....g | | | | | | | | | |
| Cholesterol.....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols.....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine.....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine.....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** 3.4 **Fat** 8.4 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03226**
**Babyfood, dessert, fruit pudding, orange, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 79.80 | 0.100 | 4 | | 1 | | 22.62 | 90.17 | |
| Energy....kcal | 80 | | 0 | NC | 4 | | 23 | 90 | |
| Energy....kJ | 335 | | 0 | | 4 | | 95 | 378 | |
| Protein (N x 6.33)....g | 1.10 | | 3 | | 1 | | 0.31 | 1.24 | |
| Total lipid (fat)....g | 0.90 | | 3 | | 1 | | 0.26 | 1.02 | |
| Ash....g | 0.60 | 0.000 | 5 | | 1 | | 0.17 | 0.68 | |
| Carbohydrate, by difference....g | 17.70 | | 0 | NC | 4 | | 5.02 | 20.00 | |
| Fiber, total dietary....g | 0.6 | | 0 | | 4 | | 0.2 | 0.7 | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 32 | | 1 | | 1 | | 9 | 36 | |
| Iron, Fe....mg | 0.10 | | 1 | | 1 | | 0.03 | 0.11 | |
| Magnesium, Mg....mg | 5 | | 1 | | 1 | | 1 | 6 | |
| Phosphorus, P....mg | 28 | | 1 | | 1 | | 8 | 32 | |
| Potassium, K....mg | 86 | | 1 | | 1 | | 24 | 97 | |
| Sodium, Na....mg | 20 | | 0 | | 4 | | 6 | 23 | |
| Zinc, Zn....mg | 0.17 | | 1 | | 1 | | 0.05 | 0.19 | |
| Copper, Cu....mg | 0.050 | | 0 | | 4 | | 0.014 | 0.057 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.6 | | 0 | BFZN | 4 | | 0.2 | 0.7 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 9.1 | | 1 | | 1 | | 2.6 | 10.3 | |
| Thiamin....mg | 0.040 | | 1 | | 1 | | 0.011 | 0.045 | |
| Riboflavin....mg | 0.057 | | 1 | | 1 | | 0.016 | 0.064 | |
| Niacin....mg | 0.119 | | 1 | | 1 | | 0.034 | 0.134 | |
| Pantothenic acid....mg | 0.251 | | 0 | | 4 | | 0.071 | 0.284 | |
| Vitamin B-6....mg | 0.027 | | 1 | | 1 | | 0.008 | 0.031 | |
| Folate, total....µg | 8 | 0.500 | 3 | | 1 | | 2 | 9 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 8 | 0.500 | 3 | | 1 | | 2 | 9 | |
| Folate, DFE....mcg_DFE | 8 | | 0 | NC | 4 | | 2 | 9 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.01 | | 0 | | 4 | | 0.00 | 0.01 | |
| Vitamin A, RAE....mcg_RAE | 6 | | 0 | NC | 4 | | 2 | 6 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 115 | | 1 | | 1 | | 33 | 130 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.545 | | 0 | | 4 | | 0.155 | 0.616 | |
| 4:0....g | 0.029 | | 0 | | 4 | | 0.008 | 0.033 | |

**NDB No. 03226**
**Babyfood, dessert, fruit pudding, orange, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| 6:0....g | 0.015 | | 0 | | 4 | | 0.004 | 0.017 | |
| 8:0....g | 0.010 | | 0 | | 4 | | 0.003 | 0.011 | |
| 10:0....g | 0.021 | | 0 | | 4 | | 0.006 | 0.024 | |
| 12:0....g | 0.023 | | 0 | | 4 | | 0.007 | 0.026 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.088 | | 0 | | 4 | | 0.025 | 0.099 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.233 | | 0 | | 4 | | 0.066 | 0.263 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.104 | | 0 | | 4 | | 0.029 | 0.118 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.257 | | 0 | | 4 | | 0.073 | 0.290 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.022 | | 0 | | 4 | | 0.006 | 0.025 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.225 | | 0 | | 4 | | 0.064 | 0.254 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.038 | | 0 | | 4 | | 0.011 | 0.043 | |
| 18:2 undifferentiated....g | 0.027 | | 0 | | 4 | | 0.008 | 0.031 | |
| 18:3 undifferentiated....g | 0.014 | | 0 | | 4 | | 0.004 | 0.016 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 3 | | 0 | | 4 | | 1 | 3 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | | | | | | | | | |
| Threonine....g | 0.045 | | 0 | | 1 | | 0.013 | 0.051 | |
| Isoleucine....g | 0.057 | | 0 | | 1 | | 0.016 | 0.064 | |
| Leucine....g | 0.113 | | 0 | | 1 | | 0.032 | 0.128 | |
| Lysine....g | 0.090 | | 0 | | 1 | | 0.026 | 0.102 | |
| Methionine....g | 0.015 | | 0 | | 1 | | 0.004 | 0.017 | |
| Cystine....g | | | | | | | | | |
| Phenylalanine....g | 0.042 | | 0 | | 1 | | 0.012 | 0.047 | |
| Tyrosine....g | 0.045 | | 0 | | 1 | | 0.013 | 0.051 | |
| Valine....g | 0.070 | | 0 | | 1 | | 0.020 | 0.079 | |
| Arginine....g | 0.085 | | 0 | | 1 | | 0.024 | 0.096 | |
| Histidine....g | 0.031 | | 0 | | 1 | | 0.009 | 0.035 | |
| Alanine....g | 0.044 | | 0 | | 1 | | 0.012 | 0.050 | |
| Aspartic acid....g | 0.132 | | 0 | | 1 | | 0.037 | 0.149 | |
| Glutamic acid....g | 0.225 | | 0 | | 1 | | 0.064 | 0.254 | |
| Glycine....g | 0.027 | | 0 | | 1 | | 0.008 | 0.031 | |
| Proline....g | 0.118 | | 0 | | 1 | | 0.033 | 0.133 | |
| Serine....g | 0.062 | | 0 | | 1 | | 0.018 | 0.070 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | | | | | | | | | |
| Theobromine....mg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03226**

**Babyfood, dessert, fruit pudding, orange, strained**

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 4.3 **Fat** 8.9 **Carbohydrate** 3.8

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03233**
**Babyfood, dessert, fruit pudding, pineapple, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 77.60 | 1.300 | 17 | | 1 | | 11.64 | 22.00 | 87.69 |
| Energy....kcal | 81 | | 0 | NC | 4 | | 12 | 23 | 92 |
| Energy....kJ | 339 | | 0 | | 4 | | 51 | 96 | 383 |
| Protein (N x 6.2)....g | 1.30 | 0.000 | 17 | | 1 | | 0.20 | 0.37 | 1.47 |
| Total lipid (fat)....g | 0.30 | 0.100 | 17 | | 1 | | 0.05 | 0.09 | 0.34 |
| Ash....g | 0.50 | 0.000 | 16 | | 1 | | 0.08 | 0.14 | 0.57 |
| Carbohydrate, by difference....g | 20.30 | | 0 | NC | 4 | | 3.05 | 5.76 | 22.94 |
| Fiber, total dietary....g | 0.7 | | 0 | | 4 | | 0.1 | 0.2 | 0.8 |
| Sugars, total....g | 10.28 | | 0 | O | 4 | | 1.54 | 2.91 | 11.62 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 31 | 4.000 | 16 | | 1 | | 5 | 9 | 35 |
| Iron, Fe....mg | 0.18 | 0.020 | 16 | | 1 | | 0.03 | 0.05 | 0.20 |
| Magnesium, Mg....mg | 9 | | 1 | | 1 | | 1 | 3 | 10 |
| Phosphorus, P....mg | 31 | | 1 | | 1 | | 5 | 9 | 35 |
| Potassium, K....mg | 81 | | 14 | | 1 | | 12 | 23 | 92 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.20 | | 1 | | 1 | | 0.03 | 0.06 | 0.23 |
| Copper, Cu....mg | 0.023 | | 0 | | 4 | | 0.003 | 0.007 | 0.026 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.2 | | 0 | FLM | 4 | | 0.2 | 0.3 | 1.4 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 27.2 | 0.900 | 16 | | 1 | | 4.1 | 7.7 | 30.7 |
| Thiamin....mg | 0.038 | 0.007 | 16 | | 1 | | 0.006 | 0.011 | 0.043 |
| Riboflavin....mg | 0.046 | 0.000 | 16 | | 1 | | 0.007 | 0.013 | 0.052 |
| Niacin....mg | 0.107 | 0.000 | 16 | | 1 | | 0.016 | 0.030 | 0.121 |
| Pantothenic acid....mg | 0.192 | | 0 | | 4 | | 0.029 | 0.054 | 0.217 |
| Vitamin B-6....mg | 0.040 | 0.000 | 3 | | 1 | | 0.006 | 0.011 | 0.045 |
| Folate, total....µg | 5 | 0.200 | 3 | | 1 | | 1 | 1 | 6 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 5 | 0.200 | 3 | | 1 | | 1 | 1 | 6 |
| Folate, DFE....mcg_DFE | 5 | | 0 | NC | 4 | | 1 | 1 | 6 |
| Choline, total....mg | 5.4 | | 0 | FLA | 4 | | 0.8 | 1.5 | 6.1 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.06 | | 1 | | 1 | | 0.01 | 0.02 | 0.07 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 11 | | 0 | NC | 4 | | 2 | 3 | 13 |
| Retinol....µg | 11 | | 0 | BNA | 4 | | 2 | 3 | 13 |
| Carotene, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 37 | | 0 | NC | 4 | | 6 | 10 | 42 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol)....mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.3 | | 0 | AS | 1 | | 0.0 | 0.1 | 0.4 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.3 | | 0 | FLA | 4 | | 0.0 | 0.1 | 0.4 |
| Vitamin D....IU | 13 | | 0 | FLA | 4 | | 2 | 4 | 14 |
| Vitamin K (phylloquinone)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03233**

**Babyfood, dessert, fruit pudding, pineapple, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.099 | | 0 | | 4 | | 0.015 | 0.028 | 0.112 |
| 4:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.001 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.001 |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.003 | | 0 | | 4 | | 0.000 | 0.001 | 0.003 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.067 | | 0 | | 4 | | 0.010 | 0.019 | 0.076 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.024 | | 0 | | 4 | | 0.004 | 0.007 | 0.027 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.109 | | 0 | | 4 | | 0.016 | 0.031 | 0.123 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.009 | | 0 | | 4 | | 0.001 | 0.003 | 0.010 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.098 | | 0 | | 4 | | 0.015 | 0.028 | 0.111 |
| 20:1....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.001 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.041 | | 0 | | 4 | | 0.006 | 0.012 | 0.046 |
| 18:2 undifferentiated....g | 0.033 | | 0 | | 4 | | 0.005 | 0.009 | 0.037 |
| 18:3 undifferentiated....g | 0.003 | | 0 | | 4 | | 0.000 | 0.001 | 0.003 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.001 | 0.005 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.001 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** 4.3 **Fat** 8.9 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03228**
**Babyfood, dessert, peach cobbler, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.20 | | 1 | | 1 | | 12.18 | 23.02 | 178.64 |
| Energy....kcal | 67 | | 0 | NC | 4 | | 10 | 19 | 147 |
| Energy....kJ | 280 | | 0 | | 4 | | 42 | 79 | 617 |
| Protein (N x 6.2)....g | 0.30 | | 1 | | 1 | | 0.05 | 0.09 | 0.66 |
| Total lipid (fat)....g | 0.00 | | 1 | | 1 | | 0.00 | 0.00 | 0.00 |
| Ash....g | 0.24 | | 0 | FLA | 4 | | 0.04 | 0.07 | 0.52 |
| Carbohydrate, by difference....g | 18.30 | | 0 | NC | 4 | | 2.75 | 5.19 | 40.26 |
| Fiber, total dietary....g | 0.7 | | 0 | | 4 | | 0.1 | 0.2 | 1.5 |
| Sugars, total....g | 11.89 | | 0 | O | 4 | | 1.78 | 3.37 | 26.16 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 4 | | 1 | | 1 | | 1 | 1 | 9 |
| Iron, Fe....mg | 0.10 | | 1 | | 1 | | 0.02 | 0.03 | 0.22 |
| Magnesium, Mg....mg | 2 | | 0 | | 4 | | 0 | 1 | 4 |
| Phosphorus, P....mg | 6 | | 1 | | 1 | | 1 | 2 | 13 |
| Potassium, K....mg | 56 | | 1 | | 1 | | 8 | 16 | 123 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.03 | | 1 | | 1 | | 0.00 | 0.01 | 0.07 |
| Copper, Cu....mg | 0.196 | | 0 | | 4 | | 0.029 | 0.056 | 0.431 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.0 | | 0 | FLM | 4 | | 0.2 | 0.3 | 2.2 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 20.5 | | 1 | | 1 | | 3.1 | 5.8 | 45.1 |
| Thiamin....mg | 0.010 | | 1 | | 1 | | 0.002 | 0.003 | 0.022 |
| Riboflavin....mg | 0.015 | | 1 | | 1 | | 0.002 | 0.004 | 0.033 |
| Niacin....mg | 0.259 | | 1 | | 1 | | 0.039 | 0.073 | 0.570 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.007 | | 1 | | 1 | | 0.001 | 0.002 | 0.015 |
| Folate, total....µg | 3 | | 0 | FLA | 4 | | 0 | 1 | 7 |
| Folic acid....µg | 1 | | 0 | FLA | 4 | | 0 | 0 | 3 |
| Folate, food....µg | 2 | | 0 | FLA | 4 | | 0 | 0 | 4 |
| Folate, DFE....mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 1 | 9 |
| Choline, total....mg | 1.1 | | 0 | FLA | 4 | | 0.2 | 0.3 | 2.4 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 7 | | 0 | FLA | 4 | | 1 | 2 | 15 |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 68 | | 0 | FLA | 4 | | 10 | 19 | 151 |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 28 | | 0 | FLA | 4 | | 4 | 8 | 62 |
| Vitamin A, IU....IU | 138 | | 0 | FLA | 4 | | 21 | 39 | 303 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 39 | | 0 | FLA | 4 | | 6 | 11 | 85 |
| Vitamin E (alpha-tocopherol)....mg | 0.31 | | 0 | FLA | 4 | | 0.05 | 0.09 | 0.68 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 1.1 | | 0 | FLA | 4 | | 0.2 | 0.3 | 2.4 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03228**
**Babyfood, dessert, peach cobbler, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 220g: 1 jar

**Calories Factors: Protein** 3.4 **Fat** 8.4 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03227**
**Babyfood, dessert, peach cobbler, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.80 | 0.400 | 4 | | 1 | | 12.27 | 23.19 | 92.43 |
| Energy....kcal | 65 | | 0 | NC | 4 | | 10 | 18 | 73 |
| Energy....kJ | 272 | | 0 | | 4 | | 41 | 77 | 307 |
| Protein (N x 6.2)....g | 0.30 | | 1 | | 1 | | 0.05 | 0.09 | 0.34 |
| Total lipid (fat)....g | 0.00 | | 1 | | 1 | | 0.00 | 0.00 | 0.00 |
| Ash....g | 0.24 | | 0 | FLA | 4 | | 0.04 | 0.07 | 0.27 |
| Carbohydrate, by difference....g | 17.80 | | 0 | NC | 4 | | 2.67 | 5.05 | 20.11 |
| Fiber, total dietary....g | 0.7 | | 0 | | 4 | | 0.1 | 0.2 | 0.8 |
| Sugars, total....g | 10.62 | | 0 | FLA | 4 | | 1.59 | 3.01 | 12.00 |
| Sucrose....g | 2.02 | | 0 | FLA | 4 | | 0.30 | 0.57 | 2.28 |
| Glucose (dextrose)....g | 0.83 | | 0 | FLA | 4 | | 0.12 | 0.23 | 0.94 |
| Fructose....g | 0.65 | | 0 | FLA | 4 | | 0.10 | 0.18 | 0.74 |
| Lactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.04 | | 0 | FLA | 4 | | 0.01 | 0.01 | 0.04 |
| Galactose....g | 0.03 | | 0 | FLA | 4 | | 0.00 | 0.01 | 0.03 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 4 | | 1 | | 1 | | 1 | 1 | 5 |
| Iron, Fe....mg | 0.10 | | 0 | | 4 | | 0.02 | 0.03 | 0.11 |
| Magnesium, Mg....mg | 2 | | 0 | | 4 | | 0 | 1 | 2 |
| Phosphorus, P....mg | 5 | | 1 | | 1 | | 1 | 1 | 6 |
| Potassium, K....mg | 54 | | 1 | | 1 | | 8 | 15 | 61 |
| Sodium, Na....mg | 7 | | 4 | | 1 | | 1 | 2 | 8 |
| Zinc, Zn....mg | 0.30 | | 1 | | 1 | | 0.05 | 0.09 | 0.34 |
| Copper, Cu....mg | 0.190 | | 1 | | 1 | | 0.029 | 0.054 | 0.215 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.0 | | 0 | FLM | 4 | | 0.2 | 0.3 | 1.1 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 20.5 | | 1 | | 1 | | 3.1 | 5.8 | 23.2 |
| Thiamin....mg | 0.009 | | 1 | | 1 | | 0.001 | 0.003 | 0.010 |
| Riboflavin....mg | 0.014 | | 1 | | 1 | | 0.002 | 0.004 | 0.016 |
| Niacin....mg | 0.259 | | 1 | | 1 | | 0.039 | 0.073 | 0.293 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.007 | | 1 | | 1 | | 0.001 | 0.002 | 0.008 |
| Folate, total....µg | 2 | | 0 | FLA | 4 | | 0 | 0 | 2 |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 2 | | 0 | FLA | 4 | | 0 | 0 | 2 |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 0 | 0 | 2 |
| Choline, total....mg | 1.1 | | 0 | FLA | 4 | | 0.2 | 0.3 | 1.2 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 7 | | 0 | NC | 4 | | 1 | 2 | 8 |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 69 | | 0 | BNA | 4 | | 10 | 19 | 78 |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 28 | | 0 | BNA | 4 | | 4 | 8 | 32 |
| Vitamin A, IU....IU | 138 | | 0 | NC | 4 | | 21 | 39 | 156 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 39 | | 0 | FLA | 4 | | 6 | 11 | 44 |
| Vitamin E (alpha-tocopherol)....mg | 0.31 | | 0 | FLA | 4 | | 0.05 | 0.09 | 0.35 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |

**NDB No. 03227**
**Babyfood, dessert, peach cobbler, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 1.1 | | 0 | FLA | 4 | | 0.2 | 0.3 | 1.2 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** 3.4 **Fat** 8.4 **Carbohydrate** 3.6

**NDB No. 03227**
**Babyfood, dessert, peach cobbler, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43536**
**Babyfood, dessert, peach yogurt**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 80.87 | | 0 | FLA | 4 | | 12.13 | 91.38 | 91.38 |
| Energy....kcal | 76 | | 0 | NC | 4 | | 11 | 85 | 85 |
| Energy....kJ | 316 | | 0 | NC | 4 | | 47 | 358 | 358 |
| Protein....g | 0.90 | | 0 | | 1 | | 0.14 | 1.02 | 1.02 |
| Total lipid (fat)....g | 0.18 | | 0 | FLA | 4 | | 0.03 | 0.21 | 0.21 |
| Ash....g | 0.45 | | 0 | FLA | 4 | | 0.07 | 0.51 | 0.51 |
| Carbohydrate, by difference....g | 17.60 | | 0 | NC | 4 | | 2.64 | 19.89 | 19.89 |
| Fiber, total dietary....g | 0.4 | | 0 | | 4 | | 0.1 | 0.5 | 0.5 |
| Sugars, total....g | 6.63 | | 0 | FLA | 4 | | 0.99 | 7.49 | 7.49 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 27 | | 0 | | 1 | | 4 | 31 | 31 |
| Iron, Fe....mg | 0.40 | | 0 | | 1 | | 0.06 | 0.45 | 0.45 |
| Magnesium, Mg....mg | 13 | | 0 | | 4 | | 2 | 15 | 15 |
| Phosphorus, P....mg | 27 | | 0 | | 1 | | 4 | 31 | 31 |
| Potassium, K....mg | 102 | | 0 | | 1 | | 15 | 115 | 115 |
| Sodium, Na....mg | 14 | | 0 | | 1 | | 2 | 16 | 16 |
| Zinc, Zn....mg | 0.18 | | 0 | | 1 | | 0.03 | 0.20 | 0.20 |
| Copper, Cu....mg | 0.040 | | 0 | | 1 | | 0.006 | 0.045 | 0.045 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.8 | | 0 | BFZN | 4 | | 0.1 | 0.9 | 0.9 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 11.7 | | 0 | | 1 | | 1.8 | 13.2 | 13.2 |
| Thiamin....mg | 0.010 | | 0 | | 1 | | 0.002 | 0.011 | 0.011 |
| Riboflavin....mg | 0.050 | | 0 | | 1 | | 0.008 | 0.057 | 0.057 |
| Niacin....mg | 0.400 | | 0 | | 1 | | 0.060 | 0.452 | 0.452 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.020 | | 0 | | 1 | | 0.003 | 0.023 | 0.023 |
| Folate, total....µg | 8 | | 0 | | 4 | | 1 | 9 | 9 |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 8 | | 0 | | 4 | | 1 | 9 | 9 |
| Folate, DFE....mcg_DFE | 8 | | 0 | NC | 4 | | 1 | 9 | 9 |
| Choline, total....mg | 3.9 | | 0 | FLM | 4 | | 0.6 | 4.4 | 4.4 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.43 | | 0 | | 4 | | 0.06 | 0.49 | 0.49 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 1 | 1 |
| Retinol....µg | 1 | | 0 | FLA | 4 | | 0 | 1 | 1 |
| Carotene, beta....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 3 | | 0 | NC | 4 | | 0 | 4 | 4 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol)....mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 43536**
**Babyfood, dessert, peach yogurt**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.117 | | 0 | NC | 4 | | 0.018 | 0.132 | 0.132 |
| 4:0....g | 0.006 | | 0 | | 4 | | 0.001 | 0.007 | 0.007 |
| 6:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | 0.005 |
| 8:0....g | 0.002 | | 0 | | 4 | | 0.000 | 0.003 | 0.003 |
| 10:0....g | 0.005 | | 0 | | 4 | | 0.001 | 0.006 | 0.006 |
| 12:0....g | 0.007 | | 0 | | 4 | | 0.001 | 0.008 | 0.008 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.020 | | 0 | | 4 | | 0.003 | 0.023 | 0.023 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.053 | | 0 | | 4 | | 0.008 | 0.060 | 0.060 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.019 | | 0 | | 4 | | 0.003 | 0.022 | 0.022 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.048 | | 0 | NC | 4 | | 0.007 | 0.054 | 0.054 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | 0.005 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.044 | | 0 | | 4 | | 0.007 | 0.050 | 0.050 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.005 | | 0 | NC | 4 | | 0.001 | 0.006 | 0.006 |
| 18:2 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.004 | 0.004 |
| 18:3 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.000 | 0.002 | 0.002 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | | 4 | | 1 | 5 | 5 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03238**
**Babyfood, dessert, tropical fruit, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 83.20 | 0.300 | 13 | | 1 | | 23.59 | 94.02 | |
| Energy....kcal | 60 | | 0 | NC | 4 | | 17 | 68 | |
| Energy....kJ | 251 | | | | 4 | | 71 | 284 | |
| Protein (N x 6.25)....g | 0.20 | 0.000 | 13 | | 1 | | 0.06 | 0.23 | |
| Total lipid (fat)....g | 0.00 | | 13 | | 1 | | 0.00 | 0.00 | |
| Ash....g | 0.20 | 0.000 | 13 | | 1 | | 0.06 | 0.23 | |
| Carbohydrate, by difference....g | 16.40 | | 0 | NC | 4 | | 4.65 | 18.53 | |
| Fiber, total dietary....g | | | | | | | | | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 10 | 1.000 | 13 | | 1 | | 3 | 11 | |
| Iron, Fe....mg | 0.26 | 0.040 | 13 | | 1 | | 0.07 | 0.29 | |
| Magnesium, Mg....mg | 5 | | 0 | | 4 | | 1 | 6 | |
| Phosphorus, P....mg | 8 | | 0 | | 4 | | 2 | 9 | |
| Potassium, K....mg | 58 | 2.000 | 13 | | 1 | | 16 | 66 | |
| Sodium, Na....mg | 7 | 1.000 | 13 | | 1 | | 2 | 8 | |
| Zinc, Zn....mg | 0.05 | | 0 | | 4 | | 0.01 | 0.05 | |
| Copper, Cu....mg | 0.028 | | 0 | | 4 | | 0.008 | 0.032 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | FLM | 4 | | 0.1 | 0.5 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 18.8 | 2.900 | 13 | | 1 | | 5.3 | 21.2 | |
| Thiamin....mg | 0.011 | 0.000 | 13 | | 1 | | 0.003 | 0.012 | |
| Riboflavin....mg | 0.031 | 0.003 | 13 | | 1 | | 0.009 | 0.035 | |
| Niacin....mg | 0.080 | 0.000 | 13 | | 1 | | 0.023 | 0.090 | |
| Pantothenic acid....mg | 0.094 | | 0 | | 4 | | 0.027 | 0.106 | |
| Vitamin B-6....mg | 0.031 | | 0 | | 4 | | 0.009 | 0.035 | |
| Folate, total....µg | 3 | | 0 | | 4 | | 1 | 4 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 3 | | 0 | | 4 | | 1 | 4 | |
| Folate, DFE....mcg_DFE | 3 | | 0 | NC | 4 | | 1 | 4 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 1 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 20 | 2.000 | 13 | | 1 | | 6 | 23 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03238**

**Babyfood, dessert, tropical fruit, junior**

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 3.4 **Fat** 8.4 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03297**
**Babyfood, dinner, apples and chicken, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 85.40 | | 0 | MA | 12 | | 24.21 | 96.50 | 96.50 |
| Energy....kcal | 65 | | 0 | MC | 9 | | 18 | 73 | 73 |
| Energy....kJ | 272 | | 0 | | 9 | | 77 | 307 | 307 |
| Protein....g | 2.16 | | 0 | MA | 12 | | 0.61 | 2.44 | 2.44 |
| Total lipid (fat)....g | 1.38 | | 0 | MA | 12 | | 0.39 | 1.56 | 1.56 |
| Ash....g | 0.18 | | 0 | MA | 12 | | 0.05 | 0.20 | 0.20 |
| Carbohydrate, by difference....g | 10.87 | | 0 | MC | 9 | | 3.08 | 12.28 | 12.28 |
| Fiber, total dietary....g | 1.8 | | 0 | MA | 12 | | 0.5 | 2.0 | 2.0 |
| Sugars, total....g | 7.90 | | 0 | MA | 12 | | 2.24 | 8.93 | 8.93 |
| Sucrose....g | 0.93 | | 0 | MA | 12 | | 0.26 | 1.05 | 1.05 |
| Glucose (dextrose)....g | 1.87 | | 0 | MA | 12 | | 0.53 | 2.11 | 2.11 |
| Fructose....g | 5.10 | | 0 | MA | 12 | | 1.45 | 5.76 | 5.76 |
| Lactose....g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Galactose....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 18 | | 0 | MA | 12 | | 5 | 20 | 20 |
| Iron, Fe....mg | 0.38 | | 0 | MA | 12 | | 0.11 | 0.43 | 0.43 |
| Magnesium, Mg....mg | 6 | | 0 | MA | 12 | | 2 | 7 | 7 |
| Phosphorus, P....mg | 32 | | 0 | MA | 12 | | 9 | 36 | 36 |
| Potassium, K....mg | 95 | | 0 | MA | 12 | | 27 | 107 | 107 |
| Sodium, Na....mg | 12 | | 0 | MA | 12 | | 3 | 14 | 14 |
| Zinc, Zn....mg | 0.36 | | 0 | MA | 12 | | 0.10 | 0.41 | 0.41 |
| Copper, Cu....mg | 0.040 | | 0 | MA | 12 | | 0.011 | 0.045 | 0.045 |
| Manganese, Mn....mg | 0.030 | | 0 | MA | 12 | | 0.009 | 0.034 | 0.034 |
| Selenium, Se....µg | 2.5 | | 0 | FLM | 4 | | 0.7 | 2.8 | 2.8 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.2 | | 0 | MA | 12 | | 0.1 | 0.2 | 0.2 |
| Thiamin....mg | 0.020 | | 0 | MA | 12 | | 0.006 | 0.023 | 0.023 |
| Riboflavin....mg | 0.057 | | 0 | MA | 12 | | 0.016 | 0.064 | 0.064 |
| Niacin....mg | 0.577 | | 0 | MA | 12 | | 0.164 | 0.652 | 0.652 |
| Pantothenic acid....mg | 0.098 | | 0 | FLM | 4 | | 0.028 | 0.111 | 0.111 |
| Vitamin B-6....mg | 0.083 | | 0 | MA | 12 | | 0.024 | 0.094 | 0.094 |
| Folate, total....µg | 1 | | 0 | FLM | 4 | | 0 | 1 | 1 |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 1 | | 0 | FLA | 4 | | 0 | 1 | 1 |
| Folate, DFE....mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 1 | 1 |
| Choline, total....mg | 9.1 | | 0 | FLM | 4 | | 2.6 | 10.2 | 10.2 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.02 | | 0 | FLM | 4 | | 0.01 | 0.02 | 0.02 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 0 | 2 | 2 |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 13 | | 0 | BNA | 4 | | 4 | 15 | 15 |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 10 | | 0 | BNA | 4 | | 3 | 11 | 11 |
| Vitamin A, IU....IU | 30 | | 0 | NC | 4 | | 9 | 34 | 34 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 16 | | 0 | FLA | 4 | | 5 | 18 | 18 |
| Vitamin E (alpha-tocopherol)....mg | 0.07 | | 0 | FLA | 4 | | 0.02 | 0.08 | 0.08 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03297**
**Babyfood, dinner, apples and chicken, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | O | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 1 | | 0 | O | 4 | | 0 | 1 | 1 |
| Vitamin K (phylloquinone)....µg | 0.6 | | 0 | FLA | 4 | | 0.2 | 0.7 | 0.7 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.347 | | 0 | FLM | 4 | | 0.098 | 0.392 | 0.392 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.001 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.012 | | 0 | FLM | 4 | | 0.003 | 0.014 | 0.014 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.226 | | 0 | FLM | 4 | | 0.064 | 0.255 | 0.255 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.078 | | 0 | FLM | 4 | | 0.022 | 0.088 | 0.088 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.411 | | 0 | FLM | 4 | | 0.117 | 0.464 | 0.464 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.047 | | 0 | FLM | 4 | | 0.013 | 0.053 | 0.053 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.350 | | 0 | FLM | 4 | | 0.099 | 0.396 | 0.396 |
| 20:1....g | 0.003 | | 0 | FLM | 4 | | 0.001 | 0.003 | 0.003 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.350 | | 0 | FLM | 4 | | 0.099 | 0.396 | 0.396 |
| 18:2 undifferentiated....g | 0.304 | | 0 | FLM | 4 | | 0.086 | 0.344 | 0.344 |
| 18:3 undifferentiated....g | 0.027 | | 0 | FLM | 4 | | 0.008 | 0.031 | 0.031 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.010 | | 0 | FLM | 4 | | 0.003 | 0.011 | 0.011 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.002 | | 0 | FLM | 4 | | 0.001 | 0.002 | 0.002 |
| 22:6 n-3 (DHA)....g | 0.002 | | 0 | FLM | 4 | | 0.001 | 0.002 | 0.002 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 5 | | 0 | FLM | 4 | | 1 | 6 | 6 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03297**
**Babyfood, dinner, apples and chicken, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03049**
**Babyfood, dinner, beef and rice, toddler**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.90 | 1.000 | 7 | | 1 | | 23.22 | 139.23 | |
| Energy....kcal | 82 | | 0 | NC | 4 | | 23 | 139 | |
| Energy....kJ | 343 | | 0 | | 4 | | 97 | 583 | |
| Protein (N x 6.14)....g | 5.00 | 0.200 | 3 | | 1 | | 1.42 | 8.50 | |
| Total lipid (fat)....g | 2.90 | 0.200 | 4 | | 1 | | 0.82 | 4.93 | |
| Ash....g | 1.40 | 0.000 | 3 | | 1 | | 0.40 | 2.38 | |
| Carbohydrate, by difference....g | 8.80 | | 0 | NC | 4 | | 2.49 | 14.96 | |
| Fiber, total dietary....g | | | | | | | | | |
| Sugars, total....g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 11 | 1.000 | 3 | | 1 | | 3 | 19 | |
| Iron, Fe....mg | 0.69 | 0.010 | 3 | | 1 | | 0.20 | 1.17 | |
| Magnesium, Mg....mg | 8 | | 1 | | 1 | | 2 | 14 | |
| Phosphorus, P....mg | 35 | | 1 | | 1 | | 10 | 60 | |
| Potassium, K....mg | 120 | | 1 | | 1 | | 34 | 204 | |
| Sodium, Na....mg | 32 | | 0 | LC | 8 | | 9 | 55 | |
| Zinc, Zn....mg | 0.92 | 0.013 | 3 | | 1 | | 0.26 | 1.56 | |
| Copper, Cu....mg | 0.054 | 0.004 | 3 | | 1 | | 0.015 | 0.092 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 8.4 | | 0 | FLM | 4 | | 2.4 | 14.3 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 3.9 | 0.500 | 9 | | 1 | | 1.1 | 6.6 | |
| Thiamin....mg | 0.016 | 0.000 | 6 | | 1 | | 0.005 | 0.027 | |
| Riboflavin....mg | 0.069 | 0.000 | 3 | | 1 | | 0.020 | 0.117 | |
| Niacin....mg | 1.343 | 0.017 | 3 | | 1 | | 0.381 | 2.283 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.139 | 0.021 | 3 | | 1 | | 0.039 | 0.236 | |
| Folate, total....µg | 6 | | 0 | | 4 | | 2 | 10 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 6 | | 0 | | 4 | | 2 | 10 | |
| Folate, DFE....mcg_DFE | 6 | | 0 | NC | 4 | | 2 | 10 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.51 | | 0 | | 4 | | 0.14 | 0.87 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 25 | | 0 | NC | 4 | | 7 | 43 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 502 | 100.000 | 3 | | 1 | | 142 | 853 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.046 | | 0 | | 1 | | 0.013 | 0.078 | |

**NDB No. 03049**
**Babyfood, dinner, beef and rice, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Threonine....g | 0.200 | | 0 | | 1 | | 0.057 | 0.340 | |
| Isoleucine....g | 0.245 | | 0 | | 1 | | 0.069 | 0.417 | |
| Leucine....g | 0.392 | | 0 | | 1 | | 0.111 | 0.666 | |
| Lysine....g | 0.376 | | 0 | | 1 | | 0.107 | 0.639 | |
| Methionine....g | 0.123 | | 0 | | 1 | | 0.035 | 0.209 | |
| Cystine....g | 0.054 | | 0 | | 1 | | 0.015 | 0.092 | |
| Phenylalanine....g | 0.197 | | 0 | | 1 | | 0.056 | 0.335 | |
| Tyrosine....g | 0.161 | | 0 | | 1 | | 0.046 | 0.274 | |
| Valine....g | 0.275 | | 0 | | 1 | | 0.078 | 0.468 | |
| Arginine....g | 0.338 | | 0 | | 1 | | 0.096 | 0.575 | |
| Histidine....g | 0.128 | | 0 | | 1 | | 0.036 | 0.218 | |
| Alanine....g | 0.339 | | 0 | | 1 | | 0.096 | 0.576 | |
| Aspartic acid....g | 0.464 | | 0 | | 1 | | 0.132 | 0.789 | |
| Glutamic acid....g | 0.870 | | 0 | | 1 | | 0.247 | 1.479 | |
| Glycine....g | 0.364 | | 0 | | 1 | | 0.103 | 0.619 | |
| Proline....g | 0.306 | | 0 | | 1 | | 0.087 | 0.520 | |
| Serine....g | 0.179 | | 0 | | 1 | | 0.051 | 0.304 | |
| Hydroxyproline....g | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 4.1 **Fat** 8.9 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03043**
**Babyfood, dinner, beef lasagna, toddler**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 82.30 | 0.300 | 3 | | 1 | | 23.33 | 139.91 | |
| Energy....kcal | 77 | | 0 | NC | 4 | | 22 | 131 | |
| Energy....kJ | 322 | | 0 | | 4 | | 91 | 548 | |
| Protein (N x 5.98)....g | 4.20 | 0.300 | 3 | | 1 | | 1.19 | 7.14 | |
| Total lipid (fat)....g | 2.10 | 0.100 | 3 | | 1 | | 0.60 | 3.57 | |
| Ash....g | 1.40 | 0.000 | 3 | | 1 | | 0.40 | 2.38 | |
| Carbohydrate, by difference....g | 10.00 | | 0 | NC | 4 | | 2.84 | 17.00 | |
| Fiber, total dietary....g | | | | | | | | | |
| Sugars, total....g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 18 | 0.000 | 3 | | 1 | | 5 | 31 | |
| Iron, Fe....mg | 0.87 | 0.020 | 3 | | 1 | | 0.25 | 1.48 | |
| Magnesium, Mg....mg | 11 | | 1 | | 1 | | 3 | 19 | |
| Phosphorus, P....mg | 40 | | 1 | | 1 | | 11 | 68 | |
| Potassium, K....mg | 122 | | 1 | | 1 | | 35 | 207 | |
| Sodium, Na....mg | 41 | | 0 | LC | 8 | | 12 | 70 | |
| Zinc, Zn....mg | 0.70 | | 1 | | 1 | | 0.20 | 1.19 | |
| Copper, Cu....mg | 0.097 | | 0 | | 4 | | 0.027 | 0.165 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 8.4 | | 0 | BFZN | 4 | | 2.4 | 14.3 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 1.9 | 0.200 | 3 | | 1 | | 0.5 | 3.2 | |
| Thiamin....mg | 0.072 | 0.009 | 3 | | 1 | | 0.020 | 0.122 | |
| Riboflavin....mg | 0.089 | 0.007 | 3 | | 1 | | 0.025 | 0.151 | |
| Niacin....mg | 1.353 | 0.050 | 3 | | 1 | | 0.384 | 2.300 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.071 | 0.000 | 3 | | 1 | | 0.020 | 0.121 | |
| Folate, total....µg | 6 | | 0 | | 4 | | 2 | 10 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 6 | | 0 | | 4 | | 2 | 10 | |
| Folate, DFE....mcg_DFE | 6 | | 0 | NC | 4 | | 2 | 10 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.51 | | 0 | | 4 | | 0.14 | 0.87 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 58 | | 0 | NC | 4 | | 16 | 99 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 1163 | 227.000 | 3 | | 1 | | 330 | 1977 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.047 | | 0 | | 1 | | 0.013 | 0.080 | |

**NDB No. 03043**
**Babyfood, dinner, beef lasagna, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Threonine....g | 0.163 | | 0 | | 1 | | 0.046 | 0.277 | |
| Isoleucine....g | 0.206 | | 0 | | 1 | | 0.058 | 0.350 | |
| Leucine....g | 0.324 | | 0 | | 1 | | 0.092 | 0.551 | |
| Lysine....g | 0.297 | | 0 | | 1 | | 0.084 | 0.505 | |
| Methionine....g | 0.082 | | 0 | | 1 | | 0.023 | 0.139 | |
| Cystine....g | 0.048 | | 0 | | 1 | | 0.014 | 0.082 | |
| Phenylalanine....g | 0.182 | | 0 | | 1 | | 0.052 | 0.309 | |
| Tyrosine....g | 0.132 | | 0 | | 1 | | 0.037 | 0.224 | |
| Valine....g | 0.231 | | 0 | | 1 | | 0.065 | 0.393 | |
| Arginine....g | 0.253 | | 0 | | 1 | | 0.072 | 0.430 | |
| Histidine....g | 0.102 | | 0 | | 1 | | 0.029 | 0.173 | |
| Alanine....g | 0.265 | | 0 | | 1 | | 0.075 | 0.451 | |
| Aspartic acid....g | 0.353 | | 0 | | 1 | | 0.100 | 0.600 | |
| Glutamic acid....g | 0.889 | | 0 | | 1 | | 0.252 | 1.511 | |
| Glycine....g | 0.279 | | 0 | | 1 | | 0.079 | 0.474 | |
| Proline....g | 0.326 | | 0 | | 1 | | 0.092 | 0.554 | |
| Serine....g | 0.120 | | 0 | | 1 | | 0.034 | 0.204 | |
| Hydroxyproline....g | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 4.1 **Fat** 8.9 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03287**
**Babyfood, dinner, beef noodle, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.80 | 0.200 | 21 | | 1 | | 14.05 | 24.89 | 149.26 |
| Energy....kcal | 57 | | 0 | NC | 4 | | 9 | 16 | 97 |
| Energy....kJ | 239 | | 0 | NC | 4 | | 38 | 68 | 406 |
| Protein (N x 5.98)....g | 2.50 | 0.000 | 22 | | 1 | | 0.40 | 0.71 | 4.25 |
| Total lipid (fat)....g | 1.90 | 0.100 | 23 | | 1 | | 0.30 | 0.54 | 3.23 |
| Ash....g | 0.50 | 0.000 | 21 | | 1 | | 0.08 | 0.14 | 0.85 |
| Carbohydrate, by difference....g | 7.30 | | 0 | NC | 4 | | 1.17 | 2.07 | 12.41 |
| Fiber, total dietary....g | 1.1 | | 0 | | 4 | | 0.2 | 0.3 | 1.9 |
| Sugars, total....g | 1.45 | | 0 | FLA | 4 | | 0.23 | 0.41 | 2.47 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 8 | 0.000 | 22 | | 1 | | 1 | 2 | 14 |
| Iron, Fe....mg | 0.43 | 0.020 | 23 | | 1 | | 0.07 | 0.12 | 0.73 |
| Magnesium, Mg....mg | 7 | | 0 | | 1 | | 1 | 2 | 12 |
| Phosphorus, P....mg | 30 | | 1 | | 1 | | 5 | 9 | 51 |
| Potassium, K....mg | 46 | 2.000 | 13 | | 1 | | 7 | 13 | 78 |
| Sodium, Na....mg | 26 | | 0 | LC | 8 | | 4 | 8 | 45 |
| Zinc, Zn....mg | 0.40 | | 0 | | 1 | | 0.06 | 0.11 | 0.68 |
| Copper, Cu....mg | 0.032 | | 0 | | 1 | | 0.005 | 0.009 | 0.054 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 5.7 | | 0 | FLM | 4 | | 0.9 | 1.6 | 9.7 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 1.4 | 0.100 | 19 | | 1 | | 0.2 | 0.4 | 2.4 |
| Thiamin....mg | 0.028 | 0.001 | 18 | | 1 | | 0.004 | 0.008 | 0.048 |
| Riboflavin....mg | 0.036 | 0.001 | 19 | | 1 | | 0.006 | 0.010 | 0.061 |
| Niacin....mg | 0.582 | 0.018 | 18 | | 1 | | 0.093 | 0.165 | 0.989 |
| Pantothenic acid....mg | 0.230 | 0.025 | 4 | | 1 | | 0.037 | 0.065 | 0.391 |
| Vitamin B-6....mg | 0.031 | 0.002 | 6 | | 1 | | 0.005 | 0.009 | 0.053 |
| Folate, total....µg | 12 | | 0 | FLM | 4 | | 2 | 3 | 20 |
| Folic acid....µg | 7 | | 0 | NC | 4 | | 1 | 2 | 11 |
| Folate, food....µg | 6 | | 0 | | 1 | | 1 | 2 | 9 |
| Folate, DFE....mcg_DFE | 17 | | 0 | NC | 4 | | 3 | 5 | 28 |
| Choline, total....mg | 12.1 | | 0 | FLA | 4 | | 1.9 | 3.4 | 20.5 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.10 | | 0 | | 1 | | 0.02 | 0.03 | 0.17 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 33 | | 0 | NC | 4 | | 5 | 9 | 56 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 320 | | 0 | BNA | 4 | | 51 | 91 | 545 |
| Carotene, alpha....µg | 146 | | 0 | BNA | 4 | | 23 | 41 | 248 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 656 | | 0 | NC | 4 | | 105 | 186 | 1115 |
| Lycopene....µg | 1030 | | 0 | FLA | 4 | | 165 | 292 | 1750 |
| Lutein + zeaxanthin....µg | 163 | | 0 | FLA | 4 | | 26 | 46 | 278 |
| Vitamin E (alpha-tocopherol)....mg | 0.47 | | 0 | FLA | 4 | | 0.07 | 0.13 | 0.79 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 1 | | 0 | FLA | 4 | | 0 | 0 | 2 |
| Vitamin K (phylloquinone)....µg | 4.6 | | 0 | FLA | 4 | | 0.7 | 1.3 | 7.8 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03287**
**Babyfood, dinner, beef noodle, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.766 | | 0 | | 4 | | 0.123 | 0.217 | 1.302 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.006 | | 0 | | 4 | | 0.001 | 0.002 | 0.010 |
| 12:0....g | 0.005 | | 0 | | 4 | | 0.001 | 0.001 | 0.009 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.058 | | 0 | | 4 | | 0.009 | 0.016 | 0.099 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.455 | | 0 | | 4 | | 0.073 | 0.129 | 0.774 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.211 | | 0 | | 4 | | 0.034 | 0.060 | 0.359 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.838 | | 0 | | 4 | | 0.134 | 0.238 | 1.425 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.079 | | 0 | | 4 | | 0.013 | 0.022 | 0.134 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.720 | | 0 | | 4 | | 0.115 | 0.204 | 1.224 |
| 20:1....g | 0.004 | | 0 | | 4 | | 0.001 | 0.001 | 0.007 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.094 | | 0 | | 4 | | 0.015 | 0.027 | 0.160 |
| 18:2 undifferentiated....g | 0.066 | | 0 | | 4 | | 0.011 | 0.019 | 0.112 |
| 18:3 undifferentiated....g | 0.023 | | 0 | | 4 | | 0.004 | 0.007 | 0.039 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.003 | | 0 | | 4 | | 0.000 | 0.001 | 0.005 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 8 | | 0 | | 4 | | 1 | 2 | 14 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.027 | | 0 | | 1 | | 0.004 | 0.008 | 0.046 |
| Threonine....g | 0.099 | | 0 | | 1 | | 0.016 | 0.028 | 0.168 |
| Isoleucine....g | 0.138 | | 0 | | 1 | | 0.022 | 0.039 | 0.235 |
| Leucine....g | 0.208 | | 0 | | 1 | | 0.033 | 0.059 | 0.354 |
| Lysine....g | 0.185 | | 0 | | 1 | | 0.030 | 0.052 | 0.315 |
| Methionine....g | 0.053 | | 0 | | 1 | | 0.008 | 0.015 | 0.090 |
| Cystine....g | 0.029 | | 0 | | 1 | | 0.005 | 0.008 | 0.049 |
| Phenylalanine....g | 0.117 | | 0 | | 1 | | 0.019 | 0.033 | 0.199 |
| Tyrosine....g | 0.093 | | 0 | | 1 | | 0.015 | 0.026 | 0.158 |
| Valine....g | 0.132 | | 0 | | 1 | | 0.021 | 0.037 | 0.224 |
| Arginine....g | 0.157 | | 0 | | 1 | | 0.025 | 0.045 | 0.267 |
| Histidine....g | 0.074 | | 0 | | 1 | | 0.012 | 0.021 | 0.126 |
| Alanine....g | 0.149 | | 0 | | 1 | | 0.024 | 0.042 | 0.253 |
| Aspartic acid....g | 0.220 | | 0 | | 1 | | 0.035 | 0.062 | 0.374 |
| Glutamic acid....g | 0.517 | | 0 | | 1 | | 0.083 | 0.147 | 0.879 |
| Glycine....g | 0.153 | | 0 | | 1 | | 0.024 | 0.043 | 0.260 |
| Proline....g | 0.186 | | 0 | | 1 | | 0.030 | 0.053 | 0.316 |
| Serine....g | 0.098 | | 0 | | 1 | | 0.016 | 0.028 | 0.167 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03287**
**Babyfood, dinner, beef noodle, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Calories Factors: Protein** 4.1 **Fat** 8.9 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03047**
**Babyfood, dinner, beef noodle, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 86.84 | | 0 | MA | 12 | | 13.89 | 24.62 | 98.13 |
| Energy | kcal | 63 | | 0 | MC | 9 | | 10 | 18 | 71 |
| Energy | kJ | 264 | | 0 | | 9 | | 42 | 75 | 298 |
| Protein | g | 2.44 | | 0 | MA | 12 | | 0.39 | 0.69 | 2.76 |
| Total lipid (fat) | g | 2.26 | | 0 | MA | 12 | | 0.36 | 0.64 | 2.55 |
| Ash | g | 0.28 | | 0 | MA | 12 | | 0.04 | 0.08 | 0.32 |
| Carbohydrate, by difference | g | 8.18 | | 0 | MC | 9 | | 1.31 | 2.32 | 9.24 |
| Fiber, total dietary | g | 1.3 | | 0 | MA | 12 | | 0.2 | 0.4 | 1.5 |
| Sugars, total | g | 1.42 | | 0 | MA | 12 | | 0.23 | 0.40 | 1.60 |
| Sucrose | g | 0.50 | | 0 | MA | 12 | | 0.08 | 0.14 | 0.56 |
| Glucose (dextrose) | g | 0.23 | | 0 | MA | 12 | | 0.04 | 0.06 | 0.25 |
| Fructose | g | 0.18 | | 0 | MA | 12 | | 0.03 | 0.05 | 0.21 |
| Lactose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.51 | | 0 | MA | 12 | | 0.08 | 0.15 | 0.58 |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 10 | | 0 | MA | 12 | | 2 | 3 | 11 |
| Iron, Fe | mg | 0.41 | | 0 | MA | 12 | | 0.07 | 0.12 | 0.46 |
| Magnesium, Mg | mg | 10 | | 0 | MA | 12 | | 2 | 3 | 11 |
| Phosphorus, P | mg | 38 | | 0 | MA | 12 | | 6 | 11 | 43 |
| Potassium, K | mg | 87 | | 0 | MA | 12 | | 14 | 25 | 98 |
| Sodium, Na | mg | 15 | | 0 | MA | 12 | | 2 | 4 | 17 |
| Zinc, Zn | mg | 0.60 | | 0 | MA | 12 | | 0.10 | 0.17 | 0.68 |
| Copper, Cu | mg | 0.050 | | 0 | MA | 12 | | 0.008 | 0.014 | 0.057 |
| Manganese, Mn | mg | 0.120 | | 0 | MA | 12 | | 0.019 | 0.034 | 0.136 |
| Selenium, Se | µg | 3.6 | | 0 | FLM | 4 | | 0.6 | 1.0 | 4.1 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.1 | | 0 | MA | 12 | | 0.0 | 0.0 | 0.1 |
| Thiamin | mg | 0.035 | | 0 | MA | 12 | | 0.006 | 0.010 | 0.040 |
| Riboflavin | mg | 0.035 | | 0 | MA | 12 | | 0.006 | 0.010 | 0.040 |
| Niacin | mg | 0.616 | | 0 | MA | 12 | | 0.099 | 0.175 | 0.696 |
| Pantothenic acid | mg | 0.101 | | 0 | FLM | 4 | | 0.016 | 0.029 | 0.114 |
| Vitamin B-6 | mg | 0.036 | | 0 | MA | 12 | | 0.006 | 0.010 | 0.041 |
| Folate, total | µg | 8 | | 0 | FLM | 4 | | 1 | 2 | 9 |
| Folic acid | µg | 4 | | 0 | NC | 4 | | 1 | 1 | 5 |
| Folate, food | µg | 4 | | 0 | | 4 | | 1 | 1 | 5 |
| Folate, DFE | mcg_DFE | 11 | | 0 | NC | 4 | | 2 | 3 | 12 |
| Choline, total | mg | 8.6 | | 0 | FLA | 4 | | 1.4 | 2.4 | 9.7 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.19 | | 0 | FLM | 4 | | 0.03 | 0.05 | 0.21 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 36 | | 0 | NC | 4 | | 6 | 10 | 41 |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 350 | | 0 | BNA | 4 | | 56 | 99 | 395 |
| Carotene, alpha | µg | 159 | | 0 | BNA | 4 | | 26 | 45 | 180 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 716 | | 0 | MA | 12 | | 115 | 203 | 809 |
| Lycopene | µg | 476 | | 0 | FLA | 4 | | 76 | 135 | 537 |
| Lutein + zeaxanthin | µg | 23 | | 0 | FLA | 4 | | 4 | 6 | 26 |
| Vitamin E (alpha-tocopherol) | mg | 0.31 | | 0 | FLA | 4 | | 0.05 | 0.09 | 0.35 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03047**
**Babyfood, dinner, beef noodle, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 1.6 | | 0 | FLA | 4 | | 0.3 | 0.5 | 1.8 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.937 | | 0 | FLM | 4 | | 0.150 | 0.266 | 1.059 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.001 |
| 12:0....g | 0.008 | | 0 | FLM | 4 | | 0.001 | 0.002 | 0.009 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.066 | | 0 | FLM | 4 | | 0.011 | 0.019 | 0.075 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.522 | | 0 | FLM | 4 | | 0.084 | 0.148 | 0.590 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.303 | | 0 | FLM | 4 | | 0.048 | 0.086 | 0.342 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.941 | | 0 | FLM | 4 | | 0.151 | 0.267 | 1.063 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.083 | | 0 | FLM | 4 | | 0.013 | 0.024 | 0.094 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.822 | | 0 | FLM | 4 | | 0.132 | 0.233 | 0.929 |
| 20:1....g | 0.004 | | 0 | FLM | 4 | | 0.001 | 0.001 | 0.005 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.141 | | 0 | FLM | 4 | | 0.023 | 0.040 | 0.159 |
| 18:2 undifferentiated....g | 0.112 | | 0 | FLM | 4 | | 0.018 | 0.032 | 0.127 |
| 18:3 undifferentiated....g | 0.017 | | 0 | FLM | 4 | | 0.003 | 0.005 | 0.019 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.005 | | 0 | FLM | 4 | | 0.001 | 0.001 | 0.006 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 8 | | 0 | MA | 12 | | 1 | 2 | 9 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03047**
**Babyfood, dinner, beef noodle, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03052**
**Babyfood, dinner, beef stew, toddler**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 86.90 | 0.600 | 7 | | 1 | | 24.64 | 147.73 | 147.73 |
| Energy....kcal | 51 | | 0 | NC | 4 | | 14 | 87 | 87 |
| Energy....kJ | 213 | | 0 | | 4 | | 60 | 363 | 363 |
| Protein (N x 6.25)....g | 5.10 | 0.500 | 3 | | 1 | | 1.45 | 8.67 | 8.67 |
| Total lipid (fat)....g | 1.20 | 0.100 | 7 | | 1 | | 0.34 | 2.04 | 2.04 |
| Ash....g | 1.40 | 0.000 | 3 | | 1 | | 0.40 | 2.38 | 2.38 |
| Carbohydrate, by difference....g | 5.50 | | 0 | NC | 4 | | 1.56 | 9.35 | 9.35 |
| Fiber, total dietary....g | 1.1 | | 0 | | 4 | | 0.3 | 1.9 | 1.9 |
| Sugars, total....g | 1.39 | | 0 | FLA | 4 | | 0.39 | 2.37 | 2.37 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 9 | 0.000 | 3 | | 1 | | 3 | 15 | 15 |
| Iron, Fe....mg | 0.72 | 0.030 | 3 | | 1 | | 0.20 | 1.22 | 1.22 |
| Magnesium, Mg....mg | 11 | | 1 | | 1 | | 3 | 19 | 19 |
| Phosphorus, P....mg | 44 | | 1 | | 1 | | 12 | 75 | 75 |
| Potassium, K....mg | 142 | | 1 | | 1 | | 40 | 241 | 241 |
| Sodium, Na....mg | 106 | | 0 | LC | 8 | | 30 | 180 | 180 |
| Zinc, Zn....mg | 0.87 | | 1 | | 1 | | 0.25 | 1.48 | 1.48 |
| Copper, Cu....mg | 0.072 | | 0 | | 4 | | 0.020 | 0.122 | 0.122 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 4.5 | | 0 | FLM | 4 | | 1.3 | 7.7 | 7.7 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 3.0 | 0.200 | 3 | | 1 | | 0.9 | 5.1 | 5.1 |
| Thiamin....mg | 0.014 | 0.000 | 3 | | 1 | | 0.004 | 0.024 | 0.024 |
| Riboflavin....mg | 0.065 | 0.000 | 3 | | 1 | | 0.018 | 0.111 | 0.111 |
| Niacin....mg | 1.313 | 0.014 | 3 | | 1 | | 0.372 | 2.232 | 2.232 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.074 | 0.000 | 3 | | 1 | | 0.021 | 0.126 | 0.126 |
| Folate, total....µg | 6 | | 0 | | 4 | | 2 | 10 | 10 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 6 | | 0 | | 4 | | 2 | 10 | 10 |
| Folate, DFE....mcg_DFE | 6 | | 0 | NC | 4 | | 2 | 10 | 10 |
| Choline, total....mg | 16.5 | | 0 | T | 4 | | 4.7 | 28.0 | 28.0 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.51 | | 0 | | 4 | | 0.14 | 0.87 | 0.87 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 82 | | 0 | NC | 4 | | 23 | 140 | 140 |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 816 | | 0 | FLA | 4 | | 231 | 1388 | 1388 |
| Carotene, alpha....µg | 346 | | 0 | FLA | 4 | | 98 | 588 | 588 |
| Cryptoxanthin, beta....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 1649 | | 0 | NC | 4 | | 467 | 2803 | 2803 |
| Lycopene....µg | 2575 | | 0 | FLA | 4 | | 730 | 4378 | 4378 |
| Lutein + zeaxanthin....µg | 26 | | 0 | FLA | 4 | | 7 | 45 | 45 |
| Vitamin E (alpha-tocopherol)....mg | 0.50 | | 0 | FLA | 4 | | 0.14 | 0.85 | 0.85 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 1 | | 0 | FLA | 4 | | 0 | 1 | 1 |
| Vitamin K (phylloquinone)....µg | 2.5 | | 0 | FLA | 4 | | 0.7 | 4.2 | 4.2 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03052**
**Babyfood, dinner, beef stew, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.580 | 0.050 | 4 | | 1 | | 0.164 | 0.986 | 0.986 |
| 4:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 3 | | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 4 | | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.030 | 0.000 | 4 | | 1 | | 0.009 | 0.051 | 0.051 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.280 | 0.020 | 4 | | 1 | | 0.079 | 0.476 | 0.476 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.220 | 0.020 | 4 | | 1 | | 0.062 | 0.374 | 0.374 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.440 | 0.050 | 4 | | 1 | | 0.125 | 0.748 | 0.748 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.030 | 0.000 | 4 | | 1 | | 0.009 | 0.051 | 0.051 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.400 | 0.020 | 4 | | 1 | | 0.113 | 0.680 | 0.680 |
| 20:1....g | 0.000 | | 4 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.100 | | 4 | | 1 | | 0.028 | 0.170 | 0.170 |
| 18:2 undifferentiated....g | 0.090 | 0.000 | 4 | | 1 | | 0.026 | 0.153 | 0.153 |
| 18:3 undifferentiated....g | 0.010 | 0.000 | 4 | | 1 | | 0.003 | 0.017 | 0.017 |
| 18:4....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.010 | | 4 | | 1 | | 0.003 | 0.017 | 0.017 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 13 | 0.840 | 3 | | 1 | | 4 | 21 | 21 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.053 | | 0 | | 1 | | 0.015 | 0.090 | 0.090 |
| Threonine....g | 0.210 | | 0 | | 1 | | 0.060 | 0.357 | 0.357 |
| Isoleucine....g | 0.246 | | 0 | | 1 | | 0.070 | 0.418 | 0.418 |
| Leucine....g | 0.388 | | 0 | | 1 | | 0.110 | 0.660 | 0.660 |
| Lysine....g | 0.394 | | 0 | | 1 | | 0.112 | 0.670 | 0.670 |
| Methionine....g | 0.142 | | 0 | | 1 | | 0.040 | 0.241 | 0.241 |
| Cystine....g | 0.053 | | 0 | | 1 | | 0.015 | 0.090 | 0.090 |
| Phenylalanine....g | 0.201 | | 0 | | 1 | | 0.057 | 0.342 | 0.342 |
| Tyrosine....g | 0.159 | | 0 | | 1 | | 0.045 | 0.270 | 0.270 |
| Valine....g | 0.272 | | 0 | | 1 | | 0.077 | 0.462 | 0.462 |
| Arginine....g | 0.353 | | 0 | | 1 | | 0.100 | 0.600 | 0.600 |
| Histidine....g | 0.128 | | 0 | | 1 | | 0.036 | 0.218 | 0.218 |
| Alanine....g | 0.332 | | 0 | | 1 | | 0.094 | 0.564 | 0.564 |
| Aspartic acid....g | 0.485 | | 0 | | 1 | | 0.137 | 0.825 | 0.825 |
| Glutamic acid....g | 0.823 | | 0 | | 1 | | 0.233 | 1.399 | 1.399 |
| Glycine....g | 0.351 | | 0 | | 1 | | 0.100 | 0.597 | 0.597 |
| Proline....g | 0.321 | | 0 | | 1 | | 0.091 | 0.546 | 0.546 |
| Serine....g | 0.192 | | 0 | | 1 | | 0.054 | 0.326 | 0.326 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03052**
**Babyfood, dinner, beef stew, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Measure 3 = 170g: 1 jar Beech-Nut Table Time (6 oz)

**Calories Factors: Protein** 3.7 **Fat** 8.9 **Carbohydrate** 3.9

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03055**
**Babyfood, dinner, beef with vegetables**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 84.30 | | 1 | MA | 12 | | 95.26 | | |
| Energy | kcal | 96 | | 0 | MC | 9 | | 108 | | |
| Energy | kJ | 402 | | 0 | | 9 | | 454 | | |
| Protein | g | 2.03 | | 1 | MA | 12 | | 2.29 | | |
| Total lipid (fat) | g | 6.93 | | 1 | MA | 12 | | 7.83 | | |
| Ash | g | 0.38 | | 1 | MA | 12 | | 0.43 | | |
| Carbohydrate, by difference | g | 6.36 | | 1 | MC | 9 | | 7.19 | | |
| Fiber, total dietary | g | 1.8 | | 1 | MA | 12 | | 2.0 | | |
| Sugars, total | g | 2.16 | | 0 | MA | 12 | | 2.44 | | |
| Sucrose | g | 1.35 | | 0 | MA | 12 | | 1.53 | | |
| Glucose (dextrose) | g | 0.32 | | 0 | MA | 12 | | 0.36 | | |
| Fructose | g | 0.49 | | 0 | MA | 12 | | 0.55 | | |
| Lactose | g | 0.00 | | 0 | MA | 12 | | 0.00 | | |
| Maltose | g | 0.00 | | 0 | MA | 12 | | 0.00 | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 19 | | 1 | MA | 12 | | 21 | | |
| Iron, Fe | mg | 0.33 | | 1 | MA | 12 | | 0.37 | | |
| Magnesium, Mg | mg | 15 | | 1 | MA | 12 | | 17 | | |
| Phosphorus, P | mg | 24 | | 1 | FLM | 4 | | 27 | | |
| Potassium, K | mg | 127 | | 1 | MA | 12 | | 144 | | |
| Sodium, Na | mg | 38 | | 0 | LC | 8 | | 43 | | |
| Zinc, Zn | mg | 0.35 | | 1 | MA | 12 | | 0.40 | | |
| Copper, Cu | mg | 0.036 | | 0 | FLM | 4 | | 0.041 | | |
| Manganese, Mn | mg | 0.006 | | 0 | FLM | 4 | | 0.007 | | |
| Selenium, Se | µg | 2.2 | | 0 | FLM | 4 | | 2.5 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.0 | | 1 | MA | 12 | | 0.0 | | |
| Thiamin | mg | 0.030 | | 1 | MA | 12 | | 0.034 | | |
| Riboflavin | mg | 0.060 | | 1 | MA | 12 | | 0.068 | | |
| Niacin | mg | 0.700 | | 1 | MA | 12 | | 0.791 | | |
| Pantothenic acid | mg | 0.259 | | 0 | FLM | 4 | | 0.293 | | |
| Vitamin B-6 | mg | 0.083 | | 0 | FLM | 4 | | 0.094 | | |
| Folate, total | µg | 11 | | 0 | FLM | 4 | | 12 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 11 | | 0 | FLM | 4 | | 12 | | |
| Folate, DFE | mcg_DFE | 11 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 9.9 | | 0 | FLA | 4 | | 11.2 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.09 | | 0 | FLM | 4 | | 0.10 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 222 | | 0 | NC | 4 | | 251 | | |
| Retinol | µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Carotene, beta | µg | 2165 | | 0 | BNA | 4 | | 2446 | | |
| Carotene, alpha | µg | 993 | | 0 | BNA | 4 | | 1122 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Vitamin A, IU | IU | 4436 | | 0 | NC | 4 | | 5013 | | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 58 | | 0 | FLA | 4 | | 65 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.57 | | 0 | FLA | 4 | | 0.64 | | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03055**
**Babyfood, dinner, beef with vegetables**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 1 | | 0 | FLA | 4 | | 1 | | |
| Vitamin K (phylloquinone)....µg | 11.6 | | 0 | FLA | 4 | | 13.1 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 2.840 | | 1 | MA | 12 | | 3.209 | | |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 12:0....g | 0.051 | | 0 | FLM | 4 | | 0.058 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.214 | | 0 | FLM | 4 | | 0.242 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.463 | | 0 | FLM | 4 | | 1.653 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.112 | | 0 | FLM | 4 | | 1.257 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 3.120 | | 0 | MA | 12 | | 3.526 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.321 | | 0 | FLM | 4 | | 0.363 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.778 | | 0 | FLM | 4 | | 3.139 | | |
| 20:1....g | 0.022 | | 0 | FLM | 4 | | 0.025 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.900 | | 0 | MA | 12 | | 1.017 | | |
| 18:2 undifferentiated....g | 0.747 | | 0 | FLM | 4 | | 0.844 | | |
| 18:3 undifferentiated....g | 0.149 | | 0 | FLM | 4 | | 0.168 | | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.004 | | 0 | FLM | 4 | | 0.005 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 12 | | 1 | MA | 12 | | 14 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03298**
**Babyfood, dinner, broccoli and chicken, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | |
| Water....g | 86.92 | 2.050 | 4 | A | 1 | | 25.21 | 140.81 | |
| Energy....kcal | 62 | | 0 | NC | 4 | | 18 | 100 | |
| Energy....kJ | 259 | | 0 | NC | 4 | | 75 | 420 | |
| Protein....g | 3.59 | 0.448 | 4 | A | 1 | | 1.04 | 5.82 | |
| Total lipid (fat)....g | 2.48 | 0.623 | 4 | A | 1 | | 0.72 | 4.01 | |
| Ash....g | 0.67 | 0.198 | 4 | A | 1 | | 0.19 | 1.09 | |
| Carbohydrate, by difference....g | 6.34 | | 0 | NC | 4 | | 1.84 | 10.27 | |
| Fiber, total dietary....g | 1.4 | | 1 | A | 1 | | 0.4 | 2.3 | |
| Sugars, total....g | 1.43 | | 2 | A | 1 | | 0.41 | 2.32 | |
| Sucrose....g | 0.07 | | 2 | A | 1 | | 0.02 | 0.11 | |
| Glucose (dextrose)....g | 0.68 | | 2 | A | 1 | | 0.20 | 1.10 | |
| Fructose....g | 0.61 | | 2 | A | 1 | | 0.18 | 0.99 | |
| Lactose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | |
| Maltose....g | 0.07 | | 2 | A | 1 | | 0.02 | 0.12 | |
| Galactose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 37 | | 1 | A | 1 | | 11 | 60 | |
| Iron, Fe....mg | 0.52 | | 1 | A | 1 | | 0.15 | 0.84 | |
| Magnesium, Mg....mg | 12 | | 1 | A | 1 | | 3 | 19 | |
| Phosphorus, P....mg | 58 | | 1 | A | 1 | | 17 | 94 | |
| Potassium, K....mg | 170 | | 1 | A | 1 | | 49 | 275 | |
| Sodium, Na....mg | 17 | | 1 | A | 1 | | 5 | 28 | |
| Zinc, Zn....mg | 0.39 | | 1 | A | 1 | | 0.11 | 0.63 | |
| Copper, Cu....mg | 0.030 | | 1 | A | 1 | | 0.009 | 0.048 | |
| Manganese, Mn....mg | 0.120 | | 1 | A | 1 | | 0.035 | 0.194 | |
| Selenium, Se....µg | 2.2 | | 1 | A | 1 | | 0.6 | 3.6 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 17.7 | | 0 | MA | 12 | | 5.1 | 28.7 | |
| Thiamin....mg | 0.019 | | 2 | A | 1 | | 0.006 | 0.031 | |
| Riboflavin....mg | 0.098 | | 2 | A | 1 | | 0.029 | 0.159 | |
| Niacin....mg | 0.964 | | 2 | A | 1 | | 0.280 | 1.562 | |
| Pantothenic acid....mg | 0.273 | | 2 | A | 1 | | 0.079 | 0.442 | |
| Vitamin B-6....mg | 0.052 | | 2 | A | 1 | | 0.015 | 0.084 | |
| Folate, total....µg | 69 | | 2 | A | 1 | | 20 | 112 | |
| Folic acid....µg | 10 | | 2 | A | 1 | | 3 | 16 | |
| Folate, food....µg | 59 | | 0 | AS | 1 | | 17 | 96 | |
| Folate, DFE....mcg_DFE | 76 | | 0 | NC | 4 | | 22 | 123 | |
| Choline, total....mg | 31.1 | 1.191 | 14 | AS | 1 | | 9.0 | 50.3 | |
| Betaine....mg | 2.3 | 0.208 | 14 | A | 1 | | 0.7 | 3.7 | |
| Vitamin B-12....µg | 0.33 | | 2 | A | 1 | | 0.09 | 0.53 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 24 | | 0 | NC | 4 | | 7 | 39 | |
| Retinol....µg | 1 | | 0 | O | 4 | | 0 | 1 | |
| Carotene, beta....µg | 278 | | 0 | O | 4 | | 81 | 451 | |
| Carotene, alpha....µg | 9 | | 0 | O | 4 | | 3 | 15 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | O | 4 | | 0 | 1 | |
| Vitamin A, IU....IU | 474 | | 0 | NC | 4 | | 137 | 768 | |
| Lycopene....µg | 0 | | 1 | A | 1 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 511 | | 0 | O | 4 | | 148 | 827 | |
| Vitamin E (alpha-tocopherol)....mg | 0.60 | | 2 | A | 1 | | 0.17 | 0.97 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | |
| Tocopherol, gamma....mg | 0.04 | | 2 | A | 1 | | 0.01 | 0.06 | |
| Tocopherol, delta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | FLC | 4 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03298**
**Babyfood, dinner, broccoli and chicken, junior**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 1 | | 0 | FLC | 4 | | 0 | 1 | |
| Vitamin K (phylloquinone)....µg | 73.5 | | 1 | A | 1 | | 21.3 | 119.1 | |
| Dihydrophylloquinone....µg | 0.0 | | 1 | A | 1 | | 0.0 | 0.0 | |
| Menaquinone-4....µg | 4.1 | | 1 | A | 1 | | 1.2 | 6.6 | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.510 | | 0 | NC | 4 | | 0.148 | 0.826 | |
| 4:0....g | 0.000 | | 0 | O | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.010 | | 1 | A | 1 | | 0.003 | 0.016 | |
| 15:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 16:0....g | 0.410 | | 1 | A | 1 | | 0.119 | 0.664 | |
| 17:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 18:0....g | 0.090 | | 1 | A | 1 | | 0.026 | 0.146 | |
| 20:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 22:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 24:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| Fatty acids, total monounsaturated....g | 0.770 | | 0 | NC | 4 | | 0.223 | 1.247 | |
| 14:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 15:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 16:1 undifferentiated....g | 0.120 | | 1 | A | 1 | | 0.035 | 0.194 | |
| 17:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 18:1 undifferentiated....g | 0.650 | | 1 | A | 1 | | 0.188 | 1.053 | |
| 20:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 24:1 c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| Fatty acids, total polyunsaturated....g | 0.430 | | 0 | NC | 4 | | 0.125 | 0.696 | |
| 18:2 undifferentiated....g | 0.320 | | 1 | A | 1 | | 0.093 | 0.518 | |
| 18:3 undifferentiated....g | 0.100 | | 1 | A | 1 | | 0.029 | 0.162 | |
| 18:4....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 20:3 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 20:4 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 13 | | 1 | A | 1 | | 4 | 21 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | O | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 29g: 1 tbsp

Measure 2 = 162g: 1 container

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03298**
**Babyfood, dinner, broccoli and chicken, junior**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43373**
**Babyfood, dinner, chicken and noodle with vegetables, toddler**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 85.30 | | 0 | | 1 | | 13.65 | 145.01 | |
| Energy | kcal | 66 | | 0 | NC | 4 | | 11 | 112 | |
| Energy | kJ | 276 | | 0 | NC | 4 | | 44 | 470 | |
| Protein | g | 3.80 | | 0 | | 1 | | 0.61 | 6.46 | |
| Total lipid (fat) | g | 1.70 | | 0 | | 1 | | 0.27 | 2.89 | |
| Ash | g | 0.31 | | 0 | FLA | 4 | | 0.05 | 0.53 | |
| Carbohydrate, by difference | g | 8.89 | | 0 | NC | 4 | | 1.42 | 15.11 | |
| Fiber, total dietary | g | 0.6 | | 0 | | 1 | | 0.1 | 1.0 | |
| Sugars, total | g | 0.82 | | 0 | FLA | 4 | | 0.13 | 1.39 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 11 | | 0 | | 1 | | 2 | 19 | |
| Iron, Fe | mg | 0.40 | | 0 | | 1 | | 0.06 | 0.68 | |
| Magnesium, Mg | mg | 10 | | 0 | | 4 | | 2 | 17 | |
| Phosphorus, P | mg | 42 | | 0 | | 1 | | 7 | 71 | |
| Potassium, K | mg | 95 | | 0 | | 1 | | 15 | 162 | |
| Sodium, Na | mg | 235 | | 0 | NR | 4 | | 38 | 400 | |
| Zinc, Zn | mg | 0.41 | | 0 | | 4 | | 0.07 | 0.70 | |
| Copper, Cu | mg | 0.020 | | 0 | | 4 | | 0.003 | 0.034 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 3.7 | | 0 | BFZN | 4 | | 0.6 | 6.3 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.7 | | 0 | | 1 | | 0.3 | 2.9 | |
| Thiamin | mg | 0.040 | | 0 | | 1 | | 0.006 | 0.068 | |
| Riboflavin | mg | 0.050 | | 0 | | 1 | | 0.008 | 0.085 | |
| Niacin | mg | 1.230 | | 0 | | 1 | | 0.197 | 2.091 | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.060 | | 0 | | 1 | | 0.010 | 0.102 | |
| Folate, total | µg | 9 | | 0 | FLA | 4 | | 1 | 16 | |
| Folic acid | µg | 4 | | 0 | FLA | 4 | | 1 | 7 | |
| Folate, food | µg | 5 | | 0 | FLA | 4 | | 1 | 9 | |
| Folate, DFE | mcg_DFE | 12 | | 0 | NC | 4 | | 2 | 20 | |
| Choline, total | mg | 11.2 | | 0 | FLA | 4 | | 1.8 | 19.1 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.14 | | 0 | | 4 | | 0.02 | 0.24 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 98 | | 0 | NC | 4 | | 16 | 167 | |
| Retinol | µg | 1 | | 0 | FLA | 4 | | 0 | 2 | |
| Carotene, beta | µg | 952 | | 0 | FLA | 4 | | 152 | 1619 | |
| Carotene, alpha | µg | 431 | | 0 | FLA | 4 | | 69 | 733 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Vitamin A, IU | IU | 1950 | | 0 | NC | 4 | | 312 | 3315 | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 211 | | 0 | FLA | 4 | | 34 | 358 | |
| Vitamin E (alpha-tocopherol) | mg | 0.19 | | 0 | FLA | 4 | | 0.03 | 0.32 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | NR | 4 | | 0.0 | 0.1 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.0 | | 0 | NR | 4 | | 0.0 | 0.1 | |
| Vitamin D | IU | 2 | | 0 | FLA | 4 | | 0 | 3 | |
| Vitamin K (phylloquinone) | µg | 3.3 | | 0 | FLA | 4 | | 0.5 | 5.6 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 43373**

**Babyfood, dinner, chicken and noodle with vegetables, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.461 | | 0 | | 4 | | 0.074 | 0.784 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.002 | | 0 | | 4 | | 0.000 | 0.003 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.012 | | 0 | | 4 | | 0.002 | 0.020 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.343 | | 0 | | 4 | | 0.055 | 0.583 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.091 | | 0 | | 4 | | 0.015 | 0.155 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.632 | | 0 | | 4 | | 0.101 | 1.074 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.081 | | 0 | | 4 | | 0.013 | 0.138 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.529 | | 0 | | 4 | | 0.085 | 0.899 | |
| 20:1....g | 0.014 | | 0 | | 4 | | 0.002 | 0.024 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.392 | | 0 | | 4 | | 0.063 | 0.666 | |
| 18:2 undifferentiated....g | 0.340 | | 0 | | 4 | | 0.054 | 0.578 | |
| 18:3 undifferentiated....g | 0.020 | | 0 | | 4 | | 0.003 | 0.034 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.013 | | 0 | | 4 | | 0.002 | 0.022 | |
| 20:5 n-3 (EPA)....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 22:5 n-3 (DPA)....g | 0.002 | | 0 | | 4 | | 0.000 | 0.003 | |
| 22:6 n-3 (DHA)....g | 0.004 | | 0 | | 4 | | 0.001 | 0.007 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 28 | | 0 | | 4 | | 4 | 48 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 170g: 1 jar NFS

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43008**
**Babyfood, dinner, chicken and rice**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.00 | | 0 | | 1 | | 14.08 | 99.44 | 99.44 |
| Energy....kcal | 51 | | 0 | NC | 4 | | 8 | 58 | 58 |
| Energy....kJ | 215 | | 0 | NC | 4 | | 34 | 243 | 243 |
| Protein....g | 1.60 | | 0 | | 1 | | 0.26 | 1.81 | 1.81 |
| Total lipid (fat)....g | 0.90 | | 0 | | 1 | | 0.14 | 1.02 | 1.02 |
| Ash....g | 0.30 | | 0 | O | 4 | | 0.05 | 0.34 | 0.34 |
| Carbohydrate, by difference....g | 9.20 | | 0 | NC | 4 | | 1.47 | 10.40 | 10.40 |
| Fiber, total dietary....g | 1.1 | | 0 | | 4 | | 0.2 | 1.2 | 1.2 |
| Sugars, total....g | 0.55 | | 0 | FLA | 4 | | 0.09 | 0.62 | 0.62 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 18 | | 0 | | 1 | | 3 | 20 | 20 |
| Iron, Fe....mg | 0.20 | | 0 | | 1 | | 0.03 | 0.23 | 0.23 |
| Magnesium, Mg....mg | 8 | | 0 | | 4 | | 1 | 9 | 9 |
| Phosphorus, P....mg | 20 | | 0 | | 4 | | 3 | 23 | 23 |
| Potassium, K....mg | 60 | | 0 | | 1 | | 10 | 68 | 68 |
| Sodium, Na....mg | 25 | | 0 | LC | 8 | | 4 | 29 | 29 |
| Zinc, Zn....mg | 0.25 | | 0 | | 4 | | 0.04 | 0.28 | 0.28 |
| Copper, Cu....mg | 0.025 | | 0 | | 4 | | 0.004 | 0.028 | 0.028 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 3.0 | | 0 | BFZN | 4 | | 0.5 | 3.4 | 3.4 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 1.0 | | 0 | | 1 | | 0.2 | 1.1 | 1.1 |
| Thiamin....mg | 0.010 | | 0 | | 1 | | 0.002 | 0.011 | 0.011 |
| Riboflavin....mg | 0.020 | | 0 | | 1 | | 0.003 | 0.023 | 0.023 |
| Niacin....mg | 0.300 | | 0 | | 1 | | 0.048 | 0.339 | 0.339 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.030 | | 0 | | 4 | | 0.005 | 0.034 | 0.034 |
| Folate, total....µg | 3 | | 0 | | 4 | | 0 | 3 | 3 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 3 | | 0 | | 4 | | 0 | 3 | 3 |
| Folate, DFE....mcg_DFE | 3 | | 0 | NC | 4 | | 0 | 3 | 3 |
| Choline, total....mg | 6.7 | | 0 | FLA | 4 | | 1.1 | 7.5 | 7.5 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.10 | | 0 | | 4 | | 0.02 | 0.11 | 0.11 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 58 | | 0 | NC | 4 | | 9 | 66 | 66 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 571 | | 0 | FLA | 4 | | 91 | 646 | 646 |
| Carotene, alpha....µg | 260 | | 0 | FLA | 4 | | 42 | 294 | 294 |
| Cryptoxanthin, beta....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 1170 | | 0 | FLA | 4 | | 187 | 1322 | 1322 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 105 | | 0 | FLA | 4 | | 17 | 119 | 119 |
| Vitamin E (alpha-tocopherol)....mg | 0.11 | | 0 | FLA | 4 | | 0.02 | 0.13 | 0.13 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 1 | | 0 | FLA | 4 | | 0 | 2 | 2 |
| Vitamin K (phylloquinone)....µg | 1.8 | | 0 | FLA | 4 | | 0.3 | 2.0 | 2.0 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 43008**
**Babyfood, dinner, chicken and rice**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.211 | | 0 | | 4 | | 0.034 | 0.238 | 0.238 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.006 | | 0 | | 4 | | 0.001 | 0.007 | 0.007 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.152 | | 0 | | 4 | | 0.024 | 0.172 | 0.172 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.043 | | 0 | | 4 | | 0.007 | 0.049 | 0.049 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.392 | | 0 | | 4 | | 0.063 | 0.443 | 0.443 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.038 | | 0 | | 4 | | 0.006 | 0.043 | 0.043 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.342 | | 0 | | 4 | | 0.055 | 0.386 | 0.386 |
| 20:1....g | 0.008 | | 0 | | 4 | | 0.001 | 0.009 | 0.009 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.188 | | 0 | | 4 | | 0.030 | 0.212 | 0.212 |
| 18:2 undifferentiated....g | 0.165 | | 0 | | 4 | | 0.026 | 0.186 | 0.186 |
| 18:3 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.001 | 0.009 | 0.009 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.006 | | 0 | | 4 | | 0.001 | 0.007 | 0.007 |
| 20:5 n-3 (EPA)....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 22:5 n-3 (DPA)....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 22:6 n-3 (DHA)....g | 0.002 | | 0 | | 4 | | 0.000 | 0.002 | 0.002 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 10 | | 0 | | 4 | | 2 | 11 | 11 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 113g: 1 jar, Gerber (4 oz)

Measure 3 = 113g: 1 jar NFS

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03069**
**Babyfood, dinner, chicken noodle, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 87.25 | | 0 | MA | 12 | | 13.96 | 24.74 | 148.33 |
| Energy | kcal | 55 | | 0 | MC | 9 | | 9 | 16 | 94 |
| Energy | kJ | 230 | | 0 | | 9 | | 37 | 65 | 391 |
| Protein | g | 2.37 | | 0 | MA | 12 | | 0.38 | 0.67 | 4.03 |
| Total lipid (fat) | g | 1.18 | | 0 | MA | 12 | | 0.19 | 0.33 | 2.01 |
| Ash | g | 0.41 | | 0 | MA | 12 | | 0.07 | 0.12 | 0.70 |
| Carbohydrate, by difference | g | 8.79 | | 0 | MC | 9 | | 1.41 | 2.49 | 14.94 |
| Fiber, total dietary | g | 0.9 | | 0 | MA | 12 | | 0.1 | 0.3 | 1.5 |
| Sugars, total | g | 1.07 | | 0 | MA | 12 | | 0.17 | 0.30 | 1.82 |
| Sucrose | g | 0.44 | | 0 | MA | 12 | | 0.07 | 0.12 | 0.75 |
| Glucose (dextrose) | g | 0.16 | | 0 | MA | 12 | | 0.03 | 0.05 | 0.27 |
| Fructose | g | 0.16 | | 0 | MA | 12 | | 0.03 | 0.05 | 0.27 |
| Lactose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.31 | | 0 | MA | 12 | | 0.05 | 0.09 | 0.53 |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 21 | | 0 | MA | 12 | | 3 | 6 | 36 |
| Iron, Fe | mg | 0.38 | | 0 | MA | 12 | | 0.06 | 0.11 | 0.65 |
| Magnesium, Mg | mg | 7 | | 0 | MA | 12 | | 1 | 2 | 12 |
| Phosphorus, P | mg | 79 | | 0 | MA | 12 | | 13 | 22 | 134 |
| Potassium, K | mg | 39 | | 0 | MA | 12 | | 6 | 11 | 66 |
| Sodium, Na | mg | 35 | | 0 | LC | 8 | | 6 | 10 | 60 |
| Zinc, Zn | mg | 0.40 | | 0 | MA | 12 | | 0.06 | 0.11 | 0.68 |
| Copper, Cu | mg | 0.030 | | 0 | MA | 12 | | 0.005 | 0.009 | 0.051 |
| Manganese, Mn | mg | 0.100 | | 0 | MA | 12 | | 0.016 | 0.028 | 0.170 |
| Selenium, Se | µg | 3.7 | | 0 | FLM | 4 | | 0.6 | 1.0 | 6.3 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.1 | | 0 | MA | 12 | | 0.0 | 0.0 | 0.2 |
| Thiamin | mg | 0.032 | | 0 | MA | 12 | | 0.005 | 0.009 | 0.054 |
| Riboflavin | mg | 0.040 | | 0 | MA | 12 | | 0.006 | 0.011 | 0.068 |
| Niacin | mg | 0.703 | | 0 | MA | 12 | | 0.112 | 0.199 | 1.195 |
| Pantothenic acid | mg | 0.178 | | 0 | FLM | 4 | | 0.028 | 0.050 | 0.303 |
| Vitamin B-6 | mg | 0.052 | | 0 | MA | 12 | | 0.008 | 0.015 | 0.088 |
| Folate, total | µg | 7 | | 0 | FLM | 4 | | 1 | 2 | 12 |
| Folic acid | µg | 2 | | 0 | NC | 4 | | 0 | 1 | 3 |
| Folate, food | µg | 5 | | 0 | | 4 | | 1 | 1 | 9 |
| Folate, DFE | mcg_DFE | 8 | | 0 | NC | 4 | | 1 | 2 | 14 |
| Choline, total | mg | 7.7 | | 0 | FLA | 4 | | 1.2 | 2.2 | 13.1 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.01 | | 0 | FLM | 4 | | 0.00 | 0.00 | 0.02 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE (2) | mcg_RAE | 87 | | 0 | NC | 4 | | 14 | 25 | 148 |
| Retinol | µg | 1 | | 0 | FLA | 4 | | 0 | 0 | 1 |
| Carotene, beta | µg | 840 | | 0 | FLA | 4 | | 134 | 238 | 1428 |
| Carotene, alpha | µg | 392 | | 0 | FLA | 4 | | 63 | 111 | 667 |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU (1) | IU | 1729 | | 0 | MA | 12 | | 277 | 490 | 2939 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 32 | | 0 | FLA | 4 | | 5 | 9 | 55 |
| Vitamin E (alpha-tocopherol) | mg | 0.15 | | 0 | FLA | 4 | | 0.02 | 0.04 | 0.26 |
| Vitamin E, added | mg | 0.00 | | 0 | NR | 4 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.1 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03069**
**Babyfood, dinner, chicken noodle, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.1 |
| Vitamin D....IU | 2 | | 0 | FLA | 4 | | 0 | 1 | 3 |
| Vitamin K (phylloquinone)....µg | 1.6 | | 0 | FLA | 4 | | 0.3 | 0.4 | 2.7 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.338 | | 0 | FLM | 4 | | 0.054 | 0.096 | 0.575 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.002 | | 0 | FLM | 4 | | 0.000 | 0.001 | 0.003 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.010 | | 0 | FLM | 4 | | 0.002 | 0.003 | 0.017 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.247 | | 0 | FLM | 4 | | 0.040 | 0.070 | 0.420 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.066 | | 0 | FLM | 4 | | 0.011 | 0.019 | 0.112 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.467 | | 0 | FLM | 4 | | 0.075 | 0.132 | 0.794 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.056 | | 0 | FLM | 4 | | 0.009 | 0.016 | 0.095 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.394 | | 0 | FLM | 4 | | 0.063 | 0.112 | 0.670 |
| 20:1....g | 0.011 | | 0 | FLM | 4 | | 0.002 | 0.003 | 0.019 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.272 | | 0 | FLM | 4 | | 0.044 | 0.077 | 0.462 |
| 18:2 undifferentiated....g | 0.241 | | 0 | FLM | 4 | | 0.039 | 0.068 | 0.410 |
| 18:3 undifferentiated....g | 0.017 | | 0 | FLM | 4 | | 0.003 | 0.005 | 0.029 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.005 | | 0 | FLM | 4 | | 0.001 | 0.001 | 0.009 |
| 20:5 n-3 (EPA)....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.002 |
| 22:5 n-3 (DPA)....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.002 |
| 22:6 n-3 (DHA)....g | 0.002 | | 0 | FLM | 4 | | 0.000 | 0.001 | 0.003 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 9 | | 0 | MA | 12 | | 1 | 3 | 15 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Footnotes:**

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

**NDB No. 03069**
**Babyfood, dinner, chicken noodle, junior**

| **Calories Factors:** | **Protein** | **Fat** | **Carbohydrate** |
|---|---|---|---|

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03068**
**Babyfood, dinner, chicken noodle, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 85.64 | | 0 | MA | 12 | | 13.70 | 24.28 | 96.77 |
| Energy | kcal | 66 | | 0 | MC | 9 | | 11 | 19 | 75 |
| Energy | kJ | 276 | | 0 | | 9 | | 44 | 78 | 312 |
| Protein | g | 2.69 | | 0 | MA | 12 | | 0.43 | 0.76 | 3.04 |
| Total lipid (fat) | g | 2.06 | | 0 | MA | 12 | | 0.33 | 0.58 | 2.33 |
| Ash | g | 0.53 | | 0 | MA | 12 | | 0.08 | 0.15 | 0.60 |
| Carbohydrate, by difference | g | 9.08 | | 0 | MC | 9 | | 1.45 | 2.57 | 10.26 |
| Fiber, total dietary | g | 2.1 | | 0 | MA | 12 | | 0.3 | 0.6 | 2.4 |
| Sugars, total | g | 2.50 | | 0 | MA | 12 | | 0.40 | 0.71 | 2.83 |
| Sucrose | g | 1.61 | | 0 | MA | 12 | | 0.26 | 0.46 | 1.82 |
| Glucose (dextrose) | g | 0.36 | | 0 | MA | 12 | | 0.06 | 0.10 | 0.41 |
| Fructose | g | 0.40 | | 0 | MA | 12 | | 0.06 | 0.11 | 0.45 |
| Lactose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.08 | | 0 | MA | 12 | | 0.01 | 0.02 | 0.09 |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 27 | | 0 | MA | 12 | | 4 | 8 | 31 |
| Iron, Fe | mg | 0.64 | | 0 | MA | 12 | | 0.10 | 0.18 | 0.72 |
| Magnesium, Mg | mg | 14 | | 0 | MA | 12 | | 2 | 4 | 16 |
| Phosphorus, P | mg | 46 | | 0 | MA | 12 | | 7 | 13 | 52 |
| Potassium, K | mg | 139 | | 0 | MA | 12 | | 22 | 39 | 157 |
| Sodium, Na | mg | 38 | | 0 | LC | 8 | | 6 | 11 | 43 |
| Zinc, Zn | mg | 0.55 | | 0 | MA | 12 | | 0.09 | 0.16 | 0.62 |
| Copper, Cu | mg | 0.070 | | 0 | MA | 12 | | 0.011 | 0.020 | 0.079 |
| Manganese, Mn | mg | 0.160 | | 0 | MA | 12 | | 0.026 | 0.045 | 0.181 |
| Selenium, Se | µg | 3.7 | | 0 | FLM | 4 | | 0.6 | 1.0 | 4.2 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.1 | | 0 | MA | 12 | | 0.0 | 0.0 | 0.1 |
| Thiamin | mg | 0.044 | | 0 | MA | 12 | | 0.007 | 0.012 | 0.050 |
| Riboflavin | mg | 0.061 | | 0 | MA | 12 | | 0.010 | 0.017 | 0.069 |
| Niacin | mg | 0.723 | | 0 | MA | 12 | | 0.116 | 0.205 | 0.817 |
| Pantothenic acid | mg | 0.198 | | 0 | FLM | 4 | | 0.032 | 0.056 | 0.224 |
| Vitamin B-6 | mg | 0.064 | | 0 | MA | 12 | | 0.010 | 0.018 | 0.072 |
| Folate, total | µg | 11 | | 0 | FLM | 4 | | 2 | 3 | 12 |
| Folic acid | µg | 3 | | 0 | NC | 4 | | 0 | 1 | 3 |
| Folate, food | µg | 8 | | 0 | | 12 | | 1 | 2 | 9 |
| Folate, DFE | mcg_DFE | 13 | | 0 | NC | 4 | | 2 | 4 | 15 |
| Choline, total | mg | 10.5 | | 0 | FLA | 4 | | 1.7 | 3.0 | 11.9 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.02 | | 0 | FLM | 4 | | 0.00 | 0.01 | 0.02 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 110 | | 0 | NC | 4 | | 18 | 31 | 124 |
| Retinol | µg | 1 | | 0 | FLA | 4 | | 0 | 0 | 1 |
| Carotene, beta | µg | 1060 | | 0 | FLA | 4 | | 170 | 301 | 1198 |
| Carotene, alpha | µg | 495 | | 0 | FLA | 4 | | 79 | 140 | 559 |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 2182 | | 0 | NC | 4 | | 349 | 619 | 2466 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 40 | | 0 | FLA | 4 | | 6 | 11 | 45 |
| Vitamin E (alpha-tocopherol) | mg | 0.21 | | 0 | FLA | 4 | | 0.03 | 0.06 | 0.24 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.1 | | 0 | AS | 1 | | 0.0 | 0.0 | 0.1 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03068**
**Babyfood, dinner, chicken noodle, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.1 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.1 |
| Vitamin D....IU | 3 | | 0 | FLA | 4 | | 1 | 1 | 4 |
| Vitamin K (phylloquinone)....µg | 1.9 | | 0 | FLA | 4 | | 0.3 | 0.5 | 2.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.595 | | 0 | FLM | 4 | | 0.095 | 0.169 | 0.672 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.003 | | 0 | FLM | 4 | | 0.000 | 0.001 | 0.003 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.017 | | 0 | FLM | 4 | | 0.003 | 0.005 | 0.019 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.434 | | 0 | FLM | 4 | | 0.069 | 0.123 | 0.490 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.118 | | 0 | FLM | 4 | | 0.019 | 0.033 | 0.133 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.854 | | 0 | FLM | 4 | | 0.137 | 0.242 | 0.965 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.105 | | 0 | FLM | 4 | | 0.017 | 0.030 | 0.119 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.718 | | 0 | FLM | 4 | | 0.115 | 0.204 | 0.811 |
| 20:1....g | 0.020 | | 0 | FLM | 4 | | 0.003 | 0.006 | 0.023 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.461 | | 0 | FLM | 4 | | 0.074 | 0.131 | 0.521 |
| 18:2 undifferentiated....g | 0.418 | | 0 | FLM | 4 | | 0.067 | 0.119 | 0.472 |
| 18:3 undifferentiated....g | 0.027 | | 0 | FLM | 4 | | 0.004 | 0.008 | 0.031 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.005 | | 0 | FLM | 4 | | 0.001 | 0.001 | 0.006 |
| 20:5 n-3 (EPA)....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.001 |
| 22:5 n-3 (DPA)....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.001 |
| 22:6 n-3 (DHA)....g | 0.002 | | 0 | FLM | 4 | | 0.000 | 0.001 | 0.002 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 16 | | 0 | MA | 12 | | 3 | 5 | 18 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03068**
**Babyfood, dinner, chicken noodle, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03070**
**Babyfood, dinner, chicken soup, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 89.10 | 0.100 | 6 | | 1 | | | 14.26 | 25.26 |
| Energy....kcal | 50 | | 0 | NC | 4 | | | 8 | 14 |
| Energy....kJ | 209 | | 0 | | 4 | | | 33 | 59 |
| Protein (N x 6.25)....g | 1.60 | 0.000 | 3 | | 1 | | | 0.26 | 0.45 |
| Total lipid (fat)....g | 1.70 | 0.200 | 3 | | 1 | | | 0.27 | 0.48 |
| Ash....g | 0.40 | 0.100 | 3 | | 1 | | | 0.06 | 0.11 |
| Carbohydrate, by difference....g | 7.20 | | 0 | NC | 4 | | | 1.15 | 2.04 |
| Fiber, total dietary....g | 1.1 | | 0 | | 4 | | | 0.2 | 0.3 |
| Sugars, total....g | 1.72 | | 0 | FLA | 4 | | | 0.28 | 0.49 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 37 | 1.000 | 3 | | 1 | | | 6 | 10 |
| Iron, Fe....mg | 0.27 | 0.010 | 3 | | 1 | | | 0.04 | 0.08 |
| Magnesium, Mg....mg | 5 | | 0 | | 4 | | | 1 | 1 |
| Phosphorus, P....mg | 24 | | 0 | | 4 | | | 4 | 7 |
| Potassium, K....mg | 66 | | 0 | | 4 | | | 11 | 19 |
| Sodium, Na....mg | 16 | | 1 | | 1 | | | 3 | 5 |
| Zinc, Zn....mg | 0.22 | | 0 | | 4 | | | 0.04 | 0.06 |
| Copper, Cu....mg | 0.279 | | 0 | | 4 | | | 0.045 | 0.079 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.4 | | 0 | FLM | 4 | | | 0.2 | 0.4 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 1.0 | 0.000 | 3 | | 1 | | | 0.2 | 0.3 |
| Thiamin....mg | 0.017 | 0.000 | 3 | | 1 | | | 0.003 | 0.005 |
| Riboflavin....mg | 0.032 | 0.003 | 3 | | 1 | | | 0.005 | 0.009 |
| Niacin....mg | 0.293 | 0.020 | 3 | | 1 | | | 0.047 | 0.083 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.037 | | 0 | | 4 | | | 0.006 | 0.010 |
| Folate, total....µg | 5 | 0.600 | 3 | | 1 | | | 1 | 1 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | | 0 | 0 |
| Folate, food....µg | 5 | 0.600 | 3 | | 1 | | | 1 | 1 |
| Folate, DFE....mcg_DFE | 5 | | 0 | NC | 4 | | | 1 | 1 |
| Choline, total....mg | 6.4 | | 0 | NR | 4 | | | 1.0 | 1.8 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.12 | | 0 | | 4 | | | 0.02 | 0.03 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 69 | | 0 | NC | 4 | | | 11 | 20 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | | 0 | 0 |
| Carotene, beta....µg | 674 | | 0 | BNA | 4 | | | 108 | 191 |
| Carotene, alpha....µg | 313 | | 0 | BNA | 4 | | | 50 | 89 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | | 0 | 0 |
| Vitamin A, IU....IU | 1384 | 119.000 | 3 | | 1 | | | 221 | 392 |
| Lycopene....µg | 0 | | 0 | O | 4 | | | 0 | 0 |
| Lutein + zeaxanthin....µg | 40 | | 0 | O | 4 | | | 6 | 11 |
| Vitamin E (alpha-tocopherol)....mg | 0.51 | | 0 | FLA | 4 | | | 0.08 | 0.14 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.1 | | 0 | FLA | 4 | | | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.1 | | 0 | FLA | 4 | | | 0.0 | 0.0 |
| Vitamin D....IU | 3 | | 0 | FLA | 4 | | | 0 | 1 |
| Vitamin K (phylloquinone)....µg | 6.9 | | 0 | FLA | 4 | | | 1.1 | 2.0 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03070**
**Babyfood, dinner, chicken soup, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.278 | | 0 | | 4 | | | 0.044 | 0.079 |
| 4:0....g | 0.000 | | 0 | | 4 | | | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | | 4 | | | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.004 | | 0 | | 4 | | | 0.001 | 0.001 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.200 | | 0 | | 4 | | | 0.032 | 0.057 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.068 | | 0 | | 4 | | | 0.011 | 0.019 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.425 | | 0 | | 4 | | | 0.068 | 0.120 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.014 | | 0 | | 4 | | | 0.002 | 0.004 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.404 | | 0 | | 4 | | | 0.065 | 0.115 |
| 20:1....g | 0.005 | | 0 | | 4 | | | 0.001 | 0.001 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.900 | | 0 | | 4 | | | 0.144 | 0.255 |
| 18:2 undifferentiated....g | 0.792 | | 0 | | 4 | | | 0.127 | 0.225 |
| 18:3 undifferentiated....g | 0.103 | | 0 | | 4 | | | 0.016 | 0.029 |
| 18:4....g | 0.000 | | 0 | | 4 | | | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.002 | | 0 | | 4 | | | 0.000 | 0.001 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.001 | | 0 | | 4 | | | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | | 4 | | | 1 | 1 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 4.27 **Fat** 9.02 **Carbohydrate** 3.84

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03072**
**Babyfood, dinner, chicken stew, toddler**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 83.30 | 0.500 | 14 | | 1 | | 13.33 | 23.62 | 141.61 |
| Energy | kcal | 78 | | 0 | NC | 4 | | 12 | 22 | 133 |
| Energy | kJ | 326 | | 0 | | 4 | | 52 | 93 | 555 |
| Protein (N x 6.25) | g | 5.20 | 0.200 | 3 | | 1 | | 0.83 | 1.47 | 8.84 |
| Total lipid (fat) | g | 3.70 | 0.200 | 17 | | 1 | | 0.59 | 1.05 | 6.29 |
| Ash | g | 1.40 | 0.000 | 3 | | 1 | | 0.22 | 0.40 | 2.38 |
| Carbohydrate, by difference | g | 6.40 | | 0 | NC | 4 | | 1.02 | 1.81 | 10.88 |
| Fiber, total dietary | g | 0.6 | | 0 | | 4 | | 0.1 | 0.2 | 1.0 |
| Sugars, total | g | 1.68 | | 0 | FLA | 4 | | 0.27 | 0.48 | 2.86 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 36 | 0.000 | 3 | | 1 | | 6 | 10 | 61 |
| Iron, Fe | mg | 0.66 | 0.020 | 3 | | 1 | | 0.11 | 0.19 | 1.12 |
| Magnesium, Mg | mg | 10 | | 1 | | 1 | | 2 | 3 | 17 |
| Phosphorus, P | mg | 51 | | 1 | | 1 | | 8 | 14 | 87 |
| Potassium, K | mg | 92 | | 1 | | 1 | | 15 | 26 | 156 |
| Sodium, Na | mg | 25 | | 0 | T | 4 | | 4 | 7 | 43 |
| Zinc, Zn | mg | 0.41 | | 1 | | 1 | | 0.07 | 0.12 | 0.70 |
| Copper, Cu | mg | 0.020 | | 1 | | 1 | | 0.003 | 0.006 | 0.034 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 5.5 | | 0 | FLM | 4 | | 0.9 | 1.6 | 9.4 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.9 | 0.100 | 6 | | 1 | | 0.3 | 0.5 | 3.2 |
| Thiamin | mg | 0.031 | 0.000 | 3 | | 1 | | 0.005 | 0.009 | 0.053 |
| Riboflavin | mg | 0.074 | 0.000 | 3 | | 1 | | 0.012 | 0.021 | 0.126 |
| Niacin | mg | 1.153 | 0.008 | 3 | | 1 | | 0.184 | 0.327 | 1.960 |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.046 | 0.000 | 3 | | 1 | | 0.007 | 0.013 | 0.078 |
| Folate, total | µg | 16 | | 0 | FLM | 4 | | 3 | 5 | 27 |
| Folic acid | µg | 15 | | 0 | NC | 4 | | 2 | 4 | 26 |
| Folate, food | µg | 1 | | 0 | | 4 | | 0 | 0 | 2 |
| Folate, DFE | mcg_DFE | 27 | | 0 | NC | 4 | | 4 | 8 | 45 |
| Choline, total | mg | 20.6 | | 0 | FLA | 4 | | 3.3 | 5.9 | 35.1 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.14 | | 0 | | 4 | | 0.02 | 0.04 | 0.24 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 52 | | 0 | NC | 4 | | 8 | 15 | 88 |
| Retinol | µg | 2 | | 0 | BNA | 4 | | 0 | 0 | 3 |
| Carotene, beta | µg | 495 | | 0 | BNA | 4 | | 79 | 140 | 842 |
| Carotene, alpha | µg | 214 | | 0 | BNA | 4 | | 34 | 61 | 364 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 1010 | | 0 | NC | 4 | | 162 | 286 | 1717 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 178 | | 0 | FLA | 4 | | 28 | 50 | 302 |
| Vitamin E (alpha-tocopherol) | mg | 0.22 | | 0 | FLA | 4 | | 0.03 | 0.06 | 0.37 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.2 | | 0 | AS | 1 | | 0.0 | 0.0 | 0.3 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.2 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.3 |
| Vitamin D | IU | 7 | | 0 | FLA | 4 | | 1 | 2 | 11 |
| Vitamin K (phylloquinone) | µg | 3.7 | | 0 | FLA | 4 | | 0.6 | 1.1 | 6.3 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |

**Lipids:**

**NDB No. 03072**
**Babyfood, dinner, chicken stew, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.100 | 0.090 | 11 | | 1 | | 0.176 | 0.312 | 1.870 |
| 4:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 11 | | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.010 | | 11 | | 1 | | 0.002 | 0.003 | 0.017 |
| 12:0....g | 0.010 | | 11 | | 1 | | 0.002 | 0.003 | 0.017 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.050 | 0.000 | 11 | | 1 | | 0.008 | 0.014 | 0.085 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.740 | 0.060 | 11 | | 1 | | 0.118 | 0.210 | 1.258 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.220 | 0.020 | 11 | | 1 | | 0.035 | 0.062 | 0.374 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.700 | 0.160 | 11 | | 1 | | 0.272 | 0.482 | 2.890 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.140 | 0.020 | 11 | | 1 | | 0.022 | 0.040 | 0.238 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.540 | 0.140 | 11 | | 1 | | 0.246 | 0.437 | 2.618 |
| 20:1....g | 0.010 | 0.000 | 11 | | 1 | | 0.002 | 0.003 | 0.017 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.770 | 0.070 | 11 | | 1 | | 0.123 | 0.218 | 1.309 |
| 18:2 undifferentiated....g | 0.730 | 0.070 | 11 | | 1 | | 0.117 | 0.207 | 1.241 |
| 18:3 undifferentiated....g | 0.030 | 0.000 | 11 | | 1 | | 0.005 | 0.009 | 0.051 |
| 18:4....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.020 | 0.000 | 11 | | 1 | | 0.003 | 0.006 | 0.034 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 29 | 1.500 | 11 | | 1 | | 5 | 8 | 49 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.057 | | 0 | | 1 | | 0.009 | 0.016 | 0.097 |
| Threonine....g | 0.221 | | 0 | | 1 | | 0.035 | 0.063 | 0.376 |
| Isoleucine....g | 0.257 | | 0 | | 1 | | 0.041 | 0.073 | 0.437 |
| Leucine....g | 0.405 | | 0 | | 1 | | 0.065 | 0.115 | 0.689 |
| Lysine....g | 0.410 | | 0 | | 1 | | 0.066 | 0.116 | 0.697 |
| Methionine....g | 0.112 | | 0 | | 1 | | 0.018 | 0.032 | 0.190 |
| Cystine....g | 0.052 | | 0 | | 1 | | 0.008 | 0.015 | 0.088 |
| Phenylalanine....g | 0.213 | | 0 | | 1 | | 0.034 | 0.060 | 0.362 |
| Tyrosine....g | 0.172 | | 0 | | 1 | | 0.028 | 0.049 | 0.292 |
| Valine....g | 0.292 | | 0 | | 1 | | 0.047 | 0.083 | 0.496 |
| Arginine....g | 0.331 | | 0 | | 1 | | 0.053 | 0.094 | 0.563 |
| Histidine....g | 0.128 | | 0 | | 1 | | 0.020 | 0.036 | 0.218 |
| Alanine....g | 0.298 | | 0 | | 1 | | 0.048 | 0.084 | 0.507 |
| Aspartic acid....g | 0.471 | | 0 | | 1 | | 0.075 | 0.134 | 0.801 |
| Glutamic acid....g | 0.898 | | 0 | | 1 | | 0.144 | 0.255 | 1.527 |
| Glycine....g | 0.295 | | 0 | | 1 | | 0.047 | 0.084 | 0.502 |
| Proline....g | 0.354 | | 0 | | 1 | | 0.057 | 0.100 | 0.602 |
| Serine....g | 0.209 | | 0 | | 1 | | 0.033 | 0.059 | 0.355 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03072**
**Babyfood, dinner, chicken stew, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Calories Factors: Protein** 3.7 **Fat** 8.9 **Carbohydrate** 3.9

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03090**
**Babyfood, dinner, macaroni and cheese, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 86.50 | | 1 | | 1 | | 24.52 | 147.05 | |
| Energy....kcal | 61 | | 0 | NC | 4 | | 17 | 104 | |
| Energy....kJ | 255 | | 0 | | 4 | | 72 | 434 | |
| Protein (N x 6)....g | 2.60 | | 6 | | 1 | | 0.74 | 4.42 | |
| Total lipid (fat)....g | 2.00 | | 6 | | 1 | | 0.57 | 3.40 | |
| Ash....g | 0.70 | | 1 | | 1 | | 0.20 | 1.19 | |
| Carbohydrate, by difference....g | 8.20 | | 0 | NC | 4 | | 2.32 | 13.94 | |
| Fiber, total dietary....g | 0.3 | | 0 | | 4 | | 0.1 | 0.5 | |
| Sugars, total....g | 1.32 | | 0 | FLA | 4 | | 0.37 | 2.24 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 51 | | 6 | | 1 | | 14 | 87 | |
| Iron, Fe....mg | 0.30 | | 6 | | 1 | | 0.09 | 0.51 | |
| Magnesium, Mg....mg | 7 | | 1 | | 1 | | 2 | 12 | |
| Phosphorus, P....mg | 59 | | 1 | | 1 | | 17 | 100 | |
| Potassium, K....mg | 44 | | 1 | | 1 | | 12 | 75 | |
| Sodium, Na....mg | 266 | | 0 | LC | 8 | | 75 | 452 | |
| Zinc, Zn....mg | 0.32 | | 1 | | 1 | | 0.09 | 0.54 | |
| Copper, Cu....mg | 0.021 | | 0 | | 1 | | 0.006 | 0.036 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 3.8 | | 0 | BFZN | 4 | | 1.1 | 6.5 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 1.3 | | 6 | | 1 | | 0.4 | 2.2 | |
| Thiamin....mg | 0.056 | | 6 | | 1 | | 0.016 | 0.095 | |
| Riboflavin....mg | 0.064 | | 6 | | 1 | | 0.018 | 0.109 | |
| Niacin....mg | 0.545 | | 4 | | 1 | | 0.155 | 0.927 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.016 | | 6 | | 1 | | 0.005 | 0.027 | |
| Folate, total....µg | 11 | | 0 | FLM | 4 | | 3 | 19 | |
| Folic acid....µg | 10 | | 0 | NC | 4 | | 3 | 16 | |
| Folate, food....µg | 2 | | 0 | | 1 | | 0 | 3 | |
| Folate, DFE....mcg_DFE | 18 | | 0 | NC | 4 | | 5 | 30 | |
| Choline, total....mg | 3.2 | | 0 | T | 4 | | 0.9 | 5.4 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.03 | | 1 | | 1 | | 0.01 | 0.05 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 30 | | 0 | NC | 4 | | 8 | 50 | |
| Retinol....µg | 29 | | 0 | FLA | 4 | | 8 | 50 | |
| Carotene, beta....µg | 5 | | 0 | FLA | 4 | | 1 | 9 | |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 106 | | 0 | NC | 4 | | 30 | 180 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 1 | | 0 | FLA | 4 | | 0 | 2 | |
| Vitamin E (alpha-tocopherol)....mg | 0.03 | | 0 | FLA | 4 | | 0.01 | 0.05 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | NR | 4 | | 0.0 | 0.1 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 2 | | 0 | O | 4 | | 1 | 3 | |
| Vitamin K (phylloquinone)....µg | 0.2 | | 0 | FLA | 4 | | 0.1 | 0.3 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03090**
**Babyfood, dinner, macaroni and cheese, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.175 | | 0 | | 4 | | 0.333 | 1.998 | |
| 4:0....g | 0.057 | | 0 | | 4 | | 0.016 | 0.097 | |
| 6:0....g | 0.029 | | 0 | | 4 | | 0.008 | 0.049 | |
| 8:0....g | 0.015 | | 0 | | 4 | | 0.004 | 0.026 | |
| 10:0....g | 0.033 | | 0 | | 4 | | 0.009 | 0.056 | |
| 12:0....g | 0.029 | | 0 | | 4 | | 0.008 | 0.049 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.181 | | 0 | | 4 | | 0.051 | 0.308 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.557 | | 0 | | 4 | | 0.158 | 0.947 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.221 | | 0 | | 4 | | 0.063 | 0.376 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.534 | | 0 | | 4 | | 0.151 | 0.908 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.055 | | 0 | | 4 | | 0.016 | 0.094 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.453 | | 0 | | 4 | | 0.128 | 0.770 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.132 | | 0 | | 4 | | 0.037 | 0.224 | |
| 18:2 undifferentiated....g | 0.105 | | 0 | | 4 | | 0.030 | 0.179 | |
| 18:3 undifferentiated....g | 0.027 | | 0 | | 4 | | 0.008 | 0.046 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 6 | | 0 | | 4 | | 2 | 10 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.032 | | 0 | | 1 | | 0.009 | 0.054 | |
| Threonine....g | 0.078 | | 0 | | 1 | | 0.022 | 0.133 | |
| Isoleucine....g | 0.130 | | 0 | | 1 | | 0.037 | 0.221 | |
| Leucine....g | 0.234 | | 0 | | 1 | | 0.066 | 0.398 | |
| Lysine....g | 0.148 | | 0 | | 1 | | 0.042 | 0.252 | |
| Methionine....g | 0.090 | | 0 | | 1 | | 0.026 | 0.153 | |
| Cystine....g | 0.032 | | 0 | | 1 | | 0.009 | 0.054 | |
| Phenylalanine....g | 0.132 | | 0 | | 1 | | 0.037 | 0.224 | |
| Tyrosine....g | 0.123 | | 0 | | 1 | | 0.035 | 0.209 | |
| Valine....g | 0.147 | | 0 | | 1 | | 0.042 | 0.250 | |
| Arginine....g | 0.102 | | 0 | | 1 | | 0.029 | 0.173 | |
| Histidine....g | 0.062 | | 0 | | 1 | | 0.018 | 0.105 | |
| Alanine....g | 0.085 | | 0 | | 1 | | 0.024 | 0.145 | |
| Aspartic acid....g | 0.167 | | 0 | | 1 | | 0.047 | 0.284 | |
| Glutamic acid....g | 0.665 | | 0 | | 1 | | 0.189 | 1.131 | |
| Glycine....g | 0.058 | | 0 | | 1 | | 0.016 | 0.099 | |
| Proline....g | 0.293 | | 0 | | 1 | | 0.083 | 0.498 | |
| Serine....g | 0.104 | | 0 | | 1 | | 0.029 | 0.177 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03090**
**Babyfood, dinner, macaroni and cheese, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 4.2 **Fat** 8.7 **Carbohydrate** 4

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03089**
**Babyfood, dinner, macaroni and cheese, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 85.25 | | 0 | MA | 12 | | 24.17 | 96.33 | |
| Energy....kcal | 67 | | 0 | MC | 9 | | 19 | 76 | |
| Energy....kJ | 280 | | 0 | | 9 | | 79 | 317 | |
| Protein....g | 3.14 | | 0 | MA | 12 | | 0.89 | 3.55 | |
| Total lipid (fat)....g | 2.11 | | 0 | MA | 12 | | 0.60 | 2.38 | |
| Ash....g | 0.55 | | 0 | MA | 12 | | 0.16 | 0.62 | |
| Carbohydrate, by difference....g | 8.95 | | 0 | MC | 9 | | 2.54 | 10.11 | |
| Fiber, total dietary....g | 0.7 | | 0 | MA | 12 | | 0.2 | 0.8 | |
| Sugars, total....g | 1.27 | | 0 | MA | 12 | | 0.36 | 1.44 | |
| Sucrose....g | 0.07 | | 0 | MA | 12 | | 0.02 | 0.08 | |
| Glucose (dextrose)....g | 0.10 | | 0 | MA | 12 | | 0.03 | 0.11 | |
| Fructose....g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | |
| Lactose....g | 0.50 | | 0 | MA | 12 | | 0.14 | 0.57 | |
| Maltose....g | 0.60 | | 0 | MA | 12 | | 0.17 | 0.68 | |
| Galactose....g | | | | | | | | | |
| Starch....g | 1.42 | | 0 | FLA | 4 | | 0.40 | 1.61 | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 66 | | 0 | MA | 12 | | 19 | 75 | |
| Iron, Fe....mg | 0.21 | | 0 | MA | 12 | | 0.06 | 0.24 | |
| Magnesium, Mg....mg | 8 | | 0 | MA | 12 | | 2 | 9 | |
| Phosphorus, P....mg | 86 | | 0 | MA | 12 | | 24 | 97 | |
| Potassium, K....mg | 67 | | 0 | MA | 12 | | 19 | 76 | |
| Sodium, Na....mg | 119 | | 0 | LC | 8 | | 34 | 134 | |
| Zinc, Zn....mg | 0.40 | | 0 | MA | 12 | | 0.11 | 0.45 | |
| Copper, Cu....mg | 0.020 | | 0 | MA | 12 | | 0.006 | 0.023 | |
| Manganese, Mn....mg | 0.090 | | 0 | MA | 12 | | 0.026 | 0.102 | |
| Selenium, Se....µg | 3.8 | | 0 | FLM | 4 | | 1.1 | 4.3 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.1 | | 0 | MA | 12 | | 0.0 | 0.1 | |
| Thiamin....mg | 0.038 | | 0 | MA | 12 | | 0.011 | 0.043 | |
| Riboflavin....mg | 0.076 | | 0 | MA | 12 | | 0.022 | 0.086 | |
| Niacin....mg | 0.516 | | 0 | MA | 12 | | 0.146 | 0.583 | |
| Pantothenic acid....mg | 0.176 | | 0 | FLM | 4 | | 0.050 | 0.199 | |
| Vitamin B-6....mg | 0.036 | | 0 | MA | 12 | | 0.010 | 0.041 | |
| Folate, total....µg | 11 | | 0 | FLM | 4 | | 3 | 12 | |
| Folic acid....µg | 6 | | 0 | NC | 4 | | 2 | 7 | |
| Folate, food....µg | 5 | | 0 | | 4 | | 1 | 6 | |
| Folate, DFE....mcg_DFE | 15 | | 0 | NC | 4 | | 4 | 17 | |
| Choline, total....mg | 10.5 | | 0 | FLA | 4 | | 3.0 | 11.9 | |
| Betaine....mg | 3.8 | | 0 | FLA | 4 | | 1.1 | 4.2 | |
| Vitamin B-12....µg | 0.27 | | 0 | NR | 4 | | 0.08 | 0.30 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 15 | | 0 | NC | 4 | | 4 | 17 | |
| Retinol....µg | 14 | | 0 | FLA | 4 | | 4 | 16 | |
| Carotene, beta....µg | 5 | | 0 | FLA | 4 | | 1 | 5 | |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 56 | | 0 | NC | 4 | | 16 | 63 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol)....mg | 0.02 | | 0 | FLA | 4 | | 0.01 | 0.03 | |
| Vitamin E, added....mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | O | 4 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03089**
**Babyfood, dinner, macaroni and cheese, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol).....µg | | | | | | | | | |
| Vitamin D.....IU | 2 | | 0 | O | 4 | | 1 | 2 | |
| Vitamin K (phylloquinone).....µg | 0.2 | | 0 | FLA | 4 | | 0.0 | 0.2 | |
| Dihydrophylloquinone.....µg | | | | | | | | | |
| Menaquinone-4.....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated.....g | 1.291 | | 0 | FLM | 4 | | 0.366 | 1.459 | |
| 4:0.....g | 0.063 | | 0 | FLM | 4 | | 0.018 | 0.071 | |
| 6:0.....g | 0.031 | | 0 | FLM | 4 | | 0.009 | 0.035 | |
| 8:0.....g | 0.017 | | 0 | FLM | 4 | | 0.005 | 0.019 | |
| 10:0.....g | 0.036 | | 0 | FLM | 4 | | 0.010 | 0.041 | |
| 12:0.....g | 0.033 | | 0 | FLM | 4 | | 0.009 | 0.037 | |
| 13:0.....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 14:0.....g | 0.200 | | 0 | FLM | 4 | | 0.057 | 0.226 | |
| 15:0.....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 16:0.....g | 0.609 | | 0 | FLM | 4 | | 0.173 | 0.688 | |
| 17:0.....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 18:0.....g | 0.242 | | 0 | FLM | 4 | | 0.069 | 0.273 | |
| 20:0.....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 22:0.....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 24:0.....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| Fatty acids, total monounsaturated.....g | 0.581 | | 0 | FLM | 4 | | 0.165 | 0.657 | |
| 14:1.....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 15:1.....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 16:1 undifferentiated.....g | 0.061 | | 0 | FLM | 4 | | 0.017 | 0.069 | |
| 17:1.....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 18:1 undifferentiated.....g | 0.491 | | 0 | FLM | 4 | | 0.139 | 0.555 | |
| 20:1.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 24:1 c.....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| Fatty acids, total polyunsaturated.....g | 0.103 | | 0 | FLM | 4 | | 0.029 | 0.116 | |
| 18:2 undifferentiated.....g | 0.075 | | 0 | FLM | 4 | | 0.021 | 0.085 | |
| 18:3 undifferentiated.....g | 0.028 | | 0 | FLM | 4 | | 0.008 | 0.032 | |
| 18:4.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c.....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 20:3 undifferentiated.....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 20:4 undifferentiated.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA).....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA).....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA).....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans.....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| Cholesterol.....mg | 7 | | 0 | FLM | 4 | | 2 | 8 | |
| Phytosterols.....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Caffeine.....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine.....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03089**

**Babyfood, dinner, macaroni and cheese, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03045**
**Babyfood, dinner, macaroni and tomato and beef, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 86.70 | 0.100 | 20 | | 1 | | 13.87 | 24.58 | 147.39 |
| Energy....kcal | 59 | | 0 | NC | 4 | | 9 | 17 | 100 |
| Energy....kJ | 247 | | 0 | | 4 | | 39 | 70 | 420 |
| Protein (N x 5.98)....g | 2.50 | 0.200 | 28 | | 1 | | 0.40 | 0.71 | 4.25 |
| Total lipid (fat)....g | 1.10 | 0.000 | 22 | | 1 | | 0.18 | 0.31 | 1.87 |
| Ash....g | 0.30 | 0.000 | 17 | | 1 | | 0.05 | 0.09 | 0.51 |
| Carbohydrate, by difference....g | 9.40 | | 0 | NC | 4 | | 1.50 | 2.66 | 15.98 |
| Fiber, total dietary....g | 1.1 | | 0 | | 4 | | 0.2 | 0.3 | 1.9 |
| Sugars, total....g | 2.43 | | 0 | FLA | 4 | | 0.39 | 0.69 | 4.12 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 14 | 1.000 | 19 | | 1 | | 2 | 4 | 24 |
| Iron, Fe....mg | 0.36 | 0.020 | 19 | | 1 | | 0.06 | 0.10 | 0.61 |
| Magnesium, Mg....mg | 7 | 1.000 | 3 | | 1 | | 1 | 2 | 12 |
| Phosphorus, P....mg | 44 | | 0 | | 1 | | 7 | 12 | 75 |
| Potassium, K....mg | 72 | 2.000 | 13 | | 1 | | 12 | 20 | 122 |
| Sodium, Na....mg | 35 | | 0 | LC | 8 | | 6 | 10 | 60 |
| Zinc, Zn....mg | 0.36 | 0.010 | 7 | | 1 | | 0.06 | 0.10 | 0.62 |
| Copper, Cu....mg | 0.039 | 0.003 | 3 | | 1 | | 0.006 | 0.011 | 0.066 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 8.4 | | 0 | BFZN | 4 | | 1.3 | 2.4 | 14.3 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 1.5 | | 16 | | 1 | | 0.2 | 0.4 | 2.6 |
| Thiamin....mg | 0.048 | 0.000 | 20 | | 1 | | 0.008 | 0.014 | 0.082 |
| Riboflavin....mg | 0.055 | 0.000 | 19 | | 1 | | 0.009 | 0.016 | 0.094 |
| Niacin....mg | 0.751 | 0.019 | 19 | | 1 | | 0.120 | 0.213 | 1.277 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.047 | | 5 | | 1 | | 0.008 | 0.013 | 0.080 |
| Folate, total....µg | 9 | | 0 | BFZN | 4 | | 1 | 3 | 15 |
| Folic acid....µg | 3 | | 0 | NC | 4 | | 0 | 1 | 4 |
| Folate, food....µg | 7 | | 0 | | 4 | | 1 | 2 | 11 |
| Folate, DFE....mcg_DFE | 11 | | 0 | NC | 4 | | 2 | 3 | 18 |
| Choline, total....mg | 10.4 | | 0 | FLM | 4 | | 1.7 | 2.9 | 17.7 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.24 | | 0 | | 1 | | 0.04 | 0.07 | 0.41 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 35 | | 0 | NC | 4 | | 6 | 10 | 59 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 338 | | 0 | BNA | 4 | | 54 | 96 | 574 |
| Carotene, alpha....µg | 154 | | 0 | BNA | 4 | | 25 | 44 | 262 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 691 | 24.000 | 19 | | 1 | | 111 | 196 | 1175 |
| Lycopene....µg | 250 | | 0 | O | 4 | | 40 | 71 | 425 |
| Lutein + zeaxanthin....µg | 12 | | 0 | O | 4 | | 2 | 3 | 20 |
| Vitamin E (alpha-tocopherol)....mg | 0.81 | | 0 | FLA | 4 | | 0.13 | 0.23 | 1.37 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.0 | 0.1 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.1 |
| Vitamin D....IU | 1 | | 0 | FLA | 4 | | 0 | 0 | 2 |
| Vitamin K (phylloquinone)....µg | 6.7 | | 0 | FLA | 4 | | 1.1 | 1.9 | 11.3 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03045**

**Babyfood, dinner, macaroni and tomato and beef, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.411 | | 0 | | 4 | | 0.066 | 0.117 | 0.699 |
| 4:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.029 | | 0 | | 4 | | 0.005 | 0.008 | 0.049 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.241 | | 0 | | 4 | | 0.039 | 0.068 | 0.410 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.119 | | 0 | | 4 | | 0.019 | 0.034 | 0.202 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.447 | | 0 | | 4 | | 0.072 | 0.127 | 0.760 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.038 | | 0 | | 4 | | 0.006 | 0.011 | 0.065 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.392 | | 0 | | 4 | | 0.063 | 0.111 | 0.666 |
| 20:1....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.079 | | 0 | | 4 | | 0.013 | 0.022 | 0.134 |
| 18:2 undifferentiated....g | 0.066 | | 0 | | 4 | | 0.011 | 0.019 | 0.112 |
| 18:3 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.001 | 0.002 | 0.012 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.001 | 0.007 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | | 4 | | 1 | 1 | 7 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.028 | | 0 | | 1 | | 0.004 | 0.008 | 0.048 |
| Threonine....g | 0.090 | | 0 | | 1 | | 0.014 | 0.026 | 0.153 |
| Isoleucine....g | 0.118 | | 0 | | 1 | | 0.019 | 0.033 | 0.201 |
| Leucine....g | 0.198 | | 0 | | 1 | | 0.032 | 0.056 | 0.337 |
| Lysine....g | 0.149 | | 0 | | 1 | | 0.024 | 0.042 | 0.253 |
| Methionine....g | 0.039 | | 0 | | 1 | | 0.006 | 0.011 | 0.066 |
| Cystine....g | 0.034 | | 0 | | 1 | | 0.005 | 0.010 | 0.058 |
| Phenylalanine....g | 0.112 | | 0 | | 1 | | 0.018 | 0.032 | 0.190 |
| Tyrosine....g | 0.082 | | 0 | | 1 | | 0.013 | 0.023 | 0.139 |
| Valine....g | 0.127 | | 0 | | 1 | | 0.020 | 0.036 | 0.216 |
| Arginine....g | 0.133 | | 0 | | 1 | | 0.021 | 0.038 | 0.226 |
| Histidine....g | 0.064 | | 0 | | 1 | | 0.010 | 0.018 | 0.109 |
| Alanine....g | 0.128 | | 0 | | 1 | | 0.020 | 0.036 | 0.218 |
| Aspartic acid....g | 0.198 | | 0 | | 1 | | 0.032 | 0.056 | 0.337 |
| Glutamic acid....g | 0.619 | | 0 | | 1 | | 0.099 | 0.175 | 1.052 |
| Glycine....g | 0.126 | | 0 | | 1 | | 0.020 | 0.036 | 0.214 |
| Proline....g | 0.201 | | 0 | | 1 | | 0.032 | 0.057 | 0.342 |
| Serine....g | 0.104 | | 0 | | 1 | | 0.017 | 0.029 | 0.177 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03045**

**Babyfood, dinner, macaroni and tomato and beef, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Calories Factors: Protein** 4.1 **Fat** 8.9 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03044**
**Babyfood, dinner, macaroni and tomato and beef, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 86.34 | | 0 | MA | 12 | | 13.81 | 24.48 | 97.56 |
| Energy ... kcal | 61 | | 0 | MC | 9 | | 10 | 17 | 69 |
| Energy ... kJ | 255 | | 0 | MC | 9 | | 41 | 72 | 288 |
| Protein ... g | 2.36 | | 0 | MA | 12 | | 0.38 | 0.67 | 2.67 |
| Total lipid (fat) ... g | 1.47 | | 0 | MA | 12 | | 0.24 | 0.42 | 1.66 |
| Ash ... g | 0.37 | | 0 | MA | 12 | | 0.06 | 0.10 | 0.42 |
| Carbohydrate, by difference ... g | 9.45 | | 0 | MC | 9 | | 1.51 | 2.68 | 10.68 |
| Fiber, total dietary ... g | 1.2 | | 0 | MA | 12 | | 0.2 | 0.3 | 1.4 |
| Sugars, total ... g | 2.09 | | 0 | NC | 4 | | 0.33 | 0.59 | 2.36 |
| Sucrose ... g | 0.47 | | 0 | MA | 12 | | 0.08 | 0.13 | 0.53 |
| Glucose (dextrose) ... g | 0.52 | | 0 | MA | 12 | | 0.08 | 0.15 | 0.59 |
| Fructose ... g | 0.57 | | 0 | MA | 12 | | 0.09 | 0.16 | 0.65 |
| Lactose ... g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose ... g | 0.52 | | 0 | MA | 12 | | 0.08 | 0.15 | 0.59 |
| Galactose ... g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Starch ... g | 0.03 | | 0 | FLA | 4 | | 0.00 | 0.01 | 0.03 |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 17 | | 0 | MA | 12 | | 3 | 5 | 19 |
| Iron, Fe ... mg | 0.46 | | 0 | MA | 12 | | 0.07 | 0.13 | 0.52 |
| Magnesium, Mg ... mg | 12 | | 0 | MA | 12 | | 2 | 3 | 14 |
| Phosphorus, P ... mg | 39 | | 0 | MA | 12 | | 6 | 11 | 44 |
| Potassium, K ... mg | 112 | | 0 | MA | 12 | | 18 | 32 | 127 |
| Sodium, Na ... mg | 38 | | 0 | MA | 12 | | 6 | 11 | 43 |
| Zinc, Zn ... mg | 0.54 | | 0 | MA | 12 | | 0.09 | 0.15 | 0.61 |
| Copper, Cu ... mg | 0.050 | | 0 | MA | 12 | | 0.008 | 0.014 | 0.057 |
| Manganese, Mn ... mg | 0.130 | | 0 | MA | 12 | | 0.021 | 0.037 | 0.147 |
| Selenium, Se ... µg | 8.4 | | 0 | BFZN | 4 | | 1.3 | 2.4 | 9.5 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 0.3 | | 0 | MA | 12 | | 0.0 | 0.1 | 0.3 |
| Thiamin ... mg | 0.038 | | 0 | MA | 12 | | 0.006 | 0.011 | 0.043 |
| Riboflavin ... mg | 0.043 | | 0 | MA | 12 | | 0.007 | 0.012 | 0.049 |
| Niacin ... mg | 0.715 | | 0 | MA | 12 | | 0.114 | 0.203 | 0.808 |
| Pantothenic acid ... mg | 0.140 | | 0 | FLM | 4 | | 0.022 | 0.040 | 0.158 |
| Vitamin B-6 ... mg | 0.056 | | 0 | MA | 12 | | 0.009 | 0.016 | 0.063 |
| Folate, total ... µg | 9 | | 0 | FLM | 4 | | 1 | 3 | 10 |
| Folic acid ... µg | 4 | | 0 | NC | 4 | | 1 | 1 | 5 |
| Folate, food ... µg | 5 | | 0 | NC | 4 | | 1 | 1 | 6 |
| Folate, DFE ... mcg_DFE | 12 | | 0 | NC | 4 | | 2 | 3 | 13 |
| Choline, total ... mg | 10.4 | | 0 | FLA | 4 | | 1.7 | 2.9 | 11.7 |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.15 | | 0 | FLM | 4 | | 0.02 | 0.04 | 0.17 |
| Vitamin B-12, added ... µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE (2) ... mcg_RAE | 44 | | 0 | NC | 4 | | 7 | 12 | 50 |
| Retinol ... µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta ... µg | 420 | | 0 | BNA | 4 | | 67 | 119 | 475 |
| Carotene, alpha ... µg | 213 | | 0 | BNA | 4 | | 34 | 60 | 241 |
| Cryptoxanthin, beta ... µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU (1) ... IU | 878 | | 0 | MA | 12 | | 140 | 249 | 992 |
| Lycopene ... µg | 42 | | 0 | O | 4 | | 7 | 12 | 47 |
| Lutein + zeaxanthin ... µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) ... mg | 2.62 | | 0 | FLA | 4 | | 0.42 | 0.74 | 2.96 |
| Vitamin E, added ... mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta ... mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma ... mg | 0.08 | | 0 | FLA | 4 | | 0.01 | 0.02 | 0.09 |
| Tocopherol, delta ... mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3) ... µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |

**NDB No. 03044**
**Babyfood, dinner, macaroni and tomato and beef, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 2 | | 0 | FLA | 4 | | 0 | 0 | 2 |
| Vitamin K (phylloquinone)....µg | 29.3 | | 0 | FLA | 4 | | 4.7 | 8.3 | 33.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.486 | | 0 | FLM | 4 | | 0.078 | 0.138 | 0.549 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.001 |
| 12:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.031 | | 0 | FLM | 4 | | 0.005 | 0.009 | 0.035 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.292 | | 0 | FLM | 4 | | 0.047 | 0.083 | 0.330 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.140 | | 0 | FLM | 4 | | 0.022 | 0.040 | 0.158 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.594 | | 0 | FLM | 4 | | 0.095 | 0.168 | 0.671 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.041 | | 0 | FLM | 4 | | 0.007 | 0.012 | 0.046 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.533 | | 0 | FLM | 4 | | 0.085 | 0.151 | 0.602 |
| 20:1....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.001 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.193 | | 0 | FLM | 4 | | 0.031 | 0.055 | 0.218 |
| 18:2 undifferentiated....g | 0.170 | | 0 | FLM | 4 | | 0.027 | 0.048 | 0.192 |
| 18:3 undifferentiated....g | 0.017 | | 0 | FLM | 4 | | 0.003 | 0.005 | 0.019 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.004 | | 0 | FLM | 4 | | 0.001 | 0.001 | 0.005 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 7 | | 0 | MA | 12 | | 1 | 2 | 8 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Footnotes:**

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

**NDB No. 03044**
**Babyfood, dinner, macaroni and tomato and beef, strained**

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43432**
**Babyfood, dinner, macaroni, beef and tomato sauce, toddler**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 81.81 | | 0 | FLA | 4 | | 13.09 | | |
| Energy | kcal | 81 | | 0 | NC | 4 | | 13 | | |
| Energy | kJ | 337 | | 0 | NC | 4 | | 54 | | |
| Protein | g | 4.34 | | 0 | FLA | 4 | | 0.69 | | |
| Total lipid (fat) | g | 1.90 | | 0 | | 1 | | 0.30 | | |
| Ash | g | 0.43 | | 0 | NR | 4 | | 0.07 | | |
| Carbohydrate, by difference | g | 11.53 | | 0 | NC | 4 | | 1.84 | | |
| Fiber, total dietary | g | 1.1 | | 0 | | 4 | | 0.2 | | |
| Sugars, total | g | 0.37 | | 0 | FLA | 4 | | 0.06 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 12 | | 0 | | 1 | | 2 | | |
| Iron, Fe | mg | 0.80 | | 0 | | 1 | | 0.13 | | |
| Magnesium, Mg | mg | 15 | | 0 | | 4 | | 2 | | |
| Phosphorus, P | mg | 49 | | 0 | | 1 | | 8 | | |
| Potassium, K | mg | 148 | | 0 | | 1 | | 24 | | |
| Sodium, Na | mg | 35 | | 0 | LC | 8 | | 6 | | |
| Zinc, Zn | mg | 0.48 | | 0 | | 4 | | 0.08 | | |
| Copper, Cu | mg | 0.020 | | 0 | | 4 | | 0.003 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 1.8 | | 0 | BFZN | 4 | | 0.3 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.9 | | 0 | | 1 | | 0.3 | | |
| Thiamin | mg | 0.060 | | 0 | | 1 | | 0.010 | | |
| Riboflavin | mg | 0.060 | | 0 | | 1 | | 0.010 | | |
| Niacin | mg | 1.340 | | 0 | | 1 | | 0.214 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.090 | | 0 | | 1 | | 0.014 | | |
| Folate, total | µg | 10 | | 0 | FLA | 4 | | 2 | | |
| Folic acid | µg | 6 | | 0 | FLA | 4 | | 1 | | |
| Folate, food | µg | 4 | | 0 | FLA | 4 | | 1 | | |
| Folate, DFE | mcg_DFE | 14 | | 0 | NC | 4 | | 2 | | |
| Choline, total | mg | 14.1 | | 0 | FLA | 4 | | 2.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.23 | | 0 | | 4 | | 0.04 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 3 | | 0 | NC | 4 | | 0 | | |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Carotene, beta | µg | 36 | | 0 | FLA | 4 | | 6 | | |
| Carotene, alpha | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin A, IU | IU | 60 | | 0 | NC | 4 | | 10 | | |
| Lycopene | µg | 333 | | 0 | FLA | 4 | | 53 | | |
| Lutein + zeaxanthin | µg | 11 | | 0 | FLA | 4 | | 2 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.09 | | 0 | FLA | 4 | | 0.01 | | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Vitamin D | IU | 1 | | 0 | FLA | 4 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 0.4 | | 0 | FLA | 4 | | 0.1 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 43432**

**Babyfood, dinner, macaroni, beef and tomato sauce, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 0.705 | | 0 | | 4 | | 0.113 | | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 10:0....g | 0.002 | | 0 | | 4 | | 0.000 | | |
| 12:0....g | 0.002 | | 0 | | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.048 | | 0 | | 4 | | 0.008 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.417 | | 0 | | 4 | | 0.067 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.204 | | 0 | | 4 | | 0.033 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.782 | | 0 | | 4 | | 0.125 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.064 | | 0 | | 4 | | 0.010 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.689 | | 0 | | 4 | | 0.110 | | |
| 20:1....g | 0.002 | | 0 | | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.140 | | 0 | | 4 | | 0.022 | | |
| 18:2 undifferentiated....g | 0.115 | | 0 | | 4 | | 0.018 | | |
| 18:3 undifferentiated....g | 0.015 | | 0 | | 4 | | 0.002 | | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.001 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 7 | | 0 | | 4 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03279**
**Babyfood, dinner, mixed vegetable, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 90.60 | 0.100 | 13 | | 1 | | 25.69 | 154.02 | |
| Energy....kcal | 33 | | 0 | NC | 4 | | 9 | 57 | |
| Energy....kJ | 140 | | 0 | NC | 4 | | 40 | 238 | |
| Protein (N x 6.07)....g | 1.00 | 0.000 | 13 | | 1 | | 0.28 | 1.70 | |
| Total lipid (fat)....g | 0.00 | 0.000 | 13 | | 1 | | 0.00 | 0.00 | |
| Ash....g | 0.40 | 0.000 | 13 | | 1 | | 0.11 | 0.68 | |
| Carbohydrate, by difference....g | 8.00 | | 0 | NC | 4 | | 2.27 | 13.60 | |
| Fiber, total dietary....g | | | | | | | | | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 17 | 1.000 | 13 | | 1 | | 5 | 29 | |
| Iron, Fe....mg | 0.31 | 0.030 | 13 | | 1 | | 0.09 | 0.53 | |
| Magnesium, Mg....mg | 10 | | 0 | | 4 | | 3 | 17 | |
| Phosphorus, P....mg | 22 | | 0 | | 4 | | 6 | 37 | |
| Potassium, K....mg | 112 | 3.000 | 13 | | 1 | | 32 | 190 | |
| Sodium, Na....mg | 38 | | 0 | LC | 8 | | 11 | 65 | |
| Zinc, Zn....mg | 0.24 | | 0 | | 4 | | 0.07 | 0.41 | |
| Copper, Cu....mg | 0.036 | | 0 | | 4 | | 0.010 | 0.061 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.7 | | 1 | A | 1 | | 0.2 | 1.2 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 3.3 | 0.600 | 13 | | 1 | | 0.9 | 5.6 | |
| Thiamin....mg | 0.014 | 0.000 | 13 | | 1 | | 0.004 | 0.024 | |
| Riboflavin....mg | 0.024 | 0.000 | 13 | | 1 | | 0.007 | 0.041 | |
| Niacin....mg | 0.414 | 0.016 | 13 | | 1 | | 0.117 | 0.704 | |
| Pantothenic acid....mg | 0.230 | | 0 | | 4 | | 0.065 | 0.391 | |
| Vitamin B-6....mg | 0.075 | | 0 | | 4 | | 0.021 | 0.128 | |
| Folate, total....µg | 7 | | 0 | | 1 | | 2 | 11 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 7 | | 0 | | 1 | | 2 | 11 | |
| Folate, DFE....mcg_DFE | 7 | | 0 | NC | 4 | | 2 | 11 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 122 | | 0 | NC | 4 | | 35 | 208 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 2444 | 243.000 | 13 | | 1 | | 693 | 4155 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03279**

**Babyfood, dinner, mixed vegetable, junior**

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 3 **Fat** 8.4 **Carbohydrate** 3.8

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03278**
**Babyfood, dinner, mixed vegetable, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.70 | 0.200 | 16 | | 1 | | 25.15 | 100.23 | |
| Energy....kcal | 41 | | 0 | NC | 4 | | 12 | 46 | |
| Energy....kJ | 172 | | 0 | | 4 | | 49 | 194 | |
| Protein (N x 6.07)....g | 1.20 | 0.000 | 13 | | 1 | | 0.34 | 1.36 | |
| Total lipid (fat)....g | 0.10 | 0.000 | 13 | | 1 | | 0.03 | 0.11 | |
| Ash....g | 0.50 | 0.000 | 13 | | 1 | | 0.14 | 0.57 | |
| Carbohydrate, by difference....g | 9.50 | | 0 | NC | 4 | | 2.69 | 10.74 | |
| Fiber, total dietary....g | | | | | | | | | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 22 | 2.000 | 13 | | 1 | | 6 | 25 | |
| Iron, Fe....mg | 0.33 | 0.030 | 13 | | 1 | | 0.09 | 0.37 | |
| Magnesium, Mg....mg | 11 | | 0 | | 4 | | 3 | 12 | |
| Phosphorus, P....mg | 24 | | 0 | | 4 | | 7 | 27 | |
| Potassium, K....mg | 121 | 4.000 | 13 | | 1 | | 34 | 137 | |
| Sodium, Na....mg | 38 | | 0 | LC | 8 | | 11 | 43 | |
| Zinc, Zn....mg | 0.16 | | 0 | | 4 | | 0.05 | 0.18 | |
| Copper, Cu....mg | 0.044 | | 0 | | 4 | | 0.012 | 0.050 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.7 | | 1 | A | 1 | | 0.2 | 0.8 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 2.8 | 0.200 | 13 | | 1 | | 0.8 | 3.2 | |
| Thiamin....mg | 0.015 | 0.000 | 13 | | 1 | | 0.004 | 0.017 | |
| Riboflavin....mg | 0.031 | 0.000 | 13 | | 1 | | 0.009 | 0.035 | |
| Niacin....mg | 0.502 | 0.035 | 13 | | 1 | | 0.142 | 0.567 | |
| Pantothenic acid....mg | 0.277 | | 0 | | 4 | | 0.079 | 0.313 | |
| Vitamin B-6....mg | 0.075 | | 0 | | 4 | | 0.021 | 0.085 | |
| Folate, total....µg | 8 | 1.400 | 3 | | 1 | | 2 | 9 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 8 | 1.400 | 3 | | 1 | | 2 | 9 | |
| Folate, DFE....mcg_DFE | 8 | | 0 | NC | 4 | | 2 | 9 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 136 | | 0 | NC | 4 | | 39 | 154 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 2728 | 274.000 | 13 | | 1 | | 773 | 3083 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03278**

**Babyfood, dinner, mixed vegetable, strained**

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 3 **Fat** 8.4 **Carbohydrate** 3.8

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03077**
**Babyfood, dinner, pasta with vegetables**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 87.30 | | 0 | FLM | 4 | | 98.65 | | |
| Energy | kcal | 60 | | 1 | MC | 9 | | 68 | | |
| Energy | kJ | 251 | | 0 | | 9 | | 284 | | |
| Protein | g | 1.70 | | 1 | MA | 12 | | 1.92 | | |
| Total lipid (fat) | g | 2.10 | | 1 | MA | 12 | | 2.37 | | |
| Ash | g | 0.41 | | 1 | MA | 12 | | 0.46 | | |
| Carbohydrate, by difference | g | 8.40 | | 1 | MC | 9 | | 9.49 | | |
| Fiber, total dietary | g | 1.5 | | 1 | MA | 12 | | 1.7 | | |
| Sugars, total | g | 1.20 | | 1 | MA | 12 | | 1.36 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 14 | | 1 | MA | 12 | | 16 | | |
| Iron, Fe | mg | 0.50 | | 1 | MA | 12 | | 0.57 | | |
| Magnesium, Mg | mg | 24 | | 1 | MA | 12 | | 27 | | |
| Phosphorus, P | mg | 50 | | 1 | MA | 12 | | 57 | | |
| Potassium, K | mg | 133 | | 1 | MA | 12 | | 150 | | |
| Sodium, Na | mg | 11 | | 1 | MA | 12 | | 12 | | |
| Zinc, Zn | mg | 0.40 | | 1 | MA | 12 | | 0.45 | | |
| Copper, Cu | mg | 0.110 | | 1 | MA | 12 | | 0.124 | | |
| Manganese, Mn | mg | 0.390 | | 1 | MA | 12 | | 0.441 | | |
| Selenium, Se | µg | 6.4 | | 0 | FLM | 4 | | 7.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 2.9 | | 0 | FLM | 4 | | 3.3 | | |
| Thiamin | mg | 0.060 | | 1 | MA | 12 | | 0.068 | | |
| Riboflavin | mg | 0.050 | | 1 | MA | 12 | | 0.057 | | |
| Niacin | mg | 0.560 | | 1 | MA | 12 | | 0.633 | | |
| Pantothenic acid | mg | 0.178 | | 0 | FLM | 4 | | 0.201 | | |
| Vitamin B-6 | mg | 0.110 | | 1 | MA | 12 | | 0.124 | | |
| Folate, total | µg | 9 | | 0 | FLM | 4 | | 10 | | |
| Folic acid | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Folate, food | µg | 9 | | 0 | FLM | 4 | | 10 | | |
| Folate, DFE | mcg_DFE | 9 | | 0 | NC | 4 | | 10 | | |
| Choline, total | mg | 6.4 | | 0 | FLA | 4 | | 7.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | FLM | 4 | | 0.00 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 41 | | 0 | NC | 4 | | 46 | | |
| Retinol | µg | 16 | | 0 | FLA | 4 | | 18 | | |
| Carotene, beta | µg | 282 | | 0 | FLA | 4 | | 318 | | |
| Carotene, alpha | µg | 39 | | 0 | FLA | 4 | | 44 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin A, IU | IU | 555 | | 0 | NC | 4 | | 627 | | |
| Lycopene | µg | 290 | | 0 | FLA | 4 | | 328 | | |
| Lutein + zeaxanthin | µg | 341 | | 0 | FLA | 4 | | 385 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.23 | | 0 | FLA | 4 | | 0.26 | | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 2.1 | | 0 | FLA | 4 | | 2.4 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03077**
**Babyfood, dinner, pasta with vegetables**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 1.230 | | 0 | FLM | 4 | | 1.390 | | |
| 4:0....g | 0.062 | | 0 | FLM | 4 | | 0.070 | | |
| 6:0....g | 0.037 | | 0 | FLM | 4 | | 0.042 | | |
| 8:0....g | 0.021 | | 0 | FLM | 4 | | 0.024 | | |
| 10:0....g | 0.048 | | 0 | FLM | 4 | | 0.054 | | |
| 12:0....g | 0.054 | | 0 | FLM | 4 | | 0.061 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.194 | | 0 | FLM | 4 | | 0.219 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.534 | | 0 | FLM | 4 | | 0.603 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.235 | | 0 | FLM | 4 | | 0.266 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.580 | | 0 | FLM | 4 | | 0.655 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.044 | | 0 | FLM | 4 | | 0.050 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.507 | | 0 | FLM | 4 | | 0.573 | | |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.144 | | 0 | FLM | 4 | | 0.163 | | |
| 18:2 undifferentiated....g | 0.110 | | 0 | FLM | 4 | | 0.124 | | |
| 18:3 undifferentiated....g | 0.034 | | 0 | FLM | 4 | | 0.038 | | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 5 | | 0 | FLM | 4 | | 6 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLM | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 113g: 1 jar, Gerber (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03304**
**Babyfood, dinner, potatoes with cheese and ham, toddler**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.50 | | 1 | MA | 12 | | 23.11 | | |
| Energy....kcal | 78 | | 0 | MC | 9 | | 22 | | |
| Energy....kJ | 326 | | 0 | MC | 9 | | 92 | | |
| Protein....g | 3.50 | | 1 | MA | 12 | | 0.99 | | |
| Total lipid (fat)....g | 2.00 | | 1 | MA | 12 | | 0.57 | | |
| Ash....g | 1.03 | | 1 | MA | 12 | | 0.29 | | |
| Carbohydrate, by difference....g | 11.97 | | 0 | NC | 4 | | 3.39 | | |
| Fiber, total dietary....g | 1.2 | | 1 | MA | 12 | | 0.3 | | |
| Sugars, total....g | 0.80 | | 1 | MA | 12 | | 0.23 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 53 | | 1 | MA | 12 | | 15 | | |
| Iron, Fe....mg | 0.40 | | 1 | MA | 12 | | 0.11 | | |
| Magnesium, Mg....mg | 14 | | 1 | MA | 12 | | 4 | | |
| Phosphorus, P....mg | 108 | | 1 | MA | 12 | | 31 | | |
| Potassium, K....mg | 143 | | 1 | MA | 12 | | 41 | | |
| Sodium, Na....mg | 205 | | 1 | MA | 12 | | 58 | | |
| Zinc, Zn....mg | 0.60 | | 1 | MA | 12 | | 0.17 | | |
| Copper, Cu....mg | 0.060 | | 1 | MA | 12 | | 0.017 | | |
| Manganese, Mn....mg | 0.018 | | 0 | FLM | 4 | | 0.005 | | |
| Selenium, Se....µg | 5.5 | | 0 | FLM | 4 | | 1.6 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.1 | | 1 | MA | 12 | | 0.0 | | |
| Thiamin....mg | 0.050 | | 1 | MA | 12 | | 0.014 | | |
| Riboflavin....mg | 0.100 | | 1 | MA | 12 | | 0.028 | | |
| Niacin....mg | 1.060 | | 1 | MA | 12 | | 0.301 | | |
| Pantothenic acid....mg | 0.345 | | 0 | FLM | 4 | | 0.098 | | |
| Vitamin B-6....mg | 0.160 | | 1 | MA | 12 | | 0.045 | | |
| Folate, total....µg | 6 | | 0 | FLM | 4 | | 2 | | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food....µg | 6 | | 0 | FLM | 4 | | 2 | | |
| Folate, DFE....mcg_DFE | 6 | | 0 | NC | 4 | | 2 | | |
| Choline, total....mg | 15.4 | | 0 | FLA | 4 | | 4.4 | | |
| Betaine....mg | 0.5 | | 0 | FLA | 4 | | 0.1 | | |
| Vitamin B-12....µg | 0.07 | | 0 | FLA | 4 | | 0.02 | | |
| Vitamin B-12, added....µg | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Vitamin A, RAE....mcg_RAE | 8 | | 0 | NC | 4 | | 2 | | |
| Retinol....µg | 8 | | 0 | BNA | 4 | | 2 | | |
| Carotene, beta....µg | 3 | | 0 | BNA | 4 | | 1 | | |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Vitamin A, IU....IU | 31 | | 0 | FLM | 4 | | 9 | | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 5 | | 0 | FLA | 4 | | 1 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.02 | | 0 | FLA | 4 | | 0.01 | | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | AS | 1 | | 0.0 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Vitamin D....IU | 1 | | 0 | FLA | 4 | | 0 | | |
| Vitamin K (phylloquinone)....µg | 1.3 | | 0 | FLA | 4 | | 0.4 | | |
| Dihydrophylloquinone....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03304**

**Babyfood, dinner, potatoes with cheese and ham, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.100 | | 1 | MA | 12 | | 0.312 | | |
| 4:0....g | 0.031 | | 0 | FLM | 4 | | 0.009 | | |
| 6:0....g | 0.015 | | 0 | FLM | 4 | | 0.004 | | |
| 8:0....g | 0.008 | | 0 | FLM | 4 | | 0.002 | | |
| 10:0....g | 0.020 | | 0 | FLM | 4 | | 0.006 | | |
| 12:0....g | 0.020 | | 0 | FLM | 4 | | 0.006 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.112 | | 0 | FLM | 4 | | 0.032 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.493 | | 0 | FLM | 4 | | 0.140 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.219 | | 0 | FLM | 4 | | 0.062 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.733 | | 0 | FLM | 4 | | 0.208 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.070 | | 0 | FLM | 4 | | 0.020 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.650 | | 0 | FLM | 4 | | 0.184 | | |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.163 | | 0 | FLM | 4 | | 0.046 | | |
| 18:2 undifferentiated....g | 0.131 | | 0 | FLM | 4 | | 0.037 | | |
| 18:3 undifferentiated....g | 0.032 | | 0 | FLM | 4 | | 0.009 | | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 6 | | 1 | MA | 12 | | 2 | | |
| Phytosterols....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.036 | | 0 | FLA | 4 | | 0.010 | | |
| Threonine....g | 0.118 | | 0 | FLA | 4 | | 0.033 | | |
| Isoleucine....g | 0.143 | | 0 | FLA | 4 | | 0.041 | | |
| Leucine....g | 0.231 | | 0 | FLA | 4 | | 0.065 | | |
| Lysine....g | 0.235 | | 0 | FLA | 4 | | 0.067 | | |
| Methionine....g | 0.069 | | 0 | FLA | 4 | | 0.020 | | |
| Cystine....g | 0.034 | | 0 | FLA | 4 | | 0.010 | | |
| Phenylalanine....g | 0.158 | | 0 | FLA | 4 | | 0.045 | | |
| Tyrosine....g | 0.111 | | 0 | FLA | 4 | | 0.032 | | |
| Valine....g | 0.177 | | 0 | FLA | 4 | | 0.050 | | |
| Arginine....g | 0.167 | | 0 | FLA | 4 | | 0.047 | | |
| Histidine....g | 0.094 | | 0 | FLA | 4 | | 0.027 | | |
| Alanine....g | 0.129 | | 0 | FLA | 4 | | 0.037 | | |
| Aspartic acid....g | 0.414 | | 0 | FLA | 4 | | 0.117 | | |
| Glutamic acid....g | 0.583 | | 0 | FLA | 4 | | 0.165 | | |
| Glycine....g | 0.109 | | 0 | FLA | 4 | | 0.031 | | |
| Proline....g | 0.186 | | 0 | FLA | 4 | | 0.053 | | |
| Serine....g | 0.142 | | 0 | FLA | 4 | | 0.040 | | |
| Hydroxyproline....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03304**

**Babyfood, dinner, potatoes with cheese and ham, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03050**
**Babyfood, dinner, spaghetti and tomato and meat, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 84.17 | | 0 | MA | 12 | | 13.47 | 23.86 | 143.09 |
| Energy | kcal | 68 | | 0 | MC | 9 | | 11 | 19 | 116 |
| Energy | kJ | 285 | | 0 | | 9 | | 46 | 81 | 484 |
| Protein | g | 2.57 | | 0 | MA | 12 | | 0.41 | 0.73 | 4.37 |
| Total lipid (fat) | g | 1.37 | | 0 | MA | 12 | | 0.22 | 0.39 | 2.33 |
| Ash | g | 0.47 | | 0 | MA | 12 | | 0.08 | 0.13 | 0.80 |
| Carbohydrate, by difference | g | 11.42 | | 0 | MC | 9 | | 1.83 | 3.24 | 19.41 |
| Fiber, total dietary | g | 1.1 | | 0 | MA | 12 | | 0.2 | 0.3 | 1.9 |
| Sugars, total | g | 2.72 | | 0 | MA | 12 | | 0.44 | 0.77 | 4.62 |
| Sucrose | g | 1.37 | | 0 | MA | 12 | | 0.22 | 0.39 | 2.34 |
| Glucose (dextrose) | g | 0.50 | | 0 | MA | 12 | | 0.08 | 0.14 | 0.84 |
| Fructose | g | 0.54 | | 0 | MA | 12 | | 0.09 | 0.15 | 0.92 |
| Lactose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.31 | | 0 | MA | 12 | | 0.05 | 0.09 | 0.53 |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 15 | | 0 | MA | 12 | | 2 | 4 | 26 |
| Iron, Fe | mg | 0.53 | | 0 | MA | 12 | | 0.08 | 0.15 | 0.90 |
| Magnesium, Mg | mg | 11 | | 0 | MA | 12 | | 2 | 3 | 19 |
| Phosphorus, P | mg | 35 | | 0 | MA | 12 | | 6 | 10 | 60 |
| Potassium, K | mg | 122 | | 0 | MA | 12 | | 20 | 35 | 207 |
| Sodium, Na | mg | 30 | | 0 | LC | 8 | | 5 | 9 | 52 |
| Zinc, Zn | mg | 0.53 | | 0 | MA | 12 | | 0.08 | 0.15 | 0.90 |
| Copper, Cu | mg | 0.030 | | 0 | MA | 12 | | 0.005 | 0.009 | 0.051 |
| Manganese, Mn | mg | 0.120 | | 0 | MA | 12 | | 0.019 | 0.034 | 0.204 |
| Selenium, Se | µg | 8.4 | | 0 | FLM | 4 | | 1.3 | 2.4 | 14.3 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.2 | | 0 | MA | 12 | | 0.0 | 0.1 | 0.3 |
| Thiamin | mg | 0.048 | | 0 | MA | 12 | | 0.008 | 0.014 | 0.082 |
| Riboflavin | mg | 0.068 | | 0 | MA | 12 | | 0.011 | 0.019 | 0.116 |
| Niacin | mg | 0.967 | | 0 | MA | 12 | | 0.155 | 0.274 | 1.644 |
| Pantothenic acid | mg | 0.086 | | 0 | FLM | 4 | | 0.014 | 0.024 | 0.146 |
| Vitamin B-6 | mg | 0.064 | | 0 | MA | 12 | | 0.010 | 0.018 | 0.109 |
| Folate, total | µg | 27 | | 0 | FLM | 4 | | 4 | 8 | 46 |
| Folic acid | µg | 24 | | 0 | NC | 4 | | 4 | 7 | 41 |
| Folate, food | µg | 3 | | 0 | | 4 | | 0 | 1 | 5 |
| Folate, DFE | mcg_DFE | 44 | | 0 | NC | 4 | | 7 | 12 | 74 |
| Choline, total | mg | 7.7 | | 0 | NR | 4 | | 1.2 | 2.2 | 13.2 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.03 | | 0 | FLM | 4 | | 0.00 | 0.01 | 0.05 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE (2) | mcg_RAE | 63 | | 0 | NC | 4 | | 10 | 18 | 107 |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta | µg | 601 | | 0 | BNA | 4 | | 96 | 170 | 1021 |
| Carotene, alpha | µg | 304 | | 0 | BNA | 4 | | 49 | 86 | 518 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU (1) | IU | 1255 | | 0 | NC | 4 | | 201 | 356 | 2134 |
| Lycopene | µg | 1030 | | 0 | NR | 4 | | 165 | 292 | 1751 |
| Lutein + zeaxanthin | µg | 0 | | 0 | O | 4 | | 0 | 0 | 1 |
| Vitamin E (alpha-tocopherol) | mg | 0.07 | | 0 | NR | 4 | | 0.01 | 0.02 | 0.12 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03050**
**Babyfood, dinner, spaghetti and tomato and meat, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 1 | | 0 | FLA | 4 | | 0 | 0 | 1 |
| Vitamin K (phylloquinone)....µg | 0.8 | | 0 | O | 4 | | 0.1 | 0.2 | 1.4 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.543 | | 0 | FLM | 4 | | 0.087 | 0.154 | 0.923 |
| 4:0....g | 0.013 | | 0 | FLM | 4 | | 0.002 | 0.004 | 0.022 |
| 6:0....g | 0.005 | | 0 | FLM | 4 | | 0.001 | 0.001 | 0.009 |
| 8:0....g | 0.003 | | 0 | FLM | 4 | | 0.000 | 0.001 | 0.005 |
| 10:0....g | 0.007 | | 0 | FLM | 4 | | 0.001 | 0.002 | 0.012 |
| 12:0....g | 0.010 | | 0 | FLM | 4 | | 0.002 | 0.003 | 0.017 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.044 | | 0 | FLM | 4 | | 0.007 | 0.012 | 0.075 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.306 | | 0 | FLM | 4 | | 0.049 | 0.087 | 0.520 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.142 | | 0 | FLM | 4 | | 0.023 | 0.040 | 0.241 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.497 | | 0 | FLM | 4 | | 0.080 | 0.141 | 0.845 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.030 | | 0 | FLM | 4 | | 0.005 | 0.009 | 0.051 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.451 | | 0 | FLM | 4 | | 0.072 | 0.128 | 0.767 |
| 20:1....g | 0.007 | | 0 | FLM | 4 | | 0.001 | 0.002 | 0.012 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.185 | | 0 | FLM | 4 | | 0.030 | 0.052 | 0.315 |
| 18:2 undifferentiated....g | 0.165 | | 0 | FLM | 4 | | 0.026 | 0.047 | 0.281 |
| 18:3 undifferentiated....g | 0.019 | | 0 | FLM | 4 | | 0.003 | 0.005 | 0.032 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.002 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 5 | | 0 | FLM | 4 | | 1 | 1 | 9 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Footnotes:**

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

**NDB No. 03050**
**Babyfood, dinner, spaghetti and tomato and meat, junior**

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03051**
**Babyfood, dinner, spaghetti and tomato and meat, toddler**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 81.60 | | 1 | | 1 | | 23.13 | 138.72 | |
| Energy | kcal | 75 | | 0 | NC | 4 | | 21 | 128 | |
| Energy | kJ | 314 | | 0 | | 4 | | 89 | 533 | |
| Protein (N x 5.98) | g | 5.30 | | 6 | | 1 | | 1.50 | 9.01 | |
| Total lipid (fat) | g | 1.00 | | 6 | | 1 | | 0.28 | 1.70 | |
| Ash | g | 1.30 | | 1 | | 1 | | 0.37 | 2.21 | |
| Carbohydrate, by difference | g | 10.80 | | 0 | NC | 4 | | 3.06 | 18.36 | |
| Fiber, total dietary | g | | | | | | | | | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 22 | | 6 | | 1 | | 6 | 37 | |
| Iron, Fe | mg | 0.90 | | 6 | | 1 | | 0.26 | 1.53 | |
| Magnesium, Mg | mg | 15 | | 1 | | 1 | | 4 | 26 | |
| Phosphorus, P | mg | 45 | | 1 | | 1 | | 13 | 77 | |
| Potassium, K | mg | 163 | | 1 | | 1 | | 46 | 277 | |
| Sodium, Na | mg | 239 | | 0 | NR | 4 | | 68 | 406 | |
| Zinc, Zn | mg | 0.48 | | 1 | | 1 | | 0.14 | 0.82 | |
| Copper, Cu | mg | 0.020 | | 1 | | 1 | | 0.006 | 0.034 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 8.4 | | 0 | BFZN | 4 | | 2.4 | 14.3 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 4.1 | | 6 | | 1 | | 1.2 | 7.0 | |
| Thiamin | mg | 0.062 | | 6 | | 1 | | 0.018 | 0.105 | |
| Riboflavin | mg | 0.101 | | 6 | | 1 | | 0.029 | 0.172 | |
| Niacin | mg | 1.558 | | 6 | | 1 | | 0.442 | 2.649 | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.083 | | 6 | | 1 | | 0.024 | 0.141 | |
| Folate, total | µg | 32 | | 0 | FLM | 4 | | 9 | 54 | |
| Folic acid | µg | 26 | | 0 | NC | 4 | | 7 | 44 | |
| Folate, food | µg | 6 | | 0 | | 4 | | 2 | 10 | |
| Folate, DFE | mcg_DFE | 50 | | 0 | NC | 4 | | 14 | 85 | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.23 | | 0 | | 4 | | 0.07 | 0.39 | |
| Vitamin A, RAE | mcg_RAE | 22 | | 0 | NC | 4 | | 6 | 38 | |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | 443 | 116.000 | 6 | | 1 | | 126 | 753 | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | | |
| Tryptophan | g | 0.065 | | 0 | | 1 | | 0.018 | 0.111 | |
| Threonine | g | 0.197 | | 0 | | 1 | | 0.056 | 0.335 | |

