NDB No. 03964
Baby food, fortified cereal bar, fruit filling

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	14.00		0	FLC	4				
Energy....kcal	344		0	NC	4				
Energy....kJ	1439		0	NC	4				
Protein....g	5.43		0	FLC	4				
Total lipid (fat)....g	5.30		0	FLC	4				
Ash....g	6.64		0	FLC	4				
Carbohydrate, by difference....g	68.63		0	FLC	4				
Fiber, total dietary....g	1.7		0	FLC	4				
Sugars, total....g	42.00		0	FLC	4				
Starch....g									
Minerals:									
Calcium, Ca....mg	1053		0	MC	9				
Iron, Fe....mg	13.16		0	MC	9				
Magnesium, Mg....mg	19		0	FLC	4				
Phosphorus, P....mg	247		0	FLC	4				
Potassium, K....mg	180		0	FLC	4				
Sodium, Na....mg	237		0	MC	9				
Zinc, Zn....mg	0.59		0	FLC	4				
Copper, Cu....mg	0.082		0	FLC	4				
Manganese, Mn....mg	0.461		0	FLC	4				
Selenium, Se....mcg	14.1		0	FLC	4				
Vitamins:									
Vitamin C, total ascorbic acid....mg	2.4		0	FLC	4				
Thiamin....mg	0.921		0	MC	9				
Riboflavin....mg	1.053		0	MC	9				
Niacin....mg	11.842		0	MC	9				
Pantothenic acid....mg	0.345		0	FLC	4				
Vitamin B-6....mg	1.105		0	MC	9				
Folate, total....mcg	65		0	FLC	4				
Folic acid....mcg	48		0	FLC	4				
Folate, food....mcg	17		0	FLC	4				
Folate, DFE....mcg_DFE	98		0	NC	4				
Choline, total....mg	13.9		0	FLC	4				
Betaine....mg	0.1		0	FLC	4				
Vitamin B-12....mcg	0.19		0	FLC	4				
Vitamin B-12, added....mcg	0.00		0	FLC	4				
Vitamin A, RAE....mcg_RAE	14		0	NC	4				
Retinol....mcg	0		0	FLC	4				
Carotene, beta....mcg	166		0	FLC	4				
Carotene, alpha....mcg	0		0	FLC	4				
Cryptoxanthin, beta....mcg	0		0	FLC	4				
Vitamin A, IU....IU	277		0	FLC	4				
Lycopene....mcg	0		0	FLC	4				
Lutein + zeaxanthin....mcg	33		0	FLC	4				
Vitamin E (alpha-tocopherol)....mg	0.90		0	FLC	4				
Vitamin E, added....mg	0.00		0	FLC	4				
Tocopherol, beta....mg	0.01		0	FLC	4				
Tocopherol, gamma....mg	1.40		0	FLC	4				
Tocopherol, delta....mg	0.05		0	FLC	4				
Vitamin D (D2 + D3)....mcg	0.0		0	AS	1				
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLC	4				
Vitamin D....IU	0		0	FLC	4				
Vitamin K (phylloquinone)....mcg	4.1		0	FLC	4				
Lipids:									
Fatty acids, total saturated....g	0.453		0	FLC	4				
4:0....g	0.001		0	FLC	4				

NDB No. 03964
Baby food, fortified cereal bar, fruit filling

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.000		0	FLC	4				
8:0....g	0.000		0	FLC	4				
10:0....g	0.001		0	FLC	4				
12:0....g	0.001		0	FLC	4				
13:0....g									
14:0....g	0.004		0	FLC	4				
15:0....g	0.000		0	FLC	4				
16:0....g	0.288		0	FLC	4				
17:0....g	0.000		0	FLC	4				
18:0....g	0.110		0	FLC	4				
20:0....g	0.031		0	FLC	4				
22:0....g	0.016		0	FLC	4				
24:0....g									
Fatty acids, total monounsaturated....g	3.107		0	FLC	4				
14:1....g	0.000		0	FLC	4				
15:1....g	0.000		0	FLC	4				
16:1 undifferentiated....g	0.012		0	FLC	4				
17:1....g	0.000		0	FLC	4				
18:1 undifferentiated....g	3.032		0	FLC	4				
20:1....g	0.063		0	FLC	4				
22:1 undifferentiated....g	0.000		0	FLC	4				
24:1 c....g									
Fatty acids, total polyunsaturated....g	1.541		0	FLC	4				
18:2 undifferentiated....g	1.083		0	FLC	4				
18:3 undifferentiated....g	0.458		0	FLC	4				
18:4....g	0.000		0	FLC	4				
20:2 n-6 c,c....g	0.000		0	FLC	4				
20:3 undifferentiated....g	0.000		0	FLC	4				
20:4 undifferentiated....g	0.000		0	FLC	4				
20:5 n-3 (EPA)....g	0.000		0	FLC	4				
22:5 n-3 (DPA)....g	0.000		0	FLC	4				
22:6 n-3 (DHA)....g	0.000		0	FLC	4				
Fatty acids, total trans....g	0.019		0	FLC	4				
Cholesterol....mg	1		0	FLC	4				
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	FLC	4				
Caffeine....mg	0		0	FLC	4				
Theobromine....mg	0		0	FLC	4				

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 42150
Babyfood, apple yogurt dessert, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	77.90		0		4		11.69	88.03	88.03
Energy....kcal	96		0	NC	4		14	108	108
Energy....kJ	400		0	NC	4		60	452	452
Protein....g	0.80		0		5		0.12	0.90	0.90
Total lipid (fat)....g	1.60		0		5		0.24	1.81	1.81
Ash....g	0.20		0	O	4		0.03	0.23	0.23
Carbohydrate, by difference....g	19.50		0		9		2.93	22.04	22.04
Fiber, total dietary....g	0.5		0		4		0.1	0.6	0.6
Sugars, total....g	12.02		0	NR	4		1.80	13.58	13.58
Starch....g									
Minerals:									
Calcium, Ca....mg	6		0		5		1	7	7
Iron, Fe....mg	0.00		0		5		0.00	0.00	0.00
Magnesium, Mg....mg	15		0		4		2	17	17
Phosphorus, P....mg	31		0		4		5	35	35
Potassium, K....mg	70		0		5		11	79	79
Sodium, Na....mg	20		0		5		3	23	23
Zinc, Zn....mg	0.28		0		4		0.04	0.32	0.32
Copper, Cu....mg	0.050		0		4		0.008	0.057	0.057
Manganese, Mn....mg									
Selenium, Se....mcg	0.7		0	FLM	4		0.1	0.8	0.8
Vitamins:									
Vitamin C, total ascorbic acid....mg	35.1		0		5		5.3	39.7	39.7
Thiamin....mg	1.560		0		5		0.234	1.763	1.763
Riboflavin....mg	0.050		0		5		0.008	0.057	0.057
Niacin....mg	0.000		0		5		0.000	0.000	0.000
Pantothenic acid....mg									
Vitamin B-6....mg	0.020		0		4		0.003	0.023	0.023
Folate, total....mcg	9		0		4		1	10	10
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	9		0		4		1	10	10
Folate, DFE....mcg_DFE	9		0	NC	4		1	10	10
Choline, total....mg	5.4		0	FLM	4		0.8	6.1	6.1
Betaine....mg									
Vitamin B-12....mcg	0.50		0		4		0.08	0.57	0.57
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	3		0	NC	4		0	4	4
Retinol....mcg	2		0	FLA	4		0	3	3
Carotene, beta....mcg	7		0	FLA	4		1	8	8
Carotene, alpha....mcg	0		0	FLA	4		0	0	0
Cryptoxanthin, beta....mcg	5		0	FLA	4		1	6	6
Vitamin A, IU....IU	24		0	NC	4		4	27	27
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	7		0	FLA	4		1	8	8
Vitamin E (alpha-tocopherol)....mg	0.02		0	FLA	4		0.00	0.02	0.02
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	AS	1		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D....IU	0		0	FLA	4		0	0	0
Vitamin K (phylloquinone)....mcg	0.2		0	FLA	4		0.0	0.3	0.3
Lipids:									
Fatty acids, total saturated....g	1.034		0		4		0.155	1.168	1.168
4:0....g	0.049		0		4		0.007	0.055	0.055

NDB No. 42150
Babyfood, apple yogurt dessert, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.035		0		4		0.005	0.040	0.040
8:0 ... g	0.020		0		4		0.003	0.023	0.023
10:0 ... g	0.044		0		4		0.007	0.050	0.050
12:0 ... g	0.054		0		4		0.008	0.061	0.061
13:0 ... g									
14:0 ... g	0.167		0		4		0.025	0.189	0.189
15:0 ... g									
16:0 ... g	0.438		0		4		0.066	0.495	0.495
17:0 ... g									
18:0 ... g	0.158		0		4		0.024	0.179	0.179
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.438		0		4		0.066	0.495	0.495
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.035		0		4		0.005	0.040	0.040
17:1 ... g									
18:1 undifferentiated ... g	0.364		0		4		0.055	0.411	0.411
20:1 ... g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated ... g	0.000		0		4		0.000	0.000	0.000
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.044		0		4		0.007	0.050	0.050
18:2 undifferentiated ... g	0.030		0		4		0.005	0.034	0.034
18:3 undifferentiated ... g	0.015		0		4		0.002	0.017	0.017
18:4 ... g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) ... g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) ... g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) ... g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans ... g									
Cholesterol ... mg	6		0		4		1	7	7
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	0.0
Caffeine ... mg	0		0	FLA	4		0	0	0
Theobromine ... mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03167
Babyfood, apple-banana juice

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.10		0	MA	12		27.18	114.10	108.88
Energy....kcal	51		0	NC	4		16	67	64
Energy....kJ	213		0	NC	4		66	279	266
Protein....g	0.20		0	MA	12		0.06	0.26	0.25
Total lipid (fat)....g	0.10		0	MA	12		0.03	0.13	0.13
Ash....g	0.26		0	MA	12		0.08	0.34	0.33
Carbohydrate, by difference....g	12.30		0	MC	9		3.84	16.11	15.38
Fiber, total dietary....g	0.2		0	MA	12		0.1	0.3	0.3
Sugars, total....g	11.00		0	FLA	4		3.43	14.40	13.74
Starch....g									
Minerals:									
Calcium, Ca....mg	7		0	MA	12		2	9	9
Iron, Fe....mg	0.20		0	MA	12		0.06	0.26	0.25
Magnesium, Mg....mg	6		0	MA	12		2	8	8
Phosphorus, P....mg	8		0	MA	12		2	10	10
Potassium, K....mg	123		0	MA	12		38	161	154
Sodium, Na....mg	4		0	MA	12		1	5	5
Zinc, Zn....mg	0.04		0	MA	12		0.01	0.05	0.05
Copper, Cu....mg	0.020		0	MA	12		0.006	0.026	0.025
Manganese, Mn....mg	0.080		0	MA	12		0.025	0.105	0.100
Selenium, Se....mcg	0.3		0	FLM	4		0.1	0.4	0.4
Vitamins:									
Vitamin C, total ascorbic acid....mg	27.9		0	MA	12		8.7	36.5	34.9
Thiamin....mg	0.010		0	MA	12		0.003	0.013	0.013
Riboflavin....mg	0.010		0	MA	12		0.003	0.013	0.013
Niacin....mg	0.140		0	MA	12		0.044	0.183	0.175
Pantothenic acid....mg	0.125		0	BFSN	4		0.039	0.164	0.156
Vitamin B-6....mg	0.060		0	MA	12		0.019	0.079	0.075
Folate, total....mcg	1		0	BFFN	4		0	1	1
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	1		0	BFFN	4		0	1	1
Folate, DFE....mcg_DFE	1		0	NC	4		0	1	1
Choline, total....mg	2.3		0	FLA	4		0.7	3.1	2.9
Betaine....mg									
Vitamin B-12....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0	1	1
Retinol....mcg	0		0	BNA	4		0	0	0
Carotene, beta....mcg	4		0	BNA	4		1	5	5
Carotene, alpha....mcg	3		0	BNA	4		1	5	4
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	0
Vitamin A, IU....IU	9		0	MA	12		3	12	11
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	16		0	FLA	4		5	22	21
Vitamin E (alpha-tocopherol)....mg	0.02		0	FLA	4		0.00	0.02	0.02
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Lipids:									
Fatty acids, total saturated....g	0.018		0	BFFN	4		0.006	0.024	0.023
4:0....g	0.000		0	BFFN	4		0.000	0.000	0.000

NDB No. 03167
Babyfood, apple-banana juice

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0	BFFN	4		0.000	0.000	0.000
8:0 g	0.000		0	BFFN	4		0.000	0.000	0.000
10:0 g	0.000		0	BFFN	4		0.000	0.000	0.000
12:0 g	0.000		0	BFFN	4		0.000	0.000	0.000
13:0 g									
14:0 g	0.001		0	BFFN	4		0.000	0.001	0.001
15:0 g									
16:0 g	0.015		0	BFFN	4		0.005	0.020	0.019
17:0 g									
18:0 g	0.002		0	BFFN	4		0.001	0.003	0.003
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.004		0	BFFN	4		0.001	0.005	0.005
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0	BFFN	4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.004		0	BFFN	4		0.001	0.005	0.005
20:1 g	0.000		0	BFFN	4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0	BFFN	4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.034		0	BFFN	4		0.011	0.045	0.043
18:2 undifferentiated g	0.028		0	BFFN	4		0.009	0.037	0.035
18:3 undifferentiated g	0.006		0	BFFN	4		0.002	0.008	0.008
18:4 g	0.000		0	BFFN	4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0	BFFN	4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0	BFFN	4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0	BFFN	4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0	BFFN	4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0	MA	12		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 131g: 1 bottle Earth's Best (4.2 fl oz)

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03169
Babyfood, apple-cranberry juice

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.30		0	MA	12		27.55		
Energy....kcal	46		0	NC	4		14		
Energy....kJ	193		0	NC	4		60		
Protein....g	0.00		0	MA	12		0.00		
Total lipid (fat)....g	0.02		0	MA	12		0.01		
Ash....g	0.19		0	MA	12		0.06		
Carbohydrate, by difference....g	11.49		0	NC	4		3.58		
Fiber, total dietary....g	0.0		0	MA	12		0.0		
Sugars, total....g	6.88		0	FLA	4		2.15		
Starch....g									
Minerals:									
Calcium, Ca....mg	6		0	MA	12		2		
Iron, Fe....mg	0.22		0	MA	12		0.07		
Magnesium, Mg....mg	3		0	MA	12		1		
Phosphorus, P....mg	7		0	MA	12		2		
Potassium, K....mg	97		0	MA	12		30		
Sodium, Na....mg	5		0	MA	12		2		
Zinc, Zn....mg	0.05		0	LC	8		0.02		
Copper, Cu....mg	0.010		0	MA	12		0.003		
Manganese, Mn....mg	0.160		0	MA	12		0.050		
Selenium, Se....mcg	0.1		0	BFZN	4		0.0		
Vitamins:									
Vitamin C, total ascorbic acid....mg	27.9		0	MA	12		8.7		
Thiamin....mg	0.000		0	MA	12		0.000		
Riboflavin....mg	0.020		0	MA	12		0.006		
Niacin....mg	0.070		0	MA	12		0.022		
Pantothenic acid....mg									
Vitamin B-6....mg	0.030		0	MA	12		0.009		
Folate, total....mcg	0		0	FLM	4		0		
Folic acid....mcg	0		0	Z	7		0		
Folate, food....mcg	0		0	FLM	4		0		
Folate, DFE....mcg_DFE	0		0	NC	4		0		
Choline, total....mg	3.4		0	FLA	4		1.0		
Betaine....mg									
Vitamin B-12....mcg	0.00		0	FLM	4		0.00		
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0		
Retinol....mcg	0		0	FLA	4		0		
Carotene, beta....mcg	17		0	FLA	4		5		
Carotene, alpha....mcg	0		0	FLA	4		0		
Cryptoxanthin, beta....mcg	0		0	FLA	4		0		
Vitamin A, IU....IU	28		0	NC	4		9		
Lycopene....mcg	0		0	FLA	4		0		
Lutein + zeaxanthin....mcg	49		0	FLA	4		15		
Vitamin E (alpha-tocopherol)....mg	0.56		0	FLA	4		0.17		
Vitamin E, added....mg	0.00		0	Z	7		0.00		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0		
Vitamin K (phylloquinone)....mcg	2.4		0	FLA	4		0.7		
Lipids:									
Fatty acids, total saturated....g	0.007		0	FLM	4		0.002		
4:0....g	0.000		0	FLM	4		0.000		

NDB No. 03169
Babyfood, apple-cranberry juice

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0	FLM	4		0.000		
8:0 ... g	0.000		0	FLM	4		0.000		
10:0 ... g	0.000		0	FLM	4		0.000		
12:0 ... g	0.000		0	FLM	4		0.000		
13:0 ... g									
14:0 ... g	0.000		0	FLM	4		0.000		
15:0 ... g									
16:0 ... g	0.006		0	FLM	4		0.002		
17:0 ... g									
18:0 ... g	0.001		0	FLM	4		0.000		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.001		0	FLM	4		0.000		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0	FLM	4		0.000		
17:1 ... g									
18:1 undifferentiated ... g	0.001		0	FLM	4		0.000		
20:1 ... g	0.000		0	FLM	4		0.000		
22:1 undifferentiated ... g	0.000		0	FLM	4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.012		0	FLM	4		0.004		
18:2 undifferentiated ... g	0.010		0	FLM	4		0.003		
18:3 undifferentiated ... g	0.002		0	FLM	4		0.001		
18:4 ... g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	FLM	4		0.000		
20:5 n-3 (EPA) ... g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA) ... g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA) ... g	0.000		0	FLM	4		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	Z	7		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	FLA	4		0		
Theobromine ... mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03289
Babyfood, apples with ham, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	85.30		0	MA	12		12.80	96.39	96.39
Energy	kcal	62		0	MC	9		9	70	70
Energy	kJ	259		0		9		39	293	293
Protein	g	2.60		0	MA	12		0.39	2.94	2.94
Total lipid (fat)	g	0.90		0	MA	12		0.14	1.02	1.02
Ash	g	0.30		0	MA	12		0.05	0.34	0.34
Carbohydrate, by difference	g	10.90		0	MC	9		1.64	12.32	12.32
Fiber, total dietary	g	1.8		0	MA	12		0.3	2.0	2.0
Sugars, total	g	7.98		0	FLA	4		1.20	9.01	9.01
Starch	g									
Minerals:										
Calcium, Ca	mg	4		0	MA	12		1	5	5
Iron, Fe	mg	0.30		0	MA	12		0.05	0.34	0.34
Magnesium, Mg	mg	7		0	MA	12		1	8	8
Phosphorus, P	mg	34		0	MA	12		5	38	38
Potassium, K	mg	120		0	MA	12		18	136	136
Sodium, Na	mg	9		0	MA	12		1	10	10
Zinc, Zn	mg	0.40		0	MA	12		0.06	0.45	0.45
Copper, Cu	mg	0.040		0	MA	12		0.006	0.045	0.045
Manganese, Mn	mg	0.020		0	MA	12		0.003	0.023	0.023
Selenium, Se	mcg	4.6		0	FLM	4		0.7	5.2	5.2
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.1		0	MA	12		0.0	0.1	0.1
Thiamin	mg	0.060		0	MA	12		0.009	0.068	0.068
Riboflavin	mg	0.060		0	MA	12		0.009	0.068	0.068
Niacin	mg	0.730		0	MA	12		0.110	0.825	0.825
Pantothenic acid	mg	0.097		0	FLM	4		0.015	0.110	0.110
Vitamin B-6	mg	0.070		0	MA	12		0.011	0.079	0.079
Folate, total	mcg	2		0	FLM	4		0	2	2
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	2		0	FLM	4		0	2	2
Folate, DFE	mcg_DFE	2		0	NC	4		0	2	2
Choline, total	mg	11.8		0	FLA	4		1.8	13.4	13.4
Betaine	mg									
Vitamin B-12	mcg	0.02		0	FLM	4		0.00	0.02	0.02
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	0		0	NC	4		0	0	0
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	3		0	BNA	4		0	3	3
Carotene, alpha	mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta	mcg	2		0	BNA	4		0	2	2
Vitamin A, IU	IU	6		0	MA	12		1	7	7
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	14		0	FLA	4		2	16	16
Vitamin E (alpha-tocopherol)	mg	0.07		0	FLA	4		0.01	0.07	0.07
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.1		0	FLA	4		0.0	0.1	0.1
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	3		0	FLA	4		0	3	3
Vitamin K (phylloquinone)	mcg	0.5		0	FLA	4		0.1	0.5	0.5
Lipids:										
Fatty acids, total saturated	g	0.250		0	FLM	4		0.038	0.283	0.283
4:0	g	0.000		0	FLM	4		0.000	0.000	0.000

NDB No. 03289
Babyfood, apples with ham, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0	FLM	4		0.000	0.000	0.000
8:0 g	0.000		0	FLM	4		0.000	0.000	0.000
10:0 g	0.002		0	FLM	4		0.000	0.002	0.002
12:0 g	0.001		0	FLM	4		0.000	0.001	0.001
13:0 g									
14:0 g	0.012		0	MA	12		0.002	0.014	0.014
15:0 g									
16:0 g	0.162		0	FLM	4		0.024	0.183	0.183
17:0 g									
18:0 g	0.079		0	FLM	4		0.012	0.089	0.089
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.360		0	FLM	4		0.054	0.407	0.407
14:1 g									
15:1 g									
16:1 undifferentiated g	0.028		0	MA	12		0.004	0.032	0.032
17:1 g									
18:1 undifferentiated g	0.346		0	MA	12		0.052	0.391	0.391
20:1 g	0.004		0	FLM	4		0.001	0.005	0.005
22:1 undifferentiated g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.111		0	FLM	4		0.017	0.125	0.125
18:2 undifferentiated g	0.100		0	MA	12		0.015	0.113	0.113
18:3 undifferentiated g	0.006		0	MA	12		0.001	0.007	0.007
18:4 g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.005		0	FLM	4		0.001	0.006	0.006
20:5 n-3 (EPA) g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	8		0	MA	12		1	9	9
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03115
Babyfood, apples, dices, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.50		0	MA	12		24.81		
Energy....kcal	51		0	MC	9		14		
Energy....kJ	213		0		9		60		
Protein....g	0.20		0	MA	12		0.06		
Total lipid (fat)....g	0.10		0	MA	12		0.03		
Ash....g	0.13		0	MA	12		0.04		
Carbohydrate, by difference....g	12.10		0	MC	9		3.43		
Fiber, total dietary....g	0.9		0	MA	12		0.3		
Sugars, total....g	10.83		0	BFSN	4		3.07		
Starch....g									
Minerals:									
Calcium, Ca....mg	10		0	MA	12		3		
Iron, Fe....mg	0.20		0	MA	12		0.06		
Magnesium, Mg....mg	6		0	MA	12		2		
Phosphorus, P....mg	13		0	MA	12		4		
Potassium, K....mg	50		0	MA	12		14		
Sodium, Na....mg	13		0	MA	12		4		
Zinc, Zn....mg	0.04		0	MA	12		0.01		
Copper, Cu....mg	0.020		0	MA	12		0.006		
Manganese, Mn....mg	0.040		0	MA	12		0.011		
Selenium, Se....mcg	0.3		0	BFZN	4		0.1		
Vitamins:									
Vitamin C, total ascorbic acid....mg	31.3		0	MA	12		8.9		
Thiamin....mg	0.010		0	MA	12		0.003		
Riboflavin....mg	0.020		0	MA	12		0.006		
Niacin....mg	0.080		0	MA	12		0.023		
Pantothenic acid....mg	0.039		0	FLM	4		0.011		
Vitamin B-6....mg	0.050		0	MA	12		0.014		
Folate, total....mcg	1		0	FLM	4		0		
Folic acid....mcg	0		0	Z	7		0		
Folate, food....mcg	1		0	FLM	4		0		
Folate, DFE....mcg_DFE	1		0	NC	4		0		
Choline, total....mg	3.4		0	FLA	4		1.0		
Betaine....mg									
Vitamin B-12....mcg	0.00		0	Z	7		0.00		
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE....mcg_RAE	2		0	NC	4		0		
Retinol....mcg	0		0	Z	7		0		
Carotene, beta....mcg	14		0	BFSN	4		4		
Carotene, alpha....mcg	0		0	BFSN	4		0		
Cryptoxanthin, beta....mcg	10		0	BFSN	4		3		
Vitamin A, IU....IU	31		0	NC	4		9		
Lycopene....mcg	0		0	BFSN	4		0		
Lutein + zeaxanthin....mcg	19		0	BFSN	4		5		
Vitamin E (alpha-tocopherol)....mg	0.23		0	BFSN	4		0.06		
Vitamin E, added....mg	0.00		0	Z	7		0.00		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0		
Vitamin K (phylloquinone)....mcg	0.6		0	BFSN	4		0.2		
Lipids:									
Fatty acids, total saturated....g	0.020		0	FLM	4		0.006		
4:0....g	0.000		0	FLM	4		0.000		

NDB No. 03115
Babyfood, apples, dices, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0	FLM	4		0.000		
8:0 ... g	0.000		0	FLM	4		0.000		
10:0 ... g	0.000		0	FLM	4		0.000		
12:0 ... g	0.000		0	FLM	4		0.000		
13:0 ... g									
14:0 ... g	0.001		0	FLM	4		0.000		
15:0 ... g									
16:0 ... g	0.014		0	FLM	4		0.004		
17:0 ... g									
18:0 ... g	0.003		0	FLM	4		0.001		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.004		0	FLM	4		0.001		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0	FLM	4		0.000		
17:1 ... g									
18:1 undifferentiated ... g	0.004		0	FLM	4		0.001		
20:1 ... g	0.000		0	FLM	4		0.000		
22:1 undifferentiated ... g	0.000		0	FLM	4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.030		0	FLM	4		0.009		
18:2 undifferentiated ... g	0.025		0	FLM	4		0.007		
18:3 undifferentiated ... g	0.005		0	FLM	4		0.001		
18:4 ... g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	FLM	4		0.000		
20:5 n-3 (EPA) ... g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA) ... g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA) ... g	0.000		0	FLM	4		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	MA	12		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	BFSN	4		0		
Theobromine ... mg	0		0	BFSN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 42284
Babyfood, baked product, finger snacks cereal

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	3.70		0	MA	12		0.06		
Energy	kcal	421		0	NC	4		7		
Energy	kJ	1763		0	NC	4		30		
Protein	g	6.40		0	MA	12		0.11		
Total lipid (fat)	g	9.90		0	MA	12		0.17		
Ash	g	3.32		0	MA	12		0.06		
Carbohydrate, by difference	g	76.68		0	NC	4		1.30		
Fiber, total dietary	g	2.3		0	MA	12		0.0		
Sugars, total	g	28.00		0	MA	12		0.48		
Starch	g									
Minerals:										
Calcium, Ca	mg	400		0	MA	12		7		
Iron, Fe	mg	22.50		0	MA	12		0.38		
Magnesium, Mg	mg	27		0	MA	12		0		
Phosphorus, P	mg	709		0	MA	12		12		
Potassium, K	mg	114		0	MA	12		2		
Sodium, Na	mg	324		0	MA	12		6		
Zinc, Zn	mg	4.00		0	MA	12		0.07		
Copper, Cu	mg	0.220		0	MA	12		0.004		
Manganese, Mn	mg									
Selenium, Se	mcg	37.5		0	BFZN	4		0.6		
Vitamins:										
Vitamin C, total ascorbic acid	mg	10.0		0		4		0.2		
Thiamin	mg	1.400		0	MA	12		0.024		
Riboflavin	mg	1.600		0	MA	12		0.027		
Niacin	mg	11.250		0	MA	12		0.191		
Pantothenic acid	mg									
Vitamin B-6	mg	0.050		0	MA	12		0.001		
Folate, total	mcg	114		0	O	4		2		
Folic acid	mcg	95		0	O	4		2		
Folate, food	mcg	18		0	O	4		0		
Folate, DFE	mcg_DFE	180		0	NC	4		3		
Choline, total	mg	22.9		0	FLM	4		0.4		
Betaine	mg									
Vitamin B-12	mcg	0.00		0		7		0.00		
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE	mcg_RAE	0		0	NC	4		0		
Retinol	mcg	0		0	Z	7		0		
Carotene, beta	mcg	0		0	FLA	4		0		
Carotene, alpha	mcg	0		0	FLA	4		0		
Cryptoxanthin, beta	mcg	0		0	FLA	4		0		
Vitamin A, IU	IU	0		0	NC	4		0		
Lycopene	mcg	0		0	FLA	4		0		
Lutein + zeaxanthin	mcg	11		0	FLA	4		0		
Vitamin E (alpha-tocopherol)	mg	3.90		0	BNA	4		0.07		
Vitamin E, added	mg	0.00		0	Z	7		0.00		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0		
Vitamin K (phylloquinone)	mcg	15.0		0	FLA	4		0.3		
Lipids:										
Fatty acids, total saturated	g	1.646		0	NC	4		0.028		
4:0	g	0.000		0		4		0.000		

NDB No. 42284
Babyfood, baked product, finger snacks cereal

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		4		0.000		
8:0 ... g	0.000		0		4		0.000		
10:0 ... g	0.000		0		4		0.000		
12:0 ... g	0.041		0		4		0.001		
13:0 ... g									
14:0 ... g	0.020		0		4		0.000		
15:0 ... g									
16:0 ... g	1.484		0		4		0.025		
17:0 ... g									
18:0 ... g	0.102		0		4		0.002		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	3.130		0	NC	4		0.053		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.020		0		4		0.000		
17:1 ... g									
18:1 undifferentiated ... g	3.110		0		4		0.053		
20:1 ... g	0.000		0		4		0.000		
22:1 undifferentiated ... g	0.000		0		4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	3.638		0	NC	4		0.062		
18:2 undifferentiated ... g	3.476		0		4		0.059		
18:3 undifferentiated ... g	0.163		0		4		0.003		
18:4 ... g	0.000		0		4		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		4		0.000		
20:5 n-3 (EPA) ... g	0.000		0		4		0.000		
22:5 n-3 (DPA) ... g	0.000		0		4		0.000		
22:6 n-3 (DHA) ... g	0.000		0		4		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0		7		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0		
Caffeine ... mg	0		0	FLA	4		0		
Theobromine ... mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 1.7g: 1 cookie

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43550
Babyfood, banana apple dessert, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	83.10		0		1		12.47	93.90	93.90
Energy....kcal	68		0	NC	4		10	77	77
Energy....kJ	285		0	NC	4		43	322	322
Protein....g	0.30		0		1		0.05	0.34	0.34
Total lipid (fat)....g	0.20		0		1		0.03	0.23	0.23
Ash....g	0.29		0	FLA	4		0.04	0.33	0.33
Carbohydrate, by difference....g	16.30		0	NC	4		2.45	18.42	18.42
Fiber, total dietary....g	1.0		0		1		0.2	1.1	1.1
Sugars, total....g	14.66		0	FLA	4		2.20	16.57	16.57
Starch....g									
Minerals:									
Calcium, Ca....mg	3		0		1		0	3	3
Iron, Fe....mg	0.10		0		1		0.02	0.11	0.11
Magnesium, Mg....mg	8		0		4		1	9	9
Phosphorus, P....mg	9		0		1		1	10	10
Potassium, K....mg	71		0		1		11	80	80
Sodium, Na....mg	7		0		1		1	8	8
Zinc, Zn....mg	0.05		0		4		0.01	0.06	0.06
Copper, Cu....mg	0.030		0		4		0.005	0.034	0.034
Manganese, Mn....mg									
Selenium, Se....mcg	0.6		0	BFZN	4		0.1	0.7	0.7
Vitamins:									
Vitamin C, total ascorbic acid....mg	12.3		0		1		1.8	13.9	13.9
Thiamin....mg	0.020		0		1		0.003	0.023	0.023
Riboflavin....mg	0.020		0		1		0.003	0.023	0.023
Niacin....mg	0.130		0		1		0.020	0.147	0.147
Pantothenic acid....mg									
Vitamin B-6....mg	0.060		0		1		0.009	0.068	0.068
Folate, total....mcg	4		0		4		1	5	5
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	4		0		4		1	5	5
Folate, DFE....mcg_DFE	4		0	NC	4		1	5	5
Choline, total....mg	2.1		0	FLA	4		0.3	2.4	2.4
Betaine....mg									
Vitamin B-12....mcg	0.00		0		7		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	2		0	NC	4		0	2	2
Retinol....mcg	0		0	FLA	4		0	0	0
Carotene, beta....mcg	12		0	BNA	4		2	14	14
Carotene, alpha....mcg	8		0	BNA	4		1	9	9
Cryptoxanthin, beta....mcg	3		0	BNA	4		0	3	3
Vitamin A, IU....IU	30		0	NC	4		5	34	34
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	10		0	FLA	4		2	12	12
Vitamin E (alpha-tocopherol)....mg	0.02		0	FLA	4		0.00	0.02	0.02
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.1		0	FLA	4		0.0	0.1	0.1
Lipids:									
Fatty acids, total saturated....g	0.058		0		4		0.009	0.066	0.066
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 43550
Babyfood, banana apple dessert, strained

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.001		0		4		0.000	0.001	0.001
13:0 g									
14:0 g	0.001		0		4		0.000	0.001	0.001
15:0 g									
16:0 g	0.042		0		4		0.006	0.047	0.047
17:0 g									
18:0 g	0.003		0		4		0.000	0.003	0.003
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.018		0		4		0.003	0.020	0.020
14:1 g									
15:1 g									
16:1 undifferentiated g	0.003		0		4		0.000	0.003	0.003
17:1 g									
18:1 undifferentiated g	0.015		0		4		0.002	0.017	0.017
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.047		0		4		0.007	0.053	0.053
18:2 undifferentiated g	0.035		0		4		0.005	0.040	0.040
18:3 undifferentiated g	0.012		0		4		0.002	0.014	0.014
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 42119
Babyfood, banana juice with low fat yogurt

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	78.50		0		5		24.73	98.91	
Energy	kcal	89		0		4		28	112	
Energy	kJ	372		0		4		117	469	
Protein	g	2.50		0		5		0.79	3.15	
Total lipid (fat)	g	0.80		0		5		0.25	1.01	
Ash	g	0.66		0	T	4		0.21	0.83	
Carbohydrate, by difference	g	17.54		0	NC	4		5.53	22.10	
Fiber, total dietary	g	0.4		0		4		0.1	0.5	
Sugars, total	g	13.28		0	FLA	4		4.18	16.73	
Starch	g									
Minerals:										
Calcium, Ca	mg	79		0		5		25	100	
Iron, Fe	mg	0.20		0		5		0.06	0.25	
Magnesium, Mg	mg	10		0		4		3	13	
Phosphorus, P	mg	65		0		5		20	82	
Potassium, K	mg	160		0		5		50	202	
Sodium, Na	mg	37		0		5		12	47	
Zinc, Zn	mg	0.14		0		4		0.04	0.18	
Copper, Cu	mg	0.030		0		4		0.009	0.038	
Manganese, Mn	mg									
Selenium, Se	mcg	1.6		0	FLM	4		0.5	2.0	
Vitamins:										
Vitamin C, total ascorbic acid	mg	33.9		0		5		10.7	42.7	
Thiamin	mg	0.030		0		5		0.009	0.038	
Riboflavin	mg	0.100		0		5		0.032	0.126	
Niacin	mg	0.270		0		5		0.085	0.340	
Pantothenic acid	mg									
Vitamin B-6	mg	0.120		0		5		0.038	0.151	
Folate, total	mcg	6		0		4		2	8	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	6		0		4		2	8	
Folate, DFE	mcg_DFE	6		0	NC	4		2	8	
Choline, total	mg	11.4		0	FLM	4		3.6	14.3	
Betaine	mg									
Vitamin B-12	mcg	0.43		0		4		0.14	0.54	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	6		0	NC	4		2	7	
Retinol	mcg	5		0	BNA	4		2	6	
Carotene, beta	mcg	5		0	BNA	4		2	6	
Carotene, alpha	mcg	3		0	BNA	4		1	4	
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	
Vitamin A, IU	IU	28		0	NC	4		9	35	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	16		0	FLA	4		5	20	
Vitamin E (alpha-tocopherol)	mg	0.05		0	NR	4		0.02	0.06	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	FLA	4		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	FLA	4		0.0	0.0	
Vitamin D	IU	1		0	FLA	4		0	1	
Vitamin K (phylloquinone)	mcg	0.4		0	FLA	4		0.1	0.4	
Lipids:										
Fatty acids, total saturated	g	0.517		0		4		0.163	0.651	
4:0	g	0.025		0		4		0.008	0.032	

NDB No. 42119
Babyfood, banana juice with low fat yogurt

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.017		0		4		0.005	0.021	
8:0 g	0.010		0		4		0.003	0.013	
10:0 g	0.022		0		4		0.007	0.028	
12:0 g	0.027		0		4		0.009	0.034	
13:0 g									
14:0 g	0.084		0		4		0.026	0.106	
15:0 g									
16:0 g	0.219		0		4		0.069	0.276	
17:0 g									
18:0 g	0.079		0		4		0.025	0.100	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.219		0		4		0.069	0.276	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.017		0		4		0.005	0.021	
17:1 g									
18:1 undifferentiated g	0.182		0		4		0.057	0.229	
20:1 g	0.000		0		4		0.000	0.000	
22:1 undifferentiated g	0.000		0		4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.022		0		4		0.007	0.028	
18:2 undifferentiated g	0.015		0		4		0.005	0.019	
18:3 undifferentiated g	0.007		0		4		0.002	0.009	
18:4 g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	3		0		4		1	4	
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	
Theobromine mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.5g: 1 fl oz

Measure 2 = 126g: 1 bottle NFS

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43546
Babyfood, banana no tapioca, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	76.70		0		5		11.51	86.67	54.46
Energy....kcal	91		0	NC	4		14	103	65
Energy....kJ	381		0	NC	4		57	431	271
Protein....g	1.00		0		5		0.15	1.13	0.71
Total lipid (fat)....g	0.20		0		5		0.03	0.23	0.14
Ash....g	0.76		0	BFSN	4		0.11	0.86	0.54
Carbohydrate, by difference....g	21.34		0	NC	4		3.20	24.11	15.15
Fiber, total dietary....g	1.6		0		4		0.2	1.8	1.1
Sugars, total....g	11.36		0	BFSN	4		1.70	12.84	8.07
Starch....g									
Minerals:									
Calcium, Ca....mg	4		0		5		1	5	3
Iron, Fe....mg	0.30		0		5		0.05	0.34	0.21
Magnesium, Mg....mg	26		0		4		4	29	18
Phosphorus, P....mg	20		0		5		3	23	14
Potassium, K....mg	290		0		5		44	328	206
Sodium, Na....mg	3		0		5		0	3	2
Zinc, Zn....mg	0.05		0		5		0.01	0.06	0.04
Copper, Cu....mg	0.040		0		5		0.006	0.045	0.028
Manganese, Mn....mg									
Selenium, Se....mcg	1.1		0	BFFN	4		0.2	1.2	0.8
Vitamins:									
Vitamin C, total ascorbic acid....mg	21.9		0		5		3.3	24.7	15.5
Thiamin....mg	0.020		0		5		0.003	0.023	0.014
Riboflavin....mg	0.060		0		5		0.009	0.068	0.043
Niacin....mg	0.540		0		5		0.081	0.610	0.383
Pantothenic acid....mg									
Vitamin B-6....mg	0.260		0		5		0.039	0.294	0.185
Folate, total....mcg	17		0		4		3	19	12
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	17		0		4		3	19	12
Folate, DFE....mcg_DFE	17		0	NC	4		3	19	12
Choline, total....mg	4.1		0	FLA	4		0.6	4.6	2.9
Betaine....mg									
Vitamin B-12....mcg	0.00		0		7		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0	0	0
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	2		0	BNA	4		0	2	1
Carotene, alpha....mcg	2		0	BNA	4		0	2	1
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	0
Vitamin A, IU....IU	5		0	NC	4		1	6	4
Lycopene....mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin....mcg	20		0	BFSN	4		3	23	14
Vitamin E (alpha-tocopherol)....mg	0.25		0	NR	4		0.04	0.28	0.17
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.5		0	BFSN	4		0.1	0.6	0.3
Lipids:									
Fatty acids, total saturated....g	0.072		0		4		0.011	0.081	0.051
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 43546
Babyfood, banana no tapioca, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		4		0.000	0.000	0.000
8:0 ... g	0.000		0		4		0.000	0.000	0.000
10:0 ... g	0.000		0		4		0.000	0.000	0.000
12:0 ... g	0.001		0		4		0.000	0.001	0.001
13:0 ... g									
14:0 ... g	0.001		0		4		0.000	0.001	0.001
15:0 ... g									
16:0 ... g	0.051		0		4		0.008	0.058	0.036
17:0 ... g									
18:0 ... g	0.003		0		4		0.000	0.003	0.002
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.028		0		4		0.004	0.032	0.020
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.004		0		4		0.001	0.005	0.003
17:1 ... g									
18:1 undifferentiated ... g	0.023		0		4		0.003	0.026	0.016
20:1 ... g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated ... g	0.000		0		4		0.000	0.000	0.000
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.041		0		4		0.006	0.046	0.029
18:2 undifferentiated ... g	0.028		0		4		0.004	0.032	0.020
18:3 undifferentiated ... g	0.013		0		4		0.002	0.015	0.009
18:4 ... g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) ... g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) ... g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) ... g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0		7		0	0	0
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	0.0
Caffeine ... mg	0		0	Z	7		0	0	0
Theobromine ... mg	0		0	Z	7		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 71g: 1 jar Beech-Nut Baby's First (2.5 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03290
Babyfood, carrots and beef, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.30		0	MA	12		13.10	98.65	98.65
Energy....kcal	59		0	MC	9		9	67	67
Energy....kJ	247		0		9		37	279	279
Protein....g	3.40		0	MA	12		0.51	3.84	3.84
Total lipid (fat)....g	2.50		0	MA	12		0.38	2.83	2.83
Ash....g	0.70		0	MA	12		0.11	0.79	0.79
Carbohydrate, by difference....g	5.70		0	MC	9		0.86	6.44	6.44
Fiber, total dietary....g	2.6		0	MA	12		0.4	2.9	2.9
Sugars, total....g	2.04		0	FLA	4		0.31	2.31	2.31
Starch....g									
Minerals:									
Calcium, Ca....mg	22		0	MA	12		3	25	25
Iron, Fe....mg	0.50		0	MA	12		0.08	0.57	0.57
Magnesium, Mg....mg	13		0	MA	12		2	15	15
Phosphorus, P....mg	45		0	MA	12		7	51	51
Potassium, K....mg	226		0	MA	12		34	255	255
Sodium, Na....mg	58		0	MA	12		9	66	66
Zinc, Zn....mg	0.80		0	MA	12		0.12	0.90	0.90
Copper, Cu....mg	0.054		0	MA	12		0.008	0.061	0.061
Manganese, Mn....mg	0.140		0	MA	12		0.021	0.158	0.158
Selenium, Se....mcg	2.8		0	FLM	4		0.4	3.2	3.2
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.8		0	MA	12		0.1	0.9	0.9
Thiamin....mg	0.020		0	MA	12		0.003	0.023	0.023
Riboflavin....mg	0.060		0	MA	12		0.009	0.068	0.068
Niacin....mg	0.930		0	MA	12		0.140	1.051	1.051
Pantothenic acid....mg									
Vitamin B-6....mg	0.100		0	MA	12		0.015	0.113	0.113
Folate, total....mcg	17		0	FLM	4		3	19	19
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	17		0	FLM	4		3	19	19
Folate, DFE....mcg_DFE	17		0	NC	4		3	19	19
Choline, total....mg	15.9		0	FLA	4		2.4	18.0	18.0
Betaine....mg									
Vitamin B-12....mcg	0.30		0	FLM	4		0.05	0.34	0.34
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	723		0	NC	4		108	817	817
Retinol....mcg	0		0	BNA	4		0	0	0
Carotene, beta....mcg	6813		0	BNA	4		1022	7699	7699
Carotene, alpha....mcg	3716		0	BNA	4		557	4199	4199
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	0
Vitamin A, IU....IU	14452		0	MA	12		2168	16331	16331
Lycopene....mcg	1		0	FLA	4		0	1	1
Lutein + zeaxanthin....mcg	139		0	FLA	4		21	157	157
Vitamin E (alpha-tocopherol)....mg	0.65		0	NR	4		0.10	0.73	0.73
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D....IU	1		0	FLA	4		0	1	1
Vitamin K (phylloquinone)....mcg	7.4		0	FLA	4		1.1	8.4	8.4
Lipids:									
Fatty acids, total saturated....g	0.960		0	FLM	4		0.144	1.085	1.085
4:0....g	0.000		0	FLM	4		0.000	0.000	0.000

NDB No. 03290
Babyfood, carrots and beef, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0	FLM	4		0.000	0.000	0.000
8:0 ... g	0.000		0	FLM	4		0.000	0.000	0.000
10:0 ... g	0.002		0	FLM	4		0.000	0.002	0.002
12:0 ... g	0.002		0	FLM	4		0.000	0.002	0.002
13:0 ... g									
14:0 ... g	0.068		0	FLM	4		0.010	0.077	0.077
15:0 ... g									
16:0 ... g	0.546		0	FLM	4		0.082	0.617	0.617
17:0 ... g									
18:0 ... g	0.285		0	FLM	4		0.043	0.322	0.322
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.060		0	FLM	4		0.159	1.198	1.198
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.090		0	FLM	4		0.014	0.102	0.102
17:1 ... g									
18:1 undifferentiated ... g	0.923		0	FLM	4		0.138	1.043	1.043
20:1 ... g	0.002		0	FLM	4		0.000	0.002	0.002
22:1 undifferentiated ... g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.130		0	FLM	4		0.020	0.147	0.147
18:2 undifferentiated ... g	0.067		0	FLM	4		0.010	0.076	0.076
18:3 undifferentiated ... g	0.010		0	FLM	4		0.002	0.011	0.011
18:4 ... g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.009		0	FLM	4		0.001	0.010	0.010
20:5 n-3 (EPA) ... g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA) ... g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3 (DHA) ... g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans ... g									
Cholesterol ... mg	8		0	FLM	4		1	9	9
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine ... mg	0		0	FLA	4		0	0	0
Theobromine ... mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 42316
Babyfood, carrots, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	93.50		0	T	4		26.51		
Energy ... kcal	26		0	NC	4		7		
Energy ... kJ	109		0	NC	4		31		
Protein ... g	0.60		0	T	4		0.17		
Total lipid (fat) ... g	0.30		0	T	4		0.09		
Ash ... g	0.37		0	T	4		0.10		
Carbohydrate, by difference ... g	5.23		0	NC	4		1.48		
Fiber, total dietary ... g	2.3		0	T	4		0.7		
Sugars, total ... g	2.50		0	T	4		0.71		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	19		0		5		5		
Iron, Fe ... mg	0.20		0		5		0.06		
Magnesium, Mg ... mg	6		0		4		2		
Phosphorus, P ... mg	21		0		5		6		
Potassium, K ... mg	129		0		5		37		
Sodium, Na ... mg	26		0		5		7		
Zinc, Zn ... mg	0.20		0		4		0.06		
Copper, Cu ... mg	0.081		0		4		0.023		
Manganese, Mn ... mg									
Selenium, Se ... mcg	0.8		0	BFZN	4		0.2		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	0.7		0		5		0.2		
Thiamin ... mg	0.020		0		5		0.006		
Riboflavin ... mg	0.030		0		5		0.009		
Niacin ... mg	0.250		0		5		0.071		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.050		0		5		0.014		
Folate, total ... mcg	7		0		5		2		
Folic acid ... mcg	0		0	Z	7		0		
Folate, food ... mcg	7		0		5		2		
Folate, DFE ... mcg_DFE	7		0	NC	4		2		
Choline, total ... mg	5.0		0	NR	4		1.4		
Betaine ... mg									
Vitamin B-12 ... mcg	0.00		0		7		0.00		
Vitamin B-12, added ... mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE ... mcg_RAE	736		0	NC	4		209		
Retinol ... mcg	0		0	Z	7		0		
Carotene, beta ... mcg	7156		0	BNA	4		2029		
Carotene, alpha ... mcg	3340		0	BNA	4		947		
Cryptoxanthin, beta ... mcg	0		0	BNA	4		0		
Vitamin A, IU ... IU	14710		0	NC	4		4170		
Lycopene ... mcg	1		0	BFSN	4		0		
Lutein + zeaxanthin ... mcg	167		0	BFSN	4		47		
Vitamin E (alpha-tocopherol) ... mg	0.59		0	BFSN	4		0.17		
Vitamin E, added ... mg	0.00		0	Z	7		0.00		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	0		0	Z	7		0		
Vitamin K (phylloquinone) ... mcg	7.9		0	BFSN	4		2.2		
Lipids:									
Fatty acids, total saturated ... g	0.052		0	NC	4		0.015		
4:0 ... g	0.000		0		4		0.000		

NDB No. 42316
Babyfood, carrots, toddler

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000		
8:0....g	0.000		0		4		0.000		
10:0....g	0.000		0		4		0.000		
12:0....g	0.003		0		4		0.001		
13:0....g									
14:0....g	0.003		0		4		0.001		
15:0....g									
16:0....g	0.043		0		4		0.012		
17:0....g									
18:0....g	0.003		0		4		0.001		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.012		0	NC	4		0.004		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.003		0		4		0.001		
17:1....g									
18:1 undifferentiated....g	0.009		0		4		0.003		
20:1....g	0.000		0		4		0.000		
22:1 undifferentiated....g	0.000		0		4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.148		0	NC	4		0.042		
18:2 undifferentiated....g	0.130		0		4		0.037		
18:3 undifferentiated....g	0.019		0		4		0.005		
18:4....g	0.000		0		4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000		
20:5 n-3 (EPA)....g	0.000		0		4		0.000		
22:5 n-3 (DPA)....g	0.000		0		4		0.000		
22:6 n-3 (DHA)....g	0.000		0		4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	0		0		7		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0		
Caffeine....mg	0		0	BFSN	4		0		
Theobromine....mg	0		0	BFSN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03181
Babyfood, cereal, barley, dry

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	6.80	0.200	22		1		0.16	1.02	
Energy....kcal	365		0	NC	4		9	55	
Energy....kJ	1527		0		4		37	229	
Protein (N x 5.83)....g	11.10	0.100	23		1		0.27	1.67	
Total lipid (fat)....g	3.40	0.100	23		1		0.08	0.51	
Ash....g	3.40	0.100	22		1		0.08	0.51	
Carbohydrate, by difference....g	75.30		0	NC	4		1.81	11.30	
Fiber, total dietary....g	8.2		0		4		0.2	1.2	
Sugars, total....g	3.10		0	T	4		0.07	0.47	
Starch....g									
Minerals:									
Calcium, Ca....mg	795	8.000	19		1		19	119	
Iron, Fe....mg	47.50		0		1		1.14	7.13	
Magnesium, Mg....mg	115	5.000	3		1		3	17	
Phosphorus, P....mg	439	3.000	6		1		11	66	
Potassium, K....mg	395		16		1		9	59	
Sodium, Na....mg	47		17		1		1	7	
Zinc, Zn....mg	3.13	0.185	3		1		0.08	0.47	
Copper, Cu....mg	0.467		5		1		0.011	0.070	
Manganese, Mn....mg									
Selenium, Se....mcg	30.2	4.400	3	A	1		0.7	4.5	
Vitamins:									
Vitamin C, total ascorbic acid....mg	2.2		15		1		0.1	0.3	
Thiamin....mg	2.737		18		1		0.066	0.411	
Riboflavin....mg	2.699	0.100	17		1		0.065	0.405	
Niacin....mg	35.988	1.784	17		1		0.864	5.398	
Pantothenic acid....mg	0.527		0		4		0.013	0.079	
Vitamin B-6....mg	0.374		5		1		0.009	0.056	
Folate, total....mcg	29	2.800	6		1		1	4	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	29	2.800	6		1		1	4	
Folate, DFE....mcg_DFE	29		0	NC	4		1	4	
Choline, total....mg	45.4		0	FLA	4		1.1	6.8	
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0	0	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg	0		0	BFSN	4		0	0	
Carotene, alpha....mcg	0		0	BFSN	4		0	0	
Cryptoxanthin, beta....mcg	0		0	BFSN	4		0	0	
Vitamin A, IU....IU	0		0	NR	4		0	0	
Lycopene....mcg	0		0	BFSN	4		0	0	
Lutein + zeaxanthin....mcg	170		0	BFSN	4		4	25	
Vitamin E (alpha-tocopherol)....mg	5.00		0	T	4		0.12	0.75	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	2.3		0	BFSN	4		0.1	0.3	
Lipids:									
Fatty acids, total saturated....g	0.418		0		4		0.010	0.063	
4:0....g	0.000		0		4		0.000	0.000	

NDB No. 03181
Babyfood, cereal, barley, dry

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	
8:0 g	0.000		0		4		0.000	0.000	
10:0 g	0.000		0		4		0.000	0.000	
12:0 g	0.001		0		4		0.000	0.000	
13:0 g									
14:0 g	0.003		0		4		0.000	0.000	
15:0 g									
16:0 g	0.274		0		4		0.007	0.041	
17:0 g									
18:0 g	0.129		0		4		0.003	0.019	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.666		0		4		0.016	0.100	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.100		0		4		0.002	0.015	
17:1 g									
18:1 undifferentiated g	0.558		0		4		0.013	0.084	
20:1 g	0.002		0		4		0.000	0.000	
22:1 undifferentiated g	0.000		0		4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	1.759		0		4		0.042	0.264	
18:2 undifferentiated g	1.612		0		4		0.039	0.242	
18:3 undifferentiated g	0.144		0		4		0.003	0.022	
18:4 g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.136		0		1		0.003	0.020	
Threonine g	0.375		0		1		0.009	0.056	
Isoleucine g	0.419		0		1		0.010	0.063	
Leucine g	0.810		0		1		0.019	0.122	
Lysine g	0.365		0		1		0.009	0.055	
Methionine g	0.208		0		1		0.005	0.031	
Cystine g	0.264		0		1		0.006	0.040	
Phenylalanine g	0.657		0		1		0.016	0.099	
Tyrosine g	0.409		0		1		0.010	0.061	
Valine g	0.592		0		1		0.014	0.089	
Arginine g	0.566		0		1		0.014	0.085	
Histidine g	0.250		0		1		0.006	0.038	
Alanine g	0.422		0		1		0.010	0.063	
Aspartic acid g	0.640		0		1		0.015	0.096	
Glutamic acid g	3.184		0		1		0.076	0.478	
Glycine g	0.422		0		1		0.010	0.063	
Proline g	1.445		0		1		0.035	0.217	
Serine g	0.478		0		1		0.011	0.072	
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	BFSN	4		0	0	
Theobromine mg	0		0	BFSN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03181
Babyfood, cereal, barley, dry

Common Measures:

Measure 1 = 2.4g: 1 tbsp

Measure 2 = 15.0g: .5 oz

Calories Factors: Protein 3.55 **Fat** 8.37 **Carbohydrate** 3.95

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03681
Babyfood, cereal, barley, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	82.19		0	RPA	1		23.30		
Energy....kcal	84		0	NC	4		24		
Energy....kJ	352		0	NC	4		100		
Protein (N x 0)....g	3.73		0	RPA	1		1.06		
Total lipid (fat)....g	3.26		0	RPI	6		0.92		
Ash....g	0.87		0	RPA	1		0.25		
Carbohydrate, by difference....g	9.94		0	RPI	6		2.82		
Fiber, total dietary....g	0.6		0	RPI	6		0.2		
Sugars, total....g	5.10		0	RPI	6		1.45		
Sucrose....g	0.00		0	RPA	1		0.00		
Glucose (dextrose)....g	0.00		0	RPA	1		0.00		
Fructose....g	0.00		0	RPA	1		0.00		
Lactose....g	4.68		0	RPA	1		1.33		
Maltose....g	0.00		0	RPA	1		0.00		
Galactose....g	0.00		0	RPA	1		0.00		
Starch....g									
Minerals:									
Calcium, Ca....mg	162		0	RPA	1		46		
Iron, Fe....mg	3.49		0	RPA	1		0.99		
Magnesium, Mg....mg	18		0	RPA	1		5		
Phosphorus, P....mg	110		0	RPA	1		31		
Potassium, K....mg	151		0	RPA	1		43		
Sodium, Na....mg	43		0	RPA	1		12		
Zinc, Zn....mg	0.57		0	RPA	1		0.16		
Copper, Cu....mg	0.057		0	RPA	1		0.016		
Manganese, Mn....mg	0.004		0	RPA	1		0.001		
Selenium, Se....mcg	5.6		0	RPA	1		1.6		
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.2		0	RPA	1		0.0		
Thiamin....mg	0.242		0	RPA	1		0.069		
Riboflavin....mg	0.353		0	RPA	1		0.100		
Niacin....mg	2.707		0	RPA	1		0.768		
Pantothenic acid....mg	0.384		0	RPI	6		0.109		
Vitamin B-6....mg	0.060		0	RPA	1		0.017		
Folate, total....mcg	7		0	RPA	1		2		
Folic acid....mcg	0		0	RPI	6		0		
Folate, food....mcg	7		0	RPA	1		2		
Folate, DFE....mcg_DFE	7		0	NC	4		2		
Choline, total....mg	16.6		0	RPI	6		4.7		
Betaine....mg	0.6		0	RPA	1		0.2		
Vitamin B-12....mcg	0.42		0	RPI	6		0.12		
Vitamin B-12, added....mcg	0.00		0	RPI	6		0.00		
Vitamin A, RAE....mcg_RAE	43		0	RPI	6		12		
Retinol....mcg	42		0	RPI	6		12		
Carotene, beta....mcg	6		0	RPI	6		2		
Carotene, alpha....mcg	0		0	RPI	6		0		
Cryptoxanthin, beta....mcg	0		0	RPI	6		0		
Vitamin A, IU....IU	150		0	RPI	6		43		
Lycopene....mcg	0		0	RPI	6		0		
Lutein + zeaxanthin....mcg	12		0	RPI	6		4		
Vitamin E (alpha-tocopherol)....mg	0.43		0	RPI	6		0.12		
Vitamin E, added....mg	0.00		0	RPI	6		0.00		
Tocopherol, beta....mg	0.00		0	RPA	1		0.00		
Tocopherol, gamma....mg	0.00		0	RPA	1		0.00		
Tocopherol, delta....mg	0.00		0	RPA	1		0.00		
Vitamin D (D2 + D3)....mcg	1.2		0	RPI	6		0.3		
Vitamin D2 (ergocalciferol)....mcg									

NDB No. 03681
Babyfood, cereal, barley, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	1.2		0	RPA	1		0.3		
Vitamin D....IU	47		0	RPA	1		13		
Vitamin K (phylloquinone)....mcg	0.4		0	RPI	6		0.1		
Lipids:									
Fatty acids, total saturated....g	1.760		0	RPI	6		0.499		
4:0....g	0.069		0	RPI	6		0.020		
6:0....g	0.069		0	RPI	6		0.020		
8:0....g	0.069		0	RPI	6		0.020		
10:0....g	0.069		0	RPI	6		0.020		
12:0....g	0.071		0	RPI	6		0.020		
13:0....g	0.000		0	RPA	1		0.000		
14:0....g	0.275		0	RPI	6		0.078		
15:0....g	0.000		0	RPA	1		0.000		
16:0....g	0.788		0	RPI	6		0.224		
17:0....g	0.000		0	RPA	1		0.000		
18:0....g	0.348		0	RPI	6		0.099		
20:0....g	0.000		0	RPA	1		0.000		
22:0....g	0.000		0	RPA	1		0.000		
24:0....g	0.000		0	RPA	1		0.000		
Fatty acids, total monounsaturated....g	0.802		0	RPI	6		0.227		
14:1....g	0.000		0	RPA	1		0.000		
15:1....g									
16:1 undifferentiated....g	0.007		0	RPI	6		0.002		
17:1....g									
18:1 undifferentiated....g	0.794		0	RPI	6		0.225		
20:1....g	0.000		0	RPI	6		0.000		
22:1 undifferentiated....g	0.000		0	RPI	6		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.309		0	RPI	6		0.088		
18:2 undifferentiated....g	0.229		0	RPI	6		0.065		
18:3 undifferentiated....g	0.080		0	RPI	6		0.023		
18:4....g	0.000		0	RPI	6		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	RPI	6		0.000		
20:5 n-3 (EPA)....g	0.000		0	RPI	6		0.000		
22:5 n-3 (DPA)....g	0.000		0	RPI	6		0.000		
22:6 n-3 (DHA)....g	0.000		0	RPI	6		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	10		0	RPI	6		3		
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.060		0		1		0.017		
Threonine....g	0.157		0	RPA	1		0.045		
Isoleucine....g	0.180		0	RPA	1		0.051		
Leucine....g	0.300		0	RPA	1		0.085		
Lysine....g	0.154		0	RPA	1		0.044		
Methionine....g	0.083		0	RPA	1		0.024		
Cystine....g	0.034		0	RPA	1		0.010		
Phenylalanine....g	0.181		0	RPA	1		0.051		
Tyrosine....g	0.167		0	RPA	1		0.047		
Valine....g	0.218		0	RPA	1		0.062		
Arginine....g	0.109		0	RPA	1		0.031		
Histidine....g	0.086		0	RPA	1		0.024		
Alanine....g	0.124		0	RPA	1		0.035		
Aspartic acid....g	0.262		0	RPA	1		0.074		
Glutamic acid....g	0.820		0	RPA	1		0.233		
Glycine....g	0.099		0	RPA	1		0.028		
Proline....g	0.415		0	RPA	1		0.118		
Serine....g	0.132		0	RPA	1		0.037		
Hydroxyproline....g									
Others:									

NDB No. 03681
Babyfood, cereal, barley, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl....g	0.0		0	RPI	6		0.0		
Caffeine....mg	0		0	RPI	6		0		
Theobromine....mg	0		0	RPI	6		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 42285
Babyfood, cereal, brown rice, dry, instant

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	1.00		0	NC	4		0.04		
Energy....kcal	404		0	NC	4		15		
Energy....kJ	1692		0	NC	4		63		
Protein....g	8.70		0	FLA	4		0.32		
Total lipid (fat)....g	3.00		0	FLA	4		0.11		
Ash....g	1.65		0	FLA	4		0.06		
Carbohydrate, by difference....g	85.65		0	FLA	4		3.17		
Fiber, total dietary....g	6.5		0	FLA	4		0.2		
Sugars, total....g	0.92		0	FLA	4		0.03		
Starch....g									
Minerals:									
Calcium, Ca....mg	55		0	FLA	4		2		
Iron, Fe....mg	47.60		0	NR	4		1.76		
Magnesium, Mg....mg	28		0	FLA	4		1		
Phosphorus, P....mg	272		0	FLA	4		10		
Potassium, K....mg	386		0	FLA	4		14		
Sodium, Na....mg	12		0	FLA	4		0		
Zinc, Zn....mg	0.00		0	FLA	4		0.00		
Copper, Cu....mg	0.368		0	NR	4		0.014		
Manganese, Mn....mg									
Selenium, Se....mcg	23.4		0	BFZN	4		0.9		
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.0		0	FLA	4		0.0		
Thiamin....mg	0.930		0	FLA	4		0.034		
Riboflavin....mg	0.170		0	FLA	4		0.006		
Niacin....mg	16.000		0	FLA	4		0.592		
Pantothenic acid....mg									
Vitamin B-6....mg	0.980		0	FLA	4		0.036		
Folate, total....mcg	15		0	FLA	4		1		
Folic acid....mcg	0		0	FLA	4		0		
Folate, food....mcg	15		0	FLA	4		1		
Folate, DFE....mcg_DFE	15		0	NC	4		1		
Choline, total....mg	33.1		0	FLA	4		1.2		
Betaine....mg									
Vitamin B-12....mcg	0.00		0	FLA	4		0.00		
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0		
Retinol....mcg	0		0	FLA	4		0		
Carotene, beta....mcg	0		0	FLA	4		0		
Carotene, alpha....mcg	0		0	FLA	4		0		
Cryptoxanthin, beta....mcg	0		0	FLA	4		0		
Vitamin A, IU....IU	0		0	NC	4		0		
Lycopene....mcg	0		0	FLA	4		0		
Lutein + zeaxanthin....mcg	0		0	FLA	4		0		
Vitamin E (alpha-tocopherol)....mg	1.29		0	FLA	4		0.05		
Vitamin E, added....mg	0.00		0	Z	7		0.00		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0		
Vitamin K (phylloquinone)....mcg	2.0		0	FLA	4		0.1		
Lipids:									
Fatty acids, total saturated....g	0.600		0	NR	4		0.022		
4:0....g	0.000		0	NR	4		0.000		

NDB No. 42285
Babyfood, cereal, brown rice, dry, instant

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0	NR	4		0.000		
8:0 ... g	0.000		0	NR	4		0.000		
10:0 ... g	0.000		0	NR	4		0.000		
12:0 ... g	0.003		0	NR	4		0.000		
13:0 ... g									
14:0 ... g	0.011		0	NR	4		0.000		
15:0 ... g									
16:0 ... g	0.512		0	NR	4		0.019		
17:0 ... g									
18:0 ... g	0.053		0	NR	4		0.002		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.080		0	NR	4		0.040		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.010		0	NR	4		0.000		
17:1 ... g									
18:1 undifferentiated ... g	1.075		0	NR	4		0.040		
20:1 ... g	0.000		0	NR	4		0.000		
22:1 undifferentiated ... g	0.000		0	NR	4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	1.070		0	NR	4		0.040		
18:2 undifferentiated ... g	1.027		0	NR	4		0.038		
18:3 undifferentiated ... g	0.045		0	NR	4		0.002		
18:4 ... g	0.000		0	NR	4		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	NR	4		0.000		
20:5 n-3 (EPA) ... g	0.000		0	NR	4		0.000		
22:5 n-3 (DPA) ... g	0.000		0	NR	4		0.000		
22:6 n-3 (DHA) ... g	0.000		0	NR	4		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	Z	7		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	FLA	4		0		
Theobromine ... mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 3.7g: 1 tbsp

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03201
Babyfood, cereal, egg yolks and bacon, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	85.90	0.100	19		1		24.35	146.03	
Energy	kcal	79		0	NC	4		22	134	
Energy	kJ	331				4		94	562	
Protein (N x 6.03)	g	2.50	0.000	16		1		0.71	4.25	
Total lipid (fat)	g	5.00	0.000	16		1		1.42	8.50	
Ash	g	0.40	0.000	16		1		0.11	0.68	
Carbohydrate, by difference	g	6.20		0	NC	4		1.76	10.54	
Fiber, total dietary	g	0.9		0		4		0.3	1.5	
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	28	4.000	17		1		8	48	
Iron, Fe	mg	0.47		17		1		0.13	0.80	
Magnesium, Mg	mg	5		1		1		1	9	
Phosphorus, P	mg	50		0		4		14	85	
Potassium, K	mg	35	1.000	13		1		10	60	
Sodium, Na	mg	48	2.000	13		1		14	82	
Zinc, Zn	mg	0.27		1		1		0.08	0.46	
Copper, Cu	mg	0.020		1		1		0.006	0.034	
Manganese, Mn	mg									
Selenium, Se	mcg									
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.9	0.000	15		1		0.3	1.5	
Thiamin	mg	0.050	0.000	16		1		0.014	0.085	
Riboflavin	mg	0.077	0.000	16		1		0.022	0.131	
Niacin	mg	0.266	0.008	16		1		0.075	0.452	
Pantothenic acid	mg	1.105		0		4		0.313	1.879	
Vitamin B-6	mg	0.026		0		4		0.007	0.044	
Folate, total	mcg	4	0.100	3		1		1	7	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	4	0.100	3		1		1	7	
Folate, DFE	mcg_DFE	4		0	NC	4		1	7	
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.09		0		4		0.03	0.15	
Vitamin A, RAE	mcg_RAE	28		0	NC	4		8	48	
Retinol	mcg	28		0	NC	4		8	48	
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	94	13.000	13		1		27	160	
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									
Lipids:										
Fatty acids, total saturated	g	1.640		0		4		0.465	2.788	
4:0	g	0.000		0		4		0.000	0.000	
6:0	g	0.000		0		4		0.000	0.000	
8:0	g	0.000		0		4		0.000	0.000	

NDB No. 03201
Babyfood, cereal, egg yolks and bacon, junior

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
10:0 ... g	0.005		0		4		0.001	0.009	
12:0 ... g	0.004		0		4		0.001	0.007	
13:0 ... g									
14:0 ... g	0.042		0		4		0.012	0.071	
15:0 ... g									
16:0 ... g	1.104		0		4		0.313	1.877	
17:0 ... g									
18:0 ... g	0.483		0		4		0.137	0.821	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	2.207		0		4		0.626	3.752	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.168		0		4		0.048	0.286	
17:1 ... g									
18:1 undifferentiated ... g	2.038		0		4		0.578	3.465	
20:1 ... g	0.000		0		4		0.000	0.000	
22:1 undifferentiated ... g	0.000		0		4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.641		0		4		0.182	1.090	
18:2 undifferentiated ... g	0.546		0		4		0.155	0.928	
18:3 undifferentiated ... g	0.051		0		4		0.014	0.087	
18:4 ... g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.025		0		4		0.007	0.043	
20:5 n-3 (EPA) ... g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.000		0		4		0.000	0.000	
Fatty acids, total trans ... g									
Cholesterol ... mg	94		0		4		27	160	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	
Caffeine ... mg									
Theobromine ... mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.2 **Fat** 8.8 **Carbohydrate** 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03682
Babyfood, cereal, high protein, prepared with whole milk

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	74.50		0		1		21.12		
Energy	kcal	111		0	NC	4		31		
Energy	kJ	464				4		132		
Protein (N x 0)	g	8.70		0		1		2.47		
Total lipid (fat)	g	3.80		0		1		1.08		
Ash	g	1.50		0		1		0.43		
Carbohydrate, by difference	g	11.60		0	NC	4		3.29		
Fiber, total dietary	g									
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	218		0		1		62		
Iron, Fe	mg	12.14		0		1		3.44		
Magnesium, Mg	mg	48		0		1		14		
Phosphorus, P	mg	177		0		1		50		
Potassium, K	mg	349		0		1		99		
Sodium, Na	mg	49		0		1		14		
Zinc, Zn	mg	1.04		0		1		0.30		
Copper, Cu	mg	0.217		0		4		0.062		
Manganese, Mn	mg									
Selenium, Se	mcg									
Vitamins:										
Vitamin C, total ascorbic acid	mg									
Thiamin	mg	0.470		0		1		0.133		
Riboflavin	mg	0.579		0		1		0.164		
Niacin	mg	5.668		0		1		1.607		
Pantothenic acid	mg	0.465		0		4		0.132		
Vitamin B-6	mg	0.113		0		1		0.032		
Folate, total	mcg	35		0		1		10		
Folic acid	mcg	0		0	Z	7		0		
Folate, food	mcg	35		0		1		10		
Folate, DFE	mcg_DFE	35		0	NC	4		10		
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.30		0		4		0.09		
Vitamin A, RAE	mcg_RAE									
Retinol	mcg									
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	105		0		4		30		
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									
Amino Acids:										
Tryptophan	g	0.129		0		1		0.037		
Threonine	g	0.364		0		1		0.103		
Isoleucine	g	0.454		0		1		0.129		
Leucine	g	0.752		0		1		0.213		

NDB No. 03682
Babyfood, cereal, high protein, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Lysine....g	0.607		0		1		0.172		
Methionine....g	0.169		0		1		0.048		
Cystine....g	0.144		0		1		0.041		
Phenylalanine....g	0.443		0		1		0.126		
Tyrosine....g	0.363		0		1		0.103		
Valine....g	0.488		0		1		0.138		
Arginine....g	0.558		0		1		0.158		
Histidine....g	0.241		0		1		0.068		
Alanine....g	0.364		0		1		0.103		
Aspartic acid....g	0.934		0		1		0.265		
Glutamic acid....g	1.791		0		1		0.508		
Glycine....g	0.333		0		1		0.094		
Proline....g	0.608		0		1		0.172		
Serine....g	0.465		0		1		0.132		
Hydroxyproline....g									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03211
Babyfood, cereal, high protein, with apple and orange, dry

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	5.30		1		1		0.13	0.75	
Energy	kcal	374		0	NC	4		9	53	
Energy	kJ	1565				4		38	222	
Protein (N x 5.85)	g	25.40		4		1		0.61	3.61	
Total lipid (fat)	g	6.50		4		1		0.16	0.92	
Ash	g	5.20		1		1		0.12	0.74	
Carbohydrate, by difference	g	57.60		0	NC	4		1.38	8.18	
Fiber, total dietary	g	7.1		0		4		0.2	1.0	
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	751		3		1		18	107	
Iron, Fe	mg	47.50		0		1		1.14	6.75	
Magnesium, Mg	mg	159		1		1		4	23	
Phosphorus, P	mg	539		1		1		13	77	
Potassium, K	mg	1330		1		1		32	189	
Sodium, Na	mg	104		2		1		2	15	
Zinc, Zn	mg	2.70		1		1		0.06	0.38	
Copper, Cu	mg	0.964		0		4		0.023	0.137	
Manganese, Mn	mg									
Selenium, Se	mcg	28.3		0	BFZN	4		0.7	4.0	
Vitamins:										
Vitamin C, total ascorbic acid	mg	3.1		3		1		0.1	0.4	
Thiamin	mg	3.790	0.210	5		1		0.091	0.538	
Riboflavin	mg	4.330	0.268	5		1		0.104	0.615	
Niacin	mg	23.830	1.288	5		1		0.572	3.384	
Pantothenic acid	mg									
Vitamin B-6	mg	0.351		3		1		0.008	0.050	
Folate, total	mcg	190		0		4		5	27	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	190		0		4		5	27	
Folate, DFE	mcg_DFE	190		0	NC	4		5	27	
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.30		2		1		0.01	0.04	
Vitamin A, RAE	mcg_RAE	3		0	NC	4		0	0	
Retinol	mcg	0		0	Z	7		0	0	
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	54	17.000	4		1		1	8	
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									
Lipids:										
Fatty acids, total saturated	g	0.960		0		4		0.023	0.136	
4:0	g	0.000		0		4		0.000	0.000	
6:0	g	0.000		0		4		0.000	0.000	
8:0	g	0.000		0		4		0.000	0.000	

NDB No. 03211

Babyfood, cereal, high protein, with apple and orange, dry

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
10:0 ... g	0.000		0		4		0.000	0.000	
12:0 ... g	0.001		0		4		0.000	0.000	
13:0 ... g									
14:0 ... g	0.013		0		4		0.000	0.002	
15:0 ... g									
16:0 ... g	0.716		0		4		0.017	0.102	
17:0 ... g									
18:0 ... g	0.220		0		4		0.005	0.031	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.231		0		4		0.030	0.175	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.019		0		4		0.000	0.003	
17:1 ... g									
18:1 undifferentiated ... g	1.207		0		4		0.029	0.171	
20:1 ... g	0.003		0		4		0.000	0.000	
22:1 undifferentiated ... g	0.000		0		4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	3.429		0		4		0.082	0.487	
18:2 undifferentiated ... g	3.022		0		4		0.073	0.429	
18:3 undifferentiated ... g	0.403		0		4		0.010	0.057	
18:4 ... g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) ... g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.000		0		4		0.000	0.000	
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0		7		0	0	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	
Caffeine ... mg									
Theobromine ... mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 2.4g: 1 tbsp

Measure 2 = 14.2g: .5 oz

Calories Factors: Protein 3.5 **Fat** 8.4 **Carbohydrate** 4

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03711

Babyfood, cereal, high protein, with apple and orange, prepared with whole milk

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	74.40		0		1		21.09		
Energy....kcal	112		0	NC	4		32		
Energy....kJ	469				4		133		
Protein (N x 0)....g	6.90		0		1		1.96		
Total lipid (fat)....g	3.90		0		1		1.11		
Ash....g	1.50		0		1		0.43		
Carbohydrate, by difference....g	13.40		0	NC	4		3.80		
Fiber, total dietary....g									
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	223		0		1		63		
Iron, Fe....mg	14.42		0		1		4.09		
Magnesium, Mg....mg	37		0		1		10		
Phosphorus, P....mg	166		0		1		47		
Potassium, K....mg	346		0		1		98		
Sodium, Na....mg	58		0		1		16		
Zinc, Zn....mg	0.76		0		1		0.22		
Copper, Cu....mg	0.166		0		4		0.047		
Manganese, Mn....mg									
Selenium, Se....mcg									
Vitamins:									
Vitamin C, total ascorbic acid....mg									
Thiamin....mg	0.655		0		1		0.186		
Riboflavin....mg	0.847		0		1		0.240		
Niacin....mg	3.987		0		1		1.130		
Pantothenic acid....mg									
Vitamin B-6....mg	0.092		0		1		0.026		
Folate, total....mcg	28		0		4		8		
Folic acid....mcg	0		0	Z	7		0		
Folate, food....mcg	28		0		4		8		
Folate, DFE....mcg_DFE	28		0	NC	4		8		
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.35		0		1		0.10		
Vitamin A, RAE....mcg_RAE									
Retinol....mcg									
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU									
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03711

Babyfood, cereal, high protein, with apple and orange, prepared with whole milk

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03185
Babyfood, cereal, mixed, dry

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	6.70	0.200	22		1		0.17	1.01	
Energy....kcal	379		0	NC	4		9	57	
Energy....kJ	1586		0		4		40	238	
Protein (N x 5.9)....g	12.20	0.100	23		1		0.31	1.83	
Total lipid (fat)....g	4.40	0.100	23		1		0.11	0.66	
Ash....g	3.30	0.100	22		1		0.08	0.50	
Carbohydrate, by difference....g	73.30		0	NC	4		1.83	11.00	
Fiber, total dietary....g	7.5		0		4		0.2	1.1	
Sugars, total....g	0.87		0	FLA	4		0.02	0.13	
Starch....g									
Minerals:									
Calcium, Ca....mg	733		14		1		18	110	
Iron, Fe....mg	47.50		0		1		1.19	7.13	
Magnesium, Mg....mg	100	4.000	3		1		3	15	
Phosphorus, P....mg	392	8.000	15		1		10	59	
Potassium, K....mg	437	11.000	15		1		11	66	
Sodium, Na....mg	39		17		1		1	6	
Zinc, Zn....mg	2.40	0.173	3		1		0.06	0.36	
Copper, Cu....mg	0.334		5		1		0.008	0.050	
Manganese, Mn....mg									
Selenium, Se....mcg	25.9	3.500	4	A	1		0.6	3.9	
Vitamins:									
Vitamin C, total ascorbic acid....mg	2.3		15		1		0.1	0.3	
Thiamin....mg	2.438		19		1		0.061	0.366	
Riboflavin....mg	2.717	0.127	18		1		0.068	0.408	
Niacin....mg	34.714	1.840	18		1		0.868	5.207	
Pantothenic acid....mg	1.074		0		4		0.027	0.161	
Vitamin B-6....mg	0.189		5		1		0.005	0.028	
Folate, total....mcg	43	2.400	6		1		1	6	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	43	2.400	6		1		1	6	
Folate, DFE....mcg_DFE	43		0	NC	4		1	6	
Choline, total....mg	23.2		0	FLA	4		0.6	3.5	
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0	0	
Retinol....mcg	0		0	FLA	4		0	0	
Carotene, beta....mcg	9		0	BNA	4		0	1	
Carotene, alpha....mcg	6		0	BNA	4		0	1	
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	
Vitamin A, IU....IU	20		0		4		1	3	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	148		0	O	4		4	22	
Vitamin E (alpha-tocopherol)....mg	3.68		0	BNA	4		0.09	0.55	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg	0.21		0	BNA	4		0.01	0.03	
Tocopherol, gamma....mg	0.00		0	BNA	4		0.00	0.00	
Tocopherol, delta....mg	0.26		0	BNA	4		0.01	0.04	
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	1.5		0	FLA	4		0.0	0.2	
Lipids:									
Fatty acids, total saturated....g	0.769		0		4		0.019	0.115	
4:0....g	0.000		0		4		0.000	0.000	

NDB No. 03185
Babyfood, cereal, mixed, dry

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	
8:0 g	0.006		0		4		0.000	0.001	
10:0 g	0.000		0		4		0.000	0.000	
12:0 g	0.009		0		4		0.000	0.001	
13:0 g									
14:0 g	0.007		0		4		0.000	0.001	
15:0 g									
16:0 g	0.654		0		4		0.016	0.098	
17:0 g									
18:0 g	0.046		0		4		0.001	0.007	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.206		0		4		0.030	0.181	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.010		0		4		0.000	0.002	
17:1 g									
18:1 undifferentiated g	1.192		0		4		0.030	0.179	
20:1 g	0.000		0		4		0.000	0.000	
22:1 undifferentiated g	0.000		0		4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	1.697		0		4		0.042	0.255	
18:2 undifferentiated g	1.616		0		4		0.040	0.242	
18:3 undifferentiated g	0.040		0		4		0.001	0.006	
18:4 g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.001		0		4		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.158		0		1		0.004	0.024	
Threonine g	0.400		0		1		0.010	0.060	
Isoleucine g	0.477		0		1		0.012	0.072	
Leucine g	1.041		0		1		0.026	0.156	
Lysine g	0.404		0		1		0.010	0.061	
Methionine g	0.240		0		1		0.006	0.036	
Cystine g	0.346		0		1		0.009	0.052	
Phenylalanine g	0.672		0		1		0.017	0.101	
Tyrosine g	0.491		0		1		0.012	0.074	
Valine g	0.653		0		1		0.016	0.098	
Arginine g	0.703		0		1		0.018	0.105	
Histidine g	0.286		0		1		0.007	0.043	
Alanine g	0.583		0		1		0.015	0.087	
Aspartic acid g	0.726		0		1		0.018	0.109	
Glutamic acid g	3.184		0		1		0.080	0.478	
Glycine g	0.551		0		1		0.014	0.083	
Proline g	1.047		0		1		0.026	0.157	
Serine g	0.570		0		1		0.014	0.086	
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	
Theobromine mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03185
Babyfood, cereal, mixed, dry

Common Measures:

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

Calories Factors: Protein 3.4 **Fat** 8.4 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03685
Babyfood, cereal, mixed, prepared with whole milk (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	79.21		0	RA	4		22.46		
Energy	kcal	96		0	NC	4		27		
Energy	kJ	402		0	NC	4		114		
Protein (N x 0)	g	4.14		0	RA	4		1.17		
Total lipid (fat)	g	3.38		0	RA	4		0.96		
Ash	g	0.96		0	RA	4		0.27		
Carbohydrate, by difference	g	12.30		0	RA	4		3.49		
Fiber, total dietary	g	0.8		0	RA	4		0.2		
Sugars, total	g	4.78		0	RA	4		1.35		
Sucrose	g	0.00		0	RA	4		0.00		
Glucose (dextrose)	g	0.00		0	RA	4		0.00		
Fructose	g	0.00		0	RA	4		0.00		
Lactose	g	4.50		0	RA	4		1.28		
Maltose	g	0.00		0	RA	4		0.00		
Galactose	g	0.00		0	RA	4		0.00		
Starch	g									
Minerals:										
Calcium, Ca	mg	220		0	RA	4		62		
Iron, Fe	mg	10.43		0	RA	4		2.96		
Magnesium, Mg	mg	20		0	RA	4		6		
Phosphorus, P	mg	118		0	RA	4		33		
Potassium, K	mg	166		0	RA	4		47		
Sodium, Na	mg	42		0	RA	4		12		
Zinc, Zn	mg	0.59		0	RA	4		0.17		
Copper, Cu	mg	0.059		0	RA	4		0.017		
Manganese, Mn	mg	0.004		0	RA	4		0.001		
Selenium, Se	mcg	6.1		0	RA	4		1.7		
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.3		0	RA	4		0.1		
Thiamin	mg	0.308		0	RA	4		0.087		
Riboflavin	mg	0.448		0	RA	4		0.127		
Niacin	mg	3.880		0	RA	4		1.100		
Pantothenic acid	mg	0.450		0	RA	4		0.127		
Vitamin B-6	mg	0.053		0	RA	4		0.015		
Folate, total	mcg	9		0	RA	4		3		
Folic acid	mcg	0		0	RA	4		0		
Folate, food	mcg	9		0	RA	4		3		
Folate, DFE	mcg_DFE	9		0	NC	4		3		
Choline, total	mg	15.3		0	RA	4		4.3		
Betaine	mg	0.5		0	RA	4		0.2		
Vitamin B-12	mcg	0.40		0	RA	4		0.11		
Vitamin B-12, added	mcg	0.00		0	RA	4		0.00		
Vitamin A, RAE	mcg_RAE	41		0	RA	4		12		
Retinol	mcg	40		0	RA	4		11		
Carotene, beta	mcg	7		0	RA	4		2		
Carotene, alpha	mcg	1		0	RA	4		0		
Cryptoxanthin, beta	mcg	0		0	RA	4		0		
Vitamin A, IU	IU	146		0	RA	4		41		
Lycopene	mcg	0		0	RA	4		0		
Lutein + zeaxanthin	mcg	16		0	RA	4		5		
Vitamin E (alpha-tocopherol)	mg	0.47		0	RA	4		0.13		
Vitamin E, added	mg	0.00		0	RA	4		0.00		
Tocopherol, beta	mg	0.02		0	RA	4		0.01		
Tocopherol, gamma	mg	0.00		0	RA	4		0.00		
Tocopherol, delta	mg	0.03		0	RA	4		0.01		
Vitamin D (D2 + D3)	mcg	1.1		0	RA	4		0.3		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03685
Babyfood, cereal, mixed, prepared with whole milk (1)

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	1.1		0	RA	4		0.3		
Vitamin D....IU	45		0	RA	4		13		
Vitamin K (phylloquinone)....mcg	0.4		0	RA	4		0.1		
Lipids:									
Fatty acids, total saturated....g	1.745		0	RA	4		0.495		
4:0....g	0.066		0	RA	4		0.019		
6:0....g	0.066		0	RA	4		0.019		
8:0....g	0.067		0	RA	4		0.019		
10:0....g	0.066		0	RA	4		0.019		
12:0....g	0.069		0	RA	4		0.020		
13:0....g	0.000		0	RA	4		0.000		
14:0....g	0.265		0	RA	4		0.075		
15:0....g	0.000		0	RA	4		0.000		
16:0....g	0.810		0	RA	4		0.230		
17:0....g	0.000		0	RA	4		0.000		
18:0....g	0.330		0	RA	4		0.094		
20:0....g	0.000		0	RA	4		0.000		
22:0....g	0.000		0	RA	4		0.000		
24:0....g	0.000		0	RA	4		0.000		
Fatty acids, total monounsaturated....g	0.855		0	RA	4		0.243		
14:1....g	0.000		0	RA	4		0.000		
15:1....g									
16:1 undifferentiated....g	0.001		0	RA	4		0.000		
17:1....g									
18:1 undifferentiated....g	0.854		0	RA	4		0.242		
20:1....g	0.000		0	RA	4		0.000		
22:1 undifferentiated....g	0.000		0	RA	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.359		0	RA	4		0.102		
18:2 undifferentiated....g	0.284		0	RA	4		0.080		
18:3 undifferentiated....g	0.071		0	RA	4		0.020		
18:4....g	0.000		0	RA	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	RA	4		0.000		
20:5 n-3 (EPA)....g	0.000		0	RA	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	RA	4		0.000		
22:6 n-3 (DHA)....g	0.000		0	RA	4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	9		0	RA	4		3		
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.064		0		1		0.018		
Threonine....g	0.190		0		1		0.054		
Isoleucine....g	0.244		0		1		0.069		
Leucine....g	0.440		0		1		0.125		
Lysine....g	0.166		0	RA	4		0.047		
Methionine....g	0.091		0	RA	4		0.026		
Cystine....g	0.052		0	RA	4		0.015		
Phenylalanine....g	0.202		0	RA	4		0.057		
Tyrosine....g	0.186		0	RA	4		0.053		
Valine....g	0.239		0	RA	4		0.068		
Arginine....g	0.142		0	RA	4		0.040		
Histidine....g	0.097		0	RA	4		0.027		
Alanine....g	0.153		0	RA	4		0.043		
Aspartic acid....g	0.286		0	RA	4		0.081		
Glutamic acid....g	1.099		0		1		0.312		
Glycine....g	0.126		0	RA	4		0.036		
Proline....g	0.412		0	RA	4		0.117		
Serine....g	0.155		0	RA	4		0.044		
Hydroxyproline....g									
Others:									

NDB No. 03685
Babyfood, cereal, mixed, prepared with whole milk (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl.....g	0.0		0	RA	4		0.0		
Caffeine.....mg	0		0	RA	4		0		
Theobromine.....mg	0		0	RA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Footnotes:

1 Prepared with 1/4 cup dry cereal and 1/2 cup whole milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03188
Babyfood, cereal, mixed, with applesauce and bananas, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	79.60	0.200	5		1		22.57	135.32	
Energy	kcal	83		0	NC	4		24	141	
Energy	kJ	347		0		4		98	590	
Protein (N x 6.1)	g	1.20	0.000	6		1		0.34	2.04	
Total lipid (fat)	g	0.40	0.000	5		1		0.11	0.68	
Ash	g	0.40	0.000	5		1		0.11	0.68	
Carbohydrate, by difference	g	18.40		0	NC	4		5.22	31.28	
Fiber, total dietary	g	1.2		0		4		0.3	2.0	
Sugars, total	g	7.79		0	T	4		2.21	13.24	
Sucrose	g	1.52		0	T	4		0.43	2.59	
Glucose (dextrose)	g	3.17		0	T	4		0.90	5.40	
Fructose	g	3.08		0	T	4		0.87	5.24	
Lactose	g	0.00		0	T	4		0.00	0.00	
Maltose	g	0.01		0	T	4		0.00	0.02	
Galactose	g	0.00		0	T	4		0.00	0.00	
Starch	g									
Minerals:										
Calcium, Ca	mg	4	0.000	5		1		1	7	
Iron, Fe	mg	5.61	0.130	5		1		1.59	9.54	
Magnesium, Mg	mg	7		1		1		2	12	
Phosphorus, P	mg	29		1		1		8	49	
Potassium, K	mg	32		1		1		9	54	
Sodium, Na	mg	36		5		1		10	61	
Zinc, Zn	mg	0.22		1		1		0.06	0.37	
Copper, Cu	mg	0.055		0		4		0.016	0.094	
Manganese, Mn	mg									
Selenium, Se	mcg	2.6		0	FLM	4		0.7	4.4	
Vitamins:										
Vitamin C, total ascorbic acid	mg	9.1		1		1		2.6	15.5	
Thiamin	mg	0.285		0		1		0.081	0.485	
Riboflavin	mg	0.356		0		1		0.101	0.605	
Niacin	mg	4.039		0		1		1.145	6.866	
Pantothenic acid	mg	0.195		0		4		0.055	0.332	
Vitamin B-6	mg	0.139		0		1		0.039	0.236	
Folate, total	mcg	4		0		1		1	6	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	4		0		1		1	6	
Folate, DFE	mcg_DFE	4		0	NC	4		1	6	
Choline, total	mg	3.5		0	FLA	4		1.0	6.0	
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	2	
Retinol	mcg	0		0	Z	7		0	0	
Carotene, beta	mcg	8		0	T	4		2	14	
Carotene, alpha	mcg	1		0	T	4		0	1	
Cryptoxanthin, beta	mcg	6		0	T	4		2	11	
Vitamin A, IU	IU	19		0	NC	4		5	33	
Lycopene	mcg	0		0	T	4		0	0	
Lutein + zeaxanthin	mcg	10		0	T	4		3	16	
Vitamin E (alpha-tocopherol)	mg	0.03		0	T	4		0.01	0.05	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03188

Babyfood, cereal, mixed, with applesauce and bananas, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone).....mcg	0.3		0	T	4		0.1	0.5	
Lipids:									
Fatty acids, total saturated.....g	0.072		0		4		0.020	0.122	
4:0.....g	0.000		0		4		0.000	0.000	
6:0.....g	0.000		0		4		0.000	0.000	
8:0.....g	0.001		0		4		0.000	0.002	
10:0.....g	0.000		0		4		0.000	0.000	
12:0.....g	0.001		0		4		0.000	0.002	
13:0.....g									
14:0.....g	0.001		0		4		0.000	0.002	
15:0.....g									
16:0.....g	0.060		0		4		0.017	0.102	
17:0.....g									
18:0.....g	0.004		0		4		0.001	0.007	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.108		0		4		0.031	0.184	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.002	
17:1.....g									
18:1 undifferentiated.....g	0.106		0		4		0.030	0.180	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.152		0		4		0.043	0.258	
18:2 undifferentiated.....g	0.145		0		4		0.041	0.247	
18:3 undifferentiated.....g	0.004		0		4		0.001	0.007	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA).....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA).....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA).....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.013		0		1		0.004	0.022	
Threonine.....g	0.034		0		1		0.010	0.058	
Isoleucine.....g	0.043		0		1		0.012	0.073	
Leucine.....g	0.086		0		1		0.024	0.146	
Lysine.....g	0.035		0		1		0.010	0.060	
Methionine.....g	0.024		0		1		0.007	0.041	
Cystine.....g	0.026		0		1		0.007	0.044	
Phenylalanine.....g	0.062		0		1		0.018	0.105	
Tyrosine.....g	0.043		0		1		0.012	0.073	
Valine.....g	0.058		0		1		0.016	0.099	
Arginine.....g	0.065		0		1		0.018	0.111	
Histidine.....g	0.027		0		1		0.008	0.046	
Alanine.....g	0.046		0		1		0.013	0.078	
Aspartic acid.....g	0.081		0		1		0.023	0.138	
Glutamic acid.....g	0.302		0		1		0.086	0.513	
Glycine.....g	0.051		0		1		0.014	0.087	
Proline.....g	0.084		0		1		0.024	0.143	
Serine.....g	0.050		0		1		0.014	0.085	
Hydroxyproline.....g									
Others:									

NDB No. 03188

Babyfood, cereal, mixed, with applesauce and bananas, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	T	4		0	0	
Theobromine.....mg	0		0	T	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.4 **Fat** 8.4 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03187

Babyfood, cereal, mixed, with applesauce and bananas, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	80.00	0.100	27		1		22.68	90.40	
Energy	kcal	82		0	NC	4		23	93	
Energy	kJ	343		0		4		97	388	
Protein (N x 6.1)	g	1.20	0.000	27		1		0.34	1.36	
Total lipid (fat)	g	0.50	0.000	27		1		0.14	0.57	
Ash	g	0.30	0.000	23		1		0.09	0.34	
Carbohydrate, by difference	g	17.90		0	NC	4		5.07	20.23	
Fiber, total dietary	g	1.2		0		4		0.3	1.4	
Sugars, total	g	7.79		0	T	4		2.21	8.80	
Sucrose	g	1.52		0	T	4		0.43	1.72	
Glucose (dextrose)	g	3.17		0	T	4		0.90	3.59	
Fructose	g	3.09		0	T	4		0.88	3.49	
Lactose	g	0.00		0	T	4		0.00	0.00	
Maltose	g	0.00		0	T	4		0.00	0.00	
Galactose	g	0.00		0	T	4		0.00	0.00	
Starch	g									
Minerals:										
Calcium, Ca	mg	6	0.000	23		1		2	7	
Iron, Fe	mg	6.62	0.620	23		1		1.88	7.48	
Magnesium, Mg	mg	8		1		1		2	9	
Phosphorus, P	mg	23		2		1		7	26	
Potassium, K	mg	41		14		1		12	46	
Sodium, Na	mg	2		18		1		1	2	
Zinc, Zn	mg	0.19		1		1		0.05	0.21	
Copper, Cu	mg	0.054		0		4		0.015	0.061	
Manganese, Mn	mg									
Selenium, Se	mcg	2.6		0	FLM	4		0.7	2.9	
Vitamins:										
Vitamin C, total ascorbic acid	mg	25.5	3.300	22		1		7.2	28.8	
Thiamin	mg	0.280		18		1		0.079	0.316	
Riboflavin	mg	0.350		18		1		0.099	0.396	
Niacin	mg	3.963		18		1		1.124	4.478	
Pantothenic acid	mg	0.195		0		4		0.055	0.220	
Vitamin B-6	mg	0.137		3		1		0.039	0.155	
Folate, total	mcg	4	0.100	9		1		1	4	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	4		0	NR	4		1	4	
Folate, DFE	mcg_DFE	4		0	NC	4		1	4	
Choline, total	mg	3.5		0	FLA	4		1.0	4.0	
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	1	
Retinol	mcg	0		0	Z	7		0	0	
Carotene, beta	mcg	8		0	T	4		2	9	
Carotene, alpha	mcg	1		0	T	4		0	1	
Cryptoxanthin, beta	mcg	5		0	T	4		2	6	
Vitamin A, IU	IU	18	2.000	23		1		5	20	
Lycopene	mcg	0		0	T	4		0	0	
Lutein + zeaxanthin	mcg	10		0	T	4		3	11	
Vitamin E (alpha-tocopherol)	mg	0.03		0	T	4		0.01	0.03	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03187

Babyfood, cereal, mixed, with applesauce and bananas, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone).....mcg	0.3		0	T	4		0.1	0.3	
Lipids:									
Fatty acids, total saturated.....g	0.090		0		4		0.026	0.102	
4:0.....g	0.000		0		4		0.000	0.000	
6:0.....g	0.000		0		4		0.000	0.000	
8:0.....g	0.001		0		4		0.000	0.001	
10:0.....g	0.000		0		4		0.000	0.000	
12:0.....g	0.001		0		4		0.000	0.001	
13:0.....g									
14:0.....g	0.001		0		4		0.000	0.001	
15:0.....g									
16:0.....g	0.076		0		4		0.022	0.086	
17:0.....g									
18:0.....g	0.005		0		4		0.001	0.006	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.135		0		4		0.038	0.153	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.001	
17:1.....g									
18:1 undifferentiated.....g	0.133		0		4		0.038	0.150	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.191		0		4		0.054	0.216	
18:2 undifferentiated.....g	0.181		0		4		0.051	0.205	
18:3 undifferentiated.....g	0.005		0		4		0.001	0.006	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA).....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA).....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA).....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.013		0		1		0.004	0.015	
Threonine.....g	0.035		0		1		0.010	0.040	
Isoleucine.....g	0.044		0		1		0.012	0.050	
Leucine.....g	0.088		0		1		0.025	0.099	
Lysine.....g	0.036		0		1		0.010	0.041	
Methionine.....g	0.025		0		1		0.007	0.028	
Cystine.....g	0.027		0		1		0.008	0.031	
Phenylalanine.....g	0.063		0		1		0.018	0.071	
Tyrosine.....g	0.044		0		1		0.012	0.050	
Valine.....g	0.059		0		1		0.017	0.067	
Arginine.....g	0.067		0		1		0.019	0.076	
Histidine.....g	0.028		0		1		0.008	0.032	
Alanine.....g	0.047		0		1		0.013	0.053	
Aspartic acid.....g	0.083		0		1		0.024	0.094	
Glutamic acid.....g	0.310		0		1		0.088	0.350	
Glycine.....g	0.052		0		1		0.015	0.059	
Proline.....g	0.086		0		1		0.024	0.097	
Serine.....g	0.051		0		1		0.014	0.058	
Hydroxyproline.....g									
Others:									

NDB No. 03187

Babyfood, cereal, mixed, with applesauce and bananas, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	T	4		0	0	
Theobromine.....mg	0		0	T	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.4 **Fat** 8.4 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03186
Babyfood, cereal, mixed, with bananas, dry

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	4.50	0.200	6		1		0.11	0.68	
Energy	kcal	391		0	NC	4		10	59	
Energy	kJ	1636		0		4		41	245	
Protein (N x 6.1)	g	10.70	0.100	7		1		0.27	1.61	
Total lipid (fat)	g	4.60	0.000	7		1		0.12	0.69	
Ash	g	3.10	0.200	6		1		0.08	0.47	
Carbohydrate, by difference	g	77.10		0	NC	4		1.93	11.57	
Fiber, total dietary	g	7.8		0		4		0.2	1.2	
Sugars, total	g	6.68		0	FLA	4		0.17	1.00	
Sucrose	g	1.82		0	FLA	4		0.05	0.27	
Glucose (dextrose)	g	2.44		0	FLA	4		0.06	0.37	
Fructose	g	2.36		0	FLA	4		0.06	0.35	
Lactose	g	0.00		0	FLA	4		0.00	0.00	
Maltose	g	0.01		0	FLA	4		0.00	0.00	
Galactose	g	0.00		0	FLA	4		0.00	0.00	
Starch	g									
Minerals:										
Calcium, Ca	mg	696		1		1		17	104	
Iron, Fe	mg	47.50		0		5		1.19	7.13	
Magnesium, Mg	mg	90		2		1		2	14	
Phosphorus, P	mg	367		2		1		9	55	
Potassium, K	mg	668		2		1		17	100	
Sodium, Na	mg	118		3		1		3	18	
Zinc, Zn	mg	1.40		2		1		0.04	0.21	
Copper, Cu	mg	0.256		0		4		0.006	0.038	
Manganese, Mn	mg									
Selenium, Se	mcg	20.0		2	A	1		0.5	3.0	
Vitamins:										
Vitamin C, total ascorbic acid	mg	3.6	0.500	5		1		0.1	0.5	
Thiamin	mg	3.780		1		1		0.095	0.567	
Riboflavin	mg	3.560	0.110	4		1		0.089	0.534	
Niacin	mg	20.560	0.390	4		1		0.514	3.084	
Pantothenic acid	mg									
Vitamin B-6	mg	0.408	0.031	6		1		0.010	0.061	
Folate, total	mcg	17		0		4		0	3	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	17		0		4		0	3	
Folate, DFE	mcg_DFE	17		0	NC	4		0	3	
Choline, total	mg	28.6		0	FLA	4		0.7	4.3	
Betaine	mg									
Vitamin B-12	mcg	0.24		2		1		0.01	0.04	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	6		0	NC	4		0	1	
Retinol	mcg	0		0	Z	7		0	0	
Carotene, beta	mcg	51		0	BNA	4		1	8	
Carotene, alpha	mcg	49		0	BNA	4		1	7	
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	
Vitamin A, IU	IU	125	33.000	5		1		3	19	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	96		0	FLA	4		2	14	
Vitamin E (alpha-tocopherol)	mg	0.51		0	FLA	4		0.01	0.08	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg	0.00		0	FLA	4		0.00	0.00	
Tocopherol, gamma	mg	0.01		0	FLA	4		0.00	0.00	
Tocopherol, delta	mg	0.00		0	FLA	4		0.00	0.00	
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03186
Babyfood, cereal, mixed, with bananas, dry

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone).....mcg	3.5		0	FLA	4		0.1	0.5	
Lipids:									
Fatty acids, total saturated.....g	0.846		0		4		0.021	0.127	
4:0.....g	0.000		0		4		0.000	0.000	
6:0.....g	0.000		0		4		0.000	0.000	
8:0.....g	0.006		0		4		0.000	0.001	
10:0.....g	0.001		0		4		0.000	0.000	
12:0.....g	0.010		0		4		0.000	0.002	
13:0.....g									
14:0.....g	0.008		0		4		0.000	0.001	
15:0.....g									
16:0.....g	0.706		0		4		0.018	0.106	
17:0.....g									
18:0.....g	0.049		0		4		0.001	0.007	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.223		0		4		0.031	0.183	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.015		0		4		0.000	0.002	
17:1.....g									
18:1 undifferentiated.....g	1.203		0		4		0.030	0.180	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.734		0		4		0.043	0.260	
18:2 undifferentiated.....g	1.639		0		4		0.041	0.246	
18:3 undifferentiated.....g	0.054		0		4		0.001	0.008	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.001		0		4		0.000	0.000	
20:5 n-3 (EPA).....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA).....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA).....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.126		0		1		0.003	0.019	
Threonine.....g	0.363		0		1		0.009	0.054	
Isoleucine.....g	0.430		0		1		0.011	0.065	
Leucine.....g	0.956		0		1		0.024	0.143	
Lysine.....g	0.460		0		1		0.012	0.069	
Methionine.....g	0.218		0		1		0.005	0.033	
Cystine.....g	0.205		0		1		0.005	0.031	
Phenylalanine.....g	0.546		0		1		0.014	0.082	
Tyrosine.....g	0.439		0		1		0.011	0.066	
Valine.....g	0.604		0		1		0.015	0.091	
Arginine.....g	0.505		0		1		0.013	0.076	
Histidine.....g	0.319		0		1		0.008	0.048	
Alanine.....g	0.437		0		1		0.011	0.066	
Aspartic acid.....g	0.783		0		1		0.020	0.117	
Glutamic acid.....g	2.478		0		1		0.062	0.372	
Glycine.....g	0.369		0		1		0.009	0.055	
Proline.....g	0.863		0		1		0.022	0.129	
Serine.....g	0.505		0		1		0.013	0.076	
Hydroxyproline.....g									
Others:									

NDB No. 03186
Babyfood, cereal, mixed, with bananas, dry

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

Calories Factors: Protein 3.4 **Fat** 8.4 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03686

Babyfood, cereal, mixed, with bananas, prepared with whole milk

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.81		0	RA	4		23.19		
Energy	kcal	86		0	NC	4		24		
Energy	kJ	362		0	NC	4		102		
Protein (N x 0)	g	3.82		0	RA	4		1.08		
Total lipid (fat)	g	3.46		0	RA	4		0.98		
Ash	g	0.92		0	RA	4		0.26		
Carbohydrate, by difference	g	10.00		0	RA	4		2.83		
Fiber, total dietary	g	0.4		0	RA	4		0.1		
Sugars, total	g	5.90		0	RA	4		1.67		
Starch	g									
Minerals:										
Calcium, Ca	mg	153		0	RA	4		43		
Iron, Fe	mg	3.63		0	RA	4		1.03		
Magnesium, Mg	mg	18		0	RA	4		5		
Phosphorus, P	mg	111		0	RA	4		32		
Potassium, K	mg	178		0	RA	4		50		
Sodium, Na	mg	48		0	RA	4		14		
Zinc, Zn	mg	0.49		0	RA	4		0.14		
Copper, Cu	mg	0.053		0	RA	4		0.015		
Manganese, Mn	mg	0.004		0	RA	4		0.001		
Selenium, Se	mcg	4.9		0	RA	4		1.4		
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.4		0	RA	4		0.1		
Thiamin	mg	0.315		0	RA	4		0.089		
Riboflavin	mg	0.437		0	RA	4		0.124		
Niacin	mg	1.605		0	RA	4		0.455		
Pantothenic acid	mg	0.345		0	RA	4		0.098		
Vitamin B-6	mg	0.065		0	RA	4		0.018		
Folate, total	mcg	6		0	RA	4		2		
Folic acid	mcg	0		0	RA	4		0		
Folate, food	mcg	6		0	RA	4		2		
Folate, DFE	mcg_DFE	6		0	NC	4		2		
Choline, total	mg	15.4		0	RA	4		4.4		
Betaine	mg	0.6		0	RA	4		0.2		
Vitamin B-12	mcg	0.43		0	RA	4		0.12		
Vitamin B-12, added	mcg	0.00		0	RA	4		0.00		
Vitamin A, RAE	mcg_RAE	43		0	RA	4		12		
Retinol	mcg	42		0	RA	4		12		
Carotene, beta	mcg	8		0	RA	4		2		
Carotene, alpha	mcg	2		0	RA	4		1		
Cryptoxanthin, beta	mcg	0		0	RA	4		0		
Vitamin A, IU	IU	155		0	RA	4		44		
Lycopene	mcg	0		0	RA	4		0		
Lutein + zeaxanthin	mcg	12		0	RA	4		3		
Vitamin E (alpha-tocopherol)	mg	0.44		0	RA	4		0.13		
Vitamin E, added	mg	0.00		0	RA	4		0.00		
Tocopherol, beta	mg	0.00		0	RA	4		0.00		
Tocopherol, gamma	mg	0.00		0	RA	4		0.00		
Tocopherol, delta	mg	0.00		0	RA	4		0.00		
Vitamin D (D2 + D3)	mcg	1.2		0	RA	4		0.3		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	1.2		0	RA	4		0.3		
Vitamin D	IU	47		0	RA	4		13		
Vitamin K (phylloquinone)	mcg	0.5		0	RA	4		0.1		
Lipids:										
Fatty acids, total saturated	g	1.808		0	RA	4		0.513		
4:0	g	0.069		0	RA	4		0.020		

NDB No. 03686
Babyfood, cereal, mixed, with bananas, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.069		0	RA	4		0.020		
8:0 g	0.069		0	RA	4		0.020		
10:0 g	0.069		0	RA	4		0.020		
12:0 g	0.072		0	RA	4		0.020		
13:0 g	0.000		0	RA	4		0.000		
14:0 g	0.276		0	RA	4		0.078		
15:0 g	0.000		0	RA	4		0.000		
16:0 g	0.840		0	RA	4		0.238		
17:0 g	0.000		0	RA	4		0.000		
18:0 g	0.344		0	RA	4		0.098		
20:0 g	0.000		0	RA	4		0.000		
22:0 g	0.000		0	RA	4		0.000		
24:0 g	0.000		0	RA	4		0.000		
Fatty acids, total monounsaturated g	0.859		0	RA	4		0.243		
14:1 g	0.000		0	RA	4		0.000		
15:1 g									
16:1 undifferentiated g	0.003		0	RA	4		0.001		
17:1 g									
18:1 undifferentiated g	0.856		0	RA	4		0.243		
20:1 g	0.000		0	RA	4		0.000		
22:1 undifferentiated g	0.000		0	RA	4		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	0.342		0	RA	4		0.097		
18:2 undifferentiated g	0.260		0	RA	4		0.074		
18:3 undifferentiated g	0.081		0	RA	4		0.023		
18:4 g	0.000		0	RA	4		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0	RA	4		0.000		
20:5 n-3 (EPA) g	0.000		0	RA	4		0.000		
22:5 n-3 (DPA) g	0.000		0	RA	4		0.000		
22:6 n-3 (DHA) g	0.000		0	RA	4		0.000		
Fatty acids, total trans g									
Cholesterol mg	10		0	RA	4		3		
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.080		0	RA	4		0.023		
Threonine g	0.161		0	RA	4		0.046		
Isoleucine g	0.187		0	RA	4		0.053		
Leucine g	0.314		0	RA	4		0.089		
Lysine g	0.169		0	RA	4		0.048		
Methionine g	0.088		0	RA	4		0.025		
Cystine g	0.036		0	RA	4		0.010		
Phenylalanine g	0.180		0	RA	4		0.051		
Tyrosine g	0.175		0	RA	4		0.050		
Valine g	0.227		0	RA	4		0.064		
Arginine g	0.122		0	RA	4		0.034		
Histidine g	0.095		0	RA	4		0.027		
Alanine g	0.130		0	RA	4		0.037		
Aspartic acid g	0.289		0	RA	4		0.082		
Glutamic acid g	0.783		0	RA	4		0.222		
Glycine g	0.106		0	RA	4		0.030		
Proline g	0.370		0	RA	4		0.105		
Serine g	0.141		0	RA	4		0.040		
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0	RA	4		0.0		
Caffeine mg	0		0	RA	4		0		
Theobromine mg	0		0	RA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03686

Babyfood, cereal, mixed, with bananas, prepared with whole milk

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03704
Babyfood, cereal, mixed, with honey, prepared with whole milk

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	74.20		0		1		21.04		
Energy	kcal	115		0	NC	4		33		
Energy	kJ	481				4		136		
Protein (N x 0)	g	5.00		0		1		1.42		
Total lipid (fat)	g	3.60		0		1		1.02		
Ash	g	1.20		0		1		0.34		
Carbohydrate, by difference	g	15.90		0	NC	4		4.51		
Fiber, total dietary	g									
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	294		0		1		83		
Iron, Fe	mg	11.27		0		1		3.20		
Magnesium, Mg	mg	28		0		4		8		
Phosphorus, P	mg	184		0		1		52		
Potassium, K	mg	171		0		1		48		
Sodium, Na	mg	48		0		1		14		
Zinc, Zn	mg	0.72		0		4		0.20		
Copper, Cu	mg	0.064		0		4		0.018		
Manganese, Mn	mg									
Selenium, Se	mcg									
Vitamins:										
Vitamin C, total ascorbic acid	mg									
Thiamin	mg	0.447		0		1		0.127		
Riboflavin	mg	0.583		0		1		0.165		
Niacin	mg	6.260		0		1		1.775		
Pantothenic acid	mg	0.443		0		4		0.126		
Vitamin B-6	mg	0.067		0		4		0.019		
Folate, total	mcg	11		0		4		3		
Folic acid	mcg	0		0	Z	7		0		
Folate, food	mcg	11		0		4		3		
Folate, DFE	mcg_DFE	11		0	NC	4		3		
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.30		0		4		0.09		
Vitamin A, RAE	mcg_RAE									
Retinol	mcg									
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU									
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03704

Babyfood, cereal, mixed, with honey, prepared with whole milk

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03189
Babyfood, cereal, oatmeal, dry

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	5.90	0.305	25	JA	6		0.19	0.88	0.72
Energy	kcal	399		0	NC	4		13	60	49
Energy	kJ	1670		0	NC	4		53	251	204
Protein (N x 5.83)	g	13.07	0.533	11	JA	6		0.42	1.96	1.59
Total lipid (fat)	g	8.00	0.200	11	JA	6		0.26	1.20	0.98
Ash	g	3.38	0.185	10	JA	6		0.11	0.51	0.41
Carbohydrate, by difference	g	69.65		0	NC	4		2.23	10.45	8.50
Fiber, total dietary	g	9.0		1	A	1		0.3	1.3	1.1
Sugars, total	g	3.84		1	A	1		0.12	0.58	0.47
Sucrose	g	0.98		1	A	1		0.03	0.15	0.12
Glucose (dextrose)	g	0.00		1	A	1		0.00	0.00	0.00
Fructose	g	0.00		1	A	1		0.00	0.00	0.00
Lactose	g	0.00		1	A	1		0.00	0.00	0.00
Maltose	g	2.86		1	A	1		0.09	0.43	0.35
Galactose	g	0.00		1	A	1		0.00	0.00	0.00
Starch	g	53.23		1	A	1		1.70	7.98	6.49
Minerals:										
Calcium, Ca	mg	707	26.500	16	JA	6		23	106	86
Iron, Fe	mg	51.25		1	JA	6		1.64	7.69	6.25
Magnesium, Mg	mg	138	7.500	4	JA	6		4	21	17
Phosphorus, P	mg	610	110.500	16	JA	6		20	91	74
Potassium, K	mg	420	50.000	3	JA	6		13	63	51
Sodium, Na	mg	5		1	A	1		0	1	1
Zinc, Zn	mg	5.39	1.706	19	JA	6		0.17	0.81	0.66
Copper, Cu	mg	0.458	0.069	21	JA	6		0.015	0.069	0.056
Manganese, Mn	mg	3.400		1	A	1		0.109	0.510	0.415
Selenium, Se	mcg	29.6	6.800	5	A	1		0.9	4.4	3.6
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.0		1	A	1		0.0	0.0	0.0
Thiamin	mg	2.805	0.085	20	JA	6		0.090	0.421	0.342
Riboflavin	mg	3.313	0.706	19	JA	6		0.106	0.497	0.404
Niacin	mg	28.434	7.535	18	JA	6		0.910	4.265	3.469
Pantothenic acid	mg	0.482		1	A	1		0.015	0.072	0.059
Vitamin B-6	mg	0.563	0.410	6	JA	6		0.018	0.084	0.069
Folate, total	mcg	35	2.700	6		1		1	5	4
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	35	2.700	6		1		1	5	4
Folate, DFE	mcg_DFE	35		0	NC	4		1	5	4
Choline, total	mg	32.1		0	AS	1		1.0	4.8	3.9
Betaine	mg	20.5		1	A	1		0.7	3.1	2.5
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	0		0	NC	4		0	0	0
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	0		0	BFSN	4		0	0	0
Carotene, alpha	mcg	0		0	BFSN	4		0	0	0
Cryptoxanthin, beta	mcg	0		0	BFSN	4		0	0	0
Vitamin A, IU	IU	0		0	NC	4		0	0	0
Lycopene	mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin	mcg	185		0	BFSN	4		6	28	23
Vitamin E (alpha-tocopherol)	mg	4.95		1	A	1		0.16	0.74	0.60
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg	0.05		1	A	1		0.00	0.01	0.01
Tocopherol, gamma	mg	1.69		1	A	1		0.05	0.25	0.21
Tocopherol, delta	mg	1.79		1	A	1		0.06	0.27	0.22
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03189
Babyfood, cereal, oatmeal, dry

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone).....mcg	4.1		1	A	1		0.1	0.6	0.5
Lipids:									
Fatty acids, total saturated.....g	1.370		0	NC	4		0.044	0.205	0.167
4:0.....g	0.000		0		4		0.000	0.000	0.000
6:0.....g	0.000		0		4		0.000	0.000	0.000
8:0.....g	0.000		1	A	1		0.000	0.000	0.000
10:0.....g	0.000		0	Z	7		0.000	0.000	0.000
12:0.....g	0.000		1	A	1		0.000	0.000	0.000
13:0.....g									
14:0.....g	0.020		1	A	1		0.001	0.003	0.002
15:0.....g	0.000		1	A	1		0.000	0.000	0.000
16:0.....g	1.250		1	A	1		0.040	0.188	0.153
17:0.....g	0.000		1	A	1		0.000	0.000	0.000
18:0.....g	0.100		1	A	1		0.003	0.015	0.012
20:0.....g	0.000		1	A	1		0.000	0.000	0.000
22:0.....g	0.000		1	A	1		0.000	0.000	0.000
24:0.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated.....g	2.570		0	NC	4		0.082	0.385	0.314
14:1.....g	0.000		1	A	1		0.000	0.000	0.000
15:1.....g	0.000		1	A	1		0.000	0.000	0.000
16:1 undifferentiated.....g	0.020		1	A	1		0.001	0.003	0.002
17:1.....g	0.000		1	A	1		0.000	0.000	0.000
18:1 undifferentiated.....g	2.440		1	A	1		0.078	0.366	0.298
20:1.....g	0.060		1	A	1		0.002	0.009	0.007
22:1 undifferentiated.....g	0.050		1	A	1		0.002	0.008	0.006
24:1 c.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated.....g	2.470		0	NC	4		0.079	0.370	0.301
18:2 undifferentiated.....g	2.350		1	A	1		0.075	0.352	0.287
18:3 undifferentiated.....g	0.100		1	A	1		0.003	0.015	0.012
18:4.....g	0.000		1	A	1		0.000	0.000	0.000
20:2 n-6 c,c.....g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated.....g	0.010		1	A	1		0.000	0.001	0.001
20:5 n-3 (EPA).....g	0.000		0	Z	7		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		1	A	1		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 3.2g: 1 tbsp

Measure 2 = 15.0g: .5 oz

Measure 3 = 12.2g: .25 cup

Calories Factors: Protein 3.46 **Fat** 8.37 **Carbohydrate** 4.12

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03689
Babyfood, cereal, oatmeal, prepared with whole milk

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	74.50		0		1		21.12		
Energy	kcal	116		0	NC	4		33		
Energy	kJ	485		0		4		138		
Protein (N x 0)	g	5.00		0		1		1.42		
Total lipid (fat)	g	4.10		0		1		1.16		
Ash	g	1.10		0		1		0.31		
Carbohydrate, by difference	g	15.30		0	NC	4		4.34		
Fiber, total dietary	g	1.1		0		4		0.3		
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	220		0		1		62		
Iron, Fe	mg	12.14		0		1		3.44		
Magnesium, Mg	mg	35		0		1		10		
Phosphorus, P	mg	160		0		1		45		
Potassium, K	mg	204		0		1		58		
Sodium, Na	mg	46		0		1		13		
Zinc, Zn	mg	0.92		0		1		0.26		
Copper, Cu	mg	0.094		0		4		0.027		
Manganese, Mn	mg									
Selenium, Se	mcg									
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.3		0		4		0.4		
Thiamin	mg	0.506		0		1		0.143		
Riboflavin	mg	0.563		0		1		0.160		
Niacin	mg	5.981		0		1		1.696		
Pantothenic acid	mg	0.514		0		4		0.146		
Vitamin B-6	mg	0.060		0		1		0.017		
Folate, total	mcg	10		0		1		3		
Folic acid	mcg	0		0	Z	7		0		
Folate, food	mcg	10		0		1		3		
Folate, DFE	mcg_DFE	10		0	NC	4		3		
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.30		0		4		0.09		
Vitamin A, RAE	mcg_RAE	22		0	NC	4		6		
Retinol	mcg	19		0	NC	4		5		
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	105		0		4		30		
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									
Lipids:										
Fatty acids, total saturated	g	2.258		0		4		0.640		
Fatty acids, total monounsaturated	g									
Fatty acids, total polyunsaturated	g									
Fatty acids, total trans	g									

NDB No. 03689
Babyfood, cereal, oatmeal, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Cholesterol....mg	11		0		4		3		
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.067		0		1		0.019		
Threonine....g	0.201		0		1		0.057		
Isoleucine....g	0.256		0		1		0.073		
Leucine....g	0.445		0		1		0.126		
Lysine....g	0.311		0		1		0.088		
Methionine....g	0.112		0		1		0.032		
Cystine....g	0.104		0		1		0.029		
Phenylalanine....g	0.222		0		1		0.063		
Tyrosine....g	0.223		0		1		0.063		
Valine....g	0.310		0		1		0.088		
Arginine....g	0.269		0		1		0.076		
Histidine....g	0.113		0		1		0.032		
Alanine....g	0.203		0		1		0.058		
Aspartic acid....g	0.398		0		1		0.113		
Glutamic acid....g	1.102		0		1		0.312		
Glycine....g	0.177		0		1		0.050		
Proline....g	0.381		0		1		0.108		
Serine....g	0.261		0		1		0.074		
Hydroxyproline....g									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03192

Babyfood, cereal, oatmeal, with applesauce and bananas, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.80	0.400	6		1		23.19	139.06	
Energy	kcal	75		0	NC	4		21	128	
Energy	kJ	314		0		4		89	533	
Protein (N x 6.04)	g	1.30	0.000	6		1		0.37	2.21	
Total lipid (fat)	g	0.70	0.100	6		1		0.20	1.19	
Ash	g	0.40	0.000	6		1		0.11	0.68	
Carbohydrate, by difference	g	15.70		0	NC	4		4.45	26.69	
Fiber, total dietary	g	0.8		0		4		0.2	1.4	
Sugars, total	g	9.48		0	FLA	4		2.69	16.11	
Starch	g									
Minerals:										
Calcium, Ca	mg	6	1.000	7		1		2	10	
Iron, Fe	mg	7.50		0	O	4		2.13	12.75	
Magnesium, Mg	mg	11		1		1		3	19	
Phosphorus, P	mg	41		1		1		12	70	
Potassium, K	mg	48		1		1		14	82	
Sodium, Na	mg	31		6		1		9	53	
Zinc, Zn	mg	7.50		0	O	4		2.13	12.75	
Copper, Cu	mg	0.075		0		1		0.021	0.128	
Manganese, Mn	mg									
Selenium, Se	mcg	3.0		1	A	1		0.9	5.1	
Vitamins:										
Vitamin C, total ascorbic acid	mg	24.5		0	O	4		6.9	41.7	
Thiamin	mg	0.250		0	O	4		0.071	0.425	
Riboflavin	mg	0.484		1		1		0.137	0.823	
Niacin	mg	5.600		0	O	4		1.588	9.520	
Pantothenic acid	mg	0.227		0		4		0.064	0.386	
Vitamin B-6	mg	0.240		1		1		0.068	0.408	
Folate, total	mcg	4		0		1		1	6	
Folic acid	mcg	0		0	FLA	4		0	0	
Folate, food	mcg	4		0		1		1	6	
Folate, DFE	mcg_DFE	4		0	NC	4		1	6	
Choline, total	mg	4.1		0	FLA	4		1.2	7.0	
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	2	
Retinol	mcg	0		0	FLA	4		0	0	
Carotene, beta	mcg	12		0	BNA	4		3	20	
Carotene, alpha	mcg	7		0	BNA	4		2	11	
Cryptoxanthin, beta	mcg	4		0	BNA	4		1	6	
Vitamin A, IU	IU	28	9.000	6		1		8	48	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	17		0	FLA	4		5	29	
Vitamin E (alpha-tocopherol)	mg	0.10		0	FLA	4		0.03	0.17	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)	mcg	0.6		0	FLA	4		0.2	0.9	
Lipids:										
Fatty acids, total saturated	g	0.126		0		4		0.036	0.214	
4:0	g	0.000		0		4		0.000	0.000	

NDB No. 03192
Babyfood, cereal, oatmeal, with applesauce and bananas, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000	0.000	
8:0....g	0.000		0		4		0.000	0.000	
10:0....g	0.000		0		4		0.000	0.000	
12:0....g	0.002		0		4		0.001	0.003	
13:0....g									
14:0....g	0.001		0		4		0.000	0.002	
15:0....g									
16:0....g	0.106		0		4		0.030	0.180	
17:0....g									
18:0....g	0.007		0		4		0.002	0.012	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.216		0		4		0.061	0.367	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.001		0		4		0.000	0.002	
17:1....g									
18:1 undifferentiated....g	0.215		0		4		0.061	0.366	
20:1....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.253		0		4		0.072	0.430	
18:2 undifferentiated....g	0.242		0		4		0.069	0.411	
18:3 undifferentiated....g	0.002		0		4		0.001	0.003	
18:4....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0		4		0	0	
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.017		0		1		0.005	0.029	
Threonine....g	0.046		0		1		0.013	0.078	
Isoleucine....g	0.049		0		1		0.014	0.083	
Leucine....g	0.100		0		1		0.028	0.170	
Lysine....g	0.054		0		1		0.015	0.092	
Methionine....g	0.031		0		1		0.009	0.053	
Cystine....g	0.030		0		1		0.009	0.051	
Phenylalanine....g	0.067		0		1		0.019	0.114	
Tyrosine....g	0.052		0		1		0.015	0.088	
Valine....g	0.069		0		1		0.020	0.117	
Arginine....g	0.094		0		1		0.027	0.160	
Histidine....g	0.034		0		1		0.010	0.058	
Alanine....g	0.060		0		1		0.017	0.102	
Aspartic acid....g	0.113		0		1		0.032	0.192	
Glutamic acid....g	0.291		0		1		0.082	0.495	
Glycine....g	0.071		0		1		0.020	0.121	
Proline....g	0.065		0		1		0.018	0.111	
Serine....g	0.063		0		1		0.018	0.107	
Hydroxyproline....g									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	
Caffeine....mg	0		0	FLA	4		0	0	
Theobromine....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03192

Babyfood, cereal, oatmeal, with applesauce and bananas, junior

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.5 **Fat** 8.4 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03191

Babyfood, cereal, oatmeal, with applesauce and bananas, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	82.20	0.300	37		1		23.30	92.89	
Energy	kcal	74		0	NC	4		21	83	
Energy	kJ	308		0	NC	4		87	348	
Protein (N x 6.04)	g	1.30	0.000	25		1		0.37	1.47	
Total lipid (fat)	g	0.70	0.000	25		1		0.20	0.79	
Ash	g	0.40	0.000	25		1		0.11	0.45	
Carbohydrate, by difference	g	15.40		0	NC	4		4.37	17.40	
Fiber, total dietary	g	0.8		0		4		0.2	0.9	
Sugars, total	g	10.49		0	FLA	4		2.97	11.85	
Starch	g									
Minerals:										
Calcium, Ca	mg	9	1.000	18		1		3	10	
Iron, Fe	mg	5.65	0.180	18		1		1.60	6.38	
Magnesium, Mg	mg	11		1		1		3	12	
Phosphorus, P	mg	41		1		1		12	46	
Potassium, K	mg	47		14		1		13	53	
Sodium, Na	mg	2		18		1		1	2	
Zinc, Zn	mg	0.35	0.010	4		1		0.10	0.40	
Copper, Cu	mg	0.073	0.005	3		1		0.021	0.082	
Manganese, Mn	mg									
Selenium, Se	mcg	3.0		1	A	1		0.9	3.4	
Vitamins:										
Vitamin C, total ascorbic acid	mg	21.8	3.000	4		1		6.2	24.6	
Thiamin	mg	0.420	0.023	20		1		0.119	0.475	
Riboflavin	mg	0.365	0.009	20		1		0.103	0.412	
Niacin	mg	5.042	0.075	20		1		1.429	5.697	
Pantothenic acid	mg	0.227		0		4		0.064	0.257	
Vitamin B-6	mg	0.200	0.017	3		1		0.057	0.226	
Folate, total	mcg	4	0.100	9		1		1	4	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	4	0.100	9		1		1	4	
Folate, DFE	mcg_DFE	4		0	NC	4		1	4	
Choline, total	mg	4.1		0	FLA	4		1.2	4.6	
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	2		0	NC	4		0	2	
Retinol	mcg	0		0	FLA	4		0	0	
Carotene, beta	mcg	13		0	BNA	4		4	15	
Carotene, alpha	mcg	2		0	BNA	4		1	2	
Cryptoxanthin, beta	mcg	8		0	BNA	4		2	9	
Vitamin A, IU	IU	30	7.000	18		1		9	34	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	90		0	FLA	4		26	102	
Vitamin E (alpha-tocopherol)	mg	0.16		0	FLA	4		0.05	0.19	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)	mcg	2.2		0	FLA	4		0.6	2.4	
Lipids:										
Fatty acids, total saturated	g	0.125		0		4		0.035	0.141	
4:0	g	0.000		0		4		0.000	0.000	

NDB No. 03191
Babyfood, cereal, oatmeal, with applesauce and bananas, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000	0.000	
8:0....g	0.000		0		4		0.000	0.000	
10:0....g	0.000		0		4		0.000	0.000	
12:0....g	0.002		0		4		0.001	0.002	
13:0....g									
14:0....g	0.001		0		4		0.000	0.001	
15:0....g									
16:0....g	0.105		0		4		0.030	0.119	
17:0....g									
18:0....g	0.007		0		4		0.002	0.008	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.216		0		4		0.061	0.244	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.001		0		4		0.000	0.001	
17:1....g									
18:1 undifferentiated....g	0.215		0		4		0.061	0.243	
20:1....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.253		0		4		0.072	0.286	
18:2 undifferentiated....g	0.242		0		4		0.069	0.273	
18:3 undifferentiated....g	0.002		0		4		0.001	0.002	
18:4....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0		7		0	0	
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.017		0		1		0.005	0.019	
Threonine....g	0.046		0		1		0.013	0.052	
Isoleucine....g	0.049		0		1		0.014	0.055	
Leucine....g	0.099		0		1		0.028	0.112	
Lysine....g	0.053		0		1		0.015	0.060	
Methionine....g	0.030		0		1		0.009	0.034	
Cystine....g	0.029		0		1		0.008	0.033	
Phenylalanine....g	0.066		0		1		0.019	0.075	
Tyrosine....g	0.052		0		1		0.015	0.059	
Valine....g	0.068		0		1		0.019	0.077	
Arginine....g	0.093		0		1		0.026	0.105	
Histidine....g	0.034		0		1		0.010	0.038	
Alanine....g	0.059		0		1		0.017	0.067	
Aspartic acid....g	0.111		0		1		0.031	0.125	
Glutamic acid....g	0.287		0		1		0.081	0.324	
Glycine....g	0.070		0		1		0.020	0.079	
Proline....g	0.064		0		1		0.018	0.072	
Serine....g	0.062		0		1		0.018	0.070	
Hydroxyproline....g									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	
Caffeine....mg	0		0	FLA	4		0	0	
Theobromine....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03191

Babyfood, cereal, oatmeal, with applesauce and bananas, strained

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.5 **Fat** 8.4 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03190
Babyfood, cereal, oatmeal, with bananas, dry

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	4.70		1		1		0.12	0.71	
Energy ... kcal	393		0	NC	4		10	59	
Energy ... kJ	1644		0		4		41	247	
Protein (N x 6.04) ... g	12.00		5		1		0.30	1.80	
Total lipid (fat) ... g	6.00		5		1		0.15	0.90	
Ash ... g	3.90		1		1		0.10	0.59	
Carbohydrate, by difference ... g	73.40		0	NC	4		1.84	11.01	
Fiber, total dietary ... g	5.2		0		4		0.1	0.8	
Sugars, total ... g	13.75		0	FLA	4		0.34	2.06	
Starch ... g									
Minerals:									
Calcium, Ca ... mg	651		1		1		16	98	
Iron, Fe ... mg	47.50		0		5		1.19	7.13	
Magnesium, Mg ... mg	118		2		1		3	18	
Phosphorus, P ... mg	444		2		1		11	67	
Potassium, K ... mg	731		2		1		18	110	
Sodium, Na ... mg	119		3		1		3	18	
Zinc, Zn ... mg	1.90		2		1		0.05	0.29	
Copper, Cu ... mg	0.391		0		4		0.010	0.059	
Manganese, Mn ... mg									
Selenium, Se ... mcg	20.5		2	A	1		0.5	3.1	
Vitamins:									
Vitamin C, total ascorbic acid ... mg	4.7		5		1		0.1	0.7	
Thiamin ... mg	3.600	0.305	4		1		0.090	0.540	
Riboflavin ... mg	3.710	0.040	4		1		0.093	0.557	
Niacin ... mg	20.110	0.330	4		1		0.503	3.017	
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.423		5		1		0.011	0.063	
Folate, total ... mcg	19		0		4		0	3	
Folic acid ... mcg	0		0	Z	7		0	0	
Folate, food ... mcg	19		0		4		0	3	
Folate, DFE ... mcg_DFE	19		0	NC	4		0	3	
Choline, total ... mg	28.7		0	FLA	4		0.7	4.3	
Betaine ... mg									
Vitamin B-12 ... mcg	0.22		2		1		0.01	0.03	
Vitamin B-12, added ... mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE ... mcg_RAE	3		0	NC	4		0	1	
Retinol ... mcg	0		0	Z	7		0	0	
Carotene, beta ... mcg	28		0	BNA	4		1	4	
Carotene, alpha ... mcg	27		0	BNA	4		1	4	
Cryptoxanthin, beta ... mcg	0		0	BNA	4		0	0	
Vitamin A, IU ... IU	69	24.000	5		1		2	10	
Lycopene ... mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin ... mcg	157		0	FLA	4		4	24	
Vitamin E (alpha-tocopherol) ... mg	5.00		0	NR	4		0.13	0.75	
Vitamin E, added ... mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone) ... mcg	3.0		0	FLA	4		0.1	0.4	
Lipids:									
Fatty acids, total saturated ... g	1.267		0		4		0.032	0.190	
4:0 ... g	0.001		0		4		0.000	0.000	

NDB No. 03190
Babyfood, cereal, oatmeal, with bananas, dry

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.001		0		4		0.000	0.000	
8:0 g	0.001		0		4		0.000	0.000	
10:0 g	0.004		0		4		0.000	0.001	
12:0 g	0.015		0		4		0.000	0.002	
13:0 g									
14:0 g	0.018		0		4		0.000	0.003	
15:0 g									
16:0 g	0.972		0		4		0.024	0.146	
17:0 g									
18:0 g	0.097		0		4		0.002	0.015	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.429		0		4		0.036	0.214	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.039		0		4		0.001	0.006	
17:1 g									
18:1 undifferentiated g	1.384		0		4		0.035	0.208	
20:1 g	0.001		0		4		0.000	0.000	
22:1 undifferentiated g	0.000		0		4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	2.186		0		4		0.055	0.328	
18:2 undifferentiated g	1.970		0		4		0.049	0.296	
18:3 undifferentiated g	0.166		0		4		0.004	0.025	
18:4 g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.157		0		1		0.004	0.024	
Threonine g	0.417		0		1		0.010	0.063	
Isoleucine g	0.501		0		1		0.013	0.075	
Leucine g	0.978		0		1		0.024	0.147	
Lysine g	0.558		0		1		0.014	0.084	
Methionine g	0.266		0		1		0.007	0.040	
Cystine g	0.272		0		1		0.007	0.041	
Phenylalanine g	0.624		0		1		0.016	0.094	
Tyrosine g	0.497		0		1		0.012	0.075	
Valine g	0.699		0		1		0.017	0.105	
Arginine g	0.711		0		1		0.018	0.107	
Histidine g	0.362		0		1		0.009	0.054	
Alanine g	0.491		0		1		0.012	0.074	
Aspartic acid g	0.986		0		1		0.025	0.148	
Glutamic acid g	2.603		0		1		0.065	0.390	
Glycine g	0.505		0		1		0.013	0.076	
Proline g	0.807		0		1		0.020	0.121	
Serine g	0.582		0		1		0.015	0.087	
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	
Theobromine mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03190

Babyfood, cereal, oatmeal, with bananas, dry

Common Measures:

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

Calories Factors: Protein 3.5 **Fat** 8.4 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03690

Babyfood, cereal, oatmeal, with bananas, prepared with whole milk

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.81		0	RA	4		23.19		
Energy	kcal	86		0	NC	4		24		
Energy	kJ	362		0	NC	4		102		
Protein (N x 0)	g	3.82		0	RA	4		1.08		
Total lipid (fat)	g	3.46		0	RA	4		0.98		
Ash	g	0.92		0	RA	4		0.26		
Carbohydrate, by difference	g	10.00		0	RA	4		2.83		
Fiber, total dietary	g	0.4		0	RA	4		0.1		
Sugars, total	g	5.90		0	RA	4		1.67		
Sucrose	g	0.00		0	RA	4		0.00		
Glucose (dextrose)	g	0.00		0	RA	4		0.00		
Fructose	g	0.00		0	RA	4		0.00		
Lactose	g	4.67		0	RA	4		1.32		
Maltose	g	0.00		0	RA	4		0.00		
Galactose	g	0.00		0	RA	4		0.00		
Starch	g									
Minerals:										
Calcium, Ca	mg	153		0	RA	4		43		
Iron, Fe	mg	3.63		0	RA	4		1.03		
Magnesium, Mg	mg	18		0	RA	4		5		
Phosphorus, P	mg	111		0	RA	4		32		
Potassium, K	mg	178		0	RA	4		50		
Sodium, Na	mg	48		0	RA	4		14		
Zinc, Zn	mg	0.49		0	RA	4		0.14		
Copper, Cu	mg	0.053		0	RA	4		0.015		
Manganese, Mn	mg	0.004		0	RA	4		0.001		
Selenium, Se	mcg	4.9		0	RA	4		1.4		
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.4		0	RA	4		0.1		
Thiamin	mg	0.315		0	RA	4		0.089		
Riboflavin	mg	0.437		0	RA	4		0.124		
Niacin	mg	1.605		0	RA	4		0.455		
Pantothenic acid	mg	0.345		0	RA	4		0.098		
Vitamin B-6	mg	0.104		0		1		0.029		
Folate, total	mcg	6		0	RA	4		2		
Folic acid	mcg	0		0	RA	4		0		
Folate, food	mcg	6		0	RA	4		2		
Folate, DFE	mcg_DFE	6		0	NC	4		2		
Choline, total	mg	15.4		0	RA	4		4.4		
Betaine	mg	0.6		0	RA	4		0.2		
Vitamin B-12	mcg	0.43		0	RA	4		0.12		
Vitamin B-12, added	mcg	0.00		0	RA	4		0.00		
Vitamin A, RAE	mcg_RAE	43		0	RA	4		12		
Retinol	mcg	42		0	RA	4		12		
Carotene, beta	mcg	8		0	RA	4		2		
Carotene, alpha	mcg	2		0	RA	4		1		
Cryptoxanthin, beta	mcg	0		0	RA	4		0		
Vitamin A, IU	IU	155		0	RA	4		44		
Lycopene	mcg	0		0	RA	4		0		
Lutein + zeaxanthin	mcg	12		0	RA	4		3		
Vitamin E (alpha-tocopherol)	mg	0.44		0	RA	4		0.13		
Vitamin E, added	mg	0.00		0	RA	4		0.00		
Tocopherol, beta	mg	0.00		0	RA	4		0.00		
Tocopherol, gamma	mg	0.00		0	RA	4		0.00		
Tocopherol, delta	mg	0.00		0	RA	4		0.00		
Vitamin D (D2 + D3)	mcg	1.2		0	RA	4		0.3		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03690

Babyfood, cereal, oatmeal, with bananas, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	1.2		0	RA	4		0.3		
Vitamin D....IU	47		0	RA	4		13		
Vitamin K (phylloquinone)....mcg	0.5		0	RA	4		0.1		
Lipids:									
Fatty acids, total saturated....g	1.820		0	RA	4		0.516		
4:0....g	0.069		0	RA	4		0.020		
6:0....g	0.069		0	RA	4		0.020		
8:0....g	0.069		0	RA	4		0.020		
10:0....g	0.069		0	RA	4		0.020		
12:0....g	0.072		0	RA	4		0.020		
13:0....g	0.000		0	RA	4		0.000		
14:0....g	0.276		0	RA	4		0.078		
15:0....g	0.000		0	RA	4		0.000		
16:0....g	0.840		0	RA	4		0.238		
17:0....g	0.000		0	RA	4		0.000		
18:0....g	0.344		0	RA	4		0.098		
20:0....g	0.000		0	RA	4		0.000		
22:0....g	0.000		0	RA	4		0.000		
24:0....g	0.000		0	RA	4		0.000		
Fatty acids, total monounsaturated....g	0.859		0	RA	4		0.244		
14:1....g	0.000		0	RA	4		0.000		
15:1....g									
16:1 undifferentiated....g	0.003		0	RA	4		0.001		
17:1....g									
18:1 undifferentiated....g	0.856		0	RA	4		0.243		
20:1....g	0.000		0	RA	4		0.000		
22:1 undifferentiated....g	0.000		0	RA	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.345		0	RA	4		0.098		
18:2 undifferentiated....g	0.260		0	RA	4		0.074		
18:3 undifferentiated....g	0.081		0	RA	4		0.023		
18:4....g	0.000		0	RA	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	RA	4		0.000		
20:5 n-3 (EPA)....g	0.000		0	RA	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	RA	4		0.000		
22:6 n-3 (DHA)....g	0.000		0	RA	4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	10		0	RA	4		3		
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.080		0	RA	4		0.023		
Threonine....g	0.161		0	RA	4		0.046		
Isoleucine....g	0.187		0	RA	4		0.053		
Leucine....g	0.314		0	RA	4		0.089		
Lysine....g	0.309		0		1		0.088		
Methionine....g	0.088		0	RA	4		0.025		
Cystine....g	0.036		0	RA	4		0.010		
Phenylalanine....g	0.180		0	RA	4		0.051		
Tyrosine....g	0.214		0		1		0.061		
Valine....g	0.227		0	RA	4		0.064		
Arginine....g	0.122		0	RA	4		0.034		
Histidine....g	0.095		0	RA	4		0.027		
Alanine....g	0.130		0	RA	4		0.037		
Aspartic acid....g	0.289		0	RA	4		0.082		
Glutamic acid....g	0.783		0	RA	4		0.222		
Glycine....g	0.106		0	RA	4		0.030		
Proline....g	0.370		0	RA	4		0.105		
Serine....g	0.141		0	RA	4		0.040		
Hydroxyproline....g									
Others:									

NDB No. 03690

Babyfood, cereal, oatmeal, with bananas, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl.....g	0.0		0	RA	4		0.0		
Caffeine.....mg	0		0	RA	4		0		
Theobromine.....mg	0		0	RA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03193
Babyfood, cereal, oatmeal, with honey, dry

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	5.80	0.300	13		1		0.14	0.82	
Energy....kcal	391		0	NC	4		9	56	
Energy....kJ	1636				4		39	232	
Protein (N x 5.83)....g	13.50	0.100	13		1		0.32	1.92	
Total lipid (fat)....g	7.00	0.100	13		1		0.17	0.99	
Ash....g	4.40	0.100	13		1		0.11	0.62	
Carbohydrate, by difference....g	69.30		0	NC	4		1.66	9.84	
Fiber, total dietary....g									
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	1154	13.000	13		1		28	164	
Iron, Fe....mg	67.23	1.130	13		1		1.61	9.55	
Magnesium, Mg....mg	146		0		4		4	21	
Phosphorus, P....mg	733	29.000	14		1		18	104	
Potassium, K....mg	259	8.000	13		1		6	37	
Sodium, Na....mg	47	2.000	13		1		1	7	
Zinc, Zn....mg	3.70		0		4		0.09	0.53	
Copper, Cu....mg	0.529		0		4		0.013	0.075	
Manganese, Mn....mg									
Selenium, Se....mcg	36.4		0	BFZN	4		0.9	5.2	
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.0		13		1		0.0	0.0	
Thiamin....mg	2.771	0.061	13		1		0.067	0.393	
Riboflavin....mg	2.842	0.030	13		1		0.068	0.404	
Niacin....mg	36.292	0.808	13		1		0.871	5.153	
Pantothenic acid....mg	1.540		0		4		0.037	0.219	
Vitamin B-6....mg	0.154		0		4		0.004	0.022	
Folate, total....mcg	35		0		4		1	5	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	35		0		4		1	5	
Folate, DFE....mcg_DFE	35		0	NC	4		1	5	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0	0	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	23	2.000	13		1		1	3	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03193

Babyfood, cereal, oatmeal, with honey, dry

Common Measures:

Measure 1 = 2.4g: 1 tbsp

Measure 2 = 14.2g: .5 oz

Calories Factors: Protein 3.5 **Fat** 8.4 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03693

Babyfood, cereal, oatmeal, with honey, prepared with whole milk

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	74.50		0		1		21.12		
Energy	kcal	115		0	NC	4		33		
Energy	kJ	481				4		136		
Protein (N x 0)	g	5.00		0		1		1.42		
Total lipid (fat)	g	3.90		0		1		1.11		
Ash	g	1.30		0		1		0.37		
Carbohydrate, by difference	g	15.30		0	NC	4		4.34		
Fiber, total dietary	g									
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	289		0		1		82		
Iron, Fe	mg	11.09		0		1		3.14		
Magnesium, Mg	mg	35		0		4		10		
Phosphorus, P	mg	198		0		1		56		
Potassium, K	mg	170		0		1		48		
Sodium, Na	mg	49		0		1		14		
Zinc, Zn	mg	0.93		0		4		0.26		
Copper, Cu	mg	0.095		0		4		0.027		
Manganese, Mn	mg									
Selenium, Se	mcg									
Vitamins:										
Vitamin C, total ascorbic acid	mg									
Thiamin	mg	0.487		0		1		0.138		
Riboflavin	mg	0.602		0		1		0.171		
Niacin	mg	6.034		0		1		1.711		
Pantothenic acid	mg	0.514		0		4		0.146		
Vitamin B-6	mg	0.060		0		4		0.017		
Folate, total	mcg	10		0		4		3		
Folic acid	mcg	0		0	Z	7		0		
Folate, food	mcg	10		0		4		3		
Folate, DFE	mcg_DFE	10		0	NC	4		3		
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.30		0		4		0.09		
Vitamin A, RAE	mcg_RAE									
Retinol	mcg									
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU									
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03693

Babyfood, cereal, oatmeal, with honey, prepared with whole milk

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein	**Fat**	**Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03194
Babyfood, cereal, rice, dry

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	6.70	0.100	37		1		0.17	1.01	
Energy	kcal	391		0	NC	4		10	59	
Energy	kJ	1636		0		4		41	245	
Protein (N x 5.95)	g	7.10	0.300	23		1		0.18	1.07	
Total lipid (fat)	g	4.90	0.500	23		1		0.12	0.74	
Ash	g	3.60	0.400	22		1		0.09	0.54	
Carbohydrate, by difference	g	77.60		0	NC	4		1.94	11.64	
Fiber, total dietary	g	0.5		0		4		0.0	0.1	
Sugars, total	g	0.12		0	BFSN	4		0.00	0.02	
Starch	g									
Minerals:										
Calcium, Ca	mg	850		18		1		21	128	
Iron, Fe	mg	47.50		0		5		1.19	7.13	
Magnesium, Mg	mg	206	11.000	3		1		5	31	
Phosphorus, P	mg	590	4.000	18		1		15	89	
Potassium, K	mg	385		16		1		10	58	
Sodium, Na	mg	32		17		1		1	5	
Zinc, Zn	mg	1.98	0.048	18		1		0.05	0.30	
Copper, Cu	mg	0.331		20		1		0.008	0.050	
Manganese, Mn	mg									
Selenium, Se	mcg	11.6	1.400	4	A	1		0.3	1.7	
Vitamins:										
Vitamin C, total ascorbic acid	mg	2.4		15		1		0.1	0.4	
Thiamin	mg	2.645		22		1		0.066	0.397	
Riboflavin	mg	2.221	0.082	21		1		0.056	0.333	
Niacin	mg	31.243		0		1		0.781	4.686	
Pantothenic acid	mg									
Vitamin B-6	mg	0.479		5		1		0.012	0.072	
Folate, total	mcg	24	0.800	6		1		1	4	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	24	0.800	6		1		1	4	
Folate, DFE	mcg_DFE	24		0	NC	4		1	4	
Choline, total	mg	18.0		0	FLA	4		0.5	2.7	
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	0		0	NC	4		0	0	
Retinol	mcg	0		0	Z	7		0	0	
Carotene, beta	mcg	0		0	BFSN	4		0	0	
Carotene, alpha	mcg	0		0	BFSN	4		0	0	
Cryptoxanthin, beta	mcg	0		0	BFSN	4		0	0	
Vitamin A, IU	IU	0		0	NC	4		0	0	
Lycopene	mcg	0		0	BFSN	4		0	0	
Lutein + zeaxanthin	mcg	0		0	BFSN	4		0	0	
Vitamin E (alpha-tocopherol)	mg	5.00		0	NR	4		0.13	0.75	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)	mcg	0.0		0	BFSN	4		0.0	0.0	
Lipids:										
Fatty acids, total saturated	g	0.919		0		4		0.023	0.138	
4:0	g	0.000		0		4		0.000	0.000	

NDB No. 03194
Babyfood, cereal, rice, dry

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	
8:0 g	0.000		0		4		0.000	0.000	
10:0 g	0.000		0		4		0.000	0.000	
12:0 g	0.000		0		4		0.000	0.000	
13:0 g									
14:0 g	0.013		0		4		0.000	0.002	
15:0 g									
16:0 g	0.767		0		4		0.019	0.115	
17:0 g									
18:0 g	0.126		0		4		0.003	0.019	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.260		0		4		0.032	0.189	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.027		0		4		0.001	0.004	
17:1 g									
18:1 undifferentiated g	1.229		0		4		0.031	0.184	
20:1 g	0.002		0		4		0.000	0.000	
22:1 undifferentiated g	0.000		0		4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	2.016		0		4		0.050	0.302	
18:2 undifferentiated g	1.799		0		4		0.045	0.270	
18:3 undifferentiated g	0.215		0		4		0.005	0.032	
18:4 g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.094		0		1		0.002	0.014	
Threonine g	0.316		0		1		0.008	0.047	
Isoleucine g	0.290		0		1		0.007	0.044	
Leucine g	0.559		0		1		0.014	0.084	
Lysine g	0.304		0		1		0.008	0.046	
Methionine g	0.185		0		1		0.005	0.028	
Cystine g	0.169		0		1		0.004	0.025	
Phenylalanine g	0.364		0		1		0.009	0.055	
Tyrosine g	0.324		0		1		0.008	0.049	
Valine g	0.446		0		1		0.011	0.067	
Arginine g	0.646		0		1		0.016	0.097	
Histidine g	0.193		0		1		0.005	0.029	
Alanine g	0.425		0		1		0.011	0.064	
Aspartic acid g	0.696		0		1		0.017	0.104	
Glutamic acid g	1.291		0		1		0.032	0.194	
Glycine g	0.366		0		1		0.009	0.055	
Proline g	0.316		0		1		0.008	0.047	
Serine g	0.342		0		1		0.009	0.051	
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	Z	7		0	0	
Theobromine mg	0		0	Z	7		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03194
Babyfood, cereal, rice, dry

Common Measures:

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

Calories Factors: Protein 3.82 **Fat** 8.37 **Carbohydrate** 4.16

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03694
Babyfood, cereal, rice, prepared with whole milk

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.96		0	RA	4		23.23		
Energy	kcal	85		0	NC	4		24		
Energy	kJ	357		0	NC	4		101		
Protein (N x 0)	g	3.45		0	RA	4		0.98		
Total lipid (fat)	g	3.38		0	RA	4		0.96		
Ash	g	0.89		0	RA	4		0.25		
Carbohydrate, by difference	g	10.31		0	RA	4		2.92		
Fiber, total dietary	g	0.0		0	RA	4		0.0		
Sugars, total	g	4.87		0	RA	4		1.38		
Sucrose	g	0.00		0	RA	4		0.00		
Glucose (dextrose)	g	0.00		0	RA	4		0.00		
Fructose	g	0.00		0	RA	4		0.00		
Lactose	g	4.67		0	RA	4		1.32		
Maltose	g	0.00		0	RA	4		0.00		
Galactose	g	0.00		0	RA	4		0.00		
Starch	g									
Minerals:										
Calcium, Ca	mg	168		0	RA	4		48		
Iron, Fe	mg	3.63		0	RA	4		1.03		
Magnesium, Mg	mg	25		0	RA	4		7		
Phosphorus, P	mg	122		0	RA	4		35		
Potassium, K	mg	151		0	RA	4		43		
Sodium, Na	mg	42		0	RA	4		12		
Zinc, Zn	mg	0.49		0	RA	4		0.14		
Copper, Cu	mg	0.048		0	RA	4		0.014		
Manganese, Mn	mg	0.004		0	RA	4		0.001		
Selenium, Se	mcg	4.3		0	RA	4		1.2		
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.2		0	RA	4		0.1		
Thiamin	mg	0.243		0	RA	4		0.069		
Riboflavin	mg	0.324		0	RA	4		0.092		
Niacin	mg	2.449		0	RA	4		0.694		
Pantothenic acid	mg	0.345		0	RA	4		0.098		
Vitamin B-6	mg	0.069		0	RA	4		0.020		
Folate, total	mcg	6		0	RA	4		2		
Folic acid	mcg	0		0	RA	4		0		
Folate, food	mcg	6		0	RA	4		2		
Folate, DFE	mcg_DFE	6		0	NC	4		2		
Choline, total	mg	14.6		0	RA	4		4.1		
Betaine	mg	0.6		0	RA	4		0.2		
Vitamin B-12	mcg	0.41		0	RA	4		0.12		
Vitamin B-12, added	mcg	0.00		0	RA	4		0.00		
Vitamin A, RAE	mcg_RAE	42		0	NC	4		12		
Retinol	mcg	42		0	RA	4		12		
Carotene, beta	mcg	6		0	RA	4		2		
Carotene, alpha	mcg	0		0	RA	4		0		
Cryptoxanthin, beta	mcg	0		0	RA	4		0		
Vitamin A, IU	IU	150		0	RA	4		42		
Lycopene	mcg	0		0	RA	4		0		
Lutein + zeaxanthin	mcg	0		0	RA	4		0		
Vitamin E (alpha-tocopherol)	mg	0.44		0	RA	4		0.13		
Vitamin E, added	mg	0.00		0	RA	4		0.00		
Tocopherol, beta	mg	0.00		0	RA	4		0.00		
Tocopherol, gamma	mg	0.00		0	RA	4		0.00		
Tocopherol, delta	mg	0.00		0	RA	4		0.00		
Vitamin D (D2 + D3)	mcg	1.2		0	RA	4		0.3		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03694
Babyfood, cereal, rice, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	1.2		0	RA	4		0.3		
Vitamin D....IU	47		0	RA	4		13		
Vitamin K (phylloquinone)....mcg	0.2		0	RA	4		0.1		
Lipids:									
Fatty acids, total saturated....g	1.793		0	RA	4		0.508		
4:0....g	0.069		0	RA	4		0.020		
6:0....g	0.069		0	RA	4		0.020		
8:0....g	0.069		0	RA	4		0.020		
10:0....g	0.069		0	RA	4		0.020		
12:0....g	0.071		0	RA	4		0.020		
13:0....g	0.000		0	RA	4		0.000		
14:0....g	0.275		0	RA	4		0.078		
15:0....g	0.000		0	RA	4		0.000		
16:0....g	0.824		0	RA	4		0.234		
17:0....g	0.000		0	RA	4		0.000		
18:0....g	0.347		0	RA	4		0.098		
20:0....g	0.000		0	RA	4		0.000		
22:0....g	0.000		0	RA	4		0.000		
24:0....g	0.000		0	RA	4		0.000		
Fatty acids, total monounsaturated....g	0.846		0	RA	4		0.240		
14:1....g	0.000		0	RA	4		0.000		
15:1....g									
16:1 undifferentiated....g	0.002		0	RA	4		0.001		
17:1....g									
18:1 undifferentiated....g	0.844		0	RA	4		0.239		
20:1....g	0.000		0	RA	4		0.000		
22:1 undifferentiated....g	0.000		0	RA	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.333		0	RA	4		0.094		
18:2 undifferentiated....g	0.247		0	RA	4		0.070		
18:3 undifferentiated....g	0.085		0	RA	4		0.024		
18:4....g	0.000		0	RA	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	RA	4		0.000		
20:5 n-3 (EPA)....g	0.000		0	RA	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	RA	4		0.000		
22:6 n-3 (DHA)....g	0.000		0	RA	4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	10		0	RA	4		3		
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.075		0	RA	4		0.021		
Threonine....g	0.153		0	RA	4		0.043		
Isoleucine....g	0.171		0	RA	4		0.049		
Leucine....g	0.282		0	RA	4		0.080		
Lysine....g	0.150		0	RA	4		0.042		
Methionine....g	0.082		0	RA	4		0.023		
Cystine....g	0.028		0	RA	4		0.008		
Phenylalanine....g	0.160		0	RA	4		0.045		
Tyrosine....g	0.162		0	RA	4		0.046		
Valine....g	0.208		0	RA	4		0.059		
Arginine....g	0.117		0	RA	4		0.033		
Histidine....g	0.082		0	RA	4		0.023		
Alanine....g	0.125		0	RA	4		0.035		
Aspartic acid....g	0.267		0	RA	4		0.076		
Glutamic acid....g	0.684		0	RA	4		0.194		
Glycine....g	0.095		0	RA	4		0.027		
Proline....g	0.333		0	RA	4		0.094		
Serine....g	0.122		0	RA	4		0.035		
Hydroxyproline....g									
Others:									

NDB No. 03694
Babyfood, cereal, rice, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl.....g	0.0		0	RA	4		0.0		
Caffeine.....mg	0		0	RA	4		0		
Theobromine.....mg	0		0	RA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03195

Babyfood, cereal, rice, with applesauce and bananas, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.00	0.800	24		1		12.96	22.96	91.53
Energy	kcal	80		0	NC	4		13	23	90
Energy	kJ	334		0	NC	4		53	95	377
Protein (N x 6)	g	1.20	0.000	23		1		0.19	0.34	1.36
Total lipid (fat)	g	0.40	0.100	23		1		0.06	0.11	0.45
Ash	g	0.30	0.000	23		1		0.05	0.09	0.34
Carbohydrate, by difference	g	17.10		0	NC	4		2.74	4.85	19.32
Fiber, total dietary	g	1.0		0		4		0.2	0.3	1.1
Sugars, total	g	2.24		0	FLA	4		0.36	0.64	2.53
Starch	g									
Minerals:										
Calcium, Ca	mg	17	0.000	19		1		3	5	19
Iron, Fe	mg	6.73	0.620	19		1		1.08	1.91	7.60
Magnesium, Mg	mg	3		1		1		0	1	3
Phosphorus, P	mg	12		1		1		2	3	14
Potassium, K	mg	28		14		1		4	8	32
Sodium, Na	mg	28		19		1		4	8	32
Zinc, Zn	mg	0.08		1		1		0.01	0.02	0.09
Copper, Cu	mg	0.051		0		4		0.008	0.014	0.058
Manganese, Mn	mg									
Selenium, Se	mcg	2.1		1	A	1		0.3	0.6	2.4
Vitamins:										
Vitamin C, total ascorbic acid	mg	31.6	1.000	19		1		5.1	9.0	35.7
Thiamin	mg	0.260		18		1		0.042	0.074	0.294
Riboflavin	mg	0.422		18		1		0.068	0.120	0.477
Niacin	mg	4.017		18		1		0.643	1.139	4.539
Pantothenic acid	mg									
Vitamin B-6	mg	0.234		4		1		0.037	0.066	0.264
Folate, total	mcg	3	0.200	6		1		0	1	3
Folic acid	mcg	0		0	FLA	4		0	0	0
Folate, food	mcg	1		0	FLA	4		0	0	1
Folate, DFE	mcg_DFE	1		0	NC	4		0	0	1
Choline, total	mg	1.9		0	FLA	4		0.3	0.5	2.2
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	0	1
Retinol	mcg	0		0	FLA	4		0	0	0
Carotene, beta	mcg	9		0	BNA	4		1	3	10
Carotene, alpha	mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta	mcg	7		0	BNA	4		1	2	8
Vitamin A, IU	IU	21	5.000	19		1		3	6	24
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	4		0	FLA	4		1	1	4
Vitamin E (alpha-tocopherol)	mg	0.04		0	FLA	4		0.01	0.01	0.04
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	0.2		0	FLA	4		0.0	0.1	0.3
Lipids:										
Fatty acids, total saturated	g	0.114		0		4		0.018	0.032	0.129
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03195
Babyfood, cereal, rice, with applesauce and bananas, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.002		0		4		0.000	0.001	0.002
15:0 g									
16:0 g	0.096		0		4		0.015	0.027	0.108
17:0 g									
18:0 g	0.007		0		4		0.001	0.002	0.008
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.104		0		4		0.017	0.029	0.118
14:1 g									
15:1 g									
16:1 undifferentiated g	0.003		0		4		0.000	0.001	0.003
17:1 g									
18:1 undifferentiated g	0.101		0		4		0.016	0.029	0.114
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.102		0		4		0.016	0.029	0.115
18:2 undifferentiated g	0.082		0		4		0.013	0.023	0.093
18:3 undifferentiated g	0.021		0		4		0.003	0.006	0.024
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.012		0		1		0.002	0.003	0.014
Threonine g	0.040		0		1		0.006	0.011	0.045
Isoleucine g	0.048		0		1		0.008	0.014	0.054
Leucine g	0.116		0		1		0.019	0.033	0.131
Lysine g	0.068		0		1		0.011	0.019	0.077
Methionine g	0.020		0		1		0.003	0.006	0.023
Cystine g	0.014		0		1		0.002	0.004	0.016
Phenylalanine g	0.058		0		1		0.009	0.016	0.066
Tyrosine g	0.056		0		1		0.009	0.016	0.063
Valine g	0.068		0		1		0.011	0.019	0.077
Arginine g	0.040		0		1		0.006	0.011	0.045
Histidine g	0.032		0		1		0.005	0.009	0.036
Alanine g	0.056		0		1		0.009	0.016	0.063
Aspartic acid g	0.076		0		1		0.012	0.022	0.086
Glutamic acid g	0.236		0		1		0.038	0.067	0.267
Glycine g	0.028		0		1		0.004	0.008	0.032
Proline g	0.104		0		1		0.017	0.029	0.118
Serine g	0.052		0		1		0.008	0.015	0.059
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03195

Babyfood, cereal, rice, with applesauce and bananas, strained

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.8 **Fat** 8.4 **Carbohydrate** 4.2

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03212
Babyfood, cereal, rice, with bananas, dry

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	4.70		1		1		0.12	0.71	
Energy....kcal	404		0	NC	4		10	61	
Energy....kJ	1690		0		4		42	254	
Protein (N x 6)....g	8.70		4		1		0.22	1.31	
Total lipid (fat)....g	4.20		4		1		0.11	0.63	
Ash....g	2.50		1		1		0.06	0.38	
Carbohydrate, by difference....g	79.90		0	NC	4		2.00	11.99	
Fiber, total dietary....g	1.0		0		4		0.0	0.2	
Sugars, total....g	16.70		0	T	4		0.42	2.51	
Starch....g									
Minerals:									
Calcium, Ca....mg	691		1		1		17	104	
Iron, Fe....mg	47.50		0		1		1.19	7.13	
Magnesium, Mg....mg	141		1		1		4	21	
Phosphorus, P....mg	410		1		1		10	62	
Potassium, K....mg	769		1		1		19	115	
Sodium, Na....mg	96		2		1		2	14	
Zinc, Zn....mg	1.50		1		1		0.04	0.23	
Copper, Cu....mg	0.254		0		4		0.006	0.038	
Manganese, Mn....mg									
Selenium, Se....mcg	11.6		0	CAZN	4		0.3	1.7	
Vitamins:									
Vitamin C, total ascorbic acid....mg	2.0		2		1		0.1	0.3	
Thiamin....mg	3.970	0.335	4		1		0.099	0.596	
Riboflavin....mg	3.800	0.110	4		1		0.095	0.570	
Niacin....mg	23.320	0.500	4		1		0.583	3.498	
Pantothenic acid....mg									
Vitamin B-6....mg	0.686	0.037	3		1		0.017	0.103	
Folate, total....mcg	12		0		4		0	2	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	12		0		4		0	2	
Folate, DFE....mcg_DFE	12		0	NC	4		0	2	
Choline, total....mg	25.8		0	FLA	4		0.6	3.9	
Betaine....mg									
Vitamin B-12....mcg	0.21		2		1		0.01	0.03	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0	0	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg	12		0	BNA	4		0	2	
Carotene, alpha....mcg	11		0	BNA	4		0	2	
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	
Vitamin A, IU....IU	29	22.000	4		1		1	4	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	39		0	FLA	4		1	6	
Vitamin E (alpha-tocopherol)....mg	0.37		0	FLA	4		0.01	0.06	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	3.8		0	FLA	4		0.1	0.6	
Lipids:									
Fatty acids, total saturated....g	0.978		0		4		0.024	0.147	
4:0....g	0.001		0		4		0.000	0.000	

NDB No. 03212
Babyfood, cereal, rice, with bananas, dry

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000	0.000	
8:0....g	0.000		0		4		0.000	0.000	
10:0....g	0.002		0		4		0.000	0.000	
12:0....g	0.002		0		4		0.000	0.000	
13:0....g									
14:0....g	0.018		0		4		0.000	0.003	
15:0....g									
16:0....g	0.790		0		4		0.020	0.119	
17:0....g									
18:0....g	0.098		0		4		0.002	0.015	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.986		0		4		0.025	0.148	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.026		0		4		0.001	0.004	
17:1....g									
18:1 undifferentiated....g	0.955		0		4		0.024	0.143	
20:1....g	0.002		0		4		0.000	0.000	
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	1.503		0		4		0.038	0.225	
18:2 undifferentiated....g	1.288		0		4		0.032	0.193	
18:3 undifferentiated....g	0.214		0		4		0.005	0.032	
18:4....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0		4		0	0	
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.154		0		1		0.004	0.023	
Threonine....g	0.444		0		1		0.011	0.067	
Isoleucine....g	0.464		0		1		0.012	0.070	
Leucine....g	0.821		0		1		0.021	0.123	
Lysine....g	0.452		0		1		0.011	0.068	
Methionine....g	0.229		0		1		0.006	0.034	
Cystine....g	0.184		0		1		0.005	0.028	
Phenylalanine....g	0.400		0		1		0.010	0.060	
Tyrosine....g	0.368		0		1		0.009	0.055	
Valine....g	0.547		0		1		0.014	0.082	
Arginine....g	0.603		0		1		0.015	0.090	
Histidine....g	0.273		0		1		0.007	0.041	
Alanine....g	0.496		0		1		0.012	0.074	
Aspartic acid....g	0.857		0		1		0.021	0.129	
Glutamic acid....g	1.523		0		1		0.038	0.228	
Glycine....g	0.364		0		1		0.009	0.055	
Proline....g	0.418		0		1		0.010	0.063	
Serine....g	0.467		0		1		0.012	0.070	
Hydroxyproline....g									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	
Caffeine....mg	0		0	FLA	4		0	0	
Theobromine....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03212

Babyfood, cereal, rice, with bananas, dry

Common Measures:

Measure 1 = 2.5g: 1 tbsp

Measure 2 = 15.0g: .5 oz

Calories Factors: Protein 3.8 **Fat** 8.4 **Carbohydrate** 4.2

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03712
Babyfood, cereal, rice, with bananas, prepared with whole milk

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.81		0	RA	4		23.19		
Energy	kcal	86		0	NC	4		24		
Energy	kJ	360		0	NC	4		102		
Protein (N x 0)	g	3.57		0	RA	4		1.01		
Total lipid (fat)	g	3.32		0	RA	4		0.94		
Ash	g	0.81		0	RA	4		0.23		
Carbohydrate, by difference	g	10.49		0	RA	4		2.97		
Fiber, total dietary	g	0.1		0	RA	4		0.0		
Sugars, total	g	6.13		0	RA	4		1.74		
Sucrose	g	0.00		0	RA	4		0.00		
Glucose (dextrose)	g	0.00		0	RA	4		0.00		
Fructose	g	0.00		0	RA	4		0.00		
Lactose	g	4.67		0	RA	4		1.32		
Maltose	g	0.00		0	RA	4		0.00		
Galactose	g	0.00		0	RA	4		0.00		
Starch	g									
Minerals:										
Calcium, Ca	mg	156		0	RA	4		44		
Iron, Fe	mg	3.63		0	RA	4		1.03		
Magnesium, Mg	mg	20		0	RA	4		6		
Phosphorus, P	mg	109		0	RA	4		31		
Potassium, K	mg	180		0	RA	4		51		
Sodium, Na	mg	47		0	RA	4		13		
Zinc, Zn	mg	0.46		0	RA	4		0.13		
Copper, Cu	mg	0.042		0	RA	4		0.012		
Manganese, Mn	mg	0.004		0	RA	4		0.001		
Selenium, Se	mcg	4.3		0	RA	4		1.2		
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.2		0	RA	4		0.0		
Thiamin	mg	0.684		0		1		0.194		
Riboflavin	mg	0.444		0	RA	4		0.126		
Niacin	mg	1.849		0	RA	4		0.524		
Pantothenic acid	mg	0.345		0	RA	4		0.098		
Vitamin B-6	mg	0.085		0	RA	4		0.024		
Folate, total	mcg	6		0	RA	4		2		
Folic acid	mcg	0		0	RA	4		0		
Folate, food	mcg	6		0	RA	4		2		
Folate, DFE	mcg_DFE	6		0	NC	4		2		
Choline, total	mg	15.2		0	RA	4		4.3		
Betaine	mg	0.6		0	RA	4		0.2		
Vitamin B-12	mcg	0.43		0	RA	4		0.12		
Vitamin B-12, added	mcg	0.00		0	RA	4		0.00		
Vitamin A, RAE	mcg_RAE	43		0	RA	4		12		
Retinol	mcg	42		0	RA	4		12		
Carotene, beta	mcg	7		0	RA	4		2		
Carotene, alpha	mcg	1		0	RA	4		0		
Cryptoxanthin, beta	mcg	0		0	RA	4		0		
Vitamin A, IU	IU	152		0	RA	4		43		
Lycopene	mcg	0		0	RA	4		0		
Lutein + zeaxanthin	mcg	3		0	RA	4		1		
Vitamin E (alpha-tocopherol)	mg	0.09		0	RA	4		0.03		
Vitamin E, added	mg	0.00		0	RA	4		0.00		
Tocopherol, beta	mg	0.00		0	RA	4		0.00		
Tocopherol, gamma	mg	0.00		0	RA	4		0.00		
Tocopherol, delta	mg	0.00		0	RA	4		0.00		
Vitamin D (D2 + D3)	mcg	1.2		0	RA	4		0.3		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03712

Babyfood, cereal, rice, with bananas, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	1.2		0	RA	4		0.3		
Vitamin D....IU	47		0	RA	4		13		
Vitamin K (phylloquinone)....mcg	0.5		0	RA	4		0.1		
Lipids:									
Fatty acids, total saturated....g	1.798		0	RA	4		0.510		
4:0....g	0.069		0	RA	4		0.020		
6:0....g	0.069		0	RA	4		0.020		
8:0....g	0.069		0	RA	4		0.020		
10:0....g	0.069		0	RA	4		0.020		
12:0....g	0.071		0	RA	4		0.020		
13:0....g	0.000		0	RA	4		0.000		
14:0....g	0.276		0	RA	4		0.078		
15:0....g	0.000		0	RA	4		0.000		
16:0....g	0.826		0	RA	4		0.234		
17:0....g	0.000		0	RA	4		0.000		
18:0....g	0.345		0	RA	4		0.098		
20:0....g	0.000		0	RA	4		0.000		
22:0....g	0.000		0	RA	4		0.000		
24:0....g	0.000		0	RA	4		0.000		
Fatty acids, total monounsaturated....g	0.826		0	RA	4		0.234		
14:1....g	0.000		0	RA	4		0.000		
15:1....g									
16:1 undifferentiated....g	0.002		0	RA	4		0.001		
17:1....g									
18:1 undifferentiated....g	0.823		0	RA	4		0.233		
20:1....g	0.000		0	RA	4		0.000		
22:1 undifferentiated....g	0.000		0	RA	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.294		0	RA	4		0.083		
18:2 undifferentiated....g	0.209		0	RA	4		0.059		
18:3 undifferentiated....g	0.085		0	RA	4		0.024		
18:4....g	0.000		0	RA	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	RA	4		0.000		
20:5 n-3 (EPA)....g	0.000		0	RA	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	RA	4		0.000		
22:6 n-3 (DHA)....g	0.000		0	RA	4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	10		0	RA	4		3		
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.079		0	RA	4		0.022		
Threonine....g	0.163		0	RA	4		0.046		
Isoleucine....g	0.184		0	RA	4		0.052		
Leucine....g	0.302		0	RA	4		0.086		
Lysine....g	0.161		0	RA	4		0.046		
Methionine....g	0.085		0	RA	4		0.024		
Cystine....g	0.029		0	RA	4		0.008		
Phenylalanine....g	0.163		0	RA	4		0.046		
Tyrosine....g	0.165		0	RA	4		0.047		
Valine....g	0.215		0	RA	4		0.061		
Arginine....g	0.113		0	RA	4		0.032		
Histidine....g	0.088		0	RA	4		0.025		
Alanine....g	0.131		0	RA	4		0.037		
Aspartic acid....g	0.280		0	RA	4		0.079		
Glutamic acid....g	0.702		0	RA	4		0.199		
Glycine....g	0.095		0	RA	4		0.027		
Proline....g	0.341		0	RA	4		0.097		
Serine....g	0.132		0	RA	4		0.037		
Hydroxyproline....g									
Others:									

NDB No. 03712

Babyfood, cereal, rice, with bananas, prepared with whole milk

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl.....g	0.0		0	RA	4		0.0		
Caffeine.....mg	0		0	RA	4		0		
Theobromine.....mg	0		0	RA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03696
Babyfood, cereal, rice, with honey, prepared with whole milk

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	74.40		0		1		21.09		
Energy	kcal	115		0	NC	4		33		
Energy	kJ	481				4		136		
Protein (N x 0)	g	3.90		0		1		1.11		
Total lipid (fat)	g	3.30		0		1		0.94		
Ash	g	1.30		0		1		0.37		
Carbohydrate, by difference	g	17.10		0	NC	4		4.85		
Fiber, total dietary	g									
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	291		0		1		82		
Iron, Fe	mg	10.81		0		1		3.06		
Magnesium, Mg	mg	45		0		4		13		
Phosphorus, P	mg	181		0		1		51		
Potassium, K	mg	141		0		1		40		
Sodium, Na	mg	49		0		1		14		
Zinc, Zn	mg	0.65		0		4		0.18		
Copper, Cu	mg	0.063		0		4		0.018		
Manganese, Mn	mg									
Selenium, Se	mcg									
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.0		0		1		0.0		
Thiamin	mg	0.476		0		1		0.135		
Riboflavin	mg	0.608		0		1		0.172		
Niacin	mg	6.083		0		1		1.725		
Pantothenic acid	mg									
Vitamin B-6	mg	0.115		0		4		0.033		
Folate, total	mcg	8		0		4		2		
Folic acid	mcg	0		0	Z	7		0		
Folate, food	mcg	8		0		4		2		
Folate, DFE	mcg_DFE	8		0	NC	4		2		
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.30		0		4		0.09		
Vitamin A, RAE	mcg_RAE	21		0	NC	4		6		
Retinol	mcg	19		0	NR	4		5		
Carotene, beta	mcg	27		0	NR	4		8		
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	108		0	NC	4		31		
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03696