**NDB No. 03051**
**Babyfood, dinner, spaghetti and tomato and meat, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Isoleucine....g | 0.268 | | 0 | | 1 | | 0.076 | 0.456 | |
| Leucine....g | 0.413 | | 0 | | 1 | | 0.117 | 0.702 | |
| Lysine....g | 0.313 | | 0 | | 1 | | 0.089 | 0.532 | |
| Methionine....g | 0.104 | | 0 | | 1 | | 0.029 | 0.177 | |
| Cystine....g | 0.066 | | 0 | | 1 | | 0.019 | 0.112 | |
| Phenylalanine....g | 0.241 | | 0 | | 1 | | 0.068 | 0.410 | |
| Tyrosine....g | 0.184 | | 0 | | 1 | | 0.052 | 0.313 | |
| Valine....g | 0.286 | | 0 | | 1 | | 0.081 | 0.486 | |
| Arginine....g | 0.284 | | 0 | | 1 | | 0.081 | 0.483 | |
| Histidine....g | 0.141 | | 0 | | 1 | | 0.040 | 0.240 | |
| Alanine....g | 0.269 | | 0 | | 1 | | 0.076 | 0.457 | |
| Aspartic acid....g | 0.470 | | 0 | | 1 | | 0.133 | 0.799 | |
| Glutamic acid....g | 1.297 | | 0 | | 1 | | 0.368 | 2.205 | |
| Glycine....g | 0.254 | | 0 | | 1 | | 0.072 | 0.432 | |
| Proline....g | 0.442 | | 0 | | 1 | | 0.125 | 0.751 | |
| Serine....g | 0.202 | | 0 | | 1 | | 0.057 | 0.343 | |
| Hydroxyproline....g | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 4.1 **Fat** 8.9 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03303**
**Babyfood, dinner, sweet potatoes and chicken, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 83.70 | | 1 | MA | 12 | | 13.39 | 94.58 | |
| Energy | kcal | 74 | | 0 | MC | 9 | | 12 | 84 | |
| Energy | kJ | 310 | | 0 | | 9 | | 50 | 350 | |
| Protein | g | 2.51 | | 1 | MA | 12 | | 0.40 | 2.84 | |
| Total lipid (fat) | g | 2.17 | | 1 | MA | 12 | | 0.35 | 2.45 | |
| Ash | g | 0.58 | | 1 | MA | 12 | | 0.09 | 0.66 | |
| Carbohydrate, by difference | g | 11.04 | | 0 | MC | 9 | | 1.77 | 12.48 | |
| Fiber, total dietary | g | 1.3 | | 1 | MA | 12 | | 0.2 | 1.5 | |
| Sugars, total | g | 5.37 | | 1 | MA | 12 | | 0.86 | 6.07 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 30 | | 1 | MA | 12 | | 5 | 34 | |
| Iron, Fe | mg | 0.45 | | 1 | MA | 12 | | 0.07 | 0.51 | |
| Magnesium, Mg | mg | 13 | | 1 | MA | 12 | | 2 | 15 | |
| Phosphorus, P | mg | 25 | | 0 | FLM | 4 | | 4 | 28 | |
| Potassium, K | mg | 200 | | 1 | MA | 12 | | 32 | 226 | |
| Sodium, Na | mg | 22 | | 1 | MA | 12 | | 4 | 25 | |
| Zinc, Zn | mg | 0.37 | | 1 | MA | 12 | | 0.06 | 0.42 | |
| Copper, Cu | mg | 0.081 | | 0 | FLM | 4 | | 0.013 | 0.092 | |
| Manganese, Mn | mg | 0.153 | | 0 | FLM | 4 | | 0.024 | 0.173 | |
| Selenium, Se | µg | 1.7 | | 0 | FLM | 4 | | 0.3 | 1.9 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.0 | | 1 | MA | 12 | | 0.0 | 0.0 | |
| Thiamin | mg | 0.020 | | 1 | MA | 12 | | 0.003 | 0.023 | |
| Riboflavin | mg | 0.040 | | 1 | MA | 12 | | 0.006 | 0.045 | |
| Niacin | mg | 1.040 | | 1 | MA | 12 | | 0.166 | 1.175 | |
| Pantothenic acid | mg | 0.329 | | 0 | FLM | 4 | | 0.053 | 0.372 | |
| Vitamin B-6 | mg | 0.137 | | 0 | FLM | 4 | | 0.022 | 0.155 | |
| Folate, total | µg | 6 | | 0 | FLM | 4 | | 1 | 7 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 6 | | 0 | FLM | 4 | | 1 | 7 | |
| Folate, DFE | mcg_DFE | 6 | | 0 | NC | 4 | | 1 | 7 | |
| Choline, total | mg | 11.8 | | 0 | FLM | 4 | | 1.9 | 13.4 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.05 | | 0 | FLM | 4 | | 0.01 | 0.06 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 216 | | 0 | NC | 4 | | 35 | 245 | |
| Retinol | µg | 1 | | 0 | BNA | 4 | | 0 | 1 | |
| Carotene, beta | µg | 2590 | | 0 | BNA | 4 | | 414 | 2926 | |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU | IU | 4318 | | 0 | NC | 4 | | 691 | 4879 | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol) | mg | 0.58 | | 0 | FLA | 4 | | 0.09 | 0.65 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.1 | | 0 | FLA | 4 | | 0.0 | 0.1 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.1 | | 0 | FLA | 4 | | 0.0 | 0.1 | |
| Vitamin D | IU | 4 | | 0 | FLA | 4 | | 1 | 4 | |
| Vitamin K (phylloquinone) | µg | 1.3 | | 0 | FLA | 4 | | 0.2 | 1.5 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03303**

**Babyfood, dinner, sweet potatoes and chicken, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.572 | | 0 | FLM | 4 | | 0.092 | 0.646 | |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.001 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.016 | | 0 | FLM | 4 | | 0.003 | 0.018 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.437 | | 0 | FLM | 4 | | 0.070 | 0.494 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.118 | | 0 | FLM | 4 | | 0.019 | 0.133 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.980 | | 1 | MA | 12 | | 0.157 | 1.107 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.095 | | 0 | FLM | 4 | | 0.015 | 0.107 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.803 | | 0 | FLM | 4 | | 0.128 | 0.907 | |
| 20:1....g | 0.014 | | 0 | FLM | 4 | | 0.002 | 0.016 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.480 | | 1 | MA | 12 | | 0.077 | 0.542 | |
| 18:2 undifferentiated....g | 0.487 | | 0 | FLM | 4 | | 0.078 | 0.550 | |
| 18:3 undifferentiated....g | 0.024 | | 0 | FLM | 4 | | 0.004 | 0.027 | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.005 | | 0 | FLM | 4 | | 0.001 | 0.006 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 11 | | 1 | MA | 12 | | 2 | 12 | |
| Phytosterols....mg | 0 | | 0 | FLM | 4 | | 0 | 0 | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03083**
**Babyfood, dinner, turkey and rice, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 86.64 | | 0 | MA | 12 | | 13.86 | 24.56 | 147.29 |
| Energy | kcal | 56 | | 0 | MC | 9 | | 9 | 16 | 95 |
| Energy | kJ | 234 | | 0 | | 9 | | 37 | 66 | 398 |
| Protein | g | 2.37 | | 0 | MA | 12 | | 0.38 | 0.67 | 4.03 |
| Total lipid (fat) | g | 0.92 | | 0 | MA | 12 | | 0.15 | 0.26 | 1.56 |
| Ash | g | 0.50 | | 0 | MA | 12 | | 0.08 | 0.14 | 0.85 |
| Carbohydrate, by difference | g | 9.57 | | 0 | MC | 9 | | 1.53 | 2.71 | 16.27 |
| Fiber, total dietary | g | 1.0 | | 0 | MA | 12 | | 0.2 | 0.3 | 1.7 |
| Sugars, total | g | 1.25 | | 0 | MA | 12 | | 0.20 | 0.35 | 2.13 |
| Sucrose | g | 0.68 | | 0 | MA | 12 | | 0.11 | 0.19 | 1.16 |
| Glucose (dextrose) | g | 0.24 | | 0 | MA | 12 | | 0.04 | 0.07 | 0.41 |
| Fructose | g | 0.23 | | 0 | FLM | 4 | | 0.04 | 0.07 | 0.39 |
| Lactose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.11 | | 0 | MA | 12 | | 0.02 | 0.03 | 0.19 |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 24 | | 0 | MA | 12 | | 4 | 7 | 41 |
| Iron, Fe | mg | 0.41 | | 0 | MA | 12 | | 0.07 | 0.12 | 0.70 |
| Magnesium, Mg | mg | 9 | | 0 | MA | 12 | | 1 | 3 | 15 |
| Phosphorus, P | mg | 37 | | 0 | MA | 12 | | 6 | 10 | 63 |
| Potassium, K | mg | 86 | | 0 | MA | 12 | | 14 | 24 | 146 |
| Sodium, Na | mg | 23 | | 0 | LC | 8 | | 4 | 7 | 40 |
| Zinc, Zn | mg | 0.47 | | 0 | MA | 12 | | 0.08 | 0.13 | 0.80 |
| Copper, Cu | mg | 0.030 | | 0 | MA | 12 | | 0.005 | 0.009 | 0.051 |
| Manganese, Mn | mg | 0.120 | | 0 | MA | 12 | | 0.019 | 0.034 | 0.204 |
| Selenium, Se | µg | 3.3 | | 0 | FLM | 4 | | 0.5 | 0.9 | 5.6 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.3 | | 0 | MA | 12 | | 0.0 | 0.1 | 0.5 |
| Thiamin | mg | 0.033 | | 0 | MA | 12 | | 0.005 | 0.009 | 0.056 |
| Riboflavin | mg | 0.044 | | 0 | MA | 12 | | 0.007 | 0.012 | 0.075 |
| Niacin | mg | 0.692 | | 0 | MA | 12 | | 0.111 | 0.196 | 1.176 |
| Pantothenic acid | mg | 0.200 | | 0 | FLM | 4 | | 0.032 | 0.057 | 0.340 |
| Vitamin B-6 | mg | 0.052 | | 0 | MA | 12 | | 0.008 | 0.015 | 0.088 |
| Folate, total | µg | 8 | | 0 | FLM | 4 | | 1 | 2 | 14 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 8 | | 0 | FLM | 4 | | 1 | 2 | 14 |
| Folate, DFE | mcg_DFE | 8 | | 0 | NC | 4 | | 1 | 2 | 14 |
| Choline, total | mg | 7.7 | | 0 | FLA | 4 | | 1.2 | 2.2 | 13.1 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.02 | | 0 | FLM | 4 | | 0.00 | 0.01 | 0.03 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE (2) | mcg_RAE | 94 | | 0 | NC | 4 | | 15 | 27 | 160 |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 927 | | 0 | FLA | 4 | | 148 | 263 | 1576 |
| Carotene, alpha | µg | 410 | | 0 | FLA | 4 | | 66 | 116 | 696 |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU (1) | IU | 1886 | | 0 | NC | 4 | | 302 | 535 | 3206 |
| Lycopene | µg | 1127 | | 0 | FLA | 4 | | 180 | 320 | 1917 |
| Lutein + zeaxanthin | µg | 134 | | 0 | FLA | 4 | | 21 | 38 | 227 |
| Vitamin E (alpha-tocopherol) | mg | 0.31 | | 0 | FLA | 4 | | 0.05 | 0.09 | 0.53 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03083**
**Babyfood, dinner, turkey and rice, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | O | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 0 | | 0 | O | 4 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 3.0 | | 0 | FLA | 4 | | 0.5 | 0.8 | 5.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.239 | | 0 | FLM | 4 | | 0.038 | 0.068 | 0.406 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.002 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.008 | | 0 | FLM | 4 | | 0.001 | 0.002 | 0.014 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.157 | | 0 | FLM | 4 | | 0.025 | 0.045 | 0.267 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.052 | | 0 | FLM | 4 | | 0.008 | 0.015 | 0.088 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.304 | | 0 | FLM | 4 | | 0.049 | 0.086 | 0.517 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.032 | | 0 | FLM | 4 | | 0.005 | 0.009 | 0.054 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.261 | | 0 | FLM | 4 | | 0.042 | 0.074 | 0.444 |
| 20:1....g | 0.002 | | 0 | FLM | 4 | | 0.000 | 0.001 | 0.003 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.233 | | 0 | FLM | 4 | | 0.037 | 0.066 | 0.396 |
| 18:2 undifferentiated....g | 0.203 | | 0 | FLM | 4 | | 0.032 | 0.058 | 0.345 |
| 18:3 undifferentiated....g | 0.016 | | 0 | FLM | 4 | | 0.003 | 0.005 | 0.027 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.007 | | 0 | FLM | 4 | | 0.001 | 0.002 | 0.012 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.002 |
| 22:6 n-3 (DHA)....g | 0.002 | | 0 | FLM | 4 | | 0.000 | 0.001 | 0.003 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | FLM | 4 | | 1 | 1 | 7 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Footnotes:**

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

**NDB No. 03083**
**Babyfood, dinner, turkey and rice, junior**

| **Calories Factors:** | **Protein** | **Fat** | **Carbohydrate** |
|---|---|---|---|

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03082**
**Babyfood, dinner, turkey and rice, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.22 | | 0 | MA | 12 | | 14.12 | 25.01 | 99.69 |
| Energy | kcal | 52 | | 0 | MC | 9 | | 8 | 15 | 59 |
| Energy | kJ | 218 | | 0 | | 9 | | 35 | 62 | 246 |
| Protein | g | 2.27 | | 0 | MA | 12 | | 0.36 | 0.64 | 2.57 |
| Total lipid (fat) | g | 1.24 | | 0 | MA | 12 | | 0.20 | 0.35 | 1.40 |
| Ash | g | 0.33 | | 0 | MA | 12 | | 0.05 | 0.09 | 0.37 |
| Carbohydrate, by difference | g | 7.94 | | 0 | MC | 9 | | 1.27 | 2.25 | 8.97 |
| Fiber, total dietary | g | 0.9 | | 0 | MA | 12 | | 0.1 | 0.3 | 1.0 |
| Sugars, total | g | 1.66 | | 0 | MA | 12 | | 0.27 | 0.47 | 1.88 |
| Sucrose | g | 0.67 | | 0 | MA | 12 | | 0.11 | 0.19 | 0.76 |
| Glucose (dextrose) | g | 0.33 | | 0 | MA | 12 | | 0.05 | 0.09 | 0.37 |
| Fructose | g | 0.30 | | 0 | MA | 12 | | 0.05 | 0.09 | 0.34 |
| Lactose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.37 | | 0 | MA | 12 | | 0.06 | 0.10 | 0.42 |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 18 | | 0 | MA | 12 | | 3 | 5 | 20 |
| Iron, Fe | mg | 0.29 | | 0 | MA | 12 | | 0.05 | 0.08 | 0.33 |
| Magnesium, Mg | mg | 8 | | 0 | MA | 12 | | 1 | 2 | 9 |
| Phosphorus, P | mg | 34 | | 0 | MA | 12 | | 5 | 10 | 38 |
| Potassium, K | mg | 91 | | 0 | MA | 12 | | 15 | 26 | 103 |
| Sodium, Na | mg | 19 | | 0 | LC | 8 | | 3 | 6 | 22 |
| Zinc, Zn | mg | 0.40 | | 0 | MA | 12 | | 0.06 | 0.11 | 0.45 |
| Copper, Cu | mg | 0.030 | | 0 | MA | 12 | | 0.005 | 0.009 | 0.034 |
| Manganese, Mn | mg | 0.130 | | 0 | MA | 12 | | 0.021 | 0.037 | 0.147 |
| Selenium, Se | µg | 3.0 | | 0 | FLM | 4 | | 0.5 | 0.9 | 3.4 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.2 | | 0 | MA | 12 | | 0.0 | 0.1 | 0.2 |
| Thiamin | mg | 0.022 | | 0 | MA | 12 | | 0.004 | 0.006 | 0.025 |
| Riboflavin | mg | 0.040 | | 0 | MA | 12 | | 0.006 | 0.011 | 0.045 |
| Niacin | mg | 0.648 | | 0 | MA | 12 | | 0.104 | 0.184 | 0.732 |
| Pantothenic acid | mg | 0.177 | | 0 | FLM | 4 | | 0.028 | 0.050 | 0.200 |
| Vitamin B-6 | mg | 0.052 | | 0 | MA | 12 | | 0.008 | 0.015 | 0.059 |
| Folate, total | µg | 4 | | 0 | FLM | 4 | | 1 | 1 | 5 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 4 | | 0 | FLM | 4 | | 1 | 1 | 5 |
| Folate, DFE | mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 1 | 5 |
| Choline, total | mg | 6.8 | | 0 | FLA | 4 | | 1.1 | 1.9 | 7.7 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.02 | | 0 | FLM | 4 | | 0.00 | 0.01 | 0.02 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE (2) | mcg_RAE | 81 | | 0 | NC | 4 | | 13 | 23 | 92 |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 789 | | 0 | FLA | 4 | | 126 | 224 | 892 |
| Carotene, alpha | µg | 368 | | 0 | FLA | 4 | | 59 | 104 | 416 |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU (1) | IU | 1622 | | 0 | NC | 4 | | 260 | 460 | 1833 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 38 | | 0 | FLA | 4 | | 6 | 11 | 43 |
| Vitamin E (alpha-tocopherol) | mg | 0.14 | | 0 | FLA | 4 | | 0.02 | 0.04 | 0.16 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03082**
**Babyfood, dinner, turkey and rice, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 1.5 | | 0 | FLA | 4 | | 0.2 | 0.4 | 1.7 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.338 | | 0 | FLM | 4 | | 0.054 | 0.096 | 0.382 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.011 | | 0 | FLM | 4 | | 0.002 | 0.003 | 0.012 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.223 | | 0 | FLM | 4 | | 0.036 | 0.063 | 0.252 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.074 | | 0 | FLM | 4 | | 0.012 | 0.021 | 0.084 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.446 | | 0 | FLM | 4 | | 0.071 | 0.126 | 0.504 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.051 | | 0 | FLM | 4 | | 0.008 | 0.014 | 0.058 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.380 | | 0 | FLM | 4 | | 0.061 | 0.108 | 0.429 |
| 20:1....g | 0.003 | | 0 | FLM | 4 | | 0.000 | 0.001 | 0.003 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.308 | | 0 | FLM | 4 | | 0.049 | 0.087 | 0.348 |
| 18:2 undifferentiated....g | 0.272 | | 0 | FLM | 4 | | 0.044 | 0.077 | 0.307 |
| 18:3 undifferentiated....g | 0.020 | | 0 | FLM | 4 | | 0.003 | 0.006 | 0.023 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.008 | | 0 | FLM | 4 | | 0.001 | 0.002 | 0.009 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.001 |
| 22:6 n-3 (DHA)....g | 0.002 | | 0 | FLM | 4 | | 0.000 | 0.001 | 0.002 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 5 | | 0 | FLM | 4 | | 1 | 1 | 6 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Footnotes:**

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

**NDB No. 03082**
**Babyfood, dinner, turkey and rice, strained**

| Calories Factors: | Protein | Fat | Carbohydrate |
|---|---|---|---|

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03296**
**Babyfood, dinner, turkey, rice, and vegetables, toddler**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 86.30 | | 0 | MA | 12 | | 24.47 | 146.71 | |
| Energy | kcal | 60 | | 0 | NC | 4 | | 17 | 101 | |
| Energy | kJ | 249 | | 0 | NC | 4 | | 71 | 424 | |
| Protein | g | 3.80 | | 0 | MA | 12 | | 1.08 | 6.46 | |
| Total lipid (fat) | g | 1.60 | | 0 | MA | 12 | | 0.45 | 2.72 | |
| Ash | g | 0.80 | | 0 | MA | 12 | | 0.23 | 1.36 | |
| Carbohydrate, by difference | g | 7.50 | | 0 | NC | 4 | | 2.13 | 12.75 | |
| Fiber, total dietary | g | 0.8 | | 0 | MA | 12 | | 0.2 | 1.4 | |
| Sugars, total | g | 0.66 | | 0 | FLA | 4 | | 0.19 | 1.12 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 11 | | 0 | MA | 12 | | 3 | 19 | |
| Iron, Fe | mg | 0.40 | | 0 | MA | 12 | | 0.11 | 0.68 | |
| Magnesium, Mg | mg | 14 | | 0 | MA | 12 | | 4 | 24 | |
| Phosphorus, P | mg | 63 | | 0 | MA | 12 | | 18 | 107 | |
| Potassium, K | mg | 107 | | 0 | MA | 12 | | 30 | 182 | |
| Sodium, Na | mg | 276 | | 0 | NR | 4 | | 78 | 469 | |
| Zinc, Zn | mg | 0.61 | | 0 | MA | 12 | | 0.17 | 1.04 | |
| Copper, Cu | mg | 0.100 | | 0 | MA | 12 | | 0.028 | 0.170 | |
| Manganese, Mn | mg | 0.230 | | 0 | MA | 12 | | 0.065 | 0.391 | |
| Selenium, Se | µg | 3.3 | | 0 | FLM | 4 | | 0.9 | 5.6 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.3 | | 0 | MA | 12 | | 0.1 | 0.5 | |
| Thiamin | mg | 0.070 | | 0 | MA | 12 | | 0.020 | 0.119 | |
| Riboflavin | mg | 0.070 | | 0 | MA | 12 | | 0.020 | 0.119 | |
| Niacin | mg | 2.110 | | 0 | MA | 12 | | 0.598 | 3.587 | |
| Pantothenic acid | mg | 0.264 | | 0 | FLM | 4 | | 0.075 | 0.449 | |
| Vitamin B-6 | mg | 0.130 | | 0 | MA | 12 | | 0.037 | 0.221 | |
| Folate, total | µg | 3 | | 0 | | 4 | | 1 | 5 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 3 | | 0 | | 4 | | 1 | 5 | |
| Folate, DFE | mcg_DFE | 3 | | 0 | NC | 4 | | 1 | 5 | |
| Choline, total | mg | 11.6 | | 0 | FLM | 4 | | 3.3 | 19.7 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.10 | | 0 | | 4 | | 0.03 | 0.17 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 113 | | 0 | NC | 4 | | 32 | 193 | |
| Retinol | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, beta | µg | 1116 | | 0 | BNA | 4 | | 316 | 1898 | |
| Carotene, alpha | µg | 489 | | 0 | BNA | 4 | | 139 | 832 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU | IU | 2268 | | 0 | NC | 4 | | 643 | 3856 | |
| Lycopene | µg | 65 | | 0 | FLA | 4 | | 19 | 111 | |
| Lutein + zeaxanthin | µg | 153 | | 0 | FLA | 4 | | 43 | 261 | |
| Vitamin E (alpha-tocopherol) | mg | 0.15 | | 0 | FLA | 4 | | 0.04 | 0.25 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.1 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.1 | |
| Vitamin D | IU | 2 | | 0 | FLA | 4 | | 1 | 3 | |
| Vitamin K (phylloquinone) | µg | 3.9 | | 0 | FLA | 4 | | 1.1 | 6.7 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03296**

**Babyfood, dinner, turkey, rice, and vegetables, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.500 | | 0 | MA | 12 | | 0.142 | 0.850 | |
| 4:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.007 | | 0 | BFFN | 4 | | 0.002 | 0.012 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.310 | | 0 | MC | 9 | | 0.088 | 0.527 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.078 | | 0 | MC | 9 | | 0.022 | 0.133 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.555 | | 0 | BFFN | 4 | | 0.157 | 0.944 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.058 | | 0 | MC | 9 | | 0.016 | 0.099 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.497 | | 0 | MC | 9 | | 0.141 | 0.845 | |
| 20:1....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.309 | | 0 | BFFN | 4 | | 0.088 | 0.525 | |
| 18:2 undifferentiated....g | 0.299 | | 0 | MC | 9 | | 0.085 | 0.508 | |
| 18:3 undifferentiated....g | 0.010 | | 0 | MC | 9 | | 0.003 | 0.017 | |
| 18:4....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 7 | | 0 | MA | 12 | | 2 | 13 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar Beech nut

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03059**
**Babyfood, dinner, vegetables and bacon, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 85.75 | | 0 | MA | 12 | | 219.52 | 13.72 | 24.31 |
| Energy | kcal | 69 | | 0 | NC | 4 | | 178 | 11 | 20 |
| Energy | kJ | 291 | | 0 | NC | 4 | | 744 | 47 | 82 |
| Protein | g | 1.92 | | 0 | MA | 12 | | 4.92 | 0.31 | 0.54 |
| Total lipid (fat) | g | 2.95 | | 0 | MA | 12 | | 7.55 | 0.47 | 0.84 |
| Ash | g | 0.40 | | 0 | MA | 12 | | 1.02 | 0.06 | 0.11 |
| Carbohydrate, by difference | g | 8.81 | | 0 | MC | 9 | | 22.55 | 1.41 | 2.50 |
| Fiber, total dietary | g | 1.7 | | 0 | MA | 12 | | 4.4 | 0.3 | 0.5 |
| Sugars, total | g | 1.77 | | 0 | MA | 12 | | 4.53 | 0.28 | 0.50 |
| Sucrose | g | 0.60 | | 0 | MA | 12 | | 1.54 | 0.10 | 0.17 |
| Glucose (dextrose) | g | 0.41 | | 0 | MA | 12 | | 1.05 | 0.07 | 0.12 |
| Fructose | g | 0.36 | | 0 | MA | 12 | | 0.92 | 0.06 | 0.10 |
| Lactose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.40 | | 0 | MA | 12 | | 1.02 | 0.06 | 0.11 |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 14 | | 0 | MA | 12 | | 36 | 2 | 4 |
| Iron, Fe | mg | 0.30 | | 0 | MA | 12 | | 0.77 | 0.05 | 0.09 |
| Magnesium, Mg | mg | 10 | | 0 | MA | 12 | | 26 | 2 | 3 |
| Phosphorus, P | mg | 28 | | 0 | MA | 12 | | 72 | 4 | 8 |
| Potassium, K | mg | 116 | | 0 | MA | 12 | | 297 | 19 | 33 |
| Sodium, Na | mg | 49 | | 0 | MA | 12 | | 125 | 8 | 14 |
| Zinc, Zn | mg | 0.30 | | 0 | MA | 12 | | 0.77 | 0.05 | 0.09 |
| Copper, Cu | mg | 0.040 | | 0 | MA | 12 | | 0.102 | 0.006 | 0.011 |
| Manganese, Mn | mg | 0.140 | | 0 | MA | 12 | | 0.358 | 0.022 | 0.040 |
| Selenium, Se | µg | 1.7 | | 0 | FLM | 4 | | 4.4 | 0.3 | 0.5 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.3 | | 0 | MA | 12 | | 0.8 | 0.0 | 0.1 |
| Thiamin | mg | 0.032 | | 0 | MA | 12 | | 0.082 | 0.005 | 0.009 |
| Riboflavin | mg | 0.039 | | 0 | MA | 12 | | 0.100 | 0.006 | 0.011 |
| Niacin | mg | 0.474 | | 0 | MA | 12 | | 1.213 | 0.076 | 0.134 |
| Pantothenic acid | mg | 0.160 | | 0 | FLM | 4 | | 0.410 | 0.026 | 0.045 |
| Vitamin B-6 | mg | 0.058 | | 0 | MA | 12 | | 0.148 | 0.009 | 0.016 |
| Folate, total | µg | 3 | | 0 | FLM | 4 | | 8 | 0 | 1 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 3 | | 0 | FLM | 4 | | 8 | 0 | 1 |
| Folate, DFE | mcg_DFE | 3 | | 0 | NC | 4 | | 8 | 0 | 1 |
| Choline, total | mg | 16.4 | | 0 | FLA | 4 | | 42.0 | 2.6 | 4.6 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.06 | | 0 | FLM | 4 | | 0.15 | 0.01 | 0.02 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 114 | | 0 | NC | 4 | | 293 | 18 | 32 |
| Retinol | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 1112 | | 0 | BNA | 4 | | 2848 | 178 | 315 |
| Carotene, alpha | µg | 515 | | 0 | BNA | 4 | | 1320 | 82 | 146 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 2284 | | 0 | NC | 4 | | 5847 | 365 | 648 |
| Lycopene | µg | 1 | | 0 | BFSN | 4 | | 2 | 0 | 0 |
| Lutein + zeaxanthin | µg | 225 | | 0 | BFSN | 4 | | 575 | 36 | 64 |
| Vitamin E (alpha-tocopherol) | mg | 0.51 | | 0 | BFSN | 4 | | 1.29 | 0.08 | 0.14 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | AS | 1 | | 0.1 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03059**
**Babyfood, dinner, vegetables and bacon, strained**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.1 | 0.0 | 0.0 |
| Vitamin D....IU | 1 | | 0 | FLA | 4 | | 4 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 9.1 | | 0 | BFSN | 4 | | 23.3 | 1.5 | 2.6 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.063 | | 0 | FLM | 4 | | 2.721 | 0.170 | 0.301 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.004 | | 0 | FLM | 4 | | 0.010 | 0.001 | 0.001 |
| 12:0....g | 0.005 | | 0 | FLM | 4 | | 0.013 | 0.001 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.036 | | 0 | FLM | 4 | | 0.092 | 0.006 | 0.010 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.670 | | 0 | FLM | 4 | | 1.715 | 0.107 | 0.190 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.345 | | 0 | FLM | 4 | | 0.883 | 0.055 | 0.098 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.347 | | 0 | FLM | 4 | | 3.448 | 0.216 | 0.382 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.090 | | 0 | FLM | 4 | | 0.230 | 0.014 | 0.026 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.244 | | 0 | FLM | 4 | | 3.185 | 0.199 | 0.353 |
| 20:1....g | 0.011 | | 0 | FLM | 4 | | 0.028 | 0.002 | 0.003 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.377 | | 0 | FLM | 4 | | 0.965 | 0.060 | 0.107 |
| 18:2 undifferentiated....g | 0.327 | | 0 | FLM | 4 | | 0.837 | 0.052 | 0.093 |
| 18:3 undifferentiated....g | 0.045 | | 0 | FLM | 4 | | 0.115 | 0.007 | 0.013 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.005 | | 0 | FLM | 4 | | 0.013 | 0.001 | 0.001 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | FLM | 4 | | 10 | 1 | 1 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03059**

**Babyfood, dinner, vegetables and bacon, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03054**
**Babyfood, dinner, vegetables and beef, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 84.94 | 0.539 | 3 | A | 1 | | 217.44 | 13.59 | 24.08 |
| Energy | kcal | 77 | | 0 | NC | 4 | | 196 | 12 | 22 |
| Energy | kJ | 321 | | 0 | NC | 4 | | 821 | 51 | 91 |
| Protein | g | 2.21 | 0.335 | 3 | A | 1 | | 5.65 | 0.35 | 0.63 |
| Total lipid (fat) | g | 3.60 | 1.383 | 3 | A | 1 | | 9.22 | 0.58 | 1.02 |
| Ash | g | 0.41 | 0.038 | 3 | A | 1 | | 1.06 | 0.07 | 0.12 |
| Carbohydrate, by difference | g | 8.84 | | 0 | NC | 4 | | 22.63 | 1.41 | 2.51 |
| Fiber, total dietary | g | 1.3 | | 2 | A | 1 | | 3.2 | 0.2 | 0.4 |
| Sugars, total | g | 2.34 | | 2 | A | 1 | | 5.99 | 0.37 | 0.66 |
| Sucrose | g | 1.01 | | 2 | A | 1 | | 2.59 | 0.16 | 0.29 |
| Glucose (dextrose) | g | 0.63 | | 2 | A | 1 | | 1.60 | 0.10 | 0.18 |
| Fructose | g | 0.58 | | 2 | A | 1 | | 1.49 | 0.09 | 0.17 |
| Lactose | g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.12 | | 2 | A | 1 | | 0.30 | 0.02 | 0.03 |
| Galactose | g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 17 | | 2 | A | 1 | | 42 | 3 | 5 |
| Iron, Fe | mg | 0.35 | | 2 | A | 1 | | 0.91 | 0.06 | 0.10 |
| Magnesium, Mg | mg | 10 | | 2 | A | 1 | | 25 | 2 | 3 |
| Phosphorus, P | mg | 33 | | 2 | A | 1 | | 83 | 5 | 9 |
| Potassium, K | mg | 145 | | 2 | A | 1 | | 371 | 23 | 41 |
| Sodium, Na | mg | 31 | | 0 | LC | 8 | | 79 | 5 | 9 |
| Zinc, Zn | mg | 0.38 | | 2 | A | 1 | | 0.99 | 0.06 | 0.11 |
| Copper, Cu | mg | 0.030 | | 2 | A | 1 | | 0.077 | 0.005 | 0.008 |
| Manganese, Mn | mg | 0.106 | | 2 | A | 1 | | 0.273 | 0.017 | 0.030 |
| Selenium, Se | µg | 2.2 | | 2 | A | 1 | | 5.7 | 0.4 | 0.6 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.2 | | 0 | MA | 12 | | 0.5 | 0.0 | 0.1 |
| Thiamin | mg | 0.008 | | 1 | A | 1 | | 0.021 | 0.001 | 0.002 |
| Riboflavin | mg | 0.048 | | 1 | JA | 6 | | 0.124 | 0.008 | 0.014 |
| Niacin | mg | 0.789 | | 1 | JA | 6 | | 2.020 | 0.126 | 0.224 |
| Pantothenic acid | mg | 0.099 | | 1 | A | 1 | | 0.253 | 0.016 | 0.028 |
| Vitamin B-6 | mg | 0.063 | | 1 | JA | 6 | | 0.160 | 0.010 | 0.018 |
| Folate, total | µg | 6 | | 2 | A | 1 | | 14 | 1 | 2 |
| Folic acid | µg | 3 | | 2 | A | 1 | | 6 | 0 | 1 |
| Folate, food | µg | 3 | | 0 | AS | 1 | | 8 | 0 | 1 |
| Folate, DFE | mcg_DFE | 7 | | 0 | NC | 4 | | 19 | 1 | 2 |
| Choline, total | mg | 16.5 | 2.544 | 3 | AS | 1 | | 42.2 | 2.6 | 4.7 |
| Betaine | mg | 1.1 | 0.254 | 3 | A | 1 | | 2.7 | 0.2 | 0.3 |
| Vitamin B-12 | µg | 0.33 | | 1 | A | 1 | | 0.83 | 0.05 | 0.09 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE (2) | mcg_RAE | 246 | | 0 | NC | 4 | | 631 | 39 | 70 |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 2545 | | 2 | A | 1 | | 6515 | 407 | 722 |
| Carotene, alpha | µg | 810 | | 2 | A | 1 | | 2074 | 130 | 230 |
| Cryptoxanthin, beta | µg | 11 | | 2 | A | 1 | | 28 | 2 | 3 |
| Vitamin A, IU (1) | IU | 4926 | | 0 | NC | 4 | | 12610 | 788 | 1396 |
| Lycopene | µg | 627 | | 2 | A | 1 | | 1604 | 100 | 178 |
| Lutein + zeaxanthin | µg | 51 | | 0 | FLA | 4 | | 130 | 8 | 14 |
| Vitamin E (alpha-tocopherol) | mg | 0.49 | | 2 | A | 1 | | 1.25 | 0.08 | 0.14 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma | mg | 0.17 | | 2 | A | 1 | | 0.44 | 0.03 | 0.05 |
| Tocopherol, delta | mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | NR | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03054**
**Babyfood, dinner, vegetables and beef, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol).....µg | | | | | | | | | |
| Vitamin D.....IU | 1 | | 0 | FLA | 4 | | 2 | 0 | 0 |
| Vitamin K (phylloquinone).....µg | 5.2 | | 2 | A | 1 | | 13.3 | 0.8 | 1.5 |
| Dihydrophylloquinone.....µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4.....µg | 0.4 | | 2 | A | 1 | | 1.2 | 0.1 | 0.1 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated.....g | 1.367 | | 0 | NC | 4 | | 3.501 | 0.219 | 0.388 |
| 4:0.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0.....g | | | | | | | | | |
| 14:0.....g | 0.070 | | 1 | A | 1 | | 0.179 | 0.011 | 0.020 |
| 15:0.....g | 0.010 | | 1 | A | 1 | | 0.025 | 0.002 | 0.003 |
| 16:0.....g | 0.470 | | 1 | A | 1 | | 1.203 | 0.075 | 0.133 |
| 17:0.....g | 0.020 | | 1 | A | 1 | | 0.051 | 0.003 | 0.006 |
| 18:0.....g | 0.300 | | 1 | A | 1 | | 0.768 | 0.048 | 0.085 |
| 20:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated.....g | 1.289 | | 0 | NC | 4 | | 3.299 | 0.206 | 0.365 |
| 14:1.....g | 0.020 | | 1 | A | 1 | | 0.051 | 0.003 | 0.006 |
| 15:1.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:1 undifferentiated.....g | 0.070 | | 1 | A | 1 | | 0.179 | 0.011 | 0.020 |
| 17:1.....g | 0.020 | | 1 | A | 1 | | 0.051 | 0.003 | 0.006 |
| 18:1 undifferentiated.....g | 0.710 | | 1 | A | 1 | | 1.818 | 0.114 | 0.201 |
| 20:1.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated.....g | 0.298 | | 0 | NC | 4 | | 0.764 | 0.048 | 0.085 |
| 18:2 undifferentiated.....g | 0.140 | | 1 | A | 1 | | 0.358 | 0.022 | 0.040 |
| 18:3 undifferentiated.....g | 0.030 | | 1 | A | 1 | | 0.077 | 0.005 | 0.008 |
| 18:4.....g | 0.020 | | 1 | A | 1 | | 0.051 | 0.003 | 0.006 |
| 20:2 n-6 c,c.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA).....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA).....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA).....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans.....g | | | | | | | | | |
| Cholesterol.....mg | 7 | | 2 | A | 1 | | 19 | 1 | 2 |
| Phytosterols.....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan.....g | 0.020 | | 0 | FLA | 4 | | 0.051 | 0.003 | 0.006 |
| Threonine.....g | 0.089 | | 0 | FLA | 4 | | 0.229 | 0.014 | 0.025 |
| Isoleucine.....g | 0.099 | | 0 | FLA | 4 | | 0.254 | 0.016 | 0.028 |
| Leucine.....g | 0.170 | | 0 | FLA | 4 | | 0.436 | 0.027 | 0.048 |
| Lysine.....g | 0.164 | | 0 | FLA | 4 | | 0.420 | 0.026 | 0.047 |
| Methionine.....g | 0.052 | | 0 | FLA | 4 | | 0.134 | 0.008 | 0.015 |
| Cystine.....g | 0.030 | | 0 | FLA | 4 | | 0.077 | 0.005 | 0.009 |
| Phenylalanine.....g | 0.097 | | 0 | FLA | 4 | | 0.247 | 0.015 | 0.027 |
| Tyrosine.....g | 0.078 | | 0 | FLA | 4 | | 0.200 | 0.012 | 0.022 |
| Valine.....g | 0.115 | | 0 | FLA | 4 | | 0.295 | 0.018 | 0.033 |
| Arginine.....g | 0.144 | | 0 | FLA | 4 | | 0.368 | 0.023 | 0.041 |
| Histidine.....g | 0.066 | | 0 | FLA | 4 | | 0.169 | 0.011 | 0.019 |
| Alanine.....g | 0.133 | | 0 | FLA | 4 | | 0.339 | 0.021 | 0.038 |
| Aspartic acid.....g | 0.277 | | 0 | FLA | 4 | | 0.709 | 0.044 | 0.079 |
| Glutamic acid.....g | 0.442 | | 0 | FLA | 4 | | 1.133 | 0.071 | 0.125 |
| Glycine.....g | 0.119 | | 0 | FLA | 4 | | 0.305 | 0.019 | 0.034 |
| Proline.....g | 0.102 | | 0 | FLA | 4 | | 0.262 | 0.016 | 0.029 |
| Serine.....g | 0.095 | | 0 | FLA | 4 | | 0.244 | 0.015 | 0.027 |

**NDB No. 03054**
**Babyfood, dinner, vegetables and beef, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Hydroxyproline.....g | 0.016 | | 0 | FLA | 4 | | 0.041 | 0.003 | 0.004 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Caffeine.....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine.....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Footnotes:**

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03053**
**Babyfood, dinner, vegetables and beef, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 84.94 | 0.539 | 3 | A | 1 | | 217.44 | 13.59 | 24.08 |
| Energy....kcal | 77 | | 0 | NC | 4 | | 196 | 12 | 22 |
| Energy....kJ | 321 | | 0 | NC | 4 | | 821 | 51 | 91 |
| Protein....g | 2.21 | 0.335 | 3 | A | 1 | | 5.65 | 0.35 | 0.63 |
| Total lipid (fat)....g | 3.60 | 1.383 | 3 | A | 1 | | 9.22 | 0.58 | 1.02 |
| Ash....g | 0.41 | 0.038 | 3 | A | 1 | | 1.06 | 0.07 | 0.12 |
| Carbohydrate, by difference....g | 8.84 | | 0 | NC | 4 | | 22.63 | 1.41 | 2.51 |
| Fiber, total dietary....g | 1.3 | | 2 | A | 1 | | 3.2 | 0.2 | 0.4 |
| Sugars, total....g | 2.34 | | 2 | A | 1 | | 5.99 | 0.37 | 0.66 |
| Sucrose....g | 1.01 | | 2 | A | 1 | | 2.59 | 0.16 | 0.29 |
| Glucose (dextrose)....g | 0.63 | | 2 | A | 1 | | 1.60 | 0.10 | 0.18 |
| Fructose....g | 0.58 | | 2 | A | 1 | | 1.49 | 0.09 | 0.17 |
| Lactose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.12 | | 2 | A | 1 | | 0.30 | 0.02 | 0.03 |
| Galactose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Starch....g | 0.03 | | 0 | FLA | 4 | | 0.07 | 0.00 | 0.01 |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 17 | | 2 | A | 1 | | 42 | 3 | 5 |
| Iron, Fe....mg | 0.35 | | 2 | A | 1 | | 0.91 | 0.06 | 0.10 |
| Magnesium, Mg....mg | 10 | | 2 | A | 1 | | 25 | 2 | 3 |
| Phosphorus, P....mg | 33 | | 2 | A | 1 | | 83 | 5 | 9 |
| Potassium, K....mg | 145 | | 2 | A | 1 | | 371 | 23 | 41 |
| Sodium, Na....mg | 31 | | 0 | LC | 8 | | 79 | 5 | 9 |
| Zinc, Zn....mg | 0.38 | | 2 | A | 1 | | 0.99 | 0.06 | 0.11 |
| Copper, Cu....mg | 0.030 | | 2 | A | 1 | | 0.077 | 0.005 | 0.008 |
| Manganese, Mn....mg | 0.180 | | 0 | MA | 12 | | 0.461 | 0.029 | 0.051 |
| Selenium, Se....µg | 2.2 | | 2 | A | 1 | | 5.7 | 0.4 | 0.6 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.2 | | 0 | MA | 12 | | 0.5 | 0.0 | 0.1 |
| Thiamin....mg | 0.008 | | 1 | A | 1 | | 0.021 | 0.001 | 0.002 |
| Riboflavin....mg | 0.048 | | 1 | JA | 6 | | 0.124 | 0.008 | 0.014 |
| Niacin....mg | 0.789 | | 1 | JA | 6 | | 2.020 | 0.126 | 0.224 |
| Pantothenic acid....mg | 0.099 | | 1 | A | 1 | | 0.253 | 0.016 | 0.028 |
| Vitamin B-6....mg | 0.063 | | 1 | JA | 6 | | 0.160 | 0.010 | 0.018 |
| Folate, total....µg | 6 | | 2 | A | 1 | | 14 | 1 | 2 |
| Folic acid....µg | 3 | | 2 | A | 1 | | 6 | 0 | 1 |
| Folate, food....µg | 3 | | 0 | AS | 1 | | 8 | 0 | 1 |
| Folate, DFE....mcg_DFE | 7 | | 0 | NC | 4 | | 19 | 1 | 2 |
| Choline, total....mg | 16.5 | 2.544 | 3 | AS | 1 | | 42.2 | 2.6 | 4.7 |
| Betaine....mg | 1.1 | 0.254 | 3 | A | 1 | | 2.7 | 0.2 | 0.3 |
| Vitamin B-12....µg | 0.18 | | 0 | FLM | 4 | | 0.46 | 0.03 | 0.05 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE (2) ....mcg_RAE | 246 | | 0 | AS | 1 | | 631 | 39 | 70 |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 2545 | | 2 | A | 1 | | 6515 | 407 | 722 |
| Carotene, alpha....µg | 810 | | 2 | A | 1 | | 2074 | 130 | 230 |
| Cryptoxanthin, beta....µg | 11 | | 2 | A | 1 | | 28 | 2 | 3 |
| Vitamin A, IU (1) ....IU | 4926 | | 0 | AS | 1 | | 12610 | 788 | 1396 |
| Lycopene....µg | 627 | | 2 | A | 1 | | 1604 | 100 | 178 |
| Lutein + zeaxanthin....µg | 51 | | 0 | FLA | 4 | | 130 | 8 | 14 |
| Vitamin E (alpha-tocopherol)....mg | 0.49 | | 2 | A | 1 | | 1.25 | 0.08 | 0.14 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma....mg | 0.17 | | 2 | A | 1 | | 0.44 | 0.03 | 0.05 |
| Tocopherol, delta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | NR | 4 | | 0.1 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03053**
**Babyfood, dinner, vegetables and beef, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol).....µg | | | | | | | | | |
| Vitamin D.....IU | 1 | | 0 | NR | 4 | | 2 | 0 | 0 |
| Vitamin K (phylloquinone).....µg | 5.2 | | 2 | A | 1 | | 13.3 | 0.8 | 1.5 |
| Dihydrophylloquinone.....µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4.....µg | 0.4 | | 2 | A | 1 | | 1.2 | 0.1 | 0.1 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated.....g | 0.870 | | 0 | NC | 4 | | 2.226 | 0.139 | 0.247 |
| 4:0.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0.....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0.....g | | | | | | | | | |
| 14:0.....g | 0.070 | | 1 | A | 1 | | 0.179 | 0.011 | 0.020 |
| 15:0.....g | 0.010 | | 1 | A | 1 | | 0.025 | 0.002 | 0.003 |
| 16:0.....g | 0.470 | | 1 | A | 1 | | 1.203 | 0.075 | 0.133 |
| 17:0.....g | 0.020 | | 1 | A | 1 | | 0.051 | 0.003 | 0.006 |
| 18:0.....g | 0.300 | | 1 | A | 1 | | 0.768 | 0.048 | 0.085 |
| 20:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated.....g | 0.820 | | 0 | NC | 4 | | 2.098 | 0.131 | 0.232 |
| 14:1.....g | 0.020 | | 1 | A | 1 | | 0.051 | 0.003 | 0.006 |
| 15:1.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:1 undifferentiated.....g | 0.070 | | 1 | A | 1 | | 0.179 | 0.011 | 0.020 |
| 17:1.....g | 0.020 | | 1 | A | 1 | | 0.051 | 0.003 | 0.006 |
| 18:1 undifferentiated.....g | 0.710 | | 1 | A | 1 | | 1.817 | 0.114 | 0.201 |
| 20:1.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated.....g | 0.190 | | 0 | NC | 4 | | 0.486 | 0.030 | 0.054 |
| 18:2 undifferentiated.....g | 0.140 | | 1 | A | 1 | | 0.358 | 0.022 | 0.040 |
| 18:3 undifferentiated.....g | 0.030 | | 1 | A | 1 | | 0.077 | 0.005 | 0.008 |
| 18:4.....g | 0.020 | | 1 | A | 1 | | 0.051 | 0.003 | 0.006 |
| 20:2 n-6 c,c.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA).....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA).....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA).....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans.....g | | | | | | | | | |
| Cholesterol.....mg | 7 | | 2 | A | 1 | | 19 | 1 | 2 |
| Phytosterols.....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan.....g | 0.020 | | 0 | FLA | 4 | | 0.051 | 0.003 | 0.006 |
| Threonine.....g | 0.097 | | 0 | FLA | 4 | | 0.249 | 0.016 | 0.028 |
| Isoleucine.....g | 0.111 | | 0 | FLA | 4 | | 0.283 | 0.018 | 0.031 |
| Leucine.....g | 0.193 | | 0 | FLA | 4 | | 0.493 | 0.031 | 0.055 |
| Lysine.....g | 0.184 | | 0 | FLA | 4 | | 0.472 | 0.029 | 0.052 |
| Methionine.....g | 0.061 | | 0 | FLA | 4 | | 0.155 | 0.010 | 0.017 |
| Cystine.....g | 0.033 | | 0 | FLA | 4 | | 0.086 | 0.005 | 0.009 |
| Phenylalanine.....g | 0.103 | | 0 | FLA | 4 | | 0.264 | 0.017 | 0.029 |
| Tyrosine.....g | 0.086 | | 0 | FLA | 4 | | 0.221 | 0.014 | 0.024 |
| Valine.....g | 0.127 | | 0 | FLA | 4 | | 0.325 | 0.020 | 0.036 |
| Arginine.....g | 0.164 | | 0 | FLA | 4 | | 0.421 | 0.026 | 0.047 |
| Histidine.....g | 0.074 | | 0 | FLA | 4 | | 0.189 | 0.012 | 0.021 |
| Alanine.....g | 0.146 | | 0 | FLA | 4 | | 0.374 | 0.023 | 0.041 |
| Aspartic acid.....g | 0.252 | | 0 | FLA | 4 | | 0.645 | 0.040 | 0.071 |
| Glutamic acid.....g | 0.396 | | 0 | FLA | 4 | | 1.014 | 0.063 | 0.112 |
| Glycine.....g | 0.138 | | 0 | FLA | 4 | | 0.354 | 0.022 | 0.039 |
| Proline.....g | 0.115 | | 0 | FLA | 4 | | 0.294 | 0.018 | 0.033 |
| Serine.....g | 0.103 | | 0 | FLA | 4 | | 0.263 | 0.016 | 0.029 |

**NDB No. 03053**
**Babyfood, dinner, vegetables and beef, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Hydroxyproline.....g | 0.020 | | 0 | FLA | 4 | | 0.051 | 0.003 | 0.006 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Caffeine.....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine.....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Footnotes:**

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03274**
**Babyfood, dinner, vegetables and chicken, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 87.76 | | 0 | MA | 12 | | 224.67 | 14.04 | 24.88 |
| Energy | kcal | 53 | | 0 | MC | 9 | | 136 | 8 | 15 |
| Energy | kJ | 222 | | 0 | | 9 | | 568 | 35 | 63 |
| Protein | g | 2.04 | | 0 | MA | 12 | | 5.22 | 0.33 | 0.58 |
| Total lipid (fat) | g | 1.12 | | 0 | MA | 12 | | 2.87 | 0.18 | 0.32 |
| Ash | g | 0.42 | | 0 | MA | 12 | | 1.08 | 0.07 | 0.12 |
| Carbohydrate, by difference | g | 8.66 | | 0 | MC | 9 | | 22.17 | 1.39 | 2.46 |
| Fiber, total dietary | g | 1.1 | | 0 | MA | 12 | | 2.8 | 0.2 | 0.3 |
| Sugars, total | g | 1.46 | | 0 | MA | 12 | | 3.74 | 0.23 | 0.41 |
| Sucrose | g | 0.84 | | 0 | MA | 12 | | 2.15 | 0.13 | 0.24 |
| Glucose (dextrose) | g | 0.23 | | 0 | MA | 12 | | 0.59 | 0.04 | 0.07 |
| Fructose | g | 0.24 | | 0 | MA | 12 | | 0.61 | 0.04 | 0.07 |
| Lactose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.15 | | 0 | MA | 12 | | 0.38 | 0.02 | 0.04 |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 27 | | 0 | MA | 12 | | 69 | 4 | 8 |
| Iron, Fe | mg | 0.33 | | 0 | MA | 12 | | 0.84 | 0.05 | 0.09 |
| Magnesium, Mg | mg | 8 | | 0 | MA | 12 | | 20 | 1 | 2 |
| Phosphorus, P | mg | 32 | | 0 | MA | 12 | | 82 | 5 | 9 |
| Potassium, K | mg | 83 | | 0 | MA | 12 | | 212 | 13 | 24 |
| Sodium, Na | mg | 34 | | 0 | LC | 8 | | 87 | 5 | 10 |
| Zinc, Zn | mg | 0.30 | | 0 | MA | 12 | | 0.77 | 0.05 | 0.09 |
| Copper, Cu | mg | 0.020 | | 0 | MA | 12 | | 0.051 | 0.003 | 0.006 |
| Manganese, Mn | mg | 0.110 | | 0 | MA | 12 | | 0.282 | 0.018 | 0.031 |
| Selenium, Se | µg | 2.1 | | 0 | FLM | 4 | | 5.4 | 0.3 | 0.6 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.2 | | 0 | MA | 12 | | 0.5 | 0.0 | 0.1 |
| Thiamin | mg | 0.025 | | 0 | MA | 12 | | 0.064 | 0.004 | 0.007 |
| Riboflavin | mg | 0.046 | | 0 | MA | 12 | | 0.118 | 0.007 | 0.013 |
| Niacin | mg | 0.628 | | 0 | MA | 12 | | 1.608 | 0.100 | 0.178 |
| Pantothenic acid | mg | 0.127 | | 0 | FLM | 4 | | 0.325 | 0.020 | 0.036 |
| Vitamin B-6 | mg | 0.046 | | 0 | MA | 12 | | 0.118 | 0.007 | 0.013 |
| Folate, total | µg | 3 | | 0 | FLM | 4 | | 8 | 0 | 1 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 3 | | 0 | FLM | 4 | | 8 | 0 | 1 |
| Folate, DFE | mcg_DFE | 3 | | 0 | NC | 4 | | 8 | 0 | 1 |
| Choline, total | mg | 9.4 | | 0 | FLA | 4 | | 24.0 | 1.5 | 2.7 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.02 | | 0 | FLM | 4 | | 0.05 | 0.00 | 0.01 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 131 | | 0 | NC | 4 | | 334 | 21 | 37 |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta | µg | 1270 | | 0 | BNA | 4 | | 3251 | 203 | 360 |
| Carotene, alpha | µg | 592 | | 0 | BNA | 4 | | 1517 | 95 | 168 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 2612 | | 0 | MA | 12 | | 6687 | 418 | 741 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 1 | 0 | 0 |
| Lutein + zeaxanthin | µg | 36 | | 0 | FLA | 4 | | 93 | 6 | 10 |
| Vitamin E (alpha-tocopherol) | mg | 0.16 | | 0 | FLA | 4 | | 0.40 | 0.03 | 0.04 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | AS | 1 | | 0.1 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03274**
**Babyfood, dinner, vegetables and chicken, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.1 | 0.0 | 0.0 |
| Vitamin D....IU | 2 | | 0 | FLA | 4 | | 5 | 0 | 1 |
| Vitamin K (phylloquinone)....µg | 2.1 | | 0 | FLA | 4 | | 5.4 | 0.3 | 0.6 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.302 | | 0 | MA | 12 | | 0.773 | 0.048 | 0.086 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.010 | | 0 | FLM | 4 | | 0.026 | 0.002 | 0.003 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.191 | | 0 | FLM | 4 | | 0.489 | 0.031 | 0.054 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.071 | | 0 | FLM | 4 | | 0.182 | 0.011 | 0.020 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.402 | | 0 | FLM | 4 | | 1.029 | 0.064 | 0.114 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.047 | | 0 | FLM | 4 | | 0.120 | 0.008 | 0.013 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.340 | | 0 | FLM | 4 | | 0.870 | 0.054 | 0.096 |
| 20:1....g | 0.004 | | 0 | FLM | 4 | | 0.010 | 0.001 | 0.001 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.269 | | 0 | FLM | 4 | | 0.689 | 0.043 | 0.076 |
| 18:2 undifferentiated....g | 0.238 | | 0 | FLM | 4 | | 0.609 | 0.038 | 0.067 |
| 18:3 undifferentiated....g | 0.013 | | 0 | FLM | 4 | | 0.033 | 0.002 | 0.004 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.009 | | 0 | FLM | 4 | | 0.023 | 0.001 | 0.003 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.002 | | 0 | FLM | 4 | | 0.005 | 0.000 | 0.001 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 7 | | 0 | MA | 12 | | 18 | 1 | 2 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03274**
**Babyfood, dinner, vegetables and chicken, junior**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03042**
**Babyfood, dinner, vegetables and dumplings and beef, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.60 | 0.100 | 3 | | 1 | | 25.12 | 150.62 | |
| Energy | kcal | 48 | | 0 | NC | 4 | | 14 | 82 | |
| Energy | kJ | 201 | | 0 | | 4 | | 57 | 341 | |
| Protein (N x 6.03) | g | 2.10 | 0.100 | 3 | | 1 | | 0.60 | 3.57 | |
| Total lipid (fat) | g | 0.80 | 0.100 | 3 | | 1 | | 0.23 | 1.36 | |
| Ash | g | 0.60 | 0.000 | 3 | | 1 | | 0.17 | 1.02 | |
| Carbohydrate, by difference | g | 8.00 | | 0 | NC | 4 | | 2.27 | 13.60 | |
| Fiber, total dietary | g | | | | | | | | | |
| Sugars, total | g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 14 | 1.000 | 3 | | 1 | | 4 | 24 | |
| Iron, Fe | mg | 0.47 | 0.040 | 3 | | 1 | | 0.13 | 0.80 | |
| Magnesium, Mg | mg | 7 | 0.000 | 3 | | 1 | | 2 | 12 | |
| Phosphorus, P | mg | 29 | | 0 | | 4 | | 8 | 49 | |
| Potassium, K | mg | 47 | | 0 | | 4 | | 13 | 80 | |
| Sodium, Na | mg | 52 | | 1 | | 1 | | 15 | 88 | |
| Zinc, Zn | mg | 0.33 | 0.027 | 3 | | 1 | | 0.09 | 0.56 | |
| Copper, Cu | mg | 0.030 | | 0 | | 4 | | 0.009 | 0.051 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 2.1 | | 0 | BFZN | 4 | | 0.6 | 3.6 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.8 | | 0 | | 1 | | 0.2 | 1.4 | |
| Thiamin | mg | 0.039 | 0.000 | 3 | | 1 | | 0.011 | 0.066 | |
| Riboflavin | mg | 0.036 | | 3 | | 1 | | 0.010 | 0.061 | |
| Niacin | mg | 0.490 | 0.009 | 3 | | 1 | | 0.139 | 0.833 | |
| Pantothenic acid | mg | 0.214 | | 0 | | 4 | | 0.061 | 0.364 | |
| Vitamin B-6 | mg | 0.048 | | 0 | | 4 | | 0.014 | 0.082 | |
| Folate, total | µg | 7 | | 0 | | 1 | | 2 | 13 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 7 | | 0 | | 1 | | 2 | 13 | |
| Folate, DFE | mcg_DFE | 7 | | 0 | NC | 4 | | 2 | 13 | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.09 | | 0 | | 4 | | 0.03 | 0.15 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 33 | | 0 | NC | 4 | | 9 | 56 | |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | 660 | 49.000 | 3 | | 1 | | 187 | 1122 | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same

**NDB No. 03042**

**Babyfood, dinner, vegetables and dumplings and beef, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 4.1 **Fat** 8.9 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03041**

**Babyfood, dinner, vegetables and dumplings and beef, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.90 | 0.200 | 5 | | 1 | | 25.20 | 100.46 | |
| Energy....kcal | 48 | | 0 | NC | 4 | | 14 | 54 | |
| Energy....kJ | 201 | | 0 | | 4 | | 57 | 227 | |
| Protein (N x 6.03)....g | 2.00 | | 2 | | 1 | | 0.57 | 2.26 | |
| Total lipid (fat)....g | 0.90 | | 2 | | 1 | | 0.26 | 1.02 | |
| Ash....g | 0.50 | | 2 | | 1 | | 0.14 | 0.57 | |
| Carbohydrate, by difference....g | 7.70 | | 0 | NC | 4 | | 2.18 | 8.70 | |
| Fiber, total dietary....g | | | | | | | | | |
| Sugars, total....g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 14 | | 2 | | 1 | | 4 | 16 | |
| Iron, Fe....mg | 0.39 | | 2 | | 1 | | 0.11 | 0.44 | |
| Magnesium, Mg....mg | 6 | | 0 | | 1 | | 2 | 7 | |
| Phosphorus, P....mg | 28 | | 0 | | 4 | | 8 | 32 | |
| Potassium, K....mg | 46 | | 0 | | 4 | | 13 | 52 | |
| Sodium, Na....mg | 49 | | 1 | | 1 | | 14 | 55 | |
| Zinc, Zn....mg | 0.40 | | 1 | | 1 | | 0.11 | 0.45 | |
| Copper, Cu....mg | 0.029 | | 0 | | 4 | | 0.008 | 0.033 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 2.1 | | 0 | BFZN | 4 | | 0.6 | 2.4 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.8 | | 2 | | 1 | | 0.2 | 0.9 | |
| Thiamin....mg | 0.049 | | 2 | | 1 | | 0.014 | 0.055 | |
| Riboflavin....mg | 0.040 | | 2 | | 1 | | 0.011 | 0.045 | |
| Niacin....mg | 0.574 | | 2 | | 1 | | 0.163 | 0.649 | |
| Pantothenic acid....mg | 0.208 | | 0 | | 4 | | 0.059 | 0.235 | |
| Vitamin B-6....mg | 0.047 | | 0 | | 4 | | 0.013 | 0.053 | |
| Folate, total....µg | 7 | 1.400 | 3 | | 1 | | 2 | 8 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 7 | 1.400 | 3 | | 1 | | 2 | 8 | |
| Folate, DFE....mcg_DFE | 7 | | 0 | NC | 4 | | 2 | 8 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.09 | | 0 | | 4 | | 0.03 | 0.10 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 21 | | 0 | NC | 4 | | 6 | 24 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 416 | | 2 | | 1 | | 118 | 470 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | 0.24 | | 0 | NR | 4 | | 0.07 | 0.27 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03041**

**Babyfood, dinner, vegetables and dumplings and beef, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 4.1 **Fat** 8.9 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03062**
**Babyfood, dinner, vegetables and ham, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.00 | | 0 | MA | 12 | | 222.72 | 13.92 | 24.66 |
| Energy....kcal | 60 | | 0 | NC | 4 | | 153 | 10 | 17 |
| Energy....kJ | 250 | | 0 | NC | 4 | | 639 | 40 | 71 |
| Protein....g | 2.02 | | 0 | MA | 12 | | 5.17 | 0.32 | 0.57 |
| Total lipid (fat)....g | 1.89 | | 0 | MA | 12 | | 4.84 | 0.30 | 0.54 |
| Ash....g | 0.45 | | 0 | MA | 12 | | 1.15 | 0.07 | 0.13 |
| Carbohydrate, by difference....g | 8.64 | | 0 | NC | 4 | | 22.12 | 1.38 | 2.45 |
| Fiber, total dietary....g | 1.0 | | 0 | MA | 12 | | 2.6 | 0.2 | 0.3 |
| Sugars, total....g | 0.99 | | 0 | MA | 12 | | 2.53 | 0.16 | 0.28 |
| Sucrose....g | 0.45 | | 0 | MA | 12 | | 1.15 | 0.07 | 0.13 |
| Glucose (dextrose)....g | 0.27 | | 0 | MA | 12 | | 0.69 | 0.04 | 0.08 |
| Fructose....g | 0.27 | | 0 | MA | 12 | | 0.69 | 0.04 | 0.08 |
| Lactose....g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Galactose....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 14 | | 0 | MA | 12 | | 36 | 2 | 4 |
| Iron, Fe....mg | 0.24 | | 0 | MA | 12 | | 0.61 | 0.04 | 0.07 |
| Magnesium, Mg....mg | 8 | | 0 | MA | 12 | | 20 | 1 | 2 |
| Phosphorus, P....mg | 33 | | 0 | MA | 12 | | 84 | 5 | 9 |
| Potassium, K....mg | 97 | | 0 | MA | 12 | | 248 | 16 | 27 |
| Sodium, Na....mg | 45 | | 0 | LC | 8 | | 115 | 7 | 13 |
| Zinc, Zn....mg | 0.30 | | 0 | MA | 12 | | 0.77 | 0.05 | 0.09 |
| Copper, Cu....mg | 0.030 | | 0 | MA | 12 | | 0.077 | 0.005 | 0.009 |
| Manganese, Mn....mg | 0.070 | | 0 | MA | 12 | | 0.179 | 0.011 | 0.020 |
| Selenium, Se....µg | 2.4 | | 0 | FLM | 4 | | 6.1 | 0.4 | 0.7 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 1.1 | | 0 | FLM | 4 | | 2.8 | 0.2 | 0.3 |
| Thiamin....mg | 0.032 | | 0 | MA | 12 | | 0.082 | 0.005 | 0.009 |
| Riboflavin....mg | 0.040 | | 0 | MA | 12 | | 0.102 | 0.006 | 0.011 |
| Niacin....mg | 0.512 | | 0 | MA | 12 | | 1.311 | 0.082 | 0.145 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.046 | | 0 | MA | 12 | | 0.118 | 0.007 | 0.013 |
| Folate, total....µg | 8 | | 0 | FLM | 4 | | 20 | 1 | 2 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 8 | | 0 | FLM | 4 | | 20 | 1 | 2 |
| Folate, DFE....mcg_DFE | 8 | | 0 | NC | 4 | | 20 | 1 | 2 |
| Choline, total....mg | 4.2 | | 0 | FLA | 4 | | 10.8 | 0.7 | 1.2 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.03 | | 0 | FLM | 4 | | 0.08 | 0.00 | 0.01 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 144 | | 0 | NC | 4 | | 368 | 23 | 41 |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 1401 | | 0 | FLA | 4 | | 3586 | 224 | 397 |
| Carotene, alpha....µg | 645 | | 0 | FLA | 4 | | 1650 | 103 | 183 |
| Cryptoxanthin, beta....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 2872 | | 0 | NC | 4 | | 7352 | 460 | 814 |
| Lycopene....µg | 685 | | 0 | FLA | 4 | | 1753 | 110 | 194 |
| Lutein + zeaxanthin....µg | 49 | | 0 | FLA | 4 | | 126 | 8 | 14 |
| Vitamin E (alpha-tocopherol)....mg | 0.31 | | 0 | FLA | 4 | | 0.80 | 0.05 | 0.09 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | FLA | 4 | | 0.1 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.1 | | |

**NDB No. 03062**
**Babyfood, dinner, vegetables and ham, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | | FLA | 4 | | | 0.0 | 0.0 |
| Vitamin D....IU | 1 | | 0 | FLA | 4 | | 3 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 2.7 | | 0 | FLA | 4 | | 6.9 | 0.4 | 0.8 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.483 | | 0 | FLM | 4 | | 1.236 | 0.077 | 0.137 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.001 | | 0 | FLM | 4 | | 0.003 | 0.000 | 0.000 |
| 12:0....g | 0.003 | | 0 | FLM | 4 | | 0.008 | 0.000 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.013 | | 0 | FLM | 4 | | 0.033 | 0.002 | 0.004 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.314 | | 0 | FLM | 4 | | 0.804 | 0.050 | 0.089 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.151 | | 0 | FLM | 4 | | 0.387 | 0.024 | 0.043 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.811 | | 0 | FLM | 4 | | 2.076 | 0.130 | 0.230 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.033 | | 0 | FLM | 4 | | 0.084 | 0.005 | 0.009 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.777 | | 0 | FLM | 4 | | 1.989 | 0.124 | 0.220 |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.448 | | 0 | FLM | 4 | | 1.147 | 0.072 | 0.127 |
| 18:2 undifferentiated....g | 0.403 | | 0 | FLM | 4 | | 1.032 | 0.064 | 0.114 |
| 18:3 undifferentiated....g | 0.039 | | 0 | FLM | 4 | | 0.100 | 0.006 | 0.011 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.004 | | 0 | FLM | 4 | | 0.010 | 0.001 | 0.001 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 3 | | 0 | FLM | 4 | | 8 | 0 | 1 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03062**
**Babyfood, dinner, vegetables and ham, junior**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03061**
**Babyfood, dinner, vegetables and ham, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 87.47 | | 0 | MA | 12 | | 223.92 | 14.00 | 24.80 |
| Energy | kcal | 59 | | 0 | MC | 9 | | 151 | 9 | 17 |
| Energy | kJ | 247 | | 0 | | 9 | | 632 | 39 | 70 |
| Protein | g | 2.19 | | 0 | MA | 12 | | 5.61 | 0.35 | 0.62 |
| Total lipid (fat) | g | 2.14 | | 0 | MA | 12 | | 5.48 | 0.34 | 0.61 |
| Ash | g | 0.41 | | 0 | MA | 12 | | 1.05 | 0.07 | 0.12 |
| Carbohydrate, by difference | g | 7.80 | | 0 | MC | 9 | | 19.97 | 1.25 | 2.21 |
| Fiber, total dietary | g | 1.6 | | 0 | MA | 12 | | 4.1 | 0.3 | 0.5 |
| Sugars, total | g | 1.37 | | 0 | MA | 12 | | 3.51 | 0.22 | 0.39 |
| Sucrose | g | 0.61 | | 0 | MA | 12 | | 1.56 | 0.10 | 0.17 |
| Glucose (dextrose) | g | 0.39 | | 0 | MA | 12 | | 1.00 | 0.06 | 0.11 |
| Fructose | g | 0.37 | | 0 | MA | 12 | | 0.95 | 0.06 | 0.10 |
| Lactose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 16 | | 0 | MA | 12 | | 41 | 3 | 5 |
| Iron, Fe | mg | 0.41 | | 0 | MA | 12 | | 1.05 | 0.07 | 0.12 |
| Magnesium, Mg | mg | 12 | | 0 | MA | 12 | | 31 | 2 | 3 |
| Phosphorus, P | mg | 33 | | 0 | MA | 12 | | 84 | 5 | 9 |
| Potassium, K | mg | 141 | | 0 | MA | 12 | | 361 | 23 | 40 |
| Sodium, Na | mg | 16 | | 0 | MA | 12 | | 41 | 3 | 5 |
| Zinc, Zn | mg | 0.32 | | 0 | MA | 12 | | 0.82 | 0.05 | 0.09 |
| Copper, Cu | mg | 0.070 | | 0 | MA | 12 | | 0.179 | 0.011 | 0.020 |
| Manganese, Mn | mg | 0.140 | | 0 | MA | 12 | | 0.358 | 0.022 | 0.040 |
| Selenium, Se | µg | 2.4 | | 0 | FLM | 4 | | 6.1 | 0.4 | 0.7 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.6 | | 0 | MA | 12 | | 4.1 | 0.3 | 0.5 |
| Thiamin | mg | 0.035 | | 0 | MA | 12 | | 0.090 | 0.006 | 0.010 |
| Riboflavin | mg | 0.054 | | 0 | MA | 12 | | 0.138 | 0.009 | 0.015 |
| Niacin | mg | 0.676 | | 0 | MA | 12 | | 1.731 | 0.108 | 0.192 |
| Pantothenic acid | mg | 0.151 | | 0 | FLM | 4 | | 0.387 | 0.024 | 0.043 |
| Vitamin B-6 | mg | 0.072 | | 0 | MA | 12 | | 0.184 | 0.012 | 0.020 |
| Folate, total | µg | 3 | | 0 | FLM | 4 | | 8 | 0 | 1 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 3 | | 0 | FLM | 4 | | 8 | 0 | 1 |
| Folate, DFE | mcg_DFE | 3 | | 0 | NC | 4 | | 8 | 0 | 1 |
| Choline, total | mg | 12.7 | | 0 | FLA | 4 | | 32.4 | 2.0 | 3.6 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.06 | | 0 | FLM | 4 | | 0.15 | 0.01 | 0.02 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 144 | | 0 | NC | 4 | | 368 | 23 | 41 |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 1401 | | 0 | FLA | 4 | | 3586 | 224 | 397 |
| Carotene, alpha | µg | 645 | | 0 | FLA | 4 | | 1650 | 103 | 183 |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 2872 | | 0 | NC | 4 | | 7352 | 460 | 814 |
| Lycopene | µg | 685 | | 0 | FLA | 4 | | 1753 | 110 | 194 |
| Lutein + zeaxanthin | µg | 49 | | 0 | FLA | 4 | | 126 | 8 | 14 |
| Vitamin E (alpha-tocopherol) | mg | 0.31 | | 0 | FLA | 4 | | 0.80 | 0.05 | 0.09 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.1 | | 0 | FLA | 4 | | 0.2 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03061**
**Babyfood, dinner, vegetables and ham, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.1 | | 0 | FLA | 4 | | 0.2 | 0.0 | 0.0 |
| Vitamin D....IU | 4 | | 0 | FLA | 4 | | 9 | 1 | 1 |
| Vitamin K (phylloquinone)....µg | 2.7 | | 0 | FLA | 4 | | 6.9 | 0.4 | 0.8 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.764 | | 0 | FLM | 4 | | 1.956 | 0.122 | 0.217 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.002 | | 0 | FLM | 4 | | 0.005 | 0.000 | 0.001 |
| 12:0....g | 0.004 | | 0 | FLM | 4 | | 0.010 | 0.001 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.027 | | 0 | FLM | 4 | | 0.069 | 0.004 | 0.008 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.482 | | 0 | FLM | 4 | | 1.234 | 0.077 | 0.137 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.245 | | 0 | FLM | 4 | | 0.627 | 0.039 | 0.069 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.963 | | 0 | FLM | 4 | | 2.465 | 0.154 | 0.273 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.061 | | 0 | FLM | 4 | | 0.156 | 0.010 | 0.017 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.895 | | 0 | FLM | 4 | | 2.291 | 0.143 | 0.254 |
| 20:1....g | 0.005 | | 0 | FLM | 4 | | 0.013 | 0.001 | 0.001 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.234 | | 0 | FLM | 4 | | 0.599 | 0.037 | 0.066 |
| 18:2 undifferentiated....g | 0.198 | | 0 | FLM | 4 | | 0.507 | 0.032 | 0.056 |
| 18:3 undifferentiated....g | 0.026 | | 0 | FLM | 4 | | 0.067 | 0.004 | 0.007 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.007 | | 0 | FLM | 4 | | 0.018 | 0.001 | 0.002 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 5 | | 0 | MA | 12 | | 13 | 1 | 1 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03061**

**Babyfood, dinner, vegetables and ham, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03067**
**Babyfood, dinner, vegetables and lamb, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.60 | 0.200 | 25 | | 1 | | 25.12 | 150.62 | |
| Energy....kcal | 51 | | 0 | NC | 4 | | 14 | 87 | |
| Energy....kJ | 213 | | 0 | | 4 | | 60 | 363 | |
| Protein (N x 6.25)....g | 2.10 | 0.100 | 23 | | 1 | | 0.60 | 3.57 | |
| Total lipid (fat)....g | 1.70 | 0.100 | 23 | | 1 | | 0.48 | 2.89 | |
| Ash....g | 0.50 | 0.000 | 22 | | 1 | | 0.14 | 0.85 | |
| Carbohydrate, by difference....g | 7.10 | | 0 | NC | 4 | | 2.01 | 12.07 | |
| Fiber, total dietary....g | 1.1 | | 0 | | 4 | | 0.3 | 1.9 | |
| Sugars, total....g | 0.94 | | 0 | NR | 4 | | 0.27 | 1.60 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 13 | 0.000 | 21 | | 1 | | 4 | 22 | |
| Iron, Fe....mg | 0.34 | 0.010 | 21 | | 1 | | 0.10 | 0.58 | |
| Magnesium, Mg....mg | 7 | 0.000 | 3 | | 1 | | 2 | 12 | |
| Phosphorus, P....mg | 49 | | 1 | | 1 | | 14 | 83 | |
| Potassium, K....mg | 95 | | 14 | | 1 | | 27 | 162 | |
| Sodium, Na....mg | 13 | 1.000 | 15 | | 1 | | 4 | 22 | |
| Zinc, Zn....mg | 0.22 | | 7 | | 1 | | 0.06 | 0.38 | |
| Copper, Cu....mg | 0.029 | 0.003 | 3 | | 1 | | 0.008 | 0.049 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 2.4 | | 0 | BFZN | 4 | | 0.7 | 4.1 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 1.7 | 0.100 | 22 | | 1 | | 0.5 | 2.9 | |
| Thiamin....mg | 0.021 | 0.000 | 20 | | 1 | | 0.006 | 0.036 | |
| Riboflavin....mg | 0.032 | 0.000 | 22 | | 1 | | 0.009 | 0.054 | |
| Niacin....mg | 0.554 | 0.015 | 21 | | 1 | | 0.157 | 0.942 | |
| Pantothenic acid....mg | 0.159 | | 0 | | 1 | | 0.045 | 0.270 | |
| Vitamin B-6....mg | 0.044 | | 7 | | 1 | | 0.012 | 0.075 | |
| Folate, total....µg | 4 | | 0 | | 1 | | 1 | 6 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 4 | | 0 | | 1 | | 1 | 6 | |
| Folate, DFE....mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 6 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.16 | | 1 | | 1 | | 0.05 | 0.27 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 138 | | 0 | NC | 4 | | 39 | 234 | |
| Retinol....µg | 76 | | 0 | NC | 4 | | 22 | 129 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 1483 | 129.000 | 23 | | 1 | | 420 | 2521 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | 0.24 | | 0 | NR | 4 | | 0.07 | 0.41 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03067**
**Babyfood, dinner, vegetables and lamb, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.696 | | 0 | | 4 | | 0.197 | 1.183 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.007 | |
| 12:0....g | 0.007 | | 0 | | 4 | | 0.002 | 0.012 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.064 | | 0 | | 4 | | 0.018 | 0.109 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.358 | | 0 | | 4 | | 0.101 | 0.609 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.221 | | 0 | | 4 | | 0.063 | 0.376 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.690 | | 0 | | 4 | | 0.196 | 1.173 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.047 | | 0 | | 4 | | 0.013 | 0.080 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.626 | | 0 | | 4 | | 0.177 | 1.064 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.154 | | 0 | | 4 | | 0.044 | 0.262 | |
| 18:2 undifferentiated....g | 0.122 | | 0 | | 4 | | 0.035 | 0.207 | |
| 18:3 undifferentiated....g | 0.026 | | 0 | | 4 | | 0.007 | 0.044 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.005 | | 0 | | 4 | | 0.001 | 0.009 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 5 | | 0 | | 4 | | 1 | 9 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.024 | | 0 | | 1 | | 0.007 | 0.041 | |
| Threonine....g | 0.077 | | 0 | | 1 | | 0.022 | 0.131 | |
| Isoleucine....g | 0.095 | | 0 | | 1 | | 0.027 | 0.162 | |
| Leucine....g | 0.155 | | 0 | | 1 | | 0.044 | 0.264 | |
| Lysine....g | 0.154 | | 0 | | 1 | | 0.044 | 0.262 | |
| Methionine....g | 0.031 | | 0 | | 1 | | 0.009 | 0.053 | |
| Cystine....g | 0.018 | | 0 | | 1 | | 0.005 | 0.031 | |
| Phenylalanine....g | 0.083 | | 0 | | 1 | | 0.024 | 0.141 | |
| Tyrosine....g | 0.066 | | 0 | | 1 | | 0.019 | 0.112 | |
| Valine....g | 0.102 | | 0 | | 1 | | 0.029 | 0.173 | |
| Arginine....g | 0.141 | | 0 | | 1 | | 0.040 | 0.240 | |
| Histidine....g | 0.048 | | 0 | | 1 | | 0.014 | 0.082 | |
| Alanine....g | 0.120 | | 0 | | 1 | | 0.034 | 0.204 | |
| Aspartic acid....g | 0.209 | | 0 | | 1 | | 0.059 | 0.355 | |
| Glutamic acid....g | 0.418 | | 0 | | 1 | | 0.119 | 0.711 | |
| Glycine....g | 0.105 | | 0 | | 1 | | 0.030 | 0.179 | |
| Proline....g | 0.115 | | 0 | | 1 | | 0.033 | 0.196 | |
| Serine....g | 0.077 | | 0 | | 1 | | 0.022 | 0.131 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | | | | | | | | | |
| Theobromine....mg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03067**
**Babyfood, dinner, vegetables and lamb, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 3.7 **Fat** 8.9 **Carbohydrate** 3.9

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03066**
**Babyfood, dinner, vegetables and lamb, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.60 | 0.200 | 30 | | 1 | | 226.82 | 14.18 | 25.12 |
| Energy | kcal | 52 | | 0 | NC | 4 | | 133 | 8 | 15 |
| Energy | kJ | 218 | | 0 | NC | 4 | | 557 | 35 | 62 |
| Protein (N x 6.25) | g | 2.00 | 0.000 | 27 | | 1 | | 5.12 | 0.32 | 0.57 |
| Total lipid (fat) | g | 2.00 | 0.100 | 21 | | 1 | | 5.12 | 0.32 | 0.57 |
| Ash | g | 0.50 | 0.000 | 21 | | 1 | | 1.28 | 0.08 | 0.14 |
| Carbohydrate, by difference | g | 6.90 | | 0 | NC | 4 | | 17.66 | 1.10 | 1.96 |
| Fiber, total dietary | g | 1.1 | | 0 | | 4 | | 2.8 | 0.2 | 0.3 |
| Sugars, total | g | 0.94 | | 0 | FLA | 4 | | 2.41 | 0.15 | 0.27 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 12 | 1.000 | 25 | | 1 | | 31 | 2 | 3 |
| Iron, Fe | mg | 0.35 | 0.030 | 26 | | 1 | | 0.90 | 0.06 | 0.10 |
| Magnesium, Mg | mg | 7 | | 0 | | 1 | | 18 | 1 | 2 |
| Phosphorus, P | mg | 49 | | 0 | | 1 | | 125 | 8 | 14 |
| Potassium, K | mg | 94 | 2.000 | 13 | | 1 | | 241 | 15 | 27 |
| Sodium, Na | mg | 20 | | 16 | | 1 | | 51 | 3 | 6 |
| Zinc, Zn | mg | 0.22 | | 0 | | 1 | | 0.55 | 0.03 | 0.06 |
| Copper, Cu | mg | 0.029 | | 0 | | 1 | | 0.074 | 0.005 | 0.008 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 2.4 | | 0 | BFZN | 4 | | 6.1 | 0.4 | 0.7 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.2 | 0.100 | 21 | | 1 | | 3.1 | 0.2 | 0.3 |
| Thiamin | mg | 0.018 | 0.000 | 26 | | 1 | | 0.046 | 0.003 | 0.005 |
| Riboflavin | mg | 0.034 | 0.003 | 26 | | 1 | | 0.087 | 0.005 | 0.010 |
| Niacin | mg | 0.529 | 0.017 | 25 | | 1 | | 1.354 | 0.085 | 0.150 |
| Pantothenic acid | mg | 0.160 | | 4 | | 1 | | 0.410 | 0.026 | 0.045 |
| Vitamin B-6 | mg | 0.046 | 0.000 | 11 | | 1 | | 0.118 | 0.007 | 0.013 |
| Folate, total | µg | 4 | 0.500 | 9 | | 1 | | 9 | 1 | 1 |
| Folic acid | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food | µg | 4 | 0.500 | 9 | | 1 | | 9 | 1 | 1 |
| Folate, DFE | mcg_DFE | 4 | | 0 | NC | 4 | | 9 | 1 | 1 |
| Choline, total | mg | 9.5 | | 0 | FLA | 4 | | 24.4 | 1.5 | 2.7 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.16 | | 0 | | 1 | | 0.41 | 0.03 | 0.05 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 100 | | 0 | NC | 4 | | 255 | 16 | 28 |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 976 | | 0 | FLA | 4 | | 2498 | 156 | 277 |
| Carotene, alpha | µg | 443 | | 0 | FLA | 4 | | 1133 | 71 | 125 |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 1995 | | 0 | NC | 4 | | 5107 | 319 | 566 |
| Lycopene | µg | 947 | | 0 | FLA | 4 | | 2425 | 152 | 269 |
| Lutein + zeaxanthin | µg | 34 | | 0 | FLA | 4 | | 87 | 5 | 10 |
| Vitamin E (alpha-tocopherol) | mg | 0.24 | | 0 | NR | 4 | | 0.61 | 0.04 | 0.07 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 2.3 | | 0 | FLA | 4 | | 5.8 | 0.4 | 0.6 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03066**
**Babyfood, dinner, vegetables and lamb, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.828 | | 0 | | 4 | | 2.120 | 0.132 | 0.235 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.005 | | 0 | | 4 | | 0.013 | 0.001 | 0.001 |
| 12:0....g | 0.009 | | 0 | | 4 | | 0.023 | 0.001 | 0.003 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.076 | | 0 | | 4 | | 0.195 | 0.012 | 0.022 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.423 | | 0 | | 4 | | 1.083 | 0.068 | 0.120 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.264 | | 0 | | 4 | | 0.676 | 0.042 | 0.075 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.822 | | 0 | | 4 | | 2.104 | 0.132 | 0.233 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.057 | | 0 | | 4 | | 0.146 | 0.009 | 0.016 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.746 | | 0 | | 4 | | 1.910 | 0.119 | 0.211 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.167 | | 0 | | 4 | | 0.428 | 0.027 | 0.047 |
| 18:2 undifferentiated....g | 0.130 | | 0 | | 4 | | 0.333 | 0.021 | 0.037 |
| 18:3 undifferentiated....g | 0.031 | | 0 | | 4 | | 0.079 | 0.005 | 0.009 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.006 | | 0 | | 4 | | 0.015 | 0.001 | 0.002 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 6 | | 0 | | 4 | | 15 | 1 | 2 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.023 | | 0 | | 1 | | 0.059 | 0.004 | 0.007 |
| Threonine....g | | | | | | | | | |
| Isoleucine....g | | | | | | | | | |
| Leucine....g | | | | | | | | | |
| Lysine....g | | | | | | | | | |
| Methionine....g | 0.044 | | 0 | FLA | 4 | | 0.114 | 0.007 | 0.013 |
| Cystine....g | 0.023 | | 0 | FLA | 4 | | 0.060 | 0.004 | 0.007 |
| Phenylalanine....g | 0.083 | | 0 | FLA | 4 | | 0.211 | 0.013 | 0.023 |
| Tyrosine....g | 0.067 | | 0 | FLA | 4 | | 0.171 | 0.011 | 0.019 |
| Valine....g | 0.102 | | 0 | FLA | 4 | | 0.262 | 0.016 | 0.029 |
| Arginine....g | 0.116 | | 0 | FLA | 4 | | 0.296 | 0.019 | 0.033 |
| Histidine....g | 0.057 | | 0 | FLA | 4 | | 0.145 | 0.009 | 0.016 |
| Alanine....g | 0.114 | | 0 | FLA | 4 | | 0.292 | 0.018 | 0.032 |
| Aspartic acid....g | 0.209 | | 0 | FLA | 4 | | 0.535 | 0.033 | 0.059 |
| Glutamic acid....g | 0.341 | | 0 | FLA | 4 | | 0.872 | 0.055 | 0.097 |
| Glycine....g | 0.088 | | 0 | FLA | 4 | | 0.225 | 0.014 | 0.025 |
| Proline....g | 0.080 | | 0 | FLA | 4 | | 0.204 | 0.013 | 0.023 |
| Serine....g | 0.075 | | 0 | FLA | 4 | | 0.191 | 0.012 | 0.021 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03066**
**Babyfood, dinner, vegetables and lamb, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 3.7 **Fat** 8.9 **Carbohydrate** 3.9

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03081**
**Babyfood, dinner, vegetables and noodles and turkey, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.70 | 0.000 | 4 | | 1 | | 25.15 | 150.79 | |
| Energy | kcal | 52 | | 0 | NC | 4 | | 15 | 88 | |
| Energy | kJ | 218 | | 0 | | 4 | | 62 | 370 | |
| Protein (N x 5.98) | g | 1.80 | 0.000 | 4 | | 1 | | 0.51 | 3.06 | |
| Total lipid (fat) | g | 1.50 | 0.100 | 4 | | 1 | | 0.43 | 2.55 | |
| Ash | g | 0.40 | 0.000 | 4 | | 1 | | 0.11 | 0.68 | |
| Carbohydrate, by difference | g | 7.60 | | 0 | NC | 4 | | 2.15 | 12.92 | |
| Fiber, total dietary | g | 1.1 | | 0 | | 4 | | 0.3 | 1.9 | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 32 | 2.000 | 4 | | 1 | | 9 | 54 | |
| Iron, Fe | mg | 0.26 | 0.020 | 4 | | 1 | | 0.07 | 0.44 | |
| Magnesium, Mg | mg | 9 | | 0 | | 1 | | 3 | 15 | |
| Phosphorus, P | mg | 29 | | 0 | | 1 | | 8 | 49 | |
| Potassium, K | mg | 73 | | 0 | | 1 | | 21 | 124 | |
| Sodium, Na | mg | 17 | | 1 | | 1 | | 5 | 29 | |
| Zinc, Zn | mg | 0.30 | | 1 | | 1 | | 0.09 | 0.51 | |
| Copper, Cu | mg | 0.026 | | 0 | | 4 | | 0.007 | 0.044 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 2.8 | | 0 | FLM | 4 | | 0.8 | 4.8 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.8 | 0.100 | 4 | | 1 | | 0.2 | 1.4 | |
| Thiamin | mg | 0.024 | 0.000 | 4 | | 1 | | 0.007 | 0.041 | |
| Riboflavin | mg | 0.040 | 0.003 | 4 | | 1 | | 0.011 | 0.068 | |
| Niacin | mg | 0.299 | 0.034 | 4 | | 1 | | 0.085 | 0.508 | |
| Pantothenic acid | mg | 0.217 | | 0 | | 4 | | 0.062 | 0.369 | |
| Vitamin B-6 | mg | 0.018 | | 0 | | 1 | | 0.005 | 0.031 | |
| Folate, total | µg | 3 | | 0 | | 1 | | 1 | 5 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 3 | | 0 | | 1 | | 1 | 5 | |
| Folate, DFE | mcg_DFE | 3 | | 0 | NC | 4 | | 1 | 5 | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.12 | | 0 | | 1 | | 0.03 | 0.20 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 50 | | 0 | NC | 4 | | 14 | 84 | |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | 994 | 84.000 | 4 | | 1 | | 282 | 1690 | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same

**NDB No. 03081**
**Babyfood, dinner, vegetables and noodles and turkey, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

food, or similar food.

**Common Measures:**
Measure 1 = 28.35g: 1 oz
Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 4.1 **Fat** 8.9 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03079**
**Babyfood, dinner, vegetables and noodles and turkey, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 90.30 | 0.100 | 7 | | 1 | | 25.60 | 102.04 | |
| Energy....kcal | 44 | | 0 | NC | 4 | | 12 | 50 | |
| Energy....kJ | 184 | | 0 | | 4 | | 52 | 208 | |
| Protein (N x 5.98)....g | 1.20 | 0.100 | 4 | | 1 | | 0.34 | 1.36 | |
| Total lipid (fat)....g | 1.20 | 0.000 | 4 | | 1 | | 0.34 | 1.36 | |
| Ash....g | 0.40 | 0.000 | 4 | | 1 | | 0.11 | 0.45 | |
| Carbohydrate, by difference....g | 6.80 | | 0 | NC | 4 | | 1.93 | 7.68 | |
| Fiber, total dietary....g | 1.1 | | 0 | | 4 | | 0.3 | 1.2 | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 32 | 2.000 | 4 | | 1 | | 9 | 36 | |
| Iron, Fe....mg | 0.19 | 0.010 | 4 | | 1 | | 0.05 | 0.21 | |
| Magnesium, Mg....mg | 8 | | 1 | | 1 | | 2 | 9 | |
| Phosphorus, P....mg | 25 | | 1 | | 1 | | 7 | 28 | |
| Potassium, K....mg | 63 | | 1 | | 1 | | 18 | 71 | |
| Sodium, Na....mg | 21 | | 1 | | 1 | | 6 | 24 | |
| Zinc, Zn....mg | 0.27 | | 1 | | 1 | | 0.08 | 0.31 | |
| Copper, Cu....mg | 0.022 | | 0 | | 4 | | 0.006 | 0.025 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 2.8 | | 0 | FLM | 4 | | 0.8 | 3.2 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.8 | 0.200 | 4 | | 1 | | 0.2 | 0.9 | |
| Thiamin....mg | 0.018 | 0.000 | 4 | | 1 | | 0.005 | 0.020 | |
| Riboflavin....mg | 0.044 | 0.007 | 4 | | 1 | | 0.012 | 0.050 | |
| Niacin....mg | 0.250 | 0.050 | 4 | | 1 | | 0.071 | 0.283 | |
| Pantothenic acid....mg | 0.186 | | 0 | | 4 | | 0.053 | 0.210 | |
| Vitamin B-6....mg | 0.016 | | 1 | | 1 | | 0.005 | 0.018 | |
| Folate, total....µg | 2 | 0.800 | 3 | | 1 | | 1 | 3 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 2 | 0.800 | 3 | | 1 | | 1 | 3 | |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 1 | 3 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.10 | | 1 | | 1 | | 0.03 | 0.11 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 50 | | 0 | NC | 4 | | 14 | 56 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 991 | 87.000 | 4 | | 1 | | 281 | 1120 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same

**NDB No. 03079**
**Babyfood, dinner, vegetables and noodles and turkey, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

food, or similar food.

**Common Measures:**
Measure 1 = 28.35g: 1 oz
Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 4.1 **Fat** 8.9 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03085**
**Babyfood, dinner, vegetables and turkey, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.50 | | 0 | MA | 12 | | 226.56 | 14.16 | 25.09 |
| Energy | kcal | 53 | | 0 | MC | 9 | | 136 | 8 | 15 |
| Energy | kJ | 222 | | 0 | | 9 | | 568 | 35 | 63 |
| Protein | g | 1.72 | | 0 | MA | 12 | | 4.40 | 0.28 | 0.49 |
| Total lipid (fat) | g | 1.74 | | 0 | MA | 12 | | 4.45 | 0.28 | 0.49 |
| Ash | g | 0.49 | | 0 | MA | 12 | | 1.25 | 0.08 | 0.14 |
| Carbohydrate, by difference | g | 7.55 | | 0 | MC | 9 | | 19.33 | 1.21 | 2.14 |
| Fiber, total dietary | g | 0.9 | | 0 | MA | 12 | | 2.3 | 0.1 | 0.3 |
| Sugars, total | g | 1.36 | | 0 | MA | 12 | | 3.48 | 0.22 | 0.39 |
| Sucrose | g | 0.81 | | 0 | MA | 12 | | 2.07 | 0.13 | 0.23 |
| Glucose (dextrose) | g | 0.23 | | 0 | MA | 12 | | 0.59 | 0.04 | 0.07 |
| Fructose | g | 0.23 | | 0 | MA | 12 | | 0.59 | 0.04 | 0.07 |
| Lactose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.09 | | 0 | MA | 12 | | 0.23 | 0.01 | 0.03 |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 16 | | 0 | MA | 12 | | 41 | 3 | 5 |
| Iron, Fe | mg | 0.36 | | 0 | MA | 12 | | 0.92 | 0.06 | 0.10 |
| Magnesium, Mg | mg | 9 | | 0 | MA | 12 | | 23 | 1 | 3 |
| Phosphorus, P | mg | 32 | | 0 | MA | 12 | | 82 | 5 | 9 |
| Potassium, K | mg | 98 | | 0 | MA | 12 | | 251 | 16 | 28 |
| Sodium, Na | mg | 45 | | 0 | LC | 8 | | 115 | 7 | 13 |
| Zinc, Zn | mg | 0.30 | | 0 | MA | 12 | | 0.77 | 0.05 | 0.09 |
| Copper, Cu | mg | 0.020 | | 0 | MA | 12 | | 0.051 | 0.003 | 0.006 |
| Manganese, Mn | mg | 0.060 | | 0 | MA | 12 | | 0.154 | 0.010 | 0.017 |
| Selenium, Se | µg | 1.9 | | 0 | FLM | 4 | | 4.9 | 0.3 | 0.5 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.4 | | 0 | MA | 12 | | 1.0 | 0.1 | 0.1 |
| Thiamin | mg | 0.022 | | 0 | MA | 12 | | 0.056 | 0.004 | 0.006 |
| Riboflavin | mg | 0.032 | | 0 | MA | 12 | | 0.082 | 0.005 | 0.009 |
| Niacin | mg | 0.539 | | 0 | MA | 12 | | 1.380 | 0.086 | 0.153 |
| Pantothenic acid | mg | 0.162 | | 0 | FLM | 4 | | 0.415 | 0.026 | 0.046 |
| Vitamin B-6 | mg | 0.052 | | 0 | MA | 12 | | 0.133 | 0.008 | 0.015 |
| Folate, total | µg | 7 | | 0 | FLM | 4 | | 18 | 1 | 2 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 7 | | 0 | FLM | 4 | | 18 | 1 | 2 |
| Folate, DFE | mcg_DFE | 7 | | 0 | NC | 4 | | 18 | 1 | 2 |
| Choline, total | mg | 9.4 | | 0 | FLA | 4 | | 24.0 | 1.5 | 2.7 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.01 | | 0 | FLM | 4 | | 0.03 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE (2) | mcg_RAE | 216 | | 0 | NC | 4 | | 554 | 35 | 61 |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 2107 | | 0 | FLA | 4 | | 5394 | 337 | 597 |
| Carotene, alpha | µg | 976 | | 0 | FLA | 4 | | 2498 | 156 | 277 |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU (1) | IU | 4325 | | 0 | FLA | 4 | | 11072 | 692 | 1226 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 1 | 0 | 0 |
| Lutein + zeaxanthin | µg | 174 | | 0 | FLA | 4 | | 446 | 28 | 49 |
| Vitamin E (alpha-tocopherol) | mg | 0.31 | | 0 | FLA | 4 | | 0.80 | 0.05 | 0.09 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03085**
**Babyfood, dinner, vegetables and turkey, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D....IU | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 4.8 | | 0 | FLA | 4 | | 12.2 | 0.8 | 1.4 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.485 | | 0 | FLM | 4 | | 1.242 | 0.078 | 0.137 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.002 | | 0 | FLM | 4 | | 0.005 | 0.000 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.015 | | 0 | FLM | 4 | | 0.038 | 0.002 | 0.004 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.336 | | 0 | FLM | 4 | | 0.860 | 0.054 | 0.095 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.102 | | 0 | FLM | 4 | | 0.261 | 0.016 | 0.029 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.687 | | 0 | FLM | 4 | | 1.759 | 0.110 | 0.195 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.085 | | 0 | FLM | 4 | | 0.218 | 0.014 | 0.024 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.576 | | 0 | FLM | 4 | | 1.475 | 0.092 | 0.163 |
| 20:1....g | 0.013 | | 0 | FLM | 4 | | 0.033 | 0.002 | 0.004 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.391 | | 0 | FLM | 4 | | 1.001 | 0.063 | 0.111 |
| 18:2 undifferentiated....g | 0.355 | | 0 | FLM | 4 | | 0.909 | 0.057 | 0.101 |
| 18:3 undifferentiated....g | 0.021 | | 0 | FLM | 4 | | 0.054 | 0.003 | 0.006 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.006 | | 0 | FLM | 4 | | 0.015 | 0.001 | 0.002 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.001 | | 0 | FLM | 4 | | 0.003 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.001 | | 0 | FLM | 4 | | 0.003 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | FLM | 4 | | 10 | 1 | 1 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Footnotes:**

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

**NDB No. 03085**
**Babyfood, dinner, vegetables and turkey, junior**

| **Calories Factors:** | **Protein** | **Fat** | **Carbohydrate** |
|---|---|---|---|

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03084**
**Babyfood, dinner, vegetables and turkey, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.82 | | 0 | MA | 12 | | 227.38 | 14.21 | 25.18 |
| Energy | kcal | 48 | | 0 | MC | 9 | | 123 | 8 | 14 |
| Energy | kJ | 201 | | 0 | | 9 | | 514 | 32 | 57 |
| Protein | g | 2.32 | | 0 | MA | 12 | | 5.94 | 0.37 | 0.66 |
| Total lipid (fat) | g | 0.90 | | 0 | MA | 12 | | 2.30 | 0.14 | 0.26 |
| Ash | g | 0.35 | | 0 | MA | 12 | | 0.90 | 0.06 | 0.10 |
| Carbohydrate, by difference | g | 7.62 | | 0 | MC | 9 | | 19.51 | 1.22 | 2.16 |
| Fiber, total dietary | g | 1.5 | | 0 | MA | 12 | | 3.8 | 0.2 | 0.4 |
| Sugars, total | g | 1.54 | | 0 | MA | 12 | | 3.94 | 0.25 | 0.44 |
| Sucrose | g | 1.08 | | 0 | MA | 12 | | 2.76 | 0.17 | 0.31 |
| Glucose (dextrose) | g | 0.24 | | 0 | MA | 12 | | 0.61 | 0.04 | 0.07 |
| Fructose | g | 0.22 | | 0 | MA | 12 | | 0.56 | 0.04 | 0.06 |
| Lactose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 27 | | 0 | MA | 12 | | 69 | 4 | 8 |
| Iron, Fe | mg | 0.37 | | 0 | MA | 12 | | 0.95 | 0.06 | 0.10 |
| Magnesium, Mg | mg | 13 | | 0 | MA | 12 | | 33 | 2 | 4 |
| Phosphorus, P | mg | 44 | | 0 | MA | 12 | | 113 | 7 | 12 |
| Potassium, K | mg | 102 | | 0 | MA | 12 | | 261 | 16 | 29 |
| Sodium, Na | mg | 20 | | 0 | MA | 12 | | 51 | 3 | 6 |
| Zinc, Zn | mg | 0.70 | | 0 | MA | 12 | | 1.79 | 0.11 | 0.20 |
| Copper, Cu | mg | 0.090 | | 0 | MA | 12 | | 0.230 | 0.014 | 0.026 |
| Manganese, Mn | mg | 0.140 | | 0 | MA | 12 | | 0.358 | 0.022 | 0.040 |
| Selenium, Se | µg | 1.9 | | 0 | FLM | 4 | | 4.9 | 0.3 | 0.5 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.7 | | 0 | MA | 12 | | 1.8 | 0.1 | 0.2 |
| Thiamin | mg | 0.020 | | 0 | MA | 12 | | 0.051 | 0.003 | 0.006 |
| Riboflavin | mg | 0.024 | | 0 | MA | 12 | | 0.061 | 0.004 | 0.007 |
| Niacin | mg | 0.466 | | 0 | MA | 12 | | 1.193 | 0.075 | 0.132 |
| Pantothenic acid | mg | 0.224 | | 0 | FLM | 4 | | 0.573 | 0.036 | 0.064 |
| Vitamin B-6 | mg | 0.044 | | 0 | MA | 12 | | 0.113 | 0.007 | 0.012 |
| Folate, total | µg | 10 | | 0 | FLM | 4 | | 26 | 2 | 3 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 10 | | 0 | FLM | 4 | | 26 | 2 | 3 |
| Folate, DFE | mcg_DFE | 10 | | 0 | NC | 4 | | 26 | 2 | 3 |
| Choline, total | mg | 6.7 | | 0 | FLA | 4 | | 17.1 | 1.1 | 1.9 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.02 | | 0 | FLM | 4 | | 0.05 | 0.00 | 0.01 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE (2) | mcg_RAE | 220 | | 0 | NC | 4 | | 563 | 35 | 62 |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 2139 | | 0 | FLA | 4 | | 5475 | 342 | 606 |
| Carotene, alpha | µg | 998 | | 0 | FLA | 4 | | 2555 | 160 | 283 |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU (1) | IU | 4396 | | 0 | MA | 12 | | 11254 | 703 | 1246 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 1 | 0 | 0 |
| Lutein + zeaxanthin | µg | 76 | | 0 | FLA | 4 | | 196 | 12 | 22 |
| Vitamin E (alpha-tocopherol) | mg | 0.30 | | 0 | FLA | 4 | | 0.76 | 0.05 | 0.08 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLA | 4 | | 0.1 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03084**
**Babyfood, dinner, vegetables and turkey, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.1 | 0.0 | 0.0 |
| Vitamin D....IU | 1 | | 0 | FLA | 4 | | 2 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 3.9 | | 0 | FLA | 4 | | 10.0 | 0.6 | 1.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.236 | | 0 | FLM | 4 | | 0.604 | 0.038 | 0.067 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | FLM | 4 | | 0.003 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.008 | | 0 | FLM | 4 | | 0.020 | 0.001 | 0.002 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.149 | | 0 | FLM | 4 | | 0.381 | 0.024 | 0.042 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.053 | | 0 | FLM | 4 | | 0.136 | 0.008 | 0.015 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.294 | | 0 | FLM | 4 | | 0.753 | 0.047 | 0.083 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.034 | | 0 | FLM | 4 | | 0.087 | 0.005 | 0.010 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.247 | | 0 | FLM | 4 | | 0.632 | 0.040 | 0.070 |
| 20:1....g | 0.002 | | 0 | FLM | 4 | | 0.005 | 0.000 | 0.001 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.241 | | 0 | FLM | 4 | | 0.617 | 0.039 | 0.068 |
| 18:2 undifferentiated....g | 0.207 | | 0 | FLM | 4 | | 0.530 | 0.033 | 0.059 |
| 18:3 undifferentiated....g | 0.015 | | 0 | FLM | 4 | | 0.038 | 0.002 | 0.004 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.007 | | 0 | FLM | 4 | | 0.018 | 0.001 | 0.002 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.001 | | 0 | FLM | 4 | | 0.003 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.002 | | 0 | FLM | 4 | | 0.005 | 0.000 | 0.001 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | FLM | 4 | | 10 | 1 | 1 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Footnotes:**

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

**NDB No. 03084**
**Babyfood, dinner, vegetables and turkey, strained**

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03086**
**Babyfood, dinner, vegetables and turkey, toddler**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 82.30 | 0.300 | 3 | | 1 | | 23.33 | 139.91 | |
| Energy | kcal | 80 | | 0 | NC | 4 | | 23 | 135 | |
| Energy | kJ | 333 | | 0 | NC | 4 | | 94 | 566 | |
| Protein (N x 6.25) | g | 4.80 | 0.200 | 4 | | 1 | | 1.36 | 8.16 | |
| Total lipid (fat) | g | 3.40 | 0.200 | 4 | | 1 | | 0.96 | 5.78 | |
| Ash | g | 1.40 | 0.000 | 3 | | 1 | | 0.40 | 2.38 | |
| Carbohydrate, by difference | g | 8.10 | | 0 | NC | 4 | | 2.30 | 13.77 | |
| Fiber, total dietary | g | | | | | | | | | |
| Sugars, total | g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 46 | 1.000 | 4 | | 1 | | 13 | 78 | |
| Iron, Fe | mg | 0.60 | 0.020 | 4 | | 1 | | 0.17 | 1.02 | |
| Magnesium, Mg | mg | 16 | | 1 | | 1 | | 5 | 27 | |
| Phosphorus, P | mg | 57 | | 1 | | 1 | | 16 | 97 | |
| Potassium, K | mg | 166 | | 1 | | 1 | | 47 | 282 | |
| Sodium, Na | mg | 41 | | 0 | LC | 8 | | 12 | 70 | |
| Zinc, Zn | mg | 0.32 | | 1 | | 1 | | 0.09 | 0.54 | |
| Copper, Cu | mg | 0.042 | | 0 | | 4 | | 0.012 | 0.071 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 1.9 | | 0 | BFZN | 4 | | 0.5 | 3.2 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 3.4 | 0.700 | 4 | | 1 | | 1.0 | 5.8 | |
| Thiamin | mg | 0.020 | 0.000 | 4 | | 1 | | 0.006 | 0.034 | |
| Riboflavin | mg | 0.090 | 0.005 | 4 | | 1 | | 0.026 | 0.153 | |
| Niacin | mg | 0.586 | 0.053 | 4 | | 1 | | 0.166 | 0.996 | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.060 | 0.003 | 4 | | 1 | | 0.017 | 0.102 | |
| Folate, total | µg | 3 | | 0 | | 4 | | 1 | 5 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 3 | | 0 | | 4 | | 1 | 5 | |
| Folate, DFE | mcg_DFE | 3 | | 0 | NC | 4 | | 1 | 5 | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.44 | | 0 | | 4 | | 0.12 | 0.75 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 105 | | 0 | NC | 4 | | 30 | 178 | |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | 2099 | 166.000 | 3 | | 1 | | 595 | 3568 | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | | |
| Tryptophan | g | 0.060 | | 0 | | 1 | | 0.017 | 0.102 | |

**NDB No. 03086**
**Babyfood, dinner, vegetables and turkey, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Threonine....g | 0.186 | | 0 | | 1 | | 0.053 | 0.316 | |
| Isoleucine....g | 0.249 | | 0 | | 1 | | 0.071 | 0.423 | |
| Leucine....g | 0.389 | | 0 | | 1 | | 0.110 | 0.661 | |
| Lysine....g | 0.331 | | 0 | | 1 | | 0.094 | 0.563 | |
| Methionine....g | 0.088 | | 0 | | 1 | | 0.025 | 0.150 | |
| Cystine....g | 0.052 | | 0 | | 1 | | 0.015 | 0.088 | |
| Phenylalanine....g | 0.200 | | 0 | | 1 | | 0.057 | 0.340 | |
| Tyrosine....g | 0.174 | | 0 | | 1 | | 0.049 | 0.296 | |
| Valine....g | 0.278 | | 0 | | 1 | | 0.079 | 0.473 | |
| Arginine....g | 0.295 | | 0 | | 1 | | 0.084 | 0.502 | |
| Histidine....g | 0.114 | | 0 | | 1 | | 0.032 | 0.194 | |
| Alanine....g | 0.229 | | 0 | | 1 | | 0.065 | 0.389 | |
| Aspartic acid....g | 0.480 | | 0 | | 1 | | 0.136 | 0.816 | |
| Glutamic acid....g | 0.915 | | 0 | | 1 | | 0.259 | 1.556 | |
| Glycine....g | 0.192 | | 0 | | 1 | | 0.054 | 0.326 | |
| Proline....g | 0.333 | | 0 | | 1 | | 0.094 | 0.566 | |
| Serine....g | 0.193 | | 0 | | 1 | | 0.055 | 0.328 | |
| Hydroxyproline....g | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 3.7 **Fat** 8.9 **Carbohydrate** 3.9

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03073**
**Babyfood, dinner, vegetables chicken, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 86.90 | | 0 | MA | 12 | | 222.46 | 13.90 | 24.64 |
| Energy | kcal | 59 | | 0 | MC | 9 | | 151 | 9 | 17 |
| Energy | kJ | 247 | | 0 | | 9 | | 632 | 39 | 70 |
| Protein | g | 2.47 | | 0 | MA | 12 | | 6.32 | 0.40 | 0.70 |
| Total lipid (fat) | g | 1.73 | | 0 | MA | 12 | | 4.43 | 0.28 | 0.49 |
| Ash | g | 0.49 | | 0 | MA | 12 | | 1.25 | 0.08 | 0.14 |
| Carbohydrate, by difference | g | 8.42 | | 0 | MC | 9 | | 21.56 | 1.35 | 2.39 |
| Fiber, total dietary | g | 2.1 | | 0 | MA | 12 | | 5.4 | 0.3 | 0.6 |
| Sugars, total | g | 1.58 | | 0 | MA | 12 | | 4.04 | 0.25 | 0.45 |
| Sucrose | g | 0.99 | | 0 | MA | 12 | | 2.53 | 0.16 | 0.28 |
| Glucose (dextrose) | g | 0.32 | | 0 | MA | 12 | | 0.82 | 0.05 | 0.09 |
| Fructose | g | 0.27 | | 0 | MA | 12 | | 0.69 | 0.04 | 0.08 |
| Lactose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.00 | | 0 | MA | 12 | | 0.00 | 0.00 | 0.00 |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 27 | | 0 | MA | 12 | | 69 | 4 | 8 |
| Iron, Fe | mg | 0.53 | | 0 | MA | 12 | | 1.36 | 0.08 | 0.15 |
| Magnesium, Mg | mg | 14 | | 0 | MA | 12 | | 36 | 2 | 4 |
| Phosphorus, P | mg | 47 | | 0 | MA | 12 | | 120 | 8 | 13 |
| Potassium, K | mg | 158 | | 0 | MA | 12 | | 404 | 25 | 45 |
| Sodium, Na | mg | 24 | | 0 | MA | 12 | | 61 | 4 | 7 |
| Zinc, Zn | mg | 0.48 | | 0 | MA | 12 | | 1.23 | 0.08 | 0.14 |
| Copper, Cu | mg | 0.070 | | 0 | MA | 12 | | 0.179 | 0.011 | 0.020 |
| Manganese, Mn | mg | 0.150 | | 0 | FLM | 4 | | 0.384 | 0.024 | 0.043 |
| Selenium, Se | µg | 2.8 | | 0 | FLM | 4 | | 7.2 | 0.4 | 0.8 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.1 | | 0 | MA | 12 | | 0.3 | 0.0 | 0.0 |
| Thiamin | mg | 0.032 | | 0 | MA | 12 | | 0.082 | 0.005 | 0.009 |
| Riboflavin | mg | 0.052 | | 0 | MA | 12 | | 0.133 | 0.008 | 0.015 |
| Niacin | mg | 0.720 | | 0 | MA | 12 | | 1.843 | 0.115 | 0.204 |
| Pantothenic acid | mg | 0.107 | | 0 | FLM | 4 | | 0.274 | 0.017 | 0.030 |
| Vitamin B-6 | mg | 0.072 | | 0 | MA | 12 | | 0.184 | 0.012 | 0.020 |
| Folate, total | µg | 5 | | 0 | FLM | 4 | | 13 | 1 | 1 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 5 | | 0 | FLM | 4 | | 13 | 1 | 1 |
| Folate, DFE | mcg_DFE | 5 | | 0 | NC | 4 | | 13 | 1 | 1 |
| Choline, total | mg | 9.7 | | 0 | FLA | 4 | | 24.9 | 1.6 | 2.8 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.01 | | 0 | FLM | 4 | | 0.03 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE (2) | mcg_RAE | 207 | | 0 | NC | 4 | | 530 | 33 | 59 |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 1 | 0 | 0 |
| Carotene, beta | µg | 2009 | | 0 | FLA | 4 | | 5144 | 321 | 570 |
| Carotene, alpha | µg | 938 | | 0 | FLA | 4 | | 2401 | 150 | 266 |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU (1) | IU | 4132 | | 0 | MA | 12 | | 10578 | 661 | 1171 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 1 | 0 | 0 |
| Lutein + zeaxanthin | µg | 72 | | 0 | FLA | 4 | | 185 | 12 | 20 |
| Vitamin E (alpha-tocopherol) | mg | 0.32 | | 0 | FLA | 4 | | 0.81 | 0.05 | 0.09 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.1 | | 0 | FLA | 4 | | 0.2 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03073**
**Babyfood, dinner, vegetables chicken, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.1 | | 0 | FLA | 4 | | 0.2 | 0.0 | 0.0 |
| Vitamin D....IU | 3 | | 0 | FLA | 4 | | 7 | 0 | 1 |
| Vitamin K (phylloquinone)....µg | 3.4 | | 0 | FLA | 4 | | 8.8 | 0.5 | 1.0 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.496 | | 0 | FLM | 4 | | 1.270 | 0.079 | 0.141 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.002 | | 0 | FLM | 4 | | 0.005 | 0.000 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.014 | | 0 | FLM | 4 | | 0.036 | 0.002 | 0.004 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.359 | | 0 | FLM | 4 | | 0.919 | 0.057 | 0.102 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.098 | | 0 | FLM | 4 | | 0.251 | 0.016 | 0.028 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.712 | | 0 | FLM | 4 | | 1.823 | 0.114 | 0.202 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.088 | | 0 | FLM | 4 | | 0.225 | 0.014 | 0.025 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.596 | | 0 | FLM | 4 | | 1.526 | 0.095 | 0.169 |
| 20:1....g | 0.017 | | 0 | FLM | 4 | | 0.044 | 0.003 | 0.005 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.374 | | 0 | FLM | 4 | | 0.957 | 0.060 | 0.106 |
| 18:2 undifferentiated....g | 0.334 | | 0 | FLM | 4 | | 0.855 | 0.053 | 0.095 |
| 18:3 undifferentiated....g | 0.021 | | 0 | FLM | 4 | | 0.054 | 0.003 | 0.006 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.004 | | 0 | FLM | 4 | | 0.010 | 0.001 | 0.001 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.001 | | 0 | FLM | 4 | | 0.003 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.001 | | 0 | FLM | 4 | | 0.003 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 11 | | 0 | MA | 12 | | 28 | 2 | 3 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Footnotes:**

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

**NDB No. 03073**
**Babyfood, dinner, vegetables chicken, strained**

| **Calories Factors:** | **Protein** | **Fat** | **Carbohydrate** |
|---|---|---|---|

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03076**
**Babyfood, dinner, vegetables, noodles and chicken, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 86.20 | 0.300 | 4 | | 1 | | 24.44 | 146.54 | |
| Energy | kcal | 64 | | 0 | NC | 4 | | 18 | 109 | |
| Energy | kJ | 268 | | 0 | | 4 | | 76 | 455 | |
| Protein (N x 5.98) | g | 1.70 | 0.100 | 4 | | 1 | | 0.48 | 2.89 | |
| Total lipid (fat) | g | 2.20 | 0.300 | 4 | | 1 | | 0.62 | 3.74 | |
| Ash | g | 0.70 | 0.200 | 4 | | 1 | | 0.20 | 1.19 | |
| Carbohydrate, by difference | g | 9.10 | | 0 | NC | 4 | | 2.58 | 15.47 | |
| Fiber, total dietary | g | 1.1 | | 0 | | 4 | | 0.3 | 1.9 | |
| Sugars, total | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 26 | 2.000 | 4 | | 1 | | 7 | 44 | |
| Iron, Fe | mg | 0.49 | 0.060 | 4 | | 1 | | 0.14 | 0.83 | |
| Magnesium, Mg | mg | 11 | | 0 | | 4 | | 3 | 19 | |
| Phosphorus, P | mg | 33 | | 1 | | 1 | | 9 | 56 | |
| Potassium, K | mg | 59 | | 1 | | 1 | | 17 | 100 | |
| Sodium, Na | mg | 26 | | 1 | | 1 | | 7 | 44 | |
| Zinc, Zn | mg | 0.32 | | 1 | | 1 | | 0.09 | 0.54 | |
| Copper, Cu | mg | 0.058 | | 0 | | 1 | | 0.016 | 0.099 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 3.2 | | 0 | FLM | 4 | | 0.9 | 5.4 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.8 | 0.100 | 3 | | 1 | | 0.2 | 1.4 | |
| Thiamin | mg | 0.042 | 0.005 | 4 | | 1 | | 0.012 | 0.071 | |
| Riboflavin | mg | 0.037 | 0.005 | 4 | | 1 | | 0.010 | 0.063 | |
| Niacin | mg | 0.675 | 0.106 | 4 | | 1 | | 0.191 | 1.148 | |
| Pantothenic acid | mg | 0.204 | | 0 | | 1 | | 0.058 | 0.347 | |
| Vitamin B-6 | mg | 0.023 | | 1 | | 1 | | 0.007 | 0.039 | |
| Folate, total | µg | 3 | | 0 | | 1 | | 1 | 6 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 3 | | 0 | | 1 | | 1 | 6 | |
| Folate, DFE | mcg_DFE | 3 | | 0 | NC | 4 | | 1 | 6 | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.09 | | 1 | | 1 | | 0.03 | 0.15 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 53 | | 0 | NC | 4 | | 15 | 89 | |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta | µg | | | | | | | | | |
| Carotene, alpha | µg | | | | | | | | | |
| Cryptoxanthin, beta | µg | | | | | | | | | |
| Vitamin A, IU | IU | 1051 | 72.000 | 4 | | 1 | | 298 | 1787 | |
| Lycopene | µg | | | | | | | | | |
| Lutein + zeaxanthin | µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol) | mg | | | | | | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same

**NDB No. 03076**
**Babyfood, dinner, vegetables, noodles and chicken, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

food, or similar food.

**Common Measures:**
Measure 1 = 28.35g: 1 oz
Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 4.1 **Fat** 8.9 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03075**
**Babyfood, dinner, vegetables, noodles and chicken, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.20 | 0.500 | 8 | | 1 | | 24.72 | 98.54 | |
| Energy....kcal | 63 | | 0 | NC | 4 | | 18 | 71 | |
| Energy....kJ | 264 | | 0 | | 4 | | 75 | 298 | |
| Protein (N x 5.98)....g | 2.00 | | 2 | | 1 | | 0.57 | 2.26 | |
| Total lipid (fat)....g | 2.50 | | 2 | | 1 | | 0.71 | 2.83 | |
| Ash....g | 0.40 | | 2 | | 1 | | 0.11 | 0.45 | |
| Carbohydrate, by difference....g | 7.90 | | 0 | NC | 4 | | 2.24 | 8.93 | |
| Fiber, total dietary....g | 1.1 | | 0 | | 4 | | 0.3 | 1.2 | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 28 | | 2 | | 1 | | 8 | 32 | |
| Iron, Fe....mg | 0.35 | | 2 | | 1 | | 0.10 | 0.40 | |
| Magnesium, Mg....mg | 10 | | 0 | | 4 | | 3 | 11 | |
| Phosphorus, P....mg | 31 | | 0 | | 1 | | 9 | 35 | |
| Potassium, K....mg | 55 | | 0 | | 1 | | 16 | 62 | |
| Sodium, Na....mg | 20 | | 1 | | 1 | | 6 | 23 | |
| Zinc, Zn....mg | 0.25 | 0.010 | 9 | | 1 | | 0.07 | 0.28 | |
| Copper, Cu....mg | 0.054 | 0.002 | 9 | | 1 | | 0.015 | 0.061 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 3.2 | | 0 | FLM | 4 | | 0.9 | 3.6 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.7 | | 0 | | 1 | | 0.2 | 0.8 | |
| Thiamin....mg | 0.032 | | 2 | | 1 | | 0.009 | 0.036 | |
| Riboflavin....mg | 0.049 | | 2 | | 1 | | 0.014 | 0.055 | |
| Niacin....mg | 0.407 | | 1 | | 1 | | 0.115 | 0.460 | |
| Pantothenic acid....mg | 0.190 | | 4 | | 1 | | 0.054 | 0.215 | |
| Vitamin B-6....mg | 0.021 | | 0 | | 1 | | 0.006 | 0.024 | |
| Folate, total....µg | 3 | 0.400 | 3 | | 1 | | 1 | 4 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 3 | 0.400 | 3 | | 1 | | 1 | 4 | |
| Folate, DFE....mcg_DFE | 3 | | 0 | NC | 4 | | 1 | 4 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.08 | | 0 | | 1 | | 0.02 | 0.09 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 71 | | 0 | NC | 4 | | 20 | 80 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 1417 | | 2 | | 1 | | 402 | 1601 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same

**NDB No. 03075**
**Babyfood, dinner, vegetables, noodles and chicken, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

food, or similar food.

**Common Measures:**
Measure 1 = 28.35g: 1 oz
Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 4.1 **Fat** 8.9 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03154**
**Babyfood, fruit and vegetable, apple and sweet potato**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 84.00 | | 1 | MA | 12 | | 94.92 | | |
| Energy....kcal | 64 | | 0 | NC | 4 | | 73 | | |
| Energy....kJ | 269 | | 0 | NC | 4 | | 304 | | |
| Protein....g | 0.30 | | 1 | MA | 12 | | 0.34 | | |
| Total lipid (fat)....g | 0.22 | | 0 | FLM | 4 | | 0.25 | | |
| Ash....g | 0.30 | | 1 | MA | 12 | | 0.34 | | |
| Carbohydrate, by difference....g | 15.30 | | 1 | MC | 9 | | 17.29 | | |
| Fiber, total dietary....g | 1.4 | | 1 | MA | 12 | | 1.6 | | |
| Sugars, total....g | 11.60 | | 1 | MA | 12 | | 13.11 | | |
| Sucrose....g | 0.65 | | 1 | MA | 12 | | 0.73 | | |
| Glucose (dextrose)....g | 3.12 | | 1 | MA | 12 | | 3.53 | | |
| Fructose....g | 7.06 | | 1 | MA | 12 | | 7.98 | | |
| Lactose....g | | | | | | | | | |
| Maltose....g | 0.78 | | 1 | MA | 12 | | 0.88 | | |
| Galactose....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 8 | | 1 | MA | 12 | | 9 | | |
| Iron, Fe....mg | 0.20 | | 1 | MA | 12 | | 0.23 | | |
| Magnesium, Mg....mg | 6 | | 1 | MA | 12 | | 7 | | |
| Phosphorus, P....mg | 17 | | 1 | MA | 12 | | 19 | | |
| Potassium, K....mg | 149 | | 1 | MA | 12 | | 168 | | |
| Sodium, Na....mg | 3 | | 0 | LC | 8 | | 4 | | |
| Zinc, Zn....mg | 0.10 | | 1 | MA | 12 | | 0.11 | | |
| Copper, Cu....mg | 0.090 | | 1 | MA | 12 | | 0.102 | | |
| Manganese, Mn....mg | 0.060 | | 1 | MA | 12 | | 0.068 | | |
| Selenium, Se....µg | 0.3 | | 0 | FLM | 4 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 6.4 | | 1 | MA | 12 | | 7.2 | | |
| Thiamin....mg | 0.010 | | 1 | MA | 12 | | 0.011 | | |
| Riboflavin....mg | 0.020 | | 1 | MA | 12 | | 0.023 | | |
| Niacin....mg | 0.100 | | 1 | MA | 12 | | 0.113 | | |
| Pantothenic acid....mg | 0.103 | | 0 | FLM | 4 | | 0.116 | | |
| Vitamin B-6....mg | 0.050 | | 1 | MA | 12 | | 0.057 | | |
| Folate, total....µg | 2 | | 0 | FLM | 4 | | 2 | | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food....µg | 2 | | 0 | FLM | 4 | | 2 | | |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 2 | | |
| Choline, total....mg | 4.4 | | 0 | FLA | 4 | | 4.9 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | FLM | 4 | | 0.00 | | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE....mcg_RAE | 103 | | 0 | NC | 4 | | 116 | | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, beta....µg | 1225 | | 0 | FLA | 4 | | 1385 | | |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Cryptoxanthin, beta....µg | 9 | | 0 | FLA | 4 | | 11 | | |
| Vitamin A, IU....IU | 2050 | | 1 | MA | 12 | | 2317 | | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 13 | | 0 | FLA | 4 | | 14 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.16 | | 0 | FLA | 4 | | 0.18 | | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03154**
**Babyfood, fruit and vegetable, apple and sweet potato**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone)....µg | 0.8 | | 0 | FLA | 4 | | 0.9 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.041 | | 0 | FLM | 4 | | 0.046 | | |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 12:0....g | 0.001 | | 0 | FLM | 4 | | 0.001 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | FLM | 4 | | 0.001 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.035 | | 0 | FLM | 4 | | 0.040 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.004 | | 0 | FLM | 4 | | 0.005 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.008 | | 0 | FLM | 4 | | 0.009 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.008 | | 0 | FLM | 4 | | 0.009 | | |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.079 | | 0 | FLM | 4 | | 0.089 | | |
| 18:2 undifferentiated....g | 0.066 | | 0 | FLM | 4 | | 0.075 | | |
| 18:3 undifferentiated....g | 0.013 | | 0 | FLM | 4 | | 0.015 | | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | FLM | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLM | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 113g: 1 jar, Gerber (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03140**
**Babyfood, fruit dessert, mango with tapioca**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 80.00 | | 0 | NR | 4 | | 12.00 | 22.68 | 90.40 |
| Energy....kcal | 70 | | 0 | T | 4 | | 11 | 20 | 79 |
| Energy....kJ | 293 | | 0 | T | 4 | | 44 | 83 | 331 |
| Protein (N x 6.25)....g | 0.30 | | 0 | FLM | 4 | | 0.05 | 0.09 | 0.34 |
| Total lipid (fat)....g | 0.20 | | 0 | FLM | 4 | | 0.03 | 0.06 | 0.23 |
| Ash....g | 0.33 | | 0 | FLM | 4 | | 0.05 | 0.09 | 0.37 |
| Carbohydrate, by difference....g | 19.00 | | 0 | NR | 4 | | 2.85 | 5.39 | 21.47 |
| Fiber, total dietary....g | 1.1 | | 0 | FLM | 4 | | 0.2 | 0.3 | 1.2 |
| Sugars, total....g | 13.00 | | 0 | O | 4 | | 1.95 | 3.69 | 14.69 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 8 | | 0 | FLM | 4 | | 1 | 2 | 9 |
| Iron, Fe....mg | 0.20 | | 0 | FLM | 4 | | 0.03 | 0.06 | 0.23 |
| Magnesium, Mg....mg | 6 | | 1 | MA | 12 | | 1 | 2 | 6 |
| Phosphorus, P....mg | 4 | | 1 | MA | 12 | | 1 | 1 | 5 |
| Potassium, K....mg | 66 | | 1 | MA | 12 | | 10 | 19 | 75 |
| Sodium, Na....mg | 4 | | 0 | MA | 12 | | 1 | 1 | 5 |
| Zinc, Zn....mg | 0.03 | | 0 | FLM | 4 | | 0.00 | 0.01 | 0.03 |
| Copper, Cu....mg | 0.030 | | 0 | MA | 12 | | 0.005 | 0.009 | 0.034 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | FLM | 4 | | 0.1 | 0.1 | 0.5 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 15.8 | | 0 | MA | 12 | | 2.4 | 4.5 | 17.8 |
| Thiamin....mg | 0.020 | | 0 | MA | 12 | | 0.003 | 0.006 | 0.023 |
| Riboflavin....mg | 0.020 | | 0 | MA | 12 | | 0.003 | 0.006 | 0.023 |
| Niacin....mg | 0.200 | | 0 | MA | 12 | | 0.030 | 0.057 | 0.226 |
| Pantothenic acid....mg | 0.100 | | 0 | FLM | 4 | | 0.015 | 0.028 | 0.113 |
| Vitamin B-6....mg | 0.080 | | 0 | FLM | 4 | | 0.012 | 0.023 | 0.090 |
| Folate, total....µg | 8 | | 0 | FLM | 4 | | 1 | 2 | 9 |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 8 | | 0 | NR | 4 | | 1 | 2 | 9 |
| Folate, DFE....mcg_DFE | 8 | | 0 | NC | 4 | | 1 | 2 | 9 |
| Choline, total....mg | 4.5 | | 0 | FLA | 4 | | 0.7 | 1.3 | 5.1 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 23 | | 0 | NC | 4 | | 3 | 6 | 25 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 262 | | 0 | FLM | 4 | | 39 | 74 | 296 |
| Carotene, alpha....µg | 10 | | 0 | FLM | 4 | | 2 | 3 | 11 |
| Cryptoxanthin, beta....µg | 6 | | 0 | FLM | 4 | | 1 | 2 | 7 |
| Vitamin A, IU....IU | 450 | | 0 | NC | 4 | | 68 | 128 | 509 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol)....mg | 0.66 | | 0 | NR | 4 | | 0.10 | 0.19 | 0.74 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 2.5 | | 0 | FLM | 4 | | 0.4 | 0.7 | 2.8 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03140**
**Babyfood, fruit dessert, mango with tapioca**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.039 | | 0 | O | 4 | | 0.006 | 0.011 | 0.044 |
| 4:0....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.005 | | 0 | FLM | 4 | | 0.001 | 0.002 | 0.006 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.031 | | 0 | FLM | 4 | | 0.005 | 0.009 | 0.035 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | FLM | 4 | | 0.000 | 0.001 | 0.002 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.060 | | 0 | FLM | 4 | | 0.009 | 0.017 | 0.068 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.028 | | 0 | FLM | 4 | | 0.004 | 0.008 | 0.032 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.032 | | 0 | FLM | 4 | | 0.005 | 0.009 | 0.036 |
| 20:1....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.030 | | 0 | FLM | 4 | | 0.005 | 0.009 | 0.034 |
| 18:2 undifferentiated....g | 0.008 | | 0 | FLM | 4 | | 0.001 | 0.002 | 0.009 |
| 18:3 undifferentiated....g | 0.022 | | 0 | FLM | 4 | | 0.003 | 0.006 | 0.025 |
| 18:4....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar, Gerber (4 oz)

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43585**
**Babyfood, fruit supreme dessert**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 81.60 | | 0 | | 1 | | 12.24 | | |
| Energy | kcal | 73 | | 0 | NC | 4 | | 11 | | |
| Energy | kJ | 303 | | 0 | NC | 4 | | 46 | | |
| Protein | g | 0.50 | | 0 | | 4 | | 0.08 | | |
| Total lipid (fat) | g | 0.20 | | 0 | | 4 | | 0.03 | | |
| Ash | g | 0.52 | | 0 | BFSN | 4 | | 0.08 | | |
| Carbohydrate, by difference | g | 17.18 | | 0 | NC | 4 | | 2.58 | | |
| Fiber, total dietary | g | 2.0 | | 0 | | 4 | | 0.3 | | |
| Sugars, total | g | 14.87 | | 0 | BFNN | 4 | | 2.23 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 6 | | 0 | | 4 | | 1 | | |
| Iron, Fe | mg | 0.17 | | 0 | | 4 | | 0.03 | | |
| Magnesium, Mg | mg | 7 | | 0 | | 4 | | 1 | | |
| Phosphorus, P | mg | 9 | | 0 | | 4 | | 1 | | |
| Potassium, K | mg | 129 | | 0 | | 4 | | 19 | | |
| Sodium, Na | mg | 1 | | 0 | | 4 | | 0 | | |
| Zinc, Zn | mg | 0.08 | | 0 | | 4 | | 0.01 | | |
| Copper, Cu | mg | 0.035 | | 0 | | 4 | | 0.005 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.4 | | 0 | CAZN | 4 | | 0.1 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 12.7 | | 0 | | 1 | | 1.9 | | |
| Thiamin | mg | 0.010 | | 0 | | 1 | | 0.002 | | |
| Riboflavin | mg | 0.040 | | 0 | | 1 | | 0.006 | | |
| Niacin | mg | 0.280 | | 0 | | 1 | | 0.042 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.070 | | 0 | | 4 | | 0.011 | | |
| Folate, total | µg | 6 | | 0 | | 4 | | 1 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 6 | | 0 | | 4 | | 1 | | |
| Folate, DFE | mcg_DFE | 6 | | 0 | NC | 4 | | 1 | | |
| Choline, total | mg | 1.8 | | 0 | FLA | 4 | | 0.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 7 | | 0.00 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 3 | | 0 | NC | 4 | | 0 | | |
| Retinol | µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Carotene, beta | µg | 25 | | 0 | BNA | 4 | | 4 | | |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 10 | | 0 | BNA | 4 | | 1 | | |
| Vitamin A, IU | IU | 50 | | 0 | | 1 | | 8 | | |
| Lycopene | µg | 0 | | 0 | BFNN | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 149 | | 0 | BFNN | 4 | | 22 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.79 | | 0 | BFNN | 4 | | 0.12 | | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 5.1 | | 0 | BFNN | 4 | | 0.8 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 43585**
**Babyfood, fruit supreme dessert**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 0.030 | | 0 | | 4 | | 0.005 | | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.023 | | 0 | | 4 | | 0.003 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.003 | | 0 | | 4 | | 0.000 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.025 | | 0 | | 4 | | 0.004 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.023 | | 0 | | 4 | | 0.003 | | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.068 | | 0 | | 4 | | 0.010 | | |
| 18:2 undifferentiated....g | 0.050 | | 0 | | 4 | | 0.008 | | |
| 18:3 undifferentiated....g | 0.018 | | 0 | | 4 | | 0.003 | | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFNN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFNN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03165**
**Babyfood, fruit, apple and blueberry, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 82.80 | | 1 | | 1 | | 23.47 | 140.76 | |
| Energy....kcal | 62 | | 0 | NC | 4 | | 18 | 105 | |
| Energy....kJ | 259 | | 0 | | 4 | | 74 | 441 | |
| Protein (N x 6.25)....g | 0.20 | | 5 | | 1 | | 0.06 | 0.34 | |
| Total lipid (fat)....g | 0.20 | | 6 | | 1 | | 0.06 | 0.34 | |
| Ash....g | 0.19 | | 0 | FLA | 4 | | 0.05 | 0.33 | |
| Carbohydrate, by difference....g | 16.60 | | 0 | NC | 4 | | 4.71 | 28.22 | |
| Fiber, total dietary....g | 1.8 | | 0 | | 4 | | 0.5 | 3.1 | |
| Sugars, total....g | 8.83 | | 0 | FLA | 4 | | 2.50 | 15.02 | |
| Sucrose....g | 0.41 | | 0 | FLA | 4 | | 0.12 | 0.69 | |
| Glucose (dextrose)....g | 3.58 | | 0 | FLA | 4 | | 1.02 | 6.09 | |
| Fructose....g | 4.84 | | 0 | FLA | 4 | | 1.37 | 8.23 | |
| Lactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Maltose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Galactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 5 | | 6 | | 1 | | 1 | 9 | |
| Iron, Fe....mg | 0.40 | | 6 | | 1 | | 0.11 | 0.68 | |
| Magnesium, Mg....mg | 3 | | 0 | | 4 | | 1 | 5 | |
| Phosphorus, P....mg | 7 | 2.000 | 5 | | 1 | | 2 | 12 | |
| Potassium, K....mg | 65 | 5.000 | 4 | | 1 | | 18 | 111 | |
| Sodium, Na....mg | 1 | | 0 | LC | 8 | | 0 | 2 | |
| Zinc, Zn....mg | 0.04 | | 0 | | 4 | | 0.01 | 0.06 | |
| Copper, Cu....mg | 0.057 | | 0 | | 4 | | 0.016 | 0.097 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | FLM | 4 | | 0.1 | 0.7 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 13.9 | | 2 | | 1 | | 3.9 | 23.6 | |
| Thiamin....mg | 0.018 | | 6 | | 1 | | 0.005 | 0.031 | |
| Riboflavin....mg | 0.043 | | 6 | | 1 | | 0.012 | 0.073 | |
| Niacin....mg | 0.103 | | 6 | | 1 | | 0.029 | 0.175 | |
| Pantothenic acid....mg | 0.164 | | 0 | | 4 | | 0.046 | 0.279 | |
| Vitamin B-6....mg | 0.042 | | 5 | | 1 | | 0.012 | 0.071 | |
| Folate, total....µg | 3 | | 0 | FLA | 4 | | 1 | 5 | |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Folate, food....µg | 3 | | 0 | FLA | 4 | | 1 | 5 | |
| Folate, DFE....mcg_DFE | 3 | | 0 | NC | 4 | | 1 | 5 | |
| Choline, total....mg | 3.2 | | 0 | FLM | 4 | | 0.9 | 5.5 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 1 | 3 | |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 22 | | 0 | FLA | 4 | | 6 | 37 | |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 6 | | 0 | FLA | 4 | | 2 | 9 | |
| Vitamin A, IU....IU | 41 | | 0 | FLA | 4 | | 12 | 69 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 43 | | 0 | FLA | 4 | | 12 | 73 | |
| Vitamin E (alpha-tocopherol)....mg | 0.27 | | 0 | FLA | 4 | | 0.08 | 0.46 | |
| Vitamin E, added....mg | 0.00 | | 0 | NR | 4 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03165**
**Babyfood, fruit, apple and blueberry, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 8.8 | | 0 | FLA | 4 | | 2.5 | 14.9 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.024 | | 0 | | 4 | | 0.007 | 0.041 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.018 | | 0 | | 4 | | 0.005 | 0.031 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.007 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.019 | | 0 | | 4 | | 0.005 | 0.032 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.018 | | 0 | | 4 | | 0.005 | 0.031 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.073 | | 0 | | 4 | | 0.021 | 0.124 | |
| 18:2 undifferentiated....g | 0.050 | | 0 | | 4 | | 0.014 | 0.085 | |
| 18:3 undifferentiated....g | 0.023 | | 0 | | 4 | | 0.007 | 0.039 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**NDB No. 03165**
**Babyfood, fruit, apple and blueberry, junior**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03164**
**Babyfood, fruit, apple and blueberry, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 83.10 | | 1 | | 1 | | 23.56 | 93.90 | |
| Energy....kcal | 61 | | 0 | NC | 4 | | 17 | 69 | |
| Energy....kJ | 255 | | 0 | | 4 | | 72 | 288 | |
| Protein (N x 6.25)....g | 0.20 | | 6 | | 1 | | 0.06 | 0.23 | |
| Total lipid (fat)....g | 0.20 | 0.000 | 7 | | 1 | | 0.06 | 0.23 | |
| Ash....g | 0.20 | | 1 | | 1 | | 0.06 | 0.23 | |
| Carbohydrate, by difference....g | 16.30 | | 0 | NC | 4 | | 4.62 | 18.42 | |
| Fiber, total dietary....g | 1.8 | | 0 | | 4 | | 0.5 | 2.0 | |
| Sugars, total....g | 13.93 | | 0 | FLA | 4 | | 3.95 | 15.74 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 4 | 0.000 | 7 | | 1 | | 1 | 5 | |
| Iron, Fe....mg | 0.20 | | 7 | | 1 | | 0.06 | 0.23 | |
| Magnesium, Mg....mg | 3 | | 0 | | 4 | | 1 | 3 | |
| Phosphorus, P....mg | 8 | 1.000 | 5 | | 1 | | 2 | 9 | |
| Potassium, K....mg | 69 | 5.000 | 5 | | 1 | | 20 | 78 | |
| Sodium, Na....mg | 1 | | 0 | LC | 8 | | 0 | 1 | |
| Zinc, Zn....mg | 0.03 | | 0 | | 4 | | 0.01 | 0.04 | |
| Copper, Cu....mg | 0.056 | | 0 | | 4 | | 0.016 | 0.063 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | FLM | 4 | | 0.1 | 0.5 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 27.8 | | 2 | | 1 | | 7.9 | 31.4 | |
| Thiamin....mg | 0.017 | 0.000 | 7 | | 1 | | 0.005 | 0.019 | |
| Riboflavin....mg | 0.034 | 0.000 | 7 | | 1 | | 0.010 | 0.038 | |
| Niacin....mg | 0.120 | 0.008 | 7 | | 1 | | 0.034 | 0.136 | |
| Pantothenic acid....mg | 0.163 | | 0 | | 4 | | 0.046 | 0.184 | |
| Vitamin B-6....mg | 0.037 | 0.000 | 7 | | 1 | | 0.010 | 0.042 | |
| Folate, total....µg | 4 | 0.300 | 3 | | 1 | | 1 | 4 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 4 | 0.300 | 3 | | 1 | | 1 | 4 | |
| Folate, DFE....mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 4 | |
| Choline, total....mg | 3.2 | | 0 | FLM | 4 | | 0.9 | 3.7 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 1 | |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 10 | | 0 | BNA | 4 | | 3 | 11 | |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 5 | | 0 | BNA | 4 | | 1 | 5 | |
| Vitamin A, IU....IU | 20 | | 0 | NC | 4 | | 6 | 23 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 24 | | 0 | FLA | 4 | | 7 | 27 | |
| Vitamin E (alpha-tocopherol)....mg | 0.12 | | 0 | FLA | 4 | | 0.03 | 0.14 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 3.5 | | 0 | FLA | 4 | | 1.0 | 3.9 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03164**
**Babyfood, fruit, apple and blueberry, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.024 | | 0 | | 4 | | 0.007 | 0.027 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.018 | | 0 | | 4 | | 0.005 | 0.020 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.019 | | 0 | | 4 | | 0.005 | 0.021 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.018 | | 0 | | 4 | | 0.005 | 0.020 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.073 | | 0 | | 4 | | 0.021 | 0.082 | |
| 18:2 undifferentiated....g | 0.050 | | 0 | | 4 | | 0.014 | 0.057 | |
| 18:3 undifferentiated....g | 0.023 | | 0 | | 4 | | 0.007 | 0.026 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03153**
**Babyfood, fruit, apple and raspberry, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 84.00 | | 1 | | 1 | | 23.81 | 142.80 | |
| Energy | kcal | 58 | | 0 | NC | 4 | | 16 | 98 | |
| Energy | kJ | 242 | | 0 | NC | 4 | | 69 | 411 | |
| Protein (N x 6.25) | g | 0.20 | 0.000 | 19 | | 1 | | 0.06 | 0.34 | |
| Total lipid (fat) | g | 0.20 | 0.000 | 19 | | 1 | | 0.06 | 0.34 | |
| Ash | g | 0.20 | 0.000 | 13 | | 1 | | 0.06 | 0.34 | |
| Carbohydrate, by difference | g | 15.40 | | 0 | NC | 4 | | 4.37 | 26.18 | |
| Fiber, total dietary | g | 2.1 | | 0 | | 4 | | 0.6 | 3.6 | |
| Sugars, total | g | 12.96 | | 0 | FLA | 4 | | 3.67 | 22.02 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 5 | 0.000 | 12 | | 1 | | 1 | 9 | |
| Iron, Fe | mg | 0.22 | 0.020 | 12 | | 1 | | 0.06 | 0.37 | |
| Magnesium, Mg | mg | 4 | | 0 | | 4 | | 1 | 7 | |
| Phosphorus, P | mg | 8 | 0.000 | 5 | | 1 | | 2 | 14 | |
| Potassium, K | mg | 72 | 3.000 | 18 | | 1 | | 20 | 122 | |
| Sodium, Na | mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Zinc, Zn | mg | 0.03 | | 0 | | 4 | | 0.01 | 0.05 | |
| Copper, Cu | mg | 0.053 | | 0 | | 4 | | 0.015 | 0.090 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.3 | | 0 | FLM | 4 | | 0.1 | 0.5 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 28.9 | | 14 | | 1 | | 8.2 | 49.1 | |
| Thiamin | mg | 0.012 | 0.000 | 19 | | 1 | | 0.003 | 0.020 | |
| Riboflavin | mg | 0.029 | 0.010 | 19 | | 1 | | 0.008 | 0.049 | |
| Niacin | mg | 0.104 | 0.004 | 19 | | 1 | | 0.029 | 0.177 | |
| Pantothenic acid | mg | 0.088 | | 0 | | 1 | | 0.025 | 0.150 | |
| Vitamin B-6 | mg | 0.034 | | 6 | | 1 | | 0.010 | 0.058 | |
| Folate, total | µg | 1 | | 0 | FLA | 4 | | 0 | 2 | |
| Folic acid | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Folate, food | µg | 1 | | 0 | FLA | 4 | | 0 | 2 | |
| Folate, DFE | mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 2 | |
| Choline, total | mg | 3.5 | | 0 | FLA | 4 | | 1.0 | 6.0 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 2 | | 0 | NC | 4 | | 0 | 3 | |
| Retinol | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, beta | µg | 15 | | 0 | FLA | 4 | | 4 | 26 | |
| Carotene, alpha | µg | 1 | | 0 | BNA | 4 | | 0 | 1 | |
| Cryptoxanthin, beta | µg | 9 | | 0 | BNA | 4 | | 3 | 16 | |
| Vitamin A, IU | IU | 34 | | 0 | NC | 4 | | 10 | 58 | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 21 | | 0 | FLA | 4 | | 6 | 36 | |
| Vitamin E (alpha-tocopherol) | mg | 0.07 | | 0 | FLA | 4 | | 0.02 | 0.12 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone) | µg | 0.8 | | 0 | FLA | 4 | | 0.2 | 1.4 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03153**
**Babyfood, fruit, apple and raspberry, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.032 | | 0 | | 4 | | 0.009 | 0.054 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.027 | | 0 | | 4 | | 0.008 | 0.046 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.007 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.008 | | 0 | | 4 | | 0.002 | 0.014 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.002 | 0.014 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.063 | | 0 | | 4 | | 0.018 | 0.107 | |
| 18:2 undifferentiated....g | 0.051 | | 0 | | 4 | | 0.014 | 0.087 | |
| 18:3 undifferentiated....g | 0.011 | | 0 | | 4 | | 0.003 | 0.019 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03152**
**Babyfood, fruit, apple and raspberry, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 83.80 | | 1 | | 1 | | 23.76 | 94.69 | |
| Energy....kcal | 58 | | 0 | NC | 4 | | 16 | 66 | |
| Energy....kJ | 243 | | 0 | NC | 4 | | 69 | 274 | |
| Protein (N x 6.25)....g | 0.20 | 0.000 | 19 | | 1 | | 0.06 | 0.23 | |
| Total lipid (fat)....g | 0.20 | 0.000 | 20 | | 1 | | 0.06 | 0.23 | |
| Ash....g | 0.20 | | 14 | | 1 | | 0.06 | 0.23 | |
| Carbohydrate, by difference....g | 15.60 | | 0 | NC | 4 | | 4.42 | 17.63 | |
| Fiber, total dietary....g | 2.1 | | 0 | | 4 | | 0.6 | 2.4 | |
| Sugars, total....g | 12.96 | | 0 | FLA | 4 | | 3.67 | 14.64 | |
| Sucrose....g | 0.73 | | 0 | FLA | 4 | | 0.21 | 0.82 | |
| Glucose (dextrose)....g | | | | | | | | | |
| Fructose....g | | | | | | | | | |
| Lactose....g | | | | | | | | | |
| Maltose....g | | | | | | | | | |
| Galactose....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 5 | 0.000 | 13 | | 1 | | 1 | 6 | |
| Iron, Fe....mg | 0.22 | 0.020 | 14 | | 1 | | 0.06 | 0.25 | |
| Magnesium, Mg....mg | 4 | | 0 | | 4 | | 1 | 5 | |
| Phosphorus, P....mg | 8 | 1.000 | 5 | | 1 | | 2 | 9 | |
| Potassium, K....mg | 80 | 2.000 | 18 | | 1 | | 23 | 90 | |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Zinc, Zn....mg | 0.03 | | 0 | | 4 | | 0.01 | 0.04 | |
| Copper, Cu....mg | 0.054 | | 0 | | 4 | | 0.015 | 0.061 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.3 | | 0 | FLM | 4 | | 0.1 | 0.3 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 26.8 | | 3 | | 1 | | 7.6 | 30.3 | |
| Thiamin....mg | 0.014 | 0.000 | 13 | | 1 | | 0.004 | 0.016 | |
| Riboflavin....mg | 0.028 | 0.000 | 13 | | 1 | | 0.008 | 0.032 | |
| Niacin....mg | 0.106 | 0.006 | 13 | | 1 | | 0.030 | 0.120 | |
| Pantothenic acid....mg | 0.090 | | 4 | | 1 | | 0.026 | 0.102 | |
| Vitamin B-6....mg | 0.034 | | 7 | | 1 | | 0.010 | 0.038 | |
| Folate, total....µg | 1 | | 0 | FLA | 4 | | 0 | 1 | |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Folate, food....µg | 1 | | 0 | FLA | 4 | | 0 | 1 | |
| Folate, DFE....mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 1 | |
| Choline, total....mg | 3.5 | | 0 | FLA | 4 | | 1.0 | 4.0 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 1 | |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 10 | | 0 | BNA | 4 | | 3 | 11 | |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 7 | | 0 | BNA | 4 | | 2 | 8 | |
| Vitamin A, IU....IU | 22 | 2.000 | 12 | | 1 | | 6 | 25 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 21 | | 0 | FLA | 4 | | 6 | 24 | |
| Vitamin E (alpha-tocopherol)....mg | 0.21 | | 0 | O | 4 | | 0.06 | 0.24 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03152**
**Babyfood, fruit, apple and raspberry, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 0.8 | | 0 | FLA | 4 | | 0.2 | 0.9 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.033 | | 0 | | 4 | | 0.009 | 0.037 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.027 | | 0 | | 4 | | 0.008 | 0.031 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.008 | | 0 | | 4 | | 0.002 | 0.009 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.002 | 0.009 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.062 | | 0 | | 4 | | 0.018 | 0.070 | |
| 18:2 undifferentiated....g | 0.051 | | 0 | | 4 | | 0.014 | 0.058 | |
| 18:3 undifferentiated....g | 0.011 | | 0 | | 4 | | 0.003 | 0.012 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**NDB No. 03152**
**Babyfood, fruit, apple and raspberry, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03143**
**Babyfood, fruit, applesauce and apricots, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 86.90 | | 14 | | 1 | | 13.90 | 24.64 | 147.73 |
| Energy....kcal | 47 | | 0 | NC | 4 | | 8 | 13 | 80 |
| Energy....kJ | 197 | | 0 | | 4 | | 31 | 56 | 334 |
| Protein (N x 6.25)....g | 0.20 | | 14 | | 1 | | 0.03 | 0.06 | 0.34 |
| Total lipid (fat)....g | 0.20 | | 14 | | 1 | | 0.03 | 0.06 | 0.34 |
| Ash....g | 0.24 | | 0 | FLA | 4 | | 0.04 | 0.07 | 0.40 |
| Carbohydrate, by difference....g | 12.40 | | 0 | NC | 4 | | 1.98 | 3.52 | 21.08 |
| Fiber, total dietary....g | 1.8 | | 0 | | 4 | | 0.3 | 0.5 | 3.1 |
| Sugars, total....g | 8.72 | | 0 | FLA | 4 | | 1.40 | 2.47 | 14.83 |
| Sucrose....g | 0.70 | | 0 | FLA | 4 | | 0.11 | 0.20 | 1.20 |
| Glucose (dextrose)....g | 2.81 | | 0 | FLA | 4 | | 0.45 | 0.80 | 4.77 |
| Fructose....g | 5.21 | | 0 | FLA | 4 | | 0.83 | 1.48 | 8.86 |
| Lactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Galactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 6 | 0.000 | 18 | | 1 | | 1 | 2 | 10 |
| Iron, Fe....mg | 0.26 | 0.020 | 19 | | 1 | | 0.04 | 0.07 | 0.44 |
| Magnesium, Mg....mg | 4 | | 1 | | 1 | | 1 | 1 | 7 |
| Phosphorus, P....mg | 10 | | 2 | | 1 | | 2 | 3 | 17 |
| Potassium, K....mg | 109 | | 15 | | 1 | | 17 | 31 | 185 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.03 | | 1 | | 1 | | 0.00 | 0.01 | 0.05 |
| Copper, Cu....mg | 0.044 | | 0 | | 4 | | 0.007 | 0.012 | 0.075 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.3 | | 0 | BFZN | 4 | | 0.0 | 0.1 | 0.5 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 17.9 | | 10 | | 1 | | 2.9 | 5.1 | 30.4 |
| Thiamin....mg | 0.014 | 0.000 | 18 | | 1 | | 0.002 | 0.004 | 0.024 |
| Riboflavin....mg | 0.030 | 0.000 | 17 | | 1 | | 0.005 | 0.009 | 0.051 |
| Niacin....mg | 0.145 | 0.004 | 18 | | 1 | | 0.023 | 0.041 | 0.247 |
| Pantothenic acid....mg | 0.125 | | 0 | | 4 | | 0.020 | 0.035 | 0.213 |
| Vitamin B-6....mg | 0.030 | | 7 | | 1 | | 0.005 | 0.009 | 0.051 |
| Folate, total....µg | 1 | | 0 | FLA | 4 | | 0 | 0 | 2 |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 1 | | 0 | FLA | 4 | | 0 | 0 | 2 |
| Folate, DFE....mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 0 | 2 |
| Choline, total....mg | 3.1 | | 0 | FLA | 4 | | 0.5 | 0.9 | 5.3 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 0 | 0 | 3 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 15 | | 0 | FLA | 4 | | 2 | 4 | 25 |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 11 | | 0 | FLA | 4 | | 2 | 3 | 19 |
| Vitamin A, IU....IU | 33 | | 0 | NC | 4 | | 5 | 9 | 57 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 15 | | 0 | FLA | 4 | | 2 | 4 | 26 |
| Vitamin E (alpha-tocopherol)....mg | 0.04 | | 0 | FLA | 4 | | 0.01 | 0.01 | 0.07 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03143**
**Babyfood, fruit, applesauce and apricots, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.5 | | 0 | FLA | 4 | | 0.1 | 0.1 | 0.9 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.028 | | 0 | | 4 | | 0.004 | 0.008 | 0.048 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.023 | | 0 | | 4 | | 0.004 | 0.007 | 0.039 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.003 | | 0 | | 4 | | 0.000 | 0.001 | 0.005 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.030 | | 0 | | 4 | | 0.005 | 0.009 | 0.051 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.030 | | 0 | | 4 | | 0.005 | 0.009 | 0.051 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.051 | | 0 | | 4 | | 0.008 | 0.014 | 0.087 |
| 18:2 undifferentiated....g | 0.044 | | 0 | | 4 | | 0.007 | 0.012 | 0.075 |
| 18:3 undifferentiated....g | 0.009 | | 0 | | 4 | | 0.001 | 0.003 | 0.015 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**NDB No. 03143**

**Babyfood, fruit, applesauce and apricots, junior**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03142**
**Babyfood, fruit, applesauce and apricots, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.70 | | 14 | | 1 | | 14.03 | 24.86 | 99.10 |
| Energy....kcal | 44 | | 0 | NC | 4 | | 7 | 13 | 50 |
| Energy....kJ | 185 | | 0 | NC | 4 | | 30 | 52 | 209 |
| Protein (N x 6.25)....g | 0.20 | | 14 | | 1 | | 0.03 | 0.06 | 0.23 |
| Total lipid (fat)....g | 0.20 | | 14 | | 1 | | 0.03 | 0.06 | 0.23 |
| Ash....g | 0.26 | | 0 | FLA | 4 | | 0.04 | 0.07 | 0.29 |
| Carbohydrate, by difference....g | 11.64 | | 0 | NC | 4 | | 1.86 | 3.30 | 13.15 |
| Fiber, total dietary....g | 1.8 | | 0 | | 4 | | 0.3 | 0.5 | 2.0 |
| Sugars, total....g | 9.25 | | 0 | FLA | 4 | | 1.48 | 2.62 | 10.45 |
| Sucrose....g | 1.57 | | 0 | FLA | 4 | | 0.25 | 0.45 | 1.78 |
| Glucose (dextrose)....g | 2.88 | | 0 | FLA | 4 | | 0.46 | 0.82 | 3.25 |
| Fructose....g | 4.79 | | 0 | FLA | 4 | | 0.77 | 1.36 | 5.41 |
| Lactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.01 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.01 |
| Galactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 6 | 0.000 | 16 | | 1 | | 1 | 2 | 7 |
| Iron, Fe....mg | 0.25 | 0.020 | 16 | | 1 | | 0.04 | 0.07 | 0.28 |
| Magnesium, Mg....mg | 4 | | 1 | | 1 | | 1 | 1 | 5 |
| Phosphorus, P....mg | 9 | | 2 | | 1 | | 1 | 3 | 10 |
| Potassium, K....mg | 120 | | 15 | | 1 | | 19 | 34 | 136 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.04 | | 2 | | 1 | | 0.01 | 0.01 | 0.05 |
| Copper, Cu....mg | 0.041 | | 0 | | 4 | | 0.007 | 0.012 | 0.046 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.3 | | 0 | BFZN | 4 | | 0.0 | 0.1 | 0.3 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 18.9 | 1.900 | 11 | | 1 | | 3.0 | 5.4 | 21.4 |
| Thiamin....mg | 0.014 | 0.000 | 16 | | 1 | | 0.002 | 0.004 | 0.016 |
| Riboflavin....mg | 0.029 | 0.000 | 16 | | 1 | | 0.005 | 0.008 | 0.033 |
| Niacin....mg | 0.140 | 0.003 | 16 | | 1 | | 0.022 | 0.040 | 0.158 |
| Pantothenic acid....mg | 0.119 | | 0 | | 4 | | 0.019 | 0.034 | 0.134 |
| Vitamin B-6....mg | 0.030 | | 7 | | 1 | | 0.005 | 0.009 | 0.034 |
| Folate, total....µg | 2 | | 0 | FLA | 4 | | 0 | 0 | 2 |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 2 | | 0 | FLA | 4 | | 0 | 0 | 2 |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 0 | 0 | 2 |
| Choline, total....mg | 3.1 | | 0 | FLA | 4 | | 0.5 | 0.9 | 3.5 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 17 | | 0 | NC | 4 | | 3 | 5 | 19 |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 189 | | 0 | FLA | 4 | | 30 | 53 | 213 |
| Carotene, alpha....µg | 3 | | 0 | FLA | 4 | | 0 | 1 | 3 |
| Cryptoxanthin, beta....µg | 26 | | 0 | FLA | 4 | | 4 | 8 | 30 |
| Vitamin A, IU....IU | 339 | | 0 | NC | 4 | | 54 | 96 | 383 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 28 | | 0 | FLA | 4 | | 4 | 8 | 32 |
| Vitamin E (alpha-tocopherol)....mg | 0.18 | | 0 | FLA | 4 | | 0.03 | 0.05 | 0.20 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03142**
**Babyfood, fruit, applesauce and apricots, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 1.0 | | 0 | FLA | 4 | | 0.2 | 0.3 | 1.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.024 | | 0 | | 4 | | 0.004 | 0.007 | 0.027 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.020 | | 0 | | 4 | | 0.003 | 0.006 | 0.023 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.003 | | 0 | | 4 | | 0.000 | 0.001 | 0.003 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.037 | | 0 | | 4 | | 0.006 | 0.010 | 0.042 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.037 | | 0 | | 4 | | 0.006 | 0.010 | 0.042 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.045 | | 0 | | 4 | | 0.007 | 0.013 | 0.051 |
| 18:2 undifferentiated....g | 0.041 | | 0 | | 4 | | 0.007 | 0.012 | 0.046 |
| 18:3 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.001 | 0.002 | 0.008 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**NDB No. 03142**

**Babyfood, fruit, applesauce and apricots, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03144**
**Babyfood, fruit, applesauce and cherries, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 85.63 | | 0 | | 1 | | 24.28 | 96.76 | |
| Energy | kcal | 51 | | 0 | NC | 4 | | 14 | 58 | |
| Energy | kJ | 213 | | 0 | | 4 | | 60 | 241 | |
| Protein (N x 6.25) | g | 0.00 | | 0 | | 1 | | 0.00 | 0.00 | |
| Total lipid (fat) | g | 0.00 | | 13 | | 1 | | 0.00 | 0.00 | |
| Ash | g | 0.25 | | 0 | | 1 | | 0.07 | 0.28 | |
| Carbohydrate, by difference | g | 14.10 | | 0 | NC | 4 | | 4.00 | 15.93 | |
| Fiber, total dietary | g | 1.1 | | 0 | | 4 | | 0.3 | 1.2 | |
| Sugars, total | g | 10.81 | | 0 | FLA | 4 | | 3.07 | 12.22 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 1 | | 0 | | 1 | | 0 | 1 | |
| Iron, Fe | mg | 0.30 | | 0 | | 1 | | 0.09 | 0.34 | |
| Magnesium, Mg | mg | 4 | | 0 | | 4 | | 1 | 5 | |
| Phosphorus, P | mg | 8 | | 0 | | 4 | | 2 | 9 | |
| Potassium, K | mg | 132 | | 0 | | 1 | | 37 | 149 | |
| Sodium, Na | mg | 1 | | 0 | LC | 8 | | 0 | 1 | |
| Zinc, Zn | mg | 0.03 | | 0 | | 4 | | 0.01 | 0.03 | |
| Copper, Cu | mg | 0.045 | | 0 | | 4 | | 0.013 | 0.051 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.3 | | 0 | FLM | 4 | | 0.1 | 0.3 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 42.8 | | 0 | | 1 | | 12.1 | 48.4 | |
| Thiamin | mg | 0.010 | | 0 | | 1 | | 0.003 | 0.011 | |
| Riboflavin | mg | 0.030 | | 0 | | 1 | | 0.009 | 0.034 | |
| Niacin | mg | 0.140 | | 0 | | 1 | | 0.040 | 0.158 | |
| Pantothenic acid | mg | 0.131 | | 0 | | 4 | | 0.037 | 0.148 | |
| Vitamin B-6 | mg | 0.037 | | 0 | | 4 | | 0.010 | 0.042 | |
| Folate, total | µg | 0 | | 3 | | 1 | | 0 | 0 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 0 | | 3 | | 1 | | 0 | 0 | |
| Folate, DFE | mcg_DFE | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Choline, total | mg | 4.6 | | 0 | FLA | 4 | | 1.3 | 5.2 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 2 | | 0 | NC | 4 | | 1 | 3 | |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Carotene, beta | µg | 25 | | 0 | BNA | 4 | | 7 | 28 | |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 4 | | 0 | BNA | 4 | | 1 | 4 | |
| Vitamin A, IU | IU | 45 | | 0 | | 1 | | 13 | 51 | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 56 | | 0 | FLA | 4 | | 16 | 63 | |
| Vitamin E (alpha-tocopherol) | mg | 0.12 | | 0 | FLA | 4 | | 0.04 | 0.14 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone) | µg | 2.0 | | 0 | FLA | 4 | | 0.6 | 2.2 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03144**
**Babyfood, fruit, applesauce and cherries, strained**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03145**
**Babyfood, fruit, applesauce and cherries, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 85.60 | | 0 | | 1 | | 24.27 | 145.52 | |
| Energy | kcal | 51 | | 0 | NC | 4 | | 14 | 86 | |
| Energy | kJ | 212 | | 0 | NC | 4 | | 60 | 361 | |
| Protein (N x 6.25) | g | 0.00 | | 0 | | 1 | | 0.00 | 0.00 | |
| Total lipid (fat) | g | 0.00 | | 13 | | 1 | | 0.00 | 0.00 | |
| Ash | g | 0.30 | 0.000 | 13 | | 1 | | 0.09 | 0.51 | |
| Carbohydrate, by difference | g | 14.10 | | 0 | | 4 | | 4.00 | 23.97 | |
| Fiber, total dietary | g | 1.1 | | 0 | | 4 | | 0.3 | 1.9 | |
| Sugars, total | g | 10.61 | | 0 | BFSN | 4 | | 3.01 | 18.04 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 1 | | 0 | | 1 | | 0 | 2 | |
| Iron, Fe | mg | 0.30 | | 0 | | 1 | | 0.09 | 0.51 | |
| Magnesium, Mg | mg | 4 | | 0 | | 4 | | 1 | 7 | |
| Phosphorus, P | mg | 8 | | 0 | | 4 | | 2 | 14 | |
| Potassium, K | mg | 132 | | 0 | | 1 | | 37 | 224 | |
| Sodium, Na | mg | 1 | | 0 | LC | 8 | | 0 | 2 | |
| Zinc, Zn | mg | 0.03 | | 0 | | 4 | | 0.01 | 0.05 | |
| Copper, Cu | mg | 0.046 | | 0 | | 4 | | 0.013 | 0.078 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.3 | | 0 | FLM | 4 | | 0.1 | 0.5 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 42.8 | | 0 | | 1 | | 12.1 | 72.8 | |
| Thiamin | mg | 0.010 | | 0 | | 1 | | 0.003 | 0.017 | |
| Riboflavin | mg | 0.030 | | 0 | | 1 | | 0.009 | 0.051 | |
| Niacin | mg | 0.140 | | 0 | | 1 | | 0.040 | 0.238 | |
| Pantothenic acid | mg | 0.130 | | 0 | | 4 | | 0.037 | 0.221 | |
| Vitamin B-6 | mg | 0.039 | | 0 | | 4 | | 0.011 | 0.066 | |
| Folate, total | µg | 0 | | 0 | | 1 | | 0 | 1 | |
| Folic acid | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Folate, food | µg | 0 | | 0 | NR | 4 | | 0 | 1 | |
| Folate, DFE | mcg_DFE | 0 | | 0 | NC | 4 | | 0 | 1 | |
| Choline, total | mg | 4.6 | | 0 | FLA | 4 | | 1.3 | 7.8 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 2 | | 0 | NC | 4 | | 1 | 4 | |
| Retinol | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, beta | µg | 24 | | 0 | BNA | 4 | | 7 | 41 | |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 6 | | 0 | BNA | 4 | | 2 | 9 | |
| Vitamin A, IU | IU | 45 | | 0 | NC | 4 | | 13 | 77 | |
| Lycopene | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 47 | | 0 | BFSN | 4 | | 13 | 81 | |
| Vitamin E (alpha-tocopherol) | mg | 0.06 | | 0 | FLA | 4 | | 0.02 | 0.09 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone) | µg | 1.2 | | 0 | BFSN | 4 | | 0.4 | 2.1 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03145**
**Babyfood, fruit, applesauce and cherries, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03151**
**Babyfood, fruit, applesauce and pineapple, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 89.10 | | 1 | | 1 | | 25.26 | 151.47 | |
| Energy....kcal | 39 | | 0 | NC | 4 | | 11 | 66 | |
| Energy....kJ | 163 | | 0 | | 4 | | 46 | 277 | |
| Protein (N x 6.25)....g | 0.10 | | 6 | | 1 | | 0.03 | 0.17 | |
| Total lipid (fat)....g | 0.10 | | 6 | | 1 | | 0.03 | 0.17 | |
| Ash....g | 0.20 | 0.000 | 6 | | 1 | | 0.06 | 0.34 | |
| Carbohydrate, by difference....g | 10.50 | | 0 | NC | 4 | | 2.98 | 17.85 | |
| Fiber, total dietary....g | 1.5 | | 0 | | 4 | | 0.4 | 2.6 | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 4 | | 6 | | 1 | | 1 | 7 | |
| Iron, Fe....mg | 0.10 | | 6 | | 1 | | 0.03 | 0.17 | |
| Magnesium, Mg....mg | 4 | | 2 | | 1 | | 1 | 7 | |
| Phosphorus, P....mg | 6 | | 2 | | 1 | | 2 | 10 | |
| Potassium, K....mg | 76 | | 2 | | 1 | | 22 | 129 | |
| Sodium, Na....mg | 2 | | 2 | | 1 | | 1 | 3 | |
| Zinc, Zn....mg | 0.03 | | 2 | | 1 | | 0.01 | 0.05 | |
| Copper, Cu....mg | 0.036 | | 0 | | 4 | | 0.010 | 0.061 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.3 | | 0 | FLM | 4 | | 0.1 | 0.5 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 26.8 | | 6 | | 1 | | 7.6 | 45.6 | |
| Thiamin....mg | 0.022 | | 6 | | 1 | | 0.006 | 0.037 | |
| Riboflavin....mg | 0.027 | | 6 | | 1 | | 0.008 | 0.046 | |
| Niacin....mg | 0.079 | | 6 | | 1 | | 0.022 | 0.134 | |
| Pantothenic acid....mg | 0.104 | | 0 | | 4 | | 0.029 | 0.177 | |
| Vitamin B-6....mg | 0.039 | | 6 | | 1 | | 0.011 | 0.066 | |
| Folate, total....µg | 2 | | 0 | | 1 | | 1 | 3 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 2 | | 0 | | 1 | | 1 | 3 | |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 1 | 3 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 2 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 21 | 6.000 | 6 | | 1 | | 6 | 36 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | 0.60 | | 0 | NR | 4 | | 0.17 | 1.02 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03151**
**Babyfood, fruit, applesauce and pineapple, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.011 | | 0 | | 4 | | 0.003 | 0.019 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.008 | | 0 | | 4 | | 0.002 | 0.014 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.009 | | 0 | | 4 | | 0.003 | 0.015 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.002 | 0.014 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.032 | | 0 | | 4 | | 0.009 | 0.054 | |
| 18:2 undifferentiated....g | 0.021 | | 0 | | 4 | | 0.006 | 0.036 | |
| 18:3 undifferentiated....g | 0.011 | | 0 | | 4 | | 0.003 | 0.019 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | | | | | | | | | |
| Theobromine....mg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03150**
**Babyfood, fruit, applesauce and pineapple, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 89.50 | | 1 | | 1 | | 25.37 | 101.14 | |
| Energy....kcal | 37 | | 0 | NC | 4 | | 10 | 42 | |
| Energy....kJ | 155 | | 0 | | 4 | | 44 | 175 | |
| Protein (N x 6.25)....g | 0.10 | | 6 | | 1 | | 0.03 | 0.11 | |
| Total lipid (fat)....g | 0.10 | | 6 | | 1 | | 0.03 | 0.11 | |
| Ash....g | 0.20 | 0.000 | 6 | | 1 | | 0.06 | 0.23 | |
| Carbohydrate, by difference....g | 10.10 | | 0 | NC | 4 | | 2.86 | 11.41 | |
| Fiber, total dietary....g | 1.5 | | 0 | | 4 | | 0.4 | 1.7 | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 4 | | 6 | | 1 | | 1 | 5 | |
| Iron, Fe....mg | 0.10 | | 12 | | 1 | | 0.03 | 0.11 | |
| Magnesium, Mg....mg | 3 | | 2 | | 1 | | 1 | 3 | |
| Phosphorus, P....mg | 6 | | 2 | | 1 | | 2 | 7 | |
| Potassium, K....mg | 78 | | 2 | | 1 | | 22 | 88 | |
| Sodium, Na....mg | 2 | | 2 | | 1 | | 1 | 2 | |
| Zinc, Zn....mg | 0.02 | | 2 | | 1 | | 0.00 | 0.02 | |
| Copper, Cu....mg | 0.035 | | 0 | | 4 | | 0.010 | 0.040 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.3 | | 0 | FLM | 4 | | 0.1 | 0.3 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 28.1 | | 6 | | 1 | | 8.0 | 31.8 | |
| Thiamin....mg | 0.021 | | 6 | | 1 | | 0.006 | 0.024 | |
| Riboflavin....mg | 0.026 | | 6 | | 1 | | 0.007 | 0.029 | |
| Niacin....mg | 0.078 | | 6 | | 1 | | 0.022 | 0.088 | |
| Pantothenic acid....mg | 0.101 | | 0 | | 4 | | 0.029 | 0.114 | |
| Vitamin B-6....mg | 0.039 | | 6 | | 1 | | 0.011 | 0.044 | |
| Folate, total....µg | 2 | 0.100 | 3 | | 1 | | 1 | 2 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 2 | 0.100 | 3 | | 1 | | 1 | 2 | |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 1 | 2 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | AS | 1 | | 0 | 0 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 0 | | 0 | AS | 1 | | 0 | 0 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | 0.60 | | 0 | NR | 4 | | 0.17 | 0.68 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.010 | | 0 | | 4 | | 0.003 | 0.011 | |

**NDB No. 03150**
**Babyfood, fruit, applesauce and pineapple, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| 4:0 g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0 g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0 g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0 g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0 g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0 g | | | | | | | | | |
| 14:0 g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 15:0 g | | | | | | | | | |
| 16:0 g | 0.008 | | 0 | | 4 | | 0.002 | 0.009 | |
| 17:0 g | | | | | | | | | |
| 18:0 g | 0.002 | | 0 | | 4 | | 0.001 | 0.002 | |
| 20:0 g | | | | | | | | | |
| 22:0 g | | | | | | | | | |
| 24:0 g | | | | | | | | | |
| Fatty acids, total monounsaturated g | 0.009 | | 0 | | 4 | | 0.003 | 0.010 | |
| 14:1 g | | | | | | | | | |
| 15:1 g | | | | | | | | | |
| 16:1 undifferentiated g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 17:1 g | | | | | | | | | |
| 18:1 undifferentiated g | 0.008 | | 0 | | 4 | | 0.002 | 0.009 | |
| 20:1 g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c g | | | | | | | | | |
| Fatty acids, total polyunsaturated g | 0.032 | | 0 | | 4 | | 0.009 | 0.036 | |
| 18:2 undifferentiated g | 0.021 | | 0 | | 4 | | 0.006 | 0.024 | |
| 18:3 undifferentiated g | 0.012 | | 0 | | 4 | | 0.003 | 0.014 | |
| 18:4 g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c g | | | | | | | | | |
| 20:3 undifferentiated g | | | | | | | | | |
| 20:4 undifferentiated g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA) g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA) g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA) g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans g | | | | | | | | | |
| Cholesterol mg | 0 | | 0 | | 4 | | 0 | 0 | |
| Phytosterols mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine mg | | | | | | | | | |
| Theobromine mg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03147**
**Babyfood, fruit, applesauce with banana, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 83.14 | | 0 | PAE | 4 | | 13.30 | 141.34 | 141.34 |
| Energy....kcal | 66 | | 0 | PAE | 4 | | 11 | 112 | 112 |
| Energy....kJ | 276 | | 0 | | 4 | | 44 | 469 | 469 |
| Protein....g | 0.37 | | 0 | PAE | 4 | | 0.06 | 0.63 | 0.63 |
| Total lipid (fat)....g | 0.10 | | 0 | PAE | 4 | | 0.02 | 0.17 | 0.17 |
| Ash....g | 0.26 | | 0 | PAE | 4 | | 0.04 | 0.44 | 0.44 |
| Carbohydrate, by difference....g | 16.16 | | 0 | PAE | 4 | | 2.59 | 27.47 | 27.47 |
| Fiber, total dietary....g | 1.6 | | 0 | PAE | 4 | | 0.3 | 2.7 | 2.7 |
| Sugars, total....g | 4.35 | | 0 | BFSN | 4 | | 0.70 | 7.39 | 7.39 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 5 | | 0 | PAE | 4 | | 1 | 9 | 9 |
| Iron, Fe....mg | 0.24 | | 0 | PAE | 4 | | 0.04 | 0.41 | 0.41 |
| Magnesium, Mg....mg | 9 | | 0 | PAE | 4 | | 1 | 15 | 15 |
| Phosphorus, P....mg | 12 | | 0 | MA | 12 | | 2 | 20 | 20 |
| Potassium, K....mg | 131 | | 0 | PAE | 4 | | 21 | 223 | 223 |
| Sodium, Na....mg | 3 | | 0 | PAE | 4 | | 0 | 5 | 5 |
| Zinc, Zn....mg | 0.05 | | 0 | PAE | 4 | | 0.01 | 0.09 | 0.09 |
| Copper, Cu....mg | 0.040 | | 0 | MA | 12 | | 0.006 | 0.068 | 0.068 |
| Manganese, Mn....mg | 0.100 | | 0 | MA | 12 | | 0.016 | 0.170 | 0.170 |
| Selenium, Se....µg | 0.4 | | 0 | FLM | 4 | | 0.1 | 0.7 | 0.7 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 17.3 | | 0 | PAE | 4 | | 2.8 | 29.4 | 29.4 |
| Thiamin....mg | 0.010 | | 0 | PAE | 4 | | 0.002 | 0.017 | 0.017 |
| Riboflavin....mg | 0.031 | | 0 | PAE | 4 | | 0.005 | 0.053 | 0.053 |
| Niacin....mg | 0.163 | | 0 | PAE | 4 | | 0.026 | 0.277 | 0.277 |
| Pantothenic acid....mg | 0.135 | | 0 | FLM | 4 | | 0.022 | 0.230 | 0.230 |
| Vitamin B-6....mg | 0.100 | | 0 | MA | 12 | | 0.016 | 0.170 | 0.170 |
| Folate, total....µg | 3 | | 0 | FLM | 4 | | 0 | 5 | 5 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 3 | | 0 | FLM | 4 | | 0 | 5 | 5 |
| Folate, DFE....mcg_DFE | 3 | | 0 | NC | 4 | | 0 | 5 | 5 |
| Choline, total....mg | 4.9 | | 0 | FLA | 4 | | 0.8 | 8.4 | 8.4 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 3 | | 0 | BNA | 4 | | 0 | 4 | 4 |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 2 | | 0 | BNA | 4 | | 0 | 3 | 3 |
| Vitamin A, IU....IU | 6 | | 0 | NC | 4 | | 1 | 10 | 10 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 8 | | 0 | BFSN | 4 | | 1 | 13 | 13 |
| Vitamin E (alpha-tocopherol)....mg | 0.02 | | 0 | FLA | 4 | | 0.00 | 0.03 | 0.03 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.3 | | 0 | BFSN | 4 | | 0.0 | 0.4 | 0.4 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03147**
**Babyfood, fruit, applesauce with banana, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.040 | | 0 | FLM | 4 | | 0.006 | 0.068 | 0.068 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.002 | 0.002 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.002 | 0.002 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.034 | | 0 | FLM | 4 | | 0.005 | 0.058 | 0.058 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.003 | | 0 | FLM | 4 | | 0.000 | 0.005 | 0.005 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.010 | | 0 | FLM | 4 | | 0.002 | 0.017 | 0.017 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 0 | FLM | 4 | | 0.000 | 0.003 | 0.003 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.009 | | 0 | FLM | 4 | | 0.001 | 0.015 | 0.015 |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.050 | | 0 | FLM | 4 | | 0.008 | 0.085 | 0.085 |
| 18:2 undifferentiated....g | 0.040 | | 0 | FLM | 4 | | 0.006 | 0.068 | 0.068 |
| 18:3 undifferentiated....g | 0.011 | | 0 | FLM | 4 | | 0.002 | 0.019 | 0.019 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 170g: 1 jar NFS

Measure 3 = 170g: 1 jar Beech-Nut Stage 3 (6 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03117**
**Babyfood, fruit, applesauce, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 89.50 | | 14 | | 1 | | 14.32 | 25.37 | 152.15 |
| Energy....kcal | 37 | | 0 | NC | 4 | | 6 | 10 | 63 |
| Energy....kJ | 155 | | 0 | | 4 | | 25 | 44 | 263 |
| Protein (N x 6.25)....g | 0.00 | 0.000 | 43 | | 1 | | 0.00 | 0.00 | 0.00 |
| Total lipid (fat)....g | 0.00 | 0.000 | 43 | | 1 | | 0.00 | 0.00 | 0.00 |
| Ash....g | 0.20 | 0.000 | 42 | | 1 | | 0.03 | 0.06 | 0.34 |
| Carbohydrate, by difference....g | 10.30 | | 0 | NC | 4 | | 1.65 | 2.92 | 17.51 |
| Fiber, total dietary....g | 1.7 | | 0 | | 4 | | 0.3 | 0.5 | 2.9 |
| Sugars, total....g | 8.48 | | 0 | BFSN | 4 | | 1.36 | 2.41 | 14.42 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 5 | 0.000 | 46 | | 1 | | 1 | 1 | 9 |
| Iron, Fe....mg | 0.22 | 0.010 | 40 | | 1 | | 0.04 | 0.06 | 0.37 |
| Magnesium, Mg....mg | 3 | | 2 | | 1 | | 0 | 1 | 5 |
| Phosphorus, P....mg | 6 | | 3 | | 1 | | 1 | 2 | 10 |
| Potassium, K....mg | 77 | | 16 | | 1 | | 12 | 22 | 131 |
| Sodium, Na....mg | 1 | | 0 | LC | 8 | | 0 | 0 | 2 |
| Zinc, Zn....mg | 0.04 | | 3 | | 1 | | 0.01 | 0.01 | 0.07 |
| Copper, Cu....mg | 0.035 | | 0 | | 1 | | 0.006 | 0.010 | 0.060 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.3 | | 0 | BFZN | 4 | | 0.0 | 0.1 | 0.5 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 37.8 | 1.300 | 35 | | 1 | | 6.0 | 10.7 | 64.3 |
| Thiamin....mg | 0.012 | 0.000 | 37 | | 1 | | 0.002 | 0.003 | 0.020 |
| Riboflavin....mg | 0.027 | 0.000 | 34 | | 1 | | 0.004 | 0.008 | 0.046 |
| Niacin....mg | 0.063 | | 18 | | 1 | | 0.010 | 0.018 | 0.107 |
| Pantothenic acid....mg | 0.100 | | 0 | | 1 | | 0.016 | 0.028 | 0.170 |
| Vitamin B-6....mg | 0.030 | | 31 | | 1 | | 0.005 | 0.009 | 0.051 |
| Folate, total....µg | 2 | | 0 | | 1 | | 0 | 0 | 3 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 2 | | 0 | | 1 | | 0 | 0 | 3 |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 0 | 0 | 3 |
| Choline, total....mg | 3.4 | | 0 | FLA | 4 | | 0.6 | 1.0 | 5.8 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 2 | | 0 | BFSN | 4 | | 0 | 1 | 4 |
| Carotene, alpha....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 2 | | 0 | BFSN | 4 | | 0 | 1 | 3 |
| Vitamin A, IU....IU | 9 | | 10 | | 1 | | 1 | 3 | 15 |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 9 | | 0 | BFSN | 4 | | 1 | 3 | 16 |
| Vitamin E (alpha-tocopherol)....mg | 0.60 | | 0 | NR | 4 | | 0.10 | 0.17 | 1.02 |
| Vitamin E, added....mg | 0.00 | | 0 | NR | 4 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.3 | | 0 | BFSN | 4 | | 0.0 | 0.1 | 0.5 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03117**
**Babyfood, fruit, applesauce, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03116**
**Babyfood, fruit, applesauce, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.60 | | 14 | | 1 | | 14.18 | 25.12 | 100.12 |
| Energy....kcal | 41 | | 0 | NC | 4 | | 7 | 12 | 47 |
| Energy....kJ | 172 | | 0 | NC | 4 | | 28 | 49 | 195 |
| Protein (N x 6.25)....g | 0.20 | 0.000 | 18 | | 1 | | 0.03 | 0.06 | 0.23 |
| Total lipid (fat)....g | 0.20 | 0.000 | 18 | | 1 | | 0.03 | 0.06 | 0.23 |
| Ash....g | 0.20 | 0.000 | 42 | | 1 | | 0.03 | 0.06 | 0.23 |
| Carbohydrate, by difference....g | 10.80 | | 0 | NC | 4 | | 1.73 | 3.06 | 12.20 |
| Fiber, total dietary....g | 1.7 | | 0 | | 4 | | 0.3 | 0.5 | 1.9 |
| Sugars, total....g | 9.87 | | 0 | BFSN | 4 | | 1.58 | 2.80 | 11.16 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 4 | | 43 | | 1 | | 1 | 1 | 5 |
| Iron, Fe....mg | 0.22 | 0.010 | 41 | | 1 | | 0.04 | 0.06 | 0.25 |
| Magnesium, Mg....mg | 3 | 0.000 | 4 | | 1 | | 0 | 1 | 3 |
| Phosphorus, P....mg | 7 | | 5 | | 1 | | 1 | 2 | 8 |
| Potassium, K....mg | 71 | | 18 | | 1 | | 11 | 20 | 80 |
| Sodium, Na....mg | 0 | | 0 | LC | 8 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.02 | 0.003 | 19 | | 1 | | 0.00 | 0.01 | 0.03 |
| Copper, Cu....mg | 0.038 | | 16 | | 1 | | 0.006 | 0.011 | 0.043 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.3 | | 0 | BFZN | 4 | | 0.0 | 0.1 | 0.3 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 38.3 | 1.300 | 36 | | 1 | | 6.1 | 10.9 | 43.3 |
| Thiamin....mg | 0.012 | 0.000 | 34 | | 1 | | 0.002 | 0.003 | 0.014 |
| Riboflavin....mg | 0.028 | 0.000 | 34 | | 1 | | 0.004 | 0.008 | 0.032 |
| Niacin....mg | 0.061 | | 18 | | 1 | | 0.010 | 0.017 | 0.069 |
| Pantothenic acid....mg | 0.110 | | 4 | | 1 | | 0.018 | 0.031 | 0.124 |
| Vitamin B-6....mg | 0.031 | 0.000 | 35 | | 1 | | 0.005 | 0.009 | 0.035 |
| Folate, total....µg | 2 | 0.100 | 6 | | 1 | | 0 | 1 | 2 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 2 | 0.100 | 6 | | 1 | | 0 | 1 | 2 |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 0 | 1 | 2 |
| Choline, total....mg | 3.4 | | 0 | FLA | 4 | | 0.6 | 1.0 | 3.9 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 0 | 2 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 12 | | 0 | BFSN | 4 | | 2 | 4 | 14 |
| Carotene, alpha....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 9 | | 0 | BFSN | 4 | | 1 | 3 | 10 |
| Vitamin A, IU....IU | 28 | | 0 | NC | 4 | | 5 | 8 | 32 |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 17 | | 0 | BFSN | 4 | | 3 | 5 | 20 |
| Vitamin E (alpha-tocopherol)....mg | 0.60 | | 0 | NR | 4 | | 0.10 | 0.17 | 0.68 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.5 | | 0 | BFSN | 4 | | 0.1 | 0.2 | 0.6 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03116**
**Babyfood, fruit, applesauce, strained**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 0.032 | | 0 | | 4 | | 0.005 | 0.009 | 0.036 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.028 | | 0 | | 4 | | 0.004 | 0.008 | 0.032 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.001 | 0.005 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.008 | | 0 | | 4 | | 0.001 | 0.002 | 0.009 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.001 | 0.002 | 0.009 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.056 | | 0 | | 4 | | 0.009 | 0.016 | 0.063 |
| 18:2 undifferentiated....g | 0.048 | | 0 | | 4 | | 0.008 | 0.014 | 0.054 |
| 18:3 undifferentiated....g | 0.012 | | 0 | | 4 | | 0.002 | 0.003 | 0.014 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03128**
**Babyfood, fruit, apricot with tapioca, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 82.10 | | 14 | | 1 | | 12.32 | 23.28 | 139.57 |
| Energy....kcal | 63 | | 0 | NC | 4 | | 9 | 18 | 107 |
| Energy....kJ | 264 | | 0 | | 4 | | 40 | 75 | 448 |
| Protein (N x 6.25)....g | 0.30 | | 14 | | 1 | | 0.05 | 0.09 | 0.51 |
| Total lipid (fat)....g | 0.00 | | 14 | | 1 | | 0.00 | 0.00 | 0.00 |
| Ash....g | 0.40 | 0.000 | 24 | | 1 | | 0.06 | 0.11 | 0.68 |
| Carbohydrate, by difference....g | 17.30 | | 0 | NC | 4 | | 2.60 | 4.90 | 29.41 |
| Fiber, total dietary....g | 1.5 | | 0 | | 4 | | 0.2 | 0.4 | 2.6 |
| Sugars, total....g | 1.40 | | 0 | NR | 4 | | 0.21 | 0.40 | 2.38 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 8 | 1.000 | 22 | | 1 | | 1 | 2 | 14 |
| Iron, Fe....mg | 0.27 | 0.020 | 22 | | 1 | | 0.04 | 0.08 | 0.46 |
| Magnesium, Mg....mg | 4 | | 1 | | 1 | | 1 | 1 | 7 |
| Phosphorus, P....mg | 10 | | 2 | | 1 | | 2 | 3 | 17 |
| Potassium, K....mg | 125 | | 15 | | 1 | | 19 | 35 | 213 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.04 | | 1 | | 1 | | 0.01 | 0.01 | 0.07 |
| Copper, Cu....mg | 0.036 | | 0 | | 4 | | 0.005 | 0.010 | 0.061 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.3 | | 0 | FLM | 4 | | 0.0 | 0.1 | 0.5 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 17.9 | 1.400 | 23 | | 1 | | 2.7 | 5.1 | 30.4 |
| Thiamin....mg | 0.008 | 0.000 | 28 | | 1 | | 0.001 | 0.002 | 0.014 |
| Riboflavin....mg | 0.013 | 0.000 | 29 | | 1 | | 0.002 | 0.004 | 0.022 |
| Niacin....mg | 0.196 | 0.003 | 29 | | 1 | | 0.029 | 0.056 | 0.333 |
| Pantothenic acid....mg | 0.138 | | 0 | | 1 | | 0.021 | 0.039 | 0.235 |
| Vitamin B-6....mg | 0.028 | | 13 | | 1 | | 0.004 | 0.008 | 0.048 |
| Folate, total....µg | 2 | | 0 | | 1 | | 0 | 0 | 3 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 2 | | 0 | | 1 | | 0 | 0 | 3 |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 0 | 0 | 3 |
| Choline, total....mg | 1.2 | | 0 | FLM | 4 | | 0.2 | 0.3 | 2.1 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 36 | | 0 | NC | 4 | | 5 | 10 | 61 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 411 | | 0 | BNA | 4 | | 62 | 116 | 698 |
| Carotene, alpha....µg | 7 | | 0 | BNA | 4 | | 1 | 2 | 12 |
| Cryptoxanthin, beta....µg | 39 | | 0 | BNA | 4 | | 6 | 11 | 67 |
| Vitamin A, IU....IU | 723 | | 16 | | 1 | | 108 | 205 | 1229 |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 12 | | 0 | BFSN | 4 | | 2 | 3 | 20 |
| Vitamin E (alpha-tocopherol)....mg | 0.60 | | 0 | NR | 4 | | 0.09 | 0.17 | 1.02 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.4 | | 0 | BFSN | 4 | | 0.1 | 0.1 | 0.7 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03128**
**Babyfood, fruit, apricot with tapioca, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Calories Factors: Protein** 2.44 **Fat** 8.37 **Carbohydrate** 3.57

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03118**
**Babyfood, fruit, apricot with tapioca, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 83.10 | 0.400 | 17 | | 1 | | 12.47 | 23.56 | 93.90 |
| Energy....kcal | 60 | | 0 | NC | 4 | | 9 | 17 | 67 |
| Energy....kJ | 250 | | 0 | NC | 4 | | 37 | 71 | 282 |
| Protein (N x 6.25)....g | 0.30 | | 14 | | 1 | | 0.05 | 0.09 | 0.34 |
| Total lipid (fat)....g | 0.00 | | 14 | | 1 | | 0.00 | 0.00 | 0.00 |
| Ash....g | 0.30 | 0.000 | 18 | | 1 | | 0.05 | 0.09 | 0.34 |
| Carbohydrate, by difference....g | 16.30 | | 0 | NC | 4 | | 2.45 | 4.62 | 18.42 |
| Fiber, total dietary....g | 1.5 | | 0 | | 4 | | 0.2 | 0.4 | 1.7 |
| Sugars, total....g | 1.41 | | 0 | BFSN | 4 | | 0.21 | 0.40 | 1.59 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 9 | 1.000 | 16 | | 1 | | 1 | 3 | 10 |
| Iron, Fe....mg | 0.30 | 0.040 | 17 | | 1 | | 0.05 | 0.09 | 0.34 |
| Magnesium, Mg....mg | 4 | | 2 | | 1 | | 1 | 1 | 5 |
| Phosphorus, P....mg | 10 | | 2 | | 1 | | 2 | 3 | 11 |
| Potassium, K....mg | 121 | | 15 | | 1 | | 18 | 34 | 137 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.05 | | 2 | | 1 | | 0.01 | 0.01 | 0.05 |
| Copper, Cu....mg | 0.034 | | 2 | | 1 | | 0.005 | 0.010 | 0.038 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.3 | | 1 | FLM | 4 | | 0.0 | 0.1 | 0.3 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 21.6 | 1.800 | 11 | | 1 | | 3.2 | 6.1 | 24.4 |
| Thiamin....mg | 0.008 | | 13 | | 1 | | 0.001 | 0.002 | 0.009 |
| Riboflavin....mg | 0.013 | 0.000 | 15 | | 1 | | 0.002 | 0.004 | 0.015 |
| Niacin....mg | 0.195 | 0.003 | 16 | | 1 | | 0.029 | 0.055 | 0.220 |
| Pantothenic acid....mg | 0.130 | | 4 | | 1 | | 0.020 | 0.037 | 0.147 |
| Vitamin B-6....mg | 0.030 | 0.000 | 8 | | 1 | | 0.005 | 0.009 | 0.034 |
| Folate, total....µg | 2 | 0.100 | 9 | | 1 | | 0 | 0 | 2 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 2 | | 0 | NR | 4 | | 0 | 0 | 2 |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 0 | 0 | 2 |
| Choline, total....mg | 1.3 | | 0 | FLM | 4 | | 0.2 | 0.4 | 1.4 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 36 | | 0 | NC | 4 | | 5 | 10 | 41 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 412 | | 0 | BNA | 4 | | 62 | 117 | 465 |
| Carotene, alpha....µg | 7 | | 0 | BNA | 4 | | 1 | 2 | 8 |
| Cryptoxanthin, beta....µg | 39 | | 0 | BNA | 4 | | 6 | 11 | 44 |
| Vitamin A, IU....IU | 725 | | 0 | NC | 4 | | 109 | 206 | 819 |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 11 | | 0 | BFSN | 4 | | 2 | 3 | 12 |
| Vitamin E (alpha-tocopherol)....mg | 0.10 | | 0 | FLA | 4 | | 0.02 | 0.03 | 0.12 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.4 | | 0 | BFSN | 4 | | 0.1 | 0.1 | 0.5 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03118**
**Babyfood, fruit, apricot with tapioca, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.000 | | 0 | NC | 4 | | 0.000 | 0.000 | 0.000 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | NC | 4 | | 0.000 | 0.000 | 0.000 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03156**
**Babyfood, fruit, bananas and pineapple with tapioca, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.10 | | 14 | | 1 | | 12.17 | 22.99 | 137.87 |
| Energy....kcal | 68 | | 0 | NC | 4 | | 10 | 19 | 116 |
| Energy....kJ | 285 | | 0 | | 4 | | 43 | 81 | 484 |
| Protein (N x 6.25)....g | 0.20 | 0.000 | 17 | | 1 | | 0.03 | 0.06 | 0.34 |
| Total lipid (fat)....g | 0.10 | 0.000 | 17 | | 1 | | 0.02 | 0.03 | 0.17 |
| Ash....g | 0.20 | 0.000 | 18 | | 1 | | 0.03 | 0.06 | 0.34 |
| Carbohydrate, by difference....g | 18.40 | | 0 | NC | 4 | | 2.76 | 5.22 | 31.28 |
| Fiber, total dietary....g | 1.6 | | 0 | | 4 | | 0.2 | 0.5 | 2.7 |
| Sugars, total....g | 8.41 | | 0 | FLA | 4 | | 1.26 | 2.38 | 14.29 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 7 | 1.000 | 12 | | 1 | | 1 | 2 | 12 |
| Iron, Fe....mg | 0.13 | 0.010 | 12 | | 1 | | 0.02 | 0.04 | 0.22 |
| Magnesium, Mg....mg | 6 | | 2 | | 1 | | 1 | 2 | 10 |
| Phosphorus, P....mg | 5 | | 2 | | 1 | | 1 | 1 | 9 |
| Potassium, K....mg | 78 | | 15 | | 1 | | 12 | 22 | 133 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.03 | | 2 | | 1 | | 0.00 | 0.01 | 0.05 |
| Copper, Cu....mg | 0.040 | | 1 | | 1 | | 0.006 | 0.011 | 0.068 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.6 | | 0 | BFZN | 4 | | 0.1 | 0.2 | 1.0 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 21.2 | 1.400 | 14 | | 1 | | 3.2 | 6.0 | 36.0 |
| Thiamin....mg | 0.015 | 0.000 | 14 | | 1 | | 0.002 | 0.004 | 0.026 |
| Riboflavin....mg | 0.019 | 0.000 | 15 | | 1 | | 0.003 | 0.005 | 0.032 |
| Niacin....mg | 0.182 | 0.018 | 14 | | 1 | | 0.027 | 0.052 | 0.309 |
| Pantothenic acid....mg | 0.148 | | 0 | | 4 | | 0.022 | 0.042 | 0.252 |
| Vitamin B-6....mg | 0.092 | 0.006 | 6 | | 1 | | 0.014 | 0.026 | 0.156 |
| Folate, total....µg | 6 | 0.700 | 9 | | 1 | | 1 | 2 | 9 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 6 | 0.700 | 9 | | 1 | | 1 | 2 | 9 |
| Folate, DFE....mcg_DFE | 6 | | 0 | NC | 4 | | 1 | 2 | 9 |
| Choline, total....mg | 6.9 | | 0 | FLA | 4 | | 1.0 | 2.0 | 11.7 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 0 | 1 | 3 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 23 | | 0 | BNA | 4 | | 3 | 7 | 40 |
| Carotene, alpha....µg | 1 | | 0 | BNA | 4 | | 0 | 0 | 2 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 40 | | 7 | | 1 | | 6 | 11 | 68 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 2 | | 0 | FLA | 4 | | 0 | 0 | 3 |
| Vitamin E (alpha-tocopherol)....mg | 0.02 | | 0 | FLA | 4 | | 0.00 | 0.01 | 0.04 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.6 | | 0 | FLA | 4 | | 0.1 | 0.2 | 1.0 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03156**

**Babyfood, fruit, bananas and pineapple with tapioca, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.036 | | 0 | | 4 | | 0.005 | 0.010 | 0.061 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.024 | | 0 | | 4 | | 0.004 | 0.007 | 0.041 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.009 | | 0 | | 4 | | 0.001 | 0.003 | 0.015 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.000 | 0.001 | 0.003 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.006 | | 0 | | 4 | | 0.001 | 0.002 | 0.010 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.020 | | 0 | | 4 | | 0.003 | 0.006 | 0.034 |
| 18:2 undifferentiated....g | 0.012 | | 0 | | 4 | | 0.002 | 0.003 | 0.020 |
| 18:3 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.001 | 0.002 | 0.014 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03157**
**Babyfood, fruit, bananas and pineapple with tapioca, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.70 | | 14 | | 1 | | 12.26 | 23.16 | 92.32 |
| Energy....kcal | 65 | | 0 | NC | 4 | | 10 | 18 | 73 |
| Energy....kJ | 272 | | 0 | | 4 | | 41 | 77 | 307 |
| Protein (N x 6.25)....g | 0.20 | 0.000 | 17 | | 1 | | 0.03 | 0.06 | 0.23 |
| Total lipid (fat)....g | 0.00 | | 17 | | 1 | | 0.00 | 0.00 | 0.00 |
| Ash....g | 0.53 | | 0 | FLA | 4 | | 0.08 | 0.15 | 0.60 |
| Carbohydrate, by difference....g | 17.80 | | 0 | NC | 4 | | 2.67 | 5.05 | 20.11 |
| Fiber, total dietary....g | 1.6 | | 0 | | 4 | | 0.2 | 0.5 | 1.8 |
| Sugars, total....g | 10.73 | | 0 | FLA | 4 | | 1.61 | 3.04 | 12.12 |
| Sucrose....g | 3.92 | | 0 | FLA | 4 | | 0.59 | 1.11 | 4.43 |
| Glucose (dextrose)....g | 3.35 | | 0 | FLA | 4 | | 0.50 | 0.95 | 3.79 |
| Fructose....g | 3.44 | | 0 | FLA | 4 | | 0.52 | 0.98 | 3.89 |
| Lactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.01 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.01 |
| Galactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 7 | 0.000 | 28 | | 1 | | 1 | 2 | 8 |
| Iron, Fe....mg | 0.23 | 0.020 | 28 | | 1 | | 0.03 | 0.07 | 0.26 |
| Magnesium, Mg....mg | 6 | | 1 | | 1 | | 1 | 2 | 7 |
| Phosphorus, P....mg | 5 | | 2 | | 1 | | 1 | 1 | 6 |
| Potassium, K....mg | 68 | | 15 | | 1 | | 10 | 19 | 77 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.04 | | 1 | | 1 | | 0.01 | 0.01 | 0.05 |
| Copper, Cu....mg | 0.039 | | 0 | | 1 | | 0.006 | 0.011 | 0.044 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.6 | | 0 | BFZN | 4 | | 0.1 | 0.2 | 0.7 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 19.2 | | 30 | | 1 | | 2.9 | 5.4 | 21.7 |
| Thiamin....mg | 0.019 | 0.000 | 29 | | 1 | | 0.003 | 0.005 | 0.021 |
| Riboflavin....mg | 0.019 | 0.000 | 29 | | 1 | | 0.003 | 0.005 | 0.021 |
| Niacin....mg | 0.168 | 0.016 | 29 | | 1 | | 0.025 | 0.048 | 0.190 |
| Pantothenic acid....mg | 0.143 | | 0 | | 4 | | 0.021 | 0.041 | 0.162 |
| Vitamin B-6....mg | 0.082 | | 5 | | 1 | | 0.012 | 0.023 | 0.093 |
| Folate, total....µg | 18 | | 0 | FLA | 4 | | 3 | 5 | 20 |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 18 | | 0 | FLA | 4 | | 3 | 5 | 20 |
| Folate, DFE....mcg_DFE | 18 | | 0 | NC | 4 | | 3 | 5 | 20 |
| Choline, total....mg | 6.9 | | 0 | FLA | 4 | | 1.0 | 2.0 | 7.8 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 3 | | 0 | NC | 4 | | 0 | 1 | 3 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 30 | | 0 | FLA | 4 | | 4 | 8 | 34 |
| Carotene, alpha....µg | 12 | | 0 | FLA | 4 | | 2 | 4 | 14 |
| Cryptoxanthin, beta....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 60 | | 0 | NC | 4 | | 9 | 17 | 68 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 11 | | 0 | FLA | 4 | | 2 | 3 | 12 |
| Vitamin E (alpha-tocopherol)....mg | 0.06 | | 0 | FLA | 4 | | 0.01 | 0.02 | 0.07 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03157**

**Babyfood, fruit, bananas and pineapple with tapioca, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.6 | | 0 | FLA | 4 | | 0.1 | 0.2 | 0.7 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**NDB No. 03157**

**Babyfood, fruit, bananas and pineapple with tapioca, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03163**
**Babyfood, fruit, bananas with apples and pears, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 79.00 | | 1 | MA | 12 | | 11.85 | 89.27 | 89.27 |
| Energy....kcal | 83 | | 0 | NC | 4 | | 12 | 94 | 94 |
| Energy....kJ | 347 | | 0 | NC | 4 | | 52 | 392 | 392 |
| Protein....g | 0.90 | | 1 | MA | 12 | | 0.14 | 1.02 | 1.02 |
| Total lipid (fat)....g | 0.22 | | 0 | FLM | 4 | | 0.03 | 0.25 | 0.25 |
| Ash....g | 0.57 | | 1 | MA | 12 | | 0.09 | 0.64 | 0.64 |
| Carbohydrate, by difference....g | 19.31 | | 0 | NC | 4 | | 2.90 | 21.82 | 21.82 |
| Fiber, total dietary....g | 1.4 | | 1 | MA | 12 | | 0.2 | 1.6 | 1.6 |
| Sugars, total....g | 12.76 | | 0 | FLA | 4 | | 1.91 | 14.42 | 14.42 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 5 | | 1 | MA | 12 | | 1 | 6 | 6 |
| Iron, Fe....mg | 0.30 | | 1 | MA | 12 | | 0.05 | 0.34 | 0.34 |
| Magnesium, Mg....mg | 25 | | 1 | MA | 12 | | 4 | 28 | 28 |
| Phosphorus, P....mg | 19 | | 1 | MA | 12 | | 3 | 21 | 21 |
| Potassium, K....mg | 233 | | 1 | MA | 12 | | 35 | 263 | 263 |
| Sodium, Na....mg | 2 | | 0 | LC | 8 | | 0 | 2 | 2 |
| Zinc, Zn....mg | 0.10 | | 1 | MA | 12 | | 0.02 | 0.11 | 0.11 |
| Copper, Cu....mg | 0.080 | | 1 | MA | 12 | | 0.012 | 0.090 | 0.090 |
| Manganese, Mn....mg | 0.082 | | 0 | FLM | 4 | | 0.012 | 0.093 | 0.093 |
| Selenium, Se....µg | 0.6 | | 0 | FLM | 4 | | 0.1 | 0.7 | 0.7 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 13.9 | | 1 | MA | 12 | | 2.1 | 15.7 | 15.7 |
| Thiamin....mg | 0.010 | | 1 | MA | 12 | | 0.002 | 0.011 | 0.011 |
| Riboflavin....mg | 0.030 | | 1 | MA | 12 | | 0.005 | 0.034 | 0.034 |
| Niacin....mg | 0.550 | | 1 | MA | 12 | | 0.083 | 0.622 | 0.622 |
| Pantothenic acid....mg | 0.145 | | 0 | FLM | 4 | | 0.022 | 0.164 | 0.164 |
| Vitamin B-6....mg | 0.290 | | 1 | MA | 12 | | 0.044 | 0.328 | 0.328 |
| Folate, total....µg | 5 | | 0 | FLM | 4 | | 1 | 6 | 6 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 5 | | 0 | FLM | 4 | | 1 | 6 | 6 |
| Folate, DFE....mcg_DFE | 5 | | 0 | NC | 4 | | 1 | 6 | 6 |
| Choline, total....mg | 7.1 | | 0 | FLA | 4 | | 1.1 | 8.0 | 8.0 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 3 | | 0 | NC | 4 | | 0 | 3 | 3 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 23 | | 0 | BNA | 4 | | 3 | 26 | 26 |
| Carotene, alpha....µg | 15 | | 0 | BNA | 4 | | 2 | 17 | 17 |
| Cryptoxanthin, beta....µg | 6 | | 0 | BNA | 4 | | 1 | 6 | 6 |
| Vitamin A, IU....IU | 56 | | 0 | NC | 4 | | 8 | 63 | 63 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 10 | | 0 | FLA | 4 | | 1 | 11 | 11 |
| Vitamin E (alpha-tocopherol)....mg | 0.08 | | 0 | FLA | 4 | | 0.01 | 0.09 | 0.09 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.6 | | 0 | FLA | 4 | | 0.1 | 0.7 | 0.7 |
| Dihydrophylloquinone....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03163**

**Babyfood, fruit, bananas with apples and pears, strained**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 0.106 | | 0 | FLM | 4 | | 0.016 | 0.120 | 0.120 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | 0.001 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.002 | | 0 | FLM | 4 | | 0.000 | 0.002 | 0.002 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.075 | | 0 | FLM | 4 | | 0.011 | 0.085 | 0.085 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.005 | | 0 | FLM | 4 | | 0.001 | 0.006 | 0.006 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.028 | | 0 | FLM | 4 | | 0.004 | 0.032 | 0.032 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.006 | | 0 | FLM | 4 | | 0.001 | 0.007 | 0.007 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.021 | | 0 | FLM | 4 | | 0.003 | 0.024 | 0.024 |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.085 | | 0 | FLM | 4 | | 0.013 | 0.096 | 0.096 |
| 18:2 undifferentiated....g | 0.063 | | 0 | FLM | 4 | | 0.009 | 0.071 | 0.071 |
| 18:3 undifferentiated....g | 0.022 | | 0 | FLM | 4 | | 0.003 | 0.025 | 0.025 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03280**
**Babyfood, fruit, bananas with tapioca, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.50 | 0.100 | 26 | | 1 | | 12.23 | 23.11 | 138.55 |
| Energy....kcal | 67 | | 0 | NC | 4 | | 10 | 19 | 114 |
| Energy....kJ | 280 | | 0 | | 4 | | 42 | 79 | 477 |
| Protein (N x 6.25)....g | 0.40 | | 27 | | 1 | | 0.06 | 0.11 | 0.68 |
| Total lipid (fat)....g | 0.20 | | 27 | | 1 | | 0.03 | 0.06 | 0.34 |
| Ash....g | 0.20 | 0.000 | 26 | | 1 | | 0.03 | 0.06 | 0.34 |
| Carbohydrate, by difference....g | 17.80 | | 0 | NC | 4 | | 2.67 | 5.05 | 30.26 |
| Fiber, total dietary....g | 1.6 | | 0 | | 4 | | 0.2 | 0.5 | 2.7 |
| Sugars, total....g | 7.10 | | 0 | T | 4 | | 1.07 | 2.01 | 12.07 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 8 | | 14 | | 1 | | 1 | 2 | 14 |
| Iron, Fe....mg | 0.30 | | 14 | | 1 | | 0.05 | 0.09 | 0.51 |
| Magnesium, Mg....mg | 12 | | 0 | | 1 | | 2 | 3 | 20 |
| Phosphorus, P....mg | 9 | | 1 | | 1 | | 1 | 3 | 15 |
| Potassium, K....mg | 108 | | 14 | | 1 | | 16 | 31 | 184 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.07 | | 0 | | 1 | | 0.01 | 0.02 | 0.12 |
| Copper, Cu....mg | 0.046 | | 0 | | 1 | | 0.007 | 0.013 | 0.078 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.6 | | 0 | FLM | 4 | | 0.1 | 0.2 | 1.0 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 25.7 | | 14 | | 1 | | 3.9 | 7.3 | 43.7 |
| Thiamin....mg | 0.015 | | 14 | | 1 | | 0.002 | 0.004 | 0.026 |
| Riboflavin....mg | 0.020 | | 14 | | 1 | | 0.003 | 0.006 | 0.034 |
| Niacin....mg | 0.218 | | 14 | | 1 | | 0.033 | 0.062 | 0.371 |
| Pantothenic acid....mg | 0.173 | | 0 | | 1 | | 0.026 | 0.049 | 0.294 |
| Vitamin B-6....mg | 0.139 | | 1 | | 1 | | 0.021 | 0.039 | 0.236 |
| Folate, total....µg | 6 | | 0 | | 1 | | 1 | 2 | 11 |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 6 | | 0 | FLA | 4 | | 1 | 2 | 11 |
| Folate, DFE....mcg_DFE | 6 | | 0 | NC | 4 | | 1 | 2 | 11 |
| Choline, total....mg | 3.1 | | 0 | FLA | 4 | | 0.5 | 0.9 | 5.2 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 0 | 1 | 4 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 18 | | 0 | BNA | 4 | | 3 | 5 | 30 |
| Carotene, alpha....µg | 17 | | 0 | BNA | 4 | | 3 | 5 | 29 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 44 | | 14 | | 1 | | 7 | 12 | 75 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 6 | | 0 | FLA | 4 | | 1 | 2 | 11 |
| Vitamin E (alpha-tocopherol)....mg | 0.60 | | 0 | NR | 4 | | 0.09 | 0.17 | 1.02 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.2 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.3 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03280**
**Babyfood, fruit, bananas with tapioca, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.076 | | 0 | | 4 | | 0.011 | 0.022 | 0.129 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.052 | | 0 | | 4 | | 0.008 | 0.015 | 0.088 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.003 | | 0 | | 4 | | 0.000 | 0.001 | 0.005 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.018 | | 0 | | 4 | | 0.003 | 0.005 | 0.031 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.005 | | 0 | | 4 | | 0.001 | 0.001 | 0.009 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.012 | | 0 | | 4 | | 0.002 | 0.003 | 0.020 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.037 | | 0 | | 4 | | 0.006 | 0.010 | 0.063 |
| 18:2 undifferentiated....g | 0.024 | | 0 | | 4 | | 0.004 | 0.007 | 0.041 |
| 18:3 undifferentiated....g | 0.014 | | 0 | | 4 | | 0.002 | 0.004 | 0.024 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03129**
**Babyfood, fruit, bananas with tapioca, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 84.00 | 0.500 | 17 | | 1 | | 12.60 | 23.81 | 94.92 |
| Energy | kcal | 56 | | 0 | NC | 4 | | 8 | 16 | 64 |
| Energy | kJ | 236 | | 0 | NC | 4 | | 35 | 67 | 267 |
| Protein (N x 6.25) | g | 0.40 | 0.000 | 15 | | 1 | | 0.06 | 0.11 | 0.45 |
| Total lipid (fat) | g | 0.10 | 0.100 | 15 | | 1 | | 0.02 | 0.03 | 0.11 |
| Ash | g | 0.30 | 0.000 | 18 | | 1 | | 0.05 | 0.09 | 0.34 |
| Carbohydrate, by difference | g | 15.30 | | 0 | NC | 4 | | 2.30 | 4.34 | 17.29 |
| Fiber, total dietary | g | 1.6 | | 0 | | 4 | | 0.2 | 0.5 | 1.8 |
| Sugars, total | g | 0.38 | | 0 | BFSN | 4 | | 0.06 | 0.11 | 0.42 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 5 | 0.000 | 21 | | 1 | | 1 | 1 | 6 |
| Iron, Fe | mg | 0.20 | 0.010 | 24 | | 1 | | 0.03 | 0.06 | 0.23 |
| Magnesium, Mg | mg | 10 | | 1 | | 1 | | 2 | 3 | 11 |
| Phosphorus, P | mg | 7 | | 1 | | 1 | | 1 | 2 | 8 |
| Potassium, K | mg | 88 | | 14 | | 1 | | 13 | 25 | 99 |
| Sodium, Na | mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn | mg | 0.06 | | 1 | | 1 | | 0.01 | 0.02 | 0.07 |
| Copper, Cu | mg | 0.040 | | 1 | | 1 | | 0.006 | 0.011 | 0.045 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.6 | | 0 | FLM | 4 | | 0.1 | 0.2 | 0.7 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 16.7 | | 9 | | 1 | | 2.5 | 4.7 | 18.9 |
| Thiamin | mg | 0.012 | 0.000 | 22 | | 1 | | 0.002 | 0.003 | 0.014 |
| Riboflavin | mg | 0.031 | 0.000 | 23 | | 1 | | 0.005 | 0.009 | 0.035 |
| Niacin | mg | 0.183 | 0.005 | 24 | | 1 | | 0.027 | 0.052 | 0.207 |
| Pantothenic acid | mg | 0.150 | | 4 | | 1 | | 0.023 | 0.043 | 0.170 |
| Vitamin B-6 | mg | 0.115 | 0.008 | 8 | | 1 | | 0.017 | 0.033 | 0.130 |
| Folate, total | µg | 6 | 0.400 | 9 | | 1 | | 1 | 2 | 6 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 6 | 0.400 | 9 | | 1 | | 1 | 2 | 6 |
| Folate, DFE | mcg_DFE | 6 | | 0 | NC | 4 | | 1 | 2 | 6 |
| Choline, total | mg | 4.1 | | 0 | FLA | 4 | | 0.6 | 1.2 | 4.6 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 2 | | 0 | NC | 4 | | 0 | 1 | 2 |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta | µg | 17 | | 0 | BNA | 4 | | 3 | 5 | 20 |
| Carotene, alpha | µg | 17 | | 0 | BNA | 4 | | 3 | 5 | 19 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 43 | 8.000 | 22 | | 1 | | 6 | 12 | 49 |
| Lycopene | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.60 | | 0 | NR | 4 | | 0.09 | 0.17 | 0.68 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 0.0 | | 0 | BFSN | 4 | | 0.0 | 0.0 | 0.0 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03129**
**Babyfood, fruit, bananas with tapioca, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.035 | | 0 | | 4 | | 0.005 | 0.010 | 0.040 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.001 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.025 | | 0 | | 4 | | 0.004 | 0.007 | 0.028 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.001 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.010 | | 0 | | 4 | | 0.002 | 0.003 | 0.011 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.000 | 0.001 | 0.002 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.001 | 0.002 | 0.008 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.019 | | 0 | | 4 | | 0.003 | 0.005 | 0.021 |
| 18:2 undifferentiated....g | 0.012 | | 0 | | 4 | | 0.002 | 0.003 | 0.014 |
| 18:3 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.001 | 0.002 | 0.008 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** 2.44 **Fat** 8.37 **Carbohydrate** 3.57

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03160**
**Babyfood, fruit, guava and papaya with tapioca, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 82.50 | | 1 | | 1 | | 23.39 | 93.23 | |
| Energy....kcal | 63 | | 0 | NC | 4 | | 18 | 71 | |
| Energy....kJ | 264 | | 0 | | 4 | | 75 | 298 | |
| Protein (N x 6.25)....g | 0.20 | | 1 | | 1 | | 0.06 | 0.23 | |
| Total lipid (fat)....g | 0.10 | | 1 | | 1 | | 0.03 | 0.11 | |
| Ash....g | 0.20 | | 1 | | 1 | | 0.06 | 0.23 | |
| Carbohydrate, by difference....g | 17.00 | | 0 | NC | 4 | | 4.82 | 19.21 | |
| Fiber, total dietary....g | | | | | | | | | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 7 | | 6 | | 1 | | 2 | 8 | |
| Iron, Fe....mg | 0.20 | | 6 | | 1 | | 0.06 | 0.23 | |
| Magnesium, Mg....mg | 5 | | 2 | | 1 | | 1 | 6 | |
| Phosphorus, P....mg | 6 | | 2 | | 1 | | 2 | 7 | |
| Potassium, K....mg | 74 | | 2 | | 1 | | 21 | 84 | |
| Sodium, Na....mg | 4 | | 2 | | 1 | | 1 | 5 | |
| Zinc, Zn....mg | 0.06 | | 2 | | 1 | | 0.02 | 0.07 | |
| Copper, Cu....mg | | | | | | | | | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | BFZN | 4 | | 0.1 | 0.5 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 80.9 | | 6 | | 1 | | 22.9 | 91.4 | |
| Thiamin....mg | 0.010 | | 6 | | 1 | | 0.003 | 0.011 | |
| Riboflavin....mg | 0.022 | | 6 | | 1 | | 0.006 | 0.025 | |
| Niacin....mg | 0.263 | | 6 | | 1 | | 0.075 | 0.297 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.014 | | 6 | | 1 | | 0.004 | 0.016 | |
| Folate, total....µg | 2 | | 0 | | 4 | | 1 | 2 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 2 | | 0 | | 4 | | 1 | 2 | |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 1 | 2 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 9 | | 0 | NC | 4 | | 3 | 10 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 184 | 18.000 | 6 | | 1 | | 52 | 208 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same

**NDB No. 03160**
**Babyfood, fruit, guava and papaya with tapioca, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

food, or similar food.

**Common Measures:**
Measure 1 = 28.35g: 1 oz
Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03162**
**Babyfood, fruit, papaya and applesauce with tapioca, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 80.60 | | 1 | | 1 | | 22.85 | 91.08 | |
| Energy....kcal | 70 | | 0 | NC | 4 | | 20 | 79 | |
| Energy....kJ | 293 | | 0 | | 4 | | 83 | 331 | |
| Protein (N x 6.25)....g | 0.20 | | 1 | | 1 | | 0.06 | 0.23 | |
| Total lipid (fat)....g | 0.10 | | 1 | | 1 | | 0.03 | 0.11 | |
| Ash....g | 0.20 | | 1 | | 1 | | 0.06 | 0.23 | |
| Carbohydrate, by difference....g | 18.90 | | 0 | NC | 4 | | 5.36 | 21.36 | |
| Fiber, total dietary....g | 1.4 | | 0 | | 4 | | 0.4 | 1.6 | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 7 | | 2 | | 1 | | 2 | 8 | |
| Iron, Fe....mg | 0.44 | | 0 | | 4 | | 0.12 | 0.50 | |
| Magnesium, Mg....mg | 5 | | 2 | | 1 | | 1 | 6 | |
| Phosphorus, P....mg | 5 | | 2 | | 1 | | 1 | 6 | |
| Potassium, K....mg | 79 | | 2 | | 1 | | 22 | 89 | |
| Sodium, Na....mg | 5 | | 2 | | 1 | | 1 | 6 | |
| Zinc, Zn....mg | 0.03 | | 2 | | 1 | | 0.01 | 0.03 | |
| Copper, Cu....mg | 0.044 | | 0 | | 4 | | 0.012 | 0.050 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | BFZN | 4 | | 0.1 | 0.5 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 113.1 | | 2 | | 1 | | 32.1 | 127.8 | |
| Thiamin....mg | 0.010 | | 2 | | 1 | | 0.003 | 0.011 | |
| Riboflavin....mg | 0.028 | | 2 | | 1 | | 0.008 | 0.032 | |
| Niacin....mg | 0.108 | | 2 | | 1 | | 0.031 | 0.122 | |
| Pantothenic acid....mg | 0.280 | | 0 | | 4 | | 0.079 | 0.316 | |
| Vitamin B-6....mg | 0.023 | | 2 | | 1 | | 0.007 | 0.026 | |
| Folate, total....µg | 2 | | 0 | | 4 | | 1 | 2 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 2 | | 0 | | 4 | | 1 | 2 | |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 1 | 2 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 4 | | 0 | NC | 4 | | 1 | 4 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 76 | | 2 | | 1 | | 22 | 86 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03162**

**Babyfood, fruit, papaya and applesauce with tapioca, strained**

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03131**
**Babyfood, fruit, peaches, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 83.65 | 1.323 | 3 | A | 1 | | 14.22 | 23.72 | 79.47 |
| Energy....kcal | 65 | | 0 | NC | 4 | | 11 | 18 | 61 |
| Energy....kJ | 271 | | 0 | NC | 4 | | 46 | 77 | 257 |
| Protein....g | 0.94 | 0.096 | 3 | A | 1 | | 0.16 | 0.27 | 0.89 |
| Total lipid (fat)....g | 0.33 | 0.007 | 3 | A | 1 | | 0.06 | 0.09 | 0.32 |
| Ash....g | 0.59 | 0.043 | 3 | A | 1 | | 0.10 | 0.17 | 0.56 |
| Carbohydrate, by difference....g | 14.48 | | 0 | NC | 4 | | 2.46 | 4.11 | 13.76 |
| Fiber, total dietary....g | 1.3 | | 2 | A | 1 | | 0.2 | 0.4 | 1.2 |
| Sugars, total....g | 11.50 | | 2 | A | 1 | | 1.95 | 3.26 | 10.92 |
| Sucrose....g | 3.38 | | 2 | A | 1 | | 0.57 | 0.96 | 3.21 |
| Glucose (dextrose)....g | 4.11 | | 2 | A | 1 | | 0.70 | 1.16 | 3.90 |
| Fructose....g | 4.01 | | 2 | A | 1 | | 0.68 | 1.14 | 3.81 |
| Lactose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Galactose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Starch....g | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 4 | | 2 | A | 1 | | 1 | 1 | 4 |
| Iron, Fe....mg | 0.23 | 0.018 | 24 | JA | 6 | | 0.04 | 0.07 | 0.22 |
| Magnesium, Mg....mg | 7 | 0.240 | 5 | JA | 6 | | 1 | 2 | 6 |
| Phosphorus, P....mg | 15 | 0.750 | 4 | JA | 6 | | 3 | 4 | 14 |
| Potassium, K....mg | 195 | | 2 | A | 1 | | 33 | 55 | 185 |
| Sodium, Na....mg | 4 | | 0 | LC | 8 | | 1 | 1 | 4 |
| Zinc, Zn....mg | 0.11 | | 2 | A | 1 | | 0.02 | 0.03 | 0.11 |
| Copper, Cu....mg | 0.030 | | 2 | A | 1 | | 0.005 | 0.008 | 0.028 |
| Manganese, Mn....mg | 0.037 | | 2 | A | 1 | | 0.006 | 0.010 | 0.035 |
| Selenium, Se....µg | 0.1 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 46.1 | | 2 | A | 1 | | 7.8 | 13.1 | 43.8 |
| Thiamin....mg | 0.015 | | 2 | A | 1 | | 0.003 | 0.004 | 0.014 |
| Riboflavin....mg | 0.077 | | 2 | A | 1 | | 0.013 | 0.022 | 0.073 |
| Niacin....mg | 1.640 | | 2 | A | 1 | | 0.279 | 0.465 | 1.558 |
| Pantothenic acid....mg | 0.083 | | 2 | A | 1 | | 0.014 | 0.024 | 0.079 |
| Vitamin B-6....mg | 0.018 | 0.003 | 10 | JA | 6 | | 0.003 | 0.005 | 0.017 |
| Folate, total....µg | 21 | | 2 | A | 1 | | 3 | 6 | 19 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 21 | | 0 | AS | 1 | | 3 | 6 | 19 |
| Folate, DFE....mcg_DFE | 21 | | 0 | NC | 4 | | 3 | 6 | 19 |
| Choline, total....mg | 8.5 | | 1 | AS | 1 | | 1.4 | 2.4 | 8.1 |
| Betaine....mg | 0.4 | | 2 | A | 1 | | 0.1 | 0.1 | 0.4 |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 34 | | 0 | NC | 4 | | 6 | 10 | 33 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 378 | | 2 | A | 1 | | 64 | 107 | 359 |
| Carotene, alpha....µg | 0 | | 2 | A | 1 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 68 | | 2 | A | 1 | | 11 | 19 | 64 |
| Vitamin A, IU....IU | 686 | | 0 | NC | 4 | | 117 | 194 | 651 |
| Lycopene....µg | 0 | | 2 | A | 1 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 163 | | 0 | BFSN | 4 | | 28 | 46 | 155 |
| Vitamin E (alpha-tocopherol)....mg | 1.99 | | 2 | A | 1 | | 0.34 | 0.56 | 1.89 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma....mg | 0.05 | | 2 | A | 1 | | 0.01 | 0.01 | 0.05 |
| Tocopherol, delta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03131**
**Babyfood, fruit, peaches, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 6.6 | | 2 | A | 1 | | 1.1 | 1.9 | 6.3 |
| Dihydrophylloquinone....µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4....µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.020 | | 1 | JO | 11 | | 0.003 | 0.006 | 0.019 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:0....g | 0.020 | | 1 | A | 1 | | 0.003 | 0.006 | 0.019 |
| 17:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated....g | 0.010 | | 0 | NC | 4 | | 0.002 | 0.003 | 0.009 |
| 14:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:1 undifferentiated....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 20:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated....g | 0.040 | | 0 | NC | 4 | | 0.007 | 0.011 | 0.038 |
| 18:2 undifferentiated....g | 0.020 | | 1 | A | 1 | | 0.003 | 0.006 | 0.019 |
| 18:3 undifferentiated....g | 0.020 | | 1 | A | 1 | | 0.003 | 0.006 | 0.019 |
| 18:4....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 17g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 95g: 1 jar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03131**
**Babyfood, fruit, peaches, junior**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03130**
**Babyfood, fruit, peaches, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | |
| Water....g | 83.65 | 1.323 | 3 | A | 1 | | 14.22 | 23.72 | 79.47 |
| Energy....kcal | 65 | | 0 | NC | 4 | | 11 | 18 | 61 |
| Energy....kJ | 271 | | 0 | NC | 4 | | 46 | 77 | 257 |
| Protein....g | 0.94 | 0.096 | 3 | A | 1 | | 0.16 | 0.27 | 0.89 |
| Total lipid (fat)....g | 0.33 | 0.007 | 3 | A | 1 | | 0.06 | 0.09 | 0.32 |
| Ash....g | 0.59 | 0.043 | 3 | A | 1 | | 0.10 | 0.17 | 0.56 |
| Carbohydrate, by difference....g | 14.48 | | 0 | NC | 4 | | 2.46 | 4.11 | 13.76 |
| Fiber, total dietary....g | 1.3 | | 2 | A | 1 | | 0.2 | 0.4 | 1.2 |
| Sugars, total....g | 11.50 | | 2 | A | 1 | | 1.95 | 3.26 | 10.92 |
| Sucrose....g | 3.38 | | 2 | A | 1 | | 0.57 | 0.96 | 3.21 |
| Glucose (dextrose)....g | 4.11 | | 2 | A | 1 | | 0.70 | 1.16 | 3.90 |
| Fructose....g | 4.01 | | 2 | A | 1 | | 0.68 | 1.14 | 3.81 |
| Lactose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Galactose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Starch....g | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 4 | | 2 | A | 1 | | 1 | 1 | 4 |
| Iron, Fe....mg | 0.23 | 0.018 | 24 | JA | 6 | | 0.04 | 0.07 | 0.22 |
| Magnesium, Mg....mg | 7 | 0.240 | 5 | JA | 6 | | 1 | 2 | 6 |
| Phosphorus, P....mg | 15 | 0.750 | 4 | JA | 6 | | 3 | 4 | 14 |
| Potassium, K....mg | 195 | | 2 | A | 1 | | 33 | 55 | 185 |
| Sodium, Na....mg | 4 | | 0 | LC | 8 | | 1 | 1 | 4 |
| Zinc, Zn....mg | 0.11 | | 2 | A | 1 | | 0.02 | 0.03 | 0.11 |
| Copper, Cu....mg | 0.030 | | 2 | A | 1 | | 0.005 | 0.008 | 0.028 |
| Manganese, Mn....mg | 0.037 | | 2 | A | 1 | | 0.006 | 0.010 | 0.035 |
| Selenium, Se....µg | 0.1 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 46.1 | | 2 | A | 1 | | 7.8 | 13.1 | 43.8 |
| Thiamin....mg | 0.015 | | 2 | A | 1 | | 0.003 | 0.004 | 0.014 |
| Riboflavin....mg | 0.077 | | 2 | A | 1 | | 0.013 | 0.022 | 0.073 |
| Niacin....mg | 1.640 | | 2 | A | 1 | | 0.279 | 0.465 | 1.558 |
| Pantothenic acid....mg | 0.083 | | 2 | A | 1 | | 0.014 | 0.024 | 0.079 |
| Vitamin B-6....mg | 0.018 | 0.003 | 10 | JA | 6 | | 0.003 | 0.005 | 0.017 |
| Folate, total....µg | 21 | | 2 | A | 1 | | 3 | 6 | 19 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 21 | | 0 | AS | 1 | | 3 | 6 | 19 |
| Folate, DFE....mcg_DFE | 21 | | 0 | NC | 4 | | 3 | 6 | 19 |
| Choline, total....mg | 8.5 | | 0 | AS | 1 | | 1.4 | 2.4 | 8.1 |
| Betaine....mg | 0.4 | | 2 | A | 1 | | 0.1 | 0.1 | 0.4 |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 34 | | 0 | AS | 1 | | 6 | 10 | 33 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 378 | | 2 | A | 1 | | 64 | 107 | 359 |
| Carotene, alpha....µg | 0 | | 2 | A | 1 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 68 | | 2 | A | 1 | | 11 | 19 | 64 |
| Vitamin A, IU....IU | 234 | | 0 | MA | 12 | | 40 | 66 | 222 |
| Lycopene....µg | 0 | | 2 | A | 1 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 163 | | 0 | BFSN | 4 | | 28 | 46 | 155 |
| Vitamin E (alpha-tocopherol)....mg | 1.99 | | 2 | A | 1 | | 0.34 | 0.56 | 1.89 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma....mg | 0.05 | | 2 | A | 1 | | 0.01 | 0.01 | 0.05 |
| Tocopherol, delta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03130**
**Babyfood, fruit, peaches, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 6.6 | | 2 | A | 1 | | 1.1 | 1.9 | 6.3 |
| Dihydrophylloquinone....µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4....µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.020 | | 1 | JO | 11 | | 0.003 | 0.006 | 0.019 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:0....g | 0.020 | | 1 | A | 1 | | 0.003 | 0.006 | 0.019 |
| 17:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated....g | 0.010 | | 0 | NC | 4 | | 0.002 | 0.003 | 0.009 |
| 14:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:1 undifferentiated....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 20:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated....g | 0.040 | | 0 | NC | 4 | | 0.007 | 0.011 | 0.038 |
| 18:2 undifferentiated....g | 0.020 | | 1 | A | 1 | | 0.003 | 0.006 | 0.019 |
| 18:3 undifferentiated....g | 0.020 | | 1 | A | 1 | | 0.003 | 0.006 | 0.019 |
| 18:4....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 17g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 95g: 1 jar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03130**
**Babyfood, fruit, peaches, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03159**
**Babyfood, fruit, pears and pineapple, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.80 | | 1 | | 1 | | 14.05 | 24.89 | 149.26 |
| Energy....kcal | 44 | | 0 | NC | 4 | | 7 | 12 | 75 |
| Energy....kJ | 184 | | 0 | | 4 | | 29 | 52 | 313 |
| Protein (N x 6.25)....g | 0.30 | | 6 | | 1 | | 0.05 | 0.09 | 0.51 |
| Total lipid (fat)....g | 0.20 | | 6 | | 1 | | 0.03 | 0.06 | 0.34 |
| Ash....g | 0.30 | 0.000 | 7 | | 1 | | 0.05 | 0.09 | 0.51 |
| Carbohydrate, by difference....g | 11.40 | | 0 | NC | 4 | | 1.82 | 3.23 | 19.38 |
| Fiber, total dietary....g | 2.6 | | 0 | | 4 | | 0.4 | 0.7 | 4.4 |
| Sugars, total....g | 7.36 | | 0 | FLA | 4 | | 1.18 | 2.09 | 12.51 |
| Sucrose....g | 1.10 | | 0 | T | 4 | | 0.18 | 0.31 | 1.87 |
| Glucose (dextrose)....g | 1.98 | | 0 | T | 4 | | 0.32 | 0.56 | 3.37 |
| Fructose....g | 4.27 | | 0 | T | 4 | | 0.68 | 1.21 | 7.25 |
| Lactose....g | 0.01 | | 0 | T | 4 | | 0.00 | 0.00 | 0.01 |
| Maltose....g | 0.01 | | 0 | T | 4 | | 0.00 | 0.00 | 0.01 |
| Galactose....g | 0.00 | | 0 | T | 4 | | 0.00 | 0.00 | 0.00 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 10 | 1.000 | 13 | | 1 | | 2 | 3 | 17 |
| Iron, Fe....mg | 0.21 | 0.040 | 13 | | 1 | | 0.03 | 0.06 | 0.36 |
| Magnesium, Mg....mg | 7 | | 2 | | 1 | | 1 | 2 | 12 |
| Phosphorus, P....mg | 10 | | 2 | | 1 | | 2 | 3 | 17 |
| Potassium, K....mg | 118 | | 3 | | 1 | | 19 | 33 | 201 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.13 | | 3 | | 1 | | 0.02 | 0.04 | 0.22 |
| Copper, Cu....mg | 0.105 | | 2 | | 1 | | 0.017 | 0.030 | 0.179 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | BFZN | 4 | | 0.1 | 0.1 | 0.7 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 16.8 | 1.600 | 12 | | 1 | | 2.7 | 4.8 | 28.6 |
| Thiamin....mg | 0.024 | 0.000 | 12 | | 1 | | 0.004 | 0.007 | 0.041 |
| Riboflavin....mg | 0.023 | 0.000 | 11 | | 1 | | 0.004 | 0.007 | 0.039 |
| Niacin....mg | 0.183 | 0.005 | 11 | | 1 | | 0.029 | 0.052 | 0.311 |
| Pantothenic acid....mg | 0.095 | | 0 | | 4 | | 0.015 | 0.027 | 0.162 |
| Vitamin B-6....mg | 0.013 | | 9 | | 1 | | 0.002 | 0.004 | 0.022 |
| Folate, total....µg | 3 | | 0 | | 1 | | 0 | 1 | 5 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 3 | | 0 | T | 4 | | 0 | 1 | 5 |
| Folate, DFE....mcg_DFE | 3 | | 0 | NC | 4 | | 0 | 1 | 5 |
| Choline, total....mg | 3.2 | | 0 | FLA | 4 | | 0.5 | 0.9 | 5.4 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 0 | 0 | 3 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 18 | | 0 | BNA | 4 | | 3 | 5 | 31 |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 1 |
| Cryptoxanthin, beta....µg | 2 | | 0 | BNA | 4 | | 0 | 0 | 3 |
| Vitamin A, IU....IU | 32 | | 8 | | 1 | | 5 | 9 | 54 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 32 | | 0 | FLA | 4 | | 5 | 9 | 55 |
| Vitamin E (alpha-tocopherol)....mg | 0.08 | | 0 | FLA | 4 | | 0.01 | 0.02 | 0.14 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03159**
**Babyfood, fruit, pears and pineapple, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 3.0 | | 0 | FLA | 4 | | 0.5 | 0.9 | 5.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.013 | | 0 | | 4 | | 0.002 | 0.004 | 0.022 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.009 | | 0 | | 4 | | 0.001 | 0.003 | 0.015 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.001 | 0.007 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.031 | | 0 | | 4 | | 0.005 | 0.009 | 0.053 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.030 | | 0 | | 4 | | 0.005 | 0.009 | 0.051 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.058 | | 0 | | 4 | | 0.009 | 0.016 | 0.099 |
| 18:2 undifferentiated....g | 0.043 | | 0 | | 4 | | 0.007 | 0.012 | 0.073 |
| 18:3 undifferentiated....g | 0.016 | | 0 | | 4 | | 0.003 | 0.005 | 0.027 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**NDB No. 03159**
**Babyfood, fruit, pears and pineapple, junior**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03158**
**Babyfood, fruit, pears and pineapple, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.50 | | 14 | | 1 | | 14.16 | 25.09 | 100.01 |
| Energy....kcal | 41 | | 0 | NC | 4 | | 7 | 12 | 46 |
| Energy....kJ | 172 | | 0 | | 4 | | 27 | 49 | 194 |
| Protein (N x 6.25)....g | 0.30 | 0.000 | 19 | | 1 | | 0.05 | 0.09 | 0.34 |
| Total lipid (fat)....g | 0.10 | 0.100 | 19 | | 1 | | 0.02 | 0.03 | 0.11 |
| Ash....g | 0.30 | 0.000 | 19 | | 1 | | 0.05 | 0.09 | 0.34 |
| Carbohydrate, by difference....g | 10.90 | | 0 | NC | 4 | | 1.74 | 3.09 | 12.32 |
| Fiber, total dietary....g | 2.6 | | 0 | | 4 | | 0.4 | 0.7 | 2.9 |
| Sugars, total....g | 7.79 | | 0 | FLA | 4 | | 1.25 | 2.21 | 8.80 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 10 | 0.000 | 17 | | 1 | | 2 | 3 | 11 |
| Iron, Fe....mg | 0.25 | 0.020 | 17 | | 1 | | 0.04 | 0.07 | 0.28 |
| Magnesium, Mg....mg | 7 | | 2 | | 1 | | 1 | 2 | 8 |
| Phosphorus, P....mg | 9 | | 2 | | 1 | | 1 | 3 | 10 |
| Potassium, K....mg | 116 | | 15 | | 1 | | 19 | 33 | 131 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.07 | | 2 | | 1 | | 0.01 | 0.02 | 0.07 |
| Copper, Cu....mg | 0.140 | | 1 | | 1 | | 0.022 | 0.040 | 0.158 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | BFZN | 4 | | 0.1 | 0.1 | 0.5 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 27.5 | 1.700 | 12 | | 1 | | 4.4 | 7.8 | 31.1 |
| Thiamin....mg | 0.021 | 0.000 | 20 | | 1 | | 0.003 | 0.006 | 0.024 |
| Riboflavin....mg | 0.028 | 0.000 | 17 | | 1 | | 0.004 | 0.008 | 0.032 |
| Niacin....mg | 0.207 | 0.015 | 16 | | 1 | | 0.033 | 0.059 | 0.234 |
| Pantothenic acid....mg | 0.089 | | 0 | | 4 | | 0.014 | 0.025 | 0.101 |
| Vitamin B-6....mg | 0.016 | | 8 | | 1 | | 0.003 | 0.005 | 0.018 |
| Folate, total....µg | 3 | 0.100 | 9 | | 1 | | 0 | 1 | 3 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 3 | 0.100 | 9 | | 1 | | 0 | 1 | 3 |
| Folate, DFE....mcg_DFE | 3 | | 0 | NC | 4 | | 0 | 1 | 3 |
| Choline, total....mg | 3.2 | | 0 | FLA | 4 | | 0.5 | 0.9 | 3.6 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 0 | 2 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 17 | | 0 | BNA | 4 | | 3 | 5 | 19 |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 1 | | 0 | BNA | 4 | | 0 | 0 | 1 |
| Vitamin A, IU....IU | 29 | 4.000 | 12 | | 1 | | 5 | 8 | 33 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 15 | | 0 | FLA | 4 | | 2 | 4 | 17 |
| Vitamin E (alpha-tocopherol)....mg | 0.04 | | 0 | FLA | 4 | | 0.01 | 0.01 | 0.05 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 1.6 | | 0 | FLA | 4 | | 0.3 | 0.5 | 1.8 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03158**
**Babyfood, fruit, pears and pineapple, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.007 | | 0 | | 4 | | 0.001 | 0.002 | 0.008 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.001 | 0.005 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | | 4 | | 0.000 | 0.001 | 0.002 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.016 | | 0 | | 4 | | 0.003 | 0.005 | 0.018 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.001 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.015 | | 0 | | 4 | | 0.002 | 0.004 | 0.017 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.029 | | 0 | | 4 | | 0.005 | 0.008 | 0.033 |
| 18:2 undifferentiated....g | 0.021 | | 0 | | 4 | | 0.003 | 0.006 | 0.024 |
| 18:3 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.001 | 0.002 | 0.009 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03133**
**Babyfood, fruit, pears, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.80 | | 14 | | 1 | | 14.05 | 24.89 | 149.26 |
| Energy....kcal | 44 | | 0 | NC | 4 | | 7 | 12 | 74 |
| Energy....kJ | 182 | | 0 | NC | 4 | | 29 | 52 | 310 |
| Protein (N x 6.25)....g | 0.30 | 0.000 | 19 | | 1 | | 0.05 | 0.09 | 0.51 |
| Total lipid (fat)....g | 0.10 | 0.100 | 19 | | 1 | | 0.02 | 0.03 | 0.17 |
| Ash....g | 0.20 | 0.000 | 19 | | 1 | | 0.03 | 0.06 | 0.34 |
| Carbohydrate, by difference....g | 11.60 | | 0 | NC | 4 | | 1.86 | 3.29 | 19.72 |
| Fiber, total dietary....g | 3.6 | | 0 | | 4 | | 0.6 | 1.0 | 6.1 |
| Sugars, total....g | 7.34 | | 0 | BFSN | 4 | | 1.17 | 2.08 | 12.48 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 8 | 0.000 | 16 | | 1 | | 1 | 2 | 14 |
| Iron, Fe....mg | 0.25 | 0.040 | 16 | | 1 | | 0.04 | 0.07 | 0.43 |
| Magnesium, Mg....mg | 9 | | 1 | | 1 | | 1 | 3 | 15 |
| Phosphorus, P....mg | 12 | | 1 | | 1 | | 2 | 3 | 20 |
| Potassium, K....mg | 115 | | 14 | | 1 | | 18 | 33 | 196 |
| Sodium, Na....mg | 1 | | 0 | LC | 8 | | 0 | 0 | 2 |
| Zinc, Zn....mg | 0.08 | | 1 | | 1 | | 0.01 | 0.02 | 0.14 |
| Copper, Cu....mg | 0.080 | | 1 | | 1 | | 0.013 | 0.023 | 0.136 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 1 | A | 1 | | 0.1 | 0.1 | 0.7 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 22.0 | 1.400 | 23 | | 1 | | 3.5 | 6.2 | 37.4 |
| Thiamin....mg | 0.014 | 0.000 | 24 | | 1 | | 0.002 | 0.004 | 0.024 |
| Riboflavin....mg | 0.030 | 0.000 | 23 | | 1 | | 0.005 | 0.009 | 0.051 |
| Niacin....mg | 0.188 | 0.010 | 23 | | 1 | | 0.030 | 0.053 | 0.320 |
| Pantothenic acid....mg | 0.095 | | 0 | | 1 | | 0.015 | 0.027 | 0.162 |
| Vitamin B-6....mg | 0.010 | 0.000 | 7 | | 1 | | 0.002 | 0.003 | 0.017 |
| Folate, total....µg | 4 | | 0 | | 1 | | 1 | 1 | 6 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 4 | | 0 | | 1 | | 1 | 1 | 6 |
| Folate, DFE....mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 1 | 6 |
| Choline, total....mg | 2.3 | | 0 | T | 4 | | 0.4 | 0.7 | 4.0 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 0 | 2 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 10 | | 0 | BFSN | 4 | | 2 | 3 | 17 |
| Carotene, alpha....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 1 |
| Cryptoxanthin, beta....µg | 1 | | 0 | BFSN | 4 | | 0 | 0 | 2 |
| Vitamin A, IU....IU | 18 | | 0 | NC | 4 | | 3 | 5 | 30 |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 38 | | 0 | BFSN | 4 | | 6 | 11 | 64 |
| Vitamin E (alpha-tocopherol)....mg | 0.60 | | 0 | NR | 4 | | 0.10 | 0.17 | 1.02 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 3.4 | | 0 | BFSN | 4 | | 0.5 | 1.0 | 5.8 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03133**
**Babyfood, fruit, pears, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.006 | | 0 | | 4 | | 0.001 | 0.002 | 0.010 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.001 | 0.007 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.002 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.021 | | 0 | | 4 | | 0.003 | 0.006 | 0.036 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.020 | | 0 | | 4 | | 0.003 | 0.006 | 0.034 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.023 | | 0 | | 4 | | 0.004 | 0.007 | 0.039 |
| 18:2 undifferentiated....g | 0.023 | | 0 | | 4 | | 0.004 | 0.007 | 0.039 |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03132**
**Babyfood, fruit, pears, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.40 | 0.300 | 17 | | 1 | | 14.14 | 25.06 | 99.89 |
| Energy | kcal | 42 | | 0 | NC | 4 | | 7 | 12 | 47 |
| Energy | kJ | 174 | | 0 | NC | 4 | | 28 | 49 | 197 |
| Protein (N x 6.25) | g | 0.30 | 0.000 | 23 | | 1 | | 0.05 | 0.09 | 0.34 |
| Total lipid (fat) | g | 0.20 | 0.000 | 23 | | 1 | | 0.03 | 0.06 | 0.23 |
| Ash | g | 0.30 | 0.000 | 19 | | 1 | | 0.05 | 0.09 | 0.34 |
| Carbohydrate, by difference | g | 10.80 | | 0 | NC | 4 | | 1.73 | 3.06 | 12.20 |
| Fiber, total dietary | g | 3.6 | | 0 | | 4 | | 0.6 | 1.0 | 4.1 |
| Sugars, total | g | 6.98 | | 0 | BFSN | 4 | | 1.12 | 1.98 | 7.89 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 8 | 0.000 | 20 | | 1 | | 1 | 2 | 9 |
| Iron, Fe | mg | 0.24 | 0.020 | 29 | | 1 | | 0.04 | 0.07 | 0.27 |
| Magnesium, Mg | mg | 8 | | 2 | | 1 | | 1 | 2 | 9 |
| Phosphorus, P | mg | 12 | | 1 | | 1 | | 2 | 3 | 14 |
| Potassium, K | mg | 130 | | 14 | | 1 | | 21 | 37 | 147 |
| Sodium, Na | mg | 1 | | 0 | LC | 8 | | 0 | 0 | 1 |
| Zinc, Zn | mg | 0.08 | | 17 | | 1 | | 0.01 | 0.02 | 0.08 |
| Copper, Cu | mg | 0.065 | | 16 | | 1 | | 0.010 | 0.018 | 0.073 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.4 | | 1 | A | 1 | | 0.1 | 0.1 | 0.5 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 24.5 | 1.300 | 14 | | 1 | | 3.9 | 6.9 | 27.7 |
| Thiamin | mg | 0.013 | 0.000 | 21 | | 1 | | 0.002 | 0.004 | 0.015 |
| Riboflavin | mg | 0.028 | 0.000 | 21 | | 1 | | 0.004 | 0.008 | 0.032 |
| Niacin | mg | 0.189 | 0.008 | 22 | | 1 | | 0.030 | 0.054 | 0.214 |
| Pantothenic acid | mg | 0.090 | | 4 | | 1 | | 0.014 | 0.026 | 0.102 |
| Vitamin B-6 | mg | 0.008 | | 12 | | 1 | | 0.001 | 0.002 | 0.009 |
| Folate, total | µg | 4 | 1.000 | 9 | | 1 | | 1 | 1 | 4 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 4 | 1.000 | 9 | | 1 | | 1 | 1 | 4 |
| Folate, DFE | mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 1 | 4 |
| Choline, total | mg | 3.6 | | 0 | FLA | 4 | | 0.6 | 1.0 | 4.1 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 0 | 1 |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta | µg | 9 | | 0 | BFSN | 4 | | 2 | 3 | 11 |
| Carotene, alpha | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 1 | | 0 | BFSN | 4 | | 0 | 0 | 1 |
| Vitamin A, IU | IU | 33 | 9.000 | 17 | | 1 | | 5 | 9 | 37 |
| Lycopene | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 36 | | 0 | BFSN | 4 | | 6 | 10 | 40 |
| Vitamin E (alpha-tocopherol) | mg | 0.09 | | 0 | BFSN | 4 | | 0.01 | 0.02 | 0.10 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 3.2 | | 0 | BFSN | 4 | | 0.5 | 0.9 | 3.7 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03132**
**Babyfood, fruit, pears, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.012 | | 0 | | 4 | | 0.002 | 0.003 | 0.014 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.008 | | 0 | | 4 | | 0.001 | 0.002 | 0.009 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | | 4 | | 0.000 | 0.001 | 0.002 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.042 | | 0 | | 4 | | 0.007 | 0.012 | 0.047 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.040 | | 0 | | 4 | | 0.006 | 0.011 | 0.045 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.046 | | 0 | | 4 | | 0.007 | 0.013 | 0.052 |
| 18:2 undifferentiated....g | 0.046 | | 0 | | 4 | | 0.007 | 0.013 | 0.052 |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03135**

**Babyfood, fruit, plums with tapioca, without ascorbic acid, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 79.20 | | 14 | | 1 | | 11.88 | 22.45 | 134.64 |
| Energy | kcal | 74 | | 0 | NC | 4 | | 11 | 21 | 126 |
| Energy | kJ | 310 | | 0 | | 4 | | 46 | 88 | 526 |
| Protein (N x 6.25) | g | 0.10 | | 14 | | 1 | | 0.02 | 0.03 | 0.17 |
| Total lipid (fat) | g | 0.00 | | 14 | | 1 | | 0.00 | 0.00 | 0.00 |
| Ash | g | 0.20 | 0.000 | 19 | | 1 | | 0.03 | 0.06 | 0.34 |
| Carbohydrate, by difference | g | 20.50 | | 0 | NC | 4 | | 3.08 | 5.81 | 34.85 |
| Fiber, total dietary | g | 1.2 | | 0 | | 4 | | 0.2 | 0.3 | 2.0 |
| Sugars, total | g | 13.64 | | 0 | O | 4 | | 2.05 | 3.87 | 23.19 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 6 | 0.000 | 15 | | 1 | | 1 | 2 | 10 |
| Iron, Fe | mg | 0.22 | 0.020 | 16 | | 1 | | 0.03 | 0.06 | 0.37 |
| Magnesium, Mg | mg | 4 | | 0 | | 1 | | 1 | 1 | 7 |
| Phosphorus, P | mg | 6 | | 0 | | 1 | | 1 | 2 | 10 |
| Potassium, K | mg | 83 | 2.000 | 13 | | 1 | | 12 | 24 | 141 |
| Sodium, Na | mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn | mg | 0.08 | | 0 | | 1 | | 0.01 | 0.02 | 0.14 |
| Copper, Cu | mg | 0.038 | | 0 | | 1 | | 0.006 | 0.011 | 0.065 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.4 | | 0 | FLM | 4 | | 0.1 | 0.1 | 0.7 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.8 | 0.300 | 6 | | 1 | | 0.1 | 0.2 | 1.4 |
| Thiamin | mg | 0.006 | 0.000 | 15 | | 1 | | 0.001 | 0.002 | 0.010 |
| Riboflavin | mg | 0.030 | 0.000 | 15 | | 1 | | 0.005 | 0.009 | 0.051 |
| Niacin | mg | 0.206 | 0.008 | 15 | | 1 | | 0.031 | 0.058 | 0.350 |
| Pantothenic acid | mg | 0.114 | | 0 | | 1 | | 0.017 | 0.032 | 0.194 |
| Vitamin B-6 | mg | 0.029 | 0.000 | 7 | | 1 | | 0.004 | 0.008 | 0.049 |
| Folate, total | µg | 1 | | 0 | | 1 | | 0 | 0 | 2 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 1 | | 0 | | 1 | | 0 | 0 | 2 |
| Folate, DFE | mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 0 | 2 |
| Choline, total | mg | 1.1 | | 0 | FLA | 4 | | 0.2 | 0.3 | 1.9 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 5 | | 0 | NC | 4 | | 1 | 1 | 8 |
| Retinol | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 52 | | 0 | BNA | 4 | | 8 | 15 | 88 |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 10 | | 0 | BNA | 4 | | 1 | 3 | 16 |
| Vitamin A, IU | IU | 94 | 16.000 | 15 | | 1 | | 14 | 27 | 160 |
| Lycopene | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 29 | | 0 | BFSN | 4 | | 4 | 8 | 49 |
| Vitamin E (alpha-tocopherol) | mg | 0.60 | | 0 | NR | 4 | | 0.09 | 0.17 | 1.02 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 3.4 | | 0 | BFSN | 4 | | 0.5 | 1.0 | 5.7 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03135**

**Babyfood, fruit, plums with tapioca, without ascorbic acid, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03134**

**Babyfood, fruit, plums with tapioca, without ascorbic acid, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 80.00 | 0.200 | 17 | | 1 | | 12.00 | 22.68 | 90.40 |
| Energy....kcal | 71 | | 0 | NC | 4 | | 11 | 20 | 80 |
| Energy....kJ | 297 | | 0 | | 4 | | 45 | 84 | 336 |
| Protein (N x 6.25)....g | 0.10 | | 14 | | 1 | | 0.02 | 0.03 | 0.11 |
| Total lipid (fat)....g | 0.00 | | 14 | | 1 | | 0.00 | 0.00 | 0.00 |
| Ash....g | 0.24 | | 0 | FLA | 4 | | 0.04 | 0.07 | 0.27 |
| Carbohydrate, by difference....g | 19.70 | | 0 | NC | 4 | | 2.96 | 5.58 | 22.26 |
| Fiber, total dietary....g | 1.2 | | 0 | | 4 | | 0.2 | 0.3 | 1.4 |
| Sugars, total....g | 13.34 | | 0 | FLA | 4 | | 2.00 | 3.78 | 15.07 |
| Sucrose....g | 2.11 | | 0 | FLA | 4 | | 0.32 | 0.60 | 2.38 |
| Glucose (dextrose)....g | 6.81 | | 0 | FLA | 4 | | 1.02 | 1.93 | 7.70 |
| Fructose....g | 4.12 | | 0 | FLA | 4 | | 0.62 | 1.17 | 4.66 |
| Lactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.11 | | 0 | FLA | 4 | | 0.02 | 0.03 | 0.12 |
| Galactose....g | 0.19 | | 0 | FLA | 4 | | 0.03 | 0.05 | 0.21 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 6 | 0.000 | 14 | | 1 | | 1 | 2 | 7 |
| Iron, Fe....mg | 0.20 | 0.010 | 17 | | 1 | | 0.03 | 0.06 | 0.23 |
| Magnesium, Mg....mg | 4 | | 2 | | 1 | | 1 | 1 | 5 |
| Phosphorus, P....mg | 6 | | 1 | | 1 | | 1 | 2 | 7 |
| Potassium, K....mg | 85 | | 14 | | 1 | | 13 | 24 | 96 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.08 | | 2 | | 1 | | 0.01 | 0.02 | 0.09 |
| Copper, Cu....mg | 0.037 | | 2 | | 1 | | 0.006 | 0.010 | 0.042 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | FLM | 4 | | 0.1 | 0.1 | 0.5 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 1.1 | 0.600 | 6 | | 1 | | 0.2 | 0.3 | 1.2 |
| Thiamin....mg | 0.008 | 0.000 | 16 | | 1 | | 0.001 | 0.002 | 0.009 |
| Riboflavin....mg | 0.028 | 0.000 | 15 | | 1 | | 0.004 | 0.008 | 0.032 |
| Niacin....mg | 0.213 | 0.007 | 16 | | 1 | | 0.032 | 0.060 | 0.241 |
| Pantothenic acid....mg | 0.110 | | 4 | | 1 | | 0.017 | 0.031 | 0.124 |
| Vitamin B-6....mg | 0.024 | | 8 | | 1 | | 0.004 | 0.007 | 0.027 |
| Folate, total....µg | 2 | | 0 | FLA | 4 | | 0 | 0 | 2 |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 2 | | 0 | FLA | 4 | | 0 | 0 | 2 |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 0 | 0 | 2 |
| Choline, total....mg | 1.1 | | 0 | FLM | 4 | | 0.2 | 0.3 | 1.3 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 7 | | 0 | NC | 4 | | 1 | 2 | 8 |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 78 | | 0 | FLA | 4 | | 12 | 22 | 88 |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 14 | | 0 | FLA | 4 | | 2 | 4 | 16 |
| Vitamin A, IU....IU | 142 | | 0 | NC | 4 | | 21 | 40 | 160 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 30 | | 0 | FLA | 4 | | 4 | 8 | 34 |
| Vitamin E (alpha-tocopherol)....mg | 0.14 | | 0 | FLA | 4 | | 0.02 | 0.04 | 0.16 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03134**

**Babyfood, fruit, plums with tapioca, without ascorbic acid, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 3.5 | | 0 | FLA | 4 | | 0.5 | 1.0 | 3.9 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | 0.000 |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**NDB No. 03134**

**Babyfood, fruit, plums with tapioca, without ascorbic acid, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03137**

**Babyfood, fruit, prunes with tapioca, without ascorbic acid, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 80.10 | | 14 | | 1 | | 22.71 | 136.17 | |
| Energy....kcal | 70 | | 0 | NC | 4 | | 20 | 119 | |
| Energy....kJ | 293 | | 0 | | 4 | | 83 | 498 | |
| Protein (N x 6.25)....g | 0.60 | | 14 | | 1 | | 0.17 | 1.02 | |
| Total lipid (fat)....g | 0.10 | | 14 | | 1 | | 0.03 | 0.17 | |
| Ash....g | 0.78 | | 0 | FLA | 4 | | 0.22 | 1.32 | |
| Carbohydrate, by difference....g | 18.70 | | 0 | NC | 4 | | 5.30 | 31.79 | |
| Fiber, total dietary....g | 2.7 | | 0 | | 4 | | 0.8 | 4.6 | |
| Sugars, total....g | 10.97 | | 0 | FLA | 4 | | 3.11 | 18.64 | |
| Sucrose....g | 0.04 | | 0 | FLA | 4 | | 0.01 | 0.07 | |
| Glucose (dextrose)....g | 6.79 | | 0 | FLA | 4 | | 1.93 | 11.54 | |
| Fructose....g | 3.32 | | 0 | FLA | 4 | | 0.94 | 5.65 | |
| Lactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Maltose....g | 0.02 | | 0 | FLA | 4 | | 0.00 | 0.03 | |
| Galactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 15 | | 10 | | 1 | | 4 | 26 | |
| Iron, Fe....mg | 0.33 | | 10 | | 1 | | 0.09 | 0.56 | |
| Magnesium, Mg....mg | 10 | | 1 | | 1 | | 3 | 17 | |
| Phosphorus, P....mg | 15 | | 1 | | 1 | | 4 | 26 | |
| Potassium, K....mg | 162 | | 14 | | 1 | | 46 | 275 | |
| Sodium, Na....mg | 2 | 1.000 | 15 | | 1 | | 1 | 3 | |
| Zinc, Zn....mg | 0.10 | | 1 | | 1 | | 0.03 | 0.17 | |
| Copper, Cu....mg | 0.062 | | 0 | | 4 | | 0.018 | 0.105 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.5 | | 0 | FLM | 4 | | 0.1 | 0.9 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.8 | | 1 | | 1 | | 0.2 | 1.4 | |
| Thiamin....mg | 0.022 | | 10 | | 1 | | 0.006 | 0.037 | |
| Riboflavin....mg | 0.083 | | 11 | | 1 | | 0.024 | 0.141 | |
| Niacin....mg | 0.526 | | 11 | | 1 | | 0.149 | 0.894 | |
| Pantothenic acid....mg | 0.141 | | 0 | | 1 | | 0.040 | 0.240 | |
| Vitamin B-6....mg | 0.086 | | 1 | | 1 | | 0.024 | 0.146 | |
| Folate, total....µg | 1 | | 0 | FLA | 4 | | 0 | 2 | |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Folate, food....µg | 1 | | 0 | FLA | 4 | | 0 | 2 | |
| Folate, DFE....mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 2 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 10 | | 0 | NC | 4 | | 3 | 18 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | 105 | | 0 | FLA | 4 | | 30 | 178 | |
| Carotene, alpha....µg | 15 | | 0 | FLA | 4 | | 4 | 26 | |
| Cryptoxanthin, beta....µg | 25 | | 0 | FLA | 4 | | 7 | 42 | |
| Vitamin A, IU....IU | 208 | | 0 | NC | 4 | | 59 | 353 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 39 | | 0 | FLA | 4 | | 11 | 67 | |
| Vitamin E (alpha-tocopherol)....mg | 0.11 | | 0 | FLA | 4 | | 0.03 | 0.19 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |

**NDB No. 03137**

**Babyfood, fruit, prunes with tapioca, without ascorbic acid, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | 15.8 | | 0 | FLA | 4 | | 4.5 | 26.9 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.008 | | 0 | | 4 | | 0.002 | 0.014 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.007 | | 0 | | 4 | | 0.002 | 0.012 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.066 | | 0 | | 4 | | 0.019 | 0.112 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.065 | | 0 | | 4 | | 0.018 | 0.111 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.022 | | 0 | | 4 | | 0.006 | 0.037 | |
| 18:2 undifferentiated....g | 0.022 | | 0 | | 4 | | 0.006 | 0.037 | |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03136**

**Babyfood, fruit, prunes with tapioca, without ascorbic acid, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 80.30 | | 1 | | 1 | | 12.05 | 22.77 | 90.74 |
| Energy | kcal | 69 | | 0 | NC | 4 | | 10 | 20 | 78 |
| Energy | kJ | 291 | | 0 | NC | 4 | | 44 | 82 | 328 |
| Protein (N x 6.25) | g | 0.60 | 0.000 | 17 | | 1 | | 0.09 | 0.17 | 0.68 |
| Total lipid (fat) | g | 0.10 | 0.000 | 17 | | 1 | | 0.02 | 0.03 | 0.11 |
| Ash | g | 0.50 | 0.000 | 18 | | 1 | | 0.08 | 0.14 | 0.57 |
| Carbohydrate, by difference | g | 18.50 | | 0 | NC | 4 | | 2.78 | 5.24 | 20.91 |
| Fiber, total dietary | g | 2.7 | | 0 | | 4 | | 0.4 | 0.8 | 3.1 |
| Sugars, total | g | 10.97 | | 0 | O | 4 | | 1.65 | 3.11 | 12.40 |
| Sucrose | g | 0.04 | | 0 | FLA | 4 | | 0.01 | 0.01 | 0.05 |
| Glucose (dextrose) | g | 6.79 | | 0 | FLA | 4 | | 1.02 | 1.93 | 7.67 |
| Fructose | g | 3.32 | | 0 | FLA | 4 | | 0.50 | 0.94 | 3.75 |
| Lactose | g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.02 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.02 |
| Galactose | g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 15 | | 11 | | 1 | | 2 | 4 | 17 |
| Iron, Fe | mg | 0.35 | 0.040 | 12 | | 1 | | 0.05 | 0.10 | 0.40 |
| Magnesium, Mg | mg | 10 | | 3 | | 1 | | 2 | 3 | 11 |
| Phosphorus, P | mg | 15 | | 2 | | 1 | | 2 | 4 | 17 |
| Potassium, K | mg | 177 | | 15 | | 1 | | 27 | 50 | 200 |
| Sodium, Na | mg | 5 | 1.000 | 19 | | 1 | | 1 | 1 | 6 |
| Zinc, Zn | mg | 0.09 | | 3 | | 1 | | 0.01 | 0.03 | 0.10 |
| Copper, Cu | mg | 0.061 | | 2 | | 1 | | 0.009 | 0.017 | 0.069 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.5 | | 0 | FLM | 4 | | 0.1 | 0.1 | 0.6 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.8 | | 1 | | 1 | | 0.1 | 0.2 | 0.9 |
| Thiamin | mg | 0.022 | | 11 | | 1 | | 0.003 | 0.006 | 0.025 |
| Riboflavin | mg | 0.075 | | 11 | | 1 | | 0.011 | 0.021 | 0.085 |
| Niacin | mg | 0.525 | | 12 | | 1 | | 0.079 | 0.149 | 0.593 |
| Pantothenic acid | mg | 0.140 | | 4 | | 1 | | 0.021 | 0.040 | 0.158 |
| Vitamin B-6 | mg | 0.081 | | 3 | | 1 | | 0.012 | 0.023 | 0.092 |
| Folate, total | µg | 0 | | 9 | | 1 | | 0 | 0 | 0 |
| Folic acid | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food | µg | 1 | | 0 | FLA | 4 | | 0 | 0 | 1 |
| Folate, DFE | mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 0 | 1 |
| Choline, total | mg | 1.1 | | 0 | FLM | 4 | | 0.2 | 0.3 | 1.3 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 23 | | 0 | NC | 4 | | 3 | 6 | 26 |
| Retinol | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 228 | | 0 | BNA | 4 | | 34 | 65 | 258 |
| Carotene, alpha | µg | 33 | | 0 | BNA | 4 | | 5 | 9 | 37 |
| Cryptoxanthin, beta | µg | 54 | | 0 | BNA | 4 | | 8 | 15 | 61 |
| Vitamin A, IU | IU | 453 | | 13 | | 1 | | 68 | 128 | 512 |
| Lycopene | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 39 | | 0 | BFSN | 4 | | 6 | 11 | 44 |
| Vitamin E (alpha-tocopherol) | mg | 0.60 | | 0 | O | 4 | | 0.09 | 0.17 | 0.68 |
| Vitamin E, added | mg | 0.00 | | 0 | NR | 4 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma | mg | 0.01 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.01 |
| Tocopherol, delta | mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03136**

**Babyfood, fruit, prunes with tapioca, without ascorbic acid, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 15.6 | | 0 | BFSN | 4 | | 2.3 | 4.4 | 17.6 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.008 | | 0 | | 4 | | 0.001 | 0.002 | 0.009 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.007 | | 0 | | 4 | | 0.001 | 0.002 | 0.008 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.001 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.066 | | 0 | | 4 | | 0.010 | 0.019 | 0.075 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | 0.001 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.065 | | 0 | | 4 | | 0.010 | 0.018 | 0.073 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.022 | | 0 | | 4 | | 0.003 | 0.006 | 0.025 |
| 18:2 undifferentiated....g | 0.022 | | 0 | | 4 | | 0.003 | 0.006 | 0.025 |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.6

**NDB No. 03136**

**Babyfood, fruit, prunes with tapioca, without ascorbic acid, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43007**
**Babyfood, fruit, tutti frutti, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 82.90 | | 0 | | 1 | | 12.44 | 140.93 | 140.93 |
| Energy....kcal | 69 | | 0 | NC | 4 | | 10 | 118 | 118 |
| Energy....kJ | 290 | | 0 | NC | 4 | | 43 | 492 | 492 |
| Protein....g | 0.40 | | 0 | | 1 | | 0.06 | 0.68 | 0.68 |
| Total lipid (fat)....g | 0.40 | | 0 | | 1 | | 0.06 | 0.68 | 0.68 |
| Ash....g | 0.30 | | 0 | O | 4 | | 0.05 | 0.51 | 0.51 |
| Carbohydrate, by difference....g | 16.00 | | 0 | NC | 4 | | 2.40 | 27.20 | 27.20 |
| Fiber, total dietary....g | 0.4 | | 0 | | 4 | | 0.1 | 0.7 | 0.7 |
| Sugars, total....g | 9.41 | | 0 | FLA | 4 | | 1.41 | 16.00 | 16.00 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 14 | | 0 | | 1 | | 2 | 24 | 24 |
| Iron, Fe....mg | 0.30 | | 0 | | 1 | | 0.05 | 0.51 | 0.51 |
| Magnesium, Mg....mg | 4 | | 0 | | 4 | | 1 | 7 | 7 |
| Phosphorus, P....mg | 28 | | 0 | | 1 | | 4 | 48 | 48 |
| Potassium, K....mg | 47 | | 0 | | 1 | | 7 | 80 | 80 |
| Sodium, Na....mg | 17 | | 0 | | 1 | | 3 | 29 | 29 |
| Zinc, Zn....mg | 0.19 | | 0 | | 1 | | 0.03 | 0.32 | 0.32 |
| Copper, Cu....mg | 0.200 | | 0 | | 1 | | 0.030 | 0.340 | 0.340 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | BFZN | 4 | | 0.1 | 0.7 | 0.7 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 7.2 | | 0 | | 1 | | 1.1 | 12.2 | 12.2 |
| Thiamin....mg | 0.030 | | 0 | | 1 | | 0.005 | 0.051 | 0.051 |
| Riboflavin....mg | 0.020 | | 0 | | 1 | | 0.003 | 0.034 | 0.034 |
| Niacin....mg | 0.080 | | 0 | | 1 | | 0.012 | 0.136 | 0.136 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.020 | | 0 | | 1 | | 0.003 | 0.034 | 0.034 |
| Folate, total....µg | 3 | | 0 | | 4 | | 0 | 5 | 5 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 3 | | 0 | | 4 | | 0 | 5 | 5 |
| Folate, DFE....mcg_DFE | 3 | | 0 | NC | 4 | | 0 | 5 | 5 |
| Choline, total....mg | 3.5 | | 0 | FLA | 4 | | 0.5 | 5.9 | 5.9 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.01 | | 0 | | 4 | | 0.00 | 0.02 | 0.02 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 10 | | 0 | NC | 4 | | 1 | 17 | 17 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 52 | | 0 | FLA | 4 | | 8 | 88 | 88 |
| Carotene, alpha....µg | 1 | | 0 | FLA | 4 | | 0 | 2 | 2 |
| Cryptoxanthin, beta....µg | 134 | | 0 | FLA | 4 | | 20 | 228 | 228 |
| Vitamin A, IU....IU | 199 | | 0 | FLA | 4 | | 30 | 338 | 338 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 25 | | 0 | FLA | 4 | | 4 | 42 | 42 |
| Vitamin E (alpha-tocopherol)....mg | 0.15 | | 0 | FLA | 4 | | 0.02 | 0.26 | 0.26 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.6 | | 0 | FLA | 4 | | 0.1 | 0.9 | 0.9 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 43007**
**Babyfood, fruit, tutti frutti, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.110 | | 0 | | 4 | | 0.017 | 0.187 | 0.187 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | 0.002 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.080 | | 0 | | 4 | | 0.012 | 0.136 | 0.136 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.028 | | 0 | | 4 | | 0.004 | 0.048 | 0.048 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.148 | | 0 | | 4 | | 0.022 | 0.252 | 0.252 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.010 | | 0 | | 4 | | 0.002 | 0.017 | 0.017 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.137 | | 0 | | 4 | | 0.021 | 0.233 | 0.233 |
| 20:1....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | 0.002 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.061 | | 0 | | 4 | | 0.009 | 0.104 | 0.104 |
| 18:2 undifferentiated....g | 0.051 | | 0 | | 4 | | 0.008 | 0.087 | 0.087 |
| 18:3 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.007 | 0.007 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.005 | | 0 | | 4 | | 0.001 | 0.009 | 0.009 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.001 | | 0 | | 4 | | 0.000 | 0.002 | 0.002 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 15 | | 0 | | 4 | | 2 | 26 | 26 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 170g: 1 jar NFS

Measure 3 = 170g: 1 jar Heinz Junior-3 (6 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43006**
**Babyfood, fruit, tutti frutti, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 83.50 | | 0 | | 1 | | 12.53 | 94.36 | 94.36 |
| Energy....kcal | 66 | | 0 | NC | 4 | | 10 | 75 | 75 |
| Energy....kJ | 277 | | 0 | NC | 4 | | 42 | 313 | 313 |
| Protein....g | 0.40 | | 0 | | 1 | | 0.06 | 0.45 | 0.45 |
| Total lipid (fat)....g | 0.30 | | 0 | | 1 | | 0.05 | 0.34 | 0.34 |
| Ash....g | 0.32 | | 0 | FLA | 4 | | 0.05 | 0.36 | 0.36 |
| Carbohydrate, by difference....g | 15.48 | | 0 | NC | 4 | | 2.32 | 17.50 | 17.50 |
| Fiber, total dietary....g | 0.6 | | 0 | | 4 | | 0.1 | 0.7 | 0.7 |
| Sugars, total....g | 9.29 | | 0 | FLA | 4 | | 1.39 | 10.49 | 10.49 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 15 | | 0 | | 1 | | 2 | 17 | 17 |
| Iron, Fe....mg | 0.20 | | 0 | | 1 | | 0.03 | 0.23 | 0.23 |
| Magnesium, Mg....mg | 4 | | 0 | | 4 | | 1 | 5 | 5 |
| Phosphorus, P....mg | 17 | | 0 | | 1 | | 3 | 19 | 19 |
| Potassium, K....mg | 46 | | 0 | | 1 | | 7 | 52 | 52 |
| Sodium, Na....mg | 25 | | 0 | | 1 | | 4 | 28 | 28 |
| Zinc, Zn....mg | 0.80 | | 0 | | 1 | | 0.12 | 0.90 | 0.90 |
| Copper, Cu....mg | 0.020 | | 0 | | 1 | | 0.003 | 0.023 | 0.023 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | BFZN | 4 | | 0.1 | 0.5 | 0.5 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 12.4 | | 0 | | 1 | | 1.9 | 14.0 | 14.0 |
| Thiamin....mg | 0.020 | | 0 | | 1 | | 0.003 | 0.023 | 0.023 |
| Riboflavin....mg | 0.020 | | 0 | | 1 | | 0.003 | 0.023 | 0.023 |
| Niacin....mg | 0.100 | | 0 | | 1 | | 0.015 | 0.113 | 0.113 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.020 | | 0 | | 1 | | 0.003 | 0.023 | 0.023 |
| Folate, total....µg | 3 | | 0 | | 4 | | 0 | 3 | 3 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 3 | | 0 | | 4 | | 0 | 3 | 3 |
| Folate, DFE....mcg_DFE | 3 | | 0 | NC | 4 | | 0 | 3 | 3 |
| Choline, total....mg | 3.1 | | 0 | FLA | 4 | | 0.5 | 3.5 | 3.5 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.01 | | 0 | | 4 | | 0.00 | 0.01 | 0.01 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 7 | | 0 | NC | 4 | | 1 | 8 | 8 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 35 | | 0 | BNA | 4 | | 5 | 39 | 39 |
| Carotene, alpha....µg | 1 | | 0 | BNA | 4 | | 0 | 2 | 2 |
| Cryptoxanthin, beta....µg | 89 | | 0 | BNA | 4 | | 13 | 100 | 100 |
| Vitamin A, IU....IU | 133 | | 0 | | 1 | | 20 | 150 | 150 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 21 | | 0 | FLA | 4 | | 3 | 23 | 23 |
| Vitamin E (alpha-tocopherol)....mg | 0.11 | | 0 | FLA | 4 | | 0.02 | 0.12 | 0.12 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.4 | | 0 | FLA | 4 | | 0.1 | 0.4 | 0.4 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 43006**
**Babyfood, fruit, tutti frutti, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.087 | | 0 | | 4 | | 0.013 | 0.098 | 0.098 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.063 | | 0 | | 4 | | 0.009 | 0.071 | 0.071 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.022 | | 0 | | 4 | | 0.003 | 0.025 | 0.025 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.113 | | 0 | | 4 | | 0.017 | 0.128 | 0.128 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.001 | 0.009 | 0.009 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.104 | | 0 | | 4 | | 0.016 | 0.118 | 0.118 |
| 20:1....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.043 | | 0 | | 4 | | 0.006 | 0.049 | 0.049 |
| 18:2 undifferentiated....g | 0.037 | | 0 | | 4 | | 0.006 | 0.042 | 0.042 |
| 18:3 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | 0.005 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 15 | | 0 | | 4 | | 2 | 17 | 17 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Heinz Strained-2 (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03093**
**Babyfood, green beans, dices, toddler**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 92.60 | | 0 | MA | 12 | | 26.25 | 118.53 | |
| Energy....kcal | 29 | | 0 | NC | 4 | | 8 | 38 | |
| Energy....kJ | 123 | | 0 | NC | 4 | | 35 | 157 | |
| Protein....g | 1.20 | | 0 | MA | 12 | | 0.34 | 1.54 | |
| Total lipid (fat)....g | 0.20 | | 0 | MA | 12 | | 0.06 | 0.26 | |
| Ash....g | 0.40 | | 0 | MA | 12 | | 0.11 | 0.51 | |
| Carbohydrate, by difference....g | 5.70 | | 0 | MC | 9 | | 1.62 | 7.30 | |
| Fiber, total dietary....g | 1.3 | | 0 | MA | 12 | | 0.4 | 1.7 | |
| Sugars, total....g | 1.06 | | 0 | BFSN | 4 | | 0.30 | 1.36 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 27 | | 0 | MA | 12 | | 8 | 35 | |
| Iron, Fe....mg | 0.40 | | 0 | MA | 12 | | 0.11 | 0.51 | |
| Magnesium, Mg....mg | 19 | | 0 | MA | 12 | | 5 | 24 | |
| Phosphorus, P....mg | 22 | | 0 | MA | 12 | | 6 | 28 | |
| Potassium, K....mg | 116 | | 0 | MA | 12 | | 33 | 148 | |
| Sodium, Na....mg | 37 | | 0 | MA | 12 | | 10 | 47 | |
| Zinc, Zn....mg | 0.10 | | 0 | MA | 12 | | 0.03 | 0.13 | |
| Copper, Cu....mg | 0.030 | | 0 | MA | 12 | | 0.009 | 0.038 | |
| Manganese, Mn....mg | 0.080 | | 0 | MA | 12 | | 0.023 | 0.102 | |
| Selenium, Se....µg | 0.4 | | 0 | BFZN | 4 | | 0.1 | 0.5 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 1.7 | | 0 | MA | 12 | | 0.5 | 2.2 | |
| Thiamin....mg | 0.020 | | 0 | MA | 12 | | 0.006 | 0.026 | |
| Riboflavin....mg | 0.040 | | 0 | MA | 12 | | 0.011 | 0.051 | |
| Niacin....mg | 0.230 | | 0 | MA | 12 | | 0.065 | 0.294 | |
| Pantothenic acid....mg | 0.051 | | 0 | BFSN | 4 | | 0.014 | 0.065 | |
| Vitamin B-6....mg | 0.030 | | 0 | MA | 12 | | 0.009 | 0.038 | |
| Folate, total....µg | 32 | | 0 | | 4 | | 9 | 41 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 32 | | 0 | | 4 | | 9 | 41 | |
| Folate, DFE....mcg_DFE | 32 | | 0 | NC | 4 | | 9 | 41 | |
| Choline, total....mg | 22.6 | | 0 | FLA | 4 | | 6.4 | 29.0 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 24 | | 0 | NC | 4 | | 7 | 31 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | 288 | | 0 | BFSN | 4 | | 82 | 369 | |
| Carotene, alpha....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 481 | | 0 | NC | 4 | | 136 | 615 | |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 487 | | 0 | BFSN | 4 | | 138 | 623 | |
| Vitamin E (alpha-tocopherol)....mg | 0.31 | | 0 | BFSN | 4 | | 0.09 | 0.40 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 11.0 | | 0 | BFSN | 4 | | 3.1 | 14.1 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03093**
**Babyfood, green beans, dices, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 0.044 | | 0 | BFFN | 4 | | 0.012 | 0.056 | |
| 4:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.038 | | 0 | BFFN | 4 | | 0.011 | 0.049 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.006 | | 0 | BFFN | 4 | | 0.002 | 0.008 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.008 | | 0 | BFFN | 4 | | 0.002 | 0.010 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.008 | | 0 | BFFN | 4 | | 0.002 | 0.010 | |
| 20:1....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.102 | | 0 | BFFN | 4 | | 0.029 | 0.131 | |
| 18:2 undifferentiated....g | 0.038 | | 0 | BFFN | 4 | | 0.011 | 0.049 | |
| 18:3 undifferentiated....g | 0.062 | | 0 | BFFN | 4 | | 0.018 | 0.079 | |
| 18:4....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MA | 12 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 128g: 1 jar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03001**
**Babyfood, juice treats, fruit medley, toddler**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 12.89 | | 0 | FLC | 4 | | 3.61 | | |
| Energy | kcal | 347 | | 0 | NC | 4 | | 97 | | |
| Energy | kJ | 1454 | | 0 | NC | 4 | | 407 | | |
| Protein | g | 0.00 | | 0 | NR | 4 | | 0.00 | | |
| Total lipid (fat) | g | 0.02 | | 0 | NR | 4 | | 0.00 | | |
| Ash | g | 0.29 | | 0 | FLC | 4 | | 0.08 | | |
| Carbohydrate, by difference | g | 86.68 | | 0 | FLC | 4 | | 24.27 | | |
| Fiber, total dietary | g | 0.0 | | 0 | FLC | 4 | | 0.0 | | |
| Sugars, total | g | 57.40 | | 0 | FLC | 4 | | 16.07 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 12 | | 0 | FLC | 4 | | 3 | | |
| Iron, Fe | mg | 0.24 | | 0 | FLC | 4 | | 0.07 | | |
| Magnesium, Mg | mg | 7 | | 0 | FLC | 4 | | 2 | | |
| Phosphorus, P | mg | 9 | | 0 | FLC | 4 | | 3 | | |
| Potassium, K | mg | 54 | | 0 | FLC | 4 | | 15 | | |
| Sodium, Na | mg | 89 | | 0 | FLC | 4 | | 25 | | |
| Zinc, Zn | mg | 0.03 | | 0 | FLC | 4 | | 0.01 | | |
| Copper, Cu | mg | 0.037 | | 0 | FLC | 4 | | 0.010 | | |
| Manganese, Mn | mg | 0.062 | | 0 | FLC | 4 | | 0.017 | | |
| Selenium, Se | µg | 1.9 | | 0 | FLC | 4 | | 0.5 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 8.0 | | 0 | FLC | 4 | | 2.2 | | |
| Thiamin | mg | 0.015 | | 0 | FLC | 4 | | 0.004 | | |
| Riboflavin | mg | 0.010 | | 0 | FLC | 4 | | 0.003 | | |
| Niacin | mg | 0.057 | | 0 | FLC | 4 | | 0.016 | | |
| Pantothenic acid | mg | 0.052 | | 0 | FLC | 4 | | 0.015 | | |
| Vitamin B-6 | mg | 0.014 | | 0 | FLC | 4 | | 0.004 | | |
| Folate, total | µg | 1 | | 0 | FLC | 4 | | 0 | | |
| Folic acid | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Folate, food | µg | 1 | | 0 | FLC | 4 | | 0 | | |
| Folate, DFE | mcg_DFE | 1 | | 0 | NC | 4 | | 0 | | |
| Choline, total | mg | 9.1 | | 0 | FLC | 4 | | 2.5 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 0 | | 0 | NC | 4 | | 0 | | |
| Retinol | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Carotene, beta | µg | 1 | | 0 | FLC | 4 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Vitamin A, IU | IU | 2 | | 0 | FLC | 4 | | 1 | | |
| Lycopene | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 2 | | 0 | FLC | 4 | | 1 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.01 | | 0 | FLC | 4 | | 0.00 | | |
| Vitamin E, added | mg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Tocopherol, beta | mg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Tocopherol, gamma | mg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Tocopherol, delta | mg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLC | 4 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | FLC | 4 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 0.0 | | 0 | FLC | 4 | | 0.0 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03001**
**Babyfood, juice treats, fruit medley, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 4:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 12:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:1....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 18:2 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 18:3 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 18:4....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | FLC | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Threonine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Isoleucine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Leucine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Lysine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Methionine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Cystine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Phenylalanine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Tyrosine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Valine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Arginine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Histidine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Alanine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Aspartic acid....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Glutamic acid....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Glycine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Proline....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Serine....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLC | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLC | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLC | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03001**
**Babyfood, juice treats, fruit medley, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**
Measure 1 = 28g: 1 packet

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03166**
**Babyfood, juice, apple**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.00 | | 14 | | 1 | | 27.90 | 111.76 | 115.28 |
| Energy....kcal | 47 | | 0 | NC | 4 | | 15 | 60 | 62 |
| Energy....kJ | 197 | | 0 | | 4 | | 62 | 250 | 258 |
| Protein (N x 6.25)....g | 0.00 | 0.000 | 22 | | 1 | | 0.00 | 0.00 | 0.00 |
| Total lipid (fat)....g | 0.10 | 0.000 | 22 | | 1 | | 0.03 | 0.13 | 0.13 |
| Ash....g | 0.20 | 0.000 | 18 | | 1 | | 0.06 | 0.25 | 0.26 |
| Carbohydrate, by difference....g | 11.70 | | 0 | NC | 4 | | 3.71 | 14.86 | 15.33 |
| Fiber, total dietary....g | 0.1 | | 0 | | 4 | | 0.0 | 0.1 | 0.1 |
| Sugars, total....g | 10.70 | | 0 | T | 4 | | 3.39 | 13.59 | 14.02 |
| Starch....g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 4 | | 15 | | 1 | | 1 | 5 | 5 |
| Iron, Fe....mg | 0.57 | 0.060 | 23 | | 1 | | 0.18 | 0.72 | 0.75 |
| Magnesium, Mg....mg | 3 | | 2 | | 1 | | 1 | 4 | 4 |
| Phosphorus, P....mg | 5 | | 3 | | 1 | | 2 | 6 | 7 |
| Potassium, K....mg | 91 | | 16 | | 1 | | 29 | 116 | 119 |
| Sodium, Na....mg | 8 | | 0 | LC | 8 | | 3 | 10 | 11 |
| Zinc, Zn....mg | 0.03 | | 2 | | 1 | | 0.01 | 0.04 | 0.04 |
| Copper, Cu....mg | 0.040 | | 0 | | 4 | | 0.013 | 0.051 | 0.052 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | 0.1 | 0.1 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 57.9 | | 9 | | 1 | | 18.4 | 73.5 | 75.8 |
| Thiamin....mg | 0.007 | 0.000 | 22 | | 1 | | 0.002 | 0.009 | 0.009 |
| Riboflavin....mg | 0.016 | | 11 | | 1 | | 0.005 | 0.020 | 0.021 |
| Niacin....mg | 0.083 | | 19 | | 1 | | 0.026 | 0.105 | 0.109 |
| Pantothenic acid....mg | 0.116 | | 0 | | 4 | | 0.037 | 0.147 | 0.152 |
| Vitamin B-6....mg | 0.029 | 0.000 | 6 | | 1 | | 0.009 | 0.037 | 0.038 |
| Folate, total....µg | 0 | | 9 | | 1 | | 0 | 0 | 0 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 0 | | 9 | | 1 | | 0 | 0 | 0 |
| Folate, DFE....mcg_DFE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Choline, total....mg | 1.8 | | 0 | T | 4 | | 0.6 | 2.3 | 2.4 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | NR | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 1 | 1 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 8 | | 0 | BNA | 4 | | 2 | 10 | 10 |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 6 | | 0 | BNA | 4 | | 2 | 7 | 8 |
| Vitamin A, IU....IU | 18 | | 0 | NC | 4 | | 6 | 23 | 24 |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 16 | | 0 | BFSN | 4 | | 5 | 20 | 21 |
| Vitamin E (alpha-tocopherol)....mg | 0.60 | | 0 | NR | 4 | | 0.19 | 0.76 | 0.79 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.0 | | 0 | BFSN | 4 | | 0.0 | 0.0 | 0.0 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03166**
**Babyfood, juice, apple**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.018 | | 0 | | 4 | | 0.006 | 0.023 | 0.024 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.016 | | 0 | | 4 | | 0.005 | 0.020 | 0.021 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | 0.003 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | 0.003 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | 0.003 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.031 | | 0 | | 4 | | 0.010 | 0.039 | 0.041 |
| 18:2 undifferentiated....g | 0.027 | | 0 | | 4 | | 0.009 | 0.034 | 0.035 |
| 18:3 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | 0.005 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.7g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 131g: 1 bottle Earth's Best (4.2 fl oz)

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43535**
**Babyfood, juice, apple - cherry**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.20 | | 0 | | 5 | | 27.52 | 110.25 | 110.25 |
| Energy....kcal | 47 | | 0 | | 9 | | 15 | 59 | 59 |
| Energy....kJ | 197 | | 0 | | 9 | | 61 | 246 | 246 |
| Protein....g | 0.20 | | 0 | | 5 | | 0.06 | 0.25 | 0.25 |
| Total lipid (fat)....g | 0.10 | | 0 | | 5 | | 0.03 | 0.13 | 0.13 |
| Ash....g | 0.36 | | 0 | FLA | 4 | | 0.11 | 0.45 | 0.45 |
| Carbohydrate, by difference....g | 11.20 | | 0 | | 9 | | 3.49 | 14.00 | 14.00 |
| Fiber, total dietary....g | 0.3 | | 0 | | 4 | | 0.1 | 0.4 | 0.4 |
| Sugars, total....g | 10.50 | | 0 | FLA | 4 | | 3.28 | 13.12 | 13.12 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 7 | | 0 | | 5 | | 2 | 9 | 9 |
| Iron, Fe....mg | 0.35 | | 0 | | 5 | | 0.11 | 0.44 | 0.44 |
| Magnesium, Mg....mg | 3 | | 0 | | 5 | | 1 | 4 | 4 |
| Phosphorus, P....mg | 12 | | 0 | | 5 | | 4 | 15 | 15 |
| Potassium, K....mg | 110 | | 0 | | 5 | | 34 | 138 | 138 |
| Sodium, Na....mg | 4 | | 0 | | 5 | | 1 | 5 | 5 |
| Zinc, Zn....mg | 0.03 | | 0 | | 5 | | 0.01 | 0.04 | 0.04 |
| Copper, Cu....mg | 0.020 | | 0 | | 5 | | 0.006 | 0.025 | 0.025 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | 0.1 | 0.1 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 32.1 | | 0 | | 5 | | 10.0 | 40.1 | 40.1 |
| Thiamin....mg | 0.010 | | 0 | | 5 | | 0.003 | 0.013 | 0.013 |
| Riboflavin....mg | 0.020 | | 0 | | 5 | | 0.006 | 0.025 | 0.025 |
| Niacin....mg | 0.110 | | 0 | | 5 | | 0.034 | 0.138 | 0.138 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.030 | | 0 | | 5 | | 0.009 | 0.038 | 0.038 |
| Folate, total....µg | 0 | | 0 | | 5 | | 0 | 0 | 0 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 0 | | 0 | | 5 | | 0 | 0 | 0 |
| Folate, DFE....mcg_DFE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Choline, total....mg | 1.9 | | 0 | FLA | 4 | | 0.6 | 2.3 | 2.3 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | NR | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 1 | 1 |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 11 | | 0 | FLA | 4 | | 3 | 14 | 14 |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 18 | | 0 | FLA | 4 | | 6 | 23 | 23 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 21 | | 0 | FLA | 4 | | 7 | 26 | 26 |
| Vitamin E (alpha-tocopherol)....mg | 0.02 | | 0 | NR | 4 | | 0.01 | 0.03 | 0.03 |
| Vitamin E, added....mg | 0.00 | | 0 | NR | 4 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.2 | | 0 | FLA | 4 | | 0.1 | 0.3 | 0.3 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 43535**
**Babyfood, juice, apple - cherry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.020 | | 0 | | 4 | | 0.006 | 0.025 | 0.025 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.016 | | 0 | | 4 | | 0.005 | 0.020 | 0.020 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | 0.003 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | 0.003 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.030 | | 0 | | 4 | | 0.009 | 0.038 | 0.038 |
| 18:2 undifferentiated....g | 0.027 | | 0 | | 4 | | 0.008 | 0.034 | 0.034 |
| 18:3 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | 0.005 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 125g: 1 bottle Heinz Strained (4 fl oz)

Measure 3 = 125g: 1 bottle NFS

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03268**
**Babyfood, juice, apple and cherry**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 89.50 | | 14 | | 1 | | 27.92 | 113.67 | |
| Energy....kcal | 41 | | 0 | NC | 4 | | 13 | 52 | |
| Energy....kJ | 172 | | 0 | | 4 | | 54 | 218 | |
| Protein (N x 6.25)....g | 0.10 | 0.000 | 18 | | 1 | | 0.03 | 0.13 | |
| Total lipid (fat)....g | 0.20 | 0.000 | 18 | | 1 | | 0.06 | 0.25 | |
| Ash....g | 0.30 | 0.100 | 18 | | 1 | | 0.09 | 0.38 | |
| Carbohydrate, by difference....g | 9.90 | | 0 | NC | 4 | | 3.09 | 12.57 | |
| Fiber, total dietary....g | 0.1 | | 0 | | 4 | | 0.0 | 0.1 | |
| Sugars, total....g | 8.98 | | 0 | FLA | 4 | | 2.80 | 11.41 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 5 | | 15 | | 1 | | 2 | 6 | |
| Iron, Fe....mg | 0.66 | | 10 | | 1 | | 0.21 | 0.84 | |
| Magnesium, Mg....mg | 3 | | 2 | | 1 | | 1 | 4 | |
| Phosphorus, P....mg | 6 | | 3 | | 1 | | 2 | 8 | |
| Potassium, K....mg | 98 | | 16 | | 1 | | 31 | 124 | |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Zinc, Zn....mg | 0.03 | | 2 | | 1 | | 0.01 | 0.04 | |
| Copper, Cu....mg | 0.043 | | 0 | | 4 | | 0.013 | 0.055 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | 0.1 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 58.3 | | 9 | | 1 | | 18.2 | 74.0 | |
| Thiamin....mg | 0.008 | 0.000 | 22 | | 1 | | 0.002 | 0.010 | |
| Riboflavin....mg | 0.015 | | 8 | | 1 | | 0.005 | 0.019 | |
| Niacin....mg | 0.094 | | 8 | | 1 | | 0.029 | 0.119 | |
| Pantothenic acid....mg | 0.102 | | 0 | | 4 | | 0.032 | 0.130 | |
| Vitamin B-6....mg | 0.031 | 0.000 | 6 | | 1 | | 0.010 | 0.039 | |
| Folate, total....µg | 0 | | 6 | | 1 | | 0 | 0 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 0 | | 6 | | 1 | | 0 | 0 | |
| Folate, DFE....mcg_DFE | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Choline, total....mg | 2.4 | | 0 | FLA | 4 | | 0.7 | 3.0 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 3 | | 0 | BNA | 4 | | 1 | 4 | |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 5 | | 14 | | 1 | | 2 | 6 | |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 26 | | 0 | BFSN | 4 | | 8 | 33 | |
| Vitamin E (alpha-tocopherol)....mg | 0.02 | | 0 | FLA | 4 | | 0.01 | 0.03 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 0.4 | | 0 | FLA | 4 | | 0.1 | 0.5 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03268**
**Babyfood, juice, apple and cherry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.035 | | 0 | | 4 | | 0.011 | 0.044 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.028 | | 0 | | 4 | | 0.009 | 0.036 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.011 | | 0 | | 4 | | 0.003 | 0.014 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.009 | | 0 | | 4 | | 0.003 | 0.011 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.060 | | 0 | | 4 | | 0.019 | 0.076 | |
| 18:2 undifferentiated....g | 0.050 | | 0 | | 4 | | 0.016 | 0.064 | |
| 18:3 undifferentiated....g | 0.012 | | 0 | | 4 | | 0.004 | 0.015 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03265**
**Babyfood, juice, apple and grape**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.10 | | 14 | | 1 | | 27.49 | 111.89 | 115.41 |
| Energy | kcal | 46 | | 0 | NC | 4 | | 14 | 59 | 61 |
| Energy | kJ | 194 | | 0 | NC | 4 | | 61 | 247 | 255 |
| Protein (N x 6.25) | g | 0.10 | 0.000 | 22 | | 1 | | 0.03 | 0.13 | 0.13 |
| Total lipid (fat) | g | 0.20 | 0.000 | 22 | | 1 | | 0.06 | 0.25 | 0.26 |
| Ash | g | 0.26 | | 0 | FLA | 4 | | 0.08 | 0.33 | 0.34 |
| Carbohydrate, by difference | g | 11.34 | | 0 | NC | 4 | | 3.54 | 14.40 | 14.86 |
| Fiber, total dietary | g | 0.1 | | 0 | | 4 | | 0.0 | 0.1 | 0.1 |
| Sugars, total | g | 10.90 | | 0 | NR | 4 | | 3.40 | 13.84 | 14.28 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 6 | | 18 | | 1 | | 2 | 8 | 8 |
| Iron, Fe | mg | 0.39 | | 18 | | 1 | | 0.12 | 0.50 | 0.51 |
| Magnesium, Mg | mg | 6 | | 0 | MC | 9 | | 2 | 7 | 7 |
| Phosphorus, P | mg | 5 | | 3 | | 1 | | 2 | 6 | 7 |
| Potassium, K | mg | 90 | | 16 | | 1 | | 28 | 114 | 118 |
| Sodium, Na | mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn | mg | 0.04 | | 2 | | 1 | | 0.01 | 0.04 | 0.05 |
| Copper, Cu | mg | 0.078 | | 0 | | 4 | | 0.024 | 0.099 | 0.102 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | 0.1 | 0.1 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 31.5 | | 0 | MC | 9 | | 9.8 | 40.0 | 41.3 |
| Thiamin | mg | 0.007 | | 27 | | 1 | | 0.002 | 0.009 | 0.009 |
| Riboflavin | mg | 0.021 | | 10 | | 1 | | 0.007 | 0.027 | 0.028 |
| Niacin | mg | 0.109 | | 14 | | 1 | | 0.034 | 0.138 | 0.143 |
| Pantothenic acid | mg | 0.075 | | 0 | | 4 | | 0.023 | 0.095 | 0.098 |
| Vitamin B-6 | mg | 0.034 | | 8 | | 1 | | 0.011 | 0.043 | 0.045 |
| Folate, total | µg | 1 | | 0 | FLA | 4 | | 0 | 1 | 1 |
| Folic acid | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food | µg | 1 | | 0 | FLA | 4 | | 0 | 1 | 1 |
| Folate, DFE | mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 1 | 1 |
| Choline, total | mg | 1.9 | | 0 | FLA | 4 | | 0.6 | 2.5 | 2.5 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 2 | | 0 | BNA | 4 | | 1 | 3 | 3 |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 4 | | 0 | FLA | 4 | | 1 | 5 | 5 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03265**
**Babyfood, juice, apple and grape**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.040 | | 0 | | 4 | | 0.012 | 0.051 | 0.052 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | 0.003 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.032 | | 0 | | 4 | | 0.010 | 0.041 | 0.042 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | 0.005 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.009 | | 0 | | 4 | | 0.003 | 0.011 | 0.012 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.002 | 0.009 | 0.009 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.059 | | 0 | | 4 | | 0.018 | 0.075 | 0.077 |
| 18:2 undifferentiated....g | 0.049 | | 0 | | 4 | | 0.015 | 0.062 | 0.064 |
| 18:3 undifferentiated....g | 0.011 | | 0 | | 4 | | 0.003 | 0.014 | 0.014 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 131g: 1 bottle Earth's Best (4.2 fl oz)

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03168**
**Babyfood, juice, apple and peach**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 89.00 | | 1 | | 1 | | 27.77 | 113.03 | |
| Energy....kcal | 43 | | 0 | NC | 4 | | 13 | 54 | |
| Energy....kJ | 179 | | 0 | NC | 4 | | 56 | 227 | |
| Protein (N x 6.25)....g | 0.20 | 0.000 | 6 | | 1 | | 0.06 | 0.25 | |
| Total lipid (fat)....g | 0.10 | 0.000 | 6 | | 1 | | 0.03 | 0.13 | |
| Ash....g | 0.30 | 0.000 | 6 | | 1 | | 0.09 | 0.38 | |
| Carbohydrate, by difference....g | 10.50 | | 0 | NC | 4 | | 3.28 | 13.34 | |
| Fiber, total dietary....g | 0.1 | | 0 | | 4 | | 0.0 | 0.1 | |
| Sugars, total....g | 9.59 | | 0 | FLA | 4 | | 2.99 | 12.18 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 3 | 1.000 | 6 | | 1 | | 1 | 4 | |
| Iron, Fe....mg | 0.56 | 0.140 | 10 | | 1 | | 0.17 | 0.71 | |
| Magnesium, Mg....mg | 3 | | 2 | | 1 | | 1 | 4 | |
| Phosphorus, P....mg | 4 | | 2 | | 1 | | 1 | 5 | |
| Potassium, K....mg | 97 | | 2 | | 1 | | 30 | 123 | |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Zinc, Zn....mg | 0.03 | | 2 | | 1 | | 0.01 | 0.03 | |
| Copper, Cu....mg | 0.037 | | 0 | | 4 | | 0.012 | 0.047 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.3 | | 0 | FLM | 4 | | 0.1 | 0.4 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 58.5 | 2.000 | 6 | | 1 | | 18.3 | 74.3 | |
| Thiamin....mg | 0.008 | 0.000 | 6 | | 1 | | 0.002 | 0.010 | |
| Riboflavin....mg | 0.011 | 0.000 | 6 | | 1 | | 0.003 | 0.014 | |
| Niacin....mg | 0.213 | 0.006 | 6 | | 1 | | 0.066 | 0.271 | |
| Pantothenic acid....mg | 0.082 | | 0 | | 4 | | 0.026 | 0.104 | |
| Vitamin B-6....mg | 0.022 | 0.000 | 6 | | 1 | | 0.007 | 0.028 | |
| Folate, total....µg | 1 | 0.100 | 3 | | 1 | | 0 | 2 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 1 | 0.100 | 3 | | 1 | | 0 | 2 | |
| Folate, DFE....mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 2 | |
| Choline, total....mg | 2.5 | | 0 | FLA | 4 | | 0.8 | 3.2 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 3 | | 0 | NC | 4 | | 1 | 4 | |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 31 | | 0 | FLA | 4 | | 10 | 40 | |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 13 | | 0 | FLA | 4 | | 4 | 17 | |
| Vitamin A, IU....IU | 63 | 12.000 | 6 | | 1 | | 20 | 80 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 29 | | 0 | FLA | 4 | | 9 | 37 | |
| Vitamin E (alpha-tocopherol)....mg | 0.15 | | 0 | FLA | 4 | | 0.05 | 0.19 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 0.5 | | 0 | FLA | 4 | | 0.2 | 0.6 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03168**
**Babyfood, juice, apple and peach**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.018 | | 0 | | 4 | | 0.006 | 0.023 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.016 | | 0 | | 4 | | 0.005 | 0.020 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.031 | | 0 | | 4 | | 0.010 | 0.039 | |
| 18:2 undifferentiated....g | 0.027 | | 0 | | 4 | | 0.008 | 0.034 | |
| 18:3 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03170**
**Babyfood, juice, apple and plum**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 87.30 | | 1 | | 1 | | 27.24 | 110.87 | |
| Energy | kcal | 49 | | 0 | NC | 4 | | 15 | 62 | |
| Energy | kJ | 205 | | 0 | | 4 | | 64 | 260 | |
| Protein (N x 6.25) | g | 0.10 | | 1 | | 1 | | 0.03 | 0.13 | |
| Total lipid (fat) | g | 0.00 | | 1 | | 1 | | 0.00 | 0.00 | |
| Ash | g | 0.30 | 0.000 | 6 | | 1 | | 0.09 | 0.38 | |
| Carbohydrate, by difference | g | 12.30 | | 0 | NC | 4 | | 3.84 | 15.62 | |
| Fiber, total dietary | g | 0.1 | | 0 | | 4 | | 0.0 | 0.1 | |
| Sugars, total | g | 11.54 | | 0 | FLA | 4 | | 3.60 | 14.66 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 5 | 1.000 | 6 | | 1 | | 2 | 6 | |
| Iron, Fe | mg | 0.62 | 0.100 | 11 | | 1 | | 0.19 | 0.79 | |
| Magnesium, Mg | mg | 3 | | 2 | | 1 | | 1 | 4 | |
| Phosphorus, P | mg | 3 | 1.000 | 3 | | 1 | | 1 | 4 | |
| Potassium, K | mg | 101 | | 2 | | 1 | | 32 | 128 | |
| Sodium, Na | mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Zinc, Zn | mg | 0.03 | | 2 | | 1 | | 0.01 | 0.04 | |
| Copper, Cu | mg | 0.042 | | 0 | | 4 | | 0.013 | 0.053 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.3 | | 0 | FLM | 4 | | 0.1 | 0.4 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 58.2 | 3.900 | 6 | | 1 | | 18.2 | 73.9 | |
| Thiamin | mg | 0.020 | 0.005 | 6 | | 1 | | 0.006 | 0.025 | |
| Riboflavin | mg | 0.017 | 0.000 | 6 | | 1 | | 0.005 | 0.022 | |
| Niacin | mg | 0.195 | 0.013 | 6 | | 1 | | 0.061 | 0.248 | |
| Pantothenic acid | mg | 0.123 | | 0 | | 4 | | 0.038 | 0.156 | |
| Vitamin B-6 | mg | 0.028 | 0.000 | 6 | | 1 | | 0.009 | 0.036 | |
| Folate, total | µg | 0 | | 3 | | 1 | | 0 | 0 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 0 | | 3 | | 1 | | 0 | 0 | |
| Folate, DFE | mcg_DFE | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Choline, total | mg | 1.6 | | 0 | FLA | 4 | | 0.5 | 2.0 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 2 | | 0 | NC | 4 | | 1 | 3 | |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Carotene, beta | µg | 24 | | 0 | FLA | 4 | | 7 | 30 | |
| Carotene, alpha | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 5 | | 0 | FLA | 4 | | 1 | 6 | |
| Vitamin A, IU | IU | 43 | 15.000 | 6 | | 1 | | 13 | 55 | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 21 | | 0 | FLA | 4 | | 6 | 26 | |
| Vitamin E (alpha-tocopherol) | mg | 0.04 | | 0 | FLA | 4 | | 0.01 | 0.05 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone) | µg | 0.8 | | 0 | FLA | 4 | | 0.2 | 1.0 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03170**
**Babyfood, juice, apple and plum**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | | 7 | | 0.000 | 0.000 | |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03171**
**Babyfood, juice, apple and prune**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.30 | 0.300 | 4 | | 1 | | 25.37 | 103.25 | 101.63 |
| Energy....kcal | 72 | | 0 | NC | 4 | | 23 | 92 | 91 |
| Energy....kJ | 303 | | 0 | NC | 4 | | 95 | 385 | 379 |
| Protein (N x 6.25)....g | 0.20 | 0.000 | 4 | | 1 | | 0.06 | 0.25 | 0.25 |
| Total lipid (fat)....g | 0.10 | 0.000 | 4 | | 1 | | 0.03 | 0.13 | 0.13 |
| Ash....g | 0.30 | 0.100 | 4 | | 1 | | 0.09 | 0.38 | 0.38 |
| Carbohydrate, by difference....g | 18.10 | | 0 | NC | 4 | | 5.65 | 22.99 | 22.63 |
| Fiber, total dietary....g | 0.1 | | 0 | | 4 | | 0.0 | 0.1 | 0.1 |
| Sugars, total....g | 10.58 | | 0 | FLA | 4 | | 3.30 | 13.43 | 13.22 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 9 | | 1 | | 1 | | 3 | 11 | 11 |
| Iron, Fe....mg | 0.95 | 0.140 | 4 | | 1 | | 0.30 | 1.21 | 1.19 |
| Magnesium, Mg....mg | 7 | | 0 | | 4 | | 2 | 9 | 9 |
| Phosphorus, P....mg | 15 | | 1 | | 1 | | 5 | 19 | 19 |
| Potassium, K....mg | 148 | | 1 | | 1 | | 46 | 188 | 185 |
| Sodium, Na....mg | 8 | | 0 | LC | 8 | | 2 | 10 | 10 |
| Zinc, Zn....mg | 0.05 | | 0 | | 4 | | 0.01 | 0.06 | 0.06 |
| Copper, Cu....mg | 0.062 | | 0 | | 4 | | 0.019 | 0.079 | 0.078 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.3 | | 0 | FLM | 4 | | 0.1 | 0.4 | 0.4 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 67.5 | 3.900 | 3 | | 1 | | 21.1 | 85.7 | 84.4 |
| Thiamin....mg | 0.005 | | 1 | | 1 | | 0.002 | 0.006 | 0.006 |
| Riboflavin....mg | 0.002 | | 1 | | 1 | | 0.001 | 0.003 | 0.003 |
| Niacin....mg | 0.301 | 0.012 | 4 | | 1 | | 0.094 | 0.382 | 0.376 |
| Pantothenic acid....mg | 0.181 | | 0 | | 4 | | 0.056 | 0.230 | 0.226 |
| Vitamin B-6....mg | 0.035 | | 1 | | 1 | | 0.011 | 0.044 | 0.044 |
| Folate, total....µg | 0 | | 3 | | 1 | | 0 | 0 | 0 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 0 | | 3 | | 1 | | 0 | 0 | 0 |
| Folate, DFE....mcg_DFE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Choline, total....mg | 1.8 | | 0 | NR | 4 | | 0.6 | 2.2 | 2.2 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 1 | 1 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 8 | | 0 | BNA | 4 | | 3 | 10 | 10 |
| Carotene, alpha....µg | 1 | | 0 | BNA | 4 | | 0 | 1 | 1 |
| Cryptoxanthin, beta....µg | 2 | | 0 | BNA | 4 | | 1 | 2 | 2 |
| Vitamin A, IU....IU | 16 | | 0 | | 4 | | 5 | 20 | 20 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 22 | | 0 | FLA | 4 | | 7 | 28 | 27 |
| Vitamin E (alpha-tocopherol)....mg | 0.05 | | 0 | FLA | 4 | | 0.02 | 0.06 | 0.06 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 1.3 | | 0 | FLA | 4 | | 0.4 | 1.7 | 1.6 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03171**
**Babyfood, juice, apple and prune**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.018 | | 0 | | 4 | | 0.006 | 0.023 | 0.023 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.016 | | 0 | | 4 | | 0.005 | 0.020 | 0.020 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | 0.003 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.006 | | 0 | | 4 | | 0.002 | 0.008 | 0.008 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.006 | | 0 | | 4 | | 0.002 | 0.008 | 0.008 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.031 | | 0 | | 4 | | 0.010 | 0.039 | 0.039 |
| 18:2 undifferentiated....g | 0.027 | | 0 | | 4 | | 0.008 | 0.034 | 0.034 |
| 18:3 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | 0.005 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle (4 fl oz)

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03269**
**Babyfood, juice, apple, with calcium**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.30 | | 0 | FLM | 4 | | 166.89 | | |
| Energy....kcal | 46 | | 0 | NC | 4 | | 86 | | |
| Energy....kJ | 191 | | 0 | NC | 4 | | 360 | | |
| Protein....g | 0.06 | | 0 | FLM | 4 | | 0.11 | | |
| Total lipid (fat)....g | 0.10 | | 0 | FLM | 4 | | 0.19 | | |
| Ash....g | 0.48 | | 1 | MA | 12 | | 0.91 | | |
| Carbohydrate, by difference....g | 11.10 | | 1 | MC | 9 | | 20.98 | | |
| Fiber, total dietary....g | 0.4 | | 1 | MA | 12 | | 0.8 | | |
| Sugars, total....g | 9.00 | | 1 | MA | 12 | | 17.01 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 127 | | 1 | MA | 12 | | 240 | | |
| Iron, Fe....mg | 0.20 | | 1 | MA | 12 | | 0.38 | | |
| Magnesium, Mg....mg | 6 | | 1 | MA | 12 | | 11 | | |
| Phosphorus, P....mg | 8 | | 1 | MA | 12 | | 15 | | |
| Potassium, K....mg | 92 | | 1 | MA | 12 | | 174 | | |
| Sodium, Na....mg | 3 | | 0 | FLM | 4 | | 6 | | |
| Zinc, Zn....mg | 0.03 | | 0 | FLM | 4 | | 0.06 | | |
| Copper, Cu....mg | 0.010 | | 1 | MA | 12 | | 0.019 | | |
| Manganese, Mn....mg | 0.290 | | 1 | MA | 12 | | 0.548 | | |
| Selenium, Se....µg | 0.1 | | 0 | FLM | 4 | | 0.2 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 21.2 | | 1 | MA | 12 | | 40.1 | | |
| Thiamin....mg | 0.020 | | 0 | FLM | 4 | | 0.038 | | |
| Riboflavin....mg | 0.020 | | 0 | MA | 12 | | 0.038 | | |
| Niacin....mg | 0.080 | | 1 | MA | 12 | | 0.151 | | |
| Pantothenic acid....mg | 0.060 | | 0 | FLM | 4 | | 0.113 | | |
| Vitamin B-6....mg | 0.030 | | 1 | MA | 12 | | 0.057 | | |
| Folate, total....µg | 0 | | 0 | FLM | 4 | | 0 | | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food....µg | 0 | | 0 | FLM | 4 | | 0 | | |
| Folate, DFE....mcg_DFE | 0 | | 0 | NC | 4 | | 0 | | |
| Choline, total....mg | 1.8 | | 0 | FLA | 4 | | 3.3 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | FLM | 4 | | 0.00 | | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, beta....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin A, IU....IU | 0 | | 0 | NC | 4 | | 0 | | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03269**
**Babyfood, juice, apple, with calcium**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.018 | | 0 | FLM | 4 | | 0.034 | | |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 12:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | FLM | 4 | | 0.002 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.014 | | 0 | FLM | 4 | | 0.026 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | FLM | 4 | | 0.004 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.005 | | 0 | FLM | 4 | | 0.009 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.004 | | 0 | FLM | 4 | | 0.008 | | |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.032 | | 0 | FLM | 4 | | 0.060 | | |
| 18:2 undifferentiated....g | 0.027 | | 0 | FLM | 4 | | 0.051 | | |
| 18:3 undifferentiated....g | 0.006 | | 0 | FLM | 4 | | 0.011 | | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | FLM | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 189g: 1 serving

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 42266**
**Babyfood, juice, apple-sweet potato**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.90 | | 0 | | 5 | | 27.07 | | 216.23 |
| Energy....kcal | 48 | | 0 | | 9 | | 15 | | 118 |
| Energy....kJ | 201 | | 0 | | 9 | | 62 | | 494 |
| Protein....g | 0.30 | | 0 | | 5 | | 0.09 | | 0.74 |
| Total lipid (fat)....g | 0.10 | | 0 | | 5 | | 0.03 | | 0.25 |
| Ash....g | 0.29 | | 0 | MA | 12 | | 0.09 | | 0.71 |
| Carbohydrate, by difference....g | 11.40 | | 0 | | 9 | | 3.51 | | 28.04 |
| Fiber, total dietary....g | 0.5 | | 0 | | 4 | | 0.2 | | 1.2 |
| Sugars, total....g | 9.60 | | 0 | MA | 12 | | 2.96 | | 23.62 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 15 | | 0 | | 5 | | 5 | | 37 |
| Iron, Fe....mg | 0.30 | | 0 | | 5 | | 0.09 | | 0.74 |
| Magnesium, Mg....mg | 7 | | 0 | | 4 | | 2 | | 17 |
| Phosphorus, P....mg | 14 | | 0 | | 5 | | 4 | | 34 |
| Potassium, K....mg | 137 | | 0 | | 5 | | 42 | | 337 |
| Sodium, Na....mg | 5 | | 0 | | 5 | | 2 | | 12 |
| Zinc, Zn....mg | 0.08 | | 0 | | 4 | | 0.02 | | 0.20 |
| Copper, Cu....mg | 0.032 | | 0 | | 4 | | 0.010 | | 0.079 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | | 0.2 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 34.1 | | 0 | | 5 | | 10.5 | | 83.9 |
| Thiamin....mg | 0.010 | | 0 | | 5 | | 0.003 | | 0.025 |
| Riboflavin....mg | 0.030 | | 0 | | 5 | | 0.009 | | 0.074 |
| Niacin....mg | 0.100 | | 0 | | 5 | | 0.031 | | 0.246 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.070 | | 0 | | 5 | | 0.022 | | 0.172 |
| Folate, total....µg | 3 | | 0 | | 4 | | 1 | | 7 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | | 0 |
| Folate, food....µg | 3 | | 0 | | 4 | | 1 | | 7 |
| Folate, DFE....mcg_DFE | 3 | | 0 | NC | 4 | | 1 | | 7 |
| Choline, total....mg | 4.9 | | 0 | FLM | 4 | | 1.5 | | 12.0 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 7 | | 0.00 | | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | | 0.00 |
| Vitamin A, RAE....mcg_RAE | 154 | | 0 | NC | 4 | | 47 | | 379 |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | | 0 |
| Carotene, beta....µg | 1849 | | 0 | BNA | 4 | | 569 | | 4547 |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | | 0 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | | 0 |
| Vitamin A, IU....IU | 3081 | | 0 | NC | 4 | | 949 | | 7579 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | | 0 |
| Lutein + zeaxanthin....µg | 6 | | 0 | FLA | 4 | | 2 | | 14 |
| Vitamin E (alpha-tocopherol)....mg | 0.34 | | 0 | FLA | 4 | | 0.10 | | 0.83 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | | 0 |
| Vitamin K (phylloquinone)....µg | 0.7 | | 0 | FLA | 4 | | 0.2 | | 1.8 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 42266**
**Babyfood, juice, apple-sweet potato**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.030 | | 0 | | 4 | | 0.009 | | 0.074 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.025 | | 0 | | 4 | | 0.008 | | 0.062 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.003 | | 0 | | 4 | | 0.001 | | 0.007 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.010 | | 0 | | 4 | | 0.003 | | 0.025 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.006 | | 0 | | 4 | | 0.002 | | 0.015 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.050 | | 0 | | 4 | | 0.015 | | 0.123 |
| 18:2 undifferentiated....g | 0.046 | | 0 | | 4 | | 0.014 | | 0.113 |
| 18:3 undifferentiated....g | 0.009 | | 0 | | 4 | | 0.003 | | 0.022 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.8g: 1 fl oz

Measure 3 = 246g: 1 bottle NFS

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03267**
**Babyfood, juice, fruit punch, with calcium**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 86.50 | | 0 | FLM | 4 | | 26.99 | | |
| Energy....kcal | 52 | | 1 | MC | 9 | | 16 | | |
| Energy....kJ | 218 | | 0 | | 9 | | 68 | | |
| Protein....g | 0.20 | | 0 | BFZN | 4 | | 0.06 | | |
| Total lipid (fat)....g | 0.10 | | 0 | BFZN | 4 | | 0.03 | | |
| Ash....g | 0.52 | | 1 | MA | 12 | | 0.16 | | |
| Carbohydrate, by difference....g | 12.70 | | 1 | MC | 9 | | 3.96 | | |
| Fiber, total dietary....g | 0.4 | | 1 | MA | 12 | | 0.1 | | |
| Sugars, total....g | 10.60 | | 1 | MA | 12 | | 3.31 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 64 | | 1 | MA | 12 | | 20 | | |
| Iron, Fe....mg | 0.30 | | 1 | MA | 12 | | 0.09 | | |
| Magnesium, Mg....mg | 7 | | 1 | MA | 12 | | 2 | | |
| Phosphorus, P....mg | 11 | | 1 | MA | 12 | | 3 | | |
| Potassium, K....mg | 86 | | 1 | MA | 12 | | 27 | | |
| Sodium, Na....mg | 4 | | 1 | MA | 12 | | 1 | | |
| Zinc, Zn....mg | 0.04 | | 0 | FLM | 4 | | 0.01 | | |
| Copper, Cu....mg | 0.020 | | 1 | MA | 12 | | 0.006 | | |
| Manganese, Mn....mg | 0.090 | | 1 | MA | 12 | | 0.028 | | |
| Selenium, Se....µg | 0.1 | | 0 | FLM | 4 | | 0.0 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 21.2 | | 1 | MA | 12 | | 6.6 | | |
| Thiamin....mg | 0.010 | | 1 | MA | 12 | | 0.003 | | |
| Riboflavin....mg | 0.020 | | 0 | MA | 12 | | 0.006 | | |
| Niacin....mg | 0.100 | | 0 | MA | 12 | | 0.031 | | |
| Pantothenic acid....mg | 0.056 | | 0 | FLM | 4 | | 0.017 | | |
| Vitamin B-6....mg | 0.050 | | 1 | MA | 12 | | 0.016 | | |
| Folate, total....µg | 1 | | 0 | FLM | 4 | | 0 | | |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Folate, food....µg | 1 | | 0 | FLA | 4 | | 0 | | |
| Folate, DFE....mcg_DFE | 1 | | 0 | NC | 4 | | 0 | | |
| Choline, total....mg | 2.2 | | 0 | FLA | 4 | | 0.7 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | FLM | 4 | | 0.00 | | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, beta....µg | 2 | | 0 | BNA | 4 | | 1 | | |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Vitamin A, IU....IU | 3 | | 0 | FLM | 4 | | 1 | | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 21 | | 0 | FLA | 4 | | 7 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.01 | | 0 | FLA | 4 | | 0.00 | | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone)....µg | 0.1 | | 0 | FLA | 4 | | 0.0 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03267**
**Babyfood, juice, fruit punch, with calcium**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.020 | | 0 | FLM | 4 | | 0.006 | | |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 12:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | FLM | 4 | | 0.000 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.016 | | 0 | FLM | 4 | | 0.005 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | FLM | 4 | | 0.001 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.004 | | 0 | FLM | 4 | | 0.001 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.004 | | 0 | FLM | 4 | | 0.001 | | |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.029 | | 0 | FLM | 4 | | 0.009 | | |
| 18:2 undifferentiated....g | 0.025 | | 0 | FLM | 4 | | 0.008 | | |
| 18:3 undifferentiated....g | 0.006 | | 0 | FLM | 4 | | 0.002 | | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | FLM | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLM | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03179**
**Babyfood, juice, mixed fruit**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.90 | | 14 | | 1 | | 27.42 | 111.63 | 109.88 |
| Energy....kcal | 47 | | 0 | NC | 4 | | 15 | 60 | 59 |
| Energy....kJ | 197 | | 0 | NC | 4 | | 61 | 250 | 246 |
| Protein (N x 6.25)....g | 0.10 | | 14 | | 1 | | 0.03 | 0.13 | 0.13 |
| Total lipid (fat)....g | 0.10 | | 14 | | 1 | | 0.03 | 0.13 | 0.13 |
| Ash....g | 0.20 | 0.000 | 18 | | 1 | | 0.06 | 0.25 | 0.25 |
| Carbohydrate, by difference....g | 11.70 | | 0 | NC | 4 | | 3.65 | 14.86 | 14.63 |
| Fiber, total dietary....g | 0.1 | | 0 | | 4 | | 0.0 | 0.1 | 0.1 |
| Sugars, total....g | 8.46 | | 0 | BFSN | 4 | | 2.64 | 10.74 | 10.58 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 8 | | 8 | | 1 | | 2 | 10 | 10 |
| Iron, Fe....mg | 0.34 | 0.050 | 24 | | 1 | | 0.11 | 0.43 | 0.43 |
| Magnesium, Mg....mg | 5 | | 2 | | 1 | | 2 | 6 | 6 |
| Phosphorus, P....mg | 5 | | 2 | | 1 | | 2 | 6 | 6 |
| Potassium, K....mg | 101 | 2.000 | 15 | | 1 | | 32 | 128 | 126 |
| Sodium, Na....mg | 8 | | 0 | LC | 8 | | 2 | 10 | 10 |
| Zinc, Zn....mg | 0.03 | | 2 | | 1 | | 0.01 | 0.04 | 0.04 |
| Copper, Cu....mg | 0.040 | | 0 | | 4 | | 0.012 | 0.051 | 0.050 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.5 | | 0 | BFZN | 4 | | 0.2 | 0.6 | 0.6 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 63.6 | | 12 | | 1 | | 19.8 | 80.8 | 79.5 |
| Thiamin....mg | 0.023 | | 12 | | 1 | | 0.007 | 0.029 | 0.029 |
| Riboflavin....mg | 0.014 | | 12 | | 1 | | 0.004 | 0.018 | 0.018 |
| Niacin....mg | 0.123 | | 13 | | 1 | | 0.038 | 0.156 | 0.154 |
| Pantothenic acid....mg | 0.115 | | 0 | | 4 | | 0.036 | 0.146 | 0.144 |
| Vitamin B-6....mg | 0.043 | 0.000 | 6 | | 1 | | 0.013 | 0.055 | 0.054 |
| Folate, total....µg | 7 | 0.500 | 9 | | 1 | | 2 | 9 | 8 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 7 | 0.500 | 9 | | 1 | | 2 | 9 | 8 |
| Folate, DFE....mcg_DFE | 7 | | 0 | NC | 4 | | 2 | 9 | 8 |
| Choline, total....mg | 3.5 | | 0 | FLA | 4 | | 1.1 | 4.5 | 4.4 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 1 | 3 | 3 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 19 | | 0 | BNA | 4 | | 6 | 24 | 24 |
| Carotene, alpha....µg | 11 | | 0 | BNA | 4 | | 3 | 14 | 14 |
| Cryptoxanthin, beta....µg | 1 | | 0 | BNA | 4 | | 0 | 1 | 1 |
| Vitamin A, IU....IU | 42 | | 7 | | 1 | | 13 | 53 | 53 |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 21 | | 0 | BFSN | 4 | | 7 | 27 | 26 |
| Vitamin E (alpha-tocopherol)....mg | 0.04 | | 0 | BFSN | 4 | | 0.01 | 0.05 | 0.05 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.9 | | 0 | BFSN | 4 | | 0.3 | 1.1 | 1.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03179**
**Babyfood, juice, mixed fruit**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.015 | | 0 | | 4 | | 0.005 | 0.019 | 0.019 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.013 | | 0 | | 4 | | 0.004 | 0.017 | 0.016 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | | 4 | | 0.001 | 0.003 | 0.003 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.006 | | 0 | | 4 | | 0.002 | 0.008 | 0.008 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.006 | | 0 | | 4 | | 0.002 | 0.008 | 0.008 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.039 | | 0 | | 4 | | 0.012 | 0.050 | 0.049 |
| 18:2 undifferentiated....g | 0.036 | | 0 | | 4 | | 0.011 | 0.046 | 0.045 |
| 18:3 undifferentiated....g | 0.003 | | 0 | | 4 | | 0.001 | 0.004 | 0.004 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle (4 fl oz)

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03172**
**Babyfood, juice, orange**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.50 | | 14 | | 1 | | 27.61 | 112.40 | 110.63 |
| Energy....kcal | 45 | | 0 | NC | 4 | | 14 | 57 | 56 |
| Energy....kJ | 186 | | 0 | NC | 4 | | 58 | 237 | 233 |
| Protein (N x 6.25)....g | 0.60 | 0.000 | 21 | | 1 | | 0.19 | 0.76 | 0.75 |
| Total lipid (fat)....g | 0.30 | 0.000 | 21 | | 1 | | 0.09 | 0.38 | 0.38 |
| Ash....g | 0.40 | 0.000 | 17 | | 1 | | 0.12 | 0.51 | 0.50 |
| Carbohydrate, by difference....g | 10.20 | | 0 | NC | 4 | | 3.18 | 12.95 | 12.75 |
| Fiber, total dietary....g | 0.1 | | 0 | | 4 | | 0.0 | 0.1 | 0.1 |
| Sugars, total....g | 8.26 | | 0 | BFSN | 4 | | 2.58 | 10.49 | 10.32 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 12 | | 19 | | 1 | | 4 | 15 | 15 |
| Iron, Fe....mg | 0.17 | 0.040 | 24 | | 1 | | 0.05 | 0.22 | 0.21 |
| Magnesium, Mg....mg | 9 | 0.000 | 5 | | 1 | | 3 | 11 | 11 |
| Phosphorus, P....mg | 11 | | 3 | | 1 | | 3 | 14 | 14 |
| Potassium, K....mg | 184 | | 16 | | 1 | | 57 | 234 | 230 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.06 | 0.011 | 5 | | 1 | | 0.02 | 0.07 | 0.07 |
| Copper, Cu....mg | 0.046 | | 0 | | 4 | | 0.014 | 0.058 | 0.058 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | 0.1 | 0.1 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 62.5 | | 7 | | 1 | | 19.5 | 79.4 | 78.1 |
| Thiamin....mg | 0.045 | 0.008 | 25 | | 1 | | 0.014 | 0.057 | 0.056 |
| Riboflavin....mg | 0.028 | 0.000 | 25 | | 1 | | 0.009 | 0.036 | 0.035 |
| Niacin....mg | 0.239 | 0.013 | 25 | | 1 | | 0.075 | 0.304 | 0.299 |
| Pantothenic acid....mg | 0.137 | | 0 | | 4 | | 0.043 | 0.174 | 0.171 |
| Vitamin B-6....mg | 0.054 | | 8 | | 1 | | 0.017 | 0.069 | 0.068 |
| Folate, total....µg | 26 | 0.500 | 9 | | 1 | | 8 | 34 | 33 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 26 | 0.500 | 9 | | 1 | | 8 | 34 | 33 |
| Folate, DFE....mcg_DFE | 26 | | 0 | NC | 4 | | 8 | 34 | 33 |
| Choline, total....mg | 6.2 | | 0 | FLA | 4 | | 1.9 | 7.8 | 7.7 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 3 | | 0 | NC | 4 | | 1 | 3 | 3 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 9 | | 0 | BNA | 4 | | 3 | 11 | 11 |
| Carotene, alpha....µg | 2 | | 0 | BNA | 4 | | 0 | 2 | 2 |
| Cryptoxanthin, beta....µg | 47 | | 0 | BNA | 4 | | 15 | 59 | 58 |
| Vitamin A, IU....IU | 55 | 7.000 | 18 | | 1 | | 17 | 70 | 69 |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 113 | | 0 | BFSN | 4 | | 35 | 144 | 141 |
| Vitamin E (alpha-tocopherol)....mg | 0.04 | | 0 | BFSN | 4 | | 0.01 | 0.05 | 0.05 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.1 | | 0 | BFSN | 4 | | 0.0 | 0.1 | 0.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03172**
**Babyfood, juice, orange**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.035 | | 0 | | 4 | | 0.011 | 0.044 | 0.044 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.035 | | 0 | | 4 | | 0.011 | 0.044 | 0.044 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.050 | | 0 | | 4 | | 0.016 | 0.064 | 0.063 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.005 | | 0 | | 4 | | 0.002 | 0.006 | 0.006 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.045 | | 0 | | 4 | | 0.014 | 0.057 | 0.056 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.060 | | 0 | | 4 | | 0.019 | 0.076 | 0.075 |
| 18:2 undifferentiated....g | 0.045 | | 0 | | 4 | | 0.014 | 0.057 | 0.056 |
| 18:3 undifferentiated....g | 0.015 | | 0 | | 4 | | 0.005 | 0.019 | 0.019 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03173**
**Babyfood, juice, orange and apple**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.90 | 0.800 | 3 | | 1 | | 27.74 | 112.90 | |
| Energy....kcal | 43 | | 0 | NC | 4 | | 13 | 55 | |
| Energy....kJ | 180 | | 0 | | 4 | | 56 | 228 | |
| Protein (N x 6.25)....g | 0.40 | | 11 | | 1 | | 0.12 | 0.51 | |
| Total lipid (fat)....g | 0.20 | | 7 | | 1 | | 0.06 | 0.25 | |
| Ash....g | 0.40 | | 1 | | 1 | | 0.12 | 0.51 | |
| Carbohydrate, by difference....g | 10.10 | | 0 | NC | 4 | | 3.15 | 12.83 | |
| Fiber, total dietary....g | | | | | | | | | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 10 | | 4 | | 1 | | 3 | 13 | |
| Iron, Fe....mg | 0.20 | | 6 | | 1 | | 0.06 | 0.25 | |
| Magnesium, Mg....mg | 5 | | 2 | | 1 | | 2 | 6 | |
| Phosphorus, P....mg | 7 | | 2 | | 1 | | 2 | 9 | |
| Potassium, K....mg | 138 | | 2 | | 1 | | 43 | 175 | |
| Sodium, Na....mg | 3 | | 6 | | 1 | | 1 | 4 | |
| Zinc, Zn....mg | 0.03 | | 2 | | 1 | | 0.01 | 0.03 | |
| Copper, Cu....mg | 0.040 | | 0 | | 4 | | 0.012 | 0.051 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | 0.1 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 76.9 | | 2 | | 1 | | 24.0 | 97.7 | |
| Thiamin....mg | 0.038 | | 6 | | 1 | | 0.012 | 0.048 | |
| Riboflavin....mg | 0.028 | | 10 | | 1 | | 0.009 | 0.036 | |
| Niacin....mg | 0.185 | | 6 | | 1 | | 0.058 | 0.235 | |
| Pantothenic acid....mg | 0.120 | | 0 | | 4 | | 0.037 | 0.152 | |
| Vitamin B-6....mg | 0.038 | | 6 | | 1 | | 0.012 | 0.048 | |
| Folate, total....µg | 12 | 0.400 | 3 | | 1 | | 4 | 15 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 12 | 0.400 | 3 | | 1 | | 4 | 15 | |
| Folate, DFE....mcg_DFE | 12 | | 0 | NC | 4 | | 4 | 15 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 4 | | 0 | NC | 4 | | 1 | 5 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 73 | 28.000 | 4 | | 1 | | 23 | 93 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03173**
**Babyfood, juice, orange and apple**