Babyfood, cereal, rice, with honey, prepared with whole milk

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03210
Babyfood, cereal, rice, with mixed fruit, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	80.40		0		1		12.06	22.79	136.68
Energy....kcal	82		0	NC	4		12	23	139
Energy....kJ	343		0	NC	4		51	97	583
Protein (N x 6)....g	0.90		0		1		0.14	0.26	1.53
Total lipid (fat)....g	0.20	0.000	6		1		0.03	0.06	0.34
Ash....g	0.40	0.000	6		1		0.06	0.11	0.68
Carbohydrate, by difference....g	18.30		0	NC	4		2.75	5.19	31.11
Fiber, total dietary....g	0.6		0		4		0.1	0.2	1.0
Sugars, total....g	10.50		0	O	4		1.58	2.98	17.85
Starch....g									
Minerals:									
Calcium, Ca....mg	16		0		1		2	5	27
Iron, Fe....mg	2.60		0		5		0.39	0.74	4.42
Magnesium, Mg....mg	5		1		1		1	1	9
Phosphorus, P....mg	21		0		1		3	6	36
Potassium, K....mg	50		0		1		8	14	85
Sodium, Na....mg	10		0		1		2	3	17
Zinc, Zn....mg	0.14		0		1		0.02	0.04	0.24
Copper, Cu....mg	0.025		0		4		0.004	0.007	0.043
Manganese, Mn....mg									
Selenium, Se....mcg	2.1		0	BFZN	4		0.3	0.6	3.6
Vitamins:									
Vitamin C, total ascorbic acid....mg	9.3		0		1		1.4	2.6	15.8
Thiamin....mg	0.130		0		1		0.020	0.037	0.221
Riboflavin....mg	0.160		0		1		0.024	0.045	0.272
Niacin....mg	2.120		0		1		0.318	0.601	3.604
Pantothenic acid....mg	0.272		0		4		0.041	0.077	0.462
Vitamin B-6....mg	0.110		0		1		0.017	0.031	0.187
Folate, total....mcg	1		0		4		0	0	2
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	1		0		4		0	0	2
Folate, DFE....mcg_DFE	1		0	NC	4		0	0	2
Choline, total....mg	6.4		0	NR	4		1.0	1.8	11.0
Betaine....mg									
Vitamin B-12....mcg	0.02		0		4		0.00	0.01	0.03
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0	0	1
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	7		0	BNA	4		1	2	11
Carotene, alpha....mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta....mcg	5		0	BNA	4		1	1	8
Vitamin A, IU....IU	15	2.000	5		1		2	4	26
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	4		0	FLA	4		1	1	6
Vitamin E (alpha-tocopherol)....mg	0.04		0	FLA	4		0.01	0.01	0.06
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.2		0	FLA	4		0.0	0.1	0.4
Lipids:									
Fatty acids, total saturated....g	0.060		0		4		0.009	0.017	0.102
4:0....g	0.001		0		4		0.000	0.000	0.002

NDB No. 03210
Babyfood, cereal, rice, with mixed fruit, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.001		0		4		0.000	0.000	0.002
8:0....g	0.000		0		4		0.000	0.000	0.000
10:0....g	0.000		0		4		0.000	0.000	0.000
12:0....g	0.001		0		4		0.000	0.000	0.002
13:0....g									
14:0....g	0.003		0		4		0.000	0.001	0.005
15:0....g									
16:0....g	0.042		0		4		0.006	0.012	0.071
17:0....g									
18:0....g	0.006		0		4		0.001	0.002	0.010
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.040		0		4		0.006	0.011	0.068
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.001		0		4		0.000	0.000	0.002
17:1....g									
18:1 undifferentiated....g	0.041		0		4		0.006	0.012	0.070
20:1....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.050		0		4		0.008	0.014	0.085
18:2 undifferentiated....g	0.042		0		4		0.006	0.012	0.071
18:3 undifferentiated....g	0.009		0		4		0.001	0.003	0.015
18:4....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	0		0		4		0	0	0
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.014		0	FLA	4		0.002	0.004	0.024
Threonine....g	0.041		0	FLA	4		0.006	0.012	0.069
Isoleucine....g	0.047		0	FLA	4		0.007	0.013	0.080
Leucine....g	0.094		0	FLA	4		0.014	0.027	0.159
Lysine....g	0.042		0	FLA	4		0.006	0.012	0.071
Methionine....g	0.027		0	FLA	4		0.004	0.008	0.046
Cystine....g	0.021		0	FLA	4		0.003	0.006	0.035
Phenylalanine....g	0.060		0	FLA	4		0.009	0.017	0.103
Tyrosine....g	0.059		0	FLA	4		0.009	0.017	0.101
Valine....g	0.067		0	FLA	4		0.010	0.019	0.114
Arginine....g	0.097		0	FLA	4		0.015	0.028	0.166
Histidine....g	0.028		0	FLA	4		0.004	0.008	0.048
Alanine....g	0.063		0	FLA	4		0.010	0.018	0.108
Aspartic acid....g	0.111		0	FLA	4		0.017	0.031	0.189
Glutamic acid....g	0.209		0	FLA	4		0.031	0.059	0.355
Glycine....g	0.052		0	FLA	4		0.008	0.015	0.088
Proline....g	0.053		0	FLA	4		0.008	0.015	0.091
Serine....g	0.060		0	FLA	4		0.009	0.017	0.101
Hydroxyproline....g									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03210

Babyfood, cereal, rice, with mixed fruit, junior

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.8 **Fat** 8.4 **Carbohydrate** 4.2

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03184
Babyfood, cereal, whole wheat, with apples, dry

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	1.70		0	MA	12		0.26		
Energy	kcal	402		0	NC	4		60		
Energy	kJ	1682		0	NC	4		252		
Protein	g	12.60		0	MA	12		1.89		
Total lipid (fat)	g	4.80		0	MA	12		0.72		
Ash	g	3.70		0	MA	12		0.56		
Carbohydrate, by difference	g	77.10		0	MC	9		11.57		
Fiber, total dietary	g	12.2		0	MA	12		1.8		
Sugars, total	g	22.20		0	MA	12		3.33		
Starch	g									
Minerals:										
Calcium, Ca	mg	600		0	MA	12		90		
Iron, Fe	mg	45.00		0	MA	12		6.75		
Magnesium, Mg	mg	140		0	MA	12		21		
Phosphorus, P	mg	500		0	MA	12		75		
Potassium, K	mg	516		0	MA	12		77		
Sodium, Na	mg	25		0	MA	12		4		
Zinc, Zn	mg	2.60		0	MA	12		0.39		
Copper, Cu	mg	0.620		0	MA	12		0.093		
Manganese, Mn	mg	2.520		0	MA	12		0.378		
Selenium, Se	mcg	64.7		0	FLM	4		9.7		
Vitamins:										
Vitamin C, total ascorbic acid	mg	58.3		0	ML	5		8.7		
Thiamin	mg	1.500		0	ML	5		0.225		
Riboflavin	mg	1.800		0	ML	5		0.270		
Niacin	mg	13.330		0	ML	5		2.000		
Pantothenic acid	mg	0.953		0	FLM	4		0.143		
Vitamin B-6	mg	0.300		0	MA	12		0.045		
Folate, total	mcg	20		0	FLM	4		3		
Folic acid	mcg	0		0	Z	7		0		
Folate, food	mcg	20		0	FLM	4		3		
Folate, DFE	mcg_DFE	20		0	NC	4		3		
Choline, total	mg	42.1		0	FLA	4		6.3		
Betaine	mg									
Vitamin B-12	mcg	0.00		0	Z	7		0.00		
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0		
Retinol	mcg	0		0	FLA	4		0		
Carotene, beta	mcg	10		0	FLA	4		1		
Carotene, alpha	mcg	0		0	FLA	4		0		
Cryptoxanthin, beta	mcg	4		0	FLA	4		1		
Vitamin A, IU	IU	20		0	NC	4		3		
Lycopene	mcg	0		0	FLA	4		0		
Lutein + zeaxanthin	mcg	203		0	FLA	4		30		
Vitamin E (alpha-tocopherol)	mg	1.13		0	FLA	4		0.17		
Vitamin E, added	mg	0.00		0	Z	7		0.00		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0		
Vitamin K (phylloquinone)	mcg	8.3		0	FLA	4		1.2		
Lipids:										
Fatty acids, total saturated	g	0.639		0	FLM	4		0.096		
4:0	g	0.000		0	FLM	4		0.000		

NDB No. 03184
Babyfood, cereal, whole wheat, with apples, dry

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.000		0	FLM	4		0.000		
8:0....g	0.016		0	FLM	4		0.002		
10:0....g	0.000		0	FLM	4		0.000		
12:0....g	0.000		0	FLM	4		0.000		
13:0....g									
14:0....g	0.005		0	FLM	4		0.001		
15:0....g									
16:0....g	0.497		0	FLM	4		0.075		
17:0....g									
18:0....g	0.087		0	FLM	4		0.013		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	1.277		0	FLM	4		0.192		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.021		0	FLM	4		0.003		
17:1....g									
18:1 undifferentiated....g	1.216		0	FLM	4		0.182		
20:1....g	0.026		0	FLM	4		0.004		
22:1 undifferentiated....g	0.009		0	FLM	4		0.001		
24:1 c....g									
Fatty acids, total polyunsaturated....g	1.866		0	FLM	4		0.280		
18:2 undifferentiated....g	1.606		0	FLM	4		0.241		
18:3 undifferentiated....g	0.257		0	FLM	4		0.039		
18:4....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.002		0	FLM	4		0.000		
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA)....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	0		0	Z	7		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0		
Caffeine....mg	0		0	FLA	4		0		
Theobromine....mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: .5 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03198
Babyfood, cereal, with egg yolks, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.70	0.100	7		1		25.15	150.79	
Energy....kcal	52		0	NC	4		15	88	
Energy....kJ	218				4		62	370	
Protein (N x 6.03)....g	1.90	0.000	7		1		0.54	3.23	
Total lipid (fat)....g	1.80	0.000	7		1		0.51	3.06	
Ash....g	0.40	0.000	7		1		0.11	0.68	
Carbohydrate, by difference....g	7.10		0	NC	4		2.01	12.07	
Fiber, total dietary....g	0.9		0		4		0.3	1.5	
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	24	0.000	7		1		7	41	
Iron, Fe....mg	0.51	0.070	7		1		0.14	0.87	
Magnesium, Mg....mg	3		1		1		1	5	
Phosphorus, P....mg	40		1		1		11	68	
Potassium, K....mg	35		1		1		10	60	
Sodium, Na....mg	33		0		1		9	56	
Zinc, Zn....mg	0.29		1		1		0.08	0.49	
Copper, Cu....mg	0.022		0		1		0.006	0.037	
Manganese, Mn....mg									
Selenium, Se....mcg									
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.7	0.200	7		1		0.2	1.2	
Thiamin....mg	0.008	0.000	7		1		0.002	0.014	
Riboflavin....mg	0.045	0.000	7		1		0.013	0.077	
Niacin....mg	0.048	0.000	7		1		0.014	0.082	
Pantothenic acid....mg	0.878		0		4		0.249	1.493	
Vitamin B-6....mg	0.020	0.000	7		1		0.006	0.034	
Folate, total....mcg	3		0		1		1	6	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	3		0		1		1	6	
Folate, DFE....mcg_DFE	3		0	NC	4		1	6	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.06		1		1		0.02	0.10	
Vitamin A, RAE....mcg_RAE	41		0	NC	4		11	69	
Retinol....mcg	40		0	NC	4		11	68	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	144	17.000	6		1		41	245	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									
Lipids:									
Fatty acids, total saturated....g	0.610		2		1		0.173	1.037	
4:0....g	0.000		0		1		0.000	0.000	
6:0....g	0.000		0		1		0.000	0.000	
8:0....g	0.000		0		1		0.000	0.000	

NDB No. 03198
Babyfood, cereal, with egg yolks, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
10:0 ... g	0.000		0		1		0.000	0.000	
12:0 ... g	0.000		0		1		0.000	0.000	
13:0 ... g									
14:0 ... g	0.010		2		1		0.003	0.017	
15:0 ... g									
16:0 ... g	0.440		2		1		0.125	0.748	
17:0 ... g									
18:0 ... g	0.150		2		1		0.043	0.255	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.790		2		1		0.224	1.343	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.050		2		1		0.014	0.085	
17:1 ... g									
18:1 undifferentiated ... g	0.740		2		1		0.210	1.258	
20:1 ... g	0.000		2		1		0.000	0.000	
22:1 undifferentiated ... g	0.000		0		1		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.300		2		1		0.085	0.510	
18:2 undifferentiated ... g	0.260		2		1		0.074	0.442	
18:3 undifferentiated ... g	0.010		2		1		0.003	0.017	
18:4 ... g	0.000		0		1		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.030		2		1		0.009	0.051	
20:5 n-3 (EPA) ... g	0.000		0		1		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0		1		0.000	0.000	
22:6 n-3 (DHA) ... g	0.000		0		1		0.000	0.000	
Fatty acids, total trans ... g									
Cholesterol ... mg	63		0		1		18	107	
Phytosterols ... mg									
Amino Acids:									
Tryptophan ... g	0.027		0		1		0.008	0.046	
Threonine ... g	0.082		0		1		0.023	0.139	
Isoleucine ... g	0.100		0		1		0.028	0.170	
Leucine ... g	0.172		0		1		0.049	0.292	
Lysine ... g	0.127		0		1		0.036	0.216	
Methionine ... g	0.051		0		1		0.014	0.087	
Cystine ... g	0.028		0		1		0.008	0.048	
Phenylalanine ... g	0.092		0		1		0.026	0.156	
Tyrosine ... g	0.084		0		1		0.024	0.143	
Valine ... g	0.122		0		1		0.035	0.207	
Arginine ... g	0.104		0		1		0.029	0.177	
Histidine ... g	0.045		0		1		0.013	0.077	
Alanine ... g	0.084		0		1		0.024	0.143	
Aspartic acid ... g	0.149		0		1		0.042	0.253	
Glutamic acid ... g	0.421		0		1		0.119	0.716	
Glycine ... g	0.056		0		1		0.016	0.095	
Proline ... g	0.161		0		1		0.046	0.274	
Serine ... g	0.118		0		1		0.033	0.201	
Hydroxyproline ... g									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	
Caffeine ... mg									
Theobromine ... mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03198

Babyfood, cereal, with egg yolks, junior

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.2 **Fat** 8.8 **Carbohydrate** 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03197
Babyfood, cereal, with egg yolks, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.80	0.100	14		1		25.17	100.34	
Energy....kcal	51		0	NC	4		14	58	
Energy....kJ	213				4		60	241	
Protein (N x 6.03)....g	1.90	0.000	11		1		0.54	2.15	
Total lipid (fat)....g	1.80	0.000	9		1		0.51	2.03	
Ash....g	0.50	0.000	7		1		0.14	0.57	
Carbohydrate, by difference....g	7.00		0	NC	4		1.98	7.91	
Fiber, total dietary....g	0.9		0		4		0.3	1.0	
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	24	0.000	7		1		7	27	
Iron, Fe....mg	0.47	0.050	12		1		0.13	0.53	
Magnesium, Mg....mg	3		1		1		1	3	
Phosphorus, P....mg	40		1		1		11	45	
Potassium, K....mg	39		1		1		11	44	
Sodium, Na....mg	33		1		1		9	37	
Zinc, Zn....mg	0.29	0.014	4		1		0.08	0.32	
Copper, Cu....mg	0.022	0.003	3		1		0.006	0.025	
Manganese, Mn....mg									
Selenium, Se....mcg									
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.7	0.200	7		1		0.2	0.8	
Thiamin....mg	0.009	0.000	8		1		0.003	0.010	
Riboflavin....mg	0.044	0.000	7		1		0.012	0.050	
Niacin....mg	0.049	0.000	7		1		0.014	0.055	
Pantothenic acid....mg	0.878		0		4		0.249	0.992	
Vitamin B-6....mg	0.021	0.000	7		1		0.006	0.024	
Folate, total....mcg	3	0.400	3		1		1	4	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	3	0.400	3		1		1	4	
Folate, DFE....mcg_DFE	3		0	NC	4		1	4	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.07		1		1		0.02	0.08	
Vitamin A, RAE....mcg_RAE	40		0	NC	4		11	45	
Retinol....mcg	39		0	NC	4		11	44	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	141	19.000	6		1		40	159	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									
Lipids:									
Fatty acids, total saturated....g	0.610		2		1		0.173	0.689	
4:0....g	0.000		0		1		0.000	0.000	
6:0....g	0.000		0		1		0.000	0.000	
8:0....g	0.000		0		1		0.000	0.000	

NDB No. 03197
Babyfood, cereal, with egg yolks, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
10:0 ... g	0.000		0		1		0.000	0.000	
12:0 ... g	0.000		0		1		0.000	0.000	
13:0 ... g									
14:0 ... g	0.010		2		1		0.003	0.011	
15:0 ... g									
16:0 ... g	0.440		2		1		0.125	0.497	
17:0 ... g									
18:0 ... g	0.150		2		1		0.043	0.170	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.790		2		1		0.224	0.893	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.050		2		1		0.014	0.057	
17:1 ... g									
18:1 undifferentiated ... g	0.730		2		1		0.207	0.825	
20:1 ... g	0.000		2		1		0.000	0.000	
22:1 undifferentiated ... g	0.000		0		1		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.300		2		1		0.085	0.339	
18:2 undifferentiated ... g	0.260		2		1		0.074	0.294	
18:3 undifferentiated ... g	0.010		2		1		0.003	0.011	
18:4 ... g	0.000		0		1		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.030		2		1		0.009	0.034	
20:5 n-3 (EPA) ... g	0.000		0		1		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0		1		0.000	0.000	
22:6 n-3 (DHA) ... g	0.000		0		1		0.000	0.000	
Fatty acids, total trans ... g									
Cholesterol ... mg	63		1		1		18	72	
Phytosterols ... mg									
Amino Acids:									
Tryptophan ... g	0.027		0		1		0.008	0.031	
Threonine ... g	0.082		0		1		0.023	0.093	
Isoleucine ... g	0.100		0		1		0.028	0.113	
Leucine ... g	0.172		0		1		0.049	0.194	
Lysine ... g	0.127		0		1		0.036	0.144	
Methionine ... g	0.051		0		1		0.014	0.058	
Cystine ... g	0.028		0		1		0.008	0.032	
Phenylalanine ... g	0.092		0		1		0.026	0.104	
Tyrosine ... g	0.084		0		1		0.024	0.095	
Valine ... g	0.122		0		1		0.035	0.138	
Arginine ... g	0.104		0		1		0.029	0.118	
Histidine ... g	0.045		0		1		0.013	0.051	
Alanine ... g	0.084		0		1		0.024	0.095	
Aspartic acid ... g	0.149		0		1		0.042	0.168	
Glutamic acid ... g	0.421		0		1		0.119	0.476	
Glycine ... g	0.056		0		1		0.016	0.063	
Proline ... g	0.161		0		1		0.046	0.182	
Serine ... g	0.118		0		1		0.033	0.133	
Hydroxyproline ... g									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	
Caffeine ... mg									
Theobromine ... mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03197

Babyfood, cereal, with egg yolks, strained

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.2 **Fat** 8.8 **Carbohydrate** 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03199
Babyfood, cereal, with eggs, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.20	0.100	4		1		24.72	98.54	
Energy....kcal	58		0		4		16	66	
Energy....kJ	243				4		69	274	
Protein (N x 6.03)....g	2.20		0		4		0.62	2.49	
Total lipid (fat)....g	1.50		1		1		0.43	1.70	
Ash....g	0.60		0		4		0.17	0.68	
Carbohydrate, by difference....g	8.00		0		4		2.27	9.04	
Fiber, total dietary....g									
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	27		0		4		8	31	
Iron, Fe....mg	0.54		0		4		0.15	0.61	
Magnesium, Mg....mg	3		0		4		1	3	
Phosphorus, P....mg	46		0		4		13	52	
Potassium, K....mg	44		0		4		12	50	
Sodium, Na....mg	38		0		4		11	43	
Zinc, Zn....mg	0.33		0		4		0.09	0.37	
Copper, Cu....mg	0.025		0		4		0.007	0.028	
Manganese, Mn....mg									
Selenium, Se....mcg									
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.8		0		4		0.2	0.9	
Thiamin....mg	0.010		0		4		0.003	0.011	
Riboflavin....mg	0.050		0		4		0.014	0.057	
Niacin....mg	0.056		0		4		0.016	0.063	
Pantothenic acid....mg	1.003		0		4		0.284	1.133	
Vitamin B-6....mg	0.024		0		4		0.007	0.027	
Folate, total....mcg	9	0.200	3		1		3	11	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	9	0.200	3		1		3	11	
Folate, DFE....mcg_DFE	9		0	NC	4		3	11	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.08		0		4		0.02	0.09	
Vitamin A, RAE....mcg_RAE									
Retinol....mcg									
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	161		0		4		46	182	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									
Lipids:									
Fatty acids, total saturated....g	0.490		1		1		0.139	0.554	
4:0....g									
6:0....g									
8:0....g									

NDB No. 03199
Babyfood, cereal, with eggs, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
10:0 g									
12:0 g									
13:0 g									
14:0 g	0.010		1		1		0.003	0.011	
15:0 g									
16:0 g	0.350		1		1		0.099	0.396	
17:0 g									
18:0 g	0.120		1		1		0.034	0.136	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.610		1		1		0.173	0.689	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.040		1		1		0.011	0.045	
17:1 g									
18:1 undifferentiated g	0.570		1		1		0.162	0.644	
20:1 g	0.000		1		1		0.000	0.000	
22:1 undifferentiated g									
24:1 c g									
Fatty acids, total polyunsaturated g	0.330		1		1		0.094	0.373	
18:2 undifferentiated g	0.290		1		1		0.082	0.328	
18:3 undifferentiated g	0.020		1		1		0.006	0.023	
18:4 g									
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.020		1		1		0.006	0.023	
20:5 n-3 (EPA) g									
22:5 n-3 (DPA) g									
22:6 n-3 (DHA) g									
Fatty acids, total trans g									
Cholesterol mg	51		1		1		15	58	
Phytosterols mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.2 **Fat** 8.8 **Carbohydrate** 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03222
Babyfood, cherry cobbler, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	79.80		0	MA	12		22.62		
Energy....kcal	78		0	MC	9		22		
Energy....kJ	326		0		9		93		
Protein....g	0.30		0	MA	12		0.09		
Total lipid (fat)....g	0.10		0	MA	12		0.03		
Ash....g	0.19		0	MA	12		0.05		
Carbohydrate, by difference....g	19.20		0	MC	9		5.44		
Fiber, total dietary....g	0.2		0	MA	12		0.1		
Sugars, total....g	10.39		0	O	4		2.94		
Starch....g									
Minerals:									
Calcium, Ca....mg	5		0	MA	12		1		
Iron, Fe....mg	0.10		0	MA	12		0.03		
Magnesium, Mg....mg	2		0	MA	12		1		
Phosphorus, P....mg	6		0	MA	12		2		
Potassium, K....mg	45		0	MA	12		13		
Sodium, Na....mg	43		0	MA	12		12		
Zinc, Zn....mg	0.05		0	MA	12		0.01		
Copper, Cu....mg	0.010		0	MA	12		0.003		
Manganese, Mn....mg	0.020		0	MA	12		0.006		
Selenium, Se....mcg	0.9		0	FLM	4		0.3		
Vitamins:									
Vitamin C, total ascorbic acid....mg	9.3		0	MA	12		2.6		
Thiamin....mg	0.010		0	MA	12		0.003		
Riboflavin....mg	0.010		0	MA	12		0.003		
Niacin....mg	0.060		0	MA	12		0.017		
Pantothenic acid....mg	0.043		0	FLM	4		0.012		
Vitamin B-6....mg	0.020		0	MA	12		0.006		
Folate, total....mcg	2		0	FLM	4		1		
Folic acid....mcg	0		0	Z	7		0		
Folate, food....mcg	2		0	T	4		1		
Folate, DFE....mcg_DFE	2		0	NC	4		1		
Choline, total....mg	1.5		0	FLA	4		0.4		
Betaine....mg									
Vitamin B-12....mcg	0.00		0	Z	7		0.00		
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE....mcg_RAE	2		0	NC	4		0		
Retinol....mcg	0		0	BNA	4		0		
Carotene, beta....mcg	19		0	BNA	4		5		
Carotene, alpha....mcg	0		0	BNA	4		0		
Cryptoxanthin, beta....mcg	0		0	BNA	4		0		
Vitamin A, IU....IU	31		0	MA	12		9		
Lycopene....mcg	0		0	FLA	4		0		
Lutein + zeaxanthin....mcg	20		0	FLA	4		6		
Vitamin E (alpha-tocopherol)....mg	0.03		0	FLA	4		0.01		
Vitamin E, added....mg	0.00		0	Z	7		0.00		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0		
Vitamin K (phylloquinone)....mcg	0.5		0	FLA	4		0.1		
Lipids:									
Fatty acids, total saturated....g	0.020		0	FLM	4		0.006		
4:0....g	0.000		0	FLM	4		0.000		

NDB No. 03222
Babyfood, cherry cobbler, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ....g	0.000		0	FLM	4		0.000		
8:0 ....g	0.000		0	FLM	4		0.000		
10:0 ....g	0.000		0	FLM	4		0.000		
12:0 ....g	0.000		0	FLM	4		0.000		
13:0 ....g									
14:0 ....g	0.001		0	FLM	4		0.000		
15:0 ....g									
16:0 ....g	0.014		0	FLM	4		0.004		
17:0 ....g									
18:0 ....g	0.005		0	FLM	4		0.001		
20:0 ....g									
22:0 ....g									
24:0 ....g									
Fatty acids, total monounsaturated ....g	0.020		0	FLM	4		0.006		
14:1 ....g									
15:1 ....g									
16:1 undifferentiated ....g	0.000		0	FLM	4		0.000		
17:1 ....g									
18:1 undifferentiated ....g	0.024		0	FLM	4		0.007		
20:1 ....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated ....g	0.000		0	FLM	4		0.000		
24:1 c ....g									
Fatty acids, total polyunsaturated ....g	0.030		0	FLM	4		0.009		
18:2 undifferentiated ....g	0.014		0	FLM	4		0.004		
18:3 undifferentiated ....g	0.013		0	FLM	4		0.004		
18:4 ....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c ....g									
20:3 undifferentiated ....g									
20:4 undifferentiated ....g	0.000		0	FLM	4		0.000		
20:5 n-3 (EPA) ....g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA) ....g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA) ....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans ....g									
Cholesterol ....mg	0		0	MA	12		0		
Phytosterols ....mg									
Others:									
Alcohol, ethyl ....g	0.0		0	Z	7		0.0		
Caffeine ....mg	0		0	FLA	4		0		
Theobromine ....mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03206
Babyfood, cookie, baby, fruit

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	5.70		0	MA	12		0.46		
Energy....kcal	435		0	MC	9		35		
Energy....kJ	1820		1		9		146		
Protein....g	6.80		1	MA	12		0.54		
Total lipid (fat)....g	12.60		1	MA	12		1.01		
Ash....g	1.20		0	NC	4		0.10		
Carbohydrate, by difference....g	73.70		0	MC	9		5.90		
Fiber, total dietary....g	3.4		0	MA	12		0.3		
Sugars, total....g	24.20		0	MA	12		1.94		
Starch....g									
Minerals:									
Calcium, Ca....mg	83		0	MA	12		7		
Iron, Fe....mg	2.90		0	MA	12		0.23		
Magnesium, Mg....mg	30		0	MA	12		2		
Phosphorus, P....mg	189		0	MA	12		15		
Potassium, K....mg	425		0	MA	12		34		
Sodium, Na....mg	9		0	MA	12		1		
Zinc, Zn....mg	0.80		0	MA	12		0.06		
Copper, Cu....mg	0.040		0	MA	12		0.003		
Manganese, Mn....mg	0.220		0	MA	12		0.018		
Selenium, Se....mcg	20.5		0	BFZN	4		1.6		
Vitamins:									
Vitamin C, total ascorbic acid....mg	1.5		0	MA	12		0.1		
Thiamin....mg	0.440		0	MA	12		0.035		
Riboflavin....mg	0.420		0	MA	12		0.034		
Niacin....mg	3.600		0	MA	12		0.288		
Pantothenic acid....mg	0.389		0	FLM	4		0.031		
Vitamin B-6....mg	0.210		0	MA	12		0.017		
Folate, total....mcg	110		0	FLA	4		9		
Folic acid....mcg	82		0	FLA	4		7		
Folate, food....mcg	28		0	FLA	4		2		
Folate, DFE....mcg_DFE	167		0	NC	4		13		
Choline, total....mg	12.0		0	FLA	4		1.0		
Betaine....mg									
Vitamin B-12....mcg	0.22		0	FLM	4		0.02		
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE....mcg_RAE	117		0	NC	4		9		
Retinol....mcg	0		0	BNA	4		0		
Carotene, beta....mcg	1002		0	BNA	4		80		
Carotene, alpha....mcg	810		0	BNA	4		65		
Cryptoxanthin, beta....mcg	2		0	BNA	4		0		
Vitamin A, IU....IU	2348		0	NC	4		188		
Lycopene....mcg	0		0	FLA	4		0		
Lutein + zeaxanthin....mcg	175		0	FLA	4		14		
Vitamin E (alpha-tocopherol)....mg	1.48		0	FLA	4		0.12		
Vitamin E, added....mg	0.00		0	Z	7		0.00		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0		
Vitamin K (phylloquinone)....mcg	3.2		0	FLA	4		0.3		
Lipids:									
Fatty acids, total saturated....g	2.700		0	MA	12		0.216		
4:0....g	0.015		0	FLM	4		0.001		

NDB No. 03206
Babyfood, cookie, baby, fruit

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.009		0	FLM	4		0.001		
8:0 ... g	0.005		0	FLM	4		0.000		
10:0 ... g	0.012		0	FLM	4		0.001		
12:0 ... g	0.013		0	FLM	4		0.001		
13:0 ... g									
14:0 ... g	0.061		0	FLM	4		0.005		
15:0 ... g									
16:0 ... g	1.738		0	FLM	4		0.139		
17:0 ... g									
18:0 ... g	0.840		0	FLM	4		0.067		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	4.865		0	FLM	4		0.389		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.051		0	FLM	4		0.004		
17:1 ... g									
18:1 undifferentiated ... g	4.798		0	FLM	4		0.384		
20:1 ... g	0.000		0	FLM	4		0.000		
22:1 undifferentiated ... g	0.000		0	FLM	4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	4.334		0	FLM	4		0.347		
18:2 undifferentiated ... g	4.020		0	FLM	4		0.322		
18:3 undifferentiated ... g	0.300		0	FLM	4		0.024		
18:4 ... g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	FLM	4		0.000		
20:5 n-3 (EPA) ... g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA) ... g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA) ... g	0.000		0	FLM	4		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	4		0	FLM	4		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	FLA	4		0		
Theobromine ... mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.0g: 1 cookie

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03213
Babyfood, cookies

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	5.90	0.700	7		1		1.67	0.38	
Energy....kcal	433		0	NC	4		123	28	
Energy....kJ	1812		0	NC	4		514	118	
Protein (N x 5.7)....g	11.80	0.200	11		1		3.35	0.77	
Total lipid (fat)....g	13.20	0.300	8		1		3.74	0.86	
Ash....g	2.00	0.200	7		1		0.57	0.13	
Carbohydrate, by difference....g	67.10		0	NC	4		19.02	4.36	
Fiber, total dietary....g	0.2		0		4		0.1	0.0	
Sugars, total....g	24.20		0	FLA	4		6.86	1.57	
Starch....g									
Minerals:									
Calcium, Ca....mg	101	4.000	11		1		29	7	
Iron, Fe....mg	4.18	0.600	5		1		1.19	0.27	
Magnesium, Mg....mg	49		2		1		14	3	
Phosphorus, P....mg	179		2		1		51	12	
Potassium, K....mg	501		2		1		142	33	
Sodium, Na....mg	192		3		1		54	12	
Zinc, Zn....mg	1.10		2		1		0.31	0.07	
Copper, Cu....mg	0.074		0		4		0.021	0.005	
Manganese, Mn....mg	0.348		0	FLA	4		0.099	0.023	
Selenium, Se....mcg	17.2		0	BFZN	4		4.9	1.1	
Vitamins:									
Vitamin C, total ascorbic acid....mg	7.0	0.000	4		1		2.0	0.5	
Thiamin....mg	1.459	0.000	4		1		0.414	0.095	
Riboflavin....mg	3.229	0.000	4		1		0.915	0.210	
Niacin....mg	15.966	0.797	5		1		4.526	1.038	
Pantothenic acid....mg	0.529		0		4		0.150	0.034	
Vitamin B-6....mg	5.899	0.286	11		1		1.672	0.383	
Folate, total....mcg	93		0	FLA	4		26	6	
Folic acid....mcg	74		0	FLA	4		21	5	
Folate, food....mcg	19		0	FLA	4		5	1	
Folate, DFE....mcg_DFE	145		0	NC	4		41	9	
Choline, total....mg	28.3		0	FLA	4		8.0	1.8	
Betaine....mg									
Vitamin B-12....mcg	0.46		0	FLA	4		0.13	0.03	
Vitamin B-12, added....mcg	0.00		0	FLA	4		0.00	0.00	
Vitamin A, RAE....mcg_RAE	6		0	NC	4		2	0	
Retinol....mcg	6		0	BNA	4		2	0	
Carotene, beta....mcg	1		0	BNA	4		0	0	
Carotene, alpha....mcg	0		0	BNA	4		0	0	
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	
Vitamin A, IU....IU	23		0	NC	4		7	1	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	9		0	FLA	4		2	1	
Vitamin E (alpha-tocopherol)....mg	0.46		0	NR	4		0.13	0.03	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	1.2		0	AS	1		0.4	0.1	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	1.2		0	FLA	4		0.4	0.1	
Vitamin D....IU	50		0	FLA	4		14	3	
Vitamin K (phylloquinone)....mcg	1.1		0	FLA	4		0.3	0.1	
Lipids:									
Fatty acids, total saturated....g	2.352		0	FLA	4		0.667	0.153	
4:0....g	0.081		0	FLA	4		0.023	0.005	

NDB No. 03213
Babyfood, cookies

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.022		0	FLA	4		0.006	0.001	
8:0 g	0.025		0	FLA	4		0.007	0.002	
10:0 g	0.055		0	FLA	4		0.016	0.004	
12:0 g	0.057		0	FLA	4		0.016	0.004	
13:0 g									
14:0 g	0.267		0	FLA	4		0.076	0.017	
15:0 g	0.000		0	FLA	4		0.000	0.000	
16:0 g	1.142		0	FLA	4		0.324	0.074	
17:0 g	0.003		0	FLA	4		0.001	0.000	
18:0 g	0.595		0	FLA	4		0.169	0.039	
20:0 g	0.027		0	FLA	4		0.008	0.002	
22:0 g	0.077		0	FLA	4		0.022	0.005	
24:0 g									
Fatty acids, total monounsaturated g	5.990		0	FLA	4		1.698	0.389	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.119		0	FLA	4		0.034	0.008	
17:1 g									
18:1 undifferentiated g	5.851		0	FLA	4		1.659	0.380	
20:1 g	0.019		0	FLA	4		0.005	0.001	
22:1 undifferentiated g	0.000		0	FLA	4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	2.878		0	FLA	4		0.816	0.187	
18:2 undifferentiated g	2.847		0	FLA	4		0.807	0.185	
18:3 undifferentiated g	0.031		0	FLA	4		0.009	0.002	
18:4 g	0.000		0	FLA	4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0	FLA	4		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0	FLA	4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0	FLA	4		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0	FLA	4		0.000	0.000	
Fatty acids, total trans g	0.020		0	FLA	4		0.006	0.001	
Cholesterol mg	12		0	FLA	4		3	1	
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	FLA	4		0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	
Theobromine mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 6.5g: 1 cookie

Calories Factors: Protein 4 **Fat** 8.4 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03214
Babyfood, cookies, arrowroot

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	5.60	0.900	4		1		1.59	0.28	
Energy	kcal	442		0	NC	4		125	22	
Energy	kJ	1849		0	NC	4		524	92	
Protein (N x 5.75)	g	7.60		1		1		2.15	0.38	
Total lipid (fat)	g	14.30	0.000	4		1		4.05	0.72	
Ash	g	1.40		1		1		0.40	0.07	
Carbohydrate, by difference	g	71.10		0	NC	4		20.16	3.56	
Fiber, total dietary	g	0.2		0		4		0.1	0.0	
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	32		1		1		9	2	
Iron, Fe	mg	3.00		1		1		0.85	0.15	
Magnesium, Mg	mg	22		1		1		6	1	
Phosphorus, P	mg	116		1		1		33	6	
Potassium, K	mg	156		1		1		44	8	
Sodium, Na	mg	370		2		1		105	19	
Zinc, Zn	mg	0.53		1		1		0.15	0.03	
Copper, Cu	mg	0.074		0		4		0.021	0.004	
Manganese, Mn	mg									
Selenium, Se	mcg	17.2		0	FLM	4		4.9	0.9	
Vitamins:										
Vitamin C, total ascorbic acid	mg	5.5		1		1		1.6	0.3	
Thiamin	mg	0.499		1		1		0.141	0.025	
Riboflavin	mg	0.429		1		1		0.122	0.021	
Niacin	mg	5.739		1		1		1.627	0.287	
Pantothenic acid	mg	0.531		0		4		0.151	0.027	
Vitamin B-6	mg	0.040		1		1		0.011	0.002	
Folate, total	mcg	35		0	FLM	4		10	2	
Folic acid	mcg	25		0	NC	4		7	1	
Folate, food	mcg	10		0		4		3	1	
Folate, DFE	mcg_DFE	53		0	NC	4		15	3	
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.07		1		1		0.02	0.00	
Vitamin A, RAE	mcg_RAE	0		0	FLM	4		0	0	
Retinol	mcg									
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	0		0		4		0	0	
Lycopene	mcg	0		0	FLC	4		0	0	
Lutein + zeaxanthin	mcg	0		0	FLC	4		0	0	
Vitamin E (alpha-tocopherol)	mg	3.86		0	FLC	4		1.09	0.19	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	FLC	4		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	FLC	4		0	0	
Vitamin K (phylloquinone)	mcg	0.5		0	FLC	4		0.1	0.0	
Lipids:										
Fatty acids, total saturated	g	1.048		0	FLC	4		0.297	0.052	
4:0	g	0.003		0	FLC	4		0.001	0.000	
6:0	g	0.000		0	FLC	4		0.000	0.000	
8:0	g	0.001		0	FLC	4		0.000	0.000	

NDB No. 03214
Babyfood, cookies, arrowroot

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
10:0 ... g	0.001		0	FLC	4		0.000	0.000	
12:0 ... g	0.001		0	FLC	4		0.000	0.000	
13:0 ... g									
14:0 ... g	0.011		0	FLC	4		0.003	0.001	
15:0 ... g	0.075		0	FLC	4		0.021	0.004	
16:0 ... g	0.447		0	FLC	4		0.127	0.022	
17:0 ... g									
18:0 ... g	0.415		0	FLC	4		0.118	0.021	
20:0 ... g									
22:0 ... g	0.094		0	FLC	4		0.027	0.005	
24:0 ... g									
Fatty acids, total monounsaturated ... g	7.922		0	FLC	4		2.246	0.396	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.011		0	FLC	4		0.003	0.001	
17:1 ... g									
18:1 undifferentiated ... g	7.821		0	FLC	4		2.217	0.391	
20:1 ... g	0.091		0	FLC	4		0.026	0.005	
22:1 undifferentiated ... g	0.000		0	FLC	4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.591		0	FLC	4		0.168	0.030	
18:2 undifferentiated ... g	0.560		0	FLC	4		0.159	0.028	
18:3 undifferentiated ... g	0.032		0	FLC	4		0.009	0.002	
18:4 ... g	0.000		0	FLC	4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	FLC	4		0.000	0.000	
20:5 n-3 (EPA) ... g	0.000		0	FLC	4		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0	FLC	4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.000		0	FLC	4		0.000	0.000	
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	FLC	4		0	0	
Phytosterols ... mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 5.0g: 1 cookie

Calories Factors: Protein 4 **Fat** 8.4 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03934
Babyfood, corn and sweet potatoes, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	82.62		0	FLC	4		23.42		
Energy....kcal	68		0	FLC	4		19		
Energy....kJ	287		0	FLC	4		81		
Protein....g	1.26		0	FLC	4		0.36		
Total lipid (fat)....g	0.28		0	FLC	4		0.08		
Ash....g	0.61		0	FLC	4		0.17		
Carbohydrate, by difference....g	15.23		0	FLC	4		4.32		
Fiber, total dietary....g	1.8		0	FLC	4		0.5		
Sugars, total....g	4.00		0	FLC	4		1.13		
Sucrose....g	0.60		0	FLC	4		0.17		
Glucose (dextrose)....g	0.05		0	FLC	4		0.01		
Fructose....g	0.05		0	FLC	4		0.01		
Lactose....g	0.00		0	FLC	4		0.00		
Maltose....g	0.03		0	FLC	4		0.01		
Galactose....g	0.00		0	FLC	4		0.00		
Starch....g									
Minerals:									
Calcium, Ca....mg	18		0	FLC	4		5		
Iron, Fe....mg	0.31		0	FLC	4		0.09		
Magnesium, Mg....mg	10		0	FLC	4		3		
Phosphorus, P....mg	29		0	FLC	4		8		
Potassium, K....mg	154		0	FLC	4		44		
Sodium, Na....mg	33		0	FLC	4		9		
Zinc, Zn....mg	0.19		0	FLC	4		0.05		
Copper, Cu....mg	0.051		0	FLC	4		0.015		
Manganese, Mn....mg	0.000		0	FLC	4		0.000		
Selenium, Se....mcg	1.1		0	FLC	4		0.3		
Vitamins:									
Vitamin C, total ascorbic acid....mg	5.0		0	FLC	4		1.4		
Thiamin....mg	0.018		0	FLC	4		0.005		
Riboflavin....mg	0.041		0	FLC	4		0.012		
Niacin....mg	0.444		0	FLC	4		0.126		
Pantothenic acid....mg	0.323		0	FLC	4		0.092		
Vitamin B-6....mg	0.060		0	FLC	4		0.017		
Folate, total....mcg	14		0	FLC	4		4		
Folic acid....mcg	0		0	FLC	4		0		
Folate, food....mcg	14		0	FLC	4		4		
Folate, DFE....mcg_DFE	14		0	NC	4		4		
Choline, total....mg	10.2		0	FLM	4		2.9		
Betaine....mg									
Vitamin B-12....mcg	0.01		0	FLC	4		0.00		
Vitamin B-12, added....mcg	0.00		0	FLC	4		0.00		
Vitamin A, RAE....mcg_RAE	126		0	NC	4		36		
Retinol....mcg	1		0	FLC	4		0		
Carotene, beta....mcg	1488		0	FLC	4		422		
Carotene, alpha....mcg	12		0	FLC	4		3		
Cryptoxanthin, beta....mcg	3		0	FLC	4		1		
Vitamin A, IU....IU	2496		0	NC	4		708		
Lycopene....mcg	0		0	FLC	4		0		
Lutein + zeaxanthin....mcg	215		0	FLC	4		61		
Vitamin E (alpha-tocopherol)....mg	0.51		0	NR	4		0.14		
Vitamin E, added....mg	0.00		0	FLC	4		0.00		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)....mcg									

NDB No. 03934
Babyfood, corn and sweet potatoes, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0		
Vitamin K (phylloquinone).....mcg	0.6		0	FLC	4		0.2		
Lipids:									
Fatty acids, total saturated.....g	0.053		0	FLC	4		0.015		
4:0.....g	0.001		0	FLC	4		0.000		
6:0.....g	0.000		0	FLC	4		0.000		
8:0.....g	0.000		0	FLC	4		0.000		
10:0.....g	0.001		0	FLC	4		0.000		
12:0.....g	0.000		0	FLC	4		0.000		
13:0.....g									
14:0.....g	0.002		0	FLC	4		0.001		
15:0.....g									
16:0.....g	0.045		0	FLC	4		0.013		
17:0.....g									
18:0.....g	0.005		0	FLC	4		0.001		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.071		0	FLC	4		0.020		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0	FLC	4		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.071		0	FLC	4		0.020		
20:1.....g	0.000		0	FLC	4		0.000		
22:1 undifferentiated.....g	0.000		0	FLC	4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.123		0	FLC	4		0.035		
18:2 undifferentiated.....g	0.117		0	FLC	4		0.033		
18:3 undifferentiated.....g	0.006		0	FLC	4		0.002		
18:4.....g	0.000		0	FLC	4		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLC	4		0.000		
20:5 n-3 (EPA).....g	0.000		0	FLC	4		0.000		
22:5 n-3 (DPA).....g	0.000		0	FLC	4		0.000		
22:6 n-3 (DHA).....g	0.000		0	FLC	4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	1		0	FLC	4		0		
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.017		0	FLC	4		0.005		
Threonine.....g	0.052		0	FLC	4		0.015		
Isoleucine.....g	0.059		0	FLC	4		0.017		
Leucine.....g	0.114		0	FLC	4		0.032		
Lysine.....g	0.066		0	FLC	4		0.019		
Methionine.....g	0.033		0	FLC	4		0.009		
Cystine.....g	0.017		0	FLC	4		0.005		
Phenylalanine.....g	0.053		0	FLC	4		0.015		
Tyrosine.....g	0.056		0	FLC	4		0.016		
Valine.....g	0.074		0	FLC	4		0.021		
Arginine.....g	0.057		0	FLC	4		0.016		
Histidine.....g	0.038		0	FLC	4		0.011		
Alanine.....g	0.065		0	FLC	4		0.019		
Aspartic acid.....g	0.135		0	FLC	4		0.038		
Glutamic acid.....g	0.210		0	FLC	4		0.060		
Glycine.....g	0.041		0	FLC	4		0.012		
Proline.....g	0.118		0	FLC	4		0.033		
Serine.....g	0.057		0	FLC	4		0.016		
Hydroxyproline.....g									
Others:									

NDB No. 03934
Babyfood, corn and sweet potatoes, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl.....g	0.0		0	FLC	4		0.0		
Caffeine.....mg	0		0	FLC	4		0		
Theobromine.....mg	0		0	FLC	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03209
Babyfood, crackers, vegetable

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	2.00		0	MA	12		0.01		
Energy....kcal	477		0	NC	4		3		
Energy....kJ	1997		0	NC	4		14		
Protein....g	8.40		0	MA	12		0.06		
Total lipid (fat)....g	19.60		0	MA	12		0.14		
Ash....g	3.15		0	MA	12		0.02		
Carbohydrate, by difference....g	66.85		0	NC	4		0.47		
Fiber, total dietary....g	4.0		0	MA	12		0.0		
Sugars, total....g	13.00		0	MA	12		0.09		
Starch....g									
Minerals:									
Calcium, Ca....mg	41		0	MA	12		0		
Iron, Fe....mg	4.20		0	MA	12		0.03		
Magnesium, Mg....mg	37		0	MA	12		0		
Phosphorus, P....mg	198		0	MA	12		1		
Potassium, K....mg	245		0	MA	12		2		
Sodium, Na....mg	1074		0	MA	12		8		
Zinc, Zn....mg	0.90		0	MA	12		0.01		
Copper, Cu....mg	0.130		0	MA	12		0.001		
Manganese, Mn....mg	0.770		0	MA	12		0.005		
Selenium, Se....mcg	13.7		0	FLM	4		0.1		
Vitamins:									
Vitamin C, total ascorbic acid....mg	50.5		0	FLM	4		0.4		
Thiamin....mg	0.350		0	MA	12		0.002		
Riboflavin....mg	0.330		0	MA	12		0.002		
Niacin....mg	4.050		0	MA	12		0.028		
Pantothenic acid....mg	0.466		0	FLM	4		0.003		
Vitamin B-6....mg	0.120		0	MA	12		0.001		
Folate, total....mcg	86		0	FLA	4		1		
Folic acid....mcg	70		0	FLA	4		0		
Folate, food....mcg	16		0	FLA	4		0		
Folate, DFE....mcg_DFE	135		0	NC	4		1		
Choline, total....mg	10.4		0	FLA	4		0.1		
Betaine....mg									
Vitamin B-12....mcg	0.00		0	FLA	4		0.00		
Vitamin B-12, added....mcg	0.00		0	FLA	4		0.00		
Vitamin A, RAE....mcg_RAE	179		0	NC	4		1		
Retinol....mcg	0		0	FLA	4		0		
Carotene, beta....mcg	1760		0	FLA	4		12		
Carotene, alpha....mcg	739		0	FLA	4		5		
Cryptoxanthin, beta....mcg	27		0	FLA	4		0		
Vitamin A, IU....IU	3571		0	NC	4		25		
Lycopene....mcg	0		0	FLA	4		0		
Lutein + zeaxanthin....mcg	65		0	FLA	4		0		
Vitamin E (alpha-tocopherol)....mg	8.05		0	FLA	4		0.06		
Vitamin E, added....mg	0.00		0	FLA	4		0.00		
Tocopherol, beta....mg	0.04		0	FLA	4		0.00		
Tocopherol, gamma....mg	0.25		0	FLA	4		0.00		
Tocopherol, delta....mg	0.01		0	FLA	4		0.00		
Vitamin D (D2 + D3)....mcg	0.0		0	FLA	4		0.0		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	FLA	4		0		
Vitamin K (phylloquinone)....mcg	7.1		0	FLA	4		0.0		
Lipids:									
Fatty acids, total saturated....g	1.966		0	FLA	4		0.014		
4:0....g	0.000		0	FLA	4		0.000		

NDB No. 03209
Babyfood, crackers, vegetable

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0	FLA	4		0.000		
8:0 g	0.000		0	FLA	4		0.000		
10:0 g	0.000		0	FLA	4		0.000		
12:0 g	0.001		0	FLA	4		0.000		
13:0 g									
14:0 g	0.011		0	FLA	4		0.000		
15:0 g	0.150		0	FLA	4		0.001		
16:0 g	0.800		0	FLA	4		0.006		
17:0 g									
18:0 g	0.816		0	FLA	4		0.006		
20:0 g									
22:0 g	0.188		0	FLA	4		0.001		
24:0 g									
Fatty acids, total monounsaturated g	15.779		0	FLA	4		0.110		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.019		0	FLA	4		0.000		
17:1 g									
18:1 undifferentiated g	15.579		0	FLA	4		0.109		
20:1 g	0.181		0	FLA	4		0.001		
22:1 undifferentiated g	0.000		0	FLA	4		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	1.022		0	FLA	4		0.007		
18:2 undifferentiated g	0.966		0	FLA	4		0.007		
18:3 undifferentiated g	0.056		0	FLA	4		0.000		
18:4 g	0.000		0	FLA	4		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0	FLA	4		0.000		
20:5 n-3 (EPA) g	0.000		0	FLA	4		0.000		
22:5 n-3 (DPA) g	0.000		0	FLA	4		0.000		
22:6 n-3 (DHA) g	0.000		0	FLA	4		0.000		
Fatty acids, total trans g									
Cholesterol mg	0		0	FLA	4		0		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0		
Caffeine mg	0		0	FLA	4		0		
Theobromine mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 0.7g: 1 cracker

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43004
Babyfood, dessert, banana pudding, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	83.50		0		1		12.53	94.36	94.36
Energy ... kcal	68		0	NC	4		10	77	77
Energy ... kJ	284		0	NC	4		43	320	320
Protein ... g	1.00		0		1		0.15	1.13	1.13
Total lipid (fat) ... g	0.80		0		1		0.12	0.90	0.90
Ash ... g	0.56		0	T	4		0.08	0.63	0.63
Carbohydrate, by difference ... g	14.14		0	NC	4		2.12	15.98	15.98
Fiber, total dietary ... g	0.8		0		4		0.1	0.9	0.9
Sugars, total ... g	10.55		0	O	4		1.58	11.92	11.92
Starch ... g									
Minerals:									
Calcium, Ca ... mg	11		0		1		2	12	12
Iron, Fe ... mg	0.30		0		1		0.05	0.34	0.34
Magnesium, Mg ... mg	5		0		4		1	6	6
Phosphorus, P ... mg	34		0		1		5	38	38
Potassium, K ... mg	90		0		1		14	102	102
Sodium, Na ... mg	30		0		1		5	34	34
Zinc, Zn ... mg	0.12		0		1		0.02	0.14	0.14
Copper, Cu ... mg	0.040		0		1		0.006	0.045	0.045
Manganese, Mn ... mg									
Selenium, Se ... mcg	1.1		0	FLM	4		0.2	1.2	1.2
Vitamins:									
Vitamin C, total ascorbic acid ... mg	12.0		0		1		1.8	13.6	13.6
Thiamin ... mg	0.010		0		1		0.002	0.011	0.011
Riboflavin ... mg	0.060		0		1		0.009	0.068	0.068
Niacin ... mg	0.160		0		1		0.024	0.181	0.181
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.130		0		1		0.020	0.147	0.147
Folate, total ... mcg	6		0		4		1	7	7
Folic acid ... mcg	0		0	Z	7		0	0	0
Folate, food ... mcg	6		0		4		1	7	7
Folate, DFE ... mcg_DFE	6		0	NC	4		1	7	7
Choline, total ... mg	10.7		0	NR	4		1.6	12.1	12.1
Betaine ... mg									
Vitamin B-12 ... mcg	0.01		0		4		0.00	0.01	0.01
Vitamin B-12, added ... mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE ... mcg_RAE	1		0	NC	4		0	1	1
Retinol ... mcg	0		0	Z	7		0	0	0
Carotene, beta ... mcg	8		0	BNA	4		1	9	9
Carotene, alpha ... mcg	7		0	BNA	4		1	8	8
Cryptoxanthin, beta ... mcg	0		0	BNA	4		0	0	0
Vitamin A, IU ... IU	19		0	NC	4		3	21	21
Lycopene ... mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin ... mcg	19		0	FLA	4		3	22	22
Vitamin E (alpha-tocopherol) ... mg	0.07		0	NR	4		0.01	0.08	0.08
Vitamin E, added ... mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	0.1		0	FLA	4		0.0	0.1	0.1
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg	0.1		0	FLA	4		0.0	0.1	0.1
Vitamin D ... IU	5		0	FLA	4		1	5	5
Vitamin K (phylloquinone) ... mcg	0.2		0	FLA	4		0.0	0.2	0.2
Lipids:									
Fatty acids, total saturated ... g	0.264		0		4		0.040	0.298	0.298
4:0 ... g	0.002		0		4		0.000	0.002	0.002

NDB No. 43004
Babyfood, dessert, banana pudding, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.001		0		4		0.000	0.001	0.001
10:0 g	0.001		0		4		0.000	0.001	0.001
12:0 g	0.001		0		4		0.000	0.001	0.001
13:0 g									
14:0 g	0.006		0		4		0.001	0.007	0.007
15:0 g									
16:0 g	0.183		0		4		0.027	0.207	0.207
17:0 g									
18:0 g	0.058		0		4		0.009	0.066	0.066
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.277		0		4		0.042	0.313	0.313
14:1 g									
15:1 g									
16:1 undifferentiated g	0.024		0		4		0.004	0.027	0.027
17:1 g									
18:1 undifferentiated g	0.250		0		4		0.038	0.283	0.283
20:1 g	0.002		0		4		0.000	0.002	0.002
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.111		0		4		0.017	0.125	0.125
18:2 undifferentiated g	0.090		0		4		0.014	0.102	0.102
18:3 undifferentiated g	0.008		0		4		0.001	0.009	0.009
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.010		0		4		0.002	0.011	0.011
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.003		0		4		0.000	0.003	0.003
Fatty acids, total trans g									
Cholesterol mg	29		0		4		4	33	33
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43539
Babyfood, dessert, banana yogurt, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	80.70		0		4		12.11	91.19	91.19
Energy ... kcal	79		0	NC	4		12	89	89
Energy ... kJ	328		0	NC	4		49	371	371
Protein ... g	1.10		0		4		0.17	1.24	1.24
Total lipid (fat) ... g	0.52		0	T	4		0.08	0.59	0.59
Ash ... g	0.33		0	T	4		0.05	0.37	0.37
Carbohydrate, by difference ... g	17.40		0	T	4		2.61	19.66	19.66
Fiber, total dietary ... g	0.5		0	T	4		0.1	0.6	0.6
Sugars, total ... g	3.95		0	O	4		0.59	4.46	4.46
Starch ... g									
Minerals:									
Calcium, Ca ... mg	30		0	T	4		5	34	34
Iron, Fe ... mg	0.14		0		4		0.02	0.16	0.16
Magnesium, Mg ... mg	10		0	T	4		1	11	11
Phosphorus, P ... mg	28		0	T	4		4	32	32
Potassium, K ... mg	100		0	T	4		15	113	113
Sodium, Na ... mg	14		0	T	4		2	16	16
Zinc, Zn ... mg	0.26		0		4		0.04	0.29	0.29
Copper, Cu ... mg	0.020		0	T	4		0.003	0.023	0.023
Manganese, Mn ... mg									
Selenium, Se ... mcg	0.9		0	FLM	4		0.1	1.0	1.0
Vitamins:									
Vitamin C, total ascorbic acid ... mg	13.9		0	T	4		2.1	15.7	15.7
Thiamin ... mg	0.010		0		4		0.002	0.011	0.011
Riboflavin ... mg	0.040		0	T	4		0.006	0.045	0.045
Niacin ... mg	0.190		0	T	4		0.029	0.215	0.215
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.080		0	T	4		0.012	0.090	0.090
Folate, total ... mcg	7		0		4		1	8	8
Folic acid ... mcg	0		0	FLA	4		0	0	0
Folate, food ... mcg	7		0		4		1	8	8
Folate, DFE ... mcg_DFE	7		0	NC	4		1	8	8
Choline, total ... mg	4.7		0	FLA	4		0.7	5.3	5.3
Betaine ... mg									
Vitamin B-12 ... mcg	0.13		0		4		0.02	0.15	0.15
Vitamin B-12, added ... mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE ... mcg_RAE	3		0	NC	4		0	4	4
Retinol ... mcg	3		0	BNA	4		0	3	3
Carotene, beta ... mcg	4		0	BNA	4		1	5	5
Carotene, alpha ... mcg	4		0	BNA	4		1	4	4
Cryptoxanthin, beta ... mcg	0		0	BNA	4		0	0	0
Vitamin A, IU ... IU	20		0	NC	4		3	22	22
Lycopene ... mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin ... mcg	4		0	BFSN	4		1	4	4
Vitamin E (alpha-tocopherol) ... mg	0.02		0	BFSN	4		0.00	0.03	0.03
Vitamin E, added ... mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	0.0		0	AS	1		0.0	0.0	0.0
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D ... IU	0		0	FLA	4		0	0	0
Vitamin K (phylloquinone) ... mcg	0.1		0	BFSN	4		0.0	0.1	0.1
Lipids:									
Fatty acids, total saturated ... g	0.370		0		5		0.056	0.418	0.418
4:0 ... g	0.120		0		4		0.018	0.136	0.136

NDB No. 43539
Babyfood, dessert, banana yogurt, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.008		0		4		0.001	0.009	0.009
8:0 g	0.005		0		4		0.001	0.006	0.006
10:0 g	0.010		0		4		0.002	0.011	0.011
12:0 g	0.013		0		4		0.002	0.015	0.015
13:0 g									
14:0 g	0.041		0		4		0.006	0.046	0.046
15:0 g									
16:0 g	0.134		0		4		0.020	0.151	0.151
17:0 g									
18:0 g	0.039		0		4		0.006	0.044	0.044
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.120		0		4		0.018	0.136	0.136
14:1 g									
15:1 g									
16:1 undifferentiated g	0.010		0		4		0.002	0.011	0.011
17:1 g									
18:1 undifferentiated g	0.093		0		4		0.014	0.105	0.105
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.030		0		4		0.005	0.034	0.034
18:2 undifferentiated g	0.021		0		4		0.003	0.024	0.024
18:3 undifferentiated g	0.010		0		4		0.002	0.011	0.011
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	1		0		4		0	1	1
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		4		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43537
Babyfood, dessert, blueberry yogurt, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	81.40		0		1		12.21	91.98	91.98
Energy ... kcal	77		0	NC	4		11	86	86
Energy ... kJ	320		0	NC	4		48	362	362
Protein ... g	0.50		0		1		0.08	0.57	0.57
Total lipid (fat) ... g	0.70		0		1		0.11	0.79	0.79
Ash ... g	0.35		0	FLA	4		0.05	0.39	0.39
Carbohydrate, by difference ... g	17.05		0	NC	4		2.56	19.27	19.27
Fiber, total dietary ... g	0.4		0		4		0.1	0.5	0.5
Sugars, total ... g	13.62		0	FLA	4		2.04	15.39	15.39
Starch ... g									
Minerals:									
Calcium, Ca ... mg	25		0		1		4	28	28
Iron, Fe ... mg	0.20		0		1		0.03	0.23	0.23
Magnesium, Mg ... mg	13		0		4		2	15	15
Phosphorus, P ... mg	109		0		4		16	123	123
Potassium, K ... mg	62		0		4		9	70	70
Sodium, Na ... mg	14		0		1		2	16	16
Zinc, Zn ... mg	0.14		0		4		0.02	0.16	0.16
Copper, Cu ... mg	0.030		0		4		0.005	0.034	0.034
Manganese, Mn ... mg									
Selenium, Se ... mcg	0.8		0	BFZN	4		0.1	0.9	0.9
Vitamins:									
Vitamin C, total ascorbic acid ... mg	12.4		0		1		1.9	14.0	14.0
Thiamin ... mg	0.000		0		1		0.000	0.000	0.000
Riboflavin ... mg	0.040		0		1		0.006	0.045	0.045
Niacin ... mg	0.140		0		1		0.021	0.158	0.158
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.400		0		4		0.060	0.452	0.452
Folate, total ... mcg	8		0		4		1	9	9
Folic acid ... mcg	0		0	Z	7		0	0	0
Folate, food ... mcg	8		0		4		1	9	9
Folate, DFE ... mcg_DFE	8		0	NC	4		1	9	9
Choline, total ... mg	5.5		0	FLA	4		0.8	6.2	6.2
Betaine ... mg									
Vitamin B-12 ... mcg	0.43		0		4		0.06	0.49	0.49
Vitamin B-12, added ... mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE ... mcg_RAE	3		0	NC	4		0	3	3
Retinol ... mcg	1		0	FLA	4		0	1	1
Carotene, beta ... mcg	23		0	FLA	4		3	25	25
Carotene, alpha ... mcg	0		0	FLA	4		0	0	0
Cryptoxanthin, beta ... mcg	0		0	FLA	4		0	0	0
Vitamin A, IU ... IU	41		0	NC	4		6	46	46
Lycopene ... mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin ... mcg	64		0	FLA	4		10	73	73
Vitamin E (alpha-tocopherol) ... mg	0.40		0	FLA	4		0.06	0.45	0.45
Vitamin E, added ... mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D ... IU	0		0	FLA	4		0	0	0
Vitamin K (phylloquinone) ... mcg	13.3		0	FLA	4		2.0	15.0	15.0
Lipids:									
Fatty acids, total saturated ... g	0.452		0		4		0.068	0.511	0.511
4:0 ... g	0.022		0		4		0.003	0.025	0.025

NDB No. 43537
Babyfood, dessert, blueberry yogurt, strained

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.015		0		4		0.002	0.017	0.017
8:0....g	0.009		0		4		0.001	0.010	0.010
10:0....g	0.019		0		4		0.003	0.021	0.021
12:0....g	0.024		0		4		0.004	0.027	0.027
13:0....g									
14:0....g	0.073		0		4		0.011	0.082	0.082
15:0....g									
16:0....g	0.192		0		4		0.029	0.217	0.217
17:0....g									
18:0....g	0.069		0		4		0.010	0.078	0.078
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.192		0		4		0.029	0.217	0.217
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.015		0		4		0.002	0.017	0.017
17:1....g									
18:1 undifferentiated....g	0.159		0		4		0.024	0.180	0.180
20:1....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.019		0		4		0.003	0.021	0.021
18:2 undifferentiated....g	0.013		0		4		0.002	0.015	0.015
18:3 undifferentiated....g	0.007		0		4		0.001	0.008	0.008
18:4....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	4		0		4		1	5	5
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Heinz Strained-2 (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03225
Babyfood, dessert, cherry vanilla pudding, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.00		1		1		22.96	137.70	
Energy	kcal	69		0	NC	4		20	117	
Energy	kJ	289		0		4		82	491	
Protein (N x 6.25)	g	0.20		3		1		0.06	0.34	
Total lipid (fat)	g	0.20		3		1		0.06	0.34	
Ash	g	0.20	0.000	5		1		0.06	0.34	
Carbohydrate, by difference	g	18.40		0	NC	4		5.22	31.28	
Fiber, total dietary	g	0.3		0		4		0.1	0.5	
Sugars, total	g	16.98		0	O	4		4.81	28.87	
Starch	g									
Minerals:										
Calcium, Ca	mg	5		6		1		1	9	
Iron, Fe	mg	0.17		6		1		0.05	0.29	
Magnesium, Mg	mg	2		1		1		1	3	
Phosphorus, P	mg	7		1		1		2	12	
Potassium, K	mg	33		1		1		9	56	
Sodium, Na	mg	15		7		1		4	26	
Zinc, Zn	mg	0.03		1		1		0.01	0.05	
Copper, Cu	mg	0.051		0		4		0.014	0.087	
Manganese, Mn	mg									
Selenium, Se	mcg	0.6		0	FLM	4		0.2	1.0	
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.1		6		1		0.3	1.9	
Thiamin	mg	0.007		6		1		0.002	0.012	
Riboflavin	mg	0.011		6		1		0.003	0.019	
Niacin	mg	0.038		6		1		0.011	0.065	
Pantothenic acid	mg									
Vitamin B-6	mg	0.012		6		1		0.003	0.020	
Folate, total	mcg	0		0		1		0	1	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	0		0		1		0	1	
Folate, DFE	mcg_DFE	0		0	NC	4		0	1	
Choline, total	mg	4.7		0	FLA	4		1.3	8.0	
Betaine	mg									
Vitamin B-12	mcg	0.01		0		4		0.00	0.02	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	18		0	NC	4		5	30	
Retinol	mcg	6		0	BNA	4		2	9	
Carotene, beta	mcg	145		0	BNA	4		41	247	
Carotene, alpha	mcg	0		0	BNA	4		0	0	
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	
Vitamin A, IU	IU	261		0	NC	4		74	443	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	9		0	FLA	4		3	15	
Vitamin E (alpha-tocopherol)	mg	0.01		0	FLA	4		0.00	0.02	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	AS	1		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	FLA	4		0.0	0.0	
Vitamin D	IU	1		0	FLA	4		0	1	
Vitamin K (phylloquinone)	mcg	0.2		0	FLA	4		0.1	0.4	
Lipids:										
Fatty acids, total saturated	g	0.058		0		4		0.016	0.099	
4:0	g	0.000		0		4		0.000	0.000	

NDB No. 03225
Babyfood, dessert, cherry vanilla pudding, junior

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000	0.000	
8:0....g	0.000		0		4		0.000	0.000	
10:0....g	0.000		0		4		0.000	0.000	
12:0....g	0.000		0		4		0.000	0.000	
13:0....g									
14:0....g	0.001		0		4		0.000	0.002	
15:0....g									
16:0....g	0.041		0		4		0.012	0.070	
17:0....g									
18:0....g	0.014		0		4		0.004	0.024	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.070		0		4		0.020	0.119	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.004		0		4		0.001	0.007	
17:1....g									
18:1 undifferentiated....g	0.065		0		4		0.018	0.111	
20:1....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.036		0		4		0.010	0.061	
18:2 undifferentiated....g	0.025		0		4		0.007	0.043	
18:3 undifferentiated....g	0.008		0		4		0.002	0.014	
18:4....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.002		0		4		0.001	0.003	
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA)....g	0.001		0		4		0.000	0.002	
Fatty acids, total trans....g									
Cholesterol....mg	10		0		4		3	17	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	
Caffeine....mg	0		0	FLA	4		0	0	
Theobromine....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.3 **Fat** 8.9 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03224
Babyfood, dessert, cherry vanilla pudding, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.50	0.200	4		1		23.11	92.10	
Energy	kcal	68		0	NC	4		19	77	
Energy	kJ	285		0		4		81	321	
Protein (N x 6.25)	g	0.20		4		1		0.06	0.23	
Total lipid (fat)	g	0.30		4		1		0.09	0.34	
Ash	g	0.20	0.000	5		1		0.06	0.23	
Carbohydrate, by difference	g	17.80		0	NC	4		5.05	20.11	
Fiber, total dietary	g	0.3		0		4		0.1	0.3	
Sugars, total	g	9.15		0	O	4		2.59	10.34	
Starch	g									
Minerals:										
Calcium, Ca	mg	5	1.000	5		1		1	6	
Iron, Fe	mg	0.19	0.030	6		1		0.05	0.21	
Magnesium, Mg	mg	2		1		1		1	2	
Phosphorus, P	mg	7		1		1		2	8	
Potassium, K	mg	34		1		1		10	38	
Sodium, Na	mg	16		6		1		5	18	
Zinc, Zn	mg	0.04		1		1		0.01	0.05	
Copper, Cu	mg	0.050		0		4		0.014	0.057	
Manganese, Mn	mg									
Selenium, Se	mcg	0.6		0	FLM	4		0.2	0.7	
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.1	0.000	6		1		0.3	1.2	
Thiamin	mg	0.008	0.000	5		1		0.002	0.009	
Riboflavin	mg	0.011	0.000	5		1		0.003	0.012	
Niacin	mg	0.038	0.000	6		1		0.011	0.043	
Pantothenic acid	mg									
Vitamin B-6	mg	0.011	0.000	6		1		0.003	0.012	
Folate, total	mcg	0		3		1		0	0	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	0		3		1		0	0	
Folate, DFE	mcg_DFE	0		0	NC	4		0	0	
Choline, total	mg	4.7		0	FLA	4		1.3	5.3	
Betaine	mg									
Vitamin B-12	mcg	0.01		0		4		0.00	0.01	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	18		0	NC	4		5	20	
Retinol	mcg	6		0	BNA	4		2	6	
Carotene, beta	mcg	145		0	BNA	4		41	164	
Carotene, alpha	mcg	0		0	BNA	4		0	0	
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	
Vitamin A, IU	IU	261		0	NC	4		74	294	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	9		0	FLA	4		3	10	
Vitamin E (alpha-tocopherol)	mg	0.01		0	FLA	4		0.00	0.02	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	FLA	4		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	FLA	4		0.0	0.0	
Vitamin D	IU	1		0	FLA	4		0	1	
Vitamin K (phylloquinone)	mcg	0.2		0	FLA	4		0.1	0.3	
Lipids:										
Fatty acids, total saturated	g	0.087		0		4		0.025	0.098	
4:0	g	0.000		0		4		0.000	0.000	

NDB No. 03224
Babyfood, dessert, cherry vanilla pudding, strained

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000	0.000	
8:0....g	0.000		0		4		0.000	0.000	
10:0....g	0.000		0		4		0.000	0.000	
12:0....g	0.000		0		4		0.000	0.000	
13:0....g									
14:0....g	0.002		0		4		0.001	0.002	
15:0....g									
16:0....g	0.062		0		4		0.018	0.070	
17:0....g									
18:0....g	0.021		0		4		0.006	0.024	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.105		0		4		0.030	0.119	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.007		0		4		0.002	0.008	
17:1....g									
18:1 undifferentiated....g	0.098		0		4		0.028	0.111	
20:1....g	0.001		0		4		0.000	0.001	
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.053		0		4		0.015	0.060	
18:2 undifferentiated....g	0.037		0		4		0.010	0.042	
18:3 undifferentiated....g	0.012		0		4		0.003	0.014	
18:4....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.003		0		4		0.001	0.003	
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA)....g	0.001		0		4		0.000	0.001	
Fatty acids, total trans....g									
Cholesterol....mg	10		0		4		3	11	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	
Caffeine....mg	0		0	FLA	4		0	0	
Theobromine....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.3 **Fat** 8.9 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03246
Babyfood, dessert, custard pudding, vanilla, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	79.31		0	MA	12		181.62	11.10	22.48
Energy	kcal	86		0	NC	4		197	12	24
Energy	kJ	360		0		9		824	50	102
Protein	g	1.76		0	MA	12		4.03	0.25	0.50
Total lipid (fat)	g	0.98		0	MA	12		2.24	0.14	0.28
Ash	g	0.37		0	MA	12		0.85	0.05	0.10
Carbohydrate, by difference	g	17.58		0	NC	4		40.26	2.46	4.98
Fiber, total dietary	g	0.2		0	MA	12		0.5	0.0	0.1
Sugars, total	g	12.20		0	O	4		27.94	1.71	3.46
Sucrose	g	9.34		0	MA	12		21.39	1.31	2.65
Glucose (dextrose)	g	0.26		0	MA	12		0.60	0.04	0.07
Fructose	g	0.26		0	MA	12		0.60	0.04	0.07
Lactose	g	1.70		0	MA	12		3.89	0.24	0.48
Maltose	g	0.00		0	MA	12		0.00	0.00	0.00
Galactose	g	0.00		0	FLA	4		0.01	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	54		0	MA	12		124	8	15
Iron, Fe	mg	0.22		0	MA	12		0.50	0.03	0.06
Magnesium, Mg	mg	5		0	MA	12		11	1	1
Phosphorus, P	mg	55		0	MA	12		126	8	16
Potassium, K	mg	68		0	MA	12		156	10	19
Sodium, Na	mg	26		0	MA	12		60	4	7
Zinc, Zn	mg	0.30		0	MA	12		0.69	0.04	0.09
Copper, Cu	mg	0.010		0	MA	12		0.023	0.001	0.003
Manganese, Mn	mg	0.010		0	MA	12		0.023	0.001	0.003
Selenium, Se	mcg	2.4		0	FLM	4		5.5	0.3	0.7
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.4		0	FLM	4		0.9	0.1	0.1
Thiamin	mg	0.012		0	MA	12		0.027	0.002	0.003
Riboflavin	mg	0.054		0	MA	12		0.124	0.008	0.015
Niacin	mg	0.076		0	MA	12		0.174	0.011	0.022
Pantothenic acid	mg	0.232		0	FLM	4		0.531	0.032	0.066
Vitamin B-6	mg	0.030		0	MA	12		0.069	0.004	0.009
Folate, total	mcg	6		0	FLM	4		14	1	2
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	6		0	FLM	4		14	1	2
Folate, DFE	mcg_DFE	6		0	NC	4		14	1	2
Choline, total	mg	29.9		0	FLA	4		68.4	4.2	8.5
Betaine	mg									
Vitamin B-12	mcg	0.23		0	FLM	4		0.53	0.03	0.07
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	13		0	NC	4		30	2	4
Retinol	mcg	13		0	BNA	4		30	2	4
Carotene, beta	mcg	1		0	BNA	4		3	0	0
Carotene, alpha	mcg	1		0	BNA	4		1	0	0
Cryptoxanthin, beta	mcg	1		0	BNA	4		1	0	0
Vitamin A, IU	IU	47		0	MA	12		108	7	13
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	39		0	FLA	4		89	5	11
Vitamin E (alpha-tocopherol)	mg	0.09		0	FLA	4		0.21	0.01	0.03
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.5		0	FLA	4		1.1	0.1	0.1
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03246
Babyfood, dessert, custard pudding, vanilla, junior

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	0.5		0	FLA	4		1.1	0.1	0.1
Vitamin D....IU	19		0	FLA	4		44	3	6
Vitamin K (phylloquinone)....mcg	0.0		0	FLA	4		0.1	0.0	0.0
Lipids:									
Fatty acids, total saturated....g	0.325		0	FLM	4		0.744	0.046	0.092
4:0....g	0.003		0	FLM	4		0.007	0.000	0.001
6:0....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0....g	0.001		0	FLM	4		0.002	0.000	0.000
10:0....g	0.002		0	FLM	4		0.005	0.000	0.001
12:0....g	0.001		0	FLM	4		0.002	0.000	0.000
13:0....g									
14:0....g	0.009		0	FLM	4		0.021	0.001	0.003
15:0....g									
16:0....g	0.222		0	FLM	4		0.508	0.031	0.063
17:0....g									
18:0....g	0.078		0	FLM	4		0.179	0.011	0.022
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.364		0	FLM	4		0.834	0.051	0.103
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.030		0	FLM	4		0.069	0.004	0.009
17:1....g									
18:1 undifferentiated....g	0.331		0	FLM	4		0.758	0.046	0.094
20:1....g	0.003		0	FLM	4		0.007	0.000	0.001
22:1 undifferentiated....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.128		0	FLM	4		0.293	0.018	0.036
18:2 undifferentiated....g	0.108		0	FLM	4		0.247	0.015	0.031
18:3 undifferentiated....g	0.004		0	FLM	4		0.009	0.001	0.001
18:4....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.013		0	FLM	4		0.030	0.002	0.004
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.003		0	FLM	4		0.007	0.000	0.001
Fatty acids, total trans....g									
Cholesterol....mg	38		0	FLM	4		87	5	11
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 229g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03245
Babyfood, dessert, custard pudding, vanilla, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	79.90	0.100	19		1		182.97	11.19	22.65
Energy....kcal	85		0	NC	4		195	12	24
Energy....kJ	356		0	NC	4		814	50	101
Protein (N x 6.33)....g	1.60		14		1		3.66	0.22	0.45
Total lipid (fat)....g	2.00	0.200	16		1		4.58	0.28	0.57
Ash....g	0.50	0.000	37		1		1.15	0.07	0.14
Carbohydrate, by difference....g	16.00		0	NC	4		36.64	2.24	4.54
Fiber, total dietary....g	0.0		0		4		0.0	0.0	0.0
Sugars, total....g	11.50		0	O	4		26.34	1.61	3.26
Starch....g									
Minerals:									
Calcium, Ca....mg	55	1.000	36		1		126	8	16
Iron, Fe....mg	0.24	0.010	36		1		0.55	0.03	0.07
Magnesium, Mg....mg	5		2		1		11	1	1
Phosphorus, P....mg	45		2		1		103	6	13
Potassium, K....mg	66		15		1		151	9	19
Sodium, Na....mg	28		15		1		64	4	8
Zinc, Zn....mg	0.28		1		1		0.64	0.04	0.08
Copper, Cu....mg	0.050		1		1		0.115	0.007	0.014
Manganese, Mn....mg									
Selenium, Se....mcg	2.4		0	FLM	4		5.5	0.3	0.7
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.8	0.000	33		1		1.8	0.1	0.2
Thiamin....mg	0.012	0.000	36		1		0.027	0.002	0.003
Riboflavin....mg	0.080	0.004	36		1		0.183	0.011	0.023
Niacin....mg	0.040		11		1		0.092	0.006	0.011
Pantothenic acid....mg	0.250		4		1		0.573	0.035	0.071
Vitamin B-6....mg	0.020	0.000	18		1		0.046	0.003	0.006
Folate, total....mcg	6	0.200	3		1		14	1	2
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	6	0.200	3		1		14	1	2
Folate, DFE....mcg_DFE	6		0	NC	4		14	1	2
Choline, total....mg	29.9		0	FLA	4		68.4	4.2	8.5
Betaine....mg									
Vitamin B-12....mcg	0.01		0		4		0.02	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	18		0	NC	4		41	3	5
Retinol....mcg	18		0	BNA	4		41	3	5
Carotene, beta....mcg	2		0	BNA	4		4	0	1
Carotene, alpha....mcg	1		0	BNA	4		2	0	0
Cryptoxanthin, beta....mcg	1		0	BNA	4		2	0	0
Vitamin A, IU....IU	64		7		1		147	9	18
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	39		0	FLA	4		89	5	11
Vitamin E (alpha-tocopherol)....mg	0.23		0	NR	4		0.53	0.03	0.07
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.5		0	FLA	4		1.2	0.1	0.1
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.5		0	FLA	4		1.2	0.1	0.1
Vitamin D....IU	21		0	FLA	4		48	3	6
Vitamin K (phylloquinone)....mcg	0.0		0	FLA	4		0.1	0.0	0.0
Lipids:									
Fatty acids, total saturated....g	1.010		2		1		2.313	0.141	0.286
4:0....g	0.050		2		1		0.115	0.007	0.014

NDB No. 03245
Babyfood, dessert, custard pudding, vanilla, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.020		2		1		0.046	0.003	0.006
8:0 g	0.010		2		1		0.023	0.001	0.003
10:0 g	0.030		2		1		0.069	0.004	0.009
12:0 g	0.040		2		1		0.092	0.006	0.011
13:0 g									
14:0 g	0.110		2		1		0.252	0.015	0.031
15:0 g									
16:0 g	0.520		2		1		1.191	0.073	0.147
17:0 g									
18:0 g	0.190		2		1		0.435	0.027	0.054
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.680		2		1		1.557	0.095	0.193
14:1 g									
15:1 g									
16:1 undifferentiated g	0.050		2		1		0.115	0.007	0.014
17:1 g									
18:1 undifferentiated g	0.620		2		1		1.420	0.087	0.176
20:1 g	0.000		2		1		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		1		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.160		2		1		0.366	0.022	0.045
18:2 undifferentiated g	0.130		2		1		0.298	0.018	0.037
18:3 undifferentiated g	0.010		2		1		0.023	0.001	0.003
18:4 g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.020		2		1		0.046	0.003	0.006
20:5 n-3 (EPA) g	0.000		0		1		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		1		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	8		0		4		18	1	2
Phytosterols mg									
Amino Acids:									
Tryptophan g									
Threonine g	0.059		0		1		0.135	0.008	0.017
Isoleucine g	0.075		0		1		0.172	0.011	0.021
Leucine g	0.059		0		1		0.135	0.008	0.017
Lysine g	0.114		0		1		0.261	0.016	0.032
Methionine g	0.046		0		1		0.105	0.006	0.013
Cystine g									
Phenylalanine g	0.073		0		1		0.167	0.010	0.021
Tyrosine g	0.059		0		1		0.135	0.008	0.017
Valine g	0.088		0		1		0.202	0.012	0.025
Arginine g	0.062		0		1		0.142	0.009	0.018
Histidine g	0.041		0		1		0.094	0.006	0.012
Alanine g	0.050		0		1		0.115	0.007	0.014
Aspartic acid g	0.130		0		1		0.298	0.018	0.037
Glutamic acid g	0.291		0		1		0.666	0.041	0.082
Glycine g	0.033		0		1		0.076	0.005	0.009
Proline g	0.098		0		1		0.224	0.014	0.028
Serine g	0.082		0		1		0.188	0.011	0.023
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03245

Babyfood, dessert, custard pudding, vanilla, strained

Common Measures:

Measure 1 = 229g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 4.3 **Fat** 8.9 **Carbohydrate** 3.8

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03221
Babyfood, dessert, dutch apple, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	80.32		0	MA	12		22.77	136.54	
Energy	kcal	79		0	NC	4		22	134	
Energy	kJ	331		0	MC	9		94	562	
Protein	g	0.20		0	MA	12		0.06	0.34	
Total lipid (fat)	g	0.16		0	MA	12		0.05	0.27	
Ash	g	0.14		0	MA	12		0.04	0.24	
Carbohydrate, by difference	g	19.29		0	O	4		5.47	32.79	
Fiber, total dietary	g	1.4		0	MA	12		0.4	2.4	
Sugars, total	g	17.89		0	O	4		5.07	30.41	
Sucrose	g	8.80		0	MA	12		2.49	14.96	
Glucose (dextrose)	g	2.10		0	MA	12		0.60	3.57	
Fructose	g	5.30		0	MA	12		1.50	9.01	
Lactose	g	0.00		0	MA	12		0.00	0.00	
Maltose	g	0.00		0	MA	12		0.00	0.00	
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	3		0	MA	12		1	5	
Iron, Fe	mg	0.11		0	MA	12		0.03	0.19	
Magnesium, Mg	mg	4		0	MA	12		1	7	
Phosphorus, P	mg	7		0	MA	12		2	12	
Potassium, K	mg	67		0	MA	12		19	114	
Sodium, Na	mg	3		0	MA	12		1	5	
Zinc, Zn	mg	0.03		0	FLM	4		0.01	0.05	
Copper, Cu	mg	0.030		0	FLM	4		0.009	0.051	
Manganese, Mn	mg	0.020		0	MA	12		0.006	0.034	
Selenium, Se	mcg	0.2		0	FLM	4		0.1	0.3	
Vitamins:										
Vitamin C, total ascorbic acid	mg	18.0		0	MA	12		5.1	30.6	
Thiamin	mg	0.010		0	MA	12		0.003	0.017	
Riboflavin	mg	0.012		0	MA	12		0.003	0.020	
Niacin	mg	0.048		0	MA	12		0.014	0.082	
Pantothenic acid	mg	0.017		0	FLM	4		0.005	0.029	
Vitamin B-6	mg	0.017		0	FLM	4		0.005	0.029	
Folate, total	mcg	0		0	FLM	4		0	0	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	0		0	T	4		0	0	
Folate, DFE	mcg_DFE	0		0	NC	4		0	0	
Choline, total	mg	2.5		0	FLA	4		0.7	4.2	
Betaine	mg									
Vitamin B-12	mcg	0.00		0	FLM	4		0.00	0.00	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	2	
Retinol	mcg	0		0	BNA	4		0	0	
Carotene, beta	mcg	8		0	BNA	4		2	13	
Carotene, alpha	mcg	0		0	BNA	4		0	0	
Cryptoxanthin, beta	mcg	6		0	BNA	4		2	10	
Vitamin A, IU	IU	18		0	MA	12		5	31	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	11		0	FLA	4		3	19	
Vitamin E (alpha-tocopherol)	mg	0.04		0	FLA	4		0.01	0.06	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03221
Babyfood, dessert, dutch apple, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone).....mcg	0.5		0	FLA	4		0.1	0.8	
Lipids:									
Fatty acids, total saturated.....g	0.025		0	FLM	4		0.007	0.043	
4:0.....g	0.000		0	FLM	4		0.000	0.000	
6:0.....g	0.000		0	FLM	4		0.000	0.000	
8:0.....g	0.000		0	FLM	4		0.000	0.000	
10:0.....g	0.000		0	FLM	4		0.000	0.000	
12:0.....g	0.000		0	FLM	4		0.000	0.000	
13:0.....g									
14:0.....g	0.001		0	FLM	4		0.000	0.002	
15:0.....g									
16:0.....g	0.021		0	FLM	4		0.006	0.036	
17:0.....g									
18:0.....g	0.003		0	FLM	4		0.001	0.005	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.006		0	FLM	4		0.002	0.010	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	
17:1.....g									
18:1 undifferentiated.....g	0.006		0	FLM	4		0.002	0.010	
20:1.....g	0.000		0	FLM	4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.045		0	FLM	4		0.013	0.077	
18:2 undifferentiated.....g	0.038		0	FLM	4		0.011	0.065	
18:3 undifferentiated.....g	0.008		0	FLM	4		0.002	0.014	
18:4.....g	0.000		0	FLM	4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	
20:5 n-3 (EPA).....g	0.000		0	FLM	4		0.000	0.000	
22:5 n-3 (DPA).....g	0.000		0	FLM	4		0.000	0.000	
22:6 n-3 (DHA).....g	0.000		0	FLM	4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0	Z	7		0	0	
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.002		0	FLA	4		0.001	0.004	
Threonine.....g	0.007		0	FLA	4		0.002	0.012	
Isoleucine.....g	0.008		0	FLA	4		0.002	0.013	
Leucine.....g	0.012		0	FLA	4		0.003	0.021	
Lysine.....g	0.013		0	FLA	4		0.004	0.022	
Methionine.....g	0.002		0	FLA	4		0.001	0.004	
Cystine.....g	0.003		0	FLA	4		0.001	0.005	
Phenylalanine.....g	0.006		0	FLA	4		0.002	0.010	
Tyrosine.....g	0.004		0	FLA	4		0.001	0.006	
Valine.....g	0.009		0	FLA	4		0.003	0.016	
Arginine.....g	0.006		0	FLA	4		0.002	0.011	
Histidine.....g	0.003		0	FLA	4		0.001	0.005	
Alanine.....g	0.007		0	FLA	4		0.002	0.012	
Aspartic acid.....g	0.035		0	FLA	4		0.010	0.060	
Glutamic acid.....g	0.021		0	FLA	4		0.006	0.035	
Glycine.....g	0.008		0	FLA	4		0.002	0.013	
Proline.....g	0.007		0	FLA	4		0.002	0.012	
Serine.....g	0.008		0	FLA	4		0.002	0.013	
Hydroxyproline.....g									
Others:									

NDB No. 03221
Babyfood, dessert, dutch apple, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03220
Babyfood, dessert, dutch apple, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	79.50		0	T	4		22.54	89.84	
Energy....kcal	75		0	NC	4		21	85	
Energy....kJ	314		0	NC	4		89	355	
Protein (N x 6.25)....g	0.20		0	T	4		0.06	0.23	
Total lipid (fat)....g	0.40		0	T	4		0.11	0.45	
Ash....g	0.16		0	T	4		0.05	0.18	
Carbohydrate, by difference....g	19.74		0	NC	4		5.60	22.31	
Fiber, total dietary....g	1.4		0	T	4		0.4	1.6	
Sugars, total....g	17.89		0	O	4		5.07	20.22	
Starch....g									
Minerals:									
Calcium, Ca....mg	5		1		1		1	6	
Iron, Fe....mg	0.20		1		1		0.06	0.23	
Magnesium, Mg....mg	2		2		1		1	2	
Phosphorus, P....mg	3		2		1		1	3	
Potassium, K....mg	33		2		1		9	37	
Sodium, Na....mg	16		5		1		5	18	
Zinc, Zn....mg	0.01		2		1		0.00	0.01	
Copper, Cu....mg	0.059		0		4		0.017	0.067	
Manganese, Mn....mg									
Selenium, Se....mcg	0.2		0	FLM	4		0.1	0.2	
Vitamins:									
Vitamin C, total ascorbic acid....mg	21.4		1		1		6.1	24.2	
Thiamin....mg	0.011		1		1		0.003	0.012	
Riboflavin....mg	0.013		1		1		0.004	0.015	
Niacin....mg	0.048		1		1		0.014	0.054	
Pantothenic acid....mg									
Vitamin B-6....mg	0.011		1		1		0.003	0.012	
Folate, total....mcg	1	0.100	6		1		0	1	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	1		0	NR	4		0	1	
Folate, DFE....mcg_DFE	1		0	NC	4		0	1	
Choline, total....mg	2.5		0	FLA	4		0.7	2.8	
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	2		0	NC	4		1	3	
Retinol....mcg	0		0	BNA	4		0	0	
Carotene, beta....mcg	21		0	BNA	4		6	24	
Carotene, alpha....mcg	0		0	BNA	4		0	0	
Cryptoxanthin, beta....mcg	16		0	BNA	4		5	18	
Vitamin A, IU....IU	49		0	NC	4		14	55	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	15		0	FLA	4		4	17	
Vitamin E (alpha-tocopherol)....mg	0.04		0	FLA	4		0.01	0.04	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	0.5		0	FLA	4		0.1	0.5	
Lipids:									
Fatty acids, total saturated....g	0.190		0	NC	4		0.054	0.215	
4:0....g	0.014		2		1		0.004	0.016	

NDB No. 03220
Babyfood, dessert, dutch apple, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.003		2		1		0.001	0.004	
8:0 g	0.003		2		1		0.001	0.004	
10:0 g	0.010		2		1		0.003	0.012	
12:0 g	0.010		2		1		0.003	0.012	
13:0 g									
14:0 g	0.031		2		1		0.009	0.035	
15:0 g									
16:0 g	0.086		2		1		0.025	0.098	
17:0 g									
18:0 g	0.031		2		1		0.009	0.035	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.080		0	NC	4		0.023	0.090	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.007		2		1		0.002	0.008	
17:1 g									
18:1 undifferentiated g	0.073		2		1		0.021	0.082	
20:1 g	0.000		2		1		0.000	0.000	
22:1 undifferentiated g	0.000		0		1		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.010		0	NC	4		0.003	0.012	
18:2 undifferentiated g	0.007		2		1		0.002	0.008	
18:3 undifferentiated g	0.003		2		1		0.001	0.004	
18:4 g	0.000		0		1		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		2		1		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0		1		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		1		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		1		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	
Theobromine mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.4 **Fat** 8.4 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03236

Babyfood, dessert, fruit dessert, without ascorbic acid, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	82.20		14		1		12.33	23.30	139.74
Energy....kcal	63		0	NC	4		9	18	107
Energy....kJ	264		0		4		40	75	448
Protein (N x 6.25)....g	0.30	0.000	15		1		0.05	0.09	0.51
Total lipid (fat)....g	0.00		15		1		0.00	0.00	0.00
Ash....g	0.30	0.000	42		1		0.05	0.09	0.51
Carbohydrate, by difference....g	17.20		0	NC	4		2.58	4.88	29.24
Fiber, total dietary....g	0.6		0		4		0.1	0.2	1.0
Sugars, total....g	12.00		0	O	4		1.80	3.40	20.40
Starch....g									
Minerals:									
Calcium, Ca....mg	9	2.000	7		1		1	3	15
Iron, Fe....mg	0.21	0.040	7		1		0.03	0.06	0.36
Magnesium, Mg....mg	5		1		1		1	1	9
Phosphorus, P....mg	8		1		1		1	2	14
Potassium, K....mg	95		14		1		14	27	162
Sodium, Na....mg	13		19		1		2	4	22
Zinc, Zn....mg	0.05		1		1		0.01	0.01	0.09
Copper, Cu....mg	0.030		1		1		0.005	0.009	0.051
Manganese, Mn....mg									
Selenium, Se....mcg	0.4		0	FLM	4		0.1	0.1	0.7
Vitamins:									
Vitamin C, total ascorbic acid....mg	3.0		2		1		0.5	0.9	5.1
Thiamin....mg	0.021	0.000	11		1		0.003	0.006	0.036
Riboflavin....mg	0.012	0.000	11		1		0.002	0.003	0.020
Niacin....mg	0.144	0.007	10		1		0.022	0.041	0.245
Pantothenic acid....mg	0.100		0		4		0.015	0.028	0.170
Vitamin B-6....mg	0.033		2		1		0.005	0.009	0.056
Folate, total....mcg	4		0		1		1	1	6
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	4		0	NR	4		1	1	6
Folate, DFE....mcg_DFE	4		0	NC	4		1	1	6
Choline, total....mg	4.5		0	FLA	4		0.7	1.3	7.7
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	7		0	NC	4		1	2	11
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	64		0	FLA	4		10	18	110
Carotene, alpha....mcg	2		0	FLA	4		0	1	4
Cryptoxanthin, beta....mcg	27		0	FLA	4		4	8	46
Vitamin A, IU....IU	132		0	NC	4		20	37	224
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	43		0	FLA	4		6	12	74
Vitamin E (alpha-tocopherol)....mg	0.29		0	FLA	4		0.04	0.08	0.49
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	1.5		0	FLA	4		0.2	0.4	2.6
Lipids:									
Fatty acids, total saturated....g	0.000		0		7		0.000	0.000	0.000
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03236

Babyfood, dessert, fruit dessert, without ascorbic acid, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.000		0		4		0.000	0.000	0.000
17:0 g									
18:0 g	0.000		0		4		0.000	0.000	0.000
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.000		0		7		0.000	0.000	0.000
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.4 **Fat** 8.4 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03235

Babyfood, dessert, fruit dessert, without ascorbic acid, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	83.40	0.400	17		1		12.51	23.64	94.24
Energy	kcal	59		0	NC	4		9	17	67
Energy	kJ	247		0		4		37	70	279
Protein (N x 6.25)	g	0.30	0.000	15		1		0.05	0.09	0.34
Total lipid (fat)	g	0.00		15		1		0.00	0.00	0.00
Ash	g	0.30	0.000	42		1		0.05	0.09	0.34
Carbohydrate, by difference	g	16.00		0	NC	4		2.40	4.54	18.08
Fiber, total dietary	g	0.6		0		4		0.1	0.2	0.7
Sugars, total	g	12.60		0	O	4		1.89	3.57	14.24
Starch	g									
Minerals:										
Calcium, Ca	mg	9	2.000	7		1		1	3	10
Iron, Fe	mg	0.22	0.010	35		1		0.03	0.06	0.25
Magnesium, Mg	mg	5		1		1		1	1	6
Phosphorus, P	mg	7		1		1		1	2	8
Potassium, K	mg	94		14		1		14	27	106
Sodium, Na	mg	14		20		1		2	4	16
Zinc, Zn	mg	0.04		1		1		0.01	0.01	0.05
Copper, Cu	mg	0.030		1		1		0.005	0.009	0.034
Manganese, Mn	mg									
Selenium, Se	mcg	0.4		0	FLM	4		0.1	0.1	0.5
Vitamins:										
Vitamin C, total ascorbic acid	mg	2.5	0.200	29		1		0.4	0.7	2.8
Thiamin	mg	0.016	0.000	38		1		0.002	0.005	0.018
Riboflavin	mg	0.009	0.000	38		1		0.001	0.003	0.010
Niacin	mg	0.143	0.007	10		1		0.021	0.041	0.162
Pantothenic acid	mg	0.104		0		4		0.016	0.029	0.118
Vitamin B-6	mg	0.037	0.000	29		1		0.006	0.010	0.042
Folate, total	mcg	3	0.200	9		1		0	1	4
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	3	0.200	9		1		0	1	4
Folate, DFE	mcg_DFE	3		0	NC	4		0	1	4
Choline, total	mg	4.5		0	FLA	4		0.7	1.3	5.1
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	7		0	NC	4		1	2	7
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	64		0	FLA	4		10	18	73
Carotene, alpha	mcg	2		0	FLA	4		0	1	3
Cryptoxanthin, beta	mcg	27		0	FLA	4		4	8	31
Vitamin A, IU	IU	132		0	NC	4		20	37	149
Lycopene	mcg	0		0	Z	7		0	0	0
Lutein + zeaxanthin	mcg	43		0	FLA	4		6	12	49
Vitamin E (alpha-tocopherol)	mg	0.29		0	FLA	4		0.04	0.08	0.32
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg	0.00		0	FLA	4		0.00	0.00	0.00
Tocopherol, gamma	mg	0.01		0	FLA	4		0.00	0.00	0.01
Tocopherol, delta	mg	0.00		0	FLA	4		0.00	0.00	0.00
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	1.5		0	FLA	4		0.2	0.4	1.7
Lipids:										
Fatty acids, total saturated	g	0.000		0		7		0.000	0.000	0.000
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03235

Babyfood, dessert, fruit dessert, without ascorbic acid, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.000		0		4		0.000	0.000	0.000
17:0 g									
18:0 g	0.000		0		4		0.000	0.000	0.000
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.000		0		7		0.000	0.000	0.000
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.4 **Fat** 8.4 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03226
Babyfood, dessert, fruit pudding, orange, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	79.80	0.100	4		1		22.62	90.17	
Energy....kcal	80		0	NC	4		23	90	
Energy....kJ	335		0		4		95	378	
Protein (N x 6.33)....g	1.10		3		1		0.31	1.24	
Total lipid (fat)....g	0.90		3		1		0.26	1.02	
Ash....g	0.60	0.000	5		1		0.17	0.68	
Carbohydrate, by difference....g	17.70		0	NC	4		5.02	20.00	
Fiber, total dietary....g	0.6		0		4		0.2	0.7	
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	32		1		1		9	36	
Iron, Fe....mg	0.10		1		1		0.03	0.11	
Magnesium, Mg....mg	5		1		1		1	6	
Phosphorus, P....mg	28		1		1		8	32	
Potassium, K....mg	86		1		1		24	97	
Sodium, Na....mg	20		0		4		6	23	
Zinc, Zn....mg	0.17		1		1		0.05	0.19	
Copper, Cu....mg	0.050		0		4		0.014	0.057	
Manganese, Mn....mg									
Selenium, Se....mcg	0.6		0	BFZN	4		0.2	0.7	
Vitamins:									
Vitamin C, total ascorbic acid....mg	9.1		1		1		2.6	10.3	
Thiamin....mg	0.040		1		1		0.011	0.045	
Riboflavin....mg	0.057		1		1		0.016	0.064	
Niacin....mg	0.119		1		1		0.034	0.134	
Pantothenic acid....mg	0.251		0		4		0.071	0.284	
Vitamin B-6....mg	0.027		1		1		0.008	0.031	
Folate, total....mcg	8	0.500	3		1		2	9	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	8	0.500	3		1		2	9	
Folate, DFE....mcg_DFE	8		0	NC	4		2	9	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.01		0		4		0.00	0.01	
Vitamin A, RAE....mcg_RAE	6		0	NC	4		2	6	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	115		1		1		33	130	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									
Lipids:									
Fatty acids, total saturated....g	0.545		0		4		0.155	0.616	
4:0....g	0.029		0		4		0.008	0.033	
6:0....g	0.015		0		4		0.004	0.017	
8:0....g	0.010		0		4		0.003	0.011	

NDB No. 03226
Babyfood, dessert, fruit pudding, orange, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
10:0 g	0.021		0		4		0.006	0.024	
12:0 g	0.023		0		4		0.007	0.026	
13:0 g									
14:0 g	0.088		0		4		0.025	0.099	
15:0 g									
16:0 g	0.233		0		4		0.066	0.263	
17:0 g									
18:0 g	0.104		0		4		0.029	0.118	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.257		0		4		0.073	0.290	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.022		0		4		0.006	0.025	
17:1 g									
18:1 undifferentiated g	0.225		0		4		0.064	0.254	
20:1 g	0.000		0		4		0.000	0.000	
22:1 undifferentiated g	0.000		0		4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.038		0		4		0.011	0.043	
18:2 undifferentiated g	0.027		0		4		0.008	0.031	
18:3 undifferentiated g	0.014		0		4		0.004	0.016	
18:4 g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	3		0		4		1	3	
Phytosterols mg									
Amino Acids:									
Tryptophan g									
Threonine g	0.045		0		1		0.013	0.051	
Isoleucine g	0.057		0		1		0.016	0.064	
Leucine g	0.113		0		1		0.032	0.128	
Lysine g	0.090		0		1		0.026	0.102	
Methionine g	0.015		0		1		0.004	0.017	
Cystine g									
Phenylalanine g	0.042		0		1		0.012	0.047	
Tyrosine g	0.045		0		1		0.013	0.051	
Valine g	0.070		0		1		0.020	0.079	
Arginine g	0.085		0		1		0.024	0.096	
Histidine g	0.031		0		1		0.009	0.035	
Alanine g	0.044		0		1		0.012	0.050	
Aspartic acid g	0.132		0		1		0.037	0.149	
Glutamic acid g	0.225		0		1		0.064	0.254	
Glycine g	0.027		0		1		0.008	0.031	
Proline g	0.118		0		1		0.033	0.133	
Serine g	0.062		0		1		0.018	0.070	
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg									
Theobromine mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03226

Babyfood, dessert, fruit pudding, orange, strained

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.3 **Fat** 8.9 **Carbohydrate** 3.8

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03233
Babyfood, dessert, fruit pudding, pineapple, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	77.60	1.300	17		1		11.64	22.00	87.69
Energy....kcal	81		0	NC	4		12	23	92
Energy....kJ	339		0		4		51	96	383
Protein (N x 6.2)....g	1.30	0.000	17		1		0.20	0.37	1.47
Total lipid (fat)....g	0.30	0.100	17		1		0.05	0.09	0.34
Ash....g	0.50	0.000	16		1		0.08	0.14	0.57
Carbohydrate, by difference....g	20.30		0	NC	4		3.05	5.76	22.94
Fiber, total dietary....g	0.7		0		4		0.1	0.2	0.8
Sugars, total....g	10.28		0	O	4		1.54	2.91	11.62
Starch....g									
Minerals:									
Calcium, Ca....mg	31	4.000	16		1		5	9	35
Iron, Fe....mg	0.18	0.020	16		1		0.03	0.05	0.20
Magnesium, Mg....mg	9		1		1		1	3	10
Phosphorus, P....mg	31		1		1		5	9	35
Potassium, K....mg	81		14		1		12	23	92
Sodium, Na....mg	19	1.000	15		1		3	5	21
Zinc, Zn....mg	0.20		1		1		0.03	0.06	0.23
Copper, Cu....mg	0.023		0		4		0.003	0.007	0.026
Manganese, Mn....mg									
Selenium, Se....mcg	1.2		0	FLM	4		0.2	0.3	1.4
Vitamins:									
Vitamin C, total ascorbic acid....mg	27.2	0.900	16		1		4.1	7.7	30.7
Thiamin....mg	0.038	0.007	16		1		0.006	0.011	0.043
Riboflavin....mg	0.046	0.000	16		1		0.007	0.013	0.052
Niacin....mg	0.107	0.000	16		1		0.016	0.030	0.121
Pantothenic acid....mg	0.192		0		4		0.029	0.054	0.217
Vitamin B-6....mg	0.040	0.000	3		1		0.006	0.011	0.045
Folate, total....mcg	5	0.200	3		1		1	1	6
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	5	0.200	3		1		1	1	6
Folate, DFE....mcg_DFE	5		0	NC	4		1	1	6
Choline, total....mg	5.4		0	FLA	4		0.8	1.5	6.1
Betaine....mg									
Vitamin B-12....mcg	0.06		1		1		0.01	0.02	0.07
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	11		0	NC	4		2	3	13
Retinol....mcg	11		0	BNA	4		2	3	13
Carotene, beta....mcg	0		0	BNA	4		0	0	0
Carotene, alpha....mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	0
Vitamin A, IU....IU	40	13.000	16		1		6	11	45
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)....mg	0.00		0	FLA	4		0.00	0.00	0.00
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.3		0	FLA	4		0.0	0.1	0.4
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.3		0	FLA	4		0.0	0.1	0.4
Vitamin D....IU	13		0	FLA	4		2	4	14
Vitamin K (phylloquinone)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Lipids:									
Fatty acids, total saturated....g	0.099		0		4		0.015	0.028	0.112
4:0....g	0.001		0		4		0.000	0.000	0.001

NDB No. 03233
Babyfood, dessert, fruit pudding, pineapple, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		4		0.000	0.000	0.000
8:0 ... g	0.000		0		4		0.000	0.000	0.000
10:0 ... g	0.001		0		4		0.000	0.000	0.001
12:0 ... g	0.001		0		4		0.000	0.000	0.001
13:0 ... g									
14:0 ... g	0.003		0		4		0.000	0.001	0.003
15:0 ... g									
16:0 ... g	0.067		0		4		0.010	0.019	0.076
17:0 ... g									
18:0 ... g	0.024		0		4		0.004	0.007	0.027
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.109		0		4		0.016	0.031	0.123
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.009		0		4		0.001	0.003	0.010
17:1 ... g									
18:1 undifferentiated ... g	0.098		0		4		0.015	0.028	0.111
20:1 ... g	0.001		0		4		0.000	0.000	0.001
22:1 undifferentiated ... g	0.000		0		4		0.000	0.000	0.000
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.041		0		4		0.006	0.012	0.046
18:2 undifferentiated ... g	0.033		0		4		0.005	0.009	0.037
18:3 undifferentiated ... g	0.003		0		4		0.000	0.001	0.003
18:4 ... g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.004		0		4		0.001	0.001	0.005
20:5 n-3 (EPA) ... g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) ... g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) ... g	0.001		0		4		0.000	0.000	0.001
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0		7		0	0	0
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	0.0
Caffeine ... mg	0		0	FLA	4		0	0	0
Theobromine ... mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 4.3 **Fat** 8.9 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03228
Babyfood, dessert, peach cobbler, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	81.20		1		1		12.18	23.02	178.64
Energy....kcal	67		0	NC	4		10	19	147
Energy....kJ	280		0		4		42	79	617
Protein (N x 6.2)....g	0.30		1		1		0.05	0.09	0.66
Total lipid (fat)....g	0.00		1		1		0.00	0.00	0.00
Ash....g	0.24		0	FLA	4		0.04	0.07	0.52
Carbohydrate, by difference....g	18.30		0	NC	4		2.75	5.19	40.26
Fiber, total dietary....g	0.7		0		4		0.1	0.2	1.5
Sugars, total....g	11.89		0	O	4		1.78	3.37	26.16
Starch....g									
Minerals:									
Calcium, Ca....mg	4		1		1		1	1	9
Iron, Fe....mg	0.10		1		1		0.02	0.03	0.22
Magnesium, Mg....mg	2		0		4		0	1	4
Phosphorus, P....mg	6		1		1		1	2	13
Potassium, K....mg	56		1		1		8	16	123
Sodium, Na....mg	9		6		1		1	3	20
Zinc, Zn....mg	0.03		1		1		0.00	0.01	0.07
Copper, Cu....mg	0.196		0		4		0.029	0.056	0.431
Manganese, Mn....mg									
Selenium, Se....mcg	1.0		0	FLM	4		0.2	0.3	2.2
Vitamins:									
Vitamin C, total ascorbic acid....mg	20.5		1		1		3.1	5.8	45.1
Thiamin....mg	0.010		1		1		0.002	0.003	0.022
Riboflavin....mg	0.015		1		1		0.002	0.004	0.033
Niacin....mg	0.259		1		1		0.039	0.073	0.570
Pantothenic acid....mg									
Vitamin B-6....mg	0.007		1		1		0.001	0.002	0.015
Folate, total....mcg	3		0	FLA	4		0	1	7
Folic acid....mcg	1		0	FLA	4		0	0	3
Folate, food....mcg	2		0	FLA	4		0	0	4
Folate, DFE....mcg_DFE	4		0	NC	4		1	1	9
Choline, total....mg	1.1		0	FLA	4		0.2	0.3	2.4
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	7		0	FLA	4		1	2	15
Retinol....mcg	0		0	FLA	4		0	0	0
Carotene, beta....mcg	68		0	FLA	4		10	19	151
Carotene, alpha....mcg	0		0	FLA	4		0	0	0
Cryptoxanthin, beta....mcg	28		0	FLA	4		4	8	62
Vitamin A, IU....IU	138		0	FLA	4		21	39	303
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	39		0	FLA	4		6	11	85
Vitamin E (alpha-tocopherol)....mg	0.31		0	FLA	4		0.05	0.09	0.68
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	1.1		0	FLA	4		0.2	0.3	2.4
Lipids:									
Fatty acids, total saturated....g	0.000		0		7		0.000	0.000	0.000
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03228
Babyfood, dessert, peach cobbler, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.000		0		4		0.000	0.000	0.000
17:0 g									
18:0 g	0.000		0		4		0.000	0.000	0.000
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.000		0		7		0.000	0.000	0.000
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		4		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 220g: 1 jar

Calories Factors: Protein 3.4 **Fat** 8.4 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03227
Babyfood, dessert, peach cobbler, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	81.80	0.400	4		1		12.27	23.19	92.43
Energy....kcal	65		0	NC	4		10	18	73
Energy....kJ	272		0		4		41	77	307
Protein (N x 6.2)....g	0.30		1		1		0.05	0.09	0.34
Total lipid (fat)....g	0.00		1		1		0.00	0.00	0.00
Ash....g	0.24		0	FLA	4		0.04	0.07	0.27
Carbohydrate, by difference....g	17.80		0	NC	4		2.67	5.05	20.11
Fiber, total dietary....g	0.7		0		4		0.1	0.2	0.8
Sugars, total....g	10.62		0	FLA	4		1.59	3.01	12.00
Sucrose....g	2.02		0	FLA	4		0.30	0.57	2.28
Glucose (dextrose)....g	0.83		0	FLA	4		0.12	0.23	0.94
Fructose....g	0.65		0	FLA	4		0.10	0.18	0.74
Lactose....g	0.00		0	FLA	4		0.00	0.00	0.00
Maltose....g	0.04		0	FLA	4		0.01	0.01	0.04
Galactose....g	0.03		0	FLA	4		0.00	0.01	0.03
Starch....g									
Minerals:									
Calcium, Ca....mg	4		1		1		1	1	5
Iron, Fe....mg	0.10		0		4		0.02	0.03	0.11
Magnesium, Mg....mg	2		0		4		0	1	2
Phosphorus, P....mg	5		1		1		1	1	6
Potassium, K....mg	54		1		1		8	15	61
Sodium, Na....mg	7		4		1		1	2	8
Zinc, Zn....mg	0.30		1		1		0.05	0.09	0.34
Copper, Cu....mg	0.190		1		1		0.029	0.054	0.215
Manganese, Mn....mg									
Selenium, Se....mcg	1.0		0	FLM	4		0.2	0.3	1.1
Vitamins:									
Vitamin C, total ascorbic acid....mg	20.5		1		1		3.1	5.8	23.2
Thiamin....mg	0.009		1		1		0.001	0.003	0.010
Riboflavin....mg	0.014		1		1		0.002	0.004	0.016
Niacin....mg	0.259		1		1		0.039	0.073	0.293
Pantothenic acid....mg									
Vitamin B-6....mg	0.007		1		1		0.001	0.002	0.008
Folate, total....mcg	2		0	FLA	4		0	0	2
Folic acid....mcg	0		0	FLA	4		0	0	0
Folate, food....mcg	2		0	FLA	4		0	0	2
Folate, DFE....mcg_DFE	2		0	NC	4		0	0	2
Choline, total....mg	1.1		0	FLA	4		0.2	0.3	1.2
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	7		0	NC	4		1	2	8
Retinol....mcg	0		0	FLA	4		0	0	0
Carotene, beta....mcg	69		0	BNA	4		10	19	78
Carotene, alpha....mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta....mcg	28		0	BNA	4		4	8	32
Vitamin A, IU....IU	138		0	NC	4		21	39	156
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	39		0	FLA	4		6	11	44
Vitamin E (alpha-tocopherol)....mg	0.31		0	FLA	4		0.05	0.09	0.35
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									

NDB No. 03227
Babyfood, dessert, peach cobbler, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	1.1		0	FLA	4		0.2	0.3	1.2
Lipids:									
Fatty acids, total saturated....g	0.000		0		7		0.000	0.000	0.000
4:0....g	0.000		0		4		0.000	0.000	0.000
6:0....g	0.000		0		4		0.000	0.000	0.000
8:0....g	0.000		0		4		0.000	0.000	0.000
10:0....g	0.000		0		4		0.000	0.000	0.000
12:0....g	0.000		0		4		0.000	0.000	0.000
13:0....g									
14:0....g	0.000		0		4		0.000	0.000	0.000
15:0....g									
16:0....g	0.000		0		4		0.000	0.000	0.000
17:0....g									
18:0....g	0.000		0		4		0.000	0.000	0.000
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.000		0		7		0.000	0.000	0.000
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
17:1....g									
18:1 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
20:1....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
18:4....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	0		0		4		0	0	0
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.4 **Fat** 8.4 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43536
Babyfood, dessert, peach yogurt

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	80.87		0	FLA	4		12.13	91.38	91.38
Energy	kcal	76		0	NC	4		11	85	85
Energy	kJ	316		0	NC	4		47	358	358
Protein	g	0.90		0		1		0.14	1.02	1.02
Total lipid (fat)	g	0.18		0	FLA	4		0.03	0.21	0.21
Ash	g	0.45		0	FLA	4		0.07	0.51	0.51
Carbohydrate, by difference	g	17.60		0	NC	4		2.64	19.89	19.89
Fiber, total dietary	g	0.4		0		4		0.1	0.5	0.5
Sugars, total	g	6.63		0	FLA	4		0.99	7.49	7.49
Starch	g									
Minerals:										
Calcium, Ca	mg	27		0		1		4	31	31
Iron, Fe	mg	0.40		0		1		0.06	0.45	0.45
Magnesium, Mg	mg	13		0		4		2	15	15
Phosphorus, P	mg	27		0		1		4	31	31
Potassium, K	mg	102		0		1		15	115	115
Sodium, Na	mg	14		0		1		2	16	16
Zinc, Zn	mg	0.18		0		1		0.03	0.20	0.20
Copper, Cu	mg	0.040		0		1		0.006	0.045	0.045
Manganese, Mn	mg									
Selenium, Se	mcg	0.8		0	BFZN	4		0.1	0.9	0.9
Vitamins:										
Vitamin C, total ascorbic acid	mg	11.7		0		1		1.8	13.2	13.2
Thiamin	mg	0.010		0		1		0.002	0.011	0.011
Riboflavin	mg	0.050		0		1		0.008	0.057	0.057
Niacin	mg	0.400		0		1		0.060	0.452	0.452
Pantothenic acid	mg									
Vitamin B-6	mg	0.020		0		1		0.003	0.023	0.023
Folate, total	mcg	8		0		4		1	9	9
Folic acid	mcg	0		0	FLA	4		0	0	0
Folate, food	mcg	8		0		4		1	9	9
Folate, DFE	mcg_DFE	8		0	NC	4		1	9	9
Choline, total	mg	3.9		0	FLM	4		0.6	4.4	4.4
Betaine	mg									
Vitamin B-12	mcg	0.43		0		4		0.06	0.49	0.49
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	1	1
Retinol	mcg	1		0	FLA	4		0	1	1
Carotene, beta	mcg	0		0	FLA	4		0	0	0
Carotene, alpha	mcg	0		0	FLA	4		0	0	0
Cryptoxanthin, beta	mcg	0		0	FLA	4		0	0	0
Vitamin A, IU	IU	3		0	NC	4		0	4	4
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.00		0	FLA	4		0.00	0.00	0.00
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	AS	1		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D	IU	0		0	FLA	4		0	0	0
Vitamin K (phylloquinone)	mcg	0.0		0	FLA	4		0.0	0.0	0.0
Lipids:										
Fatty acids, total saturated	g	0.117		0	NC	4		0.018	0.132	0.132
4:0	g	0.006		0		4		0.001	0.007	0.007

NDB No. 43536
Babyfood, dessert, peach yogurt

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.004		0		4		0.001	0.005	0.005
8:0 g	0.002		0		4		0.000	0.003	0.003
10:0 g	0.005		0		4		0.001	0.006	0.006
12:0 g	0.007		0		4		0.001	0.008	0.008
13:0 g									
14:0 g	0.020		0		4		0.003	0.023	0.023
15:0 g									
16:0 g	0.053		0		4		0.008	0.060	0.060
17:0 g									
18:0 g	0.019		0		4		0.003	0.022	0.022
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.048		0	NC	4		0.007	0.054	0.054
14:1 g									
15:1 g									
16:1 undifferentiated g	0.004		0		4		0.001	0.005	0.005
17:1 g									
18:1 undifferentiated g	0.044		0		4		0.007	0.050	0.050
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.005		0	NC	4		0.001	0.006	0.006
18:2 undifferentiated g	0.004		0		4		0.001	0.004	0.004
18:3 undifferentiated g	0.002		0		4		0.000	0.002	0.002
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	4		0		4		1	5	5
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03238
Babyfood, dessert, tropical fruit, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	83.20	0.300	13		1		23.59	94.02	
Energy....kcal	60		0	NC	4		17	68	
Energy....kJ	251				4		71	284	
Protein (N x 6.25)....g	0.20	0.000	13		1		0.06	0.23	
Total lipid (fat)....g	0.00		13		1		0.00	0.00	
Ash....g	0.20	0.000	13		1		0.06	0.23	
Carbohydrate, by difference....g	16.40		0	NC	4		4.65	18.53	
Fiber, total dietary....g									
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	10	1.000	13		1		3	11	
Iron, Fe....mg	0.26	0.040	13		1		0.07	0.29	
Magnesium, Mg....mg	5		0		4		1	6	
Phosphorus, P....mg	8		0		4		2	9	
Potassium, K....mg	58	2.000	13		1		16	66	
Sodium, Na....mg	7	1.000	13		1		2	8	
Zinc, Zn....mg	0.05		0		4		0.01	0.05	
Copper, Cu....mg	0.028		0		4		0.008	0.032	
Manganese, Mn....mg									
Selenium, Se....mcg	0.4		0	FLM	4		0.1	0.5	
Vitamins:									
Vitamin C, total ascorbic acid....mg	18.8	2.900	13		1		5.3	21.2	
Thiamin....mg	0.011	0.000	13		1		0.003	0.012	
Riboflavin....mg	0.031	0.003	13		1		0.009	0.035	
Niacin....mg	0.080	0.000	13		1		0.023	0.090	
Pantothenic acid....mg	0.094		0		4		0.027	0.106	
Vitamin B-6....mg	0.031		0		4		0.009	0.035	
Folate, total....mcg	3		0		4		1	4	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	3		0		4		1	4	
Folate, DFE....mcg_DFE	3		0	NC	4		1	4	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0	1	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	20	2.000	13		1		6	23	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03238
Babyfood, dessert, tropical fruit, junior

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.4 **Fat** 8.4 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03297
Babyfood, dinner, apples and chicken, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	85.40		0	MA	12		24.21	96.50	96.50
Energy....kcal	65		0	MC	9		18	73	73
Energy....kJ	272		0		9		77	307	307
Protein....g	2.16		0	MA	12		0.61	2.44	2.44
Total lipid (fat)....g	1.38		0	MA	12		0.39	1.56	1.56
Ash....g	0.18		0	MA	12		0.05	0.20	0.20
Carbohydrate, by difference....g	10.87		0	MC	9		3.08	12.28	12.28
Fiber, total dietary....g	1.8		0	MA	12		0.5	2.0	2.0
Sugars, total....g	7.90		0	MA	12		2.24	8.93	8.93
Sucrose....g	0.93		0	MA	12		0.26	1.05	1.05
Glucose (dextrose)....g	1.87		0	MA	12		0.53	2.11	2.11
Fructose....g	5.10		0	MA	12		1.45	5.76	5.76
Lactose....g	0.00		0	MA	12		0.00	0.00	0.00
Maltose....g	0.00		0	MA	12		0.00	0.00	0.00
Galactose....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	18		0	MA	12		5	20	20
Iron, Fe....mg	0.38		0	MA	12		0.11	0.43	0.43
Magnesium, Mg....mg	6		0	MA	12		2	7	7
Phosphorus, P....mg	32		0	MA	12		9	36	36
Potassium, K....mg	95		0	MA	12		27	107	107
Sodium, Na....mg	12		0	MA	12		3	14	14
Zinc, Zn....mg	0.36		0	MA	12		0.10	0.41	0.41
Copper, Cu....mg	0.040		0	MA	12		0.011	0.045	0.045
Manganese, Mn....mg	0.030		0	MA	12		0.009	0.034	0.034
Selenium, Se....mcg	2.5		0	FLM	4		0.7	2.8	2.8
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.2		0	MA	12		0.1	0.2	0.2
Thiamin....mg	0.020		0	MA	12		0.006	0.023	0.023
Riboflavin....mg	0.057		0	MA	12		0.016	0.064	0.064
Niacin....mg	0.577		0	MA	12		0.164	0.652	0.652
Pantothenic acid....mg	0.098		0	FLM	4		0.028	0.111	0.111
Vitamin B-6....mg	0.083		0	MA	12		0.024	0.094	0.094
Folate, total....mcg	1		0	FLM	4		0	1	1
Folic acid....mcg	0		0	FLA	4		0	0	0
Folate, food....mcg	1		0	FLA	4		0	1	1
Folate, DFE....mcg_DFE	1		0	NC	4		0	1	1
Choline, total....mg	9.1		0	FLM	4		2.6	10.2	10.2
Betaine....mg									
Vitamin B-12....mcg	0.02		0	FLM	4		0.01	0.02	0.02
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	2		0	NC	4		0	2	2
Retinol....mcg	0		0	FLA	4		0	0	0
Carotene, beta....mcg	13		0	BNA	4		4	15	15
Carotene, alpha....mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta....mcg	10		0	BNA	4		3	11	11
Vitamin A, IU....IU	30		0	NC	4		9	34	34
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	16		0	FLA	4		5	18	18
Vitamin E (alpha-tocopherol)....mg	0.07		0	FLA	4		0.02	0.08	0.08
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	AS	1		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									

NDB No. 03297
Babyfood, dinner, apples and chicken, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	0.0		0	O	4		0.0	0.0	0.0
Vitamin D....IU	1		0	O	4		0	1	1
Vitamin K (phylloquinone)....mcg	0.6		0	FLA	4		0.2	0.7	0.7
Lipids:									
Fatty acids, total saturated....g	0.347		0	FLM	4		0.098	0.392	0.392
4:0....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0....g	0.000		0	FLM	4		0.000	0.000	0.000
12:0....g	0.001		0	FLM	4		0.000	0.001	0.001
13:0....g									
14:0....g	0.012		0	FLM	4		0.003	0.014	0.014
15:0....g									
16:0....g	0.226		0	FLM	4		0.064	0.255	0.255
17:0....g									
18:0....g	0.078		0	FLM	4		0.022	0.088	0.088
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.411		0	FLM	4		0.117	0.464	0.464
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.047		0	FLM	4		0.013	0.053	0.053
17:1....g									
18:1 undifferentiated....g	0.350		0	FLM	4		0.099	0.396	0.396
20:1....g	0.003		0	FLM	4		0.001	0.003	0.003
22:1 undifferentiated....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.350		0	FLM	4		0.099	0.396	0.396
18:2 undifferentiated....g	0.304		0	FLM	4		0.086	0.344	0.344
18:3 undifferentiated....g	0.027		0	FLM	4		0.008	0.031	0.031
18:4....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.010		0	FLM	4		0.003	0.011	0.011
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.002		0	FLM	4		0.001	0.002	0.002
22:6 n-3 (DHA)....g	0.002		0	FLM	4		0.001	0.002	0.002
Fatty acids, total trans....g									
Cholesterol....mg	5		0	FLM	4		1	6	6
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03049
Babyfood, dinner, beef and rice, toddler

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.90	1.000	7		1		23.22	139.23	
Energy	kcal	82		0	NC	4		23	139	
Energy	kJ	343		0		4		97	583	
Protein (N x 6.14)	g	5.00	0.200	3		1		1.42	8.50	
Total lipid (fat)	g	2.90	0.200	4		1		0.82	4.93	
Ash	g	1.40	0.000	3		1		0.40	2.38	
Carbohydrate, by difference	g	8.80		0	NC	4		2.49	14.96	
Fiber, total dietary	g									
Sugars, total	g	0.00		0	Z	7		0.00	0.00	
Starch	g									
Minerals:										
Calcium, Ca	mg	11	1.000	3		1		3	19	
Iron, Fe	mg	0.69	0.010	3		1		0.20	1.17	
Magnesium, Mg	mg	8		1		1		2	14	
Phosphorus, P	mg	35		1		1		10	60	
Potassium, K	mg	120		1		1		34	204	
Sodium, Na	mg	357		1		1		101	607	
Zinc, Zn	mg	0.92	0.013	3		1		0.26	1.56	
Copper, Cu	mg	0.054	0.004	3		1		0.015	0.092	
Manganese, Mn	mg									
Selenium, Se	mcg	8.4		0	FLM	4		2.4	14.3	
Vitamins:										
Vitamin C, total ascorbic acid	mg	3.9	0.500	9		1		1.1	6.6	
Thiamin	mg	0.016	0.000	6		1		0.005	0.027	
Riboflavin	mg	0.069	0.000	3		1		0.020	0.117	
Niacin	mg	1.343	0.017	3		1		0.381	2.283	
Pantothenic acid	mg									
Vitamin B-6	mg	0.139	0.021	3		1		0.039	0.236	
Folate, total	mcg	6		0		4		2	10	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	6		0		4		2	10	
Folate, DFE	mcg_DFE	6		0	NC	4		2	10	
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.51		0		4		0.14	0.87	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	25		0	NC	4		7	43	
Retinol	mcg	0		0	Z	7		0	0	
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	502	100.000	3		1		142	853	
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									
Amino Acids:										
Tryptophan	g	0.046		0		1		0.013	0.078	
Threonine	g	0.200		0		1		0.057	0.340	
Isoleucine	g	0.245		0		1		0.069	0.417	

NDB No. 03049
Babyfood, dinner, beef and rice, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Leucine.....g	0.392		0		1		0.111	0.666	
Lysine.....g	0.376		0		1		0.107	0.639	
Methionine.....g	0.123		0		1		0.035	0.209	
Cystine.....g	0.054		0		1		0.015	0.092	
Phenylalanine.....g	0.197		0		1		0.056	0.335	
Tyrosine.....g	0.161		0		1		0.046	0.274	
Valine.....g	0.275		0		1		0.078	0.468	
Arginine.....g	0.338		0		1		0.096	0.575	
Histidine.....g	0.128		0		1		0.036	0.218	
Alanine.....g	0.339		0		1		0.096	0.576	
Aspartic acid.....g	0.464		0		1		0.132	0.789	
Glutamic acid.....g	0.870		0		1		0.247	1.479	
Glycine.....g	0.364		0		1		0.103	0.619	
Proline.....g	0.306		0		1		0.087	0.520	
Serine.....g	0.179		0		1		0.051	0.304	
Hydroxyproline.....g									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1 **Fat** 8.9 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03043
Babyfood, dinner, beef lasagna, toddler

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	82.30	0.300	3		1		23.33	139.91	
Energy	kcal	77		0	NC	4		22	131	
Energy	kJ	322		0		4		91	548	
Protein (N x 5.98)	g	4.20	0.300	3		1		1.19	7.14	
Total lipid (fat)	g	2.10	0.100	3		1		0.60	3.57	
Ash	g	1.40	0.000	3		1		0.40	2.38	
Carbohydrate, by difference	g	10.00		0	NC	4		2.84	17.00	
Fiber, total dietary	g									
Sugars, total	g	0.00		0	Z	7		0.00	0.00	
Starch	g									
Minerals:										
Calcium, Ca	mg	18	0.000	3		1		5	31	
Iron, Fe	mg	0.87	0.020	3		1		0.25	1.48	
Magnesium, Mg	mg	11		1		1		3	19	
Phosphorus, P	mg	40		1		1		11	68	
Potassium, K	mg	122		1		1		35	207	
Sodium, Na	mg	454		1		1		129	772	
Zinc, Zn	mg	0.70		1		1		0.20	1.19	
Copper, Cu	mg	0.097		0		4		0.027	0.165	
Manganese, Mn	mg									
Selenium, Se	mcg	8.4		0	BFZN	4		2.4	14.3	
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.9	0.200	3		1		0.5	3.2	
Thiamin	mg	0.072	0.009	3		1		0.020	0.122	
Riboflavin	mg	0.089	0.007	3		1		0.025	0.151	
Niacin	mg	1.353	0.050	3		1		0.384	2.300	
Pantothenic acid	mg									
Vitamin B-6	mg	0.071	0.000	3		1		0.020	0.121	
Folate, total	mcg	6		0		4		2	10	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	6		0		4		2	10	
Folate, DFE	mcg_DFE	6		0	NC	4		2	10	
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.51		0		4		0.14	0.87	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	58		0	NC	4		16	99	
Retinol	mcg	0		0	Z	7		0	0	
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	1163	227.000	3		1		330	1977	
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									
Amino Acids:										
Tryptophan	g	0.047		0		1		0.013	0.080	
Threonine	g	0.163		0		1		0.046	0.277	
Isoleucine	g	0.206		0		1		0.058	0.350	

NDB No. 03043
Babyfood, dinner, beef lasagna, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Leucine.....g	0.324		0		1		0.092	0.551	
Lysine.....g	0.297		0		1		0.084	0.505	
Methionine.....g	0.082		0		1		0.023	0.139	
Cystine.....g	0.048		0		1		0.014	0.082	
Phenylalanine.....g	0.182		0		1		0.052	0.309	
Tyrosine.....g	0.132		0		1		0.037	0.224	
Valine.....g	0.231		0		1		0.065	0.393	
Arginine.....g	0.253		0		1		0.072	0.430	
Histidine.....g	0.102		0		1		0.029	0.173	
Alanine.....g	0.265		0		1		0.075	0.451	
Aspartic acid.....g	0.353		0		1		0.100	0.600	
Glutamic acid.....g	0.889		0		1		0.252	1.511	
Glycine.....g	0.279		0		1		0.079	0.474	
Proline.....g	0.326		0		1		0.092	0.554	
Serine.....g	0.120		0		1		0.034	0.204	
Hydroxyproline.....g									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1 **Fat** 8.9 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03287
Babyfood, dinner, beef noodle, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.80	0.200	21		1		14.05	24.89	149.26
Energy	kcal	57		0	NC	4		9	16	97
Energy	kJ	238		0		4		38	68	405
Protein (N x 5.98)	g	2.50	0.000	22		1		0.40	0.71	4.25
Total lipid (fat)	g	1.90	0.100	23		1		0.30	0.54	3.23
Ash	g	0.50	0.000	21		1		0.08	0.14	0.85
Carbohydrate, by difference	g	7.40		0	NC	4		1.18	2.10	12.58
Fiber, total dietary	g	1.1		0		4		0.2	0.3	1.9
Sugars, total	g	1.45		0	FLA	4		0.23	0.41	2.47
Starch	g									
Minerals:										
Calcium, Ca	mg	8	0.000	22		1		1	2	14
Iron, Fe	mg	0.43	0.020	23		1		0.07	0.12	0.73
Magnesium, Mg	mg	7		0		1		1	2	12
Phosphorus, P	mg	30		1		1		5	9	51
Potassium, K	mg	46	2.000	13		1		7	13	78
Sodium, Na	mg	17		14		1		3	5	29
Zinc, Zn	mg	0.40		0		1		0.06	0.11	0.68
Copper, Cu	mg	0.032		0		1		0.005	0.009	0.054
Manganese, Mn	mg									
Selenium, Se	mcg	5.7		0	FLM	4		0.9	1.6	9.7
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.4	0.100	19		1		0.2	0.4	2.4
Thiamin	mg	0.028	0.001	18		1		0.004	0.008	0.048
Riboflavin	mg	0.036	0.001	19		1		0.006	0.010	0.061
Niacin	mg	0.582	0.018	18		1		0.093	0.165	0.989
Pantothenic acid	mg	0.230	0.025	4		1		0.037	0.065	0.391
Vitamin B-6	mg	0.031	0.002	6		1		0.005	0.009	0.053
Folate, total	mcg	12		0	FLM	4		2	3	20
Folic acid	mcg	7		0	NC	4		1	2	11
Folate, food	mcg	6		0		1		1	2	9
Folate, DFE	mcg_DFE	17		0	NC	4		3	5	28
Choline, total	mg	12.1		0	FLA	4		1.9	3.4	20.5
Betaine	mg									
Vitamin B-12	mcg	0.10		0		1		0.02	0.03	0.17
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	33		0	NC	4		5	9	56
Retinol	mcg	0		0	BNA	4		0	0	0
Carotene, beta	mcg	320		0	BNA	4		51	91	545
Carotene, alpha	mcg	146		0	BNA	4		23	41	248
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU	IU	656		0	NC	4		105	186	1115
Lycopene	mcg	1030		0	FLA	4		165	292	1750
Lutein + zeaxanthin	mcg	163		0	FLA	4		26	46	278
Vitamin E (alpha-tocopherol)	mg	0.47		0	FLA	4		0.07	0.13	0.79
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D	IU	1		0	FLA	4		0	0	2
Vitamin K (phylloquinone)	mcg	4.6		0	FLA	4		0.7	1.3	7.8
Lipids:										
Fatty acids, total saturated	g	0.766		0		4		0.123	0.217	1.302
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03287
Babyfood, dinner, beef noodle, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.006		0		4		0.001	0.002	0.010
12:0 g	0.005		0		4		0.001	0.001	0.009
13:0 g									
14:0 g	0.058		0		4		0.009	0.016	0.099
15:0 g									
16:0 g	0.455		0		4		0.073	0.129	0.774
17:0 g									
18:0 g	0.211		0		4		0.034	0.060	0.359
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.838		0		4		0.134	0.238	1.425
14:1 g									
15:1 g									
16:1 undifferentiated g	0.079		0		4		0.013	0.022	0.134
17:1 g									
18:1 undifferentiated g	0.720		0		4		0.115	0.204	1.224
20:1 g	0.004		0		4		0.001	0.001	0.007
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.094		0		4		0.015	0.027	0.160
18:2 undifferentiated g	0.066		0		4		0.011	0.019	0.112
18:3 undifferentiated g	0.023		0		4		0.004	0.007	0.039
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.003		0		4		0.000	0.001	0.005
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	8		0		4		1	2	14
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.027		0		1		0.004	0.008	0.046
Threonine g	0.099		0		1		0.016	0.028	0.168
Isoleucine g	0.138		0		1		0.022	0.039	0.235
Leucine g	0.208		0		1		0.033	0.059	0.354
Lysine g	0.185		0		1		0.030	0.052	0.315
Methionine g	0.053		0		1		0.008	0.015	0.090
Cystine g	0.029		0		1		0.005	0.008	0.049
Phenylalanine g	0.117		0		1		0.019	0.033	0.199
Tyrosine g	0.093		0		1		0.015	0.026	0.158
Valine g	0.132		0		1		0.021	0.037	0.224
Arginine g	0.157		0		1		0.025	0.045	0.267
Histidine g	0.074		0		1		0.012	0.021	0.126
Alanine g	0.149		0		1		0.024	0.042	0.253
Aspartic acid g	0.220		0		1		0.035	0.062	0.374
Glutamic acid g	0.517		0		1		0.083	0.147	0.879
Glycine g	0.153		0		1		0.024	0.043	0.260
Proline g	0.186		0		1		0.030	0.053	0.316
Serine g	0.098		0		1		0.016	0.028	0.167
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03287
Babyfood, dinner, beef noodle, junior

Common Measures:

Measure 1 = 16g: 1 tbsp
Measure 2 = 28.35g: 1 oz
Measure 3 = 170g: 1 jar

Calories Factors: Protein 4.1 **Fat** 8.9 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03047
Babyfood, dinner, beef noodle, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	86.84		0	MA	12		13.89	24.62	98.13
Energy	kcal	63		0	MC	9		10	18	71
Energy	kJ	264		0		9		42	75	298
Protein	g	2.44		0	MA	12		0.39	0.69	2.76
Total lipid (fat)	g	2.26		0	MA	12		0.36	0.64	2.55
Ash	g	0.28		0	MA	12		0.04	0.08	0.32
Carbohydrate, by difference	g	8.18		0	MC	9		1.31	2.32	9.24
Fiber, total dietary	g	1.3		0	MA	12		0.2	0.4	1.5
Sugars, total	g	1.42		0	MA	12		0.23	0.40	1.60
Sucrose	g	0.50		0	MA	12		0.08	0.14	0.56
Glucose (dextrose)	g	0.23		0	MA	12		0.04	0.06	0.25
Fructose	g	0.18		0	MA	12		0.03	0.05	0.21
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.51		0	MA	12		0.08	0.15	0.58
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	10		0	MA	12		2	3	11
Iron, Fe	mg	0.41		0	MA	12		0.07	0.12	0.46
Magnesium, Mg	mg	10		0	MA	12		2	3	11
Phosphorus, P	mg	38		0	MA	12		6	11	43
Potassium, K	mg	87		0	MA	12		14	25	98
Sodium, Na	mg	15		0	MA	12		2	4	17
Zinc, Zn	mg	0.60		0	MA	12		0.10	0.17	0.68
Copper, Cu	mg	0.050		0	MA	12		0.008	0.014	0.057
Manganese, Mn	mg	0.120		0	MA	12		0.019	0.034	0.136
Selenium, Se	mcg	3.6		0	FLM	4		0.6	1.0	4.1
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.1		0	MA	12		0.0	0.0	0.1
Thiamin	mg	0.035		0	MA	12		0.006	0.010	0.040
Riboflavin	mg	0.035		0	MA	12		0.006	0.010	0.040
Niacin	mg	0.616		0	MA	12		0.099	0.175	0.696
Pantothenic acid	mg	0.101		0	FLM	4		0.016	0.029	0.114
Vitamin B-6	mg	0.036		0	MA	12		0.006	0.010	0.041
Folate, total	mcg	8		0	FLM	4		1	2	9
Folic acid	mcg	4		0	NC	4		1	1	5
Folate, food	mcg	4		0		4		1	1	5
Folate, DFE	mcg_DFE	11		0	NC	4		2	3	12
Choline, total	mg	8.6		0	FLA	4		1.4	2.4	9.7
Betaine	mg									
Vitamin B-12	mcg	0.19		0	FLM	4		0.03	0.05	0.21
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	36		0	NC	4		6	10	41
Retinol	mcg	0		0	FLA	4		0	0	0
Carotene, beta	mcg	350		0	BNA	4		56	99	395
Carotene, alpha	mcg	159		0	BNA	4		26	45	180
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU	IU	716		0	MA	12		115	203	809
Lycopene	mcg	476		0	FLA	4		76	135	537
Lutein + zeaxanthin	mcg	23		0	FLA	4		4	6	26
Vitamin E (alpha-tocopherol)	mg	0.31		0	FLA	4		0.05	0.09	0.35
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	AS	1		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03047
Babyfood, dinner, beef noodle, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D....IU	0		0	FLA	4		0	0	0
Vitamin K (phylloquinone)....mcg	1.6		0	FLA	4		0.3	0.5	1.8
Lipids:									
Fatty acids, total saturated....g	0.937		0	FLM	4		0.150	0.266	1.059
4:0....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0....g	0.001		0	FLM	4		0.000	0.000	0.001
12:0....g	0.008		0	FLM	4		0.001	0.002	0.009
13:0....g									
14:0....g	0.066		0	FLM	4		0.011	0.019	0.075
15:0....g									
16:0....g	0.522		0	FLM	4		0.084	0.148	0.590
17:0....g									
18:0....g	0.303		0	FLM	4		0.048	0.086	0.342
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.941		0	FLM	4		0.151	0.267	1.063
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.083		0	FLM	4		0.013	0.024	0.094
17:1....g									
18:1 undifferentiated....g	0.822		0	FLM	4		0.132	0.233	0.929
20:1....g	0.004		0	FLM	4		0.001	0.001	0.005
22:1 undifferentiated....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.141		0	FLM	4		0.023	0.040	0.159
18:2 undifferentiated....g	0.112		0	FLM	4		0.018	0.032	0.127
18:3 undifferentiated....g	0.017		0	FLM	4		0.003	0.005	0.019
18:4....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.005		0	FLM	4		0.001	0.001	0.006
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	8		0	MA	12		1	2	9
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03052
Babyfood, dinner, beef stew, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	86.90	0.600	7		1		24.64	147.73	147.73
Energy....kcal	51		0	NC	4		14	87	87
Energy....kJ	213		0		4		60	363	363
Protein (N x 6.25)....g	5.10	0.500	3		1		1.45	8.67	8.67
Total lipid (fat)....g	1.20	0.100	7		1		0.34	2.04	2.04
Ash....g	1.40	0.000	3		1		0.40	2.38	2.38
Carbohydrate, by difference....g	5.50		0	NC	4		1.56	9.35	9.35
Fiber, total dietary....g	1.1		0		4		0.3	1.9	1.9
Sugars, total....g	1.39		0	FLA	4		0.39	2.37	2.37
Starch....g									
Minerals:									
Calcium, Ca....mg	9	0.000	3		1		3	15	15
Iron, Fe....mg	0.72	0.030	3		1		0.20	1.22	1.22
Magnesium, Mg....mg	11		1		1		3	19	19
Phosphorus, P....mg	44		1		1		12	75	75
Potassium, K....mg	142		1		1		40	241	241
Sodium, Na....mg	345		1		1		98	587	587
Zinc, Zn....mg	0.87		1		1		0.25	1.48	1.48
Copper, Cu....mg	0.072		0		4		0.020	0.122	0.122
Manganese, Mn....mg									
Selenium, Se....mcg	4.5		0	FLM	4		1.3	7.7	7.7
Vitamins:									
Vitamin C, total ascorbic acid....mg	3.0	0.200	3		1		0.9	5.1	5.1
Thiamin....mg	0.014	0.000	3		1		0.004	0.024	0.024
Riboflavin....mg	0.065	0.000	3		1		0.018	0.111	0.111
Niacin....mg	1.313	0.014	3		1		0.372	2.232	2.232
Pantothenic acid....mg									
Vitamin B-6....mg	0.074	0.000	3		1		0.021	0.126	0.126
Folate, total....mcg	6		0		4		2	10	10
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	6		0		4		2	10	10
Folate, DFE....mcg_DFE	6		0	NC	4		2	10	10
Choline, total....mg	16.5		0	T	4		4.7	28.0	28.0
Betaine....mg									
Vitamin B-12....mcg	0.51		0		4		0.14	0.87	0.87
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	82		0	NC	4		23	140	140
Retinol....mcg	0		0	FLA	4		0	0	0
Carotene, beta....mcg	816		0	FLA	4		231	1388	1388
Carotene, alpha....mcg	346		0	FLA	4		98	588	588
Cryptoxanthin, beta....mcg	0		0	FLA	4		0	0	0
Vitamin A, IU....IU	1649		0	NC	4		467	2803	2803
Lycopene....mcg	2575		0	FLA	4		730	4378	4378
Lutein + zeaxanthin....mcg	26		0	FLA	4		7	45	45
Vitamin E (alpha-tocopherol)....mg	0.50		0	FLA	4		0.14	0.85	0.85
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D....IU	1		0	FLA	4		0	1	1
Vitamin K (phylloquinone)....mcg	2.5		0	FLA	4		0.7	4.2	4.2
Lipids:									
Fatty acids, total saturated....g	0.580	0.050	4		1		0.164	0.986	0.986
4:0....g	0.000		0		1		0.000	0.000	0.000

NDB No. 03052
Babyfood, dinner, beef stew, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		1		0.000	0.000	0.000
8:0 g	0.000		0		1		0.000	0.000	0.000
10:0 g	0.000		3		1		0.000	0.000	0.000
12:0 g	0.000		4		1		0.000	0.000	0.000
13:0 g									
14:0 g	0.030	0.000	4		1		0.009	0.051	0.051
15:0 g									
16:0 g	0.280	0.020	4		1		0.079	0.476	0.476
17:0 g									
18:0 g	0.220	0.020	4		1		0.062	0.374	0.374
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.440	0.050	4		1		0.125	0.748	0.748
14:1 g									
15:1 g									
16:1 undifferentiated g	0.030	0.000	4		1		0.009	0.051	0.051
17:1 g									
18:1 undifferentiated g	0.400	0.020	4		1		0.113	0.680	0.680
20:1 g	0.000		4		1		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		1		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.100		4		1		0.028	0.170	0.170
18:2 undifferentiated g	0.090	0.000	4		1		0.026	0.153	0.153
18:3 undifferentiated g	0.010	0.000	4		1		0.003	0.017	0.017
18:4 g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.010		4		1		0.003	0.017	0.017
20:5 n-3 (EPA) g	0.000		0		1		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		1		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	13	0.840	3		1		4	21	21
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.053		0		1		0.015	0.090	0.090
Threonine g	0.210		0		1		0.060	0.357	0.357
Isoleucine g	0.246		0		1		0.070	0.418	0.418
Leucine g	0.388		0		1		0.110	0.660	0.660
Lysine g	0.394		0		1		0.112	0.670	0.670
Methionine g	0.142		0		1		0.040	0.241	0.241
Cystine g	0.053		0		1		0.015	0.090	0.090
Phenylalanine g	0.201		0		1		0.057	0.342	0.342
Tyrosine g	0.159		0		1		0.045	0.270	0.270
Valine g	0.272		0		1		0.077	0.462	0.462
Arginine g	0.353		0		1		0.100	0.600	0.600
Histidine g	0.128		0		1		0.036	0.218	0.218
Alanine g	0.332		0		1		0.094	0.564	0.564
Aspartic acid g	0.485		0		1		0.137	0.825	0.825
Glutamic acid g	0.823		0		1		0.233	1.399	1.399
Glycine g	0.351		0		1		0.100	0.597	0.597
Proline g	0.321		0		1		0.091	0.546	0.546
Serine g	0.192		0		1		0.054	0.326	0.326
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03052
Babyfood, dinner, beef stew, toddler

Common Measures:

Measure 1 = 28.35g: 1 oz
Measure 2 = 170g: 1 jar
Measure 3 = 170g: 1 jar Beech-Nut Table Time (6 oz)

Calories Factors: Protein 3.7 **Fat** 8.9 **Carbohydrate** 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03055
Babyfood, dinner, beef with vegetables

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	84.30		1	MA	12		95.26		
Energy....kcal	96		0	MC	9		108		
Energy....kJ	402		0		9		454		
Protein....g	2.03		1	MA	12		2.29		
Total lipid (fat)....g	6.93		1	MA	12		7.83		
Ash....g	0.38		1	MA	12		0.43		
Carbohydrate, by difference....g	6.36		1	MC	9		7.19		
Fiber, total dietary....g	1.8		1	MA	12		2.0		
Sugars, total....g	2.16		0	MA	12		2.44		
Sucrose....g	1.35		0	MA	12		1.53		
Glucose (dextrose)....g	0.32		0	MA	12		0.36		
Fructose....g	0.49		0	MA	12		0.55		
Lactose....g	0.00		0	MA	12		0.00		
Maltose....g	0.00		0	MA	12		0.00		
Galactose....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	19		1	MA	12		21		
Iron, Fe....mg	0.33		1	MA	12		0.37		
Magnesium, Mg....mg	15		1	MA	12		17		
Phosphorus, P....mg	24		1	FLM	4		27		
Potassium, K....mg	127		1	MA	12		144		
Sodium, Na....mg	23		1	MA	12		26		
Zinc, Zn....mg	0.35		1	MA	12		0.40		
Copper, Cu....mg	0.036		0	FLM	4		0.041		
Manganese, Mn....mg	0.006		0	FLM	4		0.007		
Selenium, Se....mcg	2.2		0	FLM	4		2.5		
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.0		1	MA	12		0.0		
Thiamin....mg	0.030		1	MA	12		0.034		
Riboflavin....mg	0.060		1	MA	12		0.068		
Niacin....mg	0.700		1	MA	12		0.791		
Pantothenic acid....mg	0.259		0	FLM	4		0.293		
Vitamin B-6....mg	0.083		0	FLM	4		0.094		
Folate, total....mcg	11		0	FLM	4		12		
Folic acid....mcg	0		0	Z	7		0		
Folate, food....mcg	11		0	FLM	4		12		
Folate, DFE....mcg_DFE	11		0	NC	4		12		
Choline, total....mg	9.9		0	FLA	4		11.2		
Betaine....mg									
Vitamin B-12....mcg	0.09		0	FLM	4		0.10		
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE....mcg_RAE	222		0	NC	4		251		
Retinol....mcg	0		0	BNA	4		0		
Carotene, beta....mcg	2165		0	BNA	4		2446		
Carotene, alpha....mcg	993		0	BNA	4		1122		
Cryptoxanthin, beta....mcg	0		0	BNA	4		0		
Vitamin A, IU....IU	4436		1	MA	12		5013		
Lycopene....mcg	0		0	FLA	4		0		
Lutein + zeaxanthin....mcg	58		0	FLA	4		65		
Vitamin E (alpha-tocopherol)....mg	0.57		0	FLA	4		0.64		
Vitamin E, added....mg	0.00		0	Z	7		0.00		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	FLA	4		0.0		
Vitamin D2 (ergocalciferol)....mcg									

NDB No. 03055
Babyfood, dinner, beef with vegetables

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	1		0	FLA	4		1		
Vitamin K (phylloquinone).....mcg	11.6		0	FLA	4		13.1		
Lipids:									
Fatty acids, total saturated.....g	2.840		1	MA	12		3.209		
4:0.....g	0.000		0	FLM	4		0.000		
6:0.....g	0.000		0	FLM	4		0.000		
8:0.....g	0.000		0	FLM	4		0.000		
10:0.....g	0.000		0	FLM	4		0.000		
12:0.....g	0.051		0	FLM	4		0.058		
13:0.....g									
14:0.....g	0.214		0	FLM	4		0.242		
15:0.....g									
16:0.....g	1.463		0	FLM	4		1.653		
17:0.....g									
18:0.....g	1.112		0	FLM	4		1.257		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	3.120		0	MA	12		3.526		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.321		0	FLM	4		0.363		
17:1.....g									
18:1 undifferentiated.....g	2.778		0	FLM	4		3.139		
20:1.....g	0.022		0	FLM	4		0.025		
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.900		0	MA	12		1.017		
18:2 undifferentiated.....g	0.747		0	FLM	4		0.844		
18:3 undifferentiated.....g	0.149		0	FLM	4		0.168		
18:4.....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.004		0	FLM	4		0.005		
20:5 n-3 (EPA).....g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA).....g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA).....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	12		1	MA	12		14		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03298
Babyfood, dinner, broccoli and chicken, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	86.92	2.050	4	A	1		25.21	140.81	
Energy	kcal	62		0	NC	4		18	100	
Energy	kJ	259		0	NC	4		75	420	
Protein	g	3.59	0.448	4	A	1		1.04	5.82	
Total lipid (fat)	g	2.48	0.623	4	A	1		0.72	4.01	
Ash	g	0.67	0.198	4	A	1		0.19	1.09	
Carbohydrate, by difference	g	6.34		0	NC	4		1.84	10.27	
Fiber, total dietary	g	1.4		1	A	1		0.4	2.3	
Sugars, total	g	1.43		2	A	1		0.41	2.32	
Sucrose	g	0.07		2	A	1		0.02	0.11	
Glucose (dextrose)	g	0.68		2	A	1		0.20	1.10	
Fructose	g	0.61		2	A	1		0.18	0.99	
Lactose	g	0.00		2	A	1		0.00	0.00	
Maltose	g	0.07		2	A	1		0.02	0.12	
Galactose	g	0.00		2	A	1		0.00	0.00	
Starch	g									
Minerals:										
Calcium, Ca	mg	37		1	A	1		11	60	
Iron, Fe	mg	0.52		1	A	1		0.15	0.84	
Magnesium, Mg	mg	12		1	A	1		3	19	
Phosphorus, P	mg	58		1	A	1		17	94	
Potassium, K	mg	170		1	A	1		49	275	
Sodium, Na	mg	17		1	A	1		5	28	
Zinc, Zn	mg	0.39		1	A	1		0.11	0.63	
Copper, Cu	mg	0.030		1	A	1		0.009	0.048	
Manganese, Mn	mg	0.120		1	A	1		0.035	0.194	
Selenium, Se	mcg	2.2		1	A	1		0.6	3.6	
Vitamins:										
Vitamin C, total ascorbic acid	mg	17.7		0	MA	12		5.1	28.7	
Thiamin	mg	0.019		2	A	1		0.006	0.031	
Riboflavin	mg	0.098		2	A	1		0.029	0.159	
Niacin	mg	0.964		2	A	1		0.280	1.562	
Pantothenic acid	mg	0.273		2	A	1		0.079	0.442	
Vitamin B-6	mg	0.052		2	A	1		0.015	0.084	
Folate, total	mcg	69		2	A	1		20	112	
Folic acid	mcg	10		2	A	1		3	16	
Folate, food	mcg	59		0	AS	1		17	96	
Folate, DFE	mcg_DFE	76		0	NC	4		22	123	
Choline, total	mg	31.1	1.191	14	AS	1		9.0	50.3	
Betaine	mg	2.3	0.208	14	A	1		0.7	3.7	
Vitamin B-12	mcg	0.33		2	A	1		0.09	0.53	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	24		0	NC	4		7	39	
Retinol	mcg	1		0	O	4		0	1	
Carotene, beta	mcg	278		0	O	4		81	451	
Carotene, alpha	mcg	9		0	O	4		3	15	
Cryptoxanthin, beta	mcg	0		0	O	4		0	1	
Vitamin A, IU	IU	474		0	NC	4		137	768	
Lycopene	mcg	0		1	A	1		0	0	
Lutein + zeaxanthin	mcg	511		0	O	4		148	827	
Vitamin E (alpha-tocopherol)	mg	0.60		2	A	1		0.17	0.97	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg	0.00		2	A	1		0.00	0.00	
Tocopherol, gamma	mg	0.04		2	A	1		0.01	0.06	
Tocopherol, delta	mg	0.00		2	A	1		0.00	0.00	
Vitamin D (D2 + D3)	mcg	0.0		0	FLC	4		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03298
Babyfood, dinner, broccoli and chicken, junior

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	1		0	FLC	4		0	1	
Vitamin K (phylloquinone)....mcg	73.5		1	A	1		21.3	119.1	
Lipids:									
Fatty acids, total saturated....g	0.510		0	NC	4		0.148	0.826	
4:0....g	0.000		0	O	4		0.000	0.000	
6:0....g	0.000		0	Z	7		0.000	0.000	
8:0....g	0.000		1	A	1		0.000	0.000	
10:0....g	0.000		1	A	1		0.000	0.000	
12:0....g	0.000		1	A	1		0.000	0.000	
13:0....g									
14:0....g	0.010		1	A	1		0.003	0.016	
15:0....g	0.000		1	A	1		0.000	0.000	
16:0....g	0.410		1	A	1		0.119	0.664	
17:0....g	0.000		1	A	1		0.000	0.000	
18:0....g	0.090		1	A	1		0.026	0.146	
20:0....g	0.000		1	A	1		0.000	0.000	
22:0....g	0.000		1	A	1		0.000	0.000	
24:0....g	0.000		1	A	1		0.000	0.000	
Fatty acids, total monounsaturated....g	0.770		0	NC	4		0.223	1.247	
14:1....g	0.000		1	A	1		0.000	0.000	
15:1....g	0.000		1	A	1		0.000	0.000	
16:1 undifferentiated....g	0.120		1	A	1		0.035	0.194	
17:1....g	0.000		1	A	1		0.000	0.000	
18:1 undifferentiated....g	0.650		1	A	1		0.188	1.053	
20:1....g	0.000		1	A	1		0.000	0.000	
22:1 undifferentiated....g	0.000		1	A	1		0.000	0.000	
24:1 c....g	0.000		1	A	1		0.000	0.000	
Fatty acids, total polyunsaturated....g	0.430		0	NC	4		0.125	0.696	
18:2 undifferentiated....g	0.320		1	A	1		0.093	0.518	
18:3 undifferentiated....g	0.100		1	A	1		0.029	0.162	
18:4....g	0.000		1	A	1		0.000	0.000	
20:2 n-6 c,c....g	0.000		1	A	1		0.000	0.000	
20:3 undifferentiated....g	0.000		1	A	1		0.000	0.000	
20:4 undifferentiated....g	0.000		1	A	1		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		1	A	1		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		1	A	1		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		1	A	1		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	13		1	A	1		4	21	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	
Caffeine....mg	0		0	Z	7		0	0	
Theobromine....mg	0		0	O	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 29g: 1 tbsp

Measure 2 = 162g: 1 container

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43373
Babyfood, dinner, chicken and noodle with vegetables, toddler

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	85.30		0		1		13.65	145.01	
Energy	kcal	66		0	NC	4		11	112	
Energy	kJ	276		0	NC	4		44	470	
Protein	g	3.80		0		1		0.61	6.46	
Total lipid (fat)	g	1.70		0		1		0.27	2.89	
Ash	g	0.31		0	FLA	4		0.05	0.53	
Carbohydrate, by difference	g	8.89		0	NC	4		1.42	15.11	
Fiber, total dietary	g	0.6		0		1		0.1	1.0	
Sugars, total	g	0.82		0	FLA	4		0.13	1.39	
Starch	g									
Minerals:										
Calcium, Ca	mg	11		0		1		2	19	
Iron, Fe	mg	0.40		0		1		0.06	0.68	
Magnesium, Mg	mg	10		0		4		2	17	
Phosphorus, P	mg	42		0		1		7	71	
Potassium, K	mg	95		0		1		15	162	
Sodium, Na	mg	186		0		1		30	316	
Zinc, Zn	mg	0.41		0		4		0.07	0.70	
Copper, Cu	mg	0.020		0		4		0.003	0.034	
Manganese, Mn	mg									
Selenium, Se	mcg	3.7		0	BFZN	4		0.6	6.3	
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.7		0		1		0.3	2.9	
Thiamin	mg	0.040		0		1		0.006	0.068	
Riboflavin	mg	0.050		0		1		0.008	0.085	
Niacin	mg	1.230		0		1		0.197	2.091	
Pantothenic acid	mg									
Vitamin B-6	mg	0.060		0		1		0.010	0.102	
Folate, total	mcg	9		0	FLA	4		1	16	
Folic acid	mcg	4		0	FLA	4		1	7	
Folate, food	mcg	5		0	FLA	4		1	9	
Folate, DFE	mcg_DFE	12		0	NC	4		2	20	
Choline, total	mg	11.2		0	FLA	4		1.8	19.1	
Betaine	mg									
Vitamin B-12	mcg	0.14		0		4		0.02	0.24	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	98		0	NC	4		16	167	
Retinol	mcg	1		0	FLA	4		0	2	
Carotene, beta	mcg	952		0	FLA	4		152	1619	
Carotene, alpha	mcg	431		0	FLA	4		69	733	
Cryptoxanthin, beta	mcg	0		0	FLA	4		0	0	
Vitamin A, IU	IU	1950		0	NC	4		312	3315	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	211		0	FLA	4		34	358	
Vitamin E (alpha-tocopherol)	mg	0.19		0	FLA	4		0.03	0.32	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	NR	4		0.0	0.1	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	NR	4		0.0	0.1	
Vitamin D	IU	2		0	FLA	4		0	3	
Vitamin K (phylloquinone)	mcg	3.3		0	FLA	4		0.5	5.6	
Lipids:										
Fatty acids, total saturated	g	0.461		0		4		0.074	0.784	
4:0	g	0.000		0		4		0.000	0.000	

NDB No. 43373
Babyfood, dinner, chicken and noodle with vegetables, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		4		0.000	0.000	
8:0 ... g	0.000		0		4		0.000	0.000	
10:0 ... g	0.000		0		4		0.000	0.000	
12:0 ... g	0.002		0		4		0.000	0.003	
13:0 ... g									
14:0 ... g	0.012		0		4		0.002	0.020	
15:0 ... g									
16:0 ... g	0.343		0		4		0.055	0.583	
17:0 ... g									
18:0 ... g	0.091		0		4		0.015	0.155	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.632		0		4		0.101	1.074	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.081		0		4		0.013	0.138	
17:1 ... g									
18:1 undifferentiated ... g	0.529		0		4		0.085	0.899	
20:1 ... g	0.014		0		4		0.002	0.024	
22:1 undifferentiated ... g	0.000		0		4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.392		0		4		0.063	0.666	
18:2 undifferentiated ... g	0.340		0		4		0.054	0.578	
18:3 undifferentiated ... g	0.020		0		4		0.003	0.034	
18:4 ... g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.013		0		4		0.002	0.022	
20:5 n-3 (EPA) ... g	0.001		0		4		0.000	0.002	
22:5 n-3 (DPA) ... g	0.002		0		4		0.000	0.003	
22:6 n-3 (DHA) ... g	0.004		0		4		0.001	0.007	
Fatty acids, total trans ... g									
Cholesterol ... mg	28		0		4		4	48	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	
Caffeine ... mg	0		0	FLA	4		0	0	
Theobromine ... mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 170g: 1 jar NFS

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43008
Babyfood, dinner, chicken and rice

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.00		0		1		14.08	99.44	99.44
Energy....kcal	51		0	NC	4		8	58	58
Energy....kJ	215		0	NC	4		34	243	243
Protein....g	1.60		0		1		0.26	1.81	1.81
Total lipid (fat)....g	0.90		0		1		0.14	1.02	1.02
Ash....g	0.30		0	O	4		0.05	0.34	0.34
Carbohydrate, by difference....g	9.20		0	NC	4		1.47	10.40	10.40
Fiber, total dietary....g	1.1		0		4		0.2	1.2	1.2
Sugars, total....g	0.55		0	FLA	4		0.09	0.62	0.62
Starch....g									
Minerals:									
Calcium, Ca....mg	18		0		1		3	20	20
Iron, Fe....mg	0.20		0		1		0.03	0.23	0.23
Magnesium, Mg....mg	8		0		4		1	9	9
Phosphorus, P....mg	20		0		4		3	23	23
Potassium, K....mg	60		0		1		10	68	68
Sodium, Na....mg	15		0		1		2	17	17
Zinc, Zn....mg	0.25		0		4		0.04	0.28	0.28
Copper, Cu....mg	0.025		0		4		0.004	0.028	0.028
Manganese, Mn....mg									
Selenium, Se....mcg	3.0		0	BFZN	4		0.5	3.4	3.4
Vitamins:									
Vitamin C, total ascorbic acid....mg	1.0		0		1		0.2	1.1	1.1
Thiamin....mg	0.010		0		1		0.002	0.011	0.011
Riboflavin....mg	0.020		0		1		0.003	0.023	0.023
Niacin....mg	0.300		0		1		0.048	0.339	0.339
Pantothenic acid....mg									
Vitamin B-6....mg	0.030		0		4		0.005	0.034	0.034
Folate, total....mcg	3		0		4		0	3	3
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	3		0		4		0	3	3
Folate, DFE....mcg_DFE	3		0	NC	4		0	3	3
Choline, total....mg	6.7		0	FLA	4		1.1	7.5	7.5
Betaine....mg									
Vitamin B-12....mcg	0.10		0		4		0.02	0.11	0.11
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	58		0	NC	4		9	66	66
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	571		0	FLA	4		91	646	646
Carotene, alpha....mcg	260		0	FLA	4		42	294	294
Cryptoxanthin, beta....mcg	0		0	FLA	4		0	0	0
Vitamin A, IU....IU	1170		0	FLA	4		187	1322	1322
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	105		0	FLA	4		17	119	119
Vitamin E (alpha-tocopherol)....mg	0.11		0	FLA	4		0.02	0.13	0.13
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D....IU	1		0	FLA	4		0	2	2
Vitamin K (phylloquinone)....mcg	1.8		0	FLA	4		0.3	2.0	2.0
Lipids:									
Fatty acids, total saturated....g	0.211		0		4		0.034	0.238	0.238
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 43008
Babyfood, dinner, chicken and rice

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.001		0		4		0.000	0.001	0.001
13:0 g									
14:0 g	0.006		0		4		0.001	0.007	0.007
15:0 g									
16:0 g	0.152		0		4		0.024	0.172	0.172
17:0 g									
18:0 g	0.043		0		4		0.007	0.049	0.049
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.392		0		4		0.063	0.443	0.443
14:1 g									
15:1 g									
16:1 undifferentiated g	0.038		0		4		0.006	0.043	0.043
17:1 g									
18:1 undifferentiated g	0.342		0		4		0.055	0.386	0.386
20:1 g	0.008		0		4		0.001	0.009	0.009
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.188		0		4		0.030	0.212	0.212
18:2 undifferentiated g	0.165		0		4		0.026	0.186	0.186
18:3 undifferentiated g	0.008		0		4		0.001	0.009	0.009
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.006		0		4		0.001	0.007	0.007
20:5 n-3 (EPA) g	0.001		0		4		0.000	0.001	0.001
22:5 n-3 (DPA) g	0.001		0		4		0.000	0.001	0.001
22:6 n-3 (DHA) g	0.002		0		4		0.000	0.002	0.002
Fatty acids, total trans g									
Cholesterol mg	10		0		4		2	11	11
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 113g: 1 jar, Gerber (4 oz)

Measure 3 = 113g: 1 jar NFS

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03069
Babyfood, dinner, chicken noodle, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.25		0	MA	12		13.96	24.74	148.33
Energy....kcal	55		0	MC	9		9	16	94
Energy....kJ	230		0		9		37	65	391
Protein....g	2.37		0	MA	12		0.38	0.67	4.03
Total lipid (fat)....g	1.18		0	MA	12		0.19	0.33	2.01
Ash....g	0.41		0	MA	12		0.07	0.12	0.70
Carbohydrate, by difference....g	8.79		0	MC	9		1.41	2.49	14.94
Fiber, total dietary....g	0.9		0	MA	12		0.1	0.3	1.5
Sugars, total....g	1.07		0	MA	12		0.17	0.30	1.82
Sucrose....g	0.44		0	MA	12		0.07	0.12	0.75
Glucose (dextrose)....g	0.16		0	MA	12		0.03	0.05	0.27
Fructose....g	0.16		0	MA	12		0.03	0.05	0.27
Lactose....g	0.00		0	MA	12		0.00	0.00	0.00
Maltose....g	0.31		0	MA	12		0.05	0.09	0.53
Galactose....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	21		0	MA	12		3	6	36
Iron, Fe....mg	0.38		0	MA	12		0.06	0.11	0.65
Magnesium, Mg....mg	7		0	MA	12		1	2	12
Phosphorus, P....mg	79		0	MA	12		13	22	134
Potassium, K....mg	39		0	MA	12		6	11	66
Sodium, Na....mg	78		0	MA	12		12	22	133
Zinc, Zn....mg	0.40		0	MA	12		0.06	0.11	0.68
Copper, Cu....mg	0.030		0	MA	12		0.005	0.009	0.051
Manganese, Mn....mg	0.100		0	MA	12		0.016	0.028	0.170
Selenium, Se....mcg	3.7		0	FLM	4		0.6	1.0	6.3
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.1		0	MA	12		0.0	0.0	0.2
Thiamin....mg	0.032		0	MA	12		0.005	0.009	0.054
Riboflavin....mg	0.040		0	MA	12		0.006	0.011	0.068
Niacin....mg	0.703		0	MA	12		0.112	0.199	1.195
Pantothenic acid....mg	0.178		0	FLM	4		0.028	0.050	0.303
Vitamin B-6....mg	0.052		0	MA	12		0.008	0.015	0.088
Folate, total....mcg	7		0	FLM	4		1	2	12
Folic acid....mcg	2		0	NC	4		0	1	3
Folate, food....mcg	5		0		4		1	1	9
Folate, DFE....mcg_DFE	8		0	NC	4		1	2	14
Choline, total....mg	7.7		0	FLA	4		1.2	2.2	13.1
Betaine....mg									
Vitamin B-12....mcg	0.01		0	FLM	4		0.00	0.00	0.02
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE (2) ....mcg_RAE	87		0	NC	4		14	25	148
Retinol....mcg	1		0	FLA	4		0	0	1
Carotene, beta....mcg	840		0	FLA	4		134	238	1428
Carotene, alpha....mcg	392		0	FLA	4		63	111	667
Cryptoxanthin, beta....mcg	0		0	FLA	4		0	0	0
Vitamin A, IU (1) ....IU	1729		0	MA	12		277	490	2939
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	32		0	FLA	4		5	9	55
Vitamin E (alpha-tocopherol)....mg	0.15		0	FLA	4		0.02	0.04	0.26
Vitamin E, added....mg	0.00		0	NR	4		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	FLA	4		0.0	0.0	0.1
Vitamin D2 (ergocalciferol)....mcg									

NDB No. 03069
Babyfood, dinner, chicken noodle, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4		0.0	0.0	0.1
Vitamin D....IU	2		0	FLA	4		0	1	3
Vitamin K (phylloquinone)....mcg	1.6		0	FLA	4		0.3	0.4	2.7
Lipids:									
Fatty acids, total saturated....g	0.338		0	FLM	4		0.054	0.096	0.575
4:0....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0....g	0.000		0	FLM	4		0.000	0.000	0.000
12:0....g	0.002		0	FLM	4		0.000	0.001	0.003
13:0....g									
14:0....g	0.010		0	FLM	4		0.002	0.003	0.017
15:0....g									
16:0....g	0.247		0	FLM	4		0.040	0.070	0.420
17:0....g									
18:0....g	0.066		0	FLM	4		0.011	0.019	0.112
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.467		0	FLM	4		0.075	0.132	0.794
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.056		0	FLM	4		0.009	0.016	0.095
17:1....g									
18:1 undifferentiated....g	0.394		0	FLM	4		0.063	0.112	0.670
20:1....g	0.011		0	FLM	4		0.002	0.003	0.019
22:1 undifferentiated....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.272		0	FLM	4		0.044	0.077	0.462
18:2 undifferentiated....g	0.241		0	FLM	4		0.039	0.068	0.410
18:3 undifferentiated....g	0.017		0	FLM	4		0.003	0.005	0.029
18:4....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.005		0	FLM	4		0.001	0.001	0.009
20:5 n-3 (EPA)....g	0.001		0	FLM	4		0.000	0.000	0.002
22:5 n-3 (DPA)....g	0.001		0	FLM	4		0.000	0.000	0.002
22:6 n-3 (DHA)....g	0.002		0	FLM	4		0.000	0.001	0.003
Fatty acids, total trans....g									
Cholesterol....mg	9		0	MA	12		1	3	15
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Footnotes:

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

NDB No. 03069
Babyfood, dinner, chicken noodle, junior

Calories Factors:	**Protein**	**Fat**	**Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03068
Babyfood, dinner, chicken noodle, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	85.64		0	MA	12		13.70	24.28	96.77
Energy	kcal	66		0	MC	9		11	19	75
Energy	kJ	276		0		9		44	78	312
Protein	g	2.69		0	MA	12		0.43	0.76	3.04
Total lipid (fat)	g	2.06		0	MA	12		0.33	0.58	2.33
Ash	g	0.53		0	MA	12		0.08	0.15	0.60
Carbohydrate, by difference	g	9.08		0	MC	9		1.45	2.57	10.26
Fiber, total dietary	g	2.1		0	MA	12		0.3	0.6	2.4
Sugars, total	g	2.50		0	MA	12		0.40	0.71	2.83
Sucrose	g	1.61		0	MA	12		0.26	0.46	1.82
Glucose (dextrose)	g	0.36		0	MA	12		0.06	0.10	0.41
Fructose	g	0.40		0	MA	12		0.06	0.11	0.45
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.08		0	MA	12		0.01	0.02	0.09
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	27		0	MA	12		4	8	31
Iron, Fe	mg	0.64		0	MA	12		0.10	0.18	0.72
Magnesium, Mg	mg	14		0	MA	12		2	4	16
Phosphorus, P	mg	46		0	MA	12		7	13	52
Potassium, K	mg	139		0	MA	12		22	39	157
Sodium, Na	mg	23		0	MA	12		4	7	26
Zinc, Zn	mg	0.55		0	MA	12		0.09	0.16	0.62
Copper, Cu	mg	0.070		0	MA	12		0.011	0.020	0.079
Manganese, Mn	mg	0.160		0	MA	12		0.026	0.045	0.181
Selenium, Se	mcg	3.7		0	FLM	4		0.6	1.0	4.2
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.1		0	MA	12		0.0	0.0	0.1
Thiamin	mg	0.044		0	MA	12		0.007	0.012	0.050
Riboflavin	mg	0.061		0	MA	12		0.010	0.017	0.069
Niacin	mg	0.723		0	MA	12		0.116	0.205	0.817
Pantothenic acid	mg	0.198		0	FLM	4		0.032	0.056	0.224
Vitamin B-6	mg	0.064		0	MA	12		0.010	0.018	0.072
Folate, total	mcg	11		0	FLM	4		2	3	12
Folic acid	mcg	3		0	NC	4		0	1	3
Folate, food	mcg	8		0		12		1	2	9
Folate, DFE	mcg_DFE	13		0	NC	4		2	4	15
Choline, total	mg	10.5		0	FLA	4		1.7	3.0	11.9
Betaine	mg									
Vitamin B-12	mcg	0.02		0	FLM	4		0.00	0.01	0.02
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	110		0	NC	4		18	31	124
Retinol	mcg	1		0	FLA	4		0	0	1
Carotene, beta	mcg	1060		0	FLA	4		170	301	1198
Carotene, alpha	mcg	495		0	FLA	4		79	140	559
Cryptoxanthin, beta	mcg	0		0	FLA	4		0	0	0
Vitamin A, IU	IU	2182		0	NC	4		349	619	2466
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	40		0	FLA	4		6	11	45
Vitamin E (alpha-tocopherol)	mg	0.21		0	FLA	4		0.03	0.06	0.24
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.1		0	AS	1		0.0	0.0	0.1
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03068
Babyfood, dinner, chicken noodle, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	0.1		0	FLA	4		0.0	0.0	0.1
Vitamin D....IU	3		0	FLA	4		1	1	4
Vitamin K (phylloquinone)....mcg	1.9		0	FLA	4		0.3	0.5	2.1
Lipids:									
Fatty acids, total saturated....g	0.595		0	FLM	4		0.095	0.169	0.672
4:0....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0....g	0.000		0	FLM	4		0.000	0.000	0.000
12:0....g	0.003		0	FLM	4		0.000	0.001	0.003
13:0....g									
14:0....g	0.017		0	FLM	4		0.003	0.005	0.019
15:0....g									
16:0....g	0.434		0	FLM	4		0.069	0.123	0.490
17:0....g									
18:0....g	0.118		0	FLM	4		0.019	0.033	0.133
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.854		0	FLM	4		0.137	0.242	0.965
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.105		0	FLM	4		0.017	0.030	0.119
17:1....g									
18:1 undifferentiated....g	0.718		0	FLM	4		0.115	0.204	0.811
20:1....g	0.020		0	FLM	4		0.003	0.006	0.023
22:1 undifferentiated....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.461		0	FLM	4		0.074	0.131	0.521
18:2 undifferentiated....g	0.418		0	FLM	4		0.067	0.119	0.472
18:3 undifferentiated....g	0.027		0	FLM	4		0.004	0.008	0.031
18:4....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.005		0	FLM	4		0.001	0.001	0.006
20:5 n-3 (EPA)....g	0.001		0	FLM	4		0.000	0.000	0.001
22:5 n-3 (DPA)....g	0.001		0	FLM	4		0.000	0.000	0.001
22:6 n-3 (DHA)....g	0.002		0	FLM	4		0.000	0.001	0.002
Fatty acids, total trans....g									
Cholesterol....mg	16		0	MA	12		3	5	18
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03070
Babyfood, dinner, chicken soup, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	89.10	0.100	6		1			14.26	25.26
Energy....kcal	50		0	NC	4			8	14
Energy....kJ	209		0		4			33	59
Protein (N x 6.25)....g	1.60	0.000	3		1			0.26	0.45
Total lipid (fat)....g	1.70	0.200	3		1			0.27	0.48
Ash....g	0.40	0.100	3		1			0.06	0.11
Carbohydrate, by difference....g	7.20		0	NC	4			1.15	2.04
Fiber, total dietary....g	1.1		0		4			0.2	0.3
Sugars, total....g	1.72		0	FLA	4			0.28	0.49
Starch....g									
Minerals:									
Calcium, Ca....mg	37	1.000	3		1			6	10
Iron, Fe....mg	0.27	0.010	3		1			0.04	0.08
Magnesium, Mg....mg	5		0		4			1	1
Phosphorus, P....mg	24		0		4			4	7
Potassium, K....mg	66		0		4			11	19
Sodium, Na....mg	16		1		1			3	5
Zinc, Zn....mg	0.22		0		4			0.04	0.06
Copper, Cu....mg	0.279		0		4			0.045	0.079
Manganese, Mn....mg									
Selenium, Se....mcg	1.4		0	FLM	4			0.2	0.4
Vitamins:									
Vitamin C, total ascorbic acid....mg	1.0	0.000	3		1			0.2	0.3
Thiamin....mg	0.017	0.000	3		1			0.003	0.005
Riboflavin....mg	0.032	0.003	3		1			0.005	0.009
Niacin....mg	0.293	0.020	3		1			0.047	0.083
Pantothenic acid....mg									
Vitamin B-6....mg	0.037		0		4			0.006	0.010
Folate, total....mcg	5	0.600	3		1			1	1
Folic acid....mcg	0		0	Z	7			0	0
Folate, food....mcg	5	0.600	3		1			1	1
Folate, DFE....mcg_DFE	5		0	NC	4			1	1
Choline, total....mg	6.4		0	NR	4			1.0	1.8
Betaine....mg									
Vitamin B-12....mcg	0.12		0		4			0.02	0.03
Vitamin B-12, added....mcg	0.00		0	Z	7			0.00	0.00
Vitamin A, RAE....mcg_RAE	69		0	NC	4			11	20
Retinol....mcg	0		0	BNA	4			0	0
Carotene, beta....mcg	674		0	BNA	4			108	191
Carotene, alpha....mcg	313		0	BNA	4			50	89
Cryptoxanthin, beta....mcg	0		0	BNA	4			0	0
Vitamin A, IU....IU	1384	119.000	3		1			221	392
Lycopene....mcg	0		0	O	4			0	0
Lutein + zeaxanthin....mcg	40		0	O	4			6	11
Vitamin E (alpha-tocopherol)....mg	0.51		0	FLA	4			0.08	0.14
Vitamin E, added....mg	0.00		0	Z	7			0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.1		0	FLA	4			0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.1		0	FLA	4			0.0	0.0
Vitamin D....IU	3		0	FLA	4			0	1
Vitamin K (phylloquinone)....mcg	6.9		0	FLA	4			1.1	2.0
Lipids:									
Fatty acids, total saturated....g	0.278		0		4			0.044	0.079
4:0....g	0.000		0		4			0.000	0.000