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03174**
**Babyfood, juice, orange and apple and banana**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.60 | | 1 | | 1 | | 27.33 | 111.25 | 109.50 |
| Energy....kcal | 47 | | 0 | NC | 4 | | 15 | 60 | 59 |
| Energy....kJ | 197 | | 0 | | 4 | | 61 | 250 | 246 |
| Protein (N x 6.25)....g | 0.40 | | 1 | | 1 | | 0.12 | 0.51 | 0.50 |
| Total lipid (fat)....g | 0.10 | | 1 | | 1 | | 0.03 | 0.13 | 0.13 |
| Ash....g | 0.40 | | 3 | | 1 | | 0.12 | 0.51 | 0.50 |
| Carbohydrate, by difference....g | 11.50 | | 0 | NC | 4 | | 3.59 | 14.61 | 14.38 |
| Fiber, total dietary....g | 0.1 | | 0 | | 4 | | 0.0 | 0.1 | 0.1 |
| Sugars, total....g | 10.03 | | 0 | FLA | 4 | | 3.13 | 12.74 | 12.54 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 5 | | 2 | | 1 | | 2 | 6 | 6 |
| Iron, Fe....mg | 0.35 | | 2 | | 1 | | 0.11 | 0.44 | 0.44 |
| Magnesium, Mg....mg | 6 | | 2 | | 1 | | 2 | 8 | 8 |
| Phosphorus, P....mg | 8 | | 3 | | 1 | | 2 | 10 | 10 |
| Potassium, K....mg | 134 | | 3 | | 1 | | 42 | 170 | 168 |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Zinc, Zn....mg | 0.03 | | 2 | | 1 | | 0.01 | 0.03 | 0.03 |
| Copper, Cu....mg | 0.044 | | 0 | | 4 | | 0.014 | 0.056 | 0.055 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | 0.1 | 0.1 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 32.1 | 8.300 | 6 | | 1 | | 10.0 | 40.8 | 40.1 |
| Thiamin....mg | 0.043 | 0.000 | 7 | | 1 | | 0.013 | 0.055 | 0.054 |
| Riboflavin....mg | 0.027 | | 6 | | 1 | | 0.008 | 0.034 | 0.034 |
| Niacin....mg | 0.263 | | 2 | | 1 | | 0.082 | 0.334 | 0.329 |
| Pantothenic acid....mg | 0.134 | | 0 | | 4 | | 0.042 | 0.170 | 0.168 |
| Vitamin B-6....mg | 0.062 | | 2 | | 1 | | 0.019 | 0.079 | 0.078 |
| Folate, total....µg | 10 | 2.100 | 6 | | 1 | | 3 | 12 | 12 |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 10 | 2.100 | 6 | | 1 | | 3 | 12 | 12 |
| Folate, DFE....mcg_DFE | 10 | | 0 | NC | 4 | | 3 | 12 | 12 |
| Choline, total....mg | 4.1 | | 0 | FLA | 4 | | 1.3 | 5.2 | 5.1 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 2 | 2 |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 5 | | 0 | BNA | 4 | | 1 | 6 | 6 |
| Carotene, alpha....µg | 1 | | 0 | BNA | 4 | | 0 | 1 | 1 |
| Cryptoxanthin, beta....µg | 22 | | 0 | BNA | 4 | | 7 | 28 | 28 |
| Vitamin A, IU....IU | 27 | | 1 | | 1 | | 8 | 34 | 34 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 59 | | 0 | FLA | 4 | | 18 | 75 | 74 |
| Vitamin E (alpha-tocopherol)....mg | 0.02 | | 0 | FLA | 4 | | 0.01 | 0.03 | 0.03 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.1 | | 0 | FLA | 4 | | 0.0 | 0.1 | 0.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03174**
**Babyfood, juice, orange and apple and banana**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.016 | | 0 | | 4 | | 0.005 | 0.020 | 0.020 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.014 | | 0 | | 4 | | 0.004 | 0.018 | 0.018 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.007 | | 0 | | 4 | | 0.002 | 0.009 | 0.009 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | 0.001 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.002 | 0.009 | 0.009 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.027 | | 0 | | 4 | | 0.008 | 0.034 | 0.034 |
| 18:2 undifferentiated....g | 0.022 | | 0 | | 4 | | 0.007 | 0.028 | 0.028 |
| 18:3 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | 0.005 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03175**
**Babyfood, juice, orange and apricot**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.80 | | 1 | | 1 | | 27.39 | 111.51 | |
| Energy....kcal | 46 | | 0 | NC | 4 | | 14 | 58 | |
| Energy....kJ | 192 | | 0 | | 4 | | 60 | 244 | |
| Protein (N x 6.25)....g | 0.80 | | 1 | | 1 | | 0.25 | 1.02 | |
| Total lipid (fat)....g | 0.10 | | 1 | | 1 | | 0.03 | 0.13 | |
| Ash....g | 0.40 | 0.000 | 4 | | 1 | | 0.12 | 0.51 | |
| Carbohydrate, by difference....g | 10.90 | | 0 | NC | 4 | | 3.40 | 13.84 | |
| Fiber, total dietary....g | 0.1 | | 0 | | 4 | | 0.0 | 0.1 | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 6 | | 1 | | 1 | | 2 | 8 | |
| Iron, Fe....mg | 0.38 | 0.180 | 6 | | 1 | | 0.12 | 0.48 | |
| Magnesium, Mg....mg | 7 | | 2 | | 1 | | 2 | 9 | |
| Phosphorus, P....mg | 12 | | 2 | | 1 | | 4 | 15 | |
| Potassium, K....mg | 199 | | 2 | | 1 | | 62 | 253 | |
| Sodium, Na....mg | 6 | | 1 | | 1 | | 2 | 8 | |
| Zinc, Zn....mg | 0.04 | | 2 | | 1 | | 0.01 | 0.04 | |
| Copper, Cu....mg | 0.084 | | 0 | | 4 | | 0.026 | 0.107 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | 0.1 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 85.9 | 5.900 | 4 | | 1 | | 26.8 | 109.1 | |
| Thiamin....mg | 0.058 | 0.000 | 4 | | 1 | | 0.018 | 0.074 | |
| Riboflavin....mg | 0.028 | 0.000 | 4 | | 1 | | 0.009 | 0.036 | |
| Niacin....mg | 0.267 | 0.023 | 4 | | 1 | | 0.083 | 0.339 | |
| Pantothenic acid....mg | 0.096 | | 0 | | 4 | | 0.030 | 0.122 | |
| Vitamin B-6....mg | 0.056 | 0.004 | 4 | | 1 | | 0.017 | 0.071 | |
| Folate, total....µg | 20 | 5.000 | 3 | | 1 | | 6 | 25 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 20 | 5.000 | 3 | | 1 | | 6 | 25 | |
| Folate, DFE....mcg_DFE | 20 | | 0 | NC | 4 | | 6 | 25 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 11 | | 0 | NC | 4 | | 3 | 14 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 216 | | 1 | | 1 | | 67 | 274 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | 0.60 | | 0 | O | 4 | | 0.19 | 0.76 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03175**
**Babyfood, juice, orange and apricot**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.011 | | 0 | | 4 | | 0.003 | 0.014 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.010 | | 0 | | 4 | | 0.003 | 0.013 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.022 | | 0 | | 4 | | 0.007 | 0.028 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.021 | | 0 | | 4 | | 0.007 | 0.027 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.020 | | 0 | | 4 | | 0.006 | 0.025 | |
| 18:2 undifferentiated....g | 0.016 | | 0 | | 4 | | 0.005 | 0.020 | |
| 18:3 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | | | | | | | | | |
| Theobromine....mg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03176**
**Babyfood, juice, orange and banana**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 86.90 | 0.000 | 13 | | 1 | | 27.11 | 110.36 | |
| Energy....kcal | 50 | | 0 | NC | 4 | | 16 | 64 | |
| Energy....kJ | 209 | | | | 4 | | 65 | 266 | |
| Protein (N x 6.25)....g | 0.70 | 0.000 | 13 | | 1 | | 0.22 | 0.89 | |
| Total lipid (fat)....g | 0.10 | | 13 | | 1 | | 0.03 | 0.13 | |
| Ash....g | 0.40 | 0.000 | 13 | | 1 | | 0.12 | 0.51 | |
| Carbohydrate, by difference....g | 11.90 | | 0 | NC | 4 | | 3.71 | 15.11 | |
| Fiber, total dietary....g | | | | | | | | | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 17 | 1.000 | 13 | | 1 | | 5 | 22 | |
| Iron, Fe....mg | 0.11 | 0.000 | 13 | | 1 | | 0.03 | 0.14 | |
| Magnesium, Mg....mg | 14 | | 0 | | 4 | | 4 | 18 | |
| Phosphorus, P....mg | 13 | | 0 | | 4 | | 4 | 17 | |
| Potassium, K....mg | 200 | 3.000 | 13 | | 1 | | 62 | 254 | |
| Sodium, Na....mg | 3 | 0.000 | 13 | | 1 | | 1 | 4 | |
| Zinc, Zn....mg | 0.09 | | 0 | | 4 | | 0.03 | 0.11 | |
| Copper, Cu....mg | 0.042 | | 0 | | 4 | | 0.013 | 0.053 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | 0.1 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 34.0 | | 1 | | 1 | | 10.6 | 43.2 | |
| Thiamin....mg | 0.051 | 0.000 | 13 | | 1 | | 0.016 | 0.065 | |
| Riboflavin....mg | 0.042 | 0.000 | 13 | | 1 | | 0.013 | 0.053 | |
| Niacin....mg | 0.180 | 0.011 | 13 | | 1 | | 0.056 | 0.229 | |
| Pantothenic acid....mg | 0.148 | | 0 | | 4 | | 0.046 | 0.188 | |
| Vitamin B-6....mg | 0.054 | | 0 | | 4 | | 0.017 | 0.069 | |
| Folate, total....µg | 24 | 1.900 | 3 | | 1 | | 8 | 31 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 24 | 1.900 | 3 | | 1 | | 8 | 31 | |
| Folate, DFE....mcg_DFE | 24 | | 0 | NC | 4 | | 8 | 31 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 1 | 3 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 46 | 3.000 | 13 | | 1 | | 14 | 58 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03176**
**Babyfood, juice, orange and banana**

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03177**
**Babyfood, juice, orange and pineapple**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.30 | | 14 | | 1 | | 27.24 | 110.87 | |
| Energy....kcal | 48 | | 0 | NC | 4 | | 15 | 61 | |
| Energy....kJ | 201 | | 0 | | 4 | | 63 | 255 | |
| Protein (N x 6.25)....g | 0.50 | | 14 | | 1 | | 0.16 | 0.64 | |
| Total lipid (fat)....g | 0.10 | | 14 | | 1 | | 0.03 | 0.13 | |
| Ash....g | 0.40 | 0.000 | 16 | | 1 | | 0.12 | 0.51 | |
| Carbohydrate, by difference....g | 11.70 | | 0 | NC | 4 | | 3.65 | 14.86 | |
| Fiber, total dietary....g | 0.1 | | 0 | | 4 | | 0.0 | 0.1 | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 8 | | 3 | | 1 | | 2 | 10 | |
| Iron, Fe....mg | 0.42 | | 21 | | 1 | | 0.13 | 0.53 | |
| Magnesium, Mg....mg | 9 | | 2 | | 1 | | 3 | 11 | |
| Phosphorus, P....mg | 9 | | 3 | | 1 | | 3 | 11 | |
| Potassium, K....mg | 141 | | 16 | | 1 | | 44 | 179 | |
| Sodium, Na....mg | 2 | | 16 | | 1 | | 1 | 3 | |
| Zinc, Zn....mg | 0.04 | | 2 | | 1 | | 0.01 | 0.05 | |
| Copper, Cu....mg | 0.044 | | 0 | | 4 | | 0.014 | 0.056 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | 0.1 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 53.4 | | 7 | | 1 | | 16.7 | 67.8 | |
| Thiamin....mg | 0.050 | | 8 | | 1 | | 0.016 | 0.064 | |
| Riboflavin....mg | 0.023 | | 5 | | 1 | | 0.007 | 0.029 | |
| Niacin....mg | 0.194 | | 5 | | 1 | | 0.061 | 0.246 | |
| Pantothenic acid....mg | 0.059 | | 0 | | 4 | | 0.018 | 0.075 | |
| Vitamin B-6....mg | 0.062 | | 4 | | 1 | | 0.019 | 0.079 | |
| Folate, total....µg | 19 | 1.200 | 3 | | 1 | | 6 | 24 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 19 | 1.200 | 3 | | 1 | | 6 | 24 | |
| Folate, DFE....mcg_DFE | 19 | | 0 | NC | 4 | | 6 | 24 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 0 | 2 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 31 | | 2 | | 1 | | 10 | 39 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | 0.60 | | 0 | NR | 4 | | 0.19 | 0.76 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03177**
**Babyfood, juice, orange and pineapple**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.010 | | 0 | | 4 | | 0.003 | 0.013 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.009 | | 0 | | 4 | | 0.003 | 0.011 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.014 | | 0 | | 4 | | 0.004 | 0.018 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.013 | | 0 | | 4 | | 0.004 | 0.017 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.024 | | 0 | | 4 | | 0.007 | 0.030 | |
| 18:2 undifferentiated....g | 0.017 | | 0 | | 4 | | 0.005 | 0.022 | |
| 18:3 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.002 | 0.010 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | | | | | | | | | |
| Theobromine....mg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 42267**
**Babyfood, juice, orange-carrot**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 89.10 | | 0 | | 5 | | 27.44 | | 219.19 |
| Energy | kcal | 43 | | 0 | | 9 | | 13 | | 106 |
| Energy | kJ | 180 | | 0 | | 9 | | 55 | | 443 |
| Protein | g | 0.50 | | 0 | | 5 | | 0.15 | | 1.23 |
| Total lipid (fat) | g | 0.10 | | 0 | | 5 | | 0.03 | | 0.25 |
| Ash | g | 0.25 | | 0 | MA | 12 | | 0.08 | | 0.62 |
| Carbohydrate, by difference | g | 9.90 | | 0 | | 9 | | 3.05 | | 24.35 |
| Fiber, total dietary | g | 0.4 | | 0 | | 4 | | 0.1 | | 1.0 |
| Sugars, total | g | 8.40 | | 0 | MA | 12 | | 2.59 | | 20.66 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 16 | | 0 | | 5 | | 5 | | 39 |
| Iron, Fe | mg | 0.20 | | 0 | | 5 | | 0.06 | | 0.49 |
| Magnesium, Mg | mg | 10 | | 0 | | 4 | | 3 | | 25 |
| Phosphorus, P | mg | 19 | | 0 | | 5 | | 6 | | 47 |
| Potassium, K | mg | 174 | | 0 | | 5 | | 54 | | 428 |
| Sodium, Na | mg | 10 | | 0 | | 5 | | 3 | | 25 |
| Zinc, Zn | mg | 0.07 | | 0 | | 4 | | 0.02 | | 0.17 |
| Copper, Cu | mg | 0.044 | | 0 | | 4 | | 0.014 | | 0.108 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | | 0.2 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 34.1 | | 0 | | 5 | | 10.5 | | 83.9 |
| Thiamin | mg | 0.060 | | 0 | | 5 | | 0.018 | | 0.148 |
| Riboflavin | mg | 0.050 | | 0 | | 5 | | 0.015 | | 0.123 |
| Niacin | mg | 0.210 | | 0 | | 5 | | 0.065 | | 0.517 |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.050 | | 0 | | 5 | | 0.015 | | 0.123 |
| Folate, total | µg | 39 | | 0 | | 4 | | 12 | | 96 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | 0 |
| Folate, food | µg | 39 | | 0 | | 4 | | 12 | | 96 |
| Folate, DFE | mcg_DFE | 39 | | 0 | NC | 4 | | 12 | | 96 |
| Choline, total | mg | 6.5 | | 0 | FLM | 4 | | 2.0 | | 16.0 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 7 | | 0.00 | | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | 0.00 |
| Vitamin A, RAE | mcg_RAE | 94 | | 0 | NC | 4 | | 29 | | 231 |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | | 0 |
| Carotene, beta | µg | 863 | | 0 | FLA | 4 | | 266 | | 2123 |
| Carotene, alpha | µg | 395 | | 0 | FLA | 4 | | 122 | | 972 |
| Cryptoxanthin, beta | µg | 135 | | 0 | FLA | 4 | | 41 | | 331 |
| Vitamin A, IU | IU | 1880 | | 0 | | 4 | | 579 | | 4625 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | | 0 |
| Lutein + zeaxanthin | µg | 135 | | 0 | FLA | 4 | | 41 | | 331 |
| Vitamin E (alpha-tocopherol) | mg | 0.29 | | 0 | FLA | 4 | | 0.09 | | 0.71 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | | 0 |
| Vitamin K (phylloquinone) | µg | 1.5 | | 0 | FLA | 4 | | 0.5 | | 3.7 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 42267**
**Babyfood, juice, orange-carrot**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 0.010 | | 0 | | 4 | | 0.003 | | 0.025 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | | 0.002 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | | 0.002 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.011 | | 0 | | 4 | | 0.003 | | 0.027 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.005 | | 0 | | 4 | | 0.002 | | 0.012 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.010 | | 0 | | 4 | | 0.003 | | 0.025 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | | 0.002 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.010 | | 0 | | 4 | | 0.003 | | 0.025 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.030 | | 0 | | 4 | | 0.009 | | 0.074 |
| 18:2 undifferentiated....g | 0.025 | | 0 | | 4 | | 0.008 | | 0.062 |
| 18:3 undifferentiated....g | 0.010 | | 0 | | 4 | | 0.003 | | 0.025 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLA | 4 | | 0.0 | | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.8g: 1 fl oz

Measure 3 = 246g: 1 bottle NFS

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43408**
**Babyfood, juice, pear**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.90 | | 0 | | 1 | | 27.42 | 115.15 | 109.88 |
| Energy....kcal | 47 | | 0 | NC | 4 | | 15 | 62 | 59 |
| Energy....kJ | 198 | | 0 | NC | 4 | | 62 | 260 | 248 |
| Protein....g | 0.00 | | 0 | | 1 | | 0.00 | 0.00 | 0.00 |
| Total lipid (fat)....g | 0.00 | | 0 | | 1 | | 0.00 | 0.00 | 0.00 |
| Ash....g | 0.24 | | 0 | BFSN | 4 | | 0.08 | 0.32 | 0.30 |
| Carbohydrate, by difference....g | 11.86 | | 0 | NC | 4 | | 3.70 | 15.53 | 14.82 |
| Fiber, total dietary....g | 0.1 | | 0 | | 4 | | 0.0 | 0.1 | 0.1 |
| Sugars, total....g | 7.28 | | 0 | BFSN | 4 | | 2.27 | 9.54 | 9.10 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 12 | | 0 | | 1 | | 4 | 16 | 15 |
| Iron, Fe....mg | 0.00 | | 0 | | 1 | | 0.00 | 0.00 | 0.00 |
| Magnesium, Mg....mg | 8 | | 0 | | 4 | | 2 | 10 | 10 |
| Phosphorus, P....mg | 12 | | 0 | | 4 | | 4 | 16 | 15 |
| Potassium, K....mg | 130 | | 0 | | 1 | | 41 | 170 | 163 |
| Sodium, Na....mg | 8 | | 0 | NR | 4 | | 2 | 10 | 10 |
| Zinc, Zn....mg | 0.08 | | 0 | | 4 | | 0.02 | 0.10 | 0.10 |
| Copper, Cu....mg | 0.065 | | 0 | | 4 | | 0.020 | 0.085 | 0.081 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.4 | | 0 | BFZN | 4 | | 0.1 | 0.5 | 0.5 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 33.8 | | 0 | | 1 | | 10.5 | 44.3 | 42.3 |
| Thiamin....mg | 0.010 | | 0 | | 1 | | 0.003 | 0.013 | 0.013 |
| Riboflavin....mg | 0.030 | | 0 | | 1 | | 0.009 | 0.039 | 0.038 |
| Niacin....mg | 0.300 | | 0 | | 1 | | 0.094 | 0.393 | 0.375 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.010 | | 0 | | 4 | | 0.003 | 0.013 | 0.013 |
| Folate, total....µg | 4 | | 0 | | 4 | | 1 | 5 | 5 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 4 | | 0 | | 4 | | 1 | 5 | 5 |
| Folate, DFE....mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 5 | 5 |
| Choline, total....mg | 2.6 | | 0 | FLA | 4 | | 0.8 | 3.5 | 3.3 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | AS | 1 | | 0 | 0 | 0 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 0 | | 0 | | 1 | | 0 | 0 | 0 |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol)....mg | 0.09 | | 0 | BFSN | 4 | | 0.03 | 0.12 | 0.11 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 3.4 | | 0 | BFSN | 4 | | 1.1 | 4.4 | 4.2 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 43408**
**Babyfood, juice, pear**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 131g: 1 bottle Earth's Best (4.2 fl oz)

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03178**
**Babyfood, juice, prune and orange**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.90 | 0.300 | 18 | | 1 | | 25.55 | 104.01 | |
| Energy....kcal | 70 | | 0 | NC | 4 | | 22 | 89 | |
| Energy....kJ | 293 | | | | 4 | | 91 | 372 | |
| Protein (N x 6.25)....g | 0.60 | 0.000 | 19 | | 1 | | 0.19 | 0.76 | |
| Total lipid (fat)....g | 0.30 | 0.100 | 18 | | 1 | | 0.09 | 0.38 | |
| Ash....g | 0.40 | 0.000 | 18 | | 1 | | 0.12 | 0.51 | |
| Carbohydrate, by difference....g | 16.80 | | 0 | NC | 4 | | 5.24 | 21.34 | |
| Fiber, total dietary....g | | | | | | | | | |
| Sugars, total....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 12 | | 14 | | 1 | | 4 | 15 | |
| Iron, Fe....mg | 0.87 | 0.330 | 20 | | 1 | | 0.27 | 1.10 | |
| Magnesium, Mg....mg | 8 | | 2 | | 1 | | 2 | 10 | |
| Phosphorus, P....mg | 10 | | 2 | | 1 | | 3 | 13 | |
| Potassium, K....mg | 181 | 1.000 | 15 | | 1 | | 56 | 230 | |
| Sodium, Na....mg | 2 | 0.000 | 15 | | 1 | | 1 | 3 | |
| Zinc, Zn....mg | 0.04 | | 2 | | 1 | | 0.01 | 0.05 | |
| Copper, Cu....mg | 0.046 | | 0 | | 4 | | 0.014 | 0.058 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.1 | | 0 | BFZN | 4 | | 0.0 | 0.1 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 63.8 | 5.600 | 5 | | 1 | | 19.9 | 81.0 | |
| Thiamin....mg | 0.044 | 0.000 | 18 | | 1 | | 0.014 | 0.056 | |
| Riboflavin....mg | 0.120 | 0.005 | 18 | | 1 | | 0.037 | 0.152 | |
| Niacin....mg | 0.396 | 0.036 | 18 | | 1 | | 0.124 | 0.503 | |
| Pantothenic acid....mg | 0.137 | | 0 | | 4 | | 0.043 | 0.174 | |
| Vitamin B-6....mg | 0.061 | 0.000 | 6 | | 1 | | 0.019 | 0.077 | |
| Folate, total....µg | 13 | 0.300 | 3 | | 1 | | 4 | 17 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 13 | 0.300 | 3 | | 1 | | 4 | 17 | |
| Folate, DFE....mcg_DFE | 13 | | 0 | NC | 4 | | 4 | 17 | |
| Choline, total....mg | | | | | | | | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 7 | | 0 | NC | 4 | | 2 | 8 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | | | | | | | | | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 131 | | 14 | | 1 | | 41 | 166 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | | | | | | | | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | | | | | | | | | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**NDB No. 03178**
**Babyfood, juice, prune and orange**

**Common Measures:**

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

**Calories Factors: Protein** 3.36 **Fat** 8.37 **Carbohydrate** 3.92

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03048**
**Babyfood, macaroni and cheese, toddler**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.70 | | 0 | | 12 | | 92.32 | | |
| Energy....kcal | 82 | | 0 | NC | 4 | | 93 | | |
| Energy....kJ | 344 | | 0 | NC | 4 | | 389 | | |
| Protein....g | 3.50 | | 0 | | 12 | | 3.96 | | |
| Total lipid (fat)....g | 2.60 | | 0 | | 12 | | 2.94 | | |
| Ash....g | 1.00 | | 0 | NR | 4 | | 1.13 | | |
| Carbohydrate, by difference....g | 11.20 | | 0 | | 4 | | 12.66 | | |
| Fiber, total dietary....g | 0.5 | | 0 | | 4 | | 0.6 | | |
| Sugars, total....g | 0.79 | | 0 | O | 4 | | 0.89 | | |
| Sucrose....g | | | | | | | | | |
| Glucose (dextrose)....g | 0.02 | | 0 | FLA | 4 | | 0.02 | | |
| Fructose....g | 0.01 | | 0 | FLA | 4 | | 0.02 | | |
| Lactose....g | 0.02 | | 0 | FLA | 4 | | 0.02 | | |
| Maltose....g | 0.27 | | 0 | FLA | 4 | | 0.30 | | |
| Galactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Starch....g | 8.10 | | 0 | FLA | 4 | | 9.16 | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 102 | | 0 | | 12 | | 115 | | |
| Iron, Fe....mg | 0.60 | | 0 | | 12 | | 0.68 | | |
| Magnesium, Mg....mg | 9 | | 0 | | 4 | | 10 | | |
| Phosphorus, P....mg | 81 | | 0 | | 4 | | 92 | | |
| Potassium, K....mg | 18 | | 0 | | 4 | | 20 | | |
| Sodium, Na....mg | 112 | | 0 | LC | 8 | | 126 | | |
| Zinc, Zn....mg | 0.43 | | 0 | | 4 | | 0.49 | | |
| Copper, Cu....mg | 0.041 | | 0 | | 4 | | 0.046 | | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 6.6 | | 0 | FLM | 4 | | 7.5 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.0 | | 0 | | 12 | | 0.0 | | |
| Thiamin....mg | 0.040 | | 0 | | 12 | | 0.045 | | |
| Riboflavin....mg | 0.090 | | 0 | | 12 | | 0.102 | | |
| Niacin....mg | 0.790 | | 0 | | 12 | | 0.893 | | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.050 | | 0 | | 12 | | 0.057 | | |
| Folate, total....µg | 25 | | 0 | FLM | 4 | | 28 | | |
| Folic acid....µg | 22 | | 0 | O | 4 | | 24 | | |
| Folate, food....µg | 3 | | 0 | FLA | 4 | | 4 | | |
| Folate, DFE....mcg_DFE | 40 | | 0 | NC | 4 | | 45 | | |
| Choline, total....mg | 3.2 | | 0 | FLA | 4 | | 3.6 | | |
| Betaine....mg | 18.5 | | 0 | FLA | 4 | | 20.9 | | |
| Vitamin B-12....µg | 0.06 | | 0 | | 4 | | 0.07 | | |
| Vitamin B-12, added....µg | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Vitamin A, RAE....mcg_RAE | 19 | | 0 | NC | 4 | | 22 | | |
| Retinol....µg | 19 | | 0 | FLA | 4 | | 21 | | |
| Carotene, beta....µg | 6 | | 0 | FLA | 4 | | 7 | | |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin A, IU....IU | 73 | | 0 | NC | 4 | | 82 | | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 2 | | 0 | FLA | 4 | | 3 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.03 | | 0 | FLA | 4 | | 0.04 | | |
| Vitamin E, added....mg | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | AS | 1 | | 0.0 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03048**
**Babyfood, macaroni and cheese, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Vitamin D....IU | 2 | | 0 | FLA | 4 | | 2 | | |
| Vitamin K (phylloquinone)....µg | 0.2 | | 0 | FLA | 4 | | 0.2 | | |
| Dihydrophylloquinone....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.530 | | 0 | | 4 | | 1.729 | | |
| 4:0....g | 0.074 | | 0 | | 4 | | 0.084 | | |
| 6:0....g | 0.038 | | 0 | | 4 | | 0.043 | | |
| 8:0....g | 0.020 | | 0 | | 4 | | 0.023 | | |
| 10:0....g | 0.043 | | 0 | | 4 | | 0.049 | | |
| 12:0....g | 0.038 | | 0 | | 4 | | 0.043 | | |
| 13:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 14:0....g | 0.237 | | 0 | | 4 | | 0.268 | | |
| 15:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 16:0....g | 0.727 | | 0 | | 4 | | 0.822 | | |
| 17:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 18:0....g | 0.289 | | 0 | | 4 | | 0.327 | | |
| 20:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 22:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 24:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| Fatty acids, total monounsaturated....g | 0.700 | | 0 | | 4 | | 0.791 | | |
| 14:1....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 15:1....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 16:1 undifferentiated....g | 0.071 | | 0 | | 4 | | 0.080 | | |
| 17:1....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 18:1 undifferentiated....g | 0.591 | | 0 | | 4 | | 0.668 | | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 24:1 c....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| Fatty acids, total polyunsaturated....g | 0.170 | | 0 | | 4 | | 0.192 | | |
| 18:2 undifferentiated....g | 0.131 | | 0 | | 4 | | 0.148 | | |
| 18:3 undifferentiated....g | 0.035 | | 0 | | 4 | | 0.040 | | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 20:3 undifferentiated....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| Fatty acids, total trans....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| Cholesterol....mg | 7 | | 0 | | 4 | | 8 | | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | | | | | | | | | |
| Threonine....g | | | | | | | | | |
| Isoleucine....g | | | | | | | | | |
| Leucine....g | | | | | | | | | |
| Lysine....g | | | | | | | | | |
| Methionine....g | | | | | | | | | |
| Cystine....g | | | | | | | | | |
| Phenylalanine....g | | | | | | | | | |
| Tyrosine....g | | | | | | | | | |
| Valine....g | | | | | | | | | |
| Arginine....g | | | | | | | | | |
| Histidine....g | | | | | | | | | |
| Alanine....g | | | | | | | | | |
| Aspartic acid....g | | | | | | | | | |
| Glutamic acid....g | | | | | | | | | |
| Glycine....g | | | | | | | | | |
| Proline....g | | | | | | | | | |
| Serine....g | | | | | | | | | |
| Hydroxyproline....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |

**NDB No. 03048**
**Babyfood, macaroni and cheese, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | | 4 | | 0.0 | | |
| Caffeine.....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine.....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 113g: 1 container

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03959**
**Babyfood, mashed cheddar potatoes and broccoli, toddlers**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.78 | | 0 | FLA | 4 | | 150.93 | | |
| Energy | kcal | 48 | | 0 | NC | 4 | | 82 | | |
| Energy | kJ | 202 | | 0 | NC | 4 | | 344 | | |
| Protein | g | 1.13 | | 0 | FLA | 4 | | 1.92 | | |
| Total lipid (fat) | g | 1.47 | | 1 | FLA | 4 | | 2.50 | | |
| Ash | g | 0.98 | | 0 | FLA | 4 | | 1.66 | | |
| Carbohydrate, by difference | g | 7.64 | | 0 | NC | 4 | | 12.98 | | |
| Fiber, total dietary | g | 0.9 | | 0 | FLA | 4 | | 1.6 | | |
| Sugars, total | g | 1.18 | | 1 | FLA | 4 | | 2.00 | | |
| Starch | g | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 38 | | 1 | FLA | 4 | | 64 | | |
| Iron, Fe | mg | 0.24 | | 1 | FLA | 4 | | 0.40 | | |
| Magnesium, Mg | mg | 8 | | 0 | FLA | 4 | | 14 | | |
| Phosphorus, P | mg | 20 | | 0 | FLA | 4 | | 33 | | |
| Potassium, K | mg | 118 | | 1 | FLA | 4 | | 200 | | |
| Sodium, Na | mg | 176 | | 1 | FLA | 4 | | 300 | | |
| Zinc, Zn | mg | 0.15 | | 0 | FLA | 4 | | 0.26 | | |
| Copper, Cu | mg | 0.110 | | 0 | FLA | 4 | | 0.188 | | |
| Manganese, Mn | mg | 0.163 | | 0 | FLA | 4 | | 0.277 | | |
| Selenium, Se | µg | 0.5 | | 0 | FLA | 4 | | 0.9 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.4 | | 1 | FLA | 4 | | 2.4 | | |
| Thiamin | mg | 0.010 | | 0 | FLA | 4 | | 0.016 | | |
| Riboflavin | mg | 0.022 | | 0 | FLA | 4 | | 0.037 | | |
| Niacin | mg | 0.288 | | 0 | FLA | 4 | | 0.489 | | |
| Pantothenic acid | mg | 0.124 | | 0 | FLA | 4 | | 0.212 | | |
| Vitamin B-6 | mg | 0.068 | | 0 | FLA | 4 | | 0.115 | | |
| Folate, total | µg | 7 | | 0 | FLA | 4 | | 11 | | |
| Folic acid | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Folate, food | µg | 7 | | 0 | FLA | 4 | | 11 | | |
| Folate, DFE | mcg_DFE | 7 | | 0 | NC | 4 | | 11 | | |
| Choline, total | mg | 3.7 | | 0 | FLA | 4 | | 6.3 | | |
| Betaine | mg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Vitamin B-12 | µg | 0.01 | | 0 | FLA | 4 | | 0.01 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 10 | | 0 | NC | 4 | | 16 | | |
| Retinol | µg | 7 | | 0 | FLA | 4 | | 12 | | |
| Carotene, beta | µg | 30 | | 0 | FLA | 4 | | 52 | | |
| Carotene, alpha | µg | 2 | | 0 | FLA | 4 | | 3 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin A, IU | IU | 76 | | 0 | NC | 4 | | 129 | | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 111 | | 0 | FLA | 4 | | 189 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.13 | | 0 | FLA | 4 | | 0.22 | | |
| Vitamin E, added | mg | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Tocopherol, beta | mg | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Tocopherol, gamma | mg | 0.01 | | 0 | FLA | 4 | | 0.02 | | |
| Tocopherol, delta | mg | 0.00 | | 0 | FLA | 4 | | 0.00 | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 9.5 | | 0 | FLA | 4 | | 16.2 | | |
| Dihydrophylloquinone | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03959**

**Babyfood, mashed cheddar potatoes and broccoli, toddlers**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.632 | | 0 | FLA | 4 | | 1.075 | | |
| 4:0....g | 0.032 | | 0 | FLA | 4 | | 0.054 | | |
| 6:0....g | 0.019 | | 0 | FLA | 4 | | 0.032 | | |
| 8:0....g | 0.011 | | 0 | FLA | 4 | | 0.018 | | |
| 10:0....g | 0.023 | | 0 | FLA | 4 | | 0.039 | | |
| 12:0....g | 0.023 | | 0 | FLA | 4 | | 0.040 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.083 | | 0 | FLA | 4 | | 0.141 | | |
| 15:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 16:0....g | 0.313 | | 0 | FLA | 4 | | 0.532 | | |
| 17:0....g | 0.004 | | 0 | FLA | 4 | | 0.006 | | |
| 18:0....g | 0.123 | | 0 | FLA | 4 | | 0.210 | | |
| 20:0....g | 0.001 | | 0 | FLA | 4 | | 0.002 | | |
| 22:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.290 | | 0 | FLA | 4 | | 0.493 | | |
| 14:1....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 15:1....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 16:1 undifferentiated....g | 0.019 | | 0 | FLA | 4 | | 0.032 | | |
| 17:1....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 18:1 undifferentiated....g | 0.271 | | 0 | FLA | 4 | | 0.460 | | |
| 20:1....g | 0.001 | | 0 | FLA | 4 | | 0.001 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.291 | | 0 | FLA | 4 | | 0.494 | | |
| 18:2 undifferentiated....g | 0.253 | | 0 | FLA | 4 | | 0.430 | | |
| 18:3 undifferentiated....g | 0.038 | | 0 | FLA | 4 | | 0.064 | | |
| 18:4....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 20:3 undifferentiated....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 3 | | 1 | FLA | 4 | | 5 | | |
| Phytosterols....mg | | | | | | | | | |
| Stigmasterol....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Campesterol....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Beta-sitosterol....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 170g: 1 container

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43417**
**Babyfood, meat, beef with vegetables, toddler**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 85.23 | | 0 | FLA | 4 | | 152.56 | | |
| Energy | kcal | 68 | | 0 | NC | 4 | | 121 | | |
| Energy | kJ | 284 | | 0 | NC | 4 | | 507 | | |
| Protein | g | 3.50 | | 0 | | 1 | | 6.27 | | |
| Total lipid (fat) | g | 2.10 | | 0 | | 1 | | 3.76 | | |
| Ash | g | 0.46 | | 0 | FLA | 4 | | 0.82 | | |
| Carbohydrate, by difference | g | 8.72 | | 0 | NC | 4 | | 15.60 | | |
| Fiber, total dietary | g | 0.5 | | 0 | | 1 | | 0.9 | | |
| Sugars, total | g | 1.18 | | 0 | FLA | 4 | | 2.12 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 11 | | 0 | | 1 | | 20 | | |
| Iron, Fe | mg | 0.50 | | 0 | | 1 | | 0.90 | | |
| Magnesium, Mg | mg | 11 | | 0 | | 4 | | 20 | | |
| Phosphorus, P | mg | 37 | | 0 | | 1 | | 66 | | |
| Potassium, K | mg | 168 | | 0 | | 1 | | 301 | | |
| Sodium, Na | mg | 26 | | 0 | LC | 8 | | 47 | | |
| Zinc, Zn | mg | 0.87 | | 0 | | 4 | | 1.56 | | |
| Copper, Cu | mg | 0.080 | | 0 | | 4 | | 0.143 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 2.2 | | 0 | BFZN | 4 | | 3.9 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 2.5 | | 0 | | 1 | | 4.5 | | |
| Thiamin | mg | 0.020 | | 0 | | 1 | | 0.036 | | |
| Riboflavin | mg | 0.040 | | 0 | | 1 | | 0.072 | | |
| Niacin | mg | 0.710 | | 0 | | 1 | | 1.271 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.070 | | 0 | | 1 | | 0.125 | | |
| Folate, total | µg | 6 | | 0 | | 4 | | 11 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 6 | | 0 | | 4 | | 11 | | |
| Folate, DFE | mcg_DFE | 6 | | 0 | NC | 4 | | 11 | | |
| Choline, total | mg | 15.1 | | 0 | FLA | 4 | | 27.1 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.51 | | 0 | | 4 | | 0.91 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 57 | | 0 | NC | 4 | | 102 | | |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Carotene, beta | µg | 569 | | 0 | FLA | 4 | | 1018 | | |
| Carotene, alpha | µg | 231 | | 0 | FLA | 4 | | 413 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin A, IU | IU | 1140 | | 0 | NC | 4 | | 2041 | | |
| Lycopene | µg | 1706 | | 0 | FLA | 4 | | 3054 | | |
| Lutein + zeaxanthin | µg | 171 | | 0 | FLA | 4 | | 307 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.37 | | 0 | FLA | 4 | | 0.67 | | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Vitamin D | IU | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 3.2 | | 0 | FLA | 4 | | 5.7 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 43417**
**Babyfood, meat, beef with vegetables, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.847 | | 0 | | 4 | | 1.516 | | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 10:0....g | 0.006 | | 0 | | 4 | | 0.011 | | |
| 12:0....g | 0.006 | | 0 | | 4 | | 0.011 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.063 | | 0 | | 4 | | 0.113 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.505 | | 0 | | 4 | | 0.904 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.231 | | 0 | | 4 | | 0.413 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.920 | | 0 | | 4 | | 1.647 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.086 | | 0 | | 4 | | 0.154 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.791 | | 0 | | 4 | | 1.416 | | |
| 20:1....g | 0.004 | | 0 | | 4 | | 0.007 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.108 | | 0 | | 4 | | 0.193 | | |
| 18:2 undifferentiated....g | 0.077 | | 0 | | 4 | | 0.138 | | |
| 18:3 undifferentiated....g | 0.026 | | 0 | | 4 | | 0.047 | | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.003 | | 0 | | 4 | | 0.005 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 12 | | 0 | | 4 | | 21 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 179g: 1 jar NFS

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03003**
**Babyfood, meat, beef, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 82.44 | 1.255 | 55 | JA | 6 | | 23.37 | 12.12 | 58.53 |
| Energy....kcal | 81 | | 0 | NC | 4 | | 23 | 12 | 57 |
| Energy....kJ | 337 | | 0 | NC | 4 | | 96 | 50 | 239 |
| Protein (N x 6.25)....g | 12.03 | | 2 | A | 1 | | 3.41 | 1.77 | 8.54 |
| Total lipid (fat)....g | 2.52 | | 2 | A | 1 | | 0.72 | 0.37 | 1.79 |
| Ash....g | 0.57 | | 2 | A | 1 | | 0.16 | 0.08 | 0.41 |
| Carbohydrate, by difference....g | 2.43 | | 0 | NC | 4 | | 0.69 | 0.36 | 1.72 |
| Fiber, total dietary....g | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | 0.0 |
| Sugars, total....g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 5 | | 2 | A | 1 | | 1 | 1 | 3 |
| Iron, Fe....mg | 0.98 | | 2 | A | 1 | | 0.28 | 0.14 | 0.69 |
| Magnesium, Mg....mg | 11 | | 2 | A | 1 | | 3 | 2 | 7 |
| Phosphorus, P....mg | 93 | 8.505 | 4 | JA | 6 | | 26 | 14 | 66 |
| Potassium, K....mg | 187 | 17.638 | 17 | JA | 6 | | 53 | 27 | 133 |
| Sodium, Na....mg | 41 | | 0 | LC | 8 | | 12 | 6 | 29 |
| Zinc, Zn....mg | 2.22 | 0.165 | 23 | JA | 6 | | 0.63 | 0.33 | 1.57 |
| Copper, Cu....mg | 0.148 | | 2 | A | 1 | | 0.042 | 0.022 | 0.105 |
| Manganese, Mn....mg | 0.037 | | 2 | A | 1 | | 0.010 | 0.005 | 0.026 |
| Selenium, Se....µg | 2.9 | | 2 | A | 1 | | 0.8 | 0.4 | 2.0 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 2.1 | 0.100 | 24 | | 1 | | 0.6 | 0.3 | 1.5 |
| Thiamin....mg | 0.013 | 0.003 | 25 | JA | 6 | | 0.004 | 0.002 | 0.009 |
| Riboflavin....mg | 0.135 | 0.008 | 26 | JA | 6 | | 0.038 | 0.020 | 0.095 |
| Niacin....mg | 2.495 | 0.355 | 26 | JA | 6 | | 0.707 | 0.367 | 1.771 |
| Pantothenic acid....mg | 0.083 | | 1 | A | 1 | | 0.023 | 0.012 | 0.059 |
| Vitamin B-6....mg | 0.039 | | 1 | A | 1 | | 0.011 | 0.006 | 0.028 |
| Folate, total....µg | 8 | | 2 | A | 1 | | 2 | 1 | 6 |
| Folic acid....µg | 0 | | 2 | A | 1 | | 0 | 0 | 0 |
| Folate, food....µg | 8 | | 0 | AS | 1 | | 2 | 1 | 6 |
| Folate, DFE....mcg_DFE | 8 | | 0 | NC | 4 | | 2 | 1 | 6 |
| Choline, total....mg | 37.6 | 1.075 | 11 | AS | 1 | | 10.7 | 5.5 | 26.7 |
| Betaine....mg | 3.1 | 0.134 | 11 | A | 1 | | 0.9 | 0.5 | 2.2 |
| Vitamin B-12....µg | 1.26 | 0.160 | 3 | JA | 6 | | 0.36 | 0.19 | 0.89 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Retinol....µg | 0 | | 0 | T | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol)....mg | 0.37 | | 2 | A | 1 | | 0.10 | 0.05 | 0.26 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, delta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3)....µg | 0.4 | | 1 | A | 1 | | 0.1 | 0.1 | 0.3 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 15 | | 1 | A | 1 | | 4 | 2 | 10 |
| Vitamin K (phylloquinone)....µg | 0.6 | | 2 | A | 1 | | 0.2 | 0.1 | 0.4 |
| Dihydrophylloquinone....µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4....µg | 1.0 | | 2 | A | 1 | | 0.3 | 0.2 | 0.7 |

**Lipids:**

**NDB No. 03003**
**Babyfood, meat, beef, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.180 | | 0 | NC | 4 | | 0.334 | 0.173 | 0.838 |
| 4:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.060 | | 1 | A | 1 | | 0.017 | 0.009 | 0.043 |
| 15:0....g | 0.010 | | 1 | A | 1 | | 0.003 | 0.001 | 0.007 |
| 16:0....g | 0.530 | | 1 | A | 1 | | 0.150 | 0.078 | 0.376 |
| 17:0....g | 0.040 | | 1 | A | 1 | | 0.011 | 0.006 | 0.028 |
| 18:0....g | 0.540 | | 1 | A | 1 | | 0.153 | 0.079 | 0.383 |
| 20:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated....g | 0.950 | | 0 | NC | 4 | | 0.269 | 0.140 | 0.674 |
| 14:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:1 undifferentiated....g | 0.070 | | 1 | A | 1 | | 0.020 | 0.010 | 0.050 |
| 17:1....g | 0.020 | | 1 | A | 1 | | 0.006 | 0.003 | 0.014 |
| 18:1 undifferentiated....g | 0.860 | | 1 | A | 1 | | 0.244 | 0.126 | 0.611 |
| 20:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated....g | 0.160 | | 0 | NC | 4 | | 0.045 | 0.023 | 0.113 |
| 18:2 undifferentiated....g | 0.090 | | 1 | A | 1 | | 0.026 | 0.013 | 0.064 |
| 18:3 undifferentiated....g | 0.040 | | 1 | A | 1 | | 0.011 | 0.006 | 0.028 |
| 18:4....g | 0.020 | | 1 | A | 1 | | 0.006 | 0.003 | 0.014 |
| 20:2 n-6 c,c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated....g | 0.010 | | 1 | A | 1 | | 0.003 | 0.001 | 0.007 |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | T | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 51 | | 2 | A | 1 | | 15 | 8 | 36 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 14.7g: 1 tbsp

Measure 3 = 71g: 1 jar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03002**
**Babyfood, meat, beef, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 82.44 | 1.255 | 55 | JA | 6 | | 12.12 | 23.37 | 58.53 |
| Energy | kcal | 81 | | 0 | NC | 4 | | 12 | 23 | 57 |
| Energy | kJ | 337 | | 0 | NC | 4 | | 50 | 96 | 239 |
| Protein (N x 6.25) | g | 12.03 | | 2 | A | 1 | | 1.77 | 3.41 | 8.54 |
| Total lipid (fat) | g | 2.52 | | 2 | A | 1 | | 0.37 | 0.72 | 1.79 |
| Ash | g | 0.57 | | 2 | A | 1 | | 0.08 | 0.16 | 0.41 |
| Carbohydrate, by difference | g | 2.43 | | 0 | NC | 4 | | 0.36 | 0.69 | 1.72 |
| Fiber, total dietary | g | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | 0.0 |
| Sugars, total | g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 5 | | 2 | A | 1 | | 1 | 1 | 3 |
| Iron, Fe | mg | 0.98 | | 2 | A | 1 | | 0.14 | 0.28 | 0.69 |
| Magnesium, Mg | mg | 11 | | 2 | A | 1 | | 2 | 3 | 7 |
| Phosphorus, P | mg | 93 | 8.505 | 4 | JA | 6 | | 14 | 26 | 66 |
| Potassium, K | mg | 187 | 17.638 | 17 | JA | 6 | | 27 | 53 | 133 |
| Sodium, Na | mg | 41 | | 0 | LC | 8 | | 6 | 12 | 29 |
| Zinc, Zn | mg | 2.22 | 0.165 | 23 | JA | 6 | | 0.33 | 0.63 | 1.57 |
| Copper, Cu | mg | 0.148 | | 2 | A | 1 | | 0.022 | 0.042 | 0.105 |
| Manganese, Mn | mg | 0.037 | | 2 | A | 1 | | 0.005 | 0.010 | 0.026 |
| Selenium, Se | µg | 2.9 | | 2 | A | 1 | | 0.4 | 0.8 | 2.0 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 2.1 | 0.100 | 24 | | 1 | | 0.3 | 0.6 | 1.5 |
| Thiamin | mg | 0.013 | 0.003 | 25 | JA | 6 | | 0.002 | 0.004 | 0.009 |
| Riboflavin | mg | 0.135 | 0.008 | 26 | JA | 6 | | 0.020 | 0.038 | 0.095 |
| Niacin | mg | 2.495 | 0.355 | 26 | JA | 6 | | 0.367 | 0.707 | 1.771 |
| Pantothenic acid | mg | 0.083 | | 1 | A | 1 | | 0.012 | 0.023 | 0.059 |
| Vitamin B-6 | mg | 0.039 | | 1 | A | 1 | | 0.006 | 0.011 | 0.028 |
| Folate, total | µg | 8 | | 2 | A | 1 | | 1 | 2 | 6 |
| Folic acid | µg | 0 | | 2 | A | 1 | | 0 | 0 | 0 |
| Folate, food | µg | 8 | | 0 | AS | 1 | | 1 | 2 | 6 |
| Folate, DFE | mcg_DFE | 8 | | 0 | NC | 4 | | 1 | 2 | 6 |
| Choline, total | mg | 37.6 | 1.075 | 11 | AS | 1 | | 5.5 | 10.7 | 26.7 |
| Betaine | mg | 3.1 | 0.134 | 11 | A | 1 | | 0.5 | 0.9 | 2.2 |
| Vitamin B-12 | µg | 1.26 | 0.160 | 3 | JA | 6 | | 0.19 | 0.36 | 0.89 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Retinol | µg | 0 | | 0 | T | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.37 | | 2 | A | 1 | | 0.05 | 0.10 | 0.26 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma | mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, delta | mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3) | µg | 0.4 | | 1 | A | 1 | | 0.1 | 0.1 | 0.3 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 15 | | 1 | A | 1 | | 2 | 4 | 10 |
| Vitamin K (phylloquinone) | µg | 0.6 | | 2 | A | 1 | | 0.1 | 0.2 | 0.4 |
| Dihydrophylloquinone | µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4 | µg | 1.0 | | 2 | A | 1 | | 0.2 | 0.3 | 0.7 |

**Lipids:**

**NDB No. 03002**
**Babyfood, meat, beef, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.180 | | 0 | NC | 4 | | 0.173 | 0.334 | 0.838 |
| 4:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.060 | | 1 | A | 1 | | 0.009 | 0.017 | 0.043 |
| 15:0....g | 0.010 | | 1 | A | 1 | | 0.001 | 0.003 | 0.007 |
| 16:0....g | 0.530 | | 1 | A | 1 | | 0.078 | 0.150 | 0.376 |
| 17:0....g | 0.040 | | 1 | A | 1 | | 0.006 | 0.011 | 0.028 |
| 18:0....g | 0.540 | | 1 | A | 1 | | 0.079 | 0.153 | 0.383 |
| 20:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated....g | 0.950 | | 0 | NC | 4 | | 0.140 | 0.269 | 0.674 |
| 14:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:1 undifferentiated....g | 0.070 | | 1 | A | 1 | | 0.010 | 0.020 | 0.050 |
| 17:1....g | 0.020 | | 1 | A | 1 | | 0.003 | 0.006 | 0.014 |
| 18:1 undifferentiated....g | 0.860 | | 1 | A | 1 | | 0.126 | 0.244 | 0.611 |
| 20:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated....g | 0.160 | | 0 | NC | 4 | | 0.023 | 0.045 | 0.113 |
| 18:2 undifferentiated....g | 0.090 | | 1 | A | 1 | | 0.013 | 0.026 | 0.064 |
| 18:3 undifferentiated....g | 0.040 | | 1 | A | 1 | | 0.006 | 0.011 | 0.028 |
| 18:4....g | 0.020 | | 1 | A | 1 | | 0.003 | 0.006 | 0.014 |
| 20:2 n-6 c,c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated....g | 0.010 | | 1 | A | 1 | | 0.001 | 0.003 | 0.007 |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | T | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 51 | | 2 | A | 1 | | 8 | 15 | 36 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 14.7g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 71g: 1 jar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03014**
**Babyfood, meat, chicken sticks, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 68.30 | 0.900 | 6 | | 1 | | 6.83 | 48.49 | 48.49 |
| Energy | kcal | 188 | | 0 | NC | 4 | | 19 | 133 | 133 |
| Energy | kJ | 787 | | 0 | | 4 | | 79 | 558 | 558 |
| Protein (N x 6.25) | g | 14.60 | 0.200 | 7 | | 1 | | 1.46 | 10.37 | 10.37 |
| Total lipid (fat) | g | 14.40 | 0.400 | 8 | | 1 | | 1.44 | 10.22 | 10.22 |
| Ash | g | 1.20 | 0.100 | 6 | | 1 | | 0.12 | 0.85 | 0.85 |
| Carbohydrate, by difference | g | 1.50 | | 0 | NC | 4 | | 0.15 | 1.07 | 1.07 |
| Fiber, total dietary | g | 0.2 | | 0 | | 4 | | 0.0 | 0.1 | 0.1 |
| Sugars, total | g | 1.40 | | 0 | FLA | 4 | | 0.14 | 0.99 | 0.99 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 73 | 6.000 | 7 | | 1 | | 7 | 52 | 52 |
| Iron, Fe | mg | 1.56 | 0.030 | 8 | | 1 | | 0.16 | 1.11 | 1.11 |
| Magnesium, Mg | mg | 14 | | 0 | | 4 | | 1 | 10 | 10 |
| Phosphorus, P | mg | 121 | | 1 | | 1 | | 12 | 86 | 86 |
| Potassium, K | mg | 106 | | 1 | | 1 | | 11 | 75 | 75 |
| Sodium, Na | mg | 408 | | 0 | LC | 8 | | 41 | 290 | 290 |
| Zinc, Zn | mg | 1.01 | | 0 | | 4 | | 0.10 | 0.72 | 0.72 |
| Copper, Cu | mg | 0.045 | | 0 | | 4 | | 0.005 | 0.032 | 0.032 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 10.3 | 0.346 | 3 | A | 1 | | 1.0 | 7.3 | 7.3 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.7 | 0.000 | 6 | | 1 | | 0.2 | 1.2 | 1.2 |
| Thiamin | mg | 0.017 | 0.000 | 7 | | 1 | | 0.002 | 0.012 | 0.012 |
| Riboflavin | mg | 0.197 | 0.007 | 7 | | 1 | | 0.020 | 0.140 | 0.140 |
| Niacin | mg | 2.005 | 0.064 | 7 | | 1 | | 0.201 | 1.424 | 1.424 |
| Pantothenic acid | mg | 0.726 | | 0 | | 4 | | 0.073 | 0.515 | 0.515 |
| Vitamin B-6 | mg | 0.103 | 0.000 | 5 | | 1 | | 0.010 | 0.073 | 0.073 |
| Folate, total | µg | 11 | | 0 | | 4 | | 1 | 8 | 8 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 11 | | 0 | | 4 | | 1 | 8 | 8 |
| Folate, DFE | mcg_DFE | 11 | | 0 | NC | 4 | | 1 | 8 | 8 |
| Choline, total | mg | 43.2 | | 0 | FLA | 4 | | 4.3 | 30.7 | 30.7 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.40 | | 0 | | 4 | | 0.04 | 0.28 | 0.28 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 3 | | 0 | NC | 4 | | 0 | 2 | 2 |
| Retinol | µg | 3 | | 0 | BNA | 4 | | 0 | 2 | 2 |
| Carotene, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 11 | | 0 | NC | 4 | | 1 | 8 | 8 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.37 | | 0 | FLA | 4 | | 0.04 | 0.26 | 0.26 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.1 | | 0 | AS | 1 | | 0.0 | 0.1 | 0.1 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.1 | | 0 | O | 4 | | 0.0 | 0.1 | 0.1 |
| Vitamin D | IU | 4 | | 0 | O | 4 | | 0 | 3 | 3 |
| Vitamin K (phylloquinone) | µg | 0.4 | | 0 | FLA | 4 | | 0.0 | 0.3 | 0.3 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03014**
**Babyfood, meat, chicken sticks, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 4.094 | | 0 | | 4 | | 0.409 | 2.907 | 2.907 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.037 | | 0 | | 4 | | 0.004 | 0.026 | 0.026 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.133 | | 0 | | 4 | | 0.013 | 0.094 | 0.094 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 3.045 | | 0 | | 4 | | 0.305 | 2.162 | 2.162 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.813 | | 0 | | 4 | | 0.081 | 0.577 | 0.577 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 6.267 | | 0 | | 4 | | 0.627 | 4.450 | 4.450 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.887 | | 0 | | 4 | | 0.089 | 0.630 | 0.630 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 5.277 | | 0 | | 4 | | 0.528 | 3.747 | 3.747 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 2.986 | | 0 | | 4 | | 0.299 | 2.120 | 2.120 |
| 18:2 undifferentiated....g | 2.764 | | 0 | | 4 | | 0.276 | 1.962 | 1.962 |
| 18:3 undifferentiated....g | 0.111 | | 0 | | 4 | | 0.011 | 0.079 | 0.079 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 78 | | 0 | | 4 | | 8 | 55 | 55 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.117 | | 0 | | 1 | | 0.012 | 0.083 | 0.083 |
| Threonine....g | 0.572 | | 0 | | 1 | | 0.057 | 0.406 | 0.406 |
| Isoleucine....g | 0.729 | | 0 | | 1 | | 0.073 | 0.518 | 0.518 |
| Leucine....g | 1.142 | | 0 | | 1 | | 0.114 | 0.811 | 0.811 |
| Lysine....g | 1.160 | | 0 | | 1 | | 0.116 | 0.824 | 0.824 |
| Methionine....g | 0.323 | | 0 | | 1 | | 0.032 | 0.229 | 0.229 |
| Cystine....g | 0.127 | | 0 | | 1 | | 0.013 | 0.090 | 0.090 |
| Phenylalanine....g | 0.673 | | 0 | | 1 | | 0.067 | 0.478 | 0.478 |
| Tyrosine....g | 0.497 | | 0 | | 1 | | 0.050 | 0.353 | 0.353 |
| Valine....g | 0.764 | | 0 | | 1 | | 0.076 | 0.542 | 0.542 |
| Arginine....g | 1.003 | | 0 | | 1 | | 0.100 | 0.712 | 0.712 |
| Histidine....g | 0.462 | | 0 | | 1 | | 0.046 | 0.328 | 0.328 |
| Alanine....g | 0.792 | | 0 | | 1 | | 0.079 | 0.562 | 0.562 |
| Aspartic acid....g | 1.263 | | 0 | | 1 | | 0.126 | 0.897 | 0.897 |
| Glutamic acid....g | 2.201 | | 0 | | 1 | | 0.220 | 1.563 | 1.563 |
| Glycine....g | 0.811 | | 0 | | 1 | | 0.081 | 0.576 | 0.576 |
| Proline....g | 0.902 | | 0 | | 1 | | 0.090 | 0.640 | 0.640 |
| Serine....g | 0.534 | | 0 | | 1 | | 0.053 | 0.379 | 0.379 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03014**
**Babyfood, meat, chicken sticks, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 10.0g: 1 stick

Measure 2 = 71g: 1 jar

Measure 3 = 71g: 1 jar Gerber Graduate (2.5 oz)

**Calories Factors: Protein** 4 **Fat** 8.7 **Carbohydrate** 2.7

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03013**
**Babyfood, meat, chicken, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 76.00 | 0.500 | 22 | | 1 | | 11.40 | 21.55 | 53.96 |
| Energy | kcal | 146 | | 0 | NC | 4 | | 22 | 41 | 104 |
| Energy | kJ | 612 | | 0 | NC | 4 | | 92 | 174 | 435 |
| Protein (N x 6.25) | g | 14.00 | | 0 | NR | 4 | | 2.10 | 3.97 | 9.94 |
| Total lipid (fat) | g | 9.60 | 0.400 | 19 | | 1 | | 1.44 | 2.72 | 6.82 |
| Ash | g | 0.49 | | 0 | NR | 4 | | 0.07 | 0.14 | 0.35 |
| Carbohydrate, by difference | g | 0.00 | | 0 | | 1 | | 0.00 | 0.00 | 0.00 |
| Fiber, total dietary | g | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | 0.0 |
| Sugars, total | g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 55 | 4.000 | 19 | | 1 | | 8 | 16 | 39 |
| Iron, Fe | mg | 0.99 | 0.040 | 20 | | 1 | | 0.15 | 0.28 | 0.70 |
| Magnesium, Mg | mg | 11 | | 1 | | 1 | | 2 | 3 | 8 |
| Phosphorus, P | mg | 90 | | 1 | | 1 | | 14 | 26 | 64 |
| Potassium, K | mg | 122 | | 14 | | 1 | | 18 | 35 | 87 |
| Sodium, Na | mg | 49 | | 0 | LC | 8 | | 7 | 14 | 35 |
| Zinc, Zn | mg | 1.01 | 0.085 | 4 | | 1 | | 0.15 | 0.29 | 0.72 |
| Copper, Cu | mg | 0.045 | 0.006 | 3 | | 1 | | 0.007 | 0.013 | 0.032 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 10.3 | 0.817 | 6 | A | 1 | | 1.5 | 2.9 | 7.3 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.5 | 0.100 | 19 | | 1 | | 0.2 | 0.4 | 1.1 |
| Thiamin | mg | 0.014 | 0.000 | 22 | | 1 | | 0.002 | 0.004 | 0.010 |
| Riboflavin | mg | 0.163 | 0.000 | 19 | | 1 | | 0.024 | 0.046 | 0.116 |
| Niacin | mg | 3.420 | 0.070 | 19 | | 1 | | 0.513 | 0.970 | 2.428 |
| Pantothenic acid | mg | 0.726 | | 0 | | 1 | | 0.109 | 0.206 | 0.515 |
| Vitamin B-6 | mg | 0.188 | 0.024 | 4 | | 1 | | 0.028 | 0.053 | 0.133 |
| Folate, total | µg | 11 | | 0 | | 1 | | 2 | 3 | 8 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 11 | | 0 | NR | 4 | | 2 | 3 | 8 |
| Folate, DFE | mcg_DFE | 11 | | 0 | NC | 4 | | 2 | 3 | 8 |
| Choline, total | mg | 43.2 | 1.893 | 11 | AS | 1 | | 6.5 | 12.3 | 30.7 |
| Betaine | mg | 11.6 | 0.437 | 11 | A | 1 | | 1.7 | 3.3 | 8.2 |
| Vitamin B-12 | µg | 0.40 | | 0 | | 4 | | 0.06 | 0.11 | 0.28 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 11 | | 0 | NC | 4 | | 2 | 3 | 8 |
| Retinol | µg | 11 | | 0 | BFSN | 4 | | 2 | 3 | 8 |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 40 | | 0 | | 1 | | 6 | 11 | 28 |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.40 | | 0 | NR | 4 | | 0.06 | 0.11 | 0.28 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D | IU | 2 | | 0 | FLA | 4 | | 0 | 0 | 1 |
| Vitamin K (phylloquinone) | µg | 1.7 | | 0 | BFSN | 4 | | 0.3 | 0.5 | 1.2 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03013**
**Babyfood, meat, chicken, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.470 | | 1 | | 1 | | 0.371 | 0.700 | 1.754 |
| 4:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 1 | | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.070 | | 1 | | 1 | | 0.011 | 0.020 | 0.050 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.800 | | 1 | | 1 | | 0.270 | 0.510 | 1.278 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.500 | | 1 | | 1 | | 0.075 | 0.142 | 0.355 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 4.330 | | 1 | | 1 | | 0.650 | 1.228 | 3.074 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.350 | | 1 | | 1 | | 0.053 | 0.099 | 0.249 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 3.950 | | 1 | | 1 | | 0.593 | 1.120 | 2.805 |
| 20:1....g | 0.020 | | 1 | | 1 | | 0.003 | 0.006 | 0.014 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 2.330 | | 1 | | 1 | | 0.350 | 0.661 | 1.654 |
| 18:2 undifferentiated....g | 2.250 | | 1 | | 1 | | 0.338 | 0.638 | 1.598 |
| 18:3 undifferentiated....g | 0.050 | | 1 | | 1 | | 0.008 | 0.014 | 0.036 |
| 18:4....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.040 | | 1 | | 1 | | 0.006 | 0.011 | 0.028 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 59 | | 0 | | 1 | | 9 | 17 | 42 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.167 | | 0 | | 1 | | 0.025 | 0.047 | 0.119 |
| Threonine....g | 0.660 | | 0 | | 1 | | 0.099 | 0.187 | 0.469 |
| Isoleucine....g | 0.693 | | 0 | | 1 | | 0.104 | 0.196 | 0.492 |
| Leucine....g | 1.136 | | 0 | | 1 | | 0.170 | 0.322 | 0.807 |
| Lysine....g | 1.228 | | 0 | | 1 | | 0.184 | 0.348 | 0.872 |
| Methionine....g | 0.394 | | 0 | | 1 | | 0.059 | 0.112 | 0.280 |
| Cystine....g | 0.193 | | 0 | | 1 | | 0.029 | 0.055 | 0.137 |
| Phenylalanine....g | 0.599 | | 0 | | 1 | | 0.090 | 0.170 | 0.425 |
| Tyrosine....g | 0.471 | | 0 | | 1 | | 0.071 | 0.134 | 0.334 |
| Valine....g | 0.740 | | 0 | | 1 | | 0.111 | 0.210 | 0.525 |
| Arginine....g | 1.028 | | 0 | | 1 | | 0.154 | 0.291 | 0.730 |
| Histidine....g | 0.445 | | 0 | | 1 | | 0.067 | 0.126 | 0.316 |
| Alanine....g | 0.936 | | 0 | | 1 | | 0.140 | 0.265 | 0.665 |
| Aspartic acid....g | 1.362 | | 0 | | 1 | | 0.204 | 0.386 | 0.967 |
| Glutamic acid....g | 2.128 | | 0 | | 1 | | 0.319 | 0.603 | 1.511 |
| Glycine....g | 0.981 | | 0 | | 1 | | 0.147 | 0.278 | 0.697 |
| Proline....g | 0.759 | | 0 | | 1 | | 0.114 | 0.215 | 0.539 |
| Serine....g | 0.535 | | 0 | | 1 | | 0.080 | 0.152 | 0.380 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | NR | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03013**
**Babyfood, meat, chicken, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 71g: 1 jar

**Calories Factors: Protein** 4.27 **Fat** 9.02 **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03012**
**Babyfood, meat, chicken, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 77.50 | 0.200 | 53 | | 1 | | 11.63 | 21.97 | 55.03 |
| Energy | kcal | 130 | | 0 | NC | 4 | | 20 | 37 | 92 |
| Energy | kJ | 545 | | 0 | NC | 4 | | 82 | 154 | 387 |
| Protein (N x 6.25) | g | 13.70 | 0.100 | 29 | | 1 | | 2.06 | 3.88 | 9.73 |
| Total lipid (fat) | g | 7.90 | 0.200 | 30 | | 1 | | 1.19 | 2.24 | 5.61 |
| Ash | g | 0.49 | | 0 | FLA | 4 | | 0.07 | 0.14 | 0.35 |
| Carbohydrate, by difference | g | 0.10 | | 0 | NC | 4 | | 0.02 | 0.03 | 0.07 |
| Fiber, total dietary | g | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | 0.0 |
| Sugars, total | g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 64 | 3.000 | 28 | | 1 | | 10 | 18 | 45 |
| Iron, Fe | mg | 1.40 | 0.050 | 29 | | 1 | | 0.21 | 0.40 | 0.99 |
| Magnesium, Mg | mg | 13 | | 2 | | 1 | | 2 | 4 | 9 |
| Phosphorus, P | mg | 97 | | 1 | | 1 | | 15 | 27 | 69 |
| Potassium, K | mg | 141 | | 14 | | 1 | | 21 | 40 | 100 |
| Sodium, Na | mg | 49 | | 0 | LC | 8 | | 7 | 14 | 35 |
| Zinc, Zn | mg | 1.21 | 0.056 | 27 | | 1 | | 0.18 | 0.34 | 0.86 |
| Copper, Cu | mg | 0.045 | | 25 | | 1 | | 0.007 | 0.013 | 0.032 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 11.0 | 0.449 | 6 | A | 1 | | 1.7 | 3.1 | 7.8 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.7 | 0.100 | 27 | | 1 | | 0.3 | 0.5 | 1.2 |
| Thiamin | mg | 0.014 | 0.000 | 28 | | 1 | | 0.002 | 0.004 | 0.010 |
| Riboflavin | mg | 0.152 | 0.003 | 28 | | 1 | | 0.023 | 0.043 | 0.108 |
| Niacin | mg | 3.255 | 0.049 | 30 | | 1 | | 0.488 | 0.923 | 2.311 |
| Pantothenic acid | mg | 0.680 | | 4 | | 1 | | 0.102 | 0.193 | 0.483 |
| Vitamin B-6 | mg | 0.200 | 0.009 | 14 | | 1 | | 0.030 | 0.057 | 0.142 |
| Folate, total | µg | 3 | | 0 | FLA | 4 | | 0 | 1 | 2 |
| Folic acid | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food | µg | 3 | | 0 | FLA | 4 | | 0 | 1 | 2 |
| Folate, DFE | mcg_DFE | 3 | | 0 | NC | 4 | | 0 | 1 | 2 |
| Choline, total | mg | 43.2 | 1.893 | 11 | AS | 1 | | 6.5 | 12.3 | 30.7 |
| Betaine | mg | 11.6 | 0.437 | 11 | A | 1 | | 1.7 | 3.3 | 8.2 |
| Vitamin B-12 | µg | 0.40 | | 0 | | 4 | | 0.06 | 0.11 | 0.28 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 6 | | 0 | NC | 4 | | 1 | 2 | 5 |
| Retinol | µg | 6 | | 0 | FLA | 4 | | 1 | 2 | 5 |
| Carotene, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, alpha | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 21 | | 0 | NC | 4 | | 3 | 6 | 15 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.25 | | 0 | FLA | 4 | | 0.04 | 0.07 | 0.17 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.3 | | 0 | FLA | 4 | | 0.0 | 0.1 | 0.2 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.3 | | 0 | FLA | 4 | | 0.0 | 0.1 | 0.2 |
| Vitamin D | IU | 11 | | 0 | FLA | 4 | | 2 | 3 | 8 |
| Vitamin K (phylloquinone) | µg | 1.0 | | 0 | FLA | 4 | | 0.1 | 0.3 | 0.7 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |

**Lipids:**

**NDB No. 03012**
**Babyfood, meat, chicken, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.030 | | 1 | | 1 | | 0.305 | 0.576 | 1.441 |
| 4:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 1 | | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.050 | | 1 | | 1 | | 0.008 | 0.014 | 0.036 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.480 | | 1 | | 1 | | 0.222 | 0.420 | 1.051 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.420 | | 1 | | 1 | | 0.063 | 0.119 | 0.298 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 3.560 | | 1 | | 1 | | 0.534 | 1.009 | 2.528 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.290 | | 1 | | 1 | | 0.044 | 0.082 | 0.206 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 3.250 | | 1 | | 1 | | 0.488 | 0.921 | 2.308 |
| 20:1....g | 0.020 | | 1 | | 1 | | 0.003 | 0.006 | 0.014 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.920 | | 1 | | 1 | | 0.288 | 0.544 | 1.363 |
| 18:2 undifferentiated....g | 1.850 | | 1 | | 1 | | 0.278 | 0.524 | 1.314 |
| 18:3 undifferentiated....g | 0.040 | | 1 | | 1 | | 0.006 | 0.011 | 0.028 |
| 18:4....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.030 | | 1 | | 1 | | 0.005 | 0.009 | 0.021 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 61 | | 0 | | 1 | | 9 | 17 | 44 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.156 | | 0 | | 1 | | 0.023 | 0.044 | 0.111 |
| Threonine....g | 0.615 | | 0 | | 1 | | 0.092 | 0.174 | 0.437 |
| Isoleucine....g | 0.645 | | 0 | | 1 | | 0.097 | 0.183 | 0.458 |
| Leucine....g | 1.058 | | 0 | | 1 | | 0.159 | 0.300 | 0.751 |
| Lysine....g | 1.144 | | 0 | | 1 | | 0.172 | 0.324 | 0.812 |
| Methionine....g | 0.367 | | 0 | | 1 | | 0.055 | 0.104 | 0.261 |
| Cystine....g | 0.180 | | 0 | | 1 | | 0.027 | 0.051 | 0.128 |
| Phenylalanine....g | 0.558 | | 0 | | 1 | | 0.084 | 0.158 | 0.396 |
| Tyrosine....g | 0.439 | | 0 | | 1 | | 0.066 | 0.124 | 0.312 |
| Valine....g | 0.689 | | 0 | | 1 | | 0.103 | 0.195 | 0.489 |
| Arginine....g | 0.957 | | 0 | | 1 | | 0.144 | 0.271 | 0.679 |
| Histidine....g | 0.415 | | 0 | | 1 | | 0.062 | 0.118 | 0.295 |
| Alanine....g | 0.871 | | 0 | | 1 | | 0.131 | 0.247 | 0.618 |
| Aspartic acid....g | 1.269 | | 0 | | 1 | | 0.190 | 0.360 | 0.901 |
| Glutamic acid....g | 1.982 | | 0 | | 1 | | 0.297 | 0.562 | 1.407 |
| Glycine....g | 0.913 | | 0 | | 1 | | 0.137 | 0.259 | 0.648 |
| Proline....g | 0.707 | | 0 | | 1 | | 0.106 | 0.200 | 0.502 |
| Serine....g | 0.498 | | 0 | | 1 | | 0.075 | 0.141 | 0.354 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03012**
**Babyfood, meat, chicken, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 71g: 1 jar

**Calories Factors: Protein** 4.27 **Fat** 9.02 **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03009**
**Babyfood, meat, ham, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | |
| Water....g | 80.50 | | 0 | MA | 12 | | 22.82 | 57.16 | |
| Energy....kcal | 97 | | 0 | NC | 4 | | 28 | 69 | |
| Energy....kJ | 407 | | 0 | NC | 4 | | 115 | 289 | |
| Protein (N x 6.25)....g | 11.30 | | 0 | MA | 12 | | 3.20 | 8.02 | |
| Total lipid (fat)....g | 3.80 | | 0 | MA | 12 | | 1.08 | 2.70 | |
| Ash....g | 0.70 | | 0 | | 1 | | 0.20 | 0.50 | |
| Carbohydrate, by difference....g | 3.70 | | 0 | NC | 4 | | 1.05 | 2.63 | |
| Fiber, total dietary....g | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | |
| Sugars, total....g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 5 | 1.000 | 3 | | 1 | | 1 | 4 | |
| Iron, Fe....mg | 1.01 | 0.060 | 4 | | 1 | | 0.29 | 0.72 | |
| Magnesium, Mg....mg | 11 | | 1 | | 1 | | 3 | 8 | |
| Phosphorus, P....mg | 89 | | 1 | | 1 | | 25 | 63 | |
| Potassium, K....mg | 210 | | 1 | | 1 | | 60 | 149 | |
| Sodium, Na....mg | 44 | | 0 | LC | 8 | | 12 | 31 | |
| Zinc, Zn....mg | 1.70 | | 1 | | 1 | | 0.48 | 1.21 | |
| Copper, Cu....mg | 0.068 | | 0 | | 4 | | 0.019 | 0.048 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 15.0 | 1.100 | 4 | A | 1 | | 4.3 | 10.7 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 2.1 | 0.200 | 4 | | 1 | | 0.6 | 1.5 | |
| Thiamin....mg | 0.142 | 0.009 | 4 | | 1 | | 0.040 | 0.101 | |
| Riboflavin....mg | 0.194 | 0.014 | 4 | | 1 | | 0.055 | 0.138 | |
| Niacin....mg | 2.840 | 0.113 | 3 | | 1 | | 0.805 | 2.016 | |
| Pantothenic acid....mg | 0.531 | | 0 | | 1 | | 0.151 | 0.377 | |
| Vitamin B-6....mg | 0.200 | 0.013 | 5 | | 1 | | 0.057 | 0.142 | |
| Folate, total....µg | 2 | | 3 | | 1 | | 1 | 1 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 2 | | 3 | | 1 | | 1 | 1 | |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 1 | 1 | |
| Choline, total....mg | 45.2 | | 0 | T | 4 | | 12.8 | 32.1 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.10 | | 0 | | 4 | | 0.03 | 0.07 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Retinol....µg | 0 | | 0 | O | 4 | | 0 | 0 | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin A, IU....IU | 0 | | 0 | O | 4 | | 0 | 0 | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol)....mg | 0.40 | | 0 | NR | 4 | | 0.11 | 0.28 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.4 | | 0 | AS | 1 | | 0.1 | 0.3 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.4 | | 0 | FLA | 4 | | 0.1 | 0.3 | |
| Vitamin D....IU | 18 | | 0 | FLA | 4 | | 5 | 13 | |
| Vitamin K (phylloquinone)....µg | 0.0 | | 0 | O | 4 | | 0.0 | 0.0 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03009**
**Babyfood, meat, ham, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.271 | | 1 | | 1 | | 0.360 | 0.902 | |
| 4:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 1 | | 1 | | 0.000 | 0.000 | |
| 12:0....g | 0.010 | | 1 | | 1 | | 0.003 | 0.007 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.083 | | 1 | | 1 | | 0.023 | 0.059 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.445 | | 1 | | 1 | | 0.410 | 1.026 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.702 | | 1 | | 1 | | 0.199 | 0.498 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.804 | | 1 | | 1 | | 0.511 | 1.281 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.181 | | 1 | | 1 | | 0.051 | 0.129 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.928 | | 1 | | 1 | | 0.830 | 2.079 | |
| 20:1....g | 0.070 | | 1 | | 1 | | 0.020 | 0.050 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.516 | | 1 | | 1 | | 0.146 | 0.367 | |
| 18:2 undifferentiated....g | 0.829 | | 1 | | 1 | | 0.235 | 0.589 | |
| 18:3 undifferentiated....g | 0.030 | | 1 | | 1 | | 0.009 | 0.022 | |
| 18:4....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.051 | | 1 | | 1 | | 0.014 | 0.036 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 29 | | 0 | | 1 | | 8 | 21 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.149 | | 0 | | 1 | | 0.042 | 0.106 | |
| Threonine....g | 0.656 | | 0 | | 1 | | 0.186 | 0.466 | |
| Isoleucine....g | 0.718 | | 0 | | 1 | | 0.204 | 0.510 | |
| Leucine....g | 1.208 | | 0 | | 1 | | 0.342 | 0.858 | |
| Lysine....g | 1.283 | | 0 | | 1 | | 0.364 | 0.911 | |
| Methionine....g | 0.386 | | 0 | | 1 | | 0.109 | 0.274 | |
| Cystine....g | 0.186 | | 0 | | 1 | | 0.053 | 0.132 | |
| Phenylalanine....g | 0.576 | | 0 | | 1 | | 0.163 | 0.409 | |
| Tyrosine....g | 0.506 | | 0 | | 1 | | 0.143 | 0.359 | |
| Valine....g | 0.779 | | 0 | | 1 | | 0.221 | 0.553 | |
| Arginine....g | 1.022 | | 0 | | 1 | | 0.290 | 0.726 | |
| Histidine....g | 0.514 | | 0 | | 1 | | 0.146 | 0.365 | |
| Alanine....g | 0.911 | | 0 | | 1 | | 0.258 | 0.647 | |
| Aspartic acid....g | 1.442 | | 0 | | 1 | | 0.409 | 1.024 | |
| Glutamic acid....g | 2.271 | | 0 | | 1 | | 0.644 | 1.612 | |
| Glycine....g | 0.866 | | 0 | | 1 | | 0.246 | 0.615 | |
| Proline....g | 0.702 | | 0 | | 1 | | 0.199 | 0.498 | |
| Serine....g | 0.547 | | 0 | | 1 | | 0.155 | 0.388 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03009**
**Babyfood, meat, ham, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 71g: 1 jar

**Calories Factors: Protein** 4.27 **Fat** 9.02 **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03008**
**Babyfood, meat, ham, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 80.50 | | 0 | NR | 4 | | 12.08 | 22.82 | 57.16 |
| Energy....kcal | 97 | | 0 | NC | 4 | | 15 | 28 | 69 |
| Energy....kJ | 407 | | 0 | NC | 4 | | 61 | 115 | 289 |
| Protein (N x 6.25)....g | 11.30 | | 0 | MA | 12 | | 1.70 | 3.20 | 8.02 |
| Total lipid (fat)....g | 3.80 | | 0 | NR | 4 | | 0.57 | 1.08 | 2.70 |
| Ash....g | 0.70 | | 0 | NR | 4 | | 0.11 | 0.20 | 0.50 |
| Carbohydrate, by difference....g | 3.70 | | 0 | NR | 4 | | 0.56 | 1.05 | 2.63 |
| Fiber, total dietary....g | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | 0.0 |
| Sugars, total....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 6 | 0.000 | 19 | | 1 | | 1 | 2 | 4 |
| Iron, Fe....mg | 1.03 | 0.080 | 19 | | 1 | | 0.15 | 0.29 | 0.73 |
| Magnesium, Mg....mg | 13 | | 2 | | 1 | | 2 | 4 | 9 |
| Phosphorus, P....mg | 81 | | 1 | | 1 | | 12 | 23 | 58 |
| Potassium, K....mg | 204 | | 14 | | 1 | | 31 | 58 | 145 |
| Sodium, Na....mg | 44 | | 0 | LC | 8 | | 7 | 12 | 31 |
| Zinc, Zn....mg | 2.25 | 0.188 | 5 | | 1 | | 0.34 | 0.64 | 1.59 |
| Copper, Cu....mg | 0.065 | 0.004 | 4 | | 1 | | 0.010 | 0.018 | 0.046 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 14.2 | 0.817 | 6 | A | 1 | | 2.1 | 4.0 | 10.1 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 2.1 | 0.200 | 20 | | 1 | | 0.3 | 0.6 | 1.5 |
| Thiamin....mg | 0.139 | 0.009 | 19 | | 1 | | 0.021 | 0.039 | 0.099 |
| Riboflavin....mg | 0.154 | 0.006 | 19 | | 1 | | 0.023 | 0.044 | 0.109 |
| Niacin....mg | 2.633 | 0.045 | 18 | | 1 | | 0.395 | 0.746 | 1.869 |
| Pantothenic acid....mg | 0.510 | | 4 | | 1 | | 0.077 | 0.145 | 0.362 |
| Vitamin B-6....mg | 0.252 | 0.023 | 5 | | 1 | | 0.038 | 0.071 | 0.179 |
| Folate, total....µg | 2 | | 0 | | 1 | | 0 | 1 | 1 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 2 | | 0 | FLA | 4 | | 0 | 0 | 1 |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 0 | 0 | 1 |
| Choline, total....mg | 45.2 | | 0 | FLA | 4 | | 6.8 | 12.8 | 32.1 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.10 | | 0 | | 4 | | 0.02 | 0.03 | 0.07 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 2 | | 0 | NC | 4 | | 0 | 0 | 1 |
| Retinol....µg | 2 | | 0 | BFSN | 4 | | 0 | 0 | 1 |
| Carotene, beta....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, alpha....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 5 | | 0 | NC | 4 | | 1 | 1 | 4 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol)....mg | 0.13 | | 0 | BFSN | 4 | | 0.02 | 0.04 | 0.09 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.4 | | 0 | AS | 1 | | 0.1 | 0.1 | 0.3 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.4 | | 0 | FLA | 4 | | 0.1 | 0.1 | 0.3 |
| Vitamin D....IU | 18 | | 0 | FLA | 4 | | 3 | 5 | 13 |
| Vitamin K (phylloquinone)....µg | 0.0 | | 0 | BFSN | 4 | | 0.0 | 0.0 | 0.0 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

**Lipids:**

**NDB No. 03008**
**Babyfood, meat, ham, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.267 | | 1 | | 1 | | 0.190 | 0.359 | 0.900 |
| 4:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 1 | | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.007 | | 1 | | 1 | | 0.001 | 0.002 | 0.005 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.046 | | 1 | | 1 | | 0.007 | 0.013 | 0.032 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.797 | | 1 | | 1 | | 0.120 | 0.226 | 0.566 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.385 | | 1 | | 1 | | 0.058 | 0.109 | 0.274 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.803 | | 1 | | 1 | | 0.270 | 0.511 | 1.280 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.105 | | 1 | | 1 | | 0.016 | 0.030 | 0.074 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.646 | | 1 | | 1 | | 0.247 | 0.467 | 1.169 |
| 20:1....g | 0.039 | | 1 | | 1 | | 0.006 | 0.011 | 0.028 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.510 | | 1 | | 1 | | 0.076 | 0.144 | 0.362 |
| 18:2 undifferentiated....g | 0.464 | | 1 | | 1 | | 0.070 | 0.131 | 0.329 |
| 18:3 undifferentiated....g | 0.020 | | 1 | | 1 | | 0.003 | 0.006 | 0.014 |
| 18:4....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.026 | | 1 | | 1 | | 0.004 | 0.007 | 0.019 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 24 | | 0 | | 1 | | 4 | 7 | 17 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.138 | | 0 | | 1 | | 0.021 | 0.039 | 0.098 |
| Threonine....g | 0.603 | | 0 | | 1 | | 0.090 | 0.171 | 0.428 |
| Isoleucine....g | 0.661 | | 0 | | 1 | | 0.099 | 0.187 | 0.469 |
| Leucine....g | 1.111 | | 0 | | 1 | | 0.167 | 0.315 | 0.789 |
| Lysine....g | 1.180 | | 0 | | 1 | | 0.177 | 0.335 | 0.838 |
| Methionine....g | 0.355 | | 0 | | 1 | | 0.053 | 0.101 | 0.252 |
| Cystine....g | 0.171 | | 0 | | 1 | | 0.026 | 0.048 | 0.121 |
| Phenylalanine....g | 0.530 | | 0 | | 1 | | 0.080 | 0.150 | 0.376 |
| Tyrosine....g | 0.466 | | 0 | | 1 | | 0.070 | 0.132 | 0.331 |
| Valine....g | 0.716 | | 0 | | 1 | | 0.107 | 0.203 | 0.508 |
| Arginine....g | 0.940 | | 0 | | 1 | | 0.141 | 0.266 | 0.667 |
| Histidine....g | 0.472 | | 0 | | 1 | | 0.071 | 0.134 | 0.335 |
| Alanine....g | 0.838 | | 0 | | 1 | | 0.126 | 0.238 | 0.595 |
| Aspartic acid....g | 1.326 | | 0 | | 1 | | 0.199 | 0.376 | 0.941 |
| Glutamic acid....g | 2.089 | | 0 | | 1 | | 0.313 | 0.592 | 1.483 |
| Glycine....g | 0.796 | | 0 | | 1 | | 0.119 | 0.226 | 0.565 |
| Proline....g | 0.645 | | 0 | | 1 | | 0.097 | 0.183 | 0.458 |
| Serine....g | 0.503 | | 0 | | 1 | | 0.075 | 0.143 | 0.357 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03008**
**Babyfood, meat, ham, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 71g: 1 jar

**Calories Factors: Protein** 4.27 **Fat** 9.02 **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03011**
**Babyfood, meat, lamb, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 79.60 | 0.500 | 21 | | 1 | | 22.57 | 56.52 | |
| Energy....kcal | 112 | | 0 | NC | 4 | | 32 | 79 | |
| Energy....kJ | 468 | | 0 | NC | 4 | | 133 | 332 | |
| Protein (N x 6.25)....g | 15.20 | 0.100 | 19 | | 1 | | 4.31 | 10.79 | |
| Total lipid (fat)....g | 5.20 | 0.300 | 19 | | 1 | | 1.47 | 3.69 | |
| Ash....g | 0.90 | 0.000 | 18 | | 1 | | 0.26 | 0.64 | |
| Carbohydrate, by difference....g | 0.00 | | 0 | | 1 | | 0.00 | 0.00 | |
| Fiber, total dietary....g | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | |
| Sugars, total....g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 7 | 0.000 | 19 | | 1 | | 2 | 5 | |
| Iron, Fe....mg | 1.66 | 0.020 | 21 | | 1 | | 0.47 | 1.18 | |
| Magnesium, Mg....mg | 10 | | 1 | | 1 | | 3 | 7 | |
| Phosphorus, P....mg | 91 | | 1 | | 1 | | 26 | 65 | |
| Potassium, K....mg | 211 | | 14 | | 1 | | 60 | 150 | |
| Sodium, Na....mg | 42 | | 0 | LC | 8 | | 12 | 30 | |
| Zinc, Zn....mg | 2.60 | | 1 | | 1 | | 0.74 | 1.85 | |
| Copper, Cu....mg | 0.057 | | 0 | | 1 | | 0.016 | 0.040 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 7.0 | 0.693 | 3 | A | 1 | | 2.0 | 5.0 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 1.7 | 0.400 | 21 | | 1 | | 0.5 | 1.2 | |
| Thiamin....mg | 0.019 | 0.000 | 24 | | 1 | | 0.005 | 0.013 | |
| Riboflavin....mg | 0.191 | 0.010 | 21 | | 1 | | 0.054 | 0.136 | |
| Niacin....mg | 3.193 | 0.087 | 22 | | 1 | | 0.905 | 2.267 | |
| Pantothenic acid....mg | 0.424 | | 0 | | 1 | | 0.120 | 0.301 | |
| Vitamin B-6....mg | 0.183 | 0.017 | 4 | | 1 | | 0.052 | 0.130 | |
| Folate, total....µg | 2 | 0.100 | 3 | | 1 | | 1 | 1 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 2 | 0.100 | 3 | | 1 | | 1 | 1 | |
| Folate, DFE....mcg_DFE | 2 | | 0 | NC | 4 | | 1 | 1 | |
| Choline, total....mg | 54.7 | 2.779 | 7 | AS | 1 | | 15.5 | 38.8 | |
| Betaine....mg | 6.6 | 0.560 | 7 | A | 1 | | 1.9 | 4.7 | |
| Vitamin B-12....µg | 2.27 | | 0 | | 1 | | 0.64 | 1.61 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 8 | | 0 | NC | 4 | | 2 | 6 | |
| Retinol....µg | 8 | | 0 | NR | 4 | | 2 | 6 | |
| Carotene, beta....µg | 0 | | 0 | NR | 4 | | 0 | 0 | |
| Carotene, alpha....µg | | | | | | | | | |
| Cryptoxanthin, beta....µg | | | | | | | | | |
| Vitamin A, IU....IU | 27 | 2.000 | 17 | | 1 | | 8 | 19 | |
| Lycopene....µg | | | | | | | | | |
| Lutein + zeaxanthin....µg | | | | | | | | | |
| Vitamin E (alpha-tocopherol)....mg | 0.40 | | 0 | NR | 4 | | 0.11 | 0.28 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.1 | | 0 | T | 4 | | 0.0 | 0.1 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 4 | | 0 | T | 4 | | 1 | 3 | |
| Vitamin K (phylloquinone)....µg | | | | | | | | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03011**
**Babyfood, meat, lamb, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.560 | | 1 | | 1 | | 0.726 | 1.818 | |
| 4:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 1 | | 1 | | 0.000 | 0.000 | |
| 10:0....g | 0.010 | | 1 | | 1 | | 0.003 | 0.007 | |
| 12:0....g | 0.000 | | 1 | | 1 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.120 | | 1 | | 1 | | 0.034 | 0.085 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.140 | | 1 | | 1 | | 0.323 | 0.809 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.090 | | 1 | | 1 | | 0.309 | 0.774 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.060 | | 1 | | 1 | | 0.584 | 1.463 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.070 | | 1 | | 1 | | 0.020 | 0.050 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.960 | | 1 | | 1 | | 0.556 | 1.392 | |
| 20:1....g | 0.000 | | 1 | | 1 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.220 | | 1 | | 1 | | 0.062 | 0.156 | |
| 18:2 undifferentiated....g | 0.150 | | 1 | | 1 | | 0.043 | 0.107 | |
| 18:3 undifferentiated....g | 0.060 | | 1 | | 1 | | 0.017 | 0.043 | |
| 18:4....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.010 | | 1 | | 1 | | 0.003 | 0.007 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 38 | | 0 | | 1 | | 11 | 27 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.151 | | 0 | | 1 | | 0.043 | 0.107 | |
| Threonine....g | 0.693 | | 0 | | 1 | | 0.196 | 0.492 | |
| Isoleucine....g | 0.714 | | 0 | | 1 | | 0.202 | 0.507 | |
| Leucine....g | 1.200 | | 0 | | 1 | | 0.340 | 0.852 | |
| Lysine....g | 1.349 | | 0 | | 1 | | 0.382 | 0.958 | |
| Methionine....g | 0.476 | | 0 | | 1 | | 0.135 | 0.338 | |
| Cystine....g | 0.209 | | 0 | | 1 | | 0.059 | 0.148 | |
| Phenylalanine....g | 0.598 | | 0 | | 1 | | 0.170 | 0.425 | |
| Tyrosine....g | 0.532 | | 0 | | 1 | | 0.151 | 0.378 | |
| Valine....g | 0.770 | | 0 | | 1 | | 0.218 | 0.547 | |
| Arginine....g | 0.996 | | 0 | | 1 | | 0.282 | 0.707 | |
| Histidine....g | 0.384 | | 0 | | 1 | | 0.109 | 0.273 | |
| Alanine....g | 0.953 | | 0 | | 1 | | 0.270 | 0.677 | |
| Aspartic acid....g | 1.429 | | 0 | | 1 | | 0.405 | 1.015 | |
| Glutamic acid....g | 2.328 | | 0 | | 1 | | 0.660 | 1.653 | |
| Glycine....g | 0.885 | | 0 | | 1 | | 0.251 | 0.628 | |
| Proline....g | 0.851 | | 0 | | 1 | | 0.241 | 0.604 | |
| Serine....g | 0.583 | | 0 | | 1 | | 0.165 | 0.414 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | NR | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | NR | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03011**
**Babyfood, meat, lamb, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 71g: 1 jar

**Calories Factors: Protein** 4.27 **Fat** 9.02 **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03010**
**Babyfood, meat, lamb, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 81.06 | 1.240 | 3 | JA | 6 | | 17.83 | 22.98 | 57.55 |
| Energy....kcal | 87 | | 0 | NC | 4 | | 19 | 25 | 62 |
| Energy....kJ | 366 | | 0 | NC | 4 | | 80 | 104 | 260 |
| Protein....g | 14.07 | | 2 | JA | 6 | | 3.10 | 3.99 | 9.99 |
| Total lipid (fat)....g | 3.41 | | 2 | A | 1 | | 0.75 | 0.97 | 2.42 |
| Ash....g | 0.60 | | 2 | A | 1 | | 0.13 | 0.17 | 0.43 |
| Carbohydrate, by difference....g | 0.85 | | 0 | NC | 4 | | 0.19 | 0.24 | 0.60 |
| Fiber, total dietary....g | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | 0.0 |
| Sugars, total....g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 7 | | 2 | JA | 6 | | 2 | 2 | 5 |
| Iron, Fe....mg | 1.19 | | 2 | JA | 6 | | 0.26 | 0.34 | 0.84 |
| Magnesium, Mg....mg | 13 | 0.000 | 4 | JA | 6 | | 3 | 4 | 9 |
| Phosphorus, P....mg | 104 | 6.500 | 4 | JA | 6 | | 23 | 29 | 73 |
| Potassium, K....mg | 193 | | 1 | JA | 6 | | 42 | 55 | 137 |
| Sodium, Na....mg | 43 | | 1 | A | 1 | | 9 | 12 | 31 |
| Zinc, Zn....mg | 2.43 | 0.328 | 6 | JA | 6 | | 0.53 | 0.69 | 1.72 |
| Copper, Cu....mg | 0.148 | | 1 | A | 1 | | 0.032 | 0.042 | 0.105 |
| Manganese, Mn....mg | 0.037 | | 1 | A | 1 | | 0.008 | 0.010 | 0.026 |
| Selenium, Se....µg | 2.2 | | 1 | A | 1 | | 0.5 | 0.6 | 1.6 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 1.2 | 0.100 | 23 | | 1 | | 0.3 | 0.3 | 0.9 |
| Thiamin....mg | 0.020 | | 2 | JA | 6 | | 0.004 | 0.006 | 0.014 |
| Riboflavin....mg | 0.174 | | 2 | JA | 6 | | 0.038 | 0.049 | 0.124 |
| Niacin....mg | 2.908 | | 2 | JA | 6 | | 0.640 | 0.824 | 2.064 |
| Pantothenic acid....mg | 0.112 | | 1 | A | 1 | | 0.025 | 0.032 | 0.080 |
| Vitamin B-6....mg | 0.037 | | 1 | A | 1 | | 0.008 | 0.010 | 0.026 |
| Folate, total....µg | 0 | | 1 | A | 1 | | 0 | 0 | 0 |
| Folic acid....µg | 0 | | 1 | A | 1 | | 0 | 0 | 0 |
| Folate, food....µg | 0 | | 0 | AS | 1 | | 0 | 0 | 0 |
| Folate, DFE....mcg_DFE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Choline, total....mg | 54.7 | 2.779 | 7 | AS | 1 | | 12.0 | 15.5 | 38.8 |
| Betaine....mg | 6.6 | 0.560 | 7 | A | 1 | | 1.5 | 1.9 | 4.7 |
| Vitamin B-12....µg | 1.90 | 0.295 | 3 | JA | 6 | | 0.42 | 0.54 | 1.35 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Retinol....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol)....mg | 0.19 | | 0 | A | 1 | | 0.04 | 0.05 | 0.13 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma....mg | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, delta....mg | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3)....µg | 0.1 | | 0 | T | 4 | | 0.0 | 0.0 | 0.1 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 4 | | 0 | T | 4 | | 1 | 1 | 3 |
| Vitamin K (phylloquinone)....µg | 0.6 | | 1 | A | 1 | | 0.1 | 0.2 | 0.4 |
| Dihydrophylloquinone....µg | 0.0 | | 1 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4....µg | 5.3 | | 1 | A | 1 | | 1.2 | 1.5 | 3.8 |

**Lipids:**

**NDB No. 03010**
**Babyfood, meat, lamb, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.650 | | 0 | NC | 4 | | 0.363 | 0.468 | 1.171 |
| 4:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | NR | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.010 | | 1 | A | 1 | | 0.002 | 0.003 | 0.007 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.150 | | 1 | A | 1 | | 0.033 | 0.043 | 0.107 |
| 15:0....g | 0.020 | | 1 | A | 1 | | 0.004 | 0.006 | 0.014 |
| 16:0....g | 0.720 | | 1 | A | 1 | | 0.158 | 0.204 | 0.511 |
| 17:0....g | 0.050 | | 1 | A | 1 | | 0.011 | 0.014 | 0.036 |
| 18:0....g | 0.680 | | 1 | A | 1 | | 0.150 | 0.193 | 0.483 |
| 20:0....g | 0.020 | | 1 | A | 1 | | 0.004 | 0.006 | 0.014 |
| 22:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated....g | 1.270 | | 0 | NC | 4 | | 0.279 | 0.360 | 0.902 |
| 14:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:1 undifferentiated....g | 0.070 | | 1 | A | 1 | | 0.015 | 0.020 | 0.050 |
| 17:1....g | 0.030 | | 1 | A | 1 | | 0.007 | 0.008 | 0.021 |
| 18:1 undifferentiated....g | 1.170 | | 1 | A | 1 | | 0.257 | 0.332 | 0.831 |
| 20:1....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated....g | 0.310 | | 0 | NC | 4 | | 0.068 | 0.088 | 0.220 |
| 18:2 undifferentiated....g | 0.170 | | 1 | A | 1 | | 0.037 | 0.048 | 0.121 |
| 18:3 undifferentiated....g | 0.080 | | 1 | A | 1 | | 0.018 | 0.023 | 0.057 |
| 18:4....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated....g | 0.020 | | 1 | A | 1 | | 0.004 | 0.006 | 0.014 |
| 20:5 n-3 (EPA)....g | 0.020 | | 1 | A | 1 | | 0.004 | 0.006 | 0.014 |
| 22:5 n-3 (DPA)....g | 0.020 | | 1 | A | 1 | | 0.004 | 0.006 | 0.014 |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 36 | | 1 | A | 1 | | 8 | 10 | 26 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 22g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 71g: 1 jar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03021**
**Babyfood, meat, meat sticks, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 69.50 | 0.200 | 6 | | 1 | | 6.95 | 49.35 | 49.35 |
| Energy | kcal | 184 | | 0 | NC | 4 | | 18 | 131 | 131 |
| Energy | kJ | 770 | | 0 | | 4 | | 77 | 547 | 547 |
| Protein (N x 6.25) | g | 13.40 | 0.200 | 7 | | 1 | | 1.34 | 9.51 | 9.51 |
| Total lipid (fat) | g | 14.60 | 0.100 | 6 | | 1 | | 1.46 | 10.37 | 10.37 |
| Ash | g | 1.40 | 0.000 | 5 | | 1 | | 0.14 | 0.99 | 0.99 |
| Carbohydrate, by difference | g | 1.10 | | 0 | NC | 4 | | 0.11 | 0.78 | 0.78 |
| Fiber, total dietary | g | 0.2 | | 0 | | 4 | | 0.0 | 0.1 | 0.1 |
| Sugars, total | g | 0.80 | | 0 | FLA | 4 | | 0.08 | 0.57 | 0.57 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 34 | 1.000 | 13 | | 1 | | 3 | 24 | 24 |
| Iron, Fe | mg | 1.38 | 0.020 | 13 | | 1 | | 0.14 | 0.98 | 0.98 |
| Magnesium, Mg | mg | 11 | | 0 | | 4 | | 1 | 8 | 8 |
| Phosphorus, P | mg | 103 | | 1 | | 1 | | 10 | 73 | 73 |
| Potassium, K | mg | 114 | | 1 | | 1 | | 11 | 81 | 81 |
| Sodium, Na | mg | 423 | | 0 | LC | 8 | | 42 | 300 | 300 |
| Zinc, Zn | mg | 1.90 | | 0 | | 4 | | 0.19 | 1.35 | 1.35 |
| Copper, Cu | mg | 0.068 | | 0 | | 4 | | 0.007 | 0.048 | 0.048 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 13.3 | 0.577 | 3 | A | 1 | | 1.3 | 9.4 | 9.4 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 2.4 | 0.100 | 12 | | 1 | | 0.2 | 1.7 | 1.7 |
| Thiamin | mg | 0.059 | 0.000 | 15 | | 1 | | 0.006 | 0.042 | 0.042 |
| Riboflavin | mg | 0.172 | 0.012 | 13 | | 1 | | 0.017 | 0.122 | 0.122 |
| Niacin | mg | 1.481 | 0.056 | 13 | | 1 | | 0.148 | 1.052 | 1.052 |
| Pantothenic acid | mg | 0.481 | | 0 | | 4 | | 0.048 | 0.342 | 0.342 |
| Vitamin B-6 | mg | 0.080 | 0.000 | 4 | | 1 | | 0.008 | 0.057 | 0.057 |
| Folate, total | µg | 3 | | 0 | FLA | 4 | | 0 | 2 | 2 |
| Folic acid | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food | µg | 3 | | 0 | FLA | 4 | | 0 | 2 | 2 |
| Folate, DFE | mcg_DFE | 3 | | 0 | NC | 4 | | 0 | 2 | 2 |
| Choline, total | mg | 56.8 | | 0 | FLM | 4 | | 5.7 | 40.3 | 40.3 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.29 | | 0 | | 4 | | 0.03 | 0.21 | 0.21 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 21 | | 0 | NC | 4 | | 2 | 15 | 15 |
| Retinol | µg | 21 | | 0 | BNA | 4 | | 2 | 15 | 15 |
| Carotene, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 69 | | 0 | NC | 4 | | 7 | 49 | 49 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.28 | | 0 | FLA | 4 | | 0.03 | 0.20 | 0.20 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.2 | | 0 | FLA | 4 | | 0.0 | 0.2 | 0.2 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.2 | | 0 | FLA | 4 | | 0.0 | 0.2 | 0.2 |
| Vitamin D | IU | 9 | | 0 | FLA | 4 | | 1 | 6 | 6 |
| Vitamin K (phylloquinone) | µg | 0.5 | | 0 | FLA | 4 | | 0.0 | 0.3 | 0.3 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |

**Lipids:**

**NDB No. 03021**
**Babyfood, meat, meat sticks, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 5.820 | | 1 | | 1 | | 0.582 | 4.132 | 4.132 |
| 4:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.010 | | 1 | | 1 | | 0.001 | 0.007 | 0.007 |
| 12:0....g | 0.020 | | 1 | | 1 | | 0.002 | 0.014 | 0.014 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.250 | | 1 | | 1 | | 0.025 | 0.178 | 0.178 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 3.570 | | 1 | | 1 | | 0.357 | 2.535 | 2.535 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.780 | | 1 | | 1 | | 0.178 | 1.264 | 1.264 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 6.480 | | 1 | | 1 | | 0.648 | 4.601 | 4.601 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.460 | | 1 | | 1 | | 0.046 | 0.327 | 0.327 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 5.890 | | 1 | | 1 | | 0.589 | 4.182 | 4.182 |
| 20:1....g | 0.070 | | 1 | | 1 | | 0.007 | 0.050 | 0.050 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.590 | | 1 | | 1 | | 0.159 | 1.129 | 1.129 |
| 18:2 undifferentiated....g | 1.460 | | 1 | | 1 | | 0.146 | 1.037 | 1.037 |
| 18:3 undifferentiated....g | 0.070 | | 1 | | 1 | | 0.007 | 0.050 | 0.050 |
| 18:4....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.060 | | 1 | | 1 | | 0.006 | 0.043 | 0.043 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 70 | | 0 | | 4 | | 7 | 50 | 50 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.092 | | 0 | | 1 | | 0.009 | 0.065 | 0.065 |
| Threonine....g | 0.581 | | 0 | | 1 | | 0.058 | 0.413 | 0.413 |
| Isoleucine....g | 0.667 | | 0 | | 1 | | 0.067 | 0.474 | 0.474 |
| Leucine....g | 1.042 | | 0 | | 1 | | 0.104 | 0.740 | 0.740 |
| Lysine....g | 1.034 | | 0 | | 1 | | 0.103 | 0.734 | 0.734 |
| Methionine....g | 0.309 | | 0 | | 1 | | 0.031 | 0.219 | 0.219 |
| Cystine....g | 0.073 | | 0 | | 1 | | 0.007 | 0.052 | 0.052 |
| Phenylalanine....g | 0.607 | | 0 | | 1 | | 0.061 | 0.431 | 0.431 |
| Tyrosine....g | 0.521 | | 0 | | 1 | | 0.052 | 0.370 | 0.370 |
| Valine....g | 0.691 | | 0 | | 1 | | 0.069 | 0.491 | 0.491 |
| Arginine....g | 0.871 | | 0 | | 1 | | 0.087 | 0.618 | 0.618 |
| Histidine....g | 0.461 | | 0 | | 1 | | 0.046 | 0.327 | 0.327 |
| Alanine....g | 0.785 | | 0 | | 1 | | 0.079 | 0.557 | 0.557 |
| Aspartic acid....g | 1.126 | | 0 | | 1 | | 0.113 | 0.799 | 0.799 |
| Glutamic acid....g | 2.023 | | 0 | | 1 | | 0.202 | 1.436 | 1.436 |
| Glycine....g | 0.682 | | 0 | | 1 | | 0.068 | 0.484 | 0.484 |
| Proline....g | 0.759 | | 0 | | 1 | | 0.076 | 0.539 | 0.539 |
| Serine....g | 0.495 | | 0 | | 1 | | 0.050 | 0.351 | 0.351 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03021**
**Babyfood, meat, meat sticks, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 10.0g: 1 stick

Measure 2 = 71g: 1 jar

Measure 3 = 71g: 1 jar Gerber Graduate (2.5 oz)

**Calories Factors: Protein** 4 **Fat** 8.7 **Carbohydrate** 2.7

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03007**
**Babyfood, meat, pork, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 78.40 | 0.300 | 18 | | 1 | | 22.23 | 55.66 | |
| Energy | kcal | 124 | | 0 | NC | 4 | | 35 | 88 | |
| Energy | kJ | 518 | | 0 | NC | 4 | | 147 | 368 | |
| Protein (N x 6.25) | g | 14.00 | 0.100 | 12 | | 1 | | 3.97 | 9.94 | |
| Total lipid (fat) | g | 7.10 | 0.200 | 12 | | 1 | | 2.01 | 5.04 | |
| Ash | g | 1.10 | 0.000 | 16 | | 1 | | 0.31 | 0.78 | |
| Carbohydrate, by difference | g | 0.00 | | 0 | | 1 | | 0.00 | 0.00 | |
| Fiber, total dietary | g | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | |
| Sugars, total | g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 5 | 0.000 | 16 | | 1 | | 1 | 4 | |
| Iron, Fe | mg | 1.00 | 0.050 | 17 | | 1 | | 0.28 | 0.71 | |
| Magnesium, Mg | mg | 10 | | 1 | | 1 | | 3 | 7 | |
| Phosphorus, P | mg | 94 | | 2 | | 1 | | 27 | 67 | |
| Potassium, K | mg | 223 | | 1 | | 1 | | 63 | 158 | |
| Sodium, Na | mg | 42 | 2.000 | 6 | | 1 | | 12 | 30 | |
| Zinc, Zn | mg | 2.27 | 0.102 | 4 | | 1 | | 0.64 | 1.61 | |
| Copper, Cu | mg | 0.072 | 0.005 | 3 | | 1 | | 0.020 | 0.051 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 12.9 | 1.160 | 3 | A | 1 | | 3.7 | 9.2 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.8 | 0.100 | 10 | | 1 | | 0.5 | 1.3 | |
| Thiamin | mg | 0.146 | 0.005 | 12 | | 1 | | 0.041 | 0.104 | |
| Riboflavin | mg | 0.203 | 0.008 | 12 | | 1 | | 0.058 | 0.144 | |
| Niacin | mg | 2.269 | 0.044 | 11 | | 1 | | 0.643 | 1.611 | |
| Pantothenic acid | mg | 0.272 | | 0 | | 4 | | 0.077 | 0.193 | |
| Vitamin B-6 | mg | 0.205 | | 15 | | 1 | | 0.058 | 0.146 | |
| Folate, total | µg | 2 | 0.300 | 3 | | 1 | | 1 | 1 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 2 | 0.300 | 3 | | 1 | | 1 | 1 | |
| Folate, DFE | mcg_DFE | 2 | | 0 | NC | 4 | | 1 | 1 | |
| Choline, total | mg | | | | | | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.99 | | 1 | | 1 | | 0.28 | 0.70 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 11 | | 0 | NC | 4 | | 3 | 8 | |
| Retinol | µg | 11 | | 0 | NC | 4 | | 3 | 8 | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin A, IU | IU | 38 | | 0 | NC | 4 | | 11 | 27 | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol) | mg | 0.40 | | 0 | NR | 4 | | 0.11 | 0.28 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | | | | | | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | | | | | | | | | |
| Vitamin K (phylloquinone) | µg | | | | | | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03007**
**Babyfood, meat, pork, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.400 | | 1 | | 1 | | 0.680 | 1.704 | |
| 4:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 1 | | 1 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 1 | | 1 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.080 | | 1 | | 1 | | 0.023 | 0.057 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.530 | | 1 | | 1 | | 0.434 | 1.086 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.720 | | 1 | | 1 | | 0.204 | 0.511 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 3.580 | | 1 | | 1 | | 1.015 | 2.542 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.230 | | 1 | | 1 | | 0.065 | 0.163 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 3.270 | | 1 | | 1 | | 0.927 | 2.322 | |
| 20:1....g | 0.070 | | 1 | | 1 | | 0.020 | 0.050 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.780 | | 1 | | 1 | | 0.221 | 0.554 | |
| 18:2 undifferentiated....g | 0.690 | | 1 | | 1 | | 0.196 | 0.490 | |
| 18:3 undifferentiated....g | 0.030 | | 1 | | 1 | | 0.009 | 0.021 | |
| 18:4....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 48 | | 0 | | 4 | | 14 | 34 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.136 | | 0 | | 1 | | 0.039 | 0.097 | |
| Threonine....g | 0.617 | | 0 | | 1 | | 0.175 | 0.438 | |
| Isoleucine....g | 0.680 | | 0 | | 1 | | 0.193 | 0.483 | |
| Leucine....g | 1.127 | | 0 | | 1 | | 0.320 | 0.800 | |
| Lysine....g | 1.158 | | 0 | | 1 | | 0.328 | 0.822 | |
| Methionine....g | 0.398 | | 0 | | 1 | | 0.113 | 0.283 | |
| Cystine....g | 0.154 | | 0 | | 1 | | 0.044 | 0.109 | |
| Phenylalanine....g | 0.570 | | 0 | | 1 | | 0.162 | 0.405 | |
| Tyrosine....g | 0.510 | | 0 | | 1 | | 0.145 | 0.362 | |
| Valine....g | 0.702 | | 0 | | 1 | | 0.199 | 0.498 | |
| Arginine....g | 0.948 | | 0 | | 1 | | 0.269 | 0.673 | |
| Histidine....g | 0.447 | | 0 | | 1 | | 0.127 | 0.317 | |
| Alanine....g | 0.879 | | 0 | | 1 | | 0.249 | 0.624 | |
| Aspartic acid....g | 1.310 | | 0 | | 1 | | 0.371 | 0.930 | |
| Glutamic acid....g | 2.133 | | 0 | | 1 | | 0.605 | 1.514 | |
| Glycine....g | 0.760 | | 0 | | 1 | | 0.215 | 0.540 | |
| Proline....g | 0.747 | | 0 | | 1 | | 0.212 | 0.530 | |
| Serine....g | 0.541 | | 0 | | 1 | | 0.153 | 0.384 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03007**
**Babyfood, meat, pork, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 71g: 1 jar

**Calories Factors: Protein** 4.27 **Fat** 9.02 **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03017**
**Babyfood, meat, turkey sticks, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 69.80 | 0.800 | 4 | | 1 | | 6.98 | 49.56 | 49.56 |
| Energy | kcal | 188 | | 0 | NC | 4 | | 19 | 134 | 134 |
| Energy | kJ | 787 | | 0 | NC | 4 | | 79 | 559 | 559 |
| Protein (N x 6.25) | g | 13.70 | 0.300 | 5 | | 1 | | 1.37 | 9.73 | 9.73 |
| Total lipid (fat) | g | 14.20 | 0.500 | 5 | | 1 | | 1.42 | 10.08 | 10.08 |
| Ash | g | 0.90 | 0.300 | 4 | | 1 | | 0.09 | 0.64 | 0.64 |
| Carbohydrate, by difference | g | 1.40 | | 0 | NC | 4 | | 0.14 | 1.00 | 1.00 |
| Fiber, total dietary | g | 0.5 | | 0 | | 4 | | 0.1 | 0.4 | 0.4 |
| Sugars, total | g | 1.40 | | 0 | NR | 4 | | 0.14 | 1.00 | 1.00 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 83 | | 1 | A | 1 | | 8 | 59 | 59 |
| Iron, Fe | mg | 0.92 | | 1 | A | 1 | | 0.09 | 0.65 | 0.65 |
| Magnesium, Mg | mg | 10 | | 1 | A | 1 | | 1 | 7 | 7 |
| Phosphorus, P | mg | 120 | | 1 | A | 1 | | 12 | 85 | 85 |
| Potassium, K | mg | 120 | | 1 | A | 1 | | 12 | 85 | 85 |
| Sodium, Na | mg | 440 | | 1 | A | 1 | | 44 | 312 | 312 |
| Zinc, Zn | mg | 2.40 | | 1 | A | 1 | | 0.24 | 1.70 | 1.70 |
| Copper, Cu | mg | 0.148 | | 1 | A | 1 | | 0.015 | 0.105 | 0.105 |
| Manganese, Mn | mg | 0.037 | | 1 | A | 1 | | 0.004 | 0.026 | 0.026 |
| Selenium, Se | µg | 13.5 | | 1 | A | 1 | | 1.4 | 9.6 | 9.6 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.5 | 0.100 | 4 | | 1 | | 0.2 | 1.1 | 1.1 |
| Thiamin | mg | 0.008 | | 1 | A | 1 | | 0.001 | 0.006 | 0.006 |
| Riboflavin | mg | 0.181 | | 1 | A | 1 | | 0.018 | 0.128 | 0.128 |
| Niacin | mg | 1.940 | | 1 | A | 1 | | 0.194 | 1.377 | 1.377 |
| Pantothenic acid | mg | 0.381 | | 1 | A | 1 | | 0.038 | 0.271 | 0.271 |
| Vitamin B-6 | mg | 0.023 | | 1 | A | 1 | | 0.002 | 0.016 | 0.016 |
| Folate, total | µg | 11 | | 1 | A | 1 | | 1 | 8 | 8 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 11 | | 1 | A | 1 | | 1 | 8 | 8 |
| Folate, DFE | mcg_DFE | 11 | | 0 | NC | 4 | | 1 | 8 | 8 |
| Choline, total | mg | 53.3 | | 0 | AS | 1 | | 5.3 | 37.9 | 37.9 |
| Betaine | mg | 3.7 | | 1 | A | 1 | | 0.4 | 2.7 | 2.7 |
| Vitamin B-12 | µg | 1.30 | | 1 | A | 1 | | 0.13 | 0.92 | 0.92 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 6 | | 0 | NC | 4 | | 1 | 4 | 4 |
| Retinol | µg | 6 | | 0 | BNA | 4 | | 1 | 4 | 4 |
| Carotene, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 19 | | 0 | NC | 4 | | 2 | 13 | 13 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.12 | | 1 | A | 1 | | 0.01 | 0.09 | 0.09 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma | mg | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, delta | mg | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3) | µg | 0.4 | | 0 | O | 4 | | 0.0 | 0.3 | 0.3 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 15 | | 1 | A | 1 | | 1 | 10 | 10 |
| Vitamin K (phylloquinone) | µg | 0.0 | | 1 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03017**
**Babyfood, meat, turkey sticks, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 4.143 | | 0 | | 4 | | 0.414 | 2.942 | 2.942 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.020 | | 0 | | 4 | | 0.002 | 0.014 | 0.014 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.102 | | 0 | | 4 | | 0.010 | 0.072 | 0.072 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 2.539 | | 0 | | 4 | | 0.254 | 1.803 | 1.803 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.015 | | 0 | | 4 | | 0.102 | 0.721 | 0.721 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 4.671 | | 0 | | 4 | | 0.467 | 3.316 | 3.316 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.772 | | 0 | | 4 | | 0.077 | 0.548 | 0.548 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 3.798 | | 0 | | 4 | | 0.380 | 2.697 | 2.697 |
| 20:1....g | 0.020 | | 0 | | 4 | | 0.002 | 0.014 | 0.014 |
| 22:1 undifferentiated....g | 0.020 | | 0 | | 4 | | 0.002 | 0.014 | 0.014 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 3.615 | | 0 | | 4 | | 0.362 | 2.567 | 2.567 |
| 18:2 undifferentiated....g | 3.006 | | 0 | | 4 | | 0.301 | 2.134 | 2.134 |
| 18:3 undifferentiated....g | 0.163 | | 0 | | 4 | | 0.016 | 0.116 | 0.116 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.284 | | 0 | | 4 | | 0.028 | 0.202 | 0.202 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.041 | | 0 | | 4 | | 0.004 | 0.029 | 0.029 |
| 22:6 n-3 (DHA)....g | 0.061 | | 0 | | 4 | | 0.006 | 0.043 | 0.043 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 65 | | 0 | | 4 | | 7 | 46 | 46 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.101 | | 0 | | 1 | | 0.010 | 0.072 | 0.072 |
| Threonine....g | 0.546 | | 0 | | 1 | | 0.055 | 0.388 | 0.388 |
| Isoleucine....g | 0.629 | | 0 | | 1 | | 0.063 | 0.447 | 0.447 |
| Leucine....g | 1.071 | | 0 | | 1 | | 0.107 | 0.760 | 0.760 |
| Lysine....g | 1.176 | | 0 | | 1 | | 0.118 | 0.835 | 0.835 |
| Methionine....g | 0.304 | | 0 | | 1 | | 0.030 | 0.216 | 0.216 |
| Cystine....g | 0.122 | | 0 | | 1 | | 0.012 | 0.087 | 0.087 |
| Phenylalanine....g | 0.610 | | 0 | | 1 | | 0.061 | 0.433 | 0.433 |
| Tyrosine....g | 0.483 | | 0 | | 1 | | 0.048 | 0.343 | 0.343 |
| Valine....g | 0.651 | | 0 | | 1 | | 0.065 | 0.462 | 0.462 |
| Arginine....g | 0.883 | | 0 | | 1 | | 0.088 | 0.627 | 0.627 |
| Histidine....g | 0.367 | | 0 | | 1 | | 0.037 | 0.261 | 0.261 |
| Alanine....g | 0.704 | | 0 | | 1 | | 0.070 | 0.500 | 0.500 |
| Aspartic acid....g | 1.272 | | 0 | | 1 | | 0.127 | 0.903 | 0.903 |
| Glutamic acid....g | 2.196 | | 0 | | 1 | | 0.220 | 1.559 | 1.559 |
| Glycine....g | 0.682 | | 0 | | 1 | | 0.068 | 0.484 | 0.484 |
| Proline....g | 0.651 | | 0 | | 1 | | 0.065 | 0.462 | 0.462 |
| Serine....g | 0.505 | | 0 | | 1 | | 0.051 | 0.359 | 0.359 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03017**
**Babyfood, meat, turkey sticks, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 10.0g: 1 stick

Measure 2 = 71g: 1 jar

Measure 3 = 71g: 1 jar Gerber Graduate (2.5 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03016**
**Babyfood, meat, turkey, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 80.32 | 1.442 | 3 | A | 1 | | 15.26 | 54.62 | |
| Energy....kcal | 111 | | 0 | NC | 4 | | 21 | 75 | |
| Energy....kJ | 463 | | 0 | NC | 4 | | 88 | 315 | |
| Protein (N x 6.25)....g | 11.50 | 0.642 | 3 | A | 1 | | 2.18 | 7.82 | |
| Total lipid (fat)....g | 6.20 | 0.657 | 3 | A | 1 | | 1.18 | 4.22 | |
| Ash....g | 0.58 | 0.020 | 3 | A | 1 | | 0.11 | 0.40 | |
| Carbohydrate, by difference....g | 1.40 | | 0 | NC | 4 | | 0.27 | 0.95 | |
| Fiber, total dietary....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Sugars, total....g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 41 | 9.280 | 3 | A | 1 | | 8 | 28 | |
| Iron, Fe....mg | 0.70 | 0.065 | 3 | A | 1 | | 0.13 | 0.48 | |
| Magnesium, Mg....mg | 12 | 0.577 | 3 | A | 1 | | 2 | 8 | |
| Phosphorus, P....mg | 117 | 3.333 | 3 | A | 1 | | 22 | 79 | |
| Potassium, K....mg | 135 | 13.229 | 3 | A | 1 | | 26 | 92 | |
| Sodium, Na....mg | 49 | | 0 | LC | 8 | | 9 | 33 | |
| Zinc, Zn....mg | 1.77 | 0.186 | 3 | A | 1 | | 0.34 | 1.20 | |
| Copper, Cu....mg | 0.148 | 0.000 | 3 | A | 1 | | 0.028 | 0.100 | |
| Manganese, Mn....mg | 0.037 | 0.000 | 3 | A | 1 | | 0.007 | 0.025 | |
| Selenium, Se....µg | 12.0 | 2.421 | 3 | A | 1 | | 2.3 | 8.1 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Thiamin....mg | 0.008 | | 2 | A | 1 | | 0.002 | 0.006 | |
| Riboflavin....mg | 0.163 | | 2 | A | 1 | | 0.031 | 0.111 | |
| Niacin....mg | 2.610 | | 2 | A | 1 | | 0.496 | 1.775 | |
| Pantothenic acid....mg | 0.410 | | 1 | A | 1 | | 0.078 | 0.279 | |
| Vitamin B-6....mg | 0.029 | | 2 | A | 1 | | 0.006 | 0.020 | |
| Folate, total....µg | 8 | 2.082 | 3 | A | 1 | | 2 | 5 | |
| Folic acid....µg | 0 | | 2 | A | 1 | | 0 | 0 | |
| Folate, food....µg | 8 | 2.082 | 3 | AS | 1 | | 2 | 5 | |
| Folate, DFE....mcg_DFE | 8 | | 0 | NC | 4 | | 2 | 5 | |
| Choline, total....mg | 39.8 | 1.942 | 3 | AS | 1 | | 7.6 | 27.0 | |
| Betaine....mg | 4.7 | 0.530 | 3 | A | 1 | | 0.9 | 3.2 | |
| Vitamin B-12....µg | 1.11 | | 2 | A | 1 | | 0.21 | 0.75 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Retinol....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin A, IU....IU | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol)....mg | 0.08 | 0.015 | 3 | A | 1 | | 0.02 | 0.06 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | 0.00 | 0.000 | 3 | A | 1 | | 0.00 | 0.00 | |
| Tocopherol, gamma....mg | 0.03 | 0.024 | 3 | A | 1 | | 0.01 | 0.02 | |
| Tocopherol, delta....mg | 0.00 | 0.000 | 3 | A | 1 | | 0.00 | 0.00 | |
| Vitamin D (D2 + D3)....µg | 0.8 | | 1 | A | 1 | | 0.2 | 0.6 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 34 | | 1 | A | 1 | | 6 | 23 | |
| Vitamin K (phylloquinone)....µg | 0.0 | 0.000 | 3 | A | 1 | | 0.0 | 0.0 | |
| Dihydrophylloquinone....µg | 0.0 | 0.000 | 3 | A | 1 | | 0.0 | 0.0 | |
| Menaquinone-4....µg | 18.7 | 2.252 | 3 | A | 1 | | 3.6 | 12.7 | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03016**
**Babyfood, meat, turkey, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.641 | | 0 | NC | 4 | | 0.312 | 1.116 | |
| 4:0....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.040 | | 1 | A | 1 | | 0.008 | 0.027 | |
| 15:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 16:0....g | 0.770 | | 1 | A | 1 | | 0.146 | 0.524 | |
| 17:0....g | 0.010 | | 1 | A | 1 | | 0.002 | 0.007 | |
| 18:0....g | 0.330 | | 1 | A | 1 | | 0.063 | 0.224 | |
| 20:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 22:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 24:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| Fatty acids, total monounsaturated....g | 2.384 | | 0 | NC | 4 | | 0.453 | 1.621 | |
| 14:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 15:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 16:1 undifferentiated....g | 0.140 | | 1 | A | 1 | | 0.027 | 0.095 | |
| 17:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 18:1 undifferentiated....g | 1.520 | | 1 | A | 1 | | 0.289 | 1.034 | |
| 20:1....g | 0.010 | | 1 | A | 1 | | 0.002 | 0.007 | |
| 22:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 24:1 c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| Fatty acids, total polyunsaturated....g | 1.741 | | 0 | NC | 4 | | 0.331 | 1.184 | |
| 18:2 undifferentiated....g | 1.040 | | 1 | A | 1 | | 0.198 | 0.707 | |
| 18:3 undifferentiated....g | 0.060 | | 1 | A | 1 | | 0.011 | 0.041 | |
| 18:4....g | 0.020 | | 1 | A | 1 | | 0.004 | 0.014 | |
| 20:2 n-6 c,c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 20:3 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 20:4 undifferentiated....g | 0.050 | | 1 | A | 1 | | 0.010 | 0.034 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.040 | | 1 | A | 1 | | 0.008 | 0.027 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 58 | 2.427 | 3 | A | 1 | | 11 | 39 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 19g: 1 tbsp

Measure 2 = 68g: 1 container

**Calories Factors: Protein** 4.27 **Fat** 9.02 **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03015**
**Babyfood, meat, turkey, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 80.32 | 1.442 | 3 | A | 1 | | 12.05 | 22.77 | 57.03 |
| Energy | kcal | 111 | | 0 | NC | 4 | | 17 | 31 | 79 |
| Energy | kJ | 463 | | 0 | NC | 4 | | 69 | 131 | 329 |
| Protein (N x 6.25) | g | 11.50 | 0.642 | 3 | A | 1 | | 1.72 | 3.26 | 8.16 |
| Total lipid (fat) | g | 6.20 | 0.657 | 3 | A | 1 | | 0.93 | 1.76 | 4.40 |
| Ash | g | 0.58 | 0.020 | 3 | A | 1 | | 0.09 | 0.17 | 0.41 |
| Carbohydrate, by difference | g | 1.40 | | 0 | NC | 4 | | 0.21 | 0.40 | 0.99 |
| Fiber, total dietary | g | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | 0.0 |
| Sugars, total | g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 41 | 9.280 | 3 | A | 1 | | 6 | 12 | 29 |
| Iron, Fe | mg | 0.70 | 0.065 | 3 | A | 1 | | 0.10 | 0.20 | 0.50 |
| Magnesium, Mg | mg | 12 | 0.577 | 3 | A | 1 | | 2 | 3 | 9 |
| Phosphorus, P | mg | 117 | 3.333 | 3 | A | 1 | | 18 | 33 | 83 |
| Potassium, K | mg | 135 | 13.229 | 3 | A | 1 | | 20 | 38 | 96 |
| Sodium, Na | mg | 49 | | 0 | LC | 8 | | 7 | 14 | 34 |
| Zinc, Zn | mg | 1.77 | 0.186 | 3 | A | 1 | | 0.26 | 0.50 | 1.25 |
| Copper, Cu | mg | 0.148 | 0.000 | 3 | A | 1 | | 0.022 | 0.042 | 0.105 |
| Manganese, Mn | mg | 0.037 | 0.000 | 3 | A | 1 | | 0.006 | 0.010 | 0.026 |
| Selenium, Se | µg | 12.0 | 2.421 | 3 | A | 1 | | 1.8 | 3.4 | 8.5 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 2.2 | 0.200 | 19 | | 1 | | 0.3 | 0.6 | 1.6 |
| Thiamin | mg | 0.008 | | 2 | A | 1 | | 0.001 | 0.002 | 0.006 |
| Riboflavin | mg | 0.163 | | 2 | A | 1 | | 0.024 | 0.046 | 0.116 |
| Niacin | mg | 2.610 | | 2 | A | 1 | | 0.391 | 0.740 | 1.853 |
| Pantothenic acid | mg | 0.410 | | 1 | A | 1 | | 0.061 | 0.116 | 0.291 |
| Vitamin B-6 | mg | 0.029 | | 2 | A | 1 | | 0.004 | 0.008 | 0.021 |
| Folate, total | µg | 8 | 2.082 | 3 | A | 1 | | 1 | 2 | 6 |
| Folic acid | µg | 0 | | 2 | A | 1 | | 0 | 0 | 0 |
| Folate, food | µg | 8 | 2.082 | 3 | AS | 1 | | 1 | 2 | 6 |
| Folate, DFE | mcg_DFE | 8 | | 0 | NC | 4 | | 1 | 2 | 6 |
| Choline, total | mg | 39.8 | 1.942 | 3 | AS | 1 | | 6.0 | 11.3 | 28.2 |
| Betaine | mg | 4.7 | 0.530 | 3 | A | 1 | | 0.7 | 1.3 | 3.4 |
| Vitamin B-12 | µg | 1.11 | | 2 | A | 1 | | 0.17 | 0.31 | 0.79 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Retinol | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.08 | 0.015 | 3 | A | 1 | | 0.01 | 0.02 | 0.06 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | 0.00 | 0.000 | 3 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma | mg | 0.03 | 0.024 | 3 | A | 1 | | 0.00 | 0.01 | 0.02 |
| Tocopherol, delta | mg | 0.00 | 0.000 | 3 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3) | µg | 0.8 | | 1 | A | 1 | | 0.1 | 0.2 | 0.6 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 34 | | 1 | A | 1 | | 5 | 10 | 24 |
| Vitamin K (phylloquinone) | µg | 0.0 | 0.000 | 3 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Dihydrophylloquinone | µg | 0.0 | 0.000 | 3 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4 | µg | 18.7 | 2.252 | 3 | A | 1 | | 2.8 | 5.3 | 13.3 |

**Lipids:**

**NDB No. 03015**
**Babyfood, meat, turkey, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.641 | | 0 | NC | 4 | | 0.246 | 0.465 | 1.165 |
| 4:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 1 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.040 | | 1 | A | 1 | | 0.006 | 0.011 | 0.028 |
| 15:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:0....g | 0.770 | | 1 | A | 1 | | 0.115 | 0.218 | 0.547 |
| 17:0....g | 0.010 | | 1 | A | 1 | | 0.001 | 0.003 | 0.007 |
| 18:0....g | 0.330 | | 1 | A | 1 | | 0.050 | 0.094 | 0.234 |
| 20:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated....g | 2.384 | | 0 | NC | 4 | | 0.358 | 0.676 | 1.692 |
| 14:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.140 | | 1 | A | 1 | | 0.021 | 0.040 | 0.099 |
| 17:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:1 undifferentiated....g | 1.520 | | 1 | A | 1 | | 0.228 | 0.431 | 1.079 |
| 20:1....g | 0.010 | | 1 | A | 1 | | 0.002 | 0.003 | 0.007 |
| 22:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated....g | 1.741 | | 0 | NC | 4 | | 0.261 | 0.494 | 1.236 |
| 18:2 undifferentiated....g | 1.040 | | 1 | A | 1 | | 0.156 | 0.295 | 0.738 |
| 18:3 undifferentiated....g | 0.060 | | 1 | A | 1 | | 0.009 | 0.017 | 0.043 |
| 18:4....g | 0.020 | | 1 | A | 1 | | 0.003 | 0.006 | 0.014 |
| 20:2 n-6 c,c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated....g | 0.050 | | 1 | A | 1 | | 0.008 | 0.014 | 0.036 |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.040 | | 1 | A | 1 | | 0.006 | 0.011 | 0.028 |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 58 | 2.427 | 3 | A | 1 | | 9 | 16 | 41 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.149 | | 0 | | 1 | | 0.022 | 0.042 | 0.106 |
| Threonine....g | 0.633 | | 0 | | 1 | | 0.095 | 0.179 | 0.449 |
| Isoleucine....g | 0.717 | | 0 | | 1 | | 0.108 | 0.203 | 0.509 |
| Leucine....g | 1.138 | | 0 | | 1 | | 0.171 | 0.323 | 0.808 |
| Lysine....g | 1.184 | | 0 | | 1 | | 0.178 | 0.336 | 0.841 |
| Methionine....g | 0.443 | | 0 | | 1 | | 0.066 | 0.126 | 0.315 |
| Cystine....g | 0.174 | | 0 | | 1 | | 0.026 | 0.049 | 0.124 |
| Phenylalanine....g | 0.590 | | 0 | | 1 | | 0.089 | 0.167 | 0.419 |
| Tyrosine....g | 0.503 | | 0 | | 1 | | 0.075 | 0.143 | 0.357 |
| Valine....g | 0.727 | | 0 | | 1 | | 0.109 | 0.206 | 0.516 |
| Arginine....g | 0.909 | | 0 | | 1 | | 0.136 | 0.258 | 0.645 |
| Histidine....g | 0.366 | | 0 | | 1 | | 0.055 | 0.104 | 0.260 |
| Alanine....g | 0.905 | | 0 | | 1 | | 0.136 | 0.257 | 0.643 |
| Aspartic acid....g | 1.426 | | 0 | | 1 | | 0.214 | 0.404 | 1.012 |
| Glutamic acid....g | 2.267 | | 0 | | 1 | | 0.340 | 0.643 | 1.610 |
| Glycine....g | 0.941 | | 0 | | 1 | | 0.141 | 0.267 | 0.668 |
| Proline....g | 0.704 | | 0 | | 1 | | 0.106 | 0.200 | 0.500 |
| Serine....g | 0.562 | | 0 | | 1 | | 0.084 | 0.159 | 0.399 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03015**
**Babyfood, meat, turkey, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 71g: 1 jar

**Calories Factors: Protein** 4.27 **Fat** 9.02 **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03005**
**Babyfood, meat, veal, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 82.37 | | 2 | A | 1 | | 13.18 | 23.35 | 58.49 |
| Energy....kcal | 81 | | 0 | NC | 4 | | 13 | 23 | 57 |
| Energy....kJ | 337 | | 0 | NC | 4 | | 54 | 96 | 239 |
| Protein....g | 13.12 | | 2 | A | 1 | | 2.10 | 3.72 | 9.32 |
| Total lipid (fat)....g | 2.45 | | 2 | A | 1 | | 0.39 | 0.69 | 1.74 |
| Ash....g | 0.54 | | 2 | A | 1 | | 0.09 | 0.15 | 0.39 |
| Carbohydrate, by difference....g | 1.51 | | 0 | NC | 4 | | 0.24 | 0.43 | 1.07 |
| Fiber, total dietary....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Sugars, total....g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 6 | | 1 | A | 1 | | 1 | 2 | 4 |
| Iron, Fe....mg | 0.76 | | 1 | A | 1 | | 0.12 | 0.22 | 0.54 |
| Magnesium, Mg....mg | 11 | | 1 | A | 1 | | 2 | 3 | 8 |
| Phosphorus, P....mg | 98 | | 1 | A | 1 | | 16 | 28 | 70 |
| Potassium, K....mg | 170 | | 1 | A | 1 | | 27 | 48 | 121 |
| Sodium, Na....mg | 39 | | 1 | A | 1 | | 6 | 11 | 28 |
| Zinc, Zn....mg | 2.50 | | 1 | A | 1 | | 0.40 | 0.71 | 1.78 |
| Copper, Cu....mg | 0.148 | | 1 | A | 1 | | 0.024 | 0.042 | 0.105 |
| Manganese, Mn....mg | 0.037 | | 1 | A | 1 | | 0.006 | 0.010 | 0.026 |
| Selenium, Se....µg | 3.5 | | 1 | A | 1 | | 0.6 | 1.0 | 2.5 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Thiamin....mg | 0.023 | | 1 | A | 1 | | 0.004 | 0.006 | 0.016 |
| Riboflavin....mg | 0.116 | | 1 | A | 1 | | 0.019 | 0.033 | 0.082 |
| Niacin....mg | 2.850 | | 1 | A | 1 | | 0.456 | 0.808 | 2.023 |
| Pantothenic acid....mg | 0.155 | | 1 | A | 1 | | 0.025 | 0.044 | 0.110 |
| Vitamin B-6....mg | 0.049 | | 1 | A | 1 | | 0.008 | 0.014 | 0.035 |
| Folate, total....µg | 5 | | 1 | A | 1 | | 1 | 1 | 4 |
| Folic acid....µg | 0 | | 1 | A | 1 | | 0 | 0 | 0 |
| Folate, food....µg | 5 | | 0 | AS | 1 | | 1 | 1 | 4 |
| Folate, DFE....mcg_DFE | 5 | | 0 | NC | 4 | | 1 | 1 | 4 |
| Choline, total....mg | 49.5 | | 0 | AS | 1 | | 7.9 | 14.0 | 35.2 |
| Betaine....mg | 6.9 | | 1 | A | 1 | | 1.1 | 2.0 | 4.9 |
| Vitamin B-12....µg | 1.65 | | 1 | A | 1 | | 0.26 | 0.47 | 1.17 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | AS | 1 | | 0 | 0 | 0 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 0 | | 0 | AS | 1 | | 0 | 0 | 0 |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol)....mg | 0.28 | | 1 | A | 1 | | 0.04 | 0.08 | 0.20 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma....mg | 0.01 | | 1 | A | 1 | | 0.00 | 0.00 | 0.01 |
| Tocopherol, delta....mg | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3)....µg | 0.7 | | 1 | A | 1 | | 0.1 | 0.2 | 0.5 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 26 | | 1 | A | 1 | | 4 | 7 | 19 |
| Vitamin K (phylloquinone)....µg | 0.0 | | 1 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Dihydrophylloquinone....µg | 0.0 | | 1 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4....µg | 1.5 | | 1 | A | 1 | | 0.2 | 0.4 | 1.1 |
| **Lipids:** | | | | | | | | | |

**NDB No. 03005**
**Babyfood, meat, veal, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.063 | | 0 | NC | 4 | | 0.170 | 0.301 | 0.755 |
| 4:0....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | Z | 7 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.009 | | 1 | A | 1 | | 0.001 | 0.002 | 0.006 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.131 | | 1 | A | 1 | | 0.021 | 0.037 | 0.093 |
| 15:0....g | 0.009 | | 1 | A | 1 | | 0.001 | 0.002 | 0.006 |
| 16:0....g | 0.575 | | 1 | A | 1 | | 0.092 | 0.163 | 0.408 |
| 17:0....g | 0.026 | | 1 | A | 1 | | 0.004 | 0.007 | 0.018 |
| 18:0....g | 0.314 | | 1 | A | 1 | | 0.050 | 0.089 | 0.223 |
| 20:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated....g | 1.054 | | 0 | NC | 4 | | 0.169 | 0.299 | 0.749 |
| 14:1....g | 0.026 | | 1 | A | 1 | | 0.004 | 0.007 | 0.019 |
| 15:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:1 undifferentiated....g | 0.105 | | 1 | A | 1 | | 0.017 | 0.030 | 0.074 |
| 17:1....g | 0.017 | | 1 | A | 1 | | 0.003 | 0.005 | 0.012 |
| 18:1 undifferentiated....g | 0.898 | | 1 | A | 1 | | 0.144 | 0.254 | 0.637 |
| 20:1....g | 0.009 | | 1 | A | 1 | | 0.001 | 0.002 | 0.006 |
| 22:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated....g | 0.157 | | 0 | NC | 4 | | 0.025 | 0.044 | 0.111 |
| 18:2 undifferentiated....g | 0.104 | | 1 | A | 1 | | 0.017 | 0.030 | 0.074 |
| 18:3 undifferentiated....g | 0.017 | | 1 | A | 1 | | 0.003 | 0.005 | 0.012 |
| 18:4....g | 0.017 | | 1 | A | 1 | | 0.003 | 0.005 | 0.012 |
| 20:2 n-6 c,c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated....g | 0.017 | | 1 | A | 1 | | 0.003 | 0.005 | 0.012 |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 33 | | 1 | A | 1 | | 5 | 9 | 23 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 71g: 1 jar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 42120**
**Babyfood, mixed fruit juice with low fat yogurt**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 81.50 | | 0 | | 5 | | 25.67 | 102.69 | |
| Energy | kcal | 76 | | 0 | NC | 4 | | 24 | 95 | |
| Energy | kJ | 316 | | 0 | NC | 4 | | 100 | 398 | |
| Protein | g | 2.40 | | 0 | | 5 | | 0.76 | 3.02 | |
| Total lipid (fat) | g | 0.80 | | 0 | | 5 | | 0.25 | 1.01 | |
| Ash | g | 0.62 | | 0 | T | 4 | | 0.20 | 0.78 | |
| Carbohydrate, by difference | g | 14.68 | | 0 | NC | 4 | | 4.62 | 18.50 | |
| Fiber, total dietary | g | 0.4 | | 0 | | 4 | | 0.1 | 0.5 | |
| Sugars, total | g | 10.80 | | 0 | T | 4 | | 3.40 | 13.61 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 81 | | 0 | | 5 | | 26 | 102 | |
| Iron, Fe | mg | 0.20 | | 0 | | 5 | | 0.06 | 0.25 | |
| Magnesium, Mg | mg | 10 | | 0 | | 4 | | 3 | 13 | |
| Phosphorus, P | mg | 60 | | 0 | | 5 | | 19 | 76 | |
| Potassium, K | mg | 137 | | 0 | | 5 | | 43 | 173 | |
| Sodium, Na | mg | 36 | | 0 | | 5 | | 11 | 45 | |
| Zinc, Zn | mg | 0.14 | | 0 | | 4 | | 0.04 | 0.18 | |
| Copper, Cu | mg | 0.030 | | 0 | | 4 | | 0.009 | 0.038 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 1.3 | | 0 | FLM | 4 | | 0.4 | 1.6 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 33.9 | | 0 | | 5 | | 10.7 | 42.7 | |
| Thiamin | mg | 0.040 | | 0 | | 5 | | 0.013 | 0.050 | |
| Riboflavin | mg | 0.100 | | 0 | | 5 | | 0.032 | 0.126 | |
| Niacin | mg | 0.160 | | 0 | | 5 | | 0.050 | 0.202 | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.050 | | 0 | | 5 | | 0.016 | 0.063 | |
| Folate, total | µg | 6 | | 0 | | 4 | | 2 | 8 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 6 | | 0 | | 4 | | 2 | 8 | |
| Folate, DFE | mcg_DFE | 6 | | 0 | NC | 4 | | 2 | 8 | |
| Choline, total | mg | 8.2 | | 0 | FLM | 4 | | 2.6 | 10.4 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.43 | | 0 | | 4 | | 0.14 | 0.54 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 5 | | 0 | NC | 4 | | 2 | 7 | |
| Retinol | µg | 5 | | 0 | BNA | 4 | | 2 | 6 | |
| Carotene, beta | µg | 3 | | 0 | BNA | 4 | | 1 | 4 | |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 8 | | 0 | BNA | 4 | | 3 | 10 | |
| Vitamin A, IU | IU | 28 | | 0 | NC | 4 | | 9 | 35 | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 18 | | 0 | FLA | 4 | | 6 | 23 | |
| Vitamin E (alpha-tocopherol) | mg | 0.03 | | 0 | BNA | 4 | | 0.01 | 0.04 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | |
| Vitamin D | IU | 1 | | 0 | FLA | 4 | | 0 | 1 | |
| Vitamin K (phylloquinone) | µg | 0.2 | | 0 | FLA | 4 | | 0.0 | 0.2 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 42120**
**Babyfood, mixed fruit juice with low fat yogurt**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 0.517 | | 0 | | 4 | | 0.163 | 0.651 | |
| 4:0....g | 0.025 | | 0 | | 4 | | 0.008 | 0.032 | |
| 6:0....g | 0.017 | | 0 | | 4 | | 0.005 | 0.021 | |
| 8:0....g | 0.010 | | 0 | | 4 | | 0.003 | 0.013 | |
| 10:0....g | 0.022 | | 0 | | 4 | | 0.007 | 0.028 | |
| 12:0....g | 0.027 | | 0 | | 4 | | 0.009 | 0.034 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.084 | | 0 | | 4 | | 0.026 | 0.106 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.219 | | 0 | | 4 | | 0.069 | 0.276 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.079 | | 0 | | 4 | | 0.025 | 0.100 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.219 | | 0 | | 4 | | 0.069 | 0.276 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.017 | | 0 | | 4 | | 0.005 | 0.021 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.182 | | 0 | | 4 | | 0.057 | 0.229 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.022 | | 0 | | 4 | | 0.007 | 0.028 | |
| 18:2 undifferentiated....g | 0.015 | | 0 | | 4 | | 0.005 | 0.019 | |
| 18:3 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.002 | 0.009 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 3 | | 0 | | 4 | | 1 | 4 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.5g: 1 fl oz

Measure 2 = 126g: 1 bottle NFS

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43523**
**Babyfood, mixed fruit yogurt, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 81.80 | | 0 | | 5 | | 12.27 | 92.43 | 92.43 |
| Energy | kcal | 75 | | 0 | NC | 4 | | 11 | 85 | 85 |
| Energy | kJ | 315 | | 0 | NC | 4 | | 47 | 356 | 356 |
| Protein | g | 0.80 | | 0 | | 5 | | 0.12 | 0.90 | 0.90 |
| Total lipid (fat) | g | 0.80 | | 0 | | 5 | | 0.12 | 0.90 | 0.90 |
| Ash | g | 0.37 | | 0 | FLA | 4 | | 0.06 | 0.42 | 0.42 |
| Carbohydrate, by difference | g | 16.23 | | 0 | NC | 4 | | 2.43 | 18.34 | 18.34 |
| Fiber, total dietary | g | 0.4 | | 0 | | 4 | | 0.1 | 0.5 | 0.5 |
| Sugars, total | g | 11.74 | | 0 | FLA | 4 | | 1.76 | 13.26 | 13.26 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 28 | | 0 | | 5 | | 4 | 32 | 32 |
| Iron, Fe | mg | 0.20 | | 0 | | 5 | | 0.03 | 0.23 | 0.23 |
| Magnesium, Mg | mg | 4 | | 0 | | 4 | | 1 | 5 | 5 |
| Phosphorus, P | mg | 22 | | 0 | | 5 | | 3 | 25 | 25 |
| Potassium, K | mg | 62 | | 0 | | 5 | | 9 | 70 | 70 |
| Sodium, Na | mg | 16 | | 0 | | 5 | | 2 | 18 | 18 |
| Zinc, Zn | mg | 0.11 | | 0 | | 5 | | 0.02 | 0.12 | 0.12 |
| Copper, Cu | mg | 0.020 | | 0 | | 5 | | 0.003 | 0.023 | 0.023 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.8 | | 0 | FLM | 4 | | 0.1 | 0.9 | 0.9 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 11.7 | | 0 | | 5 | | 1.8 | 13.2 | 13.2 |
| Thiamin | mg | 0.020 | | 0 | | 5 | | 0.003 | 0.023 | 0.023 |
| Riboflavin | mg | 0.050 | | 0 | | 5 | | 0.008 | 0.057 | 0.057 |
| Niacin | mg | 0.140 | | 0 | | 5 | | 0.021 | 0.158 | 0.158 |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.040 | | 0 | | 5 | | 0.006 | 0.045 | 0.045 |
| Folate, total | µg | 2 | | 0 | | 4 | | 0 | 2 | 2 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 2 | | 0 | | 4 | | 0 | 2 | 2 |
| Folate, DFE | mcg_DFE | 2 | | 0 | NC | 4 | | 0 | 2 | 2 |
| Choline, total | mg | 4.5 | | 0 | FLA | 4 | | 0.7 | 5.1 | 5.1 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 5 | | 0 | NC | 4 | | 1 | 6 | 6 |
| Retinol | µg | 2 | | 0 | FLA | 4 | | 0 | 2 | 2 |
| Carotene, beta | µg | 28 | | 0 | FLA | 4 | | 4 | 32 | 32 |
| Carotene, alpha | µg | 1 | | 0 | FLA | 4 | | 0 | 1 | 1 |
| Cryptoxanthin, beta | µg | 14 | | 0 | FLA | 4 | | 2 | 16 | 16 |
| Vitamin A, IU | IU | 67 | | 0 | NC | 4 | | 10 | 75 | 75 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 19 | | 0 | FLA | 4 | | 3 | 22 | 22 |
| Vitamin E (alpha-tocopherol) | mg | 0.13 | | 0 | FLA | 4 | | 0.02 | 0.15 | 0.15 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Vitamin D | IU | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 0.5 | | 0 | FLA | 4 | | 0.1 | 0.6 | 0.6 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 43523**
**Babyfood, mixed fruit yogurt, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.517 | | 0 | | 4 | | 0.078 | 0.584 | 0.584 |
| 4:0....g | 0.025 | | 0 | | 4 | | 0.004 | 0.028 | 0.028 |
| 6:0....g | 0.017 | | 0 | | 4 | | 0.003 | 0.019 | 0.019 |
| 8:0....g | 0.010 | | 0 | | 4 | | 0.002 | 0.011 | 0.011 |
| 10:0....g | 0.022 | | 0 | | 4 | | 0.003 | 0.025 | 0.025 |
| 12:0....g | 0.027 | | 0 | | 4 | | 0.004 | 0.031 | 0.031 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.084 | | 0 | | 4 | | 0.013 | 0.095 | 0.095 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.219 | | 0 | | 4 | | 0.033 | 0.247 | 0.247 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.079 | | 0 | | 4 | | 0.012 | 0.089 | 0.089 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.219 | | 0 | | 4 | | 0.033 | 0.247 | 0.247 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.017 | | 0 | | 4 | | 0.003 | 0.019 | 0.019 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.182 | | 0 | | 4 | | 0.027 | 0.206 | 0.206 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.022 | | 0 | | 4 | | 0.003 | 0.025 | 0.025 |
| 18:2 undifferentiated....g | 0.015 | | 0 | | 4 | | 0.002 | 0.017 | 0.017 |
| 18:3 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.001 | 0.008 | 0.008 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03205**
**Babyfood, oatmeal cereal with fruit, dry, instant, toddler**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 5.40 | | 0 | MA | 12 | | 0.29 | 1.13 | |
| Energy....kcal | 402 | | 0 | NC | 4 | | 21 | 84 | |
| Energy....kJ | 1681 | | 0 | NC | 4 | | 89 | 353 | |
| Protein....g | 10.50 | | 0 | MA | 12 | | 0.56 | 2.21 | |
| Total lipid (fat)....g | 7.05 | | 0 | MA | 12 | | 0.37 | 1.48 | |
| Ash....g | 2.95 | | 0 | MA | 12 | | 0.16 | 0.62 | |
| Carbohydrate, by difference....g | 74.10 | | 0 | NC | 4 | | 3.93 | 15.56 | |
| Fiber, total dietary....g | 7.8 | | 0 | MA | 12 | | 0.4 | 1.6 | |
| Sugars, total....g | 11.09 | | 0 | FLA | 4 | | 0.59 | 2.33 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 286 | | 0 | MA | 12 | | 15 | 60 | |
| Iron, Fe....mg | 14.30 | | 0 | MA | 12 | | 0.76 | 3.00 | |
| Magnesium, Mg....mg | 107 | | 0 | MA | 12 | | 6 | 22 | |
| Phosphorus, P....mg | 429 | | 0 | MA | 12 | | 23 | 90 | |
| Potassium, K....mg | 346 | | 0 | MA | 12 | | 18 | 73 | |
| Sodium, Na....mg | 0 | | 0 | LC | 8 | | 0 | 0 | |
| Zinc, Zn....mg | 5.70 | | 0 | MA | 12 | | 0.30 | 1.20 | |
| Copper, Cu....mg | 0.340 | | 0 | MA | 12 | | 0.018 | 0.071 | |
| Manganese, Mn....mg | 2.800 | | 0 | MA | 12 | | 0.148 | 0.588 | |
| Selenium, Se....µg | 20.5 | | 0 | BFZN | 4 | | 1.1 | 4.3 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 2.7 | | 0 | MA | 12 | | 0.1 | 0.6 | |
| Thiamin....mg | 0.750 | | 0 | MA | 12 | | 0.040 | 0.158 | |
| Riboflavin....mg | 0.860 | | 0 | MA | 12 | | 0.046 | 0.181 | |
| Niacin....mg | 9.600 | | 0 | MA | 12 | | 0.509 | 2.016 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.380 | | 0 | MA | 12 | | 0.020 | 0.080 | |
| Folate, total....µg | 18 | | 0 | MA | 12 | | 1 | 4 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 18 | | 0 | NR | 4 | | 1 | 4 | |
| Folate, DFE....mcg_DFE | 18 | | 0 | NC | 4 | | 1 | 4 | |
| Choline, total....mg | 31.6 | | 0 | FLA | 4 | | 1.7 | 6.6 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 4 | | 0 | NC | 4 | | 0 | 1 | |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 41 | | 0 | BNA | 4 | | 2 | 9 | |
| Carotene, alpha....µg | 12 | | 0 | BNA | 4 | | 1 | 3 | |
| Cryptoxanthin, beta....µg | 13 | | 0 | BNA | 4 | | 1 | 3 | |
| Vitamin A, IU....IU | 89 | | 0 | MA | 12 | | 5 | 19 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 32 | | 0 | FLA | 4 | | 2 | 7 | |
| Vitamin E (alpha-tocopherol)....mg | 2.48 | | 0 | BNA | 4 | | 0.13 | 0.52 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 7.5 | | 0 | FLA | 4 | | 0.4 | 1.6 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03205**

**Babyfood, oatmeal cereal with fruit, dry, instant, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.572 | | 0 | | 4 | | 0.083 | 0.330 | |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.023 | | 0 | MA | 12 | | 0.001 | 0.005 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.015 | | 0 | MA | 12 | | 0.001 | 0.003 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.335 | | 0 | MA | 12 | | 0.071 | 0.280 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.199 | | 0 | MA | 12 | | 0.011 | 0.042 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 3.008 | | 0 | MA | 12 | | 0.159 | 0.632 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.013 | | 0 | MA | 12 | | 0.001 | 0.003 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.995 | | 0 | MA | 12 | | 0.159 | 0.629 | |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 2.290 | | 0 | MA | 12 | | 0.121 | 0.481 | |
| 18:2 undifferentiated....g | 2.197 | | 0 | MA | 12 | | 0.116 | 0.461 | |
| 18:3 undifferentiated....g | 0.093 | | 0 | MA | 12 | | 0.005 | 0.020 | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MA | 12 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 5.3g: 1 tbsp

Measure 2 = 21g: 1 packet (.75 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03161**
**Babyfood, peaches, dices, toddler**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.40 | | 0 | MA | 12 | | 24.78 | 111.87 | |
| Energy....kcal | 51 | | 0 | MC | 9 | | 14 | 65 | |
| Energy....kJ | 213 | | 0 | | 9 | | 60 | 273 | |
| Protein....g | 0.50 | | 0 | MA | 12 | | 0.14 | 0.64 | |
| Total lipid (fat)....g | 0.20 | | 0 | MA | 12 | | 0.06 | 0.26 | |
| Ash....g | 0.20 | | 0 | MA | 12 | | 0.06 | 0.26 | |
| Carbohydrate, by difference....g | 11.80 | | 0 | MC | 9 | | 3.35 | 15.10 | |
| Fiber, total dietary....g | 0.8 | | 0 | MA | 12 | | 0.2 | 1.0 | |
| Sugars, total....g | 9.49 | | 0 | BFSN | 4 | | 2.69 | 12.15 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 6 | | 0 | MA | 12 | | 2 | 8 | |
| Iron, Fe....mg | 0.20 | | 0 | MA | 12 | | 0.06 | 0.26 | |
| Magnesium, Mg....mg | 8 | | 0 | MA | 12 | | 2 | 10 | |
| Phosphorus, P....mg | 17 | | 0 | MA | 12 | | 5 | 22 | |
| Potassium, K....mg | 83 | | 0 | MA | 12 | | 24 | 106 | |
| Sodium, Na....mg | 9 | | 0 | NR | 4 | | 2 | 11 | |
| Zinc, Zn....mg | 0.12 | | 0 | MA | 12 | | 0.03 | 0.15 | |
| Copper, Cu....mg | 0.030 | | 0 | MA | 12 | | 0.009 | 0.038 | |
| Manganese, Mn....mg | 0.050 | | 0 | MA | 12 | | 0.014 | 0.064 | |
| Selenium, Se....µg | 0.4 | | 0 | BFZN | 4 | | 0.1 | 0.5 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 31.3 | | 0 | MA | 12 | | 8.9 | 40.1 | |
| Thiamin....mg | 0.010 | | 0 | MA | 12 | | 0.003 | 0.013 | |
| Riboflavin....mg | 0.020 | | 0 | MA | 12 | | 0.006 | 0.026 | |
| Niacin....mg | 0.470 | | 0 | MA | 12 | | 0.133 | 0.602 | |
| Pantothenic acid....mg | 0.170 | | 0 | BFFN | 4 | | 0.048 | 0.218 | |
| Vitamin B-6....mg | 0.040 | | 0 | MA | 12 | | 0.011 | 0.051 | |
| Folate, total....µg | 5 | | 0 | BFFN | 4 | | 1 | 6 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 5 | | 0 | BFFN | 4 | | 1 | 6 | |
| Folate, DFE....mcg_DFE | 5 | | 0 | NC | 4 | | 1 | 6 | |
| Choline, total....mg | 8.5 | | 0 | T | 4 | | 2.4 | 10.9 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 7 | | 0 | NC | 4 | | 2 | 9 | |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 69 | | 0 | BNA | 4 | | 19 | 88 | |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 28 | | 0 | BNA | 4 | | 8 | 36 | |
| Vitamin A, IU....IU | 138 | | 0 | NC | 4 | | 39 | 177 | |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 103 | | 0 | BFSN | 4 | | 29 | 132 | |
| Vitamin E (alpha-tocopherol)....mg | 0.83 | | 0 | BFSN | 4 | | 0.24 | 1.06 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 2.9 | | 0 | BFSN | 4 | | 0.8 | 3.7 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03161**
**Babyfood, peaches, dices, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.016 | | 0 | BFFN | 4 | | 0.005 | 0.020 | |
| 4:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.014 | | 0 | BFFN | 4 | | 0.004 | 0.018 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.001 | | 0 | BFFN | 4 | | 0.000 | 0.001 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.046 | | 0 | BFFN | 4 | | 0.013 | 0.059 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | BFFN | 4 | | 0.000 | 0.001 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.053 | | 0 | BFFN | 4 | | 0.015 | 0.068 | |
| 20:1....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.078 | | 0 | BFFN | 4 | | 0.022 | 0.100 | |
| 18:2 undifferentiated....g | 0.068 | | 0 | BFFN | 4 | | 0.019 | 0.087 | |
| 18:3 undifferentiated....g | 0.005 | | 0 | BFFN | 4 | | 0.001 | 0.006 | |
| 18:4....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MA | 12 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 128g: 1 jar Gerber

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03141**
**Babyfood, pears, dices, toddler**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | |
| Water....g | 85.60 | | 0 | MA | 12 | | 24.27 | 109.57 | |
| Energy....kcal | 57 | | 0 | MC | 9 | | 16 | 73 | |
| Energy....kJ | 238 | | 0 | | 9 | | 68 | 305 | |
| Protein....g | 0.30 | | 0 | MA | 12 | | 0.09 | 0.38 | |
| Total lipid (fat)....g | 0.10 | | 0 | MA | 12 | | 0.03 | 0.13 | |
| Ash....g | 0.20 | | 0 | MA | 12 | | 0.06 | 0.26 | |
| Carbohydrate, by difference....g | 13.60 | | 0 | MC | 9 | | 3.86 | 17.41 | |
| Fiber, total dietary....g | 1.2 | | 0 | MA | 12 | | 0.3 | 1.5 | |
| Sugars, total....g | 8.66 | | 0 | BFSN | 4 | | 2.46 | 11.09 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 10 | | 0 | MA | 12 | | 3 | 13 | |
| Iron, Fe....mg | 0.20 | | 0 | MA | 12 | | 0.06 | 0.26 | |
| Magnesium, Mg....mg | 7 | | 0 | MA | 12 | | 2 | 9 | |
| Phosphorus, P....mg | 13 | | 0 | MA | 12 | | 4 | 17 | |
| Potassium, K....mg | 51 | | 0 | MA | 12 | | 14 | 65 | |
| Sodium, Na....mg | 6 | | 0 | MA | 12 | | 2 | 8 | |
| Zinc, Zn....mg | 0.09 | | 0 | MA | 12 | | 0.03 | 0.12 | |
| Copper, Cu....mg | 0.040 | | 0 | MA | 12 | | 0.011 | 0.051 | |
| Manganese, Mn....mg | 0.030 | | 0 | MA | 12 | | 0.009 | 0.038 | |
| Selenium, Se....µg | 0.4 | | 0 | BFZN | 4 | | 0.1 | 0.5 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 31.3 | | 0 | MA | 12 | | 8.9 | 40.1 | |
| Thiamin....mg | 0.010 | | 0 | MA | 12 | | 0.003 | 0.013 | |
| Riboflavin....mg | 0.020 | | 0 | MA | 12 | | 0.006 | 0.026 | |
| Niacin....mg | 0.130 | | 0 | MA | 12 | | 0.037 | 0.166 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.040 | | 0 | MA | 12 | | 0.011 | 0.051 | |
| Folate, total....µg | 1 | | 0 | | 4 | | 0 | 1 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 1 | | 0 | | 4 | | 0 | 1 | |
| Folate, DFE....mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 1 | |
| Choline, total....mg | 3.6 | | 0 | FLA | 4 | | 1.0 | 4.6 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 1 | | 0 | NC | 4 | | 0 | 1 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | 12 | | 0 | BFSN | 4 | | 3 | 15 | |
| Carotene, alpha....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 2 | | 0 | BFSN | 4 | | 0 | 2 | |
| Vitamin A, IU....IU | 21 | | 0 | NC | 4 | | 6 | 27 | |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 44 | | 0 | BFSN | 4 | | 13 | 57 | |
| Vitamin E (alpha-tocopherol)....mg | 0.11 | | 0 | BFSN | 4 | | 0.03 | 0.14 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 4.0 | | 0 | BFSN | 4 | | 1.1 | 5.1 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03141**
**Babyfood, pears, dices, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.010 | | 0 | BFFN | 4 | | 0.003 | 0.013 | |
| 4:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.010 | | 0 | BFFN | 4 | | 0.003 | 0.013 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.043 | | 0 | BFFN | 4 | | 0.012 | 0.055 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.041 | | 0 | BFFN | 4 | | 0.012 | 0.052 | |
| 20:1....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.046 | | 0 | BFFN | 4 | | 0.013 | 0.059 | |
| 18:2 undifferentiated....g | 0.046 | | 0 | BFFN | 4 | | 0.013 | 0.059 | |
| 18:3 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 18:4....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MA | 12 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 128g: 1 jar Gerber