NDB No. 03070
Babyfood, dinner, chicken soup, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4			0.000	0.000
8:0 g	0.000		0		4			0.000	0.000
10:0 g	0.000		0		4			0.000	0.000
12:0 g	0.001		0		4			0.000	0.000
13:0 g									
14:0 g	0.004		0		4			0.001	0.001
15:0 g									
16:0 g	0.200		0		4			0.032	0.057
17:0 g									
18:0 g	0.068		0		4			0.011	0.019
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.425		0		4			0.068	0.120
14:1 g									
15:1 g									
16:1 undifferentiated g	0.014		0		4			0.002	0.004
17:1 g									
18:1 undifferentiated g	0.404		0		4			0.065	0.115
20:1 g	0.005		0		4			0.001	0.001
22:1 undifferentiated g	0.000		0		4			0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.900		0		4			0.144	0.255
18:2 undifferentiated g	0.792		0		4			0.127	0.225
18:3 undifferentiated g	0.103		0		4			0.016	0.029
18:4 g	0.000		0		4			0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.002		0		4			0.000	0.001
20:5 n-3 (EPA) g	0.000		0		4			0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4			0.000	0.000
22:6 n-3 (DHA) g	0.001		0		4			0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	4		0		4			1	1
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7			0.0	0.0
Caffeine mg	0		0	FLA	4			0	0
Theobromine mg	0		0	FLA	4			0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 4.27 **Fat** 9.02 **Carbohydrate** 3.84

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03072
Babyfood, dinner, chicken stew, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	83.30	0.500	14		1		13.33	23.62	147.44
Energy....kcal	78		0	NC	4		12	22	138
Energy....kJ	326		0		4		52	93	578
Protein (N x 6.25)....g	5.20	0.200	3		1		0.83	1.47	9.20
Total lipid (fat)....g	3.70	0.200	17		1		0.59	1.05	6.55
Ash....g	1.40	0.000	3		1		0.22	0.40	2.48
Carbohydrate, by difference....g	6.40		0	NC	4		1.02	1.81	11.33
Fiber, total dietary....g	0.6		0		4		0.1	0.2	1.1
Sugars, total....g	1.68		0	FLA	4		0.27	0.48	2.98
Starch....g									
Minerals:									
Calcium, Ca....mg	36	0.000	3		1		6	10	64
Iron, Fe....mg	0.66	0.020	3		1		0.11	0.19	1.17
Magnesium, Mg....mg	10		1		1		2	3	18
Phosphorus, P....mg	51		1		1		8	14	90
Potassium, K....mg	92		1		1		15	26	163
Sodium, Na....mg	200		0		1		32	57	354
Zinc, Zn....mg	0.41		1		1		0.07	0.12	0.73
Copper, Cu....mg	0.020		1		1		0.003	0.006	0.035
Manganese, Mn....mg									
Selenium, Se....mcg	5.5		0	FLM	4		0.9	1.6	9.7
Vitamins:									
Vitamin C, total ascorbic acid....mg	1.9	0.100	6		1		0.3	0.5	3.4
Thiamin....mg	0.031	0.000	3		1		0.005	0.009	0.055
Riboflavin....mg	0.074	0.000	3		1		0.012	0.021	0.131
Niacin....mg	1.153	0.008	3		1		0.184	0.327	2.041
Pantothenic acid....mg									
Vitamin B-6....mg	0.046	0.000	3		1		0.007	0.013	0.081
Folate, total....mcg	16		0	FLM	4		3	5	28
Folic acid....mcg	15		0	NC	4		2	4	27
Folate, food....mcg	1		0		4		0	0	2
Folate, DFE....mcg_DFE	27		0	NC	4		4	8	47
Choline, total....mg	20.6		0	FLA	4		3.3	5.9	36.5
Betaine....mg									
Vitamin B-12....mcg	0.14		0		4		0.02	0.04	0.25
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	52		0	NC	4		8	15	92
Retinol....mcg	2		0	BNA	4		0	0	3
Carotene, beta....mcg	495		0	BNA	4		79	140	877
Carotene, alpha....mcg	214		0	BNA	4		34	61	379
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	0
Vitamin A, IU....IU	1010		0	NC	4		162	286	1788
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	178		0	FLA	4		28	50	314
Vitamin E (alpha-tocopherol)....mg	0.22		0	FLA	4		0.03	0.06	0.39
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.2		0	FLA	4		0.0	0.0	0.3
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.2		0	FLA	4		0.0	0.0	0.3
Vitamin D....IU	7		0	FLA	4		1	2	12
Vitamin K (phylloquinone)....mcg	3.7		0	FLA	4		0.6	1.1	6.6
Lipids:									
Fatty acids, total saturated....g	1.100	0.090	11		1		0.176	0.312	1.947
4:0....g	0.000		0		1		0.000	0.000	0.000

NDB No. 03072
Babyfood, dinner, chicken stew, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		1		0.000	0.000	0.000
8:0 g	0.000		11		1		0.000	0.000	0.000
10:0 g	0.010		11		1		0.002	0.003	0.018
12:0 g	0.010		11		1		0.002	0.003	0.018
13:0 g									
14:0 g	0.050	0.000	11		1		0.008	0.014	0.089
15:0 g									
16:0 g	0.740	0.060	11		1		0.118	0.210	1.310
17:0 g									
18:0 g	0.220	0.020	11		1		0.035	0.062	0.389
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.700	0.160	11		1		0.272	0.482	3.009
14:1 g									
15:1 g									
16:1 undifferentiated g	0.140	0.020	11		1		0.022	0.040	0.248
17:1 g									
18:1 undifferentiated g	1.540	0.140	11		1		0.246	0.437	2.726
20:1 g	0.010	0.000	11		1		0.002	0.003	0.018
22:1 undifferentiated g	0.000		0		1		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.770	0.070	11		1		0.123	0.218	1.363
18:2 undifferentiated g	0.730	0.070	11		1		0.117	0.207	1.292
18:3 undifferentiated g	0.030	0.000	11		1		0.005	0.009	0.053
18:4 g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.020	0.000	11		1		0.003	0.006	0.035
20:5 n-3 (EPA) g	0.000		0		1		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		1		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	29	1.500	11		1		5	8	51
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.057		0		1		0.009	0.016	0.101
Threonine g	0.221		0		1		0.035	0.063	0.391
Isoleucine g	0.257		0		1		0.041	0.073	0.455
Leucine g	0.405		0		1		0.065	0.115	0.717
Lysine g	0.410		0		1		0.066	0.116	0.726
Methionine g	0.112		0		1		0.018	0.032	0.198
Cystine g	0.052		0		1		0.008	0.015	0.092
Phenylalanine g	0.213		0		1		0.034	0.060	0.377
Tyrosine g	0.172		0		1		0.028	0.049	0.304
Valine g	0.292		0		1		0.047	0.083	0.517
Arginine g	0.331		0		1		0.053	0.094	0.586
Histidine g	0.128		0		1		0.020	0.036	0.227
Alanine g	0.298		0		1		0.048	0.084	0.527
Aspartic acid g	0.471		0		1		0.075	0.134	0.834
Glutamic acid g	0.898		0		1		0.144	0.255	1.589
Glycine g	0.295		0		1		0.047	0.084	0.522
Proline g	0.354		0		1		0.057	0.100	0.627
Serine g	0.209		0		1		0.033	0.059	0.370
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	Z	7		0	0	0
Theobromine mg	0		0	Z	7		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03072
Babyfood, dinner, chicken stew, toddler

Common Measures:

Measure 1 = 16g: 1 tbsp
Measure 2 = 28.35g: 1 oz
Measure 3 = 177g: 1 jar (6.25 oz)

Calories Factors: Protein 3.7 **Fat** 8.9 **Carbohydrate** 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03090
Babyfood, dinner, macaroni and cheese, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	86.50		1		1		24.52	147.05	
Energy....kcal	61		0	NC	4		17	104	
Energy....kJ	255		0		4		72	434	
Protein (N x 6)....g	2.60		6		1		0.74	4.42	
Total lipid (fat)....g	2.00		6		1		0.57	3.40	
Ash....g	0.70		1		1		0.20	1.19	
Carbohydrate, by difference....g	8.20		0	NC	4		2.32	13.94	
Fiber, total dietary....g	0.3		0		4		0.1	0.5	
Sugars, total....g	1.32		0	FLA	4		0.37	2.24	
Starch....g									
Minerals:									
Calcium, Ca....mg	51		6		1		14	87	
Iron, Fe....mg	0.30		6		1		0.09	0.51	
Magnesium, Mg....mg	7		1		1		2	12	
Phosphorus, P....mg	59		1		1		17	100	
Potassium, K....mg	44		1		1		12	75	
Sodium, Na....mg	76		0		1		22	129	
Zinc, Zn....mg	0.32		1		1		0.09	0.54	
Copper, Cu....mg	0.021		0		1		0.006	0.036	
Manganese, Mn....mg									
Selenium, Se....mcg	3.8		0	BFZN	4		1.1	6.5	
Vitamins:									
Vitamin C, total ascorbic acid....mg	1.3		6		1		0.4	2.2	
Thiamin....mg	0.056		6		1		0.016	0.095	
Riboflavin....mg	0.064		6		1		0.018	0.109	
Niacin....mg	0.545		4		1		0.155	0.927	
Pantothenic acid....mg									
Vitamin B-6....mg	0.016		6		1		0.005	0.027	
Folate, total....mcg	11		0	FLM	4		3	19	
Folic acid....mcg	10		0	NC	4		3	16	
Folate, food....mcg	2		0		1		0	3	
Folate, DFE....mcg_DFE	18		0	NC	4		5	30	
Choline, total....mg	3.2		0	T	4		0.9	5.4	
Betaine....mg									
Vitamin B-12....mcg	0.03		1		1		0.01	0.05	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	30		0	NC	4		8	50	
Retinol....mcg	29		0	FLA	4		8	50	
Carotene, beta....mcg	5		0	FLA	4		1	9	
Carotene, alpha....mcg	0		0	FLA	4		0	0	
Cryptoxanthin, beta....mcg	0		0	FLA	4		0	0	
Vitamin A, IU....IU	106		0	NC	4		30	180	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	1		0	FLA	4		0	2	
Vitamin E (alpha-tocopherol)....mg	0.03		0	FLA	4		0.01	0.05	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	NR	4		0.0	0.1	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	2		0	O	4		1	3	
Vitamin K (phylloquinone)....mcg	0.2		0	FLA	4		0.1	0.3	
Lipids:									
Fatty acids, total saturated....g	1.175		0		4		0.333	1.998	
4:0....g	0.057		0		4		0.016	0.097	

NDB No. 03090
Babyfood, dinner, macaroni and cheese, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ....g	0.029		0		4		0.008	0.049	
8:0 ....g	0.015		0		4		0.004	0.026	
10:0 ....g	0.033		0		4		0.009	0.056	
12:0 ....g	0.029		0		4		0.008	0.049	
13:0 ....g									
14:0 ....g	0.181		0		4		0.051	0.308	
15:0 ....g									
16:0 ....g	0.557		0		4		0.158	0.947	
17:0 ....g									
18:0 ....g	0.221		0		4		0.063	0.376	
20:0 ....g									
22:0 ....g									
24:0 ....g									
Fatty acids, total monounsaturated ....g	0.534		0		4		0.151	0.908	
14:1 ....g									
15:1 ....g									
16:1 undifferentiated ....g	0.055		0		4		0.016	0.094	
17:1 ....g									
18:1 undifferentiated ....g	0.453		0		4		0.128	0.770	
20:1 ....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated ....g	0.000		0		4		0.000	0.000	
24:1 c ....g									
Fatty acids, total polyunsaturated ....g	0.132		0		4		0.037	0.224	
18:2 undifferentiated ....g	0.105		0		4		0.030	0.179	
18:3 undifferentiated ....g	0.027		0		4		0.008	0.046	
18:4 ....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c ....g									
20:3 undifferentiated ....g									
20:4 undifferentiated ....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) ....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) ....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) ....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans ....g									
Cholesterol ....mg	6		0		4		2	10	
Phytosterols ....mg									
Amino Acids:									
Tryptophan ....g	0.032		0		1		0.009	0.054	
Threonine ....g	0.078		0		1		0.022	0.133	
Isoleucine ....g	0.130		0		1		0.037	0.221	
Leucine ....g	0.234		0		1		0.066	0.398	
Lysine ....g	0.148		0		1		0.042	0.252	
Methionine ....g	0.090		0		1		0.026	0.153	
Cystine ....g	0.032		0		1		0.009	0.054	
Phenylalanine ....g	0.132		0		1		0.037	0.224	
Tyrosine ....g	0.123		0		1		0.035	0.209	
Valine ....g	0.147		0		1		0.042	0.250	
Arginine ....g	0.102		0		1		0.029	0.173	
Histidine ....g	0.062		0		1		0.018	0.105	
Alanine ....g	0.085		0		1		0.024	0.145	
Aspartic acid ....g	0.167		0		1		0.047	0.284	
Glutamic acid ....g	0.665		0		1		0.189	1.131	
Glycine ....g	0.058		0		1		0.016	0.099	
Proline ....g	0.293		0		1		0.083	0.498	
Serine ....g	0.104		0		1		0.029	0.177	
Hydroxyproline ....g									
Others:									
Alcohol, ethyl ....g	0.0		0		7		0.0	0.0	
Caffeine ....mg	0		0	FLA	4		0	0	
Theobromine ....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03090

Babyfood, dinner, macaroni and cheese, junior

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.2 **Fat** 8.7 **Carbohydrate** 4

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03089
Babyfood, dinner, macaroni and cheese, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	85.25		0	MA	12		24.17	96.33	
Energy....kcal	67		0	MC	9		19	76	
Energy....kJ	280		0		9		79	317	
Protein....g	3.14		0	MA	12		0.89	3.55	
Total lipid (fat)....g	2.11		0	MA	12		0.60	2.38	
Ash....g	0.55		0	MA	12		0.16	0.62	
Carbohydrate, by difference....g	8.95		0	MC	9		2.54	10.11	
Fiber, total dietary....g	0.7		0	MA	12		0.2	0.8	
Sugars, total....g	1.27		0	MA	12		0.36	1.44	
Sucrose....g	0.07		0	MA	12		0.02	0.08	
Glucose (dextrose)....g	0.10		0	MA	12		0.03	0.11	
Fructose....g	0.00		0	MA	12		0.00	0.00	
Lactose....g	0.50		0	MA	12		0.14	0.57	
Maltose....g	0.60		0	MA	12		0.17	0.68	
Galactose....g									
Starch....g	1.42		0	FLA	4		0.40	1.61	
Minerals:									
Calcium, Ca....mg	66		0	MA	12		19	75	
Iron, Fe....mg	0.21		0	MA	12		0.06	0.24	
Magnesium, Mg....mg	8		0	MA	12		2	9	
Phosphorus, P....mg	86		0	MA	12		24	97	
Potassium, K....mg	67		0	MA	12		19	76	
Sodium, Na....mg	87		0	MA	12		25	98	
Zinc, Zn....mg	0.40		0	MA	12		0.11	0.45	
Copper, Cu....mg	0.020		0	MA	12		0.006	0.023	
Manganese, Mn....mg	0.090		0	MA	12		0.026	0.102	
Selenium, Se....mcg	3.8		0	FLM	4		1.1	4.3	
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.1		0	MA	12		0.0	0.1	
Thiamin....mg	0.038		0	MA	12		0.011	0.043	
Riboflavin....mg	0.076		0	MA	12		0.022	0.086	
Niacin....mg	0.516		0	MA	12		0.146	0.583	
Pantothenic acid....mg	0.176		0	FLM	4		0.050	0.199	
Vitamin B-6....mg	0.036		0	MA	12		0.010	0.041	
Folate, total....mcg	11		0	FLM	4		3	12	
Folic acid....mcg	6		0	NC	4		2	7	
Folate, food....mcg	5		0		4		1	6	
Folate, DFE....mcg_DFE	15		0	NC	4		4	17	
Choline, total....mg	10.5		0	FLA	4		3.0	11.9	
Betaine....mg	3.8		0	FLA	4		1.1	4.2	
Vitamin B-12....mcg	0.27		0	NR	4		0.08	0.30	
Vitamin B-12, added....mcg	0.00		0	FLA	4		0.00	0.00	
Vitamin A, RAE....mcg_RAE	15		0	NC	4		4	17	
Retinol....mcg	14		0	FLA	4		4	16	
Carotene, beta....mcg	5		0	FLA	4		1	5	
Carotene, alpha....mcg	0		0	FLA	4		0	0	
Cryptoxanthin, beta....mcg	0		0	FLA	4		0	0	
Vitamin A, IU....IU	56		0	NC	4		16	63	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	0		0	FLA	4		0	0	
Vitamin E (alpha-tocopherol)....mg	0.02		0	FLA	4		0.01	0.03	
Vitamin E, added....mg	0.00		0	FLA	4		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	O	4		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									

NDB No. 03089
Babyfood, dinner, macaroni and cheese, strained

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	2		0	O	4		1	2	
Vitamin K (phylloquinone).....mcg	0.2		0	FLA	4		0.0	0.2	
Lipids:									
Fatty acids, total saturated.....g	1.291		0	FLM	4		0.366	1.459	
4:0.....g	0.063		0	FLM	4		0.018	0.071	
6:0.....g	0.031		0	FLM	4		0.009	0.035	
8:0.....g	0.017		0	FLM	4		0.005	0.019	
10:0.....g	0.036		0	FLM	4		0.010	0.041	
12:0.....g	0.033		0	FLM	4		0.009	0.037	
13:0.....g	0.000		0	FLA	4		0.000	0.000	
14:0.....g	0.200		0	FLM	4		0.057	0.226	
15:0.....g	0.000		0	FLA	4		0.000	0.000	
16:0.....g	0.609		0	FLM	4		0.173	0.688	
17:0.....g	0.000		0	FLA	4		0.000	0.000	
18:0.....g	0.242		0	FLM	4		0.069	0.273	
20:0.....g	0.000		0	FLA	4		0.000	0.000	
22:0.....g	0.000		0	FLA	4		0.000	0.000	
24:0.....g	0.000		0	FLA	4		0.000	0.000	
Fatty acids, total monounsaturated.....g	0.581		0	FLM	4		0.165	0.657	
14:1.....g	0.000		0	FLA	4		0.000	0.000	
15:1.....g	0.000		0	FLA	4		0.000	0.000	
16:1 undifferentiated.....g	0.061		0	FLM	4		0.017	0.069	
17:1.....g	0.000		0	FLA	4		0.000	0.000	
18:1 undifferentiated.....g	0.491		0	FLM	4		0.139	0.555	
20:1.....g	0.000		0	FLM	4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	
24:1 c.....g	0.000		0	FLA	4		0.000	0.000	
Fatty acids, total polyunsaturated.....g	0.103		0	FLM	4		0.029	0.116	
18:2 undifferentiated.....g	0.075		0	FLM	4		0.021	0.085	
18:3 undifferentiated.....g	0.028		0	FLM	4		0.008	0.032	
18:4.....g	0.000		0	FLM	4		0.000	0.000	
20:2 n-6 c,c.....g	0.000		0	FLA	4		0.000	0.000	
20:3 undifferentiated.....g	0.000		0	FLA	4		0.000	0.000	
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	
20:5 n-3 (EPA).....g	0.000		0	FLM	4		0.000	0.000	
22:5 n-3 (DPA).....g	0.000		0	FLM	4		0.000	0.000	
22:6 n-3 (DHA).....g	0.000		0	FLM	4		0.000	0.000	
Fatty acids, total trans.....g	0.000		0	FLA	4		0.000	0.000	
Cholesterol.....mg	7		0	FLM	4		2	8	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03045
Babyfood, dinner, macaroni and tomato and beef, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	86.70	0.100	20		1		13.87	24.58	147.39
Energy....kcal	59		0	NC	4		9	17	100
Energy....kJ	247		0		4		39	70	420
Protein (N x 5.98)....g	2.50	0.200	28		1		0.40	0.71	4.25
Total lipid (fat)....g	1.10	0.000	22		1		0.18	0.31	1.87
Ash....g	0.30	0.000	17		1		0.05	0.09	0.51
Carbohydrate, by difference....g	9.40		0	NC	4		1.50	2.66	15.98
Fiber, total dietary....g	1.1		0		4		0.2	0.3	1.9
Sugars, total....g	2.43		0	FLA	4		0.39	0.69	4.12
Starch....g									
Minerals:									
Calcium, Ca....mg	14	1.000	19		1		2	4	24
Iron, Fe....mg	0.36	0.020	19		1		0.06	0.10	0.61
Magnesium, Mg....mg	7	1.000	3		1		1	2	12
Phosphorus, P....mg	44		0		1		7	12	75
Potassium, K....mg	72	2.000	13		1		12	20	122
Sodium, Na....mg	17		15		1		3	5	29
Zinc, Zn....mg	0.36	0.010	7		1		0.06	0.10	0.62
Copper, Cu....mg	0.039	0.003	3		1		0.006	0.011	0.066
Manganese, Mn....mg									
Selenium, Se....mcg	8.4		0	BFZN	4		1.3	2.4	14.3
Vitamins:									
Vitamin C, total ascorbic acid....mg	1.5		16		1		0.2	0.4	2.6
Thiamin....mg	0.048	0.000	20		1		0.008	0.014	0.082
Riboflavin....mg	0.055	0.000	19		1		0.009	0.016	0.094
Niacin....mg	0.751	0.019	19		1		0.120	0.213	1.277
Pantothenic acid....mg									
Vitamin B-6....mg	0.047		5		1		0.008	0.013	0.080
Folate, total....mcg	9		0	BFZN	4		1	3	15
Folic acid....mcg	3		0	NC	4		0	1	4
Folate, food....mcg	7		0		4		1	2	11
Folate, DFE....mcg_DFE	11		0	NC	4		2	3	18
Choline, total....mg	10.4		0	FLM	4		1.7	2.9	17.7
Betaine....mg									
Vitamin B-12....mcg	0.24		0		1		0.04	0.07	0.41
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	35		0	NC	4		6	10	59
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	338		0	BNA	4		54	96	574
Carotene, alpha....mcg	154		0	BNA	4		25	44	262
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	0
Vitamin A, IU....IU	691	24.000	19		1		111	196	1175
Lycopene....mcg	250		0	O	4		40	71	425
Lutein + zeaxanthin....mcg	12		0	O	4		2	3	20
Vitamin E (alpha-tocopherol)....mg	0.81		0	FLA	4		0.13	0.23	1.37
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	AS	1		0.0	0.0	0.1
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4		0.0	0.0	0.1
Vitamin D....IU	1		0	FLA	4		0	0	2
Vitamin K (phylloquinone)....mcg	6.7		0	FLA	4		1.1	1.9	11.3
Lipids:									
Fatty acids, total saturated....g	0.411		0		4		0.066	0.117	0.699
4:0....g	0.001		0		4		0.000	0.000	0.002

NDB No. 03045
Babyfood, dinner, macaroni and tomato and beef, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000	0.000	0.000
8:0....g	0.000		0		4		0.000	0.000	0.000
10:0....g	0.001		0		4		0.000	0.000	0.002
12:0....g	0.001		0		4		0.000	0.000	0.002
13:0....g									
14:0....g	0.029		0		4		0.005	0.008	0.049
15:0....g									
16:0....g	0.241		0		4		0.039	0.068	0.410
17:0....g									
18:0....g	0.119		0		4		0.019	0.034	0.202
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.447		0		4		0.072	0.127	0.760
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.038		0		4		0.006	0.011	0.065
17:1....g									
18:1 undifferentiated....g	0.392		0		4		0.063	0.111	0.666
20:1....g	0.001		0		4		0.000	0.000	0.002
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.079		0		4		0.013	0.022	0.134
18:2 undifferentiated....g	0.066		0		4		0.011	0.019	0.112
18:3 undifferentiated....g	0.007		0		4		0.001	0.002	0.012
18:4....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.004		0		4		0.001	0.001	0.007
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	4		0		4		1	1	7
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.028		0		1		0.004	0.008	0.048
Threonine....g	0.090		0		1		0.014	0.026	0.153
Isoleucine....g	0.118		0		1		0.019	0.033	0.201
Leucine....g	0.198		0		1		0.032	0.056	0.337
Lysine....g	0.149		0		1		0.024	0.042	0.253
Methionine....g	0.039		0		1		0.006	0.011	0.066
Cystine....g	0.034		0		1		0.005	0.010	0.058
Phenylalanine....g	0.112		0		1		0.018	0.032	0.190
Tyrosine....g	0.082		0		1		0.013	0.023	0.139
Valine....g	0.127		0		1		0.020	0.036	0.216
Arginine....g	0.133		0		1		0.021	0.038	0.226
Histidine....g	0.064		0		1		0.010	0.018	0.109
Alanine....g	0.128		0		1		0.020	0.036	0.218
Aspartic acid....g	0.198		0		1		0.032	0.056	0.337
Glutamic acid....g	0.619		0		1		0.099	0.175	1.052
Glycine....g	0.126		0		1		0.020	0.036	0.214
Proline....g	0.201		0		1		0.032	0.057	0.342
Serine....g	0.104		0		1		0.017	0.029	0.177
Hydroxyproline....g									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03045

Babyfood, dinner, macaroni and tomato and beef, junior

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 4.1 **Fat** 8.9 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03044
Babyfood, dinner, macaroni and tomato and beef, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	86.34		0	MA	12		13.81	24.48	97.56
Energy	kcal	61		0	MC	9		10	17	69
Energy	kJ	255		0	MC	9		41	72	288
Protein	g	2.36		0	MA	12		0.38	0.67	2.67
Total lipid (fat)	g	1.47		0	MA	12		0.24	0.42	1.66
Ash	g	0.37		0	MA	12		0.06	0.10	0.42
Carbohydrate, by difference	g	9.45		0	MC	9		1.51	2.68	10.68
Fiber, total dietary	g	1.2		0	MA	12		0.2	0.3	1.4
Sugars, total	g	2.09		0	NC	4		0.33	0.59	2.36
Sucrose	g	0.47		0	MA	12		0.08	0.13	0.53
Glucose (dextrose)	g	0.52		0	MA	12		0.08	0.15	0.59
Fructose	g	0.57		0	MA	12		0.09	0.16	0.65
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.52		0	MA	12		0.08	0.15	0.59
Galactose	g	0.00		0	FLA	4		0.00	0.00	0.00
Starch	g	0.03		0	FLA	4		0.00	0.01	0.03
Minerals:										
Calcium, Ca	mg	17		0	MA	12		3	5	19
Iron, Fe	mg	0.46		0	MA	12		0.07	0.13	0.52
Magnesium, Mg	mg	12		0	MA	12		2	3	14
Phosphorus, P	mg	39		0	MA	12		6	11	44
Potassium, K	mg	112		0	MA	12		18	32	127
Sodium, Na	mg	38		0	MA	12		6	11	43
Zinc, Zn	mg	0.54		0	MA	12		0.09	0.15	0.61
Copper, Cu	mg	0.050		0	MA	12		0.008	0.014	0.057
Manganese, Mn	mg	0.130		0	MA	12		0.021	0.037	0.147
Selenium, Se	mcg	8.4		0	BFZN	4		1.3	2.4	9.5
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.3		0	MA	12		0.0	0.1	0.3
Thiamin	mg	0.038		0	MA	12		0.006	0.011	0.043
Riboflavin	mg	0.043		0	MA	12		0.007	0.012	0.049
Niacin	mg	0.715		0	MA	12		0.114	0.203	0.808
Pantothenic acid	mg	0.140		0	FLM	4		0.022	0.040	0.158
Vitamin B-6	mg	0.056		0	MA	12		0.009	0.016	0.063
Folate, total	mcg	9		0	FLM	4		1	3	10
Folic acid	mcg	4		0	NC	4		1	1	5
Folate, food	mcg	5		0	NC	4		1	1	6
Folate, DFE	mcg_DFE	12		0	NC	4		2	3	13
Choline, total	mg	10.4		0	FLA	4		1.7	2.9	11.7
Betaine	mg									
Vitamin B-12	mcg	0.15		0	FLM	4		0.02	0.04	0.17
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE (2)	mcg_RAE	44		0	NC	4		7	12	50
Retinol	mcg	0		0	FLA	4		0	0	0
Carotene, beta	mcg	420		0	BNA	4		67	119	475
Carotene, alpha	mcg	213		0	BNA	4		34	60	241
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU (1)	IU	878		0	MA	12		140	249	992
Lycopene	mcg	42		0	O	4		7	12	47
Lutein + zeaxanthin	mcg	0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	2.62		0	FLA	4		0.42	0.74	2.96
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg	0.00		0	FLA	4		0.00	0.00	0.00
Tocopherol, gamma	mg	0.08		0	FLA	4		0.01	0.02	0.09
Tocopherol, delta	mg	0.00		0	FLA	4		0.00	0.00	0.00
Vitamin D (D2 + D3)	mcg	0.0		0	AS	1		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03044
Babyfood, dinner, macaroni and tomato and beef, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D....IU	2		0	FLA	4		0	0	2
Vitamin K (phylloquinone)....mcg	29.3		0	FLA	4		4.7	8.3	33.1
Lipids:									
Fatty acids, total saturated....g	0.486		0	FLM	4		0.078	0.138	0.549
4:0....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0....g	0.001		0	FLM	4		0.000	0.000	0.001
12:0....g	0.001		0	FLM	4		0.000	0.000	0.001
13:0....g									
14:0....g	0.031		0	FLM	4		0.005	0.009	0.035
15:0....g									
16:0....g	0.292		0	FLM	4		0.047	0.083	0.330
17:0....g									
18:0....g	0.140		0	FLM	4		0.022	0.040	0.158
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.594		0	FLM	4		0.095	0.168	0.671
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.041		0	FLM	4		0.007	0.012	0.046
17:1....g									
18:1 undifferentiated....g	0.533		0	FLM	4		0.085	0.151	0.602
20:1....g	0.001		0	FLM	4		0.000	0.000	0.001
22:1 undifferentiated....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.193		0	FLM	4		0.031	0.055	0.218
18:2 undifferentiated....g	0.170		0	FLM	4		0.027	0.048	0.192
18:3 undifferentiated....g	0.017		0	FLM	4		0.003	0.005	0.019
18:4....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.004		0	FLM	4		0.001	0.001	0.005
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	7		0	MA	12		1	2	8
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Footnotes:

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

NDB No. 03044
Babyfood, dinner, macaroni and tomato and beef, strained

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43432
Babyfood, dinner, macaroni, beef and tomato sauce, toddler

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.81		0	FLA	4		13.09		
Energy	kcal	81		0	NC	4		13		
Energy	kJ	337		0	NC	4		54		
Protein	g	4.34		0	FLA	4		0.69		
Total lipid (fat)	g	1.90		0		1		0.30		
Ash	g	0.43		0	NR	4		0.07		
Carbohydrate, by difference	g	11.53		0	NC	4		1.84		
Fiber, total dietary	g	1.1		0		4		0.2		
Sugars, total	g	0.37		0	FLA	4		0.06		
Starch	g									
Minerals:										
Calcium, Ca	mg	12		0		1		2		
Iron, Fe	mg	0.80		0		1		0.13		
Magnesium, Mg	mg	15		0		4		2		
Phosphorus, P	mg	49		0		1		8		
Potassium, K	mg	148		0		1		24		
Sodium, Na	mg	201		0		1		32		
Zinc, Zn	mg	0.48		0		4		0.08		
Copper, Cu	mg	0.020		0		4		0.003		
Manganese, Mn	mg									
Selenium, Se	mcg	1.8		0	BFZN	4		0.3		
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.9		0		1		0.3		
Thiamin	mg	0.060		0		1		0.010		
Riboflavin	mg	0.060		0		1		0.010		
Niacin	mg	1.340		0		1		0.214		
Pantothenic acid	mg									
Vitamin B-6	mg	0.090		0		1		0.014		
Folate, total	mcg	10		0	FLA	4		2		
Folic acid	mcg	6		0	FLA	4		1		
Folate, food	mcg	4		0	FLA	4		1		
Folate, DFE	mcg_DFE	14		0	NC	4		2		
Choline, total	mg	14.1		0	FLA	4		2.3		
Betaine	mg									
Vitamin B-12	mcg	0.23		0		4		0.04		
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE	mcg_RAE	3		0	NC	4		0		
Retinol	mcg	0		0	FLA	4		0		
Carotene, beta	mcg	36		0	FLA	4		6		
Carotene, alpha	mcg	0		0	FLA	4		0		
Cryptoxanthin, beta	mcg	0		0	FLA	4		0		
Vitamin A, IU	IU	60		0	NC	4		10		
Lycopene	mcg	333		0	FLA	4		53		
Lutein + zeaxanthin	mcg	11		0	FLA	4		2		
Vitamin E (alpha-tocopherol)	mg	0.09		0	FLA	4		0.01		
Vitamin E, added	mg	0.00		0	Z	7		0.00		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	FLA	4		0.0		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	FLA	4		0.0		
Vitamin D	IU	1		0	FLA	4		0		
Vitamin K (phylloquinone)	mcg	0.4		0	FLA	4		0.1		
Lipids:										
Fatty acids, total saturated	g	0.705		0		4		0.113		
4:0	g	0.000		0		4		0.000		

NDB No. 43432

Babyfood, dinner, macaroni, beef and tomato sauce, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		4		0.000		
8:0 ... g	0.000		0		4		0.000		
10:0 ... g	0.002		0		4		0.000		
12:0 ... g	0.002		0		4		0.000		
13:0 ... g									
14:0 ... g	0.048		0		4		0.008		
15:0 ... g									
16:0 ... g	0.417		0		4		0.067		
17:0 ... g									
18:0 ... g	0.204		0		4		0.033		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.782		0		4		0.125		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.064		0		4		0.010		
17:1 ... g									
18:1 undifferentiated ... g	0.689		0		4		0.110		
20:1 ... g	0.002		0		4		0.000		
22:1 undifferentiated ... g	0.000		0		4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.140		0		4		0.022		
18:2 undifferentiated ... g	0.115		0		4		0.018		
18:3 undifferentiated ... g	0.015		0		4		0.002		
18:4 ... g	0.000		0		4		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.007		0		4		0.001		
20:5 n-3 (EPA) ... g	0.000		0		4		0.000		
22:5 n-3 (DPA) ... g	0.000		0		4		0.000		
22:6 n-3 (DHA) ... g	0.000		0		4		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	7		0		4		1		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0		
Caffeine ... mg	0		0	FLA	4		0		
Theobromine ... mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03279
Babyfood, dinner, mixed vegetable, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	90.60	0.100	13		1		25.69	154.02	
Energy	kcal	33		0	NC	4		9	56	
Energy	kJ	138				4		39	235	
Protein (N x 6.07)	g	1.00	0.000	13		1		0.28	1.70	
Total lipid (fat)	g	0.00	0.000	13		1		0.00	0.00	
Ash	g	0.40	0.000	13		1		0.11	0.68	
Carbohydrate, by difference	g	7.90		0	NC	4		2.24	13.43	
Fiber, total dietary	g									
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	17	1.000	13		1		5	29	
Iron, Fe	mg	0.31	0.030	13		1		0.09	0.53	
Magnesium, Mg	mg	10		0		4		3	17	
Phosphorus, P	mg	22		0		4		6	37	
Potassium, K	mg	112	3.000	13		1		32	190	
Sodium, Na	mg	9	1.000	13		1		3	15	
Zinc, Zn	mg	0.24		0		4		0.07	0.41	
Copper, Cu	mg	0.036		0		4		0.010	0.061	
Manganese, Mn	mg									
Selenium, Se	mcg	0.7		1	A	1		0.2	1.2	
Vitamins:										
Vitamin C, total ascorbic acid	mg	3.3	0.600	13		1		0.9	5.6	
Thiamin	mg	0.014	0.000	13		1		0.004	0.024	
Riboflavin	mg	0.024	0.000	13		1		0.007	0.041	
Niacin	mg	0.414	0.016	13		1		0.117	0.704	
Pantothenic acid	mg	0.230		0		4		0.065	0.391	
Vitamin B-6	mg	0.075		0		4		0.021	0.128	
Folate, total	mcg	7		0		1		2	11	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	7		0		1		2	11	
Folate, DFE	mcg_DFE	7		0	NC	4		2	11	
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	
Vitamin A, RAE	mcg_RAE	122		0	NC	4		35	208	
Retinol	mcg	0		0	Z	7		0	0	
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	2444	243.000	13		1		693	4155	
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03279

Babyfood, dinner, mixed vegetable, junior

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3 **Fat** 8.4 **Carbohydrate** 3.8

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03278
Babyfood, dinner, mixed vegetable, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.70	0.200	16		1		25.15	100.23	
Energy....kcal	41		0	NC	4		12	46	
Energy....kJ	172				4		49	194	
Protein (N x 6.07)....g	1.20	0.000	13		1		0.34	1.36	
Total lipid (fat)....g	0.10	0.000	13		1		0.03	0.11	
Ash....g	0.50	0.000	13		1		0.14	0.57	
Carbohydrate, by difference....g	9.50		0	NC	4		2.69	10.74	
Fiber, total dietary....g									
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	22	2.000	13		1		6	25	
Iron, Fe....mg	0.33	0.030	13		1		0.09	0.37	
Magnesium, Mg....mg	11		0		4		3	12	
Phosphorus, P....mg	24		0		4		7	27	
Potassium, K....mg	121	4.000	13		1		34	137	
Sodium, Na....mg	8	0.000	13		1		2	9	
Zinc, Zn....mg	0.16		0		4		0.05	0.18	
Copper, Cu....mg	0.044		0		4		0.012	0.050	
Manganese, Mn....mg									
Selenium, Se....mcg	0.7		1	A	1		0.2	0.8	
Vitamins:									
Vitamin C, total ascorbic acid....mg	2.8	0.200	13		1		0.8	3.2	
Thiamin....mg	0.015	0.000	13		1		0.004	0.017	
Riboflavin....mg	0.031	0.000	13		1		0.009	0.035	
Niacin....mg	0.502	0.035	13		1		0.142	0.567	
Pantothenic acid....mg	0.277		0		4		0.079	0.313	
Vitamin B-6....mg	0.075		0		4		0.021	0.085	
Folate, total....mcg	8	1.400	3		1		2	9	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	8	1.400	3		1		2	9	
Folate, DFE....mcg_DFE	8		0	NC	4		2	9	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin A, RAE....mcg_RAE	136		0	NC	4		39	154	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	2728	274.000	13		1		773	3083	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03278

Babyfood, dinner, mixed vegetable, strained

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3 **Fat** 8.4 **Carbohydrate** 3.8

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03077
Babyfood, dinner, pasta with vegetables

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.30		0	FLM	4		98.65		
Energy	kcal	60		1	MC	9		68		
Energy	kJ	251		0		9		284		
Protein	g	1.70		1	MA	12		1.92		
Total lipid (fat)	g	2.10		1	MA	12		2.37		
Ash	g	0.41		1	MA	12		0.46		
Carbohydrate, by difference	g	8.40		1	MC	9		9.49		
Fiber, total dietary	g	1.5		1	MA	12		1.7		
Sugars, total	g	1.20		1	MA	12		1.36		
Starch	g									
Minerals:										
Calcium, Ca	mg	14		1	MA	12		16		
Iron, Fe	mg	0.50		1	MA	12		0.57		
Magnesium, Mg	mg	24		1	MA	12		27		
Phosphorus, P	mg	50		1	MA	12		57		
Potassium, K	mg	133		1	MA	12		150		
Sodium, Na	mg	11		1	MA	12		12		
Zinc, Zn	mg	0.40		1	MA	12		0.45		
Copper, Cu	mg	0.110		1	MA	12		0.124		
Manganese, Mn	mg	0.390		1	MA	12		0.441		
Selenium, Se	mcg	6.4		0	FLM	4		7.2		
Vitamins:										
Vitamin C, total ascorbic acid	mg	2.9		0	FLM	4		3.3		
Thiamin	mg	0.060		1	MA	12		0.068		
Riboflavin	mg	0.050		1	MA	12		0.057		
Niacin	mg	0.560		1	MA	12		0.633		
Pantothenic acid	mg	0.178		0	FLM	4		0.201		
Vitamin B-6	mg	0.110		1	MA	12		0.124		
Folate, total	mcg	9		0	FLM	4		10		
Folic acid	mcg	0		0	FLA	4		0		
Folate, food	mcg	9		0	FLM	4		10		
Folate, DFE	mcg_DFE	9		0	NC	4		10		
Choline, total	mg	6.4		0	FLA	4		7.3		
Betaine	mg									
Vitamin B-12	mcg	0.00		0	FLM	4		0.00		
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE	mcg_RAE	41		0	NC	4		46		
Retinol	mcg	16		0	FLA	4		18		
Carotene, beta	mcg	282		0	FLA	4		318		
Carotene, alpha	mcg	39		0	FLA	4		44		
Cryptoxanthin, beta	mcg	0		0	FLA	4		0		
Vitamin A, IU	IU	555		0	NC	4		627		
Lycopene	mcg	290		0	FLA	4		328		
Lutein + zeaxanthin	mcg	341		0	FLA	4		385		
Vitamin E (alpha-tocopherol)	mg	0.23		0	FLA	4		0.26		
Vitamin E, added	mg	0.00		0	Z	7		0.00		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0		
Vitamin K (phylloquinone)	mcg	2.1		0	FLA	4		2.4		
Lipids:										
Fatty acids, total saturated	g	1.230		0	FLM	4		1.390		
4:0	g	0.062		0	FLM	4		0.070		

NDB No. 03077
Babyfood, dinner, pasta with vegetables

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.037		0	FLM	4		0.042		
8:0....g	0.021		0	FLM	4		0.024		
10:0....g	0.048		0	FLM	4		0.054		
12:0....g	0.054		0	FLM	4		0.061		
13:0....g									
14:0....g	0.194		0	FLM	4		0.219		
15:0....g									
16:0....g	0.534		0	FLM	4		0.603		
17:0....g									
18:0....g	0.235		0	FLM	4		0.266		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.580		0	FLM	4		0.655		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.044		0	FLM	4		0.050		
17:1....g									
18:1 undifferentiated....g	0.507		0	FLM	4		0.573		
20:1....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated....g	0.000		0	FLM	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.144		0	FLM	4		0.163		
18:2 undifferentiated....g	0.110		0	FLM	4		0.124		
18:3 undifferentiated....g	0.034		0	FLM	4		0.038		
18:4....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	FLM	4		0.000		
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA)....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	5		0	FLM	4		6		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	FLM	4		0.0		
Caffeine....mg	0		0	FLA	4		0		
Theobromine....mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03304
Babyfood, dinner, potatoes with cheese and ham, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	81.50		1	MA	12		23.11		
Energy....kcal	78		0	MC	9		22		
Energy....kJ	326		0	MC	9		92		
Protein....g	3.50		1	MA	12		0.99		
Total lipid (fat)....g	2.00		1	MA	12		0.57		
Ash....g	1.03		1	MA	12		0.29		
Carbohydrate, by difference....g	11.97		0	NC	4		3.39		
Fiber, total dietary....g	1.2		1	MA	12		0.3		
Sugars, total....g	0.80		1	MA	12		0.23		
Starch....g									
Minerals:									
Calcium, Ca....mg	53		1	MA	12		15		
Iron, Fe....mg	0.40		1	MA	12		0.11		
Magnesium, Mg....mg	14		1	MA	12		4		
Phosphorus, P....mg	108		1	MA	12		31		
Potassium, K....mg	143		1	MA	12		41		
Sodium, Na....mg	205		1	MA	12		58		
Zinc, Zn....mg	0.60		1	MA	12		0.17		
Copper, Cu....mg	0.060		1	MA	12		0.017		
Manganese, Mn....mg	0.018		0	FLM	4		0.005		
Selenium, Se....mcg	5.5		0	FLM	4		1.6		
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.1		1	MA	12		0.0		
Thiamin....mg	0.050		1	MA	12		0.014		
Riboflavin....mg	0.100		1	MA	12		0.028		
Niacin....mg	1.060		1	MA	12		0.301		
Pantothenic acid....mg	0.345		0	FLM	4		0.098		
Vitamin B-6....mg	0.160		1	MA	12		0.045		
Folate, total....mcg	6		0	FLM	4		2		
Folic acid....mcg	0		0	Z	7		0		
Folate, food....mcg	6		0	FLM	4		2		
Folate, DFE....mcg_DFE	6		0	NC	4		2		
Choline, total....mg	15.4		0	FLA	4		4.4		
Betaine....mg	0.5		0	FLA	4		0.1		
Vitamin B-12....mcg	0.07		0	FLA	4		0.02		
Vitamin B-12, added....mcg	0.00		0	FLA	4		0.00		
Vitamin A, RAE....mcg_RAE	8		0	NC	4		2		
Retinol....mcg	8		0	BNA	4		2		
Carotene, beta....mcg	3		0	BNA	4		1		
Carotene, alpha....mcg	0		0	BNA	4		0		
Cryptoxanthin, beta....mcg	0		0	BNA	4		0		
Vitamin A, IU....IU	31		0	FLM	4		9		
Lycopene....mcg	0		0	FLA	4		0		
Lutein + zeaxanthin....mcg	5		0	FLA	4		1		
Vitamin E (alpha-tocopherol)....mg	0.02		0	FLA	4		0.01		
Vitamin E, added....mg	0.00		0	Z	7		0.00		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	AS	1		0.0		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4		0.0		
Vitamin D....IU	1		0	FLA	4		0		
Vitamin K (phylloquinone)....mcg	1.3		0	FLA	4		0.4		
Lipids:									
Fatty acids, total saturated....g	1.100		1	MA	12		0.312		
4:0....g	0.031		0	FLM	4		0.009		

NDB No. 03304
Babyfood, dinner, potatoes with cheese and ham, toddler

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.015		0	FLM	4		0.004		
8:0....g	0.008		0	FLM	4		0.002		
10:0....g	0.020		0	FLM	4		0.006		
12:0....g	0.020		0	FLM	4		0.006		
13:0....g									
14:0....g	0.112		0	FLM	4		0.032		
15:0....g									
16:0....g	0.493		0	FLM	4		0.140		
17:0....g									
18:0....g	0.219		0	FLM	4		0.062		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.733		0	FLM	4		0.208		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.070		0	FLM	4		0.020		
17:1....g									
18:1 undifferentiated....g	0.650		0	FLM	4		0.184		
20:1....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated....g	0.000		0	FLM	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.163		0	FLM	4		0.046		
18:2 undifferentiated....g	0.131		0	FLM	4		0.037		
18:3 undifferentiated....g	0.032		0	FLM	4		0.009		
18:4....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	FLM	4		0.000		
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA)....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	6		1	MA	12		2		
Phytosterols....mg	0		0	FLA	4		0		
Amino Acids:									
Tryptophan....g	0.036		0	FLA	4		0.010		
Threonine....g	0.118		0	FLA	4		0.033		
Isoleucine....g	0.143		0	FLA	4		0.041		
Leucine....g	0.231		0	FLA	4		0.065		
Lysine....g	0.235		0	FLA	4		0.067		
Methionine....g	0.069		0	FLA	4		0.020		
Cystine....g	0.034		0	FLA	4		0.010		
Phenylalanine....g	0.158		0	FLA	4		0.045		
Tyrosine....g	0.111		0	FLA	4		0.032		
Valine....g	0.177		0	FLA	4		0.050		
Arginine....g	0.167		0	FLA	4		0.047		
Histidine....g	0.094		0	FLA	4		0.027		
Alanine....g	0.129		0	FLA	4		0.037		
Aspartic acid....g	0.414		0	FLA	4		0.117		
Glutamic acid....g	0.583		0	FLA	4		0.165		
Glycine....g	0.109		0	FLA	4		0.031		
Proline....g	0.186		0	FLA	4		0.053		
Serine....g	0.142		0	FLA	4		0.040		
Hydroxyproline....g	0.000		0	FLA	4		0.000		
Others:									
Alcohol, ethyl....g	0.0		0	FLA	4		0.0		
Caffeine....mg	0		0	FLA	4		0		
Theobromine....mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03304

Babyfood, dinner, potatoes with cheese and ham, toddler

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03050
Babyfood, dinner, spaghetti and tomato and meat, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	84.17		0	MA	12		13.47	23.86	143.09
Energy	kcal	68		0	MC	9		11	19	116
Energy	kJ	285		0		9		46	81	484
Protein	g	2.57		0	MA	12		0.41	0.73	4.37
Total lipid (fat)	g	1.37		0	MA	12		0.22	0.39	2.33
Ash	g	0.47		0	MA	12		0.08	0.13	0.80
Carbohydrate, by difference	g	11.42		0	MC	9		1.83	3.24	19.41
Fiber, total dietary	g	1.1		0	MA	12		0.2	0.3	1.9
Sugars, total	g	2.72		0	MA	12		0.44	0.77	4.62
Sucrose	g	1.37		0	MA	12		0.22	0.39	2.34
Glucose (dextrose)	g	0.50		0	MA	12		0.08	0.14	0.84
Fructose	g	0.54		0	MA	12		0.09	0.15	0.92
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.31		0	MA	12		0.05	0.09	0.53
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	15		0	MA	12		2	4	26
Iron, Fe	mg	0.53		0	MA	12		0.08	0.15	0.90
Magnesium, Mg	mg	11		0	MA	12		2	3	19
Phosphorus, P	mg	35		0	MA	12		6	10	60
Potassium, K	mg	122		0	MA	12		20	35	207
Sodium, Na	mg	75		0	MA	12		12	21	128
Zinc, Zn	mg	0.53		0	MA	12		0.08	0.15	0.90
Copper, Cu	mg	0.030		0	MA	12		0.005	0.009	0.051
Manganese, Mn	mg	0.120		0	MA	12		0.019	0.034	0.204
Selenium, Se	mcg	8.4		0	FLM	4		1.3	2.4	14.3
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.2		0	MA	12		0.0	0.1	0.3
Thiamin	mg	0.048		0	MA	12		0.008	0.014	0.082
Riboflavin	mg	0.068		0	MA	12		0.011	0.019	0.116
Niacin	mg	0.967		0	MA	12		0.155	0.274	1.644
Pantothenic acid	mg	0.086		0	FLM	4		0.014	0.024	0.146
Vitamin B-6	mg	0.064		0	MA	12		0.010	0.018	0.109
Folate, total	mcg	27		0	FLM	4		4	8	46
Folic acid	mcg	24		0	NC	4		4	7	41
Folate, food	mcg	3		0		4		0	1	5
Folate, DFE	mcg_DFE	44		0	NC	4		7	12	74
Choline, total	mg	7.7		0	NR	4		1.2	2.2	13.2
Betaine	mg									
Vitamin B-12	mcg	0.03		0	FLM	4		0.00	0.01	0.05
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE (2)	mcg_RAE	63		0	NC	4		10	18	107
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	601		0	BNA	4		96	170	1021
Carotene, alpha	mcg	304		0	BNA	4		49	86	518
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU (1)	IU	1255		0	MA	12		201	356	2134
Lycopene	mcg	0		0	Z	7		0	0	0
Lutein + zeaxanthin	mcg	0		0	O	4		0	0	1
Vitamin E (alpha-tocopherol)	mg	0.07		0	NR	4		0.01	0.02	0.12
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	AS	1		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03050
Babyfood, dinner, spaghetti and tomato and meat, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D....IU	1		0	FLA	4		0	0	1
Vitamin K (phylloquinone)....mcg	0.8		0	O	4		0.1	0.2	1.4
Lipids:									
Fatty acids, total saturated....g	0.543		0	FLM	4		0.087	0.154	0.923
4:0....g	0.013		0	FLM	4		0.002	0.004	0.022
6:0....g	0.005		0	FLM	4		0.001	0.001	0.009
8:0....g	0.003		0	FLM	4		0.000	0.001	0.005
10:0....g	0.007		0	FLM	4		0.001	0.002	0.012
12:0....g	0.010		0	FLM	4		0.002	0.003	0.017
13:0....g									
14:0....g	0.044		0	FLM	4		0.007	0.012	0.075
15:0....g									
16:0....g	0.306		0	FLM	4		0.049	0.087	0.520
17:0....g									
18:0....g	0.142		0	FLM	4		0.023	0.040	0.241
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.497		0	FLM	4		0.080	0.141	0.845
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.030		0	FLM	4		0.005	0.009	0.051
17:1....g									
18:1 undifferentiated....g	0.451		0	FLM	4		0.072	0.128	0.767
20:1....g	0.007		0	FLM	4		0.001	0.002	0.012
22:1 undifferentiated....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.185		0	FLM	4		0.030	0.052	0.315
18:2 undifferentiated....g	0.165		0	FLM	4		0.026	0.047	0.281
18:3 undifferentiated....g	0.019		0	FLM	4		0.003	0.005	0.032
18:4....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.001		0	FLM	4		0.000	0.000	0.002
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	5		0	FLM	4		1	1	9
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine....mg	0		0	Z	7		0	0	0
Theobromine....mg	0		0	Z	7		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Footnotes:

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

NDB No. 03050
Babyfood, dinner, spaghetti and tomato and meat, junior

Calories Factors:	**Protein**	**Fat**	**Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03051
Babyfood, dinner, spaghetti and tomato and meat, toddler

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.60		1		1		23.13	138.72	
Energy	kcal	75		0	NC	4		21	128	
Energy	kJ	314				4		89	533	
Protein (N x 5.98)	g	5.30		6		1		1.50	9.01	
Total lipid (fat)	g	1.00		6		1		0.28	1.70	
Ash	g	1.30		1		1		0.37	2.21	
Carbohydrate, by difference	g	10.80		0	NC	4		3.06	18.36	
Fiber, total dietary	g									
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	22		6		1		6	37	
Iron, Fe	mg	0.90		6		1		0.26	1.53	
Magnesium, Mg	mg	15		1		1		4	26	
Phosphorus, P	mg	45		1		1		13	77	
Potassium, K	mg	163		1		1		46	277	
Sodium, Na	mg	358		1		1		101	609	
Zinc, Zn	mg	0.48		1		1		0.14	0.82	
Copper, Cu	mg	0.020		1		1		0.006	0.034	
Manganese, Mn	mg									
Selenium, Se	mcg	8.4		0	BFZN	4		2.4	14.3	
Vitamins:										
Vitamin C, total ascorbic acid	mg	4.1		6		1		1.2	7.0	
Thiamin	mg	0.062		6		1		0.018	0.105	
Riboflavin	mg	0.101		6		1		0.029	0.172	
Niacin	mg	1.558		6		1		0.442	2.649	
Pantothenic acid	mg									
Vitamin B-6	mg	0.083		6		1		0.024	0.141	
Folate, total	mcg	32		0	FLM	4		9	54	
Folic acid	mcg	26		0	NC	4		7	44	
Folate, food	mcg	6		0		4		2	10	
Folate, DFE	mcg_DFE	50		0	NC	4		14	85	
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.23		0		4		0.07	0.39	
Vitamin A, RAE	mcg_RAE	22		0	NC	4		6	38	
Retinol	mcg	0		0	Z	7		0	0	
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	443	116.000	6		1		126	753	
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									
Amino Acids:										
Tryptophan	g	0.065		0		1		0.018	0.111	
Threonine	g	0.197		0		1		0.056	0.335	
Isoleucine	g	0.268		0		1		0.076	0.456	
Leucine	g	0.413		0		1		0.117	0.702	

NDB No. 03051
Babyfood, dinner, spaghetti and tomato and meat, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Lysine....g	0.313		0		1		0.089	0.532	
Methionine....g	0.104		0		1		0.029	0.177	
Cystine....g	0.066		0		1		0.019	0.112	
Phenylalanine....g	0.241		0		1		0.068	0.410	
Tyrosine....g	0.184		0		1		0.052	0.313	
Valine....g	0.286		0		1		0.081	0.486	
Arginine....g	0.284		0		1		0.081	0.483	
Histidine....g	0.141		0		1		0.040	0.240	
Alanine....g	0.269		0		1		0.076	0.457	
Aspartic acid....g	0.470		0		1		0.133	0.799	
Glutamic acid....g	1.297		0		1		0.368	2.205	
Glycine....g	0.254		0		1		0.072	0.432	
Proline....g	0.442		0		1		0.125	0.751	
Serine....g	0.202		0		1		0.057	0.343	
Hydroxyproline....g									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1 **Fat** 8.9 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03303
Babyfood, dinner, sweet potatoes and chicken, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	83.70		1	MA	12		13.39	94.58	
Energy....kcal	74		0	MC	9		12	84	
Energy....kJ	310		0		9		50	350	
Protein....g	2.51		1	MA	12		0.40	2.84	
Total lipid (fat)....g	2.17		1	MA	12		0.35	2.45	
Ash....g	0.58		1	MA	12		0.09	0.66	
Carbohydrate, by difference....g	11.04		0	MC	9		1.77	12.48	
Fiber, total dietary....g	1.3		1	MA	12		0.2	1.5	
Sugars, total....g	5.37		1	MA	12		0.86	6.07	
Starch....g									
Minerals:									
Calcium, Ca....mg	30		1	MA	12		5	34	
Iron, Fe....mg	0.45		1	MA	12		0.07	0.51	
Magnesium, Mg....mg	13		1	MA	12		2	15	
Phosphorus, P....mg	25		0	FLM	4		4	28	
Potassium, K....mg	200		1	MA	12		32	226	
Sodium, Na....mg	22		1	MA	12		4	25	
Zinc, Zn....mg	0.37		1	MA	12		0.06	0.42	
Copper, Cu....mg	0.081		0	FLM	4		0.013	0.092	
Manganese, Mn....mg	0.153		0	FLM	4		0.024	0.173	
Selenium, Se....mcg	1.7		0	FLM	4		0.3	1.9	
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.0		1	MA	12		0.0	0.0	
Thiamin....mg	0.020		1	MA	12		0.003	0.023	
Riboflavin....mg	0.040		1	MA	12		0.006	0.045	
Niacin....mg	1.040		1	MA	12		0.166	1.175	
Pantothenic acid....mg	0.329		0	FLM	4		0.053	0.372	
Vitamin B-6....mg	0.137		0	FLM	4		0.022	0.155	
Folate, total....mcg	6		0	FLM	4		1	7	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	6		0	FLM	4		1	7	
Folate, DFE....mcg_DFE	6		0	NC	4		1	7	
Choline, total....mg	11.8		0	FLM	4		1.9	13.4	
Betaine....mg									
Vitamin B-12....mcg	0.05		0	FLM	4		0.01	0.06	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	216		0	NC	4		35	245	
Retinol....mcg	1		0	BNA	4		0	1	
Carotene, beta....mcg	2590		0	BNA	4		414	2926	
Carotene, alpha....mcg	0		0	BNA	4		0	0	
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	
Vitamin A, IU....IU	4318		0	NC	4		691	4879	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	0		0	FLA	4		0	0	
Vitamin E (alpha-tocopherol)....mg	0.58		0	FLA	4		0.09	0.65	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.1		0	FLA	4		0.0	0.1	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.1		0	FLA	4		0.0	0.1	
Vitamin D....IU	4		0	FLA	4		1	4	
Vitamin K (phylloquinone)....mcg	1.3		0	FLA	4		0.2	1.5	
Lipids:									
Fatty acids, total saturated....g	0.572		0	FLM	4		0.092	0.646	
4:0....g	0.000		0	FLM	4		0.000	0.000	

NDB No. 03303

Babyfood, dinner, sweet potatoes and chicken, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ....g	0.000		0	FLM	4		0.000	0.000	
8:0 ....g	0.000		0	FLM	4		0.000	0.000	
10:0 ....g	0.000		0	FLM	4		0.000	0.000	
12:0 ....g	0.001		0	FLM	4		0.000	0.001	
13:0 ....g									
14:0 ....g	0.016		0	FLM	4		0.003	0.018	
15:0 ....g									
16:0 ....g	0.437		0	FLM	4		0.070	0.494	
17:0 ....g									
18:0 ....g	0.118		0	FLM	4		0.019	0.133	
20:0 ....g									
22:0 ....g									
24:0 ....g									
Fatty acids, total monounsaturated ....g	0.980		1	MA	12		0.157	1.107	
14:1 ....g									
15:1 ....g									
16:1 undifferentiated ....g	0.095		0	FLM	4		0.015	0.107	
17:1 ....g									
18:1 undifferentiated ....g	0.803		0	FLM	4		0.128	0.907	
20:1 ....g	0.014		0	FLM	4		0.002	0.016	
22:1 undifferentiated ....g	0.000		0	FLM	4		0.000	0.000	
24:1 c ....g									
Fatty acids, total polyunsaturated ....g	0.480		1	MA	12		0.077	0.542	
18:2 undifferentiated ....g	0.487		0	FLM	4		0.078	0.550	
18:3 undifferentiated ....g	0.024		0	FLM	4		0.004	0.027	
18:4 ....g	0.000		0	FLM	4		0.000	0.000	
20:2 n-6 c,c ....g									
20:3 undifferentiated ....g									
20:4 undifferentiated ....g	0.005		0	FLM	4		0.001	0.006	
20:5 n-3 (EPA) ....g	0.000		0	FLM	4		0.000	0.000	
22:5 n-3 (DPA) ....g	0.000		0	FLM	4		0.000	0.000	
22:6 n-3 (DHA) ....g	0.000		0	FLM	4		0.000	0.000	
Fatty acids, total trans ....g									
Cholesterol ....mg	11		1	MA	12		2	12	
Phytosterols ....mg	0		0	FLM	4		0	0	
Others:									
Alcohol, ethyl ....g	0.0		0	Z	7		0.0	0.0	
Caffeine ....mg	0		0	Z	7		0	0	
Theobromine ....mg	0		0	Z	7		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 113g: 1 jar Beech-Nut Stage 2 (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03083
Babyfood, dinner, turkey and rice, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	86.64		0	MA	12		13.86	24.56	147.29
Energy	kcal	56		0	MC	9		9	16	95
Energy	kJ	234		0		9		37	66	398
Protein	g	2.37		0	MA	12		0.38	0.67	4.03
Total lipid (fat)	g	0.92		0	MA	12		0.15	0.26	1.56
Ash	g	0.50		0	MA	12		0.08	0.14	0.85
Carbohydrate, by difference	g	9.57		0	MC	9		1.53	2.71	16.27
Fiber, total dietary	g	1.0		0	MA	12		0.2	0.3	1.7
Sugars, total	g	1.25		0	MA	12		0.20	0.35	2.13
Sucrose	g	0.68		0	MA	12		0.11	0.19	1.16
Glucose (dextrose)	g	0.24		0	MA	12		0.04	0.07	0.41
Fructose	g	0.23		0	FLM	4		0.04	0.07	0.39
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.11		0	MA	12		0.02	0.03	0.19
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	24		0	MA	12		4	7	41
Iron, Fe	mg	0.41		0	MA	12		0.07	0.12	0.70
Magnesium, Mg	mg	9		0	MA	12		1	3	15
Phosphorus, P	mg	37		0	MA	12		6	10	63
Potassium, K	mg	86		0	MA	12		14	24	146
Sodium, Na	mg	80		0	MA	12		13	23	136
Zinc, Zn	mg	0.47		0	MA	12		0.08	0.13	0.80
Copper, Cu	mg	0.030		0	MA	12		0.005	0.009	0.051
Manganese, Mn	mg	0.120		0	MA	12		0.019	0.034	0.204
Selenium, Se	mcg	3.3		0	FLM	4		0.5	0.9	5.6
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.3		0	MA	12		0.0	0.1	0.5
Thiamin	mg	0.033		0	MA	12		0.005	0.009	0.056
Riboflavin	mg	0.044		0	MA	12		0.007	0.012	0.075
Niacin	mg	0.692		0	MA	12		0.111	0.196	1.176
Pantothenic acid	mg	0.200		0	FLM	4		0.032	0.057	0.340
Vitamin B-6	mg	0.052		0	MA	12		0.008	0.015	0.088
Folate, total	mcg	8		0	FLM	4		1	2	14
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	8		0	FLM	4		1	2	14
Folate, DFE	mcg_DFE	8		0	NC	4		1	2	14
Choline, total	mg	7.7		0	FLA	4		1.2	2.2	13.1
Betaine	mg									
Vitamin B-12	mcg	0.02		0	FLM	4		0.00	0.01	0.03
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE (2)	mcg_RAE	94		0	NC	4		15	27	160
Retinol	mcg	0		0	FLA	4		0	0	0
Carotene, beta	mcg	927		0	FLA	4		148	263	1576
Carotene, alpha	mcg	410		0	FLA	4		66	116	696
Cryptoxanthin, beta	mcg	0		0	FLA	4		0	0	0
Vitamin A, IU (1)	IU	1886		0	NC	4		302	535	3206
Lycopene	mcg	1127		0	FLA	4		180	320	1917
Lutein + zeaxanthin	mcg	134		0	FLA	4		21	38	227
Vitamin E (alpha-tocopherol)	mg	0.31		0	FLA	4		0.05	0.09	0.53
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	AS	1		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03083
Babyfood, dinner, turkey and rice, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	0.0		0	O	4		0.0	0.0	0.0
Vitamin D....IU	0		0	O	4		0	0	0
Vitamin K (phylloquinone)....mcg	3.0		0	FLA	4		0.5	0.8	5.1
Lipids:									
Fatty acids, total saturated....g	0.239		0	FLM	4		0.038	0.068	0.406
4:0....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0....g	0.000		0	FLM	4		0.000	0.000	0.000
12:0....g	0.001		0	FLM	4		0.000	0.000	0.002
13:0....g									
14:0....g	0.008		0	FLM	4		0.001	0.002	0.014
15:0....g									
16:0....g	0.157		0	FLM	4		0.025	0.045	0.267
17:0....g									
18:0....g	0.052		0	FLM	4		0.008	0.015	0.088
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.304		0	FLM	4		0.049	0.086	0.517
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.032		0	FLM	4		0.005	0.009	0.054
17:1....g									
18:1 undifferentiated....g	0.261		0	FLM	4		0.042	0.074	0.444
20:1....g	0.002		0	FLM	4		0.000	0.001	0.003
22:1 undifferentiated....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.233		0	FLM	4		0.037	0.066	0.396
18:2 undifferentiated....g	0.203		0	FLM	4		0.032	0.058	0.345
18:3 undifferentiated....g	0.016		0	FLM	4		0.003	0.005	0.027
18:4....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.007		0	FLM	4		0.001	0.002	0.012
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.001		0	FLM	4		0.000	0.000	0.002
22:6 n-3 (DHA)....g	0.002		0	FLM	4		0.000	0.001	0.003
Fatty acids, total trans....g									
Cholesterol....mg	4		0	FLM	4		1	1	7
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Footnotes:

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

NDB No. 03083
Babyfood, dinner, turkey and rice, junior

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03082
Babyfood, dinner, turkey and rice, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.22		0	MA	12		14.12	25.01	99.69
Energy	kcal	52		0	MC	9		8	15	59
Energy	kJ	218		0		9		35	62	246
Protein	g	2.27		0	MA	12		0.36	0.64	2.57
Total lipid (fat)	g	1.24		0	MA	12		0.20	0.35	1.40
Ash	g	0.33		0	MA	12		0.05	0.09	0.37
Carbohydrate, by difference	g	7.94		0	MC	9		1.27	2.25	8.97
Fiber, total dietary	g	0.9		0	MA	12		0.1	0.3	1.0
Sugars, total	g	1.66		0	MA	12		0.27	0.47	1.88
Sucrose	g	0.67		0	MA	12		0.11	0.19	0.76
Glucose (dextrose)	g	0.33		0	MA	12		0.05	0.09	0.37
Fructose	g	0.30		0	MA	12		0.05	0.09	0.34
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.37		0	MA	12		0.06	0.10	0.42
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	18		0	MA	12		3	5	20
Iron, Fe	mg	0.29		0	MA	12		0.05	0.08	0.33
Magnesium, Mg	mg	8		0	MA	12		1	2	9
Phosphorus, P	mg	34		0	MA	12		5	10	38
Potassium, K	mg	91		0	MA	12		15	26	103
Sodium, Na	mg	20		0	MA	12		3	6	23
Zinc, Zn	mg	0.40		0	MA	12		0.06	0.11	0.45
Copper, Cu	mg	0.030		0	MA	12		0.005	0.009	0.034
Manganese, Mn	mg	0.130		0	MA	12		0.021	0.037	0.147
Selenium, Se	mcg	3.0		0	FLM	4		0.5	0.9	3.4
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.2		0	MA	12		0.0	0.1	0.2
Thiamin	mg	0.022		0	MA	12		0.004	0.006	0.025
Riboflavin	mg	0.040		0	MA	12		0.006	0.011	0.045
Niacin	mg	0.648		0	MA	12		0.104	0.184	0.732
Pantothenic acid	mg	0.177		0	FLM	4		0.028	0.050	0.200
Vitamin B-6	mg	0.052		0	MA	12		0.008	0.015	0.059
Folate, total	mcg	4		0	FLM	4		1	1	5
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	4		0	FLM	4		1	1	5
Folate, DFE	mcg_DFE	4		0	NC	4		1	1	5
Choline, total	mg	6.8		0	FLA	4		1.1	1.9	7.7
Betaine	mg									
Vitamin B-12	mcg	0.02		0	FLM	4		0.00	0.01	0.02
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE (2)	mcg_RAE	81		0	NC	4		13	23	92
Retinol	mcg	0		0	FLA	4		0	0	0
Carotene, beta	mcg	789		0	FLA	4		126	224	892
Carotene, alpha	mcg	368		0	FLA	4		59	104	416
Cryptoxanthin, beta	mcg	0		0	FLA	4		0	0	0
Vitamin A, IU (1)	IU	1622		0	NC	4		260	460	1833
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	38		0	FLA	4		6	11	43
Vitamin E (alpha-tocopherol)	mg	0.14		0	FLA	4		0.02	0.04	0.16
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	AS	1		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03082
Babyfood, dinner, turkey and rice, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D....IU	0		0	FLA	4		0	0	0
Vitamin K (phylloquinone)....mcg	1.5		0	FLA	4		0.2	0.4	1.7
Lipids:									
Fatty acids, total saturated....g	0.338		0	FLM	4		0.054	0.096	0.382
4:0....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0....g	0.000		0	FLM	4		0.000	0.000	0.000
12:0....g	0.000		0	FLM	4		0.000	0.000	0.000
13:0....g									
14:0....g	0.011		0	FLM	4		0.002	0.003	0.012
15:0....g									
16:0....g	0.223		0	FLM	4		0.036	0.063	0.252
17:0....g									
18:0....g	0.074		0	FLM	4		0.012	0.021	0.084
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.446		0	FLM	4		0.071	0.126	0.504
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.051		0	FLM	4		0.008	0.014	0.058
17:1....g									
18:1 undifferentiated....g	0.380		0	FLM	4		0.061	0.108	0.429
20:1....g	0.003		0	FLM	4		0.000	0.001	0.003
22:1 undifferentiated....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.308		0	FLM	4		0.049	0.087	0.348
18:2 undifferentiated....g	0.272		0	FLM	4		0.044	0.077	0.307
18:3 undifferentiated....g	0.020		0	FLM	4		0.003	0.006	0.023
18:4....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.008		0	FLM	4		0.001	0.002	0.009
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.001		0	FLM	4		0.000	0.000	0.001
22:6 n-3 (DHA)....g	0.002		0	FLM	4		0.000	0.001	0.002
Fatty acids, total trans....g									
Cholesterol....mg	5		0	FLM	4		1	1	6
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Footnotes:

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

NDB No. 03082
Babyfood, dinner, turkey and rice, strained

Calories Factors:	**Protein**	**Fat**	**Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03296
Babyfood, dinner, turkey, rice, and vegetables, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	86.30		0	MA	12		24.47	146.71	
Energy....kcal	59		0	MC	9		17	100	
Energy....kJ	247		0		9		70	420	
Protein....g	3.80		0	MA	12		1.08	6.46	
Total lipid (fat)....g	1.60		0	MA	12		0.45	2.72	
Ash....g	0.80		0	MA	12		0.23	1.36	
Carbohydrate, by difference....g	7.50		0	MC	9		2.13	12.75	
Fiber, total dietary....g	0.8		0	MA	12		0.2	1.4	
Sugars, total....g	0.66		0	FLA	4		0.19	1.12	
Starch....g									
Minerals:									
Calcium, Ca....mg	11		0	MA	12		3	19	
Iron, Fe....mg	0.40		0	MA	12		0.11	0.68	
Magnesium, Mg....mg	14		0	MA	12		4	24	
Phosphorus, P....mg	63		0	MA	12		18	107	
Potassium, K....mg	107		0	MA	12		30	182	
Sodium, Na....mg	183		0	MA	12		52	311	
Zinc, Zn....mg	0.61		0	MA	12		0.17	1.04	
Copper, Cu....mg	0.100		0	MA	12		0.028	0.170	
Manganese, Mn....mg	0.230		0	MA	12		0.065	0.391	
Selenium, Se....mcg	3.3		0	FLM	4		0.9	5.6	
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.3		0	MA	12		0.1	0.5	
Thiamin....mg	0.070		0	MA	12		0.020	0.119	
Riboflavin....mg	0.070		0	MA	12		0.020	0.119	
Niacin....mg	2.110		0	MA	12		0.598	3.587	
Pantothenic acid....mg	0.264		0	FLM	4		0.075	0.449	
Vitamin B-6....mg	0.130		0	MA	12		0.037	0.221	
Folate, total....mcg	3		0		4		1	5	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	3		0		4		1	5	
Folate, DFE....mcg_DFE	3		0	NC	4		1	5	
Choline, total....mg	11.6		0	FLM	4		3.3	19.7	
Betaine....mg									
Vitamin B-12....mcg	0.10		0		4		0.03	0.17	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	113		0	NC	4		32	193	
Retinol....mcg	0		0	BNA	4		0	0	
Carotene, beta....mcg	1116		0	BNA	4		316	1898	
Carotene, alpha....mcg	489		0	BNA	4		139	832	
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	
Vitamin A, IU....IU	2268		0	NC	4		643	3856	
Lycopene....mcg	65		0	FLA	4		19	111	
Lutein + zeaxanthin....mcg	153		0	FLA	4		43	261	
Vitamin E (alpha-tocopherol)....mg	0.15		0	FLA	4		0.04	0.25	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	AS	1		0.0	0.1	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4		0.0	0.1	
Vitamin D....IU	2		0	FLA	4		1	3	
Vitamin K (phylloquinone)....mcg	3.9		0	FLA	4		1.1	6.7	
Lipids:									
Fatty acids, total saturated....g	0.500		0	MA	12		0.142	0.850	
4:0....g	0.000		0	BFFN	4		0.000	0.000	

NDB No. 03296

Babyfood, dinner, turkey, rice, and vegetables, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0	BFFN	4		0.000	0.000	
8:0 ... g	0.000		0	BFFN	4		0.000	0.000	
10:0 ... g	0.000		0	BFFN	4		0.000	0.000	
12:0 ... g	0.000		0	BFFN	4		0.000	0.000	
13:0 ... g									
14:0 ... g	0.007		0	BFFN	4		0.002	0.012	
15:0 ... g									
16:0 ... g	0.310		0	MC	9		0.088	0.527	
17:0 ... g									
18:0 ... g	0.078		0	MC	9		0.022	0.133	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.555		0	BFFN	4		0.157	0.944	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.058		0	MC	9		0.016	0.099	
17:1 ... g									
18:1 undifferentiated ... g	0.497		0	MC	9		0.141	0.845	
20:1 ... g	0.000		0	BFFN	4		0.000	0.000	
22:1 undifferentiated ... g	0.000		0	BFFN	4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.309		0	BFFN	4		0.088	0.525	
18:2 undifferentiated ... g	0.299		0	MC	9		0.085	0.508	
18:3 undifferentiated ... g	0.010		0	MC	9		0.003	0.017	
18:4 ... g	0.000		0	BFFN	4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	BFFN	4		0.000	0.000	
20:5 n-3 (EPA) ... g	0.000		0	BFFN	4		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0	BFFN	4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.000		0	BFFN	4		0.000	0.000	
Fatty acids, total trans ... g									
Cholesterol ... mg	7		0	MA	12		2	13	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0	0.0	
Caffeine ... mg	0		0	FLA	4		0	0	
Theobromine ... mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar Beech nut

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03059
Babyfood, dinner, vegetables and bacon, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	85.75		0	MA	12		219.52	13.72	24.31
Energy	kcal	69		0	NC	4		178	11	20
Energy	kJ	291		0	NC	4		744	47	82
Protein	g	1.92		0	MA	12		4.92	0.31	0.54
Total lipid (fat)	g	2.95		0	MA	12		7.55	0.47	0.84
Ash	g	0.40		0	MA	12		1.02	0.06	0.11
Carbohydrate, by difference	g	8.81		0	MC	9		22.55	1.41	2.50
Fiber, total dietary	g	1.7		0	MA	12		4.4	0.3	0.5
Sugars, total	g	1.77		0	MA	12		4.53	0.28	0.50
Sucrose	g	0.60		0	MA	12		1.54	0.10	0.17
Glucose (dextrose)	g	0.41		0	MA	12		1.05	0.07	0.12
Fructose	g	0.36		0	MA	12		0.92	0.06	0.10
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.40		0	MA	12		1.02	0.06	0.11
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	14		0	MA	12		36	2	4
Iron, Fe	mg	0.30		0	MA	12		0.77	0.05	0.09
Magnesium, Mg	mg	10		0	MA	12		26	2	3
Phosphorus, P	mg	28		0	MA	12		72	4	8
Potassium, K	mg	116		0	MA	12		297	19	33
Sodium, Na	mg	49		0	MA	12		125	8	14
Zinc, Zn	mg	0.30		0	MA	12		0.77	0.05	0.09
Copper, Cu	mg	0.040		0	MA	12		0.102	0.006	0.011
Manganese, Mn	mg	0.140		0	MA	12		0.358	0.022	0.040
Selenium, Se	mcg	1.7		0	FLM	4		4.4	0.3	0.5
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.3		0	MA	12		0.8	0.0	0.1
Thiamin	mg	0.032		0	MA	12		0.082	0.005	0.009
Riboflavin	mg	0.039		0	MA	12		0.100	0.006	0.011
Niacin	mg	0.474		0	MA	12		1.213	0.076	0.134
Pantothenic acid	mg	0.160		0	FLM	4		0.410	0.026	0.045
Vitamin B-6	mg	0.058		0	MA	12		0.148	0.009	0.016
Folate, total	mcg	3		0	FLM	4		8	0	1
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	3		0	FLM	4		8	0	1
Folate, DFE	mcg_DFE	3		0	NC	4		8	0	1
Choline, total	mg	16.4		0	FLA	4		42.0	2.6	4.6
Betaine	mg									
Vitamin B-12	mcg	0.06		0	FLM	4		0.15	0.01	0.02
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	114		0	NC	4		293	18	32
Retinol	mcg	0		0	BNA	4		0	0	0
Carotene, beta	mcg	1112		0	BNA	4		2848	178	315
Carotene, alpha	mcg	515		0	BNA	4		1320	82	146
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU	IU	2284		0	NC	4		5847	365	648
Lycopene	mcg	1		0	BFSN	4		2	0	0
Lutein + zeaxanthin	mcg	225		0	BFSN	4		575	36	64
Vitamin E (alpha-tocopherol)	mg	0.51		0	BFSN	4		1.29	0.08	0.14
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	AS	1		0.1	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03059
Babyfood, dinner, vegetables and bacon, strained

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4		0.1	0.0	0.0
Vitamin D....IU	1		0	FLA	4		4	0	0
Vitamin K (phylloquinone)....mcg	9.1		0	BFSN	4		23.3	1.5	2.6
Lipids:									
Fatty acids, total saturated....g	1.063		0	FLM	4		2.721	0.170	0.301
4:0....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0....g	0.004		0	FLM	4		0.010	0.001	0.001
12:0....g	0.005		0	FLM	4		0.013	0.001	0.001
13:0....g									
14:0....g	0.036		0	FLM	4		0.092	0.006	0.010
15:0....g									
16:0....g	0.670		0	FLM	4		1.715	0.107	0.190
17:0....g									
18:0....g	0.345		0	FLM	4		0.883	0.055	0.098
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	1.347		0	FLM	4		3.448	0.216	0.382
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.090		0	FLM	4		0.230	0.014	0.026
17:1....g									
18:1 undifferentiated....g	1.244		0	FLM	4		3.185	0.199	0.353
20:1....g	0.011		0	FLM	4		0.028	0.002	0.003
22:1 undifferentiated....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.377		0	FLM	4		0.965	0.060	0.107
18:2 undifferentiated....g	0.327		0	FLM	4		0.837	0.052	0.093
18:3 undifferentiated....g	0.045		0	FLM	4		0.115	0.007	0.013
18:4....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.005		0	FLM	4		0.013	0.001	0.001
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	4		0	FLM	4		10	1	1
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine....mg	0		0	BFSN	4		0	0	0
Theobromine....mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03054
Babyfood, dinner, vegetables and beef, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	84.94	0.539	3	A	1		217.44	13.59	24.08
Energy	kcal	77		0	NC	4		196	12	22
Energy	kJ	321		0	NC	4		821	51	91
Protein	g	2.21	0.335	3	A	1		5.65	0.35	0.63
Total lipid (fat)	g	3.60	1.383	3	A	1		9.22	0.58	1.02
Ash	g	0.41	0.038	3	A	1		1.06	0.07	0.12
Carbohydrate, by difference	g	8.84		0	NC	4		22.63	1.41	2.51
Fiber, total dietary	g	1.3		2	A	1		3.2	0.2	0.4
Sugars, total	g	2.34		2	A	1		5.99	0.37	0.66
Sucrose	g	1.01		2	A	1		2.59	0.16	0.29
Glucose (dextrose)	g	0.63		2	A	1		1.60	0.10	0.18
Fructose	g	0.58		2	A	1		1.49	0.09	0.17
Lactose	g	0.00		2	A	1		0.00	0.00	0.00
Maltose	g	0.12		2	A	1		0.30	0.02	0.03
Galactose	g	0.00		2	A	1		0.00	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	17		2	A	1		42	3	5
Iron, Fe	mg	0.35		2	A	1		0.91	0.06	0.10
Magnesium, Mg	mg	10		2	A	1		25	2	3
Phosphorus, P	mg	33		2	A	1		83	5	9
Potassium, K	mg	145		2	A	1		371	23	41
Sodium, Na	mg	21		2	A	1		54	3	6
Zinc, Zn	mg	0.38		2	A	1		0.99	0.06	0.11
Copper, Cu	mg	0.030		2	A	1		0.077	0.005	0.008
Manganese, Mn	mg	0.106		2	A	1		0.273	0.017	0.030
Selenium, Se	mcg	2.2		2	A	1		5.7	0.4	0.6
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.2		0	MA	12		0.5	0.0	0.1
Thiamin	mg	0.008		1	A	1		0.021	0.001	0.002
Riboflavin	mg	0.048		1	JA	6		0.124	0.008	0.014
Niacin	mg	0.789		1	JA	6		2.020	0.126	0.224
Pantothenic acid	mg	0.099		1	A	1		0.253	0.016	0.028
Vitamin B-6	mg	0.063		1	JA	6		0.160	0.010	0.018
Folate, total	mcg	6		2	A	1		14	1	2
Folic acid	mcg	3		2	A	1		6	0	1
Folate, food	mcg	3		0	AS	1		8	0	1
Folate, DFE	mcg_DFE	7		0	NC	4		19	1	2
Choline, total	mg	16.5	2.544	3	AS	1		42.2	2.6	4.7
Betaine	mg	1.1	0.254	3	A	1		2.7	0.2	0.3
Vitamin B-12	mcg	0.33		1	A	1		0.83	0.05	0.09
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE (2)	mcg_RAE	246		0	NC	4		631	39	70
Retinol	mcg	0		0	FLA	4		0	0	0
Carotene, beta	mcg	2545		2	A	1		6515	407	722
Carotene, alpha	mcg	810		2	A	1		2074	130	230
Cryptoxanthin, beta	mcg	11		2	A	1		28	2	3
Vitamin A, IU (1)	IU	4926		0	NC	4		12610	788	1396
Lycopene	mcg	627		2	A	1		1604	100	178
Lutein + zeaxanthin	mcg	51		0	FLA	4		130	8	14
Vitamin E (alpha-tocopherol)	mg	0.49		2	A	1		1.25	0.08	0.14
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg	0.00		2	A	1		0.00	0.00	0.00
Tocopherol, gamma	mg	0.17		2	A	1		0.44	0.03	0.05
Tocopherol, delta	mg	0.00		2	A	1		0.00	0.00	0.00
Vitamin D (D2 + D3)	mcg	0.0		0	NR	4		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03054
Babyfood, dinner, vegetables and beef, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	1		0	FLA	4		2	0	0
Vitamin K (phylloquinone).....mcg	5.2		2	A	1		13.3	0.8	1.5
Lipids:									
Fatty acids, total saturated.....g	1.367		0	NC	4		3.501	0.219	0.388
4:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0.....g	0.000		1	A	1		0.000	0.000	0.000
10:0.....g	0.000		1	A	1		0.000	0.000	0.000
12:0.....g	0.000		1	A	1		0.000	0.000	0.000
13:0.....g									
14:0.....g	0.070		1	A	1		0.179	0.011	0.020
15:0.....g	0.010		1	A	1		0.025	0.002	0.003
16:0.....g	0.470		1	A	1		1.203	0.075	0.133
17:0.....g	0.020		1	A	1		0.051	0.003	0.006
18:0.....g	0.300		1	A	1		0.768	0.048	0.085
20:0.....g	0.000		1	A	1		0.000	0.000	0.000
22:0.....g	0.000		1	A	1		0.000	0.000	0.000
24:0.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated.....g	1.289		0	NC	4		3.299	0.206	0.365
14:1.....g	0.020		1	A	1		0.051	0.003	0.006
15:1.....g	0.000		1	A	1		0.000	0.000	0.000
16:1 undifferentiated.....g	0.070		1	A	1		0.179	0.011	0.020
17:1.....g	0.020		1	A	1		0.051	0.003	0.006
18:1 undifferentiated.....g	0.710		1	A	1		1.818	0.114	0.201
20:1.....g	0.000		1	A	1		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
24:1 c.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated.....g	0.298		0	NC	4		0.764	0.048	0.085
18:2 undifferentiated.....g	0.140		1	A	1		0.358	0.022	0.040
18:3 undifferentiated.....g	0.030		1	A	1		0.077	0.005	0.008
18:4.....g	0.020		1	A	1		0.051	0.003	0.006
20:2 n-6 c,c.....g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:5 n-3 (EPA).....g	0.000		1	A	1		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		1	A	1		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	7		2	A	1		19	1	2
Phytosterols.....mg	0		0	FLA	4		0	0	0
Amino Acids:									
Tryptophan.....g	0.020		0	FLA	4		0.051	0.003	0.006
Threonine.....g	0.089		0	FLA	4		0.229	0.014	0.025
Isoleucine.....g	0.099		0	FLA	4		0.254	0.016	0.028
Leucine.....g	0.170		0	FLA	4		0.436	0.027	0.048
Lysine.....g	0.164		0	FLA	4		0.420	0.026	0.047
Methionine.....g	0.052		0	FLA	4		0.134	0.008	0.015
Cystine.....g	0.030		0	FLA	4		0.077	0.005	0.009
Phenylalanine.....g	0.097		0	FLA	4		0.247	0.015	0.027
Tyrosine.....g	0.078		0	FLA	4		0.200	0.012	0.022
Valine.....g	0.115		0	FLA	4		0.295	0.018	0.033
Arginine.....g	0.144		0	FLA	4		0.368	0.023	0.041
Histidine.....g	0.066		0	FLA	4		0.169	0.011	0.019
Alanine.....g	0.133		0	FLA	4		0.339	0.021	0.038
Aspartic acid.....g	0.277		0	FLA	4		0.709	0.044	0.079
Glutamic acid.....g	0.442		0	FLA	4		1.133	0.071	0.125
Glycine.....g	0.119		0	FLA	4		0.305	0.019	0.034
Proline.....g	0.102		0	FLA	4		0.262	0.016	0.029
Serine.....g	0.095		0	FLA	4		0.244	0.015	0.027
Hydroxyproline.....g	0.016		0	FLA	4		0.041	0.003	0.004
Others:									

NDB No. 03054
Babyfood, dinner, vegetables and beef, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl.....g	0.0		0	FLA	4		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Footnotes:

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03053
Babyfood, dinner, vegetables and beef, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	84.94	0.539	3	A	1		217.44	13.59	24.08
Energy	kcal	77		0	NC	4		196	12	22
Energy	kJ	321		0	NC	4		821	51	91
Protein	g	2.21	0.335	3	A	1		5.65	0.35	0.63
Total lipid (fat)	g	3.60	1.383	3	A	1		9.22	0.58	1.02
Ash	g	0.41	0.038	3	A	1		1.06	0.07	0.12
Carbohydrate, by difference	g	8.84		0	NC	4		22.63	1.41	2.51
Fiber, total dietary	g	1.3		2	A	1		3.2	0.2	0.4
Sugars, total	g	2.34		2	A	1		5.99	0.37	0.66
Sucrose	g	1.01		2	A	1		2.59	0.16	0.29
Glucose (dextrose)	g	0.63		2	A	1		1.60	0.10	0.18
Fructose	g	0.58		2	A	1		1.49	0.09	0.17
Lactose	g	0.00		2	A	1		0.00	0.00	0.00
Maltose	g	0.12		2	A	1		0.30	0.02	0.03
Galactose	g	0.00		2	A	1		0.00	0.00	0.00
Starch	g	0.03		0	FLA	4		0.07	0.00	0.01
Minerals:										
Calcium, Ca	mg	17		2	A	1		42	3	5
Iron, Fe	mg	0.35		2	A	1		0.91	0.06	0.10
Magnesium, Mg	mg	10		2	A	1		25	2	3
Phosphorus, P	mg	33		2	A	1		83	5	9
Potassium, K	mg	145		2	A	1		371	23	41
Sodium, Na	mg	21		2	A	1		54	3	6
Zinc, Zn	mg	0.38		2	A	1		0.99	0.06	0.11
Copper, Cu	mg	0.030		2	A	1		0.077	0.005	0.008
Manganese, Mn	mg	0.180		0	MA	12		0.461	0.029	0.051
Selenium, Se	mcg	2.2		2	A	1		5.7	0.4	0.6
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.2		0	MA	12		0.5	0.0	0.1
Thiamin	mg	0.008		1	A	1		0.021	0.001	0.002
Riboflavin	mg	0.048		1	JA	6		0.124	0.008	0.014
Niacin	mg	0.789		1	JA	6		2.020	0.126	0.224
Pantothenic acid	mg	0.099		1	A	1		0.253	0.016	0.028
Vitamin B-6	mg	0.063		1	JA	6		0.160	0.010	0.018
Folate, total	mcg	6		2	A	1		14	1	2
Folic acid	mcg	3		2	A	1		6	0	1
Folate, food	mcg	3		0	AS	1		8	0	1
Folate, DFE	mcg_DFE	7		0	NC	4		19	1	2
Choline, total	mg	16.5	2.544	3	AS	1		42.2	2.6	4.7
Betaine	mg	1.1	0.254	3	A	1		2.7	0.2	0.3
Vitamin B-12	mcg	0.18		0	FLM	4		0.46	0.03	0.05
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE (2)	mcg_RAE	246		0	AS	1		631	39	70
Retinol	mcg	0		0	FLA	4		0	0	0
Carotene, beta	mcg	2545		2	A	1		6515	407	722
Carotene, alpha	mcg	810		2	A	1		2074	130	230
Cryptoxanthin, beta	mcg	11		2	A	1		28	2	3
Vitamin A, IU (1)	IU	4926		0	AS	1		12610	788	1396
Lycopene	mcg	627		2	A	1		1604	100	178
Lutein + zeaxanthin	mcg	51		0	FLA	4		130	8	14
Vitamin E (alpha-tocopherol)	mg	0.49		2	A	1		1.25	0.08	0.14
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg	0.00		2	A	1		0.00	0.00	0.00
Tocopherol, gamma	mg	0.17		2	A	1		0.44	0.03	0.05
Tocopherol, delta	mg	0.00		2	A	1		0.00	0.00	0.00
Vitamin D (D2 + D3)	mcg	0.0		0	NR	4		0.1	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03053
Babyfood, dinner, vegetables and beef, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	1		0	NR	4		2	0	0
Vitamin K (phylloquinone).....mcg	5.2		2	A	1		13.3	0.8	1.5
Lipids:									
Fatty acids, total saturated.....g	0.870		0	NC	4		2.226	0.139	0.247
4:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0.....g	0.000		1	A	1		0.000	0.000	0.000
10:0.....g	0.000		1	A	1		0.000	0.000	0.000
12:0.....g	0.000		1	A	1		0.000	0.000	0.000
13:0.....g									
14:0.....g	0.070		1	A	1		0.179	0.011	0.020
15:0.....g	0.010		1	A	1		0.025	0.002	0.003
16:0.....g	0.470		1	A	1		1.203	0.075	0.133
17:0.....g	0.020		1	A	1		0.051	0.003	0.006
18:0.....g	0.300		1	A	1		0.768	0.048	0.085
20:0.....g	0.000		1	A	1		0.000	0.000	0.000
22:0.....g	0.000		1	A	1		0.000	0.000	0.000
24:0.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated.....g	0.820		0	NC	4		2.098	0.131	0.232
14:1.....g	0.020		1	A	1		0.051	0.003	0.006
15:1.....g	0.000		1	A	1		0.000	0.000	0.000
16:1 undifferentiated.....g	0.070		1	A	1		0.179	0.011	0.020
17:1.....g	0.020		1	A	1		0.051	0.003	0.006
18:1 undifferentiated.....g	0.710		1	A	1		1.817	0.114	0.201
20:1.....g	0.000		1	A	1		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
24:1 c.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated.....g	0.190		0	NC	4		0.486	0.030	0.054
18:2 undifferentiated.....g	0.140		1	A	1		0.358	0.022	0.040
18:3 undifferentiated.....g	0.030		1	A	1		0.077	0.005	0.008
18:4.....g	0.020		1	A	1		0.051	0.003	0.006
20:2 n-6 c,c.....g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:5 n-3 (EPA).....g	0.000		1	A	1		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		1	A	1		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	7		2	A	1		19	1	2
Phytosterols.....mg	0		0	FLA	4		0	0	0
Amino Acids:									
Tryptophan.....g	0.020		0	FLA	4		0.051	0.003	0.006
Threonine.....g	0.097		0	FLA	4		0.249	0.016	0.028
Isoleucine.....g	0.111		0	FLA	4		0.283	0.018	0.031
Leucine.....g	0.193		0	FLA	4		0.493	0.031	0.055
Lysine.....g	0.184		0	FLA	4		0.472	0.029	0.052
Methionine.....g	0.061		0	FLA	4		0.155	0.010	0.017
Cystine.....g	0.033		0	FLA	4		0.086	0.005	0.009
Phenylalanine.....g	0.103		0	FLA	4		0.264	0.017	0.029
Tyrosine.....g	0.086		0	FLA	4		0.221	0.014	0.024
Valine.....g	0.127		0	FLA	4		0.325	0.020	0.036
Arginine.....g	0.164		0	FLA	4		0.421	0.026	0.047
Histidine.....g	0.074		0	FLA	4		0.189	0.012	0.021
Alanine.....g	0.146		0	FLA	4		0.374	0.023	0.041
Aspartic acid.....g	0.252		0	FLA	4		0.645	0.040	0.071
Glutamic acid.....g	0.396		0	FLA	4		1.014	0.063	0.112
Glycine.....g	0.138		0	FLA	4		0.354	0.022	0.039
Proline.....g	0.115		0	FLA	4		0.294	0.018	0.033
Serine.....g	0.103		0	FLA	4		0.263	0.016	0.029
Hydroxyproline.....g	0.020		0	FLA	4		0.051	0.003	0.006
Others:									

NDB No. 03053
Babyfood, dinner, vegetables and beef, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl.....g	0.0		0	FLA	4		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Footnotes:

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03274
Babyfood, dinner, vegetables and chicken, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.76		0	MA	12		224.67	14.04	24.88
Energy	kcal	53		0	MC	9		136	8	15
Energy	kJ	222		0		9		568	35	63
Protein	g	2.04		0	MA	12		5.22	0.33	0.58
Total lipid (fat)	g	1.12		0	MA	12		2.87	0.18	0.32
Ash	g	0.42		0	MA	12		1.08	0.07	0.12
Carbohydrate, by difference	g	8.66		0	MC	9		22.17	1.39	2.46
Fiber, total dietary	g	1.1		0	MA	12		2.8	0.2	0.3
Sugars, total	g	1.46		0	MA	12		3.74	0.23	0.41
Sucrose	g	0.84		0	MA	12		2.15	0.13	0.24
Glucose (dextrose)	g	0.23		0	MA	12		0.59	0.04	0.07
Fructose	g	0.24		0	MA	12		0.61	0.04	0.07
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.15		0	MA	12		0.38	0.02	0.04
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	27		0	MA	12		69	4	8
Iron, Fe	mg	0.33		0	MA	12		0.84	0.05	0.09
Magnesium, Mg	mg	8		0	MA	12		20	1	2
Phosphorus, P	mg	32		0	MA	12		82	5	9
Potassium, K	mg	83		0	MA	12		212	13	24
Sodium, Na	mg	76		0	MA	12		195	12	22
Zinc, Zn	mg	0.30		0	MA	12		0.77	0.05	0.09
Copper, Cu	mg	0.020		0	MA	12		0.051	0.003	0.006
Manganese, Mn	mg	0.110		0	MA	12		0.282	0.018	0.031
Selenium, Se	mcg	2.1		0	FLM	4		5.4	0.3	0.6
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.2		0	MA	12		0.5	0.0	0.1
Thiamin	mg	0.025		0	MA	12		0.064	0.004	0.007
Riboflavin	mg	0.046		0	MA	12		0.118	0.007	0.013
Niacin	mg	0.628		0	MA	12		1.608	0.100	0.178
Pantothenic acid	mg	0.127		0	FLM	4		0.325	0.020	0.036
Vitamin B-6	mg	0.046		0	MA	12		0.118	0.007	0.013
Folate, total	mcg	3		0	FLM	4		8	0	1
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	3		0	FLM	4		8	0	1
Folate, DFE	mcg_DFE	3		0	NC	4		8	0	1
Choline, total	mg	9.4		0	FLA	4		24.0	1.5	2.7
Betaine	mg									
Vitamin B-12	mcg	0.02		0	FLM	4		0.05	0.00	0.01
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	131		0	NC	4		334	21	37
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	1270		0	BNA	4		3251	203	360
Carotene, alpha	mcg	592		0	BNA	4		1517	95	168
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU	IU	2612		0	MA	12		6687	418	741
Lycopene	mcg	0		0	FLA	4		1	0	0
Lutein + zeaxanthin	mcg	36		0	FLA	4		93	6	10
Vitamin E (alpha-tocopherol)	mg	0.16		0	FLA	4		0.40	0.03	0.04
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	AS	1		0.1	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03274
Babyfood, dinner, vegetables and chicken, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg	0.0		0	FLA	4		0.1	0.0	0.0
Vitamin D.....IU	2		0	FLA	4		5	0	1
Vitamin K (phylloquinone).....mcg	2.1		0	FLA	4		5.4	0.3	0.6
Lipids:									
Fatty acids, total saturated.....g	0.302		0	MA	12		0.773	0.048	0.086
4:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
12:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
13:0.....g									
14:0.....g	0.010		0	FLM	4		0.026	0.002	0.003
15:0.....g									
16:0.....g	0.191		0	FLM	4		0.489	0.031	0.054
17:0.....g									
18:0.....g	0.071		0	FLM	4		0.182	0.011	0.020
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.402		0	FLM	4		1.029	0.064	0.114
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.047		0	FLM	4		0.120	0.008	0.013
17:1.....g									
18:1 undifferentiated.....g	0.340		0	FLM	4		0.870	0.054	0.096
20:1.....g	0.004		0	FLM	4		0.010	0.001	0.001
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.269		0	FLM	4		0.689	0.043	0.076
18:2 undifferentiated.....g	0.238		0	FLM	4		0.609	0.038	0.067
18:3 undifferentiated.....g	0.013		0	FLM	4		0.033	0.002	0.004
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.009		0	FLM	4		0.023	0.001	0.003
20:5 n-3 (EPA).....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.002		0	FLM	4		0.005	0.000	0.001
Fatty acids, total trans.....g									
Cholesterol.....mg	7		0	MA	12		18	1	2
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03042
Babyfood, dinner, vegetables and dumplings and beef, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.60	0.100	3		1		25.12	150.62	
Energy....kcal	48		0	NC	4		14	82	
Energy....kJ	201		0		4		57	341	
Protein (N x 6.03)....g	2.10	0.100	3		1		0.60	3.57	
Total lipid (fat)....g	0.80	0.100	3		1		0.23	1.36	
Ash....g	0.60	0.000	3		1		0.17	1.02	
Carbohydrate, by difference....g	8.00		0	NC	4		2.27	13.60	
Fiber, total dietary....g									
Sugars, total....g	0.00		0	Z	7		0.00	0.00	
Starch....g									
Minerals:									
Calcium, Ca....mg	14	1.000	3		1		4	24	
Iron, Fe....mg	0.47	0.040	3		1		0.13	0.80	
Magnesium, Mg....mg	7	0.000	3		1		2	12	
Phosphorus, P....mg	29		0		4		8	49	
Potassium, K....mg	47		0		4		13	80	
Sodium, Na....mg	52		1		1		15	88	
Zinc, Zn....mg	0.33	0.027	3		1		0.09	0.56	
Copper, Cu....mg	0.030		0		4		0.009	0.051	
Manganese, Mn....mg									
Selenium, Se....mcg	2.1		0	BFZN	4		0.6	3.6	
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.8		0		1		0.2	1.4	
Thiamin....mg	0.039	0.000	3		1		0.011	0.066	
Riboflavin....mg	0.036		3		1		0.010	0.061	
Niacin....mg	0.490	0.009	3		1		0.139	0.833	
Pantothenic acid....mg	0.214		0		4		0.061	0.364	
Vitamin B-6....mg	0.048		0		4		0.014	0.082	
Folate, total....mcg	7		0		1		2	13	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	7		0		1		2	13	
Folate, DFE....mcg_DFE	7		0	NC	4		2	13	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.09		0		4		0.03	0.15	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	33		0	NC	4		9	56	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	660	49.000	3		1		187	1122	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03042

Babyfood, dinner, vegetables and dumplings and beef, junior

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1 **Fat** 8.9 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03041

Babyfood, dinner, vegetables and dumplings and beef, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.90	0.200	5		1		25.20	100.46	
Energy....kcal	48		0	NC	4		14	54	
Energy....kJ	201		0		4		57	227	
Protein (N x 6.03)....g	2.00		2		1		0.57	2.26	
Total lipid (fat)....g	0.90		2		1		0.26	1.02	
Ash....g	0.50		2		1		0.14	0.57	
Carbohydrate, by difference....g	7.70		0	NC	4		2.18	8.70	
Fiber, total dietary....g									
Sugars, total....g	0.00		0	Z	7		0.00	0.00	
Starch....g									
Minerals:									
Calcium, Ca....mg	14		2		1		4	16	
Iron, Fe....mg	0.39		2		1		0.11	0.44	
Magnesium, Mg....mg	6		0		1		2	7	
Phosphorus, P....mg	28		0		4		8	32	
Potassium, K....mg	46		0		4		13	52	
Sodium, Na....mg	49		1		1		14	55	
Zinc, Zn....mg	0.40		1		1		0.11	0.45	
Copper, Cu....mg	0.029		0		4		0.008	0.033	
Manganese, Mn....mg									
Selenium, Se....mcg	2.1		0	BFZN	4		0.6	2.4	
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.8		2		1		0.2	0.9	
Thiamin....mg	0.049		2		1		0.014	0.055	
Riboflavin....mg	0.040		2		1		0.011	0.045	
Niacin....mg	0.574		2		1		0.163	0.649	
Pantothenic acid....mg	0.208		0		4		0.059	0.235	
Vitamin B-6....mg	0.047		0		4		0.013	0.053	
Folate, total....mcg	7	1.400	3		1		2	8	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	7	1.400	3		1		2	8	
Folate, DFE....mcg_DFE	7		0	NC	4		2	8	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.09		0		4		0.03	0.10	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	21		0	NC	4		6	24	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	416		2		1		118	470	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg	0.24		0	NR	4		0.07	0.27	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same

NDB No. 03041

Babyfood, dinner, vegetables and dumplings and beef, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3

food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.1 **Fat** 8.9 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03062
Babyfood, dinner, vegetables and ham, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.00		0	MA	12		222.72	13.92	24.66
Energy	kcal	60		0	MC	9		154	10	17
Energy	kJ	251		0		9		643	40	71
Protein	g	2.02		0	MA	12		5.17	0.32	0.57
Total lipid (fat)	g	1.89		0	MA	12		4.84	0.30	0.54
Ash	g	0.45		0	MA	12		1.15	0.07	0.13
Carbohydrate, by difference	g	8.65		0	MC	9		22.14	1.38	2.45
Fiber, total dietary	g	1.0		0	MA	12		2.6	0.2	0.3
Sugars, total	g	0.99		0	MA	12		2.53	0.16	0.28
Sucrose	g	0.45		0	MA	12		1.15	0.07	0.13
Glucose (dextrose)	g	0.27		0	MA	12		0.69	0.04	0.08
Fructose	g	0.27		0	MA	12		0.69	0.04	0.08
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.00		0	MA	12		0.00	0.00	0.00
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	14		0	MA	12		36	2	4
Iron, Fe	mg	0.24		0	MA	12		0.61	0.04	0.07
Magnesium, Mg	mg	8		0	MA	12		20	1	2
Phosphorus, P	mg	33		0	MA	12		84	5	9
Potassium, K	mg	97		0	MA	12		248	16	27
Sodium, Na	mg	87		0	MA	12		223	14	25
Zinc, Zn	mg	0.30		0	MA	12		0.77	0.05	0.09
Copper, Cu	mg	0.030		0	MA	12		0.077	0.005	0.009
Manganese, Mn	mg	0.070		0	MA	12		0.179	0.011	0.020
Selenium, Se	mcg	2.4		0	FLM	4		6.1	0.4	0.7
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.1		0	FLM	4		2.8	0.2	0.3
Thiamin	mg	0.032		0	MA	12		0.082	0.005	0.009
Riboflavin	mg	0.040		0	MA	12		0.102	0.006	0.011
Niacin	mg	0.512		0	MA	12		1.311	0.082	0.145
Pantothenic acid	mg									
Vitamin B-6	mg	0.046		0	MA	12		0.118	0.007	0.013
Folate, total	mcg	8		0	FLM	4		20	1	2
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	8		0	FLM	4		20	1	2
Folate, DFE	mcg_DFE	8		0	NC	4		20	1	2
Choline, total	mg	4.2		0	FLA	4		10.8	0.7	1.2
Betaine	mg									
Vitamin B-12	mcg	0.03		0	FLM	4		0.08	0.00	0.01
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	144		0	NC	4		368	23	41
Retinol	mcg	0		0	FLA	4		0	0	0
Carotene, beta	mcg	1401		0	FLA	4		3586	224	397
Carotene, alpha	mcg	645		0	FLA	4		1650	103	183
Cryptoxanthin, beta	mcg	0		0	FLA	4		0	0	0
Vitamin A, IU	IU	2872		0	NC	4		7352	460	814
Lycopene	mcg	685		0	FLA	4		1753	110	194
Lutein + zeaxanthin	mcg	49		0	FLA	4		126	8	14
Vitamin E (alpha-tocopherol)	mg	0.31		0	FLA	4		0.80	0.05	0.09
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	FLA	4		0.1	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	FLA	4		0.1		

NDB No. 03062
Babyfood, dinner, vegetables and ham, junior

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	0.0			FLA	4			0.0	0.0
Vitamin D....IU	1		0	FLA	4		3	0	0
Vitamin K (phylloquinone)....mcg	2.7		0	FLA	4		6.9	0.4	0.8
Lipids:									
Fatty acids, total saturated....g	0.483		0	FLM	4		1.236	0.077	0.137
4:0....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0....g	0.001		0	FLM	4		0.003	0.000	0.000
12:0....g	0.003		0	FLM	4		0.008	0.000	0.001
13:0....g									
14:0....g	0.013		0	FLM	4		0.033	0.002	0.004
15:0....g									
16:0....g	0.314		0	FLM	4		0.804	0.050	0.089
17:0....g									
18:0....g	0.151		0	FLM	4		0.387	0.024	0.043
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.811		0	FLM	4		2.076	0.130	0.230
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.033		0	FLM	4		0.084	0.005	0.009
17:1....g									
18:1 undifferentiated....g	0.777		0	FLM	4		1.989	0.124	0.220
20:1....g	0.000		0	FLM	4		0.000	0.000	0.000
22:1 undifferentiated....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.448		0	FLM	4		1.147	0.072	0.127
18:2 undifferentiated....g	0.403		0	FLM	4		1.032	0.064	0.114
18:3 undifferentiated....g	0.039		0	FLM	4		0.100	0.006	0.011
18:4....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.004		0	FLM	4		0.010	0.001	0.001
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	3		0	FLM	4		8	0	1
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03061
Babyfood, dinner, vegetables and ham, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.47		0	MA	12		223.92	14.00	24.80
Energy....kcal	59		0	MC	9		151	9	17
Energy....kJ	247		0		9		632	39	70
Protein....g	2.19		0	MA	12		5.61	0.35	0.62
Total lipid (fat)....g	2.14		0	MA	12		5.48	0.34	0.61
Ash....g	0.41		0	MA	12		1.05	0.07	0.12
Carbohydrate, by difference....g	7.80		0	MC	9		19.97	1.25	2.21
Fiber, total dietary....g	1.6		0	MA	12		4.1	0.3	0.5
Sugars, total....g	1.37		0	MA	12		3.51	0.22	0.39
Sucrose....g	0.61		0	MA	12		1.56	0.10	0.17
Glucose (dextrose)....g	0.39		0	MA	12		1.00	0.06	0.11
Fructose....g	0.37		0	MA	12		0.95	0.06	0.10
Lactose....g	0.00		0	MA	12		0.00	0.00	0.00
Maltose....g	0.00		0	MA	12		0.00	0.00	0.00
Galactose....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	16		0	MA	12		41	3	5
Iron, Fe....mg	0.41		0	MA	12		1.05	0.07	0.12
Magnesium, Mg....mg	12		0	MA	12		31	2	3
Phosphorus, P....mg	33		0	MA	12		84	5	9
Potassium, K....mg	141		0	MA	12		361	23	40
Sodium, Na....mg	16		0	MA	12		41	3	5
Zinc, Zn....mg	0.32		0	MA	12		0.82	0.05	0.09
Copper, Cu....mg	0.070		0	MA	12		0.179	0.011	0.020
Manganese, Mn....mg	0.140		0	MA	12		0.358	0.022	0.040
Selenium, Se....mcg	2.4		0	FLM	4		6.1	0.4	0.7
Vitamins:									
Vitamin C, total ascorbic acid....mg	1.6		0	MA	12		4.1	0.3	0.5
Thiamin....mg	0.035		0	MA	12		0.090	0.006	0.010
Riboflavin....mg	0.054		0	MA	12		0.138	0.009	0.015
Niacin....mg	0.676		0	MA	12		1.731	0.108	0.192
Pantothenic acid....mg	0.151		0	FLM	4		0.387	0.024	0.043
Vitamin B-6....mg	0.072		0	MA	12		0.184	0.012	0.020
Folate, total....mcg	3		0	FLM	4		8	0	1
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	3		0	FLM	4		8	0	1
Folate, DFE....mcg_DFE	3		0	NC	4		8	0	1
Choline, total....mg	12.7		0	FLA	4		32.4	2.0	3.6
Betaine....mg									
Vitamin B-12....mcg	0.06		0	FLM	4		0.15	0.01	0.02
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	144		0	NC	4		368	23	41
Retinol....mcg	0		0	FLA	4		0	0	0
Carotene, beta....mcg	1401		0	FLA	4		3586	224	397
Carotene, alpha....mcg	645		0	FLA	4		1650	103	183
Cryptoxanthin, beta....mcg	0		0	FLA	4		0	0	0
Vitamin A, IU....IU	2872		0	NC	4		7352	460	814
Lycopene....mcg	685		0	FLA	4		1753	110	194
Lutein + zeaxanthin....mcg	49		0	FLA	4		126	8	14
Vitamin E (alpha-tocopherol)....mg	0.31		0	FLA	4		0.80	0.05	0.09
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.1		0	FLA	4		0.2	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									

NDB No. 03061
Babyfood, dinner, vegetables and ham, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg	0.1		0	FLA	4		0.2	0.0	0.0
Vitamin D.....IU	4		0	FLA	4		9	1	1
Vitamin K (phylloquinone).....mcg	2.7		0	FLA	4		6.9	0.4	0.8
Lipids:									
Fatty acids, total saturated.....g	0.764		0	FLM	4		1.956	0.122	0.217
4:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0.....g	0.002		0	FLM	4		0.005	0.000	0.001
12:0.....g	0.004		0	FLM	4		0.010	0.001	0.001
13:0.....g									
14:0.....g	0.027		0	FLM	4		0.069	0.004	0.008
15:0.....g									
16:0.....g	0.482		0	FLM	4		1.234	0.077	0.137
17:0.....g									
18:0.....g	0.245		0	FLM	4		0.627	0.039	0.069
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.963		0	FLM	4		2.465	0.154	0.273
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.061		0	FLM	4		0.156	0.010	0.017
17:1.....g									
18:1 undifferentiated.....g	0.895		0	FLM	4		2.291	0.143	0.254
20:1.....g	0.005		0	FLM	4		0.013	0.001	0.001
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.234		0	FLM	4		0.599	0.037	0.066
18:2 undifferentiated.....g	0.198		0	FLM	4		0.507	0.032	0.056
18:3 undifferentiated.....g	0.026		0	FLM	4		0.067	0.004	0.007
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.007		0	FLM	4		0.018	0.001	0.002
20:5 n-3 (EPA).....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	5		0	MA	12		13	1	1
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03067
Babyfood, dinner, vegetables and lamb, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.60	0.200	25		1		25.12	150.62	
Energy	kcal	51		0	NC	4		14	87	
Energy	kJ	213		0		4		60	363	
Protein (N x 6.25)	g	2.10	0.100	23		1		0.60	3.57	
Total lipid (fat)	g	1.70	0.100	23		1		0.48	2.89	
Ash	g	0.50	0.000	22		1		0.14	0.85	
Carbohydrate, by difference	g	7.10		0	NC	4		2.01	12.07	
Fiber, total dietary	g	1.1		0		4		0.3	1.9	
Sugars, total	g	0.94		0	NR	4		0.27	1.60	
Starch	g									
Minerals:										
Calcium, Ca	mg	13	0.000	21		1		4	22	
Iron, Fe	mg	0.34	0.010	21		1		0.10	0.58	
Magnesium, Mg	mg	7	0.000	3		1		2	12	
Phosphorus, P	mg	49		1		1		14	83	
Potassium, K	mg	95		14		1		27	162	
Sodium, Na	mg	13	1.000	15		1		4	22	
Zinc, Zn	mg	0.22		7		1		0.06	0.38	
Copper, Cu	mg	0.029	0.003	3		1		0.008	0.049	
Manganese, Mn	mg									
Selenium, Se	mcg	2.4		0	BFZN	4		0.7	4.1	
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.7	0.100	22		1		0.5	2.9	
Thiamin	mg	0.021	0.000	20		1		0.006	0.036	
Riboflavin	mg	0.032	0.000	22		1		0.009	0.054	
Niacin	mg	0.554	0.015	21		1		0.157	0.942	
Pantothenic acid	mg	0.159		0		1		0.045	0.270	
Vitamin B-6	mg	0.044		7		1		0.012	0.075	
Folate, total	mcg	4		0		1		1	6	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	4		0		1		1	6	
Folate, DFE	mcg_DFE	4		0	NC	4		1	6	
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.16		1		1		0.05	0.27	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	138		0	NC	4		39	234	
Retinol	mcg	76		0	NC	4		22	129	
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	1483	129.000	23		1		420	2521	
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg	0.24		0	NR	4		0.07	0.41	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)	mcg									
Lipids:										
Fatty acids, total saturated	g	0.696		0		4		0.197	1.183	
4:0	g	0.000		0		4		0.000	0.000	

NDB No. 03067
Babyfood, dinner, vegetables and lamb, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000	0.000	
8:0....g	0.000		0		4		0.000	0.000	
10:0....g	0.004		0		4		0.001	0.007	
12:0....g	0.007		0		4		0.002	0.012	
13:0....g									
14:0....g	0.064		0		4		0.018	0.109	
15:0....g									
16:0....g	0.358		0		4		0.101	0.609	
17:0....g									
18:0....g	0.221		0		4		0.063	0.376	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.690		0		4		0.196	1.173	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.047		0		4		0.013	0.080	
17:1....g									
18:1 undifferentiated....g	0.626		0		4		0.177	1.064	
20:1....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.154		0		4		0.044	0.262	
18:2 undifferentiated....g	0.122		0		4		0.035	0.207	
18:3 undifferentiated....g	0.026		0		4		0.007	0.044	
18:4....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.005		0		4		0.001	0.009	
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	5		0		4		1	9	
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.024		0		1		0.007	0.041	
Threonine....g	0.077		0		1		0.022	0.131	
Isoleucine....g	0.095		0		1		0.027	0.162	
Leucine....g	0.155		0		1		0.044	0.264	
Lysine....g	0.154		0		1		0.044	0.262	
Methionine....g	0.031		0		1		0.009	0.053	
Cystine....g	0.018		0		1		0.005	0.031	
Phenylalanine....g	0.083		0		1		0.024	0.141	
Tyrosine....g	0.066		0		1		0.019	0.112	
Valine....g	0.102		0		1		0.029	0.173	
Arginine....g	0.141		0		1		0.040	0.240	
Histidine....g	0.048		0		1		0.014	0.082	
Alanine....g	0.120		0		1		0.034	0.204	
Aspartic acid....g	0.209		0		1		0.059	0.355	
Glutamic acid....g	0.418		0		1		0.119	0.711	
Glycine....g	0.105		0		1		0.030	0.179	
Proline....g	0.115		0		1		0.033	0.196	
Serine....g	0.077		0		1		0.022	0.131	
Hydroxyproline....g									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	
Caffeine....mg									
Theobromine....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03067

Babyfood, dinner, vegetables and lamb, junior

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.7 **Fat** 8.9 **Carbohydrate** 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03066
Babyfood, dinner, vegetables and lamb, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.60	0.200	30		1		226.82	14.18	25.12
Energy	kcal	52		0	NC	4		133	8	15
Energy	kJ	218		0	NC	4		557	35	62
Protein (N x 6.25)	g	2.00	0.000	27		1		5.12	0.32	0.57
Total lipid (fat)	g	2.00	0.100	21		1		5.12	0.32	0.57
Ash	g	0.50	0.000	21		1		1.28	0.08	0.14
Carbohydrate, by difference	g	6.90		0	NC	4		17.66	1.10	1.96
Fiber, total dietary	g	1.1		0		4		2.8	0.2	0.3
Sugars, total	g	0.94		0	FLA	4		2.41	0.15	0.27
Starch	g									
Minerals:										
Calcium, Ca	mg	12	1.000	25		1		31	2	3
Iron, Fe	mg	0.35	0.030	26		1		0.90	0.06	0.10
Magnesium, Mg	mg	7		0		1		18	1	2
Phosphorus, P	mg	49		0		1		125	8	14
Potassium, K	mg	94	2.000	13		1		241	15	27
Sodium, Na	mg	20		16		1		51	3	6
Zinc, Zn	mg	0.22		0		1		0.55	0.03	0.06
Copper, Cu	mg	0.029		0		1		0.074	0.005	0.008
Manganese, Mn	mg									
Selenium, Se	mcg	2.4		0	BFZN	4		6.1	0.4	0.7
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.2	0.100	21		1		3.1	0.2	0.3
Thiamin	mg	0.018	0.000	26		1		0.046	0.003	0.005
Riboflavin	mg	0.034	0.003	26		1		0.087	0.005	0.010
Niacin	mg	0.529	0.017	25		1		1.354	0.085	0.150
Pantothenic acid	mg	0.160		4		1		0.410	0.026	0.045
Vitamin B-6	mg	0.046	0.000	11		1		0.118	0.007	0.013
Folate, total	mcg	4	0.500	9		1		9	1	1
Folic acid	mcg	0		0	FLA	4		0	0	0
Folate, food	mcg	4	0.500	9		1		9	1	1
Folate, DFE	mcg_DFE	4		0	NC	4		9	1	1
Choline, total	mg	9.5		0	FLA	4		24.4	1.5	2.7
Betaine	mg									
Vitamin B-12	mcg	0.16		0		1		0.41	0.03	0.05
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	100		0	NC	4		255	16	28
Retinol	mcg	0		0	FLA	4		0	0	0
Carotene, beta	mcg	976		0	FLA	4		2498	156	277
Carotene, alpha	mcg	443		0	FLA	4		1133	71	125
Cryptoxanthin, beta	mcg	0		0	FLA	4		0	0	0
Vitamin A, IU	IU	1995		0	NC	4		5107	319	566
Lycopene	mcg	947		0	FLA	4		2425	152	269
Lutein + zeaxanthin	mcg	34		0	FLA	4		87	5	10
Vitamin E (alpha-tocopherol)	mg	0.24		0	NR	4		0.61	0.04	0.07
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	2.3		0	FLA	4		5.8	0.4	0.6
Lipids:										
Fatty acids, total saturated	g	0.828		0		4		2.120	0.132	0.235
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03066
Babyfood, dinner, vegetables and lamb, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.005		0		4		0.013	0.001	0.001
12:0 g	0.009		0		4		0.023	0.001	0.003
13:0 g									
14:0 g	0.076		0		4		0.195	0.012	0.022
15:0 g									
16:0 g	0.423		0		4		1.083	0.068	0.120
17:0 g									
18:0 g	0.264		0		4		0.676	0.042	0.075
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.822		0		4		2.104	0.132	0.233
14:1 g									
15:1 g									
16:1 undifferentiated g	0.057		0		4		0.146	0.009	0.016
17:1 g									
18:1 undifferentiated g	0.746		0		4		1.910	0.119	0.211
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.167		0		4		0.428	0.027	0.047
18:2 undifferentiated g	0.130		0		4		0.333	0.021	0.037
18:3 undifferentiated g	0.031		0		4		0.079	0.005	0.009
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.006		0		4		0.015	0.001	0.002
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	6		0		4		15	1	2
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.023		0		1		0.059	0.004	0.007
Threonine g									
Isoleucine g									
Leucine g									
Lysine g									
Methionine g	0.044		0	FLA	4		0.114	0.007	0.013
Cystine g	0.023		0	FLA	4		0.060	0.004	0.007
Phenylalanine g	0.083		0	FLA	4		0.211	0.013	0.023
Tyrosine g	0.067		0	FLA	4		0.171	0.011	0.019
Valine g	0.102		0	FLA	4		0.262	0.016	0.029
Arginine g	0.116		0	FLA	4		0.296	0.019	0.033
Histidine g	0.057		0	FLA	4		0.145	0.009	0.016
Alanine g	0.114		0	FLA	4		0.292	0.018	0.032
Aspartic acid g	0.209		0	FLA	4		0.535	0.033	0.059
Glutamic acid g	0.341		0	FLA	4		0.872	0.055	0.097
Glycine g	0.088		0	FLA	4		0.225	0.014	0.025
Proline g	0.080		0	FLA	4		0.204	0.013	0.023
Serine g	0.075		0	FLA	4		0.191	0.012	0.021
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03066

Babyfood, dinner, vegetables and lamb, strained

Common Measures:

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 3.7 **Fat** 8.9 **Carbohydrate** 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03081
Babyfood, dinner, vegetables and noodles and turkey, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.70	0.000	4		1		25.15	150.79	
Energy....kcal	52		0	NC	4		15	88	
Energy....kJ	218		0		4		62	370	
Protein (N x 5.98)....g	1.80	0.000	4		1		0.51	3.06	
Total lipid (fat)....g	1.50	0.100	4		1		0.43	2.55	
Ash....g	0.40	0.000	4		1		0.11	0.68	
Carbohydrate, by difference....g	7.60		0	NC	4		2.15	12.92	
Fiber, total dietary....g	1.1		0		4		0.3	1.9	
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	32	2.000	4		1		9	54	
Iron, Fe....mg	0.26	0.020	4		1		0.07	0.44	
Magnesium, Mg....mg	9		0		1		3	15	
Phosphorus, P....mg	29		0		1		8	49	
Potassium, K....mg	73		0		1		21	124	
Sodium, Na....mg	17		1		1		5	29	
Zinc, Zn....mg	0.30		1		1		0.09	0.51	
Copper, Cu....mg	0.026		0		4		0.007	0.044	
Manganese, Mn....mg									
Selenium, Se....mcg	2.8		0	FLM	4		0.8	4.8	
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.8	0.100	4		1		0.2	1.4	
Thiamin....mg	0.024	0.000	4		1		0.007	0.041	
Riboflavin....mg	0.040	0.003	4		1		0.011	0.068	
Niacin....mg	0.299	0.034	4		1		0.085	0.508	
Pantothenic acid....mg	0.217		0		4		0.062	0.369	
Vitamin B-6....mg	0.018		0		1		0.005	0.031	
Folate, total....mcg	3		0		1		1	5	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	3		0		1		1	5	
Folate, DFE....mcg_DFE	3		0	NC	4		1	5	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.12		0		1		0.03	0.20	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	50		0	NC	4		14	84	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	994	84.000	4		1		282	1690	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03081

Babyfood, dinner, vegetables and noodles and turkey, junior

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1 **Fat** 8.9 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03079

Babyfood, dinner, vegetables and noodles and turkey, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	90.30	0.100	7		1		25.60	102.04	
Energy	kcal	44		0	NC	4		12	50	
Energy	kJ	184		0		4		52	208	
Protein (N x 5.98)	g	1.20	0.100	4		1		0.34	1.36	
Total lipid (fat)	g	1.20	0.000	4		1		0.34	1.36	
Ash	g	0.40	0.000	4		1		0.11	0.45	
Carbohydrate, by difference	g	6.80		0	NC	4		1.93	7.68	
Fiber, total dietary	g	1.1		0		4		0.3	1.2	
Sugars, total	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	32	2.000	4		1		9	36	
Iron, Fe	mg	0.19	0.010	4		1		0.05	0.21	
Magnesium, Mg	mg	8		1		1		2	9	
Phosphorus, P	mg	25		1		1		7	28	
Potassium, K	mg	63		1		1		18	71	
Sodium, Na	mg	21		1		1		6	24	
Zinc, Zn	mg	0.27		1		1		0.08	0.31	
Copper, Cu	mg	0.022		0		4		0.006	0.025	
Manganese, Mn	mg									
Selenium, Se	mcg	2.8		0	FLM	4		0.8	3.2	
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.8	0.200	4		1		0.2	0.9	
Thiamin	mg	0.018	0.000	4		1		0.005	0.020	
Riboflavin	mg	0.044	0.007	4		1		0.012	0.050	
Niacin	mg	0.250	0.050	4		1		0.071	0.283	
Pantothenic acid	mg	0.186		0		4		0.053	0.210	
Vitamin B-6	mg	0.016		1		1		0.005	0.018	
Folate, total	mcg	2	0.800	3		1		1	3	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	2	0.800	3		1		1	3	
Folate, DFE	mcg_DFE	2		0	NC	4		1	3	
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.10		1		1		0.03	0.11	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	50		0	NC	4		14	56	
Retinol	mcg	0		0	Z	7		0	0	
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	991	87.000	4		1		281	1120	
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03079

Babyfood, dinner, vegetables and noodles and turkey, strained

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.1 **Fat** 8.9 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03085
Babyfood, dinner, vegetables and turkey, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.50		0	MA	12		226.56	14.16	25.09
Energy	kcal	53		0	MC	9		136	8	15
Energy	kJ	222		0		9		568	35	63
Protein	g	1.72		0	MA	12		4.40	0.28	0.49
Total lipid (fat)	g	1.74		0	MA	12		4.45	0.28	0.49
Ash	g	0.49		0	MA	12		1.25	0.08	0.14
Carbohydrate, by difference	g	7.55		0	MC	9		19.33	1.21	2.14
Fiber, total dietary	g	0.9		0	MA	12		2.3	0.1	0.3
Sugars, total	g	1.36		0	MA	12		3.48	0.22	0.39
Sucrose	g	0.81		0	MA	12		2.07	0.13	0.23
Glucose (dextrose)	g	0.23		0	MA	12		0.59	0.04	0.07
Fructose	g	0.23		0	MA	12		0.59	0.04	0.07
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.09		0	MA	12		0.23	0.01	0.03
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	16		0	MA	12		41	3	5
Iron, Fe	mg	0.36		0	MA	12		0.92	0.06	0.10
Magnesium, Mg	mg	9		0	MA	12		23	1	3
Phosphorus, P	mg	32		0	MA	12		82	5	9
Potassium, K	mg	98		0	MA	12		251	16	28
Sodium, Na	mg	89		0	MA	12		228	14	25
Zinc, Zn	mg	0.30		0	MA	12		0.77	0.05	0.09
Copper, Cu	mg	0.020		0	MA	12		0.051	0.003	0.006
Manganese, Mn	mg	0.060		0	MA	12		0.154	0.010	0.017
Selenium, Se	mcg	1.9		0	FLM	4		4.9	0.3	0.5
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.4		0	MA	12		1.0	0.1	0.1
Thiamin	mg	0.022		0	MA	12		0.056	0.004	0.006
Riboflavin	mg	0.032		0	MA	12		0.082	0.005	0.009
Niacin	mg	0.539		0	MA	12		1.380	0.086	0.153
Pantothenic acid	mg	0.162		0	FLM	4		0.415	0.026	0.046
Vitamin B-6	mg	0.052		0	MA	12		0.133	0.008	0.015
Folate, total	mcg	7		0	FLM	4		18	1	2
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	7		0	FLM	4		18	1	2
Folate, DFE	mcg_DFE	7		0	NC	4		18	1	2
Choline, total	mg	9.4		0	FLA	4		24.0	1.5	2.7
Betaine	mg									
Vitamin B-12	mcg	0.01		0	FLM	4		0.03	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE (2)	mcg_RAE	216		0	NC	4		554	35	61
Retinol	mcg	0		0	FLA	4		0	0	0
Carotene, beta	mcg	2107		0	FLA	4		5394	337	597
Carotene, alpha	mcg	976		0	FLA	4		2498	156	277
Cryptoxanthin, beta	mcg	0		0	FLA	4		0	0	0
Vitamin A, IU (1)	IU	4325		0	FLA	4		11072	692	1226
Lycopene	mcg	0		0	FLA	4		1	0	0
Lutein + zeaxanthin	mcg	174		0	FLA	4		446	28	49
Vitamin E (alpha-tocopherol)	mg	0.31		0	FLA	4		0.80	0.05	0.09
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03085
Babyfood, dinner, vegetables and turkey, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D.....IU	0		0	FLA	4		0	0	0
Vitamin K (phylloquinone).....mcg	4.8		0	FLA	4		12.2	0.8	1.4
Lipids:									
Fatty acids, total saturated.....g	0.485		0	FLM	4		1.242	0.078	0.137
4:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
12:0.....g	0.002		0	FLM	4		0.005	0.000	0.001
13:0.....g									
14:0.....g	0.015		0	FLM	4		0.038	0.002	0.004
15:0.....g									
16:0.....g	0.336		0	FLM	4		0.860	0.054	0.095
17:0.....g									
18:0.....g	0.102		0	FLM	4		0.261	0.016	0.029
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.687		0	FLM	4		1.759	0.110	0.195
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.085		0	FLM	4		0.218	0.014	0.024
17:1.....g									
18:1 undifferentiated.....g	0.576		0	FLM	4		1.475	0.092	0.163
20:1.....g	0.013		0	FLM	4		0.033	0.002	0.004
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.391		0	FLM	4		1.001	0.063	0.111
18:2 undifferentiated.....g	0.355		0	FLM	4		0.909	0.057	0.101
18:3 undifferentiated.....g	0.021		0	FLM	4		0.054	0.003	0.006
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.006		0	FLM	4		0.015	0.001	0.002
20:5 n-3 (EPA).....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.001		0	FLM	4		0.003	0.000	0.000
22:6 n-3 (DHA).....g	0.001		0	FLM	4		0.003	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	4		0	FLM	4		10	1	1
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Footnotes:

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

NDB No. 03085
Babyfood, dinner, vegetables and turkey, junior

Calories Factors:	**Protein**	**Fat**	**Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03084
Babyfood, dinner, vegetables and turkey, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.82		0	MA	12		227.38	14.21	25.18
Energy	kcal	48		0	MC	9		123	8	14
Energy	kJ	201		0		9		514	32	57
Protein	g	2.32		0	MA	12		5.94	0.37	0.66
Total lipid (fat)	g	0.90		0	MA	12		2.30	0.14	0.26
Ash	g	0.35		0	MA	12		0.90	0.06	0.10
Carbohydrate, by difference	g	7.62		0	MC	9		19.51	1.22	2.16
Fiber, total dietary	g	1.5		0	MA	12		3.8	0.2	0.4
Sugars, total	g	1.54		0	MA	12		3.94	0.25	0.44
Sucrose	g	1.08		0	MA	12		2.76	0.17	0.31
Glucose (dextrose)	g	0.24		0	MA	12		0.61	0.04	0.07
Fructose	g	0.22		0	MA	12		0.56	0.04	0.06
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.00		0	MA	12		0.00	0.00	0.00
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	27		0	MA	12		69	4	8
Iron, Fe	mg	0.37		0	MA	12		0.95	0.06	0.10
Magnesium, Mg	mg	13		0	MA	12		33	2	4
Phosphorus, P	mg	44		0	MA	12		113	7	12
Potassium, K	mg	102		0	MA	12		261	16	29
Sodium, Na	mg	20		0	MA	12		51	3	6
Zinc, Zn	mg	0.70		0	MA	12		1.79	0.11	0.20
Copper, Cu	mg	0.090		0	MA	12		0.230	0.014	0.026
Manganese, Mn	mg	0.140		0	MA	12		0.358	0.022	0.040
Selenium, Se	mcg	1.9		0	FLM	4		4.9	0.3	0.5
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.7		0	MA	12		1.8	0.1	0.2
Thiamin	mg	0.020		0	MA	12		0.051	0.003	0.006
Riboflavin	mg	0.024		0	MA	12		0.061	0.004	0.007
Niacin	mg	0.466		0	MA	12		1.193	0.075	0.132
Pantothenic acid	mg	0.224		0	FLM	4		0.573	0.036	0.064
Vitamin B-6	mg	0.044		0	MA	12		0.113	0.007	0.012
Folate, total	mcg	10		0	FLM	4		26	2	3
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	10		0	FLM	4		26	2	3
Folate, DFE	mcg_DFE	10		0	NC	4		26	2	3
Choline, total	mg	6.7		0	FLA	4		17.1	1.1	1.9
Betaine	mg									
Vitamin B-12	mcg	0.02		0	FLM	4		0.05	0.00	0.01
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE (2)	mcg_RAE	220		0	NC	4		563	35	62
Retinol	mcg	0		0	FLA	4		0	0	0
Carotene, beta	mcg	2139		0	FLA	4		5475	342	606
Carotene, alpha	mcg	998		0	FLA	4		2555	160	283
Cryptoxanthin, beta	mcg	0		0	FLA	4		0	0	0
Vitamin A, IU (1)	IU	4396		0	MA	12		11254	703	1246
Lycopene	mcg	0		0	FLA	4		1	0	0
Lutein + zeaxanthin	mcg	76		0	FLA	4		196	12	22
Vitamin E (alpha-tocopherol)	mg	0.30		0	FLA	4		0.76	0.05	0.08
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	FLA	4		0.1	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03084
Babyfood, dinner, vegetables and turkey, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg	0.0		0	FLA	4		0.1	0.0	0.0
Vitamin D.....IU	1		0	FLA	4		2	0	0
Vitamin K (phylloquinone).....mcg	3.9		0	FLA	4		10.0	0.6	1.1
Lipids:									
Fatty acids, total saturated.....g	0.236		0	FLM	4		0.604	0.038	0.067
4:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0.....g	0.000		0	FLM	4		0.000	0.000	0.000
12:0.....g	0.001		0	FLM	4		0.003	0.000	0.000
13:0.....g									
14:0.....g	0.008		0	FLM	4		0.020	0.001	0.002
15:0.....g									
16:0.....g	0.149		0	FLM	4		0.381	0.024	0.042
17:0.....g									
18:0.....g	0.053		0	FLM	4		0.136	0.008	0.015
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.294		0	FLM	4		0.753	0.047	0.083
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.034		0	FLM	4		0.087	0.005	0.010
17:1.....g									
18:1 undifferentiated.....g	0.247		0	FLM	4		0.632	0.040	0.070
20:1.....g	0.002		0	FLM	4		0.005	0.000	0.001
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.241		0	FLM	4		0.617	0.039	0.068
18:2 undifferentiated.....g	0.207		0	FLM	4		0.530	0.033	0.059
18:3 undifferentiated.....g	0.015		0	FLM	4		0.038	0.002	0.004
18:4.....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.007		0	FLM	4		0.018	0.001	0.002
20:5 n-3 (EPA).....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.001		0	FLM	4		0.003	0.000	0.000
22:6 n-3 (DHA).....g	0.002		0	FLM	4		0.005	0.000	0.001
Fatty acids, total trans.....g									
Cholesterol.....mg	4		0	FLM	4		10	1	1
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Footnotes:

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

NDB No. 03084
Babyfood, dinner, vegetables and turkey, strained

Calories Factors:	**Protein**	**Fat**	**Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03086
Babyfood, dinner, vegetables and turkey, toddler

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	82.30	0.300	3		1		23.33	139.91	
Energy	kcal	80		0	NC	4		23	136	
Energy	kJ	335		0		4		95	569	
Protein (N x 6.25)	g	4.80	0.200	4		1		1.36	8.16	
Total lipid (fat)	g	3.40	0.200	4		1		0.96	5.78	
Ash	g	1.40	0.000	3		1		0.40	2.38	
Carbohydrate, by difference	g	8.00		0	NC	4		2.27	13.60	
Fiber, total dietary	g									
Sugars, total	g	0.00		0	Z	7		0.00	0.00	
Starch	g									
Minerals:										
Calcium, Ca	mg	46	1.000	4		1		13	78	
Iron, Fe	mg	0.60	0.020	4		1		0.17	1.02	
Magnesium, Mg	mg	16		1		1		5	27	
Phosphorus, P	mg	57		1		1		16	97	
Potassium, K	mg	166		1		1		47	282	
Sodium, Na	mg	334		1		1		95	568	
Zinc, Zn	mg	0.32		1		1		0.09	0.54	
Copper, Cu	mg	0.042		0		4		0.012	0.071	
Manganese, Mn	mg									
Selenium, Se	mcg	1.9		0	BFZN	4		0.5	3.2	
Vitamins:										
Vitamin C, total ascorbic acid	mg	3.4	0.700	4		1		1.0	5.8	
Thiamin	mg	0.020	0.000	4		1		0.006	0.034	
Riboflavin	mg	0.090	0.005	4		1		0.026	0.153	
Niacin	mg	0.586	0.053	4		1		0.166	0.996	
Pantothenic acid	mg									
Vitamin B-6	mg	0.060	0.003	4		1		0.017	0.102	
Folate, total	mcg	3		0		4		1	5	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	3		0		4		1	5	
Folate, DFE	mcg_DFE	3		0	NC	4		1	5	
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.44		0		4		0.12	0.75	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	105		0	NC	4		30	178	
Retinol	mcg	0		0	Z	7		0	0	
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	2099	166.000	3		1		595	3568	
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg									
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									
Amino Acids:										
Tryptophan	g	0.060		0		1		0.017	0.102	
Threonine	g	0.186		0		1		0.053	0.316	
Isoleucine	g	0.249		0		1		0.071	0.423	

NDB No. 03086
Babyfood, dinner, vegetables and turkey, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Leucine....g	0.389		0		1		0.110	0.661	
Lysine....g	0.331		0		1		0.094	0.563	
Methionine....g	0.088		0		1		0.025	0.150	
Cystine....g	0.052		0		1		0.015	0.088	
Phenylalanine....g	0.200		0		1		0.057	0.340	
Tyrosine....g	0.174		0		1		0.049	0.296	
Valine....g	0.278		0		1		0.079	0.473	
Arginine....g	0.295		0		1		0.084	0.502	
Histidine....g	0.114		0		1		0.032	0.194	
Alanine....g	0.229		0		1		0.065	0.389	
Aspartic acid....g	0.480		0		1		0.136	0.816	
Glutamic acid....g	0.915		0		1		0.259	1.556	
Glycine....g	0.192		0		1		0.054	0.326	
Proline....g	0.333		0		1		0.094	0.566	
Serine....g	0.193		0		1		0.055	0.328	
Hydroxyproline....g									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.7 **Fat** 8.9 **Carbohydrate** 3.9

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03073
Babyfood, dinner, vegetables chicken, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	86.90		0	MA	12		222.46	13.90	24.64
Energy	kcal	59		0	MC	9		151	9	17
Energy	kJ	247		0		9		632	39	70
Protein	g	2.47		0	MA	12		6.32	0.40	0.70
Total lipid (fat)	g	1.73		0	MA	12		4.43	0.28	0.49
Ash	g	0.49		0	MA	12		1.25	0.08	0.14
Carbohydrate, by difference	g	8.42		0	MC	9		21.56	1.35	2.39
Fiber, total dietary	g	2.1		0	MA	12		5.4	0.3	0.6
Sugars, total	g	1.58		0	MA	12		4.04	0.25	0.45
Sucrose	g	0.99		0	MA	12		2.53	0.16	0.28
Glucose (dextrose)	g	0.32		0	MA	12		0.82	0.05	0.09
Fructose	g	0.27		0	MA	12		0.69	0.04	0.08
Lactose	g	0.00		0	MA	12		0.00	0.00	0.00
Maltose	g	0.00		0	MA	12		0.00	0.00	0.00
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	27		0	MA	12		69	4	8
Iron, Fe	mg	0.53		0	MA	12		1.36	0.08	0.15
Magnesium, Mg	mg	14		0	MA	12		36	2	4
Phosphorus, P	mg	47		0	MA	12		120	8	13
Potassium, K	mg	158		0	MA	12		404	25	45
Sodium, Na	mg	24		0	MA	12		61	4	7
Zinc, Zn	mg	0.48		0	MA	12		1.23	0.08	0.14
Copper, Cu	mg	0.070		0	MA	12		0.179	0.011	0.020
Manganese, Mn	mg	0.150		0	FLM	4		0.384	0.024	0.043
Selenium, Se	mcg	2.8		0	FLM	4		7.2	0.4	0.8
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.1		0	MA	12		0.3	0.0	0.0
Thiamin	mg	0.032		0	MA	12		0.082	0.005	0.009
Riboflavin	mg	0.052		0	MA	12		0.133	0.008	0.015
Niacin	mg	0.720		0	MA	12		1.843	0.115	0.204
Pantothenic acid	mg	0.107		0	FLM	4		0.274	0.017	0.030
Vitamin B-6	mg	0.072		0	MA	12		0.184	0.012	0.020
Folate, total	mcg	5		0	FLM	4		13	1	1
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	5		0	FLM	4		13	1	1
Folate, DFE	mcg_DFE	5		0	NC	4		13	1	1
Choline, total	mg	9.7		0	FLA	4		24.9	1.6	2.8
Betaine	mg									
Vitamin B-12	mcg	0.01		0	FLM	4		0.03	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE (2)	mcg_RAE	207		0	NC	4		530	33	59
Retinol	mcg	0		0	FLA	4		1	0	0
Carotene, beta	mcg	2009		0	FLA	4		5144	321	570
Carotene, alpha	mcg	938		0	FLA	4		2401	150	266
Cryptoxanthin, beta	mcg	0		0	FLA	4		0	0	0
Vitamin A, IU (1)	IU	4132		0	MA	12		10578	661	1171
Lycopene	mcg	0		0	FLA	4		1	0	0
Lutein + zeaxanthin	mcg	72		0	FLA	4		185	12	20
Vitamin E (alpha-tocopherol)	mg	0.32		0	FLA	4		0.81	0.05	0.09
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.1		0	FLA	4		0.2	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03073
Babyfood, dinner, vegetables chicken, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	0.1		0	FLA	4		0.2	0.0	0.0
Vitamin D....IU	3		0	FLA	4		7	0	1
Vitamin K (phylloquinone)....mcg	3.4		0	FLA	4		8.8	0.5	1.0
Lipids:									
Fatty acids, total saturated....g	0.496		0	FLM	4		1.270	0.079	0.141
4:0....g	0.000		0	FLM	4		0.000	0.000	0.000
6:0....g	0.000		0	FLM	4		0.000	0.000	0.000
8:0....g	0.000		0	FLM	4		0.000	0.000	0.000
10:0....g	0.000		0	FLM	4		0.000	0.000	0.000
12:0....g	0.002		0	FLM	4		0.005	0.000	0.001
13:0....g									
14:0....g	0.014		0	FLM	4		0.036	0.002	0.004
15:0....g									
16:0....g	0.359		0	FLM	4		0.919	0.057	0.102
17:0....g									
18:0....g	0.098		0	FLM	4		0.251	0.016	0.028
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.712		0	FLM	4		1.823	0.114	0.202
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.088		0	FLM	4		0.225	0.014	0.025
17:1....g									
18:1 undifferentiated....g	0.596		0	FLM	4		1.526	0.095	0.169
20:1....g	0.017		0	FLM	4		0.044	0.003	0.005
22:1 undifferentiated....g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.374		0	FLM	4		0.957	0.060	0.106
18:2 undifferentiated....g	0.334		0	FLM	4		0.855	0.053	0.095
18:3 undifferentiated....g	0.021		0	FLM	4		0.054	0.003	0.006
18:4....g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.004		0	FLM	4		0.010	0.001	0.001
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.001		0	FLM	4		0.003	0.000	0.000
22:6 n-3 (DHA)....g	0.001		0	FLM	4		0.003	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	11		0	MA	12		28	2	3
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 256g: 1 cup

Measure 2 = 16g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Footnotes:

1 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

2 Vitamin A values range widely due to differences in cultivar and proportion of carrots.

NDB No. 03073
Babyfood, dinner, vegetables chicken, strained

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03076
Babyfood, dinner, vegetables, noodles and chicken, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	86.20	0.300	4		1		24.44	146.54	
Energy....kcal	64		0	NC	4		18	109	
Energy....kJ	268		0		4		76	455	
Protein (N x 5.98)....g	1.70	0.100	4		1		0.48	2.89	
Total lipid (fat)....g	2.20	0.300	4		1		0.62	3.74	
Ash....g	0.70	0.200	4		1		0.20	1.19	
Carbohydrate, by difference....g	9.10		0	NC	4		2.58	15.47	
Fiber, total dietary....g	1.1		0		4		0.3	1.9	
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	26	2.000	4		1		7	44	
Iron, Fe....mg	0.49	0.060	4		1		0.14	0.83	
Magnesium, Mg....mg	11		0		4		3	19	
Phosphorus, P....mg	33		1		1		9	56	
Potassium, K....mg	59		1		1		17	100	
Sodium, Na....mg	26		1		1		7	44	
Zinc, Zn....mg	0.32		1		1		0.09	0.54	
Copper, Cu....mg	0.058		0		1		0.016	0.099	
Manganese, Mn....mg									
Selenium, Se....mcg	3.2		0	FLM	4		0.9	5.4	
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.8	0.100	3		1		0.2	1.4	
Thiamin....mg	0.042	0.005	4		1		0.012	0.071	
Riboflavin....mg	0.037	0.005	4		1		0.010	0.063	
Niacin....mg	0.675	0.106	4		1		0.191	1.148	
Pantothenic acid....mg	0.204		0		1		0.058	0.347	
Vitamin B-6....mg	0.023		1		1		0.007	0.039	
Folate, total....mcg	3		0		1		1	6	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	3		0		1		1	6	
Folate, DFE....mcg_DFE	3		0	NC	4		1	6	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.09		1		1		0.03	0.15	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	53		0	NC	4		15	89	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	1051	72.000	4		1		298	1787	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03076

Babyfood, dinner, vegetables, noodles and chicken, junior

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 4.1 **Fat** 8.9 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03075
Babyfood, dinner, vegetables, noodles and chicken, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.20	0.500	8		1		24.72	98.54	
Energy....kcal	63		0	NC	4		18	71	
Energy....kJ	264		0		4		75	298	
Protein (N x 5.98)....g	2.00		2		1		0.57	2.26	
Total lipid (fat)....g	2.50		2		1		0.71	2.83	
Ash....g	0.40		2		1		0.11	0.45	
Carbohydrate, by difference....g	7.90		0	NC	4		2.24	8.93	
Fiber, total dietary....g	1.1		0		4		0.3	1.2	
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	28		2		1		8	32	
Iron, Fe....mg	0.35		2		1		0.10	0.40	
Magnesium, Mg....mg	10		0		4		3	11	
Phosphorus, P....mg	31		0		1		9	35	
Potassium, K....mg	55		0		1		16	62	
Sodium, Na....mg	20		1		1		6	23	
Zinc, Zn....mg	0.25	0.010	9		1		0.07	0.28	
Copper, Cu....mg	0.054	0.002	9		1		0.015	0.061	
Manganese, Mn....mg									
Selenium, Se....mcg	3.2		0	FLM	4		0.9	3.6	
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.7		0		1		0.2	0.8	
Thiamin....mg	0.032		2		1		0.009	0.036	
Riboflavin....mg	0.049		2		1		0.014	0.055	
Niacin....mg	0.407		1		1		0.115	0.460	
Pantothenic acid....mg	0.190		4		1		0.054	0.215	
Vitamin B-6....mg	0.021		0		1		0.006	0.024	
Folate, total....mcg	3	0.400	3		1		1	4	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	3	0.400	3		1		1	4	
Folate, DFE....mcg_DFE	3		0	NC	4		1	4	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.08		0		1		0.02	0.09	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	71		0	NC	4		20	80	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	1417		2		1		402	1601	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03075

Babyfood, dinner, vegetables, noodles and chicken, strained

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 4.1 **Fat** 8.9 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03154
Babyfood, fruit and vegetable, apple and sweet potato

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	84.00		1	MA	12		94.92		
Energy	kcal	64		0	NC	4		73		
Energy	kJ	269		0	NC	4		304		
Protein	g	0.30		1	MA	12		0.34		
Total lipid (fat)	g	0.22		0	FLM	4		0.25		
Ash	g	0.30		1	MA	12		0.34		
Carbohydrate, by difference	g	15.30		1	MC	9		17.29		
Fiber, total dietary	g	1.4		1	MA	12		1.6		
Sugars, total	g	11.60		1	MA	12		13.11		
Sucrose	g	0.65		1	MA	12		0.73		
Glucose (dextrose)	g	3.12		1	MA	12		3.53		
Fructose	g	7.06		1	MA	12		7.98		
Lactose	g									
Maltose	g	0.78		1	MA	12		0.88		
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	8		1	MA	12		9		
Iron, Fe	mg	0.20		1	MA	12		0.23		
Magnesium, Mg	mg	6		1	MA	12		7		
Phosphorus, P	mg	17		1	MA	12		19		
Potassium, K	mg	149		1	MA	12		168		
Sodium, Na	mg	2		0	FLM	4		3		
Zinc, Zn	mg	0.10		1	MA	12		0.11		
Copper, Cu	mg	0.090		1	MA	12		0.102		
Manganese, Mn	mg	0.060		1	MA	12		0.068		
Selenium, Se	mcg	0.3		0	FLM	4		0.4		
Vitamins:										
Vitamin C, total ascorbic acid	mg	6.4		1	MA	12		7.2		
Thiamin	mg	0.010		1	MA	12		0.011		
Riboflavin	mg	0.020		1	MA	12		0.023		
Niacin	mg	0.100		1	MA	12		0.113		
Pantothenic acid	mg	0.103		0	FLM	4		0.116		
Vitamin B-6	mg	0.050		1	MA	12		0.057		
Folate, total	mcg	2		0	FLM	4		2		
Folic acid	mcg	0		0	Z	7		0		
Folate, food	mcg	2		0	FLM	4		2		
Folate, DFE	mcg_DFE	2		0	NC	4		2		
Choline, total	mg	4.4		0	FLA	4		4.9		
Betaine	mg									
Vitamin B-12	mcg	0.00		0	FLM	4		0.00		
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE	mcg_RAE	103		0	NC	4		116		
Retinol	mcg	0		0	Z	7		0		
Carotene, beta	mcg	1225		0	FLA	4		1385		
Carotene, alpha	mcg	0		0	FLA	4		0		
Cryptoxanthin, beta	mcg	9		0	FLA	4		11		
Vitamin A, IU	IU	2050		1	MA	12		2317		
Lycopene	mcg	0		0	FLA	4		0		
Lutein + zeaxanthin	mcg	13		0	FLA	4		14		
Vitamin E (alpha-tocopherol)	mg	0.16		0	FLA	4		0.18		
Vitamin E, added	mg	0.00		0	Z	7		0.00		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03154
Babyfood, fruit and vegetable, apple and sweet potato

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0		
Vitamin K (phylloquinone)....mcg	0.8		0	FLA	4		0.9		
Lipids:									
Fatty acids, total saturated....g	0.041		0	FLM	4		0.046		
4:0....g	0.000		0	FLM	4		0.000		
6:0....g	0.000		0	FLM	4		0.000		
8:0....g	0.000		0	FLM	4		0.000		
10:0....g	0.000		0	FLM	4		0.000		
12:0....g	0.001		0	FLM	4		0.001		
13:0....g									
14:0....g	0.001		0	FLM	4		0.001		
15:0....g									
16:0....g	0.035		0	FLM	4		0.040		
17:0....g									
18:0....g	0.004		0	FLM	4		0.005		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.008		0	FLM	4		0.009		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	FLM	4		0.000		
17:1....g									
18:1 undifferentiated....g	0.008		0	FLM	4		0.009		
20:1....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated....g	0.000		0	FLM	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.079		0	FLM	4		0.089		
18:2 undifferentiated....g	0.066		0	FLM	4		0.075		
18:3 undifferentiated....g	0.013		0	FLM	4		0.015		
18:4....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	FLM	4		0.000		
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA)....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	0		0	FLM	4		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	FLM	4		0.0		
Caffeine....mg	0		0	FLA	4		0		
Theobromine....mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03140
Babyfood, fruit dessert, mango with tapioca

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	80.00		0	NR	4		12.00	22.68	90.40
Energy....kcal	70		0	T	4		11	20	79
Energy....kJ	293		0	T	4		44	83	331
Protein (N x 6.25)....g	0.30		0	FLM	4		0.05	0.09	0.34
Total lipid (fat)....g	0.20		0	FLM	4		0.03	0.06	0.23
Ash....g	0.33		0	FLM	4		0.05	0.09	0.37
Carbohydrate, by difference....g	19.00		0	NR	4		2.85	5.39	21.47
Fiber, total dietary....g	1.1		0	FLM	4		0.2	0.3	1.2
Sugars, total....g	13.00		0	O	4		1.95	3.69	14.69
Starch....g									
Minerals:									
Calcium, Ca....mg	8		0	FLM	4		1	2	9
Iron, Fe....mg	0.20		0	FLM	4		0.03	0.06	0.23
Magnesium, Mg....mg	6		1	MA	12		1	2	6
Phosphorus, P....mg	4		1	MA	12		1	1	5
Potassium, K....mg	66		1	MA	12		10	19	75
Sodium, Na....mg	4		0	MA	12		1	1	5
Zinc, Zn....mg	0.03		0	FLM	4		0.00	0.01	0.03
Copper, Cu....mg	0.030		0	MA	12		0.005	0.009	0.034
Manganese, Mn....mg									
Selenium, Se....mcg	0.4		0	FLM	4		0.1	0.1	0.5
Vitamins:									
Vitamin C, total ascorbic acid....mg	15.8		0	MA	12		2.4	4.5	17.8
Thiamin....mg	0.020		0	MA	12		0.003	0.006	0.023
Riboflavin....mg	0.020		0	MA	12		0.003	0.006	0.023
Niacin....mg	0.200		0	MA	12		0.030	0.057	0.226
Pantothenic acid....mg	0.100		0	FLM	4		0.015	0.028	0.113
Vitamin B-6....mg	0.080		0	FLM	4		0.012	0.023	0.090
Folate, total....mcg	8		0	FLM	4		1	2	9
Folic acid....mcg	0		0	FLA	4		0	0	0
Folate, food....mcg	8		0	NR	4		1	2	9
Folate, DFE....mcg_DFE	8		0	NC	4		1	2	9
Choline, total....mg	4.5		0	FLA	4		0.7	1.3	5.1
Betaine....mg									
Vitamin B-12....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	23		0	NC	4		3	6	25
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	262		0	FLM	4		39	74	296
Carotene, alpha....mcg	10		0	FLM	4		2	3	11
Cryptoxanthin, beta....mcg	6		0	FLM	4		1	2	7
Vitamin A, IU....IU	450		0	NC	4		68	128	509
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)....mg	0.66		0	NR	4		0.10	0.19	0.74
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	2.5		0	FLM	4		0.4	0.7	2.8
Lipids:									
Fatty acids, total saturated....g	0.039		0	O	4		0.006	0.011	0.044
4:0....g	0.000		0	Z	7		0.000	0.000	0.000

NDB No. 03140
Babyfood, fruit dessert, mango with tapioca

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0	Z	7		0.000	0.000	0.000
8:0....g	0.000		0	Z	7		0.000	0.000	0.000
10:0....g	0.000		0	Z	7		0.000	0.000	0.000
12:0....g	0.001		0	FLM	4		0.000	0.000	0.001
13:0....g									
14:0....g	0.005		0	FLM	4		0.001	0.002	0.006
15:0....g									
16:0....g	0.031		0	FLM	4		0.005	0.009	0.035
17:0....g									
18:0....g	0.002		0	FLM	4		0.000	0.001	0.002
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.060		0	FLM	4		0.009	0.017	0.068
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.028		0	FLM	4		0.004	0.008	0.032
17:1....g									
18:1 undifferentiated....g	0.032		0	FLM	4		0.005	0.009	0.036
20:1....g	0.000		0	Z	7		0.000	0.000	0.000
22:1 undifferentiated....g	0.000		0	Z	7		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.030		0	FLM	4		0.005	0.009	0.034
18:2 undifferentiated....g	0.008		0	FLM	4		0.001	0.002	0.009
18:3 undifferentiated....g	0.022		0	FLM	4		0.003	0.006	0.025
18:4....g	0.000		0	Z	7		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	Z	7		0.000	0.000	0.000
20:5 n-3 (EPA)....g	0.000		0	Z	7		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0	Z	7		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0	Z	7		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	0		0	Z	7		0	0	0
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43585
Babyfood, fruit supreme dessert

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.60		0		1		12.24		
Energy	kcal	73		0	NC	4		11		
Energy	kJ	303		0	NC	4		46		
Protein	g	0.50		0		4		0.08		
Total lipid (fat)	g	0.20		0		4		0.03		
Ash	g	0.52		0	BFSN	4		0.08		
Carbohydrate, by difference	g	17.18		0	NC	4		2.58		
Fiber, total dietary	g	2.0		0		4		0.3		
Sugars, total	g	14.87		0	BFNN	4		2.23		
Starch	g									
Minerals:										
Calcium, Ca	mg	6		0		4		1		
Iron, Fe	mg	0.17		0		4		0.03		
Magnesium, Mg	mg	7		0		4		1		
Phosphorus, P	mg	9		0		4		1		
Potassium, K	mg	129		0		4		19		
Sodium, Na	mg	1		0		4		0		
Zinc, Zn	mg	0.08		0		4		0.01		
Copper, Cu	mg	0.035		0		4		0.005		
Manganese, Mn	mg									
Selenium, Se	mcg	0.4		0	CAZN	4		0.1		
Vitamins:										
Vitamin C, total ascorbic acid	mg	12.7		0		1		1.9		
Thiamin	mg	0.010		0		1		0.002		
Riboflavin	mg	0.040		0		1		0.006		
Niacin	mg	0.280		0		1		0.042		
Pantothenic acid	mg									
Vitamin B-6	mg	0.070		0		4		0.011		
Folate, total	mcg	6		0		4		1		
Folic acid	mcg	0		0	Z	7		0		
Folate, food	mcg	6		0		4		1		
Folate, DFE	mcg_DFE	6		0	NC	4		1		
Choline, total	mg	1.8		0	FLA	4		0.3		
Betaine	mg									
Vitamin B-12	mcg	0.00		0		7		0.00		
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE	mcg_RAE	3		0	NC	4		0		
Retinol	mcg	0		0	BNA	4		0		
Carotene, beta	mcg	25		0	BNA	4		4		
Carotene, alpha	mcg	0		0	BNA	4		0		
Cryptoxanthin, beta	mcg	10		0	BNA	4		1		
Vitamin A, IU	IU	50		0		1		8		
Lycopene	mcg	0		0	BFNN	4		0		
Lutein + zeaxanthin	mcg	149		0	BFNN	4		22		
Vitamin E (alpha-tocopherol)	mg	0.79		0	BFNN	4		0.12		
Vitamin E, added	mg	0.00		0	Z	7		0.00		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0		
Vitamin K (phylloquinone)	mcg	5.1		0	BFNN	4		0.8		
Lipids:										
Fatty acids, total saturated	g	0.030		0		4		0.005		
4:0	g	0.000		0		4		0.000		

NDB No. 43585
Babyfood, fruit supreme dessert

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000		
8:0....g	0.000		0		4		0.000		
10:0....g	0.000		0		4		0.000		
12:0....g	0.000		0		4		0.000		
13:0....g									
14:0....g	0.001		0		4		0.000		
15:0....g									
16:0....g	0.023		0		4		0.003		
17:0....g									
18:0....g	0.003		0		4		0.000		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.025		0		4		0.004		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.002		0		4		0.000		
17:1....g									
18:1 undifferentiated....g	0.023		0		4		0.003		
20:1....g	0.000		0		4		0.000		
22:1 undifferentiated....g	0.000		0		4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.068		0		4		0.010		
18:2 undifferentiated....g	0.050		0		4		0.008		
18:3 undifferentiated....g	0.018		0		4		0.003		
18:4....g	0.000		0		4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000		
20:5 n-3 (EPA)....g	0.000		0		4		0.000		
22:5 n-3 (DPA)....g	0.000		0		4		0.000		
22:6 n-3 (DHA)....g	0.000		0		4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	0		0		7		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0		
Caffeine....mg	0		0	BFNN	4		0		
Theobromine....mg	0		0	BFNN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03165
Babyfood, fruit, apple and blueberry, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	82.80		1		1		23.47	140.76	
Energy	kcal	62		0	NC	4		18	105	
Energy	kJ	259		0		4		74	441	
Protein (N x 6.25)	g	0.20		5		1		0.06	0.34	
Total lipid (fat)	g	0.20		6		1		0.06	0.34	
Ash	g	0.19		0	FLA	4		0.05	0.33	
Carbohydrate, by difference	g	16.60		0	NC	4		4.71	28.22	
Fiber, total dietary	g	1.8		0		4		0.5	3.1	
Sugars, total	g	8.83		0	FLA	4		2.50	15.02	
Sucrose	g	0.41		0	FLA	4		0.12	0.69	
Glucose (dextrose)	g	3.58		0	FLA	4		1.02	6.09	
Fructose	g	4.84		0	FLA	4		1.37	8.23	
Lactose	g	0.00		0	FLA	4		0.00	0.00	
Maltose	g	0.00		0	FLA	4		0.00	0.00	
Galactose	g	0.00		0	FLA	4		0.00	0.00	
Starch	g									
Minerals:										
Calcium, Ca	mg	5		6		1		1	9	
Iron, Fe	mg	0.40		6		1		0.11	0.68	
Magnesium, Mg	mg	3		0		4		1	5	
Phosphorus, P	mg	7	2.000	5		1		2	12	
Potassium, K	mg	65	5.000	4		1		18	111	
Sodium, Na	mg	13		6		1		4	22	
Zinc, Zn	mg	0.04		0		4		0.01	0.06	
Copper, Cu	mg	0.057		0		4		0.016	0.097	
Manganese, Mn	mg									
Selenium, Se	mcg	0.4		0	FLM	4		0.1	0.7	
Vitamins:										
Vitamin C, total ascorbic acid	mg	13.9		2		1		3.9	23.6	
Thiamin	mg	0.018		6		1		0.005	0.031	
Riboflavin	mg	0.043		6		1		0.012	0.073	
Niacin	mg	0.103		6		1		0.029	0.175	
Pantothenic acid	mg	0.164		0		4		0.046	0.279	
Vitamin B-6	mg	0.042		5		1		0.012	0.071	
Folate, total	mcg	3		0	FLA	4		1	5	
Folic acid	mcg	0		0	FLA	4		0	0	
Folate, food	mcg	3		0	FLA	4		1	5	
Folate, DFE	mcg_DFE	3		0	NC	4		1	5	
Choline, total	mg	3.2		0	FLM	4		0.9	5.5	
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	2		0	NC	4		1	3	
Retinol	mcg	0		0	FLA	4		0	0	
Carotene, beta	mcg	22		0	FLA	4		6	37	
Carotene, alpha	mcg	0		0	FLA	4		0	0	
Cryptoxanthin, beta	mcg	6		0	FLA	4		2	9	
Vitamin A, IU	IU	41		0	FLA	4		12	69	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	43		0	FLA	4		12	73	
Vitamin E (alpha-tocopherol)	mg	0.27		0	FLA	4		0.08	0.46	
Vitamin E, added	mg	0.00		0	NR	4		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03165
Babyfood, fruit, apple and blueberry, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone).....mcg	8.8		0	FLA	4		2.5	14.9	
Lipids:									
Fatty acids, total saturated.....g	0.024		0		4		0.007	0.041	
4:0.....g	0.000		0		4		0.000	0.000	
6:0.....g	0.000		0		4		0.000	0.000	
8:0.....g	0.000		0		4		0.000	0.000	
10:0.....g	0.000		0		4		0.000	0.000	
12:0.....g	0.000		0		4		0.000	0.000	
13:0.....g									
14:0.....g	0.001		0		4		0.000	0.002	
15:0.....g									
16:0.....g	0.018		0		4		0.005	0.031	
17:0.....g									
18:0.....g	0.004		0		4		0.001	0.007	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.019		0		4		0.005	0.032	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.002	
17:1.....g									
18:1 undifferentiated.....g	0.018		0		4		0.005	0.031	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.073		0		4		0.021	0.124	
18:2 undifferentiated.....g	0.050		0		4		0.014	0.085	
18:3 undifferentiated.....g	0.023		0		4		0.007	0.039	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA).....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA).....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA).....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03164
Babyfood, fruit, apple and blueberry, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	83.10		1		1		23.56	93.90	
Energy....kcal	61		0	NC	4		17	69	
Energy....kJ	255		0		4		72	288	
Protein (N x 6.25)....g	0.20		6		1		0.06	0.23	
Total lipid (fat)....g	0.20	0.000	7		1		0.06	0.23	
Ash....g	0.20		1		1		0.06	0.23	
Carbohydrate, by difference....g	16.30		0	NC	4		4.62	18.42	
Fiber, total dietary....g	1.8		0		4		0.5	2.0	
Sugars, total....g	13.93		0	FLA	4		3.95	15.74	
Starch....g									
Minerals:									
Calcium, Ca....mg	4	0.000	7		1		1	5	
Iron, Fe....mg	0.20		7		1		0.06	0.23	
Magnesium, Mg....mg	3		0		4		1	3	
Phosphorus, P....mg	8	1.000	5		1		2	9	
Potassium, K....mg	69	5.000	5		1		20	78	
Sodium, Na....mg	2		6		1		1	2	
Zinc, Zn....mg	0.03		0		4		0.01	0.04	
Copper, Cu....mg	0.056		0		4		0.016	0.063	
Manganese, Mn....mg									
Selenium, Se....mcg	0.4		0	FLM	4		0.1	0.5	
Vitamins:									
Vitamin C, total ascorbic acid....mg	27.8		2		1		7.9	31.4	
Thiamin....mg	0.017	0.000	7		1		0.005	0.019	
Riboflavin....mg	0.034	0.000	7		1		0.010	0.038	
Niacin....mg	0.120	0.008	7		1		0.034	0.136	
Pantothenic acid....mg	0.163		0		4		0.046	0.184	
Vitamin B-6....mg	0.037	0.000	7		1		0.010	0.042	
Folate, total....mcg	4	0.300	3		1		1	4	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	4	0.300	3		1		1	4	
Folate, DFE....mcg_DFE	4		0	NC	4		1	4	
Choline, total....mg	3.2		0	FLM	4		0.9	3.7	
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0	1	
Retinol....mcg	0		0	BNA	4		0	0	
Carotene, beta....mcg	10		0	BNA	4		3	11	
Carotene, alpha....mcg	0		0	BNA	4		0	0	
Cryptoxanthin, beta....mcg	5		0	BNA	4		1	5	
Vitamin A, IU....IU	20		0	NC	4		6	23	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	24		0	FLA	4		7	27	
Vitamin E (alpha-tocopherol)....mg	0.12		0	FLA	4		0.03	0.14	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	3.5		0	FLA	4		1.0	3.9	
Lipids:									
Fatty acids, total saturated....g	0.024		0		4		0.007	0.027	
4:0....g	0.000		0		4		0.000	0.000	

NDB No. 03164
Babyfood, fruit, apple and blueberry, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		4		0.000	0.000	
8:0 ... g	0.000		0		4		0.000	0.000	
10:0 ... g	0.000		0		4		0.000	0.000	
12:0 ... g	0.000		0		4		0.000	0.000	
13:0 ... g									
14:0 ... g	0.001		0		4		0.000	0.001	
15:0 ... g									
16:0 ... g	0.018		0		4		0.005	0.020	
17:0 ... g									
18:0 ... g	0.004		0		4		0.001	0.005	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.019		0		4		0.005	0.021	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.001		0		4		0.000	0.001	
17:1 ... g									
18:1 undifferentiated ... g	0.018		0		4		0.005	0.020	
20:1 ... g	0.000		0		4		0.000	0.000	
22:1 undifferentiated ... g	0.000		0		4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.073		0		4		0.021	0.082	
18:2 undifferentiated ... g	0.050		0		4		0.014	0.057	
18:3 undifferentiated ... g	0.023		0		4		0.007	0.026	
18:4 ... g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) ... g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.000		0		4		0.000	0.000	
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0		4		0	0	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	
Caffeine ... mg	0		0	FLA	4		0	0	
Theobromine ... mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03153
Babyfood, fruit, apple and raspberry, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	84.00		1		1		23.81	142.80	
Energy....kcal	58		0	NC	4		16	98	
Energy....kJ	242		0	NC	4		69	411	
Protein (N x 6.25)....g	0.20	0.000	19		1		0.06	0.34	
Total lipid (fat)....g	0.20	0.000	19		1		0.06	0.34	
Ash....g	0.20	0.000	13		1		0.06	0.34	
Carbohydrate, by difference....g	15.40		0	NC	4		4.37	26.18	
Fiber, total dietary....g	2.1		0		4		0.6	3.6	
Sugars, total....g	12.96		0	FLA	4		3.67	22.02	
Starch....g									
Minerals:									
Calcium, Ca....mg	5	0.000	12		1		1	9	
Iron, Fe....mg	0.22	0.020	12		1		0.06	0.37	
Magnesium, Mg....mg	4		0		4		1	7	
Phosphorus, P....mg	8	0.000	5		1		2	14	
Potassium, K....mg	72	3.000	18		1		20	122	
Sodium, Na....mg	2	0.000	19		1		1	3	
Zinc, Zn....mg	0.03		0		4		0.01	0.05	
Copper, Cu....mg	0.053		0		4		0.015	0.090	
Manganese, Mn....mg									
Selenium, Se....mcg	0.3		0	FLM	4		0.1	0.5	
Vitamins:									
Vitamin C, total ascorbic acid....mg	28.9		14		1		8.2	49.1	
Thiamin....mg	0.012	0.000	19		1		0.003	0.020	
Riboflavin....mg	0.029	0.010	19		1		0.008	0.049	
Niacin....mg	0.104	0.004	19		1		0.029	0.177	
Pantothenic acid....mg	0.088		0		1		0.025	0.150	
Vitamin B-6....mg	0.034		6		1		0.010	0.058	
Folate, total....mcg	1		0	FLA	4		0	2	
Folic acid....mcg	0		0	FLA	4		0	0	
Folate, food....mcg	1		0	FLA	4		0	2	
Folate, DFE....mcg_DFE	1		0	NC	4		0	2	
Choline, total....mg	3.5		0	FLA	4		1.0	6.0	
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	2		0	NC	4		0	3	
Retinol....mcg	0		0	BNA	4		0	0	
Carotene, beta....mcg	15		0	FLA	4		4	26	
Carotene, alpha....mcg	1		0	BNA	4		0	1	
Cryptoxanthin, beta....mcg	9		0	BNA	4		3	16	
Vitamin A, IU....IU	34		0	NC	4		10	58	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	21		0	FLA	4		6	36	
Vitamin E (alpha-tocopherol)....mg	0.07		0	FLA	4		0.02	0.12	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	0.8		0	FLA	4		0.2	1.4	
Lipids:									
Fatty acids, total saturated....g	0.032		0		4		0.009	0.054	
4:0....g	0.000		0		4		0.000	0.000	

NDB No. 03153
Babyfood, fruit, apple and raspberry, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		4		0.000	0.000	
8:0 ... g	0.000		0		4		0.000	0.000	
10:0 ... g	0.000		0		4		0.000	0.000	
12:0 ... g	0.001		0		4		0.000	0.002	
13:0 ... g									
14:0 ... g	0.001		0		4		0.000	0.002	
15:0 ... g									
16:0 ... g	0.027		0		4		0.008	0.046	
17:0 ... g									
18:0 ... g	0.004		0		4		0.001	0.007	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.008		0		4		0.002	0.014	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0		4		0.000	0.000	
17:1 ... g									
18:1 undifferentiated ... g	0.008		0		4		0.002	0.014	
20:1 ... g	0.000		0		4		0.000	0.000	
22:1 undifferentiated ... g	0.000		0		4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.063		0		4		0.018	0.107	
18:2 undifferentiated ... g	0.051		0		4		0.014	0.087	
18:3 undifferentiated ... g	0.011		0		4		0.003	0.019	
18:4 ... g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) ... g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.000		0		4		0.000	0.000	
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0		7		0	0	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	
Caffeine ... mg	0		0	FLA	4		0	0	
Theobromine ... mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03152
Babyfood, fruit, apple and raspberry, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	83.80		1		1		23.76	94.69	
Energy....kcal	58		0	NC	4		16	66	
Energy....kJ	243		0	NC	4		69	274	
Protein (N x 6.25)....g	0.20	0.000	19		1		0.06	0.23	
Total lipid (fat)....g	0.20	0.000	20		1		0.06	0.23	
Ash....g	0.20		14		1		0.06	0.23	
Carbohydrate, by difference....g	15.60		0	NC	4		4.42	17.63	
Fiber, total dietary....g	2.1		0		4		0.6	2.4	
Sugars, total....g	12.96		0	FLA	4		3.67	14.64	
Sucrose....g	0.73		0	FLA	4		0.21	0.82	
Glucose (dextrose)....g									
Fructose....g									
Lactose....g									
Maltose....g									
Galactose....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	5	0.000	13		1		1	6	
Iron, Fe....mg	0.22	0.020	14		1		0.06	0.25	
Magnesium, Mg....mg	4		0		4		1	5	
Phosphorus, P....mg	8	1.000	5		1		2	9	
Potassium, K....mg	80	2.000	18		1		23	90	
Sodium, Na....mg	2	0.000	19		1		1	2	
Zinc, Zn....mg	0.03		0		4		0.01	0.04	
Copper, Cu....mg	0.054		0		4		0.015	0.061	
Manganese, Mn....mg									
Selenium, Se....mcg	0.3		0	FLM	4		0.1	0.3	
Vitamins:									
Vitamin C, total ascorbic acid....mg	26.8		3		1		7.6	30.3	
Thiamin....mg	0.014	0.000	13		1		0.004	0.016	
Riboflavin....mg	0.028	0.000	13		1		0.008	0.032	
Niacin....mg	0.106	0.006	13		1		0.030	0.120	
Pantothenic acid....mg	0.090		4		1		0.026	0.102	
Vitamin B-6....mg	0.034		7		1		0.010	0.038	
Folate, total....mcg	1		0	FLA	4		0	1	
Folic acid....mcg	0		0	FLA	4		0	0	
Folate, food....mcg	1		0	FLA	4		0	1	
Folate, DFE....mcg_DFE	1		0	NC	4		0	1	
Choline, total....mg	3.5		0	FLA	4		1.0	4.0	
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0	1	
Retinol....mcg	0		0	BNA	4		0	0	
Carotene, beta....mcg	10		0	BNA	4		3	11	
Carotene, alpha....mcg	0		0	BNA	4		0	0	
Cryptoxanthin, beta....mcg	7		0	BNA	4		2	8	
Vitamin A, IU....IU	22	2.000	12		1		6	25	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	21		0	FLA	4		6	24	
Vitamin E (alpha-tocopherol)....mg	0.21		0	O	4		0.06	0.24	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									

NDB No. 03152
Babyfood, fruit, apple and raspberry, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone).....mcg	0.8		0	FLA	4		0.2	0.9	
Lipids:									
Fatty acids, total saturated.....g	0.033		0		4		0.009	0.037	
4:0.....g	0.000		0		4		0.000	0.000	
6:0.....g	0.000		0		4		0.000	0.000	
8:0.....g	0.000		0		4		0.000	0.000	
10:0.....g	0.000		0		4		0.000	0.000	
12:0.....g	0.001		0		4		0.000	0.001	
13:0.....g									
14:0.....g	0.001		0		4		0.000	0.001	
15:0.....g									
16:0.....g	0.027		0		4		0.008	0.031	
17:0.....g									
18:0.....g	0.004		0		4		0.001	0.005	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.008		0		4		0.002	0.009	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
17:1.....g									
18:1 undifferentiated.....g	0.008		0		4		0.002	0.009	
20:1.....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.062		0		4		0.018	0.070	
18:2 undifferentiated.....g	0.051		0		4		0.014	0.058	
18:3 undifferentiated.....g	0.011		0		4		0.003	0.012	
18:4.....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA).....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA).....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA).....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	
Caffeine.....mg	0		0	FLA	4		0	0	
Theobromine.....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03143
Babyfood, fruit, applesauce and apricots, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	86.90		14		1		13.90	24.64	147.73
Energy....kcal	47		0	NC	4		8	13	80
Energy....kJ	197		0		4		31	56	334
Protein (N x 6.25)....g	0.20		14		1		0.03	0.06	0.34
Total lipid (fat)....g	0.20		14		1		0.03	0.06	0.34
Ash....g	0.24		0	FLA	4		0.04	0.07	0.40
Carbohydrate, by difference....g	12.40		0	NC	4		1.98	3.52	21.08
Fiber, total dietary....g	1.8		0		4		0.3	0.5	3.1
Sugars, total....g	8.72		0	FLA	4		1.40	2.47	14.83
Sucrose....g	0.70		0	FLA	4		0.11	0.20	1.20
Glucose (dextrose)....g	2.81		0	FLA	4		0.45	0.80	4.77
Fructose....g	5.21		0	FLA	4		0.83	1.48	8.86
Lactose....g	0.00		0	FLA	4		0.00	0.00	0.00
Maltose....g	0.00		0	FLA	4		0.00	0.00	0.00
Galactose....g	0.00		0	FLA	4		0.00	0.00	0.00
Starch....g									
Minerals:									
Calcium, Ca....mg	6	0.000	18		1		1	2	10
Iron, Fe....mg	0.26	0.020	19		1		0.04	0.07	0.44
Magnesium, Mg....mg	4		1		1		1	1	7
Phosphorus, P....mg	10		2		1		2	3	17
Potassium, K....mg	109		15		1		17	31	185
Sodium, Na....mg	3		16		1		0	1	5
Zinc, Zn....mg	0.03		1		1		0.00	0.01	0.05
Copper, Cu....mg	0.044		0		4		0.007	0.012	0.075
Manganese, Mn....mg									
Selenium, Se....mcg	0.3		0	BFZN	4		0.0	0.1	0.5
Vitamins:									
Vitamin C, total ascorbic acid....mg	17.9		10		1		2.9	5.1	30.4
Thiamin....mg	0.014	0.000	18		1		0.002	0.004	0.024
Riboflavin....mg	0.030	0.000	17		1		0.005	0.009	0.051
Niacin....mg	0.145	0.004	18		1		0.023	0.041	0.247
Pantothenic acid....mg	0.125		0		4		0.020	0.035	0.213
Vitamin B-6....mg	0.030		7		1		0.005	0.009	0.051
Folate, total....mcg	1		0	FLA	4		0	0	2
Folic acid....mcg	0		0	FLA	4		0	0	0
Folate, food....mcg	1		0	FLA	4		0	0	2
Folate, DFE....mcg_DFE	1		0	NC	4		0	0	2
Choline, total....mg	3.1		0	FLA	4		0.5	0.9	5.3
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	2		0	NC	4		0	0	3
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	15		0	FLA	4		2	4	25
Carotene, alpha....mcg	0		0	FLA	4		0	0	0
Cryptoxanthin, beta....mcg	11		0	FLA	4		2	3	19
Vitamin A, IU....IU	33		0	NC	4		5	9	57
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	15		0	FLA	4		2	4	26
Vitamin E (alpha-tocopherol)....mg	0.04		0	FLA	4		0.01	0.01	0.07
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									

NDB No. 03143
Babyfood, fruit, applesauce and apricots, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone).....mcg	0.5		0	FLA	4		0.1	0.1	0.9
Lipids:									
Fatty acids, total saturated.....g	0.028		0		4		0.004	0.008	0.048
4:0.....g	0.000		0		4		0.000	0.000	0.000
6:0.....g	0.000		0		4		0.000	0.000	0.000
8:0.....g	0.000		0		4		0.000	0.000	0.000
10:0.....g	0.000		0		4		0.000	0.000	0.000
12:0.....g	0.000		0		4		0.000	0.000	0.000
13:0.....g									
14:0.....g	0.000		0		4		0.000	0.000	0.000
15:0.....g									
16:0.....g	0.023		0		4		0.004	0.007	0.039
17:0.....g									
18:0.....g	0.003		0		4		0.000	0.001	0.005
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.030		0		4		0.005	0.009	0.051
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.030		0		4		0.005	0.009	0.051
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.051		0		4		0.008	0.014	0.087
18:2 undifferentiated.....g	0.044		0		4		0.007	0.012	0.075
18:3 undifferentiated.....g	0.009		0		4		0.001	0.003	0.015
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA).....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03142
Babyfood, fruit, applesauce and apricots, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.70		14		1		14.03	24.86	99.10
Energy....kcal	44		0	NC	4		7	13	50
Energy....kJ	185		0	NC	4		30	52	209
Protein (N x 6.25)....g	0.20		14		1		0.03	0.06	0.23
Total lipid (fat)....g	0.20		14		1		0.03	0.06	0.23
Ash....g	0.26		0	FLA	4		0.04	0.07	0.29
Carbohydrate, by difference....g	11.64		0	NC	4		1.86	3.30	13.15
Fiber, total dietary....g	1.8		0		4		0.3	0.5	2.0
Sugars, total....g	9.25		0	FLA	4		1.48	2.62	10.45
Sucrose....g	1.57		0	FLA	4		0.25	0.45	1.78
Glucose (dextrose)....g	2.88		0	FLA	4		0.46	0.82	3.25
Fructose....g	4.79		0	FLA	4		0.77	1.36	5.41
Lactose....g	0.00		0	FLA	4		0.00	0.00	0.00
Maltose....g	0.01		0	FLA	4		0.00	0.00	0.01
Galactose....g	0.00		0	FLA	4		0.00	0.00	0.00
Starch....g									
Minerals:									
Calcium, Ca....mg	6	0.000	16		1		1	2	7
Iron, Fe....mg	0.25	0.020	16		1		0.04	0.07	0.28
Magnesium, Mg....mg	4		1		1		1	1	5
Phosphorus, P....mg	9		2		1		1	3	10
Potassium, K....mg	120		15		1		19	34	136
Sodium, Na....mg	3		16		1		0	1	3
Zinc, Zn....mg	0.04		2		1		0.01	0.01	0.05
Copper, Cu....mg	0.041		0		4		0.007	0.012	0.046
Manganese, Mn....mg									
Selenium, Se....mcg	0.3		0	BFZN	4		0.0	0.1	0.3
Vitamins:									
Vitamin C, total ascorbic acid....mg	18.9	1.900	11		1		3.0	5.4	21.4
Thiamin....mg	0.014	0.000	16		1		0.002	0.004	0.016
Riboflavin....mg	0.029	0.000	16		1		0.005	0.008	0.033
Niacin....mg	0.140	0.003	16		1		0.022	0.040	0.158
Pantothenic acid....mg	0.119		0		4		0.019	0.034	0.134
Vitamin B-6....mg	0.030		7		1		0.005	0.009	0.034
Folate, total....mcg	2		0	FLA	4		0	0	2
Folic acid....mcg	0		0	FLA	4		0	0	0
Folate, food....mcg	2		0	FLA	4		0	0	2
Folate, DFE....mcg_DFE	2		0	NC	4		0	0	2
Choline, total....mg	3.1		0	FLA	4		0.5	0.9	3.5
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	17		0	NC	4		3	5	19
Retinol....mcg	0		0	FLA	4		0	0	0
Carotene, beta....mcg	189		0	FLA	4		30	53	213
Carotene, alpha....mcg	3		0	FLA	4		0	1	3
Cryptoxanthin, beta....mcg	26		0	FLA	4		4	8	30
Vitamin A, IU....IU	339		0	NC	4		54	96	383
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	28		0	FLA	4		4	8	32
Vitamin E (alpha-tocopherol)....mg	0.18		0	FLA	4		0.03	0.05	0.20
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									

NDB No. 03142
Babyfood, fruit, applesauce and apricots, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone).....mcg	1.0		0	FLA	4		0.2	0.3	1.1
Lipids:									
Fatty acids, total saturated.....g	0.024		0		4		0.004	0.007	0.027
4:0.....g	0.000		0		4		0.000	0.000	0.000
6:0.....g	0.000		0		4		0.000	0.000	0.000
8:0.....g	0.000		0		4		0.000	0.000	0.000
10:0.....g	0.000		0		4		0.000	0.000	0.000
12:0.....g	0.000		0		4		0.000	0.000	0.000
13:0.....g									
14:0.....g	0.000		0		4		0.000	0.000	0.000
15:0.....g									
16:0.....g	0.020		0		4		0.003	0.006	0.023
17:0.....g									
18:0.....g	0.003		0		4		0.000	0.001	0.003
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.037		0		4		0.006	0.010	0.042
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.037		0		4		0.006	0.010	0.042
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.045		0		4		0.007	0.013	0.051
18:2 undifferentiated.....g	0.041		0		4		0.007	0.012	0.046
18:3 undifferentiated.....g	0.007		0		4		0.001	0.002	0.008
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA).....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03145
Babyfood, fruit, applesauce and cherries, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	85.60		0		1		24.27	145.52	
Energy	kcal	51		0	NC	4		14	86	
Energy	kJ	212		0	NC	4		60	361	
Protein (N x 6.25)	g	0.00		0		1		0.00	0.00	
Total lipid (fat)	g	0.00		13		1		0.00	0.00	
Ash	g	0.30	0.000	13		1		0.09	0.51	
Carbohydrate, by difference	g	14.10		0		4		4.00	23.97	
Fiber, total dietary	g	1.1		0		4		0.3	1.9	
Sugars, total	g	10.61		0	BFSN	4		3.01	18.04	
Starch	g									
Minerals:										
Calcium, Ca	mg	1		0		1		0	2	
Iron, Fe	mg	0.30		0		1		0.09	0.51	
Magnesium, Mg	mg	4		0		4		1	7	
Phosphorus, P	mg	8		0		4		2	14	
Potassium, K	mg	132		0		1		37	224	
Sodium, Na	mg	1		0		1		0	2	
Zinc, Zn	mg	0.03		0		4		0.01	0.05	
Copper, Cu	mg	0.046		0		4		0.013	0.078	
Manganese, Mn	mg									
Selenium, Se	mcg	0.3		0	FLM	4		0.1	0.5	
Vitamins:										
Vitamin C, total ascorbic acid	mg	42.8		0		1		12.1	72.8	
Thiamin	mg	0.010		0		1		0.003	0.017	
Riboflavin	mg	0.030		0		1		0.009	0.051	
Niacin	mg	0.140		0		1		0.040	0.238	
Pantothenic acid	mg	0.130		0		4		0.037	0.221	
Vitamin B-6	mg	0.039		0		4		0.011	0.066	
Folate, total	mcg	0		0		1		0	1	
Folic acid	mcg	0		0	FLA	4		0	0	
Folate, food	mcg	0		0	NR	4		0	1	
Folate, DFE	mcg_DFE	0		0	NC	4		0	1	
Choline, total	mg	4.6		0	FLA	4		1.3	7.8	
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	2		0	NC	4		1	4	
Retinol	mcg	0		0	BNA	4		0	0	
Carotene, beta	mcg	24		0	BNA	4		7	41	
Carotene, alpha	mcg	0		0	BNA	4		0	0	
Cryptoxanthin, beta	mcg	6		0	BNA	4		2	9	
Vitamin A, IU	IU	45		0	NC	4		13	77	
Lycopene	mcg	0		0	BFSN	4		0	0	
Lutein + zeaxanthin	mcg	47		0	BFSN	4		13	81	
Vitamin E (alpha-tocopherol)	mg	0.06		0	FLA	4		0.02	0.09	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)	mcg	1.2		0	BFSN	4		0.4	2.1	
Lipids:										
Fatty acids, total saturated	g	0.000		0		4		0.000	0.000	
4:0	g	0.000		0		4		0.000	0.000	

NDB No. 03145
Babyfood, fruit, applesauce and cherries, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ....g	0.000		0		4		0.000	0.000	
8:0 ....g	0.000		0		4		0.000	0.000	
10:0 ....g	0.000		0		4		0.000	0.000	
12:0 ....g	0.000		0		4		0.000	0.000	
13:0 ....g									
14:0 ....g	0.000		0		4		0.000	0.000	
15:0 ....g									
16:0 ....g	0.000		0		4		0.000	0.000	
17:0 ....g									
18:0 ....g	0.000		0		4		0.000	0.000	
20:0 ....g									
22:0 ....g									
24:0 ....g									
Fatty acids, total monounsaturated ....g	0.000		0		4		0.000	0.000	
14:1 ....g									
15:1 ....g									
16:1 undifferentiated ....g	0.000		0		4		0.000	0.000	
17:1 ....g									
18:1 undifferentiated ....g	0.000		0		4		0.000	0.000	
20:1 ....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated ....g	0.000		0		4		0.000	0.000	
24:1 c ....g									
Fatty acids, total polyunsaturated ....g	0.000		0		4		0.000	0.000	
18:2 undifferentiated ....g	0.000		0		4		0.000	0.000	
18:3 undifferentiated ....g	0.000		0		4		0.000	0.000	
18:4 ....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c ....g									
20:3 undifferentiated ....g									
20:4 undifferentiated ....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) ....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) ....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) ....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans ....g									
Cholesterol ....mg	0		0		4		0	0	
Phytosterols ....mg									
Others:									
Alcohol, ethyl ....g	0.0		0		7		0.0	0.0	
Caffeine ....mg	0		0	BFSN	4		0	0	
Theobromine ....mg	0		0	BFSN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03144
Babyfood, fruit, applesauce and cherries, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	85.63		0		1		24.28	96.76	
Energy....kcal	51		0	NC	4		14	58	
Energy....kJ	213		0		4		60	241	
Protein (N x 6.25)....g	0.00		0		1		0.00	0.00	
Total lipid (fat)....g	0.00		13		1		0.00	0.00	
Ash....g	0.25		0		1		0.07	0.28	
Carbohydrate, by difference....g	14.10		0	NC	4		4.00	15.93	
Fiber, total dietary....g	1.1		0		4		0.3	1.2	
Sugars, total....g	10.81		0	FLA	4		3.07	12.22	
Starch....g									
Minerals:									
Calcium, Ca....mg	1		0		1		0	1	
Iron, Fe....mg	0.30		0		1		0.09	0.34	
Magnesium, Mg....mg	4		0		4		1	5	
Phosphorus, P....mg	8		0		4		2	9	
Potassium, K....mg	132		0		1		37	149	
Sodium, Na....mg	1		0		1		0	1	
Zinc, Zn....mg	0.03		0		4		0.01	0.03	
Copper, Cu....mg	0.045		0		4		0.013	0.051	
Manganese, Mn....mg									
Selenium, Se....mcg	0.3		0	FLM	4		0.1	0.3	
Vitamins:									
Vitamin C, total ascorbic acid....mg	42.8		0		1		12.1	48.4	
Thiamin....mg	0.010		0		1		0.003	0.011	
Riboflavin....mg	0.030		0		1		0.009	0.034	
Niacin....mg	0.140		0		1		0.040	0.158	
Pantothenic acid....mg	0.131		0		4		0.037	0.148	
Vitamin B-6....mg	0.037		0		4		0.010	0.042	
Folate, total....mcg	0		3		1		0	0	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	0		3		1		0	0	
Folate, DFE....mcg_DFE	0		0	NC	4		0	0	
Choline, total....mg	4.6		0	FLA	4		1.3	5.2	
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	2		0	NC	4		1	3	
Retinol....mcg	0		0	FLA	4		0	0	
Carotene, beta....mcg	25		0	BNA	4		7	28	
Carotene, alpha....mcg	0		0	BNA	4		0	0	
Cryptoxanthin, beta....mcg	4		0	BNA	4		1	4	
Vitamin A, IU....IU	45		0		1		13	51	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	56		0	FLA	4		16	63	
Vitamin E (alpha-tocopherol)....mg	0.12		0	FLA	4		0.04	0.14	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	2.0		0	FLA	4		0.6	2.2	
Lipids:									
Fatty acids, total saturated....g	0.000		0		7		0.000	0.000	
4:0....g	0.000		0		4		0.000	0.000	

NDB No. 03144
Babyfood, fruit, applesauce and cherries, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ....g	0.000		0		4		0.000	0.000	
8:0 ....g	0.000		0		4		0.000	0.000	
10:0 ....g	0.000		0		4		0.000	0.000	
12:0 ....g	0.000		0		4		0.000	0.000	
13:0 ....g									
14:0 ....g	0.000		0		4		0.000	0.000	
15:0 ....g									
16:0 ....g	0.000		0		4		0.000	0.000	
17:0 ....g									
18:0 ....g	0.000		0		4		0.000	0.000	
20:0 ....g									
22:0 ....g									
24:0 ....g									
Fatty acids, total monounsaturated ....g	0.000		0		7		0.000	0.000	
14:1 ....g									
15:1 ....g									
16:1 undifferentiated ....g	0.000		0		4		0.000	0.000	
17:1 ....g									
18:1 undifferentiated ....g	0.000		0		4		0.000	0.000	
20:1 ....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated ....g	0.000		0		4		0.000	0.000	
24:1 c ....g									
Fatty acids, total polyunsaturated ....g	0.000		0		7		0.000	0.000	
18:2 undifferentiated ....g	0.000		0		4		0.000	0.000	
18:3 undifferentiated ....g	0.000		0		4		0.000	0.000	
18:4 ....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c ....g									
20:3 undifferentiated ....g									
20:4 undifferentiated ....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) ....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) ....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) ....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans ....g									
Cholesterol ....mg	0		0		7		0	0	
Phytosterols ....mg									
Others:									
Alcohol, ethyl ....g	0.0		0		7		0.0	0.0	
Caffeine ....mg	0		0	FLA	4		0	0	
Theobromine ....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03151
Babyfood, fruit, applesauce and pineapple, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	89.10		1		1		25.26	151.47	
Energy....kcal	39		0	NC	4		11	66	
Energy....kJ	163		0		4		46	277	
Protein (N x 6.25)....g	0.10		6		1		0.03	0.17	
Total lipid (fat)....g	0.10		6		1		0.03	0.17	
Ash....g	0.20	0.000	6		1		0.06	0.34	
Carbohydrate, by difference....g	10.50		0	NC	4		2.98	17.85	
Fiber, total dietary....g	1.5		0		4		0.4	2.6	
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	4		6		1		1	7	
Iron, Fe....mg	0.10		6		1		0.03	0.17	
Magnesium, Mg....mg	4		2		1		1	7	
Phosphorus, P....mg	6		2		1		2	10	
Potassium, K....mg	76		2		1		22	129	
Sodium, Na....mg	2		2		1		1	3	
Zinc, Zn....mg	0.03		2		1		0.01	0.05	
Copper, Cu....mg	0.036		0		4		0.010	0.061	
Manganese, Mn....mg									
Selenium, Se....mcg	0.3		0	FLM	4		0.1	0.5	
Vitamins:									
Vitamin C, total ascorbic acid....mg	26.8		6		1		7.6	45.6	
Thiamin....mg	0.022		6		1		0.006	0.037	
Riboflavin....mg	0.027		6		1		0.008	0.046	
Niacin....mg	0.079		6		1		0.022	0.134	
Pantothenic acid....mg	0.104		0		4		0.029	0.177	
Vitamin B-6....mg	0.039		6		1		0.011	0.066	
Folate, total....mcg	2		0		1		1	3	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	2		0		1		1	3	
Folate, DFE....mcg_DFE	2		0	NC	4		1	3	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0	2	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	21	6.000	6		1		6	36	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg	0.60		0	NR	4		0.17	1.02	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									
Lipids:									
Fatty acids, total saturated....g	0.011		0		4		0.003	0.019	
4:0....g	0.000		0		4		0.000	0.000	

NDB No. 03151
Babyfood, fruit, applesauce and pineapple, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		4		0.000	0.000	
8:0 ... g	0.000		0		4		0.000	0.000	
10:0 ... g	0.000		0		4		0.000	0.000	
12:0 ... g	0.000		0		4		0.000	0.000	
13:0 ... g									
14:0 ... g	0.000		0		4		0.000	0.000	
15:0 ... g									
16:0 ... g	0.008		0		4		0.002	0.014	
17:0 ... g									
18:0 ... g	0.002		0		4		0.001	0.003	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.009		0		4		0.003	0.015	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0		4		0.000	0.000	
17:1 ... g									
18:1 undifferentiated ... g	0.008		0		4		0.002	0.014	
20:1 ... g	0.000		0		4		0.000	0.000	
22:1 undifferentiated ... g	0.000		0		4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.032		0		4		0.009	0.054	
18:2 undifferentiated ... g	0.021		0		4		0.006	0.036	
18:3 undifferentiated ... g	0.011		0		4		0.003	0.019	
18:4 ... g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) ... g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.000		0		4		0.000	0.000	
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0		4		0	0	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	
Caffeine ... mg									
Theobromine ... mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03150
Babyfood, fruit, applesauce and pineapple, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	89.50		1		1		25.37	101.14	
Energy....kcal	37		0	NC	4		10	42	
Energy....kJ	155		0		4		44	175	
Protein (N x 6.25)....g	0.10		6		1		0.03	0.11	
Total lipid (fat)....g	0.10		6		1		0.03	0.11	
Ash....g	0.20	0.000	6		1		0.06	0.23	
Carbohydrate, by difference....g	10.10		0	NC	4		2.86	11.41	
Fiber, total dietary....g	1.5		0		4		0.4	1.7	
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	4		6		1		1	5	
Iron, Fe....mg	0.10		12		1		0.03	0.11	
Magnesium, Mg....mg	3		2		1		1	3	
Phosphorus, P....mg	6		2		1		2	7	
Potassium, K....mg	78		2		1		22	88	
Sodium, Na....mg	2		2		1		1	2	
Zinc, Zn....mg	0.02		2		1		0.00	0.02	
Copper, Cu....mg	0.035		0		4		0.010	0.040	
Manganese, Mn....mg									
Selenium, Se....mcg	0.3		0	FLM	4		0.1	0.3	
Vitamins:									
Vitamin C, total ascorbic acid....mg	28.1		6		1		8.0	31.8	
Thiamin....mg	0.021		6		1		0.006	0.024	
Riboflavin....mg	0.026		6		1		0.007	0.029	
Niacin....mg	0.078		6		1		0.022	0.088	
Pantothenic acid....mg	0.101		0		4		0.029	0.114	
Vitamin B-6....mg	0.039		6		1		0.011	0.044	
Folate, total....mcg	2	0.100	3		1		1	2	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	2	0.100	3		1		1	2	
Folate, DFE....mcg_DFE	2		0	NC	4		1	2	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	0		0	AS	1		0	0	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	0		0	AS	1		0	0	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg	0.60		0	NR	4		0.17	0.68	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									
Lipids:									
Fatty acids, total saturated....g	0.010		0		4		0.003	0.011	
4:0....g	0.000		0		4		0.000	0.000	
6:0....g	0.000		0		4		0.000	0.000	

NDB No. 03150
Babyfood, fruit, applesauce and pineapple, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
8:0....g	0.000		0		4		0.000	0.000	
10:0....g	0.000		0		4		0.000	0.000	
12:0....g	0.000		0		4		0.000	0.000	
13:0....g									
14:0....g	0.000		0		4		0.000	0.000	
15:0....g									
16:0....g	0.008		0		4		0.002	0.009	
17:0....g									
18:0....g	0.002		0		4		0.001	0.002	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.009		0		4		0.003	0.010	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.001		0		4		0.000	0.001	
17:1....g									
18:1 undifferentiated....g	0.008		0		4		0.002	0.009	
20:1....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.032		0		4		0.009	0.036	
18:2 undifferentiated....g	0.021		0		4		0.006	0.024	
18:3 undifferentiated....g	0.012		0		4		0.003	0.014	
18:4....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0		4		0	0	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	
Caffeine....mg									
Theobromine....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03147
Babyfood, fruit, applesauce with banana, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	83.14		0	PAE	4		13.30	141.34	141.34
Energy....kcal	66		0	PAE	4		11	112	112
Energy....kJ	276		0		4		44	469	469
Protein....g	0.37		0	PAE	4		0.06	0.63	0.63
Total lipid (fat)....g	0.10		0	PAE	4		0.02	0.17	0.17
Ash....g	0.26		0	PAE	4		0.04	0.44	0.44
Carbohydrate, by difference....g	16.16		0	PAE	4		2.59	27.47	27.47
Fiber, total dietary....g	1.6		0	PAE	4		0.3	2.7	2.7
Sugars, total....g	4.35		0	BFSN	4		0.70	7.39	7.39
Starch....g									
Minerals:									
Calcium, Ca....mg	5		0	PAE	4		1	9	9
Iron, Fe....mg	0.24		0	PAE	4		0.04	0.41	0.41
Magnesium, Mg....mg	9		0	PAE	4		1	15	15
Phosphorus, P....mg	12		0	MA	12		2	20	20
Potassium, K....mg	131		0	PAE	4		21	223	223
Sodium, Na....mg	3		0	PAE	4		0	5	5
Zinc, Zn....mg	0.05		0	PAE	4		0.01	0.09	0.09
Copper, Cu....mg	0.040		0	MA	12		0.006	0.068	0.068
Manganese, Mn....mg	0.100		0	MA	12		0.016	0.170	0.170
Selenium, Se....mcg	0.4		0	FLM	4		0.1	0.7	0.7
Vitamins:									
Vitamin C, total ascorbic acid....mg	17.3		0	PAE	4		2.8	29.4	29.4
Thiamin....mg	0.010		0	PAE	4		0.002	0.017	0.017
Riboflavin....mg	0.031		0	PAE	4		0.005	0.053	0.053
Niacin....mg	0.163		0	PAE	4		0.026	0.277	0.277
Pantothenic acid....mg	0.135		0	FLM	4		0.022	0.230	0.230
Vitamin B-6....mg	0.100		0	MA	12		0.016	0.170	0.170
Folate, total....mcg	3		0	FLM	4		0	5	5
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	3		0	FLM	4		0	5	5
Folate, DFE....mcg_DFE	3		0	NC	4		0	5	5
Choline, total....mg	4.9		0	FLA	4		0.8	8.4	8.4
Betaine....mg									
Vitamin B-12....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0	0	0
Retinol....mcg	0		0	BNA	4		0	0	0
Carotene, beta....mcg	3		0	BNA	4		0	4	4
Carotene, alpha....mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta....mcg	2		0	BNA	4		0	3	3
Vitamin A, IU....IU	6		0	NC	4		1	10	10
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	8		0	BFSN	4		1	13	13
Vitamin E (alpha-tocopherol)....mg	0.02		0	FLA	4		0.00	0.03	0.03
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.3		0	BFSN	4		0.0	0.4	0.4
Lipids:									
Fatty acids, total saturated....g	0.040		0	FLM	4		0.006	0.068	0.068
4:0....g	0.000		0	FLM	4		0.000	0.000	0.000

NDB No. 03147
Babyfood, fruit, applesauce with banana, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0	FLM	4		0.000	0.000	0.000
8:0 ... g	0.000		0	FLM	4		0.000	0.000	0.000
10:0 ... g	0.000		0	FLM	4		0.000	0.000	0.000
12:0 ... g	0.001		0	FLM	4		0.000	0.002	0.002
13:0 ... g									
14:0 ... g	0.001		0	FLM	4		0.000	0.002	0.002
15:0 ... g									
16:0 ... g	0.034		0	FLM	4		0.005	0.058	0.058
17:0 ... g									
18:0 ... g	0.003		0	FLM	4		0.000	0.005	0.005
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.010		0	FLM	4		0.002	0.017	0.017
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.002		0	FLM	4		0.000	0.003	0.003
17:1 ... g									
18:1 undifferentiated ... g	0.009		0	FLM	4		0.001	0.015	0.015
20:1 ... g	0.000		0	FLM	4		0.000	0.000	0.000
22:1 undifferentiated ... g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.050		0	FLM	4		0.008	0.085	0.085
18:2 undifferentiated ... g	0.040		0	FLM	4		0.006	0.068	0.068
18:3 undifferentiated ... g	0.011		0	FLM	4		0.002	0.019	0.019
18:4 ... g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	FLM	4		0.000	0.000	0.000
20:5 n-3 (EPA) ... g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA) ... g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3 (DHA) ... g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	Z	7		0	0	0
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine ... mg	0		0	Z	7		0	0	0
Theobromine ... mg	0		0	Z	7		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 170g: 1 jar NFS

Measure 3 = 170g: 1 jar Beech-Nut Stage 3 (6 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03117
Babyfood, fruit, applesauce, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	89.50		14		1		14.32	25.37	152.15
Energy....kcal	37		0	NC	4		6	10	63
Energy....kJ	155		0		4		25	44	263
Protein (N x 6.25)....g	0.00	0.000	43		1		0.00	0.00	0.00
Total lipid (fat)....g	0.00	0.000	43		1		0.00	0.00	0.00
Ash....g	0.20	0.000	42		1		0.03	0.06	0.34
Carbohydrate, by difference....g	10.30		0	NC	4		1.65	2.92	17.51
Fiber, total dietary....g	1.7		0		4		0.3	0.5	2.9
Sugars, total....g	8.48		0	BFSN	4		1.36	2.41	14.42
Starch....g									
Minerals:									
Calcium, Ca....mg	5	0.000	46		1		1	1	9
Iron, Fe....mg	0.22	0.010	40		1		0.04	0.06	0.37
Magnesium, Mg....mg	3		2		1		0	1	5
Phosphorus, P....mg	6		3		1		1	2	10
Potassium, K....mg	77		16		1		12	22	131
Sodium, Na....mg	2	1.000	17		1		0	1	3
Zinc, Zn....mg	0.04		3		1		0.01	0.01	0.07
Copper, Cu....mg	0.035		0		1		0.006	0.010	0.060
Manganese, Mn....mg									
Selenium, Se....mcg	0.3		0	BFZN	4		0.0	0.1	0.5
Vitamins:									
Vitamin C, total ascorbic acid....mg	37.8	1.300	35		1		6.0	10.7	64.3
Thiamin....mg	0.012	0.000	37		1		0.002	0.003	0.020
Riboflavin....mg	0.027	0.000	34		1		0.004	0.008	0.046
Niacin....mg	0.063		18		1		0.010	0.018	0.107
Pantothenic acid....mg	0.100		0		1		0.016	0.028	0.170
Vitamin B-6....mg	0.030		31		1		0.005	0.009	0.051
Folate, total....mcg	2		0		1		0	0	3
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	2		0		1		0	0	3
Folate, DFE....mcg_DFE	2		0	NC	4		0	0	3
Choline, total....mg	3.4		0	FLA	4		0.6	1.0	5.8
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0	0	0
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	2		0	BFSN	4		0	1	4
Carotene, alpha....mcg	0		0	BFSN	4		0	0	0
Cryptoxanthin, beta....mcg	2		0	BFSN	4		0	1	3
Vitamin A, IU....IU	9		10		1		1	3	15
Lycopene....mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin....mcg	9		0	BFSN	4		1	3	16
Vitamin E (alpha-tocopherol)....mg	0.60		0	NR	4		0.10	0.17	1.02
Vitamin E, added....mg	0.00		0	NR	4		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.3		0	BFSN	4		0.0	0.1	0.5
Lipids:									
Fatty acids, total saturated....g	0.000		0		7		0.000	0.000	0.000
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03117
Babyfood, fruit, applesauce, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.000		0		4		0.000	0.000	0.000
17:0 g									
18:0 g	0.000		0		4		0.000	0.000	0.000
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.000		0		7		0.000	0.000	0.000
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03116
Babyfood, fruit, applesauce, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.60		14		1		14.18	25.12	100.12
Energy....kcal	41		0	NR	4		7	12	46
Energy....kJ	172		0	NR	4		28	49	194
Protein (N x 6.25)....g	0.20	0.000	18		1		0.03	0.06	0.23
Total lipid (fat)....g	0.20	0.000	18		1		0.03	0.06	0.23
Ash....g	0.20	0.000	42		1		0.03	0.06	0.23
Carbohydrate, by difference....g	10.80		0	NC	4		1.73	3.06	12.20
Fiber, total dietary....g	1.7		0		4		0.3	0.5	1.9
Sugars, total....g	9.87		0	BFSN	4		1.58	2.80	11.16
Starch....g									
Minerals:									
Calcium, Ca....mg	4		43		1		1	1	5
Iron, Fe....mg	0.22	0.010	41		1		0.04	0.06	0.25
Magnesium, Mg....mg	3	0.000	4		1		0	1	3
Phosphorus, P....mg	7		5		1		1	2	8
Potassium, K....mg	71		18		1		11	20	80
Sodium, Na....mg	2	0.000	19		1		0	1	2
Zinc, Zn....mg	0.02	0.003	19		1		0.00	0.01	0.03
Copper, Cu....mg	0.038		16		1		0.006	0.011	0.043
Manganese, Mn....mg									
Selenium, Se....mcg	0.3		0	BFZN	4		0.0	0.1	0.3
Vitamins:									
Vitamin C, total ascorbic acid....mg	38.3	1.300	36		1		6.1	10.9	43.3
Thiamin....mg	0.012	0.000	34		1		0.002	0.003	0.014
Riboflavin....mg	0.028	0.000	34		1		0.004	0.008	0.032
Niacin....mg	0.061		18		1		0.010	0.017	0.069
Pantothenic acid....mg	0.110		4		1		0.018	0.031	0.124
Vitamin B-6....mg	0.031	0.000	35		1		0.005	0.009	0.035
Folate, total....mcg	2	0.100	6		1		0	1	2
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	2	0.100	6		1		0	1	2
Folate, DFE....mcg_DFE	2		0	NC	4		0	1	2
Choline, total....mg	3.4		0	FLA	4		0.6	1.0	3.9
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0	0	2
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	12		0	BFSN	4		2	4	14
Carotene, alpha....mcg	0		0	BFSN	4		0	0	0
Cryptoxanthin, beta....mcg	9		0	BFSN	4		1	3	10
Vitamin A, IU....IU	17		7		1		3	5	19
Lycopene....mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin....mcg	17		0	BFSN	4		3	5	20
Vitamin E (alpha-tocopherol)....mg	0.60		0	NR	4		0.10	0.17	0.68
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.5		0	BFSN	4		0.1	0.2	0.6
Lipids:									
Fatty acids, total saturated....g	0.032		0		4		0.005	0.009	0.036
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03116
Babyfood, fruit, applesauce, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.028		0		4		0.004	0.008	0.032
17:0 g									
18:0 g	0.004		0		4		0.001	0.001	0.005
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.008		0		4		0.001	0.002	0.009
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.008		0		4		0.001	0.002	0.009
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.056		0		4		0.009	0.016	0.063
18:2 undifferentiated g	0.048		0		4		0.008	0.014	0.054
18:3 undifferentiated g	0.012		0		4		0.002	0.003	0.014
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03128
Babyfood, fruit, apricot with tapioca, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	82.10		14		1		12.32	23.28	139.57
Energy....kcal	63		0	NC	4		9	18	107
Energy....kJ	264		0		4		40	75	448
Protein (N x 6.25)....g	0.30		14		1		0.05	0.09	0.51
Total lipid (fat)....g	0.00		14		1		0.00	0.00	0.00
Ash....g	0.40	0.000	24		1		0.06	0.11	0.68
Carbohydrate, by difference....g	17.30		0	NC	4		2.60	4.90	29.41
Fiber, total dietary....g	1.5		0		4		0.2	0.4	2.6
Sugars, total....g	1.40		0	NR	4		0.21	0.40	2.38
Starch....g									
Minerals:									
Calcium, Ca....mg	8	1.000	22		1		1	2	14
Iron, Fe....mg	0.27	0.020	22		1		0.04	0.08	0.46
Magnesium, Mg....mg	4		1		1		1	1	7
Phosphorus, P....mg	10		2		1		2	3	17
Potassium, K....mg	125		15		1		19	35	213
Sodium, Na....mg	6	1.000	17		1		1	2	10
Zinc, Zn....mg	0.04		1		1		0.01	0.01	0.07
Copper, Cu....mg	0.036		0		4		0.005	0.010	0.061
Manganese, Mn....mg									
Selenium, Se....mcg	0.3		0	FLM	4		0.0	0.1	0.5
Vitamins:									
Vitamin C, total ascorbic acid....mg	17.9	1.400	23		1		2.7	5.1	30.4
Thiamin....mg	0.008	0.000	28		1		0.001	0.002	0.014
Riboflavin....mg	0.013	0.000	29		1		0.002	0.004	0.022
Niacin....mg	0.196	0.003	29		1		0.029	0.056	0.333
Pantothenic acid....mg	0.138		0		1		0.021	0.039	0.235
Vitamin B-6....mg	0.028		13		1		0.004	0.008	0.048
Folate, total....mcg	2		0		1		0	0	3
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	2		0		1		0	0	3
Folate, DFE....mcg_DFE	2		0	NC	4		0	0	3
Choline, total....mg	1.2		0	FLM	4		0.2	0.3	2.1
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	36		0	NC	4		5	10	61
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	411		0	BNA	4		62	116	698
Carotene, alpha....mcg	7		0	BNA	4		1	2	12
Cryptoxanthin, beta....mcg	39		0	BNA	4		6	11	67
Vitamin A, IU....IU	723		16		1		108	205	1229
Lycopene....mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin....mcg	12		0	BFSN	4		2	3	20
Vitamin E (alpha-tocopherol)....mg	0.60		0	NR	4		0.09	0.17	1.02
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.4		0	BFSN	4		0.1	0.1	0.7
Lipids:									
Fatty acids, total saturated....g	0.000		0		7		0.000	0.000	0.000
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03128
Babyfood, fruit, apricot with tapioca, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.000		0		4		0.000	0.000	0.000
17:0 g									
18:0 g	0.000		0		4		0.000	0.000	0.000
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.000		0		7		0.000	0.000	0.000
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 2.44 **Fat** 8.37 **Carbohydrate** 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03118
Babyfood, fruit, apricot with tapioca, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	83.10	0.400	17		1		12.47	23.56	93.90
Energy....kcal	60		0	NC	4		9	17	67
Energy....kJ	250		0	NC	4		37	71	282
Protein (N x 6.25)....g	0.30		14		1		0.05	0.09	0.34
Total lipid (fat)....g	0.00		14		1		0.00	0.00	0.00
Ash....g	0.30	0.000	18		1		0.05	0.09	0.34
Carbohydrate, by difference....g	16.30		0	NC	4		2.45	4.62	18.42
Fiber, total dietary....g	1.5		0		4		0.2	0.4	1.7
Sugars, total....g	1.41		0	BFSN	4		0.21	0.40	1.59
Starch....g									
Minerals:									
Calcium, Ca....mg	9	1.000	16		1		1	3	10
Iron, Fe....mg	0.30	0.040	17		1		0.05	0.09	0.34
Magnesium, Mg....mg	4		2		1		1	1	5
Phosphorus, P....mg	10		2		1		2	3	11
Potassium, K....mg	121		15		1		18	34	137
Sodium, Na....mg	8	1.000	20		1		1	2	9
Zinc, Zn....mg	0.05		2		1		0.01	0.01	0.05
Copper, Cu....mg	0.034		2		1		0.005	0.010	0.038
Manganese, Mn....mg									
Selenium, Se....mcg	0.3		1	FLM	4		0.0	0.1	0.3
Vitamins:									
Vitamin C, total ascorbic acid....mg	21.6	1.800	11		1		3.2	6.1	24.4
Thiamin....mg	0.008		13		1		0.001	0.002	0.009
Riboflavin....mg	0.013	0.000	15		1		0.002	0.004	0.015
Niacin....mg	0.195	0.003	16		1		0.029	0.055	0.220
Pantothenic acid....mg	0.130		4		1		0.020	0.037	0.147
Vitamin B-6....mg	0.030	0.000	8		1		0.005	0.009	0.034
Folate, total....mcg	2	0.100	9		1		0	0	2
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	2		0	NR	4		0	0	2
Folate, DFE....mcg_DFE	2		0	NC	4		0	0	2
Choline, total....mg	1.3		0	FLM	4		0.2	0.4	1.4
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	36		0	NC	4		5	10	41
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	412		0	BNA	4		62	117	465
Carotene, alpha....mcg	7		0	BNA	4		1	2	8
Cryptoxanthin, beta....mcg	39		0	BNA	4		6	11	44
Vitamin A, IU....IU	725		0	NC	4		109	206	819
Lycopene....mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin....mcg	11		0	BFSN	4		2	3	12
Vitamin E (alpha-tocopherol)....mg	0.10		0	FLA	4		0.02	0.03	0.12
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.4		0	BFSN	4		0.1	0.1	0.5
Lipids:									
Fatty acids, total saturated....g	0.000		0	NC	4		0.000	0.000	0.000
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03118
Babyfood, fruit, apricot with tapioca, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.000		0		4		0.000	0.000	0.000
17:0 g									
18:0 g	0.000		0		4		0.000	0.000	0.000
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.000		0	NC	4		0.000	0.000	0.000
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.000		0	FLM	4		0.000	0.000	0.000
18:2 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03156
Babyfood, fruit, bananas and pineapple with tapioca, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	81.10		14		1		12.17	22.99	137.87
Energy....kcal	68		0	NC	4		10	19	116
Energy....kJ	285		0		4		43	81	484
Protein (N x 6.25)....g	0.20	0.000	17		1		0.03	0.06	0.34
Total lipid (fat)....g	0.10	0.000	17		1		0.02	0.03	0.17
Ash....g	0.20	0.000	18		1		0.03	0.06	0.34
Carbohydrate, by difference....g	18.40		0	NC	4		2.76	5.22	31.28
Fiber, total dietary....g	1.6		0		4		0.2	0.5	2.7
Sugars, total....g	8.41		0	FLA	4		1.26	2.38	14.29
Starch....g									
Minerals:									
Calcium, Ca....mg	7	1.000	12		1		1	2	12
Iron, Fe....mg	0.13	0.010	12		1		0.02	0.04	0.22
Magnesium, Mg....mg	6		2		1		1	2	10
Phosphorus, P....mg	5		2		1		1	1	9
Potassium, K....mg	78		15		1		12	22	133
Sodium, Na....mg	8	1.000	21		1		1	2	14
Zinc, Zn....mg	0.03		2		1		0.00	0.01	0.05
Copper, Cu....mg	0.040		1		1		0.006	0.011	0.068
Manganese, Mn....mg									
Selenium, Se....mcg	0.6		0	BFZN	4		0.1	0.2	1.0
Vitamins:									
Vitamin C, total ascorbic acid....mg	21.2	1.400	14		1		3.2	6.0	36.0
Thiamin....mg	0.015	0.000	14		1		0.002	0.004	0.026
Riboflavin....mg	0.019	0.000	15		1		0.003	0.005	0.032
Niacin....mg	0.182	0.018	14		1		0.027	0.052	0.309
Pantothenic acid....mg	0.148		0		4		0.022	0.042	0.252
Vitamin B-6....mg	0.092	0.006	6		1		0.014	0.026	0.156
Folate, total....mcg	6	0.700	9		1		1	2	9
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	6	0.700	9		1		1	2	9
Folate, DFE....mcg_DFE	6		0	NC	4		1	2	9
Choline, total....mg	6.9		0	FLA	4		1.0	2.0	11.7
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	2		0	NC	4		0	1	3
Retinol....mcg	0		0	BNA	4		0	0	0
Carotene, beta....mcg	23		0	BNA	4		3	7	40
Carotene, alpha....mcg	1		0	BNA	4		0	0	2
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	0
Vitamin A, IU....IU	40		7		1		6	11	68
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	2		0	FLA	4		0	0	3
Vitamin E (alpha-tocopherol)....mg	0.02		0	FLA	4		0.00	0.01	0.04
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.6		0	FLA	4		0.1	0.2	1.0
Lipids:									
Fatty acids, total saturated....g	0.036		0		4		0.005	0.010	0.061
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03156
Babyfood, fruit, bananas and pineapple with tapioca, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.001		0		4		0.000	0.000	0.002
15:0 g									
16:0 g	0.024		0		4		0.004	0.007	0.041
17:0 g									
18:0 g	0.001		0		4		0.000	0.000	0.002
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.009		0		4		0.001	0.003	0.015
14:1 g									
15:1 g									
16:1 undifferentiated g	0.002		0		4		0.000	0.001	0.003
17:1 g									
18:1 undifferentiated g	0.006		0		4		0.001	0.002	0.010
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.020		0		4		0.003	0.006	0.034
18:2 undifferentiated g	0.012		0		4		0.002	0.003	0.020
18:3 undifferentiated g	0.008		0		4		0.001	0.002	0.014
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03157
Babyfood, fruit, bananas and pineapple with tapioca, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.70		14		1		12.26	23.16	92.32
Energy	kcal	65		0	NC	4		10	18	73
Energy	kJ	272		0		4		41	77	307
Protein (N x 6.25)	g	0.20	0.000	17		1		0.03	0.06	0.23
Total lipid (fat)	g	0.00		17		1		0.00	0.00	0.00
Ash	g	0.53		0	FLA	4		0.08	0.15	0.60
Carbohydrate, by difference	g	17.80		0	NC	4		2.67	5.05	20.11
Fiber, total dietary	g	1.6		0		4		0.2	0.5	1.8
Sugars, total	g	10.73		0	FLA	4		1.61	3.04	12.12
Sucrose	g	3.92		0	FLA	4		0.59	1.11	4.43
Glucose (dextrose)	g	3.35		0	FLA	4		0.50	0.95	3.79
Fructose	g	3.44		0	FLA	4		0.52	0.98	3.89
Lactose	g	0.00		0	FLA	4		0.00	0.00	0.00
Maltose	g	0.01		0	FLA	4		0.00	0.00	0.01
Galactose	g	0.00		0	FLA	4		0.00	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	7	0.000	28		1		1	2	8
Iron, Fe	mg	0.23	0.020	28		1		0.03	0.07	0.26
Magnesium, Mg	mg	6		1		1		1	2	7
Phosphorus, P	mg	5		2		1		1	1	6
Potassium, K	mg	68		15		1		10	19	77
Sodium, Na	mg	6	1.000	19		1		1	2	7
Zinc, Zn	mg	0.04		1		1		0.01	0.01	0.05
Copper, Cu	mg	0.039		0		1		0.006	0.011	0.044
Manganese, Mn	mg									
Selenium, Se	mcg	0.6		0	BFZN	4		0.1	0.2	0.7
Vitamins:										
Vitamin C, total ascorbic acid	mg	19.2		30		1		2.9	5.4	21.7
Thiamin	mg	0.019	0.000	29		1		0.003	0.005	0.021
Riboflavin	mg	0.019	0.000	29		1		0.003	0.005	0.021
Niacin	mg	0.168	0.016	29		1		0.025	0.048	0.190
Pantothenic acid	mg	0.143		0		4		0.021	0.041	0.162
Vitamin B-6	mg	0.082		5		1		0.012	0.023	0.093
Folate, total	mcg	18		0	FLA	4		3	5	20
Folic acid	mcg	0		0	FLA	4		0	0	0
Folate, food	mcg	18		0	FLA	4		3	5	20
Folate, DFE	mcg_DFE	18		0	NC	4		3	5	20
Choline, total	mg	6.9		0	FLA	4		1.0	2.0	7.8
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	3		0	NC	4		0	1	3
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	30		0	FLA	4		4	8	34
Carotene, alpha	mcg	12		0	FLA	4		2	4	14
Cryptoxanthin, beta	mcg	0		0	FLA	4		0	0	0
Vitamin A, IU	IU	60		0	NC	4		9	17	68
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	11		0	FLA	4		2	3	12
Vitamin E (alpha-tocopherol)	mg	0.06		0	FLA	4		0.01	0.02	0.07
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03157

Babyfood, fruit, bananas and pineapple with tapioca, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone).....mcg	0.6		0	FLA	4		0.1	0.2	0.7
Lipids:									
Fatty acids, total saturated.....g	0.000		0		7		0.000	0.000	0.000
4:0.....g	0.000		0		4		0.000	0.000	0.000
6:0.....g	0.000		0		4		0.000	0.000	0.000
8:0.....g	0.000		0		4		0.000	0.000	0.000
10:0.....g	0.000		0		4		0.000	0.000	0.000
12:0.....g	0.000		0		4		0.000	0.000	0.000
13:0.....g									
14:0.....g	0.000		0		4		0.000	0.000	0.000
15:0.....g									
16:0.....g	0.000		0		4		0.000	0.000	0.000
17:0.....g									
18:0.....g	0.000		0		4		0.000	0.000	0.000
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.000		0		7		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0	FLA	4		0.000	0.000	0.000
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA).....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03163
Babyfood, fruit, bananas with apples and pears, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	79.00		1	MA	12		11.85	89.27	89.27
Energy....kcal	84		0	NC	4		13	95	95
Energy....kJ	353		0	NC	4		53	399	399
Protein....g	0.90		1	MA	12		0.14	1.02	1.02
Total lipid (fat)....g	0.22		0	FLM	4		0.03	0.25	0.25
Ash....g	0.57		1	MA	12		0.09	0.64	0.64
Carbohydrate, by difference....g	19.70		0	MC	9		2.96	22.26	22.26
Fiber, total dietary....g	1.4		1	MA	12		0.2	1.6	1.6
Sugars, total....g	12.76		0	FLA	4		1.91	14.42	14.42
Starch....g									
Minerals:									
Calcium, Ca....mg	5		1	MA	12		1	6	6
Iron, Fe....mg	0.30		1	MA	12		0.05	0.34	0.34
Magnesium, Mg....mg	25		1	MA	12		4	28	28
Phosphorus, P....mg	19		1	MA	12		3	21	21
Potassium, K....mg	233		1	MA	12		35	263	263
Sodium, Na....mg	7		1	MA	12		1	8	8
Zinc, Zn....mg	0.10		1	MA	12		0.02	0.11	0.11
Copper, Cu....mg	0.080		1	MA	12		0.012	0.090	0.090
Manganese, Mn....mg	0.082		0	FLM	4		0.012	0.093	0.093
Selenium, Se....mcg	0.6		0	FLM	4		0.1	0.7	0.7
Vitamins:									
Vitamin C, total ascorbic acid....mg	13.9		1	MA	12		2.1	15.7	15.7
Thiamin....mg	0.010		1	MA	12		0.002	0.011	0.011
Riboflavin....mg	0.030		1	MA	12		0.005	0.034	0.034
Niacin....mg	0.550		1	MA	12		0.083	0.622	0.622
Pantothenic acid....mg	0.145		0	FLM	4		0.022	0.164	0.164
Vitamin B-6....mg	0.290		1	MA	12		0.044	0.328	0.328
Folate, total....mcg	5		0	FLM	4		1	6	6
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	5		0	FLM	4		1	6	6
Folate, DFE....mcg_DFE	5		0	NC	4		1	6	6
Choline, total....mg	7.1		0	FLA	4		1.1	8.0	8.0
Betaine....mg									
Vitamin B-12....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	3		0	NC	4		0	3	3
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	23		0	BNA	4		3	26	26
Carotene, alpha....mcg	15		0	BNA	4		2	17	17
Cryptoxanthin, beta....mcg	6		0	BNA	4		1	6	6
Vitamin A, IU....IU	56		0	NC	4		8	63	63
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	10		0	FLA	4		1	11	11
Vitamin E (alpha-tocopherol)....mg	0.08		0	FLA	4		0.01	0.09	0.09
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.6		0	FLA	4		0.1	0.7	0.7
Lipids:									
Fatty acids, total saturated....g	0.106		0	FLM	4		0.016	0.120	0.120
4:0....g	0.000		0	FLM	4		0.000	0.000	0.000

NDB No. 03163
Babyfood, fruit, bananas with apples and pears, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0	FLM	4		0.000	0.000	0.000
8:0 ... g	0.000		0	FLM	4		0.000	0.000	0.000
10:0 ... g	0.000		0	FLM	4		0.000	0.000	0.000
12:0 ... g	0.001		0	FLM	4		0.000	0.001	0.001
13:0 ... g									
14:0 ... g	0.002		0	FLM	4		0.000	0.002	0.002
15:0 ... g									
16:0 ... g	0.075		0	FLM	4		0.011	0.085	0.085
17:0 ... g									
18:0 ... g	0.005		0	FLM	4		0.001	0.006	0.006
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.028		0	FLM	4		0.004	0.032	0.032
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.006		0	FLM	4		0.001	0.007	0.007
17:1 ... g									
18:1 undifferentiated ... g	0.021		0	FLM	4		0.003	0.024	0.024
20:1 ... g	0.000		0	FLM	4		0.000	0.000	0.000
22:1 undifferentiated ... g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.085		0	FLM	4		0.013	0.096	0.096
18:2 undifferentiated ... g	0.063		0	FLM	4		0.009	0.071	0.071
18:3 undifferentiated ... g	0.022		0	FLM	4		0.003	0.025	0.025
18:4 ... g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	FLM	4		0.000	0.000	0.000
20:5 n-3 (EPA) ... g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA) ... g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3 (DHA) ... g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	Z	7		0	0	0
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine ... mg	0		0	Z	7		0	0	0
Theobromine ... mg	0		0	Z	7		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03280
Babyfood, fruit, bananas with tapioca, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	81.50	0.100	26		1		12.23	23.11	138.55
Energy....kcal	67		0	NC	4		10	19	114
Energy....kJ	280		0		4		42	79	477
Protein (N x 6.25)....g	0.40		27		1		0.06	0.11	0.68
Total lipid (fat)....g	0.20		27		1		0.03	0.06	0.34
Ash....g	0.20	0.000	26		1		0.03	0.06	0.34
Carbohydrate, by difference....g	17.80		0	NC	4		2.67	5.05	30.26
Fiber, total dietary....g	1.6		0		4		0.2	0.5	2.7
Sugars, total....g	7.10		0	T	4		1.07	2.01	12.07
Starch....g									
Minerals:									
Calcium, Ca....mg	8		14		1		1	2	14
Iron, Fe....mg	0.30		14		1		0.05	0.09	0.51
Magnesium, Mg....mg	12		0		1		2	3	20
Phosphorus, P....mg	9		1		1		1	3	15
Potassium, K....mg	108		14		1		16	31	184
Sodium, Na....mg	9	5.000	17		1		1	3	15
Zinc, Zn....mg	0.07		0		1		0.01	0.02	0.12
Copper, Cu....mg	0.046		0		1		0.007	0.013	0.078
Manganese, Mn....mg									
Selenium, Se....mcg	0.6		0	FLM	4		0.1	0.2	1.0
Vitamins:									
Vitamin C, total ascorbic acid....mg	25.7		14		1		3.9	7.3	43.7
Thiamin....mg	0.015		14		1		0.002	0.004	0.026
Riboflavin....mg	0.020		14		1		0.003	0.006	0.034
Niacin....mg	0.218		14		1		0.033	0.062	0.371
Pantothenic acid....mg	0.173		0		1		0.026	0.049	0.294
Vitamin B-6....mg	0.139		1		1		0.021	0.039	0.236
Folate, total....mcg	6		0		1		1	2	11
Folic acid....mcg	0		0	FLA	4		0	0	0
Folate, food....mcg	6		0	FLA	4		1	2	11
Folate, DFE....mcg_DFE	6		0	NC	4		1	2	11
Choline, total....mg	3.1		0	FLA	4		0.5	0.9	5.2
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	2		0	NC	4		0	1	4
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	18		0	BNA	4		3	5	30
Carotene, alpha....mcg	17		0	BNA	4		3	5	29
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	0
Vitamin A, IU....IU	44		14		1		7	12	75
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	6		0	FLA	4		1	2	11
Vitamin E (alpha-tocopherol)....mg	0.60		0	NR	4		0.09	0.17	1.02
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.2		0	FLA	4		0.0	0.0	0.3
Lipids:									
Fatty acids, total saturated....g	0.076		0		4		0.011	0.022	0.129
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03280
Babyfood, fruit, bananas with tapioca, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.001		0		4		0.000	0.000	0.002
13:0 g									
14:0 g	0.001		0		4		0.000	0.000	0.002
15:0 g									
16:0 g	0.052		0		4		0.008	0.015	0.088
17:0 g									
18:0 g	0.003		0		4		0.000	0.001	0.005
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.018		0		4		0.003	0.005	0.031
14:1 g									
15:1 g									
16:1 undifferentiated g	0.005		0		4		0.001	0.001	0.009
17:1 g									
18:1 undifferentiated g	0.012		0		4		0.002	0.003	0.020
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.037		0		4		0.006	0.010	0.063
18:2 undifferentiated g	0.024		0		4		0.004	0.007	0.041
18:3 undifferentiated g	0.014		0		4		0.002	0.004	0.024
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		4		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03129
Babyfood, fruit, bananas with tapioca, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	84.00	0.500	17		1		12.60	23.81	94.92
Energy	kcal	56		0	NC	4		8	16	64
Energy	kJ	236		0	NC	4		35	67	267
Protein (N x 6.25)	g	0.40	0.000	15		1		0.06	0.11	0.45
Total lipid (fat)	g	0.10	0.100	15		1		0.02	0.03	0.11
Ash	g	0.30	0.000	18		1		0.05	0.09	0.34
Carbohydrate, by difference	g	15.30		0	NC	4		2.30	4.34	17.29
Fiber, total dietary	g	1.6		0		4		0.2	0.5	1.8
Sugars, total	g	0.38		0	BFSN	4		0.06	0.11	0.42
Starch	g									
Minerals:										
Calcium, Ca	mg	5	0.000	21		1		1	1	6
Iron, Fe	mg	0.20	0.010	24		1		0.03	0.06	0.23
Magnesium, Mg	mg	10		1		1		2	3	11
Phosphorus, P	mg	7		1		1		1	2	8
Potassium, K	mg	88		14		1		13	25	99
Sodium, Na	mg	9	1.000	15		1		1	3	10
Zinc, Zn	mg	0.06		1		1		0.01	0.02	0.07
Copper, Cu	mg	0.040		1		1		0.006	0.011	0.045
Manganese, Mn	mg									
Selenium, Se	mcg	0.6		0	FLM	4		0.1	0.2	0.7
Vitamins:										
Vitamin C, total ascorbic acid	mg	16.7		9		1		2.5	4.7	18.9
Thiamin	mg	0.012	0.000	22		1		0.002	0.003	0.014
Riboflavin	mg	0.031	0.000	23		1		0.005	0.009	0.035
Niacin	mg	0.183	0.005	24		1		0.027	0.052	0.207
Pantothenic acid	mg	0.150		4		1		0.023	0.043	0.170
Vitamin B-6	mg	0.115	0.008	8		1		0.017	0.033	0.130
Folate, total	mcg	6	0.400	9		1		1	2	6
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	6	0.400	9		1		1	2	6
Folate, DFE	mcg_DFE	6		0	NC	4		1	2	6
Choline, total	mg	4.1		0	FLA	4		0.6	1.2	4.6
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	2		0	NC	4		0	1	2
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	17		0	BNA	4		3	5	20
Carotene, alpha	mcg	17		0	BNA	4		3	5	19
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU	IU	43	8.000	22		1		6	12	49
Lycopene	mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin	mcg	0		0	BFSN	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.60		0	NR	4		0.09	0.17	0.68
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	0.0		0	BFSN	4		0.0	0.0	0.0
Lipids:										
Fatty acids, total saturated	g	0.035		0		4		0.005	0.010	0.040
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03129
Babyfood, fruit, bananas with tapioca, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.001		0		4		0.000	0.000	0.001
15:0 g									
16:0 g	0.025		0		4		0.004	0.007	0.028
17:0 g									
18:0 g	0.001		0		4		0.000	0.000	0.001
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.010		0		4		0.002	0.003	0.011
14:1 g									
15:1 g									
16:1 undifferentiated g	0.002		0		4		0.000	0.001	0.002
17:1 g									
18:1 undifferentiated g	0.007		0		4		0.001	0.002	0.008
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.019		0		4		0.003	0.005	0.021
18:2 undifferentiated g	0.012		0		4		0.002	0.003	0.014
18:3 undifferentiated g	0.007		0		4		0.001	0.002	0.008
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 2.44 **Fat** 8.37 **Carbohydrate** 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03160
Babyfood, fruit, guava and papaya with tapioca, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	82.50		1		1		23.39	93.23	
Energy....kcal	63		0	NC	4		18	71	
Energy....kJ	264		0		4		75	298	
Protein (N x 6.25)....g	0.20		1		1		0.06	0.23	
Total lipid (fat)....g	0.10		1		1		0.03	0.11	
Ash....g	0.20		1		1		0.06	0.23	
Carbohydrate, by difference....g	17.00		0	NC	4		4.82	19.21	
Fiber, total dietary....g									
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	7		6		1		2	8	
Iron, Fe....mg	0.20		6		1		0.06	0.23	
Magnesium, Mg....mg	5		2		1		1	6	
Phosphorus, P....mg	6		2		1		2	7	
Potassium, K....mg	74		2		1		21	84	
Sodium, Na....mg	4		2		1		1	5	
Zinc, Zn....mg	0.06		2		1		0.02	0.07	
Copper, Cu....mg									
Manganese, Mn....mg									
Selenium, Se....mcg	0.4		0	BFZN	4		0.1	0.5	
Vitamins:									
Vitamin C, total ascorbic acid....mg	80.9		6		1		22.9	91.4	
Thiamin....mg	0.010		6		1		0.003	0.011	
Riboflavin....mg	0.022		6		1		0.006	0.025	
Niacin....mg	0.263		6		1		0.075	0.297	
Pantothenic acid....mg									
Vitamin B-6....mg	0.014		6		1		0.004	0.016	
Folate, total....mcg	2		0		4		1	2	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	2		0		4		1	2	
Folate, DFE....mcg_DFE	2		0	NC	4		1	2	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	9		0	NC	4		3	10	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	184	18.000	6		1		52	208	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03160

Babyfood, fruit, guava and papaya with tapioca, strained

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03162
Babyfood, fruit, papaya and applesauce with tapioca, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	80.60		1		1		22.85	91.08	
Energy....kcal	70		0	NC	4		20	79	
Energy....kJ	293		0		4		83	331	
Protein (N x 6.25)....g	0.20		1		1		0.06	0.23	
Total lipid (fat)....g	0.10		1		1		0.03	0.11	
Ash....g	0.20		1		1		0.06	0.23	
Carbohydrate, by difference....g	18.90		0	NC	4		5.36	21.36	
Fiber, total dietary....g	1.4		0		4		0.4	1.6	
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	7		2		1		2	8	
Iron, Fe....mg	0.44		0		4		0.12	0.50	
Magnesium, Mg....mg	5		2		1		1	6	
Phosphorus, P....mg	5		2		1		1	6	
Potassium, K....mg	79		2		1		22	89	
Sodium, Na....mg	5		2		1		1	6	
Zinc, Zn....mg	0.03		2		1		0.01	0.03	
Copper, Cu....mg	0.044		0		4		0.012	0.050	
Manganese, Mn....mg									
Selenium, Se....mcg	0.4		0	BFZN	4		0.1	0.5	
Vitamins:									
Vitamin C, total ascorbic acid....mg	113.1		2		1		32.1	127.8	
Thiamin....mg	0.010		2		1		0.003	0.011	
Riboflavin....mg	0.028		2		1		0.008	0.032	
Niacin....mg	0.108		2		1		0.031	0.122	
Pantothenic acid....mg	0.280		0		4		0.079	0.316	
Vitamin B-6....mg	0.023		2		1		0.007	0.026	
Folate, total....mcg	2		0		4		1	2	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	2		0		4		1	2	
Folate, DFE....mcg_DFE	2		0	NC	4		1	2	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin A, RAE....mcg_RAE	4		0	NC	4		1	4	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	76		2		1		22	86	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03162

Babyfood, fruit, papaya and applesauce with tapioca, strained

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03131
Babyfood, fruit, peaches, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	83.65	1.323	3	A	1		14.22	23.72	79.47
Energy....kcal	65		0	NC	4		11	18	61
Energy....kJ	271		0	NC	4		46	77	257
Protein....g	0.94	0.096	3	A	1		0.16	0.27	0.89
Total lipid (fat)....g	0.33	0.007	3	A	1		0.06	0.09	0.32
Ash....g	0.59	0.043	3	A	1		0.10	0.17	0.56
Carbohydrate, by difference....g	14.48		0	NC	4		2.46	4.11	13.76
Fiber, total dietary....g	1.3		2	A	1		0.2	0.4	1.2
Sugars, total....g	11.50		2	A	1		1.95	3.26	10.92
Sucrose....g	3.38		2	A	1		0.57	0.96	3.21
Glucose (dextrose)....g	4.11		2	A	1		0.70	1.16	3.90
Fructose....g	4.01		2	A	1		0.68	1.14	3.81
Lactose....g	0.00		2	A	1		0.00	0.00	0.00
Maltose....g	0.00		2	A	1		0.00	0.00	0.00
Galactose....g	0.00		2	A	1		0.00	0.00	0.00
Starch....g	0.00		1	A	1		0.00	0.00	0.00
Minerals:									
Calcium, Ca....mg	4		2	A	1		1	1	4
Iron, Fe....mg	0.23	0.018	24	JA	6		0.04	0.07	0.22
Magnesium, Mg....mg	7	0.240	5	JA	6		1	2	6
Phosphorus, P....mg	15	0.750	4	JA	6		3	4	14
Potassium, K....mg	195		2	A	1		33	55	185
Sodium, Na....mg	6	0.135	17	JA	6		1	2	6
Zinc, Zn....mg	0.11		2	A	1		0.02	0.03	0.11
Copper, Cu....mg	0.030		2	A	1		0.005	0.008	0.028
Manganese, Mn....mg	0.037		2	A	1		0.006	0.010	0.035
Selenium, Se....mcg	0.1		2	A	1		0.0	0.0	0.0
Vitamins:									
Vitamin C, total ascorbic acid....mg	46.1		2	A	1		7.8	13.1	43.8
Thiamin....mg	0.015		2	A	1		0.003	0.004	0.014
Riboflavin....mg	0.077		2	A	1		0.013	0.022	0.073
Niacin....mg	1.640		2	A	1		0.279	0.465	1.558
Pantothenic acid....mg	0.083		2	A	1		0.014	0.024	0.079
Vitamin B-6....mg	0.018	0.003	10	JA	6		0.003	0.005	0.017
Folate, total....mcg	21		2	A	1		3	6	19
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	21		0	AS	1		3	6	19
Folate, DFE....mcg_DFE	21		0	NC	4		3	6	19
Choline, total....mg	8.5		1	AS	1		1.4	2.4	8.1
Betaine....mg	0.4		2	A	1		0.1	0.1	0.4
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	34		0	NC	4		6	10	33
Retinol....mcg	0		0	BNA	4		0	0	0
Carotene, beta....mcg	378		2	A	1		64	107	359
Carotene, alpha....mcg	0		2	A	1		0	0	0
Cryptoxanthin, beta....mcg	68		2	A	1		11	19	64
Vitamin A, IU....IU	686		0	NC	4		117	194	651
Lycopene....mcg	0		2	A	1		0	0	0
Lutein + zeaxanthin....mcg	163		0	BFSN	4		28	46	155
Vitamin E (alpha-tocopherol)....mg	1.99		2	A	1		0.34	0.56	1.89
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg	0.00		2	A	1		0.00	0.00	0.00
Tocopherol, gamma....mg	0.05		2	A	1		0.01	0.01	0.05
Tocopherol, delta....mg	0.00		2	A	1		0.00	0.00	0.00
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									

NDB No. 03131
Babyfood, fruit, peaches, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone).....mcg	6.6		2	A	1		1.1	1.9	6.3
Lipids:									
Fatty acids, total saturated.....g	0.020		1	JO	11		0.003	0.006	0.019
4:0.....g	0.000		0		4		0.000	0.000	0.000
6:0.....g	0.000		0		4		0.000	0.000	0.000
8:0.....g	0.000		1	A	1		0.000	0.000	0.000
10:0.....g	0.000		1	A	1		0.000	0.000	0.000
12:0.....g	0.000		1	A	1		0.000	0.000	0.000
13:0.....g									
14:0.....g	0.000		1	A	1		0.000	0.000	0.000
15:0.....g	0.000		1	A	1		0.000	0.000	0.000
16:0.....g	0.020		1	A	1		0.003	0.006	0.019
17:0.....g	0.000		1	A	1		0.000	0.000	0.000
18:0.....g	0.000		1	A	1		0.000	0.000	0.000
20:0.....g	0.000		1	A	1		0.000	0.000	0.000
22:0.....g	0.000		1	A	1		0.000	0.000	0.000
24:0.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated.....g	0.010		0	NC	4		0.002	0.003	0.009
14:1.....g	0.000		1	A	1		0.000	0.000	0.000
15:1.....g	0.000		1	A	1		0.000	0.000	0.000
16:1 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
17:1.....g	0.000		1	A	1		0.000	0.000	0.000
18:1 undifferentiated.....g	0.000		0	Z	7		0.000	0.000	0.000
20:1.....g	0.000		1	A	1		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
24:1 c.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated.....g	0.040		0	NC	4		0.007	0.011	0.038
18:2 undifferentiated.....g	0.020		1	A	1		0.003	0.006	0.019
18:3 undifferentiated.....g	0.020		1	A	1		0.003	0.006	0.019
18:4.....g	0.000		1	A	1		0.000	0.000	0.000
20:2 n-6 c,c.....g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:5 n-3 (EPA).....g	0.000		1	A	1		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		1	A	1		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 17g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 95g: 1 jar

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03130
Babyfood, fruit, peaches, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	83.65	1.323	3	A	1		14.22	23.72	79.47
Energy....kcal	65		0	NC	4		11	18	61
Energy....kJ	271		0	NC	4		46	77	257
Protein....g	0.94	0.096	3	A	1		0.16	0.27	0.89
Total lipid (fat)....g	0.33	0.007	3	A	1		0.06	0.09	0.32
Ash....g	0.59	0.043	3	A	1		0.10	0.17	0.56
Carbohydrate, by difference....g	14.48		0	NC	4		2.46	4.11	13.76
Fiber, total dietary....g	1.3		2	A	1		0.2	0.4	1.2
Sugars, total....g	11.50		2	A	1		1.95	3.26	10.92
Sucrose....g	3.38		2	A	1		0.57	0.96	3.21
Glucose (dextrose)....g	4.11		2	A	1		0.70	1.16	3.90
Fructose....g	4.01		2	A	1		0.68	1.14	3.81
Lactose....g	0.00		2	A	1		0.00	0.00	0.00
Maltose....g	0.00		2	A	1		0.00	0.00	0.00
Galactose....g	0.00		2	A	1		0.00	0.00	0.00
Starch....g	0.00		1	A	1		0.00	0.00	0.00
Minerals:									
Calcium, Ca....mg	4		2	A	1		1	1	4
Iron, Fe....mg	0.23	0.018	24	JA	6		0.04	0.07	0.22
Magnesium, Mg....mg	7	0.240	5	JA	6		1	2	6
Phosphorus, P....mg	15	0.750	4	JA	6		3	4	14
Potassium, K....mg	195		2	A	1		33	55	185
Sodium, Na....mg	6	0.135	17	JA	6		1	2	6
Zinc, Zn....mg	0.11		2	A	1		0.02	0.03	0.11
Copper, Cu....mg	0.030		2	A	1		0.005	0.008	0.028
Manganese, Mn....mg	0.037		2	A	1		0.006	0.010	0.035
Selenium, Se....mcg	0.1		2	A	1		0.0	0.0	0.0
Vitamins:									
Vitamin C, total ascorbic acid....mg	46.1		2	A	1		7.8	13.1	43.8
Thiamin....mg	0.015		2	A	1		0.003	0.004	0.014
Riboflavin....mg	0.077		2	A	1		0.013	0.022	0.073
Niacin....mg	1.640		2	A	1		0.279	0.465	1.558
Pantothenic acid....mg	0.083		2	A	1		0.014	0.024	0.079
Vitamin B-6....mg	0.018	0.003	10	JA	6		0.003	0.005	0.017
Folate, total....mcg	21		2	A	1		3	6	19
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	21		0	AS	1		3	6	19
Folate, DFE....mcg_DFE	21		0	NC	4		3	6	19
Choline, total....mg	8.5		0	AS	1		1.4	2.4	8.1
Betaine....mg	0.4		2	A	1		0.1	0.1	0.4
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	34		0	AS	1		6	10	33
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	378		2	A	1		64	107	359
Carotene, alpha....mcg	0		2	A	1		0	0	0
Cryptoxanthin, beta....mcg	68		2	A	1		11	19	64
Vitamin A, IU....IU	234		0	MA	12		40	66	222
Lycopene....mcg	0		2	A	1		0	0	0
Lutein + zeaxanthin....mcg	163		0	BFSN	4		28	46	155
Vitamin E (alpha-tocopherol)....mg	1.99		2	A	1		0.34	0.56	1.89
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg	0.00		2	A	1		0.00	0.00	0.00
Tocopherol, gamma....mg	0.05		2	A	1		0.01	0.01	0.05
Tocopherol, delta....mg	0.00		2	A	1		0.00	0.00	0.00
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									

NDB No. 03130
Babyfood, fruit, peaches, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone).....mcg	6.6		2	A	1		1.1	1.9	6.3
Lipids:									
Fatty acids, total saturated.....g	0.020		1	JO	11		0.003	0.006	0.019
4:0.....g	0.000		0		4		0.000	0.000	0.000
6:0.....g	0.000		0		4		0.000	0.000	0.000
8:0.....g	0.000		1	A	1		0.000	0.000	0.000
10:0.....g	0.000		1	A	1		0.000	0.000	0.000
12:0.....g	0.000		1	A	1		0.000	0.000	0.000
13:0.....g									
14:0.....g	0.000		1	A	1		0.000	0.000	0.000
15:0.....g	0.000		1	A	1		0.000	0.000	0.000
16:0.....g	0.020		1	A	1		0.003	0.006	0.019
17:0.....g	0.000		1	A	1		0.000	0.000	0.000
18:0.....g	0.000		1	A	1		0.000	0.000	0.000
20:0.....g	0.000		1	A	1		0.000	0.000	0.000
22:0.....g	0.000		1	A	1		0.000	0.000	0.000
24:0.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated.....g	0.010		0	NC	4		0.002	0.003	0.009
14:1.....g	0.000		1	A	1		0.000	0.000	0.000
15:1.....g	0.000		1	A	1		0.000	0.000	0.000
16:1 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
17:1.....g	0.000		1	A	1		0.000	0.000	0.000
18:1 undifferentiated.....g	0.000		0	Z	7		0.000	0.000	0.000
20:1.....g	0.000		1	A	1		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
24:1 c.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated.....g	0.040		0	NC	4		0.007	0.011	0.038
18:2 undifferentiated.....g	0.020		1	A	1		0.003	0.006	0.019
18:3 undifferentiated.....g	0.020		1	A	1		0.003	0.006	0.019
18:4.....g	0.000		1	A	1		0.000	0.000	0.000
20:2 n-6 c,c.....g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:5 n-3 (EPA).....g	0.000		1	A	1		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		1	A	1		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 17g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 95g: 1 jar

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03159
Babyfood, fruit, pears and pineapple, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.80		1		1		14.05	24.89	149.26
Energy	kcal	44		0	NC	4		7	12	75
Energy	kJ	184		0		4		29	52	313
Protein (N x 6.25)	g	0.30		6		1		0.05	0.09	0.51
Total lipid (fat)	g	0.20		6		1		0.03	0.06	0.34
Ash	g	0.30	0.000	7		1		0.05	0.09	0.51
Carbohydrate, by difference	g	11.40		0	NC	4		1.82	3.23	19.38
Fiber, total dietary	g	2.6		0		4		0.4	0.7	4.4
Sugars, total	g	7.36		0	FLA	4		1.18	2.09	12.51
Sucrose	g	1.10		0	T	4		0.18	0.31	1.87
Glucose (dextrose)	g	1.98		0	T	4		0.32	0.56	3.37
Fructose	g	4.27		0	T	4		0.68	1.21	7.25
Lactose	g	0.01		0	T	4		0.00	0.00	0.01
Maltose	g	0.01		0	T	4		0.00	0.00	0.01
Galactose	g	0.00		0	T	4		0.00	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	10	1.000	13		1		2	3	17
Iron, Fe	mg	0.21	0.040	13		1		0.03	0.06	0.36
Magnesium, Mg	mg	7		2		1		1	2	12
Phosphorus, P	mg	10		2		1		2	3	17
Potassium, K	mg	118		3		1		19	33	201
Sodium, Na	mg	1		2		1		0	0	2
Zinc, Zn	mg	0.13		3		1		0.02	0.04	0.22
Copper, Cu	mg	0.105		2		1		0.017	0.030	0.179
Manganese, Mn	mg									
Selenium, Se	mcg	0.4		0	BFZN	4		0.1	0.1	0.7
Vitamins:										
Vitamin C, total ascorbic acid	mg	16.8	1.600	12		1		2.7	4.8	28.6
Thiamin	mg	0.024	0.000	12		1		0.004	0.007	0.041
Riboflavin	mg	0.023	0.000	11		1		0.004	0.007	0.039
Niacin	mg	0.183	0.005	11		1		0.029	0.052	0.311
Pantothenic acid	mg	0.095		0		4		0.015	0.027	0.162
Vitamin B-6	mg	0.013		9		1		0.002	0.004	0.022
Folate, total	mcg	3		0		1		0	1	5
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	3		0	T	4		0	1	5
Folate, DFE	mcg_DFE	3		0	NC	4		0	1	5
Choline, total	mg	3.2		0	FLA	4		0.5	0.9	5.4
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	2		0	NC	4		0	0	3
Retinol	mcg	0		0	BNA	4		0	0	0
Carotene, beta	mcg	18		0	BNA	4		3	5	31
Carotene, alpha	mcg	0		0	BNA	4		0	0	1
Cryptoxanthin, beta	mcg	2		0	BNA	4		0	0	3
Vitamin A, IU	IU	32		8		1		5	9	54
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	32		0	FLA	4		5	9	55
Vitamin E (alpha-tocopherol)	mg	0.08		0	FLA	4		0.01	0.02	0.14
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03159
Babyfood, fruit, pears and pineapple, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone).....mcg	3.0		0	FLA	4		0.5	0.9	5.1
Lipids:									
Fatty acids, total saturated.....g	0.013		0		4		0.002	0.004	0.022
4:0.....g	0.000		0		4		0.000	0.000	0.000
6:0.....g	0.000		0		4		0.000	0.000	0.000
8:0.....g	0.000		0		4		0.000	0.000	0.000
10:0.....g	0.000		0		4		0.000	0.000	0.000
12:0.....g	0.000		0		4		0.000	0.000	0.000
13:0.....g									
14:0.....g	0.000		0		4		0.000	0.000	0.000
15:0.....g									
16:0.....g	0.009		0		4		0.001	0.003	0.015
17:0.....g									
18:0.....g	0.004		0		4		0.001	0.001	0.007
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.031		0		4		0.005	0.009	0.053
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.001		0		4		0.000	0.000	0.002
17:1.....g									
18:1 undifferentiated.....g	0.030		0		4		0.005	0.009	0.051
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.058		0		4		0.009	0.016	0.099
18:2 undifferentiated.....g	0.043		0		4		0.007	0.012	0.073
18:3 undifferentiated.....g	0.016		0		4		0.003	0.005	0.027
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA).....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		4		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03158
Babyfood, fruit, pears and pineapple, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.50		14		1		14.16	25.09	100.01
Energy....kcal	41		0	NC	4		7	12	46
Energy....kJ	172		0		4		27	49	194
Protein (N x 6.25)....g	0.30	0.000	19		1		0.05	0.09	0.34
Total lipid (fat)....g	0.10	0.100	19		1		0.02	0.03	0.11
Ash....g	0.30	0.000	19		1		0.05	0.09	0.34
Carbohydrate, by difference....g	10.90		0	NC	4		1.74	3.09	12.32
Fiber, total dietary....g	2.6		0		4		0.4	0.7	2.9
Sugars, total....g	7.79		0	FLA	4		1.25	2.21	8.80
Starch....g									
Minerals:									
Calcium, Ca....mg	10	0.000	17		1		2	3	11
Iron, Fe....mg	0.25	0.020	17		1		0.04	0.07	0.28
Magnesium, Mg....mg	7		2		1		1	2	8
Phosphorus, P....mg	9		2		1		1	3	10
Potassium, K....mg	116		15		1		19	33	131
Sodium, Na....mg	4		14		1		1	1	5
Zinc, Zn....mg	0.07		2		1		0.01	0.02	0.07
Copper, Cu....mg	0.140		1		1		0.022	0.040	0.158
Manganese, Mn....mg									
Selenium, Se....mcg	0.4		0	BFZN	4		0.1	0.1	0.5
Vitamins:									
Vitamin C, total ascorbic acid....mg	27.5	1.700	12		1		4.4	7.8	31.1
Thiamin....mg	0.021	0.000	20		1		0.003	0.006	0.024
Riboflavin....mg	0.028	0.000	17		1		0.004	0.008	0.032
Niacin....mg	0.207	0.015	16		1		0.033	0.059	0.234
Pantothenic acid....mg	0.089		0		4		0.014	0.025	0.101
Vitamin B-6....mg	0.016		8		1		0.003	0.005	0.018
Folate, total....mcg	3	0.100	9		1		0	1	3
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	3	0.100	9		1		0	1	3
Folate, DFE....mcg_DFE	3		0	NC	4		0	1	3
Choline, total....mg	3.2		0	FLA	4		0.5	0.9	3.6
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0	0	2
Retinol....mcg	0		0	BNA	4		0	0	0
Carotene, beta....mcg	17		0	BNA	4		3	5	19
Carotene, alpha....mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta....mcg	1		0	BNA	4		0	0	1
Vitamin A, IU....IU	29	4.000	12		1		5	8	33
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	15		0	FLA	4		2	4	17
Vitamin E (alpha-tocopherol)....mg	0.04		0	FLA	4		0.01	0.01	0.05
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	1.6		0	FLA	4		0.3	0.5	1.8
Lipids:									
Fatty acids, total saturated....g	0.007		0		4		0.001	0.002	0.008
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03158
Babyfood, fruit, pears and pineapple, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.004		0		4		0.001	0.001	0.005
17:0 g									
18:0 g	0.002		0		4		0.000	0.001	0.002
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.016		0		4		0.003	0.005	0.018
14:1 g									
15:1 g									
16:1 undifferentiated g	0.001		0		4		0.000	0.000	0.001
17:1 g									
18:1 undifferentiated g	0.015		0		4		0.002	0.004	0.017
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.029		0		4		0.005	0.008	0.033
18:2 undifferentiated g	0.021		0		4		0.003	0.006	0.024
18:3 undifferentiated g	0.008		0		4		0.001	0.002	0.009
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03133
Babyfood, fruit, pears, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.80		14		1		14.05	24.89	149.26
Energy	kcal	43		0	NC	4		7	12	73
Energy	kJ	180		0		4		29	51	306
Protein (N x 6.25)	g	0.30	0.000	19		1		0.05	0.09	0.51
Total lipid (fat)	g	0.10	0.100	19		1		0.02	0.03	0.17
Ash	g	0.20	0.000	19		1		0.03	0.06	0.34
Carbohydrate, by difference	g	11.60		0	NC	4		1.86	3.29	19.72
Fiber, total dietary	g	3.6		0		4		0.6	1.0	6.1
Sugars, total	g	7.34		0	BFSN	4		1.17	2.08	12.48
Starch	g									
Minerals:										
Calcium, Ca	mg	8	0.000	16		1		1	2	14
Iron, Fe	mg	0.25	0.040	16		1		0.04	0.07	0.43
Magnesium, Mg	mg	9		1		1		1	3	15
Phosphorus, P	mg	12		1		1		2	3	20
Potassium, K	mg	115		14		1		18	33	196
Sodium, Na	mg	2		15		1		0	1	3
Zinc, Zn	mg	0.08		1		1		0.01	0.02	0.14
Copper, Cu	mg	0.080		1		1		0.013	0.023	0.136
Manganese, Mn	mg									
Selenium, Se	mcg	0.4		1	A	1		0.1	0.1	0.7
Vitamins:										
Vitamin C, total ascorbic acid	mg	22.0	1.400	23		1		3.5	6.2	37.4
Thiamin	mg	0.014	0.000	24		1		0.002	0.004	0.024
Riboflavin	mg	0.030	0.000	23		1		0.005	0.009	0.051
Niacin	mg	0.188	0.010	23		1		0.030	0.053	0.320
Pantothenic acid	mg	0.095		0		1		0.015	0.027	0.162
Vitamin B-6	mg	0.010	0.000	7		1		0.002	0.003	0.017
Folate, total	mcg	4		0		1		1	1	6
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	4		0		1		1	1	6
Folate, DFE	mcg_DFE	4		0	NC	4		1	1	6
Choline, total	mg	2.3		0	T	4		0.4	0.7	4.0
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	0	2
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	10		0	BFSN	4		2	3	17
Carotene, alpha	mcg	0		0	BFSN	4		0	0	1
Cryptoxanthin, beta	mcg	1		0	BFSN	4		0	0	2
Vitamin A, IU	IU	18		0	NC	4		3	5	30
Lycopene	mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin	mcg	38		0	BFSN	4		6	11	64
Vitamin E (alpha-tocopherol)	mg	0.60		0	NR	4		0.10	0.17	1.02
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	3.4		0	BFSN	4		0.5	1.0	5.8
Lipids:										
Fatty acids, total saturated	g	0.006		0		4		0.001	0.002	0.010
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03133
Babyfood, fruit, pears, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.004		0		4		0.001	0.001	0.007
17:0 g									
18:0 g	0.001		0		4		0.000	0.000	0.002
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.021		0		4		0.003	0.006	0.036
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.020		0		4		0.003	0.006	0.034
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.023		0		4		0.004	0.007	0.039
18:2 undifferentiated g	0.023		0		4		0.004	0.007	0.039
18:3 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03132
Babyfood, fruit, pears, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.40	0.300	17		1		14.14	25.06	99.89
Energy	kcal	42		0	NC	4		7	12	47
Energy	kJ	174		0	NC	4		28	49	197
Protein (N x 6.25)	g	0.30	0.000	23		1		0.05	0.09	0.34
Total lipid (fat)	g	0.20	0.000	23		1		0.03	0.06	0.23
Ash	g	0.30	0.000	19		1		0.05	0.09	0.34
Carbohydrate, by difference	g	10.80		0	NC	4		1.73	3.06	12.20
Fiber, total dietary	g	3.6		0		4		0.6	1.0	4.1
Sugars, total	g	6.98		0	BFSN	4		1.12	1.98	7.89
Starch	g									
Minerals:										
Calcium, Ca	mg	8	0.000	20		1		1	2	9
Iron, Fe	mg	0.24	0.020	29		1		0.04	0.07	0.27
Magnesium, Mg	mg	8		2		1		1	2	9
Phosphorus, P	mg	12		1		1		2	3	14
Potassium, K	mg	130		14		1		21	37	147
Sodium, Na	mg	2		15		1		0	1	2
Zinc, Zn	mg	0.08		17		1		0.01	0.02	0.08
Copper, Cu	mg	0.065		16		1		0.010	0.018	0.073
Manganese, Mn	mg									
Selenium, Se	mcg	0.4		1	A	1		0.1	0.1	0.5
Vitamins:										
Vitamin C, total ascorbic acid	mg	24.5	1.300	14		1		3.9	6.9	27.7
Thiamin	mg	0.013	0.000	21		1		0.002	0.004	0.015
Riboflavin	mg	0.028	0.000	21		1		0.004	0.008	0.032
Niacin	mg	0.189	0.008	22		1		0.030	0.054	0.214
Pantothenic acid	mg	0.090		4		1		0.014	0.026	0.102
Vitamin B-6	mg	0.008		12		1		0.001	0.002	0.009
Folate, total	mcg	4	1.000	9		1		1	1	4
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	4	1.000	9		1		1	1	4
Folate, DFE	mcg_DFE	4		0	NC	4		1	1	4
Choline, total	mg	3.6		0	FLA	4		0.6	1.0	4.1
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	0	1
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	9		0	BFSN	4		2	3	11
Carotene, alpha	mcg	0		0	BFSN	4		0	0	0
Cryptoxanthin, beta	mcg	1		0	BFSN	4		0	0	1
Vitamin A, IU	IU	33	9.000	17		1		5	9	37
Lycopene	mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin	mcg	36		0	BFSN	4		6	10	40
Vitamin E (alpha-tocopherol)	mg	0.09		0	BFSN	4		0.01	0.02	0.10
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	3.2		0	BFSN	4		0.5	0.9	3.7
Lipids:										
Fatty acids, total saturated	g	0.012		0		4		0.002	0.003	0.014
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03132
Babyfood, fruit, pears, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.008		0		4		0.001	0.002	0.009
17:0 g									
18:0 g	0.002		0		4		0.000	0.001	0.002
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.042		0		4		0.007	0.012	0.047
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.040		0		4		0.006	0.011	0.045
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.046		0		4		0.007	0.013	0.052
18:2 undifferentiated g	0.046		0		4		0.007	0.013	0.052
18:3 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03135

Babyfood, fruit, plums with tapioca, without ascorbic acid, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	79.20		14		1		11.88	22.45	134.64
Energy....kcal	74		0	NC	4		11	21	126
Energy....kJ	310		0		4		46	88	526
Protein (N x 6.25)....g	0.10		14		1		0.02	0.03	0.17
Total lipid (fat)....g	0.00		14		1		0.00	0.00	0.00
Ash....g	0.20	0.000	19		1		0.03	0.06	0.34
Carbohydrate, by difference....g	20.50		0	NC	4		3.08	5.81	34.85
Fiber, total dietary....g	1.2		0		4		0.2	0.3	2.0
Sugars, total....g	13.64		0	O	4		2.05	3.87	23.19
Starch....g									
Minerals:									
Calcium, Ca....mg	6	0.000	15		1		1	2	10
Iron, Fe....mg	0.22	0.020	16		1		0.03	0.06	0.37
Magnesium, Mg....mg	4		0		1		1	1	7
Phosphorus, P....mg	6		0		1		1	2	10
Potassium, K....mg	83	2.000	13		1		12	24	141
Sodium, Na....mg	8		14		1		1	2	14
Zinc, Zn....mg	0.08		0		1		0.01	0.02	0.14
Copper, Cu....mg	0.038		0		1		0.006	0.011	0.065
Manganese, Mn....mg									
Selenium, Se....mcg	0.4		0	FLM	4		0.1	0.1	0.7
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.8	0.300	6		1		0.1	0.2	1.4
Thiamin....mg	0.006	0.000	15		1		0.001	0.002	0.010
Riboflavin....mg	0.030	0.000	15		1		0.005	0.009	0.051
Niacin....mg	0.206	0.008	15		1		0.031	0.058	0.350
Pantothenic acid....mg	0.114		0		1		0.017	0.032	0.194
Vitamin B-6....mg	0.029	0.000	7		1		0.004	0.008	0.049
Folate, total....mcg	1		0		1		0	0	2
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	1		0		1		0	0	2
Folate, DFE....mcg_DFE	1		0	NC	4		0	0	2
Choline, total....mg	1.1		0	FLA	4		0.2	0.3	1.9
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	5		0	NC	4		1	1	8
Retinol....mcg	0		0	BNA	4		0	0	0
Carotene, beta....mcg	52		0	BNA	4		8	15	88
Carotene, alpha....mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta....mcg	10		0	BNA	4		1	3	16
Vitamin A, IU....IU	94	16.000	15		1		14	27	160
Lycopene....mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin....mcg	29		0	BFSN	4		4	8	49
Vitamin E (alpha-tocopherol)....mg	0.60		0	NR	4		0.09	0.17	1.02
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	3.4		0	BFSN	4		0.5	1.0	5.7
Lipids:									
Fatty acids, total saturated....g	0.000		0		7		0.000	0.000	0.000
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03135
Babyfood, fruit, plums with tapioca, without ascorbic acid, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.000		0		4		0.000	0.000	0.000
17:0 g									
18:0 g	0.000		0		4		0.000	0.000	0.000
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.000		0		7		0.000	0.000	0.000
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 170g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03134

Babyfood, fruit, plums with tapioca, without ascorbic acid, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	80.00	0.200	17		1		12.00	22.68	90.40
Energy	kcal	71		0	NC	4		11	20	80
Energy	kJ	297		0		4		45	84	336
Protein (N x 6.25)	g	0.10		14		1		0.02	0.03	0.11
Total lipid (fat)	g	0.00		14		1		0.00	0.00	0.00
Ash	g	0.24		0	FLA	4		0.04	0.07	0.27
Carbohydrate, by difference	g	19.70		0	NC	4		2.96	5.58	22.26
Fiber, total dietary	g	1.2		0		4		0.2	0.3	1.4
Sugars, total	g	13.34		0	FLA	4		2.00	3.78	15.07
Sucrose	g	2.11		0	FLA	4		0.32	0.60	2.38
Glucose (dextrose)	g	6.81		0	FLA	4		1.02	1.93	7.70
Fructose	g	4.12		0	FLA	4		0.62	1.17	4.66
Lactose	g	0.00		0	FLA	4		0.00	0.00	0.00
Maltose	g	0.11		0	FLA	4		0.02	0.03	0.12
Galactose	g	0.19		0	FLA	4		0.03	0.05	0.21
Starch	g									
Minerals:										
Calcium, Ca	mg	6	0.000	14		1		1	2	7
Iron, Fe	mg	0.20	0.010	17		1		0.03	0.06	0.23
Magnesium, Mg	mg	4		2		1		1	1	5
Phosphorus, P	mg	6		1		1		1	2	7
Potassium, K	mg	85		14		1		13	24	96
Sodium, Na	mg	6	0.000	17		1		1	2	7
Zinc, Zn	mg	0.08		2		1		0.01	0.02	0.09
Copper, Cu	mg	0.037		2		1		0.006	0.010	0.042
Manganese, Mn	mg									
Selenium, Se	mcg	0.4		0	FLM	4		0.1	0.1	0.5
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.1	0.600	6		1		0.2	0.3	1.2
Thiamin	mg	0.008	0.000	16		1		0.001	0.002	0.009
Riboflavin	mg	0.028	0.000	15		1		0.004	0.008	0.032
Niacin	mg	0.213	0.007	16		1		0.032	0.060	0.241
Pantothenic acid	mg	0.110		4		1		0.017	0.031	0.124
Vitamin B-6	mg	0.024		8		1		0.004	0.007	0.027
Folate, total	mcg	2		0	FLA	4		0	0	2
Folic acid	mcg	0		0	FLA	4		0	0	0
Folate, food	mcg	2		0	FLA	4		0	0	2
Folate, DFE	mcg_DFE	2		0	NC	4		0	0	2
Choline, total	mg	1.1		0	FLM	4		0.2	0.3	1.3
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	7		0	NC	4		1	2	8
Retinol	mcg	0		0	FLA	4		0	0	0
Carotene, beta	mcg	78		0	FLA	4		12	22	88
Carotene, alpha	mcg	0		0	FLA	4		0	0	0
Cryptoxanthin, beta	mcg	14		0	FLA	4		2	4	16
Vitamin A, IU	IU	142		0	NC	4		21	40	160
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	30		0	FLA	4		4	8	34
Vitamin E (alpha-tocopherol)	mg	0.14		0	FLA	4		0.02	0.04	0.16
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03134

Babyfood, fruit, plums with tapioca, without ascorbic acid, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone).....mcg	3.5		0	FLA	4		0.5	1.0	3.9
Lipids:									
Fatty acids, total saturated.....g	0.000		0		7		0.000	0.000	0.000
4:0.....g	0.000		0		4		0.000	0.000	0.000
6:0.....g	0.000		0		4		0.000	0.000	0.000
8:0.....g	0.000		0		4		0.000	0.000	0.000
10:0.....g	0.000		0		4		0.000	0.000	0.000
12:0.....g	0.000		0		4		0.000	0.000	0.000
13:0.....g									
14:0.....g	0.000		0		4		0.000	0.000	0.000
15:0.....g									
16:0.....g	0.000		0		4		0.000	0.000	0.000
17:0.....g									
18:0.....g	0.000		0		4		0.000	0.000	0.000
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.000		0		7		0.000	0.000	0.000
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
17:1.....g									
18:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:1.....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.000		0		7		0.000	0.000	0.000
18:2 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
18:4.....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA).....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03137
Babyfood, fruit, prunes with tapioca, without ascorbic acid, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	80.10		14		1		22.71	136.17	
Energy....kcal	70		0	NC	4		20	119	
Energy....kJ	293		0		4		83	498	
Protein (N x 6.25)....g	0.60		14		1		0.17	1.02	
Total lipid (fat)....g	0.10		14		1		0.03	0.17	
Ash....g	0.78		0	FLA	4		0.22	1.32	
Carbohydrate, by difference....g	18.70		0	NC	4		5.30	31.79	
Fiber, total dietary....g	2.7		0		4		0.8	4.6	
Sugars, total....g	10.97		0	FLA	4		3.11	18.64	
Sucrose....g	0.04		0	FLA	4		0.01	0.07	
Glucose (dextrose)....g	6.79		0	FLA	4		1.93	11.54	
Fructose....g	3.32		0	FLA	4		0.94	5.65	
Lactose....g	0.00		0	FLA	4		0.00	0.00	
Maltose....g	0.02		0	FLA	4		0.00	0.03	
Galactose....g	0.00		0	FLA	4		0.00	0.00	
Starch....g									
Minerals:									
Calcium, Ca....mg	15		10		1		4	26	
Iron, Fe....mg	0.33		10		1		0.09	0.56	
Magnesium, Mg....mg	10		1		1		3	17	
Phosphorus, P....mg	15		1		1		4	26	
Potassium, K....mg	162		14		1		46	275	
Sodium, Na....mg	2	1.000	15		1		1	3	
Zinc, Zn....mg	0.10		1		1		0.03	0.17	
Copper, Cu....mg	0.062		0		4		0.018	0.105	
Manganese, Mn....mg									
Selenium, Se....mcg	0.5		0	FLM	4		0.1	0.9	
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.8		1		1		0.2	1.4	
Thiamin....mg	0.022		10		1		0.006	0.037	
Riboflavin....mg	0.083		11		1		0.024	0.141	
Niacin....mg	0.526		11		1		0.149	0.894	
Pantothenic acid....mg	0.141		0		1		0.040	0.240	
Vitamin B-6....mg	0.086		1		1		0.024	0.146	
Folate, total....mcg	1		0	FLA	4		0	2	
Folic acid....mcg	0		0	FLA	4		0	0	
Folate, food....mcg	1		0	FLA	4		0	2	
Folate, DFE....mcg_DFE	1		0	NC	4		0	2	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	10		0	NC	4		3	18	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg	105		0	FLA	4		30	178	
Carotene, alpha....mcg	15		0	FLA	4		4	26	
Cryptoxanthin, beta....mcg	25		0	FLA	4		7	42	
Vitamin A, IU....IU	208		0	NC	4		59	353	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	39		0	FLA	4		11	67	
Vitamin E (alpha-tocopherol)....mg	0.11		0	FLA	4		0.03	0.19	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									

NDB No. 03137

Babyfood, fruit, prunes with tapioca, without ascorbic acid, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg	15.8		0	FLA	4		4.5	26.9	
Lipids:									
Fatty acids, total saturated....g	0.008		0		4		0.002	0.014	
4:0....g	0.000		0		4		0.000	0.000	
6:0....g	0.000		0		4		0.000	0.000	
8:0....g	0.000		0		4		0.000	0.000	
10:0....g	0.000		0		4		0.000	0.000	
12:0....g	0.000		0		4		0.000	0.000	
13:0....g									
14:0....g	0.000		0		4		0.000	0.000	
15:0....g									
16:0....g	0.007		0		4		0.002	0.012	
17:0....g									
18:0....g	0.001		0		4		0.000	0.002	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.066		0		4		0.019	0.112	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.001		0		4		0.000	0.002	
17:1....g									
18:1 undifferentiated....g	0.065		0		4		0.018	0.111	
20:1....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.022		0		4		0.006	0.037	
18:2 undifferentiated....g	0.022		0		4		0.006	0.037	
18:3 undifferentiated....g	0.000		0		4		0.000	0.000	
18:4....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0		7		0	0	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	
Caffeine....mg	0		0	FLA	4		0	0	
Theobromine....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 170g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03136

Babyfood, fruit, prunes with tapioca, without ascorbic acid, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	80.30		1		1		12.05	22.77	90.74
Energy	kcal	69		0	NC	4		10	20	78
Energy	kJ	291		0	NC	4		44	82	328
Protein (N x 6.25)	g	0.60	0.000	17		1		0.09	0.17	0.68
Total lipid (fat)	g	0.10	0.000	17		1		0.02	0.03	0.11
Ash	g	0.50	0.000	18		1		0.08	0.14	0.57
Carbohydrate, by difference	g	18.50		0	NC	4		2.78	5.24	20.91
Fiber, total dietary	g	2.7		0		4		0.4	0.8	3.1
Sugars, total	g	10.97		0	O	4		1.65	3.11	12.40
Sucrose	g	0.04		0	FLA	4		0.01	0.01	0.05
Glucose (dextrose)	g	6.79		0	FLA	4		1.02	1.93	7.67
Fructose	g	3.32		0	FLA	4		0.50	0.94	3.75
Lactose	g	0.00		0	FLA	4		0.00	0.00	0.00
Maltose	g	0.02		0	FLA	4		0.00	0.00	0.02
Galactose	g	0.00		0	FLA	4		0.00	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	15		11		1		2	4	17
Iron, Fe	mg	0.35	0.040	12		1		0.05	0.10	0.40
Magnesium, Mg	mg	10		3		1		2	3	11
Phosphorus, P	mg	15		2		1		2	4	17
Potassium, K	mg	177		15		1		27	50	200
Sodium, Na	mg	5	1.000	19		1		1	1	6
Zinc, Zn	mg	0.09		3		1		0.01	0.03	0.10
Copper, Cu	mg	0.061		2		1		0.009	0.017	0.069
Manganese, Mn	mg									
Selenium, Se	mcg	0.5		0	FLM	4		0.1	0.1	0.6
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.8		1		1		0.1	0.2	0.9
Thiamin	mg	0.022		11		1		0.003	0.006	0.025
Riboflavin	mg	0.075		11		1		0.011	0.021	0.085
Niacin	mg	0.525		12		1		0.079	0.149	0.593
Pantothenic acid	mg	0.140		4		1		0.021	0.040	0.158
Vitamin B-6	mg	0.081		3		1		0.012	0.023	0.092
Folate, total	mcg	0		9		1		0	0	0
Folic acid	mcg	0		0	FLA	4		0	0	0
Folate, food	mcg	1		0	FLA	4		0	0	1
Folate, DFE	mcg_DFE	1		0	NC	4		0	0	1
Choline, total	mg	1.1		0	FLM	4		0.2	0.3	1.3
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	23		0	NC	4		3	6	26
Retinol	mcg	0		0	BNA	4		0	0	0
Carotene, beta	mcg	228		0	BNA	4		34	65	258
Carotene, alpha	mcg	33		0	BNA	4		5	9	37
Cryptoxanthin, beta	mcg	54		0	BNA	4		8	15	61
Vitamin A, IU	IU	453		13		1		68	128	512
Lycopene	mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin	mcg	39		0	BFSN	4		6	11	44
Vitamin E (alpha-tocopherol)	mg	0.60		0	O	4		0.09	0.17	0.68
Vitamin E, added	mg	0.00		0	NR	4		0.00	0.00	0.00
Tocopherol, beta	mg	0.00		0	FLA	4		0.00	0.00	0.00
Tocopherol, gamma	mg	0.01		0	FLA	4		0.00	0.00	0.01
Tocopherol, delta	mg	0.00		0	FLA	4		0.00	0.00	0.00
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03136

Babyfood, fruit, prunes with tapioca, without ascorbic acid, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	15.6		0	BFSN	4		2.3	4.4	17.6
Lipids:									
Fatty acids, total saturated....g	0.008		0		4		0.001	0.002	0.009
4:0....g	0.000		0		4		0.000	0.000	0.000
6:0....g	0.000		0		4		0.000	0.000	0.000
8:0....g	0.000		0		4		0.000	0.000	0.000
10:0....g	0.000		0		4		0.000	0.000	0.000
12:0....g	0.000		0		4		0.000	0.000	0.000
13:0....g									
14:0....g	0.000		0		4		0.000	0.000	0.000
15:0....g									
16:0....g	0.007		0		4		0.001	0.002	0.008
17:0....g									
18:0....g	0.001		0		4		0.000	0.000	0.001
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.066		0		4		0.010	0.019	0.075
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.001		0		4		0.000	0.000	0.001
17:1....g									
18:1 undifferentiated....g	0.065		0		4		0.010	0.018	0.073
20:1....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.022		0		4		0.003	0.006	0.025
18:2 undifferentiated....g	0.022		0		4		0.003	0.006	0.025
18:3 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
18:4....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	0		0		7		0	0	0
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	0.0
Caffeine....mg	0		0	BFSN	4		0	0	0
Theobromine....mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 113g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.6

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43007
Babyfood, fruit, tutti frutti, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	82.90		0		1		12.44	140.93	140.93
Energy....kcal	69		0	NC	4		10	118	118
Energy....kJ	290		0	NC	4		43	492	492
Protein....g	0.40		0		1		0.06	0.68	0.68
Total lipid (fat)....g	0.40		0		1		0.06	0.68	0.68
Ash....g	0.30		0	O	4		0.05	0.51	0.51
Carbohydrate, by difference....g	16.00		0	NC	4		2.40	27.20	27.20
Fiber, total dietary....g	0.4		0		4		0.1	0.7	0.7
Sugars, total....g	9.41		0	FLA	4		1.41	16.00	16.00
Starch....g									
Minerals:									
Calcium, Ca....mg	14		0		1		2	24	24
Iron, Fe....mg	0.30		0		1		0.05	0.51	0.51
Magnesium, Mg....mg	4		0		4		1	7	7
Phosphorus, P....mg	28		0		1		4	48	48
Potassium, K....mg	47		0		1		7	80	80
Sodium, Na....mg	17		0		1		3	29	29
Zinc, Zn....mg	0.19		0		1		0.03	0.32	0.32
Copper, Cu....mg	0.200		0		1		0.030	0.340	0.340
Manganese, Mn....mg									
Selenium, Se....mcg	0.4		0	BFZN	4		0.1	0.7	0.7
Vitamins:									
Vitamin C, total ascorbic acid....mg	7.2		0		1		1.1	12.2	12.2
Thiamin....mg	0.030		0		1		0.005	0.051	0.051
Riboflavin....mg	0.020		0		1		0.003	0.034	0.034
Niacin....mg	0.080		0		1		0.012	0.136	0.136
Pantothenic acid....mg									
Vitamin B-6....mg	0.020		0		1		0.003	0.034	0.034
Folate, total....mcg	3		0		4		0	5	5
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	3		0		4		0	5	5
Folate, DFE....mcg_DFE	3		0	NC	4		0	5	5
Choline, total....mg	3.5		0	FLA	4		0.5	5.9	5.9
Betaine....mg									
Vitamin B-12....mcg	0.01		0		4		0.00	0.02	0.02
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	10		0	NC	4		1	17	17
Retinol....mcg	0		0	BNA	4		0	0	0
Carotene, beta....mcg	52		0	FLA	4		8	88	88
Carotene, alpha....mcg	1		0	FLA	4		0	2	2
Cryptoxanthin, beta....mcg	134		0	FLA	4		20	228	228
Vitamin A, IU....IU	199		0	FLA	4		30	338	338
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	25		0	FLA	4		4	42	42
Vitamin E (alpha-tocopherol)....mg	0.15		0	FLA	4		0.02	0.26	0.26
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.6		0	FLA	4		0.1	0.9	0.9
Lipids:									
Fatty acids, total saturated....g	0.110		0		4		0.017	0.187	0.187
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 43007
Babyfood, fruit, tutti frutti, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.001		0		4		0.000	0.002	0.002
15:0 g									
16:0 g	0.080		0		4		0.012	0.136	0.136
17:0 g									
18:0 g	0.028		0		4		0.004	0.048	0.048
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.148		0		4		0.022	0.252	0.252
14:1 g									
15:1 g									
16:1 undifferentiated g	0.010		0		4		0.002	0.017	0.017
17:1 g									
18:1 undifferentiated g	0.137		0		4		0.021	0.233	0.233
20:1 g	0.001		0		4		0.000	0.002	0.002
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.061		0		4		0.009	0.104	0.104
18:2 undifferentiated g	0.051		0		4		0.008	0.087	0.087
18:3 undifferentiated g	0.004		0		4		0.001	0.007	0.007
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.005		0		4		0.001	0.009	0.009
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.001		0		4		0.000	0.002	0.002
Fatty acids, total trans g									
Cholesterol mg	15		0		4		2	26	26
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 170g: 1 jar NFS

Measure 3 = 170g: 1 jar Heinz Junior-3 (6 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43006
Babyfood, fruit, tutti frutti, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	83.50		0		1		12.53	94.36	94.36
Energy....kcal	66		0	NC	4		10	75	75
Energy....kJ	277		0	NC	4		42	313	313
Protein....g	0.40		0		1		0.06	0.45	0.45
Total lipid (fat)....g	0.30		0		1		0.05	0.34	0.34
Ash....g	0.32		0	FLA	4		0.05	0.36	0.36
Carbohydrate, by difference....g	15.48		0	NC	4		2.32	17.50	17.50
Fiber, total dietary....g	0.6		0		4		0.1	0.7	0.7
Sugars, total....g	9.29		0	FLA	4		1.39	10.49	10.49
Starch....g									
Minerals:									
Calcium, Ca....mg	15		0		1		2	17	17
Iron, Fe....mg	0.20		0		1		0.03	0.23	0.23
Magnesium, Mg....mg	4		0		4		1	5	5
Phosphorus, P....mg	17		0		1		3	19	19
Potassium, K....mg	46		0		1		7	52	52
Sodium, Na....mg	25		0		1		4	28	28
Zinc, Zn....mg	0.80		0		1		0.12	0.90	0.90
Copper, Cu....mg	0.020		0		1		0.003	0.023	0.023
Manganese, Mn....mg									
Selenium, Se....mcg	0.4		0	BFZN	4		0.1	0.5	0.5
Vitamins:									
Vitamin C, total ascorbic acid....mg	12.4		0		1		1.9	14.0	14.0
Thiamin....mg	0.020		0		1		0.003	0.023	0.023
Riboflavin....mg	0.020		0		1		0.003	0.023	0.023
Niacin....mg	0.100		0		1		0.015	0.113	0.113
Pantothenic acid....mg									
Vitamin B-6....mg	0.020		0		1		0.003	0.023	0.023
Folate, total....mcg	3		0		4		0	3	3
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	3		0		4		0	3	3
Folate, DFE....mcg_DFE	3		0	NC	4		0	3	3
Choline, total....mg	3.1		0	FLA	4		0.5	3.5	3.5
Betaine....mg									
Vitamin B-12....mcg	0.01		0		4		0.00	0.01	0.01
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	7		0	NC	4		1	8	8
Retinol....mcg	0		0	BNA	4		0	0	0
Carotene, beta....mcg	35		0	BNA	4		5	39	39
Carotene, alpha....mcg	1		0	BNA	4		0	2	2
Cryptoxanthin, beta....mcg	89		0	BNA	4		13	100	100
Vitamin A, IU....IU	133		0		1		20	150	150
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	21		0	FLA	4		3	23	23
Vitamin E (alpha-tocopherol)....mg	0.11		0	FLA	4		0.02	0.12	0.12
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.4		0	FLA	4		0.1	0.4	0.4
Lipids:									
Fatty acids, total saturated....g	0.087		0		4		0.013	0.098	0.098
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 43006
Babyfood, fruit, tutti frutti, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.001		0		4		0.000	0.001	0.001
15:0 g									
16:0 g	0.063		0		4		0.009	0.071	0.071
17:0 g									
18:0 g	0.022		0		4		0.003	0.025	0.025
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.113		0		4		0.017	0.128	0.128
14:1 g									
15:1 g									
16:1 undifferentiated g	0.008		0		4		0.001	0.009	0.009
17:1 g									
18:1 undifferentiated g	0.104		0		4		0.016	0.118	0.118
20:1 g	0.001		0		4		0.000	0.001	0.001
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.043		0		4		0.006	0.049	0.049
18:2 undifferentiated g	0.037		0		4		0.006	0.042	0.042
18:3 undifferentiated g	0.001		0		4		0.000	0.001	0.001
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.004		0		4		0.001	0.005	0.005
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.001		0		4		0.000	0.001	0.001
Fatty acids, total trans g									
Cholesterol mg	15		0		4		2	17	17
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Heinz Strained-2 (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03093
Babyfood, green beans, dices, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	92.60		0	MA	12		26.25	118.53	
Energy....kcal	29		0	NC	4		8	38	
Energy....kJ	123		0	NC	4		35	157	
Protein....g	1.20		0	MA	12		0.34	1.54	
Total lipid (fat)....g	0.20		0	MA	12		0.06	0.26	
Ash....g	0.40		0	MA	12		0.11	0.51	
Carbohydrate, by difference....g	5.70		0	MC	9		1.62	7.30	
Fiber, total dietary....g	1.3		0	MA	12		0.4	1.7	
Sugars, total....g	1.06		0	BFSN	4		0.30	1.36	
Starch....g									
Minerals:									
Calcium, Ca....mg	27		0	MA	12		8	35	
Iron, Fe....mg	0.40		0	MA	12		0.11	0.51	
Magnesium, Mg....mg	19		0	MA	12		5	24	
Phosphorus, P....mg	22		0	MA	12		6	28	
Potassium, K....mg	116		0	MA	12		33	148	
Sodium, Na....mg	37		0	MA	12		10	47	
Zinc, Zn....mg	0.10		0	MA	12		0.03	0.13	
Copper, Cu....mg	0.030		0	MA	12		0.009	0.038	
Manganese, Mn....mg	0.080		0	MA	12		0.023	0.102	
Selenium, Se....mcg	0.4		0	BFZN	4		0.1	0.5	
Vitamins:									
Vitamin C, total ascorbic acid....mg	1.7		0	MA	12		0.5	2.2	
Thiamin....mg	0.020		0	MA	12		0.006	0.026	
Riboflavin....mg	0.040		0	MA	12		0.011	0.051	
Niacin....mg	0.230		0	MA	12		0.065	0.294	
Pantothenic acid....mg	0.051		0	BFSN	4		0.014	0.065	
Vitamin B-6....mg	0.030		0	MA	12		0.009	0.038	
Folate, total....mcg	32		0		4		9	41	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	32		0		4		9	41	
Folate, DFE....mcg_DFE	32		0	NC	4		9	41	
Choline, total....mg	22.6		0	FLA	4		6.4	29.0	
Betaine....mg									
Vitamin B-12....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	24		0	NC	4		7	31	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg	288		0	BFSN	4		82	369	
Carotene, alpha....mcg	0		0	BFSN	4		0	0	
Cryptoxanthin, beta....mcg	0		0	BFSN	4		0	0	
Vitamin A, IU....IU	481		0	NC	4		136	615	
Lycopene....mcg	0		0	BFSN	4		0	0	
Lutein + zeaxanthin....mcg	487		0	BFSN	4		138	623	
Vitamin E (alpha-tocopherol)....mg	0.31		0	BFSN	4		0.09	0.40	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	11.0		0	BFSN	4		3.1	14.1	
Lipids:									
Fatty acids, total saturated....g	0.044		0	BFFN	4		0.012	0.056	
4:0....g	0.000		0	BFFN	4		0.000	0.000	

NDB No. 03093
Babyfood, green beans, dices, toddler

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.000		0	BFFN	4		0.000	0.000	
8:0....g	0.000		0	BFFN	4		0.000	0.000	
10:0....g	0.000		0	BFFN	4		0.000	0.000	
12:0....g	0.000		0	BFFN	4		0.000	0.000	
13:0....g									
14:0....g	0.000		0	BFFN	4		0.000	0.000	
15:0....g									
16:0....g	0.038		0	BFFN	4		0.011	0.049	
17:0....g									
18:0....g	0.006		0	BFFN	4		0.002	0.008	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.008		0	BFFN	4		0.002	0.010	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	BFFN	4		0.000	0.000	
17:1....g									
18:1 undifferentiated....g	0.008		0	BFFN	4		0.002	0.010	
20:1....g	0.000		0	BFFN	4		0.000	0.000	
22:1 undifferentiated....g	0.000		0	BFFN	4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.102		0	BFFN	4		0.029	0.131	
18:2 undifferentiated....g	0.038		0	BFFN	4		0.011	0.049	
18:3 undifferentiated....g	0.062		0	BFFN	4		0.018	0.079	
18:4....g	0.000		0	BFFN	4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	BFFN	4		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0	BFFN	4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0	BFFN	4		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0	BFFN	4		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0	MA	12		0	0	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	
Caffeine....mg	0		0	BFSN	4		0	0	
Theobromine....mg	0		0	BFSN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 128g: 1 jar

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03001
Babyfood, juice treats, fruit medley, toddler

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	12.89		0	FLC	4		3.61		
Energy	kcal	347		0	NC	4		97		
Energy	kJ	1454		0	NC	4		407		
Protein	g	0.00		0	NR	4		0.00		
Total lipid (fat)	g	0.00		0	NR	4		0.00		
Ash	g	0.29		0	FLC	4		0.08		
Carbohydrate, by difference	g	86.68		0	FLC	4		24.27		
Fiber, total dietary	g	0.0		0	FLC	4		0.0		
Sugars, total	g	57.40		0	FLC	4		16.07		
Starch	g									
Minerals:										
Calcium, Ca	mg	12		0	FLC	4		3		
Iron, Fe	mg	0.24		0	FLC	4		0.07		
Magnesium, Mg	mg	7		0	FLC	4		2		
Phosphorus, P	mg	9		0	FLC	4		3		
Potassium, K	mg	54		0	FLC	4		15		
Sodium, Na	mg	89		0	FLC	4		25		
Zinc, Zn	mg	0.03		0	FLC	4		0.01		
Copper, Cu	mg	0.037		0	FLC	4		0.010		
Manganese, Mn	mg	0.062		0	FLC	4		0.017		
Selenium, Se	mcg	1.9		0	FLC	4		0.5		
Vitamins:										
Vitamin C, total ascorbic acid	mg	8.0		0	FLC	4		2.2		
Thiamin	mg	0.015		0	FLC	4		0.004		
Riboflavin	mg	0.010		0	FLC	4		0.003		
Niacin	mg	0.057		0	FLC	4		0.016		
Pantothenic acid	mg	0.052		0	FLC	4		0.015		
Vitamin B-6	mg	0.014		0	FLC	4		0.004		
Folate, total	mcg	1		0	FLC	4		0		
Folic acid	mcg	0		0	FLC	4		0		
Folate, food	mcg	1		0	FLC	4		0		
Folate, DFE	mcg_DFE	1		0	NC	4		0		
Choline, total	mg	9.1		0	FLC	4		2.5		
Betaine	mg									
Vitamin B-12	mcg	0.00		0	FLC	4		0.00		
Vitamin B-12, added	mcg	0.00		0	FLC	4		0.00		
Vitamin A, RAE	mcg_RAE	0		0	NC	4		0		
Retinol	mcg	0		0	FLC	4		0		
Carotene, beta	mcg	1		0	FLC	4		0		
Carotene, alpha	mcg	0		0	FLC	4		0		
Cryptoxanthin, beta	mcg	0		0	FLC	4		0		
Vitamin A, IU	IU	2		0	FLC	4		1		
Lycopene	mcg	0		0	FLC	4		0		
Lutein + zeaxanthin	mcg	2		0	FLC	4		1		
Vitamin E (alpha-tocopherol)	mg	0.01		0	FLC	4		0.00		
Vitamin E, added	mg	0.00		0	FLC	4		0.00		
Tocopherol, beta	mg	0.00		0	FLC	4		0.00		
Tocopherol, gamma	mg	0.00		0	FLC	4		0.00		
Tocopherol, delta	mg	0.00		0	FLC	4		0.00		
Vitamin D (D2 + D3)	mcg	0.0		0	FLC	4		0.0		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	FLC	4		0		
Vitamin K (phylloquinone)	mcg	0.0		0	FLC	4		0.0		
Lipids:										
Fatty acids, total saturated	g	0.000		0	FLC	4		0.000		
4:0	g	0.000		0	FLC	4		0.000		

NDB No. 03001
Babyfood, juice treats, fruit medley, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0	FLC	4		0.000		
8:0....g	0.000		0	FLC	4		0.000		
10:0....g	0.000		0	FLC	4		0.000		
12:0....g	0.000		0	FLC	4		0.000		
13:0....g									
14:0....g	0.000		0	FLC	4		0.000		
15:0....g									
16:0....g	0.000		0	FLC	4		0.000		
17:0....g									
18:0....g	0.000		0	FLC	4		0.000		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.000		0	FLC	4		0.000		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	FLC	4		0.000		
17:1....g									
18:1 undifferentiated....g	0.000		0	FLC	4		0.000		
20:1....g	0.000		0	FLC	4		0.000		
22:1 undifferentiated....g	0.000		0	FLC	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.000		0	FLC	4		0.000		
18:2 undifferentiated....g	0.000		0	FLC	4		0.000		
18:3 undifferentiated....g	0.000		0	FLC	4		0.000		
18:4....g	0.000		0	FLC	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	FLC	4		0.000		
20:5 n-3 (EPA)....g	0.000		0	FLC	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	FLC	4		0.000		
22:6 n-3 (DHA)....g	0.000		0	FLC	4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	0		0	FLC	4		0		
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.000		0	FLC	4		0.000		
Threonine....g	0.000		0	FLC	4		0.000		
Isoleucine....g	0.000		0	FLC	4		0.000		
Leucine....g	0.000		0	FLC	4		0.000		
Lysine....g	0.000		0	FLC	4		0.000		
Methionine....g	0.000		0	FLC	4		0.000		
Cystine....g	0.000		0	FLC	4		0.000		
Phenylalanine....g	0.000		0	FLC	4		0.000		
Tyrosine....g	0.000		0	FLC	4		0.000		
Valine....g	0.000		0	FLC	4		0.000		
Arginine....g	0.000		0	FLC	4		0.000		
Histidine....g	0.000		0	FLC	4		0.000		
Alanine....g	0.000		0	FLC	4		0.000		
Aspartic acid....g	0.000		0	FLC	4		0.000		
Glutamic acid....g	0.000		0	FLC	4		0.000		
Glycine....g	0.000		0	FLC	4		0.000		
Proline....g	0.000		0	FLC	4		0.000		
Serine....g	0.000		0	FLC	4		0.000		
Hydroxyproline....g									
Others:									
Alcohol, ethyl....g	0.0		0	FLC	4		0.0		
Caffeine....mg	0		0	FLC	4		0		
Theobromine....mg	0		0	FLC	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03001

Babyfood, juice treats, fruit medley, toddler

Common Measures:

Measure 1 = 28g: 1 packet

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03166
Babyfood, juice, apple

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.00		14		1		27.90	111.76	115.28
Energy	kcal	47		0	NC	4		15	60	62
Energy	kJ	197		0		4		62	250	258
Protein (N x 6.25)	g	0.00	0.000	22		1		0.00	0.00	0.00
Total lipid (fat)	g	0.10	0.000	22		1		0.03	0.13	0.13
Ash	g	0.20	0.000	18		1		0.06	0.25	0.26
Carbohydrate, by difference	g	11.70		0	NC	4		3.71	14.86	15.33
Fiber, total dietary	g	0.1		0		4		0.0	0.1	0.1
Sugars, total	g	10.70		0	T	4		3.39	13.59	14.02
Starch	g	0.00		0	Z	7		0.00	0.00	0.00
Minerals:										
Calcium, Ca	mg	4		15		1		1	5	5
Iron, Fe	mg	0.57	0.060	23		1		0.18	0.72	0.75
Magnesium, Mg	mg	3		2		1		1	4	4
Phosphorus, P	mg	5		3		1		2	6	7
Potassium, K	mg	91		16		1		29	116	119
Sodium, Na	mg	3		16		1		1	4	4
Zinc, Zn	mg	0.03		2		1		0.01	0.04	0.04
Copper, Cu	mg	0.040		0		4		0.013	0.051	0.052
Manganese, Mn	mg									
Selenium, Se	mcg	0.1		0	BFZN	4		0.0	0.1	0.1
Vitamins:										
Vitamin C, total ascorbic acid	mg	57.9		9		1		18.4	73.5	75.8
Thiamin	mg	0.007	0.000	22		1		0.002	0.009	0.009
Riboflavin	mg	0.016		11		1		0.005	0.020	0.021
Niacin	mg	0.083		19		1		0.026	0.105	0.109
Pantothenic acid	mg	0.116		0		4		0.037	0.147	0.152
Vitamin B-6	mg	0.029	0.000	6		1		0.009	0.037	0.038
Folate, total	mcg	0		9		1		0	0	0
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	0		9		1		0	0	0
Folate, DFE	mcg_DFE	0		0	NC	4		0	0	0
Choline, total	mg	1.8		0	T	4		0.6	2.3	2.4
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	NR	4		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	1	1
Retinol	mcg	0		0	BNA	4		0	0	0
Carotene, beta	mcg	8		0	BNA	4		2	10	10
Carotene, alpha	mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta	mcg	6		0	BNA	4		2	7	8
Vitamin A, IU	IU	18		0	NC	4		6	23	24
Lycopene	mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin	mcg	16		0	BFSN	4		5	20	21
Vitamin E (alpha-tocopherol)	mg	0.60		0	NR	4		0.19	0.76	0.79
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	0.0		0	BFSN	4		0.0	0.0	0.0
Lipids:										
Fatty acids, total saturated	g	0.018		0		4		0.006	0.023	0.024
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03166
Babyfood, juice, apple

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.016		0		4		0.005	0.020	0.021
17:0 g									
18:0 g	0.002		0		4		0.001	0.003	0.003
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.002		0		4		0.001	0.003	0.003
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.002		0		4		0.001	0.003	0.003
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.031		0		4		0.010	0.039	0.041
18:2 undifferentiated g	0.027		0		4		0.009	0.034	0.035
18:3 undifferentiated g	0.004		0		4		0.001	0.005	0.005
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	Z	7		0	0	0
Theobromine mg	0		0	Z	7		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.7g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 131g: 1 bottle Earth's Best (4.2 fl oz)

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43535
Babyfood, juice, apple - cherry

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.20		0		5		27.52	110.25	110.25
Energy....kcal	47		0		9		15	59	59
Energy....kJ	197		0		9		61	246	246
Protein....g	0.20		0		5		0.06	0.25	0.25
Total lipid (fat)....g	0.10		0		5		0.03	0.13	0.13
Ash....g	0.36		0	FLA	4		0.11	0.45	0.45
Carbohydrate, by difference....g	11.20		0		9		3.49	14.00	14.00
Fiber, total dietary....g	0.3		0		4		0.1	0.4	0.4
Sugars, total....g	10.50		0	FLA	4		3.28	13.12	13.12
Starch....g									
Minerals:									
Calcium, Ca....mg	7		0		5		2	9	9
Iron, Fe....mg	0.35		0		5		0.11	0.44	0.44
Magnesium, Mg....mg	3		0		5		1	4	4
Phosphorus, P....mg	12		0		5		4	15	15
Potassium, K....mg	110		0		5		34	138	138
Sodium, Na....mg	4		0		5		1	5	5
Zinc, Zn....mg	0.03		0		5		0.01	0.04	0.04
Copper, Cu....mg	0.020		0		5		0.006	0.025	0.025
Manganese, Mn....mg									
Selenium, Se....mcg	0.1		0	BFZN	4		0.0	0.1	0.1
Vitamins:									
Vitamin C, total ascorbic acid....mg	32.1		0		5		10.0	40.1	40.1
Thiamin....mg	0.010		0		5		0.003	0.013	0.013
Riboflavin....mg	0.020		0		5		0.006	0.025	0.025
Niacin....mg	0.110		0		5		0.034	0.138	0.138
Pantothenic acid....mg									
Vitamin B-6....mg	0.030		0		5		0.009	0.038	0.038
Folate, total....mcg	0		0		5		0	0	0
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	0		0		5		0	0	0
Folate, DFE....mcg_DFE	0		0	NC	4		0	0	0
Choline, total....mg	1.9		0	FLA	4		0.6	2.3	2.3
Betaine....mg									
Vitamin B-12....mcg	0.00		0		7		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	NR	4		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0	1	1
Retinol....mcg	0		0	FLA	4		0	0	0
Carotene, beta....mcg	11		0	FLA	4		3	14	14
Carotene, alpha....mcg	0		0	FLA	4		0	0	0
Cryptoxanthin, beta....mcg	0		0	FLA	4		0	0	0
Vitamin A, IU....IU	18		0	FLA	4		6	23	23
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	21		0	FLA	4		7	26	26
Vitamin E (alpha-tocopherol)....mg	0.02		0	NR	4		0.01	0.03	0.03
Vitamin E, added....mg	0.00		0	NR	4		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.2		0	FLA	4		0.1	0.3	0.3
Lipids:									
Fatty acids, total saturated....g	0.020		0		4		0.006	0.025	0.025
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 43535
Babyfood, juice, apple - cherry

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.016		0		4		0.005	0.020	0.020
17:0 g									
18:0 g	0.002		0		4		0.001	0.003	0.003
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.000		0		4		0.000	0.000	0.000
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.002		0		4		0.001	0.003	0.003
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.030		0		4		0.009	0.038	0.038
18:2 undifferentiated g	0.027		0		4		0.008	0.034	0.034
18:3 undifferentiated g	0.004		0		4		0.001	0.005	0.005
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 125g: 1 bottle Heinz Strained (4 fl oz)

Measure 3 = 125g: 1 bottle NFS

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03268
Babyfood, juice, apple and cherry

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	89.50		14		1		27.92	113.67	
Energy....kcal	41		0	NC	4		13	52	
Energy....kJ	172		0		4		54	218	
Protein (N x 6.25)....g	0.10	0.000	18		1		0.03	0.13	
Total lipid (fat)....g	0.20	0.000	18		1		0.06	0.25	
Ash....g	0.30	0.100	18		1		0.09	0.38	
Carbohydrate, by difference....g	9.90		0	NC	4		3.09	12.57	
Fiber, total dietary....g	0.1		0		4		0.0	0.1	
Sugars, total....g	8.98		0	FLA	4		2.80	11.41	
Starch....g									
Minerals:									
Calcium, Ca....mg	5		15		1		2	6	
Iron, Fe....mg	0.66		10		1		0.21	0.84	
Magnesium, Mg....mg	3		2		1		1	4	
Phosphorus, P....mg	6		3		1		2	8	
Potassium, K....mg	98		16		1		31	124	
Sodium, Na....mg	3		14		1		1	4	
Zinc, Zn....mg	0.03		2		1		0.01	0.04	
Copper, Cu....mg	0.043		0		4		0.013	0.055	
Manganese, Mn....mg									
Selenium, Se....mcg	0.1		0	BFZN	4		0.0	0.1	
Vitamins:									
Vitamin C, total ascorbic acid....mg	58.3		9		1		18.2	74.0	
Thiamin....mg	0.008	0.000	22		1		0.002	0.010	
Riboflavin....mg	0.015		8		1		0.005	0.019	
Niacin....mg	0.094		8		1		0.029	0.119	
Pantothenic acid....mg	0.102		0		4		0.032	0.130	
Vitamin B-6....mg	0.031	0.000	6		1		0.010	0.039	
Folate, total....mcg	0		6		1		0	0	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	0		6		1		0	0	
Folate, DFE....mcg_DFE	0		0	NC	4		0	0	
Choline, total....mg	2.4		0	FLA	4		0.7	3.0	
Betaine....mg									
Vitamin B-12....mcg	0.00		0	FLA	4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0	0	
Retinol....mcg	0		0	BNA	4		0	0	
Carotene, beta....mcg	3		0	BNA	4		1	4	
Carotene, alpha....mcg	0		0	FLA	4		0	0	
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	
Vitamin A, IU....IU	5		14		1		2	6	
Lycopene....mcg	0		0	BFSN	4		0	0	
Lutein + zeaxanthin....mcg	26		0	BFSN	4		8	33	
Vitamin E (alpha-tocopherol)....mg	0.02		0	FLA	4		0.01	0.03	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	0.4		0	FLA	4		0.1	0.5	
Lipids:									
Fatty acids, total saturated....g	0.035		0		4		0.011	0.044	
4:0....g	0.000		0		4		0.000	0.000	

NDB No. 03268
Babyfood, juice, apple and cherry

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	
8:0 g	0.000		0		4		0.000	0.000	
10:0 g	0.000		0		4		0.000	0.000	
12:0 g	0.000		0		4		0.000	0.000	
13:0 g									
14:0 g	0.002		0		4		0.001	0.003	
15:0 g									
16:0 g	0.028		0		4		0.009	0.036	
17:0 g									
18:0 g	0.004		0		4		0.001	0.005	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.011		0		4		0.003	0.014	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	
17:1 g									
18:1 undifferentiated g	0.009		0		4		0.003	0.011	
20:1 g	0.000		0		4		0.000	0.000	
22:1 undifferentiated g	0.000		0		4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.060		0		4		0.019	0.076	
18:2 undifferentiated g	0.050		0		4		0.016	0.064	
18:3 undifferentiated g	0.012		0		4		0.004	0.015	
18:4 g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	
Theobromine mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03265
Babyfood, juice, apple and grape

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.10		14		1		27.49	111.89	115.41
Energy	kcal	46		0	NC	4		14	59	61
Energy	kJ	194		0	NC	4		61	247	255
Protein (N x 6.25)	g	0.10	0.000	22		1		0.03	0.13	0.13
Total lipid (fat)	g	0.20	0.000	22		1		0.06	0.25	0.26
Ash	g	0.26		0	FLA	4		0.08	0.33	0.34
Carbohydrate, by difference	g	11.34		0	NC	4		3.54	14.40	14.86
Fiber, total dietary	g	0.1		0		4		0.0	0.1	0.1
Sugars, total	g	10.90		0	NR	4		3.40	13.84	14.28
Starch	g									
Minerals:										
Calcium, Ca	mg	6		18		1		2	8	8
Iron, Fe	mg	0.39		18		1		0.12	0.50	0.51
Magnesium, Mg	mg	6		0	MC	9		2	7	7
Phosphorus, P	mg	5		3		1		2	6	7
Potassium, K	mg	90		16		1		28	114	118
Sodium, Na	mg	3		14		1		1	4	4
Zinc, Zn	mg	0.04		2		1		0.01	0.04	0.05
Copper, Cu	mg	0.078		0		4		0.024	0.099	0.102
Manganese, Mn	mg									
Selenium, Se	mcg	0.1		0	BFZN	4		0.0	0.1	0.1
Vitamins:										
Vitamin C, total ascorbic acid	mg	31.5		0	MC	9		9.8	40.0	41.3
Thiamin	mg	0.007		27		1		0.002	0.009	0.009
Riboflavin	mg	0.021		10		1		0.007	0.027	0.028
Niacin	mg	0.109		14		1		0.034	0.138	0.143
Pantothenic acid	mg	0.075		0		4		0.023	0.095	0.098
Vitamin B-6	mg	0.034		8		1		0.011	0.043	0.045
Folate, total	mcg	1		0	FLA	4		0	1	1
Folic acid	mcg	0		0	FLA	4		0	0	0
Folate, food	mcg	1		0	FLA	4		0	1	1
Folate, DFE	mcg_DFE	1		0	NC	4		0	1	1
Choline, total	mg	1.9		0	FLA	4		0.6	2.5	2.5
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	0		0	FLA	4		0	0	0
Retinol	mcg	0		0	FLA	4		0	0	0
Carotene, beta	mcg	2		0	BNA	4		1	3	3
Carotene, alpha	mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU	IU	4		0	FLA	4		1	5	5
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.00		0	FLA	4		0.00	0.00	0.00
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	0.0		0	FLA	4		0.0	0.0	0.0
Lipids:										
Fatty acids, total saturated	g	0.040		0		4		0.012	0.051	0.052
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03265
Babyfood, juice, apple and grape

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.002		0		4		0.001	0.003	0.003
15:0 g									
16:0 g	0.032		0		4		0.010	0.041	0.042
17:0 g									
18:0 g	0.004		0		4		0.001	0.005	0.005
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.009		0		4		0.003	0.011	0.012
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.007		0		4		0.002	0.009	0.009
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.059		0		4		0.018	0.075	0.077
18:2 undifferentiated g	0.049		0		4		0.015	0.062	0.064
18:3 undifferentiated g	0.011		0		4		0.003	0.014	0.014
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 131g: 1 bottle Earth's Best (4.2 fl oz)

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03168
Babyfood, juice, apple and peach

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	89.00		1		1		27.77	113.03	
Energy....kcal	43		0	NC	4		13	54	
Energy....kJ	179		0	NC	4		56	227	
Protein (N x 6.25)....g	0.20	0.000	6		1		0.06	0.25	
Total lipid (fat)....g	0.10	0.000	6		1		0.03	0.13	
Ash....g	0.30	0.000	6		1		0.09	0.38	
Carbohydrate, by difference....g	10.50		0	NC	4		3.28	13.34	
Fiber, total dietary....g	0.1		0		4		0.0	0.1	
Sugars, total....g	9.59		0	FLA	4		2.99	12.18	
Starch....g									
Minerals:									
Calcium, Ca....mg	3	1.000	6		1		1	4	
Iron, Fe....mg	0.56	0.140	10		1		0.17	0.71	
Magnesium, Mg....mg	3		2		1		1	4	
Phosphorus, P....mg	4		2		1		1	5	
Potassium, K....mg	97		2		1		30	123	
Sodium, Na....mg	1		0		4		0	1	
Zinc, Zn....mg	0.03		2		1		0.01	0.03	
Copper, Cu....mg	0.037		0		4		0.012	0.047	
Manganese, Mn....mg									
Selenium, Se....mcg	0.3		0	FLM	4		0.1	0.4	
Vitamins:									
Vitamin C, total ascorbic acid....mg	58.5	2.000	6		1		18.3	74.3	
Thiamin....mg	0.008	0.000	6		1		0.002	0.010	
Riboflavin....mg	0.011	0.000	6		1		0.003	0.014	
Niacin....mg	0.213	0.006	6		1		0.066	0.271	
Pantothenic acid....mg	0.082		0		4		0.026	0.104	
Vitamin B-6....mg	0.022	0.000	6		1		0.007	0.028	
Folate, total....mcg	1	0.100	3		1		0	2	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	1	0.100	3		1		0	2	
Folate, DFE....mcg_DFE	1		0	NC	4		0	2	
Choline, total....mg	2.5		0	FLA	4		0.8	3.2	
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	3		0	NC	4		1	4	
Retinol....mcg	0		0	FLA	4		0	0	
Carotene, beta....mcg	31		0	FLA	4		10	40	
Carotene, alpha....mcg	0		0	FLA	4		0	0	
Cryptoxanthin, beta....mcg	13		0	FLA	4		4	17	
Vitamin A, IU....IU	63	12.000	6		1		20	80	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	29		0	FLA	4		9	37	
Vitamin E (alpha-tocopherol)....mg	0.15		0	FLA	4		0.05	0.19	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	0.5		0	FLA	4		0.2	0.6	
Lipids:									
Fatty acids, total saturated....g	0.018		0		4		0.006	0.023	
4:0....g	0.000		0		4		0.000	0.000	

NDB No. 03168
Babyfood, juice, apple and peach

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	
8:0 g	0.000		0		4		0.000	0.000	
10:0 g	0.000		0		4		0.000	0.000	
12:0 g	0.000		0		4		0.000	0.000	
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	
15:0 g									
16:0 g	0.016		0		4		0.005	0.020	
17:0 g									
18:0 g	0.002		0		4		0.001	0.003	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.002		0		4		0.001	0.003	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	
17:1 g									
18:1 undifferentiated g	0.002		0		4		0.001	0.003	
20:1 g	0.000		0		4		0.000	0.000	
22:1 undifferentiated g	0.000		0		4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.031		0		4		0.010	0.039	
18:2 undifferentiated g	0.027		0		4		0.008	0.034	
18:3 undifferentiated g	0.004		0		4		0.001	0.005	
18:4 g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	
Theobromine mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03170
Babyfood, juice, apple and plum

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.30		1		1		27.24	110.87	
Energy....kcal	49		0	NC	4		15	62	
Energy....kJ	205		0		4		64	260	
Protein (N x 6.25)....g	0.10		1		1		0.03	0.13	
Total lipid (fat)....g	0.00		1		1		0.00	0.00	
Ash....g	0.30	0.000	6		1		0.09	0.38	
Carbohydrate, by difference....g	12.30		0	NC	4		3.84	15.62	
Fiber, total dietary....g	0.1		0		4		0.0	0.1	
Sugars, total....g	11.54		0	FLA	4		3.60	14.66	
Starch....g									
Minerals:									
Calcium, Ca....mg	5	1.000	6		1		2	6	
Iron, Fe....mg	0.62	0.100	11		1		0.19	0.79	
Magnesium, Mg....mg	3		2		1		1	4	
Phosphorus, P....mg	3	1.000	3		1		1	4	
Potassium, K....mg	101		2		1		32	128	
Sodium, Na....mg	1		0		4		0	1	
Zinc, Zn....mg	0.03		2		1		0.01	0.04	
Copper, Cu....mg	0.042		0		4		0.013	0.053	
Manganese, Mn....mg									
Selenium, Se....mcg	0.3		0	FLM	4		0.1	0.4	
Vitamins:									
Vitamin C, total ascorbic acid....mg	58.2	3.900	6		1		18.2	73.9	
Thiamin....mg	0.020	0.005	6		1		0.006	0.025	
Riboflavin....mg	0.017	0.000	6		1		0.005	0.022	
Niacin....mg	0.195	0.013	6		1		0.061	0.248	
Pantothenic acid....mg	0.123		0		4		0.038	0.156	
Vitamin B-6....mg	0.028	0.000	6		1		0.009	0.036	
Folate, total....mcg	0		3		1		0	0	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	0		3		1		0	0	
Folate, DFE....mcg_DFE	0		0	NC	4		0	0	
Choline, total....mg	1.6		0	FLA	4		0.5	2.0	
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	2		0	NC	4		1	3	
Retinol....mcg	0		0	FLA	4		0	0	
Carotene, beta....mcg	24		0	FLA	4		7	30	
Carotene, alpha....mcg	0		0	FLA	4		0	0	
Cryptoxanthin, beta....mcg	5		0	FLA	4		1	6	
Vitamin A, IU....IU	43	15.000	6		1		13	55	
Lycopene....mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin....mcg	21		0	FLA	4		6	26	
Vitamin E (alpha-tocopherol)....mg	0.04		0	FLA	4		0.01	0.05	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	0.8		0	FLA	4		0.2	1.0	
Lipids:									
Fatty acids, total saturated....g	0.000		0		7		0.000	0.000	
4:0....g	0.000		0		4		0.000	0.000	

NDB No. 03170
Babyfood, juice, apple and plum

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000	0.000	
8:0....g	0.000		0		4		0.000	0.000	
10:0....g	0.000		0		4		0.000	0.000	
12:0....g	0.000		0		4		0.000	0.000	
13:0....g									
14:0....g	0.000		0		4		0.000	0.000	
15:0....g									
16:0....g	0.000		0		4		0.000	0.000	
17:0....g									
18:0....g	0.000		0		4		0.000	0.000	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.000		0		7		0.000	0.000	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0		4		0.000	0.000	
17:1....g									
18:1 undifferentiated....g	0.000		0		4		0.000	0.000	
20:1....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.000		0		7		0.000	0.000	
18:2 undifferentiated....g	0.000		0		4		0.000	0.000	
18:3 undifferentiated....g	0.000		0		4		0.000	0.000	
18:4....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0		7		0	0	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	
Caffeine....mg	0		0	FLA	4		0	0	
Theobromine....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03171
Babyfood, juice, apple and prune

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.30	0.300	4		1		25.37	103.25	101.63
Energy	kcal	72		0	NC	4		22	92	90
Energy	kJ	302		0	NC	4		94	383	377
Protein (N x 6.25)	g	0.20	0.000	4		1		0.06	0.25	0.25
Total lipid (fat)	g	0.10	0.000	4		1		0.03	0.13	0.13
Ash	g	0.30	0.100	4		1		0.09	0.38	0.38
Carbohydrate, by difference	g	18.00		0	NC	4		5.62	22.86	22.50
Fiber, total dietary	g	0.1		0		4		0.0	0.1	0.1
Sugars, total	g	10.58		0	FLA	4		3.30	13.43	13.22
Starch	g									
Minerals:										
Calcium, Ca	mg	9		1		1		3	11	11
Iron, Fe	mg	0.95	0.140	4		1		0.30	1.21	1.19
Magnesium, Mg	mg	7		0		4		2	9	9
Phosphorus, P	mg	15		1		1		5	19	19
Potassium, K	mg	148		1		1		46	188	185
Sodium, Na	mg	5		1		1		2	6	6
Zinc, Zn	mg	0.05		0		4		0.01	0.06	0.06
Copper, Cu	mg	0.062		0		4		0.019	0.079	0.078
Manganese, Mn	mg									
Selenium, Se	mcg	0.3		0	FLM	4		0.1	0.4	0.4
Vitamins:										
Vitamin C, total ascorbic acid	mg	67.5	3.900	3		1		21.1	85.7	84.4
Thiamin	mg	0.005		1		1		0.002	0.006	0.006
Riboflavin	mg	0.002		1		1		0.001	0.003	0.003
Niacin	mg	0.301	0.012	4		1		0.094	0.382	0.376
Pantothenic acid	mg	0.181		0		4		0.056	0.230	0.226
Vitamin B-6	mg	0.035		1		1		0.011	0.044	0.044
Folate, total	mcg	0		3		1		0	0	0
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	0		3		1		0	0	0
Folate, DFE	mcg_DFE	0		0	NC	4		0	0	0
Choline, total	mg	1.8		0	NR	4		0.6	2.2	2.2
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	1		0	NC	4		0	1	1
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	8		0	BNA	4		3	10	10
Carotene, alpha	mcg	1		0	BNA	4		0	1	1
Cryptoxanthin, beta	mcg	2		0	BNA	4		1	2	2
Vitamin A, IU	IU	16		0		4		5	20	20
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	22		0	FLA	4		7	28	27
Vitamin E (alpha-tocopherol)	mg	0.05		0	FLA	4		0.02	0.06	0.06
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	1.3		0	FLA	4		0.4	1.7	1.6
Lipids:										
Fatty acids, total saturated	g	0.018		0		4		0.006	0.023	0.023
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03171
Babyfood, juice, apple and prune

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.016		0		4		0.005	0.020	0.020
17:0 g									
18:0 g	0.002		0		4		0.001	0.003	0.003
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.006		0		4		0.002	0.008	0.008
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.006		0		4		0.002	0.008	0.008
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.031		0		4		0.010	0.039	0.039
18:2 undifferentiated g	0.027		0		4		0.008	0.034	0.034
18:3 undifferentiated g	0.004		0		4		0.001	0.005	0.005
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle (4 fl oz)

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03269
Babyfood, juice, apple, with calcium

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.30		0	FLM	4		166.89		
Energy....kcal	46		0	NC	4		86		
Energy....kJ	191		0	NC	4		360		
Protein....g	0.06		0	FLM	4		0.11		
Total lipid (fat)....g	0.10		0	FLM	4		0.19		
Ash....g	0.48		1	MA	12		0.91		
Carbohydrate, by difference....g	11.10		1	MC	9		20.98		
Fiber, total dietary....g	0.4		1	MA	12		0.8		
Sugars, total....g	9.00		1	MA	12		17.01		
Starch....g									
Minerals:									
Calcium, Ca....mg	127		1	MA	12		240		
Iron, Fe....mg	0.20		1	MA	12		0.38		
Magnesium, Mg....mg	6		1	MA	12		11		
Phosphorus, P....mg	8		1	MA	12		15		
Potassium, K....mg	92		1	MA	12		174		
Sodium, Na....mg	3		0	FLM	4		6		
Zinc, Zn....mg	0.03		0	FLM	4		0.06		
Copper, Cu....mg	0.010		1	MA	12		0.019		
Manganese, Mn....mg	0.290		1	MA	12		0.548		
Selenium, Se....mcg	0.1		0	FLM	4		0.2		
Vitamins:									
Vitamin C, total ascorbic acid....mg	21.2		1	MA	12		40.1		
Thiamin....mg	0.020		0	FLM	4		0.038		
Riboflavin....mg	0.020		0	MA	12		0.038		
Niacin....mg	0.080		1	MA	12		0.151		
Pantothenic acid....mg	0.060		0	FLM	4		0.113		
Vitamin B-6....mg	0.030		1	MA	12		0.057		
Folate, total....mcg	0		0	FLM	4		0		
Folic acid....mcg	0		0	Z	7		0		
Folate, food....mcg	0		0	FLM	4		0		
Folate, DFE....mcg_DFE	0		0	NC	4		0		
Choline, total....mg	1.8		0	FLA	4		3.3		
Betaine....mg									
Vitamin B-12....mcg	0.00		0	FLM	4		0.00		
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0		
Retinol....mcg	0		0	Z	7		0		
Carotene, beta....mcg	0		0	FLA	4		0		
Carotene, alpha....mcg	0		0	FLA	4		0		
Cryptoxanthin, beta....mcg	0		0	FLA	4		0		
Vitamin A, IU....IU	0		0	NC	4		0		
Lycopene....mcg	0		0	FLA	4		0		
Lutein + zeaxanthin....mcg	0		0	FLA	4		0		
Vitamin E (alpha-tocopherol)....mg	0.00		0	FLA	4		0.00		
Vitamin E, added....mg	0.00		0	Z	7		0.00		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0		
Vitamin K (phylloquinone)....mcg	0.0		0	FLA	4		0.0		
Lipids:									
Fatty acids, total saturated....g	0.018		0	FLM	4		0.034		
4:0....g	0.000		0	FLM	4		0.000		

NDB No. 03269
Babyfood, juice, apple, with calcium

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ....g	0.000		0	FLM	4		0.000		
8:0 ....g	0.000		0	FLM	4		0.000		
10:0 ....g	0.000		0	FLM	4		0.000		
12:0 ....g	0.000		0	FLM	4		0.000		
13:0 ....g									
14:0 ....g	0.001		0	FLM	4		0.002		
15:0 ....g									
16:0 ....g	0.014		0	FLM	4		0.026		
17:0 ....g									
18:0 ....g	0.002		0	FLM	4		0.004		
20:0 ....g									
22:0 ....g									
24:0 ....g									
Fatty acids, total monounsaturated ....g	0.005		0	FLM	4		0.009		
14:1 ....g									
15:1 ....g									
16:1 undifferentiated ....g	0.000		0	FLM	4		0.000		
17:1 ....g									
18:1 undifferentiated ....g	0.004		0	FLM	4		0.008		
20:1 ....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated ....g	0.000		0	FLM	4		0.000		
24:1 c ....g									
Fatty acids, total polyunsaturated ....g	0.032		0	FLM	4		0.060		
18:2 undifferentiated ....g	0.027		0	FLM	4		0.051		
18:3 undifferentiated ....g	0.006		0	FLM	4		0.011		
18:4 ....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c ....g									
20:3 undifferentiated ....g									
20:4 undifferentiated ....g	0.000		0	FLM	4		0.000		
20:5 n-3 (EPA) ....g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA) ....g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA) ....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans ....g									
Cholesterol ....mg	0		0	FLM	4		0		
Phytosterols ....mg									
Others:									
Alcohol, ethyl ....g	0.0		0	Z	7		0.0		
Caffeine ....mg	0		0	FLA	4		0		
Theobromine ....mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 189g: 1 serving

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 42266
Babyfood, juice, apple-sweet potato

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.90		0		5		27.07		216.23
Energy....kcal	48		0		9		15		118
Energy....kJ	201		0		9		62		494
Protein....g	0.30		0		5		0.09		0.74
Total lipid (fat)....g	0.10		0		5		0.03		0.25
Ash....g	0.29		0	MA	12		0.09		0.71
Carbohydrate, by difference....g	11.40		0		9		3.51		28.04
Fiber, total dietary....g	0.5		0		4		0.2		1.2
Sugars, total....g	9.60		0	MA	12		2.96		23.62
Starch....g									
Minerals:									
Calcium, Ca....mg	15		0		5		5		37
Iron, Fe....mg	0.30		0		5		0.09		0.74
Magnesium, Mg....mg	7		0		4		2		17
Phosphorus, P....mg	14		0		5		4		34
Potassium, K....mg	137		0		5		42		337
Sodium, Na....mg	5		0		5		2		12
Zinc, Zn....mg	0.08		0		4		0.02		0.20
Copper, Cu....mg	0.032		0		4		0.010		0.079
Manganese, Mn....mg									
Selenium, Se....mcg	0.1		0	BFZN	4		0.0		0.2
Vitamins:									
Vitamin C, total ascorbic acid....mg	34.1		0		5		10.5		83.9
Thiamin....mg	0.010		0		5		0.003		0.025
Riboflavin....mg	0.030		0		5		0.009		0.074
Niacin....mg	0.100		0		5		0.031		0.246
Pantothenic acid....mg									
Vitamin B-6....mg	0.070		0		5		0.022		0.172
Folate, total....mcg	3		0		4		1		7
Folic acid....mcg	0		0	Z	7		0		0
Folate, food....mcg	3		0		4		1		7
Folate, DFE....mcg_DFE	3		0	NC	4		1		7
Choline, total....mg	4.9		0	FLM	4		1.5		12.0
Betaine....mg									
Vitamin B-12....mcg	0.00		0		7		0.00		0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00		0.00
Vitamin A, RAE....mcg_RAE	154		0	NC	4		47		379
Retinol....mcg	0		0	FLA	4		0		0
Carotene, beta....mcg	1849		0	BNA	4		569		4547
Carotene, alpha....mcg	0		0	BNA	4		0		0
Cryptoxanthin, beta....mcg	0		0	BNA	4		0		0
Vitamin A, IU....IU	3081		0	NC	4		949		7579
Lycopene....mcg	0		0	FLA	4		0		0
Lutein + zeaxanthin....mcg	6		0	FLA	4		2		14
Vitamin E (alpha-tocopherol)....mg	0.34		0	FLA	4		0.10		0.83
Vitamin E, added....mg	0.00		0	Z	7		0.00		0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0		0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0		0
Vitamin K (phylloquinone)....mcg	0.7		0	FLA	4		0.2		1.8
Lipids:									
Fatty acids, total saturated....g	0.030		0		4		0.009		0.074
4:0....g	0.000		0		4		0.000		0.000

NDB No. 42266
Babyfood, juice, apple-sweet potato

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000		0.000
8:0 g	0.000		0		4		0.000		0.000
10:0 g	0.000		0		4		0.000		0.000
12:0 g	0.000		0		4		0.000		0.000
13:0 g									
14:0 g	0.000		0		4		0.000		0.000
15:0 g									
16:0 g	0.025		0		4		0.008		0.062
17:0 g									
18:0 g	0.003		0		4		0.001		0.007
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.010		0		4		0.003		0.025
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000		0.000
17:1 g									
18:1 undifferentiated g	0.006		0		4		0.002		0.015
20:1 g	0.000		0		4		0.000		0.000
22:1 undifferentiated g	0.000		0		4		0.000		0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.050		0		4		0.015		0.123
18:2 undifferentiated g	0.046		0		4		0.014		0.113
18:3 undifferentiated g	0.009		0		4		0.003		0.022
18:4 g	0.000		0		4		0.000		0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000		0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000		0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000		0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000		0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0		0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		0.0
Caffeine mg	0		0	FLA	4		0		0
Theobromine mg	0		0	FLA	4		0		0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.8g: 1 fl oz

Measure 3 = 246g: 1 bottle NFS

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03267
Babyfood, juice, fruit punch, with calcium

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	86.50		0	FLM	4		26.99		
Energy....kcal	52		1	MC	9		16		
Energy....kJ	218		0		9		68		
Protein....g	0.20		0	BFZN	4		0.06		
Total lipid (fat)....g	0.10		0	BFZN	4		0.03		
Ash....g	0.52		1	MA	12		0.16		
Carbohydrate, by difference....g	12.70		1	MC	9		3.96		
Fiber, total dietary....g	0.4		1	MA	12		0.1		
Sugars, total....g	10.60		1	MA	12		3.31		
Starch....g									
Minerals:									
Calcium, Ca....mg	64		1	MA	12		20		
Iron, Fe....mg	0.30		1	MA	12		0.09		
Magnesium, Mg....mg	7		1	MA	12		2		
Phosphorus, P....mg	11		1	MA	12		3		
Potassium, K....mg	86		1	MA	12		27		
Sodium, Na....mg	4		1	MA	12		1		
Zinc, Zn....mg	0.04		0	FLM	4		0.01		
Copper, Cu....mg	0.020		1	MA	12		0.006		
Manganese, Mn....mg	0.090		1	MA	12		0.028		
Selenium, Se....mcg	0.1		0	FLM	4		0.0		
Vitamins:									
Vitamin C, total ascorbic acid....mg	21.2		1	MA	12		6.6		
Thiamin....mg	0.010		1	MA	12		0.003		
Riboflavin....mg	0.020		0	MA	12		0.006		
Niacin....mg	0.100		0	MA	12		0.031		
Pantothenic acid....mg	0.056		0	FLM	4		0.017		
Vitamin B-6....mg	0.050		1	MA	12		0.016		
Folate, total....mcg	1		0	FLM	4		0		
Folic acid....mcg	0		0	FLA	4		0		
Folate, food....mcg	1		0	FLA	4		0		
Folate, DFE....mcg_DFE	1		0	NC	4		0		
Choline, total....mg	2.2		0	FLA	4		0.7		
Betaine....mg									
Vitamin B-12....mcg	0.00		0	FLM	4		0.00		
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0		
Retinol....mcg	0		0	Z	7		0		
Carotene, beta....mcg	2		0	BNA	4		1		
Carotene, alpha....mcg	0		0	BNA	4		0		
Cryptoxanthin, beta....mcg	0		0	BNA	4		0		
Vitamin A, IU....IU	3		0	FLM	4		1		
Lycopene....mcg	0		0	FLA	4		0		
Lutein + zeaxanthin....mcg	21		0	FLA	4		7		
Vitamin E (alpha-tocopherol)....mg	0.01		0	FLA	4		0.00		
Vitamin E, added....mg	0.00		0	Z	7		0.00		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0		
Vitamin K (phylloquinone)....mcg	0.1		0	FLA	4		0.0		
Lipids:									
Fatty acids, total saturated....g	0.020		0	FLM	4		0.006		
4:0....g	0.000		0	FLM	4		0.000		

NDB No. 03267
Babyfood, juice, fruit punch, with calcium

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0	FLM	4		0.000		
8:0 ... g	0.000		0	FLM	4		0.000		
10:0 ... g	0.000		0	FLM	4		0.000		
12:0 ... g	0.000		0	FLM	4		0.000		
13:0 ... g									
14:0 ... g	0.001		0	FLM	4		0.000		
15:0 ... g									
16:0 ... g	0.016		0	FLM	4		0.005		
17:0 ... g									
18:0 ... g	0.002		0	FLM	4		0.001		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.004		0	FLM	4		0.001		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0	FLM	4		0.000		
17:1 ... g									
18:1 undifferentiated ... g	0.004		0	FLM	4		0.001		
20:1 ... g	0.000		0	FLM	4		0.000		
22:1 undifferentiated ... g	0.000		0	FLM	4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.029		0	FLM	4		0.009		
18:2 undifferentiated ... g	0.025		0	FLM	4		0.008		
18:3 undifferentiated ... g	0.006		0	FLM	4		0.002		
18:4 ... g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	FLM	4		0.000		
20:5 n-3 (EPA) ... g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA) ... g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA) ... g	0.000		0	FLM	4		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	FLM	4		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	FLM	4		0.0		
Caffeine ... mg	0		0	FLA	4		0		
Theobromine ... mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03179
Babyfood, juice, mixed fruit

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.90		14		1		27.42	111.63	109.88
Energy....kcal	47		0	NC	4		15	60	59
Energy....kJ	197		0		4		61	250	246
Protein (N x 6.25)....g	0.10		14		1		0.03	0.13	0.13
Total lipid (fat)....g	0.10		14		1		0.03	0.13	0.13
Ash....g	0.20	0.000	18		1		0.06	0.25	0.25
Carbohydrate, by difference....g	11.60		0	NC	4		3.62	14.73	14.50
Fiber, total dietary....g	0.1		0		4		0.0	0.1	0.1
Sugars, total....g	8.46		0	BFSN	4		2.64	10.74	10.58
Starch....g									
Minerals:									
Calcium, Ca....mg	8		8		1		2	10	10
Iron, Fe....mg	0.34	0.050	24		1		0.11	0.43	0.43
Magnesium, Mg....mg	5		2		1		2	6	6
Phosphorus, P....mg	5		2		1		2	6	6
Potassium, K....mg	101	2.000	15		1		32	128	126
Sodium, Na....mg	4	0.000	13		1		1	5	5
Zinc, Zn....mg	0.03		2		1		0.01	0.04	0.04
Copper, Cu....mg	0.040		0		4		0.012	0.051	0.050
Manganese, Mn....mg									
Selenium, Se....mcg	0.5		0	BFZN	4		0.2	0.6	0.6
Vitamins:									
Vitamin C, total ascorbic acid....mg	63.6		12		1		19.8	80.8	79.5
Thiamin....mg	0.023		12		1		0.007	0.029	0.029
Riboflavin....mg	0.014		12		1		0.004	0.018	0.018
Niacin....mg	0.123		13		1		0.038	0.156	0.154
Pantothenic acid....mg	0.115		0		4		0.036	0.146	0.144
Vitamin B-6....mg	0.043	0.000	6		1		0.013	0.055	0.054
Folate, total....mcg	7	0.500	9		1		2	9	8
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	7	0.500	9		1		2	9	8
Folate, DFE....mcg_DFE	7		0	NC	4		2	9	8
Choline, total....mg	3.5		0	FLA	4		1.1	4.5	4.4
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	2		0	NC	4		1	3	3
Retinol....mcg	0		0	BNA	4		0	0	0
Carotene, beta....mcg	19		0	BNA	4		6	24	24
Carotene, alpha....mcg	11		0	BNA	4		3	14	14
Cryptoxanthin, beta....mcg	1		0	BNA	4		0	1	1
Vitamin A, IU....IU	42		7		1		13	53	53
Lycopene....mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin....mcg	21		0	BFSN	4		7	27	26
Vitamin E (alpha-tocopherol)....mg	0.04		0	BFSN	4		0.01	0.05	0.05
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.9		0	BFSN	4		0.3	1.1	1.1
Lipids:									
Fatty acids, total saturated....g	0.015		0		4		0.005	0.019	0.019
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03179
Babyfood, juice, mixed fruit

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.013		0		4		0.004	0.017	0.016
17:0 g									
18:0 g	0.002		0		4		0.001	0.003	0.003
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.006		0		4		0.002	0.008	0.008
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.006		0		4		0.002	0.008	0.008
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.039		0		4		0.012	0.050	0.049
18:2 undifferentiated g	0.036		0		4		0.011	0.046	0.045
18:3 undifferentiated g	0.003		0		4		0.001	0.004	0.004
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle (4 fl oz)

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03172
Babyfood, juice, orange

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.50		14		1		27.61	112.40	110.63
Energy....kcal	45		0	NC	4		14	57	56
Energy....kJ	186		0	NC	4		58	237	233
Protein (N x 6.25)....g	0.60	0.000	21		1		0.19	0.76	0.75
Total lipid (fat)....g	0.30	0.000	21		1		0.09	0.38	0.38
Ash....g	0.40	0.000	17		1		0.12	0.51	0.50
Carbohydrate, by difference....g	10.20		0	NC	4		3.18	12.95	12.75
Fiber, total dietary....g	0.1		0		4		0.0	0.1	0.1
Sugars, total....g	8.26		0	BFSN	4		2.58	10.49	10.32
Starch....g									
Minerals:									
Calcium, Ca....mg	12		19		1		4	15	15
Iron, Fe....mg	0.17	0.040	24		1		0.05	0.22	0.21
Magnesium, Mg....mg	9	0.000	5		1		3	11	11
Phosphorus, P....mg	11		3		1		3	14	14
Potassium, K....mg	184		16		1		57	234	230
Sodium, Na....mg	1		16		1		0	1	1
Zinc, Zn....mg	0.06	0.011	5		1		0.02	0.07	0.07
Copper, Cu....mg	0.046		0		4		0.014	0.058	0.058
Manganese, Mn....mg									
Selenium, Se....mcg	0.1		0	BFZN	4		0.0	0.1	0.1
Vitamins:									
Vitamin C, total ascorbic acid....mg	62.5		7		1		19.5	79.4	78.1
Thiamin....mg	0.045	0.008	25		1		0.014	0.057	0.056
Riboflavin....mg	0.028	0.000	25		1		0.009	0.036	0.035
Niacin....mg	0.239	0.013	25		1		0.075	0.304	0.299
Pantothenic acid....mg	0.137		0		4		0.043	0.174	0.171
Vitamin B-6....mg	0.054		8		1		0.017	0.069	0.068
Folate, total....mcg	26	0.500	9		1		8	34	33
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	26	0.500	9		1		8	34	33
Folate, DFE....mcg_DFE	26		0	NC	4		8	34	33
Choline, total....mg	6.2		0	FLA	4		1.9	7.8	7.7
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	3		0	NC	4		1	3	3
Retinol....mcg	0		0	BNA	4		0	0	0
Carotene, beta....mcg	9		0	BNA	4		3	11	11
Carotene, alpha....mcg	2		0	BNA	4		0	2	2
Cryptoxanthin, beta....mcg	47		0	BNA	4		15	59	58
Vitamin A, IU....IU	55	7.000	18		1		17	70	69
Lycopene....mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin....mcg	113		0	BFSN	4		35	144	141
Vitamin E (alpha-tocopherol)....mg	0.04		0	BFSN	4		0.01	0.05	0.05
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.1		0	BFSN	4		0.0	0.1	0.1
Lipids:									
Fatty acids, total saturated....g	0.035		0		4		0.011	0.044	0.044
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03172
Babyfood, juice, orange

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.035		0		4		0.011	0.044	0.044
17:0 g									
18:0 g	0.000		0		4		0.000	0.000	0.000
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.050		0		4		0.016	0.064	0.063
14:1 g									
15:1 g									
16:1 undifferentiated g	0.005		0		4		0.002	0.006	0.006
17:1 g									
18:1 undifferentiated g	0.045		0		4		0.014	0.057	0.056
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.060		0		4		0.019	0.076	0.075
18:2 undifferentiated g	0.045		0		4		0.014	0.057	0.056
18:3 undifferentiated g	0.015		0		4		0.005	0.019	0.019
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03173
Babyfood, juice, orange and apple

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.90	0.800	3		1		27.74	112.90	
Energy....kcal	43		0	NC	4		13	55	
Energy....kJ	180		0		4		56	228	
Protein (N x 6.25)....g	0.40		11		1		0.12	0.51	
Total lipid (fat)....g	0.20		7		1		0.06	0.25	
Ash....g	0.40		1		1		0.12	0.51	
Carbohydrate, by difference....g	10.10		0	NC	4		3.15	12.83	
Fiber, total dietary....g									
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	10		4		1		3	13	
Iron, Fe....mg	0.20		6		1		0.06	0.25	
Magnesium, Mg....mg	5		2		1		2	6	
Phosphorus, P....mg	7		2		1		2	9	
Potassium, K....mg	138		2		1		43	175	
Sodium, Na....mg	3		6		1		1	4	
Zinc, Zn....mg	0.03		2		1		0.01	0.03	
Copper, Cu....mg	0.040		0		4		0.012	0.051	
Manganese, Mn....mg									
Selenium, Se....mcg	0.1		0	BFZN	4		0.0	0.1	
Vitamins:									
Vitamin C, total ascorbic acid....mg	76.9		2		1		24.0	97.7	
Thiamin....mg	0.038		6		1		0.012	0.048	
Riboflavin....mg	0.028		10		1		0.009	0.036	
Niacin....mg	0.185		6		1		0.058	0.235	
Pantothenic acid....mg	0.120		0		4		0.037	0.152	
Vitamin B-6....mg	0.038		6		1		0.012	0.048	
Folate, total....mcg	12	0.400	3		1		4	15	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	12	0.400	3		1		4	15	
Folate, DFE....mcg_DFE	12		0	NC	4		4	15	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin A, RAE....mcg_RAE	4		0	NC	4		1	5	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	73	28.000	4		1		23	93	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03173
Babyfood, juice, orange and apple

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03174
Babyfood, juice, orange and apple and banana

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.60		1		1		27.33	111.25	109.50
Energy....kcal	47		0	NC	4		15	60	59
Energy....kJ	197		0		4		61	250	246
Protein (N x 6.25)....g	0.40		1		1		0.12	0.51	0.50
Total lipid (fat)....g	0.10		1		1		0.03	0.13	0.13
Ash....g	0.40		3		1		0.12	0.51	0.50
Carbohydrate, by difference....g	11.50		0	NC	4		3.59	14.61	14.38
Fiber, total dietary....g	0.1		0		4		0.0	0.1	0.1
Sugars, total....g	10.03		0	FLA	4		3.13	12.74	12.54
Starch....g									
Minerals:									
Calcium, Ca....mg	5		2		1		2	6	6
Iron, Fe....mg	0.35		2		1		0.11	0.44	0.44
Magnesium, Mg....mg	6		2		1		2	8	8
Phosphorus, P....mg	8		3		1		2	10	10
Potassium, K....mg	134		3		1		42	170	168
Sodium, Na....mg	4		2		1		1	5	5
Zinc, Zn....mg	0.03		2		1		0.01	0.03	0.03
Copper, Cu....mg	0.044		0		4		0.014	0.056	0.055
Manganese, Mn....mg									
Selenium, Se....mcg	0.1		0	BFZN	4		0.0	0.1	0.1
Vitamins:									
Vitamin C, total ascorbic acid....mg	32.1	8.300	6		1		10.0	40.8	40.1
Thiamin....mg	0.043	0.000	7		1		0.013	0.055	0.054
Riboflavin....mg	0.027		6		1		0.008	0.034	0.034
Niacin....mg	0.263		2		1		0.082	0.334	0.329
Pantothenic acid....mg	0.134		0		4		0.042	0.170	0.168
Vitamin B-6....mg	0.062		2		1		0.019	0.079	0.078
Folate, total....mcg	10	2.100	6		1		3	12	12
Folic acid....mcg	0		0	FLA	4		0	0	0
Folate, food....mcg	10	2.100	6		1		3	12	12
Folate, DFE....mcg_DFE	10		0	NC	4		3	12	12
Choline, total....mg	4.1		0	FLA	4		1.3	5.2	5.1
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0	2	2
Retinol....mcg	0		0	FLA	4		0	0	0
Carotene, beta....mcg	5		0	BNA	4		1	6	6
Carotene, alpha....mcg	1		0	BNA	4		0	1	1
Cryptoxanthin, beta....mcg	22		0	BNA	4		7	28	28
Vitamin A, IU....IU	27		1		1		8	34	34
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	59		0	FLA	4		18	75	74
Vitamin E (alpha-tocopherol)....mg	0.02		0	FLA	4		0.01	0.03	0.03
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.1		0	FLA	4		0.0	0.1	0.1
Lipids:									
Fatty acids, total saturated....g	0.016		0		4		0.005	0.020	0.020
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03174
Babyfood, juice, orange and apple and banana

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.014		0		4		0.004	0.018	0.018
17:0 g									
18:0 g	0.001		0		4		0.000	0.001	0.001
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.007		0		4		0.002	0.009	0.009
14:1 g									
15:1 g									
16:1 undifferentiated g	0.001		0		4		0.000	0.001	0.001
17:1 g									
18:1 undifferentiated g	0.007		0		4		0.002	0.009	0.009
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.027		0		4		0.008	0.034	0.034
18:2 undifferentiated g	0.022		0		4		0.007	0.028	0.028
18:3 undifferentiated g	0.004		0		4		0.001	0.005	0.005
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03175
Babyfood, juice, orange and apricot