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 42279**
**Babyfood, peas and brown rice**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 84.10 | | 0 | | 5 | | 193.43 | 12.11 | 107.65 |
| Energy....kcal | 64 | | 0 | NC | 4 | | 147 | 9 | 82 |
| Energy....kJ | 268 | | 0 | NC | 4 | | 617 | 39 | 343 |
| Protein....g | 3.40 | | 0 | | 5 | | 7.82 | 0.49 | 4.35 |
| Total lipid (fat)....g | 0.50 | | 0 | | 5 | | 1.15 | 0.07 | 0.64 |
| Ash....g | 0.51 | | 0 | FLA | 4 | | 1.17 | 0.07 | 0.65 |
| Carbohydrate, by difference....g | 11.49 | | 0 | NC | 4 | | 26.43 | 1.65 | 14.71 |
| Fiber, total dietary....g | 2.5 | | 0 | | 5 | | 5.8 | 0.4 | 3.2 |
| Sugars, total....g | 2.88 | | 0 | FLA | 4 | | 6.63 | 0.42 | 3.69 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 14 | | 0 | | 5 | | 32 | 2 | 18 |
| Iron, Fe....mg | 1.50 | | 0 | | 5 | | 3.45 | 0.22 | 1.92 |
| Magnesium, Mg....mg | 25 | | 0 | | 5 | | 58 | 4 | 32 |
| Phosphorus, P....mg | 52 | | 0 | | 5 | | 120 | 7 | 67 |
| Potassium, K....mg | 93 | | 0 | | 5 | | 214 | 13 | 119 |
| Sodium, Na....mg | 6 | | 0 | | 5 | | 14 | 1 | 8 |
| Zinc, Zn....mg | 0.46 | | 0 | | 5 | | 1.06 | 0.07 | 0.59 |
| Copper, Cu....mg | 0.080 | | 0 | | 4 | | 0.184 | 0.012 | 0.102 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.2 | | 0 | FLM | 4 | | 2.8 | 0.2 | 1.5 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 3.0 | | 0 | | 5 | | 6.9 | 0.4 | 3.8 |
| Thiamin....mg | 0.100 | | 0 | | 5 | | 0.230 | 0.014 | 0.128 |
| Riboflavin....mg | 0.080 | | 0 | | 5 | | 0.184 | 0.012 | 0.102 |
| Niacin....mg | 1.400 | | 0 | | 5 | | 3.220 | 0.202 | 1.792 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.060 | | 0 | | 5 | | 0.138 | 0.009 | 0.077 |
| Folate, total....µg | 16 | | 0 | | 4 | | 37 | 2 | 20 |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 16 | | 0 | | 4 | | 37 | 2 | 20 |
| Folate, DFE....mcg_DFE | 16 | | 0 | NC | 4 | | 37 | 2 | 20 |
| Choline, total....mg | 14.7 | | 0 | FLA | 4 | | 33.8 | 2.1 | 18.8 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 19 | | 0 | NC | 4 | | 45 | 3 | 25 |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 227 | | 0 | FLA | 4 | | 523 | 33 | 291 |
| Carotene, alpha....µg | 11 | | 0 | FLA | 4 | | 25 | 2 | 14 |
| Cryptoxanthin, beta....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 388 | | 0 | NC | 4 | | 892 | 56 | 497 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 1256 | | 0 | FLA | 4 | | 2888 | 181 | 1607 |
| Vitamin E (alpha-tocopherol)....mg | 0.07 | | 0 | FLA | 4 | | 0.15 | 0.01 | 0.09 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 12.6 | | 0 | FLA | 4 | | 28.9 | 1.8 | 16.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 42279**
**Babyfood, peas and brown rice**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.100 | | 0 | | 4 | | 0.230 | 0.014 | 0.128 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.002 | | 0 | | 4 | | 0.005 | 0.000 | 0.003 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.085 | | 0 | | 4 | | 0.196 | 0.012 | 0.109 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.009 | | 0 | | 4 | | 0.021 | 0.001 | 0.012 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.180 | | 0 | | 4 | | 0.414 | 0.026 | 0.230 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.005 | 0.000 | 0.003 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.179 | | 0 | | 4 | | 0.412 | 0.026 | 0.229 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.180 | | 0 | | 4 | | 0.414 | 0.026 | 0.230 |
| 18:2 undifferentiated....g | 0.171 | | 0 | | 4 | | 0.393 | 0.025 | 0.219 |
| 18:3 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.018 | 0.001 | 0.010 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 5 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 230g: 1 cup

Measure 2 = 14.4g: 1 tbsp

Measure 3 = 128g: 1 jar Earth's Best (4.5 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03122**
**Babyfood, peas, dices, toddler**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 84.60 | | 0 | MA | 12 | | 23.98 | | |
| Energy....kcal | 64 | | 0 | MC | 9 | | 18 | | |
| Energy....kJ | 268 | | 0 | | 9 | | 76 | | |
| Protein....g | 3.90 | | 0 | MA | 12 | | 1.11 | | |
| Total lipid (fat)....g | 0.80 | | 0 | MA | 12 | | 0.23 | | |
| Ash....g | 0.35 | | 0 | MA | 12 | | 0.10 | | |
| Carbohydrate, by difference....g | 10.30 | | 0 | MC | 9 | | 2.92 | | |
| Fiber, total dietary....g | 3.9 | | 0 | MA | 12 | | 1.1 | | |
| Sugars, total....g | 4.13 | | 0 | BFSN | 4 | | 1.17 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 21 | | 0 | MA | 12 | | 6 | | |
| Iron, Fe....mg | 1.00 | | 0 | MA | 12 | | 0.28 | | |
| Magnesium, Mg....mg | 19 | | 0 | MA | 12 | | 5 | | |
| Phosphorus, P....mg | 67 | | 0 | MA | 12 | | 19 | | |
| Potassium, K....mg | 81 | | 0 | MA | 12 | | 23 | | |
| Sodium, Na....mg | 48 | | 0 | MA | 12 | | 14 | | |
| Zinc, Zn....mg | 0.50 | | 0 | MA | 12 | | 0.14 | | |
| Copper, Cu....mg | 0.080 | | 0 | MA | 12 | | 0.023 | | |
| Manganese, Mn....mg | 0.150 | | 0 | MA | 12 | | 0.043 | | |
| Selenium, Se....µg | 0.1 | | 1 | A | 1 | | 0.0 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 6.0 | | 0 | MA | 12 | | 1.7 | | |
| Thiamin....mg | 0.100 | | 0 | MA | 12 | | 0.028 | | |
| Riboflavin....mg | 0.060 | | 0 | MA | 12 | | 0.017 | | |
| Niacin....mg | 0.850 | | 0 | MA | 12 | | 0.241 | | |
| Pantothenic acid....mg | 0.345 | | 0 | BFSN | 4 | | 0.098 | | |
| Vitamin B-6....mg | 0.060 | | 0 | MA | 12 | | 0.017 | | |
| Folate, total....µg | 35 | | 0 | FLM | 4 | | 10 | | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food....µg | 35 | | 0 | FLM | 4 | | 10 | | |
| Folate, DFE....mcg_DFE | 35 | | 0 | NC | 4 | | 10 | | |
| Choline, total....mg | 14.7 | | 0 | FLA | 4 | | 4.2 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE....mcg_RAE | 15 | | 0 | NC | 4 | | 4 | | |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Carotene, beta....µg | 178 | | 0 | BNA | 4 | | 51 | | |
| Carotene, alpha....µg | 8 | | 0 | BNA | 4 | | 2 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Vitamin A, IU....IU | 304 | | 0 | MA | 12 | | 86 | | |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 1805 | | 0 | BFSN | 4 | | 512 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.45 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone)....µg | 18.0 | | 0 | BFSN | 4 | | 5.1 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03122**
**Babyfood, peas, dices, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.140 | | 0 | FLM | 4 | | 0.040 | | |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 12:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.128 | | 0 | FLM | 4 | | 0.036 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.014 | | 0 | FLM | 4 | | 0.004 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.070 | | 0 | FLM | 4 | | 0.020 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.071 | | 0 | FLM | 4 | | 0.020 | | |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.370 | | 0 | FLM | 4 | | 0.105 | | |
| 18:2 undifferentiated....g | 0.301 | | 0 | FLM | 4 | | 0.085 | | |
| 18:3 undifferentiated....g | 0.071 | | 0 | FLM | 4 | | 0.020 | | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MA | 12 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03293**
**Babyfood, plums, bananas and rice, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 85.60 | | 0 | | 9 | | 24.27 | 96.73 | |
| Energy....kcal | 57 | | 0 | | 4 | | 16 | 64 | |
| Energy....kJ | 238 | | 0 | | 4 | | 68 | 269 | |
| Protein....g | 1.10 | | 0 | | 9 | | 0.31 | 1.24 | |
| Total lipid (fat)....g | 0.30 | | 0 | | 4 | | 0.09 | 0.34 | |
| Ash....g | 0.43 | | 0 | FLA | 4 | | 0.12 | 0.48 | |
| Carbohydrate, by difference....g | 12.70 | | 0 | | 9 | | 3.60 | 14.35 | |
| Fiber, total dietary....g | 1.3 | | 0 | | 4 | | 0.4 | 1.5 | |
| Sugars, total....g | 9.30 | | 0 | FLA | 4 | | 2.64 | 10.50 | |
| Sucrose....g | 1.53 | | 0 | FLA | 4 | | 0.43 | 1.73 | |
| Glucose (dextrose)....g | 4.67 | | 0 | FLA | 4 | | 1.32 | 5.28 | |
| Fructose....g | 2.90 | | 0 | FLA | 4 | | 0.82 | 3.28 | |
| Lactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Maltose....g | 0.07 | | 0 | FLA | 4 | | 0.02 | 0.08 | |
| Galactose....g | 0.12 | | 0 | FLA | 4 | | 0.04 | 0.14 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 3 | | 0 | | 9 | | 1 | 3 | |
| Iron, Fe....mg | 0.00 | | 0 | | 9 | | 0.00 | 0.00 | |
| Magnesium, Mg....mg | 11 | | 0 | | 9 | | 3 | 12 | |
| Phosphorus, P....mg | 32 | | 0 | | 9 | | 9 | 36 | |
| Potassium, K....mg | 265 | | 0 | | 9 | | 75 | 299 | |
| Sodium, Na....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Zinc, Zn....mg | 0.13 | | 0 | | 9 | | 0.04 | 0.15 | |
| Copper, Cu....mg | 0.054 | | 0 | | 4 | | 0.015 | 0.061 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 2.4 | | 0 | FLM | 4 | | 0.7 | 2.7 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 12.3 | | 0 | | 9 | | 3.5 | 13.9 | |
| Thiamin....mg | 0.040 | | 0 | | 9 | | 0.011 | 0.045 | |
| Riboflavin....mg | 0.050 | | 0 | | 9 | | 0.014 | 0.057 | |
| Niacin....mg | 0.800 | | 0 | | 9 | | 0.227 | 0.904 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.130 | | 0 | | 9 | | 0.037 | 0.147 | |
| Folate, total....µg | 6 | | 0 | FLA | 4 | | 2 | 7 | |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Folate, food....µg | 6 | | 0 | FLA | 4 | | 2 | 7 | |
| Folate, DFE....mcg_DFE | 6 | | 0 | NC | 4 | | 2 | 7 | |
| Choline, total....mg | 3.4 | | 0 | NR | 4 | | 1.0 | 3.8 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 9 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 7 | | 0 | NC | 4 | | 2 | 8 | |
| Retinol....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 73 | | 0 | BNA | 4 | | 21 | 82 | |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 13 | | 0 | BNA | 4 | | 4 | 15 | |
| Vitamin A, IU....IU | 133 | | 0 | | 9 | | 38 | 150 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 65 | | 0 | FLA | 4 | | 19 | 74 | |
| Vitamin E (alpha-tocopherol)....mg | 0.24 | | 0 | FLA | 4 | | 0.07 | 0.27 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Tocopherol, gamma....mg | 0.07 | | 0 | FLA | 4 | | 0.02 | 0.08 | |
| Tocopherol, delta....mg | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03293**
**Babyfood, plums, bananas and rice, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 5.7 | | 0 | FLA | 4 | | 1.6 | 6.5 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.060 | | 0 | | 4 | | 0.017 | 0.068 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.046 | | 0 | | 4 | | 0.013 | 0.052 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.120 | | 0 | | 4 | | 0.034 | 0.136 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.001 | 0.005 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.116 | | 0 | | 4 | | 0.033 | 0.131 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.070 | | 0 | | 4 | | 0.020 | 0.079 | |
| 18:2 undifferentiated....g | 0.058 | | 0 | | 4 | | 0.016 | 0.066 | |
| 18:3 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.002 | 0.009 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar Earth's Best

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03293**

**Babyfood, plums, bananas and rice, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03112**
**Babyfood, potatoes, toddler**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 86.80 | | 0 | MA | 12 | | 141.48 | 8.68 | 61.63 |
| Energy ... kcal | 52 | | 0 | NC | 4 | | 84 | 5 | 37 |
| Energy ... kJ | 217 | | 0 | NC | 4 | | 353 | 22 | 154 |
| Protein ... g | 1.00 | | 0 | MA | 12 | | 1.63 | 0.10 | 0.71 |
| Total lipid (fat) ... g | 0.10 | | 0 | MA | 12 | | 0.16 | 0.01 | 0.07 |
| Ash ... g | 0.37 | | 0 | MA | 12 | | 0.60 | 0.04 | 0.26 |
| Carbohydrate, by difference ... g | 11.73 | | 0 | NC | 4 | | 19.12 | 1.17 | 8.33 |
| Fiber, total dietary ... g | 0.9 | | 0 | MA | 12 | | 1.5 | 0.1 | 0.6 |
| Sugars, total ... g | 0.91 | | 0 | BFSN | 4 | | 1.49 | 0.09 | 0.65 |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 4 | | 0 | MA | 12 | | 7 | 0 | 3 |
| Iron, Fe ... mg | 0.20 | | 0 | MA | 12 | | 0.33 | 0.02 | 0.14 |
| Magnesium, Mg ... mg | 15 | | 0 | MA | 12 | | 24 | 2 | 11 |
| Phosphorus, P ... mg | 23 | | 0 | MA | 12 | | 37 | 2 | 16 |
| Potassium, K ... mg | 110 | | 0 | MA | 12 | | 179 | 11 | 78 |
| Sodium, Na ... mg | 57 | | 0 | MA | 12 | | 93 | 6 | 40 |
| Zinc, Zn ... mg | 0.17 | | 0 | MA | 12 | | 0.28 | 0.02 | 0.12 |
| Copper, Cu ... mg | 0.070 | | 0 | MA | 12 | | 0.114 | 0.007 | 0.050 |
| Manganese, Mn ... mg | 0.070 | | 0 | MA | 12 | | 0.114 | 0.007 | 0.050 |
| Selenium, Se ... µg | 0.8 | | 0 | BFZN | 4 | | 1.3 | 0.1 | 0.6 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 10.5 | | 0 | MA | 12 | | 17.1 | 1.1 | 7.5 |
| Thiamin ... mg | 0.020 | | 0 | MA | 12 | | 0.033 | 0.002 | 0.014 |
| Riboflavin ... mg | 0.010 | | 0 | MA | 12 | | 0.016 | 0.001 | 0.007 |
| Niacin ... mg | 0.350 | | 0 | MA | 12 | | 0.571 | 0.035 | 0.249 |
| Pantothenic acid ... mg | 0.305 | | 0 | FLM | 4 | | 0.497 | 0.031 | 0.217 |
| Vitamin B-6 ... mg | 0.070 | | 0 | MA | 12 | | 0.114 | 0.007 | 0.050 |
| Folate, total ... µg | 6 | | 0 | FLM | 4 | | 10 | 1 | 4 |
| Folic acid ... µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food ... µg | 6 | | 0 | FLM | 4 | | 10 | 1 | 4 |
| Folate, DFE ... mcg_DFE | 6 | | 0 | NC | 4 | | 10 | 1 | 4 |
| Choline, total ... mg | 13.2 | | 0 | FLA | 4 | | 21.6 | 1.3 | 9.4 |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added ... µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE ... mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Retinol ... µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta ... µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Carotene, alpha ... µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta ... µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Vitamin A, IU ... IU | 0 | | 0 | NC | 4 | | 0 | 0 | 0 |
| Lycopene ... µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin ... µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) ... mg | 0.02 | | 0 | BFSN | 4 | | 0.04 | 0.00 | 0.02 |
| Vitamin E, added ... mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) ... µg | 0.2 | | 0 | BFSN | 4 | | 0.3 | 0.0 | 0.1 |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03112**
**Babyfood, potatoes, toddler**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.015 | | 0 | FLM | 4 | | 0.024 | 0.002 | 0.011 |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.001 | | 0 | FLM | 4 | | 0.002 | 0.000 | 0.001 |
| 12:0....g | 0.002 | | 0 | FLM | 4 | | 0.003 | 0.000 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | FLM | 4 | | 0.002 | 0.000 | 0.001 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.009 | | 0 | FLM | 4 | | 0.015 | 0.001 | 0.006 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | FLM | 4 | | 0.003 | 0.000 | 0.001 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.002 | | 0 | FLM | 4 | | 0.003 | 0.000 | 0.001 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | FLM | 4 | | 0.002 | 0.000 | 0.001 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.001 | | 0 | FLM | 4 | | 0.002 | 0.000 | 0.001 |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.025 | | 0 | FLM | 4 | | 0.041 | 0.003 | 0.018 |
| 18:2 undifferentiated....g | 0.019 | | 0 | FLM | 4 | | 0.031 | 0.002 | 0.013 |
| 18:3 undifferentiated....g | 0.006 | | 0 | FLM | 4 | | 0.010 | 0.001 | 0.004 |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MA | 12 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 163g: 1 cup

Measure 2 = 10.0g: 1 tbsp

Measure 3 = 71g: 1 jar Gerber Graduate (4.5 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03215**
**Babyfood, pretzels**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 4.00 | | 2 | | 1 | | 1.13 | 0.24 | |
| Energy....kcal | 397 | | 0 | NC | 4 | | 113 | 24 | |
| Energy....kJ | 1661 | | 0 | NC | 4 | | 471 | 100 | |
| Protein (N x 5.7)....g | 10.80 | | 2 | | 1 | | 3.06 | 0.65 | |
| Total lipid (fat)....g | 2.00 | | 2 | | 1 | | 0.57 | 0.12 | |
| Ash....g | 1.00 | | 2 | | 1 | | 0.28 | 0.06 | |
| Carbohydrate, by difference....g | 82.20 | | 0 | NC | 4 | | 23.30 | 4.93 | |
| Fiber, total dietary....g | 2.3 | | 0 | | 4 | | 0.7 | 0.1 | |
| Sugars, total....g | 3.08 | | 0 | FLA | 4 | | 0.87 | 0.18 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 25 | | 2 | | 1 | | 7 | 2 | |
| Iron, Fe....mg | 3.77 | | 2 | | 1 | | 1.07 | 0.23 | |
| Magnesium, Mg....mg | 28 | | 2 | | 1 | | 8 | 2 | |
| Phosphorus, P....mg | 110 | | 2 | | 1 | | 31 | 7 | |
| Potassium, K....mg | 137 | | 2 | | 1 | | 39 | 8 | |
| Sodium, Na....mg | 269 | | 3 | | 1 | | 76 | 16 | |
| Zinc, Zn....mg | 0.78 | 0.050 | 3 | | 1 | | 0.22 | 0.05 | |
| Copper, Cu....mg | 0.145 | | 2 | | 1 | | 0.041 | 0.009 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 7.6 | | 0 | FLM | 4 | | 2.2 | 0.5 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 3.8 | | 1 | | 1 | | 1.1 | 0.2 | |
| Thiamin....mg | 0.463 | | 2 | | 1 | | 0.131 | 0.028 | |
| Riboflavin....mg | 0.357 | | 2 | | 1 | | 0.101 | 0.021 | |
| Niacin....mg | 3.560 | | 2 | | 1 | | 1.009 | 0.214 | |
| Pantothenic acid....mg | 0.540 | | 0 | | 4 | | 0.153 | 0.032 | |
| Vitamin B-6....mg | 0.083 | | 2 | | 1 | | 0.024 | 0.005 | |
| Folate, total....µg | 85 | | 0 | FLM | 4 | | 24 | 5 | |
| Folic acid....µg | 65 | | 0 | NC | 4 | | 18 | 4 | |
| Folate, food....µg | 20 | | 0 | | 4 | | 6 | 1 | |
| Folate, DFE....mcg_DFE | 131 | | 0 | NC | 4 | | 37 | 8 | |
| Choline, total....mg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 4 | | 0 | BNA | 4 | | 1 | 0 | |
| Carotene, alpha....µg | 1 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 1 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 8 | | 0 | NC | 4 | | 2 | 0 | |
| Lycopene....µg | 0 | | 0 | NR | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 72 | | 0 | FLA | 4 | | 20 | 4 | |
| Vitamin E (alpha-tocopherol)....mg | 0.28 | | 0 | NR | 4 | | 0.08 | 0.02 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 0.3 | | 0 | FLA | 4 | | 0.1 | 0.0 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03215**
**Babyfood, pretzels**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 0.316 | | 0 | | 4 | | 0.090 | 0.019 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.300 | | 0 | | 4 | | 0.085 | 0.018 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.023 | | 0 | | 4 | | 0.007 | 0.001 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.188 | | 0 | | 4 | | 0.053 | 0.011 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.003 | | 0 | | 4 | | 0.001 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.185 | | 0 | | 4 | | 0.052 | 0.011 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.833 | | 0 | | 4 | | 0.236 | 0.050 | |
| 18:2 undifferentiated....g | 0.789 | | 0 | | 4 | | 0.224 | 0.047 | |
| 18:3 undifferentiated....g | 0.044 | | 0 | | 4 | | 0.012 | 0.003 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | 0.001 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 6.0g: 1 pretzel

**Calories Factors: Protein** 4 **Fat** 8.4 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03139**
**Babyfood, prunes, without vitamin c, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 74.30 | | 0 | | 12 | | 11.15 | 52.75 | |
| Energy | kcal | 100 | | 0 | NC | 4 | | 15 | 71 | |
| Energy | kJ | 418 | | 0 | NC | 4 | | 63 | 297 | |
| Protein | g | 1.00 | | 0 | | 12 | | 0.15 | 0.71 | |
| Total lipid (fat) | g | 0.20 | | 0 | | 12 | | 0.03 | 0.14 | |
| Ash | g | 0.98 | | 0 | BFSN | 4 | | 0.15 | 0.70 | |
| Carbohydrate, by difference | g | 23.52 | | 0 | NC | 4 | | 3.53 | 16.70 | |
| Fiber, total dietary | g | 2.7 | | 0 | | 4 | | 0.4 | 1.9 | |
| Sugars, total | g | 21.21 | | 0 | BFSN | 4 | | 3.18 | 15.06 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 21 | | 0 | | 12 | | 3 | 15 | |
| Iron, Fe | mg | 0.40 | | 0 | | 12 | | 0.06 | 0.28 | |
| Magnesium, Mg | mg | 17 | | 0 | | 4 | | 3 | 12 | |
| Phosphorus, P | mg | 30 | | 0 | | 12 | | 5 | 21 | |
| Potassium, K | mg | 306 | | 0 | | 12 | | 46 | 217 | |
| Sodium, Na | mg | 1 | | 0 | LC | 8 | | 0 | 1 | |
| Zinc, Zn | mg | 0.20 | | 0 | | 4 | | 0.03 | 0.14 | |
| Copper, Cu | mg | 0.164 | | 0 | | 4 | | 0.025 | 0.116 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.8 | | 0 | BFZN | 4 | | 0.1 | 0.6 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.3 | | 0 | | 4 | | 0.2 | 0.9 | |
| Thiamin | mg | 0.020 | | 0 | | 12 | | 0.003 | 0.014 | |
| Riboflavin | mg | 0.210 | | 0 | | 12 | | 0.032 | 0.149 | |
| Niacin | mg | 0.720 | | 0 | | 12 | | 0.108 | 0.511 | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.110 | | 0 | | 12 | | 0.017 | 0.078 | |
| Folate, total | µg | 1 | | 0 | | 4 | | 0 | 1 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 1 | | 0 | | 4 | | 0 | 1 | |
| Folate, DFE | mcg_DFE | 1 | | 0 | NC | 4 | | 0 | 1 | |
| Choline, total | mg | 3.7 | | 0 | FLA | 4 | | 0.6 | 2.6 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 3 | | 0 | NC | 4 | | 0 | 2 | |
| Retinol | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, beta | µg | 30 | | 0 | BNA | 4 | | 5 | 21 | |
| Carotene, alpha | µg | 4 | | 0 | BNA | 4 | | 1 | 3 | |
| Cryptoxanthin, beta | µg | 7 | | 0 | BNA | 4 | | 1 | 5 | |
| Vitamin A, IU | IU | 60 | | 0 | | 12 | | 9 | 43 | |
| Lycopene | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 55 | | 0 | BFSN | 4 | | 8 | 39 | |
| Vitamin E (alpha-tocopherol) | mg | 0.55 | | 0 | NR | 4 | | 0.08 | 0.39 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone) | µg | 22.1 | | 0 | BFSN | 4 | | 3.3 | 15.7 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03139**
**Babyfood, prunes, without vitamin c, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.020 | | 0 | | 4 | | 0.003 | 0.014 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.013 | | 0 | | 4 | | 0.002 | 0.009 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.003 | | 0 | | 4 | | 0.000 | 0.002 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.130 | | 0 | | 4 | | 0.020 | 0.092 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.000 | 0.001 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.130 | | 0 | | 4 | | 0.020 | 0.092 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.040 | | 0 | | 4 | | 0.006 | 0.028 | |
| 18:2 undifferentiated....g | 0.044 | | 0 | | 4 | | 0.007 | 0.031 | |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 71g: 1 jar Gerber First Foods (2.5 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03046**
**Babyfood, ravioli, cheese filled, with tomato sauce**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 76.50 | | 0 | | 12 | | 12.24 | 6.12 | |
| Energy | kcal | 99 | | 0 | | 4 | | 16 | 8 | |
| Energy | kJ | 414 | | 0 | | 4 | | 66 | 33 | |
| Protein | g | 3.60 | | 0 | | 12 | | 0.58 | 0.29 | |
| Total lipid (fat) | g | 2.20 | | 0 | | 12 | | 0.35 | 0.18 | |
| Ash | g | 1.40 | | 0 | NR | 4 | | 0.22 | 0.11 | |
| Carbohydrate, by difference | g | 16.30 | | 0 | | 4 | | 2.61 | 1.30 | |
| Fiber, total dietary | g | 0.1 | | 0 | | 4 | | 0.0 | 0.0 | |
| Sugars, total | g | 0.59 | | 0 | O | 4 | | 0.09 | 0.05 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 54 | | 0 | | 12 | | 9 | 4 | |
| Iron, Fe | mg | 0.80 | | 0 | | 12 | | 0.13 | 0.06 | |
| Magnesium, Mg | mg | 7 | | 0 | | 4 | | 1 | 1 | |
| Phosphorus, P | mg | 56 | | 0 | | 4 | | 9 | 4 | |
| Potassium, K | mg | 32 | | 0 | | 4 | | 5 | 3 | |
| Sodium, Na | mg | 282 | | 0 | LC | 8 | | 45 | 23 | |
| Zinc, Zn | mg | 0.35 | | 0 | | 4 | | 0.06 | 0.03 | |
| Copper, Cu | mg | 0.040 | | 0 | | 4 | | 0.006 | 0.003 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 13.4 | | 0 | FLM | 4 | | 2.1 | 1.1 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.1 | | 0 | | 12 | | 0.0 | 0.0 | |
| Thiamin | mg | 0.120 | | 0 | | 12 | | 0.019 | 0.010 | |
| Riboflavin | mg | 0.140 | | 0 | | 12 | | 0.022 | 0.011 | |
| Niacin | mg | 1.650 | | 0 | | 12 | | 0.264 | 0.132 | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.090 | | 0 | | 12 | | 0.014 | 0.007 | |
| Folate, total | µg | 36 | | 0 | FLM | 4 | | 6 | 3 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 36 | | 0 | FLM | 4 | | 6 | 3 | |
| Folate, DFE | mcg_DFE | 36 | | 0 | NC | 4 | | 6 | 3 | |
| Choline, total | mg | 8.0 | | 0 | FLM | 4 | | 1.3 | 0.6 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.05 | | 0 | | 4 | | 0.01 | 0.00 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 51 | | 0 | NC | 4 | | 8 | 4 | |
| Retinol | µg | 32 | | 0 | BNA | 4 | | 5 | 3 | |
| Carotene, beta | µg | 230 | | 0 | BNA | 4 | | 37 | 18 | |
| Carotene, alpha | µg | 2 | | 0 | BNA | 4 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 3 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU | IU | 494 | | 0 | NC | 4 | | 79 | 40 | |
| Lycopene | µg | 1632 | | 0 | O | 4 | | 261 | 131 | |
| Lutein + zeaxanthin | µg | 69 | | 0 | O | 4 | | 11 | 6 | |
| Vitamin E (alpha-tocopherol) | mg | 0.42 | | 0 | FLA | 4 | | 0.07 | 0.03 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | O | 4 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 1 | | 0 | O | 4 | | 0 | 0 | |
| Vitamin K (phylloquinone) | µg | 9.4 | | 0 | FLA | 4 | | 1.5 | 0.8 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03046**
**Babyfood, ravioli, cheese filled, with tomato sauce**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.960 | | 0 | | 4 | | 0.154 | 0.077 | |
| 4:0....g | 0.051 | | 0 | | 12 | | 0.008 | 0.004 | |
| 6:0....g | 0.019 | | 0 | | 4 | | 0.003 | 0.002 | |
| 8:0....g | 0.012 | | 0 | | 4 | | 0.002 | 0.001 | |
| 10:0....g | 0.026 | | 0 | | 4 | | 0.004 | 0.002 | |
| 12:0....g | 0.028 | | 0 | | 4 | | 0.004 | 0.002 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.134 | | 0 | | 4 | | 0.021 | 0.011 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.494 | | 0 | | 4 | | 0.079 | 0.040 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.158 | | 0 | | 4 | | 0.025 | 0.013 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.570 | | 0 | | 4 | | 0.091 | 0.046 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.039 | | 0 | | 4 | | 0.006 | 0.003 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.509 | | 0 | | 4 | | 0.081 | 0.041 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.480 | | 0 | | 4 | | 0.077 | 0.038 | |
| 18:2 undifferentiated....g | 0.424 | | 0 | | 4 | | 0.068 | 0.034 | |
| 18:3 undifferentiated....g | 0.035 | | 0 | | 4 | | 0.006 | 0.003 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.001 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 7 | | 0 | | 4 | | 1 | 1 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 8.0g: 1 piece

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43529**
**Babyfood, rice and apples, dry**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 3.20 | | 0 | | 5 | | 0.08 | | |
| Energy | kcal | 396 | | 0 | NC | 4 | | 10 | | |
| Energy | kJ | 1657 | | 0 | NC | 4 | | 41 | | |
| Protein | g | 6.70 | | 0 | | 5 | | 0.17 | | |
| Total lipid (fat) | g | 2.40 | | 0 | | 5 | | 0.06 | | |
| Ash | g | 0.81 | | 0 | FLA | 4 | | 0.02 | | |
| Carbohydrate, by difference | g | 86.89 | | 0 | NC | 4 | | 2.17 | | |
| Fiber, total dietary | g | 3.0 | | 0 | FLA | 4 | | 0.1 | | |
| Sugars, total | g | 3.22 | | 0 | FLA | 4 | | 0.08 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 850 | | 0 | | 5 | | 21 | | |
| Iron, Fe | mg | 37.00 | | 0 | | 5 | | 0.93 | | |
| Magnesium, Mg | mg | 15 | | 0 | | 4 | | 0 | | |
| Phosphorus, P | mg | 423 | | 0 | | 5 | | 11 | | |
| Potassium, K | mg | 410 | | 0 | | 4 | | 10 | | |
| Sodium, Na | mg | 16 | | 0 | | 5 | | 0 | | |
| Zinc, Zn | mg | 1.40 | | 0 | | 4 | | 0.04 | | |
| Copper, Cu | mg | 0.373 | | 0 | | 4 | | 0.009 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 11.6 | | 0 | BFZN | 4 | | 0.3 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.0 | | 0 | | 7 | | 0.0 | | |
| Thiamin | mg | 1.300 | | 0 | | 5 | | 0.033 | | |
| Riboflavin | mg | 1.500 | | 0 | | 5 | | 0.038 | | |
| Niacin | mg | 20.000 | | 0 | | 5 | | 0.500 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.090 | | 0 | | 4 | | 0.002 | | |
| Folate, total | µg | 19 | | 0 | | 4 | | 0 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 19 | | 0 | | 4 | | 0 | | |
| Folate, DFE | mcg_DFE | 19 | | 0 | NC | 4 | | 0 | | |
| Choline, total | mg | 10.1 | | 0 | FLA | 4 | | 0.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 7 | | 0.00 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 0 | | 0 | NC | 4 | | 0 | | |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Carotene, beta | µg | 4 | | 0 | FLA | 4 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 3 | | 0 | FLA | 4 | | 0 | | |
| Vitamin A, IU | IU | 8 | | 0 | NC | 4 | | 0 | | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 8 | | 0 | FLA | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.22 | | 0 | FLA | 4 | | 0.01 | | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | AS | 1 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.0 | | 0 | FLA | 4 | | 0.0 | | |
| Vitamin D | IU | 0 | | 0 | FLA | 4 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 1.5 | | 0 | FLA | 4 | | 0.0 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 43529**
**Babyfood, rice and apples, dry**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.503 | | 0 | | 4 | | 0.013 | | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.009 | | 0 | | 4 | | 0.000 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.425 | | 0 | | 4 | | 0.011 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.060 | | 0 | | 4 | | 0.002 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.615 | | 0 | | 4 | | 0.015 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.605 | | 0 | | 4 | | 0.015 | | |
| 20:1....g | 0.001 | | 0 | | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.920 | | 0 | | 4 | | 0.023 | | |
| 18:2 undifferentiated....g | 0.804 | | 0 | | 4 | | 0.020 | | |
| 18:3 undifferentiated....g | 0.116 | | 0 | | 4 | | 0.003 | | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 2.5g: 1 tbsp

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03302**
**Babyfood, snack, GERBER GRADUATE YOGURT MELTS**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 6.00 | | 0 | NR | 4 | | 0.42 | | |
| Energy | kcal | 429 | | 1 | LC | 8 | | 30 | | |
| Energy | kJ | 1793 | | 0 | LC | 8 | | 126 | | |
| Protein (N x 6.25) | g | 14.29 | | 1 | LC | 8 | | 1.00 | | |
| Total lipid (fat) | g | 4.00 | | 0 | FLC | 4 | | 0.28 | | |
| Ash | g | 3.89 | | 0 | FLC | 4 | | 0.27 | | |
| Carbohydrate, by difference | g | 71.43 | | 1 | LC | 8 | | 5.00 | | |
| Fiber, total dietary | g | 2.3 | | 0 | FLC | 4 | | 0.2 | | |
| Sugars, total | g | 57.14 | | 1 | LC | 8 | | 4.00 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 457 | | 1 | LC | 8 | | 32 | | |
| Iron, Fe | mg | 0.00 | | 1 | LC | 8 | | 0.00 | | |
| Magnesium, Mg | mg | 53 | | 0 | FLC | 4 | | 4 | | |
| Phosphorus, P | mg | 382 | | 0 | FLC | 4 | | 27 | | |
| Potassium, K | mg | 714 | | 1 | LC | 8 | | 50 | | |
| Sodium, Na | mg | 286 | | 1 | LC | 8 | | 20 | | |
| Zinc, Zn | mg | 1.77 | | 0 | FLC | 4 | | 0.12 | | |
| Copper, Cu | mg | 0.092 | | 0 | FLC | 4 | | 0.006 | | |
| Manganese, Mn | mg | 0.077 | | 0 | FLC | 4 | | 0.005 | | |
| Selenium, Se | µg | 11.8 | | 0 | FLC | 4 | | 0.8 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 57.1 | | 1 | LC | 8 | | 4.0 | | |
| Thiamin | mg | 0.113 | | 0 | FLC | 4 | | 0.008 | | |
| Riboflavin | mg | 0.817 | | 0 | FLC | 4 | | 0.057 | | |
| Niacin | mg | 3.301 | | 0 | FLC | 4 | | 0.231 | | |
| Pantothenic acid | mg | 1.470 | | 0 | FLC | 4 | | 0.103 | | |
| Vitamin B-6 | mg | 0.168 | | 0 | FLC | 4 | | 0.012 | | |
| Folate, total | µg | 55 | | 0 | FLC | 4 | | 4 | | |
| Folic acid | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Folate, food | µg | 55 | | 0 | FLC | 4 | | 4 | | |
| Folate, DFE | mcg_DFE | 55 | | 0 | NC | 4 | | 4 | | |
| Choline, total | mg | 78.0 | | 0 | FLC | 4 | | 5.5 | | |
| Betaine | mg | 2.6 | | 0 | FLC | 4 | | 0.2 | | |
| Vitamin B-12 | µg | 1.70 | | 0 | FLC | 4 | | 0.12 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 107 | | 0 | NC | 4 | | 8 | | |
| Retinol | µg | 45 | | 0 | FLC | 4 | | 3 | | |
| Carotene, beta | µg | 686 | | 0 | FLC | 4 | | 48 | | |
| Carotene, alpha | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 122 | | 0 | FLC | 4 | | 9 | | |
| Vitamin A, IU | IU | 1396 | | 0 | NC | 4 | | 98 | | |
| Lycopene | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 294 | | 0 | FLC | 4 | | 21 | | |
| Vitamin E (alpha-tocopherol) | mg | 6.43 | | 1 | LC | 8 | | 0.45 | | |
| Vitamin E, added | mg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.1 | | 0 | AS | 1 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.1 | | 0 | FLC | 4 | | 0.0 | | |
| Vitamin D | IU | 3 | | 0 | FLC | 4 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 12.2 | | 0 | FLC | 4 | | 0.9 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03302**
**Babyfood, snack, GERBER GRADUATE YOGURT MELTS**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.236 | | 0 | FLC | 4 | | 0.156 | | |
| 4:0....g | 0.086 | | 0 | FLC | 4 | | 0.006 | | |
| 6:0....g | 0.062 | | 0 | FLC | 4 | | 0.004 | | |
| 8:0....g | 0.043 | | 0 | FLC | 4 | | 0.003 | | |
| 10:0....g | 0.095 | | 0 | FLC | 4 | | 0.007 | | |
| 12:0....g | 0.103 | | 0 | FLC | 4 | | 0.007 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.321 | | 0 | FLC | 4 | | 0.022 | | |
| 15:0....g | 0.031 | | 0 | FLC | 4 | | 0.002 | | |
| 16:0....g | 1.031 | | 0 | FLC | 4 | | 0.072 | | |
| 17:0....g | 0.018 | | 0 | FLC | 4 | | 0.001 | | |
| 18:0....g | 0.439 | | 0 | FLC | 4 | | 0.031 | | |
| 20:0....g | 0.006 | | 0 | FLC | 4 | | 0.000 | | |
| 22:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 24:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Fatty acids, total monounsaturated....g | 0.968 | | 0 | FLC | 4 | | 0.068 | | |
| 14:1....g | 0.021 | | 0 | FLC | 4 | | 0.002 | | |
| 15:1....g | 0.006 | | 0 | FLC | 4 | | 0.000 | | |
| 16:1 undifferentiated....g | 0.060 | | 0 | FLC | 4 | | 0.004 | | |
| 17:1....g | 0.007 | | 0 | FLC | 4 | | 0.000 | | |
| 18:1 undifferentiated....g | 0.873 | | 0 | FLC | 4 | | 0.061 | | |
| 20:1....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 24:1 c....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Fatty acids, total polyunsaturated....g | 0.194 | | 0 | FLC | 4 | | 0.014 | | |
| 18:2 undifferentiated....g | 0.139 | | 0 | FLC | 4 | | 0.010 | | |
| 18:3 undifferentiated....g | 0.055 | | 0 | FLC | 4 | | 0.004 | | |
| 18:4....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:3 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 1 | LC | 8 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| Stigmasterol....mg | 0 | | 0 | FLC | 4 | | 0 | | |
| Campesterol....mg | 0 | | 0 | FLC | 4 | | 0 | | |
| Beta-sitosterol....mg | 0 | | 0 | FLC | 4 | | 0 | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.155 | | 0 | FLC | 4 | | 0.011 | | |
| Threonine....g | 0.368 | | 0 | FLC | 4 | | 0.026 | | |
| Isoleucine....g | 0.710 | | 0 | FLC | 4 | | 0.050 | | |
| Leucine....g | 1.377 | | 0 | FLC | 4 | | 0.096 | | |
| Lysine....g | 1.060 | | 0 | FLC | 4 | | 0.074 | | |
| Methionine....g | 0.312 | | 0 | FLC | 4 | | 0.022 | | |
| Cystine....g | 0.387 | | 0 | FLC | 4 | | 0.027 | | |
| Phenylalanine....g | 0.622 | | 0 | FLC | 4 | | 0.044 | | |
| Tyrosine....g | 0.542 | | 0 | FLC | 4 | | 0.038 | | |
| Valine....g | 0.818 | | 0 | FLC | 4 | | 0.057 | | |
| Arginine....g | 0.374 | | 0 | FLC | 4 | | 0.026 | | |
| Histidine....g | 0.317 | | 0 | FLC | 4 | | 0.022 | | |
| Alanine....g | 0.403 | | 0 | FLC | 4 | | 0.028 | | |
| Aspartic acid....g | 1.132 | | 0 | FLC | 4 | | 0.079 | | |
| Glutamic acid....g | 2.881 | | 0 | FLC | 4 | | 0.202 | | |
| Glycine....g | 0.241 | | 0 | FLC | 4 | | 0.017 | | |
| Proline....g | 1.325 | | 0 | FLC | 4 | | 0.093 | | |
| Serine....g | 0.762 | | 0 | FLC | 4 | | 0.053 | | |
| Hydroxyproline....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLC | 4 | | 0.0 | | |

**NDB No. 03302**
**Babyfood, snack, GERBER GRADUATE YOGURT MELTS**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Caffeine.....mg | 0 | | 0 | FLC | 4 | | 0 | | |
| Theobromine.....mg | 0 | | 0 | FLC | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 7.0g: 1 serving

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03216**
**Babyfood, teething biscuits**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 6.40 | | 2 | | 1 | | 1.81 | 0.70 | |
| Energy....kcal | 391 | | 0 | NC | 4 | | 111 | 43 | |
| Energy....kJ | 1637 | | 0 | NC | 4 | | 464 | 180 | |
| Protein (N x 5.85)....g | 10.70 | 0.100 | 6 | | 1 | | 3.03 | 1.18 | |
| Total lipid (fat)....g | 4.20 | 0.200 | 3 | | 1 | | 1.19 | 0.46 | |
| Ash....g | 2.30 | 0.100 | 5 | | 1 | | 0.65 | 0.25 | |
| Carbohydrate, by difference....g | 76.40 | | 0 | NC | 4 | | 21.66 | 8.40 | |
| Fiber, total dietary....g | 1.4 | | 0 | | 4 | | 0.4 | 0.2 | |
| Sugars, total....g | 12.65 | | 0 | NR | 4 | | 3.59 | 1.39 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 263 | 11.000 | 6 | | 1 | | 75 | 29 | |
| Iron, Fe....mg | 3.55 | | 2 | | 1 | | 1.01 | 0.39 | |
| Magnesium, Mg....mg | 35 | | 2 | | 1 | | 10 | 4 | |
| Phosphorus, P....mg | 164 | | 2 | | 1 | | 46 | 18 | |
| Potassium, K....mg | 323 | | 2 | | 1 | | 92 | 36 | |
| Sodium, Na....mg | 227 | | 0 | LC | 8 | | 64 | 25 | |
| Zinc, Zn....mg | 0.93 | | 2 | | 1 | | 0.26 | 0.10 | |
| Copper, Cu....mg | 0.142 | | 0 | | 4 | | 0.040 | 0.016 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 23.5 | | 0 | FLM | 4 | | 6.7 | 2.6 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 9.1 | | 1 | | 1 | | 2.6 | 1.0 | |
| Thiamin....mg | 0.233 | 0.041 | 3 | | 1 | | 0.066 | 0.026 | |
| Riboflavin....mg | 0.537 | | 2 | | 1 | | 0.152 | 0.059 | |
| Niacin....mg | 4.330 | | 2 | | 1 | | 1.228 | 0.476 | |
| Pantothenic acid....mg | 0.526 | | 0 | | 4 | | 0.149 | 0.058 | |
| Vitamin B-6....mg | 0.111 | 0.013 | 6 | | 1 | | 0.031 | 0.012 | |
| Folate, total....µg | 49 | | 0 | FLM | 4 | | 14 | 5 | |
| Folic acid....µg | 29 | | 0 | NC | 4 | | 8 | 3 | |
| Folate, food....µg | 20 | | 0 | | 4 | | 6 | 2 | |
| Folate, DFE....mcg_DFE | 69 | | 0 | NC | 4 | | 20 | 8 | |
| Choline, total....mg | 33.8 | | 0 | FLA | 4 | | 9.6 | 3.7 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.07 | | 1 | | 1 | | 0.02 | 0.01 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 28 | | 0 | NC | 4 | | 8 | 3 | |
| Retinol....µg | 27 | | 0 | BNA | 4 | | 8 | 3 | |
| Carotene, beta....µg | 13 | | 0 | BNA | 4 | | 4 | 1 | |
| Carotene, alpha....µg | 6 | | 0 | BNA | 4 | | 2 | 1 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 116 | | 0 | NC | 4 | | 33 | 13 | |
| Lycopene....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 169 | | 0 | BFSN | 4 | | 48 | 19 | |
| Vitamin E (alpha-tocopherol)....mg | 1.10 | | 0 | FLA | 4 | | 0.31 | 0.12 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.5 | | 0 | O | 4 | | 0.1 | 0.1 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 21 | | 0 | FLA | 4 | | 6 | 2 | |
| Vitamin K (phylloquinone)....µg | 0.5 | | 0 | FLA | 4 | | 0.1 | 0.1 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03216**
**Babyfood, teething biscuits**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.206 | | 0 | FLA | 4 | | 0.342 | 0.133 | |
| 4:0....g | 0.051 | | 0 | FLA | 4 | | 0.014 | 0.006 | |
| 6:0....g | 0.014 | | 0 | FLA | 4 | | 0.004 | 0.001 | |
| 8:0....g | 0.015 | | 0 | FLA | 4 | | 0.004 | 0.002 | |
| 10:0....g | 0.034 | | 0 | FLA | 4 | | 0.010 | 0.004 | |
| 12:0....g | 0.034 | | 0 | FLA | 4 | | 0.010 | 0.004 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.161 | | 0 | FLA | 4 | | 0.046 | 0.018 | |
| 15:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 16:0....g | 0.633 | | 0 | FLA | 4 | | 0.179 | 0.070 | |
| 17:0....g | 0.001 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 18:0....g | 0.242 | | 0 | FLA | 4 | | 0.068 | 0.027 | |
| 20:0....g | 0.006 | | 0 | FLA | 4 | | 0.002 | 0.001 | |
| 22:0....g | 0.016 | | 0 | FLA | 4 | | 0.005 | 0.002 | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.702 | | 0 | FLA | 4 | | 0.483 | 0.187 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.069 | | 0 | FLA | 4 | | 0.020 | 0.008 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.629 | | 0 | FLA | 4 | | 0.462 | 0.179 | |
| 20:1....g | 0.004 | | 0 | FLA | 4 | | 0.001 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.998 | | 0 | FLA | 4 | | 0.283 | 0.110 | |
| 18:2 undifferentiated....g | 0.970 | | 0 | FLA | 4 | | 0.275 | 0.107 | |
| 18:3 undifferentiated....g | 0.028 | | 0 | FLA | 4 | | 0.008 | 0.003 | |
| 18:4....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | 0.004 | | 0 | FLA | 4 | | 0.001 | 0.000 | |
| Cholesterol....mg | 7 | | 0 | FLA | 4 | | 2 | 1 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | NR | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | NR | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 11.0g: 1 biscuit

**Calories Factors: Protein** 4 **Fat** 8.4 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 42278**
**Babyfood, vegetable and brown rice, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 84.10 | | 0 | | 5 | | 193.43 | 12.11 | 107.65 |
| Energy....kcal | 69 | | 0 | | 9 | | 159 | 10 | 88 |
| Energy....kJ | 289 | | 0 | | 9 | | 664 | 42 | 370 |
| Protein....g | 1.90 | | 0 | | 5 | | 4.37 | 0.27 | 2.43 |
| Total lipid (fat)....g | 1.50 | | 0 | | 5 | | 3.45 | 0.22 | 1.92 |
| Ash....g | 0.43 | | 0 | T | 4 | | 0.99 | 0.06 | 0.55 |
| Carbohydrate, by difference....g | 12.10 | | 0 | | 9 | | 27.83 | 1.74 | 15.49 |
| Fiber, total dietary....g | 1.1 | | 0 | | 5 | | 2.5 | 0.2 | 1.4 |
| Sugars, total....g | 2.39 | | 0 | FLA | 4 | | 5.49 | 0.34 | 3.06 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 14 | | 0 | | 5 | | 32 | 2 | 18 |
| Iron, Fe....mg | 0.40 | | 0 | | 5 | | 0.92 | 0.06 | 0.51 |
| Magnesium, Mg....mg | 15 | | 0 | | 5 | | 35 | 2 | 19 |
| Phosphorus, P....mg | 33 | | 0 | | 5 | | 76 | 5 | 42 |
| Potassium, K....mg | 135 | | 0 | | 5 | | 311 | 19 | 173 |
| Sodium, Na....mg | 14 | | 0 | | 5 | | 32 | 2 | 18 |
| Zinc, Zn....mg | 0.22 | | 0 | | 5 | | 0.51 | 0.03 | 0.28 |
| Copper, Cu....mg | 0.080 | | 0 | | 4 | | 0.184 | 0.012 | 0.102 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.2 | | 0 | BFZN | 4 | | 2.8 | 0.2 | 1.5 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.3 | | 0 | | 4 | | 0.7 | 0.0 | 0.4 |
| Thiamin....mg | 0.050 | | 0 | | 5 | | 0.115 | 0.007 | 0.064 |
| Riboflavin....mg | 0.050 | | 0 | | 5 | | 0.115 | 0.007 | 0.064 |
| Niacin....mg | 1.100 | | 0 | | 5 | | 2.530 | 0.158 | 1.408 |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.050 | | 0 | | 5 | | 0.115 | 0.007 | 0.064 |
| Folate, total....µg | 16 | | 0 | | 4 | | 37 | 2 | 20 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 16 | | 0 | | 4 | | 37 | 2 | 20 |
| Folate, DFE....mcg_DFE | 16 | | 0 | NC | 4 | | 37 | 2 | 20 |
| Choline, total....mg | 15.2 | | 0 | FLA | 4 | | 34.9 | 2.2 | 19.4 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 8 | | 0 | NC | 4 | | 17 | 1 | 10 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 73 | | 0 | BNA | 4 | | 169 | 11 | 94 |
| Carotene, alpha....µg | 33 | | 0 | BNA | 4 | | 77 | 5 | 43 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 150 | | 0 | | 5 | | 345 | 22 | 192 |
| Lycopene....µg | 1 | | 0 | FLA | 4 | | 2 | 0 | 1 |
| Lutein + zeaxanthin....µg | 550 | | 0 | FLA | 4 | | 1264 | 79 | 704 |
| Vitamin E (alpha-tocopherol)....mg | 0.15 | | 0 | NR | 4 | | 0.36 | 0.02 | 0.20 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 13.4 | | 0 | FLA | 4 | | 30.9 | 1.9 | 17.2 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 42278**
**Babyfood, vegetable and brown rice, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.140 | | 0 | | 4 | | 0.322 | 0.020 | 0.179 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.009 | | 0 | | 4 | | 0.021 | 0.001 | 0.012 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.099 | | 0 | | 4 | | 0.228 | 0.014 | 0.127 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.029 | | 0 | | 4 | | 0.067 | 0.004 | 0.037 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.970 | | 0 | | 4 | | 2.231 | 0.140 | 1.242 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.009 | | 0 | | 4 | | 0.021 | 0.001 | 0.012 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.957 | | 0 | | 4 | | 2.201 | 0.138 | 1.225 |
| 20:1....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.001 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.320 | | 0 | | 4 | | 0.736 | 0.046 | 0.410 |
| 18:2 undifferentiated....g | 0.302 | | 0 | | 4 | | 0.695 | 0.043 | 0.387 |
| 18:3 undifferentiated....g | 0.011 | | 0 | | 4 | | 0.025 | 0.002 | 0.014 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 5 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 230g: 1 cup

Measure 2 = 14.4g: 1 tbsp

Measure 3 = 128g: 1 jar Earth's Best (4.5 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03114**
**Babyfood, vegetable, butternut squash and corn**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 87.30 | | 1 | MA | 12 | | 98.65 | | |
| Energy | kcal | 50 | | 0 | NC | 4 | | 57 | | |
| Energy | kJ | 211 | | 0 | NC | 4 | | 238 | | |
| Protein | g | 2.00 | | 1 | MA | 12 | | 2.26 | | |
| Total lipid (fat) | g | 0.60 | | 1 | MA | 12 | | 0.68 | | |
| Ash | g | 0.84 | | 1 | MA | 12 | | 0.95 | | |
| Carbohydrate, by difference | g | 9.26 | | 0 | NC | 4 | | 10.46 | | |
| Fiber, total dietary | g | 2.0 | | 1 | MA | 12 | | 2.3 | | |
| Sugars, total | g | 2.93 | | 1 | MA | 12 | | 3.31 | | |
| Sucrose | g | 2.25 | | 1 | MA | 12 | | 2.54 | | |
| Glucose (dextrose) | g | 0.23 | | 1 | MA | 12 | | 0.26 | | |
| Fructose | g | 0.30 | | 1 | MA | 12 | | 0.34 | | |
| Lactose | g | | | | | | | | | |
| Maltose | g | 0.14 | | 1 | MA | 12 | | 0.16 | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 32 | | 1 | MA | 12 | | 36 | | |
| Iron, Fe | mg | 0.40 | | 1 | MA | 12 | | 0.45 | | |
| Magnesium, Mg | mg | 26 | | 1 | MA | 12 | | 29 | | |
| Phosphorus, P | mg | 35 | | 1 | MA | 12 | | 40 | | |
| Potassium, K | mg | 352 | | 1 | MA | 12 | | 398 | | |
| Sodium, Na | mg | 5 | | 0 | LC | 8 | | 5 | | |
| Zinc, Zn | mg | 0.30 | | 1 | MA | 12 | | 0.34 | | |
| Copper, Cu | mg | 0.100 | | 1 | MA | 12 | | 0.113 | | |
| Manganese, Mn | mg | 0.120 | | 1 | MA | 12 | | 0.136 | | |
| Selenium, Se | µg | 0.6 | | 0 | FLM | 4 | | 0.7 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 4.9 | | 0 | FLM | 4 | | 5.5 | | |
| Thiamin | mg | 0.060 | | 1 | MA | 12 | | 0.068 | | |
| Riboflavin | mg | 0.060 | | 1 | MA | 12 | | 0.068 | | |
| Niacin | mg | 0.560 | | 1 | MA | 12 | | 0.633 | | |
| Pantothenic acid | mg | 0.314 | | 0 | FLM | 4 | | 0.355 | | |
| Vitamin B-6 | mg | 0.110 | | 1 | MA | 12 | | 0.124 | | |
| Folate, total | µg | 23 | | 0 | FLM | 4 | | 26 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 23 | | 0 | FLM | 4 | | 26 | | |
| Folate, DFE | mcg_DFE | 23 | | 0 | NC | 4 | | 26 | | |
| Choline, total | mg | 12.5 | | 0 | FLA | 4 | | 14.1 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | FLM | 4 | | 0.00 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 140 | | 0 | NC | 4 | | 158 | | |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Carotene, beta | µg | 1476 | | 0 | FLA | 4 | | 1667 | | |
| Carotene, alpha | µg | 362 | | 0 | FLA | 4 | | 409 | | |
| Cryptoxanthin, beta | µg | 38 | | 0 | FLA | 4 | | 43 | | |
| Vitamin A, IU | IU | 2793 | | 0 | NC | 4 | | 3156 | | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 970 | | 0 | FLA | 4 | | 1097 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.08 | | 0 | FLA | 4 | | 0.10 | | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03114**
**Babyfood, vegetable, butternut squash and corn**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone)....µg | 2.4 | | 0 | FLA | 4 | | 2.7 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.095 | | 0 | FLM | 4 | | 0.107 | | |
| 4:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 12:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.088 | | 0 | FLM | 4 | | 0.099 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.006 | | 0 | FLM | 4 | | 0.007 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.166 | | 0 | FLM | 4 | | 0.188 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.166 | | 0 | FLM | 4 | | 0.188 | | |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.280 | | 0 | FLM | 4 | | 0.316 | | |
| 18:2 undifferentiated....g | 0.262 | | 0 | FLM | 4 | | 0.296 | | |
| 18:3 undifferentiated....g | 0.019 | | 0 | FLM | 4 | | 0.021 | | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | FLM | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLM | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 113g: 1 jar, Gerber (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03096**
**Babyfood, vegetable, green beans and potatoes**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 86.20 | | 1 | MA | 12 | | 97.41 | | |
| Energy | kcal | 62 | | 0 | NC | 4 | | 70 | | |
| Energy | kJ | 259 | | 0 | NC | 4 | | 293 | | |
| Protein | g | 2.20 | | 1 | MA | 12 | | 2.49 | | |
| Total lipid (fat) | g | 1.90 | | 1 | MA | 12 | | 2.15 | | |
| Ash | g | 0.70 | | 1 | BFCN | 4 | | 0.79 | | |
| Carbohydrate, by difference | g | 9.00 | | 0 | NC | 4 | | 10.17 | | |
| Fiber, total dietary | g | 1.4 | | 1 | MA | 12 | | 1.6 | | |
| Sugars, total | g | 2.35 | | 1 | MA | 12 | | 2.66 | | |
| Sucrose | g | 0.21 | | 1 | MA | 12 | | 0.24 | | |
| Glucose (dextrose) | g | 0.33 | | 1 | MA | 12 | | 0.37 | | |
| Fructose | g | 0.37 | | 1 | MA | 12 | | 0.42 | | |
| Lactose | g | 1.34 | | 1 | MA | 12 | | 1.51 | | |
| Maltose | g | 0.10 | | 1 | MA | 12 | | 0.11 | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 60 | | 1 | MA | 12 | | 68 | | |
| Iron, Fe | mg | 0.50 | | 1 | MA | 12 | | 0.57 | | |
| Magnesium, Mg | mg | 20 | | 1 | MA | 12 | | 23 | | |
| Phosphorus, P | mg | 61 | | 1 | MA | 12 | | 69 | | |
| Potassium, K | mg | 148 | | 1 | MA | 12 | | 167 | | |
| Sodium, Na | mg | 18 | | 1 | MA | 12 | | 20 | | |
| Zinc, Zn | mg | 0.30 | | 1 | MA | 12 | | 0.34 | | |
| Copper, Cu | mg | 0.040 | | 1 | MA | 12 | | 0.045 | | |
| Manganese, Mn | mg | 0.280 | | 1 | MA | 12 | | 0.316 | | |
| Selenium, Se | µg | 0.7 | | 0 | BFZN | 4 | | 0.8 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.1 | | 1 | MA | 12 | | 1.2 | | |
| Thiamin | mg | 0.040 | | 1 | MA | 12 | | 0.045 | | |
| Riboflavin | mg | 0.110 | | 1 | MA | 12 | | 0.124 | | |
| Niacin | mg | 0.460 | | 1 | MA | 12 | | 0.520 | | |
| Pantothenic acid | mg | 0.286 | | 0 | FLM | 4 | | 0.323 | | |
| Vitamin B-6 | mg | 0.080 | | 1 | MA | 12 | | 0.090 | | |
| Folate, total | µg | 10 | | 0 | FLM | 4 | | 11 | | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, food | µg | 10 | | 0 | FLM | 4 | | 11 | | |
| Folate, DFE | mcg_DFE | 10 | | 0 | NC | 4 | | 11 | | |
| Choline, total | mg | 10.0 | | 0 | NR | 4 | | 11.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.15 | | 0 | FLM | 4 | | 0.17 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 14 | | 0 | NC | 4 | | 16 | | |
| Retinol | µg | 12 | | 0 | BNA | 4 | | 13 | | |
| Carotene, beta | µg | 28 | | 0 | BNA | 4 | | 31 | | |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | | |
| Vitamin A, IU | IU | 85 | | 1 | MA | 12 | | 96 | | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 50 | | 0 | FLA | 4 | | 56 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.08 | | 0 | FLA | 4 | | 0.09 | | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03096**
**Babyfood, vegetable, green beans and potatoes**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin K (phylloquinone)....µg | 1.4 | | 0 | FLA | 4 | | 1.6 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.117 | | 0 | FLM | 4 | | 1.262 | | |
| 4:0....g | 0.056 | | 0 | FLM | 4 | | 0.063 | | |
| 6:0....g | 0.033 | | 0 | FLM | 4 | | 0.037 | | |
| 8:0....g | 0.019 | | 0 | FLM | 4 | | 0.021 | | |
| 10:0....g | 0.044 | | 0 | FLM | 4 | | 0.050 | | |
| 12:0....g | 0.049 | | 0 | FLM | 4 | | 0.055 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.175 | | 0 | FLM | 4 | | 0.198 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.486 | | 0 | FLM | 4 | | 0.549 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.214 | | 0 | FLM | 4 | | 0.242 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.539 | | 0 | FLM | 4 | | 0.609 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.040 | | 0 | FLM | 4 | | 0.045 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.474 | | 0 | FLM | 4 | | 0.536 | | |
| 20:1....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.132 | | 0 | FLM | 4 | | 0.149 | | |
| 18:2 undifferentiated....g | 0.088 | | 0 | FLM | 4 | | 0.099 | | |
| 18:3 undifferentiated....g | 0.043 | | 0 | FLM | 4 | | 0.049 | | |
| 18:4....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLM | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 5 | | 0 | FLM | 4 | | 6 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLM | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 113g: 1 jar, Gerber (4 oz)

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03098**
**Babyfood, vegetables, beets, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 90.10 | 0.500 | 16 | | 1 | | 201.82 | 12.61 | 25.54 |
| Energy | kcal | 34 | | 0 | NC | 4 | | 76 | 5 | 10 |
| Energy | kJ | 142 | | 0 | | 4 | | 319 | 20 | 40 |
| Protein (N x 6.25) | g | 1.30 | 0.000 | 10 | | 1 | | 2.91 | 0.18 | 0.37 |
| Total lipid (fat) | g | 0.10 | 0.000 | 10 | | 1 | | 0.22 | 0.01 | 0.03 |
| Ash | g | 0.90 | 0.000 | 15 | | 1 | | 2.02 | 0.13 | 0.26 |
| Carbohydrate, by difference | g | 7.70 | | 0 | NC | 4 | | 17.25 | 1.08 | 2.18 |
| Fiber, total dietary | g | 1.9 | | 0 | | 4 | | 4.3 | 0.3 | 0.5 |
| Sugars, total | g | 6.09 | | 0 | BFSN | 4 | | 13.64 | 0.85 | 1.73 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 14 | 1.000 | 15 | | 1 | | 31 | 2 | 4 |
| Iron, Fe | mg | 0.32 | 0.020 | 17 | | 1 | | 0.72 | 0.04 | 0.09 |
| Magnesium, Mg | mg | 14 | | 2 | | 1 | | 31 | 2 | 4 |
| Phosphorus, P | mg | 14 | | 1 | | 1 | | 31 | 2 | 4 |
| Potassium, K | mg | 182 | | 1 | | 1 | | 408 | 25 | 52 |
| Sodium, Na | mg | 83 | | 4 | | 1 | | 186 | 12 | 24 |
| Zinc, Zn | mg | 0.12 | | 2 | | 1 | | 0.27 | 0.02 | 0.03 |
| Copper, Cu | mg | 0.070 | | 1 | | 1 | | 0.157 | 0.010 | 0.020 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.1 | | 1 | A | 1 | | 0.2 | 0.0 | 0.0 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 2.4 | 0.200 | 10 | | 1 | | 5.4 | 0.3 | 0.7 |
| Thiamin | mg | 0.011 | 0.000 | 11 | | 1 | | 0.025 | 0.002 | 0.003 |
| Riboflavin | mg | 0.043 | 0.000 | 14 | | 1 | | 0.096 | 0.006 | 0.012 |
| Niacin | mg | 0.132 | 0.007 | 10 | | 1 | | 0.296 | 0.018 | 0.037 |
| Pantothenic acid | mg | 0.100 | | 0 | | 4 | | 0.224 | 0.014 | 0.028 |
| Vitamin B-6 | mg | 0.024 | | 7 | | 1 | | 0.054 | 0.003 | 0.007 |
| Folate, total | µg | 31 | 3.600 | 6 | | 1 | | 69 | 4 | 9 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 31 | 3.600 | 6 | | 1 | | 69 | 4 | 9 |
| Folate, DFE | mcg_DFE | 31 | | 0 | NC | 4 | | 69 | 4 | 9 |
| Choline, total | mg | 4.8 | | 0 | T | 4 | | 10.7 | 0.7 | 1.4 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 1 | | 0 | NC | 4 | | 3 | 0 | 0 |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta | µg | 16 | | 0 | BFSN | 4 | | 36 | 2 | 5 |
| Carotene, alpha | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 27 | | 0 | NC | 4 | | 59 | 4 | 8 |
| Lycopene | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.03 | | 0 | BFSN | 4 | | 0.08 | 0.00 | 0.01 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 0.2 | | 0 | BFSN | 4 | | 0.4 | 0.0 | 0.0 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03098**
**Babyfood, vegetables, beets, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.016 | | 0 | | 4 | | 0.036 | 0.002 | 0.005 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.016 | | 0 | | 4 | | 0.036 | 0.002 | 0.005 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.019 | | 0 | | 4 | | 0.043 | 0.003 | 0.005 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.019 | | 0 | | 4 | | 0.043 | 0.003 | 0.005 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.036 | | 0 | | 4 | | 0.081 | 0.005 | 0.010 |
| 18:2 undifferentiated....g | 0.033 | | 0 | | 4 | | 0.074 | 0.005 | 0.009 |
| 18:3 undifferentiated....g | 0.003 | | 0 | | 4 | | 0.007 | 0.000 | 0.001 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.012 | | 0 | | 1 | | 0.027 | 0.002 | 0.003 |
| Threonine....g | 0.032 | | 0 | | 1 | | 0.072 | 0.004 | 0.009 |
| Isoleucine....g | 0.038 | | 0 | | 1 | | 0.085 | 0.005 | 0.011 |
| Leucine....g | 0.046 | | 0 | | 1 | | 0.103 | 0.006 | 0.013 |
| Lysine....g | 0.034 | | 0 | | 1 | | 0.076 | 0.005 | 0.010 |
| Methionine....g | 0.010 | | 0 | | 1 | | 0.022 | 0.001 | 0.003 |
| Cystine....g | 0.007 | | 0 | | 1 | | 0.016 | 0.001 | 0.002 |
| Phenylalanine....g | 0.018 | | 0 | | 1 | | 0.040 | 0.003 | 0.005 |
| Tyrosine....g | 0.035 | | 0 | | 1 | | 0.078 | 0.005 | 0.010 |
| Valine....g | 0.045 | | 0 | | 1 | | 0.101 | 0.006 | 0.013 |
| Arginine....g | 0.030 | | 0 | | 1 | | 0.067 | 0.004 | 0.009 |
| Histidine....g | 0.021 | | 0 | | 1 | | 0.047 | 0.003 | 0.006 |
| Alanine....g | 0.054 | | 0 | | 1 | | 0.121 | 0.008 | 0.015 |
| Aspartic acid....g | 0.086 | | 0 | | 1 | | 0.193 | 0.012 | 0.024 |
| Glutamic acid....g | 0.292 | | 0 | | 1 | | 0.654 | 0.041 | 0.083 |
| Glycine....g | 0.027 | | 0 | | 1 | | 0.060 | 0.004 | 0.008 |
| Proline....g | 0.027 | | 0 | | 1 | | 0.060 | 0.004 | 0.008 |
| Serine....g | 0.043 | | 0 | | 1 | | 0.096 | 0.006 | 0.012 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03098**
**Babyfood, vegetables, beets, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 224g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 2.78 **Fat** 8.37 **Carbohydrate** 3.84

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03100**
**Babyfood, vegetables, carrots, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 91.00 | 0.200 | 28 | | 1 | | 203.84 | 12.74 | 25.80 |
| Energy....kcal | 32 | | 0 | NC | 4 | | 72 | 4 | 9 |
| Energy....kJ | 134 | | 0 | | 4 | | 300 | 19 | 38 |
| Protein (N x 6.25)....g | 0.80 | 0.000 | 29 | | 1 | | 1.79 | 0.11 | 0.23 |
| Total lipid (fat)....g | 0.20 | 0.000 | 28 | | 1 | | 0.45 | 0.03 | 0.06 |
| Ash....g | 0.70 | 0.000 | 28 | | 1 | | 1.57 | 0.10 | 0.20 |
| Carbohydrate, by difference....g | 7.20 | | 0 | NC | 4 | | 16.13 | 1.01 | 2.04 |
| Fiber, total dietary....g | 1.7 | | 0 | | 4 | | 3.8 | 0.2 | 0.5 |
| Sugars, total....g | 3.16 | | 0 | BFSN | 4 | | 7.08 | 0.44 | 0.90 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 23 | 1.000 | 24 | | 1 | | 52 | 3 | 7 |
| Iron, Fe....mg | 0.39 | 0.050 | 24 | | 1 | | 0.87 | 0.05 | 0.11 |
| Magnesium, Mg....mg | 11 | | 0 | | 1 | | 25 | 2 | 3 |
| Phosphorus, P....mg | 20 | | 2 | | 1 | | 45 | 3 | 6 |
| Potassium, K....mg | 202 | 7.000 | 13 | | 1 | | 452 | 28 | 57 |
| Sodium, Na....mg | 49 | | 18 | | 1 | | 110 | 7 | 14 |
| Zinc, Zn....mg | 0.18 | | 0 | | 1 | | 0.39 | 0.02 | 0.05 |
| Copper, Cu....mg | 0.047 | | 0 | | 1 | | 0.105 | 0.007 | 0.013 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.2 | | 0 | BFZN | 4 | | 0.4 | 0.0 | 0.1 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 5.5 | 0.300 | 24 | | 1 | | 12.3 | 0.8 | 1.6 |
| Thiamin....mg | 0.024 | 0.000 | 23 | | 1 | | 0.054 | 0.003 | 0.007 |
| Riboflavin....mg | 0.041 | 0.000 | 22 | | 1 | | 0.092 | 0.006 | 0.012 |
| Niacin....mg | 0.497 | 0.031 | 22 | | 1 | | 1.113 | 0.070 | 0.141 |
| Pantothenic acid....mg | 0.278 | | 0 | | 1 | | 0.623 | 0.039 | 0.079 |
| Vitamin B-6....mg | 0.080 | 0.004 | 11 | | 1 | | 0.179 | 0.011 | 0.023 |
| Folate, total....µg | 17 | | 0 | | 1 | | 39 | 2 | 5 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 17 | | 0 | | 1 | | 39 | 2 | 5 |
| Folate, DFE....mcg_DFE | 17 | | 0 | NC | 4 | | 39 | 2 | 5 |
| Choline, total....mg | 8.0 | | 0 | T | 4 | | 18.0 | 1.1 | 2.3 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 591 | | 0 | NC | 4 | | 1323 | 83 | 167 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 5745 | | 0 | BNA | 4 | | 12869 | 804 | 1629 |
| Carotene, alpha....µg | 2682 | | 0 | BNA | 4 | | 6007 | 375 | 760 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 11810 | 448.000 | 24 | | 1 | | 26454 | 1653 | 3348 |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 230 | | 0 | O | 4 | | 515 | 32 | 65 |
| Vitamin E (alpha-tocopherol)....mg | 0.52 | | 0 | NR | 4 | | 1.16 | 0.07 | 0.15 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 12.5 | | 0 | BFSN | 4 | | 28.1 | 1.8 | 3.6 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03100**
**Babyfood, vegetables, carrots, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.036 | | 0 | | 4 | | 0.081 | 0.005 | 0.010 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.002 | | 0 | | 4 | | 0.004 | 0.000 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.028 | | 0 | | 4 | | 0.063 | 0.004 | 0.008 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.009 | | 0 | | 4 | | 0.020 | 0.001 | 0.003 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.004 | 0.000 | 0.001 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.016 | 0.001 | 0.002 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.093 | | 0 | | 4 | | 0.208 | 0.013 | 0.026 |
| 18:2 undifferentiated....g | 0.080 | | 0 | | 4 | | 0.179 | 0.011 | 0.023 |
| 18:3 undifferentiated....g | 0.011 | | 0 | | 4 | | 0.025 | 0.002 | 0.003 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.011 | | 0 | | 1 | | 0.025 | 0.002 | 0.003 |
| Threonine....g | 0.023 | | 0 | | 1 | | 0.052 | 0.003 | 0.007 |
| Isoleucine....g | 0.024 | | 0 | | 1 | | 0.054 | 0.003 | 0.007 |
| Leucine....g | 0.033 | | 0 | | 1 | | 0.074 | 0.005 | 0.009 |
| Lysine....g | 0.021 | | 0 | | 1 | | 0.047 | 0.003 | 0.006 |
| Methionine....g | 0.009 | | 0 | | 1 | | 0.020 | 0.001 | 0.003 |
| Cystine....g | 0.006 | | 0 | | 1 | | 0.013 | 0.001 | 0.002 |
| Phenylalanine....g | 0.025 | | 0 | | 1 | | 0.056 | 0.004 | 0.007 |
| Tyrosine....g | 0.020 | | 0 | | 1 | | 0.045 | 0.003 | 0.006 |
| Valine....g | 0.031 | | 0 | | 1 | | 0.069 | 0.004 | 0.009 |
| Arginine....g | 0.052 | | 0 | | 1 | | 0.116 | 0.007 | 0.015 |
| Histidine....g | 0.013 | | 0 | | 1 | | 0.029 | 0.002 | 0.004 |
| Alanine....g | 0.041 | | 0 | | 1 | | 0.092 | 0.006 | 0.012 |
| Aspartic acid....g | 0.127 | | 0 | | 1 | | 0.284 | 0.018 | 0.036 |
| Glutamic acid....g | 0.225 | | 0 | | 1 | | 0.504 | 0.032 | 0.064 |
| Glycine....g | 0.022 | | 0 | | 1 | | 0.049 | 0.003 | 0.006 |
| Proline....g | 0.021 | | 0 | | 1 | | 0.047 | 0.003 | 0.006 |
| Serine....g | 0.024 | | 0 | | 1 | | 0.054 | 0.003 | 0.007 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03100**
**Babyfood, vegetables, carrots, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 224g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 2.78 **Fat** 8.37 **Carbohydrate** 3.84

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03099**
**Babyfood, vegetables, carrots, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 92.30 | 0.200 | 52 | | 1 | | 206.75 | 12.92 | 26.17 |
| Energy....kcal | 26 | | 0 | NC | 4 | | 58 | 4 | 7 |
| Energy....kJ | 109 | | 0 | NC | 4 | | 245 | 15 | 31 |
| Protein (N x 6.25)....g | 0.80 | 0.000 | 28 | | 1 | | 1.79 | 0.11 | 0.23 |
| Total lipid (fat)....g | 0.10 | 0.000 | 28 | | 1 | | 0.22 | 0.01 | 0.03 |
| Ash....g | 0.80 | 0.000 | 26 | | 1 | | 1.79 | 0.11 | 0.23 |
| Carbohydrate, by difference....g | 6.00 | | 0 | NC | 4 | | 13.44 | 0.84 | 1.70 |
| Fiber, total dietary....g | 1.7 | | 0 | | 4 | | 3.8 | 0.2 | 0.5 |
| Sugars, total....g | 3.64 | | 0 | BFPN | 4 | | 8.15 | 0.51 | 1.03 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 22 | 1.000 | 29 | | 1 | | 49 | 3 | 6 |
| Iron, Fe....mg | 0.37 | 0.040 | 34 | | 1 | | 0.83 | 0.05 | 0.10 |
| Magnesium, Mg....mg | 9 | | 1 | | 1 | | 20 | 1 | 3 |
| Phosphorus, P....mg | 20 | | 2 | | 1 | | 45 | 3 | 6 |
| Potassium, K....mg | 196 | 6.000 | 13 | | 1 | | 439 | 27 | 56 |
| Sodium, Na....mg | 69 | | 0 | LC | 8 | | 155 | 10 | 20 |
| Zinc, Zn....mg | 0.15 | | 16 | | 1 | | 0.34 | 0.02 | 0.04 |
| Copper, Cu....mg | 0.041 | | 16 | | 1 | | 0.092 | 0.006 | 0.012 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.2 | | 1 | A | 1 | | 0.4 | 0.0 | 0.1 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 5.7 | 0.300 | 33 | | 1 | | 12.8 | 0.8 | 1.6 |
| Thiamin....mg | 0.023 | 0.000 | 32 | | 1 | | 0.052 | 0.003 | 0.007 |
| Riboflavin....mg | 0.040 | 0.000 | 28 | | 1 | | 0.090 | 0.006 | 0.011 |
| Niacin....mg | 0.463 | 0.031 | 30 | | 1 | | 1.037 | 0.065 | 0.131 |
| Pantothenic acid....mg | 0.240 | | 4 | | 1 | | 0.538 | 0.034 | 0.068 |
| Vitamin B-6....mg | 0.073 | 0.000 | 20 | | 1 | | 0.164 | 0.010 | 0.021 |
| Folate, total....µg | 15 | 2.800 | 9 | | 1 | | 33 | 2 | 4 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 15 | 2.800 | 9 | | 1 | | 33 | 2 | 4 |
| Folate, DFE....mcg_DFE | 15 | | 0 | NC | 4 | | 33 | 2 | 4 |
| Choline, total....mg | 6.9 | | 0 | T | 4 | | 15.4 | 1.0 | 1.9 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 573 | | 0 | NC | 4 | | 1284 | 80 | 162 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 5575 | | 0 | BNA | 4 | | 12489 | 781 | 1581 |
| Carotene, alpha....µg | 2602 | | 0 | BNA | 4 | | 5829 | 364 | 738 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 11461 | 341.000 | 29 | | 1 | | 25673 | 1605 | 3249 |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 0 | | 0 | NR | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol)....mg | 0.52 | | 0 | NR | 4 | | 1.16 | 0.07 | 0.15 |
| Vitamin E, added....mg | 0.00 | | 0 | NR | 4 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 14.4 | | 0 | BFPN | 4 | | 32.3 | 2.0 | 4.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03099**
**Babyfood, vegetables, carrots, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.018 | | 0 | | 4 | | 0.040 | 0.003 | 0.005 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.014 | | 0 | | 4 | | 0.031 | 0.002 | 0.004 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.000 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.004 | | 0 | | 4 | | 0.009 | 0.001 | 0.001 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.003 | | 0 | | 4 | | 0.007 | 0.000 | 0.001 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.047 | | 0 | | 4 | | 0.105 | 0.007 | 0.013 |
| 18:2 undifferentiated....g | 0.040 | | 0 | | 4 | | 0.090 | 0.006 | 0.011 |
| 18:3 undifferentiated....g | 0.006 | | 0 | | 4 | | 0.013 | 0.001 | 0.002 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.011 | | 0 | | 1 | | 0.025 | 0.002 | 0.003 |
| Threonine....g | 0.022 | | 0 | | 1 | | 0.049 | 0.003 | 0.006 |
| Isoleucine....g | 0.024 | | 0 | | 1 | | 0.054 | 0.003 | 0.007 |
| Leucine....g | 0.032 | | 0 | | 1 | | 0.072 | 0.004 | 0.009 |
| Lysine....g | 0.020 | | 0 | | 1 | | 0.045 | 0.003 | 0.006 |
| Methionine....g | 0.009 | | 0 | | 1 | | 0.020 | 0.001 | 0.003 |
| Cystine....g | 0.006 | | 0 | | 1 | | 0.013 | 0.001 | 0.002 |
| Phenylalanine....g | 0.024 | | 0 | | 1 | | 0.054 | 0.003 | 0.007 |
| Tyrosine....g | 0.019 | | 0 | | 1 | | 0.043 | 0.003 | 0.005 |
| Valine....g | 0.030 | | 0 | | 1 | | 0.067 | 0.004 | 0.009 |
| Arginine....g | 0.050 | | 0 | | 1 | | 0.112 | 0.007 | 0.014 |
| Histidine....g | 0.012 | | 0 | | 1 | | 0.027 | 0.002 | 0.003 |
| Alanine....g | 0.040 | | 0 | | 1 | | 0.090 | 0.006 | 0.011 |
| Aspartic acid....g | 0.123 | | 0 | | 1 | | 0.276 | 0.017 | 0.035 |
| Glutamic acid....g | 0.218 | | 0 | | 1 | | 0.488 | 0.031 | 0.062 |
| Glycine....g | 0.021 | | 0 | | 1 | | 0.047 | 0.003 | 0.006 |
| Proline....g | 0.020 | | 0 | | 1 | | 0.045 | 0.003 | 0.006 |
| Serine....g | 0.024 | | 0 | | 1 | | 0.054 | 0.003 | 0.007 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFPN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFPN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03099**
**Babyfood, vegetables, carrots, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 224g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 2.78 **Fat** 8.37 **Carbohydrate** 3.84

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03120**
**Babyfood, vegetables, corn, creamed, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 81.40 | | 17 | | 1 | | 195.36 | 12.21 | 23.08 |
| Energy | kcal | 65 | | 0 | NC | 4 | | 156 | 10 | 18 |
| Energy | kJ | 272 | | 0 | NC | 4 | | 653 | 41 | 77 |
| Protein (N x 6.25) | g | 1.40 | | 17 | | 1 | | 3.36 | 0.21 | 0.40 |
| Total lipid (fat) | g | 0.40 | | 17 | | 1 | | 0.96 | 0.06 | 0.11 |
| Ash | g | 0.55 | | 0 | FLA | 4 | | 1.32 | 0.08 | 0.16 |
| Carbohydrate, by difference | g | 16.25 | | 0 | NC | 4 | | 39.00 | 2.44 | 4.61 |
| Fiber, total dietary | g | 2.1 | | 0 | | 4 | | 5.0 | 0.3 | 0.6 |
| Sugars, total | g | 1.48 | | 0 | FLA | 4 | | 3.55 | 0.22 | 0.42 |
| Sucrose | g | 1.19 | | 0 | FLA | 4 | | 2.85 | 0.18 | 0.34 |
| Glucose (dextrose) | g | 0.10 | | 0 | FLA | 4 | | 0.24 | 0.02 | 0.03 |
| Fructose | g | 0.10 | | 0 | FLA | 4 | | 0.24 | 0.02 | 0.03 |
| Lactose | g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Maltose | g | 0.05 | | 0 | FLA | 4 | | 0.12 | 0.01 | 0.01 |
| Galactose | g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 4 | | 0 | FLA | 4 | | 10 | 1 | 1 |
| Iron, Fe | mg | 0.27 | | 8 | | 1 | | 0.65 | 0.04 | 0.08 |
| Magnesium, Mg | mg | 8 | | 1 | | 1 | | 19 | 1 | 2 |
| Phosphorus, P | mg | 33 | | 1 | | 1 | | 79 | 5 | 9 |
| Potassium, K | mg | 81 | | 14 | | 1 | | 194 | 12 | 23 |
| Sodium, Na | mg | 52 | | 19 | | 1 | | 125 | 8 | 15 |
| Zinc, Zn | mg | 0.23 | | 1 | | 1 | | 0.55 | 0.03 | 0.07 |
| Copper, Cu | mg | 0.038 | | 0 | | 1 | | 0.091 | 0.006 | 0.011 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 1.3 | | 1 | A | 1 | | 3.1 | 0.2 | 0.4 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 2.2 | | 9 | | 1 | | 5.3 | 0.3 | 0.6 |
| Thiamin | mg | 0.013 | | 9 | | 1 | | 0.031 | 0.002 | 0.004 |
| Riboflavin | mg | 0.048 | | 8 | | 1 | | 0.115 | 0.007 | 0.014 |
| Niacin | mg | 0.504 | | 8 | | 1 | | 1.210 | 0.076 | 0.143 |
| Pantothenic acid | mg | 0.327 | | 0 | | 1 | | 0.785 | 0.049 | 0.093 |
| Vitamin B-6 | mg | 0.041 | | 1 | | 1 | | 0.098 | 0.006 | 0.012 |
| Folate, total | µg | 20 | | 0 | FLA | 4 | | 49 | 3 | 6 |
| Folic acid | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food | µg | 20 | | 0 | FLA | 4 | | 49 | 3 | 6 |
| Folate, DFE | mcg_DFE | 20 | | 0 | NC | 4 | | 49 | 3 | 6 |
| Choline, total | mg | 8.6 | | 0 | FLA | 4 | | 20.7 | 1.3 | 2.4 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.02 | | 1 | | 1 | | 0.05 | 0.00 | 0.01 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 2 | | 0 | FLA | 4 | | 5 | 0 | 1 |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta | µg | 13 | | 0 | FLA | 4 | | 32 | 2 | 4 |
| Carotene, alpha | µg | 10 | | 0 | FLA | 4 | | 25 | 2 | 3 |
| Cryptoxanthin, beta | µg | 3 | | 0 | FLA | 4 | | 6 | 0 | 1 |
| Vitamin A, IU | IU | 34 | | 0 | FLA | 4 | | 82 | 5 | 10 |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 423 | | 0 | FLA | 4 | | 1016 | 63 | 120 |
| Vitamin E (alpha-tocopherol) | mg | 0.04 | | 0 | FLA | 4 | | 0.11 | 0.01 | 0.01 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03120**
**Babyfood, vegetables, corn, creamed, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.074 | | 0 | | 4 | | 0.178 | 0.011 | 0.021 |
| 4:0....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.002 | | 0 | | 4 | | 0.005 | 0.000 | 0.001 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.062 | | 0 | | 4 | | 0.149 | 0.009 | 0.018 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.006 | | 0 | | 4 | | 0.014 | 0.001 | 0.002 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.116 | | 0 | | 4 | | 0.278 | 0.017 | 0.033 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.115 | | 0 | | 4 | | 0.276 | 0.017 | 0.033 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.178 | | 0 | | 4 | | 0.427 | 0.027 | 0.050 |
| 18:2 undifferentiated....g | 0.173 | | 0 | | 4 | | 0.415 | 0.026 | 0.049 |
| 18:3 undifferentiated....g | 0.006 | | 0 | | 4 | | 0.014 | 0.001 | 0.002 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | | 4 | | 2 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.015 | | 0 | | 1 | | 0.036 | 0.002 | 0.004 |
| Threonine....g | 0.052 | | 0 | | 1 | | 0.125 | 0.008 | 0.015 |
| Isoleucine....g | 0.065 | | 0 | | 1 | | 0.156 | 0.010 | 0.018 |
| Leucine....g | 0.141 | | 0 | | 1 | | 0.338 | 0.021 | 0.040 |
| Lysine....g | 0.082 | | 0 | | 1 | | 0.197 | 0.012 | 0.023 |
| Methionine....g | 0.040 | | 0 | | 1 | | 0.096 | 0.006 | 0.011 |
| Cystine....g | 0.018 | | 0 | | 1 | | 0.043 | 0.003 | 0.005 |
| Phenylalanine....g | 0.049 | | 0 | | 1 | | 0.118 | 0.007 | 0.014 |
| Tyrosine....g | 0.068 | | 0 | | 1 | | 0.163 | 0.010 | 0.019 |
| Valine....g | 0.078 | | 0 | | 1 | | 0.187 | 0.012 | 0.022 |
| Arginine....g | 0.060 | | 0 | | 1 | | 0.144 | 0.009 | 0.017 |
| Histidine....g | 0.046 | | 0 | | 1 | | 0.110 | 0.007 | 0.013 |
| Alanine....g | 0.071 | | 0 | | 1 | | 0.170 | 0.011 | 0.020 |
| Aspartic acid....g | 0.099 | | 0 | | 1 | | 0.238 | 0.015 | 0.028 |
| Glutamic acid....g | 0.276 | | 0 | | 1 | | 0.662 | 0.041 | 0.078 |
| Glycine....g | 0.036 | | 0 | | 1 | | 0.086 | 0.005 | 0.010 |
| Proline....g | 0.161 | | 0 | | 1 | | 0.386 | 0.024 | 0.046 |
| Serine....g | 0.062 | | 0 | | 1 | | 0.149 | 0.009 | 0.018 |
| Hydroxyproline....g | | | | | | | | | |

**NDB No. 03120**
**Babyfood, vegetables, corn, creamed, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 2.44 **Fat** 8.37 **Carbohydrate** 3.57

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03119**
**Babyfood, vegetables, corn, creamed, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 83.60 | 0.800 | 26 | | 1 | | 200.64 | 12.54 | 23.70 |
| Energy....kcal | 57 | | 0 | NC | 4 | | 137 | 9 | 16 |
| Energy....kJ | 238 | | 0 | | 4 | | 572 | 36 | 68 |
| Protein (N x 6.25)....g | 1.40 | | 17 | | 1 | | 3.36 | 0.21 | 0.40 |
| Total lipid (fat)....g | 0.40 | | 17 | | 1 | | 0.96 | 0.06 | 0.11 |
| Ash....g | 0.50 | | 0 | FLA | 4 | | 1.20 | 0.08 | 0.14 |
| Carbohydrate, by difference....g | 14.10 | | 0 | NC | 4 | | 33.84 | 2.12 | 4.00 |
| Fiber, total dietary....g | 2.1 | | 0 | | 4 | | 5.0 | 0.3 | 0.6 |
| Sugars, total....g | 1.23 | | 0 | FLA | 4 | | 2.95 | 0.18 | 0.35 |
| Sucrose....g | 1.00 | | 0 | FLA | 4 | | 2.40 | 0.15 | 0.28 |
| Glucose (dextrose)....g | 0.09 | | 0 | FLA | 4 | | 0.21 | 0.01 | 0.02 |
| Fructose....g | 0.09 | | 0 | FLA | 4 | | 0.21 | 0.01 | 0.02 |
| Lactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.04 | | 0 | FLA | 4 | | 0.10 | 0.01 | 0.01 |
| Galactose....g | 0.00 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 20 | | 13 | | 1 | | 48 | 3 | 6 |
| Iron, Fe....mg | 0.28 | | 14 | | 1 | | 0.67 | 0.04 | 0.08 |
| Magnesium, Mg....mg | 8 | | 1 | | 1 | | 19 | 1 | 2 |
| Phosphorus, P....mg | 33 | | 1 | | 1 | | 79 | 5 | 9 |
| Potassium, K....mg | 90 | | 14 | | 1 | | 216 | 14 | 26 |
| Sodium, Na....mg | 43 | | 21 | | 1 | | 103 | 6 | 12 |
| Zinc, Zn....mg | 0.19 | | 1 | | 1 | | 0.46 | 0.03 | 0.05 |
| Copper, Cu....mg | 0.034 | | 1 | | 1 | | 0.082 | 0.005 | 0.010 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.3 | | 1 | A | 1 | | 3.1 | 0.2 | 0.4 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 2.1 | | 13 | | 1 | | 5.0 | 0.3 | 0.6 |
| Thiamin....mg | 0.013 | | 13 | | 1 | | 0.031 | 0.002 | 0.004 |
| Riboflavin....mg | 0.047 | | 13 | | 1 | | 0.113 | 0.007 | 0.013 |
| Niacin....mg | 0.512 | | 13 | | 1 | | 1.229 | 0.077 | 0.145 |
| Pantothenic acid....mg | 0.290 | | 4 | | 1 | | 0.696 | 0.044 | 0.082 |
| Vitamin B-6....mg | 0.041 | | 1 | | 1 | | 0.098 | 0.006 | 0.012 |
| Folate, total....µg | 17 | | 0 | FLA | 4 | | 42 | 3 | 5 |
| Folic acid....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 17 | | 0 | FLA | 4 | | 42 | 3 | 5 |
| Folate, DFE....mcg_DFE | 17 | | 0 | NC | 4 | | 42 | 3 | 5 |
| Choline, total....mg | 8.6 | | 0 | FLM | 4 | | 20.6 | 1.3 | 2.4 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.02 | | 1 | | 1 | | 0.05 | 0.00 | 0.01 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 5 | | 0 | NC | 4 | | 11 | 1 | 1 |
| Retinol....µg | 2 | | 0 | BNA | 4 | | 4 | 0 | 0 |
| Carotene, beta....µg | 26 | | 0 | BNA | 4 | | 61 | 4 | 7 |
| Carotene, alpha....µg | 20 | | 0 | BNA | 4 | | 49 | 3 | 6 |
| Cryptoxanthin, beta....µg | 5 | | 0 | BNA | 4 | | 12 | 1 | 1 |
| Vitamin A, IU....IU | 69 | | 0 | NC | 4 | | 165 | 10 | 19 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 357 | | 0 | FLA | 4 | | 857 | 54 | 101 |
| Vitamin E (alpha-tocopherol)....mg | 0.04 | | 0 | FLA | 4 | | 0.09 | 0.01 | 0.01 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03119**
**Babyfood, vegetables, corn, creamed, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.0 | | 0 | FLA | 4 | | 0.0 | 0.0 | 0.0 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.076 | | 0 | | 4 | | 0.182 | 0.011 | 0.022 |
| 4:0....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.003 | | 0 | | 4 | | 0.007 | 0.000 | 0.001 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.062 | | 0 | | 4 | | 0.149 | 0.009 | 0.018 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.007 | | 0 | | 4 | | 0.017 | 0.001 | 0.002 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.116 | | 0 | | 4 | | 0.278 | 0.017 | 0.033 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.115 | | 0 | | 4 | | 0.276 | 0.017 | 0.033 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.176 | | 0 | | 4 | | 0.422 | 0.026 | 0.050 |
| 18:2 undifferentiated....g | 0.171 | | 0 | | 4 | | 0.410 | 0.026 | 0.048 |
| 18:3 undifferentiated....g | 0.006 | | 0 | | 4 | | 0.014 | 0.001 | 0.002 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | | 4 | | 2 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.015 | | 0 | | 1 | | 0.036 | 0.002 | 0.004 |
| Threonine....g | 0.052 | | 0 | | 1 | | 0.125 | 0.008 | 0.015 |
| Isoleucine....g | 0.065 | | 0 | | 1 | | 0.156 | 0.010 | 0.018 |
| Leucine....g | 0.140 | | 0 | | 1 | | 0.336 | 0.021 | 0.040 |
| Lysine....g | 0.081 | | 0 | | 1 | | 0.194 | 0.012 | 0.023 |
| Methionine....g | 0.040 | | 0 | | 1 | | 0.096 | 0.006 | 0.011 |
| Cystine....g | 0.018 | | 0 | | 1 | | 0.043 | 0.003 | 0.005 |
| Phenylalanine....g | 0.049 | | 0 | | 1 | | 0.118 | 0.007 | 0.014 |
| Tyrosine....g | 0.067 | | 0 | | 1 | | 0.161 | 0.010 | 0.019 |
| Valine....g | 0.077 | | 0 | | 1 | | 0.185 | 0.012 | 0.022 |
| Arginine....g | 0.060 | | 0 | | 1 | | 0.144 | 0.009 | 0.017 |
| Histidine....g | 0.046 | | 0 | | 1 | | 0.110 | 0.007 | 0.013 |
| Alanine....g | 0.070 | | 0 | | 1 | | 0.168 | 0.011 | 0.020 |
| Aspartic acid....g | 0.099 | | 0 | | 1 | | 0.238 | 0.015 | 0.028 |
| Glutamic acid....g | 0.275 | | 0 | | 1 | | 0.660 | 0.041 | 0.078 |
| Glycine....g | 0.036 | | 0 | | 1 | | 0.086 | 0.005 | 0.010 |
| Proline....g | 0.161 | | 0 | | 1 | | 0.386 | 0.024 | 0.046 |
| Serine....g | 0.062 | | 0 | | 1 | | 0.149 | 0.009 | 0.018 |
| Hydroxyproline....g | | | | | | | | | |

**NDB No. 03119**
**Babyfood, vegetables, corn, creamed, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 2.44 **Fat** 8.37 **Carbohydrate** 3.57

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03283**
**Babyfood, vegetables, garden vegetable, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 90.00 | 0.100 | 19 | | 1 | | 25.52 | 101.70 | |
| Energy....kcal | 32 | | 0 | NC | 4 | | 9 | 36 | |
| Energy....kJ | 132 | | 0 | NC | 4 | | 37 | 149 | |
| Protein (N x 6.25)....g | 2.30 | 0.000 | 17 | | 1 | | 0.65 | 2.60 | |
| Total lipid (fat)....g | 0.20 | 0.000 | 17 | | 1 | | 0.06 | 0.23 | |
| Ash....g | 0.70 | | 13 | | 1 | | 0.20 | 0.79 | |
| Carbohydrate, by difference....g | 6.80 | | 0 | NC | 4 | | 1.93 | 7.68 | |
| Fiber, total dietary....g | 1.5 | | 0 | | 4 | | 0.4 | 1.7 | |
| Sugars, total....g | 2.57 | | 0 | FLA | 4 | | 0.73 | 2.90 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 28 | 3.000 | 17 | | 1 | | 8 | 32 | |
| Iron, Fe....mg | 0.83 | 0.030 | 18 | | 1 | | 0.24 | 0.94 | |
| Magnesium, Mg....mg | 21 | | 2 | | 1 | | 6 | 24 | |
| Phosphorus, P....mg | 28 | | 1 | | 1 | | 8 | 32 | |
| Potassium, K....mg | 168 | | 14 | | 1 | | 48 | 190 | |
| Sodium, Na....mg | 31 | | 0 | LC | 8 | | 9 | 35 | |
| Zinc, Zn....mg | 0.26 | | 2 | | 1 | | 0.07 | 0.29 | |
| Copper, Cu....mg | 0.070 | | 1 | | 1 | | 0.020 | 0.079 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.7 | | 0 | BFZN | 4 | | 0.2 | 0.8 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 5.7 | 0.200 | 18 | | 1 | | 1.6 | 6.4 | |
| Thiamin....mg | 0.061 | 0.003 | 17 | | 1 | | 0.017 | 0.069 | |
| Riboflavin....mg | 0.069 | 0.000 | 17 | | 1 | | 0.020 | 0.078 | |
| Niacin....mg | 0.779 | 0.028 | 17 | | 1 | | 0.221 | 0.880 | |
| Pantothenic acid....mg | 0.260 | | 0 | | 4 | | 0.074 | 0.294 | |
| Vitamin B-6....mg | 0.100 | | 4 | | 1 | | 0.028 | 0.113 | |
| Folate, total....µg | 40 | 2.300 | 16 | | 1 | | 11 | 45 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 40 | 2.300 | 16 | | 1 | | 11 | 45 | |
| Folate, DFE....mcg_DFE | 40 | | 0 | NC | 4 | | 11 | 45 | |
| Choline, total....mg | 13.4 | | 0 | FLA | 4 | | 3.8 | 15.1 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 303 | | 0 | NC | 4 | | 86 | 343 | |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Carotene, beta....µg | 3270 | | 0 | BNA | 4 | | 927 | 3695 | |
| Carotene, alpha....µg | 740 | | 0 | BNA | 4 | | 210 | 837 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 6067 | 232.000 | 19 | | 1 | | 1720 | 6856 | |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 1374 | | 0 | FLA | 4 | | 390 | 1553 | |
| Vitamin E (alpha-tocopherol)....mg | 0.52 | | 0 | NR | 4 | | 0.15 | 0.59 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 24.5 | | 0 | FLA | 4 | | 6.9 | 27.7 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03283**
**Babyfood, vegetables, garden vegetable, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.035 | | 0 | | 4 | | 0.010 | 0.040 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.002 | | 0 | | 4 | | 0.001 | 0.002 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.028 | | 0 | | 4 | | 0.008 | 0.032 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | | 4 | | 0.001 | 0.002 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.011 | | 0 | | 4 | | 0.003 | 0.012 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.001 | 0.002 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.009 | | 0 | | 4 | | 0.003 | 0.010 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.090 | | 0 | | 4 | | 0.026 | 0.102 | |
| 18:2 undifferentiated....g | 0.053 | | 0 | | 4 | | 0.015 | 0.060 | |
| 18:3 undifferentiated....g | 0.035 | | 0 | | 4 | | 0.010 | 0.040 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.027 | | 0 | | 1 | | 0.008 | 0.031 | |
| Threonine....g | 0.073 | | 0 | | 1 | | 0.021 | 0.082 | |
| Isoleucine....g | 0.086 | | 0 | | 1 | | 0.024 | 0.097 | |
| Leucine....g | 0.143 | | 0 | | 1 | | 0.041 | 0.162 | |
| Lysine....g | 0.116 | | 0 | | 1 | | 0.033 | 0.131 | |
| Methionine....g | 0.043 | | 0 | | 1 | | 0.012 | 0.049 | |
| Cystine....g | 0.020 | | 0 | | 1 | | 0.006 | 0.023 | |
| Phenylalanine....g | 0.088 | | 0 | | 1 | | 0.025 | 0.099 | |
| Tyrosine....g | 0.095 | | 0 | | 1 | | 0.027 | 0.107 | |
| Valine....g | 0.099 | | 0 | | 1 | | 0.028 | 0.112 | |
| Arginine....g | 0.196 | | 0 | | 1 | | 0.056 | 0.221 | |
| Histidine....g | 0.045 | | 0 | | 1 | | 0.013 | 0.051 | |
| Alanine....g | 0.107 | | 0 | | 1 | | 0.030 | 0.121 | |
| Aspartic acid....g | 0.192 | | 0 | | 1 | | 0.054 | 0.217 | |
| Glutamic acid....g | 0.293 | | 0 | | 1 | | 0.083 | 0.331 | |
| Glycine....g | 0.079 | | 0 | | 1 | | 0.022 | 0.089 | |
| Proline....g | 0.122 | | 0 | | 1 | | 0.035 | 0.138 | |
| Serine....g | 0.077 | | 0 | | 1 | | 0.022 | 0.087 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03283**
**Babyfood, vegetables, garden vegetable, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 2.44 **Fat** 8.37 **Carbohydrate** 3.57

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03092**
**Babyfood, vegetables, green beans, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 92.50 | 0.200 | 13 | | 1 | | 222.00 | 13.88 | 26.22 |
| Energy | kcal | 24 | | 0 | NC | 4 | | 59 | 4 | 7 |
| Energy | kJ | 102 | | 0 | NC | 4 | | 246 | 15 | 29 |
| Protein (N x 6.25) | g | 1.20 | 0.000 | 13 | | 1 | | 2.88 | 0.18 | 0.34 |
| Total lipid (fat) | g | 0.10 | 0.000 | 13 | | 1 | | 0.24 | 0.02 | 0.03 |
| Ash | g | 0.40 | 0.000 | 13 | | 1 | | 0.96 | 0.06 | 0.11 |
| Carbohydrate, by difference | g | 5.80 | | 0 | NC | 4 | | 13.92 | 0.87 | 1.64 |
| Fiber, total dietary | g | 1.9 | | 0 | | 4 | | 4.6 | 0.3 | 0.5 |
| Sugars, total | g | 1.08 | | 0 | BFSN | 4 | | 2.59 | 0.16 | 0.31 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 65 | 4.000 | 13 | | 1 | | 156 | 10 | 18 |
| Iron, Fe | mg | 1.08 | 0.040 | 13 | | 1 | | 2.59 | 0.16 | 0.31 |
| Magnesium, Mg | mg | 22 | | 0 | | 1 | | 53 | 3 | 6 |
| Phosphorus, P | mg | 19 | | 0 | | 1 | | 46 | 3 | 5 |
| Potassium, K | mg | 128 | 3.000 | 13 | | 1 | | 307 | 19 | 36 |
| Sodium, Na | mg | 5 | | 0 | LC | 8 | | 11 | 1 | 1 |
| Zinc, Zn | mg | 0.19 | | 0 | | 1 | | 0.46 | 0.03 | 0.05 |
| Copper, Cu | mg | 0.049 | | 0 | | 1 | | 0.118 | 0.007 | 0.014 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.3 | | 2 | A | 1 | | 0.7 | 0.0 | 0.1 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 8.4 | 0.500 | 13 | | 1 | | 20.2 | 1.3 | 2.4 |
| Thiamin | mg | 0.021 | 0.000 | 13 | | 1 | | 0.050 | 0.003 | 0.006 |
| Riboflavin | mg | 0.102 | 0.004 | 13 | | 1 | | 0.245 | 0.015 | 0.029 |
| Niacin | mg | 0.321 | 0.011 | 13 | | 1 | | 0.770 | 0.048 | 0.091 |
| Pantothenic acid | mg | 0.151 | | 0 | | 1 | | 0.362 | 0.023 | 0.043 |
| Vitamin B-6 | mg | 0.035 | | 0 | | 1 | | 0.084 | 0.005 | 0.010 |
| Folate, total | µg | 33 | | 0 | | 1 | | 78 | 5 | 9 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 33 | | 0 | | 1 | | 78 | 5 | 9 |
| Folate, DFE | mcg_DFE | 33 | | 0 | NC | 4 | | 78 | 5 | 9 |
| Choline, total | mg | 22.6 | | 0 | FLA | 4 | | 54.3 | 3.4 | 6.4 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 24 | | 0 | NC | 4 | | 58 | 4 | 7 |
| Retinol | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta | µg | 292 | | 0 | BFSN | 4 | | 702 | 44 | 83 |
| Carotene, alpha | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 433 | 37.000 | 13 | | 1 | | 1039 | 65 | 123 |
| Lycopene | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 493 | | 0 | BFSN | 4 | | 1184 | 74 | 140 |
| Vitamin E (alpha-tocopherol) | mg | 0.32 | | 0 | BFSN | 4 | | 0.76 | 0.05 | 0.09 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 11.1 | | 0 | BFSN | 4 | | 26.7 | 1.7 | 3.2 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03092**
**Babyfood, vegetables, green beans, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.023 | | 0 | | 4 | | 0.055 | 0.003 | 0.007 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.019 | | 0 | | 4 | | 0.046 | 0.003 | 0.005 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.003 | | 0 | | 4 | | 0.007 | 0.000 | 0.001 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.004 | | 0 | | 4 | | 0.010 | 0.001 | 0.001 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.010 | 0.001 | 0.001 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.052 | | 0 | | 4 | | 0.125 | 0.008 | 0.015 |
| 18:2 undifferentiated....g | 0.020 | | 0 | | 4 | | 0.048 | 0.003 | 0.006 |
| 18:3 undifferentiated....g | 0.032 | | 0 | | 4 | | 0.077 | 0.005 | 0.009 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.014 | | 0 | | 1 | | 0.034 | 0.002 | 0.004 |
| Threonine....g | 0.051 | | 0 | | 1 | | 0.122 | 0.008 | 0.014 |
| Isoleucine....g | 0.054 | | 0 | | 1 | | 0.130 | 0.008 | 0.015 |
| Leucine....g | 0.078 | | 0 | | 1 | | 0.187 | 0.012 | 0.022 |
| Lysine....g | 0.059 | | 0 | | 1 | | 0.142 | 0.009 | 0.017 |
| Methionine....g | 0.018 | | 0 | | 1 | | 0.043 | 0.003 | 0.005 |
| Cystine....g | 0.010 | | 0 | | 1 | | 0.024 | 0.002 | 0.003 |
| Phenylalanine....g | 0.049 | | 0 | | 1 | | 0.118 | 0.007 | 0.014 |
| Tyrosine....g | 0.042 | | 0 | | 1 | | 0.101 | 0.006 | 0.012 |
| Valine....g | 0.065 | | 0 | | 1 | | 0.156 | 0.010 | 0.018 |
| Arginine....g | 0.066 | | 0 | | 1 | | 0.158 | 0.010 | 0.019 |
| Histidine....g | 0.033 | | 0 | | 1 | | 0.079 | 0.005 | 0.009 |
| Alanine....g | 0.056 | | 0 | | 1 | | 0.134 | 0.008 | 0.016 |
| Aspartic acid....g | 0.234 | | 0 | | 1 | | 0.562 | 0.035 | 0.066 |
| Glutamic acid....g | 0.157 | | 0 | | 1 | | 0.377 | 0.024 | 0.045 |
| Glycine....g | 0.049 | | 0 | | 1 | | 0.118 | 0.007 | 0.014 |
| Proline....g | 0.061 | | 0 | | 1 | | 0.146 | 0.009 | 0.017 |
| Serine....g | 0.063 | | 0 | | 1 | | 0.151 | 0.009 | 0.018 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03092**
**Babyfood, vegetables, green beans, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 2.44 **Fat** 8.37 **Carbohydrate** 3.57

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03091**
**Babyfood, vegetables, green beans, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 91.85 | 0.340 | 36 | JA | 6 | | 220.44 | 13.78 | 26.04 |
| Energy....kcal | 27 | | 0 | NC | 4 | | 64 | 4 | 8 |
| Energy....kJ | 112 | | 0 | NC | 4 | | 269 | 17 | 32 |
| Protein (N x 6.25)....g | 1.20 | 0.102 | 27 | JA | 6 | | 2.89 | 0.18 | 0.34 |
| Total lipid (fat)....g | 0.17 | 0.034 | 27 | JA | 6 | | 0.40 | 0.02 | 0.05 |
| Ash....g | 0.49 | 0.059 | 27 | JA | 6 | | 1.18 | 0.07 | 0.14 |
| Carbohydrate, by difference....g | 6.29 | | 0 | NC | 4 | | 15.10 | 0.94 | 1.78 |
| Fiber, total dietary....g | 2.2 | | 2 | A | 1 | | 5.2 | 0.3 | 0.6 |
| Sugars, total....g | 1.88 | | 2 | A | 1 | | 4.50 | 0.28 | 0.53 |
| Sucrose....g | 0.28 | | 2 | A | 1 | | 0.66 | 0.04 | 0.08 |
| Glucose (dextrose)....g | 0.71 | | 2 | A | 1 | | 1.71 | 0.11 | 0.20 |
| Fructose....g | 0.89 | | 2 | A | 1 | | 2.13 | 0.13 | 0.25 |
| Lactose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Galactose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Starch....g | 1.31 | | 2 | A | 1 | | 3.16 | 0.20 | 0.37 |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 39 | 1.453 | 26 | JA | 6 | | 94 | 6 | 11 |
| Iron, Fe....mg | 0.67 | 0.060 | 32 | JA | 6 | | 1.60 | 0.10 | 0.19 |
| Magnesium, Mg....mg | 20 | 2.082 | 4 | JA | 6 | | 48 | 3 | 6 |
| Phosphorus, P....mg | 41 | | 2 | A | 1 | | 98 | 6 | 12 |
| Potassium, K....mg | 146 | 8.327 | 17 | JA | 6 | | 350 | 22 | 41 |
| Sodium, Na....mg | 7 | | 0 | LC | 8 | | 17 | 1 | 2 |
| Zinc, Zn....mg | 0.22 | 0.013 | 4 | JA | 6 | | 0.54 | 0.03 | 0.06 |
| Copper, Cu....mg | 0.030 | | 2 | A | 1 | | 0.072 | 0.004 | 0.008 |
| Manganese, Mn....mg | 0.265 | | 2 | A | 1 | | 0.636 | 0.040 | 0.075 |
| Selenium, Se....µg | 0.1 | | 2 | A | 1 | | 0.3 | 0.0 | 0.0 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.3 | | 2 | A | 1 | | 0.8 | 0.0 | 0.1 |
| Thiamin....mg | 0.026 | 0.001 | 28 | JA | 6 | | 0.063 | 0.004 | 0.007 |
| Riboflavin....mg | 0.079 | 0.003 | 30 | JA | 6 | | 0.189 | 0.012 | 0.022 |
| Niacin....mg | 0.361 | 0.019 | 26 | JA | 6 | | 0.867 | 0.054 | 0.102 |
| Pantothenic acid....mg | 0.041 | | 2 | A | 1 | | 0.097 | 0.006 | 0.012 |
| Vitamin B-6....mg | 0.038 | 0.001 | 12 | JA | 6 | | 0.092 | 0.006 | 0.011 |
| Folate, total....µg | 24 | | 2 | A | 1 | | 56 | 4 | 7 |
| Folic acid....µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Folate, food....µg | 24 | | 0 | AS | 1 | | 56 | 4 | 7 |
| Folate, DFE....mcg_DFE | 24 | | 0 | NC | 4 | | 56 | 4 | 7 |
| Choline, total....mg | 22.6 | | 0 | AS | 1 | | 54.3 | 3.4 | 6.4 |
| Betaine....mg | 0.1 | | 2 | A | 1 | | 0.3 | 0.0 | 0.0 |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 18 | | 0 | AS | 1 | | 43 | 3 | 5 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 197 | | 2 | A | 1 | | 473 | 30 | 56 |
| Carotene, alpha....µg | 15 | | 2 | A | 1 | | 35 | 2 | 4 |
| Cryptoxanthin, beta....µg | 17 | | 2 | A | 1 | | 41 | 3 | 5 |
| Vitamin A, IU....IU | 355 | | 0 | AS | 1 | | 851 | 53 | 101 |
| Lycopene....µg | 0 | | 2 | A | 1 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 526 | | 0 | BFSN | 4 | | 1263 | 79 | 149 |
| Vitamin E (alpha-tocopherol)....mg | 0.07 | | 2 | A | 1 | | 0.17 | 0.01 | 0.02 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma....mg | 0.09 | | 2 | A | 1 | | 0.20 | 0.01 | 0.02 |
| Tocopherol, delta....mg | 0.02 | | 2 | A | 1 | | 0.06 | 0.00 | 0.01 |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03091**
**Babyfood, vegetables, green beans, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol).....µg | | | | | | | | | |
| Vitamin D.....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone).....µg | 42.4 | | 2 | A | 1 | | 101.6 | 6.4 | 12.0 |
| Dihydrophylloquinone.....µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4.....µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated.....g | 0.039 | | 1 | JO | 11 | | 0.093 | 0.006 | 0.011 |
| 4:0.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0.....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0.....g | | | | | | | | | |
| 14:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:0.....g | 0.039 | | 1 | A | 1 | | 0.093 | 0.006 | 0.011 |
| 17:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated.....g | 0.000 | | 0 | NC | 4 | | 0.000 | 0.000 | 0.000 |
| 14:1.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:1.....g | | | | | | | | | |
| 16:1 undifferentiated.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 17:1.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:1 undifferentiated.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:1.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated.....g | 0.116 | | 0 | NC | 4 | | 0.279 | 0.017 | 0.033 |
| 18:2 undifferentiated.....g | 0.058 | | 1 | A | 1 | | 0.140 | 0.009 | 0.016 |
| 18:3 undifferentiated.....g | 0.058 | | 1 | A | 1 | | 0.140 | 0.009 | 0.016 |
| 18:4.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated.....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA).....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA).....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA).....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans.....g | | | | | | | | | |
| Cholesterol.....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols.....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan.....g | 0.015 | | 0 | | 1 | | 0.036 | 0.002 | 0.004 |
| Threonine.....g | 0.055 | | 0 | | 1 | | 0.132 | 0.008 | 0.016 |
| Isoleucine.....g | 0.058 | | 0 | | 1 | | 0.139 | 0.009 | 0.016 |
| Leucine.....g | 0.085 | | 0 | | 1 | | 0.204 | 0.013 | 0.024 |
| Lysine.....g | 0.065 | | 0 | | 1 | | 0.156 | 0.010 | 0.018 |
| Methionine.....g | 0.019 | | 0 | | 1 | | 0.046 | 0.003 | 0.005 |
| Cystine.....g | 0.011 | | 0 | | 1 | | 0.026 | 0.002 | 0.003 |
| Phenylalanine.....g | 0.053 | | 0 | | 1 | | 0.127 | 0.008 | 0.015 |
| Tyrosine.....g | 0.046 | | 0 | | 1 | | 0.110 | 0.007 | 0.013 |
| Valine.....g | 0.071 | | 0 | | 1 | | 0.170 | 0.011 | 0.020 |
| Arginine.....g | 0.072 | | 0 | | 1 | | 0.173 | 0.011 | 0.020 |
| Histidine.....g | 0.036 | | 0 | | 1 | | 0.086 | 0.005 | 0.010 |
| Alanine.....g | 0.060 | | 0 | | 1 | | 0.144 | 0.009 | 0.017 |
| Aspartic acid.....g | 0.254 | | 0 | | 1 | | 0.610 | 0.038 | 0.072 |
| Glutamic acid.....g | 0.171 | | 0 | | 1 | | 0.410 | 0.026 | 0.048 |
| Glycine.....g | 0.053 | | 0 | | 1 | | 0.127 | 0.008 | 0.015 |
| Proline.....g | 0.066 | | 0 | | 1 | | 0.158 | 0.010 | 0.019 |
| Serine.....g | 0.069 | | 0 | | 1 | | 0.166 | 0.010 | 0.020 |

**NDB No. 03091**
**Babyfood, vegetables, green beans, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Hydroxyproline.....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine.....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine.....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 2.44 **Fat** 8.37 **Carbohydrate** 3.57

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03282**
**Babyfood, vegetables, mix vegetables junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 89.40 | | 6 | | 1 | | 214.56 | 13.41 | 25.34 |
| Energy....kcal | 36 | | 0 | NC | 4 | | 86 | 5 | 10 |
| Energy....kJ | 151 | | 0 | NC | 4 | | 362 | 23 | 43 |
| Protein (N x 6.25)....g | 1.40 | | 7 | | 1 | | 3.36 | 0.21 | 0.40 |
| Total lipid (fat)....g | 0.40 | | 6 | | 1 | | 0.96 | 0.06 | 0.11 |
| Ash....g | 0.60 | | 6 | | 1 | | 1.44 | 0.09 | 0.17 |
| Carbohydrate, by difference....g | 8.20 | | 0 | NC | 4 | | 19.68 | 1.23 | 2.32 |
| Fiber, total dietary....g | 1.5 | | 0 | | 4 | | 3.6 | 0.2 | 0.4 |
| Sugars, total....g | 1.78 | | 0 | FLA | 4 | | 4.28 | 0.27 | 0.51 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 11 | | 7 | | 1 | | 26 | 2 | 3 |
| Iron, Fe....mg | 0.41 | | 8 | | 1 | | 0.98 | 0.06 | 0.12 |
| Magnesium, Mg....mg | 11 | | 1 | | 1 | | 26 | 2 | 3 |
| Phosphorus, P....mg | 25 | | 1 | | 1 | | 60 | 4 | 7 |
| Potassium, K....mg | 170 | | 1 | | 1 | | 408 | 26 | 48 |
| Sodium, Na....mg | 36 | | 3 | | 1 | | 86 | 5 | 10 |
| Zinc, Zn....mg | 0.27 | | 1 | | 1 | | 0.65 | 0.04 | 0.08 |
| Copper, Cu....mg | 0.041 | | 0 | | 1 | | 0.098 | 0.006 | 0.012 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.7 | | 1 | A | 1 | | 1.7 | 0.1 | 0.2 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 2.5 | | 12 | | 1 | | 6.0 | 0.4 | 0.7 |
| Thiamin....mg | 0.029 | | 9 | | 1 | | 0.070 | 0.004 | 0.008 |
| Riboflavin....mg | 0.032 | | 8 | | 1 | | 0.077 | 0.005 | 0.009 |
| Niacin....mg | 0.665 | | 11 | | 1 | | 1.596 | 0.100 | 0.189 |
| Pantothenic acid....mg | 0.259 | | 0 | | 1 | | 0.622 | 0.039 | 0.073 |
| Vitamin B-6....mg | 0.081 | | 7 | | 1 | | 0.194 | 0.012 | 0.023 |
| Folate, total....µg | 4 | | 0 | | 1 | | 10 | 1 | 1 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 4 | | 0 | | 1 | | 10 | 1 | 1 |
| Folate, DFE....mcg_DFE | 4 | | 0 | NC | 4 | | 10 | 1 | 1 |
| Choline, total....mg | 9.7 | | 0 | FLA | 4 | | 23.3 | 1.5 | 2.8 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 210 | | 0 | NC | 4 | | 503 | 31 | 59 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 2060 | | 0 | BNA | 4 | | 4943 | 309 | 584 |
| Carotene, alpha....µg | 915 | | 0 | BNA | 4 | | 2195 | 137 | 259 |
| Cryptoxanthin, beta....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 4195 | 334.000 | 6 | | 1 | | 10068 | 629 | 1189 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 1 | 0 | 0 |
| Lutein + zeaxanthin....µg | 497 | | 0 | FLA | 4 | | 1192 | 74 | 141 |
| Vitamin E (alpha-tocopherol)....mg | 0.52 | | 0 | NR | 4 | | 1.25 | 0.08 | 0.15 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 7.4 | | 0 | FLA | 4 | | 17.9 | 1.1 | 2.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03282**
**Babyfood, vegetables, mix vegetables junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.079 | | 0 | | 4 | | 0.190 | 0.012 | 0.022 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.001 | | 0 | | 4 | | 0.002 | 0.000 | 0.000 |
| 12:0....g | 0.004 | | 0 | | 4 | | 0.010 | 0.001 | 0.001 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.002 | | 0 | | 4 | | 0.005 | 0.000 | 0.001 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.062 | | 0 | | 4 | | 0.149 | 0.009 | 0.018 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.007 | | 0 | | 4 | | 0.017 | 0.001 | 0.002 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.025 | | 0 | | 4 | | 0.060 | 0.004 | 0.007 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 0 | | 4 | | 0.005 | 0.000 | 0.001 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.022 | | 0 | | 4 | | 0.053 | 0.003 | 0.006 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.186 | | 0 | | 4 | | 0.446 | 0.028 | 0.053 |
| 18:2 undifferentiated....g | 0.153 | | 0 | | 4 | | 0.367 | 0.023 | 0.043 |
| 18:3 undifferentiated....g | 0.031 | | 0 | | 4 | | 0.074 | 0.005 | 0.009 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.015 | | 0 | | 1 | | 0.036 | 0.002 | 0.004 |
| Threonine....g | 0.045 | | 0 | | 1 | | 0.108 | 0.007 | 0.013 |
| Isoleucine....g | 0.056 | | 0 | | 1 | | 0.134 | 0.008 | 0.016 |
| Leucine....g | 0.091 | | 0 | | 1 | | 0.218 | 0.014 | 0.026 |
| Lysine....g | 0.047 | | 0 | | 1 | | 0.113 | 0.007 | 0.013 |
| Methionine....g | 0.021 | | 0 | | 1 | | 0.050 | 0.003 | 0.006 |
| Cystine....g | 0.028 | | 0 | | 1 | | 0.067 | 0.004 | 0.008 |
| Phenylalanine....g | 0.055 | | 0 | | 1 | | 0.132 | 0.008 | 0.016 |
| Tyrosine....g | 0.052 | | 0 | | 1 | | 0.125 | 0.008 | 0.015 |
| Valine....g | 0.069 | | 0 | | 1 | | 0.166 | 0.010 | 0.020 |
| Arginine....g | 0.093 | | 0 | | 1 | | 0.223 | 0.014 | 0.026 |
| Histidine....g | 0.031 | | 0 | | 1 | | 0.074 | 0.005 | 0.009 |
| Alanine....g | 0.062 | | 0 | | 1 | | 0.149 | 0.009 | 0.018 |
| Aspartic acid....g | 0.165 | | 0 | | 1 | | 0.396 | 0.025 | 0.047 |
| Glutamic acid....g | 0.369 | | 0 | | 1 | | 0.886 | 0.055 | 0.105 |
| Glycine....g | 0.054 | | 0 | | 1 | | 0.130 | 0.008 | 0.015 |
| Proline....g | 0.110 | | 0 | | 1 | | 0.264 | 0.017 | 0.031 |
| Serine....g | 0.054 | | 0 | | 1 | | 0.130 | 0.008 | 0.015 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03282**
**Babyfood, vegetables, mix vegetables junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 2.44 **Fat** 8.37 **Carbohydrate** 3.57

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03286**
**Babyfood, vegetables, mix vegetables strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 89.80 | 0.600 | 9 | | 1 | | 25.46 | 101.47 | |
| Energy | kcal | 36 | | 0 | NC | 4 | | 10 | 41 | |
| Energy | kJ | 150 | | 0 | NC | 4 | | 43 | 170 | |
| Protein (N x 6.25) | g | 1.20 | 0.000 | 13 | | 1 | | 0.34 | 1.36 | |
| Total lipid (fat) | g | 0.50 | 0.000 | 13 | | 1 | | 0.14 | 0.57 | |
| Ash | g | 0.45 | | 0 | FLA | 4 | | 0.13 | 0.51 | |
| Carbohydrate, by difference | g | 8.05 | | 0 | NC | 4 | | 2.28 | 9.10 | |
| Fiber, total dietary | g | 1.5 | | 0 | | 4 | | 0.4 | 1.7 | |
| Sugars, total | g | 1.57 | | 0 | FLA | 4 | | 0.44 | 1.77 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 13 | 1.000 | 8 | | 1 | | 4 | 15 | |
| Iron, Fe | mg | 0.32 | 0.020 | 9 | | 1 | | 0.09 | 0.36 | |
| Magnesium, Mg | mg | 10 | | 2 | | 1 | | 3 | 11 | |
| Phosphorus, P | mg | 22 | | 1 | | 1 | | 6 | 25 | |
| Potassium, K | mg | 127 | | 1 | | 1 | | 36 | 144 | |
| Sodium, Na | mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Zinc, Zn | mg | 0.15 | | 2 | | 1 | | 0.04 | 0.16 | |
| Copper, Cu | mg | 0.040 | | 1 | | 1 | | 0.011 | 0.045 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.7 | | 1 | A | 1 | | 0.2 | 0.8 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.7 | 0.100 | 8 | | 1 | | 0.5 | 1.9 | |
| Thiamin | mg | 0.022 | 0.000 | 11 | | 1 | | 0.006 | 0.025 | |
| Riboflavin | mg | 0.025 | 0.000 | 13 | | 1 | | 0.007 | 0.028 | |
| Niacin | mg | 0.327 | 0.013 | 8 | | 1 | | 0.093 | 0.370 | |
| Pantothenic acid | mg | 0.250 | 0.139 | 4 | | 1 | | 0.071 | 0.283 | |
| Vitamin B-6 | mg | 0.055 | | 7 | | 1 | | 0.016 | 0.062 | |
| Folate, total | µg | 4 | 0.400 | 6 | | 1 | | 1 | 4 | |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food | µg | 4 | 0.400 | 6 | | 1 | | 1 | 4 | |
| Folate, DFE | mcg_DFE | 4 | | 0 | NC | 4 | | 1 | 4 | |
| Choline, total | mg | 9.8 | | 0 | FLA | 4 | | 2.8 | 11.0 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 158 | | 0 | NC | 4 | | 45 | 179 | |
| Retinol | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Carotene, beta | µg | 1550 | | 0 | FLA | 4 | | 439 | 1752 | |
| Carotene, alpha | µg | 699 | | 0 | FLA | 4 | | 198 | 789 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Vitamin A, IU | IU | 3166 | | 0 | NC | 4 | | 897 | 3577 | |
| Lycopene | µg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 381 | | 0 | FLA | 4 | | 108 | 431 | |
| Vitamin E (alpha-tocopherol) | mg | 0.24 | | 0 | FLA | 4 | | 0.07 | 0.28 | |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone) | µg | 7.0 | | 0 | FLA | 4 | | 2.0 | 8.0 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03286**
**Babyfood, vegetables, mix vegetables strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.089 | | 0 | | 4 | | 0.025 | 0.101 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.003 | | 0 | | 4 | | 0.001 | 0.003 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.074 | | 0 | | 4 | | 0.021 | 0.084 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.006 | | 0 | | 4 | | 0.002 | 0.007 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.118 | | 0 | | 4 | | 0.033 | 0.133 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.001 | | 0 | | 4 | | 0.000 | 0.001 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.116 | | 0 | | 4 | | 0.033 | 0.131 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.194 | | 0 | | 4 | | 0.055 | 0.219 | |
| 18:2 undifferentiated....g | 0.181 | | 0 | | 4 | | 0.051 | 0.205 | |
| 18:3 undifferentiated....g | 0.008 | | 0 | | 4 | | 0.002 | 0.009 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.013 | | 0 | | 1 | | 0.004 | 0.015 | |
| Threonine....g | 0.038 | | 0 | | 1 | | 0.011 | 0.043 | |
| Isoleucine....g | 0.047 | | 0 | | 1 | | 0.013 | 0.053 | |
| Leucine....g | 0.077 | | 0 | | 1 | | 0.022 | 0.087 | |
| Lysine....g | 0.040 | | 0 | | 1 | | 0.011 | 0.045 | |
| Methionine....g | 0.018 | | 0 | | 1 | | 0.005 | 0.020 | |
| Cystine....g | 0.024 | | 0 | | 1 | | 0.007 | 0.027 | |
| Phenylalanine....g | 0.047 | | 0 | | 1 | | 0.013 | 0.053 | |
| Tyrosine....g | 0.044 | | 0 | | 1 | | 0.012 | 0.050 | |
| Valine....g | 0.058 | | 0 | | 1 | | 0.016 | 0.066 | |
| Arginine....g | 0.079 | | 0 | | 1 | | 0.022 | 0.089 | |
| Histidine....g | 0.026 | | 0 | | 1 | | 0.007 | 0.029 | |
| Alanine....g | 0.052 | | 0 | | 1 | | 0.015 | 0.059 | |
| Aspartic acid....g | 0.139 | | 0 | | 1 | | 0.039 | 0.157 | |
| Glutamic acid....g | 0.310 | | 0 | | 1 | | 0.088 | 0.350 | |
| Glycine....g | 0.046 | | 0 | | 1 | | 0.013 | 0.052 | |
| Proline....g | 0.092 | | 0 | | 1 | | 0.026 | 0.104 | |
| Serine....g | 0.046 | | 0 | | 1 | | 0.013 | 0.052 | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03286**
**Babyfood, vegetables, mix vegetables strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

**Calories Factors: Protein** 2.44 **Fat** 8.37 **Carbohydrate** 3.57

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03121**
**Babyfood, vegetables, peas, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.52 | 0.017 | 59 | JA | 6 | | 14.00 | 24.81 | 83.14 |
| Energy....kcal | 50 | | 0 | NC | 4 | | 8 | 14 | 48 |
| Energy....kJ | 211 | | 0 | NC | 4 | | 34 | 60 | 200 |
| Protein....g | 3.27 | 0.229 | 48 | JA | 6 | | 0.52 | 0.93 | 3.11 |
| Total lipid (fat)....g | 0.43 | 0.135 | 44 | JA | 6 | | 0.07 | 0.12 | 0.41 |
| Ash....g | 0.42 | 0.078 | 44 | JA | 6 | | 0.07 | 0.12 | 0.40 |
| Carbohydrate, by difference....g | 8.36 | | 0 | NC | 4 | | 1.34 | 2.37 | 7.94 |
| Fiber, total dietary....g | 2.0 | | 1 | A | 1 | | 0.3 | 0.6 | 1.9 |
| Sugars, total....g | 2.01 | | 1 | A | 1 | | 0.32 | 0.57 | 1.91 |
| Sucrose....g | 2.01 | | 1 | A | 1 | | 0.32 | 0.57 | 1.91 |
| Glucose (dextrose)....g | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Fructose....g | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Lactose....g | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Galactose....g | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Starch....g | 2.34 | | 1 | A | 1 | | 0.37 | 0.66 | 2.22 |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 18 | 1.164 | 69 | JA | 6 | | 3 | 5 | 17 |
| Iron, Fe....mg | 0.95 | 0.053 | 64 | JA | 6 | | 0.15 | 0.27 | 0.90 |
| Magnesium, Mg....mg | 17 | 1.302 | 21 | JA | 6 | | 3 | 5 | 17 |
| Phosphorus, P....mg | 50 | 3.857 | 20 | JA | 6 | | 8 | 14 | 48 |
| Potassium, K....mg | 106 | 8.258 | 33 | JA | 6 | | 17 | 30 | 101 |
| Sodium, Na....mg | 5 | | 0 | LC | 8 | | 1 | 1 | 5 |
| Zinc, Zn....mg | 0.47 | 0.060 | 27 | JA | 6 | | 0.07 | 0.13 | 0.44 |
| Copper, Cu....mg | 0.061 | 0.017 | 26 | JA | 6 | | 0.010 | 0.017 | 0.058 |
| Manganese, Mn....mg | 0.218 | 0.028 | 19 | A | 1 | | 0.035 | 0.062 | 0.207 |
| Selenium, Se....µg | 0.1 | 0.026 | 20 | A | 1 | | 0.0 | 0.0 | 0.1 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.6 | | 1 | A | 1 | | 0.1 | 0.2 | 0.5 |
| Thiamin....mg | 0.087 | 0.006 | 45 | JA | 6 | | 0.014 | 0.025 | 0.083 |
| Riboflavin....mg | 0.065 | 0.004 | 41 | JA | 6 | | 0.010 | 0.018 | 0.062 |
| Niacin....mg | 1.119 | 0.101 | 45 | JA | 6 | | 0.179 | 0.317 | 1.063 |
| Pantothenic acid....mg | 0.075 | | 1 | A | 1 | | 0.012 | 0.021 | 0.071 |
| Vitamin B-6....mg | 0.016 | | 1 | A | 1 | | 0.003 | 0.005 | 0.015 |
| Folate, total....µg | 28 | 2.550 | 7 | JA | 6 | | 5 | 8 | 27 |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food....µg | 28 | 2.550 | 6 | JA | 6 | | 5 | 8 | 27 |
| Folate, DFE....mcg_DFE | 28 | | 0 | NC | 4 | | 5 | 8 | 27 |
| Choline, total....mg | 32.2 | | 0 | AS | 1 | | 5.2 | 9.1 | 30.6 |
| Betaine....mg | 0.5 | | 1 | A | 1 | | 0.1 | 0.2 | 0.5 |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 11 | | 0 | AS | 1 | | 2 | 3 | 10 |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Carotene, beta....µg | 124 | | 1 | A | 1 | | 20 | 35 | 118 |
| Carotene, alpha....µg | 11 | | 1 | A | 1 | | 2 | 3 | 11 |
| Cryptoxanthin, beta....µg | 0 | | 1 | A | 1 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 216 | | 0 | AS | 1 | | 35 | 61 | 205 |
| Lycopene....µg | 0 | | 1 | A | 1 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 1465 | | 0 | BFSN | 4 | | 234 | 415 | 1392 |
| Vitamin E (alpha-tocopherol)....mg | 0.02 | | 1 | A | 1 | | 0.00 | 0.01 | 0.02 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | 0.00 | | 1 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma....mg | 0.67 | | 1 | A | 1 | | 0.11 | 0.19 | 0.64 |
| Tocopherol, delta....mg | 0.02 | | 1 | A | 1 | | 0.00 | 0.01 | 0.02 |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03121**
**Babyfood, vegetables, peas, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 15.5 | | 1 | A | 1 | | 2.5 | 4.4 | 14.7 |
| Dihydrophylloquinone....µg | 0.0 | | 1 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4....µg | 0.0 | | 1 | A | 1 | | 0.0 | 0.0 | 0.0 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.070 | | 0 | NC | 4 | | 0.011 | 0.020 | 0.067 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:0....g | 0.070 | | 1 | A | 1 | | 0.011 | 0.020 | 0.067 |
| 17:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated....g | 0.050 | | 0 | NC | 4 | | 0.008 | 0.014 | 0.048 |
| 14:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:1 undifferentiated....g | 0.050 | | 1 | A | 1 | | 0.008 | 0.014 | 0.048 |
| 20:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated....g | 0.200 | | 0 | NC | 4 | | 0.032 | 0.057 | 0.190 |
| 18:2 undifferentiated....g | 0.170 | | 1 | A | 1 | | 0.027 | 0.048 | 0.162 |
| 18:3 undifferentiated....g | 0.030 | | 1 | A | 1 | | 0.005 | 0.008 | 0.028 |
| 18:4....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 95g: 1 jar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03121**
**Babyfood, vegetables, peas, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03127**
**Babyfood, vegetables, spinach, creamed, strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 89.60 | 0.200 | 4 | | 1 | | 215.04 | 13.44 | 25.40 |
| Energy | kcal | 37 | | 0 | NC | 4 | | 89 | 6 | 10 |
| Energy | kJ | 155 | | 0 | | 4 | | 372 | 23 | 44 |
| Protein (N x 6.25) | g | 2.50 | | 4 | | 1 | | 6.00 | 0.38 | 0.71 |
| Total lipid (fat) | g | 1.30 | | 4 | | 1 | | 3.12 | 0.20 | 0.37 |
| Ash | g | 1.00 | 0.000 | 17 | | 1 | | 2.40 | 0.15 | 0.28 |
| Carbohydrate, by difference | g | 5.70 | | 0 | NC | 4 | | 13.68 | 0.86 | 1.62 |
| Fiber, total dietary | g | 1.8 | | 0 | | 4 | | 4.3 | 0.3 | 0.5 |
| Sugars, total | g | 2.33 | | 0 | FLA | 4 | | 5.58 | 0.35 | 0.66 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 89 | | 14 | | 1 | | 214 | 13 | 25 |
| Iron, Fe | mg | 0.62 | 0.060 | 17 | | 1 | | 1.49 | 0.09 | 0.18 |
| Magnesium, Mg | mg | 55 | | 1 | | 1 | | 132 | 8 | 16 |
| Phosphorus, P | mg | 54 | | 1 | | 1 | | 130 | 8 | 15 |
| Potassium, K | mg | 191 | | 1 | | 1 | | 458 | 29 | 54 |
| Sodium, Na | mg | 49 | | 1 | | 1 | | 118 | 7 | 14 |
| Zinc, Zn | mg | 0.31 | | 1 | | 1 | | 0.74 | 0.05 | 0.09 |
| Copper, Cu | mg | 0.060 | | 1 | | 1 | | 0.144 | 0.009 | 0.017 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 2.4 | | 0 | FLM | 4 | | 5.8 | 0.4 | 0.7 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 8.7 | | 8 | | 1 | | 20.9 | 1.3 | 2.5 |
| Thiamin | mg | 0.015 | | 8 | | 1 | | 0.036 | 0.002 | 0.004 |
| Riboflavin | mg | 0.104 | | 4 | | 1 | | 0.250 | 0.016 | 0.029 |
| Niacin | mg | 0.216 | | 8 | | 1 | | 0.518 | 0.032 | 0.061 |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.075 | | 4 | | 1 | | 0.180 | 0.011 | 0.021 |
| Folate, total | µg | 61 | 1.900 | 3 | | 1 | | 146 | 9 | 17 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 61 | 1.900 | 3 | | 1 | | 146 | 9 | 17 |
| Folate, DFE | mcg_DFE | 61 | | 0 | NC | 4 | | 146 | 9 | 17 |
| Choline, total | mg | 16.1 | | 0 | FLA | 4 | | 38.7 | 2.4 | 4.6 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.06 | | 0 | | 4 | | 0.14 | 0.01 | 0.02 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 227 | | 0 | NC | 4 | | 546 | 34 | 64 |
| Retinol | µg | 23 | | 0 | BNA | 4 | | 55 | 3 | 6 |
| Carotene, beta | µg | 2456 | | 0 | BNA | 4 | | 5895 | 368 | 696 |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 4170 | 347.000 | 4 | | 1 | | 10008 | 626 | 1182 |
| Lycopene | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 4505 | | 0 | BFSN | 4 | | 10813 | 676 | 1277 |
| Vitamin E (alpha-tocopherol) | mg | 0.83 | | 0 | BFSN | 4 | | 2.00 | 0.12 | 0.24 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 196.7 | | 0 | BFSN | 4 | | 472.0 | 29.5 | 55.8 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03127**
**Babyfood, vegetables, spinach, creamed, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.702 | | 0 | | 4 | | 1.685 | 0.105 | 0.199 |
| 4:0....g | 0.035 | | 0 | | 4 | | 0.084 | 0.005 | 0.010 |
| 6:0....g | 0.019 | | 0 | | 4 | | 0.046 | 0.003 | 0.005 |
| 8:0....g | 0.013 | | 0 | | 4 | | 0.031 | 0.002 | 0.004 |
| 10:0....g | 0.025 | | 0 | | 4 | | 0.060 | 0.004 | 0.007 |
| 12:0....g | 0.029 | | 0 | | 4 | | 0.070 | 0.004 | 0.008 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.112 | | 0 | | 4 | | 0.269 | 0.017 | 0.032 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.310 | | 0 | | 4 | | 0.744 | 0.047 | 0.088 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.130 | | 0 | | 4 | | 0.312 | 0.020 | 0.037 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.332 | | 0 | | 4 | | 0.797 | 0.050 | 0.094 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.028 | | 0 | | 4 | | 0.067 | 0.004 | 0.008 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.291 | | 0 | | 4 | | 0.698 | 0.044 | 0.082 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.133 | | 0 | | 4 | | 0.319 | 0.020 | 0.038 |
| 18:2 undifferentiated....g | 0.060 | | 0 | | 4 | | 0.144 | 0.009 | 0.017 |
| 18:3 undifferentiated....g | 0.071 | | 0 | | 4 | | 0.170 | 0.011 | 0.020 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 5 | | 0 | | 4 | | 12 | 1 | 1 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.036 | | 0 | | 1 | | 0.086 | 0.005 | 0.010 |
| Threonine....g | 0.101 | | 0 | | 1 | | 0.242 | 0.015 | 0.029 |
| Isoleucine....g | 0.112 | | 0 | | 1 | | 0.269 | 0.017 | 0.032 |
| Leucine....g | 0.221 | | 0 | | 1 | | 0.530 | 0.033 | 0.063 |
| Lysine....g | 0.148 | | 0 | | 1 | | 0.355 | 0.022 | 0.042 |
| Methionine....g | 0.055 | | 0 | | 1 | | 0.132 | 0.008 | 0.016 |
| Cystine....g | 0.031 | | 0 | | 1 | | 0.074 | 0.005 | 0.009 |
| Phenylalanine....g | 0.096 | | 0 | | 1 | | 0.230 | 0.014 | 0.027 |
| Tyrosine....g | 0.115 | | 0 | | 1 | | 0.276 | 0.017 | 0.033 |
| Valine....g | 0.151 | | 0 | | 1 | | 0.362 | 0.023 | 0.043 |
| Arginine....g | 0.152 | | 0 | | 1 | | 0.365 | 0.023 | 0.043 |
| Histidine....g | 0.064 | | 0 | | 1 | | 0.154 | 0.010 | 0.018 |
| Alanine....g | 0.117 | | 0 | | 1 | | 0.281 | 0.018 | 0.033 |
| Aspartic acid....g | 0.203 | | 0 | | 1 | | 0.487 | 0.030 | 0.058 |
| Glutamic acid....g | 0.421 | | 0 | | 1 | | 1.010 | 0.063 | 0.119 |
| Glycine....g | 0.097 | | 0 | | 1 | | 0.233 | 0.015 | 0.027 |
| Proline....g | 0.207 | | 0 | | 1 | | 0.497 | 0.031 | 0.059 |
| Serine....g | 0.103 | | 0 | | 1 | | 0.247 | 0.015 | 0.029 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03127**
**Babyfood, vegetables, spinach, creamed, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 2.44 **Fat** 8.37 **Carbohydrate** 3.57

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03105**
**Babyfood, vegetables, squash, junior**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 92.66 | 0.101 | 47 | JA | 6 | | 14.82 | 26.27 | 91.73 |
| Energy....kcal | 24 | | 0 | NC | 4 | | 4 | 7 | 24 |
| Energy....kJ | 101 | | 0 | NC | 4 | | 16 | 29 | 100 |
| Protein (N x 6.25)....g | 0.81 | 0.023 | 30 | JA | 6 | | 0.13 | 0.23 | 0.80 |
| Total lipid (fat)....g | 0.20 | 0.003 | 26 | JA | 6 | | 0.03 | 0.06 | 0.20 |
| Ash....g | 0.60 | 0.012 | 24 | JA | 6 | | 0.10 | 0.17 | 0.60 |
| Carbohydrate, by difference....g | 5.73 | | 0 | NC | 4 | | 0.92 | 1.62 | 5.67 |
| Fiber, total dietary....g | 0.9 | | 2 | A | 1 | | 0.1 | 0.3 | 0.9 |
| Sugars, total....g | 3.24 | 0.290 | 5 | JA | 6 | | 0.52 | 0.92 | 3.21 |
| Sucrose....g | 1.20 | 0.481 | 5 | JA | 6 | | 0.19 | 0.34 | 1.19 |
| Glucose (dextrose)....g | 1.08 | 0.172 | 5 | JA | 6 | | 0.17 | 0.31 | 1.07 |
| Fructose....g | 0.96 | 0.144 | 5 | JA | 6 | | 0.15 | 0.27 | 0.95 |
| Lactose....g | 0.00 | 0.000 | 4 | JA | 6 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.00 | 0.000 | 5 | JA | 6 | | 0.00 | 0.00 | 0.00 |
| Galactose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Starch....g | 1.24 | | 2 | A | 1 | | 0.20 | 0.35 | 1.23 |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 24 | | 1 | JA | 6 | | 4 | 7 | 24 |
| Iron, Fe....mg | 0.32 | | 2 | JA | 6 | | 0.05 | 0.09 | 0.31 |
| Magnesium, Mg....mg | 14 | 2.333 | 4 | JA | 6 | | 2 | 4 | 14 |
| Phosphorus, P....mg | 21 | 5.175 | 4 | JA | 6 | | 3 | 6 | 20 |
| Potassium, K....mg | 185 | 5.882 | 17 | JA | 6 | | 30 | 52 | 183 |
| Sodium, Na....mg | 5 | | 0 | LC | 8 | | 1 | 1 | 5 |
| Zinc, Zn....mg | 0.19 | | 1 | JA | 6 | | 0.03 | 0.05 | 0.19 |
| Copper, Cu....mg | 0.030 | | 2 | A | 1 | | 0.005 | 0.008 | 0.030 |
| Manganese, Mn....mg | 0.083 | | 2 | A | 1 | | 0.013 | 0.024 | 0.083 |
| Selenium, Se....µg | 0.2 | | 2 | A | 1 | | 0.0 | 0.1 | 0.2 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.3 | | 2 | A | 1 | | 0.1 | 0.1 | 0.3 |
| Thiamin....mg | 0.029 | | 2 | A | 1 | | 0.005 | 0.008 | 0.029 |
| Riboflavin....mg | 0.048 | | 2 | JA | 6 | | 0.008 | 0.014 | 0.047 |
| Niacin....mg | 0.683 | | 2 | A | 1 | | 0.109 | 0.194 | 0.676 |
| Pantothenic acid....mg | 0.212 | | 5 | JA | 6 | | 0.034 | 0.060 | 0.210 |
| Vitamin B-6....mg | 0.070 | | 1 | JA | 6 | | 0.011 | 0.020 | 0.069 |
| Folate, total....µg | 8 | | 2 | A | 1 | | 1 | 2 | 8 |
| Folic acid....µg | 0 | | 2 | A | 1 | | 0 | 0 | 0 |
| Folate, food....µg | 8 | | 0 | AS | 1 | | 1 | 2 | 8 |
| Folate, DFE....mcg_DFE | 8 | | 0 | NC | 4 | | 1 | 2 | 8 |
| Choline, total....mg | 7.6 | | 0 | AS | 1 | | 1.2 | 2.2 | 7.5 |
| Betaine....mg | 0.3 | | 2 | A | 1 | | 0.1 | 0.1 | 0.3 |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 85 | | 0 | NC | 4 | | 14 | 24 | 84 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 896 | | 1 | A | 1 | | 143 | 254 | 887 |
| Carotene, alpha....µg | 242 | | 1 | A | 1 | | 39 | 69 | 239 |
| Cryptoxanthin, beta....µg | 9 | | 1 | A | 1 | | 1 | 2 | 9 |
| Vitamin A, IU....IU | 1703 | | 0 | NC | 4 | | 272 | 483 | 1686 |
| Lycopene....µg | 0 | 0.000 | 8 | A | 1 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 3527 | 1850.455 | 9 | A | 1 | | 564 | 1000 | 3491 |
| Vitamin E (alpha-tocopherol)....mg | 0.55 | | 2 | A | 1 | | 0.09 | 0.16 | 0.55 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma....mg | 0.11 | | 2 | A | 1 | | 0.02 | 0.03 | 0.11 |
| Tocopherol, delta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03105**
**Babyfood, vegetables, squash, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 4.7 | | 2 | A | 1 | | 0.8 | 1.3 | 4.7 |
| Dihydrophylloquinone....µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4....µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.020 | | 1 | JO | 11 | | 0.003 | 0.006 | 0.020 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:0....g | 0.020 | | 1 | A | 1 | | 0.003 | 0.006 | 0.020 |
| 17:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated....g | 0.020 | | 0 | NC | 4 | | 0.003 | 0.006 | 0.020 |
| 14:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:1 undifferentiated....g | 0.020 | | 1 | A | 1 | | 0.003 | 0.006 | 0.020 |
| 20:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated....g | 0.040 | | 0 | NC | 4 | | 0.006 | 0.011 | 0.039 |
| 18:2 undifferentiated....g | 0.030 | | 1 | A | 1 | | 0.005 | 0.008 | 0.030 |
| 18:3 undifferentiated....g | 0.010 | | 1 | A | 1 | | 0.002 | 0.003 | 0.010 |
| 18:4....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 99g: 1 jar

**Calories Factors: Protein** 2.44 **Fat** 8.37 **Carbohydrate** 3.57

**NDB No. 03105**
**Babyfood, vegetables, squash, junior**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03104**
**Babyfood, vegetables, squash, strained**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 92.66 | 0.101 | 47 | JA | 6 | | 14.82 | 26.27 | 104.70 |
| Energy....kcal | 28 | | 0 | NC | 4 | | 4 | 8 | 32 |
| Energy....kJ | 117 | | 0 | NC | 4 | | 19 | 33 | 132 |
| Protein (N x 6.25)....g | 0.81 | 0.023 | 30 | JA | 6 | | 0.13 | 0.23 | 0.91 |
| Total lipid (fat)....g | 0.20 | 0.003 | 26 | JA | 6 | | 0.03 | 0.06 | 0.23 |
| Ash....g | 0.60 | 0.012 | 24 | JA | 6 | | 0.10 | 0.17 | 0.68 |
| Carbohydrate, by difference....g | 5.73 | | 0 | NC | 4 | | 0.92 | 1.62 | 6.47 |
| Fiber, total dietary....g | 0.9 | | 2 | A | 1 | | 0.1 | 0.3 | 1.0 |
| Sugars, total....g | 3.37 | | 0 | NR | 4 | | 0.54 | 0.96 | 3.81 |
| Sucrose....g | 1.25 | 0.481 | 5 | JA | 6 | | 0.20 | 0.35 | 1.41 |
| Glucose (dextrose)....g | 1.12 | 0.172 | 5 | JA | 6 | | 0.18 | 0.32 | 1.27 |
| Fructose....g | 1.00 | 0.144 | 5 | JA | 6 | | 0.16 | 0.28 | 1.13 |
| Lactose....g | 0.00 | 0.000 | 4 | JA | 6 | | 0.00 | 0.00 | 0.00 |
| Maltose....g | 0.00 | 0.000 | 5 | JA | 6 | | 0.00 | 0.00 | 0.00 |
| Galactose....g | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Starch....g | 1.24 | | 2 | A | 1 | | 0.20 | 0.35 | 1.40 |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 24 | | 1 | JA | 6 | | 4 | 7 | 27 |
| Iron, Fe....mg | 0.32 | | 2 | JA | 6 | | 0.05 | 0.09 | 0.36 |
| Magnesium, Mg....mg | 14 | 2.333 | 4 | JA | 6 | | 2 | 4 | 16 |
| Phosphorus, P....mg | 21 | 5.175 | 4 | JA | 6 | | 3 | 6 | 23 |
| Potassium, K....mg | 185 | 5.882 | 17 | JA | 6 | | 30 | 52 | 209 |
| Sodium, Na....mg | 5 | | 0 | LC | 8 | | 1 | 1 | 6 |
| Zinc, Zn....mg | 0.19 | | 1 | JA | 6 | | 0.03 | 0.05 | 0.22 |
| Copper, Cu....mg | 0.030 | | 2 | A | 1 | | 0.005 | 0.008 | 0.034 |
| Manganese, Mn....mg | 0.083 | | 2 | A | 1 | | 0.013 | 0.024 | 0.094 |
| Selenium, Se....µg | 0.2 | | 2 | A | 1 | | 0.0 | 0.1 | 0.2 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.3 | | 2 | A | 1 | | 0.1 | 0.1 | 0.4 |
| Thiamin....mg | 0.029 | | 2 | A | 1 | | 0.005 | 0.008 | 0.033 |
| Riboflavin....mg | 0.048 | | 2 | JA | 6 | | 0.008 | 0.014 | 0.054 |
| Niacin....mg | 0.683 | | 2 | A | 1 | | 0.109 | 0.194 | 0.772 |
| Pantothenic acid....mg | 0.212 | | 5 | JA | 6 | | 0.034 | 0.060 | 0.240 |
| Vitamin B-6....mg | 0.070 | | 1 | JA | 6 | | 0.011 | 0.020 | 0.079 |
| Folate, total....µg | 8 | | 2 | A | 1 | | 1 | 2 | 9 |
| Folic acid....µg | 0 | | 2 | A | 1 | | 0 | 0 | 0 |
| Folate, food....µg | 8 | | 0 | AS | 1 | | 1 | 2 | 9 |
| Folate, DFE....mcg_DFE | 8 | | 0 | NC | 4 | | 1 | 2 | 9 |
| Choline, total....mg | 7.6 | | 0 | AS | 1 | | 1.2 | 2.2 | 8.6 |
| Betaine....mg | 0.3 | | 2 | A | 1 | | 0.1 | 0.1 | 0.4 |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 85 | | 0 | NC | 4 | | 14 | 24 | 96 |
| Retinol....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta....µg | 896 | | 1 | A | 1 | | 143 | 254 | 1013 |
| Carotene, alpha....µg | 242 | | 1 | A | 1 | | 39 | 69 | 273 |
| Cryptoxanthin, beta....µg | 9 | | 1 | A | 1 | | 1 | 2 | 10 |
| Vitamin A, IU....IU | 1703 | | 0 | NC | 4 | | 272 | 483 | 1924 |
| Lycopene....µg | 0 | 0.000 | 8 | A | 1 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 3527 | 1850.455 | 9 | A | 1 | | 564 | 1000 | 3985 |
| Vitamin E (alpha-tocopherol)....mg | 0.55 | | 2 | A | 1 | | 0.09 | 0.16 | 0.63 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, gamma....mg | 0.11 | | 2 | A | 1 | | 0.02 | 0.03 | 0.13 |
| Tocopherol, delta....mg | 0.00 | | 2 | A | 1 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03104**
**Babyfood, vegetables, squash, strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 4.7 | | 2 | A | 1 | | 0.8 | 1.3 | 5.4 |
| Dihydrophylloquinone....µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| Menaquinone-4....µg | 0.0 | | 2 | A | 1 | | 0.0 | 0.0 | 0.0 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 0.020 | | 1 | JO | 11 | | 0.003 | 0.006 | 0.022 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:0....g | 0.020 | | 1 | A | 1 | | 0.003 | 0.006 | 0.022 |
| 17:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:0....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated....g | 0.020 | | 0 | NC | 4 | | 0.003 | 0.006 | 0.022 |
| 14:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 15:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 16:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 18:1 undifferentiated....g | 0.020 | | 1 | A | 1 | | 0.003 | 0.006 | 0.022 |
| 20:1....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated....g | 0.040 | | 0 | NC | 4 | | 0.006 | 0.011 | 0.045 |
| 18:2 undifferentiated....g | 0.030 | | 1 | A | 1 | | 0.005 | 0.008 | 0.034 |
| 18:3 undifferentiated....g | 0.010 | | 1 | A | 1 | | 0.002 | 0.003 | 0.011 |
| 18:4....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | A | 1 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03104**
**Babyfood, vegetables, squash, strained**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03108**
**Babyfood, vegetables, sweet potatoes strained**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 84.80 | 0.300 | 50 | | 1 | | 189.95 | 11.87 | 24.04 |
| Energy | kcal | 57 | | 0 | NC | 4 | | 128 | 8 | 16 |
| Energy | kJ | 238 | | 0 | | 4 | | 534 | 33 | 68 |
| Protein (N x 6.25) | g | 1.10 | 0.000 | 31 | | 1 | | 2.46 | 0.15 | 0.31 |
| Total lipid (fat) | g | 0.10 | 0.000 | 26 | | 1 | | 0.22 | 0.01 | 0.03 |
| Ash | g | 0.80 | 0.000 | 24 | | 1 | | 1.79 | 0.11 | 0.23 |
| Carbohydrate, by difference | g | 13.20 | | 0 | NC | 4 | | 29.57 | 1.85 | 3.74 |
| Fiber, total dietary | g | 1.5 | | 0 | | 4 | | 3.4 | 0.2 | 0.4 |
| Sugars, total | g | 4.05 | | 0 | BFSN | 4 | | 9.08 | 0.57 | 1.15 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 16 | 1.000 | 26 | | 1 | | 36 | 2 | 5 |
| Iron, Fe | mg | 0.37 | 0.040 | 26 | | 1 | | 0.83 | 0.05 | 0.10 |
| Magnesium, Mg | mg | 13 | | 2 | | 1 | | 29 | 2 | 4 |
| Phosphorus, P | mg | 24 | | 2 | | 1 | | 54 | 3 | 7 |
| Potassium, K | mg | 263 | | 15 | | 1 | | 589 | 37 | 75 |
| Sodium, Na | mg | 22 | | 0 | NR | 4 | | 50 | 3 | 6 |
| Zinc, Zn | mg | 0.21 | 0.010 | 17 | | 1 | | 0.46 | 0.03 | 0.06 |
| Copper, Cu | mg | 0.081 | | 17 | | 1 | | 0.181 | 0.011 | 0.023 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.7 | | 0 | BFZN | 4 | | 1.6 | 0.1 | 0.2 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 9.9 | 0.700 | 22 | | 1 | | 22.2 | 1.4 | 2.8 |
| Thiamin | mg | 0.028 | 0.000 | 22 | | 1 | | 0.063 | 0.004 | 0.008 |
| Riboflavin | mg | 0.033 | 0.000 | 21 | | 1 | | 0.074 | 0.005 | 0.009 |
| Niacin | mg | 0.358 | 0.025 | 19 | | 1 | | 0.802 | 0.050 | 0.101 |
| Pantothenic acid | mg | 0.390 | | 4 | | 1 | | 0.874 | 0.055 | 0.111 |
| Vitamin B-6 | mg | 0.093 | | 7 | | 1 | | 0.208 | 0.013 | 0.026 |
| Folate, total | µg | 10 | 0.900 | 6 | | 1 | | 22 | 1 | 3 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 10 | 0.900 | 6 | | 1 | | 22 | 1 | 3 |
| Folate, DFE | mcg_DFE | 10 | | 0 | NC | 4 | | 22 | 1 | 3 |
| Choline, total | mg | 13.1 | | 0 | FLA | 4 | | 29.4 | 1.8 | 3.7 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 322 | | 0 | NC | 4 | | 721 | 45 | 91 |
| Retinol | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 3863 | | 0 | BNA | 4 | | 8653 | 541 | 1095 |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 6438 | 1046.000 | 21 | | 1 | | 14421 | 901 | 1825 |
| Lycopene | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.52 | | 0 | NR | 4 | | 1.16 | 0.07 | 0.15 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 1.4 | | 0 | BFSN | 4 | | 3.2 | 0.2 | 0.4 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03108**
**Babyfood, vegetables, sweet potatoes strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.021 | | 0 | | 4 | | 0.047 | 0.003 | 0.006 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.019 | | 0 | | 4 | | 0.043 | 0.003 | 0.005 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | | 4 | | 0.004 | 0.000 | 0.001 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.004 | | 0 | | 4 | | 0.009 | 0.001 | 0.001 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.009 | 0.001 | 0.001 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.044 | | 0 | | 4 | | 0.099 | 0.006 | 0.012 |
| 18:2 undifferentiated....g | 0.037 | | 0 | | 4 | | 0.083 | 0.005 | 0.010 |
| 18:3 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.016 | 0.001 | 0.002 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.022 | | 0 | | 1 | | 0.049 | 0.003 | 0.006 |
| Threonine....g | 0.054 | | 0 | | 1 | | 0.121 | 0.008 | 0.015 |
| Isoleucine....g | 0.051 | | 0 | | 1 | | 0.114 | 0.007 | 0.014 |
| Leucine....g | 0.078 | | 0 | | 1 | | 0.175 | 0.011 | 0.022 |
| Lysine....g | 0.044 | | 0 | | 1 | | 0.099 | 0.006 | 0.012 |
| Methionine....g | 0.024 | | 0 | | 1 | | 0.054 | 0.003 | 0.007 |
| Cystine....g | 0.015 | | 0 | | 1 | | 0.034 | 0.002 | 0.004 |
| Phenylalanine....g | 0.062 | | 0 | | 1 | | 0.139 | 0.009 | 0.018 |
| Tyrosine....g | 0.041 | | 0 | | 1 | | 0.092 | 0.006 | 0.012 |
| Valine....g | 0.073 | | 0 | | 1 | | 0.164 | 0.010 | 0.021 |
| Arginine....g | 0.054 | | 0 | | 1 | | 0.121 | 0.008 | 0.015 |
| Histidine....g | 0.026 | | 0 | | 1 | | 0.058 | 0.004 | 0.007 |
| Alanine....g | 0.061 | | 0 | | 1 | | 0.137 | 0.009 | 0.017 |
| Aspartic acid....g | 0.199 | | 0 | | 1 | | 0.446 | 0.028 | 0.056 |
| Glutamic acid....g | 0.118 | | 0 | | 1 | | 0.264 | 0.017 | 0.033 |
| Glycine....g | 0.050 | | 0 | | 1 | | 0.112 | 0.007 | 0.014 |
| Proline....g | 0.055 | | 0 | | 1 | | 0.123 | 0.008 | 0.016 |
| Serine....g | 0.051 | | 0 | | 1 | | 0.114 | 0.007 | 0.014 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03108**
**Babyfood, vegetables, sweet potatoes strained**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 224g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 2.78 **Fat** 8.37 **Carbohydrate** 4.03