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.80		1		1		27.39	111.51	
Energy....kcal	46		0	NC	4		14	58	
Energy....kJ	192		0		4		60	244	
Protein (N x 6.25)....g	0.80		1		1		0.25	1.02	
Total lipid (fat)....g	0.10		1		1		0.03	0.13	
Ash....g	0.40	0.000	4		1		0.12	0.51	
Carbohydrate, by difference....g	10.90		0	NC	4		3.40	13.84	
Fiber, total dietary....g	0.1		0		4		0.0	0.1	
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	6		1		1		2	8	
Iron, Fe....mg	0.38	0.180	6		1		0.12	0.48	
Magnesium, Mg....mg	7		2		1		2	9	
Phosphorus, P....mg	12		2		1		4	15	
Potassium, K....mg	199		2		1		62	253	
Sodium, Na....mg	6		1		1		2	8	
Zinc, Zn....mg	0.04		2		1		0.01	0.04	
Copper, Cu....mg	0.084		0		4		0.026	0.107	
Manganese, Mn....mg									
Selenium, Se....mcg	0.1		0	BFZN	4		0.0	0.1	
Vitamins:									
Vitamin C, total ascorbic acid....mg	85.9	5.900	4		1		26.8	109.1	
Thiamin....mg	0.058	0.000	4		1		0.018	0.074	
Riboflavin....mg	0.028	0.000	4		1		0.009	0.036	
Niacin....mg	0.267	0.023	4		1		0.083	0.339	
Pantothenic acid....mg	0.096		0		4		0.030	0.122	
Vitamin B-6....mg	0.056	0.004	4		1		0.017	0.071	
Folate, total....mcg	20	5.000	3		1		6	25	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	20	5.000	3		1		6	25	
Folate, DFE....mcg_DFE	20		0	NC	4		6	25	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	11		0	NC	4		3	14	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	216		1		1		67	274	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg	0.60		0	O	4		0.19	0.76	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									
Lipids:									
Fatty acids, total saturated....g	0.011		0		4		0.003	0.014	
4:0....g	0.000		0		4		0.000	0.000	

NDB No. 03175
Babyfood, juice, orange and apricot

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		4		0.000	0.000	
8:0 ... g	0.000		0		4		0.000	0.000	
10:0 ... g	0.000		0		4		0.000	0.000	
12:0 ... g	0.000		0		4		0.000	0.000	
13:0 ... g									
14:0 ... g	0.000		0		4		0.000	0.000	
15:0 ... g									
16:0 ... g	0.010		0		4		0.003	0.013	
17:0 ... g									
18:0 ... g	0.000		0		4		0.000	0.000	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.022		0		4		0.007	0.028	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.001		0		4		0.000	0.001	
17:1 ... g									
18:1 undifferentiated ... g	0.021		0		4		0.007	0.027	
20:1 ... g	0.000		0		4		0.000	0.000	
22:1 undifferentiated ... g	0.000		0		4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.020		0		4		0.006	0.025	
18:2 undifferentiated ... g	0.016		0		4		0.005	0.020	
18:3 undifferentiated ... g	0.004		0		4		0.001	0.005	
18:4 ... g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) ... g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.000		0		4		0.000	0.000	
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0		7		0	0	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	
Caffeine ... mg									
Theobromine ... mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03176
Babyfood, juice, orange and banana

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	86.90	0.000	13		1		27.11	110.36	
Energy....kcal	50		0	NC	4		16	64	
Energy....kJ	209				4		65	266	
Protein (N x 6.25)....g	0.70	0.000	13		1		0.22	0.89	
Total lipid (fat)....g	0.10		13		1		0.03	0.13	
Ash....g	0.40	0.000	13		1		0.12	0.51	
Carbohydrate, by difference....g	11.90		0	NC	4		3.71	15.11	
Fiber, total dietary....g									
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	17	1.000	13		1		5	22	
Iron, Fe....mg	0.11	0.000	13		1		0.03	0.14	
Magnesium, Mg....mg	14		0		4		4	18	
Phosphorus, P....mg	13		0		4		4	17	
Potassium, K....mg	200	3.000	13		1		62	254	
Sodium, Na....mg	3	0.000	13		1		1	4	
Zinc, Zn....mg	0.09		0		4		0.03	0.11	
Copper, Cu....mg	0.042		0		4		0.013	0.053	
Manganese, Mn....mg									
Selenium, Se....mcg	0.1		0	BFZN	4		0.0	0.1	
Vitamins:									
Vitamin C, total ascorbic acid....mg	34.0		1		1		10.6	43.2	
Thiamin....mg	0.051	0.000	13		1		0.016	0.065	
Riboflavin....mg	0.042	0.000	13		1		0.013	0.053	
Niacin....mg	0.180	0.011	13		1		0.056	0.229	
Pantothenic acid....mg	0.148		0		4		0.046	0.188	
Vitamin B-6....mg	0.054		0		4		0.017	0.069	
Folate, total....mcg	24	1.900	3		1		8	31	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	24	1.900	3		1		8	31	
Folate, DFE....mcg_DFE	24		0	NC	4		8	31	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin A, RAE....mcg_RAE	2		0	NC	4		1	3	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	46	3.000	13		1		14	58	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03176
Babyfood, juice, orange and banana

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03177
Babyfood, juice, orange and pineapple

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.30		14		1		27.24	110.87	
Energy....kcal	48		0	NC	4		15	61	
Energy....kJ	201		0		4		63	255	
Protein (N x 6.25)....g	0.50		14		1		0.16	0.64	
Total lipid (fat)....g	0.10		14		1		0.03	0.13	
Ash....g	0.40	0.000	16		1		0.12	0.51	
Carbohydrate, by difference....g	11.70		0	NC	4		3.65	14.86	
Fiber, total dietary....g	0.1		0		4		0.0	0.1	
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	8		3		1		2	10	
Iron, Fe....mg	0.42		21		1		0.13	0.53	
Magnesium, Mg....mg	9		2		1		3	11	
Phosphorus, P....mg	9		3		1		3	11	
Potassium, K....mg	141		16		1		44	179	
Sodium, Na....mg	2		16		1		1	3	
Zinc, Zn....mg	0.04		2		1		0.01	0.05	
Copper, Cu....mg	0.044		0		4		0.014	0.056	
Manganese, Mn....mg									
Selenium, Se....mcg	0.1		0	BFZN	4		0.0	0.1	
Vitamins:									
Vitamin C, total ascorbic acid....mg	53.4		7		1		16.7	67.8	
Thiamin....mg	0.050		8		1		0.016	0.064	
Riboflavin....mg	0.023		5		1		0.007	0.029	
Niacin....mg	0.194		5		1		0.061	0.246	
Pantothenic acid....mg	0.059		0		4		0.018	0.075	
Vitamin B-6....mg	0.062		4		1		0.019	0.079	
Folate, total....mcg	19	1.200	3		1		6	24	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	19	1.200	3		1		6	24	
Folate, DFE....mcg_DFE	19		0	NC	4		6	24	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	2		0	NC	4		0	2	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	31		2		1		10	39	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg	0.60		0	NR	4		0.19	0.76	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									
Lipids:									
Fatty acids, total saturated....g	0.010		0		4		0.003	0.013	
4:0....g	0.000		0		4		0.000	0.000	

NDB No. 03177
Babyfood, juice, orange and pineapple

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	
8:0 g	0.000		0		4		0.000	0.000	
10:0 g	0.000		0		4		0.000	0.000	
12:0 g	0.000		0		4		0.000	0.000	
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	
15:0 g									
16:0 g	0.009		0		4		0.003	0.011	
17:0 g									
18:0 g	0.001		0		4		0.000	0.001	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.014		0		4		0.004	0.018	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.001		0		4		0.000	0.001	
17:1 g									
18:1 undifferentiated g	0.013		0		4		0.004	0.017	
20:1 g	0.000		0		4		0.000	0.000	
22:1 undifferentiated g	0.000		0		4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.024		0		4		0.007	0.030	
18:2 undifferentiated g	0.017		0		4		0.005	0.022	
18:3 undifferentiated g	0.008		0		4		0.002	0.010	
18:4 g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg									
Theobromine mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 42267
Babyfood, juice, orange-carrot

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	89.10		0		5		27.44		219.19
Energy	kcal	43		0		9		13		106
Energy	kJ	180		0		9		55		443
Protein	g	0.50		0		5		0.15		1.23
Total lipid (fat)	g	0.10		0		5		0.03		0.25
Ash	g	0.25		0	MA	12		0.08		0.62
Carbohydrate, by difference	g	9.90		0		9		3.05		24.35
Fiber, total dietary	g	0.4		0		4		0.1		1.0
Sugars, total	g	8.40		0	MA	12		2.59		20.66
Starch	g									
Minerals:										
Calcium, Ca	mg	16		0		5		5		39
Iron, Fe	mg	0.20		0		5		0.06		0.49
Magnesium, Mg	mg	10		0		4		3		25
Phosphorus, P	mg	19		0		5		6		47
Potassium, K	mg	174		0		5		54		428
Sodium, Na	mg	10		0		5		3		25
Zinc, Zn	mg	0.07		0		4		0.02		0.17
Copper, Cu	mg	0.044		0		4		0.014		0.108
Manganese, Mn	mg									
Selenium, Se	mcg	0.1		0	BFZN	4		0.0		0.2
Vitamins:										
Vitamin C, total ascorbic acid	mg	34.1		0		5		10.5		83.9
Thiamin	mg	0.060		0		5		0.018		0.148
Riboflavin	mg	0.050		0		5		0.015		0.123
Niacin	mg	0.210		0		5		0.065		0.517
Pantothenic acid	mg									
Vitamin B-6	mg	0.050		0		5		0.015		0.123
Folate, total	mcg	39		0		4		12		96
Folic acid	mcg	0		0	Z	7		0		0
Folate, food	mcg	39		0		4		12		96
Folate, DFE	mcg_DFE	39		0	NC	4		12		96
Choline, total	mg	6.5		0	FLM	4		2.0		16.0
Betaine	mg									
Vitamin B-12	mcg	0.00		0		7		0.00		0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00		0.00
Vitamin A, RAE	mcg_RAE	94		0	NC	4		29		231
Retinol	mcg	0		0	FLA	4		0		0
Carotene, beta	mcg	863		0	FLA	4		266		2123
Carotene, alpha	mcg	395		0	FLA	4		122		972
Cryptoxanthin, beta	mcg	135		0	FLA	4		41		331
Vitamin A, IU	IU	1880		0		4		579		4625
Lycopene	mcg	0		0	FLA	4		0		0
Lutein + zeaxanthin	mcg	135		0	FLA	4		41		331
Vitamin E (alpha-tocopherol)	mg	0.29		0	FLA	4		0.09		0.71
Vitamin E, added	mg	0.00		0	Z	7		0.00		0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0		0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0		0
Vitamin K (phylloquinone)	mcg	1.5		0	FLA	4		0.5		3.7
Lipids:										
Fatty acids, total saturated	g	0.010		0		4		0.003		0.025
4:0	g	0.000		0		4		0.000		0.000

NDB No. 42267
Babyfood, juice, orange-carrot

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000		0.000
8:0 g	0.000		0		4		0.000		0.000
10:0 g	0.000		0		4		0.000		0.000
12:0 g	0.001		0		4		0.000		0.002
13:0 g									
14:0 g	0.001		0		4		0.000		0.002
15:0 g									
16:0 g	0.011		0		4		0.003		0.027
17:0 g									
18:0 g	0.005		0		4		0.002		0.012
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.010		0		4		0.003		0.025
14:1 g									
15:1 g									
16:1 undifferentiated g	0.001		0		4		0.000		0.002
17:1 g									
18:1 undifferentiated g	0.010		0		4		0.003		0.025
20:1 g	0.000		0		4		0.000		0.000
22:1 undifferentiated g	0.000		0		4		0.000		0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.030		0		4		0.009		0.074
18:2 undifferentiated g	0.025		0		4		0.008		0.062
18:3 undifferentiated g	0.010		0		4		0.003		0.025
18:4 g	0.000		0		4		0.000		0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000		0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000		0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000		0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000		0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0		0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	FLA	4		0.0		0.0
Caffeine mg	0		0	FLA	4		0		0
Theobromine mg	0		0	FLA	4		0		0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.8g: 1 fl oz

Measure 3 = 246g: 1 bottle NFS

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43408
Babyfood, juice, pear

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	87.90		0		1		27.42	115.15	109.88
Energy ... kcal	47		0	NC	4		15	62	59
Energy ... kJ	198		0	NC	4		62	260	248
Protein ... g	0.00		0		1		0.00	0.00	0.00
Total lipid (fat) ... g	0.00		0		1		0.00	0.00	0.00
Ash ... g	0.24		0	BFSN	4		0.08	0.32	0.30
Carbohydrate, by difference ... g	11.86		0	NC	4		3.70	15.53	14.82
Fiber, total dietary ... g	0.1		0		4		0.0	0.1	0.1
Sugars, total ... g	7.28		0	BFSN	4		2.27	9.54	9.10
Starch ... g									
Minerals:									
Calcium, Ca ... mg	12		0		1		4	16	15
Iron, Fe ... mg	0.00		0		1		0.00	0.00	0.00
Magnesium, Mg ... mg	8		0		4		2	10	10
Phosphorus, P ... mg	12		0		4		4	16	15
Potassium, K ... mg	130		0		1		41	170	163
Sodium, Na ... mg	0		0		1		0	0	0
Zinc, Zn ... mg	0.08		0		4		0.02	0.10	0.10
Copper, Cu ... mg	0.065		0		4		0.020	0.085	0.081
Manganese, Mn ... mg									
Selenium, Se ... mcg	0.4		0	BFZN	4		0.1	0.5	0.5
Vitamins:									
Vitamin C, total ascorbic acid ... mg	33.8		0		1		10.5	44.3	42.3
Thiamin ... mg	0.010		0		1		0.003	0.013	0.013
Riboflavin ... mg	0.030		0		1		0.009	0.039	0.038
Niacin ... mg	0.300		0		1		0.094	0.393	0.375
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.010		0		4		0.003	0.013	0.013
Folate, total ... mcg	4		0		4		1	5	5
Folic acid ... mcg	0		0	Z	7		0	0	0
Folate, food ... mcg	4		0		4		1	5	5
Folate, DFE ... mcg_DFE	4		0	NC	4		1	5	5
Choline, total ... mg	2.6		0	FLA	4		0.8	3.5	3.3
Betaine ... mg									
Vitamin B-12 ... mcg	0.00		0		7		0.00	0.00	0.00
Vitamin B-12, added ... mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE ... mcg_RAE	0		0	AS	1		0	0	0
Retinol ... mcg	0		0	Z	7		0	0	0
Carotene, beta ... mcg	0		0	Z	7		0	0	0
Carotene, alpha ... mcg	0		0	Z	7		0	0	0
Cryptoxanthin, beta ... mcg	0		0	Z	7		0	0	0
Vitamin A, IU ... IU	0		0		1		0	0	0
Lycopene ... mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin ... mcg	0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol) ... mg	0.09		0	BFSN	4		0.03	0.12	0.11
Vitamin E, added ... mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone) ... mcg	3.4		0	BFSN	4		1.1	4.4	4.2
Lipids:									
Fatty acids, total saturated ... g	0.000		0		4		0.000	0.000	0.000
4:0 ... g	0.000		0		4		0.000	0.000	0.000

NDB No. 43408
Babyfood, juice, pear

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.000		0		4		0.000	0.000	0.000
17:0 g									
18:0 g	0.000		0		4		0.000	0.000	0.000
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.000		0		4		0.000	0.000	0.000
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.000		0		4		0.000	0.000	0.000
18:2 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:3 undifferentiated g	0.000		0		4		0.000	0.000	0.000
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 131g: 1 bottle Earth's Best (4.2 fl oz)

Measure 3 = 125g: 1 bottle Heinz Strained (4 fl oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03178
Babyfood, juice, prune and orange

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	81.90	0.300	18		1		25.55	104.01	
Energy....kcal	70		0	NC	4		22	89	
Energy....kJ	293				4		91	372	
Protein (N x 6.25)....g	0.60	0.000	19		1		0.19	0.76	
Total lipid (fat)....g	0.30	0.100	18		1		0.09	0.38	
Ash....g	0.40	0.000	18		1		0.12	0.51	
Carbohydrate, by difference....g	16.80		0	NC	4		5.24	21.34	
Fiber, total dietary....g									
Sugars, total....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	12		14		1		4	15	
Iron, Fe....mg	0.87	0.330	20		1		0.27	1.10	
Magnesium, Mg....mg	8		2		1		2	10	
Phosphorus, P....mg	10		2		1		3	13	
Potassium, K....mg	181	1.000	15		1		56	230	
Sodium, Na....mg	2	0.000	15		1		1	3	
Zinc, Zn....mg	0.04		2		1		0.01	0.05	
Copper, Cu....mg	0.046		0		4		0.014	0.058	
Manganese, Mn....mg									
Selenium, Se....mcg	0.1		0	BFZN	4		0.0	0.1	
Vitamins:									
Vitamin C, total ascorbic acid....mg	63.8	5.600	5		1		19.9	81.0	
Thiamin....mg	0.044	0.000	18		1		0.014	0.056	
Riboflavin....mg	0.120	0.005	18		1		0.037	0.152	
Niacin....mg	0.396	0.036	18		1		0.124	0.503	
Pantothenic acid....mg	0.137		0		4		0.043	0.174	
Vitamin B-6....mg	0.061	0.000	6		1		0.019	0.077	
Folate, total....mcg	13	0.300	3		1		4	17	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	13	0.300	3		1		4	17	
Folate, DFE....mcg_DFE	13		0	NC	4		4	17	
Choline, total....mg									
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin A, RAE....mcg_RAE	7		0	NC	4		2	8	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg									
Carotene, alpha....mcg									
Cryptoxanthin, beta....mcg									
Vitamin A, IU....IU	131		14		1		41	166	
Lycopene....mcg									
Lutein + zeaxanthin....mcg									
Vitamin E (alpha-tocopherol)....mg									
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg									
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU									
Vitamin K (phylloquinone)....mcg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03178
Babyfood, juice, prune and orange

Common Measures:

Measure 1 = 31.2g: 1 fl oz

Measure 2 = 127g: 1 jar

Calories Factors: Protein 3.36 **Fat** 8.37 **Carbohydrate** 3.92

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03048
Babyfood, macaroni and cheese, toddler

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.70		0		12				
Energy	kcal	82		0	NC	4				
Energy	kJ	344		0	NC	4				
Protein	g	3.50		0		12				
Total lipid (fat)	g	2.60		0		12				
Ash	g	1.00		0	NR	4				
Carbohydrate, by difference	g	11.20		0		4				
Fiber, total dietary	g	0.5		0		4				
Sugars, total	g	0.79		0	O	4				
Sucrose	g									
Glucose (dextrose)	g	0.02		0	FLA	4				
Fructose	g	0.01		0	FLA	4				
Lactose	g	0.02		0	FLA	4				
Maltose	g	0.27		0	FLA	4				
Galactose	g	0.00		0	FLA	4				
Starch	g	8.10		0	FLA	4				
Minerals:										
Calcium, Ca	mg	102		0		12				
Iron, Fe	mg	0.60		0		12				
Magnesium, Mg	mg	9		0		4				
Phosphorus, P	mg	81		0		4				
Potassium, K	mg	18		0		4				
Sodium, Na	mg	230		0		12				
Zinc, Zn	mg	0.43		0		4				
Copper, Cu	mg	0.041		0		4				
Manganese, Mn	mg									
Selenium, Se	mcg	6.6		0	FLM	4				
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.0		0		12				
Thiamin	mg	0.040		0		12				
Riboflavin	mg	0.090		0		12				
Niacin	mg	0.790		0		12				
Pantothenic acid	mg									
Vitamin B-6	mg	0.050		0		12				
Folate, total	mcg	25		0	FLM	4				
Folic acid	mcg	23		0	O	4				
Folate, food	mcg	4		0	FLA	4				
Folate, DFE	mcg_DFE	42		0	NC	4				
Choline, total	mg	3.2		0	FLA	4				
Betaine	mg	18.5		0	FLA	4				
Vitamin B-12	mcg	0.06		0		4				
Vitamin B-12, added	mcg	0.00		0	FLA	4				
Vitamin A, RAE	mcg_RAE	19		0	NC	4				
Retinol	mcg	19		0	FLA	4				
Carotene, beta	mcg	6		0	FLA	4				
Carotene, alpha	mcg	0		0	FLA	4				
Cryptoxanthin, beta	mcg	0		0	FLA	4				
Vitamin A, IU	IU	73		0	NC	4				
Lycopene	mcg	0		0	FLA	4				
Lutein + zeaxanthin	mcg	2		0	FLA	4				
Vitamin E (alpha-tocopherol)	mg	0.03		0	FLA	4				
Vitamin E, added	mg	0.00		0	FLA	4				
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	AS	1				
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03048
Babyfood, macaroni and cheese, toddler

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg	0.0		0	FLA	4				
Vitamin D....IU	2		0	FLA	4				
Vitamin K (phylloquinone)....mcg	0.2		0	FLA	4				
Lipids:									
Fatty acids, total saturated....g	1.530		0		4				
4:0....g	0.074		0		4				
6:0....g	0.038		0		4				
8:0....g	0.020		0		4				
10:0....g	0.043		0		4				
12:0....g	0.038		0		4				
13:0....g	0.000		0	FLA	4				
14:0....g	0.237		0		4				
15:0....g	0.000		0	FLA	4				
16:0....g	0.727		0		4				
17:0....g	0.000		0	FLA	4				
18:0....g	0.289		0		4				
20:0....g	0.000		0	FLA	4				
22:0....g	0.000		0	FLA	4				
24:0....g	0.000		0	FLA	4				
Fatty acids, total monounsaturated....g	0.700		0		4				
14:1....g	0.000		0	FLA	4				
15:1....g	0.000		0	FLA	4				
16:1 undifferentiated....g	0.071		0		4				
17:1....g	0.000		0	FLA	4				
18:1 undifferentiated....g	0.591		0		4				
20:1....g	0.000		0		4				
22:1 undifferentiated....g	0.000		0		4				
24:1 c....g	0.000		0	FLA	4				
Fatty acids, total polyunsaturated....g	0.170		0		4				
18:2 undifferentiated....g	0.131		0		4				
18:3 undifferentiated....g	0.035		0		4				
18:4....g	0.000		0		4				
20:2 n-6 c,c....g	0.000		0	FLA	4				
20:3 undifferentiated....g	0.000		0	FLA	4				
20:4 undifferentiated....g	0.000		0		4				
20:5 n-3 (EPA)....g	0.000		0		4				
22:5 n-3 (DPA)....g	0.000		0		4				
22:6 n-3 (DHA)....g	0.000		0		4				
Fatty acids, total trans....g	0.000		0	FLA	4				
Cholesterol....mg	7		0		4				
Phytosterols....mg									
Amino Acids:									
Tryptophan....g									
Threonine....g									
Isoleucine....g									
Leucine....g									
Lysine....g									
Methionine....g									
Cystine....g									
Phenylalanine....g									
Tyrosine....g									
Valine....g									
Arginine....g									
Histidine....g									
Alanine....g									
Aspartic acid....g									
Glutamic acid....g									
Glycine....g									
Proline....g									
Serine....g									
Hydroxyproline....g	0.000		0	FLA	4				
Others:									

NDB No. 03048
Babyfood, macaroni and cheese, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl....g	0.0		0		4				
Caffeine....mg	0		0	Z	7				
Theobromine....mg	0		0	Z	7				

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03959
Babyfood, mashed cheddar potatoes and broccoli, toddlers

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.78		0	FLA	4		150.93		
Energy....kcal	48		0	NC	4		82		
Energy....kJ	202		0	NC	4		344		
Protein....g	1.13		0	FLA	4		1.92		
Total lipid (fat)....g	1.47		1	FLA	4		2.50		
Ash....g	0.98		0	FLA	4		1.66		
Carbohydrate, by difference....g	7.64		0	NC	4		12.98		
Fiber, total dietary....g	0.9		0	FLA	4		1.6		
Sugars, total....g	1.18		1	FLA	4		2.00		
Starch....g	0.00		0	FLA	4		0.00		
Minerals:									
Calcium, Ca....mg	38		1	FLA	4		64		
Iron, Fe....mg	0.24		1	FLA	4		0.40		
Magnesium, Mg....mg	8		0	FLA	4		14		
Phosphorus, P....mg	20		0	FLA	4		33		
Potassium, K....mg	118		1	FLA	4		200		
Sodium, Na....mg	176		1	FLA	4		300		
Zinc, Zn....mg	0.15		0	FLA	4		0.26		
Copper, Cu....mg	0.110		0	FLA	4		0.188		
Manganese, Mn....mg	0.163		0	FLA	4		0.277		
Selenium, Se....mcg	0.5		0	FLA	4		0.9		
Vitamins:									
Vitamin C, total ascorbic acid....mg	1.4		1	FLA	4		2.4		
Thiamin....mg	0.010		0	FLA	4		0.016		
Riboflavin....mg	0.022		0	FLA	4		0.037		
Niacin....mg	0.288		0	FLA	4		0.489		
Pantothenic acid....mg	0.124		0	FLA	4		0.212		
Vitamin B-6....mg	0.068		0	FLA	4		0.115		
Folate, total....mcg	7		0	FLA	4		11		
Folic acid....mcg	0		0	FLA	4		0		
Folate, food....mcg	7		0	FLA	4		11		
Folate, DFE....mcg_DFE	7		0	NC	4		11		
Choline, total....mg	3.7		0	FLA	4		6.3		
Betaine....mg	0.0		0	FLA	4		0.0		
Vitamin B-12....mcg	0.01		0	FLA	4		0.01		
Vitamin B-12, added....mcg	0.00		0	FLA	4		0.00		
Vitamin A, RAE....mcg_RAE	10		0	NC	4		16		
Retinol....mcg	7		0	FLA	4		12		
Carotene, beta....mcg	30		0	FLA	4		52		
Carotene, alpha....mcg	2		0	FLA	4		3		
Cryptoxanthin, beta....mcg	0		0	FLA	4		0		
Vitamin A, IU....IU	76		0	NC	4		129		
Lycopene....mcg	0		0	FLA	4		0		
Lutein + zeaxanthin....mcg	111		0	FLA	4		189		
Vitamin E (alpha-tocopherol)....mg	0.13		0	FLA	4		0.22		
Vitamin E, added....mg	0.00		0	FLA	4		0.00		
Tocopherol, beta....mg	0.00		0	FLA	4		0.00		
Tocopherol, gamma....mg	0.01		0	FLA	4		0.02		
Tocopherol, delta....mg	0.00		0	FLA	4		0.00		
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	FLA	4		0		
Vitamin K (phylloquinone)....mcg	9.5		0	FLA	4		16.2		
Lipids:									
Fatty acids, total saturated....g	0.632		0	FLA	4		1.075		
4:0....g	0.032		0	FLA	4		0.054		

NDB No. 03959

Babyfood, mashed cheddar potatoes and broccoli, toddlers

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.019		0	FLA	4		0.032		
8:0 ... g	0.011		0	FLA	4		0.018		
10:0 ... g	0.023		0	FLA	4		0.039		
12:0 ... g	0.023		0	FLA	4		0.040		
13:0 ... g									
14:0 ... g	0.083		0	FLA	4		0.141		
15:0 ... g	0.000		0	FLA	4		0.000		
16:0 ... g	0.313		0	FLA	4		0.532		
17:0 ... g	0.004		0	FLA	4		0.006		
18:0 ... g	0.123		0	FLA	4		0.210		
20:0 ... g	0.001		0	FLA	4		0.002		
22:0 ... g	0.000		0	FLA	4		0.000		
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.290		0	FLA	4		0.493		
14:1 ... g	0.000		0	FLA	4		0.000		
15:1 ... g	0.000		0	FLA	4		0.000		
16:1 undifferentiated ... g	0.019		0	FLA	4		0.032		
17:1 ... g	0.000		0	FLA	4		0.000		
18:1 undifferentiated ... g	0.271		0	FLA	4		0.460		
20:1 ... g	0.001		0	FLA	4		0.001		
22:1 undifferentiated ... g	0.000		0	FLA	4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.291		0	FLA	4		0.494		
18:2 undifferentiated ... g	0.253		0	FLA	4		0.430		
18:3 undifferentiated ... g	0.038		0	FLA	4		0.064		
18:4 ... g	0.000		0	FLA	4		0.000		
20:2 n-6 c,c ... g	0.000		0	FLA	4		0.000		
20:3 undifferentiated ... g	0.000		0	FLA	4		0.000		
20:4 undifferentiated ... g	0.000		0	FLA	4		0.000		
20:5 n-3 (EPA) ... g	0.000		0	FLA	4		0.000		
22:5 n-3 (DPA) ... g	0.000		0	FLA	4		0.000		
22:6 n-3 (DHA) ... g	0.000		0	FLA	4		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	3		1	FLA	4		5		
Phytosterols ... mg									
Stigmasterol ... mg	0		0	FLA	4		0		
Campesterol ... mg	0		0	FLA	4		0		
Beta-sitosterol ... mg	0		0	FLA	4		0		
Others:									
Alcohol, ethyl ... g	0.0		0	FLA	4		0.0		
Caffeine ... mg	0		0	FLA	4		0		
Theobromine ... mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 170g: 1 container

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43417
Babyfood, meat, beef with vegetables, toddler

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	85.23		0	FLA	4		152.56		
Energy	kcal	68		0	NC	4		121		
Energy	kJ	284		0	NC	4		507		
Protein	g	3.50		0		1		6.27		
Total lipid (fat)	g	2.10		0		1		3.76		
Ash	g	0.46		0	FLA	4		0.82		
Carbohydrate, by difference	g	8.72		0	NC	4		15.60		
Fiber, total dietary	g	0.5		0		1		0.9		
Sugars, total	g	1.18		0	FLA	4		2.12		
Starch	g									
Minerals:										
Calcium, Ca	mg	11		0		1		20		
Iron, Fe	mg	0.50		0		1		0.90		
Magnesium, Mg	mg	11		0		4		20		
Phosphorus, P	mg	37		0		1		66		
Potassium, K	mg	168		0		1		301		
Sodium, Na	mg	179		0		1		320		
Zinc, Zn	mg	0.87		0		4		1.56		
Copper, Cu	mg	0.080		0		4		0.143		
Manganese, Mn	mg									
Selenium, Se	mcg	2.2		0	BFZN	4		3.9		
Vitamins:										
Vitamin C, total ascorbic acid	mg	2.5		0		1		4.5		
Thiamin	mg	0.020		0		1		0.036		
Riboflavin	mg	0.040		0		1		0.072		
Niacin	mg	0.710		0		1		1.271		
Pantothenic acid	mg									
Vitamin B-6	mg	0.070		0		1		0.125		
Folate, total	mcg	6		0		4		11		
Folic acid	mcg	0		0	Z	7		0		
Folate, food	mcg	6		0		4		11		
Folate, DFE	mcg_DFE	6		0	NC	4		11		
Choline, total	mg	15.1		0	FLA	4		27.1		
Betaine	mg									
Vitamin B-12	mcg	0.51		0		4		0.91		
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE	mcg_RAE	57		0	NC	4		102		
Retinol	mcg	0		0	FLA	4		0		
Carotene, beta	mcg	569		0	FLA	4		1018		
Carotene, alpha	mcg	231		0	FLA	4		413		
Cryptoxanthin, beta	mcg	0		0	FLA	4		0		
Vitamin A, IU	IU	1140		0	NC	4		2041		
Lycopene	mcg	1706		0	FLA	4		3054		
Lutein + zeaxanthin	mcg	171		0	FLA	4		307		
Vitamin E (alpha-tocopherol)	mg	0.37		0	FLA	4		0.67		
Vitamin E, added	mg	0.00		0	Z	7		0.00		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	FLA	4		0.0		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	FLA	4		0.0		
Vitamin D	IU	0		0	FLA	4		0		
Vitamin K (phylloquinone)	mcg	3.2		0	FLA	4		5.7		
Lipids:										
Fatty acids, total saturated	g	0.847		0		4		1.516		
4:0	g	0.000		0		4		0.000		

NDB No. 43417
Babyfood, meat, beef with vegetables, toddler

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000		
8:0....g	0.000		0		4		0.000		
10:0....g	0.006		0		4		0.011		
12:0....g	0.006		0		4		0.011		
13:0....g									
14:0....g	0.063		0		4		0.113		
15:0....g									
16:0....g	0.505		0		4		0.904		
17:0....g									
18:0....g	0.231		0		4		0.413		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.920		0		4		1.647		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.086		0		4		0.154		
17:1....g									
18:1 undifferentiated....g	0.791		0		4		1.416		
20:1....g	0.004		0		4		0.007		
22:1 undifferentiated....g	0.000		0		4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.108		0		4		0.193		
18:2 undifferentiated....g	0.077		0		4		0.138		
18:3 undifferentiated....g	0.026		0		4		0.047		
18:4....g	0.000		0		4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.003		0		4		0.005		
20:5 n-3 (EPA)....g	0.000		0		4		0.000		
22:5 n-3 (DPA)....g	0.000		0		4		0.000		
22:6 n-3 (DHA)....g	0.000		0		4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	12		0		4		21		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0		
Caffeine....mg	0		0	FLA	4		0		
Theobromine....mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 179g: 1 jar NFS

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03003
Babyfood, meat, beef, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	82.44	1.255	55	JA	6		23.37	12.12	58.53
Energy	kcal	81		0	NC	4		23	12	57
Energy	kJ	337		0	NC	4		96	50	239
Protein (N x 6.25)	g	12.03		2	A	1		3.41	1.77	8.54
Total lipid (fat)	g	2.52		2	A	1		0.72	0.37	1.79
Ash	g	0.57		2	A	1		0.16	0.08	0.41
Carbohydrate, by difference	g	2.43		0	NC	4		0.69	0.36	1.72
Fiber, total dietary	g	0.0		0		4		0.0	0.0	0.0
Sugars, total	g	0.00		0	Z	7		0.00	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	5		2	A	1		1	1	3
Iron, Fe	mg	0.98		2	A	1		0.28	0.14	0.69
Magnesium, Mg	mg	11		2	A	1		3	2	7
Phosphorus, P	mg	93	8.505	4	JA	6		26	14	66
Potassium, K	mg	187	17.638	17	JA	6		53	27	133
Sodium, Na	mg	46		2	A	1		13	7	32
Zinc, Zn	mg	2.22	0.165	23	JA	6		0.63	0.33	1.57
Copper, Cu	mg	0.148		2	A	1		0.042	0.022	0.105
Manganese, Mn	mg	0.037		2	A	1		0.010	0.005	0.026
Selenium, Se	mcg	2.9		2	A	1		0.8	0.4	2.0
Vitamins:										
Vitamin C, total ascorbic acid	mg	2.1	0.100	24		1		0.6	0.3	1.5
Thiamin	mg	0.013	0.003	25	JA	6		0.004	0.002	0.009
Riboflavin	mg	0.135	0.008	26	JA	6		0.038	0.020	0.095
Niacin	mg	2.495	0.355	26	JA	6		0.707	0.367	1.771
Pantothenic acid	mg	0.083		1	A	1		0.023	0.012	0.059
Vitamin B-6	mg	0.039		1	A	1		0.011	0.006	0.028
Folate, total	mcg	8		2	A	1		2	1	6
Folic acid	mcg	0		2	A	1		0	0	0
Folate, food	mcg	8		0	AS	1		2	1	6
Folate, DFE	mcg_DFE	8		0	NC	4		2	1	6
Choline, total	mg	37.6	1.075	11	AS	1		10.7	5.5	26.7
Betaine	mg	3.1	0.134	11	A	1		0.9	0.5	2.2
Vitamin B-12	mcg	1.26	0.160	3	JA	6		0.36	0.19	0.89
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	0		0	NC	4		0	0	0
Retinol	mcg	0		0	T	4		0	0	0
Carotene, beta	mcg	0		0	Z	7		0	0	0
Carotene, alpha	mcg	0		0	Z	7		0	0	0
Cryptoxanthin, beta	mcg	0		0	Z	7		0	0	0
Vitamin A, IU	IU	0		0	NC	4		0	0	0
Lycopene	mcg	0		0	Z	7		0	0	0
Lutein + zeaxanthin	mcg	0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.37		2	A	1		0.10	0.05	0.26
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg	0.00		2	A	1		0.00	0.00	0.00
Tocopherol, gamma	mg	0.00		2	A	1		0.00	0.00	0.00
Tocopherol, delta	mg	0.00		2	A	1		0.00	0.00	0.00
Vitamin D (D2 + D3)	mcg	0.4		1	A	1		0.1	0.1	0.3
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	15		1	A	1		4	2	10
Vitamin K (phylloquinone)	mcg	0.6		2	A	1		0.2	0.1	0.4
Lipids:										
Fatty acids, total saturated	g	1.180		0	NC	4		0.334	0.173	0.838
4:0	g	0.000		0		1		0.000	0.000	0.000

NDB No. 03003
Babyfood, meat, beef, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		1		0.000	0.000	0.000
8:0....g	0.000		1	A	1		0.000	0.000	0.000
10:0....g	0.000		1	A	1		0.000	0.000	0.000
12:0....g	0.000		1	A	1		0.000	0.000	0.000
13:0....g									
14:0....g	0.060		1	A	1		0.017	0.009	0.043
15:0....g	0.010		1	A	1		0.003	0.001	0.007
16:0....g	0.530		1	A	1		0.150	0.078	0.376
17:0....g	0.040		1	A	1		0.011	0.006	0.028
18:0....g	0.540		1	A	1		0.153	0.079	0.383
20:0....g	0.000		1	A	1		0.000	0.000	0.000
22:0....g	0.000		1	A	1		0.000	0.000	0.000
24:0....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated....g	0.950		0	NC	4		0.269	0.140	0.674
14:1....g	0.000		1	A	1		0.000	0.000	0.000
15:1....g	0.000		1	A	1		0.000	0.000	0.000
16:1 undifferentiated....g	0.070		1	A	1		0.020	0.010	0.050
17:1....g	0.020		1	A	1		0.006	0.003	0.014
18:1 undifferentiated....g	0.860		1	A	1		0.244	0.126	0.611
20:1....g	0.000		1	A	1		0.000	0.000	0.000
22:1 undifferentiated....g	0.000		1	A	1		0.000	0.000	0.000
24:1 c....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated....g	0.160		0	NC	4		0.045	0.023	0.113
18:2 undifferentiated....g	0.090		1	A	1		0.026	0.013	0.064
18:3 undifferentiated....g	0.040		1	A	1		0.011	0.006	0.028
18:4....g	0.020		1	A	1		0.006	0.003	0.014
20:2 n-6 c,c....g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated....g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated....g	0.010		1	A	1		0.003	0.001	0.007
20:5 n-3 (EPA)....g	0.000		1	A	1		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		1	A	1		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0	T	4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	51		2	A	1		15	8	36
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	0.0
Caffeine....mg	0		0	Z	7		0	0	0
Theobromine....mg	0		0	Z	7		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 14.7g: 1 tbsp

Measure 3 = 71g: 1 jar

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03002
Babyfood, meat, beef, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	82.44	1.255	55	JA	6		12.12	23.37	58.53
Energy	kcal	81		0	NC	4		12	23	57
Energy	kJ	337		0	NC	4		50	96	239
Protein (N x 6.25)	g	12.03		2	A	1		1.77	3.41	8.54
Total lipid (fat)	g	2.52		2	A	1		0.37	0.72	1.79
Ash	g	0.57		2	A	1		0.08	0.16	0.41
Carbohydrate, by difference	g	2.43		0	NC	4		0.36	0.69	1.72
Fiber, total dietary	g	0.0		0		4		0.0	0.0	0.0
Sugars, total	g	0.00		0	Z	7		0.00	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	5		2	A	1		1	1	3
Iron, Fe	mg	0.98		2	A	1		0.14	0.28	0.69
Magnesium, Mg	mg	11		2	A	1		2	3	7
Phosphorus, P	mg	93	8.505	4	JA	6		14	26	66
Potassium, K	mg	187	17.638	17	JA	6		27	53	133
Sodium, Na	mg	46		2	A	1		7	13	32
Zinc, Zn	mg	2.22	0.165	23	JA	6		0.33	0.63	1.57
Copper, Cu	mg	0.148		2	A	1		0.022	0.042	0.105
Manganese, Mn	mg	0.037		2	A	1		0.005	0.010	0.026
Selenium, Se	mcg	2.9		2	A	1		0.4	0.8	2.0
Vitamins:										
Vitamin C, total ascorbic acid	mg	2.1	0.100	24		1		0.3	0.6	1.5
Thiamin	mg	0.013	0.003	25	JA	6		0.002	0.004	0.009
Riboflavin	mg	0.135	0.008	26	JA	6		0.020	0.038	0.095
Niacin	mg	2.495	0.355	26	JA	6		0.367	0.707	1.771
Pantothenic acid	mg	0.083		1	A	1		0.012	0.023	0.059
Vitamin B-6	mg	0.039		1	A	1		0.006	0.011	0.028
Folate, total	mcg	8		2	A	1		1	2	6
Folic acid	mcg	0		2	A	1		0	0	0
Folate, food	mcg	8		0	AS	1		1	2	6
Folate, DFE	mcg_DFE	8		0	NC	4		1	2	6
Choline, total	mg	37.6	1.075	11	AS	1		5.5	10.7	26.7
Betaine	mg	3.1	0.134	11	A	1		0.5	0.9	2.2
Vitamin B-12	mcg	1.26	0.160	3	JA	6		0.19	0.36	0.89
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	0		0	NC	4		0	0	0
Retinol	mcg	0		0	T	4		0	0	0
Carotene, beta	mcg	0		0	Z	7		0	0	0
Carotene, alpha	mcg	0		0	Z	7		0	0	0
Cryptoxanthin, beta	mcg	0		0	Z	7		0	0	0
Vitamin A, IU	IU	0		0	NC	4		0	0	0
Lycopene	mcg	0		0	Z	7		0	0	0
Lutein + zeaxanthin	mcg	0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.37		2	A	1		0.05	0.10	0.26
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg	0.00		2	A	1		0.00	0.00	0.00
Tocopherol, gamma	mg	0.00		2	A	1		0.00	0.00	0.00
Tocopherol, delta	mg	0.00		2	A	1		0.00	0.00	0.00
Vitamin D (D2 + D3)	mcg	0.4		1	A	1		0.1	0.1	0.3
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	15		1	A	1		2	4	10
Vitamin K (phylloquinone)	mcg	0.6		2	A	1		0.1	0.2	0.4
Lipids:										
Fatty acids, total saturated	g	1.180		0	NC	4		0.173	0.334	0.838
4:0	g	0.000		0		1		0.000	0.000	0.000

NDB No. 03002
Babyfood, meat, beef, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		1		0.000	0.000	0.000
8:0 g	0.000		1	A	1		0.000	0.000	0.000
10:0 g	0.000		1	A	1		0.000	0.000	0.000
12:0 g	0.000		1	A	1		0.000	0.000	0.000
13:0 g									
14:0 g	0.060		1	A	1		0.009	0.017	0.043
15:0 g	0.010		1	A	1		0.001	0.003	0.007
16:0 g	0.530		1	A	1		0.078	0.150	0.376
17:0 g	0.040		1	A	1		0.006	0.011	0.028
18:0 g	0.540		1	A	1		0.079	0.153	0.383
20:0 g	0.000		1	A	1		0.000	0.000	0.000
22:0 g	0.000		1	A	1		0.000	0.000	0.000
24:0 g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated g	0.950		0	NC	4		0.140	0.269	0.674
14:1 g	0.000		1	A	1		0.000	0.000	0.000
15:1 g	0.000		1	A	1		0.000	0.000	0.000
16:1 undifferentiated g	0.070		1	A	1		0.010	0.020	0.050
17:1 g	0.020		1	A	1		0.003	0.006	0.014
18:1 undifferentiated g	0.860		1	A	1		0.126	0.244	0.611
20:1 g	0.000		1	A	1		0.000	0.000	0.000
22:1 undifferentiated g	0.000		1	A	1		0.000	0.000	0.000
24:1 c g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated g	0.160		0	NC	4		0.023	0.045	0.113
18:2 undifferentiated g	0.090		1	A	1		0.013	0.026	0.064
18:3 undifferentiated g	0.040		1	A	1		0.006	0.011	0.028
18:4 g	0.020		1	A	1		0.003	0.006	0.014
20:2 n-6 c,c g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated g	0.010		1	A	1		0.001	0.003	0.007
20:5 n-3 (EPA) g	0.000		1	A	1		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		1	A	1		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0	T	4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	51		2	A	1		8	15	36
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	Z	7		0	0	0
Theobromine mg	0		0	Z	7		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 14.7g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 71g: 1 jar

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03014
Babyfood, meat, chicken sticks, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	68.30	0.900	6		1		6.83	48.49	48.49
Energy	kcal	188		0	NC	4		19	133	133
Energy	kJ	787		0		4		79	558	558
Protein (N x 6.25)	g	14.60	0.200	7		1		1.46	10.37	10.37
Total lipid (fat)	g	14.40	0.400	8		1		1.44	10.22	10.22
Ash	g	1.20	0.100	6		1		0.12	0.85	0.85
Carbohydrate, by difference	g	1.50		0	NC	4		0.15	1.07	1.07
Fiber, total dietary	g	0.2		0		4		0.0	0.1	0.1
Sugars, total	g	1.40		0	FLA	4		0.14	0.99	0.99
Starch	g									
Minerals:										
Calcium, Ca	mg	73	6.000	7		1		7	52	52
Iron, Fe	mg	1.56	0.030	8		1		0.16	1.11	1.11
Magnesium, Mg	mg	14		0		4		1	10	10
Phosphorus, P	mg	121		1		1		12	86	86
Potassium, K	mg	106		1		1		11	75	75
Sodium, Na	mg	479		1		1		48	340	340
Zinc, Zn	mg	1.01		0		4		0.10	0.72	0.72
Copper, Cu	mg	0.045		0		4		0.005	0.032	0.032
Manganese, Mn	mg									
Selenium, Se	mcg	10.3	0.346	3	A	1		1.0	7.3	7.3
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.7	0.000	6		1		0.2	1.2	1.2
Thiamin	mg	0.017	0.000	7		1		0.002	0.012	0.012
Riboflavin	mg	0.197	0.007	7		1		0.020	0.140	0.140
Niacin	mg	2.005	0.064	7		1		0.201	1.424	1.424
Pantothenic acid	mg	0.726		0		4		0.073	0.515	0.515
Vitamin B-6	mg	0.103	0.000	5		1		0.010	0.073	0.073
Folate, total	mcg	11		0		4		1	8	8
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	11		0		4		1	8	8
Folate, DFE	mcg_DFE	11		0	NC	4		1	8	8
Choline, total	mg	43.2		0	FLA	4		4.3	30.7	30.7
Betaine	mg									
Vitamin B-12	mcg	0.40		0		4		0.04	0.28	0.28
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	3		0	NC	4		0	2	2
Retinol	mcg	3		0	BNA	4		0	2	2
Carotene, beta	mcg	0		0	BNA	4		0	0	0
Carotene, alpha	mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU	IU	11		0	NC	4		1	8	8
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.37		0	FLA	4		0.04	0.26	0.26
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.1		0	AS	1		0.0	0.1	0.1
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.1		0	O	4		0.0	0.1	0.1
Vitamin D	IU	4		0	O	4		0	3	3
Vitamin K (phylloquinone)	mcg	0.4		0	FLA	4		0.0	0.3	0.3
Lipids:										
Fatty acids, total saturated	g	4.094		0		4		0.409	2.907	2.907
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03014
Babyfood, meat, chicken sticks, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.037		0		4		0.004	0.026	0.026
13:0 g									
14:0 g	0.133		0		4		0.013	0.094	0.094
15:0 g									
16:0 g	3.045		0		4		0.305	2.162	2.162
17:0 g									
18:0 g	0.813		0		4		0.081	0.577	0.577
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	6.267		0		4		0.627	4.450	4.450
14:1 g									
15:1 g									
16:1 undifferentiated g	0.887		0		4		0.089	0.630	0.630
17:1 g									
18:1 undifferentiated g	5.277		0		4		0.528	3.747	3.747
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	2.986		0		4		0.299	2.120	2.120
18:2 undifferentiated g	2.764		0		4		0.276	1.962	1.962
18:3 undifferentiated g	0.111		0		4		0.011	0.079	0.079
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	78		0		4		8	55	55
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.117		0		1		0.012	0.083	0.083
Threonine g	0.572		0		1		0.057	0.406	0.406
Isoleucine g	0.729		0		1		0.073	0.518	0.518
Leucine g	1.142		0		1		0.114	0.811	0.811
Lysine g	1.160		0		1		0.116	0.824	0.824
Methionine g	0.323		0		1		0.032	0.229	0.229
Cystine g	0.127		0		1		0.013	0.090	0.090
Phenylalanine g	0.673		0		1		0.067	0.478	0.478
Tyrosine g	0.497		0		1		0.050	0.353	0.353
Valine g	0.764		0		1		0.076	0.542	0.542
Arginine g	1.003		0		1		0.100	0.712	0.712
Histidine g	0.462		0		1		0.046	0.328	0.328
Alanine g	0.792		0		1		0.079	0.562	0.562
Aspartic acid g	1.263		0		1		0.126	0.897	0.897
Glutamic acid g	2.201		0		1		0.220	1.563	1.563
Glycine g	0.811		0		1		0.081	0.576	0.576
Proline g	0.902		0		1		0.090	0.640	0.640
Serine g	0.534		0		1		0.053	0.379	0.379
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03014
Babyfood, meat, chicken sticks, junior

Common Measures:

Measure 1 = 10.0g: 1 stick
Measure 2 = 71g: 1 jar
Measure 3 = 71g: 1 jar Gerber Graduate (2.5 oz)

Calories Factors: Protein 4 **Fat** 8.7 **Carbohydrate** 2.7

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03013
Babyfood, meat, chicken, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	76.00	0.500	22		1		11.40	21.55	53.96
Energy	kcal	146		0	NC	4		22	41	104
Energy	kJ	612		0	NC	4		92	174	435
Protein (N x 6.25)	g	14.00		0	NR	4		2.10	3.97	9.94
Total lipid (fat)	g	9.60	0.400	19		1		1.44	2.72	6.82
Ash	g	0.49		0	NR	4		0.07	0.14	0.35
Carbohydrate, by difference	g	0.00		0		1		0.00	0.00	0.00
Fiber, total dietary	g	0.0		0		4		0.0	0.0	0.0
Sugars, total	g	0.00		0	Z	7		0.00	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	55	4.000	19		1		8	16	39
Iron, Fe	mg	0.99	0.040	20		1		0.15	0.28	0.70
Magnesium, Mg	mg	11		1		1		2	3	8
Phosphorus, P	mg	90		1		1		14	26	64
Potassium, K	mg	122		14		1		18	35	87
Sodium, Na	mg	51		23		1		8	14	36
Zinc, Zn	mg	1.01	0.085	4		1		0.15	0.29	0.72
Copper, Cu	mg	0.045	0.006	3		1		0.007	0.013	0.032
Manganese, Mn	mg									
Selenium, Se	mcg	10.3	0.817	6	A	1		1.5	2.9	7.3
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.5	0.100	19		1		0.2	0.4	1.1
Thiamin	mg	0.014	0.000	22		1		0.002	0.004	0.010
Riboflavin	mg	0.163	0.000	19		1		0.024	0.046	0.116
Niacin	mg	3.420	0.070	19		1		0.513	0.970	2.428
Pantothenic acid	mg	0.726		0		1		0.109	0.206	0.515
Vitamin B-6	mg	0.188	0.024	4		1		0.028	0.053	0.133
Folate, total	mcg	11		0		1		2	3	8
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	11		0	NR	4		2	3	8
Folate, DFE	mcg_DFE	11		0	NC	4		2	3	8
Choline, total	mg	43.2	1.893	11	AS	1		6.5	12.3	30.7
Betaine	mg	11.6	0.437	11	A	1		1.7	3.3	8.2
Vitamin B-12	mcg	0.40		0		4		0.06	0.11	0.28
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	11		0	NC	4		2	3	8
Retinol	mcg	11		0	BFSN	4		2	3	8
Carotene, beta	mcg	0		0	Z	7		0	0	0
Carotene, alpha	mcg	0		0	Z	7		0	0	0
Cryptoxanthin, beta	mcg	0		0	Z	7		0	0	0
Vitamin A, IU	IU	40		0		1		6	11	28
Lycopene	mcg	0		0	Z	7		0	0	0
Lutein + zeaxanthin	mcg	0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.40		0	NR	4		0.06	0.11	0.28
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	AS	1		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D	IU	2		0	FLA	4		0	0	1
Vitamin K (phylloquinone)	mcg	1.7		0	BFSN	4		0.3	0.5	1.2
Lipids:										
Fatty acids, total saturated	g	2.470		1		1		0.371	0.700	1.754
4:0	g	0.000		0		1		0.000	0.000	0.000

NDB No. 03013
Babyfood, meat, chicken, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		1		0.000	0.000	0.000
8:0....g	0.000		0		1		0.000	0.000	0.000
10:0....g	0.000		0		1		0.000	0.000	0.000
12:0....g	0.000		1		1		0.000	0.000	0.000
13:0....g									
14:0....g	0.070		1		1		0.011	0.020	0.050
15:0....g									
16:0....g	1.800		1		1		0.270	0.510	1.278
17:0....g									
18:0....g	0.500		1		1		0.075	0.142	0.355
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	4.330		1		1		0.650	1.228	3.074
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.350		1		1		0.053	0.099	0.249
17:1....g									
18:1 undifferentiated....g	3.950		1		1		0.593	1.120	2.805
20:1....g	0.020		1		1		0.003	0.006	0.014
22:1 undifferentiated....g	0.000		0		1		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	2.330		1		1		0.350	0.661	1.654
18:2 undifferentiated....g	2.250		1		1		0.338	0.638	1.598
18:3 undifferentiated....g	0.050		1		1		0.008	0.014	0.036
18:4....g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.040		1		1		0.006	0.011	0.028
20:5 n-3 (EPA)....g	0.000		0		1		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0		1		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	59		0		1		9	17	42
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.167		0		1		0.025	0.047	0.119
Threonine....g	0.660		0		1		0.099	0.187	0.469
Isoleucine....g	0.693		0		1		0.104	0.196	0.492
Leucine....g	1.136		0		1		0.170	0.322	0.807
Lysine....g	1.228		0		1		0.184	0.348	0.872
Methionine....g	0.394		0		1		0.059	0.112	0.280
Cystine....g	0.193		0		1		0.029	0.055	0.137
Phenylalanine....g	0.599		0		1		0.090	0.170	0.425
Tyrosine....g	0.471		0		1		0.071	0.134	0.334
Valine....g	0.740		0		1		0.111	0.210	0.525
Arginine....g	1.028		0		1		0.154	0.291	0.730
Histidine....g	0.445		0		1		0.067	0.126	0.316
Alanine....g	0.936		0		1		0.140	0.265	0.665
Aspartic acid....g	1.362		0		1		0.204	0.386	0.967
Glutamic acid....g	2.128		0		1		0.319	0.603	1.511
Glycine....g	0.981		0		1		0.147	0.278	0.697
Proline....g	0.759		0		1		0.114	0.215	0.539
Serine....g	0.535		0		1		0.080	0.152	0.380
Hydroxyproline....g									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	0.0
Caffeine....mg	0		0	Z	7		0	0	0
Theobromine....mg	0		0	NR	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03013
Babyfood, meat, chicken, junior

Common Measures:

Measure 1 = 15.0g: 1 tbsp
Measure 2 = 28.35g: 1 oz
Measure 3 = 71g: 1 jar

Calories Factors: Protein 4.27 **Fat** 9.02 **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03012
Babyfood, meat, chicken, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	77.50	0.200	53		1		11.63	21.97	55.03
Energy	kcal	130		0	NC	4		20	37	92
Energy	kJ	545		0	NC	4		82	154	387
Protein (N x 6.25)	g	13.70	0.100	29		1		2.06	3.88	9.73
Total lipid (fat)	g	7.90	0.200	30		1		1.19	2.24	5.61
Ash	g	0.49		0	FLA	4		0.07	0.14	0.35
Carbohydrate, by difference	g	0.10		0	NC	4		0.02	0.03	0.07
Fiber, total dietary	g	0.0		0		4		0.0	0.0	0.0
Sugars, total	g	0.00		0	FLA	4		0.00	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	64	3.000	28		1		10	18	45
Iron, Fe	mg	1.40	0.050	29		1		0.21	0.40	0.99
Magnesium, Mg	mg	13		2		1		2	4	9
Phosphorus, P	mg	97		1		1		15	27	69
Potassium, K	mg	141		14		1		21	40	100
Sodium, Na	mg	47		32		1		7	13	33
Zinc, Zn	mg	1.21	0.056	27		1		0.18	0.34	0.86
Copper, Cu	mg	0.045		25		1		0.007	0.013	0.032
Manganese, Mn	mg									
Selenium, Se	mcg	11.0	0.449	6	A	1		1.7	3.1	7.8
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.7	0.100	27		1		0.3	0.5	1.2
Thiamin	mg	0.014	0.000	28		1		0.002	0.004	0.010
Riboflavin	mg	0.152	0.003	28		1		0.023	0.043	0.108
Niacin	mg	3.255	0.049	30		1		0.488	0.923	2.311
Pantothenic acid	mg	0.680		4		1		0.102	0.193	0.483
Vitamin B-6	mg	0.200	0.009	14		1		0.030	0.057	0.142
Folate, total	mcg	3		0	FLA	4		0	1	2
Folic acid	mcg	0		0	FLA	4		0	0	0
Folate, food	mcg	3		0	FLA	4		0	1	2
Folate, DFE	mcg_DFE	3		0	NC	4		0	1	2
Choline, total	mg	43.2	1.893	11	AS	1		6.5	12.3	30.7
Betaine	mg	11.6	0.437	11	A	1		1.7	3.3	8.2
Vitamin B-12	mcg	0.40		0		4		0.06	0.11	0.28
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	6		0	NC	4		1	2	5
Retinol	mcg	6		0	FLA	4		1	2	5
Carotene, beta	mcg	0		0	FLA	4		0	0	0
Carotene, alpha	mcg	0		0	FLA	4		0	0	0
Cryptoxanthin, beta	mcg	0		0	FLA	4		0	0	0
Vitamin A, IU	IU	21		0	NC	4		3	6	15
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.25		0	FLA	4		0.04	0.07	0.17
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.3		0	FLA	4		0.0	0.1	0.2
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.3		0	FLA	4		0.0	0.1	0.2
Vitamin D	IU	11		0	FLA	4		2	3	8
Vitamin K (phylloquinone)	mcg	1.0		0	FLA	4		0.1	0.3	0.7
Lipids:										
Fatty acids, total saturated	g	2.030		1		1		0.305	0.576	1.441
4:0	g	0.000		0		1		0.000	0.000	0.000

NDB No. 03012
Babyfood, meat, chicken, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		1		0.000	0.000	0.000
8:0 ... g	0.000		0		1		0.000	0.000	0.000
10:0 ... g	0.000		0		1		0.000	0.000	0.000
12:0 ... g	0.000		1		1		0.000	0.000	0.000
13:0 ... g									
14:0 ... g	0.050		1		1		0.008	0.014	0.036
15:0 ... g									
16:0 ... g	1.480		1		1		0.222	0.420	1.051
17:0 ... g									
18:0 ... g	0.420		1		1		0.063	0.119	0.298
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	3.560		1		1		0.534	1.009	2.528
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.290		1		1		0.044	0.082	0.206
17:1 ... g									
18:1 undifferentiated ... g	3.250		1		1		0.488	0.921	2.308
20:1 ... g	0.020		1		1		0.003	0.006	0.014
22:1 undifferentiated ... g	0.000		0		1		0.000	0.000	0.000
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	1.920		1		1		0.288	0.544	1.363
18:2 undifferentiated ... g	1.850		1		1		0.278	0.524	1.314
18:3 undifferentiated ... g	0.040		1		1		0.006	0.011	0.028
18:4 ... g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.030		1		1		0.005	0.009	0.021
20:5 n-3 (EPA) ... g	0.000		0		1		0.000	0.000	0.000
22:5 n-3 (DPA) ... g	0.000		0		1		0.000	0.000	0.000
22:6 n-3 (DHA) ... g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans ... g									
Cholesterol ... mg	61		0		1		9	17	44
Phytosterols ... mg									
Amino Acids:									
Tryptophan ... g	0.156		0		1		0.023	0.044	0.111
Threonine ... g	0.615		0		1		0.092	0.174	0.437
Isoleucine ... g	0.645		0		1		0.097	0.183	0.458
Leucine ... g	1.058		0		1		0.159	0.300	0.751
Lysine ... g	1.144		0		1		0.172	0.324	0.812
Methionine ... g	0.367		0		1		0.055	0.104	0.261
Cystine ... g	0.180		0		1		0.027	0.051	0.128
Phenylalanine ... g	0.558		0		1		0.084	0.158	0.396
Tyrosine ... g	0.439		0		1		0.066	0.124	0.312
Valine ... g	0.689		0		1		0.103	0.195	0.489
Arginine ... g	0.957		0		1		0.144	0.271	0.679
Histidine ... g	0.415		0		1		0.062	0.118	0.295
Alanine ... g	0.871		0		1		0.131	0.247	0.618
Aspartic acid ... g	1.269		0		1		0.190	0.360	0.901
Glutamic acid ... g	1.982		0		1		0.297	0.562	1.407
Glycine ... g	0.913		0		1		0.137	0.259	0.648
Proline ... g	0.707		0		1		0.106	0.200	0.502
Serine ... g	0.498		0		1		0.075	0.141	0.354
Hydroxyproline ... g									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	0.0
Caffeine ... mg	0		0	FLA	4		0	0	0
Theobromine ... mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03012
Babyfood, meat, chicken, strained

Common Measures:

Measure 1 = 15.0g: 1 tbsp
Measure 2 = 28.35g: 1 oz
Measure 3 = 71g: 1 jar

Calories Factors: Protein 4.27 **Fat** 9.02 **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03009
Babyfood, meat, ham, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	80.50		0	MA	12		22.82	57.16	
Energy....kcal	97		0	NC	4		28	69	
Energy....kJ	407		0	NC	4		115	289	
Protein (N x 6.25)....g	11.30		0	MA	12		3.20	8.02	
Total lipid (fat)....g	3.80		0	MA	12		1.08	2.70	
Ash....g	0.70		0		1		0.20	0.50	
Carbohydrate, by difference....g	3.70		0	NC	4		1.05	2.63	
Fiber, total dietary....g	0.0		0		4		0.0	0.0	
Sugars, total....g	0.00		0	Z	7		0.00	0.00	
Starch....g									
Minerals:									
Calcium, Ca....mg	5	1.000	3		1		1	4	
Iron, Fe....mg	1.01	0.060	4		1		0.29	0.72	
Magnesium, Mg....mg	11		1		1		3	8	
Phosphorus, P....mg	89		1		1		25	63	
Potassium, K....mg	210		1		1		60	149	
Sodium, Na....mg	67		6		1		19	48	
Zinc, Zn....mg	1.70		1		1		0.48	1.21	
Copper, Cu....mg	0.068		0		4		0.019	0.048	
Manganese, Mn....mg									
Selenium, Se....mcg	15.0	1.100	4	A	1		4.3	10.7	
Vitamins:									
Vitamin C, total ascorbic acid....mg	2.1	0.200	4		1		0.6	1.5	
Thiamin....mg	0.142	0.009	4		1		0.040	0.101	
Riboflavin....mg	0.194	0.014	4		1		0.055	0.138	
Niacin....mg	2.840	0.113	3		1		0.805	2.016	
Pantothenic acid....mg	0.531		0		1		0.151	0.377	
Vitamin B-6....mg	0.200	0.013	5		1		0.057	0.142	
Folate, total....mcg	2		3		1		1	1	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	2		3		1		1	1	
Folate, DFE....mcg_DFE	2		0	NC	4		1	1	
Choline, total....mg	45.2		0	T	4		12.8	32.1	
Betaine....mg									
Vitamin B-12....mcg	0.10		0		4		0.03	0.07	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0	0	
Retinol....mcg	0		0	O	4		0	0	
Carotene, beta....mcg	0		0	Z	7		0	0	
Carotene, alpha....mcg	0		0	Z	7		0	0	
Cryptoxanthin, beta....mcg	0		0	Z	7		0	0	
Vitamin A, IU....IU	0		0	O	4		0	0	
Lycopene....mcg	0		0	Z	7		0	0	
Lutein + zeaxanthin....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)....mg	0.40		0	NR	4		0.11	0.28	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.4		0	AS	1		0.1	0.3	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.4		0	FLA	4		0.1	0.3	
Vitamin D....IU	18		0	FLA	4		5	13	
Vitamin K (phylloquinone)....mcg	0.0		0	O	4		0.0	0.0	
Lipids:									
Fatty acids, total saturated....g	1.271		1		1		0.360	0.902	
4:0....g	0.000		0		1		0.000	0.000	

NDB No. 03009
Babyfood, meat, ham, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		1		0.000	0.000	
8:0 g	0.000		0		1		0.000	0.000	
10:0 g	0.000		1		1		0.000	0.000	
12:0 g	0.010		1		1		0.003	0.007	
13:0 g									
14:0 g	0.083		1		1		0.023	0.059	
15:0 g									
16:0 g	1.445		1		1		0.410	1.026	
17:0 g									
18:0 g	0.702		1		1		0.199	0.498	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.804		1		1		0.511	1.281	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.181		1		1		0.051	0.129	
17:1 g									
18:1 undifferentiated g	2.928		1		1		0.830	2.079	
20:1 g	0.070		1		1		0.020	0.050	
22:1 undifferentiated g	0.000		0		1		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.516		1		1		0.146	0.367	
18:2 undifferentiated g	0.829		1		1		0.235	0.589	
18:3 undifferentiated g	0.030		1		1		0.009	0.022	
18:4 g	0.000		0		1		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.051		1		1		0.014	0.036	
20:5 n-3 (EPA) g	0.000		0		1		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		1		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		1		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	29		0		1		8	21	
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.149		0		1		0.042	0.106	
Threonine g	0.656		0		1		0.186	0.466	
Isoleucine g	0.718		0		1		0.204	0.510	
Leucine g	1.208		0		1		0.342	0.858	
Lysine g	1.283		0		1		0.364	0.911	
Methionine g	0.386		0		1		0.109	0.274	
Cystine g	0.186		0		1		0.053	0.132	
Phenylalanine g	0.576		0		1		0.163	0.409	
Tyrosine g	0.506		0		1		0.143	0.359	
Valine g	0.779		0		1		0.221	0.553	
Arginine g	1.022		0		1		0.290	0.726	
Histidine g	0.514		0		1		0.146	0.365	
Alanine g	0.911		0		1		0.258	0.647	
Aspartic acid g	1.442		0		1		0.409	1.024	
Glutamic acid g	2.271		0		1		0.644	1.612	
Glycine g	0.866		0		1		0.246	0.615	
Proline g	0.702		0		1		0.199	0.498	
Serine g	0.547		0		1		0.155	0.388	
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	Z	7		0	0	
Theobromine mg	0		0	Z	7		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03009
Babyfood, meat, ham, junior

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 71g: 1 jar

Calories Factors: Protein 4.27 **Fat** 9.02 **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03008
Babyfood, meat, ham, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	80.50		0	NR	4		12.08	22.82	57.16
Energy....kcal	97		0	NC	4		15	28	69
Energy....kJ	407		0	NC	4		61	115	289
Protein (N x 6.25)....g	11.30		0	MA	12		1.70	3.20	8.02
Total lipid (fat)....g	3.80		0	NR	4		0.57	1.08	2.70
Ash....g	0.70		0	NR	4		0.11	0.20	0.50
Carbohydrate, by difference....g	3.70		0	NR	4		0.56	1.05	2.63
Fiber, total dietary....g	0.0		0		4		0.0	0.0	0.0
Sugars, total....g	0.00		0	FLA	4		0.00	0.00	0.00
Starch....g									
Minerals:									
Calcium, Ca....mg	6	0.000	19		1		1	2	4
Iron, Fe....mg	1.03	0.080	19		1		0.15	0.29	0.73
Magnesium, Mg....mg	13		2		1		2	4	9
Phosphorus, P....mg	81		1		1		12	23	58
Potassium, K....mg	204		14		1		31	58	145
Sodium, Na....mg	41	1.000	17		1		6	12	29
Zinc, Zn....mg	2.25	0.188	5		1		0.34	0.64	1.59
Copper, Cu....mg	0.065	0.004	4		1		0.010	0.018	0.046
Manganese, Mn....mg									
Selenium, Se....mcg	14.2	0.817	6	A	1		2.1	4.0	10.1
Vitamins:									
Vitamin C, total ascorbic acid....mg	2.1	0.200	20		1		0.3	0.6	1.5
Thiamin....mg	0.139	0.009	19		1		0.021	0.039	0.099
Riboflavin....mg	0.154	0.006	19		1		0.023	0.044	0.109
Niacin....mg	2.633	0.045	18		1		0.395	0.746	1.869
Pantothenic acid....mg	0.510		4		1		0.077	0.145	0.362
Vitamin B-6....mg	0.252	0.023	5		1		0.038	0.071	0.179
Folate, total....mcg	2		0		1		0	1	1
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	2		0	FLA	4		0	0	1
Folate, DFE....mcg_DFE	2		0	NC	4		0	0	1
Choline, total....mg	45.2		0	FLA	4		6.8	12.8	32.1
Betaine....mg									
Vitamin B-12....mcg	0.10		0		4		0.02	0.03	0.07
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	2		0	NC	4		0	0	1
Retinol....mcg	2		0	BFSN	4		0	0	1
Carotene, beta....mcg	0		0	FLA	4		0	0	0
Carotene, alpha....mcg	0		0	FLA	4		0	0	0
Cryptoxanthin, beta....mcg	0		0	FLA	4		0	0	0
Vitamin A, IU....IU	5		0	NC	4		1	1	4
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)....mg	0.13		0	BFSN	4		0.02	0.04	0.09
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.4		0	AS	1		0.1	0.1	0.3
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	0.4		0	FLA	4		0.1	0.1	0.3
Vitamin D....IU	18		0	FLA	4		3	5	13
Vitamin K (phylloquinone)....mcg	0.0		0	BFSN	4		0.0	0.0	0.0
Lipids:									
Fatty acids, total saturated....g	1.267		1		1		0.190	0.359	0.900
4:0....g	0.000		0		1		0.000	0.000	0.000

NDB No. 03008
Babyfood, meat, ham, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		1		0.000	0.000	0.000
8:0 g	0.000		0		1		0.000	0.000	0.000
10:0 g	0.000		1		1		0.000	0.000	0.000
12:0 g	0.007		1		1		0.001	0.002	0.005
13:0 g									
14:0 g	0.046		1		1		0.007	0.013	0.032
15:0 g									
16:0 g	0.797		1		1		0.120	0.226	0.566
17:0 g									
18:0 g	0.385		1		1		0.058	0.109	0.274
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.803		1		1		0.270	0.511	1.280
14:1 g									
15:1 g									
16:1 undifferentiated g	0.105		1		1		0.016	0.030	0.074
17:1 g									
18:1 undifferentiated g	1.646		1		1		0.247	0.467	1.169
20:1 g	0.039		1		1		0.006	0.011	0.028
22:1 undifferentiated g	0.000		0		1		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.510		1		1		0.076	0.144	0.362
18:2 undifferentiated g	0.464		1		1		0.070	0.131	0.329
18:3 undifferentiated g	0.020		1		1		0.003	0.006	0.014
18:4 g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.026		1		1		0.004	0.007	0.019
20:5 n-3 (EPA) g	0.000		0		1		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		1		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	24		0		1		4	7	17
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.138		0		1		0.021	0.039	0.098
Threonine g	0.603		0		1		0.090	0.171	0.428
Isoleucine g	0.661		0		1		0.099	0.187	0.469
Leucine g	1.111		0		1		0.167	0.315	0.789
Lysine g	1.180		0		1		0.177	0.335	0.838
Methionine g	0.355		0		1		0.053	0.101	0.252
Cystine g	0.171		0		1		0.026	0.048	0.121
Phenylalanine g	0.530		0		1		0.080	0.150	0.376
Tyrosine g	0.466		0		1		0.070	0.132	0.331
Valine g	0.716		0		1		0.107	0.203	0.508
Arginine g	0.940		0		1		0.141	0.266	0.667
Histidine g	0.472		0		1		0.071	0.134	0.335
Alanine g	0.838		0		1		0.126	0.238	0.595
Aspartic acid g	1.326		0		1		0.199	0.376	0.941
Glutamic acid g	2.089		0		1		0.313	0.592	1.483
Glycine g	0.796		0		1		0.119	0.226	0.565
Proline g	0.645		0		1		0.097	0.183	0.458
Serine g	0.503		0		1		0.075	0.143	0.357
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03008
Babyfood, meat, ham, strained

Common Measures:

Measure 1 = 15.0g: 1 tbsp
Measure 2 = 28.35g: 1 oz
Measure 3 = 71g: 1 jar

Calories Factors: Protein 4.27 **Fat** 9.02 **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03011
Babyfood, meat, lamb, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	79.60	0.500	21		1		22.57	56.52	
Energy	kcal	112		0	NC	4		32	79	
Energy	kJ	468		0	NC	4		133	332	
Protein (N x 6.25)	g	15.20	0.100	19		1		4.31	10.79	
Total lipid (fat)	g	5.20	0.300	19		1		1.47	3.69	
Ash	g	0.90	0.000	18		1		0.26	0.64	
Carbohydrate, by difference	g	0.00		0		1		0.00	0.00	
Fiber, total dietary	g	0.0		0		4		0.0	0.0	
Sugars, total	g	0.00		0	Z	7		0.00	0.00	
Starch	g									
Minerals:										
Calcium, Ca	mg	7	0.000	19		1		2	5	
Iron, Fe	mg	1.66	0.020	21		1		0.47	1.18	
Magnesium, Mg	mg	10		1		1		3	7	
Phosphorus, P	mg	91		1		1		26	65	
Potassium, K	mg	211		14		1		60	150	
Sodium, Na	mg	73		20		1		21	52	
Zinc, Zn	mg	2.60		1		1		0.74	1.85	
Copper, Cu	mg	0.057		0		1		0.016	0.040	
Manganese, Mn	mg									
Selenium, Se	mcg	7.0	0.693	3	A	1		2.0	5.0	
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.7	0.400	21		1		0.5	1.2	
Thiamin	mg	0.019	0.000	24		1		0.005	0.013	
Riboflavin	mg	0.191	0.010	21		1		0.054	0.136	
Niacin	mg	3.193	0.087	22		1		0.905	2.267	
Pantothenic acid	mg	0.424		0		1		0.120	0.301	
Vitamin B-6	mg	0.183	0.017	4		1		0.052	0.130	
Folate, total	mcg	2	0.100	3		1		1	1	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	2	0.100	3		1		1	1	
Folate, DFE	mcg_DFE	2		0	NC	4		1	1	
Choline, total	mg	54.7	2.779	7	AS	1		15.5	38.8	
Betaine	mg	6.6	0.560	7	A	1		1.9	4.7	
Vitamin B-12	mcg	2.27		0		1		0.64	1.61	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	8		0	NC	4		2	6	
Retinol	mcg	8		0	NR	4		2	6	
Carotene, beta	mcg	0		0	NR	4		0	0	
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	27	2.000	17		1		8	19	
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg	0.40		0	NR	4		0.11	0.28	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.1		0	T	4		0.0	0.1	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	4		0	T	4		1	3	
Vitamin K (phylloquinone)	mcg									
Lipids:										
Fatty acids, total saturated	g	2.560		1		1		0.726	1.818	
4:0	g	0.000		0		1		0.000	0.000	

NDB No. 03011
Babyfood, meat, lamb, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		1		0.000	0.000	
8:0 g	0.000		1		1		0.000	0.000	
10:0 g	0.010		1		1		0.003	0.007	
12:0 g	0.000		1		1		0.000	0.000	
13:0 g									
14:0 g	0.120		1		1		0.034	0.085	
15:0 g									
16:0 g	1.140		1		1		0.323	0.809	
17:0 g									
18:0 g	1.090		1		1		0.309	0.774	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	2.060		1		1		0.584	1.463	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.070		1		1		0.020	0.050	
17:1 g									
18:1 undifferentiated g	1.960		1		1		0.556	1.392	
20:1 g	0.000		1		1		0.000	0.000	
22:1 undifferentiated g	0.000		0		1		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.220		1		1		0.062	0.156	
18:2 undifferentiated g	0.150		1		1		0.043	0.107	
18:3 undifferentiated g	0.060		1		1		0.017	0.043	
18:4 g	0.000		0		1		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.010		1		1		0.003	0.007	
20:5 n-3 (EPA) g	0.000		0		1		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		1		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		1		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	38		0		1		11	27	
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.151		0		1		0.043	0.107	
Threonine g	0.693		0		1		0.196	0.492	
Isoleucine g	0.714		0		1		0.202	0.507	
Leucine g	1.200		0		1		0.340	0.852	
Lysine g	1.349		0		1		0.382	0.958	
Methionine g	0.476		0		1		0.135	0.338	
Cystine g	0.209		0		1		0.059	0.148	
Phenylalanine g	0.598		0		1		0.170	0.425	
Tyrosine g	0.532		0		1		0.151	0.378	
Valine g	0.770		0		1		0.218	0.547	
Arginine g	0.996		0		1		0.282	0.707	
Histidine g	0.384		0		1		0.109	0.273	
Alanine g	0.953		0		1		0.270	0.677	
Aspartic acid g	1.429		0		1		0.405	1.015	
Glutamic acid g	2.328		0		1		0.660	1.653	
Glycine g	0.885		0		1		0.251	0.628	
Proline g	0.851		0		1		0.241	0.604	
Serine g	0.583		0		1		0.165	0.414	
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	NR	4		0	0	
Theobromine mg	0		0	NR	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03011
Babyfood, meat, lamb, junior

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 71g: 1 jar

Calories Factors: Protein 4.27 **Fat** 9.02 **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03010
Babyfood, meat, lamb, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	81.06	1.240	3	JA	6		17.83	22.98	57.55
Energy....kcal	87		0	NC	4		19	25	62
Energy....kJ	366		0	NC	4		80	104	260
Protein....g	14.07		2	JA	6		3.10	3.99	9.99
Total lipid (fat)....g	3.41		2	A	1		0.75	0.97	2.42
Ash....g	0.60		2	A	1		0.13	0.17	0.43
Carbohydrate, by difference....g	0.85		0	NC	4		0.19	0.24	0.60
Fiber, total dietary....g	0.0		0		4		0.0	0.0	0.0
Sugars, total....g	0.00		0	Z	7		0.00	0.00	0.00
Starch....g									
Minerals:									
Calcium, Ca....mg	7		2	JA	6		2	2	5
Iron, Fe....mg	1.19		2	JA	6		0.26	0.34	0.84
Magnesium, Mg....mg	13	0.000	4	JA	6		3	4	9
Phosphorus, P....mg	104	6.500	4	JA	6		23	29	73
Potassium, K....mg	193		1	JA	6		42	55	137
Sodium, Na....mg	43		1	A	1		9	12	31
Zinc, Zn....mg	2.43	0.328	6	JA	6		0.53	0.69	1.72
Copper, Cu....mg	0.148		1	A	1		0.032	0.042	0.105
Manganese, Mn....mg	0.037		1	A	1		0.008	0.010	0.026
Selenium, Se....mcg	2.2		1	A	1		0.5	0.6	1.6
Vitamins:									
Vitamin C, total ascorbic acid....mg	1.2	0.100	23		1		0.3	0.3	0.9
Thiamin....mg	0.020		2	JA	6		0.004	0.006	0.014
Riboflavin....mg	0.174		2	JA	6		0.038	0.049	0.124
Niacin....mg	2.908		2	JA	6		0.640	0.824	2.064
Pantothenic acid....mg	0.112		1	A	1		0.025	0.032	0.080
Vitamin B-6....mg	0.037		1	A	1		0.008	0.010	0.026
Folate, total....mcg	0		1	A	1		0	0	0
Folic acid....mcg	0		1	A	1		0	0	0
Folate, food....mcg	0		0	AS	1		0	0	0
Folate, DFE....mcg_DFE	0		0	NC	4		0	0	0
Choline, total....mg	54.7	2.779	7	AS	1		12.0	15.5	38.8
Betaine....mg	6.6	0.560	7	A	1		1.5	1.9	4.7
Vitamin B-12....mcg	1.90	0.295	3	JA	6		0.42	0.54	1.35
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0	0	0
Retinol....mcg	0		0	BFSN	4		0	0	0
Carotene, beta....mcg	0		0	Z	7		0	0	0
Carotene, alpha....mcg	0		0	Z	7		0	0	0
Cryptoxanthin, beta....mcg	0		0	Z	7		0	0	0
Vitamin A, IU....IU	0		0	NC	4		0	0	0
Lycopene....mcg	0		0	Z	7		0	0	0
Lutein + zeaxanthin....mcg	0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)....mg	0.19		0	A	1		0.04	0.05	0.13
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg	0.00		1	A	1		0.00	0.00	0.00
Tocopherol, gamma....mg	0.00		1	A	1		0.00	0.00	0.00
Tocopherol, delta....mg	0.00		1	A	1		0.00	0.00	0.00
Vitamin D (D2 + D3)....mcg	0.1		0	T	4		0.0	0.0	0.1
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	4		0	T	4		1	1	3
Vitamin K (phylloquinone)....mcg	0.6		1	A	1		0.1	0.2	0.4
Lipids:									
Fatty acids, total saturated....g	1.650		0	NC	4		0.363	0.468	1.171
4:0....g	0.000		0		1		0.000	0.000	0.000

NDB No. 03010
Babyfood, meat, lamb, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		1		0.000	0.000	0.000
8:0 g	0.000		0	NR	4		0.000	0.000	0.000
10:0 g	0.000		1	A	1		0.000	0.000	0.000
12:0 g	0.010		1	A	1		0.002	0.003	0.007
13:0 g									
14:0 g	0.150		1	A	1		0.033	0.043	0.107
15:0 g	0.020		1	A	1		0.004	0.006	0.014
16:0 g	0.720		1	A	1		0.158	0.204	0.511
17:0 g	0.050		1	A	1		0.011	0.014	0.036
18:0 g	0.680		1	A	1		0.150	0.193	0.483
20:0 g	0.020		1	A	1		0.004	0.006	0.014
22:0 g	0.000		1	A	1		0.000	0.000	0.000
24:0 g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated g	1.270		0	NC	4		0.279	0.360	0.902
14:1 g	0.000		1	A	1		0.000	0.000	0.000
15:1 g	0.000		1	A	1		0.000	0.000	0.000
16:1 undifferentiated g	0.070		1	A	1		0.015	0.020	0.050
17:1 g	0.030		1	A	1		0.007	0.008	0.021
18:1 undifferentiated g	1.170		1	A	1		0.257	0.332	0.831
20:1 g	0.000		0	Z	7		0.000	0.000	0.000
22:1 undifferentiated g	0.000		1	A	1		0.000	0.000	0.000
24:1 c g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated g	0.310		0	NC	4		0.068	0.088	0.220
18:2 undifferentiated g	0.170		1	A	1		0.037	0.048	0.121
18:3 undifferentiated g	0.080		1	A	1		0.018	0.023	0.057
18:4 g	0.000		1	A	1		0.000	0.000	0.000
20:2 n-6 c,c g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated g	0.020		1	A	1		0.004	0.006	0.014
20:5 n-3 (EPA) g	0.020		1	A	1		0.004	0.006	0.014
22:5 n-3 (DPA) g	0.020		1	A	1		0.004	0.006	0.014
22:6 n-3 (DHA) g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	36		1	A	1		8	10	26
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	Z	7		0	0	0
Theobromine mg	0		0	Z	7		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 22g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 71g: 1 jar

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03021
Babyfood, meat, meat sticks, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	69.50	0.200	6		1		6.95	49.35	49.35
Energy	kcal	184		0	NC	4		18	131	131
Energy	kJ	770		0		4		77	547	547
Protein (N x 6.25)	g	13.40	0.200	7		1		1.34	9.51	9.51
Total lipid (fat)	g	14.60	0.100	6		1		1.46	10.37	10.37
Ash	g	1.40	0.000	5		1		0.14	0.99	0.99
Carbohydrate, by difference	g	1.10		0	NC	4		0.11	0.78	0.78
Fiber, total dietary	g	0.2		0		4		0.0	0.1	0.1
Sugars, total	g	0.80		0	FLA	4		0.08	0.57	0.57
Starch	g									
Minerals:										
Calcium, Ca	mg	34	1.000	13		1		3	24	24
Iron, Fe	mg	1.38	0.020	13		1		0.14	0.98	0.98
Magnesium, Mg	mg	11		0		4		1	8	8
Phosphorus, P	mg	103		1		1		10	73	73
Potassium, K	mg	114		1		1		11	81	81
Sodium, Na	mg	547		1		1		55	388	388
Zinc, Zn	mg	1.90		0		4		0.19	1.35	1.35
Copper, Cu	mg	0.068		0		4		0.007	0.048	0.048
Manganese, Mn	mg									
Selenium, Se	mcg	13.3	0.577	3	A	1		1.3	9.4	9.4
Vitamins:										
Vitamin C, total ascorbic acid	mg	2.4	0.100	12		1		0.2	1.7	1.7
Thiamin	mg	0.059	0.000	15		1		0.006	0.042	0.042
Riboflavin	mg	0.172	0.012	13		1		0.017	0.122	0.122
Niacin	mg	1.481	0.056	13		1		0.148	1.052	1.052
Pantothenic acid	mg	0.481		0		4		0.048	0.342	0.342
Vitamin B-6	mg	0.080	0.000	4		1		0.008	0.057	0.057
Folate, total	mcg	3		0	FLA	4		0	2	2
Folic acid	mcg	0		0	FLA	4		0	0	0
Folate, food	mcg	3		0	FLA	4		0	2	2
Folate, DFE	mcg_DFE	3		0	NC	4		0	2	2
Choline, total	mg	56.8		0	FLM	4		5.7	40.3	40.3
Betaine	mg									
Vitamin B-12	mcg	0.29		0		4		0.03	0.21	0.21
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	21		0	NC	4		2	15	15
Retinol	mcg	21		0	BNA	4		2	15	15
Carotene, beta	mcg	0		0	BNA	4		0	0	0
Carotene, alpha	mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU	IU	69		0	NC	4		7	49	49
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.28		0	FLA	4		0.03	0.20	0.20
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.2		0	FLA	4		0.0	0.2	0.2
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.2		0	FLA	4		0.0	0.2	0.2
Vitamin D	IU	9		0	FLA	4		1	6	6
Vitamin K (phylloquinone)	mcg	0.5		0	FLA	4		0.0	0.3	0.3
Lipids:										
Fatty acids, total saturated	g	5.820		1		1		0.582	4.132	4.132
4:0	g	0.000		0		1		0.000	0.000	0.000

NDB No. 03021
Babyfood, meat, meat sticks, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		1		0.000	0.000	0.000
8:0 g	0.000		0		1		0.000	0.000	0.000
10:0 g	0.010		1		1		0.001	0.007	0.007
12:0 g	0.020		1		1		0.002	0.014	0.014
13:0 g									
14:0 g	0.250		1		1		0.025	0.178	0.178
15:0 g									
16:0 g	3.570		1		1		0.357	2.535	2.535
17:0 g									
18:0 g	1.780		1		1		0.178	1.264	1.264
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	6.480		1		1		0.648	4.601	4.601
14:1 g									
15:1 g									
16:1 undifferentiated g	0.460		1		1		0.046	0.327	0.327
17:1 g									
18:1 undifferentiated g	5.890		1		1		0.589	4.182	4.182
20:1 g	0.070		1		1		0.007	0.050	0.050
22:1 undifferentiated g	0.000		0		1		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	1.590		1		1		0.159	1.129	1.129
18:2 undifferentiated g	1.460		1		1		0.146	1.037	1.037
18:3 undifferentiated g	0.070		1		1		0.007	0.050	0.050
18:4 g	0.000		0		1		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.060		1		1		0.006	0.043	0.043
20:5 n-3 (EPA) g	0.000		0		1		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		1		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		1		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	70		0		4		7	50	50
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.092		0		1		0.009	0.065	0.065
Threonine g	0.581		0		1		0.058	0.413	0.413
Isoleucine g	0.667		0		1		0.067	0.474	0.474
Leucine g	1.042		0		1		0.104	0.740	0.740
Lysine g	1.034		0		1		0.103	0.734	0.734
Methionine g	0.309		0		1		0.031	0.219	0.219
Cystine g	0.073		0		1		0.007	0.052	0.052
Phenylalanine g	0.607		0		1		0.061	0.431	0.431
Tyrosine g	0.521		0		1		0.052	0.370	0.370
Valine g	0.691		0		1		0.069	0.491	0.491
Arginine g	0.871		0		1		0.087	0.618	0.618
Histidine g	0.461		0		1		0.046	0.327	0.327
Alanine g	0.785		0		1		0.079	0.557	0.557
Aspartic acid g	1.126		0		1		0.113	0.799	0.799
Glutamic acid g	2.023		0		1		0.202	1.436	1.436
Glycine g	0.682		0		1		0.068	0.484	0.484
Proline g	0.759		0		1		0.076	0.539	0.539
Serine g	0.495		0		1		0.050	0.351	0.351
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03021

Babyfood, meat, meat sticks, junior

Common Measures:

Measure 1 = 10.0g: 1 stick

Measure 2 = 71g: 1 jar

Measure 3 = 71g: 1 jar Gerber Graduate (2.5 oz)

Calories Factors: Protein 4 **Fat** 8.7 **Carbohydrate** 2.7

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03007
Babyfood, meat, pork, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	78.40	0.300	18		1		22.23	55.66	
Energy	kcal	124		0	NC	4		35	88	
Energy	kJ	518		0	NC	4		147	368	
Protein (N x 6.25)	g	14.00	0.100	12		1		3.97	9.94	
Total lipid (fat)	g	7.10	0.200	12		1		2.01	5.04	
Ash	g	1.10	0.000	16		1		0.31	0.78	
Carbohydrate, by difference	g	0.00		0		1		0.00	0.00	
Fiber, total dietary	g	0.0		0		4		0.0	0.0	
Sugars, total	g	0.00		0	Z	7		0.00	0.00	
Starch	g									
Minerals:										
Calcium, Ca	mg	5	0.000	16		1		1	4	
Iron, Fe	mg	1.00	0.050	17		1		0.28	0.71	
Magnesium, Mg	mg	10		1		1		3	7	
Phosphorus, P	mg	94		2		1		27	67	
Potassium, K	mg	223		1		1		63	158	
Sodium, Na	mg	42	2.000	6		1		12	30	
Zinc, Zn	mg	2.27	0.102	4		1		0.64	1.61	
Copper, Cu	mg	0.072	0.005	3		1		0.020	0.051	
Manganese, Mn	mg									
Selenium, Se	mcg	12.9	1.160	3	A	1		3.7	9.2	
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.8	0.100	10		1		0.5	1.3	
Thiamin	mg	0.146	0.005	12		1		0.041	0.104	
Riboflavin	mg	0.203	0.008	12		1		0.058	0.144	
Niacin	mg	2.269	0.044	11		1		0.643	1.611	
Pantothenic acid	mg	0.272		0		4		0.077	0.193	
Vitamin B-6	mg	0.205		15		1		0.058	0.146	
Folate, total	mcg	2	0.300	3		1		1	1	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	2	0.300	3		1		1	1	
Folate, DFE	mcg_DFE	2		0	NC	4		1	1	
Choline, total	mg									
Betaine	mg									
Vitamin B-12	mcg	0.99		1		1		0.28	0.70	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	11		0	NC	4		3	8	
Retinol	mcg	11		0	NC	4		3	8	
Carotene, beta	mcg	0		0	Z	7		0	0	
Carotene, alpha	mcg	0		0	Z	7		0	0	
Cryptoxanthin, beta	mcg	0		0	Z	7		0	0	
Vitamin A, IU	IU	38	12.000	3		1		11	27	
Lycopene	mcg	0		0	Z	7		0	0	
Lutein + zeaxanthin	mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)	mg	0.40		0	NR	4		0.11	0.28	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg									
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU									
Vitamin K (phylloquinone)	mcg									
Lipids:										
Fatty acids, total saturated	g	2.400		1		1		0.680	1.704	
4:0	g	0.000		0		1		0.000	0.000	

NDB No. 03007
Babyfood, meat, pork, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		1		0.000	0.000	
8:0 g	0.000		0		1		0.000	0.000	
10:0 g	0.000		1		1		0.000	0.000	
12:0 g	0.000		1		1		0.000	0.000	
13:0 g									
14:0 g	0.080		1		1		0.023	0.057	
15:0 g									
16:0 g	1.530		1		1		0.434	1.086	
17:0 g									
18:0 g	0.720		1		1		0.204	0.511	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	3.580		1		1		1.015	2.542	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.230		1		1		0.065	0.163	
17:1 g									
18:1 undifferentiated g	3.270		1		1		0.927	2.322	
20:1 g	0.070		1		1		0.020	0.050	
22:1 undifferentiated g	0.000		0		1		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.780		1		1		0.221	0.554	
18:2 undifferentiated g	0.690		1		1		0.196	0.490	
18:3 undifferentiated g	0.030		1		1		0.009	0.021	
18:4 g	0.000		0		1		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		1		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0		1		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		1		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		1		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	48		0		4		14	34	
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.136		0		1		0.039	0.097	
Threonine g	0.617		0		1		0.175	0.438	
Isoleucine g	0.680		0		1		0.193	0.483	
Leucine g	1.127		0		1		0.320	0.800	
Lysine g	1.158		0		1		0.328	0.822	
Methionine g	0.398		0		1		0.113	0.283	
Cystine g	0.154		0		1		0.044	0.109	
Phenylalanine g	0.570		0		1		0.162	0.405	
Tyrosine g	0.510		0		1		0.145	0.362	
Valine g	0.702		0		1		0.199	0.498	
Arginine g	0.948		0		1		0.269	0.673	
Histidine g	0.447		0		1		0.127	0.317	
Alanine g	0.879		0		1		0.249	0.624	
Aspartic acid g	1.310		0		1		0.371	0.930	
Glutamic acid g	2.133		0		1		0.605	1.514	
Glycine g	0.760		0		1		0.215	0.540	
Proline g	0.747		0		1		0.212	0.530	
Serine g	0.541		0		1		0.153	0.384	
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	Z	7		0	0	
Theobromine mg	0		0	Z	7		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03007
Babyfood, meat, pork, strained

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 71g: 1 jar

Calories Factors: Protein 4.27 **Fat** 9.02 **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03017
Babyfood, meat, turkey sticks, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	69.80	0.800	4		1		6.98	49.56	49.56
Energy	kcal	182		0	NC	4		18	129	129
Energy	kJ	762		0	NC	4		76	541	541
Protein (N x 6.25)	g	13.70	0.300	5		1		1.37	9.73	9.73
Total lipid (fat)	g	14.20	0.500	5		1		1.42	10.08	10.08
Ash	g	0.90	0.300	4		1		0.09	0.64	0.64
Carbohydrate, by difference	g	1.40		0	NC	4		0.14	1.00	1.00
Fiber, total dietary	g	0.5		0		4		0.1	0.4	0.4
Sugars, total	g	1.40		0	FLA	4		0.14	0.99	0.99
Starch	g									
Minerals:										
Calcium, Ca	mg	72	11.000	3		1		7	51	51
Iron, Fe	mg	1.24	0.130	4		1		0.12	0.88	0.88
Magnesium, Mg	mg	16		0		4		2	11	11
Phosphorus, P	mg	103		1		1		10	73	73
Potassium, K	mg	91		1		1		9	65	65
Sodium, Na	mg	483		1		1		48	343	343
Zinc, Zn	mg	1.83		0		4		0.18	1.30	1.30
Copper, Cu	mg	0.040		0		4		0.004	0.028	0.028
Manganese, Mn	mg									
Selenium, Se	mcg	10.1	0.462	3	A	1		1.0	7.2	7.2
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.5	0.100	4		1		0.2	1.1	1.1
Thiamin	mg	0.010	0.000	6		1		0.001	0.007	0.007
Riboflavin	mg	0.155	0.005	4		1		0.016	0.110	0.110
Niacin	mg	1.752	0.028	4		1		0.175	1.244	1.244
Pantothenic acid	mg	0.570		0		4		0.057	0.405	0.405
Vitamin B-6	mg	0.076	0.004	6		1		0.008	0.054	0.054
Folate, total	mcg	11		0		4		1	8	8
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	11		0		4		1	8	8
Folate, DFE	mcg_DFE	11		0	NC	4		1	8	8
Choline, total	mg	53.3		0	FLA	4		5.3	37.8	37.8
Betaine	mg									
Vitamin B-12	mcg	1.00		0		4		0.10	0.71	0.71
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	6		0	NC	4		1	4	4
Retinol	mcg	6		0	BNA	4		1	4	4
Carotene, beta	mcg	0		0	BNA	4		0	0	0
Carotene, alpha	mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU	IU	19		0	NC	4		2	13	13
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	0		0	FLA	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.37		0	FLA	4		0.04	0.26	0.26
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.1		0	AS	1		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.1		0	FLA	4		0.0	0.0	0.0
Vitamin D	IU	2		0	FLA	4		0	2	2
Vitamin K (phylloquinone)	mcg	0.4		0	FLA	4		0.0	0.3	0.3
Lipids:										
Fatty acids, total saturated	g	4.143		0		4		0.414	2.942	2.942
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03017
Babyfood, meat, turkey sticks, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ....g	0.000		0		4		0.000	0.000	0.000
8:0 ....g	0.000		0		4		0.000	0.000	0.000
10:0 ....g	0.000		0		4		0.000	0.000	0.000
12:0 ....g	0.020		0		4		0.002	0.014	0.014
13:0 ....g									
14:0 ....g	0.102		0		4		0.010	0.072	0.072
15:0 ....g									
16:0 ....g	2.539		0		4		0.254	1.803	1.803
17:0 ....g									
18:0 ....g	1.015		0		4		0.102	0.721	0.721
20:0 ....g									
22:0 ....g									
24:0 ....g									
Fatty acids, total monounsaturated ....g	4.671		0		4		0.467	3.316	3.316
14:1 ....g									
15:1 ....g									
16:1 undifferentiated ....g	0.772		0		4		0.077	0.548	0.548
17:1 ....g									
18:1 undifferentiated ....g	3.798		0		4		0.380	2.697	2.697
20:1 ....g	0.020		0		4		0.002	0.014	0.014
22:1 undifferentiated ....g	0.020		0		4		0.002	0.014	0.014
24:1 c ....g									
Fatty acids, total polyunsaturated ....g	3.615		0		4		0.362	2.567	2.567
18:2 undifferentiated ....g	3.006		0		4		0.301	2.134	2.134
18:3 undifferentiated ....g	0.163		0		4		0.016	0.116	0.116
18:4 ....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c ....g									
20:3 undifferentiated ....g									
20:4 undifferentiated ....g	0.284		0		4		0.028	0.202	0.202
20:5 n-3 (EPA) ....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) ....g	0.041		0		4		0.004	0.029	0.029
22:6 n-3 (DHA) ....g	0.061		0		4		0.006	0.043	0.043
Fatty acids, total trans ....g									
Cholesterol ....mg	65		0		4		7	46	46
Phytosterols ....mg									
Amino Acids:									
Tryptophan ....g	0.101		0		1		0.010	0.072	0.072
Threonine ....g	0.546		0		1		0.055	0.388	0.388
Isoleucine ....g	0.629		0		1		0.063	0.447	0.447
Leucine ....g	1.071		0		1		0.107	0.760	0.760
Lysine ....g	1.176		0		1		0.118	0.835	0.835
Methionine ....g	0.304		0		1		0.030	0.216	0.216
Cystine ....g	0.122		0		1		0.012	0.087	0.087
Phenylalanine ....g	0.610		0		1		0.061	0.433	0.433
Tyrosine ....g	0.483		0		1		0.048	0.343	0.343
Valine ....g	0.651		0		1		0.065	0.462	0.462
Arginine ....g	0.883		0		1		0.088	0.627	0.627
Histidine ....g	0.367		0		1		0.037	0.261	0.261
Alanine ....g	0.704		0		1		0.070	0.500	0.500
Aspartic acid ....g	1.272		0		1		0.127	0.903	0.903
Glutamic acid ....g	2.196		0		1		0.220	1.559	1.559
Glycine ....g	0.682		0		1		0.068	0.484	0.484
Proline ....g	0.651		0		1		0.065	0.462	0.462
Serine ....g	0.505		0		1		0.051	0.359	0.359
Hydroxyproline ....g									
Others:									
Alcohol, ethyl ....g	0.0		0		7		0.0	0.0	0.0
Caffeine ....mg	0		0	FLA	4		0	0	0
Theobromine ....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03017

Babyfood, meat, turkey sticks, junior

Common Measures:

Measure 1 = 10.0g: 1 stick

Measure 2 = 71g: 1 jar

Measure 3 = 71g: 1 jar Gerber Graduate (2.5 oz)

Calories Factors: Protein 4 **Fat** 8.7 **Carbohydrate** 2.7

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03016
Babyfood, meat, turkey, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	80.32	1.442	3	A	1		15.26	54.62	
Energy....kcal	111		0	NC	4		21	75	
Energy....kJ	463		0	NC	4		88	315	
Protein (N x 6.25)....g	11.50	0.642	3	A	1		2.18	7.82	
Total lipid (fat)....g	6.20	0.657	3	A	1		1.18	4.22	
Ash....g	0.58	0.020	3	A	1		0.11	0.40	
Carbohydrate, by difference....g	1.40		0	NC	4		0.27	0.95	
Fiber, total dietary....g	0.0		0	Z	7		0.0	0.0	
Sugars, total....g	0.00		0	Z	7		0.00	0.00	
Starch....g									
Minerals:									
Calcium, Ca....mg	41	9.280	3	A	1		8	28	
Iron, Fe....mg	0.70	0.065	3	A	1		0.13	0.48	
Magnesium, Mg....mg	12	0.577	3	A	1		2	8	
Phosphorus, P....mg	117	3.333	3	A	1		22	79	
Potassium, K....mg	135	13.229	3	A	1		26	92	
Sodium, Na....mg	47	3.383	3	A	1		9	32	
Zinc, Zn....mg	1.77	0.186	3	A	1		0.34	1.20	
Copper, Cu....mg	0.148	0.000	3	A	1		0.028	0.100	
Manganese, Mn....mg	0.037	0.000	3	A	1		0.007	0.025	
Selenium, Se....mcg	12.0	2.421	3	A	1		2.3	8.1	
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.0		0	Z	7		0.0	0.0	
Thiamin....mg	0.008		2	A	1		0.002	0.006	
Riboflavin....mg	0.163		2	A	1		0.031	0.111	
Niacin....mg	2.610		2	A	1		0.496	1.775	
Pantothenic acid....mg	0.410		1	A	1		0.078	0.279	
Vitamin B-6....mg	0.029		2	A	1		0.006	0.020	
Folate, total....mcg	8	2.082	3	A	1		2	5	
Folic acid....mcg	0		2	A	1		0	0	
Folate, food....mcg	8	2.082	3	AS	1		2	5	
Folate, DFE....mcg_DFE	8		0	NC	4		2	5	
Choline, total....mg	39.8	1.942	3	AS	1		7.6	27.0	
Betaine....mg	4.7	0.530	3	A	1		0.9	3.2	
Vitamin B-12....mcg	1.11		2	A	1		0.21	0.75	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0	0	
Retinol....mcg	0		0	BFSN	4		0	0	
Carotene, beta....mcg	0		0	Z	7		0	0	
Carotene, alpha....mcg	0		0	Z	7		0	0	
Cryptoxanthin, beta....mcg	0		0	Z	7		0	0	
Vitamin A, IU....IU	0		0	BFSN	4		0	0	
Lycopene....mcg	0		0	Z	7		0	0	
Lutein + zeaxanthin....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)....mg	0.08	0.015	3	A	1		0.02	0.06	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg	0.00	0.000	3	A	1		0.00	0.00	
Tocopherol, gamma....mg	0.03	0.024	3	A	1		0.01	0.02	
Tocopherol, delta....mg	0.00	0.000	3	A	1		0.00	0.00	
Vitamin D (D2 + D3)....mcg	0.8		1	A	1		0.2	0.6	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	34		1	A	1		6	23	
Vitamin K (phylloquinone)....mcg	0.0	0.000	3	A	1		0.0	0.0	
Lipids:									
Fatty acids, total saturated....g	1.641		0	NC	4		0.312	1.116	
4:0....g	0.000		0	Z	7		0.000	0.000	

NDB No. 03016
Babyfood, meat, turkey, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0	Z	7		0.000	0.000	
8:0 g	0.000		1	A	1		0.000	0.000	
10:0 g	0.000		1	A	1		0.000	0.000	
12:0 g	0.000		1	A	1		0.000	0.000	
13:0 g									
14:0 g	0.040		1	A	1		0.008	0.027	
15:0 g	0.000		1	A	1		0.000	0.000	
16:0 g	0.770		1	A	1		0.146	0.524	
17:0 g	0.010		1	A	1		0.002	0.007	
18:0 g	0.330		1	A	1		0.063	0.224	
20:0 g	0.000		1	A	1		0.000	0.000	
22:0 g	0.000		1	A	1		0.000	0.000	
24:0 g	0.000		1	A	1		0.000	0.000	
Fatty acids, total monounsaturated g	2.384		0	NC	4		0.453	1.621	
14:1 g	0.000		1	A	1		0.000	0.000	
15:1 g	0.000		1	A	1		0.000	0.000	
16:1 undifferentiated g	0.140		1	A	1		0.027	0.095	
17:1 g	0.000		1	A	1		0.000	0.000	
18:1 undifferentiated g	1.520		1	A	1		0.289	1.034	
20:1 g	0.010		1	A	1		0.002	0.007	
22:1 undifferentiated g	0.000		1	A	1		0.000	0.000	
24:1 c g	0.000		1	A	1		0.000	0.000	
Fatty acids, total polyunsaturated g	1.741		0	NC	4		0.331	1.184	
18:2 undifferentiated g	1.040		1	A	1		0.198	0.707	
18:3 undifferentiated g	0.060		1	A	1		0.011	0.041	
18:4 g	0.020		1	A	1		0.004	0.014	
20:2 n-6 c,c g	0.000		1	A	1		0.000	0.000	
20:3 undifferentiated g	0.000		1	A	1		0.000	0.000	
20:4 undifferentiated g	0.050		1	A	1		0.010	0.034	
20:5 n-3 (EPA) g	0.000		1	A	1		0.000	0.000	
22:5 n-3 (DPA) g	0.040		1	A	1		0.008	0.027	
22:6 n-3 (DHA) g	0.000		1	A	1		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	58	2.427	3	A	1		11	39	
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0	0.0	
Caffeine mg	0		0	Z	7		0	0	
Theobromine mg	0		0	Z	7		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 19g: 1 tbsp

Measure 2 = 68g: 1 container

Calories Factors: Protein 4.27 **Fat** 9.02 **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03015
Babyfood, meat, turkey, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	80.32	1.442	3	A	1		12.05	22.77	57.03
Energy....kcal	111		0	NC	4		17	31	79
Energy....kJ	463		0	NC	4		69	131	329
Protein (N x 6.25)....g	11.50	0.642	3	A	1		1.72	3.26	8.16
Total lipid (fat)....g	6.20	0.657	3	A	1		0.93	1.76	4.40
Ash....g	0.58	0.020	3	A	1		0.09	0.17	0.41
Carbohydrate, by difference....g	1.40		0	NC	4		0.21	0.40	0.99
Fiber, total dietary....g	0.0		0		4		0.0	0.0	0.0
Sugars, total....g	0.00		0	Z	7		0.00	0.00	0.00
Starch....g									
Minerals:									
Calcium, Ca....mg	41	9.280	3	A	1		6	12	29
Iron, Fe....mg	0.70	0.065	3	A	1		0.10	0.20	0.50
Magnesium, Mg....mg	12	0.577	3	A	1		2	3	9
Phosphorus, P....mg	117	3.333	3	A	1		18	33	83
Potassium, K....mg	135	13.229	3	A	1		20	38	96
Sodium, Na....mg	47	3.383	3	A	1		7	13	33
Zinc, Zn....mg	1.77	0.186	3	A	1		0.26	0.50	1.25
Copper, Cu....mg	0.148	0.000	3	A	1		0.022	0.042	0.105
Manganese, Mn....mg	0.037	0.000	3	A	1		0.006	0.010	0.026
Selenium, Se....mcg	12.0	2.421	3	A	1		1.8	3.4	8.5
Vitamins:									
Vitamin C, total ascorbic acid....mg	2.2	0.200	19		1		0.3	0.6	1.6
Thiamin....mg	0.008		2	A	1		0.001	0.002	0.006
Riboflavin....mg	0.163		2	A	1		0.024	0.046	0.116
Niacin....mg	2.610		2	A	1		0.391	0.740	1.853
Pantothenic acid....mg	0.410		1	A	1		0.061	0.116	0.291
Vitamin B-6....mg	0.029		2	A	1		0.004	0.008	0.021
Folate, total....mcg	8	2.082	3	A	1		1	2	6
Folic acid....mcg	0		2	A	1		0	0	0
Folate, food....mcg	8	2.082	3	AS	1		1	2	6
Folate, DFE....mcg_DFE	8		0	NC	4		1	2	6
Choline, total....mg	39.8	1.942	3	AS	1		6.0	11.3	28.2
Betaine....mg	4.7	0.530	3	A	1		0.7	1.3	3.4
Vitamin B-12....mcg	1.11		2	A	1		0.17	0.31	0.79
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0	0	0
Retinol....mcg	0		0	BFSN	4		0	0	0
Carotene, beta....mcg	0		0	Z	7		0	0	0
Carotene, alpha....mcg	0		0	Z	7		0	0	0
Cryptoxanthin, beta....mcg	0		0	Z	7		0	0	0
Vitamin A, IU....IU	0		0	BFSN	4		0	0	0
Lycopene....mcg	0		0	Z	7		0	0	0
Lutein + zeaxanthin....mcg	0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)....mg	0.08	0.015	3	A	1		0.01	0.02	0.06
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg	0.00	0.000	3	A	1		0.00	0.00	0.00
Tocopherol, gamma....mg	0.03	0.024	3	A	1		0.00	0.01	0.02
Tocopherol, delta....mg	0.00	0.000	3	A	1		0.00	0.00	0.00
Vitamin D (D2 + D3)....mcg	0.8		1	A	1		0.1	0.2	0.6
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	34		1	A	1		5	10	24
Vitamin K (phylloquinone)....mcg	0.0	0.000	3	A	1		0.0	0.0	0.0
Lipids:									
Fatty acids, total saturated....g	1.641		0	NC	4		0.246	0.465	1.165
4:0....g	0.000		0		1		0.000	0.000	0.000

NDB No. 03015
Babyfood, meat, turkey, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		1		0.000	0.000	0.000
8:0 g	0.000		1	A	1		0.000	0.000	0.000
10:0 g	0.000		1	A	1		0.000	0.000	0.000
12:0 g	0.000		1	A	1		0.000	0.000	0.000
13:0 g									
14:0 g	0.040		1	A	1		0.006	0.011	0.028
15:0 g	0.000		1	A	1		0.000	0.000	0.000
16:0 g	0.770		1	A	1		0.115	0.218	0.547
17:0 g	0.010		1	A	1		0.001	0.003	0.007
18:0 g	0.330		1	A	1		0.050	0.094	0.234
20:0 g	0.000		1	A	1		0.000	0.000	0.000
22:0 g	0.000		1	A	1		0.000	0.000	0.000
24:0 g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated g	2.384		0	NC	4		0.358	0.676	1.692
14:1 g	0.000		1	A	1		0.000	0.000	0.000
15:1 g									
16:1 undifferentiated g	0.140		1	A	1		0.021	0.040	0.099
17:1 g	0.000		1	A	1		0.000	0.000	0.000
18:1 undifferentiated g	1.520		1	A	1		0.228	0.431	1.079
20:1 g	0.010		1	A	1		0.002	0.003	0.007
22:1 undifferentiated g	0.000		1	A	1		0.000	0.000	0.000
24:1 c g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated g	1.741		0	NC	4		0.261	0.494	1.236
18:2 undifferentiated g	1.040		1	A	1		0.156	0.295	0.738
18:3 undifferentiated g	0.060		1	A	1		0.009	0.017	0.043
18:4 g	0.020		1	A	1		0.003	0.006	0.014
20:2 n-6 c,c g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated g	0.050		1	A	1		0.008	0.014	0.036
20:5 n-3 (EPA) g	0.000		1	A	1		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.040		1	A	1		0.006	0.011	0.028
22:6 n-3 (DHA) g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	58	2.427	3	A	1		9	16	41
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.149		0		1		0.022	0.042	0.106
Threonine g	0.633		0		1		0.095	0.179	0.449
Isoleucine g	0.717		0		1		0.108	0.203	0.509
Leucine g	1.138		0		1		0.171	0.323	0.808
Lysine g	1.184		0		1		0.178	0.336	0.841
Methionine g	0.443		0		1		0.066	0.126	0.315
Cystine g	0.174		0		1		0.026	0.049	0.124
Phenylalanine g	0.590		0		1		0.089	0.167	0.419
Tyrosine g	0.503		0		1		0.075	0.143	0.357
Valine g	0.727		0		1		0.109	0.206	0.516
Arginine g	0.909		0		1		0.136	0.258	0.645
Histidine g	0.366		0		1		0.055	0.104	0.260
Alanine g	0.905		0		1		0.136	0.257	0.643
Aspartic acid g	1.426		0		1		0.214	0.404	1.012
Glutamic acid g	2.267		0		1		0.340	0.643	1.610
Glycine g	0.941		0		1		0.141	0.267	0.668
Proline g	0.704		0		1		0.106	0.200	0.500
Serine g	0.562		0		1		0.084	0.159	0.399
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	Z	7		0	0	0
Theobromine mg	0		0	Z	7		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03015
Babyfood, meat, turkey, strained

Common Measures:

Measure 1 = 15.0g: 1 tbsp
Measure 2 = 28.35g: 1 oz
Measure 3 = 71g: 1 jar

Calories Factors: Protein 4.27 **Fat** 9.02 **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03005
Babyfood, meat, veal, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	82.37		2	A	1		13.18	23.35	58.49
Energy	kcal	81		0	NC	4		13	23	57
Energy	kJ	337		0	NC	4		54	96	239
Protein	g	13.12		2	A	1		2.10	3.72	9.32
Total lipid (fat)	g	2.45		2	A	1		0.39	0.69	1.74
Ash	g	0.54		2	A	1		0.09	0.15	0.39
Carbohydrate, by difference	g	1.51		0	NC	4		0.24	0.43	1.07
Fiber, total dietary	g	0.0		0	Z	7		0.0	0.0	0.0
Sugars, total	g	0.00		0	Z	7		0.00	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	6		1	A	1		1	2	4
Iron, Fe	mg	0.76		1	A	1		0.12	0.22	0.54
Magnesium, Mg	mg	11		1	A	1		2	3	8
Phosphorus, P	mg	98		1	A	1		16	28	70
Potassium, K	mg	170		1	A	1		27	48	121
Sodium, Na	mg	39		1	A	1		6	11	28
Zinc, Zn	mg	2.50		1	A	1		0.40	0.71	1.78
Copper, Cu	mg	0.148		1	A	1		0.024	0.042	0.105
Manganese, Mn	mg	0.037		1	A	1		0.006	0.010	0.026
Selenium, Se	mcg	3.5		1	A	1		0.6	1.0	2.5
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.0		0	Z	7		0.0	0.0	0.0
Thiamin	mg	0.023		1	A	1		0.004	0.006	0.016
Riboflavin	mg	0.116		1	A	1		0.019	0.033	0.082
Niacin	mg	2.850		1	A	1		0.456	0.808	2.023
Pantothenic acid	mg	0.155		1	A	1		0.025	0.044	0.110
Vitamin B-6	mg	0.049		1	A	1		0.008	0.014	0.035
Folate, total	mcg	5		1	A	1		1	1	4
Folic acid	mcg	0		1	A	1		0	0	0
Folate, food	mcg	5		0	AS	1		1	1	4
Folate, DFE	mcg_DFE	5		0	NC	4		1	1	4
Choline, total	mg	49.5		0	AS	1		7.9	14.0	35.2
Betaine	mg	6.9		1	A	1		1.1	2.0	4.9
Vitamin B-12	mcg	1.65		1	A	1		0.26	0.47	1.17
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	0		0	AS	1		0	0	0
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	0		0	Z	7		0	0	0
Carotene, alpha	mcg	0		0	Z	7		0	0	0
Cryptoxanthin, beta	mcg	0		0	Z	7		0	0	0
Vitamin A, IU	IU	0		0	AS	1		0	0	0
Lycopene	mcg	0		0	Z	7		0	0	0
Lutein + zeaxanthin	mcg	0		0	Z	7		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.28		1	A	1		0.04	0.08	0.20
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg	0.00		1	A	1		0.00	0.00	0.00
Tocopherol, gamma	mg	0.01		1	A	1		0.00	0.00	0.01
Tocopherol, delta	mg	0.00		1	A	1		0.00	0.00	0.00
Vitamin D (D2 + D3)	mcg	0.7		1	A	1		0.1	0.2	0.5
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	26		1	A	1		4	7	19
Vitamin K (phylloquinone)	mcg	0.0		1	A	1		0.0	0.0	0.0
Lipids:										
Fatty acids, total saturated	g	1.063		0	NC	4		0.170	0.301	0.755
4:0	g	0.000		0	Z	7		0.000	0.000	0.000

NDB No. 03005
Babyfood, meat, veal, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0	Z	7		0.000	0.000	0.000
8:0 g	0.000		1	A	1		0.000	0.000	0.000
10:0 g	0.000		1	A	1		0.000	0.000	0.000
12:0 g	0.009		1	A	1		0.001	0.002	0.006
13:0 g									
14:0 g	0.131		1	A	1		0.021	0.037	0.093
15:0 g	0.009		1	A	1		0.001	0.002	0.006
16:0 g	0.575		1	A	1		0.092	0.163	0.408
17:0 g	0.026		1	A	1		0.004	0.007	0.018
18:0 g	0.314		1	A	1		0.050	0.089	0.223
20:0 g	0.000		1	A	1		0.000	0.000	0.000
22:0 g	0.000		1	A	1		0.000	0.000	0.000
24:0 g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated g	1.054		0	NC	4		0.169	0.299	0.749
14:1 g	0.026		1	A	1		0.004	0.007	0.019
15:1 g	0.000		1	A	1		0.000	0.000	0.000
16:1 undifferentiated g	0.105		1	A	1		0.017	0.030	0.074
17:1 g	0.017		1	A	1		0.003	0.005	0.012
18:1 undifferentiated g	0.898		1	A	1		0.144	0.254	0.637
20:1 g	0.009		1	A	1		0.001	0.002	0.006
22:1 undifferentiated g	0.000		1	A	1		0.000	0.000	0.000
24:1 c g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated g	0.157		0	NC	4		0.025	0.044	0.111
18:2 undifferentiated g	0.104		1	A	1		0.017	0.030	0.074
18:3 undifferentiated g	0.017		1	A	1		0.003	0.005	0.012
18:4 g	0.017		1	A	1		0.003	0.005	0.012
20:2 n-6 c,c g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated g	0.017		1	A	1		0.003	0.005	0.012
20:5 n-3 (EPA) g	0.000		1	A	1		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		1	A	1		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	33		1	A	1		5	9	23
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine mg	0		0	Z	7		0	0	0
Theobromine mg	0		0	Z	7		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 71g: 1 jar

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 42120
Babyfood, mixed fruit juice with low fat yogurt

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.50		0		5		25.67	102.69	
Energy	kcal	76		0	NC	4		24	95	
Energy	kJ	316		0	NC	4		100	398	
Protein	g	2.40		0		5		0.76	3.02	
Total lipid (fat)	g	0.80		0		5		0.25	1.01	
Ash	g	0.62		0	T	4		0.20	0.78	
Carbohydrate, by difference	g	14.68		0	NC	4		4.62	18.50	
Fiber, total dietary	g	0.4		0		4		0.1	0.5	
Sugars, total	g	10.80		0	T	4		3.40	13.61	
Starch	g									
Minerals:										
Calcium, Ca	mg	81		0		5		26	102	
Iron, Fe	mg	0.20		0		5		0.06	0.25	
Magnesium, Mg	mg	10		0		4		3	13	
Phosphorus, P	mg	60		0		5		19	76	
Potassium, K	mg	137		0		5		43	173	
Sodium, Na	mg	36		0		5		11	45	
Zinc, Zn	mg	0.14		0		4		0.04	0.18	
Copper, Cu	mg	0.030		0		4		0.009	0.038	
Manganese, Mn	mg									
Selenium, Se	mcg	1.3		0	FLM	4		0.4	1.6	
Vitamins:										
Vitamin C, total ascorbic acid	mg	33.9		0		5		10.7	42.7	
Thiamin	mg	0.040		0		5		0.013	0.050	
Riboflavin	mg	0.100		0		5		0.032	0.126	
Niacin	mg	0.160		0		5		0.050	0.202	
Pantothenic acid	mg									
Vitamin B-6	mg	0.050		0		5		0.016	0.063	
Folate, total	mcg	6		0		4		2	8	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	6		0		4		2	8	
Folate, DFE	mcg_DFE	6		0	NC	4		2	8	
Choline, total	mg	8.2		0	FLM	4		2.6	10.4	
Betaine	mg									
Vitamin B-12	mcg	0.43		0		4		0.14	0.54	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	5		0	NC	4		2	7	
Retinol	mcg	5		0	BNA	4		2	6	
Carotene, beta	mcg	3		0	BNA	4		1	4	
Carotene, alpha	mcg	0		0	BNA	4		0	0	
Cryptoxanthin, beta	mcg	8		0	BNA	4		3	10	
Vitamin A, IU	IU	28		0	NC	4		9	35	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	18		0	FLA	4		6	23	
Vitamin E (alpha-tocopherol)	mg	0.03		0	BNA	4		0.01	0.04	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	FLA	4		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	FLA	4		0.0	0.0	
Vitamin D	IU	1		0	FLA	4		0	1	
Vitamin K (phylloquinone)	mcg	0.2		0	FLA	4		0.0	0.2	
Lipids:										
Fatty acids, total saturated	g	0.517		0		4		0.163	0.651	
4:0	g	0.025		0		4		0.008	0.032	

NDB No. 42120
Babyfood, mixed fruit juice with low fat yogurt

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0 ... g	0.017		0		4		0.005	0.021	
8:0 ... g	0.010		0		4		0.003	0.013	
10:0 ... g	0.022		0		4		0.007	0.028	
12:0 ... g	0.027		0		4		0.009	0.034	
13:0 ... g									
14:0 ... g	0.084		0		4		0.026	0.106	
15:0 ... g									
16:0 ... g	0.219		0		4		0.069	0.276	
17:0 ... g									
18:0 ... g	0.079		0		4		0.025	0.100	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.219		0		4		0.069	0.276	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.017		0		4		0.005	0.021	
17:1 ... g									
18:1 undifferentiated ... g	0.182		0		4		0.057	0.229	
20:1 ... g	0.000		0		4		0.000	0.000	
22:1 undifferentiated ... g	0.000		0		4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.022		0		4		0.007	0.028	
18:2 undifferentiated ... g	0.015		0		4		0.005	0.019	
18:3 undifferentiated ... g	0.007		0		4		0.002	0.009	
18:4 ... g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) ... g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.000		0		4		0.000	0.000	
Fatty acids, total trans ... g									
Cholesterol ... mg	3		0		4		1	4	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	
Caffeine ... mg	0		0	FLA	4		0	0	
Theobromine ... mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.5g: 1 fl oz

Measure 2 = 126g: 1 bottle NFS

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43523
Babyfood, mixed fruit yogurt, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.80		0		5		12.27	92.43	92.43
Energy	kcal	75		0	NC	4		11	85	85
Energy	kJ	315		0	NC	4		47	356	356
Protein	g	0.80		0		5		0.12	0.90	0.90
Total lipid (fat)	g	0.80		0		5		0.12	0.90	0.90
Ash	g	0.37		0	FLA	4		0.06	0.42	0.42
Carbohydrate, by difference	g	16.23		0	NC	4		2.43	18.34	18.34
Fiber, total dietary	g	0.4		0		4		0.1	0.5	0.5
Sugars, total	g	11.74		0	FLA	4		1.76	13.26	13.26
Starch	g									
Minerals:										
Calcium, Ca	mg	28		0		5		4	32	32
Iron, Fe	mg	0.20		0		5		0.03	0.23	0.23
Magnesium, Mg	mg	4		0		4		1	5	5
Phosphorus, P	mg	22		0		5		3	25	25
Potassium, K	mg	62		0		5		9	70	70
Sodium, Na	mg	16		0		5		2	18	18
Zinc, Zn	mg	0.11		0		5		0.02	0.12	0.12
Copper, Cu	mg	0.020		0		5		0.003	0.023	0.023
Manganese, Mn	mg									
Selenium, Se	mcg	0.8		0	FLM	4		0.1	0.9	0.9
Vitamins:										
Vitamin C, total ascorbic acid	mg	11.7		0		5		1.8	13.2	13.2
Thiamin	mg	0.020		0		5		0.003	0.023	0.023
Riboflavin	mg	0.050		0		5		0.008	0.057	0.057
Niacin	mg	0.140		0		5		0.021	0.158	0.158
Pantothenic acid	mg									
Vitamin B-6	mg	0.040		0		5		0.006	0.045	0.045
Folate, total	mcg	2		0		4		0	2	2
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	2		0		4		0	2	2
Folate, DFE	mcg_DFE	2		0	NC	4		0	2	2
Choline, total	mg	4.5		0	FLA	4		0.7	5.1	5.1
Betaine	mg									
Vitamin B-12	mcg	0.00		0		7		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	5		0	NC	4		1	6	6
Retinol	mcg	2		0	FLA	4		0	2	2
Carotene, beta	mcg	28		0	FLA	4		4	32	32
Carotene, alpha	mcg	1		0	FLA	4		0	1	1
Cryptoxanthin, beta	mcg	14		0	FLA	4		2	16	16
Vitamin A, IU	IU	67		0	NC	4		10	75	75
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	19		0	FLA	4		3	22	22
Vitamin E (alpha-tocopherol)	mg	0.13		0	FLA	4		0.02	0.15	0.15
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	FLA	4		0.0	0.0	0.0
Vitamin D	IU	0		0	FLA	4		0	0	0
Vitamin K (phylloquinone)	mcg	0.5		0	FLA	4		0.1	0.6	0.6
Lipids:										
Fatty acids, total saturated	g	0.517		0		4		0.078	0.584	0.584
4:0	g	0.025		0		4		0.004	0.028	0.028

NDB No. 43523
Babyfood, mixed fruit yogurt, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.017		0		4		0.003	0.019	0.019
8:0 g	0.010		0		4		0.002	0.011	0.011
10:0 g	0.022		0		4		0.003	0.025	0.025
12:0 g	0.027		0		4		0.004	0.031	0.031
13:0 g									
14:0 g	0.084		0		4		0.013	0.095	0.095
15:0 g									
16:0 g	0.219		0		4		0.033	0.247	0.247
17:0 g									
18:0 g	0.079		0		4		0.012	0.089	0.089
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.219		0		4		0.033	0.247	0.247
14:1 g									
15:1 g									
16:1 undifferentiated g	0.017		0		4		0.003	0.019	0.019
17:1 g									
18:1 undifferentiated g	0.182		0		4		0.027	0.206	0.206
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.022		0		4		0.003	0.025	0.025
18:2 undifferentiated g	0.015		0		4		0.002	0.017	0.017
18:3 undifferentiated g	0.007		0		4		0.001	0.008	0.008
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 113g: 1 jar NFS

Measure 3 = 113g: 1 jar Gerber Second Food (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03205
Babyfood, oatmeal cereal with fruit, dry, instant, toddler

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	5.40		0	MA	12		0.29	1.13	
Energy	kcal	402		0	MC	9		21	84	
Energy	kJ	1682		0		9		89	353	
Protein	g	10.50		0	MA	12		0.56	2.21	
Total lipid (fat)	g	7.05		0	MA	12		0.37	1.48	
Ash	g	2.95		0	MA	12		0.16	0.62	
Carbohydrate, by difference	g	74.15		0	MC	9		3.93	15.57	
Fiber, total dietary	g	7.8		0	MA	12		0.4	1.6	
Sugars, total	g	11.09		0	FLA	4		0.59	2.33	
Starch	g									
Minerals:										
Calcium, Ca	mg	286		0	MA	12		15	60	
Iron, Fe	mg	14.30		0	MA	12		0.76	3.00	
Magnesium, Mg	mg	107		0	MA	12		6	22	
Phosphorus, P	mg	429		0	MA	12		23	90	
Potassium, K	mg	346		0	MA	12		18	73	
Sodium, Na	mg	200		0	MA	12		11	42	
Zinc, Zn	mg	5.70		0	MA	12		0.30	1.20	
Copper, Cu	mg	0.340		0	MA	12		0.018	0.071	
Manganese, Mn	mg	2.800		0	MA	12		0.148	0.588	
Selenium, Se	mcg	20.5		0	BFZN	4		1.1	4.3	
Vitamins:										
Vitamin C, total ascorbic acid	mg	2.7		0	MA	12		0.1	0.6	
Thiamin	mg	0.750		0	MA	12		0.040	0.158	
Riboflavin	mg	0.860		0	MA	12		0.046	0.181	
Niacin	mg	9.600		0	MA	12		0.509	2.016	
Pantothenic acid	mg									
Vitamin B-6	mg	0.380		0	MA	12		0.020	0.080	
Folate, total	mcg	18		0	MA	12		1	4	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	18		0	NR	4		1	4	
Folate, DFE	mcg_DFE	18		0	NC	4		1	4	
Choline, total	mg	31.6		0	FLA	4		1.7	6.6	
Betaine	mg									
Vitamin B-12	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	4		0	NC	4		0	1	
Retinol	mcg	0		0	BNA	4		0	0	
Carotene, beta	mcg	41		0	BNA	4		2	9	
Carotene, alpha	mcg	12		0	BNA	4		1	3	
Cryptoxanthin, beta	mcg	13		0	BNA	4		1	3	
Vitamin A, IU	IU	89		0	MA	12		5	19	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	32		0	FLA	4		2	7	
Vitamin E (alpha-tocopherol)	mg	2.48		0	BNA	4		0.13	0.52	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)	mcg	7.5		0	FLA	4		0.4	1.6	
Lipids:										
Fatty acids, total saturated	g	1.572		0		4		0.083	0.330	
4:0	g	0.000		0	FLM	4		0.000	0.000	

NDB No. 03205

Babyfood, oatmeal cereal with fruit, dry, instant, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0	FLM	4		0.000	0.000	
8:0 ... g	0.000		0	FLM	4		0.000	0.000	
10:0 ... g	0.000		0	FLM	4		0.000	0.000	
12:0 ... g	0.023		0	MA	12		0.001	0.005	
13:0 ... g									
14:0 ... g	0.015		0	MA	12		0.001	0.003	
15:0 ... g									
16:0 ... g	1.335		0	MA	12		0.071	0.280	
17:0 ... g									
18:0 ... g	0.199		0	MA	12		0.011	0.042	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	3.008		0	MA	12		0.159	0.632	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.013		0	MA	12		0.001	0.003	
17:1 ... g									
18:1 undifferentiated ... g	2.995		0	MA	12		0.159	0.629	
20:1 ... g	0.000		0	FLM	4		0.000	0.000	
22:1 undifferentiated ... g	0.000		0	FLM	4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	2.290		0	MA	12		0.121	0.481	
18:2 undifferentiated ... g	2.197		0	MA	12		0.116	0.461	
18:3 undifferentiated ... g	0.093		0	MA	12		0.005	0.020	
18:4 ... g	0.000		0	FLM	4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	FLM	4		0.000	0.000	
20:5 n-3 (EPA) ... g	0.000		0	FLM	4		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0	FLM	4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.000		0	FLM	4		0.000	0.000	
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	MA	12		0	0	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0	0.0	
Caffeine ... mg	0		0	FLA	4		0	0	
Theobromine ... mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 5.3g: 1 tbsp

Measure 2 = 21g: 1 packet (.75 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03161
Babyfood, peaches, dices, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.40		0	MA	12		24.78	111.87	
Energy....kcal	51		0	MC	9		14	65	
Energy....kJ	213		0		9		60	273	
Protein....g	0.50		0	MA	12		0.14	0.64	
Total lipid (fat)....g	0.20		0	MA	12		0.06	0.26	
Ash....g	0.20		0	MA	12		0.06	0.26	
Carbohydrate, by difference....g	11.80		0	MC	9		3.35	15.10	
Fiber, total dietary....g	0.8		0	MA	12		0.2	1.0	
Sugars, total....g	9.49		0	BFSN	4		2.69	12.15	
Starch....g									
Minerals:									
Calcium, Ca....mg	6		0	MA	12		2	8	
Iron, Fe....mg	0.20		0	MA	12		0.06	0.26	
Magnesium, Mg....mg	8		0	MA	12		2	10	
Phosphorus, P....mg	17		0	MA	12		5	22	
Potassium, K....mg	83		0	MA	12		24	106	
Sodium, Na....mg	5		0	MA	12		1	6	
Zinc, Zn....mg	0.12		0	MA	12		0.03	0.15	
Copper, Cu....mg	0.030		0	MA	12		0.009	0.038	
Manganese, Mn....mg	0.050		0	MA	12		0.014	0.064	
Selenium, Se....mcg	0.4		0	BFZN	4		0.1	0.5	
Vitamins:									
Vitamin C, total ascorbic acid....mg	31.3		0	MA	12		8.9	40.1	
Thiamin....mg	0.010		0	MA	12		0.003	0.013	
Riboflavin....mg	0.020		0	MA	12		0.006	0.026	
Niacin....mg	0.470		0	MA	12		0.133	0.602	
Pantothenic acid....mg	0.170		0	BFFN	4		0.048	0.218	
Vitamin B-6....mg	0.040		0	MA	12		0.011	0.051	
Folate, total....mcg	5		0	BFFN	4		1	6	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	5		0	BFFN	4		1	6	
Folate, DFE....mcg_DFE	5		0	NC	4		1	6	
Choline, total....mg	8.5		0	T	4		2.4	10.9	
Betaine....mg									
Vitamin B-12....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	7		0	NC	4		2	9	
Retinol....mcg	0		0	BNA	4		0	0	
Carotene, beta....mcg	69		0	BNA	4		19	88	
Carotene, alpha....mcg	0		0	BNA	4		0	0	
Cryptoxanthin, beta....mcg	28		0	BNA	4		8	36	
Vitamin A, IU....IU	138		0	NC	4		39	177	
Lycopene....mcg	0		0	BFSN	4		0	0	
Lutein + zeaxanthin....mcg	103		0	BFSN	4		29	132	
Vitamin E (alpha-tocopherol)....mg	0.83		0	BFSN	4		0.24	1.06	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	2.9		0	BFSN	4		0.8	3.7	
Lipids:									
Fatty acids, total saturated....g	0.016		0	BFFN	4		0.005	0.020	
4:0....g	0.000		0	BFFN	4		0.000	0.000	

NDB No. 03161
Babyfood, peaches, dices, toddler

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.000		0	BFFN	4		0.000	0.000	
8:0....g	0.000		0	BFFN	4		0.000	0.000	
10:0....g	0.000		0	BFFN	4		0.000	0.000	
12:0....g	0.000		0	BFFN	4		0.000	0.000	
13:0....g									
14:0....g	0.000		0	BFFN	4		0.000	0.000	
15:0....g									
16:0....g	0.014		0	BFFN	4		0.004	0.018	
17:0....g									
18:0....g	0.001		0	BFFN	4		0.000	0.001	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.046		0	BFFN	4		0.013	0.059	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.001		0	BFFN	4		0.000	0.001	
17:1....g									
18:1 undifferentiated....g	0.053		0	BFFN	4		0.015	0.068	
20:1....g	0.000		0	BFFN	4		0.000	0.000	
22:1 undifferentiated....g	0.000		0	BFFN	4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.078		0	BFFN	4		0.022	0.100	
18:2 undifferentiated....g	0.068		0	BFFN	4		0.019	0.087	
18:3 undifferentiated....g	0.005		0	BFFN	4		0.001	0.006	
18:4....g	0.000		0	BFFN	4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	BFFN	4		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0	BFFN	4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0	BFFN	4		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0	BFFN	4		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0	MA	12		0	0	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	
Caffeine....mg	0		0	BFSN	4		0	0	
Theobromine....mg	0		0	BFSN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 128g: 1 jar Gerber

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03141
Babyfood, pears, dices, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	85.60		0	MA	12		24.27	109.57	
Energy....kcal	57		0	MC	9		16	73	
Energy....kJ	238		0		9		68	305	
Protein....g	0.30		0	MA	12		0.09	0.38	
Total lipid (fat)....g	0.10		0	MA	12		0.03	0.13	
Ash....g	0.20		0	MA	12		0.06	0.26	
Carbohydrate, by difference....g	13.60		0	MC	9		3.86	17.41	
Fiber, total dietary....g	1.2		0	MA	12		0.3	1.5	
Sugars, total....g	8.66		0	BFSN	4		2.46	11.09	
Starch....g									
Minerals:									
Calcium, Ca....mg	10		0	MA	12		3	13	
Iron, Fe....mg	0.20		0	MA	12		0.06	0.26	
Magnesium, Mg....mg	7		0	MA	12		2	9	
Phosphorus, P....mg	13		0	MA	12		4	17	
Potassium, K....mg	51		0	MA	12		14	65	
Sodium, Na....mg	6		0	MA	12		2	8	
Zinc, Zn....mg	0.09		0	MA	12		0.03	0.12	
Copper, Cu....mg	0.040		0	MA	12		0.011	0.051	
Manganese, Mn....mg	0.030		0	MA	12		0.009	0.038	
Selenium, Se....mcg	0.4		0	BFZN	4		0.1	0.5	
Vitamins:									
Vitamin C, total ascorbic acid....mg	31.3		0	MA	12		8.9	40.1	
Thiamin....mg	0.010		0	MA	12		0.003	0.013	
Riboflavin....mg	0.020		0	MA	12		0.006	0.026	
Niacin....mg	0.130		0	MA	12		0.037	0.166	
Pantothenic acid....mg									
Vitamin B-6....mg	0.040		0	MA	12		0.011	0.051	
Folate, total....mcg	1		0		4		0	1	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	1		0		4		0	1	
Folate, DFE....mcg_DFE	1		0	NC	4		0	1	
Choline, total....mg	3.6		0	FLA	4		1.0	4.6	
Betaine....mg									
Vitamin B-12....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	1		0	NC	4		0	1	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg	12		0	BFSN	4		3	15	
Carotene, alpha....mcg	0		0	BFSN	4		0	0	
Cryptoxanthin, beta....mcg	2		0	BFSN	4		0	2	
Vitamin A, IU....IU	21		0	NC	4		6	27	
Lycopene....mcg	0		0	BFSN	4		0	0	
Lutein + zeaxanthin....mcg	44		0	BFSN	4		13	57	
Vitamin E (alpha-tocopherol)....mg	0.11		0	BFSN	4		0.03	0.14	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	4.0		0	BFSN	4		1.1	5.1	
Lipids:									
Fatty acids, total saturated....g	0.010		0	BFFN	4		0.003	0.013	
4:0....g	0.000		0	BFFN	4		0.000	0.000	

NDB No. 03141
Babyfood, pears, dices, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0	BFFN	4		0.000	0.000	
8:0....g	0.000		0	BFFN	4		0.000	0.000	
10:0....g	0.000		0	BFFN	4		0.000	0.000	
12:0....g	0.000		0	BFFN	4		0.000	0.000	
13:0....g									
14:0....g	0.000		0	BFFN	4		0.000	0.000	
15:0....g									
16:0....g	0.010		0	BFFN	4		0.003	0.013	
17:0....g									
18:0....g	0.000		0	BFFN	4		0.000	0.000	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.043		0	BFFN	4		0.012	0.055	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	BFFN	4		0.000	0.000	
17:1....g									
18:1 undifferentiated....g	0.041		0	BFFN	4		0.012	0.052	
20:1....g	0.000		0	BFFN	4		0.000	0.000	
22:1 undifferentiated....g	0.000		0	BFFN	4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.046		0	BFFN	4		0.013	0.059	
18:2 undifferentiated....g	0.046		0	BFFN	4		0.013	0.059	
18:3 undifferentiated....g	0.000		0	BFFN	4		0.000	0.000	
18:4....g	0.000		0	BFFN	4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	BFFN	4		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0	BFFN	4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0	BFFN	4		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0	BFFN	4		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0	MA	12		0	0	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	
Caffeine....mg	0		0	BFSN	4		0	0	
Theobromine....mg	0		0	BFSN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 128g: 1 jar Gerber

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 42279
Babyfood, peas and brown rice

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	84.10		0		5		193.43	12.11	107.65
Energy....kcal	64		0	NC	4		147	9	82
Energy....kJ	268		0	NC	4		617	39	343
Protein....g	3.40		0		5		7.82	0.49	4.35
Total lipid (fat)....g	0.50		0		5		1.15	0.07	0.64
Ash....g	0.51		0	FLA	4		1.17	0.07	0.65
Carbohydrate, by difference....g	11.49		0	NC	4		26.43	1.65	14.71
Fiber, total dietary....g	2.5		0		5		5.8	0.4	3.2
Sugars, total....g	2.88		0	FLA	4		6.63	0.42	3.69
Starch....g									
Minerals:									
Calcium, Ca....mg	14		0		5		32	2	18
Iron, Fe....mg	1.50		0		5		3.45	0.22	1.92
Magnesium, Mg....mg	25		0		5		58	4	32
Phosphorus, P....mg	52		0		5		120	7	67
Potassium, K....mg	93		0		5		214	13	119
Sodium, Na....mg	6		0		5		14	1	8
Zinc, Zn....mg	0.46		0		5		1.06	0.07	0.59
Copper, Cu....mg	0.080		0		4		0.184	0.012	0.102
Manganese, Mn....mg									
Selenium, Se....mcg	1.2		0	FLM	4		2.8	0.2	1.5
Vitamins:									
Vitamin C, total ascorbic acid....mg	3.0		0		5		6.9	0.4	3.8
Thiamin....mg	0.100		0		5		0.230	0.014	0.128
Riboflavin....mg	0.080		0		5		0.184	0.012	0.102
Niacin....mg	1.400		0		5		3.220	0.202	1.792
Pantothenic acid....mg									
Vitamin B-6....mg	0.060		0		5		0.138	0.009	0.077
Folate, total....mcg	16		0		4		37	2	20
Folic acid....mcg	0		0	FLA	4		0	0	0
Folate, food....mcg	16		0		4		37	2	20
Folate, DFE....mcg_DFE	16		0	NC	4		37	2	20
Choline, total....mg	14.7		0	FLA	4		33.8	2.1	18.8
Betaine....mg									
Vitamin B-12....mcg	0.00		0		7		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	19		0	NC	4		45	3	25
Retinol....mcg	0		0	FLA	4		0	0	0
Carotene, beta....mcg	227		0	FLA	4		523	33	291
Carotene, alpha....mcg	11		0	FLA	4		25	2	14
Cryptoxanthin, beta....mcg	0		0	FLA	4		0	0	0
Vitamin A, IU....IU	388		0	NC	4		892	56	497
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	1256		0	FLA	4		2888	181	1607
Vitamin E (alpha-tocopherol)....mg	0.07		0	FLA	4		0.15	0.01	0.09
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	12.6		0	FLA	4		28.9	1.8	16.1
Lipids:									
Fatty acids, total saturated....g	0.100		0		4		0.230	0.014	0.128
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 42279
Babyfood, peas and brown rice

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000	0.000	0.000
8:0....g	0.000		0		4		0.000	0.000	0.000
10:0....g	0.000		0		4		0.000	0.000	0.000
12:0....g	0.001		0		4		0.002	0.000	0.001
13:0....g									
14:0....g	0.002		0		4		0.005	0.000	0.003
15:0....g									
16:0....g	0.085		0		4		0.196	0.012	0.109
17:0....g									
18:0....g	0.009		0		4		0.021	0.001	0.012
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.180		0		4		0.414	0.026	0.230
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.002		0		4		0.005	0.000	0.003
17:1....g									
18:1 undifferentiated....g	0.179		0		4		0.412	0.026	0.229
20:1....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.180		0		4		0.414	0.026	0.230
18:2 undifferentiated....g	0.171		0		4		0.393	0.025	0.219
18:3 undifferentiated....g	0.008		0		4		0.018	0.001	0.010
18:4....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	0		0		5		0	0	0
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 230g: 1 cup

Measure 2 = 14.4g: 1 tbsp

Measure 3 = 128g: 1 jar Earth's Best (4.5 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03122
Babyfood, peas, dices, toddler

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	84.60		0	MA	12		23.98		
Energy....kcal	64		0	MC	9		18		
Energy....kJ	268		0		9		76		
Protein....g	3.90		0	MA	12		1.11		
Total lipid (fat)....g	0.80		0	MA	12		0.23		
Ash....g	0.35		0	MA	12		0.10		
Carbohydrate, by difference....g	10.30		0	MC	9		2.92		
Fiber, total dietary....g	3.9		0	MA	12		1.1		
Sugars, total....g	4.13		0	BFSN	4		1.17		
Starch....g									
Minerals:									
Calcium, Ca....mg	21		0	MA	12		6		
Iron, Fe....mg	1.00		0	MA	12		0.28		
Magnesium, Mg....mg	19		0	MA	12		5		
Phosphorus, P....mg	67		0	MA	12		19		
Potassium, K....mg	81		0	MA	12		23		
Sodium, Na....mg	48		0	MA	12		14		
Zinc, Zn....mg	0.50		0	MA	12		0.14		
Copper, Cu....mg	0.080		0	MA	12		0.023		
Manganese, Mn....mg	0.150		0	MA	12		0.043		
Selenium, Se....mcg	0.1		1	A	1		0.0		
Vitamins:									
Vitamin C, total ascorbic acid....mg	6.0		0	MA	12		1.7		
Thiamin....mg	0.100		0	MA	12		0.028		
Riboflavin....mg	0.060		0	MA	12		0.017		
Niacin....mg	0.850		0	MA	12		0.241		
Pantothenic acid....mg	0.345		0	BFSN	4		0.098		
Vitamin B-6....mg	0.060		0	MA	12		0.017		
Folate, total....mcg	35		0	FLM	4		10		
Folic acid....mcg	0		0	Z	7		0		
Folate, food....mcg	35		0	FLM	4		10		
Folate, DFE....mcg_DFE	35		0	NC	4		10		
Choline, total....mg	14.7		0	FLA	4		4.2		
Betaine....mg									
Vitamin B-12....mcg	0.00		0	Z	7		0.00		
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE....mcg_RAE	15		0	NC	4		4		
Retinol....mcg	0		0	BNA	4		0		
Carotene, beta....mcg	178		0	BNA	4		51		
Carotene, alpha....mcg	8		0	BNA	4		2		
Cryptoxanthin, beta....mcg	0		0	BNA	4		0		
Vitamin A, IU....IU	304		0	MA	12		86		
Lycopene....mcg	0		0	BFSN	4		0		
Lutein + zeaxanthin....mcg	1805		0	BFSN	4		512		
Vitamin E (alpha-tocopherol)....mg	0.45		0	NR	4		0.13		
Vitamin E, added....mg	0.00		0	Z	7		0.00		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0		
Vitamin K (phylloquinone)....mcg	18.0		0	BFSN	4		5.1		
Lipids:									
Fatty acids, total saturated....g	0.140		0	FLM	4		0.040		
4:0....g	0.000		0	FLM	4		0.000		

NDB No. 03122
Babyfood, peas, dices, toddler

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0....g	0.000		0	FLM	4		0.000		
8:0....g	0.000		0	FLM	4		0.000		
10:0....g	0.000		0	FLM	4		0.000		
12:0....g	0.000		0	FLM	4		0.000		
13:0....g									
14:0....g	0.000		0	FLM	4		0.000		
15:0....g									
16:0....g	0.128		0	FLM	4		0.036		
17:0....g									
18:0....g	0.014		0	FLM	4		0.004		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.070		0	FLM	4		0.020		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	FLM	4		0.000		
17:1....g									
18:1 undifferentiated....g	0.071		0	FLM	4		0.020		
20:1....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated....g	0.000		0	FLM	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.370		0	FLM	4		0.105		
18:2 undifferentiated....g	0.301		0	FLM	4		0.085		
18:3 undifferentiated....g	0.071		0	FLM	4		0.020		
18:4....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	FLM	4		0.000		
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA)....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	0		0	MA	12		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0		
Caffeine....mg	0		0	BFSN	4		0		
Theobromine....mg	0		0	BFSN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03293
Babyfood, plums, bananas and rice, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	85.60		0		9		24.27	96.73	
Energy	kcal	57		0		4		16	64	
Energy	kJ	238		0		4		68	269	
Protein	g	1.10		0		9		0.31	1.24	
Total lipid (fat)	g	0.30		0		4		0.09	0.34	
Ash	g	0.43		0	FLA	4		0.12	0.48	
Carbohydrate, by difference	g	12.70		0		9		3.60	14.35	
Fiber, total dietary	g	1.3		0		4		0.4	1.5	
Sugars, total	g	9.30		0	FLA	4		2.64	10.50	
Sucrose	g	1.53		0	FLA	4		0.43	1.73	
Glucose (dextrose)	g	4.67		0	FLA	4		1.32	5.28	
Fructose	g	2.90		0	FLA	4		0.82	3.28	
Lactose	g	0.00		0	FLA	4		0.00	0.00	
Maltose	g	0.07		0	FLA	4		0.02	0.08	
Galactose	g	0.12		0	FLA	4		0.04	0.14	
Starch	g									
Minerals:										
Calcium, Ca	mg	3		0		9		1	3	
Iron, Fe	mg	0.00		0		9		0.00	0.00	
Magnesium, Mg	mg	11		0		9		3	12	
Phosphorus, P	mg	32		0		9		9	36	
Potassium, K	mg	265		0		9		75	299	
Sodium, Na	mg	1		0		9		0	1	
Zinc, Zn	mg	0.13		0		9		0.04	0.15	
Copper, Cu	mg	0.054		0		4		0.015	0.061	
Manganese, Mn	mg									
Selenium, Se	mcg	2.4		0	FLM	4		0.7	2.7	
Vitamins:										
Vitamin C, total ascorbic acid	mg	12.3		0		9		3.5	13.9	
Thiamin	mg	0.040		0		9		0.011	0.045	
Riboflavin	mg	0.050		0		9		0.014	0.057	
Niacin	mg	0.800		0		9		0.227	0.904	
Pantothenic acid	mg									
Vitamin B-6	mg	0.130		0		9		0.037	0.147	
Folate, total	mcg	6		0	FLA	4		2	7	
Folic acid	mcg	0		0	FLA	4		0	0	
Folate, food	mcg	6		0	FLA	4		2	7	
Folate, DFE	mcg_DFE	6		0	NC	4		2	7	
Choline, total	mg	3.4		0	NR	4		1.0	3.8	
Betaine	mg									
Vitamin B-12	mcg	0.00		0		9		0.00	0.00	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	7		0	NC	4		2	8	
Retinol	mcg	0		0	FLA	4		0	0	
Carotene, beta	mcg	73		0	BNA	4		21	82	
Carotene, alpha	mcg	0		0	BNA	4		0	0	
Cryptoxanthin, beta	mcg	13		0	BNA	4		4	15	
Vitamin A, IU	IU	133		0		9		38	150	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	65		0	FLA	4		19	74	
Vitamin E (alpha-tocopherol)	mg	0.24		0	FLA	4		0.07	0.27	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg	0.00		0	FLA	4		0.00	0.00	
Tocopherol, gamma	mg	0.07		0	FLA	4		0.02	0.08	
Tocopherol, delta	mg	0.00		0	FLA	4		0.00	0.00	
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03293
Babyfood, plums, bananas and rice, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	5.7		0	FLA	4		1.6	6.5	
Lipids:									
Fatty acids, total saturated....g	0.060		0		4		0.017	0.068	
4:0....g	0.000		0		4		0.000	0.000	
6:0....g	0.000		0		4		0.000	0.000	
8:0....g	0.000		0		4		0.000	0.000	
10:0....g	0.000		0		4		0.000	0.000	
12:0....g	0.001		0		4		0.000	0.001	
13:0....g									
14:0....g	0.001		0		4		0.000	0.001	
15:0....g									
16:0....g	0.046		0		4		0.013	0.052	
17:0....g									
18:0....g	0.004		0		4		0.001	0.005	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.120		0		4		0.034	0.136	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.004		0		4		0.001	0.005	
17:1....g									
18:1 undifferentiated....g	0.116		0		4		0.033	0.131	
20:1....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.070		0		4		0.020	0.079	
18:2 undifferentiated....g	0.058		0		4		0.016	0.066	
18:3 undifferentiated....g	0.008		0		4		0.002	0.009	
18:4....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0		4		0	0	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	
Caffeine....mg	0		0	FLA	4		0	0	
Theobromine....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar Earth's Best

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03112
Babyfood, potatoes, toddler

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	86.80		0	MA	12		141.48	8.68	61.63
Energy	kcal	52		0	NC	4		84	5	37
Energy	kJ	217		0	NC	4		353	22	154
Protein	g	1.00		0	MA	12		1.63	0.10	0.71
Total lipid (fat)	g	0.10		0	MA	12		0.16	0.01	0.07
Ash	g	0.37		0	MA	12		0.60	0.04	0.26
Carbohydrate, by difference	g	11.73		0	NC	4		19.12	1.17	8.33
Fiber, total dietary	g	0.9		0	MA	12		1.5	0.1	0.6
Sugars, total	g	0.91		0	BFSN	4		1.49	0.09	0.65
Starch	g									
Minerals:										
Calcium, Ca	mg	4		0	MA	12		7	0	3
Iron, Fe	mg	0.20		0	MA	12		0.33	0.02	0.14
Magnesium, Mg	mg	15		0	MA	12		24	2	11
Phosphorus, P	mg	23		0	MA	12		37	2	16
Potassium, K	mg	110		0	MA	12		179	11	78
Sodium, Na	mg	57		0	MA	12		93	6	40
Zinc, Zn	mg	0.17		0	MA	12		0.28	0.02	0.12
Copper, Cu	mg	0.070		0	MA	12		0.114	0.007	0.050
Manganese, Mn	mg	0.070		0	MA	12		0.114	0.007	0.050
Selenium, Se	mcg	0.8		0	BFZN	4		1.3	0.1	0.6
Vitamins:										
Vitamin C, total ascorbic acid	mg	10.5		0	MA	12		17.1	1.1	7.5
Thiamin	mg	0.020		0	MA	12		0.033	0.002	0.014
Riboflavin	mg	0.010		0	MA	12		0.016	0.001	0.007
Niacin	mg	0.350		0	MA	12		0.571	0.035	0.249
Pantothenic acid	mg	0.305		0	FLM	4		0.497	0.031	0.217
Vitamin B-6	mg	0.070		0	MA	12		0.114	0.007	0.050
Folate, total	mcg	6		0	FLM	4		10	1	4
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	6		0	FLM	4		10	1	4
Folate, DFE	mcg_DFE	6		0	NC	4		10	1	4
Choline, total	mg	13.2		0	FLA	4		21.6	1.3	9.4
Betaine	mg									
Vitamin B-12	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	0		0	NC	4		0	0	0
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	0		0	BFSN	4		0	0	0
Carotene, alpha	mcg	0		0	BFSN	4		0	0	0
Cryptoxanthin, beta	mcg	0		0	BFSN	4		0	0	0
Vitamin A, IU	IU	0		0	NC	4		0	0	0
Lycopene	mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin	mcg	0		0	BFSN	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.02		0	BFSN	4		0.04	0.00	0.02
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	0.2		0	BFSN	4		0.3	0.0	0.1
Lipids:										
Fatty acids, total saturated	g	0.015		0	FLM	4		0.024	0.002	0.011
4:0	g	0.000		0	FLM	4		0.000	0.000	0.000

NDB No. 03112
Babyfood, potatoes, toddler

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0	FLM	4		0.000	0.000	0.000
8:0 ... g	0.000		0	FLM	4		0.000	0.000	0.000
10:0 ... g	0.001		0	FLM	4		0.002	0.000	0.001
12:0 ... g	0.002		0	FLM	4		0.003	0.000	0.001
13:0 ... g									
14:0 ... g	0.001		0	FLM	4		0.002	0.000	0.001
15:0 ... g									
16:0 ... g	0.009		0	FLM	4		0.015	0.001	0.006
17:0 ... g									
18:0 ... g	0.002		0	FLM	4		0.003	0.000	0.001
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.002		0	FLM	4		0.003	0.000	0.001
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.001		0	FLM	4		0.002	0.000	0.001
17:1 ... g									
18:1 undifferentiated ... g	0.001		0	FLM	4		0.002	0.000	0.001
20:1 ... g	0.000		0	FLM	4		0.000	0.000	0.000
22:1 undifferentiated ... g	0.000		0	FLM	4		0.000	0.000	0.000
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.025		0	FLM	4		0.041	0.003	0.018
18:2 undifferentiated ... g	0.019		0	FLM	4		0.031	0.002	0.013
18:3 undifferentiated ... g	0.006		0	FLM	4		0.010	0.001	0.004
18:4 ... g	0.000		0	FLM	4		0.000	0.000	0.000
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	FLM	4		0.000	0.000	0.000
20:5 n-3 (EPA) ... g	0.000		0	FLM	4		0.000	0.000	0.000
22:5 n-3 (DPA) ... g	0.000		0	FLM	4		0.000	0.000	0.000
22:6 n-3 (DHA) ... g	0.000		0	FLM	4		0.000	0.000	0.000
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	MA	12		0	0	0
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0	0.0	0.0
Caffeine ... mg	0		0	BFSN	4		0	0	0
Theobromine ... mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 163g: 1 cup

Measure 2 = 10.0g: 1 tbsp

Measure 3 = 71g: 1 jar Gerber Graduate (4.5 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03215
Babyfood, pretzels

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	4.00		2		1		1.13	0.24	
Energy....kcal	397		0	NC	4		113	24	
Energy....kJ	1661		0	NC	4		471	100	
Protein (N x 5.7)....g	10.80		2		1		3.06	0.65	
Total lipid (fat)....g	2.00		2		1		0.57	0.12	
Ash....g	1.00		2		1		0.28	0.06	
Carbohydrate, by difference....g	82.20		0	NC	4		23.30	4.93	
Fiber, total dietary....g	2.3		0		4		0.7	0.1	
Sugars, total....g	3.08		0	FLA	4		0.87	0.18	
Starch....g									
Minerals:									
Calcium, Ca....mg	25		2		1		7	2	
Iron, Fe....mg	3.77		2		1		1.07	0.23	
Magnesium, Mg....mg	28		2		1		8	2	
Phosphorus, P....mg	110		2		1		31	7	
Potassium, K....mg	137		2		1		39	8	
Sodium, Na....mg	269		3		1		76	16	
Zinc, Zn....mg	0.78	0.050	3		1		0.22	0.05	
Copper, Cu....mg	0.145		2		1		0.041	0.009	
Manganese, Mn....mg									
Selenium, Se....mcg	7.6		0	FLM	4		2.2	0.5	
Vitamins:									
Vitamin C, total ascorbic acid....mg	3.8		1		1		1.1	0.2	
Thiamin....mg	0.463		2		1		0.131	0.028	
Riboflavin....mg	0.357		2		1		0.101	0.021	
Niacin....mg	3.560		2		1		1.009	0.214	
Pantothenic acid....mg	0.540		0		4		0.153	0.032	
Vitamin B-6....mg	0.083		2		1		0.024	0.005	
Folate, total....mcg	85		0	FLM	4		24	5	
Folic acid....mcg	65		0	NC	4		18	4	
Folate, food....mcg	20		0		4		6	1	
Folate, DFE....mcg_DFE	131		0	NC	4		37	8	
Choline, total....mg	0.0		0	FLA	4		0.0	0.0	
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	0		0	NC	4		0	0	
Retinol....mcg	0		0	BNA	4		0	0	
Carotene, beta....mcg	4		0	BNA	4		1	0	
Carotene, alpha....mcg	1		0	BNA	4		0	0	
Cryptoxanthin, beta....mcg	1		0	BNA	4		0	0	
Vitamin A, IU....IU	8		0	NC	4		2	0	
Lycopene....mcg	0		0	NR	4		0	0	
Lutein + zeaxanthin....mcg	72		0	FLA	4		20	4	
Vitamin E (alpha-tocopherol)....mg	0.28		0	NR	4		0.08	0.02	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	FLA	4		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	FLA	4		0	0	
Vitamin K (phylloquinone)....mcg	0.3		0	FLA	4		0.1	0.0	
Lipids:									
Fatty acids, total saturated....g	0.316		0		4		0.090	0.019	
4:0....g	0.000		0		4		0.000	0.000	

NDB No. 03215
Babyfood, pretzels

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ....g	0.000		0		4		0.000	0.000	
8:0 ....g	0.000		0		4		0.000	0.000	
10:0 ....g	0.000		0		4		0.000	0.000	
12:0 ....g	0.000		0		4		0.000	0.000	
13:0 ....g									
14:0 ....g	0.000		0		4		0.000	0.000	
15:0 ....g									
16:0 ....g	0.300		0		4		0.085	0.018	
17:0 ....g									
18:0 ....g	0.023		0		4		0.007	0.001	
20:0 ....g									
22:0 ....g									
24:0 ....g									
Fatty acids, total monounsaturated ....g	0.188		0		4		0.053	0.011	
14:1 ....g									
15:1 ....g									
16:1 undifferentiated ....g	0.003		0		4		0.001	0.000	
17:1 ....g									
18:1 undifferentiated ....g	0.185		0		4		0.052	0.011	
20:1 ....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated ....g	0.000		0		4		0.000	0.000	
24:1 c ....g									
Fatty acids, total polyunsaturated ....g	0.833		0		4		0.236	0.050	
18:2 undifferentiated ....g	0.789		0		4		0.224	0.047	
18:3 undifferentiated ....g	0.044		0		4		0.012	0.003	
18:4 ....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c ....g									
20:3 undifferentiated ....g									
20:4 undifferentiated ....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) ....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) ....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) ....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans ....g	0.001		0	FLA	4		0.000	0.000	
Cholesterol ....mg	0		0		7		0	0	
Phytosterols ....mg									
Others:									
Alcohol, ethyl ....g	0.0		0		7		0.0	0.0	
Caffeine ....mg	0		0	FLA	4		0	0	
Theobromine ....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 6.0g: 1 pretzel

Calories Factors: Protein 4 **Fat** 8.4 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03139
Babyfood, prunes, without vitamin c, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	74.30		0		12		11.15	52.75	
Energy	kcal	101		0		4		15	72	
Energy	kJ	423		0		4		63	300	
Protein	g	1.00		0		12		0.15	0.71	
Total lipid (fat)	g	0.20		0		12		0.03	0.14	
Ash	g	0.98		0	BFSN	4		0.15	0.70	
Carbohydrate, by difference	g	23.52		0	NC	4		3.53	16.70	
Fiber, total dietary	g	2.7		0		4		0.4	1.9	
Sugars, total	g	21.21		0	BFSN	4		3.18	15.06	
Starch	g									
Minerals:										
Calcium, Ca	mg	21		0		12		3	15	
Iron, Fe	mg	0.40		0		12		0.06	0.28	
Magnesium, Mg	mg	17		0		4		3	12	
Phosphorus, P	mg	30		0		12		5	21	
Potassium, K	mg	306		0		12		46	217	
Sodium, Na	mg	6		0		12		1	4	
Zinc, Zn	mg	0.20		0		4		0.03	0.14	
Copper, Cu	mg	0.164		0		4		0.025	0.116	
Manganese, Mn	mg									
Selenium, Se	mcg	0.8		0	BFZN	4		0.1	0.6	
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.3		0		4		0.2	0.9	
Thiamin	mg	0.020		0		12		0.003	0.014	
Riboflavin	mg	0.210		0		12		0.032	0.149	
Niacin	mg	0.720		0		12		0.108	0.511	
Pantothenic acid	mg									
Vitamin B-6	mg	0.110		0		12		0.017	0.078	
Folate, total	mcg	1		0		4		0	1	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	1		0		4		0	1	
Folate, DFE	mcg_DFE	1		0	NC	4		0	1	
Choline, total	mg	3.7		0	FLA	4		0.6	2.6	
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	3		0	NC	4		0	2	
Retinol	mcg	0		0	BNA	4		0	0	
Carotene, beta	mcg	30		0	BNA	4		5	21	
Carotene, alpha	mcg	4		0	BNA	4		1	3	
Cryptoxanthin, beta	mcg	7		0	BNA	4		1	5	
Vitamin A, IU	IU	60		0		12		9	43	
Lycopene	mcg	0		0	BFSN	4		0	0	
Lutein + zeaxanthin	mcg	55		0	BFSN	4		8	39	
Vitamin E (alpha-tocopherol)	mg	0.55		0	NR	4		0.08	0.39	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)	mcg	22.1		0	BFSN	4		3.3	15.7	
Lipids:										
Fatty acids, total saturated	g	0.020		0		4		0.003	0.014	
4:0	g	0.000		0		4		0.000	0.000	

NDB No. 03139
Babyfood, prunes, without vitamin c, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000	0.000	
8:0....g	0.000		0		4		0.000	0.000	
10:0....g	0.000		0		4		0.000	0.000	
12:0....g	0.000		0		4		0.000	0.000	
13:0....g									
14:0....g	0.000		0		4		0.000	0.000	
15:0....g									
16:0....g	0.013		0		4		0.002	0.009	
17:0....g									
18:0....g	0.003		0		4		0.000	0.002	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.130		0		4		0.020	0.092	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.002		0		4		0.000	0.001	
17:1....g									
18:1 undifferentiated....g	0.130		0		4		0.020	0.092	
20:1....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.040		0		4		0.006	0.028	
18:2 undifferentiated....g	0.044		0		4		0.007	0.031	
18:3 undifferentiated....g	0.000		0		4		0.000	0.000	
18:4....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0		4		0	0	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	
Caffeine....mg	0		0	BFSN	4		0	0	
Theobromine....mg	0		0	BFSN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 15.0g: 1 tbsp

Measure 2 = 71g: 1 jar Gerber First Foods (2.5 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03046
Babyfood, ravioli, cheese filled, with tomato sauce

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	76.50		0		12		12.24	6.12	
Energy....kcal	99		0		4		16	8	
Energy....kJ	414		0		4		66	33	
Protein....g	3.60		0		12		0.58	0.29	
Total lipid (fat)....g	2.20		0		12		0.35	0.18	
Ash....g	1.40		0	NR	4		0.22	0.11	
Carbohydrate, by difference....g	16.30		0		4		2.61	1.30	
Fiber, total dietary....g	0.1		0		4		0.0	0.0	
Sugars, total....g	0.59		0	O	4		0.09	0.05	
Starch....g									
Minerals:									
Calcium, Ca....mg	54		0		12		9	4	
Iron, Fe....mg	0.80		0		12		0.13	0.06	
Magnesium, Mg....mg	7		0		4		1	1	
Phosphorus, P....mg	56		0		4		9	4	
Potassium, K....mg	32		0		4		5	3	
Sodium, Na....mg	297		0		4		48	24	
Zinc, Zn....mg	0.35		0		4		0.06	0.03	
Copper, Cu....mg	0.040		0		4		0.006	0.003	
Manganese, Mn....mg									
Selenium, Se....mcg	13.4		0	FLM	4		2.1	1.1	
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.1		0		12		0.0	0.0	
Thiamin....mg	0.120		0		12		0.019	0.010	
Riboflavin....mg	0.140		0		12		0.022	0.011	
Niacin....mg	1.650		0		12		0.264	0.132	
Pantothenic acid....mg									
Vitamin B-6....mg	0.090		0		12		0.014	0.007	
Folate, total....mcg	36		0	FLM	4		6	3	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	36		0	FLM	4		6	3	
Folate, DFE....mcg_DFE	36		0	NC	4		6	3	
Choline, total....mg	8.0		0	FLM	4		1.3	0.6	
Betaine....mg									
Vitamin B-12....mcg	0.05		0		4		0.01	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	51		0	NC	4		8	4	
Retinol....mcg	32		0	BNA	4		5	3	
Carotene, beta....mcg	230		0	BNA	4		37	18	
Carotene, alpha....mcg	2		0	BNA	4		0	0	
Cryptoxanthin, beta....mcg	3		0	BNA	4		0	0	
Vitamin A, IU....IU	494		0	NC	4		79	40	
Lycopene....mcg	1632		0	O	4		261	131	
Lutein + zeaxanthin....mcg	69		0	O	4		11	6	
Vitamin E (alpha-tocopherol)....mg	0.42		0	FLA	4		0.07	0.03	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	O	4		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	1		0	O	4		0	0	
Vitamin K (phylloquinone)....mcg	9.4		0	FLA	4		1.5	0.8	
Lipids:									
Fatty acids, total saturated....g	0.960		0		4		0.154	0.077	
4:0....g	0.051		0		12		0.008	0.004	

NDB No. 03046
Babyfood, ravioli, cheese filled, with tomato sauce

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.019		0		4		0.003	0.002	
8:0 g	0.012		0		4		0.002	0.001	
10:0 g	0.026		0		4		0.004	0.002	
12:0 g	0.028		0		4		0.004	0.002	
13:0 g									
14:0 g	0.134		0		4		0.021	0.011	
15:0 g									
16:0 g	0.494		0		4		0.079	0.040	
17:0 g									
18:0 g	0.158		0		4		0.025	0.013	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.570		0		4		0.091	0.046	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.039		0		4		0.006	0.003	
17:1 g									
18:1 undifferentiated g	0.509		0		4		0.081	0.041	
20:1 g	0.000		0		4		0.000	0.000	
22:1 undifferentiated g	0.000		0		4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.480		0		4		0.077	0.038	
18:2 undifferentiated g	0.424		0		4		0.068	0.034	
18:3 undifferentiated g	0.035		0		4		0.006	0.003	
18:4 g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.002		0		4		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) g	0.001		0		4		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	7		0		4		1	1	
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	
Theobromine mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 8.0g: 1 piece

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43529
Babyfood, rice and apples, dry

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	3.20		0		5		0.08		
Energy	kcal	396		0	NC	4		10		
Energy	kJ	1657		0	NC	4		41		
Protein	g	6.70		0		5		0.17		
Total lipid (fat)	g	2.40		0		5		0.06		
Ash	g	0.81		0	FLA	4		0.02		
Carbohydrate, by difference	g	86.89		0	NC	4		2.17		
Fiber, total dietary	g	3.0		0	FLA	4		0.1		
Sugars, total	g	3.22		0	FLA	4		0.08		
Starch	g									
Minerals:										
Calcium, Ca	mg	850		0		5		21		
Iron, Fe	mg	37.00		0		5		0.93		
Magnesium, Mg	mg	15		0		4		0		
Phosphorus, P	mg	423		0		5		11		
Potassium, K	mg	410		0		4		10		
Sodium, Na	mg	16		0		5		0		
Zinc, Zn	mg	1.40		0		4		0.04		
Copper, Cu	mg	0.373		0		4		0.009		
Manganese, Mn	mg									
Selenium, Se	mcg	11.6		0	BFZN	4		0.3		
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.0		0		7		0.0		
Thiamin	mg	1.300		0		5		0.033		
Riboflavin	mg	1.500		0		5		0.038		
Niacin	mg	20.000		0		5		0.500		
Pantothenic acid	mg									
Vitamin B-6	mg	0.090		0		4		0.002		
Folate, total	mcg	19		0		4		0		
Folic acid	mcg	0		0	Z	7		0		
Folate, food	mcg	19		0		4		0		
Folate, DFE	mcg_DFE	19		0	NC	4		0		
Choline, total	mg	10.1		0	FLA	4		0.3		
Betaine	mg									
Vitamin B-12	mcg	0.00		0		7		0.00		
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE	mcg_RAE	0		0	NC	4		0		
Retinol	mcg	0		0	FLA	4		0		
Carotene, beta	mcg	4		0	FLA	4		0		
Carotene, alpha	mcg	0		0	FLA	4		0		
Cryptoxanthin, beta	mcg	3		0	FLA	4		0		
Vitamin A, IU	IU	8		0	NC	4		0		
Lycopene	mcg	0		0	FLA	4		0		
Lutein + zeaxanthin	mcg	8		0	FLA	4		0		
Vitamin E (alpha-tocopherol)	mg	0.22		0	FLA	4		0.01		
Vitamin E, added	mg	0.00		0	Z	7		0.00		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	AS	1		0.0		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	FLA	4		0.0		
Vitamin D	IU	0		0	FLA	4		0		
Vitamin K (phylloquinone)	mcg	1.5		0	FLA	4		0.0		
Lipids:										
Fatty acids, total saturated	g	0.503		0		4		0.013		
4:0	g	0.000		0		4		0.000		

NDB No. 43529
Babyfood, rice and apples, dry

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		4		0.000		
8:0 ... g	0.000		0		4		0.000		
10:0 ... g	0.000		0		4		0.000		
12:0 ... g	0.000		0		4		0.000		
13:0 ... g									
14:0 ... g	0.009		0		4		0.000		
15:0 ... g									
16:0 ... g	0.425		0		4		0.011		
17:0 ... g									
18:0 ... g	0.060		0		4		0.002		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.615		0		4		0.015		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.008		0		4		0.000		
17:1 ... g									
18:1 undifferentiated ... g	0.605		0		4		0.015		
20:1 ... g	0.001		0		4		0.000		
22:1 undifferentiated ... g	0.000		0		4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.920		0		4		0.023		
18:2 undifferentiated ... g	0.804		0		4		0.020		
18:3 undifferentiated ... g	0.116		0		4		0.003		
18:4 ... g	0.000		0		4		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		4		0.000		
20:5 n-3 (EPA) ... g	0.000		0		4		0.000		
22:5 n-3 (DPA) ... g	0.000		0		4		0.000		
22:6 n-3 (DHA) ... g	0.000		0		4		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0		7		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0		
Caffeine ... mg	0		0	FLA	4		0		
Theobromine ... mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 2.5g: 1 tbsp

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03216
Babyfood, teething biscuits

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	6.40		2		1		1.81	0.70	
Energy....kcal	391		0	NC	4		111	43	
Energy....kJ	1637		0	NC	4		464	180	
Protein (N x 5.85)....g	10.70	0.100	6		1		3.03	1.18	
Total lipid (fat)....g	4.20	0.200	3		1		1.19	0.46	
Ash....g	2.30	0.100	5		1		0.65	0.25	
Carbohydrate, by difference....g	76.40		0	NC	4		21.66	8.40	
Fiber, total dietary....g	1.4		0		4		0.4	0.2	
Sugars, total....g	12.65		0	NR	4		3.59	1.39	
Starch....g									
Minerals:									
Calcium, Ca....mg	263	11.000	6		1		75	29	
Iron, Fe....mg	3.55		2		1		1.01	0.39	
Magnesium, Mg....mg	35		2		1		10	4	
Phosphorus, P....mg	164		2		1		46	18	
Potassium, K....mg	323		2		1		92	36	
Sodium, Na....mg	362	19.000	4		1		103	40	
Zinc, Zn....mg	0.93		2		1		0.26	0.10	
Copper, Cu....mg	0.142		0		4		0.040	0.016	
Manganese, Mn....mg									
Selenium, Se....mcg	23.5		0	FLM	4		6.7	2.6	
Vitamins:									
Vitamin C, total ascorbic acid....mg	9.1		1		1		2.6	1.0	
Thiamin....mg	0.233	0.041	3		1		0.066	0.026	
Riboflavin....mg	0.537		2		1		0.152	0.059	
Niacin....mg	4.330		2		1		1.228	0.476	
Pantothenic acid....mg	0.526		0		4		0.149	0.058	
Vitamin B-6....mg	0.111	0.013	6		1		0.031	0.012	
Folate, total....mcg	49		0	FLM	4		14	5	
Folic acid....mcg	29		0	NC	4		8	3	
Folate, food....mcg	20		0		4		6	2	
Folate, DFE....mcg_DFE	69		0	NC	4		20	8	
Choline, total....mg	33.8		0	FLA	4		9.6	3.7	
Betaine....mg									
Vitamin B-12....mcg	0.07		1		1		0.02	0.01	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	28		0	NC	4		8	3	
Retinol....mcg	27		0	BNA	4		8	3	
Carotene, beta....mcg	13		0	BNA	4		4	1	
Carotene, alpha....mcg	6		0	BNA	4		2	1	
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	
Vitamin A, IU....IU	116		0	NC	4		33	13	
Lycopene....mcg	0		0	BFSN	4		0	0	
Lutein + zeaxanthin....mcg	169		0	BFSN	4		48	19	
Vitamin E (alpha-tocopherol)....mg	1.10		0	FLA	4		0.31	0.12	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	21		0	FLA	4		6	2	
Vitamin K (phylloquinone)....mcg	0.5		0	FLA	4		0.1	0.1	
Lipids:									
Fatty acids, total saturated....g	1.206		0	FLA	4		0.342	0.133	
4:0....g	0.051		0	FLA	4		0.014	0.006	

NDB No. 03216
Babyfood, teething biscuits

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.014		0	FLA	4		0.004	0.001	
8:0 g	0.015		0	FLA	4		0.004	0.002	
10:0 g	0.034		0	FLA	4		0.010	0.004	
12:0 g	0.034		0	FLA	4		0.010	0.004	
13:0 g									
14:0 g	0.161		0	FLA	4		0.046	0.018	
15:0 g	0.000		0	FLA	4		0.000	0.000	
16:0 g	0.633		0	FLA	4		0.179	0.070	
17:0 g	0.001		0	FLA	4		0.000	0.000	
18:0 g	0.242		0	FLA	4		0.068	0.027	
20:0 g	0.006		0	FLA	4		0.002	0.001	
22:0 g	0.016		0	FLA	4		0.005	0.002	
24:0 g									
Fatty acids, total monounsaturated g	1.702		0	FLA	4		0.483	0.187	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.069		0	FLA	4		0.020	0.008	
17:1 g									
18:1 undifferentiated g	1.629		0	FLA	4		0.462	0.179	
20:1 g	0.004		0	FLA	4		0.001	0.000	
22:1 undifferentiated g	0.000		0	FLA	4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.998		0	FLA	4		0.283	0.110	
18:2 undifferentiated g	0.970		0	FLA	4		0.275	0.107	
18:3 undifferentiated g	0.028		0	FLA	4		0.008	0.003	
18:4 g	0.000		0	FLA	4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0	FLA	4		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0	FLA	4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0	FLA	4		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0	FLA	4		0.000	0.000	
Fatty acids, total trans g	0.004		0	FLA	4		0.001	0.000	
Cholesterol mg	7		0	FLA	4		2	1	
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	NR	4		0	0	
Theobromine mg	0		0	NR	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 11.0g: 1 biscuit

Calories Factors: Protein 4 **Fat** 8.4 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 42278
Babyfood, vegetable and brown rice, strained

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	84.10		0		5		193.43	12.11	107.65
Energy....kcal	69		0		9		159	10	88
Energy....kJ	289		0		9		664	42	370
Protein....g	1.90		0		5		4.37	0.27	2.43
Total lipid (fat)....g	1.50		0		5		3.45	0.22	1.92
Ash....g	0.43		0	T	4		0.99	0.06	0.55
Carbohydrate, by difference....g	12.10		0		9		27.83	1.74	15.49
Fiber, total dietary....g	1.1		0		5		2.5	0.2	1.4
Sugars, total....g	2.39		0	FLA	4		5.49	0.34	3.06
Starch....g									
Minerals:									
Calcium, Ca....mg	14		0		5		32	2	18
Iron, Fe....mg	0.40		0		5		0.92	0.06	0.51
Magnesium, Mg....mg	15		0		5		35	2	19
Phosphorus, P....mg	33		0		5		76	5	42
Potassium, K....mg	135		0		5		311	19	173
Sodium, Na....mg	14		0		5		32	2	18
Zinc, Zn....mg	0.22		0		5		0.51	0.03	0.28
Copper, Cu....mg	0.080		0		4		0.184	0.012	0.102
Manganese, Mn....mg									
Selenium, Se....mcg	1.2		0	BFZN	4		2.8	0.2	1.5
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.3		0		4		0.7	0.0	0.4
Thiamin....mg	0.050		0		5		0.115	0.007	0.064
Riboflavin....mg	0.050		0		5		0.115	0.007	0.064
Niacin....mg	1.100		0		5		2.530	0.158	1.408
Pantothenic acid....mg									
Vitamin B-6....mg	0.050		0		5		0.115	0.007	0.064
Folate, total....mcg	16		0		4		37	2	20
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	16		0		4		37	2	20
Folate, DFE....mcg_DFE	16		0	NC	4		37	2	20
Choline, total....mg	15.2		0	FLA	4		34.9	2.2	19.4
Betaine....mg									
Vitamin B-12....mcg	0.00		0		7		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	8		0	NC	4		17	1	10
Retinol....mcg	0		0	Z	7		0	0	0
Carotene, beta....mcg	73		0	BNA	4		169	11	94
Carotene, alpha....mcg	33		0	BNA	4		77	5	43
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	0
Vitamin A, IU....IU	150		0		5		345	22	192
Lycopene....mcg	1		0	FLA	4		2	0	1
Lutein + zeaxanthin....mcg	550		0	FLA	4		1264	79	704
Vitamin E (alpha-tocopherol)....mg	0.15		0	NR	4		0.36	0.02	0.20
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	13.4		0	FLA	4		30.9	1.9	17.2
Lipids:									
Fatty acids, total saturated....g	0.140		0		4		0.322	0.020	0.179
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 42278
Babyfood, vegetable and brown rice, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.009		0		4		0.021	0.001	0.012
15:0 g									
16:0 g	0.099		0		4		0.228	0.014	0.127
17:0 g									
18:0 g	0.029		0		4		0.067	0.004	0.037
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.970		0		4		2.231	0.140	1.242
14:1 g									
15:1 g									
16:1 undifferentiated g	0.009		0		4		0.021	0.001	0.012
17:1 g									
18:1 undifferentiated g	0.957		0		4		2.201	0.138	1.225
20:1 g	0.001		0		4		0.002	0.000	0.001
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.320		0		4		0.736	0.046	0.410
18:2 undifferentiated g	0.302		0		4		0.695	0.043	0.387
18:3 undifferentiated g	0.011		0		4		0.025	0.002	0.014
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		5		0	0	0
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 230g: 1 cup

Measure 2 = 14.4g: 1 tbsp

Measure 3 = 128g: 1 jar Earth's Best (4.5 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03114
Babyfood, vegetable, butternut squash and corn

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.30		1	MA	12		98.65		
Energy	kcal	50		1	MC	9		57		
Energy	kJ	209		1		9		236		
Protein	g	2.00		1	MA	12		2.26		
Total lipid (fat)	g	0.60		1	MA	12		0.68		
Ash	g	0.84		1	MA	12		0.95		
Carbohydrate, by difference	g	9.30		1	MC	9		10.51		
Fiber, total dietary	g	2.0		1	MA	12		2.3		
Sugars, total	g	2.93		1	MA	12		3.31		
Sucrose	g	2.25		1	MA	12		2.54		
Glucose (dextrose)	g	0.23		1	MA	12		0.26		
Fructose	g	0.30		1	MA	12		0.34		
Lactose	g									
Maltose	g	0.14		1	MA	12		0.16		
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	32		1	MA	12		36		
Iron, Fe	mg	0.40		1	MA	12		0.45		
Magnesium, Mg	mg	26		1	MA	12		29		
Phosphorus, P	mg	35		1	MA	12		40		
Potassium, K	mg	352		1	MA	12		398		
Sodium, Na	mg	5		0	FLM	4		6		
Zinc, Zn	mg	0.30		1	MA	12		0.34		
Copper, Cu	mg	0.100		1	MA	12		0.113		
Manganese, Mn	mg	0.120		1	MA	12		0.136		
Selenium, Se	mcg	0.6		0	FLM	4		0.7		
Vitamins:										
Vitamin C, total ascorbic acid	mg	4.9		0	FLM	4		5.5		
Thiamin	mg	0.060		1	MA	12		0.068		
Riboflavin	mg	0.060		1	MA	12		0.068		
Niacin	mg	0.560		1	MA	12		0.633		
Pantothenic acid	mg	0.314		0	FLM	4		0.355		
Vitamin B-6	mg	0.110		1	MA	12		0.124		
Folate, total	mcg	23		0	FLM	4		26		
Folic acid	mcg	0		0	Z	7		0		
Folate, food	mcg	23		0	FLM	4		26		
Folate, DFE	mcg_DFE	23		0	NC	4		26		
Choline, total	mg	12.5		0	FLA	4		14.1		
Betaine	mg									
Vitamin B-12	mcg	0.00		0	FLM	4		0.00		
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE	mcg_RAE	140		0	NC	4		158		
Retinol	mcg	0		0	FLA	4		0		
Carotene, beta	mcg	1476		0	FLA	4		1667		
Carotene, alpha	mcg	362		0	FLA	4		409		
Cryptoxanthin, beta	mcg	38		0	FLA	4		43		
Vitamin A, IU	IU	2793		1	MA	12		3156		
Lycopene	mcg	0		0	FLA	4		0		
Lutein + zeaxanthin	mcg	970		0	FLA	4		1097		
Vitamin E (alpha-tocopherol)	mg	0.08		0	FLA	4		0.10		
Vitamin E, added	mg	0.00		0	Z	7		0.00		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03114
Babyfood, vegetable, butternut squash and corn

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0		
Vitamin K (phylloquinone)....mcg	2.4		0	FLA	4		2.7		
Lipids:									
Fatty acids, total saturated....g	0.095		0	FLM	4		0.107		
4:0....g	0.000		0	FLM	4		0.000		
6:0....g	0.000		0	FLM	4		0.000		
8:0....g	0.000		0	FLM	4		0.000		
10:0....g	0.000		0	FLM	4		0.000		
12:0....g	0.000		0	FLM	4		0.000		
13:0....g									
14:0....g	0.000		0	FLM	4		0.000		
15:0....g									
16:0....g	0.088		0	FLM	4		0.099		
17:0....g									
18:0....g	0.006		0	FLM	4		0.007		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.166		0	FLM	4		0.188		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	FLM	4		0.000		
17:1....g									
18:1 undifferentiated....g	0.166		0	FLM	4		0.188		
20:1....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated....g	0.000		0	FLM	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.280		0	FLM	4		0.316		
18:2 undifferentiated....g	0.262		0	FLM	4		0.296		
18:3 undifferentiated....g	0.019		0	FLM	4		0.021		
18:4....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	FLM	4		0.000		
20:5 n-3 (EPA)....g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA)....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	0		0	FLM	4		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	FLM	4		0.0		
Caffeine....mg	0		0	FLA	4		0		
Theobromine....mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03096
Babyfood, vegetable, green beans and potatoes

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	86.20		1	MA	12		97.41		
Energy	kcal	62		0	NC	4		70		
Energy	kJ	259		0	NC	4		293		
Protein	g	2.20		1	MA	12		2.49		
Total lipid (fat)	g	1.90		1	MA	12		2.15		
Ash	g	0.70		1	BFCN	4		0.79		
Carbohydrate, by difference	g	9.00		0	NC	4		10.17		
Fiber, total dietary	g	1.4		1	MA	12		1.6		
Sugars, total	g	2.35		1	MA	12		2.66		
Sucrose	g	0.21		1	MA	12		0.24		
Glucose (dextrose)	g	0.33		1	MA	12		0.37		
Fructose	g	0.37		1	MA	12		0.42		
Lactose	g	1.34		1	MA	12		1.51		
Maltose	g	0.10		1	MA	12		0.11		
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	60		1	MA	12		68		
Iron, Fe	mg	0.50		1	MA	12		0.57		
Magnesium, Mg	mg	20		1	MA	12		23		
Phosphorus, P	mg	61		1	MA	12		69		
Potassium, K	mg	148		1	MA	12		167		
Sodium, Na	mg	18		1	MA	12		20		
Zinc, Zn	mg	0.30		1	MA	12		0.34		
Copper, Cu	mg	0.040		1	MA	12		0.045		
Manganese, Mn	mg	0.280		1	MA	12		0.316		
Selenium, Se	mcg	0.7		0	BFZN	4		0.8		
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.1		1	MA	12		1.2		
Thiamin	mg	0.040		1	MA	12		0.045		
Riboflavin	mg	0.110		1	MA	12		0.124		
Niacin	mg	0.460		1	MA	12		0.520		
Pantothenic acid	mg	0.286		0	FLM	4		0.323		
Vitamin B-6	mg	0.080		1	MA	12		0.090		
Folate, total	mcg	10		0	FLM	4		11		
Folic acid	mcg	0		0	Z	7		0		
Folate, food	mcg	10		0	FLM	4		11		
Folate, DFE	mcg_DFE	10		0	NC	4		11		
Choline, total	mg	10.0		0	NR	4		11.3		
Betaine	mg									
Vitamin B-12	mcg	0.15		0	FLM	4		0.17		
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00		
Vitamin A, RAE	mcg_RAE	14		0	NC	4		16		
Retinol	mcg	12		0	BNA	4		13		
Carotene, beta	mcg	28		0	BNA	4		31		
Carotene, alpha	mcg	0		0	BNA	4		0		
Cryptoxanthin, beta	mcg	0		0	BNA	4		0		
Vitamin A, IU	IU	85		1	MA	12		96		
Lycopene	mcg	0		0	FLA	4		0		
Lutein + zeaxanthin	mcg	50		0	FLA	4		56		
Vitamin E (alpha-tocopherol)	mg	0.08		0	FLA	4		0.09		
Vitamin E, added	mg	0.00		0	Z	7		0.00		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03096
Babyfood, vegetable, green beans and potatoes

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0		
Vitamin K (phylloquinone).....mcg	1.4		0	FLA	4		1.6		
Lipids:									
Fatty acids, total saturated.....g	1.117		0	FLM	4		1.262		
4:0.....g	0.056		0	FLM	4		0.063		
6:0.....g	0.033		0	FLM	4		0.037		
8:0.....g	0.019		0	FLM	4		0.021		
10:0.....g	0.044		0	FLM	4		0.050		
12:0.....g	0.049		0	FLM	4		0.055		
13:0.....g									
14:0.....g	0.175		0	FLM	4		0.198		
15:0.....g									
16:0.....g	0.486		0	FLM	4		0.549		
17:0.....g									
18:0.....g	0.214		0	FLM	4		0.242		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.539		0	FLM	4		0.609		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.040		0	FLM	4		0.045		
17:1.....g									
18:1 undifferentiated.....g	0.474		0	FLM	4		0.536		
20:1.....g	0.000		0	FLM	4		0.000		
22:1 undifferentiated.....g	0.000		0	FLM	4		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.132		0	FLM	4		0.149		
18:2 undifferentiated.....g	0.088		0	FLM	4		0.099		
18:3 undifferentiated.....g	0.043		0	FLM	4		0.049		
18:4.....g	0.000		0	FLM	4		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	FLM	4		0.000		
20:5 n-3 (EPA).....g	0.000		0	FLM	4		0.000		
22:5 n-3 (DPA).....g	0.000		0	FLM	4		0.000		
22:6 n-3 (DHA).....g	0.000		0	FLM	4		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	5		0	FLM	4		6		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	FLM	4		0.0		
Caffeine.....mg	0		0	FLA	4		0		
Theobromine.....mg	0		0	FLA	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 113g: 1 jar, Gerber (4 oz)

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03098
Babyfood, vegetables, beets, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	90.10	0.500	16		1		201.82	12.61	25.54
Energy	kcal	34		0	NC	4		76	5	10
Energy	kJ	142		0		4		319	20	40
Protein (N x 6.25)	g	1.30	0.000	10		1		2.91	0.18	0.37
Total lipid (fat)	g	0.10	0.000	10		1		0.22	0.01	0.03
Ash	g	0.90	0.000	15		1		2.02	0.13	0.26
Carbohydrate, by difference	g	7.70		0	NC	4		17.25	1.08	2.18
Fiber, total dietary	g	1.9		0		4		4.3	0.3	0.5
Sugars, total	g	6.09		0	BFSN	4		13.64	0.85	1.73
Starch	g									
Minerals:										
Calcium, Ca	mg	14	1.000	15		1		31	2	4
Iron, Fe	mg	0.32	0.020	17		1		0.72	0.04	0.09
Magnesium, Mg	mg	14		2		1		31	2	4
Phosphorus, P	mg	14		1		1		31	2	4
Potassium, K	mg	182		1		1		408	25	52
Sodium, Na	mg	83		4		1		186	12	24
Zinc, Zn	mg	0.12		2		1		0.27	0.02	0.03
Copper, Cu	mg	0.070		1		1		0.157	0.010	0.020
Manganese, Mn	mg									
Selenium, Se	mcg	0.1		1	A	1		0.2	0.0	0.0
Vitamins:										
Vitamin C, total ascorbic acid	mg	2.4	0.200	10		1		5.4	0.3	0.7
Thiamin	mg	0.011	0.000	11		1		0.025	0.002	0.003
Riboflavin	mg	0.043	0.000	14		1		0.096	0.006	0.012
Niacin	mg	0.132	0.007	10		1		0.296	0.018	0.037
Pantothenic acid	mg	0.100		0		4		0.224	0.014	0.028
Vitamin B-6	mg	0.024		7		1		0.054	0.003	0.007
Folate, total	mcg	31	3.600	6		1		69	4	9
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	31	3.600	6		1		69	4	9
Folate, DFE	mcg_DFE	31		0	NC	4		69	4	9
Choline, total	mg	4.8		0	T	4		10.7	0.7	1.4
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	1		0	NC	4		3	0	0
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	16		0	BFSN	4		36	2	5
Carotene, alpha	mcg	0		0	BFSN	4		0	0	0
Cryptoxanthin, beta	mcg	0		0	BFSN	4		0	0	0
Vitamin A, IU	IU	27		0	NC	4		59	4	8
Lycopene	mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin	mcg	0		0	BFSN	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.03		0	BFSN	4		0.08	0.00	0.01
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	0.2		0	BFSN	4		0.4	0.0	0.0
Lipids:										
Fatty acids, total saturated	g	0.016		0		4		0.036	0.002	0.005
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03098
Babyfood, vegetables, beets, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.016		0		4		0.036	0.002	0.005
17:0 g									
18:0 g	0.000		0		4		0.000	0.000	0.000
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.019		0		4		0.043	0.003	0.005
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.019		0		4		0.043	0.003	0.005
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.036		0		4		0.081	0.005	0.010
18:2 undifferentiated g	0.033		0		4		0.074	0.005	0.009
18:3 undifferentiated g	0.003		0		4		0.007	0.000	0.001
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.012		0		1		0.027	0.002	0.003
Threonine g	0.032		0		1		0.072	0.004	0.009
Isoleucine g	0.038		0		1		0.085	0.005	0.011
Leucine g	0.046		0		1		0.103	0.006	0.013
Lysine g	0.034		0		1		0.076	0.005	0.010
Methionine g	0.010		0		1		0.022	0.001	0.003
Cystine g	0.007		0		1		0.016	0.001	0.002
Phenylalanine g	0.018		0		1		0.040	0.003	0.005
Tyrosine g	0.035		0		1		0.078	0.005	0.010
Valine g	0.045		0		1		0.101	0.006	0.013
Arginine g	0.030		0		1		0.067	0.004	0.009
Histidine g	0.021		0		1		0.047	0.003	0.006
Alanine g	0.054		0		1		0.121	0.008	0.015
Aspartic acid g	0.086		0		1		0.193	0.012	0.024
Glutamic acid g	0.292		0		1		0.654	0.041	0.083
Glycine g	0.027		0		1		0.060	0.004	0.008
Proline g	0.027		0		1		0.060	0.004	0.008
Serine g	0.043		0		1		0.096	0.006	0.012
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03098

Babyfood, vegetables, beets, strained

Common Measures:

Measure 1 = 224g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.78 **Fat** 8.37 **Carbohydrate** 3.84

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03100
Babyfood, vegetables, carrots, junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	91.00	0.200	28		1		203.84	12.74	25.80
Energy....kcal	32		0	NC	4		72	4	9
Energy....kJ	134		0		4		300	19	38
Protein (N x 6.25)....g	0.80	0.000	29		1		1.79	0.11	0.23
Total lipid (fat)....g	0.20	0.000	28		1		0.45	0.03	0.06
Ash....g	0.70	0.000	28		1		1.57	0.10	0.20
Carbohydrate, by difference....g	7.20		0	NC	4		16.13	1.01	2.04
Fiber, total dietary....g	1.7		0		4		3.8	0.2	0.5
Sugars, total....g	3.16		0	BFSN	4		7.08	0.44	0.90
Starch....g									
Minerals:									
Calcium, Ca....mg	23	1.000	24		1		52	3	7
Iron, Fe....mg	0.39	0.050	24		1		0.87	0.05	0.11
Magnesium, Mg....mg	11		0		1		25	2	3
Phosphorus, P....mg	20		2		1		45	3	6
Potassium, K....mg	202	7.000	13		1		452	28	57
Sodium, Na....mg	49		18		1		110	7	14
Zinc, Zn....mg	0.18		0		1		0.39	0.02	0.05
Copper, Cu....mg	0.047		0		1		0.105	0.007	0.013
Manganese, Mn....mg									
Selenium, Se....mcg	0.2		0	BFZN	4		0.4	0.0	0.1
Vitamins:									
Vitamin C, total ascorbic acid....mg	5.5	0.300	24		1		12.3	0.8	1.6
Thiamin....mg	0.024	0.000	23		1		0.054	0.003	0.007
Riboflavin....mg	0.041	0.000	22		1		0.092	0.006	0.012
Niacin....mg	0.497	0.031	22		1		1.113	0.070	0.141
Pantothenic acid....mg	0.278		0		1		0.623	0.039	0.079
Vitamin B-6....mg	0.080	0.004	11		1		0.179	0.011	0.023
Folate, total....mcg	17		0		1		39	2	5
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	17		0		1		39	2	5
Folate, DFE....mcg_DFE	17		0	NC	4		39	2	5
Choline, total....mg	8.0		0	T	4		18.0	1.1	2.3
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	591		0	NC	4		1323	83	167
Retinol....mcg	0		0	BNA	4		0	0	0
Carotene, beta....mcg	5745		0	BNA	4		12869	804	1629
Carotene, alpha....mcg	2682		0	BNA	4		6007	375	760
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	0
Vitamin A, IU....IU	11810	448.000	24		1		26454	1653	3348
Lycopene....mcg	0		0	Z	7		0	0	0
Lutein + zeaxanthin....mcg	230		0	O	4		515	32	65
Vitamin E (alpha-tocopherol)....mg	0.52		0	NR	4		1.16	0.07	0.15
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	12.5		0	BFSN	4		28.1	1.8	3.6
Lipids:									
Fatty acids, total saturated....g	0.036		0		4		0.081	0.005	0.010
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03100
Babyfood, vegetables, carrots, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.002		0		4		0.004	0.000	0.001
13:0 g									
14:0 g	0.001		0		4		0.002	0.000	0.000
15:0 g									
16:0 g	0.028		0		4		0.063	0.004	0.008
17:0 g									
18:0 g	0.001		0		4		0.002	0.000	0.000
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.009		0		4		0.020	0.001	0.003
14:1 g									
15:1 g									
16:1 undifferentiated g	0.002		0		4		0.004	0.000	0.001
17:1 g									
18:1 undifferentiated g	0.007		0		4		0.016	0.001	0.002
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.093		0		4		0.208	0.013	0.026
18:2 undifferentiated g	0.080		0		4		0.179	0.011	0.023
18:3 undifferentiated g	0.011		0		4		0.025	0.002	0.003
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.011		0		1		0.025	0.002	0.003
Threonine g	0.023		0		1		0.052	0.003	0.007
Isoleucine g	0.024		0		1		0.054	0.003	0.007
Leucine g	0.033		0		1		0.074	0.005	0.009
Lysine g	0.021		0		1		0.047	0.003	0.006
Methionine g	0.009		0		1		0.020	0.001	0.003
Cystine g	0.006		0		1		0.013	0.001	0.002
Phenylalanine g	0.025		0		1		0.056	0.004	0.007
Tyrosine g	0.020		0		1		0.045	0.003	0.006
Valine g	0.031		0		1		0.069	0.004	0.009
Arginine g	0.052		0		1		0.116	0.007	0.015
Histidine g	0.013		0		1		0.029	0.002	0.004
Alanine g	0.041		0		1		0.092	0.006	0.012
Aspartic acid g	0.127		0		1		0.284	0.018	0.036
Glutamic acid g	0.225		0		1		0.504	0.032	0.064
Glycine g	0.022		0		1		0.049	0.003	0.006
Proline g	0.021		0		1		0.047	0.003	0.006
Serine g	0.024		0		1		0.054	0.003	0.007
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03100
Babyfood, vegetables, carrots, junior

Common Measures:

Measure 1 = 224g: 1 cup
Measure 2 = 14.0g: 1 tbsp
Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.78 **Fat** 8.37 **Carbohydrate** 3.84

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03099
Babyfood, vegetables, carrots, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	92.30	0.200	52		1		206.75	12.92	26.17
Energy	kcal	27		0	NC	4		60	4	8
Energy	kJ	113		0		4		253	16	32
Protein (N x 6.25)	g	0.80	0.000	28		1		1.79	0.11	0.23
Total lipid (fat)	g	0.10	0.000	28		1		0.22	0.01	0.03
Ash	g	0.80	0.000	26		1		1.79	0.11	0.23
Carbohydrate, by difference	g	6.00		0	NC	4		13.44	0.84	1.70
Fiber, total dietary	g	1.7		0		4		3.8	0.2	0.5
Sugars, total	g	3.64		0	BFPN	4		8.15	0.51	1.03
Starch	g									
Minerals:										
Calcium, Ca	mg	22	1.000	29		1		49	3	6
Iron, Fe	mg	0.37	0.040	34		1		0.83	0.05	0.10
Magnesium, Mg	mg	9		1		1		20	1	3
Phosphorus, P	mg	20		2		1		45	3	6
Potassium, K	mg	196	6.000	13		1		439	27	56
Sodium, Na	mg	37		18		1		83	5	10
Zinc, Zn	mg	0.15		16		1		0.34	0.02	0.04
Copper, Cu	mg	0.041		16		1		0.092	0.006	0.012
Manganese, Mn	mg									
Selenium, Se	mcg	0.2		1	A	1		0.4	0.0	0.1
Vitamins:										
Vitamin C, total ascorbic acid	mg	5.7	0.300	33		1		12.8	0.8	1.6
Thiamin	mg	0.023	0.000	32		1		0.052	0.003	0.007
Riboflavin	mg	0.040	0.000	28		1		0.090	0.006	0.011
Niacin	mg	0.463	0.031	30		1		1.037	0.065	0.131
Pantothenic acid	mg	0.240		4		1		0.538	0.034	0.068
Vitamin B-6	mg	0.073	0.000	20		1		0.164	0.010	0.021
Folate, total	mcg	15	2.800	9		1		33	2	4
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	15	2.800	9		1		33	2	4
Folate, DFE	mcg_DFE	15		0	NC	4		33	2	4
Choline, total	mg	6.9		0	T	4		15.4	1.0	1.9
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	573		0	NC	4		1284	80	162
Retinol	mcg	0		0	BNA	4		0	0	0
Carotene, beta	mcg	5575		0	BNA	4		12489	781	1581
Carotene, alpha	mcg	2602		0	BNA	4		5829	364	738
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU	IU	11461	341.000	29		1		25673	1605	3249
Lycopene	mcg	0		0	Z	7		0	0	0
Lutein + zeaxanthin	mcg	0		0	NR	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.52		0	NR	4		1.16	0.07	0.15
Vitamin E, added	mg	0.00		0	NR	4		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	14.4		0	BFPN	4		32.3	2.0	4.1
Lipids:										
Fatty acids, total saturated	g	0.018		0		4		0.040	0.003	0.005
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03099
Babyfood, vegetables, carrots, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.001		0		4		0.002	0.000	0.000
13:0 g									
14:0 g	0.001		0		4		0.002	0.000	0.000
15:0 g									
16:0 g	0.014		0		4		0.031	0.002	0.004
17:0 g									
18:0 g	0.001		0		4		0.002	0.000	0.000
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.004		0		4		0.009	0.001	0.001
14:1 g									
15:1 g									
16:1 undifferentiated g	0.001		0		4		0.002	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.003		0		4		0.007	0.000	0.001
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.047		0		4		0.105	0.007	0.013
18:2 undifferentiated g	0.040		0		4		0.090	0.006	0.011
18:3 undifferentiated g	0.006		0		4		0.013	0.001	0.002
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.011		0		1		0.025	0.002	0.003
Threonine g	0.022		0		1		0.049	0.003	0.006
Isoleucine g	0.024		0		1		0.054	0.003	0.007
Leucine g	0.032		0		1		0.072	0.004	0.009
Lysine g	0.020		0		1		0.045	0.003	0.006
Methionine g	0.009		0		1		0.020	0.001	0.003
Cystine g	0.006		0		1		0.013	0.001	0.002
Phenylalanine g	0.024		0		1		0.054	0.003	0.007
Tyrosine g	0.019		0		1		0.043	0.003	0.005
Valine g	0.030		0		1		0.067	0.004	0.009
Arginine g	0.050		0		1		0.112	0.007	0.014
Histidine g	0.012		0		1		0.027	0.002	0.003
Alanine g	0.040		0		1		0.090	0.006	0.011
Aspartic acid g	0.123		0		1		0.276	0.017	0.035
Glutamic acid g	0.218		0		1		0.488	0.031	0.062
Glycine g	0.021		0		1		0.047	0.003	0.006
Proline g	0.020		0		1		0.045	0.003	0.006
Serine g	0.024		0		1		0.054	0.003	0.007
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFPN	4		0	0	0
Theobromine mg	0		0	BFPN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03099

Babyfood, vegetables, carrots, strained

Common Measures:

Measure 1 = 224g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.78 **Fat** 8.37 **Carbohydrate** 3.84

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03120
Babyfood, vegetables, corn, creamed, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	81.40		17		1		195.36	12.21	23.08
Energy	kcal	65		0	NC	4		156	10	18
Energy	kJ	272		0	NC	4		653	41	77
Protein (N x 6.25)	g	1.40		17		1		3.36	0.21	0.40
Total lipid (fat)	g	0.40		17		1		0.96	0.06	0.11
Ash	g	0.55		0	FLA	4		1.32	0.08	0.16
Carbohydrate, by difference	g	16.25		0	NC	4		39.00	2.44	4.61
Fiber, total dietary	g	2.1		0		4		5.0	0.3	0.6
Sugars, total	g	1.48		0	FLA	4		3.55	0.22	0.42
Sucrose	g	1.19		0	FLA	4		2.85	0.18	0.34
Glucose (dextrose)	g	0.10		0	FLA	4		0.24	0.02	0.03
Fructose	g	0.10		0	FLA	4		0.24	0.02	0.03
Lactose	g	0.00		0	FLA	4		0.00	0.00	0.00
Maltose	g	0.05		0	FLA	4		0.12	0.01	0.01
Galactose	g	0.00		0	FLA	4		0.00	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	4		0	FLA	4		10	1	1
Iron, Fe	mg	0.27		8		1		0.65	0.04	0.08
Magnesium, Mg	mg	8		1		1		19	1	2
Phosphorus, P	mg	33		1		1		79	5	9
Potassium, K	mg	81		14		1		194	12	23
Sodium, Na	mg	52		19		1		125	8	15
Zinc, Zn	mg	0.23		1		1		0.55	0.03	0.07
Copper, Cu	mg	0.038		0		1		0.091	0.006	0.011
Manganese, Mn	mg									
Selenium, Se	mcg	1.3		1	A	1		3.1	0.2	0.4
Vitamins:										
Vitamin C, total ascorbic acid	mg	2.2		9		1		5.3	0.3	0.6
Thiamin	mg	0.013		9		1		0.031	0.002	0.004
Riboflavin	mg	0.048		8		1		0.115	0.007	0.014
Niacin	mg	0.504		8		1		1.210	0.076	0.143
Pantothenic acid	mg	0.327		0		1		0.785	0.049	0.093
Vitamin B-6	mg	0.041		1		1		0.098	0.006	0.012
Folate, total	mcg	20		0	FLA	4		49	3	6
Folic acid	mcg	0		0	FLA	4		0	0	0
Folate, food	mcg	20		0	FLA	4		49	3	6
Folate, DFE	mcg_DFE	20		0	NC	4		49	3	6
Choline, total	mg	8.6		0	FLA	4		20.7	1.3	2.4
Betaine	mg									
Vitamin B-12	mcg	0.02		1		1		0.05	0.00	0.01
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	2		0	FLA	4		5	0	1
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	13		0	FLA	4		32	2	4
Carotene, alpha	mcg	10		0	FLA	4		25	2	3
Cryptoxanthin, beta	mcg	3		0	FLA	4		6	0	1
Vitamin A, IU	IU	34		0	FLA	4		82	5	10
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	423		0	FLA	4		1016	63	120
Vitamin E (alpha-tocopherol)	mg	0.04		0	FLA	4		0.11	0.01	0.01
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03120
Babyfood, vegetables, corn, creamed, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Lipids:									
Fatty acids, total saturated....g	0.074		0		4		0.178	0.011	0.021
4:0....g	0.001		0		4		0.002	0.000	0.000
6:0....g	0.000		0		4		0.000	0.000	0.000
8:0....g	0.000		0		4		0.000	0.000	0.000
10:0....g	0.001		0		4		0.002	0.000	0.000
12:0....g	0.000		0		4		0.000	0.000	0.000
13:0....g									
14:0....g	0.002		0		4		0.005	0.000	0.001
15:0....g									
16:0....g	0.062		0		4		0.149	0.009	0.018
17:0....g									
18:0....g	0.006		0		4		0.014	0.001	0.002
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.116		0		4		0.278	0.017	0.033
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.001		0		4		0.002	0.000	0.000
17:1....g									
18:1 undifferentiated....g	0.115		0		4		0.276	0.017	0.033
20:1....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.178		0		4		0.427	0.027	0.050
18:2 undifferentiated....g	0.173		0		4		0.415	0.026	0.049
18:3 undifferentiated....g	0.006		0		4		0.014	0.001	0.002
18:4....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	1		0		4		2	0	0
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.015		0		1		0.036	0.002	0.004
Threonine....g	0.052		0		1		0.125	0.008	0.015
Isoleucine....g	0.065		0		1		0.156	0.010	0.018
Leucine....g	0.141		0		1		0.338	0.021	0.040
Lysine....g	0.082		0		1		0.197	0.012	0.023
Methionine....g	0.040		0		1		0.096	0.006	0.011
Cystine....g	0.018		0		1		0.043	0.003	0.005
Phenylalanine....g	0.049		0		1		0.118	0.007	0.014
Tyrosine....g	0.068		0		1		0.163	0.010	0.019
Valine....g	0.078		0		1		0.187	0.012	0.022
Arginine....g	0.060		0		1		0.144	0.009	0.017
Histidine....g	0.046		0		1		0.110	0.007	0.013
Alanine....g	0.071		0		1		0.170	0.011	0.020
Aspartic acid....g	0.099		0		1		0.238	0.015	0.028
Glutamic acid....g	0.276		0		1		0.662	0.041	0.078
Glycine....g	0.036		0		1		0.086	0.005	0.010
Proline....g	0.161		0		1		0.386	0.024	0.046
Serine....g	0.062		0		1		0.149	0.009	0.018
Hydroxyproline....g									
Others:									

NDB No. 03120
Babyfood, vegetables, corn, creamed, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	0.0
Caffeine....mg	0		0	FLA	4		0	0	0
Theobromine....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.44 **Fat** 8.37 **Carbohydrate** 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03119
Babyfood, vegetables, corn, creamed, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	83.60	0.800	26		1		200.64	12.54	23.70
Energy	kcal	57		0	NC	4		137	9	16
Energy	kJ	238		0		4		572	36	68
Protein (N x 6.25)	g	1.40		17		1		3.36	0.21	0.40
Total lipid (fat)	g	0.40		17		1		0.96	0.06	0.11
Ash	g	0.50		0	FLA	4		1.20	0.08	0.14
Carbohydrate, by difference	g	14.10		0	NC	4		33.84	2.12	4.00
Fiber, total dietary	g	2.1		0		4		5.0	0.3	0.6
Sugars, total	g	1.23		0	FLA	4		2.95	0.18	0.35
Sucrose	g	1.00		0	FLA	4		2.40	0.15	0.28
Glucose (dextrose)	g	0.09		0	FLA	4		0.21	0.01	0.02
Fructose	g	0.09		0	FLA	4		0.21	0.01	0.02
Lactose	g	0.00		0	FLA	4		0.00	0.00	0.00
Maltose	g	0.04		0	FLA	4		0.10	0.01	0.01
Galactose	g	0.00		0	FLA	4		0.00	0.00	0.00
Starch	g									
Minerals:										
Calcium, Ca	mg	20		13		1		48	3	6
Iron, Fe	mg	0.28		14		1		0.67	0.04	0.08
Magnesium, Mg	mg	8		1		1		19	1	2
Phosphorus, P	mg	33		1		1		79	5	9
Potassium, K	mg	90		14		1		216	14	26
Sodium, Na	mg	43		21		1		103	6	12
Zinc, Zn	mg	0.19		1		1		0.46	0.03	0.05
Copper, Cu	mg	0.034		1		1		0.082	0.005	0.010
Manganese, Mn	mg									
Selenium, Se	mcg	1.3		1	A	1		3.1	0.2	0.4
Vitamins:										
Vitamin C, total ascorbic acid	mg	2.1		13		1		5.0	0.3	0.6
Thiamin	mg	0.013		13		1		0.031	0.002	0.004
Riboflavin	mg	0.047		13		1		0.113	0.007	0.013
Niacin	mg	0.512		13		1		1.229	0.077	0.145
Pantothenic acid	mg	0.290		4		1		0.696	0.044	0.082
Vitamin B-6	mg	0.041		1		1		0.098	0.006	0.012
Folate, total	mcg	17		0	FLA	4		42	3	5
Folic acid	mcg	0		0	FLA	4		0	0	0
Folate, food	mcg	17		0	FLA	4		42	3	5
Folate, DFE	mcg_DFE	17		0	NC	4		42	3	5
Choline, total	mg	8.6		0	FLM	4		20.6	1.3	2.4
Betaine	mg									
Vitamin B-12	mcg	0.02		1		1		0.05	0.00	0.01
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	5		0	NC	4		11	1	1
Retinol	mcg	2		0	BNA	4		4	0	0
Carotene, beta	mcg	26		0	BNA	4		61	4	7
Carotene, alpha	mcg	20		0	BNA	4		49	3	6
Cryptoxanthin, beta	mcg	5		0	BNA	4		12	1	1
Vitamin A, IU	IU	69		0	NC	4		165	10	19
Lycopene	mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin	mcg	357		0	FLA	4		857	54	101
Vitamin E (alpha-tocopherol)	mg	0.04		0	FLA	4		0.09	0.01	0.01
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03119
Babyfood, vegetables, corn, creamed, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	0.0		0	FLA	4		0.0	0.0	0.0
Lipids:									
Fatty acids, total saturated....g	0.076		0		4		0.182	0.011	0.022
4:0....g	0.001		0		4		0.002	0.000	0.000
6:0....g	0.000		0		4		0.000	0.000	0.000
8:0....g	0.000		0		4		0.000	0.000	0.000
10:0....g	0.001		0		4		0.002	0.000	0.000
12:0....g	0.000		0		4		0.000	0.000	0.000
13:0....g									
14:0....g	0.003		0		4		0.007	0.000	0.001
15:0....g									
16:0....g	0.062		0		4		0.149	0.009	0.018
17:0....g									
18:0....g	0.007		0		4		0.017	0.001	0.002
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.116		0		4		0.278	0.017	0.033
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.001		0		4		0.002	0.000	0.000
17:1....g									
18:1 undifferentiated....g	0.115		0		4		0.276	0.017	0.033
20:1....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.176		0		4		0.422	0.026	0.050
18:2 undifferentiated....g	0.171		0		4		0.410	0.026	0.048
18:3 undifferentiated....g	0.006		0		4		0.014	0.001	0.002
18:4....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	1		0		4		2	0	0
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.015		0		1		0.036	0.002	0.004
Threonine....g	0.052		0		1		0.125	0.008	0.015
Isoleucine....g	0.065		0		1		0.156	0.010	0.018
Leucine....g	0.140		0		1		0.336	0.021	0.040
Lysine....g	0.081		0		1		0.194	0.012	0.023
Methionine....g	0.040		0		1		0.096	0.006	0.011
Cystine....g	0.018		0		1		0.043	0.003	0.005
Phenylalanine....g	0.049		0		1		0.118	0.007	0.014
Tyrosine....g	0.067		0		1		0.161	0.010	0.019
Valine....g	0.077		0		1		0.185	0.012	0.022
Arginine....g	0.060		0		1		0.144	0.009	0.017
Histidine....g	0.046		0		1		0.110	0.007	0.013
Alanine....g	0.070		0		1		0.168	0.011	0.020
Aspartic acid....g	0.099		0		1		0.238	0.015	0.028
Glutamic acid....g	0.275		0		1		0.660	0.041	0.078
Glycine....g	0.036		0		1		0.086	0.005	0.010
Proline....g	0.161		0		1		0.386	0.024	0.046
Serine....g	0.062		0		1		0.149	0.009	0.018
Hydroxyproline....g									
Others:									

NDB No. 03119
Babyfood, vegetables, corn, creamed, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	FLA	4		0	0	0
Theobromine.....mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.44 **Fat** 8.37 **Carbohydrate** 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03283
Babyfood, vegetables, garden vegetable, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	90.00	0.100	19		1		25.52	101.70	
Energy	kcal	32		0	NC	4		9	36	
Energy	kJ	132		0	NC	4		37	149	
Protein (N x 6.25)	g	2.30	0.000	17		1		0.65	2.60	
Total lipid (fat)	g	0.20	0.000	17		1		0.06	0.23	
Ash	g	0.70		13		1		0.20	0.79	
Carbohydrate, by difference	g	6.80		0	NC	4		1.93	7.68	
Fiber, total dietary	g	1.5		0		4		0.4	1.7	
Sugars, total	g	2.57		0	FLA	4		0.73	2.90	
Starch	g									
Minerals:										
Calcium, Ca	mg	28	3.000	17		1		8	32	
Iron, Fe	mg	0.83	0.030	18		1		0.24	0.94	
Magnesium, Mg	mg	21		2		1		6	24	
Phosphorus, P	mg	28		1		1		8	32	
Potassium, K	mg	168		14		1		48	190	
Sodium, Na	mg	35	5.000	17		1		10	40	
Zinc, Zn	mg	0.26		2		1		0.07	0.29	
Copper, Cu	mg	0.070		1		1		0.020	0.079	
Manganese, Mn	mg									
Selenium, Se	mcg	0.7		0	BFZN	4		0.2	0.8	
Vitamins:										
Vitamin C, total ascorbic acid	mg	5.7	0.200	18		1		1.6	6.4	
Thiamin	mg	0.061	0.003	17		1		0.017	0.069	
Riboflavin	mg	0.069	0.000	17		1		0.020	0.078	
Niacin	mg	0.779	0.028	17		1		0.221	0.880	
Pantothenic acid	mg	0.260		0		4		0.074	0.294	
Vitamin B-6	mg	0.100		4		1		0.028	0.113	
Folate, total	mcg	40	2.300	16		1		11	45	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	40	2.300	16		1		11	45	
Folate, DFE	mcg_DFE	40		0	NC	4		11	45	
Choline, total	mg	13.4		0	FLA	4		3.8	15.1	
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	303		0	NC	4		86	343	
Retinol	mcg	0		0	BNA	4		0	0	
Carotene, beta	mcg	3270		0	BNA	4		927	3695	
Carotene, alpha	mcg	740		0	BNA	4		210	837	
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	
Vitamin A, IU	IU	6067	232.000	19		1		1720	6856	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	1374		0	FLA	4		390	1553	
Vitamin E (alpha-tocopherol)	mg	0.52		0	NR	4		0.15	0.59	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)	mcg	24.5		0	FLA	4		6.9	27.7	
Lipids:										
Fatty acids, total saturated	g	0.035		0		4		0.010	0.040	
4:0	g	0.000		0		4		0.000	0.000	

NDB No. 03283
Babyfood, vegetables, garden vegetable, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000	0.000	
8:0....g	0.000		0		4		0.000	0.000	
10:0....g	0.000		0		4		0.000	0.000	
12:0....g	0.001		0		4		0.000	0.001	
13:0....g									
14:0....g	0.002		0		4		0.001	0.002	
15:0....g									
16:0....g	0.028		0		4		0.008	0.032	
17:0....g									
18:0....g	0.002		0		4		0.001	0.002	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.011		0		4		0.003	0.012	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.002		0		4		0.001	0.002	
17:1....g									
18:1 undifferentiated....g	0.009		0		4		0.003	0.010	
20:1....g	0.000		0		4		0.000	0.000	
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.090		0		4		0.026	0.102	
18:2 undifferentiated....g	0.053		0		4		0.015	0.060	
18:3 undifferentiated....g	0.035		0		4		0.010	0.040	
18:4....g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0		4		0	0	
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.027		0		1		0.008	0.031	
Threonine....g	0.073		0		1		0.021	0.082	
Isoleucine....g	0.086		0		1		0.024	0.097	
Leucine....g	0.143		0		1		0.041	0.162	
Lysine....g	0.116		0		1		0.033	0.131	
Methionine....g	0.043		0		1		0.012	0.049	
Cystine....g	0.020		0		1		0.006	0.023	
Phenylalanine....g	0.088		0		1		0.025	0.099	
Tyrosine....g	0.095		0		1		0.027	0.107	
Valine....g	0.099		0		1		0.028	0.112	
Arginine....g	0.196		0		1		0.056	0.221	
Histidine....g	0.045		0		1		0.013	0.051	
Alanine....g	0.107		0		1		0.030	0.121	
Aspartic acid....g	0.192		0		1		0.054	0.217	
Glutamic acid....g	0.293		0		1		0.083	0.331	
Glycine....g	0.079		0		1		0.022	0.089	
Proline....g	0.122		0		1		0.035	0.138	
Serine....g	0.077		0		1		0.022	0.087	
Hydroxyproline....g									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	
Caffeine....mg	0		0	FLA	4		0	0	
Theobromine....mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03283

Babyfood, vegetables, garden vegetable, strained

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 2.44 **Fat** 8.37 **Carbohydrate** 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03092
Babyfood, vegetables, green beans, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	92.50	0.200	13		1		222.00	13.88	26.22
Energy	kcal	24		0	NC	4		58	4	7
Energy	kJ	101		0	NC	4		242	15	29
Protein (N x 6.25)	g	1.20	0.000	13		1		2.88	0.18	0.34
Total lipid (fat)	g	0.10	0.000	13		1		0.24	0.02	0.03
Ash	g	0.40	0.000	13		1		0.96	0.06	0.11
Carbohydrate, by difference	g	5.70		0	NC	4		13.68	0.86	1.62
Fiber, total dietary	g	1.9		0		4		4.6	0.3	0.5
Sugars, total	g	1.08		0	BFSN	4		2.59	0.16	0.31
Starch	g									
Minerals:										
Calcium, Ca	mg	65	4.000	13		1		156	10	18
Iron, Fe	mg	1.08	0.040	13		1		2.59	0.16	0.31
Magnesium, Mg	mg	22		0		1		53	3	6
Phosphorus, P	mg	19		0		1		46	3	5
Potassium, K	mg	128	3.000	13		1		307	19	36
Sodium, Na	mg	2	0.000	13		1		5	0	1
Zinc, Zn	mg	0.19		0		1		0.46	0.03	0.05
Copper, Cu	mg	0.049		0		1		0.118	0.007	0.014
Manganese, Mn	mg									
Selenium, Se	mcg	0.3		2	A	1		0.7	0.0	0.1
Vitamins:										
Vitamin C, total ascorbic acid	mg	8.4	0.500	13		1		20.2	1.3	2.4
Thiamin	mg	0.021	0.000	13		1		0.050	0.003	0.006
Riboflavin	mg	0.102	0.004	13		1		0.245	0.015	0.029
Niacin	mg	0.321	0.011	13		1		0.770	0.048	0.091
Pantothenic acid	mg	0.151		0		1		0.362	0.023	0.043
Vitamin B-6	mg	0.035		0		1		0.084	0.005	0.010
Folate, total	mcg	33		0		1		78	5	9
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	33		0		1		78	5	9
Folate, DFE	mcg_DFE	33		0	NC	4		78	5	9
Choline, total	mg	22.6		0	FLA	4		54.3	3.4	6.4
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	24		0	NC	4		58	4	7
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	292		0	BFSN	4		702	44	83
Carotene, alpha	mcg	0		0	BFSN	4		0	0	0
Cryptoxanthin, beta	mcg	0		0	BFSN	4		0	0	0
Vitamin A, IU	IU	433	37.000	13		1		1039	65	123
Lycopene	mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin	mcg	493		0	BFSN	4		1184	74	140
Vitamin E (alpha-tocopherol)	mg	0.32		0	BFSN	4		0.76	0.05	0.09
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	11.1		0	BFSN	4		26.7	1.7	3.2
Lipids:										
Fatty acids, total saturated	g	0.023		0		4		0.055	0.003	0.007
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03092
Babyfood, vegetables, green beans, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.019		0		4		0.046	0.003	0.005
17:0 g									
18:0 g	0.003		0		4		0.007	0.000	0.001
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.004		0		4		0.010	0.001	0.001
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.004		0		4		0.010	0.001	0.001
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.052		0		4		0.125	0.008	0.015
18:2 undifferentiated g	0.020		0		4		0.048	0.003	0.006
18:3 undifferentiated g	0.032		0		4		0.077	0.005	0.009
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.014		0		1		0.034	0.002	0.004
Threonine g	0.051		0		1		0.122	0.008	0.014
Isoleucine g	0.054		0		1		0.130	0.008	0.015
Leucine g	0.078		0		1		0.187	0.012	0.022
Lysine g	0.059		0		1		0.142	0.009	0.017
Methionine g	0.018		0		1		0.043	0.003	0.005
Cystine g	0.010		0		1		0.024	0.002	0.003
Phenylalanine g	0.049		0		1		0.118	0.007	0.014
Tyrosine g	0.042		0		1		0.101	0.006	0.012
Valine g	0.065		0		1		0.156	0.010	0.018
Arginine g	0.066		0		1		0.158	0.010	0.019
Histidine g	0.033		0		1		0.079	0.005	0.009
Alanine g	0.056		0		1		0.134	0.008	0.016
Aspartic acid g	0.234		0		1		0.562	0.035	0.066
Glutamic acid g	0.157		0		1		0.377	0.024	0.045
Glycine g	0.049		0		1		0.118	0.007	0.014
Proline g	0.061		0		1		0.146	0.009	0.017
Serine g	0.063		0		1		0.151	0.009	0.018
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03092

Babyfood, vegetables, green beans, junior

Common Measures:

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.44 **Fat** 8.37 **Carbohydrate** 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03091
Babyfood, vegetables, green beans, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	91.85	0.340	36	JA	6		220.44	13.78	26.04
Energy	kcal	27		0	NC	4		64	4	8
Energy	kJ	112		0	NC	4		269	17	32
Protein (N x 6.25)	g	1.20	0.102	27	JA	6		2.89	0.18	0.34
Total lipid (fat)	g	0.17	0.034	27	JA	6		0.40	0.02	0.05
Ash	g	0.49	0.059	27	JA	6		1.18	0.07	0.14
Carbohydrate, by difference	g	6.29		0	NC	4		15.10	0.94	1.78
Fiber, total dietary	g	2.2		2	A	1		5.2	0.3	0.6
Sugars, total	g	1.88		2	A	1		4.50	0.28	0.53
Sucrose	g	0.28		2	A	1		0.66	0.04	0.08
Glucose (dextrose)	g	0.71		2	A	1		1.71	0.11	0.20
Fructose	g	0.89		2	A	1		2.13	0.13	0.25
Lactose	g	0.00		2	A	1		0.00	0.00	0.00
Maltose	g	0.00		2	A	1		0.00	0.00	0.00
Galactose	g	0.00		2	A	1		0.00	0.00	0.00
Starch	g	1.31		2	A	1		3.16	0.20	0.37
Minerals:										
Calcium, Ca	mg	39	1.453	26	JA	6		94	6	11
Iron, Fe	mg	0.67	0.060	32	JA	6		1.60	0.10	0.19
Magnesium, Mg	mg	20	2.082	4	JA	6		48	3	6
Phosphorus, P	mg	41		2	A	1		98	6	12
Potassium, K	mg	146	8.327	17	JA	6		350	22	41
Sodium, Na	mg	5		2	A	1		13	1	2
Zinc, Zn	mg	0.22	0.013	4	JA	6		0.54	0.03	0.06
Copper, Cu	mg	0.030		2	A	1		0.072	0.004	0.008
Manganese, Mn	mg	0.265		2	A	1		0.636	0.040	0.075
Selenium, Se	mcg	0.1		2	A	1		0.3	0.0	0.0
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.3		2	A	1		0.8	0.0	0.1
Thiamin	mg	0.026	0.001	28	JA	6		0.063	0.004	0.007
Riboflavin	mg	0.079	0.003	30	JA	6		0.189	0.012	0.022
Niacin	mg	0.361	0.019	26	JA	6		0.867	0.054	0.102
Pantothenic acid	mg	0.041		2	A	1		0.097	0.006	0.012
Vitamin B-6	mg	0.038	0.001	12	JA	6		0.092	0.006	0.011
Folate, total	mcg	24		2	A	1		56	4	7
Folic acid	mcg	0		0	BFSN	4		0	0	0
Folate, food	mcg	24		0	AS	1		56	4	7
Folate, DFE	mcg_DFE	24		0	NC	4		56	4	7
Choline, total	mg	22.6		0	AS	1		54.3	3.4	6.4
Betaine	mg	0.1		2	A	1		0.3	0.0	0.0
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	18		0	AS	1		43	3	5
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	197		2	A	1		473	30	56
Carotene, alpha	mcg	15		2	A	1		35	2	4
Cryptoxanthin, beta	mcg	17		2	A	1		41	3	5
Vitamin A, IU	IU	355		0	AS	1		851	53	101
Lycopene	mcg	0		2	A	1		0	0	0
Lutein + zeaxanthin	mcg	526		0	BFSN	4		1263	79	149
Vitamin E (alpha-tocopherol)	mg	0.07		2	A	1		0.17	0.01	0.02
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg	0.00		2	A	1		0.00	0.00	0.00
Tocopherol, gamma	mg	0.09		2	A	1		0.20	0.01	0.02
Tocopherol, delta	mg	0.02		2	A	1		0.06	0.00	0.01
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03091
Babyfood, vegetables, green beans, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone).....mcg	42.4		2	A	1		101.6	6.4	12.0
Lipids:									
Fatty acids, total saturated.....g	0.039		1	JO	11		0.093	0.006	0.011
4:0.....g	0.000		0		4		0.000	0.000	0.000
6:0.....g	0.000		0		4		0.000	0.000	0.000
8:0.....g	0.000		1	A	1		0.000	0.000	0.000
10:0.....g	0.000		1	A	1		0.000	0.000	0.000
12:0.....g	0.000		1	A	1		0.000	0.000	0.000
13:0.....g									
14:0.....g	0.000		1	A	1		0.000	0.000	0.000
15:0.....g	0.000		1	A	1		0.000	0.000	0.000
16:0.....g	0.039		1	A	1		0.093	0.006	0.011
17:0.....g	0.000		1	A	1		0.000	0.000	0.000
18:0.....g	0.000		1	A	1		0.000	0.000	0.000
20:0.....g	0.000		1	A	1		0.000	0.000	0.000
22:0.....g	0.000		1	A	1		0.000	0.000	0.000
24:0.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated.....g	0.000		0	NC	4		0.000	0.000	0.000
14:1.....g	0.000		1	A	1		0.000	0.000	0.000
15:1.....g									
16:1 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
17:1.....g	0.000		1	A	1		0.000	0.000	0.000
18:1 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:1.....g	0.000		1	A	1		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
24:1 c.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated.....g	0.116		0	NC	4		0.279	0.017	0.033
18:2 undifferentiated.....g	0.058		1	A	1		0.140	0.009	0.016
18:3 undifferentiated.....g	0.058		1	A	1		0.140	0.009	0.016
18:4.....g	0.000		1	A	1		0.000	0.000	0.000
20:2 n-6 c,c.....g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:5 n-3 (EPA).....g	0.000		1	A	1		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		1	A	1		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Amino Acids:									
Tryptophan.....g	0.015		0		1		0.036	0.002	0.004
Threonine.....g	0.055		0		1		0.132	0.008	0.016
Isoleucine.....g	0.058		0		1		0.139	0.009	0.016
Leucine.....g	0.085		0		1		0.204	0.013	0.024
Lysine.....g	0.065		0		1		0.156	0.010	0.018
Methionine.....g	0.019		0		1		0.046	0.003	0.005
Cystine.....g	0.011		0		1		0.026	0.002	0.003
Phenylalanine.....g	0.053		0		1		0.127	0.008	0.015
Tyrosine.....g	0.046		0		1		0.110	0.007	0.013
Valine.....g	0.071		0		1		0.170	0.011	0.020
Arginine.....g	0.072		0		1		0.173	0.011	0.020
Histidine.....g	0.036		0		1		0.086	0.005	0.010
Alanine.....g	0.060		0		1		0.144	0.009	0.017
Aspartic acid.....g	0.254		0		1		0.610	0.038	0.072
Glutamic acid.....g	0.171		0		1		0.410	0.026	0.048
Glycine.....g	0.053		0		1		0.127	0.008	0.015
Proline.....g	0.066		0		1		0.158	0.010	0.019
Serine.....g	0.069		0		1		0.166	0.010	0.020
Hydroxyproline.....g									
Others:									

NDB No. 03091
Babyfood, vegetables, green beans, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	0.0
Caffeine....mg	0		0	BFSN	4		0	0	0
Theobromine....mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.44 **Fat** 8.37 **Carbohydrate** 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03282
Babyfood, vegetables, mix vegetables junior

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	89.40		6		1		214.56	13.41	25.34
Energy....kcal	36		0	NC	4		86	5	10
Energy....kJ	151		0	NC	4		362	23	43
Protein (N x 6.25)....g	1.40		7		1		3.36	0.21	0.40
Total lipid (fat)....g	0.40		6		1		0.96	0.06	0.11
Ash....g	0.60		6		1		1.44	0.09	0.17
Carbohydrate, by difference....g	8.20		0	NC	4		19.68	1.23	2.32
Fiber, total dietary....g	1.5		0		4		3.6	0.2	0.4
Sugars, total....g	1.78		0	FLA	4		4.28	0.27	0.51
Starch....g									
Minerals:									
Calcium, Ca....mg	11		7		1		26	2	3
Iron, Fe....mg	0.41		8		1		0.98	0.06	0.12
Magnesium, Mg....mg	11		1		1		26	2	3
Phosphorus, P....mg	25		1		1		60	4	7
Potassium, K....mg	170		1		1		408	26	48
Sodium, Na....mg	36		3		1		86	5	10
Zinc, Zn....mg	0.27		1		1		0.65	0.04	0.08
Copper, Cu....mg	0.041		0		1		0.098	0.006	0.012
Manganese, Mn....mg									
Selenium, Se....mcg	0.7		1	A	1		1.7	0.1	0.2
Vitamins:									
Vitamin C, total ascorbic acid....mg	2.5		12		1		6.0	0.4	0.7
Thiamin....mg	0.029		9		1		0.070	0.004	0.008
Riboflavin....mg	0.032		8		1		0.077	0.005	0.009
Niacin....mg	0.665		11		1		1.596	0.100	0.189
Pantothenic acid....mg	0.259		0		1		0.622	0.039	0.073
Vitamin B-6....mg	0.081		7		1		0.194	0.012	0.023
Folate, total....mcg	4		0		1		10	1	1
Folic acid....mcg	0		0	Z	7		0	0	0
Folate, food....mcg	4		0		1		10	1	1
Folate, DFE....mcg_DFE	4		0	NC	4		10	1	1
Choline, total....mg	9.7		0	FLA	4		23.3	1.5	2.8
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	210		0	NC	4		503	31	59
Retinol....mcg	0		0	BNA	4		0	0	0
Carotene, beta....mcg	2060		0	BNA	4		4943	309	584
Carotene, alpha....mcg	915		0	BNA	4		2195	137	259
Cryptoxanthin, beta....mcg	0		0	BNA	4		0	0	0
Vitamin A, IU....IU	4195	334.000	6		1		10068	629	1189
Lycopene....mcg	0		0	FLA	4		1	0	0
Lutein + zeaxanthin....mcg	497		0	FLA	4		1192	74	141
Vitamin E (alpha-tocopherol)....mg	0.52		0	NR	4		1.25	0.08	0.15
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	7.4		0	FLA	4		17.9	1.1	2.1
Lipids:									
Fatty acids, total saturated....g	0.079		0		4		0.190	0.012	0.022
4:0....g	0.000		0		4		0.000	0.000	0.000

NDB No. 03282
Babyfood, vegetables, mix vegetables junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.001		0		4		0.002	0.000	0.000
12:0 g	0.004		0		4		0.010	0.001	0.001
13:0 g									
14:0 g	0.002		0		4		0.005	0.000	0.001
15:0 g									
16:0 g	0.062		0		4		0.149	0.009	0.018
17:0 g									
18:0 g	0.007		0		4		0.017	0.001	0.002
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.025		0		4		0.060	0.004	0.007
14:1 g									
15:1 g									
16:1 undifferentiated g	0.002		0		4		0.005	0.000	0.001
17:1 g									
18:1 undifferentiated g	0.022		0		4		0.053	0.003	0.006
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.186		0		4		0.446	0.028	0.053
18:2 undifferentiated g	0.153		0		4		0.367	0.023	0.043
18:3 undifferentiated g	0.031		0		4		0.074	0.005	0.009
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		4		0	0	0
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.015		0		1		0.036	0.002	0.004
Threonine g	0.045		0		1		0.108	0.007	0.013
Isoleucine g	0.056		0		1		0.134	0.008	0.016
Leucine g	0.091		0		1		0.218	0.014	0.026
Lysine g	0.047		0		1		0.113	0.007	0.013
Methionine g	0.021		0		1		0.050	0.003	0.006
Cystine g	0.028		0		1		0.067	0.004	0.008
Phenylalanine g	0.055		0		1		0.132	0.008	0.016
Tyrosine g	0.052		0		1		0.125	0.008	0.015
Valine g	0.069		0		1		0.166	0.010	0.020
Arginine g	0.093		0		1		0.223	0.014	0.026
Histidine g	0.031		0		1		0.074	0.005	0.009
Alanine g	0.062		0		1		0.149	0.009	0.018
Aspartic acid g	0.165		0		1		0.396	0.025	0.047
Glutamic acid g	0.369		0		1		0.886	0.055	0.105
Glycine g	0.054		0		1		0.130	0.008	0.015
Proline g	0.110		0		1		0.264	0.017	0.031
Serine g	0.054		0		1		0.130	0.008	0.015
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03282

Babyfood, vegetables, mix vegetables junior

Common Measures:

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.44 **Fat** 8.37 **Carbohydrate** 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03286
Babyfood, vegetables, mix vegetables strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	89.80	0.600	9		1		25.46	101.47	
Energy	kcal	36		0	NC	4		10	41	
Energy	kJ	150		0	NC	4		43	170	
Protein (N x 6.25)	g	1.20	0.000	13		1		0.34	1.36	
Total lipid (fat)	g	0.50	0.000	13		1		0.14	0.57	
Ash	g	0.45		0	FLA	4		0.13	0.51	
Carbohydrate, by difference	g	8.05		0	NC	4		2.28	9.10	
Fiber, total dietary	g	1.5		0		4		0.4	1.7	
Sugars, total	g	1.57		0	FLA	4		0.44	1.77	
Starch	g									
Minerals:										
Calcium, Ca	mg	13	1.000	8		1		4	15	
Iron, Fe	mg	0.32	0.020	9		1		0.09	0.36	
Magnesium, Mg	mg	10		2		1		3	11	
Phosphorus, P	mg	22		1		1		6	25	
Potassium, K	mg	127		1		1		36	144	
Sodium, Na	mg	13		7		1		4	15	
Zinc, Zn	mg	0.15		2		1		0.04	0.16	
Copper, Cu	mg	0.040		1		1		0.011	0.045	
Manganese, Mn	mg									
Selenium, Se	mcg	0.7		1	A	1		0.2	0.8	
Vitamins:										
Vitamin C, total ascorbic acid	mg	1.7	0.100	8		1		0.5	1.9	
Thiamin	mg	0.022	0.000	11		1		0.006	0.025	
Riboflavin	mg	0.025	0.000	13		1		0.007	0.028	
Niacin	mg	0.327	0.013	8		1		0.093	0.370	
Pantothenic acid	mg	0.250	0.139	4		1		0.071	0.283	
Vitamin B-6	mg	0.055		7		1		0.016	0.062	
Folate, total	mcg	4	0.400	6		1		1	4	
Folic acid	mcg	0		0	Z	7		0	0	
Folate, food	mcg	4	0.400	6		1		1	4	
Folate, DFE	mcg_DFE	4		0	NC	4		1	4	
Choline, total	mg	9.8		0	FLA	4		2.8	11.0	
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE	mcg_RAE	158		0	NC	4		45	179	
Retinol	mcg	0		0	FLA	4		0	0	
Carotene, beta	mcg	1550		0	FLA	4		439	1752	
Carotene, alpha	mcg	699		0	FLA	4		198	789	
Cryptoxanthin, beta	mcg	0		0	FLA	4		0	0	
Vitamin A, IU	IU	3166		0	NC	4		897	3577	
Lycopene	mcg	0		0	FLA	4		0	0	
Lutein + zeaxanthin	mcg	381		0	FLA	4		108	431	
Vitamin E (alpha-tocopherol)	mg	0.24		0	FLA	4		0.07	0.28	
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)	mcg	7.0		0	FLA	4		2.0	8.0	
Lipids:										
Fatty acids, total saturated	g	0.089		0		4		0.025	0.101	
4:0	g	0.000		0		4		0.000	0.000	

NDB No. 03286
Babyfood, vegetables, mix vegetables strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	
8:0 g	0.000		0		4		0.000	0.000	
10:0 g	0.000		0		4		0.000	0.000	
12:0 g	0.003		0		4		0.001	0.003	
13:0 g									
14:0 g	0.001		0		4		0.000	0.001	
15:0 g									
16:0 g	0.074		0		4		0.021	0.084	
17:0 g									
18:0 g	0.006		0		4		0.002	0.007	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.118		0		4		0.033	0.133	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.001		0		4		0.000	0.001	
17:1 g									
18:1 undifferentiated g	0.116		0		4		0.033	0.131	
20:1 g	0.000		0		4		0.000	0.000	
22:1 undifferentiated g	0.000		0		4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.194		0		4		0.055	0.219	
18:2 undifferentiated g	0.181		0		4		0.051	0.205	
18:3 undifferentiated g	0.008		0		4		0.002	0.009	
18:4 g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	
Fatty acids, total trans g									
Cholesterol mg	0		0		4		0	0	
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.013		0		1		0.004	0.015	
Threonine g	0.038		0		1		0.011	0.043	
Isoleucine g	0.047		0		1		0.013	0.053	
Leucine g	0.077		0		1		0.022	0.087	
Lysine g	0.040		0		1		0.011	0.045	
Methionine g	0.018		0		1		0.005	0.020	
Cystine g	0.024		0		1		0.007	0.027	
Phenylalanine g	0.047		0		1		0.013	0.053	
Tyrosine g	0.044		0		1		0.012	0.050	
Valine g	0.058		0		1		0.016	0.066	
Arginine g	0.079		0		1		0.022	0.089	
Histidine g	0.026		0		1		0.007	0.029	
Alanine g	0.052		0		1		0.015	0.059	
Aspartic acid g	0.139		0		1		0.039	0.157	
Glutamic acid g	0.310		0		1		0.088	0.350	
Glycine g	0.046		0		1		0.013	0.052	
Proline g	0.092		0		1		0.026	0.104	
Serine g	0.046		0		1		0.013	0.052	
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	
Caffeine mg	0		0	FLA	4		0	0	
Theobromine mg	0		0	FLA	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03286

Babyfood, vegetables, mix vegetables strained

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 113g: 1 jar

Calories Factors: Protein 2.44 **Fat** 8.37 **Carbohydrate** 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03121
Babyfood, vegetables, peas, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.52	0.017	59	JA	6		14.00	24.81	83.14
Energy	kcal	50		0	NC	4		8	14	48
Energy	kJ	211		0	NC	4		34	60	200
Protein	g	3.27	0.229	48	JA	6		0.52	0.93	3.11
Total lipid (fat)	g	0.43	0.135	44	JA	6		0.07	0.12	0.41
Ash	g	0.42	0.078	44	JA	6		0.07	0.12	0.40
Carbohydrate, by difference	g	8.36		0	NC	4		1.34	2.37	7.94
Fiber, total dietary	g	2.0		1	A	1		0.3	0.6	1.9
Sugars, total	g	2.01		1	A	1		0.32	0.57	1.91
Sucrose	g	2.01		1	A	1		0.32	0.57	1.91
Glucose (dextrose)	g	0.00		1	A	1		0.00	0.00	0.00
Fructose	g	0.00		1	A	1		0.00	0.00	0.00
Lactose	g	0.00		1	A	1		0.00	0.00	0.00
Maltose	g	0.00		1	A	1		0.00	0.00	0.00
Galactose	g	0.00		1	A	1		0.00	0.00	0.00
Starch	g	2.34		1	A	1		0.37	0.66	2.22
Minerals:										
Calcium, Ca	mg	18	1.164	69	JA	6		3	5	17
Iron, Fe	mg	0.95	0.053	64	JA	6		0.15	0.27	0.90
Magnesium, Mg	mg	17	1.302	21	JA	6		3	5	17
Phosphorus, P	mg	50	3.857	20	JA	6		8	14	48
Potassium, K	mg	106	8.258	33	JA	6		17	30	101
Sodium, Na	mg	7	1.476	32	JA	6		1	2	6
Zinc, Zn	mg	0.47	0.060	27	JA	6		0.07	0.13	0.44
Copper, Cu	mg	0.061	0.017	26	JA	6		0.010	0.017	0.058
Manganese, Mn	mg	0.218	0.028	19	A	1		0.035	0.062	0.207
Selenium, Se	mcg	0.1	0.026	20	A	1		0.0	0.0	0.1
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.6		1	A	1		0.1	0.2	0.5
Thiamin	mg	0.087	0.006	45	JA	6		0.014	0.025	0.083
Riboflavin	mg	0.065	0.004	41	JA	6		0.010	0.018	0.062
Niacin	mg	1.119	0.101	45	JA	6		0.179	0.317	1.063
Pantothenic acid	mg	0.075		1	A	1		0.012	0.021	0.071
Vitamin B-6	mg	0.016		1	A	1		0.003	0.005	0.015
Folate, total	mcg	28	2.550	7	JA	6		5	8	27
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	28	2.550	6	JA	6		5	8	27
Folate, DFE	mcg_DFE	28		0	NC	4		5	8	27
Choline, total	mg	32.2		0	AS	1		5.2	9.1	30.6
Betaine	mg	0.5		1	A	1		0.1	0.2	0.5
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	11		0	AS	1		2	3	10
Retinol	mcg	0		0	Z	7		0	0	0
Carotene, beta	mcg	124		1	A	1		20	35	118
Carotene, alpha	mcg	11		1	A	1		2	3	11
Cryptoxanthin, beta	mcg	0		1	A	1		0	0	0
Vitamin A, IU	IU	216		0	AS	1		35	61	205
Lycopene	mcg	0		1	A	1		0	0	0
Lutein + zeaxanthin	mcg	1465		0	BFSN	4		234	415	1392
Vitamin E (alpha-tocopherol)	mg	0.02		1	A	1		0.00	0.01	0.02
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg	0.00		1	A	1		0.00	0.00	0.00
Tocopherol, gamma	mg	0.67		1	A	1		0.11	0.19	0.64
Tocopherol, delta	mg	0.02		1	A	1		0.00	0.01	0.02
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03121
Babyfood, vegetables, peas, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	15.5		1	A	1		2.5	4.4	14.7
Lipids:									
Fatty acids, total saturated....g	0.070		0	NC	4		0.011	0.020	0.067
4:0....g	0.000		0		4		0.000	0.000	0.000
6:0....g	0.000		0		4		0.000	0.000	0.000
8:0....g	0.000		1	A	1		0.000	0.000	0.000
10:0....g	0.000		1	A	1		0.000	0.000	0.000
12:0....g	0.000		1	A	1		0.000	0.000	0.000
13:0....g									
14:0....g	0.000		1	A	1		0.000	0.000	0.000
15:0....g	0.000		1	A	1		0.000	0.000	0.000
16:0....g	0.070		1	A	1		0.011	0.020	0.067
17:0....g	0.000		1	A	1		0.000	0.000	0.000
18:0....g	0.000		1	A	1		0.000	0.000	0.000
20:0....g	0.000		1	A	1		0.000	0.000	0.000
22:0....g	0.000		1	A	1		0.000	0.000	0.000
24:0....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated....g	0.050		0	NC	4		0.008	0.014	0.048
14:1....g	0.000		1	A	1		0.000	0.000	0.000
15:1....g	0.000		1	A	1		0.000	0.000	0.000
16:1 undifferentiated....g	0.000		1	A	1		0.000	0.000	0.000
17:1....g	0.000		1	A	1		0.000	0.000	0.000
18:1 undifferentiated....g	0.050		1	A	1		0.008	0.014	0.048
20:1....g	0.000		1	A	1		0.000	0.000	0.000
22:1 undifferentiated....g	0.000		1	A	1		0.000	0.000	0.000
24:1 c....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated....g	0.200		0	NC	4		0.032	0.057	0.190
18:2 undifferentiated....g	0.170		1	A	1		0.027	0.048	0.162
18:3 undifferentiated....g	0.030		1	A	1		0.005	0.008	0.028
18:4....g	0.000		1	A	1		0.000	0.000	0.000
20:2 n-6 c,c....g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated....g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated....g	0.000		1	A	1		0.000	0.000	0.000
20:5 n-3 (EPA)....g	0.000		1	A	1		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		1	A	1		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	0		0		7		0	0	0
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	0.0
Caffeine....mg	0		0	BFSN	4		0	0	0
Theobromine....mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 95g: 1 jar

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03127
Babyfood, vegetables, spinach, creamed, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	89.60	0.200	4		1		215.04	13.44	25.40
Energy	kcal	37		0	NC	4		89	6	10
Energy	kJ	155		0		4		372	23	44
Protein (N x 6.25)	g	2.50		4		1		6.00	0.38	0.71
Total lipid (fat)	g	1.30		4		1		3.12	0.20	0.37
Ash	g	1.00	0.000	17		1		2.40	0.15	0.28
Carbohydrate, by difference	g	5.70		0	NC	4		13.68	0.86	1.62
Fiber, total dietary	g	1.8		0		4		4.3	0.3	0.5
Sugars, total	g	2.33		0	FLA	4		5.58	0.35	0.66
Starch	g									
Minerals:										
Calcium, Ca	mg	89		14		1		214	13	25
Iron, Fe	mg	0.62	0.060	17		1		1.49	0.09	0.18
Magnesium, Mg	mg	55		1		1		132	8	16
Phosphorus, P	mg	54		1		1		130	8	15
Potassium, K	mg	191		1		1		458	29	54
Sodium, Na	mg	49		1		1		118	7	14
Zinc, Zn	mg	0.31		1		1		0.74	0.05	0.09
Copper, Cu	mg	0.060		1		1		0.144	0.009	0.017
Manganese, Mn	mg									
Selenium, Se	mcg	2.4		0	FLM	4		5.8	0.4	0.7
Vitamins:										
Vitamin C, total ascorbic acid	mg	8.7		8		1		20.9	1.3	2.5
Thiamin	mg	0.015		8		1		0.036	0.002	0.004
Riboflavin	mg	0.104		4		1		0.250	0.016	0.029
Niacin	mg	0.216		8		1		0.518	0.032	0.061
Pantothenic acid	mg									
Vitamin B-6	mg	0.075		4		1		0.180	0.011	0.021
Folate, total	mcg	61	1.900	3		1		146	9	17
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	61	1.900	3		1		146	9	17
Folate, DFE	mcg_DFE	61		0	NC	4		146	9	17
Choline, total	mg	16.1		0	FLA	4		38.7	2.4	4.6
Betaine	mg									
Vitamin B-12	mcg	0.06		0		4		0.14	0.01	0.02
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	227		0	NC	4		546	34	64
Retinol	mcg	23		0	BNA	4		55	3	6
Carotene, beta	mcg	2456		0	BNA	4		5895	368	696
Carotene, alpha	mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU	IU	4170	347.000	4		1		10008	626	1182
Lycopene	mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin	mcg	4505		0	BFSN	4		10813	676	1277
Vitamin E (alpha-tocopherol)	mg	0.83		0	BFSN	4		2.00	0.12	0.24
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	196.7		0	BFSN	4		472.0	29.5	55.8
Lipids:										
Fatty acids, total saturated	g	0.702		0		4		1.685	0.105	0.199
4:0	g	0.035		0		4		0.084	0.005	0.010

NDB No. 03127
Babyfood, vegetables, spinach, creamed, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.019		0		4		0.046	0.003	0.005
8:0 g	0.013		0		4		0.031	0.002	0.004
10:0 g	0.025		0		4		0.060	0.004	0.007
12:0 g	0.029		0		4		0.070	0.004	0.008
13:0 g									
14:0 g	0.112		0		4		0.269	0.017	0.032
15:0 g									
16:0 g	0.310		0		4		0.744	0.047	0.088
17:0 g									
18:0 g	0.130		0		4		0.312	0.020	0.037
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.332		0		4		0.797	0.050	0.094
14:1 g									
15:1 g									
16:1 undifferentiated g	0.028		0		4		0.067	0.004	0.008
17:1 g									
18:1 undifferentiated g	0.291		0		4		0.698	0.044	0.082
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.133		0		4		0.319	0.020	0.038
18:2 undifferentiated g	0.060		0		4		0.144	0.009	0.017
18:3 undifferentiated g	0.071		0		4		0.170	0.011	0.020
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	5		0		4		12	1	1
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.036		0		1		0.086	0.005	0.010
Threonine g	0.101		0		1		0.242	0.015	0.029
Isoleucine g	0.112		0		1		0.269	0.017	0.032
Leucine g	0.221		0		1		0.530	0.033	0.063
Lysine g	0.148		0		1		0.355	0.022	0.042
Methionine g	0.055		0		1		0.132	0.008	0.016
Cystine g	0.031		0		1		0.074	0.005	0.009
Phenylalanine g	0.096		0		1		0.230	0.014	0.027
Tyrosine g	0.115		0		1		0.276	0.017	0.033
Valine g	0.151		0		1		0.362	0.023	0.043
Arginine g	0.152		0		1		0.365	0.023	0.043
Histidine g	0.064		0		1		0.154	0.010	0.018
Alanine g	0.117		0		1		0.281	0.018	0.033
Aspartic acid g	0.203		0		1		0.487	0.030	0.058
Glutamic acid g	0.421		0		1		1.010	0.063	0.119
Glycine g	0.097		0		1		0.233	0.015	0.027
Proline g	0.207		0		1		0.497	0.031	0.059
Serine g	0.103		0		1		0.247	0.015	0.029
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03127

Babyfood, vegetables, spinach, creamed, strained

Common Measures:

Measure 1 = 240g: 1 cup

Measure 2 = 15.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.44 **Fat** 8.37 **Carbohydrate** 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03105
Babyfood, vegetables, squash, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	92.66	0.101	47	JA	6		14.82	26.27	91.73
Energy	kcal	24		0	NC	4		4	7	24
Energy	kJ	101		0	NC	4		16	29	100
Protein (N x 6.25)	g	0.81	0.023	30	JA	6		0.13	0.23	0.80
Total lipid (fat)	g	0.20	0.003	26	JA	6		0.03	0.06	0.20
Ash	g	0.60	0.012	24	JA	6		0.10	0.17	0.60
Carbohydrate, by difference	g	5.73		0	NC	4		0.92	1.62	5.67
Fiber, total dietary	g	0.9		2	A	1		0.1	0.3	0.9
Sugars, total	g	3.24	0.290	5	JA	6		0.52	0.92	3.21
Sucrose	g	1.20	0.481	5	JA	6		0.19	0.34	1.19
Glucose (dextrose)	g	1.08	0.172	5	JA	6		0.17	0.31	1.07
Fructose	g	0.96	0.144	5	JA	6		0.15	0.27	0.95
Lactose	g	0.00	0.000	4	JA	6		0.00	0.00	0.00
Maltose	g	0.00	0.000	5	JA	6		0.00	0.00	0.00
Galactose	g	0.00		2	A	1		0.00	0.00	0.00
Starch	g	1.24		2	A	1		0.20	0.35	1.23
Minerals:										
Calcium, Ca	mg	24		1	JA	6		4	7	24
Iron, Fe	mg	0.32		2	JA	6		0.05	0.09	0.31
Magnesium, Mg	mg	14	2.333	4	JA	6		2	4	14
Phosphorus, P	mg	21	5.175	4	JA	6		3	6	20
Potassium, K	mg	185	5.882	17	JA	6		30	52	183
Sodium, Na	mg	6		2	JA	6		1	2	6
Zinc, Zn	mg	0.19		1	JA	6		0.03	0.05	0.19
Copper, Cu	mg	0.030		2	A	1		0.005	0.008	0.030
Manganese, Mn	mg	0.083		2	A	1		0.013	0.024	0.083
Selenium, Se	mcg	0.2		2	A	1		0.0	0.1	0.2
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.3		2	A	1		0.1	0.1	0.3
Thiamin	mg	0.029		2	A	1		0.005	0.008	0.029
Riboflavin	mg	0.048		2	JA	6		0.008	0.014	0.047
Niacin	mg	0.683		2	A	1		0.109	0.194	0.676
Pantothenic acid	mg	0.212		5	JA	6		0.034	0.060	0.210
Vitamin B-6	mg	0.070		1	JA	6		0.011	0.020	0.069
Folate, total	mcg	8		2	A	1		1	2	8
Folic acid	mcg	0		2	A	1		0	0	0
Folate, food	mcg	8		0	AS	1		1	2	8
Folate, DFE	mcg_DFE	8		0	NC	4		1	2	8
Choline, total	mg	7.6		0	AS	1		1.2	2.2	7.5
Betaine	mg	0.3		2	A	1		0.1	0.1	0.3
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	85		0	NC	4		14	24	84
Retinol	mcg	0		0	BNA	4		0	0	0
Carotene, beta	mcg	896		1	A	1		143	254	887
Carotene, alpha	mcg	242		1	A	1		39	69	239
Cryptoxanthin, beta	mcg	9		1	A	1		1	2	9
Vitamin A, IU	IU	1703		0	NC	4		272	483	1686
Lycopene	mcg	0	0.000	8	A	1		0	0	0
Lutein + zeaxanthin	mcg	3527	1850.455	9	A	1		564	1000	3491
Vitamin E (alpha-tocopherol)	mg	0.55		2	A	1		0.09	0.16	0.55
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg	0.00		2	A	1		0.00	0.00	0.00
Tocopherol, gamma	mg	0.11		2	A	1		0.02	0.03	0.11
Tocopherol, delta	mg	0.00		2	A	1		0.00	0.00	0.00
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03105
Babyfood, vegetables, squash, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)....mcg	4.7		2	A	1		0.8	1.3	4.7
Lipids:									
Fatty acids, total saturated....g	0.020		1	JO	11		0.003	0.006	0.020
4:0....g	0.000		0		4		0.000	0.000	0.000
6:0....g	0.000		0		4		0.000	0.000	0.000
8:0....g	0.000		1	A	1		0.000	0.000	0.000
10:0....g	0.000		1	A	1		0.000	0.000	0.000
12:0....g	0.000		1	A	1		0.000	0.000	0.000
13:0....g									
14:0....g	0.000		1	A	1		0.000	0.000	0.000
15:0....g	0.000		1	A	1		0.000	0.000	0.000
16:0....g	0.020		1	A	1		0.003	0.006	0.020
17:0....g	0.000		1	A	1		0.000	0.000	0.000
18:0....g	0.000		1	A	1		0.000	0.000	0.000
20:0....g	0.000		1	A	1		0.000	0.000	0.000
22:0....g	0.000		1	A	1		0.000	0.000	0.000
24:0....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated....g	0.020		0	NC	4		0.003	0.006	0.020
14:1....g	0.000		1	A	1		0.000	0.000	0.000
15:1....g	0.000		1	A	1		0.000	0.000	0.000
16:1 undifferentiated....g	0.000		1	A	1		0.000	0.000	0.000
17:1....g	0.000		1	A	1		0.000	0.000	0.000
18:1 undifferentiated....g	0.020		1	A	1		0.003	0.006	0.020
20:1....g	0.000		1	A	1		0.000	0.000	0.000
22:1 undifferentiated....g	0.000		1	A	1		0.000	0.000	0.000
24:1 c....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated....g	0.040		0	NC	4		0.006	0.011	0.039
18:2 undifferentiated....g	0.030		1	A	1		0.005	0.008	0.030
18:3 undifferentiated....g	0.010		1	A	1		0.002	0.003	0.010
18:4....g	0.000		1	A	1		0.000	0.000	0.000
20:2 n-6 c,c....g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated....g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated....g	0.000		1	A	1		0.000	0.000	0.000
20:5 n-3 (EPA)....g	0.000		1	A	1		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		1	A	1		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	0		0		7		0	0	0
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	0.0
Caffeine....mg	0		0	BFSN	4		0	0	0
Theobromine....mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 99g: 1 jar

Calories Factors: Protein 2.44 **Fat** 8.37 **Carbohydrate** 3.57

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03104
Babyfood, vegetables, squash, strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	92.66	0.101	47	JA	6		14.82	26.27	91.73
Energy	kcal	28		0	NC	4		4	8	28
Energy	kJ	117		0	NC	4		19	33	116
Protein (N x 6.25)	g	0.81	0.023	30	JA	6		0.13	0.23	0.80
Total lipid (fat)	g	0.20	0.003	26	JA	6		0.03	0.06	0.20
Ash	g	0.60	0.012	24	JA	6		0.10	0.17	0.60
Carbohydrate, by difference	g	5.73		0	NC	4		0.92	1.62	5.67
Fiber, total dietary	g	0.9		2	A	1		0.1	0.3	0.9
Sugars, total	g	3.37		0	NR	4		0.54	0.96	3.34
Sucrose	g	1.25	0.481	5	JA	6		0.20	0.35	1.24
Glucose (dextrose)	g	1.12	0.172	5	JA	6		0.18	0.32	1.11
Fructose	g	1.00	0.144	5	JA	6		0.16	0.28	0.99
Lactose	g	0.00	0.000	4	JA	6		0.00	0.00	0.00
Maltose	g	0.00	0.000	5	JA	6		0.00	0.00	0.00
Galactose	g	0.00		2	A	1		0.00	0.00	0.00
Starch	g	1.24		2	A	1		0.20	0.35	1.23
Minerals:										
Calcium, Ca	mg	24		1	JA	6		4	7	24
Iron, Fe	mg	0.32		2	JA	6		0.05	0.09	0.31
Magnesium, Mg	mg	14	2.333	4	JA	6		2	4	14
Phosphorus, P	mg	21	5.175	4	JA	6		3	6	20
Potassium, K	mg	185	5.882	17	JA	6		30	52	183
Sodium, Na	mg	6		2	JA	6		1	2	6
Zinc, Zn	mg	0.19		1	JA	6		0.03	0.05	0.19
Copper, Cu	mg	0.030		2	A	1		0.005	0.008	0.030
Manganese, Mn	mg	0.083		2	A	1		0.013	0.024	0.083
Selenium, Se	mcg	0.2		2	A	1		0.0	0.1	0.2
Vitamins:										
Vitamin C, total ascorbic acid	mg	0.3		2	A	1		0.1	0.1	0.3
Thiamin	mg	0.029		2	A	1		0.005	0.008	0.029
Riboflavin	mg	0.048		2	JA	6		0.008	0.014	0.047
Niacin	mg	0.683		2	A	1		0.109	0.194	0.676
Pantothenic acid	mg	0.212		5	JA	6		0.034	0.060	0.210
Vitamin B-6	mg	0.070		1	JA	6		0.011	0.020	0.069
Folate, total	mcg	8		2	A	1		1	2	8
Folic acid	mcg	0		2	A	1		0	0	0
Folate, food	mcg	8		0	AS	1		1	2	8
Folate, DFE	mcg_DFE	8		0	NC	4		1	2	8
Choline, total	mg	7.6		0	AS	1		1.2	2.2	7.5
Betaine	mg	0.3		2	A	1		0.1	0.1	0.3
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	85		0	NC	4		14	24	84
Retinol	mcg	0		0	BNA	4		0	0	0
Carotene, beta	mcg	896		1	A	1		143	254	887
Carotene, alpha	mcg	242		1	A	1		39	69	239
Cryptoxanthin, beta	mcg	9		1	A	1		1	2	9
Vitamin A, IU	IU	1703		0	NC	4		272	483	1686
Lycopene	mcg	0	0.000	8	A	1		0	0	0
Lutein + zeaxanthin	mcg	3527	1850.455	9	A	1		564	1000	3491
Vitamin E (alpha-tocopherol)	mg	0.55		2	A	1		0.09	0.16	0.55
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg	0.00		2	A	1		0.00	0.00	0.00
Tocopherol, gamma	mg	0.11		2	A	1		0.02	0.03	0.11
Tocopherol, delta	mg	0.00		2	A	1		0.00	0.00	0.00
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03104
Babyfood, vegetables, squash, strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone).....mcg	4.7		2	A	1		0.8	1.3	4.7
Lipids:									
Fatty acids, total saturated.....g	0.020		1	JO	11		0.003	0.006	0.020
4:0.....g	0.000		0		4		0.000	0.000	0.000
6:0.....g	0.000		0		4		0.000	0.000	0.000
8:0.....g	0.000		1	A	1		0.000	0.000	0.000
10:0.....g	0.000		1	A	1		0.000	0.000	0.000
12:0.....g	0.000		1	A	1		0.000	0.000	0.000
13:0.....g									
14:0.....g	0.000		1	A	1		0.000	0.000	0.000
15:0.....g	0.000		1	A	1		0.000	0.000	0.000
16:0.....g	0.020		1	A	1		0.003	0.006	0.020
17:0.....g	0.000		1	A	1		0.000	0.000	0.000
18:0.....g	0.000		1	A	1		0.000	0.000	0.000
20:0.....g	0.000		1	A	1		0.000	0.000	0.000
22:0.....g	0.000		1	A	1		0.000	0.000	0.000
24:0.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total monounsaturated.....g	0.020		0	NC	4		0.003	0.006	0.020
14:1.....g	0.000		1	A	1		0.000	0.000	0.000
15:1.....g	0.000		1	A	1		0.000	0.000	0.000
16:1 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
17:1.....g	0.000		1	A	1		0.000	0.000	0.000
18:1 undifferentiated.....g	0.020		1	A	1		0.003	0.006	0.020
20:1.....g	0.000		1	A	1		0.000	0.000	0.000
22:1 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
24:1 c.....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total polyunsaturated.....g	0.040		0	NC	4		0.006	0.011	0.039
18:2 undifferentiated.....g	0.030		1	A	1		0.005	0.008	0.030
18:3 undifferentiated.....g	0.010		1	A	1		0.002	0.003	0.010
18:4.....g	0.000		1	A	1		0.000	0.000	0.000
20:2 n-6 c,c.....g	0.000		1	A	1		0.000	0.000	0.000
20:3 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:4 undifferentiated.....g	0.000		1	A	1		0.000	0.000	0.000
20:5 n-3 (EPA).....g	0.000		1	A	1		0.000	0.000	0.000
22:5 n-3 (DPA).....g	0.000		1	A	1		0.000	0.000	0.000
22:6 n-3 (DHA).....g	0.000		1	A	1		0.000	0.000	0.000
Fatty acids, total trans.....g									
Cholesterol.....mg	0		0		7		0	0	0
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0		7		0.0	0.0	0.0
Caffeine.....mg	0		0	BFSN	4		0	0	0
Theobromine.....mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 16g: 1 tbsp

Measure 2 = 28.35g: 1 oz

Measure 3 = 99g: 1 jar

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03108
Babyfood, vegetables, sweet potatoes strained

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	84.80	0.300	50		1		189.95	11.87	24.04
Energy	kcal	57		0	NC	4		128	8	16
Energy	kJ	238		0		4		534	33	68
Protein (N x 6.25)	g	1.10	0.000	31		1		2.46	0.15	0.31
Total lipid (fat)	g	0.10	0.000	26		1		0.22	0.01	0.03
Ash	g	0.80	0.000	24		1		1.79	0.11	0.23
Carbohydrate, by difference	g	13.20		0	NC	4		29.57	1.85	3.74
Fiber, total dietary	g	1.5		0		4		3.4	0.2	0.4
Sugars, total	g	4.05		0	BFSN	4		9.08	0.57	1.15
Starch	g									
Minerals:										
Calcium, Ca	mg	16	1.000	26		1		36	2	5
Iron, Fe	mg	0.37	0.040	26		1		0.83	0.05	0.10
Magnesium, Mg	mg	13		2		1		29	2	4
Phosphorus, P	mg	24		2		1		54	3	7
Potassium, K	mg	263		15		1		589	37	75
Sodium, Na	mg	20		17		1		45	3	6
Zinc, Zn	mg	0.21	0.010	17		1		0.46	0.03	0.06
Copper, Cu	mg	0.081		17		1		0.181	0.011	0.023
Manganese, Mn	mg									
Selenium, Se	mcg	0.7		0	BFZN	4		1.6	0.1	0.2
Vitamins:										
Vitamin C, total ascorbic acid	mg	9.9	0.700	22		1		22.2	1.4	2.8
Thiamin	mg	0.028	0.000	22		1		0.063	0.004	0.008
Riboflavin	mg	0.033	0.000	21		1		0.074	0.005	0.009
Niacin	mg	0.358	0.025	19		1		0.802	0.050	0.101
Pantothenic acid	mg	0.390		4		1		0.874	0.055	0.111
Vitamin B-6	mg	0.093		7		1		0.208	0.013	0.026
Folate, total	mcg	10	0.900	6		1		22	1	3
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	10	0.900	6		1		22	1	3
Folate, DFE	mcg_DFE	10		0	NC	4		22	1	3
Choline, total	mg	13.1		0	FLA	4		29.4	1.8	3.7
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	322		0	NC	4		721	45	91
Retinol	mcg	0		0	BNA	4		0	0	0
Carotene, beta	mcg	3863		0	BNA	4		8653	541	1095
Carotene, alpha	mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU	IU	6438	1046.000	21		1		14421	901	1825
Lycopene	mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin	mcg	0		0	BFSN	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.52		0	NR	4		1.16	0.07	0.15
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	1.4		0	BFSN	4		3.2	0.2	0.4
Lipids:										
Fatty acids, total saturated	g	0.021		0		4		0.047	0.003	0.006
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03108
Babyfood, vegetables, sweet potatoes strained

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000	0.000	0.000
8:0....g	0.000		0		4		0.000	0.000	0.000
10:0....g	0.000		0		4		0.000	0.000	0.000
12:0....g	0.000		0		4		0.000	0.000	0.000
13:0....g									
14:0....g	0.000		0		4		0.000	0.000	0.000
15:0....g									
16:0....g	0.019		0		4		0.043	0.003	0.005
17:0....g									
18:0....g	0.002		0		4		0.004	0.000	0.001
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.004		0		4		0.009	0.001	0.001
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
17:1....g									
18:1 undifferentiated....g	0.004		0		4		0.009	0.001	0.001
20:1....g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.044		0		4		0.099	0.006	0.012
18:2 undifferentiated....g	0.037		0		4		0.083	0.005	0.010
18:3 undifferentiated....g	0.007		0		4		0.016	0.001	0.002
18:4....g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA)....g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA)....g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA)....g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans....g									
Cholesterol....mg	0		0		7		0	0	0
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.022		0		1		0.049	0.003	0.006
Threonine....g	0.054		0		1		0.121	0.008	0.015
Isoleucine....g	0.051		0		1		0.114	0.007	0.014
Leucine....g	0.078		0		1		0.175	0.011	0.022
Lysine....g	0.044		0		1		0.099	0.006	0.012
Methionine....g	0.024		0		1		0.054	0.003	0.007
Cystine....g	0.015		0		1		0.034	0.002	0.004
Phenylalanine....g	0.062		0		1		0.139	0.009	0.018
Tyrosine....g	0.041		0		1		0.092	0.006	0.012
Valine....g	0.073		0		1		0.164	0.010	0.021
Arginine....g	0.054		0		1		0.121	0.008	0.015
Histidine....g	0.026		0		1		0.058	0.004	0.007
Alanine....g	0.061		0		1		0.137	0.009	0.017
Aspartic acid....g	0.199		0		1		0.446	0.028	0.056
Glutamic acid....g	0.118		0		1		0.264	0.017	0.033
Glycine....g	0.050		0		1		0.112	0.007	0.014
Proline....g	0.055		0		1		0.123	0.008	0.016
Serine....g	0.051		0		1		0.114	0.007	0.014
Hydroxyproline....g									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0	0.0	0.0
Caffeine....mg	0		0	BFSN	4		0	0	0
Theobromine....mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03108

Babyfood, vegetables, sweet potatoes strained

Common Measures:

Measure 1 = 224g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.78 **Fat** 8.37 **Carbohydrate** 4.03

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03109
Babyfood, vegetables, sweet potatoes, junior

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	84.10	0.300	23		1		188.38	11.77	23.84
Energy	kcal	60		0	NC	4		134	8	17
Energy	kJ	251		0		4		562	35	71
Protein (N x 6.25)	g	1.10	0.000	24		1		2.46	0.15	0.31
Total lipid (fat)	g	0.10	0.000	23		1		0.22	0.01	0.03
Ash	g	0.70	0.000	23		1		1.57	0.10	0.20
Carbohydrate, by difference	g	13.90		0	NC	4		31.14	1.95	3.94
Fiber, total dietary	g	1.5		0		4		3.4	0.2	0.4
Sugars, total	g	4.24		0	BFSN	4		9.50	0.59	1.20
Starch	g									
Minerals:										
Calcium, Ca	mg	16	1.000	14		1		36	2	5
Iron, Fe	mg	0.39	0.060	14		1		0.87	0.05	0.11
Magnesium, Mg	mg	12		2		1		27	2	3
Phosphorus, P	mg	24		2		1		54	3	7
Potassium, K	mg	243		15		1		544	34	69
Sodium, Na	mg	22	6.000	18		1		49	3	6
Zinc, Zn	mg	0.11		1		1		0.25	0.02	0.03
Copper, Cu	mg	0.100		1		1		0.224	0.014	0.028
Manganese, Mn	mg									
Selenium, Se	mcg	0.7		0	BFZN	4		1.6	0.1	0.2
Vitamins:										
Vitamin C, total ascorbic acid	mg	9.6	0.800	14		1		21.5	1.3	2.7
Thiamin	mg	0.026	0.000	14		1		0.058	0.004	0.007
Riboflavin	mg	0.034	0.000	13		1		0.076	0.005	0.010
Niacin	mg	0.384	0.016	14		1		0.860	0.054	0.109
Pantothenic acid	mg	0.408		0		1		0.914	0.057	0.116
Vitamin B-6	mg	0.113		7		1		0.253	0.016	0.032
Folate, total	mcg	10		0		1		23	1	3
Folic acid	mcg	0		0	Z	7		0	0	0
Folate, food	mcg	10		0		1		23	1	3
Folate, DFE	mcg_DFE	10		0	NC	4		23	1	3
Choline, total	mg	13.1		0	FLA	4		29.4	1.8	3.7
Betaine	mg									
Vitamin B-12	mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added	mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE	mcg_RAE	332		0	NC	4		743	46	94
Retinol	mcg	0		0	BNA	4		0	0	0
Carotene, beta	mcg	3982		0	BNA	4		8919	557	1129
Carotene, alpha	mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta	mcg	0		0	BNA	4		0	0	0
Vitamin A, IU	IU	6636	1029.000	13		1		14865	929	1881
Lycopene	mcg	0		0	BFSN	4		0	0	0
Lutein + zeaxanthin	mcg	0		0	BFSN	4		0	0	0
Vitamin E (alpha-tocopherol)	mg	0.52		0	NR	4		1.16	0.07	0.15
Vitamin E, added	mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	Z	7		0	0	0
Vitamin K (phylloquinone)	mcg	1.5		0	BFSN	4		3.4	0.2	0.4
Lipids:										
Fatty acids, total saturated	g	0.021		0		4		0.047	0.003	0.006
4:0	g	0.000		0		4		0.000	0.000	0.000

NDB No. 03109
Babyfood, vegetables, sweet potatoes, junior

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000	0.000	0.000
8:0 g	0.000		0		4		0.000	0.000	0.000
10:0 g	0.000		0		4		0.000	0.000	0.000
12:0 g	0.000		0		4		0.000	0.000	0.000
13:0 g									
14:0 g	0.000		0		4		0.000	0.000	0.000
15:0 g									
16:0 g	0.019		0		4		0.043	0.003	0.005
17:0 g									
18:0 g	0.002		0		4		0.004	0.000	0.001
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.004		0		4		0.009	0.001	0.001
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
17:1 g									
18:1 undifferentiated g	0.004		0		4		0.009	0.001	0.001
20:1 g	0.000		0		4		0.000	0.000	0.000
22:1 undifferentiated g	0.000		0		4		0.000	0.000	0.000
24:1 c g									
Fatty acids, total polyunsaturated g	0.044		0		4		0.099	0.006	0.012
18:2 undifferentiated g	0.037		0		4		0.083	0.005	0.010
18:3 undifferentiated g	0.007		0		4		0.016	0.001	0.002
18:4 g	0.000		0		4		0.000	0.000	0.000
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0		4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0		4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0		4		0.000	0.000	0.000
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0	0	0
Phytosterols mg									
Amino Acids:									
Tryptophan g	0.021		0		1		0.047	0.003	0.006
Threonine g	0.053		0		1		0.119	0.007	0.015
Isoleucine g	0.050		0		1		0.112	0.007	0.014
Leucine g	0.076		0		1		0.170	0.011	0.022
Lysine g	0.043		0		1		0.096	0.006	0.012
Methionine g	0.023		0		1		0.052	0.003	0.007
Cystine g	0.015		0		1		0.034	0.002	0.004
Phenylalanine g	0.061		0		1		0.137	0.009	0.017
Tyrosine g	0.040		0		1		0.090	0.006	0.011
Valine g	0.071		0		1		0.159	0.010	0.020
Arginine g	0.053		0		1		0.119	0.007	0.015
Histidine g	0.025		0		1		0.056	0.004	0.007
Alanine g	0.059		0		1		0.132	0.008	0.017
Aspartic acid g	0.195		0		1		0.437	0.027	0.055
Glutamic acid g	0.115		0		1		0.258	0.016	0.033
Glycine g	0.049		0		1		0.110	0.007	0.014
Proline g	0.054		0		1		0.121	0.008	0.015
Serine g	0.050		0		1		0.112	0.007	0.014
Hydroxyproline g									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	BFSN	4		0	0	0
Theobromine mg	0		0	BFSN	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03109

Babyfood, vegetables, sweet potatoes, junior

Common Measures:

Measure 1 = 224g: 1 cup

Measure 2 = 14.0g: 1 tbsp

Measure 3 = 28.35g: 1 oz

Calories Factors: Protein 2.78 **Fat** 8.37 **Carbohydrate** 4.03

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03956

Babyfood, yogurt, whole milk, with fruit, multigrain cereal and added DHA (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	79.16		0	FLC	4		24.54	89.45	
Energy ... kcal	98		0	NC	4		30	111	
Energy ... kJ	411		0	NC	4		127	464	
Protein ... g	3.40		0	FLC	4		1.05	3.84	
Total lipid (fat) ... g	3.53		0	FLC	4		1.09	3.99	
Ash ... g	0.69		0	FLC	4		0.22	0.78	
Carbohydrate, by difference ... g	13.22		0	FLC	4		4.10	14.94	
Fiber, total dietary ... g	0.3		0	FLC	4		0.1	0.3	
Sugars, total ... g	11.46		0	FLC	4		3.55	12.95	
Starch ... g									
Minerals:									
Calcium, Ca ... mg	107		0	FLC	4		33	121	
Iron, Fe ... mg	0.15		0	FLC	4		0.05	0.18	
Magnesium, Mg ... mg	15		0	FLC	4		5	17	
Phosphorus, P ... mg	95		0	FLC	4		30	108	
Potassium, K ... mg	149		0	FLC	4		46	168	
Sodium, Na ... mg	41		0	FLC	4		13	46	
Zinc, Zn ... mg	0.59		0	FLC	4		0.18	0.67	
Copper, Cu ... mg	0.023		0	FLC	4		0.007	0.026	
Manganese, Mn ... mg	0.101		0	FLC	4		0.031	0.114	
Selenium, Se ... mcg	2.8		0	FLC	4		0.9	3.2	
Vitamins:									
Vitamin C, total ascorbic acid ... mg	1.4		0	FLC	4		0.4	1.6	
Thiamin ... mg	0.047		0	FLC	4		0.015	0.053	
Riboflavin ... mg	0.129		0	FLC	4		0.040	0.146	
Niacin ... mg	0.119		0	FLC	4		0.037	0.134	
Pantothenic acid ... mg	0.354		0	FLC	4		0.110	0.400	
Vitamin B-6 ... mg	0.034		0	FLC	4		0.011	0.039	
Folate, total ... mcg	8		0	FLC	4		2	9	
Folic acid ... mcg	0		0	FLC	4		0	0	
Folate, food ... mcg	8		0	FLC	4		2	9	
Folate, DFE ... mcg_DFE	8		0	NC	4		2	9	
Choline, total ... mg	14.2		0	FLC	4		4.4	16.0	
Betaine ... mg	0.6		0	FLC	4		0.2	0.6	
Vitamin B-12 ... mcg	0.32		0	FLC	4		0.10	0.36	
Vitamin B-12, added ... mcg	0.00		0	FLC	4		0.00	0.00	
Vitamin A, RAE ... mcg_RAE	24		0	NC	4		7	27	
Retinol ... mcg	23		0	FLC	4		7	26	
Carotene, beta ... mcg	5		0	FLC	4		1	5	
Carotene, alpha ... mcg	0		0	FLC	4		0	0	
Cryptoxanthin, beta ... mcg	0		0	FLC	4		0	0	
Vitamin A, IU ... IU	86		0	NC	4		27	97	
Lycopene ... mcg	0		0	FLC	4		0	0	
Lutein + zeaxanthin ... mcg	6		0	FLC	4		2	7	
Vitamin E (alpha-tocopherol) ... mg	0.07		0	FLC	4		0.02	0.08	
Vitamin E, added ... mg	0.00		0	FLC	4		0.00	0.00	
Tocopherol, beta ... mg	0.00		0	FLC	4		0.00	0.00	
Tocopherol, gamma ... mg	0.07		0	FLC	4		0.02	0.08	
Tocopherol, delta ... mg	0.00		0	FLC	4		0.00	0.00	
Vitamin D (D2 + D3) ... mcg	0.1		0	AS	1		0.0	0.1	
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg	0.1		0	FLC	4		0.0	0.1	
Vitamin D ... IU	3		0	FLC	4		1	4	
Vitamin K (phylloquinone) ... mcg	0.3		0	FLC	4		0.1	0.4	
Lipids:									
Fatty acids, total saturated ... g	1.840		0	FLC	4		0.571	2.080	
4:0 ... g	0.083		0	FLC	4		0.026	0.094	

NDB No. 03956

Babyfood, yogurt, whole milk, with fruit, multigrain cereal and added DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.057		0	FLC	4		0.018	0.065	
8:0 ... g	0.036		0	FLC	4		0.011	0.041	
10:0 ... g	0.081		0	FLC	4		0.025	0.091	
12:0 ... g	0.097		0	FLC	4		0.030	0.110	
13:0 ... g									
14:0 ... g	0.322		0	FLC	4		0.100	0.364	
15:0 ... g	0.000		0	FLC	4		0.000	0.000	
16:0 ... g	0.866		0	FLC	4		0.268	0.979	
17:0 ... g	0.000		0	FLC	4		0.000	0.000	
18:0 ... g	0.296		0	FLC	4		0.092	0.335	
20:0 ... g	0.000		0	FLC	4		0.000	0.000	
22:0 ... g	0.000		0	FLC	4		0.000	0.000	
24:0 ... g	0.000		0	FLC	4		0.000	0.000	
Fatty acids, total monounsaturated ... g	0.916		0	FLC	4		0.284	1.035	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.090		0	FLC	4		0.028	0.102	
17:1 ... g									
18:1 undifferentiated ... g	0.782		0	FLC	4		0.242	0.884	
20:1 ... g	0.023		0	FLC	4		0.007	0.026	
22:1 undifferentiated ... g	0.021		0	FLC	4		0.006	0.024	
24:1 c ... g	0.000		0	FLC	4		0.000	0.000	
Fatty acids, total polyunsaturated ... g	0.367		0	FLC	4		0.114	0.414	
18:2 undifferentiated ... g	0.147		0	FLC	4		0.046	0.166	
18:3 undifferentiated ... g	0.117		0	FLC	4		0.036	0.132	
18:4 ... g	0.011		0	FLC	4		0.004	0.013	
20:2 n-6 c,c ... g	0.000		0	FLC	4		0.000	0.000	
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.007		0	FLC	4		0.002	0.007	
20:5 n-3 (EPA) ... g	0.038		0	FLC	4		0.012	0.043	
22:5 n-3 (DPA) ... g	0.007		0	FLC	4		0.002	0.008	
22:6 n-3 (DHA) ... g	0.040		0	FLC	4		0.012	0.045	
Fatty acids, total trans ... g									
Cholesterol ... mg	14		0	FLC	4		4	15	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	FLC	4		0.0	0.0	
Caffeine ... mg	0		0	FLC	4		0	0	
Theobromine ... mg	0		0	FLC	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31g: 1 oz

Measure 2 = 113g: 1 container

Footnotes:

1 Contains arachidonic acid (ARA, number 620) and docosahexaenoic acid (DHA, nutrient number 621) fatty acids found in human breast milk

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03965

Babyfood, yogurt, whole milk, with fruit, multigrain cereal and added iron

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	80.21		0	FLC	4				
Energy	kcal	92		0	NC	4				
Energy	kJ	385		0	NC	4				
Protein	g	3.05		0	FLC	4				
Total lipid (fat)	g	3.08		0	FLC	4				
Ash	g	0.65		0	FLC	4				
Carbohydrate, by difference	g	13.00		0	FLC	4				
Fiber, total dietary	g	0.6		0	FLC	4				
Sugars, total	g	11.46		0	FLC	4				
Starch	g									
Minerals:										
Calcium, Ca	mg	98		0	FLC	4				
Iron, Fe	mg	4.18		0	FLC	4				
Magnesium, Mg	mg	15		0	FLC	4				
Phosphorus, P	mg	86		0	FLC	4				
Potassium, K	mg	143		0	FLC	4				
Sodium, Na	mg	38		0	FLC	4				
Zinc, Zn	mg	0.54		0	FLC	4				
Copper, Cu	mg	0.031		0	FLC	4				
Manganese, Mn	mg	0.064		0	FLC	4				
Selenium, Se	mcg	2.4		0	FLC	4				
Vitamins:										
Vitamin C, total ascorbic acid	mg	3.6		0	FLC	4				
Thiamin	mg	0.048		0	FLC	4				
Riboflavin	mg	0.120		0	FLC	4				
Niacin	mg	0.119		0	FLC	4				
Pantothenic acid	mg	0.333		0	FLC	4				
Vitamin B-6	mg	0.036		0	FLC	4				
Folate, total	mcg	7		0	FLC	4				
Folic acid	mcg	0		0	FLC	4				
Folate, food	mcg	7		0	FLC	4				
Folate, DFE	mcg_DFE	7		0	NC	4				
Choline, total	mg	13.4		0	FLC	4				
Betaine	mg	0.3		0	FLC	4				
Vitamin B-12	mcg	0.29		0	FLC	4				
Vitamin B-12, added	mcg	0.00		0	FLC	4				
Vitamin A, RAE	mcg_RAE	22		0	NC	4				
Retinol	mcg	21		0	FLC	4				
Carotene, beta	mcg	7		0	FLC	4				
Carotene, alpha	mcg	0		0	FLC	4				
Cryptoxanthin, beta	mcg	1		0	FLC	4				
Vitamin A, IU	IU	82		0	NC	4				
Lycopene	mcg	0		0	FLC	4				
Lutein + zeaxanthin	mcg	13		0	FLC	4				
Vitamin E (alpha-tocopherol)	mg	0.09		0	FLC	4				
Vitamin E, added	mg	0.00		0	FLC	4				
Tocopherol, beta	mg	0.00		0	FLC	4				
Tocopherol, gamma	mg	0.21		0	FLC	4				
Tocopherol, delta	mg	0.00		0	FLC	4				
Vitamin D (D2 + D3)	mcg	0.0		0	AS	1				
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	0.0		0	FLC	4				
Vitamin D	IU	2		0	FLC	4				
Vitamin K (phylloquinone)	mcg	0.9		0	FLC	4				
Lipids:										
Fatty acids, total saturated	g	1.582		0	FLC	4				
4:0	g	0.075		0	FLC	4				

NDB No. 03965

Babyfood, yogurt, whole milk, with fruit, multigrain cereal and added iron

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0 ... g	0.052		0	FLC	4				
8:0 ... g	0.033		0	FLC	4				
10:0 ... g	0.073		0	FLC	4				
12:0 ... g	0.087		0	FLC	4				
13:0 ... g									
14:0 ... g	0.269		0	FLC	4				
15:0 ... g	0.000		0	FLC	4				
16:0 ... g	0.730		0	FLC	4				
17:0 ... g	0.000		0	FLC	4				
18:0 ... g	0.263		0	FLC	4				
20:0 ... g	0.001		0	FLC	4				
22:0 ... g	0.001		0	FLC	4				
24:0 ... g	0.000		0	FLC	4				
Fatty acids, total monounsaturated ... g	0.740		0	FLC	4				
14:1 ... g	0.000		0	FLC	4				
15:1 ... g	0.000		0	FLC	4				
16:1 undifferentiated ... g	0.056		0	FLC	4				
17:1 ... g	0.000		0	FLC	4				
18:1 undifferentiated ... g	0.683		0	FLC	4				
20:1 ... g	0.001		0	FLC	4				
22:1 undifferentiated ... g	0.000		0	FLC	4				
24:1 c ... g	0.001		0	FLC	4				
Fatty acids, total polyunsaturated ... g	0.405		0	FLC	4				
18:2 undifferentiated ... g	0.146		0	FLC	4				
18:3 undifferentiated ... g	0.259		0	FLC	4				
18:4 ... g	0.000		0	FLC	4				
20:2 n-6 c,c ... g	0.000		0	FLC	4				
20:3 undifferentiated ... g	0.000		0	FLC	4				
20:4 undifferentiated ... g	0.000		0	FLC	4				
20:5 n-3 (EPA) ... g	0.000		0	FLC	4				
22:5 n-3 (DPA) ... g	0.000		0	FLC	4				
22:6 n-3 (DHA) ... g	0.000		0	FLC	4				
Fatty acids, total trans ... g									
Cholesterol ... mg	10		0	FLC	4				
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	FLC	4				
Caffeine ... mg	0		0	FLC	4				
Theobromine ... mg	0		0	FLC	4				

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03860
Child formula, ABBOTT NUTRITION, PEDIASURE, ready-to-feed, (formerly ROSS)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	80.47		0	T	4		24.95		
Energy	kcal	99		0	NC	4		31		
Energy	kJ	414		0	NC	4		128		
Protein	g	2.86		0	ML	5		0.89		
Total lipid (fat)	g	4.77		0	ML	5		1.48		
Ash	g	0.75		0	MC	9		0.23		
Carbohydrate, by difference	g	11.15		0	NC	4		3.46		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	10.50		0	T	4		3.26		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	10.50		0	T	4		3.26		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	93		0	ML	5		29		
Iron, Fe	mg	1.34		0	ML	5		0.42		
Magnesium, Mg	mg	19		0	ML	5		6		
Phosphorus, P	mg	76		0	ML	5		24		
Potassium, K	mg	125		0	ML	5		39		
Sodium, Na	mg	36		0	ML	5		11		
Zinc, Zn	mg	1.15		0	ML	5		0.36		
Copper, Cu	mg	0.095		0	ML	5		0.029		
Manganese, Mn	mg	0.239		0	ML	5		0.074		
Selenium, Se	mcg	2.2		0	ML	5		0.7		
Vitamins:										
Vitamin C, total ascorbic acid	mg	9.5		0	ML	5		2.9		
Thiamin	mg	0.258		0	ML	5		0.080		
Riboflavin	mg	0.201		0	ML	5		0.062		
Niacin	mg	1.614		0	ML	5		0.500		
Pantothenic acid	mg	0.955		0	ML	5		0.296		
Vitamin B-6	mg	0.248		0	ML	5		0.077		
Folate, total	mcg	35		0	ML	5		11		
Folic acid	mcg	36		0	T	4		11		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	60		0	NC	4		19		
Choline, total	mg	29.0		0	MC	9		9.0		
Betaine	mg									
Vitamin B-12	mcg	0.57		0	ML	5		0.18		
Vitamin B-12, added	mcg	0.57		0	NR	4		0.18		
Vitamin A, RAE	mcg_RAE	74		0	NC	4		23		
Retinol	mcg	74		0	T	4		23		
Carotene, beta	mcg	0		0	T	4		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	246		0	NC	4		76		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	1.46		0	T	4		0.45		
Vitamin E, added	mg	1.46		0	NR	4		0.45		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.2		0	T	4		0.4		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03860
Child formula, ABBOTT NUTRITION, PEDIASURE, ready-to-feed, (formerly ROSS)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	48		0	T	4		15		
Vitamin K (phylloquinone).....mcg	3.6		0	T	4		1.1		
Lipids:									
Fatty acids, total saturated.....g	1.256		0	MA	12		0.389		
4:0.....g	0.000		0	MA	12		0.000		
6:0.....g	0.000		0	MA	12		0.000		
8:0.....g	0.503		0	MA	12		0.156		
10:0.....g	0.349		0	MA	12		0.108		
12:0.....g	0.013		0	MA	12		0.004		
13:0.....g									
14:0.....g	0.009		0	MA	12		0.003		
15:0.....g									
16:0.....g	0.260		0	MA	12		0.081		
17:0.....g									
18:0.....g	0.122		0	MA	12		0.038		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.936		0	MA	12		0.600		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.004		0	MA	12		0.001		
17:1.....g									
18:1 undifferentiated.....g	1.921		0	MA	12		0.596		
20:1.....g	0.011		0	MA	12		0.003		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.068		0	MA	12		0.331		
18:2 undifferentiated.....g	0.975		0	MA	12		0.302		
18:3 undifferentiated.....g	0.092		0	MA	12		0.029		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA).....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA).....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	2		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.0g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03870

Child formula, ABBOTT NUTRITION, PEDIASURE, ready-to-feed, with iron and fiber (formerly ROSS)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	80.47		0	ML	5		24.95		
Energy....kcal	99		0	NC	4		31		
Energy....kJ	413		0	NC	4		128		
Protein....g	2.80		0	ML	5		0.87		
Total lipid (fat)....g	4.70		0	ML	5		1.46		
Ash....g	0.75		0	MC	9		0.23		
Carbohydrate, by difference....g	11.28		0	NC	4		3.50		
Fiber, total dietary....g	0.5		0	ML	5		0.1		
Sugars, total....g	7.60		0	ML	5		2.36		
Starch....g									
Minerals:									
Calcium, Ca....mg	92		0	ML	5		29		
Iron, Fe....mg	1.32		0	ML	5		0.41		
Magnesium, Mg....mg	19		0	ML	5		6		
Phosphorus, P....mg	80		0	ML	5		25		
Potassium, K....mg	124		0	ML	5		38		
Sodium, Na....mg	36		0	ML	5		11		
Zinc, Zn....mg	0.56		0	ML	5		0.17		
Copper, Cu....mg	0.106		0	ML	5		0.033		
Manganese, Mn....mg	0.144		0	ML	5		0.045		
Selenium, Se....mcg	3.0		0	ML	5		0.9		
Vitamins:									
Vitamin C, total ascorbic acid....mg	9.6		0	ML	5		3.0		
Thiamin....mg	0.256		0	ML	5		0.079		
Riboflavin....mg	0.200		0	ML	5		0.062		
Niacin....mg	0.960		0	ML	5		0.298		
Pantothenic acid....mg	0.960		0	ML	5		0.298		
Vitamin B-6....mg	0.248		0	ML	5		0.077		
Folate, total....mcg	28		0	ML	5		9		
Folic acid....mcg	28		0	ML	5		9		
Folate, food....mcg	0		0	Z	7		0		
Folate, DFE....mcg_DFE	48		0	NC	4		15		
Choline, total....mg	28.4		0	ML	5		8.8		
Betaine....mg									
Vitamin B-12....mcg	0.56		0	ML	5		0.17		
Vitamin B-12, added....mcg	0.56		0	ML	5		0.17		
Vitamin A, RAE....mcg_RAE	46		0	NR	4		14		
Retinol....mcg	46		0	NR	4		14		
Carotene, beta....mcg	0		0	T	4		0		
Carotene, alpha....mcg	0		0	Z	7		0		
Cryptoxanthin, beta....mcg	0		0	Z	7		0		
Vitamin A, IU....IU	152		0	ML	5		47		
Lycopene....mcg	0		0	Z	7		0		
Lutein + zeaxanthin....mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)....mg	1.46		0	T	4		0.45		
Vitamin E, added....mg	1.46		0	NR	4		0.45		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	1.2		0	T	4		0.4		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	48		0	ML	5		15		
Vitamin K (phylloquinone)....mcg	5.6		0	NR	4		1.7		
Lipids:									
Fatty acids, total saturated....g	1.256		0	NC	4		0.389		
4:0....g	0.000		0	MA	12		0.000		

NDB No. 03870

Child formula, ABBOTT NUTRITION, PEDIASURE, ready-to-feed, with iron and fiber (formerly ROSS)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0	MA	12		0.000		
8:0 g	0.503		0	MA	12		0.156		
10:0 g	0.349		0	MA	12		0.108		
12:0 g	0.013		0	MA	12		0.004		
13:0 g									
14:0 g	0.009		0	MA	12		0.003		
15:0 g									
16:0 g	0.260		0	MA	12		0.081		
17:0 g									
18:0 g	0.122		0	MA	12		0.038		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.936		0	NC	4		0.600		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.004		0	MA	12		0.001		
17:1 g									
18:1 undifferentiated g	1.921		0	MA	12		0.596		
20:1 g	0.011		0	MA	12		0.003		
22:1 undifferentiated g	0.000		0	MA	12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	1.067		0	NC	4		0.331		
18:2 undifferentiated g	0.975		0	MA	12		0.302		
18:3 undifferentiated g	0.092		0	MA	12		0.029		
18:4 g	0.000		0	MA	12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA) g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA) g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA) g	0.000		0	MA	12		0.000		
Fatty acids, total trans g									
Cholesterol mg	2		0	ML	5		1		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.0g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03819
Child formula, MEAD JOHNSON, PORTAGEN, with iron, powder, not reconstituted

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	3.00		0	MA	12		0.28		
Energy	kcal	483		0	NC	4		45		
Energy	kJ	2022		0	NC	4		190		
Protein	g	16.50		0	MA	12		1.55		
Total lipid (fat)	g	22.00		0	T	4		2.07		
Ash	g	3.70		0	MA	12		0.35		
Carbohydrate, by difference	g	54.80		0	NC	4		5.15		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	54.00		0	MA	12		5.08		
Starch	g									
Minerals:										
Calcium, Ca	mg	440		0	MA	12		41		
Iron, Fe	mg	8.80		0	MC	9		0.83		
Magnesium, Mg	mg	98		0	MC	9		9		
Phosphorus, P	mg	330		0	MA	12		31		
Potassium, K	mg	590		0	MA	12		55		
Sodium, Na	mg	260		0	MA	12		24		
Zinc, Zn	mg	4.40		0	MA	12		0.41		
Copper, Cu	mg	0.740		0	MA	12		0.070		
Manganese, Mn	mg									
Selenium, Se	mcg	0.0		0	MC	9		0.0		
Vitamins:										
Vitamin C, total ascorbic acid	mg	38.0		0	MA	12		3.6		
Thiamin	mg	0.740		0	MA	12		0.070		
Riboflavin	mg	0.880		0	MC	9		0.083		
Niacin	mg	9.800		0	MC	9		0.921		
Pantothenic acid	mg									
Vitamin B-6	mg	0.980		0	MC	9		0.092		
Folate, total	mcg	74		0	MA	12		7		
Folic acid	mcg	74		0	MC	9		7		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	126		0	NC	4		12		
Choline, total	mg	61.0		0	MC	9		5.7		
Betaine	mg									
Vitamin B-12	mcg	2.90		0	MC	9		0.27		
Vitamin B-12, added	mcg	2.90		0	NR	4		0.27		
Vitamin A, RAE	mcg_RAE	1110		0	MC	9		104		
Retinol	mcg	1110		0	MC	9		104		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	3700		0	MC	9		348		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	9.80		0	NR	4		0.92		
Vitamin E, added	mg	9.80		0	NR	4		0.92		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	9.3		0	MC	9		0.9		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	370		0	MC	9		35		
Vitamin K (phylloquinone)	mcg	74.0		0	MA	12		7.0		
Lipids:										
Fatty acids, total saturated	g	19.186		0	NC	4		1.804		
4:0	g	0.000		0	MA	12		0.000		

NDB No. 03819

Child formula, MEAD JOHNSON, PORTAGEN, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.185		0	MC	9		0.017		
8:0....g	13.558		0	MC	9		1.274		
10:0....g	4.975		0	MC	9		0.468		
12:0....g	0.078		0	MC	9		0.007		
13:0....g									
14:0....g	0.000		0	MC	9		0.000		
15:0....g									
16:0....g	0.322		0	MC	9		0.030		
17:0....g									
18:0....g	0.068		0	MC	9		0.006		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.683		0	NC	4		0.064		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	MA	12		0.000		
17:1....g									
18:1 undifferentiated....g	0.683		0	MC	9		0.064		
20:1....g	0.000		0	MA	12		0.000		
22:1 undifferentiated....g	0.000		0	MA	12		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	1.609		0	NC	4		0.151		
18:2 undifferentiated....g	1.570		0	MC	9		0.148		
18:3 undifferentiated....g	0.039		0	MC	9		0.004		
18:4....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA)....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA)....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA)....g	0.000		0	MA	12		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	4		0	MA	12		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0		
Caffeine....mg	0		0	Z	7		0		
Theobromine....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 9.4g: 1 scoop

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03820
Child formula, MEAD JOHNSON, PORTAGEN, with iron, prepared from powder

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	82.86		0	MC	9		25.69		
Energy ... kcal	88		0	NC	4		27		
Energy ... kJ	368		0	NC	4		114		
Protein ... g	3.33		0	MC	9		1.03		
Total lipid (fat) ... g	4.48		0	MC	9		1.39		
Ash ... g	0.76		0	MC	9		0.24		
Carbohydrate, by difference ... g	8.57		0	NC	4		2.66		
Fiber, total dietary ... g	0.0		0	Z	7		0.0		
Sugars, total ... g	7.40		0	MC	9		2.29		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	88		0	MC	9		27		
Iron, Fe ... mg	1.75		0	MC	9		0.54		
Magnesium, Mg ... mg	19		0	MC	9		6		
Phosphorus, P ... mg	66		0	MC	9		20		
Potassium, K ... mg	118		0	MC	9		37		
Sodium, Na ... mg	52		0	MC	9		16		
Zinc, Zn ... mg	0.88		0	MC	9		0.27		
Copper, Cu ... mg	0.148		0	MC	9		0.046		
Manganese, Mn ... mg									
Selenium, Se ... mcg	0.0		0	MC	9		0.0		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	7.6		0	MC	9		2.4		
Thiamin ... mg	0.148		0	MC	9		0.046		
Riboflavin ... mg	0.176		0	MC	9		0.055		
Niacin ... mg	1.944		0	MC	9		0.603		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.194		0	NR	4		0.060		
Folate, total ... mcg	15		0	MC	9		5		
Folic acid ... mcg	15		0	MC	9		5		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	25		0	NC	4		8		
Choline, total ... mg	11.3		0	MC	9		3.5		
Betaine ... mg									
Vitamin B-12 ... mcg	0.57		0	MC	9		0.18		
Vitamin B-12, added ... mcg	0.57		0	NR	4		0.18		
Vitamin A, RAE ... mcg_RAE	222		0	NC	4		69		
Retinol ... mcg	222		0	MC	9		69		
Carotene, beta ... mcg	0		0	MC	9		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	400		0	O	4		124		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	2.00		0	NR	4		0.62		
Vitamin E, added ... mg	2.00		0	NR	4		0.62		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.6		0	MC	9		0.5		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	65		0	MC	9		20		
Vitamin K (phylloquinone) ... mcg	15.1		0	MC	9		4.7		
Lipids:									
Fatty acids, total saturated ... g	3.953		0	MA	12		1.225		
4:0 ... g	0.000		0	MA	12		0.000		

NDB No. 03820

Child formula, MEAD JOHNSON, PORTAGEN, with iron, prepared from powder

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.037		0	MC	9		0.011		
8:0 ... g	2.778		0	MC	9		0.861		
10:0 ... g	1.029		0	MC	9		0.319		
12:0 ... g	0.019		0	MC	9		0.006		
13:0 ... g									
14:0 ... g	0.006		0	MA	12		0.002		
15:0 ... g									
16:0 ... g	0.065		0	MC	9		0.020		
17:0 ... g									
18:0 ... g	0.019		0	MC	9		0.006		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.143		0	MC	9		0.044		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0	MA	12		0.000		
17:1 ... g									
18:1 undifferentiated ... g	0.143		0	MC	9		0.044		
20:1 ... g	0.000		0	MA	12		0.000		
22:1 undifferentiated ... g	0.000		0	MA	12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.333		0	MC	9		0.103		
18:2 undifferentiated ... g	0.324		0	MC	9		0.100		
18:3 undifferentiated ... g	0.009		0	MC	9		0.003		
18:4 ... g	0.000		0	MA	12		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA) ... g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA) ... g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA) ... g	0.000		0	MA	12		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	1		0	MC	9		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.0g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 43075
Fluid replacement, electrolyte solution (include PEDIALYTE)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	96.44		0	MA	12		241.09	30.09	
Energy....kcal	10		0	NC	4		25	3	
Energy....kJ	41		0	NC	4		103	13	
Protein....g	0.00		0		4		0.00	0.00	
Total lipid (fat)....g	0.00		0		4		0.00	0.00	
Ash....g	0.18		0	NR	4		0.45	0.06	
Carbohydrate, by difference....g	2.45		0	MC	9		6.13	0.76	
Fiber, total dietary....g	0.0		0		4		0.0	0.0	
Sugars, total....g	2.45		0	NR	4		6.13	0.76	
Starch....g									
Minerals:									
Calcium, Ca....mg	10		0		1		25	3	
Iron, Fe....mg	0.00		0		4		0.00	0.00	
Magnesium, Mg....mg	1		0		4		3	0	
Phosphorus, P....mg	10		0		1		25	3	
Potassium, K....mg	77		0	MA	12		192	24	
Sodium, Na....mg	101		0	NR	4		254	32	
Zinc, Zn....mg	0.02		0		4		0.05	0.01	
Copper, Cu....mg	0.010		0		4		0.025	0.003	
Manganese, Mn....mg									
Selenium, Se....mcg	0.0		0	Z	7		0.0	0.0	
Vitamins:									
Vitamin C, total ascorbic acid....mg	0.0		0		4		0.0	0.0	
Thiamin....mg	0.000		0		4		0.000	0.000	
Riboflavin....mg	0.000		0		4		0.000	0.000	
Niacin....mg	0.000		0		4		0.000	0.000	
Pantothenic acid....mg									
Vitamin B-6....mg	0.000		0		4		0.000	0.000	
Folate, total....mcg	0		0		4		0	0	
Folic acid....mcg	0		0	Z	7		0	0	
Folate, food....mcg	0		0	Z	7		0	0	
Folate, DFE....mcg_DFE	0		0	NC	4		0	0	
Choline, total....mg	0.0		0	Z	7		0.0	0.0	
Betaine....mg									
Vitamin B-12....mcg	0.00		0		7		0.00	0.00	
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	
Vitamin A, RAE....mcg_RAE	0		0	AS	1		0	0	
Retinol....mcg	0		0	Z	7		0	0	
Carotene, beta....mcg	0		0	Z	7		0	0	
Carotene, alpha....mcg	0		0	Z	7		0	0	
Cryptoxanthin, beta....mcg	0		0	Z	7		0	0	
Vitamin A, IU....IU	0		0	AS	1		0	0	
Lycopene....mcg	0		0	Z	7		0	0	
Lutein + zeaxanthin....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)....mg	0.00		0	Z	7		0.00	0.00	
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	Z	7		0	0	
Vitamin K (phylloquinone)....mcg	0.0		0	Z	7		0.0	0.0	
Lipids:									
Fatty acids, total saturated....g	0.000		0		4		0.000	0.000	
4:0....g	0.000		0		4		0.000	0.000	

NDB No. 43075
Fluid replacement, electrolyte solution (include PEDIALYTE)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		4		0.000	0.000	
8:0 ... g	0.000		0		4		0.000	0.000	
10:0 ... g	0.000		0		4		0.000	0.000	
12:0 ... g	0.000		0		4		0.000	0.000	
13:0 ... g									
14:0 ... g	0.000		0		4		0.000	0.000	
15:0 ... g									
16:0 ... g	0.000		0		4		0.000	0.000	
17:0 ... g									
18:0 ... g	0.000		0		4		0.000	0.000	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.000		0		4		0.000	0.000	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0		4		0.000	0.000	
17:1 ... g									
18:1 undifferentiated ... g	0.000		0		4		0.000	0.000	
20:1 ... g	0.000		0		4		0.000	0.000	
22:1 undifferentiated ... g	0.000		0		4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.000		0		4		0.000	0.000	
18:2 undifferentiated ... g	0.000		0		4		0.000	0.000	
18:3 undifferentiated ... g	0.000		0		4		0.000	0.000	
18:4 ... g	0.000		0		4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		4		0.000	0.000	
20:5 n-3 (EPA) ... g	0.000		0		4		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0		4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.000		0		4		0.000	0.000	
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0		7		0	0	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0	0.0	
Caffeine ... mg	0		0	Z	7		0	0	
Theobromine ... mg	0		0	Z	7		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 250g: 1 cup (8 fl oz)

Measure 2 = 31.2g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03019
Gerber graduates Fruit Strips Real Fruit Bars

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	19.09		0	FLC	4				
Energy	kcal	330		0	NC	4				
Energy	kJ	1380		0	NC	4				
Protein	g	0.82		0	FLC	4				
Total lipid (fat)	g	2.24		0	FLC	4				
Ash	g	1.24		0	FLC	4				
Carbohydrate, by difference	g	76.61		0	NC	4				
Fiber, total dietary	g	7.8		0	FLC	4				
Sugars, total	g	68.65		0	FLC	4				
Starch	g									
Minerals:										
Calcium, Ca	mg	18		0	FLC	4				
Iron, Fe	mg	1.05		0	FLC	4				
Magnesium, Mg	mg	9		0	FLC	4				
Phosphorus, P	mg	23		0	FLC	4				
Potassium, K	mg	312		0	FLC	4				
Sodium, Na	mg	14		0	FLC	4				
Zinc, Zn	mg	0.14		0	FLC	4				
Copper, Cu	mg	0.242		0	FLC	4				
Manganese, Mn	mg	0.700		0	FLC	4				
Selenium, Se	mcg	1.4		0	FLC	4				
Vitamins:										
Vitamin C, total ascorbic acid	mg	179.9		0	FLC	4				
Thiamin	mg	0.041		0	FLC	4				
Riboflavin	mg	0.046		0	FLC	4				
Niacin	mg	0.334		0	FLC	4				
Pantothenic acid	mg	0.142		0	FLC	4				
Vitamin B-6	mg	0.201		0	FLC	4				
Folate, total	mcg	1		0	FLC	4				
Folic acid	mcg	0		0	FLC	4				
Folate, food	mcg	1		0	FLC	4				
Folate, DFE	mcg_DFE	1		0	NC	4				
Choline, total	mg	14.5		0	FLC	4				
Betaine	mg									
Vitamin B-12	mcg	0.00		0	FLC	4				
Vitamin B-12, added	mcg	0.00		0	FLC	4				
Vitamin A, RAE	mcg_RAE	12		0	FLC	4				
Retinol	mcg	0		0	FLC	4				
Carotene, beta	mcg	102		0	FLC	4				
Carotene, alpha	mcg	0		0	FLC	4				
Cryptoxanthin, beta	mcg	76		0	FLC	4				
Vitamin A, IU	IU	233		0	FLC	4				
Lycopene	mcg	0		0	FLC	4				
Lutein + zeaxanthin	mcg	81		0	FLC	4				
Vitamin E (alpha-tocopherol)	mg	0.96		0	FLC	4				
Vitamin E, added	mg	0.00		0	FLC	4				
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.0		0	FLC	4				
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	0		0	FLC	4				
Vitamin K (phylloquinone)	mcg	2.5		0	FLC	4				
Lipids:										
Fatty acids, total saturated	g	0.361		0	FLC	4				
4:0	g	0.000		0	FLC	4				

NDB No. 03019
Gerber graduates Fruit Strips Real Fruit Bars

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0	FLC	4				
8:0....g	0.000		0	FLC	4				
10:0....g	0.000		0	FLC	4				
12:0....g	0.005		0	FLC	4				
13:0....g									
14:0....g	0.009		0	FLC	4				
15:0....g									
16:0....g	0.302		0	FLC	4				
17:0....g									
18:0....g	0.046		0	FLC	4				
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.091		0	FLC	4				
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.005		0	FLC	4				
17:1....g									
18:1 undifferentiated....g	0.087		0	FLC	4				
20:1....g	0.000		0	FLC	4				
22:1 undifferentiated....g	0.000		0	FLC	4				
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.658		0	FLC	4				
18:2 undifferentiated....g	0.544		0	FLC	4				
18:3 undifferentiated....g	0.114		0	FLC	4				
18:4....g	0.000		0	FLC	4				
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	FLC	4				
20:5 n-3 (EPA)....g	0.000		0	FLC	4				
22:5 n-3 (DPA)....g	0.000		0	FLC	4				
22:6 n-3 (DHA)....g	0.000		0	FLC	4				
Fatty acids, total trans....g									
Cholesterol....mg	0		0	FLC	4				
Phytosterols....mg									
Amino Acids:									
Tryptophan....g	0.000		0	NR	4				
Threonine....g	0.000		0	NR	4				
Isoleucine....g	0.000		0	NR	4				
Leucine....g	0.000		0	NR	4				
Lysine....g	0.000		0	NR	4				
Methionine....g	0.000		0	NR	4				
Cystine....g	0.000		0	NR	4				
Phenylalanine....g	0.000		0	NR	4				
Tyrosine....g	0.000		0	NR	4				
Valine....g	0.000		0	NR	4				
Arginine....g	0.000		0	NR	4				
Histidine....g	0.000		0	NR	4				
Alanine....g	0.000		0	NR	4				
Aspartic acid....g	0.000		0	NR	4				
Glutamic acid....g	0.000		0	NR	4				
Glycine....g	0.000		0	NR	4				
Proline....g	0.000		0	NR	4				
Serine....g	0.000		0	NR	4				
Hydroxyproline....g									
Others:									
Alcohol, ethyl....g	0.0		0	FLC	4				
Caffeine....mg	0		0	FLC	4				
Theobromine....mg	0		0	FLC	4				

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

NDB No. 03019

Gerber graduates Fruit Strips Real Fruit Bars

Common Measures:

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03963

Infant Formula, MEAD JOHNSON, ENFAMIL GENTLEASE LIPIL, with iron, prepared from powder

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	88.40		0	NR	4				
Energy ... kcal	63		0	NC	4				
Energy ... kJ	264		0	NC	4				
Protein (N x 1.36) ... g	1.52		0	MC	9				
Total lipid (fat) ... g	3.50		0	MC	9				
Ash ... g	0.19		0	NR	4				
Carbohydrate, by difference ... g	6.39		0	NC	4				
Fiber, total dietary ... g	0.0		0	MC	9				
Sugars, total ... g	6.44		0	MC	9				
Starch ... g									
Minerals:									
Calcium, Ca ... mg	53		0	MC	9				
Iron, Fe ... mg	1.18		0	MC	9				
Magnesium, Mg ... mg	5		0	MC	9				
Phosphorus, P ... mg	30		0	MC	9				
Potassium, K ... mg	71		0	MC	9				
Sodium, Na ... mg	21		0	MC	9				
Zinc, Zn ... mg	0.66		0	MC	9				
Copper, Cu ... mg	0.050		0	MC	9				
Manganese, Mn ... mg	0.010		0	MC	9				
Selenium, Se ... mcg	1.8		0	MC	9				
Vitamins:									
Vitamin C, total ascorbic acid ... mg	7.9		0	MC	9				
Thiamin ... mg	0.052		0	MC	9				
Riboflavin ... mg	0.092		0	MC	9				
Niacin ... mg	0.660		0	MC	9				
Pantothenic acid ... mg	0.330		0	MC	9				
Vitamin B-6 ... mg	0.039		0	MC	9				
Folate, total ... mcg	10		0	MC	9				
Folic acid ... mcg	10		0	MC	9				
Folate, food ... mcg	0		0	MC	9				
Folate, DFE ... mcg_DFE	18		0	NC	4				
Choline, total ... mg	15.7		0	MC	9				
Betaine ... mg									
Vitamin B-12 ... mcg	0.21		0	MC	9				
Vitamin B-12, added ... mcg	0.21		0	MC	9				
Vitamin A, RAE ... mcg_RAE	0		0	NC	4				
Retinol ... mcg	0		0	NR	4				
Carotene, beta ... mcg	0		0	NR	4				
Carotene, alpha ... mcg	0		0	NR	4				
Cryptoxanthin, beta ... mcg	0		0	NR	4				
Vitamin A, IU ... IU	194		0	NR	4				
Lycopene ... mcg	0		0	NR	4				
Lutein + zeaxanthin ... mcg	0		0	NR	4				
Vitamin E (alpha-tocopherol) ... mg	0.63		1	MC	9				
Vitamin E, added ... mg	0.63		0	NR	4				
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.0		0	MC	9				
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	40		0	MC	9				
Vitamin K (phylloquinone) ... mcg	5.2		0	MC	9				
Lipids:									
Fatty acids, total saturated ... g	1.500		0	MC	9				
4:0 ... g	0.000		0	MC	9				

NDB No. 03963

Infant Formula, MEAD JOHNSON, ENFAMIL GENTLEASE LIPIL, with iron, prepared from powder

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0	g	0.010		0	MC	9				
8:0	g	0.060		0	MC	9				
10:0	g	0.040		0	MC	9				
12:0	g	0.320		0	MC	9				
13:0	g									
14:0	g	0.140		0	MC	9				
15:0	g									
16:0	g	0.800		0	MC	9				
17:0	g									
18:0	g	0.140		0	MC	9				
20:0	g									
22:0	g									
24:0	g									
Fatty acids, total monounsaturated	g	1.300		0	MC	9				
14:1	g									
15:1	g									
16:1 undifferentiated	g	0.010		0	MC	9				
17:1	g									
18:1 undifferentiated	g	1.290		0	MC	9				
20:1	g	0.010		0	MC	9				
22:1 undifferentiated	g	0.000		0	MC	9				
24:1 c	g									
Fatty acids, total polyunsaturated	g	0.700		0	MC	9				
18:2 undifferentiated	g	0.600		0	MC	9				
18:3 undifferentiated	g	0.068		0	NR	4				
18:4	g	0.000		0	MC	9				
20:2 n-6 c,c	g									
20:3 undifferentiated	g									
20:4 undifferentiated	g	0.020		0	MC	9				
20:5 n-3 (EPA)	g	0.000		0	MC	9				
22:5 n-3 (DPA)	g	0.000		0	MC	9				
22:6 n-3 (DHA)	g	0.010		0	MC	9				
Fatty acids, total trans	g									
Cholesterol	mg	0		0	MC	9				
Phytosterols	mg									
Others:										
Alcohol, ethyl	g	0.0		0	MC	9				
Caffeine	mg	0		0	MC	9				
Theobromine	mg	0		0	MC	9				

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03955

Infant Formula, MEAD JOHNSON, ENFAMIL, ENFACARE LIPIL, ready-to-feed, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	86.00		0	MA	12		26.49		
Energy ... kcal	71		0	NR	4		22		
Energy ... kJ	297		0	NR	4		91		
Protein ... g	2.00		0	MA	12		0.62		
Total lipid (fat) ... g	3.80		0	MA	12		1.17		
Ash ... g	0.80		0	NR	4		0.25		
Carbohydrate, by difference ... g	7.40		0	MA	12		2.28		
Fiber, total dietary ... g	0.0		0	Z	7		0.0		
Sugars, total ... g	7.40		0	NR	4		2.28		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	86		0	MA	12		26		
Iron, Fe ... mg	1.28		0	MA	12		0.39		
Magnesium, Mg ... mg	6		0	MA	12		2		
Phosphorus, P ... mg	47		0	MA	12		14		
Potassium, K ... mg	75		0	MA	12		23		
Sodium, Na ... mg	25		0	MA	12		8		
Zinc, Zn ... mg	0.88		0	MA	12		0.27		
Copper, Cu ... mg	0.086		0	MA	12		0.026		
Manganese, Mn ... mg	0.011		0	MA	12		0.003		
Selenium, Se ... mcg	2.0		0	MA	12		0.6		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	11.3		0	MA	12		3.5		
Thiamin ... mg	0.141		0	MA	12		0.043		
Riboflavin ... mg	0.141		0	MA	12		0.043		
Niacin ... mg	1.423		0	MA	12		0.438		
Pantothenic acid ... mg	0.605		0	MA	12		0.186		
Vitamin B-6 ... mg	0.071		0	MA	12		0.022		
Folate, total ... mcg	19		0	MA	12		6		
Folic acid ... mcg	19		0	NR	4		6		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	31		0	NC	4		10		
Choline, total ... mg	17.1		0	MA	12		5.3		
Betaine ... mg									
Vitamin B-12 ... mcg	0.21		0	MA	12		0.06		
Vitamin B-12, added ... mcg	0.21		0	NR	4		0.06		
Vitamin A, RAE ... mcg_RAE	58		0	NC	4		18		
Retinol ... mcg	58		0	O	4		18		
Carotene, beta ... mcg	0		0	BFFN	4		0		
Carotene, alpha ... mcg	0		0	BFFN	4		0		
Cryptoxanthin, beta ... mcg	0		0	BFFN	4		0		
Vitamin A, IU ... IU	317		0	MA	12		98		
Lycopene ... mcg	0		0	BFFN	4		0		
Lutein + zeaxanthin ... mcg	0		0	BFFN	4		0		
Vitamin E (alpha-tocopherol) ... mg	1.32		0	BFFN	4		0.41		
Vitamin E, added ... mg	1.32		0	BFFN	4		0.41		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.4		0	MA	12		0.4		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	57		0	MA	12		18		
Vitamin K (phylloquinone) ... mcg	5.7		0	MA	12		1.8		
Lipids:									
Fatty acids, total saturated ... g	1.578		0	BFFN	4		0.486		
4:0 ... g	0.000		0	BFFN	4		0.000		

NDB No. 03955

Infant Formula, MEAD JOHNSON, ENFAMIL, ENFACARE LIPIL, ready-to-feed, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.010		0	BFFN	4		0.003		
8:0 ... g	0.585		0	BFFN	4		0.180		
10:0 ... g	0.240		0	BFFN	4		0.074		
12:0 ... g	0.270		0	BFFN	4		0.083		
13:0 ... g									
14:0 ... g	0.110		0	BFFN	4		0.034		
15:0 ... g									
16:0 ... g	0.228		0	BFFN	4		0.070		
17:0 ... g									
18:0 ... g	0.121		0	BFFN	4		0.037		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.330		0	BFFN	4		0.410		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0	BFFN	4		0.000		
17:1 ... g									
18:1 undifferentiated ... g	1.330		0	BFFN	4		0.410		
20:1 ... g	0.000		0	Z	7		0.000		
22:1 undifferentiated ... g	0.000		0	Z	7		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.862		0	BFFN	4		0.266		
18:2 undifferentiated ... g	0.673		0	MA	12		0.207		
18:3 undifferentiated ... g	0.067		0	MA	12		0.021		
18:4 ... g	0.000		0	Z	7		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.024		0	MA	12		0.007		
20:5 n-3 (EPA) ... g	0.000		0	NR	4		0.000		
22:5 n-3 (DPA) ... g	0.000		0	Z	7		0.000		
22:6 n-3 (DHA) ... g	0.012		0	MA	12		0.004		
Fatty acids, total trans ... g									
Cholesterol ... mg	1		0	O	4		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	BFFN	4		0		
Theobromine ... mg	0		0	BFFN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.8g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03839

Infant formula, ABBOTT NUTRITION, SIMILAC NATURAL CARE, ADVANCE, ready-to-feed, with ARA and DHA (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	85.07		0	T	4		25.95		
Energy	kcal	78		0	NC	4		24		
Energy	kJ	326		0	NC	4		99		
Protein	g	2.12		0	MC	9		0.65		
Total lipid (fat)	g	4.24		0	T	4		1.29		
Ash	g	0.75		0	MC	9		0.23		
Carbohydrate, by difference	g	7.82		0	NC	4		2.39		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	8.20		0	O	4		2.50		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	8.20		0	T	4		2.50		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	163		0	ML	5		50		
Iron, Fe	mg	0.29		0	ML	5		0.09		
Magnesium, Mg	mg	9		0	ML	5		3		
Phosphorus, P	mg	91		0	T	4		28		
Potassium, K	mg	101		0	T	4		31		
Sodium, Na	mg	34		0	T	4		10		
Zinc, Zn	mg	1.17		0	T	4		0.36		
Copper, Cu	mg	0.195		0	T	4		0.059		
Manganese, Mn	mg	0.009		1	MA	12		0.003		
Selenium, Se	mcg	1.4		0	ML	5		0.4		
Vitamins:										
Vitamin C, total ascorbic acid	mg	28.9		0	T	4		8.8		
Thiamin	mg	0.195		0	T	4		0.059		
Riboflavin	mg	0.484		0	T	4		0.148		
Niacin	mg	3.902		0	T	4		1.190		
Pantothenic acid	mg	1.483		0	T	4		0.452		
Vitamin B-6	mg	0.195		0	T	4		0.059		
Folate, total	mcg	29		0	ML	5		9		
Folic acid	mcg	29		0	T	4		9		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	49		0	NC	4		15		
Choline, total	mg	6.0		0	MC	9		1.8		
Betaine	mg									
Vitamin B-12	mcg	0.43		0	ML	5		0.13		
Vitamin B-12, added	mcg	0.43		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	292		0	NC	4		89		
Retinol	mcg	292		0	T	4		89		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	973		0	NC	4		297		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	2.09		0	MC	9		0.64		
Vitamin E, added (1)	mg	2.09		0	NR	4		0.64		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	2.9		0	T	4		0.9		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03839

Infant formula, ABBOTT NUTRITION, SIMILAC NATURAL CARE, ADVANCE, ready-to-feed, with ARA and DHA (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	117		0	T	4		36		
Vitamin K (phylloquinone).....mcg	9.4		0	T	4		2.9		
Lipids:									
Fatty acids, total saturated.....g	2.544		0	MA	12		0.776		
4:0.....g	0.000		0	MA	12		0.000		
6:0.....g	0.013		0	MA	12		0.004		
8:0.....g	1.080		0	MA	12		0.329		
10:0.....g	0.599		0	MA	12		0.183		
12:0.....g	0.346		0	MA	12		0.106		
13:0.....g									
14:0.....g	0.150		0	MA	12		0.046		
15:0.....g									
16:0.....g	0.241		0	MA	12		0.074		
17:0.....g									
18:0.....g	0.114		0	MA	12		0.035		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.402		0	MA	12		0.123		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.402		0	MA	12		0.123		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.842		0	MA	12		0.257		
18:2 undifferentiated.....g	0.758		0	MA	12		0.231		
18:3 undifferentiated.....g	0.084		0	MA	12		0.026		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.018		0	MA	12		0.005		
20:5 n-3 (EPA).....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA).....g	0.011		0	MA	12		0.003		
Fatty acids, total trans.....g									
Cholesterol.....mg	2		0	MA	12		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Footnotes:

1 Added vitamin E is RRR alpha tocopherol

2 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

NDB No. 03839

Infant formula, ABBOTT NUTRITION, SIMILAC NATURAL CARE, ADVANCE, ready-to-feed, with ARA and DHA (formerly ROSS) (1)

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03944

Infant formula, ABBOTT NUTRITION, SIMILAC NEOSURE, ready-to-feed, with ARA and DHA, (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	87.00		0	NR	4		26.54		
Energy ... kcal	69		0	NC	4		21		
Energy ... kJ	290		0	NC	4		88		
Protein ... g	1.92		0	MC	9		0.58		
Total lipid (fat) ... g	3.77		0	MC	9		1.15		
Ash ... g	0.38		0	NR	4		0.12		
Carbohydrate, by difference ... g	6.94		0	NC	4		2.12		
Fiber, total dietary ... g	0.0		0	Z	7		0.0		
Sugars, total ... g	6.90		0	NR	4		2.10		
Sucrose ... g									
Glucose (dextrose) ... g									
Fructose ... g									
Lactose ... g	6.90		0	NR	4		2.10		
Maltose ... g									
Galactose ... g									
Starch ... g									
Minerals:									
Calcium, Ca ... mg	72		0	MC	9		22		
Iron, Fe ... mg	1.23		0	MC	9		0.38		
Magnesium, Mg ... mg	6		0	MC	9		2		
Phosphorus, P ... mg	42		0	MC	9		13		
Potassium, K ... mg	97		0	MC	9		30		
Sodium, Na ... mg	23		0	MC	9		7		
Zinc, Zn ... mg	0.82		0	MC	9		0.25		
Copper, Cu ... mg	0.082		0	MC	9		0.025		
Manganese, Mn ... mg	0.006		0	MC	9		0.002		
Selenium, Se ... mcg	1.6		0	MC	9		0.5		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	10.3		0	NR	4		3.1		
Thiamin ... mg	0.151		0	MC	9		0.046		
Riboflavin ... mg	0.102		0	MC	9		0.031		
Niacin ... mg	1.336		0	MC	9		0.407		
Pantothenic acid ... mg	0.548		0	MC	9		0.167		
Vitamin B-6 ... mg	0.068		0	MC	9		0.021		
Folate, total ... mcg	17		0	MC	9		5		
Folic acid ... mcg	17		0	MC	9		5		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	29		0	NC	4		9		
Choline, total ... mg	11.0		0	MC	9		3.3		
Betaine ... mg									
Vitamin B-12 ... mcg	0.27		0	MC	9		0.08		
Vitamin B-12, added ... mcg	0.27		0	MC	9		0.08		
Vitamin A, RAE ... mcg_RAE	94		0	NC	4		29		
Retinol ... mcg	94		0	NR	4		29		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	315		0	NR	4		96		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	1.11		0	NR	4		0.34		
Vitamin E, added ... mg	1.11		0	NR	4		0.34		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.2		0	MC	9		0.4		
Vitamin D2 (ergocalciferol) ... mcg									

NDB No. 03944

Infant formula, ABBOTT NUTRITION, SIMILAC NEOSURE, ready-to-feed, with ARA and DHA, (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	48		0	MC	9		15		
Vitamin K (phylloquinone).....mcg	7.5		0	MC	9		2.3		
Lipids:									
Fatty acids, total saturated.....g	2.447		0	NC	4		0.746		
4:0.....g	0.000		0	MA	12		0.000		
6:0.....g	0.013		0	MA	12		0.004		
8:0.....g	1.039		0	MA	12		0.317		
10:0.....g	0.576		0	MA	12		0.176		
12:0.....g	0.333		0	MA	12		0.102		
13:0.....g									
14:0.....g	0.144		0	MA	12		0.044		
15:0.....g									
16:0.....g	0.232		0	MA	12		0.071		
17:0.....g									
18:0.....g	0.110		0	MA	12		0.033		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.387		0	NC	4		0.118		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12		0.000		
17:1.....g									
18:1 undifferentiated.....g	0.387		0	MA	12		0.118		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.844		0	NC	4		0.257		
18:2 undifferentiated.....g	0.729		0	MA	12		0.222		
18:3 undifferentiated.....g	0.081		0	MA	12		0.025		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.022		0	MC	9		0.007		
20:5 n-3 (EPA).....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA).....g	0.012		0	MC	9		0.004		
Fatty acids, total trans.....g									
Cholesterol.....mg	2		0	MA	12		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

NDB No. 03944

Infant formula, ABBOTT NUTRITION, SIMILAC NEOSURE, ready-to-feed, with ARA and DHA, (formerly ROSS) (1)

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03951

Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, liquid concentrate, not reconstituted, (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	76.16		0	T	4		23.91		
Energy	kcal	127		0	NC	4		40		
Energy	kJ	530		0	NC	4		166		
Protein	g	2.64		0	T	4		0.83		
Total lipid (fat)	g	6.89		0	T	4		2.16		
Ash	g	0.79		0	MC	9		0.25		
Carbohydrate, by difference	g	13.52		0	NC	4		4.25		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	13.52		0	NR	4		4.25		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	13.52		0	NR	4		4.25		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	99		0	ML	5		31		
Iron, Fe	mg	2.30		0	T	4		0.72		
Magnesium, Mg	mg	8		0	ML	5		3		
Phosphorus, P	mg	54		0	T	4		17		
Potassium, K	mg	134		0	ML	5		42		
Sodium, Na	mg	31		0	ML	5		10		
Zinc, Zn	mg	0.96		0	ML	5		0.30		
Copper, Cu	mg	0.115		0	ML	5		0.036		
Manganese, Mn	mg	0.006		0	ML	5		0.002		
Selenium, Se	mcg	2.8		0	ML	5		0.9		
Vitamins:										
Vitamin C, total ascorbic acid	mg	11.5		0	ML	5		3.6		
Thiamin	mg	0.127		0	ML	5		0.040		
Riboflavin	mg	0.191		0	ML	5		0.060		
Niacin	mg	1.339		0	T	4		0.420		
Pantothenic acid	mg	0.574		0	MC	9		0.180		
Vitamin B-6	mg	0.076		0	ML	5		0.024		
Folate, total	mcg	19		0	ML	5		6		
Folic acid	mcg	19		0	T	4		6		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	33		0	NC	4		10		
Choline, total	mg	15.6		0	MC	9		4.9		
Betaine	mg									
Vitamin B-12	mcg	0.32		0	ML	5		0.10		
Vitamin B-12, added	mcg	0.32		0	NR	4		0.10		
Vitamin A, RAE	mcg_RAE	114		0	NC	4		36		
Retinol	mcg	114		0	T	4		36		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	382		0	MC	9		120		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	1.28		0	NR	4		0.40		
Vitamin E, added	mg	1.28		0	NR	4		0.40		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.9		0	T	4		0.6		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03951

Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, liquid concentrate, not reconstituted, (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	76		0	T	4		24		
Vitamin K (phylloquinone).....mcg	10.2		0	T	4		3.2		
Lipids:									
Fatty acids, total saturated.....g	2.401		0	MA	12		0.754		
4:0.....g	0.000		0	MA	12		0.000		
6:0.....g	0.014		0	MA	12		0.004		
8:0.....g	0.214		0	MA	12		0.067		
10:0.....g	0.152		0	MA	12		0.048		
12:0.....g	0.943		0	MA	12		0.296		
13:0.....g									
14:0.....g	0.355		0	MA	12		0.111		
15:0.....g									
16:0.....g	0.500		0	MA	12		0.157		
17:0.....g									
18:0.....g	0.223		0	MA	12		0.070		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	2.551		0	MA	12		0.801		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.005		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	2.533		0	MA	12		0.795		
20:1.....g	0.013		0	MA	12		0.004		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.555		0	MA	12		0.488		
18:2 undifferentiated.....g	1.405		0	MA	12		0.441		
18:3 undifferentiated.....g	0.150		0	MA	12		0.047		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.046		0	NR	4		0.014		
20:5 n-3 (EPA).....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA).....g	0.023		0	NR	4		0.007		
Fatty acids, total trans.....g									
Cholesterol.....mg	3		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

NDB No. 03951

Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, liquid concentrate, not reconstituted, (formerly ROSS) (1)

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03950

Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, powder, not reconstituted, (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.25		0	MA	12		0.19		
Energy	kcal	522		0	NC	4		44		
Energy	kJ	2185		0	NC	4		186		
Protein	g	10.89		0	MA	12		0.93		
Total lipid (fat)	g	28.87		0	MA	12		2.45		
Ash	g	3.26		0	MA	12		0.28		
Carbohydrate, by difference	g	54.73		0	NC	4		4.65		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	54.73		0	NR	4		4.65		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	55.53		0	T	4		4.72		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	410		0	T	4		35		
Iron, Fe	mg	9.47		0	T	4		0.80		
Magnesium, Mg	mg	32		0	T	4		3		
Phosphorus, P	mg	221		0	T	4		19		
Potassium, K	mg	552		0	T	4		47		
Sodium, Na	mg	126		0	ML	5		11		
Zinc, Zn	mg	3.94		0	T	4		0.33		
Copper, Cu	mg	0.473		0	T	4		0.040		
Manganese, Mn	mg	0.026		0	ML	5		0.002		
Selenium, Se	mcg	11.6		0	T	4		1.0		
Vitamins:										
Vitamin C, total ascorbic acid	mg	47.3		0	T	4		4.0		
Thiamin	mg	0.526		0	T	4		0.045		
Riboflavin	mg	0.789		0	T	4		0.067		
Niacin	mg	5.522		0	T	4		0.469		
Pantothenic acid	mg	2.367		0	T	4		0.201		
Vitamin B-6	mg	0.316		0	T	4		0.027		
Folate, total	mcg	79		0	ML	5		7		
Folic acid	mcg	79		0	T	4		7		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	134		0	NC	4		11		
Choline, total	mg	64.0		0	MC	9		5.4		
Betaine	mg									
Vitamin B-12	mcg	1.32		0	T	4		0.11		
Vitamin B-12, added	mcg	1.32		0	NR	4		0.11		
Vitamin A, RAE	mcg_RAE	473		0	NC	4		40		
Retinol	mcg	473		0	T	4		40		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	T	4		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1578		0	MC	9		134		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	5.29		0	MC	9		0.45		
Vitamin E, added	mg	5.29		0	NR	4		0.45		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.9		0	T	4		0.7		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03950

Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, powder, not reconstituted, (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	316		0	T	4		27		
Vitamin K (phylloquinone).....mcg	42.1		0	T	4		3.6		
Lipids:									
Fatty acids, total saturated.....g	9.873		0	MA	12		0.839		
4:0.....g	0.000		0	MA	12		0.000		
6:0.....g	0.059		0	MA	12		0.005		
8:0.....g	0.879		0	MA	12		0.075		
10:0.....g	0.626		0	MA	12		0.053		
12:0.....g	3.876		0	MA	12		0.329		
13:0.....g									
14:0.....g	1.459		0	MA	12		0.124		
15:0.....g									
16:0.....g	2.056		0	MA	12		0.175		
17:0.....g									
18:0.....g	0.916		0	MA	12		0.078		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	10.491		0	MA	12		0.892		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.019		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	10.419		0	MA	12		0.886		
20:1.....g	0.054		0	MA	12		0.005		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	6.396		0	MA	12		0.544		
18:2 undifferentiated.....g	5.778		0	MA	12		0.491		
18:3 undifferentiated.....g	0.618		0	MA	12		0.053		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.187		0	NR	4		0.016		
20:5 n-3 (EPA).....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA).....g	0.096		0	NR	4		0.008		
Fatty acids, total trans.....g									
Cholesterol.....mg	14		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.5g: 1 scoop

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

NDB No. 03950

Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, powder, not reconstituted, (formerly ROSS) (1)

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03949

Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, ready-to-feed, (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.79		0	MA	12		26.69		
Energy	kcal	66		0	NC	4		20		
Energy	kJ	278		0	NC	4		84		
Protein	g	1.36		1	MA	12		0.41		
Total lipid (fat)	g	3.70		0	MC	9		1.12		
Ash	g	0.38		1	MA	12		0.12		
Carbohydrate, by difference	g	6.92		0	NC	4		2.10		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	6.90		0	NR	4		2.10		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	6.90		0	NR	4		2.10		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	53		0	MC	9		16		
Iron, Fe	mg	1.18		1	MA	12		0.36		
Magnesium, Mg	mg	4		1	MA	12		1		
Phosphorus, P	mg	28		1	MA	12		9		
Potassium, K	mg	69		1	MA	12		21		
Sodium, Na	mg	16		1	MA	12		5		
Zinc, Zn	mg	0.49		1	MA	12		0.15		
Copper, Cu	mg	0.059		1	MA	12		0.018		
Manganese, Mn	mg	0.003		0	ML	5		0.001		
Selenium, Se	mcg	1.2		0	T	4		0.4		
Vitamins:										
Vitamin C, total ascorbic acid	mg	5.9		1	MA	12		1.8		
Thiamin	mg	0.066		1	MA	12		0.020		
Riboflavin	mg	0.099		0	T	4		0.030		
Niacin	mg	0.690		0	T	4		0.210		
Pantothenic acid	mg	0.296		0	T	4		0.090		
Vitamin B-6	mg	0.039		1	MA	12		0.012		
Folate, total	mcg	10		1	MA	12		3		
Folic acid	mcg	10		0	T	4		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	17		0	NC	4		5		
Choline, total	mg	8.0		0	MC	9		2.4		
Betaine	mg									
Vitamin B-12	mcg	0.16		1	MA	12		0.05		
Vitamin B-12, added	mcg	0.16		0	NR	4		0.05		
Vitamin A, RAE	mcg_RAE	59		0	NC	4		18		
Retinol	mcg	59		0	T	4		18		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	197		0	NC	4		60		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	1.32		0	T	4		0.40		
Vitamin E, added	mg	1.32		0	NR	4		0.40		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.0		0	T	4		0.3		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03949

Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, ready-to-feed, (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	39		0	T	4		12		
Vitamin K (phylloquinone).....mcg	5.3		0	T	4		1.6		
Lipids:									
Fatty acids, total saturated.....g	1.237		1	MA	12		0.376		
4:0.....g	0.000		1	MA	12		0.000		
6:0.....g	0.007		1	MA	12		0.002		
8:0.....g	0.110		1	MA	12		0.033		
10:0.....g	0.078		1	MA	12		0.024		
12:0.....g	0.486		1	MA	12		0.148		
13:0.....g									
14:0.....g	0.183		1	MA	12		0.056		
15:0.....g									
16:0.....g	0.258		1	MA	12		0.078		
17:0.....g									
18:0.....g	0.115		1	MA	12		0.035		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.314		1	MA	12		0.399		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002		1	MA	12		0.001		
17:1.....g									
18:1 undifferentiated.....g	1.305		1	MA	12		0.397		
20:1.....g	0.007		1	MA	12		0.002		
22:1 undifferentiated.....g	0.000		1	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.801		1	MA	12		0.244		
18:2 undifferentiated.....g	0.724		1	MA	12		0.220		
18:3 undifferentiated.....g	0.077		1	MA	12		0.023		
18:4.....g	0.000		1	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.023		0	MC	9		0.007		
20:5 n-3 (EPA).....g	0.000		1	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		1	MA	12		0.000		
22:6 n-3 (DHA).....g	0.012		0	MC	9		0.004		
Fatty acids, total trans.....g									
Cholesterol.....mg	2		1	MA	12		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.4g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

NDB No. 03949

Infant formula, ABBOTT NUTRITION, SIMILAC, ADVANCE, with iron, ready-to-feed, (formerly ROSS) (1)

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03935

Infant formula, ABBOTT NUTRITION, SIMILAC, ALIMENTUM, ADVANCE, ready-to-feed, with ARA and DHA, (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	87.32		0	T	4		26.63		
Energy ... kcal	67		0	NC	4		20		
Energy ... kJ	280		0	NC	4		85		
Protein ... g	1.80		1	MA	12		0.55		
Total lipid (fat) ... g	3.63		1	MA	12		1.11		
Ash ... g	0.48		0	MC	9		0.15		
Carbohydrate, by difference ... g	6.77		0	NC	4		2.06		
Fiber, total dietary ... g	0.0		0	Z	7		0.0		
Sugars, total ... g	4.40		0	T	4		1.34		
Sucrose ... g	4.40		0	T	4		1.34		
Glucose (dextrose) ... g									
Fructose ... g									
Lactose ... g	0.00		0	Z	7		0.00		
Maltose ... g									
Galactose ... g									
Starch ... g	2.20		0	T	4		0.67		
Minerals:									
Calcium, Ca ... mg	69		1	MA	12		21		
Iron, Fe ... mg	1.18		1	MA	12		0.36		
Magnesium, Mg ... mg	5		1	MA	12		2		
Phosphorus, P ... mg	49		1	MA	12		15		
Potassium, K ... mg	77		1	MA	12		23		
Sodium, Na ... mg	29		1	MA	12		9		
Zinc, Zn ... mg	0.49		1	MA	12		0.15		
Copper, Cu ... mg	0.049		1	MA	12		0.015		
Manganese, Mn ... mg	0.006		0	T	4		0.002		
Selenium, Se ... mcg	1.2		0	T	4		0.4		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	5.9		1	MA	12		1.8		
Thiamin ... mg	0.039		1	MA	12		0.012		
Riboflavin ... mg	0.059		1	MA	12		0.018		
Niacin ... mg	0.885		0	T	4		0.270		
Pantothenic acid ... mg	0.491		0	ML	5		0.150		
Vitamin B-6 ... mg	0.039		1	MA	12		0.012		
Folate, total ... mcg	10		1	MA	12		3		
Folic acid ... mcg	10		0	T	4		3		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	17		0	NC	4		5		
Choline, total ... mg	8.0		0	MC	9		2.4		
Betaine ... mg									
Vitamin B-12 ... mcg	0.30		1	MA	12		0.09		
Vitamin B-12, added ... mcg	0.30		0	NR	4		0.09		
Vitamin A, RAE ... mcg_RAE	59		0	NC	4		18		
Retinol ... mcg	59		0	T	4		18		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	197		0	NC	4		60		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	1.32		0	T	4		0.40		
Vitamin E, added ... mg	1.32		0	NR	4		0.40		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	0.7		0	T	4		0.2		
Vitamin D2 (ergocalciferol) ... mcg									

NDB No. 03935

Infant formula, ABBOTT NUTRITION, SIMILAC, ALIMENTUM, ADVANCE, ready-to-feed, with ARA and DHA, (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	29		0	T	4		9		
Vitamin K (phylloquinone).....mcg	9.8		0	T	4		3.0		
Lipids:									
Fatty acids, total saturated.....g	1.838		1	MA	12		0.561		
4:0.....g	0.000		1	MA	12		0.000		
6:0.....g	0.000		1	MA	12		0.000		
8:0.....g	0.931		1	MA	12		0.284		
10:0.....g	0.689		1	MA	12		0.210		
12:0.....g	0.023		1	MA	12		0.007		
13:0.....g									
14:0.....g	0.007		1	MA	12		0.002		
15:0.....g									
16:0.....g	0.137		1	MA	12		0.042		
17:0.....g									
18:0.....g	0.052		1	MA	12		0.016		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.294		1	MA	12		0.090		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.003		1	MA	12		0.001		
17:1.....g									
18:1 undifferentiated.....g	0.287		1	MA	12		0.088		
20:1.....g	0.003		1	MA	12		0.001		
22:1 undifferentiated.....g	0.000		1	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.126		0	MA	12		0.343		
18:2 undifferentiated.....g	1.055		1	MA	12		0.322		
18:3 undifferentiated.....g	0.059		1	MA	12		0.018		
18:4.....g	0.000		1	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.018		0	MA	12		0.005		
20:5 n-3 (EPA).....g	0.000		1	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		1	MA	12		0.000		
22:6 n-3 (DHA).....g	0.011		0	MA	12		0.003		
Fatty acids, total trans.....g									
Cholesterol.....mg	1		1	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

NDB No. 03935

Infant formula, ABBOTT NUTRITION, SIMILAC, ALIMENTUM, ADVANCE, ready-to-feed, with ARA and DHA, (formerly ROSS) (1)

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03846

Infant formula, ABBOTT NUTRITION, SIMILAC, ALIMENTUM, with iron, ready-to-feed, (formerly ROSS)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.32		0	T	4		26.63		
Energy	kcal	66		0	T	4		20		
Energy	kJ	276		0	T	4		84		
Protein	g	1.80		1	MA	12		0.55		
Total lipid (fat)	g	3.63		1	MA	12		1.11		
Ash	g	0.48		0	MC	9		0.15		
Carbohydrate, by difference	g	6.77		0	NC	4		2.06		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	4.40		0	T	4		1.34		
Sucrose	g	4.40		0	T	4		1.34		
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	0.00		0	Z	7		0.00		
Maltose	g									
Galactose	g									
Starch	g	2.20		0	T	4		0.67		
Minerals:										
Calcium, Ca	mg	69		1	MA	12		21		
Iron, Fe	mg	1.18		1	MA	12		0.36		
Magnesium, Mg	mg	5		1	MA	12		2		
Phosphorus, P	mg	49		1	MA	12		15		
Potassium, K	mg	77		1	MA	12		23		
Sodium, Na	mg	29		1	MA	12		9		
Zinc, Zn	mg	0.49		1	MA	12		0.15		
Copper, Cu	mg	0.049		1	MA	12		0.015		
Manganese, Mn	mg	0.006		0	T	4		0.002		
Selenium, Se	mcg	1.2		0	T	4		0.4		
Vitamins:										
Vitamin C, total ascorbic acid	mg	5.9		1	MA	12		1.8		
Thiamin	mg	0.039		1	MA	12		0.012		
Riboflavin	mg	0.059		1	MA	12		0.018		
Niacin	mg	0.885		0	T	4		0.270		
Pantothenic acid	mg	0.491		0	ML	5		0.150		
Vitamin B-6	mg	0.039		1	MA	12		0.012		
Folate, total	mcg	10		1	MA	12		3		
Folic acid	mcg	10		0	T	4		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	17		0	NC	4		5		
Choline, total	mg	8.0		0	MC	9		2.4		
Betaine	mg									
Vitamin B-12	mcg	0.30		1	MA	12		0.09		
Vitamin B-12, added	mcg	0.30		0	NR	4		0.09		
Vitamin A, RAE	mcg_RAE	59		0	NC	4		18		
Retinol	mcg	59		0	T	4		18		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	197		0	NC	4		60		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	1.32		0	T	4		0.40		
Vitamin E, added	mg	1.32		0	NR	4		0.40		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.7		0	T	4		0.2		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03846

Infant formula, ABBOTT NUTRITION, SIMILAC, ALIMENTUM, with iron, ready-to-feed, (formerly ROSS)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	29		0	T	4		9		
Vitamin K (phylloquinone).....mcg	9.8		0	T	4		3.0		
Lipids:									
Fatty acids, total saturated.....g	1.838		1	MA	12		0.561		
4:0.....g	0.000		1	MA	12		0.000		
6:0.....g	0.000		1	MA	12		0.000		
8:0.....g	0.931		1	MA	12		0.284		
10:0.....g	0.689		1	MA	12		0.210		
12:0.....g	0.023		1	MA	12		0.007		
13:0.....g									
14:0.....g	0.007		1	MA	12		0.002		
15:0.....g									
16:0.....g	0.137		1	MA	12		0.042		
17:0.....g									
18:0.....g	0.052		1	MA	12		0.016		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	0.294		1	MA	12		0.090		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.003		1	MA	12		0.001		
17:1.....g									
18:1 undifferentiated.....g	0.287		1	MA	12		0.088		
20:1.....g	0.003		1	MA	12		0.001		
22:1 undifferentiated.....g	0.000		1	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.113		1	MA	12		0.339		
18:2 undifferentiated.....g	1.055		1	MA	12		0.322		
18:3 undifferentiated.....g	0.059		1	MA	12		0.018		
18:4.....g	0.000		1	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		1	MA	12		0.000		
20:5 n-3 (EPA).....g	0.000		1	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		1	MA	12		0.000		
22:6 n-3 (DHA).....g	0.000		1	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	1		1	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03952

Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, ADVANCE with iron, liquid concentrate, (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	75.81		0	T	4		23.80		
Energy ... kcal	128		0	T	4		40		
Energy ... kJ	536		0	T	4		168		
Protein ... g	3.13		0	T	4		0.98		
Total lipid (fat) ... g	6.98		0	MA	12		2.19		
Ash ... g	0.88		0	T	4		0.28		
Carbohydrate, by difference ... g	13.21		0	NC	4		4.15		
Fiber, total dietary ... g	0.0		0	Z	7		0.0		
Sugars, total ... g	13.10		0	T	4		4.11		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	134		0	ML	5		42		
Iron, Fe ... mg	2.30		0	T	4		0.72		
Magnesium, Mg ... mg	10		0	ML	5		3		
Phosphorus, P ... mg	96		0	ML	5		30		
Potassium, K ... mg	138		0	ML	5		43		
Sodium, Na ... mg	56		0	ML	5		18		
Zinc, Zn ... mg	0.96		0	ML	5		0.30		
Copper, Cu ... mg	0.096		0	ML	5		0.030		
Manganese, Mn ... mg	0.032		0	ML	5		0.010		
Selenium, Se ... mcg	2.7		0	ML	5		0.8		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	11.5		0	ML	5		3.6		
Thiamin ... mg	0.077		0	T	4		0.024		
Riboflavin ... mg	0.115		0	ML	5		0.036		
Niacin ... mg	1.725		0	T	4		0.542		
Pantothenic acid ... mg	0.958		0	T	4		0.301		
Vitamin B-6 ... mg	0.077		0	T	4		0.024		
Folate, total ... mcg	19		0	ML	5		6		
Folic acid ... mcg	19		0	T	4		6		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	33		0	NC	4		10		
Choline, total ... mg	15.5		0	MC	9		4.9		
Betaine ... mg									
Vitamin B-12 ... mcg	0.58		0	T	4		0.18		
Vitamin B-12, added ... mcg	0.58		0	NR	4		0.18		
Vitamin A, RAE ... mcg_RAE	114		0	NC	4		36		
Retinol ... mcg	114		0	T	4		36		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	380		0	NC	4		119		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	1.20		0	T	4		0.38		
Vitamin E, added ... mg	1.20		0	NR	4		0.38		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.9		0	T	4		0.6		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	77		0	T	4		24		
Vitamin K (phylloquinone) ... mcg	14.1		0	T	4		4.4		
Lipids:									
Fatty acids, total saturated ... g	2.262		0	MA	12		0.710		
4:0 ... g	0.000		0	MA	12		0.000		

NDB No. 03952

Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, ADVANCE with iron, liquid concentrate, (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.017		0	MA	12		0.005		
8:0 ... g	0.174		0	MA	12		0.055		
10:0 ... g	0.120		0	MA	12		0.038		
12:0 ... g	0.874		0	MA	12		0.274		
13:0 ... g									
14:0 ... g	0.343		0	MA	12		0.108		
15:0 ... g									
16:0 ... g	0.509		0	MA	12		0.160		
17:0 ... g									
18:0 ... g	0.225		0	MA	12		0.071		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	2.660		0	MA	12		0.835		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.005		0	MA	12		0.002		
17:1 ... g									
18:1 undifferentiated ... g	2.641		0	MA	12		0.829		
20:1 ... g	0.015		0	MA	12		0.005		
22:1 undifferentiated ... g	0.000		0	MA	12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	1.625		0	MA	12		0.510		
18:2 undifferentiated ... g	1.458		0	MA	12		0.458		
18:3 undifferentiated ... g	0.166		0	MA	12		0.052		
18:4 ... g	0.000		0	MA	12		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.046		0	MA	12		0.014		
20:5 n-3 (EPA) ... g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA) ... g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA) ... g	0.023		0	MA	12		0.007		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	ML	5		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03954

Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, ADVANCE with iron, powder, not reconstituted, (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.50		0	MA	12		0.22		
Energy	kcal	517		0	NC	4		45		
Energy	kJ	2165		0	NC	4		188		
Protein	g	12.60		0	T	4		1.10		
Total lipid (fat)	g	28.09		0	T	4		2.44		
Ash	g	3.24		0	T	4		0.28		
Carbohydrate, by difference	g	53.57		0	NC	4		4.66		
Fiber, total dietary	g	0.0		0	MC	9		0.0		
Sugars, total	g	52.97		0	T	4		4.61		
Starch	g									
Minerals:										
Calcium, Ca	mg	540		0	T	4		47		
Iron, Fe	mg	9.26		0	T	4		0.81		
Magnesium, Mg	mg	39		1	MA	12		3		
Phosphorus, P	mg	386		0	T	4		34		
Potassium, K	mg	555		0	T	4		48		
Sodium, Na	mg	226		0	T	4		20		
Zinc, Zn	mg	3.86		0	T	4		0.34		
Copper, Cu	mg	0.386		0	T	4		0.034		
Manganese, Mn	mg	0.129		0	T	4		0.011		
Selenium, Se	mcg	10.8		1	MA	12		0.9		
Vitamins:										
Vitamin C, total ascorbic acid	mg	46.3		0	T	4		4.0		
Thiamin	mg	0.309		0	T	4		0.027		
Riboflavin	mg	0.463		0	T	4		0.040		
Niacin	mg	6.943		0	T	4		0.604		
Pantothenic acid	mg	3.857		0	T	4		0.336		
Vitamin B-6	mg	0.309		0	T	4		0.027		
Folate, total	mcg	77		1	MA	12		7		
Folic acid	mcg	77		0	T	4		7		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	131		0	NC	4		11		
Choline, total	mg	60.0		0	MC	9		5.2		
Betaine	mg									
Vitamin B-12	mcg	2.31		0	T	4		0.20		
Vitamin B-12, added	mcg	2.31		0	NR	4		0.20		
Vitamin A, RAE	mcg_RAE	462		0	NC	4		40		
Retinol	mcg	463		0	NR	4		40		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1543		0	MC	9		134		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	5.10		0	T	4		0.44		
Vitamin E, added	mg	5.10		0	NR	4		0.44		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.7		0	T	4		0.7		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	309		0	T	4		27		
Vitamin K (phylloquinone)	mcg	56.6		0	T	4		4.9		
Lipids:										
Fatty acids, total saturated	g	9.167		1	MA	12		0.798		
4:0	g	0.000		1	MA	12		0.000		

NDB No. 03954

Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, ADVANCE with iron, powder, not reconstituted, (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.067		1	MA	12		0.006		
8:0 g	0.707		1	MA	12		0.062		
10:0 g	0.487		1	MA	12		0.042		
12:0 g	3.541		1	MA	12		0.308		
13:0 g									
14:0 g	1.389		1	MA	12		0.121		
15:0 g									
16:0 g	2.064		1	MA	12		0.180		
17:0 g									
18:0 g	0.913		1	MA	12		0.079		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	10.778		1	MA	12		0.938		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.019		1	MA	12		0.002		
17:1 g									
18:1 undifferentiated g	10.701		1	MA	12		0.931		
20:1 g	0.059		1	MA	12		0.005		
22:1 undifferentiated g	0.000		1	MA	12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	6.584		1	MA	12		0.573		
18:2 undifferentiated g	5.910		1	MA	12		0.514		
18:3 undifferentiated g	0.674		1	MA	12		0.059		
18:4 g	0.000		1	MA	12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.187		0	MA	12		0.016		
20:5 n-3 (EPA) g	0.000		1	MA	12		0.000		
22:5 n-3 (DPA) g	0.000		1	MA	12		0.000		
22:6 n-3 (DHA) g	0.096		0	MA	12		0.008		
Fatty acids, total trans g									
Cholesterol mg	0		1	MA	12		0		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03953

Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, ADVANCE with iron, ready-to-feed, (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	87.54		0	T	4		26.70		
Energy ... kcal	66		0	NC	4		20		
Energy ... kJ	274		0	NC	4		84		
Protein ... g	1.61		1	MA	12		0.49		
Total lipid (fat) ... g	3.59		0	T	4		1.09		
Ash ... g	0.66		0	T	4		0.20		
Carbohydrate, by difference ... g	6.70		0	NR	4		2.04		
Fiber, total dietary ... g	0.0		0	MC	9		0.0		
Sugars, total ... g	6.70		0	T	4		2.04		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	69		1	MA	12		21		
Iron, Fe ... mg	1.18		1	MA	12		0.36		
Magnesium, Mg ... mg	5		1	MA	12		2		
Phosphorus, P ... mg	49		1	MA	12		15		
Potassium, K ... mg	71		1	MA	12		22		
Sodium, Na ... mg	29		1	MA	12		9		
Zinc, Zn ... mg	0.49		1	MA	12		0.15		
Copper, Cu ... mg	0.049		1	MA	12		0.015		
Manganese, Mn ... mg	0.016		0	ML	5		0.005		
Selenium, Se ... mcg	1.4		1	MA	12		0.4		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	5.9		1	MA	12		1.8		
Thiamin ... mg	0.039		1	MA	12		0.012		
Riboflavin ... mg	0.059		1	MA	12		0.018		
Niacin ... mg	0.887		0	T	4		0.271		
Pantothenic acid ... mg	0.493		0	T	4		0.150		
Vitamin B-6 ... mg	0.039		1	MA	12		0.012		
Folate, total ... mcg	10		1	MA	12		3		
Folic acid ... mcg	10		0	T	4		3		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	17		0	NC	4		5		
Choline, total ... mg	8.0		0	MC	9		2.4		
Betaine ... mg									
Vitamin B-12 ... mcg	0.30		1	MA	12		0.09		
Vitamin B-12, added ... mcg	0.30		0	NR	4		0.09		
Vitamin A, RAE ... mcg_RAE	59		0	NC	4		18		
Retinol ... mcg	59		0	NR	4		18		
Carotene, beta ... mcg	0		0	T	4		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	197		0	NC	4		60		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	1.32		0	NR	4		0.40		
Vitamin E, added ... mg	1.32		0	NR	4		0.40		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.0		0	MC	9		0.3		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	39		0	MC	9		12		
Vitamin K (phylloquinone) ... mcg	7.2		0	T	4		2.2		
Lipids:									
Fatty acids, total saturated ... g	1.166		1	MA	12		0.356		
4:0 ... g	0.000		1	MA	12		0.000		

NDB No. 03953

Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, ADVANCE with iron, ready-to-feed, (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.009		1	MA	12		0.003		
8:0 ... g	0.090		1	MA	12		0.027		
10:0 ... g	0.062		1	MA	12		0.019		
12:0 ... g	0.450		1	MA	12		0.137		
13:0 ... g									
14:0 ... g	0.177		1	MA	12		0.054		
15:0 ... g									
16:0 ... g	0.262		1	MA	12		0.080		
17:0 ... g									
18:0 ... g	0.116		1	MA	12		0.035		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.371		1	MA	12		0.418		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.002		1	MA	12		0.001		
17:1 ... g									
18:1 undifferentiated ... g	1.361		1	MA	12		0.415		
20:1 ... g	0.007		1	MA	12		0.002		
22:1 undifferentiated ... g	0.000		1	MA	12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.838		1	MA	12		0.256		
18:2 undifferentiated ... g	0.752		1	MA	12		0.229		
18:3 undifferentiated ... g	0.086		1	MA	12		0.026		
18:4 ... g	0.000		1	MA	12		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.023		0	MA	12		0.007		
20:5 n-3 (EPA) ... g	0.000		1	MA	12		0.000		
22:5 n-3 (DPA) ... g	0.000		1	MA	12		0.000		
22:6 n-3 (DHA) ... g	0.012		0	MA	12		0.004		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		1	MA	12		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03842

Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, with iron, liquid concentrate, (formerly ROSS)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	75.81		0	T	4		23.80		
Energy....kcal	128		0	T	4		40		
Energy....kJ	536		0	T	4		168		
Protein....g	3.13		0	T	4		0.98		
Total lipid (fat)....g	6.98		0	MA	12		2.19		
Ash....g	0.88		0	T	4		0.28		
Carbohydrate, by difference....g	13.21		0	NC	4		4.15		
Fiber, total dietary....g	0.0		0	Z	7		0.0		
Sugars, total....g	13.10		0	T	4		4.11		
Starch....g									
Minerals:									
Calcium, Ca....mg	134		0	ML	5		42		
Iron, Fe....mg	2.30		0	T	4		0.72		
Magnesium, Mg....mg	10		0	ML	5		3		
Phosphorus, P....mg	96		0	ML	5		30		
Potassium, K....mg	138		0	ML	5		43		
Sodium, Na....mg	56		0	ML	5		18		
Zinc, Zn....mg	0.96		0	ML	5		0.30		
Copper, Cu....mg	0.096		0	ML	5		0.030		
Manganese, Mn....mg	0.032		0	ML	5		0.010		
Selenium, Se....mcg	2.7		0	ML	5		0.8		
Vitamins:									
Vitamin C, total ascorbic acid....mg	11.5		0	ML	5		3.6		
Thiamin....mg	0.077		0	T	4		0.024		
Riboflavin....mg	0.115		0	ML	5		0.036		
Niacin....mg	1.725		0	T	4		0.542		
Pantothenic acid....mg	0.958		0	T	4		0.301		
Vitamin B-6....mg	0.077		0	T	4		0.024		
Folate, total....mcg	19		0	ML	5		6		
Folic acid....mcg	19		0	T	4		6		
Folate, food....mcg	0		0	Z	7		0		
Folate, DFE....mcg_DFE	33		0	NC	4		10		
Choline, total....mg	15.5		0	MC	9		4.9		
Betaine....mg									
Vitamin B-12....mcg	0.58		0	T	4		0.18		
Vitamin B-12, added....mcg	0.58		0	NR	4		0.18		
Vitamin A, RAE....mcg_RAE	114		0	NC	4		36		
Retinol....mcg	114		0	T	4		36		
Carotene, beta....mcg	0		0	Z	7		0		
Carotene, alpha....mcg	0		0	Z	7		0		
Cryptoxanthin, beta....mcg	0		0	Z	7		0		
Vitamin A, IU....IU	380		0	NC	4		119		
Lycopene....mcg	0		0	Z	7		0		
Lutein + zeaxanthin....mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)....mg	1.20		0	T	4		0.38		
Vitamin E, added (1) ....mg	1.20		0	NR	4		0.38		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	1.9		0	T	4		0.6		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	77		0	T	4		24		
Vitamin K (phylloquinone)....mcg	14.1		0	T	4		4.4		
Lipids:									
Fatty acids, total saturated....g	2.262		0	MA	12		0.710		
4:0....g	0.000		0	MA	12		0.000		

NDB No. 03842

Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, with iron, liquid concentrate, (formerly ROSS)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.017		0	MA	12		0.005		
8:0 g	0.174		0	MA	12		0.055		
10:0 g	0.120		0	MA	12		0.038		
12:0 g	0.874		0	MA	12		0.274		
13:0 g									
14:0 g	0.343		0	MA	12		0.108		
15:0 g									
16:0 g	0.509		0	MA	12		0.160		
17:0 g									
18:0 g	0.225		0	MA	12		0.071		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	2.660		0	MA	12		0.835		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.005		0	MA	12		0.002		
17:1 g									
18:1 undifferentiated g	2.641		0	MA	12		0.829		
20:1 g	0.015		0	MA	12		0.005		
22:1 undifferentiated g	0.000		0	MA	12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	1.625		0	MA	12		0.510		
18:2 undifferentiated g	1.458		0	MA	12		0.458		
18:3 undifferentiated g	0.166		0	MA	12		0.052		
18:4 g	0.000		0	MA	12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA) g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA) g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA) g	0.000		0	MA	12		0.000		
Fatty acids, total trans g									
Cholesterol mg	0		0	ML	5		0		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Footnotes:

1 Added vitamin E is RRR alpha tocopherol.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03843

Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, with iron, powder, not reconstituted, (formerly ROSS)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	2.50		0	MA	12		0.22		
Energy ... kcal	517		0	NC	4		45		
Energy ... kJ	2165		0	NC	4		188		
Protein ... g	12.60		0	T	4		1.10		
Total lipid (fat) ... g	28.09		0	T	4		2.44		
Ash ... g	3.24		0	T	4		0.28		
Carbohydrate, by difference ... g	53.57		0	NC	4		4.66		
Fiber, total dietary ... g	0.0		0	MC	9		0.0		
Sugars, total ... g	52.97		0	T	4		4.61		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	540		0	T	4		47		
Iron, Fe ... mg	9.26		0	T	4		0.81		
Magnesium, Mg ... mg	39		1	MA	12		3		
Phosphorus, P ... mg	386		0	T	4		34		
Potassium, K ... mg	555		0	T	4		48		
Sodium, Na ... mg	226		0	T	4		20		
Zinc, Zn ... mg	3.86		0	T	4		0.34		
Copper, Cu ... mg	0.386		0	T	4		0.034		
Manganese, Mn ... mg	0.129		0	T	4		0.011		
Selenium, Se ... mcg	10.8		1	MA	12		0.9		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	46.3		0	T	4		4.0		
Thiamin ... mg	0.309		0	T	4		0.027		
Riboflavin ... mg	0.463		0	T	4		0.040		
Niacin ... mg	6.943		0	T	4		0.604		
Pantothenic acid ... mg	3.857		0	T	4		0.336		
Vitamin B-6 ... mg	0.309		0	T	4		0.027		
Folate, total ... mcg	77		1	MA	12		7		
Folic acid ... mcg	77		0	T	4		7		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	131		0	NC	4		11		
Choline, total ... mg	60.0		0	MC	9		5.2		
Betaine ... mg									
Vitamin B-12 ... mcg	2.31		0	T	4		0.20		
Vitamin B-12, added ... mcg	2.31		0	NR	4		0.20		
Vitamin A, RAE ... mcg_RAE	462		0	NC	4		40		
Retinol ... mcg	463		0	NR	4		40		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	1543		0	MC	9		134		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	5.10		0	T	4		0.44		
Vitamin E, added (1) ... mg	5.10		0	NR	4		0.44		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	7.7		0	T	4		0.7		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	309		0	T	4		27		
Vitamin K (phylloquinone) ... mcg	56.6		0	T	4		4.9		
Lipids:									
Fatty acids, total saturated ... g	9.167		1	MA	12		0.798		
4:0 ... g	0.000		1	MA	12		0.000		

NDB No. 03843

Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, with iron, powder, not reconstituted, (formerly ROSS)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.067		1	MA	12		0.006		
8:0 ... g	0.707		1	MA	12		0.062		
10:0 ... g	0.487		1	MA	12		0.042		
12:0 ... g	3.541		1	MA	12		0.308		
13:0 ... g									
14:0 ... g	1.389		1	MA	12		0.121		
15:0 ... g									
16:0 ... g	2.064		1	MA	12		0.180		
17:0 ... g									
18:0 ... g	0.913		1	MA	12		0.079		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	10.778		1	MA	12		0.938		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.019		1	MA	12		0.002		
17:1 ... g									
18:1 undifferentiated ... g	10.701		1	MA	12		0.931		
20:1 ... g	0.059		1	MA	12		0.005		
22:1 undifferentiated ... g	0.000		1	MA	12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	6.584		1	MA	12		0.573		
18:2 undifferentiated ... g	5.910		1	MA	12		0.514		
18:3 undifferentiated ... g	0.674		1	MA	12		0.059		
18:4 ... g	0.000		1	MA	12		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		1	MA	12		0.000		
20:5 n-3 (EPA) ... g	0.000		1	MA	12		0.000		
22:5 n-3 (DPA) ... g	0.000		1	MA	12		0.000		
22:6 n-3 (DHA) ... g	0.000		1	MA	12		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		1	MA	12		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Footnotes:

1 Added vitamin E is RRR alpha-tocopherol.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03841

Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, with iron, ready-to-feed, (formerly ROSS)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.54		0	T	4		26.70		
Energy....kcal	66		0	MC	9		20		
Energy....kJ	276		0	MC	9		84		
Protein....g	1.61		1	MA	12		0.49		
Total lipid (fat)....g	3.59		0	T	4		1.09		
Ash....g	0.66		0	T	4		0.20		
Carbohydrate, by difference....g	6.70		0	NR	4		2.04		
Fiber, total dietary....g	0.0		0	MC	9		0.0		
Sugars, total....g	6.70		0	T	4		2.04		
Starch....g									
Minerals:									
Calcium, Ca....mg	69		1	MA	12		21		
Iron, Fe....mg	1.18		1	MA	12		0.36		
Magnesium, Mg....mg	5		1	MA	12		2		
Phosphorus, P....mg	49		1	MA	12		15		
Potassium, K....mg	71		1	MA	12		22		
Sodium, Na....mg	29		1	MA	12		9		
Zinc, Zn....mg	0.49		1	MA	12		0.15		
Copper, Cu....mg	0.049		1	MA	12		0.015		
Manganese, Mn....mg	0.016		0	ML	5		0.005		
Selenium, Se....mcg	1.4		1	MA	12		0.4		
Vitamins:									
Vitamin C, total ascorbic acid....mg	5.9		1	MA	12		1.8		
Thiamin....mg	0.039		1	MA	12		0.012		
Riboflavin....mg	0.059		1	MA	12		0.018		
Niacin....mg	0.887		0	T	4		0.271		
Pantothenic acid....mg	0.493		0	T	4		0.150		
Vitamin B-6....mg	0.039		1	MA	12		0.012		
Folate, total....mcg	10		1	MA	12		3		
Folic acid....mcg	10		0	T	4		3		
Folate, food....mcg	0		0	Z	7		0		
Folate, DFE....mcg_DFE	17		0	NC	4		5		
Choline, total....mg	8.0		0	MC	9		2.4		
Betaine....mg									
Vitamin B-12....mcg	0.30		1	MA	12		0.09		
Vitamin B-12, added....mcg	0.30		0	NR	4		0.09		
Vitamin A, RAE....mcg_RAE	59		0	NC	4		18		
Retinol....mcg	59		0	NR	4		18		
Carotene, beta....mcg	0		0	T	4		0		
Carotene, alpha....mcg	0		0	Z	7		0		
Cryptoxanthin, beta....mcg	0		0	Z	7		0		
Vitamin A, IU....IU	197		0	NC	4		60		
Lycopene....mcg	0		0	Z	7		0		
Lutein + zeaxanthin....mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)....mg	1.32		0	NR	4		0.40		
Vitamin E, added (1) ....mg	1.32		0	NR	4		0.40		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	1.0		0	MC	9		0.3		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	39		0	MC	9		12		
Vitamin K (phylloquinone)....mcg	7.2		0	T	4		2.2		
Lipids:									
Fatty acids, total saturated....g	1.166		1	MA	12		0.356		
4:0....g	0.000		1	MA	12		0.000		

NDB No. 03841

Infant formula, ABBOTT NUTRITION, SIMILAC, ISOMIL, with iron, ready-to-feed, (formerly ROSS)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.009		1	MA	12		0.003		
8:0 ... g	0.090		1	MA	12		0.027		
10:0 ... g	0.062		1	MA	12		0.019		
12:0 ... g	0.450		1	MA	12		0.137		
13:0 ... g									
14:0 ... g	0.177		1	MA	12		0.054		
15:0 ... g									
16:0 ... g	0.262		1	MA	12		0.080		
17:0 ... g									
18:0 ... g	0.116		1	MA	12		0.035		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.371		1	MA	12		0.418		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.002		1	MA	12		0.001		
17:1 ... g									
18:1 undifferentiated ... g	1.361		1	MA	12		0.415		
20:1 ... g	0.007		1	MA	12		0.002		
22:1 undifferentiated ... g	0.000		1	MA	12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.838		1	MA	12		0.256		
18:2 undifferentiated ... g	0.752		1	MA	12		0.229		
18:3 undifferentiated ... g	0.086		1	MA	12		0.026		
18:4 ... g	0.000		1	MA	12		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		1	MA	12		0.000		
20:5 n-3 (EPA) ... g	0.000		1	MA	12		0.000		
22:5 n-3 (DPA) ... g	0.000		1	MA	12		0.000		
22:6 n-3 (DHA) ... g	0.000		1	MA	12		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		1	MA	12		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Footnotes:

1 Added vitamin E is RRR alpha tocopherol

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03945

Infant formula, ABBOTT NUTRITION, SIMILAC, NEOSURE, powder, with ARA and DHA (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.25		0	NR	4		0.69		
Energy	kcal	520		0	NC	4		158		
Energy	kJ	2174		0	NC	4		663		
Protein	g	14.42		0	MC	9		4.40		
Total lipid (fat)	g	28.33		0	MC	9		8.64		
Ash	g	3.26		0	MA	12		0.99		
Carbohydrate, by difference	g	51.75		0	NC	4		15.78		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	52.02		0	NR	4		15.87		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	52.02		0	NR	4		15.87		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	541		0	MC	9		165		
Iron, Fe	mg	9.26		0	MC	9		2.83		
Magnesium, Mg	mg	46		0	MC	9		14		
Phosphorus, P	mg	319		0	MC	9		97		
Potassium, K	mg	731		0	MC	9		223		
Sodium, Na	mg	170		0	MC	9		52		
Zinc, Zn	mg	6.18		0	MC	9		1.89		
Copper, Cu	mg	0.618		0	MC	9		0.188		
Manganese, Mn	mg	51.499		0	MC	9		15.707		
Selenium, Se	mcg	11.8		0	MC	9		3.6		
Vitamins:										
Vitamin C, total ascorbic acid	mg	77.2		0	MC	9		23.6		
Thiamin	mg	1.133		0	MC	9		0.346		
Riboflavin	mg	0.773		0	MC	9		0.236		
Niacin	mg	10.043		0	MC	9		3.063		
Pantothenic acid	mg	4.120		0	MC	9		1.257		
Vitamin B-6	mg	0.515		0	MC	9		0.157		
Folate, total	mcg	128		0	MC	9		39		
Folic acid	mcg	128		0	NR	4		39		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	218		0	NC	4		67		
Choline, total	mg	82.4		0	MC	9		25.1		
Betaine	mg									
Vitamin B-12	mcg	2.06		0	MC	9		0.63		
Vitamin B-12, added	mcg	2.06		0	NR	4		0.63		
Vitamin A, RAE	mcg_RAE	711		0	NC	4		217		
Retinol	mcg	711		0	NR	4		217		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	2371		0	NC	4		723		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	8.34		0	NR	4		2.54		
Vitamin E, added (2)	mg	8.34		0	NR	4		2.54		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	9.0		0	NR	4		2.7		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03945

Infant formula, ABBOTT NUTRITION, SIMILAC, NEOSURE, powder, with ARA and DHA (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	361		0	NR	4		110		
Vitamin K (phylloquinone).....mcg	56.7		0	MC	9		17.3		
Lipids:									
Fatty acids, total saturated.....g	9.871		0	NC	4		3.011		
4:0.....g	0.000		0	MA	12		0.000		
6:0.....g	0.059		0	NR	4		0.018		
8:0.....g	0.879		0	NR	4		0.268		
10:0.....g	0.626		0	NR	4		0.191		
12:0.....g	3.876		0	NR	4		1.182		
13:0.....g									
14:0.....g	1.459		0	NR	4		0.445		
15:0.....g									
16:0.....g	2.056		0	NR	4		0.627		
17:0.....g									
18:0.....g	0.916		0	NR	4		0.279		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	10.492		0	NC	4		3.200		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.019		0	NR	4		0.006		
17:1.....g									
18:1 undifferentiated.....g	10.419		0	NR	4		3.178		
20:1.....g	0.054		0	NR	4		0.016		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	6.660		0	NC	4		2.031		
18:2 undifferentiated.....g	5.778		0	NR	4		1.762		
18:3 undifferentiated.....g	0.618		0	NR	4		0.188		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.174		0	MC	9		0.053		
20:5 n-3 (EPA).....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA).....g	0.090		0	MC	9		0.028		
Fatty acids, total trans.....g									
Cholesterol.....mg	14		0	NR	4		4		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

2 Added vitamin E is RRR alpha tocopherol.

Calories Factors: Protein **Fat** **Carbohydrate**

NDB No. 03945

Infant formula, ABBOTT NUTRITION, SIMILAC, NEOSURE, powder, with ARA and DHA (formerly ROSS) (1)

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03837

Infant formula, ABBOTT NUTRITION, SIMILAC, PM 60/40, powder, not reconstituted (formerly ROSS)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.25		0	MA	12		0.20		
Energy	kcal	524		0	NC	4		46		
Energy	kJ	2191		0	NC	4		191		
Protein	g	11.40		0	MA	12		0.99		
Total lipid (fat)	g	28.71		0	MC	9		2.50		
Ash	g	2.70		0	MA	12		0.23		
Carbohydrate, by difference	g	54.94		0	NC	4		4.78		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	52.38		0	MA	12		4.56		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	52.38		0	MA	12		4.56		
Maltose	g									
Galactose	g									
Starch	g	0.00		0	Z	7		0.00		
Minerals:										
Calcium, Ca	mg	288		0	T	4		25		
Iron, Fe	mg	1.13		0	MA	12		0.10		
Magnesium, Mg	mg	31		0	MA	12		3		
Phosphorus, P	mg	144		0	MA	12		13		
Potassium, K	mg	411		0	MA	12		36		
Sodium, Na	mg	123		0	MA	12		11		
Zinc, Zn	mg	3.85		0	MA	12		0.34		
Copper, Cu	mg	0.462		0	MA	12		0.040		
Manganese, Mn	mg	0.026		0	T	4		0.002		
Selenium, Se	mcg	9.8		0	MA	12		0.8		
Vitamins:										
Vitamin C, total ascorbic acid	mg	46.2		0	MA	12		4.0		
Thiamin	mg	0.514		0	T	4		0.045		
Riboflavin	mg	0.770		0	T	4		0.067		
Niacin	mg	5.392		0	T	4		0.469		
Pantothenic acid	mg	2.311		0	T	4		0.201		
Vitamin B-6	mg	0.308		0	T	4		0.027		
Folate, total	mcg	77		0	T	4		7		
Folic acid	mcg	77		0	T	4		7		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	131		0	NC	4		11		
Choline, total	mg	61.6		0	T	4		5.4		
Betaine	mg									
Vitamin B-12	mcg	1.28		0	T	4		0.11		
Vitamin B-12, added	mcg	1.28		0	NR	4		0.11		
Vitamin A, RAE	mcg_RAE	462		0	NC	4		40		
Retinol	mcg	462		0	T	4		40		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1541		0	NC	4		134		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	8.61		0	MC	9		0.75		
Vitamin E, added	mg	8.61		0	NR	4		0.75		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.7		0	T	4		0.7		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03837

Infant formula, ABBOTT NUTRITION, SIMILAC, PM 60/40, powder, not reconstituted (formerly ROSS)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	308		0	T	4		27		
Vitamin K (phylloquinone).....mcg	41.1		0	T	4		3.6		
Lipids:									
Fatty acids, total saturated.....g	12.214		1	MA	12		1.063		
4:0.....g	0.000		1	MA	12		0.000		
6:0.....g	0.069		1	MA	12		0.006		
8:0.....g	0.769		1	MA	12		0.067		
10:0.....g	0.618		1	MA	12		0.054		
12:0.....g	4.843		1	MA	12		0.421		
13:0.....g									
14:0.....g	1.974		1	MA	12		0.172		
15:0.....g									
16:0.....g	3.105		1	MA	12		0.270		
17:0.....g									
18:0.....g	0.835		1	MA	12		0.073		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	5.242		1	MA	12		0.456		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.028		1	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	5.157		1	MA	12		0.449		
20:1.....g	0.057		1	MA	12		0.005		
22:1 undifferentiated.....g	0.000		1	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	10.835		1	MA	12		0.943		
18:2 undifferentiated.....g	10.456		1	MA	12		0.910		
18:3 undifferentiated.....g	0.379		1	MA	12		0.033		
18:4.....g	0.000		1	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		1	MA	12		0.000		
20:5 n-3 (EPA).....g	0.000		1	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		1	MA	12		0.000		
22:6 n-3 (DHA).....g	0.000		1	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	17		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	O	4		0		
Theobromine.....mg	0		0	O	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03947

Infant formula, ABBOTT NUTRITION, SIMILAC, SENSITIVE, (LACTOSE FREE), liquid concentrate, with ARA and DHA, (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	75.88		0	MC	9		23.14		
Energy....kcal	128		0	NC	4		39		
Energy....kJ	536		0	NC	4		163		
Protein....g	2.73		0	MC	9		0.83		
Total lipid (fat)....g	6.95		0	MC	9		2.12		
Ash....g	0.80		0	MC	9		0.24		
Carbohydrate, by difference....g	13.64		0	NC	4		4.16		
Fiber, total dietary....g	0.0		0	Z	7		0.0		
Sugars, total....g	13.78		0	MC	9		4.20		
Starch....g									
Minerals:									
Calcium, Ca....mg	108		0	MC	9		33		
Iron, Fe....mg	2.32		0	MC	9		0.71		
Magnesium, Mg....mg	8		0	MC	9		2		
Phosphorus, P....mg	72		0	MC	9		22		
Potassium, K....mg	138		0	MC	9		42		
Sodium, Na....mg	39		0	MC	9		12		
Zinc, Zn....mg	0.97		0	MC	9		0.29		
Copper, Cu....mg	0.062		0	MC	9		0.019		
Manganese, Mn....mg	0.006		0	MC	9		0.002		
Selenium, Se....mcg	2.9		0	MC	9		0.9		
Vitamins:									
Vitamin C, total ascorbic acid....mg	11.5		0	MC	9		3.5		
Thiamin....mg	0.129		0	MC	9		0.039		
Riboflavin....mg	0.279		0	MC	9		0.085		
Niacin....mg	1.351		0	MC	9		0.412		
Pantothenic acid....mg	0.579		0	MC	9		0.177		
Vitamin B-6....mg	0.077		0	MC	9		0.023		
Folate, total....mcg	19		0	MC	9		6		
Folic acid....mcg	19		0	MC	9		6		
Folate, food....mcg	0		0	Z	7		0		
Folate, DFE....mcg_DFE	33		0	NC	4		10		
Choline, total....mg	20.6		0	MC	9		6.3		
Betaine....mg									
Vitamin B-12....mcg	0.32		0	MC	9		0.10		
Vitamin B-12, added....mcg	0.32		0	MC	9		0.10		
Vitamin A, RAE....mcg_RAE	116		0	NR	4		35		
Retinol....mcg	116		0	NR	4		35		
Carotene, beta....mcg	0		0	Z	7		0		
Carotene, alpha....mcg	0		0	Z	7		0		
Cryptoxanthin, beta....mcg	0		0	Z	7		0		
Vitamin A, IU....IU	385		0	MC	9		117		
Lycopene....mcg	0		0	Z	7		0		
Lutein + zeaxanthin....mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)....mg	0.84		0	NR	4		0.26		
Vitamin E, added....mg	0.84		0	NR	4		0.26		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	1.9		0	NR	4		0.6		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	74		0	NR	4		23		
Vitamin K (phylloquinone)....mcg	10.3		0	MC	9		3.1		
Lipids:									
Fatty acids, total saturated....g	4.522		0	NC	4		1.379		

NDB No. 03947

Infant formula, ABBOTT NUTRITION, SIMILAC, SENSITIVE, (LACTOSE FREE), liquid concentrate, with ARA and DHA, (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
4:0 g	0.000		0	NC	4		0.000		
6:0 g	0.023		0	NC	4		0.007		
8:0 g	1.921		0	NC	4		0.586		
10:0 g	1.065		0	NC	4		0.325		
12:0 g	0.615		0	NR	4		0.188		
13:0 g									
14:0 g	0.267		0	NR	4		0.081		
15:0 g									
16:0 g	0.429		0	NR	4		0.131		
17:0 g									
18:0 g	0.203		0	NR	4		0.062		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.715		0	NC	4		0.218		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0	NC	4		0.000		
17:1 g									
18:1 undifferentiated g	0.715		0	NR	4		0.218		
20:1 g	0.000		0	NC	4		0.000		
22:1 undifferentiated g	0.000		0	NC	4		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	1.548		0	NC	4		0.472		
18:2 undifferentiated g	1.348		0	NC	4		0.411		
18:3 undifferentiated g	0.149		0	NC	4		0.045		
18:4 g	0.000		0	NC	4		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.031		0	NC	4		0.009		
20:5 n-3 (EPA) g	0.000		0	NC	4		0.000		
22:5 n-3 (DPA) g	0.000		0	NC	4		0.000		
22:6 n-3 (DHA) g	0.020		0	NC	4		0.006		
Fatty acids, total trans g									
Cholesterol mg	4		0	NR	4		1		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03948

Infant formula, ABBOTT NUTRITION, SIMILAC, SENSITIVE, (LACTOSE FREE), powder, with ARA and DHA, (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	2.20		0	NR	4		0.67		
Energy ... kcal	520		0	NC	4		159		
Energy ... kJ	2175		0	NC	4		663		
Protein ... g	11.13		0	NR	4		3.40		
Total lipid (fat) ... g	28.14		0	NR	4		8.58		
Ash ... g	3.00		0	NR	4		0.92		
Carbohydrate, by difference ... g	55.53		0	NC	4		16.94		
Fiber, total dietary ... g	0.0		0	Z	7		0.0		
Sugars, total ... g	55.67		0	NR	4		16.98		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	436		0	NR	4		133		
Iron, Fe ... mg	9.33		0	NR	4		2.85		
Magnesium, Mg ... mg	30		0	NR	4		9		
Phosphorus, P ... mg	293		0	NR	4		89		
Potassium, K ... mg	557		0	NR	4		170		
Sodium, Na ... mg	158		0	NR	4		48		
Zinc, Zn ... mg	3.91		0	NR	4		1.19		
Copper, Cu ... mg	0.451		0	NR	4		0.138		
Manganese, Mn ... mg	0.023		0	NR	4		0.007		
Selenium, Se ... mcg	9.0		0	NR	4		2.8		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	45.1		0	NR	4		13.8		
Thiamin ... mg	0.519		0	NR	4		0.158		
Riboflavin ... mg	0.782		0	NR	4		0.239		
Niacin ... mg	5.462		0	NR	4		1.666		
Pantothenic acid ... mg	2.330		0	NR	4		0.711		
Vitamin B-6 ... mg	0.316		0	NR	4		0.096		
Folate, total ... mcg	75		0	NR	4		23		
Folic acid ... mcg	75		0	NR	4		23		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	128		0	NC	4		39		
Choline, total ... mg	83.5		0	NR	4		25.5		
Betaine ... mg									
Vitamin B-12 ... mcg	1.28		0	NR	4		0.39		
Vitamin B-12, added ... mcg	1.28		0	NR	4		0.39		
Vitamin A, RAE ... mcg_RAE	468		0	NR	4		143		
Retinol ... mcg	468		0	NR	4		143		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	1557		0	NR	4		475		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	7.07		0	NR	4		2.16		
Vitamin E, added ... mg	7.07		0	NR	4		2.16		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	9.2		0	NR	4		2.8		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	369		0	NR	4		112		
Vitamin K (phylloquinone) ... mcg	41.4		0	NR	4		12.6		
Lipids:									
Fatty acids, total saturated ... g	18.305		0	NC	4		5.583		

NDB No. 03948

Infant formula, ABBOTT NUTRITION, SIMILAC, SENSITIVE, (LACTOSE FREE), powder, with ARA and DHA, (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
4:0 g	0.000		0	MA	12		0.000		
6:0 g	0.093		0	NR	4		0.029		
8:0 g	7.774		0	NR	4		2.371		
10:0 g	4.312		0	NR	4		1.315		
12:0 g	2.491		0	NR	4		0.760		
13:0 g									
14:0 g	1.079		0	NR	4		0.329		
15:0 g									
16:0 g	1.735		0	NR	4		0.529		
17:0 g									
18:0 g	0.820		0	NR	4		0.250		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	2.894		0	NC	4		0.883		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0	MA	12		0.000		
17:1 g									
18:1 undifferentiated g	2.894		0	NR	4		0.883		
20:1 g	0.000		0	MA	12		0.000		
22:1 undifferentiated g	0.000		0	MA	12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	6.270		0	NC	4		1.912		
18:2 undifferentiated g	5.457		0	NR	4		1.664		
18:3 undifferentiated g	0.605		0	NR	4		0.184		
18:4 g	0.000		0	MA	12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.130		0	NR	4		0.040		
20:5 n-3 (EPA) g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA) g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA) g	0.079		0	NR	4		0.024		
Fatty acids, total trans g									
Cholesterol mg	15		0	NR	4		5		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03840

Infant formula, ABBOTT NUTRITION, SIMILAC, SPECIAL CARE, ADVANCE 24, with iron, ready-to-feed, with ARA and DHA, (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	85.61		0	T	4		26.37		
Energy....kcal	71		0	NC	4		22		
Energy....kJ	299		0	NC	4		92		
Protein....g	1.80		0	MC	9		0.55		
Total lipid (fat)....g	3.26		0	MC	9		1.00		
Ash....g	0.60		0	MC	9		0.18		
Carbohydrate, by difference....g	8.73		0	NC	4		2.69		
Fiber, total dietary....g	0.0		0	Z	7		0.0		
Sugars, total....g	8.30		0	T	4		2.56		
Sucrose....g									
Glucose (dextrose)....g									
Fructose....g									
Lactose....g	8.30		0	T	4		2.56		
Maltose....g									
Galactose....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	141		0	T	4		43		
Iron, Fe....mg	1.41		0	T	4		0.43		
Magnesium, Mg....mg	9		0	ML	5		3		
Phosphorus, P....mg	79		0	T	4		24		
Potassium, K....mg	101		0	T	4		31		
Sodium, Na....mg	34		0	T	4		10		
Zinc, Zn....mg	1.18		0	T	4		0.36		
Copper, Cu....mg	0.196		0	T	4		0.060		
Manganese, Mn....mg	0.009		0	ML	5		0.003		
Selenium, Se....mcg	1.4		0	ML	5		0.4		
Vitamins:									
Vitamin C, total ascorbic acid....mg	29.1		0	T	4		9.0		
Thiamin....mg	0.196		0	T	4		0.060		
Riboflavin....mg	0.487		0	T	4		0.150		
Niacin....mg	3.927		0	T	4		1.210		
Pantothenic acid....mg	1.492		0	T	4		0.460		
Vitamin B-6....mg	0.196		0	T	4		0.060		
Folate, total....mcg	29		0	ML	5		9		
Folic acid....mcg	29		0	T	4		9		
Folate, food....mcg	0		0	Z	7		0		
Folate, DFE....mcg_DFE	49		0	NC	4		15		
Choline, total....mg	7.0		0	MC	9		2.2		
Betaine....mg									
Vitamin B-12....mcg	0.43		0	ML	5		0.13		
Vitamin B-12, added....mcg	0.43		0	NR	4		0.13		
Vitamin A, RAE....mcg_RAE	294		0	NC	4		91		
Retinol....mcg	294		0	T	4		91		
Carotene, beta....mcg	0		0	Z	7		0		
Carotene, alpha....mcg	0		0	Z	7		0		
Cryptoxanthin, beta....mcg	0		0	Z	7		0		
Vitamin A, IU....IU	982		0	MC	9		302		
Lycopene....mcg	0		0	Z	7		0		
Lutein + zeaxanthin....mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)....mg	2.11		0	MC	9		0.65		
Vitamin E, added (1) ....mg	2.11		0	NR	4		0.65		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	2.7		0	MC	9		0.8		

NDB No. 03840

Infant formula, ABBOTT NUTRITION, SIMILAC, SPECIAL CARE, ADVANCE 24, with iron, ready-to-feed, with ARA and DHA, (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	106		0	MC	9		33		
Vitamin K (phylloquinone)....mcg	9.4		0	T	4		2.9		
Lipids:									
Fatty acids, total saturated....g	2.120		0	NC	4		0.653		
4:0....g	0.000		0	MA	12		0.000		
6:0....g	0.008		0	MA	12		0.002		
8:0....g	0.930		0	MA	12		0.286		
10:0....g	0.457		0	MA	12		0.141		
12:0....g	0.297		0	MA	12		0.092		
13:0....g									
14:0....g	0.127		0	MA	12		0.039		
15:0....g									
16:0....g	0.206		0	MA	12		0.063		
17:0....g									
18:0....g	0.095		0	MA	12		0.029		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.324		0	NC	4		0.100		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	MA	12		0.000		
17:1....g									
18:1 undifferentiated....g	0.324		0	MA	12		0.100		
20:1....g	0.000		0	MA	12		0.000		
22:1 undifferentiated....g	0.000		0	MA	12		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.737		0	NC	4		0.227		
18:2 undifferentiated....g	0.641		0	MA	12		0.197		
18:3 undifferentiated....g	0.072		0	MA	12		0.022		
18:4....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.015		0	MA	12		0.005		
20:5 n-3 (EPA)....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA)....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA)....g	0.009		0	MA	12		0.003		
Fatty acids, total trans....g									
Cholesterol....mg	2		0	ML	5		1		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0		
Caffeine....mg	0		0	Z	7		0		
Theobromine....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.8g: 1 fl oz

Footnotes:

1 Added vitamin E is RRR alpha tocopherol

2 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

NDB No. 03840

Infant formula, ABBOTT NUTRITION, SIMILAC, SPECIAL CARE, ADVANCE 24, with iron, ready-to-feed, with ARA and DHA, (formerly ROSS) (1)

Calories	**Factors: Protein**	**Fat**	**Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03856

Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, liquid concentrate, not reconstituted, (formerly ROSS)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	76.16		0	T	4		23.91		
Energy	kcal	127		0	NC	4		40		
Energy	kJ	530		0	NC	4		166		
Protein	g	2.64		0	ML	5		0.83		
Total lipid (fat)	g	6.89		0	T	4		2.16		
Ash	g	0.79		0	MC	9		0.25		
Carbohydrate, by difference	g	13.76		0	NR	4		4.32		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	13.76		0	T	4		4.32		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	13.76		0	NR	4		4.32		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	99		0	ML	5		31		
Iron, Fe	mg	0.89		0	T	4		0.28		
Magnesium, Mg	mg	8		0	ML	5		3		
Phosphorus, P	mg	54		0	T	4		17		
Potassium, K	mg	134		0	ML	5		42		
Sodium, Na	mg	31		0	ML	5		10		
Zinc, Zn	mg	0.96		0	ML	5		0.30		
Copper, Cu	mg	0.115		0	ML	5		0.036		
Manganese, Mn	mg	0.006		0	ML	5		0.002		
Selenium, Se	mcg	2.8		0	ML	5		0.9		
Vitamins:										
Vitamin C, total ascorbic acid	mg	11.5		0	ML	5		3.6		
Thiamin	mg	0.127		0	ML	5		0.040		
Riboflavin	mg	0.191		0	ML	5		0.060		
Niacin	mg	1.339		0	T	4		0.420		
Pantothenic acid	mg	0.579		0	T	4		0.182		
Vitamin B-6	mg	0.076		0	ML	5		0.024		
Folate, total	mcg	19		0	ML	5		6		
Folic acid	mcg	19		0	T	4		6		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	33		0	NC	4		10		
Choline, total	mg	21.6		0	MC	9		6.8		
Betaine	mg									
Vitamin B-12	mcg	0.32		0	ML	5		0.10		
Vitamin B-12, added	mcg	0.32		0	NR	4		0.10		
Vitamin A, RAE	mcg_RAE	114		0	NC	4		36		
Retinol	mcg	114		0	T	4		36		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	382		0	MC	9		120		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	1.28		0	MC	9		0.40		
Vitamin E, added (1)	mg	1.28		0	NR	4		0.40		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.9		0	T	4		0.6		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03856

Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, liquid concentrate, not reconstituted, (formerly ROSS)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	76		0	T	4		24		
Vitamin K (phylloquinone).....mcg	10.2		0	T	4		3.2		
Lipids:									
Fatty acids, total saturated.....g	2.401		0	MA	12		0.754		
4:0.....g	0.000		0	MA	12		0.000		
6:0.....g	0.014		0	MA	12		0.004		
8:0.....g	0.214		0	MA	12		0.067		
10:0.....g	0.152		0	MA	12		0.048		
12:0.....g	0.943		0	MA	12		0.296		
13:0.....g									
14:0.....g	0.355		0	MA	12		0.111		
15:0.....g									
16:0.....g	0.500		0	MA	12		0.157		
17:0.....g									
18:0.....g	0.223		0	MA	12		0.070		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	2.551		0	MA	12		0.801		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.005		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	2.533		0	MA	12		0.795		
20:1.....g	0.013		0	MA	12		0.004		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.555		0	MA	12		0.488		
18:2 undifferentiated.....g	1.405		0	MA	12		0.441		
18:3 undifferentiated.....g	0.150		0	MA	12		0.047		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA).....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA).....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	3		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Footnotes:

1 Added vitamin E is RRR alpha tocopherol

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03858

Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, powder, not reconstituted, (formerly ROSS)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.25		0	T	4		0.20		
Energy	kcal	522		0	NC	4		45		
Energy	kJ	2186		0	NC	4		190		
Protein	g	10.85		0	T	4		0.94		
Total lipid (fat)	g	28.87		0	T	4		2.51		
Ash	g	3.25		0	MC	9		0.28		
Carbohydrate, by difference	g	54.78		0	NC	4		4.77		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	54.70		0	NR	4		4.76		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	54.70		0	NR	4		4.76		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	410		0	T	4		36		
Iron, Fe	mg	3.68		0	T	4		0.32		
Magnesium, Mg	mg	32		0	T	4		3		
Phosphorus, P	mg	221		0	T	4		19		
Potassium, K	mg	552		0	T	4		48		
Sodium, Na	mg	126		0	ML	5		11		
Zinc, Zn	mg	3.94		0	T	4		0.34		
Copper, Cu	mg	0.473		0	T	4		0.041		
Manganese, Mn	mg	0.026		0	ML	5		0.002		
Selenium, Se	mcg	11.6		0	T	4		1.0		
Vitamins:										
Vitamin C, total ascorbic acid	mg	47.3		0	T	4		4.1		
Thiamin	mg	0.526		0	T	4		0.046		
Riboflavin	mg	0.789		0	T	4		0.069		
Niacin	mg	5.522		0	T	4		0.480		
Pantothenic acid	mg	2.367		0	T	4		0.206		
Vitamin B-6	mg	0.316		0	T	4		0.027		
Folate, total	mcg	79		0	ML	5		7		
Folic acid	mcg	79		0	T	4		7		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	134		0	NC	4		12		
Choline, total	mg	88.9		0	MC	9		7.7		
Betaine	mg									
Vitamin B-12	mcg	1.32		0	T	4		0.11		
Vitamin B-12, added	mcg	1.32		0	NR	4		0.11		
Vitamin A, RAE	mcg_RAE	473		0	NC	4		41		
Retinol	mcg	473		0	T	4		41		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1578		0	MC	9		137		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	5.29		0	MC	9		0.46		
Vitamin E, added (1)	mg	5.29		0	NR	4		0.46		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.9		0	T	4		0.7		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03858

Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, powder, not reconstituted, (formerly ROSS)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	316		0	T	4		27		
Vitamin K (phylloquinone).....mcg	42.1		0	T	4		3.7		
Lipids:									
Fatty acids, total saturated.....g	9.873		0	MA	12		0.859		
4:0.....g	0.000		0	MA	12		0.000		
6:0.....g	0.059		0	MA	12		0.005		
8:0.....g	0.879		0	MA	12		0.076		
10:0.....g	0.626		0	MA	12		0.054		
12:0.....g	3.878		0	MA	12		0.337		
13:0.....g									
14:0.....g	1.459		0	MA	12		0.127		
15:0.....g									
16:0.....g	2.056		0	MA	12		0.179		
17:0.....g									
18:0.....g	0.916		0	MA	12		0.080		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	10.491		0	MA	12		0.913		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.019		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	10.419		0	MA	12		0.906		
20:1.....g	0.054		0	MA	12		0.005		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	6.396		0	MA	12		0.556		
18:2 undifferentiated.....g	5.778		0	MA	12		0.503		
18:3 undifferentiated.....g	0.618		0	MA	12		0.054		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA).....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA).....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	14		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Footnotes:

1 Added vitamin E is RRR alpha tocopherol

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03855

Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, ready-to-feed, (formerly ROSS)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	87.79		0	T	4		27.21		
Energy ... kcal	65		0	NC	4		20		
Energy ... kJ	272		0	NC	4		84		
Protein ... g	1.36		0	ML	5		0.42		
Total lipid (fat) ... g	3.55		0	T	4		1.10		
Ash ... g	0.38		0	MC	9		0.12		
Carbohydrate, by difference ... g	6.93		0	NR	4		2.15		
Fiber, total dietary ... g	0.0		0	Z	7		0.0		
Sugars, total ... g	6.93		0	NR	4		2.15		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	51		0	T	4		16		
Iron, Fe ... mg	0.14		0	MC	9		0.04		
Magnesium, Mg ... mg	4		0	ML	5		1		
Phosphorus, P ... mg	28		0	ML	5		9		
Potassium, K ... mg	69		0	ML	5		21		
Sodium, Na ... mg	16		0	ML	5		5		
Zinc, Zn ... mg	0.49		0	ML	5		0.15		
Copper, Cu ... mg	0.059		0	ML	5		0.018		
Manganese, Mn ... mg	0.003		0	ML	5		0.001		
Selenium, Se ... mcg	1.4		0	ML	5		0.4		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	5.9		0	ML	5		1.8		
Thiamin ... mg	0.066		0	ML	5		0.020		
Riboflavin ... mg	0.099		0	T	4		0.031		
Niacin ... mg	0.690		0	ML	5		0.214		
Pantothenic acid ... mg	0.296		0	ML	5		0.092		
Vitamin B-6 ... mg	0.039		0	ML	5		0.012		
Folate, total ... mcg	10		0	ML	5		3		
Folic acid ... mcg	10		0	T	4		3		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	17		0	NC	4		5		
Choline, total ... mg	11.0		0	MC	9		3.4		
Betaine ... mg									
Vitamin B-12 ... mcg	0.16		0	ML	5		0.05		
Vitamin B-12, added ... mcg	0.16		0	NR	4		0.05		
Vitamin A, RAE ... mcg_RAE	59		0	NC	4		18		
Retinol ... mcg	59		0	T	4		18		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	197		0	NC	4		61		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	1.32		0	T	4		0.41		
Vitamin E, added (1) ... mg	1.32		0	NR	4		0.41		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.0		0	T	4		0.3		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	39		0	T	4		12		
Vitamin K (phylloquinone) ... mcg	5.3		0	T	4		1.6		
Lipids:									
Fatty acids, total saturated ... g	1.237		0	MA	12		0.383		
4:0 ... g	0.000		0	MA	12		0.000		

NDB No. 03855

Infant formula, ABBOTT NUTRITION, SIMILAC, low iron, ready-to-feed, (formerly ROSS)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.007		0	MA	12		0.002		
8:0 g	0.110		0	MA	12		0.034		
10:0 g	0.078		0	MA	12		0.024		
12:0 g	0.486		0	MA	12		0.151		
13:0 g									
14:0 g	0.183		0	MA	12		0.057		
15:0 g									
16:0 g	0.258		0	MA	12		0.080		
17:0 g									
18:0 g	0.115		0	MA	12		0.036		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.314		0	MA	12		0.407		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.002		0	MA	12		0.001		
17:1 g									
18:1 undifferentiated g	1.305		0	MA	12		0.405		
20:1 g	0.007		0	MA	12		0.002		
22:1 undifferentiated g	0.000		0	MA	12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	0.801		0	MA	12		0.248		
18:2 undifferentiated g	0.724		0	MA	12		0.224		
18:3 undifferentiated g	0.077		0	MA	12		0.024		
18:4 g	0.000		0	MA	12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA) g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA) g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA) g	0.000		0	MA	12		0.000		
Fatty acids, total trans g									
Cholesterol mg	2		0	ML	5		1		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.0g: 1 fl oz

Footnotes:

1 Added vitamin E is RRR alpha tocopherol

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03851

Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, liquid concentrate, not reconstituted, (formerly ROSS)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	76.16		0	T	4		23.91		
Energy	kcal	127		0	NC	4		40		
Energy	kJ	530		0	NC	4		166		
Protein	g	2.64		0	T	4		0.83		
Total lipid (fat)	g	6.89		0	T	4		2.16		
Ash	g	0.79		0	MC	9		0.25		
Carbohydrate, by difference	g	13.76		0	NR	4		4.32		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	13.76		0	T	4		4.32		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	13.76		0	T	4		4.32		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	99		0	ML	5		31		
Iron, Fe	mg	2.30		0	T	4		0.72		
Magnesium, Mg	mg	8		0	ML	5		3		
Phosphorus, P	mg	54		0	T	4		17		
Potassium, K	mg	134		0	ML	5		42		
Sodium, Na	mg	31		0	ML	5		10		
Zinc, Zn	mg	0.96		0	ML	5		0.30		
Copper, Cu	mg	0.115		0	ML	5		0.036		
Manganese, Mn	mg	0.006		0	ML	5		0.002		
Selenium, Se	mcg	2.8		0	ML	5		0.9		
Vitamins:										
Vitamin C, total ascorbic acid	mg	11.5		0	ML	5		3.6		
Thiamin	mg	0.127		0	ML	5		0.040		
Riboflavin	mg	0.191		0	ML	5		0.060		
Niacin	mg	1.339		0	T	4		0.420		
Pantothenic acid	mg	0.574		0	MC	9		0.180		
Vitamin B-6	mg	0.076		0	ML	5		0.024		
Folate, total	mcg	19		0	ML	5		6		
Folic acid	mcg	19		0	T	4		6		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	33		0	NC	4		10		
Choline, total	mg	15.6		0	MC	9		4.9		
Betaine	mg									
Vitamin B-12	mcg	0.32		0	ML	5		0.10		
Vitamin B-12, added	mcg	0.32		0	NR	4		0.10		
Vitamin A, RAE	mcg_RAE	114		0	NC	4		36		
Retinol	mcg	114		0	T	4		36		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	382		0	MC	9		120		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	1.28		0	NR	4		0.40		
Vitamin E, added (1)	mg	1.28		0	NR	4		0.40		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.9		0	T	4		0.6		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03851

Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, liquid concentrate, not reconstituted, (formerly ROSS)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	76		0	T	4		24		
Vitamin K (phylloquinone).....mcg	10.2		0	T	4		3.2		
Lipids:									
Fatty acids, total saturated.....g	2.401		0	MA	12		0.754		
4:0.....g	0.000		0	MA	12		0.000		
6:0.....g	0.014		0	MA	12		0.004		
8:0.....g	0.214		0	MA	12		0.067		
10:0.....g	0.152		0	MA	12		0.048		
12:0.....g	0.943		0	MA	12		0.296		
13:0.....g									
14:0.....g	0.355		0	MA	12		0.111		
15:0.....g									
16:0.....g	0.500		0	MA	12		0.157		
17:0.....g									
18:0.....g	0.223		0	MA	12		0.070		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	2.551		0	MA	12		0.801		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.005		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	2.533		0	MA	12		0.795		
20:1.....g	0.013		0	MA	12		0.004		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	1.555		0	MA	12		0.488		
18:2 undifferentiated.....g	1.405		0	MA	12		0.441		
18:3 undifferentiated.....g	0.150		0	MA	12		0.047		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA).....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA).....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	3		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Footnotes:

1 Added vitamin E is RRR alpha tocopherol

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03853

Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, powder, not reconstituted, (formerly ROSS)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.25		0	MA	12		0.19		
Energy	kcal	522		0	NC	4		44		
Energy	kJ	2185		0	NC	4		186		
Protein	g	10.89		0	MA	12		0.93		
Total lipid (fat)	g	28.87		0	MA	12		2.45		
Ash	g	3.26		0	MA	12		0.28		
Carbohydrate, by difference	g	54.73		0	NC	4		4.65		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	54.73		0	NR	4		4.65		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	55.53		0	T	4		4.72		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	410		0	T	4		35		
Iron, Fe	mg	9.47		0	T	4		0.80		
Magnesium, Mg	mg	32		0	T	4		3		
Phosphorus, P	mg	221		0	T	4		19		
Potassium, K	mg	552		0	T	4		47		
Sodium, Na	mg	126		0	ML	5		11		
Zinc, Zn	mg	3.94		0	T	4		0.33		
Copper, Cu	mg	0.473		0	T	4		0.040		
Manganese, Mn	mg	0.026		0	ML	5		0.002		
Selenium, Se	mcg	11.6		0	T	4		1.0		
Vitamins:										
Vitamin C, total ascorbic acid	mg	47.3		0	T	4		4.0		
Thiamin	mg	0.526		0	T	4		0.045		
Riboflavin	mg	0.789		0	T	4		0.067		
Niacin	mg	5.522		0	T	4		0.469		
Pantothenic acid	mg	2.367		0	T	4		0.201		
Vitamin B-6	mg	0.316		0	T	4		0.027		
Folate, total	mcg	79		0	ML	5		7		
Folic acid	mcg	79		0	T	4		7		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	134		0	NC	4		11		
Choline, total	mg	64.0		0	MC	9		5.4		
Betaine	mg									
Vitamin B-12	mcg	1.32		0	T	4		0.11		
Vitamin B-12, added	mcg	1.32		0	NR	4		0.11		
Vitamin A, RAE	mcg_RAE	473		0	NC	4		40		
Retinol	mcg	473		0	T	4		40		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	T	4		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1577		0	NC	4		134		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	5.29		0	MC	9		0.45		
Vitamin E, added (1)	mg	5.29		0	NR	4		0.45		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.9		0	T	4		0.7		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03853

Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, powder, not reconstituted, (formerly ROSS)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	316		0	T	4		27		
Vitamin K (phylloquinone).....mcg	42.1		0	T	4		3.6		
Lipids:									
Fatty acids, total saturated.....g	9.873		0	MA	12		0.839		
4:0.....g	0.000		0	MA	12		0.000		
6:0.....g	0.059		0	MA	12		0.005		
8:0.....g	0.879		0	MA	12		0.075		
10:0.....g	0.626		0	MA	12		0.053		
12:0.....g	3.876		0	MA	12		0.329		
13:0.....g									
14:0.....g	1.459		0	MA	12		0.124		
15:0.....g									
16:0.....g	2.056		0	MA	12		0.175		
17:0.....g									
18:0.....g	0.916		0	MA	12		0.078		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	10.491		0	MA	12		0.892		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.019		0	MA	12		0.002		
17:1.....g									
18:1 undifferentiated.....g	10.419		0	MA	12		0.886		
20:1.....g	0.054		0	MA	12		0.005		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	6.396		0	MA	12		0.544		
18:2 undifferentiated.....g	5.778		0	MA	12		0.491		
18:3 undifferentiated.....g	0.618		0	MA	12		0.053		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA).....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA).....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	14		0	ML	5		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.5g: 1 scoop

Footnotes:

1 Added vitamin E is RRR alpha tocopherol

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03850
Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, ready-to-feed, (formerly ROSS)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.79		0	MA	12		26.69		
Energy	kcal	65		0	NC	4		20		
Energy	kJ	272		0	NC	4		83		
Protein	g	1.36		1	MA	12		0.41		
Total lipid (fat)	g	3.55		0	T	4		1.08		
Ash	g	0.38		1	MA	12		0.12		
Carbohydrate, by difference	g	6.92		0	NC	4		2.10		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	6.90		0	NR	4		2.10		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	6.90		0	NR	4		2.10		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	51		0	T	4		16		
Iron, Fe	mg	1.18		1	MA	12		0.36		
Magnesium, Mg	mg	4		1	MA	12		1		
Phosphorus, P	mg	28		1	MA	12		9		
Potassium, K	mg	69		1	MA	12		21		
Sodium, Na	mg	16		1	MA	12		5		
Zinc, Zn	mg	0.49		1	MA	12		0.15		
Copper, Cu	mg	0.059		1	MA	12		0.018		
Manganese, Mn	mg	0.003		0	ML	5		0.001		
Selenium, Se	mcg	1.2		0	T	4		0.4		
Vitamins:										
Vitamin C, total ascorbic acid	mg	5.9		1	MA	12		1.8		
Thiamin	mg	0.066		1	MA	12		0.020		
Riboflavin	mg	0.099		0	T	4		0.030		
Niacin	mg	0.690		0	T	4		0.210		
Pantothenic acid	mg	0.296		0	T	4		0.090		
Vitamin B-6	mg	0.039		1	MA	12		0.012		
Folate, total	mcg	10		1	MA	12		3		
Folic acid	mcg	10		0	T	4		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	17		0	NC	4		5		
Choline, total	mg	8.0		0	MC	9		2.4		
Betaine	mg									
Vitamin B-12	mcg	0.16		1	MA	12		0.05		
Vitamin B-12, added	mcg	0.16		0	NR	4		0.05		
Vitamin A, RAE	mcg_RAE	59		0	NC	4		18		
Retinol	mcg	59		0	T	4		18		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	197		0	NC	4		60		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	1.32		0	T	4		0.40		
Vitamin E, added (1)	mg	1.32		0	NR	4		0.40		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.0		0	T	4		0.3		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03850

Infant formula, ABBOTT NUTRITION, SIMILAC, with iron, ready-to-feed, (formerly ROSS)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	39		0	T	4		12		
Vitamin K (phylloquinone).....mcg	5.3		0	T	4		1.6		
Lipids:									
Fatty acids, total saturated.....g	1.237		1	MA	12		0.376		
4:0.....g	0.000		1	MA	12		0.000		
6:0.....g	0.007		1	MA	12		0.002		
8:0.....g	0.110		1	MA	12		0.033		
10:0.....g	0.078		1	MA	12		0.024		
12:0.....g	0.486		1	MA	12		0.148		
13:0.....g									
14:0.....g	0.183		1	MA	12		0.056		
15:0.....g									
16:0.....g	0.258		1	MA	12		0.078		
17:0.....g									
18:0.....g	0.115		1	MA	12		0.035		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.314		1	MA	12		0.399		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.002		1	MA	12		0.001		
17:1.....g									
18:1 undifferentiated.....g	1.305		1	MA	12		0.397		
20:1.....g	0.007		1	MA	12		0.002		
22:1 undifferentiated.....g	0.000		1	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.801		1	MA	12		0.244		
18:2 undifferentiated.....g	0.724		1	MA	12		0.220		
18:3 undifferentiated.....g	0.077		1	MA	12		0.023		
18:4.....g	0.000		1	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		1	MA	12		0.000		
20:5 n-3 (EPA).....g	0.000		1	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		1	MA	12		0.000		
22:6 n-3 (DHA).....g	0.000		1	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	2		1	MA	12		1		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.4g: 1 fl oz

Footnotes:

1 Added vitamin E is RRR alpha tocopherol

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03946

Infant formula, ABBOTT NUTRTION, SIMILAC, SENSITIVE, (LACTOSE FREE), ready-to-feed, with ARA and DHA, (formerly ROSS) (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	87.00		0	NR	4		26.54		
Energy ... kcal	68		0	NC	4		21		
Energy ... kJ	283		0	NC	4		86		
Protein ... g	1.48		0	NR	4		0.45		
Total lipid (fat) ... g	3.74		0	NR	4		1.14		
Ash ... g	0.75		0	MC	9		0.23		
Carbohydrate, by difference ... g	7.04		0	NC	4		2.15		
Fiber, total dietary ... g	0.0		0	Z	7		0.0		
Sugars, total ... g	7.40		0	NR	4		2.26		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	58		0	NR	4		18		
Iron, Fe ... mg	1.24		0	NR	4		0.38		
Magnesium, Mg ... mg	3		0	NR	4		1		
Phosphorus, P ... mg	39		0	NR	4		12		
Potassium, K ... mg	74		0	NR	4		23		
Sodium, Na ... mg	21		0	NR	4		6		
Zinc, Zn ... mg	0.52		0	NR	4		0.16		
Copper, Cu ... mg	0.060		0	NR	4		0.018		
Manganese, Mn ... mg	0.003		0	NR	4		0.001		
Selenium, Se ... mcg	1.2		0	NR	4		0.4		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	6.0		0	NR	4		1.8		
Thiamin ... mg	0.069		0	NR	4		0.021		
Riboflavin ... mg	0.104		0	NR	4		0.032		
Niacin ... mg	0.726		0	NR	4		0.221		
Pantothenic acid ... mg	0.311		0	NR	4		0.095		
Vitamin B-6 ... mg	0.042		0	NR	4		0.013		
Folate, total ... mcg	10		0	NR	4		3		
Folic acid ... mcg	10		0	NR	4		3		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	18		0	NC	4		5		
Choline, total ... mg	11.1		0	NR	4		3.4		
Betaine ... mg									
Vitamin B-12 ... mcg	0.17		0	NR	4		0.05		
Vitamin B-12, added ... mcg	0.17		0	NR	4		0.05		
Vitamin A, RAE ... mcg_RAE	62		0	NR	4		19		
Retinol ... mcg	62		0	NR	4		19		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	207		0	NR	4		63		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	0.93		0	NR	4		0.28		
Vitamin E, added ... mg	0.93		0	NR	4		0.28		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.0		0	NR	4		0.3		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	40		0	NR	4		12		
Vitamin K (phylloquinone) ... mcg	5.5		0	NR	4		1.7		
Lipids:									
Fatty acids, total saturated ... g	2.430		0	NC	4		0.741		
4:0 ... g	0.000		0	MA	12		0.000		

NDB No. 03946

Infant formula, ABBOTT NUTRTION, SIMILAC, SENSITIVE, (LACTOSE FREE), ready-to-feed, with ARA and DHA, (formerly ROSS) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.012		0	MA	12		0.004		
8:0 g	1.032		0	MA	12		0.315		
10:0 g	0.572		0	MA	12		0.175		
12:0 g	0.331		0	MA	12		0.101		
13:0 g									
14:0 g	0.143		0	MA	12		0.044		
15:0 g									
16:0 g	0.230		0	MA	12		0.070		
17:0 g									
18:0 g	0.109		0	MA	12		0.033		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	0.384		0	NC	4		0.117		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0	MA	12		0.000		
17:1 g									
18:1 undifferentiated g	0.384		0	MA	12		0.117		
20:1 g	0.000		0	MA	12		0.000		
22:1 undifferentiated g	0.000		0	MA	12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	0.832		0	NC	4		0.254		
18:2 undifferentiated g	0.724		0	MA	12		0.221		
18:3 undifferentiated g	0.080		0	MA	12		0.024		
18:4 g	0.000		0	MA	12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.017		0	MA	12		0.005		
20:5 n-3 (EPA) g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA) g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA) g	0.011		0	MA	12		0.003		
Fatty acids, total trans g									
Cholesterol mg	2		0	MA	12		1		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03815

Infant formula, MEAD JOHNSON, ENFAMIL LIPIL, with iron, ready-to-feed, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.35		0	MC	9		93.65	26.95	
Energy	kcal	63		0	NC	4		67	19	
Energy	kJ	263		0	NC	4		279	80	
Protein	g	1.38		0	BFZN	4		1.46	0.42	
Total lipid (fat)	g	3.50		0	MC	9		3.71	1.07	
Ash	g	0.32		0	MC	9		0.34	0.10	
Carbohydrate, by difference	g	6.45		0	NC	4		6.84	1.97	
Fiber, total dietary	g	0.0		0	BFZN	4		0.0	0.0	
Sugars, total	g	7.18		0	MC	9		7.61	2.19	
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	7.18		0	MC	9		7.61	2.19	
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	51		0	BFZN	4		54	16	
Iron, Fe	mg	1.18		0	BFZN	4		1.25	0.36	
Magnesium, Mg	mg	5		0	MC	9		6	2	
Phosphorus, P	mg	35		0	BFZN	4		37	11	
Potassium, K	mg	71		0	BFZN	4		75	22	
Sodium, Na	mg	18		0	MC	9		19	5	
Zinc, Zn	mg	0.66		0	BFZN	4		0.70	0.20	
Copper, Cu	mg	0.050		0	MC	9		0.053	0.015	
Manganese, Mn	mg	0.010		0	MC	9		0.011	0.003	
Selenium, Se	mcg	1.8		0	MC	9		1.9	0.6	
Vitamins:										
Vitamin C, total ascorbic acid	mg	7.9		0	BFZN	4		8.4	2.4	
Thiamin	mg	0.052		0	MC	9		0.055	0.016	
Riboflavin	mg	0.092		0	BFZN	4		0.098	0.028	
Niacin	mg	0.660		0	MC	9		0.700	0.201	
Pantothenic acid	mg	0.330		0	MC	9		0.350	0.101	
Vitamin B-6	mg	0.040		0	MC	9		0.042	0.012	
Folate, total	mcg	11		0	MC	9		11	3	
Folic acid	mcg	11		0	MC	9		11	3	
Folate, food	mcg	0		0	BFZN	4		0	0	
Folate, DFE	mcg_DFE	18		0	NC	4		19	5	
Choline, total	mg	8.0		0	MC	9		8.5	2.4	
Betaine	mg									
Vitamin B-12	mcg	0.19		0	MC	9		0.20	0.06	
Vitamin B-12, added	mcg	0.19		0	NR	4		0.20	0.06	
Vitamin A, RAE	mcg_RAE	58		0	NC	4		61	18	
Retinol	mcg	58		0	MC	9		61	18	
Carotene, beta	mcg	0		0	BFZN	4		0	0	
Carotene, alpha	mcg	0		0	BFZN	4		0	0	
Cryptoxanthin, beta	mcg	0		0	BFZN	4		0	0	
Vitamin A, IU	IU	193		0	NC	4		205	59	
Lycopene	mcg	0		0	BFZN	4		0	0	
Lutein + zeaxanthin	mcg	0		0	BFZN	4		0	0	
Vitamin E (alpha-tocopherol)	mg	0.87		0	NR	4		0.92	0.27	
Vitamin E, added	mg	0.87		0	NR	4		0.93	0.27	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.0		0	O	4		1.1	0.3	
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03815

Infant formula, MEAD JOHNSON, ENFAMIL LIPIL, with iron, ready-to-feed, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	40		0	MC	9		42	12	
Vitamin K (phylloquinone).....mcg	5.2		0	MC	9		5.5	1.6	
Lipids:									
Fatty acids, total saturated.....g	1.453		0	NR	4		1.540	0.443	
4:0.....g	0.000		0	BFZN	4		0.000	0.000	
6:0.....g	0.009		0	MC	9		0.010	0.003	
8:0.....g	0.057		0	MC	9		0.060	0.017	
10:0.....g	0.038		0	MC	9		0.040	0.012	
12:0.....g	0.311		0	MC	9		0.330	0.095	
13:0.....g									
14:0.....g	0.142		0	MC	9		0.151	0.043	
15:0.....g									
16:0.....g	0.745		0	MC	9		0.790	0.227	
17:0.....g									
18:0.....g	0.142		0	MC	9		0.151	0.043	
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.255		0	MC	9		1.330	0.383	
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.009		0	MC	9		0.010	0.003	
17:1.....g									
18:1 undifferentiated.....g	1.255		0	MC	9		1.330	0.383	
20:1.....g	0.000		0	BFZN	4		0.000	0.000	
22:1 undifferentiated.....g	0.000		0	BFZN	4		0.000	0.000	
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.670		0	MC	9		0.710	0.204	
18:2 undifferentiated.....g	0.585		0	MC	9		0.620	0.178	
18:3 undifferentiated.....g	0.057		0	MC	9		0.060	0.017	
18:4.....g	0.000		0	BFZN	4		0.000	0.000	
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.019		0	MC	9		0.020	0.006	
20:5 n-3 (EPA).....g	0.000		0	BFZN	4		0.000	0.000	
22:5 n-3 (DPA).....g	0.000		0	BFZN	4		0.000	0.000	
22:6 n-3 (DHA).....g	0.009		0	NR	4		0.010	0.003	
Fatty acids, total trans.....g									
Cholesterol.....mg	1		0	MC	9		1	0	
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	BFZN	4		0.0	0.0	
Caffeine.....mg	0		0	BFZN	4		0	0	
Theobromine.....mg	0		0	BFZN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 106g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

NDB No. 03815

Infant formula, MEAD JOHNSON, ENFAMIL LIPIL, with iron, ready-to-feed, with ARA and DHA (1)

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03943
Infant formula, MEAD JOHNSON, ENFAMIL, AR LIPIL, powder, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	3.00		0	NR	4		0.26	3.18	
Energy....kcal	509		0	NC	4		44	539	
Energy....kJ	2129		0	NC	4		185	2257	
Protein....g	12.73		0	MC	9		1.11	13.50	
Total lipid (fat)....g	25.97		0	MC	9		2.26	27.53	
Ash....g	2.46		0	MC	9		0.21	2.60	
Carbohydrate, by difference....g	56.03		0	MC	9		4.87	59.39	
Fiber, total dietary....g	0.0		0	BFZN	4		0.0	0.0	
Sugars, total....g	56.03		0	MC	9		4.87	59.39	
Starch....g									
Minerals:									
Calcium, Ca....mg	397		0	MC	9		35	421	
Iron, Fe....mg	9.16		0	MC	9		0.80	9.71	
Magnesium, Mg....mg	41		0	MC	9		4	43	
Phosphorus, P....mg	269		0	MC	9		23	286	
Potassium, K....mg	550		0	MC	9		48	583	
Sodium, Na....mg	204		0	MC	9		18	216	
Zinc, Zn....mg	5.09		0	MC	9		0.44	5.39	
Copper, Cu....mg	0.382		0	MC	9		0.033	0.405	
Manganese, Mn....mg									
Selenium, Se....mcg	14.3		0	MC	9		1.2	15.1	
Vitamins:									
Vitamin C, total ascorbic acid....mg	61.1		0	MC	9		5.3	64.8	
Thiamin....mg	0.408		0	MC	9		0.035	0.432	
Riboflavin....mg	0.713		0	MC	9		0.062	0.755	
Niacin....mg	5.088		0	MC	9		0.443	5.393	
Pantothenic acid....mg									
Vitamin B-6....mg	0.306		0	MC	9		0.027	0.324	
Folate, total....mcg	82		0	MC	9		7	86	
Folic acid....mcg	82		0	MC	9		7	86	
Folate, food....mcg	0		0	BFZN	4		0	0	
Folate, DFE....mcg_DFE	139		0	NC	4		12	147	
Choline, total....mg	62.0		0	MC	9		5.4	65.7	
Betaine....mg									
Vitamin B-12....mcg	1.53		0	MC	9		0.13	1.62	
Vitamin B-12, added....mcg	1.53		0	MC	9		0.13	1.62	
Vitamin A, RAE....mcg_RAE	459		0	NC	4		40	486	
Retinol....mcg	459		0	NR	4		40	486	
Carotene, beta....mcg	0		0	BFZN	4		0	0	
Carotene, alpha....mcg	0		0	BFZN	4		0	0	
Cryptoxanthin, beta....mcg	0		0	BFZN	4		0	0	
Vitamin A, IU....IU	1528		0	MC	9		133	1620	
Lycopene....mcg	0		0	BFZN	4		0	0	
Lutein + zeaxanthin....mcg	0		0	BFZN	4		0	0	
Vitamin E (alpha-tocopherol)....mg	4.60		0	NR	4		0.40	4.88	
Vitamin E, added....mg	4.60		0	NR	4		0.40	4.88	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	7.7		0	NR	4		0.7	8.1	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	306		0	NR	4		27	324	
Vitamin K (phylloquinone)....mcg	40.9		0	NR	4		3.6	43.3	
Lipids:									
Fatty acids, total saturated....g	10.942		0	NC	4		0.952	11.598	
4:0....g	0.000		0	MC	9		0.000	0.000	

NDB No. 03943

Infant formula, MEAD JOHNSON, ENFAMIL, AR LIPIL, powder, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.029		0	MC	9		0.003	0.031	
8:0 ... g	0.396		0	MC	9		0.034	0.419	
10:0 ... g	0.299		0	MC	9		0.026	0.317	
12:0 ... g	2.412		0	MC	9		0.210	2.557	
13:0 ... g									
14:0 ... g	1.071		0	MC	9		0.093	1.135	
15:0 ... g									
16:0 ... g	5.693		0	MC	9		0.495	6.034	
17:0 ... g									
18:0 ... g	1.042		0	MC	9		0.091	1.105	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	9.292		0	NC	4		0.808	9.849	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.029		0	MC	9		0.003	0.031	
17:1 ... g									
18:1 undifferentiated ... g	9.263		0	MC	9		0.806	9.819	
20:1 ... g	0.000		0	MC	9		0.000	0.000	
22:1 undifferentiated ... g	0.000		0	MC	9		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	5.124		0	NC	4		0.446	5.431	
18:2 undifferentiated ... g	4.439		0	MC	9		0.386	4.705	
18:3 undifferentiated ... g	0.434		0	MC	9		0.038	0.460	
18:4 ... g	0.000		0	MC	9		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.164		0	MC	9		0.014	0.174	
20:5 n-3 (EPA) ... g	0.000		0	MC	9		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0	BFZN	4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.087		0	NR	4		0.008	0.092	
Fatty acids, total trans ... g									
Cholesterol ... mg	17		0	MC	9		1	18	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	BFZN	4		0.0	0.0	
Caffeine ... mg	0		0	BFZN	4		0	0	
Theobromine ... mg	0		0	BFZN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Measure 2 = 106g: 1 serving 100 ml

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03942

Infant formula, MEAD JOHNSON, ENFAMIL, AR LIPIL, ready-to-feed, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	87.00		0	NR	4		92.22	26.54	
Energy ... kcal	68		0	NC	4		73	21	
Energy ... kJ	286		0	NC	4		303	87	
Protein ... g	1.71		0	MC	9		1.81	0.52	
Total lipid (fat) ... g	3.49		0	MC	9		3.70	1.07	
Ash ... g	0.33		0	MC	9		0.35	0.10	
Carbohydrate, by difference ... g	7.53		0	NR	4		7.98	2.30	
Fiber, total dietary ... g	0.0		0	BFZN	4		0.0	0.0	
Sugars, total ... g	6.44		0	NR	4		6.83	1.96	
Starch ... g									
Minerals:									
Calcium, Ca ... mg	53		0	MC	9		57	16	
Iron, Fe ... mg	1.23		0	MC	9		1.31	0.38	
Magnesium, Mg ... mg	5		0	MC	9		6	2	
Phosphorus, P ... mg	36		0	MC	9		38	11	
Potassium, K ... mg	74		0	NR	4		78	23	
Sodium, Na ... mg	27		0	MC	9		29	8	
Zinc, Zn ... mg	0.68		0	MC	9		0.73	0.21	
Copper, Cu ... mg	0.051		0	MC	9		0.054	0.016	
Manganese, Mn ... mg									
Selenium, Se ... mcg	1.9		0	MC	9		2.0	0.6	
Vitamins:									
Vitamin C, total ascorbic acid ... mg	8.2		0	MC	9		8.7	2.5	
Thiamin ... mg	0.055		0	MC	9		0.058	0.017	
Riboflavin ... mg	0.096		0	MC	9		0.102	0.029	
Niacin ... mg	0.684		0	MC	9		0.725	0.209	
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.041		0	MC	9		0.043	0.013	
Folate, total ... mcg	11		0	MC	9		12	3	
Folic acid ... mcg	11		0	MC	9		12	3	
Folate, food ... mcg	0		0	BFZN	4		0	0	
Folate, DFE ... mcg_DFE	19		0	NC	4		20	6	
Choline, total ... mg	8.0		0	MC	9		8.5	2.4	
Betaine ... mg									
Vitamin B-12 ... mcg	0.21		0	MC	9		0.22	0.06	
Vitamin B-12, added ... mcg	0.21		0	MC	9		0.22	0.06	
Vitamin A, RAE ... mcg_RAE	58		0	NC	4		61	18	
Retinol ... mcg	58		0	MC	9		61	18	
Carotene, beta ... mcg	0		0	BFZN	4		0	0	
Carotene, alpha ... mcg	0		0	BFZN	4		0	0	
Cryptoxanthin, beta ... mcg	0		0	BFZN	4		0	0	
Vitamin A, IU ... IU	205		0	MC	9		218	63	
Lycopene ... mcg	0		0	BFZN	4		0	0	
Lutein + zeaxanthin ... mcg	0		0	BFZN	4		0	0	
Vitamin E (alpha-tocopherol) ... mg	0.62		0	NR	4		0.65	0.19	
Vitamin E, added ... mg	0.62		0	NR	4		0.65	0.19	
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.0		0	NR	4		1.1	0.3	
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	41		0	MC	9		44	13	
Vitamin K (phylloquinone) ... mcg	5.5		0	MC	9		5.8	1.7	
Lipids:									
Fatty acids, total saturated ... g	1.453		0	NR	4		1.540	0.443	
4:0 ... g	0.000		0	MC	9		0.000	0.000	

NDB No. 03942

Infant formula, MEAD JOHNSON, ENFAMIL, AR LIPIL, ready-to-feed, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.009		0	NR	4		0.010	0.003	
8:0 g	0.057		0	NR	4		0.060	0.017	
10:0 g	0.038		0	NR	4		0.040	0.012	
12:0 g	0.311		0	NR	4		0.330	0.095	
13:0 g									
14:0 g	0.142		0	NR	4		0.151	0.043	
15:0 g									
16:0 g	0.745		0	NR	4		0.790	0.227	
17:0 g									
18:0 g	0.142		0	NR	4		0.151	0.043	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.255		0	NR	4		1.330	0.383	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.009		0	NR	4		0.010	0.003	
17:1 g									
18:1 undifferentiated g	1.255		0	NR	4		1.330	0.383	
20:1 g	0.000		0	BFZN	4		0.000	0.000	
22:1 undifferentiated g	0.000		0	BFZN	4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.670		0	NR	4		0.710	0.204	
18:2 undifferentiated g	0.585		0	NR	4		0.620	0.178	
18:3 undifferentiated g	0.057		0	NR	4		0.060	0.017	
18:4 g	0.000		0	BFZN	4		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.023		0	MC	9		0.025	0.007	
20:5 n-3 (EPA) g	0.000		0	MC	9		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0	BFZN	4		0.000	0.000	
22:6 n-3 (DHA) g	0.012		0	MC	9		0.012	0.004	
Fatty acids, total trans g									
Cholesterol mg	1		0	MC	9		1	0	
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	BFZN	4		0.0	0.0	
Caffeine mg	0		0	BFZN	4		0	0	
Theobromine mg	0		0	BFZN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 106g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03849

Infant formula, MEAD JOHNSON, ENFAMIL, ENFACARE LIPIL, powder, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.50		0	MA	12		0.25	2.60	
Energy	kcal	508		0	NC	4		50	529	
Energy	kJ	2127		0	NC	4		208	2212	
Protein (N x 6.38)	g	14.00		0	MA	12		1.37	14.56	
Total lipid (fat)	g	26.00		0	MA	12		2.55	27.04	
Ash	g	2.90		0	NC	4		0.28	3.02	
Carbohydrate, by difference	g	54.60		0	NC	4		5.35	56.78	
Fiber, total dietary	g	0.0		0	MA	12		0.0	0.0	
Sugars, total	g	51.00		0	NR	4		5.00	53.04	
Starch	g									
Minerals:										
Calcium, Ca	mg	590		0	MA	12		58	614	
Iron, Fe	mg	8.90		0	MA	12		0.87	9.26	
Magnesium, Mg	mg	39		0	MA	12		4	41	
Phosphorus, P	mg	330		0	MA	12		32	343	
Potassium, K	mg									
Sodium, Na	mg	173		0	MA	12		17	180	
Zinc, Zn	mg	6.20		0	MA	12		0.61	6.45	
Copper, Cu	mg	0.590		0	MA	12		0.058	0.614	
Manganese, Mn	mg									
Selenium, Se	mcg									
Vitamins:										
Vitamin C, total ascorbic acid	mg	79.0		0	MA	12		7.7	82.2	
Thiamin	mg	0.990		0	NR	4		0.097	1.030	
Riboflavin	mg	0.990		0	MA	12		0.097	1.030	
Niacin	mg	9.900		0	MA	12		0.970	10.296	
Pantothenic acid	mg	4.200		0	NR	4		0.412	4.368	
Vitamin B-6	mg	0.490		0	MA	12		0.048	0.510	
Folate, total	mcg	128		0	MA	12		13	133	
Folic acid	mcg									
Folate, food	mcg	128		0	MA	12		13	133	
Folate, DFE	mcg_DFE									
Choline, total	mg	118.0		0	MA	12		11.6	122.7	
Betaine	mg									
Vitamin B-12	mcg	1.48		0	MA	12		0.15	1.54	
Vitamin B-12, added	mcg	1.48		0	NR	4		0.15	1.54	
Vitamin A, RAE	mcg_RAE	0		0	NR	4		0	0	
Retinol	mcg									
Carotene, beta	mcg									
Carotene, alpha	mcg									
Cryptoxanthin, beta	mcg									
Vitamin A, IU	IU	2200		0	MA	12		216	2288	
Lycopene	mcg									
Lutein + zeaxanthin	mcg									
Vitamin E (alpha-tocopherol)	mg	9.00		0	NR	4		0.88	9.36	
Vitamin E, added	mg	9.00		0	NR	4		0.88	9.36	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	9.8		0	NR	4		1.0	10.1	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	390		0	MA	12		38	406	
Vitamin K (phylloquinone)	mcg									
Lipids:										
Fatty acids, total saturated	g	10.800		0	MC	9		1.058	11.232	
4:0	g	0.000		0	MC	9		0.000	0.000	

NDB No. 03849

Infant formula, MEAD JOHNSON, ENFAMIL, ENFACARE LIPIL, powder, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.070		0	MC	9		0.007	0.073	
8:0 ... g	4.000		0	MC	9		0.392	4.160	
10:0 ... g	1.640		0	MC	9		0.161	1.706	
12:0 ... g	1.850		0	MC	9		0.181	1.924	
13:0 ... g									
14:0 ... g	0.750		0	MC	9		0.074	0.780	
15:0 ... g									
16:0 ... g	1.560		0	MC	9		0.153	1.622	
17:0 ... g									
18:0 ... g	0.830		0	MC	9		0.081	0.863	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	9.100		0	MC	9		0.892	9.464	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0	MC	9		0.000	0.000	
17:1 ... g									
18:1 undifferentiated ... g	9.100		0	MC	9		0.892	9.464	
20:1 ... g									
22:1 undifferentiated ... g									
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	5.900		0	MC	9		0.578	6.136	
18:2 undifferentiated ... g	5.000		0	MC	9		0.490	5.200	
18:3 undifferentiated ... g	0.620		0	MC	9		0.061	0.645	
18:4 ... g									
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.170		0	MC	9		0.017	0.177	
20:5 n-3 (EPA) ... g									
22:5 n-3 (DPA) ... g									
22:6 n-3 (DHA) ... g	0.080		0	MC	9		0.008	0.083	
Fatty acids, total trans ... g									
Cholesterol ... mg									
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g									
Caffeine ... mg	0		0	BFZN	4		0	0	
Theobromine ... mg	0		0	BFZN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 9.8g: 1 scoop

Measure 2 = 104g: 1 Serving 100 ml

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03827

Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE LIPIL, with iron, powder, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.20		0	MC	9		0.19		
Energy	kcal	521		0	NC	4		44		
Energy	kJ	2179		0	NC	4		185		
Protein	g	10.90		0	MC	9		0.93		
Total lipid (fat)	g	28.00		0	MC	9		2.38		
Ash	g	2.60		0	MC	9		0.22		
Carbohydrate, by difference	g	56.30		0	NC	4		4.79		
Fiber, total dietary	g	0.0		0	BFZN	4		0.0		
Sugars, total	g	54.77		0	MC	9		4.66		
Sucrose	g									
Glucose (dextrose)	g	54.79		0	MC	9		4.66		
Fructose	g									
Lactose	g									
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	430		0	BFZN	4		37		
Iron, Fe	mg	9.40		0	MC	9		0.80		
Magnesium, Mg	mg	42		0	BFZN	4		4		
Phosphorus, P	mg	290		0	BFZN	4		25		
Potassium, K	mg	570		0	MC	9		48		
Sodium, Na	mg	156		0	MC	9		13		
Zinc, Zn	mg	5.20		0	MC	9		0.44		
Copper, Cu	mg	0.390		0	MC	9		0.033		
Manganese, Mn	mg									
Selenium, Se	mcg	14.6		0	MC	9		1.2		
Vitamins:										
Vitamin C, total ascorbic acid	mg	62.0		0	MC	9		5.3		
Thiamin	mg	0.420		0	BFZN	4		0.036		
Riboflavin	mg	0.730		0	MC	9		0.062		
Niacin	mg	5.200		0	MC	9		0.442		
Pantothenic acid	mg									
Vitamin B-6	mg	0.310		0	MC	9		0.026		
Folate, total	mcg	83		0	MC	9		7		
Folic acid	mcg	83		0	MC	9		7		
Folate, food	mcg	0		0	MC	9		0		
Folate, DFE	mcg_DFE	141		0	NC	4		12		
Choline, total	mg	60.0		0	MC	9		5.1		
Betaine	mg									
Vitamin B-12	mcg	1.56		0	MC	9		0.13		
Vitamin B-12, added	mcg	1.56		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	470		0	NC	4		40		
Retinol	mcg	470		0	MC	9		40		
Carotene, beta	mcg	0		0	BFZN	4		0		
Carotene, alpha	mcg	0		0	BFZN	4		0		
Cryptoxanthin, beta	mcg	0		0	BFZN	4		0		
Vitamin A, IU	IU	1567		0	NC	4		133		
Lycopene	mcg	0		0	BFZN	4		0		
Lutein + zeaxanthin	mcg	0		0	BFZN	4		0		
Vitamin E (alpha-tocopherol)	mg	4.70		0	MC	9		0.40		
Vitamin E, added	mg	4.70		0	NR	4		0.40		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.8		0	O	4		0.7		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									

NDB No. 03827

Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE LIPIL, with iron, powder, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	310		0	MC	9		26		
Vitamin K (phylloquinone)....mcg	42.0		0	BFZN	4		3.6		
Lipids:									
Fatty acids, total saturated....g	11.900		0	MC	9		1.012		
4:0....g	0.000		0	BFZN	4		0.000		
6:0....g	0.030		0	BFZN	4		0.003		
8:0....g	0.440		0	MC	9		0.037		
10:0....g	0.330		0	MC	9		0.028		
12:0....g	2.500		0	MC	9		0.213		
13:0....g									
14:0....g	1.150		0	MC	9		0.098		
15:0....g									
16:0....g	6.200		0	MC	9		0.527		
17:0....g									
18:0....g	1.150		0	MC	9		0.098		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	10.400		0	MC	9		0.884		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.030		0	BFZN	4		0.003		
17:1....g									
18:1 undifferentiated....g	10.400		0	MC	9		0.884		
20:1....g	0.000		0	BFZN	4		0.000		
22:1 undifferentiated....g	0.000		0	BFZN	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	5.500		0	MC	9		0.468		
18:2 undifferentiated....g	4.800		0	MC	9		0.408		
18:3 undifferentiated....g	0.460		0	MC	9		0.039		
18:4....g	0.000		0	BFZN	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.180		0	MC	9		0.015		
20:5 n-3 (EPA)....g	0.000		0	BFZN	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	BFZN	4		0.000		
22:6 n-3 (DHA)....g	0.090		0	MC	9		0.008		
Fatty acids, total trans....g									
Cholesterol....mg	7		0	MC	9		1		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	BFZN	4		0.0		
Caffeine....mg	0		0	BFZN	4		0		
Theobromine....mg	0		0	BFZN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.5g: 1 scoop

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03830

Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, LIPIL, with iron, liquid concentrate, not reconstituted, with ARA and DHA (
)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	75.47		0	MC	9		23.62		
Energy....kcal	132		0	NC	4		41		
Energy....kJ	554		0	NC	4		173		
Protein....g	2.68		0	MC	9		0.84		
Total lipid (fat)....g	7.11		0	MC	9		2.23		
Ash....g	0.64		0	MC	9		0.20		
Carbohydrate, by difference....g	14.42		0	NC	4		4.51		
Fiber, total dietary....g	0.0		0	BFZN	4		0.0		
Sugars, total....g	13.96		0	MC	9		4.37		
Sucrose....g									
Glucose (dextrose)....g	13.96		0	MC	9		4.37		
Fructose....g									
Lactose....g									
Maltose....g									
Galactose....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	104		0	MC	9		33		
Iron, Fe....mg	2.30		0	MC	9		0.72		
Magnesium, Mg....mg	10		0	MC	9		3		
Phosphorus, P....mg	70		0	MC	9		22		
Potassium, K....mg	140		0	MC	9		44		
Sodium, Na....mg	38		0	MC	9		12		
Zinc, Zn....mg	1.28		0	MC	9		0.40		
Copper, Cu....mg	0.096		0	MC	9		0.030		
Manganese, Mn....mg									
Selenium, Se....mcg	3.6		0	BFZN	4		1.1		
Vitamins:									
Vitamin C, total ascorbic acid....mg	15.3		0	MC	9		4.8		
Thiamin....mg	0.102		0	MC	9		0.032		
Riboflavin....mg	0.179		0	MC	9		0.056		
Niacin....mg	1.283		0	MC	9		0.402		
Pantothenic acid....mg									
Vitamin B-6....mg	0.077		0	MC	9		0.024		
Folate, total....mcg	20		0	MC	9		6		
Folic acid....mcg	20		0	MC	9		6		
Folate, food....mcg	0		0	MC	9		0		
Folate, DFE....mcg_DFE	34		0	NC	4		11		
Choline, total....mg	15.0		0	MC	9		4.7		
Betaine....mg									
Vitamin B-12....mcg	0.38		0	MC	9		0.12		
Vitamin B-12, added....mcg	0.38		0	NR	4		0.12		
Vitamin A, RAE....mcg_RAE	113		0	NC	4		35		
Retinol....mcg	113		0	MC	9		35		
Carotene, beta....mcg	0		0	BFZN	4		0		
Carotene, alpha....mcg	0		0	BFZN	4		0		
Cryptoxanthin, beta....mcg	0		0	BFZN	4		0		
Vitamin A, IU....IU	377		0	MC	9		118		
Lycopene....mcg	0		0	BFZN	4		0		
Lutein + zeaxanthin....mcg	0		0	BFZN	4		0		
Vitamin E (alpha-tocopherol)....mg	1.70		0	NR	4		0.53		
Vitamin E, added....mg	1.70		0	NR	4		0.53		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	1.9		0	O	4		0.6		

NDB No. 03830

Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, LIPIL, with iron, liquid concentrate, not reconstituted, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	77		0	MC	9		24		
Vitamin K (phylloquinone)....mcg	10.2		0	MC	9		3.2		
Lipids:									
Fatty acids, total saturated....g	3.059		0	MC	9		0.957		
4:0....g	0.000		0	BFZN	4		0.000		
6:0....g	0.019		0	MC	9		0.006		
8:0....g	0.120		0	MC	9		0.038		
10:0....g	0.080		0	MC	9		0.025		
12:0....g	0.655		0	MC	9		0.205		
13:0....g									
14:0....g	0.299		0	MC	9		0.094		
15:0....g									
16:0....g	1.569		0	MC	9		0.491		
17:0....g									
18:0....g	0.299		0	MC	9		0.094		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	2.642		0	MC	9		0.827		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.019		0	MC	9		0.006		
17:1....g									
18:1 undifferentiated....g	2.642		0	MC	9		0.827		
20:1....g	0.000		0	BFZN	4		0.000		
22:1 undifferentiated....g	0.000		0	MC	9		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	1.411		0	MC	9		0.442		
18:2 undifferentiated....g	1.232		0	MC	9		0.386		
18:3 undifferentiated....g	0.120		0	MC	9		0.038		
18:4....g	0.000		0	MC	9		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.040		0	MC	9		0.013		
20:5 n-3 (EPA)....g	0.000		0	MC	9		0.000		
22:5 n-3 (DPA)....g	0.000		0	BFZN	4		0.000		
22:6 n-3 (DHA)....g	0.019		0	MC	9		0.006		
Fatty acids, total trans....g									
Cholesterol....mg	2		0	MC	9		1		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	BFZN	4		0.0		
Caffeine....mg	0		0	BFZN	4		0		
Theobromine....mg	0		0	BFZN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.3g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein Fat Carbohydrate

NDB No. 03830

Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, LIPIL, with iron, liquid concentrate, not reconstituted, with ARA and DHA (
)

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03868
Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, ready-to-feed

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	88.35		0	MC	9		26.95		
Energy ... kcal	63		0	NC	4		19		
Energy ... kJ	263		0	NC	4		80		
Protein ... g	1.38		0	MC	9		0.42		
Total lipid (fat) ... g	3.50		0	MC	9		1.07		
Ash ... g	0.33		0	MC	9		0.10		
Carbohydrate, by difference ... g	6.44		0	NC	4		1.96		
Fiber, total dietary ... g	0.0		0	Z	7		0.0		
Sugars, total ... g	7.18		0	MC	9		2.19		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	53		0	MC	9		16		
Iron, Fe ... mg	1.18		0	MA	12		0.36		
Magnesium, Mg ... mg	5		0	MC	9		2		
Phosphorus, P ... mg	36		0	MA	12		11		
Potassium, K ... mg	72		0	MA	12		22		
Sodium, Na ... mg	19		0	MC	9		6		
Zinc, Zn ... mg	0.66		0	MA	12		0.20		
Copper, Cu ... mg	0.050		0	MC	9		0.015		
Manganese, Mn ... mg									
Selenium, Se ... mcg	1.8		0	MC	9		0.6		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	7.9		0	MA	12		2.4		
Thiamin ... mg	0.052		0	MC	9		0.016		
Riboflavin ... mg	0.092		0	MC	9		0.028		
Niacin ... mg	0.660		0	MC	9		0.201		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.040		0	MC	9		0.012		
Folate, total ... mcg	11		0	MC	9		3		
Folic acid ... mcg	11		0	MC	9		3		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	18		0	NC	4		5		
Choline, total ... mg	8.2		0	MC	9		2.5		
Betaine ... mg									
Vitamin B-12 ... mcg	0.19		0	MC	9		0.06		
Vitamin B-12, added ... mcg	0.19		0	NR	4		0.06		
Vitamin A, RAE ... mcg_RAE	58		0	NC	4		18		
Retinol ... mcg	58		0	MC	9		18		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	194		0	MC	9		59		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	0.87		0	NC	4		0.27		
Vitamin E, added ... mg	0.87		0	NR	4		0.27		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.0		0	NR	4		0.3		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	40		0	MC	9		12		
Vitamin K (phylloquinone) ... mcg	5.2		0	MC	9		1.6		
Lipids:									
Fatty acids, total saturated ... g	1.495		0	MC	9		0.456		
4:0 ... g	0.000		0	MA	12		0.000		

NDB No. 03868
Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.003		0	MC	9		0.001		
8:0 ... g	0.058		0	MC	9		0.018		
10:0 ... g	0.039		0	MC	9		0.012		
12:0 ... g	0.320		0	MC	9		0.098		
13:0 ... g									
14:0 ... g	0.146		0	MC	9		0.045		
15:0 ... g									
16:0 ... g	0.767		0	MC	9		0.234		
17:0 ... g									
18:0 ... g	0.146		0	MC	9		0.045		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.291		0	MC	9		0.394		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.003		0	MC	9		0.001		
17:1 ... g									
18:1 undifferentiated ... g	1.291		0	MC	9		0.394		
20:1 ... g	0.000		0	MA	12		0.000		
22:1 undifferentiated ... g	0.000		0	MA	12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.689		0	MA	12		0.210		
18:2 undifferentiated ... g	0.602		0	MC	9		0.184		
18:3 undifferentiated ... g	0.066		0	MA	12		0.020		
18:4 ... g	0.000		0	MA	12		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA) ... g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA) ... g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA) ... g	0.000		0	MA	12		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	1		0	MA	12		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03871

Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, with iron, liquid concentrate, not reconstituted

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	75.47		0	NR	4		22.94		
Energy	kcal	130		0	NC	4		39		
Energy	kJ	542		0	NC	4		165		
Protein	g	2.68		0	NR	4		0.81		
Total lipid (fat)	g	6.79		0	NR	4		2.06		
Ash	g	0.64		0	NR	4		0.19		
Carbohydrate, by difference	g	14.42		0	NC	4		4.38		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	13.96		0	NR	4		4.24		
Sucrose	g									
Glucose (dextrose)	g	13.65		0	T	4		4.15		
Fructose	g									
Lactose	g									
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	104		0	NR	4		32		
Iron, Fe	mg	2.30		0	NR	4		0.70		
Magnesium, Mg	mg	10		0	NR	4		3		
Phosphorus, P	mg	70		0	NR	4		21		
Potassium, K	mg	140		0	NR	4		43		
Sodium, Na	mg	38		0	NR	4		12		
Zinc, Zn	mg	1.28		0	NR	4		0.39		
Copper, Cu	mg	0.096		0	NR	4		0.029		
Manganese, Mn	mg									
Selenium, Se	mcg	3.6		0	BFZN	4		1.1		
Vitamins:										
Vitamin C, total ascorbic acid	mg	15.3		0	NR	4		4.7		
Thiamin	mg	0.102		0	NR	4		0.031		
Riboflavin	mg	0.118		0	MC	9		0.036		
Niacin	mg	1.283		0	NR	4		0.390		
Pantothenic acid	mg									
Vitamin B-6	mg	0.077		0	NR	4		0.023		
Folate, total	mcg	20		0	NR	4		6		
Folic acid	mcg	20		0	NR	4		6		
Folate, food	mcg	0		0	NR	4		0		
Folate, DFE	mcg_DFE	34		0	NC	4		10		
Choline, total	mg	17.3		0	NR	4		5.3		
Betaine	mg									
Vitamin B-12	mcg	0.38		0	NR	4		0.12		
Vitamin B-12, added	mcg	0.38		0	NR	4		0.12		
Vitamin A, RAE	mcg_RAE	113		0	NC	4		34		
Retinol	mcg	113		0	NR	4		34		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	377		0	NR	4		115		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	1.70		0	NR	4		0.52		
Vitamin E, added	mg	1.70		0	NR	4		0.52		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.9		0	NR	4		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									

NDB No. 03871

Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	77		0	NR	4		23		
Vitamin K (phylloquinone)....mcg	10.2		0	NR	4		3.1		
Lipids:									
Fatty acids, total saturated....g	2.906		0	NR	4		0.883		
4:0....g	0.000		0	MC	9		0.000		
6:0....g	0.007		0	NR	4		0.002		
8:0....g	0.113		0	NR	4		0.034		
10:0....g	0.075		0	NR	4		0.023		
12:0....g	0.623		0	NR	4		0.189		
13:0....g									
14:0....g	0.283		0	NR	4		0.086		
15:0....g									
16:0....g	1.491		0	NR	4		0.453		
17:0....g									
18:0....g	0.283		0	NR	4		0.086		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	2.509		0	NR	4		0.763		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.007		0	NR	4		0.002		
17:1....g									
18:1 undifferentiated....g	2.509		0	NR	4		0.763		
20:1....g	0.000		0	MC	9		0.000		
22:1 undifferentiated....g	0.000		0	MC	9		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	1.283		0	MC	9		0.390		
18:2 undifferentiated....g	1.170		0	NR	4		0.356		
18:3 undifferentiated....g	0.113		0	NR	4		0.034		
18:4....g	0.000		0	MC	9		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	MC	9		0.000		
20:5 n-3 (EPA)....g	0.000		0	MC	9		0.000		
22:5 n-3 (DPA)....g	0.000		0	MC	9		0.000		
22:6 n-3 (DHA)....g	0.000		0	MC	9		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	2		0	MC	9		1		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0		
Caffeine....mg	0		0	Z	7		0		
Theobromine....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.4g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03869

Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, with iron, powder, not reconstituted

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.20		0	MC	9		0.19		
Energy	kcal	521		0	NC	4		44		
Energy	kJ	2179		0	NC	4		185		
Protein	g	10.85		0	MC	9		0.92		
Total lipid (fat)	g	28.00		0	MC	9		2.38		
Ash	g	2.60		0	MC	9		0.22		
Carbohydrate, by difference	g	56.35		0	NC	4		4.79		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	57.00		0	MC	9		4.85		
Sucrose	g									
Glucose (dextrose)	g	57.00		0	MC	9		4.85		
Fructose	g									
Lactose	g									
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	430		0	MA	12		37		
Iron, Fe	mg	9.40		0	MC	9		0.80		
Magnesium, Mg	mg	42		0	MA	12		4		
Phosphorus, P	mg	290		0	MA	12		25		
Potassium, K	mg	580		0	MA	12		49		
Sodium, Na	mg	156		0	MC	9		13		
Zinc, Zn	mg	5.20		0	MC	9		0.44		
Copper, Cu	mg	0.390		0	MC	9		0.033		
Manganese, Mn	mg									
Selenium, Se	mcg	14.6		0	MC	9		1.2		
Vitamins:										
Vitamin C, total ascorbic acid	mg	62.0		0	MC	9		5.3		
Thiamin	mg	0.420		0	MA	12		0.036		
Riboflavin	mg	0.130		0	MC	9		0.011		
Niacin	mg	5.200		0	MC	9		0.442		
Pantothenic acid	mg									
Vitamin B-6	mg	0.310		0	MC	9		0.026		
Folate, total	mcg	83		0	MC	9		7		
Folic acid	mcg	83		0	MC	9		7		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	141		0	NC	4		12		
Choline, total	mg	60.0		0	MC	9		5.1		
Betaine	mg									
Vitamin B-12	mcg	1.56		0	MC	9		0.13		
Vitamin B-12, added	mcg	1.56		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	470		0	NC	4		40		
Retinol	mcg	470		0	MC	9		40		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1567		0	NC	4		133		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	6.90		0	MC	9		0.59		
Vitamin E, added	mg	6.90		0	NR	4		0.59		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.8		0	NR	4		0.7		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									

NDB No. 03869

Infant formula, MEAD JOHNSON, ENFAMIL, LACTOFREE, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	310		0	MC	9		26		
Vitamin K (phylloquinone)....mcg	42.0		0	T	4		3.6		
Lipids:									
Fatty acids, total saturated....g	12.020		0	NC	4		1.022		
4:0....g	0.000		0	MA	12		0.000		
6:0....g	0.030		0	MA	12		0.003		
8:0....g	0.440		0	MC	9		0.037		
10:0....g	0.350		0	MA	12		0.030		
12:0....g	2.700		0	MA	12		0.230		
13:0....g									
14:0....g	1.150		0	MC	9		0.098		
15:0....g									
16:0....g	6.200		0	MC	9		0.527		
17:0....g									
18:0....g	1.150		0	MC	9		0.098		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	10.430		0	NC	4		0.887		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.030		0	MA	12		0.003		
17:1....g									
18:1 undifferentiated....g	10.400		0	MC	9		0.884		
20:1....g	0.000		0	MA	12		0.000		
22:1 undifferentiated....g	0.000		0	MA	12		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	5.260		0	NC	4		0.447		
18:2 undifferentiated....g	4.800		0	MC	9		0.408		
18:3 undifferentiated....g	0.460		0	MC	9		0.039		
18:4....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	MC	9		0.000		
20:5 n-3 (EPA)....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA)....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA)....g	0.000		0	MA	12		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	8		0	MA	12		1		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0		
Caffeine....mg	0		0	Z	7		0		
Theobromine....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.5g: 1 scoop

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03818

Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, liquid concentrate, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	75.32		0	BFZN	4		23.58		
Energy ... kcal	131		0	MC	9		41		
Energy ... kJ	547		0	MC	9		171		
Protein ... g	2.76		0	BFZN	4		0.86		
Total lipid (fat) ... g	7.16		0	MC	9		2.24		
Ash ... g	0.72		0	BFZN	4		0.23		
Carbohydrate, by difference ... g	14.24		0	NC	4		4.46		
Fiber, total dietary ... g	0.0		0	BFZN	4		0.0		
Sugars, total ... g	14.24		0	NR	4		4.46		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	102		0	BFZN	4		32		
Iron, Fe ... mg	0.92		0	BFZN	4		0.29		
Magnesium, Mg ... mg	11		0	BFZN	4		3		
Phosphorus, P ... mg	70		0	BFZN	4		22		
Potassium, K ... mg	142		0	BFZN	4		44		
Sodium, Na ... mg	39		0	BFZN	4		12		
Zinc, Zn ... mg	1.31		0	BFZN	4		0.41		
Copper, Cu ... mg	0.098		0	BFZN	4		0.031		
Manganese, Mn ... mg									
Selenium, Se ... mcg	3.6		0	BFZN	4		1.1		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	15.8		0	BFZN	4		4.9		
Thiamin ... mg	0.105		0	BFZN	4		0.033		
Riboflavin ... mg	0.184		0	BFZN	4		0.058		
Niacin ... mg	1.313		0	BFZN	4		0.411		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.079		0	BFZN	4		0.025		
Folate, total ... mcg	21		0	BFZN	4		7		
Folic acid ... mcg	21		0	NR	4		7		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	36		0	NC	4		11		
Choline, total ... mg	17.0		0	MC	9		5.3		
Betaine ... mg									
Vitamin B-12 ... mcg	0.39		0	BFZN	4		0.12		
Vitamin B-12, added ... mcg	0.39		0	MC	9		0.12		
Vitamin A, RAE ... mcg_RAE	118		0	NC	4		37		
Retinol ... mcg	118		0	BFZN	4		37		
Carotene, beta ... mcg	0		0	NR	4		0		
Carotene, alpha ... mcg	0		0	NR	4		0		
Cryptoxanthin, beta ... mcg	0		0	NR	4		0		
Vitamin A, IU ... IU	394		0	BFZN	4		123		
Lycopene ... mcg	0		0	NR	4		0		
Lutein + zeaxanthin ... mcg	0		0	NR	4		0		
Vitamin E (alpha-tocopherol) ... mg	1.22		0	MC	9		0.38		
Vitamin E, added ... mg	1.22		0	MC	9		0.38		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	2.0		0	NR	4		0.6		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	79		0	MC	9		25		
Vitamin K (phylloquinone) ... mcg	10.0		0	NR	4		3.1		
Lipids:									
Fatty acids, total saturated ... g	3.078		0	MC	9		0.963		
4:0 ... g	0.000		0	BFZN	4		0.000		

NDB No. 03818

Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, liquid concentrate, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.019		0	MC	9		0.006		
8:0 ... g	0.121		0	MC	9		0.038		
10:0 ... g	0.080		0	MC	9		0.025		
12:0 ... g	0.666		0	MC	9		0.208		
13:0 ... g									
14:0 ... g	0.301		0	MC	9		0.094		
15:0 ... g									
16:0 ... g	1.578		0	MC	9		0.494		
17:0 ... g									
18:0 ... g	0.301		0	MC	9		0.094		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	2.659		0	MC	9		0.832		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.019		0	MC	9		0.006		
17:1 ... g									
18:1 undifferentiated ... g	2.659		0	MC	9		0.832		
20:1 ... g	0.000		0	BFZN	4		0.000		
22:1 undifferentiated ... g	0.000		0	BFZN	4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	1.419		0	MC	9		0.444		
18:2 undifferentiated ... g	1.239		0	MC	9		0.388		
18:3 undifferentiated ... g	0.121		0	MC	9		0.038		
18:4 ... g	0.000		0	BFZN	4		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.041		0	MC	9		0.013		
20:5 n-3 (EPA) ... g	0.000		0	BFZN	4		0.000		
22:5 n-3 (DPA) ... g	0.000		0	BFZN	4		0.000		
22:6 n-3 (DHA) ... g	0.019		0	MC	9		0.006		
Fatty acids, total trans ... g									
Cholesterol ... mg	2		0	BFZN	4		1		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	BFZN	4		0.0		
Caffeine ... mg	0		0	NR	4		0		
Theobromine ... mg	0		0	NR	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.3g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03817

Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, powder, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	3.30		0	MC	9		0.28		
Energy	kcal	511		0	NC	4		43		
Energy	kJ	2138		0	NC	4		182		
Protein	g	10.80		0	MC	9		0.92		
Total lipid (fat)	g	27.00		0	MC	9		2.30		
Ash	g	2.70		0	MC	9		0.23		
Carbohydrate, by difference	g	56.20		0	NC	4		4.78		
Fiber, total dietary	g	0.0		0	BFZN	4		0.0		
Sugars, total	g	56.00		0	BFZN	4		4.76		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	56.00		0	BFZN	4		4.76		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	400		0	BFZN	4		34		
Iron, Fe	mg	3.60		0	BFZN	4		0.31		
Magnesium, Mg	mg	41		0	BFZN	4		3		
Phosphorus, P	mg	270		0	BFZN	4		23		
Potassium, K	mg	560		0	BFZN	4		48		
Sodium, Na	mg	139		0	MC	9		12		
Zinc, Zn	mg	5.20		0	BFZN	4		0.44		
Copper, Cu	mg	0.390		0	BFZN	4		0.033		
Manganese, Mn	mg									
Selenium, Se	mcg	14.5		0	MC	9		1.2		
Vitamins:										
Vitamin C, total ascorbic acid	mg	62.0		0	BFZN	4		5.3		
Thiamin	mg	0.410		0	BFZN	4		0.035		
Riboflavin	mg	0.720		0	BFZN	4		0.061		
Niacin	mg	5.200		0	BFZN	4		0.442		
Pantothenic acid	mg									
Vitamin B-6	mg	0.310		0	BFZN	4		0.026		
Folate, total	mcg	83		0	BFZN	4		7		
Folic acid	mcg	83		0	BFZN	4		7		
Folate, food	mcg	0		0	BFZN	4		0		
Folate, DFE	mcg_DFE	141		0	NC	4		12		
Choline, total	mg	62.0		0	MC	9		5.3		
Betaine	mg									
Vitamin B-12	mcg	1.55		0	BFZN	4		0.13		
Vitamin B-12, added	mcg	1.55		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	470		0	MC	9		40		
Retinol	mcg	470		0	MC	9		40		
Carotene, beta	mcg	0		0	BFZN	4		0		
Carotene, alpha	mcg	0		0	BFZN	4		0		
Cryptoxanthin, beta	mcg	0		0	BFZN	4		0		
Vitamin A, IU	IU	1550		0	MC	9		132		
Lycopene	mcg	0		0	BFZN	4		0		
Lutein + zeaxanthin	mcg	0		0	BFZN	4		0		
Vitamin E (alpha-tocopherol)	mg	6.90		0	NR	4		0.59		
Vitamin E, added	mg	6.90		0	NR	4		0.59		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.8		0	BFZN	4		0.7		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									

NDB No. 03817

Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, powder, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	310		0	BFZN	4		26		
Vitamin K (phylloquinone)....mcg	41.0		0	BFZN	4		3.5		
Lipids:									
Fatty acids, total saturated....g	11.200		0	MC	9		0.952		
4:0....g	0.000		0	MC	9		0.000		
6:0....g	0.030		0	MC	9		0.003		
8:0....g	0.410		0	MC	9		0.035		
10:0....g	0.310		0	MC	9		0.026		
12:0....g	2.400		0	MC	9		0.204		
13:0....g									
14:0....g	1.070		0	MC	9		0.091		
15:0....g									
16:0....g	5.700		0	MC	9		0.485		
17:0....g									
18:0....g	1.070		0	MC	9		0.091		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	9.630		0	MC	9		0.819		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.030		0	MC	9		0.003		
17:1....g									
18:1 undifferentiated....g	9.600		0	MC	9		0.816		
20:1....g	0.000		0	MC	9		0.000		
22:1 undifferentiated....g	0.000		0	MC	9		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	5.200		0	MC	9		0.442		
18:2 undifferentiated....g	4.500		0	MC	9		0.383		
18:3 undifferentiated....g	0.430		0	MC	9		0.037		
18:4....g	0.000		0	MC	9		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.175		0	MC	9		0.015		
20:5 n-3 (EPA)....g	0.000		0	MC	9		0.000		
22:5 n-3 (DPA)....g	0.000		0	MC	9		0.000		
22:6 n-3 (DHA)....g	0.090		0	MC	9		0.008		
Fatty acids, total trans....g									
Cholesterol....mg	17		0	MC	9		1		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	BFZN	4		0.0		
Caffeine....mg	0		0	BFZN	4		0		
Theobromine....mg	0		0	BFZN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.5g: 1 scoop

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03825

Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, ready to feed, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.35		0	MC	9		93.65	26.95	
Energy	kcal	64		0	MC	9		68	20	
Energy	kJ	268		0	MC	9		285	82	
Protein	g	1.38		0	BFZN	4		1.46	0.42	
Total lipid (fat)	g	3.50		0	MC	9		3.71	1.07	
Ash	g	0.32		0	MC	9		0.34	0.10	
Carbohydrate, by difference	g	7.18		0	NR	4		7.61	2.19	
Fiber, total dietary	g	0.0		0	BFZN	4		0.0	0.0	
Sugars, total	g	7.18		0	MC	9		7.61	2.19	
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	7.18		0	MC	9		7.61	2.19	
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	51		0	BFZN	4		54	16	
Iron, Fe	mg	0.46		0	BFZN	4		0.49	0.14	
Magnesium, Mg	mg	5		0	MC	9		6	2	
Phosphorus, P	mg	35		0	BFZN	4		37	11	
Potassium, K	mg	71		0	BFZN	4		75	22	
Sodium, Na	mg	18		0	MC	9		19	5	
Zinc, Zn	mg	0.66		0	BFZN	4		0.70	0.20	
Copper, Cu	mg	0.050		0	MC	9		0.053	0.015	
Manganese, Mn	mg	0.010		0	MC	9		0.011	0.003	
Selenium, Se	mcg	1.8		0	MC	9		1.9	0.6	
Vitamins:										
Vitamin C, total ascorbic acid	mg	7.9		0	BFZN	4		8.4	2.4	
Thiamin	mg	0.052		0	MC	9		0.055	0.016	
Riboflavin	mg	0.092		0	BFZN	4		0.098	0.028	
Niacin	mg	0.660		0	MC	9		0.700	0.201	
Pantothenic acid	mg									
Vitamin B-6	mg	0.040		0	MC	9		0.042	0.012	
Folate, total	mcg	11		0	MC	9		11	3	
Folic acid	mcg	11		0	MC	9		11	3	
Folate, food	mcg	0		0	MC	9		0	0	
Folate, DFE	mcg_DFE	18		0	NC	4		19	5	
Choline, total	mg	8.2		0	MC	9		8.7	2.5	
Betaine	mg									
Vitamin B-12	mcg	0.19		0	MC	9		0.20	0.06	
Vitamin B-12, added	mcg	0.19		0	NR	4		0.20	0.06	
Vitamin A, RAE	mcg_RAE	58		0	NC	4		61	18	
Retinol	mcg	58		0	MC	9		61	18	
Carotene, beta	mcg	0		0	Z	7		0	0	
Carotene, alpha	mcg	0		0	Z	7		0	0	
Cryptoxanthin, beta	mcg	0		0	Z	7		0	0	
Vitamin A, IU	IU	194		0	MC	9		206	59	
Lycopene	mcg	0		0	Z	7		0	0	
Lutein + zeaxanthin	mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)	mg	0.87		0	MC	9		0.93	0.27	
Vitamin E, added	mg	0.87		0	NR	4		0.93	0.27	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.0		0	NR	4		1.1	0.3	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									

NDB No. 03825

Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, ready to feed, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	40		0	MC	9		42	12	
Vitamin K (phylloquinone)....mcg	5.2		0	MC	9		5.5	1.6	
Lipids:									
Fatty acids, total saturated....g	1.453		0	NR	4		1.540	0.443	
4:0....g	0.000		0	BFZN	4		0.000	0.000	
6:0....g	0.009		0	NR	4		0.010	0.003	
8:0....g	0.057		0	NR	4		0.060	0.017	
10:0....g	0.038		0	NR	4		0.040	0.012	
12:0....g	0.311		0	NR	4		0.330	0.095	
13:0....g									
14:0....g	0.142		0	NR	4		0.151	0.043	
15:0....g									
16:0....g	0.745		0	NR	4		0.790	0.227	
17:0....g									
18:0....g	0.142		0	NR	4		0.151	0.043	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	1.255		0	NR	4		1.330	0.383	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.009		0	NR	4		0.010	0.003	
17:1....g									
18:1 undifferentiated....g	1.255		0	NR	4		1.330	0.383	
20:1....g	0.000		0	BFZN	4		0.000	0.000	
22:1 undifferentiated....g	0.000		0	BFZN	4		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.670		0	NR	4		0.710	0.204	
18:2 undifferentiated....g	0.585		0	NR	4		0.620	0.178	
18:3 undifferentiated....g	0.057		0	NR	4		0.060	0.017	
18:4....g	0.000		0	BFZN	4		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.019		0	MC	9		0.020	0.006	
20:5 n-3 (EPA)....g	0.000		0	BFZN	4		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0	BFZN	4		0.000	0.000	
22:6 n-3 (DHA)....g	0.009		0	NR	4		0.010	0.003	
Fatty acids, total trans....g									
Cholesterol....mg	1		0	MC	9		1	0	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	BFZN	4		0.0	0.0	
Caffeine....mg	0		0	Z	7		0	0	
Theobromine....mg									

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 106g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

NDB No. 03825

Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, low iron, ready to feed, with ARA and DHA (1)

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03832
Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, ready-to-feed, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	88.35		0	MC	9		93.65	26.95	
Energy ... kcal	66		0	MC	9		70	20	
Energy ... kJ	276		0	MC	9		293	84	
Protein ... g	1.38		0	MC	9		1.46	0.42	
Total lipid (fat) ... g	3.50		0	MC	9		3.71	1.07	
Ash ... g	0.33		0	MC	9		0.35	0.10	
Carbohydrate, by difference ... g	6.44		0	NC	4		6.83	1.96	
Fiber, total dietary ... g	0.0		0	BFZN	4		0.0	0.0	
Sugars, total ... g	6.44		0	NR	4		6.83	1.96	
Starch ... g									
Minerals:									
Calcium, Ca ... mg	54		0	BFZN	4		57	16	
Iron, Fe ... mg	1.18		0	BFZN	4		1.25	0.36	
Magnesium, Mg ... mg	5		0	BFZN	4		5	2	
Phosphorus, P ... mg	36		0	BFZN	4		38	11	
Potassium, K ... mg	72		0	BFZN	4		76	22	
Sodium, Na ... mg	19		0	MC	9		21	6	
Zinc, Zn ... mg	0.66		0	BFZN	4		0.70	0.20	
Copper, Cu ... mg	0.050		0	MC	9		0.053	0.015	
Manganese, Mn ... mg									
Selenium, Se ... mcg	1.8		0	MC	9		1.9	0.6	
Vitamins:									
Vitamin C, total ascorbic acid ... mg	7.9		0	BFZN	4		8.4	2.4	
Thiamin ... mg	0.052		0	MC	9		0.055	0.016	
Riboflavin ... mg	0.092		0	MC	9		0.098	0.028	
Niacin ... mg	0.660		0	MC	9		0.700	0.201	
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.040		0	MC	9		0.042	0.012	
Folate, total ... mcg	11		0	MC	9		11	3	
Folic acid ... mcg	11		0	MC	9		11	3	
Folate, food ... mcg	0		0	BFZN	4		0	0	
Folate, DFE ... mcg_DFE	18		0	NC	4		19	5	
Choline, total ... mg	8.0		0	MC	9		8.5	2.4	
Betaine ... mg									
Vitamin B-12 ... mcg	0.19		0	MC	9		0.20	0.06	
Vitamin B-12, added ... mcg	0.19		0	NR	4		0.20	0.06	
Vitamin A, RAE ... mcg_RAE	58		0	NC	4		61	18	
Retinol ... mcg	58		0	MC	9		61	18	
Carotene, beta ... mcg	0		0	BFZN	4		0	0	
Carotene, alpha ... mcg	0		0	BFZN	4		0	0	
Cryptoxanthin, beta ... mcg	0		0	BFZN	4		0	0	
Vitamin A, IU ... IU	194		0	MC	9		206	59	
Lycopene ... mcg	0		0	BFZN	4		0	0	
Lutein + zeaxanthin ... mcg	0		0	BFZN	4		0	0	
Vitamin E (alpha-tocopherol) ... mg	0.87		0	NR	4		0.93	0.27	
Vitamin E, added ... mg	0.87		0	NR	4		0.93	0.27	
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.0		0	O	4		1.1	0.3	
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	40		0	MC	9		42	12	
Vitamin K (phylloquinone) ... mcg	5.2		0	MC	9		5.5	1.6	
Lipids:									
Fatty acids, total saturated ... g	1.453		0	NR	4		1.540	0.443	
4:0 ... g	0.000		0	MC	9		0.000	0.000	

NDB No. 03832

Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, ready-to-feed, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.009		0	NR	4		0.010	0.003	
8:0 ... g	0.057		0	NR	4		0.060	0.017	
10:0 ... g	0.038		0	NR	4		0.040	0.012	
12:0 ... g	0.311		0	NR	4		0.330	0.095	
13:0 ... g									
14:0 ... g	0.142		0	NR	4		0.151	0.043	
15:0 ... g									
16:0 ... g	0.745		0	NR	4		0.790	0.227	
17:0 ... g									
18:0 ... g	0.142		0	NR	4		0.151	0.043	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.255		0	NR	4		1.330	0.383	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.009		0	NR	4		0.010	0.003	
17:1 ... g									
18:1 undifferentiated ... g	1.255		0	NR	4		1.330	0.383	
20:1 ... g	0.000		0	BFZN	4		0.000	0.000	
22:1 undifferentiated ... g	0.000		0	BFZN	4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.670		0	NR	4		0.710	0.204	
18:2 undifferentiated ... g	0.585		0	NR	4		0.620	0.178	
18:3 undifferentiated ... g	0.057		0	NR	4		0.060	0.017	
18:4 ... g	0.000		0	BFZN	4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.019		0	MC	9		0.020	0.006	
20:5 n-3 (EPA) ... g	0.000		0	MC	9		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0	BFZN	4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.009		0	NR	4		0.010	0.003	
Fatty acids, total trans ... g									
Cholesterol ... mg	1		0	MC	9		1	0	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	BFZN	4		0.0	0.0	
Caffeine ... mg	0		0	BFZN	4		0	0	
Theobromine ... mg	0		0	BFZN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 106g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03812

Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, with iron, liquid concentrate, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	75.34		0	BFZN	4		23.58		
Energy	kcal	131		0	BFZN	4		41		
Energy	kJ	548		0	BFZN	4		172		
Protein	g	2.76		0	BFZN	4		0.86		
Total lipid (fat)	g	6.96		0	BFZN	4		2.18		
Ash	g	0.60		0	BFZN	4		0.19		
Carbohydrate, by difference	g	14.34		0	NC	4		4.49		
Fiber, total dietary	g	0.0		0	BFZN	4		0.0		
Sugars, total	g	14.00		0	BFZN	4		4.38		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	14.00		0	BFZN	4		4.38		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	102		0	BFZN	4		32		
Iron, Fe	mg	2.36		0	BFZN	4		0.74		
Magnesium, Mg	mg	11		0	BFZN	4		3		
Phosphorus, P	mg	70		0	BFZN	4		22		
Potassium, K	mg	142		0	BFZN	4		44		
Sodium, Na	mg	35		0	BFZN	4		11		
Zinc, Zn	mg	1.31		0	BFZN	4		0.41		
Copper, Cu	mg	0.098		0	BFZN	4		0.031		
Manganese, Mn	mg									
Selenium, Se	mcg	3.6		0	BFZN	4		1.1		
Vitamins:										
Vitamin C, total ascorbic acid	mg	15.8		0	BFZN	4		4.9		
Thiamin	mg	0.105		0	BFZN	4		0.033		
Riboflavin	mg	0.184		0	BFZN	4		0.058		
Niacin	mg	1.313		0	BFZN	4		0.411		
Pantothenic acid	mg									
Vitamin B-6	mg	0.079		0	BFZN	4		0.025		
Folate, total	mcg	21		0	BFZN	4		7		
Folic acid	mcg	21		0	BFZN	4		7		
Folate, food	mcg	0		0	BFZN	4		0		
Folate, DFE	mcg_DFE	36		0	NC	4		11		
Choline, total	mg	17.9		0	MC	9		5.6		
Betaine	mg									
Vitamin B-12	mcg	0.39		0	BFZN	4		0.12		
Vitamin B-12, added	mcg	0.39		0	MC	9		0.12		
Vitamin A, RAE	mcg_RAE	118		0	NC	4		37		
Retinol	mcg	118		0	BFZN	4		37		
Carotene, beta	mcg	0		0	BFZN	4		0		
Carotene, alpha	mcg	0		0	BFZN	4		0		
Cryptoxanthin, beta	mcg	0		0	BFZN	4		0		
Vitamin A, IU	IU	394		0	NC	4		123		
Lycopene	mcg	0		0	BFZN	4		0		
Lutein + zeaxanthin	mcg	0		0	BFZN	4		0		
Vitamin E (alpha-tocopherol)	mg	1.22		0	BFZN	4		0.38		
Vitamin E, added	mg	1.22		0	MC	9		0.38		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	2.0		0	O	4		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									

NDB No. 03812

Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, with iron, liquid concentrate, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	78		0	BFZN	4		24		
Vitamin K (phylloquinone)....mcg	10.3		0	BFZN	4		3.2		
Lipids:									
Fatty acids, total saturated....g	3.080		0	MC	9		0.964		
4:0....g	0.000		0	BFZN	4		0.000		
6:0....g	0.019		0	MC	9		0.006		
8:0....g	0.121		0	MC	9		0.038		
10:0....g	0.080		0	MC	9		0.025		
12:0....g	0.658		0	MC	9		0.206		
13:0....g									
14:0....g	0.301		0	MC	9		0.094		
15:0....g									
16:0....g	1.577		0	MC	9		0.494		
17:0....g									
18:0....g	0.301		0	MC	9		0.094		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	2.656		0	MC	9		0.831		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.019		0	MC	9		0.006		
17:1....g									
18:1 undifferentiated....g	2.656		0	MC	9		0.831		
20:1....g	0.000		0	BFZN	4		0.000		
22:1 undifferentiated....g	0.000		0	BFZN	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	1.418		0	MC	9		0.444		
18:2 undifferentiated....g	1.238		0	MC	9		0.387		
18:3 undifferentiated....g	0.121		0	MC	9		0.038		
18:4....g	0.000		0	BFZN	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.040		0	MC	9		0.013		
20:5 n-3 (EPA)....g	0.000		0	BFZN	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	BFZN	4		0.000		
22:6 n-3 (DHA)....g	0.019		0	MC	9		0.006		
Fatty acids, total trans....g									
Cholesterol....mg	1		0	BFZN	4		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	BFZN	4		0.0		
Caffeine....mg	0		0	BFZN	4		0		
Theobromine....mg	0		0	BFZN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.3g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03808

Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, with iron, powder, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	3.30		0	MC	9		0.28		
Energy	kcal	511		0	NC	4		43		
Energy	kJ	2138		0	NC	4		182		
Protein	g	10.80		0	MC	9		0.92		
Total lipid (fat)	g	27.00		0	MC	9		2.30		
Ash	g	2.70		0	MC	9		0.23		
Carbohydrate, by difference	g	56.20		0	NC	4		4.78		
Fiber, total dietary	g	0.0		0	BFZN	4		0.0		
Sugars, total	g	56.00		0	BFZN	4		4.76		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	56.00		0	BFZN	4		4.76		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	400		0	BFZN	4		34		
Iron, Fe	mg	9.30		0	BFZN	4		0.79		
Magnesium, Mg	mg	41		0	BFZN	4		3		
Phosphorus, P	mg	270		0	BFZN	4		23		
Potassium, K	mg	560		0	BFZN	4		48		
Sodium, Na	mg	139		0	MC	9		12		
Zinc, Zn	mg	5.20		0	BFZN	4		0.44		
Copper, Cu	mg	0.390		0	BFZN	4		0.033		
Manganese, Mn	mg									
Selenium, Se	mcg	14.5		0	MC	9		1.2		
Vitamins:										
Vitamin C, total ascorbic acid	mg	62.0		0	BFZN	4		5.3		
Thiamin	mg	0.410		0	BFZN	4		0.035		
Riboflavin	mg	0.720		0	BFZN	4		0.061		
Niacin	mg	5.200		0	BFZN	4		0.442		
Pantothenic acid	mg									
Vitamin B-6	mg	0.310		0	BFZN	4		0.026		
Folate, total	mcg	83		0	BFZN	4		7		
Folic acid	mcg	83		0	BFZN	4		7		
Folate, food	mcg	0		0	BFZN	4		0		
Folate, DFE	mcg_DFE	141		0	NC	4		12		
Choline, total	mg	62.0		0	MC	9		5.3		
Betaine	mg									
Vitamin B-12	mcg	1.55		0	BFZN	4		0.13		
Vitamin B-12, added	mcg	1.55		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	470		0	MC	9		40		
Retinol	mcg	470		0	MC	9		40		
Carotene, beta	mcg	0		0	BFZN	4		0		
Carotene, alpha	mcg	0		0	BFZN	4		0		
Cryptoxanthin, beta	mcg	0		0	BFZN	4		0		
Vitamin A, IU	IU	1550		0	MC	9		132		
Lycopene	mcg	0		0	BFZN	4		0		
Lutein + zeaxanthin	mcg	0		0	BFZN	4		0		
Vitamin E (alpha-tocopherol)	mg	6.90		0	NR	4		0.59		
Vitamin E, added	mg	6.90		0	NR	4		0.59		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.8		0	BFZN	4		0.7		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									

NDB No. 03808

Infant formula, MEAD JOHNSON, ENFAMIL, LIPIL, with iron, powder, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	310		0	BFZN	4		26		
Vitamin K (phylloquinone)....mcg	41.0		0	BFZN	4		3.5		
Lipids:									
Fatty acids, total saturated....g	11.221		0	NC	4		0.954		
4:0....g	0.000		0	BFZN	4		0.000		
6:0....g	0.030		0	BFZN	4		0.003		
8:0....g	0.424		0	MC	9		0.036		
10:0....g	0.316		0	MC	9		0.027		
12:0....g	2.467		0	MC	9		0.210		
13:0....g									
14:0....g	1.095		0	MC	9		0.093		
15:0....g									
16:0....g	5.823		0	MC	9		0.495		
17:0....g									
18:0....g	1.066		0	MC	9		0.091		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	9.899		0	NC	4		0.841		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.030		0	MC	9		0.003		
17:1....g									
18:1 undifferentiated....g	9.869		0	MC	9		0.839		
20:1....g	0.000		0	BFZN	4		0.000		
22:1 undifferentiated....g	0.000		0	BFZN	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	5.240		0	NC	4		0.445		
18:2 undifferentiated....g	4.540		0	MC	9		0.386		
18:3 undifferentiated....g	0.444		0	NR	4		0.038		
18:4....g	0.000		0	BFZN	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.168		0	MC	9		0.014		
20:5 n-3 (EPA)....g	0.000		0	BFZN	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	BFZN	4		0.000		
22:6 n-3 (DHA)....g	0.089		0	MC	9		0.008		
Fatty acids, total trans....g									
Cholesterol....mg	17		0	MC	9		1		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	BFZN	4		0.0		
Caffeine....mg	0		0	BFZN	4		0		
Theobromine....mg	0		0	BFZN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.5g: 1 scoop

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03838

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN LIPIL, with iron, powder, not reconstituted, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	3.00		0	MC	9		0.27		
Energy	kcal	494		0	NC	4		44		
Energy	kJ	2065		0	NC	4		186		
Protein	g	13.90		0	MC	9		1.25		
Total lipid (fat)	g	26.00		0	MC	9		2.34		
Ash	g	5.20		0	NR	4		0.47		
Carbohydrate, by difference	g	51.00		0	NR	4		4.59		
Fiber, total dietary	g	0.0		0	BFZN	4		0.0		
Sugars, total	g	51.00		0	NR	4		4.59		
Starch	g									
Minerals:										
Calcium, Ca	mg	470		0	MC	9		42		
Iron, Fe	mg	8.90		0	BFZN	4		0.80		
Magnesium, Mg	mg	55		0	MC	9		5		
Phosphorus, P	mg	310		0	BFZN	4		28		
Potassium, K	mg	550		0	MC	9		50		
Sodium, Na	mg	230		0	BFZN	4		21		
Zinc, Zn	mg	5.00		0	MC	9		0.45		
Copper, Cu	mg	0.370		0	BFZN	4		0.033		
Manganese, Mn	mg	0.124		0	MC	9		0.011		
Selenium, Se	mcg	13.9		0	MC	9		1.3		
Vitamins:										
Vitamin C, total ascorbic acid	mg	60.0		0	MC	9		5.4		
Thiamin	mg	0.400		0	BFZN	4		0.036		
Riboflavin	mg	0.450		0	MC	9		0.041		
Niacin	mg	5.000		0	MC	9		0.450		
Pantothenic acid	mg									
Vitamin B-6	mg	0.300		0	MC	9		0.027		
Folate, total	mcg	79		0	BFZN	4		7		
Folic acid	mcg	79		0	BFZN	4		7		
Folate, food	mcg	0		0	BFZN	4		0		
Folate, DFE	mcg_DFE	134		0	NC	4		12		
Choline, total	mg	60.0		0	MC	9		5.4		
Betaine	mg									
Vitamin B-12	mcg	1.49		0	MC	9		0.13		
Vitamin B-12, added	mcg	1.49		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	450		0	MC	9		41		
Retinol	mcg	450		0	MC	9		41		
Carotene, beta	mcg	0		0	BFZN	4		0		
Carotene, alpha	mcg	0		0	BFZN	4		0		
Cryptoxanthin, beta	mcg	0		0	BFZN	4		0		
Vitamin A, IU	IU	1490		0	MC	9		134		
Lycopene	mcg	0		0	BFZN	4		0		
Lutein + zeaxanthin	mcg	0		0	BFZN	4		0		
Vitamin E (alpha-tocopherol)	mg	6.60		0	NR	4		0.59		
Vitamin E, added	mg	6.60		0	NR	4		0.59		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	6.3		0	BFZN	4		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	250		0	BFZN	4		23		
Vitamin K (phylloquinone)	mcg	40.0		0	MC	9		3.6		
Lipids:										
Fatty acids, total saturated	g	11.200		0	MC	9		1.008		
4:0	g	0.000		0	BFZN	4		0.000		

NDB No. 03838

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN LIPIL, with iron, powder, not reconstituted, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.030		0	BFZN	4		0.003		
8:0 ... g	0.410		0	MC	9		0.037		
10:0 ... g	0.310		0	MC	9		0.028		
12:0 ... g	2.400		0	MC	9		0.216		
13:0 ... g									
14:0 ... g	1.070		0	MC	9		0.096		
15:0 ... g									
16:0 ... g	5.700		0	MC	9		0.513		
17:0 ... g									
18:0 ... g	1.070		0	MC	9		0.096		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	9.600		0	MC	9		0.864		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.030		0	MC	9		0.003		
17:1 ... g									
18:1 undifferentiated ... g	9.600		0	MC	9		0.864		
20:1 ... g	0.000		0	BFZN	4		0.000		
22:1 undifferentiated ... g	0.000		0	BFZN	4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	5.200		0	MC	9		0.468		
18:2 undifferentiated ... g	4.500		0	MC	9		0.405		
18:3 undifferentiated ... g	0.430		0	MC	9		0.039		
18:4 ... g	0.000		0	BFZN	4		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.170		0	MC	9		0.015		
20:5 n-3 (EPA) ... g	0.000		0	BFZN	4		0.000		
22:5 n-3 (DPA) ... g	0.000		0	BFZN	4		0.000		
22:6 n-3 (DHA) ... g	0.080		0	MC	9		0.007		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	BFZN	4		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	BFZN	4		0.0		
Caffeine ... mg	0		0	BFZN	4		0		
Theobromine ... mg	0		0	BFZN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 9.0g: 1 scoop

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03845

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN LIPIL, with iron, ready to feed, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	87.38		0	MC	9		93.50	26.65	
Energy ... kcal	66		0	NC	4		71	20	
Energy ... kJ	276		0	NC	4		296	84	
Protein ... g	1.83		0	MC	9		1.96	0.56	
Total lipid (fat) ... g	3.50		0	MC	9		3.75	1.07	
Ash ... g	0.48		0	MC	9		0.51	0.15	
Carbohydrate, by difference ... g	6.81		0	NC	4		7.29	2.08	
Fiber, total dietary ... g	0.0		0	BFZN	4		0.0	0.0	
Sugars, total ... g	5.13		0	MC	9		5.49	1.56	
Starch ... g	1.67		0	MC	9		1.79	0.51	
Minerals:									
Calcium, Ca ... mg	62		0	BFZN	4		66	19	
Iron, Fe ... mg	1.18		0	BFZN	4		1.26	0.36	
Magnesium, Mg ... mg	7		0	MC	9		8	2	
Phosphorus, P ... mg	42		0	MC	9		45	13	
Potassium, K ... mg	72		0	BFZN	4		77	22	
Sodium, Na ... mg	31		0	BFZN	4		33	9	
Zinc, Zn ... mg	0.66		0	BFZN	4		0.71	0.20	
Copper, Cu ... mg	0.050		0	MC	9		0.054	0.015	
Manganese, Mn ... mg									
Selenium, Se ... mcg	1.8		0	MC	9		2.0	0.6	
Vitamins:									
Vitamin C, total ascorbic acid ... mg	7.9		0	BFZN	4		8.5	2.4	
Thiamin ... mg	0.052		0	MC	9		0.056	0.016	
Riboflavin ... mg	0.059		0	BFZN	4		0.063	0.018	
Niacin ... mg	0.660		0	MC	9		0.706	0.201	
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.040		0	MC	9		0.043	0.012	
Folate, total ... mcg	11		0	MC	9		11	3	
Folic acid ... mcg	11		0	MC	9		11	3	
Folate, food ... mcg	0		0	BFZN	4		0	0	
Folate, DFE ... mcg_DFE	18		0	NC	4		19	5	
Choline, total ... mg	8.0		0	MC	9		8.6	2.4	
Betaine ... mg									
Vitamin B-12 ... mcg	0.19		0	MC	9		0.20	0.06	
Vitamin B-12, added ... mcg	0.19		0	NR	4		0.20	0.06	
Vitamin A, RAE ... mcg_RAE	58		0	NC	4		62	18	
Retinol ... mcg	58		0	MC	9		62	18	
Carotene, beta ... mcg	0		0	BFZN	4		0	0	
Carotene, alpha ... mcg	0		0	BFZN	4		0	0	
Cryptoxanthin, beta ... mcg	0		0	BFZN	4		0	0	
Vitamin A, IU ... IU	194		0	MC	9		208	59	
Lycopene ... mcg	0		0	BFZN	4		0	0	
Lutein + zeaxanthin ... mcg	0		0	BFZN	4		0	0	
Vitamin E (alpha-tocopherol) ... mg	0.87		0	NR	4		0.93	0.27	
Vitamin E, added ... mg	0.87		0	NR	4		0.93	0.27	
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	0.8		0	NR	4		0.9	0.3	
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg	0.8		0	NR	4		0.9	0.3	
Vitamin D ... IU	33		0	MC	9		35	10	
Vitamin K (phylloquinone) ... mcg	5.2		0	MC	9		5.6	1.6	
Lipids:									
Fatty acids, total saturated ... g	1.453		0	MC	9		1.555	0.443	
4:0 ... g	0.000		0	BFZN	4		0.000	0.000	

NDB No. 03845

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN LIPIL, with iron, ready to feed, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.009		0	MC	9		0.010	0.003	
8:0 g	0.057		0	MC	9		0.061	0.017	
10:0 g	0.038		0	MC	9		0.041	0.012	
12:0 g	0.311		0	MC	9		0.333	0.095	
13:0 g									
14:0 g	0.142		0	MC	9		0.152	0.043	
15:0 g									
16:0 g	0.745		0	MC	9		0.797	0.227	
17:0 g									
18:0 g	0.142		0	MC	9		0.152	0.043	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.255		0	NR	4		1.343	0.383	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.009		0	MC	9		0.010	0.003	
17:1 g									
18:1 undifferentiated g	1.255		0	NR	4		1.343	0.383	
20:1 g	0.000		0	BFZN	4		0.000	0.000	
22:1 undifferentiated g	0.000		0	BFZN	4		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.670		0	MC	9		0.717	0.204	
18:2 undifferentiated g	0.585		0	MC	9		0.626	0.178	
18:3 undifferentiated g	0.057		0	MC	9		0.061	0.017	
18:4 g	0.000		0	MC	9		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.019		0	MC	9		0.020	0.006	
20:5 n-3 (EPA) g	0.000		0	BFZN	4		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0	BFZN	4		0.000	0.000	
22:6 n-3 (DHA) g	0.009		0	NR	4		0.010	0.003	
Fatty acids, total trans g									
Cholesterol mg	0		0	BFZN	4		0	0	
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	BFZN	4		0.0	0.0	
Caffeine mg	0		0	BFZN	4		0	0	
Theobromine mg	0		0	BFZN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 107g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03844

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, LIPIL, with iron, liquid concentrate not reconstituted, with ARA and DHA ( )

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	75.70		0	MC	9		23.92		
Energy ... kcal	126		0	MC	9		40		
Energy ... kJ	527		0	MC	9		167		
Protein ... g	3.53		0	MC	9		1.12		
Total lipid (fat) ... g	6.73		0	MC	9		2.13		
Ash ... g	0.92		0	MC	9		0.29		
Carbohydrate, by difference ... g	13.12		0	NC	4		4.15		
Fiber, total dietary ... g	0.0		0	BFZN	4		0.0		
Sugars, total ... g	9.87		0	MC	9		3.12		
Starch ... g	3.21		0	MC	9		1.01		
Minerals:									
Calcium, Ca ... mg	123		0	BFZN	4		39		
Iron, Fe ... mg	2.28		0	MC	9		0.72		
Magnesium, Mg ... mg	14		0	MC	9		4		
Phosphorus, P ... mg	80		0	MC	9		25		
Potassium, K ... mg	138		0	MC	9		44		
Sodium, Na ... mg	60		0	MC	9		19		
Zinc, Zn ... mg	1.27		0	MC	9		0.40		
Copper, Cu ... mg	0.095		0	MC	9		0.030		
Manganese, Mn ... mg									
Selenium, Se ... mcg	3.5		0	MC	9		1.1		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	15.1		0	MC	9		4.8		
Thiamin ... mg	0.101		0	MC	9		0.032		
Riboflavin ... mg	0.114		0	MC	9		0.036		
Niacin ... mg	1.271		0	MC	9		0.402		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.077		0	MC	9		0.024		
Folate, total ... mcg	20		0	MC	9		6		
Folic acid ... mcg	20		0	MC	9		6		
Folate, food ... mcg	0		0	BFZN	4		0		
Folate, DFE ... mcg_DFE	34		0	NC	4		11		
Choline, total ... mg	15.4		0	MC	9		4.9		
Betaine ... mg									
Vitamin B-12 ... mcg	0.37		0	MC	9		0.12		
Vitamin B-12, added ... mcg	0.37		0	NR	4		0.12		
Vitamin A, RAE ... mcg_RAE	112		0	NC	4		35		
Retinol ... mcg	112		0	MC	9		35		
Carotene, beta ... mcg	0		0	BFZN	4		0		
Carotene, alpha ... mcg	0		0	BFZN	4		0		
Cryptoxanthin, beta ... mcg	0		0	BFZN	4		0		
Vitamin A, IU ... IU	374		0	MC	9		118		
Lycopene ... mcg	0		0	BFZN	4		0		
Lutein + zeaxanthin ... mcg	0		0	BFZN	4		0		
Vitamin E (alpha-tocopherol) ... mg	1.68		0	NR	4		0.53		
Vitamin E, added ... mg	1.68		0	NR	4		0.53		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.6		0	O	4		0.5		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	64		0	MC	9		20		
Vitamin K (phylloquinone) ... mcg	10.1		0	MC	9		3.2		
Lipids:									
Fatty acids, total saturated ... g	2.798		0	MC	9		0.884		

NDB No. 03844

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, LIPIL, with iron, liquid concentrate not reconstituted, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
4:0 ... g	0.000		0	BFZN	4		0.000		
6:0 ... g	0.017		0	MC	9		0.005		
8:0 ... g	0.110		0	MC	9		0.035		
10:0 ... g	0.073		0	MC	9		0.023		
12:0 ... g	0.599		0	MC	9		0.189		
13:0 ... g									
14:0 ... g	0.273		0	MC	9		0.086		
15:0 ... g									
16:0 ... g	1.434		0	MC	9		0.453		
17:0 ... g									
18:0 ... g	0.273		0	MC	9		0.086		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	2.486		0	MC	9		0.786		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.017		0	MC	9		0.005		
17:1 ... g									
18:1 undifferentiated ... g	2.416		0	MC	9		0.763		
20:1 ... g	0.000		0	BFZN	4		0.000		
22:1 undifferentiated ... g	0.000		0	BFZN	4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	1.327		0	MC	9		0.419		
18:2 undifferentiated ... g	1.126		0	MC	9		0.356		
18:3 undifferentiated ... g	0.109		0	MC	9		0.034		
18:4 ... g	0.000		0	BFZN	4		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.037		0	MC	9		0.012		
20:5 n-3 (EPA) ... g	0.000		0	BFZN	4		0.000		
22:5 n-3 (DPA) ... g	0.000		0	BFZN	4		0.000		
22:6 n-3 (DHA) ... g	0.017		0	MC	9		0.005		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	MC	9		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	BFZN	4		0.0		
Caffeine ... mg	0		0	BFZN	4		0		
Theobromine ... mg	0		0	BFZN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.6g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03816

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, liquid concentrate, not reconstituted

Mead Johnson

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	75.70		0	MC	9		23.85		
Energy ... kcal	127		0	NC	4		40		
Energy ... kJ	532		0	NC	4		168		
Protein ... g	3.53		0	MC	9		1.11		
Total lipid (fat) ... g	6.73		0	MC	9		2.12		
Ash ... g	0.92		0	MC	9		0.29		
Carbohydrate, by difference ... g	13.12		0	NC	4		4.13		
Fiber, total dietary ... g	0.0		0	MC	9		0.0		
Sugars, total ... g	13.08		0	MC	9		4.12		
Starch ... g	0.00		0	O	4		0.00		
Minerals:									
Calcium, Ca ... mg	120		0	MC	9		38		
Iron, Fe ... mg	2.28		0	MC	9		0.72		
Magnesium, Mg ... mg	14		0	MC	9		4		
Phosphorus, P ... mg	80		0	MC	9		25		
Potassium, K ... mg	138		0	MC	9		43		
Sodium, Na ... mg	60		0	MC	9		19		
Zinc, Zn ... mg	1.27		0	MC	9		0.40		
Copper, Cu ... mg	0.095		0	MC	9		0.030		
Manganese, Mn ... mg									
Selenium, Se ... mcg	3.5		0	MC	9		1.1		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	15.1		0	MC	9		4.8		
Thiamin ... mg	0.101		0	MC	9		0.032		
Riboflavin ... mg	0.114		0	MC	9		0.036		
Niacin ... mg	1.270		0	MC	9		0.400		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.077		0	MC	9		0.024		
Folate, total ... mcg	20		0	MC	9		6		
Folic acid ... mcg	20		0	MC	9		6		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	34		0	NC	4		11		
Choline, total ... mg	23.0		0	NR	4		7.2		
Betaine ... mg									
Vitamin B-12 ... mcg	0.37		0	MC	9		0.12		
Vitamin B-12, added ... mcg	0.37		0	NR	4		0.12		
Vitamin A, RAE ... mcg_RAE	112		0	MC	9		35		
Retinol ... mcg	112		0	MC	9		35		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	374		0	MC	9		118		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	1.68		0	NR	4		0.53		
Vitamin E, added ... mg	1.68		0	NR	4		0.53		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.6		0	MC	9		0.5		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	64		0	MC	9		20		
Vitamin K (phylloquinone) ... mcg	10.1		0	MC	9		3.2		
Lipids:									
Fatty acids, total saturated ... g	2.879		0	MC	9		0.907		
4:0 ... g	0.000		0	MC	9		0.000		

NDB No. 03816

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.007		0	MC	9		0.002		
8:0 g	0.112		0	MC	9		0.035		
10:0 g	0.075		0	MC	9		0.024		
12:0 g	0.617		0	MC	9		0.194		
13:0 g									
14:0 g	0.280		0	MC	9		0.088		
15:0 g									
16:0 g	1.477		0	MC	9		0.465		
17:0 g									
18:0 g	0.280		0	MC	9		0.088		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	2.493		0	MC	9		0.785		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.007		0	MC	9		0.002		
17:1 g									
18:1 undifferentiated g	2.486		0	MC	9		0.783		
20:1 g	0.000		0	MC	9		0.000		
22:1 undifferentiated g	0.000		0	MC	9		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	1.159		0	MC	9		0.365		
18:2 undifferentiated g	1.159		0	MC	9		0.365		
18:3 undifferentiated g	0.118		0	MC	9		0.037		
18:4 g	0.000		0	MC	9		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0	MC	9		0.000		
20:5 n-3 (EPA) g	0.000		0	MC	9		0.000		
22:5 n-3 (DPA) g	0.000		0	MC	9		0.000		
22:6 n-3 (DHA) g	0.000		0	MC	9		0.000		
Fatty acids, total trans g									
Cholesterol mg	0		0	MC	9		0		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	MC	9		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.5g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03814

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, powder, not reconstituted

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	2.50		0	NR	4		0.24		
Energy ... kcal	502		0	NC	4		48		
Energy ... kJ	2100		0	NC	4		202		
Protein ... g	14.20		0	MC	9		1.36		
Total lipid (fat) ... g	25.00		0	MC	9		2.40		
Ash ... g	2.90		0	MC	9		0.28		
Carbohydrate, by difference ... g	55.00		0	MC	9		5.28		
Fiber, total dietary ... g	0.0		0	Z	7		0.0		
Sugars, total ... g	55.00		0	NR	4		5.28		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	470		0	MC	9		45		
Iron, Fe ... mg	8.90		0	MA	12		0.85		
Magnesium, Mg ... mg	55		0	MC	9		5		
Phosphorus, P ... mg	310		0	MC	9		30		
Potassium, K ... mg	550		0	MC	9		53		
Sodium, Na ... mg	230		0	MA	12		22		
Zinc, Zn ... mg	5.00		0	MC	9		0.48		
Copper, Cu ... mg	0.370		0	MA	12		0.036		
Manganese, Mn ... mg	0.124		0	MC	9		0.012		
Selenium, Se ... mcg	13.9		0	MC	9		1.3		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	60.0		0	MC	9		5.8		
Thiamin ... mg	0.400		0	MA	12		0.038		
Riboflavin ... mg	0.450		0	MC	9		0.043		
Niacin ... mg	5.000		0	MC	9		0.480		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.300		0	MA	12		0.029		
Folate, total ... mcg	79		0	T	4		8		
Folic acid ... mcg	79		0	T	4		8		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	134		0	NC	4		13		
Choline, total ... mg	59.0		0	MC	9		5.7		
Betaine ... mg									
Vitamin B-12 ... mcg	1.49		0	MC	9		0.14		
Vitamin B-12, added ... mcg	1.49		0	NR	4		0.14		
Vitamin A, RAE ... mcg_RAE	450		0	MC	9		43		
Retinol ... mcg	450		0	MC	9		43		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	1490		0	MC	9		143		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	6.60		0	NR	4		0.63		
Vitamin E, added ... mg	6.60		0	NR	4		0.63		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	6.3		0	T	4		0.6		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	250		0	T	4		24		
Vitamin K (phylloquinone) ... mcg	40.0		0	MC	9		3.8		
Lipids:									
Fatty acids, total saturated ... g	10.990		0	NC	4		1.055		
4:0 ... g	0.000		0	MA	12		0.000		

NDB No. 03814

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.030		0	MA	12		0.003		
8:0 g	0.410		0	MC	9		0.039		
10:0 g	0.310		0	MC	9		0.030		
12:0 g	2.400		0	MC	9		0.230		
13:0 g									
14:0 g	1.070		0	MC	9		0.103		
15:0 g									
16:0 g	5.700		0	MC	9		0.547		
17:0 g									
18:0 g	1.070		0	MC	9		0.103		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	9.520		0	NC	4		0.914		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.020		0	MA	12		0.002		
17:1 g									
18:1 undifferentiated g	9.500		0	MA	12		0.912		
20:1 g	0.000		0	MA	12		0.000		
22:1 undifferentiated g	0.000		0	MA	12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	4.930		0	NC	4		0.473		
18:2 undifferentiated g	4.500		0	MC	9		0.432		
18:3 undifferentiated g	0.430		0	MC	9		0.041		
18:4 g	0.000		0	MA	12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA) g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA) g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA) g	0.000		0	MA	12		0.000		
Fatty acids, total trans g									
Cholesterol mg	0		0	MC	9		0		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 9.6g: 1 scoop

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03813
Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, ready-to-feed

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	87.38		0	NR	4		93.50	26.91	
Energy ... kcal	66		0	MC	9		71	20	
Energy ... kJ	276		0	MC	9		295	85	
Protein ... g	1.83		0	NR	4		1.96	0.56	
Total lipid (fat) ... g	3.50		0	NR	4		3.75	1.08	
Ash ... g	0.48		0	NR	4		0.51	0.15	
Carbohydrate, by difference ... g	6.81		0	NC	4		7.29	2.10	
Fiber, total dietary ... g	0.0		0	Z	7		0.0	0.0	
Sugars, total ... g	5.13		0	NR	4		5.49	1.58	
Starch ... g	1.67		0	NR	4		1.79	0.51	
Minerals:									
Calcium, Ca ... mg	62		0	MA	12		66	19	
Iron, Fe ... mg	1.18		0	MA	12		1.26	0.36	
Magnesium, Mg ... mg	7		0	NR	4		8	2	
Phosphorus, P ... mg	42		0	NR	4		45	13	
Potassium, K ... mg	72		0	MA	12		77	22	
Sodium, Na ... mg	31		0	MA	12		33	10	
Zinc, Zn ... mg	0.66		0	MA	12		0.71	0.20	
Copper, Cu ... mg	0.050		0	NR	4		0.054	0.015	
Manganese, Mn ... mg									
Selenium, Se ... mcg	1.8		0	NR	4		2.0	0.6	
Vitamins:									
Vitamin C, total ascorbic acid ... mg	7.9		0	MA	12		8.5	2.4	
Thiamin ... mg	0.052		0	NR	4		0.056	0.016	
Riboflavin ... mg	0.059		0	MA	12		0.063	0.018	
Niacin ... mg	0.660		0	NR	4		0.706	0.203	
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.040		0	NR	4		0.043	0.012	
Folate, total ... mcg	11		0	NR	4		11	3	
Folic acid ... mcg	11		0	NR	4		11	3	
Folate, food ... mcg	0		0	Z	7		0	0	
Folate, DFE ... mcg_DFE	18		0	NC	4		19	5	
Choline, total ... mg	8.2		0	NR	4		8.8	2.5	
Betaine ... mg									
Vitamin B-12 ... mcg	0.19		0	NR	4		0.20	0.06	
Vitamin B-12, added ... mcg	0.19		0	NR	4		0.20	0.06	
Vitamin A, RAE ... mcg_RAE	58		0	NR	4		62	18	
Retinol ... mcg	59		0	NC	4		63	18	
Carotene, beta ... mcg	0		0	Z	7		0	0	
Carotene, alpha ... mcg	0		0	Z	7		0	0	
Cryptoxanthin, beta ... mcg	0		0	Z	7		0	0	
Vitamin A, IU ... IU	194		0	NR	4		208	60	
Lycopene ... mcg	0		0	Z	7		0	0	
Lutein + zeaxanthin ... mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol) ... mg	0.87		0	NR	4		0.93	0.27	
Vitamin E, added ... mg	0.87		0	NR	4		0.93	0.27	
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	0.8		0	NR	4		0.9	0.3	
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	33		0	NR	4		35	10	
Vitamin K (phylloquinone) ... mcg	5.2		0	NR	4		5.6	1.6	
Lipids:									
Fatty acids, total saturated ... g	1.364		0	NR	4		1.459	0.420	
4:0 ... g	0.000		0	MA	12		0.000	0.000	

NDB No. 03813

Infant formula, MEAD JOHNSON, ENFAMIL, NUTRAMIGEN, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ....g	0.009		0	MC	9		0.010	0.003	
8:0 ....g	0.047		0	MC	9		0.050	0.014	
10:0 ....g	0.037		0	MC	9		0.040	0.011	
12:0 ....g	0.299		0	MC	9		0.320	0.092	
13:0 ....g									
14:0 ....g	0.131		0	MC	9		0.140	0.040	
15:0 ....g									
16:0 ....g	0.701		0	MC	9		0.750	0.216	
17:0 ....g									
18:0 ....g	0.131		0	MC	9		0.140	0.040	
20:0 ....g									
22:0 ....g									
24:0 ....g									
Fatty acids, total monounsaturated ....g	1.206		0	MC	9		1.290	0.371	
14:1 ....g									
15:1 ....g									
16:1 undifferentiated ....g	0.003		0	MC	9		0.003	0.001	
17:1 ....g									
18:1 undifferentiated ....g	1.206		0	MC	9		1.290	0.371	
20:1 ....g	0.000		0	MA	12		0.000	0.000	
22:1 undifferentiated ....g	0.000		0	MA	12		0.000	0.000	
24:1 c ....g									
Fatty acids, total polyunsaturated ....g	0.617		0	MC	9		0.660	0.190	
18:2 undifferentiated ....g	0.561		0	MC	9		0.600	0.173	
18:3 undifferentiated ....g	0.056		0	MC	9		0.060	0.017	
18:4 ....g	0.000		0	MA	12		0.000	0.000	
20:2 n-6 c,c ....g									
20:3 undifferentiated ....g									
20:4 undifferentiated ....g	0.000		0	MA	12		0.000	0.000	
20:5 n-3 (EPA) ....g	0.000		0	MA	12		0.000	0.000	
22:5 n-3 (DPA) ....g	0.000		0	MA	12		0.000	0.000	
22:6 n-3 (DHA) ....g	0.000		0	MA	12		0.000	0.000	
Fatty acids, total trans ....g									
Cholesterol ....mg	0		0	MA	12		0	0	
Phytosterols ....mg									
Others:									
Alcohol, ethyl ....g	0.0		0	Z	7		0.0	0.0	
Caffeine ....mg	0		0	Z	7		0	0	
Theobromine ....mg	0		0	Z	7		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 107g: 1 Serving 100 ml

Measure 2 = 30.8g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03852

Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE LIPIL, with iron, powder, not reconstituted, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	3.50		0	MC	9		0.31		
Energy	kcal	510		0	NC	4		45		
Energy	kJ	2135		0	NC	4		188		
Protein	g	12.50		0	MC	9		1.10		
Total lipid (fat)	g	27.00		0	MC	9		2.38		
Ash	g	3.90		0	MC	9		0.34		
Carbohydrate, by difference	g	53.00		0	MC	9		4.66		
Fiber, total dietary	g	0.0		0	BFZN	4		0.0		
Sugars, total	g	53.00		0	MC	9		4.66		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	53.00		0	MC	9		4.66		
Maltose	g									
Galactose	g									
Starch	g	0.00		0	BFZN	4		0.00		
Minerals:										
Calcium, Ca	mg	530		0	MC	9		47		
Iron, Fe	mg	9.50		0	MC	9		0.84		
Magnesium, Mg	mg	55		0	MC	9		5		
Phosphorus, P	mg	420		0	MC	9		37		
Potassium, K	mg	600		0	MC	9		53		
Sodium, Na	mg	171		0	MC	9		15		
Zinc, Zn	mg	6.00		0	BFZN	4		0.53		
Copper, Cu	mg	0.380		0	MC	9		0.033		
Manganese, Mn	mg	0.125		0	MC	9		0.011		
Selenium, Se	mcg	13.3		0	MC	9		1.2		
Vitamins:										
Vitamin C, total ascorbic acid	mg	60.0		0	MC	9		5.3		
Thiamin	mg	0.400		0	NR	4		0.035		
Riboflavin	mg	0.450		0	NR	4		0.040		
Niacin	mg	5.000		0	NR	4		0.440		
Pantothenic acid	mg									
Vitamin B-6	mg	0.300		0	NR	4		0.026		
Folate, total	mcg	80		0	NR	4		7		
Folic acid	mcg	80		0	NR	4		7		
Folate, food	mcg	0		0	BFZN	4		0		
Folate, DFE	mcg_DFE	136		0	NC	4		12		
Choline, total	mg	60.0		0	MC	9		5.3		
Betaine	mg									
Vitamin B-12	mcg	1.42		0	MC	9		0.12		
Vitamin B-12, added	mcg	1.42		0	NR	4		0.12		
Vitamin A, RAE	mcg_RAE	430		0	MC	9		38		
Retinol	mcg	430		0	MC	9		38		
Carotene, beta	mcg	0		0	BFZN	4		0		
Carotene, alpha	mcg	0		0	BFZN	4		0		
Cryptoxanthin, beta	mcg	0		0	BFZN	4		0		
Vitamin A, IU	IU	1420		0	MC	9		125		
Lycopene	mcg	0		0	BFZN	4		0		
Lutein + zeaxanthin	mcg	0		0	BFZN	4		0		
Vitamin E (alpha-tocopherol)	mg	6.40		0	MC	9		0.56		
Vitamin E, added	mg	6.40		0	MC	9		0.56		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.5		0	BFZN	4		0.7		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									

NDB No. 03852

Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE LIPIL, with iron, powder, not reconstituted, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	300		0	BFZN	4		26		
Vitamin K (phylloquinone)....mcg	40.0		0	MC	9		3.5		
Lipids:									
Fatty acids, total saturated....g	11.370		0	NR	4		1.001		
4:0....g	0.000		0	MC	9		0.000		
6:0....g	0.030		0	NR	4		0.003		
8:0....g	0.430		0	NR	4		0.038		
10:0....g	0.320		0	NR	4		0.028		
12:0....g	2.500		0	MC	9		0.220		
13:0....g									
14:0....g	1.110		0	MC	9		0.098		
15:0....g									
16:0....g	5.900		0	MC	9		0.519		
17:0....g									
18:0....g	1.080		0	MC	9		0.095		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	10.320		0	MC	9		0.908		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.020		0	MC	9		0.002		
17:1....g									
18:1 undifferentiated....g	10.300		0	MC	9		0.906		
20:1....g	0.000		0	BFZN	4		0.000		
22:1 undifferentiated....g	0.000		0	BFZN	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	5.200		0	MC	9		0.458		
18:2 undifferentiated....g	4.700		0	MC	9		0.414		
18:3 undifferentiated....g	0.340		0	MC	9		0.030		
18:4....g	0.000		0	BFZN	4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.170		0	MC	9		0.015		
20:5 n-3 (EPA)....g	0.000		0	BFZN	4		0.000		
22:5 n-3 (DPA)....g	0.000		0	BFZN	4		0.000		
22:6 n-3 (DHA)....g	0.085		0	MC	9		0.007		
Fatty acids, total trans....g									
Cholesterol....mg	0		0	BFZN	4		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	BFZN	4		0.0		
Caffeine....mg	0		0	BFZN	4		0		
Theobromine....mg	0		0	BFZN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.8g: 1 scoop

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03854

Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE, LIPIL, liquid concentrate, not reconstituted, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	75.47		0	MC	9		23.62		
Energy	kcal	131		0	NC	4		41		
Energy	kJ	549		0	NC	4		172		
Protein	g	3.19		0	MC	9		1.00		
Total lipid (fat)	g	7.11		0	MC	9		2.23		
Ash	g	0.77		0	MC	9		0.24		
Carbohydrate, by difference	g	13.58		0	MC	9		4.25		
Fiber, total dietary	g	0.0		0	BFZN	4		0.0		
Sugars, total	g	13.58		0	MC	9		4.25		
Starch	g									
Minerals:										
Calcium, Ca	mg	134		0	MC	9		42		
Iron, Fe	mg	2.30		0	MC	9		0.72		
Magnesium, Mg	mg	14		0	BFZN	4		4		
Phosphorus, P	mg	106		0	MC	9		33		
Potassium, K	mg	153		0	MC	9		48		
Sodium, Na	mg	45		0	MC	9		14		
Zinc, Zn	mg	1.53		0	MC	9		0.48		
Copper, Cu	mg	0.096		0	MC	9		0.030		
Manganese, Mn	mg									
Selenium, Se	mcg	3.6		0	BFZN	4		1.1		
Vitamins:										
Vitamin C, total ascorbic acid	mg	15.3		0	MC	9		4.8		
Thiamin	mg	0.102		0	MC	9		0.032		
Riboflavin	mg	0.115		0	MC	9		0.036		
Niacin	mg	1.283		0	MC	9		0.402		
Pantothenic acid	mg									
Vitamin B-6	mg	0.077		0	MC	9		0.024		
Folate, total	mcg	20		0	MC	9		6		
Folic acid	mcg	20		0	MC	9		6		
Folate, food	mcg	0		0	BFZN	4		0		
Folate, DFE	mcg_DFE	34		0	NC	4		11		
Choline, total	mg	16.8		0	MC	9		5.3		
Betaine	mg									
Vitamin B-12	mcg	0.38		0	MC	9		0.12		
Vitamin B-12, added	mcg	0.38		0	NR	4		0.12		
Vitamin A, RAE	mcg_RAE	113		0	NC	4		35		
Retinol	mcg	113		0	MC	9		35		
Carotene, beta	mcg	0		0	BFZN	4		0		
Carotene, alpha	mcg	0		0	BFZN	4		0		
Cryptoxanthin, beta	mcg	0		0	BFZN	4		0		
Vitamin A, IU	IU	377		0	MC	9		118		
Lycopene	mcg	0		0	BFZN	4		0		
Lutein + zeaxanthin	mcg	0		0	BFZN	4		0		
Vitamin E (alpha-tocopherol)	mg	1.16		0	MC	9		0.36		
Vitamin E, added	mg	1.16		0	NR	4		0.36		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.9		0	NR	4		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg	1.9		0	NR	4		0.6		
Vitamin D	IU	77		0	MC	9		24		
Vitamin K (phylloquinone)	mcg	10.2		0	BFZN	4		3.2		
Lipids:										
Fatty acids, total saturated	g	2.969		0	NC	4		0.929		
4:0	g	0.000		0	BFZN	4		0.000		

NDB No. 03854

Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE, LIPIL, liquid concentrate, not reconstituted, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.019		0	MC	9		0.006		
8:0 ... g	0.117		0	MC	9		0.037		
10:0 ... g	0.078		0	MC	9		0.024		
12:0 ... g	0.640		0	MC	9		0.200		
13:0 ... g									
14:0 ... g	0.292		0	MC	9		0.091		
15:0 ... g									
16:0 ... g	1.532		0	MC	9		0.480		
17:0 ... g									
18:0 ... g	0.292		0	MC	9		0.091		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	2.598		0	NC	4		0.813		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.019		0	MC	9		0.006		
17:1 ... g									
18:1 undifferentiated ... g	2.580		0	MC	9		0.807		
20:1 ... g	0.000		0	BFZN	4		0.000		
22:1 undifferentiated ... g	0.000		0	BFZN	4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	1.378		0	NC	4		0.431		
18:2 undifferentiated ... g	1.203		0	MC	9		0.377		
18:3 undifferentiated ... g	0.117		0	MC	9		0.037		
18:4 ... g	0.000		0	BFZN	4		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.039		0	MC	9		0.012		
20:5 n-3 (EPA) ... g	0.000		0	BFZN	4		0.000		
22:5 n-3 (DPA) ... g	0.000		0	BFZN	4		0.000		
22:6 n-3 (DHA) ... g	0.019		0	MC	9		0.006		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	BFZN	4		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	BFZN	4		0.0		
Caffeine ... mg	0		0	BFZN	4		0		
Theobromine ... mg	0		0	BFZN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.3g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03826

Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE, with iron, powder, not reconstituted

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	3.00		0	NR	4		0.26		
Energy	kcal	510		0	NC	4		45		
Energy	kJ	2135		0	NC	4		188		
Protein	g	12.50		0	NR	4		1.10		
Total lipid (fat)	g	27.00		0	MA	12		2.38		
Ash	g	3.20		0	MA	12		0.28		
Carbohydrate, by difference	g	54.30		0	NC	4		4.78		
Fiber, total dietary	g	0.0		0	MC	9		0.0		
Sugars, total	g	53.00		0	NR	4		4.66		
Starch	g	0.00		0	Z	7		0.00		
Minerals:										
Calcium, Ca	mg	530		0	T	4		47		
Iron, Fe	mg	9.00		0	T	4		0.79		
Magnesium, Mg	mg	55		0	T	4		5		
Phosphorus, P	mg	420		0	T	4		37		
Potassium, K	mg	600		0	T	4		53		
Sodium, Na	mg	180		0	T	4		16		
Zinc, Zn	mg	6.00		0	T	4		0.53		
Copper, Cu	mg	0.380		0	T	4		0.033		
Manganese, Mn	mg									
Selenium, Se	mcg	14.0		0	T	4		1.2		
Vitamins:										
Vitamin C, total ascorbic acid	mg	60.0		0	T	4		5.3		
Thiamin	mg	0.400		0	T	4		0.035		
Riboflavin	mg	0.450		0	T	4		0.040		
Niacin	mg	5.000		0	T	4		0.440		
Pantothenic acid	mg									
Vitamin B-6	mg	0.300		0	T	4		0.026		
Folate, total	mcg	80		0	T	4		7		
Folic acid	mcg	80		0	T	4		7		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	136		0	NC	4		12		
Choline, total	mg	61.0		0	MC	9		5.4		
Betaine	mg									
Vitamin B-12	mcg	1.50		0	T	4		0.13		
Vitamin B-12, added	mcg	1.50		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	450		0	NR	4		40		
Retinol	mcg	450		0	NR	4		40		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1500		0	NR	4		132		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	6.70		0	NR	4		0.59		
Vitamin E, added	mg	6.70		0	NR	4		0.59		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.5		0	T	4		0.7		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	300		0	T	4		26		
Vitamin K (phylloquinone)	mcg	40.0		0	T	4		3.5		
Lipids:										
Fatty acids, total saturated	g	11.370		0	NR	4		1.001		
4:0	g	0.000		0	MC	9		0.000		