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03109**
**Babyfood, vegetables, sweet potatoes, junior**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 84.10 | 0.300 | 23 | | 1 | | 188.38 | 11.77 | 23.84 |
| Energy | kcal | 60 | | 0 | NC | 4 | | 135 | 8 | 17 |
| Energy | kJ | 252 | | 0 | NC | 4 | | 565 | 35 | 72 |
| Protein (N x 6.25) | g | 1.10 | 0.000 | 24 | | 1 | | 2.46 | 0.15 | 0.31 |
| Total lipid (fat) | g | 0.10 | 0.000 | 23 | | 1 | | 0.22 | 0.01 | 0.03 |
| Ash | g | 0.70 | 0.000 | 23 | | 1 | | 1.57 | 0.10 | 0.20 |
| Carbohydrate, by difference | g | 14.00 | | 0 | NC | 4 | | 31.36 | 1.96 | 3.97 |
| Fiber, total dietary | g | 1.5 | | 0 | | 4 | | 3.4 | 0.2 | 0.4 |
| Sugars, total | g | 4.24 | | 0 | BFSN | 4 | | 9.50 | 0.59 | 1.20 |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 16 | 1.000 | 14 | | 1 | | 36 | 2 | 5 |
| Iron, Fe | mg | 0.39 | 0.060 | 14 | | 1 | | 0.87 | 0.05 | 0.11 |
| Magnesium, Mg | mg | 12 | | 2 | | 1 | | 27 | 2 | 3 |
| Phosphorus, P | mg | 24 | | 2 | | 1 | | 54 | 3 | 7 |
| Potassium, K | mg | 243 | | 15 | | 1 | | 544 | 34 | 69 |
| Sodium, Na | mg | 18 | | 0 | LC | 8 | | 41 | 3 | 5 |
| Zinc, Zn | mg | 0.11 | | 1 | | 1 | | 0.25 | 0.02 | 0.03 |
| Copper, Cu | mg | 0.100 | | 1 | | 1 | | 0.224 | 0.014 | 0.028 |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.7 | | 0 | BFZN | 4 | | 1.6 | 0.1 | 0.2 |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 9.6 | 0.800 | 14 | | 1 | | 21.5 | 1.3 | 2.7 |
| Thiamin | mg | 0.026 | 0.000 | 14 | | 1 | | 0.058 | 0.004 | 0.007 |
| Riboflavin | mg | 0.034 | 0.000 | 13 | | 1 | | 0.076 | 0.005 | 0.010 |
| Niacin | mg | 0.384 | 0.016 | 14 | | 1 | | 0.860 | 0.054 | 0.109 |
| Pantothenic acid | mg | 0.408 | | 0 | | 1 | | 0.914 | 0.057 | 0.116 |
| Vitamin B-6 | mg | 0.113 | | 7 | | 1 | | 0.253 | 0.016 | 0.032 |
| Folate, total | µg | 10 | | 0 | | 1 | | 23 | 1 | 3 |
| Folic acid | µg | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Folate, food | µg | 10 | | 0 | | 1 | | 23 | 1 | 3 |
| Folate, DFE | mcg_DFE | 10 | | 0 | NC | 4 | | 23 | 1 | 3 |
| Choline, total | mg | 13.1 | | 0 | FLA | 4 | | 29.4 | 1.8 | 3.7 |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added | µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE | mcg_RAE | 332 | | 0 | NC | 4 | | 743 | 46 | 94 |
| Retinol | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Carotene, beta | µg | 3982 | | 0 | BNA | 4 | | 8919 | 557 | 1129 |
| Carotene, alpha | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta | µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU | IU | 6636 | 1029.000 | 13 | | 1 | | 14865 | 929 | 1881 |
| Lycopene | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin | µg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.52 | | 0 | NR | 4 | | 1.16 | 0.07 | 0.15 |
| Vitamin E, added | mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | Z | 7 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone) | µg | 1.5 | | 0 | BFSN | 4 | | 3.4 | 0.2 | 0.4 |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03109**
**Babyfood, vegetables, sweet potatoes, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.021 | | 0 | | 4 | | 0.047 | 0.003 | 0.006 |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.019 | | 0 | | 4 | | 0.043 | 0.003 | 0.005 |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.002 | | 0 | | 4 | | 0.004 | 0.000 | 0.001 |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.004 | | 0 | | 4 | | 0.009 | 0.001 | 0.001 |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.004 | | 0 | | 4 | | 0.009 | 0.001 | 0.001 |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.044 | | 0 | | 4 | | 0.099 | 0.006 | 0.012 |
| 18:2 undifferentiated....g | 0.037 | | 0 | | 4 | | 0.083 | 0.005 | 0.010 |
| 18:3 undifferentiated....g | 0.007 | | 0 | | 4 | | 0.016 | 0.001 | 0.002 |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | 0 |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.021 | | 0 | | 1 | | 0.047 | 0.003 | 0.006 |
| Threonine....g | 0.053 | | 0 | | 1 | | 0.119 | 0.007 | 0.015 |
| Isoleucine....g | 0.050 | | 0 | | 1 | | 0.112 | 0.007 | 0.014 |
| Leucine....g | 0.076 | | 0 | | 1 | | 0.170 | 0.011 | 0.022 |
| Lysine....g | 0.043 | | 0 | | 1 | | 0.096 | 0.006 | 0.012 |
| Methionine....g | 0.023 | | 0 | | 1 | | 0.052 | 0.003 | 0.007 |
| Cystine....g | 0.015 | | 0 | | 1 | | 0.034 | 0.002 | 0.004 |
| Phenylalanine....g | 0.061 | | 0 | | 1 | | 0.137 | 0.009 | 0.017 |
| Tyrosine....g | 0.040 | | 0 | | 1 | | 0.090 | 0.006 | 0.011 |
| Valine....g | 0.071 | | 0 | | 1 | | 0.159 | 0.010 | 0.020 |
| Arginine....g | 0.053 | | 0 | | 1 | | 0.119 | 0.007 | 0.015 |
| Histidine....g | 0.025 | | 0 | | 1 | | 0.056 | 0.004 | 0.007 |
| Alanine....g | 0.059 | | 0 | | 1 | | 0.132 | 0.008 | 0.017 |
| Aspartic acid....g | 0.195 | | 0 | | 1 | | 0.437 | 0.027 | 0.055 |
| Glutamic acid....g | 0.115 | | 0 | | 1 | | 0.258 | 0.016 | 0.033 |
| Glycine....g | 0.049 | | 0 | | 1 | | 0.110 | 0.007 | 0.014 |
| Proline....g | 0.054 | | 0 | | 1 | | 0.121 | 0.008 | 0.015 |
| Serine....g | 0.050 | | 0 | | 1 | | 0.112 | 0.007 | 0.014 |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03109**
**Babyfood, vegetables, sweet potatoes, junior**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 224g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

**Calories Factors: Protein** 2.78 **Fat** 8.37 **Carbohydrate** 4.03

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03956**

**Babyfood, yogurt, whole milk, with fruit, multigrain cereal and added DHA (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 79.16 | | 0 | FLC | 4 | | 24.54 | 89.45 | |
| Energy | kcal | 98 | | 0 | NC | 4 | | 30 | 111 | |
| Energy | kJ | 411 | | 0 | NC | 4 | | 127 | 464 | |
| Protein | g | 3.40 | | 0 | FLC | 4 | | 1.05 | 3.84 | |
| Total lipid (fat) | g | 3.53 | | 0 | FLC | 4 | | 1.09 | 3.99 | |
| Ash | g | 0.69 | | 0 | FLC | 4 | | 0.22 | 0.78 | |
| Carbohydrate, by difference | g | 13.22 | | 0 | FLC | 4 | | 4.10 | 14.94 | |
| Fiber, total dietary | g | 0.3 | | 0 | FLC | 4 | | 0.1 | 0.3 | |
| Sugars, total | g | 11.46 | | 0 | FLC | 4 | | 3.55 | 12.95 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 107 | | 0 | FLC | 4 | | 33 | 121 | |
| Iron, Fe | mg | 0.15 | | 0 | FLC | 4 | | 0.05 | 0.18 | |
| Magnesium, Mg | mg | 15 | | 0 | FLC | 4 | | 5 | 17 | |
| Phosphorus, P | mg | 95 | | 0 | FLC | 4 | | 30 | 108 | |
| Potassium, K | mg | 149 | | 0 | FLC | 4 | | 46 | 168 | |
| Sodium, Na | mg | 41 | | 0 | FLC | 4 | | 13 | 46 | |
| Zinc, Zn | mg | 0.59 | | 0 | FLC | 4 | | 0.18 | 0.67 | |
| Copper, Cu | mg | 0.023 | | 0 | FLC | 4 | | 0.007 | 0.026 | |
| Manganese, Mn | mg | 0.101 | | 0 | FLC | 4 | | 0.031 | 0.114 | |
| Selenium, Se | µg | 2.8 | | 0 | FLC | 4 | | 0.9 | 3.2 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 1.4 | | 0 | FLC | 4 | | 0.4 | 1.6 | |
| Thiamin | mg | 0.047 | | 0 | FLC | 4 | | 0.015 | 0.053 | |
| Riboflavin | mg | 0.129 | | 0 | FLC | 4 | | 0.040 | 0.146 | |
| Niacin | mg | 0.119 | | 0 | FLC | 4 | | 0.037 | 0.134 | |
| Pantothenic acid | mg | 0.354 | | 0 | FLC | 4 | | 0.110 | 0.400 | |
| Vitamin B-6 | mg | 0.034 | | 0 | FLC | 4 | | 0.011 | 0.039 | |
| Folate, total | µg | 8 | | 0 | FLC | 4 | | 2 | 9 | |
| Folic acid | µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Folate, food | µg | 8 | | 0 | FLC | 4 | | 2 | 9 | |
| Folate, DFE | mcg_DFE | 8 | | 0 | NC | 4 | | 2 | 9 | |
| Choline, total | mg | 14.2 | | 0 | FLC | 4 | | 4.4 | 16.0 | |
| Betaine | mg | 0.6 | | 0 | FLC | 4 | | 0.2 | 0.6 | |
| Vitamin B-12 | µg | 0.32 | | 0 | FLC | 4 | | 0.10 | 0.36 | |
| Vitamin B-12, added | µg | 0.00 | | 0 | FLC | 4 | | 0.00 | 0.00 | |
| Vitamin A, RAE | mcg_RAE | 24 | | 0 | NC | 4 | | 7 | 27 | |
| Retinol | µg | 23 | | 0 | FLC | 4 | | 7 | 26 | |
| Carotene, beta | µg | 5 | | 0 | FLC | 4 | | 1 | 5 | |
| Carotene, alpha | µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Vitamin A, IU | IU | 86 | | 0 | NC | 4 | | 27 | 97 | |
| Lycopene | µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 6 | | 0 | FLC | 4 | | 2 | 7 | |
| Vitamin E (alpha-tocopherol) | mg | 0.07 | | 0 | FLC | 4 | | 0.02 | 0.08 | |
| Vitamin E, added | mg | 0.00 | | 0 | FLC | 4 | | 0.00 | 0.00 | |
| Tocopherol, beta | mg | 0.00 | | 0 | FLC | 4 | | 0.00 | 0.00 | |
| Tocopherol, gamma | mg | 0.07 | | 0 | FLC | 4 | | 0.02 | 0.08 | |
| Tocopherol, delta | mg | 0.00 | | 0 | FLC | 4 | | 0.00 | 0.00 | |
| Vitamin D (D2 + D3) | µg | 0.1 | | 0 | AS | 1 | | 0.0 | 0.1 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 0.1 | | 0 | FLC | 4 | | 0.0 | 0.1 | |
| Vitamin D | IU | 3 | | 0 | FLC | 4 | | 1 | 4 | |
| Vitamin K (phylloquinone) | µg | 0.3 | | 0 | FLC | 4 | | 0.1 | 0.4 | |
| Dihydrophylloquinone | µg | 0.0 | | 0 | FLC | 4 | | 0.0 | 0.0 | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03956**

**Babyfood, yogurt, whole milk, with fruit, multigrain cereal and added DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.840 | | 0 | FLC | 4 | | 0.571 | 2.080 | |
| 4:0....g | 0.083 | | 0 | FLC | 4 | | 0.026 | 0.094 | |
| 6:0....g | 0.057 | | 0 | FLC | 4 | | 0.018 | 0.065 | |
| 8:0....g | 0.036 | | 0 | FLC | 4 | | 0.011 | 0.041 | |
| 10:0....g | 0.081 | | 0 | FLC | 4 | | 0.025 | 0.091 | |
| 12:0....g | 0.097 | | 0 | FLC | 4 | | 0.030 | 0.110 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.322 | | 0 | FLC | 4 | | 0.100 | 0.364 | |
| 15:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 16:0....g | 0.866 | | 0 | FLC | 4 | | 0.268 | 0.979 | |
| 17:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 18:0....g | 0.296 | | 0 | FLC | 4 | | 0.092 | 0.335 | |
| 20:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 22:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 24:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| Fatty acids, total monounsaturated....g | 0.916 | | 0 | FLC | 4 | | 0.284 | 1.035 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.090 | | 0 | FLC | 4 | | 0.028 | 0.102 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.782 | | 0 | FLC | 4 | | 0.242 | 0.884 | |
| 20:1....g | 0.023 | | 0 | FLC | 4 | | 0.007 | 0.026 | |
| 22:1 undifferentiated....g | 0.021 | | 0 | FLC | 4 | | 0.006 | 0.024 | |
| 24:1 c....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| Fatty acids, total polyunsaturated....g | 0.367 | | 0 | FLC | 4 | | 0.114 | 0.414 | |
| 18:2 undifferentiated....g | 0.147 | | 0 | FLC | 4 | | 0.046 | 0.166 | |
| 18:3 undifferentiated....g | 0.117 | | 0 | FLC | 4 | | 0.036 | 0.132 | |
| 18:4....g | 0.011 | | 0 | FLC | 4 | | 0.004 | 0.013 | |
| 20:2 n-6 c,c....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.007 | | 0 | FLC | 4 | | 0.002 | 0.007 | |
| 20:5 n-3 (EPA)....g | 0.038 | | 0 | FLC | 4 | | 0.012 | 0.043 | |
| 22:5 n-3 (DPA)....g | 0.007 | | 0 | FLC | 4 | | 0.002 | 0.008 | |
| 22:6 n-3 (DHA)....g | 0.040 | | 0 | FLC | 4 | | 0.012 | 0.045 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 14 | | 0 | FLC | 4 | | 4 | 15 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLC | 4 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLC | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31g: 1 oz

Measure 2 = 113g: 1 container

**Footnotes:**

1 Contains arachidonic acid (ARA, number 620) and docosahexaenoic acid (DHA, nutrient number 621) fatty acids found in human breast milk

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03965**

**Babyfood, yogurt, whole milk, with fruit, multigrain cereal and added iron**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 80.21 | | 0 | FLC | 4 | | 12.83 | 55.35 | |
| Energy....kcal | 92 | | 0 | NC | 4 | | 15 | 63 | |
| Energy....kJ | 385 | | 0 | NC | 4 | | 62 | 265 | |
| Protein....g | 3.05 | | 0 | FLC | 4 | | 0.49 | 2.11 | |
| Total lipid (fat)....g | 3.08 | | 0 | FLC | 4 | | 0.49 | 2.13 | |
| Ash....g | 0.65 | | 0 | FLC | 4 | | 0.10 | 0.45 | |
| Carbohydrate, by difference....g | 13.00 | | 0 | FLC | 4 | | 2.08 | 8.97 | |
| Fiber, total dietary....g | 0.6 | | 0 | FLC | 4 | | 0.1 | 0.4 | |
| Sugars, total....g | 11.46 | | 0 | FLC | 4 | | 1.83 | 7.91 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 98 | | 0 | FLC | 4 | | 16 | 68 | |
| Iron, Fe....mg | 4.18 | | 0 | FLC | 4 | | 0.67 | 2.88 | |
| Magnesium, Mg....mg | 15 | | 0 | FLC | 4 | | 2 | 10 | |
| Phosphorus, P....mg | 86 | | 0 | FLC | 4 | | 14 | 59 | |
| Potassium, K....mg | 143 | | 0 | FLC | 4 | | 23 | 98 | |
| Sodium, Na....mg | 38 | | 0 | FLC | 4 | | 6 | 26 | |
| Zinc, Zn....mg | 0.54 | | 0 | FLC | 4 | | 0.09 | 0.37 | |
| Copper, Cu....mg | 0.031 | | 0 | FLC | 4 | | 0.005 | 0.022 | |
| Manganese, Mn....mg | 0.064 | | 0 | FLC | 4 | | 0.010 | 0.044 | |
| Selenium, Se....µg | 2.4 | | 0 | FLC | 4 | | 0.4 | 1.6 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 3.6 | | 0 | FLC | 4 | | 0.6 | 2.5 | |
| Thiamin....mg | 0.048 | | 0 | FLC | 4 | | 0.008 | 0.033 | |
| Riboflavin....mg | 0.120 | | 0 | FLC | 4 | | 0.019 | 0.083 | |
| Niacin....mg | 0.119 | | 0 | FLC | 4 | | 0.019 | 0.082 | |
| Pantothenic acid....mg | 0.333 | | 0 | FLC | 4 | | 0.053 | 0.230 | |
| Vitamin B-6....mg | 0.036 | | 0 | FLC | 4 | | 0.006 | 0.025 | |
| Folate, total....µg | 7 | | 0 | FLC | 4 | | 1 | 5 | |
| Folic acid....µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Folate, food....µg | 7 | | 0 | FLC | 4 | | 1 | 5 | |
| Folate, DFE....mcg_DFE | 7 | | 0 | NC | 4 | | 1 | 5 | |
| Choline, total....mg | 13.4 | | 0 | FLC | 4 | | 2.1 | 9.3 | |
| Betaine....mg | 0.3 | | 0 | FLC | 4 | | 0.0 | 0.2 | |
| Vitamin B-12....µg | 0.29 | | 0 | FLC | 4 | | 0.05 | 0.20 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | FLC | 4 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 22 | | 0 | NC | 4 | | 3 | 15 | |
| Retinol....µg | 21 | | 0 | FLC | 4 | | 3 | 15 | |
| Carotene, beta....µg | 7 | | 0 | FLC | 4 | | 1 | 5 | |
| Carotene, alpha....µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 1 | | 0 | FLC | 4 | | 0 | 1 | |
| Vitamin A, IU....IU | 82 | | 0 | NC | 4 | | 13 | 57 | |
| Lycopene....µg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 13 | | 0 | FLC | 4 | | 2 | 9 | |
| Vitamin E (alpha-tocopherol)....mg | 0.09 | | 0 | FLC | 4 | | 0.01 | 0.06 | |
| Vitamin E, added....mg | 0.00 | | 0 | FLC | 4 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | 0.00 | | 0 | FLC | 4 | | 0.00 | 0.00 | |
| Tocopherol, gamma....mg | 0.21 | | 0 | FLC | 4 | | 0.03 | 0.14 | |
| Tocopherol, delta....mg | 0.00 | | 0 | FLC | 4 | | 0.00 | 0.00 | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | AS | 1 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 0.0 | | 0 | FLC | 4 | | 0.0 | 0.0 | |
| Vitamin D....IU | 2 | | 0 | FLC | 4 | | 0 | 1 | |
| Vitamin K (phylloquinone)....µg | 0.9 | | 0 | FLC | 4 | | 0.1 | 0.6 | |
| Dihydrophylloquinone....µg | 0.0 | | 0 | FLC | 4 | | 0.0 | 0.0 | |
| Menaquinone-4....µg | 0.0 | | 0 | FLC | 4 | | 0.0 | 0.0 | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03965**

**Babyfood, yogurt, whole milk, with fruit, multigrain cereal and added iron**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.582 | | 0 | FLC | 4 | | 0.253 | 1.092 | |
| 4:0....g | 0.075 | | 0 | FLC | 4 | | 0.012 | 0.052 | |
| 6:0....g | 0.052 | | 0 | FLC | 4 | | 0.008 | 0.036 | |
| 8:0....g | 0.033 | | 0 | FLC | 4 | | 0.005 | 0.023 | |
| 10:0....g | 0.073 | | 0 | FLC | 4 | | 0.012 | 0.050 | |
| 12:0....g | 0.087 | | 0 | FLC | 4 | | 0.014 | 0.060 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.269 | | 0 | FLC | 4 | | 0.043 | 0.185 | |
| 15:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 16:0....g | 0.730 | | 0 | FLC | 4 | | 0.117 | 0.504 | |
| 17:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 18:0....g | 0.263 | | 0 | FLC | 4 | | 0.042 | 0.181 | |
| 20:0....g | 0.001 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 22:0....g | 0.001 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 24:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| Fatty acids, total monounsaturated....g | 0.740 | | 0 | FLC | 4 | | 0.118 | 0.511 | |
| 14:1....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 15:1....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 16:1 undifferentiated....g | 0.056 | | 0 | FLC | 4 | | 0.009 | 0.039 | |
| 17:1....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 18:1 undifferentiated....g | 0.683 | | 0 | FLC | 4 | | 0.109 | 0.471 | |
| 20:1....g | 0.001 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | 0.001 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| Fatty acids, total polyunsaturated....g | 0.405 | | 0 | FLC | 4 | | 0.065 | 0.280 | |
| 18:2 undifferentiated....g | 0.146 | | 0 | FLC | 4 | | 0.023 | 0.101 | |
| 18:3 undifferentiated....g | 0.259 | | 0 | FLC | 4 | | 0.041 | 0.179 | |
| 18:4....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 20:3 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 10 | | 0 | FLC | 4 | | 2 | 7 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLC | 4 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | FLC | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | FLC | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 16g: 1 tbsp

Measure 2 = 69g: 1 container

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03860**
**Child formula, ABBOTT NUTRITION, PEDIASURE, ready-to-feed (formerly ROSS)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 80.47 | | 0 | T | 4 | | 24.95 | | |
| Energy ... kcal | 99 | | 0 | NC | 4 | | 31 | | |
| Energy ... kJ | 414 | | 0 | NC | 4 | | 128 | | |
| Protein ... g | 2.86 | | 0 | ML | 5 | | 0.89 | | |
| Total lipid (fat) ... g | 4.77 | | 0 | ML | 5 | | 1.48 | | |
| Ash ... g | 0.75 | | 0 | MC | 9 | | 0.23 | | |
| Carbohydrate, by difference ... g | 11.15 | | 0 | NC | 4 | | 3.46 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total ... g | 10.50 | | 0 | T | 4 | | 3.26 | | |
| Sucrose ... g | | | | | | | | | |
| Glucose (dextrose) ... g | | | | | | | | | |
| Fructose ... g | | | | | | | | | |
| Lactose ... g | 10.50 | | 0 | T | 4 | | 3.26 | | |
| Maltose ... g | | | | | | | | | |
| Galactose ... g | | | | | | | | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 93 | | 0 | ML | 5 | | 29 | | |
| Iron, Fe ... mg | 1.34 | | 0 | ML | 5 | | 0.42 | | |
| Magnesium, Mg ... mg | 19 | | 0 | ML | 5 | | 6 | | |
| Phosphorus, P ... mg | 76 | | 0 | ML | 5 | | 24 | | |
| Potassium, K ... mg | 125 | | 0 | ML | 5 | | 39 | | |
| Sodium, Na ... mg | 36 | | 0 | ML | 5 | | 11 | | |
| Zinc, Zn ... mg | 1.15 | | 0 | ML | 5 | | 0.36 | | |
| Copper, Cu ... mg | 0.095 | | 0 | ML | 5 | | 0.029 | | |
| Manganese, Mn ... mg | 0.239 | | 0 | ML | 5 | | 0.074 | | |
| Selenium, Se ... µg | 2.2 | | 0 | ML | 5 | | 0.7 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 9.5 | | 0 | ML | 5 | | 2.9 | | |
| Thiamin ... mg | 0.258 | | 0 | ML | 5 | | 0.080 | | |
| Riboflavin ... mg | 0.201 | | 0 | ML | 5 | | 0.062 | | |
| Niacin ... mg | 1.614 | | 0 | ML | 5 | | 0.500 | | |
| Pantothenic acid ... mg | 0.955 | | 0 | ML | 5 | | 0.296 | | |
| Vitamin B-6 ... mg | 0.248 | | 0 | ML | 5 | | 0.077 | | |
| Folate, total ... µg | 35 | | 0 | ML | 5 | | 11 | | |
| Folic acid ... µg | 36 | | 0 | T | 4 | | 11 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 60 | | 0 | NC | 4 | | 19 | | |
| Choline, total ... mg | 29.0 | | 0 | MC | 9 | | 9.0 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.57 | | 0 | ML | 5 | | 0.18 | | |
| Vitamin B-12, added ... µg | 0.57 | | 0 | NR | 4 | | 0.18 | | |
| Vitamin A, RAE ... mcg_RAE | 74 | | 0 | NC | 4 | | 23 | | |
| Retinol ... µg | 74 | | 0 | T | 4 | | 23 | | |
| Carotene, beta ... µg | 0 | | 0 | T | 4 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 246 | | 0 | NC | 4 | | 76 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 1.46 | | 0 | T | 4 | | 0.45 | | |
| Vitamin E, added ... mg | 1.46 | | 0 | NR | 4 | | 0.45 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.2 | | 0 | T | 4 | | 0.4 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |

**NDB No. 03860**
**Child formula, ABBOTT NUTRITION, PEDIASURE, ready-to-feed (formerly ROSS)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 48 | | 0 | T | 4 | | 15 | | |
| Vitamin K (phylloquinone)....µg | 3.6 | | 0 | T | 4 | | 1.1 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.256 | | 0 | MA | 12 | | 0.389 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 8:0....g | 0.503 | | 0 | MA | 12 | | 0.156 | | |
| 10:0....g | 0.349 | | 0 | MA | 12 | | 0.108 | | |
| 12:0....g | 0.013 | | 0 | MA | 12 | | 0.004 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.009 | | 0 | MA | 12 | | 0.003 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.260 | | 0 | MA | 12 | | 0.081 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.122 | | 0 | MA | 12 | | 0.038 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.936 | | 0 | MA | 12 | | 0.600 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.004 | | 0 | MA | 12 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.921 | | 0 | MA | 12 | | 0.596 | | |
| 20:1....g | 0.011 | | 0 | MA | 12 | | 0.003 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.068 | | 0 | MA | 12 | | 0.331 | | |
| 18:2 undifferentiated....g | 0.975 | | 0 | MA | 12 | | 0.302 | | |
| 18:3 undifferentiated....g | 0.092 | | 0 | MA | 12 | | 0.029 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 2 | | 0 | ML | 5 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.0g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03870**

**Child formula, ABBOTT NUTRITION, PEDIASURE, ready-to-feed, with iron and fiber (formerly ROSS)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 80.47 | | 0 | ML | 5 | | 24.95 | | |
| Energy....kcal | 99 | | 0 | NC | 4 | | 31 | | |
| Energy....kJ | 413 | | 0 | NC | 4 | | 128 | | |
| Protein....g | 2.80 | | 0 | ML | 5 | | 0.87 | | |
| Total lipid (fat)....g | 4.70 | | 0 | ML | 5 | | 1.46 | | |
| Ash....g | 0.75 | | 0 | MC | 9 | | 0.23 | | |
| Carbohydrate, by difference....g | 11.28 | | 0 | NC | 4 | | 3.50 | | |
| Fiber, total dietary....g | 0.5 | | 0 | ML | 5 | | 0.1 | | |
| Sugars, total....g | 7.60 | | 0 | ML | 5 | | 2.36 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 92 | | 0 | ML | 5 | | 29 | | |
| Iron, Fe....mg | 1.32 | | 0 | ML | 5 | | 0.41 | | |
| Magnesium, Mg....mg | 19 | | 0 | ML | 5 | | 6 | | |
| Phosphorus, P....mg | 80 | | 0 | ML | 5 | | 25 | | |
| Potassium, K....mg | 124 | | 0 | ML | 5 | | 38 | | |
| Sodium, Na....mg | 36 | | 0 | ML | 5 | | 11 | | |
| Zinc, Zn....mg | 0.56 | | 0 | ML | 5 | | 0.17 | | |
| Copper, Cu....mg | 0.106 | | 0 | ML | 5 | | 0.033 | | |
| Manganese, Mn....mg | 0.144 | | 0 | ML | 5 | | 0.045 | | |
| Selenium, Se....µg | 3.0 | | 0 | ML | 5 | | 0.9 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 9.6 | | 0 | ML | 5 | | 3.0 | | |
| Thiamin....mg | 0.256 | | 0 | ML | 5 | | 0.079 | | |
| Riboflavin....mg | 0.200 | | 0 | ML | 5 | | 0.062 | | |
| Niacin....mg | 0.960 | | 0 | ML | 5 | | 0.298 | | |
| Pantothenic acid....mg | 0.960 | | 0 | ML | 5 | | 0.298 | | |
| Vitamin B-6....mg | 0.248 | | 0 | ML | 5 | | 0.077 | | |
| Folate, total....µg | 28 | | 0 | ML | 5 | | 9 | | |
| Folic acid....µg | 28 | | 0 | ML | 5 | | 9 | | |
| Folate, food....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE....mcg_DFE | 48 | | 0 | NC | 4 | | 15 | | |
| Choline, total....mg | 28.4 | | 0 | ML | 5 | | 8.8 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.56 | | 0 | ML | 5 | | 0.17 | | |
| Vitamin B-12, added....µg | 0.56 | | 0 | ML | 5 | | 0.17 | | |
| Vitamin A, RAE....mcg_RAE | 46 | | 0 | NR | 4 | | 14 | | |
| Retinol....µg | 46 | | 0 | NR | 4 | | 14 | | |
| Carotene, beta....µg | 0 | | 0 | T | 4 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU....IU | 152 | | 0 | ML | 5 | | 47 | | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 1.46 | | 0 | T | 4 | | 0.45 | | |
| Vitamin E, added....mg | 1.46 | | 0 | NR | 4 | | 0.45 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 1.2 | | 0 | T | 4 | | 0.4 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 48 | | 0 | ML | 5 | | 15 | | |
| Vitamin K (phylloquinone)....µg | 5.6 | | 0 | NR | 4 | | 1.7 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03870**

**Child formula, ABBOTT NUTRITION, PEDIASURE, ready-to-feed, with iron and fiber (formerly ROSS)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.256 | | 0 | NC | 4 | | 0.389 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 8:0....g | 0.503 | | 0 | MA | 12 | | 0.156 | | |
| 10:0....g | 0.349 | | 0 | MA | 12 | | 0.108 | | |
| 12:0....g | 0.013 | | 0 | MA | 12 | | 0.004 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.009 | | 0 | MA | 12 | | 0.003 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.260 | | 0 | MA | 12 | | 0.081 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.122 | | 0 | MA | 12 | | 0.038 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.936 | | 0 | NC | 4 | | 0.600 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.004 | | 0 | MA | 12 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.921 | | 0 | MA | 12 | | 0.596 | | |
| 20:1....g | 0.011 | | 0 | MA | 12 | | 0.003 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.067 | | 0 | NC | 4 | | 0.331 | | |
| 18:2 undifferentiated....g | 0.975 | | 0 | MA | 12 | | 0.302 | | |
| 18:3 undifferentiated....g | 0.092 | | 0 | MA | 12 | | 0.029 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 2 | | 0 | ML | 5 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.0g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03819**
**Child formula, MEAD JOHNSON, PORTAGEN, with iron, powder, not reconstituted**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 3.00 | | 0 | MA | 12 | | 0.28 | | |
| Energy | kcal | 483 | | 0 | NC | 4 | | 45 | | |
| Energy | kJ | 2022 | | 0 | NC | 4 | | 190 | | |
| Protein | g | 16.50 | | 0 | MA | 12 | | 1.55 | | |
| Total lipid (fat) | g | 22.00 | | 0 | T | 4 | | 2.07 | | |
| Ash | g | 3.70 | | 0 | MA | 12 | | 0.35 | | |
| Carbohydrate, by difference | g | 54.80 | | 0 | NC | 4 | | 5.15 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 54.00 | | 0 | MA | 12 | | 5.08 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 440 | | 0 | MA | 12 | | 41 | | |
| Iron, Fe | mg | 8.80 | | 0 | MC | 9 | | 0.83 | | |
| Magnesium, Mg | mg | 98 | | 0 | MC | 9 | | 9 | | |
| Phosphorus, P | mg | 330 | | 0 | MA | 12 | | 31 | | |
| Potassium, K | mg | 590 | | 0 | MA | 12 | | 55 | | |
| Sodium, Na | mg | 260 | | 0 | MA | 12 | | 24 | | |
| Zinc, Zn | mg | 4.40 | | 0 | MA | 12 | | 0.41 | | |
| Copper, Cu | mg | 0.740 | | 0 | MA | 12 | | 0.070 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.0 | | 0 | MC | 9 | | 0.0 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 38.0 | | 0 | MA | 12 | | 3.6 | | |
| Thiamin | mg | 0.740 | | 0 | MA | 12 | | 0.070 | | |
| Riboflavin | mg | 0.880 | | 0 | MC | 9 | | 0.083 | | |
| Niacin | mg | 9.800 | | 0 | MC | 9 | | 0.921 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.980 | | 0 | MC | 9 | | 0.092 | | |
| Folate, total | µg | 74 | | 0 | MA | 12 | | 7 | | |
| Folic acid | µg | 74 | | 0 | MC | 9 | | 7 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 126 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 61.0 | | 0 | MC | 9 | | 5.7 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 2.90 | | 0 | MC | 9 | | 0.27 | | |
| Vitamin B-12, added | µg | 2.90 | | 0 | NR | 4 | | 0.27 | | |
| Vitamin A, RAE | mcg_RAE | 1110 | | 0 | MC | 9 | | 104 | | |
| Retinol | µg | 1110 | | 0 | MC | 9 | | 104 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 3700 | | 0 | MC | 9 | | 348 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 9.80 | | 0 | NR | 4 | | 0.92 | | |
| Vitamin E, added | mg | 9.80 | | 0 | NR | 4 | | 0.92 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 9.3 | | 0 | MC | 9 | | 0.9 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 370 | | 0 | MC | 9 | | 35 | | |
| Vitamin K (phylloquinone) | µg | 74.0 | | 0 | MA | 12 | | 7.0 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03819**

**Child formula, MEAD JOHNSON, PORTAGEN, with iron, powder, not reconstituted**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 19.186 | | 0 | NC | 4 | | 1.804 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.185 | | 0 | MC | 9 | | 0.017 | | |
| 8:0....g | 13.558 | | 0 | MC | 9 | | 1.274 | | |
| 10:0....g | 4.975 | | 0 | MC | 9 | | 0.468 | | |
| 12:0....g | 0.078 | | 0 | MC | 9 | | 0.007 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.322 | | 0 | MC | 9 | | 0.030 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.068 | | 0 | MC | 9 | | 0.006 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.683 | | 0 | NC | 4 | | 0.064 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.683 | | 0 | MC | 9 | | 0.064 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.609 | | 0 | NC | 4 | | 0.151 | | |
| 18:2 undifferentiated....g | 1.570 | | 0 | MC | 9 | | 0.148 | | |
| 18:3 undifferentiated....g | 0.039 | | 0 | MC | 9 | | 0.004 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | MA | 12 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 9.4g: 1 scoop

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03820**
**Child formula, MEAD JOHNSON, PORTAGEN, with iron, prepared from powder**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 82.86 | | 0 | MC | 9 | | 25.69 | | |
| Energy | kcal | 88 | | 0 | NC | 4 | | 27 | | |
| Energy | kJ | 368 | | 0 | NC | 4 | | 114 | | |
| Protein | g | 3.33 | | 0 | MC | 9 | | 1.03 | | |
| Total lipid (fat) | g | 4.48 | | 0 | MC | 9 | | 1.39 | | |
| Ash | g | 0.76 | | 0 | MC | 9 | | 0.24 | | |
| Carbohydrate, by difference | g | 8.57 | | 0 | NC | 4 | | 2.66 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 7.40 | | 0 | MC | 9 | | 2.29 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 88 | | 0 | MC | 9 | | 27 | | |
| Iron, Fe | mg | 1.75 | | 0 | MC | 9 | | 0.54 | | |
| Magnesium, Mg | mg | 19 | | 0 | MC | 9 | | 6 | | |
| Phosphorus, P | mg | 66 | | 0 | MC | 9 | | 20 | | |
| Potassium, K | mg | 118 | | 0 | MC | 9 | | 37 | | |
| Sodium, Na | mg | 52 | | 0 | MC | 9 | | 16 | | |
| Zinc, Zn | mg | 0.88 | | 0 | MC | 9 | | 0.27 | | |
| Copper, Cu | mg | 0.148 | | 0 | MC | 9 | | 0.046 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 0.0 | | 0 | MC | 9 | | 0.0 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 7.6 | | 0 | MC | 9 | | 2.4 | | |
| Thiamin | mg | 0.148 | | 0 | MC | 9 | | 0.046 | | |
| Riboflavin | mg | 0.176 | | 0 | MC | 9 | | 0.055 | | |
| Niacin | mg | 1.944 | | 0 | MC | 9 | | 0.603 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.194 | | 0 | NR | 4 | | 0.060 | | |
| Folate, total | µg | 15 | | 0 | MC | 9 | | 5 | | |
| Folic acid | µg | 15 | | 0 | MC | 9 | | 5 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 25 | | 0 | NC | 4 | | 8 | | |
| Choline, total | mg | 11.3 | | 0 | MC | 9 | | 3.5 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.57 | | 0 | MC | 9 | | 0.18 | | |
| Vitamin B-12, added | µg | 0.57 | | 0 | NR | 4 | | 0.18 | | |
| Vitamin A, RAE | mcg_RAE | 222 | | 0 | NC | 4 | | 69 | | |
| Retinol | µg | 222 | | 0 | MC | 9 | | 69 | | |
| Carotene, beta | µg | 0 | | 0 | MC | 9 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 740 | | 0 | NC | 4 | | 229 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 2.00 | | 0 | NR | 4 | | 0.62 | | |
| Vitamin E, added | mg | 2.00 | | 0 | NR | 4 | | 0.62 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.6 | | 0 | MC | 9 | | 0.5 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 65 | | 0 | MC | 9 | | 20 | | |
| Vitamin K (phylloquinone) | µg | 15.1 | | 0 | MC | 9 | | 4.7 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03820**

**Child formula, MEAD JOHNSON, PORTAGEN, with iron, prepared from powder**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 3.953 | | 0 | MA | 12 | | 1.225 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.037 | | 0 | MC | 9 | | 0.011 | | |
| 8:0....g | 2.778 | | 0 | MC | 9 | | 0.861 | | |
| 10:0....g | 1.029 | | 0 | MC | 9 | | 0.319 | | |
| 12:0....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.006 | | 0 | MA | 12 | | 0.002 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.065 | | 0 | MC | 9 | | 0.020 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.143 | | 0 | MC | 9 | | 0.044 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.143 | | 0 | MC | 9 | | 0.044 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.333 | | 0 | MC | 9 | | 0.103 | | |
| 18:2 undifferentiated....g | 0.324 | | 0 | MC | 9 | | 0.100 | | |
| 18:3 undifferentiated....g | 0.009 | | 0 | MC | 9 | | 0.003 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | MC | 9 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.0g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 43075**
**Fluid replacement, electrolyte solution (include PEDIALYTE)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 96.44 | | 0 | MA | 12 | | 241.09 | 30.09 | |
| Energy....kcal | 10 | | 0 | NC | 4 | | 25 | 3 | |
| Energy....kJ | 41 | | 0 | NC | 4 | | 103 | 13 | |
| Protein....g | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Total lipid (fat)....g | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Ash....g | 0.18 | | 0 | NR | 4 | | 0.45 | 0.06 | |
| Carbohydrate, by difference....g | 2.45 | | 0 | MC | 9 | | 6.13 | 0.76 | |
| Fiber, total dietary....g | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | |
| Sugars, total....g | 2.45 | | 0 | NR | 4 | | 6.13 | 0.76 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 10 | | 0 | | 1 | | 25 | 3 | |
| Iron, Fe....mg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | |
| Magnesium, Mg....mg | 1 | | 0 | | 4 | | 3 | 0 | |
| Phosphorus, P....mg | 10 | | 0 | | 1 | | 25 | 3 | |
| Potassium, K....mg | 77 | | 0 | MA | 12 | | 192 | 24 | |
| Sodium, Na....mg | 101 | | 0 | NR | 4 | | 254 | 32 | |
| Zinc, Zn....mg | 0.02 | | 0 | | 4 | | 0.05 | 0.01 | |
| Copper, Cu....mg | 0.010 | | 0 | | 4 | | 0.025 | 0.003 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 0.0 | | 0 | | 4 | | 0.0 | 0.0 | |
| Thiamin....mg | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Riboflavin....mg | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Niacin....mg | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Folate, total....µg | 0 | | 0 | | 4 | | 0 | 0 | |
| Folic acid....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, food....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, DFE....mcg_DFE | 0 | | 0 | NC | 4 | | 0 | 0 | |
| Choline, total....mg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 7 | | 0.00 | 0.00 | |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin A, RAE....mcg_RAE | 0 | | 0 | AS | 1 | | 0 | 0 | |
| Retinol....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin A, IU....IU | 0 | | 0 | AS | 1 | | 0 | 0 | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol)....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin K (phylloquinone)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 43075**
**Fluid replacement, electrolyte solution (include PEDIALYTE)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 8:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 10:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 12:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:1....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 18:2 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 18:3 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 4 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 250g: 1 cup (8 fl oz)

Measure 2 = 31.2g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03019**
**Gerber graduates Fruit Strips Real Fruit Bars**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 19.09 | | 0 | FLC | 4 | | 1.89 | | |
| Energy | kcal | 330 | | 0 | NC | 4 | | 33 | | |
| Energy | kJ | 1380 | | 0 | NC | 4 | | 137 | | |
| Protein | g | 0.82 | | 0 | FLC | 4 | | 0.08 | | |
| Total lipid (fat) | g | 2.24 | | 0 | FLC | 4 | | 0.22 | | |
| Ash | g | 1.24 | | 0 | FLC | 4 | | 0.12 | | |
| Carbohydrate, by difference | g | 76.61 | | 0 | NC | 4 | | 7.58 | | |
| Fiber, total dietary | g | 7.8 | | 0 | FLC | 4 | | 0.8 | | |
| Sugars, total | g | 68.65 | | 0 | FLC | 4 | | 6.80 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 18 | | 0 | FLC | 4 | | 2 | | |
| Iron, Fe | mg | 1.05 | | 0 | FLC | 4 | | 0.10 | | |
| Magnesium, Mg | mg | 9 | | 0 | FLC | 4 | | 1 | | |
| Phosphorus, P | mg | 23 | | 0 | FLC | 4 | | 2 | | |
| Potassium, K | mg | 312 | | 0 | FLC | 4 | | 31 | | |
| Sodium, Na | mg | 14 | | 0 | FLC | 4 | | 1 | | |
| Zinc, Zn | mg | 0.14 | | 0 | FLC | 4 | | 0.01 | | |
| Copper, Cu | mg | 0.242 | | 0 | FLC | 4 | | 0.024 | | |
| Manganese, Mn | mg | 0.700 | | 0 | FLC | 4 | | 0.069 | | |
| Selenium, Se | µg | 1.4 | | 0 | FLC | 4 | | 0.1 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 179.9 | | 0 | FLC | 4 | | 17.8 | | |
| Thiamin | mg | 0.041 | | 0 | FLC | 4 | | 0.004 | | |
| Riboflavin | mg | 0.046 | | 0 | FLC | 4 | | 0.005 | | |
| Niacin | mg | 0.334 | | 0 | FLC | 4 | | 0.033 | | |
| Pantothenic acid | mg | 0.142 | | 0 | FLC | 4 | | 0.014 | | |
| Vitamin B-6 | mg | 0.201 | | 0 | FLC | 4 | | 0.020 | | |
| Folate, total | µg | 1 | | 0 | FLC | 4 | | 0 | | |
| Folic acid | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Folate, food | µg | 1 | | 0 | FLC | 4 | | 0 | | |
| Folate, DFE | mcg_DFE | 1 | | 0 | NC | 4 | | 0 | | |
| Choline, total | mg | 14.5 | | 0 | FLC | 4 | | 1.4 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Vitamin B-12, added | µg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Vitamin A, RAE | mcg_RAE | 12 | | 0 | FLC | 4 | | 1 | | |
| Retinol | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Carotene, beta | µg | 102 | | 0 | FLC | 4 | | 10 | | |
| Carotene, alpha | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 76 | | 0 | FLC | 4 | | 8 | | |
| Vitamin A, IU | IU | 233 | | 0 | FLC | 4 | | 23 | | |
| Lycopene | µg | 0 | | 0 | FLC | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 81 | | 0 | FLC | 4 | | 8 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.96 | | 0 | FLC | 4 | | 0.10 | | |
| Vitamin E, added | mg | 0.00 | | 0 | FLC | 4 | | 0.00 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.0 | | 0 | FLC | 4 | | 0.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 0 | | 0 | FLC | 4 | | 0 | | |
| Vitamin K (phylloquinone) | µg | 2.5 | | 0 | FLC | 4 | | 0.2 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03019**
**Gerber graduates Fruit Strips Real Fruit Bars**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 0.361 | | 0 | FLC | 4 | | 0.036 | | |
| 4:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 8:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 10:0....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 12:0....g | 0.005 | | 0 | FLC | 4 | | 0.000 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.009 | | 0 | FLC | 4 | | 0.001 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.302 | | 0 | FLC | 4 | | 0.030 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.046 | | 0 | FLC | 4 | | 0.005 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.091 | | 0 | FLC | 4 | | 0.009 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.005 | | 0 | FLC | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.087 | | 0 | FLC | 4 | | 0.009 | | |
| 20:1....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.658 | | 0 | FLC | 4 | | 0.065 | | |
| 18:2 undifferentiated....g | 0.544 | | 0 | FLC | 4 | | 0.054 | | |
| 18:3 undifferentiated....g | 0.114 | | 0 | FLC | 4 | | 0.011 | | |
| 18:4....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLC | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | FLC | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Amino Acids:** | | | | | | | | | |
| Tryptophan....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Threonine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Isoleucine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Leucine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Lysine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Methionine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Cystine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Phenylalanine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Tyrosine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Valine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Arginine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Histidine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Alanine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Aspartic acid....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Glutamic acid....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Glycine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Proline....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Serine....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| Hydroxyproline....g | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | FLC | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | FLC | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | FLC | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based.

**NDB No. 03019**
**Gerber graduates Fruit Strips Real Fruit Bars**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |

Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**
Measure 1 = 9.9g: 1 bar

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03963**

**Infant Formula, MEAD JOHNSON, ENFAMIL GENTLEASE LIPIL, with iron, prepared from powder**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.40 | | 0 | NR | 4 | | | | |
| Energy | kcal | 63 | | 0 | NC | 4 | | | | |
| Energy | kJ | 264 | | 0 | NC | 4 | | | | |
| Protein (N x 1.36) | g | 1.52 | | 0 | MC | 9 | | | | |
| Total lipid (fat) | g | 3.50 | | 0 | MC | 9 | | | | |
| Ash | g | 0.19 | | 0 | NR | 4 | | | | |
| Carbohydrate, by difference | g | 6.39 | | 0 | NC | 4 | | | | |
| Fiber, total dietary | g | 0.0 | | 0 | MC | 9 | | | | |
| Sugars, total | g | 6.44 | | 0 | MC | 9 | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 53 | | 0 | MC | 9 | | | | |
| Iron, Fe | mg | 1.18 | | 0 | MC | 9 | | | | |
| Magnesium, Mg | mg | 5 | | 0 | MC | 9 | | | | |
| Phosphorus, P | mg | 30 | | 0 | MC | 9 | | | | |
| Potassium, K | mg | 71 | | 0 | MC | 9 | | | | |
| Sodium, Na | mg | 21 | | 0 | MC | 9 | | | | |
| Zinc, Zn | mg | 0.66 | | 0 | MC | 9 | | | | |
| Copper, Cu | mg | 0.050 | | 0 | MC | 9 | | | | |
| Manganese, Mn | mg | 0.010 | | 0 | MC | 9 | | | | |
| Selenium, Se | µg | 1.8 | | 0 | MC | 9 | | | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 7.9 | | 0 | MC | 9 | | | | |
| Thiamin | mg | 0.052 | | 0 | MC | 9 | | | | |
| Riboflavin | mg | 0.092 | | 0 | MC | 9 | | | | |
| Niacin | mg | 0.660 | | 0 | MC | 9 | | | | |
| Pantothenic acid | mg | 0.330 | | 0 | MC | 9 | | | | |
| Vitamin B-6 | mg | 0.039 | | 0 | MC | 9 | | | | |
| Folate, total | µg | 10 | | 0 | MC | 9 | | | | |
| Folic acid | µg | 10 | | 0 | MC | 9 | | | | |
| Folate, food | µg | 0 | | 0 | MC | 9 | | | | |
| Folate, DFE | mcg_DFE | 18 | | 0 | NC | 4 | | | | |
| Choline, total | mg | 15.7 | | 0 | MC | 9 | | | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.21 | | 0 | MC | 9 | | | | |
| Vitamin B-12, added | µg | 0.21 | | 0 | MC | 9 | | | | |
| Vitamin A, RAE | mcg_RAE | 0 | | 0 | NC | 4 | | | | |
| Retinol | µg | 0 | | 0 | NR | 4 | | | | |
| Carotene, beta | µg | 0 | | 0 | NR | 4 | | | | |
| Carotene, alpha | µg | 0 | | 0 | NR | 4 | | | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | NR | 4 | | | | |
| Vitamin A, IU | IU | 194 | | 0 | NR | 4 | | | | |
| Lycopene | µg | 0 | | 0 | NR | 4 | | | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | NR | 4 | | | | |
| Vitamin E (alpha-tocopherol) | mg | 0.63 | | 1 | MC | 9 | | | | |
| Vitamin E, added | mg | 0.63 | | 0 | NR | 4 | | | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.0 | | 0 | MC | 9 | | | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 40 | | 0 | MC | 9 | | | | |
| Vitamin K (phylloquinone) | µg | 5.2 | | 0 | MC | 9 | | | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03963**

**Infant Formula, MEAD JOHNSON, ENFAMIL GENTLEASE LIPIL, with iron, prepared from powder**

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated | g | 1.500 | | 0 | MC | 9 | | | | |
| 4:0 | g | 0.000 | | 0 | MC | 9 | | | | |
| 6:0 | g | 0.010 | | 0 | MC | 9 | | | | |
| 8:0 | g | 0.060 | | 0 | MC | 9 | | | | |
| 10:0 | g | 0.040 | | 0 | MC | 9 | | | | |
| 12:0 | g | 0.320 | | 0 | MC | 9 | | | | |
| 13:0 | g | | | | | | | | | |
| 14:0 | g | 0.140 | | 0 | MC | 9 | | | | |
| 15:0 | g | | | | | | | | | |
| 16:0 | g | 0.800 | | 0 | MC | 9 | | | | |
| 17:0 | g | | | | | | | | | |
| 18:0 | g | 0.140 | | 0 | MC | 9 | | | | |
| 20:0 | g | | | | | | | | | |
| 22:0 | g | | | | | | | | | |
| 24:0 | g | | | | | | | | | |
| Fatty acids, total monounsaturated | g | 1.300 | | 0 | MC | 9 | | | | |
| 14:1 | g | | | | | | | | | |
| 15:1 | g | | | | | | | | | |
| 16:1 undifferentiated | g | 0.010 | | 0 | MC | 9 | | | | |
| 17:1 | g | | | | | | | | | |
| 18:1 undifferentiated | g | 1.290 | | 0 | MC | 9 | | | | |
| 20:1 | g | 0.010 | | 0 | MC | 9 | | | | |
| 22:1 undifferentiated | g | 0.000 | | 0 | MC | 9 | | | | |
| 24:1 c | g | | | | | | | | | |
| Fatty acids, total polyunsaturated | g | 0.700 | | 0 | MC | 9 | | | | |
| 18:2 undifferentiated | g | 0.600 | | 0 | MC | 9 | | | | |
| 18:3 undifferentiated | g | 0.068 | | 0 | NR | 4 | | | | |
| 18:4 | g | 0.000 | | 0 | MC | 9 | | | | |
| 20:2 n-6 c,c | g | | | | | | | | | |
| 20:3 undifferentiated | g | | | | | | | | | |
| 20:4 undifferentiated | g | 0.020 | | 0 | MC | 9 | | | | |
| 20:5 n-3 (EPA) | g | 0.000 | | 0 | MC | 9 | | | | |
| 22:5 n-3 (DPA) | g | 0.000 | | 0 | MC | 9 | | | | |
| 22:6 n-3 (DHA) | g | 0.010 | | 0 | MC | 9 | | | | |
| Fatty acids, total trans | g | | | | | | | | | |
| Cholesterol | mg | 0 | | 0 | MC | 9 | | | | |
| Phytosterols | mg | | | | | | | | | |
| **Others:** | | | | | | | | | | |
| Alcohol, ethyl | g | 0.0 | | 0 | MC | 9 | | | | |
| Caffeine | mg | 0 | | 0 | MC | 9 | | | | |
| Theobromine | mg | 0 | | 0 | MC | 9 | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03955**

**Infant Formula, MEAD JOHNSON, ENFAMIL, ENFACARE LIPIL, ready-to-feed, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 86.00 | | 0 | MA | 12 | | 26.49 | | |
| Energy ... kcal | 71 | | 0 | NR | 4 | | 22 | | |
| Energy ... kJ | 297 | | 0 | NR | 4 | | 91 | | |
| Protein ... g | 2.00 | | 0 | MA | 12 | | 0.62 | | |
| Total lipid (fat) ... g | 3.80 | | 0 | MA | 12 | | 1.17 | | |
| Ash ... g | 0.80 | | 0 | NR | 4 | | 0.25 | | |
| Carbohydrate, by difference ... g | 7.40 | | 0 | MA | 12 | | 2.28 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total ... g | 7.40 | | 0 | NR | 4 | | 2.28 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 86 | | 0 | MA | 12 | | 26 | | |
| Iron, Fe ... mg | 1.28 | | 0 | MA | 12 | | 0.39 | | |
| Magnesium, Mg ... mg | 6 | | 0 | MA | 12 | | 2 | | |
| Phosphorus, P ... mg | 47 | | 0 | MA | 12 | | 14 | | |
| Potassium, K ... mg | 75 | | 0 | MA | 12 | | 23 | | |
| Sodium, Na ... mg | 25 | | 0 | MA | 12 | | 8 | | |
| Zinc, Zn ... mg | 0.88 | | 0 | MA | 12 | | 0.27 | | |
| Copper, Cu ... mg | 0.086 | | 0 | MA | 12 | | 0.026 | | |
| Manganese, Mn ... mg | 0.011 | | 0 | MA | 12 | | 0.003 | | |
| Selenium, Se ... µg | 2.0 | | 0 | MA | 12 | | 0.6 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 11.3 | | 0 | MA | 12 | | 3.5 | | |
| Thiamin ... mg | 0.141 | | 0 | MA | 12 | | 0.043 | | |
| Riboflavin ... mg | 0.141 | | 0 | MA | 12 | | 0.043 | | |
| Niacin ... mg | 1.423 | | 0 | MA | 12 | | 0.438 | | |
| Pantothenic acid ... mg | 0.605 | | 0 | MA | 12 | | 0.186 | | |
| Vitamin B-6 ... mg | 0.071 | | 0 | MA | 12 | | 0.022 | | |
| Folate, total ... µg | 19 | | 0 | MA | 12 | | 6 | | |
| Folic acid ... µg | 19 | | 0 | NR | 4 | | 6 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 31 | | 0 | NC | 4 | | 10 | | |
| Choline, total ... mg | 17.1 | | 0 | MA | 12 | | 5.3 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.21 | | 0 | MA | 12 | | 0.06 | | |
| Vitamin B-12, added ... µg | 0.21 | | 0 | NR | 4 | | 0.06 | | |
| Vitamin A, RAE ... mcg_RAE | 58 | | 0 | NC | 4 | | 18 | | |
| Retinol ... µg | 58 | | 0 | O | 4 | | 18 | | |
| Carotene, beta ... µg | 0 | | 0 | BFFN | 4 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | BFFN | 4 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | BFFN | 4 | | 0 | | |
| Vitamin A, IU ... IU | 193 | | 0 | NC | 4 | | 60 | | |
| Lycopene ... µg | 0 | | 0 | BFFN | 4 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | BFFN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 1.32 | | 0 | BFFN | 4 | | 0.41 | | |
| Vitamin E, added ... mg | 1.32 | | 0 | BFFN | 4 | | 0.41 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.4 | | 0 | MA | 12 | | 0.4 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 57 | | 0 | MA | 12 | | 18 | | |
| Vitamin K (phylloquinone) ... µg | 5.7 | | 0 | MA | 12 | | 1.8 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03955**

**Infant Formula, MEAD JOHNSON, ENFAMIL, ENFACARE LIPIL, ready-to-feed, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.578 | | 0 | BFFN | 4 | | 0.486 | | |
| 4:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 6:0....g | 0.010 | | 0 | BFFN | 4 | | 0.003 | | |
| 8:0....g | 0.585 | | 0 | BFFN | 4 | | 0.180 | | |
| 10:0....g | 0.240 | | 0 | BFFN | 4 | | 0.074 | | |
| 12:0....g | 0.270 | | 0 | BFFN | 4 | | 0.083 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.110 | | 0 | BFFN | 4 | | 0.034 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.228 | | 0 | BFFN | 4 | | 0.070 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.121 | | 0 | BFFN | 4 | | 0.037 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.330 | | 0 | BFFN | 4 | | 0.410 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.330 | | 0 | BFFN | 4 | | 0.410 | | |
| 20:1....g | 0.000 | | 0 | Z | 7 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | Z | 7 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.862 | | 0 | BFFN | 4 | | 0.266 | | |
| 18:2 undifferentiated....g | 0.673 | | 0 | MA | 12 | | 0.207 | | |
| 18:3 undifferentiated....g | 0.067 | | 0 | MA | 12 | | 0.021 | | |
| 18:4....g | 0.000 | | 0 | Z | 7 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.024 | | 0 | MA | 12 | | 0.007 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | Z | 7 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.012 | | 0 | MA | 12 | | 0.004 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | O | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFFN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFFN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.8g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03980**
**Infant Formula, MEAD JOHNSON, ENFAMIL, GENTLEASE, powder**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 2.60 | | 1 | MA | 12 | | 0.23 | | |
| Energy | kcal | 514 | | 0 | NC | 4 | | 45 | | |
| Energy | kJ | 2151 | | 0 | NC | 4 | | 187 | | |
| Protein (N x 6.38) | g | 11.80 | | 1 | MA | 12 | | 1.03 | | |
| Total lipid (fat) | g | 27.00 | | 1 | MA | 12 | | 2.35 | | |
| Ash | g | 2.60 | | 0 | FLC | 4 | | 0.23 | | |
| Carbohydrate, by difference | g | 56.00 | | 1 | MA | 12 | | 4.87 | | |
| Fiber, total dietary | g | 0.0 | | 0 | FLC | 4 | | 0.0 | | |
| Sugars, total | g | 56.00 | | 0 | NR | 4 | | 4.87 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 420 | | 1 | MA | 12 | | 37 | | |
| Iron, Fe | mg | 9.30 | | 1 | MA | 12 | | 0.81 | | |
| Magnesium, Mg | mg | 41 | | 1 | MA | 12 | | 4 | | |
| Phosphorus, P | mg | 240 | | 1 | MA | 12 | | 21 | | |
| Potassium, K | mg | 560 | | 1 | MA | 12 | | 49 | | |
| Sodium, Na | mg | 185 | | 1 | MA | 12 | | 16 | | |
| Zinc, Zn | mg | 5.10 | | 1 | MA | 12 | | 0.44 | | |
| Copper, Cu | mg | 0.390 | | 1 | MA | 12 | | 0.034 | | |
| Manganese, Mn | mg | 0.077 | | 1 | MA | 12 | | 0.007 | | |
| Selenium, Se | µg | 14.4 | | 1 | MA | 12 | | 1.3 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 62.0 | | 1 | MA | 12 | | 5.4 | | |
| Thiamin | mg | 0.410 | | 1 | MA | 12 | | 0.036 | | |
| Riboflavin | mg | 0.720 | | 1 | MA | 12 | | 0.063 | | |
| Niacin | mg | 5.100 | | 1 | MA | 12 | | 0.444 | | |
| Pantothenic acid | mg | 2.600 | | 1 | MA | 12 | | 0.226 | | |
| Vitamin B-6 | mg | 0.310 | | 1 | MA | 12 | | 0.027 | | |
| Folate, total | µg | 82 | | 1 | MA | 12 | | 7 | | |
| Folic acid | µg | 82 | | 0 | NR | 4 | | 7 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 139 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 123.0 | | 1 | MA | 12 | | 10.7 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.54 | | 1 | MA | 12 | | 0.13 | | |
| Vitamin B-12, added | µg | 1.54 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 0 | | 0 | NC | 4 | | 0 | | |
| Retinol | µg | 0 | | 0 | BFFN | 4 | | 0 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1540 | | 1 | MA | 12 | | 134 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 4.64 | | 1 | MA | 12 | | 0.40 | | |
| Vitamin E, added | mg | 4.64 | | 0 | NR | 4 | | 0.40 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.8 | | 0 | NR | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 310 | | 1 | MA | 12 | | 27 | | |
| Vitamin K (phylloquinone) | µg | 46.0 | | 1 | MA | 12 | | 4.0 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03980**
**Infant Formula, MEAD JOHNSON, ENFAMIL, GENTLEASE, powder**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 11.649 | | 0 | NC | 4 | | 1.013 | | |
| 4:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 6:0....g | 0.077 | | 0 | BFFN | 4 | | 0.007 | | |
| 8:0....g | 0.463 | | 0 | BFFN | 4 | | 0.040 | | |
| 10:0....g | 0.309 | | 0 | BFFN | 4 | | 0.027 | | |
| 12:0....g | 2.469 | | 0 | BFFN | 4 | | 0.215 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.080 | | 0 | BFFN | 4 | | 0.094 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 6.171 | | 0 | BFFN | 4 | | 0.537 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.080 | | 0 | BFFN | 4 | | 0.094 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.108 | | 0 | NC | 4 | | 0.879 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.079 | | 0 | BFFN | 4 | | 0.007 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 9.951 | | 0 | BFFN | 4 | | 0.866 | | |
| 20:1....g | 0.077 | | 0 | BFFN | 4 | | 0.007 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 5.071 | | 0 | NC | 4 | | 0.441 | | |
| 18:2 undifferentiated....g | 4.400 | | 1 | MA | 12 | | 0.383 | | |
| 18:3 undifferentiated....g | 0.410 | | 1 | MA | 12 | | 0.036 | | |
| 18:4....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.175 | | 1 | MA | 12 | | 0.015 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.086 | | 1 | MA | 12 | | 0.007 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.7g: 1 scoop

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03957**

**Infant formula, ABBOTT NUTRITION, ALIMENTUM ADVANCE, with iron, powder, not reconstituted, with DHA and ARA (formerly ROSS) (1 )**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 1.50 | | 0 | BFSN | 4 | | 0.13 | | |
| Energy....kcal | 517 | | 1 | NC | 4 | | 45 | | |
| Energy....kJ | 2165 | | 0 | NC | 4 | | 188 | | |
| Protein (N x 13.994)....g | 13.99 | | 1 | BFSN | 4 | | 1.22 | | |
| Total lipid (fat)....g | 28.19 | | 1 | BFSN | 4 | | 2.45 | | |
| Ash....g | 4.41 | | 1 | BFSN | 4 | | 0.38 | | |
| Carbohydrate, by difference....g | 51.91 | | 1 | BFSN | 4 | | 4.52 | | |
| Fiber, total dietary....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total....g | 34.18 | | 0 | BFSN | 4 | | 2.97 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 534 | | 1 | BFSN | 4 | | 46 | | |
| Iron, Fe....mg | 9.16 | | 0 | BFSN | 4 | | 0.80 | | |
| Magnesium, Mg....mg | 38 | | 0 | BFSN | 4 | | 3 | | |
| Phosphorus, P....mg | 382 | | 0 | BFSN | 4 | | 33 | | |
| Potassium, K....mg | 598 | | 0 | BFSN | 4 | | 52 | | |
| Sodium, Na....mg | 224 | | 0 | BFSN | 4 | | 19 | | |
| Zinc, Zn....mg | 3.82 | | 0 | BFSN | 4 | | 0.33 | | |
| Copper, Cu....mg | 0.382 | | 0 | BFSN | 4 | | 0.033 | | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 9.3 | | 0 | BFSN | 4 | | 0.8 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 45.8 | | 1 | BFSN | 4 | | 4.0 | | |
| Thiamin....mg | 0.305 | | 1 | BFSN | 4 | | 0.027 | | |
| Riboflavin....mg | 0.458 | | 1 | BFSN | 4 | | 0.040 | | |
| Niacin....mg | 6.870 | | 1 | BFSN | 4 | | 0.598 | | |
| Pantothenic acid....mg | 3.817 | | 1 | BFSN | 4 | | 0.332 | | |
| Vitamin B-6....mg | 0.305 | | 1 | BFSN | 4 | | 0.027 | | |
| Folate, total....µg | 76 | | 1 | BFSN | 4 | | 7 | | |
| Folic acid....µg | 76 | | 0 | BFSN | 4 | | 7 | | |
| Folate, food....µg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Folate, DFE....mcg_DFE | 130 | | 0 | NC | 4 | | 11 | | |
| Choline, total....mg | 40.7 | | 1 | BFSN | 4 | | 3.5 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 2.29 | | 1 | BFSN | 4 | | 0.20 | | |
| Vitamin B-12, added....µg | 2.29 | | 0 | NR | 4 | | 0.20 | | |
| Vitamin A, RAE....mcg_RAE | 458 | | 0 | NC | 4 | | 40 | | |
| Retinol....µg | 458 | | 0 | BFFN | 4 | | 40 | | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU....IU | 1528 | | 0 | NC | 4 | | 133 | | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 10.24 | | 0 | BFFN | 4 | | 0.89 | | |
| Vitamin E, added....mg | 10.24 | | 0 | BFFN | 4 | | 0.89 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 5.7 | | 0 | NR | 4 | | 0.5 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 229 | | 0 | BFSN | 4 | | 20 | | |
| Vitamin K (phylloquinone)....µg | 76.3 | | 0 | BFFN | 4 | | 6.6 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

**NDB No. 03957**

**Infant formula, ABBOTT NUTRITION, ALIMENTUM ADVANCE, with iron, powder, not reconstituted, with DHA and ARA (formerly ROSS) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 14.282 | | 0 | NC | 4 | | 1.243 | | |
| 4:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 8:0....g | 7.231 | | 0 | BFFN | 4 | | 0.629 | | |
| 10:0....g | 5.351 | | 0 | BFFN | 4 | | 0.466 | | |
| 12:0....g | 0.179 | | 0 | BFFN | 4 | | 0.016 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.054 | | 0 | BFFN | 4 | | 0.005 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.064 | | 0 | BFFN | 4 | | 0.093 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.404 | | 0 | BFFN | 4 | | 0.035 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.276 | | 0 | NC | 4 | | 0.198 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.023 | | 0 | BFFN | 4 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.229 | | 0 | BFFN | 4 | | 0.194 | | |
| 20:1....g | 0.023 | | 0 | BFFN | 4 | | 0.002 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 8.877 | | 0 | NC | 4 | | 0.772 | | |
| 18:2 undifferentiated....g | 8.194 | | 0 | BFFN | 4 | | 0.713 | | |
| 18:3 undifferentiated....g | 0.458 | | 0 | BFFN | 4 | | 0.040 | | |
| 18:4....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.140 | | 0 | BFFN | 4 | | 0.012 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.085 | | 0 | BFFN | 4 | | 0.007 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 8 | | 0 | BFFN | 4 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | NR | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.7g: 1 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03839**

**Infant formula, ABBOTT NUTRITION, SIMILAC NATURAL CARE, ADVANCE, ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 85.07 | | 0 | T | 4 | | 25.95 | | |
| Energy | kcal | 78 | | 0 | NC | 4 | | 24 | | |
| Energy | kJ | 326 | | 0 | NC | 4 | | 99 | | |
| Protein | g | 2.12 | | 0 | MC | 9 | | 0.65 | | |
| Total lipid (fat) | g | 4.24 | | 0 | T | 4 | | 1.29 | | |
| Ash | g | 0.75 | | 0 | MC | 9 | | 0.23 | | |
| Carbohydrate, by difference | g | 8.20 | | 0 | MC | 9 | | 2.50 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 8.20 | | 0 | MC | 9 | | 2.50 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 8.20 | | 0 | T | 4 | | 2.50 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 163 | | 0 | ML | 5 | | 50 | | |
| Iron, Fe | mg | 0.29 | | 0 | ML | 5 | | 0.09 | | |
| Magnesium, Mg | mg | 9 | | 0 | ML | 5 | | 3 | | |
| Phosphorus, P | mg | 91 | | 0 | T | 4 | | 28 | | |
| Potassium, K | mg | 101 | | 0 | T | 4 | | 31 | | |
| Sodium, Na | mg | 34 | | 0 | T | 4 | | 10 | | |
| Zinc, Zn | mg | 1.17 | | 0 | T | 4 | | 0.36 | | |
| Copper, Cu | mg | 0.195 | | 0 | T | 4 | | 0.059 | | |
| Manganese, Mn | mg | 0.009 | | 1 | MA | 12 | | 0.003 | | |
| Selenium, Se | µg | 1.4 | | 0 | ML | 5 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 28.9 | | 0 | T | 4 | | 8.8 | | |
| Thiamin | mg | 0.195 | | 0 | T | 4 | | 0.059 | | |
| Riboflavin | mg | 0.484 | | 0 | T | 4 | | 0.148 | | |
| Niacin | mg | 3.902 | | 0 | T | 4 | | 1.190 | | |
| Pantothenic acid | mg | 1.483 | | 0 | T | 4 | | 0.452 | | |
| Vitamin B-6 | mg | 0.195 | | 0 | T | 4 | | 0.059 | | |
| Folate, total | µg | 29 | | 0 | ML | 5 | | 9 | | |
| Folic acid | µg | 29 | | 0 | T | 4 | | 9 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 49 | | 0 | NC | 4 | | 15 | | |
| Choline, total | mg | 6.0 | | 0 | MC | 9 | | 1.8 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.43 | | 0 | ML | 5 | | 0.13 | | |
| Vitamin B-12, added | µg | 0.43 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 292 | | 0 | NC | 4 | | 89 | | |
| Retinol | µg | 292 | | 0 | T | 4 | | 89 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 973 | | 0 | NC | 4 | | 297 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 2.09 | | 0 | MC | 9 | | 0.64 | | |
| Vitamin E, added (1) | mg | 2.09 | | 0 | NR | 4 | | 0.64 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 2.9 | | 0 | T | 4 | | 0.9 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03839**

**Infant formula, ABBOTT NUTRITION, SIMILAC NATURAL CARE, ADVANCE, ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 117 | | 0 | T | 4 | | 36 | | |
| Vitamin K (phylloquinone)....µg | 9.4 | | 0 | T | 4 | | 2.9 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 2.544 | | 0 | MA | 12 | | 0.776 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.013 | | 0 | MA | 12 | | 0.004 | | |
| 8:0....g | 1.080 | | 0 | MA | 12 | | 0.329 | | |
| 10:0....g | 0.599 | | 0 | MA | 12 | | 0.183 | | |
| 12:0....g | 0.346 | | 0 | MA | 12 | | 0.106 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.150 | | 0 | MA | 12 | | 0.046 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.241 | | 0 | MA | 12 | | 0.074 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.114 | | 0 | MA | 12 | | 0.035 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.402 | | 0 | MA | 12 | | 0.123 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.402 | | 0 | MA | 12 | | 0.123 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.842 | | 0 | MA | 12 | | 0.257 | | |
| 18:2 undifferentiated....g | 0.758 | | 0 | MA | 12 | | 0.231 | | |
| 18:3 undifferentiated....g | 0.084 | | 0 | MA | 12 | | 0.026 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.018 | | 0 | MA | 12 | | 0.005 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.011 | | 0 | MA | 12 | | 0.003 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 2 | | 0 | MA | 12 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Footnotes:**

1 Added vitamin E is RRR alpha tocopherol

2 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**NDB No. 03839**

**Infant formula, ABBOTT NUTRITION, SIMILAC NATURAL CARE, ADVANCE, ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03944**

**Infant formula, ABBOTT NUTRITION, SIMILAC NEOSURE, ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 87.00 | | 0 | NR | 4 | | 26.54 | | |
| Energy ... kcal | 69 | | 0 | NC | 4 | | 21 | | |
| Energy ... kJ | 290 | | 0 | NC | 4 | | 88 | | |
| Protein ... g | 1.92 | | 0 | MC | 9 | | 0.58 | | |
| Total lipid (fat) ... g | 3.77 | | 0 | MC | 9 | | 1.15 | | |
| Ash ... g | 0.38 | | 0 | NR | 4 | | 0.12 | | |
| Carbohydrate, by difference ... g | 6.94 | | 0 | NC | 4 | | 2.12 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total ... g | 6.90 | | 0 | NR | 4 | | 2.10 | | |
| Sucrose ... g | | | | | | | | | |
| Glucose (dextrose) ... g | | | | | | | | | |
| Fructose ... g | | | | | | | | | |
| Lactose ... g | 6.90 | | 0 | NR | 4 | | 2.10 | | |
| Maltose ... g | | | | | | | | | |
| Galactose ... g | | | | | | | | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 72 | | 0 | MC | 9 | | 22 | | |
| Iron, Fe ... mg | 1.23 | | 0 | MC | 9 | | 0.38 | | |
| Magnesium, Mg ... mg | 6 | | 0 | MC | 9 | | 2 | | |
| Phosphorus, P ... mg | 42 | | 0 | MC | 9 | | 13 | | |
| Potassium, K ... mg | 97 | | 0 | MC | 9 | | 30 | | |
| Sodium, Na ... mg | 23 | | 0 | MC | 9 | | 7 | | |
| Zinc, Zn ... mg | 0.82 | | 0 | MC | 9 | | 0.25 | | |
| Copper, Cu ... mg | 0.082 | | 0 | MC | 9 | | 0.025 | | |
| Manganese, Mn ... mg | 0.006 | | 0 | MC | 9 | | 0.002 | | |
| Selenium, Se ... µg | 1.6 | | 0 | MC | 9 | | 0.5 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 10.3 | | 0 | NR | 4 | | 3.1 | | |
| Thiamin ... mg | 0.151 | | 0 | MC | 9 | | 0.046 | | |
| Riboflavin ... mg | 0.102 | | 0 | MC | 9 | | 0.031 | | |
| Niacin ... mg | 1.336 | | 0 | MC | 9 | | 0.407 | | |
| Pantothenic acid ... mg | 0.548 | | 0 | MC | 9 | | 0.167 | | |
| Vitamin B-6 ... mg | 0.068 | | 0 | MC | 9 | | 0.021 | | |
| Folate, total ... µg | 17 | | 0 | MC | 9 | | 5 | | |
| Folic acid ... µg | 17 | | 0 | MC | 9 | | 5 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 29 | | 0 | NC | 4 | | 9 | | |
| Choline, total ... mg | 11.0 | | 0 | MC | 9 | | 3.3 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.27 | | 0 | MC | 9 | | 0.08 | | |
| Vitamin B-12, added ... µg | 0.27 | | 0 | MC | 9 | | 0.08 | | |
| Vitamin A, RAE ... mcg_RAE | 94 | | 0 | NC | 4 | | 29 | | |
| Retinol ... µg | 94 | | 0 | NR | 4 | | 29 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 315 | | 0 | NR | 4 | | 96 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 1.11 | | 0 | NR | 4 | | 0.34 | | |
| Vitamin E, added ... mg | 1.11 | | 0 | NR | 4 | | 0.34 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.2 | | 0 | MC | 9 | | 0.4 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |

**NDB No. 03944**

**Infant formula, ABBOTT NUTRITION, SIMILAC NEOSURE, ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol).....µg | | | | | | | | | |
| Vitamin D.....IU | 48 | | 0 | MC | 9 | | 15 | | |
| Vitamin K (phylloquinone).....µg | 7.5 | | 0 | MC | 9 | | 2.3 | | |
| Dihydrophylloquinone.....µg | | | | | | | | | |
| Menaquinone-4.....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated.....g | 2.447 | | 0 | NC | 4 | | 0.746 | | |
| 4:0.....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0.....g | 0.013 | | 0 | MA | 12 | | 0.004 | | |
| 8:0.....g | 1.039 | | 0 | MA | 12 | | 0.317 | | |
| 10:0.....g | 0.576 | | 0 | MA | 12 | | 0.176 | | |
| 12:0.....g | 0.333 | | 0 | MA | 12 | | 0.102 | | |
| 13:0.....g | | | | | | | | | |
| 14:0.....g | 0.144 | | 0 | MA | 12 | | 0.044 | | |
| 15:0.....g | | | | | | | | | |
| 16:0.....g | 0.232 | | 0 | MA | 12 | | 0.071 | | |
| 17:0.....g | | | | | | | | | |
| 18:0.....g | 0.110 | | 0 | MA | 12 | | 0.033 | | |
| 20:0.....g | | | | | | | | | |
| 22:0.....g | | | | | | | | | |
| 24:0.....g | | | | | | | | | |
| Fatty acids, total monounsaturated.....g | 0.387 | | 0 | NC | 4 | | 0.118 | | |
| 14:1.....g | | | | | | | | | |
| 15:1.....g | | | | | | | | | |
| 16:1 undifferentiated.....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 17:1.....g | | | | | | | | | |
| 18:1 undifferentiated.....g | 0.387 | | 0 | MA | 12 | | 0.118 | | |
| 20:1.....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated.....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c.....g | | | | | | | | | |
| Fatty acids, total polyunsaturated.....g | 0.844 | | 0 | NC | 4 | | 0.257 | | |
| 18:2 undifferentiated.....g | 0.729 | | 0 | MA | 12 | | 0.222 | | |
| 18:3 undifferentiated.....g | 0.081 | | 0 | MA | 12 | | 0.025 | | |
| 18:4.....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c.....g | | | | | | | | | |
| 20:3 undifferentiated.....g | | | | | | | | | |
| 20:4 undifferentiated.....g | 0.022 | | 0 | MC | 9 | | 0.007 | | |
| 20:5 n-3 (EPA).....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA).....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA).....g | 0.012 | | 0 | MC | 9 | | 0.004 | | |
| Fatty acids, total trans.....g | | | | | | | | | |
| Cholesterol.....mg | 2 | | 0 | MA | 12 | | 1 | | |
| Phytosterols.....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine.....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine.....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03944**

**Infant formula, ABBOTT NUTRITION, SIMILAC NEOSURE, ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03951**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, liquid concentrate, not reconstituted (formerly ROSS) (1 )**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 76.16 | | 0 | T | 4 | | 23.91 | | |
| Energy | kcal | 127 | | 0 | NC | 4 | | 40 | | |
| Energy | kJ | 530 | | 0 | NC | 4 | | 166 | | |
| Protein | g | 2.64 | | 0 | T | 4 | | 0.83 | | |
| Total lipid (fat) | g | 6.89 | | 0 | T | 4 | | 2.16 | | |
| Ash | g | 0.79 | | 0 | MC | 9 | | 0.25 | | |
| Carbohydrate, by difference | g | 13.52 | | 0 | NC | 4 | | 4.25 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 13.52 | | 0 | NR | 4 | | 4.25 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 13.52 | | 0 | NR | 4 | | 4.25 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 99 | | 0 | ML | 5 | | 31 | | |
| Iron, Fe | mg | 2.30 | | 0 | T | 4 | | 0.72 | | |
| Magnesium, Mg | mg | 8 | | 0 | ML | 5 | | 3 | | |
| Phosphorus, P | mg | 54 | | 0 | T | 4 | | 17 | | |
| Potassium, K | mg | 134 | | 0 | ML | 5 | | 42 | | |
| Sodium, Na | mg | 31 | | 0 | ML | 5 | | 10 | | |
| Zinc, Zn | mg | 0.96 | | 0 | ML | 5 | | 0.30 | | |
| Copper, Cu | mg | 0.115 | | 0 | ML | 5 | | 0.036 | | |
| Manganese, Mn | mg | 0.006 | | 0 | ML | 5 | | 0.002 | | |
| Selenium, Se | µg | 2.8 | | 0 | ML | 5 | | 0.9 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 11.5 | | 0 | ML | 5 | | 3.6 | | |
| Thiamin | mg | 0.127 | | 0 | ML | 5 | | 0.040 | | |
| Riboflavin | mg | 0.191 | | 0 | ML | 5 | | 0.060 | | |
| Niacin | mg | 1.339 | | 0 | T | 4 | | 0.420 | | |
| Pantothenic acid | mg | 0.574 | | 0 | MC | 9 | | 0.180 | | |
| Vitamin B-6 | mg | 0.076 | | 0 | ML | 5 | | 0.024 | | |
| Folate, total | µg | 19 | | 0 | ML | 5 | | 6 | | |
| Folic acid | µg | 19 | | 0 | T | 4 | | 6 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 33 | | 0 | NC | 4 | | 10 | | |
| Choline, total | mg | 15.6 | | 0 | MC | 9 | | 4.9 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.32 | | 0 | ML | 5 | | 0.10 | | |
| Vitamin B-12, added | µg | 0.32 | | 0 | NR | 4 | | 0.10 | | |
| Vitamin A, RAE | mcg_RAE | 114 | | 0 | NC | 4 | | 36 | | |
| Retinol | µg | 114 | | 0 | T | 4 | | 36 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 382 | | 0 | MC | 9 | | 120 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 1.28 | | 0 | NR | 4 | | 0.40 | | |
| Vitamin E, added | mg | 1.28 | | 0 | NR | 4 | | 0.40 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.9 | | 0 | T | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03951**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, liquid concentrate, not reconstituted (formerly ROSS) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 76 | | 0 | T | 4 | | 24 | | |
| Vitamin K (phylloquinone)....µg | 10.2 | | 0 | T | 4 | | 3.2 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 2.401 | | 0 | MA | 12 | | 0.754 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.014 | | 0 | MA | 12 | | 0.004 | | |
| 8:0....g | 0.214 | | 0 | MA | 12 | | 0.067 | | |
| 10:0....g | 0.152 | | 0 | MA | 12 | | 0.048 | | |
| 12:0....g | 0.943 | | 0 | MA | 12 | | 0.296 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.355 | | 0 | MA | 12 | | 0.111 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.500 | | 0 | MA | 12 | | 0.157 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.223 | | 0 | MA | 12 | | 0.070 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.551 | | 0 | MA | 12 | | 0.801 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.005 | | 0 | MA | 12 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.533 | | 0 | MA | 12 | | 0.795 | | |
| 20:1....g | 0.013 | | 0 | MA | 12 | | 0.004 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.555 | | 0 | MA | 12 | | 0.488 | | |
| 18:2 undifferentiated....g | 1.405 | | 0 | MA | 12 | | 0.441 | | |
| 18:3 undifferentiated....g | 0.150 | | 0 | MA | 12 | | 0.047 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.046 | | 0 | NR | 4 | | 0.014 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.023 | | 0 | NR | 4 | | 0.007 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 3 | | 0 | ML | 5 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.4g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03951**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, liquid concentrate, not reconstituted (formerly ROSS) (1 )**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03950**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, powder, not reconstituted (formerly ROSS) (1 )**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 2.25 | | 0 | MA | 12 | | 0.19 | | |
| Energy | kcal | 522 | | 0 | NC | 4 | | 44 | | |
| Energy | kJ | 2185 | | 0 | NC | 4 | | 186 | | |
| Protein | g | 10.89 | | 0 | MA | 12 | | 0.93 | | |
| Total lipid (fat) | g | 28.87 | | 0 | MA | 12 | | 2.45 | | |
| Ash | g | 3.26 | | 0 | MA | 12 | | 0.28 | | |
| Carbohydrate, by difference | g | 54.73 | | 0 | NC | 4 | | 4.65 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 54.73 | | 0 | NR | 4 | | 4.65 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 55.53 | | 0 | T | 4 | | 4.72 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 410 | | 0 | T | 4 | | 35 | | |
| Iron, Fe | mg | 9.47 | | 0 | T | 4 | | 0.80 | | |
| Magnesium, Mg | mg | 32 | | 0 | T | 4 | | 3 | | |
| Phosphorus, P | mg | 221 | | 0 | T | 4 | | 19 | | |
| Potassium, K | mg | 552 | | 0 | T | 4 | | 47 | | |
| Sodium, Na | mg | 126 | | 0 | ML | 5 | | 11 | | |
| Zinc, Zn | mg | 3.94 | | 0 | T | 4 | | 0.33 | | |
| Copper, Cu | mg | 0.473 | | 0 | T | 4 | | 0.040 | | |
| Manganese, Mn | mg | 0.026 | | 0 | ML | 5 | | 0.002 | | |
| Selenium, Se | µg | 11.6 | | 0 | T | 4 | | 1.0 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 47.3 | | 0 | T | 4 | | 4.0 | | |
| Thiamin | mg | 0.526 | | 0 | T | 4 | | 0.045 | | |
| Riboflavin | mg | 0.789 | | 0 | T | 4 | | 0.067 | | |
| Niacin | mg | 5.522 | | 0 | T | 4 | | 0.469 | | |
| Pantothenic acid | mg | 2.367 | | 0 | T | 4 | | 0.201 | | |
| Vitamin B-6 | mg | 0.316 | | 0 | T | 4 | | 0.027 | | |
| Folate, total | µg | 79 | | 0 | ML | 5 | | 7 | | |
| Folic acid | µg | 79 | | 0 | T | 4 | | 7 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 134 | | 0 | NC | 4 | | 11 | | |
| Choline, total | mg | 64.0 | | 0 | MC | 9 | | 5.4 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.32 | | 0 | T | 4 | | 0.11 | | |
| Vitamin B-12, added | µg | 1.32 | | 0 | NR | 4 | | 0.11 | | |
| Vitamin A, RAE | mcg_RAE | 473 | | 0 | NC | 4 | | 40 | | |
| Retinol | µg | 473 | | 0 | T | 4 | | 40 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | T | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1578 | | 0 | MC | 9 | | 134 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 5.29 | | 0 | MC | 9 | | 0.45 | | |
| Vitamin E, added | mg | 5.29 | | 0 | NR | 4 | | 0.45 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.9 | | 0 | T | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03950**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, powder, not reconstituted (formerly ROSS) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 316 | | 0 | T | 4 | | 27 | | |
| Vitamin K (phylloquinone)....µg | 42.1 | | 0 | T | 4 | | 3.6 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 9.873 | | 0 | MA | 12 | | 0.839 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.059 | | 0 | MA | 12 | | 0.005 | | |
| 8:0....g | 0.879 | | 0 | MA | 12 | | 0.075 | | |
| 10:0....g | 0.626 | | 0 | MA | 12 | | 0.053 | | |
| 12:0....g | 3.876 | | 0 | MA | 12 | | 0.329 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.459 | | 0 | MA | 12 | | 0.124 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 2.056 | | 0 | MA | 12 | | 0.175 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.916 | | 0 | MA | 12 | | 0.078 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.491 | | 0 | MA | 12 | | 0.892 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.019 | | 0 | MA | 12 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.419 | | 0 | MA | 12 | | 0.886 | | |
| 20:1....g | 0.054 | | 0 | MA | 12 | | 0.005 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 6.396 | | 0 | MA | 12 | | 0.544 | | |
| 18:2 undifferentiated....g | 5.778 | | 0 | MA | 12 | | 0.491 | | |
| 18:3 undifferentiated....g | 0.618 | | 0 | MA | 12 | | 0.053 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.187 | | 0 | NR | 4 | | 0.016 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.096 | | 0 | NR | 4 | | 0.008 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 14 | | 0 | ML | 5 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.5g: 1 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03950**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, powder, not reconstituted (formerly ROSS) (1 )**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03949**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, ready-to-feed (formerly ROSS) (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 87.79 | | 0 | MA | 12 | | 26.69 | | |
| Energy ... kcal | 66 | | 0 | NC | 4 | | 20 | | |
| Energy ... kJ | 275 | | 0 | NC | 4 | | 84 | | |
| Protein ... g | 1.36 | | 1 | MA | 12 | | 0.41 | | |
| Total lipid (fat) ... g | 3.70 | | 0 | MC | 9 | | 1.12 | | |
| Ash ... g | 0.38 | | 1 | MA | 12 | | 0.12 | | |
| Carbohydrate, by difference ... g | 6.77 | | 0 | NC | 4 | | 2.06 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total ... g | 6.90 | | 0 | NR | 4 | | 2.10 | | |
| Sucrose ... g | | | | | | | | | |
| Glucose (dextrose) ... g | | | | | | | | | |
| Fructose ... g | | | | | | | | | |
| Lactose ... g | 6.90 | | 0 | NR | 4 | | 2.10 | | |
| Maltose ... g | | | | | | | | | |
| Galactose ... g | | | | | | | | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 53 | | 0 | MC | 9 | | 16 | | |
| Iron, Fe ... mg | 1.18 | | 1 | MA | 12 | | 0.36 | | |
| Magnesium, Mg ... mg | 4 | | 1 | MA | 12 | | 1 | | |
| Phosphorus, P ... mg | 28 | | 1 | MA | 12 | | 9 | | |
| Potassium, K ... mg | 69 | | 1 | MA | 12 | | 21 | | |
| Sodium, Na ... mg | 16 | | 1 | MA | 12 | | 5 | | |
| Zinc, Zn ... mg | 0.49 | | 1 | MA | 12 | | 0.15 | | |
| Copper, Cu ... mg | 0.059 | | 1 | MA | 12 | | 0.018 | | |
| Manganese, Mn ... mg | 0.003 | | 0 | ML | 5 | | 0.001 | | |
| Selenium, Se ... µg | 1.2 | | 0 | T | 4 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 5.9 | | 1 | MA | 12 | | 1.8 | | |
| Thiamin ... mg | 0.066 | | 1 | MA | 12 | | 0.020 | | |
| Riboflavin ... mg | 0.099 | | 0 | T | 4 | | 0.030 | | |
| Niacin ... mg | 0.690 | | 0 | T | 4 | | 0.210 | | |
| Pantothenic acid ... mg | 0.296 | | 0 | T | 4 | | 0.090 | | |
| Vitamin B-6 ... mg | 0.039 | | 1 | MA | 12 | | 0.012 | | |
| Folate, total ... µg | 10 | | 1 | MA | 12 | | 3 | | |
| Folic acid ... µg | 10 | | 0 | T | 4 | | 3 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total ... mg | 8.0 | | 0 | MC | 9 | | 2.4 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.16 | | 1 | MA | 12 | | 0.05 | | |
| Vitamin B-12, added ... µg | 0.16 | | 0 | NR | 4 | | 0.05 | | |
| Vitamin A, RAE ... mcg_RAE | 59 | | 0 | NC | 4 | | 18 | | |
| Retinol ... µg | 59 | | 0 | T | 4 | | 18 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 197 | | 0 | NC | 4 | | 60 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 1.32 | | 0 | T | 4 | | 0.40 | | |
| Vitamin E, added ... mg | 1.32 | | 0 | NR | 4 | | 0.40 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.0 | | 0 | T | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |

**NDB No. 03949**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, ready-to-feed (formerly ROSS) (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 39 | | 0 | T | 4 | | 12 | | |
| Vitamin K (phylloquinone)....µg | 5.3 | | 0 | T | 4 | | 1.6 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.237 | | 1 | MA | 12 | | 0.376 | | |
| 4:0....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.007 | | 1 | MA | 12 | | 0.002 | | |
| 8:0....g | 0.110 | | 1 | MA | 12 | | 0.033 | | |
| 10:0....g | 0.078 | | 1 | MA | 12 | | 0.024 | | |
| 12:0....g | 0.486 | | 1 | MA | 12 | | 0.148 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.183 | | 1 | MA | 12 | | 0.056 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.258 | | 1 | MA | 12 | | 0.078 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.115 | | 1 | MA | 12 | | 0.035 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.314 | | 1 | MA | 12 | | 0.399 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 1 | MA | 12 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.305 | | 1 | MA | 12 | | 0.397 | | |
| 20:1....g | 0.007 | | 1 | MA | 12 | | 0.002 | | |
| 22:1 undifferentiated....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.801 | | 1 | MA | 12 | | 0.244 | | |
| 18:2 undifferentiated....g | 0.724 | | 1 | MA | 12 | | 0.220 | | |
| 18:3 undifferentiated....g | 0.077 | | 1 | MA | 12 | | 0.023 | | |
| 18:4....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.023 | | 0 | MC | 9 | | 0.007 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.012 | | 0 | MC | 9 | | 0.004 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 2 | | 1 | MA | 12 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.4g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03949**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, ready-to-feed (formerly ROSS) (1 )**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03935**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ALIMENTUM, ADVANCE, ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.32 | | 0 | T | 4 | | 26.63 | | |
| Energy....kcal | 67 | | 0 | NC | 4 | | 20 | | |
| Energy....kJ | 280 | | 0 | NC | 4 | | 85 | | |
| Protein....g | 1.80 | | 1 | MA | 12 | | 0.55 | | |
| Total lipid (fat)....g | 3.63 | | 1 | MA | 12 | | 1.11 | | |
| Ash....g | 0.48 | | 0 | MC | 9 | | 0.15 | | |
| Carbohydrate, by difference....g | 6.77 | | 0 | NC | 4 | | 2.06 | | |
| Fiber, total dietary....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total....g | 4.40 | | 0 | T | 4 | | 1.34 | | |
| Sucrose....g | 4.40 | | 0 | T | 4 | | 1.34 | | |
| Glucose (dextrose)....g | | | | | | | | | |
| Fructose....g | | | | | | | | | |
| Lactose....g | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Maltose....g | | | | | | | | | |
| Galactose....g | | | | | | | | | |
| Starch....g | 2.20 | | 0 | T | 4 | | 0.67 | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 69 | | 1 | MA | 12 | | 21 | | |
| Iron, Fe....mg | 1.18 | | 1 | MA | 12 | | 0.36 | | |
| Magnesium, Mg....mg | 5 | | 1 | MA | 12 | | 2 | | |
| Phosphorus, P....mg | 49 | | 1 | MA | 12 | | 15 | | |
| Potassium, K....mg | 77 | | 1 | MA | 12 | | 23 | | |
| Sodium, Na....mg | 29 | | 1 | MA | 12 | | 9 | | |
| Zinc, Zn....mg | 0.49 | | 1 | MA | 12 | | 0.15 | | |
| Copper, Cu....mg | 0.049 | | 1 | MA | 12 | | 0.015 | | |
| Manganese, Mn....mg | 0.006 | | 0 | T | 4 | | 0.002 | | |
| Selenium, Se....µg | 1.2 | | 0 | T | 4 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 5.9 | | 1 | MA | 12 | | 1.8 | | |
| Thiamin....mg | 0.039 | | 1 | MA | 12 | | 0.012 | | |
| Riboflavin....mg | 0.059 | | 1 | MA | 12 | | 0.018 | | |
| Niacin....mg | 0.885 | | 0 | T | 4 | | 0.270 | | |
| Pantothenic acid....mg | 0.491 | | 0 | ML | 5 | | 0.150 | | |
| Vitamin B-6....mg | 0.039 | | 1 | MA | 12 | | 0.012 | | |
| Folate, total....µg | 10 | | 1 | MA | 12 | | 3 | | |
| Folic acid....µg | 10 | | 0 | T | 4 | | 3 | | |
| Folate, food....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE....mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total....mg | 8.0 | | 0 | MC | 9 | | 2.4 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.30 | | 1 | MA | 12 | | 0.09 | | |
| Vitamin B-12, added....µg | 0.30 | | 0 | NR | 4 | | 0.09 | | |
| Vitamin A, RAE....mcg_RAE | 59 | | 0 | NC | 4 | | 18 | | |
| Retinol....µg | 59 | | 0 | T | 4 | | 18 | | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU....IU | 197 | | 0 | NC | 4 | | 60 | | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 1.32 | | 0 | T | 4 | | 0.40 | | |
| Vitamin E, added....mg | 1.32 | | 0 | NR | 4 | | 0.40 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.7 | | 0 | T | 4 | | 0.2 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |

**NDB No. 03935**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ALIMENTUM, ADVANCE, ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol).....µg | | | | | | | | | |
| Vitamin D.....IU | 29 | | 0 | T | 4 | | 9 | | |
| Vitamin K (phylloquinone).....µg | 9.8 | | 0 | T | 4 | | 3.0 | | |
| Dihydrophylloquinone.....µg | | | | | | | | | |
| Menaquinone-4.....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated.....g | 1.838 | | 1 | MA | 12 | | 0.561 | | |
| 4:0.....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 6:0.....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 8:0.....g | 0.931 | | 1 | MA | 12 | | 0.284 | | |
| 10:0.....g | 0.689 | | 1 | MA | 12 | | 0.210 | | |
| 12:0.....g | 0.023 | | 1 | MA | 12 | | 0.007 | | |
| 13:0.....g | | | | | | | | | |
| 14:0.....g | 0.007 | | 1 | MA | 12 | | 0.002 | | |
| 15:0.....g | | | | | | | | | |
| 16:0.....g | 0.137 | | 1 | MA | 12 | | 0.042 | | |
| 17:0.....g | | | | | | | | | |
| 18:0.....g | 0.052 | | 1 | MA | 12 | | 0.016 | | |
| 20:0.....g | | | | | | | | | |
| 22:0.....g | | | | | | | | | |
| 24:0.....g | | | | | | | | | |
| Fatty acids, total monounsaturated.....g | 0.294 | | 1 | MA | 12 | | 0.090 | | |
| 14:1.....g | | | | | | | | | |
| 15:1.....g | | | | | | | | | |
| 16:1 undifferentiated.....g | 0.003 | | 1 | MA | 12 | | 0.001 | | |
| 17:1.....g | | | | | | | | | |
| 18:1 undifferentiated.....g | 0.287 | | 1 | MA | 12 | | 0.088 | | |
| 20:1.....g | 0.003 | | 1 | MA | 12 | | 0.001 | | |
| 22:1 undifferentiated.....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 24:1 c.....g | | | | | | | | | |
| Fatty acids, total polyunsaturated.....g | 1.126 | | 0 | MA | 12 | | 0.343 | | |
| 18:2 undifferentiated.....g | 1.055 | | 1 | MA | 12 | | 0.322 | | |
| 18:3 undifferentiated.....g | 0.059 | | 1 | MA | 12 | | 0.018 | | |
| 18:4.....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c.....g | | | | | | | | | |
| 20:3 undifferentiated.....g | | | | | | | | | |
| 20:4 undifferentiated.....g | 0.018 | | 0 | MA | 12 | | 0.005 | | |
| 20:5 n-3 (EPA).....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA).....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA).....g | 0.011 | | 0 | MA | 12 | | 0.003 | | |
| Fatty acids, total trans.....g | | | | | | | | | |
| Cholesterol.....mg | 1 | | 1 | MA | 12 | | 0 | | |
| Phytosterols.....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine.....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine.....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03935**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ALIMENTUM, ADVANCE, ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03846**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ALIMENTUM, with iron, ready-to-feed (formerly ROSS)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 87.32 | | 0 | T | 4 | | 26.63 | | |
| Energy | kcal | 66 | | 0 | T | 4 | | 20 | | |
| Energy | kJ | 276 | | 0 | T | 4 | | 84 | | |
| Protein | g | 1.80 | | 1 | MA | 12 | | 0.55 | | |
| Total lipid (fat) | g | 3.63 | | 1 | MA | 12 | | 1.11 | | |
| Ash | g | 0.48 | | 0 | MC | 9 | | 0.15 | | |
| Carbohydrate, by difference | g | 6.77 | | 0 | NC | 4 | | 2.06 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 4.40 | | 0 | T | 4 | | 1.34 | | |
| Sucrose | g | 4.40 | | 0 | T | 4 | | 1.34 | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | 2.20 | | 0 | T | 4 | | 0.67 | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 69 | | 1 | MA | 12 | | 21 | | |
| Iron, Fe | mg | 1.18 | | 1 | MA | 12 | | 0.36 | | |
| Magnesium, Mg | mg | 5 | | 1 | MA | 12 | | 2 | | |
| Phosphorus, P | mg | 49 | | 1 | MA | 12 | | 15 | | |
| Potassium, K | mg | 77 | | 1 | MA | 12 | | 23 | | |
| Sodium, Na | mg | 29 | | 1 | MA | 12 | | 9 | | |
| Zinc, Zn | mg | 0.49 | | 1 | MA | 12 | | 0.15 | | |
| Copper, Cu | mg | 0.049 | | 1 | MA | 12 | | 0.015 | | |
| Manganese, Mn | mg | 0.006 | | 0 | T | 4 | | 0.002 | | |
| Selenium, Se | µg | 1.2 | | 0 | T | 4 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 5.9 | | 1 | MA | 12 | | 1.8 | | |
| Thiamin | mg | 0.039 | | 1 | MA | 12 | | 0.012 | | |
| Riboflavin | mg | 0.059 | | 1 | MA | 12 | | 0.018 | | |
| Niacin | mg | 0.885 | | 0 | T | 4 | | 0.270 | | |
| Pantothenic acid | mg | 0.491 | | 0 | ML | 5 | | 0.150 | | |
| Vitamin B-6 | mg | 0.039 | | 1 | MA | 12 | | 0.012 | | |
| Folate, total | µg | 10 | | 1 | MA | 12 | | 3 | | |
| Folic acid | µg | 10 | | 0 | T | 4 | | 3 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total | mg | 8.0 | | 0 | MC | 9 | | 2.4 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.30 | | 1 | MA | 12 | | 0.09 | | |
| Vitamin B-12, added | µg | 0.30 | | 0 | NR | 4 | | 0.09 | | |
| Vitamin A, RAE | mcg_RAE | 59 | | 0 | NC | 4 | | 18 | | |
| Retinol | µg | 59 | | 0 | T | 4 | | 18 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 197 | | 0 | NC | 4 | | 60 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 1.32 | | 0 | T | 4 | | 0.40 | | |
| Vitamin E, added | mg | 1.32 | | 0 | NR | 4 | | 0.40 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.7 | | 0 | T | 4 | | 0.2 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03846**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ALIMENTUM, with iron, ready-to-feed (formerly ROSS)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 29 | | 0 | T | 4 | | 9 | | |
| Vitamin K (phylloquinone)....µg | 9.8 | | 0 | T | 4 | | 3.0 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.838 | | 1 | MA | 12 | | 0.561 | | |
| 4:0....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 8:0....g | 0.931 | | 1 | MA | 12 | | 0.284 | | |
| 10:0....g | 0.689 | | 1 | MA | 12 | | 0.210 | | |
| 12:0....g | 0.023 | | 1 | MA | 12 | | 0.007 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.007 | | 1 | MA | 12 | | 0.002 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.137 | | 1 | MA | 12 | | 0.042 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.052 | | 1 | MA | 12 | | 0.016 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.294 | | 1 | MA | 12 | | 0.090 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.003 | | 1 | MA | 12 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.287 | | 1 | MA | 12 | | 0.088 | | |
| 20:1....g | 0.003 | | 1 | MA | 12 | | 0.001 | | |
| 22:1 undifferentiated....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.113 | | 1 | MA | 12 | | 0.339 | | |
| 18:2 undifferentiated....g | 1.055 | | 1 | MA | 12 | | 0.322 | | |
| 18:3 undifferentiated....g | 0.059 | | 1 | MA | 12 | | 0.018 | | |
| 18:4....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 1 | MA | 12 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03952**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, ADVANCE with iron, liquid concentrate (formerly ROSS) (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 75.81 | | 0 | T | 4 | | 23.80 | | |
| Energy ... kcal | 128 | | 0 | T | 4 | | 40 | | |
| Energy ... kJ | 536 | | 0 | T | 4 | | 168 | | |
| Protein ... g | 3.13 | | 0 | T | 4 | | 0.98 | | |
| Total lipid (fat) ... g | 6.98 | | 0 | MA | 12 | | 2.19 | | |
| Ash ... g | 0.88 | | 0 | T | 4 | | 0.28 | | |
| Carbohydrate, by difference ... g | 13.21 | | 0 | NC | 4 | | 4.15 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total ... g | 13.10 | | 0 | T | 4 | | 4.11 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 134 | | 0 | ML | 5 | | 42 | | |
| Iron, Fe ... mg | 2.30 | | 0 | T | 4 | | 0.72 | | |
| Magnesium, Mg ... mg | 10 | | 0 | ML | 5 | | 3 | | |
| Phosphorus, P ... mg | 96 | | 0 | ML | 5 | | 30 | | |
| Potassium, K ... mg | 138 | | 0 | ML | 5 | | 43 | | |
| Sodium, Na ... mg | 56 | | 0 | ML | 5 | | 18 | | |
| Zinc, Zn ... mg | 0.96 | | 0 | ML | 5 | | 0.30 | | |
| Copper, Cu ... mg | 0.096 | | 0 | ML | 5 | | 0.030 | | |
| Manganese, Mn ... mg | 0.032 | | 0 | ML | 5 | | 0.010 | | |
| Selenium, Se ... µg | 2.7 | | 0 | ML | 5 | | 0.8 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 11.5 | | 0 | ML | 5 | | 3.6 | | |
| Thiamin ... mg | 0.077 | | 0 | T | 4 | | 0.024 | | |
| Riboflavin ... mg | 0.115 | | 0 | ML | 5 | | 0.036 | | |
| Niacin ... mg | 1.725 | | 0 | T | 4 | | 0.542 | | |
| Pantothenic acid ... mg | 0.958 | | 0 | T | 4 | | 0.301 | | |
| Vitamin B-6 ... mg | 0.077 | | 0 | T | 4 | | 0.024 | | |
| Folate, total ... µg | 19 | | 0 | ML | 5 | | 6 | | |
| Folic acid ... µg | 19 | | 0 | T | 4 | | 6 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 33 | | 0 | NC | 4 | | 10 | | |
| Choline, total ... mg | 15.5 | | 0 | MC | 9 | | 4.9 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.58 | | 0 | T | 4 | | 0.18 | | |
| Vitamin B-12, added ... µg | 0.58 | | 0 | NR | 4 | | 0.18 | | |
| Vitamin A, RAE ... mcg_RAE | 114 | | 0 | NC | 4 | | 36 | | |
| Retinol ... µg | 114 | | 0 | T | 4 | | 36 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 380 | | 0 | NC | 4 | | 119 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 1.20 | | 0 | T | 4 | | 0.38 | | |
| Vitamin E, added ... mg | 1.20 | | 0 | NR | 4 | | 0.38 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.9 | | 0 | T | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 77 | | 0 | T | 4 | | 24 | | |
| Vitamin K (phylloquinone) ... µg | 14.1 | | 0 | T | 4 | | 4.4 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03952**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, ADVANCE with iron, liquid concentrate (formerly ROSS) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.262 | | 0 | MA | 12 | | 0.710 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.017 | | 0 | MA | 12 | | 0.005 | | |
| 8:0....g | 0.174 | | 0 | MA | 12 | | 0.055 | | |
| 10:0....g | 0.120 | | 0 | MA | 12 | | 0.038 | | |
| 12:0....g | 0.874 | | 0 | MA | 12 | | 0.274 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.343 | | 0 | MA | 12 | | 0.108 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.509 | | 0 | MA | 12 | | 0.160 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.225 | | 0 | MA | 12 | | 0.071 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.660 | | 0 | MA | 12 | | 0.835 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.005 | | 0 | MA | 12 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.641 | | 0 | MA | 12 | | 0.829 | | |
| 20:1....g | 0.015 | | 0 | MA | 12 | | 0.005 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.625 | | 0 | MA | 12 | | 0.510 | | |
| 18:2 undifferentiated....g | 1.458 | | 0 | MA | 12 | | 0.458 | | |
| 18:3 undifferentiated....g | 0.166 | | 0 | MA | 12 | | 0.052 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.046 | | 0 | MA | 12 | | 0.014 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.023 | | 0 | MA | 12 | | 0.007 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | ML | 5 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.4g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03954**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, ADVANCE with iron, powder, not reconstituted (formerly ROSS) (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 2.50 | | 0 | MA | 12 | | 0.22 | | |
| Energy | kcal | 517 | | 0 | NC | 4 | | 45 | | |
| Energy | kJ | 2165 | | 0 | NC | 4 | | 188 | | |
| Protein | g | 12.60 | | 0 | T | 4 | | 1.10 | | |
| Total lipid (fat) | g | 28.09 | | 0 | T | 4 | | 2.44 | | |
| Ash | g | 3.24 | | 0 | T | 4 | | 0.28 | | |
| Carbohydrate, by difference | g | 53.57 | | 0 | NC | 4 | | 4.66 | | |
| Fiber, total dietary | g | 0.0 | | 0 | MC | 9 | | 0.0 | | |
| Sugars, total | g | 52.97 | | 0 | T | 4 | | 4.61 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 540 | | 0 | T | 4 | | 47 | | |
| Iron, Fe | mg | 9.26 | | 0 | T | 4 | | 0.81 | | |
| Magnesium, Mg | mg | 39 | | 1 | MA | 12 | | 3 | | |
| Phosphorus, P | mg | 386 | | 0 | T | 4 | | 34 | | |
| Potassium, K | mg | 555 | | 0 | T | 4 | | 48 | | |
| Sodium, Na | mg | 226 | | 0 | T | 4 | | 20 | | |
| Zinc, Zn | mg | 3.86 | | 0 | T | 4 | | 0.34 | | |
| Copper, Cu | mg | 0.386 | | 0 | T | 4 | | 0.034 | | |
| Manganese, Mn | mg | 0.129 | | 0 | T | 4 | | 0.011 | | |
| Selenium, Se | µg | 10.8 | | 1 | MA | 12 | | 0.9 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 46.3 | | 0 | T | 4 | | 4.0 | | |
| Thiamin | mg | 0.309 | | 0 | T | 4 | | 0.027 | | |
| Riboflavin | mg | 0.463 | | 0 | T | 4 | | 0.040 | | |
| Niacin | mg | 6.943 | | 0 | T | 4 | | 0.604 | | |
| Pantothenic acid | mg | 3.857 | | 0 | T | 4 | | 0.336 | | |
| Vitamin B-6 | mg | 0.309 | | 0 | T | 4 | | 0.027 | | |
| Folate, total | µg | 77 | | 1 | MA | 12 | | 7 | | |
| Folic acid | µg | 77 | | 0 | T | 4 | | 7 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 131 | | 0 | NC | 4 | | 11 | | |
| Choline, total | mg | 60.0 | | 0 | MC | 9 | | 5.2 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 2.31 | | 0 | T | 4 | | 0.20 | | |
| Vitamin B-12, added | µg | 2.31 | | 0 | NR | 4 | | 0.20 | | |
| Vitamin A, RAE | mcg_RAE | 462 | | 0 | NC | 4 | | 40 | | |
| Retinol | µg | 462 | | 0 | NC | 4 | | 40 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1543 | | 0 | MC | 9 | | 134 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 5.10 | | 0 | T | 4 | | 0.44 | | |
| Vitamin E, added | mg | 5.10 | | 0 | NR | 4 | | 0.44 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.7 | | 0 | T | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 309 | | 0 | T | 4 | | 27 | | |
| Vitamin K (phylloquinone) | µg | 56.6 | | 0 | T | 4 | | 4.9 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03954**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, ADVANCE with iron, powder, not reconstituted (formerly ROSS) (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 9.167 | | 1 | MA | 12 | | 0.798 | | |
| 4:0....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.067 | | 1 | MA | 12 | | 0.006 | | |
| 8:0....g | 0.707 | | 1 | MA | 12 | | 0.062 | | |
| 10:0....g | 0.487 | | 1 | MA | 12 | | 0.042 | | |
| 12:0....g | 3.541 | | 1 | MA | 12 | | 0.308 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.389 | | 1 | MA | 12 | | 0.121 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 2.064 | | 1 | MA | 12 | | 0.180 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.913 | | 1 | MA | 12 | | 0.079 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.778 | | 1 | MA | 12 | | 0.938 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.019 | | 1 | MA | 12 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.701 | | 1 | MA | 12 | | 0.931 | | |
| 20:1....g | 0.059 | | 1 | MA | 12 | | 0.005 | | |
| 22:1 undifferentiated....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 6.584 | | 1 | MA | 12 | | 0.573 | | |
| 18:2 undifferentiated....g | 5.910 | | 1 | MA | 12 | | 0.514 | | |
| 18:3 undifferentiated....g | 0.674 | | 1 | MA | 12 | | 0.059 | | |
| 18:4....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.187 | | 0 | MA | 12 | | 0.016 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.096 | | 0 | MA | 12 | | 0.008 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 1 | MA | 12 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.7g: 1 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03953**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, ADVANCE with iron, ready-to-feed (formerly ROSS) (1 )**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.54 | | 0 | T | 4 | | 26.70 | | |
| Energy....kcal | 66 | | 0 | NC | 4 | | 20 | | |
| Energy....kJ | 274 | | 0 | NC | 4 | | 84 | | |
| Protein....g | 1.61 | | 1 | MA | 12 | | 0.49 | | |
| Total lipid (fat)....g | 3.59 | | 0 | T | 4 | | 1.09 | | |
| Ash....g | 0.66 | | 0 | T | 4 | | 0.20 | | |
| Carbohydrate, by difference....g | 6.70 | | 0 | NR | 4 | | 2.04 | | |
| Fiber, total dietary....g | 0.0 | | 0 | MC | 9 | | 0.0 | | |
| Sugars, total....g | 6.70 | | 0 | T | 4 | | 2.04 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 69 | | 1 | MA | 12 | | 21 | | |
| Iron, Fe....mg | 1.18 | | 1 | MA | 12 | | 0.36 | | |
| Magnesium, Mg....mg | 5 | | 1 | MA | 12 | | 2 | | |
| Phosphorus, P....mg | 49 | | 1 | MA | 12 | | 15 | | |
| Potassium, K....mg | 71 | | 1 | MA | 12 | | 22 | | |
| Sodium, Na....mg | 29 | | 1 | MA | 12 | | 9 | | |
| Zinc, Zn....mg | 0.49 | | 1 | MA | 12 | | 0.15 | | |
| Copper, Cu....mg | 0.049 | | 1 | MA | 12 | | 0.015 | | |
| Manganese, Mn....mg | 0.016 | | 0 | ML | 5 | | 0.005 | | |
| Selenium, Se....µg | 1.4 | | 1 | MA | 12 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 5.9 | | 1 | MA | 12 | | 1.8 | | |
| Thiamin....mg | 0.039 | | 1 | MA | 12 | | 0.012 | | |
| Riboflavin....mg | 0.059 | | 1 | MA | 12 | | 0.018 | | |
| Niacin....mg | 0.887 | | 0 | T | 4 | | 0.271 | | |
| Pantothenic acid....mg | 0.493 | | 0 | T | 4 | | 0.150 | | |
| Vitamin B-6....mg | 0.039 | | 1 | MA | 12 | | 0.012 | | |
| Folate, total....µg | 10 | | 1 | MA | 12 | | 3 | | |
| Folic acid....µg | 10 | | 0 | T | 4 | | 3 | | |
| Folate, food....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE....mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total....mg | 8.0 | | 0 | MC | 9 | | 2.4 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.30 | | 1 | MA | 12 | | 0.09 | | |
| Vitamin B-12, added....µg | 0.30 | | 0 | NR | 4 | | 0.09 | | |
| Vitamin A, RAE....mcg_RAE | 59 | | 0 | NC | 4 | | 18 | | |
| Retinol....µg | 59 | | 0 | NR | 4 | | 18 | | |
| Carotene, beta....µg | 0 | | 0 | T | 4 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU....IU | 197 | | 0 | NC | 4 | | 60 | | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 1.32 | | 0 | NR | 4 | | 0.40 | | |
| Vitamin E, added....mg | 1.32 | | 0 | NR | 4 | | 0.40 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 1.0 | | 0 | MC | 9 | | 0.3 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 39 | | 0 | MC | 9 | | 12 | | |
| Vitamin K (phylloquinone)....µg | 7.2 | | 0 | T | 4 | | 2.2 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03953**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, ADVANCE with iron, ready-to-feed (formerly ROSS) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.166 | | 1 | MA | 12 | | 0.356 | | |
| 4:0....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.009 | | 1 | MA | 12 | | 0.003 | | |
| 8:0....g | 0.090 | | 1 | MA | 12 | | 0.027 | | |
| 10:0....g | 0.062 | | 1 | MA | 12 | | 0.019 | | |
| 12:0....g | 0.450 | | 1 | MA | 12 | | 0.137 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.177 | | 1 | MA | 12 | | 0.054 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.262 | | 1 | MA | 12 | | 0.080 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.116 | | 1 | MA | 12 | | 0.035 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.371 | | 1 | MA | 12 | | 0.418 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 1 | MA | 12 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.361 | | 1 | MA | 12 | | 0.415 | | |
| 20:1....g | 0.007 | | 1 | MA | 12 | | 0.002 | | |
| 22:1 undifferentiated....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.838 | | 1 | MA | 12 | | 0.256 | | |
| 18:2 undifferentiated....g | 0.752 | | 1 | MA | 12 | | 0.229 | | |
| 18:3 undifferentiated....g | 0.086 | | 1 | MA | 12 | | 0.026 | | |
| 18:4....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.023 | | 0 | MA | 12 | | 0.007 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.012 | | 0 | MA | 12 | | 0.004 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 1 | MA | 12 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03842**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, with iron, liquid concentrate (formerly ROSS)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 75.81 | | 0 | T | 4 | | 23.80 | | |
| Energy....kcal | 128 | | 0 | T | 4 | | 40 | | |
| Energy....kJ | 536 | | 0 | T | 4 | | 168 | | |
| Protein....g | 3.13 | | 0 | T | 4 | | 0.98 | | |
| Total lipid (fat)....g | 6.98 | | 0 | MA | 12 | | 2.19 | | |
| Ash....g | 0.88 | | 0 | T | 4 | | 0.28 | | |
| Carbohydrate, by difference....g | 13.21 | | 0 | NC | 4 | | 4.15 | | |
| Fiber, total dietary....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total....g | 13.10 | | 0 | T | 4 | | 4.11 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 134 | | 0 | ML | 5 | | 42 | | |
| Iron, Fe....mg | 2.30 | | 0 | T | 4 | | 0.72 | | |
| Magnesium, Mg....mg | 10 | | 0 | ML | 5 | | 3 | | |
| Phosphorus, P....mg | 96 | | 0 | ML | 5 | | 30 | | |
| Potassium, K....mg | 138 | | 0 | ML | 5 | | 43 | | |
| Sodium, Na....mg | 56 | | 0 | ML | 5 | | 18 | | |
| Zinc, Zn....mg | 0.96 | | 0 | ML | 5 | | 0.30 | | |
| Copper, Cu....mg | 0.096 | | 0 | ML | 5 | | 0.030 | | |
| Manganese, Mn....mg | 0.032 | | 0 | ML | 5 | | 0.010 | | |
| Selenium, Se....µg | 2.7 | | 0 | ML | 5 | | 0.8 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 11.5 | | 0 | ML | 5 | | 3.6 | | |
| Thiamin....mg | 0.077 | | 0 | T | 4 | | 0.024 | | |
| Riboflavin....mg | 0.115 | | 0 | ML | 5 | | 0.036 | | |
| Niacin....mg | 1.725 | | 0 | T | 4 | | 0.542 | | |
| Pantothenic acid....mg | 0.958 | | 0 | T | 4 | | 0.301 | | |
| Vitamin B-6....mg | 0.077 | | 0 | T | 4 | | 0.024 | | |
| Folate, total....µg | 19 | | 0 | ML | 5 | | 6 | | |
| Folic acid....µg | 19 | | 0 | T | 4 | | 6 | | |
| Folate, food....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE....mcg_DFE | 33 | | 0 | NC | 4 | | 10 | | |
| Choline, total....mg | 15.5 | | 0 | MC | 9 | | 4.9 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.58 | | 0 | T | 4 | | 0.18 | | |
| Vitamin B-12, added....µg | 0.58 | | 0 | NR | 4 | | 0.18 | | |
| Vitamin A, RAE....mcg_RAE | 114 | | 0 | NC | 4 | | 36 | | |
| Retinol....µg | 114 | | 0 | T | 4 | | 36 | | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU....IU | 380 | | 0 | NC | 4 | | 119 | | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 1.20 | | 0 | T | 4 | | 0.38 | | |
| Vitamin E, added (1) ....mg | 1.20 | | 0 | NR | 4 | | 0.38 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 1.9 | | 0 | T | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 77 | | 0 | T | 4 | | 24 | | |
| Vitamin K (phylloquinone)....µg | 14.1 | | 0 | T | 4 | | 4.4 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03842**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, with iron, liquid concentrate (formerly ROSS)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.262 | | 0 | MA | 12 | | 0.710 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.017 | | 0 | MA | 12 | | 0.005 | | |
| 8:0....g | 0.174 | | 0 | MA | 12 | | 0.055 | | |
| 10:0....g | 0.120 | | 0 | MA | 12 | | 0.038 | | |
| 12:0....g | 0.874 | | 0 | MA | 12 | | 0.274 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.343 | | 0 | MA | 12 | | 0.108 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.509 | | 0 | MA | 12 | | 0.160 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.225 | | 0 | MA | 12 | | 0.071 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.660 | | 0 | MA | 12 | | 0.835 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.005 | | 0 | MA | 12 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.641 | | 0 | MA | 12 | | 0.829 | | |
| 20:1....g | 0.015 | | 0 | MA | 12 | | 0.005 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.625 | | 0 | MA | 12 | | 0.510 | | |
| 18:2 undifferentiated....g | 1.458 | | 0 | MA | 12 | | 0.458 | | |
| 18:3 undifferentiated....g | 0.166 | | 0 | MA | 12 | | 0.052 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | ML | 5 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.4g: 1 fl oz

**Footnotes:**

1 Added vitamin E is RRR alpha tocopherol.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03843**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, with iron, powder, not reconstituted (formerly ROSS)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 2.50 | | 0 | MA | 12 | | 0.22 | | |
| Energy....kcal | 517 | | 0 | NC | 4 | | 45 | | |
| Energy....kJ | 2165 | | 0 | NC | 4 | | 188 | | |
| Protein....g | 12.60 | | 0 | T | 4 | | 1.10 | | |
| Total lipid (fat)....g | 28.09 | | 0 | T | 4 | | 2.44 | | |
| Ash....g | 3.24 | | 0 | T | 4 | | 0.28 | | |
| Carbohydrate, by difference....g | 53.57 | | 0 | NC | 4 | | 4.66 | | |
| Fiber, total dietary....g | 0.0 | | 0 | MC | 9 | | 0.0 | | |
| Sugars, total....g | 52.97 | | 0 | T | 4 | | 4.61 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 540 | | 0 | T | 4 | | 47 | | |
| Iron, Fe....mg | 9.26 | | 0 | T | 4 | | 0.81 | | |
| Magnesium, Mg....mg | 39 | | 1 | MA | 12 | | 3 | | |
| Phosphorus, P....mg | 386 | | 0 | T | 4 | | 34 | | |
| Potassium, K....mg | 555 | | 0 | T | 4 | | 48 | | |
| Sodium, Na....mg | 226 | | 0 | T | 4 | | 20 | | |
| Zinc, Zn....mg | 3.86 | | 0 | T | 4 | | 0.34 | | |
| Copper, Cu....mg | 0.386 | | 0 | T | 4 | | 0.034 | | |
| Manganese, Mn....mg | 0.129 | | 0 | T | 4 | | 0.011 | | |
| Selenium, Se....µg | 10.8 | | 1 | MA | 12 | | 0.9 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 46.3 | | 0 | T | 4 | | 4.0 | | |
| Thiamin....mg | 0.309 | | 0 | T | 4 | | 0.027 | | |
| Riboflavin....mg | 0.463 | | 0 | T | 4 | | 0.040 | | |
| Niacin....mg | 6.943 | | 0 | T | 4 | | 0.604 | | |
| Pantothenic acid....mg | 3.857 | | 0 | T | 4 | | 0.336 | | |
| Vitamin B-6....mg | 0.309 | | 0 | T | 4 | | 0.027 | | |
| Folate, total....µg | 77 | | 1 | MA | 12 | | 7 | | |
| Folic acid....µg | 77 | | 0 | T | 4 | | 7 | | |
| Folate, food....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE....mcg_DFE | 131 | | 0 | NC | 4 | | 11 | | |
| Choline, total....mg | 60.0 | | 0 | MC | 9 | | 5.2 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 2.31 | | 0 | T | 4 | | 0.20 | | |
| Vitamin B-12, added....µg | 2.31 | | 0 | NR | 4 | | 0.20 | | |
| Vitamin A, RAE....mcg_RAE | 462 | | 0 | NC | 4 | | 40 | | |
| Retinol....µg | 463 | | 0 | NR | 4 | | 40 | | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU....IU | 1543 | | 0 | MC | 9 | | 134 | | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 5.10 | | 0 | T | 4 | | 0.44 | | |
| Vitamin E, added (1) ....mg | 5.10 | | 0 | NR | 4 | | 0.44 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 7.7 | | 0 | T | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 309 | | 0 | T | 4 | | 27 | | |
| Vitamin K (phylloquinone)....µg | 56.6 | | 0 | T | 4 | | 4.9 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03843**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, with iron, powder, not reconstituted (formerly ROSS)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 9.167 | | 1 | MA | 12 | | 0.798 | | |
| 4:0....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.067 | | 1 | MA | 12 | | 0.006 | | |
| 8:0....g | 0.707 | | 1 | MA | 12 | | 0.062 | | |
| 10:0....g | 0.487 | | 1 | MA | 12 | | 0.042 | | |
| 12:0....g | 3.541 | | 1 | MA | 12 | | 0.308 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.389 | | 1 | MA | 12 | | 0.121 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 2.064 | | 1 | MA | 12 | | 0.180 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.913 | | 1 | MA | 12 | | 0.079 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.778 | | 1 | MA | 12 | | 0.938 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.019 | | 1 | MA | 12 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.701 | | 1 | MA | 12 | | 0.931 | | |
| 20:1....g | 0.059 | | 1 | MA | 12 | | 0.005 | | |
| 22:1 undifferentiated....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 6.584 | | 1 | MA | 12 | | 0.573 | | |
| 18:2 undifferentiated....g | 5.910 | | 1 | MA | 12 | | 0.514 | | |
| 18:3 undifferentiated....g | 0.674 | | 1 | MA | 12 | | 0.059 | | |
| 18:4....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 1 | MA | 12 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.7g: 1 scoop

**Footnotes:**

1 Added vitamin E is RRR alpha-tocopherol.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03841**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, with iron, ready-to-feed (formerly ROSS)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.54 | | 0 | T | 4 | | 26.70 | | |
| Energy....kcal | 66 | | 0 | MC | 9 | | 20 | | |
| Energy....kJ | 276 | | 0 | MC | 9 | | 84 | | |
| Protein....g | 1.61 | | 1 | MA | 12 | | 0.49 | | |
| Total lipid (fat)....g | 3.59 | | 0 | T | 4 | | 1.09 | | |
| Ash....g | 0.66 | | 0 | T | 4 | | 0.20 | | |
| Carbohydrate, by difference....g | 6.70 | | 0 | NR | 4 | | 2.04 | | |
| Fiber, total dietary....g | 0.0 | | 0 | MC | 9 | | 0.0 | | |
| Sugars, total....g | 6.70 | | 0 | T | 4 | | 2.04 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 69 | | 1 | MA | 12 | | 21 | | |
| Iron, Fe....mg | 1.18 | | 1 | MA | 12 | | 0.36 | | |
| Magnesium, Mg....mg | 5 | | 1 | MA | 12 | | 2 | | |
| Phosphorus, P....mg | 49 | | 1 | MA | 12 | | 15 | | |
| Potassium, K....mg | 71 | | 1 | MA | 12 | | 22 | | |
| Sodium, Na....mg | 29 | | 1 | MA | 12 | | 9 | | |
| Zinc, Zn....mg | 0.49 | | 1 | MA | 12 | | 0.15 | | |
| Copper, Cu....mg | 0.049 | | 1 | MA | 12 | | 0.015 | | |
| Manganese, Mn....mg | 0.016 | | 0 | ML | 5 | | 0.005 | | |
| Selenium, Se....µg | 1.4 | | 1 | MA | 12 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 5.9 | | 1 | MA | 12 | | 1.8 | | |
| Thiamin....mg | 0.039 | | 1 | MA | 12 | | 0.012 | | |
| Riboflavin....mg | 0.059 | | 1 | MA | 12 | | 0.018 | | |
| Niacin....mg | 0.887 | | 0 | T | 4 | | 0.271 | | |
| Pantothenic acid....mg | 0.493 | | 0 | T | 4 | | 0.150 | | |
| Vitamin B-6....mg | 0.039 | | 1 | MA | 12 | | 0.012 | | |
| Folate, total....µg | 10 | | 1 | MA | 12 | | 3 | | |
| Folic acid....µg | 10 | | 0 | T | 4 | | 3 | | |
| Folate, food....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE....mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total....mg | 8.0 | | 0 | MC | 9 | | 2.4 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.30 | | 1 | MA | 12 | | 0.09 | | |
| Vitamin B-12, added....µg | 0.30 | | 0 | NR | 4 | | 0.09 | | |
| Vitamin A, RAE....mcg_RAE | 59 | | 0 | NC | 4 | | 18 | | |
| Retinol....µg | 59 | | 0 | NR | 4 | | 18 | | |
| Carotene, beta....µg | 0 | | 0 | T | 4 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU....IU | 197 | | 0 | NC | 4 | | 60 | | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 1.32 | | 0 | NR | 4 | | 0.40 | | |
| Vitamin E, added (1) ....mg | 1.32 | | 0 | NR | 4 | | 0.40 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 1.0 | | 0 | MC | 9 | | 0.3 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 39 | | 0 | MC | 9 | | 12 | | |
| Vitamin K (phylloquinone)....µg | 7.2 | | 0 | T | 4 | | 2.2 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03841**

**Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, with iron, ready-to-feed (formerly ROSS)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.166 | | 1 | MA | 12 | | 0.356 | | |
| 4:0....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.009 | | 1 | MA | 12 | | 0.003 | | |
| 8:0....g | 0.090 | | 1 | MA | 12 | | 0.027 | | |
| 10:0....g | 0.062 | | 1 | MA | 12 | | 0.019 | | |
| 12:0....g | 0.450 | | 1 | MA | 12 | | 0.137 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.177 | | 1 | MA | 12 | | 0.054 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.262 | | 1 | MA | 12 | | 0.080 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.116 | | 1 | MA | 12 | | 0.035 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.371 | | 1 | MA | 12 | | 0.418 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 1 | MA | 12 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.361 | | 1 | MA | 12 | | 0.415 | | |
| 20:1....g | 0.007 | | 1 | MA | 12 | | 0.002 | | |
| 22:1 undifferentiated....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.838 | | 1 | MA | 12 | | 0.256 | | |
| 18:2 undifferentiated....g | 0.752 | | 1 | MA | 12 | | 0.229 | | |
| 18:3 undifferentiated....g | 0.086 | | 1 | MA | 12 | | 0.026 | | |
| 18:4....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 1 | MA | 12 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Footnotes:**

1 Added vitamin E is RRR alpha tocopherol

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03945**

**Infant formula, ABBOTT NUTRITION, SIMILAC, NEOSURE, powder, with ARA and DHA (formerly ROSS) (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 2.25 | | 0 | NR | 4 | | 0.69 | | |
| Energy ... kcal | 520 | | 0 | NC | 4 | | 158 | | |
| Energy ... kJ | 2174 | | 0 | NC | 4 | | 663 | | |
| Protein ... g | 14.42 | | 0 | MC | 9 | | 4.40 | | |
| Total lipid (fat) ... g | 28.33 | | 0 | MC | 9 | | 8.64 | | |
| Ash ... g | 3.26 | | 0 | MA | 12 | | 0.99 | | |
| Carbohydrate, by difference ... g | 51.75 | | 0 | NC | 4 | | 15.78 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total ... g | 52.02 | | 0 | NR | 4 | | 15.87 | | |
| Sucrose ... g | | | | | | | | | |
| Glucose (dextrose) ... g | | | | | | | | | |
| Fructose ... g | | | | | | | | | |
| Lactose ... g | 52.02 | | 0 | NR | 4 | | 15.87 | | |
| Maltose ... g | | | | | | | | | |
| Galactose ... g | | | | | | | | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 541 | | 0 | MC | 9 | | 165 | | |
| Iron, Fe ... mg | 9.26 | | 0 | MC | 9 | | 2.83 | | |
| Magnesium, Mg ... mg | 46 | | 0 | MC | 9 | | 14 | | |
| Phosphorus, P ... mg | 319 | | 0 | MC | 9 | | 97 | | |
| Potassium, K ... mg | 731 | | 0 | MC | 9 | | 223 | | |
| Sodium, Na ... mg | 170 | | 0 | MC | 9 | | 52 | | |
| Zinc, Zn ... mg | 6.18 | | 0 | MC | 9 | | 1.89 | | |
| Copper, Cu ... mg | 0.618 | | 0 | MC | 9 | | 0.188 | | |
| Manganese, Mn ... mg | 51.499 | | 0 | MC | 9 | | 15.707 | | |
| Selenium, Se ... µg | 11.8 | | 0 | MC | 9 | | 3.6 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 77.2 | | 0 | MC | 9 | | 23.6 | | |
| Thiamin ... mg | 1.133 | | 0 | MC | 9 | | 0.346 | | |
| Riboflavin ... mg | 0.773 | | 0 | MC | 9 | | 0.236 | | |
| Niacin ... mg | 10.043 | | 0 | MC | 9 | | 3.063 | | |
| Pantothenic acid ... mg | 4.120 | | 0 | MC | 9 | | 1.257 | | |
| Vitamin B-6 ... mg | 0.515 | | 0 | MC | 9 | | 0.157 | | |
| Folate, total ... µg | 128 | | 0 | MC | 9 | | 39 | | |
| Folic acid ... µg | 128 | | 0 | NR | 4 | | 39 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 218 | | 0 | NC | 4 | | 67 | | |
| Choline, total ... mg | 82.4 | | 0 | MC | 9 | | 25.1 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 2.06 | | 0 | MC | 9 | | 0.63 | | |
| Vitamin B-12, added ... µg | 2.06 | | 0 | NR | 4 | | 0.63 | | |
| Vitamin A, RAE ... mcg_RAE | 711 | | 0 | NC | 4 | | 217 | | |
| Retinol ... µg | 711 | | 0 | NR | 4 | | 217 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 2371 | | 0 | NC | 4 | | 723 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 8.34 | | 0 | NR | 4 | | 2.54 | | |
| Vitamin E, added (2) ... mg | 8.34 | | 0 | NR | 4 | | 2.54 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 9.0 | | 0 | NR | 4 | | 2.7 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |

**NDB No. 03945**

**Infant formula, ABBOTT NUTRITION, SIMILAC, NEOSURE, powder, with ARA and DHA (formerly ROSS) (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 361 | | 0 | NR | 4 | | 110 | | |
| Vitamin K (phylloquinone)....µg | 56.7 | | 0 | MC | 9 | | 17.3 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 9.871 | | 0 | NC | 4 | | 3.011 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.059 | | 0 | NR | 4 | | 0.018 | | |
| 8:0....g | 0.879 | | 0 | NR | 4 | | 0.268 | | |
| 10:0....g | 0.626 | | 0 | NR | 4 | | 0.191 | | |
| 12:0....g | 3.876 | | 0 | NR | 4 | | 1.182 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.459 | | 0 | NR | 4 | | 0.445 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 2.056 | | 0 | NR | 4 | | 0.627 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.916 | | 0 | NR | 4 | | 0.279 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.492 | | 0 | NC | 4 | | 3.200 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.019 | | 0 | NR | 4 | | 0.006 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.419 | | 0 | NR | 4 | | 3.178 | | |
| 20:1....g | 0.054 | | 0 | NR | 4 | | 0.016 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 6.660 | | 0 | NC | 4 | | 2.031 | | |
| 18:2 undifferentiated....g | 5.778 | | 0 | NR | 4 | | 1.762 | | |
| 18:3 undifferentiated....g | 0.618 | | 0 | NR | 4 | | 0.188 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.174 | | 0 | MC | 9 | | 0.053 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.090 | | 0 | MC | 9 | | 0.028 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 14 | | 0 | NR | 4 | | 4 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

2 Added vitamin E is RRR alpha tocopherol.

**NDB No. 03945**

**Infant formula, ABBOTT NUTRITION, SIMILAC, NEOSURE, powder, with ARA and DHA (formerly ROSS) (1 )**

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03837**

**Infant formula, ABBOTT NUTRITION, SIMILAC, PM 60/40, powder not reconstituted (formerly ROSS)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 2.25 | | 0 | MA | 12 | | 0.20 | | |
| Energy ... kcal | 524 | | 0 | NC | 4 | | 46 | | |
| Energy ... kJ | 2191 | | 0 | NC | 4 | | 191 | | |
| Protein ... g | 11.40 | | 0 | MA | 12 | | 0.99 | | |
| Total lipid (fat) ... g | 28.71 | | 0 | MC | 9 | | 2.50 | | |
| Ash ... g | 2.70 | | 0 | MA | 12 | | 0.23 | | |
| Carbohydrate, by difference ... g | 54.94 | | 0 | NC | 4 | | 4.78 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total ... g | 52.38 | | 0 | MA | 12 | | 4.56 | | |
| Sucrose ... g | | | | | | | | | |
| Glucose (dextrose) ... g | | | | | | | | | |
| Fructose ... g | | | | | | | | | |
| Lactose ... g | 52.38 | | 0 | MA | 12 | | 4.56 | | |
| Maltose ... g | | | | | | | | | |
| Galactose ... g | | | | | | | | | |
| Starch ... g | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 288 | | 0 | T | 4 | | 25 | | |
| Iron, Fe ... mg | 1.13 | | 0 | MA | 12 | | 0.10 | | |
| Magnesium, Mg ... mg | 31 | | 0 | MA | 12 | | 3 | | |
| Phosphorus, P ... mg | 144 | | 0 | MA | 12 | | 13 | | |
| Potassium, K ... mg | 411 | | 0 | MA | 12 | | 36 | | |
| Sodium, Na ... mg | 123 | | 0 | MA | 12 | | 11 | | |
| Zinc, Zn ... mg | 3.85 | | 0 | MA | 12 | | 0.34 | | |
| Copper, Cu ... mg | 0.462 | | 0 | MA | 12 | | 0.040 | | |
| Manganese, Mn ... mg | 0.026 | | 0 | T | 4 | | 0.002 | | |
| Selenium, Se ... µg | 9.8 | | 0 | MA | 12 | | 0.8 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 46.2 | | 0 | MA | 12 | | 4.0 | | |
| Thiamin ... mg | 0.514 | | 0 | T | 4 | | 0.045 | | |
| Riboflavin ... mg | 0.770 | | 0 | T | 4 | | 0.067 | | |
| Niacin ... mg | 5.392 | | 0 | T | 4 | | 0.469 | | |
| Pantothenic acid ... mg | 2.311 | | 0 | T | 4 | | 0.201 | | |
| Vitamin B-6 ... mg | 0.308 | | 0 | T | 4 | | 0.027 | | |
| Folate, total ... µg | 77 | | 0 | T | 4 | | 7 | | |
| Folic acid ... µg | 77 | | 0 | T | 4 | | 7 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 131 | | 0 | NC | 4 | | 11 | | |
| Choline, total ... mg | 61.6 | | 0 | T | 4 | | 5.4 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 1.28 | | 0 | T | 4 | | 0.11 | | |
| Vitamin B-12, added ... µg | 1.28 | | 0 | NR | 4 | | 0.11 | | |
| Vitamin A, RAE ... mcg_RAE | 462 | | 0 | NC | 4 | | 40 | | |
| Retinol ... µg | 462 | | 0 | T | 4 | | 40 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 1541 | | 0 | NC | 4 | | 134 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 8.61 | | 0 | MC | 9 | | 0.75 | | |
| Vitamin E, added ... mg | 8.61 | | 0 | NR | 4 | | 0.75 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 7.7 | | 0 | T | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |

**NDB No. 03837**

**Infant formula, ABBOTT NUTRITION, SIMILAC, PM 60/40, powder not reconstituted (formerly ROSS)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 308 | | 0 | T | 4 | | 27 | | |
| Vitamin K (phylloquinone)....µg | 41.1 | | 0 | T | 4 | | 3.6 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 12.214 | | 1 | MA | 12 | | 1.063 | | |
| 4:0....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.069 | | 1 | MA | 12 | | 0.006 | | |
| 8:0....g | 0.769 | | 1 | MA | 12 | | 0.067 | | |
| 10:0....g | 0.618 | | 1 | MA | 12 | | 0.054 | | |
| 12:0....g | 4.843 | | 1 | MA | 12 | | 0.421 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.974 | | 1 | MA | 12 | | 0.172 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 3.105 | | 1 | MA | 12 | | 0.270 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.835 | | 1 | MA | 12 | | 0.073 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 5.242 | | 1 | MA | 12 | | 0.456 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.028 | | 1 | MA | 12 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 5.157 | | 1 | MA | 12 | | 0.449 | | |
| 20:1....g | 0.057 | | 1 | MA | 12 | | 0.005 | | |
| 22:1 undifferentiated....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 10.835 | | 1 | MA | 12 | | 0.943 | | |
| 18:2 undifferentiated....g | 10.456 | | 1 | MA | 12 | | 0.910 | | |
| 18:3 undifferentiated....g | 0.379 | | 1 | MA | 12 | | 0.033 | | |
| 18:4....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 17 | | 0 | ML | 5 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | O | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | O | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.7g: 1 scoop

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03946**

**Infant formula, ABBOTT NUTRITION, SIMILAC, SENSITIVE (LACTOSE FREE) ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 87.00 | | 0 | NR | 4 | | 26.54 | | |
| Energy ... kcal | 68 | | 0 | NC | 4 | | 21 | | |
| Energy ... kJ | 283 | | 0 | NC | 4 | | 86 | | |
| Protein ... g | 1.48 | | 0 | NR | 4 | | 0.45 | | |
| Total lipid (fat) ... g | 3.74 | | 0 | NR | 4 | | 1.14 | | |
| Ash ... g | 0.75 | | 0 | MC | 9 | | 0.23 | | |
| Carbohydrate, by difference ... g | 7.40 | | 0 | NR | 4 | | 2.26 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total ... g | 7.40 | | 0 | NR | 4 | | 2.26 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 58 | | 0 | NR | 4 | | 18 | | |
| Iron, Fe ... mg | 1.24 | | 0 | NR | 4 | | 0.38 | | |
| Magnesium, Mg ... mg | 3 | | 0 | NR | 4 | | 1 | | |
| Phosphorus, P ... mg | 39 | | 0 | NR | 4 | | 12 | | |
| Potassium, K ... mg | 74 | | 0 | NR | 4 | | 23 | | |
| Sodium, Na ... mg | 21 | | 0 | NR | 4 | | 6 | | |
| Zinc, Zn ... mg | 0.52 | | 0 | NR | 4 | | 0.16 | | |
| Copper, Cu ... mg | 0.060 | | 0 | NR | 4 | | 0.018 | | |
| Manganese, Mn ... mg | 0.003 | | 0 | NR | 4 | | 0.001 | | |
| Selenium, Se ... µg | 1.2 | | 0 | NR | 4 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 6.0 | | 0 | NR | 4 | | 1.8 | | |
| Thiamin ... mg | 0.069 | | 0 | NR | 4 | | 0.021 | | |
| Riboflavin ... mg | 0.104 | | 0 | NR | 4 | | 0.032 | | |
| Niacin ... mg | 0.726 | | 0 | NR | 4 | | 0.221 | | |
| Pantothenic acid ... mg | 0.311 | | 0 | NR | 4 | | 0.095 | | |
| Vitamin B-6 ... mg | 0.042 | | 0 | NR | 4 | | 0.013 | | |
| Folate, total ... µg | 10 | | 0 | NR | 4 | | 3 | | |
| Folic acid ... µg | 10 | | 0 | NR | 4 | | 3 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 18 | | 0 | NC | 4 | | 5 | | |
| Choline, total ... mg | 11.1 | | 0 | NR | 4 | | 3.4 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.17 | | 0 | NR | 4 | | 0.05 | | |
| Vitamin B-12, added ... µg | 0.17 | | 0 | NR | 4 | | 0.05 | | |
| Vitamin A, RAE ... mcg_RAE | 62 | | 0 | NC | 4 | | 19 | | |
| Retinol ... µg | 62 | | 0 | NR | 4 | | 19 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 208 | | 0 | NC | 4 | | 63 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 0.93 | | 0 | NR | 4 | | 0.28 | | |
| Vitamin E, added ... mg | 0.93 | | 0 | NR | 4 | | 0.28 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.0 | | 0 | NR | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 40 | | 0 | NR | 4 | | 12 | | |
| Vitamin K (phylloquinone) ... µg | 5.5 | | 0 | NR | 4 | | 1.7 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03946**

**Infant formula, ABBOTT NUTRITION, SIMILAC, SENSITIVE (LACTOSE FREE) ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.430 | | 0 | NC | 4 | | 0.741 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.012 | | 0 | MA | 12 | | 0.004 | | |
| 8:0....g | 1.032 | | 0 | MA | 12 | | 0.315 | | |
| 10:0....g | 0.572 | | 0 | MA | 12 | | 0.175 | | |
| 12:0....g | 0.331 | | 0 | MA | 12 | | 0.101 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.143 | | 0 | MA | 12 | | 0.044 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.230 | | 0 | MA | 12 | | 0.070 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.109 | | 0 | MA | 12 | | 0.033 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.384 | | 0 | NC | 4 | | 0.117 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.384 | | 0 | MA | 12 | | 0.117 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.832 | | 0 | NC | 4 | | 0.254 | | |
| 18:2 undifferentiated....g | 0.724 | | 0 | MA | 12 | | 0.221 | | |
| 18:3 undifferentiated....g | 0.080 | | 0 | MA | 12 | | 0.024 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.017 | | 0 | MA | 12 | | 0.005 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.011 | | 0 | MA | 12 | | 0.003 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 2 | | 0 | MA | 12 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03947**

**Infant formula, ABBOTT NUTRITION, SIMILAC, SENSITIVE, (LACTOSE FREE), liquid concentrate, with ARA and DHA (formerly ROSS) (1 )**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 75.88 | | 0 | MC | 9 | | 23.14 | | |
| Energy....kcal | 128 | | 0 | NC | 4 | | 39 | | |
| Energy....kJ | 536 | | 0 | NC | 4 | | 163 | | |
| Protein....g | 2.73 | | 0 | MC | 9 | | 0.83 | | |
| Total lipid (fat)....g | 6.95 | | 0 | MC | 9 | | 2.12 | | |
| Ash....g | 0.80 | | 0 | MC | 9 | | 0.24 | | |
| Carbohydrate, by difference....g | 13.64 | | 0 | NC | 4 | | 4.16 | | |
| Fiber, total dietary....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total....g | 13.78 | | 0 | MC | 9 | | 4.20 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 108 | | 0 | MC | 9 | | 33 | | |
| Iron, Fe....mg | 2.32 | | 0 | MC | 9 | | 0.71 | | |
| Magnesium, Mg....mg | 8 | | 0 | MC | 9 | | 2 | | |
| Phosphorus, P....mg | 72 | | 0 | MC | 9 | | 22 | | |
| Potassium, K....mg | 138 | | 0 | MC | 9 | | 42 | | |
| Sodium, Na....mg | 39 | | 0 | MC | 9 | | 12 | | |
| Zinc, Zn....mg | 0.97 | | 0 | MC | 9 | | 0.29 | | |
| Copper, Cu....mg | 0.062 | | 0 | MC | 9 | | 0.019 | | |
| Manganese, Mn....mg | 0.006 | | 0 | MC | 9 | | 0.002 | | |
| Selenium, Se....µg | 2.9 | | 0 | MC | 9 | | 0.9 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 11.5 | | 0 | MC | 9 | | 3.5 | | |
| Thiamin....mg | 0.129 | | 0 | MC | 9 | | 0.039 | | |
| Riboflavin....mg | 0.279 | | 0 | MC | 9 | | 0.085 | | |
| Niacin....mg | 1.351 | | 0 | MC | 9 | | 0.412 | | |
| Pantothenic acid....mg | 0.579 | | 0 | MC | 9 | | 0.177 | | |
| Vitamin B-6....mg | 0.077 | | 0 | MC | 9 | | 0.023 | | |
| Folate, total....µg | 19 | | 0 | MC | 9 | | 6 | | |
| Folic acid....µg | 19 | | 0 | MC | 9 | | 6 | | |
| Folate, food....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE....mcg_DFE | 33 | | 0 | NC | 4 | | 10 | | |
| Choline, total....mg | 20.6 | | 0 | MC | 9 | | 6.3 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.32 | | 0 | MC | 9 | | 0.10 | | |
| Vitamin B-12, added....µg | 0.32 | | 0 | MC | 9 | | 0.10 | | |
| Vitamin A, RAE....mcg_RAE | 116 | | 0 | NR | 4 | | 35 | | |
| Retinol....µg | 116 | | 0 | NR | 4 | | 35 | | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU....IU | 385 | | 0 | MC | 9 | | 117 | | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.84 | | 0 | NR | 4 | | 0.26 | | |
| Vitamin E, added....mg | 0.84 | | 0 | NR | 4 | | 0.26 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 1.9 | | 0 | NR | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 74 | | 0 | NR | 4 | | 23 | | |
| Vitamin K (phylloquinone)....µg | 10.3 | | 0 | MC | 9 | | 3.1 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |

**NDB No. 03947**

**Infant formula, ABBOTT NUTRITION, SIMILAC, SENSITIVE, (LACTOSE FREE), liquid concentrate, with ARA and DHA (formerly ROSS) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 4.522 | | 0 | NC | 4 | | 1.379 | | |
| 4:0....g | 0.000 | | 0 | NC | 4 | | 0.000 | | |
| 6:0....g | 0.023 | | 0 | NC | 4 | | 0.007 | | |
| 8:0....g | 1.921 | | 0 | NC | 4 | | 0.586 | | |
| 10:0....g | 1.065 | | 0 | NC | 4 | | 0.325 | | |
| 12:0....g | 0.615 | | 0 | NR | 4 | | 0.188 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.267 | | 0 | NR | 4 | | 0.081 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.429 | | 0 | NR | 4 | | 0.131 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.203 | | 0 | NR | 4 | | 0.062 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.715 | | 0 | NC | 4 | | 0.218 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | NC | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.715 | | 0 | NR | 4 | | 0.218 | | |
| 20:1....g | 0.000 | | 0 | NC | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | NC | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.548 | | 0 | NC | 4 | | 0.472 | | |
| 18:2 undifferentiated....g | 1.348 | | 0 | NC | 4 | | 0.411 | | |
| 18:3 undifferentiated....g | 0.149 | | 0 | NC | 4 | | 0.045 | | |
| 18:4....g | 0.000 | | 0 | NC | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.031 | | 0 | NC | 4 | | 0.009 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | NC | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | NC | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.020 | | 0 | NC | 4 | | 0.006 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | NR | 4 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03948**

**Infant formula, ABBOTT NUTRITION, SIMILAC, SENSITIVE, (LACTOSE FREE), powder, with ARA and DHA (formerly ROSS) (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 2.20 | | 0 | NR | 4 | | 0.67 | | |
| Energy ... kcal | 520 | | 0 | NC | 4 | | 159 | | |
| Energy ... kJ | 2175 | | 0 | NC | 4 | | 663 | | |
| Protein ... g | 11.13 | | 0 | NR | 4 | | 3.40 | | |
| Total lipid (fat) ... g | 28.14 | | 0 | NR | 4 | | 8.58 | | |
| Ash ... g | 3.00 | | 0 | NR | 4 | | 0.92 | | |
| Carbohydrate, by difference ... g | 55.67 | | 0 | NR | 4 | | 16.98 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total ... g | 55.67 | | 0 | NR | 4 | | 16.98 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 436 | | 0 | NR | 4 | | 133 | | |
| Iron, Fe ... mg | 9.33 | | 0 | NR | 4 | | 2.85 | | |
| Magnesium, Mg ... mg | 30 | | 0 | NR | 4 | | 9 | | |
| Phosphorus, P ... mg | 293 | | 0 | NR | 4 | | 89 | | |
| Potassium, K ... mg | 557 | | 0 | NR | 4 | | 170 | | |
| Sodium, Na ... mg | 158 | | 0 | NR | 4 | | 48 | | |
| Zinc, Zn ... mg | 3.91 | | 0 | NR | 4 | | 1.19 | | |
| Copper, Cu ... mg | 0.451 | | 0 | NR | 4 | | 0.138 | | |
| Manganese, Mn ... mg | 0.023 | | 0 | NR | 4 | | 0.007 | | |
| Selenium, Se ... µg | 9.0 | | 0 | NR | 4 | | 2.8 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 45.1 | | 0 | NR | 4 | | 13.8 | | |
| Thiamin ... mg | 0.519 | | 0 | NR | 4 | | 0.158 | | |
| Riboflavin ... mg | 0.782 | | 0 | NR | 4 | | 0.239 | | |
| Niacin ... mg | 5.462 | | 0 | NR | 4 | | 1.666 | | |
| Pantothenic acid ... mg | 2.330 | | 0 | NR | 4 | | 0.711 | | |
| Vitamin B-6 ... mg | 0.316 | | 0 | NR | 4 | | 0.096 | | |
| Folate, total ... µg | 75 | | 0 | NR | 4 | | 23 | | |
| Folic acid ... µg | 75 | | 0 | NR | 4 | | 23 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 128 | | 0 | NC | 4 | | 39 | | |
| Choline, total ... mg | 83.5 | | 0 | NR | 4 | | 25.5 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 1.28 | | 0 | NR | 4 | | 0.39 | | |
| Vitamin B-12, added ... µg | 1.28 | | 0 | NR | 4 | | 0.39 | | |
| Vitamin A, RAE ... mcg_RAE | 468 | | 0 | NC | 4 | | 143 | | |
| Retinol ... µg | 468 | | 0 | NR | 4 | | 143 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 1559 | | 0 | NC | 4 | | 475 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 7.07 | | 0 | NR | 4 | | 2.16 | | |
| Vitamin E, added ... mg | 7.07 | | 0 | NR | 4 | | 2.16 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 9.2 | | 0 | NR | 4 | | 2.8 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 369 | | 0 | NR | 4 | | 112 | | |
| Vitamin K (phylloquinone) ... µg | 41.4 | | 0 | NR | 4 | | 12.6 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |

**NDB No. 03948**

**Infant formula, ABBOTT NUTRITION, SIMILAC, SENSITIVE, (LACTOSE FREE), powder, with ARA and DHA (formerly ROSS) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 18.305 | | 0 | NC | 4 | | 5.583 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.093 | | 0 | NR | 4 | | 0.029 | | |
| 8:0....g | 7.774 | | 0 | NR | 4 | | 2.371 | | |
| 10:0....g | 4.312 | | 0 | NR | 4 | | 1.315 | | |
| 12:0....g | 2.491 | | 0 | NR | 4 | | 0.760 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.079 | | 0 | NR | 4 | | 0.329 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.735 | | 0 | NR | 4 | | 0.529 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.820 | | 0 | NR | 4 | | 0.250 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.894 | | 0 | NC | 4 | | 0.883 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.894 | | 0 | NR | 4 | | 0.883 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 6.270 | | 0 | NC | 4 | | 1.912 | | |
| 18:2 undifferentiated....g | 5.457 | | 0 | NR | 4 | | 1.664 | | |
| 18:3 undifferentiated....g | 0.605 | | 0 | NR | 4 | | 0.184 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.130 | | 0 | NR | 4 | | 0.040 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.079 | | 0 | NR | 4 | | 0.024 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 15 | | 0 | NR | 4 | | 5 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03840**

**Infant formula, ABBOTT NUTRITION, SIMILAC, SPECIAL CARE, ADVANCE 24, with iron, ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 85.61 | | 0 | T | 4 | | 26.37 | | |
| Energy....kcal | 71 | | 0 | NC | 4 | | 22 | | |
| Energy....kJ | 299 | | 0 | NC | 4 | | 92 | | |
| Protein....g | 1.80 | | 0 | MC | 9 | | 0.55 | | |
| Total lipid (fat)....g | 3.26 | | 0 | MC | 9 | | 1.00 | | |
| Ash....g | 0.60 | | 0 | MC | 9 | | 0.18 | | |
| Carbohydrate, by difference....g | 8.73 | | 0 | NC | 4 | | 2.69 | | |
| Fiber, total dietary....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total....g | 8.30 | | 0 | T | 4 | | 2.56 | | |
| Sucrose....g | | | | | | | | | |
| Glucose (dextrose)....g | | | | | | | | | |
| Fructose....g | | | | | | | | | |
| Lactose....g | 8.30 | | 0 | T | 4 | | 2.56 | | |
| Maltose....g | | | | | | | | | |
| Galactose....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 141 | | 0 | T | 4 | | 43 | | |
| Iron, Fe....mg | 1.41 | | 0 | T | 4 | | 0.43 | | |
| Magnesium, Mg....mg | 9 | | 0 | ML | 5 | | 3 | | |
| Phosphorus, P....mg | 79 | | 0 | T | 4 | | 24 | | |
| Potassium, K....mg | 101 | | 0 | T | 4 | | 31 | | |
| Sodium, Na....mg | 34 | | 0 | T | 4 | | 10 | | |
| Zinc, Zn....mg | 1.18 | | 0 | T | 4 | | 0.36 | | |
| Copper, Cu....mg | 0.196 | | 0 | T | 4 | | 0.060 | | |
| Manganese, Mn....mg | 0.009 | | 0 | ML | 5 | | 0.003 | | |
| Selenium, Se....µg | 1.4 | | 0 | ML | 5 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 29.1 | | 0 | T | 4 | | 9.0 | | |
| Thiamin....mg | 0.196 | | 0 | T | 4 | | 0.060 | | |
| Riboflavin....mg | 0.487 | | 0 | T | 4 | | 0.150 | | |
| Niacin....mg | 3.927 | | 0 | T | 4 | | 1.210 | | |
| Pantothenic acid....mg | 1.492 | | 0 | T | 4 | | 0.460 | | |
| Vitamin B-6....mg | 0.196 | | 0 | T | 4 | | 0.060 | | |
| Folate, total....µg | 29 | | 0 | ML | 5 | | 9 | | |
| Folic acid....µg | 29 | | 0 | T | 4 | | 9 | | |
| Folate, food....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE....mcg_DFE | 49 | | 0 | NC | 4 | | 15 | | |
| Choline, total....mg | 7.0 | | 0 | MC | 9 | | 2.2 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.43 | | 0 | ML | 5 | | 0.13 | | |
| Vitamin B-12, added....µg | 0.43 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE....mcg_RAE | 294 | | 0 | NC | 4 | | 91 | | |
| Retinol....µg | 294 | | 0 | T | 4 | | 91 | | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU....IU | 982 | | 0 | MC | 9 | | 302 | | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 2.11 | | 0 | MC | 9 | | 0.65 | | |
| Vitamin E, added (1) ....mg | 2.11 | | 0 | NR | 4 | | 0.65 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 2.7 | | 0 | MC | 9 | | 0.8 | | |

**NDB No. 03840**

**Infant formula, ABBOTT NUTRITION, SIMILAC, SPECIAL CARE, ADVANCE 24, with iron, ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 106 | | 0 | MC | 9 | | 33 | | |
| Vitamin K (phylloquinone)....µg | 9.4 | | 0 | T | 4 | | 2.9 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 2.120 | | 0 | NC | 4 | | 0.653 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.008 | | 0 | MA | 12 | | 0.002 | | |
| 8:0....g | 0.930 | | 0 | MA | 12 | | 0.286 | | |
| 10:0....g | 0.457 | | 0 | MA | 12 | | 0.141 | | |
| 12:0....g | 0.297 | | 0 | MA | 12 | | 0.092 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.127 | | 0 | MA | 12 | | 0.039 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.206 | | 0 | MA | 12 | | 0.063 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.095 | | 0 | MA | 12 | | 0.029 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.324 | | 0 | NC | 4 | | 0.100 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.324 | | 0 | MA | 12 | | 0.100 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.737 | | 0 | NC | 4 | | 0.227 | | |
| 18:2 undifferentiated....g | 0.641 | | 0 | MA | 12 | | 0.197 | | |
| 18:3 undifferentiated....g | 0.072 | | 0 | MA | 12 | | 0.022 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.015 | | 0 | MA | 12 | | 0.005 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.009 | | 0 | MA | 12 | | 0.003 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 2 | | 0 | ML | 5 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.8g: 1 fl oz

**Footnotes:**

1 Added vitamin E is RRR alpha tocopherol

2 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**NDB No. 03840**

**Infant formula, ABBOTT NUTRITION, SIMILAC, SPECIAL CARE, ADVANCE 24, with iron, ready-to-feed, with ARA and DHA (formerly ROSS) (1 )**

| **Calories Factors:** | **Protein** | **Fat** | **Carbohydrate** |
|---|---|---|---|

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03856**

**Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, liquid concentrate, not reconstituted (formerly ROSS)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 76.16 | | 0 | T | 4 | | 23.91 | | |
| Energy | kcal | 127 | | 0 | NC | 4 | | 40 | | |
| Energy | kJ | 530 | | 0 | NC | 4 | | 166 | | |
| Protein | g | 2.64 | | 0 | ML | 5 | | 0.83 | | |
| Total lipid (fat) | g | 6.89 | | 0 | T | 4 | | 2.16 | | |
| Ash | g | 0.79 | | 0 | MC | 9 | | 0.25 | | |
| Carbohydrate, by difference | g | 13.76 | | 0 | NR | 4 | | 4.32 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 13.76 | | 0 | T | 4 | | 4.32 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 13.76 | | 0 | NR | 4 | | 4.32 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 99 | | 0 | ML | 5 | | 31 | | |
| Iron, Fe | mg | 0.89 | | 0 | T | 4 | | 0.28 | | |
| Magnesium, Mg | mg | 8 | | 0 | ML | 5 | | 3 | | |
| Phosphorus, P | mg | 54 | | 0 | T | 4 | | 17 | | |
| Potassium, K | mg | 134 | | 0 | ML | 5 | | 42 | | |
| Sodium, Na | mg | 31 | | 0 | ML | 5 | | 10 | | |
| Zinc, Zn | mg | 0.96 | | 0 | ML | 5 | | 0.30 | | |
| Copper, Cu | mg | 0.115 | | 0 | ML | 5 | | 0.036 | | |
| Manganese, Mn | mg | 0.006 | | 0 | ML | 5 | | 0.002 | | |
| Selenium, Se | µg | 2.8 | | 0 | ML | 5 | | 0.9 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 11.5 | | 0 | ML | 5 | | 3.6 | | |
| Thiamin | mg | 0.127 | | 0 | ML | 5 | | 0.040 | | |
| Riboflavin | mg | 0.191 | | 0 | ML | 5 | | 0.060 | | |
| Niacin | mg | 1.339 | | 0 | T | 4 | | 0.420 | | |
| Pantothenic acid | mg | 0.579 | | 0 | T | 4 | | 0.182 | | |
| Vitamin B-6 | mg | 0.076 | | 0 | ML | 5 | | 0.024 | | |
| Folate, total | µg | 19 | | 0 | ML | 5 | | 6 | | |
| Folic acid | µg | 19 | | 0 | T | 4 | | 6 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 33 | | 0 | NC | 4 | | 10 | | |
| Choline, total | mg | 21.6 | | 0 | MC | 9 | | 6.8 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.32 | | 0 | ML | 5 | | 0.10 | | |
| Vitamin B-12, added | µg | 0.32 | | 0 | NR | 4 | | 0.10 | | |
| Vitamin A, RAE | mcg_RAE | 114 | | 0 | NC | 4 | | 36 | | |
| Retinol | µg | 114 | | 0 | T | 4 | | 36 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 382 | | 0 | MC | 9 | | 120 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 1.28 | | 0 | MC | 9 | | 0.40 | | |
| Vitamin E, added (1) | mg | 1.28 | | 0 | NR | 4 | | 0.40 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.9 | | 0 | T | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03856**

**Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, liquid concentrate, not reconstituted (formerly ROSS)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 76 | | 0 | T | 4 | | 24 | | |
| Vitamin K (phylloquinone)....µg | 10.2 | | 0 | T | 4 | | 3.2 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 2.401 | | 0 | MA | 12 | | 0.754 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.014 | | 0 | MA | 12 | | 0.004 | | |
| 8:0....g | 0.214 | | 0 | MA | 12 | | 0.067 | | |
| 10:0....g | 0.152 | | 0 | MA | 12 | | 0.048 | | |
| 12:0....g | 0.943 | | 0 | MA | 12 | | 0.296 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.355 | | 0 | MA | 12 | | 0.111 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.500 | | 0 | MA | 12 | | 0.157 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.223 | | 0 | MA | 12 | | 0.070 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.551 | | 0 | MA | 12 | | 0.801 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.005 | | 0 | MA | 12 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.533 | | 0 | MA | 12 | | 0.795 | | |
| 20:1....g | 0.013 | | 0 | MA | 12 | | 0.004 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.555 | | 0 | MA | 12 | | 0.488 | | |
| 18:2 undifferentiated....g | 1.405 | | 0 | MA | 12 | | 0.441 | | |
| 18:3 undifferentiated....g | 0.150 | | 0 | MA | 12 | | 0.047 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 3 | | 0 | ML | 5 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.4g: 1 fl oz

**Footnotes:**

1 Added vitamin E is RRR alpha tocopherol

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03856**

**Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, liquid concentrate, not reconstituted (formerly ROSS)**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03858**

**Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, powder, not reconstituted (formerly ROSS)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 2.25 | | 0 | T | 4 | | 0.20 | | |
| Energy | kcal | 522 | | 0 | NC | 4 | | 45 | | |
| Energy | kJ | 2186 | | 0 | NC | 4 | | 190 | | |
| Protein | g | 10.85 | | 0 | T | 4 | | 0.94 | | |
| Total lipid (fat) | g | 28.87 | | 0 | T | 4 | | 2.51 | | |
| Ash | g | 3.25 | | 0 | MC | 9 | | 0.28 | | |
| Carbohydrate, by difference | g | 54.78 | | 0 | NC | 4 | | 4.77 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 54.70 | | 0 | NR | 4 | | 4.76 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 54.70 | | 0 | NR | 4 | | 4.76 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 410 | | 0 | T | 4 | | 36 | | |
| Iron, Fe | mg | 3.68 | | 0 | T | 4 | | 0.32 | | |
| Magnesium, Mg | mg | 32 | | 0 | T | 4 | | 3 | | |
| Phosphorus, P | mg | 221 | | 0 | T | 4 | | 19 | | |
| Potassium, K | mg | 552 | | 0 | T | 4 | | 48 | | |
| Sodium, Na | mg | 126 | | 0 | ML | 5 | | 11 | | |
| Zinc, Zn | mg | 3.94 | | 0 | T | 4 | | 0.34 | | |
| Copper, Cu | mg | 0.473 | | 0 | T | 4 | | 0.041 | | |
| Manganese, Mn | mg | 0.026 | | 0 | ML | 5 | | 0.002 | | |
| Selenium, Se | µg | 11.6 | | 0 | T | 4 | | 1.0 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 47.3 | | 0 | T | 4 | | 4.1 | | |
| Thiamin | mg | 0.526 | | 0 | T | 4 | | 0.046 | | |
| Riboflavin | mg | 0.789 | | 0 | T | 4 | | 0.069 | | |
| Niacin | mg | 5.522 | | 0 | T | 4 | | 0.480 | | |
| Pantothenic acid | mg | 2.367 | | 0 | T | 4 | | 0.206 | | |
| Vitamin B-6 | mg | 0.316 | | 0 | T | 4 | | 0.027 | | |
| Folate, total | µg | 79 | | 0 | ML | 5 | | 7 | | |
| Folic acid | µg | 79 | | 0 | T | 4 | | 7 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 134 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 88.9 | | 0 | MC | 9 | | 7.7 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.32 | | 0 | T | 4 | | 0.11 | | |
| Vitamin B-12, added | µg | 1.32 | | 0 | NR | 4 | | 0.11 | | |
| Vitamin A, RAE | mcg_RAE | 473 | | 0 | NC | 4 | | 41 | | |
| Retinol | µg | 473 | | 0 | T | 4 | | 41 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1578 | | 0 | MC | 9 | | 137 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 5.29 | | 0 | MC | 9 | | 0.46 | | |
| Vitamin E, added (1) | mg | 5.29 | | 0 | NR | 4 | | 0.46 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.9 | | 0 | T | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03858**

**Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, powder, not reconstituted (formerly ROSS)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 316 | | 0 | T | 4 | | 27 | | |
| Vitamin K (phylloquinone)....µg | 42.1 | | 0 | T | 4 | | 3.7 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 9.873 | | 0 | MA | 12 | | 0.859 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.059 | | 0 | MA | 12 | | 0.005 | | |
| 8:0....g | 0.879 | | 0 | MA | 12 | | 0.076 | | |
| 10:0....g | 0.626 | | 0 | MA | 12 | | 0.054 | | |
| 12:0....g | 3.878 | | 0 | MA | 12 | | 0.337 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.459 | | 0 | MA | 12 | | 0.127 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 2.056 | | 0 | MA | 12 | | 0.179 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.916 | | 0 | MA | 12 | | 0.080 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.491 | | 0 | MA | 12 | | 0.913 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.019 | | 0 | MA | 12 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.419 | | 0 | MA | 12 | | 0.906 | | |
| 20:1....g | 0.054 | | 0 | MA | 12 | | 0.005 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 6.396 | | 0 | MA | 12 | | 0.556 | | |
| 18:2 undifferentiated....g | 5.778 | | 0 | MA | 12 | | 0.503 | | |
| 18:3 undifferentiated....g | 0.618 | | 0 | MA | 12 | | 0.054 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 14 | | 0 | ML | 5 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.7g: 1 scoop

**Footnotes:**

1 Added vitamin E is RRR alpha tocopherol

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03858**

**Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, powder, not reconstituted (formerly ROSS)**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03855**

**Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, ready-to-feed (formerly ROSS)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 87.79 | | 0 | T | 4 | | 27.21 | | |
| Energy ... kcal | 65 | | 0 | NC | 4 | | 20 | | |
| Energy ... kJ | 272 | | 0 | NC | 4 | | 84 | | |
| Protein ... g | 1.36 | | 0 | ML | 5 | | 0.42 | | |
| Total lipid (fat) ... g | 3.55 | | 0 | T | 4 | | 1.10 | | |
| Ash ... g | 0.38 | | 0 | MC | 9 | | 0.12 | | |
| Carbohydrate, by difference ... g | 6.93 | | 0 | NR | 4 | | 2.15 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total ... g | 6.93 | | 0 | NR | 4 | | 2.15 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 51 | | 0 | T | 4 | | 16 | | |
| Iron, Fe ... mg | 0.14 | | 0 | MC | 9 | | 0.04 | | |
| Magnesium, Mg ... mg | 4 | | 0 | ML | 5 | | 1 | | |
| Phosphorus, P ... mg | 28 | | 0 | ML | 5 | | 9 | | |
| Potassium, K ... mg | 69 | | 0 | ML | 5 | | 21 | | |
| Sodium, Na ... mg | 16 | | 0 | ML | 5 | | 5 | | |
| Zinc, Zn ... mg | 0.49 | | 0 | ML | 5 | | 0.15 | | |
| Copper, Cu ... mg | 0.059 | | 0 | ML | 5 | | 0.018 | | |
| Manganese, Mn ... mg | 0.003 | | 0 | ML | 5 | | 0.001 | | |
| Selenium, Se ... µg | 1.4 | | 0 | ML | 5 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 5.9 | | 0 | ML | 5 | | 1.8 | | |
| Thiamin ... mg | 0.066 | | 0 | ML | 5 | | 0.020 | | |
| Riboflavin ... mg | 0.099 | | 0 | T | 4 | | 0.031 | | |
| Niacin ... mg | 0.690 | | 0 | ML | 5 | | 0.214 | | |
| Pantothenic acid ... mg | 0.296 | | 0 | ML | 5 | | 0.092 | | |
| Vitamin B-6 ... mg | 0.039 | | 0 | ML | 5 | | 0.012 | | |
| Folate, total ... µg | 10 | | 0 | ML | 5 | | 3 | | |
| Folic acid ... µg | 10 | | 0 | T | 4 | | 3 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total ... mg | 11.0 | | 0 | MC | 9 | | 3.4 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.16 | | 0 | ML | 5 | | 0.05 | | |
| Vitamin B-12, added ... µg | 0.16 | | 0 | NR | 4 | | 0.05 | | |
| Vitamin A, RAE ... mcg_RAE | 59 | | 0 | NC | 4 | | 18 | | |
| Retinol ... µg | 59 | | 0 | T | 4 | | 18 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 197 | | 0 | NC | 4 | | 61 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 1.32 | | 0 | T | 4 | | 0.41 | | |
| Vitamin E, added (1) ... mg | 1.32 | | 0 | NR | 4 | | 0.41 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.0 | | 0 | T | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 39 | | 0 | T | 4 | | 12 | | |
| Vitamin K (phylloquinone) ... µg | 5.3 | | 0 | T | 4 | | 1.6 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03855**

**Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, ready-to-feed (formerly ROSS)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.237 | | 0 | MA | 12 | | 0.383 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.007 | | 0 | MA | 12 | | 0.002 | | |
| 8:0....g | 0.110 | | 0 | MA | 12 | | 0.034 | | |
| 10:0....g | 0.078 | | 0 | MA | 12 | | 0.024 | | |
| 12:0....g | 0.486 | | 0 | MA | 12 | | 0.151 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.183 | | 0 | MA | 12 | | 0.057 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.258 | | 0 | MA | 12 | | 0.080 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.115 | | 0 | MA | 12 | | 0.036 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.314 | | 0 | MA | 12 | | 0.407 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 0 | MA | 12 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.305 | | 0 | MA | 12 | | 0.405 | | |
| 20:1....g | 0.007 | | 0 | MA | 12 | | 0.002 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.801 | | 0 | MA | 12 | | 0.248 | | |
| 18:2 undifferentiated....g | 0.724 | | 0 | MA | 12 | | 0.224 | | |
| 18:3 undifferentiated....g | 0.077 | | 0 | MA | 12 | | 0.024 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 2 | | 0 | ML | 5 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.0g: 1 fl oz

**Footnotes:**

1 Added vitamin E is RRR alpha tocopherol

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03851**

**Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, liquid concentrate, not reconstituted (formerly ROSS)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 76.16 | | 0 | T | 4 | | 23.91 | | |
| Energy | kcal | 127 | | 0 | NC | 4 | | 40 | | |
| Energy | kJ | 530 | | 0 | NC | 4 | | 166 | | |
| Protein | g | 2.64 | | 0 | T | 4 | | 0.83 | | |
| Total lipid (fat) | g | 6.89 | | 0 | T | 4 | | 2.16 | | |
| Ash | g | 0.79 | | 0 | MC | 9 | | 0.25 | | |
| Carbohydrate, by difference | g | 13.76 | | 0 | NR | 4 | | 4.32 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 13.76 | | 0 | T | 4 | | 4.32 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 13.76 | | 0 | T | 4 | | 4.32 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 99 | | 0 | ML | 5 | | 31 | | |
| Iron, Fe | mg | 2.30 | | 0 | T | 4 | | 0.72 | | |
| Magnesium, Mg | mg | 8 | | 0 | ML | 5 | | 3 | | |
| Phosphorus, P | mg | 54 | | 0 | T | 4 | | 17 | | |
| Potassium, K | mg | 134 | | 0 | ML | 5 | | 42 | | |
| Sodium, Na | mg | 31 | | 0 | ML | 5 | | 10 | | |
| Zinc, Zn | mg | 0.96 | | 0 | ML | 5 | | 0.30 | | |
| Copper, Cu | mg | 0.115 | | 0 | ML | 5 | | 0.036 | | |
| Manganese, Mn | mg | 0.006 | | 0 | ML | 5 | | 0.002 | | |
| Selenium, Se | µg | 2.8 | | 0 | ML | 5 | | 0.9 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 11.5 | | 0 | ML | 5 | | 3.6 | | |
| Thiamin | mg | 0.127 | | 0 | ML | 5 | | 0.040 | | |
| Riboflavin | mg | 0.191 | | 0 | ML | 5 | | 0.060 | | |
| Niacin | mg | 1.339 | | 0 | T | 4 | | 0.420 | | |
| Pantothenic acid | mg | 0.574 | | 0 | MC | 9 | | 0.180 | | |
| Vitamin B-6 | mg | 0.076 | | 0 | ML | 5 | | 0.024 | | |
| Folate, total | µg | 19 | | 0 | ML | 5 | | 6 | | |
| Folic acid | µg | 19 | | 0 | T | 4 | | 6 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 33 | | 0 | NC | 4 | | 10 | | |
| Choline, total | mg | 15.6 | | 0 | MC | 9 | | 4.9 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.32 | | 0 | ML | 5 | | 0.10 | | |
| Vitamin B-12, added | µg | 0.32 | | 0 | NR | 4 | | 0.10 | | |
| Vitamin A, RAE | mcg_RAE | 114 | | 0 | NC | 4 | | 36 | | |
| Retinol | µg | 114 | | 0 | T | 4 | | 36 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 382 | | 0 | MC | 9 | | 120 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 1.28 | | 0 | NR | 4 | | 0.40 | | |
| Vitamin E, added (1) | mg | 1.28 | | 0 | NR | 4 | | 0.40 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.9 | | 0 | T | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03851**

**Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, liquid concentrate, not reconstituted (formerly ROSS)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 76 | | 0 | T | 4 | | 24 | | |
| Vitamin K (phylloquinone)....µg | 10.2 | | 0 | T | 4 | | 3.2 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 2.401 | | 0 | MA | 12 | | 0.754 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.014 | | 0 | MA | 12 | | 0.004 | | |
| 8:0....g | 0.214 | | 0 | MA | 12 | | 0.067 | | |
| 10:0....g | 0.152 | | 0 | MA | 12 | | 0.048 | | |
| 12:0....g | 0.943 | | 0 | MA | 12 | | 0.296 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.355 | | 0 | MA | 12 | | 0.111 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.500 | | 0 | MA | 12 | | 0.157 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.223 | | 0 | MA | 12 | | 0.070 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.551 | | 0 | MA | 12 | | 0.801 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.005 | | 0 | MA | 12 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.533 | | 0 | MA | 12 | | 0.795 | | |
| 20:1....g | 0.013 | | 0 | MA | 12 | | 0.004 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.555 | | 0 | MA | 12 | | 0.488 | | |
| 18:2 undifferentiated....g | 1.405 | | 0 | MA | 12 | | 0.441 | | |
| 18:3 undifferentiated....g | 0.150 | | 0 | MA | 12 | | 0.047 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 3 | | 0 | ML | 5 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.4g: 1 fl oz

**Footnotes:**

1 Added vitamin E is RRR alpha tocopherol

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03851**

**Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, liquid concentrate, not reconstituted (formerly ROSS)**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03853**

**Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, powder, not reconstituted (formerly ROSS)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 2.25 | | 0 | MA | 12 | | 0.19 | | |
| Energy | kcal | 522 | | 0 | NC | 4 | | 44 | | |
| Energy | kJ | 2185 | | 0 | NC | 4 | | 186 | | |
| Protein | g | 10.89 | | 0 | MA | 12 | | 0.93 | | |
| Total lipid (fat) | g | 28.87 | | 0 | MA | 12 | | 2.45 | | |
| Ash | g | 3.26 | | 0 | MA | 12 | | 0.28 | | |
| Carbohydrate, by difference | g | 54.73 | | 0 | NC | 4 | | 4.65 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 54.73 | | 0 | NR | 4 | | 4.65 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 55.53 | | 0 | T | 4 | | 4.72 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 410 | | 0 | T | 4 | | 35 | | |
| Iron, Fe | mg | 9.47 | | 0 | T | 4 | | 0.80 | | |
| Magnesium, Mg | mg | 32 | | 0 | T | 4 | | 3 | | |
| Phosphorus, P | mg | 221 | | 0 | T | 4 | | 19 | | |
| Potassium, K | mg | 552 | | 0 | T | 4 | | 47 | | |
| Sodium, Na | mg | 126 | | 0 | ML | 5 | | 11 | | |
| Zinc, Zn | mg | 3.94 | | 0 | T | 4 | | 0.33 | | |
| Copper, Cu | mg | 0.473 | | 0 | T | 4 | | 0.040 | | |
| Manganese, Mn | mg | 0.026 | | 0 | ML | 5 | | 0.002 | | |
| Selenium, Se | µg | 11.6 | | 0 | T | 4 | | 1.0 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 47.3 | | 0 | T | 4 | | 4.0 | | |
| Thiamin | mg | 0.526 | | 0 | T | 4 | | 0.045 | | |
| Riboflavin | mg | 0.789 | | 0 | T | 4 | | 0.067 | | |
| Niacin | mg | 5.522 | | 0 | T | 4 | | 0.469 | | |
| Pantothenic acid | mg | 2.367 | | 0 | T | 4 | | 0.201 | | |
| Vitamin B-6 | mg | 0.316 | | 0 | T | 4 | | 0.027 | | |
| Folate, total | µg | 79 | | 0 | ML | 5 | | 7 | | |
| Folic acid | µg | 79 | | 0 | T | 4 | | 7 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 134 | | 0 | NC | 4 | | 11 | | |
| Choline, total | mg | 64.0 | | 0 | MC | 9 | | 5.4 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.32 | | 0 | T | 4 | | 0.11 | | |
| Vitamin B-12, added | µg | 1.32 | | 0 | NR | 4 | | 0.11 | | |
| Vitamin A, RAE | mcg_RAE | 473 | | 0 | NC | 4 | | 40 | | |
| Retinol | µg | 473 | | 0 | T | 4 | | 40 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | T | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1577 | | 0 | NC | 4 | | 134 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 5.29 | | 0 | MC | 9 | | 0.45 | | |
| Vitamin E, added (1) | mg | 5.29 | | 0 | NR | 4 | | 0.45 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.9 | | 0 | T | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03853**

**Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, powder, not reconstituted (formerly ROSS)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 316 | | 0 | T | 4 | | 27 | | |
| Vitamin K (phylloquinone)....µg | 42.1 | | 0 | T | 4 | | 3.6 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 9.873 | | 0 | MA | 12 | | 0.839 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.059 | | 0 | MA | 12 | | 0.005 | | |
| 8:0....g | 0.879 | | 0 | MA | 12 | | 0.075 | | |
| 10:0....g | 0.626 | | 0 | MA | 12 | | 0.053 | | |
| 12:0....g | 3.876 | | 0 | MA | 12 | | 0.329 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.459 | | 0 | MA | 12 | | 0.124 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 2.056 | | 0 | MA | 12 | | 0.175 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.916 | | 0 | MA | 12 | | 0.078 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.491 | | 0 | MA | 12 | | 0.892 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.019 | | 0 | MA | 12 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.419 | | 0 | MA | 12 | | 0.886 | | |
| 20:1....g | 0.054 | | 0 | MA | 12 | | 0.005 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 6.396 | | 0 | MA | 12 | | 0.544 | | |
| 18:2 undifferentiated....g | 5.778 | | 0 | MA | 12 | | 0.491 | | |
| 18:3 undifferentiated....g | 0.618 | | 0 | MA | 12 | | 0.053 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 14 | | 0 | ML | 5 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.5g: 1 scoop

**Footnotes:**

1 Added vitamin E is RRR alpha tocopherol

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03853**

**Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, powder, not reconstituted (formerly ROSS)**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03850**
**Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, ready-to-feed (formerly ROSS)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 87.79 | | 0 | MA | 12 | | 26.69 | | |
| Energy | kcal | 65 | | 0 | NC | 4 | | 20 | | |
| Energy | kJ | 272 | | 0 | NC | 4 | | 83 | | |
| Protein | g | 1.36 | | 1 | MA | 12 | | 0.41 | | |
| Total lipid (fat) | g | 3.55 | | 0 | T | 4 | | 1.08 | | |
| Ash | g | 0.38 | | 1 | MA | 12 | | 0.12 | | |
| Carbohydrate, by difference | g | 6.92 | | 0 | NC | 4 | | 2.10 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 6.90 | | 0 | NR | 4 | | 2.10 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 6.90 | | 0 | NR | 4 | | 2.10 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 51 | | 0 | T | 4 | | 16 | | |
| Iron, Fe | mg | 1.18 | | 1 | MA | 12 | | 0.36 | | |
| Magnesium, Mg | mg | 4 | | 1 | MA | 12 | | 1 | | |
| Phosphorus, P | mg | 28 | | 1 | MA | 12 | | 9 | | |
| Potassium, K | mg | 69 | | 1 | MA | 12 | | 21 | | |
| Sodium, Na | mg | 16 | | 1 | MA | 12 | | 5 | | |
| Zinc, Zn | mg | 0.49 | | 1 | MA | 12 | | 0.15 | | |
| Copper, Cu | mg | 0.059 | | 1 | MA | 12 | | 0.018 | | |
| Manganese, Mn | mg | 0.003 | | 0 | ML | 5 | | 0.001 | | |
| Selenium, Se | µg | 1.2 | | 0 | T | 4 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 5.9 | | 1 | MA | 12 | | 1.8 | | |
| Thiamin | mg | 0.066 | | 1 | MA | 12 | | 0.020 | | |
| Riboflavin | mg | 0.099 | | 0 | T | 4 | | 0.030 | | |
| Niacin | mg | 0.690 | | 0 | T | 4 | | 0.210 | | |
| Pantothenic acid | mg | 0.296 | | 0 | T | 4 | | 0.090 | | |
| Vitamin B-6 | mg | 0.039 | | 1 | MA | 12 | | 0.012 | | |
| Folate, total | µg | 10 | | 1 | MA | 12 | | 3 | | |
| Folic acid | µg | 10 | | 0 | T | 4 | | 3 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total | mg | 8.0 | | 0 | MC | 9 | | 2.4 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.16 | | 1 | MA | 12 | | 0.05 | | |
| Vitamin B-12, added | µg | 0.16 | | 0 | NR | 4 | | 0.05 | | |
| Vitamin A, RAE | mcg_RAE | 59 | | 0 | NC | 4 | | 18 | | |
| Retinol | µg | 59 | | 0 | T | 4 | | 18 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 197 | | 0 | NC | 4 | | 60 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 1.32 | | 0 | T | 4 | | 0.40 | | |
| Vitamin E, added (1) | mg | 1.32 | | 0 | NR | 4 | | 0.40 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.0 | | 0 | T | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03850**

**Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, ready-to-feed (formerly ROSS)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 39 | | 0 | T | 4 | | 12 | | |
| Vitamin K (phylloquinone)....µg | 5.3 | | 0 | T | 4 | | 1.6 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.237 | | 1 | MA | 12 | | 0.376 | | |
| 4:0....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.007 | | 1 | MA | 12 | | 0.002 | | |
| 8:0....g | 0.110 | | 1 | MA | 12 | | 0.033 | | |
| 10:0....g | 0.078 | | 1 | MA | 12 | | 0.024 | | |
| 12:0....g | 0.486 | | 1 | MA | 12 | | 0.148 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.183 | | 1 | MA | 12 | | 0.056 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.258 | | 1 | MA | 12 | | 0.078 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.115 | | 1 | MA | 12 | | 0.035 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.314 | | 1 | MA | 12 | | 0.399 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.002 | | 1 | MA | 12 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.305 | | 1 | MA | 12 | | 0.397 | | |
| 20:1....g | 0.007 | | 1 | MA | 12 | | 0.002 | | |
| 22:1 undifferentiated....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.801 | | 1 | MA | 12 | | 0.244 | | |
| 18:2 undifferentiated....g | 0.724 | | 1 | MA | 12 | | 0.220 | | |
| 18:3 undifferentiated....g | 0.077 | | 1 | MA | 12 | | 0.023 | | |
| 18:4....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 1 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 2 | | 1 | MA | 12 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.4g: 1 fl oz

**Footnotes:**

1 Added vitamin E is RRR alpha tocopherol

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03850**

**Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, ready-to-feed (formerly ROSS)**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03815**

**Infant formula, MEAD JOHNSON, ENFAMIL LIPIL, with iron, ready-to-feed, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.35 | | 0 | MC | 9 | | 93.65 | 26.95 | |
| Energy....kcal | 64 | | 0 | NR | 4 | | 68 | 20 | |
| Energy....kJ | 268 | | 0 | NR | 4 | | 285 | 82 | |
| Protein....g | 1.38 | | 0 | BFZN | 4 | | 1.46 | 0.42 | |
| Total lipid (fat)....g | 3.50 | | 0 | MC | 9 | | 3.71 | 1.07 | |
| Ash....g | 0.32 | | 0 | MC | 9 | | 0.34 | 0.10 | |
| Carbohydrate, by difference....g | 7.10 | | 0 | MC | 9 | | 7.53 | 2.17 | |
| Fiber, total dietary....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Sugars, total....g | 7.10 | | 0 | MC | 9 | | 7.53 | 2.17 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 51 | | 0 | BFZN | 4 | | 54 | 16 | |
| Iron, Fe....mg | 1.18 | | 0 | BFZN | 4 | | 1.25 | 0.36 | |
| Magnesium, Mg....mg | 5 | | 0 | MC | 9 | | 6 | 2 | |
| Phosphorus, P....mg | 35 | | 0 | BFZN | 4 | | 37 | 11 | |
| Potassium, K....mg | 71 | | 0 | BFZN | 4 | | 75 | 22 | |
| Sodium, Na....mg | 18 | | 0 | MC | 9 | | 19 | 5 | |
| Zinc, Zn....mg | 0.66 | | 0 | BFZN | 4 | | 0.70 | 0.20 | |
| Copper, Cu....mg | 0.050 | | 0 | MC | 9 | | 0.053 | 0.015 | |
| Manganese, Mn....mg | 0.010 | | 0 | MC | 9 | | 0.011 | 0.003 | |
| Selenium, Se....µg | 1.8 | | 0 | MC | 9 | | 1.9 | 0.6 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 7.9 | | 0 | BFZN | 4 | | 8.4 | 2.4 | |
| Thiamin....mg | 0.052 | | 0 | MC | 9 | | 0.055 | 0.016 | |
| Riboflavin....mg | 0.092 | | 0 | BFZN | 4 | | 0.098 | 0.028 | |
| Niacin....mg | 0.660 | | 0 | MC | 9 | | 0.700 | 0.201 | |
| Pantothenic acid....mg | 0.330 | | 0 | MC | 9 | | 0.350 | 0.101 | |
| Vitamin B-6....mg | 0.040 | | 0 | MC | 9 | | 0.042 | 0.012 | |
| Folate, total....µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folic acid....µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folate, food....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Folate, DFE....mcg_DFE | 18 | | 0 | NC | 4 | | 19 | 5 | |
| Choline, total....mg | 8.0 | | 0 | MC | 9 | | 8.5 | 2.4 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.19 | | 0 | MC | 9 | | 0.20 | 0.06 | |
| Vitamin B-12, added....µg | 0.19 | | 0 | NR | 4 | | 0.20 | 0.06 | |
| Vitamin A, RAE....mcg_RAE | 58 | | 0 | NC | 4 | | 61 | 18 | |
| Retinol....µg | 58 | | 0 | MC | 9 | | 61 | 18 | |
| Carotene, beta....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Carotene, alpha....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 193 | | 0 | NC | 4 | | 205 | 59 | |
| Lycopene....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol)....mg | 0.87 | | 0 | NR | 4 | | 0.92 | 0.27 | |
| Vitamin E, added....mg | 0.87 | | 0 | NR | 4 | | 0.93 | 0.27 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 1.0 | | 0 | O | 4 | | 1.1 | 0.3 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 40 | | 0 | MC | 9 | | 42 | 12 | |
| Vitamin K (phylloquinone)....µg | 5.2 | | 0 | MC | 9 | | 5.5 | 1.6 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03815**

**Infant formula, MEAD JOHNSON, ENFAMIL LIPIL, with iron, ready-to-feed, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.453 | | 0 | NR | 4 | | 1.540 | 0.443 | |
| 4:0....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.009 | | 0 | MC | 9 | | 0.010 | 0.003 | |
| 8:0....g | 0.057 | | 0 | MC | 9 | | 0.060 | 0.017 | |
| 10:0....g | 0.038 | | 0 | MC | 9 | | 0.040 | 0.012 | |
| 12:0....g | 0.311 | | 0 | MC | 9 | | 0.330 | 0.095 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.142 | | 0 | MC | 9 | | 0.151 | 0.043 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.745 | | 0 | MC | 9 | | 0.790 | 0.227 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.142 | | 0 | MC | 9 | | 0.151 | 0.043 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.255 | | 0 | MC | 9 | | 1.330 | 0.383 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.009 | | 0 | MC | 9 | | 0.010 | 0.003 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.255 | | 0 | MC | 9 | | 1.330 | 0.383 | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.670 | | 0 | MC | 9 | | 0.710 | 0.204 | |
| 18:2 undifferentiated....g | 0.585 | | 0 | MC | 9 | | 0.620 | 0.178 | |
| 18:3 undifferentiated....g | 0.057 | | 0 | MC | 9 | | 0.060 | 0.017 | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.019 | | 0 | MC | 9 | | 0.020 | 0.006 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.009 | | 0 | NR | 4 | | 0.010 | 0.003 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | MC | 9 | | 1 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 106g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03943**
**Infant formula, MEAD JOHNSON, ENFAMIL, AR LIPIL, powder, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 3.00 | | 0 | NR | 4 | | 0.26 | 3.18 | |
| Energy....kcal | 509 | | 0 | NC | 4 | | 44 | 539 | |
| Energy....kJ | 2129 | | 0 | NC | 4 | | 185 | 2257 | |
| Protein....g | 12.73 | | 0 | MC | 9 | | 1.11 | 13.50 | |
| Total lipid (fat)....g | 25.97 | | 0 | MC | 9 | | 2.26 | 27.53 | |
| Ash....g | 2.46 | | 0 | MC | 9 | | 0.21 | 2.60 | |
| Carbohydrate, by difference....g | 56.03 | | 0 | MC | 9 | | 4.87 | 59.39 | |
| Fiber, total dietary....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Sugars, total....g | 56.03 | | 0 | MC | 9 | | 4.87 | 59.39 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 397 | | 0 | MC | 9 | | 35 | 421 | |
| Iron, Fe....mg | 9.16 | | 0 | MC | 9 | | 0.80 | 9.71 | |
| Magnesium, Mg....mg | 41 | | 0 | MC | 9 | | 4 | 43 | |
| Phosphorus, P....mg | 269 | | 0 | MC | 9 | | 23 | 286 | |
| Potassium, K....mg | 550 | | 0 | MC | 9 | | 48 | 583 | |
| Sodium, Na....mg | 204 | | 0 | MC | 9 | | 18 | 216 | |
| Zinc, Zn....mg | 5.09 | | 0 | MC | 9 | | 0.44 | 5.39 | |
| Copper, Cu....mg | 0.382 | | 0 | MC | 9 | | 0.033 | 0.405 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 14.3 | | 0 | MC | 9 | | 1.2 | 15.1 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 61.1 | | 0 | MC | 9 | | 5.3 | 64.8 | |
| Thiamin....mg | 0.408 | | 0 | MC | 9 | | 0.035 | 0.432 | |
| Riboflavin....mg | 0.713 | | 0 | MC | 9 | | 0.062 | 0.755 | |
| Niacin....mg | 5.088 | | 0 | MC | 9 | | 0.443 | 5.393 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.306 | | 0 | MC | 9 | | 0.027 | 0.324 | |
| Folate, total....µg | 82 | | 0 | MC | 9 | | 7 | 86 | |
| Folic acid....µg | 82 | | 0 | MC | 9 | | 7 | 86 | |
| Folate, food....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Folate, DFE....mcg_DFE | 139 | | 0 | NC | 4 | | 12 | 147 | |
| Choline, total....mg | 62.0 | | 0 | MC | 9 | | 5.4 | 65.7 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 1.53 | | 0 | MC | 9 | | 0.13 | 1.62 | |
| Vitamin B-12, added....µg | 1.53 | | 0 | MC | 9 | | 0.13 | 1.62 | |
| Vitamin A, RAE....mcg_RAE | 459 | | 0 | NC | 4 | | 40 | 486 | |
| Retinol....µg | 459 | | 0 | NR | 4 | | 40 | 486 | |
| Carotene, beta....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Carotene, alpha....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 1528 | | 0 | MC | 9 | | 133 | 1620 | |
| Lycopene....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol)....mg | 4.60 | | 0 | NR | 4 | | 0.40 | 4.88 | |
| Vitamin E, added....mg | 4.60 | | 0 | NR | 4 | | 0.40 | 4.88 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 7.7 | | 0 | NR | 4 | | 0.7 | 8.1 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 306 | | 0 | NR | 4 | | 27 | 324 | |
| Vitamin K (phylloquinone)....µg | 40.9 | | 0 | NR | 4 | | 3.6 | 43.3 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03943**

**Infant formula, MEAD JOHNSON, ENFAMIL, AR LIPIL, powder, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 10.942 | | 0 | NC | 4 | | 0.952 | 11.598 | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 6:0....g | 0.029 | | 0 | MC | 9 | | 0.003 | 0.031 | |
| 8:0....g | 0.396 | | 0 | MC | 9 | | 0.034 | 0.419 | |
| 10:0....g | 0.299 | | 0 | MC | 9 | | 0.026 | 0.317 | |
| 12:0....g | 2.412 | | 0 | MC | 9 | | 0.210 | 2.557 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.071 | | 0 | MC | 9 | | 0.093 | 1.135 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 5.693 | | 0 | MC | 9 | | 0.495 | 6.034 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.042 | | 0 | MC | 9 | | 0.091 | 1.105 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 9.292 | | 0 | NC | 4 | | 0.808 | 9.849 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.029 | | 0 | MC | 9 | | 0.003 | 0.031 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 9.263 | | 0 | MC | 9 | | 0.806 | 9.819 | |
| 20:1....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 5.124 | | 0 | NC | 4 | | 0.446 | 5.431 | |
| 18:2 undifferentiated....g | 4.439 | | 0 | MC | 9 | | 0.386 | 4.705 | |
| 18:3 undifferentiated....g | 0.434 | | 0 | MC | 9 | | 0.038 | 0.460 | |
| 18:4....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.164 | | 0 | MC | 9 | | 0.014 | 0.174 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.087 | | 0 | NR | 4 | | 0.008 | 0.092 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 17 | | 0 | MC | 9 | | 1 | 18 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.7g: 1 scoop

Measure 2 = 106g: 1 serving 100 ml

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03942**

**Infant formula, MEAD JOHNSON, ENFAMIL, AR LIPIL, ready-to-feed, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 87.00 | | 0 | NR | 4 | | 92.22 | 26.54 | |
| Energy | kcal | 68 | | 0 | NC | 4 | | 73 | 21 | |
| Energy | kJ | 286 | | 0 | NC | 4 | | 303 | 87 | |
| Protein | g | 1.71 | | 0 | MC | 9 | | 1.81 | 0.52 | |
| Total lipid (fat) | g | 3.49 | | 0 | MC | 9 | | 3.70 | 1.07 | |
| Ash | g | 0.33 | | 0 | MC | 9 | | 0.35 | 0.10 | |
| Carbohydrate, by difference | g | 7.53 | | 0 | NR | 4 | | 7.98 | 2.30 | |
| Fiber, total dietary | g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Sugars, total | g | 6.44 | | 0 | NR | 4 | | 6.83 | 1.96 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 53 | | 0 | MC | 9 | | 57 | 16 | |
| Iron, Fe | mg | 1.23 | | 0 | MC | 9 | | 1.31 | 0.38 | |
| Magnesium, Mg | mg | 5 | | 0 | MC | 9 | | 6 | 2 | |
| Phosphorus, P | mg | 36 | | 0 | MC | 9 | | 38 | 11 | |
| Potassium, K | mg | 74 | | 0 | NR | 4 | | 78 | 23 | |
| Sodium, Na | mg | 27 | | 0 | MC | 9 | | 29 | 8 | |
| Zinc, Zn | mg | 0.68 | | 0 | MC | 9 | | 0.73 | 0.21 | |
| Copper, Cu | mg | 0.051 | | 0 | MC | 9 | | 0.054 | 0.016 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 1.9 | | 0 | MC | 9 | | 2.0 | 0.6 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 8.2 | | 0 | MC | 9 | | 8.7 | 2.5 | |
| Thiamin | mg | 0.055 | | 0 | MC | 9 | | 0.058 | 0.017 | |
| Riboflavin | mg | 0.096 | | 0 | MC | 9 | | 0.102 | 0.029 | |
| Niacin | mg | 0.684 | | 0 | MC | 9 | | 0.725 | 0.209 | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.041 | | 0 | MC | 9 | | 0.043 | 0.013 | |
| Folate, total | µg | 11 | | 0 | MC | 9 | | 12 | 3 | |
| Folic acid | µg | 11 | | 0 | MC | 9 | | 12 | 3 | |
| Folate, food | µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Folate, DFE | mcg_DFE | 19 | | 0 | NC | 4 | | 20 | 6 | |
| Choline, total | mg | 8.0 | | 0 | MC | 9 | | 8.5 | 2.4 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.21 | | 0 | MC | 9 | | 0.22 | 0.06 | |
| Vitamin B-12, added | µg | 0.21 | | 0 | MC | 9 | | 0.22 | 0.06 | |
| Vitamin A, RAE | mcg_RAE | 58 | | 0 | NC | 4 | | 61 | 18 | |
| Retinol | µg | 58 | | 0 | MC | 9 | | 61 | 18 | |
| Carotene, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Carotene, alpha | µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin A, IU | IU | 205 | | 0 | MC | 9 | | 218 | 63 | |
| Lycopene | µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol) | mg | 0.62 | | 0 | NR | 4 | | 0.65 | 0.19 | |
| Vitamin E, added | mg | 0.62 | | 0 | NR | 4 | | 0.65 | 0.19 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.0 | | 0 | NR | 4 | | 1.1 | 0.3 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 41 | | 0 | MC | 9 | | 44 | 13 | |
| Vitamin K (phylloquinone) | µg | 5.5 | | 0 | MC | 9 | | 5.8 | 1.7 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03942**

**Infant formula, MEAD JOHNSON, ENFAMIL, AR LIPIL, ready-to-feed, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.453 | | 0 | NR | 4 | | 1.540 | 0.443 | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 6:0....g | 0.009 | | 0 | NR | 4 | | 0.010 | 0.003 | |
| 8:0....g | 0.057 | | 0 | NR | 4 | | 0.060 | 0.017 | |
| 10:0....g | 0.038 | | 0 | NR | 4 | | 0.040 | 0.012 | |
| 12:0....g | 0.311 | | 0 | NR | 4 | | 0.330 | 0.095 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.142 | | 0 | NR | 4 | | 0.151 | 0.043 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.745 | | 0 | NR | 4 | | 0.790 | 0.227 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.142 | | 0 | NR | 4 | | 0.151 | 0.043 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.255 | | 0 | NR | 4 | | 1.330 | 0.383 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.009 | | 0 | NR | 4 | | 0.010 | 0.003 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.255 | | 0 | NR | 4 | | 1.330 | 0.383 | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.670 | | 0 | NR | 4 | | 0.710 | 0.204 | |
| 18:2 undifferentiated....g | 0.585 | | 0 | NR | 4 | | 0.620 | 0.178 | |
| 18:3 undifferentiated....g | 0.057 | | 0 | NR | 4 | | 0.060 | 0.017 | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.023 | | 0 | MC | 9 | | 0.025 | 0.007 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.012 | | 0 | MC | 9 | | 0.012 | 0.004 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | MC | 9 | | 1 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 106g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03849**

**Infant formula, MEAD JOHNSON, ENFAMIL, ENFACARE LIPIL, with iron, powder, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 2.50 | | 1 | MA | 12 | | 0.24 | | |
| Energy ... kcal | 514 | | 0 | NC | 4 | | 48 | | |
| Energy ... kJ | 2151 | | 0 | NC | 4 | | 202 | | |
| Protein (N x 6.38) ... g | 12.50 | | 0 | NR | 4 | | 1.18 | | |
| Total lipid (fat) ... g | 27.00 | | 0 | NR | 4 | | 2.54 | | |
| Ash ... g | 1.50 | | 0 | NR | 4 | | 0.14 | | |
| Carbohydrate, by difference ... g | 56.00 | | 0 | NC | 4 | | 5.26 | | |
| Fiber, total dietary ... g | 0.0 | | 1 | MA | 12 | | 0.0 | | |
| Sugars, total ... g | 51.00 | | 0 | NR | 4 | | 4.79 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 590 | | 1 | MA | 12 | | 55 | | |
| Iron, Fe ... mg | 8.90 | | 1 | MA | 12 | | 0.84 | | |
| Magnesium, Mg ... mg | 39 | | 1 | MA | 12 | | 4 | | |
| Phosphorus, P ... mg | 330 | | 1 | MA | 12 | | 31 | | |
| Potassium, K ... mg | 565 | | 0 | BFSN | 4 | | 53 | | |
| Sodium, Na ... mg | 173 | | 1 | MA | 12 | | 16 | | |
| Zinc, Zn ... mg | 6.20 | | 1 | MA | 12 | | 0.58 | | |
| Copper, Cu ... mg | 0.590 | | 1 | MA | 12 | | 0.055 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 14.6 | | 0 | BFSN | 4 | | 1.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 79.0 | | 1 | MA | 12 | | 7.4 | | |
| Thiamin ... mg | 0.200 | | 1 | MA | 12 | | 0.019 | | |
| Riboflavin ... mg | 0.990 | | 1 | MA | 12 | | 0.093 | | |
| Niacin ... mg | 9.900 | | 1 | MA | 12 | | 0.931 | | |
| Pantothenic acid ... mg | 0.561 | | 1 | MA | 12 | | 0.053 | | |
| Vitamin B-6 ... mg | 0.490 | | 1 | MA | 12 | | 0.046 | | |
| Folate, total ... µg | 128 | | 1 | MA | 12 | | 12 | | |
| Folic acid ... µg | 84 | | 0 | BFSN | 4 | | 8 | | |
| Folate, food ... µg | 44 | | 0 | NC | 4 | | 4 | | |
| Folate, DFE ... mcg_DFE | 187 | | 0 | NC | 4 | | 18 | | |
| Choline, total ... mg | 124.0 | | 0 | NR | 4 | | 11.7 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 1.48 | | 1 | MA | 12 | | 0.14 | | |
| Vitamin B-12, added ... µg | 1.48 | | 0 | NR | 4 | | 0.14 | | |
| Vitamin A, RAE ... mcg_RAE | 474 | | 0 | NC | 4 | | 45 | | |
| Retinol ... µg | 474 | | 0 | BFSN | 4 | | 45 | | |
| Carotene, beta ... µg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Vitamin A, IU ... IU | 1580 | | 0 | NC | 4 | | 148 | | |
| Lycopene ... µg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 9.00 | | 0 | NR | 4 | | 0.85 | | |
| Vitamin E, added ... mg | 9.00 | | 0 | NR | 4 | | 0.85 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 9.8 | | 0 | NR | 4 | | 0.9 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 390 | | 1 | MA | 12 | | 37 | | |
| Vitamin K (phylloquinone) ... µg | 41.3 | | 0 | BFSN | 4 | | 3.9 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03849**

**Infant formula, MEAD JOHNSON, ENFAMIL, ENFACARE LIPIL, with iron, powder, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 11.370 | | 0 | NC | 4 | | 1.069 | | |
| 4:0....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 6:0....g | 0.030 | | 0 | NR | 4 | | 0.003 | | |
| 8:0....g | 0.430 | | 0 | NR | 4 | | 0.040 | | |
| 10:0....g | 0.320 | | 0 | NR | 4 | | 0.030 | | |
| 12:0....g | 2.500 | | 0 | NR | 4 | | 0.235 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.110 | | 0 | NR | 4 | | 0.104 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 5.900 | | 0 | NR | 4 | | 0.555 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.080 | | 0 | NR | 4 | | 0.102 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.300 | | 0 | NC | 4 | | 0.968 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.300 | | 0 | NR | 4 | | 0.968 | | |
| 20:1....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 5.402 | | 0 | NC | 4 | | 0.508 | | |
| 18:2 undifferentiated....g | 4.700 | | 0 | NR | 4 | | 0.442 | | |
| 18:3 undifferentiated....g | 0.450 | | 0 | NR | 4 | | 0.042 | | |
| 18:4....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.168 | | 1 | MA | 12 | | 0.016 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.084 | | 1 | MA | 12 | | 0.008 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 16 | | 0 | BFFN | 4 | | 2 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFSN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | NR | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | NR | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 9.4g: 1 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03827**

**Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE LIPIL, with iron, powder, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 2.20 | | 0 | MC | 9 | | 0.19 | | |
| Energy | kcal | 521 | | 0 | NC | 4 | | 44 | | |
| Energy | kJ | 2179 | | 0 | NC | 4 | | 185 | | |
| Protein | g | 10.90 | | 0 | MC | 9 | | 0.93 | | |
| Total lipid (fat) | g | 28.00 | | 0 | MC | 9 | | 2.38 | | |
| Ash | g | 2.60 | | 0 | MC | 9 | | 0.22 | | |
| Carbohydrate, by difference | g | 56.30 | | 0 | NC | 4 | | 4.79 | | |
| Fiber, total dietary | g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Sugars, total | g | 54.77 | | 0 | MC | 9 | | 4.66 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | 54.79 | | 0 | MC | 9 | | 4.66 | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | | | | | | | | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 430 | | 0 | BFZN | 4 | | 37 | | |
| Iron, Fe | mg | 9.40 | | 0 | MC | 9 | | 0.80 | | |
| Magnesium, Mg | mg | 42 | | 0 | BFZN | 4 | | 4 | | |
| Phosphorus, P | mg | 290 | | 0 | BFZN | 4 | | 25 | | |
| Potassium, K | mg | 570 | | 0 | MC | 9 | | 48 | | |
| Sodium, Na | mg | 156 | | 0 | MC | 9 | | 13 | | |
| Zinc, Zn | mg | 5.20 | | 0 | MC | 9 | | 0.44 | | |
| Copper, Cu | mg | 0.390 | | 0 | MC | 9 | | 0.033 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 14.6 | | 0 | MC | 9 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 62.0 | | 0 | MC | 9 | | 5.3 | | |
| Thiamin | mg | 0.420 | | 0 | BFZN | 4 | | 0.036 | | |
| Riboflavin | mg | 0.730 | | 0 | MC | 9 | | 0.062 | | |
| Niacin | mg | 5.200 | | 0 | MC | 9 | | 0.442 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.310 | | 0 | MC | 9 | | 0.026 | | |
| Folate, total | µg | 83 | | 0 | MC | 9 | | 7 | | |
| Folic acid | µg | 83 | | 0 | MC | 9 | | 7 | | |
| Folate, food | µg | 0 | | 0 | MC | 9 | | 0 | | |
| Folate, DFE | mcg_DFE | 141 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 60.0 | | 0 | MC | 9 | | 5.1 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.56 | | 0 | MC | 9 | | 0.13 | | |
| Vitamin B-12, added | µg | 1.56 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 470 | | 0 | NC | 4 | | 40 | | |
| Retinol | µg | 470 | | 0 | MC | 9 | | 40 | | |
| Carotene, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin A, IU | IU | 1567 | | 0 | NC | 4 | | 133 | | |
| Lycopene | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 4.70 | | 0 | MC | 9 | | 0.40 | | |
| Vitamin E, added | mg | 4.70 | | 0 | NR | 4 | | 0.40 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.8 | | 0 | O | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |

**NDB No. 03827**

**Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE LIPIL, with iron, powder, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D....IU | 310 | | 0 | MC | 9 | | 26 | | |
| Vitamin K (phylloquinone)....µg | 42.0 | | 0 | BFZN | 4 | | 3.6 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 11.900 | | 0 | MC | 9 | | 1.012 | | |
| 4:0....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 6:0....g | 0.030 | | 0 | BFZN | 4 | | 0.003 | | |
| 8:0....g | 0.440 | | 0 | MC | 9 | | 0.037 | | |
| 10:0....g | 0.330 | | 0 | MC | 9 | | 0.028 | | |
| 12:0....g | 2.500 | | 0 | MC | 9 | | 0.213 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.150 | | 0 | MC | 9 | | 0.098 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 6.200 | | 0 | MC | 9 | | 0.527 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.150 | | 0 | MC | 9 | | 0.098 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.400 | | 0 | MC | 9 | | 0.884 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.030 | | 0 | BFZN | 4 | | 0.003 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.400 | | 0 | MC | 9 | | 0.884 | | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 5.500 | | 0 | MC | 9 | | 0.468 | | |
| 18:2 undifferentiated....g | 4.800 | | 0 | MC | 9 | | 0.408 | | |
| 18:3 undifferentiated....g | 0.460 | | 0 | MC | 9 | | 0.039 | | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.180 | | 0 | MC | 9 | | 0.015 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.090 | | 0 | MC | 9 | | 0.008 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 7 | | 0 | MC | 9 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.5g: 1 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03827**

**Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE LIPIL, with iron, powder, with ARA and DHA (1 )**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03830**

**Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, LIPIL, with iron, liquid concentrate, not reconstituted, with ARA and DHA (**
**)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 75.47 | | 0 | MC | 9 | | 23.62 | | |
| Energy....kcal | 132 | | 0 | NC | 4 | | 41 | | |
| Energy....kJ | 554 | | 0 | NC | 4 | | 173 | | |
| Protein....g | 2.68 | | 0 | MC | 9 | | 0.84 | | |
| Total lipid (fat)....g | 7.11 | | 0 | MC | 9 | | 2.23 | | |
| Ash....g | 0.64 | | 0 | MC | 9 | | 0.20 | | |
| Carbohydrate, by difference....g | 14.42 | | 0 | NC | 4 | | 4.51 | | |
| Fiber, total dietary....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Sugars, total....g | 13.96 | | 0 | MC | 9 | | 4.37 | | |
| Sucrose....g | | | | | | | | | |
| Glucose (dextrose)....g | 13.96 | | 0 | MC | 9 | | 4.37 | | |
| Fructose....g | | | | | | | | | |
| Lactose....g | | | | | | | | | |
| Maltose....g | | | | | | | | | |
| Galactose....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 104 | | 0 | MC | 9 | | 33 | | |
| Iron, Fe....mg | 2.30 | | 0 | MC | 9 | | 0.72 | | |
| Magnesium, Mg....mg | 10 | | 0 | MC | 9 | | 3 | | |
| Phosphorus, P....mg | 70 | | 0 | MC | 9 | | 22 | | |
| Potassium, K....mg | 140 | | 0 | MC | 9 | | 44 | | |
| Sodium, Na....mg | 38 | | 0 | MC | 9 | | 12 | | |
| Zinc, Zn....mg | 1.28 | | 0 | MC | 9 | | 0.40 | | |
| Copper, Cu....mg | 0.096 | | 0 | MC | 9 | | 0.030 | | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 3.6 | | 0 | BFZN | 4 | | 1.1 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 15.3 | | 0 | MC | 9 | | 4.8 | | |
| Thiamin....mg | 0.102 | | 0 | MC | 9 | | 0.032 | | |
| Riboflavin....mg | 0.179 | | 0 | MC | 9 | | 0.056 | | |
| Niacin....mg | 1.283 | | 0 | MC | 9 | | 0.402 | | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.077 | | 0 | MC | 9 | | 0.024 | | |
| Folate, total....µg | 20 | | 0 | MC | 9 | | 6 | | |
| Folic acid....µg | 20 | | 0 | MC | 9 | | 6 | | |
| Folate, food....µg | 0 | | 0 | MC | 9 | | 0 | | |
| Folate, DFE....mcg_DFE | 34 | | 0 | NC | 4 | | 11 | | |
| Choline, total....mg | 15.0 | | 0 | MC | 9 | | 4.7 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.38 | | 0 | MC | 9 | | 0.12 | | |
| Vitamin B-12, added....µg | 0.38 | | 0 | NR | 4 | | 0.12 | | |
| Vitamin A, RAE....mcg_RAE | 113 | | 0 | NC | 4 | | 35 | | |
| Retinol....µg | 113 | | 0 | MC | 9 | | 35 | | |
| Carotene, beta....µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin A, IU....IU | 377 | | 0 | MC | 9 | | 118 | | |
| Lycopene....µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 1.70 | | 0 | NR | 4 | | 0.53 | | |
| Vitamin E, added....mg | 1.70 | | 0 | NR | 4 | | 0.53 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 1.9 | | 0 | O | 4 | | 0.6 | | |

**NDB No. 03830**

**Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, LIPIL, with iron, liquid concentrate, not reconstituted, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 77 | | 0 | MC | 9 | | 24 | | |
| Vitamin K (phylloquinone)....µg | 10.2 | | 0 | MC | 9 | | 3.2 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 3.059 | | 0 | MC | 9 | | 0.957 | | |
| 4:0....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 6:0....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| 8:0....g | 0.120 | | 0 | MC | 9 | | 0.038 | | |
| 10:0....g | 0.080 | | 0 | MC | 9 | | 0.025 | | |
| 12:0....g | 0.655 | | 0 | MC | 9 | | 0.205 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.299 | | 0 | MC | 9 | | 0.094 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.569 | | 0 | MC | 9 | | 0.491 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.299 | | 0 | MC | 9 | | 0.094 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.642 | | 0 | MC | 9 | | 0.827 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.642 | | 0 | MC | 9 | | 0.827 | | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.411 | | 0 | MC | 9 | | 0.442 | | |
| 18:2 undifferentiated....g | 1.232 | | 0 | MC | 9 | | 0.386 | | |
| 18:3 undifferentiated....g | 0.120 | | 0 | MC | 9 | | 0.038 | | |
| 18:4....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.040 | | 0 | MC | 9 | | 0.013 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 2 | | 0 | MC | 9 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.3g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**NDB No. 03830**

**Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, LIPIL, with iron, liquid concentrate, not reconstituted, with ARA and DHA ( )**

| **Calories Factors:** | **Protein** | **Fat** | **Carbohydrate** |
|---|---|---|---|

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03868**
**Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, ready-to-feed**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 88.35 | | 0 | MC | 9 | | 26.95 | | |
| Energy ... kcal | 63 | | 0 | NC | 4 | | 19 | | |
| Energy ... kJ | 263 | | 0 | NC | 4 | | 80 | | |
| Protein ... g | 1.38 | | 0 | MC | 9 | | 0.42 | | |
| Total lipid (fat) ... g | 3.50 | | 0 | MC | 9 | | 1.07 | | |
| Ash ... g | 0.33 | | 0 | MC | 9 | | 0.10 | | |
| Carbohydrate, by difference ... g | 7.18 | | 0 | MC | 9 | | 2.19 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total ... g | 7.18 | | 0 | MC | 9 | | 2.19 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 53 | | 0 | MC | 9 | | 16 | | |
| Iron, Fe ... mg | 1.18 | | 0 | MA | 12 | | 0.36 | | |
| Magnesium, Mg ... mg | 5 | | 0 | MC | 9 | | 2 | | |
| Phosphorus, P ... mg | 36 | | 0 | MA | 12 | | 11 | | |
| Potassium, K ... mg | 72 | | 0 | MA | 12 | | 22 | | |
| Sodium, Na ... mg | 19 | | 0 | MC | 9 | | 6 | | |
| Zinc, Zn ... mg | 0.66 | | 0 | MA | 12 | | 0.20 | | |
| Copper, Cu ... mg | 0.050 | | 0 | MC | 9 | | 0.015 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 1.8 | | 0 | MC | 9 | | 0.6 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 7.9 | | 0 | MA | 12 | | 2.4 | | |
| Thiamin ... mg | 0.052 | | 0 | MC | 9 | | 0.016 | | |
| Riboflavin ... mg | 0.092 | | 0 | MC | 9 | | 0.028 | | |
| Niacin ... mg | 0.660 | | 0 | MC | 9 | | 0.201 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.040 | | 0 | MC | 9 | | 0.012 | | |
| Folate, total ... µg | 11 | | 0 | MC | 9 | | 3 | | |
| Folic acid ... µg | 11 | | 0 | MC | 9 | | 3 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 18 | | 0 | NC | 4 | | 5 | | |
| Choline, total ... mg | 8.2 | | 0 | MC | 9 | | 2.5 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.19 | | 0 | MC | 9 | | 0.06 | | |
| Vitamin B-12, added ... µg | 0.19 | | 0 | NR | 4 | | 0.06 | | |
| Vitamin A, RAE ... mcg_RAE | 58 | | 0 | NC | 4 | | 18 | | |
| Retinol ... µg | 58 | | 0 | MC | 9 | | 18 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 194 | | 0 | MC | 9 | | 59 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 0.87 | | 0 | NC | 4 | | 0.27 | | |
| Vitamin E, added ... mg | 0.87 | | 0 | NR | 4 | | 0.27 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.0 | | 0 | NR | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 40 | | 0 | MC | 9 | | 12 | | |
| Vitamin K (phylloquinone) ... µg | 5.2 | | 0 | MC | 9 | | 1.6 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03868**

**Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, ready-to-feed**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.495 | | 0 | MC | 9 | | 0.456 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.003 | | 0 | MC | 9 | | 0.001 | | |
| 8:0....g | 0.058 | | 0 | MC | 9 | | 0.018 | | |
| 10:0....g | 0.039 | | 0 | MC | 9 | | 0.012 | | |
| 12:0....g | 0.320 | | 0 | MC | 9 | | 0.098 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.146 | | 0 | MC | 9 | | 0.045 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.767 | | 0 | MC | 9 | | 0.234 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.146 | | 0 | MC | 9 | | 0.045 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.291 | | 0 | MC | 9 | | 0.394 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.003 | | 0 | MC | 9 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.291 | | 0 | MC | 9 | | 0.394 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.689 | | 0 | MA | 12 | | 0.210 | | |
| 18:2 undifferentiated....g | 0.602 | | 0 | MC | 9 | | 0.184 | | |
| 18:3 undifferentiated....g | 0.066 | | 0 | MA | 12 | | 0.020 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | MA | 12 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03869**

**Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, with iron, powder, not reconstituted**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 2.20 | | 0 | MC | 9 | | 0.19 | | |
| Energy | kcal | 521 | | 0 | NC | 4 | | 44 | | |
| Energy | kJ | 2179 | | 0 | NC | 4 | | 185 | | |
| Protein | g | 10.85 | | 0 | MC | 9 | | 0.92 | | |
| Total lipid (fat) | g | 28.00 | | 0 | MC | 9 | | 2.38 | | |
| Ash | g | 2.60 | | 0 | MC | 9 | | 0.22 | | |
| Carbohydrate, by difference | g | 57.00 | | 0 | NR | 4 | | 4.85 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 57.00 | | 0 | MC | 9 | | 4.85 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | 57.00 | | 0 | MC | 9 | | 4.85 | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | | | | | | | | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 430 | | 0 | MA | 12 | | 37 | | |
| Iron, Fe | mg | 9.40 | | 0 | MC | 9 | | 0.80 | | |
| Magnesium, Mg | mg | 42 | | 0 | MA | 12 | | 4 | | |
| Phosphorus, P | mg | 290 | | 0 | MA | 12 | | 25 | | |
| Potassium, K | mg | 580 | | 0 | MA | 12 | | 49 | | |
| Sodium, Na | mg | 156 | | 0 | MC | 9 | | 13 | | |
| Zinc, Zn | mg | 5.20 | | 0 | MC | 9 | | 0.44 | | |
| Copper, Cu | mg | 0.390 | | 0 | MC | 9 | | 0.033 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 14.6 | | 0 | MC | 9 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 62.0 | | 0 | MC | 9 | | 5.3 | | |
| Thiamin | mg | 0.420 | | 0 | MA | 12 | | 0.036 | | |
| Riboflavin | mg | 0.130 | | 0 | MC | 9 | | 0.011 | | |
| Niacin | mg | 5.200 | | 0 | MC | 9 | | 0.442 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.310 | | 0 | MC | 9 | | 0.026 | | |
| Folate, total | µg | 83 | | 0 | MC | 9 | | 7 | | |
| Folic acid | µg | 83 | | 0 | MC | 9 | | 7 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 141 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 60.0 | | 0 | MC | 9 | | 5.1 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.56 | | 0 | MC | 9 | | 0.13 | | |
| Vitamin B-12, added | µg | 1.56 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 470 | | 0 | NC | 4 | | 40 | | |
| Retinol | µg | 470 | | 0 | MC | 9 | | 40 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1567 | | 0 | NC | 4 | | 133 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 6.90 | | 0 | MC | 9 | | 0.59 | | |
| Vitamin E, added | mg | 6.90 | | 0 | NR | 4 | | 0.59 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.8 | | 0 | NR | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |

**NDB No. 03869**

**Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, with iron, powder, not reconstituted**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D....IU | 310 | | 0 | MC | 9 | | 26 | | |
| Vitamin K (phylloquinone)....µg | 42.0 | | 0 | T | 4 | | 3.6 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 12.020 | | 0 | NC | 4 | | 1.022 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.030 | | 0 | MA | 12 | | 0.003 | | |
| 8:0....g | 0.440 | | 0 | MC | 9 | | 0.037 | | |
| 10:0....g | 0.350 | | 0 | MA | 12 | | 0.030 | | |
| 12:0....g | 2.700 | | 0 | MA | 12 | | 0.230 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.150 | | 0 | MC | 9 | | 0.098 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 6.200 | | 0 | MC | 9 | | 0.527 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.150 | | 0 | MC | 9 | | 0.098 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.430 | | 0 | NC | 4 | | 0.887 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.030 | | 0 | MA | 12 | | 0.003 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.400 | | 0 | MC | 9 | | 0.884 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 5.260 | | 0 | NC | 4 | | 0.447 | | |
| 18:2 undifferentiated....g | 4.800 | | 0 | MC | 9 | | 0.408 | | |
| 18:3 undifferentiated....g | 0.460 | | 0 | MC | 9 | | 0.039 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 8 | | 0 | MA | 12 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.5g: 1 scoop

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03818**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, liquid concentrate, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 75.32 | | 0 | BFZN | 4 | | 23.58 | | |
| Energy ... kcal | 131 | | 0 | MC | 9 | | 41 | | |
| Energy ... kJ | 547 | | 0 | MC | 9 | | 171 | | |
| Protein ... g | 2.76 | | 0 | BFZN | 4 | | 0.86 | | |
| Total lipid (fat) ... g | 7.16 | | 0 | MC | 9 | | 2.24 | | |
| Ash ... g | 0.72 | | 0 | BFZN | 4 | | 0.23 | | |
| Carbohydrate, by difference ... g | 14.24 | | 0 | NC | 4 | | 4.46 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Sugars, total ... g | 14.24 | | 0 | NR | 4 | | 4.46 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 102 | | 0 | BFZN | 4 | | 32 | | |
| Iron, Fe ... mg | 0.92 | | 0 | BFZN | 4 | | 0.29 | | |
| Magnesium, Mg ... mg | 11 | | 0 | BFZN | 4 | | 3 | | |
| Phosphorus, P ... mg | 70 | | 0 | BFZN | 4 | | 22 | | |
| Potassium, K ... mg | 142 | | 0 | BFZN | 4 | | 44 | | |
| Sodium, Na ... mg | 39 | | 0 | BFZN | 4 | | 12 | | |
| Zinc, Zn ... mg | 1.31 | | 0 | BFZN | 4 | | 0.41 | | |
| Copper, Cu ... mg | 0.098 | | 0 | BFZN | 4 | | 0.031 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 3.6 | | 0 | BFZN | 4 | | 1.1 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 15.8 | | 0 | BFZN | 4 | | 4.9 | | |
| Thiamin ... mg | 0.105 | | 0 | BFZN | 4 | | 0.033 | | |
| Riboflavin ... mg | 0.184 | | 0 | BFZN | 4 | | 0.058 | | |
| Niacin ... mg | 1.313 | | 0 | BFZN | 4 | | 0.411 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.079 | | 0 | BFZN | 4 | | 0.025 | | |
| Folate, total ... µg | 21 | | 0 | BFZN | 4 | | 7 | | |
| Folic acid ... µg | 21 | | 0 | NR | 4 | | 7 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 36 | | 0 | NC | 4 | | 11 | | |
| Choline, total ... mg | 17.0 | | 0 | MC | 9 | | 5.3 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.39 | | 0 | BFZN | 4 | | 0.12 | | |
| Vitamin B-12, added ... µg | 0.39 | | 0 | MC | 9 | | 0.12 | | |
| Vitamin A, RAE ... mcg_RAE | 118 | | 0 | NC | 4 | | 37 | | |
| Retinol ... µg | 118 | | 0 | BFZN | 4 | | 37 | | |
| Carotene, beta ... µg | 0 | | 0 | NR | 4 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | NR | 4 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | NR | 4 | | 0 | | |
| Vitamin A, IU ... IU | 394 | | 0 | BFZN | 4 | | 123 | | |
| Lycopene ... µg | 0 | | 0 | NR | 4 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | NR | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 1.22 | | 0 | MC | 9 | | 0.38 | | |
| Vitamin E, added ... mg | 1.22 | | 0 | MC | 9 | | 0.38 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 2.0 | | 0 | NR | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 79 | | 0 | MC | 9 | | 25 | | |
| Vitamin K (phylloquinone) ... µg | 10.0 | | 0 | NR | 4 | | 3.1 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03818**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, liquid concentrate, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 3.078 | | 0 | MC | 9 | | 0.963 | | |
| 4:0....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 6:0....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| 8:0....g | 0.121 | | 0 | MC | 9 | | 0.038 | | |
| 10:0....g | 0.080 | | 0 | MC | 9 | | 0.025 | | |
| 12:0....g | 0.666 | | 0 | MC | 9 | | 0.208 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.301 | | 0 | MC | 9 | | 0.094 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.578 | | 0 | MC | 9 | | 0.494 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.301 | | 0 | MC | 9 | | 0.094 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.659 | | 0 | MC | 9 | | 0.832 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.659 | | 0 | MC | 9 | | 0.832 | | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.419 | | 0 | MC | 9 | | 0.444 | | |
| 18:2 undifferentiated....g | 1.239 | | 0 | MC | 9 | | 0.388 | | |
| 18:3 undifferentiated....g | 0.121 | | 0 | MC | 9 | | 0.038 | | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.041 | | 0 | MC | 9 | | 0.013 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 2 | | 0 | BFZN | 4 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | NR | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | NR | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.3g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03817**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, powder, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 3.30 | | 0 | MC | 9 | | 0.28 | | |
| Energy | kcal | 511 | | 0 | NC | 4 | | 43 | | |
| Energy | kJ | 2138 | | 0 | NC | 4 | | 182 | | |
| Protein | g | 10.80 | | 0 | MC | 9 | | 0.92 | | |
| Total lipid (fat) | g | 27.00 | | 0 | MC | 9 | | 2.30 | | |
| Ash | g | 2.70 | | 0 | MC | 9 | | 0.23 | | |
| Carbohydrate, by difference | g | 56.20 | | 0 | NC | 4 | | 4.78 | | |
| Fiber, total dietary | g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Sugars, total | g | 56.00 | | 0 | BFZN | 4 | | 4.76 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 56.00 | | 0 | BFZN | 4 | | 4.76 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 400 | | 0 | BFZN | 4 | | 34 | | |
| Iron, Fe | mg | 3.60 | | 0 | BFZN | 4 | | 0.31 | | |
| Magnesium, Mg | mg | 41 | | 0 | BFZN | 4 | | 3 | | |
| Phosphorus, P | mg | 270 | | 0 | BFZN | 4 | | 23 | | |
| Potassium, K | mg | 560 | | 0 | BFZN | 4 | | 48 | | |
| Sodium, Na | mg | 139 | | 0 | MC | 9 | | 12 | | |
| Zinc, Zn | mg | 5.20 | | 0 | BFZN | 4 | | 0.44 | | |
| Copper, Cu | mg | 0.390 | | 0 | BFZN | 4 | | 0.033 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 14.5 | | 0 | MC | 9 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 62.0 | | 0 | BFZN | 4 | | 5.3 | | |
| Thiamin | mg | 0.410 | | 0 | BFZN | 4 | | 0.035 | | |
| Riboflavin | mg | 0.720 | | 0 | BFZN | 4 | | 0.061 | | |
| Niacin | mg | 5.200 | | 0 | BFZN | 4 | | 0.442 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.310 | | 0 | BFZN | 4 | | 0.026 | | |
| Folate, total | µg | 83 | | 0 | BFZN | 4 | | 7 | | |
| Folic acid | µg | 83 | | 0 | BFZN | 4 | | 7 | | |
| Folate, food | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Folate, DFE | mcg_DFE | 141 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 62.0 | | 0 | MC | 9 | | 5.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.55 | | 0 | BFZN | 4 | | 0.13 | | |
| Vitamin B-12, added | µg | 1.55 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 470 | | 0 | MC | 9 | | 40 | | |
| Retinol | µg | 470 | | 0 | MC | 9 | | 40 | | |
| Carotene, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin A, IU | IU | 1550 | | 0 | MC | 9 | | 132 | | |
| Lycopene | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 6.90 | | 0 | NR | 4 | | 0.59 | | |
| Vitamin E, added | mg | 6.90 | | 0 | NR | 4 | | 0.59 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.8 | | 0 | BFZN | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |

**NDB No. 03817**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, powder, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D....IU | 310 | | 0 | BFZN | 4 | | 26 | | |
| Vitamin K (phylloquinone)....µg | 41.0 | | 0 | BFZN | 4 | | 3.5 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 11.200 | | 0 | MC | 9 | | 0.952 | | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 6:0....g | 0.030 | | 0 | MC | 9 | | 0.003 | | |
| 8:0....g | 0.410 | | 0 | MC | 9 | | 0.035 | | |
| 10:0....g | 0.310 | | 0 | MC | 9 | | 0.026 | | |
| 12:0....g | 2.400 | | 0 | MC | 9 | | 0.204 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.070 | | 0 | MC | 9 | | 0.091 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 5.700 | | 0 | MC | 9 | | 0.485 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.070 | | 0 | MC | 9 | | 0.091 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 9.630 | | 0 | MC | 9 | | 0.819 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.030 | | 0 | MC | 9 | | 0.003 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 9.600 | | 0 | MC | 9 | | 0.816 | | |
| 20:1....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 5.200 | | 0 | MC | 9 | | 0.442 | | |
| 18:2 undifferentiated....g | 4.500 | | 0 | MC | 9 | | 0.383 | | |
| 18:3 undifferentiated....g | 0.430 | | 0 | MC | 9 | | 0.037 | | |
| 18:4....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.175 | | 0 | MC | 9 | | 0.015 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.090 | | 0 | MC | 9 | | 0.008 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 17 | | 0 | MC | 9 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.5g: 1 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03817**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, powder, with ARA and DHA (1)**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03825**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, ready to feed, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.35 | | 0 | MC | 9 | | 93.65 | 26.95 | |
| Energy....kcal | 64 | | 0 | MC | 9 | | 68 | 20 | |
| Energy....kJ | 268 | | 0 | MC | 9 | | 285 | 82 | |
| Protein....g | 1.38 | | 0 | BFZN | 4 | | 1.46 | 0.42 | |
| Total lipid (fat)....g | 3.50 | | 0 | MC | 9 | | 3.71 | 1.07 | |
| Ash....g | 0.32 | | 0 | MC | 9 | | 0.34 | 0.10 | |
| Carbohydrate, by difference....g | 7.18 | | 0 | NR | 4 | | 7.61 | 2.19 | |
| Fiber, total dietary....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Sugars, total....g | 7.18 | | 0 | MC | 9 | | 7.61 | 2.19 | |
| Sucrose....g | | | | | | | | | |
| Glucose (dextrose)....g | | | | | | | | | |
| Fructose....g | | | | | | | | | |
| Lactose....g | 7.18 | | 0 | MC | 9 | | 7.61 | 2.19 | |
| Maltose....g | | | | | | | | | |
| Galactose....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 51 | | 0 | BFZN | 4 | | 54 | 16 | |
| Iron, Fe....mg | 0.46 | | 0 | BFZN | 4 | | 0.49 | 0.14 | |
| Magnesium, Mg....mg | 5 | | 0 | MC | 9 | | 6 | 2 | |
| Phosphorus, P....mg | 35 | | 0 | BFZN | 4 | | 37 | 11 | |
| Potassium, K....mg | 71 | | 0 | BFZN | 4 | | 75 | 22 | |
| Sodium, Na....mg | 18 | | 0 | MC | 9 | | 19 | 5 | |
| Zinc, Zn....mg | 0.66 | | 0 | BFZN | 4 | | 0.70 | 0.20 | |
| Copper, Cu....mg | 0.050 | | 0 | MC | 9 | | 0.053 | 0.015 | |
| Manganese, Mn....mg | 0.010 | | 0 | MC | 9 | | 0.011 | 0.003 | |
| Selenium, Se....µg | 1.8 | | 0 | MC | 9 | | 1.9 | 0.6 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 7.9 | | 0 | BFZN | 4 | | 8.4 | 2.4 | |
| Thiamin....mg | 0.052 | | 0 | MC | 9 | | 0.055 | 0.016 | |
| Riboflavin....mg | 0.092 | | 0 | BFZN | 4 | | 0.098 | 0.028 | |
| Niacin....mg | 0.660 | | 0 | MC | 9 | | 0.700 | 0.201 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.040 | | 0 | MC | 9 | | 0.042 | 0.012 | |
| Folate, total....µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folic acid....µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folate, food....µg | 0 | | 0 | MC | 9 | | 0 | 0 | |
| Folate, DFE....mcg_DFE | 18 | | 0 | NC | 4 | | 19 | 5 | |
| Choline, total....mg | 8.2 | | 0 | MC | 9 | | 8.7 | 2.5 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.19 | | 0 | MC | 9 | | 0.20 | 0.06 | |
| Vitamin B-12, added....µg | 0.19 | | 0 | NR | 4 | | 0.20 | 0.06 | |
| Vitamin A, RAE....mcg_RAE | 58 | | 0 | NC | 4 | | 61 | 18 | |
| Retinol....µg | 58 | | 0 | MC | 9 | | 61 | 18 | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin A, IU....IU | 194 | | 0 | MC | 9 | | 206 | 59 | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol)....mg | 0.87 | | 0 | MC | 9 | | 0.93 | 0.27 | |
| Vitamin E, added....mg | 0.87 | | 0 | NR | 4 | | 0.93 | 0.27 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 1.0 | | 0 | NR | 4 | | 1.1 | 0.3 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |

**NDB No. 03825**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, ready to feed, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D....IU | 40 | | 0 | MC | 9 | | 42 | 12 | |
| Vitamin K (phylloquinone)....µg | 5.2 | | 0 | MC | 9 | | 5.5 | 1.6 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.453 | | 0 | NR | 4 | | 1.540 | 0.443 | |
| 4:0....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.009 | | 0 | NR | 4 | | 0.010 | 0.003 | |
| 8:0....g | 0.057 | | 0 | NR | 4 | | 0.060 | 0.017 | |
| 10:0....g | 0.038 | | 0 | NR | 4 | | 0.040 | 0.012 | |
| 12:0....g | 0.311 | | 0 | NR | 4 | | 0.330 | 0.095 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.142 | | 0 | NR | 4 | | 0.151 | 0.043 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.745 | | 0 | NR | 4 | | 0.790 | 0.227 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.142 | | 0 | NR | 4 | | 0.151 | 0.043 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.255 | | 0 | NR | 4 | | 1.330 | 0.383 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.009 | | 0 | NR | 4 | | 0.010 | 0.003 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.255 | | 0 | NR | 4 | | 1.330 | 0.383 | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.670 | | 0 | NR | 4 | | 0.710 | 0.204 | |
| 18:2 undifferentiated....g | 0.585 | | 0 | NR | 4 | | 0.620 | 0.178 | |
| 18:3 undifferentiated....g | 0.057 | | 0 | NR | 4 | | 0.060 | 0.017 | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.019 | | 0 | MC | 9 | | 0.020 | 0.006 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.009 | | 0 | NR | 4 | | 0.010 | 0.003 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | MC | 9 | | 1 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Theobromine....mg | | | | | | | | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 106g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors:**

**NDB No. 03825**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, ready to feed, with ARA and DHA (1)**

**Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03832**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, ready-to-feed, with ARA and DHA (1 )**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.35 | | 0 | MC | 9 | | 93.65 | 26.95 | |
| Energy....kcal | 66 | | 0 | MC | 9 | | 70 | 20 | |
| Energy....kJ | 276 | | 0 | MC | 9 | | 293 | 84 | |
| Protein....g | 1.38 | | 0 | MC | 9 | | 1.46 | 0.42 | |
| Total lipid (fat)....g | 3.50 | | 0 | MC | 9 | | 3.71 | 1.07 | |
| Ash....g | 0.33 | | 0 | MC | 9 | | 0.35 | 0.10 | |
| Carbohydrate, by difference....g | 6.44 | | 0 | NC | 4 | | 6.83 | 1.96 | |
| Fiber, total dietary....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Sugars, total....g | 6.44 | | 0 | NR | 4 | | 6.83 | 1.96 | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 54 | | 0 | BFZN | 4 | | 57 | 16 | |
| Iron, Fe....mg | 1.18 | | 0 | BFZN | 4 | | 1.25 | 0.36 | |
| Magnesium, Mg....mg | 5 | | 0 | BFZN | 4 | | 5 | 2 | |
| Phosphorus, P....mg | 36 | | 0 | BFZN | 4 | | 38 | 11 | |
| Potassium, K....mg | 72 | | 0 | BFZN | 4 | | 76 | 22 | |
| Sodium, Na....mg | 19 | | 0 | MC | 9 | | 21 | 6 | |
| Zinc, Zn....mg | 0.66 | | 0 | BFZN | 4 | | 0.70 | 0.20 | |
| Copper, Cu....mg | 0.050 | | 0 | MC | 9 | | 0.053 | 0.015 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.8 | | 0 | MC | 9 | | 1.9 | 0.6 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 7.9 | | 0 | BFZN | 4 | | 8.4 | 2.4 | |
| Thiamin....mg | 0.052 | | 0 | MC | 9 | | 0.055 | 0.016 | |
| Riboflavin....mg | 0.092 | | 0 | MC | 9 | | 0.098 | 0.028 | |
| Niacin....mg | 0.660 | | 0 | MC | 9 | | 0.700 | 0.201 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.040 | | 0 | MC | 9 | | 0.042 | 0.012 | |
| Folate, total....µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folic acid....µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folate, food....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Folate, DFE....mcg_DFE | 18 | | 0 | NC | 4 | | 19 | 5 | |
| Choline, total....mg | 8.0 | | 0 | MC | 9 | | 8.5 | 2.4 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.19 | | 0 | MC | 9 | | 0.20 | 0.06 | |
| Vitamin B-12, added....µg | 0.19 | | 0 | NR | 4 | | 0.20 | 0.06 | |
| Vitamin A, RAE....mcg_RAE | 58 | | 0 | NC | 4 | | 61 | 18 | |
| Retinol....µg | 58 | | 0 | MC | 9 | | 61 | 18 | |
| Carotene, beta....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Carotene, alpha....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin A, IU....IU | 194 | | 0 | MC | 9 | | 206 | 59 | |
| Lycopene....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol)....mg | 0.87 | | 0 | NR | 4 | | 0.93 | 0.27 | |
| Vitamin E, added....mg | 0.87 | | 0 | NR | 4 | | 0.93 | 0.27 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 1.0 | | 0 | O | 4 | | 1.1 | 0.3 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 40 | | 0 | MC | 9 | | 42 | 12 | |
| Vitamin K (phylloquinone)....µg | 5.2 | | 0 | MC | 9 | | 5.5 | 1.6 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03832**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, ready-to-feed, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.453 | | 0 | NR | 4 | | 1.540 | 0.443 | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 6:0....g | 0.009 | | 0 | NR | 4 | | 0.010 | 0.003 | |
| 8:0....g | 0.057 | | 0 | NR | 4 | | 0.060 | 0.017 | |
| 10:0....g | 0.038 | | 0 | NR | 4 | | 0.040 | 0.012 | |
| 12:0....g | 0.311 | | 0 | NR | 4 | | 0.330 | 0.095 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.142 | | 0 | NR | 4 | | 0.151 | 0.043 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.745 | | 0 | NR | 4 | | 0.790 | 0.227 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.142 | | 0 | NR | 4 | | 0.151 | 0.043 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.255 | | 0 | NR | 4 | | 1.330 | 0.383 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.009 | | 0 | NR | 4 | | 0.010 | 0.003 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.255 | | 0 | NR | 4 | | 1.330 | 0.383 | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.670 | | 0 | NR | 4 | | 0.710 | 0.204 | |
| 18:2 undifferentiated....g | 0.585 | | 0 | NR | 4 | | 0.620 | 0.178 | |
| 18:3 undifferentiated....g | 0.057 | | 0 | NR | 4 | | 0.060 | 0.017 | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.019 | | 0 | MC | 9 | | 0.020 | 0.006 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.009 | | 0 | NR | 4 | | 0.010 | 0.003 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | MC | 9 | | 1 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 106g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03812**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, with iron, liquid concentrate, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 75.34 | | 0 | BFZN | 4 | | 23.58 | | |
| Energy....kcal | 131 | | 0 | BFZN | 4 | | 41 | | |
| Energy....kJ | 548 | | 0 | BFZN | 4 | | 172 | | |
| Protein....g | 2.76 | | 0 | BFZN | 4 | | 0.86 | | |
| Total lipid (fat)....g | 6.96 | | 0 | BFZN | 4 | | 2.18 | | |
| Ash....g | 0.60 | | 0 | BFZN | 4 | | 0.19 | | |
| Carbohydrate, by difference....g | 14.34 | | 0 | NC | 4 | | 4.49 | | |
| Fiber, total dietary....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Sugars, total....g | 14.00 | | 0 | BFZN | 4 | | 4.38 | | |
| Sucrose....g | | | | | | | | | |
| Glucose (dextrose)....g | | | | | | | | | |
| Fructose....g | | | | | | | | | |
| Lactose....g | 14.00 | | 0 | BFZN | 4 | | 4.38 | | |
| Maltose....g | | | | | | | | | |
| Galactose....g | | | | | | | | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 102 | | 0 | BFZN | 4 | | 32 | | |
| Iron, Fe....mg | 2.36 | | 0 | BFZN | 4 | | 0.74 | | |
| Magnesium, Mg....mg | 11 | | 0 | BFZN | 4 | | 3 | | |
| Phosphorus, P....mg | 70 | | 0 | BFZN | 4 | | 22 | | |
| Potassium, K....mg | 142 | | 0 | BFZN | 4 | | 44 | | |
| Sodium, Na....mg | 35 | | 0 | BFZN | 4 | | 11 | | |
| Zinc, Zn....mg | 1.31 | | 0 | BFZN | 4 | | 0.41 | | |
| Copper, Cu....mg | 0.098 | | 0 | BFZN | 4 | | 0.031 | | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 3.6 | | 0 | BFZN | 4 | | 1.1 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 15.8 | | 0 | BFZN | 4 | | 4.9 | | |
| Thiamin....mg | 0.105 | | 0 | BFZN | 4 | | 0.033 | | |
| Riboflavin....mg | 0.184 | | 0 | BFZN | 4 | | 0.058 | | |
| Niacin....mg | 1.313 | | 0 | BFZN | 4 | | 0.411 | | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.079 | | 0 | BFZN | 4 | | 0.025 | | |
| Folate, total....µg | 21 | | 0 | BFZN | 4 | | 7 | | |
| Folic acid....µg | 21 | | 0 | BFZN | 4 | | 7 | | |
| Folate, food....µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Folate, DFE....mcg_DFE | 36 | | 0 | NC | 4 | | 11 | | |
| Choline, total....mg | 17.9 | | 0 | MC | 9 | | 5.6 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.39 | | 0 | BFZN | 4 | | 0.12 | | |
| Vitamin B-12, added....µg | 0.39 | | 0 | MC | 9 | | 0.12 | | |
| Vitamin A, RAE....mcg_RAE | 118 | | 0 | NC | 4 | | 37 | | |
| Retinol....µg | 118 | | 0 | BFZN | 4 | | 37 | | |
| Carotene, beta....µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin A, IU....IU | 394 | | 0 | NC | 4 | | 123 | | |
| Lycopene....µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 1.22 | | 0 | BFZN | 4 | | 0.38 | | |
| Vitamin E, added....mg | 1.22 | | 0 | MC | 9 | | 0.38 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 2.0 | | 0 | O | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |

**NDB No. 03812**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, with iron, liquid concentrate, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D....IU | 78 | | 0 | BFZN | 4 | | 24 | | |
| Vitamin K (phylloquinone)....µg | 10.3 | | 0 | BFZN | 4 | | 3.2 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 3.080 | | 0 | MC | 9 | | 0.964 | | |
| 4:0....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 6:0....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| 8:0....g | 0.121 | | 0 | MC | 9 | | 0.038 | | |
| 10:0....g | 0.080 | | 0 | MC | 9 | | 0.025 | | |
| 12:0....g | 0.658 | | 0 | MC | 9 | | 0.206 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.301 | | 0 | MC | 9 | | 0.094 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.577 | | 0 | MC | 9 | | 0.494 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.301 | | 0 | MC | 9 | | 0.094 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.656 | | 0 | MC | 9 | | 0.831 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.656 | | 0 | MC | 9 | | 0.831 | | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.418 | | 0 | MC | 9 | | 0.444 | | |
| 18:2 undifferentiated....g | 1.238 | | 0 | MC | 9 | | 0.387 | | |
| 18:3 undifferentiated....g | 0.121 | | 0 | MC | 9 | | 0.038 | | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.040 | | 0 | MC | 9 | | 0.013 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | BFZN | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.3g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03812**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, with iron, liquid concentrate, with ARA and DHA (1 )**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03808**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, with iron, powder, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 3.30 | | 0 | MC | 9 | | 0.28 | | |
| Energy | kcal | 511 | | 0 | NC | 4 | | 43 | | |
| Energy | kJ | 2138 | | 0 | NC | 4 | | 182 | | |
| Protein | g | 10.80 | | 0 | MC | 9 | | 0.92 | | |
| Total lipid (fat) | g | 27.00 | | 0 | MC | 9 | | 2.30 | | |
| Ash | g | 2.70 | | 0 | MC | 9 | | 0.23 | | |
| Carbohydrate, by difference | g | 56.20 | | 0 | NC | 4 | | 4.78 | | |
| Fiber, total dietary | g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Sugars, total | g | 56.00 | | 0 | BFZN | 4 | | 4.76 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 56.00 | | 0 | BFZN | 4 | | 4.76 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 400 | | 0 | BFZN | 4 | | 34 | | |
| Iron, Fe | mg | 9.30 | | 0 | BFZN | 4 | | 0.79 | | |
| Magnesium, Mg | mg | 41 | | 0 | BFZN | 4 | | 3 | | |
| Phosphorus, P | mg | 270 | | 0 | BFZN | 4 | | 23 | | |
| Potassium, K | mg | 560 | | 0 | BFZN | 4 | | 48 | | |
| Sodium, Na | mg | 139 | | 0 | MC | 9 | | 12 | | |
| Zinc, Zn | mg | 5.20 | | 0 | BFZN | 4 | | 0.44 | | |
| Copper, Cu | mg | 0.390 | | 0 | BFZN | 4 | | 0.033 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 14.5 | | 0 | MC | 9 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 62.0 | | 0 | BFZN | 4 | | 5.3 | | |
| Thiamin | mg | 0.410 | | 0 | BFZN | 4 | | 0.035 | | |
| Riboflavin | mg | 0.720 | | 0 | BFZN | 4 | | 0.061 | | |
| Niacin | mg | 5.200 | | 0 | BFZN | 4 | | 0.442 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.310 | | 0 | BFZN | 4 | | 0.026 | | |
| Folate, total | µg | 83 | | 0 | BFZN | 4 | | 7 | | |
| Folic acid | µg | 83 | | 0 | BFZN | 4 | | 7 | | |
| Folate, food | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Folate, DFE | mcg_DFE | 141 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 62.0 | | 0 | MC | 9 | | 5.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.55 | | 0 | BFZN | 4 | | 0.13 | | |
| Vitamin B-12, added | µg | 1.55 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 470 | | 0 | MC | 9 | | 40 | | |
| Retinol | µg | 470 | | 0 | MC | 9 | | 40 | | |
| Carotene, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin A, IU | IU | 1550 | | 0 | MC | 9 | | 132 | | |
| Lycopene | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 6.90 | | 0 | NR | 4 | | 0.59 | | |
| Vitamin E, added | mg | 6.90 | | 0 | NR | 4 | | 0.59 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.8 | | 0 | BFZN | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |

**NDB No. 03808**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, with iron, powder, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D....IU | 310 | | 0 | BFZN | 4 | | 26 | | |
| Vitamin K (phylloquinone)....µg | 41.0 | | 0 | BFZN | 4 | | 3.5 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 11.221 | | 0 | NC | 4 | | 0.954 | | |
| 4:0....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 6:0....g | 0.030 | | 0 | BFZN | 4 | | 0.003 | | |
| 8:0....g | 0.424 | | 0 | MC | 9 | | 0.036 | | |
| 10:0....g | 0.316 | | 0 | MC | 9 | | 0.027 | | |
| 12:0....g | 2.467 | | 0 | MC | 9 | | 0.210 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.095 | | 0 | MC | 9 | | 0.093 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 5.823 | | 0 | MC | 9 | | 0.495 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.066 | | 0 | MC | 9 | | 0.091 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 9.899 | | 0 | NC | 4 | | 0.841 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.030 | | 0 | MC | 9 | | 0.003 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 9.869 | | 0 | MC | 9 | | 0.839 | | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 5.240 | | 0 | NC | 4 | | 0.445 | | |
| 18:2 undifferentiated....g | 4.540 | | 0 | MC | 9 | | 0.386 | | |
| 18:3 undifferentiated....g | 0.444 | | 0 | NR | 4 | | 0.038 | | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.168 | | 0 | MC | 9 | | 0.014 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.089 | | 0 | MC | 9 | | 0.008 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 17 | | 0 | MC | 9 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.5g: 1 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03808**

**Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, with iron, powder, with ARA and DHA (1)**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03838**

**Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN LIPIL, with iron, powder, not reconstituted, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 3.00 | | 0 | MC | 9 | | 0.27 | | |
| Energy ... kcal | 494 | | 0 | NC | 4 | | 44 | | |
| Energy ... kJ | 2065 | | 0 | NC | 4 | | 186 | | |
| Protein ... g | 13.90 | | 0 | MC | 9 | | 1.25 | | |
| Total lipid (fat) ... g | 26.00 | | 0 | MC | 9 | | 2.34 | | |
| Ash ... g | 5.20 | | 0 | NR | 4 | | 0.47 | | |
| Carbohydrate, by difference ... g | 51.00 | | 0 | NR | 4 | | 4.59 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Sugars, total ... g | 51.00 | | 0 | NR | 4 | | 4.59 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 470 | | 0 | MC | 9 | | 42 | | |
| Iron, Fe ... mg | 8.90 | | 0 | BFZN | 4 | | 0.80 | | |
| Magnesium, Mg ... mg | 55 | | 0 | MC | 9 | | 5 | | |
| Phosphorus, P ... mg | 310 | | 0 | BFZN | 4 | | 28 | | |
| Potassium, K ... mg | 550 | | 0 | MC | 9 | | 50 | | |
| Sodium, Na ... mg | 230 | | 0 | BFZN | 4 | | 21 | | |
| Zinc, Zn ... mg | 5.00 | | 0 | MC | 9 | | 0.45 | | |
| Copper, Cu ... mg | 0.370 | | 0 | BFZN | 4 | | 0.033 | | |
| Manganese, Mn ... mg | 0.124 | | 0 | MC | 9 | | 0.011 | | |
| Selenium, Se ... µg | 13.9 | | 0 | MC | 9 | | 1.3 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 60.0 | | 0 | MC | 9 | | 5.4 | | |
| Thiamin ... mg | 0.400 | | 0 | BFZN | 4 | | 0.036 | | |
| Riboflavin ... mg | 0.450 | | 0 | MC | 9 | | 0.041 | | |
| Niacin ... mg | 5.000 | | 0 | MC | 9 | | 0.450 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.300 | | 0 | MC | 9 | | 0.027 | | |
| Folate, total ... µg | 79 | | 0 | BFZN | 4 | | 7 | | |
| Folic acid ... µg | 79 | | 0 | BFZN | 4 | | 7 | | |
| Folate, food ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Folate, DFE ... mcg_DFE | 134 | | 0 | NC | 4 | | 12 | | |
| Choline, total ... mg | 60.0 | | 0 | MC | 9 | | 5.4 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 1.49 | | 0 | MC | 9 | | 0.13 | | |
| Vitamin B-12, added ... µg | 1.49 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE ... mcg_RAE | 450 | | 0 | MC | 9 | | 41 | | |
| Retinol ... µg | 450 | | 0 | MC | 9 | | 41 | | |
| Carotene, beta ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin A, IU ... IU | 1490 | | 0 | MC | 9 | | 134 | | |
| Lycopene ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 6.60 | | 0 | NR | 4 | | 0.59 | | |
| Vitamin E, added ... mg | 6.60 | | 0 | NR | 4 | | 0.59 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 6.3 | | 0 | BFZN | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 250 | | 0 | BFZN | 4 | | 23 | | |
| Vitamin K (phylloquinone) ... µg | 40.0 | | 0 | MC | 9 | | 3.6 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03838**

**Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN LIPIL, with iron, powder, not reconstituted, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 11.200 | | 0 | MC | 9 | | 1.008 | | |
| 4:0....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 6:0....g | 0.030 | | 0 | BFZN | 4 | | 0.003 | | |
| 8:0....g | 0.410 | | 0 | MC | 9 | | 0.037 | | |
| 10:0....g | 0.310 | | 0 | MC | 9 | | 0.028 | | |
| 12:0....g | 2.400 | | 0 | MC | 9 | | 0.216 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.070 | | 0 | MC | 9 | | 0.096 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 5.700 | | 0 | MC | 9 | | 0.513 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.070 | | 0 | MC | 9 | | 0.096 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 9.600 | | 0 | MC | 9 | | 0.864 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.030 | | 0 | MC | 9 | | 0.003 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 9.600 | | 0 | MC | 9 | | 0.864 | | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 5.200 | | 0 | MC | 9 | | 0.468 | | |
| 18:2 undifferentiated....g | 4.500 | | 0 | MC | 9 | | 0.405 | | |
| 18:3 undifferentiated....g | 0.430 | | 0 | MC | 9 | | 0.039 | | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.170 | | 0 | MC | 9 | | 0.015 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.080 | | 0 | MC | 9 | | 0.007 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 9.0g: 1 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03845**

**Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN LIPIL, with iron, ready to feed, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 87.38 | | 0 | MC | 9 | | 93.50 | 26.65 | |
| Energy ... kcal | 66 | | 0 | NC | 4 | | 71 | 20 | |
| Energy ... kJ | 276 | | 0 | NC | 4 | | 296 | 84 | |
| Protein ... g | 1.83 | | 0 | MC | 9 | | 1.96 | 0.56 | |
| Total lipid (fat) ... g | 3.50 | | 0 | MC | 9 | | 3.75 | 1.07 | |
| Ash ... g | 0.48 | | 0 | MC | 9 | | 0.51 | 0.15 | |
| Carbohydrate, by difference ... g | 6.81 | | 0 | NC | 4 | | 7.29 | 2.08 | |
| Fiber, total dietary ... g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Sugars, total ... g | 5.13 | | 0 | MC | 9 | | 5.49 | 1.56 | |
| Starch ... g | 1.67 | | 0 | MC | 9 | | 1.79 | 0.51 | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 62 | | 0 | BFZN | 4 | | 66 | 19 | |
| Iron, Fe ... mg | 1.18 | | 0 | BFZN | 4 | | 1.26 | 0.36 | |
| Magnesium, Mg ... mg | 7 | | 0 | MC | 9 | | 8 | 2 | |
| Phosphorus, P ... mg | 42 | | 0 | MC | 9 | | 45 | 13 | |
| Potassium, K ... mg | 72 | | 0 | BFZN | 4 | | 77 | 22 | |
| Sodium, Na ... mg | 31 | | 0 | BFZN | 4 | | 33 | 9 | |
| Zinc, Zn ... mg | 0.66 | | 0 | BFZN | 4 | | 0.71 | 0.20 | |
| Copper, Cu ... mg | 0.050 | | 0 | MC | 9 | | 0.054 | 0.015 | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 1.8 | | 0 | MC | 9 | | 2.0 | 0.6 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 7.9 | | 0 | BFZN | 4 | | 8.5 | 2.4 | |
| Thiamin ... mg | 0.052 | | 0 | MC | 9 | | 0.056 | 0.016 | |
| Riboflavin ... mg | 0.059 | | 0 | BFZN | 4 | | 0.063 | 0.018 | |
| Niacin ... mg | 0.660 | | 0 | MC | 9 | | 0.706 | 0.201 | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.040 | | 0 | MC | 9 | | 0.043 | 0.012 | |
| Folate, total ... µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folic acid ... µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folate, food ... µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Folate, DFE ... mcg_DFE | 18 | | 0 | NC | 4 | | 19 | 5 | |
| Choline, total ... mg | 8.0 | | 0 | MC | 9 | | 8.6 | 2.4 | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.19 | | 0 | MC | 9 | | 0.20 | 0.06 | |
| Vitamin B-12, added ... µg | 0.19 | | 0 | NR | 4 | | 0.20 | 0.06 | |
| Vitamin A, RAE ... mcg_RAE | 58 | | 0 | NC | 4 | | 62 | 18 | |
| Retinol ... µg | 58 | | 0 | MC | 9 | | 62 | 18 | |
| Carotene, beta ... µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Carotene, alpha ... µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin A, IU ... IU | 194 | | 0 | MC | 9 | | 208 | 59 | |
| Lycopene ... µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol) ... mg | 0.87 | | 0 | NR | 4 | | 0.93 | 0.27 | |
| Vitamin E, added ... mg | 0.87 | | 0 | NR | 4 | | 0.93 | 0.27 | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 0.8 | | 0 | NR | 4 | | 0.9 | 0.3 | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | 0.8 | | 0 | NR | 4 | | 0.9 | 0.3 | |
| Vitamin D ... IU | 33 | | 0 | MC | 9 | | 35 | 10 | |
| Vitamin K (phylloquinone) ... µg | 5.2 | | 0 | MC | 9 | | 5.6 | 1.6 | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03845**

**Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN LIPIL, with iron, ready to feed, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.453 | | 0 | MC | 9 | | 1.555 | 0.443 | |
| 4:0....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 6:0....g | 0.009 | | 0 | MC | 9 | | 0.010 | 0.003 | |
| 8:0....g | 0.057 | | 0 | MC | 9 | | 0.061 | 0.017 | |
| 10:0....g | 0.038 | | 0 | MC | 9 | | 0.041 | 0.012 | |
| 12:0....g | 0.311 | | 0 | MC | 9 | | 0.333 | 0.095 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.142 | | 0 | MC | 9 | | 0.152 | 0.043 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.745 | | 0 | MC | 9 | | 0.797 | 0.227 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.142 | | 0 | MC | 9 | | 0.152 | 0.043 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.255 | | 0 | NR | 4 | | 1.343 | 0.383 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.009 | | 0 | MC | 9 | | 0.010 | 0.003 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.255 | | 0 | NR | 4 | | 1.343 | 0.383 | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.670 | | 0 | MC | 9 | | 0.717 | 0.204 | |
| 18:2 undifferentiated....g | 0.585 | | 0 | MC | 9 | | 0.626 | 0.178 | |
| 18:3 undifferentiated....g | 0.057 | | 0 | MC | 9 | | 0.061 | 0.017 | |
| 18:4....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.019 | | 0 | MC | 9 | | 0.020 | 0.006 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.009 | | 0 | NR | 4 | | 0.010 | 0.003 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 107g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03844**

**Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, LIPIL, with iron, liquid concentrate not reconstituted, with ARA and DHA ( )**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 75.70 | | 0 | MC | 9 | | 23.92 | | |
| Energy ... kcal | 126 | | 0 | MC | 9 | | 40 | | |
| Energy ... kJ | 527 | | 0 | MC | 9 | | 167 | | |
| Protein ... g | 3.53 | | 0 | MC | 9 | | 1.12 | | |
| Total lipid (fat) ... g | 6.73 | | 0 | MC | 9 | | 2.13 | | |
| Ash ... g | 0.92 | | 0 | MC | 9 | | 0.29 | | |
| Carbohydrate, by difference ... g | 13.12 | | 0 | NC | 4 | | 4.15 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Sugars, total ... g | 9.87 | | 0 | MC | 9 | | 3.12 | | |
| Starch ... g | 3.21 | | 0 | MC | 9 | | 1.01 | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 123 | | 0 | BFZN | 4 | | 39 | | |
| Iron, Fe ... mg | 2.28 | | 0 | MC | 9 | | 0.72 | | |
| Magnesium, Mg ... mg | 14 | | 0 | MC | 9 | | 4 | | |
| Phosphorus, P ... mg | 80 | | 0 | MC | 9 | | 25 | | |
| Potassium, K ... mg | 138 | | 0 | MC | 9 | | 44 | | |
| Sodium, Na ... mg | 60 | | 0 | MC | 9 | | 19 | | |
| Zinc, Zn ... mg | 1.27 | | 0 | MC | 9 | | 0.40 | | |
| Copper, Cu ... mg | 0.095 | | 0 | MC | 9 | | 0.030 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 3.5 | | 0 | MC | 9 | | 1.1 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 15.1 | | 0 | MC | 9 | | 4.8 | | |
| Thiamin ... mg | 0.101 | | 0 | MC | 9 | | 0.032 | | |
| Riboflavin ... mg | 0.114 | | 0 | MC | 9 | | 0.036 | | |
| Niacin ... mg | 1.271 | | 0 | MC | 9 | | 0.402 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.077 | | 0 | MC | 9 | | 0.024 | | |
| Folate, total ... µg | 20 | | 0 | MC | 9 | | 6 | | |
| Folic acid ... µg | 20 | | 0 | MC | 9 | | 6 | | |
| Folate, food ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Folate, DFE ... mcg_DFE | 34 | | 0 | NC | 4 | | 11 | | |
| Choline, total ... mg | 15.4 | | 0 | MC | 9 | | 4.9 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.37 | | 0 | MC | 9 | | 0.12 | | |
| Vitamin B-12, added ... µg | 0.37 | | 0 | NR | 4 | | 0.12 | | |
| Vitamin A, RAE ... mcg_RAE | 112 | | 0 | NC | 4 | | 35 | | |
| Retinol ... µg | 112 | | 0 | MC | 9 | | 35 | | |
| Carotene, beta ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin A, IU ... IU | 374 | | 0 | MC | 9 | | 118 | | |
| Lycopene ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 1.68 | | 0 | NR | 4 | | 0.53 | | |
| Vitamin E, added ... mg | 1.68 | | 0 | NR | 4 | | 0.53 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.6 | | 0 | O | 4 | | 0.5 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 64 | | 0 | MC | 9 | | 20 | | |
| Vitamin K (phylloquinone) ... µg | 10.1 | | 0 | MC | 9 | | 3.2 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |

**NDB No. 03844**

**Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, LIPIL, with iron, liquid concentrate not reconstituted, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 2.798 | | 0 | MC | 9 | | 0.884 | | |
| 4:0....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 6:0....g | 0.017 | | 0 | MC | 9 | | 0.005 | | |
| 8:0....g | 0.110 | | 0 | MC | 9 | | 0.035 | | |
| 10:0....g | 0.073 | | 0 | MC | 9 | | 0.023 | | |
| 12:0....g | 0.599 | | 0 | MC | 9 | | 0.189 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.273 | | 0 | MC | 9 | | 0.086 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.434 | | 0 | MC | 9 | | 0.453 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.273 | | 0 | MC | 9 | | 0.086 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.486 | | 0 | MC | 9 | | 0.786 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.017 | | 0 | MC | 9 | | 0.005 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.416 | | 0 | MC | 9 | | 0.763 | | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.327 | | 0 | MC | 9 | | 0.419 | | |
| 18:2 undifferentiated....g | 1.126 | | 0 | MC | 9 | | 0.356 | | |
| 18:3 undifferentiated....g | 0.109 | | 0 | MC | 9 | | 0.034 | | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.037 | | 0 | MC | 9 | | 0.012 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.017 | | 0 | MC | 9 | | 0.005 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MC | 9 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.6g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03816**

**Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, liquid concentrate, not reconstituted**

*Mead Johnson*

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 75.70 | | 0 | MC | 9 | | 23.85 | | |
| Energy ... kcal | 127 | | 0 | NC | 4 | | 40 | | |
| Energy ... kJ | 532 | | 0 | NC | 4 | | 168 | | |
| Protein ... g | 3.53 | | 0 | MC | 9 | | 1.11 | | |
| Total lipid (fat) ... g | 6.73 | | 0 | MC | 9 | | 2.12 | | |
| Ash ... g | 0.92 | | 0 | MC | 9 | | 0.29 | | |
| Carbohydrate, by difference ... g | 13.12 | | 0 | NC | 4 | | 4.13 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | MC | 9 | | 0.0 | | |
| Sugars, total ... g | 13.08 | | 0 | MC | 9 | | 4.12 | | |
| Starch ... g | 0.00 | | 0 | O | 4 | | 0.00 | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 120 | | 0 | MC | 9 | | 38 | | |
| Iron, Fe ... mg | 2.28 | | 0 | MC | 9 | | 0.72 | | |
| Magnesium, Mg ... mg | 14 | | 0 | MC | 9 | | 4 | | |
| Phosphorus, P ... mg | 80 | | 0 | MC | 9 | | 25 | | |
| Potassium, K ... mg | 138 | | 0 | MC | 9 | | 43 | | |
| Sodium, Na ... mg | 60 | | 0 | MC | 9 | | 19 | | |
| Zinc, Zn ... mg | 1.27 | | 0 | MC | 9 | | 0.40 | | |
| Copper, Cu ... mg | 0.095 | | 0 | MC | 9 | | 0.030 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 3.5 | | 0 | MC | 9 | | 1.1 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 15.1 | | 0 | MC | 9 | | 4.8 | | |
| Thiamin ... mg | 0.101 | | 0 | MC | 9 | | 0.032 | | |
| Riboflavin ... mg | 0.114 | | 0 | MC | 9 | | 0.036 | | |
| Niacin ... mg | 1.270 | | 0 | MC | 9 | | 0.400 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.077 | | 0 | MC | 9 | | 0.024 | | |
| Folate, total ... µg | 20 | | 0 | MC | 9 | | 6 | | |
| Folic acid ... µg | 20 | | 0 | MC | 9 | | 6 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 34 | | 0 | NC | 4 | | 11 | | |
| Choline, total ... mg | 23.0 | | 0 | NR | 4 | | 7.2 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.37 | | 0 | MC | 9 | | 0.12 | | |
| Vitamin B-12, added ... µg | 0.37 | | 0 | NR | 4 | | 0.12 | | |
| Vitamin A, RAE ... mcg_RAE | 112 | | 0 | MC | 9 | | 35 | | |
| Retinol ... µg | 112 | | 0 | MC | 9 | | 35 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 374 | | 0 | MC | 9 | | 118 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 1.68 | | 0 | NR | 4 | | 0.53 | | |
| Vitamin E, added ... mg | 1.68 | | 0 | NR | 4 | | 0.53 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.6 | | 0 | MC | 9 | | 0.5 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 64 | | 0 | MC | 9 | | 20 | | |
| Vitamin K (phylloquinone) ... µg | 10.1 | | 0 | MC | 9 | | 3.2 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03816**

**Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, liquid concentrate, not reconstituted**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.879 | | 0 | MC | 9 | | 0.907 | | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 6:0....g | 0.007 | | 0 | MC | 9 | | 0.002 | | |
| 8:0....g | 0.112 | | 0 | MC | 9 | | 0.035 | | |
| 10:0....g | 0.075 | | 0 | MC | 9 | | 0.024 | | |
| 12:0....g | 0.617 | | 0 | MC | 9 | | 0.194 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.280 | | 0 | MC | 9 | | 0.088 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.477 | | 0 | MC | 9 | | 0.465 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.280 | | 0 | MC | 9 | | 0.088 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.493 | | 0 | MC | 9 | | 0.785 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.007 | | 0 | MC | 9 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.486 | | 0 | MC | 9 | | 0.783 | | |
| 20:1....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.159 | | 0 | MC | 9 | | 0.365 | | |
| 18:2 undifferentiated....g | 1.159 | | 0 | MC | 9 | | 0.365 | | |
| 18:3 undifferentiated....g | 0.118 | | 0 | MC | 9 | | 0.037 | | |
| 18:4....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MC | 9 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | MC | 9 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.5g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03814**

**Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, powder, not reconstituted**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 2.50 | | 0 | NR | 4 | | 0.24 | | |
| Energy ... kcal | 502 | | 0 | NC | 4 | | 48 | | |
| Energy ... kJ | 2100 | | 0 | NC | 4 | | 202 | | |
| Protein ... g | 14.20 | | 0 | MC | 9 | | 1.36 | | |
| Total lipid (fat) ... g | 25.00 | | 0 | MC | 9 | | 2.40 | | |
| Ash ... g | 2.90 | | 0 | MC | 9 | | 0.28 | | |
| Carbohydrate, by difference ... g | 55.00 | | 0 | MC | 9 | | 5.28 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total ... g | 55.00 | | 0 | NR | 4 | | 5.28 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 470 | | 0 | MC | 9 | | 45 | | |
| Iron, Fe ... mg | 8.90 | | 0 | MA | 12 | | 0.85 | | |
| Magnesium, Mg ... mg | 55 | | 0 | MC | 9 | | 5 | | |
| Phosphorus, P ... mg | 310 | | 0 | MC | 9 | | 30 | | |
| Potassium, K ... mg | 550 | | 0 | MC | 9 | | 53 | | |
| Sodium, Na ... mg | 230 | | 0 | MA | 12 | | 22 | | |
| Zinc, Zn ... mg | 5.00 | | 0 | MC | 9 | | 0.48 | | |
| Copper, Cu ... mg | 0.370 | | 0 | MA | 12 | | 0.036 | | |
| Manganese, Mn ... mg | 0.124 | | 0 | MC | 9 | | 0.012 | | |
| Selenium, Se ... µg | 13.9 | | 0 | MC | 9 | | 1.3 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 60.0 | | 0 | MC | 9 | | 5.8 | | |
| Thiamin ... mg | 0.400 | | 0 | MA | 12 | | 0.038 | | |
| Riboflavin ... mg | 0.450 | | 0 | MC | 9 | | 0.043 | | |
| Niacin ... mg | 5.000 | | 0 | MC | 9 | | 0.480 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.300 | | 0 | MA | 12 | | 0.029 | | |
| Folate, total ... µg | 79 | | 0 | T | 4 | | 8 | | |
| Folic acid ... µg | 79 | | 0 | T | 4 | | 8 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 134 | | 0 | NC | 4 | | 13 | | |
| Choline, total ... mg | 59.0 | | 0 | MC | 9 | | 5.7 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 1.49 | | 0 | MC | 9 | | 0.14 | | |
| Vitamin B-12, added ... µg | 1.49 | | 0 | NR | 4 | | 0.14 | | |
| Vitamin A, RAE ... mcg_RAE | 450 | | 0 | MC | 9 | | 43 | | |
| Retinol ... µg | 450 | | 0 | MC | 9 | | 43 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 1490 | | 0 | MC | 9 | | 143 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 6.60 | | 0 | NR | 4 | | 0.63 | | |
| Vitamin E, added ... mg | 6.60 | | 0 | NR | 4 | | 0.63 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 6.3 | | 0 | T | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 250 | | 0 | T | 4 | | 24 | | |
| Vitamin K (phylloquinone) ... µg | 40.0 | | 0 | MC | 9 | | 3.8 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03814**

**Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, powder, not reconstituted**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 10.990 | | 0 | NC | 4 | | 1.055 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.030 | | 0 | MA | 12 | | 0.003 | | |
| 8:0....g | 0.410 | | 0 | MC | 9 | | 0.039 | | |
| 10:0....g | 0.310 | | 0 | MC | 9 | | 0.030 | | |
| 12:0....g | 2.400 | | 0 | MC | 9 | | 0.230 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.070 | | 0 | MC | 9 | | 0.103 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 5.700 | | 0 | MC | 9 | | 0.547 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.070 | | 0 | MC | 9 | | 0.103 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 9.520 | | 0 | NC | 4 | | 0.914 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.020 | | 0 | MA | 12 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 9.500 | | 0 | MA | 12 | | 0.912 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 4.930 | | 0 | NC | 4 | | 0.473 | | |
| 18:2 undifferentiated....g | 4.500 | | 0 | MC | 9 | | 0.432 | | |
| 18:3 undifferentiated....g | 0.430 | | 0 | MC | 9 | | 0.041 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MC | 9 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 9.6g: 1 scoop

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03813**

**Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, ready-to-feed**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 87.38 | | 0 | NR | 4 | | 93.50 | 26.91 | |
| Energy ... kcal | 66 | | 0 | MC | 9 | | 71 | 20 | |
| Energy ... kJ | 276 | | 0 | MC | 9 | | 295 | 85 | |
| Protein ... g | 1.83 | | 0 | NR | 4 | | 1.96 | 0.56 | |
| Total lipid (fat) ... g | 3.50 | | 0 | NR | 4 | | 3.75 | 1.08 | |
| Ash ... g | 0.48 | | 0 | NR | 4 | | 0.51 | 0.15 | |
| Carbohydrate, by difference ... g | 6.81 | | 0 | NC | 4 | | 7.29 | 2.10 | |
| Fiber, total dietary ... g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Sugars, total ... g | 5.13 | | 0 | NR | 4 | | 5.49 | 1.58 | |
| Starch ... g | 1.67 | | 0 | NR | 4 | | 1.79 | 0.51 | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 62 | | 0 | MA | 12 | | 66 | 19 | |
| Iron, Fe ... mg | 1.18 | | 0 | MA | 12 | | 1.26 | 0.36 | |
| Magnesium, Mg ... mg | 7 | | 0 | NR | 4 | | 8 | 2 | |
| Phosphorus, P ... mg | 42 | | 0 | NR | 4 | | 45 | 13 | |
| Potassium, K ... mg | 72 | | 0 | MA | 12 | | 77 | 22 | |
| Sodium, Na ... mg | 31 | | 0 | MA | 12 | | 33 | 10 | |
| Zinc, Zn ... mg | 0.66 | | 0 | MA | 12 | | 0.71 | 0.20 | |
| Copper, Cu ... mg | 0.050 | | 0 | NR | 4 | | 0.054 | 0.015 | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 1.8 | | 0 | NR | 4 | | 2.0 | 0.6 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 7.9 | | 0 | MA | 12 | | 8.5 | 2.4 | |
| Thiamin ... mg | 0.052 | | 0 | NR | 4 | | 0.056 | 0.016 | |
| Riboflavin ... mg | 0.059 | | 0 | MA | 12 | | 0.063 | 0.018 | |
| Niacin ... mg | 0.660 | | 0 | NR | 4 | | 0.706 | 0.203 | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.040 | | 0 | NR | 4 | | 0.043 | 0.012 | |
| Folate, total ... µg | 11 | | 0 | NR | 4 | | 11 | 3 | |
| Folic acid ... µg | 11 | | 0 | NR | 4 | | 11 | 3 | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, DFE ... mcg_DFE | 18 | | 0 | NC | 4 | | 19 | 5 | |
| Choline, total ... mg | 8.2 | | 0 | NR | 4 | | 8.8 | 2.5 | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.19 | | 0 | NR | 4 | | 0.20 | 0.06 | |
| Vitamin B-12, added ... µg | 0.19 | | 0 | NR | 4 | | 0.20 | 0.06 | |
| Vitamin A, RAE ... mcg_RAE | 58 | | 0 | NR | 4 | | 62 | 18 | |
| Retinol ... µg | 59 | | 0 | NC | 4 | | 63 | 18 | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin A, IU ... IU | 194 | | 0 | NR | 4 | | 208 | 60 | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol) ... mg | 0.87 | | 0 | NR | 4 | | 0.93 | 0.27 | |
| Vitamin E, added ... mg | 0.87 | | 0 | NR | 4 | | 0.93 | 0.27 | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 0.8 | | 0 | NR | 4 | | 0.9 | 0.3 | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 33 | | 0 | NR | 4 | | 35 | 10 | |
| Vitamin K (phylloquinone) ... µg | 5.2 | | 0 | NR | 4 | | 5.6 | 1.6 | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03813**

**Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, ready-to-feed**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.364 | | 0 | NR | 4 | | 1.459 | 0.420 | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 6:0....g | 0.009 | | 0 | MC | 9 | | 0.010 | 0.003 | |
| 8:0....g | 0.047 | | 0 | MC | 9 | | 0.050 | 0.014 | |
| 10:0....g | 0.037 | | 0 | MC | 9 | | 0.040 | 0.011 | |
| 12:0....g | 0.299 | | 0 | MC | 9 | | 0.320 | 0.092 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.131 | | 0 | MC | 9 | | 0.140 | 0.040 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.701 | | 0 | MC | 9 | | 0.750 | 0.216 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.131 | | 0 | MC | 9 | | 0.140 | 0.040 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.206 | | 0 | MC | 9 | | 1.290 | 0.371 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.003 | | 0 | MC | 9 | | 0.003 | 0.001 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.206 | | 0 | MC | 9 | | 1.290 | 0.371 | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.617 | | 0 | MC | 9 | | 0.660 | 0.190 | |
| 18:2 undifferentiated....g | 0.561 | | 0 | MC | 9 | | 0.600 | 0.173 | |
| 18:3 undifferentiated....g | 0.056 | | 0 | MC | 9 | | 0.060 | 0.017 | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MA | 12 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 107g: 1 Serving 100 ml

Measure 2 = 30.8g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03852**

**Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE LIPIL, with iron, powder, not reconstituted, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 3.50 | | 0 | MC | 9 | | 0.31 | | |
| Energy | kcal | 510 | | 0 | NC | 4 | | 45 | | |
| Energy | kJ | 2135 | | 0 | NC | 4 | | 188 | | |
| Protein | g | 12.50 | | 0 | MC | 9 | | 1.10 | | |
| Total lipid (fat) | g | 27.00 | | 0 | MC | 9 | | 2.38 | | |
| Ash | g | 3.90 | | 0 | MC | 9 | | 0.34 | | |
| Carbohydrate, by difference | g | 53.00 | | 0 | MC | 9 | | 4.66 | | |
| Fiber, total dietary | g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Sugars, total | g | 53.00 | | 0 | MC | 9 | | 4.66 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 53.00 | | 0 | MC | 9 | | 4.66 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | 0.00 | | 0 | BFZN | 4 | | 0.00 | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 530 | | 0 | MC | 9 | | 47 | | |
| Iron, Fe | mg | 9.50 | | 0 | MC | 9 | | 0.84 | | |
| Magnesium, Mg | mg | 55 | | 0 | MC | 9 | | 5 | | |
| Phosphorus, P | mg | 420 | | 0 | MC | 9 | | 37 | | |
| Potassium, K | mg | 600 | | 0 | MC | 9 | | 53 | | |
| Sodium, Na | mg | 171 | | 0 | MC | 9 | | 15 | | |
| Zinc, Zn | mg | 6.00 | | 0 | BFZN | 4 | | 0.53 | | |
| Copper, Cu | mg | 0.380 | | 0 | MC | 9 | | 0.033 | | |
| Manganese, Mn | mg | 0.125 | | 0 | MC | 9 | | 0.011 | | |
| Selenium, Se | µg | 13.3 | | 0 | MC | 9 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 60.0 | | 0 | MC | 9 | | 5.3 | | |
| Thiamin | mg | 0.400 | | 0 | NR | 4 | | 0.035 | | |
| Riboflavin | mg | 0.450 | | 0 | NR | 4 | | 0.040 | | |
| Niacin | mg | 5.000 | | 0 | NR | 4 | | 0.440 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.300 | | 0 | NR | 4 | | 0.026 | | |
| Folate, total | µg | 80 | | 0 | NR | 4 | | 7 | | |
| Folic acid | µg | 80 | | 0 | NR | 4 | | 7 | | |
| Folate, food | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Folate, DFE | mcg_DFE | 136 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 60.0 | | 0 | MC | 9 | | 5.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.42 | | 0 | MC | 9 | | 0.12 | | |
| Vitamin B-12, added | µg | 1.42 | | 0 | NR | 4 | | 0.12 | | |
| Vitamin A, RAE | mcg_RAE | 430 | | 0 | MC | 9 | | 38 | | |
| Retinol | µg | 430 | | 0 | MC | 9 | | 38 | | |
| Carotene, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin A, IU | IU | 1420 | | 0 | MC | 9 | | 125 | | |
| Lycopene | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 6.40 | | 0 | MC | 9 | | 0.56 | | |
| Vitamin E, added | mg | 6.40 | | 0 | MC | 9 | | 0.56 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.5 | | 0 | BFZN | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |

**NDB No. 03852**

**Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE LIPIL, with iron, powder, not reconstituted, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D....IU | 300 | | 0 | BFZN | 4 | | 26 | | |
| Vitamin K (phylloquinone)....µg | 40.0 | | 0 | MC | 9 | | 3.5 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 11.370 | | 0 | NR | 4 | | 1.001 | | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 6:0....g | 0.030 | | 0 | NR | 4 | | 0.003 | | |
| 8:0....g | 0.430 | | 0 | NR | 4 | | 0.038 | | |
| 10:0....g | 0.320 | | 0 | NR | 4 | | 0.028 | | |
| 12:0....g | 2.500 | | 0 | MC | 9 | | 0.220 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.110 | | 0 | MC | 9 | | 0.098 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 5.900 | | 0 | MC | 9 | | 0.519 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.080 | | 0 | MC | 9 | | 0.095 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.320 | | 0 | MC | 9 | | 0.908 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.020 | | 0 | MC | 9 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.300 | | 0 | MC | 9 | | 0.906 | | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 5.200 | | 0 | MC | 9 | | 0.458 | | |
| 18:2 undifferentiated....g | 4.700 | | 0 | MC | 9 | | 0.414 | | |
| 18:3 undifferentiated....g | 0.340 | | 0 | MC | 9 | | 0.030 | | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.170 | | 0 | MC | 9 | | 0.015 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.085 | | 0 | MC | 9 | | 0.007 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.8g: 1 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**NDB No. 03852**

**Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE LIPIL, with iron, powder, not reconstituted, with ARA and DHA (1)**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03854**

**Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE, LIPIL, liquid concentrate, not reconstituted, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 75.47 | | 0 | MC | 9 | | 23.62 | | |
| Energy ... kcal | 131 | | 0 | NC | 4 | | 41 | | |
| Energy ... kJ | 549 | | 0 | NC | 4 | | 172 | | |
| Protein ... g | 3.19 | | 0 | MC | 9 | | 1.00 | | |
| Total lipid (fat) ... g | 7.11 | | 0 | MC | 9 | | 2.23 | | |
| Ash ... g | 0.77 | | 0 | MC | 9 | | 0.24 | | |
| Carbohydrate, by difference ... g | 13.58 | | 0 | MC | 9 | | 4.25 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Sugars, total ... g | 13.58 | | 0 | MC | 9 | | 4.25 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 134 | | 0 | MC | 9 | | 42 | | |
| Iron, Fe ... mg | 2.30 | | 0 | MC | 9 | | 0.72 | | |
| Magnesium, Mg ... mg | 14 | | 0 | BFZN | 4 | | 4 | | |
| Phosphorus, P ... mg | 106 | | 0 | MC | 9 | | 33 | | |
| Potassium, K ... mg | 153 | | 0 | MC | 9 | | 48 | | |
| Sodium, Na ... mg | 45 | | 0 | MC | 9 | | 14 | | |
| Zinc, Zn ... mg | 1.53 | | 0 | MC | 9 | | 0.48 | | |
| Copper, Cu ... mg | 0.096 | | 0 | MC | 9 | | 0.030 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 3.6 | | 0 | BFZN | 4 | | 1.1 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 15.3 | | 0 | MC | 9 | | 4.8 | | |
| Thiamin ... mg | 0.102 | | 0 | MC | 9 | | 0.032 | | |
| Riboflavin ... mg | 0.115 | | 0 | MC | 9 | | 0.036 | | |
| Niacin ... mg | 1.283 | | 0 | MC | 9 | | 0.402 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.077 | | 0 | MC | 9 | | 0.024 | | |
| Folate, total ... µg | 20 | | 0 | MC | 9 | | 6 | | |
| Folic acid ... µg | 20 | | 0 | MC | 9 | | 6 | | |
| Folate, food ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Folate, DFE ... mcg_DFE | 34 | | 0 | NC | 4 | | 11 | | |
| Choline, total ... mg | 16.8 | | 0 | MC | 9 | | 5.3 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.38 | | 0 | MC | 9 | | 0.12 | | |
| Vitamin B-12, added ... µg | 0.38 | | 0 | NR | 4 | | 0.12 | | |
| Vitamin A, RAE ... mcg_RAE | 113 | | 0 | NC | 4 | | 35 | | |
| Retinol ... µg | 113 | | 0 | MC | 9 | | 35 | | |
| Carotene, beta ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin A, IU ... IU | 377 | | 0 | MC | 9 | | 118 | | |
| Lycopene ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 1.16 | | 0 | MC | 9 | | 0.36 | | |
| Vitamin E, added ... mg | 1.16 | | 0 | NR | 4 | | 0.36 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.9 | | 0 | NR | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | 1.9 | | 0 | NR | 4 | | 0.6 | | |
| Vitamin D ... IU | 77 | | 0 | MC | 9 | | 24 | | |
| Vitamin K (phylloquinone) ... µg | 10.2 | | 0 | BFZN | 4 | | 3.2 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03854**

**Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE, LIPIL, liquid concentrate, not reconstituted, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.969 | | 0 | NC | 4 | | 0.929 | | |
| 4:0....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 6:0....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| 8:0....g | 0.117 | | 0 | MC | 9 | | 0.037 | | |
| 10:0....g | 0.078 | | 0 | MC | 9 | | 0.024 | | |
| 12:0....g | 0.640 | | 0 | MC | 9 | | 0.200 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.292 | | 0 | MC | 9 | | 0.091 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.532 | | 0 | MC | 9 | | 0.480 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.292 | | 0 | MC | 9 | | 0.091 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.598 | | 0 | NC | 4 | | 0.813 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.580 | | 0 | MC | 9 | | 0.807 | | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.378 | | 0 | NC | 4 | | 0.431 | | |
| 18:2 undifferentiated....g | 1.203 | | 0 | MC | 9 | | 0.377 | | |
| 18:3 undifferentiated....g | 0.117 | | 0 | MC | 9 | | 0.037 | | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.039 | | 0 | MC | 9 | | 0.012 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.019 | | 0 | MC | 9 | | 0.006 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.3g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03826**

**Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE, with iron, powder, not reconstituted**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 3.00 | | 0 | NR | 4 | | 0.26 | | |
| Energy | kcal | 510 | | 0 | NC | 4 | | 45 | | |
| Energy | kJ | 2135 | | 0 | NC | 4 | | 188 | | |
| Protein | g | 12.50 | | 0 | NR | 4 | | 1.10 | | |
| Total lipid (fat) | g | 27.00 | | 0 | MA | 12 | | 2.38 | | |
| Ash | g | 3.20 | | 0 | MA | 12 | | 0.28 | | |
| Carbohydrate, by difference | g | 54.30 | | 0 | NC | 4 | | 4.78 | | |
| Fiber, total dietary | g | 0.0 | | 0 | MC | 9 | | 0.0 | | |
| Sugars, total | g | 53.00 | | 0 | NR | 4 | | 4.66 | | |
| Starch | g | 0.00 | | 0 | Z | 7 | | 0.00 | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 530 | | 0 | T | 4 | | 47 | | |
| Iron, Fe | mg | 9.00 | | 0 | T | 4 | | 0.79 | | |
| Magnesium, Mg | mg | 55 | | 0 | T | 4 | | 5 | | |
| Phosphorus, P | mg | 420 | | 0 | T | 4 | | 37 | | |
| Potassium, K | mg | 600 | | 0 | T | 4 | | 53 | | |
| Sodium, Na | mg | 180 | | 0 | T | 4 | | 16 | | |
| Zinc, Zn | mg | 6.00 | | 0 | T | 4 | | 0.53 | | |
| Copper, Cu | mg | 0.380 | | 0 | T | 4 | | 0.033 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 14.0 | | 0 | T | 4 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 60.0 | | 0 | T | 4 | | 5.3 | | |
| Thiamin | mg | 0.400 | | 0 | T | 4 | | 0.035 | | |
| Riboflavin | mg | 0.450 | | 0 | T | 4 | | 0.040 | | |
| Niacin | mg | 5.000 | | 0 | T | 4 | | 0.440 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.300 | | 0 | T | 4 | | 0.026 | | |
| Folate, total | µg | 80 | | 0 | T | 4 | | 7 | | |
| Folic acid | µg | 80 | | 0 | T | 4 | | 7 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 136 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 61.0 | | 0 | MC | 9 | | 5.4 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.50 | | 0 | T | 4 | | 0.13 | | |
| Vitamin B-12, added | µg | 1.50 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 450 | | 0 | NR | 4 | | 40 | | |
| Retinol | µg | 450 | | 0 | NR | 4 | | 40 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1500 | | 0 | NR | 4 | | 132 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 6.70 | | 0 | NR | 4 | | 0.59 | | |
| Vitamin E, added | mg | 6.70 | | 0 | NR | 4 | | 0.59 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.5 | | 0 | T | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 300 | | 0 | T | 4 | | 26 | | |
| Vitamin K (phylloquinone) | µg | 40.0 | | 0 | T | 4 | | 3.5 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03826**

**Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE, with iron, powder, not reconstituted**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 11.370 | | 0 | NR | 4 | | 1.001 | | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 6:0....g | 0.030 | | 0 | MC | 9 | | 0.003 | | |
| 8:0....g | 0.430 | | 0 | MC | 9 | | 0.038 | | |
| 10:0....g | 0.320 | | 0 | MC | 9 | | 0.028 | | |
| 12:0....g | 2.500 | | 0 | MA | 12 | | 0.220 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.110 | | 0 | MA | 12 | | 0.098 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 5.900 | | 0 | MA | 12 | | 0.519 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.080 | | 0 | MC | 9 | | 0.095 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.320 | | 0 | MC | 9 | | 0.908 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.020 | | 0 | MC | 9 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.300 | | 0 | MA | 12 | | 0.906 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 5.200 | | 0 | MC | 9 | | 0.458 | | |
| 18:2 undifferentiated....g | 4.700 | | 0 | MC | 9 | | 0.414 | | |
| 18:3 undifferentiated....g | 0.450 | | 0 | MC | 9 | | 0.040 | | |
| 18:4....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MC | 9 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | NR | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.8g: 1 scoop

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03809**

**Infant formula, MEAD JOHNSON, ENFAMIL, low iron, powder, not reconstituted**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 3.30 | | 0 | MC | 9 | | 0.27 | | |
| Energy | kcal | 511 | | 0 | NC | 4 | | 42 | | |
| Energy | kJ | 2138 | | 0 | NC | 4 | | 177 | | |
| Protein | g | 10.80 | | 0 | MC | 9 | | 0.90 | | |
| Total lipid (fat) | g | 27.00 | | 0 | MC | 9 | | 2.24 | | |
| Ash | g | 2.70 | | 0 | MC | 9 | | 0.22 | | |
| Carbohydrate, by difference | g | 56.20 | | 0 | NC | 4 | | 4.66 | | |
| Fiber, total dietary | g | 0.0 | | 0 | MC | 9 | | 0.0 | | |
| Sugars, total | g | 56.00 | | 0 | T | 4 | | 4.65 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 56.00 | | 0 | T | 4 | | 4.65 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 400 | | 0 | MA | 12 | | 33 | | |
| Iron, Fe | mg | 3.60 | | 0 | MA | 12 | | 0.30 | | |
| Magnesium, Mg | mg | 41 | | 0 | MA | 12 | | 3 | | |
| Phosphorus, P | mg | 270 | | 0 | MA | 12 | | 22 | | |
| Potassium, K | mg | 560 | | 0 | MA | 12 | | 46 | | |
| Sodium, Na | mg | 139 | | 0 | MC | 9 | | 12 | | |
| Zinc, Zn | mg | 5.20 | | 0 | MA | 12 | | 0.43 | | |
| Copper, Cu | mg | 0.390 | | 0 | MA | 12 | | 0.032 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 14.5 | | 0 | MC | 9 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 62.0 | | 0 | MA | 12 | | 5.1 | | |
| Thiamin | mg | 0.410 | | 0 | MA | 12 | | 0.034 | | |
| Riboflavin | mg | 0.720 | | 0 | MA | 12 | | 0.060 | | |
| Niacin | mg | 5.200 | | 0 | MA | 12 | | 0.432 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.310 | | 0 | MA | 12 | | 0.026 | | |
| Folate, total | µg | 83 | | 0 | MA | 12 | | 7 | | |
| Folic acid | µg | 83 | | 0 | T | 4 | | 7 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 141 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 62.0 | | 0 | MC | 9 | | 5.1 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.55 | | 0 | MA | 12 | | 0.13 | | |
| Vitamin B-12, added | µg | 1.55 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 470 | | 0 | MC | 9 | | 39 | | |
| Retinol | µg | 470 | | 0 | MC | 9 | | 39 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1550 | | 0 | MC | 9 | | 129 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 6.90 | | 0 | NR | 4 | | 0.57 | | |
| Vitamin E, added | mg | 6.90 | | 0 | NR | 4 | | 0.57 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.8 | | 0 | T | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |

**NDB No. 03809**

**Infant formula, MEAD JOHNSON, ENFAMIL, low iron, powder, not reconstituted**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D....IU | 310 | | 0 | T | 4 | | 26 | | |
| Vitamin K (phylloquinone)....µg | 41.0 | | 0 | T | 4 | | 3.4 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 11.500 | | 0 | MC | 9 | | 0.955 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.030 | | 0 | MA | 12 | | 0.002 | | |
| 8:0....g | 0.420 | | 0 | MC | 9 | | 0.035 | | |
| 10:0....g | 0.320 | | 0 | MC | 9 | | 0.027 | | |
| 12:0....g | 2.500 | | 0 | MC | 9 | | 0.208 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.110 | | 0 | MC | 9 | | 0.092 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 6.200 | | 0 | MA | 12 | | 0.515 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.200 | | 0 | MA | 12 | | 0.100 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.000 | | 0 | MC | 9 | | 0.830 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.030 | | 0 | MA | 12 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.000 | | 0 | MC | 9 | | 0.830 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 5.300 | | 0 | MA | 12 | | 0.440 | | |
| 18:2 undifferentiated....g | 4.600 | | 0 | MC | 9 | | 0.382 | | |
| 18:3 undifferentiated....g | 0.450 | | 0 | MC | 9 | | 0.037 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 17 | | 0 | MC | 9 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.3g: 1 scoop

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03806**
**Infant formula, MEAD JOHNSON, ENFAMIL, low iron, ready-to-feed**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.35 | | 0 | MC | 9 | | 26.95 | | |
| Energy | kcal | 63 | | 0 | NC | 4 | | 19 | | |
| Energy | kJ | 263 | | 0 | NC | 4 | | 80 | | |
| Protein | g | 1.38 | | 0 | MA | 12 | | 0.42 | | |
| Total lipid (fat) | g | 3.50 | | 0 | MC | 9 | | 1.07 | | |
| Ash | g | 0.32 | | 0 | MC | 9 | | 0.10 | | |
| Carbohydrate, by difference | g | 7.18 | | 0 | NR | 4 | | 2.19 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 7.18 | | 0 | MC | 9 | | 2.19 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 7.18 | | 0 | MC | 9 | | 2.19 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 51 | | 0 | MA | 12 | | 16 | | |
| Iron, Fe | mg | 0.46 | | 0 | MA | 12 | | 0.14 | | |
| Magnesium, Mg | mg | 5 | | 0 | MC | 9 | | 2 | | |
| Phosphorus, P | mg | 35 | | 0 | MA | 12 | | 11 | | |
| Potassium, K | mg | 71 | | 0 | MA | 12 | | 22 | | |
| Sodium, Na | mg | 18 | | 0 | MC | 9 | | 5 | | |
| Zinc, Zn | mg | 0.66 | | 0 | MA | 12 | | 0.20 | | |
| Copper, Cu | mg | 0.050 | | 0 | MC | 9 | | 0.015 | | |
| Manganese, Mn | mg | 0.010 | | 0 | MC | 9 | | 0.003 | | |
| Selenium, Se | µg | 1.8 | | 0 | MC | 9 | | 0.6 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 7.9 | | 0 | MA | 12 | | 2.4 | | |
| Thiamin | mg | 0.052 | | 0 | MC | 9 | | 0.016 | | |
| Riboflavin | mg | 0.092 | | 0 | MA | 12 | | 0.028 | | |
| Niacin | mg | 0.660 | | 0 | MC | 9 | | 0.201 | | |
| Pantothenic acid | mg | 0.294 | | 0 | MA | 12 | | 0.090 | | |
| Vitamin B-6 | mg | 0.040 | | 0 | MC | 9 | | 0.012 | | |
| Folate, total | µg | 11 | | 0 | MC | 9 | | 3 | | |
| Folic acid | µg | 11 | | 0 | MC | 9 | | 3 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 18 | | 0 | NC | 4 | | 5 | | |
| Choline, total | mg | 8.0 | | 0 | MC | 9 | | 2.4 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.19 | | 0 | MC | 9 | | 0.06 | | |
| Vitamin B-12, added | µg | 0.19 | | 0 | NR | 4 | | 0.06 | | |
| Vitamin A, RAE | mcg_RAE | 58 | | 0 | MC | 9 | | 18 | | |
| Retinol | µg | 58 | | 0 | MC | 9 | | 18 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 194 | | 0 | MC | 9 | | 59 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.87 | | 0 | NR | 4 | | 0.27 | | |
| Vitamin E, added | mg | 0.87 | | 0 | NR | 4 | | 0.27 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.0 | | 0 | MC | 9 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |

**NDB No. 03806**

**Infant formula, MEAD JOHNSON, ENFAMIL, low iron, ready-to-feed**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 40 | | 0 | MC | 9 | | 12 | | |
| Vitamin K (phylloquinone)....µg | 5.2 | | 0 | MC | 9 | | 1.6 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.479 | | 0 | MC | 9 | | 0.451 | | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 6:0....g | 0.003 | | 0 | MC | 9 | | 0.001 | | |
| 8:0....g | 0.058 | | 0 | MC | 9 | | 0.018 | | |
| 10:0....g | 0.039 | | 0 | MA | 12 | | 0.012 | | |
| 12:0....g | 0.320 | | 0 | MC | 9 | | 0.098 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.146 | | 0 | MC | 9 | | 0.045 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.767 | | 0 | MC | 9 | | 0.234 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.146 | | 0 | MC | 9 | | 0.045 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.291 | | 0 | MC | 9 | | 0.394 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.291 | | 0 | MC | 9 | | 0.394 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.689 | | 0 | MC | 9 | | 0.210 | | |
| 18:2 undifferentiated....g | 0.602 | | 0 | MC | 9 | | 0.184 | | |
| 18:3 undifferentiated....g | 0.058 | | 0 | MC | 9 | | 0.018 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | MA | 12 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03805**
**Infant formula, MEAD JOHNSON, ENFAMIL, with iron, powder**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 3.30 | | 0 | MC | 9 | | 0.27 | | |
| Energy | kcal | 520 | | 0 | MC | 9 | | 43 | | |
| Energy | kJ | 2176 | | 0 | MC | 9 | | 181 | | |
| Protein | g | 10.80 | | 0 | MC | 9 | | 0.90 | | |
| Total lipid (fat) | g | 27.00 | | 0 | MC | 9 | | 2.24 | | |
| Ash | g | 2.70 | | 0 | MC | 9 | | 0.22 | | |
| Carbohydrate, by difference | g | 56.20 | | 0 | NC | 4 | | 4.66 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 56.00 | | 0 | T | 4 | | 4.65 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 56.00 | | 0 | T | 4 | | 4.65 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 400 | | 0 | MA | 12 | | 33 | | |
| Iron, Fe | mg | 9.30 | | 0 | MA | 12 | | 0.77 | | |
| Magnesium, Mg | mg | 41 | | 0 | MA | 12 | | 3 | | |
| Phosphorus, P | mg | 270 | | 0 | MA | 12 | | 22 | | |
| Potassium, K | mg | 560 | | 0 | MA | 12 | | 46 | | |
| Sodium, Na | mg | 139 | | 0 | MC | 9 | | 12 | | |
| Zinc, Zn | mg | 5.20 | | 0 | MA | 12 | | 0.43 | | |
| Copper, Cu | mg | 0.390 | | 0 | MA | 12 | | 0.032 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 14.5 | | 0 | MC | 9 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 62.0 | | 0 | MA | 12 | | 5.1 | | |
| Thiamin | mg | 0.410 | | 0 | MA | 12 | | 0.034 | | |
| Riboflavin | mg | 0.720 | | 0 | MA | 12 | | 0.060 | | |
| Niacin | mg | 5.200 | | 0 | MA | 12 | | 0.432 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.310 | | 0 | MA | 12 | | 0.026 | | |
| Folate, total | µg | 83 | | 0 | MA | 12 | | 7 | | |
| Folic acid | µg | 83 | | 0 | S | 4 | | 7 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 141 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 124.0 | | 0 | MC | 9 | | 10.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.55 | | 0 | MA | 12 | | 0.13 | | |
| Vitamin B-12, added | µg | 1.55 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 470 | | 0 | MC | 9 | | 39 | | |
| Retinol | µg | 470 | | 0 | MC | 9 | | 39 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1567 | | 0 | NC | 4 | | 130 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 6.90 | | 0 | NR | 4 | | 0.57 | | |
| Vitamin E, added | mg | 6.90 | | 0 | NR | 4 | | 0.57 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.8 | | 0 | NR | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |

**NDB No. 03805**
**Infant formula, MEAD JOHNSON, ENFAMIL, with iron, powder**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D....IU | 310 | | 0 | S | 4 | | 26 | | |
| Vitamin K (phylloquinone)....µg | 41.0 | | 0 | S | 4 | | 3.4 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 11.500 | | 0 | MC | 9 | | 0.955 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.030 | | 0 | MA | 12 | | 0.002 | | |
| 8:0....g | 0.430 | | 0 | MC | 9 | | 0.036 | | |
| 10:0....g | 0.320 | | 0 | MC | 9 | | 0.027 | | |
| 12:0....g | 2.500 | | 0 | MC | 9 | | 0.208 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.110 | | 0 | MC | 9 | | 0.092 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 5.900 | | 0 | MC | 9 | | 0.490 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.080 | | 0 | MC | 9 | | 0.090 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.300 | | 0 | MC | 9 | | 0.855 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.300 | | 0 | MC | 9 | | 0.855 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 5.200 | | 0 | MC | 9 | | 0.432 | | |
| 18:2 undifferentiated....g | 4.700 | | 0 | MC | 9 | | 0.390 | | |
| 18:3 undifferentiated....g | 0.450 | | 0 | MC | 9 | | 0.037 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 17 | | 0 | MC | 9 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.3g: 1 scoop

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03803**
**Infant formula, MEAD JOHNSON, ENFAMIL, with iron, ready-to-feed**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.35 | | 0 | MC | 9 | | 26.95 | | |
| Energy | kcal | 63 | | 0 | NC | 4 | | 19 | | |
| Energy | kJ | 263 | | 0 | NC | 4 | | 80 | | |
| Protein | g | 1.38 | | 0 | MC | 9 | | 0.42 | | |
| Total lipid (fat) | g | 3.50 | | 0 | MC | 9 | | 1.07 | | |
| Ash | g | 0.32 | | 0 | MC | 9 | | 0.10 | | |
| Carbohydrate, by difference | g | 7.18 | | 0 | NR | 4 | | 2.19 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 7.18 | | 0 | MC | 9 | | 2.19 | | |
| Sucrose | g | | | | | | | | | |
| Glucose (dextrose) | g | | | | | | | | | |
| Fructose | g | | | | | | | | | |
| Lactose | g | 7.18 | | 0 | MC | 9 | | 2.19 | | |
| Maltose | g | | | | | | | | | |
| Galactose | g | | | | | | | | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 51 | | 0 | MA | 12 | | 16 | | |
| Iron, Fe | mg | 1.18 | | 0 | MA | 12 | | 0.36 | | |
| Magnesium, Mg | mg | 5 | | 0 | MC | 9 | | 2 | | |
| Phosphorus, P | mg | 35 | | 0 | MA | 12 | | 11 | | |
| Potassium, K | mg | 71 | | 0 | MA | 12 | | 22 | | |
| Sodium, Na | mg | 18 | | 0 | MC | 9 | | 5 | | |
| Zinc, Zn | mg | 0.66 | | 0 | MA | 12 | | 0.20 | | |
| Copper, Cu | mg | 0.050 | | 0 | MC | 9 | | 0.015 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 1.8 | | 0 | MC | 9 | | 0.6 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 7.9 | | 0 | MA | 12 | | 2.4 | | |
| Thiamin | mg | 0.052 | | 0 | MC | 9 | | 0.016 | | |
| Riboflavin | mg | 0.092 | | 0 | MA | 12 | | 0.028 | | |
| Niacin | mg | 0.660 | | 0 | MC | 9 | | 0.201 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.040 | | 0 | MC | 9 | | 0.012 | | |
| Folate, total | µg | 11 | | 0 | MC | 9 | | 3 | | |
| Folic acid | µg | 11 | | 0 | MC | 9 | | 3 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 18 | | 0 | NC | 4 | | 5 | | |
| Choline, total | mg | 16.0 | | 0 | MC | 9 | | 4.9 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.19 | | 0 | MC | 9 | | 0.06 | | |
| Vitamin B-12, added | µg | 0.19 | | 0 | NR | 4 | | 0.06 | | |
| Vitamin A, RAE | mcg_RAE | 58 | | 0 | NC | 4 | | 18 | | |
| Retinol | µg | 58 | | 0 | MC | 9 | | 18 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 193 | | 0 | NC | 4 | | 59 | | |
| Lycopene | µg | 0 | | 0 | MC | 9 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.87 | | 0 | NR | 4 | | 0.27 | | |
| Vitamin E, added | mg | 0.87 | | 0 | NR | 4 | | 0.27 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.0 | | 0 | NR | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |

**NDB No. 03803**

**Infant formula, MEAD JOHNSON, ENFAMIL, with iron, ready-to-feed**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Vitamin D....IU | 40 | | 0 | MC | 9 | | 12 | | |
| Vitamin K (phylloquinone)....µg | 5.2 | | 0 | MC | 9 | | 1.6 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 1.469 | | 0 | MA | 12 | | 0.448 | | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 6:0....g | 0.003 | | 0 | MC | 9 | | 0.001 | | |
| 8:0....g | 0.058 | | 0 | MC | 9 | | 0.018 | | |
| 10:0....g | 0.039 | | 0 | MC | 9 | | 0.012 | | |
| 12:0....g | 0.320 | | 0 | MC | 9 | | 0.098 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.146 | | 0 | MC | 9 | | 0.045 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.767 | | 0 | MC | 9 | | 0.234 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.136 | | 0 | MC | 9 | | 0.041 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.330 | | 0 | MC | 9 | | 0.406 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.313 | | 0 | MA | 12 | | 0.400 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.670 | | 0 | MC | 9 | | 0.204 | | |
| 18:2 undifferentiated....g | 0.612 | | 0 | MC | 9 | | 0.187 | | |
| 18:3 undifferentiated....g | 0.058 | | 0 | MC | 9 | | 0.018 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | MC | 9 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03929**

**Infant formula, MEAD JOHNSON, NEXT STEP PROSOBEE, powder, not reconstituted**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 3.00 | | 1 | MA | 12 | | 0.28 | | |
| Energy....kcal | 480 | | 0 | NC | 4 | | 45 | | |
| Energy....kJ | 2007 | | 0 | NC | 4 | | 187 | | |
| Protein (N x 5.71)....g | 15.60 | | 0 | MC | 9 | | 1.45 | | |
| Total lipid (fat)....g | 21.00 | | 1 | MA | 12 | | 1.95 | | |
| Ash....g | 3.30 | | 0 | MC | 9 | | 0.31 | | |
| Carbohydrate, by difference....g | 57.10 | | 0 | NC | 4 | | 5.31 | | |
| Fiber, total dietary....g | 0.0 | | 1 | Z | 7 | | 0.0 | | |
| Sugars, total....g | 56.00 | | 1 | MA | 12 | | 5.21 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 920 | | 0 | MC | 9 | | 86 | | |
| Iron, Fe....mg | 9.50 | | 0 | MC | 9 | | 0.88 | | |
| Magnesium, Mg....mg | 52 | | 0 | MC | 9 | | 5 | | |
| Phosphorus, P....mg | 620 | | 0 | MC | 9 | | 58 | | |
| Potassium, K....mg | 570 | | 0 | MC | 9 | | 53 | | |
| Sodium, Na....mg | 171 | | 0 | MC | 9 | | 16 | | |
| Zinc, Zn....mg | 5.70 | | 1 | MA | 12 | | 0.53 | | |
| Copper, Cu....mg | 0.360 | | 1 | MA | 12 | | 0.033 | | |
| Manganese, Mn....mg | 0.240 | | 0 | MC | 9 | | 0.022 | | |
| Selenium, Se....µg | 13.3 | | 1 | MA | 12 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 57.0 | | 0 | MA | 12 | | 5.3 | | |
| Thiamin....mg | 0.380 | | 0 | MA | 12 | | 0.035 | | |
| Riboflavin....mg | 0.430 | | 0 | MA | 12 | | 0.040 | | |
| Niacin....mg | 4.700 | | 0 | MA | 12 | | 0.437 | | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.280 | | 0 | MC | 9 | | 0.026 | | |
| Folate, total....µg | 76 | | 0 | MA | 12 | | 7 | | |
| Folic acid....µg | 76 | | 0 | MC | 9 | | 7 | | |
| Folate, food....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE....mcg_DFE | 129 | | 0 | NC | 4 | | 12 | | |
| Choline, total....mg | 62.0 | | 0 | MC | 9 | | 5.8 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 1.42 | | 0 | MA | 12 | | 0.13 | | |
| Vitamin B-12, added....µg | 1.42 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE....mcg_RAE | 430 | | 0 | MC | 9 | | 40 | | |
| Retinol....µg | 430 | | 0 | MC | 9 | | 40 | | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU....IU | 1420 | | 0 | NC | 4 | | 132 | | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 4.28 | | 0 | MA | 12 | | 0.40 | | |
| Vitamin E, added....mg | 4.28 | | 0 | NR | 4 | | 0.40 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 7.1 | | 0 | NR | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | 7.1 | | 0 | NR | 4 | | 0.7 | | |
| Vitamin D....IU | 284 | | 0 | MC | 9 | | 26 | | |
| Vitamin K (phylloquinone)....µg | 38.0 | | 0 | T | 4 | | 3.5 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03929**

**Infant formula, MEAD JOHNSON, NEXT STEP PROSOBEE, powder, not reconstituted**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 8.905 | | 0 | NC | 4 | | 0.828 | | |
| 4:0....g | 0.000 | | 0 | BFFY | 4 | | 0.000 | | |
| 6:0....g | 0.020 | | 0 | MC | 9 | | 0.002 | | |
| 8:0....g | 0.330 | | 0 | MC | 9 | | 0.031 | | |
| 10:0....g | 0.250 | | 0 | MC | 9 | | 0.023 | | |
| 12:0....g | 1.910 | | 0 | MC | 9 | | 0.178 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.860 | | 0 | MC | 9 | | 0.080 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 4.600 | | 0 | MC | 9 | | 0.428 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.860 | | 0 | MC | 9 | | 0.080 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 7.800 | | 0 | MC | 9 | | 0.725 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.020 | | 0 | MC | 9 | | 0.002 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 7.800 | | 0 | MC | 9 | | 0.725 | | |
| 20:1....g | 0.000 | | 0 | BFFY | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFFY | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 4.200 | | 0 | MC | 9 | | 0.391 | | |
| 18:2 undifferentiated....g | 3.600 | | 0 | MC | 9 | | 0.335 | | |
| 18:3 undifferentiated....g | 0.340 | | 0 | MC | 9 | | 0.032 | | |
| 18:4....g | 0.000 | | 0 | BFFY | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.160 | | 0 | MC | 9 | | 0.015 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFFY | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFFY | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | BFFY | 4 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | BFFY | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 9.3g: 1 scoop

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03861**

**Infant formula, MEAD JOHNSON, NEXT STEP, PROSOBEE LIPIL, powder, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 3.00 | | 0 | BFZN | 4 | | 0.84 | | |
| Energy | kcal | 480 | | 0 | NC | 4 | | 134 | | |
| Energy | kJ | 2007 | | 0 | NC | 4 | | 562 | | |
| Protein | g | 15.60 | | 0 | MC | 9 | | 4.37 | | |
| Total lipid (fat) | g | 21.00 | | 0 | NR | 4 | | 5.88 | | |
| Ash | g | 3.30 | | 0 | MC | 9 | | 0.92 | | |
| Carbohydrate, by difference | g | 57.10 | | 0 | NC | 4 | | 15.99 | | |
| Fiber, total dietary | g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Sugars, total | g | 56.00 | | 0 | BFZN | 4 | | 15.68 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 920 | | 0 | MC | 9 | | 258 | | |
| Iron, Fe | mg | 9.50 | | 0 | MC | 9 | | 2.66 | | |
| Magnesium, Mg | mg | 52 | | 0 | MC | 9 | | 15 | | |
| Phosphorus, P | mg | 620 | | 0 | MC | 9 | | 174 | | |
| Potassium, K | mg | 570 | | 0 | MC | 9 | | 160 | | |
| Sodium, Na | mg | 171 | | 0 | MC | 9 | | 48 | | |
| Zinc, Zn | mg | 5.70 | | 0 | MC | 9 | | 1.60 | | |
| Copper, Cu | mg | 0.360 | | 0 | MC | 9 | | 0.101 | | |
| Manganese, Mn | mg | 0.240 | | 0 | MC | 9 | | 0.067 | | |
| Selenium, Se | µg | 13.3 | | 0 | BFZN | 4 | | 3.7 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 57.0 | | 0 | BFZN | 4 | | 16.0 | | |
| Thiamin | mg | 0.380 | | 0 | BFZN | 4 | | 0.106 | | |
| Riboflavin | mg | 0.430 | | 0 | BFZN | 4 | | 0.120 | | |
| Niacin | mg | 4.700 | | 0 | BFZN | 4 | | 1.316 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.280 | | 0 | MC | 9 | | 0.078 | | |
| Folate, total | µg | 76 | | 0 | BFZN | 4 | | 21 | | |
| Folic acid | µg | 76 | | 0 | BFZN | 4 | | 21 | | |
| Folate, food | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Folate, DFE | mcg_DFE | 129 | | 0 | NC | 4 | | 36 | | |
| Choline, total | mg | 57.0 | | 0 | NR | 4 | | 16.0 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.42 | | 0 | BFZN | 4 | | 0.40 | | |
| Vitamin B-12, added | µg | 1.42 | | 0 | NR | 4 | | 0.40 | | |
| Vitamin A, RAE | mcg_RAE | 430 | | 0 | NC | 4 | | 120 | | |
| Retinol | µg | 430 | | 0 | MC | 9 | | 120 | | |
| Carotene, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin A, IU | IU | 1420 | | 0 | BFZN | 4 | | 398 | | |
| Lycopene | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 6.40 | | 0 | NR | 4 | | 1.79 | | |
| Vitamin E, added | mg | 6.40 | | 0 | NR | 4 | | 1.79 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.1 | | 0 | MC | 9 | | 2.0 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 284 | | 0 | MC | 9 | | 79 | | |
| Vitamin K (phylloquinone) | µg | 38.0 | | 0 | BFZN | 4 | | 10.6 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03861**

**Infant formula, MEAD JOHNSON, NEXT STEP, PROSOBEE LIPIL, powder, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 8.905 | | 0 | BFZN | 4 | | 2.493 | | |
| 4:0....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 6:0....g | 0.023 | | 0 | BFZN | 4 | | 0.007 | | |
| 8:0....g | 0.334 | | 0 | BFZN | 4 | | 0.094 | | |
| 10:0....g | 0.250 | | 0 | MC | 9 | | 0.070 | | |
| 12:0....g | 1.944 | | 0 | BFZN | 4 | | 0.544 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.863 | | 0 | BFZN | 4 | | 0.242 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 4.589 | | 0 | BFZN | 4 | | 1.285 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.902 | | 0 | BFZN | 4 | | 0.253 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 7.800 | | 0 | MC | 9 | | 2.184 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.020 | | 0 | MC | 9 | | 0.006 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 7.800 | | 0 | MC | 9 | | 2.184 | | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 4.200 | | 0 | MC | 9 | | 1.176 | | |
| 18:2 undifferentiated....g | 3.600 | | 0 | MC | 9 | | 1.008 | | |
| 18:3 undifferentiated....g | 0.373 | | 0 | BFZN | 4 | | 0.105 | | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.161 | | 0 | MA | 12 | | 0.045 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.081 | | 0 | MA | 12 | | 0.023 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28g: 3 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03864**

**Infant formula, MEAD JOHNSON, NEXT STEP, PROSOBEE, LIPIL, ready to feed, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 86.40 | | 0 | MC | 9 | | 88.99 | 26.35 | |
| Energy ... kcal | 67 | | 0 | NC | 4 | | 69 | 20 | |
| Energy ... kJ | 281 | | 0 | NC | 4 | | 289 | 86 | |
| Protein ... g | 2.14 | | 0 | MC | 9 | | 2.20 | 0.65 | |
| Total lipid (fat) ... g | 2.91 | | 0 | MC | 9 | | 3.00 | 0.89 | |
| Ash ... g | 0.46 | | 0 | MC | 9 | | 0.47 | 0.14 | |
| Carbohydrate, by difference ... g | 8.09 | | 0 | NC | 4 | | 8.33 | 2.47 | |
| Fiber, total dietary ... g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Sugars, total ... g | 7.77 | | 0 | MC | 9 | | 8.00 | 2.37 | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 128 | | 0 | MC | 9 | | 132 | 39 | |
| Iron, Fe ... mg | 1.31 | | 0 | MC | 9 | | 1.35 | 0.40 | |
| Magnesium, Mg ... mg | 7 | | 0 | MC | 9 | | 7 | 2 | |
| Phosphorus, P ... mg | 85 | | 0 | MC | 9 | | 88 | 26 | |
| Potassium, K ... mg | 79 | | 0 | MC | 9 | | 81 | 24 | |
| Sodium, Na ... mg | 23 | | 0 | MC | 9 | | 24 | 7 | |
| Zinc, Zn ... mg | 0.79 | | 0 | BFZN | 4 | | 0.81 | 0.24 | |
| Copper, Cu ... mg | 0.050 | | 0 | BFZN | 4 | | 0.052 | 0.015 | |
| Manganese, Mn ... mg | 0.033 | | 0 | MC | 9 | | 0.034 | 0.010 | |
| Selenium, Se ... µg | 1.8 | | 0 | MC | 9 | | 1.9 | 0.6 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 7.9 | | 0 | MC | 9 | | 8.1 | 2.4 | |
| Thiamin ... mg | 0.052 | | 0 | BFZN | 4 | | 0.054 | 0.016 | |
| Riboflavin ... mg | 0.059 | | 0 | BFZN | 4 | | 0.061 | 0.018 | |
| Niacin ... mg | 0.660 | | 0 | BFZN | 4 | | 0.680 | 0.201 | |
| Pantothenic acid ... mg | 0.330 | | 0 | BFZN | 4 | | 0.340 | 0.101 | |
| Vitamin B-6 ... mg | 0.040 | | 0 | MC | 9 | | 0.041 | 0.012 | |
| Folate, total ... µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folic acid ... µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folate, food ... µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Folate, DFE ... mcg_DFE | 18 | | 0 | NC | 4 | | 18 | 5 | |
| Choline, total ... mg | | | | | | | | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.19 | | 0 | BFZN | 4 | | 0.20 | 0.06 | |
| Vitamin B-12, added ... µg | 0.19 | | 0 | MC | 9 | | 0.20 | 0.06 | |
| Vitamin A, RAE ... mcg_RAE | 58 | | 0 | BFZN | 4 | | 60 | 18 | |
| Retinol ... µg | 58 | | 0 | BFZN | 4 | | 60 | 18 | |
| Carotene, beta ... µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Carotene, alpha ... µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin A, IU ... IU | 194 | | 0 | BFZN | 4 | | 200 | 59 | |
| Lycopene ... µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol) ... mg | 0.60 | | 0 | MC | 9 | | 0.62 | 0.18 | |
| Vitamin E, added ... mg | 0.60 | | 0 | MC | 9 | | 0.62 | 0.18 | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.0 | | 0 | NR | 4 | | 1.0 | 0.3 | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 40 | | 0 | MC | 9 | | 41 | 12 | |
| Vitamin K (phylloquinone) ... µg | 5.2 | | 0 | MC | 9 | | 5.4 | 1.6 | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03864**

**Infant formula, MEAD JOHNSON, NEXT STEP, PROSOBEE, LIPIL, ready to feed, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.242 | | 0 | MC | 9 | | 1.279 | 0.379 | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 6:0....g | 0.009 | | 0 | MC | 9 | | 0.009 | 0.003 | |
| 8:0....g | 0.049 | | 0 | MC | 9 | | 0.050 | 0.015 | |
| 10:0....g | 0.039 | | 0 | MC | 9 | | 0.040 | 0.012 | |
| 12:0....g | 0.262 | | 0 | MC | 9 | | 0.270 | 0.080 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.116 | | 0 | MC | 9 | | 0.119 | 0.035 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.640 | | 0 | MC | 9 | | 0.659 | 0.195 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.116 | | 0 | MC | 9 | | 0.119 | 0.035 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.078 | | 0 | MC | 9 | | 1.110 | 0.329 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.009 | | 0 | MC | 9 | | 0.009 | 0.003 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.077 | | 0 | MC | 9 | | 1.109 | 0.328 | |
| 20:1....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.573 | | 0 | MC | 9 | | 0.590 | 0.175 | |
| 18:2 undifferentiated....g | 0.495 | | 0 | MC | 9 | | 0.510 | 0.151 | |
| 18:3 undifferentiated....g | 0.049 | | 0 | MC | 9 | | 0.050 | 0.015 | |
| 18:4....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.019 | | 0 | MC | 9 | | 0.020 | 0.006 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.009 | | 0 | MC | 9 | | 0.009 | 0.003 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 103g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03821**

**Infant formula, MEAD JOHNSON, PREGESTIMIL, with iron, powder, not reconstituted**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 2.00 | | 0 | MC | 9 | | 0.18 | | |
| Energy | kcal | 519 | | 0 | NC | 4 | | 46 | | |
| Energy | kJ | 2172 | | 0 | NC | 4 | | 191 | | |
| Protein | g | 14.00 | | 0 | MC | 9 | | 1.23 | | |
| Total lipid (fat) | g | 28.00 | | 0 | MA | 12 | | 2.46 | | |
| Ash | g | 3.20 | | 0 | MA | 12 | | 0.28 | | |
| Carbohydrate, by difference | g | 52.80 | | 0 | NC | 4 | | 4.65 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 51.00 | | 0 | MC | 9 | | 4.49 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 580 | | 0 | MC | 9 | | 51 | | |
| Iron, Fe | mg | 9.40 | | 0 | MA | 12 | | 0.83 | | |
| Magnesium, Mg | mg | 55 | | 0 | MA | 12 | | 5 | | |
| Phosphorus, P | mg | 380 | | 0 | MC | 9 | | 33 | | |
| Potassium, K | mg | 550 | | 0 | MA | 12 | | 48 | | |
| Sodium, Na | mg | 240 | | 0 | MC | 9 | | 21 | | |
| Zinc, Zn | mg | 5.00 | | 0 | MC | 9 | | 0.44 | | |
| Copper, Cu | mg | 0.380 | | 0 | MC | 9 | | 0.033 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 14.0 | | 0 | MC | 9 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 60.0 | | 0 | MC | 9 | | 5.3 | | |
| Thiamin | mg | 0.400 | | 0 | MC | 9 | | 0.035 | | |
| Riboflavin | mg | 0.450 | | 0 | MC | 9 | | 0.040 | | |
| Niacin | mg | 5.000 | | 0 | MC | 9 | | 0.440 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.300 | | 0 | MC | 9 | | 0.026 | | |
| Folate, total | µg | 80 | | 0 | MC | 9 | | 7 | | |
| Folic acid | µg | 80 | | 0 | MC | 9 | | 7 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 136 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 60.0 | | 0 | MC | 9 | | 5.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.50 | | 0 | MC | 9 | | 0.13 | | |
| Vitamin B-12, added | µg | 1.50 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 570 | | 0 | MC | 9 | | 50 | | |
| Retinol | µg | 570 | | 0 | MC | 9 | | 50 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1900 | | 0 | MC | 9 | | 167 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 13.40 | | 0 | NR | 4 | | 1.18 | | |
| Vitamin E, added | mg | 13.40 | | 0 | NR | 4 | | 1.18 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.0 | | 0 | MC | 9 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 278 | | 0 | MC | 9 | | 24 | | |
| Vitamin K (phylloquinone) | µg | 60.0 | | 0 | MA | 12 | | 5.3 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03821**

**Infant formula, MEAD JOHNSON, PREGESTIMIL, with iron, powder, not reconstituted**

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated | g | 16.800 | | 0 | MC | 9 | | 1.478 | | |
| 4:0 | g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 6:0 | g | 0.150 | | 0 | MC | 9 | | 0.013 | | |
| 8:0 | g | 10.900 | | 0 | MC | 9 | | 0.959 | | |
| 10:0 | g | 4.100 | | 0 | MC | 9 | | 0.361 | | |
| 12:0 | g | 0.070 | | 0 | MC | 9 | | 0.006 | | |
| 13:0 | g | | | | | | | | | |
| 14:0 | g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 15:0 | g | | | | | | | | | |
| 16:0 | g | 1.150 | | 0 | MC | 9 | | 0.101 | | |
| 17:0 | g | | | | | | | | | |
| 18:0 | g | 0.400 | | 0 | MC | 9 | | 0.035 | | |
| 20:0 | g | | | | | | | | | |
| 22:0 | g | | | | | | | | | |
| 24:0 | g | | | | | | | | | |
| Fatty acids, total monounsaturated | g | 4.600 | | 0 | MC | 9 | | 0.405 | | |
| 14:1 | g | | | | | | | | | |
| 15:1 | g | | | | | | | | | |
| 16:1 undifferentiated | g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 17:1 | g | | | | | | | | | |
| 18:1 undifferentiated | g | 4.600 | | 0 | MC | 9 | | 0.405 | | |
| 20:1 | g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:1 undifferentiated | g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 24:1 c | g | | | | | | | | | |
| Fatty acids, total polyunsaturated | g | 6.500 | | 0 | MC | 9 | | 0.572 | | |
| 18:2 undifferentiated | g | 5.900 | | 0 | MC | 9 | | 0.519 | | |
| 18:3 undifferentiated | g | 0.590 | | 0 | MC | 9 | | 0.052 | | |
| 18:4 | g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 20:2 n-6 c,c | g | | | | | | | | | |
| 20:3 undifferentiated | g | | | | | | | | | |
| 20:4 undifferentiated | g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 20:5 n-3 (EPA) | g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:5 n-3 (DPA) | g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:6 n-3 (DHA) | g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| Fatty acids, total trans | g | | | | | | | | | |
| Cholesterol | mg | 2 | | 0 | MC | 9 | | 0 | | |
| Phytosterols | mg | | | | | | | | | |
| **Others:** | | | | | | | | | | |
| Alcohol, ethyl | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine | mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine | mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.8g: 1 scoop

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03822**

**Infant formula, MEAD JOHNSON, PREGESTIMIL, with iron, prepared from powder**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 87.50 | | 0 | NR | 4 | | 90.13 | 26.95 | |
| Energy | kcal | 67 | | 0 | NC | 4 | | 69 | 21 | |
| Energy | kJ | 279 | | 0 | NC | 4 | | 287 | 86 | |
| Protein | g | 1.82 | | 0 | MA | 12 | | 1.87 | 0.56 | |
| Total lipid (fat) | g | 3.65 | | 0 | MC | 9 | | 3.76 | 1.12 | |
| Ash | g | 0.41 | | 0 | MC | 9 | | 0.42 | 0.13 | |
| Carbohydrate, by difference | g | 6.63 | | 0 | NR | 4 | | 6.83 | 2.04 | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Sugars, total | g | 6.63 | | 0 | MC | 9 | | 6.83 | 2.04 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 75 | | 0 | MC | 9 | | 77 | 23 | |
| Iron, Fe | mg | 1.17 | | 0 | MC | 9 | | 1.21 | 0.36 | |
| Magnesium, Mg | mg | 7 | | 0 | MC | 9 | | 7 | 2 | |
| Phosphorus, P | mg | 49 | | 0 | MC | 9 | | 50 | 15 | |
| Potassium, K | mg | 71 | | 0 | MA | 12 | | 73 | 22 | |
| Sodium, Na | mg | 31 | | 0 | MC | 9 | | 32 | 10 | |
| Zinc, Zn | mg | 0.65 | | 0 | MC | 9 | | 0.67 | 0.20 | |
| Copper, Cu | mg | 0.049 | | 0 | MC | 9 | | 0.050 | 0.015 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 1.8 | | 0 | MC | 9 | | 1.9 | 0.6 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 7.8 | | 0 | MC | 9 | | 8.0 | 2.4 | |
| Thiamin | mg | 0.052 | | 0 | MC | 9 | | 0.054 | 0.016 | |
| Riboflavin | mg | 0.059 | | 0 | MC | 9 | | 0.061 | 0.018 | |
| Niacin | mg | 0.654 | | 0 | MC | 9 | | 0.674 | 0.201 | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.039 | | 0 | MC | 9 | | 0.040 | 0.012 | |
| Folate, total | µg | 10 | | 0 | MC | 9 | | 11 | 3 | |
| Folic acid | µg | 10 | | 0 | MC | 9 | | 11 | 3 | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, DFE | mcg_DFE | 18 | | 0 | NC | 4 | | 18 | 5 | |
| Choline, total | mg | 8.0 | | 0 | MC | 9 | | 8.2 | 2.5 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.19 | | 0 | MC | 9 | | 0.20 | 0.06 | |
| Vitamin B-12, added | µg | 0.19 | | 0 | NR | 4 | | 0.20 | 0.06 | |
| Vitamin A, RAE | mcg_RAE | 75 | | 0 | MC | 9 | | 77 | 23 | |
| Retinol | µg | 75 | | 0 | MC | 9 | | 77 | 23 | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin A, IU | IU | 250 | | 0 | MC | 9 | | 258 | 77 | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol) | mg | 1.74 | | 0 | MC | 9 | | 1.79 | 0.54 | |
| Vitamin E, added | mg | 1.74 | | 0 | NR | 4 | | 1.79 | 0.54 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 0.9 | | 0 | MC | 9 | | 0.9 | 0.3 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 35 | | 0 | MC | 9 | | 37 | 11 | |
| Vitamin K (phylloquinone) | µg | 7.8 | | 0 | MC | 9 | | 8.0 | 2.4 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03822**