NDB No. 03826

Infant formula, MEAD JOHNSON, ENFAMIL, PROSOBEE, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.030		0	MC	9		0.003		
8:0 ... g	0.430		0	MC	9		0.038		
10:0 ... g	0.320		0	MC	9		0.028		
12:0 ... g	2.500		0	MA	12		0.220		
13:0 ... g									
14:0 ... g	1.110		0	MA	12		0.098		
15:0 ... g									
16:0 ... g	5.900		0	MA	12		0.519		
17:0 ... g									
18:0 ... g	1.080		0	MC	9		0.095		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	10.320		0	MC	9		0.908		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.020		0	MC	9		0.002		
17:1 ... g									
18:1 undifferentiated ... g	10.300		0	MA	12		0.906		
20:1 ... g	0.000		0	MA	12		0.000		
22:1 undifferentiated ... g	0.000		0	MA	12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	5.200		0	MC	9		0.458		
18:2 undifferentiated ... g	4.700		0	MC	9		0.414		
18:3 undifferentiated ... g	0.450		0	MC	9		0.040		
18:4 ... g	0.000		0	MC	9		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	MC	9		0.000		
20:5 n-3 (EPA) ... g	0.000		0	MC	9		0.000		
22:5 n-3 (DPA) ... g	0.000		0	MC	9		0.000		
22:6 n-3 (DHA) ... g	0.000		0	MC	9		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	MC	9		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	NR	4		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.8g: 1 scoop

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03807

Infant formula, MEAD JOHNSON, ENFAMIL, low iron, liquid concentrate, not reconstituted

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	75.34		0	MC	9		23.66		
Energy	kcal	132		0	NC	4		42		
Energy	kJ	554		0	NC	4		174		
Protein	g	2.76		0	MC	9		0.87		
Total lipid (fat)	g	7.25		0	MC	9		2.28		
Ash	g	0.60		0	MC	9		0.19		
Carbohydrate, by difference	g	14.05		0	NC	4		4.41		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	14.00		0	T	4		4.40		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	14.00		0	T	4		4.40		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	102		0	MC	9		32		
Iron, Fe	mg	0.92		0	MC	9		0.29		
Magnesium, Mg	mg	11		0	MC	9		3		
Phosphorus, P	mg	70		0	MC	9		22		
Potassium, K	mg	142		0	MC	9		45		
Sodium, Na	mg	35		0	MC	9		11		
Zinc, Zn	mg	1.31		0	MC	9		0.41		
Copper, Cu	mg	0.098		0	MC	9		0.031		
Manganese, Mn	mg									
Selenium, Se	mcg	3.6		0	BFZN	4		1.1		
Vitamins:										
Vitamin C, total ascorbic acid	mg	15.8		0	MC	9		5.0		
Thiamin	mg	0.105		0	MC	9		0.033		
Riboflavin	mg	0.184		0	MC	9		0.058		
Niacin	mg	1.313		0	MC	9		0.412		
Pantothenic acid	mg									
Vitamin B-6	mg	0.079		0	MC	9		0.025		
Folate, total	mcg	21		0	MC	9		7		
Folic acid	mcg	21		0	T	4		7		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	36		0	NC	4		11		
Choline, total	mg	17.0		0	MC	9		5.3		
Betaine	mg									
Vitamin B-12	mcg	0.39		0	MC	9		0.12		
Vitamin B-12, added	mcg	0.39		0	NR	4		0.12		
Vitamin A, RAE	mcg_RAE	118		0	NC	4		37		
Retinol	mcg	118		0	NC	4		37		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	394		0	NC	4		124		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	1.22		0	MA	12		0.38		
Vitamin E, added	mg	1.22		0	NR	4		0.38		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	2.0		0	T	4		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									

NDB No. 03807

Infant formula, MEAD JOHNSON, ENFAMIL, low iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	78		0	T	4		24		
Vitamin K (phylloquinone)....mcg	10.3		0	T	4		3.2		
Lipids:									
Fatty acids, total saturated....g	3.084		0	MC	9		0.968		
4:0....g	0.000		0	MC	9		0.000		
6:0....g	0.006		0	MC	9		0.002		
8:0....g	0.121		0	MC	9		0.038		
10:0....g	0.081		0	MC	9		0.025		
12:0....g	0.667		0	MC	9		0.209		
13:0....g									
14:0....g	0.304		0	MC	9		0.095		
15:0....g									
16:0....g	1.600		0	MC	9		0.502		
17:0....g									
18:0....g	0.305		0	MC	9		0.096		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	2.693		0	MC	9		0.846		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	MC	9		0.000		
17:1....g									
18:1 undifferentiated....g	2.693		0	NR	4		0.846		
20:1....g	0.000		0	MC	9		0.000		
22:1 undifferentiated....g	0.000		0	MC	9		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	1.437		0	MC	9		0.451		
18:2 undifferentiated....g	1.256		0	MC	9		0.394		
18:3 undifferentiated....g	0.121		0	MC	9		0.038		
18:4....g	0.000		0	MC	9		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	MC	9		0.000		
20:5 n-3 (EPA)....g	0.000		0	MC	9		0.000		
22:5 n-3 (DPA)....g	0.000		0	MC	9		0.000		
22:6 n-3 (DHA)....g	0.000		0	MC	9		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	1		0	MC	9		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0		
Caffeine....mg	0		0	Z	7		0		
Theobromine....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03809

Infant formula, MEAD JOHNSON, ENFAMIL, low iron, powder, not reconstituted

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	3.30		0	MC	9		0.27		
Energy	kcal	511		0	NC	4		42		
Energy	kJ	2138		0	NC	4		177		
Protein	g	10.80		0	MC	9		0.90		
Total lipid (fat)	g	27.00		0	MC	9		2.24		
Ash	g	2.70		0	MC	9		0.22		
Carbohydrate, by difference	g	56.20		0	NC	4		4.66		
Fiber, total dietary	g	0.0		0	MC	9		0.0		
Sugars, total	g	56.00		0	T	4		4.65		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	56.00		0	T	4		4.65		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	400		0	MA	12		33		
Iron, Fe	mg	3.60		0	MA	12		0.30		
Magnesium, Mg	mg	41		0	MA	12		3		
Phosphorus, P	mg	270		0	MA	12		22		
Potassium, K	mg	560		0	MA	12		46		
Sodium, Na	mg	139		0	MC	9		12		
Zinc, Zn	mg	5.20		0	MA	12		0.43		
Copper, Cu	mg	0.390		0	MA	12		0.032		
Manganese, Mn	mg									
Selenium, Se	mcg	14.5		0	MC	9		1.2		
Vitamins:										
Vitamin C, total ascorbic acid	mg	62.0		0	MA	12		5.1		
Thiamin	mg	0.410		0	MA	12		0.034		
Riboflavin	mg	0.720		0	MA	12		0.060		
Niacin	mg	5.200		0	MA	12		0.432		
Pantothenic acid	mg									
Vitamin B-6	mg	0.310		0	MA	12		0.026		
Folate, total	mcg	83		0	MA	12		7		
Folic acid	mcg	83		0	T	4		7		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	141		0	NC	4		12		
Choline, total	mg	62.0		0	MC	9		5.1		
Betaine	mg									
Vitamin B-12	mcg	1.55		0	MA	12		0.13		
Vitamin B-12, added	mcg	1.55		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	470		0	MC	9		39		
Retinol	mcg	470		0	MC	9		39		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1550		0	MC	9		129		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	6.90		0	NR	4		0.57		
Vitamin E, added	mg	6.90		0	NR	4		0.57		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.8		0	T	4		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									

NDB No. 03809

Infant formula, MEAD JOHNSON, ENFAMIL, low iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	310		0	T	4		26		
Vitamin K (phylloquinone)....mcg	41.0		0	T	4		3.4		
Lipids:									
Fatty acids, total saturated....g	11.500		0	MC	9		0.955		
4:0....g	0.000		0	MA	12		0.000		
6:0....g	0.030		0	MA	12		0.002		
8:0....g	0.420		0	MC	9		0.035		
10:0....g	0.320		0	MC	9		0.027		
12:0....g	2.500		0	MC	9		0.208		
13:0....g									
14:0....g	1.110		0	MC	9		0.092		
15:0....g									
16:0....g	6.200		0	MA	12		0.515		
17:0....g									
18:0....g	1.200		0	MA	12		0.100		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	10.000		0	MC	9		0.830		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.030		0	MA	12		0.002		
17:1....g									
18:1 undifferentiated....g	10.000		0	MC	9		0.830		
20:1....g	0.000		0	MA	12		0.000		
22:1 undifferentiated....g	0.000		0	MA	12		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	5.300		0	MA	12		0.440		
18:2 undifferentiated....g	4.600		0	MC	9		0.382		
18:3 undifferentiated....g	0.450		0	MC	9		0.037		
18:4....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA)....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA)....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA)....g	0.000		0	MA	12		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	17		0	MC	9		1		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0		
Caffeine....mg	0		0	Z	7		0		
Theobromine....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.3g: 1 scoop

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03806
Infant formula, MEAD JOHNSON, ENFAMIL, low iron, ready-to-feed

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.35		0	MC	9		26.95		
Energy	kcal	63		0	NC	4		19		
Energy	kJ	263		0	NC	4		80		
Protein	g	1.38		0	MA	12		0.42		
Total lipid (fat)	g	3.50		0	MC	9		1.07		
Ash	g	0.32		0	MC	9		0.10		
Carbohydrate, by difference	g	7.18		0	NR	4		2.19		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	7.18		0	MC	9		2.19		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	7.18		0	MC	9		2.19		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	51		0	MA	12		16		
Iron, Fe	mg	0.46		0	MA	12		0.14		
Magnesium, Mg	mg	5		0	MC	9		2		
Phosphorus, P	mg	35		0	MA	12		11		
Potassium, K	mg	71		0	MA	12		22		
Sodium, Na	mg	18		0	MC	9		5		
Zinc, Zn	mg	0.66		0	MA	12		0.20		
Copper, Cu	mg	0.050		0	MC	9		0.015		
Manganese, Mn	mg	0.010		0	MC	9		0.003		
Selenium, Se	mcg	1.8		0	MC	9		0.6		
Vitamins:										
Vitamin C, total ascorbic acid	mg	7.9		0	MA	12		2.4		
Thiamin	mg	0.052		0	MC	9		0.016		
Riboflavin	mg	0.092		0	MA	12		0.028		
Niacin	mg	0.660		0	MC	9		0.201		
Pantothenic acid	mg	0.294		0	MA	12		0.090		
Vitamin B-6	mg	0.040		0	MC	9		0.012		
Folate, total	mcg	11		0	MC	9		3		
Folic acid	mcg	11		0	MC	9		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	18		0	NC	4		5		
Choline, total	mg	8.0		0	MC	9		2.4		
Betaine	mg									
Vitamin B-12	mcg	0.19		0	MC	9		0.06		
Vitamin B-12, added	mcg	0.19		0	NR	4		0.06		
Vitamin A, RAE	mcg_RAE	58		0	MC	9		18		
Retinol	mcg	58		0	MC	9		18		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	194		0	MC	9		59		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	0.87		0	NR	4		0.27		
Vitamin E, added	mg	0.87		0	NR	4		0.27		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.0		0	MC	9		0.3		
Vitamin D2 (ergocalciferol)	mcg									

NDB No. 03806

Infant formula, MEAD JOHNSON, ENFAMIL, low iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D3 (cholecalciferol).....mcg									
Vitamin D.....IU	40		0	MC	9		12		
Vitamin K (phylloquinone).....mcg	5.2		0	MC	9		1.6		
Lipids:									
Fatty acids, total saturated.....g	1.479		0	MC	9		0.451		
4:0.....g	0.000		0	MC	9		0.000		
6:0.....g	0.003		0	MC	9		0.001		
8:0.....g	0.058		0	MC	9		0.018		
10:0.....g	0.039		0	MA	12		0.012		
12:0.....g	0.320		0	MC	9		0.098		
13:0.....g									
14:0.....g	0.146		0	MC	9		0.045		
15:0.....g									
16:0.....g	0.767		0	MC	9		0.234		
17:0.....g									
18:0.....g	0.146		0	MC	9		0.045		
20:0.....g									
22:0.....g									
24:0.....g									
Fatty acids, total monounsaturated.....g	1.291		0	MC	9		0.394		
14:1.....g									
15:1.....g									
16:1 undifferentiated.....g	0.000		0	MA	12		0.000		
17:1.....g									
18:1 undifferentiated.....g	1.291		0	MC	9		0.394		
20:1.....g	0.000		0	MA	12		0.000		
22:1 undifferentiated.....g	0.000		0	MA	12		0.000		
24:1 c.....g									
Fatty acids, total polyunsaturated.....g	0.689		0	MC	9		0.210		
18:2 undifferentiated.....g	0.602		0	MC	9		0.184		
18:3 undifferentiated.....g	0.058		0	MC	9		0.018		
18:4.....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c.....g									
20:3 undifferentiated.....g									
20:4 undifferentiated.....g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA).....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA).....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA).....g	0.000		0	MA	12		0.000		
Fatty acids, total trans.....g									
Cholesterol.....mg	1		0	MA	12		0		
Phytosterols.....mg									
Others:									
Alcohol, ethyl.....g	0.0		0	Z	7		0.0		
Caffeine.....mg	0		0	Z	7		0		
Theobromine.....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03804

Infant formula, MEAD JOHNSON, ENFAMIL, with iron, liquid concentrate, not reconstituted

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	75.47		0	MC	9		23.70		
Energy....kcal	128		0	MC	9		40		
Energy....kJ	536		0	MC	9		168		
Protein....g	2.68		0	MC	9		0.84		
Total lipid (fat)....g	7.31		0	MC	9		2.30		
Ash....g	0.62		0	MC	9		0.19		
Carbohydrate, by difference....g	13.96		0	NR	4		4.38		
Fiber, total dietary....g	0.0		0	Z	7		0.0		
Sugars, total....g	13.96		0	MC	9		4.38		
Sucrose....g									
Glucose (dextrose)....g									
Fructose....g									
Lactose....g	13.96		0	MC	9		4.38		
Maltose....g									
Galactose....g									
Starch....g									
Minerals:									
Calcium, Ca....mg	100		0	MC	9		31		
Iron, Fe....mg	2.30		0	MC	9		0.72		
Magnesium, Mg....mg	10		0	MC	9		3		
Phosphorus, P....mg	68		0	MC	9		21		
Potassium, K....mg	138		0	MC	9		43		
Sodium, Na....mg	35		0	MC	9		11		
Zinc, Zn....mg	1.28		0	MC	9		0.40		
Copper, Cu....mg	0.096		0	MC	9		0.030		
Manganese, Mn....mg	0.019		0	NR	4		0.006		
Selenium, Se....mcg	3.6		0	BFZN	4		1.1		
Vitamins:									
Vitamin C, total ascorbic acid....mg	15.3		0	MC	9		4.8		
Thiamin....mg	0.102		0	MC	9		0.032		
Riboflavin....mg	0.179		0	MC	9		0.056		
Niacin....mg	1.283		0	MC	9		0.403		
Pantothenic acid....mg									
Vitamin B-6....mg	0.077		0	MC	9		0.024		
Folate, total....mcg	20		0	MC	9		6		
Folic acid....mcg	20		0	MC	9		6		
Folate, food....mcg	0		0	Z	7		0		
Folate, DFE....mcg_DFE	34		0	NC	4		11		
Choline, total....mg	23.5		0	MC	9		7.4		
Betaine....mg									
Vitamin B-12....mcg	0.38		0	MC	9		0.12		
Vitamin B-12, added....mcg	0.38		0	NR	4		0.12		
Vitamin A, RAE....mcg_RAE	113		0	NC	4		35		
Retinol....mcg	113		0	MC	9		35		
Carotene, beta....mcg	0		0	Z	7		0		
Carotene, alpha....mcg	0		0	Z	7		0		
Cryptoxanthin, beta....mcg	0		0	Z	7		0		
Vitamin A, IU....IU	377		0	MC	9		118		
Lycopene....mcg	0		0	Z	7		0		
Lutein + zeaxanthin....mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)....mg	1.70		0	NR	4		0.53		
Vitamin E, added....mg	1.70		0	NR	4		0.53		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	1.9		0	MC	9		0.6		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									

NDB No. 03804

Infant formula, MEAD JOHNSON, ENFAMIL, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	77		0	MC	9		24		
Vitamin K (phylloquinone)....mcg	10.2		0	MC	9		3.2		
Lipids:									
Fatty acids, total saturated....g	3.093		0	MC	9		0.971		
4:0....g	0.000		0	MC	9		0.000		
6:0....g	0.006		0	MC	9		0.002		
8:0....g	0.122		0	NR	4		0.038		
10:0....g	0.082		0	MC	9		0.026		
12:0....g	0.674		0	MC	9		0.212		
13:0....g									
14:0....g	0.307		0	MC	9		0.097		
15:0....g									
16:0....g	1.614		0	NR	4		0.507		
17:0....g									
18:0....g	0.286		0	NR	4		0.090		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	2.800		0	NR	4		0.879		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	MC	9		0.000		
17:1....g									
18:1 undifferentiated....g	2.800		0	NR	4		0.879		
20:1....g	0.000		0	MC	9		0.000		
22:1 undifferentiated....g	0.000		0	MC	9		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	1.410		0	MC	9		0.443		
18:2 undifferentiated....g	1.288		0	MC	9		0.404		
18:3 undifferentiated....g	0.122		0	MC	9		0.038		
18:4....g	0.000		0	MC	9		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	MC	9		0.000		
20:5 n-3 (EPA)....g	0.000		0	MC	9		0.000		
22:5 n-3 (DPA)....g	0.000		0	MC	9		0.000		
22:6 n-3 (DHA)....g	0.000		0	MC	9		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	1		0	MC	9		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0		
Caffeine....mg	0		0	Z	7		0		
Theobromine....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03805
Infant formula, MEAD JOHNSON, ENFAMIL, with iron, powder

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	3.30		0	MC	9		0.27		
Energy	kcal	520		0	MC	9		43		
Energy	kJ	2176		0	MC	9		181		
Protein	g	10.80		0	MC	9		0.90		
Total lipid (fat)	g	27.00		0	MC	9		2.24		
Ash	g	2.70		0	MC	9		0.22		
Carbohydrate, by difference	g	56.20		0	NC	4		4.66		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	56.00		0	T	4		4.65		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	56.00		0	T	4		4.65		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	400		0	MA	12		33		
Iron, Fe	mg	9.30		0	MA	12		0.77		
Magnesium, Mg	mg	41		0	MA	12		3		
Phosphorus, P	mg	270		0	MA	12		22		
Potassium, K	mg	560		0	MA	12		46		
Sodium, Na	mg	139		0	MC	9		12		
Zinc, Zn	mg	5.20		0	MA	12		0.43		
Copper, Cu	mg	0.390		0	MA	12		0.032		
Manganese, Mn	mg									
Selenium, Se	mcg	14.5		0	MC	9		1.2		
Vitamins:										
Vitamin C, total ascorbic acid	mg	62.0		0	MA	12		5.1		
Thiamin	mg	0.410		0	MA	12		0.034		
Riboflavin	mg	0.720		0	MA	12		0.060		
Niacin	mg	5.200		0	MA	12		0.432		
Pantothenic acid	mg									
Vitamin B-6	mg	0.310		0	MA	12		0.026		
Folate, total	mcg	83		0	MA	12		7		
Folic acid	mcg	83		0	S	4		7		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	141		0	NC	4		12		
Choline, total	mg	124.0		0	MC	9		10.3		
Betaine	mg									
Vitamin B-12	mcg	1.55		0	MA	12		0.13		
Vitamin B-12, added	mcg	1.55		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	470		0	MC	9		39		
Retinol	mcg	470		0	MC	9		39		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1567		0	NC	4		130		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	6.90		0	NR	4		0.57		
Vitamin E, added	mg	6.90		0	NR	4		0.57		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.8		0	NR	4		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									

NDB No. 03805
Infant formula, MEAD JOHNSON, ENFAMIL, with iron, powder

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	310		0	S	4		26		
Vitamin K (phylloquinone)....mcg	41.0		0	S	4		3.4		
Lipids:									
Fatty acids, total saturated....g	11.500		0	MC	9		0.955		
4:0....g	0.000		0	MA	12		0.000		
6:0....g	0.030		0	MA	12		0.002		
8:0....g	0.430		0	MC	9		0.036		
10:0....g	0.320		0	MC	9		0.027		
12:0....g	2.500		0	MC	9		0.208		
13:0....g									
14:0....g	1.110		0	MC	9		0.092		
15:0....g									
16:0....g	5.900		0	MC	9		0.490		
17:0....g									
18:0....g	1.080		0	MC	9		0.090		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	10.300		0	MC	9		0.855		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	MC	9		0.000		
17:1....g									
18:1 undifferentiated....g	10.300		0	MC	9		0.855		
20:1....g	0.000		0	MA	12		0.000		
22:1 undifferentiated....g	0.000		0	MA	12		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	5.200		0	MC	9		0.432		
18:2 undifferentiated....g	4.700		0	MC	9		0.390		
18:3 undifferentiated....g	0.450		0	MC	9		0.037		
18:4....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA)....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA)....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA)....g	0.000		0	MA	12		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	17		0	MC	9		1		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0		
Caffeine....mg	0		0	Z	7		0		
Theobromine....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.3g: 1 scoop

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03803
Infant formula, MEAD JOHNSON, ENFAMIL, with iron, ready-to-feed

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.35		0	MC	9		26.95		
Energy	kcal	63		0	NC	4		19		
Energy	kJ	263		0	NC	4		80		
Protein	g	1.38		0	MC	9		0.42		
Total lipid (fat)	g	3.50		0	MC	9		1.07		
Ash	g	0.32		0	MC	9		0.10		
Carbohydrate, by difference	g	7.18		0	NR	4		2.19		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	7.18		0	MC	9		2.19		
Sucrose	g									
Glucose (dextrose)	g									
Fructose	g									
Lactose	g	7.18		0	MC	9		2.19		
Maltose	g									
Galactose	g									
Starch	g									
Minerals:										
Calcium, Ca	mg	51		0	MA	12		16		
Iron, Fe	mg	1.18		0	MA	12		0.36		
Magnesium, Mg	mg	5		0	MC	9		2		
Phosphorus, P	mg	35		0	MA	12		11		
Potassium, K	mg	71		0	MA	12		22		
Sodium, Na	mg	18		0	MC	9		5		
Zinc, Zn	mg	0.66		0	MA	12		0.20		
Copper, Cu	mg	0.050		0	MC	9		0.015		
Manganese, Mn	mg									
Selenium, Se	mcg	1.8		0	MC	9		0.6		
Vitamins:										
Vitamin C, total ascorbic acid	mg	7.9		0	MA	12		2.4		
Thiamin	mg	0.052		0	MC	9		0.016		
Riboflavin	mg	0.092		0	MA	12		0.028		
Niacin	mg	0.660		0	MC	9		0.201		
Pantothenic acid	mg									
Vitamin B-6	mg	0.040		0	MC	9		0.012		
Folate, total	mcg	11		0	MC	9		3		
Folic acid	mcg	11		0	MC	9		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	18		0	NC	4		5		
Choline, total	mg	16.0		0	MC	9		4.9		
Betaine	mg									
Vitamin B-12	mcg	0.19		0	MC	9		0.06		
Vitamin B-12, added	mcg	0.19		0	NR	4		0.06		
Vitamin A, RAE	mcg_RAE	58		0	NC	4		18		
Retinol	mcg	58		0	MC	9		18		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	193		0	NC	4		59		
Lycopene	mcg	0		0	MC	9		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	0.87		0	NR	4		0.27		
Vitamin E, added	mg	0.87		0	NR	4		0.27		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.0		0	NR	4		0.3		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									

NDB No. 03803

Infant formula, MEAD JOHNSON, ENFAMIL, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Vitamin D....IU	40		0	MC	9		12		
Vitamin K (phylloquinone)....mcg	5.2		0	MC	9		1.6		
Lipids:									
Fatty acids, total saturated....g	1.469		0	MA	12		0.448		
4:0....g	0.000		0	MC	9		0.000		
6:0....g	0.003		0	MC	9		0.001		
8:0....g	0.058		0	MC	9		0.018		
10:0....g	0.039		0	MC	9		0.012		
12:0....g	0.320		0	MC	9		0.098		
13:0....g									
14:0....g	0.146		0	MC	9		0.045		
15:0....g									
16:0....g	0.767		0	MC	9		0.234		
17:0....g									
18:0....g	0.136		0	MC	9		0.041		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	1.330		0	MC	9		0.406		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	MA	12		0.000		
17:1....g									
18:1 undifferentiated....g	1.313		0	MA	12		0.400		
20:1....g	0.000		0	MA	12		0.000		
22:1 undifferentiated....g	0.000		0	MA	12		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.670		0	MC	9		0.204		
18:2 undifferentiated....g	0.612		0	MC	9		0.187		
18:3 undifferentiated....g	0.058		0	MC	9		0.018		
18:4....g	0.000		0	MA	12		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	MA	12		0.000		
20:5 n-3 (EPA)....g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA)....g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA)....g	0.000		0	MA	12		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	1		0	MC	9		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0		
Caffeine....mg	0		0	Z	7		0		
Theobromine....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03929
Infant formula, MEAD JOHNSON, NEXT STEP PROSOBEE, powder, not reconstituted

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	3.00		1	MA	12		0.28		
Energy....kcal	480		0	NC	4		45		
Energy....kJ	2007		0	NC	4		187		
Protein (N x 5.71)....g	15.60		0	MC	9		1.45		
Total lipid (fat)....g	21.00		1	MA	12		1.95		
Ash....g	3.30		0	MC	9		0.31		
Carbohydrate, by difference....g	57.10		0	NC	4		5.31		
Fiber, total dietary....g	0.0		1	Z	7		0.0		
Sugars, total....g	56.00		1	MA	12		5.21		
Starch....g									
Minerals:									
Calcium, Ca....mg	920		0	MC	9		86		
Iron, Fe....mg	9.50		0	MC	9		0.88		
Magnesium, Mg....mg	52		0	MC	9		5		
Phosphorus, P....mg	620		0	MC	9		58		
Potassium, K....mg	570		0	MC	9		53		
Sodium, Na....mg	171		0	MC	9		16		
Zinc, Zn....mg	5.70		1	MA	12		0.53		
Copper, Cu....mg	0.360		1	MA	12		0.033		
Manganese, Mn....mg	0.240		0	MC	9		0.022		
Selenium, Se....mcg	13.3		1	MA	12		1.2		
Vitamins:									
Vitamin C, total ascorbic acid....mg	57.0		0	MA	12		5.3		
Thiamin....mg	0.380		0	MA	12		0.035		
Riboflavin....mg	0.430		0	MA	12		0.040		
Niacin....mg	4.700		0	MA	12		0.437		
Pantothenic acid....mg									
Vitamin B-6....mg	0.280		0	MC	9		0.026		
Folate, total....mcg	76		0	MA	12		7		
Folic acid....mcg	76		0	MC	9		7		
Folate, food....mcg	0		0	Z	7		0		
Folate, DFE....mcg_DFE	129		0	NC	4		12		
Choline, total....mg	62.0		0	MC	9		5.8		
Betaine....mg									
Vitamin B-12....mcg	1.42		0	MA	12		0.13		
Vitamin B-12, added....mcg	1.42		0	NR	4		0.13		
Vitamin A, RAE....mcg_RAE	430		0	MC	9		40		
Retinol....mcg	430		0	MC	9		40		
Carotene, beta....mcg	0		0	Z	7		0		
Carotene, alpha....mcg	0		0	Z	7		0		
Cryptoxanthin, beta....mcg	0		0	Z	7		0		
Vitamin A, IU....IU	1420		0	NC	4		132		
Lycopene....mcg	0		0	Z	7		0		
Lutein + zeaxanthin....mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)....mg	4.28		0	MA	12		0.40		
Vitamin E, added....mg	4.28		0	NR	4		0.40		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	7.1		0	NR	4		0.7		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	7.1		0	NR	4		0.7		
Vitamin D....IU	284		0	MC	9		26		
Vitamin K (phylloquinone)....mcg	38.0		0	T	4		3.5		
Lipids:									
Fatty acids, total saturated....g	8.905		0	NC	4		0.828		
4:0....g	0.000		0	BFFY	4		0.000		

NDB No. 03929

Infant formula, MEAD JOHNSON, NEXT STEP PROSOBEE, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.020		0	MC	9		0.002		
8:0 g	0.330		0	MC	9		0.031		
10:0 g	0.250		0	MC	9		0.023		
12:0 g	1.910		0	MC	9		0.178		
13:0 g									
14:0 g	0.860		0	MC	9		0.080		
15:0 g									
16:0 g	4.600		0	MC	9		0.428		
17:0 g									
18:0 g	0.860		0	MC	9		0.080		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	7.800		0	MC	9		0.725		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.020		0	MC	9		0.002		
17:1 g									
18:1 undifferentiated g	7.800		0	MC	9		0.725		
20:1 g	0.000		0	BFFY	4		0.000		
22:1 undifferentiated g	0.000		0	BFFY	4		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	4.200		0	MC	9		0.391		
18:2 undifferentiated g	3.600		0	MC	9		0.335		
18:3 undifferentiated g	0.340		0	MC	9		0.032		
18:4 g	0.000		0	BFFY	4		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.160		0	MC	9		0.015		
20:5 n-3 (EPA) g	0.000		0	BFFY	4		0.000		
22:5 n-3 (DPA) g	0.000		0	BFFY	4		0.000		
22:6 n-3 (DHA) g	0.000		0	BFFY	4		0.000		
Fatty acids, total trans g									
Cholesterol mg	0		0	BFFY	4		0		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	Z	7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 9.3g: 1 scoop

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03861
Infant formula, MEAD JOHNSON, NEXT STEP, PROSOBEE LIPIL, powder, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	3.00		0	BFZN	4		0.84		
Energy ... kcal	480		0	NC	4		134		
Energy ... kJ	2007		0	NC	4		562		
Protein ... g	15.60		0	MC	9		4.37		
Total lipid (fat) ... g	21.00		0	NR	4		5.88		
Ash ... g	3.30		0	MC	9		0.92		
Carbohydrate, by difference ... g	57.10		0	NC	4		15.99		
Fiber, total dietary ... g	0.0		0	BFZN	4		0.0		
Sugars, total ... g	56.00		0	BFZN	4		15.68		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	920		0	MC	9		258		
Iron, Fe ... mg	9.50		0	MC	9		2.66		
Magnesium, Mg ... mg	52		0	MC	9		15		
Phosphorus, P ... mg	620		0	MC	9		174		
Potassium, K ... mg	570		0	MC	9		160		
Sodium, Na ... mg	171		0	MC	9		48		
Zinc, Zn ... mg	5.70		0	MC	9		1.60		
Copper, Cu ... mg	0.360		0	MC	9		0.101		
Manganese, Mn ... mg	0.240		0	MC	9		0.067		
Selenium, Se ... mcg	13.3		0	BFZN	4		3.7		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	57.0		0	BFZN	4		16.0		
Thiamin ... mg	0.380		0	BFZN	4		0.106		
Riboflavin ... mg	0.430		0	BFZN	4		0.120		
Niacin ... mg	4.700		0	BFZN	4		1.316		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.280		0	MC	9		0.078		
Folate, total ... mcg	76		0	BFZN	4		21		
Folic acid ... mcg	76		0	BFZN	4		21		
Folate, food ... mcg	0		0	BFZN	4		0		
Folate, DFE ... mcg_DFE	129		0	NC	4		36		
Choline, total ... mg	57.0		0	NR	4		16.0		
Betaine ... mg									
Vitamin B-12 ... mcg	1.42		0	BFZN	4		0.40		
Vitamin B-12, added ... mcg	1.42		0	NR	4		0.40		
Vitamin A, RAE ... mcg_RAE	430		0	NC	4		120		
Retinol ... mcg	430		0	MC	9		120		
Carotene, beta ... mcg	0		0	BFZN	4		0		
Carotene, alpha ... mcg	0		0	BFZN	4		0		
Cryptoxanthin, beta ... mcg	0		0	BFZN	4		0		
Vitamin A, IU ... IU	1420		0	BFZN	4		398		
Lycopene ... mcg	0		0	BFZN	4		0		
Lutein + zeaxanthin ... mcg	0		0	BFZN	4		0		
Vitamin E (alpha-tocopherol) ... mg	6.40		0	NR	4		1.79		
Vitamin E, added ... mg	6.40		0	NR	4		1.79		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	7.1		0	MC	9		2.0		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	284		0	MC	9		79		
Vitamin K (phylloquinone) ... mcg	38.0		0	BFZN	4		10.6		
Lipids:									
Fatty acids, total saturated ... g	8.905		0	BFZN	4		2.493		
4:0 ... g	0.000		0	BFZN	4		0.000		

NDB No. 03861

Infant formula, MEAD JOHNSON, NEXT STEP, PROSOBEE LIPIL, powder, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.023		0	BFZN	4		0.007		
8:0 ... g	0.334		0	BFZN	4		0.094		
10:0 ... g	0.250		0	MC	9		0.070		
12:0 ... g	1.944		0	BFZN	4		0.544		
13:0 ... g									
14:0 ... g	0.863		0	BFZN	4		0.242		
15:0 ... g									
16:0 ... g	4.589		0	BFZN	4		1.285		
17:0 ... g									
18:0 ... g	0.902		0	BFZN	4		0.253		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	7.800		0	MC	9		2.184		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.020		0	MC	9		0.006		
17:1 ... g									
18:1 undifferentiated ... g	7.800		0	MC	9		2.184		
20:1 ... g	0.000		0	BFZN	4		0.000		
22:1 undifferentiated ... g	0.000		0	BFZN	4		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	4.200		0	MC	9		1.176		
18:2 undifferentiated ... g	3.600		0	MC	9		1.008		
18:3 undifferentiated ... g	0.373		0	BFZN	4		0.105		
18:4 ... g	0.000		0	BFZN	4		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.161		0	MA	12		0.045		
20:5 n-3 (EPA) ... g	0.000		0	BFZN	4		0.000		
22:5 n-3 (DPA) ... g	0.000		0	BFZN	4		0.000		
22:6 n-3 (DHA) ... g	0.081		0	MA	12		0.023		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	BFZN	4		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	BFZN	4		0.0		
Caffeine ... mg	0		0	BFZN	4		0		
Theobromine ... mg	0		0	BFZN	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28g: 3 scoop

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03864

Infant formula, MEAD JOHNSON, NEXT STEP, PROSOBEE, LIPIL, ready to feed, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	86.40		0	MC	9		88.99	26.35	
Energy ... kcal	67		0	NC	4		69	20	
Energy ... kJ	281		0	NC	4		289	86	
Protein ... g	2.14		0	MC	9		2.20	0.65	
Total lipid (fat) ... g	2.91		0	MC	9		3.00	0.89	
Ash ... g	0.46		0	MC	9		0.47	0.14	
Carbohydrate, by difference ... g	8.09		0	NC	4		8.33	2.47	
Fiber, total dietary ... g	0.0		0	BFZN	4		0.0	0.0	
Sugars, total ... g	7.77		0	MC	9		8.00	2.37	
Starch ... g									
Minerals:									
Calcium, Ca ... mg	128		0	MC	9		132	39	
Iron, Fe ... mg	1.31		0	MC	9		1.35	0.40	
Magnesium, Mg ... mg	7		0	MC	9		7	2	
Phosphorus, P ... mg	85		0	MC	9		88	26	
Potassium, K ... mg	79		0	MC	9		81	24	
Sodium, Na ... mg	23		0	MC	9		24	7	
Zinc, Zn ... mg	0.79		0	BFZN	4		0.81	0.24	
Copper, Cu ... mg	0.050		0	BFZN	4		0.052	0.015	
Manganese, Mn ... mg	0.033		0	MC	9		0.034	0.010	
Selenium, Se ... mcg	1.8		0	MC	9		1.9	0.6	
Vitamins:									
Vitamin C, total ascorbic acid ... mg	7.9		0	MC	9		8.1	2.4	
Thiamin ... mg	0.052		0	BFZN	4		0.054	0.016	
Riboflavin ... mg	0.059		0	BFZN	4		0.061	0.018	
Niacin ... mg	0.660		0	BFZN	4		0.680	0.201	
Pantothenic acid ... mg	0.330		0	BFZN	4		0.340	0.101	
Vitamin B-6 ... mg	0.040		0	MC	9		0.041	0.012	
Folate, total ... mcg	11		0	MC	9		11	3	
Folic acid ... mcg	11		0	MC	9		11	3	
Folate, food ... mcg	0		0	BFZN	4		0	0	
Folate, DFE ... mcg_DFE	18		0	NC	4		18	5	
Choline, total ... mg									
Betaine ... mg									
Vitamin B-12 ... mcg	0.19		0	BFZN	4		0.20	0.06	
Vitamin B-12, added ... mcg	0.19		0	MC	9		0.20	0.06	
Vitamin A, RAE ... mcg_RAE	58		0	BFZN	4		60	18	
Retinol ... mcg	58		0	BFZN	4		60	18	
Carotene, beta ... mcg	0		0	BFZN	4		0	0	
Carotene, alpha ... mcg	0		0	BFZN	4		0	0	
Cryptoxanthin, beta ... mcg	0		0	BFZN	4		0	0	
Vitamin A, IU ... IU	194		0	BFZN	4		200	59	
Lycopene ... mcg	0		0	BFZN	4		0	0	
Lutein + zeaxanthin ... mcg	0		0	BFZN	4		0	0	
Vitamin E (alpha-tocopherol) ... mg	0.60		0	MC	9		0.62	0.18	
Vitamin E, added ... mg	0.60		0	MC	9		0.62	0.18	
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.0		0	NR	4		1.0	0.3	
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	40		0	MC	9		41	12	
Vitamin K (phylloquinone) ... mcg	5.2		0	MC	9		5.4	1.6	
Lipids:									
Fatty acids, total saturated ... g	1.242		0	MC	9		1.279	0.379	
4:0 ... g	0.000		0	MC	9		0.000	0.000	

NDB No. 03864

Infant formula, MEAD JOHNSON, NEXT STEP, PROSOBEE, LIPIL, ready to feed, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.009		0	MC	9		0.009	0.003	
8:0 g	0.049		0	MC	9		0.050	0.015	
10:0 g	0.039		0	MC	9		0.040	0.012	
12:0 g	0.262		0	MC	9		0.270	0.080	
13:0 g									
14:0 g	0.116		0	MC	9		0.119	0.035	
15:0 g									
16:0 g	0.640		0	MC	9		0.659	0.195	
17:0 g									
18:0 g	0.116		0	MC	9		0.119	0.035	
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.078		0	MC	9		1.110	0.329	
14:1 g									
15:1 g									
16:1 undifferentiated g	0.009		0	MC	9		0.009	0.003	
17:1 g									
18:1 undifferentiated g	1.077		0	MC	9		1.109	0.328	
20:1 g	0.000		0	MC	9		0.000	0.000	
22:1 undifferentiated g	0.000		0	MC	9		0.000	0.000	
24:1 c g									
Fatty acids, total polyunsaturated g	0.573		0	MC	9		0.590	0.175	
18:2 undifferentiated g	0.495		0	MC	9		0.510	0.151	
18:3 undifferentiated g	0.049		0	MC	9		0.050	0.015	
18:4 g	0.000		0	MC	9		0.000	0.000	
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.019		0	MC	9		0.020	0.006	
20:5 n-3 (EPA) g	0.000		0	MC	9		0.000	0.000	
22:5 n-3 (DPA) g	0.000		0	MC	9		0.000	0.000	
22:6 n-3 (DHA) g	0.009		0	MC	9		0.009	0.003	
Fatty acids, total trans g									
Cholesterol mg	0		0	BFZN	4		0	0	
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0	BFZN	4		0.0	0.0	
Caffeine mg	0		0	BFZN	4		0	0	
Theobromine mg	0		0	BFZN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 103g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03821

Infant formula, MEAD JOHNSON, PREGESTIMIL, with iron, powder, not reconstituted

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.00		0	MC	9		0.18		
Energy	kcal	519		0	NC	4		46		
Energy	kJ	2172		0	NC	4		191		
Protein	g	14.00		0	MC	9		1.23		
Total lipid (fat)	g	28.00		0	MA	12		2.46		
Ash	g	3.20		0	MA	12		0.28		
Carbohydrate, by difference	g	52.80		0	NC	4		4.65		
Fiber, total dietary	g	0.0		0	Z	7		0.0		
Sugars, total	g	51.00		0	MC	9		4.49		
Starch	g									
Minerals:										
Calcium, Ca	mg	580		0	MC	9		51		
Iron, Fe	mg	9.40		0	MA	12		0.83		
Magnesium, Mg	mg	55		0	MA	12		5		
Phosphorus, P	mg	380		0	MC	9		33		
Potassium, K	mg	550		0	MA	12		48		
Sodium, Na	mg	240		0	MC	9		21		
Zinc, Zn	mg	5.00		0	MC	9		0.44		
Copper, Cu	mg	0.380		0	MC	9		0.033		
Manganese, Mn	mg									
Selenium, Se	mcg	14.0		0	MC	9		1.2		
Vitamins:										
Vitamin C, total ascorbic acid	mg	60.0		0	MC	9		5.3		
Thiamin	mg	0.400		0	MC	9		0.035		
Riboflavin	mg	0.450		0	MC	9		0.040		
Niacin	mg	5.000		0	MC	9		0.440		
Pantothenic acid	mg									
Vitamin B-6	mg	0.300		0	MC	9		0.026		
Folate, total	mcg	80		0	MC	9		7		
Folic acid	mcg	80		0	MC	9		7		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	136		0	NC	4		12		
Choline, total	mg	60.0		0	MC	9		5.3		
Betaine	mg									
Vitamin B-12	mcg	1.50		0	MC	9		0.13		
Vitamin B-12, added	mcg	1.50		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	570		0	MC	9		50		
Retinol	mcg	570		0	MC	9		50		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1900		0	MC	9		167		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	13.40		0	NR	4		1.18		
Vitamin E, added	mg	13.40		0	NR	4		1.18		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.0		0	MC	9		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	278		0	MC	9		24		
Vitamin K (phylloquinone)	mcg	60.0		0	MA	12		5.3		
Lipids:										
Fatty acids, total saturated	g	16.800		0	MC	9		1.478		
4:0	g	0.000		0	MC	9		0.000		

NDB No. 03821

Infant formula, MEAD JOHNSON, PREGESTIMIL, with iron, powder, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.150		0	MC	9		0.013		
8:0....g	10.900		0	MC	9		0.959		
10:0....g	4.100		0	MC	9		0.361		
12:0....g	0.070		0	MC	9		0.006		
13:0....g									
14:0....g	0.000		0	MC	9		0.000		
15:0....g									
16:0....g	1.150		0	MC	9		0.101		
17:0....g									
18:0....g	0.400		0	MC	9		0.035		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	4.600		0	MC	9		0.405		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	MC	9		0.000		
17:1....g									
18:1 undifferentiated....g	4.600		0	MC	9		0.405		
20:1....g	0.000		0	MC	9		0.000		
22:1 undifferentiated....g	0.000		0	MC	9		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	6.500		0	MC	9		0.572		
18:2 undifferentiated....g	5.900		0	MC	9		0.519		
18:3 undifferentiated....g	0.590		0	MC	9		0.052		
18:4....g	0.000		0	MC	9		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	MC	9		0.000		
20:5 n-3 (EPA)....g	0.000		0	MC	9		0.000		
22:5 n-3 (DPA)....g	0.000		0	MC	9		0.000		
22:6 n-3 (DHA)....g	0.000		0	MC	9		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	2		0	MC	9		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0		
Caffeine....mg	0		0	Z	7		0		
Theobromine....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.8g: 1 scoop

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03822

Infant formula, MEAD JOHNSON, PREGESTIMIL, with iron, prepared from powder

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.50		0	NR	4		90.13	26.95	
Energy	kcal	67		0	NC	4		69	21	
Energy	kJ	279		0	NC	4		287	86	
Protein	g	1.82		0	MA	12		1.87	0.56	
Total lipid (fat)	g	3.65		0	MC	9		3.76	1.12	
Ash	g	0.41		0	MC	9		0.42	0.13	
Carbohydrate, by difference	g	6.63		0	NR	4		6.83	2.04	
Fiber, total dietary	g	0.0		0	Z	7		0.0	0.0	
Sugars, total	g	6.63		0	MC	9		6.83	2.04	
Starch	g									
Minerals:										
Calcium, Ca	mg	75		0	MC	9		77	23	
Iron, Fe	mg	1.17		0	MC	9		1.21	0.36	
Magnesium, Mg	mg	7		0	MC	9		7	2	
Phosphorus, P	mg	49		0	MC	9		50	15	
Potassium, K	mg	71		0	MA	12		73	22	
Sodium, Na	mg	31		0	MC	9		32	10	
Zinc, Zn	mg	0.65		0	MC	9		0.67	0.20	
Copper, Cu	mg	0.049		0	MC	9		0.050	0.015	
Manganese, Mn	mg									
Selenium, Se	mcg	1.8		0	MC	9		1.9	0.6	
Vitamins:										
Vitamin C, total ascorbic acid	mg	7.8		0	MC	9		8.0	2.4	
Thiamin	mg	0.052		0	MC	9		0.054	0.016	
Riboflavin	mg	0.059		0	MC	9		0.061	0.018	
Niacin	mg	0.654		0	MC	9		0.674	0.201	
Pantothenic acid	mg									
Vitamin B-6	mg	0.039		0	MC	9		0.040	0.012	
Folate, total	mcg	10		0	MC	9		11	3	
Folic acid	mcg	10		0	MC	9		11	3	
Folate, food	mcg	0		0	Z	7		0	0	
Folate, DFE	mcg_DFE	18		0	NC	4		18	5	
Choline, total	mg	8.0		0	MC	9		8.2	2.5	
Betaine	mg									
Vitamin B-12	mcg	0.19		0	MC	9		0.20	0.06	
Vitamin B-12, added	mcg	0.19		0	NR	4		0.20	0.06	
Vitamin A, RAE	mcg_RAE	75		0	MC	9		77	23	
Retinol	mcg	75		0	MC	9		77	23	
Carotene, beta	mcg	0		0	Z	7		0	0	
Carotene, alpha	mcg	0		0	Z	7		0	0	
Cryptoxanthin, beta	mcg	0		0	Z	7		0	0	
Vitamin A, IU	IU	250		0	MC	9		258	77	
Lycopene	mcg	0		0	Z	7		0	0	
Lutein + zeaxanthin	mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)	mg	1.74		0	MC	9		1.79	0.54	
Vitamin E, added	mg	1.74		0	NR	4		1.79	0.54	
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.9		0	MC	9		0.9	0.3	
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	35		0	MC	9		37	11	
Vitamin K (phylloquinone)	mcg	7.8		0	MC	9		8.0	2.4	
Lipids:										
Fatty acids, total saturated	g	2.172		0	NC	4		2.237	0.669	
4:0	g	0.000		0	MC	9		0.000	0.000	

NDB No. 03822

Infant formula, MEAD JOHNSON, PREGESTIMIL, with iron, prepared from powder

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.018		0	MC	9		0.019	0.006	
8:0....g	1.410		0	NR	4		1.453	0.434	
10:0....g	0.527		0	NR	4		0.543	0.162	
12:0....g	0.010		0	NR	4		0.010	0.003	
13:0....g									
14:0....g	0.000		0	MC	9		0.000	0.000	
15:0....g									
16:0....g	0.150		0	NR	4		0.155	0.046	
17:0....g									
18:0....g	0.056		0	NR	4		0.058	0.017	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	0.583		0	NC	4		0.601	0.180	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	MA	12		0.000	0.000	
17:1....g									
18:1 undifferentiated....g	0.583		0	NR	4		0.601	0.180	
20:1....g	0.000		0	MA	12		0.000	0.000	
22:1 undifferentiated....g	0.000		0	MA	12		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.809		0	NC	4		0.833	0.249	
18:2 undifferentiated....g	0.715		0	NR	4		0.736	0.220	
18:3 undifferentiated....g	0.094		0	NR	4		0.097	0.029	
18:4....g	0.000		0	MA	12		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	MA	12		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0	MA	12		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0	MA	12		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0	MA	12		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0	MC	9		0	0	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	
Caffeine....mg	0		0	Z	7		0	0	
Theobromine....mg	0		0	Z	7		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 103g: 1 serving 100 ml

Measure 2 = 30.8g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03857

Infant formula, MEAD JOHNSON, PROSOBEE LIPIL, with iron, ready to feed, with ARA and DHA (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	88.35		0	MC	9		93.65	26.95	
Energy ... kcal	64		0	BFZN	4		68	20	
Energy ... kJ	268		0	BFZN	4		284	82	
Protein ... g	1.64		0	MC	9		1.74	0.50	
Total lipid (fat) ... g	3.50		0	MC	9		3.71	1.07	
Ash ... g	0.40		0	MC	9		0.42	0.12	
Carbohydrate, by difference ... g	6.11		0	NC	4		6.48	1.86	
Fiber, total dietary ... g	0.0		0	BFZN	4		0.0	0.0	
Sugars, total ... g	6.11		0	NR	4		6.48	1.86	
Starch ... g									
Minerals:									
Calcium, Ca ... mg	69		0	BFZN	4		73	21	
Iron, Fe ... mg	1.18		0	BFZN	4		1.25	0.36	
Magnesium, Mg ... mg	7		0	MC	9		8	2	
Phosphorus, P ... mg	54		0	BFZN	4		57	16	
Potassium, K ... mg	79		0	BFZN	4		84	24	
Sodium, Na ... mg	23		0	MC	9		24	7	
Zinc, Zn ... mg	0.79		0	BFZN	4		0.84	0.24	
Copper, Cu ... mg	0.050		0	MC	9		0.053	0.015	
Manganese, Mn ... mg									
Selenium, Se ... mcg	1.8		0	MC	9		1.9	0.6	
Vitamins:									
Vitamin C, total ascorbic acid ... mg	7.9		0	BFZN	4		8.4	2.4	
Thiamin ... mg	0.052		0	MC	9		0.055	0.016	
Riboflavin ... mg	0.059		0	BFZN	4		0.063	0.018	
Niacin ... mg	0.660		0	MC	9		0.700	0.201	
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.040		0	MC	9		0.042	0.012	
Folate, total ... mcg	11		0	MC	9		11	3	
Folic acid ... mcg	11		0	MC	9		11	3	
Folate, food ... mcg	0		0	BFZN	4		0	0	
Folate, DFE ... mcg_DFE	18		0	NC	4		19	5	
Choline, total ... mg	8.0		0	MC	9		8.5	2.4	
Betaine ... mg									
Vitamin B-12 ... mcg	0.19		0	MC	9		0.20	0.06	
Vitamin B-12, added ... mcg	0.19		0	NR	4		0.20	0.06	
Vitamin A, RAE ... mcg_RAE	58		0	MC	9		61	18	
Retinol ... mcg	58		0	MC	9		61	18	
Carotene, beta ... mcg	0		0	BFZN	4		0	0	
Carotene, alpha ... mcg	0		0	BFZN	4		0	0	
Cryptoxanthin, beta ... mcg	0		0	BFZN	4		0	0	
Vitamin A, IU ... IU	194		0	MC	9		206	59	
Lycopene ... mcg	0		0	BFZN	4		0	0	
Lutein + zeaxanthin ... mcg	0		0	BFZN	4		0	0	
Vitamin E (alpha-tocopherol) ... mg	0.87		0	NR	4		0.93	0.27	
Vitamin E, added ... mg	0.87		0	NR	4		0.93	0.27	
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.0		0	NR	4		1.1	0.3	
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg	1.0		0	NR	4		1.1	0.3	
Vitamin D ... IU	40		0	MC	9		42	12	
Vitamin K (phylloquinone) ... mcg	5.2		0	MC	9		5.5	1.6	
Lipids:									
Fatty acids, total saturated ... g	1.453		0	MC	9		1.540	0.443	
4:0 ... g	0.000		0	MC	9		0.000	0.000	

NDB No. 03857

Infant formula, MEAD JOHNSON, PROSOBEE LIPIL, with iron, ready to feed, with ARA and DHA (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.009		0	MC	9		0.010	0.003	
8:0 ... g	0.057		0	MC	9		0.060	0.017	
10:0 ... g	0.038		0	MC	9		0.040	0.012	
12:0 ... g	0.311		0	MC	9		0.330	0.095	
13:0 ... g									
14:0 ... g	0.142		0	MC	9		0.151	0.043	
15:0 ... g									
16:0 ... g	0.745		0	MC	9		0.790	0.227	
17:0 ... g									
18:0 ... g	0.142		0	MC	9		0.151	0.043	
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.255		0	MC	9		1.330	0.383	
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.009		0	MC	9		0.010	0.003	
17:1 ... g									
18:1 undifferentiated ... g	1.255		0	MC	9		1.330	0.383	
20:1 ... g	0.000		0	BFZN	4		0.000	0.000	
22:1 undifferentiated ... g	0.000		0	BFZN	4		0.000	0.000	
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.671		0	MC	9		0.711	0.205	
18:2 undifferentiated ... g	0.585		0	MC	9		0.620	0.178	
18:3 undifferentiated ... g	0.057		0	MC	9		0.060	0.017	
18:4 ... g	0.000		0	BFZN	4		0.000	0.000	
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.019		0	MC	9		0.020	0.006	
20:5 n-3 (EPA) ... g	0.000		0	BFZN	4		0.000	0.000	
22:5 n-3 (DPA) ... g	0.000		0	BFZN	4		0.000	0.000	
22:6 n-3 (DHA) ... g	0.009		0	MC	9		0.010	0.003	
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	BFZN	4		0	0	
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	BFZN	4		0.0	0.0	
Caffeine ... mg	0		0	BFZN	4		0	0	
Theobromine ... mg	0		0	BFZN	4		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 106g: 1 serving 100 ml

Measure 2 = 30.5g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03824

Infant formula, MEAD JOHNSON, PROSOBEE, with iron, liquid concentrate, not reconstituted

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	75.47		0	MC	9		23.24		
Energy	kcal	131		0	NC	4		40		
Energy	kJ	549		0	NC	4		169		
Protein	g	3.19		0	MC	9		0.98		
Total lipid (fat)	g	7.13		0	MC	9		2.20		
Ash	g	0.77		0	MC	9		0.24		
Carbohydrate, by difference	g	13.58		0	MC	9		4.18		
Fiber, total dietary	g	0.0		0	MC	9		0.0		
Sugars, total	g	13.58		0	MC	9		4.18		
Starch	g									
Minerals:										
Calcium, Ca	mg	134		0	MC	9		41		
Iron, Fe	mg	2.30		0	MC	9		0.71		
Magnesium, Mg	mg	14		0	MC	9		4		
Phosphorus, P	mg	106		0	MC	9		33		
Potassium, K	mg	153		0	MC	9		47		
Sodium, Na	mg	45		0	MC	9		14		
Zinc, Zn	mg	1.53		0	MC	9		0.47		
Copper, Cu	mg	0.096		0	MC	9		0.030		
Manganese, Mn	mg									
Selenium, Se	mcg	3.6		0	BFZN	4		1.1		
Vitamins:										
Vitamin C, total ascorbic acid	mg	15.3		0	MC	9		4.7		
Thiamin	mg	0.102		0	MC	9		0.031		
Riboflavin	mg	0.115		0	MC	9		0.035		
Niacin	mg	1.280		0	MC	9		0.394		
Pantothenic acid	mg									
Vitamin B-6	mg	0.077		0	MC	9		0.024		
Folate, total	mcg	20		0	MC	9		6		
Folic acid	mcg	20		0	MC	9		6		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	34		0	NC	4		10		
Choline, total	mg	16.8		0	MC	9		5.2		
Betaine	mg									
Vitamin B-12	mcg	0.38		0	MC	9		0.12		
Vitamin B-12, added	mcg	0.38		0	MC	9		0.12		
Vitamin A, RAE	mcg_RAE	113		0	MC	9		35		
Retinol	mcg	113		0	MC	9		35		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	MC	9		0		
Vitamin A, IU	IU	377		0	MC	9		116		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	1.70		0	MC	9		0.52		
Vitamin E, added	mg	1.70		0	NR	4		0.52		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.9		0	MC	9		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	77		0	MC	9		24		
Vitamin K (phylloquinone)	mcg	10.2		0	T	4		3.1		
Lipids:										
Fatty acids, total saturated	g	3.038		0	MC	9		0.936		
4:0	g	0.000		0	MC	9		0.000		

NDB No. 03824

Infant formula, MEAD JOHNSON, PROSOBEE, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.020		0	MC	9		0.006		
8:0 ... g	0.120		0	MC	9		0.037		
10:0 ... g	0.080		0	MC	9		0.025		
12:0 ... g	0.654		0	MC	9		0.201		
13:0 ... g									
14:0 ... g	0.296		0	MC	9		0.091		
15:0 ... g									
16:0 ... g	1.568		0	MC	9		0.483		
17:0 ... g									
18:0 ... g	0.278		0	MC	9		0.086		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	2.720		0	MC	9		0.838		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0	MC	9		0.000		
17:1 ... g									
18:1 undifferentiated ... g	2.720		0	MC	9		0.838		
20:1 ... g	0.000		0	MC	9		0.000		
22:1 undifferentiated ... g	0.000		0	MC	9		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	1.371		0	MC	9		0.422		
18:2 undifferentiated ... g	1.251		0	MC	9		0.385		
18:3 undifferentiated ... g	0.120		0	MC	9		0.037		
18:4 ... g	0.000		0	MC	9		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0	MC	9		0.000		
20:5 n-3 (EPA) ... g	0.000		0	MC	9		0.000		
22:5 n-3 (DPA) ... g	0.000		0	MC	9		0.000		
22:6 n-3 (DHA) ... g	0.000		0	MC	9		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0	MC	9		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.8g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03823
Infant formula, MEAD JOHNSON, PROSOBEE, with iron, ready-to-feed

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.35		0	MC	9		93.65	26.95	
Energy....kcal	63		0	NC	4		66	19	
Energy....kJ	262		0	NC	4		277	80	
Protein....g	1.64		0	MC	9		1.74	0.50	
Total lipid (fat)....g	3.50		0	MC	9		3.71	1.07	
Ash....g	0.40		0	MC	9		0.42	0.12	
Carbohydrate, by difference....g	6.11		0	NC	4		6.48	1.86	
Fiber, total dietary....g	0.0		0	MC	9		0.0	0.0	
Sugars, total....g	6.11		0	NR	4		6.48	1.86	
Starch....g	0.00		0	Z	7		0.00	0.00	
Minerals:									
Calcium, Ca....mg	69		0	MA	12		73	21	
Iron, Fe....mg	1.18		0	MA	12		1.25	0.36	
Magnesium, Mg....mg	7		0	MC	9		8	2	
Phosphorus, P....mg	54		0	MA	12		57	16	
Potassium, K....mg	79		0	MA	12		84	24	
Sodium, Na....mg	23		0	MC	9		24	7	
Zinc, Zn....mg	0.79		0	MA	12		0.84	0.24	
Copper, Cu....mg	0.050		0	MC	9		0.053	0.015	
Manganese, Mn....mg									
Selenium, Se....mcg	1.8		0	MC	9		1.9	0.6	
Vitamins:									
Vitamin C, total ascorbic acid....mg	7.9		0	MA	12		8.4	2.4	
Thiamin....mg	0.052		0	MC	9		0.055	0.016	
Riboflavin....mg	0.059		0	MA	12		0.063	0.018	
Niacin....mg	0.660		0	MC	9		0.700	0.201	
Pantothenic acid....mg									
Vitamin B-6....mg	0.040		0	MC	9		0.042	0.012	
Folate, total....mcg	11		0	MC	9		11	3	
Folic acid....mcg	11		0	MC	9		11	3	
Folate, food....mcg	0		0	Z	7		0	0	
Folate, DFE....mcg_DFE	18		0	NC	4		19	5	
Choline, total....mg	8.2		0	MC	9		8.7	2.5	
Betaine....mg									
Vitamin B-12....mcg	0.19		0	MC	9		0.20	0.06	
Vitamin B-12, added....mcg	0.19		0	NR	4		0.20	0.06	
Vitamin A, RAE....mcg_RAE	58		0	MC	9		61	18	
Retinol....mcg	59		0	NC	4		63	18	
Carotene, beta....mcg	0		0	Z	7		0	0	
Carotene, alpha....mcg	0		0	Z	7		0	0	
Cryptoxanthin, beta....mcg	0		0	Z	7		0	0	
Vitamin A, IU....IU	194		0	MC	9		206	59	
Lycopene....mcg	0		0	Z	7		0	0	
Lutein + zeaxanthin....mcg	0		0	Z	7		0	0	
Vitamin E (alpha-tocopherol)....mg	0.87		0	NR	4		0.93	0.27	
Vitamin E, added....mg	0.87		0	NR	4		0.93	0.27	
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	1.0		0	MC	9		1.1	0.3	
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	40		0	MC	9		42	12	
Vitamin K (phylloquinone)....mcg	5.2		0	MC	9		5.5	1.6	
Lipids:									
Fatty acids, total saturated....g	1.443		0	MC	9		1.530	0.440	
4:0....g	0.000		0	MC	9		0.000	0.000	

NDB No. 03823
Infant formula, MEAD JOHNSON, PROSOBEE, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.009		0	MC	9		0.010	0.003	
8:0....g	0.057		0	MC	9		0.060	0.017	
10:0....g	0.038		0	MC	9		0.040	0.012	
12:0....g	0.311		0	MC	9		0.330	0.095	
13:0....g									
14:0....g	0.141		0	MC	9		0.149	0.043	
15:0....g									
16:0....g	0.745		0	MC	9		0.790	0.227	
17:0....g									
18:0....g	0.132		0	MC	9		0.140	0.040	
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	1.292		0	MC	9		1.370	0.394	
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.000		0	MC	9		0.000	0.000	
17:1....g									
18:1 undifferentiated....g	1.292		0	MC	9		1.370	0.394	
20:1....g	0.000		0	MC	9		0.000	0.000	
22:1 undifferentiated....g	0.000		0	MC	9		0.000	0.000	
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.651		0	MC	9		0.690	0.199	
18:2 undifferentiated....g	0.594		0	MC	9		0.630	0.181	
18:3 undifferentiated....g	0.057		0	MC	9		0.060	0.017	
18:4....g	0.000		0	MC	9		0.000	0.000	
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	MC	9		0.000	0.000	
20:5 n-3 (EPA)....g	0.000		0	MC	9		0.000	0.000	
22:5 n-3 (DPA)....g	0.000		0	MC	9		0.000	0.000	
22:6 n-3 (DHA)....g	0.000		0	MC	9		0.000	0.000	
Fatty acids, total trans....g									
Cholesterol....mg	0		0	Z	7		0	0	
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0	0.0	
Caffeine....mg	0		0	Z	7		0	0	
Theobromine....mg	0		0	Z	7		0	0	

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 106g: 1 Serving 100 ml

Measure 2 = 30.5g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03930
Infant formula, MEAD JOHNSON,NEXT STEP PROSOBEE, prepared from powder

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	86.41		0	MC	9		26.36		
Energy....kcal	67		0	NC	4		20		
Energy....kJ	281		0	NC	4		86		
Protein....g	2.14		0	MC	9		0.65		
Total lipid (fat)....g	2.91		0	MC	9		0.89		
Ash....g	0.46		0	MC	9		0.14		
Carbohydrate, by difference....g	8.08		0	NC	4		2.46		
Fiber, total dietary....g	0.0		0	Z	7		0.0		
Sugars, total....g	7.77		0	MC	9		2.37		
Starch....g									
Minerals:									
Calcium, Ca....mg	128		0	MC	9		39		
Iron, Fe....mg	1.31		0	MC	9		0.40		
Magnesium, Mg....mg	7		0	MC	9		2		
Phosphorus, P....mg	85		0	MC	9		26		
Potassium, K....mg	79		0	MC	9		24		
Sodium, Na....mg	23		0	MC	9		7		
Zinc, Zn....mg	0.79		0	MC	9		0.24		
Copper, Cu....mg	0.050		0	MC	9		0.015		
Manganese, Mn....mg	0.033		0	MC	9		0.010		
Selenium, Se....mcg	1.8		0	MC	9		0.6		
Vitamins:									
Vitamin C, total ascorbic acid....mg	7.9		0	MC	9		2.4		
Thiamin....mg	0.052		0	MC	9		0.016		
Riboflavin....mg	0.059		0	MC	9		0.018		
Niacin....mg	0.660		0	MC	9		0.201		
Pantothenic acid....mg	0.330		0	MC	9		0.101		
Vitamin B-6....mg	0.040		0	MC	9		0.012		
Folate, total....mcg	11		0	MC	9		3		
Folic acid....mcg	11		0	MC	9		3		
Folate, food....mcg	0		0	Z	7		0		
Folate, DFE....mcg_DFE	18		0	NC	4		5		
Choline, total....mg	8.0		0	MC	9		2.4		
Betaine....mg									
Vitamin B-12....mcg	0.19		0	MC	9		0.06		
Vitamin B-12, added....mcg	0.19		0	NR	4		0.06		
Vitamin A, RAE....mcg_RAE	58		0	NC	4		18		
Retinol....mcg	58		0	NC	4		18		
Carotene, beta....mcg	0		0	Z	7		0		
Carotene, alpha....mcg	0		0	Z	7		0		
Cryptoxanthin, beta....mcg	0		0	Z	7		0		
Vitamin A, IU....IU	194		0	NC	4		59		
Lycopene....mcg	0		0	Z	7		0		
Lutein + zeaxanthin....mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)....mg	0.87		0	NR	4		0.27		
Vitamin E, added....mg	0.87		0	NR	4		0.27		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	1.0		0	MC	9		0.3		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	40		0	MC	9		12		
Vitamin K (phylloquinone)....mcg	5.2		0	MC	9		1.6		
Lipids:									
Fatty acids, total saturated....g	1.243		0	MC	9		0.379		
4:0....g	0.000		0	MC	9		0.000		

NDB No. 03930

Infant formula, MEAD JOHNSON,NEXT STEP PROSOBEE, prepared from powder

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.003		0	MC	9		0.001		
8:0....g	0.049		0	MC	9		0.015		
10:0....g	0.039		0	MC	9		0.012		
12:0....g	0.262		0	MC	9		0.080		
13:0....g									
14:0....g	0.117		0	MC	9		0.036		
15:0....g									
16:0....g	0.641		0	MC	9		0.196		
17:0....g									
18:0....g	0.117		0	MC	9		0.036		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	1.078		0	MC	9		0.329		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.003		0	MC	9		0.001		
17:1....g									
18:1 undifferentiated....g	1.078		0	MC	9		0.329		
20:1....g	0.000		0	MC	9		0.000		
22:1 undifferentiated....g	0.000		0	MC	9		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	0.544		0	MA	12		0.166		
18:2 undifferentiated....g	0.495		0	MC	9		0.151		
18:3 undifferentiated....g	0.049		0	MC	9		0.015		
18:4....g	0.000		0	Z	7		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0	Z	7		0.000		
20:5 n-3 (EPA)....g	0.000		0	Z	7		0.000		
22:5 n-3 (DPA)....g	0.000		0	Z	7		0.000		
22:6 n-3 (DHA)....g	0.000		0	Z	7		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	0		0	MC	9		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0	Z	7		0.0		
Caffeine....mg	0		0	Z	7		0		
Theobromine....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03901

Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, liquid concentrate, not reconstituted

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	74.20		0	MA	12		23.67		
Energy ... kcal	125		0	NC	4		40		
Energy ... kJ	524		0	NC	4		167		
Protein ... g	3.25		0	MA	12		1.04		
Total lipid (fat) ... g	5.13		0	MA	12		1.64		
Ash ... g	0.93		0	MA	12		0.30		
Carbohydrate, by difference ... g	16.50		0	MC	9		5.26		
Fiber, total dietary ... g	0.0		0		7		0.0		
Sugars, total ... g	11.90		0	MA	12		3.80		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	150		0	MA	12		48		
Iron, Fe ... mg	2.25		0	MA	12		0.72		
Magnesium, Mg ... mg	10		0	MC	9		3		
Phosphorus, P ... mg	100		0	MA	12		32		
Potassium, K ... mg	169		0	MA	12		54		
Sodium, Na ... mg	49		0	MA	12		16		
Zinc, Zn ... mg	1.00		0	MC	9		0.32		
Copper, Cu ... mg	0.106		0	MC	9		0.034		
Manganese, Mn ... mg									
Selenium, Se ... mcg	2.5		0	MC	9		0.8		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	11.0		0	MC	9		3.5		
Thiamin ... mg	0.100		0		12		0.032		
Riboflavin ... mg	0.175		0	MC	9		0.056		
Niacin ... mg	1.250		0	MC	9		0.399		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.081		0	MC	9		0.026		
Folate, total ... mcg	19		0	MC	9		6		
Folic acid ... mcg	19		0	MC	9		6		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	32		0	NC	4		10		
Choline, total ... mg	15.4		0	MC	9		4.9		
Betaine ... mg									
Vitamin B-12 ... mcg	0.31		0	MC	9		0.10		
Vitamin B-12, added ... mcg	0.31		0	NR	4		0.10		
Vitamin A, RAE ... mcg_RAE	98		0	NC	4		31		
Retinol ... mcg	98		0	T	4		31		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	313		0	MC	9		100		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	1.75		0	MC	9		0.56		
Vitamin E, added ... mg	1.75		0	NR	4		0.56		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	2.0		0	NR	4		0.7		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	82		0	NR	4		26		
Vitamin K (phylloquinone) ... mcg	10.0		0	MC	9		3.2		
Lipids:									
Fatty acids, total saturated ... g	2.213		0	NC	4		0.706		
4:0 ... g	0.000		0		12		0.000		

NDB No. 03901

Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		12		0.000		
8:0 g	0.080		0		12		0.026		
10:0 g	0.064		0	MA	12		0.020		
12:0 g	0.484		0	MA	12		0.154		
13:0 g									
14:0 g	0.209		0	MA	12		0.067		
15:0 g									
16:0 g	1.184		0	MA	12		0.378		
17:0 g									
18:0 g	0.193		0	MA	12		0.061		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.582		0	NC	4		0.505		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.010		0	MA	12		0.003		
17:1 g									
18:1 undifferentiated g	1.563		0	MA	12		0.499		
20:1 g	0.006		0	MA	12		0.002		
22:1 undifferentiated g	0.003		0	MA	12		0.001		
24:1 c g									
Fatty acids, total polyunsaturated g	1.213		0	NC	4		0.387		
18:2 undifferentiated g	1.089		0	MA	12		0.347		
18:3 undifferentiated g	0.124		0	MA	12		0.040		
18:4 g	0.000		0		12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		12		0.000		
20:5 n-3 (EPA) g	0.000		0		12		0.000		
22:5 n-3 (DPA) g	0.000		0		12		0.000		
22:6 n-3 (DHA) g	0.000		0		12		0.000		
Fatty acids, total trans g									
Cholesterol mg	2		0	MC	9		1		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.9g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03913
Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, powder

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.50		0	MC	9		0.24		
Energy	kcal	471		0	NC	4		44		
Energy	kJ	1972		0	NC	4		185		
Protein	g	12.20		0		12		1.15		
Total lipid (fat)	g	19.30		0		12		1.81		
Ash	g	3.77		0	T	4		0.35		
Carbohydrate, by difference	g	62.23		0	NC	4		5.85		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	44.30		0	MC	9		4.16		
Starch	g									
Minerals:										
Calcium, Ca	mg	565		0	MC	9		53		
Iron, Fe	mg	8.50		0	MC	9		0.80		
Magnesium, Mg	mg	38		0	MC	9		4		
Phosphorus, P	mg	377		0	NR	4		35		
Potassium, K	mg	636		0		12		60		
Sodium, Na	mg	184		0		12		17		
Zinc, Zn	mg	4.00		0	MC	9		0.38		
Copper, Cu	mg	0.400		0	MC	9		0.038		
Manganese, Mn	mg									
Selenium, Se	mcg	9.4		0	MC	9		0.9		
Vitamins:										
Vitamin C, total ascorbic acid	mg	42.0		0	MC	9		3.9		
Thiamin	mg	0.377		0	MC	9		0.035		
Riboflavin	mg	0.659		0	MC	9		0.062		
Niacin	mg	4.710		0	MC	9		0.443		
Pantothenic acid	mg									
Vitamin B-6	mg	0.306		0	MC	9		0.029		
Folate, total	mcg	71		0	MC	9		7		
Folic acid	mcg	71		0	MC	9		7		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	121		0	NC	4		11		
Choline, total	mg	56.5		0	MC	9		5.3		
Betaine	mg									
Vitamin B-12	mcg	1.20		0	MC	9		0.11		
Vitamin B-12, added	mcg	1.20		0	NR	4		0.11		
Vitamin A, RAE	mcg_RAE	354		0	NC	4		33		
Retinol	mcg	354		0	T	4		33		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1178		0	MC	9		111		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	6.60		0	MC	9		0.62		
Vitamin E, added	mg	6.60		0	NR	4		0.62		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.7		0	MC	9		0.7		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	309		0	MC	9		29		
Vitamin K (phylloquinone)	mcg	38.0		0	MC	9		3.6		
Lipids:										
Fatty acids, total saturated	g	8.540		0		12		0.803		
4:0	g	0.000		0		12		0.000		

NDB No. 03913
Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, powder

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		12		0.000		
8:0 g	0.300		0		12		0.028		
10:0 g	0.240		0		12		0.023		
12:0 g	1.950		0		12		0.183		
13:0 g									
14:0 g	0.810		0		12		0.076		
15:0 g									
16:0 g	4.530		0		12		0.426		
17:0 g									
18:0 g	0.710		0		12		0.067		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	6.230		0		12		0.586		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.000		0		12		0.000		
17:1 g									
18:1 undifferentiated g	6.230		0		12		0.586		
20:1 g	0.000		0		12		0.000		
22:1 undifferentiated g	0.000		0		12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	4.310		0		12		0.405		
18:2 undifferentiated g	3.940		0		12		0.370		
18:3 undifferentiated g	0.370		0		12		0.035		
18:4 g	0.000		0		12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		12		0.000		
20:5 n-3 (EPA) g	0.000		0		12		0.000		
22:5 n-3 (DPA) g	0.000		0		12		0.000		
22:6 n-3 (DHA) g	0.000		0		12		0.000		
Fatty acids, total trans g									
Cholesterol mg	6		0	MC	9		1		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 9.4g: 1 scoop

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03900
Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, ready-to-feed

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	86.60		0		12		26.41		
Energy ... kcal	65		0		9		20		
Energy ... kJ	272		0		9		83		
Protein ... g	1.70		0		12		0.52		
Total lipid (fat) ... g	2.70		0		12		0.82		
Ash ... g	0.47		0	T	4		0.14		
Carbohydrate, by difference ... g	8.54		0	NC	4		2.60		
Fiber, total dietary ... g	0.0		0		7		0.0		
Sugars, total ... g	6.19		0	T	4		1.89		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	78		0	MC	9		24		
Iron, Fe ... mg	1.20		0	MC	9		0.37		
Magnesium, Mg ... mg	5		0	MC	9		2		
Phosphorus, P ... mg	52		0	MC	9		16		
Potassium, K ... mg	88		0		12		27		
Sodium, Na ... mg	25		0		12		8		
Zinc, Zn ... mg	0.52		0	MC	9		0.16		
Copper, Cu ... mg	0.055		0	MC	9		0.017		
Manganese, Mn ... mg									
Selenium, Se ... mcg	1.3		0	MC	9		0.4		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	5.9		0	MC	9		1.8		
Thiamin ... mg	0.052		0	MC	9		0.016		
Riboflavin ... mg	0.091		0	MC	9		0.028		
Niacin ... mg	0.650		0	MC	9		0.198		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.042		0	MC	9		0.013		
Folate, total ... mcg	10		0		12		3		
Folic acid ... mcg	10		0	T	4		3		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	17		0	NC	4		5		
Choline, total ... mg	8.0		0	MC	9		2.4		
Betaine ... mg									
Vitamin B-12 ... mcg	0.16		0	MC	9		0.05		
Vitamin B-12, added ... mcg	0.16		0	NR	4		0.05		
Vitamin A, RAE ... mcg_RAE	48		0	NC	4		15		
Retinol ... mcg	48		0	T	4		15		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	163		0	MC	9		50		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	0.91		0	MC	9		0.28		
Vitamin E, added ... mg	0.91		0	NR	4		0.28		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.1		0	MC	9		0.3		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	43		0	MC	9		13		
Vitamin K (phylloquinone) ... mcg	5.2		0	MC	9		1.6		
Lipids:									
Fatty acids, total saturated ... g	1.180		0		12		0.360		
4:0 ... g	0.000		0		12		0.000		

NDB No. 03900

Infant formula, NESTLE, GOOD START 2 ESSENTIALS, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		12		0.000		
8:0 ... g	0.040		0		12		0.012		
10:0 ... g	0.030		0		12		0.009		
12:0 ... g	0.270		0		12		0.082		
13:0 ... g									
14:0 ... g	0.110		0		12		0.034		
15:0 ... g									
16:0 ... g	0.630		0		12		0.192		
17:0 ... g									
18:0 ... g	0.100		0		12		0.031		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	0.870		0		12		0.265		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0		12		0.000		
17:1 ... g									
18:1 undifferentiated ... g	0.870		0		12		0.265		
20:1 ... g	0.000		0		12		0.000		
22:1 undifferentiated ... g	0.000		0		12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.600		0		12		0.183		
18:2 undifferentiated ... g	0.550		0		12		0.168		
18:3 undifferentiated ... g	0.050		0		12		0.015		
18:4 ... g	0.000		0		12		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		12		0.000		
20:5 n-3 (EPA) ... g	0.000		0		12		0.000		
22:5 n-3 (DPA) ... g	0.000		0		12		0.000		
22:6 n-3 (DHA) ... g	0.000		0		12		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	1		0	MC	9		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03928
Infant formula, NESTLE, GOOD START ESSENTIALS SOY, with iron, powder

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.50		0	MA	12		0.11		
Energy	kcal	502		0	MC	9		22		
Energy	kJ	2102		0	MC	9		90		
Protein	g	12.50		0	MC	9		0.54		
Total lipid (fat)	g	25.50		0	MC	9		1.10		
Ash	g	3.80		0	MC	9		0.16		
Carbohydrate, by difference	g	55.70		0	NC	4		2.40		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	44.38		0	MC	9		1.91		
Starch	g									
Minerals:										
Calcium, Ca	mg	526		0	MA	12		23		
Iron, Fe	mg	9.00		0	MA	12		0.39		
Magnesium, Mg	mg	55		0	MA	12		2		
Phosphorus, P	mg	316		0	MC	9		14		
Potassium, K	mg	581		0	MA	12		25		
Sodium, Na	mg	180		0	MC	9		8		
Zinc, Zn	mg	4.51		0	MA	12		0.19		
Copper, Cu	mg	0.601		0	MA	12		0.026		
Manganese, Mn	mg									
Selenium, Se	mcg	10.0		0	MA	12		0.4		
Vitamins:										
Vitamin C, total ascorbic acid	mg	60.1		0	NR	4		2.6		
Thiamin	mg	0.301		0	MA	12		0.013		
Riboflavin	mg	0.471		0	MA	12		0.020		
Niacin	mg	6.513		0	MA	12		0.280		
Pantothenic acid	mg									
Vitamin B-6	mg	0.301		0	NR	4		0.013		
Folate, total	mcg	80		0	MA	12		3		
Folic acid	mcg	80		0	NR	4		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	136		0	NC	4		6		
Choline, total	mg	61.3		0	MC	9		2.6		
Betaine	mg									
Vitamin B-12	mcg	1.50		0	NR	4		0.06		
Vitamin B-12, added	mcg	1.50		0	NR	4		0.06		
Vitamin A, RAE	mcg_RAE	466		0	NC	4		20		
Retinol	mcg	466		0	O	4		20		
Carotene, beta	mcg	0		0	T	4		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1503		0	NR	4		65		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	7.34		0	MC	9		0.32		
Vitamin E, added	mg	7.34		0	NR	4		0.32		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.7		0	MC	9		0.3		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	309		0	MC	9		13		
Vitamin K (phylloquinone)	mcg	40.1		0	MC	9		1.7		
Lipids:										
Fatty acids, total saturated	g	11.000		0	MC	9		0.473		
4:0	g	0.000		0		12		0.000		

NDB No. 03928
Infant formula, NESTLE, GOOD START ESSENTIALS SOY, with iron, powder

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.030		0	MA	12		0.001		
8:0....g	0.400		0	MC	9		0.017		
10:0....g	0.302		0	MA	12		0.013		
12:0....g	2.400		0	MC	9		0.103		
13:0....g									
14:0....g	1.000		0	MC	9		0.043		
15:0....g									
16:0....g	5.800		0	NR	4		0.249		
17:0....g									
18:0....g	1.000		0	NR	4		0.043		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	8.100		0	NR	4		0.348		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.050		0	NR	4		0.002		
17:1....g									
18:1 undifferentiated....g	7.900		0	NR	4		0.340		
20:1....g	0.040		0	NR	4		0.002		
22:1 undifferentiated....g	0.010		0	NR	4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	6.000		0	NR	4		0.258		
18:2 undifferentiated....g	4.700		0	NR	4		0.202		
18:3 undifferentiated....g	0.500		0	NR	4		0.022		
18:4....g	0.000		0		12		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.000		0		12		0.000		
20:5 n-3 (EPA)....g	0.000		0		12		0.000		
22:5 n-3 (DPA)....g	0.000		0		12		0.000		
22:6 n-3 (DHA)....g	0.000		0		12		0.000		
Fatty acids, total trans....g									
Cholesterol....mg	0		0		4		0		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0		
Caffeine....mg	0		0	Z	7		0		
Theobromine....mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 4.3g: 1 scoop

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03925

Infant formula, NESTLE, GOOD START ESSENTIALS SOY, with iron, ready-to-feed

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	87.50		0		8		26.69		
Energy....kcal	65		0	NC	4		20		
Energy....kJ	272		0	MC	9		83		
Protein....g	1.63		0	MC	9		0.50		
Total lipid (fat)....g	3.30		0	MC	9		1.01		
Ash....g	0.40		0	MC	9		0.12		
Carbohydrate, by difference....g	7.17		0	NC	4		2.19		
Fiber, total dietary....g	0.0		0		7		0.0		
Sugars, total....g	5.69		0	NR	4		1.74		
Starch....g									
Minerals:									
Calcium, Ca....mg	68		0	MC	9		21		
Iron, Fe....mg	1.25		0		8		0.38		
Magnesium, Mg....mg	7		0		8		2		
Phosphorus, P....mg	41		0		8		13		
Potassium, K....mg	75		0	MC	9		23		
Sodium, Na....mg	23		0	MC	9		7		
Zinc, Zn....mg	0.60		0	MC	9		0.18		
Copper, Cu....mg	0.078		0	MC	9		0.024		
Manganese, Mn....mg									
Selenium, Se....mcg	1.6		0	MC	9		0.5		
Vitamins:									
Vitamin C, total ascorbic acid....mg	7.8		0	MC	9		2.4		
Thiamin....mg	0.039		0	MC	9		0.012		
Riboflavin....mg	0.061		0	MC	9		0.019		
Niacin....mg	0.845		0	MC	9		0.258		
Pantothenic acid....mg									
Vitamin B-6....mg	0.039		0	MC	9		0.012		
Folate, total....mcg	10		0		8		3		
Folic acid....mcg	10		0	T	4		3		
Folate, food....mcg	0		0	Z	7		0		
Folate, DFE....mcg_DFE	17		0	NC	4		5		
Choline, total....mg	8.0		0	MC	9		2.4		
Betaine....mg									
Vitamin B-12....mcg	0.20		0		8		0.06		
Vitamin B-12, added....mcg	0.20		0	NR	4		0.06		
Vitamin A, RAE....mcg_RAE	50		0	NC	4		15		
Retinol....mcg	50		0	O	4		15		
Carotene, beta....mcg	0		0	Z	7		0		
Carotene, alpha....mcg	0		0	Z	7		0		
Cryptoxanthin, beta....mcg	0		0	Z	7		0		
Vitamin A, IU....IU	167		0	NC	4		51		
Lycopene....mcg	0		0	Z	7		0		
Lutein + zeaxanthin....mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)....mg	0.95		0	MC	9		0.29		
Vitamin E, added....mg	0.95		0	NR	4		0.29		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	1.0		0	NR	4		0.3		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg	1.0		0	NR	4		0.3		
Vitamin D....IU	40		0	MC	9		12		
Vitamin K (phylloquinone)....mcg	5.2		0	MC	9		1.6		
Lipids:									
Fatty acids, total saturated....g	1.400		0	MC	9		0.427		
4:0....g	0.000		0		12		0.000		

NDB No. 03925

Infant formula, NESTLE, GOOD START ESSENTIALS SOY, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		12		0.000		
8:0 ... g	0.050		0	MC	9		0.015		
10:0 ... g	0.040		0	MC	9		0.012		
12:0 ... g	0.300		0	MC	9		0.092		
13:0 ... g									
14:0 ... g	0.100		0	MC	9		0.031		
15:0 ... g									
16:0 ... g	0.750		0	MC	9		0.229		
17:0 ... g									
18:0 ... g	0.100		0	MC	9		0.031		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.000		0	MC	9		0.305		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.010		0	MC	9		0.003		
17:1 ... g									
18:1 undifferentiated ... g	1.000		0	MC	9		0.305		
20:1 ... g	0.000		0	MC	9		0.000		
22:1 undifferentiated ... g	0.000		0	MC	9		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.800		0	MC	9		0.244		
18:2 undifferentiated ... g	0.600		0	MC	9		0.183		
18:3 undifferentiated ... g	0.100		0	MC	9		0.031		
18:4 ... g	0.000		0	MC	9		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		12		0.000		
20:5 n-3 (EPA) ... g	0.000		0		12		0.000		
22:5 n-3 (DPA) ... g	0.000		0		12		0.000		
22:6 n-3 (DHA) ... g	0.000		0		12		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	0		0		4		0		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03926

Infant formula, NESTLE, GOOD START ESSENTIALS, soy, with iron, liquid concentrate, not reconstituted

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	75.40		0	MA	12		23.68		
Energy	kcal	128		0	NC	4		40		
Energy	kJ	534		0	NC	4		168		
Protein	g	3.20		0	MC	9		1.00		
Total lipid (fat)	g	6.50		0	MC	9		2.04		
Ash	g	0.80		0	MC	9		0.25		
Carbohydrate, by difference	g	14.10		0	NC	4		4.43		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	11.20		0	MC	9		3.52		
Starch	g									
Minerals:										
Calcium, Ca	mg	133		0	MA	12		42		
Iron, Fe	mg	2.29		0	MA	12		0.72		
Magnesium, Mg	mg	14		0		4		4		
Phosphorus, P	mg	80		0	MC	9		25		
Potassium, K	mg	146		0	MC	9		46		
Sodium, Na	mg	46		0	MC	9		14		
Zinc, Zn	mg	1.14		0	MA	12		0.36		
Copper, Cu	mg	0.152		0		4		0.048		
Manganese, Mn	mg									
Selenium, Se	mcg	2.5		0	MC	9		0.8		
Vitamins:										
Vitamin C, total ascorbic acid	mg	15.2		0	MC	9		4.8		
Thiamin	mg	0.076		0	MA	12		0.024		
Riboflavin	mg	0.119		0	MC	9		0.037		
Niacin	mg	1.650		0	MC	9		0.518		
Pantothenic acid	mg									
Vitamin B-6	mg	0.076		0	MC	9		0.024		
Folate, total	mcg	20		0		4		6		
Folic acid	mcg	20		0	T	4		6		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	35		0	NC	4		11		
Choline, total	mg	15.7		0	MC	9		4.9		
Betaine	mg									
Vitamin B-12	mcg	0.38		0	MC	9		0.12		
Vitamin B-12, added	mcg	0.38		0	NR	4		0.12		
Vitamin A, RAE	mcg_RAE	100		0	NC	4		31		
Retinol	mcg	100		0	O	4		31		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	381		0	MC	9		120		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	1.86		0	MC	9		0.58		
Vitamin E, added	mg	1.86		0	NR	4		0.58		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	2.0		0	MC	9		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	82		0	MC	9		26		
Vitamin K (phylloquinone)	mcg	10.2		0	MC	9		3.2		
Lipids:										
Fatty acids, total saturated	g	2.800		0	MC	9		0.879		
4:0	g	0.000		0		12		0.000		

NDB No. 03926

Infant formula, NESTLE, GOOD START ESSENTIALS, soy, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.008		0	MC	9		0.003		
8:0 g	0.100		0	MC	9		0.031		
10:0 g	0.080		0	MC	9		0.025		
12:0 g	0.600		0	MC	9		0.188		
13:0 g									
14:0 g	0.260		0	MC	9		0.082		
15:0 g									
16:0 g	1.509		0	MA	12		0.474		
17:0 g									
18:0 g	0.240		0	MC	9		0.075		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	2.030		0	MC	9		0.637		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.013		0	MA	12		0.004		
17:1 g									
18:1 undifferentiated g	1.510		0	MC	9		0.474		
20:1 g	0.007		0	MA	12		0.002		
22:1 undifferentiated g	0.003		0	MA	12		0.001		
24:1 c g									
Fatty acids, total polyunsaturated g	1.317		0	NC	4		0.414		
18:2 undifferentiated g	1.200		0	MC	9		0.377		
18:3 undifferentiated g	0.124		0	MA	12		0.039		
18:4 g	0.000		0		12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.000		0		12		0.000		
20:5 n-3 (EPA) g	0.000		0		12		0.000		
22:5 n-3 (DPA) g	0.000		0		12		0.000		
22:6 n-3 (DHA) g	0.000		0		12		0.000		
Fatty acids, total trans g									
Cholesterol mg	0		0		4		0		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03867
Infant formula, NESTLE, GOOD START SOY, with DHA AND ARA, powder (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	2.50		0	MA	12				
Energy ... kcal	503		0	NC	4				
Energy ... kJ	2104		0	NC	4				
Protein ... g	12.50		0	MA	12				
Total lipid (fat) ... g	25.60		0	MA	12				
Ash ... g	3.80		0	MA	12				
Carbohydrate, by difference ... g	55.60		0	NC	4				
Fiber, total dietary ... g	0.0		0	MA	12				
Sugars, total ... g	44.38		0	MA	12				
Starch ... g									
Minerals:									
Calcium, Ca ... mg	526		0	MA	12				
Iron, Fe ... mg	9.00		0	MA	12				
Magnesium, Mg ... mg	55		0	MA	12				
Phosphorus, P ... mg	316		0	MA	12				
Potassium, K ... mg	581		0	MA	12				
Sodium, Na ... mg	200		0	MA	12				
Zinc, Zn ... mg	4.51		0	MA	12				
Copper, Cu ... mg	0.401		0	MA	12				
Manganese, Mn ... mg									
Selenium, Se ... mcg	15.0		0	MA	12				
Vitamins:									
Vitamin C, total ascorbic acid ... mg	60.1		0	MA	12				
Thiamin ... mg	0.301		0	MA	12				
Riboflavin ... mg	0.471		0	MA	12				
Niacin ... mg	6.764		0	MA	12				
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.301		0	MA	12				
Folate, total ... mcg	80		0	MA	12				
Folic acid ... mcg	80		0	MA	12				
Folate, food ... mcg	0		0	MA	12				
Folate, DFE ... mcg_DFE	136		0	NC	4				
Choline, total ... mg	60.0		0	MA	12				
Betaine ... mg									
Vitamin B-12 ... mcg	1.50		0	MA	12				
Vitamin B-12, added ... mcg	1.50		0	NR	4				
Vitamin A, RAE ... mcg_RAE	451		0	NC	4				
Retinol ... mcg	451		0	NR	4				
Carotene, beta ... mcg	0		0	MA	12				
Carotene, alpha ... mcg	0		0	MA	12				
Cryptoxanthin, beta ... mcg	0		0	MA	12				
Vitamin A, IU ... IU	1503		0	NC	4				
Lycopene ... mcg	0		0	MA	12				
Lutein + zeaxanthin ... mcg	0		0	MA	12				
Vitamin E (alpha-tocopherol) ... mg	7.34		0	MA	12				
Vitamin E, added ... mg	7.34		0	NR	4				
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	7.5		0	MA	12				
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	301		0	MA	12				
Vitamin K (phylloquinone) ... mcg	45.1		0	MA	12				
Lipids:									
Fatty acids, total saturated ... g	11.000		0	MA	12				
4:0 ... g	0.000		0	MA	12				

NDB No. 03867
Infant formula, NESTLE, GOOD START SOY, with DHA AND ARA, powder (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.030		0	MA	12				
8:0 ... g	0.400		0	MA	12				
10:0 ... g	0.302		0	MA	12				
12:0 ... g	2.400		0	MA	12				
13:0 ... g									
14:0 ... g	1.000		0	MA	12				
15:0 ... g									
16:0 ... g	5.800		0	MA	12				
17:0 ... g									
18:0 ... g	1.000		0	MA	12				
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	8.100		0	MA	12				
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.050		0	MA	12				
17:1 ... g									
18:1 undifferentiated ... g	7.900		0	MA	12				
20:1 ... g	0.040		0	MA	12				
22:1 undifferentiated ... g	0.010		0	MA	12				
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	6.000		0	MA	12				
18:2 undifferentiated ... g	4.700		0	MA	12				
18:3 undifferentiated ... g	0.500		0	MA	12				
18:4 ... g	0.000		0	MA	12				
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.175		0	NR	4				
20:5 n-3 (EPA) ... g	0.000		0	MA	12				
22:5 n-3 (DPA) ... g	0.000		0	MA	12				
22:6 n-3 (DHA) ... g	0.090		0	NR	4				
Fatty acids, total trans ... g									
Cholesterol ... mg	6		0	NR	4				
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	BFZN	4				
Caffeine ... mg	0		0	BFZN	4				
Theobromine ... mg	0		0	BFZN	4				

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Footnotes:

1 Contain arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621) fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03966

Infant formula, NESTLE, GOOD START SOY, with DHA and ARA, liquid concentrate

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	74.20		0	T	4				
Energy ... kcal	132		0	NC	4				
Energy ... kJ	553		0	NC	4				
Protein ... g	3.31		1	MA	12				
Total lipid (fat) ... g	6.67		1	MA	12				
Ash ... g	1.01		1	MA	12				
Carbohydrate, by difference ... g	14.71		0	NR	4				
Fiber, total dietary ... g	0.0		0	Z	7				
Sugars, total ... g	11.74		0	MA	12				
Starch ... g									
Minerals:									
Calcium, Ca ... mg	139		0	MA	12				
Iron, Fe ... mg	2.38		0	MA	12				
Magnesium, Mg ... mg	15		0	MA	12				
Phosphorus, P ... mg	84		0	MA	12				
Potassium, K ... mg	154		0	MA	12				
Sodium, Na ... mg	53		0	MA	12				
Zinc, Zn ... mg	1.19		0	MA	12				
Copper, Cu ... mg	0.106		0	MA	12				
Manganese, Mn ... mg									
Selenium, Se ... mcg	4.0		0	MA	12				
Vitamins:									
Vitamin C, total ascorbic acid ... mg	15.9		0	MA	12				
Thiamin ... mg	0.079		0	MA	12				
Riboflavin ... mg	0.125		0	MA	12				
Niacin ... mg	1.784		0	MA	12				
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.080		0	MA	12				
Folate, total ... mcg	21		0	MA	12				
Folic acid ... mcg	21		0	MA	12				
Folate, food ... mcg	0		0	Z	7				
Folate, DFE ... mcg_DFE	36		0	NC	4				
Choline, total ... mg	31.8		0	MA	12				
Betaine ... mg									
Vitamin B-12 ... mcg	0.40		0	MA	12				
Vitamin B-12, added ... mcg	0.40		0	NR	4				
Vitamin A, RAE ... mcg_RAE	119		0	NC	4				
Retinol ... mcg	119		0	NR	4				
Carotene, beta ... mcg	0		0	Z	7				
Carotene, alpha ... mcg	0		0	Z	7				
Cryptoxanthin, beta ... mcg	0		0	Z	7				
Vitamin A, IU ... IU	398		0	MA	12				
Lycopene ... mcg	0		0	Z	7				
Lutein + zeaxanthin ... mcg	0		0	Z	7				
Vitamin E (alpha-tocopherol) ... mg	1.94		0	MA	12				
Vitamin E, added ... mg	1.94		0	MA	12				
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	2.0		0	NR	4				
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	80		0	MA	12				
Vitamin K (phylloquinone) ... mcg	11.9		0	MA	12				
Lipids:									
Fatty acids, total saturated ... g	2.897		0	MA	12				
4:0 ... g	0.000		0	Z	7				

NDB No. 03966

Infant formula, NESTLE, GOOD START SOY, with DHA and ARA, liquid concentrate

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.008		0	MA	12				
8:0 ... g	0.113		0	MA	12				
10:0 ... g	0.079		0	MA	12				
12:0 ... g	0.635		0	MA	12				
13:0 ... g									
14:0 ... g	0.264		0	MA	12				
15:0 ... g									
16:0 ... g	1.534		0	MA	12				
17:0 ... g									
18:0 ... g	0.264		0	MA	12				
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	2.198		0	MA	12				
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0	MA	12				
17:1 ... g									
18:1 undifferentiated ... g	2.090		0	MA	12				
20:1 ... g	0.105		0	MA	12				
22:1 undifferentiated ... g	0.003		0	MA	12				
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	1.431		0	MA	12				
18:2 undifferentiated ... g	1.240		0	MA	12				
18:3 undifferentiated ... g	0.132		0	MA	12				
18:4 ... g	0.000		0	MA	12				
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.040		0	MA	12				
20:5 n-3 (EPA) ... g	0.000		0	MA	12				
22:5 n-3 (DPA) ... g	0.000		0	MA	12				
22:6 n-3 (DHA) ... g	0.019		0	MA	12				
Fatty acids, total trans ... g									
Cholesterol ... mg	2		0	MA	12				
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7				
Caffeine ... mg	0		0	Z	7				
Theobromine ... mg	0		0	Z	7				

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03859
Infant formula, NESTLE, GOOD START SOY, with DHA and ARA, ready-to-feed (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	87.50		0	NR	4				
Energy ... kcal	64		0	MA	12				
Energy ... kJ	268		0	MA	12				
Protein ... g	1.60		0	MA	12				
Total lipid (fat) ... g	3.28		0	MA	12				
Ash ... g	0.49		0	MA	12				
Carbohydrate, by difference ... g	7.13		0	NC	4				
Fiber, total dietary ... g	0.0		0	BFZN	4				
Sugars, total ... g	5.68		0	MA	12				
Starch ... g									
Minerals:									
Calcium, Ca ... mg	67		0	MA	12				
Iron, Fe ... mg	1.15		0	MA	12				
Magnesium, Mg ... mg	7		0	MA	12				
Phosphorus, P ... mg	41		0	MA	12				
Potassium, K ... mg	74		0	MA	12				
Sodium, Na ... mg	26		0	MA	12				
Zinc, Zn ... mg	0.58		0	MA	12				
Copper, Cu ... mg	0.051		0	MA	12				
Manganese, Mn ... mg									
Selenium, Se ... mcg	1.9		0	MA	12				
Vitamins:									
Vitamin C, total ascorbic acid ... mg	7.7		0	MA	12				
Thiamin ... mg	0.039		0	MA	12				
Riboflavin ... mg	0.060		0	MA	12				
Niacin ... mg	0.864		0	MA	12				
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.038		0	MA	12				
Folate, total ... mcg	10		0	MA	12				
Folic acid ... mcg	10		0	MA	12				
Folate, food ... mcg	0		0	MA	12				
Folate, DFE ... mcg_DFE	17		0	NC	4				
Choline, total ... mg	7.0		0	NR	4				
Betaine ... mg									
Vitamin B-12 ... mcg	0.19		0	MA	12				
Vitamin B-12, added ... mcg	0.20		0	NR	4				
Vitamin A, RAE ... mcg_RAE	58		0	NC	4				
Retinol ... mcg	58		0	NR	4				
Carotene, beta ... mcg	0		0	MA	12				
Carotene, alpha ... mcg	0		0	MA	12				
Cryptoxanthin, beta ... mcg	0		0	MA	12				
Vitamin A, IU ... IU	193		0	NR	4				
Lycopene ... mcg	0		0	BFZN	4				
Lutein + zeaxanthin ... mcg	0		0	BFZN	4				
Vitamin E (alpha-tocopherol) ... mg	0.94		0	MA	12				
Vitamin E, added ... mg	0.94		0	NR	4				
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.0		0	MA	12				
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	39		0	MA	12				
Vitamin K (phylloquinone) ... mcg	5.8		0	MA	12				
Lipids:									
Fatty acids, total saturated ... g	1.400		0	NC	4				
4:0 ... g	0.000		0	BFZN	4				

NDB No. 03859

Infant formula, NESTLE, GOOD START SOY, with DHA and ARA, ready-to-feed (1)

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0 ... g	0.004		0	MA	12				
8:0 ... g	0.050		0	MA	12				
10:0 ... g	0.039		0	MA	12				
12:0 ... g	0.308		0	MA	12				
13:0 ... g									
14:0 ... g	0.128		0	MA	12				
15:0 ... g									
16:0 ... g	0.744		0	MA	12				
17:0 ... g									
18:0 ... g	0.128		0	MA	12				
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.189		0	NC	4				
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.006		0	MA	12				
17:1 ... g									
18:1 undifferentiated ... g	1.080		0	NR	4				
20:1 ... g	0.051		0	MA	12				
22:1 undifferentiated ... g	0.051		0	MA	12				
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.695		0	NC	4				
18:2 undifferentiated ... g	0.603		0	MA	12				
18:3 undifferentiated ... g	0.064		0	MA	12				
18:4 ... g	0.000		0	BFZN	4				
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.019		0	NR	4				
20:5 n-3 (EPA) ... g	0.000		0	BFZN	4				
22:5 n-3 (DPA) ... g	0.000		0	BFZN	4				
22:6 n-3 (DHA) ... g	0.009		0	NR	4				
Fatty acids, total trans ... g									
Cholesterol ... mg	2		0	NR	4				
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	BFZN	4				
Caffeine ... mg	0		0	BFZN	4				
Theobromine ... mg	0		0	BFZN	4				

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03961

Infant formula, NESTLE, GOOD START SUPREME, with iron, DHA and ARA, prepared from liquid concentrate (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	87.50		0	NR	4		27.48		
Energy ... kcal	66		0	NR	4		21		
Energy ... kJ	276		0	NR	4		87		
Protein ... g	1.45		0	MC	9		0.46		
Total lipid (fat) ... g	3.37		0	MC	9		1.06		
Ash ... g	0.29		0	T	4		0.09		
Carbohydrate, by difference ... g	7.39		0	MC	9		2.32		
Fiber, total dietary ... g	0.0		0	MC	9		0.0		
Sugars, total ... g	5.00		0	MC	9		1.57		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	42		0	MC	9		13		
Iron, Fe ... mg	0.99		0	MC	9		0.31		
Magnesium, Mg ... mg	5		0	MC	9		2		
Phosphorus, P ... mg	24		0	MC	9		8		
Potassium, K ... mg	71		0	MC	9		22		
Sodium, Na ... mg	18		0	MC	9		6		
Zinc, Zn ... mg	0.53		0	MC	9		0.17		
Copper, Cu ... mg	0.053		0	MC	9		0.017		
Manganese, Mn ... mg									
Selenium, Se ... mcg	1.3		0	MC	9		0.4		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	5.9		0	MC	9		1.9		
Thiamin ... mg	0.066		0	MC	9		0.021		
Riboflavin ... mg	0.092		0	MC	9		0.029		
Niacin ... mg	0.693		0	MC	9		0.218		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.050		0	MC	9		0.016		
Folate, total ... mcg	10		0	MC	9		3		
Folic acid ... mcg	10		0	MC	9		3		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	17		0	NC	4		5		
Choline, total ... mg	8.0		0	NR	4		2.5		
Betaine ... mg									
Vitamin B-12 ... mcg	0.22		0	NR	4		0.07		
Vitamin B-12, added ... mcg	0.22		0	NR	4		0.07		
Vitamin A, RAE ... mcg_RAE	60		0	NC	4		19		
Retinol ... mcg	60		0	O	4		19		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	200		0	NC	4		63		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	0.99		0	MC	9		0.31		
Vitamin E, added ... mg	0.99		0	NR	4		0.31		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.1		0	NR	4		0.3		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	42		0	MC	9		13		
Vitamin K (phylloquinone) ... mcg	5.3		0	MC	9		1.7		
Lipids:									
Fatty acids, total saturated ... g	1.470		0	MA	12		0.462		
4:0 ... g	0.000		0	MA	12		0.000		

NDB No. 03961

Infant formula, NESTLE, GOOD START SUPREME, with iron, DHA and ARA, prepared from liquid concentrate (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0	MA	12		0.000		
8:0 ... g	0.050		0	MA	12		0.016		
10:0 ... g	0.040		0	MA	12		0.013		
12:0 ... g	0.340		0	MA	12		0.107		
13:0 ... g									
14:0 ... g	0.140		0	MA	12		0.044		
15:0 ... g									
16:0 ... g	0.780		0	MA	12		0.245		
17:0 ... g									
18:0 ... g	0.120		0	MA	12		0.038		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.080		0	MA	12		0.339		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0	MA	12		0.000		
17:1 ... g									
18:1 undifferentiated ... g	1.080		0	MA	12		0.339		
20:1 ... g	0.000		0	MA	12		0.000		
22:1 undifferentiated ... g	0.000		0	MA	12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.740		0	MA	12		0.232		
18:2 undifferentiated ... g	0.634		0	MA	12		0.199		
18:3 undifferentiated ... g	0.071		0	MA	12		0.022		
18:4 ... g	0.000		0	MA	12		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.023		0	MA	12		0.007		
20:5 n-3 (EPA) ... g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA) ... g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA) ... g	0.011		0	MA	12		0.003		
Fatty acids, total trans ... g									
Cholesterol ... mg	4		0	MA	12		1		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	Z	7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Footnotes:

1 Contain arachidonic acid (ARA, nutrient number 620) and docosohexanoic acid nutrient number 621) fatty acids found to human breast milk

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03960

Infant formula, NESTLE, GOOD START SUPREME, with iron, DHA and ARA, ready-to-feed

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	87.50		0		12		26.69		
Energy ... kcal	66		0		9		20		
Energy ... kJ	276		0		9		84		
Protein ... g	1.45		0	MC	9		0.44		
Total lipid (fat) ... g	3.37		0	MC	9		1.03		
Ash ... g	0.29		0	T	4		0.09		
Carbohydrate, by difference ... g	7.39		0	MC	9		2.25		
Fiber, total dietary ... g	0.0		0		7		0.0		
Sugars, total ... g	5.00		0	T	4		1.53		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	42		0		12		13		
Iron, Fe ... mg	0.99		0		12		0.30		
Magnesium, Mg ... mg	5		0	MC	9		1		
Phosphorus, P ... mg	24		0		12		7		
Potassium, K ... mg	71		0	MC	9		22		
Sodium, Na ... mg	18		0	MC	9		5		
Zinc, Zn ... mg	0.53		0	MC	9		0.16		
Copper, Cu ... mg	0.053		0		12		0.016		
Manganese, Mn ... mg									
Selenium, Se ... mcg	1.3		0	MC	9		0.4		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	5.9		0	MC	9		1.8		
Thiamin ... mg	0.066		0	MC	9		0.020		
Riboflavin ... mg	0.092		0	MC	9		0.028		
Niacin ... mg	0.693		0	MC	9		0.211		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.050		0	MC	9		0.015		
Folate, total ... mcg	10		0	MC	9		3		
Folic acid ... mcg	10		0	MC	9		3		
Folate, food ... mcg	0		0	MC	9		0		
Folate, DFE ... mcg_DFE	17		0	NC	4		5		
Choline, total ... mg	8.0		0	MC	9		2.4		
Betaine ... mg									
Vitamin B-12 ... mcg	0.22		0	MC	9		0.07		
Vitamin B-12, added ... mcg	0.22		0	NR	4		0.07		
Vitamin A, RAE ... mcg_RAE	60		0	NC	4		18		
Retinol ... mcg	60		0	T	4		18		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	200		0	NC	4		61		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	0.99		0	MC	9		0.30		
Vitamin E, added ... mg	0.99		0	NR	4		0.30		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.1		0	NR	4		0.3		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	42		0	MC	9		13		
Vitamin K (phylloquinone) ... mcg	5.3		0	MC	9		1.6		
Lipids:									
Fatty acids, total saturated ... g	1.470		0	MA	12		0.448		
4:0 ... g	0.000		0	MA	12		0.000		

NDB No. 03960

Infant formula, NESTLE, GOOD START SUPREME, with iron, DHA and ARA, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0	MA	12		0.000		
8:0 ... g	0.050		0	MA	12		0.015		
10:0 ... g	0.040		0	MA	12		0.012		
12:0 ... g	0.340		0	MA	12		0.104		
13:0 ... g									
14:0 ... g	0.140		0	MA	12		0.043		
15:0 ... g									
16:0 ... g	0.780		0	MA	12		0.238		
17:0 ... g									
18:0 ... g	0.120		0	MA	12		0.037		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.080		0	MA	12		0.329		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0	MA	12		0.000		
17:1 ... g									
18:1 undifferentiated ... g	1.080		0	MA	12		0.329		
20:1 ... g	0.000		0	MA	12		0.000		
22:1 undifferentiated ... g	0.000		0	MA	12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.740		0	MA	12		0.226		
18:2 undifferentiated ... g	0.634		0	MA	12		0.193		
18:3 undifferentiated ... g	0.071		0	MA	12		0.022		
18:4 ... g	0.000		0	MA	12		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.023		0	NR	4		0.007		
20:5 n-3 (EPA) ... g	0.000		0	MA	12		0.000		
22:5 n-3 (DPA) ... g	0.000		0	MA	12		0.000		
22:6 n-3 (DHA) ... g	0.011		0	MA	12		0.003		
Fatty acids, total trans ... g									
Cholesterol ... mg	4		0	MA	12		1		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0	MA	12		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03801

Infant formula, NESTLE, GOOD START SUPREME, with iron, liquid concentrate, not reconstituted

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	75.80		0		12		23.80		
Energy	kcal	127		0		9		40		
Energy	kJ	531		0		9		167		
Protein	g	2.79		0	MC	9		0.88		
Total lipid (fat)	g	6.50		0		12		2.04		
Ash	g	0.71		0	T	4		0.22		
Carbohydrate, by difference	g	14.20		0	MC	9		4.46		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	9.70		0	T	4		3.05		
Starch	g									
Minerals:										
Calcium, Ca	mg	81		0	T	4		26		
Iron, Fe	mg	1.90		0		12		0.60		
Magnesium, Mg	mg	9		0	MC	9		3		
Phosphorus, P	mg	46		0		12		14		
Potassium, K	mg	137		0	MC	9		43		
Sodium, Na	mg	34		0	MC	9		11		
Zinc, Zn	mg	1.02		0	MC	9		0.32		
Copper, Cu	mg	0.100		0		12		0.031		
Manganese, Mn	mg									
Selenium, Se	mcg	1.6		0	MC	9		0.5		
Vitamins:										
Vitamin C, total ascorbic acid	mg	11.0		0	MC	9		3.5		
Thiamin	mg	0.127		0	MC	9		0.040		
Riboflavin	mg	0.178		0	MC	9		0.056		
Niacin	mg	1.330		0	MC	9		0.418		
Pantothenic acid	mg									
Vitamin B-6	mg	0.095		0	MC	9		0.030		
Folate, total	mcg	19		0	T	4		6		
Folic acid	mcg	19		0	NR	4		6		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	32		0	NC	4		10		
Choline, total	mg	15.4		0	MC	9		4.8		
Betaine	mg									
Vitamin B-12	mcg	0.42		0	MC	9		0.13		
Vitamin B-12, added	mcg	0.42		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	114		0	NC	4		36		
Retinol	mcg	114		0	T	4		36		
Carotene, beta	mcg	0		0	T	4		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	381		0	MC	9		120		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	1.91		0	MC	9		0.60		
Vitamin E, added	mg	1.91		0	NR	4		0.60		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.9		0	MC	9		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	76		0	MC	9		24		
Vitamin K (phylloquinone)	mcg	10.0		0	MC	9		3.1		
Lipids:										
Fatty acids, total saturated	g	2.970		0	T	4		0.933		
4:0	g	0.000		0		12		0.000		

NDB No. 03801

Infant formula, NESTLE, GOOD START SUPREME, with iron, liquid concentrate, not reconstituted

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.008		0	T	4		0.003		
8:0 ... g	0.100		0		12		0.031		
10:0 ... g	0.080		0		12		0.025		
12:0 ... g	0.603		0	T	4		0.189		
13:0 ... g									
14:0 ... g	0.270		0		12		0.085		
15:0 ... g									
16:0 ... g	1.500		0		12		0.471		
17:0 ... g									
18:0 ... g	0.230		0		12		0.072		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	2.060		0		12		0.647		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0		12		0.000		
17:1 ... g									
18:1 undifferentiated ... g	2.060		0		12		0.647		
20:1 ... g	0.000		0		12		0.000		
22:1 undifferentiated ... g	0.000		0		12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	1.420		0		12		0.446		
18:2 undifferentiated ... g	1.300		0		12		0.408		
18:3 undifferentiated ... g	0.120		0		12		0.038		
18:4 ... g	0.000		0		12		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		12		0.000		
20:5 n-3 (EPA) ... g	0.000		0		12		0.000		
22:5 n-3 (DPA) ... g	0.000		0		12		0.000		
22:6 n-3 (DHA) ... g	0.000		0		12		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	2		0	NR	4		1		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03802
Infant formula, NESTLE, GOOD START SUPREME, with iron, powder

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.50		0	MA	12		0.22		
Energy	kcal	509		0	NC	4		44		
Energy	kJ	2131		0	NC	4		185		
Protein	g	11.30		0	MC	9		0.98		
Total lipid (fat)	g	26.10		0	MA	12		2.27		
Ash	g	2.78		0	FLM	4		0.24		
Carbohydrate, by difference	g	57.32		0	NC	4		4.99		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	39.30		0	T	4		3.42		
Starch	g									
Minerals:										
Calcium, Ca	mg	343		0	MC	9		30		
Iron, Fe	mg	7.70		0	MC	9		0.67		
Magnesium, Mg	mg	36		0	MC	9		3		
Phosphorus, P	mg	184		0	MC	9		16		
Potassium, K	mg	553		0	MC	9		48		
Sodium, Na	mg	138		0	MC	9		12		
Zinc, Zn	mg	4.10		0	MC	9		0.36		
Copper, Cu	mg	0.410		0	MC	9		0.036		
Manganese, Mn	mg									
Selenium, Se	mcg	10.2		0	MC	9		0.9		
Vitamins:										
Vitamin C, total ascorbic acid	mg	46.1		0	MC	9		4.0		
Thiamin	mg	0.512		0	MC	9		0.045		
Riboflavin	mg	0.717		0	MC	9		0.062		
Niacin	mg	5.380		0	MC	9		0.468		
Pantothenic acid	mg									
Vitamin B-6	mg	0.384		0	MC	9		0.033		
Folate, total	mcg	77		0	MC	9		7		
Folic acid	mcg	77		0	MC	9		7		
Folate, food	mcg	0		0	NC	4		0		
Folate, DFE	mcg_DFE	131		0	NC	4		11		
Choline, total	mg	61.4		0	MC	9		5.3		
Betaine	mg									
Vitamin B-12	mcg	1.10		0		12		0.10		
Vitamin B-12, added	mcg	1.10		0	NR	4		0.10		
Vitamin A, RAE	mcg_RAE	461		0	NC	4		40		
Retinol	mcg	461		0	T	4		40		
Carotene, beta	mcg	0		0	T	4		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1537		0	NC	4		134		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	7.70		0	MC	9		0.67		
Vitamin E, added	mg	7.70		0	NR	4		0.67		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.7		0	MC	9		0.7		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	307		0	MC	9		27		
Vitamin K (phylloquinone)	mcg	41.0		0	MC	9		3.6		
Lipids:										
Fatty acids, total saturated	g	11.660		0		12		1.014		
4:0	g	0.000		0		12		0.000		

NDB No. 03802
Infant formula, NESTLE, GOOD START SUPREME, with iron, powder

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		12		0.000		
8:0 ... g	0.410		0		12		0.036		
10:0 ... g	0.330		0		12		0.029		
12:0 ... g	2.660		0		12		0.231		
13:0 ... g									
14:0 ... g	1.110		0		12		0.097		
15:0 ... g									
16:0 ... g	6.180		0		12		0.538		
17:0 ... g									
18:0 ... g	0.970		0		12		0.084		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	8.500		0		12		0.740		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0		12		0.000		
17:1 ... g									
18:1 undifferentiated ... g	8.500		0		12		0.740		
20:1 ... g	0.000		0		12		0.000		
22:1 undifferentiated ... g	0.000		0		12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	5.880		0		12		0.512		
18:2 undifferentiated ... g	5.370		0		12		0.467		
18:3 undifferentiated ... g	0.510		0		12		0.044		
18:4 ... g	0.000		0		12		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		12		0.000		
20:5 n-3 (EPA) ... g	0.000		0		12		0.000		
22:5 n-3 (DPA) ... g	0.000		0		12		0.000		
22:6 n-3 (DHA) ... g	0.000		0		12		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	32		0	MA	12		3		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03800
Infant formula, NESTLE, GOOD START SUPREME, with iron, ready-to-feed

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	87.50		0		12		26.69		
Energy	kcal	66		0		9		20		
Energy	kJ	276		0		9		84		
Protein	g	1.45		0	MC	9		0.44		
Total lipid (fat)	g	3.37		0	MC	9		1.03		
Ash	g	0.29		0	T	4		0.09		
Carbohydrate, by difference	g	7.39		0	MC	9		2.25		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	5.00		0	T	4		1.53		
Starch	g									
Minerals:										
Calcium, Ca	mg	42		0		12		13		
Iron, Fe	mg	0.99		0		12		0.30		
Magnesium, Mg	mg	5		0	MC	9		1		
Phosphorus, P	mg	24		0		12		7		
Potassium, K	mg	71		0	MC	9		22		
Sodium, Na	mg	18		0	MC	9		5		
Zinc, Zn	mg	0.53		0	MC	9		0.16		
Copper, Cu	mg	0.053		0		12		0.016		
Manganese, Mn	mg									
Selenium, Se	mcg	1.3		0	MC	9		0.4		
Vitamins:										
Vitamin C, total ascorbic acid	mg	5.9		0	MC	9		1.8		
Thiamin	mg	0.066		0	MC	9		0.020		
Riboflavin	mg	0.092		0	MC	9		0.028		
Niacin	mg	0.693		0	MC	9		0.211		
Pantothenic acid	mg									
Vitamin B-6	mg	0.050		0		12		0.015		
Folate, total	mcg	10		0	MC	9		3		
Folic acid	mcg	10		0	MC	9		3		
Folate, food	mcg	0		0	MC	9		0		
Folate, DFE	mcg_DFE	17		0	NC	4		5		
Choline, total	mg	8.0		0	MC	9		2.4		
Betaine	mg									
Vitamin B-12	mcg	0.22		0	MC	9		0.07		
Vitamin B-12, added	mcg	0.22		0	NR	4		0.07		
Vitamin A, RAE	mcg_RAE	60		0	NC	4		18		
Retinol	mcg	60		0	T	4		18		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	200		0	NC	4		61		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	0.99		0	MC	9		0.30		
Vitamin E, added	mg	0.99		0	NR	4		0.30		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.1		0	MC	9		0.3		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	42		0	MC	9		13		
Vitamin K (phylloquinone)	mcg	5.3		0	MC	9		1.6		
Lipids:										
Fatty acids, total saturated	g	1.470		0		12		0.448		
4:0	g	0.000		0		12		0.000		

NDB No. 03800

Infant formula, NESTLE, GOOD START SUPREME, with iron, ready-to-feed

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		12		0.000		
8:0 ... g	0.050		0		12		0.015		
10:0 ... g	0.040		0		12		0.012		
12:0 ... g	0.340		0		12		0.104		
13:0 ... g									
14:0 ... g	0.140		0		12		0.043		
15:0 ... g									
16:0 ... g	0.780		0		12		0.238		
17:0 ... g									
18:0 ... g	0.120		0		12		0.037		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	1.080		0		12		0.329		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.000		0		12		0.000		
17:1 ... g									
18:1 undifferentiated ... g	1.080		0		12		0.329		
20:1 ... g	0.000		0		12		0.000		
22:1 undifferentiated ... g	0.000		0		12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	0.740		0		12		0.226		
18:2 undifferentiated ... g	0.680		0		12		0.207		
18:3 undifferentiated ... g	0.060		0		12		0.018		
18:4 ... g	0.000		0		12		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.000		0		12		0.000		
20:5 n-3 (EPA) ... g	0.000		0		12		0.000		
22:5 n-3 (DPA) ... g	0.000		0		12		0.000		
22:6 n-3 (DHA) ... g	0.000		0		12		0.000		
Fatty acids, total trans ... g									
Cholesterol ... mg	4		0	MA	12		1		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.5g: 1 fl oz

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03881

Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, liquid concentrate, not reconstituted (formerly WYETH-AYERST) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	76.00		0		4		23.86		
Energy	kcal	130		0	NC	4		41		
Energy	kJ	545		0	NC	4		171		
Protein	g	2.90		0		4		0.91		
Total lipid (fat)	g	7.00		0		4		2.20		
Ash	g	0.61		0	O	4		0.19		
Carbohydrate, by difference	g	13.90		0	MC	9		4.36		
Fiber, total dietary	g	0.0		0		4		0.0		
Sugars, total	g	13.90		0	NR	4		4.36		
Starch	g									
Minerals:										
Calcium, Ca	mg	83		0		4		26		
Iron, Fe	mg	2.36		0		4		0.74		
Magnesium, Mg	mg	9		0		4		3		
Phosphorus, P	mg	55		0		4		17		
Potassium, K	mg	109		0		4		34		
Sodium, Na	mg	29		0		4		9		
Zinc, Zn	mg	1.06		0		4		0.33		
Copper, Cu	mg	0.092		0		4		0.029		
Manganese, Mn	mg									
Selenium, Se	mcg	2.6		0	MC	9		0.8		
Vitamins:										
Vitamin C, total ascorbic acid	mg	11.2		0		4		3.5		
Thiamin	mg	0.130		0		4		0.041		
Riboflavin	mg	0.200		0		4		0.063		
Niacin	mg	0.990		0		4		0.311		
Pantothenic acid	mg									
Vitamin B-6	mg	0.080		0		4		0.025		
Folate, total	mcg	10		0		4		3		
Folic acid	mcg	10		0	NR	4		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	17		0	NC	4		5		
Choline, total	mg	20.0		0	MC	9		6.3		
Betaine	mg									
Vitamin B-12	mcg	0.26		0		4		0.08		
Vitamin B-12, added	mcg	0.26		0	NR	4		0.08		
Vitamin A, RAE	mcg_RAE	118		0	NC	4		37		
Retinol	mcg	118		0	NR	4		37		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	NR	4		0		
Vitamin A, IU	IU	393		0	NC	4		124		
Lycopene	mcg	0		0	NR	4		0		
Lutein + zeaxanthin	mcg	0		0	NR	4		0		
Vitamin E (alpha-tocopherol)	mg	0.83		0	MC	9		0.26		
Vitamin E, added	mg	0.83		0	NR	4		0.26		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	2.1		0	MC	9		0.7		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	86		0	MC	9		27		
Vitamin K (phylloquinone)	mcg	10.6		0	O	4		3.3		
Lipids:										
Fatty acids, total saturated	g	3.200		0		4		1.005		

NDB No. 03881

Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, liquid concentrate, not reconstituted (formerly WYETH-AYERST) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
4:0 g	0.000		0		4		0.000		
6:0 g	0.000		0		4		0.000		
8:0 g	0.180		0		4		0.057		
10:0 g	0.140		0		4		0.044		
12:0 g	0.960		0		4		0.301		
13:0 g									
14:0 g	0.460		0		4		0.144		
15:0 g									
16:0 g	0.940		0		4		0.295		
17:0 g									
18:0 g	0.500		0		4		0.157		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	2.800		0		4		0.879		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.080		0		4		0.025		
17:1 g									
18:1 undifferentiated g	2.680		0		4		0.842		
20:1 g	0.020		0		4		0.006		
22:1 undifferentiated g	0.000		0		4		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	1.000		0		4		0.314		
18:2 undifferentiated g	0.900		0		4		0.283		
18:3 undifferentiated g	0.100		0		4		0.031		
18:4 g	0.000		0		4		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.044		0	MC	9		0.014		
20:5 n-3 (EPA) g	0.000		0		4		0.000		
22:5 n-3 (DPA) g	0.000		0		4		0.000		
22:6 n-3 (DHA) g	0.023		0	MC	9		0.007		
Fatty acids, total trans g									
Cholesterol mg	8		0		4		3		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	NR	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number is 620) and docosahexaenoic acid (DHA, nutrient number is 621), fatty acids found in human breast milk

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03883

Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, powder, (formerly WYETH-AYERST) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.00		0		12		0.17		
Energy	kcal	524		0	NC	4		44		
Energy	kJ	2192		0	NC	4		184		
Protein	g	12.00		0		12		1.01		
Total lipid (fat)	g	28.00		0		12		2.35		
Ash	g	2.00		0	MC	9		0.17		
Carbohydrate, by difference	g	56.00		0	NC	4		4.70		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	56.00		0	NR	4		4.70		
Starch	g									
Minerals:										
Calcium, Ca	mg	331		0		12		28		
Iron, Fe	mg	9.50		0		12		0.80		
Magnesium, Mg	mg	36		0		12		3		
Phosphorus, P	mg	221		0		12		19		
Potassium, K	mg	441		0		12		37		
Sodium, Na	mg	118		0		12		10		
Zinc, Zn	mg	3.90		0		12		0.33		
Copper, Cu	mg	0.370		0		12		0.031		
Manganese, Mn	mg									
Selenium, Se	mcg	11.0		0	MC	9		0.9		
Vitamins:										
Vitamin C, total ascorbic acid	mg	43.3		0		12		3.6		
Thiamin	mg	0.530		0		12		0.045		
Riboflavin	mg	0.790		0		12		0.066		
Niacin	mg	3.940		0		12		0.331		
Pantothenic acid	mg									
Vitamin B-6	mg	0.330		0		12		0.028		
Folate, total	mcg	39		0		12		3		
Folic acid	mcg	39		0	NR	4		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	66		0	NC	4		6		
Choline, total	mg	81.7		0	MC	9		6.9		
Betaine	mg									
Vitamin B-12	mcg	1.02		0	MA	12		0.09		
Vitamin B-12, added	mcg	1.02		0	NR	4		0.09		
Vitamin A, RAE	mcg_RAE	473		0	NC	4		40		
Retinol	mcg	473		0	NR	4		40		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1577		0	NC	4		132		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	3.38		0	MC	9		0.28		
Vitamin E, added	mg	3.38		0	NR	4		0.28		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.6		0	MA	12		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	303		0	MA	12		25		
Vitamin K (phylloquinone)	mcg	43.0		0	MC	9		3.6		
Lipids:										
Fatty acids, total saturated	g	12.761		0	NC	4		1.072		
4:0	g	0.000		0		12		0.000		

NDB No. 03883

Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, powder, (formerly WYETH-AYERST) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		12		0.000		
8:0 g	0.731		0		12		0.061		
10:0 g	0.563		0		12		0.047		
12:0 g	3.872		0		12		0.325		
13:0 g									
14:0 g	1.817		0		12		0.153		
15:0 g									
16:0 g	3.783		0		12		0.318		
17:0 g									
18:0 g	1.995		0		12		0.168		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	11.131		0	NC	4		0.935		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.336		0		12		0.028		
17:1 g									
18:1 undifferentiated g	10.736		0		12		0.902		
20:1 g	0.059		0		12		0.005		
22:1 undifferentiated g	0.000		0		12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	3.951		0	NC	4		0.332		
18:2 undifferentiated g	3.585		0		12		0.301		
18:3 undifferentiated g	0.365		0		12		0.031		
18:4 g	0.000		0		12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.181		0	MC	9		0.015		
20:5 n-3 (EPA) g	0.000		0		12		0.000		
22:5 n-3 (DPA) g	0.000		0		12		0.000		
22:6 n-3 (DHA) g	0.103		0	MC	9		0.009		
Fatty acids, total trans g									
Cholesterol mg	32		0		12		3		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.4g: 1 scoop

Footnotes:

1 Contains arachidonic acid (ARA,nutrient number is 620) and docosahexaenoic acid (DHA nutrient number is 621) fatty acids found in human breast milk

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03880

Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, ready-to-feed (formerly WYETH-AYERST) (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	88.10		0		12		26.78		
Energy ... kcal	63		0	NC	4		19		
Energy ... kJ	262		0	NC	4		80		
Protein ... g	1.40		0		12		0.43		
Total lipid (fat) ... g	3.50		0		12		1.06		
Ash ... g	0.61		0	O	4		0.19		
Carbohydrate, by difference ... g	6.40		0	NR	4		1.95		
Fiber, total dietary ... g	0.0		0		7		0.0		
Sugars, total ... g	6.40		0	O	4		1.95		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	41		0		12		12		
Iron, Fe ... mg	1.18		0		12		0.36		
Magnesium, Mg ... mg	5		0		12		2		
Phosphorus, P ... mg	28		0		12		9		
Potassium, K ... mg	55		0		12		17		
Sodium, Na ... mg	14		0		12		4		
Zinc, Zn ... mg	0.53		0		12		0.16		
Copper, Cu ... mg	0.046		0		12		0.014		
Manganese, Mn ... mg									
Selenium, Se ... mcg	1.4		0	MC	9		0.4		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	5.6		0		12		1.7		
Thiamin ... mg	0.070		0		12		0.021		
Riboflavin ... mg	0.100		0		12		0.030		
Niacin ... mg	0.490		0		12		0.149		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.040		0		12		0.012		
Folate, total ... mcg	5		0		12		2		
Folic acid ... mcg	5		0	NR	4		2		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	9		0	NC	4		3		
Choline, total ... mg	10.0		0	MC	9		3.0		
Betaine ... mg									
Vitamin B-12 ... mcg	0.13		0		12		0.04		
Vitamin B-12, added ... mcg	0.13		0	NR	4		0.04		
Vitamin A, RAE ... mcg_RAE	59		0	NC	4		18		
Retinol ... mcg	59		0	NR	4		18		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	197		0	NC	4		60		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	0.41		0	MC	9		0.12		
Vitamin E, added ... mg	0.41		0	NR	4		0.12		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	1.1		0	MC	9		0.3		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	43		0	MC	9		13		
Vitamin K (phylloquinone) ... mcg	5.3		0	MC	9		1.6		
Lipids:									
Fatty acids, total saturated ... g	1.600		0		12		0.486		
4:0 ... g	0.000		0		12		0.000		

NDB No. 03880

Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, ready-to-feed (formerly WYETH-AYERST) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		12		0.000		
8:0 g	0.090		0		12		0.027		
10:0 g	0.070		0		12		0.021		
12:0 g	0.480		0		12		0.146		
13:0 g									
14:0 g	0.230		0		12		0.070		
15:0 g									
16:0 g	0.470		0		12		0.143		
17:0 g									
18:0 g	0.250		0		12		0.076		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.400		0		12		0.426		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.040		0		12		0.012		
17:1 g									
18:1 undifferentiated g	1.340		0		12		0.407		
20:1 g	0.010		0		12		0.003		
22:1 undifferentiated g	0.000		0		12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	0.500		0		12		0.152		
18:2 undifferentiated g	0.450		0		12		0.137		
18:3 undifferentiated g	0.050		0		12		0.015		
18:4 g	0.000		0		12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.022		0	MC	9		0.007		
20:5 n-3 (EPA) g	0.000		0		12		0.000		
22:5 n-3 (DPA) g	0.000		0		12		0.000		
22:6 n-3 (DHA) g	0.013		0	MC	9		0.004		
Fatty acids, total trans g									
Cholesterol mg	4		0		4		1		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.4g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA,nutrient number 620) and docosahexaenoic acid(DHA,nutrient number 621) fatty acids found in human breast milk

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03891

Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, soy, liquid concentrate, (formerly WYETH-AYERST) (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water ... g	76.00		0		4		23.86		
Energy ... kcal	126		0	NC	4		40		
Energy ... kJ	528		0	NC	4		166		
Protein ... g	3.60		0		4		1.13		
Total lipid (fat) ... g	7.00		0		4		2.20		
Ash ... g	1.22		0	O	4		0.38		
Carbohydrate, by difference ... g	12.18		0	NC	4		3.82		
Fiber, total dietary ... g	0.0		0		4		0.0		
Sugars, total ... g	12.18		0	NR	4		3.82		
Starch ... g									
Minerals:									
Calcium, Ca ... mg	118		0	NR	4		37		
Iron, Fe ... mg	2.36		0		4		0.74		
Magnesium, Mg ... mg	14		0		4		4		
Phosphorus, P ... mg	82		0		4		26		
Potassium, K ... mg	138		0		4		43		
Sodium, Na ... mg	36		0		4		11		
Zinc, Zn ... mg	1.06		0		4		0.33		
Copper, Cu ... mg	0.092		0		4		0.029		
Manganese, Mn ... mg									
Selenium, Se ... mcg	3.6		0	CAZN	4		1.1		
Vitamins:									
Vitamin C, total ascorbic acid ... mg	10.8		0		4		3.4		
Thiamin ... mg	0.140		0		4		0.044		
Riboflavin ... mg	0.200		0		4		0.063		
Niacin ... mg	0.980		0		4		0.308		
Pantothenic acid ... mg									
Vitamin B-6 ... mg	0.080		0		4		0.025		
Folate, total ... mcg	10		0		4		3		
Folic acid ... mcg	10		0	NR	4		3		
Folate, food ... mcg	0		0	Z	7		0		
Folate, DFE ... mcg_DFE	17		0	NC	4		5		
Choline, total ... mg	18.0		0	MC	9		5.7		
Betaine ... mg									
Vitamin B-12 ... mcg	0.40		0		4		0.13		
Vitamin B-12, added ... mcg	0.40		0	NR	4		0.13		
Vitamin A, RAE ... mcg_RAE	118		0	NC	4		37		
Retinol ... mcg	118		0	O	4		37		
Carotene, beta ... mcg	0		0	Z	7		0		
Carotene, alpha ... mcg	0		0	Z	7		0		
Cryptoxanthin, beta ... mcg	0		0	Z	7		0		
Vitamin A, IU ... IU	393		0	NC	4		124		
Lycopene ... mcg	0		0	Z	7		0		
Lutein + zeaxanthin ... mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol) ... mg	0.83		0	MC	9		0.26		
Vitamin E, added ... mg	0.83		0	NR	4		0.26		
Tocopherol, beta ... mg									
Tocopherol, gamma ... mg									
Tocopherol, delta ... mg									
Vitamin D (D2 + D3) ... mcg	2.1		0	MC	9		0.7		
Vitamin D2 (ergocalciferol) ... mcg									
Vitamin D3 (cholecalciferol) ... mcg									
Vitamin D ... IU	86		0	MC	9		27		
Vitamin K (phylloquinone) ... mcg	10.2		0	O	4		3.2		
Lipids:									
Fatty acids, total saturated ... g	3.200		0		4		1.005		
4:0 ... g	0.000		0		4		0.000		

NDB No. 03891

Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, soy, liquid concentrate, (formerly WYETH-AYERST) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000		
8:0 g	0.180		0		4		0.057		
10:0 g	0.140		0		4		0.044		
12:0 g	0.960		0		4		0.301		
13:0 g									
14:0 g	0.460		0		4		0.144		
15:0 g									
16:0 g	0.940		0		4		0.295		
17:0 g									
18:0 g	0.500		0		4		0.157		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	2.800		0		4		0.879		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.080		0		4		0.025		
17:1 g									
18:1 undifferentiated g	2.680		0		4		0.842		
20:1 g	0.020		0		4		0.006		
22:1 undifferentiated g	0.000		0		4		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	1.000		0		4		0.314		
18:2 undifferentiated g	0.900		0		4		0.283		
18:3 undifferentiated g	0.100		0		4		0.031		
18:4 g	0.000		0		4		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.045		0	MC	9		0.014		
20:5 n-3 (EPA) g	0.000		0		4		0.000		
22:5 n-3 (DPA) g	0.000		0		4		0.000		
22:6 n-3 (DHA) g	0.025		0	MC	9		0.008		
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Footnotes:

1 Contains arachidonic acid(ARA nutrient number 620) docosahexaenoic acid(DHA nutrient number 621)fatty acids found in human breast milk

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03893

Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, soy, powder (formerly WYETH-AYERST) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.00		0	MA	12		0.17		
Energy	kcal	508		0	NC	4		44		
Energy	kJ	2125		0	NC	4		185		
Protein	g	13.60		0	MA	12		1.18		
Total lipid (fat)	g	27.20		0	MA	12		2.37		
Ash	g	5.00		0	O	4		0.44		
Carbohydrate, by difference	g	52.20		0	NC	4		4.54		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	52.20		0	NR	4		4.54		
Starch	g									
Minerals:										
Calcium, Ca	mg	453		0	MA	12		39		
Iron, Fe	mg	9.10		0	MA	12		0.79		
Magnesium, Mg	mg	51		0	MA	12		4		
Phosphorus, P	mg	317		0	MA	12		28		
Potassium, K	mg	528		0	MA	12		46		
Sodium, Na	mg	151		0	MA	12		13		
Zinc, Zn	mg	3.80		0	MA	12		0.33		
Copper, Cu	mg	0.355		0	MA	12		0.031		
Manganese, Mn	mg									
Selenium, Se	mcg	11.0		0	MC	9		1.0		
Vitamins:										
Vitamin C, total ascorbic acid	mg	42.0		0	MA	12		3.7		
Thiamin	mg	0.500		0	MA	12		0.044		
Riboflavin	mg	0.760		0	MA	12		0.066		
Niacin	mg	3.780		0		12		0.329		
Pantothenic acid	mg									
Vitamin B-6	mg	0.320		0		12		0.028		
Folate, total	mcg	38		0		12		3		
Folic acid	mcg	38		0	MA	12		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	64		0	NC	4		6		
Choline, total	mg	73.0		0	MC	9		6.4		
Betaine	mg									
Vitamin B-12	mcg	1.50		0		12		0.13		
Vitamin B-12, added	mcg	1.50		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	473		0	NC	4		41		
Retinol	mcg	473		0	O	4		41		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1577		0	NC	4		137		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	3.24		0	MC	9		0.28		
Vitamin E, added	mg	3.24		0	NR	4		0.28		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.6		0	MA	12		0.7		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	303		0	MA	12		26		
Vitamin K (phylloquinone)	mcg	41.6		0	MA	12		3.6		
Lipids:										
Fatty acids, total saturated	g	12.370		0	NC	4		1.076		
4:0	g	0.000		0		12		0.000		

NDB No. 03893

Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, soy, powder (formerly WYETH-AYERST) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		12		0.000		
8:0 g	0.710		0		12		0.062		
10:0 g	0.540		0		12		0.047		
12:0 g	3.750		0		12		0.326		
13:0 g									
14:0 g	1.770		0		12		0.154		
15:0 g									
16:0 g	3.670		0		12		0.319		
17:0 g									
18:0 g	1.930		0		12		0.168		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	10.780		0	NC	4		0.938		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.320		0		12		0.028		
17:1 g									
18:1 undifferentiated g	10.410		0		12		0.906		
20:1 g	0.050		0		12		0.004		
22:1 undifferentiated g	0.000		0		12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	3.830		0	NC	4		0.333		
18:2 undifferentiated g	3.480		0		12		0.303		
18:3 undifferentiated g	0.350		0		12		0.030		
18:4 g	0.000		0		12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.183		0	MC	9		0.016		
20:5 n-3 (EPA) g	0.000		0		12		0.000		
22:5 n-3 (DPA) g	0.000		0		12		0.000		
22:6 n-3 (DHA) g	0.102		0	MC	9		0.009		
Fatty acids, total trans g									
Cholesterol mg	0		0		4		0		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid(DHA,nutrient number621)fatty acids found in human breast milk

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03890

Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, soy, ready-to-feed, (formerly WYETH-AYERST) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.00		0		12		26.75		
Energy	kcal	63		0	NC	4		19		
Energy	kJ	264		0	NC	4		80		
Protein	g	1.80		0		12		0.55		
Total lipid (fat)	g	3.50		0		12		1.06		
Ash	g	0.61		0	O	4		0.19		
Carbohydrate, by difference	g	6.09		0	NC	4		1.85		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	6.10		0	O	4		1.85		
Starch	g									
Minerals:										
Calcium, Ca	mg	59		0		12		18		
Iron, Fe	mg	1.18		0		12		0.36		
Magnesium, Mg	mg	7		0		12		2		
Phosphorus, P	mg	41		0		12		12		
Potassium, K	mg	69		0		12		21		
Sodium, Na	mg	18		0		12		5		
Zinc, Zn	mg	0.53		0		12		0.16		
Copper, Cu	mg	0.046		0		12		0.014		
Manganese, Mn	mg									
Selenium, Se	mcg	1.4		0	MC	9		0.4		
Vitamins:										
Vitamin C, total ascorbic acid	mg	5.4		0		12		1.6		
Thiamin	mg	0.070		0		12		0.021		
Riboflavin	mg	0.100		0		12		0.030		
Niacin	mg	0.490		0		12		0.149		
Pantothenic acid	mg									
Vitamin B-6	mg	0.040		0		12		0.012		
Folate, total	mcg	5		0		12		2		
Folic acid	mcg	5		0	NR	4		2		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	9		0	NC	4		3		
Choline, total	mg	9.0		0	MC	9		2.7		
Betaine	mg									
Vitamin B-12	mcg	0.20		0		12		0.06		
Vitamin B-12, added	mcg	0.20		0	NR	4		0.06		
Vitamin A, RAE	mcg_RAE	59		0	NC	4		18		
Retinol	mcg	56		0	O	4		17		
Carotene, beta	mcg	37		0	O	4		11		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	247		0	NC	4		75		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	0.42		0	MC	9		0.13		
Vitamin E, added	mg	0.42		0	NR	4		0.13		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.1		0	MC	9		0.3		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	43		0	MC	9		13		
Vitamin K (phylloquinone)	mcg	5.1		0	O	4		1.6		
Lipids:										
Fatty acids, total saturated	g	1.600		0		12		0.486		
4:0	g	0.000		0		12		0.000		

NDB No. 03890

Infant formula, PBM PRODUCTS, ULTRA BRIGHT BEGINNINGS, soy, ready-to-feed, (formerly WYETH-AYERST) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		12		0.000		
8:0 g	0.090		0		12		0.027		
10:0 g	0.070		0		12		0.021		
12:0 g	0.480		0		12		0.146		
13:0 g									
14:0 g	0.230		0		12		0.070		
15:0 g									
16:0 g	0.470		0		12		0.143		
17:0 g									
18:0 g	0.250		0		12		0.076		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.400		0		12		0.426		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.040		0		12		0.012		
17:1 g									
18:1 undifferentiated g	1.340		0		12		0.407		
20:1 g	0.010		0		12		0.003		
22:1 undifferentiated g	0.000		0		12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	0.500		0		12		0.152		
18:2 undifferentiated g	0.450		0		12		0.137		
18:3 undifferentiated g	0.050		0		12		0.015		
18:4 g	0.000		0		12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.022		0	MC	9		0.007		
20:5 n-3 (EPA) g	0.000		0		12		0.000		
22:5 n-3 (DPA) g	0.000		0		12		0.000		
22:6 n-3 (DHA) g	0.013		0	MC	9		0.004		
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.4g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number is 620) and docosahexaenoic acid (DHA nutrient number is 621) fatty acids found in human breast milk

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03940

Infant formula, PBM PRODUCTS, store brand, Soy, liquid concentrate, not reconstituted (formerly WYETH-AYERST) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	76.00		0		4		23.86		
Energy	kcal	126		0	NC	4		40		
Energy	kJ	528		0	NC	4		166		
Protein	g	3.60		0		4		1.13		
Total lipid (fat)	g	7.00		0		4		2.20		
Ash	g	1.22		0	O	4		0.38		
Carbohydrate, by difference	g	12.18		0	NC	4		3.82		
Fiber, total dietary	g	0.0		0		4		0.0		
Sugars, total	g	12.18		0	NR	4		3.82		
Starch	g									
Minerals:										
Calcium, Ca	mg	118		0	NR	4		37		
Iron, Fe	mg	2.36		0		4		0.74		
Magnesium, Mg	mg	14		0		4		4		
Phosphorus, P	mg	82		0		4		26		
Potassium, K	mg	138		0		4		43		
Sodium, Na	mg	36		0		4		11		
Zinc, Zn	mg	1.06		0		4		0.33		
Copper, Cu	mg	0.092		0		4		0.029		
Manganese, Mn	mg									
Selenium, Se	mcg	3.6		0	CAZN	4		1.1		
Vitamins:										
Vitamin C, total ascorbic acid	mg	10.8		0		4		3.4		
Thiamin	mg	0.140		0		4		0.044		
Riboflavin	mg	0.200		0		4		0.063		
Niacin	mg	0.980		0		4		0.308		
Pantothenic acid	mg									
Vitamin B-6	mg	0.080		0		4		0.025		
Folate, total	mcg	10		0		4		3		
Folic acid	mcg	10		0	NR	4		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	17		0	NC	4		5		
Choline, total	mg	18.0		0	MC	9		5.7		
Betaine	mg									
Vitamin B-12	mcg	0.40		0		4		0.13		
Vitamin B-12, added	mcg	0.40		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	118		0	NC	4		37		
Retinol	mcg	118		0	O	4		37		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	393		0	NC	4		124		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	0.83		0	MC	9		0.26		
Vitamin E, added	mg	0.83		0	NR	4		0.26		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	2.1		0	MC	9		0.7		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	86		0	MC	9		27		
Vitamin K (phylloquinone)	mcg	10.2		0	O	4		3.2		
Lipids:										
Fatty acids, total saturated	g	3.200		0		4		1.005		
4:0	g	0.000		0		4		0.000		

NDB No. 03940

Infant formula, PBM PRODUCTS, store brand, Soy, liquid concentrate, not reconstituted (formerly WYETH-AYERST) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		4		0.000		
8:0 g	0.180		0		4		0.057		
10:0 g	0.140		0		4		0.044		
12:0 g	0.960		0		4		0.301		
13:0 g									
14:0 g	0.460		0		4		0.144		
15:0 g									
16:0 g	0.940		0		4		0.295		
17:0 g									
18:0 g	0.500		0		4		0.157		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	2.800		0		4		0.879		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.080		0		4		0.025		
17:1 g									
18:1 undifferentiated g	2.680		0		4		0.842		
20:1 g	0.020		0		4		0.006		
22:1 undifferentiated g	0.000		0		4		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	1.000		0		4		0.314		
18:2 undifferentiated g	0.900		0		4		0.283		
18:3 undifferentiated g	0.100		0		4		0.031		
18:4 g	0.000		0		4		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.045		0	MC	9		0.014		
20:5 n-3 (EPA) g	0.000		0		4		0.000		
22:5 n-3 (DPA) g	0.000		0		4		0.000		
22:6 n-3 (DHA) g	0.022		0	MC	9		0.007		
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA nutrient number 621) fatty acids found in human breast milk

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03941

Infant formula, PBM PRODUCTS, store brand, Soy, powder, (formerly WYETH-AYERST) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.00		0		12		0.17		
Energy	kcal	508		0	NC	4		44		
Energy	kJ	2125		0	NC	4		185		
Protein	g	13.60		0	MA	12		1.18		
Total lipid (fat)	g	27.20		0	MA	12		2.37		
Ash	g	5.00		0	O	4		0.44		
Carbohydrate, by difference	g	52.20		0	NC	4		4.54		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	52.20		0	NR	4		4.54		
Starch	g									
Minerals:										
Calcium, Ca	mg	453		0		12		39		
Iron, Fe	mg	9.10		0		12		0.79		
Magnesium, Mg	mg	51		0		12		4		
Phosphorus, P	mg	317		0		12		28		
Potassium, K	mg	528		0		12		46		
Sodium, Na	mg	151		0		12		13		
Zinc, Zn	mg	3.80		0		12		0.33		
Copper, Cu	mg	0.355		0		12		0.031		
Manganese, Mn	mg									
Selenium, Se	mcg	11.0		0	MC	9		1.0		
Vitamins:										
Vitamin C, total ascorbic acid	mg	42.0		0		12		3.7		
Thiamin	mg	0.500		0		12		0.044		
Riboflavin	mg	0.760		0		12		0.066		
Niacin	mg	3.780		0		12		0.329		
Pantothenic acid	mg									
Vitamin B-6	mg	0.320		0		12		0.028		
Folate, total	mcg	38		0		12		3		
Folic acid	mcg	38		0	MA	12		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	64		0	NC	4		6		
Choline, total	mg	73.0		0	MC	9		6.4		
Betaine	mg									
Vitamin B-12	mcg	1.50		0		12		0.13		
Vitamin B-12, added	mcg	1.50		0	NR	4		0.13		
Vitamin A, RAE	mcg_RAE	473		0	NC	4		41		
Retinol	mcg	473		0	O	4		41		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1577		0	NC	4		137		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	3.24		0	MC	9		0.28		
Vitamin E, added	mg	3.24		0	NR	4		0.28		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.6		0	MA	12		0.7		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	303		0	MA	12		26		
Vitamin K (phylloquinone)	mcg	41.6		0	MA	12		3.6		
Lipids:										
Fatty acids, total saturated	g	12.370		0	NC	4		1.076		
4:0	g	0.000		0		12		0.000		

NDB No. 03941

Infant formula, PBM PRODUCTS, store brand, Soy, powder, (formerly WYETH-AYERST) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		12		0.000		
8:0 g	0.710		0		12		0.062		
10:0 g	0.540		0		12		0.047		
12:0 g	3.750		0		12		0.326		
13:0 g									
14:0 g	1.770		0		12		0.154		
15:0 g									
16:0 g	3.670		0		12		0.319		
17:0 g									
18:0 g	1.930		0		12		0.168		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	10.780		0	NC	4		0.938		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.320		0		12		0.028		
17:1 g									
18:1 undifferentiated g	10.410		0		12		0.906		
20:1 g	0.050		0		12		0.004		
22:1 undifferentiated g	0.000		0		12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	3.830		0	NC	4		0.333		
18:2 undifferentiated g	3.480		0		12		0.303		
18:3 undifferentiated g	0.350		0		12		0.030		
18:4 g	0.000		0		12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.183		0	MC	9		0.016		
20:5 n-3 (EPA) g	0.000		0		12		0.000		
22:5 n-3 (DPA) g	0.000		0		12		0.000		
22:6 n-3 (DHA) g	0.091		0	MC	9		0.008		
Fatty acids, total trans g									
Cholesterol mg	0		0		4		0		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.7g: 1 scoop

Footnotes:

1 Contains arachidonic acid (ARA,nutrient number 620)and docosahexaenoic acid (DHA, nutrient number 621)fatty acids found in human breast milk

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03939

Infant formula, PBM PRODUCTS, store brand, Soy, ready-to-feed, (formerly WYETH-AYERST) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	88.00		0		12		26.75		
Energy	kcal	63		0	NC	4		19		
Energy	kJ	264		0	NC	4		80		
Protein	g	1.80		0		12		0.55		
Total lipid (fat)	g	3.50		0		12		1.06		
Ash	g	0.61		0	O	4		0.19		
Carbohydrate, by difference	g	6.09		0	NC	4		1.85		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	6.10		0	O	4		1.85		
Starch	g									
Minerals:										
Calcium, Ca	mg	59		0		12		18		
Iron, Fe	mg	1.18		0		12		0.36		
Magnesium, Mg	mg	7		0		12		2		
Phosphorus, P	mg	41		0		12		12		
Potassium, K	mg	69		0		12		21		
Sodium, Na	mg	18		0		12		5		
Zinc, Zn	mg	0.53		0		12		0.16		
Copper, Cu	mg	0.046		0		12		0.014		
Manganese, Mn	mg									
Selenium, Se	mcg	1.4		0	MC	9		0.4		
Vitamins:										
Vitamin C, total ascorbic acid	mg	5.4		0		12		1.6		
Thiamin	mg	0.070		0		12		0.021		
Riboflavin	mg	0.100		0		12		0.030		
Niacin	mg	0.490		0		12		0.149		
Pantothenic acid	mg									
Vitamin B-6	mg	0.040		0		12		0.012		
Folate, total	mcg	5		0		12		2		
Folic acid	mcg	5		0	NR	4		2		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	9		0	NC	4		3		
Choline, total	mg	9.0		0	MC	9		2.7		
Betaine	mg									
Vitamin B-12	mcg	0.20		0		12		0.06		
Vitamin B-12, added	mcg	0.20		0	NR	4		0.06		
Vitamin A, RAE	mcg_RAE	59		0	NC	4		18		
Retinol	mcg	56		0	O	4		17		
Carotene, beta	mcg	37		0	O	4		11		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	247		0	NC	4		75		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	0.42		0	MC	9		0.13		
Vitamin E, added	mg	0.42		0	NR	4		0.13		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	0.9		0	NR	4		0.3		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	37		0	NR	4		11		
Vitamin K (phylloquinone)	mcg	5.1		0	O	4		1.6		
Lipids:										
Fatty acids, total saturated	g	1.600		0		12		0.486		
4:0	g	0.000		0		12		0.000		

NDB No. 03939

Infant formula, PBM PRODUCTS, store brand, Soy, ready-to-feed, (formerly WYETH-AYERST) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		12		0.000		
8:0 g	0.090		0		12		0.027		
10:0 g	0.070		0		12		0.021		
12:0 g	0.480		0		12		0.146		
13:0 g									
14:0 g	0.230		0		12		0.070		
15:0 g									
16:0 g	0.470		0		12		0.143		
17:0 g									
18:0 g	0.250		0		12		0.076		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.400		0		12		0.426		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.040		0		12		0.012		
17:1 g									
18:1 undifferentiated g	1.340		0		12		0.407		
20:1 g	0.010		0		12		0.003		
22:1 undifferentiated g	0.000		0		12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	0.500		0		12		0.152		
18:2 undifferentiated g	0.450		0		12		0.137		
18:3 undifferentiated g	0.050		0		12		0.015		
18:4 g	0.000		0		12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.022		0	MC	9		0.007		
20:5 n-3 (EPA) g	0.000		0		12		0.000		
22:5 n-3 (DPA) g	0.000		0		12		0.000		
22:6 n-3 (DHA) g	0.011		0	MC	9		0.003		
Fatty acids, total trans g									
Cholesterol mg	0		0		7		0		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.4g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and Docosahexaenoic acid (DHA nutrient number 621) fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03937

Infant formula, PBM PRODUCTS, store brand, liquid concentrate, not reconstituted (formerly WYETH-AYERST) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
		Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	76.00		0		4		23.86		
Energy	kcal	130		0	NC	4		41		
Energy	kJ	545		0	NC	4		171		
Protein	g	2.90		0		4		0.91		
Total lipid (fat)	g	7.00		0		4		2.20		
Ash	g	0.61		0	O	4		0.19		
Carbohydrate, by difference	g	13.90		0	MC	9		4.36		
Fiber, total dietary	g	0.0		0		4		0.0		
Sugars, total	g	13.90		0	NR	4		4.36		
Starch	g									
Minerals:										
Calcium, Ca	mg	83		0		4		26		
Iron, Fe	mg	2.36		0		4		0.74		
Magnesium, Mg	mg	9		0		4		3		
Phosphorus, P	mg	55		0		4		17		
Potassium, K	mg	109		0		4		34		
Sodium, Na	mg	29		0		4		9		
Zinc, Zn	mg	1.06		0		4		0.33		
Copper, Cu	mg	0.092		0		4		0.029		
Manganese, Mn	mg									
Selenium, Se	mcg	2.6		0	MC	9		0.8		
Vitamins:										
Vitamin C, total ascorbic acid	mg	11.2		0		4		3.5		
Thiamin	mg	0.130		0		4		0.041		
Riboflavin	mg	0.200		0		4		0.063		
Niacin	mg	0.990		0		4		0.311		
Pantothenic acid	mg									
Vitamin B-6	mg	0.080		0		4		0.025		
Folate, total	mcg	10		0		4		3		
Folic acid	mcg	10		0	NR	4		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	17		0	NC	4		5		
Choline, total	mg	20.0		0	MC	9		6.3		
Betaine	mg									
Vitamin B-12	mcg	0.26		0		4		0.08		
Vitamin B-12, added	mcg	0.26		0	NR	4		0.08		
Vitamin A, RAE	mcg_RAE	118		0	NC	4		37		
Retinol	mcg	118		0	NR	4		37		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	NR	4		0		
Vitamin A, IU	IU	393		0	NC	4		124		
Lycopene	mcg	0		0	NR	4		0		
Lutein + zeaxanthin	mcg	0		0	NR	4		0		
Vitamin E (alpha-tocopherol)	mg	0.83		0	MC	9		0.26		
Vitamin E, added	mg	0.83		0	NR	4		0.26		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	1.9		0	NR	4		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	76		0	NR	4		24		
Vitamin K (phylloquinone)	mcg	10.6		0	O	4		3.3		
Lipids:										
Fatty acids, total saturated	g	3.200		0		4		1.005		
4:0	g	0.000		0		4		0.000		

NDB No. 03937

Infant formula, PBM PRODUCTS, store brand, liquid concentrate, not reconstituted (formerly WYETH-AYERST) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0....g	0.000		0		4		0.000		
8:0....g	0.180		0		4		0.057		
10:0....g	0.140		0		4		0.044		
12:0....g	0.960		0		4		0.301		
13:0....g									
14:0....g	0.460		0		4		0.144		
15:0....g									
16:0....g	0.940		0		4		0.295		
17:0....g									
18:0....g	0.500		0		4		0.157		
20:0....g									
22:0....g									
24:0....g									
Fatty acids, total monounsaturated....g	2.800		0		4		0.879		
14:1....g									
15:1....g									
16:1 undifferentiated....g	0.080		0		4		0.025		
17:1....g									
18:1 undifferentiated....g	2.680		0		4		0.842		
20:1....g	0.020		0		4		0.006		
22:1 undifferentiated....g	0.000		0		4		0.000		
24:1 c....g									
Fatty acids, total polyunsaturated....g	1.000		0		4		0.314		
18:2 undifferentiated....g	0.900		0		4		0.283		
18:3 undifferentiated....g	0.100		0		4		0.031		
18:4....g	0.000		0		4		0.000		
20:2 n-6 c,c....g									
20:3 undifferentiated....g									
20:4 undifferentiated....g	0.044		0	MC	9		0.014		
20:5 n-3 (EPA)....g	0.000		0		4		0.000		
22:5 n-3 (DPA)....g	0.000		0		4		0.000		
22:6 n-3 (DHA)....g	0.022		0	MC	9		0.007		
Fatty acids, total trans....g									
Cholesterol....mg	8		0		4		3		
Phytosterols....mg									
Others:									
Alcohol, ethyl....g	0.0		0		7		0.0		
Caffeine....mg	0		0	Z	7		0		
Theobromine....mg	0		0	NR	4		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 31.4g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621), fatty acids found in human breast milk

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03938

Infant formula, PBM PRODUCTS, store brand, powder, (formerly WYETH-AYERST) (1)

Refuse: 0%

Nutrients and Units		Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:										
Water	g	2.00		0		12		0.17		
Energy	kcal	524		0	NC	4		44		
Energy	kJ	2192		0	NC	4		184		
Protein	g	12.00		0		12		1.01		
Total lipid (fat)	g	28.00		0		12		2.35		
Ash	g	2.00		0	MC	9		0.17		
Carbohydrate, by difference	g	56.00		0	NC	4		4.70		
Fiber, total dietary	g	0.0		0		7		0.0		
Sugars, total	g	56.00		0	NR	4		4.70		
Starch	g									
Minerals:										
Calcium, Ca	mg	331		0		12		28		
Iron, Fe	mg	9.50		0		12		0.80		
Magnesium, Mg	mg	36		0		12		3		
Phosphorus, P	mg	221		0		12		19		
Potassium, K	mg	441		0		12		37		
Sodium, Na	mg	118		0		12		10		
Zinc, Zn	mg	3.90		0		12		0.33		
Copper, Cu	mg	0.370		0		12		0.031		
Manganese, Mn	mg									
Selenium, Se	mcg	11.0		0	MC	9		0.9		
Vitamins:										
Vitamin C, total ascorbic acid	mg	43.3		0		12		3.6		
Thiamin	mg	0.530		0		12		0.045		
Riboflavin	mg	0.790		0		12		0.066		
Niacin	mg	3.940		0		12		0.331		
Pantothenic acid	mg									
Vitamin B-6	mg	0.330		0		12		0.028		
Folate, total	mcg	39		0		12		3		
Folic acid	mcg	39		0	NR	4		3		
Folate, food	mcg	0		0	Z	7		0		
Folate, DFE	mcg_DFE	66		0	NC	4		6		
Choline, total	mg	81.7		0	MC	9		6.9		
Betaine	mg									
Vitamin B-12	mcg	1.02		0	MA	12		0.09		
Vitamin B-12, added	mcg	1.02		0	NR	4		0.09		
Vitamin A, RAE	mcg_RAE	473		0	NC	4		40		
Retinol	mcg	473		0	NR	4		40		
Carotene, beta	mcg	0		0	Z	7		0		
Carotene, alpha	mcg	0		0	Z	7		0		
Cryptoxanthin, beta	mcg	0		0	Z	7		0		
Vitamin A, IU	IU	1577		0	NC	4		132		
Lycopene	mcg	0		0	Z	7		0		
Lutein + zeaxanthin	mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)	mg	3.38		0	MC	9		0.28		
Vitamin E, added	mg	3.38		0	NR	4		0.28		
Tocopherol, beta	mg									
Tocopherol, gamma	mg									
Tocopherol, delta	mg									
Vitamin D (D2 + D3)	mcg	7.5		0	NR	4		0.6		
Vitamin D2 (ergocalciferol)	mcg									
Vitamin D3 (cholecalciferol)	mcg									
Vitamin D	IU	303		0	NR	4		25		
Vitamin K (phylloquinone)	mcg	43.0		0	MC	9		3.6		
Lipids:										
Fatty acids, total saturated	g	12.761		0	NC	4		1.072		
4:0	g	0.000		0		12		0.000		

NDB No. 03938

Infant formula, PBM PRODUCTS, store brand, powder, (formerly WYETH-AYERST) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 ... g	0.000		0		12		0.000		
8:0 ... g	0.731		0		12		0.061		
10:0 ... g	0.563		0		12		0.047		
12:0 ... g	3.872		0		12		0.325		
13:0 ... g									
14:0 ... g	1.817		0		12		0.153		
15:0 ... g									
16:0 ... g	3.783		0		12		0.318		
17:0 ... g									
18:0 ... g	1.995		0		12		0.168		
20:0 ... g									
22:0 ... g									
24:0 ... g									
Fatty acids, total monounsaturated ... g	11.131		0	NC	4		0.935		
14:1 ... g									
15:1 ... g									
16:1 undifferentiated ... g	0.336		0		12		0.028		
17:1 ... g									
18:1 undifferentiated ... g	10.736		0		12		0.902		
20:1 ... g	0.059		0		12		0.005		
22:1 undifferentiated ... g	0.000		0		12		0.000		
24:1 c ... g									
Fatty acids, total polyunsaturated ... g	3.951		0	NC	4		0.332		
18:2 undifferentiated ... g	3.585		0		12		0.301		
18:3 undifferentiated ... g	0.365		0		12		0.031		
18:4 ... g	0.000		0		12		0.000		
20:2 n-6 c,c ... g									
20:3 undifferentiated ... g									
20:4 undifferentiated ... g	0.181		0	MC	9		0.015		
20:5 n-3 (EPA) ... g	0.000		0		12		0.000		
22:5 n-3 (DPA) ... g	0.000		0		12		0.000		
22:6 n-3 (DHA) ... g	0.103		0	MC	9		0.009		
Fatty acids, total trans ... g									
Cholesterol ... mg	32		0		12		3		
Phytosterols ... mg									
Others:									
Alcohol, ethyl ... g	0.0		0		7		0.0		
Caffeine ... mg	0		0	Z	7		0		
Theobromine ... mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 8.4g: 1 scoop

Footnotes:

1 Contain arachidonic acid(ARA nutrient number is 620) and Docosahexaenoic acid (DHA nutrient number is 621) fatty acids found inhuman breast milk

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03936

Infant formula, PBM PRODUCTS, store brand, ready-to-feed (formerly WYETH-AYERST) (1)

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	88.10		0		12		26.78		
Energy....kcal	63		0	NC	4		19		
Energy....kJ	262		0	NC	4		80		
Protein....g	1.40		0		12		0.43		
Total lipid (fat)....g	3.50		0		12		1.06		
Ash....g	0.61		0	O	4		0.19		
Carbohydrate, by difference....g	6.39		0	NC	4		1.94		
Fiber, total dietary....g	0.0		0		7		0.0		
Sugars, total....g	6.40		0	O	4		1.95		
Starch....g									
Minerals:									
Calcium, Ca....mg	41		0		12		12		
Iron, Fe....mg	1.18		0		12		0.36		
Magnesium, Mg....mg	5		0		12		2		
Phosphorus, P....mg	28		0		12		9		
Potassium, K....mg	55		0		12		17		
Sodium, Na....mg	14		0		12		4		
Zinc, Zn....mg	0.53		0		12		0.16		
Copper, Cu....mg	0.046		0		12		0.014		
Manganese, Mn....mg									
Selenium, Se....mcg	1.4		0	MC	9		0.4		
Vitamins:									
Vitamin C, total ascorbic acid....mg	5.6		0		12		1.7		
Thiamin....mg	0.070		0		12		0.021		
Riboflavin....mg	0.100		0		12		0.030		
Niacin....mg	0.490		0		12		0.149		
Pantothenic acid....mg									
Vitamin B-6....mg	0.040		0		12		0.012		
Folate, total....mcg	5		0		12		2		
Folic acid....mcg	5		0	NR	4		2		
Folate, food....mcg	0		0	Z	7		0		
Folate, DFE....mcg_DFE	9		0	NC	4		3		
Choline, total....mg	10.0		0	MC	9		3.0		
Betaine....mg									
Vitamin B-12....mcg	0.13		0		12		0.04		
Vitamin B-12, added....mcg	0.13		0	NR	4		0.04		
Vitamin A, RAE....mcg_RAE	59		0	NC	4		18		
Retinol....mcg	59		0	NR	4		18		
Carotene, beta....mcg	0		0	Z	7		0		
Carotene, alpha....mcg	0		0	Z	7		0		
Cryptoxanthin, beta....mcg	0		0	Z	7		0		
Vitamin A, IU....IU	197		0	NC	4		60		
Lycopene....mcg	0		0	Z	7		0		
Lutein + zeaxanthin....mcg	0		0	Z	7		0		
Vitamin E (alpha-tocopherol)....mg	0.41		0	MC	9		0.12		
Vitamin E, added....mg	0.41		0	NR	4		0.12		
Tocopherol, beta....mg									
Tocopherol, gamma....mg									
Tocopherol, delta....mg									
Vitamin D (D2 + D3)....mcg	0.9		0	NR	4		0.3		
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	38		0	NR	4		12		
Vitamin K (phylloquinone)....mcg	5.1		0	NR	4		1.6		
Lipids:									
Fatty acids, total saturated....g	1.600		0		12		0.486		
4:0....g	0.000		0		12		0.000		

NDB No. 03936

Infant formula, PBM PRODUCTS, store brand, ready-to-feed (formerly WYETH-AYERST) (1)

Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.000		0		12		0.000		
8:0 g	0.090		0		12		0.027		
10:0 g	0.070		0		12		0.021		
12:0 g	0.480		0		12		0.146		
13:0 g									
14:0 g	0.230		0		12		0.070		
15:0 g									
16:0 g	0.470		0		12		0.143		
17:0 g									
18:0 g	0.250		0		12		0.076		
20:0 g									
22:0 g									
24:0 g									
Fatty acids, total monounsaturated g	1.400		0		12		0.426		
14:1 g									
15:1 g									
16:1 undifferentiated g	0.040		0		12		0.012		
17:1 g									
18:1 undifferentiated g	1.340		0		12		0.407		
20:1 g	0.010		0		12		0.003		
22:1 undifferentiated g	0.000		0		12		0.000		
24:1 c g									
Fatty acids, total polyunsaturated g	0.500		0		12		0.152		
18:2 undifferentiated g	0.450		0		12		0.137		
18:3 undifferentiated g	0.050		0		12		0.015		
18:4 g	0.000		0		12		0.000		
20:2 n-6 c,c g									
20:3 undifferentiated g									
20:4 undifferentiated g	0.022		0	MC	9		0.007		
20:5 n-3 (EPA) g	0.000		0		12		0.000		
22:5 n-3 (DPA) g	0.000		0		12		0.000		
22:6 n-3 (DHA) g	0.011		0	MC	9		0.003		
Fatty acids, total trans g									
Cholesterol mg	4		0		4		1		
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0		
Caffeine mg	0		0	Z	7		0		
Theobromine mg	0		0	Z	7		0		

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 30.4g: 1 fl oz

Footnotes:

1 Contains arachidonic acid (ARA, nutrient number 620) and docosahexaenoic acid (DHA, nutrient number 621) fatty acids found in human breast milk.

Calories Factors: Protein **Fat** **Carbohydrate**

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)

NDB No. 03217
Zwieback

Refuse: 0%

Nutrients and Units	Amount in 100 grams of edible portion: Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Amount in edible portion of common measures of food: Measure 1	Measure 2	Measure 3
Proximates:									
Water....g	4.50		4		1		1.28	0.32	0.45
Energy....kcal	426		0	NC	4		121	30	43
Energy....kJ	1783		0	NC	4		505	125	178
Protein (N x 5.85)....g	10.10		4		1		2.86	0.71	1.01
Total lipid (fat)....g	9.70		0	FLA	4		2.75	0.68	0.97
Ash....g	1.50	0.000	3		1		0.43	0.11	0.15
Carbohydrate, by difference....g	74.20		0	NC	4		21.04	5.19	7.42
Fiber, total dietary....g	2.5		0		4		0.7	0.2	0.3
Sugars, total....g	12.50		0	FLA	4		3.54	0.87	1.25
Starch....g									
Minerals:									
Calcium, Ca....mg	20		4		1		6	1	2
Iron, Fe....mg	0.60		4		1		0.17	0.04	0.06
Magnesium, Mg....mg	14		1		1		4	1	1
Phosphorus, P....mg	55		1		1		16	4	6
Potassium, K....mg	305		1		1		86	21	31
Sodium, Na....mg	232	57.000	3		1		66	16	23
Zinc, Zn....mg	0.54		1		1		0.15	0.04	0.05
Copper, Cu....mg	0.145		0		4		0.041	0.010	0.015
Manganese, Mn....mg									
Selenium, Se....mcg	28.7		0	FLM	4		8.1	2.0	2.9
Vitamins:									
Vitamin C, total ascorbic acid....mg	5.3		3		1		1.5	0.4	0.5
Thiamin....mg	0.208		4		1		0.059	0.015	0.021
Riboflavin....mg	0.239		4		1		0.068	0.017	0.024
Niacin....mg	1.319		4		1		0.374	0.092	0.132
Pantothenic acid....mg	0.537		0		4		0.152	0.038	0.054
Vitamin B-6....mg	0.082		3		1		0.023	0.006	0.008
Folate, total....mcg	87		0	FLM	4		25	6	9
Folic acid....mcg	67		0	NC	4		19	5	7
Folate, food....mcg	20		0		4		6	1	2
Folate, DFE....mcg_DFE	134		0	NC	4		38	9	13
Choline, total....mg	10.7		0	FLA	4		3.0	0.7	1.1
Betaine....mg									
Vitamin B-12....mcg	0.00		0		4		0.00	0.00	0.00
Vitamin B-12, added....mcg	0.00		0	Z	7		0.00	0.00	0.00
Vitamin A, RAE....mcg_RAE	16		0	NC	4		4	1	2
Retinol....mcg	15		0	BNA	4		4	1	2
Carotene, beta....mcg	4		0	BNA	4		1	0	0
Carotene, alpha....mcg	0		0	BNA	4		0	0	0
Cryptoxanthin, beta....mcg	1		0	BNA	4		0	0	0
Vitamin A, IU....IU	58		0	NC	4		16	4	6
Lycopene....mcg	0		0	FLA	4		0	0	0
Lutein + zeaxanthin....mcg	16		0	FLA	4		5	1	2
Vitamin E (alpha-tocopherol)....mg	2.44		0	FLA	4		0.69	0.17	0.24
Vitamin E, added....mg	0.00		0	Z	7		0.00	0.00	0.00
Tocopherol, beta....mg	0.05		0	FLA	4		0.02	0.00	0.01
Tocopherol, gamma....mg	0.31		0	FLA	4		0.09	0.02	0.03
Tocopherol, delta....mg	0.01		0	FLA	4		0.00	0.00	0.00
Vitamin D (D2 + D3)....mcg	0.0		0	Z	7		0.0	0.0	0.0
Vitamin D2 (ergocalciferol)....mcg									
Vitamin D3 (cholecalciferol)....mcg									
Vitamin D....IU	0		0	FLA	4		0	0	0
Vitamin K (phylloquinone)....mcg	0.9		0	FLA	4		0.3	0.1	0.1
Lipids:									
Fatty acids, total saturated....g	2.525		0	FLA	4		0.716	0.177	0.253
4:0....g	0.100		0	FLA	4		0.028	0.007	0.010

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Nutrients and Units	Amount in 100 grams of edible portion						Amount in edible portion of common measures of food		
	Mean	Std. Error	Number of Data Points	Deriv Code	Source Code	Confidence Code	Measure 1	Measure 2	Measure 3
6:0 g	0.059		0	FLA	4		0.017	0.004	0.006
8:0 g	0.035		0	FLA	4		0.010	0.002	0.003
10:0 g	0.077		0	FLA	4		0.022	0.005	0.008
12:0 g	0.088		0	FLA	4		0.025	0.006	0.009
13:0 g	0.000		0	FLA	4		0.000	0.000	0.000
14:0 g	0.314		0	FLA	4		0.089	0.022	0.031
15:0 g	0.000		0	FLA	4		0.000	0.000	0.000
16:0 g	1.194		0	FLA	4		0.338	0.084	0.119
17:0 g	0.005		0	FLA	4		0.001	0.000	0.001
18:0 g	0.590		0	FLA	4		0.167	0.041	0.059
20:0 g	0.017		0	FLA	4		0.005	0.001	0.002
22:0 g	0.047		0	FLA	4		0.013	0.003	0.005
24:0 g	0.000		0	FLA	4		0.000	0.000	0.000
Fatty acids, total monounsaturated g	4.244		0	FLA	4		1.203	0.297	0.424
14:1 g	0.000		0	FLA	4		0.000	0.000	0.000
15:1 g	0.000		0	FLA	4		0.000	0.000	0.000
16:1 undifferentiated g	0.129		0	FLA	4		0.037	0.009	0.013
17:1 g	0.000		0	FLA	4		0.000	0.000	0.000
18:1 undifferentiated g	4.104		0	FLA	4		1.163	0.287	0.410
20:1 g	0.012		0	FLA	4		0.003	0.001	0.001
22:1 undifferentiated g	0.000		0	FLA	4		0.000	0.000	0.000
24:1 c g	0.000		0	FLA	4		0.000	0.000	0.000
Fatty acids, total polyunsaturated g	2.073		0	FLA	4		0.588	0.145	0.207
18:2 undifferentiated g	2.007		0	FLA	4		0.569	0.140	0.201
18:3 undifferentiated g	0.065		0	FLA	4		0.018	0.005	0.006
18:4 g	0.000		0	FLA	4		0.000	0.000	0.000
20:2 n-6 c,c g	0.000		0	FLA	4		0.000	0.000	0.000
20:3 undifferentiated g	0.000		0	FLA	4		0.000	0.000	0.000
20:4 undifferentiated g	0.001		0	FLA	4		0.000	0.000	0.000
20:5 n-3 (EPA) g	0.000		0	FLA	4		0.000	0.000	0.000
22:5 n-3 (DPA) g	0.000		0	FLA	4		0.000	0.000	0.000
22:6 n-3 (DHA) g	0.000		0	FLA	4		0.000	0.000	0.000
Fatty acids, total trans g	0.012		0	FLA	4		0.003	0.001	0.001
Cholesterol mg	8		0	FLA	4		2	1	1
Phytosterols mg									
Others:									
Alcohol, ethyl g	0.0		0		7		0.0	0.0	0.0
Caffeine mg	0		0	FLA	4		0	0	0
Theobromine mg	0		0	FLA	4		0	0	0

Blanks in the Mean column indicate lack of reliable data. The Number of Data Points column is the number of analyses upon which the mean is based. Number of Data Points of zero indicates the mean was either calculated (as for Energy) or estimated, usually from a recipe, another form of the same food, or similar food.

Common Measures:

Measure 1 = 28.35g: 1 oz

Measure 2 = 7.0g: 1 piece

Measure 3 = 10.0g: 1 rusk

Calories Factors: Protein 4 **Fat** 8.4 **Carbohydrate** 4.1

Food Group: 03 Baby Foods

USDA National Nutrient Database for Standard Reference, Release 22 (2009)