**Infant formula, MEAD JOHNSON, PREGESTIMIL, with iron, prepared from powder**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.172 | | 0 | NC | 4 | | 2.237 | 0.669 | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 6:0....g | 0.018 | | 0 | MC | 9 | | 0.019 | 0.006 | |
| 8:0....g | 1.410 | | 0 | NR | 4 | | 1.453 | 0.434 | |
| 10:0....g | 0.527 | | 0 | NR | 4 | | 0.543 | 0.162 | |
| 12:0....g | 0.010 | | 0 | NR | 4 | | 0.010 | 0.003 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.150 | | 0 | NR | 4 | | 0.155 | 0.046 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.056 | | 0 | NR | 4 | | 0.058 | 0.017 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 0.583 | | 0 | NC | 4 | | 0.601 | 0.180 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 0.583 | | 0 | NR | 4 | | 0.601 | 0.180 | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.809 | | 0 | NC | 4 | | 0.833 | 0.249 | |
| 18:2 undifferentiated....g | 0.715 | | 0 | NR | 4 | | 0.736 | 0.220 | |
| 18:3 undifferentiated....g | 0.094 | | 0 | NR | 4 | | 0.097 | 0.029 | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MC | 9 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 103g: 1 serving 100 ml

Measure 2 = 30.8g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03857**

**Infant formula, MEAD JOHNSON, PROSOBEE LIPIL, with iron, ready to feed, with ARA and DHA (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.35 | | 0 | MC | 9 | | 93.65 | 26.95 | |
| Energy | kcal | 64 | | 0 | BFZN | 4 | | 68 | 20 | |
| Energy | kJ | 268 | | 0 | BFZN | 4 | | 284 | 82 | |
| Protein | g | 1.64 | | 0 | MC | 9 | | 1.74 | 0.50 | |
| Total lipid (fat) | g | 3.50 | | 0 | MC | 9 | | 3.71 | 1.07 | |
| Ash | g | 0.40 | | 0 | MC | 9 | | 0.42 | 0.12 | |
| Carbohydrate, by difference | g | 6.11 | | 0 | NC | 4 | | 6.48 | 1.86 | |
| Fiber, total dietary | g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Sugars, total | g | 6.11 | | 0 | NR | 4 | | 6.48 | 1.86 | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 69 | | 0 | BFZN | 4 | | 73 | 21 | |
| Iron, Fe | mg | 1.18 | | 0 | BFZN | 4 | | 1.25 | 0.36 | |
| Magnesium, Mg | mg | 7 | | 0 | MC | 9 | | 8 | 2 | |
| Phosphorus, P | mg | 54 | | 0 | BFZN | 4 | | 57 | 16 | |
| Potassium, K | mg | 79 | | 0 | BFZN | 4 | | 84 | 24 | |
| Sodium, Na | mg | 23 | | 0 | MC | 9 | | 24 | 7 | |
| Zinc, Zn | mg | 0.79 | | 0 | BFZN | 4 | | 0.84 | 0.24 | |
| Copper, Cu | mg | 0.050 | | 0 | MC | 9 | | 0.053 | 0.015 | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 1.8 | | 0 | MC | 9 | | 1.9 | 0.6 | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 7.9 | | 0 | BFZN | 4 | | 8.4 | 2.4 | |
| Thiamin | mg | 0.052 | | 0 | MC | 9 | | 0.055 | 0.016 | |
| Riboflavin | mg | 0.059 | | 0 | BFZN | 4 | | 0.063 | 0.018 | |
| Niacin | mg | 0.660 | | 0 | MC | 9 | | 0.700 | 0.201 | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.040 | | 0 | MC | 9 | | 0.042 | 0.012 | |
| Folate, total | µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folic acid | µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folate, food | µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Folate, DFE | mcg_DFE | 18 | | 0 | NC | 4 | | 19 | 5 | |
| Choline, total | mg | 8.0 | | 0 | MC | 9 | | 8.5 | 2.4 | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.19 | | 0 | MC | 9 | | 0.20 | 0.06 | |
| Vitamin B-12, added | µg | 0.19 | | 0 | NR | 4 | | 0.20 | 0.06 | |
| Vitamin A, RAE | mcg_RAE | 58 | | 0 | MC | 9 | | 61 | 18 | |
| Retinol | µg | 58 | | 0 | MC | 9 | | 61 | 18 | |
| Carotene, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Carotene, alpha | µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin A, IU | IU | 194 | | 0 | MC | 9 | | 206 | 59 | |
| Lycopene | µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Lutein + zeaxanthin | µg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol) | mg | 0.87 | | 0 | NR | 4 | | 0.93 | 0.27 | |
| Vitamin E, added | mg | 0.87 | | 0 | NR | 4 | | 0.93 | 0.27 | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.0 | | 0 | NR | 4 | | 1.1 | 0.3 | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | 1.0 | | 0 | NR | 4 | | 1.1 | 0.3 | |
| Vitamin D | IU | 40 | | 0 | MC | 9 | | 42 | 12 | |
| Vitamin K (phylloquinone) | µg | 5.2 | | 0 | MC | 9 | | 5.5 | 1.6 | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03857**

**Infant formula, MEAD JOHNSON, PROSOBEE LIPIL, with iron, ready to feed, with ARA and DHA (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.453 | | 0 | MC | 9 | | 1.540 | 0.443 | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 6:0....g | 0.009 | | 0 | MC | 9 | | 0.010 | 0.003 | |
| 8:0....g | 0.057 | | 0 | MC | 9 | | 0.060 | 0.017 | |
| 10:0....g | 0.038 | | 0 | MC | 9 | | 0.040 | 0.012 | |
| 12:0....g | 0.311 | | 0 | MC | 9 | | 0.330 | 0.095 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.142 | | 0 | MC | 9 | | 0.151 | 0.043 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.745 | | 0 | MC | 9 | | 0.790 | 0.227 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.142 | | 0 | MC | 9 | | 0.151 | 0.043 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.255 | | 0 | MC | 9 | | 1.330 | 0.383 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.009 | | 0 | MC | 9 | | 0.010 | 0.003 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.255 | | 0 | MC | 9 | | 1.330 | 0.383 | |
| 20:1....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.671 | | 0 | MC | 9 | | 0.711 | 0.205 | |
| 18:2 undifferentiated....g | 0.585 | | 0 | MC | 9 | | 0.620 | 0.178 | |
| 18:3 undifferentiated....g | 0.057 | | 0 | MC | 9 | | 0.060 | 0.017 | |
| 18:4....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.019 | | 0 | MC | 9 | | 0.020 | 0.006 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFZN | 4 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.009 | | 0 | MC | 9 | | 0.010 | 0.003 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 106g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03824**

**Infant formula, MEAD JOHNSON, PROSOBEE, with iron, liquid concentrate, not reconstituted**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 75.47 | | 0 | MC | 9 | | 23.24 | | |
| Energy....kcal | 131 | | 0 | NC | 4 | | 40 | | |
| Energy....kJ | 549 | | 0 | NC | 4 | | 169 | | |
| Protein....g | 3.19 | | 0 | MC | 9 | | 0.98 | | |
| Total lipid (fat)....g | 7.13 | | 0 | MC | 9 | | 2.20 | | |
| Ash....g | 0.77 | | 0 | MC | 9 | | 0.24 | | |
| Carbohydrate, by difference....g | 13.58 | | 0 | MC | 9 | | 4.18 | | |
| Fiber, total dietary....g | 0.0 | | 0 | MC | 9 | | 0.0 | | |
| Sugars, total....g | 13.58 | | 0 | MC | 9 | | 4.18 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 134 | | 0 | MC | 9 | | 41 | | |
| Iron, Fe....mg | 2.30 | | 0 | MC | 9 | | 0.71 | | |
| Magnesium, Mg....mg | 14 | | 0 | MC | 9 | | 4 | | |
| Phosphorus, P....mg | 106 | | 0 | MC | 9 | | 33 | | |
| Potassium, K....mg | 153 | | 0 | MC | 9 | | 47 | | |
| Sodium, Na....mg | 45 | | 0 | MC | 9 | | 14 | | |
| Zinc, Zn....mg | 1.53 | | 0 | MC | 9 | | 0.47 | | |
| Copper, Cu....mg | 0.096 | | 0 | MC | 9 | | 0.030 | | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 3.6 | | 0 | BFZN | 4 | | 1.1 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 15.3 | | 0 | MC | 9 | | 4.7 | | |
| Thiamin....mg | 0.102 | | 0 | MC | 9 | | 0.031 | | |
| Riboflavin....mg | 0.115 | | 0 | MC | 9 | | 0.035 | | |
| Niacin....mg | 1.280 | | 0 | MC | 9 | | 0.394 | | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.077 | | 0 | MC | 9 | | 0.024 | | |
| Folate, total....µg | 20 | | 0 | MC | 9 | | 6 | | |
| Folic acid....µg | 20 | | 0 | MC | 9 | | 6 | | |
| Folate, food....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE....mcg_DFE | 34 | | 0 | NC | 4 | | 10 | | |
| Choline, total....mg | 16.8 | | 0 | MC | 9 | | 5.2 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.38 | | 0 | MC | 9 | | 0.12 | | |
| Vitamin B-12, added....µg | 0.38 | | 0 | MC | 9 | | 0.12 | | |
| Vitamin A, RAE....mcg_RAE | 113 | | 0 | MC | 9 | | 35 | | |
| Retinol....µg | 113 | | 0 | MC | 9 | | 35 | | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | MC | 9 | | 0 | | |
| Vitamin A, IU....IU | 377 | | 0 | MC | 9 | | 116 | | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 1.70 | | 0 | MC | 9 | | 0.52 | | |
| Vitamin E, added....mg | 1.70 | | 0 | NR | 4 | | 0.52 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 1.9 | | 0 | MC | 9 | | 0.6 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 77 | | 0 | MC | 9 | | 24 | | |
| Vitamin K (phylloquinone)....µg | 10.2 | | 0 | T | 4 | | 3.1 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03824**

**Infant formula, MEAD JOHNSON, PROSOBEE, with iron, liquid concentrate, not reconstituted**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 3.038 | | 0 | MC | 9 | | 0.936 | | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 6:0....g | 0.020 | | 0 | MC | 9 | | 0.006 | | |
| 8:0....g | 0.120 | | 0 | MC | 9 | | 0.037 | | |
| 10:0....g | 0.080 | | 0 | MC | 9 | | 0.025 | | |
| 12:0....g | 0.654 | | 0 | MC | 9 | | 0.201 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.296 | | 0 | MC | 9 | | 0.091 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.568 | | 0 | MC | 9 | | 0.483 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.278 | | 0 | MC | 9 | | 0.086 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.720 | | 0 | MC | 9 | | 0.838 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.720 | | 0 | MC | 9 | | 0.838 | | |
| 20:1....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.371 | | 0 | MC | 9 | | 0.422 | | |
| 18:2 undifferentiated....g | 1.251 | | 0 | MC | 9 | | 0.385 | | |
| 18:3 undifferentiated....g | 0.120 | | 0 | MC | 9 | | 0.037 | | |
| 18:4....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MC | 9 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.8g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03823**
**Infant formula, MEAD JOHNSON, PROSOBEE, with iron, ready-to-feed**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.35 | | 0 | MC | 9 | | 93.65 | 26.95 | |
| Energy....kcal | 63 | | 0 | NC | 4 | | 66 | 19 | |
| Energy....kJ | 262 | | 0 | NC | 4 | | 277 | 80 | |
| Protein....g | 1.64 | | 0 | MC | 9 | | 1.74 | 0.50 | |
| Total lipid (fat)....g | 3.50 | | 0 | MC | 9 | | 3.71 | 1.07 | |
| Ash....g | 0.40 | | 0 | MC | 9 | | 0.42 | 0.12 | |
| Carbohydrate, by difference....g | 6.11 | | 0 | NC | 4 | | 6.48 | 1.86 | |
| Fiber, total dietary....g | 0.0 | | 0 | MC | 9 | | 0.0 | 0.0 | |
| Sugars, total....g | 6.11 | | 0 | NR | 4 | | 6.48 | 1.86 | |
| Starch....g | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 69 | | 0 | MA | 12 | | 73 | 21 | |
| Iron, Fe....mg | 1.18 | | 0 | MA | 12 | | 1.25 | 0.36 | |
| Magnesium, Mg....mg | 7 | | 0 | MC | 9 | | 8 | 2 | |
| Phosphorus, P....mg | 54 | | 0 | MA | 12 | | 57 | 16 | |
| Potassium, K....mg | 79 | | 0 | MA | 12 | | 84 | 24 | |
| Sodium, Na....mg | 23 | | 0 | MC | 9 | | 24 | 7 | |
| Zinc, Zn....mg | 0.79 | | 0 | MA | 12 | | 0.84 | 0.24 | |
| Copper, Cu....mg | 0.050 | | 0 | MC | 9 | | 0.053 | 0.015 | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.8 | | 0 | MC | 9 | | 1.9 | 0.6 | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 7.9 | | 0 | MA | 12 | | 8.4 | 2.4 | |
| Thiamin....mg | 0.052 | | 0 | MC | 9 | | 0.055 | 0.016 | |
| Riboflavin....mg | 0.059 | | 0 | MA | 12 | | 0.063 | 0.018 | |
| Niacin....mg | 0.660 | | 0 | MC | 9 | | 0.700 | 0.201 | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.040 | | 0 | MC | 9 | | 0.042 | 0.012 | |
| Folate, total....µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folic acid....µg | 11 | | 0 | MC | 9 | | 11 | 3 | |
| Folate, food....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Folate, DFE....mcg_DFE | 18 | | 0 | NC | 4 | | 19 | 5 | |
| Choline, total....mg | 8.2 | | 0 | MC | 9 | | 8.7 | 2.5 | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.19 | | 0 | MC | 9 | | 0.20 | 0.06 | |
| Vitamin B-12, added....µg | 0.19 | | 0 | NR | 4 | | 0.20 | 0.06 | |
| Vitamin A, RAE....mcg_RAE | 58 | | 0 | MC | 9 | | 61 | 18 | |
| Retinol....µg | 59 | | 0 | NC | 4 | | 63 | 18 | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin A, IU....IU | 194 | | 0 | MC | 9 | | 206 | 59 | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Vitamin E (alpha-tocopherol)....mg | 0.87 | | 0 | NR | 4 | | 0.93 | 0.27 | |
| Vitamin E, added....mg | 0.87 | | 0 | NR | 4 | | 0.93 | 0.27 | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 1.0 | | 0 | MC | 9 | | 1.1 | 0.3 | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 40 | | 0 | MC | 9 | | 42 | 12 | |
| Vitamin K (phylloquinone)....µg | 5.2 | | 0 | MC | 9 | | 5.5 | 1.6 | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03823**

**Infant formula, MEAD JOHNSON, PROSOBEE, with iron, ready-to-feed**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.443 | | 0 | MC | 9 | | 1.530 | 0.440 | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 6:0....g | 0.009 | | 0 | MC | 9 | | 0.010 | 0.003 | |
| 8:0....g | 0.057 | | 0 | MC | 9 | | 0.060 | 0.017 | |
| 10:0....g | 0.038 | | 0 | MC | 9 | | 0.040 | 0.012 | |
| 12:0....g | 0.311 | | 0 | MC | 9 | | 0.330 | 0.095 | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.141 | | 0 | MC | 9 | | 0.149 | 0.043 | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.745 | | 0 | MC | 9 | | 0.790 | 0.227 | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.132 | | 0 | MC | 9 | | 0.140 | 0.040 | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.292 | | 0 | MC | 9 | | 1.370 | 0.394 | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.292 | | 0 | MC | 9 | | 1.370 | 0.394 | |
| 20:1....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.651 | | 0 | MC | 9 | | 0.690 | 0.199 | |
| 18:2 undifferentiated....g | 0.594 | | 0 | MC | 9 | | 0.630 | 0.181 | |
| 18:3 undifferentiated....g | 0.057 | | 0 | MC | 9 | | 0.060 | 0.017 | |
| 18:4....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | MC | 9 | | 0.000 | 0.000 | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | 0 | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 106g: 1 Serving 100 ml

Measure 2 = 30.5g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03930**
**Infant formula, MEAD JOHNSON,NEXT STEP PROSOBEE, prepared from powder**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 86.41 | | 0 | MC | 9 | | 26.36 | | |
| Energy | kcal | 67 | | 0 | NC | 4 | | 20 | | |
| Energy | kJ | 281 | | 0 | NC | 4 | | 86 | | |
| Protein | g | 2.14 | | 0 | MC | 9 | | 0.65 | | |
| Total lipid (fat) | g | 2.91 | | 0 | MC | 9 | | 0.89 | | |
| Ash | g | 0.46 | | 0 | MC | 9 | | 0.14 | | |
| Carbohydrate, by difference | g | 8.08 | | 0 | NC | 4 | | 2.46 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 7.77 | | 0 | MC | 9 | | 2.37 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 128 | | 0 | MC | 9 | | 39 | | |
| Iron, Fe | mg | 1.31 | | 0 | MC | 9 | | 0.40 | | |
| Magnesium, Mg | mg | 7 | | 0 | MC | 9 | | 2 | | |
| Phosphorus, P | mg | 85 | | 0 | MC | 9 | | 26 | | |
| Potassium, K | mg | 79 | | 0 | MC | 9 | | 24 | | |
| Sodium, Na | mg | 23 | | 0 | MC | 9 | | 7 | | |
| Zinc, Zn | mg | 0.79 | | 0 | MC | 9 | | 0.24 | | |
| Copper, Cu | mg | 0.050 | | 0 | MC | 9 | | 0.015 | | |
| Manganese, Mn | mg | 0.033 | | 0 | MC | 9 | | 0.010 | | |
| Selenium, Se | µg | 1.8 | | 0 | MC | 9 | | 0.6 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 7.9 | | 0 | MC | 9 | | 2.4 | | |
| Thiamin | mg | 0.052 | | 0 | MC | 9 | | 0.016 | | |
| Riboflavin | mg | 0.059 | | 0 | MC | 9 | | 0.018 | | |
| Niacin | mg | 0.660 | | 0 | MC | 9 | | 0.201 | | |
| Pantothenic acid | mg | 0.330 | | 0 | MC | 9 | | 0.101 | | |
| Vitamin B-6 | mg | 0.040 | | 0 | MC | 9 | | 0.012 | | |
| Folate, total | µg | 11 | | 0 | MC | 9 | | 3 | | |
| Folic acid | µg | 11 | | 0 | MC | 9 | | 3 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 18 | | 0 | NC | 4 | | 5 | | |
| Choline, total | mg | 8.0 | | 0 | MC | 9 | | 2.4 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.19 | | 0 | MC | 9 | | 0.06 | | |
| Vitamin B-12, added | µg | 0.19 | | 0 | NR | 4 | | 0.06 | | |
| Vitamin A, RAE | mcg_RAE | 58 | | 0 | NC | 4 | | 18 | | |
| Retinol | µg | 58 | | 0 | NC | 4 | | 18 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 194 | | 0 | NC | 4 | | 59 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.87 | | 0 | NR | 4 | | 0.27 | | |
| Vitamin E, added | mg | 0.87 | | 0 | NR | 4 | | 0.27 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.0 | | 0 | MC | 9 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 40 | | 0 | MC | 9 | | 12 | | |
| Vitamin K (phylloquinone) | µg | 5.2 | | 0 | MC | 9 | | 1.6 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03930**

**Infant formula, MEAD JOHNSON,NEXT STEP PROSOBEE, prepared from powder**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.243 | | 0 | MC | 9 | | 0.379 | | |
| 4:0....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 6:0....g | 0.003 | | 0 | MC | 9 | | 0.001 | | |
| 8:0....g | 0.049 | | 0 | MC | 9 | | 0.015 | | |
| 10:0....g | 0.039 | | 0 | MC | 9 | | 0.012 | | |
| 12:0....g | 0.262 | | 0 | MC | 9 | | 0.080 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.117 | | 0 | MC | 9 | | 0.036 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.641 | | 0 | MC | 9 | | 0.196 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.117 | | 0 | MC | 9 | | 0.036 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.078 | | 0 | MC | 9 | | 0.329 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.003 | | 0 | MC | 9 | | 0.001 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.078 | | 0 | MC | 9 | | 0.329 | | |
| 20:1....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.544 | | 0 | MA | 12 | | 0.166 | | |
| 18:2 undifferentiated....g | 0.495 | | 0 | MC | 9 | | 0.151 | | |
| 18:3 undifferentiated....g | 0.049 | | 0 | MC | 9 | | 0.015 | | |
| 18:4....g | 0.000 | | 0 | Z | 7 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | Z | 7 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | Z | 7 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | Z | 7 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | Z | 7 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | MC | 9 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03901**

**Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, liquid concentrate, not reconstituted**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 74.20 | | 0 | MA | 12 | | 23.67 | | |
| Energy | kcal | 125 | | 0 | NC | 4 | | 40 | | |
| Energy | kJ | 524 | | 0 | NC | 4 | | 167 | | |
| Protein | g | 3.25 | | 0 | MA | 12 | | 1.04 | | |
| Total lipid (fat) | g | 5.13 | | 0 | MA | 12 | | 1.64 | | |
| Ash | g | 0.93 | | 0 | MA | 12 | | 0.30 | | |
| Carbohydrate, by difference | g | 16.50 | | 0 | MC | 9 | | 5.26 | | |
| Fiber, total dietary | g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total | g | 11.90 | | 0 | MA | 12 | | 3.80 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 150 | | 0 | MA | 12 | | 48 | | |
| Iron, Fe | mg | 2.25 | | 0 | MA | 12 | | 0.72 | | |
| Magnesium, Mg | mg | 10 | | 0 | MC | 9 | | 3 | | |
| Phosphorus, P | mg | 100 | | 0 | MA | 12 | | 32 | | |
| Potassium, K | mg | 169 | | 0 | MA | 12 | | 54 | | |
| Sodium, Na | mg | 49 | | 0 | MA | 12 | | 16 | | |
| Zinc, Zn | mg | 1.00 | | 0 | MC | 9 | | 0.32 | | |
| Copper, Cu | mg | 0.106 | | 0 | MC | 9 | | 0.034 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 2.5 | | 0 | MC | 9 | | 0.8 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 11.0 | | 0 | MC | 9 | | 3.5 | | |
| Thiamin | mg | 0.100 | | 0 | | 12 | | 0.032 | | |
| Riboflavin | mg | 0.175 | | 0 | MC | 9 | | 0.056 | | |
| Niacin | mg | 1.250 | | 0 | MC | 9 | | 0.399 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.081 | | 0 | MC | 9 | | 0.026 | | |
| Folate, total | µg | 19 | | 0 | MC | 9 | | 6 | | |
| Folic acid | µg | 19 | | 0 | MC | 9 | | 6 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 32 | | 0 | NC | 4 | | 10 | | |
| Choline, total | mg | 15.4 | | 0 | MC | 9 | | 4.9 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.31 | | 0 | MC | 9 | | 0.10 | | |
| Vitamin B-12, added | µg | 0.31 | | 0 | NR | 4 | | 0.10 | | |
| Vitamin A, RAE | mcg_RAE | 98 | | 0 | NC | 4 | | 31 | | |
| Retinol | µg | 98 | | 0 | T | 4 | | 31 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 313 | | 0 | MC | 9 | | 100 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 1.75 | | 0 | MC | 9 | | 0.56 | | |
| Vitamin E, added | mg | 1.75 | | 0 | NR | 4 | | 0.56 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 2.0 | | 0 | NR | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 82 | | 0 | NR | 4 | | 26 | | |
| Vitamin K (phylloquinone) | µg | 10.0 | | 0 | MC | 9 | | 3.2 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03901**

**Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, liquid concentrate, not reconstituted**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.213 | | 0 | NC | 4 | | 0.706 | | |
| 4:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0....g | 0.080 | | 0 | | 12 | | 0.026 | | |
| 10:0....g | 0.064 | | 0 | MA | 12 | | 0.020 | | |
| 12:0....g | 0.484 | | 0 | MA | 12 | | 0.154 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.209 | | 0 | MA | 12 | | 0.067 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.184 | | 0 | MA | 12 | | 0.378 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.193 | | 0 | MA | 12 | | 0.061 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.582 | | 0 | NC | 4 | | 0.505 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.010 | | 0 | MA | 12 | | 0.003 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.563 | | 0 | MA | 12 | | 0.499 | | |
| 20:1....g | 0.006 | | 0 | MA | 12 | | 0.002 | | |
| 22:1 undifferentiated....g | 0.003 | | 0 | MA | 12 | | 0.001 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.213 | | 0 | NC | 4 | | 0.387 | | |
| 18:2 undifferentiated....g | 1.089 | | 0 | MA | 12 | | 0.347 | | |
| 18:3 undifferentiated....g | 0.124 | | 0 | MA | 12 | | 0.040 | | |
| 18:4....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 2 | | 0 | MC | 9 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.9g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03913**
**Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, powder**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 2.50 | | 0 | MC | 9 | | 0.24 | | |
| Energy | kcal | 471 | | 0 | NC | 4 | | 44 | | |
| Energy | kJ | 1972 | | 0 | NC | 4 | | 185 | | |
| Protein | g | 12.20 | | 0 | | 12 | | 1.15 | | |
| Total lipid (fat) | g | 19.30 | | 0 | | 12 | | 1.81 | | |
| Ash | g | 3.77 | | 0 | T | 4 | | 0.35 | | |
| Carbohydrate, by difference | g | 62.23 | | 0 | NC | 4 | | 5.85 | | |
| Fiber, total dietary | g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total | g | 44.30 | | 0 | MC | 9 | | 4.16 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 565 | | 0 | MC | 9 | | 53 | | |
| Iron, Fe | mg | 8.50 | | 0 | MC | 9 | | 0.80 | | |
| Magnesium, Mg | mg | 38 | | 0 | MC | 9 | | 4 | | |
| Phosphorus, P | mg | 377 | | 0 | NR | 4 | | 35 | | |
| Potassium, K | mg | 636 | | 0 | | 12 | | 60 | | |
| Sodium, Na | mg | 184 | | 0 | | 12 | | 17 | | |
| Zinc, Zn | mg | 4.00 | | 0 | MC | 9 | | 0.38 | | |
| Copper, Cu | mg | 0.400 | | 0 | MC | 9 | | 0.038 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 9.4 | | 0 | MC | 9 | | 0.9 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 42.0 | | 0 | MC | 9 | | 3.9 | | |
| Thiamin | mg | 0.377 | | 0 | MC | 9 | | 0.035 | | |
| Riboflavin | mg | 0.659 | | 0 | MC | 9 | | 0.062 | | |
| Niacin | mg | 4.710 | | 0 | MC | 9 | | 0.443 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.306 | | 0 | MC | 9 | | 0.029 | | |
| Folate, total | µg | 71 | | 0 | MC | 9 | | 7 | | |
| Folic acid | µg | 71 | | 0 | MC | 9 | | 7 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 121 | | 0 | NC | 4 | | 11 | | |
| Choline, total | mg | 56.5 | | 0 | MC | 9 | | 5.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.20 | | 0 | MC | 9 | | 0.11 | | |
| Vitamin B-12, added | µg | 1.20 | | 0 | NR | 4 | | 0.11 | | |
| Vitamin A, RAE | mcg_RAE | 354 | | 0 | NC | 4 | | 33 | | |
| Retinol | µg | 354 | | 0 | T | 4 | | 33 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1178 | | 0 | MC | 9 | | 111 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 6.60 | | 0 | MC | 9 | | 0.62 | | |
| Vitamin E, added | mg | 6.60 | | 0 | NR | 4 | | 0.62 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.7 | | 0 | MC | 9 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 309 | | 0 | MC | 9 | | 29 | | |
| Vitamin K (phylloquinone) | µg | 38.0 | | 0 | MC | 9 | | 3.6 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03913**

**Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, powder**

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated | g | 8.540 | | 0 | | 12 | | 0.803 | | |
| 4:0 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0 | g | 0.300 | | 0 | | 12 | | 0.028 | | |
| 10:0 | g | 0.240 | | 0 | | 12 | | 0.023 | | |
| 12:0 | g | 1.950 | | 0 | | 12 | | 0.183 | | |
| 13:0 | g | | | | | | | | | |
| 14:0 | g | 0.810 | | 0 | | 12 | | 0.076 | | |
| 15:0 | g | | | | | | | | | |
| 16:0 | g | 4.530 | | 0 | | 12 | | 0.426 | | |
| 17:0 | g | | | | | | | | | |
| 18:0 | g | 0.710 | | 0 | | 12 | | 0.067 | | |
| 20:0 | g | | | | | | | | | |
| 22:0 | g | | | | | | | | | |
| 24:0 | g | | | | | | | | | |
| Fatty acids, total monounsaturated | g | 6.230 | | 0 | | 12 | | 0.586 | | |
| 14:1 | g | | | | | | | | | |
| 15:1 | g | | | | | | | | | |
| 16:1 undifferentiated | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 17:1 | g | | | | | | | | | |
| 18:1 undifferentiated | g | 6.230 | | 0 | | 12 | | 0.586 | | |
| 20:1 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:1 undifferentiated | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 24:1 c | g | | | | | | | | | |
| Fatty acids, total polyunsaturated | g | 4.310 | | 0 | | 12 | | 0.405 | | |
| 18:2 undifferentiated | g | 3.940 | | 0 | | 12 | | 0.370 | | |
| 18:3 undifferentiated | g | 0.370 | | 0 | | 12 | | 0.035 | | |
| 18:4 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c | g | | | | | | | | | |
| 20:3 undifferentiated | g | | | | | | | | | |
| 20:4 undifferentiated | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:5 n-3 (EPA) | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA) | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA) | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| Fatty acids, total trans | g | | | | | | | | | |
| Cholesterol | mg | 6 | | 0 | MC | 9 | | 1 | | |
| Phytosterols | mg | | | | | | | | | |
| **Others:** | | | | | | | | | | |
| Alcohol, ethyl | g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine | mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine | mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 9.4g: 1 scoop

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03900**
**Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, ready-to-feed**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 86.60 | | 0 | | 12 | | 26.41 | | |
| Energy ... kcal | 65 | | 0 | | 9 | | 20 | | |
| Energy ... kJ | 272 | | 0 | | 9 | | 83 | | |
| Protein ... g | 1.70 | | 0 | | 12 | | 0.52 | | |
| Total lipid (fat) ... g | 2.70 | | 0 | | 12 | | 0.82 | | |
| Ash ... g | 0.47 | | 0 | T | 4 | | 0.14 | | |
| Carbohydrate, by difference ... g | 8.54 | | 0 | NC | 4 | | 2.60 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total ... g | 6.19 | | 0 | T | 4 | | 1.89 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 78 | | 0 | MC | 9 | | 24 | | |
| Iron, Fe ... mg | 1.20 | | 0 | MC | 9 | | 0.37 | | |
| Magnesium, Mg ... mg | 5 | | 0 | MC | 9 | | 2 | | |
| Phosphorus, P ... mg | 52 | | 0 | MC | 9 | | 16 | | |
| Potassium, K ... mg | 88 | | 0 | | 12 | | 27 | | |
| Sodium, Na ... mg | 25 | | 0 | | 12 | | 8 | | |
| Zinc, Zn ... mg | 0.52 | | 0 | MC | 9 | | 0.16 | | |
| Copper, Cu ... mg | 0.055 | | 0 | MC | 9 | | 0.017 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 1.3 | | 0 | MC | 9 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 5.9 | | 0 | MC | 9 | | 1.8 | | |
| Thiamin ... mg | 0.052 | | 0 | MC | 9 | | 0.016 | | |
| Riboflavin ... mg | 0.091 | | 0 | MC | 9 | | 0.028 | | |
| Niacin ... mg | 0.650 | | 0 | MC | 9 | | 0.198 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.042 | | 0 | MC | 9 | | 0.013 | | |
| Folate, total ... µg | 10 | | 0 | | 12 | | 3 | | |
| Folic acid ... µg | 10 | | 0 | T | 4 | | 3 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total ... mg | 8.0 | | 0 | MC | 9 | | 2.4 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.16 | | 0 | MC | 9 | | 0.05 | | |
| Vitamin B-12, added ... µg | 0.16 | | 0 | NR | 4 | | 0.05 | | |
| Vitamin A, RAE ... mcg_RAE | 48 | | 0 | NC | 4 | | 15 | | |
| Retinol ... µg | 48 | | 0 | T | 4 | | 15 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 163 | | 0 | MC | 9 | | 50 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 0.91 | | 0 | MC | 9 | | 0.28 | | |
| Vitamin E, added ... mg | 0.91 | | 0 | NR | 4 | | 0.28 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.1 | | 0 | MC | 9 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 43 | | 0 | MC | 9 | | 13 | | |
| Vitamin K (phylloquinone) ... µg | 5.2 | | 0 | MC | 9 | | 1.6 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03900**

**Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, ready-to-feed**

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated | g | 1.180 | | 0 | | 12 | | 0.360 | | |
| 4:0 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0 | g | 0.040 | | 0 | | 12 | | 0.012 | | |
| 10:0 | g | 0.030 | | 0 | | 12 | | 0.009 | | |
| 12:0 | g | 0.270 | | 0 | | 12 | | 0.082 | | |
| 13:0 | g | | | | | | | | | |
| 14:0 | g | 0.110 | | 0 | | 12 | | 0.034 | | |
| 15:0 | g | | | | | | | | | |
| 16:0 | g | 0.630 | | 0 | | 12 | | 0.192 | | |
| 17:0 | g | | | | | | | | | |
| 18:0 | g | 0.100 | | 0 | | 12 | | 0.031 | | |
| 20:0 | g | | | | | | | | | |
| 22:0 | g | | | | | | | | | |
| 24:0 | g | | | | | | | | | |
| Fatty acids, total monounsaturated | g | 0.870 | | 0 | | 12 | | 0.265 | | |
| 14:1 | g | | | | | | | | | |
| 15:1 | g | | | | | | | | | |
| 16:1 undifferentiated | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 17:1 | g | | | | | | | | | |
| 18:1 undifferentiated | g | 0.870 | | 0 | | 12 | | 0.265 | | |
| 20:1 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:1 undifferentiated | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 24:1 c | g | | | | | | | | | |
| Fatty acids, total polyunsaturated | g | 0.600 | | 0 | | 12 | | 0.183 | | |
| 18:2 undifferentiated | g | 0.550 | | 0 | | 12 | | 0.168 | | |
| 18:3 undifferentiated | g | 0.050 | | 0 | | 12 | | 0.015 | | |
| 18:4 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c | g | | | | | | | | | |
| 20:3 undifferentiated | g | | | | | | | | | |
| 20:4 undifferentiated | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:5 n-3 (EPA) | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA) | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA) | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| Fatty acids, total trans | g | | | | | | | | | |
| Cholesterol | mg | 1 | | 0 | MC | 9 | | 0 | | |
| Phytosterols | mg | | | | | | | | | |
| **Others:** | | | | | | | | | | |
| Alcohol, ethyl | g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine | mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine | mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03926**

**Infant formula, NESTLE, GOOD START ESSENTIALS SOY, with iron, liquid concentrate, not reconstituted**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 75.40 | | 0 | MA | 12 | | 23.68 | | |
| Energy | kcal | 128 | | 0 | NC | 4 | | 40 | | |
| Energy | kJ | 534 | | 0 | NC | 4 | | 168 | | |
| Protein | g | 3.20 | | 0 | MC | 9 | | 1.00 | | |
| Total lipid (fat) | g | 6.50 | | 0 | MC | 9 | | 2.04 | | |
| Ash | g | 0.80 | | 0 | MC | 9 | | 0.25 | | |
| Carbohydrate, by difference | g | 14.10 | | 0 | NC | 4 | | 4.43 | | |
| Fiber, total dietary | g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total | g | 11.20 | | 0 | MC | 9 | | 3.52 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 133 | | 0 | MA | 12 | | 42 | | |
| Iron, Fe | mg | 2.29 | | 0 | MA | 12 | | 0.72 | | |
| Magnesium, Mg | mg | 14 | | 0 | | 4 | | 4 | | |
| Phosphorus, P | mg | 80 | | 0 | MC | 9 | | 25 | | |
| Potassium, K | mg | 146 | | 0 | MC | 9 | | 46 | | |
| Sodium, Na | mg | 46 | | 0 | MC | 9 | | 14 | | |
| Zinc, Zn | mg | 1.14 | | 0 | MA | 12 | | 0.36 | | |
| Copper, Cu | mg | 0.152 | | 0 | | 4 | | 0.048 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 2.5 | | 0 | MC | 9 | | 0.8 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 15.2 | | 0 | MC | 9 | | 4.8 | | |
| Thiamin | mg | 0.076 | | 0 | MA | 12 | | 0.024 | | |
| Riboflavin | mg | 0.119 | | 0 | MC | 9 | | 0.037 | | |
| Niacin | mg | 1.650 | | 0 | MC | 9 | | 0.518 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.076 | | 0 | MC | 9 | | 0.024 | | |
| Folate, total | µg | 20 | | 0 | | 4 | | 6 | | |
| Folic acid | µg | 20 | | 0 | T | 4 | | 6 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 35 | | 0 | NC | 4 | | 11 | | |
| Choline, total | mg | 15.7 | | 0 | MC | 9 | | 4.9 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.38 | | 0 | MC | 9 | | 0.12 | | |
| Vitamin B-12, added | µg | 0.38 | | 0 | NR | 4 | | 0.12 | | |
| Vitamin A, RAE | mcg_RAE | 100 | | 0 | NC | 4 | | 31 | | |
| Retinol | µg | 100 | | 0 | O | 4 | | 31 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 381 | | 0 | MC | 9 | | 120 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 1.86 | | 0 | MC | 9 | | 0.58 | | |
| Vitamin E, added | mg | 1.86 | | 0 | NR | 4 | | 0.58 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 2.0 | | 0 | MC | 9 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 82 | | 0 | MC | 9 | | 26 | | |
| Vitamin K (phylloquinone) | µg | 10.2 | | 0 | MC | 9 | | 3.2 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03926**

**Infant formula, NESTLE, GOOD START ESSENTIALS SOY, with iron, liquid concentrate, not reconstituted**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.800 | | 0 | MC | 9 | | 0.879 | | |
| 4:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0....g | 0.008 | | 0 | MC | 9 | | 0.003 | | |
| 8:0....g | 0.100 | | 0 | MC | 9 | | 0.031 | | |
| 10:0....g | 0.080 | | 0 | MC | 9 | | 0.025 | | |
| 12:0....g | 0.600 | | 0 | MC | 9 | | 0.188 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.260 | | 0 | MC | 9 | | 0.082 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.509 | | 0 | MA | 12 | | 0.474 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.240 | | 0 | MC | 9 | | 0.075 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.030 | | 0 | MC | 9 | | 0.637 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.013 | | 0 | MA | 12 | | 0.004 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.510 | | 0 | MC | 9 | | 0.474 | | |
| 20:1....g | 0.007 | | 0 | MA | 12 | | 0.002 | | |
| 22:1 undifferentiated....g | 0.003 | | 0 | MA | 12 | | 0.001 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.317 | | 0 | NC | 4 | | 0.414 | | |
| 18:2 undifferentiated....g | 1.200 | | 0 | MC | 9 | | 0.377 | | |
| 18:3 undifferentiated....g | 0.124 | | 0 | MA | 12 | | 0.039 | | |
| 18:4....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.4g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03928**
**Infant formula, NESTLE, GOOD START ESSENTIALS SOY, with iron, powder**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 2.50 | | 0 | MA | 12 | | 0.11 | | |
| Energy | kcal | 502 | | 0 | MC | 9 | | 22 | | |
| Energy | kJ | 2102 | | 0 | MC | 9 | | 90 | | |
| Protein | g | 12.50 | | 0 | MC | 9 | | 0.54 | | |
| Total lipid (fat) | g | 25.50 | | 0 | MC | 9 | | 1.10 | | |
| Ash | g | 3.80 | | 0 | MC | 9 | | 0.16 | | |
| Carbohydrate, by difference | g | 55.70 | | 0 | NC | 4 | | 2.40 | | |
| Fiber, total dietary | g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total | g | 44.38 | | 0 | MC | 9 | | 1.91 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 526 | | 0 | MA | 12 | | 23 | | |
| Iron, Fe | mg | 9.00 | | 0 | MA | 12 | | 0.39 | | |
| Magnesium, Mg | mg | 55 | | 0 | MA | 12 | | 2 | | |
| Phosphorus, P | mg | 316 | | 0 | MC | 9 | | 14 | | |
| Potassium, K | mg | 581 | | 0 | MA | 12 | | 25 | | |
| Sodium, Na | mg | 180 | | 0 | MC | 9 | | 8 | | |
| Zinc, Zn | mg | 4.51 | | 0 | MA | 12 | | 0.19 | | |
| Copper, Cu | mg | 0.601 | | 0 | MA | 12 | | 0.026 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 10.0 | | 0 | MA | 12 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 60.1 | | 0 | NR | 4 | | 2.6 | | |
| Thiamin | mg | 0.301 | | 0 | MA | 12 | | 0.013 | | |
| Riboflavin | mg | 0.471 | | 0 | MA | 12 | | 0.020 | | |
| Niacin | mg | 6.513 | | 0 | MA | 12 | | 0.280 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.301 | | 0 | NR | 4 | | 0.013 | | |
| Folate, total | µg | 80 | | 0 | MA | 12 | | 3 | | |
| Folic acid | µg | 80 | | 0 | NR | 4 | | 3 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 136 | | 0 | NC | 4 | | 6 | | |
| Choline, total | mg | 61.3 | | 0 | MC | 9 | | 2.6 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.50 | | 0 | NR | 4 | | 0.06 | | |
| Vitamin B-12, added | µg | 1.50 | | 0 | NR | 4 | | 0.06 | | |
| Vitamin A, RAE | mcg_RAE | 466 | | 0 | NC | 4 | | 20 | | |
| Retinol | µg | 466 | | 0 | O | 4 | | 20 | | |
| Carotene, beta | µg | 0 | | 0 | T | 4 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1503 | | 0 | NR | 4 | | 65 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 7.34 | | 0 | MC | 9 | | 0.32 | | |
| Vitamin E, added | mg | 7.34 | | 0 | NR | 4 | | 0.32 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.7 | | 0 | MC | 9 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 309 | | 0 | MC | 9 | | 13 | | |
| Vitamin K (phylloquinone) | µg | 40.1 | | 0 | MC | 9 | | 1.7 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03928**

**Infant formula, NESTLE, GOOD START ESSENTIALS SOY, with iron, powder**

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated | g | 11.000 | | 0 | MC | 9 | | 0.473 | | |
| 4:0 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0 | g | 0.030 | | 0 | MA | 12 | | 0.001 | | |
| 8:0 | g | 0.400 | | 0 | MC | 9 | | 0.017 | | |
| 10:0 | g | 0.302 | | 0 | MA | 12 | | 0.013 | | |
| 12:0 | g | 2.400 | | 0 | MC | 9 | | 0.103 | | |
| 13:0 | g | | | | | | | | | |
| 14:0 | g | 1.000 | | 0 | MC | 9 | | 0.043 | | |
| 15:0 | g | | | | | | | | | |
| 16:0 | g | 5.800 | | 0 | NR | 4 | | 0.249 | | |
| 17:0 | g | | | | | | | | | |
| 18:0 | g | 1.000 | | 0 | NR | 4 | | 0.043 | | |
| 20:0 | g | | | | | | | | | |
| 22:0 | g | | | | | | | | | |
| 24:0 | g | | | | | | | | | |
| Fatty acids, total monounsaturated | g | 8.100 | | 0 | NR | 4 | | 0.348 | | |
| 14:1 | g | | | | | | | | | |
| 15:1 | g | | | | | | | | | |
| 16:1 undifferentiated | g | 0.050 | | 0 | NR | 4 | | 0.002 | | |
| 17:1 | g | | | | | | | | | |
| 18:1 undifferentiated | g | 7.900 | | 0 | NR | 4 | | 0.340 | | |
| 20:1 | g | 0.040 | | 0 | NR | 4 | | 0.002 | | |
| 22:1 undifferentiated | g | 0.010 | | 0 | NR | 4 | | 0.000 | | |
| 24:1 c | g | | | | | | | | | |
| Fatty acids, total polyunsaturated | g | 6.000 | | 0 | NR | 4 | | 0.258 | | |
| 18:2 undifferentiated | g | 4.700 | | 0 | NR | 4 | | 0.202 | | |
| 18:3 undifferentiated | g | 0.500 | | 0 | NR | 4 | | 0.022 | | |
| 18:4 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c | g | | | | | | | | | |
| 20:3 undifferentiated | g | | | | | | | | | |
| 20:4 undifferentiated | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:5 n-3 (EPA) | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA) | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA) | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| Fatty acids, total trans | g | | | | | | | | | |
| Cholesterol | mg | 0 | | 0 | | 4 | | 0 | | |
| Phytosterols | mg | | | | | | | | | |
| **Others:** | | | | | | | | | | |
| Alcohol, ethyl | g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine | mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine | mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 4.3g: 1 scoop

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03925**
**Infant formula, NESTLE, GOOD START ESSENTIALS SOY, with iron, ready-to-feed**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 87.50 | | 0 | | 8 | | 26.69 | | |
| Energy ... kcal | 65 | | 0 | NC | 4 | | 20 | | |
| Energy ... kJ | 272 | | 0 | MC | 9 | | 83 | | |
| Protein ... g | 1.63 | | 0 | MC | 9 | | 0.50 | | |
| Total lipid (fat) ... g | 3.30 | | 0 | MC | 9 | | 1.01 | | |
| Ash ... g | 0.40 | | 0 | MC | 9 | | 0.12 | | |
| Carbohydrate, by difference ... g | 7.17 | | 0 | NC | 4 | | 2.19 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total ... g | 5.69 | | 0 | NR | 4 | | 1.74 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 68 | | 0 | MC | 9 | | 21 | | |
| Iron, Fe ... mg | 1.25 | | 0 | | 8 | | 0.38 | | |
| Magnesium, Mg ... mg | 7 | | 0 | | 8 | | 2 | | |
| Phosphorus, P ... mg | 41 | | 0 | | 8 | | 13 | | |
| Potassium, K ... mg | 75 | | 0 | MC | 9 | | 23 | | |
| Sodium, Na ... mg | 23 | | 0 | MC | 9 | | 7 | | |
| Zinc, Zn ... mg | 0.60 | | 0 | MC | 9 | | 0.18 | | |
| Copper, Cu ... mg | 0.078 | | 0 | MC | 9 | | 0.024 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 1.6 | | 0 | MC | 9 | | 0.5 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 7.8 | | 0 | MC | 9 | | 2.4 | | |
| Thiamin ... mg | 0.039 | | 0 | MC | 9 | | 0.012 | | |
| Riboflavin ... mg | 0.061 | | 0 | MC | 9 | | 0.019 | | |
| Niacin ... mg | 0.845 | | 0 | MC | 9 | | 0.258 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.039 | | 0 | MC | 9 | | 0.012 | | |
| Folate, total ... µg | 10 | | 0 | | 8 | | 3 | | |
| Folic acid ... µg | 10 | | 0 | T | 4 | | 3 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total ... mg | 8.0 | | 0 | MC | 9 | | 2.4 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.20 | | 0 | | 8 | | 0.06 | | |
| Vitamin B-12, added ... µg | 0.20 | | 0 | NR | 4 | | 0.06 | | |
| Vitamin A, RAE ... mcg_RAE | 50 | | 0 | NC | 4 | | 15 | | |
| Retinol ... µg | 50 | | 0 | O | 4 | | 15 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 167 | | 0 | NC | 4 | | 51 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 0.95 | | 0 | MC | 9 | | 0.29 | | |
| Vitamin E, added ... mg | 0.95 | | 0 | NR | 4 | | 0.29 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.0 | | 0 | NR | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | 1.0 | | 0 | NR | 4 | | 0.3 | | |
| Vitamin D ... IU | 40 | | 0 | MC | 9 | | 12 | | |
| Vitamin K (phylloquinone) ... µg | 5.2 | | 0 | MC | 9 | | 1.6 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03925**

**Infant formula, NESTLE, GOOD START ESSENTIALS SOY, with iron, ready-to-feed**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.400 | | 0 | MC | 9 | | 0.427 | | |
| 4:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0....g | 0.050 | | 0 | MC | 9 | | 0.015 | | |
| 10:0....g | 0.040 | | 0 | MC | 9 | | 0.012 | | |
| 12:0....g | 0.300 | | 0 | MC | 9 | | 0.092 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.100 | | 0 | MC | 9 | | 0.031 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.750 | | 0 | MC | 9 | | 0.229 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.100 | | 0 | MC | 9 | | 0.031 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.000 | | 0 | MC | 9 | | 0.305 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.010 | | 0 | MC | 9 | | 0.003 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.000 | | 0 | MC | 9 | | 0.305 | | |
| 20:1....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.800 | | 0 | MC | 9 | | 0.244 | | |
| 18:2 undifferentiated....g | 0.600 | | 0 | MC | 9 | | 0.183 | | |
| 18:3 undifferentiated....g | 0.100 | | 0 | MC | 9 | | 0.031 | | |
| 18:4....g | 0.000 | | 0 | MC | 9 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03867**
**Infant formula, NESTLE, GOOD START SOY, with ARA and DHA, powder (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 2.50 | | 0 | MA | 12 | | 0.24 | | |
| Energy | kcal | 503 | | 0 | NC | 4 | | 47 | | |
| Energy | kJ | 2104 | | 0 | NC | 4 | | 198 | | |
| Protein | g | 12.50 | | 0 | MA | 12 | | 1.18 | | |
| Total lipid (fat) | g | 25.60 | | 0 | MA | 12 | | 2.41 | | |
| Ash | g | 3.80 | | 0 | MA | 12 | | 0.36 | | |
| Carbohydrate, by difference | g | 55.60 | | 0 | NC | 4 | | 5.23 | | |
| Fiber, total dietary | g | 0.0 | | 0 | MA | 12 | | 0.0 | | |
| Sugars, total | g | 44.38 | | 0 | MA | 12 | | 4.17 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 526 | | 0 | MA | 12 | | 49 | | |
| Iron, Fe | mg | 9.00 | | 0 | MA | 12 | | 0.85 | | |
| Magnesium, Mg | mg | 55 | | 0 | MA | 12 | | 5 | | |
| Phosphorus, P | mg | 316 | | 0 | MA | 12 | | 30 | | |
| Potassium, K | mg | 581 | | 0 | MA | 12 | | 55 | | |
| Sodium, Na | mg | 200 | | 0 | MA | 12 | | 19 | | |
| Zinc, Zn | mg | 4.51 | | 0 | MA | 12 | | 0.42 | | |
| Copper, Cu | mg | 0.401 | | 0 | MA | 12 | | 0.038 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 15.0 | | 0 | MA | 12 | | 1.4 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 60.1 | | 0 | MA | 12 | | 5.6 | | |
| Thiamin | mg | 0.301 | | 0 | MA | 12 | | 0.028 | | |
| Riboflavin | mg | 0.471 | | 0 | MA | 12 | | 0.044 | | |
| Niacin | mg | 6.764 | | 0 | MA | 12 | | 0.636 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.301 | | 0 | MA | 12 | | 0.028 | | |
| Folate, total | µg | 80 | | 0 | MA | 12 | | 8 | | |
| Folic acid | µg | 80 | | 0 | MA | 12 | | 8 | | |
| Folate, food | µg | 0 | | 0 | MA | 12 | | 0 | | |
| Folate, DFE | mcg_DFE | 136 | | 0 | NC | 4 | | 13 | | |
| Choline, total | mg | 60.0 | | 0 | MA | 12 | | 5.6 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.50 | | 0 | MA | 12 | | 0.14 | | |
| Vitamin B-12, added | µg | 1.50 | | 0 | NR | 4 | | 0.14 | | |
| Vitamin A, RAE | mcg_RAE | 451 | | 0 | NC | 4 | | 42 | | |
| Retinol | µg | 451 | | 0 | NR | 4 | | 42 | | |
| Carotene, beta | µg | 0 | | 0 | MA | 12 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | MA | 12 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | MA | 12 | | 0 | | |
| Vitamin A, IU | IU | 1503 | | 0 | NC | 4 | | 141 | | |
| Lycopene | µg | 0 | | 0 | MA | 12 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | MA | 12 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 7.34 | | 0 | MA | 12 | | 0.69 | | |
| Vitamin E, added | mg | 7.34 | | 0 | NR | 4 | | 0.69 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.5 | | 0 | MA | 12 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 301 | | 0 | MA | 12 | | 28 | | |
| Vitamin K (phylloquinone) | µg | 45.1 | | 0 | MA | 12 | | 4.2 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03867**

**Infant formula, NESTLE, GOOD START SOY, with ARA and DHA, powder (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 11.000 | | 0 | MA | 12 | | 1.034 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.030 | | 0 | MA | 12 | | 0.003 | | |
| 8:0....g | 0.400 | | 0 | MA | 12 | | 0.038 | | |
| 10:0....g | 0.302 | | 0 | MA | 12 | | 0.028 | | |
| 12:0....g | 2.400 | | 0 | MA | 12 | | 0.226 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.000 | | 0 | MA | 12 | | 0.094 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 5.800 | | 0 | MA | 12 | | 0.545 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.000 | | 0 | MA | 12 | | 0.094 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 8.100 | | 0 | MA | 12 | | 0.761 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.050 | | 0 | MA | 12 | | 0.005 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 7.900 | | 0 | MA | 12 | | 0.743 | | |
| 20:1....g | 0.040 | | 0 | MA | 12 | | 0.004 | | |
| 22:1 undifferentiated....g | 0.010 | | 0 | MA | 12 | | 0.001 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 6.000 | | 0 | MA | 12 | | 0.564 | | |
| 18:2 undifferentiated....g | 4.700 | | 0 | MA | 12 | | 0.442 | | |
| 18:3 undifferentiated....g | 0.500 | | 0 | MA | 12 | | 0.047 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.175 | | 0 | NR | 4 | | 0.016 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.090 | | 0 | NR | 4 | | 0.008 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 6 | | 0 | NR | 4 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFZN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 9.4g: 1 scoop

**Footnotes:**

1 Contain arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621) fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03966**

**Infant formula, NESTLE, GOOD START SOY, with DHA and ARA, liquid concentrate**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 74.20 | | 0 | T | 4 | | 21.67 | | |
| Energy | kcal | 132 | | 0 | NC | 4 | | 39 | | |
| Energy | kJ | 553 | | 0 | NC | 4 | | 161 | | |
| Protein | g | 3.31 | | 1 | MA | 12 | | 0.97 | | |
| Total lipid (fat) | g | 6.67 | | 1 | MA | 12 | | 1.95 | | |
| Ash | g | 1.01 | | 1 | MA | 12 | | 0.29 | | |
| Carbohydrate, by difference | g | 14.71 | | 0 | NR | 4 | | 4.30 | | |
| Fiber, total dietary | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Sugars, total | g | 11.74 | | 0 | MA | 12 | | 3.43 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 139 | | 0 | MA | 12 | | 41 | | |
| Iron, Fe | mg | 2.38 | | 0 | MA | 12 | | 0.69 | | |
| Magnesium, Mg | mg | 15 | | 0 | MA | 12 | | 4 | | |
| Phosphorus, P | mg | 84 | | 0 | MA | 12 | | 25 | | |
| Potassium, K | mg | 154 | | 0 | MA | 12 | | 45 | | |
| Sodium, Na | mg | 53 | | 0 | MA | 12 | | 15 | | |
| Zinc, Zn | mg | 1.19 | | 0 | MA | 12 | | 0.35 | | |
| Copper, Cu | mg | 0.106 | | 0 | MA | 12 | | 0.031 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 4.0 | | 0 | MA | 12 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 15.9 | | 0 | MA | 12 | | 4.6 | | |
| Thiamin | mg | 0.079 | | 0 | MA | 12 | | 0.023 | | |
| Riboflavin | mg | 0.125 | | 0 | MA | 12 | | 0.037 | | |
| Niacin | mg | 1.784 | | 0 | MA | 12 | | 0.521 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.080 | | 0 | MA | 12 | | 0.023 | | |
| Folate, total | µg | 21 | | 0 | MA | 12 | | 6 | | |
| Folic acid | µg | 21 | | 0 | MA | 12 | | 6 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 36 | | 0 | NC | 4 | | 10 | | |
| Choline, total | mg | 31.8 | | 0 | MA | 12 | | 9.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.40 | | 0 | MA | 12 | | 0.12 | | |
| Vitamin B-12, added | µg | 0.40 | | 0 | NR | 4 | | 0.12 | | |
| Vitamin A, RAE | mcg_RAE | 119 | | 0 | NC | 4 | | 35 | | |
| Retinol | µg | 119 | | 0 | NR | 4 | | 35 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 397 | | 0 | NC | 4 | | 116 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 1.94 | | 0 | MA | 12 | | 0.57 | | |
| Vitamin E, added | mg | 1.94 | | 0 | MA | 12 | | 0.57 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 2.0 | | 0 | NR | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 80 | | 0 | MA | 12 | | 23 | | |
| Vitamin K (phylloquinone) | µg | 11.9 | | 0 | MA | 12 | | 3.5 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03966**

**Infant formula, NESTLE, GOOD START SOY, with DHA and ARA, liquid concentrate**

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated | g | 2.897 | | 0 | MA | 12 | | 0.846 | | |
| 4:0 | g | 0.000 | | 0 | Z | 7 | | 0.000 | | |
| 6:0 | g | 0.008 | | 0 | MA | 12 | | 0.002 | | |
| 8:0 | g | 0.113 | | 0 | MA | 12 | | 0.033 | | |
| 10:0 | g | 0.079 | | 0 | MA | 12 | | 0.023 | | |
| 12:0 | g | 0.635 | | 0 | MA | 12 | | 0.185 | | |
| 13:0 | g | | | | | | | | | |
| 14:0 | g | 0.264 | | 0 | MA | 12 | | 0.077 | | |
| 15:0 | g | | | | | | | | | |
| 16:0 | g | 1.534 | | 0 | MA | 12 | | 0.448 | | |
| 17:0 | g | | | | | | | | | |
| 18:0 | g | 0.264 | | 0 | MA | 12 | | 0.077 | | |
| 20:0 | g | | | | | | | | | |
| 22:0 | g | | | | | | | | | |
| 24:0 | g | | | | | | | | | |
| Fatty acids, total monounsaturated | g | 2.198 | | 0 | MA | 12 | | 0.642 | | |
| 14:1 | g | | | | | | | | | |
| 15:1 | g | | | | | | | | | |
| 16:1 undifferentiated | g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 17:1 | g | | | | | | | | | |
| 18:1 undifferentiated | g | 2.090 | | 0 | MA | 12 | | 0.610 | | |
| 20:1 | g | 0.105 | | 0 | MA | 12 | | 0.031 | | |
| 22:1 undifferentiated | g | 0.003 | | 0 | MA | 12 | | 0.001 | | |
| 24:1 c | g | | | | | | | | | |
| Fatty acids, total polyunsaturated | g | 1.431 | | 0 | MA | 12 | | 0.418 | | |
| 18:2 undifferentiated | g | 1.240 | | 0 | MA | 12 | | 0.362 | | |
| 18:3 undifferentiated | g | 0.132 | | 0 | MA | 12 | | 0.039 | | |
| 18:4 | g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c | g | | | | | | | | | |
| 20:3 undifferentiated | g | | | | | | | | | |
| 20:4 undifferentiated | g | 0.040 | | 0 | MA | 12 | | 0.012 | | |
| 20:5 n-3 (EPA) | g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA) | g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA) | g | 0.019 | | 0 | MA | 12 | | 0.006 | | |
| Fatty acids, total trans | g | | | | | | | | | |
| Cholesterol | mg | 2 | | 0 | MA | 12 | | 1 | | |
| Phytosterols | mg | | | | | | | | | |
| **Others:** | | | | | | | | | | |
| Alcohol, ethyl | g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine | mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine | mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 29.2g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03859**

**Infant formula, NESTLE, GOOD START SOY, with DHA and ARA, ready-to-feed (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 87.50 | | 0 | NR | 4 | | 25.38 | | |
| Energy....kcal | 64 | | 0 | MA | 12 | | 19 | | |
| Energy....kJ | 269 | | 0 | MA | 12 | | 78 | | |
| Protein....g | 1.60 | | 0 | MA | 12 | | 0.46 | | |
| Total lipid (fat)....g | 3.28 | | 0 | MA | 12 | | 0.95 | | |
| Ash....g | 0.49 | | 0 | MA | 12 | | 0.14 | | |
| Carbohydrate, by difference....g | 7.13 | | 0 | NC | 4 | | 2.07 | | |
| Fiber, total dietary....g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Sugars, total....g | 5.68 | | 0 | MA | 12 | | 1.65 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 67 | | 0 | MA | 12 | | 20 | | |
| Iron, Fe....mg | 1.15 | | 0 | MA | 12 | | 0.33 | | |
| Magnesium, Mg....mg | 7 | | 0 | MA | 12 | | 2 | | |
| Phosphorus, P....mg | 41 | | 0 | MA | 12 | | 12 | | |
| Potassium, K....mg | 74 | | 0 | MA | 12 | | 22 | | |
| Sodium, Na....mg | 26 | | 0 | MA | 12 | | 7 | | |
| Zinc, Zn....mg | 0.58 | | 0 | MA | 12 | | 0.17 | | |
| Copper, Cu....mg | 0.051 | | 0 | MA | 12 | | 0.015 | | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.9 | | 0 | MA | 12 | | 0.6 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 7.7 | | 0 | MA | 12 | | 2.2 | | |
| Thiamin....mg | 0.039 | | 0 | MA | 12 | | 0.011 | | |
| Riboflavin....mg | 0.060 | | 0 | MA | 12 | | 0.017 | | |
| Niacin....mg | 0.864 | | 0 | MA | 12 | | 0.251 | | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.038 | | 0 | MA | 12 | | 0.011 | | |
| Folate, total....µg | 10 | | 0 | MA | 12 | | 3 | | |
| Folic acid....µg | 10 | | 0 | MA | 12 | | 3 | | |
| Folate, food....µg | 0 | | 0 | MA | 12 | | 0 | | |
| Folate, DFE....mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total....mg | 7.0 | | 0 | NR | 4 | | 2.0 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.19 | | 0 | MA | 12 | | 0.06 | | |
| Vitamin B-12, added....µg | 0.20 | | 0 | NR | 4 | | 0.06 | | |
| Vitamin A, RAE....mcg_RAE | 58 | | 0 | NC | 4 | | 17 | | |
| Retinol....µg | 58 | | 0 | NR | 4 | | 17 | | |
| Carotene, beta....µg | 0 | | 0 | MA | 12 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | MA | 12 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | MA | 12 | | 0 | | |
| Vitamin A, IU....IU | 193 | | 0 | NC | 4 | | 56 | | |
| Lycopene....µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.94 | | 0 | MA | 12 | | 0.27 | | |
| Vitamin E, added....mg | 0.94 | | 0 | NR | 4 | | 0.27 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 1.0 | | 0 | MA | 12 | | 0.3 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 39 | | 0 | MA | 12 | | 11 | | |
| Vitamin K (phylloquinone)....µg | 5.8 | | 0 | MA | 12 | | 1.7 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03859**

**Infant formula, NESTLE, GOOD START SOY, with DHA and ARA, ready-to-feed (1)**

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated | g | 1.400 | | 0 | NC | 4 | | 0.406 | | |
| 4:0 | g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 6:0 | g | 0.004 | | 0 | MA | 12 | | 0.001 | | |
| 8:0 | g | 0.050 | | 0 | MA | 12 | | 0.015 | | |
| 10:0 | g | 0.039 | | 0 | MA | 12 | | 0.011 | | |
| 12:0 | g | 0.308 | | 0 | MA | 12 | | 0.089 | | |
| 13:0 | g | | | | | | | | | |
| 14:0 | g | 0.128 | | 0 | MA | 12 | | 0.037 | | |
| 15:0 | g | | | | | | | | | |
| 16:0 | g | 0.744 | | 0 | MA | 12 | | 0.216 | | |
| 17:0 | g | | | | | | | | | |
| 18:0 | g | 0.128 | | 0 | MA | 12 | | 0.037 | | |
| 20:0 | g | | | | | | | | | |
| 22:0 | g | | | | | | | | | |
| 24:0 | g | | | | | | | | | |
| Fatty acids, total monounsaturated | g | 1.189 | | 0 | NC | 4 | | 0.345 | | |
| 14:1 | g | | | | | | | | | |
| 15:1 | g | | | | | | | | | |
| 16:1 undifferentiated | g | 0.006 | | 0 | MA | 12 | | 0.002 | | |
| 17:1 | g | | | | | | | | | |
| 18:1 undifferentiated | g | 1.080 | | 0 | NR | 4 | | 0.313 | | |
| 20:1 | g | 0.051 | | 0 | MA | 12 | | 0.015 | | |
| 22:1 undifferentiated | g | 0.051 | | 0 | MA | 12 | | 0.015 | | |
| 24:1 c | g | | | | | | | | | |
| Fatty acids, total polyunsaturated | g | 0.695 | | 0 | NC | 4 | | 0.201 | | |
| 18:2 undifferentiated | g | 0.603 | | 0 | MA | 12 | | 0.175 | | |
| 18:3 undifferentiated | g | 0.064 | | 0 | MA | 12 | | 0.019 | | |
| 18:4 | g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 20:2 n-6 c,c | g | | | | | | | | | |
| 20:3 undifferentiated | g | | | | | | | | | |
| 20:4 undifferentiated | g | 0.019 | | 0 | NR | 4 | | 0.006 | | |
| 20:5 n-3 (EPA) | g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA) | g | 0.000 | | 0 | BFZN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA) | g | 0.009 | | 0 | NR | 4 | | 0.003 | | |
| Fatty acids, total trans | g | | | | | | | | | |
| Cholesterol | mg | 2 | | 0 | NR | 4 | | 1 | | |
| Phytosterols | mg | | | | | | | | | |
| **Others:** | | | | | | | | | | |
| Alcohol, ethyl | g | 0.0 | | 0 | BFZN | 4 | | 0.0 | | |
| Caffeine | mg | 0 | | 0 | BFZN | 4 | | 0 | | |
| Theobromine | mg | 0 | | 0 | BFZN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 29g: 1 oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03961**

**Infant formula, NESTLE, GOOD START SUPREME, with iron, DHA and ARA, prepared from liquid concentrate (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 87.50 | | 0 | NR | 4 | | 27.48 | | |
| Energy | kcal | 66 | | 0 | NR | 4 | | 21 | | |
| Energy | kJ | 276 | | 0 | NR | 4 | | 87 | | |
| Protein | g | 1.45 | | 0 | MC | 9 | | 0.46 | | |
| Total lipid (fat) | g | 3.37 | | 0 | MC | 9 | | 1.06 | | |
| Ash | g | 0.29 | | 0 | T | 4 | | 0.09 | | |
| Carbohydrate, by difference | g | 7.39 | | 0 | MC | 9 | | 2.32 | | |
| Fiber, total dietary | g | 0.0 | | 0 | MC | 9 | | 0.0 | | |
| Sugars, total | g | 5.00 | | 0 | MC | 9 | | 1.57 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 42 | | 0 | MC | 9 | | 13 | | |
| Iron, Fe | mg | 0.99 | | 0 | MC | 9 | | 0.31 | | |
| Magnesium, Mg | mg | 5 | | 0 | MC | 9 | | 2 | | |
| Phosphorus, P | mg | 24 | | 0 | MC | 9 | | 8 | | |
| Potassium, K | mg | 71 | | 0 | MC | 9 | | 22 | | |
| Sodium, Na | mg | 18 | | 0 | MC | 9 | | 6 | | |
| Zinc, Zn | mg | 0.53 | | 0 | MC | 9 | | 0.17 | | |
| Copper, Cu | mg | 0.053 | | 0 | MC | 9 | | 0.017 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 1.3 | | 0 | MC | 9 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 5.9 | | 0 | MC | 9 | | 1.9 | | |
| Thiamin | mg | 0.066 | | 0 | MC | 9 | | 0.021 | | |
| Riboflavin | mg | 0.092 | | 0 | MC | 9 | | 0.029 | | |
| Niacin | mg | 0.693 | | 0 | MC | 9 | | 0.218 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.050 | | 0 | MC | 9 | | 0.016 | | |
| Folate, total | µg | 10 | | 0 | MC | 9 | | 3 | | |
| Folic acid | µg | 10 | | 0 | MC | 9 | | 3 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total | mg | 8.0 | | 0 | NR | 4 | | 2.5 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.22 | | 0 | NR | 4 | | 0.07 | | |
| Vitamin B-12, added | µg | 0.22 | | 0 | NR | 4 | | 0.07 | | |
| Vitamin A, RAE | mcg_RAE | 60 | | 0 | NC | 4 | | 19 | | |
| Retinol | µg | 60 | | 0 | O | 4 | | 19 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 200 | | 0 | NC | 4 | | 63 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.99 | | 0 | MC | 9 | | 0.31 | | |
| Vitamin E, added | mg | 0.99 | | 0 | NR | 4 | | 0.31 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.1 | | 0 | NR | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 42 | | 0 | MC | 9 | | 13 | | |
| Vitamin K (phylloquinone) | µg | 5.3 | | 0 | MC | 9 | | 1.7 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03961**

**Infant formula, NESTLE, GOOD START SUPREME, with iron, DHA and ARA, prepared from liquid concentrate (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.470 | | 0 | MA | 12 | | 0.462 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 8:0....g | 0.050 | | 0 | MA | 12 | | 0.016 | | |
| 10:0....g | 0.040 | | 0 | MA | 12 | | 0.013 | | |
| 12:0....g | 0.340 | | 0 | MA | 12 | | 0.107 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.140 | | 0 | MA | 12 | | 0.044 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.780 | | 0 | MA | 12 | | 0.245 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.120 | | 0 | MA | 12 | | 0.038 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.080 | | 0 | MA | 12 | | 0.339 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.080 | | 0 | MA | 12 | | 0.339 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.740 | | 0 | MA | 12 | | 0.232 | | |
| 18:2 undifferentiated....g | 0.634 | | 0 | MA | 12 | | 0.199 | | |
| 18:3 undifferentiated....g | 0.071 | | 0 | MA | 12 | | 0.022 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.023 | | 0 | MA | 12 | | 0.007 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.011 | | 0 | MA | 12 | | 0.003 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | MA | 12 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | Z | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.4g: 1 fl oz

**Footnotes:**

1 Contain arachidonic acid (ARA, nutrient number 620) and docosohexanoic acid nutrient number 621) fatty acids found to human breast milk

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03960**

**Infant formula, NESTLE, GOOD START SUPREME, with iron, DHA and ARA, ready-to-feed**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 87.50 | | 0 | | 12 | | 26.69 | | |
| Energy ... kcal | 66 | | 0 | | 9 | | 20 | | |
| Energy ... kJ | 276 | | 0 | | 9 | | 84 | | |
| Protein ... g | 1.45 | | 0 | MC | 9 | | 0.44 | | |
| Total lipid (fat) ... g | 3.37 | | 0 | MC | 9 | | 1.03 | | |
| Ash ... g | 0.29 | | 0 | T | 4 | | 0.09 | | |
| Carbohydrate, by difference ... g | 7.39 | | 0 | MC | 9 | | 2.25 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total ... g | 5.00 | | 0 | T | 4 | | 1.53 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 42 | | 0 | | 12 | | 13 | | |
| Iron, Fe ... mg | 0.99 | | 0 | | 12 | | 0.30 | | |
| Magnesium, Mg ... mg | 5 | | 0 | MC | 9 | | 1 | | |
| Phosphorus, P ... mg | 24 | | 0 | | 12 | | 7 | | |
| Potassium, K ... mg | 71 | | 0 | MC | 9 | | 22 | | |
| Sodium, Na ... mg | 18 | | 0 | MC | 9 | | 5 | | |
| Zinc, Zn ... mg | 0.53 | | 0 | MC | 9 | | 0.16 | | |
| Copper, Cu ... mg | 0.053 | | 0 | | 12 | | 0.016 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 1.3 | | 0 | MC | 9 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 5.9 | | 0 | MC | 9 | | 1.8 | | |
| Thiamin ... mg | 0.066 | | 0 | MC | 9 | | 0.020 | | |
| Riboflavin ... mg | 0.092 | | 0 | MC | 9 | | 0.028 | | |
| Niacin ... mg | 0.693 | | 0 | MC | 9 | | 0.211 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.050 | | 0 | MC | 9 | | 0.015 | | |
| Folate, total ... µg | 10 | | 0 | MC | 9 | | 3 | | |
| Folic acid ... µg | 10 | | 0 | MC | 9 | | 3 | | |
| Folate, food ... µg | 0 | | 0 | MC | 9 | | 0 | | |
| Folate, DFE ... mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total ... mg | 8.0 | | 0 | MC | 9 | | 2.4 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.22 | | 0 | MC | 9 | | 0.07 | | |
| Vitamin B-12, added ... µg | 0.22 | | 0 | NR | 4 | | 0.07 | | |
| Vitamin A, RAE ... mcg_RAE | 60 | | 0 | NC | 4 | | 18 | | |
| Retinol ... µg | 60 | | 0 | T | 4 | | 18 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 200 | | 0 | NC | 4 | | 61 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 0.99 | | 0 | MC | 9 | | 0.30 | | |
| Vitamin E, added ... mg | 0.99 | | 0 | NR | 4 | | 0.30 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.1 | | 0 | NR | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 42 | | 0 | MC | 9 | | 13 | | |
| Vitamin K (phylloquinone) ... µg | 5.3 | | 0 | MC | 9 | | 1.6 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03960**

**Infant formula, NESTLE, GOOD START SUPREME, with iron, DHA and ARA, ready-to-feed**

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated....g | 1.470 | | 0 | MA | 12 | | 0.448 | | |
| 4:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 8:0....g | 0.050 | | 0 | MA | 12 | | 0.015 | | |
| 10:0....g | 0.040 | | 0 | MA | 12 | | 0.012 | | |
| 12:0....g | 0.340 | | 0 | MA | 12 | | 0.104 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.140 | | 0 | MA | 12 | | 0.043 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.780 | | 0 | MA | 12 | | 0.238 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.120 | | 0 | MA | 12 | | 0.037 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.080 | | 0 | MA | 12 | | 0.329 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.080 | | 0 | MA | 12 | | 0.329 | | |
| 20:1....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.740 | | 0 | MA | 12 | | 0.226 | | |
| 18:2 undifferentiated....g | 0.634 | | 0 | MA | 12 | | 0.193 | | |
| 18:3 undifferentiated....g | 0.071 | | 0 | MA | 12 | | 0.022 | | |
| 18:4....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.023 | | 0 | NR | 4 | | 0.007 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | MA | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.011 | | 0 | MA | 12 | | 0.003 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | MA | 12 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | MA | 12 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03801**

**Infant formula, NESTLE, GOOD START SUPREME, with iron, liquid concentrate, not reconstituted**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 75.80 | | 0 | | 12 | | 23.80 | | |
| Energy ... kcal | 127 | | 0 | | 9 | | 40 | | |
| Energy ... kJ | 531 | | 0 | | 9 | | 167 | | |
| Protein ... g | 2.79 | | 0 | MC | 9 | | 0.88 | | |
| Total lipid (fat) ... g | 6.50 | | 0 | | 12 | | 2.04 | | |
| Ash ... g | 0.71 | | 0 | T | 4 | | 0.22 | | |
| Carbohydrate, by difference ... g | 14.20 | | 0 | MC | 9 | | 4.46 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total ... g | 9.70 | | 0 | T | 4 | | 3.05 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 81 | | 0 | T | 4 | | 26 | | |
| Iron, Fe ... mg | 1.90 | | 0 | | 12 | | 0.60 | | |
| Magnesium, Mg ... mg | 9 | | 0 | MC | 9 | | 3 | | |
| Phosphorus, P ... mg | 46 | | 0 | | 12 | | 14 | | |
| Potassium, K ... mg | 137 | | 0 | MC | 9 | | 43 | | |
| Sodium, Na ... mg | 34 | | 0 | MC | 9 | | 11 | | |
| Zinc, Zn ... mg | 1.02 | | 0 | MC | 9 | | 0.32 | | |
| Copper, Cu ... mg | 0.100 | | 0 | | 12 | | 0.031 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 1.6 | | 0 | MC | 9 | | 0.5 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 11.0 | | 0 | MC | 9 | | 3.5 | | |
| Thiamin ... mg | 0.127 | | 0 | MC | 9 | | 0.040 | | |
| Riboflavin ... mg | 0.178 | | 0 | MC | 9 | | 0.056 | | |
| Niacin ... mg | 1.330 | | 0 | MC | 9 | | 0.418 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.095 | | 0 | MC | 9 | | 0.030 | | |
| Folate, total ... µg | 19 | | 0 | T | 4 | | 6 | | |
| Folic acid ... µg | 19 | | 0 | NR | 4 | | 6 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 32 | | 0 | NC | 4 | | 10 | | |
| Choline, total ... mg | 15.4 | | 0 | MC | 9 | | 4.8 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.42 | | 0 | MC | 9 | | 0.13 | | |
| Vitamin B-12, added ... µg | 0.42 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE ... mcg_RAE | 114 | | 0 | NC | 4 | | 36 | | |
| Retinol ... µg | 114 | | 0 | T | 4 | | 36 | | |
| Carotene, beta ... µg | 0 | | 0 | T | 4 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 381 | | 0 | MC | 9 | | 120 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 1.91 | | 0 | MC | 9 | | 0.60 | | |
| Vitamin E, added ... mg | 1.91 | | 0 | NR | 4 | | 0.60 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.9 | | 0 | MC | 9 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 76 | | 0 | MC | 9 | | 24 | | |
| Vitamin K (phylloquinone) ... µg | 10.0 | | 0 | MC | 9 | | 3.1 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03801**

**Infant formula, NESTLE, GOOD START SUPREME, with iron, liquid concentrate, not reconstituted**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.970 | | 0 | T | 4 | | 0.933 | | |
| 4:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0....g | 0.008 | | 0 | T | 4 | | 0.003 | | |
| 8:0....g | 0.100 | | 0 | | 12 | | 0.031 | | |
| 10:0....g | 0.080 | | 0 | | 12 | | 0.025 | | |
| 12:0....g | 0.603 | | 0 | T | 4 | | 0.189 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.270 | | 0 | | 12 | | 0.085 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 1.500 | | 0 | | 12 | | 0.471 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.230 | | 0 | | 12 | | 0.072 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.060 | | 0 | | 12 | | 0.647 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.060 | | 0 | | 12 | | 0.647 | | |
| 20:1....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.420 | | 0 | | 12 | | 0.446 | | |
| 18:2 undifferentiated....g | 1.300 | | 0 | | 12 | | 0.408 | | |
| 18:3 undifferentiated....g | 0.120 | | 0 | | 12 | | 0.038 | | |
| 18:4....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 2 | | 0 | NR | 4 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.4g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03802**
**Infant formula, NESTLE, GOOD START SUPREME, with iron, powder**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 2.50 | | 0 | MA | 12 | | 0.22 | | |
| Energy ... kcal | 509 | | 0 | NC | 4 | | 44 | | |
| Energy ... kJ | 2131 | | 0 | NC | 4 | | 185 | | |
| Protein ... g | 11.30 | | 0 | MC | 9 | | 0.98 | | |
| Total lipid (fat) ... g | 26.10 | | 0 | MA | 12 | | 2.27 | | |
| Ash ... g | 2.78 | | 0 | FLM | 4 | | 0.24 | | |
| Carbohydrate, by difference ... g | 57.32 | | 0 | NC | 4 | | 4.99 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total ... g | 39.30 | | 0 | T | 4 | | 3.42 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 343 | | 0 | MC | 9 | | 30 | | |
| Iron, Fe ... mg | 7.70 | | 0 | MC | 9 | | 0.67 | | |
| Magnesium, Mg ... mg | 36 | | 0 | MC | 9 | | 3 | | |
| Phosphorus, P ... mg | 184 | | 0 | MC | 9 | | 16 | | |
| Potassium, K ... mg | 553 | | 0 | MC | 9 | | 48 | | |
| Sodium, Na ... mg | 138 | | 0 | MC | 9 | | 12 | | |
| Zinc, Zn ... mg | 4.10 | | 0 | MC | 9 | | 0.36 | | |
| Copper, Cu ... mg | 0.410 | | 0 | MC | 9 | | 0.036 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 10.2 | | 0 | MC | 9 | | 0.9 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 46.1 | | 0 | MC | 9 | | 4.0 | | |
| Thiamin ... mg | 0.512 | | 0 | MC | 9 | | 0.045 | | |
| Riboflavin ... mg | 0.717 | | 0 | MC | 9 | | 0.062 | | |
| Niacin ... mg | 5.380 | | 0 | MC | 9 | | 0.468 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.384 | | 0 | MC | 9 | | 0.033 | | |
| Folate, total ... µg | 77 | | 0 | MC | 9 | | 7 | | |
| Folic acid ... µg | 77 | | 0 | MC | 9 | | 7 | | |
| Folate, food ... µg | 0 | | 0 | NC | 4 | | 0 | | |
| Folate, DFE ... mcg_DFE | 131 | | 0 | NC | 4 | | 11 | | |
| Choline, total ... mg | 61.4 | | 0 | MC | 9 | | 5.3 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 1.10 | | 0 | | 12 | | 0.10 | | |
| Vitamin B-12, added ... µg | 1.10 | | 0 | NR | 4 | | 0.10 | | |
| Vitamin A, RAE ... mcg_RAE | 461 | | 0 | NC | 4 | | 40 | | |
| Retinol ... µg | 461 | | 0 | T | 4 | | 40 | | |
| Carotene, beta ... µg | 0 | | 0 | T | 4 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 1537 | | 0 | NC | 4 | | 134 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 7.70 | | 0 | MC | 9 | | 0.67 | | |
| Vitamin E, added ... mg | 7.70 | | 0 | NR | 4 | | 0.67 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 7.7 | | 0 | MC | 9 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 307 | | 0 | MC | 9 | | 27 | | |
| Vitamin K (phylloquinone) ... µg | 41.0 | | 0 | MC | 9 | | 3.6 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03802**
**Infant formula, NESTLE, GOOD START SUPREME, with iron, powder**

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| Fatty acids, total saturated | g | 11.660 | | 0 | | 12 | | 1.014 | | |
| 4:0 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0 | g | 0.410 | | 0 | | 12 | | 0.036 | | |
| 10:0 | g | 0.330 | | 0 | | 12 | | 0.029 | | |
| 12:0 | g | 2.660 | | 0 | | 12 | | 0.231 | | |
| 13:0 | g | | | | | | | | | |
| 14:0 | g | 1.110 | | 0 | | 12 | | 0.097 | | |
| 15:0 | g | | | | | | | | | |
| 16:0 | g | 6.180 | | 0 | | 12 | | 0.538 | | |
| 17:0 | g | | | | | | | | | |
| 18:0 | g | 0.970 | | 0 | | 12 | | 0.084 | | |
| 20:0 | g | | | | | | | | | |
| 22:0 | g | | | | | | | | | |
| 24:0 | g | | | | | | | | | |
| Fatty acids, total monounsaturated | g | 8.500 | | 0 | | 12 | | 0.740 | | |
| 14:1 | g | | | | | | | | | |
| 15:1 | g | | | | | | | | | |
| 16:1 undifferentiated | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 17:1 | g | | | | | | | | | |
| 18:1 undifferentiated | g | 8.500 | | 0 | | 12 | | 0.740 | | |
| 20:1 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:1 undifferentiated | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 24:1 c | g | | | | | | | | | |
| Fatty acids, total polyunsaturated | g | 5.880 | | 0 | | 12 | | 0.512 | | |
| 18:2 undifferentiated | g | 5.370 | | 0 | | 12 | | 0.467 | | |
| 18:3 undifferentiated | g | 0.510 | | 0 | | 12 | | 0.044 | | |
| 18:4 | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c | g | | | | | | | | | |
| 20:3 undifferentiated | g | | | | | | | | | |
| 20:4 undifferentiated | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:5 n-3 (EPA) | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA) | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA) | g | 0.000 | | 0 | | 12 | | 0.000 | | |
| Fatty acids, total trans | g | | | | | | | | | |
| Cholesterol | mg | 32 | | 0 | MA | 12 | | 3 | | |
| Phytosterols | mg | | | | | | | | | |
| **Others:** | | | | | | | | | | |
| Alcohol, ethyl | g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine | mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine | mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.7g: 1 scoop

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03800**
**Infant formula, NESTLE, GOOD START SUPREME, with iron, ready-to-feed**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | |
| Water....g | 87.50 | | 0 | | 12 | | 26.69 | | |
| Energy....kcal | 66 | | 0 | | 9 | | 20 | | |
| Energy....kJ | 276 | | 0 | | 9 | | 84 | | |
| Protein....g | 1.45 | | 0 | MC | 9 | | 0.44 | | |
| Total lipid (fat)....g | 3.37 | | 0 | MC | 9 | | 1.03 | | |
| Ash....g | 0.29 | | 0 | T | 4 | | 0.09 | | |
| Carbohydrate, by difference....g | 7.39 | | 0 | MC | 9 | | 2.25 | | |
| Fiber, total dietary....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total....g | 5.00 | | 0 | T | 4 | | 1.53 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 42 | | 0 | | 12 | | 13 | | |
| Iron, Fe....mg | 0.99 | | 0 | | 12 | | 0.30 | | |
| Magnesium, Mg....mg | 5 | | 0 | MC | 9 | | 1 | | |
| Phosphorus, P....mg | 24 | | 0 | | 12 | | 7 | | |
| Potassium, K....mg | 71 | | 0 | MC | 9 | | 22 | | |
| Sodium, Na....mg | 18 | | 0 | MC | 9 | | 5 | | |
| Zinc, Zn....mg | 0.53 | | 0 | MC | 9 | | 0.16 | | |
| Copper, Cu....mg | 0.053 | | 0 | | 12 | | 0.016 | | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.3 | | 0 | MC | 9 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 5.9 | | 0 | MC | 9 | | 1.8 | | |
| Thiamin....mg | 0.066 | | 0 | MC | 9 | | 0.020 | | |
| Riboflavin....mg | 0.092 | | 0 | MC | 9 | | 0.028 | | |
| Niacin....mg | 0.693 | | 0 | MC | 9 | | 0.211 | | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.050 | | 0 | | 12 | | 0.015 | | |
| Folate, total....µg | 10 | | 0 | MC | 9 | | 3 | | |
| Folic acid....µg | 10 | | 0 | MC | 9 | | 3 | | |
| Folate, food....µg | 0 | | 0 | MC | 9 | | 0 | | |
| Folate, DFE....mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total....mg | 8.0 | | 0 | MC | 9 | | 2.4 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.22 | | 0 | MC | 9 | | 0.07 | | |
| Vitamin B-12, added....µg | 0.22 | | 0 | NR | 4 | | 0.07 | | |
| Vitamin A, RAE....mcg_RAE | 60 | | 0 | NC | 4 | | 18 | | |
| Retinol....µg | 60 | | 0 | T | 4 | | 18 | | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU....IU | 200 | | 0 | NC | 4 | | 61 | | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.99 | | 0 | MC | 9 | | 0.30 | | |
| Vitamin E, added....mg | 0.99 | | 0 | NR | 4 | | 0.30 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 1.1 | | 0 | MC | 9 | | 0.3 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 42 | | 0 | MC | 9 | | 13 | | |
| Vitamin K (phylloquinone)....µg | 5.3 | | 0 | MC | 9 | | 1.6 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03800**

**Infant formula, NESTLE, GOOD START SUPREME, with iron, ready-to-feed**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.470 | | 0 | | 12 | | 0.448 | | |
| 4:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0....g | 0.050 | | 0 | | 12 | | 0.015 | | |
| 10:0....g | 0.040 | | 0 | | 12 | | 0.012 | | |
| 12:0....g | 0.340 | | 0 | | 12 | | 0.104 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.140 | | 0 | | 12 | | 0.043 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.780 | | 0 | | 12 | | 0.238 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.120 | | 0 | | 12 | | 0.037 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.080 | | 0 | | 12 | | 0.329 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.080 | | 0 | | 12 | | 0.329 | | |
| 20:1....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.740 | | 0 | | 12 | | 0.226 | | |
| 18:2 undifferentiated....g | 0.680 | | 0 | | 12 | | 0.207 | | |
| 18:3 undifferentiated....g | 0.060 | | 0 | | 12 | | 0.018 | | |
| 18:4....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | MA | 12 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.5g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03881**

**Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, liquid concentrate, not reconstituted (formerly WYETH-AYERST) (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 76.00 | | 0 | | 4 | | 23.86 | | |
| Energy | kcal | 130 | | 0 | NC | 4 | | 41 | | |
| Energy | kJ | 545 | | 0 | NC | 4 | | 171 | | |
| Protein | g | 2.90 | | 0 | | 4 | | 0.91 | | |
| Total lipid (fat) | g | 7.00 | | 0 | | 4 | | 2.20 | | |
| Ash | g | 0.61 | | 0 | O | 4 | | 0.19 | | |
| Carbohydrate, by difference | g | 13.90 | | 0 | MC | 9 | | 4.36 | | |
| Fiber, total dietary | g | 0.0 | | 0 | | 4 | | 0.0 | | |
| Sugars, total | g | 13.90 | | 0 | NR | 4 | | 4.36 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 83 | | 0 | | 4 | | 26 | | |
| Iron, Fe | mg | 2.36 | | 0 | | 4 | | 0.74 | | |
| Magnesium, Mg | mg | 9 | | 0 | | 4 | | 3 | | |
| Phosphorus, P | mg | 55 | | 0 | | 4 | | 17 | | |
| Potassium, K | mg | 109 | | 0 | | 4 | | 34 | | |
| Sodium, Na | mg | 29 | | 0 | | 4 | | 9 | | |
| Zinc, Zn | mg | 1.06 | | 0 | | 4 | | 0.33 | | |
| Copper, Cu | mg | 0.092 | | 0 | | 4 | | 0.029 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 2.6 | | 0 | MC | 9 | | 0.8 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 11.2 | | 0 | | 4 | | 3.5 | | |
| Thiamin | mg | 0.130 | | 0 | | 4 | | 0.041 | | |
| Riboflavin | mg | 0.200 | | 0 | | 4 | | 0.063 | | |
| Niacin | mg | 0.990 | | 0 | | 4 | | 0.311 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.080 | | 0 | | 4 | | 0.025 | | |
| Folate, total | µg | 10 | | 0 | | 4 | | 3 | | |
| Folic acid | µg | 10 | | 0 | NR | 4 | | 3 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total | mg | 20.0 | | 0 | MC | 9 | | 6.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.26 | | 0 | | 4 | | 0.08 | | |
| Vitamin B-12, added | µg | 0.26 | | 0 | NR | 4 | | 0.08 | | |
| Vitamin A, RAE | mcg_RAE | 118 | | 0 | NC | 4 | | 37 | | |
| Retinol | µg | 118 | | 0 | NR | 4 | | 37 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | NR | 4 | | 0 | | |
| Vitamin A, IU | IU | 393 | | 0 | NC | 4 | | 124 | | |
| Lycopene | µg | 0 | | 0 | NR | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | NR | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.83 | | 0 | MC | 9 | | 0.26 | | |
| Vitamin E, added | mg | 0.83 | | 0 | NR | 4 | | 0.26 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 2.1 | | 0 | MC | 9 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 86 | | 0 | MC | 9 | | 27 | | |
| Vitamin K (phylloquinone) | µg | 10.6 | | 0 | O | 4 | | 3.3 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |

**NDB No. 03881**

**Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, liquid concentrate, not reconstituted (formerly WYETH-AYERST) (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Lipids:** | | | | | | | | | |
| Fatty acids, total saturated....g | 3.200 | | 0 | | 4 | | 1.005 | | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 8:0....g | 0.180 | | 0 | | 4 | | 0.057 | | |
| 10:0....g | 0.140 | | 0 | | 4 | | 0.044 | | |
| 12:0....g | 0.960 | | 0 | | 4 | | 0.301 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.460 | | 0 | | 4 | | 0.144 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.940 | | 0 | | 4 | | 0.295 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.500 | | 0 | | 4 | | 0.157 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.800 | | 0 | | 4 | | 0.879 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.080 | | 0 | | 4 | | 0.025 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.680 | | 0 | | 4 | | 0.842 | | |
| 20:1....g | 0.020 | | 0 | | 4 | | 0.006 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.000 | | 0 | | 4 | | 0.314 | | |
| 18:2 undifferentiated....g | 0.900 | | 0 | | 4 | | 0.283 | | |
| 18:3 undifferentiated....g | 0.100 | | 0 | | 4 | | 0.031 | | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.044 | | 0 | MC | 9 | | 0.014 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.023 | | 0 | MC | 9 | | 0.007 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 8 | | 0 | | 4 | | 3 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | NR | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.4g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number is 620) and docosahexaenoic acid (DHA, nutrient number is 621), fatty acids found in human breast milk

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03883**

**Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, powder (formerly WYETH-AYERST) (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 2.00 | | 0 | | 12 | | 0.17 | | |
| Energy | kcal | 524 | | 0 | NC | 4 | | 44 | | |
| Energy | kJ | 2192 | | 0 | NC | 4 | | 184 | | |
| Protein | g | 12.00 | | 0 | | 12 | | 1.01 | | |
| Total lipid (fat) | g | 28.00 | | 0 | | 12 | | 2.35 | | |
| Ash | g | 2.00 | | 0 | MC | 9 | | 0.17 | | |
| Carbohydrate, by difference | g | 56.00 | | 0 | NC | 4 | | 4.70 | | |
| Fiber, total dietary | g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total | g | 56.00 | | 0 | NR | 4 | | 4.70 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 331 | | 0 | | 12 | | 28 | | |
| Iron, Fe | mg | 9.50 | | 0 | | 12 | | 0.80 | | |
| Magnesium, Mg | mg | 36 | | 0 | | 12 | | 3 | | |
| Phosphorus, P | mg | 221 | | 0 | | 12 | | 19 | | |
| Potassium, K | mg | 441 | | 0 | | 12 | | 37 | | |
| Sodium, Na | mg | 118 | | 0 | | 12 | | 10 | | |
| Zinc, Zn | mg | 3.90 | | 0 | | 12 | | 0.33 | | |
| Copper, Cu | mg | 0.370 | | 0 | | 12 | | 0.031 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 11.0 | | 0 | MC | 9 | | 0.9 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 43.3 | | 0 | | 12 | | 3.6 | | |
| Thiamin | mg | 0.530 | | 0 | | 12 | | 0.045 | | |
| Riboflavin | mg | 0.790 | | 0 | | 12 | | 0.066 | | |
| Niacin | mg | 3.940 | | 0 | | 12 | | 0.331 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.330 | | 0 | | 12 | | 0.028 | | |
| Folate, total | µg | 39 | | 0 | | 12 | | 3 | | |
| Folic acid | µg | 39 | | 0 | NR | 4 | | 3 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 66 | | 0 | NC | 4 | | 6 | | |
| Choline, total | mg | 81.7 | | 0 | MC | 9 | | 6.9 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.02 | | 0 | MA | 12 | | 0.09 | | |
| Vitamin B-12, added | µg | 1.02 | | 0 | NR | 4 | | 0.09 | | |
| Vitamin A, RAE | mcg_RAE | 473 | | 0 | NC | 4 | | 40 | | |
| Retinol | µg | 473 | | 0 | NR | 4 | | 40 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1577 | | 0 | NC | 4 | | 132 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 3.38 | | 0 | MC | 9 | | 0.28 | | |
| Vitamin E, added | mg | 3.38 | | 0 | NR | 4 | | 0.28 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.6 | | 0 | MA | 12 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 303 | | 0 | MA | 12 | | 25 | | |
| Vitamin K (phylloquinone) | µg | 43.0 | | 0 | MC | 9 | | 3.6 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03883**

**Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, powder (formerly WYETH-AYERST) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated.....g | 12.761 | | 0 | NC | 4 | | 1.072 | | |
| 4:0.....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0.....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0.....g | 0.731 | | 0 | | 12 | | 0.061 | | |
| 10:0.....g | 0.563 | | 0 | | 12 | | 0.047 | | |
| 12:0.....g | 3.872 | | 0 | | 12 | | 0.325 | | |
| 13:0.....g | | | | | | | | | |
| 14:0.....g | 1.817 | | 0 | | 12 | | 0.153 | | |
| 15:0.....g | | | | | | | | | |
| 16:0.....g | 3.783 | | 0 | | 12 | | 0.318 | | |
| 17:0.....g | | | | | | | | | |
| 18:0.....g | 1.995 | | 0 | | 12 | | 0.168 | | |
| 20:0.....g | | | | | | | | | |
| 22:0.....g | | | | | | | | | |
| 24:0.....g | | | | | | | | | |
| Fatty acids, total monounsaturated.....g | 11.131 | | 0 | NC | 4 | | 0.935 | | |
| 14:1.....g | | | | | | | | | |
| 15:1.....g | | | | | | | | | |
| 16:1 undifferentiated.....g | 0.336 | | 0 | | 12 | | 0.028 | | |
| 17:1.....g | | | | | | | | | |
| 18:1 undifferentiated.....g | 10.736 | | 0 | | 12 | | 0.902 | | |
| 20:1.....g | 0.059 | | 0 | | 12 | | 0.005 | | |
| 22:1 undifferentiated.....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 24:1 c.....g | | | | | | | | | |
| Fatty acids, total polyunsaturated.....g | 3.951 | | 0 | NC | 4 | | 0.332 | | |
| 18:2 undifferentiated.....g | 3.585 | | 0 | | 12 | | 0.301 | | |
| 18:3 undifferentiated.....g | 0.365 | | 0 | | 12 | | 0.031 | | |
| 18:4.....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c.....g | | | | | | | | | |
| 20:3 undifferentiated.....g | | | | | | | | | |
| 20:4 undifferentiated.....g | 0.181 | | 0 | MC | 9 | | 0.015 | | |
| 20:5 n-3 (EPA).....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA).....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA).....g | 0.103 | | 0 | MC | 9 | | 0.009 | | |
| Fatty acids, total trans.....g | | | | | | | | | |
| Cholesterol.....mg | 32 | | 0 | | 12 | | 3 | | |
| Phytosterols.....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine.....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine.....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.4g: 1 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA,nutrient number is 620) and docosahexaenoic acid (DHA nutrient number is 621) fatty acids found in human breast milk

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03880**

**Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, ready-to-feed (formerly WYETH-AYERST) (1 )**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 88.10 | | 0 | | 12 | | 26.78 | | |
| Energy ... kcal | 63 | | 0 | NC | 4 | | 19 | | |
| Energy ... kJ | 262 | | 0 | NC | 4 | | 80 | | |
| Protein ... g | 1.40 | | 0 | | 12 | | 0.43 | | |
| Total lipid (fat) ... g | 3.50 | | 0 | | 12 | | 1.06 | | |
| Ash ... g | 0.61 | | 0 | O | 4 | | 0.19 | | |
| Carbohydrate, by difference ... g | 6.40 | | 0 | NR | 4 | | 1.95 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total ... g | 6.40 | | 0 | O | 4 | | 1.95 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 41 | | 0 | | 12 | | 12 | | |
| Iron, Fe ... mg | 1.18 | | 0 | | 12 | | 0.36 | | |
| Magnesium, Mg ... mg | 5 | | 0 | | 12 | | 2 | | |
| Phosphorus, P ... mg | 28 | | 0 | | 12 | | 9 | | |
| Potassium, K ... mg | 55 | | 0 | | 12 | | 17 | | |
| Sodium, Na ... mg | 14 | | 0 | | 12 | | 4 | | |
| Zinc, Zn ... mg | 0.53 | | 0 | | 12 | | 0.16 | | |
| Copper, Cu ... mg | 0.046 | | 0 | | 12 | | 0.014 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 1.4 | | 0 | MC | 9 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 5.6 | | 0 | | 12 | | 1.7 | | |
| Thiamin ... mg | 0.070 | | 0 | | 12 | | 0.021 | | |
| Riboflavin ... mg | 0.100 | | 0 | | 12 | | 0.030 | | |
| Niacin ... mg | 0.490 | | 0 | | 12 | | 0.149 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.040 | | 0 | | 12 | | 0.012 | | |
| Folate, total ... µg | 5 | | 0 | | 12 | | 2 | | |
| Folic acid ... µg | 5 | | 0 | NR | 4 | | 2 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 9 | | 0 | NC | 4 | | 3 | | |
| Choline, total ... mg | 10.0 | | 0 | MC | 9 | | 3.0 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.13 | | 0 | | 12 | | 0.04 | | |
| Vitamin B-12, added ... µg | 0.13 | | 0 | NR | 4 | | 0.04 | | |
| Vitamin A, RAE ... mcg_RAE | 59 | | 0 | NC | 4 | | 18 | | |
| Retinol ... µg | 59 | | 0 | NR | 4 | | 18 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 197 | | 0 | NC | 4 | | 60 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 0.41 | | 0 | MC | 9 | | 0.12 | | |
| Vitamin E, added ... mg | 0.41 | | 0 | NR | 4 | | 0.12 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 1.1 | | 0 | MC | 9 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 43 | | 0 | MC | 9 | | 13 | | |
| Vitamin K (phylloquinone) ... µg | 5.3 | | 0 | MC | 9 | | 1.6 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03880**

**Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, ready-to-feed (formerly WYETH-AYERST) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.600 | | 0 | | 12 | | 0.486 | | |
| 4:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0....g | 0.090 | | 0 | | 12 | | 0.027 | | |
| 10:0....g | 0.070 | | 0 | | 12 | | 0.021 | | |
| 12:0....g | 0.480 | | 0 | | 12 | | 0.146 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.230 | | 0 | | 12 | | 0.070 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.470 | | 0 | | 12 | | 0.143 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.250 | | 0 | | 12 | | 0.076 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.400 | | 0 | | 12 | | 0.426 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.040 | | 0 | | 12 | | 0.012 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.340 | | 0 | | 12 | | 0.407 | | |
| 20:1....g | 0.010 | | 0 | | 12 | | 0.003 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.500 | | 0 | | 12 | | 0.152 | | |
| 18:2 undifferentiated....g | 0.450 | | 0 | | 12 | | 0.137 | | |
| 18:3 undifferentiated....g | 0.050 | | 0 | | 12 | | 0.015 | | |
| 18:4....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.022 | | 0 | MC | 9 | | 0.007 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.013 | | 0 | MC | 9 | | 0.004 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | | 4 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.4g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA,nutrient number 620) and docosahexaenoic acid(DHA,nutrient number 621) fatty acids found in human breast milk

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03891**

**Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, soy, liquid concentrate (formerly WYETH-AYERST) (1 )**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 76.00 | | 0 | | 4 | | 23.86 | | |
| Energy | kcal | 126 | | 0 | NC | 4 | | 40 | | |
| Energy | kJ | 528 | | 0 | NC | 4 | | 166 | | |
| Protein | g | 3.60 | | 0 | | 4 | | 1.13 | | |
| Total lipid (fat) | g | 7.00 | | 0 | | 4 | | 2.20 | | |
| Ash | g | 1.22 | | 0 | O | 4 | | 0.38 | | |
| Carbohydrate, by difference | g | 12.18 | | 0 | NC | 4 | | 3.82 | | |
| Fiber, total dietary | g | 0.0 | | 0 | | 4 | | 0.0 | | |
| Sugars, total | g | 12.18 | | 0 | NR | 4 | | 3.82 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 118 | | 0 | NR | 4 | | 37 | | |
| Iron, Fe | mg | 2.36 | | 0 | | 4 | | 0.74 | | |
| Magnesium, Mg | mg | 14 | | 0 | | 4 | | 4 | | |
| Phosphorus, P | mg | 82 | | 0 | | 4 | | 26 | | |
| Potassium, K | mg | 138 | | 0 | | 4 | | 43 | | |
| Sodium, Na | mg | 36 | | 0 | | 4 | | 11 | | |
| Zinc, Zn | mg | 1.06 | | 0 | | 4 | | 0.33 | | |
| Copper, Cu | mg | 0.092 | | 0 | | 4 | | 0.029 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 3.6 | | 0 | CAZN | 4 | | 1.1 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 10.8 | | 0 | | 4 | | 3.4 | | |
| Thiamin | mg | 0.140 | | 0 | | 4 | | 0.044 | | |
| Riboflavin | mg | 0.200 | | 0 | | 4 | | 0.063 | | |
| Niacin | mg | 0.980 | | 0 | | 4 | | 0.308 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.080 | | 0 | | 4 | | 0.025 | | |
| Folate, total | µg | 10 | | 0 | | 4 | | 3 | | |
| Folic acid | µg | 10 | | 0 | NR | 4 | | 3 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total | mg | 18.0 | | 0 | MC | 9 | | 5.7 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.40 | | 0 | | 4 | | 0.13 | | |
| Vitamin B-12, added | µg | 0.40 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 118 | | 0 | NC | 4 | | 37 | | |
| Retinol | µg | 118 | | 0 | O | 4 | | 37 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 393 | | 0 | NC | 4 | | 124 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.83 | | 0 | MC | 9 | | 0.26 | | |
| Vitamin E, added | mg | 0.83 | | 0 | NR | 4 | | 0.26 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 2.1 | | 0 | MC | 9 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 86 | | 0 | MC | 9 | | 27 | | |
| Vitamin K (phylloquinone) | µg | 10.2 | | 0 | O | 4 | | 3.2 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03891**

**Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, soy, liquid concentrate (formerly WYETH-AYERST) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 3.200 | | 0 | | 4 | | 1.005 | | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 8:0....g | 0.180 | | 0 | | 4 | | 0.057 | | |
| 10:0....g | 0.140 | | 0 | | 4 | | 0.044 | | |
| 12:0....g | 0.960 | | 0 | | 4 | | 0.301 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.460 | | 0 | | 4 | | 0.144 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.940 | | 0 | | 4 | | 0.295 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.500 | | 0 | | 4 | | 0.157 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.800 | | 0 | | 4 | | 0.879 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.080 | | 0 | | 4 | | 0.025 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.680 | | 0 | | 4 | | 0.842 | | |
| 20:1....g | 0.020 | | 0 | | 4 | | 0.006 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.000 | | 0 | | 4 | | 0.314 | | |
| 18:2 undifferentiated....g | 0.900 | | 0 | | 4 | | 0.283 | | |
| 18:3 undifferentiated....g | 0.100 | | 0 | | 4 | | 0.031 | | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.045 | | 0 | MC | 9 | | 0.014 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.025 | | 0 | MC | 9 | | 0.008 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.4g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid(ARA nutrient number 620) docosahexaenoic acid( DHA nutrient number 621)fatty acids found in human breast milk

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03893**

**Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, soy, powder (formerly WYETH-AYERST) (1 )**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 2.00 | | 0 | MA | 12 | | 0.17 | | |
| Energy ... kcal | 508 | | 0 | NC | 4 | | 44 | | |
| Energy ... kJ | 2125 | | 0 | NC | 4 | | 185 | | |
| Protein ... g | 13.60 | | 0 | MA | 12 | | 1.18 | | |
| Total lipid (fat) ... g | 27.20 | | 0 | MA | 12 | | 2.37 | | |
| Ash ... g | 5.00 | | 0 | O | 4 | | 0.44 | | |
| Carbohydrate, by difference ... g | 52.20 | | 0 | NC | 4 | | 4.54 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total ... g | 52.20 | | 0 | NR | 4 | | 4.54 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 453 | | 0 | MA | 12 | | 39 | | |
| Iron, Fe ... mg | 9.10 | | 0 | MA | 12 | | 0.79 | | |
| Magnesium, Mg ... mg | 51 | | 0 | MA | 12 | | 4 | | |
| Phosphorus, P ... mg | 317 | | 0 | MA | 12 | | 28 | | |
| Potassium, K ... mg | 528 | | 0 | MA | 12 | | 46 | | |
| Sodium, Na ... mg | 151 | | 0 | MA | 12 | | 13 | | |
| Zinc, Zn ... mg | 3.80 | | 0 | MA | 12 | | 0.33 | | |
| Copper, Cu ... mg | 0.355 | | 0 | MA | 12 | | 0.031 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 11.0 | | 0 | MC | 9 | | 1.0 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 42.0 | | 0 | MA | 12 | | 3.7 | | |
| Thiamin ... mg | 0.500 | | 0 | MA | 12 | | 0.044 | | |
| Riboflavin ... mg | 0.760 | | 0 | MA | 12 | | 0.066 | | |
| Niacin ... mg | 3.780 | | 0 | | 12 | | 0.329 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.320 | | 0 | | 12 | | 0.028 | | |
| Folate, total ... µg | 38 | | 0 | | 12 | | 3 | | |
| Folic acid ... µg | 38 | | 0 | MA | 12 | | 3 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 64 | | 0 | NC | 4 | | 6 | | |
| Choline, total ... mg | 73.0 | | 0 | MC | 9 | | 6.4 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 1.50 | | 0 | | 12 | | 0.13 | | |
| Vitamin B-12, added ... µg | 1.50 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE ... mcg_RAE | 473 | | 0 | NC | 4 | | 41 | | |
| Retinol ... µg | 473 | | 0 | O | 4 | | 41 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 1577 | | 0 | NC | 4 | | 137 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 3.24 | | 0 | MC | 9 | | 0.28 | | |
| Vitamin E, added ... mg | 3.24 | | 0 | NR | 4 | | 0.28 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 7.6 | | 0 | MA | 12 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 303 | | 0 | MA | 12 | | 26 | | |
| Vitamin K (phylloquinone) ... µg | 41.6 | | 0 | MA | 12 | | 3.6 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03893**

**Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, soy, powder (formerly WYETH-AYERST) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 12.370 | | 0 | NC | 4 | | 1.076 | | |
| 4:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0....g | 0.710 | | 0 | | 12 | | 0.062 | | |
| 10:0....g | 0.540 | | 0 | | 12 | | 0.047 | | |
| 12:0....g | 3.750 | | 0 | | 12 | | 0.326 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.770 | | 0 | | 12 | | 0.154 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 3.670 | | 0 | | 12 | | 0.319 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.930 | | 0 | | 12 | | 0.168 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.780 | | 0 | NC | 4 | | 0.938 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.320 | | 0 | | 12 | | 0.028 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.410 | | 0 | | 12 | | 0.906 | | |
| 20:1....g | 0.050 | | 0 | | 12 | | 0.004 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 3.830 | | 0 | NC | 4 | | 0.333 | | |
| 18:2 undifferentiated....g | 3.480 | | 0 | | 12 | | 0.303 | | |
| 18:3 undifferentiated....g | 0.350 | | 0 | | 12 | | 0.030 | | |
| 18:4....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.183 | | 0 | MC | 9 | | 0.016 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.102 | | 0 | MC | 9 | | 0.009 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.7g: 1 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid(DHA,nutrient number621)fatty acids found in human breast milk

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03890**

**Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, soy, ready-to-feed (formerly WYETH-AYERST) (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 88.00 | | 0 | | 12 | | 26.75 | | |
| Energy | kcal | 63 | | 0 | NC | 4 | | 19 | | |
| Energy | kJ | 264 | | 0 | NC | 4 | | 80 | | |
| Protein | g | 1.80 | | 0 | | 12 | | 0.55 | | |
| Total lipid (fat) | g | 3.50 | | 0 | | 12 | | 1.06 | | |
| Ash | g | 0.61 | | 0 | O | 4 | | 0.19 | | |
| Carbohydrate, by difference | g | 6.09 | | 0 | NC | 4 | | 1.85 | | |
| Fiber, total dietary | g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total | g | 6.10 | | 0 | O | 4 | | 1.85 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 59 | | 0 | | 12 | | 18 | | |
| Iron, Fe | mg | 1.18 | | 0 | | 12 | | 0.36 | | |
| Magnesium, Mg | mg | 7 | | 0 | | 12 | | 2 | | |
| Phosphorus, P | mg | 41 | | 0 | | 12 | | 12 | | |
| Potassium, K | mg | 69 | | 0 | | 12 | | 21 | | |
| Sodium, Na | mg | 18 | | 0 | | 12 | | 5 | | |
| Zinc, Zn | mg | 0.53 | | 0 | | 12 | | 0.16 | | |
| Copper, Cu | mg | 0.046 | | 0 | | 12 | | 0.014 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 1.4 | | 0 | MC | 9 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 5.4 | | 0 | | 12 | | 1.6 | | |
| Thiamin | mg | 0.070 | | 0 | | 12 | | 0.021 | | |
| Riboflavin | mg | 0.100 | | 0 | | 12 | | 0.030 | | |
| Niacin | mg | 0.490 | | 0 | | 12 | | 0.149 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.040 | | 0 | | 12 | | 0.012 | | |
| Folate, total | µg | 5 | | 0 | | 12 | | 2 | | |
| Folic acid | µg | 5 | | 0 | NR | 4 | | 2 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 9 | | 0 | NC | 4 | | 3 | | |
| Choline, total | mg | 9.0 | | 0 | MC | 9 | | 2.7 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.20 | | 0 | | 12 | | 0.06 | | |
| Vitamin B-12, added | µg | 0.20 | | 0 | NR | 4 | | 0.06 | | |
| Vitamin A, RAE | mcg_RAE | 59 | | 0 | NC | 4 | | 18 | | |
| Retinol | µg | 56 | | 0 | O | 4 | | 17 | | |
| Carotene, beta | µg | 37 | | 0 | O | 4 | | 11 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 247 | | 0 | NC | 4 | | 75 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.42 | | 0 | MC | 9 | | 0.13 | | |
| Vitamin E, added | mg | 0.42 | | 0 | NR | 4 | | 0.13 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.1 | | 0 | MC | 9 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 43 | | 0 | MC | 9 | | 13 | | |
| Vitamin K (phylloquinone) | µg | 5.1 | | 0 | O | 4 | | 1.6 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03890**

**Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, soy, ready-to-feed (formerly WYETH-AYERST) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.600 | | 0 | | 12 | | 0.486 | | |
| 4:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0....g | 0.090 | | 0 | | 12 | | 0.027 | | |
| 10:0....g | 0.070 | | 0 | | 12 | | 0.021 | | |
| 12:0....g | 0.480 | | 0 | | 12 | | 0.146 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.230 | | 0 | | 12 | | 0.070 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.470 | | 0 | | 12 | | 0.143 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.250 | | 0 | | 12 | | 0.076 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.400 | | 0 | | 12 | | 0.426 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.040 | | 0 | | 12 | | 0.012 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.340 | | 0 | | 12 | | 0.407 | | |
| 20:1....g | 0.010 | | 0 | | 12 | | 0.003 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.500 | | 0 | | 12 | | 0.152 | | |
| 18:2 undifferentiated....g | 0.450 | | 0 | | 12 | | 0.137 | | |
| 18:3 undifferentiated....g | 0.050 | | 0 | | 12 | | 0.015 | | |
| 18:4....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.022 | | 0 | MC | 9 | | 0.007 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.013 | | 0 | MC | 9 | | 0.004 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.4g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number is 620) and docosahexaenoic acid (DHA nutrient number is 621) fatty acids found in human breast milk

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03937**

**Infant formula, PBM PRODUCTS, store brand, liquid concentrate, not reconstituted (formerly WYETH-AYERST) (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 76.00 | | 0 | | 4 | | 23.86 | | |
| Energy | kcal | 130 | | 0 | NC | 4 | | 41 | | |
| Energy | kJ | 545 | | 0 | NC | 4 | | 171 | | |
| Protein | g | 2.90 | | 0 | | 4 | | 0.91 | | |
| Total lipid (fat) | g | 7.00 | | 0 | | 4 | | 2.20 | | |
| Ash | g | 0.61 | | 0 | O | 4 | | 0.19 | | |
| Carbohydrate, by difference | g | 13.90 | | 0 | MC | 9 | | 4.36 | | |
| Fiber, total dietary | g | 0.0 | | 0 | | 4 | | 0.0 | | |
| Sugars, total | g | 13.90 | | 0 | NR | 4 | | 4.36 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 83 | | 0 | | 4 | | 26 | | |
| Iron, Fe | mg | 2.36 | | 0 | | 4 | | 0.74 | | |
| Magnesium, Mg | mg | 9 | | 0 | | 4 | | 3 | | |
| Phosphorus, P | mg | 55 | | 0 | | 4 | | 17 | | |
| Potassium, K | mg | 109 | | 0 | | 4 | | 34 | | |
| Sodium, Na | mg | 29 | | 0 | | 4 | | 9 | | |
| Zinc, Zn | mg | 1.06 | | 0 | | 4 | | 0.33 | | |
| Copper, Cu | mg | 0.092 | | 0 | | 4 | | 0.029 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 2.6 | | 0 | MC | 9 | | 0.8 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 11.2 | | 0 | | 4 | | 3.5 | | |
| Thiamin | mg | 0.130 | | 0 | | 4 | | 0.041 | | |
| Riboflavin | mg | 0.200 | | 0 | | 4 | | 0.063 | | |
| Niacin | mg | 0.990 | | 0 | | 4 | | 0.311 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.080 | | 0 | | 4 | | 0.025 | | |
| Folate, total | µg | 10 | | 0 | | 4 | | 3 | | |
| Folic acid | µg | 10 | | 0 | NR | 4 | | 3 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total | mg | 20.0 | | 0 | MC | 9 | | 6.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.26 | | 0 | | 4 | | 0.08 | | |
| Vitamin B-12, added | µg | 0.26 | | 0 | NR | 4 | | 0.08 | | |
| Vitamin A, RAE | mcg_RAE | 118 | | 0 | NC | 4 | | 37 | | |
| Retinol | µg | 118 | | 0 | NR | 4 | | 37 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | NR | 4 | | 0 | | |
| Vitamin A, IU | IU | 393 | | 0 | NC | 4 | | 124 | | |
| Lycopene | µg | 0 | | 0 | NR | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | NR | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.83 | | 0 | MC | 9 | | 0.26 | | |
| Vitamin E, added | mg | 0.83 | | 0 | NR | 4 | | 0.26 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.9 | | 0 | NR | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 76 | | 0 | NR | 4 | | 24 | | |
| Vitamin K (phylloquinone) | µg | 10.6 | | 0 | O | 4 | | 3.3 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03937**

**Infant formula, PBM PRODUCTS, store brand, liquid concentrate, not reconstituted (formerly WYETH-AYERST) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 3.200 | | 0 | | 4 | | 1.005 | | |
| 4:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 8:0....g | 0.180 | | 0 | | 4 | | 0.057 | | |
| 10:0....g | 0.140 | | 0 | | 4 | | 0.044 | | |
| 12:0....g | 0.960 | | 0 | | 4 | | 0.301 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.460 | | 0 | | 4 | | 0.144 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.940 | | 0 | | 4 | | 0.295 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.500 | | 0 | | 4 | | 0.157 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 2.800 | | 0 | | 4 | | 0.879 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.080 | | 0 | | 4 | | 0.025 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 2.680 | | 0 | | 4 | | 0.842 | | |
| 20:1....g | 0.020 | | 0 | | 4 | | 0.006 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 1.000 | | 0 | | 4 | | 0.314 | | |
| 18:2 undifferentiated....g | 0.900 | | 0 | | 4 | | 0.283 | | |
| 18:3 undifferentiated....g | 0.100 | | 0 | | 4 | | 0.031 | | |
| 18:4....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.044 | | 0 | MC | 9 | | 0.014 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.022 | | 0 | MC | 9 | | 0.007 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 8 | | 0 | | 4 | | 3 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | NR | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.4g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03938**

**Infant formula, PBM PRODUCTS, store brand, powder (formerly WYETH-AYERST) (1)**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 2.00 | | 0 | | 12 | | 0.17 | | |
| Energy ... kcal | 524 | | 0 | NC | 4 | | 44 | | |
| Energy ... kJ | 2192 | | 0 | NC | 4 | | 184 | | |
| Protein ... g | 12.00 | | 0 | | 12 | | 1.01 | | |
| Total lipid (fat) ... g | 28.00 | | 0 | | 12 | | 2.35 | | |
| Ash ... g | 2.00 | | 0 | MC | 9 | | 0.17 | | |
| Carbohydrate, by difference ... g | 56.00 | | 0 | NC | 4 | | 4.70 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total ... g | 56.00 | | 0 | NR | 4 | | 4.70 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 331 | | 0 | | 12 | | 28 | | |
| Iron, Fe ... mg | 9.50 | | 0 | | 12 | | 0.80 | | |
| Magnesium, Mg ... mg | 36 | | 0 | | 12 | | 3 | | |
| Phosphorus, P ... mg | 221 | | 0 | | 12 | | 19 | | |
| Potassium, K ... mg | 441 | | 0 | | 12 | | 37 | | |
| Sodium, Na ... mg | 118 | | 0 | | 12 | | 10 | | |
| Zinc, Zn ... mg | 3.90 | | 0 | | 12 | | 0.33 | | |
| Copper, Cu ... mg | 0.370 | | 0 | | 12 | | 0.031 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 11.0 | | 0 | MC | 9 | | 0.9 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 43.3 | | 0 | | 12 | | 3.6 | | |
| Thiamin ... mg | 0.530 | | 0 | | 12 | | 0.045 | | |
| Riboflavin ... mg | 0.790 | | 0 | | 12 | | 0.066 | | |
| Niacin ... mg | 3.940 | | 0 | | 12 | | 0.331 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.330 | | 0 | | 12 | | 0.028 | | |
| Folate, total ... µg | 39 | | 0 | | 12 | | 3 | | |
| Folic acid ... µg | 39 | | 0 | NR | 4 | | 3 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 66 | | 0 | NC | 4 | | 6 | | |
| Choline, total ... mg | 81.7 | | 0 | MC | 9 | | 6.9 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 1.02 | | 0 | MA | 12 | | 0.09 | | |
| Vitamin B-12, added ... µg | 1.02 | | 0 | NR | 4 | | 0.09 | | |
| Vitamin A, RAE ... mcg_RAE | 473 | | 0 | NC | 4 | | 40 | | |
| Retinol ... µg | 473 | | 0 | NR | 4 | | 40 | | |
| Carotene, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 1577 | | 0 | NC | 4 | | 132 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 3.38 | | 0 | MC | 9 | | 0.28 | | |
| Vitamin E, added ... mg | 3.38 | | 0 | NR | 4 | | 0.28 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 7.6 | | 0 | O | 4 | | 0.6 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 303 | | 0 | NR | 4 | | 25 | | |
| Vitamin K (phylloquinone) ... µg | 43.0 | | 0 | MC | 9 | | 3.6 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03938**

**Infant formula, PBM PRODUCTS, store brand, powder (formerly WYETH-AYERST) (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 12.761 | | 0 | NC | 4 | | 1.072 | | |
| 4:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0....g | 0.731 | | 0 | | 12 | | 0.061 | | |
| 10:0....g | 0.563 | | 0 | | 12 | | 0.047 | | |
| 12:0....g | 3.872 | | 0 | | 12 | | 0.325 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.817 | | 0 | | 12 | | 0.153 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 3.783 | | 0 | | 12 | | 0.318 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.995 | | 0 | | 12 | | 0.168 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 11.131 | | 0 | NC | 4 | | 0.935 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.336 | | 0 | | 12 | | 0.028 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.736 | | 0 | | 12 | | 0.902 | | |
| 20:1....g | 0.059 | | 0 | | 12 | | 0.005 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 3.951 | | 0 | NC | 4 | | 0.332 | | |
| 18:2 undifferentiated....g | 3.585 | | 0 | | 12 | | 0.301 | | |
| 18:3 undifferentiated....g | 0.365 | | 0 | | 12 | | 0.031 | | |
| 18:4....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.181 | | 0 | MC | 9 | | 0.015 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.103 | | 0 | MC | 9 | | 0.009 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 32 | | 0 | | 12 | | 3 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.4g: 1 scoop

**Footnotes:**

1 Contain arachidonic acid(ARA nutrient number is 620) and Docosahexaenoic acid (DHA nutrient number is 621) fatty acids found inhuman breast milk

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03936**

**Infant formula, PBM PRODUCTS, store brand, ready-to-feed (formerly WYETH-AYERST) (1 )**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 88.10 | | 0 | | 12 | | 26.78 | | |
| Energy....kcal | 63 | | 0 | NC | 4 | | 19 | | |
| Energy....kJ | 262 | | 0 | NC | 4 | | 80 | | |
| Protein....g | 1.40 | | 0 | | 12 | | 0.43 | | |
| Total lipid (fat)....g | 3.50 | | 0 | | 12 | | 1.06 | | |
| Ash....g | 0.61 | | 0 | O | 4 | | 0.19 | | |
| Carbohydrate, by difference....g | 6.39 | | 0 | NC | 4 | | 1.94 | | |
| Fiber, total dietary....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total....g | 6.40 | | 0 | O | 4 | | 1.95 | | |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 41 | | 0 | | 12 | | 12 | | |
| Iron, Fe....mg | 1.18 | | 0 | | 12 | | 0.36 | | |
| Magnesium, Mg....mg | 5 | | 0 | | 12 | | 2 | | |
| Phosphorus, P....mg | 28 | | 0 | | 12 | | 9 | | |
| Potassium, K....mg | 55 | | 0 | | 12 | | 17 | | |
| Sodium, Na....mg | 14 | | 0 | | 12 | | 4 | | |
| Zinc, Zn....mg | 0.53 | | 0 | | 12 | | 0.16 | | |
| Copper, Cu....mg | 0.046 | | 0 | | 12 | | 0.014 | | |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 1.4 | | 0 | MC | 9 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 5.6 | | 0 | | 12 | | 1.7 | | |
| Thiamin....mg | 0.070 | | 0 | | 12 | | 0.021 | | |
| Riboflavin....mg | 0.100 | | 0 | | 12 | | 0.030 | | |
| Niacin....mg | 0.490 | | 0 | | 12 | | 0.149 | | |
| Pantothenic acid....mg | | | | | | | | | |
| Vitamin B-6....mg | 0.040 | | 0 | | 12 | | 0.012 | | |
| Folate, total....µg | 5 | | 0 | | 12 | | 2 | | |
| Folic acid....µg | 5 | | 0 | NR | 4 | | 2 | | |
| Folate, food....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE....mcg_DFE | 9 | | 0 | NC | 4 | | 3 | | |
| Choline, total....mg | 10.0 | | 0 | MC | 9 | | 3.0 | | |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.13 | | 0 | | 12 | | 0.04 | | |
| Vitamin B-12, added....µg | 0.13 | | 0 | NR | 4 | | 0.04 | | |
| Vitamin A, RAE....mcg_RAE | 59 | | 0 | NC | 4 | | 18 | | |
| Retinol....µg | 59 | | 0 | NR | 4 | | 18 | | |
| Carotene, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU....IU | 197 | | 0 | NC | 4 | | 60 | | |
| Lycopene....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin....µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol)....mg | 0.41 | | 0 | MC | 9 | | 0.12 | | |
| Vitamin E, added....mg | 0.41 | | 0 | NR | 4 | | 0.12 | | |
| Tocopherol, beta....mg | | | | | | | | | |
| Tocopherol, gamma....mg | | | | | | | | | |
| Tocopherol, delta....mg | | | | | | | | | |
| Vitamin D (D2 + D3)....µg | 0.9 | | 0 | NR | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 38 | | 0 | NR | 4 | | 12 | | |
| Vitamin K (phylloquinone)....µg | 5.1 | | 0 | NR | 4 | | 1.6 | | |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03936**

**Infant formula, PBM PRODUCTS, store brand, ready-to-feed (formerly WYETH-AYERST) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.600 | | 0 | | 12 | | 0.486 | | |
| 4:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0....g | 0.090 | | 0 | | 12 | | 0.027 | | |
| 10:0....g | 0.070 | | 0 | | 12 | | 0.021 | | |
| 12:0....g | 0.480 | | 0 | | 12 | | 0.146 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.230 | | 0 | | 12 | | 0.070 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.470 | | 0 | | 12 | | 0.143 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.250 | | 0 | | 12 | | 0.076 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.400 | | 0 | | 12 | | 0.426 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.040 | | 0 | | 12 | | 0.012 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.340 | | 0 | | 12 | | 0.407 | | |
| 20:1....g | 0.010 | | 0 | | 12 | | 0.003 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.500 | | 0 | | 12 | | 0.152 | | |
| 18:2 undifferentiated....g | 0.450 | | 0 | | 12 | | 0.137 | | |
| 18:3 undifferentiated....g | 0.050 | | 0 | | 12 | | 0.015 | | |
| 18:4....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.022 | | 0 | MC | 9 | | 0.007 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.011 | | 0 | MC | 9 | | 0.003 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 4 | | 0 | | 4 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.4g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621) fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03940**

**Infant formula, PBM PRODUCTS, store brand, soy, liquid concentrate, not reconstituted (formerly WYETH-AYERST) (1 )**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 76.00 | | 0 | | 4 | | 23.86 | | |
| Energy | kcal | 126 | | 0 | NC | 4 | | 40 | | |
| Energy | kJ | 528 | | 0 | NC | 4 | | 166 | | |
| Protein | g | 3.60 | | 0 | | 4 | | 1.13 | | |
| Total lipid (fat) | g | 7.00 | | 0 | | 4 | | 2.20 | | |
| Ash | g | 1.22 | | 0 | O | 4 | | 0.38 | | |
| Carbohydrate, by difference | g | 12.18 | | 0 | NC | 4 | | 3.82 | | |
| Fiber, total dietary | g | 0.0 | | 0 | | 4 | | 0.0 | | |
| Sugars, total | g | 12.18 | | 0 | NR | 4 | | 3.82 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 118 | | 0 | NR | 4 | | 37 | | |
| Iron, Fe | mg | 2.36 | | 0 | | 4 | | 0.74 | | |
| Magnesium, Mg | mg | 14 | | 0 | | 4 | | 4 | | |
| Phosphorus, P | mg | 82 | | 0 | | 4 | | 26 | | |
| Potassium, K | mg | 138 | | 0 | | 4 | | 43 | | |
| Sodium, Na | mg | 36 | | 0 | | 4 | | 11 | | |
| Zinc, Zn | mg | 1.06 | | 0 | | 4 | | 0.33 | | |
| Copper, Cu | mg | 0.092 | | 0 | | 4 | | 0.029 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 3.6 | | 0 | CAZN | 4 | | 1.1 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 10.8 | | 0 | | 4 | | 3.4 | | |
| Thiamin | mg | 0.140 | | 0 | | 4 | | 0.044 | | |
| Riboflavin | mg | 0.200 | | 0 | | 4 | | 0.063 | | |
| Niacin | mg | 0.980 | | 0 | | 4 | | 0.308 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.080 | | 0 | | 4 | | 0.025 | | |
| Folate, total | µg | 10 | | 0 | | 4 | | 3 | | |
| Folic acid | µg | 10 | | 0 | NR | 4 | | 3 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 17 | | 0 | NC | 4 | | 5 | | |
| Choline, total | mg | 18.0 | | 0 | MC | 9 | | 5.7 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.40 | | 0 | | 4 | | 0.13 | | |
| Vitamin B-12, added | µg | 0.40 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 118 | | 0 | NC | 4 | | 37 | | |
| Retinol | µg | 118 | | 0 | O | 4 | | 37 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 393 | | 0 | NC | 4 | | 124 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.83 | | 0 | MC | 9 | | 0.26 | | |
| Vitamin E, added | mg | 0.83 | | 0 | NR | 4 | | 0.26 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 2.1 | | 0 | MC | 9 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 86 | | 0 | MC | 9 | | 27 | | |
| Vitamin K (phylloquinone) | µg | 10.2 | | 0 | O | 4 | | 3.2 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03940**

**Infant formula, PBM PRODUCTS, store brand, soy, liquid concentrate, not reconstituted (formerly WYETH-AYERST) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated.....g | 3.200 | | 0 | | 4 | | 1.005 | | |
| 4:0.....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 6:0.....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 8:0.....g | 0.180 | | 0 | | 4 | | 0.057 | | |
| 10:0.....g | 0.140 | | 0 | | 4 | | 0.044 | | |
| 12:0.....g | 0.960 | | 0 | | 4 | | 0.301 | | |
| 13:0.....g | | | | | | | | | |
| 14:0.....g | 0.460 | | 0 | | 4 | | 0.144 | | |
| 15:0.....g | | | | | | | | | |
| 16:0.....g | 0.940 | | 0 | | 4 | | 0.295 | | |
| 17:0.....g | | | | | | | | | |
| 18:0.....g | 0.500 | | 0 | | 4 | | 0.157 | | |
| 20:0.....g | | | | | | | | | |
| 22:0.....g | | | | | | | | | |
| 24:0.....g | | | | | | | | | |
| Fatty acids, total monounsaturated.....g | 2.800 | | 0 | | 4 | | 0.879 | | |
| 14:1.....g | | | | | | | | | |
| 15:1.....g | | | | | | | | | |
| 16:1 undifferentiated.....g | 0.080 | | 0 | | 4 | | 0.025 | | |
| 17:1.....g | | | | | | | | | |
| 18:1 undifferentiated.....g | 2.680 | | 0 | | 4 | | 0.842 | | |
| 20:1.....g | 0.020 | | 0 | | 4 | | 0.006 | | |
| 22:1 undifferentiated.....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 24:1 c.....g | | | | | | | | | |
| Fatty acids, total polyunsaturated.....g | 1.000 | | 0 | | 4 | | 0.314 | | |
| 18:2 undifferentiated.....g | 0.900 | | 0 | | 4 | | 0.283 | | |
| 18:3 undifferentiated.....g | 0.100 | | 0 | | 4 | | 0.031 | | |
| 18:4.....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 20:2 n-6 c,c.....g | | | | | | | | | |
| 20:3 undifferentiated.....g | | | | | | | | | |
| 20:4 undifferentiated.....g | 0.045 | | 0 | MC | 9 | | 0.014 | | |
| 20:5 n-3 (EPA).....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:5 n-3 (DPA).....g | 0.000 | | 0 | | 4 | | 0.000 | | |
| 22:6 n-3 (DHA).....g | 0.022 | | 0 | MC | 9 | | 0.007 | | |
| Fatty acids, total trans.....g | | | | | | | | | |
| Cholesterol.....mg | 0 | | 0 | | 7 | | 0 | | |
| Phytosterols.....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl.....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine.....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine.....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 31.4g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid ( DHA nutrient number 621) fatty acids found in human breast milk

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03941**

**Infant formula, PBM PRODUCTS, store brand, soy, powder (formerly WYETH-AYERST) (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 2.00 | | 0 | | 12 | | 0.17 | | |
| Energy | kcal | 508 | | 0 | NC | 4 | | 44 | | |
| Energy | kJ | 2125 | | 0 | NC | 4 | | 185 | | |
| Protein | g | 13.60 | | 0 | MA | 12 | | 1.18 | | |
| Total lipid (fat) | g | 27.20 | | 0 | MA | 12 | | 2.37 | | |
| Ash | g | 5.00 | | 0 | O | 4 | | 0.44 | | |
| Carbohydrate, by difference | g | 52.20 | | 0 | NC | 4 | | 4.54 | | |
| Fiber, total dietary | g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total | g | 52.20 | | 0 | NR | 4 | | 4.54 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 453 | | 0 | | 12 | | 39 | | |
| Iron, Fe | mg | 9.10 | | 0 | | 12 | | 0.79 | | |
| Magnesium, Mg | mg | 51 | | 0 | | 12 | | 4 | | |
| Phosphorus, P | mg | 317 | | 0 | | 12 | | 28 | | |
| Potassium, K | mg | 528 | | 0 | | 12 | | 46 | | |
| Sodium, Na | mg | 151 | | 0 | | 12 | | 13 | | |
| Zinc, Zn | mg | 3.80 | | 0 | | 12 | | 0.33 | | |
| Copper, Cu | mg | 0.355 | | 0 | | 12 | | 0.031 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 11.0 | | 0 | MC | 9 | | 1.0 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 42.0 | | 0 | | 12 | | 3.7 | | |
| Thiamin | mg | 0.500 | | 0 | | 12 | | 0.044 | | |
| Riboflavin | mg | 0.760 | | 0 | | 12 | | 0.066 | | |
| Niacin | mg | 3.780 | | 0 | | 12 | | 0.329 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.320 | | 0 | | 12 | | 0.028 | | |
| Folate, total | µg | 38 | | 0 | | 12 | | 3 | | |
| Folic acid | µg | 38 | | 0 | MA | 12 | | 3 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 64 | | 0 | NC | 4 | | 6 | | |
| Choline, total | mg | 73.0 | | 0 | MC | 9 | | 6.4 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.50 | | 0 | | 12 | | 0.13 | | |
| Vitamin B-12, added | µg | 1.50 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 473 | | 0 | NC | 4 | | 41 | | |
| Retinol | µg | 473 | | 0 | O | 4 | | 41 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU | IU | 1577 | | 0 | NC | 4 | | 137 | | |
| Lycopene | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 3.24 | | 0 | MC | 9 | | 0.28 | | |
| Vitamin E, added | mg | 3.24 | | 0 | NR | 4 | | 0.28 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.6 | | 0 | MA | 12 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 303 | | 0 | MA | 12 | | 26 | | |
| Vitamin K (phylloquinone) | µg | 41.6 | | 0 | MA | 12 | | 3.6 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03941**

**Infant formula, PBM PRODUCTS, store brand, soy, powder (formerly WYETH-AYERST) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 12.370 | | 0 | NC | 4 | | 1.076 | | |
| 4:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0....g | 0.710 | | 0 | | 12 | | 0.062 | | |
| 10:0....g | 0.540 | | 0 | | 12 | | 0.047 | | |
| 12:0....g | 3.750 | | 0 | | 12 | | 0.326 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.770 | | 0 | | 12 | | 0.154 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 3.670 | | 0 | | 12 | | 0.319 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.930 | | 0 | | 12 | | 0.168 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.780 | | 0 | NC | 4 | | 0.938 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.320 | | 0 | | 12 | | 0.028 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.410 | | 0 | | 12 | | 0.906 | | |
| 20:1....g | 0.050 | | 0 | | 12 | | 0.004 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 3.830 | | 0 | NC | 4 | | 0.333 | | |
| 18:2 undifferentiated....g | 3.480 | | 0 | | 12 | | 0.303 | | |
| 18:3 undifferentiated....g | 0.350 | | 0 | | 12 | | 0.030 | | |
| 18:4....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.183 | | 0 | MC | 9 | | 0.016 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.091 | | 0 | MC | 9 | | 0.008 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.7g: 1 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA,nutrient number 620)and docosahexaenoic acid (DHA, nutrient number 621)fatty acids found in human breast milk

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03939**

**Infant formula, PBM PRODUCTS, store brand, soy, ready-to-feed (formerly WYETH-AYERST) (1 )**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water ... g | 88.00 | | 0 | | 12 | | 26.75 | | |
| Energy ... kcal | 63 | | 0 | NC | 4 | | 19 | | |
| Energy ... kJ | 264 | | 0 | NC | 4 | | 80 | | |
| Protein ... g | 1.80 | | 0 | | 12 | | 0.55 | | |
| Total lipid (fat) ... g | 3.50 | | 0 | | 12 | | 1.06 | | |
| Ash ... g | 0.61 | | 0 | O | 4 | | 0.19 | | |
| Carbohydrate, by difference ... g | 6.09 | | 0 | NC | 4 | | 1.85 | | |
| Fiber, total dietary ... g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Sugars, total ... g | 6.10 | | 0 | O | 4 | | 1.85 | | |
| Starch ... g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca ... mg | 59 | | 0 | | 12 | | 18 | | |
| Iron, Fe ... mg | 1.18 | | 0 | | 12 | | 0.36 | | |
| Magnesium, Mg ... mg | 7 | | 0 | | 12 | | 2 | | |
| Phosphorus, P ... mg | 41 | | 0 | | 12 | | 12 | | |
| Potassium, K ... mg | 69 | | 0 | | 12 | | 21 | | |
| Sodium, Na ... mg | 18 | | 0 | | 12 | | 5 | | |
| Zinc, Zn ... mg | 0.53 | | 0 | | 12 | | 0.16 | | |
| Copper, Cu ... mg | 0.046 | | 0 | | 12 | | 0.014 | | |
| Manganese, Mn ... mg | | | | | | | | | |
| Selenium, Se ... µg | 1.4 | | 0 | MC | 9 | | 0.4 | | |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid ... mg | 5.4 | | 0 | | 12 | | 1.6 | | |
| Thiamin ... mg | 0.070 | | 0 | | 12 | | 0.021 | | |
| Riboflavin ... mg | 0.100 | | 0 | | 12 | | 0.030 | | |
| Niacin ... mg | 0.490 | | 0 | | 12 | | 0.149 | | |
| Pantothenic acid ... mg | | | | | | | | | |
| Vitamin B-6 ... mg | 0.040 | | 0 | | 12 | | 0.012 | | |
| Folate, total ... µg | 5 | | 0 | | 12 | | 2 | | |
| Folic acid ... µg | 5 | | 0 | NR | 4 | | 2 | | |
| Folate, food ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE ... mcg_DFE | 9 | | 0 | NC | 4 | | 3 | | |
| Choline, total ... mg | 9.0 | | 0 | MC | 9 | | 2.7 | | |
| Betaine ... mg | | | | | | | | | |
| Vitamin B-12 ... µg | 0.20 | | 0 | | 12 | | 0.06 | | |
| Vitamin B-12, added ... µg | 0.20 | | 0 | NR | 4 | | 0.06 | | |
| Vitamin A, RAE ... mcg_RAE | 59 | | 0 | NC | 4 | | 18 | | |
| Retinol ... µg | 56 | | 0 | O | 4 | | 17 | | |
| Carotene, beta ... µg | 37 | | 0 | O | 4 | | 11 | | |
| Carotene, alpha ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin A, IU ... IU | 247 | | 0 | NC | 4 | | 75 | | |
| Lycopene ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Lutein + zeaxanthin ... µg | 0 | | 0 | Z | 7 | | 0 | | |
| Vitamin E (alpha-tocopherol) ... mg | 0.42 | | 0 | MC | 9 | | 0.13 | | |
| Vitamin E, added ... mg | 0.42 | | 0 | NR | 4 | | 0.13 | | |
| Tocopherol, beta ... mg | | | | | | | | | |
| Tocopherol, gamma ... mg | | | | | | | | | |
| Tocopherol, delta ... mg | | | | | | | | | |
| Vitamin D (D2 + D3) ... µg | 0.9 | | 0 | NR | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) ... µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) ... µg | | | | | | | | | |
| Vitamin D ... IU | 37 | | 0 | NR | 4 | | 11 | | |
| Vitamin K (phylloquinone) ... µg | 5.1 | | 0 | O | 4 | | 1.6 | | |
| Dihydrophylloquinone ... µg | | | | | | | | | |
| Menaquinone-4 ... µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03939**

**Infant formula, PBM PRODUCTS, store brand, soy, ready-to-feed (formerly WYETH-AYERST) (1 )**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.600 | | 0 | | 12 | | 0.486 | | |
| 4:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 6:0....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 8:0....g | 0.090 | | 0 | | 12 | | 0.027 | | |
| 10:0....g | 0.070 | | 0 | | 12 | | 0.021 | | |
| 12:0....g | 0.480 | | 0 | | 12 | | 0.146 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.230 | | 0 | | 12 | | 0.070 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.470 | | 0 | | 12 | | 0.143 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.250 | | 0 | | 12 | | 0.076 | | |
| 20:0....g | | | | | | | | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.400 | | 0 | | 12 | | 0.426 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.040 | | 0 | | 12 | | 0.012 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.340 | | 0 | | 12 | | 0.407 | | |
| 20:1....g | 0.010 | | 0 | | 12 | | 0.003 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.500 | | 0 | | 12 | | 0.152 | | |
| 18:2 undifferentiated....g | 0.450 | | 0 | | 12 | | 0.137 | | |
| 18:3 undifferentiated....g | 0.050 | | 0 | | 12 | | 0.015 | | |
| 18:4....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.022 | | 0 | MC | 9 | | 0.007 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | | 12 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.011 | | 0 | MC | 9 | | 0.003 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 0 | | 0 | | 7 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | Z | 7 | | 0 | | |
| Theobromine....mg | 0 | | 0 | Z | 7 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 30.4g: 1 fl oz

**Footnotes:**

1 Contains arachidonic acid ( ARA, nutrient number 620) and Docosahexaenoic acid ( DHA nutrient number 621) fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03967**

**Toddler formula, MEAD JOHNSON, ENFAGROW PREMIUM (formerly ENFAMIL, LIPIL, NEXT STEP), powder (1)**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion: Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Amount in edible portion of common measures of food: Measure 1 | Measure 2 | Measure 3 |
|---|---|---|---|---|---|---|---|---|---|---|
| **Proximates:** | | | | | | | | | | |
| Water | g | 3.00 | | 0 | NR | 4 | | 0.26 | | |
| Energy | kcal | 501 | | 0 | NC | 4 | | 44 | | |
| Energy | kJ | 2096 | | 0 | NC | 4 | | 184 | | |
| Protein (N x 6.25) | g | 13.00 | | 1 | MA | 12 | | 1.14 | | |
| Total lipid (fat) | g | 26.90 | | 0 | NR | 4 | | 2.37 | | |
| Ash | g | 2.00 | | 0 | NR | 4 | | 0.18 | | |
| Carbohydrate, by difference | g | 56.00 | | 1 | MA | 12 | | 4.93 | | |
| Fiber, total dietary | g | 0.0 | | 1 | MA | 12 | | 0.0 | | |
| Sugars, total | g | 53.00 | | 0 | MA | 12 | | 4.66 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 600 | | 1 | MA | 12 | | 53 | | |
| Iron, Fe | mg | 9.00 | | 1 | MA | 12 | | 0.79 | | |
| Magnesium, Mg | mg | 40 | | 1 | MA | 12 | | 4 | | |
| Phosphorus, P | mg | 420 | | 1 | MA | 12 | | 37 | | |
| Potassium, K | mg | 650 | | 1 | MA | 12 | | 57 | | |
| Sodium, Na | mg | 210 | | 1 | MA | 12 | | 18 | | |
| Zinc, Zn | mg | 4.50 | | 1 | MA | 12 | | 0.40 | | |
| Copper, Cu | mg | 0.450 | | 1 | MA | 12 | | 0.040 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 14.0 | | 1 | MA | 12 | | 1.2 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 45.0 | | 1 | MA | 12 | | 4.0 | | |
| Thiamin | mg | 0.500 | | 1 | MA | 12 | | 0.044 | | |
| Riboflavin | mg | 0.750 | | 1 | MA | 12 | | 0.066 | | |
| Niacin | mg | 5.300 | | 1 | MA | 12 | | 0.466 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.300 | | 1 | MA | 12 | | 0.026 | | |
| Folate, total | µg | 81 | | 0 | NR | 4 | | 7 | | |
| Folic acid | µg | 81 | | 0 | NR | 4 | | 7 | | |
| Folate, food | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Folate, DFE | mcg_DFE | 138 | | 0 | NC | 4 | | 12 | | |
| Choline, total | mg | 121.0 | | 0 | NR | 4 | | 10.6 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 1.52 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin B-12, added | µg | 1.52 | | 0 | NR | 4 | | 0.13 | | |
| Vitamin A, RAE | mcg_RAE | 456 | | 0 | NC | 4 | | 40 | | |
| Retinol | µg | 456 | | 0 | NR | 4 | | 40 | | |
| Carotene, beta | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | Z | 7 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Vitamin A, IU | IU | 1520 | | 0 | NC | 4 | | 134 | | |
| Lycopene | µg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 4.50 | | 1 | MA | 12 | | 0.40 | | |
| Vitamin E, added | mg | 4.50 | | 0 | NR | 4 | | 0.40 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 7.5 | | 0 | NR | 4 | | 0.7 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 300 | | 1 | MA | 12 | | 26 | | |
| Vitamin K (phylloquinone) | µg | 0.0 | | 1 | MA | 12 | | 0.0 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03967**

**Toddler formula, MEAD JOHNSON, ENFAGROW PREMIUM (formerly ENFAMIL, LIPIL, NEXT STEP), powder (1)**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 11.450 | | 0 | NC | 4 | | 1.008 | | |
| 4:0....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 6:0....g | 0.030 | | 0 | NR | 4 | | 0.003 | | |
| 8:0....g | 0.420 | | 0 | NR | 4 | | 0.037 | | |
| 10:0....g | 0.320 | | 0 | NR | 4 | | 0.028 | | |
| 12:0....g | 2.500 | | 0 | NR | 4 | | 0.220 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 1.110 | | 0 | NR | 4 | | 0.098 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 5.900 | | 0 | NR | 4 | | 0.519 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 1.110 | | 0 | NR | 4 | | 0.098 | | |
| 20:0....g | 0.060 | | 0 | NR | 4 | | 0.005 | | |
| 22:0....g | | | | | | | | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 10.030 | | 0 | NC | 4 | | 0.883 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.030 | | 0 | NR | 4 | | 0.003 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 10.000 | | 0 | NR | 4 | | 0.880 | | |
| 20:1....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 5.445 | | 0 | NC | 4 | | 0.479 | | |
| 18:2 undifferentiated....g | 4.600 | | 0 | NR | 4 | | 0.405 | | |
| 18:3 undifferentiated....g | 0.450 | | 0 | NR | 4 | | 0.040 | | |
| 18:4....g | 0.138 | | 0 | BFFN | 4 | | 0.012 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.171 | | 1 | MA | 12 | | 0.015 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | BFFN | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.086 | | 1 | MA | 12 | | 0.008 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 7 | | 0 | BFFN | 4 | | 1 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | BFSN | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | BFSN | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | BFSN | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 8.8g: 1 scoop

**Footnotes:**

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03968**

**Toddler formula, MEAD JOHNSON, ENFAGROW PREMIUM (formerly ENFAMIL, LIPIL, NEXT STEP), ready-to-feed**

**Refuse:** 0%

| Nutrients and Units | | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | | |
| Water | g | 87.50 | | 0 | O | 4 | | 25.55 | | |
| Energy | kcal | 64 | | 0 | NC | 4 | | 19 | | |
| Energy | kJ | 268 | | 0 | NC | 4 | | 78 | | |
| Protein | g | 1.78 | | 0 | NR | 4 | | 0.52 | | |
| Total lipid (fat) | g | 3.63 | | 0 | O | 4 | | 1.06 | | |
| Ash | g | 0.50 | | 0 | O | 4 | | 0.15 | | |
| Carbohydrate, by difference | g | 7.18 | | 0 | NR | 4 | | 2.10 | | |
| Fiber, total dietary | g | 0.0 | | 0 | NR | 4 | | 0.0 | | |
| Sugars, total | g | 7.18 | | 0 | NR | 4 | | 2.10 | | |
| Starch | g | | | | | | | | | |
| **Minerals:** | | | | | | | | | | |
| Calcium, Ca | mg | 133 | | 0 | NR | 4 | | 39 | | |
| Iron, Fe | mg | 1.37 | | 0 | NR | 4 | | 0.40 | | |
| Magnesium, Mg | mg | 5 | | 0 | NR | 4 | | 2 | | |
| Phosphorus, P | mg | 89 | | 0 | NR | 4 | | 26 | | |
| Potassium, K | mg | 89 | | 0 | NR | 4 | | 26 | | |
| Sodium, Na | mg | 25 | | 0 | NR | 4 | | 7 | | |
| Zinc, Zn | mg | 0.68 | | 0 | NR | 4 | | 0.20 | | |
| Copper, Cu | mg | 0.051 | | 0 | NR | 4 | | 0.015 | | |
| Manganese, Mn | mg | | | | | | | | | |
| Selenium, Se | µg | 1.9 | | 0 | NR | 4 | | 0.6 | | |
| **Vitamins:** | | | | | | | | | | |
| Vitamin C, total ascorbic acid | mg | 8.2 | | 0 | NR | 4 | | 2.4 | | |
| Thiamin | mg | 0.055 | | 0 | NR | 4 | | 0.016 | | |
| Riboflavin | mg | 0.096 | | 0 | NR | 4 | | 0.028 | | |
| Niacin | mg | 0.684 | | 0 | NR | 4 | | 0.200 | | |
| Pantothenic acid | mg | | | | | | | | | |
| Vitamin B-6 | mg | 0.041 | | 0 | NR | 4 | | 0.012 | | |
| Folate, total | µg | 11 | | 0 | NR | 4 | | 3 | | |
| Folic acid | µg | 11 | | 0 | NR | 4 | | 3 | | |
| Folate, food | µg | 11 | | 0 | NR | 4 | | 3 | | |
| Folate, DFE | mcg_DFE | 30 | | 0 | NC | 4 | | 9 | | |
| Choline, total | mg | 8.0 | | 0 | NR | 4 | | 2.3 | | |
| Betaine | mg | | | | | | | | | |
| Vitamin B-12 | µg | 0.21 | | 0 | NR | 4 | | 0.06 | | |
| Vitamin B-12, added | µg | 0.21 | | 0 | NR | 4 | | 0.06 | | |
| Vitamin A, RAE | mcg_RAE | 58 | | 0 | NC | 4 | | 17 | | |
| Retinol | µg | 58 | | 0 | NR | 4 | | 17 | | |
| Carotene, beta | µg | 0 | | 0 | NR | 4 | | 0 | | |
| Carotene, alpha | µg | 0 | | 0 | NR | 4 | | 0 | | |
| Cryptoxanthin, beta | µg | 0 | | 0 | NR | 4 | | 0 | | |
| Vitamin A, IU | IU | 193 | | 0 | NC | 4 | | 56 | | |
| Lycopene | µg | 0 | | 0 | NR | 4 | | 0 | | |
| Lutein + zeaxanthin | µg | 0 | | 0 | NR | 4 | | 0 | | |
| Vitamin E (alpha-tocopherol) | mg | 0.87 | | 0 | NR | 4 | | 0.25 | | |
| Vitamin E, added | mg | 0.87 | | 0 | NR | 4 | | 0.25 | | |
| Tocopherol, beta | mg | | | | | | | | | |
| Tocopherol, gamma | mg | | | | | | | | | |
| Tocopherol, delta | mg | | | | | | | | | |
| Vitamin D (D2 + D3) | µg | 1.0 | | 0 | NR | 4 | | 0.3 | | |
| Vitamin D2 (ergocalciferol) | µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol) | µg | | | | | | | | | |
| Vitamin D | IU | 41 | | 0 | NR | 4 | | 12 | | |
| Vitamin K (phylloquinone) | µg | 5.5 | | 0 | NR | 4 | | 1.6 | | |
| Dihydrophylloquinone | µg | | | | | | | | | |
| Menaquinone-4 | µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | | |

**NDB No. 03968**

**Toddler formula, MEAD JOHNSON, ENFAGROW PREMIUM (formerly ENFAMIL, LIPIL, NEXT STEP), ready-to-feed**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 1.550 | | 0 | NC | 4 | | 0.453 | | |
| 4:0....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 6:0....g | 0.010 | | 0 | NR | 4 | | 0.003 | | |
| 8:0....g | 0.050 | | 0 | NR | 4 | | 0.015 | | |
| 10:0....g | 0.040 | | 0 | NR | 4 | | 0.012 | | |
| 12:0....g | 0.330 | | 0 | NR | 4 | | 0.096 | | |
| 13:0....g | | | | | | | | | |
| 14:0....g | 0.150 | | 0 | NR | 4 | | 0.044 | | |
| 15:0....g | | | | | | | | | |
| 16:0....g | 0.800 | | 0 | NR | 4 | | 0.234 | | |
| 17:0....g | | | | | | | | | |
| 18:0....g | 0.150 | | 0 | NR | 4 | | 0.044 | | |
| 20:0....g | 0.010 | | 0 | NR | 4 | | 0.003 | | |
| 22:0....g | 0.010 | | 0 | NR | 4 | | 0.003 | | |
| 24:0....g | | | | | | | | | |
| Fatty acids, total monounsaturated....g | 1.380 | | 0 | NC | 4 | | 0.403 | | |
| 14:1....g | | | | | | | | | |
| 15:1....g | | | | | | | | | |
| 16:1 undifferentiated....g | 0.010 | | 0 | NR | 4 | | 0.003 | | |
| 17:1....g | | | | | | | | | |
| 18:1 undifferentiated....g | 1.370 | | 0 | NR | 4 | | 0.400 | | |
| 20:1....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 22:1 undifferentiated....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 24:1 c....g | | | | | | | | | |
| Fatty acids, total polyunsaturated....g | 0.730 | | 0 | NC | 4 | | 0.213 | | |
| 18:2 undifferentiated....g | 0.620 | | 0 | NR | 4 | | 0.181 | | |
| 18:3 undifferentiated....g | 0.060 | | 0 | NR | 4 | | 0.018 | | |
| 18:4....g | 0.020 | | 0 | NR | 4 | | 0.006 | | |
| 20:2 n-6 c,c....g | | | | | | | | | |
| 20:3 undifferentiated....g | | | | | | | | | |
| 20:4 undifferentiated....g | 0.020 | | 0 | NR | 4 | | 0.006 | | |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | NR | 4 | | 0.000 | | |
| 22:6 n-3 (DHA)....g | 0.010 | | 0 | NR | 4 | | 0.003 | | |
| Fatty acids, total trans....g | | | | | | | | | |
| Cholesterol....mg | 1 | | 0 | NR | 4 | | 0 | | |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | NR | 4 | | 0.0 | | |
| Caffeine....mg | 0 | | 0 | NR | 4 | | 0 | | |
| Theobromine....mg | 0 | | 0 | NR | 4 | | 0 | | |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 29.2g: 1 fl oz

**Calories Factors: Protein** **Fat** **Carbohydrate**

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)

**NDB No. 03217**
**Zwieback**

**Refuse:** 0%

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| **Proximates:** | | | | | | | | | |
| Water....g | 4.50 | | 4 | | 1 | | 1.28 | 0.32 | 0.45 |
| Energy....kcal | 426 | | 0 | NC | 4 | | 121 | 30 | 43 |
| Energy....kJ | 1783 | | 0 | NC | 4 | | 505 | 125 | 178 |
| Protein (N x 5.85)....g | 10.10 | | 4 | | 1 | | 2.86 | 0.71 | 1.01 |
| Total lipid (fat)....g | 9.70 | | 0 | FLA | 4 | | 2.75 | 0.68 | 0.97 |
| Ash....g | 1.50 | 0.000 | 3 | | 1 | | 0.43 | 0.11 | 0.15 |
| Carbohydrate, by difference....g | 74.20 | | 0 | NC | 4 | | 21.04 | 5.19 | 7.42 |
| Fiber, total dietary....g | 2.5 | | 0 | | 4 | | 0.7 | 0.2 | 0.3 |
| Sugars, total....g | 12.50 | | 0 | FLA | 4 | | 3.54 | 0.87 | 1.25 |
| Starch....g | | | | | | | | | |
| **Minerals:** | | | | | | | | | |
| Calcium, Ca....mg | 20 | | 4 | | 1 | | 6 | 1 | 2 |
| Iron, Fe....mg | 0.60 | | 4 | | 1 | | 0.17 | 0.04 | 0.06 |
| Magnesium, Mg....mg | 14 | | 1 | | 1 | | 4 | 1 | 1 |
| Phosphorus, P....mg | 55 | | 1 | | 1 | | 16 | 4 | 6 |
| Potassium, K....mg | 305 | | 1 | | 1 | | 86 | 21 | 31 |
| Sodium, Na....mg | 227 | | 0 | LC | 8 | | 64 | 16 | 23 |
| Zinc, Zn....mg | 0.54 | | 1 | | 1 | | 0.15 | 0.04 | 0.05 |
| Copper, Cu....mg | 0.145 | | 0 | | 4 | | 0.041 | 0.010 | 0.015 |
| Manganese, Mn....mg | | | | | | | | | |
| Selenium, Se....µg | 28.7 | | 0 | FLM | 4 | | 8.1 | 2.0 | 2.9 |
| **Vitamins:** | | | | | | | | | |
| Vitamin C, total ascorbic acid....mg | 5.3 | | 3 | | 1 | | 1.5 | 0.4 | 0.5 |
| Thiamin....mg | 0.208 | | 4 | | 1 | | 0.059 | 0.015 | 0.021 |
| Riboflavin....mg | 0.239 | | 4 | | 1 | | 0.068 | 0.017 | 0.024 |
| Niacin....mg | 1.319 | | 4 | | 1 | | 0.374 | 0.092 | 0.132 |
| Pantothenic acid....mg | 0.537 | | 0 | | 4 | | 0.152 | 0.038 | 0.054 |
| Vitamin B-6....mg | 0.082 | | 3 | | 1 | | 0.023 | 0.006 | 0.008 |
| Folate, total....µg | 87 | | 0 | FLM | 4 | | 25 | 6 | 9 |
| Folic acid....µg | 67 | | 0 | NC | 4 | | 19 | 5 | 7 |
| Folate, food....µg | 20 | | 0 | | 4 | | 6 | 1 | 2 |
| Folate, DFE....mcg_DFE | 134 | | 0 | NC | 4 | | 38 | 9 | 13 |
| Choline, total....mg | 10.7 | | 0 | FLA | 4 | | 3.0 | 0.7 | 1.1 |
| Betaine....mg | | | | | | | | | |
| Vitamin B-12....µg | 0.00 | | 0 | | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin B-12, added....µg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Vitamin A, RAE....mcg_RAE | 16 | | 0 | NC | 4 | | 4 | 1 | 2 |
| Retinol....µg | 15 | | 0 | BNA | 4 | | 4 | 1 | 2 |
| Carotene, beta....µg | 4 | | 0 | BNA | 4 | | 1 | 0 | 0 |
| Carotene, alpha....µg | 0 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Cryptoxanthin, beta....µg | 1 | | 0 | BNA | 4 | | 0 | 0 | 0 |
| Vitamin A, IU....IU | 58 | | 0 | NC | 4 | | 16 | 4 | 6 |
| Lycopene....µg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Lutein + zeaxanthin....µg | 16 | | 0 | FLA | 4 | | 5 | 1 | 2 |
| Vitamin E (alpha-tocopherol)....mg | 2.44 | | 0 | FLA | 4 | | 0.69 | 0.17 | 0.24 |
| Vitamin E, added....mg | 0.00 | | 0 | Z | 7 | | 0.00 | 0.00 | 0.00 |
| Tocopherol, beta....mg | 0.05 | | 0 | FLA | 4 | | 0.02 | 0.00 | 0.01 |
| Tocopherol, gamma....mg | 0.31 | | 0 | FLA | 4 | | 0.09 | 0.02 | 0.03 |
| Tocopherol, delta....mg | 0.01 | | 0 | FLA | 4 | | 0.00 | 0.00 | 0.00 |
| Vitamin D (D2 + D3)....µg | 0.0 | | 0 | Z | 7 | | 0.0 | 0.0 | 0.0 |
| Vitamin D2 (ergocalciferol)....µg | | | | | | | | | |
| Vitamin D3 (cholecalciferol)....µg | | | | | | | | | |
| Vitamin D....IU | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Vitamin K (phylloquinone)....µg | 0.9 | | 0 | FLA | 4 | | 0.3 | 0.1 | 0.1 |
| Dihydrophylloquinone....µg | | | | | | | | | |
| Menaquinone-4....µg | | | | | | | | | |
| **Lipids:** | | | | | | | | | |

**NDB No. 03217**
**Zwieback**

| Nutrients and Units | Amount in 100 grams of edible portion | | | | | | Amount in edible portion of common measures of food | | |
|---|---|---|---|---|---|---|---|---|---|
| | Mean | Std. Error | Number of Data Points | Deriv Code | Source Code | Confidence Code | Measure 1 | Measure 2 | Measure 3 |
| Fatty acids, total saturated....g | 2.525 | | 0 | FLA | 4 | | 0.716 | 0.177 | 0.253 |
| 4:0....g | 0.100 | | 0 | FLA | 4 | | 0.028 | 0.007 | 0.010 |
| 6:0....g | 0.059 | | 0 | FLA | 4 | | 0.017 | 0.004 | 0.006 |
| 8:0....g | 0.035 | | 0 | FLA | 4 | | 0.010 | 0.002 | 0.003 |
| 10:0....g | 0.077 | | 0 | FLA | 4 | | 0.022 | 0.005 | 0.008 |
| 12:0....g | 0.088 | | 0 | FLA | 4 | | 0.025 | 0.006 | 0.009 |
| 13:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| 14:0....g | 0.314 | | 0 | FLA | 4 | | 0.089 | 0.022 | 0.031 |
| 15:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| 16:0....g | 1.194 | | 0 | FLA | 4 | | 0.338 | 0.084 | 0.119 |
| 17:0....g | 0.005 | | 0 | FLA | 4 | | 0.001 | 0.000 | 0.001 |
| 18:0....g | 0.590 | | 0 | FLA | 4 | | 0.167 | 0.041 | 0.059 |
| 20:0....g | 0.017 | | 0 | FLA | 4 | | 0.005 | 0.001 | 0.002 |
| 22:0....g | 0.047 | | 0 | FLA | 4 | | 0.013 | 0.003 | 0.005 |
| 24:0....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total monounsaturated....g | 4.244 | | 0 | FLA | 4 | | 1.203 | 0.297 | 0.424 |
| 14:1....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| 15:1....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| 16:1 undifferentiated....g | 0.129 | | 0 | FLA | 4 | | 0.037 | 0.009 | 0.013 |
| 17:1....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| 18:1 undifferentiated....g | 4.104 | | 0 | FLA | 4 | | 1.163 | 0.287 | 0.410 |
| 20:1....g | 0.012 | | 0 | FLA | 4 | | 0.003 | 0.001 | 0.001 |
| 22:1 undifferentiated....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| 24:1 c....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total polyunsaturated....g | 2.073 | | 0 | FLA | 4 | | 0.588 | 0.145 | 0.207 |
| 18:2 undifferentiated....g | 2.007 | | 0 | FLA | 4 | | 0.569 | 0.140 | 0.201 |
| 18:3 undifferentiated....g | 0.065 | | 0 | FLA | 4 | | 0.018 | 0.005 | 0.006 |
| 18:4....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| 20:2 n-6 c,c....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| 20:3 undifferentiated....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| 20:4 undifferentiated....g | 0.001 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| 20:5 n-3 (EPA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| 22:5 n-3 (DPA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| 22:6 n-3 (DHA)....g | 0.000 | | 0 | FLA | 4 | | 0.000 | 0.000 | 0.000 |
| Fatty acids, total trans....g | 0.012 | | 0 | FLA | 4 | | 0.003 | 0.001 | 0.001 |
| Cholesterol....mg | 8 | | 0 | FLA | 4 | | 2 | 1 | 1 |
| Phytosterols....mg | | | | | | | | | |
| **Others:** | | | | | | | | | |
| Alcohol, ethyl....g | 0.0 | | 0 | | 7 | | 0.0 | 0.0 | 0.0 |
| Caffeine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |
| Theobromine....mg | 0 | | 0 | FLA | 4 | | 0 | 0 | 0 |

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

**Common Measures:**

Measure 1 = 28.35g: 1 oz

Measure 2 = 7.0g: 1 piece

Measure 3 = 10.0g: 1 rusk

**Calories Factors: Protein** 4 **Fat** 8.4 **Carbohydrate** 4.1

**Food Group:** 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 24 (2011)